# Stonewall Teulon

THURSDAY, **DECEMBER 14, 2017** 

Holly

**Jolly Jog** 

Santa Claus, his merry elves and Woodlands School students and staff tied up their running shoes, pulled on their boots and took part in the 2nd annual Holly Jolly Jog held on Dec.

The event is a fundraiser for the Stonewall and District Christmas Cheer Board and each of the 112 student runners donated a non-perishable food item or toy. The

By Natasha Tersigni

SERVING STONEWALL, BALMORAL, TEULON, GUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & KOMARNO



**VOLUME 8 EDITION 50** 

three-kilometres run is not only a great holiday fundraiser but promotes physical activity. "I started it as a way to

keep the kids active as the weather turns cold and show them that running can be a year-round activity. It is also a great way to involve the students in a charitable activity," said run organizer

Continued on page 3

#### TRIBUNE PHOTO BY NATASHA TERSIGNI

Woodlands School kindergarten students were excited to run with Santa Claus for the school's 2nd annual Holly Jolly Jog. The event was held on Dec. 7 and is a fundraiser for the Stonewall and District Cheer Board.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



# **Christmas in Churchill**





#### TRIBUNE PHOTOS BY JO-ANNE PROCTER

If it is the last thing she does this year, Toni deLaroque of Grosse Isle will make sure that every resident in Churchill will celebrate Christmas. Last week, Grosse Isle and Rosser school volunteers, friends and neighbours helped deLaroque collect and pack 110 food hampers, two pallets of toys and a pallet of turkey, ham, meatballs and perogies for a community dinner planned for Dec. 23. The collection and dinner is the most recent initiative of Danica's Village. Churchill has a special place in deLaroque's heart. After she lost her five-year-old daughter Danica in a canoeing accident in Churchill last summer, the community rallied around her family. Now deLaroque is doing her best to give back to the community that saved her son Connor and husband Donnie. This past spring, parts of the railway track to the northern community were washed out, limiting food shipments and causing prices to soar.

On Dec. 11 Gardewine transported the goods to Thompson where they were transferred to Calm Air International who flew them to Churchill. Above photo: deLaroque is interviewed by CTV National News while volunteers pack hampers. Below: Gary and Silver Peltier of Woodlands help pack up donated unwrapped toys.

# Baker's Boutique



TRIBUNE PHOTO BY LANA MEIER

Sterling North, Stonewall Campus held their 11th annual Bake Sale last Friday and Saturday at the Stonewall Legion. Along with variety trays of fresh baking, buns and an assortment of cheeses, a light lunch was served at the Bistro. Pictured left to right: Stephanie MacKinnon, Krista Evans and Jessamie Deayton were serving those who stopped in for a bowl of soup, a cheese bun and a cookie. The annual bake sale is a fundraiser for the Sterling North Campus and STARS Air ambulance.

# Red Apple's Fill a Sleigh



Stonewall's Red Apple store held a toy drive for the Stonewall and District Christmas Cheer Board on Saturday. The "fill a sleigh" initiative encouraged shoppers to purchase a toy that would then be donated to the local cheer board. Over the course of the day, community members were able to fill a truck full of new toys that will be donated to families to ensure local children will have a present to open on Christmas. As well, 10 per cent of all toy sales on Saturday was donated to the Cheer board.

TRIBUNE PHOTO BY NATASHA TERSIGNI







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#### TRIBUNE PHOTOS BY **NATASHA TERSIGNI**

Top left photo, Mya Good takes part in the annual Holly Jolly Jog; top right photo, Ivy Sund, left, and Soulen Olson, right, take a little walking break with teacher Kevin Braun; middle photo, winners of the Holly Jolly Jog, left to right, Kaydyn McMahon (first place), Haleyna Fehr (second place) and Liam Ivany (third place); bottom photo, Woodlands students were all smiles.



#### Blue Christmas A time of light in **Honouring Memory** the midst of darkness **Embracing Hope** Supported by the For those of us feeling out **Stonewall Ministerial:** of sync with the commercial 'most wonderful time of the **Alive Family Church** year", Christmas season Anglican Church of the Ascension can be difficult. Many are **Christ the King Roman Catholic Church Cornerstone Pentecostal Church** grieving, feeling loss, lonely, **New Life Church** and anxious. Please join us in Stonewall United Church an honest service of worship, song, readings and a reflection Generously Sponsored and of God's hope and presence hosted by MacKenzie with us. All are welcome. Funeral Chapel

7:00 p.m. Thursday, December 21st

MacKenzie's Funeral Chapel, Stonewall

Please RSVP to 204-467-2525



# **Woodlands run for fun** at the Holly Jolly Jog

Continued from page 1

and Woodlands School teacher Samantha Page.

"Many of our students participate in cross country in the fall, but after divisionals, there are no more running events until the spring. Hosting this event is a way to keep our running club active as the weather gets colder."

The top finishers of the three-kilometre run included Liam Ivany in third, Haleyna Fehr in second and Kaydyn McMahon in first.

#### **MORTGAGE RULE CHANGES** JANUARY 2018



#### Stress Test

Ensuring the borrower will be able to pay their loan if rates become higher than they are today.

New mortgage rules are coming into effect on January 1st, 2018.

These rules will affect those who previously avoided the Stress Test by putting a minimum of 20% down. The changes have been made to ensure that borrowers will be able to afford their mortgage payments if there is an increase in mortgage rates.

Borrowers putting a minimum of 20% down will now need to qualify at the greater of 4.99%, the Bank of Canada's five-year benchmark rate today, or their contract mortgage rate +2%.

This may affect spending power and the ability to qualify for mortgages. Please contact me with any questions or if you are planning to make a purchase, refinance, or if your mortgage is up for renewal in 2018!



Website: www.shelleystewart.ca

# A wonderful effort, 'Giving back' to those in need

A group of well-wishing walkers pounded the pavement last weekend to help those in need.

On Saturday, Dec. 9, more than 20 people participated in the 3rd Annual We Care Walk on and around Main Street in Winnipeg.

Together, they distributed more than 75 care bags filled with personal items including toques, gloves, mitts, scarves, juice, energy bars, hand warmers and much more.

"It was encouraging to see so many youth from Stonewall Youth For Christ participate," said Ross Thompson, who participated in the initiative.

"Unfortunately, the project was done in less than half an hour, yet it was clear that the recipients appreciated our attempts to share our blessings. Personally, I handed out three bags to people who had bare hands."

Thompson said it truly was a heartwarming endeavour. Thanks to the generosity of Stonewall Church of the Ascension, Stonewall Alive Church, the Bargain Shop in Stonewall, Avenue Dental in Winnipeg and Value Village.

The event wouldn't be possible without the individuals from Stonewall, as well as volunteers and other listeners from CJNU (93.7) with its seasonal theme "Giving "back." In addition, the Association of Manitoba Municipalities donated the heavy-duty carry bags.

"It was bittersweet to be able to make someone's life a bit easier,"Thompson said, "yet seeing much more need out there on the street."



TRIBUNE PHOTO BY ROSS THOMPSON

A number of local volunteers from Stonewall and CJNU listeners distributed 75 care bags for those in need for the 3rd Annual We Care Walk in Winnipeg last weekend.



#### **2018 FESTIVAL DATES**

**APRIL 9 - 22, 2018 - STONEWALL, MB** 

Dates subject to change - based upon number of entries.

**ENTRY DEADLINE JANUARY 31, 2018** 

#### **APRIL 9 & 10 SPEECH ARTS**

Stonewall New Life Church

APRIL 12 (Day & Evening) & 13 (Day) CHORAL Stonewall Quarry Park Heritage Arts Centre

**APRIL 14 & 15 VOCAL** 

Stonewall New Life Church

**APRIL 16-17-18-19 & 20 PIANO** 

Stonewall United Church

APRIL 19 BAND (Day)

Stonewall Collegiate

**APRIL 19 INSTRUMENTAL (Evening)** 

Stonewall New Life Church

**APRIL 21 & 22 DANCE - TEULON COLLEGIATE** APRIL 30 AWARDS CONCERT 7:00 p.m.

Stonewall Quarry Park Heritage Arts Centre

FOR MORE INFO www.rfota.ca

# **Chorister carollers**



TRIBUNE PHOTOS BY NATASHA TERSIGNI

It has been a busy holiday season for the Quarry Choristers who have been touring the South Interlake for their annual Christmas performances. The all-female community choir performed in Teulon for their show at the St. Peter Lutheran Church where they teamed up with the Teulon Collegiate band on Dec. 5. On Thursday, the Choristers sang at Stonewall's Odd Fellows Hall as a fundraiser for the South Interlake 55 Plus centre. The annual show raises money for local community groups. As well, the concerts gets its audience excited for the Choristers' annual dinner theatre show in May. Tickets go on sale in February, and the *Tribune* has learned exclusively that this year's show will take place on a cruise ship.

# Arborg's Watering Whole sees demand right off the hop

#### **By Patricia Barrett**

In a mere two months since opening, Arborg's Watering Whole has seen its beer- and wine-making kits fly off the shelves and owner Susan Bauernhuber and her business partners Cory and Candace Koomen hopping to keep up with demand.

In addition to beer- and wine-making kits, the Watering Whole sells all the paraphernalia associated with brewing, as well as water, ice and gourmet coffee.

But better yet, the store offers instore beer-brewing and wine-making services for those who don't wish to set up shop at home or who don't have time to monitor it.

"We've had 28 wine customers so far," said Bauernhuber, referring to the demand for in-store brewing services. "And we've done about 25 beer customers so far."

The public part of the store somewhat resembles a chemistry lab with its rows of wall-mounted conical fermenters, each bubbling with a wide variety of wines. Each fermenter is labelled with a number that corresponds to a particular customer.

"Customers purchase a kit, pour the juice into the conical and put the yeast in," said Bauernhuber. "Then they leave and we look after everything else. We look after all the readings that have to be done. And there's some nutrients that have to go into it at some point in time. I keep an eye on the readings and temperatures."

It takes four to six weeks to make wine and two weeks to make beer. The Vinifera wine kit sells for \$74.99 and the Fontana kit for \$109.99. Beer kits cost \$50 or \$75 to have the store brew it.

The store stocks a wide variety of wines, including Merlot, Shiraz, Malbec, Cabernet Sauvignon, Riesling and European Chardonnay. Beers include Brown Ale, Pilsner, Cream Ale, Blond Lager, West Coast IPA (India Pale Ale), Red Ale and Double Oatmeal Stout.

The beer kits make 23 litres that will result in 34 bottles (750 ml). The wine kits will yield 28 bottles. The store sells bottles or customers can bring in their own.

"The beer is flying out of here, the Blond especially," said Bauernhuber. "People love the Blond. We've had a Red Ale go. The Double Oatmeal Stout has gone and the person really liked that. And I got a call from a friend in Winnipeg, saying, 'Oh my God, we really like the wine.' So we've had no complaints about anything."

Bauernhuber and her business partners — son Cory and daughter-in-law Candace — studied the local market and found there was a need in town.

