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VOLUME 12
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Stonewall Teulon Tribune

THURSDAY,
NOVEMBER 18, 2021

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Frosty the snowman

TRIBUNE PHOTO BY ALYSSA SCHLAGG

Nic James and daughter Maddison James with the first snowman of the year last Wednesday.

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Local business owner issues one-week donation challenge with ICF

Endow Manitoba Donation Challenge Nov. 15-21

Staff

In celebration of her 10th anniversary with One Link Mortgage & Financial, Shelley Stewart would like to give back to the community by making a donation to the Stephanie Oland Duncan Memorial Fund facilitated through the Interlake Community Foundation.

Nov. 15 to 21 is the Endow Manitoba Giving Challenge. Donations during this time will go even further, since the Province of Manitoba and the Winnipeg Foundation and Lloyd Jensen will top up all donations to a combined maximum of \$9,000.

Stewart wanted to give back in some way and felt this was fitting.

"Thank you for helping me build a business I love and give back in a community I love! Stephanie was such a big part of the community that this seemed the perfect partnership to celebrate our 10th anniversary," said Stewart.

The memorial fund was created to honour Stephanie and the countless hours she worked and volunteered in our community. The fund is unrestricted, which means that the grants from the fund can go to any worthwhile charity in our communities of Stonewall, Teulon and the RMs of Woodlands, Rosser and Rockwood. Stephanie was instrumental in helping with the growth and promotion of Stewart's mortgage business through her knowledge and passion of advertising and marketing.

Stewart will match any donations made from Nov. 15 to 21, 2021, up to a combined maximum total of \$1,000. If you would like to donate, please contact Shelley or her office at 204-467-8319 or email shelleys@onelink-mortgage.com. You can also call the Interlake Community Foundation at 204-467-5634 or visit the website www.interlakefoundation.ca.

If you choose to donate online,



Stephanie Oland Duncan

please let Stewart's office know so they can match your donation.

And, please like and share the post on the Shelley Stewart AMP, One Link Mortgage & Financial Facebook page to help increase the awareness of this fund that will continue to give back to our community for years to come.



PHOTO SUBMITTED

Shelley Stewart is matching donations up to \$1,000 to the Stephanie Oland Duncan Memorial Fund and is encouraging people to donate during the Endow Manitoba Donation Challenge.

Pilot project to enhance forage productivity of agricultural Crown lands

Submitted by Government of Canada

The governments of Canada and Manitoba are investing up to \$1 million in the new Agricultural Crown Lands Forage Productivity Pilot Program aimed at improving productivity and sustainability of Agricultural Crown Land forage leases, Federal

Minister of Agriculture and Agri-Food Marie-Claude Bibeau and Manitoba Agriculture and Resource Development Minister Ralph Eichler recently announced.

"Canada's hardworking farmers and food processors have a solid track record of sound management practices,"

said the Honourable Marie-Claude Bibeau, Minister of Agriculture and Agri-Food. "This new pilot project will encourage Manitoba Agricultural Crown Land lease holders to adopt further beneficial management practices in their operations, helping them improve productivity while further protecting the environment."

The Agricultural Crown Lands Forage Productivity Pilot Program will provide targeted financial assistance to Agricultural Crown Land forage leaseholders to adopt best management practices to sustainably increase the productivity on their Agricultural Crown Land forage leases.

"This pilot project aligns directly with our Manitoba Protein Advantage Strategy of increasing forage productivity on our Agricultural Crown Lands, and supports the mandate of the Agricultural Crown Lands program to optimize forage capacity," said Eichler. "Cost-shared programs such as this can help offset costs for leaseholders and reduce barriers to

making improvements on Agricultural Crown Lands."

Eligible recipients must have an active Agricultural Crown Land lease that is in good standing and must complete an Environmental Farm Plan. Eligible items under the Agricultural Crown Lands Forage Productivity Pilot Program include grazing management plans, water source development and watering systems, cross-fencing for pasture management, and forage rejuvenation such as forage establishment and brush management. Improvements must be completed within the one-year pilot project. Farmers can begin submitting applications on Nov. 8.

"In managing tens of thousands of acres of Agricultural Crown land the lease holders provide considerable ecological goods and services that benefit all Manitobans, including carbon sequestration and providing habitat for a variety of plant and animal

Continued on page 10

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South West District Palliative Care honours local businessman



TRIBUNE PHOTO BY CHUCK MCCLURE

South West District Palliative Care purchased a stone in the Memory Garden to honour Vern Appleyard's contributions to the organization.

Submitted

South West District Palliative Care had a stone placed in the Stonewall Memory Garden in honour of the late Vern Appleyard.

Appleyard was a continuous supporter of the group, donating office space on Main Street in Stonewall for many years when South West District Palliative Care was just beginning as an organization. As finances were

very tight in those years, his generous donation was critical to later success.

Appleyard and the Appleyard family were also continuous supporters of the gala event, attending every gala evening since 2006.

Appleyard's generosity and contribution to palliative care and many other community groups will not be forgotten. He is missed greatly in our community.

Teulon Minor Hockey invoice waived

By Nicole Brownlee

In a unanimous vote at the Nov. 9 council meeting, the Town of Teulon waived a disputed fee given to the Teulon Minor Hockey Association.

Teulon Minor Hockey cancelled an ice time scheduled for Oct. 31 after being notified that the opposing hockey club had a few positive COVID-19 cases on Oct. 30. Teulon Minor Hockey said the protocol to cancel ice time is to email the town's ice scheduler.

A volunteer from Teulon Minor Hockey emailed the scheduler after notifying all parents and team members the game was cancelled. Teulon-Rockwood Arena staff were uniformed about the game cancellation and showed up to the arena to work on Oct. 31.

Teulon's CAO Andrew Glassco said Minor Hockey was expected to inform arena staff the game was cancelled. The

town charged Teulon Minor Hockey \$170 to cover the cost of the ice rental and scheduled staff.

Teulon Minor Hockey refused to pay the invoice and attended the council's meeting on Nov. 9.

Over 25 community members attended the public meeting in support of Teulon Minor Hockey. Former Teulon hockey players, parents and concerned citizens were among the crowd that filled the meeting room.

Councillors Cherise Griffin, Todd Campbell, Angela Green and Robin Nishibata all voted to waive the fee. The councillors also agreed Glassco should meet with the concessions operator about accessing the arena's canteen. Glassco and the operator will discuss how concessions staff will open the canteen on days the operator is not available.

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Donations to any unrestricted fund are eligible for matching Nov. 15 to 21st only!

Give to the Interlake Community Foundation between November 15 & 21st and your \$10 gift becomes \$19, thanks to stretch funding from the Winnipeg Foundation, the Manitoba government and Lloyd Jensen. That's \$9000 in matching funds for \$10,000 in donations!

All donations will go into our All Communities Fund, unless the donor specifies one of these unrestricted funds, or sets up their own Fund. These are all unrestricted:

- | | |
|--------------------------------------|---------------------------------------|
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| Slagerman Family Fund | Herb and Helen Kletke Fund |
| Stephanie Oland Duncan Memorial Fund | Lauritz and Georgina Jensen Fund |
| Stonewall Family Foods Fund | |

Growing these funds results in more community grants that we can make each year to local charities!

Contact the Interlake Community Foundation for details.
www.interlakefoundation.ca 204-467-5634
info@interlakefoundation.ca

Veterans remembered for their service

By Jo-Anne Procter

As Veterans Week came to a close last Saturday, the Royal Canadian Legion Branch #52 held their annual veterans' supper dedicated to paying tribute to comrades who laid down their lives by sea, by land and in the air for their sovereign and country.

Legion Branch #52 president Tim Williams opened the evening by welcoming guests, dignitaries and the colour party and initiated the singing of the national anthem.

Veterans, members, guests, widows and family members took a few moments to remember fallen comrades as well as those who survived and who may need aid and assistance for their sacrifices that will forever inspire us.

Williams read out the names of members who have passed away since the last veterans' dinner meeting: Tina Werner, Doug Matilla, Bonar Scott, Hubert Good, Doreen Deverill, Blaine Peterson, Bob Mollard, Curtis O'Dell, Harold Oughton, Olive Klimpke, Murrar Cameron, Kevin Baldwin, Chirs Monk, John Klimpke, James Gray, Irene McCormick and Craig Ross. He also recognized the widows of Branch #52 and all veterans

currently serving as well as those retired. Following legion Chaplin James Bardsey's grace, Comrade Gord Goresky proposed a toast to the queen, Comrade Howard Hilstrom proposed a toast to fallen comrades, Comrade Brenda O'Dell proposed a toast to the ladies' auxiliary and members of the Stonewall United Church served a roast beef dinner prepared by Terry MacDonald and Bob Dexter.

Williams introduced the current legion executive: honorary president Alwyn Ammeter, past-president Teresa Taplin, first vice-president Cheryl Fedon, secretary-treasurer Comrade Chelsea Felske, executive comrades Gord Goresky, Bonnie Brennan, Mark Barda, Gord Deprez, Glen Brennan, Howard Hilstrom, Bill Howe, Dave Norquay, Bonnie Boon, Chaplain Bardsley and president Tim Williams.

Dignitaries brought greetings, including Selkirk-Interlake-Eastman MP James Bezan, Lakeside MLA Ralph Eichler, Rockwood Reeve Wes Taplin and Stonewall Mayor Clive Hinds.

Each politician expressed gratitude for what the local legion does for veterans and the community and



Ladies Auxiliary membership pins were presented to president Brenda O'Dell, middle, Sandy Koch, left, Branch #52 past-president Teresa Taplin, right.



TRIBUNE PHOTOS BY JO-ANNE PROCTER
Honorary president Alwyn Ammeter, right, presented president Tim Williams with a cheque for \$6,000 from the legion's Over 55 Senior's Social Club.

thanked veterans for their service and for defending our way of life, freedoms and respect.

"We pay tribute to the incredible bravery and sacrifice of all those who have served and are currently serving that are keeping us safe and ensure our security and prosperity and our safety," said Bezan.

Comrade Alwyn Ammeter presented Williams with a cheque for \$6,000 on behalf of the now-defunct legion's Over 55 Senior's Social Club. Legion Branch 52 Ladies' Auxiliary president Brenda O'Dell presented a cheque for

\$5,000.

O'Dell presented service pins to Teresa Taplin (15 years) and Sandy Koch (50 years), who were both in attendance, and recognized Sig Johnson and Peggy Armstrong for their 40 years of service. Williams presented a 20-year pin to president Brenda O'Dell.

Williams closed the official meeting, the colour party marched and the Darren Lavallee Band played on in the legion club room.



Paying for Winter Storage? Make Sure It's Legal!

Did you know that storage operations are only allowed in certain areas of the R.M. of Rockwood, R.M. of Rosser, Stonewall and Teulon?

Before you pay to store personal items, equipment and/or vehicles on someone else's property, please make sure the storage operation is legally authorized by the South Interlake Planning District (SIPD). Unauthorized storage operations are subject to enforcement and any associated items, equipment and/or vehicles may be seized.



Zoning regulations help implement community goals and protect legally established businesses. In addition, permits help ensure that buildings meet the *Manitoba Building Code*, which increases the level of safety for everyone.

If you have questions about storage facilities in the planning district, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information can be found in the Zoning By-laws posted on our website: www.sipd.ca/p/municipal-zoning-by-laws

An Evening of Remembrance

Join us to remember loved ones as the holiday season approaches.

Sunday, December 5 at 7:00 p.m.

Something Beautiful Cafe 307 Main St Stonewall.

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South West District



Presented by

South West District Palliative Care

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for zoom link email s.w.d.p.c@hotmail.com

Balmoral boy face of Children's Hospital and Purdy's Chocolatier fundraiser

By Sydney Lockhart

During the holiday season of 2016, at just 14 months old, Brady Spruyt was brought to the hospital with a 104-degree fever.

After much trial and error, he was diagnosed with Kawasaki Disease in 2017.

Now, at the age of six, Brady is the face of the Children's Hospital and Purdy's Chocolatier's 2021 fundraiser.

"Over the Christmas holidays, he developed a fever and he had no other symptoms, no runny nose, no cough, no nothing. Just a fever was his only symptom, and so over a few days, his fever got higher and he kept getting more lethargic," said his mom, Amy Spruyt.

The family was told to bring him to the Children's Hospital if his fever didn't break by New Year's Day.

"So that's exactly what we did. He (Brady) ran a fever of 104. He was barely waking up and even Advil and Tylenol wouldn't take the fever down," she said.

The family was told that his blood-work would take around two hours because of how full the hospital beds were, that they were running out of room and the only way they would hear back quicker was if they came across something alarming with his blood.

"Within 15 minutes, the doctor was back in our room telling us that his white blood cell count was through the roof and that the next doctors we were going to be meeting with was an oncologist because they were worried about leukemia," said Spruyt.

Spruyt said they were told, based on how his blood cells looked, that this was not the case, and they had to continue to try and figure out why this was happening.

"They had teams of doctors looking after him. He had a team from his general pediatric team, a rheumatology team, an infectious diseases team, a hematology team and the oncology team," she said. "It was just a roller coaster because every time another team would walk in, you would just hope they had an answer."

Spruyt said Kawasaki Disease is usually diagnosed through blood-

work and symptoms because there is no real test for it. However, some symptoms that can be presented are red eyes, strawberry tongue, cracked lips, feet and hands, swelling of hands and feet and a high fever.

"Brady ended up being diagnosed with what's called atypical Kawasaki because he only presented the fever. He didn't present any typical symptoms," she said.

The fever finally went down over time and Brady was able to eat and drink again after receiving an IV of live platelets, which takes thousands of donors to create one bag.

Brady was only diagnosed after he was treated successfully. As a result, he will be at a greater risk of developing heart disease at any moment for the rest of his life.

Spruyt said that besides watching his heart for any symptoms like chest pain, Brady is now living a happy, healthy life playing sports and in Grade 1.

"I have a happy, healthy boy that's able to play hockey and play baseball and play with his friends and go to school and do the things he loves because of Children's Hospital," she said.

Purdy's Chocolatier and the Children's Hospital donate money from every purchase of one of their fundraiser products to local Children's Hospitals.

This year Brady was chosen to be the face of the campaign and share his story for people to see how important funding Children's Hospitals is.

Spruyt said she thinks Brady is starting to understand just how sick he was as a baby, but he is still excited to see his face on the posters.

Brady's aunt Rachel McKinley is the Master Chocolatier at Purdy's who creates all of their products in Vancouver. She recently took Brady to a Purdy's to introduce him to some of their staff and explain the fundraiser he would be a part of.

To participate in the Purdy's Chocolatier fundraiser to raise money for Children's Hospital go to <https://www.purdys.com/dear-santa> to see their Dear Santa collection.



Brady Spruyt and his aunt Rachel McKinley recently went to Purdy's together to get some chocolate.



SUBMITTED PHOTO

Heavy snow, strong winds



TRIBUNE PHOTOS BY MATTHIEU MEIER

Heavy snow and strong winds forced road closures all across the Interlake and Southern Manitoba. Remembrance Day services had to be cancelled while others had low numbers of attendance. A number of people in the Interlake and Selkirk had no power for up to 32 hours. Bruce Owen, a spokesman for Manitoba Hydro, said there were about 10,000 customers without power. Environment Canada said a low-pressure weather system over the American Midwest brought up to 60 cm. of snow and strong winds with Grandview and Ethelbert receiving the most. Balmoral received 35 cm. A car that went into the ditch on Thursday could hardly be seen by Friday afternoon and had to be dug out. Tow trucks and farmers were all kept busy over the weekend pulling vehicles out of the snow.

