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RW Bobby Bend Grade 2/3 students, left to right, Nora Williams, Freyja MacNeish and Ashlynn Taplin show off their friendship bracelets that are now in Ottawa. The bracelets are a symbol of friendship and may be worn to honour the time, energy and love put into them.

TRIBUNE PHOTO BY LANA MEIER

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Royal Canadian Legion Branch #52 hosts Veteran's dinner

By Jo-Anne Procter

The atmosphere at the Royal Canadian Legion Branch #52 last Saturday was charged with respect and gratitude as they hosted their annual Veterans' Dinner. This esteemed event marks the beginning of Veterans' Week, a time when communities come together to honour those who have served.

Branch #52 president Tim Williams greeted guests and introduced veterans, veteran's widows and the branch's dedicated executive members.

The evening commenced with a march of the Colour Party led by sergeant-at-arms Howard Hilstrom. A moment of silence followed — an opportunity for everyone to reflect on fallen comrades who bravely served on land, sea and air.

The gathering wasn't just about food; it was a reminder that our safety and comfort stem from countless sacrifices made by these courageous individuals.

Comrade Gord Goresky requested all in attendance to charge and raise their glasses in a toast to both the King and our fallen comrades.

A delicious roast beef dinner soon followed, prepared and served by dedicated legion volunteers.

Once the plates were cleared away, attention turned back to the front of the room where special guests shared their insights and experiences.

Dr. Peter Denton is challenging

the status quo of education when it comes to military history. As an adjunct associate professor of history at the Royal Military College of Canada, he is raising a critical alarm about the lack of university courses dedicated to understanding war and its implications.

Denton currently teaches the history of technology and warfare at the University of Winnipeg and noted that many students are growing up without any real grasp of what warfare entails. In a world where conflict often seems like an easy solution, this ignorance poses significant risks for future generations.

Denton pointed out Canada's role as a major exporter of military hardware, highlighting how disconnected society can be from these realities. He believes discussions on technology and warfare should permeate academic discourse year-round rather than just during Remembrance Day.

With assignments urging students to attend commemorative events, Denton hopes to bridge this gap in understanding — encouraging them not only to learn but also to reflect on sacrifices made throughout history.

"When we say 'Lest we forget,' I think we are in the midst of that problem because this generation is in a world full of war that doesn't understand what it means."

Local government representatives united in gratitude. Reeve Wes Taplin of the RM of Rockwood, Coun.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Veterans and special guests of the Royal Canadian Branch #52 annual Veterans' Dinner held last Saturday in Stonewall. From left to right: Len Johnson, Howard Hilstrom, Carol Schaeffer, Ken Power, Shirley Esaruk, Brian Stein and James Bezan.



The Royal Canadian Legion Branch #52 Colour Party raises a glass to toast the King and fallen comrades.

Angela Emms from the RM of Rosser, of Teulon and Mayor Sandra Smith Mayor Todd Campbell of the Town

Continued on page 3

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> **DINNER, FROM PG. 2**

from the Town of Stonewall all took a moment to reflect on the sacrifices made by veterans. Each shared their heartfelt appreciation for those who put their lives on the line.

It was clear that these officials understand the weight of service and recognize not only the physical sacrifices but also emotional tolls faced by veterans and their families. The tribute to these veterans extends far beyond just one evening's event.

James Bezan, member of Parliament for Selkirk-Interlake-Eastman, never misses a beat when it comes to honoring our veterans. His annual attendance at Branch No. 52's Veterans' Dinner is more than just tradition; it embodies his commitment to recognizing those who serve. He expressed heartfelt gratitude to Branch #52 for their unwavering commitment to remembrance.

During his speech, Bezan highlighted the often-overlooked risks that members of the Canadian Armed Forces and RCMP face daily. He noted how vital it is for Canadians to understand these sacrifices.

"Their sacrifices need to be recognized so we can understand their incredible commitment that they have made to serve," he said.

He also pointed out that it is essential to remember that military families also play a critical role in this journey. Their support often goes unnoticed, but is vital for maintaining strength during challenging times.

Bezan emphasized education and conflict resolution as keys to achieving lasting peace. As he put it, remembering those who have served helps us honour their bravery while fostering a safer future for generations to come.

He noted that this year holds special significance as Canada celebrates 100 years of the Royal Canadian Air Force. The legacy and valour of its members continue to shape our world today.

Ernie Tester, the Manitoba and

Northwestern Ontario Command president, took a moment to address the gathered guests at Branch #52. He praised the branch for the warmth and camaraderie that defines community.

He stated that Veterans' Week stands as a poignant reminder for all Canadians as it offers an opportunity to express gratitude towards those who have bravely served in the Canadian Armed Forces or RCMP.

He emphasized that it is our duty to remember not just those lost but also those currently engaged in conflict zones worldwide. Their commitment is vital in maintaining peace and supporting humanitarian efforts across the globe.

In doing so, we uphold our freedoms and cherish the simple yet profound security they provide for our families.

District Command comrade Ken Morley shared a poignant reminder about military life. It's not just a job; it's a way of life. The commitment goes beyond standard hours and expectations.

As the evening progressed, Branch #52 president Tim Williams expressed gratitude to those who beautified the legion. Ivannia and Paul Pelletier were recognized for their dedication to maintaining the stunning flowerbeds all summer long.

Emmy Byle also received heartfelt thanks for her efforts in creating the striking poppy nettings that adorn both inside and outside the legion hall. These thoughtful touches enhance the atmosphere during such

significant events.

Williams wrapped up by urging everyone to remember their obligations as members of the Royal Canadian Legion, emphasizing unity and camaraderie among comrades.

With formalities behind them, guests moved into the clubroom where Vintage Groove awaited, providing lively entertainment for the rest of the evening.

A Remembrance Day service will take place at the Stonewall Legion on Saturday, Nov. 11. Doors open at 10 a.m. The service will start at 10:45 a.m., fol-

lowed by a light lunch. All are welcome to attend and take part in honouring our heroes on this meaningful day.

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Balmoral Flight Night craft beer fundraiser a success



TRIBUNE PHOTOS
BY LANA MEIER
Balmoral's second annual Flight Night fundraiser was

a success on all counts — a full house, great music, good food and good company. The Balmoral Community Hall hosted the fundraising event, which raised funds towards the ongoing operation and continuous improvement of the facility. Attendees enjoyed craft beers by Kilter and Sookrams Brewing Company as well as snacks from Abby McLeod of Prairie Fusion Catering Co. Live music by the band Heartsleeve kept the crowd entertained.

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Friendly gesture connects Stonewall students with Ottawa

By Jennifer McFee

Friendly Manitoba, indeed!
Local students are extending a hand in friendship through a creative project that will forge connections between Stonewall and the nation's capital.

Recreation facilitator Laine Wilson will be heading to Ottawa in November to represent Manitoba as a board member with the Canadian Parks and Recreation Association. Along with a small group, she'll travel to Parliament Hill to convey messages about the importance of parks and recreation to Canadians.

While she's there, she'll also hand out about 30 colourful and creative friendship bracelets made by Ecole R.W. Bobby Bend students.

Grade 2/3 teacher Danielle Marceca said she's grateful her class is part of this interprovincial project.

"They are very excited to showcase their creativity," she said. "Students were happy to know that their designs would be shared and celebrated."

At the same time, the initiative incorporates an educational component.

"Identifying Canadian symbols and what it means to be a part of a community ties directly into the social studies curriculum," she said.

"This topic has opened more in-depth discussion amongst our class."

The class also discussed Indigenous perspectives after Orange Shirt Day, and Marceca said it was great to see how many students chose to incorporate words and themes they learned from those lessons.

"Having the kids take part in this activity allows them to form real-world connections to the things they are learning about. I've watched them take pride explaining their designs and seeing them come to life," she said.

"Making the bracelets with the materials Laine provided has also been a great fine motor activity."



Debra Adamik and Livie Chatfield with their Indigenous and Miigwech friendship bracelets. Miigwech is an Anishinaabemowin (Ojibwa) word that means "thank you."

As for the students, they shared positive responses to the project.

"I like that the bracelets are different because being different is special," said one wise student.

Another student felt special for being involved in the project, while a classmate said the best part was the design process.

Adding another local component is teacher Taylor Sholdice's Grade 5 class at Ecole Stonewall Centennial School, who will design the suit that Wilson will wear when she visits Parliament Hill.

The purpose of these gestures is to foster connection and community. Although Wilson is not sure yet who she



TRIBUNE PHOTOS BY LANA MEIER

RW Bobby Bend Grade 2/3 students, left to right: Livie Chatfield, Tenley Lazo, Jacob Herrera and Nico Medina and teacher Danielle Marceca with their bracelets.

will give the bracelets to, she's certain it will be the highlight of her trip to share these heartfelt handmade treasures.

"Our communities are full of brilliant, wonderful people and I want to make that impression on the Hill," she said.

"I am so grateful for our communities and the relationships we have within them, specifically our schools. The schools and our youth are important future leaders — and I am always blown away with the impact they have inside and outside of the systems."



Paisley Wilson, left, and Miah Guerreiro share their love for Canada.



Landon Carlton and Nixon Coutu put the finishing beads on their bracelets.

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Stonewall Art Group artists unveil new display at Heritage Art Centre

By E Antonio

A vibrant new art wall has just been unveiled at the Quarry Park Heritage Arts Centre (HAC), showcasing the talents of thirty artists from the Stonewall Art Group (SAG).

"[SAG] is a group of non-professional artists who come together to be their best artistic self," explained SAG administrator David Mackinder.

For over a decade, SAG members have created three unique displays for the HAC lobby throughout the year, each composed of their own artwork.

The new display, unveiled on Oct. 28, features the theme of planet Earth's gorgeous landscapes, sunsets and sunrises.

"These themes are picked from members' suggestions, and we pick a set of themes that challenge and inspire the members," said Mackinder.

He noted that many of the artists' works are directly inspired by photographs they have taken themselves.

Shannon Riddell is one of the SAG members showcasing their work in the HAC display.

Riddell is a painter who primarily works with acrylics, but she has also had experience with watercolour and oil paintings.

"I started painting when I was in my 20s with my mom, who was an artist. I painted with her whenever I had the time," she said.

Riddell's painting hobby stems from her mother's passion for art, and she gained her painting skills through personal experience.

This is the fourth HAC display for the local painter, who mainly paints landscape art and is grateful to be a



The SAG display will be up until February at the Quarry Park Heritage Arts Centre.

part of the experience.

"I really enjoy showing people that I like to paint, and I like to show my paintings. Sometimes my paintings are not the greatest, but I enjoy just trying to get better."

Riddell has multiple paintings for display, two of which are inspired directly from her photos.

"I have a landscape I will be putting up on the wall and it is an ocean scene from Puerto Vallarta, Mexico, of the waves crashing on the rocks," she noted.

Riddell also has a picture of her family's old barn.

"I painted it as a keepsake for my children."

SAG's final display of 2024 also incorporates two new brochure racks



TRIBUNE PHOTOS BY HALEY CVAR

The Stonewall Art Group unveiled their new display featuring planet Earth's gorgeous landscapes, sunsets and sunrises on Oct. 28.



into its design. One rack houses the SAG brochure, while the other features an art wall road map.

"The road map will map the entire wall of approximately 50 artworks," Mackinder explained.

The road map documents the title, the artist and their contact information, and the price of the artwork if it is for sale.

"This road map will enable viewers

to identify all the works displayed and work as a takeaway for those that are interested in purchasing the same," added Mackinder.

He noted that only a select number of artists chose to commission their work, so he advises that not all artworks may be available to purchase.

Riddell will be selling two of her

Continued on page 16

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STONEWALL

Innovative approach to rural health care

By Jennifer McFee

Canada's first ever National Rural Health Week took place from Oct. 21 to 25 in recognition of the need for better access to health care in rural communities.

This recognition week acts as a call to action while also supporting innovative solutions for rural health challenges.

In Teulon, the medical clinic has seen success through its forward-thinking method.

"Over the years, we changed health care in Teulon from a physician-focused model to a multidisciplinary team-focused model. It's through teaching and students that we've actually been able to achieve that," said Dr. Mike Loudon, medical director of Teulon Medical Clinic.

"There's learning occurring for all of us — patients, providers, our staff, myself. We have auxiliary staff and clinic backup as well. The whole team all works well together, and that's what we like. It makes the day fun."

The clinic continues to welcome students who are pursuing studies in health-care fields, and many of them end up returning to the community to launch their careers. Loudon outlined the benefits of working with students in the health-care realm.

"It benefits everybody involved. My primary benefit is that I have to stay on top of my game if I'm teaching. I've got to make sure I'm teaching the current best practices," he said.

"Also, students bring new ideas. I've been doing this for a long time and very often I'm learning new things from students, so it's a two-way relationship."

Currently, Loudon is working with physician assistant student Nilusha Wijewardana, who is on an eight-week rotation for family medicine. Prior to that, another physician assistant student learned at the Teulon clinic for a four-week clinical rotation.

"From a community point of view, they've gotten used to having students in the office. The patients appreciate seeing students and value the care provided by more than one



TRIBUNE PHOTO SUBMITTED

Back row: Ashley Wicklund, physician assistant; Lisa Taylor, medical office manager; Aravind Pampackal, nurse practitioner; Adrian Sawatzky, nurse practitioner; and Shaleen Loudon, RN; Front row: Lena Reed, administrative assistant; Dr. Ashton Hurley; Dr. Michael Loudon; Dr. Victoria Kornelsen; and Sabrina Windross, medical office assistant.

provider in a single visit — very often patients deal with two or three of us," he said.

"We also know that engenders healthy conversation about what we're doing with a patient so it's not a one-sided opinion as to how we treat. There's a lot of discussion that helps with how we determine the treatment plan or ongoing management plan for any one patient. A lot of what we do is chronic care and sometimes we have to change direction."

The approach seems to be working, since many former students who trained at Teulon Medical Clinic are now long-standing staff members, including Dr. Ashton Hurley, physician assistant Ashley Wicklund and nurse practitioners Aravind Pampackal and Adrian Sawatzky.

"Our students have come back to us and have become part of our team. We're really fortunate about the committed providers that we have in Teulon," he said.

"We've grown and I think it's because of the supportive appreciation we have for learning that we've been able to do that. Everybody in the clinic does get involved in teaching."

Community members get involved by welcoming students, and some even provide accommodations for them. Loudon and the Teulon community also provide a memorable experience for students who visit during the annual Rural Week event.

"It's worked well," Loudon said, "and there's a lot of traction in the community for supporting students."

Loudon encourages other practicing medical practitioners to invest time in teaching upcoming generations.

"I honestly believe that every provider should teach. Everybody complains about time, but somebody took the time to teach us. You don't need to have a student with you all the time, but I do believe that we should all be engaged in teaching," he said.

"It is a way to give back. Students learn different things from different people in different ways. The more we share, the better we are."

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jen@stonewallteulontribune.ca

Whatever happens, the newspaper will survive

Every week the team behind this paper works tirelessly to provide readers the latest about what's going on in the community they call home. There are late nights and early mornings. There are countless interviews and phone calls. There are hours and hours spent writing and rewriting. There are photos to take and edit. There are pages to layout and proof-read. There are deadlines that need to be hit and then, like magic, words and pictures that once existed only in the journalist's mind are transformed into something tangible — a printed newspaper, the weekly miracle.

Readers can be forgiven if they assume that once the paper has been sent to press, the whole process starts over again. However, the greatest newspaper in the world isn't much good if it doesn't get into the hands of those who want to read it.

Publishers large and small have all grappled with how to efficiently and cost-effectively distribute their papers since Gutenberg first put ink onto movable type. Ask any newspaper owner and they'll tell you that one of the things that keeps them up at night is whether or not their pub-

lication will get to readers in time. After all, who wants to read old news and expired ads?

To solve this problem, many newspapers, including this one, use Canada Post. On the surface it seems like an ideal situation — the publisher gives the papers to the post office who then delivers them to any address in Canada. Simple, right?

If only.

First of all, that level of service is expensive, with many publishers spending more on mailing their papers than they do in creating them. There are issues with papers not being delivered on time or even at all. Customer service can be poor and investigations into complaints often only consist of asking the postal worker if he or she did their job. Then there's the fact that newspapers and Canada Post are fighting for the same flyer customers, meaning that the Crown corporation can decide on a whim that newspapers with flyers are now classed as junk mail.

With friends like that ...

However, for all the headaches, delivering through Canada Post is often the only viable distribution option for

what is often the only viable source of truly local news. Without that service, communities are much less informed than they should be. This is why both Canada Post and the Canadian Union of Postal Workers need to come to an agreement to avoid any prolonged shutdown. The health of democracy depends on it.

