

RE/MAX Town & Country
 Matt 204-770-2354 Alycia 204-461-3225
 remaxinterlake.ca



Discover the Perfect Blend of Comfort and Space in Warren \$259,900

This charming 3-bedroom bungalow offers 1,395 sq.ft. of modern living on a 0.68-acre lot with mature trees. Enjoy main floor laundry, a bright open layout, and a double attached garage—your ideal family home is here! Matt 204-770-2354



NEW PRICE \$499,900 OPEN HOUSE SUNDAY OCT 20, 2-4 PM

Discover Your Family's New Favourite Place to Be! now's the time to secure this fantastic 2-story, 2,000 sq.ft. family home in Stonewall! It features a ****beautifully upgraded kitchen****, a bright living room overlooking the backyard, and a ****deck ready for your next BBQ****. Plus, the backyard is your own little slice of paradise, complete with ****gardens and raised beds****.



MCKILLOP TEAM
 Susan 204-941-0221
 Brandt 204-782-8869
 View our properties
 mckillop.ca

RE/MAX Town & Country



Interlake-Eastern
 Regional Health Authority
 Fall
 Immunization
 Clinic Listings
 Inside

VOLUME 15 EDITION 42

Stonewall Teulon Tribune



AWARENESS MONTH

THURSDAY,
 OCTOBER 17, 2024

www.stonewallteulontribune.ca

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY



SVL 75 Kubota skid steer
\$300 /day

RENT ME



Kubota U17 Mini Excavator
\$300 /day

RENT ME



2024 RUBICON 520 DCT IRS, BLUE
\$12,550⁰⁰

save \$750



INCLUDES FREIGHT, PDI AND FEES

2024 TRX520 Foreman
\$10,397⁰⁰

save \$750



INCLUDES FREIGHT, PDI AND FEES

SHACHTAY SALES & SERVICE
 Arborg, MB
 204-376-5233



Education taking off

TRIBUNE PHOTO BY JO-ANNE PROCTER

Ecole Stonewall Centennial School Grade 7/8 science teacher Maria Nickel arranged for Grade 7 and 8 STEM (science, technology, engineering and mathematics) students to participate in the Canadian Space Agency's Rover Driving Academy. Pictured left to right: Maria Nickel with Grade 8 students Jessamine Kaplen, Tennley Nickel and Paige Bernier.

SERVING STONEWALL, BALMORAL, TEULON, GUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & KOMARNO



"Selling the Interlake, and Beyond, one Yard at a time!"

L.J. BARON
 - Realty -

The **Claudette GRIFFIN** Group

A Real Estate Boutique Practice with Concierge Service

Past Director - Winnipeg Realtors®
 Past Chair - Professional Standards

204-886-2393 Toll Free 888-629-6700
 baron@mts.net www.ljbaron.com



BUSINESS/INVESTMENTS OPPORTUNITIES in Teulon MB Potential, Position & Perfectly Priced



TEULON - \$173,500
BLUE SKIES PASTRY SHOP - if you'd love to own an established bakery & catering business that attracts a large clientele, your opportunity is waiting. The Affordable price of \$175K includes the charming building, fixtures & equipment. Call quickly on this one - it will go like a shot at this price. *Private Showings Only! Additional info on website www.ljbaron.com - MLS 202416533
LET THE GOOD TIMES ROLL!



TEULON - \$300,000
7000 sqft Commercial Building 1/2 Hr N of Wpg. CALLING Entrepreneurs! Quality-built commercial property offers endless options to generate revenue - ie possible residential units, satellite offices, learning centers, rehab centers, gathering center or expand your existing business. Property is immaculate! There are currently 2 long term tenants in separate units, in addition there are 10 separate offices, multiple office spaces/board rooms/washrooms & a Kitchen.
CONVENIENT LOCATION! CITY CONVENIENCE - RURAL EASYGOINGNESS! MLS 202413207



FRASERWOOD RM Armstrong - \$679,900
 Huge Family Home in Quiet Position! 70.45 Acres w/generous 2800 sf 5 BR 2 Bath home enveloped in an Intoxicating Aura of Rural Seclusion. HUGE 500+ sf Wrap Around Porch w/3 separate accesses. Oversized 34x24' Dble Det Garage -w/insul workshop room. **JUST LIKE NEW 50x50'** Insulate & Heated Shop w/g Overhead Door - a Mechanic's Dream. ATV Trails/Meadowed! MLS #202420421 - A Matt McSherry Listing 204-886-7585

"Let me just tell you about the best real estate agent in the WORLD - and that would be Claudette Griffin! Claudette you helped me so much during a difficult move and I could not have done it without your love and support for which I am truly grateful. You are indeed Professionals!" (AB)

ESCAPE THE URBAN LIFE - CHECK OUT RURAL LIVING Share your dreams with me and I can help make them come true!

Stonewall students embark on a moon mission

By Jennifer McFee

Stonewall students had an out-of-this-world opportunity to drive a rover over a simulated moon surface, right from their classroom at Ecole Stonewall Centennial School.

A total of 43 students are participating in Grade 7/8 teacher Maria Nickel's optional STEM class, which focuses on science, technology, engineering and math.

On Thursday, Oct. 10, they had the chance to participate in the Canadian Space Agency's Rover Driving Academy. Nickel applied for the chance to get involved in the program, which is free for Grade 6 to 9 students, with support from Mission Control and Pinnguaq Association.

Through this program, students drive a real rover over a simulated lunar surface with mission objectives and facilitator support.

To start, students viewed a PowerPoint presentation by the CSA Rover Driving Academy about the mission and their roles in it. One of the roles was the rover scientist in charge of the instrument on the rover called the laser-induced breakdown spectrometer, which helps use the laser to give off light on the rock or soil that shows which element is in it. The rover driver was in charge of driving the rover to one of four zones so the rover scientist could do their job. The rover safety role involved using tools to find hazards and help the driver avoid them.

The students split up into teams and received their role sheets plus a copy of the presentation. They also had to understand all the other roles, since



Nolan G. and the other participants received information about the mission objectives and different roles.

they experienced each job in rotation within their teams.

Class discussions focused on the moon and its properties on the surface. Students also learned about hazards they might face on the moon and what they might have to do to assist the rover towards success — without getting stuck or hitting a hazard that might permanently damage the rover.

During last week's event, students used Microsoft Teams to connect with a live lunar simulated yard in Ottawa. After Nickel counted down, the groups started working on their plan to gather samples, water and oxygen for a successful mission.

As the teacher in charge of the simulation, Nickel also received training in each role prior to the event so she could help students, if needed.

"It was amazing getting to drive the



TRIBUNE PHOTO BY JO-ANNE PROCTER

Grade 8 STEM students, left to right, Cash T., Reed M., Radek F. and Grayson L. participated in the Canadian Space Agency's Rover Driving Academy.

rover that will be going to the moon for Canada's first mission to the moon's surface with a rover designed and built in Canada," Nickel said.

The participants were fully engaged in the activity, and Nickel said they demonstrated kindness and helpfulness to fellow students.

"It was great to see the problem solving, teamwork, resilience and so many smiles and giggles when they were successful in their mission," she said.

"The biggest smiles were when they first started to drive the rover — and to see it move excited the kids a lot. It was wonderful to see their faces light up with excitement."

The immersive experience provided an opportunity to virtually explore

the lunar landscape. At the same time, students enhanced their understanding of lunar science and rover operations.

"It covered all the STEM letters (science, technology, engineering and math)," Nickel said.

"It was the gold standard for my class — teamwork and collaboration by learning the importance of clear communication and being able to co-ordinate together to achieve common goals, problem solving, critical thinking skills, scientific exploration by conducting experiments and making observations using the moon as the platform for learning."

Nickel added that she was thrilled to

Continued on page 3

Co-operators Life Insurance

Your life is one of a kind, your life insurance should be, too!

Talk to us today!



 **Tracey Malone**
Financial Advisor and Mutual Fund Investment Specialist
344 Main St, Stonewall
204-467-8927

Investments. Insurance. Advice.

 **co-operators**

inview_insurance@cooperators.ca

Inview Insurance Services | Co-operators Financial Investment Services Inc.
Co-operators® is a registered trademark of The Co-operators Group Limited. L0048 (05/22)

Sign up for Ladies Leagues today!

WE ARE OPEN FOR THE SEASON!

Book your Christmas Party or Event today.
EVENTS INCLUDE: corporate team building, team windups, family gatherings, birthdays, bachelor/bachelorette parties, holidays and more.

GOLF SIMULATORS & LOUNGE

331-1st. St. E.
Stonewall
Call to book your par-tee 204-467-7529
www.nineteenthhole.ca



THE 19th HOLE

BOOK ONLINE TODAY

Vivid Northern Lights



Artem K., left, and Jake F. experienced the opportunity to drive a real rover over a simulated lunar surface.

> ROVER, FROM PG. 2

find the once-in-a-lifetime opportunity for her students on the Canadian Space Agency's social media page on X (formerly Twitter).

"For the first time in history, a Canadian rover will explore the moon and help in the international search for

water ice, a key component needed for the future of human space exploration — and Stonewall Centennial STEM 7 & 8 students were a part of that first," she said.

"I am so proud of their resilience, teamwork and excitement for this opportunity."



Kaylee M., left, and Olivia B. work together to drive the rover.



TRIBUNE PHOTO BY RUTH JEWELL

The dazzling northern lights or aurora borealis were very visible last week across Manitoba. The lights have been coloured red and green primarily, due to the makeup of gases in our atmosphere. The red colour primarily comes from nitrogen, while the green comes from oxygen. Temperatures varied from a low of 1 degree upwards to 20 degrees C. with lots of wind and a bit of rain throughout the week. Help the Tribune record the temperature of the week and send in photos of friends and families enjoying the outdoors. Email: news@stonewallteulontribune.ca

 **COMPLETE
PHYSIOTHERAPY**
Restoring you to the BEST you



Ryan Aikens

Physiotherapist

**Locally raised and
here to assist you**

**Please call to make
an appointment**



375 Main St., Stonewall
www.completephysiotherapy.ca



204-467-8900

When you find your spot

When you step onto a trail or check into your favourite campsite, you're supporting an industry that's there to support you. Whether you're there to unwind, re-energize or reset let tourism be your guide as you enjoy the benefits of Manitoba's natural beauty.

When you change how you look at tourism, you see it everywhere.
Learn more at travelmanitoba.com/tourism

MANITOBA

**THIS IS
TOURISM**



Coconut-infused magical, fizzy bath bombs

By Becca Myskiw

Amber and Marie Drohan share more than just a family bond; they've united their passions to create Featherlight Bath and Body.

Launched at the end of 2023, this mother-daughter duo wanted to make something of their own. After pondering ideas, the pair found they were both passionate about good, all-natural bath products that are as gentle on the skin as they are effective.

A month later, they made their first sale in the market.

The Drohans, who call their company Featherlight Bath and Body, make and sell bath bombs, shower steamers, and bath soaks.

"We focused on the least amount of ingredients," said Marie. "We wanted to minimize infections people could get or have allergies to."

Finding that perfect combination of ingredients that didn't fall apart or crumble took a bit of trial and error, said Amber, but they finally found a recipe that works, and now, their bath bombs are their best sellers.

Amber said she used to love having baths and using bath bombs, but she would come out of them with her skin

stained pink and not feeling any different than she had before.

"It was a fun experience, but I wouldn't feel clean or soft or anything after," she said. "It's important to find products that do something for your skin instead of just sitting on it."

Each Featherlight Bath and Body bath bomb is made from baking soda, citric acid, Epsom salts, corn starch, and their winning ingredient, coconut oil, and then scented with essential oils.

"I think it's just a really good product for anyone because it's so simple," said Marie. "When you use our bath bombs, you're just so soft after. It's that coconut oil."

The business has four classic bath bomb scents they sell year-round: rose, eucalyptus mint, lemongrass, and lavender. They also have two collections they offer at different times of the year — the Christmas Collection, which includes scents like After Eight, Winter Forest, Apple Crisp, and Blizzard and the Medicine Wheel Collection, which has scents like Sage, Sweetgrass, Cedar, and Tobacco. The

Continued on page 10



TRIBUNE PHOTOS BY LANA MEIER

Featherlight Bath and Body entrepreneurs Marie Drohan, left, and Amber Drohan focus on minimal ingredients stems from a desire to reduce allergens and irritants in personal care routines. This commitment shines through in their popular bath bombs, crafted with baking soda, Epsom salts, and nourishing coconut oil.



The classic bath bomb scents available year-round include rose, eucalyptus mint, lemongrass and lavender.

FARM
-to-
FORK

It's *Barbeque*
SEASON!

Your full-service meat shop, offering an extensive selection of fresh, premium elk and bison products for unparalleled taste and nutrition

- Bison burgers
- Elk burgers
- Yellowstone burgers (combo)
- Elk & cheese smokies
- Elk garlic sausage

STONWOOD ELK RANCH LTD.

STEAKS • ROASTS • GROUND • STEWING & STIR FRY MEAT
LIVER • SOUP BONES • GARLIC SAUSAGE

CALL OR TEXT 204-791-9856
(by appointment only)

StonwoodElkRanch.com
stonwoodelkranch@gmail.com

DIRECTIONS FROM BALMORAL: 1 MILE SOUTH ON HWY 236 & 1.75 MILES EAST ON ROAD 84N
OR 1 MILE SOUTH ON HWY 7 AND 1.25 MILES WEST ON ROAD 84N (Watch for Stonewood Elk Ranch sign)

brightside

DENTAL CARE

NOW ACCEPTING THE
CANADIAN DENTAL CARE PLAN

Dr. Ashley Dykun

Dentist

Dr. Shauna Murray

Dentist

Drew Trapp

Denturist

Call us to book an appointment for all your dental needs, including dentures, orthodontics and same day crowns

310 1st Street West, Stonewall, MB

204-467-2746

brightsidedentalcare.ca

Flu and COVID shots coming to Interlake starting October 15

Public Health to host many immunization clinics in our region this year

By Katelyn Boulanger

The fall time is here and in addition to pumpkin spice and changing foliage, it's time to book your seasonal flu and COVID shots.

Public health will host more than 70 immunization clinics in 42 different communities across the region this year. This year's seasonal influenza campaign will start on Oct. 15 and continue through to Nov. 30.

"This is a time of the year where respiratory and non-respiratory viruses start impacting our health and the health of our family. Immunizations remain the cornerstone of infectious disease control and prevention in our province," said Interlake-Eastern Regional Health Authority regional medical officer of health Dr. Tim Hildermand in a statement from the IERHA.

All Manitobans six months of age and older are encouraged to get their free immunizations.

Flu and COVID-19 vaccines are especially recommended for those at higher risk of infection or severe disease, along with their caregivers and close contacts.

Those at increased risk of severe disease include:

- people 65 years of age and older;
- residents of personal care homes or long-term care facilities;
- pregnant people;
- children from six months of age until they turn five years old;
- Indigenous people; and
- individuals with chronic health conditions.

Even those not in the higher-risk category can benefit from getting a jab as, in addition to lessening your risk of getting sick, fewer people in our community getting sick means it's less likely that these illnesses can spread to others.

