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Stonewall Teulon

THURSDAY,

**NOVEMBER 24, 2022** 

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**EDITION 47** 

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TRIBUNE PHOTO BY JO-ANNE PROCTER

Sisters Ali and Emmy McGimpsey decorated Olaf snowman cupcakes at Something Beautiful Cafe and Gift Shop at the 'Whole Lotta Olaf' event on Nov.13. Earlier children listened to stories and danced with Elsa the Snow Queen.

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## Community tradition returned to Teulon last weekend

Staff

For anyone looking to do a bit of Christmas shopping while supporting local, Teulon's 24th Winterfest was the place to be last Friday and Saturday.

After a two-year pause due to the COVID pandemic, makers and shoppers together celebrated creativity and community. The annual juried event hosted 50 crafters with a wide variety of handmade creations.

The Teulon Christmas Cheerboard ran the canteen, Judi Carroll of Sweet and Wild Photography provided photos with Santa in his vintage sleigh, and many local businesses and organizations participated in the drivethrough Santa Claus parade.

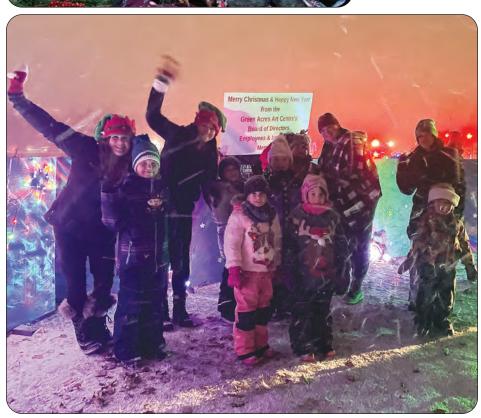




TRIBUNE PHOTOS BY JO-ANNE PROCTER













# Volleyball players wanted for fundraising tourney

By Jo-Anne Procter

Stonewall Collegiate's "Passing on the Cheer" volleyball tournament is making a comeback after being put on hold for two years due to the COVID pandemic.

Grade 12 leadership group students Hayden Turner and Holly Cornwell are organizing the popular tourna-

ment that will be held at the collegiate on Dec. 9.

The tournament is an opportunity for players to get out and play some recreational volleyball while having some friendly competition supporting both the Stonewall and District Cheerboard and Something Beautiful

Cornwell told the *Tribune* they are hoping for 12 teams per category: Grade 7 and 8, grades 9-12 and 18 years plus.

"You can be horrible at volleyball and still come out and have tons of fun with your friends," Turner said. "The whole point is to give back to the community and play some fun volleyball."

Registration is \$25 per player and each player is asked to bring a encouraged to get into the Christmas spirit and get creative in their team names and to dress up for the tourna-

The duo is hoping the community will get on board and help by donating non-perishable food items, unwrapped toys and new or very gently used clothing, mitts, hats and cash.

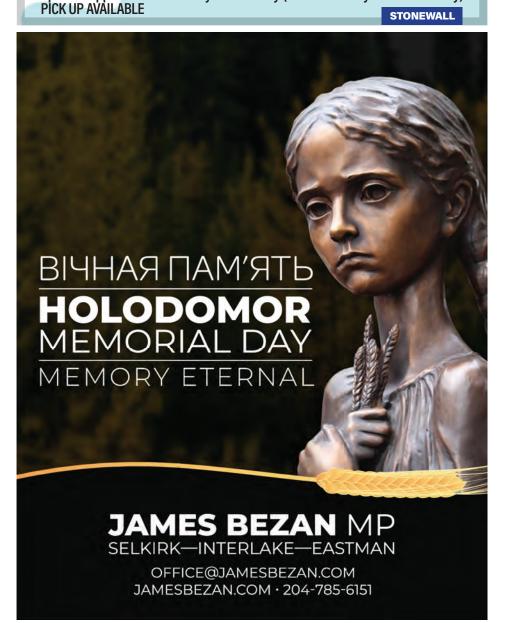
Games will start at 3:30 p.m. and the canteen will be open. To register a team or for more information, contact



Hayden Turner, left, and Holly Cornwell, members of Stonewall Collegiate's leadership group, are hosting a fundraising volleyball tournament on Dec. 9.







## Manitoba government introduces bill to formalize plan to increase minimum wage

**Submitted by Manitoba government** 

The Manitoba government has introduced the Minimum Wage Adjustment Act, which would raise the minimum hourly wage to \$14.15 on April 1, 2023, as the second phase of a plan to further increase the minimum wage to \$15 on Oct. 1, 2023, Labour, Consumer Protection and Government Services Minister Reg Helwer announced last Friday.

"Extraordinarily high inflation in recent months has made it increasingly difficult for Manitoba families to make ends meet," said Helwer. "This phased-in approach to raising the minimum wage would help relieve some of the economic pressures on Manitoba workers while lessening the impact on small businesses' bottom lines as much as possible."

This past summer, because of unusual economic circumstances during the COVID-19 pandemic, the Manitoba government passed amendments to the Employment Standards Code to allow minimum wage increases above the rate of inflation when inflation as measured by the Consumer Price Index (CPI) exceeds five per cent in the first quarter of a calendar year.

The provincial hourly minimum

wage was raised on Oct. 1 to \$13.50 from \$11.95 after government consultations with labour groups and businesses. Through this new bill, the Manitoba government plans a further increase to the minimum wage of 65 cents on April 1, 2023, to raise it to \$14.15, Helwer noted.

In August, the Manitoba government committed to raising the minimum wage to approximately \$15 by Oct. 1, 2023. This is expected due to another regularly anticipated increase based on the CPI.

"This increase to the minimum wage would assist lower-income Manito-

bans in dealing with the current economic realities as appropriate and necessary," said Helwer. "We will continue to tie the wage to economic indicators, and in this way maintain purchasing power, stability and predictability for employers."

The latest minimum wage changes follow recommendations made by the provincial Labour Management Review Committee this past summer, Helwer noted. Information on Manitoba's minimum wage and other employment standards is available at www.gov.mb.ca/labour/standards/.



# Quality people, quality pork

Manitoba's hog farmers help fund new cutting-edge programming at some of Canada's leading academic institutions, like Brandon's Assiniboine Community College.

The new Swine Production Foundations program at Assiniboine Community College in Brandon has been developed in collaboration between educational and sector experts. The program gives students an understanding of what it takes to help feed the world while enjoying high job security. The program is self-directed and is available entirely online, allowing students to complete the program at their own pace, with a high level of interactivity and self-assessment throughout the course programming. The first group of students in the program will start in early December 2022.

These training programs help to provide those who work with pigs a strong background in key animal care principles, while ensuring they remain leaders in producing safe and high-quality protein for all of us to enjoy.

To learn more, visit manitobapork.com/animalcare

SPONSORED CONTENT

## **Honouring William Kurelek**





TRIBUNE PHOTOS BY DEAGHAN MCLEOD

In memory of local artist William Kurelek, this bench was unveiled in front of Cooperators in Stonewall on Nov. 13. The William Kurelek Tribute Committee extends thanks to Daryl and Val Edwards and Tracey Malone for supporting the project. Pictured, left to right: William Kurelek Tribute Committee members Barry Tomyk, Michelle Schewe, Marie Craig, Merle Tomyk, Doug Pickell and property owner Daryl Edwards. Missing from the photo are Brenda Margetts, Janet Meads and Jean Burchuk.

to our community," he stressed. "This

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**Manitoba** 

Continued on page 7

## South West District Palliative Care celebrates 25 years



Lois and Brian Borkowsky danced to The Marvells.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Lakeside MLA Ralph Eichler, far right, was the auctioneer for the South West District Palliative Care Gala last Saturday.



The South West District Palliative Care board of directors.



toasted to the next 25 years.

#### By Jo-Anne Procter

The sold-out 15th Annual South West District Palliative Care Gala Fundraising Dinner and Dance was a wonderful gathering of supporters and friends with a delicious meal prepared by Stonewall Legion Branch #52 volunteers and served by volunteers of the Stonewall United Church.

Sandra Smith, SWDPC chairperson and master of ceremonies for the evening, set a goal of raising \$25,000 for the organization's 25th anniversary, only to have that amount surpassed by \$2,400.

The SWDPC relies on fundraising, individual donations and grants

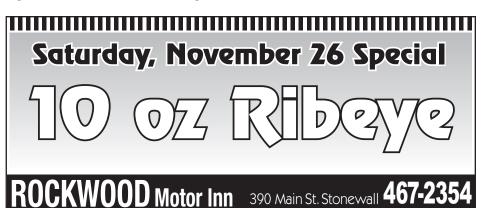
from the municipalities of Rockwood, Rosser, Woodlands and part of Armstrong and the towns of Stonewall and Teulon.

Smith introduced the executive and board members and thanked them for their dedication to the organization. She thanked the group of volunteers that saw the need for support of palliative clients and their families 25 years ago.

Lakeside MLA Ralph Eichler appreciates first-hand the importance of palliative care. Three years into the organization, his mother-in-law took sick and needed palliative care.

"This organization is so important





## Oak Hammock Marsh earns international award

**By Jennifer McFee** 

Oak Hammock Marsh is making waves on an international level for having one of the best wetland visitor centres in the world.

The Harry J. Enns Wetland Discovery Centre at Oak Hammock Marsh earned accolades through the inaugural Star Wetland Centre Awards that recognize best practices in wetland education and visitor centres.

Located off Highway 67 between Stonewall and Selkirk, the Wetland Discovery Centre welcomes 100,000 visitors each year and is an active member of Wetland Link International, which organized the awards.

Connor Walsh, a U.K.-based international engagement officer for Wildfowl and Wetlands Trust, said their panel of judges was really impressed with the local wetland visitor centre.

"The judges — from three different continents, with decades of experience in wetland education and visitor centres — had no hesitation in recognizing it as a Star Wetland Centre," Walsh said.

"The purpose of this award is to encourage best practice in wetland visitor centres — because by educating people of all ages about how wetlands protect us from water disasters and buffer us against climate change, we give hope to communities and nature."

Oak Hammock Marsh achieves this goal through a complete and comprehensive offering, he added.

"The diversity of exhibits, the accessibility and the very Canadian way to enable year-round activities helped earn it a Wetland Centre Star," he said.

"The judges also noted the sensitive architecture, quality habitat management and biological research."

At the same time, the Wetland Discovery Centre stood out for its simple provision of sightings boards and comprehensive approach to digital learning during COVID restrictions, he added.

"Their sharing informs and inspires other members of Wetlands Link International in their wetland communications and educations work," Walsh said.

Award recipients were announced on Nov. 9 in Geneva, Switzerland, at the Conference of the Contracting Parties to the Ramsar Convention on Wetlands of International Importance.

In total, 23 global recipients earned Wetland Centre Star awards, with seven in North and South America (including the Wetland Discovery Centre), two in Africa, six in Asia, five in Europe, and three in Australia and New Zealand.

Nathalie Bays, manager of the Wet-



PHOTO BY OAK HAMMOCK MARSH Dipping for water bugs is the Wetland Discovery Centre's most popular program and a great way to learn about wetland biodiversity. Pictured, Emma Eftekhar is enjoying the activity.

land Discovery Centre, said it's an honour to receive the recognition.

"The team at the Wetland Discovery Centre works hard to make wetland education fun and engaging for all ages," Bays said.

"That, along with the environmentally sensitive building and the fact we are located on a Ramsar site (Wetland of International Significance), makes it a special destination."

A joint project of Ducks Unlimited Canada and the provincial government, the Wetland Discovery Centre aims to connect people with wetlands today so they will conserve them for tomorrow.

"Our goal at the centre is to connect people with wetlands by providing interactive, immersive experiences. We provide a strong training program and constantly strive to improve our services so that our visitor experience exceeds expectations," she said.

"This has resulted in overwhelmingly positive feedback from students, educators and guests."

Bays points out the range of engaging and authentic programming available for guests of all ages, with everything from water-bug dipping for school children to star-gazing for international visitors during astronomy sessions.

"We are excited at the prospect of re-envisioning the centre in the next couple of years," she added, "with both structural improvements as well as the installation of brand-new exhibits."

She also stressed the importance of making efforts to conserve wetlands and educate people about their significance.

"Wetlands protect us from flooding,



TRIBUNE PHOTO BY VIVIAN FU/EAAFP

Elena Sanchez McCauley, policy and programs advisor for the wetlands office for Environment and Climate Change Canada, received plaques for the two Canadian winners at a ceremony at Ramsar COP14 in Geneva.



PHOTO BY OAK HAMMOCK MARSH

Experiential "Wader Walks" provide visitors with an up-close exploration of the wetland and its inhabitants. Pictured: Jacques Bourgeois (left), Cindy Greg (front) and Melanie Swenarchuk (back).



PHOTO BY TYE GREGG

During migration season, the number of waterfowl using the marsh can exceed 100,000 daily.

drought and climate change. They protect wildlife biodiversity by providing hundreds of species with safe places to eat, sleep and raise young," Bays said.

"They give us natural places to play, learn and explore. They also clean the water we enjoy at beaches, lakes and rivers. Education is key to their protection."

## Christmas Cheerboard prepares for holiday season

By Jennifer McFee

It's the time of year for holiday cheer, so let's help to create a joyous holiday for everyone in our community.

The Stonewall and District Christmas Cheerboard is accepting hamper applications until Dec. 9. Recipients need to reapply every year.

Secretary-treasurer Nancy Hoff said they provided nearly 100 families last year through the cheer board, which serves the areas of Stonewall, Balmoral, Warren, Argyle, Grosse Isle, Stony Mountain, Woodlands and Marquette.

"We think the demand will still be high this year as inflation has really hit families' pocketbooks," she said.

"We want to make sure that the new immigrant families know about our service and how to sign up if they

Each hamper is unique, she added.

"In an adult hamper, we gave a gift card to a local grocery store and either a ham or turkey. In a children's hamper, there are some art supplies, pyjamas, mitts, toques, socks, books and various toys or gift items," Hoff said.

"We are always short on any items for teens especially books, socks, PJs, mitts and hats for teen boys. We are also short on stuffed animals. Any new gift item for a youth 0 to 17 is welcome."

The food portion of the hamper has

changed over time to a gift card to a local grocery store rather than specific food items.

"We find it works better with different dietary restrictions and allows families to purchase what they are in need of," Hoff said.

"So, if people still want to donate food items, we are asking them to donate directly to the local food bank."

Toys and presents can be dropped off at CIBC and Quarry Physio, while monetary donations can be made in person at Access Credit Union, by e-transfer to stonewallcheerboard@ gmail.com or by mail to Box 1991, Stonewall, MB, R0C 2Z0.

Manitoba Hydro will also be col-

lecting donations of new unwrapped toys, local gift cards and monetary donations during the Festival of Lights Parade on Friday, Dec. 2 to give to the Stonewall Cheer Board. Representatives will walk along with the Manitoba Hydro float and collect along the parade route.

The hampers can be picked up Dec. 17 in the lower parking lot of the Heritage Arts Centre.

"We are very grateful to the generous people of our area who donate to us," Hoff said.

To order a hamper from Stonewall and District Christmas Cheerboard, call 204-467-7370.

### > GALA, FROM PG. 5

organization has made our area a place where we want to be when we are older and need help."

To acknowledge the SWDPC's 25 years of service, Eichler donated close to \$5,800 from his annual Ralph Eichler Golf Tournament. He also presented Bob Beck from the Interlake Community Foundation with the other half of the proceeds from the tournament.

Tammie-Lee Rogowski, clinical team manager for the Interlake-Eastern Regional Health Authority, also addressed guests.

"The SWDPC board continues to support the Interlake-Eastern regional palliative care program by helping us make the lives of those community members that are at end of life more comfortable," she said.

The financial support helps fund equipment, allows volunteers and professionals to receive education, and helps fund caregiver bags provided to families at the bedside.