Saturday, November 20 Special

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Stonewall Teulon
Tribune



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Rising COVID-19 case numbers bring added restrictions

Submitted by Manitoba government

Due to rising COVID-19 cases, increased community transmission and a growing strain on the health-care system, Manitoba is taking additional steps to help curb the spread of the virus in the fourth wave of the pandemic, Health and Seniors Care Minister Audrey Gordon and Dr. Brent Roussin, chief provincial public health officer, announced Friday.

"Once again, we must ask Manitobans to do more to reduce the current COVID-19 case numbers and community transmission which, in turn, will help reduce the strain on the health-care system," said Gordon. "We need everyone to work together by following the public health orders, focusing on the fundamentals and getting vaccinated. We know vaccination works, and I encourage all Manitobans to do your part and get immunized against COVID-19."

The additional restrictions include:

- Religious gatherings are limited to 25 people unless the facility can physically divide the space into separate areas, in which case several cohorts of up to 25 can attend the same service. However, the total number of attendees at a service may not exceed 25 per cent of facility capacity, to a maximum of 250 people. Cohorts must not mingle, masks must be worn and physical distancing rules apply.

- this applies to the Southern Health-Santé Sud health region only;

- this new restriction goes into effect Saturday, Nov. 13 at 12:01 a.m.;

- services restricted to fully immunized people and those under 12 who are not eligible for the vaccine may occur without capacity limits; and

- the municipalities of Cartier, Headingley, Macdonald, Ritchot (Niverville-Ritchot), St. François Xavier and Taché that are geographically located in the Southern Health-Santé Sud health region, are exempt and considered to be part of the Winnipeg Capital Region.

- Provincewide, proof of at least one dose of vaccination or a recent (within 72 hours) negative test result will be required for 12- to 17-year-olds for indoor recreational sports:

- there will be a grace period until Dec. 5 to allow individuals who are not yet fully immunized to comply, with the order to be in effect at 12:01 a.m. on Dec. 6; and

- negative tests need to come from a participating pharmacy as provincial testing sites should only be accessed by symptomatic individuals or those who are required to take a PCR test by public health.

The orders continue to allow fully vaccinated Manitobans to enjoy as much freedom and as few restrictions as possible, while unvaccinated

individuals continue to be restricted in their activities in order to reduce transmission and the most serious outcomes.

"We take several pieces of information into consideration when we are making recommendations for public health orders," said Roussin. "Current COVID-19 case numbers, test positivity rate, community spread, vaccination rates and modelling are all factors. We are seeing concerning numbers now and the projections indicate more is coming if we do not take steps to curb the situation."

"Thank you to all of those Manitobans who are following the public health orders, focusing on the fundamentals and have been vaccinated. It is frustrating to be here again but by working together, we can help bring an end to this pandemic," said Roussin.

The updated orders keep the Pandemic Response System at Restricted (Orange) with schools at Caution (Yellow).

All other public health orders remain unchanged.

For more information on COVID-19 in Manitoba, visit www.gov.mb.ca/covid19.

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TRIBUNE PHOTO BY CHRIS GAMBLE

The mild weather and the heavy snowfall over the weekend made for great conditions for building a "sno-fa" and sectional out of snow. In Stony Mountain, the Gamble kids and friends enjoyed their new furniture around their bonfire while roasting marshmallows last Friday. Communities in the southern Interlake saw up to 35 centimetres of the white stuff fall over 24 hours. Pictured left to right: Austin Gamble, Alex Comte, Colin Gamble, SJ Barker, Emily Gamble and Davis Comte. Help the *Tribune* record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: weather@stonewallteulontribune.ca.

The Veteran

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- Ken Barron

CHRISTMAS HAMPERS

Do you or someone you know need a hamper this Christmas? Please be advised that Christmas Cheerboard hampers can be ordered from now until December 10th. Hamper pick-up will be December 18th. Please call 204-467-7370 to order a hamper. Requests for hampers need to be made every year even if a hamper was received in previous years as lists are not carried over.

Pfizer's antiviral COVID-19 pill cuts risk of hospitalization by 89 per cent

By Patricia Barrett

Pfizer's antiviral COVID-19 pill was found to significantly reduce the risk of hospitalization and death in people considered at high risk of progressing to serious illness from a COVID infection, according to the results of a Pfizer-led study.

The antiviral drug, called Paxlovid, is a treatment option that can be used in patients with COVID but is not considered a replacement for the protection vaccines offer.

The drug was found to reduce the risk of COVID-related hospitalization or death by 89 per cent in people who were treated within three days of symptom onset.

"Today's news is a real game-changer in the global efforts to halt the devastation of this pandemic. These data suggest that our oral antiviral candidate, if approved or authorized by regulatory authorities, has the potential to save patients' lives, reduce the severity of COVID-19 infections, and

eliminate up to nine out of ten hospitalizations," said Pfizer chair and chief executive officer Albert Bourla in a Nov. 5 press release.

Developed in Pfizer's laboratories, Paxlovid interferes with the virus's reproduction, thereby slowing its ability to spread and infect human cells.

The findings were based on data from 1,219 adults enrolled in a Pfizer Phase 2 study called EPIC-HR (Evaluation of Protease Inhibition for COVID-19 in High-Risk Patients). Participants had to have at least one "characteristic or underlying medical condition" associated with an increased risk of developing severe illness from COVID-19. The study's subjects were randomized to receive either Paxlovid or a placebo pill orally every 12 hours for five days.

Enrolment in the study was at 70 per cent of the 3,000 planned participants by Sept. 29, and Pfizer decided to stop recruiting patients because of the "overwhelming efficacy demonstrat-

ed in these results."

Pfizer studies are already underway in participants who are considered to be at "standard risk" for COVID complications and in people who contracted COVID after vaccination.

Paxlovid was also potent against COVID variants, said Pfizer, and may be effective against other kinds of coronaviruses.

"It has demonstrated potent antiviral in vitro activity against circulating variants of concern, as well as other known coronaviruses, suggesting its potential as a therapeutic for multiple types of coronavirus infections," states the press release.

Subject to approval or authorization, Pfizer said its pill could be prescribed as an at-home treatment to help reduce illness severity, hospitalizations and deaths, and also reduce the probability of infection following exposure in adults.

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The Vice of Humility

"Toward the scornful he is scornful, but to the humble he gives favour" (Proverbs 3:34). Or, as you may have heard it, God opposes the proud but gives grace to the humble.

It seems to me that humility, once considered a virtue, has become a vice in our culture. We are bombarded with the idea of jockeying for power and position in the workplace, bombarded with professional athletes who, after a good performance, are quick to brag about it on camera, bombarded with messaging from commercials that we deserve the best and the biggest. We are being taught by our culture that each of us are our own little gods and should be treated as such. But if Scripture is to be believed, by trying to act like little gods, we set ourselves up to be opposed by the one true God.

As I write this column, I am working from home, my car trapped by the first snowfall of the year. My wife in her excitement set up all of our Christmas decorations as the snow flew and it has left me to think about this season that is so dear to many of us; the season in which God showed His willingness to be humble.

"Have this mind [of humility] among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross" (Philippians 2:5-8).

When God came down in the person of Jesus Christ, He was showing us His willingness to come and serve. Jesus lived among normal human beings, He healed them, He washed their feet, and He ultimately died on the cross to pay the penalty for the sins of the world and to purchase salvation for all who would come to Him. That's not quite the lifestyle of privilege we would expect from God.

As a proper response to a God who was humble, let us humble ourselves before Him and let us turn humility back into the virtue it should be.

New Life Church
Daniel Bredin

Province offering third COVID vaccine doses to adults 18 and older

By Patricia Barrett

Manitoba will be offering adults 18 and older a third dose of a COVID-19 vaccine as the province's fourth wave of infections climb and people continue to die.

The expanded third-dose eligibility (Indigenous people, health-care workers, the immunocompromised and adults 70 and older were already eligible for third doses) was announced Nov. 10.

The announcement came a few days after Health Canada approved Pfizer-BioNTech's request to have a third dose of its Comirnaty vaccine administered to adults 18 and older.

People are being asked to wait six months after their initial vaccine series before booking an appointment for a third shot.

"A minimum of six months is required between second and third doses, except in very limited circumstances," states the province's COVID-19 Vaccine Bulletin #138.

The province is recommending that an mRNA vaccine — either Pfizer's Comirnaty or Moderna's Spikevax — be administered for third doses, according to its COVID-19 Vaccine Eligibility Criteria webpage, and that people receive the same mRNA vaccine that they had for their first two doses. If that vaccine is not available or people can't remember which vaccine they got "another mRNA vaccine will be offered."

People who request their third dose earlier than six months will need to have a prescription from a doctor.

Health Canada authorized third doses of Comirnaty for adults aged 18 and older on Nov. 8 in response to an application from Pfizer-BioNTech.

"After evaluation of the submitted data package, Health Canada authorized that a booster dose may be administered at least 6 months after completion of the primary series in individuals 18 years of age or older," states Health Canada's website.

In addition to expanding the eligibility for third doses, the Manitoba government said it's expecting an initial shipment of 2,250 doses of the one-shot Janssen (Johnson & Johnson) COVID vaccine.

Johnson & Johnson is a viral vector vaccine and, like AstraZeneca's COVID vaccine, has been linked to a risk of developing rare blood clots. Last week the European Medicine Agency released a recommendation to add a warning about a rare spinal inflammation, called transverse myelitis, as a side effect of the Johnson & Johnson vaccine.

The Manitoba government is recommending that people who had already received the Janssen (Johnson & Johnson) vaccine should now receive a second dose of an mRNA vaccine "to provide the best protection possible," according to its news release.

To book a vaccine appointment, call

toll free 1-844-626-8222 (1-844-MAN-VACC) or visit the Manitoba Government's online Vaccine Shot Finder, which shows a list of facilities across the province offering COVID and/or flu shots.

The world passed a grim milestone of five million deaths from COVID-19 at the beginning of this month. Health experts say that number is likely two or three times higher given varying or little to no record-keeping in some countries. The U.S. leads the world with the highest number of COVID deaths followed by Brazil and India.

As of Nov. 10, there have been over 250 million cases of COVID reported, according to the World Health Organization, and more than seven billion doses of vaccine administered.

For the past few weeks, Manitoba has steadily seen triple-digit infection numbers. Last Friday saw 193 new infections. On that day the provincial government cancelled surgeries to create more intensive care capacity for people with COVID, adding to a backlog of surgical and diagnostic procedures that Doctors Manitoba had pegged at about 130,000 in mid October.

The government said last week new infections are spreading rapidly among younger people and that they will have to be either vaccinated or regularly tested for COVID if they want to play sports indoors.

MB RCMP reminds drivers to prepare for winter driving

Keep cars in good shape and drive according to conditions

Submitted by Manitoba RCMP

As the first winter storm of the season is expected crossed many parts of Manitoba in last week the Manitoba RCMP wants to remind drivers of some winter driving tips.

Make sure you have your vehicle ready before you head out on the roads:

- Have proper tires on your vehicle. Tire pressure decreases in colder

weather, so check your tire pressure often

- Ensure you have windshield washer fluid that is rated for winter use so you can keep your windshield clean and your line of vision clear

- Clear all snow and frost from your vehicle before driving so that you can see and be seen

- Ensure wheel wells are cleared of slush or build-up that could impede

your ability to steer

- Have extra winter wear in your vehicle, such as toques, mittens and winter boots

- Keep a road safety kit and shovel in your vehicle

Safe winter driving tips:

- Posted speed limits are for ideal travel conditions. On winter roads, be aware there could be ice. Driving at reduced speeds is a great precautionary measure against slippery conditions


Continued on page 11



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New national human trafficking education centre launches online

Submitted

Human trafficking is on the rise in Canada and the only way to stop it is by educating people on the signs to look for and the steps to take to keep family members, friends and neighbours safe.

On Oct. 28, the Joy Smith Foundation officially launched Canada's first and only online education centre dedicated to comprehensively addressing human trafficking on a national scale.

The Joy Smith Foundation, widely considered Canada's leading authority on human trafficking, will oversee the Centre and develop all course content. Joy Smith served in the Legislative Assembly of Manitoba between 1999 and 2003 and was in the House of Commons of Canada from 2004 to 2015. She is a tireless advocate against human trafficking and made Canadian history as the first sitting MP to amend the Criminal Code twice, strengthening sentencing for traffickers and expanding Canadian laws to reach internationally. In 2011, Joy founded The Joy Smith Foundation to combat human trafficking.

"Education is our greatest weapon when it comes to fighting and ending human trafficking," Smith said.

"Canadians may be surprised to learn that it is happening in cities and towns across our country. Every day, at-risk youth and adults are manipulated and forced to participate in the sex trade or labour market. What starts as a seemingly innocent conversation online or in real life can quickly turn into something sinister that affects lives forever."

The National Human Trafficking Education Centre will provide free and fee-based courses for teachers, parents, front-line responders and all Canadians who want to play a role in the prevention and intervention of human trafficking.

ficking. It is an important step in preventing human trafficking, as well as helping survivors and their families heal. Instructor-led and online courses range in length and will be easily accessible through the centre's portal.

The launch event brought together a number of special guests including survivors, police officers, community leaders, several of Canada's favourite music artists like Paul Brandt, Robb Nash and Steve Bell, the Honourable Peter MacKay and others who delivered empowering messages from across the nation. Former broadcast host Geoff Currier hosted the free 60-minute online event.

"This is a significant day in Canada's fight against human trafficking," says Janet Campbell, president and CEO of the Joy Smith Foundation.

"We are sending an important message that together, we can prevent this heinous crime and help survivors and families across the nation to heal. It's a social responsibility we all share."



Joy Smith

COVID-19 cases on the rise over the weekend

Staff

Public health officials reported 399 new cases of COVID-19 in Manitoba at the start of the week, with 140 cases on Saturday, 102 on Sunday and 157 on Monday.

Of those, 145 were in the Winnipeg health region followed by 119 in Southern Health, 68 in the North, 36 in Prairie Mountain, and 31 in Interlake-Eastern.

The five-day test positivity rate was at 5.9 per cent provincially and 3.1 per cent in Winnipeg. At press time, testing data for the other regions had not been updated since Nov. 3. Southern Health at that time was at 14.5 per cent test positivity.

Of the 157 new cases on Monday alone, 81 were in people who were not fully vaccinated. In Southern Health, 41 of the 72 cases reported that day were not fully vaccinated.

In total, Manitoba started the work week with 1,499 active cases of COVID-19, 146 hospitalization, 31 patients in ICU due to the virus, and a death toll that, with four new fatalities reported Monday, has reached 1,273.

Locally, Springfield was reporting 52 cases; Northern Remote, 12; Stonewall/Teulon, 12; Eriksdale/Ashern, nine; Selkirk, seven; Unknown, five; Fisher/Peguis, five; Arborg/Riverton, three; Beausejour, five; Winnipeg Beach/St. Andrews, three; Gimli, one; Pinawa/Lac du Bonnet, two; St. Clements, two; St. Laurent, three; Whiteshell, one; and Powerview/Pine Falls, zero.

