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Stonewall Teulon Tribune

VOLUME 9 EDITION 41

THURSDAY, OCTOBER 11, 2018

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Test driving

TRIBUNE PHOTO BY NATASHA TERSIGNI

Davis Comte tests out the driver seat of the Stony Mountain-Rockwood Fire Department's pumper truck.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Las Vegas shooting survivor returns one year later

By Jennifer McFee

Overcoming her anxiety, a local survivor of the Las Vegas mass shooting returned to the site and reunited with the angels who saved her life 365 days ago.

Jody Ansell of Stonewall was caught in the chaos when gunfire erupted from the 32nd floor of the Mandalay Bay Hotel on Oct. 1, 2017. She was one of 869 people injured by the gunshots, which also claimed the lives of 58 others at an outdoor country music concert.

For the one-year anniversary of the life-altering event, survivors of the shooting gathered on the Las Vegas

strip along with first responders and other heroes who jumped forward to help.

"I was there for the whole weekend for the reunion and it was unbelievable," Ansell said.

"I retraced my steps from that night. I got reunited with my angels. I went to the one-year reunion where they had a little venue set up at a community park with all the survivors. It was awesome."

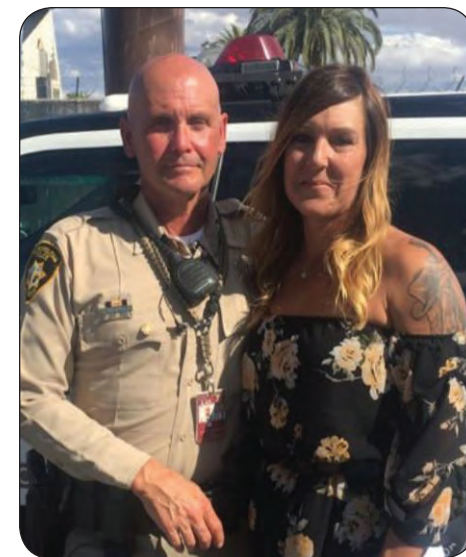
Ansell had the chance to meet with the people who played a vital role in helping her after she was shot in the arm, including the two women who picked her up on the road and drove

her to nearby a helicopter hangar. She also met up with two military personnel who made a tourniquet for her arm out of a belt and stayed with her for 2.5 hours before she was transported to the hospital, riding with her on route.

"They've been in Afghanistan for the last eight months," she said, "and they took time out to come to the reunion and be reconnected with me."

Ansell even had the chance to reunite with the police officer who drove her to the hospital for treatment.


Along with her heroes, Ansell par-



Officer Anthony with Jody Ansell.

Continued on page 5

On October 24 RE-ELECT



Bert CAMPBELL
Mayor, Town of Teulon

Born and raised here, I have lived in Teulon for my entire life and I've operated my business here for 50 years. My wife, Kathy and I have been married for 33 years and we have two children. Alan and his wife Alycia, and Andrea and her husband, Gord. Our four grandchildren are Liam, Lucy, Cohen and Maggie.

As Mayor I will continue to work:

- With the Provincial Government and Regional Health Authority for a sustainable future for Teulon Medical Clinic and Hunter Memorial Hospital.
- For strong growth of our community, both in terms of new residents and businesses.
- Continued street & sidewalk renewal in keeping with the many improvements of the last ten years

A vote for change in this election is simply not a vote for continued positive, open dialogue between Teulon Council and citizens.

Let's talk about what's at stake in this election. Please call me anytime at (204) 886-7123 or email me at camtrans@mymts.net

Please be sure to vote! Advance voting is on Oct 19 at Teulon Town Office

Voting Day is October 24 at Teulon-Rockwood Hall



TRIBUNE PHOTOS SUBMITTED

Jody Ansell ran in the five-kilometre Vegas Strong Run along with the "forever friends" who helped her after she was shot.



Jody Ansell (right) was happy to reunite with some of her heroes in Las Vegas.



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Capes & Crowns coming to Boonstra Farms

By Jennifer McFee

Do you know a youngster who loves princesses or superheroes?

A fabulous fundraiser this weekend will captivate them with its special guests and a jam-packed afternoon of family-friendly activities.

For the first time, the Winnipeg chapter of Cystic Fibrosis Canada is hosting its Capes & Crowns Masquerade event at Boonstra Farms on Saturday, Oct. 13. The much-anticipated outing has been held at the Fort Garry Hotel in Winnipeg for the past four years.

Andrea Pratt McDowell, regional executive director for Cystic Fibrosis Canada, is looking forward to the new venue.

"We thought we'd change it up a little bit. It's a pretty great event when it's in the ballroom, but it limits us in a couple ways. It definitely drives a higher ticket price because it's more expensive to be renting hotel space and providing food. We wanted to make it more accessible in that regard," she said.

"Also, because infections can spread so rampantly, which is so dangerous to individuals with CF, we can really only have one individual with cystic



Cystic Fibrosis Canada's Winnipeg chapter is holding its Capes & Crowns Masquerade event at Boonstra Farms on Saturday.

fibrosis present in an indoor event. We would rotate the ambassador family every year to ensure that the children would all get a shot to come. It's not ideal since we want everybody to feel safe and happy."

Pratt McDowell grew up in Stone-



TRIBUNE PHOTOS SUBMITTED

Wyatt Spring, age two and a half, was born with cystic fibrosis. He receives support and lots of love from his two older siblings, four-year-old Olivia and eight-year-old Lucas.

wall, so Boonstra Farms came to mind as an ideal outdoor spot to enjoy autumn and celebrate Halloween while also raising funds and awareness for the cause.

The event will feature all the usual Boonstra attractions, including farm

animals, play structures, a haunted house and a corn maze. In addition, kids can enjoy mask decorating, slime making, face painting, a costume parade and dancing all afternoon. Act-

Continued on page 9



Teulon Rockwood Volunteer Fire Department

BBQ & OPEN HOUSE

Sunday,
October 14th
11am-2pm

NEW
DATE


Come out for a hot dog, homemade fries & drink

Fire truck rides, displays
& fire safety trailer,
firehose targets & meet
Sparky the Fire Dog!

The Teulon Fire Department purchased a new thermal imaging camera with last year's fireman's ball proceeds.




ON OCTOBER 24TH — ELECT —



SANDRA SMITH

Town of Stonewall MAYOR

IF I HAVE A VOICE YOU HAVE A VOICE

I have been a resident of Stonewall for 24+ years and have had the honour of serving as a Councillor for the past four years. I currently serve on the Communities in Bloom Committee, South Interlake Regional Library Board of Directors, REACT, Inc., Seniors Housing, Interlake Healthcare Sustainability Committee, IERHA Clinical Teaching Unit Task Force, Memorial Park and William Kurelek Park Committees. I am also an active volunteer in the community including serving as Vice Chair on the Board of Directors for Community Living Interlake (formerly ACL) and as the Treasurer for the Quarry Days Committee. I have the passion, ability and commitment required to be an effective leader.

I WILL CONTINUE TO BE VISIBLE IN THE COMMUNITY
NOT JUST AT THE COUNCIL TABLE

Contact:
C: 204-229-4000
E: sandraformayor2018@gmail.com
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SMITH, Sandra



Small Business Week

OCTOBER 14 TO 20, 2018



Three important demographic trends for SMBs

From October 14 to 20, 2018, the Business Development Bank of Canada (BDC) will be celebrating entrepreneurship during the 39th BDC Small Business Week. The event seeks to highlight the work of Canadian entrepreneurs, who have many challenges to face. Here are three demographic trends you'll need to adjust for if you run a small or medium business.

1. THE AGING WORKFORCE

The retirement of baby boomers and the low growth rate of the Canadian population are already causing labour shortages in many areas. To face the situation, make efforts to attract young workers and retain your current staff members by offering favourable working conditions (flexible hours, pension plan, insurance, etc.).

2. THE RISE OF THE MILLENNIAL GENERATION

According to Statistics Canada, millennials and generation Z will account for more than half of the Canadian workforce by 2030. To best tap into this generation's talents, you should promote your business on social media. The BDC also suggests partnering with schools to facilitate the recruiting of young workers.

3. A MORE CULTURALLY DIVERSE POPULATION

If current trends are maintained, by 2032 up to 80 per cent of the country's population growth will be attributable to immigration. Therefore, to counter the labour shortage, you should start hiring new Canadians right away. Adjust your training methods accordingly and reach out to different cultural communities.

To learn more about the trends that will transform the Canadian business landscape over the next few years, visit www.bdc.ca.



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October 14-20, 2018
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New legislation to modernize agriculture Crown lands, enhance community pastures

Submitted

The Manitoba government has introduced legislation that would improve how agricultural Crown lands (ACL) and community pastures are managed, Agriculture Minister Ralph Eichler announced on Oct. 4.

"We are pleased to be introducing amendments to The Crown Lands Act that will modernize the process of crown land leases," said Eichler. "We are also making changes that will better enable government to maintain and protect community pastures. These lands not only provide opportunities for cattle farmers but also provide numerous environmental benefits including carbon sequestration, protecting threatened species and maintaining biodiversity."

The Crown Lands Amendment Act would allow agricultural Crown lands to have their rent determined by a public auction and allow government designate ACL as community pastures.

Currently, fees or rent for leases and permits for agricultural Crown lands may be determined by public tender. This proposed bill would enable regulations that provide for public auctions to also be used. The new subsection to the bill would allow rent to be calculated in one of four ways:

1. by setting out or prescribing the amount of method/formula to determine rent in regulation,
2. by having a public tender,
3. by having a public auction, or
4. a combination of ways one to three.

The bill would also enable government to designate certain lands as community pastures and to regulate their use. The purpose of community pastures is to support haying and grazing on rangelands in a manner that conserves the lands' ecological integrity and biodiversity. Once designated, community pastures must be managed in accordance with this purpose.