"Cory wanted to start doing something in town for the town," she said. "So we put our thinking caps on and he came up with water and ice. The ice isn't all that nice in town. And we see a company come through town a couple times a month delivering water to places. He thought, 'Why can't we do that?' But if you're going to do water and ice, you have to do wine and beer."

Until a few years ago, the province allowed retailers to sell only beer- and wine-making kits but did not allow in-store brewing. The former government modernized the provincial liquor laws in 2015.

The Watering Whole's back room contains a top-of-the-line bottle (water, beer, wine bottles) cleansing and sanitizing station and a 1,250-gallon water tank (connected to the town's water system) that's large enough to host a swimming party.

Bauernhuber said she puts the water through a reverse osmosis system, water softener and UV light, which removes some of the chemicals in the water and the sediment. That results in odour-free, crystal-clear water.

Ice is made with a special icemaker called the Gourmet Ice Machine.

"It's nice and clear and big and you don't get that sediment in your glass afterwards. We were told by our supplier that we're the first town in Canada to buy the ice machine."

The store delivers water to homes and businesses in town and goes as far as Riverton and Teulon.

"Next year in the springtime, we'll be



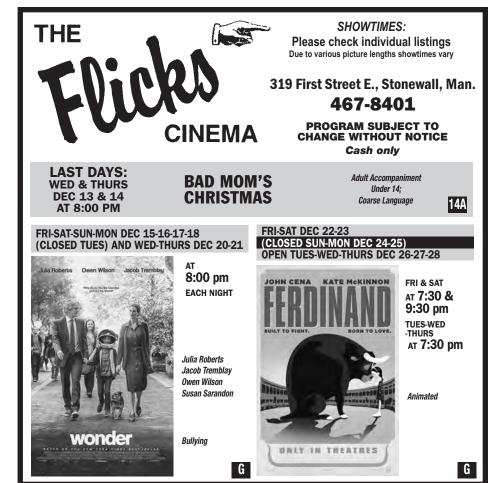
TRIBUNE PHOTO BY PATRICIA BARRETT

The Watering Whole's Susan Bauernhuber can make your favourite beer or wine and provide advice on home-brewing.

looking at going up to Fisher Branch, Eriksdale, Peguis and the Ashern area," said Bauernhuber.

The Watering Whole is located at 355 Main St. Hours are Monday to Friday, 10-5, and Saturday, 10-3. Come summer, the store may extend its hours.

For more information about its products and services, call 204-376-3069 or thewateringwhole@hotmail. email









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# RED RIVER > CHALET BEACH > LAKE WINNIPEG

# > ARNIE WEIDL Sculptor shares a fish tale

Hi, nice of you to drop in.

I guess it was about a month ago that I stopped at Lance Nobles' Smoke N Fish fishing gear shop in Selkirk to say hello. As I pulled up to the curb I saw a crowd standing around a pickup truck with huge wooden sculptures of fish and eagles in the box. Rick Hall, the sculptor, from Hillside was standing beside his truck telling the media and an interested gathering how he went about creating these beautiful majestic renderings.

I waited my turn and eventually stood with Rick asking if he had an unusual fishing story.

He was a remarkable man with his upbeat nature, darting eyes and rapid-fire way of talking. We didn't have time to talk then so last Friday I called him and that friendly, deep, raspy voice that I remembered at Lance's boomed from the phone.

Rick's subtle smiling face came back to me as he said, "I've been thinking of a story. I've got one."

Years ago, he began, by Thompson with his brother Carl, some eastern Canadians asked if they would take them out ice fishing. Though it was early spring and in places there was a few inches of water on top of three feet of ice, Rick and Carl agreed to give them their first taste of winter fishing. So off they sped on their sleds across the melting snow to Setting Lake. It was a beautiful, sunny, windless day as they pulled their augers off their sleighs, drilled holes, got baited hooks in the water and lunched on coffee and sandwiches. Suddenly one of the easterners, eat-



TRIBUNE PHOTO BY ARNIE WEIDL Rick Hall of Hillside with one of his magnificent fish sculptures.

ing a sandwich with one hand and holding his rod in the other, had it almost ripped from his grasp.

He excitedly pranced around the hole reeling in his first fish when the water spread from the head of a monstrous jackfish. The easterner instead of landing the jack by the gills shoved his bare hand into its' mouth and it clamped down hard! In a fit of pain he raised his arm with the fish dangling as blood appeared on his hand and the fishes head! Rick rushed forward grabbing the visitors' arm and the fishes' gills shouting, "don't try to pull your hand out,

the fishes teeth go inward; push your hand further in." He did it and Rick sensing the move pulled on the gills making the fish open its mouth freeing the easterner's hand. He dropped the fish, which fell tail first down the hole leaving a trace of blood on the water. Carl wrapped the injured guys' hand with the newspaper from the sandwiches holding it in place with his mitt.

Things settled down but no one was in the mood for any more fishing so they packed up and climbed on the sleds with the easterners sitting on the back. Now, Rick and Carl had a mischievous sense of humor and as they revved the sleds they shot glances at each other. Then both at the same time tore off straight for a thin layer of water on top of the thick ice. Icy water sprayed over the easterners as Rick and Carl screamed, "We're going to sink and drown!" The easterners were petrified and hung on for dear life. In minutes they were back on hard ice and soon at home. The guests climbed off the sleds vowing never to ice fish again.

Early last week I walked onto the ice on the downside of the Lockport locks. With my old reliable foot spikes on I stomped over to two guys as one of them pulled a mooneye out of his ice hole."Mr. Lucky", Dave Barrett, a shorter fellow with a long, brown beard and hair and lively nature shot a triumphant look at his buddy, Paul Turner, a taller easy going guy. "Dave's always lucky," Paul declared. We got to talking and be-

Continued on page 7

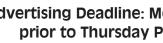


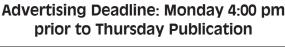


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#### TROUBLE WITH PAPER DELIVERY?

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# **Book by Terry Lewis available soon**

#### By Jennifer McFee

Terry Lewis embraced adventure and found humour in the most unlikely situations.

The local man was diagnosed with ALS on Oct. 31, 2016, and he died on March 24, 2017.

His memory — and his memorable wit — will live on through his book What a Long, Strange Trip It's Been, which will likely be available in time for

His wife Lorraine explains that Terry had experienced symptoms of ALS for quite a while before his

"He was a very outgoing, vibrant person. He was always busy and this was just so hard for him," she

"Because of his sense of humour and all the stories he had to tell about this, everybody always said he should write a book — and finally a friend of ours convinced him that he should do it. It's a story about his life from when he was a child to present

Terry worked as an air traffic controller for about 35 years, and he was also a flying instructor and scuba instructor during part of that time.

"When he retired from air traffic control, he started teaching flying again. He was hired at South Port to teach aerobatics to military pilots for when they go into combat," Lorraine said.

"He also got involved with the air cadet league. He became chairman of Manitoba and he helped to set up the Stonewall air cadet league. He travelled all over and he always made sure he went to see every group. Then when he was diagnosed, he had to give that up."

To honour his interests, the proceeds of Terry's book will go to the Manitoba Air Cadet League.

"Everybody who's read this book absolutely loves it, so we decided to get it published. It should be ready in the next week or so," Lorraine said.

"We've already got requests for more than 100 copies right off the hop. We want to make sure that we've got everyone covered that wants to buy it for Christmas gifts."

One chapter of the book focuses on Terry's experience with ALS, including his symptoms, progression and a detailed day-in-the-life account.

"It is a book full of stories about Terry's life and his many adventures as only he could tell them," Lorraine said. "As tough as it was, he kept his humour throughout everything."

What a Long, Strange Trip It's Been will be available at McNally Robinson for about \$30. For more information about McNally Robinson, visit www.mcnallyrobinson.com.



TRIBUNE PHOTO SUBMITTED

Terry Lewis shared stories from his life in his autobiographical book.

# **New Year lifestyle modification** workshops being held in Teulon

#### Teulon launches quit smoking workshops

#### By Natasha Tersigni

If your New Year's resolution is to quit smoking, then the South Interlake Regional Library (SIRL) Teulon branch's new six-week lifestyle modification series is for you.

Starting Jan. 9 and running every Tuesday at 1 p.m. for six weeks, the Teulon branch will be hosting one-hour workshops focused on helping you to quit smoking. Each week, a new guest speaker will run the workshop and all the topics are related to kicking the habit.

"The first four weeks will be specifically to stop smoking, the fifth week will focus on meal planning and the sixth week will focus on stress reduction. The whole series is tied into smoking cessation. Everyone is welcome to come, whether they have a library card or not, and every session there are weekly giveaways during the workshops as well," explained Teulon branch librarian June Ma-

The first two workshops, Jan. 9 and 16, will be hosted by the Interlake-Easter Regional Health Authority (RHA) and are entitled "Primetime to butt out" and "Let's have a plan." Week three, Jan. 23, will host a speaker from the Manitoba Lung Association and will

be focused on all the healthy reasons not to smoke. For week four, Jan. 30, a speaker from the Manitoba Tobacco Reliance Association will talk about ways to quit smoking. During week five's workshop, Feb. 6, Interlake-Eastern RHA dietitian Jay Adams will talk about meal planning. The final workshop of the series, to be held on Feb. 13, will be focused on learning healthy ways to cope with stress.

Makowski added that the library worked with the Interlake-Eastern RHA to help organize the series and picked the smoking cessation topic after learning that similar workshops have not been held for several years in

"We have been doing wellness workshops at both branches for the past few years and we wanted to do something different this year. We found out that no one has done anything on smoking cessation for a long time and many people were asking for it," said Makowski.

All workshops are free to attend and participants do not have to attend the entire series. Registration is recommended and can be done by calling the Teulon branch at 204-886-3648.

#### > GET FISHING, FROM PG. 6

cause they had lived in Ontario, I asked how folks were dealing with Zebra Mussels. Dave said they had made the water clearer and devoid of algae blooms in Lake Erie.

Last weekend, on the ice pack a half-mile from the Chalet Beach shore I headed toward a far off lone angler for a story for us. I walked alone with my thoughts, the picks of my spike shoes squealed as they ground into the glare ice, my strides wide against the tearing wind. It was hard to talk in the howling wind with our new brother, young, blond haired, Mark Lucas from Winnipeg when I got to him. He hadn't caught anything and didn't care, he said he loved being on the vast flat ice pack. "Soon there'll be hundreds of anglers out here," he said, "It won't be the same." I nodded, smiling, shook his hand and left him to his solitude.

Bye for now.

#### **PUBLIC NOTICE**

#### Help Protect Manitoba's Fisheries

If you buy fish from a private seller, the seller will give you either a Commercial Fisherman's Trade Record or a sales receipt/package label. Carry this receipt with the fish as proof of purchase.

Without one of these two documents, you could face prosecution with a set fine up to \$1,000.00 for possessing or buying illegally caught fish. Fishers may also face fines and licence suspensions.

If you know of any illegal sales, please contact your local Manitoba Sustainable Development office or call the T.I.P. Line at 1-800-782-0076. Callers will remain anonymous.



# Quarry Physio offers hip and knee rehabilitation program

#### By Jennifer McFee

A local business is putting the wheels in motion to help people who are recovering from hip and knee replacements.

