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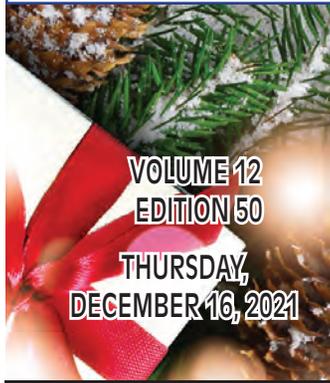


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All paws on deck

Two-and-a-half-year-old Kimber Sanderson was Christmas shopping with her mom and auntie at Quarry Pets in Stonewall on Dec. 13. Golden labradors Riggs, left, and Levi, right, greeters at the store, were paws-ively helpful in making her shopping experience entertaining. Quarry Pets carries all of your pets needs from nutrition to play and everything in between.

TRIBUNE PHOTO BY JO-ANNE PROCTER

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2021 Has been another challenging year, but remember ...
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Local snowmobile club receives \$62,500 grant

By Jennifer McFee

It's gearing up to be a wonderful winter for a local snowmobile club that recently received a sizeable grant.

The South Interlake SnoRiders received a \$62,500 matching grant through the provincial government's Building Sustainable Communities Program. This grant aims to build thriving communities to provide a high quality of life for Manitobans.

The club used the funds to replace its groomer for the trails. Until now, the club had been using two older groomers that had been operated for thousands of hours over the past 20-plus years. Machine breakdowns sometimes made it difficult to maintain the trail, which impacted riders. Due to the age of the groomer, club members needed to source used parts to keep it operating.

The older machine had a value of about \$25,000 to \$35,000, while a newer groomer costs between \$125,000 and \$175,000.

Thanks to the grant, the non-profit club was able to match the funds and buy a 2009 groomer. In addition to be-

ing more reliable, the new machine is more fuel efficient and better for the environment.

Operations manager Joe Thieven outlined the impacts for both the club and the community.

"Our snowmobile club grooms all of the trails in the south Interlake area, including Teulon, Erinview, Stonewall, Warren and over to Petersfield. We have a network of trails that link other trail systems within the region," he said.

"Our club trail system is about 280 kilometres long, and we groom that on a weekly basis. Since we were successful in getting the grant, it enables us to reduce some costs and reduce the burden on the volunteers that run our organization."

This popular trail system draws tourists to the area from near and far for snowmobiling and much more.

"Our trail system enables us to support our local communities that rely on snowmobile tourism, like the gas stations in Stonewall, Inwood, Teulon and all the areas. They get a lot of traffic with the snowmobiles, so it's a big



TRIBUNE PHOTO BY JO-ANNE PROCTER

The South Interlake Snoriders received \$62,500 in provincial funding through a Building Sustainable Communities grant to help pay for a new groomer for their snowmobile trails. Pictured left to right: Nadine Thieven (treasurer/membership), Joe Thieven (operations manager), Ralph Eichler (MLA for Lakeside), Greg Bruce (sign co-ordinator) and Duane Hudd (club president).

help for the local economy," Thieven said.

"We're the only trail system fully open in the province and we have been for three weeks. I live right on the trail and I look after all of the grooming, so I see all the sleds that go by here on a daily basis. People drive their vehicles out and park either at Stony Mountain, Stonewall or Warren. Then they jump on our trail system and ride for the day. So it's a huge boost for the local economy — and it's good for us because we love sleds."

In addition to snowmobilers, the multi-use trail attracts other outdoor enthusiasts for winter adventures.

"There are dog sleds that use the trail because it's a really hard-packed snow surface that's more like a snow highway. We've got horses with their sleighs on behind. The Argyle and Balmoral schools use the trail for their cross-country skiing and snowshoeing programs, so it's a benefit to all of our communities," Thieven said.

"We started back in 2000, and the snowmobilers realize that there are

Continued on page 10

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Young support dog hit by car makes recovery

By Nicole Brownlee

Teulon is rallying to support a family after their one-year-old dog was hit by a car in late November.

Jersey, a 17-month-old boxer/labrador mix, ran away from Jeanette Mechem and her family as they were entering the house on Nov. 30.

"It was just a split second, and she ran with all she had," said Mechem.

"The leash ripped my hand, and she was gone."

Mechem, 55, cares for five young foster children and couldn't leave the children alone in time to track the escaped dog.

"I think right around the time she was hit, I was standing outside calling for her," said Mechem.

Jersey was hit by a car on Highway 7 near the Co-op around 6 p.m. The driver stopped the vehicle after striking Jersey and drove her to the Pembina Veterinary Hospital for immediate care.

The driver contacted Mechem to explain the situation and let her know Jersey was in emergency care at the veterinary hospital.

"When I saw her, she was just whimpering so badly," said Mechem. "My heart was breaking."

The impact broke Jersey's femur on one of her hind legs, and she sustained severe road rash. The surgery

to treat Jersey's injuries cost approximately \$4,000, but Mechem was concerned she might not be able to cover the bill.

"I'm sure we'll have to go without, and it'll not be a great Christmas, but I guarantee the kids would rather have the dog home than have a whole lot of presents under the tree."

Mechem created a GoFundMe fundraiser on Dec. 2 in the hope of gathering \$4,000 to help pay for the surgery. Within a week, Mechem raised over \$1,000 and received several messages of support from the community.

"I'm really happy that the community is coming together for her," said Mechem.

Mechem adopted Jersey from a reserve on July 19, 2020, to help with one of her foster son's anxiety issues. She soon found Jersey was receptive to the whole family's emotions.

"Jersey has a way of knowing who needs her," said Mechem.

When Mechem first brought Jersey home, she was caring for three foster kids. Jersey walked to Mechem's seven-year-old who was struggling with anxiety and strayed to him whenever another child was playing with her.

"Jersey's very smart," said Mechem.

Mechem's children were anticipating Jersey's quick return.

"We adore her. ... She's a part of our



TRIBUNE PHOTO SUBMITTED

Jersey, a 17-month-old boxer and labrador mix, was struck by a car on Nov. 30. A fundraiser to help pay for her surgery is hoping to raise \$4,000.

family."

The surgeon amputated Jersey's hind leg in the first week of December, but they expect Jersey will make a full recovery.

"I told everyone that when (Jersey's) well enough, I would take her back to

the Co-op so she can thank everyone personally."

Jersey returned home on Dec. 10.

To donate to Jersey's fundraiser, visit <https://gofund.me/5b0987dc> or search "Our dog Jersey was hit by a car on hwy 7 in Teulon" at gofundme.com.

MERRY CHRISTMAS TO ALL ... AND TO ONE A NEW DENTURE!

Brock Vandor
Denturist

It was 2010, I was a fresh denture school graduate and had suddenly taken over my dad's denture clinic due to health reasons. My only employee was my mom, who I convinced to come out of retirement (but, of course, if you ask her, it was her idea to come and be with her son).

Christmas was coming and Dennis, the local newspaper salesman came into the office and said, "Brock, your dad always liked to put some sort of Merry Christmas wish in the paper. Would you like to do that too?" "Of course, I would love to put something in the newspaper, but let me think about what", I replied, wanting my very first newspaper Christmas wish to be great.

Dennis, my mom, and I thought about it for a few minutes; and I couldn't help but think, 'I am a Denturist, I now own a denture clinic, wouldn't the best Christmas gift we could give be a denture?' "I want to make someone smile for Christmas," I said. "We could do a Merry Christmas denture



giveaway!"

"I love it, it's like the song 'All I want for Christmas is my two front teeth', Dennis laughed. So my mom and I posed for a picture, and Dennis' team edited some garland and bows around us, and the annual denture contest was born!

We used a Christmas story trivia question as the ballot, put all the entries into a box and when we picked the winner, it was a lady named Jean. When we called her to say she had won, she was in tears. She not only wanted (and needed) teeth for Christmas, but for many years. I still remember when she came in. She had a brilliant white coat that I had no idea how she kept it so white! We made her a beautiful

white smile to match.

For going on 10 years now, even though the days of just my mom and I as the only employees are long gone, we continue the Christmas contest. What is amazing is that every year we have such an amazing winner. Spending time with them, sharing stories, giving gifts - it's what Christmas is all about! It's like we expand our families just a little bit more. We could never pick a winner, so we do a draw to make it fair. There are no strings attached, just a gift in honour of the greatest gift of all, Jesus. Which brings us to this year's trivia question: see ballot.

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BALLOT

What direction did the wise men see the Star of Bethlehem?

ANSWER: _____

VANDOR • DENTURE • CENTRE
AWARD - WINNING DENTURES AND IMPLANTS

Little oasis on the Prairie: St. Andrews farmer tackles climate crisis by building a forest

By Patricia Barrett

A St. Andrews farmer is in the process of building a little oasis on the Prairie after planting thousands of trees with grant funding through the East Interlake Watershed District.

Carl Durand of Futura Farms planted over 4,000 trees within the past two years. His goal is to create a “forever” forest on six acres of farmland.

“I grew up on a tree farm and I’ve always been around trees” said Durand, whose farm is close to Selkirk and the Red River. “The trees I’m planting on six acres are to become part of an existing forest. There are 47 acres of forest behind my place and my forest will become part of that.”

Durand founded Futura Farms in 2019. He has 37 acres on which he grows spray-free fruit crops for market, grows trees and shrubs (maple, paper birch, ash, plum, bur oak and other species) to supply seeds to tree

nurseries and conducts research on new species of prairie-hardy trees and shrubs for future markets.

The six acres of forest he’s growing won’t form part of any commercial operation, he said. The land he took out of production was “fairly marginal” and was being used for grain rotation. It was the wettest part of his holdings and wouldn’t have been suitable for fruit trees. It was ideal to convert into forest.

In 2020 Durand planted 824 American elms on 1.6 acres. And with a grant this year from the EIWD, he planted 3,250 poplars in the spring, he said. So far, he has covered about five acres with 4,070 trees. He plans to plant willows on the remaining acre next year.

Poplar cuttings grow very quickly and can shade out competing weeds, he said. Some of the cuttings he planted this spring have already grown to

eight feet. Seeds from other tree species blowing in on the wind will also have a better chance to take root without fighting weeds. He is also rototilling the remainder of the land (called summer fallowing) to keep the weeds down and prepare the ground for the coming willows.



TRIBUNE PHOTOS COURTESY OF CARL DURAND

Carl Durand of Futura Farms planted over 4,000 trees to create habitat and fight global warming.



The trees Durand planted in the spring are now about eight feet high.

He cited a number of benefits to growing trees. They create habitat for at-risk species, replenish the aquifer and local wells by trapping water and snowmelt, protect the nearby Red River and Lake Winnipeg from agricultural runoff, which causes algal blooms, and trap carbon, which helps

heat the planet. That, in turn, creates severe weather events.

“For me, personally, this was about creating habitat, especially for native and migrating birds. I noticed in one of the elms I planted in 2020 that

Continued on page 12

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Ice on Red River and Lake Winnipeg still thin

If you need to go out on the ice make sure to take proper precautions

By Katelyn Boulanger

With ice fishing season right around the corner and a few eager fishers being spotted out on the water, residents should know that the ice on the river is still very thin and should be avoided for now.

"Generally, we're saying it's still a little early in many parts of the province [to be out on the ice], and so you should be staying off," Dr. Christopher Love, Water Smart co-ordinator for Lifesaving Society Manitoba.

Love understands that some people will inevitably go on the ice at this time of year, and his second piece of advice for people is if they are going to go out, they should be prepared to fall through the ice and into the cold water.

"We just have not had consistently cold temperatures for long enough to ensure quality ice formation everywhere, especially on places like the Red River where there is a current flowing," said Love.

He said that to have ice formation for doing activities, you ideally want consistently cold air temperatures between -10 C and -20 C for three to 10 days. However, since it's not just air temperatures determining ice formation, this is an approximation more than a strict rule. Other considerations that affect ice formations: is the water still or flowing, is it calm or is the wind moving the newly forming ice, is there a dam or bridge support pillar nearby, or how dirty is the water freezing.

If you need to get out on the ice, Love says that his first recommendation would be to make sure that you are wearing something that helps you float.

"That either means you're wearing a life jacket over your winter clothes, and a lot of people look at me funny when I say that, or you need to be wearing what is very often called a floater coat or a flotation snowmobile

suit. That is essentially a winter jacket/winter snowmobile suit/ski suit that is built in the same way as a life jacket or flotation device in addition to providing you insulation to keep you warm," said Love.

Being able to float helps to counteract the first thing that happens to people when they fall into the ice, cold shock. When you experience cold shock, you hit the water, and the change in temperature between the relatively warm air and the icy water makes you gasp and hyperventilate for about the first minute. If you aren't floating, there's a good chance that you could be gasping in water, which can quickly turn into drowning.

If you can float, you have about 10 minutes to get yourself out of the water before the cold water affects your muscles to the point that you can't use your smaller muscle groups. Love says not enough people realize that even if you can't get yourself out of the situation on your power, as long as your head is above water, you have about an hour before hypothermia kicks in and makes you go unconscious.

"They're going to be hypothermic. They're going to be cold, but they're going to be alive," Love said.

This means that as long as you can float, you can be saved, which is why Love's second recommendation is if you're going to go out on the ice, you should bring a buddy.

"That way, if one of you gets into trouble, the other one can help," he said.

His third recommendation is excellent advice no matter where you're going — to make sure that you tell someone where you're going and when you'll get back. That way if both you and your buddy get into trouble, someone will know to call for help.

Love also recommends you have a personal safety kit attached to you. This kit would be waterproofed inside a few resealable plastic bags or an-

other watertight container and would have things like something to start a fire, a multi-tool and a signalling device like a whistle.

"In addition to that, we also say take some rope, take some ice picks and take what's often called an ice staff or a walking stick," he said.

You can use the walking stick to tap the ice in front of you to ensure there isn't a crack or thin spot.

That being said, Love's recommendation with the inconsistently cold temperatures is to wait until the ice is

more solid before venturing out.

The Province of Manitoba also cautions everyone of the dangers of thin ice in a recent news release. "Snowmobilers, skiers and others are advised not to venture onto rivers and lakes if at all possible due to the danger of falling through."

"I'm not trying to spoil people's fun. That's not our intent, but we do want people to be thinking about what they're doing so that they can have an enjoyable time but also make every trip out there a return trip," said Love.

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Crossing the border? Make sure you use ArriveCAN app before returning

Or risk a 14-day quarantine, even if you're fully vaxxed

By Ashleigh Viveiros

If you're headed south to the United States to do some last-minute Christmas shopping over the next few weeks, make sure you double-check the requirements to get back into Canada without having to quarantine.

People across the country are running afoul of Canada's pandemic re-entry policies, which require all travellers to use the ArriveCAN program (either online or via an app on a mobile device) prior to arriving at border crossings.

The program has people submit their contact details, travel plans, health information such as proof of vaccination, and a scan of their passport.

But many travellers have simply not been aware this requirement exists, instead believing having their COVID-19 vaccination records and passport would be enough to show customs agents. Others have struggled to get the app to work properly at all.