The proposed bill would come into force upon receiving royal assent, the minister noted.

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One SMALL Purchase CAN MAKE A BIG DIFFERENCE

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Small Business Week
Mayor & Council



Bethel Rays of Hope to host annual fall supper

By Jennifer McFee

Bethel Rays of Hope is hosting a fall supper event that you won't want to miss.

Set for Oct. 20 from 3:30 to 6:30 p.m. at New Life Church in Stonewall, the annual fundraiser will feature a traditional homemade meal — along with the added excitement of a garden market, crafts, bake sale and perennial sale.

The funds will go towards the projects of Bethel Rays of Hope in Kisumu, Kenya, where the volunteer-run charity runs an orphanage for about 50 children. In addition, it also operates a school located in the middle of three slums to provide education and meals for about 250 children.

Looking ahead, the organization aims to expand its offerings since the school only goes up to Grade 8.

"We are currently in the process of working towards opening a trade school for the students who will be coming out of Grade 8. This would require a concrete building and we would be teaching carpentry — mostly the manufacturing of furniture as this is a very common need there," said Joan Porcher, who is involved in the organization.

"It will involve mostly shop time but also teaching of other subjects and

it will include both genders. We also need to improve the teachers' monthly income for their excellent work done."

A retired carpentry teacher from a local college is willing to work with them, she added.

"The minister of education who works with trade schools is excited about this being in the slum areas and is willing to assist us as well in getting things started," Porcher said.

"As you can imagine, the outcome of this will greatly affect the economic environment within these three slum areas right around Bethel Rays of Hope as the years go by. The more money received, the more classes we can build and have — and the fall supper is a very large part of this fundraising."

The cost of the fall supper is \$15 for adults, \$5 for children aged six to 12, and free for wee ones under six.

Cathy Mackie, one of the organizers, outlined some of the highlights of the event.

"We will have a traditional turkey dinner with homemade cabbage rolls, meatballs, stuffing, vegetables and pie. It's all home-cooked and delicious," she said.

"You can just join the line and then they will seat you. We've never had people having to wait. There's also a

takeout area for people who would prefer that option."

In the market, shoppers can look forward to garden produce including pumpkins, as well as African merchandise. The bake sale will feature all types of tasty treats, including about a dozen different varieties of homemade fudge.

The event, which is only possible due to the hard work of about 140 volunteers, will also include information about the orphanage and its children.

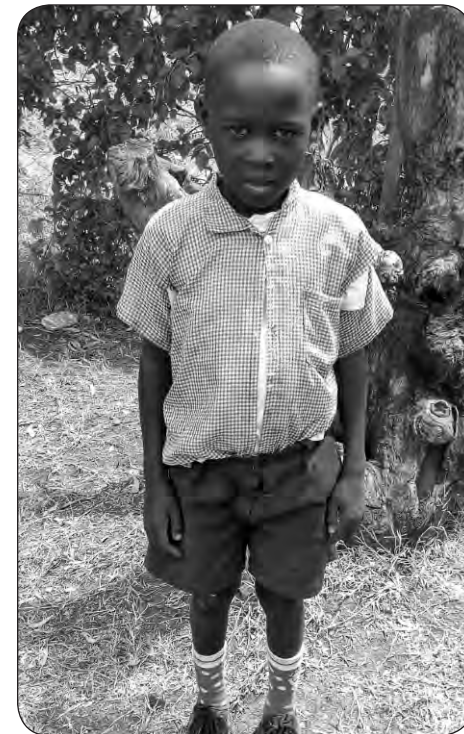
Besides enjoying a delicious meal and shopping at the event, attendees can learn about many other opportunities to get involved in everything from fundraising to joining a committee or the board.

In addition, some of the children still need sponsors, and any help would be greatly appreciated towards the cost of building the trade school.

Donations of perennials are also welcome, and they can be dropped off at New Life Church in the morning of Oct. 20.

Anyone who would like more information about the fall supper can contact Cathy Mackie at 204-334-2575.

For more information about Bethel Rays of Hope and its projects, visit www.bethelraysofhope.com.



TRIBUNE PHOTO SUBMITTED
Seven-year-old Joseph attends Grade 2 and is doing well now that he is sponsored for his education. He stays with his mother and five siblings in the Obunga slums. Fortunately, with financial support, he receives his breakfast and lunch along with his education for the year at Bethel.

> ONE YEAR LATER, FROM PG. 2

participated in the five-kilometre Vegas Strong Run. The participants all ran in memory of a person who didn't survive the attack. After that, they met at a healing garden where a memorial was set to honour the 58 people whose lives were lost that night.

"It was a very emotional weekend — but also very healing for me to go back and face everything that happened with special people by my side," Ansell said.

"I faced my fears and fought the anxiety and the panic that I had all weekend. And the anxiety was even greater when I was leaving Las Vegas

because it felt like I was leaving my family. Everybody there understands it, and at home it's so different."

Although her physical wounds have almost healed, Ansell's emotional scars will remain. She has finished her physiotherapy and joined a gym to regain the strength needed for her hands-on job as a pipeliner. She returned to work nearly five months ago and continues to forge forward.

"I still have triggers. I have good days and bad days," she said.

"You never get over it, but you live to get through it."

20
18
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League Play Starts October 23

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FRI & SAT
AT 7:30 & 9:30 pm
SUN-MON,
WED-THURS
AT 7:30 pm

Cate Blanchett
Jack Black

May Frighten
Young Children;
Violence

PG

FRI-SAT-SUN-MON OCT 19-20-21-22
(CLOSED TUES) AND WED-THURS OCT 24-25

FRI & SAT
AT 7:30 & 9:30 pm
SUN-MON,
WED-THURS
AT 8:30 pm

Tom Hardy
Michelle Williams

May Frighten
Young Children;
Coarse Language;
Violence

PG

Stonewall Teulon
Tribune



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TRIBUNE PHOTO BY LARA FORCHUK

Having turkey for Thanksgiving had a whole new meaning for Lara Fochuk and her family when a flock of wild turkeys strolled into their farmyard just north of Warren on Oct. 7. Originally introduced to the province in 1958, the Manitoba Wildlife Federation released 16 wild turkeys in the Pembina Valley that were captured in North Dakota. Turkeys hang out in flocks of five to fifty birds. They love to feed in open areas, particularly on grasshoppers and other insects. They will overturn cow patties in farmer's pastures to get the insects underneath.

Let local businesses know that their advertising worked

By Sarah Holmes, publisher and owner of *Gabriola Sounder*, Gabriola, B.C.

The internet isn't interested in getting it right or correcting errors or in telling a story that recognizes the importance in the mundane of community living. The internet is a thing.

Social media thrives on sensationalism, pulling us into the bottomless pit of scrolling through information. As well, social media provides an opportunity to magnify each individual voice, or fake bot, to the point of deafening noise.

With all of that, the user now has the tiresome duty to be wary of everything that is provided to them through a power cord. Newspapers, by their printed nature, create a jur-

ied space built on facts, where information is presented for consideration along with the responsibility of being accountable to the reader.

Perhaps it is time for journalists to pack it in. Let governments operate without liability; for police and judicial proceedings to carry on with no representation to the public; for television, radio and bloggers to bear the weight of investigative reporting. Let art, sports, travel and literary works remain undiscovered, save for the lucky few who stumbled upon them. Opinions will no longer have an equal voice. This image of a defeatist fearsome future is what keeps journalists and news organizations striving for a balanced business model.

Be reminded that newsprint won't report how long it took you to finish the crossword or that you turn to the Automotive section before World or Opinion. It won't listen in on your conversations, matching keywords to further commodify you, nor will it snoop through your cookies, bookshelves and closets to collect more data about you to report back to the data masters. All that privacy remains yours with print.

It is up to humanity to take back our requirement for truth from those who would delight in our inability to recognize fact from fiction. (A recent Ipsos-Reid poll, 63 per cent of Canadians were unable to distinguish between real news sites and fake news

Continued on page 8

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NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS

letter to the editor

Letters to the Editor:
letters@stonewallteulontribune.ca

Premier's explanation for not proceeding with Manitoba carbon tax

I am writing to you on a matter of great importance to all Manitobans.

On Oct. 3, I announced that your government would not proceed with a Manitoba carbon tax.

I will explain why.

The danger posed by climate change is real and it is serious. We see the evidence all around us, in warmer temperatures, both in the air and in the oceans. In the form of dangerous storms, which happen more frequently. In forest fires of unprecedented intensity, and in severe flooding that happens far more often.

Climate change threatens our safety and our economy. It threatens our future, especially the future of generations that will follow us.

We are leading the way with a Made-in-Manitoba Climate and Green Plan that is widely acknowledged as the best in Canada.

Our plan focuses on four pillars of cleaner water, conservation of natural areas, effective steps to address climate change and strengthening our economy. It continues our investments in renewable energy, while encouraging Manitobans to reduce

their energy consumption. It will assist local communities in their efforts to protect our watersheds. It will clean up contaminated sites, increase recycling and build new schools to a higher standard of energy efficiency and environmental design. It will establish a \$100-million Conservation Trust to preserve and protect our grasslands, woodlands, wetlands, waterways and wildlife habitat.

It's a plan that will be implemented without any significant assistance from the federal government.

Last year, we received legal advice that the federal government has the constitutional power to impose a carbon tax, but only on provinces that do not implement plans of their own. Our Climate and Green Plan, which is better for our economy and better for our environment, was designed by Manitobans to protect Manitobans and to keep Ottawa's hands out of our pockets.

Our Made-in-Manitoba plan proposed a flat and low tax, like the prairie horizon. That flat rate would have provided stability to consumers, business, industry and agriculture. It

would have saved Manitoba families and businesses more than \$260 million over five years, compared to the Ottawa carbon tax. Most importantly, all monies collected under our plan would have been returned to Manitobans, in the form of tax reductions. There are no such guarantees with the Ottawa plan.