Inland Port Special Planning Area Under The Authority of The Planning Act

Notice of Joint Public Hearing

On the date and at the time and location shown below, a JOINT PUBLIC HEARING will be held to receive representations from any persons who wish to make them in respect to the following matters:

To SUBDIVIDE 48 parcels totalling 230 acres in part of the S ½ and NE ¼ of 29-11-2 EPM in the RURAL MUNICIPALITY OF ROSSER and to RE-ZONE the parcels from "IPR" INLAND PORT RURAL ZONE to "I2" INDUSTRIAL GENERAL ZONE, being INLAND PORT SPECIAL PLANNING AREA BY-LAW 3-21, being an AMENDMENT to the INLAND PORT SPECIAL PLANNING AREA REGULATION 48/2016

HEARING LOCATION:

Virtual hearing via Microsoft Teams

DATE and TIME:

Wed, November 24, 2021 at 7:30 pm

GENERAL INTENT:

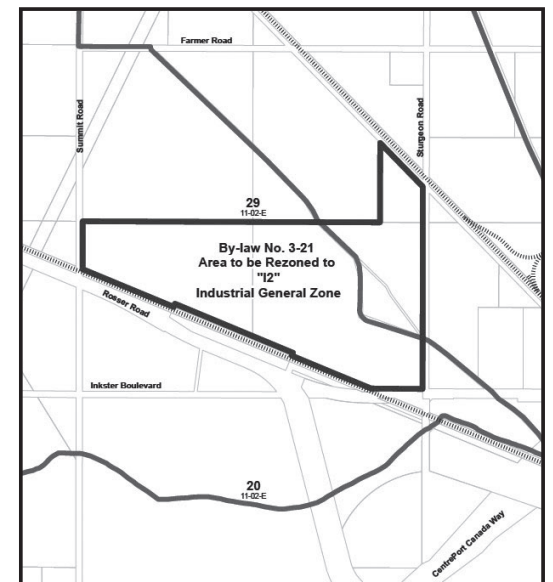
To subdivide and re-zone part of the S ½ and NE ¼ of 29-11-2 EPM in the RM of Rosser CentrePort lands from "IPR" Inland Port Rural Zone to "I2" Industrial General Zone to accommodate the establishment of general industrial uses.

AREA AFFECTED:

This subdivision and by-law shall apply to the area identified on the map.

FOR MORE INFORMATION OR TO ATTEND CONTACT:

Manitoba Municipal Relations
Inland Port Special Planning Area
610-800 Portage Avenue,
Winnipeg, MB. R3G 0N4
Phone: 204-945-2150



A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request. A description of the procedure to be followed at the hearing is also available at the location noted above.

Stonewall girl heads to Thailand for stem cell treatment

By Jennifer McFee

Thanks to an outpouring of community support, a local mom-daughter duo is heading to Thailand for a progressive medical treatment.

Alycia Dawson and her nine-year-old girl Amaya will be leaving for Thailand on Nov. 23 and returning home on Dec. 7.

The purpose of the across-the-globe journey is for Amaya to undergo stem cell treatment at the Verita Neuro facility in Bangkok in the hopes that she'll regain some sensation. Nearly two years ago, Amaya's spinal cord was damaged in a car accident, leaving her paralyzed from the chest down.

Since then, community members have been tirelessly fundraising to help the family send Amaya to Thailand for the stem cell treatment, which isn't currently available in Canada.

"If it wasn't for everybody in the community and all the fundraisers they did, we'd never be going," Alycia said.

For this initial part of the procedure, doctors will intravenously inject stem cells into Amaya's blood stream. The second part of the treatment, which will occur later, involves putting a needle into her spinal cord at the point of her injury.

"There's no promise that anything will come back. The stem cell research for spinal cords has come a long way but it's still not proven. Everybody's spinal cord injury is completely dif-

ferent, but the hope for this one is that the stem cells bring back the sensations," Alycia said.

"With this, we're hoping that she might regain a couple of inches from where she can feel currently. My goal is that she will be able to get some of her personal functions back and be able to regain some of her abdomen control because she has scoliosis now."

When Amaya sits up, she adjusts her body to try to find her centre of gravity, Alycia explained.

"Her top half goes one way and her bottom half goes a little bit the other way to try to keep her upright, so it's caused a curve in her spine," she said.

"If we don't do something about it, she'll potentially have to have surgery on her spine in the future, if it doesn't get better or it gets worse."

If the stem cell treatment works and Amaya regains some sensation, she can return to Thailand every six months to repeat the treatment.

Amaya might also return to Thailand next year for epidural stimulation, which involves having a two-inch by two-inch stimulator placed at the base of her spine.

"This is a large surgery," Alycia said. "It connects the good working part of the spine to the bad part of the spine. This will help with motor function but doesn't help with sensory."

Amaya, a Grade 4 student at Ecole RW Bobby Bend School, feels both nervous and excited about her upcoming adventure,



TRIBUNE PHOTO SUBMITTED
Amaya Dawson will be leaving for Thailand for stem cell treatment on Nov. 23.

Alycia said.

"She's very excited and is hoping that it will work, but I've also talked to her very clearly and she knows that it may not work. She's knowledgeable about keeping a very open mind," she said.

"The one thing that she does hope is that she'll regain some of her hands back. She can use her hands to draw, brush her hair, brush her teeth, those types of things, but she can't extend her fingers all the way. It's just something that most people with spinal cord injuries have to deal with. So she's hoping that the procedure will improve the look of them."

For added support, Alycia's best

friend Lisa Taplin will travel with them to Thailand to help along the way.

"I've never been to Thailand before and I've also never travelled with Amaya before, so I was very nervous about going to another country alone with my daughter. It's a huge benefit that my friend is also a registered nurse in emergency at the Stonewall Hospital, so she can help Amaya with all the things that I help her with," Alycia said.

"This time I will be going with Lisa so that we can figure out where we're going and get to know the people. Next time, it will just be me and Amaya."

They had initially included a week-long quarantine period in their itinerary, but the quarantine requirement for fully vaccinated Canadian travellers to Thailand has since been lifted. As a result, Alycia, Amaya and Lisa will have the chance to enjoy some time as tourists before Amaya's treatment begins on Dec. 1.

"We're actually doing our first seven days of sightseeing around Thailand and taking advantage of that spare week that we thought we had to quarantine," Alycia said.

"If we do go back to Thailand in six months, then it's basically going to be going to the facility and coming back. So this is going to be our one time to actually see things and let Amaya actually experience a trip. She has never been on a trip before, and if the stem cell treatment doesn't work, we will have some great memories to look back on."



**BUILDING FOR
TOMORROW...
TODAY**



Proclamation

INTERLAKE COMMUNITY FOUNDATION WEEK

- WHEREAS** the Interlake Community Foundation invests in our communities for good, for ever through pooling of investments of gifts donated by various community members and organizations, with income earned on these investments granted back to support our local charities; and
- WHEREAS** endowed funds are never spent, meaning the gifts will continue to earn interest which annually supports our communities forever; and
- WHEREAS** The Endow Manitoba Giving Challenge helps the Interlake Community Foundation grow exponentially between November 15-21, 2021 when a \$10 donation will be topped up to \$19, through the combined efforts of the Manitoba government, The Winnipeg Foundation, and a local benefactor;
- THEREFORE BE IT RESOLVED** that the Council of the Town of Stonewall declare

**November 15-21, 2021
as**

Interlake Community Foundation Week

> CROWN LANDS, FROM PG. 2

species," said Tyler Fulton, president, Manitoba Beef Producers.

"Implementing beneficial management practices helps contribute to improved soil and pasture and forage health on these lands, and we believe the pilot program should prove to be valuable in this regard."

"This is a good first step in the right direction to help producers improve forage and pasture quality in the pilot project area," said Larry Wegner, chair, Manitoba Forage and Grassland Association. "As a pilot project, it also means the project has potential to help producers as required in those key program areas right away, with the potential for possible design and delivery in other key forage-producing areas across the province."

The Ag Action Manitoba Program Assurance: Environment Beneficial Management Practices (BMP) is also accepting applications starting Nov. 8. The program provides targeted incentives to farmers to advance the adoption of beneficial management practices. These practices reduce identified environmental risks, improve agro-ecosystem resilience, build public trust

and improve environmental sustainability of farm operations in Manitoba.

Through the Canadian Agricultural Partnership programming, the governments of Canada and Manitoba help farmers implement and adopt beneficial management practices on their farms that are identified in their Environmental Farm Plans.

The Partnership is a five-year, \$3-billion commitment by the federal, provincial and territorial governments that supports Canada's agri-food and agri-products sectors. This includes a \$2-billion commitment that is cost-shared 60 per cent federally and 40 per cent provincially/territorially for programs that are designed and delivered by provinces and territories. For more information, visit <https://agriculture.canada.ca/en/about-our-department/key-departmental-initiatives/canadian-agricultural-partnership>.

For more information on the Agricultural Crown Lands Forage Productivity Pilot Program, and other Ag Action Manitoba- Assurance Beneficial Management Practices programming in Manitoba, please visit www.gov.mb.ca/agriculture/canadian-agricultural-partnership/ag-action-manitoba-program/for-farmers.html.

Interlake-Eastern RHA hosts first annual review of its 2021-2026 Strategic Plan

Submitted

Interlake-Eastern RHA's virtual strategic plan review took place on Thursday, Nov. 4.

A new process, introduced with the adoption of the region's new five-year strategic plan earlier this year, the annual review brings all regional health planning partners together to validate that efforts underway are aligned with achieving the goals of the plan.

Board chair Glen West kicked off the strategic planning review by talking about the importance of all planning partners evaluating work that has gone on since the last meeting for strategic planning in May and the release of the completed strategic plan in the summer.

"We felt it was important that we adhere to the strategy change cycle process we implemented with this plan. We will be conducting the annual review every November until plan conclusion in 2026," West said.

Interlake-Eastern's CEO, Dr. David Matear, said the strategic plan is to be the region's guide for its priorities in the next five years. Planning partners made concerted efforts to ensure regional goals align with provincial health system transformation and the clinical and preventive services plan that is Manitoba's first provincial plan for health system service delivery.

"We have identified, collectively, how we can contribute to provincial planning and, at the same time, advance regional delivery of health services based on needs that have been identified and validated by our planning partners," Matear said.

Six strategic steering committees, comprised of community members and staff, have been established to identify and advance the work that needs to be done under each of the region's six strategic goals. Participants in the annual review learned more about the steps each steering committee is undertaking. Committee work streams are being designed to achieve the goals that are designed to propel the region towards better meeting the

health needs of our residents.

Interlake-Eastern RHA Strategic Goals

1. Integrated and co-ordinated health care

We will ensure our health system is integrated and co-ordinated between providers and patients.

2. Primary and community care transformation

We will provide a solid foundation of primary and community services and strive to make it easier for patients to move across the continuum of patient care.

3. Indigenous and vulnerable populations

We will work to improve access, health outcomes and reduce health disparities.

4. Mental health and addictions

We will work to improve access to community mental health and addictions services for adults, children and families.

5. Health human resources

We will have a skilled and dedicated workforce of health professionals, support staff, volunteers and physicians.

6. Innovation and technology

We will endeavour to improve access, care quality and health outcomes through clinical best practices with a focus on innovation and technology.

In addition to the strategic steering committees, Interlake-Eastern RHA has also established a Regional Health Advisory Council. This council is a strategic partnership among representatives from Interlake-Eastern RHA, Manitoba government, Shared Health, locally elected leaders including Indigenous partners, community health partners, physician partners and members of the public. Council members meet quarterly and for updates and discussion around strategic steering committee progress on their workstreams.

Pinaymootang First Nation health director Gwen Traverse, who also co-chair's Interlake-Eastern Regional

Health Authority's Indigenous Health Advisory Committee, participated in the annual review. She said it offered more than she had anticipated.

"I could not help but feel overwhelmed and proud to hear the IERHA working towards true partnership and that the Indigenous people are now part of a health-care system with a voice. I am proud to be part of an RHA that recognizes reconciliation," Traverse said.

Presentations of the day also included a regional and provincial look at clinical and preventive services plan implementation with the goal to provide more consistent and reliable health-care services closer to home for Manitobans.

Ian Shaw, transformation program lead from the transformation management office at Manitoba Health and Seniors Care, talked about efforts to modernize and standardize the delivery of home and community care; finding and fixing the clinical areas where quality of care and patient outcomes can be improved; and delivering more services locally — using existing clinical services better and investing in people, equipment and infrastructure. He talked about the province's commitment to invest \$812 million in health care such as the recently announced \$284-million new

hospital in Portage la Prairie and \$70 million in enhancement to Brandon Regional Health Centre.

"These investments are in projects that are required for successful implementation of the clinical and preventive services plan," Shaw said.

He also advised that more announcements on investments in health care will be coming.

Matear identified there is intent to keeping all of the region's planning partners central to evaluation and review of work being done within the strategic plan.

"Moving forward, consultation with stakeholders will continue to be an important and required part of strategic planning. The opportunities this process provides our community members, and the region, are significant as we look to make changes regionally to improve health care. This process maintains an open door for ongoing engagement. Opportunities exist at the regional health advisory council and strategic steering committees to engage with the critical work of strategy implementation," Matear said.

To learn more about the region's strategic planning process and how to get involved, visit www.ierha.ca and click on "About Us" then "2021-26 Strategic Plan."

> RCMP, FROM PG. 8

- Do not use cruise control
- Increase your distance between other vehicles as stopping distance on an icy road is double the stopping distance on a dry one
- Observe road signs pointing out icy spots, such as bridges and overpasses
- If you start to skid, do not brake or accelerate. Look where you want the vehicle to go and steer in that direction
- As always, keep in mind the basic

safety rules: buckle up, slow down, drive with caution, be aware, be alert, be sober, give yourself plenty of time to reach your destination, and keep focused on the road

- Check weather and road conditions before heading out. If road conditions are unfavourable, the safest strategy is to avoid driving

Winter weather is on its way! Being prepared will help keep you and others safe on our roads.

The world is changing, and we've got big questions.



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Take a survey at
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Available in accessible formats upon request.



The power that a new set of PJs can make

By Katelyn Boulanger

When people get away from a situation involving domestic or family violence, it can sometimes be an emergency where they are leaving with just the clothes on their backs.

Knowing this and the value that being given comfortable, warm pyjamas slippers, T-shirts or sweats means to these people, Nova House is once again marking Domestic Violence Awareness month with its Power of the PJs drive.

Nova House is a domestic/family violence shelter in Selkirk that serves our Interlake area and parts of Eastern Manitoba. They provide emergency accommodations for people leaving domestic and family violence situations with their women's shelter but also can direct anyone who comes to them in similar situations to resources and accommodations that would be right for them. They also provide counselling and additional resources in the community that are open to all residents even if they are not staying with them.

Melanie Thomas, Nova House's outreach co-ordinator, says people can assume this just means they help in situations of intimate partner violence but that domestic and family violence actually covers a lot of different situations, such as violence from an adult child to their elderly parent, and can affect anyone in our communities.

"Domestic violence doesn't discriminate. It can happen to anybody — any race, any gender, any economic status. It can happen to anyone," she said.

The Power of the PJs campaign runs during the month of November. Residents can bring pyjamas slippers, T-shirts or sweats to local businesses where they will be collected for Nova House and then can be distributed to families that come to use their services. This means donations of any size clothing are needed as they help not only women

but their children as well.