Some Canadians have been turned away at the border until they've completed the digital paperwork, while others found themselves facing a mandatory two-week quarantine despite being fully vaccinated.

The issue was touched on by Conservative public safety critic Raquel Dancho in the House of Commons last week.

The need to use ArriveCAN has been "poorly communicated, to say the least," she said, resulting in MPs across the country receiving hun-

dreds of complaints in recent weeks.

"The ArriveCAN app has crashed for some users. Many can't access it from poor cell service. Many seniors don't have smartphones. For others costly data plans are out of reach for them," Doncho said. "Something needs to be done about this and something needs to be done about it now."

Public Safety Minister Marco Mendicino stressed the Liberal government is committed to protecting Canadians and that strict border control is more important than ever in light of the new, more contagious omicron variant of COVID-19.

"It's absolutely necessary that we exercise an abundance of caution at the borders to protect everyone so that we can protect the progress that we've made thus far," he said.

Further direction will be given to customs officers when it comes to ArriveCAN, Mendicino said.

"I've spoken with the CBSA [Canada Border Services Agency] so that there's additional guidance to provide the opportunity for travellers to provide the information that is necessary on ArriveCAN in person at the borders."

News of greater leniency when it comes to ArriveCAN comes a little late for some local families.

Plum Coulee businessman Jack Wiebe contacted the *Voice* last week after his brother-in-law landed himself in quarantine for popping down to Walhalla to pick up a package.

"He went across the border to pick up a parcel and he was double-vaxxed and all that, but he went across not aware of the ArriveCAN app," Wiebe said. "He comes back and they gave him a test kit and he has to quarantine for 14 days."

The retiree has since spent the past two weeks in his home in Morden as punishment for a short trip that, pre-COVID, most people living near the border wouldn't have thought twice about making.

Wiebe said he and his family have been doing what they can to help his brother-in-law through the quarantine period, but it's galling to him that the ArriveCAN requirements weren't better publicized prior to recent news reports about all the problems they've caused.

"There's no signs at the border ... not everybody's computer literate, not everybody's aware of all this stuff with the apps and all that," he said, voicing concern not just for older Canadians who may not think to look into such digital requirements for reentry but also immigrants for whom language barriers might prove a challenge. "People need to be warned. You need the ArriveCAN app to come back without grief."

As the government continues to sort out the issues with ArriveCAN, travellers are advised to educate themselves as to the current reentry rules, make sure the app is working on their phones, and/or fill out the form online in advance and print out or screenshot the receipt just in case it's not working when you arrive at the border. ArriveCAN data can be submitted up to 72 hours before returning to Canada.

Details about ArriveCAN are available at <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/arrive-can.html>. You can also find it on the Google Play and Apple app stores.

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TRIBUNE PHOTO BY LORI HENRY

Two-year-old Addelyn Burdett took advantage of the beautiful weather and spent last Sunday on Shoal Lake ice fishing with her grandparents Randy and Lori Henry. The Weather Network recorded 3.4 degrees C. on Dec. 12. Help the *Tribune* record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: weather@stonewallteulontribune.ca.

letter to the editor

Letters to the Editor: letters@stonewallteulontribune.ca

The health-care system worked when we needed it

On Dec. 5, my husband experienced chest pain and we called Stonewall 911. The responding paramedics, Jen and Fabio, were the ultimate professionals, handled the situation and us

with compassion and in a prompt manner to transport him to St. Boniface Hospital Cardiac Cath. Lab quickly and safely. Thanks to them, the cardiac team and the efficient staff on 5A South, he was home a few days after stent insertion to start rehabilitation.

We hear a lot of negative stories about our health-care system these days. This is not one of them. We want to thank every one of those health-

care workers who give so much to a system that demands so much of them. Some were working mandated overtime but still kept their kind, caring and professional manner with the patients.

We can't overstate how well the system ran when we needed it most. Our wish is that it worked this well in every case.

- Mike and Sharon Lefley
Stonewall

Unvaccinated account for 96 per cent of COVID-19 ICU patients

Staff

The unvaccinated continue to fill Manitoba's limited ICU beds.

On Monday, public health officials reported that a total of 142 Manitobans are currently hospitalized with COVID-19, including 90 with active (infectious) COVID-19 and 52 who are considered no longer infectious.

There were 34 people in intensive care at the start of the work week, including 26 with active infections. A to-

tal of 96 per cent of patients in ICU are either completely unvaccinated (92 per cent) or only partially vaccinated (four per cent).

Southern Health-Santé Sud is one of five regional health authorities in Manitoba but it currently accounts for nearly half the total ICU patients with 17. The region also has 50 total hospitalizations.

The district has the lowest vaccination rate in the province (62 per cent)

and the highest test positivity rate by a wide margin (15 per cent at last report Dec. 1, compared to 5.7 per cent for the province as a whole on Monday.)

Monday's report added eight new deaths to Manitoba's tally since the pandemic began, bringing it to 1,353. To date, 66,926 people have recovered from COVID-19.

Continued on page 9

worship

with us > FAITH

Finding a Lasting Joy

The wilderness and the dry land shall be glad, the desert shall rejoice and blossom; like the crocus it shall blossom abundantly, and rejoice with joy and singing.

(Isaiah 35:1-2 ~ NRSV)

Sometimes prairie life can seem like living in the wilderness. Our harsh winter landscapes are not all that different from the deserts Isaiah describes in his vision and prophecy to the people of God. When we drive across the prairies at this time of year, we must be prepared for an emergency by taking survival supplies.

In many ways, the pandemic has been a desert experience. As we travel through it still, it feels like we need to be ready for anything as we navigate its hostile landscape.

This Advent, like the people of Israel, we have all been searching for signs of hope and joy. We are more than ready for the desert to bloom into something more life-giving. Isaiah's vision promises this miraculous transformation. The places that had been dry or wild are now to become fruitful and filled with joy.

Isaiah asks us to trust in his vision of a desert filled with abundant crocus blossoms. Joy and music will also be found in the desert and dry places he describes.

Deserts are not just real landscapes. They exist within our spirits as well. We all need the vision of landscapes and lives transformed by joy to be become a reality this year. We can't wait for the angel songs to begin, for the dry places in our life to burst with joy.

God's Advent joy is holy. It takes us in directions that bring a lasting joy that will not be packed up when the Christmas boxes and decorations are stored away, the Christmas cookies are all eaten, and the carols are no longer sung.

Isaiah's vision invites us to look in unexpected places for the holy joy this season promises us. It asks us to open our spirit to the miraculous joy of the babe in the manger's arrival.

May you find God's deep and abiding joy as you journey to Christmas.

Rev. Mona Denton
Stony Mountain &
Lilyfield United Churches
stonymountainlilyfieldpc@gmail.com
204-344-5426

 at Stony Mountain-Lilyfield
Pastoral Charge

Pfizer's COVID vaccine shows significant decline in protection against omicron with 2 doses

By Patricia Barrett

The ability of Pfizer-BioNTech's COVID-19 vaccine to protect people from the omicron variant has been shown to be significantly reduced with only two doses of the vaccine, and that a third dose is needed to strengthen immune responses.

A preliminary study carried out by researchers from South Africa, Australia and other countries suggests antibody neutralization drops about 41-fold against omicron compared to the original strain of the virus in subjects that had received only two doses of the Pfizer vaccine.

The study titled "SARS-CoV-2 Omicron has extensive but incomplete escape of Pfizer BNT162b2 elicited neutralization and require ACE2 for infection" was published online and has yet to be peer-reviewed.

Fourteen blood samples were taken from 12 participants, six of whom had no record of previous COVID infection nor antibodies to suggest prior infection. The other six participants had a record of previous COVID infection with the ancestral strain, which was first detected in Wuhan, China.

The samples were tested for their ability to neutralize omicron and the ancestral strain (D614G) of COVID. The researchers used live virus and a

human lung cell clone that was engineered with an ACE2 receptor to test the neutralization.

ACE2 is a protein that's found on the surface of many cells including the lungs, heart, liver and gastrointestinal tract. The COVID virus binds to ACE2 to gain entry to a cell.

Researchers found a 41-fold decline in the neutralization of omicron compared to the ancestral strain, suggesting omicron can escape antibody defences.

"The results we present here with Omicron show much more extensive escape. However, escape was incomplete in participants with higher FRNT50 [Focus Reduction Neutralization Test for measuring neutralizing antibodies or immune response] due to previous infection," the researchers wrote. "Previous infection, followed by vaccination or booster is likely to increase the neutralization level and likely confer protection from severe disease in Omicron infection."

The reliability of the findings is diminished because of the study's small sample size and the experiment having been carried out in test tubes.

But Pfizer-BioNTech agrees that two doses of its vaccine are not strong enough to neutralize omicron.

In a Dec. 8 news release the two

companies said more robust protection against omicron is achieved with a third dose after results from a preliminary study showed a 25-fold-plus reduction.

"Sera from individuals who received two doses of the current COVID-19 vaccine did exhibit, on average, more than a 25-fold reduction in neutralization titers against the Omicron variant compared to wild-type [the ancestral strain of the COVID virus], indicating that two doses of BNT162b2 [the vaccine] may not be sufficient to protect against infection with the Omicron variant," says the release.

However, people who have received only two doses of vaccine may still be protected against developing severe illness after being infected with omicron.

"Although two doses of the vaccine may still offer protection against severe disease caused by the Omicron strain, it's clear from these preliminary data that protection is improved with a third dose of our vaccine," said Pfizer chair and CEO Albert Bourla in the news release. "Ensuring as many people as possible are fully vaccinated with the first two-dose series and a booster remains the best course of action to prevent the spread of COVID-19."

Scientists are trying to determine whether the omicron variant is more transmissible than other variants such as delta and whether it is more deadly. The variant has a large number of mutations on its spike protein and elsewhere on the virus that increase the probability of it being able to dodge immune defences.

Real-world studies are underway to determine how three doses of the Pfizer vaccine hold up against omicron.

Canada's chief public health officer Theresa Tam and deputy chief public health officer Howard Njoo advised Canadians last Friday to refrain from travelling and to keep gatherings to 10 people or fewer over the Christmas holiday given alarming increases in COVID infections. New federal government modelling estimates 12,000 cases of omicron a day by January should the variant overtake delta as the dominant strain.

"Regarding European countries, it's possible the omicron variant will be the predominant variant in the space of the next few weeks," said Njoo in French during a news conference Dec. 10. "We're also observing what's happening in the U.K. and Germany and the same thing could be possible in Canada."

Rockwood council news in brief

By Jennifer McFee

- At the Dec. 8 council meeting, Rockwood council adopted the 2022 interim operating budget, which will be in effect from Jan. 1 until the 2022 fiscal budget is adopted.

- Earlier this year, the RM of Rockwood passed a resolution in support of the Municipal Enforcement Support Program initiated by the provincial government. This program recognizes one of the municipalities' main purposes is to maintain safe communities and that local leaders

are well placed to take meaningful action to protect their residents during a public health emergency. The RM will appoint workers hired by the Balmoral Recreation Centre and the Stony Mountain Community Centre for vaccination screening services to enforce public health orders.

- Council authorized the purchase of materials required for 22 baskets for the disc golf course to install at the Stony Mountain quarry at cost that will not exceed \$11,000 plus tax.

- Council authorized Tarrant

Rempel to set off fireworks at 7 p.m. on Christmas Eve, either on Road 93N or Road 8E.

- Council gave second and third readings to an organizational bylaw.

- Council also gave second and third readings to a bylaw to regulate unnecessary and harmful noise.

- The reeve and CAO will execute an agreement regarding the development of Phase II of the Dykstra Road development.



PHOTO BY JEN MCFEE

Rockwood council chambers are decorated for the holidays, including Reeve Wes Taplin.

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Help needed! The Stonewall & District Christmas Cheerboard is looking for donations to help those in need this Christmas. Donations of toys and monetary donations would be greatly appreciated and can be made at Sunova Credit Union, mailed to Box 1991 Stonewall, MB R0C 2Z0 or made by e-transfer to stonewallcheerboard@gmail.com. Donation receipts will be given if name, address and donation of \$20 or more is received.

Innovation funding to help increase competitiveness and sustainability of pork producers

Submitted by Manitoba government

The governments of Canada and Manitoba are investing \$2.2 million in three agricultural research projects, to be conducted by Topigs Norsvin Canada (TN), that will enhance the competitiveness of Manitoba pork producers by improving the precision feeding of sows and promoting higher animal welfare standards, Federal Agriculture and Agri-Food Minister Marie-Claude Bibeau and Manitoba Agriculture and Resource Development Minister Ralph Eichler announced earlier this month.

"These innovative projects will give the pork industry more tools in their sustainability toolbox," said Bibeau.

"They will help to improve feeding and housing for the pigs, which leads to better resource efficiency and a reduced environmental footprint for producers. Topigs Norsvin plays a big role in making Canada a global leader in swine genetics, and we are proud to support their work."

"Our government is pleased to support the work of our producers through these innovative projects that will accelerate agricultural innovation, promote knowledge transfer to producers, advance value-added opportunities, strengthen competitive-

ness and support sustainable agricultural development in our provincial pork industry," said Eichler. "The results of these projects will be valuable in our continuing efforts to strengthen the sustainability of our provincial pork industry."

The three research projects, which will help the pork industry be more environmentally and economically sustainable, will focus on improving competitiveness and sustainability of pork production through increased feed efficiency, improved carcass quality and higher animal welfare standards by innovative application of microbiome profiling, computer tomography and genomics; advancing sow reproductive knowledge and management practices for optimal lifetime productivity and embryo transfer success; and innovative application of artificial intelligence, machine learning, behavioural science and genomics to enhance resource efficiency for environmental sustainability of sow farms in Manitoba using welfare friendly production.

Funding is provided by the Ag Action Manitoba Program-Research and Innovation, through the Canadian Agricultural Partnership. The funded research will be beneficial to the

province's first-of-its-kind sustainable protein strategy, ensuring Manitoba producers are well-positioned to remain leaders in plant and animal protein development in the face of increased global demand for high-quality protein, the minister added.

A key element of the strategy includes using innovation to grow livestock herds for animal protein and new acres for plant protein, while ensuring Manitoba remains a strong environment for investment and is responsive to the needs of producers.

TN is establishing an over \$30-million new research and development facility in Plumas. It is to be completed by the end of 2022 and is aimed at sow management, where the funded projects will be conducted and results shared with industry stakeholders. The first of its kind in the world, these projects will utilize leading-edge artificial intelligence, computer vision, behavioural research, and precision feeding to generate a database comprised of important animal health and welfare data.

"Topigs Norsvin continuously monitors international developments in the pork industry and prides itself as a leader in the sector," said Hans Ollislagers, chief technical officer of Topigs Norsvin. "Implementation of loose housing of sows during farrowing is already legislated in several countries and we recognize our responsibility to breed and select pigs while maintaining the integrity of animal welfare. This assures our customers that our genetics will fit the housing systems and market demands of the future."