Immediately after unveiling our Climate and Green Plan, and on numerous occasions thereafter, we sought the federal government's assurance that they would not impose their escalating carbon tax over and above the Manitoba tax. Almost a year after our Manitoba Climate and Green Plan was released, however, Ottawa's high tax threat remains, and that is unacceptable.

Ottawa has acknowledged our plan is the best in Canada, but they have also stated that they will impose their higher — and rising — carbon tax after one year. It could mean twice the tax, for poorer results. Double for nothing. That would threaten jobs and economic growth throughout our province. At a time when Manitoba is making progress in fixing our finances and rebuilding our economy, the last thing struggling families, seniors and small businesses need is higher taxes.

We will always defend the interests

of Manitobans. Today, tomorrow and for as long as we are privileged to serve this province and its people.

Manitoba's Climate and Green Plan deserves Ottawa's respect. We are already Canada's cleanest, greenest province. We are investing billions in renewable energy, without a single dollar from Ottawa, yet we are given no credit for it. In fact, Manitoba Hydro's debt will rise to \$25 billion — \$19,800 per Manitoban — thanks to the NDP's massive over-build. You have already made a significant investment in green. Rather than respect this investment, Ottawa threatens to impose an escalating carbon tax, which will take billions of dollars off the kitchen tables of Manitoba families.

Our course of action is clear. The federal government says Manitobans aren't doing enough to protect the environment. They are wrong. They say a carbon tax is the only solution to fighting climate change. We disagree. They claim they have the absolute right to impose a carbon tax on Manitobans. We say "no."

We say "yes" to a cleaner, greener future for Manitoba. We say "yes" to a Made-in-Manitoba Climate and Green Plan, without a carbon tax.

The Honourable Brian Pallister
Premier of Manitoba

Province introduces Fish and Wildlife Enhancement Fund board

Submitted

Six new members and 11 returning members have been appointed to the Fish and Wildlife Enhancement Fund (FWEF) board of directors, Sustainable Development Minister Rochelle Squires announced this past Monday.

"The FWEF board offers critical advice and recommendations about which proposals should receive support from the Fish and Wildlife Enhancement Fund," said Squires. "These are the people who provide critical insight that helps shape our enhancement initiatives, and I am pleased to note that four out of the six

new appointments are women."

New appointments are:

- Carly Deacon (Manitoba Wildlife Federation);
- Aaron Goethe (Ducks Unlimited);
- Erin McCance (environmental consultant, Wildlife Society of Manitoba);
- Linda McKerchar (Manitoba Lodges and Outfitters);
- Barry Sadlowski (Manitoba Big Game Trophy Association); and
- Shari Wright (Webber's Lodges and Churchill Wild).

Returning appointments are:

- chairperson John Williams (Manitoba Wildlife Federation Habitat

Foundation);

- David Carrick (Fish Futures);
- Jeff Connolly (Swan River Sport Fishing Enhancement Inc.);
- Craig Ferris (Walleye Anglers Association of Manitoba);
- Ray Frey (Fish and Lake Improvement, Parkland Region);
- Brian Gillespie (Argyle);
- Christopher Greaves (Manitoba Fly Fishing Association);
- Brent Kellett (Manitoba Wildlife Federation);
- Ron Spence (Manitoba Trappers Association);
- Don Stoketelny (Intermountain

Sport Fishing Enhancement Inc.); and

- Tim Yaremchuk (Rossburn).

The minister thanked outgoing board members for their service.

The Fish and Wildlife Enhancement Fund (FWEF) was established in 2014. The fund supports fisheries and wildlife related enhancement projects through revenues generated from a portion of angling and hunting licence sales, as well as special fines and surcharges added to certain wildlife and fisheries offences.

getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL **The signs are there if you watch for them**

Hello my friends.

There are those of us who lose our mate or significant other and after a time we become open to finding someone else who shares a common interest.

Corrine Bremner from Stonewall was such a person as was Todd Sigurdson of Winnipeg. That is how they happily found each other on the Plenty of Fish website. I met them lounging in chairs basking on a cool, sunny fall afternoon fishing off the Victoria pier last Saturday.

Todd was a guy of average size with long brown hair, a half dark and grey moustache and goatee, horn-rimmed glasses, an ever-present smile and authoritative voice. Corrine was quieter. Her wholesome face was surrounded by her long, wavy, glistening red hair.

I sat with them casually talking of coupling up "the second time around" and I felt heartened, seeing how their relationship was grounded in a deep insightfulness as well as fishing.

Todd told how soon after his dad passed away, they returned here, one of his favourite fishing places, to remember him. Walking onto the pier, it was full of screeching white seagulls except for one brown one. They settled into their chairs after casting out as the brown gull waddled to their side. It sat down, looking at them sideways. Todd and Corrine called to it, nick-naming it "Mel" after Todd's father.

The afternoon sun passed to the west. They landed a few fish. Seagulls came and went — that is, except for "brown Mel." He never moved. At dusk, as they gathered their gear to go home, "Mel" took to the air calling out, circling them, and then disappeared over the trees. Make of it what you will.

Greg, the locks master at the Lockport Locks, did a nice thing. A few weeks or so ago, Wally Jansen took his grandkids Cohen and Sofia, here from Alberta on vacation, to fish off the pier at Lockport.

Excited Cohen quickly cast out before any of the others could get their hooks in the water and instantly caught a big pickerel. Everyone dropped their lines to help him, but it was obvious the line would snap if they tried to raise it over the high pier wall. Wally happened to see a fellow in the locks yard and ran over to him, asking if he had a net. New friend Greg, the locks master, indeed did have one. He fetched it, and without hesitation, joined the group netting the fish for Cohen. You're the best, Greg.

When taking the picture, Cohen's hands weren't strong enough so his sister held it for him.

I happened to be cruising along the lane where the commercial fishermen dock their boats at the Winnipeg Beach marine harbours last Friday

and saw Rob Kumps moving some stuff around in the back of his truck. It looked like he had come in from lifting nets, so I pulled over and jumped out of the car to ask him how things were going. Still in his bright yellow slicks, a heavy jacket and a winter cap pulled firmly down over his white hair, he called out, "Hi Arnie."

His always easy-going nature, kind eyes and broad smile were accented by his substantial white handlebar moustache. As he busied himself straightening out things in the back of his truck, he commented, "There's all different kinds of fish right now; lots of tullibeas at a not bad price."

He went on, "The buyers up at River-ton are taking them in the round."

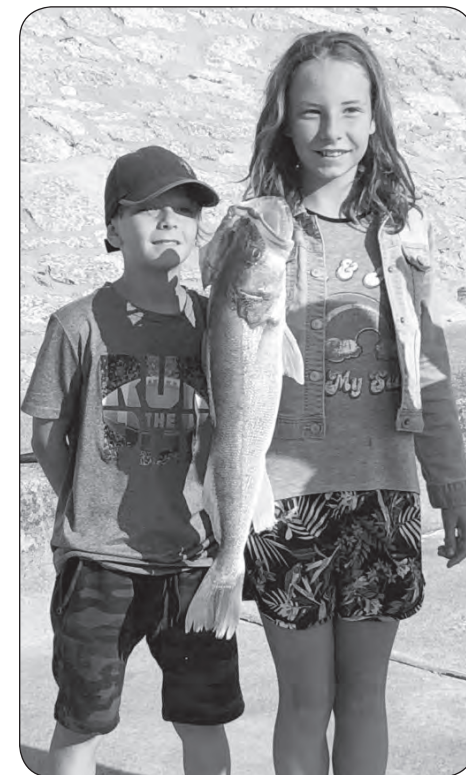
Then he slowed down, turned and leaned against the side of his truck, looking out over the harbour waters.

"It's starting to get cold," he said. "We're only doing one lift a day now. The water is at eight degrees. Soon the harbour will start freezing and we'll have to quit till winter. It's not a lot of fun fighting ice."

"You've been at it a long time, Rob," I said.

"Yeah," he said. "I took over from my grandpa in Gimli and still use the packing place there."

We talked of old-time fishing and rigging up whatever was needed to keep fishing. I recalled a story I did a long time ago where a guy fishing up



TRIBUNE PHOTO BY ARNIE WEIDL Cohen Vincente, left, and his sister Sofia, were here on vacation from Alberta, when Cohen caught a fish at the Lockport Locks. Cohen couldn't hang onto his fish so his sister held it for him.

north camped off the shore that was covered with flat shale rocks. To save his skiff at night, he made a rail of two greased limbed spruce rails and set them like a track from the water to dry land and then he would drive his boat up them.

Rob laughed. "I remember grandpa years ago put a piece of plywood on poles in the fall to load his wood skiff onto it at the shore. Then he would drag it down the town back lane to get it home and flip it over for the winter."

I hope you had a nice Thanksgiving weekend, brothers and sisters. See you soon.

> NEWSPAPERS NEED YOUR SUPPORT, FROM PG. 6

stories.) To recognize journalism as a keystone species to our democracy and representing our communities.

We, as an industry, have been slow to ask for your support. We are now asking readers who value newspapers to contribute to rebuilding dis-integrating newsrooms through news stand sales, subscriptions and volun-

tary subscriptions (donations). This has been met with resistance; readers have had the privilege of receiving free news for so long it has become an assumed right.

Another way for readers to support newspapers is by supporting our advertisers and actively tell them the ad in the newspaper worked — which directly affirms the business' choice

to spend valuable marketing dollars to communicate with the readers in the newspaper. A win for the reader, a win for the business and a win for newspapers — and a win for the government; competing online ad platforms based outside of Canada (Google and Facebook in particular) do not pay taxes. This year, during National Newspaper Week we are

asking you to pledge your support in a simple way at www.newspapers-matter.ca.