The flu and COVID-19 can cause infections of the nose, throat, airways and lungs. These infections are spread through the air when someone

who is sick talks, coughs or sneezes. They can also be spread through direct contact with secretions such as saliva or if a person touches an object that can carry and spread disease, including doorknobs or toys, and then touches their mouth, nose or eyes before washing their hands.

Residents can book a flu or COVID shot appointment by calling 1-844-626-8222 between 9:00 a.m. and 5:00 p.m., Monday to Friday or by using the online booking system found at www.ierha.ca "Programs and Services" and "Annual Immunization Clinics".

Please note residents are advised to:

- Bring your Manitoba Health Card and wear a short-sleeved shirt.
- Some walk-in appointments are available. Please see the online vaccine provider map on www.ierha.ca "Programs and Services" and "Annual Immunization Clinics" for walk-in details.
- Please practice good hand-washing.
- Do not come to your appointment if you are experiencing flu-like symptoms.
- Please come right at your appointment time to avoid congestion.

Immunizations are already being offered to clients and families in personal care homes across the region. The roll-out of the immunizations for home care clients and their families will commence this week.

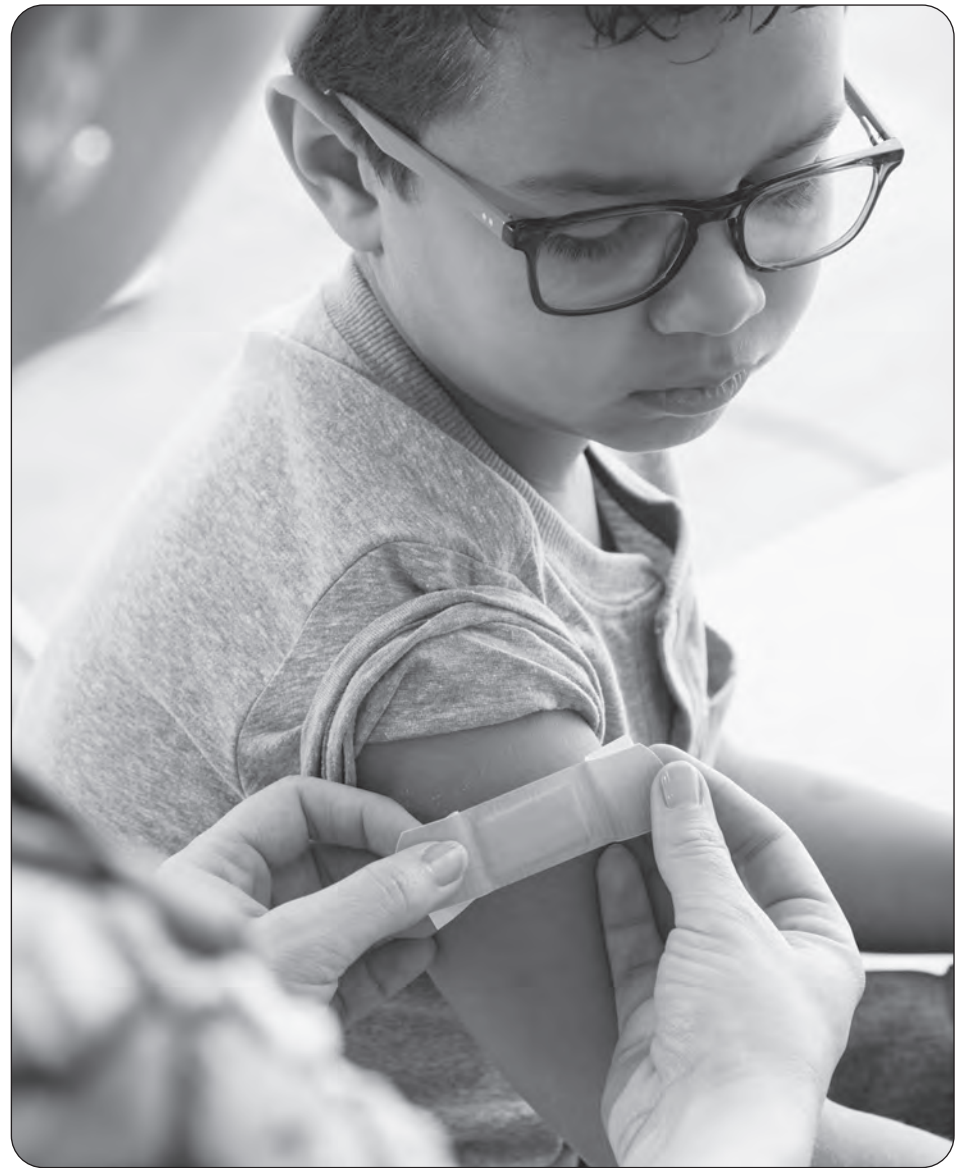
**Moving?
Downsizing?
Short on Space?** 

Self Storage units and Parking spaces

7.5' x 9.5' self-contained storage units \$120/month

30' x 15' secure outdoor storage \$60/month

Contact Eddies Gravel 204-389-2023




TRIBUNE PHOTO METRO

Immunization clinics coming to our region.

Saturday, October 19 Special

Prime Rib

ROCKWOOD Motor Inn 390 Main St. Stonewall **467-2354**

THE Flicks  **CINEMA**

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

319 First Street E., Stonewall, Man.
467-8401
PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

**LAST DAYS:
WED & THURS
OCT 16 & 17
AT 7:30 PM**

**JOKER:
FOLIE À DEUX**

*Adult Accompaniment Under 14;
Coarse Language;
Violence* **14A**

**FRI-SAT-SUN-MON OCT 18-19-20-21
(CLOSED TUES) AND WED-THURS OCT 23-24**

**FRI-SAT-SUN-MON OCT 25-26-27-28
(CLOSED TUES) AND WED-THURS OCT 30-31**

**AT 7:30 pm
EACH NIGHT**

*Beetlejuice
Beetlejuice*

BROUGHT BACK

*Michael Keaton
Jenna Ortega*

*Adult Accompaniment Under 14;
Gory Scenes* **14A**

**AT 7:30 pm
EACH NIGHT**

Smile 2

*Naomi Scott
Rosemarie Dewitt*

*Adult Accompaniment Under 18;
Explicit Violence* **18A**

Stonewall Teulon
Tribune



PUBLISHER
Lana Meier



SALES/MARKETING
Brett Mitchell



REPORTER/PHOTOGRAPHER
Jennifer McFee



REPORTER/PHOTOGRAPHER
Autumn Fehr



REPORTER/PHOTOGRAPHER
Kieran Reimer



DISTRIBUTION
Christy Brown



REPORTER/PHOTOGRAPHER
Patricia Barrett



ADMINISTRATION
Allana Sawatzky



ADMINISTRATION
Corrie Sargent



ADMINISTRATION
Jo-Anne Procter



PRODUCTION
Nicole Kapusta



PRODUCTION
Debbie Strauss



PRINT
Dan Anderson

OUR SISTER PUBLICATIONS

THE **EXPRESS**
WEEKLY NEWS

Winkler • Morden
The **Voice** **Voice**
Alton • Sturtevant

Selkirk Record

The Carman-Dufferin
STANDARD

getheard > Got news?

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



Jennifer McFee
204-461-5352
jen@stonewallteulontribune.ca

Members needed for National Advisory Council for Canada's Volunteer Awards

By Jennifer McFee

The federal government is recruiting members to join the National Advisory Council for Canada's Volunteer Awards.

Canada's Volunteer Awards honour the outstanding achievements of volunteers across the country while also highlighting the significant impact of volunteerism in Canada. The awards recognize volunteers, not-for-profit organizations, social enterprises and businesses through five award categories for a total of 21 awards.

The National Advisory Committee is made up of 15 members who serve a three-year term with the possibility of extension by one-year increments for a maximum term of six years. The committee plays a key role in selecting award recipients and promoting volunteerism.

Members are external to government, represent diverse communities and have knowledge of the voluntary, not-for-profit and social enterprise sectors. Ideal candidates have experience volunteering or working with an

organization that supports community development and understand the value of volunteerism.

They advise and assist the minister of Families, Children and Social Development on the selection of Canada's Volunteer Award recipients.

Balmoral resident Brenda Martinussen is a member of the National Advisory Council. Through her role, she is responsible for reviewing and scoring the screened submissions for the Canada's Volunteer Awards.

"I review all the awards for the Prairie region as well as the Thérèse Casgrain Lifetime Achievement award, which is national. Each year, I have also volunteered to review awards in other regions when they are low in NAC members in that area," she said.

"This year, I am the co-chair of the National Advisory Council as well. I am the only representative from Manitoba on the National Advisory Council at this time."

Martinussen encourages others to get involved, and she can see the ben-

efits of her own involvement.

"I get inspired when I read of all of the great work that people are doing across our country. Across the country, Canadians volunteer around 2.5 billion hours each year. That is valued at approximately \$55 billion," she said.

"Our society could not function as it does without volunteers. I get to play a small part in recognizing some of these great people. With my fellow National Advisory Council members, I also get to engage with a wonderful group of people from across the country."

The deadline to apply for Canada's Volunteer Awards' National Advisory Committee is Oct. 23. Anyone aged 18 and older can apply. For more information or to submit an application, visit <https://cva-pbc.service.canada.ca>. You can also request a form in an alternate format by emailing info-cva-pbc-gd@hrsdc-rhdcc.gc.ca.

Temporary measures to reunite Indigenous families across the Canada-US border

By Annaliese Meier

Colonial borders have had profound impacts on Indigenous Peoples. They have put stress on families, kinship, cultural ties, traditional practices, language preservation and revitalization, governance, and economic opportunities. For some communities separated by the Canada-United States border, these impacts are felt on a daily basis.

To address these challenges and to

further advance reconciliation, as a first step, today the Honourable Marc Miller, Minister of Immigration, Refugees and Citizenship, announced temporary measures to help Indigenous people in the United States reunite with their families in Canada and reconnect them with their traditional territories. These measures will allow eligible Indigenous people whose family members live in Cana-

da to:

- work or study in Canada with some requirements waived
- extend their stay for up to three years (for those who are already in Canada)

"First Nations, Inuit, and Métis have long called upon Canada to recognize Indigenous people's mobility rights across our international borders.

Continued on page 7

ADVERTISING OR PRINT

CONTACT INFORMATION
ads@stonewallteulontribune.ca
Lana Meier 204-292-2128
news@stonewallteulontribune.ca
PHONE 204-467-5836
FAX 204-467-2679

OUR EDITORIAL STAFF

Jennifer McFee 204-461-5352
jen@stonewallteulontribune.ca
Autumn Fehr 204-998-1993
Reporter/Photographer
asfatcos@academic.rrc.ca

PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

The Stonewall Teulon Tribune is published Thursdays and distributed through Canada Post to 7,800 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.

MAILING ADDRESS

74 Patterson Drive, Stonewall Industrial Park
Box 39, Stonewall, MB R0C 2Z0

> EMAIL US

Print: igraphic@mymts.net
Classified: ads@stonewallteulontribune.ca
News: news@stonewallteulontribune.ca

Funded by the Government of Canada | **Canada**

View the Stonewall Teulon Tribune online at
www.stonewallteulontribune.ca



Rockwood seeking permission to install crosswalk in Balmoral across

Rockwood council news in brief

By Jennifer McFee

Council conditionally approved a request from Mountain Ridge Developments and Connection Homes to vary the minimum side setbacks to allow proposed construction of a new single-family home.

The side setbacks will be reduced from the required 10 feet to six feet six inches.

IN OTHER COUNCIL NEWS:

- Council received a request to vary a rear yard setback to 25 feet from the required 50 feet so the owners can build a 2,760-square-foot accessory farm building on the property, which is located near the corner of Winfield Road and Highway 7. If they were to adhere to the 50-foot minimum rear yard setback, the farm building would be placed on an MTS fibre optic line. In addition, there are limited options for other locations for the proposed building on the property. South Interlake Planning District didn't have any significant concerns with the proposal, and council approved the request.
- Council received a request to vary the minimum site area of a Stony Mountain property to 3.652 acres from the required 20 acres to allow for the property to be subdivided. In June, council conditionally approved the subdivision request, which would result in a new industrial lot and a new public reserve. One of the condi-

tions is that the applicant needs to get a variance order for the reduced site area. South Interlake Planning District had no significant concerns with the proposal, and council approved the request.

- Council received a request to build an 864-square-foot detached secondary suite on a 4.96-acre property on Road 75N near the intersection of Road 5E, about two kilometres south of Stonewall. The secondary suite would be occupied by an aging couple whose daughter and son-in-law own the property. They are finding it challenging to maintain their current Rockwood property due to health concerns. South Interlake Planning District didn't have any significant concerns with the proposal, and council approved the request.
- Council is extending the Winfield waste transfer station operator agreement for another year at a cost of \$139,980 plus the yearly average consumer price index in Manitoba for October.
- Council is also extending the Teulon-Rockwood waste disposal grounds operator agreement for another year at a cost of \$69,600 plus GST.
- Council is extending the curbside waste collection services agreement with 4570732 Manitoba Ltd. for another year at a cost of \$251,680.36 plus the yearly average consumer price index in Manitoba for October. In addition, council will sign an agreement with the same company for roll-off bin rental at a cost of \$125 per bin per month, plus a hauling rate of \$190 per haul.
- The RM will add a line in

future budgets to account for hiring more graders to help speed up spring grading.

- Council appointed Coun. McClintock and Coun. Hintz to the West Interlake Watershed District committee. Coun. Hintz is also authorized to attend the 2024 Manitoba Watersheds Conference in Brandon from Dec. 2 to 4.
- The RM of Rockwood is seeking permission from Manitoba Infrastructure to install a crosswalk in Balmoral across Provincial Road 236 at Dykstra Road. The RM will pay for upgrades to the sidewalk and to the rectangular rapid flash beacon.
- The RM of Rockwood sponsored the Teulon and District Ag Society's 31st annual Pumpkifest in the amount of \$1,000. The event took place on Sept. 21.
- Council conditionally approved a request for property owners to keep an existing home on their Road 7E property while they build a new home.
- Council authorized Lafarge Canada to place a non-permanent mobile home on the Road 79N road allowance to be used as the new scale house for the company and its quarry operations.
- The RM will pay \$500 to the Interlake Pioneer Trail for administration fees for the trail and for Community Futures East Interlake.
- A public hearing regarding a subdivision appeal in the RM of Rockwood will take place on Oct. 17 at 9:30 a.m. at the Heritage Arts Centre in Stonewall.

> REUNITE, FROM PG. 6

Through ongoing consultation and collaboration, Indigenous partners have highlighted how these borders affect their families and communities, limiting connections across their traditional territories. These new measures help us respond more quickly to the urgent needs of families separated by borders, while continuing the work to strengthen and expand Indigenous mobility rights," said Miller, Minister of Immigration, Refugees.

These temporary measures were implemented to relieve hardship on families while the federal government continues to work toward long-term

solutions to address Indigenous border mobility challenges. This work is part of efforts to implement the United Nations Declaration on the Rights of Indigenous Peoples (UN Declaration) in Canada.