The Canadian Agricultural Partnership is a five-year, \$3-billion investment by Canada's federal, provincial and territorial governments to strengthen and grow Canada's agriculture, agri-food and agri-products sectors. This commitment includes \$2 billion for programs cost-shared by the federal, provincial and territorial governments that are designed and delivered by provinces and territories.

For more information, visit www.canada.ca/Agri-Partnership or www.manitoba.ca/agriculture.

> ICU, FROM PG. 7

With 478 new cases coming in over the weekend, Manitoba's total COVID-19 caseload Monday was at 1,700. Five of those cases have been identified as being the new omicron variant of the virus.

In the Interlake Eastern region, the case breakdown includes Arborg/Riverton, 12 cases; Beausejour, eight; Ericksdale/Ashern, zero; Fisher/Peguis, eight; Gimli, one; Northern Remote, one; Pinawa/Lac du Bonnet, three; Powerview/Pine Falls, five; Selkirk, 19; Springfield, 34; St. Clements, eight; St. Laurent, three; Stonewall/Teulon, 15; Unknown, 14; Whiteshell, zero; Winnipeg Beach/St. Andrews, 18.

As the fourth wave of the pandemic

continues, public health officials are encouraging Manitobans to get their booster shots for COVID-19 as soon as they are eligible.

It was announced last Friday that anyone age 60 or older or those age 18 or older who live in a First Nations community who received their second dose on or before July 10 are now able to receive their third shot of vaccine.

A six-month timeframe between second and third doses continues to be recommended for all other Manitobans age 18+.

Visit <https://manitoba.ca/covid19/vaccine/index.html> for information on the vaccination sites nearest you.

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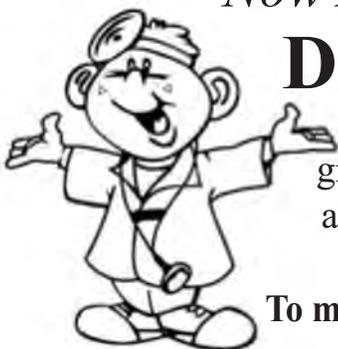
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For more information and resources, visit ProtectMB.ca or talk to your health care provider.

To book, go to ProtectMB.ca
or call 1-844-626-8222



Manitoba extends pandemic paid sick leave program

Submitted by Manitoba government

The Manitoba Pandemic Paid Sick Leave Program, established to help cover the costs of employee sick leave related to COVID-19, is being extended until March 31, 2022, Finance Minister Scott Fielding announced Monday.

"To help protect all Manitobans and safely reopen our economy, it is imperative that workers get their COVID-19 vaccinations and stay home from work when feeling ill," said Fielding. "We are investing \$5 million in the expansion of this program to give Manitobans further assurance that if they are sick, they can stay home

without financial repercussions, while also providing employers with financial assistance to accommodate public health guidelines."

Announced in May, the voluntary program provides eligible employers with up to \$600 per employee for a maximum of five full days (40 hours) of COVID-19-related sick leave. Eligible sick leave for the program related to COVID-19 includes testing, vaccinations and side effects, self-isolation due to COVID-19 symptoms or care for a loved one in any of these circumstances.

"We introduced this program to address gaps that exist between the

federal Canada Recovery Sickness benefit and provincial employment standards for paid sick leave and the response has been very positive," said Fielding. "We will continue to work together with the business community to help Manitoba employers and employees get the kinds of supports they may need to meet the unique challenges presented by the pandemic."

The federal program covers up to four weeks of leave and requires eligible individuals to apply for leave and wait approximately one week for payment. Under Manitoba's program, employees are paid on schedule and

employers can request partial reimbursement from the province.

Eligible employees are those who live in Manitoba and work and receive wages here on a full-time or part-time basis. To date, the program has received approximately 4,250 employer applications representing 16,300 workers, totaling \$5.2 million in benefits, with \$275 as the average benefit per eligible worker.

For more information, including applications, visit www.gov.mb.ca/covid19/programs/pandemic-sick-leave.html.

Brain injury support groups meet monthly

By Jennifer McFee

Life can sometimes feel like a lonely road for those who live with a brain injury.

But it's important that they know they are not alone. The Manitoba Brain Injury Association offers a variety of survivor support groups across the province.

The Selkirk and area support group meets every first Wednesday of the month from 2 to 4 p.m. at Gordon Howard Centre (384 Eveline St.).

Brain injury survivor Dennis Guile extends a standing offer to arrange carpooling to this group if anyone from Stonewall and surrounding ar-

reas would like to attend.

And if there's enough interest in the south Interlake area, they would consider starting a new group closer to home.

"We've been trying for a few years to get into that area because I know there are people with brain injuries who live there," he said.

"We're trying to get the message out that we would really like to get some other groups going out there. I'm in my 70s and this it takes a lot out of me, but I will do the best I can."

Guile sustained a brain injury due to a highway accident in B.C. when he worked as a long-haul truck driver. For

him, the brain injury support group provides a safe space surrounded by others who understand his situation.

"It's really, really hard to describe how lonely you get with a brain injury. We tend to pull away from things. A lot of it is because of embarrassment," said Guile, who lives in Winnipeg.

"Sometimes when you're speaking, what you're going to say is forming in your mind — but when it comes out, there's no sense. The people look at you kind of strange, and you don't even know that this is happening. Memory is a huge problem for us too."

In addition to the Selkirk meeting, other support groups meet monthly

in Brandon, Steinbach, Dauphin and Winnipeg.

"There are so many things that affect you because of a brain injury," Guile said.

"Our main objective is to get the message out there to people that you are not alone."

Dennis Guile encourages anyone to phone him with questions or to arrange a ride to the brain injury support group in Selkirk. He can be reached at 204-806-3405.

For more information about the Manitoba Brain Injury Association, call 204-975-3280 or 1-866-237-1998 or email info@mbia.ca.

> SNORIDERS, FROM PG. 2

a variety of folks that use the trail, so they yield to the



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horses and dog sleds and cross-country skiers. Having a nice groomed trail and a machine that enables us to groom it on a weekly basis is significant."

Through the grant, the government's support bolsters areas in rural Manitoba that need it, he added. The project will benefit the RMs of Rockwood, Woodlands, Armstrong and St. Andrews, along with the towns of Stonewall and Teulon.

"It's a little non-traditional since grants typically go to a community hall or a skating rink, so to see it come to a snowmobile club that is purely volunteer-run is a huge boost to our area," he said.

"It's a significant boost to little restaurants, like Rosie's Café in Inwood, which sees a bunch of sledders every day."

Thievin expressed gratitude to Lakeside MLA Ralph Eichler, minister of agriculture and resource development,

for supporting the grant application. They also received support from surrounding municipalities, as well as local businesses.

"It was a real community effort, a municipal effort that enabled us to get the grant," Thievin said.

"I think it's a good news story for everybody."

With similar sentiments, Eichler expressed his support for the project.

"It's something that I believe in immensely. It's a huge economic driver for our community. We've got people coming from the United States and other provinces to enjoy our trails. We got snow early this year, which is a real blessing, so the timing couldn't be better," Eichler said.

"With COVID, it's something you do alone or as a couple. Most people who ride together are in the same household, so it gives them a chance to get out and enjoy Mother Nature. They can ride together and enjoy Manitoba's winters."

St Peter Lutheran/St Cyprian Anglican

Christmas Services

Jointly at St. Peter Lutheran, Hwy #7 Teulon

Sunday, Dec. 12 – 9:30 am Holy Communion

Sunday, Dec. 19 – 9:30 am Advent Carols/Lessons

Thursday, Dec. 23 – 7:00 pm Candlelight/Holy Communion

Sunday, Jan 2 – 9:30 am Holy Communion

Following all Manitoba COVID Guidelines

Removal by bylaw: mayors, reeves' duties remain unprotected after AMM defeat

By Patricia Barrett

Some municipalities that were hoping to see voters' rights and the duties of mayors and reeves protected were disappointed after the defeat of a resolution to have the Association of Manitoba Municipalities (AMM) lobby the provincial government for changes to the Municipal Act.

The resolution (No. 03-2021 Duties of the Head of Council) was rejected by a majority vote at the AMM's annual convention, which was held Nov. 22-23 in Winnipeg. The convention brings together councils and staff from Manitoba's 137 municipalities.

The resolution said that conflicting wording in the provincial Municipal Act contravenes the "democratic rights of ratepayers" by allowing a majority of municipal councillors to direct the duties and assignments of a head of council (usually a mayor or a reeve). Councils can do this by creating and adopting procedures and organizational bylaws.

Some sections of the Act, for example, state that council heads are to preside over meetings unless a council says otherwise using a procedures bylaw, and that council heads are members of all council committees unless a council says otherwise using an organizational bylaw.

With exceptions (i.e., the use of bylaws) written into the Municipal Act, the democratic rights of ratepayers — who vote in a mayor or reeve — can be overturned. The bylaws allow a majority of councillors to strip a mayor or reeve of their powers, including speaking publicly for the municipality, should they personally dislike their council head or disagree with their views on moving a municipality forward. The use of such bylaws also has the potential to open up opportunities for king- or queen-making and the advancement of agendas that may not be in keeping with the best interests of ratepayers. The Town of Lac du Bonnet, a municipality about 72 kilometres northeast of Selkirk, sponsored the Duties of the Head of Council resolution. Mayor Gordon Peters said it essentially asked the province to review the Municipal Act and make necessary changes to respect the electorates' choice of head of council.

WHEREAS due to different interpretations of the above sections relating to Duties of Head of Council has led to the passing of Organizational and Procedures By-Laws where the Head of Council can only act under the direction of majority of Council members thereby affecting the democratic rights of ratepayers; and

WHEREAS these by-laws have eliminated the need for a Head of Council ballot;

THEREFORE BE IT RESOLVED THAT the AMM lobby the Province of Manitoba to immediately amend *The Municipal Act* under the above sections to provide clear definition as to duties of Heads of Council and remove the words "except where the procedures or organizational by-law provides otherwise" in order to restore democracy; and

FURTHER BE IT RESOLVED THAT the Province review all standardized procedures and organizational by-laws.

AMM ACTIONABLE LEADERSHIP CONVENTION HANDBOOK

Part of the Duties of the Head of Council resolution asked the province to protect the electorates' choice of council head. The resolution was defeated at the AMM convention last month.

Peters said he and his councillors felt it was important to defend the fundamentals of democracy.

"The Municipal Act describes what those [head of council] roles are and we believe it defies the electorate when those changes [procedures and organizational bylaws] are made by councils outside the legitimate will of the people," said Peters last week.

Elected councils work for their ratepayers and have no right to stop council members from performing the duties they were elected to do, he added. He was disappointed the resolution was defeated.

"What it says to me is the majority of folks that were there [at the convention] don't really care what the Municipal Act says and what the electorate intend. I was disappointed in that," he said. "I'm very strong on respecting the wishes of the electorate. They're our community boss, so to speak, and we as councillors are working for them. Just because we get into office doesn't give us the right to make changes that don't fall in line with the wish of the people."

He said he was also sad to see that some RMs have already adopted the bylaws and used them in regard to female heads of council.

"We were patting ourselves on the back three years ago when we had more women elected to the head of councils and we felt like we had made

progress in the area of equal opportunity," said Peters. "A majority of people at the convention voting down the resolution was disappointing from that perspective."

It's well known through media reports that some municipalities in the Interlake — the Town of Teulon, the RM St. Andrews and the RM of Armstrong — have adopted (by majority vote) procedures and organizational bylaws and put them into action, revoking or diminishing the duties of their elected heads, all of whom were at the time or currently are women.

Peters said the bylaws can not only affect female heads of council, but can also be used to diminish male heads' duties.

RM of Gimli Mayor Lynn Greenberg spoke in favour of the resolution during the convention. He said last week that if a contentious situation arises between councillors, council should be able to discuss it as a group rather than resort to removal by organizational or procedure bylaws.

"Elected officials shouldn't be barring their counterparts. We should be able to tell a councillor what they're doing wrong. And, at the end of the day, the public will make a choice during an election whether that person should be in office or not," said Greenberg. "The [defeat of the resolution] is in a sense a blow to the democratic process because it's the

voters electing a mayor or a reeve and they're expecting them to serve in that capacity."

In small communities, Greenberg said residents know what's going on with their councillors and will if necessary "take them out" when the next election rolls around. "That's how the democratic process works."

RM of Armstrong Reeve Susan Smerchanski said she also spoke in favour of the resolution at the AMM convention. As well, she thanked her fellow municipalities for implementing a Code of Conduct bylaw, which under the Municipal Act is the proper procedure by which to resolve disputes among council members.

She offered her personal opinions — which do not reflect the opinions of the RM of Armstrong or its council — on the issues addressed by the resolution, which was defeated at AMM by a majority of 64 per cent.

"The Municipal Act is the procedural foundation to which elected officials are duly bound. Municipal bylaws and policy do not supersede this legislation. Members of council are public servants. They're elected. They take an "Oath of Office" to know the Act, make informed decisions, act in the best interest of their municipality and serve and represent everyone fairly and equally," said Smerchanski last week.

"Municipalities have been developing and adopting organizational and procedural bylaws that potentially could remove any member of a council and is contrary to the democratic process. Specifically, the duties/roles of the heads of council are defined under the Municipal Act and they are elected as such to the specific position on a ballot."

AMM members voted on 22 resolutions during the convention, according to an AMM tweet. All resolutions passed except No. 03-2021 (Duties of the Head of Council), No. 04-2021 (Assessment and Taxation Tools), No. 06-2021 (Per Capita Funding) and No. 07-2021 (Differential Mill Rates).

The Express asked the AMM for a recording of the debates/presentations for the first set of resolutions. A spokesperson said "there is no recording."

Manitoba advises of public consultation on Regulated Health Professions Act

Submitted by Manitoba government

Manitoba Health and Seniors Care advises that counselling therapists in the province have requested self-regulation under the Regulated Health Professions Act (RHPA) and Manitobans have an opportunity to provide feedback on this application.

The Federation of Associations of Counselling Therapists in Manitoba submitted the application for self-regulation earlier this year. Individuals can provide written submissions to the Health Professions Advisory Council no later than Monday, Jan. 31, 2022.

The Health Professions Advisory Council is responsible for advising the minister of health and seniors care on matters relating to the act, including the regulation of health professions. To do this, the council seeks information from and consults with members of the public, health orga-

nizations and regulatory colleges, and conducts research to determine if it is in the public interest to regulate a health profession.

For more information on the consultation and participation process, visit www.gov.mb.ca/health/rhpa/hpac.html.

Province announces expansion to Selkirk Hospital

By Katelyn Boulanger

Premier Heather Stefanson and Health and Seniors Care Minister Audrey Gordon were in Selkirk recently to announce an investment of \$31.6 million, which will expand the Selkirk Regional Health Centre.

Gordon started by thanking health-care workers in Selkirk and across the province before discussing what this investment would mean.

"I'm excited to be here for this announcement that I'm sure will improve the quality of care for all Manitobans not only now but well into the future. Investment in health-care services and communities throughout the province will improve the physical health and well-being of Manitobans and their mental health as well. Our government's investment at Selkirk Regional Health Centre is an investment in improving patient care for people living in the community and the health region. By improving services in Selkirk, we are supported the delivery of more health-care services that are more convenient for patients living in this area," said Gordon.