If there is a lengthy strike or lockout, newspapers will find a way to do their civic duty. They'll make greater use of their websites. They'll drop more copies at stores, libraries and community centres. They'll email replica editions to subscribers and readers who request them. The news will get out. The ads will get out. Newspapers will not let their communities down.

However, both sides would be wise to remember that in an era of sharply declining mail volumes, local newspapers are often the largest and most reliable customer of the local post office. If that business were lost, it would mean less revenue for Canada Post and fewer members for the union, which is something that neither side wants.

- Your community newspaper

letter to the editor

Letters to the Editor:
news@stonewallteulontribune.ca

What is a veteran?

Each year, on the eleventh hour of the eleventh day of the eleventh month, Canada pauses to honour those who gave their lives during the wars.

Veteran Canadian Legion members conduct these somber ceremonies and

as the years pass, they become fewer and fewer.

However, the number of veterans who are still with us is seldom mentioned. Webster's Dictionary defines a veteran as someone who has served in the military. What is seldom mentioned during these ceremonies are the thousands who retired from the armed forces.

Are they not worthy of mention?

Should they not be recognized as well?

South of the border, during most public functions, there is a practice that veterans are recognized and thanked for their service. Would it not be an acceptable practice to adopt in this country as well?

Just a thought.

- P. Parent, Gimli

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PC critic for Finance concerned with NDPs new high-cost budget

By Ty Dilello

Manitoba's Premier Wab Kinew and the NDP used their majority government last week to push through a \$24-billion omnibus budget bill and block Opposition amendments aimed at protecting Manitobans from overnight tax hikes and preventing the government from making decisions without public input.

"This budget is the NDP's blueprint for more taxes, fewer services, and less accountability over the next four years," said Midland MLA Lauren Stone, PC critic for Finance. "Manitobans have every reason to demand better than a budget that will cost them jobs, raise their taxes and fund the NDP's partisan agenda. We will continue to hold the NDP accountable and fight for the right of every Manitoban to affordable living and a transparent government."

During debate in the legislature last week, Progressive Conservatives outlined several major concerns with the 2024 budget, emphasizing the new costs it puts on the backs of families, workers and small businesses:

- Fuel and property tax hikes: The budget grants the NDP authority to increase fuel taxes at the cabinet table without legislative oversight and imposes a significant \$150-million property tax increase on all Manitoba homeowners, hitting those with cottages and rental properties the hardest.

- Income tax hikes for skilled workers: Professionals like doctors, engineers and tradespeople will see higher income taxes as the budget eliminates their basic personal exemptions, driving talent out of the province and making it more difficult for key industries to recruit skilled workers to Manitoba.

- Higher energy bills: By eliminating legislated debt reduction targets for Manitoba Hydro, the NDP are opening the door for annual electricity rate hikes of up to four per cent, raising energy costs for families and businesses, while the NDP's support of the carbon tax will see home heating bills rise by 23 per cent this winter.

- Restrictive labour laws: Banning replacement workers leaves businesses vulnerable to prolonged labour strikes, while eliminating the right to secret ballots undermines the democratic rights of every worker.

- Partisan use of public funds: The budget doubles taxpayer-funded rebates for political parties, funneling more public money into partisan election advertising without voter consent.

Lac du Bonnet MLA Wayne Ewasko, leader of the official Opposition, also highlighted that the 2024 budget failed to allocate funding for new schools, daycares or care homes, and slashed tens of millions in funding for community development and youth employment programs.

Midland MLA Lauren Stone, PC critic for Finance, said that by pushing an omnibus budget bill through the legislature without any chance for public hearings on signif-



PHOTO SUBMITTED

Midland Manitoba member of Legislative Assembly Lauren Stone.

icant changes to labour and election financing laws, the NDP are making Manitobans pay for a high-cost budget they had no say in.

"It's non-democratic and a non-transparent bill that they're doing," said Stone. "Not only are they introducing tax grabs on Manitobans, but they've stapled these five different pieces of legislation to the back of the budget bill. All of these should be stand-alone legislations as they're not minor changes or amendments. They should all go through a public committee process, and the NDP are undemocratically stapling these to the back of the budget bill, which means that the public does not get a say in it."

Stone noted that the PCs tried to introduce a couple amendments earlier this week that reduce the amount that the NDP can bring the fuel tax back.

"They voted against our amendments, but we'll be asking more questions once we get to third reading, but the NDP are ramming this through. Manitobans are about to see the largest fuel tax increase that they've ever experienced on Jan. 1 once the rate goes from 0 to 14 cents. And other than that, the NDP have no affordability measures, and they are completely eliminating the education property tax rebate that Manitobans have enjoyed over the past few years."

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Lest We Forget

But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children. (Deuteronomy 4:8-NRSV)

November 11th is almost here. On this very important date, many of us will make our way to our local Remembrance Day service, or if that isn't possible, watch the national service on television. I will be taking part in the service at Stony Mountain Community Centre.

For as long as I can remember, attending a public service of remembrance has been a part of my family tradition. As a child, I would attend with my parents and brothers. As my own two children came along, they were also included in this tradition. On the odd occasion when we could not participate in person, we were sure to watch the national service on television.

In Stony Mountain, this service is an integral part of our community. Even during the pandemic, it was so important to us to continue this tradition, that we pre-recorded the service at our local cenotaph and broadcast it on Remembrance Day. Always an important part of the service, young people take a central role. Whether they are greeters, reading *In Flanders Fields*, part of the laying of the wreaths, speaking, or lighting the candles with their family, children and youth are included.

While children and youth do mark Remembrance Day in their schools, it's so important to also be marking this day in community. As we gather as neighbours, we remember that the sacrifices of our veterans, and those who are serving still, are for all of us.

As the Chaplain at Royal Canadian Legion Branch 52, which represents the Members of Stonewall, Teulon and Stony Mountain Branches, I hope that you will take the time to go to a public service this year. As we look around the world, gratitude for our freedom and the need to work for a free and just world is ever before us. Let's show our veterans, those who serve now, and our children and youth, that the community cares about the freedoms they have now, and the world they will inherit.

Rev. Mona Denton
Stony Mountain & Lilyfield United Churches
stonymountainlilyfieldpc@gmail.com
204-344-5426

 at Stony Mountain-Lilyfield
Pastoral Charge

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@stonewallteulontribune.ca. Please include your name, address, and phone number for confirmation purposes.

Bobby Bend students educated to know their snow zone

By Jennifer McFee

Do you know your snow-clearing zone? Stonewall elementary school students do!

Students at Ecole RW Bobby Bend School are participating in a "Know Your Zone" colouring contest with information about the town's snow zones.

The colouring sheet shows a map of the town, and students start by colouring their snow zone. For those who live outside of Stonewall, they will colour the school's snow zone. After that, they need to get the signature of a parent, who will hopefully remember their family's snow zone.

The corporate services department is about to begin snow zone communication efforts to residents in preparation for winter.

"We want to try to reach as many households as possible so that they are aware of the snow zones, how they work and how the notification process works," said Marilisa Voth, corporate services manager.

"By sending a colouring sheet home with all the elementary students, we hope it gets the information into a few more homes."

Students who bring their colouring sheet back to their teacher by Nov. 15 will be entered to win a prize.

In other council news:

- Council hosted a public hearing related to a request to vary the minimum dwelling area requirement to 362 square feet from 600 square feet to allow for a studio apartment to be included in the Phase 2 expansion of 27 units at The Renaissance.

Located on 3rd Avenue South, The Renaissance is a four-storey 50-plus rental apartment development that's been built over two phases. Phase 1 features 33 units that were built in 2020 at 600 3rd Ave. South. Phase 2 will have 27 units that will be built in 2024-25 at 650 3rd Ave. South.

These Phase 2 units include two floor plans that would

require a variance. Suite D is a one-bedroom, one-bathroom unit spanning 596 square feet, while suite G is a studio-style unit spanning 362 square feet. The maximum floor space in Phase 2 is 1,270 square feet.

These units would allow the applicants to qualify for Canada Mortgage and Housing Corporation's multi-unit mortgage loan insurance select program, and provide access to an affordable place to live.

"It is our belief that there is a need for age in place housing in the Town of Stonewall, and that there is an unmet need for smaller, more affordable housing that these units will help The Renaissance meet," wrote Tim Comack, Ventura's vice-president of development, in a letter of intent.

According to the applicants, the studio units would create housing opportunities for older family members, as well as for people visiting the town for an extended stay. In addition, the one-bedroom apartments would allow widowed residents to have a place to call home in the community.

South Interlake Planning District did not have any significant concerns with the request. Council approved the request.

- Stonewall council considered a conditional use request to allow an electronic sign to be installed on a free-standing business sign for Home Hardware on Main Street.

The applicants would like to upgrade the existing reader board to an electronic LED sign, which would allow Home Hardware to update messages more efficiently with less risk to employees. They would have remote access to monitor and ensure proper functioning of the sign.

The proposed sign would be 113 inches wide by 47 inches tall. It would be mounted on the bottom part of the existing pylon sign at the west entrance to Home Hardware.

The sign would be equipped with ambient light sensors that will automatically adjust their brightness level based on actual light conditions. The nearest residence is about 224 feet away, with vegetation that would provide screening between the home and the sign.

South Interlake Planning District did not have any significant concerns with the request. Council approved the request.

- The Town of Stonewall submitted a simplified application for water rates to the Public Utilities Board for 2025. A portion of the application requires regulatory adjustments for the 2023 utility year-end financial statement, resulting in a deficit.

Council approved an application for a \$125,095 utility operating deficit for 2023.

To recover the deficit, the town will use existing utility surplus funds that currently have a balance of \$15.3 million as of December 2022.

- Council gave first reading to a bylaw to establish new criteria and guidelines for the installation and construction of residential driveways onto public streets. This is administrative changes to make the wording the same for the driveway and lot grade bylaws.

Council also gave first reading to a bylaw related to the

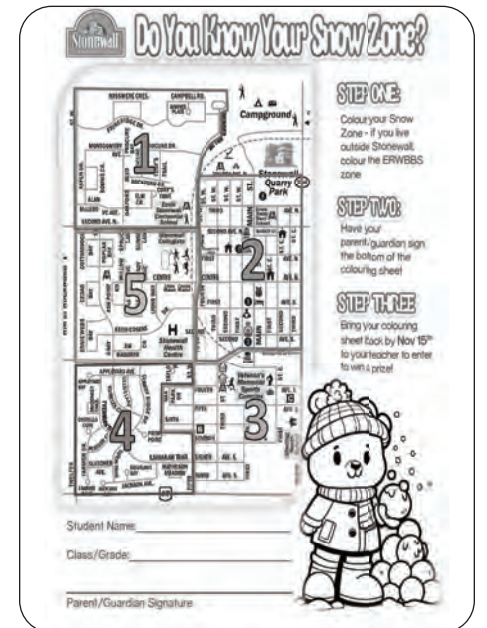


PHOTO SUBMITTED

Bobby Bend students are participating in a Snow Zone colouring contest.

regulation and control of animals within town limits. Council is looking to extend the time an animal could be held before a final decision must be made regarding euthanizing the animal.

In addition, council gave first reading to a bylaw to regulate traffic. Council indicated they would review the new traffic bylaw implemented in the winter of 2024 after it had been in place for a while to see if any changes were needed, and this bylaw would allow for those changes.

Council also established a policy for the application process for hosting a parade in conjunction with the town's traffic bylaw, as well as a policy for requests for recognition by town council with criteria to evaluate the requests.

- Mayor Sandra Smith was authorized to attend the Health Workforce Development Coalition on Oct. 30 at the Selkirk Regional Health Centre, and costs will be paid according to the municipal indemnity bylaw.

- This year's tax bill includes several levies. The kiln restoration levy goes towards the portion of the town's contribution for the kiln restoration project. The lagoon update levy is to cover costs of the lagoon expansion that took place in 2016. The urban services levy addresses the discrepancy in services between properties inside and outside the annexed area. The "Limp watermain" levy is for sewer and water projects that were completed in 2011 and 2013. The Heritage Arts Centre levy has been in place since 2015, and it's for the building of the current HAC.

The tax bill also includes waste and recycling charge for sold waste pick-up service in town. To learn more, visit <https://www.stonewall.ca/p/understanding-your-tax-bill>.

INTERLAKE SCHOOL DIVISION
Preparing Today's Learner for Tomorrow

KINDERGARTEN REGISTRATION

November 18 - November 29, 2024

INTERLAKE SCHOOL DIVISION requests that all parents/guardians of children eligible to attend Kindergarten in the 2025/2026 school year register their child with their local school between November 18 – November 29, 2024.

Kindergarten enrollment information is essential for divisional planning for the upcoming school year. If you have an eligible student for the Kindergarten class of 2025/2026 it is important that you register with your local school during this registration period.

Please visit our website for school contact and registration information. www.interlakesd.ca

Kindergarten programs are offered at Teulon, Balmoral, Stony Mountain, Rosser, Argyle, Warren, Woodlands, and École R.W. Bobby Bend School in Stonewall.

Brant-Argyle School offers a Multi-level Learning program with all day Kindergarten every day.

French Immersion Kindergarten is offered at École R.W. Bobby Bend School.

Children who will reach their fifth birthday by December 31st, 2025 are eligible to attend Kindergarten in the 2025/2026 school year. Proof of age and address are required.

We are here to make a difficult time easier for your family.

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Woodlands applies for fire protection high-volume well funding

By Autumn Fehr

The RM of Woodlands cancelled the Nov. 26 council meeting due to the AMM fall convention. The Dec. 24 meeting is also cancelled due to Christmas Eve.

Council approved the following projects submitted to the Manitoba Growth, Renewal and Opportunities for Municipalities Program to help address critical infrastructure needs. Woodlands has requested provincial support for two projects:

- Construction of a high-volume well in Warren for fire protection and community service.
- Reconstruct and asphalt a portion of Broadfoot Avenue and Good Street.

Both of these projects are included in the municipality's five-year capital plan. If they are successful with the funding, the program will cover up to 50 per cent of the costs. CAO Kaitlyn Griffith said they likely won't find out whether they've been approved or for how much for several months.

Council passed the second reading of a bylaw to establish an administrative penalty scheme for enforcing certain bylaw contraventions and an adjudication scheme to review screening officer decisions. This was an existing

bylaw under the Municipal Bylaw Enforcement Act. The RM is updating it to apply to more bylaws, to have an updated penalty scheme with a reduced payment option and to provide for the issuance of formal warnings.

During the winter months, snowmobilers have been using the easement area as a trail, causing nuisance for the property owners. The privately owned property has a municipal drainage easement on it, which prohibits the installation of permanent fencing.

The owners have requested council assistance in discouraging the easement area's public use. Council has authorized the owners to install temporary fencing on the easement area during winter months. The fencing must be removed in the spring so as not to inhibit drainage or snow removal from the ditch. The municipality will supply the temporary fencing and a permanent "private property" sign. CAO Griffith said that it would be up to them whether the owners decide to proceed with the fencing.

IN OTHER COUNCIL NEWS:

- Council gave first reading of a bylaw to establish various posi-

tions as designated officers, giving certain employees the authority to act on behalf of the municipality under the Municipal Act. It was an existing bylaw that needed to be updated to reflect current positions. Someone assigned as a designated officer can act on behalf of the municipality under a bylaw or act. Each municipality sets out which positions are the designated officers for their RM.

- Council authorized a donation of \$25 to the Meadow Lea Turkey Bingo on Nov. 8.
- Council appointed a 2024 tax sale auctioneer on Feb. 23 for \$350, which was included in the reserve bid. The auctioneer did not attend the tax sale on Oct. 9. Office administrator Janet Brown acted as the replacement auctioneer. The auctioneer fees will be paid to Brown from the reserve bid.
- Two RM of Woodlands Fire Department members conducted Level 1 firefighter training from Oct. 20, 2021, to June 8, 2023. One trainer completed 282 hours of training, and the other completed 222. An informal commitment to compensation was made to the members prior to training, but nothing was formalized. Council authorized Steve Jones and Harrison Kuzmik to be compensated

a total of \$8,042.58 between the two for their hours of training. This was not included in the budget.

- The finance manager and CAO were authorized to attend MMA's Finance and Administration Boot Camp 2.0 in Winnipeg from Dec. 12 to 13 for \$600.
- Woodlands council passed the first reading of a bylaw that regulates the deposit of waste on public or private property, regulating and controlling the use of solid waste disposal facilities and establishing fees to be charged for the delivery of waste to the solid waste facility (the transfer station).
- The \$27,824.00 quote from J R Cousins Consultants for the design of the transfer station ramp and landfill closure report was approved. This quote was to accept the engineer who will do the design. There has yet to be a design or timeline.
- RM of Woodlands appointed Coun. Valerie Stelck to the Interlake-Eastern Regional Health's Health Workforce Development Coalition. There is no cost other than Stelck's time and mileage expenses.