The inMotion Network group of clinics is launching a new rehabilitation program, which will be available in the Interlake at Quarry Physiotherapy in both Stonewall and Gimli.

"With the announcements and the recent closures of the hospital-based physiotherapy departments, we've put together a hip and knee joint replacement program," said physiotherapist and owner Scott Allan.

"These were previously offered in the hospitals, but since they are no longer going to be offered, we felt that it was important to be continued with equal access to all. We decided to put together a program for people following joint replacement so they can still get their therapy at an affordable price."

The program will run two days per week for four to six weeks, or even longer, depending on the needs of the patient.

"Once people have been discharged from hospital, they will enter the program with an initial individualized assessment and will continue with oneto-one care until they're ready for a small group setting," Allan said.

"Then they will be in a class format, exercising and working on any issues that they may have under the guidance of a therapist. Our program is a little bit different from others in that we're offering a very low therapist-topatient ratio. We're going to have one therapist for two to five patients, so they'll get a lot of individualized care."

Each class will range from 60 to 75 minutes, and patients will also receive a home exercise program. As part of that program, they will be emailed a video with specific exercises geared for them.

No referral is needed to participate in the program, although many physicians and surgeons will likely refer their patients.

For more information or to make an appointment, contact Quarry Physiotherapy in Stonewall at 204-467-9101 or in Gimli at 204-642-5353.



TRIBUNE PHOTO SUBMITTED

The inMotion Network group of clinics is offering hip and knee replacement rehabilitation program.

# Santa visits Grosse Isle





TRIBUNE PHOTO BY JO-ANNE PROCTER

Three-year-old Levi Murphy from Stonewall spent some quality time with Santa Claus in Grosse Isle on Dec. 2. Levi had lots to tell Santa including what he would like to find under the tree on Christmas morning.

# Help prevent falls this holiday season

#### **Submitted**

Falls continue to be the leading cause of unintentional injuries requiring a hospital stay in Interlake-Eastern RHA, particularly among seniors over the age of 75. Falls can have serious consequences, including hospitalization, permanent loss of mobility and independence, and even death.

A public health agency report on seniors' falls in Canada has identified that 50 per cent of falls experienced by seniors that result in hospitalization occur in the home.

Most falls are preventable. If you find yourself in the home of elderly relatives this holiday season or if you are hosting them or living with them, the best gift you can give them is to spot and correct fall hazards.

"It's our objective to keep people living at home for as long as it's safely possible because we know that generally people are happier in their own homes. To keep older adults safe, it's important that families assess and address the risks for falls to occur over the holiday season and beyond," says Karen Stevens -Chambers, vice-president of community services and chief allied health officer with Interlake-Eastern RHA.

Here are some tips to keep in mind over the holidays and into the New

- When moving furniture to accommodate guests or decorations, be sure to maintain clear and wide path-
- · Keep walkways inside and around

homes clear of clutter.

- Ensure easy access to frequently used electrical plugs.
- Tuck lengths of excess extension cords away from travel paths. Never run an extension cord across a path-
- Tape rugs securely so they won't lift if feet shuffle over them. Watch for signs of lifting.
- Dimmed lights add to ambiance but bright lighting is important for clear vision especially for people who are older.
- Keep handrails and other essential supports easily accessible. If you run garland along your stairs consider weaving it below the handrail to ensure it's still a functional support.

Many resources on falls prevention

are available. Follow this link https:// is.gd/preventfallsbooklet for an online booklet that outlines nine key areas to focus on when preventing falls: being more physically active, managing medications, taking care of health, improving balance, developing safe way to walk, foot care and safe footwear, checking eyesight, eating well and identifying, removing and reporting hazards.

You can also complete an online home safety checklist that may help you identify some needed work in the home and vard to help keep people on their feet: https://is.gd/preventfallsathome.

Preventing falls is an excellent way to help ensure good health for older adults throughout the year.

## FCC contributes \$107,000 to 216 4-H clubs across Canada

#### Submitted

The Farm Credit Canada (FCC) 4-H Club Fund is providing \$107,000 to 216 4-H clubs across Canada to support various local events and activities.

In Manitoba, 26 4-H clubs received a combined total of \$12,900, including the North Interlake Council (Ashern), the Minerva 4-H Club (Gimli) and the Argyle 4-H Beef Club (Woodlands).

The fund is part of FCC's \$1 million contribution committed over four years to 4-H Canada. This contribution, in addition to supporting local 4-H activities, supports national as well as provincial 4-H initiatives.

"The FCC 4-H Club Fund is part of our long-term investment in the future of agriculture," said Todd Klink, executive vice-president and chief marketing officer at FCC."Projects offered through 4-H Canada are aimed at developing the leadership, confidence and values young people will need to be successful in this vibrant and growing industry, as well as life outside of agriculture. Of course, it's no secret we want the next generation to consider a career in agriculture and the agri-food sector, so we are proud to support 4-H programs that strengthen the bond between this industry and young people across Canada."

The FCC 4-H Club Fund awards up to \$500 for projects such as achievement days, horse clinics, field trips, public speaking workshops and purchases of equipment, just to name a few. The next application period opens in fall 2018.

"We are grateful to our partner FCC for their incredible support of 4-H in Canada," said 4-H Canada CEO Shannon Benner. "Having a partner that actively engages and shares in our values is extremely valuable to our organization. This generous partnership with FCC will ensure that 4-H at all levels has the tools it needs to continue helping to develop responsible, caring and contributing young leaders in communities across Canada."

For over 100 years, 4-H Canada has been one of the most highly respected positive youth development organizations in Canada. 4-H Canada has close to 25,000 members and more than 7,700 volunteer leaders, providing young Canadians with the tools and guidance to build leadership skills in a safe, fun and inclusive environment. To learn more about 4-H Canada, visit 4-h-canada.ca.

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Manitoba 9



# Re-Discovering Gimli at Christmas festivities

TRIBUNE PHOTO BY PATRICIA BARRETT Sonny Clearsky from Teulon brought his horses Romeo and Juliet to take revellers around town during Gimli's Re-Discover Christmas festivities last weekend.

# Stonewall council votes to close out reserve fund

By Jennifer McFee

Stonewall council voted in favour of closing out a reserve fund that had been started several decades ago and was no longer being used.

"Up until a few years ago, we had a situation where employees could accrue sick time. Then when they quit or were fired or retired, they would be paid out for their sick days. We ended that practice, so the Town of Stonewall no longer does that, and we paid out any employees that would have time vested," explained Mayor Lockie McLean.

"This is what was left in that reserve,

which was meant to cover out the sick days that were vested. We have no need for a reserve anymore since people aren't allowed to bank sick time and then get a big paycheque at the end of the day. They can't accumulate it and then end up having months of sick days paid out because taxpayers then have to pay for that."

At the Dec. 6 council meeting, the town held a public hearing on the consolidation of the employee benefit reserve fund. No one attended the hearing.

In other news:

• The year-to-date assessed value of building starts in Stonewall is soaring, according to South Interlake Planning District statistics.

"We're going to be more than double this year than what they were last year," McLean said.

"Last year, the new construction value was \$4.4 million. Year to date, it's already at \$7.9 million. There's still another month to go, so we're unbelievably up."

• Stonewall's mayor will pay a visit to a Grade 4 class at Ecole R.W. Bobby Bend School to discuss munici-

pal politics with students as part of their social studies program.

"I think it will be interesting for me and fun for the kids too. When I was a kid, one of the people that inspired me was a guy called Bobby Bend, who the school is named after," McLean said.

"He used to be a superintendent at one time and he was an MLA. When I'd hear him speak at a Remembrance Day talk or to us kids at the school, I used to be mesmerized. It's only when you look back that you realize people that influenced you — and he was one for sure."

# St. Laurent council supports cannabis sales

By Jeff Ward

St. Laurent council approved the request that local business owners Mike and Barb Futros apply for their business to be a potential proprietor of cannabis next year during last week's regular meeting.

Council agreed unanimously to allow the Futros, who own the MTT just south of town, to submit an applica-

tion to begin the process. This application doesn't mean that legal weed will be sold in St. Laurent next year, only that the RM has given approval for an application to sell it to be submitted to the province.

#### Other news in brief

• Council reported that new security cameras and lights have been installed at the St. Laurent Welcome

Centre.

• EDO Tiffany Desjarlais reported that she will be pursuing application for the federal government's new Smart Cities Challenge that awards a grand prize of \$50 million. She said she will be working on an application which will be submitted next year

• Dean Appleyard reported

that the public works department went through a recent training exercise at the waste transfer site on safer handling of hazardous waste. He also said that a grapple hook was rented recently to clear metal debris from the dump. He said that he is looking into the costs associated with putting decals and lights on their trucks for better visibility and recognition.

- Fire Chief Roger Leclerc said that the new lights for the water tanker truck were recently installed.
- St. Laurent recreation director Wendy Scharf reported to council that her grant application for Healthy Together Now for \$2,000 was approved. Scharf said she would use the money to help organize a new recreation expo that is meant to drive interest in new rec opportunities for St. Laurent and beyond.





# TCI students collecting donations for pet rescues

#### **By Jennifer McFee**

A group of Teulon high school students is once again working hard to lend a helping hand.

The Helping Hands group at Teulon Collegiate Institute is collecting petrelated items to distribute to three animal shelters.

During the Holiday Magic Lights parade last month, the group sold baking while also collecting donations for

Grade 12 student Desiree Griffin said that the collection efforts will continue throughout the school year in support of three pet rescues: Before the Bridge, Earthdog Terrier Rescue and Jenn's Furry Friends Rescue.

"This year for Helping Hands, we could pick what we wanted to support, and I really wanted to focus on animals. There are a few other kids that wanted to do that, too, so we all

got put into one group," she said.

"I think that it's sad that there are rescues that need help and can't get the things they need."

The group is collecting monetary contributions as well as donations of pet food, toys, litter, litter boxes, leashes, blankets, paper towels and more. New or gently used items would be gratefully accepted.

On Saturday, Dec. 16 from 11 a.m. to 3 p.m., the Helping Hands group will also be helping Before the Bridge with a fundraising dog wash, Christmas bake sale and adoption event at Pet Valu on Plessis Road in Winnipeg.

Pet-related donations can be dropped off at Teulon Collegiate Institute. For added convenience, arrangements can be made to meet up elsewhere by contacting Griffin at desiree200021@icloud.com.



TRIBUNE PHOTO SUBMITTED

Taylor Bond, Desiree Griffin and Tiegan Smith showcase some of the pet-related items that have been donated.

# Funding announced for community development programs

The province will be providing more than \$2.6 million in grants to projects for non-profit and community-led organizations, community-driven neighbourhood revitalization, and local community development projects, Municipal Relations Minister Jeff Wharton announced this week.

"These are important investments that build and revitalize our communities," said Wharton. "Our government is committed to working with our community groups and supporting projects that will provide long-term benefits to communities and enrich the lives of many Manitobans."

The Manitoba government has committed more than \$20 million in 2017-18 through existing commitments and the recent single-window intake to support community development.

