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# Stonewall Teulon Tribune

VOLUME 7 EDITION 46

THURSDAY,  
NOVEMBER 17, 2016

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TRIBUNE PHOTO BY NATASHA TERSIGNI

On Nov. 11 community members gathered in Stony Mountain to take part in their annual Remembrance Day service held to honour sacrifices that members of the Canadian Armed Forces have made in the past, present and future. Following the service held at the community centre, MCpl Stanley Cross and bagpiper Wayne Lucas lead the procession to the Stony Mountain Cenotaph where guests had the opportunity to lay their poppy as an act of remembrance.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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# Stony Mountain community honours Canadian veterans

By Natasha Tersigni

Over a hundred community members gathered at the Stony Mountain Community Centre on Nov. 11 for the annual Remembrance Day Service.

Hosted by the Stony Mountain Community Association, the traditional service included the laying of wreaths to honour local veterans who served in the Canadian Armed Forces. Following the indoor portion, a procession was led to the Stony Mountain's cenotaph where guests placed their poppy to pay their respects to the men and women who served for their country.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Left photo, MCpl Serena Cross helps her daughter Addison lay her poppy at Stony Mountain's cenotaph following the community service held on Nov.11.



## Knights donate to ACL



TRIBUNE PHOTO SUBMITTED

On behalf of the Stonewall Knights of Columbus, Alex Krawec, left, recently donated \$500 to the Association for Community Living, Interlake Branch. ACL purchased the building, formerly known as Home Hardware, on Main Street in Stonewall, which is being converted into a gift shop and cafe. All funds donated help with training opportunities for people living with intellectual disabilities. ACL welcomes donations and sponsorships. Renovations on the outside of the building are almost complete. Meanwhile, the inside work is ongoing and is estimated to cost \$200,000.

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# Candlelight Service of Remembrance

By Natasha Tersigni

Community members gathered at the Stonewall cenotaph on Nov. 10 to pay tribute to local residents who died while serving their country.

The candlelight ceremony was organized by the Stonewall Heritage Committee along with the Stonewall's Alan McLeod 301 Royal Canadian Air Cadet Squadron. During the service,

175 candles were placed at the base of the cenotaph — one for each local soldier who served in the First and Second World Wars and never returned home.

Following the service, guests went to the Quarry Park Heritage Arts Centre to view the Remembrance Day exhibit *Answering the Call: Honouring All Who Served*.

## RCMP respond to airsoft rifle incident

By Staff

On Thursday, Nov. 10, members of the Stonewall RCMP responded to a report that there were students shooting pellet guns at Warren Collegiate Institute.

Upon further investigating, it was discovered that three WCI students had brought airsoft rifles to school and were shooting them during an outdoor gym class. While there were reports that, a few students have been hit with the pellets from the airsoft rifle and suffered welts on their skin, no serious injuries were sustained.

The incident was isolated to the outdoor field at the school and no other

students or staff were involved.

Following an investigation at the school, RCMP will not be laying charges against the students.

"This will now be dealt with through the school," said Stonewall's RCMP Staff Sgt. Kelly Glaspey.

Interlake School Division Superintendent Christine Penner would not confirm if the students will be facing a school suspension.

"We are currently gathering information about the incident and deciding how to move forward. At this time I have no further information," said Penner in an e-mail.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Members of Stonewall's Alan McLeod 301 Royal Canadian Air Cadet Squadron made up the Colour Party during the Candlelight Service held on Nov. 10 at the Stonewall cenotaph.



“The best part of my job is helping members achieve their long-term goals. By providing the right advice and guidance, I can help take a lot of stress out of borrowing money and making large purchases, like a new home. It's fabulous to be able to give our members confidence and help them get things figured out. Watching a member's mood change from panic to calm is the best reward!”

—Brittany Ebertz, Stonewall branch

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# Votives placed as an act of remembrance

## Stonewall students reflect on soldiers' sacrifices

By Natasha Tersigni

It was a sombre morning for students as they stood before a local soldier's grave and had a moment to reflect and understand the sacrifices that local men and women made when they volunteered to serve their country.

On Nov. 10, Grade 6 students from École Stonewall Centennial School went to the Stonewall Cemetery to pay their respects to local veterans as part of an initiative hosted by the Stonewall Heritage Advisory Committee.

In early November, the students had the opportunity to attend the Remembrance Day exhibit at the Quarry Park Heritage Centre, where they created a votive out of a milk carton to remember the sacrifices made by local veterans. During the service on Nov. 10, students chose a veteran's headstone to place their votive at.

"The service that they made to the country occurred so we could have the freedom you and I share today: freedom to gather safely in a public space, freedom to speak openly about the ideas that are important to us, the freedom to go to school and get an education. You and I may take these freedoms for granted, but there are many people around the world that do not have these freedoms," said Quarry Park Heritage Arts Centre manager Catherine Precourt during the ceremony.

"Most of us here have not sacrificed anything for our freedom; it is a priceless gift given to us by those you came before us who made that sacrifice. It is our responsibility to remember them and the price they paid."



Stonewall Royal Canadian Air Cadet FSgt Kade Delaine stands at attention following students placing votives at soldier's grave sites.



A flag procession led Stonewall Centennial students to the veterans' section of the Stonewall Cemetery for a Remembrance Day service.



Students sang 'Thank You for the Legacy' in honour of the veterans' service to Canada.

## Letter to the editor

### How did Trump with the presidential election?

The 2016 Presidential Election is finally over. The "talking heads" and political pundits are shaking their heads in disbelief. The vast majority of experts and pollsters predicted a Clinton victory. (Three months ago, the *Tribune* published my letter that is/was entirely possible that Trump could win.)

These same pundits, after examining the results, are wrong again. Many claim the results indicate that it is a wave election (a desire for radical change).

This analysis cannot be sustained by a cursory examination of the final vote totals. In 2012, Romney renewed over 60m votes. Last time I looked "the Donald" had less than 59m.

In 2012, President Obama received more than 65m. Mrs. Clinton's vote total is about 6m less than Obama. This simple statistic explains Trump's victory. The so-called Obama coalition stayed home (minorities, women, voters between 18-30).

I hope they can live with themselves. If they had voted: Wisconsin, Michigan and Pennsylvania, Clinton would have won these states and the electoral college. Clinton won the popular vote. Last time I checked the vote totals, less than 50 per cent of eligible voters actually cast a ballot. Does this seem like a "wave election"?

George Shadlock  
Stonewall



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Grade 6 student Hayley Kisiloski places her votive at the headstone of Thomas A. Steggles who served as gunner in the Royal Regiment of Canadian Artillery.



# Teulon getting into the holiday spirit this weekend

## Annual Parade of Lights taking place on Nov. 18 with special guest Santa Claus

By Natasha Tersigni

Do you want an early start to your holiday shopping? A visit with Santa Claus? Or to attend the Festival of Lights parade?

This weekend, Teulon has all that and much more on the agenda.

Activities in Teulon will kick off Friday afternoon with Teulon Farmers Market Winterfest Craft Sale. The annual craft sale will feature 50 vendors handmade goods and will run Friday from 2 to 8 p.m. and Saturday from 10 a.m. to 3 p.m. The craft sale is taking place at the Teulon-Rockwood Centennial Centre and admission is \$2 for adults and free for children 12 and younger.

While people are in town Friday, the South West District Palliative Care (SWDPC) is encouraging the public to stop by the Teulon Senior Resource Office at 54 Main St. to make a donation to the Memory Tree. With each donation, a light will be placed on the tree in memory of a loved one.

At 7 p.m. on Friday evening, the Parade of Lights will make its way down Main Street with a special guest appearance by the jolly elf dressed in red himself, Santa Claus.

"We have quite a few parade entries already come in and we are expecting around 30 in total. With the warm weather, we are hoping for a large crowd," said parade organizer Debbie Fleury.

"As in past years, all money collected along the parade route will be donated to the Teulon and District Christmas Cheer Board to help pay for items to be included in the holiday hampers."

Following the parade, the Teulon and District Chamber of Commerce will be sponsoring fireworks that will be starting at approximately 8:15 p.m. The Chamber is also sponsoring a \$500 shopping-sprees contest. Shoppers are encouraged to drop by participating stores on Nov. 18 and 19 to enter to win. The draw will take place on Nov. 21.

Saturday morning begins bright and early with a Pancake Breakfast and Skate with Santa at the Teulon-Rockwood Arena. From 8:30 to 10:30 a.m. the Teulon-Rockwood Rec Commission will be serving pancakes and sausages and Santa will be hitting the ice for a skate from 9 to 10 a.m.



TRIBUNE FILE PHOTO

Santa Claus will be a busy man this weekend in Teulon. He will be attending Teulon's Parade of Lights on Friday night starting at 7 p.m. down Main Street, skating at the Teulon-Rockwood Arena from 9 to 10 a.m. on Saturday morning and visiting the Winterfest Craft Sale on both Friday and Saturday.

## Rosser council news in brief

By Jennifer McFee

- Council authorized payment of \$4,996.50 to Marquette Curling Club for building repairs that stemmed from deficiencies reported in the 2013 fire safety inspection.

- The riprap remediation project has been completed by DJN Services Ltd. at the Rockwood Rosser Wastewater Treatment Lagoon, and the contractor provided a certificate of substantial performance of the work. Council authorized the release of the holdback amount of \$20,313.56 including GST to DJN Services Ltd.

- Fanset Construction Company Limited completed the Grosse Isle sanitary sewer repairs, and council authorized the reeve and CAO to issue a final certificate of completion.

- Council gave first reading to an enforcement bylaw, which focuses on the general enforcement of bylaws, as well as provisions of the Municipal Act, the Planning Act and any other applicable act.

- Coun. Lee Garfinkel was appointed as the RM of Rosser's deputy reeve for the 2016-17 year.

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# getfishing

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> ARNIE WEIDL

## The tale of the fish that got away

Hello, good friends.

Before I get along with our fishing stories this week, I would like to welcome the Red River North Tourism organization, which will be carrying my column. Red River North Tourism helps bring anglers and travellers to Manitoba from around the world and our *Selkirk Record*, *Express Weekly News*, *Stonewall Teulon Tribune* and *Winkler Morden Voice* are most happy to have them put the "get fishing" column on their website.

Also, even though Remembrance Day has just passed, there is a veteran among veterans in our midst I would like us to acknowledge. Paul Munroe, who lives in Stonewall, was a Canadian Army Infantry Master Corporal in Afghanistan. He was awarded the Medal of Military Valour and now owns and operates CatDaddy Fishing Guide Service. I know you will join with me in thanking Paul and all our Armed Forces brothers and sisters who have helped preserve our way of life. Thank you all, and Paul, thank you. It's an honour to know you.

There was this chap, Peter Verbeek from Winnipeg, who I met not long ago at the Lockport pier on a chilly, invigorating, sun-drenched morning. He was a very tall man with a furrowed face and white hair under a toque. I think his slight accent was Scandinavian, which made me feel kindly toward him as he gave us a humorous story of mature wisdom.

One day, he was sitting in his living room relaxing in his favourite chair reading the paper when a loud knock came on the back door. He rose and went to the door, opening it to an excited young fireman who exclaimed, "Your house is on fire."

Pete, never one to get excited about anything, said, "You mean the smoke in



**PHOTO BY ARNIE WEIDL**  
Felicia Prise of Komarno with her little wiggly perch that got away.

my backyard?"

"Yes," cried the young fellow.

"Son," Pete exclaimed, "behind you is my smoke house and I'm smoking goldeye, which I have done in that smoker for 30 years."

"You'll have to put that out," the kid cried.

"No I won't. There is no fire hazard," Pete insisted.

"I'm going to get my chief from the truck," the kid affirmed and rushed away.

In moments, he returned with his older boss in tow. The chief looked at Pete, nodded, and with a half smile, hands in his pockets, casually walked out to the smoke house. He looked around it and then in it. Then he turned and strode back to Pete, quietly saying, "Nice goldeye. They look almost done." "Yeah, I'm looking forward to trying them," Pete agreed.

The chief then turned to his young co-

worker and said, "Come on, Carl. Leave the man alone. There's nothing wrong here."

Last Saturday, I decided to run over to the pier at Victoria Beach and was a little surprised at the large number of anglers there. I wandered from one angler to another, passing the time and trading fishing stories until I came up to a group of younger guys and asked how come there were so many people here today.

A tall, well-built, slow-talking guy by the name of Scott Warwaruk of Winnipeg said their gang and the bunch beside them had been at Breezy Point but there were so many anglers riverbank fishing there that they decided to come here instead. It turned out to be a good decision because everyone was catching lots of good eating-sized pickerel.

A little while ago, I had to be in Gimli and went out onto the harbour pier to walk off lunch. There I saw a gal fishing over the water break wall. Suddenly, she began squealing with excitement and reeling her line in as I approached. She hauled up on her quivering rod and a hooked perch came flying over the wall. I ran toward her asking her to hold it up so I could take a picture. Laughing, our new fishing friend, Felicia Prise from Komarno, unhooked it but found that hanging onto it was not that easy.

I started snapping pictures as this energetic thrashing fish began bouncing down her parka while Felicia fumbled with it like a juggler. Finally, with the fish almost down to her knees, it popped out of her grasp. As their gymnastics had brought them to the pier's edge, the perch made a beautiful dive into the water.

Until next week. Bye for now.

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# We Scare Hunger helps to fill food bank cupboards



TRIBUNE PHOTOS SUBMITTED AND BY STEPHANIE DUNCAN

Left photo: Teulon Collegiate students took to the streets for Halloween to collect food for the Teulon Food Bank as part of the We Scare Hunger initiative. The students collected 648 items totalling 516 pounds. The outreach is part of the student-led Helping Hands, which began as a social justice group and now ties in with We Day. This group of students helps battle hunger by collecting as much food as possible by the end of October. Right photo: Teulon Food Bank volunteers Barb Mankewich, Carmen McDonald and Amy Dellebuur.