"For generations, our Ktunaxa people lived and moved freely across what is now the US-Canada border. We commend the Government of Canada for collaborating in a joint process with our Tribal leaders and taking action to address our inherent rights. These interim measures are a positive first step, but more work remains to fully restore them," said chairwoman

Jennifer Porter of the Kootenai Tribe of Idaho and United States co-chair of the Jay Treaty Border Alliance.

Indigenous people eligible for these measures can apply as of Oct. 10, 2024. Applicants must apply in advance before they travel to Canada. Those who are already in Canada can also apply from inside Canada. Applications can't be made at the border (port of entry). Please visit our dedicated web page for details on how the measures work, who is eligible for them and how to apply.

worship

with us > FAITH

Memories



Our memories are funny things, aren't they? Some days we can't remember why we walked into the room only to backtrack our steps and somehow remember what we were originally planning to do; which if we're wise we quickly do before we forget again! Other times we can vividly remember something said or done on the school playground from decades ago, and it still affects us! People's words, actions and the memories that go with them often impact us. Sometimes we need help working through what people say and do, other times we can think about things we are thankful for. I have heard of many people over the past number of years who make it a daily practice to write down things they are thankful for. I tried to do this at one point but forgot, then never went back to it. When negative thoughts threaten to overtake us, remembering all that we are blessed and thankful for can steer our thoughts in a different direction. Psalm 77:11-12 says, "I recall all you have done, O Lord; I remember your wonderful deeds of long ago. They are constantly in my thoughts. I cannot stop thinking about your mighty works." What a great verse to remind us to remember the many good things the Lord has done! It only takes a few minutes to pause and enjoy the crisp fall air while we're watching the sky change colours on another evening sunset, as we listen to the sound of children's laughter. Philippians 4:8 says "Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise." As we pause and think about each of these words we'll find our perspectives change and our hearts encouraged. If the news of the day fills you with worrisome thoughts, let me encourage you to reflect on these Bible verses and the many wonderful things the Lord has blessed us with.

Pastor Jo-Ann Porterfield
 Alive Family Church
 Stonewall, MB
 alivefamilychurch.ca

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@stonewallteulontribune.ca. Please include your name, address, and phone number for confirmation purposes.

Community-Building Fund agreement extended for another 10 years

By Autumn Fehr

At the regular Oct. 8 meeting, the RM of Woodlands council entered into an agreement with the Government of Manitoba, represented by the

Minister of Consumer Protection and Government Services in regard to the Canada Community-Building Fund Municipal Agreement.

A federal funding program delivers \$2.4 billion annually to provinces and territories, which then distribute it to municipalities for infrastructure projects. The former agreement had expired, so now the federal and provincial governments have entered into a new agreement to continue this funding program - the Canada Community-Building Fund agreement. Following this agreement, the Province of Manitoba is now entering into a 10-year agreement with municipalities to set out how the funds will be distributed and used, which is the basis for the agreement outlined in the council's agenda. Woodlands will continue to receive the same or similar levels of funding they have received

through this program for years. The funding is allocated on a per capita basis. In 2024/2025, the municipality will receive \$210,700.

IN OTHER COUNCIL NEWS:

- Council did not proceed with a second reading of the administrative penalties bylaw - a bylaw that allows council to charge fines for bylaw violations. It has been tabled to the Oct. 22 council meeting, pending some changes which will be discussed at the Oct. 15 Committee of the Whole meeting.

- Council approved the Warren Mercs Hockey Club sponsorship for \$500.

- The Board of Revision hearing scheduled for Oct. 8 was cancelled due to the withdrawal of all

the appeals that had been received. All of the appellants either withdrew their appeals or were able to negotiate an agreement with the Assessment Branch. Therefore, there was no reason to hold the hearing.

- Council authorized Coun. Carl Fleury to attend the 2024 Manitoba Watersheds Conference in Brandon for \$235.

CORRECTION:

In the Oct. 3 edition of the *Stonewall Teulon Tribune* in "Good St. and Broadfoot Ave. projected to be completed earlier than anticipated," it should have read that the truck repairs by DMC Diesel were for the 2004 International semi, not the new 2018 International semi.

The *Tribune* apologizes for the error.



THANK YOU
To our Customers for your Patronage. A special **THANK YOU** to our **STAFF** for another successful golf season.
Have a Safe and Healthy winter. We will see you in the spring!

STONY MOUNTAIN & LILFIELD UNITED CHURCHES
Present
Sisters of the Holy Rock



Come out for an evening of music, merriment and more at the **STONEWALL LEGION HALL** 459 Main Street, Stonewall, MB

SUNDAY, OCTOBER 27, 2024 • 7:00 PM
(doors open at 6:30 pm)

Tickets: \$25 (advance) \$30 at the door
Contact info or to reserve tickets
Pam at smuctreasurer@gmail.com 204-344-5609
Diane at Lilyfield.1907@gmail.com 204-881-1204

Open house events set for regional water project

By Jennifer McFee

Would you like to learn more about the regional water project?

The Town of Stonewall and RM of Woodlands are hosting several upcoming open house events to provide information and receive feedback.

The town and RM are working together on a project to secure a high-quality water source for Stonewall, Woodlands and Warren that is treated through reverse osmosis.

Reverse osmosis is a purification process that removes impurities and hardness from raw water. By installing a reverse osmosis system in the new water treatment plant, there would be no need for residential water softeners or home-based reverse osmosis systems.

Currently, the wells in Stonewall are about 40 years old. They will soon need to be refurbished or replaced before they fail. In addition, an expansion is needed for the existing reservoir.

The Warren reservoir is over capacity and needs to be expanded or reconstructed before it can accommodate any future development. The town of Woodlands has infrastructure for water distribution but no water source.

The two municipalities have also been working with the Manitoba Water Services Board and Stantec Engineering on studies and designs.

Up to 73 per cent of the current project costs would be funded by federal and provincial government contributions.

Residents will have multiple opportunities to learn more at upcoming open house events.

"The town council encourages all residents of Stonewall to take the opportunity and attend one of the scheduled open houses," said Stonewall Mayor Sandra Smith.

"If you have questions about the proposed ini-

Continued on page 10

Notice of Environment Act Proposal

Manitoba Environment and Climate Change invites public comment on the following proposal:

SUN GRO HORTICULTURE CANADA LTD - SUGAR CREEK BOG PEAT HARVESTING - FILE: 6236.00

Sun Gro Horticulture Canada Ltd. proposes to construct, operate, and recover a peat harvesting development at the Sugar Creek bog. The proposed development is located on Crown land within parts of Townships 26 and 27, Range 03, E1, and is located approximately 35 kilometres northwest of Riverton, MB.

Anyone likely to be affected by the proposal and who wishes to comment, should contact Bryce Wood, Environment Officer, in writing or by email at Bryce.Wood@gov.mb.ca no later than November 18, 2024. Further information is available from the Public Registry: www.gov.mb.ca/sd/eal/registries

Information submitted in response to this proposal will be available to the proponent and placed on the public registry per Section 17 of The Environment Act.

Environmental Approvals Branch
Manitoba Environment and Climate Change
Box 35, 14 Fultz Boulevard
Winnipeg MB R3Y 0L6
Toll-Free: 1-800-282-8069
Fax: 204-945-5229
Website: www.gov.mb.ca/sd/eal/registries



Correction

By Lana Meier

In the article titled "Stony Mountain Child Care celebrates multiple milestones," which appeared in the *Stonewall Teulon Tribune* on Oct. 10,

there was a typographical mistake. It incorrectly identified Sandra Bancroft as the first teacher, with assistance from Dorothy Jansen and Irene Hunt. The correct name should have been Irene Hart.

The *Tribune* sincerely apologizes for this error.

Annual Odd Fellow and Rebekah Memorial Eye Foundation Craft Sale

Odd Fellows Hall
374 1st St. W., Stonewall MB
Saturday October 26, 2024
10:00 - 2:00 p.m.

Great items for gifts and stocking stuffers: Homemade Crafts & Goodies

Admission: \$2.00
Silent Auction & canteen

From traditional to contemporary, we provide services to match what you want. **Just ask Ken.**



KEN LOEHMER FUNERAL SERVICES

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca



PUBLIC NOTICE

Centra Gas Manitoba Inc. Fiscal 2025 General Rate Application

Centra Gas Manitoba Inc. (Centra), Manitoba Hydro's natural gas subsidiary, has applied to the Public Utilities Board for the following adjustments to natural gas rates:

- Interim approval of a 4.5% general revenue increase effective November 1, 2024, to be finalized at the conclusion of the Application review process; and
- Approval of adjustments to rates that include costs to transport natural gas to Manitoba for distribution to customers' homes and businesses, and the costs to store natural gas in the summer months for use in the winter.

The proposed general revenue increases are needed to ensure Centra has the revenue to run the natural gas system and perform maintenance as needed to continue to provide reliable, safe and effective service to customers.

For an average residential household, the proposed November 1, 2024 rates result in an annual bill increase of \$24. Residential bills would increase approximately 3.9%, while bills for Large General Service customers would increase between 0.2% and 3.3%, depending on consumption. The bill impacts for High Volume Firm, Mainline and Interruptible customers will be communicated directly to those customers.

Further details of Manitoba Hydro's Application are available at: www.pubmanitoba.ca

You can share your views on the proposed rate increases with the Public Utilities Board in three ways:

- **As a Presenter** – If you want to make a virtual or in-person formal presentation to the Public Utilities Board on this matter and are willing to respond to questions about your presentation, please go to www.pubmanitoba.ca and apply to become an approved Presenter. Presentations are limited to a maximum of 10 minutes.
- **Written comment** – If you would like to comment in writing on the rate increase, please go to www.pubmanitoba.ca and provide your written comment.
- **As an approved intervener** – If you want to actively participate in the public hearing as an Intervener, please go to www.pubmanitoba.ca and apply for Intervener status. Interveners are required to represent the interests of a significant group of customers and may be required to combine their intervention with others representing similar interests.

Manitoba Public Utilities Board
400-330 Portage Avenue, Winnipeg, Manitoba R3C 0C4
Phone: 204 945 2638
Email: publicutilities@gov.mb.ca



Five days notice required.



Wheelchair access is available.



Flight Night fundraiser returns to Balmoral

By Jennifer McFee

A fundraising event that launched last year in Balmoral has really taken off, and the community is now looking forward for the second annual event.

On Saturday, Nov. 2, the Balmoral Community Hall is once again hosting its Flight Night fundraiser from 7:30 p.m. to midnight.

"It will be very similar to last year's event mainly because it was so well received. Last year's event was extremely successful. We sold out a week and a half before the event and people loved it," said Doug Carter, who serves on the Balmoral Community Hall board along with his wife Lisa.

"We immediately had people asking if we were going to do this every year. Now it's coming back due to popular demand, but there are a few changes."

The fundraising event will feature a cash bar with craft beers by Kilter Brewing Company and Sookrams Brewing Company. Attendees can also look forward to a cider option as well as a non-alcoholic beer.

The band Heartsleeve will be back to entertain the crowds with music that draws on multiple musical genres including folk, bluegrass and reggae.

The band features Gareth McNichol-Briggs on banjo and lead vocals, Mike Chaput on bass and vocals, Greg Fehr on guitar and vocals, Mike Erb on mandolin and pedal steel and Ryan Woods on drums.

"Heartsleeve was super well received last year," Carter said. "New this year, they will be joined by a special guest Fuller Hull, who will do the first set. Then the band will play a few sets after that."

Fuller Hull is an alt-country, indie folk artist whose music draws from his real-life experience.

In addition to toe-tapping live bands and refreshing beverages, Flight Night will also include a snack by local caterer Prairie Fusion Catering Co., as well as a 50/50 draw and a silent auction, which is new this year.

"We've got some really amazing prizes. People have been super generous and helpful, so we're really excited about that," he said. "We'd like to thank our event sponsors for their generous support."

He extends gratitude to Stonewall businesses Big Block Auto and Farm Supply, G and A Rentals, Home Hardware, Waring Landscape Supply and Quarry View Esso. In addition, he thanks the Bobby Hull Foundation



TRIBUNE PHOTO SUBMITTED

Heartsleeve will provide live entertainment at the Balmoral Community Hall Flight Night fundraiser on Saturday, Nov. 2.

for Children, Pine Ridge Golf Course, Gail Lamm, Leonard McKnight, Prairie Breeze Folk Art Studio, Kilter Brewing Company and Sookrams Brewing Company.

Although there's no specific fundraising goal, the event aims to raise as much money as possible for the Balmoral Community Hall.

"We are a registered charity and our mission is to preserve, maintain and

sustain the hall in its operation so that it's available to the community," Carter said.

"This is our annual fundraiser, so we're hoping for the best — the more the merrier."

Tickets cost \$25 and are available to calling or texting Doug at 204-461-0489 or Lisa at 204-461-4046. Attendees must be 18 years or older.

> OPEN HOUSE, FROM PG. 8

tative or are just curious about the project, your attendance is the best way to become informed."

Woodlands Reeve Doug Oliver also expressed enthusiasm for the project, as well as for the feedback opportunities.

"The RM of Woodlands council is excited to

bring high-quality water to the towns of Woodlands and Warren. Clean, reliable water is essential to both our health and economic growth, and this project represents a long-term investment in our municipality," he said.

"We look forward to sharing more information with residents at our open houses. Your feedback is crucial for this project to move forward."

On Tuesday, Nov. 5, an open house will take place at the Warren Memorial Hall (145 MacDonald Ave.) from 7 to 9 p.m.

On Wednesday, Nov. 6, an open house will take place at Woodlands Legion (120 Argyle St.) from 7 to 9 p.m.

On Thursday, Nov. 7, an open house will take place in the Access Auditorium at Stonewall Quarry Park Heritage Arts Centre from 2 to 5 p.m. and another from 7 to 9 p.m.

Depending on the outcome of the public consultation process, the new water treatment plant could be ready by late 2025.

We specialize in celebrating life

MacKenzie
FUNERAL HOME

info@mackenziefh.com
204-467-2525

ROYAL CANADIAN LEGION
STONEWALL BRANCH - 467-2261 Lic #418

Clubroom Events for the Week of October 14

Wednesday 4-10 Chase the Queen Draw at 8:30 Pot is over \$3,300

Thursday 4-10

Friday 4-close Meat Draw at 6:30

Saturday 2-close

Last Saturday Dinner October 26 will be Chicken Breast - Tickets are available at the bar for \$12.50

All are welcome - Support your local legion!

Al-Anon and AA Meetings Information

Balmoral Al-Anon Family Group
Balmoral Community Hall basement
6003 E MB-236, Balmoral, MB
Contact: (204) 470-8972
Meets every Wednesday 7-8 PM
Everyone welcome

Selkirk Red River Al-Anon Family Group
Christ Church Anglican
227 McLean St., Selkirk, MB
Contact: (204) 482-6287
Meets every Monday 7-8 PM

Teulon AA
Christian Education Building
3rd Ave. SE, Teulon, MB
Contact: (204) 461-0155
Meets every Tuesday 8-9 PM

Stonewall AA
Parochial Hall
291 1st St. W., Stonewall, MB
Contact Denis: (204) 981-7747
Donna (204) 461-0892
Meets every Sunday 7:30-8:30 PM

> FIZZY BATH BOMBS, FROM PG. 4

Medicine Wheel Collection is their best-selling one.