The Community Places program provides funding and planning assistance to build, upgrade, expand or acquire facilities focused on culture, recreation and wellness. Successful grant applicants must also contribute to project costs, often through local fundraising efforts, grants from other sources, or donated labour and materials. This year, 98 community groups from across the province will receive a grant.

This year, six communities were approved for projects through the Partners 4 Growth program, which provides cost-shared funding for regions to identify and pursue economic development opportunities and assist communities and regions to strengthen or diversify economic ac-

A total of 81 projects were approved through the Hometown Manitoba program, which provides financial support for rural and northern community projects initiated by local communities, organizations, co-operatives and businesses that enhance main street public places and building exteriors.

Neighbourhoods Alive! supports and encourages revitalization efforts in designated neighbourhoods across Manitoba in a number of key areas including employment and training, education and recreation, safety and crime prevention, and housing and physical improvements. This year, 37 community-driven projects were supported under the program.

Following thorough consultations and a review, the province revamped its community development programs and created a single portal for application intakes and assessments in 2017. This new process has allowed for better planning and outcomes which help to sustain community efforts in community revitalization, the minister noted.

More information on the programs above and a list of all funded projects can be found at www.gov.mb.ca/mr/ bldgcomm/index.html.



### **Health Care Aide**

This certificate program develops the knowledge and skills you need to become a health care aide. This program will be delivered at the following locations:

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Stonewall Tire\*

#### 377 1st St. E, Stonewall

377 19t St. L, Stoffewall

#### **Stonewall Family Foods** 330-3rd Ave S, Stonewall

Stonewall Veterinary Clinic
4 Dolomite Ave, Stonewall

#### **Quarry Pets**

317 Main St, Stonewall

#### Quarry Ridge Pharmacy

469 1st St, W. Stonewall

#### J.B.'s Small Engine Repair

4 Granite Ave, Stonewall Industrial Park

#### Global Garage & Art House 307 Main St. Stonewall

307 Main St, Stonewan

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### **Annual Christmas Cantata**

The 25th annual Christmas Cantata I'll Be Home For Christmas, held last weekend at Stonewall United Church took the audience back to the Big Band Era for a show set in 1941.

The musical was the story of the faith of a family, and was very comical with the reenactment of radio broadcasts by George and Shelley Matheson, Ray Steen and Leonard Oracheski. The cast of 11, in addition to the 40-person choir, six-person combo, and the solos by Blair Malezdrewich, Mark Olson, Kathryn Baldwin and Kris Debreuil brought the audience to their feet for the finale as they have done year over year. Most of the action took place in the main characters' home, with the choir providing music and drama as it is broadcast over the family radio. The music highlighted the sounds of the '40s, including swing, lush ballads, and big band songs Original music mixed with familiar Christmas favorites including I'll be Home for Christmas, O Holy Night, Hark the Herald Angels Sing, O Little Town of Bethlehem, and I Heard the Bells on Christmas Day.

















TRIBUNE PHOTOS BY LANA MEIER

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# Interesting Earth Ranger animals visit Stonewall school

#### By Jennifer McFee

Youngsters in Stonewall welcomed special visitors to their school in an event that they're unlikely to forget.

Earth Rangers Julia Molnar and Catherine Robert-Frigon paid a visit to Ecole R.W. Bobby Bend School with three interesting animals: Leonard the American kestrel, Dale the pine marten and Crimson the red tegu.

Chris Chaplin, communications manager for Earth Rangers, outlined the essence of the school assembly program.

"The target demographic is between six and 12. The overall mission is to get kids educated and involved in environmental initiatives in a sense that they're able to make effective changes as well," he said.

"It's hands-on, too, so in addition to



Earth Rangers animal ambassador Dale, a pine martin, with his handler Julia Molnar entertained students.

the educational component, there's a very strong engagement component." Many of the kids that experience Earth Rangers programs at their schools will eventually sign up to be-



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Alex Lavallee, left, and sister Kaitlyn Lavallee, middle, got up close and personal with Crimson, the red tegu and his handler Julia Molnar.

come members themselves, he added. their parents to help do small things "They'll participate in missions and that can make a difference like changother initiatives that focus on toping to energy-efficient light bulbs. In ics like energy efficiency and climate change. They'll get kids involved with

Continued on page 18



#### **DECEMBER 13**

École Stonewall Centennial School - 7:00 p.m. Quarry Choristers at Balmoral Church

#### **DECEMBER 14**

Stony Mountain School - 7:00 p.m.

Teulon Collegiate Band & Teulon Elementary Band 7:00 p.m. at TCI

Warren Collegiate Choir & Quarry Choristers 7:30 p.m. at Warren United Church

#### **DECEMBER 18**

Mallard Colony - 7:00 p.m.

#### **DECEMBER 19**

Warren Elementary School - 2:00 p.m. & 7:00 p.m. (storm date December 20th)

Woodlands School - 2:00 p.m. & 6:30 p.m. (storm date December 21st)

École R.W. Bobby Bend, Grade 2 English and French 2:00 p.m. & 7:00 p.m.

#### **DECEMBER 20**

Teulon Elementary School - 1:30 p.m. & 7:00 p.m.

Brant Argyle School, Concert and Lantern Walk 6:00 p.m. Grosse Isle School - 7:00 p.m. at Grosse Isle Hall Lightly Colony -7:00 p.m.

New Haven Colony -7:00 p.m.

Prairie Blossom Colony- 7:00 p.m.

#### DECEMBER 21

Balmoral School - 2:00 pm & 7:00 p.m.

Rosser School - 1:30 p.m. & 7:00 p.m. at Grosse Isle Hall

Concord Colony - 7:00 p.m.

Rock Lake Colony - 7:00 p.m.

#### **JANUARY 17**

Stonewall Collegiate, Band and Choir 7:00 p.m.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall and District Cheerboard volunteers Jacquie Derewianchuk and Mark Shurek were greeted by Stonewall Collegiate students with arms full of non-perishable food items last Friday. The students collected the food at the 5th annual Passing on the Cheer recreational volleyball tournament. The annual fundraiser hosted 40 teams and raised just over \$3,600 that was used to purchase gifts for children under 18 years of age.

# et inspired **FamilyFoods**



Yield: 10 trees 10 cups air-popped popcorn 1 bag (10 ounces) miniature marshmallows

2 tablespoons butter 1 teaspoon vanilla extract nonstick cooking spray green decorating sugar blue decorating sugar 1 tube white frosting with

decorating tip small, colorful candies (such as sprinkles and miniature silver

Place popcorn in large bowl. Place marshmallows and butter in medium saucepan over medium-

#### Phone 467-5553 **Festive Popcorn Trees**

low heat. Stir until marshmallows are melted and mixture is smooth. Remove from heat.

Stir in vanilla extract.

Pour mixture over popcorn in bowl. Toss well to coat popcorn evenly.

Line baking sheet with foil.

Spray hands with nonstick cooking spray then scoop up about 1 cup popcorn mixture.

Shape mixture into cone, keeping base flat to form tree.

Sprinkle tree with decorating sugars; place tree on baking sheet.

Make nine additional trees.

Pipe frosting on trees to make garland then decorate with sprinkles and silver dragees, as desired.

Serving suggestion: Place each tree on sugar cookie and decorate serving tray with shredded coconut to resemble snow.

Notes: For best flavor and color, start recipe with unflavored white popcorn. You can make your own colored sugar by adding food coloring to sugar then stirring in bowl or shaking vigorously in sealed container. Add additional food coloring for more intense tones.

Are you harboring resentment towards a person or situation right now? If you are, it means you are either hurt, angry, feel misunderstood, or that someone is taking advantage of you. Resentment is a bitter feeling that arises when we are not getting something we need.

Unfortunately, it does not do any good. It is like an acid that eats away at its container. When we feel resentful, we tend to replay the events, words or actions that caused upset in the first place. With each replaying, the resentment builds. Other feelings like anger, disappointment, sadness or even hatred may grow stronger.

One who is resentful may share those feelings with others. This adds more energy to the negative situation, and spreads it further. If this happens in a family, community or workplace, it soon pollutes the emotional environment for all.

How then, can one deal with feelings of resentment? First of all, it is important to realize that one has chosen to feel resentful. Yes, it is a choice. Behind resentment there is some blame based on a judgment. Someone is being blamed for not acting according to our best good.

### Harboring Resentment

Often assumptions are made, implying we are not important or valued.

The best antidote for resentment is to put all judgment aside, and see if there is a better way to do things that will feel good for all. Problem solving may get you somewhere: resentment will not. Without attacking, tell the other party how you are feeling, and ask if things could be done differently. This will work if you genuinely want resolution. If you are pounding someone on the head with your feelings, and blaming them for whatever happened, you will likely get a negative response which will only fuel your resentment.

If, for some reason, there is nothing you can do to change the situation, it is best for you not to harbor resentment. Just let it go. Harboring resentment, especially over time, will compromise your health, creating stress, anxiety and a compromised immune system. Focus instead on all that is positive in your life, and how you can bring good energy into your relationships with others. You will feel better, and so will those around you.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www. gwen.ca. Follow Gwen on FaceBook for daily inspiration.

#### **Holiday Popcorn** Snowman



Yield: 5 snowmen

1package (1 pound) large marshmallows 1/4 cup (1/2 stick) butter or margarine, plus additional

1 teaspoon vanilla 10 cups popped popcorn sprinkles (optional) licorice (optional) gum drops (optional) cinnamon candies (optional)

In large saucepan, melt marshmallows nd 1/4 cup butter.

Remove from heat and stir in vanilla. Let stand 5 minutes.

Pour over popcorn and stir mixture. Butter hands well and form into balls. Decorate with sprinkles, licorice, gum drops and cinnamon candies, as desired.

#### Yield: 8 reindeer

cups unsalted, unbuttered popped popcorn

2 1/2 cups mini marshmallows

cup chopped dark chocolate or dark chocolate chips

tablespoons butter or light 2 olive oil

teaspoon salt 1/4

16 pretzel sticks

16 eyeball candies

8 red candy-coated chocolate candies

Place popcorn in large mixing bowl. In saucepan set over medium heat, heat marshmallows, chocolate, butter and salt, stirring often until smooth.

#### **Chocolate Popcorn Reindeer** Toss marshmallow mixture with



popcorn until well combined. Scoop 3/4 cup popcorn mixture

into ball. Repeat with remaining mixture to make eight balls total. Place each ball in paper muffin cup liner.

Insert pretzel stick on each side of ball to resemble antlers, attach two eyeball candies for eyes and red candy for nose. Let cool completely.

Tip: Eyeball candies can typically be found in baking aisles of supermarkets or bulk food stores.



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### **Local Pathfinders learn life-saving skills**

By Natasha Tersigni

Staying true to the Girl Guides of Canada motto of promising to help your community and take action when needed, local Pathfinders took part in a two-day first aid workshop to ensure they are properly educated if they need to lend a hand during an emergency.

Youth in Pathfinders, the second highest level of the Girl Guide program, includes girls between 12 and 14 years. Learning first aid ensures the young women can help during a medical emergency. It helps to empower them and teach life skills they can use throughout their entire lives.