Locally filmed Christmas flick to screen at Flicks



By Jennifer McFee

Christmas is coming early to Stonewall. *The Best Christmas Pageant Ever* will be shown at Flicks Cinema from Nov. 16 to 21.

Many scenes were filmed in Stonewall for the Lionsgate and King Story Company production.

Based on the bestselling novel by Barbara Robinson, this inspirational comedy follows the rowdy Herdman siblings, who lie, steal, bully — and even hijack the town's Christmas pageant by forcing themselves into the lead roles. Yet, throughout all their mischief, they might just be the ones to share the true meaning of Christmas.

Dallas Jenkins (director of *The Chosen*) directed the film.

The film was produced by Kingdom Story's Kevin Downes, Daryl Lefever, Andrew Erwin and Jon Erwin, along with Darin McDaniel and Chet Thomas. Jenkins also served as the executive produce alongside Gerald R. Molen, Mark Kendell and Tony Young.

In Stonewall, filming took place on Main Street between Centre Avenue and 1st Avenue South. Other film locations include a house on 1st Street East, a house on 2nd Avenue North and at Ecole Bobby Bend School.

In Winnipeg, filming took place at a few houses in River Heights, as well as at the

University of Manitoba, St. Aidan's Church, St. Luke's Church and Earl Grey School.

How many familiar places and faces can you spot in the film?

ROYAL CANADIAN LEGION
STONEWALL BRANCH - 467-2261 Lic #418

Clubroom Events for the Week of November 4

Wednesday 4-10 Chase the Queen Draw at 8:30 Pot is over \$3,600
Thursday 4-10 Crib at 7pm sharp!
Friday 4-close Meat Draw at 6:30
Saturday 2-close

Remembrance Day Service Monday November 11 - Doors open at 10 -
Light lunch to follow the service
Dinner Saturday November 30 - Ham and Scalloped Potatoes Tickets
are \$12.50 and available at the bar
All are welcome - Support your local legion

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Sign up to be a Secret Santa for a Senior

By Jennifer McFee

The festive time of year is almost here, and you have a chance to make a senior's holiday season a little more jolly.

The Secret Santa for a Senior program aims to provide Christmas gifts to seniors in facilities in the community.

Donna Grieve of Stonewall was inspired to launch the program after her sister started something similar in Alberta. This year, about 220 local seniors will receive a gift through the heart-warming initiative.

Currently, about 70 more Secret Santas are in demand to cover all the seniors participating in the program.

"People can help by sponsoring one or more seniors — or if they prefer to make a monetary donation, I will do the shopping for them," Grieve said.

"This year, I have already received two generous cash donations, one from Interlake Salvage and the other prefers to remain anonymous. Private and corporate donations are always welcome. I encourage business owners or managers to ask their staff if they would each like to sponsor a senior as a group Christmas initiative."

The types of gifts differ depending on the facility, she added.

"Typically, we like to include unscented lotions and body wash, blankets, manicure kits, a small Christmas ornament or picture books," she said, adding that elementary school children make cards to accompany the gifts.

"One thing that has changed from previous years is that many of the facilities have provided me with wish lists from each senior. This helps us to tailor

their gifts to include items they need rather than our Secret Santas choosing items from a generic list. Other facilities simply said their seniors would be happy with anything."

For Grieve, it's important to support seniors at Christmas time.

"For many, Christmas is all about children, but we cannot forget that many seniors have outlived their family members or have no family nearby and would otherwise not receive any gifts at all," she said. "My goal is to help make sure that our seniors receive something to open."

She has already started to assign seniors to their Secret Santas. The deadline to turn in gifts is Nov. 27, which will give Grieve and her team of volunteers enough time to inspect and organize the gifts before distributing them.

The sweet gesture brightens the spirits of seniors, which in turn brings joy to Grieve.

"The smiles on their faces is all the reward I ever needed," she said.

She also expressed gratitude for everyone involved in making the initiative a success year after year.

"I would like to thank the community for stepping up and helping to make this mission possible," she said.

"I can't take all the credit since my program would not be possible without the generous contributions from everyone that participates — seven years strong and still going."

Anyone who would like to get involved can join the Secret Santa for Seniors Facebook group and sign up to become a sponsor or simply help with



TRIBUNE PHOTO SUBMITTED
Hilda was one of the recipients of a gift from a Secret Santa.

delivering or distributing gifts at a facility.

Stonewall resident recognized by lieutenant-governor

By E Antonio

Stonewall's Jon Gerrard was among the esteemed Manitobans selected to receive The King Charles III Coronation Medal on Oct. 24.

Fifty-five Manitobans who have displayed exemplary contributions to the province or country were selected by Anita Neville, lieutenant-governor of Manitoba, to receive the prestigious award.

Gerrard's efforts included many contributions to Winnipeg's Children's Hospital and CancerCare Manitoba. He also served as a Portage-In-

terlake political representative for many years, and he was the leader of the Manitoba Liberal Party. Gerrard advocated for improved health-care systems and advocated for individuals living with learning disabilities.

Gerrard is also the co-lead on a bald eagle study, which has been researched for over half a century.

A complete list of The King Charles III Coronation Medal recipients can be found online at www.manitobalg.ca under the "Awards" tab.



TRIBUNE PHOTO BY TRACEY GONCALVES PHOTOGRAPHY
Jon Gerrard received The King Charles III Coronation Medal on Oct. 24 by Anita Neville, lieutenant-governor of Manitoba.

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 - Post cards
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- Call Today!
204-467-5836**

Interlake School Division news in brief

By Jennifer McFee

While school was out for summer, Interlake School Division staff were hard at work completing projects at different schools.

At Brant-Argyle School, the community sign was equipped with electrical and network connections, an electrical panel for the stage was installed and boiler repairs were done.

At Balmoral School, a new 20-foot by 20-foot garage was built.

Teulon Elementary School received new cubbies for grades 3/4 and 5/6 areas. The school also got an electrical upgrade, a PA system replacement and new fencing between the soccer field and bus loop.

Teulon Collegiate's culinary arts room underwent upgrades, complete with LED lighting, and all classrooms were painted.

At Stony Mountain School, the electrical panel was replaced, new upper and lower cabinets were installed in one classroom and new security cameras were added.

At Warren Elementary School, the PA system was replaced. And at Warren Collegiate, projects included drainage improvement at the track site, upgrades to the fire alarm system, installation of electric basketball net motors and installation of additional security cameras.

At Ecole RW Bobby Bend School, hallways were painted and new handwash sinks were installed.

Ecole Stonewall Centennial School now has a fully accessible kitchen for culinary arts and new main entrance flooring.

Collège Stonewall Collegiate projects include painting the exterior of the 1961 section and installation of a new water fountain.

Rosser School had new metal grating installed at the north door.

IN OTHER INTERLAKE SCHOOL DIVISION NEWS:



PHOTO SUBMITTED
ISD board chair Gord Greasley

- At the inaugural school board meeting for the 2024-2025 school year, elections took place to name the chair and vice-chair. Gord Greasley was elected as board chair, Sally Cook was named vice-chair by acclamation,

- Interlake School Division's transportation department is in gear for the 2024-25 school year. This year, the school division is transporting about 1,670 students on 34 routes. Currently, the division has 12 spare buses. A bus driver course is being offered this fall. Last year, nearly the buses drove nearly one million kilometres combined.

- The school division will offer a Leadership Development Learning Network course.

- In total, the school division welcomed 216 kindergarten students: 17 at Balmoral School, nine at Brant-Argyle School, 14 at Rosser School, 72 at Ecole RW Bobby Bend School (43 in English and 29 in

French), 17 at Stony Mountain School, 27 at Teulon Elementary School, 18 at Warren Elementary School, 22 at Woodlands School and 20 at the colony schools.

- Interlake School Division received \$168,000 in provincial funding to provide accessible nutrition programming. The school division has partnered with Community Living Interlake to deliver nutritional products to several schools. At the same time, the initiative provides employment opportunities for community members who work at Something Beautiful.

- The school board received information about a few overnight trips approved by the superintendent for upcoming high school sporting events.

- Kathy Simcoe has joined the curriculum team in the new position of Indigenous education support teacher.

- The school board approved payment of \$74,000 to upgrade Stony Mountain School's mechanical system.

- BDO Canada LLP will be the auditor for Interlake School Division for this school year.

- The school board gave first

reading to an indemnity bylaw and a procedural bylaw in the inaugural meeting. At the Sept. 23 meeting, they gave second reading to the indemnity bylaw and tabled second reading of the procedural bylaw.

Al-Anon and AA Meetings Information

Balmoral Al-Anon Family Group
Balmoral Community Hall basement
6003 E MB-236, Balmoral, MB
Contact: (204) 470-8972
Meets every Wednesday 7-8 PM
Everyone welcome

Selkirk Red River Al-Anon Family Group
Christ Church Anglican
227 McLean St., Selkirk, MB
Contact: (204) 482-6287
Meets every Monday 7-8 PM

Teulon AA
Christian Education Building
3rd Ave. SE, Teulon, MB
Contact: (204) 461-0155
Meets every Tuesday 8-9 PM

Stonewall AA
Parochial Hall
291 1st St. W., Stonewall, MB
Contact Denis: (204) 981-7747
Donna (204) 461-0892
Meets every Sunday 7:30-8:30 PM



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Stay Tuned reunited after five-year hiatus



TRIBUNE PHOTOS SUBMITTED

Stay Tuned band members Lori Grandmont, Kari Kinley, John Mak, Keith Lowdon and Don Horbas entertained a near sellout crowd Saturday, Nov. 2 at the Stonewall United Church. The band played a mix of popular music including oldies, country and more bringing the audience to their feet for a standing ovation. It was the first time the band reunited after five-year break.

Rosser council denies landscape/garden contractor request

Rosser council news in brief

By Jennifer McFee

A proposed landscaping and gardening business will not come to fruition after Rosser council vetoed the initiative.

Applicant J. Wintrup Consulting Ltd. sought approval from council to authorize two principal uses — one that is existing and another that is proposed — on the 10-acre property, which is located on the north side of the North Service Road for the Perimeter Highway, about one kilometre west of Provincial Trunk Highway 7.

Currently, an agricultural irrigation systems business called Ful-Flo Industries Ltd. operates on the property in a 6,048-square-foot building. In addition, there are three other accessory buildings on the property. Ful-Flo has a seasonal workforce of up to 20 staff members.

The applicant explained the Ful-Flo will continue with its operations, and he also proposed to develop a new landscaping or garden contractor establishment on the east part of the property. New municipal services



would be required for the proposed development.

The proposed business would include outside storage of landscaping materials, truck parking, equipment storage and employee parking. The applicant said there would be a maximum of 12 employees to fill various roles.

The proposed hours of operation are 8 a.m. to 8 p.m., with each truck travelling to and from the site twice daily, on average.

According to Rosser's zoning bylaw, it's prohibited to have two principal uses on a property.

South Interlake Planning District found the application to be inconsistent with requirements of the Planning Act, SIPD's development plan and Rosser's zoning bylaw and recommended that the application be denied. SIPD's development plan limits commercial development in agricultural rural areas to accessory

uses related to main farm operation; however, the proposed business is not related to a farm operation.

In addition, allowing a second principal use on the property would intensify commercial land use on the property and it might also put extra pressure on provincial and municipal infrastructure and services.

The SIPD report also noted that if council were to approve the request, it could set a precedent for future requests.

The report also notes that the proposed development could be detrimental to the health and general welfare of people living nearby and it could negatively impact nearby properties.

"The proposed development has the potential to negatively impact those living in the surrounding area, particularly two existing single-family dwellings located directly east of the subject property. The proximity of these residences raises concerns regarding common disturbances associated with an active truck fleet, mechanical equipment and the regular loading/unloading of landscaping materials, states the report.

"Such disturbances, including noise and increased traffic, may disrupt

the peace and comfort of nearby residents. Therefore, careful consideration must be given to how impacts from the proposed development will be managed and mitigated to ensure they do not compromise the welfare of those in the vicinity. This has not been adequately addressed by the applicant in their variance application."

Council denied the request.

IN OTHER COUNCIL NEWS:

Council considered a request to classify one of the single-family dwellings on a proposed subdivision lot as a detached secondary suite.

The subdivision requires an adjustment to lot boundaries of two residential yard sites. As a result of this boundary adjustment, one of the lots will end up having two single-unit dwellings on it. To comply with Rosser's zoning bylaw, one of the dwellings would need to be classified as a secondary suite.

South Interlake Planning District had no major concerns with the proposed detached secondary suite.

Council approved the request.

Regenerative Agriculture Workshop on Nov. 14

Free workshop for farmers

By Armand Belanger
EIWD Manager

Leading edge regenerative farmer Paul Overby will be speaking at a workshop in Stonewall on Nov. 14. This will be a great day to connect and learn from some of the best.

Regen Ag is revolutionizing farming by reducing input costs and enhancing soil, crop and herd health. It's also a game-changer for conservationists and watershed districts, boosting biodiversity, improving the water cycle, increasing carbon sequestration and building resilience to climate change.

This mini-workshop follows the Manitoba Forage and Grassland Conference in Brandon on Nov. 12 and 13. We've invited top speakers from the conference to stay an extra day in Manitoba to share their insights with those in the Interlake who can't attend the full conference.

You'll also hear from a panel of local producers who will share the rewards and challenges of implementing Regen Ag and discuss how shelterbelts can benefit both the farm and the community.

Paul Overby is a pioneering regenerative farmer from Wolford, N.D. He and his wife Diane grow a diverse range of crops and are leaders in sustainable farming practices. They work with major companies like General Mills to promote regenerative

agriculture. Paul is also active in local conservation efforts and has received several awards for his contributions. His innovative approach and dedication to stewardship make him an inspiring speaker for anyone interested in the future of farming and sustainability.

Blain Hjertaas brings 45 years of farming experience, transitioning

from high-tech methods to a more enjoyable and profitable regenerative approach. Now semi-retired, he still manages a small herd of cows while his family runs a large flock of ewes. Blain is passionate about soil carbon sequestration, actively measuring and improving soil health on his farm and others in Saskatchewan and Manitoba. His innovative practices make

him a compelling speaker for anyone interested in sustainable farming and environmental stewardship.

The event is free to attend and lunch is provided.

To register, call 1-204-642-7578 or email info@eastinterlake.ca.



**East Interlake
Watershed District**



Regenerative Agriculture Workshop

Quarry Park Heritage Arts Center
166 Main Street, Stonewall

Access Auditorium Room

Free to Attend!
Lunch Provided!

November 14th
10:00 a.m.

Special Presenters:

Paul Overby
Paul Overby is a leading edge regenerative farmer, along with his wife Diane, from Wolford, ND. They grow eight crops per year and are experimenting with polycropping. Their rotations are built mostly for ecological contributions along with economics. They began field zone management and no till in 2005.

Understanding Ag
Blain Hjertaas
Blain is passionate about soil carbon sequestration, and has been measuring soil carbon for many years. On his farm they are sequestering more carbon than one Canadian individual's carbon footprint on every hectare. He has been doing regenerative farming for the last 20 years and finds it much easier, more enjoyable and more profitable.

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> **ART GROUP, FROM PG. 6**

paintings. You can purchase her Mexican ocean scene and/or the painting of a sunset.

All the local artists worked tirelessly

to create the new HAC display, with an estimated 10 to 20 hours of work going into each design.

"These local displays represent the local population at a grassroots level.

No pretension here — just a love of creation," said Mackinder.

SAG artists primarily fund their own work, but the collective recently received a grant from the Quarry

Choristers, which helped fund the display.

SAG also thanks the Town of Stonewall and the HAC staff for their tremendous support of all of their projects.

HAC's new display, located at 166 Main St. in Stonewall, will only be open for four months. It is open to the public from 11 a.m. to 5 p.m. daily.

"While at the centre, also check out their Heritage Art Wall, a permanent display on the north side of the lobby that documents Stonewall's rich history," Mackinder added.

If you are interested in getting involved in creating HAC's future displays, the SAG is always looking for new members. You are invited to join the creativity with fellow local artists and drop into one of the SAG's weekly meetings.