Like anything malnourished, it will take time to rebuild to full strength, though with renewed reader commitments and reliable advertising, our newsrooms can become vibrant again. It's time to re-evaluate the desire for flash with the need for truth.

NOTICE

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> CAPES & CROWNS, FROM PG. 3

ing as master of ceremonies, Brody Jackson from QX104 will add to the upbeat atmosphere.

Volunteers from Heather's Pretty Parties will also mingle with the crowd, decked out as famous princesses and superheroes.

The Capes & Crowns masquerade will be raising funds to support clinics where people living with cystic fibrosis can receive specialized care.

"We are the main funder of cystic fibrosis research in Canada. We support 42 clinics across the country. We fund millions of dollars of research every year," Pratt McDowell said.

"We also have an advocacy department that speaks up on behalf of individuals with CF to ensure quality of care and access to medications. We work full time to ensure quality of life for our individuals living with cystic fibrosis."

Although most people associate cystic fibrosis with the lungs, it's actually a multisystem disease.

"Because of a dysfunction with protein within the cells, there's different classes of it that have different ways of that happens. A thick mucous is created in the body, so it's hard to clear in the lungs for individuals with CF. They catch bacteria and infections, which leads to inflammation and scar tissue over time," Pratt McDowell said.

"But it also blocks the absorption of nutrients, so individuals have digestive issues. Ideally a high fat, high salt diet is what is best for individuals living with cystic fibrosis, so that creates other issues in the body over time. There is cystic fibrosis-specific diabetes that has been discovered now. The longer you live with CF, it takes a toll on your body. As the disease progresses, individuals end up needing to have lung transplants once the scar tissues have built up too much."

The disease affects each individual differently, since it has than 2,000 different genetic mutations. As a result, it's tricky to treat and research.

"Each individual with CF not only has various genetic mutations, but they also experience the disease differently," Pratt McDowell said.

"So a treatment that works really well on one individual won't even necessarily work on another individual in the same family with the same disease. It's got a lot of layers and complexities to it."

Cystic fibrosis is the most common fatal genetic disease for children in Canada. In the past, doctors used to tell parents that their children wouldn't make it to kindergarten.

"Now the median age of survival is over 50 years, so there are individuals living much longer lives, but we're still losing people in their teens and 20s," Pratt McDowell said. "We need to find a control for the disease so it's not life-threatening."

For the Spring family, they know first-hand the impacts of the disease. Young Wyatt, age two and a half, was born with cystic fibrosis. He receives support and lots of love from his two older siblings — four-year-old Oliviah and eight-year-old Lucas — as well as his mom Sheralin and dad Warren, who is originally from Riverton.

"It's a disease that literally affects his whole life from when he gets up until when he goes to bed — but it's not everything that Wyatt is. He's still is a toddler who can do everything that another toddler his age can do," said Sheralin Spring.

"When people hear that your child has cystic fibrosis, it almost sounds like they pity you, and that's not how we want it to be. He has CF and it's unfortunate, but he will do everything that we dreamed for him to do, even before we knew that he had CF. You have to stay positive."

When Wyatt was first diagnosed, he made weekly visits to the doctor. Now he has doctor's appointments every three months if he's healthy or more often if he's sick.

"We do two hours of therapy a day to keep him healthy and keep him able to have a normal life," Spring said.

"It doesn't have to be that he's sick all the time. You put in the time and you do what you have to do."

She is looking forward to volunteering at the Capes & Crowns event, along with big brother Lucas.

"All these events help fund innovate new research for treatments for people with CF, which is absolutely life-changing, as well as visits to the clinics," she said.

"So when you go to these events, you are supporting real kids and adults with CF. It's a great time to spend with your family in support of a

good cause at the same time."

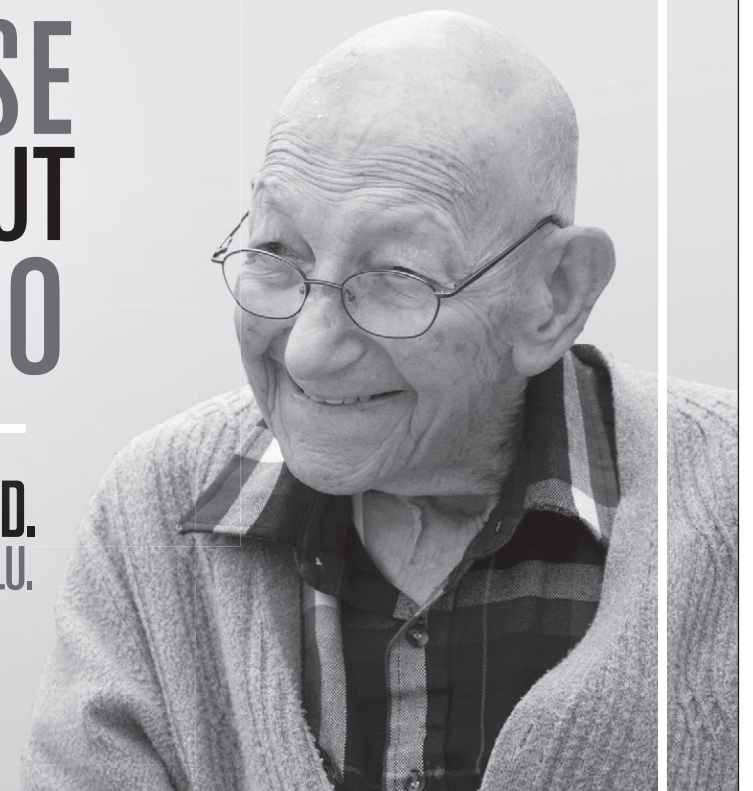
The event organizers extend gratitude to the sponsors, including Sunova Credit Union and the Stonewall Kinettes. As well, Desneige Meyer, the parent of a child with CF, is sponsoring and leading an activity through her company Memory Castings.

The Capes & Crowns event runs from 12 to 6 p.m. on Saturday, Oct. 13 at Boonstra Farms. Tickets cost \$20 each in advance or \$25 at the door. Tots under 24 months get in for free.

For tickets or more information, call Dawn Huck at 204-943-7472.

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RM of Rockwood candidates square off in election forum

By Natasha Tersigni

It was standing room only when over 120 people packed into the Stonewall Curling Club on Oct. 1 to hear from the RM of Rockwood reeve and councillor (Ward 1 to 4) election candidates.

The Stonewall Chamber of Commerce's political forum was an opportunity for community members to ask questions and hear candidates' stance on local issues. Communication and consistency were the two major concerns that arose during the forum. The majority of candidates agreed that there needs to be an improvement in the communication between council and residents in the RM to encourage transparency and to allow ratepayers an opportunity to provide feedback when issues are still in the planning stages. As well, many candidates agreed that council needs to be more consistent when applying and amending bylaws.

Reeve Candidates

Ila Buchanan, Mark Hidlebaugh, John Frig and Wes Taplin are the four candidates vying for RM of Rockwood reeve. Both Hidlebaugh and Buchanan have previous political experience as Hidlebaugh was a councillor with the RM of Rockwood for two terms while Buchanan was a councillor with the RM of Woodlands also for two terms. Both Frig and Taplin are long-time residents, own and operate businesses in the RM and are active community members.

When asked what each candidate saw as the biggest issue or concern in the RM, the public was able to see where the candidates set their priorities.

Taplin saw communication and transparency as the biggest issue with council and if elected would like to improve the relationship council has with the ratepayers.

"We need to have open avenues of communication and it works both



TRIBUNE PHOTOS BY NATASHA TERSIGNI

More than 120 people attended the RM of Rockwood Political Forum at the Stonewall Curling Club on Oct. 1 to hear reeve and councillor candidates answer questions from the public.

ways, with the constituents and council members. The biggest downfall in any organization 90 per cent of the time is communication. That needs to change so everybody is informed," said Taplin.

If elected, Frig would work to improve the RM's infrastructure including roads and drainage systems.

"I personally have been fighting the RM for 68 years to get the water on my half-section off of the land," said Frig.

"There is so much loose gravel on these roads that someday someone will die. These roads have to be fixed up. We are spending \$800,000 on gravel that ends up in the ditches during snow removal and then we do it again the next year."

Hidlebaugh sees regional partnership as the way to help maintain growth in the RM while being fiscally responsible.

"We are working really closely with our (neighbouring municipalities) and undertaking projects regionally. Doing things regionally is saving us money, big money," said Hidlebaugh.

Resident compliancy is Buchanan's top concern and she would like to encourage resident participation.

"My one pet peeve is the compliancy I see with residents. We would rather sit at the coffee shop or on a street corner and complain about things that we didn't even take to the right people," said Buchanan.

"We can complain all we want but we are not willing to take that step forward and call the people that matter to get the job accomplished."

Ward 1 Councillor Candidates

Vying to represent Ward 1 (Stony Mountain) are Joe Laroche, Marcus Drysdale, Tom Huffman and Debbie Pansky. For this ward, lack of communication was seen as a major issue.

"Communication was the reason why I started going to the council meetings. I felt like I wasn't informed and I wanted to get that information. There are other residents that want that information as well but are not able to attend meetings during the day," said Pansky.

"The administration does work hard to get the message out, but we need to use many avenues. Not everybody uses their email, not everybody goes to their post office box and not everybody reads the paper. If we use every avenue that we can we are going to catch the majority of residents in our community."

Huffman agreed that communication needs to be improved and one way of involving more residents with the council is by having mobile meetings in various RM of Rockwood communities including Stony Mountain, Grosse Isle, Argyle and Balmoral.

"We need to move away from the Monday to Friday meetings and try and set meetings in the evening in various locations. We need to get people involved closer to home," said Huffman.

Laroche wants to work to repair the communication between residents and their councillors.

"What I found out in the last few years in Ward 1 is the disconnect be-

tween council and residents. In my opinion, to restore the communication between council and residents it goes both ways. Residents need to let councillors know their issues and concerns," said Laroche.