Their shower steamers come in four scents: relax, citrus, eucalyptus mint, and flannel jacket. Their bath soak scents vary from season to season.

In less than a year of business, Featherlight Bath and Body has seen great sales. They sell most of their products at craft markets in the community, but their classic bath bombs and shower steamers are also available at Prairie Zen in Stonewall.

The pair said they've recently started making their own bath soaps, and it's been going well. They plan to add more products to their offering in the coming months.

Creating and selling these products together gives Marie and Amber more bonding opportunities. They said that was a big reason for them starting this in the first place, and they're grateful for the time it gives them together.

Prices for bath bombs are 1 for \$6, 4 for \$22 or 8 for \$40. To learn more about Featherlight Bath and Body, follow their Facebook page. People can contact the pair at feathlightbb@gmail.com.

Teen publishes collection of heartfelt poems inspired by personal struggles

By E Antonio

Megan Highmoor's journey as a young author is truly inspiring. At just seventeen, she has already made significant strides in sharing her voice and experiences through poetry. Her book, *the words unsaid*, serves not only as an artistic expression but also as a beacon of hope for those grappling with mental health struggles.

Highmoor attends College Stonewall Collegiate and has always dreamed of being an author. She recently published her book *the words unsaid*, a collection of poems that she wrote to portray her experience with mental health.

"*the words unsaid* is a vulnerable collection of poetry I wrote during a rough mental health patch over the past few years. The book mostly revolves around a mentally and emotionally destructive relationship I was in, but also touches on other things that were going on at the same time as well," said Highmoor.

The young author experienced many mixed emotions about publishing her book. She was nervous about sharing her story but also found the experience exciting.

"I know it is something that not everyone can do, and I am really proud that I did."

Highmoor expressed that she is much more comfortable discussing the subject matter after publishing *the words unsaid*.

"And I am happy that it has reached the people that need to hear it," she added.

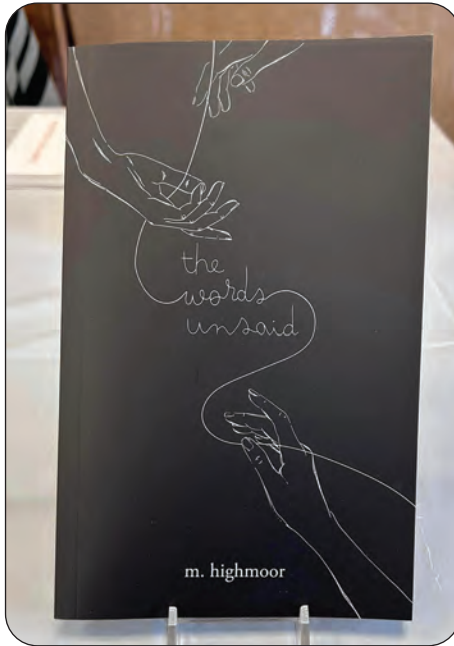
Highmoor began working on her collection of poems three years ago and described her journey as a lengthy process.

"It took me a year and a half from when I started my publishing journey to when it actually published," she explained.

Highmoor's book contains 64 poems, including many poems where she expresses her vulnerability.

Fans of Highmoor's writing got a copy of *The Words Unsaid* signed by herself at a recent book signing at Stonewall's Something Beautiful Café and Gift Shop on Sept. 21. She was thrilled at the opportunity.

"Lots of my friends and family came to support



the words unsaid is a collection of poems.

me at Something Beautiful, and even some people I didn't know came and bought books too, which was really cool."

While Highmoor is currently focusing on completing her senior year of high school, she noted that she would gladly consider holding another book signing if requested.

If you missed visiting the young author at Something Beautiful, *The Words Unsaid* is available online.

You can purchase a copy on Amazon, Indigo and the Friesen Press Bookstore.

"I also have a few copies for sale in the Something Beautiful Gift Shop," added Highmoor. She also plans to have a copy



TRIBUNE PHOTOS SUBMITTED

Megan Highmoor's recently published book centers on themes of mental health and relationships. Her vulnerability shines through each of the 64 poems she penned during a challenging period in her life.

available at the South Interlake Regional Library in Stonewall.

In the meantime, Highmoor is taking a pause with her writing but hopes to publish another book in her lifetime someday.

Experience the Benefits of Acupuncture

Our philosophy and mission remains focused on quick and equal access to care and providing service close to home.

QUARRY PHYSIOTHERAPY
AN *inMotion* CLINIC

STONEWALL
204-467-9101
347 Main St #3
Stonewall, MB
(The mural building)

ACUPUNCTURE SERVICES

- ONLINE BOOKING AVAILABLE
- DIRECT BILLING TO MOST INSURERS

- CONVENIENTLY OPEN MON-SAT
- EXPERIENCED, FRIENDLY STAFF

Keeping the Interlake inMotion since 1994

Inmotionnetwork.ca

"We lowered our energy bill. You can too."

- KEN & LYNN

Like Ken & Lynn, you can:

GET A FREE HOME ENERGY CHECK-UP.

With the **Energy Efficiency Assistance Program**, you can also:

- Get your home insulated for FREE (including the materials and the installation).
- Get a new natural gas furnace upgrade for \$9.50* or \$25** per month for 5 years.
- Get FREE energy efficient light bulbs, showerheads and aerators, air sealing products, and other energy saving items.

Find out if you qualify today

efficiencyMB.ca/EEAP
204-944-8181 or toll free **1-844-944-8181**

*When replacing a standard efficiency natural gas furnace.
**When replacing a mid-efficiency natural gas furnace.



Video project highlights Rockwood communities

By Jennifer McFee

What's your favourite part of living in your community?

Rockwood kids are sharing their community pride through a unique video project that showcases communities across the municipality.

The RM's administration, along with some local community members, worked together to create content for a series of videos to showcase the municipality's six communities: Grosse Isle, Stony Mountain, Balmoral, Argyle, Gunton and Komarno.

"The video project helps to showcase our wonderful communities in the RM of Rockwood. It started because we wanted to share what makes each community unique, and who better to tell us than local kids?" asked Rockwood Reeve Wes Taplin.

"We realize there were many important local experiences that hadn't been highlighted and projected. By working together with residents, we created this project to share the collective pride we have in our residents and their communities. The goal is to create something meaningful that can be enjoyed by both current and future generations."

The videos are available for viewing on any of the RM of Rockwood's social media platforms. Check it out to find out what kids say are their favourite parts about living in their communities.

"A huge thank-you to the parents and kids that helped share their favourite parts of each community," Taplin said.

"We're incredibly proud of the re-



TRIBUNE PHOTO SUBMITTED

A group of Stony Mountain kids participated in the project. Left to right: Alyssa, Arvie, Bria, Eiré and Lennon

markable people and beautiful places that make up our communities. This project is a way for us to celebrate the heart and spirit of our Rockwood, emphasizing what makes our municipality truly special."

Tax & Estate Planning

The journey of a business owner involves navigating four key stages: starting the business, building its foundation and growth, maintaining its operations for stability, and ultimately, preparing for a successful sale or transition. For business owners and incorporated professionals, strategic financial planning and solid accounting practices are the foundation for not only growing a profitable enterprise but also preparing for a future sale and achieving the retirement plans you and your family envision. A well-planned financial strategy allows you to maximize your business's value, ensuring a smooth transition when it's time to sell, and provides the peace of mind that comes with knowing your retirement and legacy goals are secure.

Join Talbot and Associates, CPA and Deprez and Associates Private Wealth Management on November 13th at 7pm-8pm at the Heritage Arts Center in Stonewall for an informative seminar tailored for business owners and incorporated professionals. This event will provide expert guidance on key financial strategies essential for the success and future security of your business and personal finances.

Key topics include:

Comprehensive Business Succession Planning: Learn strategies to ensure a seamless transition of ownership, whether passing your business to a family member or preparing it for sale. Minimize risks, maximize value, and plan for continuity.

Tax Implications of Business Structure: Understand how your business structure impacts tax liabilities and efficiency. Explore the benefits and drawbacks of different structures, including corporations, partnerships, and sole proprietorships.

Understanding Capital Gains in Business Structure: Gain insights into capital gains tax, how it applies to your business, and strategies for minimizing taxes when selling assets or shares in your company.

Blending Personal and Business Taxes: Discover how to strategically integrate personal and business tax planning to optimize overall tax efficiency and achieve your financial goals.

Drawing a Retirement Income from Your Business: Learn how to convert the sale of your business into a steady, reliable retirement income stream, ensuring a financially secure future.

Date: November 13, 2024

Time: 7pm - 8pm

Location: Heritage Arts Center

Registration link: event.deprezandassociates.com

Limited seats available - register early!



Financial Strategies for Business Owners and Professional Corporations

November 13, 2024 7:00 - 8:00 pm

Stonewall Heritage Arts Center

REGISTRATION LINK:
EVENT.DEPREZANDASSOCIATES.COM

Co-hosted by:

Brittany Sandberg, B. Comm. (Hons.), CPA, CGA, CBV

Jen Obsniuk, CPA, CGA

Jaymie Deprez, B. Comm. (Hons.), RRC, CFP

Chad Deprez, B. Comm. (Hons.), RRC, CFP



JAYMIE DEPREZ, CFP, RRC
Executive Financial Consultant

204-489-4640 deprezandassociates.com

CHAD DEPREZ, CFP, RRC
Executive Financial Consultant

SMALL BUSINESS SPOTLIGHT

Saturday, October 19th
Stonewall Legion
10am - 3pm

.....
\$1.00 admission fee goes directly to the Stonewall Christmas Cheer Board
.....

DRAWS

.....
Approximately
45 VENDORS

Stonewall council news in brief

By Jennifer McFee

Believe it or not, the holiday season is approaching quickly.

The Town of Stonewall accepted quotes to buy new seasonal lighting for Main Street. Council accepted an \$18,998.44 quote from Classic Displays.

CAO Wally Melnyk noted that council has been discussed changing the appearance of Main Street for many years to make it more of a destination.

"This is going to be a very, very welcome new addition to Main Street," Mayor Sandra Smith said.

"It's going to tie in to exactly what we're trying to do with the revitalization — a fresh look."

The town's current holiday lights

will be reused at Quarry Park.

IN OTHER STONEWALL NEWS:

- Stonewall residents had the chance to help themselves to canna lily bulbs. The town's planters brightened the area with colourful canna lilies this summer. Now that the season has changed and the planters emptied, the town offered the bulbs for free to residents.

- October is Disability Employment Awareness Month. Local businesses, homes and community organizations are encouraged to take part in the Light It Up initiative, which in-

Continued on page 20



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Early Childhood Education Workplace program is now underway in Stonewall's old post office building. The fast-track course is a collaborative effort among the RM of Rockwood, Town of Stonewall and Red River College Polytechnic. The program launched Sept. 3 and runs for 16 months.

SMALL CAR / 2 DOOR TRUCK
\$139⁹⁹

SUV (2 ROWS AND TRUNK) / 2 DOOR TRUCK
\$169⁹⁹

SUV (3 ROWS AND TRUNK) / 4 DOOR TRUCK
\$199⁹⁹

Approximately 1 - 2 hours

[M]²

SUPER CLEAN AUTO DETAILING IS A PROFESSIONAL DETAILING SHOP, GIVING YOUR VEHICLE THE TREATMENT IT DESERVES

Call or text 204-513-5611

Open for appointments Monday thru Sunday (closed Tuesday and Wednesday)
PICK UP AVAILABLE

STONEWALL

BEST GIFT EVER!

Scenic Flight Tour

Show them the world from 5000ft!

SPECIAL BIRTHDAYS

\$149 3 PASSENGERS AND THE PILOT ALL FOR ONE LOW COST

Book Today!

LS AIRWAYS FLIGHT ACADEMY

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

RME RED SEAL INSPECTION PROGRAM

2025

WIN!

COMPLETE INSPECTION AND REPAIR FOR CHANCE TO WIN**:

2025 Can-Am® Outlander XT 700

ADD BUSHEL PLUS PRODUCTS TO ANY REPAIR AND ALSO BE ENTERED FOR: \$3,500 WESTJET TRAVEL PACKAGE

RED SEAL CERTIFIED
DEPENDABLE - UPTIME - GUARANTEED

RME 2025

PLAN FOR MAXIMUM IN SEASON UPTIME

WITH THE MOST THOROUGH EQUIPMENT INSPECTIONS AVAILABLE

RME'S FACTORY TRAINED TECHNICIANS HAVE EXCLUSIVE ACCESS TO OEM:
DIAGNOSTIC TOOLS • SERVICE BULLETINS • SOFTWARE UPDATES • PRODUCT UPGRADES

RIGHT BY YOU - WE GUARANTEE IT!

OPTIMUM GUARANTEE LEVEL 1

PRIORITY SERVICE GUARANTEE LEVEL 2

See your local Service Sales Manager for full details.

BOOK EARLY FOR MAXIMUM DISCOUNTS
LIMITED SPOTS AVAILABLE

50 Series Automation Combine \$1,999 Reg. \$2,499	10 / 20 / 30 / 40 / 50 Flagship Combine \$1,799 Reg. \$2,299	80 / 88 Combine \$1,399 Reg. \$1,899	4WD Tractors \$1,199 Reg. \$1,599	QuadTrac \$1,399 Reg. \$1,799
SP Sprayer / Floater \$1,599 Reg. \$1,999	MFW / 2WD Tractors \$749 Reg. \$899	Combine Headers \$599 Reg. \$699	Hay Forage (Baler or Discbine) \$599 Reg. \$649	Skid Steer \$499 Reg. \$599

10% PARTS AND SERVICE OFF

ON ALL REPAIRS PERFORMED BY RME AS A RESULT OF THE RED SEAL INSPECTION.

1 YEAR WARRANTY

ON PARTS AND LABOUR FOR ALL SERVICES PERFORMED AS A RESULT OF THE RED SEAL INSPECTION.

WITH YOUR RED SEAL INSPECTION AND REPAIRS**:

SAVE UP TO 50% OFF EQUIPMENT WASH AND DETAIL.

UP TO ADDITIONAL 25% OFF DISCOUNTED INSPECTION RATES. With multiple unit bookings.

RME RIGHTBYYOU **CASE II** **CNH INDUSTRIAL GENUINE PARTS**

ROCKYMTN.COM

© 2024 Rocky Mountain Equipment LP. All logos and designs are trademarks of their respective companies. **When inspection is completed between October 1, 2024 & March 31, 2025. Inspection must be booked by November 30, 2024. ***See dealer for details. ****Winners to be announced April 15, 2025. See dealer for contest details.

Your FARM



Harvesting hope

By Lori Penner

About 25 local growers participated in the Common Ground grow project on Sept. 10, and with the help of nine combines and four grain carts, they managed to harvest 300 acres of wheat within one afternoon for the Canadian Foodgrains Bank.