Rogowski explained that the palliative care program educated 253 paramedics on providing palliative care at home. She stated that home deaths have tripled in the last couple years.

"With donations from the board with equipment and mobilizing volunteers, we wouldn't be able to

support the clients we have on caseloads."

Greetings were delivered by each RM and town representative, and Town of Stonewall Deputy Mayor Peter Bullivant raised a glass to toast the palliative care committee for the next 25 years.

"In the time of the greatest need for people, the palliative care committee provides solace and compassion to individuals, their families and friends," he said. "We are so very fortunate to have the palliative care organization in our community and so very blessed for the people who make it work."

Long-time board member Doris Hunter and Betty Taylor, one of the original 11 that started the SWDPC 25 years ago, provided a brief history of the organization and offered an update on what to expect in the future.

In 1997 the board began their mission to provide compassion and care in our communities. In 2000 the board raised enough money to hire Vera Appleyard as a palliative care co-ordinator. Appleyard was thanked and congratulated on her recent retirement.

"Once again, this board is making decisions for our communities much like the first board members made 25 years ago," Hunter explained.

"With COVID and staffing shortages in hospitals, personal care homes and home care, our board looked at how we could provide additional support to our communities beyond our ĥealth-care system," she said.

The board discussed those with terminal illnesses that are not yet palliative; they talked about the elderly living alone, loneliness and, of course, the palliative.

"We also talked about how fortunate we are to have the support of our communities and how thankful we are for individual and business donations, for the wonderful Tribune coverage and for the financial support of our rural municipalities of Rockwood, Rosser and Woodlands and the towns of Stonewall and Teulon," she

They discussed how SWDPC could help and support our communities.

Taylor explained a new approach the SWDPC plans to follow, a program from British Columbia called Nav-CARE.

Nav-CARE stands for Navigation: Connecting, Advocating, Resourcing and Engaging. It is an innovative compassionate community program that builds upon the unique role of volunteers to provide early assistance to persons with declining health.

"The goal of Nav-CARE is to provide specially trained, mentored and experienced volunteers to work with persons living with declining health to improve their quality of life, as well

as support their families and significant others," she said.

"We strongly believe Nav-CARE will fill our communities' needs."

The SWDPC will spread information regarding this initiative by sending out a short survey in the Tribune, encouraging readers and the general public to answer the survey and share their concerns.

They will also be looking for volunteers to help make Nav-CARE successful.

"Volunteering may be making phone calls, visiting those in need, providing support to the caregiver and the list goes on and on," she explained. "We value your opinions and your gift of volunteering.'

The plan is to have Nav-CARE functional by the next Gala.

There was a variety, progressive and live auction. MLA Eichler auctioned off a homemade cooler table built by Diane and Blair Smith, which was purchased by Pauline Penner for \$1,450. Megan Pinder was the highest bidder of \$225 for Eichler's necktie.

The Marvells provided entertainment, and the event's corporate sponsors were Danny's Whole Hog, Leo's Sales & Service, Malone Holdings Ltd. (Inview Insurance), Meadow Lea Community Centre, Mr. Perogy, Stonewall Pharmacy Ltd. and Whispering Oaks Greenhouse.





**Clubroom Events for the Week of November 21** Wednesday 4-10 Chase the Queen Draw at 8:30 Thursday 4-10 Crib starts 7:00 Friday 4-close Meat Draw at 6:30 Saturday 2-close Meat Draw at 3pm Dinner to follow at 5pm
Darts at 7pm
Saturday November 26 Meal Tickets on sale at the bar for \$10

Meal is Turkey dinner with all the fixings
Upcoming Events - Festival of Lights Santa Claus Parade December 2, Last Saturday Meat Draw and Dinner December 17. Dinner will be ham and scalloped potatoes, Christmas Eve becember 24 Elimination Draw and snacks, New Years Eve December 31 All are welcome - Support your local Legion!

### CHRISTMAS HAMPERS

Do you or someone you know need a hamper this Christmas? Please be advised that Christmas Cheerboard hampers can be ordered from now until December 9th. Hamper pick-up will be December 17th. Please call 204-467-7370 to order a hamper. Requests for hampers need to be made every year even if a hamper was received in previous years as lists

are not carried over.





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# New trade priorities

By Cam Dahl, general manager of Manitoba **Pork** 

COVID-19 has caused the word pivot to be overused and abused, but I will use it again anyways. It is time for a significant trade policy pivot from the Government of Canada to counter rising economic nationalism actively, address disruptions caused by the pandemic, and fix existing trade agreements that are not living up to expectations.

Since the "free trade" election in 1984, Canadian trade policy has been revolutionized. We have gone from being reluctant partners in negotiations, leading with our defensive and protectionist positions, to a country with free trade agreements that span the globe. Canada is the only country with trade agreements that bridge Europe, North America and Asia. Embracing trade liberalization has been good for every region of the country and virtually every sector of the economy, including agriculture. This sector continues to play an increasing role in the Canadian economy because of new markets and growing international access.

The pork sector in Manitoba delivers a prime example of the benefits of trade liberalization in agriculture. Ninety per cent of eight million pigs raised by Manitoba farmers are exported annually, either as pork products or as live animals to the U.S. There has been approximately \$250 million of private equity invested in new barns or upgrades of existing infrastructure in the last five years. This growth in primary agricultural production has attracted investment in processing (making Winnipeg the bacon capital of Canada) and genetic services. It has resulted in significant development for our towns and rural communities. However, the world has changed, and the trade policy that facilitated this expansion must be adjusted if growth is to continue.

What needs to happen? First, we must ensure that the signed trade agreements are working as advertised. For example, let's take the Comprehensive Economic and Trade Agreement (CETA) with the European Union (EU). CETA was supported and welcomed by the 90 per cent of Canadian agriculture that depends upon exports for market access and price determination. The agreement is five years old, yet we are still waiting to realize the potential celebrated when it was signed.

What is the problem? While EU food exports to Canada are up substantially, EU countries use non-tariff barriers to block our products. As a result, increased Canadian agriculture and food exports to the EU remain negligible at best.

What is the solution? Canada needs to put additional resources into fighting against unjustified regulations, and we need to use dispute mechanisms built into trade agreements to challenge EU impediments. Before negotiating different trade deals, we need a strong policy commitment from the Government of Canada that there will be enforcement of the agreements we already have.

Canada also needs to proactively respond to potential importer concerns on animal or human health matters. These issues need to be quickly resolved before they become trade barriers. Often, irritants percolate for months (or even longer) before they turn into full-blown trade barriers. How do we prevent irritants from



Cam Dahl Manitoba Pork general manager

becoming barriers? One tool would be to place scientific and regulatory expertise from the Government of Canada in key trade regions. For example, scientists from the Canadian Food Inspection Agency could rapidly respond to questions from growing markets like Vietnam or the Philippines if they were already centrally located in South Asia. Let's strategically place our technical resources to ensure small trade fires are put out before they become a blaze.

Strengthening the regulatory capacity of key trading partners is a second tool that the Government of Canada should explore. More than one trade battle has erupted because of a lack of understanding of the science behind Canada's regulatory system and how this scientific rigour can benefit importing countries. Canada's science-based regulators have a great deal to offer countries expanding their regulatory expertise. Let's make scientific, regulatory exchanges and

Continued on page 10

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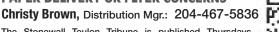
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TRIBUNE PHOTO BY BECKY RITCHIE

Benny and Maverick Ritchie and their parents Brad and Becky made a snowman family in their front yard south of Balmoral. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@stonewallteulontribune.ca.

## **Casera Credit Union members approve** recommended merger with Access Credit Union

#### **Submitted by Access Credit Union**

Casera Credit Union is pleased to announce that its members approved a recommendation by the Board of Directors to merge with Access Credit Union. Voting took place between November 10 and 15, 2022, and the results were announced last night at a virtual special meeting of members.

The membership vote followed the completion of due diligence and a subsequent recommendation to merge from the Boards of both organizations. The favourable vote means that the two credit unions will unite under the Access Credit Union name and brand on July 1, 2023.

According to government regulations, Casera required a majority of two-thirds of votes cast to allow the merger to go forward. Access members were not required to vote since Casera represents less than 10 percent of Access' total assets.

"We're pleased that our members accepted the Board's recommendation," said Robert Riddell, Casera's Board Chair. "Throughout the merger process, our goal was to deliver a proposal advantageous to our members, employees, and communities."

Becoming operationally larger will help secure a financially stronger future for the merged credit union. The new entity will also continue delivering local, personalized financial services to individuals and businesses.

"We are excited for our future with so much in common. Working together, we will be able to offer more than just products, services, locations, and continued great rates. It is confirmation of our commitment to continue serving our members and communities with excellence," said Access Credit Union Board Chair, Kevin Beresford.

Under the Access banner, the credit union will have more than \$10 billion in assets, over 168,000 members, more than 900 employees, and 56 branch locations. The organization is well-positioned to operate effectively in today's competitive marketplace and offer a flexible patronage program to reward members for their loyalty.

#### **About Access Credit Union**

Access Credit Union was incorporated in 2009. In 2021, Access Credit Union merged with Crosstown Civic Credit Union and later in 2022, merged with Noventis and Sunova Credit Unions to become the largest credit union in Manitoba. Today, Access Credit Union remains a financial institution that puts its members first. For more information about Access Credit Union, visit www.accesscu.ca.

# Worship with us > FAITH

## Advent - A **Season of Joyful Urgency**

This past week I noticed that the stores are already well into the Christmas mode, with many flashy displays and eye-catching decorations. The sound of Christmas music is sure to follow shortly. We may, at the beginning, complain that Christmas seems to start earlier every year, but for many of us, we welcome the season and the opportunity to get into the Christmas spirit.

Some Christian denominations name the four weeks leading up to Christmas Advent. Although many of us use the time before Christmas day to celebrate the season, originally the 12 days of Christmas were celebrated after the 25th of December. Nowadays, some pastors will encourage the faithful to resist the Christmas hype and use this time leading up to the celebration of the Lord's birth as a time of spiritual preparation and reflection, with various degrees of success.

Advent itself often has an urgent tone as it encourages us to awake from any complacency in our lives, especially as it refers to the coming of the kingdom of peace that is promised in the birth of the Lord Jesus. How might we make at least an attempt to use the four weeks before Christmas as a time of spiritual preparation?

One way to keep our focus on the anticipation of the Lord's birth is with the use of an advent wreath or log. This is particularly the case in a family setting when special daily or weekly prayers accompany its lighting. I personally would recommend an advent log possessing 24 candles. The candles help to not only signify our daily journey but also the gradual coming of the "Lord of Light" into the darkness of our world. Daily prayers are easily found on line. Whatever might be your choice, take the time this year to joyfully prepare spiritually for the Lord's

Rev. Barry Schoonbaert

Pastor, St. John Vianney, Teulon; St. Joseph, Stony Mountain; and Christ the King, Stonewall

# **Know your snow zone**

#### By Jennifer McFee

Now that the snowy season has arrived, it's important to know the snow-removal policies and procedures in your municipality.

In the Town of Stonewall, all residential areas have now been assigned a snow zone. Using this snow zone system, streets will be cleared on a rotational basis. Major routes, accesses and streets with emergency services will be cleared first, as well as the fire hall parking lot.

"The new snow-clearing policy is very similar to the way we've been doing things all along. The only real difference is informing the residents which zone will be cleared and when. Now residents will be notified when their zone will be cleaned," said Doug Steinke, works and operations man-

"Our policies are always being reviewed, and since Stonewall is growing, it was time to update it."

He said Stonewall residents should

register for CodeRED alerts to get notifications and updates about when their snow zone will be cleared. More information about this notification system is available on the Town of Stonewall's website at www.stonewall.ca, including a link to sign up. Residents can also register by texting "keyword" to 99411. For those who don't have internet access, they can call the town office at 204-467-7979 for directions.

When residents receive the CodeRED alert for their snow zone, they'll need to remove their vehicles from the street. Any vehicles left on the street at the time of snow removal could be ticketed and towed.

"Another difference is the town used to have a no residential parking rule for the entire winter. Now that residents will be aware of when we will be clearing their zone, they'll have to have their cars off the streets during that time," Steinke added.

"It's very important for you to know



TRIBUNE FILE PHOTO BY LANA MEIER

The Town of Stonewall encourages residents to know their snow-clearing zone.

your zone and sign up for CodeRED so that you get your notifications."

Steinke encourages residents to be patient with the snow-clearing pro-

"The snow crew has a lot of streets that need to be cleared and they have to do it in a safe manner. Residents can help us to do our jobs more quickly and efficiently by keeping their vehicles off the streets that are going to

be cleared," he said.

"It adds a lot of time to go around obstacles, and we want to get the town moving as soon as possible."

If anyone has questions about the new snow-clearing policy, they can contact the town office at 204-467-7979. The snow-clearing policy is also posted on the town's website at www.

## **Treherne Clothing pop-up** sale in Teulon Nov. 24 and 25

#### By Autumn Fehr

For two days only, on Nov. 24 and 25, Treherne Clothing is having its annual clothing

The sale will take place at Rockwood Centennial Hall in Teulon from 10 a.m. to 8 p.m.

The factory-direct business sells various clothing items, including jeans, parkas, hoodies, work shirts, thermal underwear and socks, all of which will be available at the

Clothing items will be on sale for different prices, such as insulated flannel shirts for \$49.99, vests from \$34.99 to \$59.99, and lined Tough Duck

hoodies for \$99.99.

Every year for the past 10 years, the company has run the sale, said Dwayne Ennis, owner of Treherne Clothing.

Every fall, they pack up the store into a trailer and go around to eight other towns in Manitoba, including Teulon, to run the sale.

All of Treherne Clothing's regular stock in their shop will be available at their popup in Teulon at the end of the month.

To get the best selection of stock for your shopping experience, come early, as items are subject to availability.



PHOTO SUBMITTED





### > TRADE, FROM PG. 8

regulatory infrastructure development key components of our trade and international development

The Government of Canada has announced the development of a new Indo-Pacific policy. This is positive as the region holds the largest potential for growth in demand for Canadian agricultural products. However, the plan must include specific targets for the expansion of agricultural trade. Not only will this provide growth opportunities here at home, but Canadian farmers can also help enhance regional food security while deepening ties with significant emergent economies.

To accomplish these goals, the Government of Canada needs to be practical. The Indo-Pacific policy needs to include specific objectives for science-based trade facilitation to prevent trade barriers from developing. Canada's Indo-Pacific policy should also embrace the idea of regulatory capacity building in key markets to help stabilize our trading relationships and ensure that the trade rules for goods moving both in and out of Canada are science-based. It is time our national policy moves beyond broad agreements and takes practical action that delivers results for Canadian farmers and the value chains they support.

# Stonewall council news in brief

#### By Jennifer McFee

New childcare spaces are on the horizon for several Manitoba communities, including Stonewall.

The provincial and federal governments are providing a capital funding grant to develop new childcare spaces in a new childcare centre, in partnership with the Town of Stonewall and JohnQ Public Inc./JQ Built Inc.

On Oct. 21, JohnQ Public Inc. authorized JQ Built Inc. to award a public request for proposals and construction of nine prefabricated hybrid daycare facilities in communities outlined by the provincial government's Early Learning and Childcare Program, including the Town of Stonewall. The other communities are the RMs of Portage la Prairie, Headingley, Macdonald, Ritchot, St. Clements, Morris and Whitemouth, as well as Peguis First Nation.

Through the financial assistance agreement, which was negotiated with all nine communities, the Town of Stonewall will need to provide two acres of serviced land. In addition, the town will need to hold ownership of the facility, commit to operations and maintenance of the facility and grounds, and provide 15 years at zero rent lease with a licensed and regulated non-profit childcare operation.