"When somebody comes into shelter, it's a whole new experience and can be very intimidating, and to be able to offer them a warm pair of pyjamas and slippers for them to get comfortable in is the least that we can do," said Thomas.

This campaign also serves to give people a way of having discussions about domestic violence, what it is and how it happens in our communities. Thomas says that this is important as there can sometimes be guilt and shame associated with discussing domestic and family violence when there doesn't need to be.

She also says people that need help may not always need to go to a shelter. Nova House has a shelter but also has outside shelter programs and services that might be more appropriate for people in differing situations.

"There are supports out there, whether it's through us or through another shelter. It might mean just talking to somebody," she said.

"When we talk about it, we do education but we also normalize it and we take away the stigma."

Donations can be made to Packer's Fashions, Selkirk's No Frills, Twice Over and Harry's Foods. Monetary donations can also be made to Nova House itself.

Thomas encourages people to make a donation and help out people in our community.

"It's for a great cause to help families move towards getting back on their feet and to be more comfortable," she said.

For more information about Nova House, check out their website at <https://www.novahouse.ca/> or give them a call at 204-482-7882.

Bezan joins senior Conservative leadership team



MP James Bezan

Submitted

James Bezan, Member of Parliament for Selkirk-Interlake-Eastman issued the following statement on the announcement by Conservative leader Erin O'Toole on the naming of the Conservative House leadership team and shadow cabinet:

"I am honoured to be promoted to the House Leadership team as deputy Opposition whip, strategic advisor and co-chair of the question period planning.

"I have worked alongside Erin O'Toole since he was elected in 2012 and have always been impressed by his leadership skills and work ethic. I am humbled to have his confidence and trust to be part of his House leadership team.

"This is a new opportunity to work more closely with my Conservative colleagues, including Blake Richards as Opposition whip and Michael Barrett as my co-chair for question period planning. We are ready to get back into the House of Commons and hold the Liberal government to account.

"It has been an honour to serve on the Defence file for the last decade. I am always inspired by the service and sacrifices made by the members of the Canadian Armed Forces and their families. They fight every day to keep Canada the true north, strong and free. I know they will be well served by my colleague the Hon. Kerry-Lynne Findlay, who will continue to fight for the best possible outcomes for our troops. I offer her my sincere congratulations on becoming the new shadow minister for National Defence."

Annual art show in St. Andrews open to all artists

The St. Andrew's Heritage Centre is open for submissions until January 1, 2022

By Ligia Braidotti

The St. Andrew's Heritage Centre is asking all local artists to get ready to get some exposure next year.

Because of the pandemic, the St. Andrew's Heritage Centre couldn't host their annual art contest this year but are now preparing to give local artists a venue to showcase their work in 2022.

They have recently opened submissions for the 2022 Community Art Showcase and are inviting all artists, from all skill levels and ages, to participate. The St. Andrew's Heritage Centre is asking participants to submit up to five projects for the exhibition. They will pick a few pieces of art to showcase during the exhibit. The centre doesn't have the ability to support digital or other media requiring sound systems, TVs, etc. Artwork such as paintings, drawings, photography, textiles, sculpture, ceramics and jewelry are welcomed.

Katrina Eeles, program co-ordinator with the St. Andrew's Heritage Centre, explained that at the beginning of

Continued on page 13

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St. Laurent honours veteran with road dedication

By Nicole Brownlee

A street in St. Laurent has been dedicated to the late Comrade Louis George Coutu, a Second World War veteran and leading community member.

Coutu was born in 1916 and fought in the Second World War from 1939 to '45. In 1942, Coutu was a part of the Dieppe Raid with 5,000 other Canadians. Also known as Operation Jubilee, the Dieppe Raid is considered one of the darkest chapters in Canada's military history. Over 900 Canadians were killed in the raid, and almost 2,000 became prisoners of war.

Coutu was taken as a prisoner of war for three years in Nazi Germany, said Darlene McKay, Coutu's daughter.

"He suffered a lot. He was lucky to make it back, but he always said he was sorry to see those ones that he left behind," said McKay.

"He was always thinking about the veterans. ... And this is the reason he wanted to make some kind of place for them to be remembered."

St. Laurent veterans travelled to Stonewall or Lundar to visit the community legions, but Coutu wanted to establish a branch in town.

"His dream was to start the legion in St. Laurent for the veterans that live here," said McKay.

With the help of six local veterans, Coutu secured a charter and bought an old hotel in St. Laurent to convert the space into a legion. To this day, the St. Laurent Legion Branch #250 is the only Métis legion in Canada.

"It should be recognized," said McKay. "There's a lot of work that's been done by a lot of volunteers in this community."

Coutu served three terms as the legion's president before he died on March 7, 2001, at 84 years old.

The RM of St. Laurent and the St. Laurent legion decided to dedicate



Pte. Louis George Coutu returned from fighting in the Second World War in 1945 with the dream to start a legion in St. Laurent to remember and honour veterans.

the road leading to the legion to Coutu to recognize his commitment to the legion and the community. Road 19 West is now named Pte. Louis George Coutu Way.

"It's a beautiful sign that they put up, and our family is so proud," said McKay. "He is well known in the community. He really was an advocate for the veterans."

"I'm very proud of my dad and the men that stepped up to do this in this community."

The legion continues to be a staple within the community, hosting weekly bingo nights and annual events.

"The legion means everything to the community," said legion president Marion Furey.

"Everything we do at the legion is for the community in the memory and in support of the veterans and our founders."



TRIBUNE PHOTOS BY ST. LAURENT LEGION

The RM of St. Laurent and the St. Laurent legion have dedicated the road leading to the legion to the founder of the legion, Comrade Louis George Coutu. Pictured, left to right: Darlene McKay, Melvin Coutu, Leona Coutu, Peter Coutu and Philip Coutu.

Recent renovations to the legion have revitalized the community spot.

"We had a very generous donation from a benefactor of \$170,000," said Furey.

With the help of the federal, provincial and municipal governments and

the Manitoba Métis Federation, the legion now has a new roof, flooring and a fresh legion emblem painted on the exterior by Coutu's son Melvin.

"We're not done yet," said Furey. "Comrade Coutu would be proud if he saw his legion today."



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> ANNUAL ART SHOW, FROM PG. 12

this year they held a virtual exhibition to showcase some local artists that had submitted their work. Because of restrictions, the public could not enter the centre to look at the artwork, so they posted videos on their social media with the artists' work.

"We want to get the community involved and this is a way to have people from different areas come to the rectory, learn about the history that's here, but also to get to know people from the community," Eeles commented. "And this is certainly a good way to get local artists involved."

For next year's event, they are hopeful they will host an in-person exhibit

with a grand opening celebration for the artists and their families.

But the main reason the centre hosts events like these is to promote local artists and give them a venue to showcase their work.

"We want to raise awareness for the people that are doing different things around here," Eeles said. "This helps people sell their artwork through our venue."

Artists from all over the region and the Interlake are welcome to submit their work to the centre by filling out a submission form found at standrews-rectory.ca. The submission deadline is Jan. 1, 2022.

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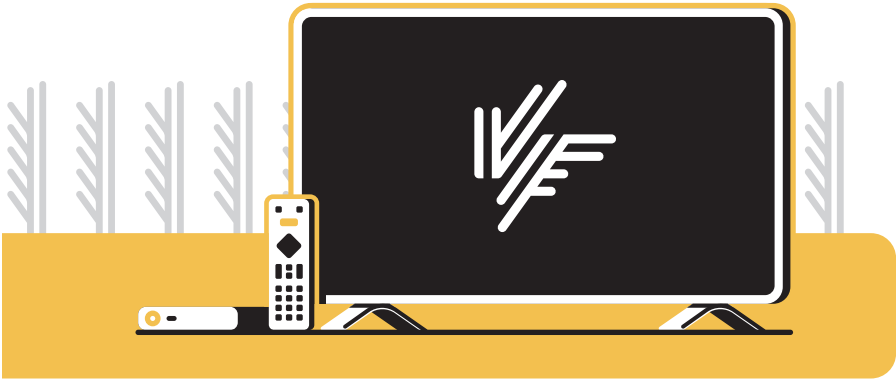
TRIBUNE PHOTOS BY LANA MEIER
Above: Ecole Centennial School Grade 6 students visited the Stonewall Cemetery for a short Remembrance Day service on Nov. 10 and to place votives at soldiers' graves. The votives were part of their Stonewall Remembers project.

Below: Carolina Nagy visited the Stonewall Children's Centre last Wednesday to share a musical Remembrance Day service.

Right photos: Rev. James Bardsley led this year's Remembrance Day service at the Royal Canadian Legion. Over 3,000 crocheted and knitted poppies were displayed on both the interior and exterior walls of Stonewall's Royal Canadian Legion honouring the 100th anniversary of the poppy as the country's symbol of Remembrance. Bardsley paid tribute to the men and women who sacrificed their lives for our freedom and to those who continue today to serve our country.



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COMMUNITY NEWS



Balmoral artist creates murals and more

By Jennifer McFee

A Balmoral-based artist enjoys brightening the community with her colourful creations.

Erin Waterer is a visual artist who has gotten into painting in the past few years in addition to working on her pencil and ink drawings.

"It started with watercolours then transitioned into gouache and acrylic on either paper or panel," she said.

"I have also enjoyed painting on various surfaces such as mailboxes, walls, benches and windows."

The 21-year-old artist recently completed a mural for Teulon residents David and Lesley Oakley to brighten up their cabin at Booster Lake.

"This mural is roughly 30 feet long and six feet high, which is the largest surface I've ever worked on," she said.

"For reference, I went by photos that the Oakleys had taken on their adventures around Booster. I painted the whole mural while trying to look at photos on my phone in 30-degree weather."

For the most part, Waterer gleans inspiration from other artists, na-

ture, the people around her and little things in day-to-day life.

"I always have lots of projects on the go. Currently I'm working on putting together a portfolio in hopes of being accepted into the fine arts program at University of Manitoba," she said.

"Also, the Oakleys are wanting another section of wall done at their cabin so I will be planning that as well this winter and then getting it done in the spring and summer of next year."

If you're looking to check out some of Waterer's work, she painted a scene on a bench in a memorial garden next to Balmoral's general store. She completed the commissioned piece in 2019, depicting a colourful summer scene of lilacs, monarch butterflies and a goldfinch.

"I am hoping to get into some local galleries once I have some more finished pieces," she said.

"I absolutely love creating and one day dream of being a full-time creative. I'm always down for new projects and accept commissions."

If anyone is interested in learning more about Waterer's artwork, they



TRIBUNE PHOTOS SUBMITTED

Erin Waterer was commissioned to paint a bench in the Balmoral Memorial Garden.



Waterer recently completed a 30-foot long and six-foot high wall mural on a cottage at Booster Lake.

can text her at 204-461-4626, send an email to thewatererway@gmail.com or check her out on Instagram @erin.waterer.

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Incredible Creatures: Nuts over red squirrels

By John Gavloski

One animal that we will continue to see in our yards and wild areas all winter is the red squirrel.

These playful acrobats can keep us entertained on all but the coldest days. In this month's Incredible Creatures, we will explore some of the behaviours and antics of red squirrels.

Ten species of squirrels can be found in Manitoba. Two are species of chipmunks, three are types of ground squirrels, we have a species of flying squirrel called the northern flying squirrel, and three species of tree squirrels (including the red squirrel). Tree squirrels are highly specialized for living in the trees; they typically have larger eyes and ears than ground dwelling squirrels, as well as longer, bushier tails to better balance in the treetops. With their well muscled hind legs for leaping and curved claws for climbing, tree squirrels rely on trees for shelter and food, and use the maze of branches as transportation routes. While most species of ground squirrels hibernate in the winter, tree squirrels are non-hibernating. In northern areas they must store enormous amounts of food to survive the winter.

Red squirrels are easy to identify by their rusty red coats, white undersides and white eye rings. They get all new fur on their bodies twice a year, and once a year on their tail. Mothers gives birth to one to eight young, averaging about four. Newborn red squirrels have no hair except for whiskers and some soft hairs on their chins. Their eyes open after 26 to 35 days, and they have all of their fur after 40

days. The young drink milk from their mother for the first 70 days.

Red squirrels average lifespan is five years. However, red squirrels have difficulty surviving past one year old. Only 25 per cent of red squirrels survive past one year.

To communicate, a red squirrel makes a lengthy descending trill and a chatter of assorted notes and chucks. They use vocal communication to advertise their territories and to threaten other squirrels. Red squirrels may even be able to recognize each other by individual calls.

Red squirrel nests are in holes in trees, in the leaves, or can even be underground. They make nests out of grass, moss, parts of plants, shredded bark, feathers or fur. They usually build nests within 30 metres of where they have stored food.

Red squirrels spend the day collecting cones from pine, spruce or fir trees, seeds, nuts, fruit and mushrooms. They will also feed on buds, flowers, bark, berries, insects, eggs, mice and young of small mammals when the opportunity arises. Seeds of pine cones are a favourite.

Some of this food is stored for the winter. They store nuts and seeds in piles called middens under logs, at the base of trees and underground.

They store up enough food to last one or two seasons.

Red squirrels remain active throughout the winter, except in severely cold weather. In the winter, red squirrels peak their activity around midday to



PHOTO SUBMITTED

Ten species of the red squirrel can be found in Manitoba.

take advantage of warmer temperatures. Adverse weather may result in reduced activity, but it is unlikely that squirrels will remain in the nest for more than one day without foraging. As the temperatures drop, squirrels become less active, and it has been reported that at temperatures of about -32 degrees Celsius, red squirrels become completely inactive.

Even in the cold of winter, red squirrels can keep us entertained with their acrobatics and chatter.

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There are still several weeks before Christmas, but it's a good idea to start planning so nothing gets overlooked. Here are a few tasks to check off your holiday to-do list.

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- Organize a gift exchange among family members, friends or co-workers.
- Book appointments with your hairdresser, barber or esthetician.
- Sort through your decorations, and determine if any need to be replaced.
- Remember to pause and enjoy quality time with loved ones. This week, consider making advent calendars with your kids or hosting a holiday craft night with friends.
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Your FARM



Crop contracts can be beneficial; some companies offer the Act of God clause

By Patricia Barrett

Some Prairie farmers are calling for an overhaul of crop contracts offered by grain companies after hundreds of them reportedly couldn't deliver the yields they promised because of severe drought and are on the hook for the balance of their contract.

But one Municipality of Bifrost-Riverton grain producer said crop contracts are typically beneficial as they more often than not offer farmers higher prices in the spring for the crops they expect to deliver in the fall.

"Farmers will make a contract in the springtime for a fall delivery for a decent price. Crop prices historically drop by fall time, so these guys are taking advantage of that higher price offered by a grain company," said Gordon Klym, who farms near Ledwyn, west of Riverton.

But this year's weather turned everything on its head. He said that many

farmers who obtained low yields or no crops are expected to shell out money to honour their contracts. He personally wasn't negatively affected by contracts but is aware of a number of farmers who have to pay out a substantial amount of money to fulfil their legal obligation. That includes farmers in Alberta where he heard some owe around \$100,000 on their contract.

"I guess it depends on which side of the fence you're on. It never affected me. This year the price went up but there were no crops, so a lot of people are stuck with their contract and they've got no choice but to buy that contract out," said Klym. "Grain companies, on the other side of the fence, make their sales based on [the amount promised in] these contracts, so you can't really blame them."