She said that the announcement is part of Manitoba's clinical and preventative services plan, which looked at population growth, community needs, distance to specialized services, and the stability and reliability of the province's health workforce.

The premier then stepped up to the podium to explain exactly where the \$31.6 million would be spent.

"This investment will add 30 acute

care inpatient beds. Inpatient beds position this facility to play a bigger role in the province's surgery and medicine programs while supporting the region's growing needs. The new beds will support more inpatients from across the region locally. In addition, these new beds will help enhance this facility's capacity to treat and monitor sicker patients. Surgeries performed at the site, including general procedures, gynecology, urology, plastics, and endoscopy, will be increased as part of this significant expansion. This project will also include updates to improve patient flow, expand treatment capacity within the emergency departments and allow more residents in the community and health region to get the care that they need closer to home," said Stefanson.

This announcement comes after a recent story in the *Winnipeg Free Press's* Dec. 4 edition where an 86-year-old woman was transferred from Selkirk's Hospital to Notre Dame Health Centre, which meant a roughly two-hour round trip for the family visits.

In a statement sent out by Manitoba Liberal Leader Dougald Lamont, he agrees with the need to invest in rural health care but questions how this decision will help residents now.

"Not one person in Manitoba on a waitlist [of] 136,000 procedures long is going to be helped by this. We have to ask where the PC's priorities are because this is a re-announcement of a construction project. Not one dime of this announcement will pay even a



TRIBUNE PHOTOS BY KATELYN BOULANGER

Health and Seniors Care Minister Audrey Gordon, left, announcing investment. Premier Heather Stefanson, right, sharing that this \$31.6 million will go towards 30 new beds at Selkirk Hospital.

single person to provide health care," Lamont said.

It is anticipated that this expansion will be completed in 2024. According to Dr. David Matear, chief executive officer for the Interlake-Eastern Regional Health Authority, the number of staff to be hired will be determined using a phased-in approach. This will be used to determine which surgeries would be involved in the expanded surgical program and, from there, they will build a surgical staffing plan and acute care staffing one based on those needs.

This announcement is one of 38 health-care projects that the provincial government has or will be announcing as part of an \$812-million investment.

"As the premier described, there are a lot of projects ongoing. So this is one of many, [but] we are making sure that we're integrated in our planning, and that will be — capital funding, equipment, planning, staffing, etc. — to coincide with the opening date," said Matear.

> OASIS, FROM PG. 4

there's a warbler nest. There are huge [existential] pressures on a lot of migrating songbirds due to habitat loss. In this forest there also are red foxes, white-tailed deer, great grey owls, woodpeckers and other species," said Durant. "But another huge benefit of these trees will be in their ability to capture carbon — and undisturbed soil will do that as well — which is vital when we look at the larger issue of global climate change."

Durand did all the work himself. In early spring he took six-inch cuttings from his existing trees and planted them in the ground. He also transplanted some trees. Then he battled the severe drought.

"It was a tough year and I have yet to do inventory. The goal was to have the trees grow six feet apart, but I actually planted the hardwood cuttings at three feet apart so that I'd have wiggle room if some died or didn't root,"

he said. "Maybe 15-20 per cent died, which is to be expected, especially since it was such a crazy drought year."

But an even bigger challenge in getting his forest to take root were the weeds. Even though it didn't rain a lot this year, the weeds sprung up. They'll complete for resources with the cuttings.

"Weed control is really important when you're trying to establish trees, especially when they're little trees. We always think we don't have enough water, but here in Manitoba with our heavy clay soil, even in a drought year, you'll have moisture farther down that a tree can tap into," said Durand. "But if the tree is being out-competed by weeds for sunlight and moisture, it doesn't stand a chance."

There's no proven formula to growing trees, but they're generally tailored to land conditions. Willow trees, for instance, like moisture and will be well suited for the wetter area of his six acres whereas poplars wouldn't do

as well, he said. He gets a lot of advice from his dad, Rick Durand, who is a veritable tree expert.

"He's my in-house consultant. I have an advantage here. He has been farming trees for more than 40 years. I get some of that knowledge from him and from other people who've been doing this for a long time," he said. "It makes a big difference because there were some mistakes I would have made if I hadn't had that knowledge going in."

Had he needed it, he could have got expert advice from the East Interlake Watershed District. The EIWD works with federal and provincial governments to deliver grant programs to landowners who want to embark on land or water conservation projects. Eligible projects include planting trees, building wetlands, establishing shelterbelts, protecting streams and rivers from runoff and sealing wells to prevent contamination. EIWD staff will work with landowners through every stage of a project, including the

application for grant funding, project design and implementation of a project.

Durand's forest was one of 33 projects the EIWD approved this year.

Part of the 47-acre forest adjacent to Durand's farm is owned by other people, he said, and he doesn't have control over what they do with their trees. But he's hoping the forest will stay as it is.

"There are such heavy development pressures," said Durand. "But I'm adding trees to my side. My six acres will stay there forever. You get a lot of benefits from trees. In this day and age, I think that's being overlooked. There should be a lot more trees everywhere."

For more information about grant funding and eligible conservation projects, call the East Interlake Watershed District at 204-642-7578 or visit eastinterlake.ca

EIWD saw increase in landowner conservation projects in 2021

By Patricia Barrett

The East Interlake Watershed District saw a lot of interest this year from landowners wanting to undertake conservation projects.

The EIWD's board approved 33 projects out of a pool of 113 submissions and worked with provincial and federal funding partners GROW, Ag Action and Environment and Climate Change Canada, which support landowners taking actions that benefit their local watersheds.

EIWD manager Armand Belanger said the district partnered with landowners to improve/maintain 12 wetland projects totalling 245 acres, three tall grass restoration projects totalling 65 acres and three tree-planting projects on 13 acres. The district has also been working with 16 farmers to protect over 100 acres of riparian areas (banks of a river, stream) and to help rebuild soil on over 1,000 acres of land.

"All the projects are exciting and diverse, with the goal of each one to either improve or enhance soils, wetlands, grasslands, forests and the ecological goods and services (EG&S) that they provide," said Belanger. "EG&S are things that benefit the watershed and the people who live there. They include creating wildlife habitat for us to enjoy, slowing down water to prevent flooding, holding water for times of drought, sucking up nutrients and contaminants before they head into lakes and streams, which allow us to enjoy clean water to drink and play in, absorbing carbon from the air and putting it into the ground to make the soil rich and healthy and to mitigate the effects of climate change."

The projects were carried out near communities such as Selkirk, Stonewall, Arborg, Fisher Branch, Gimli and West St. Paul.

New to the EIWD in 2021 were regenerative agriculture (RA) projects, which focus on improving soil health, regenerating topsoil and building resilience to climate change, among other farm rehabilitation initiatives. Belanger said the EIWD hopes to see more engagement on RA projects next year.

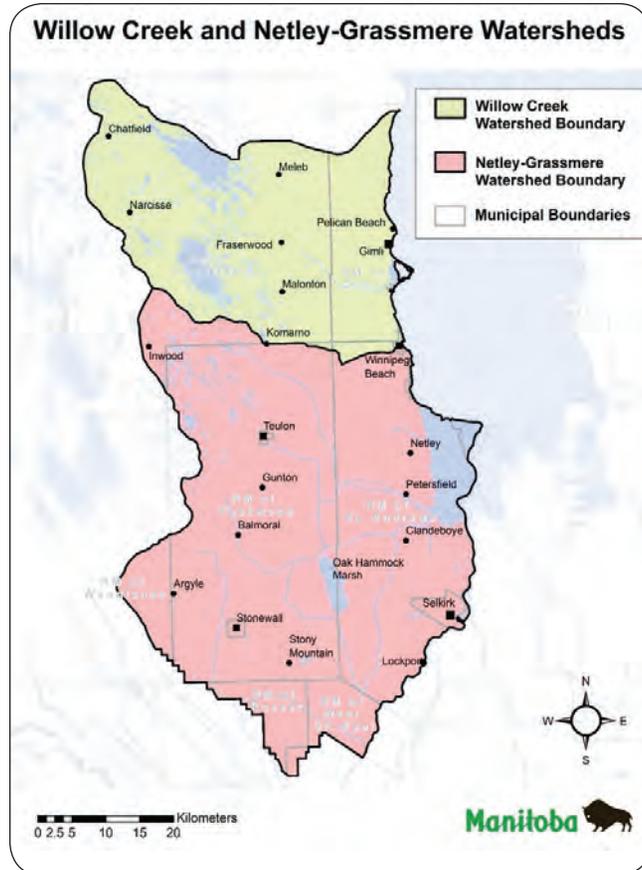
"There are many benefits to farmers that practise regenerative agriculture, including healthier soils that help grow healthier crops and livestock, improved biodiversity above and below the soil, habitat for pol-

linators and songbird populations and reduced farm vulnerability to droughts and floods, to name a few," said Belanger.

The EIWD is particularly interested in improving water infiltration of fields, he said. Some research has shown that a conventionally farmed field that gets an inch of rain will take about an hour to absorb it whereas a field farmed under RA principles can absorb an inch of rain in 10-30 seconds.

"If a second inch fell, it could take a conventional field all day to absorb it (over 24 hours). In comparison, a regenerative ag field would only take 30 seconds to a minute to absorb that second inch," said Belanger.

Attn: Landowners
GROW
 YOUR BOTTOM LINE
 For more information, call or visit us online: 1.204.642.7578 eastinterlake.ca



TRIBUNE PHOTO SUPPLIED BY EIWD
 The East Interlake Watershed District can help landowners grow their bottom line through various conservation projects. The Willow Creek and Netley-Grassmere watersheds in the Interlake.

"Some estimations are showing that farmers could store an additional 25,000 gallons of water on one acre of land if they follow regenerative agriculture principles."

The EIWD didn't see a great number of temporary wetland protection projects this year and Belanger said he hopes to see that increase in future. The EIWD can help protect Class 1 (ephemeral) and Class 2 (temporary) wetlands from being drained by giving landowners yearly incentive payments for leaving the wetlands as they are.

The EIWD is currently working on updating the Netley-Grassmere and Willow Creek Integrated Watershed Management Plan (IWMP) for long-term sustainability. LiDAR data, which shows land elevation, can identify strategic locations within the watershed where water can be stored and upland areas that can be improved to reduce the impacts of flooding and drought.

"The LiDAR analysis and the IWMP update will be done hand-in-hand to help one another," said Belanger. "We are working with Hank Venema of Strategic Systems Engineering. The LiDAR data that they're analyzing has over eight billion elevation points plus culvert data the EIWD has been collecting over the years."

For more information about conservation projects and funding, as well as regenerative agriculture projects, call the East Interlake Watershed District at 204-642-7578 or visit www.eastinterlake.ca

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eiwd
 East Interlake Watershed District

May Every Day Be Merry

Here's hoping your season is filled with all the delights, both big and small, that make Christmastime so special.

We really appreciate everything this community has done to help us through the challenges of this past year, so we can be here to celebrate the season with all of you.

Merry Christmas & Happy New Year!

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Fundraising donation



TRIBUNE PHOTO SUBMITTED

Community Living Interlake executive director Jimm Simon, right, accepted a cheque for \$600 from the Independent Order of Oddfellows (IOOF), Doug Livingston, left, and Ross Thompson, middle, on Dec. 7 at Something Beautiful in Stonewall. The donation is a portion of funds raised at a drive-up meal fundraiser the IOOF held on Nov. 20.

Riding in style



TRIBUNE PHOTO BY LANA MEIER

Wayne and Cheryl Cathers popped in to the Tribune office earlier this month in their 1929 Model A 2 door (Tudor) Sedan). Wayne committed to taking his antique car out for a spin for an entire year last February. The Ford Model A was unveiled Dec. 11, 1927. There were 4,858,644 built over four years. The Model A was thoroughly modern with a 40 bhp 200.5 cid 4-cyl engine, 3-speed sliding-gear manual transmission, four-wheel mechanical drum brakes, hydraulic shock absorbers, and modern body construction. The car was more expensive, but it had a top speed of up to 65 mph. It was better suited for modern roads and high-speed cruising, featured conventional controls, and had much improved ignition and cooling systems.



Herbed Turkey Rub

- | | |
|---------------------------------------|---|
| Manitoba Raised Whole Turkey or Cuts | Combine all ingredients and mix well. Let sit for 30 minutes for flavours to combine. |
| 1/4 cup (60 ml) canola oil | Coat either a whole turkey or turkey cuts (breast, drumsticks or thighs) with rub. |
| 1 tbsp (15 ml) Worcestershire Sauce | Roast or barbecue turkey at 350°F (175°C) until a meat thermometer reads 170°F (77°C) in the thigh away from any bones. |
| 1 tbsp (15 ml) white wine | Allow turkey rest for 15-20 minutes before carving. |
| 1 tbsp (15 ml) balsamic vinegar | |
| 1 tbsp (15 ml) onion, minced | |
| 4 tsp (20 ml) fresh rosemary, chopped | |
| 4 tsp (20 ml) fresh thyme, chopped | |
| 4 tsp (20 ml) garlic, minced | |

ROASTING TIMES FOR WHOLE TURKEYS*

Weight	Stuffed	Unstuffed
6-8lbs (3-3.5kgs)	3-3 1/4 hrs	2 1/2-2 3/4 hrs
8-10lbs (3.5-4.5kgs)	3 1/4-3 1/2 hrs	2 3/4-3 hrs
10-12lbs (4.5-5.5kgs)	3 1/2-3 3/4 hrs	3-3 1/4 hrs
12-16lbs (5.5-7kgs)	3 3/4-4 hrs	3 1/4-3 1/2 hrs
16-20lbs (7-9kgs)	4 1/4-4 3/4 hrs	3 3/4-4 1/2 hrs
20-24lbs (9-11kgs)	4 3/4-5 1/2 hrs	4-5 hrs



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*Cooking times are approximate. Always use a thermometer to determine doneness.
 *Roast a whole turkey at 350°F (175°C) & cook to an internal temperature of 170°F (77°C).
 *Stuffing inside the cavity should reach 165°F (74°C).
 *Allow the turkey to stand for 20 minutes before carving.

Find more recipes and cooking tips at turkey.mb.ca

Attn: Landowners

Who is the EIWD? In 2005, the local governments within the East Interlake partnered with the Province of Manitoba to deliver land and water conservation projects on a watershed basis.

What type of projects does EIWD do?

- Well sealing
- Wetland enhancement
- Water retention
- Buffer strips
- Exclusion fencing
- Shelterbelts
- Riparian enhancement
- Upland enhancement
- Conservation contracts
- Protection payments
- Soil enhancement
- And more!