At the Nov. 10 council meeting, Stonewall council entered into a financial assistance agreement with the provincial government for capital funding for construction of a building to develop 74 new childcare spaces in a new childcare

On Monday, Nov. 14, dignitaries including Premier Heather Stefanson gathered at the Veterans Memorial Sports Complex to share details about the initiative.

Stonewall Mayor Sandra Smith acknowledged the commitment of the provincial government as a signatory to an agreement with the federal government, which has initiated a significant investment in the creation of an early learning and childcare program.

"For our town and others across the province, daycare is essential and urgently needed. Currently in Stonewall, we have children waiting for daycare spots. This pilot project will allow us to significantly shorten this waiting list and deliver daycare spots in time for the start of the next school year," Smith said.

"As a bedroom community, the provision of daycare has a direct impact on our town's success and ability to grow. Insufficient daycare is a bottleneck in the economic activity of our community, and as such Stonewall is delighted to have been included in the first round of the selection process by the Province of Manitoba as one of nine communities — all of which have been identified as having a significant need to participate in the pilot project delivery method created by JQ Built."

She also acknowledged the uniqueness of the JQ Built initiative and its out-of-the-box approach to address a significant need in Manitoba.

"This is a real game changer, and it's exciting to know that there are other communities waiting to sign on to this pilot project. ... This initiative is one of many to come and demonstrates the strength of collaboration and partnership and is a testament to the vision created with our municipal partners of the Winnipeg Metropolitan Region in establishing JohnQ Public," she said.

"We are better, stronger and more resilient when we work together."

In other council news:

Stonewall council passed second and third reading of a bylaw to provide for the expenditure and borrowing

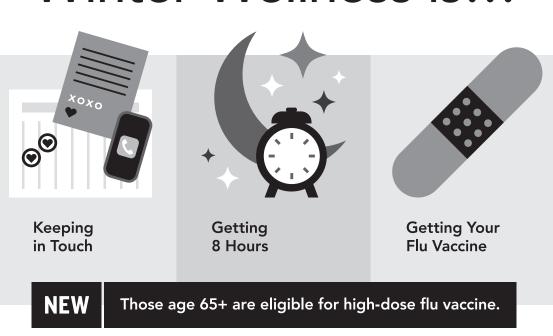
of funds for electrical upgrades at the seasonal campground in Quarry Park.

- Council accepted a quote for water valve replacement from Emco Water Works.
- Representatives from the East Interlake Watershed District (EIWD) spoke to council about the organization's proposal to exchange properties and increase mortgage payments. The EIWD board would like to contribute to \$200,000 to a company in exchange for an additional building at 15 Jacobson Dr. in Gimli. This change would increase the mortgage payments to about \$1,403 per month from the current \$1,044.17. Stonewall council approved the request for EIWD to exchange properties and increase mortgage payments. Member munic-

ipalities of EIWD would assume full financial responsibility for the loan if EIWD ceases to exist before the loan is paid off. The provincial government won't be responsible for any debt assumed by EIWD.

The Town of Stonewall has applied to the Public Utilities Board (PUB) for revised water and wastewater rates. Rates were last revised on Jan. 1, 2022. Details of the application are available at the town office or the PUB office. Questions or comments should be submitted by Dec. 19 through www.pubmanitoba. ca. More information is available on the Town of Stonewall website at www.stonewall.ca.

## Winter Wellness is...



## Every year, the seasonal flu vaccine helps protect you, your family and the community.

Almost everyone is eligible for a flu vaccine. It's even more important if you are at greater risk of serious illness, or if you're a caregiver or close contact.

#### Book an appointment & learn more at ProtectMB.ca

Call 1-844-626-8222 (1-844-MAN-VACC). Walk-ins are also available at many locations.





## Outdoor hockey club expands to documentary series

Submitted

This winter, take a journey to some of Canada's most incredible hockey hot spots with the Outdoor Hockey Club documentary series.

The 10-episode series will be directed by filmmaker Randy Frykas, whose recent work has been featured on various NHL broadcasts. The journey will feature stunning rinks on scenic lakes, frozen rivers, extraordinary backyard rinks, local community clubs and more.

"I was reminiscing about my favourite hockey memories, and most of them were on outdoor rinks," Frykas said. "Whether it was in our backyard, on the Stonewall outdoor rink, or skating on Lake Winnipeg — those were all my fondest memories. My goal with this documentary series is to utilize my filmmaking experience to present other people's outdoor hockey memories and experiences."

The sponsored series will debut on the Outdoor Hockey Club YouTube channel in early 2023 with generous funding provided by OMNI Hockey.

"OMNI Hockey is excited to support the efforts to highlight incredible places to play hockey," said Becky Kolberg, manager of communications and digital media. "We believe that hockey and environmental sustainability go together, which is why we will be launching our Green Light Program in the coming months. This



program will promote and recognize the green environmental initiatives of individuals, arenas and communities across Canada."

One of the many stops will be in Maniwaki, Que., to spend some time on the backyard rink with 11-year-old hockey phenom Washiiyeh Jeannotte and his dad Andrew.

"Like for many others, hockey saved my life, gave me discipline, motivation and a sense of belonging," said Andrew. "Building this outdoor rink



TRIBUNE PHOTOS SUBMITTED

Filmmaker Randy Frykas visited this outdoor rink at Lake Louise, Alta., while he was in the area filming for another project.

every year is my way of giving my boys the opportunity to feel absolute freedom — something that is not so easy to accomplish in today's world."

Other featured locations include the stunning prairie rink on Beavercreek Farms in southern Manitoba, a visit to Moosomin and its phenomenal community rink, the work of art Jeff Nash creates in his Edmonton backyard, a trip to the Ottawa Valley to visit with Moe as she continues her annual rink-making tradition, a trip north to the community-run Hillcrest rink in Whitehorse, the winning com-

munity rink recently voted through CARHA Hockey's The Next Stride and their outdoor rink campaign, a special event in Frykas' hometown of Stonewall and more.

"There are great people and heart-warming stories around every outdoor rink," Frykas added. "I am excited to capture and share these experiences in the series — and shoot the puck around, of course!"

Updates and more locations will be announced at https://outdoorhockev.club

## Provincial government provides \$260,000 for arts, cultural celebrations

**Investing in Our Communities** 

Arts, Culture and Sports

in Community Fund

By Patricia Barrett

The provincial government announced last week it awarded \$260,000 in funding to 59 community events across the province.

The celebratory events are being supported through grants under the Community Celebrations program, which falls under the Arts, Culture and Sport in Community Fund that was established in August. The Community Celebrations program supports events that bring Manitobans together to celebrate culture and heritage.

Sport, culture and heritage minister and MLA for Lagimodiere Andrew Smith made the announcement last

"Celebrations, festivals, fall suppers and similar community-based events offer a unique opportunity for Manitobans to come together to celebrate their culture, heritage and community," said Smith in a Nov. 14 news release. "Our government is proud to support community organizations through the Arts, Culture and Sport

in Community Fund, allowing them to innovate and respond to emerging community needs."

The deadline for applying for a grant from the Community Celebrations program was Sept. 15. The next intake is open until Dec. 15.

The September intake award recipients from the Interlake are as follows:

- Teulon and District Agricultural Society received \$3,000 for the Teulon Pumpkinfest, Sept. 17.
- Interlake Art Board, Secret Path received \$5,000 for a mural unveiling and honouring of Elder Ruth Christie, Oct. 22.
- Green Acres Art Centre Inc. [Teulon] received \$5,000 for Winter

Wonderland, Nov. 19-20.

- Red River North Tourism received \$5,000 for Holiday Alley, Nov. 24-27.
- Madeline's Closet Inc. [Inwood] received \$5,000 for Winter Solstice Around the World, Dec. 16.
- Riverton and District Friendship Centre received \$5,000 for a multiculturalism celebration, March 10, 2023.
- RM of Gimli received \$5,000 for the Gimli Blues Festival, June 16-17, 2023.
- \$5,000 will be granted to Les Petits Dorés Inc in support of their Raising Our Tipi project, Nov. 10,

The ACSC Fund provides grants to support the arts, culture and amateur sports sectors in communities across Manitoba to help enhance opportunities to access quality facilities in the

Over the next three years, up to \$100 million in funding will be provided for large and small capital projects as well as community celebrations.

A second wave of intakes for the ACSC Fund will be available soon. For more information, visit: www.gov.mb.ca/acsc

The deadline for Community Celebration intake is Dec. 15, 2022.

## Stonewall's Save the Kilns host tour of Quarry Park

Municipal and provincial politicians met with Stonewall's Save the Kilns Committee last Friday and toured the historic quarry site, kilns and the Quarry Park Interpretive Centre.

Stonewall Mayor Sandra Smith, sport, culture and heritage minister Andrew Smith, Lakeside MLA Ralph Eichler and committee co-chairs Dale Oughton and Merle Balsillie toured the former limestone quarry. The tour also included a visit to the Stonewall Interlake Regional Library to check out the refurbished Speakers Chair.

The Save the Kilns initiative was



The provincial politicians looked at a model of the former limestone mine.

started in 2018 to restore the kilns. The project is estimated to cost \$3.5



Andrew Smith and Dale Oughton examine a map of the quarries near Stonewall in the Interpretive Centre.

million. Earlier this year the Town of Stonewall contributed \$1 million towards the restoration.



Stonewall Mayor Sandra middle, Lakeside MLA Ralph Eichler, left, and sport, culture and heritage minister Andrew Smith, who donned his Winnipeg Blue Bombers jersey to show his support for the team that played the Toronto Argonauts at the 109th Grey Cup last Sunday, visited the refurbished Speakers Chair at the Stonewall Interlake Regional Library.



#### PUBLIC NOTICE



#### **Manitoba Hydro** 2023/24 & 2024/25 General Rate Application

Manitoba Hydro has applied to the Public Utilities Board for a 3.5 per cent average increase to electricity rates effective September 1, 2023 and a further 3.5 per cent average increase effective April 1, 2024. As part of this application, Manitoba Hydro is seeking final approval of the interim rate increase of 3.6 per cent implemented January 1, 2022. Manitoba Hydro is requesting increases to obtain the revenue needed to run the electric system, perform maintenance, and rebuild and expand the system as needed to continue to provide reliable, safe and effective service to customers.

For a residential customer without electric heat (using an average of 1,000 kilowatt-hours (kWh) per month), the average impact of the proposed increase is approximately \$4 per month after September 1, 2023 and an additional \$4 per month after April 1, 2024.

For a residential customer with electric heat (using an average of 2,000 kilowatt-hours (kWh) per month), the average impact of the proposed increase is approximately \$7 per month after September 1, 2023 and an additional \$7 per month after April 1, 2024.

Further details of Manitoba Hydro's Application are available at: www.pubmanitoba.ca

#### **HOW DO I SHARE MY VIEWS?**

You can share your views on the proposed rate increases with the Public Utilities Board in three ways:

- As a Presenter If you want to make a virtual or in-person formal presentation to the Public Utilities Board on this matter and are willing to respond to questions about your presentation, please go to www.pubmanitoba.ca and apply to become an approved Presenter. Presentations are limited to a maximum of 10 minutes.
- Written comment If you would like to comment in writing on the rate increase, please go to www.pubmanitoba.ca and provide your written comment.
- As an approved intervener If you want to actively participate in the public hearing as an Intervener, please go to www.pubmanitoba.ca and apply for Intervener status. Interveners are required to represent the interests of a significant group of customers and may be required to combine their intervention with others representing similar interests.

Manitoba Public Utilities Board 400-330 Portage Avenue Winnipeg, Manitoba R3C 0C4 Phone: 204 945 2638 Email: publicutilities@gov.mb.ca

## Correction

TRIBUNE PHOTOS SUBMITTED

From left: Save the Kilns Committee co-chair Dale Oughton, MLA Lakeside Ralph

Eichler, sports, culture and heritage minister Andrew Smith, Stonewall Mayor

CHRISTMAS CHEER BOARD Help needed! The Stonewall & District Christmas Cheerboard is looking for donations to help those in need this Christmas. Donations of toys and monetary donations would be greatly appreciated and can be made at Sunova Credit Union, mailed to Box 1991 Stonewall, MB ROC 2ZO or made by e-transfer to stonewallcheerboard@gmail.com. Donation receipts will be given if name, address and donation of \$20 or more is received.

Sandra Smith and kilns committee co-

chair Merle Balsillie at the historic kilns.

In the article "Massive tract of globally rare grasslands now protected" that was published in last week's paper, we incorrectly published the amount of money required to secure the project into the future. Along with other iconic grassland landscapes in the province, Nature Conservancy of Canada is looking to raise \$25 million to protect endangered habitats.

The *Tribune* apologizes for the error.



# Be a part of the FESTIVAL OF LIGHTS

Friday Dec 2<sup>ND</sup> | 7PM

To enter your float or to VOLUNTEER contact Christy at 204-467-5836 or info@stonewallchamber.com

SPONSORED BY THE STONEWALL & DISTRICT CHAMBER OF COMMERCE







Five days notice required. Wheelchair access is available

Available in accessible formats upon request.







## **Excitement builds on surrogacy journey**

#### **By Jennifer McFee**

It's been more than decade since the Hills took their first baby steps on their surrogacy journey, and now they're preparing to welcome a bundle of joy to their family in the new year.

After Katie and Russ Hill married in 2011, they received a referral to a fertility clinic. Katie had previously undergone a hysterectomy for health reasons, but doctors were able to make embryos that are biologically related to them.

Following two unsuccessful embryo transfers, they spread the word about their search for a gestational surrogate last summer. Dana Meyers, who lives near Stonewall with her husband and three children, stepped forward for this important role.

In May 2022, the first attempt at transferring an embryo to Dana was a success, and now they're in the third trimester.

"There was a lot of prep for Dana, a lot of paperwork for everyone, and a lot of a positivity that got us to that embryo transfer in May. We were beyond happy to learn that little bean stuck after a long 10-day wait to find out," Katie said.

"At the moment, we are getting the house ready for this little miracle's arrival. We continue to accompany Dana to any appointments for baby — one of us has been able to be at each appointment — and are still amazed we are where we are on our journey."

Adding to the excitement of a lifetime, they recently discovered the gender of their little one.

"The gender-reveal party was a success. The 'gender keepers' — Katie's girl gang — were able to keep the gender under wraps for a long three weeks. We had no idea, until that moment on Sept. 24 at the party, when we opened the cabinet full of baby girl clothes, bows and balloons," Russ said.

"Dana, her husband Thomas and their three kids joined us. They were able to meet a lot of our family and friends. It was so special to be able to share the exciting moment with all of them. There is an entire community we call our



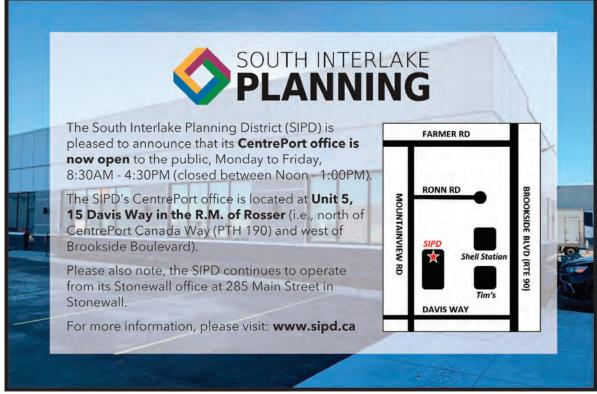
Katie and Russ Hill celebrated together at a recent gender-reveal party.



An ultrasound photo from early September.

village that cannot wait to meet this baby girl.

Continued on page 25



## Tin for the Critter Bin fundraiser provides food for nine animal shelters

Customers of Quarry Pets in Stonewall and an RCMP officer stepped up to the plate last month with donations of pet food that were distributed to nine animal rescues.