Project spokesperson Kevin Nickel has been part of the project since it began in 2010, when the Penner family reached out, looking to have their land four miles east of Rosenfeld used for this purpose.

"They give us a good rate on rent, and they're very committed to the cause. They rent their land to the CHUM group out of Plum Coulee as well," Nickel says, adding that it's often a challenge for groups like theirs to find land for this purpose.

It's a labour of love, but it comes with a few challenges.

"There's a lot of support needed for this. Getting it seeded and sprayed is not that big of a deal. But the harvest is always nerve-wracking, trying to find a time that suits everybody to come out, when some of these people still have crops in their own fields. But it always happens. It's always had a way of working out over the years."

The Common Ground group fol-

lows a rotation of wheat, canola and soybeans.

"It was wheat's turn this year. All Manitoba Food Grains projects were able to access free seed from Seed Depot this year, and the Canadian Northern Hard Red Spring Wheat we planted is one of the varieties they handle."

Nickel says their 2024 crop looks good.

"Cereals, in particular, everybody was talking about them all spring and summer, just about how lush they looked," he says. "And even though there are some drown-out spots here and there, they seemed to power through most of that excess moisture that came at certain times. The yields we've been hearing about have been strong. I guess they just like the weather this year."

This is the 15th harvest on this field, and to date, the group has raised about \$900,000.

Despite his optimism for the 2024 crop, Nickel doubts they'll hit the hoped-for \$1 million mark this year.

"We have significant expenses each year and, even if there's a strong crop here, the prices have come down a long way," he explains. "Based on the bills we have yet to pay, it will



TRIBUNE PHOTOS BY LORI PENNER

A group of producers gathered at a field east of Rosenfeld on Sept. 10 to harvest 300 acres of wheat for the Common Ground grow project.



About 25 growers, nine combines, and four grain carts worked for hours to complete the harvest in one day.

be tough to raise \$100,000 net but we should put a good dent in that, so maybe next year will be the year."

At the end of the day, he says it's the common desire to help people in need that has kept the project going.

"It's such a pure cause for one thing. Feeding hungry people is the baseline. Nobody argues about that; it's a

really rewarding thing to do. People coming together to participate with us is humbling and gratifying."

The Common Ground project was one of four growing projects taking place that day. Others included Hands Harvest Hope in Darlingford, Gardenland near Boundary Trails Health Centre, and the SHARE project also near Darlingford (check out next week's *Voice* for more on that project).

This year there are nearly three dozen grow projects scattered throughout the province, with the majority of those in Southern Manitoba.

"It's just wonderful to see the communities coming out to harvest food, which will be used as financial resources for people who don't have enough food," said Manitoba regional rep. Gordon Janzen, who attended the Common Ground harvest.

Last year, half of the donations in Manitoba came from growing projects, along with contributions from individuals and farmers.

"I just appreciate the people who are in this network of generosity looking beyond themselves. We really appreciate the communities in Manitoba that are working together to end hunger. They have a big impact."



JOIN US FOR THE OCTOBER CONSIGNMENT SALE 2024

DAY 1 ITEMS AVAILABLE TO VIEW ARE OCTOBER 14 TO 19, 9-5PM

DAY 2 ITEMS AVAILABLE TO VIEW OCTOBER 14 TO 19, 9-5PM

BIDDING STARTS: OCTOBER 17TH AT 9AM

DAY 1 OFFSITE ITEMS WILL BE CLOSING ON OCTOBER 23RD STARTING AT 10AM

DAY 2 ONSITE ITEMS WILL BE CLOSING ON OCTOBER 24TH STARTING AT 10AM

PICKUP DAYS: OCTOBER 26 & 27 FROM 9AM TO 5PM. ARRANGEMENTS CAN BE MADE OTHERWISE.

SALE WILL CONSIST OF FARM EQUIPMENT, COLLECTIBLES, RECREATIONAL, ATTACHMENTS, OVERSTOCK AND LOADS MORE! THIS IS AN ONLINE BIDDING AUCTION ONLY! IF YOU REQUIRE HELP OR DO NOT HAVE INTERNET ACCESS PLEASE CALL THE OFFICE AT (204) 434-6519.



Call today if you would like to consign your items! Office (204) 434-6519 • Brad Kehler (204) 346-2440
Darryl Enns (204) 216-0931 ITEMS ARE SOLD AS YOU SEE THEM. Call Now to Consign in Upcoming Auctions.

all was well, has engraved custom gifts for all

By E Antonio

If you are looking to buy your friends and family a unique holiday gift, Stonewall's 15th annual Small Business Spotlight is happening from 10 a.m. to 3 p.m. on Oct. 19 at the Stonewall Legion with 45 unique businesses open to satisfy your shopping needs.

Tanya Swanson and Kerrie Holm organized the first Small Business Spotlight in 2009 to showcase the local talent that Stonewall has to offer.

"We wanted to give local vendors a platform to reach more people, while also creating a space where the community could gather, connect, and support local businesses. Over the years, it's grown welcoming all small businesses into a cherished tradition, and we're so proud of how it continues to bring people together," said Swanson.

Each year, the Small Business Spotlight helps more than local vendors. Swanson and Holm's collect a one-dollar admission fee and organize a 50/50 draw in support of local organizations.

"This year we are excited to announce that the front door donations will go toward the Stonewall Christmas Chessboard," explained Swanson.

She also added that with your admission, you will be entered into a draw for a chance to win a \$50 voucher to spend at one of the vendors.

"Our 50/50 draw will benefit the 'Save the Kilns' project. The Kilns are an important part of our local history and culture," said Swanson.

In honour of the 15th Small Business Spotlight, Swanson and Holm's are welcoming back several fan-favourite vendors, along with several new ones to their event.

Ashlee Nordstrom will be setting up her small business, all was well custom creations at the Legion for the Small Business Spotlight.

Nordstrom is a small business owner from Stonewall and does custom engraving, sublimation and vinyl transfers on many objects to provide them with an extra pop of creativity.

The local maker has always admired adding her own flair to everyday objects, and it was her customers that introduced her to engraving.

"I kept being asked by customers if I did engraving, so I finally decided to jump on it!"

At Saturday's event, you can visit Nordstrom to see her engrave her jewellery pieces live on site.

She will be bringing a small portable laser that is just the right size to engrave her stainless-steel jewellery.

"I have a variety of pendants and designs that people are able to choose from," she said.

You can choose from one of all was well custom creation's several pre-selected designs, or you are able to place a custom order with Nordstrom if you are envisioning another engraving design.

From jewellery to drinkware, or fashion accessories to trophies, all was well custom creation's is here to customize many goods to make them unique to you. Just make sure to leave your items at home, as Nordstrom only engraves products that she has personally



TRIBUNE PHOTOS SUBMITTER

Ashlee Nordstrom, owner of all was well custom creations, will be attending the Small Business Spotlight at the Stonewall Legion on Oct. 19.

sourced.

If you are looking for something quicker, there will be several all was well custom creations pre-engraved for easy shopping.

"I have a variety of products that will be available for purchase at the event in popular themes and designs," explained the small business owner.

If you are looking to get a sneak peek at what all was well custom creations has to offer, you can check out their Facebook or Instagram at [allwaswellcustomcreations](https://www.instagram.com/allwaswellcustomcreations) where several photos of her products are available.

Nordstrom also invites you to place a custom order through her social media's direct messages.

If you are thinking about getting some of

your Christmas shopping done early, the last day to place your order all was well custom creations in time for the holidays is Nov. 10. If you have placed an order with Nordstrom, you can arrange to pick up your products at her home just outside of Stonewall, at Polo Park in Winnipeg, or you can have it shipped to your home at an additional fee.

all was well custom creations will be set up at the Stonewall Legion this coming weekend and is looking forward to bringing your engraving dreams to life.

Stonewall student experiences a taste of university life

By Jennifer McFee

A Grade 12 student has returned from an unforgettable education opportunity that gave her a glimpse into university life.

Samantha Martinussen, who is now in Grade 12 at Collège Stonewall Collegiate, had the opportunity to participate in a month-long program offered by Shad Canada this summer. Geared for Grade 10 and 11 students, Shad provides university-level STEAM education (science, technology, engineering, arts and math) plus entrepreneurial exposure to a limited number of students from across Canada.

From June 30 to July 26, Samantha attended Carleton University in Ottawa, where she lived in a dormitory on campus. The program ran seven days per week from 8 a.m. to 10 p.m.

“The typical day started with breakfast at the campus cafeteria followed by lectures or workshops each morning from 9 a.m. to 12:30 p.m. One of our first lectures was on addiction — how it affects the brain and how social media can be classified as one. We also learned how companies actively target people and exploit the brain’s reward system,” she said.

“Other lectures focused on topics



Samantha at the recent Student Advisory Council meeting with Minister of Education and Early Childhood Learning Nello Altomare.

such as the psychology of sociopaths, bioengineering in agriculture, data ethics, a wide variety of different medical technology, bioengineer-

Continued on page 22



TRIBUNE PHOTOS SUBMITTED

Samantha Martinussen was on the Tunnel Mural team in which her group designed and painted a six-foot by eight-foot mural on the wall of one of the university’s tunnels.

Immunization Clinic & Health-Care Expo

Wednesday October 23, 2024

1:00 – 6:00 pm

Teulon Rockwood Centennial Center
14 Main Street Teulon, MB

Refreshments and dainties donated by Teulon Seniors Resource (silver collection)



Visit us at the Expo!

- Blood pressure / blood sugar testing
- Teulon & District Senior Resource Council
- Interlake Healthcare Products
- Teulon and District Métis Association
- Teulon & District Handivan
- NavCare / South West District Palliative Care
- Gateway Manor Meal Program
- Inwood Manor Meal Program
- Teulon Food Bank
- Dietitian services
- Adult day program
- Home care
- Mental health resources
 - Kelburn Recovery Centre
 - Brain health/memory aging

Get ready for cold & flu season!

Nurses will be delivering influenza, COVID-19 and pneumococcal 20 vaccines.

Book your appointment
1-844-626-8222
9 am - 5 pm, Mon.-Fri.
or book online at
<https://tinyurl.com/ImmunizeTeulon>
Limited walk-in appointments available



Flight Training

START YOUR CAREER AS A PILOT!

Becoming a pilot can be a rewarding career

LAKESIDE FLIGHT SCHOOL IS THE MOST AFFORDABLE IN CANADA. RECREATIONAL, PRIVATE AND COMMERCIAL LICENSE. AUTHORIZED TRAINING FOR COMMERCIAL PILOT LICENCE, FLIGHT INSTRUCTOR RATING, NIGHT RATING, PRIVATE PILOT LICENCE, RECREATIONAL PILOT PERMIT AND VFR OVER-THE-TOP RATING

Want to learn to fly?

RECREATIONAL PILOT PROGRAM is the best way to get started. Must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger. Can easily add float rating to permit.



LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402



Stonewall gardens continue to grow

By Jennifer McFee

A community-oriented collaboration cropped up in Stonewall last week that will create a cleaner and greener space for all to enjoy.

Communities in Bloom received a Green My City grant to complete the new Seniors and Indigenous Healing Garden that was planted earlier this year. This grant aims to connect people and plants for a greener and healthier urban climate.

On Tuesday, Oct. 8, volunteers came out to help plant trees and complete a fall cleanup of the Memory Garden and Healing Garden, with representation from Communities in Bloom, Something Beautiful, RBC and South Interlake Garden Club.

Together, they planted two dropmore linden trees as well as a birch tree between the garden and the existing bike path.

In addition, the volunteers planted several dwarf Korean lilac shrubs, which add to the sense of privacy at the healing garden.

Jasperson's Greenhouse and Nursery donated a limestone bench to further enhance the project, and representatives from the local company also helped with the planting.

"The healing garden was created to develop an inclusive healing green space that focuses on seniors and Indigenous people. It is hoped that the garden will provide people time in nature that will help maintain and promote relationships," said Shelley Proven, who co-chairs Stonewall's Communities in Bloom committee along with Asta Johannesson.

"The mission statement for Communities in Bloom is to inspire a sustainable approach to improving the quality of life and civic pride. This project was a combined effort with the Town of Stonewall, the Rockwood Age Friendly organization, Circles of Reconciliation, local contractors and, more importantly, the citizens of Stonewall."



TRIBUNE PHOTOS BY HALEY CVAR

Volunteers came out to help plant trees and complete a fall cleanup of the Memory Garden and Healing Garden, with representation from Communities in Bloom, Something Beautiful, RBC and South Interlake Garden Club.



get inspired

> MEAL IDEAS



FamilyFoods
Phone 467-5553

Hot Honey Chicken and Waffle

Prep time: 2 minutes
Cook time: 5 minutes
Servings: 1
1 Minute Hot Honey Chicken Seasoned Rice Cup
1 egg
nonstick cooking spray
2 chicken tenders, cooked
2 tablespoons honey, for garnish
1 tablespoon powdered sugar, for garnish

Preheat mini waffle maker. Heat rice according to package directions.
In medium mixing bowl, combine rice and egg. Mix well.
Spoon rice mixture into waffle maker. Cook until light goes off.
Place waffle on plate with cooked chicken tenders on top.
Drizzle with honey, sprinkle powdered sugar on top and serve.



Buffalo Cauliflower Casserole

Prep time: 10 minutes
Cook time: 30 minutes
Servings: 6
2 cups Minute Jasmine Rice
1 package (8 ounces) plain cream cheese, softened
1/2 cup Buffalo hot sauce
4 cups frozen cauliflower florets, blanched and cooled
2 cups shredded cheddar cheese
1/2 teaspoon salt

1/2 teaspoon black pepper
1/3 cup finely crumbled blue cheese
2 green onions, thinly sliced
Preheat oven to 400 F. Prepare rice according to package directions. Transfer to greased 8-by-8-inch baking dish.
In medium bowl, stir cream cheese and hot sauce. Add cauliflower, cheddar cheese, salt and pepper; toss to combine. Spoon over rice. Sprinkle with blue cheese.
Bake 25-30 minutes until golden brown and bubbly. Sprinkle with green onions.
Tips: Substitute goat cheese or feta for blue cheese, if desired. Meat lovers can serve as a side dish to seared chicken or beef.



Mexican Lasagna

Recipe courtesy of "Cookin' Savvy"
Servings: 4-6
1 pound ground beef
1 can (15 ounces) black beans
1 can (4 ounces) chiles
2 cans (14 ounces each) fire-roasted diced tomatoes, divided
1 can (15 ounces) whole kernel corn
1 tablespoon garlic powder
1 tablespoon onion powder
1 tablespoon taco seasoning

6 cups shredded cheese
18 taco-sized tortillas of choice
fresh cilantro, for garnish
sour cream, for serving
Heat oven to 350 F.
In large skillet, brown ground beef; drain grease. Add black beans, chiles with juices, 1 can tomatoes with juices, drained corn, garlic powder, onion powder and taco seasoning.
Open remaining can of tomatoes; take out half and set aside. Add remaining half with juices to beef mixture. Mix well and turn off heat.
In 9-by-13-inch pan, line bottom with six tortillas, slightly overlapping. Cover with 1/3 of beef mixture and top with 2 cups shredded cheese. Repeat with remaining ingredients then top with reserved tomatoes.
Cover pan with foil and bake 30-40 minutes. Garnish with cilantro and serve with sour cream.