STEPS TO COMPLETE A PROJECT

- 1 DISCUSS**
EIWD and Landowner to discuss project design and partnership.
- 2 DEVELOP**
EIWD staff will work with landowner and partners to develop project design and Enhancement Protection application/bid.
- 3 APPLY**
Project design and application/bid submitted for evaluation by Watershed Sub-District/GROW committee.
- 4 APPROVAL**
Project Approved or Denied.
- 5 IMPLEMENT**
EIWD staff will work with landowner and partners to complete project as designed.
- 6 EVALUATE**
Completed/ongoing projects will be inspected and evaluated regularly by project team with reports submitted to Watershed Executive Board.
- 7 REVIEW**
Executive Directors will review project reports and may make recommendations on project design and delivery. Directors will finalize annual reports then deliver results to project partners.

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eastinterlake.ca

Stony Mountain amputee reflects on 75th anniversary of War Amps Key Tag Service

Submitted by Martine Lepine

This year marks the 75th anniversary of The War Amps Key Tag Service.

As this milestone year comes to an end, Tom Rinn of Stony Mountain is sharing how donations to the lost key return service have made a difference in his life.

Tom is a left leg amputee due to a lawn mower accident and grew up with The War Amps Child Amputee (CHAMP) Program, which provides financial assistance for artificial limbs and adaptive devices, as well as peer support.

"When I lost my leg as a child, The War Amps was there to support not only me but my family," says Tom. "By

attending the CHAMP seminars, I met other kids who I could relate to. This helped me feel confident and to know that I wasn't alone."

The Key Tag Service was launched in 1946 so that returning war amputee veterans could not only work for competitive wages but also provide a service to Canadians that would generate funds for the Association's many programs. The service continues to employ amputees and people with disabilities and has returned more than 1.5 million sets of lost keys to their owners.

Each key tag has a confidentially coded number. If you lose your keys, the finder can call the toll-free num-

ber on the back of the tag or place them in any mailbox in Canada, and The War Amps will return them to you by courier, free of charge.

The War Amps receives no government grants and its programs are possible through public support of the Key Tag and Address Label Service.

"We'd like to thank the public for helping to make this service a success," says spokesperson Rob Larman, himself a graduate of the CHAMP Program. "Your support funds essential programs for all amputees across Canada, including children and veterans."

For more information, or to order key tags, visit waramps.ca or call toll-



TRIBUNE PHOTO SUBMITTED
Tom is a graduate member of the War Amps Child Amputee (CHAMP) Program.

free 1 800 250-3030.

Interlake School Board regular meeting notes

Staff

COVID-19: As of Dec. 6 a new public health order is in effect with regard to youth indoor sports. Student-athletes eligible for vaccination must provide proof of vaccination or engage in regular testing in order to participate in indoor extra-curricular sports.

In-school vaccination clinics for students age 5 to 11 are being scheduled

in ISD with Woodlands School and Warren Elementary School scheduled for Dec. 15 and 16 respectively. Clinics will be held in other ISD schools in January. Clinics will extend beyond school hours to provide parents the opportunity to attend with their children if they choose.

ISD schools are working to determine capacity for spectators at extra-

curricular sporting events. Under the new public health order, all spectators 18 years of age and older must provide proof of full vaccination and spectators 12-17 years of age must

provide proof of one dose of vaccine or a pharmacy-confirmed negative test. As each school is unique, it will be up to schools to communicate their protocols for spectators.

OUR OFFICE WILL BE CLOSED
December 23rd, 2021 - January 2nd, 2022
Opening January 3rd, 2022

There will be NO newspaper printed December 30th, but we will continue to distribute our flyers, so please watch for them in your mail and distribution boxes.

Merry Christmas & A Happy New Year

Stonewall Teulon Tribune

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News Tips: news@stonewallteulontribune.ca
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Christmas is so close you can practically smell the turkey. Fortunately, there are only a few details left to sort out. Here's your final checklist.

- Buy fresh produce and any other last-minute items you need for your holiday feast.
- Shovel your driveway and walkways, and sprinkle the surfaces with de-icing salt.
- Tidy up the house, and stock bathrooms with toilet paper and fresh hand towels.
- Put all your gifts under the tree.

And to get you in the holiday spirit... Remember to pause and enjoy quality time with loved ones. This week, consider going for an evening stroll to admire the lights or spending an afternoon baking cookies.

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Calf sales multiply for a good cause

By Jennifer McFee

One good deed deserves another — and another and another and another.

A chain reaction of generosity began when 13-year-old twin sisters Heidi and Allison Braun decided to auction off one of their calves earlier this month and donate the proceeds to CancerCare.

The cause is close to their hearts since Heidi has been battling brain cancer for the past seven years.

The sisters chose their best calf and arranged to bring young Braunco to Winnipeg Livestock Sales in Rosser on Friday, Dec. 3.

That's when their remarkable donation inspired nearly a dozen more acts of generosity, raising approximately \$40,000 for the cause in less than 30 minutes.

Scott Anderson, manager of Winnipeg Livestock Auctions, said they spread the word in advance to try to generate as much attention as possible.

"Lo and behold, we had a pretty fair group of people all here looking to buy a calf, so it worked out well. It was bought and resold 11 times," he said.

"One woman walked in to buy the calf. She stepped up to the plate and paid more than \$9,000 the first time. Then she resold it and bought it back the seventh or eighth time for about \$3,000. So she ended up spending \$12,000 and left without a calf."

Mark Braun, the twins' dad, said Heidi makes frequent visits to Win-

nipeg for medical appointments from their southern Manitoba community of Gnadenthal near Plum Coulee.

"She would like to raise money for cancer awareness. Due to the nature of her cancer, they can't seem to get a grasp on it," he said. "She's been doing some trial drugs to try to find a cure and she continues to battle with it."

The family operates a mixed farm where they raise cattle, and they also have some hogs, chicken and grain. The twin sisters raise several calves themselves.

"We were very thankful that the girls made the decision to donate their calf. It was good to see that they were willing to put in the effort as well," Braun said.

"We were also very thankful for the livestock community that showed a lot of support. There were people that we knew and people we didn't know, and they all wanted to pitch in and help."

For Heidi, it was an emotionally charged experience.

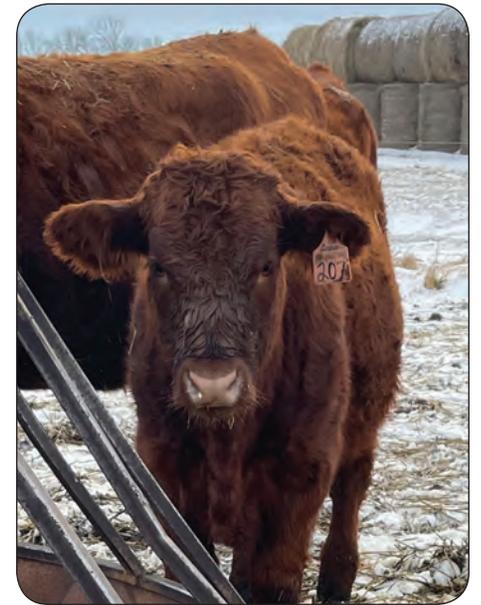
"She was very overwhelmed. She had tears of joy and she had a lot of mixed emotions. As a farm kid, we all know that animals become pets very quick, so that part was difficult," Braun said.

"Then with all the support, she was very overwhelmed by all these rough and tough cattle guys that were willing to help a 13-year-old girl."

Sherelle Kwan, manager of community events and development at CancerCare Manitoba Foundation, said all funds raised



Heidi Braun, 13, of Gnadenthal has been battling brain cancer for the past seven years.



Heidi and Allison Braun auctioned off their calf Braunco, raising about \$40,000 for CancerCare Manitoba Foundation.

by Heidi's calf sale go toward pediatric research and clinical trials at CancerCare Manitoba.

"Fundraisers like Heidi's are so important in helping us understand the daunting reality of this disease, which knows no bounds and plays no favourites. We are so grateful for her efforts and to those who fundraise and donate on our behalf to advance research and treatment," Kwan said.

"Heidi and her family are always coming up with creative ways to fundraise from lemonade stands and scrunchie sales to selling a steer in a live auction. Heidi personally knows

the importance of advancing research and clinical trials here in Manitoba, and we are so grateful for her and her family's fundraising efforts."

For anyone looking to contribute towards Heidi's fundraising efforts, donations can be made online through the CancerCare Manitoba Foundation website. For more information, visit www.support.cancercarefdn.mb.ca and search for "Heidi's Calf Sale" or go directly to her donation page, which is part of the steer sale, at https://support.cancercarefdn.mb.ca/site/TR/communityevents/General?team_id=4964&pg=team&fr_id=1633.

Holiday Hours

Friday, December 24th	Closed
Saturday, December 25th	Closed Christmas Day
Sunday, December 26th	Closed Boxing Day
Monday, December 27th	Closed
Tuesday, December 28th	Closed
Wednesday, December 29th	Regular hours
Thursday, December 30th	Regular Hours
Fri. - Sun Dec. 31- Jan. 2	Closed
Monday, January 3rd	Back to regular Hours

Wishing Everyone a warm and wonderful holiday filled with all of the special joys of the season, along with best wishes for happiness and prosperity in the New Year.

*From the Management
& Staff of Stonewall Tire*

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Donations can be made to Heidi's Calf Sale through CancerCare Manitoba Foundation.

TRIBUNE PHOTOS SUBMITTED

WCI spreads good cheer



WCI students presented the Stonewall and District Cheerboard with a trolley full of groceries and gifts last Friday. The students collected donations from the school's "Tin for the Bin" and "We Scare Hunger" initiatives along with Warren's Market 6, where a number of WCI students attain work experience. Pictured left to right: Dallas Shaver, Cameron Upgang, Carter Olson, Jacquie Derewianchuk (Cheerboard), Katie Dorsch, Alyssa-Lynn Procter and Kjerstin Green.

TRIBUNE PHOTOS BY LORNA BROADFOOT



Blackbelt grading



TRIBUNE PHOTO SUBMITTED

On Dec. 4, Judo Manitoba held a blackbelt grading at the University of Manitoba. Five members of the Balmoral Judo Club participated in the testing, two for Shodan (first-degree blackbelt) and three for Nidan (second-degree black belt). All were successful. Pictured, left to right: Emily Rogowsky (Shodan), Kaitlynn Barr (Shodan), Britni Trombo (Nidan), Emily Trombo (Nidan) and Trevor Panchuk (Nidan).

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Town Office Holiday Hours
Closed December 24, 2021
at Noon until January 4, 2022
at 9:00 a.m.

Season's Greetings!

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Manitoba Hydro Holiday Tour

SPONSORED BY Manitoba Hydro

Rosser and Grosse Isle Community Centres invite you to:

A Holiday Tour Watch Party

Date & Time: Friday, December 17 2:00 PM
Location: Grosse Isle Recreation Centre
No Fee Refreshments to follow

The Winnipeg Symphony Orchestra and Manitoba Hydro have partnered together to present this ninety minute televised Christmas Concert to enjoy on a state-of-the-art audio visual system.

Numbers will be limited in order to adhere to the Manitoba Public Health orders. All attendees must have photo ID and proof of full COVID vaccination. Reservations accepted until December 15.

**RSVP to: Jessica Beachell (204) 996-6663
or Susan Lindsay (204) 513-0504**

get inspired

> MEAL IDEAS



Recipe courtesy of Marzia Aziz of "Little Spice Jar"

Prep time: 10 minutes
Cook time: 20 minutes
Servings: 4-6
Nonstick cooking spray
2 cups Spaghetti Sauce
3 cloves garlic, divided
1/4 cup fresh basil, chopped, divided
1/8-1/4 teaspoon red pepper flakes
1 log (10-10 1/2 ounces) goat cheese, softened at room temperature
2 teaspoons olive oil, plus additional for brushing, divided
1/4 teaspoon fresh thyme
kosher salt, divided
pepper
1 large baguette, sliced on bias
blistered tomatoes, for serving (optional)
Position one rack in upper third of oven and one in lower third. Preheat oven to 375 F. Spray small, round baking dish with nonstick cooking spray; set aside.
Add sauce to small bowl. Grate in two garlic cloves then add 1/8 cup basil and red pepper flakes. Stir to combine then



Baked Tomato Goat Cheese Dip

pour sauce into baking dish.

Smash goat cheese log into ball. Place ball between two sheets plastic wrap. Using hands, flatten cheese into thick, round disc about 1 inch smaller in diameter than baking dish. Remove goat cheese from plastic wrap and place in center of sauce. Drizzle cheese with 2 teaspoons olive oil. Sprinkle with fresh thyme, kosher salt and pepper. Bake on lower rack, uncovered, 20-25 minutes, or until sauce is bubbly and cheese is warmed through.

Place baguette slices on baking sheet. Drizzle or brush with olive oil and sprinkle with kosher salt. Bake crostini on upper rack 10-12 minutes, flipping halfway through. When bread is done, remove from oven, cut last garlic clove in half and rub cut side on bread.

Top dip with remaining basil and blistered tomatoes, if desired, and serve with crostini.

Note: To make blistered tomatoes: Heat skillet over medium-high heat until almost smoking. Add 1 pint cherry tomatoes to dry skillet and let sit 1 minute. Lower heat to low, toss tomatoes with 2 teaspoons olive oil and cook 2-3 minutes, or until tomatoes are about to burst. Remove from heat; sprinkle with pinch of salt and pepper.



Snowman Pizza Bombs

and evenly top with pepperoni, Canadian bacon and cheddar cheese.

Pinch corners of dough together to round into balls then place in muffin tins.

In small bowl, mix melted butter, garlic powder and Italian seasoning; brush generously over dough balls.

Bake 15-20 minutes until golden brown. Remove from muffin tin and carefully shape dough balls into circles; place on baking sheet. Cover with mozzarella slices and bake until melted.

Create snowman faces by decorating each with peppers, olives, spinach, mushrooms and cherry tomatoes, if desired. Use remaining sauce for dipping.

1 tube (11.8 ounces) pizza dough
1 jar (24 ounces) Spaghetti Sauce
1 package (6 ounces) pepperoni slices
1 package (6 ounces) Canadian bacon slices
1 package (8 ounces) shredded cheddar cheese
4 tablespoons melted butter
1 teaspoon garlic powder
1 1/2 teaspoons Italian seasoning
1 package (8 ounces) mozzarella cheese slices
Decorative vegetables (optional):
multicolored sweet peppers
olives
spinach
mushrooms
cherry tomatoes
Preheat oven to 400 F.
Cut pizza dough into 12 squares. On each square, place 1/2 teaspoon sauce

Polenta Bites

1 tube (18 ounces) polenta
1 1/2 teaspoons olive oil
1 jar (24 ounces) Chunky Tomato, Garlic and Onion Spaghetti Sauce
1 package (8 ounces) shredded mozzarella
2 sprigs, rosemary, destemmed and chopped
3 basil leaves, chopped

It's the most wonderful time of the year! or it?

By Susie Schwartz

Christmas can be magical, wondrous and full of cheer. Lights sparkle on lush branches, snow glistens under the moonlight and children squeal with delight filled with anticipation of a bearded fat man with a sack full of toys. Our holiday music playlists are reserved for this special season, not to be touched for the remaining 10 months of the year. But also, stress can pile up as fast as the season's bills hidden in drawers, depression lives in the extended darkness of the night, diabetes still demands 24/7 care wreaking havoc in eyes and kidneys and hearts, and yes, people still die. Christmas is no cure for hardship. My expert (patient) advice? I don't have any this week.