Ward 2 Councillor Candidates

Having been acclaimed, first-time councillor Curtis McClintock chose to take part in the forum as a way to meet residents and to hear their concerns.

"Communication is going to be a big thing. Whether it be a councillor getting the information out there or people phoning their councillor to get first-hand communication back, we have to work towards communication," said McClintock.

Ward 3 Councillor Candidates

While there are two candidates running in this ward, only Neal Wirgau was able to attend the forum with Wayne Corda having committed to a prior engagement.

For Wirgau, the balance between agriculture land and development land, whether commercial or residential, is what he wants to see maintained by council.

"We are close to Winnipeg and we are a bedroom community and our (RM) is going to continue to grow. We need to make sure everything is planned properly so we don't have issues down the road."

Ward 4 Councillor Candidates

Two of the most outspoken candidates during the forum were Art

Continued on page 11

The Warren Curling Club is looking to hire for the tendered positions of

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IERHA looks to transform health care across the region

By Justin Luschinski

The Interlake-Eastern Region Health Authority (IERHA) wants to transform health care across the region by providing better care at a sustainable cost.

Nearly 100 community and area members attended the IERHA's annual general meeting on Monday evening at the Selkirk Rec Complex. This year's annual report details the inefficiencies of the current system, and how health care is moving away from its focus on hospitals.

Ron Van Denakker, IERHA CEO, says health providers work very hard across the region, but the system is too inefficient.

"Every day, our teams of staff deliver excellent health services, despite working in a system that doesn't make it easy for us. Our key challenges are to address our aging demographic and to provide more Indigenous-based care," Denakker said.

"Fifty per cent of hospital beds are filled with people waiting for personal care homes. That's why many of these changes are necessary."

Denakker said the region faces a number of other issues, including encouraging health-care providers to practise in the region. The IERHA

have worked to fund new personal care home beds, as well as establishing a medical student residency program, which will help encourage physicians to stay in the Interlake.

The IERHA has also aimed to balance its budget, bringing it in line with the province's efforts to curb ballooning health-care budgets. But there might be some larger changes to health care in the region.

Dr. Brock Wright, CEO of Shared Health Services Manitoba, said future health care will focus less on hospitals and more on having easy access points to care.

"The world is changing. In the past, it was all about 'get to your nearest emergency department.' The issues now is more 'call 911, and get access to emergency medical services,'" Wright said. "Increasingly, the people who come get you are more highly trained than in the past. They can start treating you there, and they can treat you as you drive.

"In some cases, you might not need to go to your nearest hospital, they might drive you further to get you to a facility that has the right equipment for your problem."

Denakker said they will be accept-



TRIBUNE PHOTO BY JUSTIN LUSCHINSKI

Ian Shaw, health-care transformation management leader, discusses the need to make health care more efficient across the Interlake-Eastern Regional Health Authority (IERHA) during the IERHA's AGM at the Selkirk Rec Complex last Monday.

ing their first intake of new student doctors in July 2019. They're also establishing "My Health Teams," where multiple professionals work together to look after one individual's health-care needs. They will be opening a Rapid Access Addiction Medical Clinic (RAAM) in Selkirk, which will assist people with substance abuse.

The province is also hiring 60 new paramedics, 26 of which are coming to the Interlake region.

For more information on the past year's progress in the IERHA visit their website at ierha.ca to see the "2017-18 Annual Report."

For more information on the latest developments in provincial health-care transformation, visit the Manitoba Health Seniors and Active Living website at gov.mb.ca/health/hst/index.html.

Association for Community Living to host Fall Fashion Show

Staff

For the first time ever, Association for Community Living is hosting a fall fashion show fundraiser that will even sweeter with a delectable dessert.

The first annual event will take place on Oct. 18 at the Quarry Park Heritage Arts Centre. The fashion extravaganza will feature a silent auction, grand prizes and a 50/50 raffle, with funds going towards the purchase of a new lift.

Men, women and children — including one grandmother and grand-daughter duo — will

be modelling outfits from The Look, McLeod House, Red Apple and Something Beautiful from Stonewall plus Packers and The Foot Shop from Selkirk.

"It should be a lot of fun with local models, including several of our clients and fashions provided by some of our local businesses," said new ACL board member Don MacLennan. "There will be wine, coffee, tea and desserts available to those present."

Tickets cost \$20 each and are available at Something Beautiful (formerly Global Garage

and Art House) or from a board member.

> ELECTION FORUM, FROM PG. 10

Goudy and Jeff Yablonski. With a background in engineering, Yablonski sees that as an asset to council. Goudy is seeking re-election after serving Ward 4 for the previous four years.

Yablonski noted that his biggest concern is the maintenance of gravel roads in the RM.

"The gravel roads are practically flat and they are rough. They don't get maintained at the rate they should get maintained. The RM currently has four of their own graders but there are grader operators that take holidays at the same time, I guess because they are both farming, and then the grading is put on the backburner," said Yablonski.

If re-elected in Ward 4, Goudy wants to continue to focus on recreation centres and com-

munity groups that provide services in the RM.

"One of the most important things to me is supporting all recreation centres. When a rec centre or another (community organization) needs help that is where I want my priorities to go," added Goudy.

"I have met wonderful people that are doing great things for their community and I am going to do anything I can to support them."

RM of Rockwood residents, along with the rest of Manitobans, can cast their ballots for 2018 municipal election on Oct. 24. For more information on voting, including election centres or voting eligibility, go to RM of Rockwood's website at www.rockwood.ca.



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Rockwood council approves conditional use for rural retreats centre

By Jennifer McFee

Rockwood council gave the go-ahead for a local couple to operate a rural retreats and events centre on their property near Teulon.

Maurice and Tracy Thibodeau requested conditional use to allow them to provide coaching, consulting and custom experiences and events through their business, Ignite Retreats.

"The property has brush, natural prairie grassland and open space in which individuals find attractive, making it ideal for nature-based wellness programs. This plan is an example of taking a progressive and creative approach to utilizing this land type for learning and wellness," states their letter of intent.

"Over the past several years, the property has been the location of some approved events. Investment has been made to create the infrastructure to support events on the property. With the approval of this conditional use application, the property owners can focus efforts on creating a unique getaway in the Interlake, bringing people from all over Canada

to explore and establish an interest in the RM of Rockwood."

The area is zoned for agricultural use, but the Thibodeaus wrote that the property is located on a parcel of land where farming is not easily attainable.

"The substrate is largely marsh or gravel pit, and as such, there is not ample opportunity for growing feed crops or harvesting crops," their letter states.

"The proposed plan would not harm the land or reduce its applicability for future farm use."

The property is accessible via Highway 7, Provincial Road 415 and Road 3E. Over the next three years, the Thibodeaus propose to develop or enhance an access road parallel to the northern property line in an effort to create additional site accessibility.

As well, the property currently has on-site parking to accommodate up to 300 vehicles. In their submission, they proposed to host up to two events each year that would have between 601 and 1,000 attendees.

On behalf of Manitoba Agriculture, policy specialist Sheila Cook submit-



TRIBUNE PHOTO BY JENNIFER MCFEE

Maurice and Tracy Thibodeau spoke to Rockwood council about their proposal to operate a rural retreats and events centre.

ted written comments that creating facilities near active agricultural lands could potentially increase complaints about impacts on livestock and normal farming practices.

"Vehicular traffic associated with this development has the potential to impact producers' ability to safely and efficiently move farm machinery along adjacent roadways," Cook noted.

"It may be prudent to limit the number of events during periods of the year when agricultural machinery is more active. Our concern is that the proposed development does not adversely affect neighbouring agricultural land uses."

There are about 11 dwellings within a one-mile radius.

The South Interlake Planning District was not opposed to the proposal as long as specific conditions are met.

SIPD recommended that the council establish a limit to the type, frequency and size of events that could be held on the property each year. The owners would also need to apply for development and building permits, as well as

obtain life safety inspection for an accessory building on the property.

In addition, SIPD recommended that the owners submit detailed operational event plans to the RM at least 60 days in advance for any events consisting of more than 500 people. As well, they recommended that the owners would be responsible for all costs associated with site monitoring and enforcement for their events.

Lastly, the owners would need to enter into a development agreement with the RM of Rockwood to cover topics such as site accessibility, parking, traffic flow, sight and sound mitigation and site maintenance. The development would also cover hours of operation, emergency and protective services arrangements, liability insurance, enforcement, performance bonds, and any other matters deemed necessary by council.

Council approved the conditional use application, which includes the conditions suggested by the SIPD. Coun. Bill Matheson voted against the resolution.

Election info at local library



TRIBUNE PHOTO BY JO-ANNE PROCTER

Jean Burchuk from Stonewall pauses at the Stonewall Regional Library to look at the 2018 Municipal Elections board library staff put together. Three questions were sent to each candidate running in the Town of Stonewall, RM of Rockwood and RM of Rosser elections and those that replied have their comments on the board as well as voting information and electoral maps.

Feel free to stop by and educate yourself with who is running in your area and don't forget to vote on Oct. 24.

Your Vote 2018 - Make it count

Submitted

Oct. 24, 2018, is municipal election day in Manitoba.

Across our province, residents will be able to have their say on who will lead their community into the future by choosing their mayor, reeve, councillors and school board trustees.

"For those of you who think sitting

out on municipal elections is no big deal or assuming they are less important and impactful than provincial or federal elections, it's time to think again."

Mayors, Reeves, councillors and trustees are on the front lines when

IERHA to host screening of Fetal Alcohol Spectrum Disorder documentary

Submitted

Interlake-Eastern RHA's FASD program team is partnering with the Manitoba FASD Coalition Inc. and the Manitoba FASD Family Network to host the premiere screening of *Learning the Dance: Community Making a Difference*.