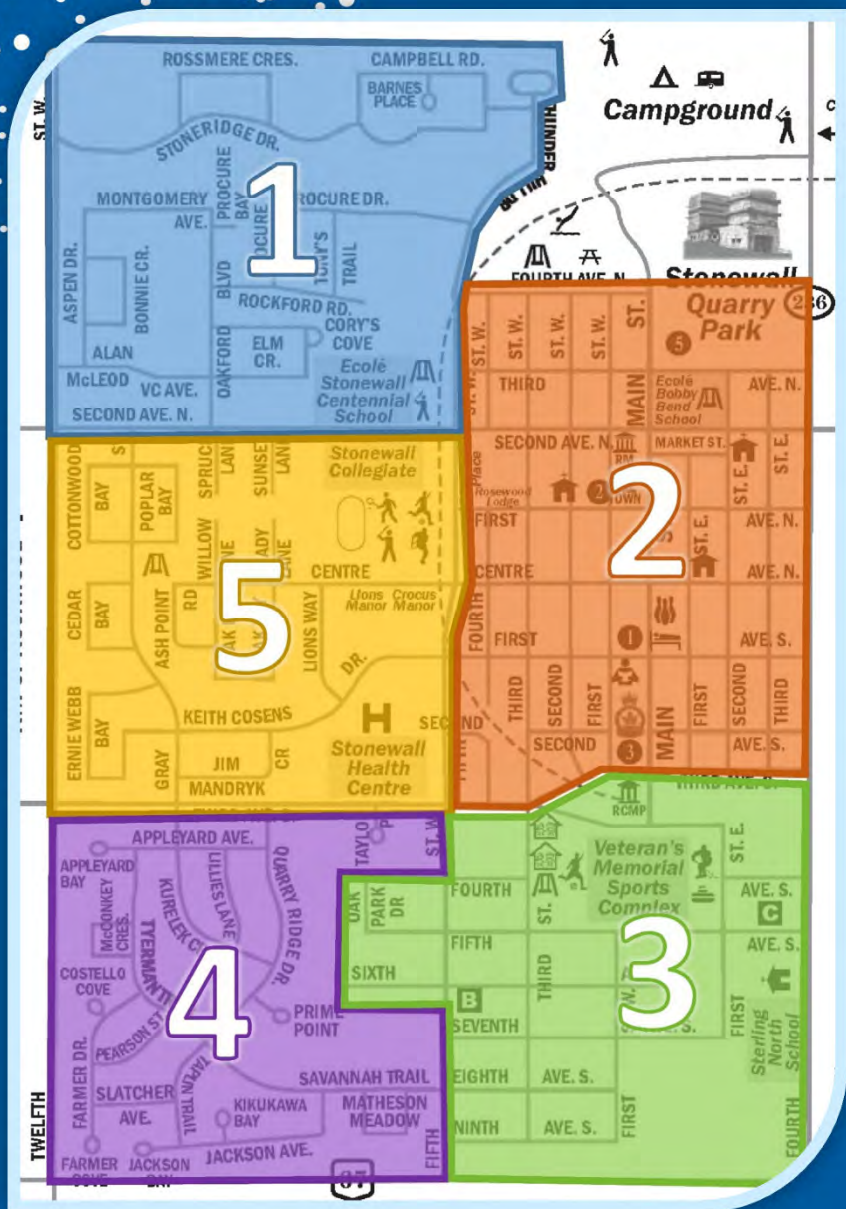
Riddell personally invites people to their weekly meetings.

"If anybody would like to join the Stonewall Art Group, they should feel that they are welcome and that they will always be encouraged. Everyone will always help them with tips and ideas because everybody is very encouraging."

SAG artists meet on Mondays from 1 to 4 p.m. to work on pieces of their own art, and you are welcome to swing by at any time. You can also email stonewallartgroup@gmail.com for more information about joining this passionate group of artists.



Do You Know Your Snow Zone?



STEP ONE:

KNOW YOUR ZONE

All residential areas in Stonewall have now been assigned a Snow Zone. Streets will be cleared on a rotational basis using this Snow Zone system.

STEP TWO:

REGISTER FOR CodeRED ALERTS

Alerts and updates on when your Snow Zone will be cleared will be sent out using CodeRED.

STEP THREE:

MOVE ALL VEHICLES OFF THE STREET

After you receive the CodeRED Alert for your Snow Zone, be sure that all your vehicles have been removed from the street. Any vehicles left at the time of snow removal will be subject to ticketing and towing.



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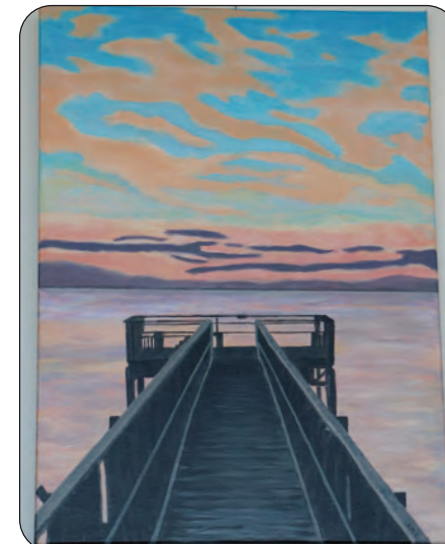
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<https://www.stonewall.ca/p/codered-emergency-notifications>

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Activities are in accordance with the Council-approved Policies on Snow Clearing. Snow Clearing Policy No. 8.1 can be viewed on the Town website at: <http://www.stonewall.ca/p/snow-clearing-policy>



Stonehurst Stables Spookfest 'Fun' horseshow a spooktacular event

By Autumn Fehr

Twenty-five Quarry Ridge Pony Club Members saddled up at the Stonehurst Stables (Stonewall) Spookfest "Fun" Horseshow on Oct. 19 to participate in a spooktacular day of activities.

Riders who take riding lessons and a few friends and family joined in the day of fun.

All had a hauntingly good time at various activities including hunter ground poles and run and ride X-rail relay competitions. Other fun included a dress-up relay, pin the face on the jack-o-lantern and trick-or-treat relay. The Quarry Ridge Pony Club (Stonewall) ran the canteen throughout the day to fundraise for their club, raising \$200.

Stonehurst Stable owner Tristan Caswell said the event brought riders and the families together in a fun and low-pressure environment.

"It provided a team-building atmosphere that helped connect riders of different ages as they worked together in relays and team events," said Caswell.

The event also allowed parents to meet each other and connect.

Younger riders got to try competing in a safe, friendly environment, while older riders got to end the show season with a fun, low-pressure competition day.

Caswell said creativity and teamwork made this a successful event for everyone with help from stable members.

"Rita Weare facilitated some great games and obstacle courses; coach Mya Okley and the new barn manager Katie Morris helped prepare the facility and ran the event on the day of," said Caswell. "My kids helped decorate, and barn members and my family helped out all day to keep things running smoothly."

Kristyn Brown organized the QRPC canteen fundraiser, and Rhiannon Bunkowsky of Brunkild was the judge.



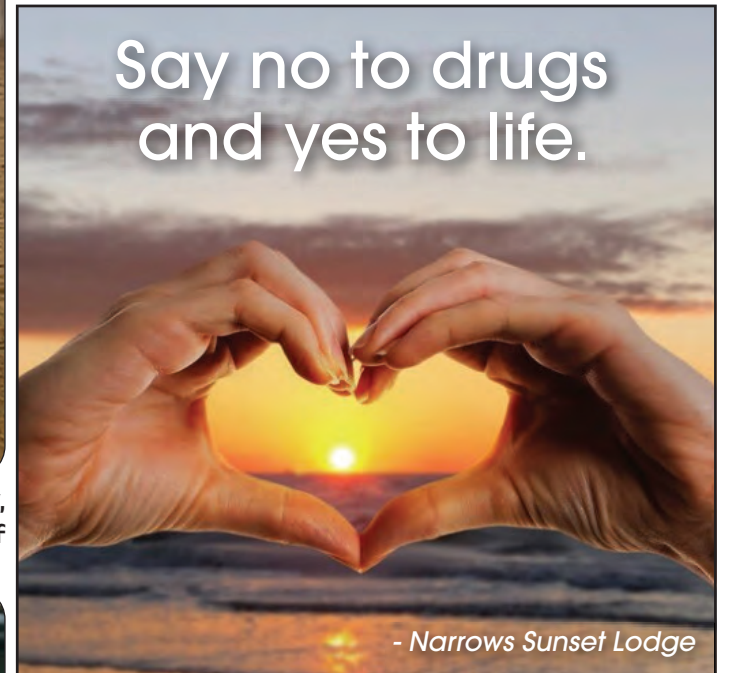
Xena and Evy Weare with Millie the Wonder Pony, dressed up as birthday cupcakes, were the winners of the costume class.



TRIBUNE PHOTOS SUBMITTED
Kaitlyn, Eleanor Rip Curl and Reese Whitman were the winners of the costume relay.

Caswell is currently non-weight-bearing with a broken ankle, so she said the event would not have happened without everyone's help.

"It was truly a team effort!" she said.



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Nov. 12-17, 2024

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Donating to an unrestricted fund increases local Community Grants! **Ways to donate:**

- Visit www.interlakefoundation.ca and click "DONATE" to donate securely with a credit card. Online donations will be processed and receipted by The Winnipeg Foundation.
- Drop off cheques** payable to the Interlake Community Foundation before Nov.17th at:
 - Access Credit Union in Stonewall
 - South Interlake Regional Library in Teulon
 - RM Offices in Woodlands & Rosser
 - Lillies and Lattes, Woodlands
- Mail a cheque** payable to the Interlake Community Foundation to ICF at Box 1575, Stonewall, MB, R0C 2Z0. We must receive it before November 17th to be eligible.
- eTransfer** your donation to info@interlakefoundation.ca & follow-up with an email containing your mailing address for your receipt.

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Regional Personal Care Home

INFORMATION AND FEEDBACK SESSIONS

November 2024

Please join us for an update on the 143-bed facility being planned for our region.

There will be a presentation from the architect ft3 on the building's design and special features, followed by an opportunity for you to ask questions and provide feedback.

Please mark your calendar to attend one of these dates:

- Stonewall - **Nov 12** at 7pm at the Quarry Park Heritage Arts Centre
- Woodlands - **Nov 13** at 7pm at Woodlands Hall
- Rosser - **Nov 18** at 7pm at Bel Acres Golf & Country Club
- St Laurent - **Nov 19** at 7pm at the St. Laurent Municipal Office

About the presentation:

The people of the Interlake-Eastern Regional Health Authority region have suffered for a long time from having the lowest number of PCH beds per person in Manitoba.

Over the past few years, a working group of representatives from the RM of Rosser, the RM of St Laurent, the RM of Woodlands, and the Town of Stonewall has been developing plans for a 143-bed personal care home to serve this region. The group is eager to share the initial plans with the community and to hear your feedback.

These events are free and open to everyone and are being presented by the Regional Personal Care Home working group and ft3 Architecture Landscape Interior Design.



Honouring Our Veterans

On Remembrance Day and every day, we honour the men and women who have served and sacrificed in defense of our country, our freedom and our way of life. We recognize and remember, with heartfelt gratitude, all they have done.



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RM OF ROCKWOOD
Reeve and Councillors





Creating connections through the generations

By Jennifer McFee

The memory of a fallen soldier from Balmoral lives on in the next generations of his family who crossed the ocean to pay respects at his gravesite.

Private Charles Albert Dodd enlisted in November 1942 and went overseas the following June with Princess Patricia's Canadian Light Infantry. While serving in Italy, he died on May 11, 1944, at the young age of 21. He was awarded the Volunteer Medal, the Italy Star and the Defence Star, among other honours.

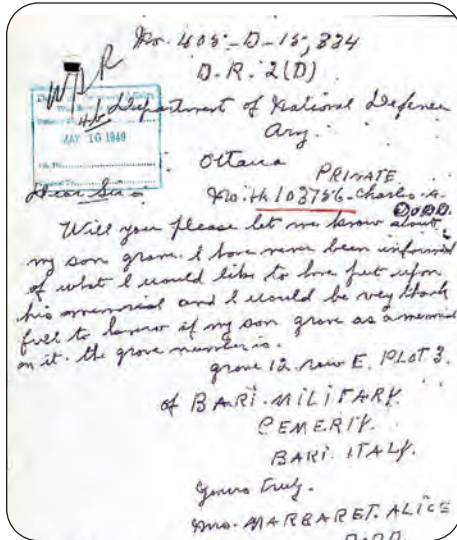
Exactly 80 years later, family members travelled from Manitoba to visit his grave in Italy's Bari War Cemetery.

Leanne Dodd had long planned to visit the grave of her Great-Uncle Charles, who was her grandfather's brother. She and her kids were ready to go in 2020 until their plans were derailed by the pandemic.

Fast-forward four years and her plans finally fell into place. In May, she travelled overseas with her fiancé Rich and her children, 21-year-old Noah and 19-year-old Lauryn.

"We had always talked about going to Europe when the kids graduated high school, and Italy was the kids' first choice," said Leanne, who also grew up in Balmoral. "I knew Charlie was buried there, and once we started learning more about him, we decided we couldn't miss out on visiting his grave while we were there."

They began their trip in France, where Rich's great-uncle Edward Garlinski was also killed in service at age 23 in 1944, three months after Charles. They travelled to Caen to



visit his gravesite.

After that, they journeyed to Italy and took a 7.5-hour train ride to Bari

Lake named for vet

Private Charles Albert Dodd of Balmoral has had a northern Manitoba lake dedicated to his memory.

"It means a lot," said his elder brother John Dodd of the new Dodd Lake.

"I thought it was quite an honor," added John's wife Margaret. "He was such a nice guy."

Charles volunteered to serve in the Second World War at 18 years of age and died on May 11, 1944. He is buried in the Bari War Cemetery in Italy.

A member of the Princess Patricia's Canadian Light Infantry, Charles was awarded the Volunteer medal, the Italy Star and the Defense Star among others, said John.

In a memorial written after his death he is remembered for his cheery smile, helpful way and kind and generous mannerisms.



Charles Albert Dodd

TRIBUNE PHOTOS SUBMITTED

Private Charles Dodd of Balmoral enlisted in November 1942 and died while serving on May 11, 1944, at the age of 21. Some of his family visited his gravesite in Italy this year on the 80th anniversary of his death.

from Venice. They arrived on May 11, coincidentally the 80th anniversary of Charles Dodd's death and the day before Mother's Day.

While they walked through the

cemetery, they shared the moment with Leanne's parents back in Stony Mountain through FaceTime so they

Continued on next page

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Honouring Our Veterans

Charles Albert Dodd

Mrs. A. Dodd, Balmoral, Man., has been notified that her son, PTE. Charles Albert Dodd, 21, P.P.C.L.I., has killed while serving in Italy. After attending schools in Balmoral, Pte. Dodd enlisted and in November 1942 went overseas the following June. A brother, Gnr. Ernest William, is serving with a light anti-aircraft unit in Italy. Also surviving are three brothers, Robert and Roy, Winnipeg, and John, Balmoral; and two sisters, Mrs. S. Beley, Windsor, Ont., and Mrs. Donald Munroe, Ekhart, Man.



Mrs. A. Dodd, Balmoral, Man., has been notified that her son, PTE. CHARLES ALBERT DODD, 21, P.P.C.L.I., has been killed while serving in Italy. After attending schools in Balmoral, Pte. Dodd enlisted and in November, 1942, went overseas the following June. A brother, Gnr. Ernest William, is serving with a light anti-aircraft unit in Italy. Also surviving are three brothers, Robert and Roy, Winnipeg, and John, Balmoral; and two sisters, Mrs. S. Beley, Windsor, Ont., and Mrs. Donald Munroe, Ekhart, Man.

No.	H.103756	Rank	Private	Name	DODD, Charles Albert.
Date		P.F.C.L.I.		Date of death	11th May, 1944.
Died at	Italy				
Cause	Killed accidentally.				
Death occurred on strength of Forces, No.	405-D-15334				d 18-5-44
M/X	Mrs. Margaret A. Dodd			Relationship	Mother
Address	Balmoral, Manitoba 516 Langside Street, Winnipeg, Manitoba.				
Remains buried in	Barletta Military			Cemetery	Barletta, J.888049, Italy.
Grave location	Grave L.2				

Continued from previous page

could experience the same excitement in the meaningful moment.

"It was really, really emotional. He was only 21 and my son is the same age," Leanne said. "His mother never got to see this place and I felt overwhelmed to think of how incredibly sad she must have been — and all the other mothers of the thousands of graves in just the Bari Cemetery."

Margaret Alice Dodd, who was Charles's mother and Leanne's great-grandmother, had written a letter in 1949 to the government asking about his grave or memorial. Leanne found the letter through the Veterans Affairs Canada website and printed out a copy.

"She wanted to be sure his stone memorialized him with his name and

who he was and that there were people who loved him," Leanne said.

"I took a copy of that letter with me since she could never visit this place. I wasn't sure what I was going to do with it, but I folded it up into a little square and tucked into the rosebush in front of his grave. The next day was Mother's Day, so it all worked out together for the perfect timing."

Both cemeteries they visited in France and Italy were beautifully maintained, she added, with rosebushes throughout the Bari cemetery and various other plants brightening the Caen cemetery.