The Tin for the Critter Bin fundraiser is held in memory of Ethan Boyer, who attended Stonewall Collegiate and died in 2019 at the age of 19. His parents Dana and Sue connected with RCMP officer Shaylin Fenton, who was first on the scene of Ethan's crash, and have kept in touch with her over

Fenton, who supports the Tin for the Critter Bin drive, organized an online fundraiser so that more pet food could be purchased and donated.

"Even though Shaylin was transfer-

ring to Alberta in mid-November in 2019, she and the Headingley Traffic Detachment donated a huge truck load of critter food for Ethan's service in 2019," said Dana. "Every year since, Shaylin organizes an online fundraiser and the funds are used to purchase more pet food from our supporting stores. This year she raised \$3,800. Her efforts this year allowed us to help even more critters."

Quarry Pets store in Stonewall also helped collect pet food for this year's fundraiser, said Boyer.

"Customers of Quarry Pets were very generous with donations this year," said Boyer. "The owner, Nicole, and one of her suppliers also came through with a truck full of critter food for delivery, along with Pet Valu

on Marion Street and Lakewood Boulevard [in Winnipeg]."

The nine rescues that received a donation of food are as follows:

Grateful Friends Animal Rescue, which received a donation in Winnipeg and in Stonewall; Before the

Bridge Senior K9 Rescue; K9 Advocates; Manitoba Mutts; Spirit of Hope Rescue; Siamese Cat Shelter; Penny's All Breeds; Funds for Furry Friends; and the Winnipeg Humane Society.

## **Brighten Up this Holiday Season**

Make a donation in memory of a loved one to the



Place a paper ornament on the Memory Tree in their honour.

### MEMORY TREES WILL BE IN PLACE IN DECEMBER AND THROUGH THE HOLIDAY SEASON AT:

South Interlake Regional Library Stonewall Branch 419 Main Street, Stonewall

South Interlake Regional Library Teulon Branch 19 Beach Road E, Teulon

Paper ornaments available at the libraries or bring your own special paper memory ornament

Donation envelopes available at the libraries or donate online at www.canadahelps.org/en/charities/ south-west-district-palliative-care-inc/

Or mail your donation to:

**South West District Palliative Care, Inc.** Box 1282 Stonewall, MB ROC 2ZO

(Tax receipts will be issued for donations \$10.00 and over)



TRIBUNE PHOTO COURTESY OF DANA BOYER

Quarry Pets in Stonewall helped collect pet food donations that were distributed to nine animal shelters and rescues.



#### **DISCOVER UNIQUE STAYS WITH BED & BREAKFASTS**

Bed & Breakfasts bring you closer to Manitoba's best sights and experiences, often located in charming small towns or on the water. Aaron's On The Lake near Gimli is a cozy spot with lakefront views and easy access to ice fishing and hiking trails. Or stay at Bell Aura in Carman, an 1898 church restored into a B&B, featuring eight antique-themed guest rooms and a bistro

#### **FIND FAMILY FUN AT A HOTEL**

Hotels offer a wide variety of experiences—from luxurious suites to pet-friendly stays and options for families that include waterslides and pools. Victoria Inn Hotel & Convention Centre has a dinosaur-themed pool area sure to delight young ones and is near CF Polo Park in Winnipeg. Travelling without kids? Try Mere Hotel in downtown Winnipeg, walking distance from The Forks and Canada Life Centre, home of the Winnipeg Jets.

#### **RURAL OVERNIGHT STAYS**

In a perfect mix of adventure and rejuvenation, Manitoba is home to accommodations off-the-beaten path and nestled in the wilderness. Try Glamping InStead for an overnight eco-friendly glamping adventure by booking Bear's Den-a geodesic dome nestled among the trees. Or stay in a winter oTENTik (an A-frame style cabin) at Riding Mountain National Park.





## The 3rd Annual Stonewall-Teulon-Headingley

## 3rd Annual Golf Tournament

Wishes to thank all of the golfers and amazing sponsors who braved the pouring rain and made our event a success! We raised \$9,000 that will be split between our three local organizations.



In the picture that was taken on 2022/11/17: Cst. Fred Powell, Cpl. Brian Gulay, Abigail from STAR program and Amaya



S.T.A.R Program



Camp Manitou (True North Youth Foundation)



Magic for Amaya

## THANK YOU TO OUR SPONSORS

#### GOLD













## SILVER

Stonewall Pharmacy La Salle Insurance Big Block Auto Cravinas Granthams **Bell Trailer Sales Rockwood Wrecking** Super 7 Esso Clays First Call Towing Four Season RV Pizza Hotline









#### **BRONZE**

Thunder Rapids CIBC Stonewall Interlake Salvage Inview Insurance Services -(Stonewall Cooperators insur-Braké Family Auto Shelmerdine Garden Center Pizza Den

**RM Rosser** Steeltown Ford Country Towing Inc. Town of Teulon **CARSTAR - Windshield** Re/Max Town & Country **Teulon Tractor & Motor** Adesa Auto Auctions Prairie Fusion Catering Co. Prairie Embroidery Uni-jet Industrial Pipe Service

Kal-Tire **SMS Equipment** Urban Tactical Air Wise Inc. **Tim Hortons** Red Sun Smoke Shop & Gas Bar The Kiln Drive-In Stonewall Subway Red Star Red River Co-op Gas Bar (Stonewall)

Red River Co-op Food Store (Stonewall) Home Hardware Citizens for Safety Town Of Stonewall **RM Woodlands** Homes by DCG **Enns Brothers** Best Western Plus Winnipeg West Super 8 by Wyndham Winnipeg West Crampton's Market

## **Economic, climate pressures on cattle** producers lead to sell-offs, retirements

By Patricia Barrett

Manitoba is continuing to see a downward shift in the number of cattle producers, and Ashern's auction house has several upcoming complete herd dispersal sales from Interlake producers.

A combination of factors such as the climate crises' deleterious impact on agricultural production, an inability to profit from cattle-raising and pro-

ducers nearing retirement are responsible for the decline.

Archie Thompson, who farms between Arborg and Fisher Branch, is one of the producers selling off his entire herd and getting out of the business. Thompson is selling 330 beef cattle up at the Ashern Auction Mart in a few weeks. His farm has been in

Continued on page 21



TRIBUNE FILE PHOTO BY PATRICIA BARRETT

Bull and cows in a drought-ravaged field in August of 2021 in the RM of Armstrong.





## Partying with a purpose for the 2022 Ride Inside

Staff

The Stonewall Blues U13 hockey team aren't just great hockey players; they are kind, caring and thoughtful athletes.

While at a hockey tournament in Brandon last weekend, the team pulled together to raise over \$2,300 by each riding for one minute as hard as they could on a stationary bike while cheering each other on in support of Manitoba kids with cancer.

Their team effort as participants in the 2022 RIDE INSIDE "party with a purpose" raises critical funds for CancerCare Manitoba.

There has been a dramatic improvement in treatments and outcomes for many pediatric and young adult cancers over the years. Thanks to the passionate investment of donors, to-day four out of five of these young

patients will be cured.

However, 20 per cent of patients whose cancers have spread, returned or proven resistant to treatment still have a challenge to face. PROFYLE, short for PRecision Oncology For Young peopLE, is dedicated to helping find cures for the rarest and hardest to treat cancers young people are facing. This initiative gives children, adolescents and young adults who are out of conventional treatment options another chance to beat their cancer. Supporting the Blues with a donation helps support CancerCare Manitoba in its work to change lives for all pediatric cancer patients in our province. Every donation, no matter how big or small, is critical as we work together to stay ahead of this disease.

To donate: https://support.cancer-carefdn.mb.ca/site/TR/Events/Gen



TRIBUNE PHOTO SUBMITTE

The Stonewall Blues U13 girls hockey team raised over \$2,300 for Manitoba kids with cancer.

## Rosser council news in brief

#### By Jennifer McFee

The new Rosser council has hit the ground running.

At the Nov. 8 council meeting, Coun. Lee Garfinklel was named as the deputy reeve.

In other council news:

• Council authorized up to \$2,000 towards the purchase of an electronic device for each council member to be used for council business. The electronic device is the council members' personal property.

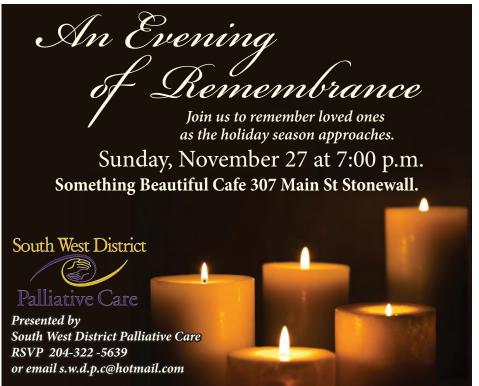
- Council members were selected to sit on legislative committees. As well, both council members and citizen representatives were selected to represent the RM of Rosser on various community committees.
- Council approved the start of soil stripping for Phase 1 of the CentrePort Rail Park.
- The Nov. 22 council meeting has been rescheduled to Tuesday, Nov. 29 at 6 p.m. In addition, the Dec. 27 council meeting is cancelled.



**PHOTO SUBMITTED** 

Back row, left to right: Coun. Mike Palmer, Coun. Kelvin Stewart Front row, left to right: Coun. Lee Garfinkel (deputy reeve), Reeve Ken Mulligan, Coun. Angela Emms





# There's no place LIKE HOME for the holidays



You've finally finished drawing up your Christmas gift list and you're sure it's going to make all your loved ones happy. You also have to keep working on that endless shopping list for the various holiday gatherings you have to prepare for. But wait; don't jump into your car just yet. Have you thought about shopping locally? It's a surefire way to make even more people happy. Not con-

#### good reasons to buy local. 1. PAMPER YOUR TASTE BUDS

vinced? Here are three

Nothing beats buying locally if you want to serve your guests the ultimate in delicious food. Locallysourced food products are fresher, more nutritious and tastier. And they aren't as likely to be treated with preservatives to make them last

longer or stay fresher looking. Vegetables, cheeses, meats, beers and wines are just a few examples of things you can buy locally during the holiday season. They'll help you make your holiday meals even more delicious than usual.

And how about buying local foods as gifts for your favourite foodies? It's a great idea that will give you tween the producer (or the merthe opportunity to make some beautiful and delicious discoveries.

#### 2. SUPPORT THE LOCAL ECONOMY

Are you fond of your area? When you buy local it helps your community become more dynamic. That's because when you spend your money close to home, you're helping the local economy grow and open up more jobs for the people you know. Promoting economic activity in your region also helps improve the quality of life for workers.

You're encouraging local producers, entrepreneurs and merchants when you do your holiday shopping at the neighbourhood clothing store or at the artisanal butcher shop.

You're strengthening the trust between producers and consumers and bolstering your sense of belonging to your community. What more could you ask for at holiday time, which is an occasion for sharing and love?

#### 3. GIVE MORE ECO-FRIENDLY GIFTS

Choosing local products also means reducing the distance bechant) and the consumer.

This, in turn, helps reduce greenhouse gas emissions and pollution related to the transportation goods. And that's beside the fact that transporting products across thousands of kilometres generally requires more packaging. In short, buying local is an environmentally-friendly gesture.

Shopping locally is also more convenient. Why go to the big shopping centre located outside of town when your own neighbourhood is full of all kinds of stores and businesses? You're more likely to find unique gifts, and you won't have to go as far if

you need to exchange them later on. On top of all that, you'll save on gas and produce less pollution. The only person who could do it any better is Santa Claus.

Happy Holidays!





Lots of Christmas gift ideas: Gift certificates, music lessons, music

instruments including guitars, ukuleles, keyboards, lnk cartridges and toner



**Delivery** 

# WAG & PURR



# Winter Grooming

A common misconception is that dogs don't require grooming during the winter months. The reality is that without regular coat care, your dog just might be COLDER this winter. Snow causes matting and tangles in your dog's hair. Mats make Your dog COLD & debris isn't comfy, either!

The truth is, once your dog grows an inch of hair, they have as warm a coat as they're ever going to need for our climate. With exception to dogs who live 24/7/365 outdoors, any more length than that simply hides mats and debris which only damage your dog's skin. Mats pull and pinch. Twigs and burs hide in that long hair and rub sores into your dog's skin. Additionally, once that long, matted coat gets wet, it STAYS wet. That's right - they're wearing a wet wool sweater outside in 30 below. All of this is perfectly avoidable with regular grooming. Your groomer is your partner in achieving and maintaining your dog's BEST health. A clean dog is a healthy dog. And a clean dog sharing your bed, well that's just vummy!



DayCare Boarding Grooming

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## Plaque placement marks Mo Emond's time serving the community



The plaque in honour of Mo Emond was placed on Nov. 13 at the St. Laurent Welcome Centre. Emond served his community for 26 years before he passed away on Nov. 13, 2021.

#### By Autumn Fehr

Deputy Chief Maurice "Mo" Emond served the community of St. Laurent for 26 years before losing his cancer battle on Nov. 13, 2021.

On Sunday, Nov. 13 at 2 p.m., precisely a year after Emond's passing, the community gathered to commemorate and celebrate him at the St. Laurent Welcome Centre.

A special plaque was created to remember and honour Emond and his almost three decades serving as a fire-fighter for the St. Laurent fire department.

"He was kind, patient and caring. He was a mentor to members of the department, and everybody looked up to him," said Matthew Riding, deputy chief of the St. Laurent Fire Department.

At the plaque hanging ceremony, the fire department had Derek Johnson, minister of Agriculture and MLA

• DIRECT BILLING TO MOST INSURERS

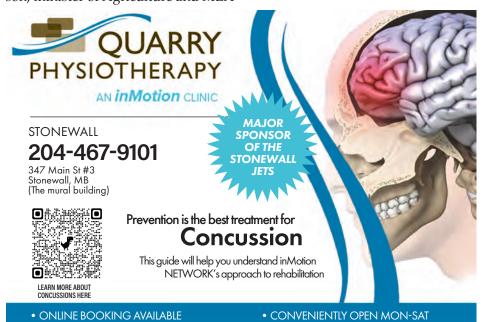


TRIBUNE PHOTOS SUBMITTED

Mo Emond's family, Maria, Isaiah, Noah, Erika and wife Gertrude.



St. Laurent volunteer firefighters, left to right: Jules Fontaine, Chad Malfait, Gord Campbell, Loretta Sigurdson, Shawn Normand, Roger Leclerc, Real Fontaine, Noeline Allard and Matthew Riding



Keeping the Interlake inMotion since 1994

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• EXPERIENCED, FRIENDLY STAFF

for Interlake Gimli, and Rick Chartrand, reeve for St. Laurent, attend to say some kind words about the time Emond had served in the community.

Emond's family and fire department members also attended the ceremony to honour and celebrate him.

Johnson specifically touched on the help that the Government of Canada gives for cancer care now, as certain cancers are considered dangers of the job.

Recently, they have expanded their list to include more cancers as research shows that more cancers affect firefighters, like Emond.

The government recognizes cancer as a byproduct of carcinogens from smoke inhalation by firefighters on the job, including polycyclic aromatic hydrocarbons (PAHs), a group of more than 100 chemicals.

Continued on page 21

### > MO, FROM PG. 20

Other carcinogens firefighters can encounter are asbestos and diesel exhaust.

Exposure to some of these PAHs can cause cancer.

A study by the Association of Workers Compensation Boards of Canada found that in 2019, the average Canadian has a 44 per cent risk of getting cancer. In contrast, the risk for firefighters increased to 53 per cent.

Workers Compensation investigated Emond's time as a firefighter and deemed that the cancer was caused on the job, and recognized as a hazard of the job, said Riding.

Now, at the St. Laurent Welcome Centre, when people are getting their mail, they can look up at see Emond's plaque there and remember the time he served his community.

The plaque is in the shape of the Maltese cross with the St. Laurent Fire Department emblem at the top.