We offer a variety of yoga classes, each designed to meet different needs:

Yoga Essentials

Building a strong foundation, improving flexibility, and promoting mindfulness.

- Beginner-friendly
- Basic poses
- Breathing techniques & alignment

Tranquil Yin

A calming practice where poses are held for 3-5 minutes, targeting deep connective tissues.

- Deep relaxation and surrender, making it a meditative experience.

Serene Strength Fusion,

This class combines strength-building with mindful movement.

- Balanced practice aimed at boosting both physical endurance and inner peace.

Luminous Stretch

A peaceful, candlelit class that focuses on restorative stretches and mindfulness to help unwind the body and calm the mind.

Classes are typically 50 minutes long and held throughout the week, with both morning and evening options available.

Infrared Sauna

Offers a range of benefits such as improved detoxification, better circulation, pain relief, and stress reduction. Our sauna heats the body directly through infrared light, helping to flush out toxins, improve skin health, and promote relaxation.

Sessions are available in 30-minute or 60-minute options, and the sauna can accommodate up to two people at a time.



Make the Most of your "Me Time"

yoga essentials • tranquil yin
Serene Strength Fusion • Luminous Stretch

Call or go online today for details.

\$70 Special price

Includes unlimited classes for the first month
(and a free infrared sauna 1 hour package)

Call or book online at 310wellness.ca

310 Wellness

310 Main St, Stonewall, MB Phone: (204) 404-3100

**EVERY
✓VACCINE
COUNTS!**



Seasonal Influenza Clinics will begin October 15, 2024

Book an appointment by calling 1-844-626-8222 between 9:00am and 5:00pm, Monday to Friday or by using the online booking system (visit www.ierha.ca and click “Annual Immunization Clinics” or visit www.manitoba.ca/vaccine).

Seasonal influenza, pneumococcal 20 and COVID-19 vaccine will be available for those eligible as per Manitoba Health guidelines. Immunization with the most updated COVID-19 vaccine is strongly recommended for previously vaccinated and unvaccinated individuals at increased risk of COVID-19 infection or severe disease.

Below is the listing for the region.

Please note:

- Some walk-in appointments available. Please visit the online vaccine provider map at www.manitoba.ca/vaccine for walk-in details.
- Please practice good hand-washing.
- Do not come to your appointment if you are experiencing flu-like symptoms.
- Please come right at your appointment time to avoid congestion.
- Bring your Manitoba Health Card. and wear a short-sleeved shirt.

	Dates	Time(s)	Location(s)
St. Laurent	October 26	10:00 am - 2:00 pm	St. Laurent Health Centre, 51 Parish Lane
	November 8	10:00 am - 3:00 pm	St. Laurent Legion, Lot 487, PTH 6
	November 28	3:00 pm - 6:00 pm	St. Laurent Legion, Lot 487, PTH 6
Stonewall	October 16	10:00 am - 3:00 pm	Stonewall Legion, 459 Main St
	November 5	10:00 am - 3:00 pm	Stonewall Legion, 459 Main St
	November 21	1:00 pm - 6:00 pm	Stonewall Legion, 459 Main St
	November 30 (Walk Ins Only)	10:00 am - 3:00 pm	Stonewall Legion, 459 Main St
Stony Mountain	November 6	1:30 pm - 6:00 pm	Stony Mountain Community Centre, 117 School Road
Teulon	October 23	1:00 pm – 6:00 pm	Rockwood Centennial Centre, 14 Main St
	November 9	10:30 am - 3:30 pm	Teulon St. Peter’s Lutheran Church, 47 Hwy 7 N
Warren	November 4	1:30 pm - 6:00 pm	Warren Fire Hall, 152 McDonald Ave
Woodlands	October 30	1:30 pm - 6:00 pm	Woodlands Hall, 204 Argyle St

Private immunization clinics will occur in senior and other community housing facilities. Check your building bulletin boards for a poster with details.

For more information, please contact your local community health office
 St. Laurent 204-646-2504 Stonewall 204-467-4400 Teulon 204-886-4068

Any changes to this listing will be posted online at www.ierha.ca
 Click on the banner “Annual Immunization Clinics” on the home page



**Interlake–Eastern
Regional Health Authority**

EVERY VACCINE COUNTS!



Les cliniques de vaccination contre la grippe saisonnière débuteront le 15 octobre 2024.

Prenez votre rendez-vous en composant le 1 844 626-8222 entre 9 h et 17 h, du lundi au vendredi, ou en utilisant le système de rendez-vous en ligne (visitez le site www.manitoba.ca/respiratoryviruses/index.fr.html).

Les vaccins contre la grippe saisonnière, la pneumonie et la COVID-19 seront offerts aux personnes admissibles conformément aux directives de Santé Manitoba. L'immunisation au moyen de la formulation la plus récente du vaccin contre la COVID-19 est fortement recommandée pour les personnes présentant un risque accru d'infection à la COVID-19 ou de développer une forme grave de la maladie, qu'elles aient été vaccinées ou non contre le virus.

La liste des lieux de vaccination de la région se trouve ci-dessous.

Remarque:

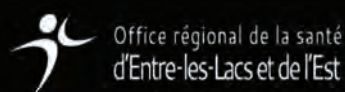
- Quelques endroits offrent la vaccination sans rendez-vous. Consultez la carte des fournisseurs de services de vaccination sur le site www.manitoba.ca/respiratoryviruses/index.fr.html pour plus de détail sur la vaccination sans rendez-vous.
- Apportez votre carte de santé et portez un haut à manches courtes.
- Veuillez-vous laver les mains.
- N'allez pas à la clinique si vous présentez des symptômes semblables à ceux de la grippe.
- Arrivez à la clinique à l'heure précise de votre rendez-vous pour éviter la congestion.

	Dates (2024)	Heure(s)	Emplacement
St. Laurent	26 octobre	10h00 - 14h00	Centre de santé de Saint-Laurent, 51, Parish Lane
	8 novembre	10h00 - 15h00	Légion de Saint-Laurent, Lot 487, RPGC 6
	28 novembre	15h00 - 18h00	Légion de Saint-Laurent, Lot 487, RPGC 6
Stonewall	16 octobre	10h00 - 15h00	Légion de Stonewall, 459, rue Main
	5 novembre	10h00 - 15h00	Légion de Stonewall, 459, rue Main
	21 novembre	13h00 - 18h00	Légion de Stonewall, 459, rue Main
	30 novembre (uniquement sans rendez-vous)	10h00 - 15h00	Légion de Stonewall, 459, rue Main
Stony Mountain	6 novembre	13h30 - 18h00	Centre communautaire de Stony Mountain, 117, chemin School
Teulon	23 octobre	13h00 - 18h00	Centre du centenaire de Rockwood, 14, rue Main
	9 novembre	10h30 - 15h30	Église Luthérienne St Peter de Teulon, 47, Route 7 Nord
Warren	4 novembre	13h30 - 18h00	Poste de pompiers de Warren, 152, avenue McDonald
Woodlands	30 octobre	13h30 - 18h00	Salle Woodlands, 204, rue Argyle

Des cliniques de vaccination privées se tiendront dans des logements pour personnes âgées et d'autres logements communautaires. Consultez les tableaux d'affichage de votre immeuble pour consulter une affiche avec les détails.

Pour de plus amples renseignements, veuillez contacter votre bureau local de santé communautaire.
St. Laurent 204-646-2504 Stonewall 204-467-4400 Teulon 204-886-4068

Tout changement apporté à la liste est accessible à l'adresse : www.ierha.ca.
Cliquez sur la bannière « Annual Immunization Clinics » sur la page d'accueil.



> STONEWALL COUNCIL, FROM PG. 13

volves using purple lights from Oct. 17 a 4 p.m. to Oct. 18 at 7 a.m.

- Mayor Sandra Smith and Deputy Mayor Peter Bullivant are authorized to attend the Interlake Municipal Recreation Association awards banquet, which will be held on Oct. 21 at the Quarry Park Heritage Arts Centre. All costs will be paid according to the municipal indemnity bylaw.

- The mayor and CAO will execute a municipal agreement with the provincial government, represented by the minister of Consumer Protection and Government Services, under the Canada Community Building Fund.

- The Town of Stonewall obtained quotes for work to improve accessibility for all users at Helen Montgomery Park. Council accepted a \$65,203.19 quote from K Byle Skidsteer Contracting.

- The Town of Stonewall obtained quote for work at the Stonewall cemetery. Council accepted a \$55,079.01 quote from Lawn and Order to install four concrete pads for future columbariums. "The work that's going to be done will be in compliance with our master plans," CAO Wally Melnyk said.

- Starting Oct. 1, the Town of Stonewall is now charging a fee of \$2 per hour at the electric vehicle charging stations, which are located at town hall and Quarry Park.

- Unlimited curbside yard waste pickup runs to Nov. 8. Yard waste must be collected in orange, clear or plastic bags. Only grass clippings, straw and garden and flowerbed vegetation are allowed. Branches must be bundled and tied in three-foot lengths. After Nov. 8, only three bags of yard waste will be allowed each week per home until it snows or freezes.

- In honour of National Day of Truth and Reconciliation, the Survivors' Flag was flown outside the Town of Stonewall office on Sept. 30. The flag is flown to honour residential school survivors and all people and communities impacted by Canada's residential school system.

- On Oct. 24, a Candlelight Service of Remembrance will pay tribute to local residents who died in service to the country during both world wars. The service starts at 7 p.m. at the Quarry Park Heritage Arts Centre. Attendees will also have the chance to enjoy refreshments and tour this year's Stonewall Remembers exhibit.

> UNIVERSITY LIFE, FROM PG. 16

ing, renewable energy, statistics and more."

After lunch, the participants focused on an entrepreneurial design project. Each group needed to address the question of how they might help people in Canada to integrate affordable and reliable green energy sources into their everyday lives to create more sustainable communities.

"My group, Ecohaul, focused on making biofuel processing more efficient by organizing and managing the collection of biowaste to enhance bio-gas production," she said.

"Throughout the month, we presented our ideas and business plan to a panel of experts several times to refine our idea."

Then each day at around 4 p.m., the participants enjoyed structured recreation time.

"During this time, we played physically engaging and team-building games outside or in the sports centre if it got too hot," Samantha said.

"Following this was supper — a highlight of the day as they had amazing desserts like sticky toffee pudding. Due to our busy days, this was often the best time to talk with each other, go relax in our dorms or to grab something from the convenience store."

After supper, the Shad students engaged in committee time.

"There were six committees, and I was on the Tunnel Mural team in which our group designed and painted a six-foot by eight-foot mural on the wall of one of the university's tunnels," she said.

"We had themed ours around Inside Out 2, with each of the core memory islands being a core memory we had at Shad and the values we upheld, as well as having the emotions being our program assistants, which we had great fun assigning each of them to a character."

After that, the groups came back together to engage in activities that focused on building relationships, including yoga, murder mysteries, paint nights, talent shows and developing a year-end musical.

"There were also days where we attended workshop and labs. Workshops focused on personal development, the arts and culture including topics such as figure drawing, Filipino culture, virtual reality, media production, African drumming, the Kairos blanket exercise and robotics," Samantha said.

"Labs focused on activities such as extracting, dissecting and analyzing a mouse brain; salicylic acid purification and recrystallization; building wind turbines; bio mechatronics; researching the human genome; and more."

Each day ended with "house time"

from 9 to 10 p.m. The houses, or the colour groups students were assigned to, engaged in team-building exercises, organized events or just relaxed and played games.

"Afterwards, we had free time in the dorms, and since we were not allowed to go into each other's rooms, the house common rooms became the hangout spot," she said. "Walking by and seeing a group of 20 or more playing card games or a round 'werewolf' was a daily occurrence, which made many great bonds."

Everyone had to be in their rooms by 11 p.m. and encouraged to go to bed by midnight. But Samantha and many others stayed up late chatting with roommates or completing last-minute work on their project.

For Samantha, the best part of the experience was the people — everyone from fellow students to program assistants to professors. She also developed a better sense of herself and how she can fit into a different environment.

"I learned a lot about myself, future career options and areas of STEAM that I had not been aware of before. I developed positive and supporting relationships with peers and instructors that I know will help guide my future," she said.

"As a member of Shad alumni, I will also be exposed to additional future opportunities to continue developing

my growth mindset."

Since she returned home, Samantha has stayed in touch with many new friends she met along the way. Looking ahead, she encourages more students from rural Manitoba to attend the program.

"It gave me an idea of what university will be like. The experience didn't narrow my focus; in fact, it did the opposite," she said.

"The exposure to such a wide variety of topics in STEAM broadened my awareness of my future options. It also reinforced different areas that I am interested in such as neurology and neuropsychology."

When she reflects on the opportunity, Samantha is filled with gratitude for everyone who along the way.

"I would really like to thank the Kinettes and Kinsmen of Stonewall, the Stonewall Independent Order of Oddfellows Lodge #49, the Quarry Choristers, the Interlake School Division and all my friends and family who financially supported my attendance to SHAD. I wouldn't have been able to take part of this wonderful experience with them."

The excitement continues for Samantha, who was recently appointed by the minister of Education to the Provincial Student Advisory Council for the third year.

Jets beat league's worst, lose to league's best in weekend split

By Kieran Reimer

The Stonewall Jets two games this weekend went kind of as planned as the club grabbed one win and one loss in the pair.

The win came Friday against the Pembina Valley Twisters in Morris as the Jets skated to a 5-2 triumph over the Manitoba Major Junior Hockey League's last place club.

Karson King notched two goals in the game while Jack Derrett, Alex Kaczorowski, and Cohen Cheung also scored for the Jets.

In net Spencer Hunnam stopped 28 of 30 as the Jets picked up their fourth win of the season.

Then on Sunday the Jets ran in to the red-hot St. Vital Jr. Victorias who entered the contest on a four-game win streak.

The Jets kept the game tied 2-2 heading into the third period on goals from Peyton Bateman and Brody Stovin but an early third period goal from the Vics turned into the eventual game winner as they would go on to add an empty netter and win 4-2.

The Jets record now hold a 4-2 record this season and occupy a share



The Jets' defenceman Brody Stovin scored against St. Vital last Sunday in Stonewall's 4-2 loss in MMJHL action. Left photo, Stovin celebrates with Peton Bateman.

of second place in the MMJHL.

They get back at it again on Friday against the Charleswood Hawks at



TRIBUNE PHOTOS BY MATTHIEU MEIER

7:30 p.m. at Eric Coy Arena before returning home to Veterans Memorial Sports Complex on Sunday against

the Ft. Garry/Ft. Rouge Twins at 2:30 p.m.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN



It was a busy weekend for the U18AAA female Interlake Lightning team but the scores weren't in their favour. Lightning lost to the Eastman Selects 2-1 on Oct. 11, the Pembina Valley Hawks 3-1 Oct. 12 and then 2-0 to Yellowhead on Oct. 13. Interlake's Chloe Minkus and Pembina Valley's Emma Roch battle for puck possession Saturday. Minkus scored Interlake's lone goal.