"We actually met the groundskeeper in France. He didn't speak English but he was wearing a Canadian hockey hat, and we were able to say enough that he took us to that grave. We thanked him so much because it

was so beautiful there," Leanne said.

"The cemetery in Italy was the same — the grass and the flowers were immaculate. Everything is so beautiful, which is a beautiful tribute to the people there."

Looking back on the journey, Leanne was overcome with emotion to recall its magnitude.

"I believe that Charlie had another brother who served in the war with him and went back to visit his grave. But I don't think anyone else in our family has ever gone there," she said.

"I just felt like suddenly he wasn't alone. We were there to be with him. That's how it felt because he'd been laying there for 80 years all by himself. I felt motherly toward him."

For her children, Leanne said the experience probably gives them more appreciation and understanding of

what happened during the Second World War.

"I think it became a little bit closer to home for them, not being able to imagine themselves in such a position," she said.

"For Remembrance Day, we always watch the services and observe the moment of silence. Of course, it's so

Continued on next page

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Honouring Our Veterans

Banners honouring First World War veterans adorn Stonewall's Main St.

By Becca Myskiw

Stonewall is remembering local veterans by raising their names into the sky.

Just last week, the Stonewall Heritage Advisory Committee finally saw the product of a year's worth of work as 15 banners were hung on Stonewall's Main St. For the past year, the committee has been working on the banner project, which displays the names of 89 First World War local veterans.

Allison Mankewich of the committee said they'd seen Veterans banners in Selkirk and St. Laurent, and they wanted to do something similar for Stonewall veterans. They've spent the past 12 months gathering names and information from the First World War, including all heroes born in, lived in, or worked in Stonewall when they enlisted.

The project is ongoing, and the Stonewall Heritage Advisory Com-



Lieutenant Alan McLeod is featured on the banner hanging outside of the house he grew up in, the McLeod House.

mittee plans to make banners for Second World War Veterans next year. They'll continue to branch out from there. As they receive more information from more relatives, their lists of names will continue to grow.



TRIBUNE PHOTOS BY LANA MEIER

Stonewall Heritage Advisory Committee members Allison Mankewich, left, and Kim Ritz, right, with Town of Stonewall Parks Manager Brett Chatfield, middle, show off the historical banners in honour of Stonewall's First World War Veterans.

Some banners have photos of the named soldiers, and others include names simply because the committee has received a few photos. They're

hopeful they'll get more pictures, more names, and more information to

Continued on next page

**To those who've served,
Thank you**

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Continued from previous page

much more meaningful this year — for all of us.”

In the next couple of years, Leanne's brothers and cousins hope to visit Dodd Lake in northern Manitoba,

which is named in honour of Charles Dodd. Similarly, northern Manitoba's Garlinski Lake is named after Rich's great-uncle Edward Garlinski.

Closer to home, Charles Dodd's name is on the cenotaph in Argyle for the local community keep him in their hearts. A memorial written after his death remembered him “for his cheery smile, helpful way and kind and generous manner.” His memory lives on.

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Honouring Our Veterans

Continued from previous page

add in the future. Also on the banners are the soldiers' ranks and medals.

"Every name on the list has a story," said committee member Catherine Precourt. "Every soldier has a story. We don't necessarily know what those are, but these are young men, for the most part, who were here in school, or working in the quarry, working as a clerk at the grocery store, working at the bank when the war started, and they answered the call."

Two of those men were Charles and Albert Mollard, local brothers who enlisted at the same time when they were 20 and 18, respectively. The men fought in the trenches during the First World War. Charles was killed in battle.

"[The First World War] was the bloodiest conflict that Canada has ever been in," said Precourt. "It was

trench warfare and it was gruesome."

After just a week on the frontlines, Albert was wounded. Soon after recovering and returning to battle, he was wounded a second time, but he stayed at his post this time around, continuing to fight. Albert recovered from that — only to get wounded severely for a third time. He spent the rest of the war recovering and returned home to Stonewall, where he returned to working in the quarry.

Another name on the banners is Horace Wood, who worked in the quarry when war was declared. He enlisted immediately, leaving behind his elderly father, whom he was taking care of. Wood spent the next four years in the trenches, where he worked as a cook. Though his father died shortly after he enlisted, Wood wrote letters home to his neighbours throughout the war, keeping in contact with everyone until he was killed in battle right before the end of the

war in 1918.

Other names on the banners belong to fighters, medics, stretcher bearers, and everything in between.

"Everyone contributed in some way or another to maintain or to preserve the life that they had here in Canada," said Precourt. "We have a very good life here, and we owe the freedoms that we have to the men who fought for those rights, who died for those rights."

"I think it's important that we remember the rights and freedoms we have today came with a price that we didn't pay."

The Stonewall Heritage Advisory Committee has seven members who are all working on the banner project. The current banners will come down a little after Remembrance Day and will go back up next year, along with Second World War banners.

The committee encourages locals with veteran family members to contact them and have their relatives honoured along with the others.



TRIBUNE PHOTO BY CHRISTY BROWN
Town of Stonewall employees were hanging the banners on the flag post last Friday.

Remembrance DAY november 11th SERVICES

2024 SERVICES - MONDAY, NOVEMBER 11

LEGIONS/HALL

Brant Argyle Legion – Argyle Community Hall
Doors open 10:15am Ceremony 10:45am followed by laying of wreaths at cenotaph at Brant-Argyle Cemetery. Light lunch served back at the hall.

Stonewall Legion Branch #52 – Doors open 10:00am with service at 10:30am. Light lunch to follow

Stony Mountain – Stony Mountain Recreation Centre - Doors open 10:00am, service 10:30am
March to cenotaph to lay wreaths following service and back to community centre for light lunch

St. Laurent Metis Legion Branch #250 – Welcome coffee and bannock 10:00am, service at 10:45am. President Chartrand will be in attendance. Light lunch to follow.

Teulon Lions Club host service at Teulon Rockwood Centennial Centre
Pancake breakfast 8:00am - 9:30am
Service 10:30am followed by laying of wreaths at the cenotaph weather permitting. Coffee and dainties served following service.

Woodlands Legion Branch #248 – Service 10:30am
Silver Cross Mother Mrs. Seggie will be in attendance
Light lunch to follow

LEST WE FORGET

Remembrance DAY

James Bezan, MP
Selkirk–Interlake–Eastman
office@jamesbezan.com
jamesbezan.com · 204-785-6151

Youth For Christ Stonewall celebrates 20 years

By Jennifer McFee

Celebrations are in order for Youth for Christ Stonewall, which has been serving the community for the past two decades.

To mark their 20-year milestone, YFC Stonewall is hosting a banquet on Nov. 9 to highlight where they've been, what they're doing now and what they hope to do in the future. There is no cost for admission, but attendees will have the chance to donate towards its continued operation.

Marking another milestone is YFC Winnipeg, which began 70 years ago in 1954 to engage young people with the story of Jesus. YFC Winnipeg is a member of YFC Canada, a national organization that is also a part of YFC International.

Over the years, satellite YFC locations have taken root in communities outside the Perimeter, and many of them grew into their own satellites. Currently, YFC Winnipeg operates satellite locations in Stonewall, Arborg, Selkirk, Carman, Niverville and St. Pierre-Jolys.

The main drop-in events at YFC Stonewall are geared for youth aged 12 to 18. In addition, the local hub offers an after-school program for youth aged 10 to 13. Special events, such as a girls' night or a video game night, appeal to specific groups. All in all, YFC Stonewall offers a fun destination for teens across the community.

"One of the ways YFC Stonewall is unique is the amazing support we've received from the town, in particular in the operation of the skatepark. To have a place where kids can skateboard or scooter is a huge asset to the town, and we're happy to have them right outside our door. This couldn't have happened without the town's backing," said Chris Harwood, senior ministry director for YFC Winnipeg and interim director of YFC Stonewall.



In years past, Paul Emmer provided updates at council meetings.

"Another unique feature of YFC Stonewall is the way in which we are funded and operated. YFC Stonewall's operations and programs have been funded largely on the basis of donations, and we have had hundreds of volunteers who regularly give their time and energy. The town has given generous grants for our summer program, which has been immensely helpful, but we do not receive operational funding from other levels of government."

From its inception in 2004, Perry Neufeld spearheaded the Stonewall location and served as the first director.

"He laid a firm foundation for the following 20 years we've enjoyed," Harwood said.

"He and his wife Loretta were fervent believers in the potential of young people in Stonewall, and their vision and energy helped YFC Stonewall set down good roots."

Over the years, the local youth hub expanded in both its space and its services. After the building was placed



TRIBUNE FILE PHOTOS

YFC bid farewell to Perry and Loretta Neufeld and family.

on the site in 2004, a major expansion added another third of the original building size.

"The addition of the skate park and basketball court was a big change too," Harwood said.

"We are upgrading the facility as the need and opportunity arises — whether the equipment inside needs to be improved or there are things we can change like the addition of security cameras."

In 2014, the Neufeld family moved west to Saskatchewan. Then in 2017, Paul Emmer took over as the next director.

"He and his family moved from the YFC in MacGregor and brought an entrepreneurial spirit and a renewed vision for the young people in Stonewall," Harwood said.

"He served as director until 2020, when he took a leave in order to focus on his fight against cancer. In 2023, Paul passed away from cancer."

Over the past two decades, hundreds of volunteers have also served at the drop-in centre.

"From the first committee who worked to set the wheels in motion to the ones who come every Thursday in 2024, it would be impossible to name them all," Harwood said.

"However, the young people in Stonewall know them because they have made an indelible mark on their lives."

The drop-in centre gives young people in Stonewall a safe place where they can be part of a positive community, he added.

"They can be themselves and make meaningful connections with caring adults and their peers. No matter who someone is, a young person is welcome to be here. We are delighted

to have them," Harwood said.

"Young people engage drop-in activities with whatever depth they feel most comfortable, and our hope is that they'll find a place they want to engage more deeply as time goes on."

At the same time, YFC Stonewall gives young people a place where they can ask questions.

"Whether they ever actually ask those questions, young people know that the adult volunteers are willing to hear them out. They are able to explore questions of worth, faith and character. They are not judged or dismissed; there are no 'stupid questions,' to use a cliché," Harwood said.

"This sort of space is sorely lacking in our current society, even though these kinds of questions are deeply foundational for people. We have no hidden agenda — only a desire to give young people the space and opportunity they need to ask their questions."

In addition, YFC Stonewall gives youth something to do that costs nothing and requires no long-term commitment or equipment.

"Many activities have associated costs, and this can be a barrier to entry for young people, even in a town like Stonewall. Simply put, YFC Stonewall has never and will never allow money to be a barrier for participation," Harwood said.

"If someone cannot afford an activity and lets us know, we find a solution that allows them to participate. Our drop-in activities never cost anything, and that will not change."

Now more than ever, Harwood said YFC Stonewall sometimes is a place where youth in crisis can find peace, resources and an opportunity to come through the crisis.

Continued on page 25

20 Years!

What an amazing achievement YFC Stonewall.

Thank you for your continued dedication to the Youth of our Community

**-Reeve, Council and Staff
RM of Rockwood**



> 20 YEARS, FROM PG. 24

“We have engaged young people in times of suicidal ideation, food insecurity, housing insecurity and mental health matters. We have been a refuge for young people who have been physically threatened. We have mediated disputes. We have helped train community members to better respond to crisis situations like suicide. We feed them if they’ve gone hungry. We listen to them when they feel alone,” he said.

“On more a more daily basis, opportunities come to help young people learn the skills they need to navigate more challenging circumstances in the future. We try to help them learn to think critically, be gracious to others, apologize and forgive sincerely, and see the value in other people.”

As a faith-based non-profit organization, YFC Stonewall depends

on donations to operate. “The town has historically invested generously in YFC Stonewall, but the truest mark of community support would be the individuals who invest their hard-earned money in something that makes such a difference in the next generation,” Harwood said.

“Anything given towards the work of YFC Stonewall remains here in Stonewall, so people should feel confident knowing that their gift is benefiting the young people in their community.”

Another way to support the drop-in is through volunteering.

“Because of the nature of this organization and the demographic we serve, the volunteer application is thorough, so people who are interested in

Continued on page 26



Happy **20th** Anniversary

YFC Stonewall

Congratulations on reaching this amazing milestone! Your hard work and dedication to Stonewall and the youth in our community has not gone unnoticed!

Mayor & Town Council
Town of Stonewall

> 20 YEARS, FROM PG. 24

knowing more should reach out and we'll do our best to answer whatever questions may arise," Harwood said.

"However, if someone wanted to be involved in an ad-hoc way, we always have something that could be done that doesn't require a volunteer application — like baking, cleaning or maintenance."

Harwood suggested that another way for the community to show support is to continue to be gracious.

"We know we can sometimes attract noisy and rambunctious young people to the neighbourhood, and we want to make sure that we're doing what we can to help coach positive behaviours," he said.

"That said, if there's ever a concern with something that's going on, please reach out and let us know. We value having input from the community."

For the past 20 years, YFC Stonewall has benefited from the community's support.



"Simply, it would not have been possible without governments, organizations, companies, local churches and individuals seeing the vision and the need among young people. Our gratitude is immeasurable because we know that every young person whose life has been helped would not have been helped without the people here partnering with us," Harwood said.

"For the thousands of teenagers who have come through our doors the last 20 years, and for the thousands more

we hope to see in the next 20 years, thank you."

Anyone who would like to make a donation to the organization can email banquet@yfcstonewall.com.



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The second phase of government denture funding for seniors started November 1st.

BY ELISHA VANDOR

Now is the time to schedule your appointment if you are requiring new partial dentures or new complete denture(s) with permanent soft-lining. These procedures are now available through your Canadian Dental Care Plan (CDCP) government benefits and do require us to submit a predetermination for approval. The standard time for insurance companies to respond with benefit information is approximately 10 business days. However, we are expecting the Sunlife/CDCP response time to be within 48 hours or 2 business, which means we can have your new partial dentures ready for you before the Holiday season this year!

At Vandor Denture Centre, we offer a variety of different materials for partial dentures, each with different benefits depending on your unique situation. For example, a common issue patients come in with is that their partial feels too big and uncomfortable in their

mouth. A good solution for them is to choose a very thin Titanium material, which will feel much smaller and more comfortable. Another common issue is a partial that's too loose. The problem with a loose partial denture is that patients can't eat with them. The reason for being too loose could be because the metal clasps aren't shaped in the most ideal way around the natural teeth. The solution for this particular situation is to make a new partial denture with clasps that are designed to be much more effective at keeping the denture stable. Alternatively, the clasps can be made out of an entirely different material altogether to get that tight fit. At Vandor, all of our consultations start with a sit-down conversation with your Denturist to determine your exact needs. Peggy made her consultation just a few weeks ago and here's what she said, "I made one of the very best decisions of my life when I made an appointment at Vandor Denture Centre. The whole experience was top notch. The friend-

ly staff, when I walked in there for every appointment, always greeted me by name, and took me into the room right away, and from there, the Denturist Greg took over, with his smiling face Greg was always very polite, always asked how I was doing!!! And he was making sure the dentures he was making for me were going to fit. Greg is a miracle worker!!! I was struggling for years, and in the matter of a couple of weeks he made the dentures that actually fit me that I can wear with no problem. I cannot believe that this actually happened. I am trying to say this in the most positive way, Vandor Denture Centre and especially Greg have given me my life back."

We want you to have a life changing denture experience, like Peggy did, too. Call us today to schedule your free consultation and learn how your government denture insurance can save you thousands of dollars for new dentures. We look forward to hearing from you!



SENIOR PRICING
 The Canadian Dental Care Plan's second roll out for partial denture funding and other denture services started on November 1st.

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Activities for Seniors in Your Area



Activity Centre
374 1st Street West, Stonewall
204-467-2582 si55plus@mymts.net
Tuesday-Friday: 8:30am-4:00pm

2025 MEMBERSHIPS AVAILABLE NOW! \$25.00 FOR A CALENDAR YEAR
To renew or become a new member, check out our website at www.si55plus.org to fill out a Membership form or come see us at the Centre (374 1st Street West, Stonewall).
- You do not have to be 55 + to become a member!
- Payments can be made by cash, cheque or E-transfer to si55info@gmail.com

Falls Prevention Exercise Program

Falls Prevention is an exercise program focused on balance and mobility.
Tuesdays at 10:00 am starting November 5
Call to register for this free program

Luncheon - Wednesday, November 20

Roast Beef and Yorkshire Pudding
Tickets: \$13.00 ADVANCE TICKETS ONLY
Tickets available at the South Interlake 55 Plus Office
Deadline to purchase tickets: Friday, November 15

St. Vital Centre Shopping Trip

Thursday, November 21
Registration deadline:
Tuesday, November 19
Members \$20 / Non-members \$25

Do You Like to Play Bridge?