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Monday, November 28th to Friday, December 2nd, 2016

**INTERLAKE SCHOOL DIVISION** requests that all parents who plan to register their child for a kindergarten program in the next school year visit their local school during normal school hours of Kindergarten Registration Week. Kindergarten programs are offered at Teulon, Balmoral, Stony Mountain, Rosser, Argyle, Warren, Woodlands and École R.W. (Bobby) Bend School in Stonewall.

Argyle School offers a divisional Multi-level Learning program with all day Kindergarten every day. Please contact the Argyle School Principal (204-467-2683) for details regarding this program.

French Immersion Kindergarten will be offered at École R. W. Bobby Bend School.

Children who will reach their fifth birthday by December 31st, 2017 are eligible to attend Kindergarten. A document providing proof of age is required.



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# Korner Kutz collecting items for Main Street Project

## Drop off donations of warm winter items, new toiletries, gently used clothes

By Jennifer McFee

A little can go a long way to boost someone's spirits during the holiday season.

With that in mind, Korner Kutz is gathering items to make a Christmas Eve donation to Main Street Project in Winnipeg, which offers a range of services including shelter to those who need it.

"We want to provide things for people who use the services there that would assist them in keeping warm, so we're taking blankets and warm gently used clothing," said Kirsty Morrison of Korner Kutz.

"For most of these people, Christmas is just going to be another day. We want to do what we can to make it special."

In addition, they are also collecting gently used purses and backpacks, which they will fill with donated personal hygiene items such as shampoo, body wash, deodorant, feminine hygiene products, new socks and new underwear.

"We want to take some socks and underwear and personal hygiene items and put them in the purse or

backpack so it's easily transportable," Morrison said.

"Even if they don't have a place to lay their head, they do have a way to carry their things."

Korner Kutz employee Randi Thomson spearheaded the initiative through her association with Main Street Project, where she goes to provide free haircuts on a regular basis to people in need. Nail technician Brenna Davis has also gotten involved in the effort by providing free nail polish applications.

"It is wonderful and we're so proud of them," Morrison said. "To get cleaned up when you don't have access to a shower is a big deal for people's self confidence. Every year, Randi does a fundraiser, and this year, she's chosen the Main Street Project. She puts a lot of work and effort into it, and we're very proud of her."

Donations will be accepted at Korner Kutz at 364 Main St. in Stonewall until Dec. 22, and the items will be dropped off and distributed at Main Street Project on Dec. 24.

Clothing should be in good condition, and hygiene products can be



TRIBUNE PHOTO BY JO-ANNE PROCTER

The staff of Korner Kutz in Stonewall are collecting items for Winnipeg's Main Street Project at their shop at 364 Main Street. Pictured from left to right; Derek Lischka, Randi Thomson, Kirsty Morrison, Brenna Davis and Tannis Thomson.

any size as long as they are new. Donations of blankets and warm winter items will also be gratefully accepted.

"We want to give these people a gift

that has a high level of respect from us to them," Morrison said. "Something as simple as giving somebody access to being clean can change their life."

## Rockwood council news in brief

By Jennifer McFee

- At the Nov. 9 council meeting, Rockwood council granted a variation to allow a homeowner in the Gunton area to keep an existing deck that didn't conform to standards.

- As well, council unanimously agreed to allow Dennis and Phyllis Braschak to subdivide their agricultural lot at Provincial Road 220 South and Road 73N. The couple wants to retire from farming and continue living on the farmstead but to sell off the rest of the farmland to be farmed by someone else.

- Council approved a conditional use application from Wayne and Fran Dziedek to allow for extraction of composite fill and stockpiling of field stone for riprap at their prop-

erty at the corner of roads 6E and 91N.

- Council approved the Petrash subdivision, which aims to subdivide a parcel of land northwest of Gunton. Coun. Mark Hidlebaugh was opposed.

- The RM of Rockwood will receive a rebate of \$9,380.85 from the co-operative Municipalities Trading Company of Manitoba Ltd.

- Some residents of Winfield Way expressed that they would like to have the gravel road upgraded to asphalt. Council voted in favour of it remaining a gravel road.

- Coun. Willy Pinchin was named as the deputy reeve for 2016-17.

- The Dec. 28 committee of the whole meeting will be cancelled.

## Green Team Bag Up



TRIBUNE PHOTO BY HEATHER SANCHE

Bags, bags and more bags have been sorted and counted by RW Bobby Bend's Green Team since September for the annual Bag Up Manitoba Campaign. Although the campaign has ended and the school has finished collecting bags for this year, our local R.E.A.C.T. is helping by piloting a new project. R.E.A.C.T. has arranged for Family Foods to collect bags on the school's behalf with representatives from 55 Plus picking them up and participants at the Community Living sorting and counting them. Since 2013, students of RW Bobby Bend have collected a total of 88,202 bags for recycling, which were saved from the landfill.



# Interlake Women's Resource Centre bringing awareness to abuse

By Patricia Barrett

The Interlake Women's Resource Centre (IWRC) is working to bring awareness to violence against women.

Violence against women takes many forms, including physical and sexual assault, and emotional, psychological and financial abuse. Girls and women of all ages — including seniors — can experience violence at any time during their lives.

The IWRC, founded in the late '80s in Gimli, provides a number of services to girls and women, including counselling, crisis intervention (the provision of transportation, shelter, emergency cell phones), children's and youth counselling, a lending library and referral services.

Jennifer Campbell, director of the IWRC, said women can be abused while in a current relationship (married or unmarried) or experience ongoing abuse from past relationships, and that girls can be abused by parents or siblings.

"What we're seeing mostly here [in the Interlake] is intimate partner violence as well as non-intimate partner violence," said Campbell, who started her position in April.

The centre has a broad catchment area, including the towns of Winnipeg Beach, Arborg and Teulon, the Village of Dunnottar, and the RMs of Rockwood, Armstrong, Fisher, Bifrost-Riverton and Gimli.

The province issued a press release Nov. 9 to remind Manitobans that November has been designated as Domestic Violence Prevention month.

"Although there is no simple explanation for domestic violence, it's important to note that misogynistic attitudes can contribute to the normalization of violence against women," said Sport, Culture and Heritage Minister Rochelle Squires. "When this occurs, bystanders may be less likely to intervene. That's why the Manitoba government is committed to raising awareness of this serious issue."

In its press release, the province said it partnered with the Blue Bombers to "help create a culture where abuse is not accepted."

"Violence against women is a men's issue. As athletes, we are fortunate enough to have a platform to ask men to step up and join us in championing this cause," said linebacker Ian Wild, who is also ambassador of the Break the Silence on Violence Against Women program.

While the IWRC does not provide counselling to men, it will provide them with external resources to which they can turn when they recognize they need help.

Campbell, who is also a counsellor, said it's important to help men who perpetrate violence in order to stop the cycle from continuing.

"Someday ... my hope [for the centre] would be to help families — not to take away from the women or children that are really affected by domestic violence — but we can't end domestic violence unless everybody in the situation is helped," she said. "In my opinion, just to take women and children out of these situations, it gives them a chance for a fresh start and a new life ... but it doesn't take away the violence from the perpetrator. If it's a man, he has still not gotten any help ... and what about the next person who engages in a relationship with him?"

Campbell, who used to work for Manitoba Justice, said most victims of domestic violence are women and children but many men experienced it when

they were boys.

"They've witnessed it. It's ingrained — they've learned the behaviours. ... When they find themselves in relationships and they have families, it's coming out."

She said despite that, "we must not ever excuse the behaviour."

Canadian data show that women are two to four more times likely than men to experience sexual abuse in childhood or in marriage or in common-law relationships, according to the Chief Public Health Officer's 2016 annual report.

The report also states that violence against women is under-reported.

Campbell said the reason for that is "They carry shame ... because within the cycle of abuse, they [perpetrators] break that person down. Or they're ... led to believe that they deserve it. ... There's also barriers such as no public transportation here. There's a lot of isolation in our rural areas ... and if you have no access to a vehicle and you're being abused, how do you get help?"

Although the IWRC is not a shelter, it will transport women and children to one, as well as accompany them to the hospital, help them apply for protection orders, make safety plans and refer them to external organizations if required.

Many women can't go home after they've been battered, and the centre will help them find temporary shelter.

She also said it's common for women to develop post-traumatic stress disorder. "That's an ongoing thing they now have to live with forever."

Campbell says the first thing she does when a woman walks in is "let them speak."

"I let them tell their story, assure them this is a safe place, that their confidentiality will be met."

If the person is physically wounded when they come in, Campbell would accompany them, if requested, to the RCMP station so that they can make a report.

"I encourage them to go because it's zero tolerance for domestic violence."

Gimli Coun. Thora Palson, who sits on the IWRC committee, said the centre's counsellors will "make every effort to meet with a client in a safe environment anywhere in the catchment area" if they're unable to travel to Gimli.

"So much of the work that is done here at the IWRC is behind the scenes," said Palson. "And because of that, many people are not aware of the services and resources that are provided. ... The services here are free and anonymous."

The IWRC receives funding from the Family Violence Prevention Program (provincial government) and from the municipalities it serves.

"We get grants from all the RMs in our catchment area," said Campbell. "And [RM of] Gimli does provide us with a very large grant."

The IWRC welcomes donations to help provide services to those experiencing abuse.

"Our funding isn't really enough — it keeps us afloat," said Campbell.

Over the winter, the centre has plans to broaden awareness of the services it offers through various outreach programs.



TRIBUNE PHOTO BY PATRICIA BARRETT

Jennifer Campbell of the Interlake Women's Resource Centre in Gimli said November is domestic violence prevention month, but we should be concerned about violence against women every month.

"I don't feel that everybody knows that we're here," she said.

And even though November is domestic violence prevention month, Campbell said it's not the only month we should be concerned about violence.

"It's very sad to hear ... there are so many people experiencing something like this, that they're struggling with this. And for the numbers of people coming forward, there are so many more that are not."

For more information about IWRC, call 204-642-8264 or email iwrc@mymts.net. The centre is located at 87 Fifth Ave., just behind the Super A food store.

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# Rockwood portfolios, committees and boards

## Council portfolios for the RM of Rockwood

- Finance & Personnel & Policy: Coun. Terry Hartle and Coun. Mark Hidlebaugh, committee of the whole
  - Public Works and Infrastructure: Coun. Bill Matheson. Alternate: Coun. Art Goudy, committee of the whole
  - Protective Services: Coun. Willy Pinchin and Couns. Matheson, Goudy and Lyle Willis
  - Utilities (Sewer and Water): Coun. Hidlebaugh and Coun. Pinchin.
- The first name is the chairperson.

## Committee and board appointments for the RM of Rockwood

- South Interlake Planning District: Reeve Jim Campbell, Coun. Hidlebaugh. Alternate: Coun. Pinchin
- South Interlake Regional Library: Coun. Goudy, citizen member Brenda Birks-Latta

- Rockwood-Rosser Weed Control Board: Couns. Goudy and Willis
- Community Futures-East Interlake: Reeve Campbell
- Partnership of the Manitoba Capital Region Committee (Mayors and Reeves): Reeve Campbell
- Stonewall-Rockwood Fire Department Committee: Couns. Pinchin and Matheson
- Stony Mountain Fire Department Committee: Couns. Pinchin and Goudy
- Teulon-Rockwood Fire Department Committee: Couns. Pinchin and Willis
- Stonewall and District Handi-Van Committee: Coun. Matheson. Alternate: Coun. Goudy
- Teulon and District Handi-Van Committee: Coun. Hartle and citizen member Rodney Campbell
- Rockwood-Woodlands By-Law Enforcement Officer/Animal Control Board: Couns. Goudy and Pinchin. Alternate: Coun. Matheson.
- South Interlake Emergency Mea-

- asures Board: Reeve Campbell
- Environmental Waste Committee: Couns. Matheson and Willis
- Eastern Interlake Conservation District (EICD) for Netley Creek/Wavey Creek: Coun. Willis. Alternate: Coun. Hartle and citizen member Bruce Bond
- EICD for Grassmere Creek: Coun. Goudy. Alternate: Coun. Matheson and citizen member John Tataryn
- Stony Mountain Recreation Committee: Coun. Hidlebaugh. Alternate: Coun. Pinchin
- Balmoral Recreation Board: Coun. Hartle. Alternate: Coun. Goudy.
- Teulon-Rockwood Waste Disposal Grounds: Couns. Willis and Matheson
- Teulon-Rockwood Foundation Community Health Board: Couns. Hartle and Willis
- Association of Rural Municipalities-Capital Region: Reeve Campbell and all councillors on a rotating basis
- Rockwood Quarry District Planning Advisory Committee: Reeve

- Campbell, Coun. Goudy and citizen member Doug Carter
- Interlake Municipal Recreation Association: Coun. Pinchin. Alternate: Coun. Willis
- Cartier Regional Water Co-op Inc.: Coun. Hidlebaugh and CAO Luellman
- Age Friendly Stonewall-Rockwood: Coun. Hidlebaugh
- Interlake Tourism Association: Coun. Goudy
- Economic Development Committee: Reeve Campbell and Coun. Hidlebaugh
- Teulon-Rockwood Recreation Commission: Coun. Hartle, citizen members Lyle Willis, Laura Humbert and Bonnie Benn
- Rockwood-Stonewall Parks Committee: Reeve Campbell and Coun. Goudy. Citizen member: vacant
- Stony Mountain Penitentiary Advisory Committee: Reeve Campbell. Alternate: Coun. Matheson
- Red River Basin Committee: Coun. Goudy

# Kinsmen Club to build splash pad and water park

By Jennifer McFee

On behalf of the Kinsmen Club of Stonewall, Chris Luellman spoke to council about the club's plans to build a new splash pad and water park to be located at Kinsmen Lake.

The target completion date is summer of 2018, and the Kinsmen would cover the project costs of approximately \$160,000. The first fundraiser will be a Montreal Canadiens Alumni hockey game at Veterans Memorial Sports Complex on March 9, 2017.