Continued on page 21



TRIBUNE FILE PHOTO BY PATRICIA BARRETT

Grain farmers across Western Canada could not fulfill contracts for crops such as oats and canola (shown here growing near Fisher Branch) and have to pay out their contracts.



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Your FARM



Woodlands' Current Holsteins farm earns BMO Farm Family Award

By Patricia Barrett

A farm family from Woodlands was honoured last month with a 2020 BMO Farm Family Award for their dedication to agriculture.

Darren Hueging and Allison Pylypjuk and their three children, Jocelyn, 8, Myers, 7, and Madden Hueging, 6, operate a dairy and beef farm called Current Holsteins near Woodlands. They milk 72 purebred Holstein cows and have about 150 beef cattle.

Last March, the family was supposed to receive the award during the 2020 Royal Manitoba Winter Fair, but the event was canceled because of COVID-19. So instead, they were presented with the Bank of Montreal's award on Oct. 27 during the Manitoba Ag Ex event in Brandon.

"It was a surprise for us when we received a phone call saying we had won," said Pylypjuk, who in addition

to farming is a veterinarian. "Somebody had nominated us for the award and a selection committee picked us based on criteria such as environmental sustainability and volunteer work in the community and in the ag industry."

Their children are actively involved in the farm operation, keeping it running smoothly and on schedule. They even own a few cattle.

"They're unbelievable. I can ask them to finish up in the calf barn and they know that means getting water, feeding them hay and washing bottles," said Pylypjuk. "They are a huge help. They're in the barn with us every day."

This year, Manitoba's severe drought was a challenge, she said, forcing them to buy hay for their animals. To save their pastures from over-grazing, they had to sell some of their beef cat-



TRIBUNE PHOTOS BY ASHLEIGH HAMM PHOTOGRAPHY

Darren Hueging, Allison Pylypjuk and their children Jocelyn, Myers and Madden Hueging earned a 2020 BMO Farm Family Award for their dedication to the agriculture industry.

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tle about two months ahead of schedule. They also had a well dug and ran pipes to a few different pastures to get clean water to their cattle.

Darren Hueging said part of the award recognized their environmental sustainability efforts. The family practises rotational grazing so that they don't overtax their pastures and also plants forage crops such as a grass-alfalfa mix. Forage crops help prevent soil erosion and soil compaction, help improve the condition, and provide food for animals.

"We have forage crops every year. They didn't produce very well this year but we'll plant them again next year. With the dry conditions, we're rotating some of them a little bit sooner than we normally would," said Hueging. "We've had four drier years in a row now and this year was probably the driest, so some of those crops haven't yielded very well. We've taken some out of the rotation and are putting in spring cereals because they'll do better with less moisture."

His biggest concern going into next year is the grasshoppers, which this year were "really bad and ate a lot of our grass before we were able to get the cows to it," he said.

Spraying wasn't an option for many reasons, including not knowing its impact on beneficial insects, having lots of trees and bush around small

pastures, making it difficult to spray, and the short-duration of the insecticide (up to two weeks) and cost.

The Huegings are very involved in the agriculture community, volunteering on numerous organizations to help improve and promote their industry.

Hueging has been the president of the Interlake Holstein Dairy Club for over 10 years. He also sits on an agriculture diploma panel for the University of Manitoba's faculty of agriculture and food science and on a Dairy Farmers of Manitoba advisory committee, representing the interests of dairy farmers and helping the board make policy decisions.

Pylypjuk has been active with the Manitoba Veterinary Medical Association for several years and is currently its president. She also participates on or chairs several of its committees including the Food Animal Committee, the Code of Ethics Committee and the Veterinary Shortage Committee.

"We deal with policy-making for the profession as well as policies for protecting the public," she said. "A huge issue we're dealing with right now is a veterinary shortage in the rural area. We're working on identifying ways to recruit veterinarians."

The profession is seeing a lot of

Your FARM



> HUEGING FAMILY, FROM PG. 20

burnout because rural vets are expected to be available at all hours, she said. They also work for less pay than other medical professions.

"In rural communities, you may be the only vet around and it's hard to have a work-life balance when you're on call 24-7," said Pylypjuk. "It's especially hard for females with a family when they're on call all the time. We also see death at a higher rate than human physicians do because it often comes down to whether people can afford certain veterinary care."

Hueging and Pylypjuk said it was a "special moment" for them to be recognized for all the "early mornings and late nights" that go into improving their farm operation

> CROP CONTRACTS, FROM PG. 19

Grain yields fluctuate from year to year, said Klym. It depends on weather and other factors such as disease and insects. Grain companies aren't necessarily the bad guy for having offered farmers a contract in the spring of this year, the third year of Manitoba's drought.

"It was dry all right last year, but we did get a really decent crop. Guys that had contracts last year didn't have bin space. But this year, we didn't get the crops we hoped for and had lots of bin space," said Klym. "This year is a total reversal from last year."

To a certain extent, crop insurance will help those who have it, he said, but it's not the answer to paying off a contract.

What would help is grain companies forgiving a contract or rolling it over to next year.

But if grain companies were to start forgiving contracts, Klym said that might lead to instability in the system. The companies themselves have an obligation to deliver a set amount of grain to their buyers. If farmers can't fulfil their contract, the grain company has to solicit farmers without contracts to see if they can make up the shortfall. That could mean having to pay even more for a crop.

"Every farmer would be making a contract if they knew they could just jump out of it a couple of months down the road," said Klym. "A contract is a contract; you have to live up to it or you have to buy it out. Or you can look for a contract with a clause in it that says if [low or no yield] is the result of an Act of God, the farmer is forgiven."

Bunge, an international company that has an office in Altona, is one company that has an Act of God clause in its contract, said Klym. He's not sure whether other grain companies offer similar clauses to protect farmers when excessive heat, drought or other disasters affect yields and prevent them from delivering what their contract stipulates.

Grain companies likely suffer a financial penalty if they can't deliver to their buyers, he said. Or their reputation would surely take a hit.

"Who's going to come back and buy from that company again if they can't deliver what they said they would?" said Klym.

The *Express* reached out to Paterson Grain for comment about contracts and to Bunge for information about its Act of God clause. Neither company responded.

and providing service to their industry. They also appreciated being invited to the in-person Farm Family Award presentation held in the stunning dome building (also known as the Dominion Display Building) on the Keystone Centre's grounds.

The award was a testament to their dedication to the ag industry.

"We feel very fortunate to be able to raise our children on a farm," said Pylypjuk. "Darren and I are both from dairy and beef farms, and we sure appreciate the work ethic our parents instilled in us. We feel very fortunate to raise our kids with those same values."

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GENUINE
PARTS

Teulon centenarian reflects on a world at war

By Tyler Searle

Last weekend's blizzard forced organizers to cancel Teulon's Remembrance Day ceremony, but sleet and snow could not deter people from paying their respects.

Around 10:45 a.m. on Thursday, a few dozen locals gathered at the Teulon cenotaph.

The crowd — clad in winter gear garnished with red poppies — huddled around the historical monument and braced themselves against the wind.

Among them stood Warrant Officer Pete Boivin, RCMP Const. Joe Behse and Royal Military College Officer Cadet Alexander Knott, each wearing their respective uniforms.

Judith Dedrick-Williams, Lion's Club member and chair of Teulon's Remembrance Day committee, greeted them there.

Dedrick-Williams informed the crowd the ceremony was cancelled due to weather but thanked those



Bill Neely watches the snowfall from the window of his Gateway Manor suite. The centenarian is a veteran of the second World War.

present for showing out in defiance of the conditions.

She addressed Boivin, Behse and Knott directly, acknowledging their service and presenting the men with wreaths to lay on the cenotaph's base.

Before the crowd dispersed, Dedrick-Williams asked everyone to honour Canada's veterans and service people with the customary two minutes of silence.

Around the same time, only a few blocks down Beach Road, Bill Neely watched the snowfall from the window of his Gateway Manor suite.

Neely, who recently celebrated his 100th birthday, is among the oldest living veterans in Canada. As a trooper with the Canadian Army in the Second World War, he manned the guns of a Staghound



TRIBUNE PHOTOS BY TYLER SEARLE

The winter storm cancelled Remembrance Day in Teulon, but a few dozen locals still came to show their respects.



RCMP Const. Joe Behse, Warrant Officer Pete Boivin and Royal Military College Officer Cadet Alexander Knott stand before the Teulon cenotaph.

armoured car.

He is a common fixture at Teulon's Remembrance Day ceremonies, so convincing him to stay home could not have been easy, Dedrick-Williams said.

"He'll be ticked that we let a little snow stop us," she joked.

Neely joined the service at 21 and deployed to Europe between 1942 and 1945, ultimately engaging in more than 11 months of active combat. During his years overseas, he trained and travelled Europe.

In those days, he was full of "piss and vinegar" and sported a head of shiny black hair, he said with a smile.

Neely's memory is not what it used to be, he said, but he recounts stories with a depth of detail that defies his age.

The picture he paints of his time in the war — now nearly 80 years past — is not flattering.



Wreaths lain at the cenotaph base.

"I've seen what flamethrowers can do," he said, describing a wave of flame climbing the concrete walls of a German machine gunnery outpost and cooking its inhabitants.

The challenge of war lies more in what soldiers see than what they do, Neely said.

He remembers moments of strength and solidarity, like sharing wine with a party of liberated Dutch civilians. And moments of shock and awe, like seeing the sky filled with planes, their engines roaring and wings aligned

Continued on page 26

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> MEAL IDEAS



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Apple Oat Crumble and Citrus Caramel Topping

3 tablespoons sugar
1/2 teaspoon ground cinnamon
2 Envy Apples, diced into large cubes
1 tablespoon lemon juice
1/2 cup brown sugar
1/2 cup all-purpose flour
1/2 cup old-fashioned oats
1/2 cup cold butter, diced small
1/2 cup caramel
1/4 teaspoon salt
1/2 orange, zest only
1 tablespoon orange juice
vanilla ice cream
Preheat oven to 350 F.
In bowl, stir together sugar and ground

cinnamon.

Toss apples in lemon juice then in cinnamon sugar mixture. Spread in 9-inch pie dish.

In another bowl, stir together brown sugar, flour and oats. Using hands or fork, cut in butter until pea size crumbs form. Sprinkle evenly over apples.

Bake 40-45 minutes until mixture is bubbling and golden brown. Remove from oven and let cool 15 minutes.

In small pot, whisk caramel, salt, orange zest and orange juice until warm.

Spoon apple oat crumble over large scoop vanilla ice cream and top with salted citrus caramel.



Apple Stuffing Bites with Rosemary Gravy

In large saute pan, melt butter saute apples and onion until tender. Set aside to cool slightly.

Stir together stuffing and apple mixture. Spread stuffing on sheet tray and allow to cool in refrigerator.

After cooling, form stuffing into medium bites and place on sheet tray lined with parchment paper.

Broil bites until golden brown and slightly crispy.

To make gravy: In small pot, melt butter and whisk in flour. Cook flour 1 minute, whisking frequently.

Whisk in beef broth, salt, pepper and Worcestershire sauce; bring to boil, whisking frequently. Remove from heat and stir in rosemary. If desired, continue gently simmering gravy to thicken.

Arrange stuffing bites in serving dish and drizzle with gravy. Serve hot.

1 box stovetop stuffing
2 tablespoons butter
2 cups diced Envy Apples
1/2 onion, diced small
Gravy:
3 tablespoons butter
3 tablespoons flour
2 cups beef broth
2 teaspoons kosher salt
20 turns fresh cracked pepper
1 teaspoon Worcestershire sauce
1 tablespoon finely chopped rosemary
Preheat broiler.
Cook stuffing according to package directions; set aside and allow to cool slightly.

Sitting all day is bad! Get up with a 5 minute workout

By Julie Germaine

Even as a personal trainer, my job requires me to spend hours at a time on my computer. This goes for many careers – and unfortunately it's not healthy for humans to sit for long periods of time. This can contribute to heart disease, obesity, high blood pressure, and high cholesterol. But thankfully, research shows that by jumping up and interrupt sitting for just 3 to 5 minutes every hours will positively impact your health.

Do it with me now! Here are some simple ways to move your body to feel great and take control:

1. Squats! Stand up and pretend to sit down into an invisible chair. If you have bad knees or feel silly doing this, this actually sit into a chair and stand back up. Now do this 20 times. By engaging the big muscles in your glutes (butt), quads (above the knee), and hamstrings (back of leg), you are burning calories, and kickstarting digestion.

2. Jumping Jacks! This won't be for everyone, but if you're a work-from-home parent, your kids will find this hilarious and join ins. Do 20 jumping jacks, rest for 20 seconds, and repeat 5s times. If jumping is too intense for you, put on your favourite song and dance wildly. If your neighbours see you, no big deal! In fact, you'll likely be invited to their upcoming Christmas party because you're obviously loads of fun.

3. Stairs! Walk then, run them, take them 2 at a time – it doesn't matter, your body will warm up quickly to the challenge. Another great option is to walk around the block with your dog. If you've taken the time to



Health and Wellness
Fitness expert
Julie Germaine

bundle up, you may as well make it a 10 to 15 minute walk every 2 hours.

4. Plank! This is a core exercise in which you hold a push-up position from your fore-arms. There are many variations to accommodate different fitness levels and to keep you from getting bored.

5. Get the Paper! Or walk to pick up your mail instead of stopping on your way to work. Find ways in your daily routine to be active so your exercise is built in and happens regularly.

Would you like to connect with me to discuss your personal fitness goals and struggles? Visit juliegermaine.com or schedule a free 15 minute diet consultation at www.calendly.com/juliegermaine

Coach Julie Germaine is a fit mom, 2x Pro Fitness Champion, Certified Nutrition & Fitness Expert - and local here in Manitoba. She has helped thousands of men and women improve their health since 2005.



Pumpkin Spice Apple Cider

Envy Apple slices, for garnish
rosemary, for garnish
cinnamon stick, for garnish

In pan over medium heat, saute diced apples in butter and pumpkin spice 5-10 minutes.

In glass, combine bourbon and pumpkin spice apple cider; top with sauteed apples.

Add demerara sugar then garnish with apple slices, rosemary and cinnamon stick.

Photo courtesy of Getty Images (apple cider)

1 Envy Apple, diced
1 tablespoon butter
1 teaspoon pumpkin spice
2 ounces bourbon
4 ounces pumpkin spice apple cider
demerara sugar

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Bell-Issimo Brie Melt

1 round brie (6-8 ounces)
2 Envy Apples
1/4 cup walnuts
1/4 cup dried cranberries
firm crackers

Unwrap brie and place on microwave-safe dish. Cut off top of brie round and microwave 60 seconds until middle is soft.

Slice apples into thick wedges.

Top brie with half the apples, crushed walnuts and dried cranberries.

Serve with firm crackers and remaining apple wedges.

Official opposition asks health minister to address rural paramedic inequities

By Patricia Barrett

Being a paramedic in rural Manitoba means earning less pay than city paramedics and being unable to work to the full scope of their professional practice.

Over time, that has led to a shortage of rural paramedics in the Interlake (and other regions of the province), which is not only endangering remaining staff through excessive overtime but is also leaving rural patients in dangerous and desperate situations, according to the union representing rural paramedics, as well as critics and affected patients.

With rural paramedicine in a tailspin, Wab Kinew, the leader of Manitoba's Official Opposition NDP, has been calling on the province's health minister Audrey Gordon to address a lack of parity that's based on geography.