The video shares the story of how two schools have focused on relationships, built upon strengths and reframed behaviours in order to support two students with FASD to find success and a sense of belonging within the school community.

The documentary was created by Looking After Each Other: A Dignity Promotion Project, a diverse group of Manitobans who have come together to talk about the relationship between stigma and FASD. Their vision is a province where people with FASD and women who have used alcohol during pregnancy are fully accepted and their dignity is promoted. *Learning the Dance* is one of the newest in a series of the group's documentaries.

One of the youths and schools featured in the documentary are from the Interlake-Eastern region. The family and school have been working closely with our regional FASD programs. According to Interlake-Eastern RHA's FASD diagnostic co-ordinator Sherisse Picklyk Dear, this family's story is a journey that goes back several years

and has included many community colleagues.

"We are so proud to have a school and family featured in this documentary that comes from one of our Interlake-Eastern RHA communities. I began working with one of the moms featured in the documentary several years ago. Together we partnered with the school and other services in order to create the best home and school experience for this youth. It has always been a team effort. In recent years, this mom began utilizing services from the Manitoba key worker program with Shannon Foster. Shannon, who is also featured in the documentary, works intensely with the school, mom and the youth, to build upon his strengths."

Interlake-Eastern RHA's public health team manager Connie Nixon, who manages FASD programs in the region, says that our program staff work hard to establish good relationships with families and to support them through their sometimes challenging journeys. A family's journey may range from initial assessment and diagnosis to needing education and in-home support.

"We provide services to caregivers who may need specific supports in order to parent a child who is impacted by FASD. Through the Manitoba Key Worker program, established in

2013, clinicians like Shannon Foster provide intensive caregiver support for children and youth who have prenatal alcohol exposure or have FASD. They work with families and collaborate with schools to create a greater understanding of the child or youth's specific needs and to build upon their strengths" says Nixon. "This documentary highlights the great partnership we have established with the school. Lord Selkirk School Division has always embraced collaboration with our FASD programs and initiatives and we are so thankful to have that relationship".

Interlake-Eastern RHA key worker Shannon Foster says that it has been a pleasure to work with this mom and her son and to connect closely with the school featured in the documentary.

"It is because of this collaboration that this youth has achieved success at

school. I am so proud of the hard work and care that this family and their supports have shown. This documentary focuses on how building understanding relationships with our kids can make a huge difference in their self-esteem and success at school."

The documentary premiere is open to the public will be screened at Selkirk Regional Health Centre on Tuesday, Oct. 16 at 6:30 p.m. A panel discussion will follow the screening with Interlake-Eastern RHA staff and members of the family and school staff featured in the video.

To learn more about this story or the regional FASD programs, please contact Shannon Foster (Manitoba FASD key worker) at sfoster@ierha.ca or 204-785-7548 or Sherisse Picklyk Dear (FASD diagnostic co-ordinator) at spicklykdear@ierha.ca or 204-785-7547.

> YOUR VOTE, FROM PG. 13

it comes to providing the day-to-day services you count on. Services such as fire, police, sewer and water, parks, social services, garbage removal, public transit, libraries and community clubs — all of which have an incredible impact on citizens' daily lives.

These are challenging times for local leadership. Along with quality of life decisions, they also make decisions that ensure that the infrastructure that connects our communities and supports development is maintained and well planned. This is done all while grappling with the realities of stretched budgets, shifting demographics, keeping up with the advances of new and emerging technologies and adapting to new environmental realities brought on by climate change.

Many of the decisions that affect our communities now and in the future are made at the local level, and these decisions are made by the majority of council or the board. Working as part of a team, sharing differing opinions and coming up with a way forward is

perhaps one of the most important tasks of any elected council.

We have all seen unfriendly and less than professional exchanges between political candidates that are designed to impede progress and change — tactics that keep us locked in status quo rather than move us forward.

So this October, when headed to the polls, ask yourself this: which candidate has a vision for the future of your community or school? Which candidate can work as a team — embracing new opportunities? And which candidate can manage budgets and make investments to ensure a bright future for your family, your business and your community?

Our local governments have the ability to both influence change and take action; however, they too require support of their community. As citizens of one of the greatest democracies in the world, voting in a local election is not only a right and responsibility but an opportunity to create the change you wish to see.

worship *with us*

> FAITH

Thanks and Giving

You shall observe the festival of harvest, of the first fruits of your labour, of what you sow in the field. The choicest of the first fruits of your ground you shall bring into the house of the Lord your God.

(Exodus 23:16a & 19)

One of the first lessons we teach children is the importance of saying "thank you." Even little infants can be taught to express their thanks. Most of us can remember being reminded to say "thank you" as we grew up — whether by a parent, family member or teacher. It becomes so ingrained in some of us that we say thank you as adults, without even thinking about it. To be quite honest, it can become so automatic that it can sometimes lose its sincerity. We stop thinking about whether or not we are truly thankful and our "thank yous" can become more about being polite than about true gratitude.

This week, all of us had an opportunity to have a holiday that is all about being thankful for the harvest. We likely ate turkey with all the fixings and pumpkin pie for dessert. At Thanksgiving, we go to great efforts to set a beautiful table and be sure that all the food is cooked to perfection.

This practice of offering our best at the harvest is modelled after the instructions we find in the Bible for harvest festivals. In Canada, the statutory holiday of Thanksgiving was established on Jan. 31, 1957, when Parliament proclaimed the observance of the second Monday in October as "a day of General Thanksgiving to Almighty God for the bountiful harvest with which Canada has been blessed." Indigenous peoples in Canada celebrated the Fall harvest before the arrival of European settlers.

In this season of Thanksgiving, let's take the time to express our thanks by bringing the best we have to offer in service to God, and to one another. The practice of offering the choicest of our first fruits protects us from becoming greedy and blind to the needs of our neighbour. When we present and count our blessings in public, we remember to seek justice and food for all.

Thanks and giving go hand in hand!

Rev. Mona Denton

Stony Mountain & Lilyfield United Churches

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> MEAL IDEAS



Prep time: 15 minutes
Cook time: 20 minutes
Servings: 4
1 pound Brussels sprouts, trimmed and halved lengthwise
2 tablespoons extra-virgin olive oil
pinch of salt
freshly ground black pepper, to taste
1 cup red California grapes

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Roasted Brussels Sprouts with Grapes and Balsamic Glaze

2 tablespoons ready-to-use balsamic glaze

Heat oven to 450 F.

On baking sheet, toss sprouts with olive oil, salt and pepper, to taste, until sprouts are well-coated. Roast until deep golden brown, about 17-20 minutes, turning sprouts halfway through roasting. Stir in grapes and roast 3-5 minutes. Transfer to bowl and drizzle with glaze or drizzle platter with glaze and pile sprouts on top.



Sticky Grape Schiacciata Schiacciata con l'uva

follow the manufacturer's instructions.

Sift the flour into a large bowl and make a well in the center. Pour in the yeast mixture, egg yolks, olive oil, and salt. Mix until the dough comes together. Tip out onto a lightly floured work surface. Wash and dry your hands. Knead the dough for 10 minutes until smooth and elastic. It should be quite soft, but if it's too soft to handle, add more flour. Place in an oiled bowl, cover with plastic wrap or a damp kitchen towel, and let rise until doubled in size — about 1 hour.

To make the walnut butter, cream the butter and sugar together, then stir in the lemon peel and walnuts. Keep at room temperature.

Uncover the dough, punch out the air, then shape into a ball. Roll or pull the dough into a rectangle to line the prepared jelly roll pan. Spread the walnut butter over the schiacciata crust, add the grapes, and sprinkle with brown sugar. Cover with plastic wrap or a damp kitchen towel and let rise for 1 hour until puffy and doubled in size.

Preheat the oven to 400 F. Uncover the dough and bake for 15 minutes. Turn the oven down to 350 F and bake for 20 minutes more or until risen and golden. Let cool slightly before turning out.

To make the Vin Santo cream, beat the cream, confectioners' sugar and Vin Santo together in a bowl until the mixture forms soft peaks. Cut the focaccia into wedges and serve with the Vin Santo cream.

Serves 6
1 cake compressed yeast, 1 packet active dry yeast or 1 packet quick-rising yeast
A pinch of sugar
1 cup warm water
4 1/4 cups Italian "00" flour or cake flour
2 egg yolks
2 tablespoons olive oil
1/2 teaspoon sea salt
1 tablespoons butter, softened
1/2 cup brown sugar, plus extra to sprinkle
Finely grated peel of 1 unwaxed lemon
3/4 cup walnuts, chopped
8 ounces black grapes, seeded (Sangiovese wine grapes, if possible)
2 cups heavy cream or mascarpone
3 tablespoons confectioners' sugar
6 tablespoons Vin Santo
1 jelly roll pan, 9 x 13 inches, oiled

If you are using compressed yeast, mix it with the sugar in a medium bowl, then beat in the warm water. Leave for 10 minutes until frothy. For other yeasts,



Pay Attention to Your Dreams

self feel a little more grounded and secure in that situation, or to look at how you would still be okay even if your worst fears materialized.

If you dream of being lost, it may be that you are 'off track' in terms of what you really want to be doing in this lifetime.

Dreams can also give hints about where our soul really wants us to go, literally or figuratively. If you dream repeatedly of the countryside, or of mountains, it may be that your soul yearns to move there.

If you dream of flying, it may be that it is time to give 'wings' to your waking dreams.

Some people say they do not remember dreams. Sometimes just giving yourself the message, just before you fall asleep, to remember your dreams is helpful. Keeping a notepad by your bed, and jotting down even the briefest fragments of dreams can be helpful in recalling them.

Once you get up, they may be lost. Pay attention to your dreams, for there may be important subliminal messages in those 'nighttime videos'.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on FaceBook for daily inspiration.