The Kinsmen will provide the new amenity as a gift to the Town of Stonewall for its operation, just as it gifted Kinsmen Lake after building it in

1957. The operating costs of the splash pad are expected to be minimal.

The Kinsmen also hope that the project will generate interest from men in the community who might want to join the service club.

At the Nov. 9 committee of the whole meeting, Stonewall council also heard from Evan Allan and Eric Shaw, who provided zoning bylaw updates based on feedback from a recent public hearing.

Depending on the type of changes that are made, council might need to set a date for a second public hearing.

As well, Colleen Sklar of the Partnership of the Manitoba Capital Region provided an update on the Regional Growth Strategy, which provides a long-term vision and framework for 18 municipalities around and including Winnipeg.



TRIBUNE PHOTO BY JENNIFER MCFEE

Chris Luellman spoke to Stonewall council on behalf of the Stonewall Kinsmen Club about plans to build a splash pad at Kinsmen Lake.




### Christmas Hampers

Do you or someone you know need a hamper this Christmas? Please be advised that Christmas Cheerboard hampers can be ordered from now until December 7th. Hamper pick-up will be December 17th. Please call 467-7370 to order a hamper. Requests for hampers need to be made every year even if a hamper was received in previous years because lists aren't carried over.

### Christmas Cheerboard

Help needed! The Stonewall and District Christmas Cheerboard is looking for donations to help those in need this Christmas. Donations of non-perishable food items, monetary donations and toys for children and teens would be appreciated. We are especially in need of socks for all ages and books and items for teens. Donation boxes are placed all over Stonewall and monetary donations can be made at **Sunova Credit Union**.



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# Council approves one-time extension for Teulon Goose Plant

## Teulon council briefs for Nov. 8

By Natasha Tersigni

At their meeting on Nov. 8, council approved to allow Bryan Pryde, owner of the Northern Goose processing plant in Teulon, to extend the conditional use agreement regarding operating days.

The original agreement allows for operation of the plant up until Oct. 31 of each year, but due to delays, the plant did not begin operating this fall as expected. With all licences and approval given, the plant is operational and Pryde would like to operate a test run with birds that local producers still have available.

Council passed a resolution to allow the plant to operate this year from Nov. 14 to 18.

"The deal was they weren't going to do any killing this fall, but they had ordered 85,000 birds and there was around 2,500 they couldn't sell. They will kill the birds and give them back to the owners. These birds will not be for sale," said Mayor Bert Campbell.

"We think this is a good opportunity to do a test run with the monitoring equipment of the sewer system to ensure everything is working correctly."

### Accessibility Plan

Teulon's community resource officer Colleen Engel recommended to council that an accessibility working group be established and an accessibility coordinator appointed to ensure the town will meet provincial standards by next year.

By November 2017, all municipalities must be in compliance with the first phase of the province's accessibility legislation and that includes removing barriers associated with accessing customer services.

### Library Funding

During the annual Association of Manitoba Municipalities (AMM) con-

vention held in Winnipeg from Nov. 21 to 23, Coun. Danny Hutchinson is encouraging fellow council members to attend the Manitoba Library Trustees Association's Annual General Meeting held on Nov. 21 at 5 p.m. at the Delta Hotel. The meeting is always held in conjunction with the AMM convention to ensure maximum attendance, and a major point of discussion this year will be lobbying the provincial government to increase per-capita library funding.

Hutchinson, who sits on the South Interlake Regional Library board, presented to council statistics related to funding available to rural and northern libraries in Manitoba. From 2008 to 2014, expenses across all rural and northern branches increased by 21 per cent. To ensure the services could be provided, funding from municipal government's increased to local libraries by 29 per cent, with provincial funding to those same branches increasing by 0.5 per cent.

"There has been a lot of heavy lifting being done by municipalities in terms of library funding and not by the province. We want to lobby the provincial government to increase their per-capita funding to library branches, and that funding has not increased since 2001," said Hutchinson.

### New Doctor in Teulon

Mayor Campbell reported to council that a new doctor, Dr. Don Simonson, is working at the Teulon Medical Clinic a few days a week with Dr. Michael Loudon to decide if he wants a permanent part time position at the clinic.

Currently, Simonson works one day a week as an anesthesiologist and one day a week at a clinic in Stonewall, along with his time spent working in Teulon.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Teulon Collegiate Grade 12 co-student president Jake Ledochowski, standing, and Ale Mejicanos were appointed co-student councillors at the Town of Teulon council meeting on Nov. 8. The students will act as the liaison between the town and the high school, will complete a monthly report for council and will attend all regular council meetings.

### Snow Plowing

Public Works committee chair Jim Dola informed council that he spoke with the town's foreman regarding snow clearing in Teulon for this winter season. The expectation that has been given to the foreman is that before workers go home for the day, all snow plowing must be complete, and shorter shifts will not be acceptable.

As well, the public works department is looking at purchasing a slide-in sander attachment for a three-ton truck, which will replace the town's aging sander.

### Electoral Reform

After a letter was sent to the council by Selkirk-Interlake-Eastman MP James Bezan, council passed a resolu-

tion to write a letter to the Prime Minister of Canada requesting a referendum be held prior to any changes to the current first-past-the-post voting system for federal elections.

Bezan has sent letters to municipal councils in his riding asking members to lobby the federal government to include public input in any changes to the electoral system.

### Community Donations

Council approved a \$500 contribution to help pay for a fireworks display that will be held at the end of Teulon's parade of Lights on Nov. 18. As well, council made a \$200 donation to Teulon Collegiate for their wrestling event held on Dec. 16 in support of the TCI Athletic Department.

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# Community members add input to RM of Woodlands accessibility plan

By Natasha Tersigni

RM of Woodlands community members had a chance to provide their feedback on the RM's accessibility plan during an open house in Warren on Nov. 9.

Over the next 10 years, the Government of Manitoba will be setting out five standards in dealing with accessibility that all municipalities must meet. For the first set, which focuses on customer service, municipalities must have a plan in place by November 2017 on how their municipality will reduce barriers for the public. This includes training and educating staff on how to provide reasonable accommodations to people with disabilities.

"We are going to take the feedback we received at the open house and include it in our accessibility plan. Some of these suggestions will be taken into consideration when planning our future budgets. Over the next 10 years, the RM is going to try and implement these environmental or structural changes throughout the community," said Woodland's economic development officer Renée Simcoe, who organized the open house.

"It was a great evening for the people in attendance. I feel a lot of people had great ideas and they also took away something from the session."

While the main focus of the evening was input for the customer service portion of the accessibility plan, the public in attendance provided suggestions

on a number of areas where the RM can improve accessibility.

"A lot of the feedback had to deal with our public spaces. Some of the input included how we needed more sidewalks and better street lighting. It was eye-opening for some people in attendance who had never realized that sidewalks are an accessibility issue. For someone who is using any type of mobility aid, cane, walker, wheelchair or crutches, it is way easier for them to use a sidewalk rather than a street," said Simcoe, who added that part of the evening was spent on educating attendees on what accessibility really means in public spaces.

"Something that came up at the session is that lots of time, places are considered accessible but they are not necessarily friendly. For example, a building may have a wide enough door to get through in a wheelchair or a ramp with a correct width and those would both be considered accessible. However, once you get into the building and you find it is not really friendly to those who have a disability; the counters may be too high or there is not enough room to manoeuvre in a wheelchair in the building."

Before the customer service portion of the accessibility plan is finalized, it will be presented to council for further input, and a resolution adopting it must be passed before the provincial government's deadline of next November.



TRIBUNE PHOTO BY LANA MEIER

RM of Woodlands Economic Development Officer Renée Simcoe organized a public open house on Nov. 9 so residents could have a chance to provide input in the RM's new accessibility plan.

## Donation drive underway for Teulon Christmas Cheer Board

By Jennifer McFee

If you're looking for a way to spread some holiday cheer, you might consider contributing to the Teulon and District Christmas Cheer Board.

Cheer board chair Linda Chartrand already has 50 applicants on this year's list to receive a hamper. On average, they receive about 60 to 70 applications, but last year surpassed the norm with 78.

The Bargain Store is embarking on a toy drive again, which typically focuses on kids aged 11 and under.

However, many of the hamper recipients include youth aged 12 to 18 who are in need of gifts.

"This year, I'm hoping to push a little bit for the teens, whether it's clothes, scarves or their own

towels and face cloths," Chartrand said.

The hampers also include a supply of non-perishable food items, with generous donations coming in from schools and other community groups. Chartrand also has a helper in Inwood who is collecting non-perishables in the area.

Another valuable way to contribute is by making a monetary donation. Spare change jars will be set up at the local Co-op and Esso businesses by Nov. 18 in time for the parade. As well, cheques can be made out to the Teulon Christmas Cheer Board and mailed to Box 37, Teulon, Manitoba, R0C 3B0.

"People are making cash donations, and we've already got a few cheques in the mail," Chartrand said. "Then we use all the money that's donated to us to go buy the food."

Volunteers will pack the hampers on Dec. 11 and 12 at the former Alive Church and will start delivering them around Dec. 16. The cut-off for toy donations is Dec. 10, but they will accept non-perishable food donations until

the delivery date. Monetary donations will be accepted until the end of December.

"Whatever non-perishable food comes in, we don't refuse it, but we prefer the earlier the better so we can have most of the stuff ready in advance. Then it's just the last-minute scramble to get the last-minute items in," Chartrand said.

"We can take cash right up to the end of December because if people make donations after we're done, that just goes towards next year."

The deadline to sign up to receive a hamper is Dec. 5; however, Chartrand will take applications after the deadline if necessary. "We don't refuse anybody. I've taken applications on the day we're delivering because you never know — something could happen at the last minute," she said.

"We've had people who've gotten sick or people who have been too embarrassed, and at the last minute, they'll make that last-ditch effort and we don't refuse them. I'll go out and do the shopping locally here to put everything together for their hamper."

The Teulon and District Christmas Cheer Board serves the communities of Teulon, Inwood, Narcisse, Komarno, Malonton and Gunton.

Anyone who would like to drop off donations or who would like to receive a hamper can contact Chartrand at 204-886-2743.



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# Happy 100<sup>th</sup> birthday to Dot

## Dorothy Irwin celebrates a century on Nov. 22

By Jennifer McFee

It's the milestone of milestones.

Dorothy (Dot) Irwin is gearing up to celebrate her 100<sup>th</sup> birthday next week. And with a century of life to reflect upon, Irwin also has plenty to look forward to in her full life surrounded by her children, grandchildren and great-grandchildren.

On Nov. 22, 1916, Dorothy Sutton was born in England. When she was two and a half years old, she moved across the ocean to Chater, a town east of Brandon where her parents had met during a previous journey to Canada.

"We stayed with friends for the first little while until dad finally bought a farm. I was three and a half when we went to the farm at Warren," she said. "I remember the man who broke it for dad, so I guess it wasn't broke when dad bought it. He plowed it up."

For most of her life, Irwin lived in the Warren area with her parents, as well as her older sister and younger brother.

"When I was at home as a kid, I was always my dad's third hand," she said,

with a tangible tinge of affection. "I was always helping my dad, always working with my dad."

At the time, the school only went to Grade 11, so Irwin headed to Winnipeg to find work after she graduated.

"There really were no jobs at that time. All the girls did housework for the so-called rich people living in Winnipeg," she said with a giggle. "Most of us made anywhere from \$5 to \$10 a month. I was getting \$7."

After a while in Winnipeg, Irwin returned to Warren to find odd jobs closer to home in the Warren area.

When she was 23 years old, she married Bob Irwin from Grassmere. They lived in Winnipeg for 10 years before buying a quarter section between Argyle and Warren.

The couple raised three sons — Cyril, Ronald and Gordon — who all still live in the area. Irwin also enjoys spending time with her five grandchildren and five great-grandchildren.

Her husband passed away many years ago, and Irwin now lives at the Lions Manor in Stonewall where she keeps busy by reading, doing puzzles,



TRIBUNE PHOTO BY JO-ANNE PROCTER

Dot Irwin proudly shows of the greetings she received for her 100<sup>th</sup> birthday from Selkirk-Interlake-Eastman MP James Bezan and Governor General of Canada David Johnston.

watching TV and visiting with her family.

As for her secret to living a long life, Irwin mused for a moment before sharing some words of wisdom.

"Oh, I don't know. It doesn't seem

that long. It really doesn't," she said. "I never smoked. I worked hard. I never had time to get sick. I was a morning person, so I was always up and at it. And I still feel pretty good since I have nothing really wrong with me."

# PJs for everyone this Christmas



TRIBUNE PHOTO BY NATASHA TERSIGNI

Jean Burchuk, left, and Dr. Wilma Ireland are hosting a PJ Drive at Stonewall's Back 2 Health Chiropractic Health & Wellness Centre for the next month. Donations of new children's pajamas are being collected for the Stonewall and District Christmas Cheer Board.

By Natasha Tersigni

To ensure all children can have a cozy night's sleep this winter season, one local chiropractor is participating in a PJ Drive.

For the next month, Dr. Wilma Ireland is asking for the public to drop-off new children's pyjamas at her Back 2 Health Chiropractic Health & Wellness Centre located at 1-420 Main St. in Stonewall. The annual pyjama drive is hosted by chiropractors in Winnipeg, and Ireland decided to hold one

of her own in Stonewall with all donations going to the Stonewall and District Christmas Cheer Board.

"This is the third year we have decided to host the drive. We usually get a really good turnout, and the last year we held it, we collected 64 pairs so our goal is to beat that this year," said Ireland.

"We are asking anybody in the community that wants to support the cause to bring by a pair of new children's pyjamas."



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# Manitoba breaks record

TRIBUNE PHOTO BY JO-ANNE PROCTER

Manitobans were treated to spectacular sunsets last week with temperature records broken across southern Manitoba. On Nov. 7, the mercury soared to above 20 C in Stonewall and 19 C in Winnipeg, breaking a record set in 1923.