Kinew said he has been hearing from rural residents about their experiences with delayed emergency services and recently spoke with some of the Interlake's paramedics, who want the opportunity to work at a higher level.

"What I've heard from paramedics in the Interlake is that they want to keep working in their communities, but they're not paid enough and they're



MANITOBA GOVERNMENT WEBSITE

NDP leader Wab Kinew is calling for parity and pay rises for rural paramedics to address a staffing crisis that's affecting patient care.

frustrated that they can't use the full scope of their training," Kinew told the *Tribune* last week. "What that tells me is the solution here is simple: the province needs to offer these workers a competitive salary and allow them to use the full scope of their training



TRIBUNE PHOTO BY PATRICIA BARRETT

Rural paramedics have been working "dangerous" amounts of overtime to fill chronic staffing shortages, according to MAHCP, the union that represents them.

so that small communities can retain these skilled paramedics."

Kinew said ambulances having to travel great distances in the Interlake and paramedics being diverted to other regions of the province to fill staffing gaps can directly affect patient care.

"It's the long distance these paramedics travel that makes the full scope issue so important. When our EMS [emergency medical services] system is understaffed, paramedics have to leave their regions to cover vacancies in other parts of the province. It means we have a patchwork of service across rural communities, and patients pay the price for it," said Kinew. "Longer ambulance rides mean more risk to patients and more demands on paramedic care. When paramedics get to patients, they need to be able to use their full skill set to keep them safe."

Patients across rural Manitoba unable to get timely emergency care are speaking out as paramedic staffing vacancies reach unsustainable levels. In August the Manitoba Association of Health Care Professionals (MAHCP), which represents rural paramedics, said the Interlake-Eastern Regional Health Authority is consistently operating short-staffed by 20 to 30 per cent.

In September, a couple living near Stonewall experienced a series of mishaps during a cardiac crisis (see Oct. 14 edition of *Stonewall Teulon Tribune*), including the cancellation of a vital angiogram at the St. Boniface Hospital because there were no rural ambulances available to take the patient to Winnipeg.

Kinew wrote to Minister Gordon on

Sept. 8, urging her to address long EMS wait times in rural regions after receiving "many reports" of lengthy delays. He wrote to her again on Nov. 3, requesting that she eliminate "any prohibition" on rural advanced care paramedics working to the full scope of their practice.

He said he hasn't received a response.

The paramedic staffing crisis is only part of the health-care system crisis in rural regions. Hospitals in Interlake in communities such as Gimli, Arborg and Eriksdale, for instance, continue to experience ongoing periodic closures of their emergency rooms because there are not enough doctors (another recruitment and retention issue) to staff them. That puts even more pressure on paramedic delivery times.

"We need to focus on recruitment and retention in all areas of our health-care system right now. That means incentivizing young people to pursue careers in health care and making sure we have training programs in their home communities," said Kinew.

He added that it's "unacceptable" that the provincial government "won't let" graduates from Red River College's Advanced Care Paramedic program work to the full scope of their training.

"It shows a clear lack of leadership from the province and it's hurting families in rural communities," said Kinew.

He will be raising the issue in the House [next legislative sitting starts Nov. 23] as it affects patient safety and

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Stonewall Teulon Tribune

Continued on page 26

First case of CWD discovered in western Manitoba

By Nicole Brownlee

The province is beefing up surveillance of deer, elk, moose and caribou after discovering the first Manitoban case of chronic wasting disease (CWD).

The province discovered the first case of CWD on Oct. 14 in western Manitoba near Lake of the Prairies. Community members contacted the CWD surveillance program after noticing an unhealthy male mule deer.

After euthanizing the deer, biological samples from the deer were sent to the diagnostic centre at the University of Manitoba for preliminary testing, where researchers confirmed the deer had CWD.

"We know we have mule deer repopulating Manitoba because they are a native species. Whether this animal was born in Manitoba or if it's emigrated from across the border, we don't know at this time," said Brian Joynt, Manitoba's wildlife health unit lead. "We do know that Saskatchewan has chronic wasting disease, and we're aware that mule deer have a higher prevalence for the disease, so it's not surprising that we detected it in a mule deer in Manitoba. It's very disappointing."

CWD is present in Saskatchewan, Alberta and 25 states.

CWD is similar to bovine spongiform encephalopathy, also known as mad cow disease, said the Manitoba Wildlife Federation. Once infected, a cervid's brain degenerates until the animal dies within around five years.

The contagious disease is caused by a type of protein called a prion and travels between cervids through

fluids like saliva, blood, urine or feces. CWD also contaminates soils for years and can be carried by scavengers and predators like crows, ravens and coyotes.

"While CWD is not known as a human health risk, meat from a CWD infected animal is not recommended for consumption," said the province in a news release on Nov. 1.

An infected cervid can look normal in the early stages of the disease but will eventually become less alert, fearful and appear unhealthy.

"As it progresses, infected animals become very thin and uncoordinated, with drooping ears and heads, are unaware of their surroundings and often have excessive drooling," said the province.

To discourage the spread of CWD through carcasses, the province banned hunting deer, moose, caribou and elk, also known as cervids, in the game hunting area where the positive case was found, GHA 22, on Nov. 1.

Hunters are required to submit the head and upper neck of cervids killed in GHA 22 and surrounding areas within 48 hours of harvesting to drop-off depots stationed throughout the province.

"We have a surveillance program that's been in place for a number of years where we've been collecting hunter submitted samples from all along the Saskatchewan border," said Joynt.

"Now that we've detected CWD, we're very keen to get more samples from the immediate area around a CWD finding to better understand what we're dealing with."



TRIBUNE PHOTO SUBMITTED

The first case of chronic wasting disease was discovered in Manitoba on Oct. 14. Since then, the province has increase surveillance to discourage the spread of CWD.

The CWD surveillance program started collecting samples in 1997. Since then, the program has collected over 90,000 samples. Around 500 to 700 samples are submitted to drop-off depots per year.

"We're just entering the prime time when people are going to start submitting more and more samples to our depots," said Joynt.

The general rifle hunting season started on Nov. 8 and will continue to Nov. 28, which Joynt said will cause a rise in sample submissions.

"We're expecting hundreds of samples over the next two, three, four weeks."

After submitting the head and upper neck of the cervid to the drop-off depot, a hunter will receive a receipt with an access number. The hunter needs an access number to find their test results through the province's online tool.

The CWD surveillance program picks up samples from depots around once a week. They extract a lymph node from the sample and submit the node to a federal lab in Ontario.

Within around two weeks after the sample is dropped off, hunters can find their negative test results online. If the sample is positive for CWD, the surveillance program will contact hunters as soon as possible.

"This is a disease we want to keep out of the province," said Joynt.

"It has far-reaching implications for wildlife populations, ecological impacts. ... There's a lot of spin-offs that come from this given the importance of hunting to Manitoba's economy."

For more information about chronic wasting disease, game hunting areas or drop-off depots, visit gov.mb.ca/fish-wildlife/wildlife/cwd.html.

> CENTENARIAN, FROM PG. 22

tip-to-tip across the horizon.

Neely's stories are both harrowing and heroic, although he denies the latter.

He carries himself with the resilience and humility that typifies men from what NBC news anchor Tom Brokaw dubbed "the greatest generation."

"(Somebody) asked me quite a few years ago, 'What was it like to be a hero?' I said, 'What the hell is a hero?' All I seen was a bunch of scared kids. But they did the job," Neely said.

In his 1998 book *The Greatest Generation*, Brokaw describes men of Neely's ilk as having strong personal responsibility, integrity, humility, work ethic, financial prudence and faithful commitment — qualities Neely has demonstrated over a century of life.

He fondly recalls a cross-country road trip from Toronto to Winnipeg to meet his newborn son. His wife, Helen May Neely, sent money for the train, which he promptly returned.

"I knew she needed it, so I sent it back," he said.

Now short on money, he and two fellow soldiers made the journey by hitchhiking and stowing away in the tender car of a train. The trio made seats on the steam pipes, sitting on material to insulate them from the heat.

Neely laughs often while telling this story.

It ends with him reporting for duty two weeks past his approved month of farm leave — narrowly avoiding a court-martial.

He stayed home to attend a wedding, he said.

After the war, Neely returned home to Eriksdale, taking his place as a father and farmer.

For 30 years, he did not attend a Remembrance Day ceremony.

"Why would I go one day a week to remember something that I remember every day?" he would tell his wife when she encouraged him to go.

It wasn't until his granddaughter Ashlea asked him to attend that he became convinced.

Now, he never misses a service — this year and the last pandemic year being the exceptions.

Neely's advice to people is this: hold loyalty to country and faith in your heart.

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Tribune Stonewall Teulon

Prestigious curling championship returns to Selkirk

Viterra Championship hits the ice in Selkirk in 2022

By Katelyn Boulanger

Selkirk has once again been chosen to host the 2022 Viterra Championship meaning curlers from all across the province will be sliding into the city in January to show off their skills.

"You're going to see some of the best curlers in the world competing to represent Manitoba at the Tim Hortons Brier," said Reid Henderson, marketing and sponsorship chair for the Viterra Championship and vice-president of the Selkirk Curling Club.

The Viterra Championship is the Manitoba Men's Provincial Curling Championship and like Henderson said the winner will represent Manitoba at the Tim Hortons Brier, the Canadian Men's Championship.

This tournament rotates throughout the province to various CurlManitoba curling clubs and this year Selkirk Curling Club has been chosen to host.

"It's 100 per cent put on by volunteers. CurlManitoba helps give guidelines and what to expect and they always have a representative at our meetings helping guide the process. This is the sixth time that Selkirk has

hosted it and so we have a good record," said Henderson.

As has been done before, the Selkirk Recreation Complex will be transformed from a hockey rink to several sheets of curling ice for the event from Jan. 25 to 30, 2022.

We probably, arguably, have one of the best facilities in the province to host it at the Recreation Complex. The ice, it's very consistent. Not to bash other clubs or other centres, but ours is very dedicated. The city helps us out getting this in there the week before to get the ice prepared. It takes a lot of work converting hockey ice to curling ice. Basically, the icemakers there, he sleeps there for two weeks," said Henderson.

In addition to help from the city, to make this bonspiel happen they are going to need volunteers from the community to rock on over to the House of Steel to make this event a hit.

"Nobody has to be a curler to be a volunteer. There's no precursor; they're just coming out. There're different areas that they can help out



TRIBUNE PHOTO SUBMITTED

Photos from Selkirk Curling Club's previous hosting of the Viterra Championship in 2016.

[with]. They can help with making the ice by converting the ice over and that's a cool process or you can be a volunteer working at the door. You can be working in the bar, you can be just checking tickets or there're lots of areas [that we could use a hand with]," said Henderson.

They expect to need between 120 and 140 volunteers during and prior to the event who will work with volunteer director Shayne Merritt to make the event happen.

Henderson is most excited to see the amazing level of curling play that will be in our community in a few months time.

"It's fantastic. The shots those guys make are out of this world," he said.

He also encourages potential volunteers to take the time to check it out and register so that they can also be part of such a great event.

To find out more information, register, or get your tickets visit <https://selkirkcurlingclub.com/viterra-2022>.

Golden boys at home tourney



TRIBUNE PHOTO SUBMITTED

The Stonewall Blues 'A' team was a force to be reckoned with at their home tournament this past weekend. The team only had one goal scored against them in four games. They defeated Seven Oaks Raiders Black 12-0 and 14-1, Transcona Regents Red 5-0 and the Selkirk Fishermen White 6-0. Pictured back row, left to right, Ashton Kozyra, Reed Moran, Liam Kauk, Jake Fortin, Avin Wedel, Henry Gemmill and Logan Deprez. Front row, Hunter Krahn, Kris Sheldon, Nolan Grantham, Elliot Peters, Knox Nickel and Cole Kuzyk (goalie). Missing from the photo, coaches Tyler Moran, Kyle Kauk, Tyler Kuzyk and Bill Gemmill.

> PARAMEDIC INEQUITIES, FROM PG. 24

the future well-being of rural communities, he said. The NDP will address the problem should the party form the next government.

MAHCP said last month it was still waiting for a response from the health minister about the rural paramedic crisis. President Bob Moroz said in a Twitter post on Oct. 6 that Minister Gordon took the time to learn about the "urgent staffing crisis" affecting rural and northern paramedics and the communities they serve and that paramedics are "eagerly awaiting your response and support."

The *Tribune* asked for comment from Minister Gordon regarding the rural paramedic parity and pay issue Kinew urged her to address. Spokespersons acknowledged the request but no comment was forwarded by press time.

The *Tribune* also asked for ambulance response time data. A spokesperson for Shared Health, which oversees health-care delivery across the province, said he wasn't able to obtain average response times in the

Interlake half of the IERHA, only for the region as a whole.

"For the three-month quarter ending Sept. 30, EMS responded to 3,786 calls throughout the Interlake-Eastern Regional Health Authority," said the spokesperson. "The median response time for the region was 17.15 minutes. That time improves slightly for higher acuity calls, to 16.48 minutes."

The 16-17-minute response times represent the median time for which 50 per cent of calls were responded to, he clarified.

"Individual response times may be considerably shorter in more densely populated areas of the region, particularly for patients with higher acuity needs," said the spokesperson. "Similarly, individual response times may be longer — some significantly so — for calls from more remote locations with sparse populations."

Those response times can be affected by staffing levels, he added, and efforts are ongoing to address historical staffing challenges in the IERHA.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Sholdice a finalist for Male Amateur Golfer of the Year Award

Staff

Golf Manitoba has chosen their finalists for the 2021 Female and Male Amateur Golfer of the Year Award.

This year's female and male award winners, along with the Volunteer of the Year, will be announced virtually on the official Golf Manitoba website (golymb.ca) as well as the official Golf Manitoba Facebook, Twitter and Instagram pages on Wednesday at 3 p.m.

The finalists for the 2021 Male Amateur Golfer of the Year are Ryan Sholdice (Breezy Bend Country Club), Todd Fanning (Niakwa Country Club) and Braxton Kuntz (Breezy Bend Country Club).

Sholdice was no stranger to the leaderboard in 2021. He began his competitive season with a third-place finish at the Diamond Athletic Men's Mid-Amateur Championship. He then was second at the Nott Autocorp Men's Amateur, shooting a four-round total of 15-under par.

The Breezy Bend Country Club member went on to compete at the Canadian Men's Amateur Championship and placed T41.

Fanning took home a pair of wins on his home course at the Diamond Athletic Men's Mid-Amateur Championship. He took top spot in the overall championship and top honours in the Mid-Masters division (40 and over age division).

The double win was the second time Fanning took home double gold in the Mid-Amateur Championship dating back to his victory in 2017.

Kuntz was a perfect 2-0 in provincial competition in 2021. He led wire-to-wire at the Junior Boys Championship, shooting a three-day total of 219 which was good for a three-shot victory. Kuntz carried the momentum from

his first junior boys' title into the Nott Autocorp Amateur Championship where he posted an impressive 16-under par total to win his first men's amateur title. With the win, Kuntz set a new Men's Amateur scoring record in relation to par and became only the fourth golfer in Manitoba golf history to win both the junior boys and the men's amateur championships in the same year. He joined Fanning, Rob McMillan and Mike Keast, who also accomplished the feat.