I will however, tell you something that 46 Christmases has taught me:

Christmas (like life) is neither all bad, nor all good, and it's okay to feel it all. Maybe this year you have zero desire to put up a tree and 'pretend.' Maybe you decided to demolish the supposed timeline of, 'no lights or tree or décor until after December 1st' and go all 'Lampoon' on us on November 1st. Or maybe, you put up a tree and on the same day took a Christmas wreath to your husband's grave and let out a loud cry.

It's all okay. It's okay to celebrate AND grieve. It's okay to feel sad if your child has cancer and the only gift you want to give or receive is to switch places. It's okay to beam with excitement as you wrap the motorized bike your wife has been asking for. It's okay to gather friends, make a car train and drive through the wonderland of lights in city...even if your insulin pump or eye disease has to tag along.

1 block (8 ounces) hard Parmesan cheese

Cut polenta into slices. In skillet, heat olive oil over medium-high heat; fry polenta slices 10-12 minutes on each side until crispy and golden brown.

In saucepan over medium heat, warm sauce.

Place polenta slices on tray and sprinkle with mozzarella. Place 1/2 teaspoon warm sauce on each slice then sprinkle with chopped rosemary and basil. Grate hard Parmesan onto each slice for topping.



Susie Schwartz

Can't we recognize that Christmas can be magical or hard? Can't we see that Christmas can be magical AND hard?

I think the true magic of Christmas lives in community; encouragement; generosity; love. And what better gifts to give?

So...if you are sick, sad, scared or hurting, know that you might feel lost drowning behind all the glitter and baubles and gifts but I know you are out there, and you don't have to pretend.

If you wear a different Ugly-Christmas sweater to work every day for a month just because you can, and dance through the mall wearing jingle bells around your ankles, revel in it. That's awesome.

If you've just lost a parent to Alzheimer's but still want to change your last name to Lampoon, do it all: Laugh, cry, jingle all the way.

And if you can, share the magic of Christmas.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on FB @medicalmissstress, Instagram @susie.suschwa, and lesshealthstress.com

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Rob's Christmas Ride spreads cheer in Stony Mountain

By Jennifer McFee

Stony Mountain residents discovered last weekend that Santa doesn't always arrive on a sleigh pulled by reindeer.

Sometimes he gets a true hero's welcome, blazing through town atop a fire truck.

On Friday, Dec. 10, the Stony Mountain Rockwood Fire Department welcomed Santa and Mrs. Claus as part of a special parade that also honoured the memory of another local hero.

Rob Broadfoot was a volunteer firefighter for 15 years, serving the communities of Stonewall, Stony Mountain and Rockwood. In February 2021, the Stony Mountain man lost a valiant battle with multiple myeloma.

Fire chief Marcel McIvor explained the significance of Rob's Christmas Ride, complete with decorated fire vehicles and special guests from the North Pole.

"The purpose of this ride is to bring some Christmas cheer to our community. This ride was first started last year, since during COVID-19 gatherings of any kind were not permitted. As we continue to respect the COVID-19 restrictions, we feel this is the best way that we can reach our community without public gatherings," he said.

"Also, this ride has great meaning to us as our past brother Rob Broadfoot passed away in February of this year. During Rob's battle last December, it was his last event that he attended with the fire department before he passed. In his memory, we will continue this ride annually and his family will be joining us as well."

Jessica Broadfoot, Rob's daughter, recalled that her dad continued to attend fire hall meetings after his cancer diagnosis, even though he could no longer fight fires. Last year's holiday parade was her dad's last fire call, she said, and it brought smiles to a lot of people's faces.

"Dad was not feeling good at all that day, but cancer wasn't going to take away from what he loved doing — supporting his brothers and sisters," she said.

"He geared up, went down early to decorate and paraded around town spreading holiday cheer. He came home that night with the biggest smile on his face."



Stony Mountain Rockwood Fire Department hosted Rob's Christmas Ride on Dec. 10 to honour the memory of Rob Broadfoot.



Decorated vehicles paraded through town.

She said her dad would be so honoured to help spread holiday cheer again this year through Rob's Christmas Ride.

For the Broadfoot family, they're grateful that the fire department continues to honour the much-loved family man.

"It means the world to us. We knew he was a hero in our eyes, but to see the lives he has touched truly means he was a hero in more eyes than just ours," Jessica said.



PHOTO SUBMITTED

Santa made an early visit to Stony Mountain.

"Grief is hard, but to have events like this sure helps and feels like your loved one is still amongst you."

Rosser council news in brief

By Jennifer McFee

Starting Dec. 15, all Rosser council members who are not vaccinated against COVID-19 or who are not willing to provide their vaccination status must virtually attend council meetings, committee meetings and special meetings.

Council members must also wear a mask covering their nose, mouth and chin and that doesn't gape while they're in the municipal office, unless they're properly distanced from each other. In addition, they must sani-

tize their hands when they enter the building.

Council voted on this resolution at a special meeting on Dec. 4. Coun. Angela Emms against the motion while councillors Lee Garfinkel, Ken Mulligan, Kelvin Stewart and Reeve Frances Smee voted in favour.

In other council news:

- At the Nov. 30 council meeting, Rosser council accepted the 2022 \$20,725 levy request from the Rockwood Rosser Weed Control district.

The expense will be included in the 2022 financial plan.

- Rosser Central Community Club's insurance premiums have been decreased since it was reassessed from being a curling facility to its current state. The club's pilot grant funding is being reduced to \$18,250 from the original approved annual funding of \$21,500, and the CAO will send a letter about the grant decrease.

- The public works shop and municipal office will be closed on Dec. 24 and 31. All staff will receive a

full day's pay for both closure dates.

- BellMTS requested approval to provide buried fibre service to the Inkster Park area and the RM of Rosser approved the request.

- An aggregate mining and transportation licence will be issued to Lilyfield Quarry Inc. to Dec. 31, 2022.

- Rosser has a \$3,000 budget for decorative Christmas lighting and council approved a request for an additional \$3,000 to upgrade some decorative streetlights.

Oak Hammock scavenger hunt organized for Boxing Day

By Nicole Brownlee

Winter events continue at Oak Hammock Marsh, encouraging families to explore the marsh through scavenger hunts and guided trail walks with Santa Claus.

Marshland Wonderland returns on Dec. 26 as a Boxing Day treat for families to skate on the cattail pond, snowshoe through the marsh and participate in the Holiday GPS Hunt.

Small snowy owls with letters are hidden around the marsh trail for families to find and unscramble the puzzle spelled with the owls' letters.

"If you can crack the word, you'll get some candy canes and treats," said Jacques Bourgeois, marketing and communications coordinator for Oak Hammock Marsh.

The marsh hosted similar scavenger hunts in the spring with an Easter egg hunt and the fall looking for goslings around the time of migration.

"They're super popular. People love doing them," said Bourgeois.

Visitors can also complete a craft while warming up at the centre.

"We'll be making a little Santa out of pinecones," said Bourgeois.

Families can reserve a time to visit the marsh on Boxing Day from 10 a.m.

to 4:30 p.m. through the Oak Hammock Marsh website.

"It's nice to have a feeling of normalcy again and have people enjoy the nature at the marsh," said Bourgeois.

Santa Claus returned to Oak Hammock Marsh on Dec. 11, guiding visitors around the marsh and teaching them about the marsh critters thriving in the winter.

"IT'S FUN TO SEE PEOPLE BACK."

The marsh used to host wagon rides with Santa during the holiday season but decided to try something new to follow public health restrictions.

"It's a fun way to spend some time outdoors with the kids and the family."

Jolly St. Nick first visited the marsh on Nov. 25 to take socially distanced photos with families.

"We were kind of limited to the number of families that could come and have pictures taken with him and share their wish list, so we decided to invite Santa again," said Bourgeois.

With snowshoes strapped on, Santa and 20 people learned more about the wetlands and took some festive photos.

"Santa loves to snowshoe. He lives in the North Pole after all," said Bourgeois.



PHOTO SUBMITTED

Santa returned to Oak Hammock Marsh on Dec. 11 to guide visitors through the marsh.

Warren Collegiate students create Christmas cheer

By Jo-Anne Procter

Warren Collegiate Grade 9 students were in the bike repair workshop this semester fixing kids' bicycles to donate to the 2021 WRENCH Cycle of Giving program.

On Dec. 4, for the fifth year, Lee Stewart, who teaches the bicycle repair and maintenance course at the collegiate, delivered 12 bikes to Clifton Community Centre where the bicycles were donated for Christmas gifts for children.

The WRENCH (Winnipeg Repair Education and Cycling Hub) is a registered charity that creates stronger, healthier communities by removing barriers to building, repairing and maintaining bicycles — with a focus on educating youth.

Stewart started the bike repair program at the collegiate in 2015 as a credit course after successfully offering it as an extra-curricular club for three years.

Besides being a credit course for students and teaching mechanics, Stewart told the *Tribune* that another goal of the program is to help save the



TRIBUNE PHOTOS SUBMITTED

Pictured left to right: Zach Smith, Ryan Manweiller and Nathan Mudge helped load 12 children's bicycles that they repaired for the WRENCH Cycle of Giving program.

planet by encouraging active transport, buying less and keeping bikes out of landfills.

WCI is always accepting donations of bicycles. They also do bicycle tune-ups.

For more information, contact the school at 204-322-5586 or Stewart at lstewart@isd21.mb.ca.

CLI to host Marketplace Village; exhibitors and vendors wanted

By Jennifer McFee

The two-month countdown is about to begin for the Climate + Sport Initiative event and community interest is growing.

From Feb. 18 to 20, 2022, Kinsmen Lake will transform into an outdoor hockey rink for the much-anticipated pond hockey event, which uses sport as a platform to educate, engage and empower Canadians to protect our environment for future generations.

Amid the excitement, Association of Community Living Interlake will host a sustainable marketplace as a fundraising opportunity for the organization, which supports adults who live with intellectual disabilities.

Lisa Highmoor is Community Living Interlake's fundraising chair, and she's working alongside a fundraising committee made up of board chair Ila Buchanan as well as Sherri-Ann Allen, Stephanie Penelton, Robin Searle and Lisa Tully.

"When we realized that this event would be putting a national spotlight on the Town of Stonewall and surrounding area, we just had to get involved," Highmoor said.

Like many organizations, the pandemic has impacted Community Living Interlake.

"Over the past two years due to COVID-19 restrictions, the adults that Community Living Interlake supports have not been able to participate in many of the typical activities and job training that would normally happen throughout the year. In addition, typical fundraising events like the fashion show, which included our clients and other community members, have had to be postponed," Highmoor said.

"But, despite these challenges, Community Living Interlake continues to receive many gracious donations from individuals, groups and businesses. We are most grateful for the support and encouragement."

The organization is proud to host the Hockey and Sustainable Items Marketplace in a 50-foot by 100-foot heated inflatable tent that will be set up on snow.

"It is the goal of the board of CLI that our clients take part in working and volunteering and to be recognized and supported as valued members of the community. So, with the help of our clients and other community volunteers, CLI will be hosting the Marketplace Village," Highmoor said.

"Selected vendors will have the chance to showcase their sustainable products or practices including sport such as hockey, healthy living, wellness, food, agriculture, as well as environmental and climate initiatives."

Highmoor also encourages non-profit organizations connected to climate and sustainability to apply since space might be available at a reduced rate to groups that meet the criteria.

"Any interested exhibitors or ven-

dors need to register and will be required to submit a list or description of their exhibit," she said, "including a sustainability and climate statement as well as follow the event's waste and footprint reduction priority."

Randy Frykas, chair of the Save Pond Hockey event committee, expressed appreciation for the involvement of Community Living Interlake.

"We are very happy to have CLI on our team as they are helping take our planning to the next level," he said.

"The main pillars of this event are climate, community and sport — and the Marketplace Village is the perfect example of all three."

The Marketplace Village will be open to the public Friday evening, Saturday all day and evening, and Sunday all day during the Feb. 18 to 22 event.

Interested exhibitors or vendors can contact Lisa Highmoor for a Marketplace Village exhibitor registration form at ldhighmoor@gmail.com.

Gunnlaugson victorious at DEKALB Superspiel

By Ty DiLello

After a two-year break due to COVID-19, the DEKALB Superspiel at the Morris Curling Club took place this past weekend.

The DEKALB Superspiel is the top Manitoba event on the World Curling Tour calendar this year, with 24 men's and 16 women's teams (40 total) from all over Canada, the United States and Switzerland competing for the big cash prizes.

On Monday night, a local rink skipped by Jason Gunnlaugson of the Morris Curling Club and his team of Matt Wozniak and Connor Njegovan (third Adam Casey was absent all weekend) won the men's final by defeating Alberta's Karsten Sturmey 5-3.

Sturmey opened the game with a score of one in the first end, while Gunnlaugson would answer back with a single in the second end to tie the game. Sturmey took another single in the third end before Gunnlaugson broke through for the first deuce of the game in the fourth end to take a 3-2 lead at the halfway point.

Sturmey blanked the fifth end and narrowly missed a board weight hit for a five-spot in the sixth end to give Gunnlaugson a vital steal to lead 4-2.

In the seventh end, Sturmey battled hard for some points but was only able to muster a single. Gunnlaugson had an open hit with his final rock in the eighth end to win the game 5-3 and take home \$11,000 for winning the event. Sturmey picked up \$6,000

for losing the final.

"Thank you to my teammates. We played most of this event with three players. It's unbelievable how much work it is; they just made it easy for me," said Jason Gunnlaugson. "This is always one of our favourite events of the year to play in with all of the hard work that the organizers and volunteers do to put it on. So we're happy to add our name to the trophy!"

Colton Lott and his Winnipeg Beach rink of Tanner Lott, Kyle Doering and Emerson Klimpke were the other Manitoba men's rink that had a strong showing on the weekend. Team Lott reached the quarterfinals after qualifying through the A-Side. However, they ultimately fell to the Tanner Horgan squad from Ontario in the quarterfinals.

"It was a great weekend for us with a new lineup," said Team Lott's second Kyle Doering. "Obviously, losing where we did in the quarterfinals was tough, but we gave ourselves lots to build on as we head to the men's provincials at the end of January."

Former Scotties Tournament of Hearts champion Amber Holland from Saskatchewan took home the women's event by defeating Kayla MacMillan from British Columbia 6-4 in the championship final.

A back-and-forth affair to start, the game was tied at three heading into the sixth end. In that end, Holland took two points with the hammer to open up a 5-3 lead. She would extend



TRIBUNE PHOTO SUBMITTED

Jason Gunnlaugson of the Morris Curling Club was victorious at the 2021 DEKALB Superspiel. Gunnlaugson picked up \$11,000 for winning the championship. Left to right: Connor Njegovan, Matt Wozniak, Jason Gunnlaugson.

that lead in the seventh end by stealing a point.