"Learning first aid is very important. They can really make a difference at this age. They are old enough to be able to help if they come across an accident and it is good for them to know the right way to help. Part of the Pathfinder program is teaching them to take that leadership role so they are helping with the younger Spark and

Brownie programs. If they know first aid, they can help the leaders when a situation occurs," said Interlake Girl Guides district commissioner Wendy Pilcher. Pilcher added that in order to earn their Canada Cord, which is the highest achievement in the Pathfinders program, completing and passing a first aid course is a mandatory requirement.

Over the two-day first aid course, held Dec. 8 and 9, the Pathfinders along with other Girl Guide leaders learned how to apply first aid and assist in a variety of medical situations. The workshop taught CPR, how to properly administer an AED, how to assess and treat medical injuries such as breaks, sprains, burns and cuts, and the basics behind common diseases and illnesses such as epilepsy and diabetes.

The workshop allowed the youth to practise first aid trying various techniques, and at the end of it, they took a written exam. Those who passed not



TRIBUNE PHOTO BY NATASHA TERSIGNI

Kadence McKay, right, learns how to apply a splint to Dayna Van Steelant during the Pathfinders first aid workshop held last weekend to teach local Girl Guides valuable skills needed to provide medical care during an emergency.

only earned their first aid badge but also received their Red Cross Standard First Aid certification.

Much like the Girls Guide guiding principal, the first aid course is a way for the participants to continue to learn to make a difference in their community when needed.

"We are a service club, and throughout the year, we take part in different events and activities within the community. Our goal is to teach these girls and young women how to contribute to society," added Pilcher.

The Girl Guides of Canada program is open to girls and young women starting at the age of five. Through the various levels, Sparks (ages 5 and 6) Brownies (ages 7 and 8), Guides (ages 9 to 11), Pathfinders (ages 12 to 14) and Rangers (ages 15 to 17), the youth are challenged to make a difference in their community and learn valuable skills that they can use for the rest of their lives.

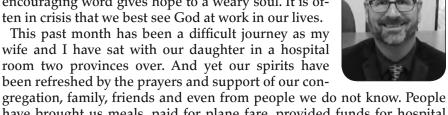
The local Girl Guide program meets in Stonewall. For more information, go to www.girlguides.ca.

# worship with us > FAITH

# **Refreshing The Spirit**

The oasis refreshes the one who has wandered in the desert; the rain gives life to a dry and thirsty land; an encouraging word gives hope to a weary soul. It is often in crisis that we best see God at work in our lives.

This past month has been a difficult journey as my wife and I have sat with our daughter in a hospital room two provinces over. And yet our spirits have been refreshed by the prayers and support of our con-



have brought us meals, paid for plane fare, provided funds for hospital parking and meals, and kept in touch to see how we are doing. As we try to encourage our daughter during this difficult time, we have been encouraged by so many. And to each one, we thank you, for without you, this journey would have been that much harder. We have been refreshed, and I have seen God at work in many ways.

The Apostle Paul knew what it was like to go through hard times and be refreshed by God through the encouragement of others. He writes "I was glad when Stephanas, Fortunatus and Archaicus arrived ... for they refreshed my spirit.... Such men deserve recognition" (1 Cor. 16:17-18). Later he praises "the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God" (2 Cor. 1:3-4).

Some of you have had an exceptionally hard year and I empathize with you. My heart goes out to you and I pray that, through it all, you will see God at work in your life through others. And as you are encouraged, may you lift someone else's spirit for"a generous person will prosper; whoever refreshes others will be refreshed" (Prov. 11:25).

Dr. John Harrison Chair of Stonewall Ministerial Pastor of Spiritual Development New Life Church, Stonewall johnharrison@mymts.net



other cases, it might be planting pollithings for the better." nator gardens for bees," Chaplin said.

"It has good results. Some of the analysis that we've done over the years shows that a lot of our members are more likely later in life to contribute to positive change in one way or another from the initial exposure to activity and engagement in that stage of life between the ages of six and 12."

The kids' conservation organization is based out of Ontario but Earth Rangers engage kids straight across the country, with more than 150,000 members spread over every province and territory.

"There's a huge variety of different programs and they adapt them for different places. So for Manitoba, there are more specific programs and information that are tailored to those places," Chaplin said.

"It's trying to look at what's happening in people's backyards as well and provide some information to help us understand the issues. There are activities that can help in that understanding but also can help change

Guidance counsellor Heather Sanche said the program was well received by the students at Ecole R.W. Bobby Bend School.

"It was really well done and well worth it. There was lots of good information and the kids enjoyed it," Sanche said. "The live animals, of course, were very popular."

The students learned that kestrels are the only North American falcons that hunt by hovering. They can chase other birds in flight, but they usually hunt insects from a perch.

Pine martens, members of the weasel family, live in mature forests where they dine on small mammals and birds.

The red tegu is considered the most intelligent of all lizards. They originate in forest-edge savannahs and rainforests in Argentina, Brazil and Uruguay. In South America, they've been killed for their skins for 25 years and they're one of the most exploited reptiles in the world.

# SDOPES Recreation of the state of the state

# Fossay selected to graduating all-star volleyball event

Staff

Matt Fossay was selected to represent the Warren Collegiate Wildcats at the 2017 Grad All-Star volleyball event last Saturday.

Fossay was among the top graduating varsity boys' volleyball players for the MHSAA's "A/AA/ AAA" schools.

He was part of the Wildcats' recent bronze-medal performance at the "AA" provincials in Warren.

Two other Wildcats — Mitch Allen and Austin Holod — were among five players that received honourable mention for the event.

The banquet was hosted at Celebrations Dinner Theatre while the games were played at St. Paul's High School.

Also presented at the Grad All-Star Event was the Stefan Savoie Memorial Scholarship.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Wildcats' Matt Fossay was selected to represent Warren Collegiate at the 2017 Grad All-Star volleyball game last Saturday.

# Senior mixed curling bonspiel held in Stonewall







TRIBUNE PHOTOS BY STEPHANIE DUNCAN

The Stonewall Senior Mixed Curling Bonspiel was held Dec. 4-6 at the Sunova Curling Rink. Left photo: the first-event winner was Mark Tronrud's rink of Christine Tronrud, George Williams and Shirley Williams. The runner-up in the first event was skip Nancy Drad and her team of Joanne Carman, John Tataryn and Alice Meier. Middle photo: the second-event winners featured skip Bill Kitching, Lawrie Hogg, Marianne Cherniak (missing from photo) and Avis Meier (missing from photo), while the runner-up was skip Peter VanKemenade (William Toback, Phil Brauen and Therese Dandeneau). Right photo: the third-event winners included skip Bill Smith and his rink of Howard Hilstrom, Irene Dare and Henry Meier. The runner-up of the third event was skip Arlene Deprez and her team of Ivan Miller, Marilyn Miller and Tom Woodward.

# Spots Specreation INSIDE > OUTSIDE > UPSIDE DOWN



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Lightning's Rhett Woods (12) scored Interlake's lone goal in their 9-1 loss to the Winnipeg Warriors last Thursday in Stonewall.

# Lightning bitten by Sharks in City Midget play

Staff

The Interlake Lightning are getting closer to securing their first City Midget win of the season.

Interlake battled hard in a 1-0 home loss to the Winnipeg Sharks last Sunday in Warren.

After two scoreless periods, the Sharks' Tyler Carvalho scored the game winner on the power play at 17:31 of the third.

Winnipeg outshot Interlake 30-28 as Cody Williams made 29 saves in the Lightning goal.

Last Thursday, the Lightning lost 9-1 to the Winnipeg Warriors in Stonewall. Rhett Woods scored Interlake's only goal.

Interlake (0-20) is back in action Friday when it plays the second-place Winnipeg Hawks (12-5) at the Seven Oaks Arena. Game time is 7:30 p.m.

The Lightning will then host the Eastman Selects (9-5) on Sunday in Warren. Puck drop is 3:30 p.m.

# Stovin selected as Canada West second star

Staff

The Canada West conference named its Three Stars of the Week for the period ending Dec. 3 and University of Manitoba Bison Brett Stovin was named the second male star.

Stovin, 23, is the first Manitoba male athlete named to the 2017-18 conference weekly honour.

In his third season with the Bisons, Stovin was a big contributor in Manitoba's two road victories over the UBC Thunderbirds earlier this month.

He scored twice (one was shorthanded) and added three assists in two games. Stovin was a plus-five – scoring twice while adding an assist - with seven shots while being named the game's first star in a 7-3 victory Dec. 1.

The next night, the Stony Mountain product added two assists in a 6-3 road win. Stovin now has three goals and eight assists in 16 conference games.

The Bisons (9-5-2) are currently in third place in the Canada West standings. Manitoba will resume conference action Jan. 5-6 when they host the No. 1-ranked Alberta Golden Bears (15-1-0).



TRIBUNE PHOTO SUBMITTED

Stony Mountain's Brett Stovin was recently named the Canada West second male star.

# Thunder girls' football announces changes to age divisions

Submitted by the Interlake Thunder

The Interlake Thunder are pleased to announce that our proposal to the Manitoba Girls Football Association to adjust the Junior age group from 10- to 13-year-olds and the Senior age group from 14- to 17-year-old athletes was passed with a substantial majority of 5-2.

The Thunder are members of the Manitoba Girls Football Association spring tackle league.

The MGFA is a league with registration occurring in March, followed by training camp in April.

Meanwhile, the Thunder will be holding weekend workouts beginning in late January/early February in the Stonewall Collegiate gymnasium. Dates and times are still to be determined.

In other news, the Thunder's annual trip to a Manitoba Moose game will be Jan. 14 (2 p.m. puck drop) against Iowa. Ticket information will be available shortly.

All returning Interlake junior and

senior veterans, as well as anyone interested in participating in 2018, are welcome to attend our off-season training and events.

Anyone interested in participating with the Interlake Thunder girls' program or, would like more information, can contact Joel McDonald at president@interlakethunder.org.

# Spotside > OUTSIDE > UPSIDE DOWN

### Interlake well represented at **MJHL Showcase**

**Staff** 

The Interlake was well represented at this past week's 2017 Old Dutch — MJHL Showcase that took place at the Bell MTS Iceplex.

This was the 14th consecutive year that the MJHL has staged this event.

For the players, these games were a very important step in attracting the attention of the many college, major junior, university and pro team scouts in attendance from across North America.

The following is a list of Interlake players who play in the MJHL and were expected to participate in the MJHL Showcase:

Griffin Chwaliboga - Neepawa Natives (Arborg), Hayden Dola - Selkirk Steelers (Winnipeg Beach), Noah Basarab - Swan Valley Stampeders (Gimli), James Maxwell - Swan Valley (Stonewall), Jack Einarson - Virden Oil Capitals (Gimli), Brayden Pawluk - Virden (Teulon), Riley Vautour -Waywayseecappo Wolverines (Stony Mountain), Wayde Johannesson -Waywayseecappo (Arnes), and Adam Swan - Winnipeg Blues (Ashern).

Each MJHL team played two regular-season games during the Showcase event which gave the players an opportunity to showcase their talents through playing meaningful mid-season games.

"This event has generated significant interest among scouts from both professional hockey to college levels," MJHL commissioner Kim Davis said in a media release.