Four golfers received honourable mention for their play in 2021. They include Ben Bandura of Elmhurst Golf & Country Club (T13 Canadian Men's Mid-Amateur Championship and second in Mid-Masters division), Jay Doyle of Niakwa Country Club (fifth in the Mid-Amateur Championship, T17 in the Men's Amateur, T19 in the Canadian Mid-Amateur and fourth in the Canadian Mid-Masters), Jordy Lutz of Elmhurst Golf & Country Club (second in the Men's Mid-Amateur, fifth in the Men's Amateur, T41 Canadian Men's Mid-Amateur Championship), and Jack Werhun also of Elmhurst Golf & Country Club (T7 Men's Amateur, T18 Men's Mid-Amateur, 11th Canadian Men's Mid-Amateur Championship).

The finalists for the 2021 Female Amateur Golfer of the Year are Hannah Diamond (St. Charles Country Club), Rhonda Orr (Southwood Golf & Country Club) and Bobbi Uhl (Shilo Country Club).

Diamond started the 2021 competitive season with a third-place finish in the Diamond Athletic Women's Amateur Championship and placed second in the Mid-Amateur flight. Diamond then went on to play in the 2021 Canadian Women's Mid-Amateur



TRIBUNE PHOTO SUBMITTED

Ryan Sholdice is one of Manitoba's finalists for the 2021 Male Amateur Golfer of the Year Award.

Championship where she cracked the Top 10 with an eighth-place finish. The St. Charles Country Club member finished the competitive season by making the round of eight in the Manitoba Women's Match Play Championship.

Orr began her season with a second-place finish at the Women's City & District Championship. She then went on to finish second at the Diamond Athletic Women's Amateur and won the mid-amateur flight. Orr capped off her provincial competitive season with a win at the Hodson Financial Women's Senior Championship, her eighth senior title in nine years. Orr then added a seventh-place finish at the Canadian Women's Senior Championship.

Uhl had a flawless 2021 provincial competitive season. She started with a win at the Women's City & District Championship, her first ever title in the event. She carried that momentum going on to capture the Diamond Athletic Women's Amateur Cham-

pionship. It was the first provincial women's amateur title for Uhl and her second straight tournament victory. With the amateur victory, Uhl has won every single Golf Manitoba major women's event including the Junior Girls, City & District, Match Play and Amateur championships.

Three golfers received honourable mention for their play in 2021. They include Addison Kartusch of St. Charles Country Club (eighth in the Women's Amateur and winner of the Women's Match Play Championship), Cala Korman, Golf Manitoba Public Player (seventh in the City & District Championship, tied for fourth in the Girls Junior Championship, ninth in the Women's Amateur, T57 in the Canadian Junior Girls Championship and runner-up in the Match Play Championship), and Clara Peake, Golf Manitoba Public Player (Junior Girls Champion, 10th in the Women's Amateur and T68 in the Canadian Junior Girls Championship).

Rams spiked by Aces

Staff

The Stonewall Collegiate Rams' junior varsity girls' volleyball team was spiked 2-0 by the W.C. Miller Aces in the championship game of a Zone 3 and 4 regional on Saturday at St. James Collegiate.

Stonewall reached the final after defeating the Sanford Sabres in a playoff game.

In round-robin play, the Rams finished second with a 2-1 record.

Stonewall swept the St. James Jimmies (25-6, 25-22) and Sanford (27-25, 25-18) but lost to W.C. Miller (22-25, 23-25).

Stonewall won the Zone 3 AAA championship after beating the John Taylor Pipers 3-2 in the final last week. The Rams earlier defeated St. James.

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Tribune

Rams reach varsity volleyball regionals

By Brian Bowman

The Stonewall Collegiate Rams' varsity boys' volleyball team won the WWAC Tier 2 qualifier to earn a spot in a AAA regional after a wild 3-2 comeback win over the Westwood Warriors on Nov. 9.

After losing the first two sets 26-24 and 25-17, the Rams stormed back to win 25-17, 25-14 and 16-14.

"It was awesome and the kids are pretty fired up," said Rams' head coach Owen Nishi. "We came out pretty sluggish but they found a way to win. They put it together and had a couple of hard-fought sets in three and four and then set five was back and forth."

Stonewall's libero Curtis Taylor provided a ton of stability with serve-receive for the team, said Nishi.

Liam Pauls, a talented left-side player, had another outstanding game for the Rams.

"Liam Pauls did a lot of amazing things for us," Nishi noted. "He's by far and away our go-to hitter and he's good for six or seven aces per match, too, so that helps out a ton."

Stonewall earned a matchup with Westwood after an exciting 3-2 comeback win over the St. James Jimmies on Nov. 8.

Scores were 24-26, 21-25, 25-21, 25-15, 15-6.

"We were short a couple of players that day and we haven't been getting great starts," Nishi said. "But somehow we seem to find a way to pull (a victory) out. It was good."

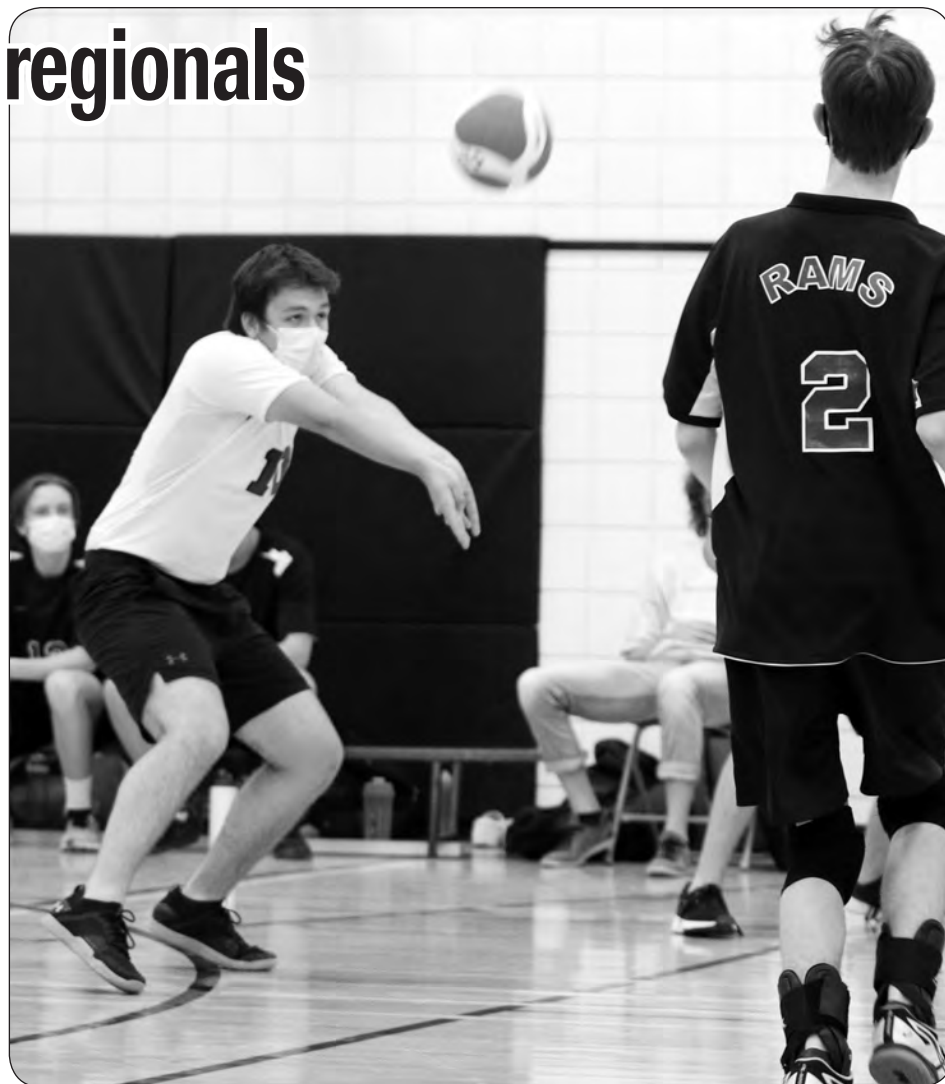
At press time, the Rams did not know when or where their regionals will be played. Teams will be vying for a spot in the AAA provincials.

In WWAC play, the Rams played at the Portage Collegiate Trojans in a quarter-final playoff game on Monday but no score was available. The two teams were scheduled to play last Wednesday but the game was postponed due to poor weather.

In varsity girls' play, Stonewall was defeated 3-0 (5-25, 13-25, 25-27) by the Sturgeon Heights Huskies in a WWAC Tier I quarter-final game last Wednesday.

In a AAA qualifier on Nov. 9, Stonewall defeated the St. James Jimmies 3-0 by scores of 25-10, 26-24, 25-23.

The Rams will now compete in a three-team regional this Saturday. The other teams include St. James and the W.C. Miller Aces. The winner advances to the Provincial Elite 8 while the second-place team will be considered for a wildcard.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Rams' libero Curtis Taylor played a very strong game as Stonewall defeated the Westwood Warriors last week.

Link wins senior women's curling provincials

By Ty Dilello

East St. Paul's Kim Link and her team of Colleen Kilgallen, Karen Fallis, Renee Fletcher and fifth Lynn Fallis-Kurz have won the 2021 CurlManitoba Senior Women's Championship.

This is now the third Manitoba's Senior Women's title for Link.

In the final at the Pembina Curling Club, Link defeated St. Vital's Norma Purdy by a 7-4 scoreline. Leading 6-4 playing the seventh end, Link was able to get a rock behind cover in the four foot, forcing Purdy to draw full to the four-foot circle. The draw was slightly heavy, and Link stole a point to lead 7-4 coming home. Link ended

the game with a double kill on her first rock of that eighth end to clinch the provincial championship.

Link had earned the triple knockout event's "A" playoff spot and a bye to the final. Her three preliminary round games were all victories over former champions: Sandra Cowling, Maureen Bonar and Stonewall's Laurie Deprez. Purdy qualified for the playoffs through the last chance "C" event and played Maureen Bonar's team from Charleswood in the semi-final.

East St. Paul's Kim Link previously skipped the Manitoba Senior Women's champions in 2015 and 2018. She was joined both times by second

Karen Fallis, who threw third on each of the earlier champion teams. This year's lead Renee Fletcher and fifth Lynn Fallis-Kurz were members of the 2018 team. For third Colleen Kilgallen, the 2021 championship is her first-ever Manitoba curling championship.

Team Link will now have the opportunity to represent Manitoba at the Everest Canadian Senior Championships from Dec. 6 to 11 in Sault Ste. Marie, Ont.

In other curling news, Team Alex Forrest represented Manitoba last week at the 2021 Canadian Mixed Curling Championship in Canmore, Alta. The Forrest rink featured Mar-

quette's Brandi Forrest (nee Oliver) at third, Tyler Forrest and D'Arcy Forrest (nee Maywood).

It was an up-and-down rink for the Forrest foursome as they advanced to the championship pool, but ultimately failed to reach the medal round. They finished tied for sixth place with a 5-5 record.

Quebec's Jean-Michel Menard wound up winning the Mixed Nationals by defeating Ontario's Mike McLean in the final in an extra end. Jamie Koe of the Northwest Territories ended up taking home the bronze medal by defeating New Brunswick's James Grattan.



Stonewall Jets Player Profile

#13 *Come out to support the Jets*

Emmitt Farebrother
Forward, shoots right
Born 2001, 5'8, 150lbs



UPCOMING GAMES

Friday, November 19
Stonewall Jets vs Transcona Railer Express
at 7:30 @ VMSC Stonewall

Thursday, November 25
Stonewall Jets vs St. Vital Victorias
at 7:30 @ St. Vital Centennial Arena

Thunder blasts Generals to win Murray Black Cup

By Brian Bowman

The Interlake got blasted with snow last week.

So, it was only fitting that the Interlake Thunder blasted the Moosomin Generals 55-0 to capture the Murray Black Cup last Saturday afternoon in Stonewall.

"They put it all together down the stretch and it showed," said Thunder head coach Mitch Obach. "We talked about trying to peak at the right time and peak in the playoffs."

Interlake, like it has all season, was extremely effective running the ball.

Lucas Kmet had 14 carries for 177 yards and a touchdown while Lee LaPierre rushed 13 times for 71 yards and a major.

Max Nichol picked up 82 yards on the ground on nine carries. He scored two touchdowns and also had a successful two-point conversion.

Thunder quarterback Tucker Knutson rushed 15 times for 96 yards and a TD. In the air, he was 3-7 for 56 yards and two touchdowns.

"All year, we leaned on our offensive line and we have the best offensive line in the league," Obach said. "We can run against anybody and when it's winter conditions it suits us even more."

Dwight Bell hauled in two catches for 55 yards and two TDs.

Defensively, Alex Luke had a monster game with 13 tackles, five assisted tackles, and an interception.

"He seemed to be everywhere and we leaned on him a lot on our defence and he will be missed, for sure," Obach said. "He had a great game to close out his high school football career."

Kaiden Kendal picked off two Moosomin passes.

The Thunder had a ton of fun playing in the wintry conditions.

"Playing in the winter conditions, both offence and defence, really fit into our style of play," Obach said.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Interlake Thunder are the 2021 Murray Black Cup champions after blasting the Moosomin Generals 55-0 last Saturday in Stonewall.



The Thunder's Keenan Karish holds up the trophy while surrounded by his teammates.

"That just suited us even more. It wasn't a cold day and that made a big difference. There was snow coming down but it was only minus 2 or 3 and it wasn't super windy so it really wasn't unpleasant out there and sometimes it can be."

Obach estimated about a third of the Thunder's roster will age out of the Rural



Interlake Thunder players celebrate their 55-0 win over the Moosomin Generals.

Manitoba Football League next season. Interlake expects to be competitive with a talented group of players eligible to return.

Obach wanted to thank all of the volunteers who helped move snow from the field and made the conditions playable. He also wanted to really thank his coaching staff for doing a great job this season.

"I've been spoiled the last few years as a head coach to have so many good assistant coaches that are so dedicated," he said. "We can divvy up the workload and the last few years I haven't focused too much on the Xs and Os. I haven't had to do that because we have people and they do it effectively."



The Thunder's Max Nichol had to contend with ice and snow on his face mask after a play.



Interlake captains, from left to right: Bryant Case, Keenan Karish, Kaiden Kendal and Alex Luke.



Interlake quarterback Tucker Knutson had a rushing touchdown and threw for two others against Moosomin.

Rams' hockey team on a roll

Staff

The Stonewall Collegiate Rams' hockey team is on a three-game winning streak.

Stonewall shut out College Gabrielle-Roy 3-0 in Winnipeg High School Hockey League action last Wednesday at the Veterans Memorial Sports Complex.

Reid Byle and Gage O'Neill scored first-period goals for the Rams and then Connor Crosby tallied in the third.

O'Neill finished the game with two points.

Dray Sobkow was perfect in net, recording the shutout.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Dray Sobkow earned the shutout as the Stonewall Collegiate Rams blanked College Gabrielle-Roy 3-0 last Wednesday.

With the victory, Stonewall is now 3-2 and also has an overtime win. The Rams have 11 points, which puts them in a tie for third place with the St. Paul's 2 Crusaders in the nine-team



The Rams' Ty Woods is stopped by College Gabrielle Roy goaltender Nathan Zettergren.

Winnipeg Free Press West Division standings.

Stonewall will host Windsor Park on Wednesday and Kildonan East Friday. Puck drop for both games is 3:30 p.m.