TRIBUNE PHOTOS BY RICK HIEBERT

Lightning's Ireland Tymchak tries to get around the Hawks Sophia Cox.

Tough weekend for U18AAA Interlake Lightning female team



Interlake Lightning goaltender Orianna Kennedy makes a toe save during a breakaway by Pembina Valley Hawks Sophia Cox in Interlake's 3-1 loss.

Rams win home opener



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Rams' Liam Butcher scored the overtime goal in Stonewalls 3-2 home opener victory over the Vincent Massey Tojans of the Winnipeg High School Hockey League last Friday. The Rams will lace up against the John Taylor Pipers next Wednesday at 4 p.m. at the VMSC.

Interlake School Division cross country champions



Primary girls, left to right: Molly Beachell (GI - 5.13) third, Georgia Campbell (GI - 4.57) first and Jocelyn Hueging (Woodlands - 5.00) second.



Primary boys, left to right: Zach Lamb (ESCS - 4.40) first, Eli Tully (Woodlands - 4.41) second and Braun Thompson (ESCS - 5.02) third.



TRIBUNE PHOTOS SUBMITTED

Grosse Isle School won the 2024-2025 Interlake School Division small school cross country banner last Tuesday at Green Acres Park in Teulon.

By Jo-Anne Procter

Ecole Stonewall Centennial School (ESCS) hosted the 2024 - 2025 Interlake School Division Junior High divisional cross-country meet at Teulon Green Acres Park last Tuesday. Grade 5/6 students ran 1,500 metres in the pri-

mary category, while Grade 7 students ran 2,000 m. in the junior category and Grade 8 students ran 2,000 m. in the intermediate category. ESCS students claimed the large school banner while Grosse Isle School won the small school banner.



Junior girls, left to right: Kaylah James (ESCS - 7.36) second, London Sherry (GI - 7.35) first and Grace Ward (ESCS - 7.58) third.



Junior boys, left to right: Jake Nychuk (ESCS - 7.15) second, Zach Schram (SMS - 6.59) first and Crew Corbett (ESCS - 7.24) third.



Intermediate girls, left to right: Emilee Mowat (TES - 8.06) third, Ciara Tomchuk (ESCS - 7:59) second and Emma Cassils (GI - 7.45) first.



Intermediate boys, left to right: Charlie Beachell (GI - 7.36) second, Cree Redhead (Woodlands -7.34) first and Quinn Nugent (ESCS - 7.39) third.



Ecole Stonewall Centennial School won the 2024-2025 large school Jr. High Cross Country divisional banner in Teulon last Tuesday.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Varsity Thunder lose offensive shootout, will host playoff game

By Kieran Reimer

The last of the three Interlake Thunder football clubs closed their regular season on Thanksgiving Sunday.

The Varsity Thunder took on the 3-0 St. Vital Mustangs and came close to victory against the league's top club, giving them their biggest scare in this Rural Manitoba Football League season.

Jesse Batenchuk connected on play action to Miles Coutu for the game's opening touchdown to put the Thunder ahead early.

He threw for multiple touchdowns on the game while receiving help from his offensive line.

One of those touchdown passes found the arms of Luke Robinson, who had a breakout performance for the Thunder and reached the endzone again later in the game on a kick return.

Ultimately the Mustangs offence proved to be a bit stronger, winning the game 54-36, but after being blown out by the Mustangs only three weeks ago, head coach Christof Hasselfield said he likes the direction of his club heading into the playoffs.

"I saw a lot of improvement on both sides of the ball," said Hasselfield. "Defensively we made it harder on them this time even though the score doesn't show it. Quinton Favel was



The Thunders' Miles Coutu of Stony Mountain makes the catch from quarterback Jessie Batenchuk for the first touchdown of the game.



STONEWALL PHOTOS BY LANA MEIER
Stonewall's Cooper Ponton and Quinton Favel bring down the Mustang's ball carrier in the Thunder's 54-36 loss against the first-place St. Vital Mustangs.

a big contributor again and I was impressed by grade nine Fyn Moore making his first start at safety. He brought a physicality to the position

that will serve us well as we start the playoffs next week."

Next week's RMFL playoff matchup will go against the Falcons Football

Club after the Mustangs finish 4-0 to get first and a bye in round one, while the Thunder and Falcons finish second and third.

The Thunder will, however, get to host the playoff game after finishing ahead of the Falcons and beating them on both occasions this season.

The winner of the game moves on to play the Mustangs in the RMFL Urban Division Championship.

A Thunder win would set up a rematch of last year's RMFL Championship when the Thunder and Mustangs met.

The Thunder (2-2) and Falcons (0-4) will kick off at noon on Sunday, Oct. 20, at Stonewall Collegiate Field.

To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr



Copyright Stonewall Teulon Tribune. To be used for personal use only.

Annual Fundraising Gala Comedy Night Saturday, Oct. 19

Cocktails 5:30 p.m. (open bar) Dinner 6:30 p.m.
Quarry Park Heritage Arts Centre
Tickets \$150/each or \$1200/table of 8
For tickets contact jetstreasurer@stonewalljets.com



UPCOMING GAMES

Stonewall Jets at Charleswood Hawks
Friday, Oct. 18 at 7:30 p.m.
Eric Coy Arena

Ft. Garry/Ft. Rouge Twins at Stonewall Jets
Sunday, Oct. 20 at 2:30 p.m.
VMSC Stonewall

Come out to support the Jets

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email ads@stonewallteulontribune.ca

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

STRAW FOR SALE

Flax straw for sale near Stonewall. \$3.50/bale. Call/text Dean at 204-461-0870.

Small square wheat & flax straw, delivery available. 204-482-5101 or 204-275-9014.

Flax straw for sale, Stonewall. \$4/bale. Call Nick at 204-461-0706 or Bill at 204-461-1906, Monday - Saturday.

HAY FOR SALE

Round hardcore bales, 1st & 2nd cut, alfalfa & brome grass. Call 204-461-0722.

SHOP LOCAL - SUPPORT LOCAL FARMS

BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK

*Auto *Farm *Truck *Construction *ATV *Motorcycle *Golf Carts *Rechargeables *Tools *Computers *Medical *All phones *Chargers *Marine *RV & more Shipping/Delivery avail.

THE BATTERY MAN
1390 St. James St.
Winnipeg
TF 1-877-775-8271
www.batteryman.ca

FARM PRODUCE

Red Yellow Russet potatoes, onions, carrots, cabbage, beets, honey, parsnips, sunflower & song bird seed. Wildlife feed and rolled corn, oats & wheat. Phone 204-886-2676, Interlake Potato Farms, Teulon, MB. Closed Sunday & Monday.

FIREWOOD

Birch, Tamarack, Ash, Poplar, Pine and Oak for sale. Call or text 204-904-8441.

HOUSE WANTED

House Wanted - Looking to purchase a 2 bdrm home within walking distance of Main St. Stonewall (preferably two blocks). Phone 1-204-981-2831.

BUSINESS OPPORTUNITY

AUTOMOTIVE REPAIR SHOP - owner retiring, includes towing business, great deal at only \$295,000; FRANCHISED RESTAURANT - good cash flow, leased building, \$395,000; RESTAURANT AND LOUNGE - sales over \$1 million, 12 vlt's, long time owner retiring, asking \$550,000; MALL IN TEULON - 4572 sq. ft., good tenants in place, price reduced to only \$195,000. SMALLLEY-REALTY@MTS.NET or call 204-339-1665.

News Tips? Story Ideas? call the Tribune 204-467-5836

MANITOBA'S LARGEST FALL RECORD & MUSIC SALE

Sun, Oct 20th, 2024 10 AM - 4 PM
Over 90 tables of records, tapes, CDs posters, books & memorabilia.
Local music historian John Einarson & local music legend Errol Ranville will both be in attendance for meet and greets.
Their latest books will be available for purchase.
Admission \$5.00
Caboto Centre
1065 Wilkes Ave.,
Winnipeg
For info:
204-990-3463 or
431-374-6925

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Wanted old advertising: Dealership signs, service station, gas pumps, globes, oil cans, Red Indian, White Rose, Buffalo, Husky, Ford, GM, Dodge, Tire signs, Coke, Pepsi etc. Call 306-221-5908.

UPCOMING EVENTS

Fall Craft Event - Saturday, Oct. 26, 2024, 10 a.m. - 3 p.m. at the Red Barn, 6018 Rd. 75N off Hwy. 236. \$30/table. To reserve your table contact Alice at 204-344-5386 or Diane 204-881-1204. Canteen will be open.

HONOUR YOUR LOVED ONES WITH AN ANNOUNCEMENT IN THE TRIBUNE

FLIGHT ACADEMY

Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

SELLING A HOUSE OR BUSINESS? NEED STAFF? Let us help you with that! NOW is the time to advertise. Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking advertising for the remainder of 2024. Plan your success! Please Call THIS NEWSPAPER NOW to book, or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

Everything you need to promote your business

- FLYERS • BROCHURES • BUSINESS CARDS • STICKERS
- WINDOW DECALS • SOCIAL TICKETS • DOOR HANGERS
- LETTERHEAD • ENVELOPES • INVOICES • POSTERS
- ESTIMATE SHEETS • MEMO PADS • POST CARDS

Call Today!
204-467-5836



EMPLOYMENT OPPORTUNITY GENERAL LABOURER

Charisons Turkey Hatchery is currently hiring for general labourer type positions.

- Full time and part-time positions available with competitive compensation and benefits package which includes health and dental coverage.
- Training will be provided for the ideal candidate.

Please submit resume to shaunne@charisons.ca or call 204-886-2922 for further information.

NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF ARMSTRONG

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 14th day of November, 2024, at the hour of 10:00 AM, at Rural Municipality of Armstrong, 1094 PR17, Inwood, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
1800	THE NE 1/4 OF SECTION 4-18-1 EPM SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE ORIGINAL GRANT FROM THE CROWN.	L-\$46,700	\$4,505.93
42400	E 1/2 OF SE 1/4 18-18-3 EPM SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN. - 12151 ROAD 104NE	L-\$58,600 B-\$107,800	\$5,573.84
157250	SW 1/4 OF 13-21-2 EPM EXC FIRSTLY: WLY 1320 FEET PERP AND SECONDLY: ROAD PLAN 12364 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN - 11053 ROAD 122 NE	L-\$62,100 B-\$368,400	\$17,708.83
270400	ALL THAT PORTION OF THE SW 1/4 3-20-1 WPM BOUNDED AS FOLLOWS: ON THE SOUTH BY THE SOUTHERN LIMIT OF SAID QUARTER SECTION, ON THE NORTH BY A LINE DRAWN NORTH OF, PARALLEL TO AND PERP DISTANT 262 FEET FROM SAID SOUTHERN LIMIT, ON THE EAST AND WEST BY TWO STRAIGHT LINES EACH DRAWN NLY AT RIGHT ANGLES TO SAID SOUTHERN LIMIT FROM POINTS IN THE SAME DISTANT ELY THEREON 200 FEET AND 700 FEET RESPECTIVELY FROM THE EASTERN LIMIT OF THE LAND TAKEN FOR CANADIAN NORTHERN RLY RIGHT OF WAY PLAN 431 WLTO (P DIV) EXC FIRSTLY: PUBLIC ROAD PLAN 43322 WLTO SECONDLY: ALL MINES AND MINERALS AND THIRDLY: ALL MINES AND MINERALS AND OTHER MATTERS AS SET FORTH IN THE CROWN LANDS ACT - 2143 ROAD 114NW	L-\$5,900 B-\$10,900	\$3,458.48

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Rural Municipality of Armstrong as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 10th day of October, 2024.

Managed by:



Nancy Howell
Interim Chief Administrative Officer
Rural Municipality of Armstrong
Phone: (204) 278-3377
Fax: (204) 278-3437

Rockwood - Woodlands By-Law Enforcement & Animal Control Board

Casual By-Law Enforcement/Animal Control Officer

The Rockwood - Woodlands By-Law Enforcement & Animal Control Board invites applications for the position of By-Law Enforcement/Animal Control Officer to assist with enforcement duties in the RM of Rockwood, RM of Woodlands, and other designated jurisdictions.

Qualifications will include:

- Valid Class 5 Manitoba Drivers License (with abstract)
- Current criminal record check
- Excellent communication skills
- Ability to deal with the public in a courteous and effective manner
- Computer experience an asset or willing to learn

Applicants must be able to work weekends. Duties to commence immediately. Deadline for applications is 4:30 p.m. October 31, 2024.

Applications to be submitted with references to:

Attention Justin Sowa
By-Law Enforcement
Box 4240
Stonewall, MB
ROC 2Z0

Please contact 204-461-0549 for further information. Detailed job descriptions available upon request. Only those selected for interviews will be contacted.

Classifieds Stonewall Teulon Tribune Announcements

Book Your Classified Ad Today - Call 467-5836 or Email ads@stonewallteulontribune.ca

*Do you have a unique service you would like to advertise?
Get the word out with an ad in the Tribune!*

Manitoba Lung Association
BREATHE

GUARD YOUR HEALTH

**HEALTHY LUNGS
HELP YOU LIVE LIFE
TO THE FULLEST!**

TAKE A MOMENT TO
LEARN HOW TO KEEP
THEM IN TOP SHAPE
THIS SEASON.

TALK TO YOUR DOCTOR
OR PHARMACIST TODAY
ABOUT SEASONAL
IMMUNIZATION.

Protectyourbreath.ca

Online McSherry Auctions

Estate & Moving
October 23rd @ 7:00PM
Featuring Farm Equip, Trailers,
Trucks, 3PH Equip, Snowmobile,
Freight Storage Box

Man Cave
October 26th @ 10:00AM
Advertising Signs, Gas Bowlers, Pin
Ball, Oil Cans, Display Racks/Cases,
General Store Items

Accepting Consignments
Estate & Moving
October 30th @ 7:00PM
Featuring Coins, Paper Money &
Stamps

12 Patterson Dr.
Stonewall, MB
204-467-1858
or 204-886-7027
McSherryAuction.com

www.meyersauctions.com

Large Online Auction

Antiques * Collectables*

Furniture * Shop Tools *

Lawn & Garden * House

Wares * Electronics

Arden, MB

204-476-6262

www.meyersauctions.com



Don't forget to send your special wishes to your friends and family.

**Stonewall Teulon
Tribune**
Call
204-467-5836

ANNIVERSARY



50 Years

Happy 50th Anniversary on October 19th
Randy and Linda
-From your kids,
grandkids and great-grandkids



THE RURAL MUNICIPALITY OF ST. LAURENT PUBLIC NOTICE

BOARD OF REVISION

PUBLIC NOTICE is hereby given that the Assessment Roll of the R.M. of St. Laurent for the year 2025 has been provided to the Municipal Office and is open to public inspection during regular business hours. Applications for revisions may be made in accordance with Sections 42 & 43 of The Municipal Assessment Act.