Coming home, MacMillan needed a score of three to tie the game and force an extra end. However, they had a shot for three, albeit a difficult one on MacMillan's last rock. The thin double-takeout failed to curl up enough, and they only mustered to score a single point to hand Holland the 6-4 win.

Holland took home the first-place

cheque for \$7,800, while MacMillan earned \$4,300 for coming in second place.

Notable Manitoba rinks that competed were Beth Peterson and Darcy Robertson from Winnipeg's Assiniboine Memorial Curling Club. They both earned \$1,800 for reaching the quarterfinals. Altona's Mackenzie Zacharias also competed but had a disappointing event, missing out on the playoffs with a 2-3 record.

Woodlands School wins divisional boys' volleyball championship

By Brian Bowman

For the first time since 1989-90, Woodlands School has won the Interlake Divisional Junior High boys' volleyball championship.

Woodlands defeated Balmoral 3-0 by scores of 25-15, 25-13 and 25-18 on Dec. 3.

Woodlands played its best volleyball when it counted the most.

"Throughout the year we were trying different things, focussing on the fundamentals," said head coach Tim Lee. "Towards the end of the year we try to do a bit more strategy and tactics. The boys played really well when it mattered. We served tough and we passed the ball quite well for middle years volleyball. It was great to see."

Woodlands began divisional play by beating Warren 3-0 and then defeating Grosse Isle 3-1.

The boys really enjoyed winning the divisional title.

"It was great," Lee said. "We were definitely nervous at the start but the more we played, the more we knew that we were the better team. We weren't taking anything for granted but when we won that last set, they all looked at each other and were quite

happy, jumping up and down. It was a great way to end off the week and a great way to get back into school sports since we didn't have any kind of team competition last year at all.

"This was our first time back at it so it was nice to go out and play different schools to get into competition again. The kids really missed that so it was really good for them."

It has been a very long time since Woodlands has won a divisional banner in volleyball.

"The last time we won any kind of volleyball banner was 2000-01 when our girls won a banner and that was 20 years ago," Lee noted. "In team sports, since we don't have a lot of kids in our middle years we can't compete against Stonewall and Teulon and Warren, some of the bigger schools. But this year we had a good group of kids that were committed to getting better and we happened to do that."

This year's team had a good mix of Grade 7 and 8 players with one student in Grade 6. Five of the Grade 7 players will be back next season, said Lee.

"The Grade 8 players will be going to Warren (Collegiate) next year so



TRIBUNE PHOTO SUBMITTED

Woodlands School won its first divisional boys' volleyball banner since 1989-90 after defeating Balmoral in the final on Dec. 3. Pictured, back row, left to right: Ryder Clare, William Kollman, Sawyer Park, Caleb Voth, Kade Schedler, Daniel Oliver and Tim Lee (coach). Front row, left to right: Daniel Koss, Espen Sund, Ryder Magus, Sheldon Stranger, Jak Procter and Landon Tully.

I hope they stick with the sport and play in high school because they have a lot of potential," Lee said.

Saints reach final of Barons Earlybird tournament

Staff

The Teulon Collegiate Saints finished with a 1-2 record at the 37th-annual Barons Earlybird varsity boys' basketball tournament last weekend.

Teulon lost 83-27 to the Selkirk Royals in the championship game of the three-team tournament on Saturday.

In pool play, the Saints lost 106-58 to the Royals but then rebounded to de-

feat the Edward Schreyer Barons 60-55 on Friday.

The Saints' varsity girls' basketball team, meanwhile, finished with an 0-4 record at the Pembina Trails Bisons Classic.

The Saints started their season with a 97-16 loss to the St. Mary's Academy Flames last Thursday.

Teulon was defeated 72-31 by the

Selkirk Royals on Friday morning and was beaten 63-23 by the Miles Macdonell Buckeyes later that evening.

On Saturday, the Saints were downed 39-27 by the Jeanne-Sauve Olympiens.

In junior varsity action, Teulon was edged 39-37 by the Kelvin Clippers in the 13th-place game at the Pembina Trails Bisons Classic on Saturday.

Earlier in the day, the Saints hammered the Oak Park Raiders 59-13.

The Saints began play with a 44-15 loss to the Fort Richmond Centurions on Thursday evening. Teulon was then beaten 62-34 by the Maples Collegiate Marauders on Friday.

Blues tourney winners



TRIBUNE PHOTO BY KRISTI HENRY

Stonewall A1 defeated Southwest Sandstorm 3-0 to win bronze at the Stonewall Blues U15 female tournament this past weekend.



TRIBUNE PHOTO BY KRISTA DELAINE

Stonewall A2 lost 2-0 to Steinbach in the gold medal game and had to settle for silver at their home tournament.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Jets drop pair of one-goal games

By Brian Bowman

The officials weren't too kind to the Stonewall Jets on Friday evening.

The St. Boniface Riels scored three unanswered goals in the third period — two of them on the power play — to pull out a 5-4 road victory in Manitoba Major Junior Hockey League action.

The Riels' Alec Borger scored the game winner on the power play at 19:35 of the third period.

St. Boniface had nine power plays in the game while Stonewall only had four.

"The penalty calls were heavily in their favour for the last two periods," said Jets' head coach Brock Couch. "We had eight called against us and they only had one. That definitely sucks. The penalties that we did kill off were huge but that (last) one we needed."

St. Boniface's Nathan Ayotte opened the scoring just three minutes into the game but Stonewall roared back with power-play goals from Tyler Van Deynze, Kyle Van Deynze and Jaxon Blight.

Borger scored a power-play goal in the second period before Evan Palmer tallied at 18:45 of the middle frame.

But it was all St. Boniface in the third.

Joe Akadiri scored on the power play at 11:33 of the period and then Chris Hince tied the score at 4-4 about four minutes later.

Josh Bond stopped 34 Riels' shots.

Last Wednesday, the Jets lost 3-2 to the Transcona Railer Express in Stonewall.

"We put up a good fight and we had chances to bury them," Couch said. "That game could have gone either way so that's nice to see that we can

compete with a top team."

Transcona's Noah Nardella and Stonewall's Andrew Andries traded first-period goals and then Nardella and the Railer Express' Jeremy Chateaufneuf tallied in the second.

The Jets' Cole Emberly made it a one-goal game with his team-leading 17th goal of the season early in the third period.

Both teams were 0-for-2 on the power play.

Liam Jardine made 32 saves in the losing cause.

The Jets, now 7-15-1, will host the River East Royal Knights on Wednesday and then the Charleswood Hawks Sunday. Puck drop for both games is 7:30 p.m.



TRIBUNE PHOTOS BY LANA MEIER

The Jets' Kyle Van Deynze scored on a power play in the first period to give Stonewall the lead. The Riels won the game 5-4 with a goal in the last minute.



TRIBUNE PHOTOS BY LANA MEIER

The Jets presented plaques to the 2020-21 graduating players prior to the game Friday night. Pictured, left to right, Carson Ouelette (Hardest Working Player), Brendan Labossiere, Foster Bytheway, Chance Dickenson, James Maxwell, Jayson Brooks and Jared Hulme (Top Defenceman). Missing from the photo is Keevan Daniels-Webb.



Stonewall Jets Player Profile

#10

Come out to support the Jets

Matthieu Meier
Forward, shoots left
Born 2002, 5'6, 150 lbs



UPCOMING GAMES

Sunday, December 19
Stonewall Jets vs Charleswood Hawks
at 7:30 @ VMSC

Friday, January 7
Stonewall Jets vs Charleswood Hawks
at 7:30 @ Eric Coy Arena

Couch scores OT winner in Mercs' win

Staff

The Warren Mercs had a poor third, allowing four third-period goals as the Portage Islanders tied the score at 5-5.

But Warren redeemed itself in overtime.

Mercs' forward Brock Couch scored the game-winning goal just 21 seconds into OT to lift Warren to a 6-5 home victory on Saturday evening.

Warren's Johnny Lazo opened the scoring with a first-period power-play goal and then Riley Vautour netted a pair to give the Mercs a 3-0 lead after 20 minutes.

Robby Moar put Portage on the board early in the second before Warren took a 5-1 lead with goals from Braydon MacDonald and James Maxwell.

But the Islanders exploded for four goals in just a 4:30 span. Jonah Wasylak started the rally, followed by goals

from Joey Sutherland, Moar and Derrick Brooks.

Hayden Dola made 37 saves for the win.

On Dec. 7, the Mercs edged the Morden Bombers 3-2.

Warren's Trent Genyk scored a first-period goal and then Morden's Adam Hughesman tallied in the middle frame.

Mercs' forward Wes Pawluk tallied in the third and then Travis Bobbee made it 3-1 at 9:48.

Hughesman made the game interesting when he scored his second goal of the game with 30 seconds remaining.

Dola made 37 saves for the win.

Warren, now 6-2, will play at the Notre Dame Hawks on Wednesday and then host the Carman Beavers Friday. Puck drop for both games is 8 p.m.



Warren Mercs' forward Riley Vautour scored twice in the game.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Mercs' Brock Couch (22) and Johnny Lazo (10) celebrate Couch's game-winning goal in Warren's 5-4 overtime victory over the Portage Islanders on Saturday.

Stonewall shuts out Shaftesbury

Staff

The Stonewall Collegiate Rams keep on playing great hockey — and they keep on winning.

Rams' goaltender Macrae Gard stopped every puck that came his way as Stonewall shut out the Shaftesbury Titans 2-0 in Winnipeg High School Hockey League action last Friday.

Kael Brown scored a shorthanded goal in the first period and then Ty

Woods added an empty-net goal with just 36 seconds remaining in the third.

With the win, Stonewall now has 31 points and is tied for first place in the Winnipeg Free Press West Division with the West Kildonan Wolverines.

The Rams will host the St. Paul's 2 Crusaders on Wednesday (3:30 p.m.) and then will play Springfield next Tuesday (4 p.m.) in Oakbank.



TRIBUNE PHOTO BY JO-ANNE PROCTER
Evan Grandmont carries the puck past a Titans' defender during the Stonewall Collegiate Rams' 2-0 home win over Shaftesbury last Friday.

Come out and support your Warren Mercs




Friday, December 17 Warren Mercs vs Carman Beavers at Warren Arena 8:00 p.m.	Thursday, January 6 Warren Mercs vs Altona Maroons at Altona 8:00 p.m.
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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Warren Curling Club stick bonspiel winners



The Warren Curling Club held a two-person stick bonspiel Dec. 3-5 with 24 teams from Steinbach, Carman, Eriksdale, Stonewall, Marquette, Winnipeg and Warren participating. The entry fee was \$60 and teams were guaranteed five games. A total of 71 games were played. Pictured left to right: A-event winners Ross MacMillan of Marquette and Jim Rouse of Warren; B-event winners Larry Weatherburn and Rick Willets of Eriksdale; and C-event winners Marquette's Ray Sherrin and Don Adamko.

TRIBUNE PHOTOS SUBMITTED

U17 Lightning lose trio of games

Staff

The U17 "AAA" Interlake Lightning lost 6-2 to the Wheat Kings in Brandon on Sunday.

Adam Vigfusson and Luke Sekundiak scored power-play goals for the Lightning.

Tyler Fairbairn (three), Nash Henwood, Declan Hoad and Kaelan Huibers replied for Brandon.

Alex Myers and Dylan LeClair split the goaltending duties for Interlake.

On Friday, Interlake was defeated 4-3 by the Winnipeg Thrashers in Warren.

Evan Reimer, Vigfusson, and Preston Crate scored for the Lightning.

Nathan Leclerc, Tavis Derksen, Liam Urciuoli and Shay Woytowich replied for Winnipeg.

Myers stopped 49 Thrashers' shots.

Last Wednesday, the Lightning was shut out 2-0 by the Winnipeg Bruins.

Jaxson Fillion and Dylan Jaquet scored for the Bruins.

LeClair made 40 saves.

Interlake will play the Winnipeg Wild on Wednesday at the Bell MTS Iceplex and then the Winnipeg Bruins on Friday at Southdale West. Both

games start at 6:30 p.m.

On Saturday at 4:30 p.m., the Lightning will host the Wild in Warren.

The U15 "AAA" Lightning, meanwhile, lost 8-5 to the Southwest Cougars on Saturday afternoon.

Blake Farthing led the Lightning with two goals and an assist while Gavin Holod had a goal and two assists.

Cole Swanson and Noah Oughton scored Interlake's other goals.

Avery Samels (five), Colton Knox, Bryan Laing and Connor Hoemsem tallied for Southwest.

Nathan Meisner stopped 30 Southwest shots.

On Friday, Interlake was defeated 4-3 by the Parkland Rangers.

Farthing, Holod, and Evan Deprez scored for the Lightning.

Parkland, which trailed 3-2 in the third period, had goals from Hayden Shtykalo (two), Tavyn Boychuk and Luke Myhre.

Meisner stopped 43 Rangers' shots.

Interlake played the Winnipeg Wild Red this past Tuesday but no score was available.

The Lightning will battle the Yellowhead Chiefs on Sunday (1:30 p.m.) in Shoal Lake.

U18 Lightning pricked by Thistles on Sunday

By Brian Bowman

The U18 "AAA" Interlake Lightning's winning streak was a short one.

The Kenora Thistles stopped Interlake's two-game winning streak with a 6-2 home-ice victory on Sunday.

It was just Kenora's second win of the season.

Rylan Slatcher and Liam Foley scored for Interlake.

Thistles' goals were tallied by Jett

Mintenko (two), Nicholas Fagnilli, Brandon Gustafson, Emerson Evans and Branden Boress.

Ty Hogue stopped 34 Kenora shots.

On Saturday, Interlake blanked Kenora 3-0. It was the Lightning's second consecutive 3-0 victory.

Joel MacMillan and Alexander Kaczorowski scored for Interlake in the second period and then Andrew Thevenot tallied a power-play goal

late in the third.

Zach Meadows made 37 saves for the shutout.

The Lightning will host the Yellowhead Chiefs on Friday (8 p.m.) and Saturday (1:30 p.m.) in Teulon.

The U18 "AAA" female Lightning, meanwhile, lost 3-2 to the Winnipeg Ice on Sunday.

Mackenzie Waddell and Brooke Wadge scored third-period goals for

Interlake.

Ava Bergman, Stephanie Jacob and Kianna Saillant replied for Winnipeg.

Lightning goaltender Katelyn Dorsch made 31 saves.

The Lightning will host the Ice this Friday (8 p.m.) in Stonewall and then will play the Eastman Selects in Niverville on Sunday (4 p.m.).

Classifieds

Stonewall Teulon
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Classified and Notice booking deadline is Monday at 4 p.m. prior to Thursday's publication.
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For further information call Shaunne at 204-886-2922 ext 205 or email resume to shaunne@charisons.ca



NOTICE OF APPLICATION TOWN OF TEULON LAGOON TIPPING FEES TEULON WASTEWATER UTILITY

December 3, 2021

The Town of Teulon (Town) has applied to the Public Utilities Board (Board) for initial lagoon tipping fees for Teulon Wastewater Utility (Utility) as set out in By-Law No. 6-2021, read the first time on September 14, 2021.