### SELL-OFFS, FROM PG. 17

the family for 110 years and he himself has farmed for 44 years.

He said each producer has his or her own unique challenges and reasons for leaving the industry, and for him it was a combination of factors that led him to call it a day.

"This is a 24-7 job and with expenses going up, it all takes a toll. It's actually almost impossible to make a living doing this. You're working all the time and you don't see the benefit in the long-term," said Thompson last week. "I love doing this. If I could, I'd keep going."

The excessive moisture Manitoba saw this past winter, and the three or fours years of severe drought before that — which resulted in higher costs for feed and other expenses — "added to" Thompson's overall decision to sell.

"Your expenses went up during that time yet your income didn't. Yes, the price of cattle right now is up, but fertilizer prices have doubled. Everybody talks about high inflation, including the 11 or so per cent inflation on food. Well, our production inflation is almost in the triple digits. How do you make this work financially?" he said. "Young guys wanting to get in to the business would look at this and say, 'Why?'"

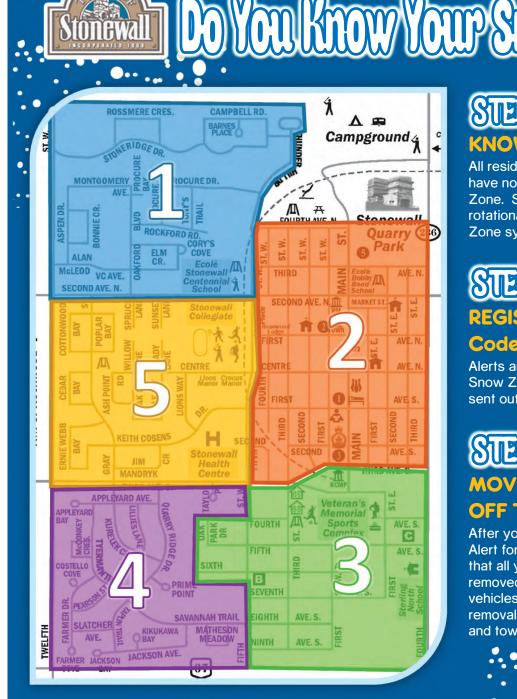
The provincial government's offer [in September] of a temporary rent reduction for Crown land will help some producers "a little bit," he said, but in the end, it won't act as a big enough bulwark against industry pressures. He himself doesn't rent Crown land.

"Expenses are so high that the lit-

"Every time he went to the gas station, he was the kind of person everybody knew and always had time for a visit and a chat at pumps. So wherever you randomly ran into him, like

The Stonewall Teulon Tribune Thursday, November 24, 2022 21 Walmart in Winnipeg, you ended up spending half an hour talking in an aisle," said Riding.

In the centre of the plaque is a smaller plaque with a photo of Emond on each side. His date of birth, the day he died, and the years he served are in the centre.



All residential areas in Stonewall have now been assigned a Snow Zone. Streets will be cleared on a rotational basis using this Snow Zone system.

# **CodeRED ALERTS**

Alerts and updates on when your Snow Zone will be cleared will be sent out using CodeRED.

# OFF THE STREET

After you receive the CodeRED Alert for your Snow Zone, be sure that all your vehicles have been removed from the street. Any vehicles left at the time of snow removal will be subject to ticketing and towing.

## **△**CodeRED<sup>™</sup>

You can sign up for CodeRED Alerts to receive alerts and updates on when your Snow Zone will be cleared by doing one of the following:

#### **REGISTER ONLINE:**

https://www.stonewall.ca/p/codered-emergency-notifications

#### FOR CITIZENS WITHOUT INTERNET ACCESS:

Please contact the Town of Stonewall office for further directions | PH: 204-467-7979

Activities are in accordance with the Council-approved Policies on Snow Clearing. Snow Clearing Policy No. 8.1 can be viewed on the Town website at: http://www.stonewall.ca/p/snow-clearing-policy

"IT'S THREE HOURS A DAY

HE HAS TO LOOK FOR-

WARD TO. NO MATTER

HOW YUCKY HIS DAY IS,

HE KNOWS HE HAS THAT

TIME (WITH THE CHILD

LIFE TEAM) TO JUST DO

FUN THINGS."

## Giving Tuesday – gifts tripled – help kids like Pacey

Staff

GivingTuesday is the world's largest generosity movement.

Whether it's making someone smile, helping a stranger or giving to those who need our help, every act of generosity counts, and everyone has something to give.

This year donations made on #GivingTuesday will have triple the impact, thanks to Qualico, which has generously agreed to triple match gifts up to \$100,000. So a gift of \$25 becomes \$75, \$100 becomes \$300 and so on. These gifts will help revitalize the Children's Hospital emergency department and enhance research focused on pediatric emergency care

around the province. https://goodbear. ca/areas-of-need/ childrens-hospital-emergency-department/

All gifts donated at www.goodbear. ca/givingtuesday on Nov. 29 will have triple the impact to help kids like Pacey who need Children's Hospital emergency department.

After more than 30 surgeries, five years of testing and countless days in hospital, Winkler's seven-year-old Pac-

ey Wall's digestive system still won't work.

"Even though it sounds like it's hopeless, it's not. We have an amazing team here. We trust them and we have a really great relationship with them," says Kim Wall, Pacey's mom.

Pacey has intestinal failure, but what's causing it is unclear. Pacey's condition started when he was two years old and has progressively gotten worse. He's had a wide range of surgeries to help his digestion and has now had his colon removed and a colostomy placed. He can't eat solid foods, so he relies on total parenteral nutrition (TPN), which is a

solution of essential nutrients given through an IV. Since 2017 Pacey has been in and out of HSC Winnipeg Children's Hospital as complications came up, with his longest stay lasting six weeks. In 2020

up, with his longest stay lasting six weeks. In 2020 he was in hospital for both Christmas and his birthday, so he's really gotten to know the Child Life team.

"Until you have a child in hospital for as long as Pacey has been you just can't truly understand what it's like," says Kim.

Child Life specialists are experts at helping kids cope with life in hospital. They provide music therapy, put on fun programs like the Good Day Show on Children's Hospital TV and tend to kids' emo-

tional and developmental needs.

When Pacey is in hospital, he spends about three hours a day in the play room, watching CHTV and doing other activities organized by Child Life.

"It's three hours a day he has to look forward to. No matter how yucky his day is, he knows he has that time (with the Child Life team) to just do fun things," says Kim.

Pacey has faced many painful and uncomfortable procedures. Kim remembers one particular day that had been very difficult. Child Life specialists came to check on Pacey and help him express what he was going through. They asked him to write all the things he hates about being in hospital on a target so they could squirt paint at those words to make them go away. But because Pacey loves the people and activities at Children's Hospital so much he didn't have anything bad to write down; he just wanted to put numbers on the target for points.

"That's the type of kid he is — he doesn't see anything bad here ever," says Kim.

Kim is thankful the Child Life team has so many ways to help Pacey enjoy just being a kid and says when he's feeling good he's unstoppable. Pacey loves training to be a ninja and is so fierce he popped the punching bag he has at home.

"You wouldn't know he was sick. He always looks amazing and he's chatting it up with everyone he passes in the hall, waving to everybody who walks," says Kim.



PHOTO SUBMITTED

This year on Nov. 29, Qualico has agreed to triple match gifts up to \$100,000 to help revitalize the Children's Hospital Emergency Department to support children like Winkler's Pacey Wall.

Kim says the Children's Hospital team has become like family to her, Pacey, his dad Benji, and his three sisters Addison, Bailey and Savannah. Pacey is so close to some of his surgeons he will play pranks on them, like taping a fake spider to his belly right before they begin a procedure.

Kim is grateful to the Children's Hospital team for continuing to support Pacey and searching for answers about his condition.

"It's been a battle for five years but we still have hope."



## Regenerative ag methods take root at St. Laurent farm

By Jennifer McFee

Changes are cropping up at a St. Laurent farm that's in the early stages of implementing environmentally sustainable farming strategies.

Jonique Farms, located on Provincial Road 415, is embarking on the regenerative farming method and is in the process of becoming organic-certified with Ecocert Canada. In partnership with West Interlake Watershed Conservation District, Jonique Farms Ltd. is involved in a soil health project with cover crops on the farm's 200

"Regenerative farming is the method of no tillage, no use of chemicals, no synthetic fertilizer use," said Joel Combot, who runs the farm with his



This ring is used to measure water infiltration.

wife Monique.

"A blend of cover crops and cash crops is seeded in the terminated



TRIBUNE PHOTOS SUBMITTED

Joel Combot of Jonique Farms explains the equipment to the group gathered for a Nov. 1 field tour.

These regenerative practices blanket the ground with the terminated cover crop, which creates a type of armour to protect the soil from hot, dry temperatures.

At the same time, this method helps to suppress weeds, retain moisture and host beneficial insects.

"The different plant species sown

feed the soil biology and exchange nutrients, nourishing each other in the soil — and this is the natural fertilizer. When the blended crop is ripe, it is harvested with combines," he said.

"There may be two, three, four or more species harvested for seed and

Continued on page 26



The attendees watched over a soil water filtration test. The rate for an average Manitoba crop land is one inch per hour, but the filtration was much quicker at Jonique Farms Ltd., where the water soaked in at a rate of one inch in 2 1/2 minutes. This means the soil water erosion is much better controlled by doing regenerative farming.





# Great gift ideas at Home Sweet Candle Barn

By Jennifer McFee

The future shines bright a brand new local candle company based near Balmoral.

Home Sweet Candle Barn is preparing to host its grand opening in early December, right in time for the holiday season.

Owner Trisha Stebner got her start by making coconut wax candles in the midst of the pandemic.

"I find candles bring me peace and instantly lighting a candle brings calmness. Unfortunately, most of the candles on the market are full of toxins, test on animals or contain animal derivatives," she said.

"My family and myself are vegan, so it's important to use products that cause no harm to animals, our environment and home. I decided to start this business more so as a hobby but since fell in love with candle-making."

As part of her journey, Trisha embarked on a thorough process to test different candle waxes, wicks and vessels.

"This took about a half a year to make a candle that I was 100 per cent happy with. I chose coconut wax as it is the most sustainable wax available. I really can't believe why so many choose soy over coconut wax. The coconuts themselves can be harvested



It takes approximately two weeks for a candle to set.

by hand, which allows less environmental impacts of using heavy machinery to do the work," she said.

"When harvesting a coconut tree, you are ensuring that no part will go to waste. One coconut tree produces hundreds of coconuts a year without the use of harsh chemicals to grow a yearly crop. One coconut tree lives 60 to 70 years. This is ultimately why we decided to use coconut wax for our products."

All of her ingredients are sourced from Canadian businesses, she added.

"I use luxury fragrances, which are blended with essential oils," she said,



TRIBUNE PHOTOS BY LANA MEIER

Home Sweet Candle Barn is preparing to host its grand opening on Dec. 3.

"and all of my products are plantbased and free of parabens, phlatlates, dyes and cruelty."

As a vessel for her candles, Trisha uses mason jars since they're recyclable and can easily be reused.

"These refillable and reusable candles are an amazing eco-friendly investment. You'll love the farmhouse antique design and the lovely 100 per cent plant-based, non-toxic scents," she said.

"So far we have 60 scents and are currently designing and testing our

Continued on page 25

## Patients are raving about their dentures, thanks to Denturist Matthew

BY ELISHA VANDOR

Matthew is a creative and compassionate Denturist who values all his patients and believes they deserve the very best quality denture care that he can give, with a whatever-it-takes attitude. Striving for excellence, attention to detail, and most of all making sure every patient he sees leaves with a smile on their face. Matthew is people focused and you can often find him striking up conversations with ease and enthusiasm.

Born and raised in Winnipeg to a Filipino and Hungarian family, Matthew and his brother were introduced to the dental world early on, as their father built his own family operated dental laboratory. With that experience, both Matthew and his brother, Andrew, went on to pursue careers in Dentistry. Andrew became and Dentist and Matthew decided to become a Denturist. Even before graduat-

ing, Matthew interned at Vandor Denture Centre, and now after graduating NAIT (Denturist) college in 2019, Matthew enjoys getting to make his patients smile every single day.

Some of those smiling patients are Reg and Diane who are featured with Matthew in the photo! Reg received his new partial dentures a few weeks ago and he told us at his follow-up appointment that the dentures are the best fitting dentures he's ever had! The next day, after his appointment he emailed us saying, "Woo, so happy with the fitting ... both fit like a glove. I'm very happy!" Wow, what a compliment! We can't forget about Reg's wife Diane who also received her new upper denture and soon her partial lower denture and is smiling from ear-to-

After having teeth removed almost a year ago, Kelly came to

see us to get her smile back. She explains, "There is not enough room to express how impressed I am with Matthew at Vandor Denture Centre. He is amazing. I feel like he genuinely cares about people. He listened to everything I had to say, didn't make me feel bad about my reasons for being there, understood what I wanted, explained everything to me, and didn't rush me. He's extremely personable and has a great sense of humour. He made this experience for me something to look forward to. I am smiling again and if I make it to the real senior years and require his services, then there is zero question that I will be going to him! Thank you again Matthew!!"

If you're ready to rave about your dentures too, then don't hesitate to contact us for an appointment. Consultations are free and Matthew is always ready to help.



supplied photo

Diane and Reg are all smiles after receiving their new dentures from Matthew at Vandor Denture Centre.

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## > CANDLE BARN, FROM PG. 24

spring line this week. We also offer \$2 of your next purchase if you bring back your empty and washed mason jar."

Each and every candle is handpoured in a barn located on their property, just south of Balmoral.

"Candle-making started in our kitchen but eventually started to take over our home," Trisha said.

"So we renovated the barn over the winter months and I moved my candle supplies all in there."

The business endeavour has also been a family affair since Trisha's four children help in various ways.

"My two youngest, which are twin three-year-olds, are by my side through the entire day. Luke and Gracie are the amazing helpers for choosing scents. Some days, my two oldest and I have gone nose blind and they will tell us how yummy or yucky a scent is," she said.

"They have a play corner in the barn and are extremely content each day — must be the essential oils that give the barn an instant therapeutic vibe."

Trisha's two oldest daughters, Sunny and Felicity, pick up parcels — usually 50- to 100-pound boxes of wax — from the Balmoral post office. They also add wicks, stickers and labels for each candle. Once Trisha pours the wax, her oldest daughters ensure the products ready to sell without any flaws.

"Sunny loves creating. Last year, she decided to make simmer jars with all-natural ingredients at Christmas — and she sold out completely and she has continued making them this year. We picked the name as a family,

Home Sweet Candle Barn, since we truly all love being at home together," she said.

"We all would say 'home sweet home' as soon as we would pull down our lane. We actually had a sign made for our driveway saying Home Sweet Home two years ago. So it was only fitting we called it Home Sweet Candle Barn."

For Trisha, it's important to create a healthy home for her family, and her candles are now part of that vision.

"I want to be able to share my products with everyone to enjoy. I'm hoping my candles are truly loved by all and I can be able to be a work-athome mom," she said.

"Being able to be at home taking care of my children is my top priority but I'm hoping I can be a breadwinner as well."

Along the way, she savours the process as much as the outcome.

"Making candles is extremely relaxing and quiet. It smells amazing too. Just knowing I'm creating a non-toxic product for our home makes me so happy," she said.

"Receiving a parcel of newly launched scents is very exciting, and my two daughters and I can't wait to get home from the post office to sniff them. We usually open the box instantly and smell them in the van."

With a love for all things Christmas, Trisha's favourite scent is the festive Gingerbread Swirl.

"I'm also a huge lover antique shops and old bookstores, so the candle called Antique Bookshop gives me all the good feelings of being near old books and antique shops," she said.



Sunny makes simmer jars for the holiday season.