Join us
November 5, 12, 19, 26
Free Bridge Lessons Available!
Pre-registration required

Christmas Luncheon Wednesday, December 11

Cost: \$20.00 - Advance Tickets Only
Turkey dinner followed by Christmas entertainment and a visit from Santa.
Registration deadline: Friday, December 6

Winter Wonderland Christmas Light Display

Tuesday, December 10
Cost: \$25.00 per person
(Dinner at Denny's at your own expense)
Registration deadline: Thursday, December 5

December Active Wellness

Wednesdays: Christmas Fitmas Class
December 4, 11 & 18
5:00-5:45pm at 374 1st Street West, Stonewall
\$10.00 drop in fee
Thursdays: Yuletide Yoga December 5, 12 & 19
9:30-10:30am at 374 1st Street W. Stonewall
10.00 drop in fee

WEEKLY ACTIVITIES

Cards	Quilting	Ukulele Club
Line Dancing	Craft n' Coffee	Virtual Chat
Pickleball	Men's Chat	Exercise Programs

VOLUNTEER OPPORTUNITIES

We are a volunteer-based organization and we are always looking for volunteers whether it is to facilitate a program, serve at our luncheons, provide dainties or volunteer at a fundraiser. We are always looking for new volunteers. Feel free to contact the office!

South Interlake Seniors Resource-Stonewall 144-622 Centre Avenue-Lions Manor, Entrance 4.

SOUTH INTERLAKE SENIORS RESOURCE

Support Services for Seniors • Driver/Escort Program
• Equipment Lending Service • Meals on Wheels • Lifeline
• ERIK and ICE Programs • Handy Helper/Housekeeping Program
• Friendly Visiting and Telecheck (phone buddy)
• Home Hair Care Service • Resource information/Form Assistance
Our office is located in the Stonewall Lions Manor at 622 Centre Avenue, Entrance 4.
204-467-2719 www.sisrc.ca

211 Manitoba Presentation

Presenter: Tammy Reimer, Director 211 Manitoba - United Way Winnipeg
Need help but don't know where to turn?
211 connects you to community services anywhere in Manitoba.
Free - Confidential - 150+ Languages - 24/7
Provides: Mental Health support - Pension & income support - Food and clothing - Transportation for older adults - Income tax clinics & debt - Disability supports - Addiction treatment - and much more! In this presentation you will learn more about the services available through 211 MB and how you can access programs and services in your community.
Wednesday, November 27th /24 @ 2:00PM
Lions Manor Multi-Purpose Room - 622 Centre Ave., Stonewall (Entrance 4)
Everyone Welcome!
Reservations Required! RSVP by Tuesday, November 26th/24
Call Seniors Resource at 204-467-2719 to reserve your seat!

Thank you

South Interlake Seniors Resource would like to thank the Stonewall-Headingley RCMP for the gracious donation of \$3500.00. Every year the RCMP hosts a Stonewall - Headingley Golf Tournament and from this event they donate the profits to organizations in the community. This year they selected South Interlake Seniors Resource Council Inc. was one of the 3 local organizations to donate too. The donation of \$3500.00 was used to purchase Bariatric Mobility Items for our Mobility Lending program. South Interlake Seniors Resource Council Inc. provides a lending system of new and used mobility aids for the areas of Stonewall, R.M. of Woodlands, R.M. of Rosser, R.M. of Rockwood. This is to provide people the ability to borrow on a short term (3 Month) basis medically necessary mobility aid equipment including wheelchairs, walkers, canes, knee scooters, crutches & much more. If you need of a mobility item, please call our office @ 204 467 2719

Christmas Parade & Light Tour Friday, December 6th, 2024 Christmas Parade @ 7:00pm & Tour of the Town Lights to follow.

Handivan pick up will be at Lions Manor (door #1), Stonewood & Crocus Manor @ 6:00pm.
Reservations Required Limited seats available!
Call Seniors Resource at 204-467-2719 to reserve your seat!
Please RSVP by December 2nd/24

For more information call 204-467-2719

Teulon & District Seniors Resource Council Inc.

Providing a Helping Hand

Find us at 54 Main St, Teulon 204-886-2570

PROVIDING FREE SERVICES TO SENIORS:

- PHONE BUDDY • DRIVER ESCORT
 - INFORMATION/FORM ASSISTANCE
 - COMMUNITY VOLUNTEER INCOME TAX PROGRAM
 - MEDICAL EQUIPMENT LOANS
- REGULAR OFFICE HOURS: 8:30AM-4:30PM

St. Laurent Seniors Resource Council Inc.

"SENIORS IN ACTION"

55+ and people living with disabilities
Support Services in the RM of St. Laurent and Oak Point
Office: St. Laurent Community Health Centre
51 Parish Lane, Please call: 204-646-2504 ext. 3
Free E.R.I.K. Emergency Response Information Kit,
Free on loan mobility aids, Resource information, Monthly Birthday Club,
Fundraising activities throughout the year. Fee for Service such as,
Foot Care Clinic, Victoria Lifeline, housecleaning and more.
Free use of Exercise Equipment, Free Adult Bikes on loan,
Free Community Volunteer Income Tax Program
Annual Seniors Summer Feast in August -Entertainment-Supper-Resources
Office Hours: Tuesday to Thursday: 10:00AM-4:00PM stlsrc@mymts.net

Talented youth inspired by WAVE artists

By E Antonio

Studio 410 owner Gayle Halliwell has participated in the WAVE Interlake Artists' Studio Tour for over 15 years. This past September she recently offered a "Minis-in-a-Minute Challenge" to her 200 visitors, and one young artist caught her eye.

Halliwell is a visual artist from Winnipeg Beach who has always appreciated the opportunity to participate in the WAVE Studio Tour. "It is about allowing you to have a behind-the-scenes look at how many artists create, giving you an up-close and personal experience," she explained.

For September's tour, Halliwell challenged her visitors to try and create a miniature painting in sixty seconds.

Thirteen-year-old Ethan Olson eagerly jumped at the fun and produced an extraordinary mini-painting.

Olson is an aspiring artist from Winnipeg who frequently visits the Interlake to see her grandparents in Teulon or to visit one of her favourite towns, Gimli.

Olson discovered the WAVE Studio Tour through an online post, and at that moment, she connected to Halliwell for the first time during the "Minis-in-a-Minute Challenge."

"It was a really great experience. I really challenged myself," said Olson. She continued to praise the importance of the first strokes for an artist. "I normally block my first strokes on a canvas, but in this challenge I just went with it."

Halliwell and Ethan immediately bonded over the young artist's talent, and they were inspired by each other's work ethics.

"That is the beauty of the studio tour. The artists and the public get to make these connections," said Halliwell.

Halliwell is a multi-medium artist who loves to learn from experience. She took her first art lesson when she was in Grade 4 and has continued to mostly self-teach herself different techniques.

"I just want to soak up everything I can," she said.

Halliwell has over 20 years of experience as a working artist and wants to inspire young artists.

Like Halliwell, Olson is a multi-medium artist who typically works with acrylics, sketch pencils, coloured pencils and watercolours.

"Acrylic is my favourite because it is a very versa-



TRIBUNE PHOTOS SUBMITTED

Thirteen-year-old Ethan Olson is primarily a self-taught artist who works with multiple art mediums.

tile medium," added Olson.

The young artist discovered her passion for creating art when her friend introduced her to chalk pastels when she was seven.

"He (Olson's friend) would show me really great perspectives on light and caricature. It sparked a fire in my head," she explained. Adding to that, she loved how the colours looked on the paper.

Since then, Olson has experienced working with multiple art mediums while she works to express herself colourfully. Though the young artist is primarily self-taught, she is extremely grateful to her former teacher and now art mentor, Barb Bottle, for guiding her along her artistic journey.

Along the way, Olson has met several working artists who have only inspired her to grow.

"I have made so many connections within the Interlake and I am very happy about that," noted Olson.

When Halliwell participated in the recent 16x20 Show at the St. Andrews Community Centre, she was in for a surprise.

"While I was at the show, Ethan came through the door with her Dad again and she said, 'I have come to see you!'"

Halliwell explained that Ethan began to follow Studio 410 on Instagram, and specifically came out to the 16x20 Show to chat with her.

"There were many artist talks held over the course of the show and she (Ethan) attended many of them. There were talks about installations, different art techniques and more. She had the chance to talk about her ideas with working artists," said Halliwell. Adding on that the connections you make as an artist causes a ripple effect when inspiring others.

"The longer I am involved in the art process, the more I want to provide inspiration and information to younger people."

Halliwell wants everyone to know that both the artwork and the knowledge of art is intended to be shared, which is why it is important to her to keep inspiring others.

Olson has similar virtues, "I always love to inspire others and connect with like-minded people."

Olson's artistic journey is far from over. She hopes to one day be in an art show of her own, sell her paintings at a craft market and eventually have an art studio of her own and be a working artist.

"That is what I was born to do. I was born to do art."

Both Halliwell and Olson invite you to follow them as they progress in their artistic careers. You can take a look at what Studio 410 has to offer on her website www.gaylehalliwell.com, and Olson posts all of her paintings on her Instagram page @EthanOsArt.



Studio 410 owner Gayle Halliwell held a "Minis-in-a-Minute Challenge" at her studio for the WAVE Studio Tour in September. Olson jumped at the challenge and impressed Halliwell with her skills.

get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

Shepherd's Pie

1 tablespoon garlic powder
1/4 cup heavy cream
1 bag (12 ounces) frozen mixed veggies

Heat oven to 350 F.
In Dutch oven, brown ground beef and drain fat.

Boil potatoes until fork tender and mash them. Add 1 teaspoon thyme, salt and pepper, to taste, and set aside.

Place ground beef back in Dutch oven and mix in onion powder, tomato paste, beef broth, garlic powder, cream and remaining thyme. Season with salt and pepper, to taste. Mix in frozen veggies.

Cover meat mixture with potatoes and bake 25-30 minutes.

Recipe courtesy of "Cookin' Savvy"
Servings: 8-12

1 pound ground beef
6 medium potatoes, peeled
2 teaspoons thyme, divided
salt, to taste
pepper, to taste
1 tablespoon onion powder
1 can (6 ounces) tomato paste
1/2 cup beef broth



Green Bean Casserole

1/4 teaspoon ground black pepper
8 cups cooked cut green beans
2 2/3 cups French's Fried Onions, divided

Heat oven 350°F.
In 3-quart casserole dish, stir soup, milk, soy sauce, black pepper, green beans and 1 1/3 cups fried onions.

Bake 25 minutes. Stir green bean mixture. Sprinkle remaining fried onions over casserole.

Bake 5 minutes, or until fried onions are golden brown.

Recipe courtesy of Campbell's.

2cans (10 3/4 ounces each) Campbell's Condensed Cream of Mushroom Soup (Regular, 98% Fat Free or Healthy Request)

1 cup milk
2 teaspoons soy sauce



Mississippi Mud Cake

Pour marshmallows over top of cake. Return to oven and bake 2-3 minutes, or until marshmallows are somewhat melted.

In microwave-safe bowl, melt fudge frosting in microwave.

Drizzle frosting over melted marshmallows.

Sprinkle pecan pieces over frosting. Allow cake to cool completely before serving.

1 chocolate cake mix (15 1/4 ounces)
1 1/4 cups water
1/3 cup canola oil
1/3 cup creamy peanut butter
3 eggs
1 cup semisweet chocolate pieces
1 can (16 ounces) chocolate fudge frosting

1 bag (16 ounces) miniature marshmallows

1 cup chopped pecans
Heat oven to 350 F.

Grease 13-by-9-by-2-inch baking pan.
In large bowl, using electric mixer on low speed, combine cake mix, water, oil, peanut butter and eggs. Stir in chocolate pieces. Pour into prepared pan.

Bake 30-35 minutes, or until toothpick inserted in center of cake comes out clean.



Expert patient here to help!



Susie Schwartz

By Susie Schwartz

After almost a month back in Canada, our flight from Winnipeg to Toronto was delayed. As we stood in the aisle after landing, we knew it'd be a mad dash if we were going to make our flight to London. If you know me, you know 'mad dashing' is not my strength. In fact, my muscle weakness not only holds me back, but when I exert myself past my limits, it gets worse - for days or months.

Here's two things my body forced me to do after the 'run'. (That looked so pathetic, that the transport dude waved me over to get a ride. I was shuffling barely faster than a walk, but with the look of a hungry tiger on my face and dripping with sweat. I had to make that flight. I had a sick puppy to get home to!)

It taught me (again) to pace myself and to look at the big picture.

My legs wouldn't work right for the next couple of months, and my energy levels were so low, like a limbo pole taking a nap on

the ground. Speaking of naps, my duvet became as loyal as my dog. Cancelling plans became a regular item on my to-do list. When I tried to 'push through,' it just equalled earlier nights and later mornings. (And mashed potato brain.)

I had two choices. I could host pity parties with frustration and disappointment as my honoured guests or see this as strength training for my next (airport) marathon. I needed to be kind to myself and offer patience for my healing.

The other thing this health-crash retaught me was to zoom out and look at my life. You know how they say, 'If you haven't got your health, you haven't got anything?' (Not entirely true.) Well, I didn't have my health at that moment, and I needed to do whatever it took to get it back. What's the worst that could happen if I missed a meal out with friends or even a writing deadline? The world keeps spinning, time keeps ticking and all that. What did count was getting as much of my health back as possible.

So, think: health first, rat race second. (Or sixth?) Think pacing and perspective.

(Oh, after getting to the gate, we found out they'd cancelled our flight and we had to spend a night and day in Toronto. Sigh. Apparently, I now need to learn another lesson: attitude adjustments. Double sigh.)

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @authorsusieschwartz, and at www.lesshealthstress.com. (Email: info@lesshealthstress.com) If you like her writing, find more on her Substack page: *The Quest For Less Health Stress*



Peanut Butter Chocolate Energy Bites

In large mixing bowl, combine rolled oats, flaxseed, nut butter, syrup and chocolate chips; mix well using spoon or mixer.

Using hands, roll mixture into balls, approximately 1-inch each. Place balls on cookie sheet and chill in refrigerator until firm.

Note: Balls can be stored in airtight container in refrigerator up to 1 week.

Prep time: 5 minutes
Servings: 8 (3 bites each)
1 cup rolled oats
1/2 cup ground flaxseed
1/2 cup nut butter of choice
1/3 cup maple syrup
1/2 cup mini chocolate chips or raw cacao nibs

IMRA awards recognize community volunteers

By Annaliese Meier

The Interlake Municipal Recreation Association held their annual awards banquet in Stonewall at the Quarry Park Heritage Arts Centre on Oct. 21.

In every community, there are individuals whose dedication goes above and beyond the call of duty. They pour their hearts into initiatives that not only enrich lives but also create a lasting impact.

These awards recognize the unsung community heroes of recreation that all too often are taken for granted but without them communities would not be the same.

Ian Goodall-George, regional consultant for Indigenous and Municipal Relations at the Government of Manitoba, and Debbie Fiebelkorn, IMRA vice-chair and mayor of the RM of St. Clements, had the honour of presenting the awards.

The heart of Grosse Isle beats with a vibrant rhythm, thanks to the unwavering dedication of one extraordinary individual — **Donna Ridgeway**.

She is the president of the Grosse Isle Heritage Site, is described as a visionary leader and has been the driving force behind the site's remarkable transformation from a modest community project to a vibrant regional attraction. Her leadership and commitment have guided the development of the site's key features, including the donation and meticulous restoration of several historic buildings such as the Ridgeway Heritage House, East Rosser School and the Grosse Isle United Church. Most recently, Ridgeway spearheaded the construction of modern washroom facilities and expanded the canteen, significantly improving the visitor experience and supporting the site's growth as an independent tourism destination.

But her dedication doesn't stop there; Donna often engages directly in maintenance tasks — whether it's weeding or watering plants. She connects with everyone involved, fostering collaboration within an active organization.

Ridgeway's exceptional contributions extend beyond infrastructure; she has championed the preservation of one of Manitoba's last tall-grass prairie habitats, integrating environmental stewardship with cultural heritage.

Ridgeway was nominated by Lee Garfinkel of the RM of Rosser.

When it comes to community spirit and unwavering dedication, few



TRIBUNE PHOTO BY SANDRA SMITH

The 2024 Interlake Municipal Recreation Association awards banquet was held at the Quarry Park Heritage Arts Centre on Oct. 21. Pictured left to right: Mandy Gall, Tamsyn Kiesman, Donna Ridgeway, Archie Delorme, Monica Baldwin, Viterra Curling (Stuart Brown, Andrea Keeping, Ryan Smith, Laurie Elwood) and Ron Rogowsky.

shine as brightly as **Monica Baldwin**. A familiar face at the Grosse Isle Recreation Club, she embodies what it means to be committed and caring. As a teacher at Grosse Isle School and an active board member of the club, her contributions have left a lasting mark on our local landscape.