The proposed fees are as follows:

	Proposed Tipping Fees
	By-Law 6-2021
Septic Truck - Single Rear Axle (\$/load)	\$ 40.00
Septic Truck - Double Rear Axles (\$/load)	\$ 60.00

Details of the Town's application are available for review at the Town's office or the Board's office. Any questions concerning the application for initial lagoon tipping fees, or the operation of the Utility, should be sent directly to the Town.

If you have concerns/comments regarding the Town's application for initial lagoon tipping fees please go to www.pubmanitoba.ca and provide your comment. Please note all comments will be forwarded to the Town.

Questions or comments should be sent on or before **January 2, 2022**.

The Public Utilities Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at www.pubmanitoba.ca.

Frederick Mykytyshyn
Frederick Mykytyshyn

Assistant Associate Secretary
Manitoba Public Utilities Board

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

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HELP WANTED

Hiring a kitchen helper. from 11 a.m. to 2 p.m. Monday - Friday. No experience required. Sig's Grill 204-467-9056 or pe-teryjjang@gmail.com

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NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a winter or Christmas event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

Grow Your Business by placing a HELP WANTED ad in the Tribune



EMPLOYMENT OPPORTUNITY JOURNEYMAN PLUMBER

The Interlake School Division invites applications for the position of: **Journeyman Plumber**

Start Date: January 2022

The Position: The Journeyman Plumber services and maintains all plumbing equipment and systems in Division buildings. Current salary is \$36.03 per hour.

The Candidate:

Applicants must possess the following qualifications:

- Journeyman certificate in Plumbing
- Workplace Safety and Health training, including Workplace Hazardous Materials Information System (WHMIS)
- Strong verbal and written communication skills
- Valid driver's licence and the ability to respond to emergency callouts
- Ability to read blueprints
- Adequate supply of hand tools
- Ability to work with minimum supervision
- Ability to work flexible hours as required

Applications must include a cover letter, resume and three references. Deadline for applications is **December 20, 2021, 3:00 pm**. Forward applications to:

Human Resources
Interlake School Division
192-2nd Ave. N., Stonewall, MB R0C 2Z0
Email: hr@isd21.mb.ca
Tel: 204-467-5100

Interlake School Division welcomes applications from people with disabilities. Accommodations are available upon request during the assessment and selection process.

Successful applicants will be required to provide evidence of full vaccination or undertake mandatory COVID-19 testing three times per week, in accordance with current Manitoba Public Health Orders.

Only candidates selected for an interview will be contacted. Employment will be subject to satisfactory criminal record and child abuse registry checks.

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Estate & Moving
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(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com



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WEEK-END COOK

Oak Park Lodge Inc is a 55+ housing unit located in Woodlands and is seeking a part time week-end Cook for the Congregate Meal Program. Duties will include meal preparation, serving meals, cleanup. Hours are Saturday to Sunday 9:30 am to 1:00 pm. Specific training will be provided. Criminal Record and Adult Abuse Checks are required. Please forward your resume to Oak Park Lodge Inc. Box 52 Woodlands MB R0C-3H0 Attn: General Manager or email to opl@mts.net by December 23, 2021.

Classifieds

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@stonewallteulontribune.ca

NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Gary Ralph Graham Tait, late of the Postal District of Warren, in Manitoba, deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 26th day of January, 2022.

DATED at Stonewall, Manitoba this 13th day of December, 2021.

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	6				7		5	
2			1			8		
5				4				7
	5					3	8	
7				6				
	9	1			2			

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



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www.batteryman.ca

204 PALLET AND PACKAGING

Like working with wood and working close to home?

204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Wage depending on experience, and health benefits after 3 months. Please call 204-344-5404 for more details.

Rural Municipality of Woodlands REMINDER GRANT DEADLINE



This is a friendly reminder that the deadline for 2022 grant requests are due January 15, 2022. Grant applications are available at www.rmwoodlands.info or by calling the RM Office 204-383-5679.

Eddie's Gravel Supply Ltd. is hiring

CLASS 1 DRIVERS - WINTER ROAD HAULING

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- 1 - Journeyman Truck Transport Mechanic
- 1 - Apprentice Mechanic
- 1 - Mechanical Assistant

Shop is located in Stony Mountain.
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For Further info contact
Rick at Darse Ltd @ 431-338-5828 or email resume to darseltd@mts.net

Winnipeg Livestock Sales Ltd.

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Cattle experience is an asset but not necessary
Must have reliable transportation
Contact Melissa for more information or to send resume msobey@hotmail.com
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The South Interlake Regional Library
Is seeking a dynamic leader to assume the role of

LIBRARY DIRECTOR

The Library Director is responsible for the planning, organizing and implementation of all library operations and services.

Qualifications:
A post-secondary degree in Business, Library Science, or equivalent experience would be an asset.
5 years of senior management experience.
A solid understanding of accounting including payroll and budgeting.
Excellent interpersonal, written and oral communication skills.

For complete information and application instructions please see our website www.sirlibrary.com

Rural Municipality of Woodlands LAND FOR LEASE



The R.M. of Woodlands is accepting tenders for the lease of the following lands available commencing January 1, 2022.

30.3 Acres	NW 20-14-2W
59.44 Acres	SE 34-13-3W
16.1 Acres	NE 22-15-3W
79.98 Acres	SW 35-15-3W
42.87 Acres	SW 29-13-1W

The lease of the property applies to the surface of the property only and for agricultural use only.

The lease shall be for a term of 5 years.

For further information contact R.M. of Woodlands, 204-383-5679 or by email at finance@rmwoodlands.ca

Sealed tenders must be dropped off at 57 Railway, Woodlands, MB by 4:30 December 23, 2021.

Announcements



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Don't forget to send your special wishes to your friends and family with a message in the Record

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1	2	5	8	9	6	4	3	7
6	8	3	4	1	7	2	5	9
7	6	1	9	4	2	3	8	5
3	9	8	5	6	1	7	4	2
2	5	4	7	3	8	6	9	1
5	2	7	3	8	4	9	1	6
8	3	6	1	7	9	5	2	4
4	6	1	9	2	5	8	7	3

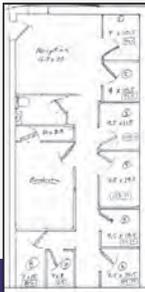
Sudoku Answer

CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



Property Features

Total square footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



For information please contact:
BIG Real Estate
204-485-0010

email bigandcolourful@mts.net

CARD OF THANKS

We are grateful to have had such caring friends, neighbours and family to support us at this time and throughout Gary's illness. Although he wasn't always up for visitors, he appreciated the care and concern from everyone. Thank you for the texts, emails, phone calls, food, cards, flowers, donations, and for your kindness. We feel blessed.

-The Tait family

CARD OF THANKS

The family of Ev Olsen would like to express our sincere appreciation for all of the messages of sympathy and memories shared in the passing of our mum, grandma, and great-grandma. The kind words, "warm smile, simply a beautiful lady inside and out..." brought comfort.

To Ken Loehmer for his guidance and support, and Shirley Williams for the sincere and thoughtful graveside service, a special thank you.

-Karen Nedotiafko
Rod and Darlene Waldbauer and family

CARD OF THANKS

Our sincere appreciation and thanks to all for their kind words of condolence and remembrance at the time of Ken's passing. Thank you all for the cards, phone calls, visits, flowers, food, baking, donations to CancerCare Manitoba and other donations. This outpouring of caring was overwhelming and has meant a great deal to us all. A very special thanks to Nancy for arranging the transportation and Rory for venturing forth on the icy roads in order to get me to Winnipeg on November 14th. Thanks also to Judy, so willing to lend a hand at this time. This kindness and thoughtfulness will never be forgotten. Thank you, as well, Ken Loehmer for your expertise and compassion.

-Shirley Jahns Mulvey,
Pat and Dan, Phyllis and Ted

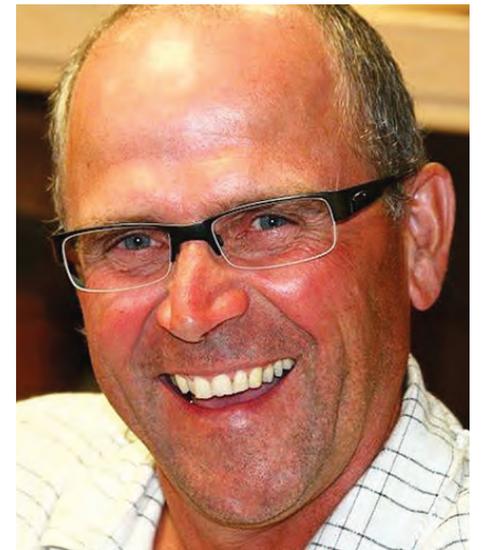
Express your Thanks with a message in the Tribune

BIRTHDAY



Lavinia Maartense
Congratulations on your 90th!
-From your family and friends

IN MEMORIAM



Gordie Harris
September 10, 1957 - December 19, 2011
Love is a smile, a tear and a touch
Love says little, but means so much
Love is forever, and we give it to you
From the family who thought the world of you
-Always and forever
Daphne, Char (Mariah), Jeff (Andrea).
Lisa (Jason) and families



IN MEMORIAM

Ken Mollard
March 31, 1940 - December 26, 2010
May the wind of Heaven blow softly
And whisper in your ear,
How much we love and miss you
And wish that you were here.
-Love Lil and family

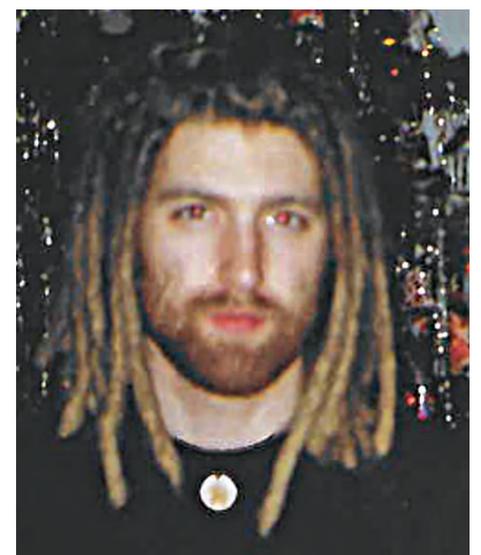
IN MEMORIAM

Trevor Mollard
February 6, 1967 - December 17, 2019
Of all the special gifts in life,
However great or small
To have you as my son
Was the greatest gift of all.
A special time, a special face
A special son I can't replace.
With an aching heart
I whisper low,
I miss you son
And love you so.
-Love Mom

IN MEMORIAM

Mollard, Trevor John
February 6, 1967 - December 17, 2019
As the day goes by,
my heart is filled with sorrow,
If we could share just one more day
If there was one more tomorrow
I'd hold you close within my arms
and never let you go.
I love and miss you so much,
more than these words could ever show
You were my world, my rock, my best friend.
A love so strong and true.
-Love Lisa xoxoxo
Forever loved and remembered by
your family and friends
Miss and Love you Papa T - Eastyn

IN MEMORIAM



In Loving Memory
Matthew MacIntyre
December 18, 1984 - September 6, 2012
The time has gone by without you,
Days have turned into years;
Our hearts hold a thousand memories,
And a thousand silent tears.
To us you were so special,
What more is there to say;
Loved dearly, sadly missed,
Our hearts wish you were here today.
Matthew would be 37 December 18, 2021.
-Loved forever and always,
Mom, Dad and Tracey

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Engraved within our hearts

Announcements

to place your Announcement Call 467-5836 or Email classifieds@stonewallteulontribune.ca



IN MEMORIAM



McKenna Riley

September 10, 2000 – December 15, 2020
It is hard to believe it has already been a year since you have been gone. We never got a chance to say goodbye but we talk to you all the time and we hope you can hear us.

It's not just your death we have to grieve. It's all the hopes and dreams of what would have been and will no longer be. You gave us countless proud parent moments and we hope we are doing something everyday that makes you proud.

You were one of the greatest gifts in our lives and we will cherish every memory of you today, tomorrow and always.

-All our Love,
Mom and Dad

IN MEMORIAM

Lewis Almer Riley

August 30, 1941 – December 4, 2011

It has been 10 years since you left us. We think of you always and often speak your name. You live in our memories forever.

-Donna and family

*There is a link death cannot sever,
Love and remembrance last forever.*

IN MEMORIAM



McKenna Riley

September 10, 2000 – December 15, 2020
I can't believe it's already been a year without you. It is hard to make sense of it still. I think about you everyday. I still catch myself thinking "I have to call Jeena and tell her this". You were the one I told everything to, my best friend. I miss your voice, your laugh, your hugs and spending so much time together. I hope it is beautiful where you are and I can't wait to meet again someday. You are always in my heart.

-Love, Brooke

"Those you love don't go away,
They walk beside you everyday"

IN MEMORIAM

McKenna Louise Riley

September 10, 2000 – December 15, 2020

I thought of you with love today
But that is nothing new
I thought of you yesterday
And the days before that too.
I think of you in silence
And often speak your name
All I have is memories
And your picture in the frame.
Your memory is my keepsake
With which I will never part
God has you in His keeping,
I have you in my heart.

-Love,
Grandma Donna

OBITUARY

Joyce Lyndon

Suddenly, but peacefully, Joyce Lyndon of Stonewall passed away on Saturday, December 11th at the age of 87.

Joyce is survived by daughter Valerie Swanson and son Norman Blagden, as well as granddaughters Danelle and Katrina Hueging, and grandsons Justin and Charlie Blagden. She will also be sadly missed by her brother Robert Bowler, sister Bernice Semeniuk, and many nieces and nephews.

Joyce was predeceased by husband Claude Blagden in 1979, and husband Mervyn Lyndon in 2005, as well as Merv's daughters Ginny and Tracy. Mervyn's children Randy, Carla and Sherry also mourn the loss of their stepmother.



Joyce loved gardening and was renowned for her gladiolus and tomatoes. Many friends and neighbors benefited from her green thumb. She loved her John Deere "convertible" and proudly cut her own grass with it as well as made short trips to visit the neighbors. She also enjoyed watching all kinds of sports on TV – especially curling. Later in life, she rejoined the work force and spent many years working first at a bookstore in Stonewall, and later at the Stonewall Post Office, where she made many lifelong friends.

Funeral service will be held on Friday, December 17th at 11:00 a.m. at the MacKenzie Funeral Chapel, Stonewall, MB. Due to public health restrictions, all attendants must be fully vaccinated and provide confirmation before attending.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • info@mackenziefh.com



OBITUARY

Catherine Reznik

It is with heavy hearts that we announce the passing of Catherine Reznik, loving Mother, Baba and great Baba who will be missed and forever in our hearts.

On Monday, December 6th, 2021 Catherine was called home to her Lord and re-united with her late husband Julius and her eldest son Michael Joseph, whom she dearly missed.

Due to COVID restrictions, a funeral service will be planned in spring of 2022. A longer obituary to follow at that time.



204-886-0404

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