"It's a lavish fragrance that refreshes the spirit of wisdom through top notes of peach and plum before revealing its heart of peony and violet. This is laid upon a foundation of leather, patchouli, vanilla and musk with patchouli essential oils. It will be launching in January 2023."

Other sought-after scents include Pumpkin Spice, By the Fireside, Vanilla Santal and Shea Butter, and Whiskey and Oak.

In addition to candles, Trisha is stocking the barn with candle-related items and other cozy necessities.

"I have available wick trimmers, candle snuffers, wax melts and USB lighters, which all make amazing Christmas gifts to go along a candle," she said. "The wick trimmers and USB lighters are very popular."

Building on the success of its soft launch on Nov. 10, Home Sweet Can-

dle Barn is gearing up for a grand opening event on Saturday, Dec. 3 from 10 a.m. to 4 p.m. at 84032 Provincial Road 236.

And for those who'd like to start shopping even sooner, Trisha will set up at a market at Little Brown Jug Brewing Company in Winnipeg on Saturday, Nov. 26 from 1 to 6 p.m.

"I offer free deliveries for Balmoral, Teulon, Argyle and Stonewall," she added.

"I also offer free curbside pick-up from my barn seven days a week, and you're welcome to come by the barn by appointment."

For more information, find Home Sweet Candle Barn on Facebook and Instagram (@homesweetcandlebarn). Info is also available on the company's website at homesweetcandlebarn.ca or by emailing homesweetcandlebarn@gmail.com.

## > SURROGACY, FROM PG. 14

There were many happy tears at the party."

For Dana, she shared that she's been feeling great since entering the third trimester — and she can't believe the baby will soon be here.

"My family has been extremely supportive during this journey. My husband especially has been my rock throughout this pregnancy," she said.

"The question I get most is how are my children handling it. We have been open with them from the very beginning — we read a book called *The Kanagroo Pouch* to open up the conversation about surrogacy — and they are very excited for Katie and Russ."

At the same time, this remarkable experience has created unexpected

connections with others.

"I feel like I've had so many amazing people open up to me and share their own struggles with infertility," Dana said, adding that some people have even expressed openness about becoming a surrogate themselves after hearing the Hills' story.

"I just hope sharing our story helps others share their stories and helps those considering surrogacy to maybe take that next step."

The soon-to-be parents continue to share their story through their Instagram page @the.hillbeans.

"We give weekly updates on how Dana is doing, how baby is growing and how we are keeping busy. We also hope to keep spreading the word about surrogacy and infertility. It really isn't spoken about enough. While sharing our story, we have had friends, family and followers from our Instagram page that have reached out and opened up about their own struggles with fertility," Katie said.

"We feel sharing our story opens up the conversation and creates a safe space for others to share and feel. There are huge feelings that come with infertility and loss. We're thankful we can connect with others and offer a bit of positivity and hope. Surrogacy is giving us a way to grow our family, to hear a little voice call us Mom and Dad."

By sharing their story, and their process, the Hills are also hopeful it might help others take the leap to see if surrogacy is an option for them.

And their excitement continues to build as their baby's arrival approaches.

"After such a long journey, holding this little one in our arms is going to be the greatest moment," Katie said.

"It's still quite surreal — we're going to be parents!"

At the same time, they express deep gratitude to Dana for her integral role in the whole process.

"We really are over the moon to be two short months away from welcoming our baby girl into the world. After a decade of 'maybe this year' and 'it will happen,' we're here and it's surreal," Katie said.

"We are beyond grateful and still in awe that Dana reached out to us. She chose us and hopped on the journey with positivity, love and strength. Our little girl is so lucky to have Dana caring for her right now."

Their baby girl is due to be welcomed to the world in January 2023.

## **26** The Stonewall Teulon Tribune Thursday, November 24, 2022 > SELL-OFFS. FROM PG. 21 After being a "workaholic" him

tle bit of money some producers will save renting Crown land won't help in the long run," said Thompson. "It's not an answer to the overall issue. The overall issue is that production is so costly. Why stay in this business if you're not getting paid for it in the end?"

The amount of money that goes into cattle production just "doesn't come back to the farmers" from meat sales, said Thompson, and it's a situation that has been going on for years.

A study commissioned by the Beef Farmers of Ontario, covering 2016-2021, showed beef producers in that province losing money on each head of cattle produced, but the packing sector making record profits charging grocery stores, according to *Farmers Forum Newspaper*. That resulted in higher prices for consumers by the end of 2021.

In addition to a lack of profitability, high production costs and extreme weather events, Thompson said the denial of disability insurance by an insurance company also factored into his decision to sell up. A definitive medical diagnosis for impaired breathing took four years to make but Manitoba legislation has a limit of two years to appeal.

"It would have been a big pay-out. It's not every insurance company that does this. But I never expected to hear that we have legislation in place to protect insurance companies," said Thompson. "It really shocked me when the lawyer told me that because there was no diagnosis, they don't have to pay you. Once I got the diagnosis, well, you only had two years to appeal. Well, it took four years to find out what was wrong."

After being a "workaholic" his whole life, Thompson said he will find something else to occupy him.

Richard Ching from Moosehorn is another cattle producer getting out of the business. He sold 22 calves a few weeks ago and is selling his remaining 25 cattle this Saturday at the Ashern Auction Mart. As the auction mart will preg-test them, there could be a couple more.

Ching said the reason he's leaving is that he's ready to retire from the cattle business. He does, however, want to continue to work a sideline in construction. Severe weather and lack of profitability didn't affect him.

"It was just time for me to retire. The drought hadn't affected me a whole lot up here. I have a lot of pasture," said Ching, who moved to the area from southern Manitoba about three years ago. "I've had cattle for the last 50 years but I've always been in construction. I've got my own cat and hoe and other construction equipment."

The Moosehorn region did all right throughout the excess moisture events this year, he said, and crops like alfalfa, soy beans and canola were fairly decent. Other parts of the Interlake, however, got hammered.

Ching said he's going to keep busy and focus on his construction business.

"I'm not about to sit down at the corner of the couch yet," said Ching. "I've been busy in this country: I've been doing fence lines and cat work around here."

Manitoba has the country's third largest beef cow herd, or 11 per cent of the national herd. In 2021 Manitoba sold 440,485 head and reported \$629 million in cash receipts for cattle and calves, according to the provincial government's beef cattle sector pro-

file report.

But the three- or four-year-long drought took a toll on herd size.

Auction marts in the province, which provide facilities for selling cattle to buyers across North America, saw increased sales in July and August of 2021 as producers downsized.

"As of July 1, 2021, there were 1.02 million head of cattle on farms including 372,700 beef cows. As of January 1 2022, there are 915,000 cattle and 363,300 beef cows on farms. The herd size is showing contraction due to the 2021 drought conditions," states the report.

Manitoba Beef Producers general manager Carson Callum said climate challenges and an aging demographic have led to a decline in the sector.

"The challenges our industry has experienced over the last number of years, whether it's drought, floods, snowstorms or market pressures, all these different things have led to some folks getting out of the business, unfortunately. We've seen that in the last couple of years a little more than previously, and that was related to the challenging years producers went through," he said. "But it's also related to demographics: a lot of producers are getting to the age where retirement is looming and they've made a decision based on some of those extreme factors to either downsize their herds or completely disperse them. The unfortunate reality is those challenging years became the tipping point for some producers."

It's not just the Interlake that's seeing a loss but other areas of the province as well, said Callum.

The province's attempt to mitigate the loss of cattle production through incentives such as a rent reduction on Crown land over the next three years is a "positive step forward," said Callum. There will be a 50 per cent rent reduction in 2023, a 33 per cent reduction in 2024 and 15 per cent reduction in 2025.

That said, producers look at a number of different factors affecting their operations.

"The cost of inputs has gone up in many instances so that adds pressure on producers' bottom line and causes them to make decisions to downsize or leave," he said. "And the market price for animals is particularly important. We've seen an upwards trend in prices but that needs to continue in order to keep producers in the business and keep them striving forward."

With declining numbers of cattle, the demand for them may result in higher prices even if Canada enters a recession next year, he said.

"I think the supply issue will be a major issue across North America with cattle supply numbers down," said Callum. "I'm hoping the price producers receive will hold strong."

The provincial and federal governments could help the industry by ensuring business risk management tools are equitable to the beef sector.

"If the federal and provincial governments can ensure there are proper tools to manage risks such as floods or droughts and ensure beef producers are well supported like other agricultural industries, that would be a really important step," he said.

Richard Ching's cattle will be sold on Saturday, Nov. 26 at 1 p.m. Archie Thompson's cattle will be sold on Saturday, Dec. 10 at 1 p.m. For more information about cattle sales, contact the Ashern Auction Mart at 204-768-2360 or visit ashernauctionmart.com

### > FARM, FROM PG. 23

grain all in a mix. Then the blended seeds and grains are segregated and cleaned at the farmyard with seed cleaners. There could be legume, grass forage seeds, cereal and oil seed that could be harvested at once and all marketable in different ways."

On Nov. 1, the 200-acre farm welcomed people for a field tour to learn about regenerative farming. Michael Thiele and Blain Hjertaas of Understanding AG were the guest speakers at the event, which included attendance from the new St. Laurent council.

"The concern is that Lake Manitoba is only three miles from our farm. With Lake Winnipeg, they're always talking about phosphates and nitrogen in the lake, which is a problem," Combot said.

"We used to farm in the conventional way doing heavy tillage and

using synthetic fertilizers and herbicides. After so many years of trying to produce grain, it's very harsh on our land. It's not sustainable for our land to take that kind of punishment."

During the tour, Combot explained that when bush is cleared to make space for fields, the soil is not compacted so it's more like peat moss.

"Our soils here are kind of sandbased and not very deep. Eventually, after so many years, that nice, beautiful organic soil loses carbon and turns more sandy. After each heavy rain, we can see the black dirt has eroded and then beach sand was basically left over."

In the west Interlake, erosion is a problem due to low-lying areas and high ridges, he added.

"When the land is under cultivation openly, water erosion and wind erosion is a problem because the soil is very light," he said. "It's not like what I call the Red River gumbo, where it's heavy clay and they've got about three feet of topsoil."

Last year, Jonique Farms also faced difficulties due to an influx of grass-hoppers and crickets.

"They basically ate all of the nice soil cover that we had. The grasshoppers did so much damage that the soil was exposed. In the high temperatures and drought, the soil life will cook out," he said. "Also, where the ground is bare, Mother Nature will take care of that by seeding something of her own, which is weeds. That's what happened here."

Nonetheless, Combot persevered with his plan to implement regenerative agriculture methods.

"It was quite wet in spring and a big part of summer, so I had no choice but to wait to seed fall rye, hairy vetch and tillage radishes at the end of August because that was the only time that we could get in the field because it was still wet," he said. "Then we got caught with frost not too long after. Tillage radishes don't like frost so they petered out, but at least we've got two species that want to grow, along with sweet clover that I seeded last year."

With regenerative farming, multiple crops are all harvested at the same time.

"It's all a blend. The reason we use different plant species is because the plants will seed and fertilize themselves naturally in the soil. If you blend in forage legumes such as sweet clover and alfalfa with grass crops like wheat, oats or barley, those legumes will feed those grass crops in the soil," he said.

"Soil is all such a complex thing that the microbes will do the work by carrying the natural plant nutrients to each plant. They're basically feeding each other. Regenerative ag is all very interesting."

# SDOPES& PECTEATION INSIDE > OUTSIDE > UPSIDE DOWN

# Jets derailed by Railer Express

#### **Staff**

The Stonewall Jets were beaten 5-3 by the Transcona Railer Express in MMJHL action on Sunday afternoon in Winnipeg.

Alex Kaczorowski and Matthew Smith, on the power play, scored to stake Stonewall out to a 2-0 lead just 8:08 into the game.

But Transcona's Michael Todoruk and Conrad Solypa struck with the man advantage before the opening period ended.

The Railer Express' Mattie Boonstra scored a pair of power-play goals before the Jets' Michael Spence tallied at even strength late in the middle frame.

Boonstra then added another power-play goal early in the third.

Last Friday, Stonewall pounded St. Boniface 7-3.

Jets' goals were scored by Spence (two), Cole Emberly (two), Raf Padua,

Nolan Moroz and Hudson Chamber-

Tyler Hattie, Matthew Trott and Miguel Tettreault replied for the Riels.

Zack Meadows made 47 saves for

On Nov. 15, the Jets lost 5-2 to the River East Royal Knights in Stone-

Spence and Smith scored power-play goals for Stonewall.

River East goals were tallied by Carson Winkler (two), Chase Sobey (two) and Carson Winkler.

The Jets, now 7-7, will play at the St. Vital Victorias on Thursday (7:30 p.m.) and the Ft. Garry/Ft. Rouge Twins Sunday (6:30 p.m.).

Meanwhile, the Jets are looking for an equipment manager for the 2022-23 season.

If interested, please contact Liam Wheddon at liamwheddon@mymts.



TRIBUNE PHOTO BY LANA MEIER

Jets' goaltender Zach Meadows made 47 saves in Stonewall's 7-3 home victory over St. Boniface last Friday.

# Provincial weekly curling recap

#### By Ty Dilello

One of the premier junior cash spiel events in Canada, the Sun Life Financial Junior Challenge is an annual invitational event in Brandon that was held last weekend and featured some of the best up-and-coming young curlers from across North America.

Altona's Dayna Wahl carried on their momentum from winning the Canada Games Trials by having a deep run in the Sun Life Junior Challenge. Wahl went 2-1 in the round robin to advance to the quarterfinals, where they defeated East St. Paul's Morgan

Maguet. In the semi-finals, Wahl lost a tough battle with Winnipeg's Katy Lukowich.

Lukowich went on to win the final over Manitou's Cheyenne Ehnes by a 5-1 scoreline.

Carman's Shaela Hayward also participated in the event but didn't fare as strongly. The Carman rink went 1-2 and failed to reach the quarterfinals. Moosehorn's Tansy Tober also went 1-2 and didn't reach the playoffs.

On the boys' side, North Dakota's Ethan Sampson took home the event by defeating Saskatchewan's Logan Ede in the final.

Morden's Nash Sugden competed and went 1-2, missing the playoffs.

At the Mid-Canada Fasteners Classic in Winnipeg, Team Corey Chambers (featuring St. Claude's Julien Leduc at second) were victorious after defeating Winnipeg's Ryan Wiebe 5-4 in the championship final. Chambers earns some cash and a berth into the Viterra Championships for the win.

St. Claude's Justin Twiss, who throws lead stones for Team Riley

Smith, reached the semi-finals of the event before falling 7-3 to Ryan Wie-

The women's event was won by Miami's Jennifer Clark Rouire, who defeated Thompson's Jennifer Briscoe 7-3 in the final.

The DEKALB Superspiel in Morris is the next major men's and women's World Curling Tour event in Manitoba and it will run from Dec. 2 to 5, featuring 40 top rinks from around the world.





Come out to support the Jets



#### **UPCOMING GAMES**

Stonewall Jets at St. Vital Jr. Victorias Thursday, Nov. 24, 7:30 p.m. St. Vital Centennial Arena

> **Stonewall Jets at** Ft. Garry Ft. Rouge Twins Sunday Nov. 27 6:30 p.m. **Century Arena**

## **U17 Lightning iced by Westman**

Staff

The Interlake Lightning lost 7-2 to the Westman Ice Bandits in U17 AAA action on Sunday.

Jayden Edwards and Evan Deprez scored for the Lightning.

Theo Pratt (three), Gavin Drake, Linden Gould, Sage Hall Vermette and Connor Hoesman replied for Westman.

Last Thursday, the Lightning were defeated 7-2 by the Winnipeg Bruins in Stonewall.

Lightning goals were scored by Dominick Collins and Cole Swanson in the third period.