Temperatures were above normal across the Interlake last week, including weekend temperatures in the low teens.



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# Musical Theatre Company performs in Stonewall



TRIBUNE PHOTOS BY LANA MEIER

The Interlake Players Travelling Musical Theatre Company entertained a full house at Stonewall's Quarry Park Heritage Arts Centre Saturday night while raising funds for CancerCare. The five travelling performers — Hayden Bytheway, Chris Armstrong, Mitch Obach, Kendra Obach and Lindsey Sturgeon — came together to create a new not-for-profit theatre group feeding their love of performing while helping communities across the Interlake raise money for various projects. The group performed *The Musical of All Musicals*, a satirical parody in five distinct styles while using the same plot (I can't pay the rent!) for each act. In total, they raised \$2,064 for Paige Procter's Coffeehouse to End Cancer. Don Horbas was the lucky winner of the 50-50 and donated back his winnings of \$165.

## The Season's Best Gift Ideas



**North American Lumber Company's Coming**  
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## The countdown begins:

The holiday season is a busy time of year. To ensure that you're ready on time, everything has to be well planned. There are only five weeks left, and so the countdown has officially begun! Here is the first of five weekly to-do lists to help you organize your festivities.

- Stock up on firewood
- Establish your holiday budget
- Make a list of the gifts you want to give
- Start buying gifts
- Make your appointments for the hairdresser, esthetician, and nail salon
- Choose, if applicable, your Christmas party's theme
- Reserve the following:
  - the restaurant or the hall and caterer
  - the entertainment (music or activities for children)
- Send your invitations
- Put up outdoor decorations

**5 WEEKS**  
 before  
 Christmas

**The Perfect Gift**

**Gift Card**

★ Red Star Chinese Cuisine

• Easy to use • Any Amount

**RED STAR CHINESE CUISINE**  
 Dine In • Take Out • Delivery • Catering  
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# Teulon's Holiday Shopping Spree



- 1st Prize – Shopping Spree Gift Certificate Valued at \$500 (Approximately)
- 2nd Prize – Chamber Gift Basket of Goodies
- 3rd Prize – Chamber Gift Basket of Goodies (for 17 yrs & under)

Cut out each of the ballots below & drop off during regular business hours Friday, Nov. 18th & Saturday Nov. 19th

<b>Rockwood Lumber</b> - Highway #28 Pth #7 Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age	<b>Teulon Tractor &amp; Motor</b> #77 Pth #7 Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age	<b>Super 7 Service Esso</b> - Highway #7 & 7th Ave. S.E. Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age	<b>Fry-Days Restaurant/ Whisky Trail Lounge</b> - Highway #7 & #415-8156 E Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age	<b>Kaljent Ag Services</b> - 273 5th Ave S.E. Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age
<b>Teulon Motor Hotel</b> - 122 Main St. Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age	<b>Bargain Shop (TBS)</b> - 65 Main Street Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age	<b>S.P.R. Hair Salon</b> - 75 Main Street Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age	<b>One Insurance</b> - 12-3rd Ave. S.E. Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age	<b>Bigway Foods</b> - 36-3rd Avenue S.E. Name: _____ Phone: _____ <input type="checkbox"/> Adult <input type="checkbox"/> Youth _____ Age

For more information please contact: Jan @ 204.886.3910. Sponsored by: Teulon & District Chamber of Commerce • Draw Date: Monday November 21st. Winners will be contacted

## Teulon Winterfest Weekend



The South Interlake Regional Library Teulon branch will be having a **Winter Themed Story-Time** on Friday and Saturday, Nov 18th and 19th at 10:30am.

**South West District Palliative Care Memory Tree Lighting**  
Friday November 18th 2pm-8pm at the Teulon Seniors Resource Centre

**Bantam Hockey Game**  
Friday November 18th 7pm at the arena

**Atom Hockey Game**  
Saturday November 19th 12:15pm at the arena

**Movie, Popcorn and a Drink** at the Green Acres Art Centre \$5 per child. Saturday November 19th from 1pm-3pm.

Kids can be dropped off and their parents can attend the craft sale.  
**Lightning Hockey Game**  
Saturday November 19th 7:30pm at the arena.



**Holiday Magic Lights Parade**  
Friday November 18th 7pm Main Street, Teulon  
Sponsored by Kozy's Productions  
For more info or entries call Debbie 204-886-2378



**Pancake Breakfast and Skate with Santa**  
Saturday, November 19th from 8:30am-10:30am at the arena.  
Sponsored by the Teulon Rockwood Recreation Commission



**Winterfest Craft Sale**  
Friday Nov. 18th 2pm-8pm & Saturday Nov. 19th 10am-3pm at the Teulon Hall  
Sponsored by the Teulon Farmers Market



**Ruff House**  
Boarding SMART Dogs Do it Again Agility  
204-206-0098  
204-793-3575  
204-801-1632  
**Open House**  
Saturday, November 19 11 am to 4 pm  
91026 Hwy 7 just north of 91  
**Santa Paws pictures**

- Vendors:**
- Head to Tail Nutrition • Petz Paradiz
  - Cdsky Creations • Made by Auntie
  - Made by Uncle • Ark Project
  - Al Sideen • Wpg Kitten Adoption
  - Earth Dog Terrier Rescue
- Dog shows & demonstrations:**
- Rally Demo
  - Ruff House & Smart Dogs Dog Show
  - Games with kids... Basket Game
  - Hoop Ball Relay, Agility Race
  - Do It Again Agility
- Please bring contributions for the food bank!**  
All proceeds to the Teulon Senior Resource Centre & Teulon & Area Food Bank

**Door Prizes** **Rainbow Auction** **Goody Bags** **Hot Lunch**

**Christmas Headquarters**

**10% off All Clothing**  
Sale on Nov. 18 & 19 only

**Great Stocking Stuffer Ideas!**  
~Gourmet Chocolate  
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Custom orders available

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**Avon In-Stock**  
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43 Main ST, Teulon 204-886-2661

Wishing you a Wonderful Winterfest Weekend!

Enjoy the events happening throughout Teulon this weekend

Let us get you ready for winter with our small engine repair.  
Snowmobiles • Snowblowers  
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Please enjoy yourselves at the annual

**Winterfest Weekend!**

Please bring your spare change for the Teulon & District CheerBoard along the parade route.

Mayor & Council

**Teulon**  
a great place to come home to  
www.teulon.ca

**Friday, November 18th**  
92 Main St., Teulon

**KOZY'S PRODUCTIONS**  
& 2nd Time Around Market

**OPEN HOUSE & SALE**  
10 A.M. - 9 P.M.

**DOOR PRIZE - IN-STORE SPECIALS!**  
FREE COFFEE & DAINTIES 6 - 9 PM

**ALL CLOTHING BUY 1 REGULAR PRICE GET 2ND AT 50% OFF**

See you in Teulon over

**Winterfest Weekend!**

Enjoy the weekend with family & friends.

**McGraw FOODS**

36 3rd Ave SE, Teulon  
204-886-3445

Enjoy your family & friends at Winterfest Weekend!

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Enjoy Winterfest Weekend!

**(204) 278-3444**

**Teulon Farmers Market**

**Winterfest Craft Sale**

**FRIDAY, NOVEMBER 18**  
2 - 8 pm

**SATURDAY, NOVEMBER 19**  
10 am - 3 pm  
Teulon Hall

Admission \$2.00 Children under 12 FREE

**50 VENDORS**  
All 100% handmade  
Find the perfect handmade Christmas gift!  
Canteen with homemade food

Please check out our website  
www.teulonfarmersmarket.com  
for a complete list of vendors

Please note that Santa will leave Winterfest on Friday at 6:30 pm so he can be in the parade!

**\$10 Sitting Fee & 1 image emailed**

Pictures with Santa by **Sweet & Wild photography**



# An evening of enchantment for SWDPC

By Jo-Anne Procter

Any event that can raise over \$17,000 for a worthy cause could be deemed enchanting. The 11th annual South West District Palliative Care's (SWDPC) "Enchanted Evening" gala exceeded the expectations of organizers last Saturday evening at the Stonewall Legion.

Tickets for the annual event sold out early, and funds were raised through ticket sales, variety and progressive auctions, general donations and a spontaneous singing challenge that evening that raised an unexpected \$1,000 to have Teulon Mayor Bert Campbell sing.

SWDPC chair George Willis introduced the current board, welcomed and thanked guests, including Campbell and Stonewall Mayor Lockie McLean, who took over the mike as master of ceremonies for the evening.

Their first introductions were Selkirk-Interlake-Eastman MP James Bezan and Lakeside MLA Ralph Eichler who both congratulated the board, as well as all the volunteers and sponsors for their continued support of the worthy organization that provides families with end-of-life services and support.

Coun. Bill Matheson addressed the crowd on behalf of RM of Rockwood while Reeve Trevor King brought greetings from the RM of Woodlands. Erika Emes, IERHA regional director for home care and palliative care spoke on behalf of Tammie-Lee Rogowski, clinical team manager with the Regional Palliative Care and Home Care Nursing Program who was unable to attend.

Emes said that although some professional services are financially funded through Manitoba Health, it is

the gracious donations that continue to help provide the little extras and support that clients and families need on their difficult journeys.

Donations are used for things like low air pressure mattresses, to keep people comfortable in bed and for bed skin break down, comfort kits for families at the bedside, educational support and training for teams of volunteers and palliative care staff. Donations have been used to help with Camp Stepping Stone, a grief camp for children that have experienced a loss in their lives and reading materials for families.

"The SWDPC board continues to be a very, very important and supportive and involved member with the regional health authority palliative care program. Their dedication and hard work is very much appreciated," said Emes.

King thanked the SWDPC committee for the service they provide families throughout the area and congratulated them for the great work that they do.

As a director on the Association of Manitoba Municipalities board, King made special mention of and paid tribute to SWDPC board member Ed Peltz, who passed away last month. During King's first year on council, there was a resolution put on the floor regarding funding palliative care that Peltz was very much responsible for.

"Today, it is a top priority to lobby the provincial government for support for palliative care to relieve some of the fundraising efforts that you have to do to provide that service to families," King said.

"A great example of how a small organization (SWDPC) with a man like Ed Peltz involved can move it up to the next level of municipal government and we can pursue it and move it on to provincial government to see that there is support for a group that does such great work for our community."

Board member Doris Hunter wrapped up the speeches by thanking everyone including guests, sponsors and volunteers, the Legion Ladies Auxiliary for preparing and the Stonewall United Church group for serving the lovely roast beef dinner.

"This evening doesn't just happen. Board members, spouses and family members help pull this event together," she said.

On behalf of the SWDPC, Hunter paid tribute to Peltz, who joined the board in 2005 and brought with him a wealth of knowledge he gained after being reeve of the RM of Woodlands

for 32 years. Peltz was instrumental in re-writing the SWDPC constitution, and he served as vice-chair and helped with many fundraising events.

"Ed was a humble man. When you thanked him for something, he always said 'That was nothing.' Ed dedicated his life to his community, and for the past decade, to palliative care in all our communities," she said and thanked his family for sharing him.

Hunter also announced that on Dec. 5 the SWDPC is teaming up with the Age Friendly Committee to host a meeting to discuss the future of a potential palliative care facility in the area, a project that is very near and dear to all.

Next year, the SWDPC committee will be celebrating their 20th anniversary and they look forward to planning their next gala.



Board member Doris Hunter raised a glass in tribute to board member Ed Peltz, who passed away in October.



MC and mayor of Teulon, Bert Campbell sang C.W. McCall's Wolf Creek Pass on a spontaneous challenge that raised \$1,000.



SWDPC treasurer Chuck McClure sold tickets and collected donations from guests.



Raquel Dumas and Bekka Stolar check out the dessert line..



Alan Campbell and his wife Alycia tore up the dance floor to the old-time music of Prairie Crocus.

TRIBUNE PHOTOS BY JO-ANNE PROCTER



# Montreal Canadiens alumni coming to Stonewall

Tickets go on sale next week for game against Kinsmen Krushers

By Jennifer McFee

The Montreal Canadiens alumni are coming to Stonewall to face off for a good cause.

On March 9, 2017, the Habs superstars will play the Kinsmen Krushers at Veterans Memorial Sports Complex. The goal of the game is to raise \$25,000 for a new splash pad and water park to be built at Kinsmen Lake by the Stonewall Kinsmen Club at a cost of about \$160,000.

Kerry Hendry, life member of the Kinsmen and chair of the Montreal Canadiens alumni hockey game, said there will be for about 900 rush seats at VMSC, plus about 130 seats more in a VIP section.

Tickets for the rush seats cost \$40 each, while the VIP seats are \$75. A number of VIP seats will also be reserved for sponsorship packages.

The 22-person Kinsmen Krushers team will be made up mainly of local players aged 35 and older along with celebrity player Troy Westwood on the roster. Plans are also in the works for two celebrity coaches and a celebrity referee. Each player pays a fee to play and is given 20 rush-seating tickets to sell or give away.

The remaining tickets will be on sale starting Wednesday, Nov. 23 at three locations: Sunova Credit Union, Stonewall Home Hardware and Stonewall Family Foods.

"Stonewall is such a hockey community that we anticipate that we'll sell it out," Hendry said. "We hope to have all of Stonewall there, out in force. It's all in the name of charity."

Two spots are available to take advantage of the Thrill of a Lifetime, which provides the opportunity to play with the Montreal Canadiens at a cost of \$1,500. Anyone who would like more information can contact Hendry at 204-467-9118.

As well, anyone interested in local sponsorship opportunities can get in touch with Hendry.

"It's all for a good cause," he said. "We're hoping to have the project complete by the summer of 2018, but the faster we raise the money, the faster it will get built."