During the COVID pandemic, while many paused, Baldwin pushed forward. She secured grants to revitalize the Grosse Isle Hall dance floor and modernize indoor spaces. These updates brought life back when it was most needed.

Her vision extended beyond interiors; she transformed the basement into a welcoming haven for seniors at the Coffee Club. Not stopping there, Baldwin spearheaded upgrades for our outdoor facilities too.

Baldwin applied for grants for to be used to spruce up the exterior. She also took on a big project to upgrade the ball diamonds at Grosse Isle Memorial Park. From grant writing, fundraising, and project management and coordination, the diamond has never looked better. She was a key factor in this.

Recently, the club identified a need to upgrade the outdoor rink located adjacent to Grosse Isle School. This project included replacing the rink boards and fencing (Phase 1) and replacing the warm-up shack (Phase 2). Hundreds of thousands of dollars were needed to complete this project. Again, through grants, an ambitious Legacy Donation Campaign and fundraisers at the hall, Baldwin secured the funding. She is currently organizing and managing the second phase of this plan and the shack is

scheduled to be built this fall.

When Baldwin isn't working on a major project for the club, she can be found helping keep up the ball diamonds, volunteering to coach in the school where she teaches and rallying our youth to get involved in the community at a volunteer level.

Baldwin was nominated by Fallon Campbell.

The **2024 Stonewall Viterra Host Committee** was recognized for their tireless work in hosting the Provincial Curling Championships earlier this year.

In February 2024, Stonewall held the 2024 Viterra Provincial Curling Championship. This required an incredible amount of planning and organization. As well, it required an incredible number of volunteers to ensure success of such a big tournament.

The event was a huge success and hosted teams from all over Manitoba. This four-day event showcased the best curlers in the province, but nothing would have been able to happen on the curling ice if it wasn't for all the hard work that happened to plan and execute this event.

The planning committee was chaired by Stuart Brown. The entire committee was recognized last Monday for showcasing the Town of Stonewall to the rest of the province.

Viterra Curling Championship Volunteer Committee was nominated by the Town of Stonewall.

Archie Delorme was born in 1951 and raised in the village of Grosse Isle.

From an early age, Delorme showed an aptitude for math, science and all things mechanical and electrical. He also worked on the farm, and as he grew into a young man, his strength became legendary. He was known for being able to accurately toss hay bales up into the loft without help until the job was done. In 1976, he earned his Red Seal papers as an electrician and, eventually, started his own business. But, as everyone in the community knows, Delorme is truly a master of many trades.

Since childhood, he has been known as a kind and giving person. Always willing to help anyone who asks, Delorme was ready to assist both community organizations and individuals in need of support. In particular, he has devoted countless hours to the Grosse Isle Heritage Site, the South Interlake Rockwood Agricultural Society and the Grosse Isle Community Centre. Whether it is drawing up plans for new structures, working with inspectors and contractors, personally fixing and installing indoor and outdoor lighting, planning and installing sound and security systems, building, landscaping or any other of the endless jobs community organizations need done, he is always on call with a smile on his face and a tool in his hand.

Delorme prioritizes the needs of his community, and his lifelong commitment to helping others is a reflection of who he is as a person.

Archie Delorme was nominated by Lee Garfinkel of the RM of Rosser.

sports & recreation

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Local curlers learn from certified instructor



TRIBUNE PHOTOS BY HALEY CVAR

Curl MB hosted a clinic at the Stonewall Curling Club this past Saturday. There were beginner and intermediate classes. Blaine Malo, a Curling Canada-certified learning facilitator and evaluator, was the instructor. Malo has been coaching for 24 years. The clinic touched on set-up, weight balance, grip, release and sweeping skills.

MFHL goalie of the week



TRIBUNE PHOTO BY DARRYL GERSHMAN

The Interlake Lightning's Emma Cassils was named Goalie of the Week in Week 3 of Manitoba Female Hockey League play. Cassils led her team to their first win of the season with a 45-save shoot-out victory over Westman on Oct. 26 and followed it up on Oct. 27 with another 43 saves in a 2-1 loss to Brandon. Overall, over the weekend, she had 88 saves and 91 shots.

Winning ways continue



TRIBUNE PHOTO SUBMITTED

The Teulon Grade 9 girls volleyball team were undefeated at the Fisher Branch tournament Nov. 2. This is the teams second tournament win of the season. Teulon will be host the Junior Varsity Girls Zone 5 championships on Nov. 13 and 14. Pictured left to right, back row: Sasha, Chloe, Samantha, Olivia, Jailyn, Robyn, Mike (coach); front row: Tehya, Lynaya, Kate, Ainsleigh. Missing from the photo: Zuri, Nevaeh, Brook and Derek (coach).

Jets split weekend, remain seventh in MMJHL

By Kieran Reimer

The Stonewall Jets had mixed results in games with the St. James Jr. Canucks and St. Boniface Riels over the weekend.

On Friday, the Jets welcomed the Canucks to Veterans Memorial Sports Complex and sent them home with a 5-2 loss, in part by three third-period Jets goals.

Peyton Bateman scored two goals, including the game-winning goal, as the team picked up its sixth win of the season.

Then, on Sunday, the Jets were in St. Boniface, where they found themselves on the other end of a three-goal period.

After giving up the three unanswered in the second period, Kar-

son King and Austin Lourenco gave the Jets life with two goals midway through the third period to cut the Riels lead to one.

After a missed powerplay opportunity late in the third, the Jets had their goalie pulled and couldn't beat Michael O'Sullivan for the game-tying goal.

The Riels added an empty netter and went on for the 5-3 win to bump the Jets back down to seventh in the Manitoba Major Junior Hockey League with a 6-5-1 record.

They now get set for a Thursday night home game against the Transcona Railer Express at 8 p.m., then a Sunday night home game against the Charleswood Hawks at 6 p.m.



TRIBUNE PHOTO BY LANA MEIER

The Jets' Cohen Cheung, assisted by Rylan Slatcher, helped lead his team to a 5-2 win against the St. James Canucks at home Friday night.

Wildcats win last two games



TRIBUNE PHOTO BY JO-ANNE PROCTER

Warren Collegiate's Owen Shymko scored twice at home in the Wildcats' 5-2 victory over the Pinawa Panthers in the Winnipeg High School Hockey League Price Division last Friday. Warren currently has nine points with three wins and a loss on the season.

Provincial Tour champs



TRIBUNE PHOTO SUBMITTED

Zach Norris of Morris and his team won the Manitoba Junior Curling Tour event last month at the Heather Curling club in Winnipeg. Team Norris went undefeated 6-0. Pictured left to right: Skip Zach Norris (Morris), third Ethan Brandt (Morris), second Blake Good (Stonewall) and lead Carter Malmquist (Winnipeg).

Stonewall Jets Player Profile

#4 Adam Newcombe
Forward

Come out to support the Jets



UPCOMING GAMES

Thursday, Nov. 7 at 8 p.m.
Transcona Railer Express at Stonewall Jets
Stonewall VMSC

Sunday, Nov. 10 at 6 p.m.
Charleswood Hawks at Stonewall Jets
Stonewall VMSC

sports & recreation

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Lightning Report: U18s establishing identity heading into November

By Kieran Reimer

It was a productive two games for the U18 AAA Interlake Lightning who picked up two wins on Wednesday and Thursday to wrap up the month of October.

On Wednesday the Lightning battled back from an early 1-0 deficit to the Pembina Valley Hawks in Teulon to win the game 3-2 in a shootout on a winner from Blake Farthing.

Then the following evening the Lightning were the ones getting out to the early lead against the Eastman Selects in Beausejour and hung on for the 6-4 win in part by two goals from Cole Swanson.

Head coach Aaron Kaatz was happy with how his team ended the month after not playing for 11 days and the team now sits eighth in the Manitoba U18 AAA Hockey League with a 4-3-1-1-1 record.

"The players bought in and committed to the process we were going through and the results showed in the games because we established our identity in the games," said Kaatz.

"Whether it was no quit, it was always competing for a full 60 minutes no matter what comes at us and to stay positive and take it shift by shift. It ended up resulting in the two wins."

The Lightning now look ahead to a busy November with 10 games ahead and four on home ice at Teulon-Rockwood Arena.

Having played the league's fewest games so far this season with nine, the Lightning have an opportunity to use the next 10 games to separate themselves from the six-team logjam in the middle of the standings that is only separated by six points.

"This is where we look at our schedule here after we've had a little bit of a break and seen two games that we're playing, we're on track to playing the right way," said Kaatz.

"We're looking at November to be a very positive month for us as long as we continue to compete and play the right way and the way we should be playing every game. We hope to be able to get some key victories. It won't be easy but if we're committed to the grind and understanding it's going to take work, we hope that it's favourable for us."

And with their recent two wins over



Lightning goaltender Dylan McFadyen made 43 saves on 45 shots against the Hawks.

the Hawks and Selects, two teams also fighting in the middle of the pack, the Lightning feel they have what it takes to get past some of the league's better teams.

Their greatest test of November will likely come early on with three of their first four games against the second place Southwest Cougars and the other against the fourth place Winnipeg Wild.

Heading into the games, Kaatz said the team has the ability to do it, they just need to execute.

"Now we've had two back-to-back, hard competing wins where they had to play a full sixty, they see that they can win these games and compete with upper teams here. That gives them a confidence and energy boost to be able to take on these teams and rise to the challenge."

The Lightning take the ice this Wednesday at 7:15 p.m. against the Winnipeg Wild at Hockey For All Centre.

Then on the weekend they play a pair against the Southwest Cougars at Souris/Glenwood Memorial Complex.

Puck drop in those go Saturday at 7:30 p.m. and Sunday at 2 p.m.

The U13 AA Female Interlake Lightning were defeated 11-0 by the undefeated Winnipeg East Saints on Saturday. They currently sit sixth with a 2-2 record.



TRIBUNE PHOTOS BY TANYA SWANSON

The Interlake Lightning's Blake Farthing had two goals and an assist to give the Lightning the win against the Pembina Valley Hawks on Oct. 30.

Next game: Friday, Nov. 8 at Brandon, 6:30 p.m. at Westoba Place

The U13 AA Male Interlake Lightning had the week off games following last Friday's 5-2 win over Central Plains. The Lightning currently sit 12th with a 2-1 record.

Next game: Friday, Nov. 8 vs Selects Grey, 6 p.m. at Veterans Memorial Sports Complex

The U15 AA Male Interlake Lightning went 1-1 this week with a 3-1 win on Tuesday over the Winnipeg Bruins Brown and a 5-1 loss on Friday to the Winnipeg Bruins Gold. They now sit eighth with a 2-3-0-1 record.

Next game: Saturday, Nov. 9 at Winnipeg Bruins White, 4:15 p.m. at East End Arena

The U15 AAA Male Interlake Lightning went 0-2 this weekend with a 13-1 loss on Friday to the Eastman Selects and a 13-0 loss on Sunday to the Winnipeg Bruins Gold. They now sit fifth in the Central Division with a 3-0-0-7 record.

Next game: Saturday, Nov. 9 vs Yellowhead Chiefs, 7:30 p.m. at Arborg

& District Arena

The U15 AAA Female Interlake Lightning were shutout 8-0 by the Yellowhead Chiefs on Saturday night in Stonewall. They currently sit seventh with a 1-7 record.

Next game: Saturday, Nov. 9 vs Westman Wildcats, 1:45 p.m. at Veterans Memorial Sports Complex

The U17 AAA Male Interlake Lightning collected three of a possible six points over the weekend by going 1-1-1 in games against the Hawks, Bruins, and Selects. They now sit seventh with a 2-3-0-7 record.

Next game: Saturday, Nov. 9 vs Westman Ice Bandits, 4:15 p.m. at Arborg & District Arena

The U18 AAA Female Interlake Lightning had the week off of games after losing their previous three games last weekend. They currently sit ninth with a 0-8-0-0-1 record.

Next game: Saturday, Nov. 16 at Pilot Mound Buffaloes, 11:30 a.m. at Pilot Mound Millennium Recreation Complex

Rams varsity girls volleyball hosting first-round playoff game

By Kieran Reimer

The Stonewall Rams varsity girls' volleyball team will host their first-round playoff match on Monday, Nov. 4, at 5:45 p.m. at Stonewall Collegiate Institute.

The Rams concluded regular season play last Monday with a loss in four sets (10-25, 20-25, 25-20, 19-25) to the Vincent Massey Trojans. The girls are getting set for playoff volleyball after finishing the seven-game regular sea-

son with a 3-4 record to finish fifth in the WWAC Tier 1.

The Rams roll into the playoffs fresh off, competing in the Spartan Dig 2024 tournament in Brandon over the weekend. In Pool 11 play, they took on the host Neelin Spartans, along with the Lorette Scorpions and Louis-Riel Voyageurs.

This year's Rams squad is one of the younger varsity-level teams, with 10 grade 11s and only four grade 12s.

Due to our press schedule, the score in Monday's game was unavailable.



Rams' Ella Fumerton digs the ball from a Trojan's hit on Oct. 28 in Stonewall.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Rams' Jordan Hudon slams the ball past a Vincent Massey Trojans player in their last regular season game on Oct. 28 in Stonewall.

St. Laurent School expands fiddling program to include jigging

By Becca Myskiw

St. Laurent School is expanding its fiddle program to include jigging.

Though the school has been offering fiddling classes for 28 years now, it has never offered the other half of the tradition: jigging — that is, until now.

Bobby Ellis, teacher at St. Laurent School, said they were revamping the fiddle program this year, and found it the perfect time to add jigging and gauge student interest. Jigging instructor Brittany Appleyard grew up going to St. Laurent School, but when her hands didn't work like her feet, she didn't have another option from her culture.

"With this being a Métis school in a Métis community, I personally found it was really important to introduce that part of our heritage," she said. "There was nothing Métis-based for me growing up, except fiddling, and that's important."

According to the Indigenous Peoples Atlas of Canada, Métis jigging originated in the Red River area, the first reference to Red River Jig being in 1860 when fiddle player Mr. Macdallas played the tune at a Métis wedding.

Appleyard started taking jigging classes after school and has been doing it for 17 years. She's excited to bring the art back to her community and the school she went to herself.

"It's exercise, it gets me out to see new places and meet new people," she said, adding the art has taken her to Ottawa to perform for thousands at a time. "[The students] get to learn something I never did, and I get to learn something I never did too."

Also new to the school's program this year is a new fiddle instructor for the first time in the program's 28 years. Jason Appleyard has been fiddling for 26 years, first picking up the instrument when he went to St. Laurent School and learning to play it in the program he's now teaching.

The fiddling/jigging program is an elective course, meaning students choose to take it and aren't forced to. Brittany said that when students don't want to participate, it can lead to unhealthy communication, so the course being an elective was important to her.

"It's supposed to be a happy, joyous experience," she said.

The jigging program groups the students by skill level rather than grade level. The fiddle program is still organized by grade level, but Ellis said they're looking at changing that, too. Both programs run every Thursday afternoon. There will be three sessions in total, each lasting 12 weeks. Right now, there are 50 students in jigging and 44 in fiddling. St. Laurent School has 185 students in total.



St. Laurent Métis teacher Brittany Appleyard has introduced jigging as an elective course to the St. Laurent school to celebrate and teach Indigenous and Métis culture.

"It's all kind of slowly dying out as time goes by," said Jason, who performed on Normandy Beach for Remembrance Day in 2009 to honour Métis veterans. "You don't see as many fiddle players and jiggers anymore. It's good to keep it alive."

Ellis said the school is trying to improve student engagement by adding the jigging classes.

"Connecting with them culturally is important," he said. "We're seeing

that excitement more and more, seeing more interest as they go on."

He said students have requested to join the jigging program but will have to wait for the next session now that too many instructional classes have passed.

"They're taking it simply to enrich their own educational programming," he said, "which is what we were hoping for."

Local triathlete has 'Olympic moment' at Triathlon Worlds

By Kieran Reimer

The 2024 World Triathlon Championships was the experience of a lifetime for local triathlete Lee Stewart.

The 61-year-old, recently retired teacher from Stonewall, has been competing in triathlons locally for over 12 years. In June 2023, she won the Triple Threat Triathlon, earning her a berth to the 2024 Worlds in Torremolinos, Spain.

After an 18-month training process in Manitoba's warm summers and cold winters, Stewart finally received the opportunity to represent Canada in Torremolinos on Oct. 19.