Interlake will host Eastman Thursday (7:30 p.m.) in Stonewall and then visit Brandon Saturday (7:15 p.m.) and Westman Sunday (2 p.m.) in Elkhorn

In U15 AAA action, Interlake lost 5-2 to the Central Plains Capitals on Sunday in Portage la Prairie.

Interlake's goals were scored by Brody Slatcher and Mason Bernier in the third period.

Capitals' goals were tallied by Dylan Spak, Jazz Mousseau, Melvin Mecredi, Mathias Sibilleau and Lawson O'Ray.

Last Friday, the Lightning were shut out 6-0 by the Pembina Valley Hawks in Winkler

The Hawks, which held period leads of 2-0 and 6-0, received goals from Cole Secord (two), Cohen Lewko, Casey Magarall, Nathan Froebe and Parker Henderson.

Interlake played the Winnipeg Thrashers Gold this past Tuesday but no score was available. The Lightning won't play again until Dec. 1 when they host Pembina Valley in Stonewall.

The next night, Interlake will play the Winnipeg Wild Red in Warren. Puck drop for both games is 7:30 p.m.



TRIBUNE PHOTO BY LANA MEIER

The Interlake Lightning's Justin Braid checks a Winnipeg Bruins' player during U17 AAA action last Thursday in Stonewall.

Lightning lose to Bruins, Thrashers

TRIBUNE PHOTO BY JO-ANNE PROCTER

The Lightning's Adam Vigfusson scored a goal in Interlake's 3-1 loss to the Winnipeg Thrashers in Manitoba U18 AAA Hockey League action last Friday in Teulon.

# Wildcats claim spot in MHSAA AA varsity girls' volleyball provincials

Staff

The Warren Collegiate Wildcats have earned a spot in the 10-team MHSAA AA varsity girls' volleyball provincials in The Pas.

Warren posted a perfect 3-0 record in the four-team pool at a provincial qualifier last Saturday.

The Wildcats cruised to 2-0 sweeps

over the Elton Sabres (25-15, 25-16), the Goose Lake High School Angels (25-8, 25-20) and the Carberry Cougars (25-13, 25-21).

Elton placed second after defeating Carberry 2-0 by scores of 27-25 and 25-23 in the second-place game.

The AA provincials will take place Dec. 1-3.

#### Staff

The Interlake Lightning were defeated 7-2 by the Winnipeg Bruins in Manitoba U18 AAA Hockey League action on Sunday afternoon.

Winnipeg's Reeve Sukut, Peyton Allard, Carter Wilson and Hayden Moore scored in the first period.

Wilson and Ethan Bibeau made it 6-0 early in the third before Gavin Holod put the Lightning on the board at 8:12 of the final frame.

The Bruins' Maxx Hamelin and Ian Buors then traded goals midway in the period.

Last Friday, Interlake lost 3-1 to the Winnipeg Thrashers in Teulon.

Nathan Leclerc gave Winnipeg a 1-0 lead in the middle frame but Interlakes' Adam Vigfusson tied the score midway in the third period.

The Thrashers' Cole Bilous and Brandon Corde closed out the scoring.

Interlake's next game is Wednesday at 8 p.m. when it hosts the Winnipeg Wild in Teulon.

On Sunday (2 p.m.), the Lightning will visit the Wild.

## Warren wins zones



TRIBUNE PHOTO PAULA HOFER

The Warren Collegiate Wildcats won the Zone 5 junior varsity girls' volleyball championship after defeating Teulon 2-0 by scores of 25-20 and 25-10 last Wednesday. Pictured back row, left to right: coach Andrea Schutz, manager Abi Mair, Mia Cassils, Sara Knutson, Colby Darragh, Abby Alexander, Samie Boonstra, Thalissa Lavallee-Thang and coach Kim Cassils. Front row, left to right: Camryn Oliver, Lauren Voth, Kiera Schutz, Jadyn Baldwin, Meadow Seidel, Leia Theroux and Payton Bizier.

# Capitals down U18 AAA female Lightning

#### Staff

The Interlake Lightning lost 4-1 to the Central Plains Capitals in Manitoba U18 AAA Female Hockey League action on Sunday afternoon in Ar-

Tessa Stewart scored for Interlake, assisted by Camryn Falloon and Emily Gagne.

Capitals' goals were tallied by Liberty Aime, Izzy Colatruglio, Courtney Dupois and Phoenix Freis.

Last Saturday, Interlake lost 3-1 to the Pembina Valley Hawks in Stone-

Shelby Staples scored a third-period goal for the Lightning.

Interlake will play Eastman on Saturday (1:30 p.m.) in Niverville and Central Plains Sunday (3 p.m.) in Portage la Prairie.

# Zone 5 champs



TRIBUNE PHOTO SUBMITTED

The Warren Collegiate Wildcats are the junior varsity boys Zone 5 volleyball champions after defeating the Teulon Collegiate Saints 2-0 (25-15, 25-19) in the final last Wednesday. Pictured, left to right, is Ryan Manweiller, Ty Olson, Dylan Upgang, Cameron Gallant, Donovan Atchinson, Ashton Chartrand, Hayden Hogue, Espen Sund, Chase Hnatuk and coach Mark Hnatuk. Missing from the photo are Liam Ivany, Colton Bruce and Connor Grenkow.

TRIBUNE PHOTO BY LANA MEIER

Lightning captain Tessa Stewart gets control of the puck in Interlake's 3-1 loss against the Pembina Valley Hawks Saturday night in U18 Manitoba AAA Female Hockey League action.

## Mercs edged by Hawks in OT

#### Staff

The Warren Mercs were defeated 7-6 in overtime by the Notre Dame Hawks on Saturday eve-

Jeff Michiels scored a power-play goal in OT.

Chase Faulkner and Drake Lindsay scored to give the Mercs a 2-0 first-period lead and then Eric Swanson and Braydon Mac-Donald made it 4-0 early in the second.

But Notre Dame came back with second-period goals from

Michiels, Griffen McLean, and Eli Carels.

The Hawks went ahead for the first time in the game with goals from Sean Christensen, Vincent Grift and Michiels to lead 6-4 in the third period.

Faulkner scored at 15:09 of the third and then Travis Bobbee tied the score at 6-6 when he tallied at

The Mercs (2-2-1-0) will host the Portage Islanders (3-0) on Saturday at 8 p.m.

# Rams skate past St. John's Ravenscourt

The Stonewall Rams defeated SJR 7-4 in Winnipeg High School Hockey League action last Friday at Dutton Arena.

Kael Brown led Stonewall with two goals and two assists while Ty Woods, Russell Watts, Adam Newcombe, Max Van Heyst and Reid Byle each had a goal and a helper.

SJR goals were scored by Euam Bohm, Aidan Lawton, Tyler Yale and Spencer Stewner.

Hunter Manning earned the win in goal.

Last Thursday, the Rams blasted College Jeane Sauve 7-0 at Dakota Arena.

Woods scored in the first period and then Van Heyst and Brown tallied in

The Rams blew the game wide open with third-period goals from Byle (two), Van Heyst and Carter Bough-

Jackson Vandersteen posted the shutout.

Stonewall, now 6-3 and in second place, will play Glenlawn on Wednesday (4:30 p.m.) and then host John Taylor Friday (4 p.m.).

The Warren Collegiate Wildcats, meanwhile, were defeated 7-1 by Transcona on Friday.

Warren's goal was scored by Dylan Riddell in the third period.

Ryland Gozolo (two), Griffin Boomer, Cole Phillion, Brayden Bear, Landon Bollenback and Mathew Mc-Corrister replied for Transcona.

Last Thursday, Warren doubled Louis Riel 8-4. The Wildcats scored five third-period goals.

Owen Shymko had a fantastic game with four goals while Ethan Shymko scored a goal and added two assists.

Dylan Tully and Colton Bruce each had a goal and an assist. Leland Chartrand scored Warren's other goal.

Louis Riel goals were scored by LaFreniere, Davinault Samuel Freynet, Nicholas Lamontagne-Badiou and Teo Pelletier-Lavack.

Dallas Shaver posted the win in goal. Warren will play Windsor Park on Friday (3:45 p.m.) at the Glenwood Community Centre.

## McGuirk attending school, playing softball at the University of Regina

#### By Brian Bowman

Kalin McGuirk has taken her softball talent out west.

The Stonewall product is attending school and playing softball for the University of Regina Cougars.

She is enjoying her time in Saskatchewan.

(Regina) is a lot like Winnipeg," she said. "I chose Regina because it's close to home. It's only about a five-hour drive from Regina to Stonewall."

This is her first year at the University of Regina. She attended a Manitoba ID camp and was later recruited by the Cougars.

The Cougars began their training camp at the beginning of August and played a six-week fall season with about five or six games each weekend. They also compete in the spring.

"I'm really looking forward to our spring season when we go down to the States," McGuirk said. "I'll play some, hopefully, very competitive ball down in the States. We'll play (teams) like Jamestown, Minot, little colleges in North and South Dakota. Us going down there brings another level of

competitiveness to our league."

Regina competes in the Western Collegiate Softball Association against schools like SAIT, Calgary, Lethbridge, the University of Saskatchewan, UBC Okanagan and the University of Victoria.

That's a lot of travel.

"It's definitely fun but it's hard being on the road every single weekend but we drive everywhere and it's really good for team bonding," McGuirk said. "Travelling and being in hotels together."

The Cougars had a good season, placing fourth out of the seven teams.

"We were happy with fourth but obviously we wanted first," said McGuirk, who has played second base and the outfield with the Cougars. "We took fourth and we were happy with that because most of us were first-year players on the team. We only had five returners. The league is fairly competitive and I like it."

McGuirk, 18, played this past summer with the U19 Interlake Phillies, which combined with a Brandon team. She has really enjoyed her time



TRIBUNE PHOTO ARTHUR IMAGES

Kalin McGuirk is in her first season attending school and playing softball for the University of Regina Cougars.

with the Phillies.

"I've been with the Phillies since I was 15 years old and that's where softball kind of took off for me," she said. "I played high level ball in (Winnipeg) for the Angels but when I was

15 I came back to play for the Phillies. I played for Ryan Fines and Tatum Lindley and that's when I really developed into the softball player that I am today."

# get inspired > MEAL IDEAS



# Apple Custard Sponge Trifle

Servings: 8-10

6 Envy apples

2 tablespoons golden caster sugar

1 teaspoon cinnamon

1/2 cup, plus 2 tablespoons, water

1 tablespoon corn flour

1 large plain sponge cake

2 cups vanilla bean custard

1/2 cup caramel or butterscotch sauce, plus additional for garnish, divided

1/2 cup cream

fresh apple slices

fresh strawberry slices

Peel, core and dice apples; place in large saucepan. Add caster sugar, cinnamon and 1/2 cup water. Simmer apples 5-8 minutes until tender. Combine corn flour and remaining water. Stir corn flour mixture into apples until apples are syrupy. Cut sponge cake into 2-centimeter diced pieces. Arrange 1/3 of sponge pieces in base of serving bowl. Add half of cinnamon apple pieces, including syrupy juices. Add 1 cup custard and drizzle with 1/4 cup caramel sauce. Repeat with remaining ingredients, finishing with sponge cake; chill.

Whip cream and spoon dollops over sponge cake to cover top. Garnish with apple slices, strawberry slices and caramel sauce.

## **Recycling 101 – aluminum and steel containers**

By Karl Dahei

Our first article of the series focused on glass recycling in Manitoba. Today's article will address aluminum and steel container recycling. Although the last article spoke about how glass placed in the blue box was not recycled but reused as aggregate in road construction within landfills, steel and aluminum are the most valued recyclables in the blue bin. In the case of aluminum, it can be recycled indefinitely. It has been estimated that 75% of the produced aluminum is still in use today.

Just like glass jars and bottles, aluminum and steel containers from food products can be placed in blue bins and bags. Containers should be rinsed of visible food particles. Labels do not need to be removed. Only include food containers - this includes pet food containers, so Rover or Snowball can get in on the recycling as well! There are two items of food-grade aluminum that should not be put into recycling - aluminum foil and aluminum pie plates or trays. The problem with aluminum foil and plates is that they cannot be mixed with aluminum cans due to their melting point. Cans melt at a much higher temperature which causes the foil and plates to turn to ashes in the smelter. If you don't have another use for them, aluminum foil and pans need to be put into the waste bin.

Cans that store fuels, chemicals, paints, or aerosol cans household hazardous waste items. These must not be placed in blue boxes or in household waste. They need to be delivered to your local household hazardous waste depot. Locally, they can be dropped off for free at the Winfield Road Transfer Station or the Teulon-Rockwood Waste Disposal site. On the other hand, items such as steel or aluminum pots and pans and larger items such as appliances have a scrap metal value. Scrap metal dealers will pay the going rate for the metals you are recycling. Locally, Interlake Salvage & Recycling in Stonewall is such a scrap metal dealer.

Lastly, one type of aluminum beverage container is unlike



**PHOTO SUBMITTED** 

Aluminum and steel help make up a lot of the dollar value for recycling.

any other in Manitoba in that you pay a deposit on them upon purchase. Empty beer cans can be returned to vendors to redeem the deposit value. Please check with your local vendor for rules on returns.

Aluminum and steel help make up a lot of the dollar value for recycling. Always ensure you put all your aluminum and steel cans into the blue box each week.

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Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

Mature reliable adult to work cashier/concession alternate weeks/evenings, minimum 15 hours per worked. Work week is Wednesday to Monday, September to June; Tuesday to Monday, July and August. Responsible for ticket & concession sales, clean-up & to watch front during show. Apply to Flicks Cinema, evenings.

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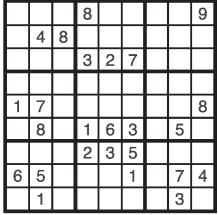
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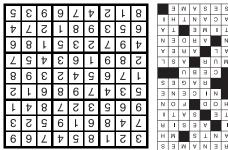
# take a break

# SUDOKU



#### Here's How It Works:

column and box. You can figure out the order in which the numbers wil



Sudoku Answer

#### Fun By The

Like puzzles? Then you'll love mind-bending puzzle will have vou hooked from the moment you square off, so sharpen your pencil and put your sudoku savvv to the test!