The Montreal Canadiens tour, sponsored by Canadian Tire, has expanded from Canada to include the United States, Europe and Russia. They play between 50 and 60 games per year,



## MONTREAL CANADIENS ALUMNI HOCKEY TOUR

Presented by  
**CANADIAN TIRE**

*General admission*

VETERANS MEMORIAL SPORTS COMPLEX  
STONEWALL, MB  
500 MAIN STREET

**MONTREAL CANADIENS ALUMNI VS KINSMEN KRUSHERS**

**MARCH 9TH, 2017**  
7:00 P.M.

\$40

\*No refunds.



SHERWOOD  
canadiens.com/canadiensalumni

**MARCH 9TH, 2017**  
7:00 P.M.

\$40

\*No refunds.



SHERWOOD  
canadiens.com/canadiensalumni

Rush-seating tickets cost \$40 and VIP tickets cost \$75 for the Montreal Canadiens Alumni game, which will raise funds for a Kinsmen initiative to build a splash pad at Kinsmen Lake.

and last year, they raised more than \$1 million for different charitable organizations.

# Stonewall Comes Alive

## Mark your Calendars with these upcoming events!

November 28th - December 16th

*9th Annual Festival of the Wreaths*

at Stonewall Branch of SI Regional Library

\$1 per vote - Vote for your favorite.

All proceeds to Christmas Cheer Board

7pm

Friday, December 2nd

## Festival Of Lights Santa Claus Parade

*On Main St. Stonewall.*

Sponsored by the Stonewall & District Chamber of Commerce.

Remember your spare change for the Cheerboard

Deadline for Parade Entries: Monday, Nov. 28th  
Contact Deborah Jensen at 204-467-9222 or djensen0421@gmail.com

Join us for Friday December 2nd

## Bonfires

with marshmallow roast & hot chocolate

between Chicken Chef & Red Star

Sponsored by Rockwood Landscaping

&

In the Parking Lot of Southside Service

Sponsored by Firewood Manitoba

Saturday, December 3rd

## Breakfast with Santa

8 am - 11 am

at Stonewall Legion.

Sponsored by Stonewall Kinsmen Club and Stonewall Legion

Saturday December 3rd

## FREE Children's Movie

### Secret Life of Pets

at Flicks Cinema

1:00 pm & 3:00 pm

G (Frightening Scenes)

Bring a Tin For The Foodbank

Sponsored by the Stonewall Lions Club.

Visit our local merchants for all of your Christmas Shopping this season!

Thank you to all of the community groups for a great weekend of events!



# Woodlands council continues talks with Topigs behind closed doors

By Natasha Tersigni

Despite promising residents an “open and transparent” process in regards to Topigs Norsvin Canada building a research facility in the RM of Woodlands, council banned the public and media from sitting in on the Topigs delegation at their Nov. 8

council meeting.

Topigs has shown interest in an 88-acre piece of RM-owned land on the east side of the Woodlands Community Pasture to build their \$9 million research station and barn. Council

Continued on page 21



TRIBUNE PHOTO BY NATASHA TERSIGNI

Officials with Topigs Norsvin Canada, pictured left to right, general manager Cam McGavin, director of technical services Mike Shaw and project consultant Peter Mah attended the RM of Woodlands council meeting on Nov. 8 as a delegation to speak with council regarding purchasing land in the RM to build a research facility. Council closed the meeting to the public and media, and no further information on what was discussed will be released.

## Attention Kids...



## What's *Your* Christmas Eve story?

Choose any of the topics and create your unique story.

1. It was Christmas Eve and everyone was tucked into bed. The clock ticked towards midnight but I couldn't sleep.
2. This is the story of the best Christmas ever. It started when Jack ran downstairs and found an empty space under the tree where he expected his presents to be.
3. I felt sorry for the young couple who knocked at my door. The man looked very tired and the woman was about to have a baby. "I have no more room in the inn," I told them, "but you can stay in my stable."
4. I woke with a start. What had woken me? I listened hard. Yes, there it was again! Bells! I could hear jingling bells.
5. Everyone loved Granny coming for Christmas but she could be terribly forgetful.
6. As Olivia closed her bedroom curtains she looked out at the snowman she had built. It looked like he was smiling.

CONTEST FOR KIDS 8-12 YEARS OLD.

**Cash Prizes awarded to the top three stories**  
**First place (\$50), Second place (\$30)**  
**and Third place (\$20)**

Maximum 400 words.

Send in your poem or short story to:

christmasstories@stonewallteulontribune.ca

or mail to: Box 39, Stonewall, MB R0C 2Z0

**DEADLINE: Wednesday, December 7, 2016**

**\$100**  
**IN CASH**  
**TO GIVE**  
**AWAY**

## Letters to Santa

Mail or email your letter to us by Wednesday, December 7th, and we'll make sure it appears in our special section on December 15th.

**Please remember to include your first name and age on your letter!**

Email: [santa@stonewallteulontribune.ca](mailto:santa@stonewallteulontribune.ca)  
or mail to Box 39, Stonewall, MB R0C 2Z0



Stonewall Teulon  
**Tribune**

# The Queen has been caught



TRIBUNE PHOTO BY TANYA SWANSON

Congratulations to Sheri Childs Corrin who picked the Queen of Hearts at the Mountain Motor Inn on Nov. 3. Childs Corrin went home with \$7,686.80, courtesy of the Stony Mountain Community Centre Queen of Hearts fundraiser. The Stony Mountain community has raised over \$11,500. Left to right: Ryan Corrin, Sheri Childs Corrin, Stony Mountain Community Centre president Dawne Smithson and Elizabeth Childs. Follow Stony Mountain Community Centre on Facebook to find out when the next round of Queen of Hearts begins.



# Life lives on through wartime letters

By Jennifer McFee

When Archie Polson penned letters home to his faraway mother while he served during the First World War, he probably never imagined that they would live on forever as a published collection.

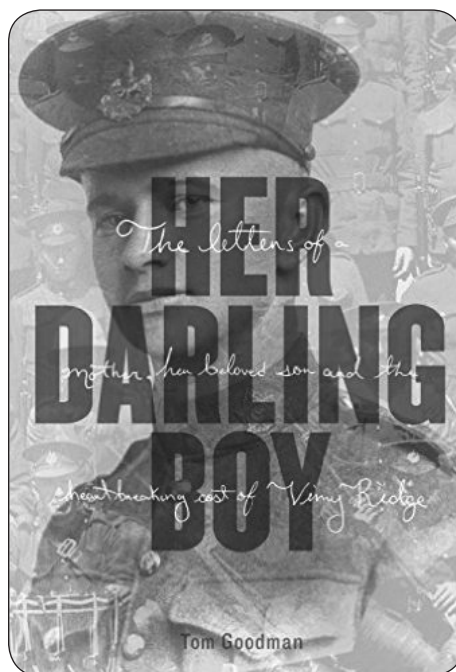
Although Tom Goodman never met his Uncle Archie, he undertook the task of compiling his wartime correspondence in his book *Her Darling Boy: The letters of a mother, her beloved son, and the heartbreaking cost of Vimy Ridge*. Published by Great Plains Publications, the non-fiction book launched last week to a full house at McNally Robinson.

"I'd always known about Archie, who was my mother's eldest brother. I'd known that he'd been wounded at Vimy Ridge, that his arm had been amputated and he suffered shrapnel wounds, but that's really all I knew," said Goodman, a Stonewall resident for the past 40 years.

"My grandmother talked about him. My understanding was pretty rudimentary other than the fact that my grandmother always carried his loss with her."

Around 2008, Goodman heard that the government has an online record of every soldier who ever served in both the First and Second World Wars. He decided to search for his uncle, who had left Gimli in 1916 to join the Forces. He died the following year.

"I Googled his name thinking I might get the details of his service and that sort of information, and what came up was the Archie Polson fonds at the University of Manitoba. I was wondering what that was, so I clicked on the link and came upon an archive of most of my uncle's correspondence during his time of service," Goodman said.



"So there were letters from him to his mother and his mother to him and from a number of other people — from nurses, from the Red Cross, from the government, from chaplains — some to Archie, others to the family. There was the initial lettergram that was sent to the family when he was wounded."

He read through it all and was astounded at what he found.

"It was a real treasure trove of information. The letters had been photographed and were all available online. It was really something," he said.

"An aunt of mine, Florence Polson, had also maintained quite a bit of information relating to Archie and relating to the family generally, as well as quite a number of photographs. So taken together, it was quite a chronicle."

After Goodman retired from his career of practising law in 2010, he took a creative writing course at the University of Winnipeg. He wrote several



TRIBUNE PHOTO SUBMITTED

Tom Goodman spoke in front of a large crowd during his book launch at McNally Robinson on Nov. 9.

short stories, including one that was based on Archie and the depth of his grandmother's grief for him.

"In so many ways, it was true, but it was still a work of fiction. So that sowed the seed that ultimately resulted in me writing the book. In it, I provide a fair amount of supplementary information and did a lot of research," he said.

"The most important elements of it really start when he signed up for the military and carried on until after his death. Even the letters of condolence were included. It's the life of Archie told through the correspondence, hence the subtitle that it's the letters of a mother and her beloved son — and, of course, the heartbreaking cost of Vimy Ridge."

In addition to the successful launch of his book on Nov. 9, Goodman recently received the exciting news that the Canadian War Museum in Ottawa will be putting on a Vimy centennial exhibit in 2017. Archie's story will be included in the displays, along with original materials and a large picture.

"Bear in mind that this is one young

man and one family, but you multiply that by millions to get some sense of the kind of heartbreak that was occasioned by World War I and later by World War II," Goodman said.

"It was a labour of love for me. Apart from the book being published, which I know is very gratifying, it's something that my children and grandchildren will have forever. Archie will never be forgotten."

For a chance to meet with Goodman, he will be the guest author on Dec. 5 for the Stony Mountain Book Club since they are reading his book for the month of December. Everyone is welcome to attend the event, which will take place at Summit Café starting around 7 p.m. For those who are interested in enjoying a meal at the venue, a special dinner will be available starting at 6 p.m.

Copies of *Her Darling Boy: The letters of a mother, her beloved son, and the heartbreaking cost of Vimy Ridge* are available at McNally Robinson and through Amazon.

## > WOODLANDS COUNCIL, FROM PG. 20

gave permission at their Oct. 25 meeting to allow Topigs to begin testing on the land. The facility would hold a maximum of 2,600 pigs that would be brought in from nearby farms, and the boars would be extensively researched at the facility to develop superior genes.

At the Nov. 8 meeting, council members, excluding Reeve Trevor King who was excused from the meeting with reason, requested to go in-camera for the Topigs delegation. It was stated that the RM's lawyers recommended that the meeting go in-camera as the agreement with Topigs is in the preliminary planning stages.

Given the criteria for in-camera meetings, council were within their rights to close the meeting.

Coun. Gavin Jones requested that the meeting not go in camera, stating that it was important that the public knew what was happening.

"The public has an interest in knowing what is being discussed," said Jones.

As with in-camera meetings, under the Municipal Act of Manitoba, all parties are not allowed to discuss what was talked about once the meeting is re-opened to the public.

During an interview with the *Tribune* in early November, RM of Woodlands

Reeve Trevor King stated council is encouraging Topigs to be as open and transparent as possible to avoid misinformation and speculation in the community.

"(The pasture land) seems like a suitable location to council but we still want public input before they put an application in. That has been our request to Topigs. We would like them to speak to the residents in that area, and if they had any concerns, they would have the opportunity to speak to council before the application process begins," said King.

### Community Pasture Loan

Council passed second and third

reading of a bylaw that would see the RM loan \$100,000 to the RM of Woodlands Community Pasture for operating costs effective Jan. 1, 2017. The 2016 loan of \$125,000 plus interest is due Dec. 31, 2016.

### Indemnities Increase

Council passed second and third reading of a bylaw to increase council members rate of compensation by 1.3 per cent, which is in line with Manitoba's inflation rate. The monthly indemnity today for councillors is \$723.90 and for the reeve is \$814.42, excluding time, mileage and miscellaneous allowances.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Merces win, Flyers lose in SEMHL play

By Brian Bowman

Local teams had mixed results in the South Eastern Manitoba Hockey League last weekend.

The Warren Merces skated to their first win of the season after crowning the Royals 5-2 in Winkler on Friday.

"We went down there and played a pretty good hockey game," said Merces' head coach Gerry Minaker. "We played solid defence, right from the goaltender out, and we established a little bit of a system of a breakout.

"Things were just clicking."

Brendan Luschinski and Reid McLeod each led Warren with a pair of goals. Both of McLeod's goals came in the third period, the second going into an empty net with 39 seconds left in the game.

Trent Genyk added a first-period power-play goal for the Merces. Matt Jacobucci and Chad Deprez both had two assists in the game for Warren.

"We think we have some (offensive) balance in our first three lines when we eventually get everybody there," Minaker said. "We'll be able to compete that way, I think."

Chad Unrau scored for Winkler in the first period and then Phil Letkeman tallied in the third.

Travis Bosch made 30 saves for the win.

Warren (1-1) will host the SEMHL-defending champion Carman Beavers on Friday (8 p.m.) and the Stonewall Flyers Sunday (6:30 p.m.). Stonewall will also have a home game Friday as the Flyers host Portage at 8 p.m.

"I think we are (excited to play Stonewall)," Minaker said. "It's always interesting when you play Stonewall because the teams know each other so well off the ice and you sometimes don't know how that will translate on the ice.

"We're looking forward to it."

Both the Flyers and Merces are looking forward to seeing some fans come out to watch their games this season. Senior hockey in Canada, much like the junior game, has seen a decrease in attendance over the years.

"We would like to see get some fans coming out to the games," Minaker pleaded, noting the Merces do not have a home game the same night the NHL Jets play in Winnipeg.

"Both Stonewall and Warren need the fan support. I'll say it on Stonewall's behalf as well, we need to get some people at the games."

The Flyers, meanwhile, lost their second game of the season last Saturday with an 8-3 home loss to the Notre Dame Hawks.