Dreams are one way for our subconscious mind to communicate with our conscious mind. The subconscious does not communicate directly, however. It is more like a game of charades, in which the subconscious 'acts out' a message, and hopes the conscious mind will pick it up.

The subconscious is where our deepest feelings, desires, fears and vulnerabilities reside. The conscious mind is more like the part we 'dress up' to take out into the world, while the subconscious runs things 'behind the scenes'.

The subconscious can certainly sabotage our conscious desires and goals, so it is a good idea to pay some attention to it. If we can decode its messages, there is a greater likelihood that we get all parts of our consciousness working in the same direction.

If you dream of being afraid, of being unsafe, or being chased, the dream may be reflecting your deep feelings of vulnerability. You can look at your waking life, and consider in which areas you may be feeling vulnerable. Then you can see what you might do to make your-



Prep time: 15 minutes
Cook time: 20 minutes
Servings: 4
3 large eggs
2/3 cup all-purpose flour
2/3 cup low-fat milk
1/2 teaspoon vanilla
1/2 teaspoon salt
5 tablespoons unsalted

Grape Dutch Baby

butter, divided
2 cups red California grapes, halved
2 tablespoons brown sugar
1/8 teaspoon cinnamon (optional)
confectioners' sugar

Heat oven to 450 F. Put large (10-inch) cast-iron or ovenproof skillet in oven.

With electric mixer on high speed, beat eggs until frothy then beat in flour, milk, vanilla and salt, and beat until smooth, about 1 minute (batter will be thin). Remove skillet from oven and add 2 tablespoons butter, swirling to cover pan. Pour in batter and return to oven. Bake until puffed and golden brown, 14-19 minutes.

While pancake is baking, in another skillet over high heat, melt remaining butter and add grapes, brown sugar and cinnamon, if desired. Cook until grapes are heated through and sugar has melted. Spoon grapes over pancake, sprinkle with confectioners' sugar and serve.

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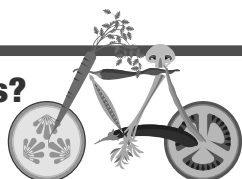
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Inwood Goose Shoot raises money for arena

By Jo-Anne Procter

Hunters flocked to their assigned fields first thing in the morning on Sept. 29 for the inaugural Inwood Goose Shoot.

After many hours of planning, a lot of late nights and early mornings and a handful of dedicated volunteers, organizer Henry Hendrickson with the Inwood Sports Club was very happy with the 16 teams that entered.

Hunters from as far away as Illinois joined in the hunt with only four of the teams limiting out with 20 geese.

First place went to the father son team of Don and Morgan Granberg and Scott and Jesse LeStrat of Granberg Grannys that were guided by Tyson Hazelton. The boys harvested 20 Canada Geese weighing 223.40 pounds.

Second place went to the Stykalo Team of Trevor Stykalo, Nolan Smith, Branden Lussier and Ryan Bruce for

their haul of 201.30 pounds.

The Ranchmen, Ross MacMillan, Mike Tataryn, Ed deLaroque and Kurt Karish, claimed third place with their harvest weighing 195.70 pounds.

Hunters and other supporters gathered at the Inwood Arena on Sept. 28 for a traditional perogy supper and to partake in the calcutta.

All money raised will be used to keep the local arena open for Inwood and surrounding communities. The Inwood arena is the only arena in the RM of Armstrong and has been kept running by young local volunteers.

Hendrickson told the *Tribune* that the shoot's success can be credited to the many volunteers and the generosity of sponsors and those who donated prizes.

Next year's shoot is planned for the last weekend in September with 20 teams already booked.



TRIBUNE PHOTO BY HARRY GRANBERG

The Granberg Grannys won first place in the inaugural Inwood Goose Shoot. Pictured left to right: Morgan Granberg, Don Granberg, Tyson Hazelton, Jesse LeStrat and Scott LeStrat.

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Lil Firman, Gimli\$2,068.00	Lorne and Susan Smith, Gimli\$929.00	Irene Zazulinski, Fraserwood \$279.00
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Local firefighters bring awareness to fire prevention

Staff

The Stony Mountain-Rockwood Fire Department welcomed the public last Sunday to their annual Fire Prevention Open House. Visitors of all ages had the opportunity to meet local

firefighters while having a tour of the vehicles and equipment. The annual event educates the public as to what the firefighters do in their community and what to do in case of a fire or how to prevent one.



Dressed ready to join the crew, Razack Mohammed checks out a fire truck during the Stony Mountain-Rockwood Fire Department Open House on Sunday.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Odin Pilcher examines the gear and equipment used by firefighters.



Pictured left to right: Emma Knapp, Kaleb Pilcher and Carson Knapp explore the inside of a fire truck.



Carson Knapp and his sister Emma had a chance to explore the pumper truck.



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Shooting survivor reflects on healing journey

By Jennifer McFee

"Real courage isn't about not being afraid. It's about being terrified and doing it anyway."

Jan Lambourne drew inspiration from these wise words sent to her by another survivor living with post-traumatic stress disorder. The Teulon woman has been dealing with PTSD ever since a bullet hit her during the mass shooting in Las Vegas last year.

Lambourne decided to return to Las Vegas for the one-year anniversary of the life-altering event that took the lives of 58 people and injured 869 more.

For Lambourne, she clearly remembers being on the left side of the stage during the outdoor country music concert on Oct. 1, 2017, when a gunman started firing at the crowd.

"I was shot on the left side of my abdomen. The impact took me right of my feet," she said. "I suffered a massive herniation, excessive bleeding and a shattered pelvis from the attack."

She was in extremely critical condition, and she credits a young man named Justin Uhart for keeping her alive during the long wait for emergency surgery.

"From the minute he found me, he never left me," she said. "He kept pressure on my stomach for almost two and a half hours in the mass chaos. He kept me from bleeding out and alive."

An ambulance transported Lambourne to Valley Hospital Medical Center, where she was rushed into surgery as soon as donated blood was available for her.

"I remember hearing them say they were just waiting for her blood. I know now that the people of Las Vegas had been lining up to donate. There's no greater gift," she said.

"Justin kept me talking and awake. The minute I heard the doctor say 'We've got her blood,' I knew I was in good hands and I let go. It was the last thing I remember."

Now that a year has passed, Lambourne continues along her slow journey to recovery.

"I'm still healing physically. I've healed as far as I can on my own and now I'm on an eight-month waiting list for a consultation for an exploratory scope. I've had a few setbacks and complications that need to be explored, and the orthopedic surgeon feels that this is the route to go since I can no longer have an MRI in my lifetime with the metal fragments and shrapnel that's in my left side," she said.

"Mentally, I still work with a trau-

matic therapy specialist who has brought me through the worst long winter. I deal with PTSD, and finding peace of mind has been a challenge. I was treated in Vegas, and since being home I was blessed with a wonderful therapist who came to me at the Selkirk hospital and in my home all year. I couldn't have done it without her."

Adding to her recovery efforts, Lambourne also worked on physio rehabilitation at the Stonewall hospital.

"Healing was slow. I had to re-learn to walk, sit and stand comfortably again, but my physiotherapist is amazing and she guided and worked me through it with great patience and understanding," she said.

"She's very encouraging and realized my trauma, physically and mentally."

Last winter, Lambourne suffered from pressure cracks and excessive fluid, which delayed her healing — yet she continued to persevere.

"I went from the wheelchair to the walker to crutches and now graduated to a cane, which I'm quite proud of. I've used a scooter for long distance since I'm still working on my endurance levels — pushing myself hard to win this battle and getting out more and reclaiming my life," she said.

"The love of my family and friends and the things I enjoy doing are top priority in my healing journey."

As much as she has achieved during the past 365 days, Lambourne admits she has a hard time dealing with the fact that her life has changed. With so much focus on her health, she has been unable to operate her Teulon-based business, Sole Purpose Reflexology and Hair Salon.

"I can no longer do the things I used to. My family is always around me, but not being able to work and do what I was trained to do, I miss seeing everyone, working with the community and being at my shop. The hair salon/



TRIBUNE PHOTOS SUBMITTED

Jan Lambourne keeps in touch with Justin Uhart, who helped to save her life after she was shot.



A display was set up at the Clark County Museum in Nevada.

reflexology office was closed all year. I wasn't physically or mentally stable to deal with it, so I didn't. I just focused on healing and I'm forever grateful I took the time to heal," she said.

"We're slowly testing the waters right now, and Krista is loving being back at the salon. She's not open full



A Vegas Strong memorial honours the "souls who will always be watching over from above."

time, but it's just another goal to work towards. I have also tried to help out with boards I'm on, which gave me something to focus on and helped me fill my time mentally, always looking for the next healing moment."

Continued on page 21

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LET'S CONNECT ON EDUCATION!



Busy night at Stonewall election candidates' debate

By Jennifer McFee

Civic engagement is alive and well in the Town of Stonewall.

A standing-room only crowd of about 200 people gathered at the Odd Fellows Hall on Oct. 3 for a candidates' forum hosted by the Stonewall and District Chamber of Commerce.

Members of the public lined up to ask questions of the two mayoral candidates, Clive Hinds and Sandra Smith, who have both served as town councillors for the past four years.

As well, the public heard opinions from the seven councillor candidates: Trent Brownlee, Peter Bullivant, Josh Haney, Blair Good, Jackie Luellman and incumbents Walter Badger and Jeff Levesque.

Questions covered a wide range of topics, including how to increase tourism and ways to work together with the RM of Rockwood.

On behalf of the organization Stonewall Youth Going Green, Hilary Ransom asked if the candidates would support a five-cent charge per single-use plastic bags in Stonewall businesses, and the idea received strong support across the board.

Other questions focused on safety issues such as the need to improve lighting in town and a request to lower the speed limit to 30 kilometres per hour near Ecole RW Bobby Bend School. Again, the candidates concurred that these would be good measures, and the crowd learned that lighting improvements are already in the works. For council candidate Blair Good, he stressed that safety is particularly important to him as one of his main campaign platforms.