THE BOARD OF REVISION will sit to hear complaints of assessments on THURSDAY, NOVEMBER 21ST, 2024 AT 10:00 A.M. in the Municipal Office at 16 Veteran's Memorial Road, in St. Laurent, Manitoba.

APPLICATION FOR REVISION

42 (1) A person in whose name property has been assessed, a mortgage in possession of property under Section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor, may make application for the revision of an assessment roll with respect to:

- Liability to taxation;
- Amount of an assessed value;
- Classification of property, or
- A refusal by an Assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

43 (1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue; and the grounds for each of those matters; and
- be filed by:
 - delivering it, or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
 - servicing it upon the Secretary; at least 15 days before the scheduled sitting date of the Board as indicated in the public notice.

The final date on which applications must be received by the Secretary of the Board is **October 31, 2024**.

Dated this 3rd day of October, 2024.

Billie Jean Oliver - Secretary
Board of Revision
R.M. OF ST. LAURENT
Box 220, St. Laurent, Manitoba R0C 2S0



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF ROCKWOOD

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 5th day of November, 2024, at the hour of 02:00 PM, at Rural Municipality of Rockwood, Council Chambers, 285 Main Street, Stonewall, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
40600	N 1/2 OF LOT 5 PLAN 8 WLTO (L DIV) EXC ELY 60 FEET IN S 1/2 OF NW 1/4 11-13-2 EPM - 23 MAIN STREET, STONY MOUNTAIN	L -\$86,600 B -\$221,300	\$21,138.40
151200	SE 1/4 18-14-1 EPM EXC FIRSTLY: NLY 1200 FEET OF WLY 1200 FEET SECONDLY: SLY 261 FEET OF WLY 1558.19 FEET AND THIRDLY: ELY 405 FEET OF WLY 1158.19 FEET OF NLY 405 FEET OF SLY 666 FEET - 136 E PR 323 (RD 80N)	L -\$371,300 B -\$4,700	\$8,375.06
298650	W 1/2 OF SE 1/4 6-16-2 EPM EXC ALL MINES AND MINERALS AS SET FORTH IN TRANSFER 996019 WLTO - 6112 E ROAD 90N, RM OF ROCKWOOD	L -\$84,800 B -\$216,200	\$8,044.23
384200	LOT 11 PLAN 19367 WLTO IN W 1/2 34-17-2 EPM SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN - 111 1 STREET, KOMARNO	L -\$7,100 B -\$107,000	\$5,969.21

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the RURAL MUNICIPALITY OF ROCKWOOD as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 17th day of September, 2024.

Managed by:



Chris Luellman
Chief Administrative Officer
RURAL MUNICIPALITY OF ROCKWOOD
Phone: (204) 467-2272
Fax: (204) 467-5329



Response Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 31 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at **204.947.1691** or email classified@mcna.com

www.mcna.com

CELEBRATE THE SPECIAL MOMENTS!

Don't forget to send your special wishes to your friends and family.

WANTED

Coin, Coin Collection, Old Jewelry, 

Cash paid for silver coins, gold coins, rare coins, old coins & paper \$, Olympic coins, Royal Canadian Mint Coins, Franklin Mint, US Mint etc, unwanted jewelry, old Rolex & Omega watches, nuggets, sterling silver, Bullion, all Gold & Silver!

Wanted:
USA, Canada, World Coin Sets & Coin Collections.
Will buy entire collections & accumulations!

Todd
306-774-2420

STARTING A NEW BUSINESS?

Call us - We have everything you need to promote your business

Call 204-467-5836

Announcements



Book Your Classified Ad Today - Call 467-5836 or Email ads@stonewallteulontribune.ca

BOOK YOUR ANNOUNCEMENT TODAY

- BIRTHDAYS
- NOTICES
- BIRTHS
- OBITUARIES
- IN MEMORIAMs
- THANK YOUs
- ENGAGEMENTs
- ANNIVERSARIES
- MARRIAGES

Stonewall Teulon
Tribune
Call 204-467-5856

igraphic@mts.net

IN MEMORIAM



Dennis Persoage
July 18, 1957 - October 6, 2019

Of all the special gifts in life,
However great or small;
To have you as my son,
Was the greatest gift of all.
-Lovingly missed
Olga, Karen,
Jasmine, Justin

There is a link death cannot sever,
Love and remembrance last forever.

OBITUARY



June Grayson (nee Mollard)
June 16, 1943- September 25, 2024

"The mind may not remember, but the heart will never forget"
It is with deep sorrow we announce the passing of our mother, June Grayson, on September 25, 2024. Mom passed peacefully in the comfort of her own home.

Mom's memory is cherished forever by her children, Rick (Darlene) and Lisa; grandchildren Bryce (Richelle), Kyle (Danielle), Tyler, Kelsey (Doug), Grant (Thomas) and Hailey (Cynthia) as well as six great-grandchildren; brother Bill; special niece Lynn Linklater and her daughter Tammy Rakar.

Mom was born in Stonewall where she continued to live until her passing. She married Dad, Richard Grayson, March 9, 1963 and celebrated 60 years together before his passing last year. Mom worked beside Dad in his business ventures but her passions were more earthy and artistic. She was a beautiful seamstress in her day and enjoyed crafting. Reading was a favorite pastime but come early spring she was proud to be part of "the garden girls" where gardening and socializing grew deep roots.

As time moved on their trips to the warm south in the winter turned into trips to the hockey rink to watch the grand and great-grandchildren on the ice. Her grandchildren and great-grandchildren had a very special place in her heart. Mom always had a smile for family and friends, even in her last days.

A special thank you to Dr. Graham for your care over the years and most importantly your patience, compassion and understanding towards the end. Mom got her wish and passed at home. We are forever grateful. The care team between Stonewall Hospital, our care coordinator, home and palliative care and the IERHA were exceptional. We cannot thank you enough.

Cremation has already taken place. Interment will take place next year and Mom and Dad will be buried together.

Mom, I know you are happy in heaven and laughing with Dad. You are finally free. If you so wish, donations can be made to the Interlake Foundation or a charity of your choice.

"My mind still talks to you
My heart still looks for you
But my soul knows you are at peace
I miss you every single day"



204-886-0404

Your memory will live forever engraved within our hearts.

Advertising that Works!
To place your **BIZ CARD**
call **467-5836**

Renovations by Dave David Farquhar
Stonewall/Selkirk, MB
Cell: 204-485-4936
• General Carpentry
• Interior, Exterior Renovations

LICENSED ELECTRICIAN
Platinum Power Solutions Ltd.
RESIDENTIAL COMMERCIAL
24 HR SERVICE
FREE QUOTES
platinumpowersolutions.ca
office@platinumpowersolutions.ca
1-204-899-1833

SHERLOCK TREE REMOVAL
Pruning • Stump Grinding • Chipper
Licensed Arborists
Fully Insured - Claim Free
30 years Experience
Vince 861-0487
Darren 861-0028

KINGS AUTOAIR
AUTOMOTIVE AIR CONDITIONING SPECIALIST
* Car * Light & Heavy Truck * RV *
Red Seal Technician **204-390-2790**
www.kingsautoair.com kingsautoair@gmail.com

Get The Job Done!
Biz Cards
Advertising that Works!
To place your **BIZ CARD** call **467-5836**

LEVELUP
FENCING & HANDYMAN SERVICE
204.461.0666
DARNELL PETERS
Owner • Insured
Level-Up-Fencing-Handyman-Service

WOOD FENCES
TREE REMOVAL & PRUNING
GRAVEL DRIVEWAY
ASPHALT DRIVEWAY
SEALING
LANDSCAPING
JUNK REMOVAL
MINI SKID STEER SERVICE

Rockwood WRECKING & RECOVERY
204-392-4892
MPI ACCREDITED
TOWING AND STORAGE

Heating & Cooling • Refrigeration
REFRIGERATION • HEATING & COOLING
COMMERCIAL COMFORT INC.
Residential & Commercial
Owner: Scott Miskiewicz
461-HEAT (4328)
commercialcomfort16@gmail.com

Excavator & Dozer Services
• Excavation & Demolition
• Road Building & Clay Pads
• Topsoil Screening
PRAIRIE EARTHWORKS .com
204 **461-0815**

The Door & Window Pros
Contact Us for a Free Consultation & Estimate
Ask us about interest-free financing and Government Rebates
Warranty included
Satisfaction guaranteed
Locally owned & operated
Advance Exteriors
Grosse Isle 204-221-3131
www.AdvanceExteriors.com



Biz Cards
Call **467-5836**

MacMillan Plumbing
204-461-0485
Serving the Interlake area.

Stonewall Parochial Hall
435 - 1st Street N.
For information & hall rentals
Call 204-467-8466
Email cota_secretary@mts.net
*Table sitting 100 people; Theatre Style 150 people
*Kitchen available * Meetings, showers, family gatherings
ALL YOUR HALL RENTAL NEEDS!

Quarry PETS
Supplies & More
Supplying All Your Pet's Needs
317 Main St., Stonewall (204) 467-5924

QUARRY RIDGE PHARMACY
469 1st Street West, Stonewall
(204) 467-7333

Hnatiuk Law
204 - 482 - 5111
Main Street, Selkirk
www.hnatiuklaw.com

EAVESTROUGH and everything else
mwgventures@gmail.com
204-461-0737

stonewall chiropractic centre
Also
• Acupuncture • Custom Orthotics
• Massage Therapy • Athletic Therapy
Billing to Autopac, Blue Cross, WCB
204-467-5523

ski-doo **GIMLI**
SALES • SERVICE • PARTS
#109097 Hwy 9, Gimli
204-642-7017
e: skidoo@mymts.net

FULLHOUSE MOVERS
ALEX FOTTY
HOME: 204-467-2419
CELL: 204-461-2352
NOTHING BEATS A FULLHOUSE MOVE

GRASS-FINISHED BEEF
Scott and Jenny Beaton Balmoral, MB
JACKFISH CREEK FARM
Jackfishcreekfarm.com
204-467-8510 jackfishcreekfarm@gmail.com

Electro Wright CONTRACTING INC.
Derek Fotty
Ph. (204) 467-RITE(7483)
Fax. (204) 467-2000
Email. electrowright@mts.net
Electrical Contractors

MAXWELL'S PROFESSIONAL PAINTING
COMMERCIAL/RESIDENTIAL
Cell: (204) 792-0675
Email: maxpro@mts.net
Box 275, Stonewall, MB ROC 220

Odd Fellows Hall
• Weddings • Socials • Showers • Meetings
• Capacity 220 persons • Kitchen available
374 1st St. West, Stonewall
Hall 204-467-5556
stonewalldoddfellows@gmail.com

Bittner SteelWorks
Find our page Bittner Steelworks on Facebook
Sarah & Ty Bittner Owners
(204) 490-0555 / (204) 461-3451
bittner.steelworks@gmail.com

LEVEL UP
NOW OFFERING SNOW CLEARING MONTHLY RATES OR PER CLEARING
FENCING & HANDYMAN SERVICE Residential & Commercial
204.461.0666 Town of Stonewall only
DARNELL PETERS Owner
Level-Up-Fencing-Handyman-Service

WHEATHILL TRANSPORT
Grain & Fertilizer Hauling
Hauling Available for Manitoba & Saskatchewan
Harley @ 204-494-0824
Jerry @ 204-280-6261
wheathilltransport@gmail.com

G&A Rentals
• Parts • Sales • Service
Lawn • Garden • Construction
Small engine repairs & general equipment service
7 Patterson Dr., Stonewall, Industrial Park
garentals.ca 204-467-7368

HOME SOLUTION EXTERIORS
Your ROOFING Professionals
204-952-5587
HSExteriors@gmail.com FREE ESTIMATES Warren, MB

NAPA AUTOPRO
Brake Family Auto Sales & Service Ltd.
Auto Service • Maintenance & Repair Used Vehicle Sales
napaautopro.com
214-2nd Ave North, Highway 67 Stonewall 204-467-9156

COUNTRY COLOURS PAINTING
countrycolourspainting@gmail.com
Serving The Interlake and Winnipeg Area
204-901-2067
Interior • Exterior • Residential • Commercial

PIPE DREAMERS PLUMBING & HVAC/R
CHASE BORGSTROM 204-990-1299 PLUMBER
Renovations Repairs/Service New Installs Drain Cleaning Water Treatment
PIPEDREAMERS PLUMBING2019@GMAIL.COM
KYLE SCRIVENS 204-482-3939 HVAC TECH
Heating Air Conditioning Gas Fitting Contracting Refrigeration
PIPEDREAMERSHVAC@GMAIL.COM

"From rust to riches, your scrap could be treasure with our unbeatable prices!"
Purchasers of ferrous/non-ferrous materials
Call Today
Unit 5, 325 Parkdale Rd. St. Andrews MB
info@eco-metallics.ca Office: (204) 404-4747
ECO-METALLIC INDUSTRIES

AirWise Home
Your Heating, Cooling and Geothermal Specialists
204-467-9578
info@airwiseinc.ca www.airwiseinc.ca

Ritchie PLUMBING HEATING LTD.
ritchie_plumbing@outlook.com Red Seal Certified Certified gas fitter Residential/Commercial
Stonewall, MB
Call or Text 204-467-5287

Rockwood Landscaping & Tree Service
*Complete Landscaping *Barkman Concrete Products *Concrete Breaking *Aerial Tree Pruning & Removal *Chipping *Stump Grinding
*Tree Planting *24HR Storm Service *Snow Removal *Skid-Steer *Compact Track Loader *Excavator *Bucket Truck
Manitoba Certified Arborist VISA MasterCard
467-7646 Free Estimates

GRANTHAM LAW OFFICES
Lawyers & Notaries Public
STONEWALL OFFICE:
#1-278 Main St., Stonewall 467-5527

AE ROOFING
• Eavestroughing • Soffit • Fascia • Siding
Advance Exteriors
RESIDENTIAL, COMMERCIAL, AGRICULTURAL
204-221-3131 Grosse Isle, Mb
www.AdvanceExteriors.com

ALICEROOFING LTD.
Complete Roofing Service
• Residential • Agricultural
Licensed & Insured
www.aliceroofing.ca 204-757-9092

Super Clean Auto Detailing
Need the interior of your vehicle professionally cleaned?
Small car \$139 SUV (2 rows) \$169 SUV (3 rows) \$199
Call or text 204-513-5611
PICK UP AVAILABLE

PATTERSON MECHANICAL
PLUMBING
Commercial & Residential New Installation & Service Plumbing & In-Floor Heating Water Softener Installations Water Filtration/Reverse Osmosis Well Pumps, Septic Pumps
RILEY PATTERSON Journeyman Plumber
Cell 204-461-0035

INTERLAKE TOWING
24 Hour Service
CAA & MPIC Approved
204-278-3444

BNS EXCAVATING
• Design Services • Soil Analysis • Well & Septic Repairs
• Frozen Lines • Driveways • Culverts • Trenching
• Auger Drilling • Ice Dam Steaming • Septic Fields
Residential, Commercial & Industrial
Member of Manitoba Onsite Wastewater Management Assoc
BNSexcavating@hotmail.com (204)461-2856