"For many players, our Showcase is a highlight to their season. It allows them to showcase their talents with dozens of scouts evaluating."

Many rural fans from around the league travelled to Winnipeg to take in the Old Dutch Showcase as they had the unique opportunity to watch all 11 MJHL teams in action.

For scouts and evaluators, meanwhile, the event provided an efficient and economical way to watch every team and evaluate every player in the MJHL in one convenient location.



Griffin Chwaliboga



Hayden Dola



Noah Basarab



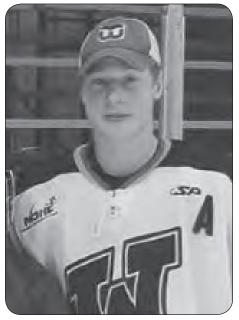
Wayde Johannesson



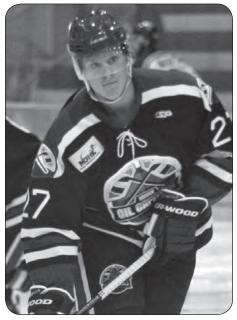
Jack Einarson



Adam Swan



**Riley Vautour** 



Brayden Pawluk



James Maxwell

Tribune

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# More goal scoring on Jets' Christmas wish list



TRIBUNE PHOTO BY LANA MEIER

The Jets' Brendon Burnett closed the gap to 5-3 with a goal early in the third period against the Pembina Valley Twisters last Friday.

#### By Brian Bowman

If the Stonewall Jets have a wish for Santa this year, it probably would include some more goal scoring.

Stonewall has scored just six goals in its last three games — all losses — in Manitoba Major Junior Hockey League action.

The Jets' goal-scoring woes contin-

ued Sunday with a 5-2 road loss to the Ft. Garry/Ft. Rouge Twins.

Stonewall's Chase Faulkner scored his team-leading 17th goal of the season in the second period and then teammate Aiken Chop added a third-period marker.

Nolan Libbrecht, Cole Zadro, Zach Odwak, Zach Bailey and Jared Bucci scored for the Twins.

Last Friday, the Jets were doubled 6-3 at home by the Pembina Valley Twisters.

Quade Froese gave the visitors a 1-0 lead with a shorthanded goal just 5:11 into the contest.

Faulkner replied about 10 minutes later but the Twisters' Brendan Keck and Michael Wirth tallied late in the opening period.

Pembina Valley increased its lead to 5-1 as Elijah Carels and Keck scored before Bryce Stovin answered with his fifth goal of the campaign at 17:45 of the middle frame.

Stonewall's Brendon Burnett closed the gap to 5-3 with a goal early in the

third before Carels added an emptynet goal at 18:37.

The Jets, now 14-9-1 and in fourth place with 29 points, will host the St. Vital Victorias Friday (7:30 p.m.) and then visit the St. James Canucks on Sunday (2:45 p.m.).

Stonewall will wrap up league play before the holiday break with a home game against the last-place River East Royal Knights on Dec. 22.

In MMJHL trade news, Stonewall acquired Mason Hobson from the Transcona Railer Express on Dec. 7. Another deal saw River East acquire Tyler Virkus from the St. Vital Victorias on Dec. 2.

### **Mercs blank Maroons in SEMHL play**

#### Staff

Shutouts are rare in senior hockey but the Mercs turned the trick on Saturday evening in Warren.

Travis Bosch was perfect in goal to earn the shutout. He now had a 4-2 record and a 3.42 goals-against average.

Warren's Brock Genyk scored late in the first period, assisted by Bryn Lindsay and Dylan Hykawy, and then Trent Genyk and Wes Pawluk tallied in the second.

Brayden McDonald assisted on both of those second-period goals while

Reid McLeod added a helper.

There were just five minor penalties called in the game, two to Warren.

With the win, the Mercs vaulted into a tie for first-place in the South Eastern Manitoba Hockey League standings with the Altona Maroons.

Both teams now have 5-3 records and 10 points. That's a point ahead of Notre Dame (4-2-1) and two in front of Portage (4-5).

Warren hosted the sixth-place Carman Beavers on Saturday at 8 p.m. and then will play at Portage on Dec. 22.

# **Lightning lose to Capitals in OT**

#### By Brian Bowman

When the Interlake Lightning Provincial Midget hockey team puts three strong periods together, they can compete with anybody in the Manitoba AAA Midget Hockey League.

They proved that twice last weekend.

Interlake played real well in a 3-2 overtime loss to the Central Plains Capitals in Teulon on Sunday.

Reilly Funk scored the game winner on the power play in OT.

Interlake's Dylan Fontaine had tied the score at 2-2 with a power-play goal of his own at 19:23 of the third period.

Fontaine opened the game's scoring at 13:25 of the first period but Central Plains came back with a second-period goal by Tyler Van Deynze and a third-period marker from Mitchell Wilson.

Wilson's goal came at 15:49 of the third.

On Saturday, Interlake lost 5-2 at home to the first-place Brandon Wheat Kings.

Brandon led 3-2 in the third period before they scored twice to seal the victory.

Rylan Thiessen, Nolan Ritchie, Carter Sawchuk, Lynden McCallum, and Tanner Morrison scored for Brandon.

Gabe Odowichuk led Interlake with a goal and an assist while Eric Krywy scored the Lightning's other goal. Jagger Bonkowski and Hunter Halcrow also had assists for the Interlake in the game.

The Lightning (5-17-0-1-0) were looking to snap a six-game losing streak when they hosted the Winnipeg Thrashers on Wednesday.

Interlake will then hit the road this weekend to play Southwest in Virden on Saturday (7:30 p.m.) and Yellowhead in Shoal Lake Sunday (2:30 p.m.).

Manitoba Hockey Standings															
MANITOBA JUNIOR HOCKEY LEAGU Steinbach Pistons Winkler Flyers		W 23 22	L 7 10	<b>OTL</b> 1 0		<b>GF</b> 156 117	<b>GA</b> 81 74	Central Plains Kenora Interlake	24 25 23	8 7 5	13 15 17	1 0 1	19 17 11	80 71 53	94 94 111
OCN Blizzard	33	20	11	2	42	118	102	Norman	27	1	25	0	3	73	182
Portage Terriers	31	19	10	1	40	123	80	AAA CITY MIDGET HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Virden Oil Capitals Selkirk Steelers	30 31	19 17	10 11	1	39 37	135 118	92 103	Monarchs	17	17	0	0	34	125	29
Winnipea Blues	31	14	13	3	32	105	119	Hawks	17	12 9	5	0	24	91	54
Neepawa Natives	33	14	17	2	30	117	128	Selects Sharks	14 14	6	5 7	1	18 13	73 38	51 58
Swan Valley Stampeders	28	13	12	3	29	82	96	Warriors	18	6	12	Ó	12	59	84
Dauphin Kings Waywayseecappo Wolverine	33	8 5	23 27	1 2	18 13	81 79	150 206	Lightning	20	Ō	20	Ō	0	24	134
MANITOBA MAJOR JUNIOR		J	21	2	13	15	200	AAA BANTAM HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
HOCKEY LEAGUE	GP	w	L	ОТІ	PTS	GF	GA	Monarchs	19	16	2	1	33	114	45
Raiders Jr. Hockey Club	25	20	2	3	43	94	45	Hawks	20 19	16 15	4	0	32 32	149 99	55 41
Charleswood Hawks	24	17	4	3	37	68	42	Sharks Selects	15	11	3	0	23	99 89	29
Transcona Railer Express	25	16	7	2	34	98	73	Lightning	23	7	16	0	14	71	139
Stonewall Jets St. James Canucks	24 25	14 13	9 11	1	29 27	77 77	65 72	Warriors	16	0	15	Ō	1	28	98
St. Vital Victorias	94	MANITOBA FEMALE MIDGET AAA													
Pembina Valley Twisters	24 24	12 11	12 11	0	24 24	83 99	93	HOCKEY LEAGUE		Reg W	Reg L	T	0TW	OTL	Pts
Ft.Garry/Ft.Rouge Twins	25	11	13	1	23	70	68	Winnipeg Avros	15	8	4	-	3	-	22
St. Boniface Riels	25 25	7	15 22	3	17 5	69 39	92 130	Westman Wildcats Yellowhead Chiefs	15 14	8 9	4	-	1	2	20 19
River East Royal Knights		-	22	- 1	Э	39	130	PV Hawks	15	7	6	-	1	i	17
KEYSTONE JUNIOR HOCKEY LEAGUE Central Division GP W L OTL PTS GF GA						GA	Eastman Selects	14	7	6	-	-	1	15	
Central Division Peguis Juniors	<b>GP</b> 16	<b>W</b> 14	<b>L</b> 2	011	28	<b>ur</b> 126	43	Central Plains	15	5	7	-	1	2	14
Arborg Ice Dawgs	17	11	4	2	24	75	57	Interlake Lightning	14	-	13	-	1	-	2
Fisher River Hawks	18	1	17	0	2	35	158	MANITOBA HIGH SCHOOL H							
North Division	GP	W	Ļ		PTS	GF	GA	Winnipeg Free Press #2 Division Sanford	GP 12	<b>W</b> 9	L 2	011	PTS 29	<b>GF</b> 38	GA 18
OCN Storm Cross Lake Islanders	18 17	13 8	4 9	1	27 16	150 115	69 84	Shaftesbury	14	8	4	0	28	58 51	40
Norway House North Stars	17	2	14	1	5	54	193	College Beliveau	12	8	3	0	26	49	34
South Division	GP	W	Ĺ	OTL	PTS	GF	GA	Steinbach	12	8	2	1	26	52	32
Selkirk Fishermen	18	14	1	3	31	96	50	St. Paul's 2	12 15	6	1 6	1	25	28	19
St. Malo Warriors Lundar Falcons	17 18	9	5 7	3	21 19	78 78	55 83	Fort Richmond Westwood	15	5 5	5	1	21 20	48 60	49 61
North Winnipeg Satelites	18	7	11	0	14	74	89	Kildonan East	12	5	4	ī	19	44	41
SOUTH EASTERN MANITOB		•		•			00	Glenlawn	12	4	4	1	18	50	43
HOCKEY LEAGUE	GP	w	L	OTL	PTS	GF	GA	J.H. Bruns	15	3	9 5	0	15	49 34	64
Warren	8	5	3	0	10	33	28	College Jeanne Sauve Stonewall	11 15	2	ວ 13	2	14 6	34 26	28 63
Altona	8	5	3	0	10	31	28	West Kildonan	12	1	10	0	5	19	56
Notre Dame	7 9	4	2	1	9	31 30	27 34	MANITOBA HIGH SCHOOL H	ncki	FV					
Portage Morden	7	4	3	0	8	29	18	Price Division		W	L	OTL	. PTS	GF	GA
AAA MIDGET HOCKEY LEAGUE	GP.	w	Ĺ	OTL	-	GF	GA	Murdoch MacKay	16	14	2	0	42	93	36
Brandon	25	23	2	011	46	134	57	Leo Remillard	15	12	2	0	38	85	42
Wild	25	20	3	1	42	140	57	Pierre Elliott Trudeau Louis Riel	14 13	10 5	4 5	0	30 19	50 48	32 49
Bruins	24	18	5	1	37	98	70	Linden Christian	13	6	6	1	19	40	54
Eastman Thrashers	25 29	17 15	6 13	1	36 31	104 98	77 112	John Taylor	15	5	9	1	16	44	56
Yellowhead	29 25	14	11	0	28	98 89	71	Lorette	14	3	11	0	9	37	87
								Warren	13	2	10	0	8	47	65
Pembina Valley	25	13	10	1	28	84	85								
	25	13 12 11	10 12 13	1 1 0	28 25 24	84 81 82	85 79 98	Sisler STATS AS OF TUESDAY, DEC	13	1	9	0	8	45	68



# High school hockey teams lose close games

#### By Brian Bowman

The Warren Collegiate Wildcats had a five-minute stretch that they would like to forget in their Winnipeg High School Hockey League game against Leo Remillard last week.