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row. appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Crossword Answer

## **CROSSWORD**

#### **CLUES ACROSS**

- 1. India's "City of Lakes"
- 7. Large marine mammals
- 13. Used to carry belongings when traveling
- 14. Rechristens
- 16. Equally
- 17. Heavy plant-eating mammals
- 19. Millihenry
- 20. Japanese immigrant to N. America
- 22. Deep, red-brown sea bream
- 23. Norse gods 25. Peppermint and pekoe are two
- 26. Auguste \_\_\_, founder of positivism
- 28. Self-immolation by fire ritual 29. High-resolution microscope
- (abbr.)
- 30. Wide metal vessel used in cooking
- 31. V-shaped open trough 33. People of southern Benin
- 34. People of southern Ghana
- 36. It's a significant creed 38. Period between eclipses
- 40. Furies
- 41. Emerged
- 43. Philippine Island
- 44. Where wrestlers battle
- 45. Unhappy 47. Central European river
- 48. Language 51. Semitransparent gemstone
- 53. Forming in a bottom layer
- 55. Distinct region
- 56. Broad blades 58. Leavened bread
- 59. Influential cosmetics exec
- 60. Exclamation of surprise
- 61. Era free of war 64. One who helps professors
- 65. Idealistic
- 67. Ornamental plants 69. Grouped
- 70. Kids love this street
- **CLUES DOWN**
- 1. Beloved hound

- 2. Equal to 100 grams
- 3. S-shaped moldings
- 4. Hawaiian cliff 5. Everyone has one
- 6. Subatomic particle
- 7. Ghost
- 8. Adult female bird
- 9. Greek temple pillars 10. Emits coherent radiation
- 11. Measures the width of printed matter
- 12. Musical interval
- 13. Tantalizes
- 15. Places of worship
- 18. An unskilled actor who overacts
- 21. One who volunteers to help 24. Precaution
- 26. Beverage holder
- 27. Very long period of time
- 30. Bullfighting maneuvers 32. More critical

- 35. Sends packing in a boxing match
- 37. Taxi
- 38. Decorative Russian tea urn
- 39. North American Great Plains natives
- 42 Seize
- 43. A passage with access only at one end
- 46. Cut a rug
- 47. Devil rays
- 49. Bubble up
- 50. Veranda
- 52. Outcast
- 54. Car mechanics group
- 55. Realm
- 57. A place to get off your feet
- 62. Consumed
- 63. A way to make cooler 66. Thus 68. Indicates it's been registered
- 59. Popular music awards show
- bigandcolourful@mts.net

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Plan to attend the following bred cow sale At the Ashern Auction Mart

#### Saturday, December 3, 2022

#### Complete dispersal for **Art & Jackie Jonasson**

130 Black cows and heifers 20 Bred Heifers, 23 - 2nd calvers, 60 - 3 to 6 yr olds, 30 - 7 to 10 yr olds Closed Black Sim x Angus cow herd Full Herd Health Program Pfizer Gold Start calving April 7, 2023, All Black Bulls Strict Culling for udders, feet & temperament Reputation Herd

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#### **ATTENTION FARMERS AND RANCHERS**

Plan to attend the following bred cow sale At the Ashern Auction Mart

#### Saturday, November 26, 2022 at 1:00pm

#### Complete dispersal for John-Paul Avison

58 Black Baldy cows Average age 2 – 4 years Bred Black Angus (Hamco Bulls), start calving March 24, 2023 Full Health Program Express Formerly Tim Clarke's herd

#### **Robert Truthwaite**

35 Hereford Cows bred Hereford Average Age 4-8 yrs old Full herd health program

#### **Edmund L Russell**

35 Horned Hereford cows bred Hereford Most Age 3-4 yrs old, rest 5-7 yrs old Start calving March 20, 2023 Bulls Pulled Sept 20th BVD, Ivomec, Vit A&D

#### **Richard Ching**

25 Black cows bred Black

#### **Complete dispersal from The Pas**

25 Mixed cows coming from The Pas Please contact for more information Buddy Bergner 204-768-0018 Kirk Kiesman 204-768-0019 View pictures on our website

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#### NOTICES

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#### HAVE A NEWS TIP OR AN **INTERESTING STORY??** CALL 204-467-5836



### **EMPLOYMENT OPPORTUNITY Driving Position**

We have an opening for a long-haul driver. No waiting for back-hauls.

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For further information call Shaunne at 204-886- 2922 ext 205 or email resume to shaunne@charisons.ca



#### VILLAGE OF DUNNOTTAR - Municipal Clerk Position

The Village of Dunnottar invites written application for the position of Municipal Clerk. The municipal office is located in the southeast Interlake, on the shores of Lake Winnipeg. Under the direction of the CAO, the Municipal Clerk is responsible for secretarial support for the Municipal Office.

The successful candidate will possess the following:

- Computer experience with Microsoft Office, the Internet and website maintenance. Experience working with All Net Municipal Solutions considered an asset.
- General Accounting knowledge
- The ability to communicate effectively with the public, employees and external stakeholders.
- Graduate of or enrollment in the Manitoba Certificate program for Municipal Administration.
- Salary range is dependent upon qualifications and experience. An attractive benefit package is also provided.

Applications should be marked "Application for Municipal Clerk" on the outside and should contain a full resume with three references. Applications to be forwarded to the undersigned no later than 4:00 p.m. on December 9, 2022.

Sarah Palson - Administrator Village of Dunnottar P.O. Box 321 Matlock, Manitoba R0C 2B0

Phone: 389-4962 Fax: 389-4966 E-mail: info@dunnottar.ca

We thank all applicants in advance, however, only those considered for interviews will be contacted.







TOWN OF STONEWALL
REVISED WATER AND WASTEWATER RATES
STONEWALL WATER AND WASTEWATER UTILITY

November 4 2022

The Town of Stonewall (Town) has applied to the Public Utilities Board (Board) for revised water and wastewater rates for Stonewall Water and Wastewater Utility (Utility) as set out in By-law No. 09-22, read the first time on October 5, 2022. Rates were last revised January 1, 2022, as approved in Board Order No. 121/21.

The current and proposed rates are as follows

	Current Rates  By-Law 05-21		Proposed Rates By-Law 09-22 Year 1	
Quarterly Service Charge	\$	22.50	\$	22.50
Water (per cubic meter)	\$	0.95	\$	0.98
Wastewater (per cubic meter)	\$	0.83	\$	0.85
Minimum Quarterly Charge*	\$	46.78	\$	47.46
Wastewater only customers**	\$	66.60	\$	67.66
Wastewater Disposal Tipping Fees				
(per cubic meter)***	\$	4.10	\$	4.20
Based on 13 64 cubic meters				

Details of the Town's application are available for review at the Municipal office or the Board's office. Any questions concerning the application for revised rates, or the operation of the Utility, should be sent directly to the Town.

If you have concerns/comments regarding the Town of Stonewall's application for water and wastewater rates please go to <a href="www.pubmanitoba.ca">www.pubmanitoba.ca</a> and provide your comment. Please note all comments will be forwarded to the Town.

estions or comments should be sent on or before December 19, 2022

The Public Utilities Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes
- the Board's review of the application through a public hearing or paper review process,
- the issuance of an Order which outlines the Board's decision on the rate application

Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at www.pubmanitoba.ca.

Jennifer Dubois, CPA, CMA Manitoba Public Utilities Board

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# THE RURAL MUNICIPALITY OF WOODLANDS HOLIDAY PROMOTION

#### **History Book Holiday Promotion**

The Rural Municipality of Woodlands is having a holiday promotion on our history book "Where We Are". The book contains history of the RM of Woodlands throughout the years 1980 to 2020, including family histories, government, agriculture, business and commerce, sports, tax rolls, and more. It also contains 600 pages in full colour, a hardcover and is printed on 80lb paper.

The cost of each book during the promotion is \$65.00 with tax and can be purchased at the Municipal Office at 57 Railway Avenue in Woodlands while supplies last. Also available for purchase is the "Yesteryears" history book for \$5 plus tax.

Promotion ends December 23, 2022, after which the book will return to the original price of \$85.00 with tax. Please note that the Municipal Office only accepts cash, cheque or e-transfer payments.

## FISHER ARMSTRONG PLANNING DISTRICT UNDER THE AUTHORITY OF THE PLANNING ACT

## **NOTICE OF PUBLIC HEARING**

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

RM of Armstrong Zoning By-law No. 5/2022 Being an AMENDMENT to the RM of Armstrong ZONING BY-LAW NO. 6/04 (AS AMENDED)

**HEARING LOCATION:** RM of Armstrong Council Chambers Lot 55 Highway 17, Inwood, MB

**DATE & TIME:** Tuesday, December 13, 2022,

at 1:00 PM

GENERAL INTENT: \*AMENDED\*

To:

1. Add definition for "Ecovillage"; and

2. Add regulations for "Ecovillage"; and

3. Allow "Ecovillage" as a Conditional Use in the "AI" Agricultural Intensive Zoning District.

FOR INFORMATION CONTACT: Corlie Larsen, CAO

RM of Armstrong Lot 55 Hwy 17 Inwood, MB ROC 1P0

Phone: 204-278-3377
Email: cao@rmofarmstrong.com

A copy of the above by-law and supporting material may be inspected at the Rural Municipality Armstrong Municipal Office, Lot 55 Highway 17, Inwood, Manitoba during normal office hours (8:30 AM to 4:30 PM), Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note: Property owners are responsible for notifying lessee.

Do you have a unique service you would like to advertise? Get the word out with an ad in the Tribune!

## EMPLOYMENT OPPORTUNITY



# SPARE SCHOOL BUS DRIVERS REQUIRED

The Interlake School Division invites applications for SPARE School Bus Drivers.

Applicants must possess or be willing to obtain a valid Class 2 driver's licence, a School Bus Operator's Certificate (must have completed the 24 hour School Bus Driver's Course) and have successfully completed both a Criminal Record Check and Child Abuse Registry Check. For more information, please contact:

JARET THIESSEN
Transportation Supervisor
Interlake School Division
Stonewall MB R0C 2Z0
Tel: 204-467-8730
jthiessen@isd21.mb.ca



#### **RURAL MUNICIPALITY OF ARMSTRONG**

### EMPLOYMENT OPPORTUNITY

## ASSISTANT CHIEF ADMINISTRATIVE OFFICER

The Rural Municipality of Armstrong is accepting applications for the position of Assistant Chief Administrative Officer.

Under the direct supervision of the Chief Administrative Officer, the Assistant Chief Administrative Officer responsibilities shall be to oversee the finance and administration operations of the RM including general accounting, tax and assessment, accounts payable/receivable, payroll, financial reports, building permit applications, zoning requirements, significant involvement in all day to day operations including public works duties and assumes the responsibilities of the Chief Administrative Officer in their absence.

The ideal candidate will have a minimum of five years office administration experience. Completion of a recognized certificate in the Manitoba Municipal Administration Program is preferred.

The Assistant Chief Administrative Officer will assist in the management and implementation of all aspects of daily municipal finance and administration. We are seeking an individual that has advanced skills in accounting, and computer experience with a municipal software program, preferably Asyst, and demonstrated abilities with Windows, Microsoft Office 365; including Word, Excel, Power Point. The Assistant Chief Administrative Officer will require a high level of ability to communicate and assist staff, council, and the public. The ability to develop, interpret and administer agreements, statues and by-laws will be required.

Salary is negotiable depending upon qualifications and experience. Interested individuals may submit a cover letter and resume with three references to:

Corlie Larsen, CMMA Chief Administrative Officer Box 69, Inwood, MB R0C 1P0 Fax (204) 278-3437 Email: cao@rmofarmstrong.com

Resumes will be accepted until the position is filled. We thank all that apply and advise that only those selected for further consideration will be contacted.

# Announcements Tribune

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## **OFFICE SPACE FOR LEASE**

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- Plans travel routes between urban and rural areas
- · Operates testing equipment to pinpoint the location of underground utilities
- Monitors equipment (excavators etc.) to ensure facilities are not damaged
- Creates drawings using Visio
- Other duties as assigned

#### **Qualifications:**

- Experience locating underground facilities or working with outside plant fiber optics is an asset
- · Self-Motivated, ability to prioritize and organize workloads with little direction
- Experience with telecommunications and wiring is an asset
- A positive, "can-do" attitude and customer focused approach that will enable you to deal with challenging situations with integrity, empathy, and sincerity
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- Ensure vehicle, test equipment and tools are maintained in excellent condition
- Must be fully vaccinated and provide valid COVID-19 vaccination record (unless you have a legitimate recognized medical or religious reason for not getting vaccinated)

#### **Work Conditions:**

- Van and major tools supplied
- · Occasional on-call, including some overtime and weekend and/or holiday work may be required
- Work environments include diverse types of terrain (grass, gravel, ditches, etc.) in and around construction zones and residential, commercial, industrial and rural areas
- Able to meet the physical requirements of the position which involves sitting, standing, bending, in all types of weather

**Contact: John Colville, Senior Recruiter-Ledcor** iohn.colville@ledcor.com

**CELEBRATE MILESTONE BIRTHDAYS OR ANNIVERSARIES OF THOSE YOU LOVE WITH A MESSAGE** IN THE TRIBUNE

#### CARD OF THANKS

The Warren & District Lions Club would like to thank all the volunteers that helped cook, wrap and sell smokies and hotdogs at the Prairie Dog Train in Grosse Isle. Without your help, we wouldn't be able to continue with this major fundraiser. Thanks to the following: Tom and Barb Riddell, Linda and Lyle MacMillan, Audrey Hogg, Ina Laird, Jim Riddell, Pat and Ken Arbuckle, Charlie Amy, Craig Hughson, Pam Urquhart, Audrey Hilton, Garry Muir, Lorraine Boyd, Josh Boyd, Irene Tully, Hellen Liebrecht, Murray and Sandy Scott, Sandy Jamault, Fran Lindell, Rachelle Tully, Karen Walsh, Barry and Judy Baldwin, Cal Surgenor, Maureen Tully, Stu Bangle, Marlo Carlson and her sons, James Stairs, Tessa Stewart, Ray Mason, Sharon Neely, Angie Neely, Edna McRae, and Ralph Sinclair.



#### Reporter/Photographer **Wanted**

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

#### Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- · Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an

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#### **IN MEMORIAM**



Jason Kirk Sinclair January 18, 1971 - November 23, 2015 We miss you yesterday, today, tomorrow And forever.

Every second, minute, and hour of each day And the months in the last seven years And forever.

God Bless you son.

-Love Mom and Dad. Kim. Cal and Lori. Trevor and Joanne and family. Jennifer and the fur babies, and your son Devin and family

#### IN MEMORIAM



In Loving Memory of Ross McRae (Bud) June 21, 1929 – November 23, 2019

We thought of you with love today, But that is nothing new; We thought about you yesterday, And days before that too. We think of you in silence, We often speak your name; All we have are memories, And a picture in a frame. Your memory is a keepsake, With which we never part; God has you in His keeping, We have you in our hearts. We miss you.

-From Donalda and family

# Announcements Tribune



ook Your Classified Ad Today - Call 467-5836 or Email classifieds@stonewallteulontribune.ca



Colleen Rohne November 25th, 2020 Colleen, Mom, Ma, Soos

We have continued our journey over another year without you here with us. We miss your hugs, cuddles, laughter, love and smile each and every day.

Holding your memory and sharing in loving and missing you -Jack. Raelvne, Lance and Kenzie, Bradon, Jen. Callie and Kylee. Lisa and family and Sonny and family

I think we dream. so we don't have to be apart so long. If we are in each other's dreams we can be together all the time.

There is a link death cannot sever, Love and remembrance last forever.

#### IN MEMORIAM



Laura Ledochowski November 23, 2019

Mom, you were always there when we needed you, No task too great or small; With a loving heart and a willing hand, For us you did them all. Thank you for the joy you gave us, And for the precious times we shared; We only pray that when you left us, You knew how much we cared.

We hold you close within our hearts. And there you will remain; To walk with us throughout our lives, Until we meet again.

> -Forever loved and dearly missed Roxane and Craig Pawluk and family

Your memory will live forever Engraved within our hearts

Jack F. Kelly

October 13, 1935 - September 27, 2022

Jack passed away peacefully at Selkirk Regional Health Centre at the age of 86.

Jack was predeceased by his parents Mike and Betty Kelly; siblings Jean (Ivor), Barney (Helen), and Jim (Betty); mother-inlaw Marjorie Pyper, father-in-law Thomas Pyper, and brother-inlaw David Pyper (Bev).

Jack is survived by his loving wife of 57 years, Gail Kelly (nee Pyper), brother-in-law Bob Pyper (Elaine), and many nieces and

In his early years Jack was employed by Building Products and Westroc Industries and enjoyed playing softball and curling in his spare time. Jack was an incredibly skilled woodworker and spent many hours in his workshop making beautiful intarsia pieces. Jack

was an avid sports fan and enjoyed watching hockey, football, baseball, and curling. Jack and his wife Gail spent many years RVing all throughout the U.S. and Canada and were members of the Good Sam Club. They were also active in the community and enjoyed spending time at the Selkirk Legion. Those who knew Jack well knew that he had a good sense of humour and always had a clever comeback.

A private service is to take place at a later date.

In lieu of flowers, donations may be made in Jack's memory to The Salvation Army.

Friends and family are invited to visit Jack's memorial page @interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

Interlake Cremation & Memorial Services 204.482.1040

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