With an overall time of 3:33:57, Stewart fulfilled her triathlon dreams and became the lone Stonewall native - one of seven Canadians to complete the gruelling World Championship Triathlon in the 60-64-year-old female division.

"It's so amazing to be wearing your country's colours," said Stewart last Wednesday afternoon. "They gathered all the Canadians on the beach for a team photo, and we all started singing O Canada. It's very emotional to realize you're representing your country and all the Canadian flags around. Even though I'm in my sixties it was my Olympic moment."

Stewart's race began with a 1500-metre swim in the Alboran Sea, which is the connecting point between the Mediterranean Sea and Atlantic Ocean.

After completing the swim in 37:17, Stewart biked 40km on hilly terrain in 1:34:18 before finishing off with a 10km run along the beach in just 1:11:01.

Despite racing in heats reaching 27 degrees C., Stewart's most significant challenge came long before the start line.

When she arrived in Torremolinos, she found that her bike had been lost and damaged in transport. This forced her to track it down and get it repaired in Torremolinos only a few days before the race.

Once she finally reached the start line, Stewart was able to put all her



Stewart runs out of the Alboran Sea with a time of 37:17 in the 1500-m. swim.

struggles aside and complete the race for which she had spent the last year and a half specifically training.

"The big difference in Spain was in the ocean," said Stewart. "In Manitoba, most of our lakes, you can see the shoreline on the other side, so that was psychologically different along with the salt water and the waves, but I was happy with how the swim went. The bike course was far more congested. There were thousands of athletes rolled in five minutes apart to keep the course tight. It's very busy so that was different for me. There were lots of turns and a few hills, but again, I felt good on the bike. The run course was along the beach in the sun, and it was quite hot, so I did struggle a bit on the run, but I finished, and it was pretty exciting. I've never had so many fans along the course."

Living in Manitoba, Stewart's training regimen was much different than most of her competition at Worlds.

With water season in Manitoba ending in late August, Stewart did a majority of her swimming at Pan Am Pool alongside other Manitoban triathletes three times a week, while bik-



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Stonewall Triathlete Lee Stewart crosses the finish line at the 2024 World Triathlon Championships in Torremolinos, Spain, on Oct. 19.

ing on a smart trainer and doing runs outside in the summer and winter.

She initially began as a runner long before her triathlon days but switched to swimming when it became more demanding on her joints, which introduced her to the swim club at Pan Am.

After seeing her peers compete in triathlons, she decided to give it a try, and things began to escalate.

"My friends from the swim club were doing a triathlon in St. Malo, so I thought I'd join that. Then, the next thing you know, I was buying a bike and was getting into the local scene," said Stewart. "It's kind of a lifestyle. The community keeps me focused. I have some health conditions that I have to keep track of. I have Crohn's disease and the physical activity seems to help me manage that. Just to keep moving. If I sign up for a race, then I'm more committed to my training and eating properly, and then again, I've found a really cool community in Manitoba, and it gets very addictive."

Stewart plans to keep competing in triathlons in the near future but is un-



Stewart biked 40km on hilly terrain in 1:34:18.

sure whether she will pursue a return to the Worlds in 2025, which are being held in Australia.

In the meantime, she will continue to compete locally in Sulong Triathlon Group events.



Canadian supports, from left: Janine Deprez Pruneau, Angela Faulkner, Heather Martin, Lee Stewart, Jo-Anne Procter and Carolyn Finnsion.

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 **Stonewall Chiropractic Centre** is looking for a **new receptionist.**

Part time employee needed. Applicant must be comfortable working with the public. Previous experience with computers, billings and scheduling is preferred. Job requires teamwork and cooperation. Schedule is somewhat flexible for the right applicant. Saturday morning shifts are necessary. Immediate start is preferred.

Please drop off resume at 425 Main st., fax to 204-467-5187 or email to stonewallchiropracticcentre@gmail.com, ATTN: Ryan

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IN THE MATTER OF: The Estate of Fredrick James Taplin, late of the Town of Stonewall, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 4th day of December, 2024. DATED at Stonewall, Manitoba this 31st day of October, 2024. **GRANTHAM LAW OFFICES** Solicitor for the Executrices

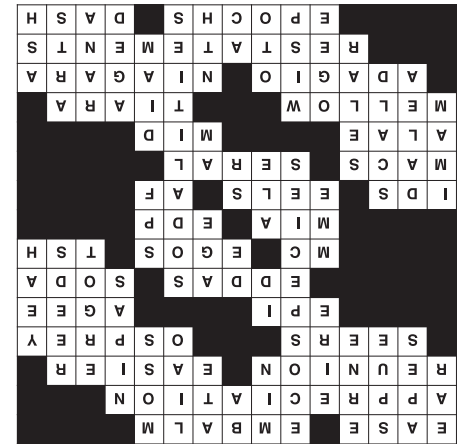
NOTICE TO CREDITORS

IN THE MATTER OF: THE ESTATE OF WALTER HALAYKO, late of District Teulon, in Manitoba, Deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at his office, Box 149, 70 Main Street, Teulon, Manitoba, R0C 3B0, on or before the 10th day of December, 2024. DATED at Teulon, Manitoba, this 22nd day of October, A.D. 2024. **STEVEN R. SHINNIE SOLICITOR FOR THE EXECUTOR**

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Stonewall Teulon
Tribune



Crossword Answer

News Tips? Story Ideas? call the Tribune 204-467-5836

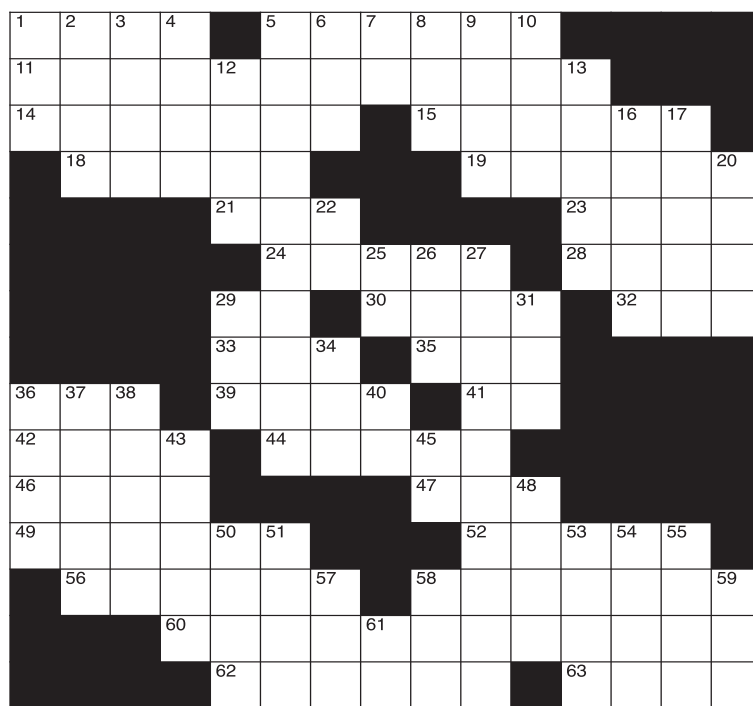
X CROSSWORD

CLUES ACROSS

1. Absence of effort
5. Preserve a dead body
11. Gratitude
14. The act of coming together again
15. Simpler
18. Visionaries
19. Large, fish-eating bird
21. Indicates near
23. Former CIA agent and critic
24. Icelandic poems
28. Pop
29. "Hammer" is one
30. Senses of self-importance
32. Thyrotrophic hormone
33. Not around
35. Electronic data processing
36. Licenses and passports are two types
39. Snakelike fish
41. Air Force
42. Popular computers
44. Of a withered nature
46. Wings
47. Used in combination
49. Laid back
52. Jeweled headdress
56. In slow tempo
58. ___ Falls
60. Assertions made again
62. Periods of history
63. Hyphen

CLUES DOWN

1. Body part
2. Mimics
3. Expel large quantities rapidly
4. Sea eagle
5. A type of subdivision
6. Variety of Chinese



7. Mr. T's name on "The A-Team"
8. Consumed
9. Chinese dynasty
10. NFL great Randy
12. Ireland
13. Palm trees with creeping roots
16. Fungal disease
17. Impressionable persons
20. Affirmative! (slang)
22. Instinctive part of the mind
25. "The First State"
26. A way to develop
27. Fraternities
29. Woman (French)
31. Sunscreen rating
34. Beer

36. Spiritual leader
37. Indigo bush
38. Burn with a hot liquid
40. Junior's father
43. Ray-finned fishes
45. Morning
48. Line passing side to side through the center (abbr.)
50. Double curve
51. A small bundle of straw or hay
53. Got older
54. Crater on Mars
55. Humanities
57. Relating to the ears
58. "To the ___ degree..."
59. Residue of a burned product
61. It cools a home

THE RURAL MUNICIPALITY OF ROCKWOOD PUBLIC NOTICE

The Rural Municipality of Rockwood hereby gives notice that the date of the following Regular Meeting of Council has been changed:

From: Wednesday, November 27, 2024 starting at 9:00 a.m.

To: Wednesday, November 20, 2024 starting at 9:00 a.m.

At the Administration Office, 285 Main Street
Stonewall, MB

Council,
Rural Municipality of Rockwood



MAGELLAN AEROSPACE has an opportunity at our **ROCKWOOD PLANT** near Stony Mountain, MB for a full-time permanent **OCCUPATIONAL HEALTH & SAFETY SPECIALIST**

Responsibilities:

- Provide recommendations and guidance based on federal/provincial occupational safety & health legislation/regulations, codes, standards & guidelines
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- Conduct safety orientation of employees, visitors, contractors
- Act as first aid/emergency responder, incl. collaborating with on-site emergency response team
- Facilitate incident investigations, reporting and corrective action follow-up, liaise with regulatory authorities.
- Manage/coordinate Safety & Health Committee
- Support environmental mgmt. and disability mgmt.
- Develop/maintain safety documentation, incl. risk assessments, job hazard analysis, safe work procedures, emergency response plans, policies
- Implement corporate and divisional policies, procedures, safety initiatives
- Monitor environment for chemical, physical, workplace hazards
- Collaborate with union and other depts. incl. engineering, production, maintenance to meet safety objectives
- Identify/track safety related issues and communicate to sr. mgmt.

Requirements:

- Post-secondary education in occupational safety & health or equivalent work experience
- A minimum of three (3) years relevant work experience
- Standard First Aid/CPR Certification
- Strong communication, interpersonal, analytical, time mgmt. and prioritization skills
- Strong computer skills and proficient in MS Office

Please submit your resume at <http://www.magellan.aero/careers>

Announcements



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CARD OF THANKS

Taplin – We would like to express our sincere appreciation for the many acts of kindness shown to us following the passing of our husband, father, grandfather and great-grandfather, Fred. Many thanks to our families and friends for the flowers, cards, meals, baking, messages, phone calls, visits and helpful acts. Heartfelt thanks to Shirley Williams for the touching graveside service at the Argyle Cemetery and to Kenny Loehmer for his attentive professional manner and compassionate guidance handling the arrangements. Donations made in Fred's memory to the Heart and Stroke Foundation, CancerCare Foundation, or any other charity were greatly appreciated. The support and kindness that we have received during this sad time has been a source of comfort to us all.

-With sincere appreciation,
Elaine,
Brenda and Brad and family,
Karen and Loren and family,
Cathy and Bill and family,
Wes and family

GRADUATION



Congratulations to
Justin Pasichnyk
on your graduation of
Class 170 of the Winnipeg Police Service
on Friday, November 1, 2024
-From your parents
(Glenn and Holly Pasichnyk),
and family

IN MEMORIAM



Richard Allan Glucki
September 3, 1959 – November 6, 2023
Our Son

It broke our heart to lose you,
But you did not go alone;
A part of us went with you,
The day God called you home.
A million times we've thought of you,
A million times we've cried;
If loving could have saved you,
You would have never died.
Forgive us Lord, we'll always weep
For our son we've loved so much
But yet we could not keep.

-Love always and forever,
Mom and Dad

IN MEMORIAM



Richard Glucki
September 3, 1959 – November 6, 2023

One year has passed, feels like yesterday
We didn't know that morning
God was going to call your name...
In life we loved you dearly,
In death we do the same.
It broke our hearts to lose you,
You didn't go alone,
For part of us went with you
The day God called you home.
You left us beautiful memories
Your love is still our guide;
And though we cannot see you
You are always by our side.
Our family chain is broken
And nothing seems the same;
But as God calls us one by one
Our chain will link again.

-Love you forever and always,
We miss you so....
your wife Lori;
daughter Larisa and Craig,
grandchildren Ella and Zavery,
daughter Melissa and Jeff,
grandchildren Taylor, Kaelyn,
Casey and Julian

IN MEMORIAM



George Henry
January 23, 1941 - November 10, 2018
It's been six years since you left and your
presence is always missed.
-Love Flo and family

ENGAGEMENT ANNOUNCEMENT



Sandy and Sharon Jack
are pleased to announce
the engagement of their daughter
Breaune
to
Kyle Wiebe
A February 2025 wedding is being planned.
Please join us for a
Bridal Shower
on
Sunday, December 8, 2024
at 2:00 p.m.
Teulon Rockwood Centennial Centre
The happy couple is registered at
myregistry.com

IN MEMORIAM



Roberta Bruce
August 6, 1947 – November 4, 1999
-Lovingly remembered and sadly missed
by sister Linda and family (Carla and Joel)

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Announcements



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IN MEMORIAM



Joanne O'Dell
October 2, 1953 - November 1, 2021
In Our Hearts

We thought of you today,
But that is nothing new;
We thought about you yesterday,
And days before that too.
We think of you in silence,
We often speak your name;
Now all we have are memories,
And your picture in a frame.
Your memory is our keepsake,
With which we'll never part;
God has you in His keeping,
We have you in our hearts.
Forever in our hearts and on our minds.
-Love, Larry, Steve, Ernie and Ron

IN MEMORIAM



In Loving Memory of
Taylor Jennifer Dibley (Zahayko)
March 13, 1991 - November 7, 2020

Darling Taylor,
Our lives go on without you,
But nothing is the same,
We hide our heartache when someone speaks
your name,
Sad are the hearts that love you,
Your heart was so kind and true,
Silent are the tears that fall,
Living without you is the hardest part of all,
Those special years will not return,
But with the love in our hearts,
You will walk with us forever.
-Mom, Dad, Scott, Jack, Samantha,
Declan and Willow

OBITUARY



Henry (Hank) Thomas Lindley
October 30, 1940 – October 27, 2024

It is with great sadness to announce the passing of Dad on Sunday, October 27, 2024 at the age of 83.
He will be sadly missed by his children: Melissa (Trevor) and Kenneth, granddaughter Britney and great-granddaughter Emily. Dad took joy in being called "Grampus" vs Grandpa by both Britney and Emily.
Henry met his future wife Jackie having been set up on a blind date, they first resided in Winnipeg, moving briefly to Woodlands then to finally settle in Stony Mountain. Mom and Dad were married for 42 years when Mom passed away in 2007.
Dad has always been an avid gardener, this love of gardening he has passed down to his granddaughter Britney, as many know Dad did not believe in a small garden, the abundance of crops he would get some years had us scrambling to give away or donate to the Interlake Food Bank a place where both Mom and Dad volunteered.

Dad had a passion for his family tree and local history and spent countless hours working on it contacting family far and wide, having Melissa spend hours typing information for him. This hobby Melissa continues to this day.

Dad grew up in the Grassmere District on the Lindley family farm. At the age of 21 he enrolled in the Army, he received an Honorably Release in 1964 and shortly thereafter he started his employment with the Government of Canada as a Correctional Officer at the Stony Mountain Penitentiary, retiring after 31.5 of service. After retirement he gained a few new hobbies, one being travelling. He would read an interesting story about a place and decide the next day to go and check it out. Once such a trip saw him drive out 3 - 4 hours, not find the place to return home, get the correct info and do it again the next day, now successful in finding it and taking the pictures he wanted. We knew exactly why there were so many KM's on his trucks. He also loved to collect stoneware crocks, John Deere tractors both big and small, and glass bottles. On many occasions Kenny would warn Dad saying he would line them up and use them for target practice.

A Celebration of Life will be held on November 10, 2024 from 1 - 3 p.m. at Grosse Isle Recreation Club, Grosse Isle, MB. Interment in the Grassmere United Cemetery will be done later. In holding to Dad's style, the service will be friends, family, co-workers those that knew him, sitting around chatting away enjoying each other's company, have a cup of tea or coffee, sandwiches and dainties. His way, like he loved to say no bells, no whistles.

In lieu of flowers, donations can be made to Prairie Dog Central Railway c/o The Vintage Locomotive Society Inc., PO Box 33021, RPO Polo Park, Winnipeg, MB R3G 3N4.



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