Warren gave up four goals in the latter stages of the second period in a 5-4 road loss Dec. 6.

"We came out really well in the first period and they played how I wanted them to," said Wildcats' head coach Matt Scrutton.

The Wildcats led 1-0 on a first-period goal by Reid Weatherburn.

Leo Remillard's Evan Laurencelle and Warren's Nick Prystupa traded power-play goals but then the home side would score the game's next four

"We got caught in our own zone for an extended period of time and allowed some goals," Scrutton recalled.

Sam Andrychuk, Remi Arnal and Justin Riet with a pair (one on the power play) scored to stake Leo Remillard to a 5-2 lead.

Weatherburn and Prystupa pulled the Wildcats to within a goal with third-period markers.

The loss was kind of indicative of how the Wildcats' season has gone so far. Warren will play really well in stretches but will often have a letup that costs them some goals.

"Even in the 6-1 games that we've

lost, or the bigger losses, it's been close for much of the game," Scrutton said, noting the Wildcats continue to get better as a team.

Warren played Murdoch Mackay on Wednesday and will host John Taylor on Monday at 3:15 p.m. The Wildcats will then battle Linden Christian on Tuesday with a 4:15 p.m. start in War-

The Stonewall Collegiate Rams, meanwhile, were blanked 2-0 by the St. Paul's Crusaders in league play on Dec. 6.

After a scoreless first period, St. Paul's Mikko Vorster and Kyle Dech scored just 46 seconds apart midway in the second.

In tournament action, Stonewall lost 2-1 to the St. Paul's Crusaders in the consolation final of the Royal Oak Division at a Brandon tournament last weekend.

The Rams started the playoff round with a 3-2 loss to Brandon's Vincent Massey and then edged St. John's Ravenscourt 2-1.

The Rams had a 1-1 record in pool play, hammering the Red Lake Rams from Ontario 7-0 and then losing 5-1 to the Kelvin Clippers.

Stonewall played College Beliveau on Wednesday but no score was available. The Rams will then host Glenlawn on Friday. Puck drop is 4 p.m.

# Midget Lightning battle hard at female Showcase

#### **Staff**

The Interlake Lightning Midget female team finished with an 0-3-1 record at Hockey Manitoba's AAA Showcase event last weekend at the Bell MTS Iceplex.

The Lightning began action Friday, playing to a 2-2 draw with the Weyburn Gold Wings.

Payton Mabee gave Weyburn a 1-0 first-period lead but Interlake's Nori Sigvaldason replied with a powerplay goal in the second.

Jamie Johnson and Anna Shewchuk

assisted on the Lightning goal.

Interlake's Maggie Medock scored at 8:36 of the third, assisted by Brenna Barlyski, but Weyburn's Sierra Moroniuk answered with the equalizer just 52 seconds later.

Rachel Parson made 24 saves for the Lightning. Interlake was 1-for-10 on the power play while Weyburn finished 0-for-5.

On Saturday morning, the Lightning was shut out 3-0 by the Melville Prai-

Jaydea Guenter-Belte, on the power

play, and Cassidy Entz scored in the first period and then Taylor Halarewich tallied with the man advantage in the third.

Parson was busy in goal, stopping 42 Melville shots.

Later that evening, the Lightning lost 6-1 to the Pembina Valley Hawks.

Pembina Valley's Kendall Manness scored the lone goal of the first period and then the Hawks went up four goals as Hannah Petrie, with a pair, and Kaila Powell tallied.

Interlake cut into that lead with a

goal from Barlyski, assisted by Loren Proven.

The Hawks then put the game out of reach, though, with third-period goals from Sage McElroy-Scott and Petrie.

Parson made 21 saves in the loss.

Interlake closed out action Sunday with a 2-0 defeat to Pilot Mound Academy.

Mychaela Pitta potted a first-period power-play goal for Pilot Mound and then Gracie Perry added a shorthanded marker in the second.

Parson stopped 24 shots in the game.

# Bantam female Lightning winless at Showcase event

Goals were very hard to come by for the Interlake Lightning at Hockey Manitoba's Bantam Showcase event at the Bell MTS Iceplex last weekend.

Interlake scored just two goals in three games — all losses — while being outscored 20-2.

The Lightning started Showcase action with a tough 10-1 loss to the Winnipeg Titans last Friday.

Winnipeg led 2-1 after the first period and then added three more in the second and five in the third.

Brooke Wadge scored Interlake's lone goal.

Martina Barclay (four), Raegan Yewdall (two), Kara Yackel (two), Rachel Gottfried and Natalie Chivers replied for the Titans.

Barclay scored all three of the game's second-period goals during a 6:18

Interlake was outshot by a wide 51-7 margin.

On Saturday, Interlake was blanked 2-0 by the St. Vital Victorias.

Rylee Konowalchuk scored in the

second period and then Norah Collins added an empty-net goal in the

Anya Epp made 26 saves for the In-

The Lightning then wrapped up play with an 8-1 loss to Pembina Valley Hawks on Sunday.

Pembina Valley's Alyssa Matthews scored a first-period goal and then Jaina Velchir tallied in the second. Cambree Martens made it 3-0 early in the third.

Interlake answered with a goal (the

goal scorer was not listed on Hockey Manitoba's website) early in the third but a tight 3-1 game was blown wide open as the Hawks scored the final five goals of the game.

Zoey Pearce scored two of those goals while Annika Braun and Hunter Desrochers added singles. The sixth Pembina Valley goal scorer was not listed in the scoring summary.

Katelyn Dorsch and Epp split the goaltending duties for the Lightning.

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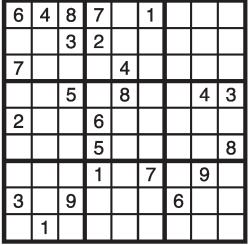
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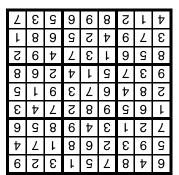


#### Fun By The Numbers

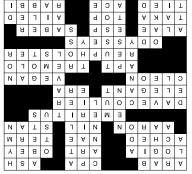
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and but vour sudoku savvy to the test!

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!







**Crossword Answer** 

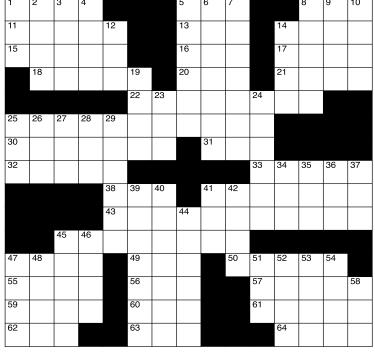
## CROSSWOR

#### **CLUES ACROSS**

- 1. Member of a Semitic people
- 5. Certified public accountant
- 8. Residue
- 11. Sayings attributed to Christ
- 13. The products of human creativity
- 14. Listen to
- 15. Longed
- 16. No (Scottish)
- 17. Descriptor
- 18. Yankees' sensation Judge
- 20. Zero
- 21. Comics legend Lee
- 22. Honorary title holder
- 25. "Uncle Joey"
- 30. Graceful and stylish
- 31. Pitching term
- 32. Former Mets outfielder Jones
- 33. One who avoids animal products
- 38. Quick to learn
- 41. Mechanism in an organ
- 43. Redo with new materials
- 45. Epics
- 47. Wings
- 49. Extrasensory perception
- 50. Cavalry sword
- 55. Bangladeshi monetary unit
- 56. Not the bottom
- 57. Afflicted
- 59. Bound
- 60. One who is highly skilled
- 61. Jewish spiritual leader
- 62. Tall, rounded vase
- 63. Liturgical language of Hinduism (abbr.)
- 64. Cheek

#### **CLUES DOWN**

- 1. Pie mode
- 2. Portuguese cape



- 3. Ottoman military title
- 4. Movable frame used in burials
- 5. Type of coal
- 6. A treeless grassy plain
- 7. Artist's workroom
- 8. Assists
- 9. Protein-rich liquids
- 10. A song of praise to God
- 12. Much \_\_ about nothing
- 14. Japanese city
- 19. Atomic number 10
- 23. Egyptian goddess
- 24. Go places
- 25. Having ten
- 26. Complete
- 27. Automotive belt
- 28. Psyche
- 29. Melodious bird

- 34. Medical personnel
- 35. Acquired
- 36. Type of beverage
- 37. Neither
- 39. Spanish monetary units
- 40. Small area of grass
- **41. Your**
- 42. Diana \_\_\_, singer
- 44. Salt's partner
- 45. Made of wood
- 46. No longer alive
- 47. Alaskan island
- 48. Wild animal's resting place
- 51. Swiss river
- 52. Partiality
- 53. "Luther" actor Idris 54. UNLV's "Runnin' \_\_"
- 58. Criticize

# CASSIFICAS Tribune



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Do you know somethis Christmas season who heats with firewood and is a bit short on funds? Maybe that pesky Grinch got their firewood? Firewood Manitoba is starting our "Neighbour-Wood" program this vear where in each Decemweek of ber we donate and deliver one cord of seasoned firewood to someone in need. Just email clint@firewoodmanitoba.ca or call 204-453-7788 with who you would like to nominate and why. We can even deliver when they're not home if you'd like it to be a surprise (sorry, Santa suited delivery driver not available) Thank you for thinking of others and

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have a very Merry

Christmas!

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#### **HELP**

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restaurant waitress. Expreferred. perience Contact Sheri at Rockwood Motor Inn 204-467-2354.

Part time kitchen help required 3 days a week at Sig's Grill, Stonewall. rience Call or email Peter 204-227-9303 peteryrjang@gmail.

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Stonewall Teulon

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Assistant required at Pizza Den Restaurant & Lounge, General team leader, hands onmaking pizza dough and pizzas, working the pizza oven. Days, evenings, weekends. experience required. Apply with resume robert. magnifico@gmail.

Part time

Expepreferred.

#### HELP WANTED

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I am a 12-year-old girl from Stonewall area searching for employment babysitting kids 10 & under. have my babysitting course, some great experience with babysitting & an asinstructing sistant learn to skate in Balmoral and Warren. If you have any interest please contact me at 204-461-4511.

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#### THE RURAL MUNICIPALITY OF ST. LAURENT CAREER OPPORTUNITY

#### **Assistant Chief Administrative Officer** (Finance & Administrative)

The Rural Municipality of St. Laurent is inviting applications for the fulltime position of Assistant Chief Administrative Officer (ACAO).