Soren Fredrickson and Mac Johnson



TRIBUNE PHOTO BY LANA MEIER

Mac Johnson scored in the first period for the Flyers Saturday night at the VMSC. Stonewall was defeated 8-3 by the Notre Dame Hawks.

scored first-period goals for Stonewall and then Brayden McDonald tallied in the third.

Steve Clark led Notre Dame with

three goals and three assists while Brian Michiels (two), Matt Gingera, Jason Yuel, and Justin Dalebozik also beat Flyers' goaltender Justin Harris.

## Manitoba places seventh at U18 women's hockey nationals

Staff

Team Manitoba placed seventh at the 2016 National Women's Under-18 Hockey Championship in Regina last weekend.

Manitoba, whose roster featured Interlake players Olivia Cvar, Kerigan Dowhy and Brooke Anderson, finished the tournament with a 6-1 win over Team Atlantic last Saturday. On Friday afternoon, Manitoba edged Quebec 3-2 in a shootout.

Anderson had an assist in Manitoba's opening-game 3-2 loss to B.C. while Cvar did not register a point during the tournament.

Manitoba started the nationals with an 0-2 record after Alberta nipped them 2-1.

Dowhy, meanwhile, allowed four goals on 41 shots in two games played. She posted a solid 1.94 goals-against average and .902 save percentage.

Manitoba will not play in another major event this season, meaning players will now complete their seasons with their respective teams.

Ontario Red won the gold medal at this year's nationals, defeating Quebec 4-1. The bronze-medal game saw B.C. beat Ontario Blue 5-3.



EXPRESS PHOTO SUBMITTED

Team Manitoba's Kerigan Dowhy, left, and Olivia Cvar played in the 2016 National Women's Under-18 Hockey Championship in Regina last weekend.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Jets fly past Raiders and Royal Knights

By Brian Bowman

Goals came fast and furious in the first period of the Stonewall Jets' home game against River East on Sunday.

Stonewall scored seven goals in a 19:05 span of the first period on its way to a dominating 11-1 Manitoba Major Junior Hockey League victory.

Devin Muir scored three of those goals in the first period to go along with an assist (he now leads the Jets with 23 points) while Stephen MacKenzie, Robert Smith, Clay Tait and Sean Donnelly also tallied.

Smith's goal came on the power play while Tait and Muir scored shorthanded goals just 44 seconds apart.

Adam Blight, Brendan Burnett and Eric Swanson scored in the second period for the Jets before Tait added his second goal of the season in the third.

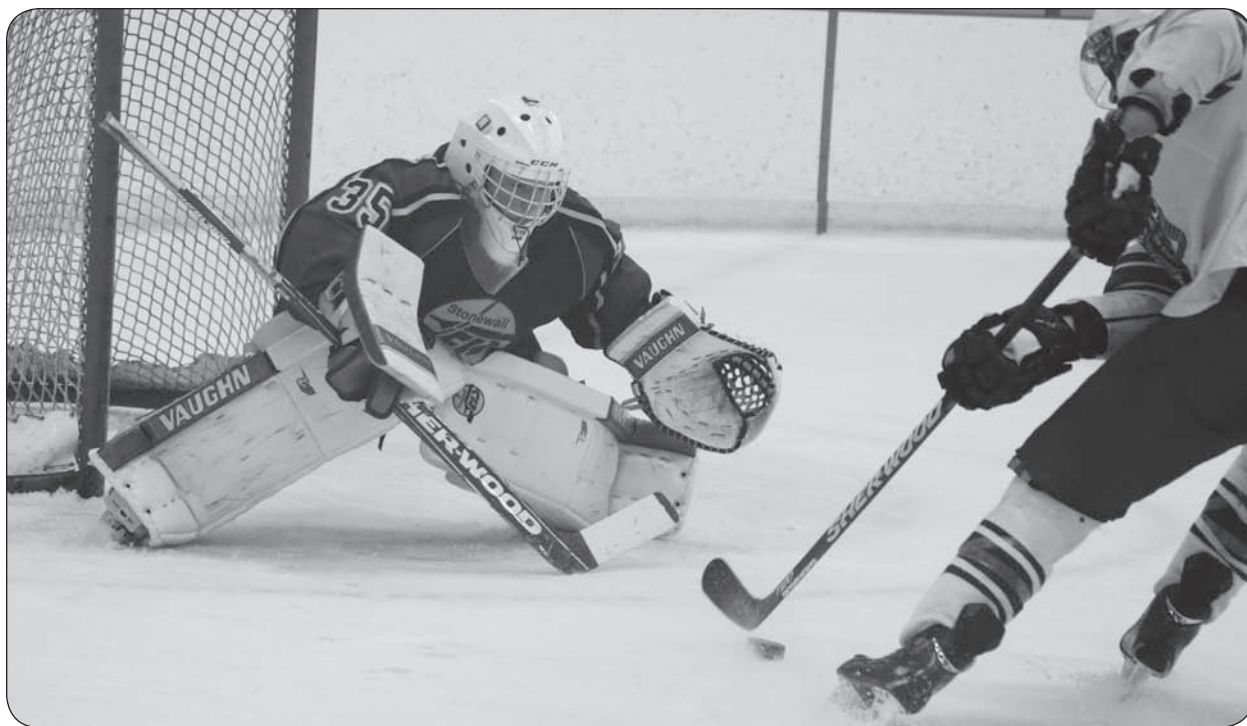
Tristan Ezacko scored River East's only goal at 7:17 of the first period.

Stonewall outshot River East 47-31 as Curtis Beck earned the win.

On Friday, Mackenzie scored three times — including twice on the power play — and added an assist to lead the Jets to a 5-4 road win over the Raiders Jr. Hockey Club.

Kyle Doak also scored twice for Stonewall with the man advantage as the Jets finished the game 4-for-6 on the power play.

The Raiders were also very good with the man advantage, clicking three times in five chances. Trailing 5-2 in the third, West St. Paul's Kyle Jur and Zaz Oleskiw struck with the man advantage to pull the



TRIBUNE PHOTO BY LANA MEIER

Jets' goaltender Hunter Ploszay made 41 saves in Stonewall's 5-4 win over the Raiders Jr. Hockey Club Friday night.

Raiders to within a goal.

Devin Manness scored a first-period power-play goal for the Raiders while Chayce Viczina also tallied in the opening period.

Hunter Ploszay made 41 saves for the win.

Stonewall, now 11-3 and tied for second place with Charleswood in the 10-team MMJHL, will have just one game this week when they visit the Ft. Garry/Ft. Rouge Twins (6-8-2) on Sunday. Game time is 7:30 p.m.

## Rams buck Huskies in WWAC quarter-final

By Brian Bowman

The Stonewall Collegiate Rams varsity boys' volleyball team made quick work of the Sturgeon Heights Huskies in their WWAC quarter-final match last week.

Stonewall was then expected to have their work cut out for them in their league semifinal clash this past Tuesday against the high-powered St. Paul's Crusaders.

The Rams earned a berth into the league semifinal after an impressive 3-0 sweep over Sturgeon Heights on Nov. 9. Stonewall won the match by scores of 25-18, 25-16 and 25-19.

"We went in with a good game plan and our boys were super confident," said Rams' head coach Owen Nishi.

"That was probably the best game that we have played all year. We put it together at the right time."

Stonewall served tough throughout the match and did a real good job taking the Huskies' middles out of the play.

"We knew that they had a couple of go-to guys and we clamped down on them," Nishi said. "We put them in trouble early and, I think, they got frustrated with that and we capitalized."

The first-set win was a huge one for Stonewall in Sturgeon Heights' gym. It gave the Rams the momentum — and confidence — against the lesser-talented Huskies.

"The one good thing about our

boys is that they didn't relent," Nishi stressed. "They got a lead and kept it, which was nice. That was a big step for us."

The Rams would have to take another big step, though, if they wanted to upset the top-ranked Crusaders.

"They're a very strong team," Nishi stressed last Friday afternoon. "They're going to be a huge challenge for us. We're going to have to bring our A-game to keep up with those guys."

A key for Stonewall, said Nishi, would be to serve St. Paul's tough to keep their potent offensive attack in check. Traditionally, the Crusaders have fielded teams that can swing with the best in the province.

Meanwhile, the St. Paul's game wasn't the only big test for the Rams this past week. Last night, Stonewall hosted the winner of John Taylor and St. James in its "AAA" regional playoff final.

Playing two very important playoff games in a 24-hour period may help the Rams.

"It will be a good week for us," Nishi predicted. "We'll have St. Paul's first and then we get to play the very next day. The more that we compete, the better we will be. We want to be able to compete as much as possible."

With a win on Wednesday, Stonewall would advance to the MHSAA "AAA" provincials, which will take place Dec. 1-3 in Winnipeg.



# Interlake Speed Skating Club hosting races this Saturday



TRIBUNE PHOTO BY BRETT MITCHELL

The Interlake Speed Skating Club will host several races this Saturday at the Selkirk Rec Complex. Skaters from across the province, including Alex Campbell, will take part in the one-day event.

By Brian Bowman

Earlier this month, the Interlake Speed Skating Club held a fun meet for several clubs from across Manitoba.

On Saturday, the local club will host a series of races that will count.

Speed skaters from across the province will converge on the Selkirk Rec Complex for the one-day event. Interlake is expected to have around eight to 10 skaters take part.

"The one (this Saturday) is a more competitive style of racing," said Malcom Scott of the Interlake Speed Skating Club. "There will be some really good racing, so it's worthwhile to come and check it out."

The racing day will begin at 9 a.m. and continue to 4 p.m. Admission is free.

The races held in Selkirk earlier this month were a great way to get some younger skaters some invaluable experience.

"We tried to have one competition short track and one competition long track," Scott explained. "It didn't cost the athletes anything to run that day, so we had as many as we could come out."

"We had (60 skaters) from the little guys all of the way to the provincial team."

Scott said the local club has good numbers this season and a lot of skaters that are really interested in the sport. Interlake has a skater as young as seven and another as old as 16.

Still, they would always like to have more skaters join their club. Instructor Leslie Braun, who has

coached with the Interlake club the past five years, said the numbers are "consistent" compared to past years.

"We've lost a few members but we gained them back," she noted. "We're pretty average with 12 to 15 skaters but it would be better (if the numbers were higher)."

Speed skating is an individual sport – and also a team one – at the same time.

"We would like to get the numbers boosted up a little bit," Scott admitted. "They all train as a team, so they get the camaraderie of training together as a team. Most of the kids like having both (elements of the sport) but when it comes down the competition, it's yourself."

The local club, which practices twice a week at the Selkirk Rec Complex, begins its season in October. The season then wraps up in early April. Scott said registration costs in the neighbourhood of \$450 to \$500, which includes all of the ice time and skate rentals.

"Typically, everyone rents skates for the first few years, because kids are continually growing," Scott explained.

Braun said having a skating background in hockey can be a benefit to speed skating.

"It's technical, so it does take a number of years to become really good," she said. "But anyone with a skating background can pick this up quite readily."

If anyone is interested in joining the club please contact: granger5@mymts.net or jmscott@mymts.net

## Swan stellar in Lightning upset win over Yellowhead

By Brian Bowman

There is a lot of parity in the Manitoba AAA Midget Hockey League this season.

The Interlake Lightning proved that on Sunday.

Interlake snapped a five-game losing streak with an impressive 3-2 shootout victory over the second-place Yellowhead Chiefs.

"They beat the Wild the night before and they're in second place in our league," said Lightning head coach Dwayne Swanson. "But we had a good day and really competed hard against those guys. They have a lot of talent over there and I was really happy with the effort our guys put forward."

Jack Einarson and Corbin Mariash scored for Interlake in the shootout. Mackenzie Belinski scored Yellowhead's lone shootout goal in five opportunities.

In regulation time, the Chiefs took an early 1-0 lead as Josh Belcher scored 47 seconds into the game. But Codey Behun quickly tied the score just over three minutes later.

After a scoreless second period, Interlake took its first lead of the game as Keenan McPherson tallied 11 seconds into the third.

That lead did not last long, though, as Yellowhead's Benoit Mowbray tied the score at 2:43 of the period.

Adam Swan was a very busy man in goal, stopping 59 of the 61 shots he faced for the well-deserved win.

"He was a huge part (of the victory)," Swanson said. "He came up with the saves but a lot of the shots were from the outside. It wasn't like he was acrobatic in the win but he was full marks and did

a great job.

"That's the consistency that we're looking for from our goaltending all year long and it looks like we found it."

Interlake began the weekend with a hard-fought 2-1 home loss Friday to the surging Eastman Selects.

"We played really well in that game, too," Swanson said. "We hit a couple of goalposts late in the game that could have got us to overtime. I was really happy with the way that we competed."

Devon Welmer gave the Selects a 1-0 lead at 11:56 of the opening period and the score stayed that way until 9:04 of the third when Liam Grossman made it 2-0.

Interlake cut that deficit in half just over two minutes later, though, as James Maxwell scored his third goal of the season. Evan Palmer and Foster Bytheway assisted on the goal.

Interlake was 0-for-4 with the man advantage while Eastman was 0-for-6. The Selects outshot the Lightning 44-22 as Swan made 42 saves in the loss.

The Lightning battled the Winnipeg Thrashers last night at Gateway Arena but no score was available at press time.

Interlake will now play the first two of four straight home games this weekend. Brandon will visit Teulon on Saturday (7:30 p.m.) and then Parkland will be here Sunday (2 p.m.).

In individual news, Swan was named the Manitoba AAA Midget Hockey League CCM Player of the Week, the league announced Monday.

Swan, in his second season with the Lightning, has



TRIBUNE PHOTO BY MOLLIE MEIER

Lightning goaltender Adam Swan was named the Manitoba 'AAA' Midget Hockey League CCM Player of the Week. In two weekend games, Swan led the Lightning to a 1-1 record.

a 2-5 record with two shootout losses. He made 103 saves on 107 shots last weekend for a .963 save percentage and 1.92 goals-against average.