The Rams will then take on JH Bruns next Monday (4:30 p.m.) at Southdale Arena.

U18 male Lightning lose trio of games last week

By Brian Bowman

The trip up to Thompson is always a long one.

It seems even longer when a team is swept in a two-game series.

The Interlake Lightning came home with zero points in two games after a 7-4 loss to the Norman Northstars in Manitoba U18 AAA Hockey League action on Sunday afternoon.

Andrew Thevenot (power play) and Hayden Wheddon scored to give Interlake a 2-0 lead midway in the first period.

Trailing 5-2 in the third, the Lightning pulled to within a goal as Kaydyn McMahon and Alexander Kaczorowski (power play) tallied.

Brady Krentz (three), Cheechoo

Lathlin, Magnus Pearson, Ian Snooks and Prime Paniyuk scored for Norman.

Ty Hogue stopped 35 shots in the losing cause.

On Saturday evening, the North Stars edged the Lightning 3-2.

Paniyuk scored the game winner on the power play at 13:28 of the third period.

Wheddon had tied the score at 2-2 with a penalty-shot goal at the five-minute mark of the third.

Thevenot tallied the Lightning's other goal 54 seconds into the middle frame. Snooks, on the power play, and Clark Scaddan scored Norman's other goals. Interlake goaltender Zach Meadows stopped 39 Norman shots.

Last Wednesday, the Lightning lost 6-2 to the Winnipeg Bruins in Teulon.

Wheddon gave Interlake a 1-0 lead just 57 seconds into the game.

But Winnipeg's Aidan Hyra, Cole Cairns, and Sam Zagari scored to give the visitors a 3-1 lead after 20 minutes.

The Bruins then made it 6-1 with goals from Rhett Marchant, Nolan Anderson and Luca Gillson.

Interlake's Joel Purdom then closed out the scoring at 15:39 of the second period.

Hogue made 28 saves in the game.

Interlake, now 4-12 and with an overtime loss, will host the Southwest Cougars on Friday (8 p.m.) in Teulon and on Saturday (1:30 p.m.) in Stonewall.

In Manitoba U18 Hockey League AAA female action, Interlake was shut out 2-0 by the Winnipeg Ice at the Bell MTS Iceplex on Sunday afternoon.

Annika Russell scored both Ice goals.

On Saturday, the Lightning lost 7-1 to the Winnipeg Avros at the Seven Oaks Sportsplex.

Mackenzie Waddell scored the Lightning's goal in the third period.

Norah Collins (two), Raya Hrankowski (two), Mackenzie Lizotte, Dessya Mosienko and Kahlen Wisener tallied for the Avros.

The Lightning will host the Eastman Selects on Saturday (7:30 p.m.) and the Pembina Valley Hawks Sunday (2:30 p.m.) Both games will be played in Stonewall.

U17 Lightning bounced by Bruins, Selects

Staff

The Interlake Lightning lost 4-3 to the Eastman Selects in U17 AAA action on Saturday in St. Anne.

Brandon Burak (shorthanded), Hayden Kaczorowski and Ian Buors

scored for the Lightning.

No Selects' goal scorers were available at press time.

Last Wednesday, Interlake lost 7-2 to the Winnipeg Bruins.

Max Goulden scored a second-period

power-play goal for the Lightning and then Buors tallied midway in the third.

Winnipeg, which held period leads of 3-0 and 5-1, received goals from Dylan Bauknecht, Vlad Stepic, Carter Willson, Dylan Jaquet, Jaxson Fillion, Carter Lee and Nick Giasson.

Alex Myers stopped 63 Bruins' shots.

The Lightning were scheduled to play the Winnipeg Wild on Friday in Warren but the game was postponed.

Interlake will host Eastman on Saturday (4:45 p.m.) in Stonewall and then will play the Winnipeg Thrashers on Sunday (1 p.m.) at the Seven Oaks Sportsplex.

In U15 AAA action, Interlake edged

the Central Plains Capitals 6-5 on Sunday in Portage la Prairie.


The Lightning, which battled back from deficits of 2-0 and 5-3, had goals from Blake Farthing (two), Dainen Jacobson, Cole Swanson, Talon Hogg and Noah Oughton.

Farthing and Hogg each had three points in the game.

Braedan Cormack made 39 saves for the win.

The Lightning, winners in two of their past three games, will host the Winnipeg Bruins Gold on Wednesday (7 p.m.) in Stonewall.

Interlake will then play the Parkland Rangers on Saturday (11:15 a.m.) in Stonewall.




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FULL TIME ADMINISTRATIVE ASSISTANT

The Town of Stonewall invites qualified individuals to apply for the full time position of Administrative Assistant.

The Administrative Assistant shall provide support to management in the running of the day to day business operations of the Town in accordance with statutory requirements and the policies and objectives of Council.

Wage will be commensurate with qualifications and experience based on Town of Stonewall Non-Union Employee Policy 3.1. This position includes an excellent employee benefits package.

The preferred applicant will have a strong administrative skills, exceptional customer service skills, and the ability to positively interact with management and staff. Applicants must be familiar with Microsoft Word and Excel, and accounting software applications. Municipal experience would be considered an asset.

Procedure for Applying:

Qualified Applicants are invited to submit a cover letter summarizing relevant experience, a resume, plus three (3) references to:

Town of Stonewall

Attention: Wally Melnyk

Email: ashleym@stonewall.ca

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The Family of Tom Peleshaty

Would like to thank everyone for the kind words at Tom's passing.


The cards, flowers and food were greatly appreciated.

We find comfort in all the thoughts and prayers.

Sincerely,

Roseline Peleshaty & family





NOTICE OF PUBLIC AUCTION
SALE OF LANDS FOR ARREARS OF TAXES
TOWN OF TEULON


Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **10th** day of **December, 2021**, at the hour of **2:00 PM**, at Town of Teulon, 44 - 4th Avenue SE, Teulon, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
23200	LOT 12 BLOCK 3 PLAN 1219 WLTO IN NW 1/4 21 AND S 1/2 28-16-2 EPM - 46 SECOND ST SW, TOWN OF TEULON	L -\$18,400 B -\$60,900	\$7,567.47


The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
- The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Town of Teulon as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$309.75 (\$295 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 22nd day of October, 2021.

Managed by:


Andrew Glassco
 Chief Administrative Officer
 Town of Teulon
 Phone: (204) 886-2314
 Fax: (204) 886-3918



NOTICE OF PUBLIC AUCTION
SALE OF LANDS FOR ARREARS OF TAXES
RURAL MUNICIPALITY OF ROCKWOOD


Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **3rd** day of **December, 2021**, at the hour of **10:00 AM**, at Rural Municipality of Rockwood, Council Chambers, 285 Main Street, Stonewall, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
373350	ALL THAT PORTION OF THE NORTH HALF OF THE NORTH-WEST QUARTER OF SECTION TWENTY-THREE IN THE SEVENTEENTH TOWNSHIP AND SECOND RANGE EAST OF THE PRINCIPAL MERIDIAN IN MANITOBA DESCRIBED AS FOLLOWS: COMMENCING AT THE SOUTH-WEST CORNER OF THE SAID NORTH HALF OF THE SAID NORTH-WEST QUARTER, THENCE EASTERLY ALONG THE SOUTHERN LIMIT OF SAID NORTH HALF OF SAID NORTH-WEST QUARTER A DISTANCE OF FOUR HUNDRED AND SEVENTY FEET, THENCE NORTHERLY AND PARALLEL TO THE WESTERN LIMIT OF SAID NORTH-WEST QUARTER A DISTANCE OF FOUR HUNDRED AND TWENTY FEET, THENCE NORTH-WESTERLY IN A STRAIGHT LINE TO A POINT ON THE WESTERN LIMIT OF SAID QUARTER SECTION A DISTANCE OF SIX HUNDRED AND NINETY-TWO AND SEVENTEEN-ONE HUNDREDTHS FEET NORTHERLY FROM THE SOUTH-WEST CORNER OF SAID NORTH HALF OF SAID NORTH-WEST QUARTER, THENCE SOUTHERLY ALONG SAID WESTERN LIMIT TO THE POINT OF COMMENCEMENT.	L -\$35,300	\$4,581.68

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- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Rural Municipality of Rockwood as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$309.75 (\$295 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 11th day of November, 2021.

Managed by:


Chris Luellman
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IN MEMORIAM



Don Taplin
July 27, 1929 – November 19, 2020
Those we love don't go away,
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So loved, so missed, so very dear.

-Love,
Muriel and family

IN MEMORIAM



**In Loving Memory of Our
Mom and Gramma
Gladys McDonnell**

February 8, 1931 – November 19, 2020

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We never got a chance to talk and say good-bye, but one wish would be to turn the clock back so we could have more time!

We miss you dearly and you are loved more than words can ever say! We hold you close to our hearts forever!

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OBITUARY

Kenneth Walter Jahns (Ken)

March 15, 1967 – November 14, 2021

With broken hearts we announce the sudden and unexpected death of our beloved Ken on Sunday, November 14, 2021 at St. Boniface Hospital from complications of pancreatic cancer.

He will be dearly missed by his Mom Shirley, his sisters Pat (Dan), Phyllis (Ted), and special good friends Donovan and Dave. He also leaves many relatives along with several step sisters and step brothers. We have lost you far too soon, Ken.

He was predeceased by his Dad, Walter in 1991 and his Step Dad, Len Mulvey in 2008.

Ken lived life on his own terms with an entrepreneurial spirit. His great sense of humour never faltered, always entertaining those in his company with witty remarks and observations. He loved sports and had a soft spot for animals. As a child he wanted to take in every stray dog and cat he found. He had a special knack with electronics and was adept at solving problems with devices. He was never happier than when playing around with computers and such. He was very appreciative of the wonderful care he received at St. Boniface, HSC and Riverview facilities.



Ken received his education at Balmoral, Argyle and Stonewall schools. For several years he was actively involved with the family business, Jahn's General Store, Balmoral and in 2002 moved to Winnipeg.

Cremation has taken place and there will be no funeral service.

In memory of Ken, memorial donations may be made to CancerCare Manitoba, 675 McDermot Avenue, Winnipeg, Manitoba, R3E 0V9 or a charity of your choice.

Love you always, Ken and will forever miss you. Till we meet again little fellow, as Grandma used to call you.

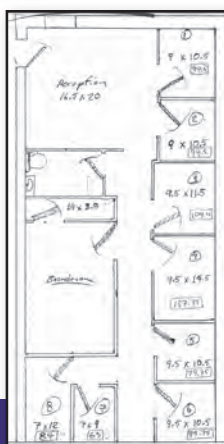
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OBITUARY



Jean Verna Malcolm
September, 1924 - November, 2021

Jean passed away peacefully on November 12, 2021 at the age of 97 years. She was predeceased by her husband Ben (1998) and her two siblings, Ross and Ernie Oades. She will be sadly missed by her children, Jim (Maureen), Joan (Glen), Judy (Cleve), as well as numerous grandchildren, great-grandchildren and great-great grandchildren.

Jean was born to Wilfred and Pearl Oades in Winnipeg and grew up on her family's grain farm in Lillyfield, Manitoba. After graduating high school, Jean worked in Winnipeg as a bookkeeper for Robin Hood Flour, Inc. for several years.

Following her interest in education, she later moved to Lake Francis to teach elementary school. It was in this community that she met Ben Malcolm who had recently returned to his family's

home after serving with the Canadian forces during World War II. Ben's family farmed next-door to the school, and he was soon destined to become the love of her life. She and Ben married and bought a small farm in the Lake Francis area. Several years later they purchased a larger dairy farm close-by, and here they raised their 3 children. They operated the dairy farm until their retirement.

Jean was an active member of the Lake Francis Women's Institute for many years when her children were young. Later she and Ben established a small meat shop and began processing beef for friends and neighbors. After retiring from the dairy, Jean began a ceramic business in their basement; making her own greenware and teaching ceramic classes. Ben was her greatest support. Their basement soon became a community gathering place where folks spent many enjoyable evenings and afternoons designing beautiful ceramic creations while visiting with friends and neighbors. Jean's famous gingersnap cookies were a staple at every class.

Jean remained on the farm for several years after Ben's passing in 1998. Later she moved to Oak Park Lodge and Estates in Woodlands. Towards the end of her stay at Oak Park Lodge, Jean received several years of wonderful care from a team of professional and caring home care workers. In 2018 she moved to Rosewood Lodge Personal Care in Stonewall, and there she lived until her passing. Jean was most content in the care of her 'Rosewood family', and her children are most grateful for the excellent quality of truly personal care she received there.

Respecting Jean's wishes, a private family funeral and interment will be planned.

In lieu of flowers, donations may be made to Rosewood Lodge Personal Care.

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OBITUARY



Marilyn Jean Rohne (nee Barker)
February 10, 1945 -
October 29, 2021

With great sadness we announce the passing of our Mom, Mother-In-law, Nana, Great Nana, Aunt and Friend, Marilyn of Inwood, MB at the Health Sciences Centre in Winnipeg, MB.

Left to cherish her memory are Lisa (Darryl) - grandchildren Amber (Todd), great-grandson Levi; Alexander, Karl and Kristina; Sonny (Arlie) - grandchildren Brady and Riley; Jack - grandchildren Raelyne

(Lance) great-granddaughter Kenzie, Bradon (Jen) great-granddaughters Callie and Kylee. Also lovingly remembered by nephew Darren (Wendy and family), niece Nikki (Wes and family); special friends Barb Skogan and Lynne Hewertson as well as the coffee crew at Rosie's Café, neighbors, friends and extended family.

Mom was predeceased by our Dad Guy, in 2005 and our sister Colleen in 2020, her sister Bev in 2009, her parents Alfred and Virginia and in-laws Sadie and Frank.

Mom was raised on Castle Avenue in Elmwood by her parents Virginia (nee Maxwell) and Alfred. Mom and Dad met while working at Northern Messenger, were married in 1966 and moved to Inwood in 1968. Mom and Dad owned and operated Interlake Water Supply after the passing of our Papa Frank in 1974. Mom was active in the community volunteering to run the Sports Club and Elks Bingos and assisting the Gethsemane Lutheran Church. Mom and Dad decided early on in their marriage that travelling was a priority for them and their adventures included several trips to Las Vegas to play the slots, a memorable trip to Hawaii, several winters in Arizona and many trips to local casinos to play loonies. Our family travels included Calgary, South Dakota, Disneyland and many camping and fishing trips.

Mom remained in our family home for over 53 years, she always told us she would live no where else, Inwood was home and she loved her house and was comfortable there with her routine.

We would like to acknowledge and thank the many medical professionals at both the Health Sciences Centre and Eriksdale - E.M. Crowe Memorial Hospital for showing so much compassion and care to our Mom over the several weeks before her passing. We also wish to acknowledge the support Mom received over the years by the caring staff of the Manitoba Renal Program, the Kidney Foundation and Transplant Manitoba as well as many homecare professionals who aided Mom and made her stay at home possible.

If friends so desire, please donate to The Kidney Foundation of Canada - Manitoba Branch in Mom's memory and please consider registering at signupforlife.ca to be an organ and tissue donor to give the gift of life.

Mom, you made sure we all knew how much we were loved through the years by your smile, your hugs and your cookies. I will miss our daily phone calls and Sonny will miss his evening coffee with you.

Rest in peace Mom, we love you, you will be missed so much.

To the world you are a mother

To our family you are the world

A celebration of Mom's life will be announced at a later date.



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