The ACAO will assist in the management and implementation of all aspects of daily municipal finance and administration. We are seeking an individual that has advanced skills in accounting, and has the ability to lead, oversee and implement organizational administration, assisting, reporting to and taking direction from the CAO. A high level of ability to communicate and assist staff, council, and the public will also be expected from the successful candidate and excellent human resource skills will be required.

The ACAO will be expected to assume the authority and duties of the CAO in an acting capacity when the CAO is absent. Assuming the roles and responsibilities of other staff in extended absence may also be required from time to time.

Assets considered: CMMA course certification or extensive experience in local government/public sector environment; high-level accounting and managerial skills/background; knowledge of federal, provincial and municipal legislation; extensive computer and software (accounting and Microsoft) experience; political and financial acumen; and an individual who has excellent French language communication skills as well would be ideal.

The successful candidate can expect a salary and benefit package reflective of their experience and qualifications, starting at no less than \$21.00 per hour. Interested individuals may submit a cover letter\* and resume with three references to:

Hilda Zotter

Chief Administrative Officer The Rural Municipality of St. Laurent 16 St. Laurent Veterans' Memorial Road (Inside St. Laurent Recreation Centre) P.O. Box 220, St. Laurent, Manitoba ROC 2SO E-mail: cao.rmstlaur@mymts.net Fax: 204-646-2705

\*IMPORTANT: In your cover letter, please briefly describe each of your assets that would make you the ideal candidate for this position.

If you have any questions, please call the CAO at 204-646-2259. A complete job description is available upon request.

The deadline for submitting your Resume is Thursday, December 21, 2017 at 4:30 p.m. however this posting will remain open until a suitable candidate is found. The position is to commence in January 2018.

We thank all that apply, however only those selected for interview will

#### THE RURAL MUNICIPALITY OF ROCKWOOD

#### **EMPLOYMENT OPPORTUNITY**

#### REQUEST FOR PROPOSAL

The Rural Municipality of Rockwood is seeking a Request for Proposal for Building Custodian / Janitorial Services at the Administration Office, 285 Main Street, Stonewall.

The Custodian / Janitor will be responsible for a variety of duties relating to the day to day custodial requirements for an Office Building.

Proposals should be marked "Request for Proposal for Custodian / Janitorial Employment at the RM of Rockwood Administration Office".

Forward proposals, no later than 4:00 p.m. on December 22, 2017, to:

Attention: Chris Luellman, CAO The Rural Municipality of Rockwood

285 Main Street, Box 902, Stonewall, MB, R0C 2Z0

Telephone: 204-467-2272 Fax: 204-467-5329 Email: info@rockwood.ca

Thank You to all Applicants for your interest, however, only candidates selected for interviews will be contacted.

Chris Luellman, CAO

The Rural Municipality of Rockwood

# Classifieds

### Tribune

### Announcements

#### MISCELLANEOUS

Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, Leasing & Financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, Mb. 1-888-685-3127.

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Powertec Solar, Consumer Choice Award winner, "Top Solar Company," contact us for a free estimate and let us explain the - Powertec advantage: www.powertecsolar.ca 204-809-8703.

#### SHOP LOCAL



Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

Call 204-467-5836

#### **NOTICES**

Winners of the Warren Minor Hockey Bartender Delight Raffle that was drawn on Dec 9th are: 1st -Janet Bangle; 2nd -Nancy Maclellan and 3rd - Ernie Braun.

#### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or email stonewoodelk@ hotmail.com

#### FARM PRODUCE

Local honey for sale. Sold in various sizes, 1 kg. & up. Call 204-461-1267.

#### FOR SALE

Small square prime Alfalfa June Courtney grass, small square prime Alfalfa, and small square Oat and Flax straw. Leave message call 204-482-5101.



#### ANNOUNCEMENT

#### BIRTH ANNOUNCEMENT



Aubrey Kate Sawatzky
Adam, Allana and big brother Jase are
excited to announce the safe arrival of
Aubrey Kate Sawatzky.

Born November 14th weighing 6 lbs 3oz and 18" long. Proud grandparents are Allan Sund, John and Rose Sawatzky, Janice and Ron Gulay as well as great-grandmas Dorothy Sund and Aileen Blyth.

Welcome to the world our sweet baby girl!

#### ANNOUNCEMENT





A Very Happy Birthday to one of my OLDEST Friends!

And on the bright side....
You really could rock the mullet!

#### ANNOUNCEMENT

#### **IN MEMORIAM**

Gail Holobush March 9, 1939 – December 18, 2007 It's been 10 years

It's been 10 years Since you left us

Every day in some small way, We miss you more than words can say. In our hearts you will always stay, Loved and remembered every day.

-Sadly missed by Walter and Brian

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#### **ANNOUNCEMENT**

#### **CARDS OF THANKS**

Patricia Tanchak

We the family of the late Patricia Tanchak would like to express our utmost and sincere thanks and appreciation for the support from our family and friends in our local and surrounding communities by the expressions of sympathy, flowers, donations and meals prior to and after the passing of my wife, mom, special amma and aunt.

Special thank you to Dr. Graham, nurses and staff at Stonewall Palliative Care; Dave Citulsky and staff at MacKenzie Funeral Home and to our pastors Nathan Young and Ron Hagglund. Thanks also to the Ladies Auxiliary of the Stonewall Legion for the lunch after the service.

Always remembered.
Love you forever my wife, my sweetie.
Wonderful Mom.
World's greatest Amma.
-Ralph Tanchak;
Jonathan, Carolyn and family;
Larissa, Mike Higuchi and family;
Julianne and Brad

#### ANNOUNCEMENT

#### IN MEMORIAM

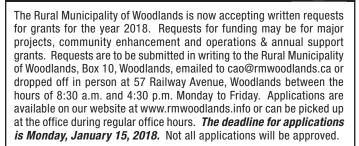


In Loving Memory Matthew MacIntyre

December 18, 1984 – September 6, 2012
Our hearts still ache in sadness,
Our secret tears still flow;
What it meant to lose you,
No one will ever know.
December 18, 2017 Matthew would be 33.
Forever held close in our hearts.
Loved dearly and so sadly missed.

-Mom, Dad, Tracey family and friends

# The Rural Municipality of Woodlands 2018 REQUESTS FOR GRANTS



Council Rural Municipality of Woodlands

# The Rural Municipality of Woodlands REQUEST FOR PROPOSALS

#### **WASTE TRANSFER STATION**

The Rural Municipality of Woodlands is requesting proposals from qualified engineering consultants for services related to converting our landfill site to a municipal waste transfer station.

Information packages are available at the RM Office, 57 Railway Avenue, Woodlands, OR at www.rmwoodlands.info

Proposals must be submitted no later than 4:00 P.M. on January 5, 2018.

Lowest or any proposal will not necessarily be accepted.

ouncil

Rural Municipality of Woodlands

£

# Announcements

Stonewall Teulon

Book Your Announcement Today - Call 204-467-5836 or Email classifieds@stonewallteulontribune.ca

#### **OBITUARY**

#### **Hazel Steinthorson**

It is with great sadness we announce the passing of Hazel Steinthorson of Teulon on Tuesday, December 12, 2017 at Seven Oaks Hospital in Winnipeg. Arrangements pending.

204-886-0404

#### Harry "Floyd" Raymond Swanson

On December 7, 2017 Harry Floyd Raymond began his spiritual journey. He is survived by his three sons Dwayne (Penny), Blair (Lizette), Randy (Lori) and by his grandchildren Kyle, Eric, and Neely. Floyd also leaves behind his sister Doreen (Gary), brother Marvin (Sydney), and his brother-in-law Harold Siemens. He was predeceased by his loving wife Viola, his sister Helga, parents Harry and Sveinbjorg Swanson, and his father/mother in law Oli and Jonina

Floyd was born in June 1932, grew up in Riverton and kept his fond memories of the town, the people, and spending time with his many cousins on their farm. There was always a special place in his heart for his uncle Valdi Johnson. He also helped out in the family Cafe, enjoyed curling and was a goaltender for the Riverton Lions hockey club. In 1953 he began his career with Mani-

toba Telephone System where he was employed for 34 years as a cable splicer and retired as a manager. He moved the family from Winnipeg to Stonewall in 1971 and the next few years were consumed with taking his boys to endless hockey/baseball practices and games. He was also a member of the Stonewall Oldtimers Hockey Club and he and Viola travelled to many tournaments in western Canada. Some of his long retirement was spent taking his fifth wheel to Arizona, fishing at Wallace Lake, and drinking coffee in Sigs Grill, Chicken Chef and the Rockwood Motor Inn. The majority of his free time took him to numerous hockey arenas and baseball diamonds in and out of the province to watch his grandchildren play sports.

Special thanks goes out to the entire staff of Rosewood Lodge in Stonewall for the comfort and care given to our Dad. A private family service will be held at a later date.

204-886-0404

#### William James Millar

With sadness I am announcing the passing of William James Millar of Balmoral, Manitoba, son of John and Lydia Millar. Jim died peacefully on Wednesday, December 6, 2017 at the Stonewall and District Healthcare Centre.

He was born in Winnipeg on June 13, 1943, attended schools in River Heights and graduated with degrees from both the University of Winnipeg and the University of Manitoba. Jim was a distinguished Public Servant with the Department of Indian and Northern Affairs for many years. Jim's home has been near Balmoral, Manitoba since 1973. Jim will be missed by many friends and former colleagues.

A celebration of his life is being planned for early in the new year. For information you can send a message to dan.pdb@mymts.net

204-886-0404

Marie Nellie Hryciw (nee Rogowski) September 1, 1943 - December 7, 2017.

With deep sorrow, we announce the sudden passing of our beloved Mom, Baba, Sister, Aunt and friend, Marie Hryciw. Marie is survived by her three children, Jeff, Greg (Nadine), Pam (Lionel); along with her pride and joy, her eight grandchildren, Emily, Zack, Hillory, Chad, Cade, Reid, Sage and Kia. Marie is also survived by her sister Helen (Lawrence), brother Jack (Diana) brother-inlaw Edwin (Gloria), sister-in-law Frances, brother-in-law Stan (Sue), as well as numerous nieces, nephews, family and dear friends. She was predeceased by her parents, Mike and Lena; husband Harvey, sister-in-law Elaine and brother-in-law Percy.

Marie was born in the Komarno area, where she was raised on the family homestead and attended Komarno School. Harvey and Marie were married in May, 1962. After a few years of living in Winnipeg, they moved to Teulon to raise their family, and later returning to live on the family homestead in Komarno. Marie loved preparing meals for family, friends and especially her grandchildren. One of Marie's favorite pastimes was catching up with friends while enjoying a good cup of coffee. She will always be remembered and sadly missed for her generosity and compassion towards everyone she met.

In keeping with her wishes, cremation has taken place and a gathering in her memory will be held on Saturday, December 16th at the home of Greg and Nadine from 1:00 - 4:00 p.m. A private interment will be held at a later date.

In lieu of flowers donations may be made to the Winnipeg Humane Society.

204-886-0404

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