Swan is a WHL draft pick of the Lethbridge Hurricanes and property of the MJHL's Winnipeg Blues.



# Wildcats win Zone 5 JV girls vball banner

By Brian Bowman

The Warren Collegiate Wildcats junior varsity girls' volleyball team has been real good all season.

So, it was really no surprise that they won the Zone 5 banner last week after an impressive 2-0 (25-13, 25-4) win over the Gimli Lakers.

Warren reached the final after beating Teulon 2-0 by scores of 25-9 and 25-10.

In round-robin play, Gimli and Warren led their respective pools with 7-1 records.

The Wildcats defeated Ashern (25-16, 25-14), Charles Sinclair (25-0, 25-4) and Lundar (25-12, 25-9) while splitting with Arborg (25-6, 10-25).

With the Zone 5 win, Warren has now advanced to the MHSAA provincials, which will take place Nov. 24-26 in Shoal Lake.

Meanwhile, Warren also reached the Zone 5 junior varsity boys' final where they were defeated 2-0 by the Arborg Collegiate Athletics on Nov. 9.

Arborg won the match by scores of 25-17 and 25-22.

To reach the final, Arborg slipped past Gimli 2-1 while Warren swept Riverton (25-14, 25-19).

In pool play, Warren was first with a 6-0 mark, followed by Gimli (5-1), Ashern (4-4), Teulon (3-5) and Fisher Branch (0-8).



TRIBUNE PHOTO BY MARGARET ANN BRAD

The Warren Wildcats junior varsity girls' volleyball team, pictured back row, left to right: Tyler Oliver (coach), Olivia Genio, Joy McCutcheon, Emalia Sinclair, Kiera Dowd, Natalie Salisbury, Jordan Crooks, Mackenzie Turner, Jen Fossay, Hailey Friesen; front row: Hannah France, Payton Janke, Madeline Boonstra, Jacee Turner, Laura Brad, Alex Chester and Grace Goodman.

# Stonewall awesome in volleyball playoff win

By Brian Bowman

If you arrived late for the Stonewall Collegiate Rams varsity girls' playoff game against St. James on Monday, you missed a lot of great action.

You also probably missed a majority of the match.

Stonewall made real quick work of the St. James Collegiate Jimmies in an interzone playoff game on its home court. The Rams played some great volleyball in sweeping the Jimmies 3-0 by scores of 25-14, 25-13, and 25-9.

"They played a great game," said Rams' co-coach Jaclyn Risk proudly. "They all played really well. The whole bench got to see the floor tonight, so that was excellent."

Risk said their club did a lot of things right in the lopsided win. Stonewall served well and had many very good performances from a multitude of players.

"We played really well," Risk said. "We were very aggressive against the

net and our right side, Sarah Fines, was very aggressive against the net."

Fines, Brielle Cara, and Alycia Palmer led the Rams in kills, said Risk.

Defensively, the Rams did an outstanding job getting to loose balls and not letting them hit the floor.

With the huge win, Stonewall advanced to play the John Taylor Pipers yesterday in Winnipeg. If the Rams lost against the Pipers, Risk said the team would apply for a wildcard to get into the MHSAA "AAA" provincials.

Earlier in the season, John Taylor outlasted Stonewall with an exciting 3-2 win. The Pipers won the first two sets and then clinched the victory with a fifth-set victory.

"They are a very good team and their setter jumps quite a bit," Risk noted. "She's aggressive but, at the same point, we have improved tremendously and have prepared ourselves for this game."



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Rams' Alycia Palmer kills the ball in Stonewall's 3-set sweep against the St. James Jimmies on Monday.

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# Rams lose to Garden City, Transcona in WHSHL

By Brian Bowman

The Stonewall Collegiate Rams did a pretty good job defensively in a pair of WHSHL games last week.

The problem, though, was a lack of scoring.

Stonewall scored just two goals in its two games last week — both losses — as the Rams were defeated 3-1 by Garden City and 4-1 by Transcona.

Against Transcona, Joshua Eardley scored Stonewall’s lone goal in the second period on the power play, assisted by Brett Munroe and Austen Ewanek.

Kyess Roulston scored a first-period goal for the winners and then Laden Michael and Jack Sears tallied in the second. Taylor Hunter closed out the scoring in the final frame.

Tanner Greenwood was in the Rams’ goal.

On Nov. 9, the Rams were stopped 3-1 by Garden City in Stonewall. Garden City’s Rustyn Lodon and Riley Thorsteinson scored third-period goals to snap a 1-1 tie.

The visitors took a 1-0 first-period lead on a power-play goal by Jeremy Wasilewski. But Stonewall tied the score at 1-1 in the second period as Blake McClintock tallied, assisted by Brendan Labossiere.

Gavin Love was in goal for Stonewall.

The Rams are now 0-6-0-1 and in last place with a single point in the Winnipeg Free Press Division No. 2 standings.

Stonewall played College Jeanne Sauve this past Tuesday but no score was available at press time. The Rams will hit the road again Friday when they play Lorette. Game time is 4 p.m.



TRIBUNE PHOTO BY JO-ANNE PROCTER  
Rams’ goaltender Gavin Love makes a save during Stonewall’s 3-1 loss to Garden City on Nov. 9.

Manitoba Hockey Standings							
MANITOBA JUNIOR HOCKEY LEAGUE							
	GP	W	L	OTL	PTS	GF	GA
Steinbach Pistons	20	17	2	1	35	84	33
OCN Blizzard	21	15	3	3	33	71	48
Winkler Flyers	22	15	7	0	30	81	54
Portage Terriers	19	14	5	0	28	87	65
Virdeon Oil Capitals	22	12	6	4	28	62	60
Selkirk Steelers	21	13	7	1	27	75	62
Winnipeg Blues	22	9	11	2	20	76	74
Swan Valley Stampede	18	6	10	2	14	52	69
Neepawa Natives	20	6	14	0	12	47	79
Dauphin Kings	20	3	15	2	8	43	82
Waywayseacappo Wolverines	21	3	17	1	7	55	107
MANITOBA MAJOR JUNIOR HOCKEY LEAGUE							
	GP	W	L	OTL	PTS	GF	GA
Pembina Valley Twisters	16	11	3	2	24	74	51
Stonewall Jets	14	11	3	0	22	80	46
Charleswood Hawks	14	10	2	2	22	48	34
Raiders Jr. Hockey Club	16	8	7	1	17	65	50
St. James Canucks	16	8	7	1	17	60	62
St. Boniface Riels	16	7	6	3	17	52	58
St. Vital Victorias	15	6	7	2	14	60	69
Ft.Garry/Ft.Rouge Twins	16	6	8	2	14	55	70
Transcona Railer Express	17	7	10	0	14	56	66
River East Royal Knights	16	4	12	0	8	42	86
KEYSTONE JUNIOR HOCKEY LEAGUE							
Central Division	GP	W	L	OTL	PTS	GF	GA
Peguis Juniors	11	7	4	0	14	73	62
Arborg Ice Dawgs	9	5	4	0	10	45	34
Fisher River Hawks	8	2	6	0	4	45	62
South Division	GP	W	L	OTL	PTS	GF	GA
Selkirk Fishermen	11	8	3	0	16	63	19
St. Malo Warriors	10	7	2	1	15	62	47
North Winnipeg Satellites	11	4	6	1	9	45	50
Lundar Falcons	10	4	6	0	8	43	46
North Division	GP	W	L	OTL	PTS	GF	GA
OCN Storm	9	7	2	0	14	82	53
Cross Lake Islanders	10	4	5	1	9	52	47
Norway House North Stars	7	0	7	0	0	11	101
SOUTH EASTERN MANITOBA HOCKEY LEAGUE							
	GP	W	L	OTL	PTS	GF	GA
Portage	3	3	0	0	6	14	7
Notre Dame	3	2	0	1	5	15	8
Morden	3	2	1	0	4	11	11
Carman	3	2	1	0	4	16	8
Altona	2	1	1	0	2	7	8
Warren	2	1	1	0	2	10	8
Stonewall	2	0	2	0	0	6	16
Winkler	4	0	4	0	0	7	20
AAA MIDGET HOCKEY LEAGUE							
	GP	W	L	OTL	PTS	GF	GA
Wild	17	14	1	0	30	81	28
Yellowhead	17	11	3	1	25	72	50
Central Plains	17	11	5	1	23	73	54
Brandon	15	9	4	1	20	62	45
Thrashers	16	9	5	1	20	66	40
Eastman	16	9	7	0	18	57	40
Pembina Valley	16	9	7	0	18	58	47
Southwest	15	8	7	0	16	54	59
Parkland	17	6	11	0	12	52	82
Kenora	16	4	9	0	11	42	75
Interlake	14	3	9	0	8	35	68
Norman	18	3	14	0	7	46	110
AAA CITY MIDGET HOCKEY LEAGUE							
	GP	W	L	OTL	PTS	GF	GA
Winnipeg Monarchs	12	12	0	0	24	66	26
Winnipeg Hawks	12	6	3	1	15	49	36
Winnipeg Sharks	9	6	3	0	12	42	32
Winnipeg Warriors	11	5	4	1	12	48	38
Eastman Selects	10	1	7	1	4	25	50
Interlake Lightning	12	1	11	0	2	27	75
AAA BANTAM HOCKEY LEAGUE							
	GP	W	L	OTL	PTS	GF	GA
Winnipeg Monarchs - B1	11	11	0	0	22	80	12
Winnipeg Warriors - B1	12	7	4	0	15	52	39
Winnipeg Hawks - B1	11	6	3	1	14	78	31
Eastman Selects - B1	9	6	3	0	12	42	31
Winnipeg Sharks - B1	12	3	7	1	8	26	47
Interlake Lightning - B1	10	0	9	1	1	26	81
MANITOBA FEMALE MIDGET AAA HOCKEY LEAGUE							
	GP	W	L	T	OTW	OTL	Pts
Winnipeg Avros	11	7	2	-	2	-	18
Westman Wildcats	9	7	1	-	-	1	15
PV Hawks	9	6	2	-	1	-	14
Yellowhead Chiefs	10	6	4	-	-	-	12
Eastman Selects	9	4	3	-	-	2	10
Central Plains	8	2	4	-	-	2	6
Norman Wild	12	1	10	-	1	-	4
Interlake Lightning	8	-	7	-	1	-	2
MANITOBA HIGH SCHOOL HOCKEY							
Winnipeg Free Press #2 Division	GP	W	L	OTL	PTS	GF	GA
Springfield	8	7	0	0	23	47	21
West Kildonan	9	6	0	0	23	39	24
Westwood	7	3	3	0	11	27	27
Garden City	6	3	2	1	10	24	20
Fort Richmond	7	3	3	1	10	28	31
Transcona	9	2	3	4	10	31	36
College Jeanne Sauve	6	2	3	0	8	18	24
J.H. Bruns	7	1	4	0	7	25	35
Lorette	6	1	4	0	5	22	26
Stonewall	7	0	6	1	1	16	33
STATS AS OF TUESDAY, NOVEMBER 15							

## Blues win gold in Beausejour



TRIBUNE PHOTO BY CONNIE REID  
The Stonewall Blues 12A1 team won gold at a two-day tournament in Beausejour earlier this month. Stonewall defeated the River East Royals 11A1 12-1, Lord Selkirk Fisherman 12A1 13-1 and SW Kings 4-3 during the round robin. The Blues then beat Beausejour 8-1 in the semifinals and Gimli 5-2 in the finals. Pictured, left to right: coaches Todd Faragher, Cory Woods, Niels Kaczorowski, Liam Wheddon; back row, Austin Lourenco, Hayden Wheddon, Aiden Singh, Gaige O'Neill, Jace Woods, Ty Woods, Dexter Reid; middle row: Tristan Shore, Rylan Slatcher, Peyton Bateman, Carter Bassett, Alex Kaczorowski, Hayden Faragher, goalies Dylan LeClair and Hayden Myskiw.



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## HOUSES FOR SALE

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### SUDOKU

5				7			6	
		1	9	5		2		
	4							
		3				6		1
		5	1		2		7	
7					5			
8	6				7	1		
				4				2
	2							

Fun By The  
Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	6	4	8	5	7	2	1	
2	8	7	4	1	9	6	5	3
5	3	1	7	6	2	4	9	8
4	2	6	5	3	8	9	1	7
8	7	3	2	9	1	5	6	4
1	5	9	6	4	7	3	8	2
7	1	5	9	2	3	8	4	6
3	4	2	8	5	6	1	7	9
6	9	8	1	7	4	2	3	5

Sudoku Answer

B	V	T	B		T	O	V	T	A	T	D	I		
W	E	H	O		O	N	I	W	V	N	V	E	T	
V	R	N	B		S	I	H	O	D	N	V	E	G	
I	B	B	V		G	U	H	D	E	I	B	N	U	
		N	V		N	V	A	C	W	E	N			
P	T	S		T	E	F	V	E	T	T	L	T	E	
H	E	T	S	T	U	A	H	P	O	T	V	T		
V	T	H	O	V	B	H	V	T	S	V	I	T	V	
H	O	V	B		B	E	H	O	E	S	H	V	P	
T	O	T		V	O	G	D	V	H	T	S	S		
		E	C	N	V	H	E	T	O	T				
E	G	V	S		N	O	W		S	V	N	T	U	
O	I	P	V		S	E	H	V	T	E	R	I	T	
B	B	E	K		W	E	H	O	R	H	O	X	U	
O	T	N	U		T	E	E	C	R	E	T	C	A	T

Crossword Answer



## CROSSWORD

### CLUES ACROSS

1. Sensitivity
5. Greek island
10. Up to the time of
14. Wife
15. Composer Ned
16. Edging to street path (Brit.)
17. Lose energy
18. Biblical parable
19. Celery (Spanish)
20. Arm bones
22. Japanese family emblem
23. Customary practice
24. Acceptance
27. Very fast aircraft (abbr.)
30. Cool
31. Indian state
32. Young boy or girl
35. Astronomy unit
37. Confederate soldier
38. Famed German composer
39. Alternate name
40. Used to pave driveways
41. Artery
42. Type of powder
43. Inquire too closely
44. Northern Ireland
45. Connects two points at right angles
46. Hot drink
47. A newt
48. Engine additive
49. Wealthy Connecticut town
52. Not invited or requested
55. Embrace
56. Spiritual leader
60. Wild or sweet cherry
61. \_\_\_ Day, actress
63. Daughter of Ion
64. Recline
65. Type of acid
66. City in Utah
67. Lazily
68. Music term
69. Divulge a secret

### CLUES DOWN

1. Very short skirt worn by

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21		22				23				
			24		25				26					
27	28	29		30				31				32	33	34
35			36				37				38			
39						40				41				
42					43				44					
45					46				47			48		
			49					50			51			
52	53	54				55				56		57	58	59
60						61				62		63		
64						65					66			
67						68					69			

### ballerinas

2. Angle between leaf stalk and stem
3. Popular in Nebraska
4. Dessert
5. Cognitive retention therapy
6. Wandered
7. Mistake
8. Adolescent
9. Medical term
10. Russian tsar's edict
11. Type genus of the Nepidae
12. High school math class
13. Double-reed instrument
21. Painful places on the body
23. Fiddler crabs
25. Resinous substance
26. Person of wealth (Brit.)
27. Series
28. North American plant
29. Warble
32. Pastries

### 33. Group of eight

34. Twyla \_\_\_, dancer
36. Pouch
37. Singer Charles
38. Cattle genus
40. Eye infection
41. Where couples go to marry
43. Long bench with backs
44. Unrestricted free agent
46. \_\_\_ Talks
47. Causal agent
49. Nincompoop
50. Relating to the aura
51. Person of conspicuous wealth
52. Type of mottled fruit
53. Essential
54. Fertility god
57. Folk singer Ives
58. La \_\_\_ Tar Pits, Hollywood
59. Foot
61. Digital audiotape
62. Drunk



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Grantham Law Offices requires a legal secretary for a full-time position, preferably with legal experience but not required. Duties will include preparing legal documents and dealing with clients. Specific training will be provided. Salary will commensurate with experience. Please forward your resume to: Grantham Law Offices, Box 1400, Stonewall, Manitoba R0C 2Z0, Attention: Doug Grantham.

## Join the ISD Team of Bus Drivers Today!!

*The School Bus Driver Training will be offered at the ISD Transportation Maintenance Technology Building in Stonewall, MB.*

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- Applicants must possess a valid class 2 Manitoba drivers licence or the willingness to obtain one,
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- A clean drivers abstract must be provided
- Must undergo criminal record search and Child Abuse Registry Check with satisfactory results.
- Must be safety-minded, courteous, and able to demonstrate an appreciation for the importance of customer service.
- If you enjoy driving & working with children, this could be the perfect, secure, part-time job for you. This is a chance to make a difference in a child's life, and maybe your own as well.

### School Bus Driver Duties:

- Safely drive students to and from school, following a prescribed route, on a daily basis during the school year.
- Perform daily vehicle circle check safety inspections, documenting & reporting according to company, school & government regulations.
- Comply with all division & government regulations, laws & policies.
- School Bus Drivers must Communicate clearly and interact with parents, school employees, passengers, co-workers & the general public in a courteous, professional manner as required.
- Hours of work vary and may be split shift, depending on need.
- Wages as per the current collective agreement.

**For information and application procedures, please refer to our website**  
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## Roast Chicken 4 Ways



2 whole chickens, about 3 lb/1.5 kg each

- 2 small onions, halved
- 1 small lemon, halved
- 10 sprigs of fresh thyme
- 2 tsp (10 mL) canola oil
- 1/2 tsp (2 mL) fresh ground pepper

### Directions

Preheat oven to 400° F (200° C).

Place onion and lemon half in each of the chicken cavities along with 4 of the thyme sprigs. Place on rack in roasting pan. Drizzle with oil and sprinkle with pepper and remaining 2 sprigs of thyme.

Roast in oven for 1 hour. Cover lightly with foil and continue roasting for about 20 minutes or until thermometer inserted in thigh reaches 170° F (80° C). Set aside to

rest.

Enjoy the chicken alongside your favourite side dishes. Then remove skin and bones from remaining meat and refrigerate. Use leftover meat (about 4 cups or 1 L from one chicken) in these packable lunches:

**Chicken and vegetable soup:** Add 2 cups (500 mL) chopped cooked chicken and 2 cups (500 mL) frozen diced vegetables to 4 cups (1 L) no salt added chicken broth and heat through before packing in a thermos.

**Chicken wrap:** Stir together 3/4 cup (175 mL) chopped cooked chicken with 2 tbsp (25 mL) hummus and spread over large whole wheat tortilla. Top with lettuce and roll up.

**Chicken quesadillas:** Divide 2 cups (500 mL) of chopped cooked chicken among 4 small whole wheat tortillas. Chop 1 red pepper and 2 green onions and divide over top of chicken. Sprinkle each with 2 tbsp (25 mL) crumbled goat cheese or grated light cheddar cheese. Fold in half and brown both sides in nonstick skillet or grill pan.

## Pecan-Crusted Chicken Tenders



- 1/2 cup pecans
- 1/3 cup whole-wheat flour
- 2 teaspoons paprika
- 2 teaspoons dry mustard
- 2 teaspoons garlic powder
- 1 teaspoon onion powder
- 1/2 teaspoon salt
- 1/2 teaspoon freshly ground black pepper
- 1 tablespoon expeller-pressed canola oil

- 1/2 cup panko bread crumbs
- 1 large egg
- 1 pound chicken tenders, larger pieces cut in half lengthwise

Preheat the oven to 475 F and line a sheet pan with parchment paper. Whir pecans, flour, paprika, dry mustard, garlic and onion powder, salt, and pepper in a food processor until pecans are ground to a powder, about 30 seconds. Drizzle in the oil with the motor running, blending completely. Transfer mixture to a shallow dish and stir in the panko bread crumbs.

Beat the egg in a second shallow dish and add the chicken tenders, coating them completely. Transfer each tender to the breading, turning to coat evenly. Arrange the chicken on the prepared pan. Bake until golden brown and nearly firm, about 8 minutes.

Note: Chicken tenders come from the undersides of chicken breasts and are naturally portioned into strips, saving you time in cutting them. If you don't have chicken tenders, substitute chicken breasts cut into 4- x 1-inch strips.

## Caring for Aging Parents Brings Up Many Complex Issues



"ELDER CARE IS A LOT EASIER IF YOU TALK TO YOUR PARENTS EARLY ON, PLAN WAY AHEAD, AND GET HELP FROM A BIG AND GROWING NETWORK OF RESOURCES."  
-BRIAN O'REILLY

The question of care for aging parents brings up many complex issues. Some families are very close, loving and financially secure, which certainly makes things easier. The children want to take care of their parents and have the resources to do it. No one should feel guilty if they do not fall into that category, nor should they be judged. Many adult children were not loved and supported by their parents, and do not feel close to them. When, at forty or fifty years old they are faced with the prospect of possibly years of caring for a parent, they become overwhelmed. They should be able to make some guilt free choices.

Sometimes one sibling either chooses or is left with the full responsibility. Naturally that individual needs support. It seems fair enough to expect that the siblings could sit down and discuss the issue, and determine what resources exist among them. Those who cannot or prefer not to spend time, may be able to make a financial contribution to free up the caregiver. Each one should be allowed to freely state what he/she is willing and able to contribute.

If an adult child does not feel physically or emotionally up to providing direct care for a parent, this should be honored. Seniors' homes and nursing homes are not always what the parent might want, but it might in some cases be best all around. There is a lot to be said for the elderly maintaining contact with their peer group. As much independence as possible for as long as possible is ideal for both the parent and the adult child.

Often it is the daughter who ends up taking responsibility for the parents. The need for care comes when her own children may be challenging, and she may be going through menopause. This is an incredibly heavy load. It is a time for everyone to put their heads together and decide what would be healthiest for all.

While caring for a parent can be a beautiful and healing experience, it should not be forced upon anyone. As parents, we should really give thought to these issues, and discuss them with our children long before we become unable to care for ourselves. We need to plan for our own care. It is not fair to expect or assume that our children will take care of us. That is a heavy burden to lay on them.

Most people now give thought to retirement planning from a financial perspective. That planning needs to be expanded to include future care, and yes, the many details connected with our inevitable death. Hard as it might be to face these issues, the end result is greater peace of mind for all.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca)

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## ANNOUNCEMENT

### ANNIVERSARY



**Jack and Jean Oatway  
Happy Anniversary!**

Jack (Alfred John) and Jean Oatway reached a major milestone, celebrating their 65th wedding anniversary on November 3, 2016. Jack and Jean are an inspiration to their children, grandchildren and many friends and relatives with the joy they have found in each other. They have also been very involved with the community with their participation in many organizations and committees. They celebrated their many years together with family on the weekend. Jack and Jean's family include children Kenton (Luciel) Oatway, Karen (Brian) Kolosky, Martin Oatway and Wayne Oatway, grandchildren Judith, Lee (Melissa), Deirdre (Aurion), Derek, Jordan, Martina, Jesse (Angela), Corey (Sheena), Jaye and Mackenzie (Brett), and great-grandchildren Sophia, Jackson, and Payton. They have also welcomed their step-grandchildren Karl, Russell (Ginger), Wayne, Arnold (Meg), Jacinta (Dale), Dana (Donna) and their families. The family wants to congratulate Jack and Jean for their commitment to each other, and thank them for setting such a wonderful example for us all.

## ANNOUNCEMENT

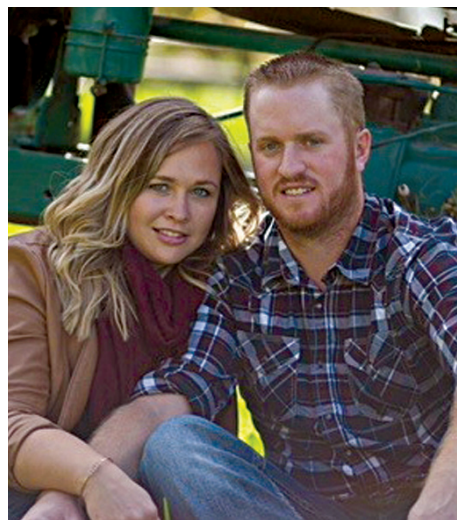
### CARDS OF THANKS

I would like to thank everyone who came to celebrate my 90th birthday. Thanks for the lovely cards and all the phone calls. A very special thanks to my family for looking after the lunch and for decorating the hall. It was a very memorable day!

-George Griffin

## ANNOUNCEMENT

### ENGAGEMENT



**Appleyard - Lawrence**

George and Vera Appleyard, Glen and Janice Lawrence, along with all our families are excited to announce the engagement of Amber Appleyard and Travis Lawrence. We wish them all the best! A 2017 wedding is planned.

## ANNOUNCEMENT

### BIRTH ANNOUNCEMENT



**Austin Reginald Kevin MacDonald**

Dustin and Amber are thrilled to announce the arrival of their first baby! Austin Reginald Kevin MacDonald, born November 7th, weight 9 lbs 5 oz and 23 inches long. A baby shower to be held on Sunday, November 27th at 1:30 p.m. at the Gunton Hall. Family is registered at Babies R Us.

## ANNOUNCEMENT

### 100TH BIRTHDAY



**100 Years Young  
Dorothy (Dot) Irwin  
November 22, 2016  
Happy Birthday Mum!  
-Love your family**

## ANNOUNCEMENT

### BIRTHDAY



**Wishing you a day as special as you are.  
Happy Birthday to our star,  
Mollie Jean  
-Love from Mom and Dad, Branden,  
Chanele, Annaliese and Matthieu  
and all your family**

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# Tribune

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### ANNOUNCEMENT

#### IN MEMORIAM



Ron Hardie

March 7, 1937 - November 18, 2015

If we could write a story,  
It would be the greatest ever told;  
Of a kind and loving father,  
Who had a heart of gold.  
We could write a million pages,  
But still be unable to say;  
Just how much we love and miss him,  
Every single day.

-Always loved and often toasted,  
by your family

### ANNOUNCEMENT

#### IN MEMORIAM



Eric John Schott

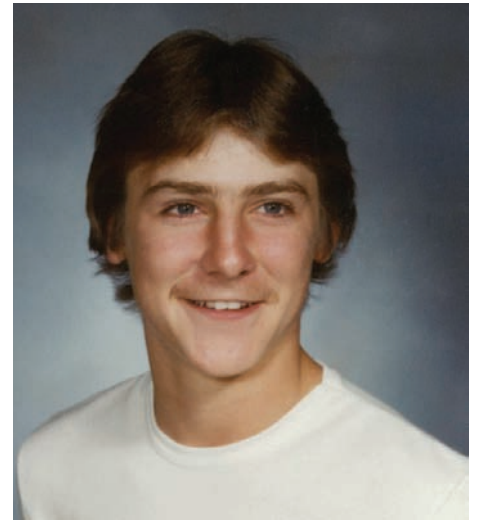
January 28, 1957 - November 20, 2007

Every day in some small way,  
We miss you more than words can say.  
In our hearts you will always stay,  
Loved and remembered every day.  
We miss you with all our hearts.

-Lots of love,  
Marlys, Daniel, Monica, Bonnie  
and Stacey (Boo)

### ANNOUNCEMENT

#### IN MEMORIAM



Robert Peltz

In loving memory  
of our beloved son, brother, uncle  
Robert  
who left us suddenly  
on November 19, 1983

There will always be a sadness,  
And often a silent tear;  
But always special memories,  
Of days when you were here.

-Lovingly remembered by Mom,  
Mark, Lisa, Tracey, Nicole, Ben,  
Ashley, Keegan, Ashley, Jason, Ryan, Lachlan  
and Sophia

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