To help increase safety around schools, one resident wondered if

RCMP officers could patrol the area more often to monitor the speed of traffic. Council candidate Trent Brownlee noted that the RCMP has such a large area to cover, so maybe they could bring in some cadets to monitor the school zone.

Peter Bullivant suggested that the officers could perhaps do circuits of the schools if they have some down time around 8:30 a.m. and 3:30 p.m.

Another resident expressed concerns that residents near the proposed Alan McLeod development are not allowed to speak to council while they are in deliberations about the current hot-button topic. He asked the mayoral candidates how they would ensure transparency and accountability to the citizens of Stonewall.

Sandra Smith said she would do everything possible to be transparent and work with citizens within the guidelines that they're given.

Clive Hinds said they need to be more proactive by bringing issues to the people to improve the rapport between residents and council.

In his closing remarks, council candidate Josh Haney shared his general opinion that developers are taking advantage of the taxpayers.

School board chair Alan Campbell asked the candidates about their vision for creating a more constructive relationship with trustees. The candidates all stressed the need for communication and working together. Walter Badger said they already have successful joint meetings with the RM of Rockwood, and perhaps they could arrange something similar with the school board.

Another topic focused on supporting Citizens for Safety to keep rural



TRIBUNE PHOTOS BY JENNIFER MCFEE

Town of Stonewall mayoral candidates Sandra Smith and Clive Hinds took part in the candidates' forum on Oct. 3.



Over 200 interested taxpayers came out to ask questions of candidates vying for a spot to represent the Town of Stonewall, either as the mayor or councillors, in the Oct. 24 election.

buses running. All candidates said the non-profit group would have their support.

Candidates also shared their thoughts about how to support small businesses, as well as how to deal with parking issues, particularly along Keith Cosens Drive.

When recreation and user fees came up for discussion, Jackie Luellman said there are great facilities in Stonewall that will be further enhanced when the splash pad is ready.

Jeff Levesque noted that Stonewall spends more money on recreation than many other similar-sized com-

munities, since it's essential to health and well-being. He said the town will be hiring a recreation facilitator together with the RM of Rockwood.

All in all, the meeting maintained a respectful tone from both the candidates and the members of the public.

On Oct. 24, Stonewall voters will have their chance to cast their ballot for mayor and four councillors. For more detailed information about Stonewall's candidates and their perspectives, refer to the biographies published in the Sept. 27 edition of the *Tribune*.

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Selkirk doctor celebrates Easton Place Clinic sod turning

By Lindsey Enns

Three gold-coloured shovels in the ground and plenty of smiles helped mark the start of construction of the first phase of a new health, wellness and doctor training centre opening in Selkirk next year.

Crews officially broke ground on the 16 acres of land where the Easton Place Clinic is being built, across from the Selkirk Regional Health Centre on Easton Drive, during a brief sod turning gathering last Wednesday afternoon. Construction of the first phase of the project is expected to be completed in the summer of 2019.

Dr. Anthony Anozie, the owner and driving force behind Easton Place, says it took him nearly eight years to get this project off the ground so he's glad it's finally moving forward.

"This place will be equipped for teaching, it will be a state-of-the-art facility, which will hopefully be attractive to helping us to recruit and retain doctors in the Interlake and Selkirk," Anozie said in Selkirk city council chambers following a brief sod turning gathering at the construction site last Wednesday. "We hope the (Interlake-Eastern Regional Health Authority) will join with us to make this a success."

Selkirk MLA Alan Lagimodiere thanked Anozie for his commitment to the community.

"I know it's been a long, hard grind but it is such a great day to see a sod turning event today and finally see this project on the road," Lagimodiere said. "I wish you all the success in the future."

Selkirk Mayor Larry Johannson said the city and surrounding areas have been waiting on this project for a long time. Johannson said once Easton Place is complete and along with the Selkirk Regional Health Centre and the Selkirk Mental Health Centre, the city will "truly be a medical centre of excellence."

The Easton Place project was originally announced in 2016 and construction was expected to begin last summer. Anozie said the project was delayed due to multiple reasons including "political obstacles." The project is being personally funded by Anozie, with some assistance from Sunova Credit Union.

The first phase of the project will be the medical clinic, which will be home to an array of doctors including an orthodontist, dentist, chiropractor, physiotherapist, optometrist, audiologist as well as visiting specialists to



TRIBUNE PHOTOS BY LINDSEY ENNS

Dr. Anthony Anozie, pictured left, the owner and driving force behind Easton Place Clinic, speaks during a brief gathering in Selkirk city council chambers following the project's official sod turning, right, last Wednesday afternoon.

make it easier for patients to access multiple medical experts in one day.

The second phase will be the health, wellness and education centre, which is being described as "the heart of Easton Place." The non-profit centre will serve as a community hub for physical activity, nutrition, coaching and education.

The third phase will be a retail and

commercial mall equipped with a restaurant plaza.

Lastly, the fourth phase will be a transitional care facility, which will serve to help those recovering from surgery or those unable to manage at home alone.

Once complete, it is estimated the health and wellness centre could cost around \$80 million to \$100 million.




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Three rules for remodelling your kitchen

Planning a kitchen remodel? Here are three golden rules you should follow to ensure your project's success.

1. The work triangle

When planning the layout of your kitchen, you need to consider the work triangle, a zone delineated by the washing, cooking, and food storage spaces. This triangle is where you will spend most of your time.

For the kitchen to function well, the distances between the dishwasher (or sink), the fridge and the stove must be equal, or almost equal. Don't place these appliances too far apart.

2. Clearance

Do you want to build an island in your kitchen? Make sure to leave about four feet (1.07 metres) of space between your cupboards and your island so that you can move around easily. Similarly, plan for at least three feet (0.9 metres) of clearance in front of your dishwasher for comfortable loading and unloading.

In all cases, make sure that you can move around without having to contort yourself, even when the fridge, oven or dishwasher door is open.

3. Lighting

Generally, kitchens have four types of lighting: natural light (from a window above the sink, for example), general light (from a ceiling light or recessed lights), task lights (spotlights on your work surfaces) and accent lights (LED strips underneath

the cabinets). Be sure to plan out the placement of your lights before beginning construction work.

Finally, for all your construction and renovation project needs, never hesitate to call on your local specialists.



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Your Home & Garden

Should I landscape my yard before putting my house on the market?

Any strictly decorative changes, like adding flowers or other ornamentation, might not add much value to your home, as the new owners will likely change them. Some judicious landscaping, however, can greatly increase the value and curb appeal of your property. Correct landscaping can even help prepare a home for cold winters, positioning your house as a smart investment for prospective buyers. Landscaping issues that concretely affect property values include:

- Landscape grading. Your yard is an important part of your total property. One of the easiest and best ways to add value to your land is to make sure that your yard slopes in the right direction to divert water and thawing ice away from the foundation.
- Dangerous trees or bushes. Although trees and bushes can add a lot of beauty and value to a home, they can also cause a lot of damage if they don't grow correctly. Roots and branches can harm your home's roof,

siding or foundation if they grow too close. Trees and bushes closer than six feet to your home should be brought down or remediated.

- Fixing your faucets. Even if you don't use them that often, any plumbing for your yard should be fully operational before your home goes on the market. This includes outdoor faucets, underground pipes and any other water elements you may have.

If you're unsure if your yard is in good shape, you should consult a home inspector, real estate agent or local arborist. They can help you decide what needs to be done to make your property ready for the competitive real estate market.



It is something beautiful



TRIBUNE PHOTO BY JO-ANNE PROCTER

It really is something beautiful — the new sign on the rebranded and renamed “Something Beautiful” store and the opportunity that it gives locals with disabilities to learn meaningful skills and develop relationships in the community.

Darrell Dempster thinks the new sign looks beautiful. Dempster is responsible for the new name of the former Global Garage. In the spring, he was helping choose items for the store and unexpectedly and totally unsolicited said, “We are just something beautiful.” And it stuck. He said that the name just came to him after he thought about all the work they have done.

Doctor Decal and Rockwood Renovations designed and hung the sign that Dempster proudly stands in front of.

> HEALING JOURNEY, FROM PG. 17

Throughout everything, Lambourne has continued to connect with the hero who saved her life.

“I’m in constant touch with Justin. He has been a amazing support. We went through hell together. He’s forever family. My husband and I had the opportunity to see him in July, and I had another reunion with him on the anniversary weekend in Vegas,” she said.

“I knew it would be physically demanding to go, but mentally it was something I needed to do — paying my respects and honouring our 58 angels and their families, and all that survived this tragedy together. I have

been blessed from other survivors who have been there 100 per cent for me.”

Just as Uhart held her during her worst moments, Lambourne continues to hold dear the words and gestures of others to help her through tough times.

“I look for inspiration in everything now and know I’m not alone in this journey. I have appreciated every card, phone call, email and encouragement sent,” she said.

“I know I have a long road ahead of me, but I’m going in the right direction.”

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RM of Rosser, Woodlands candidates share platforms

Staff

The clock is ticking until voters have the chance to cast their ballots in the municipal election on Oct. 24.

The *Tribune* recently published an article offering local candidates the chance for some free publicity. Candidates who contacted the *Tribune* received a list of 10 questions that they could answer within a 500-word limit, as well as an invitation to submit a photo to go along with their submission.

Here is the list of questions that candidates were invited to answer:

1. Please could you provide a brief bio of yourself, including any previous political experience?

2. What community do you live in? How long have you lived there?

3. In your opinion, what are some of the major issues facing the community?

4. What are some of the best parts of the community?

5. What made you want to run in this election?

6. If elected, what do you hope to achieve during the upcoming term?

7. Have you ever run in a political election before? If so, when?

8. Why should voters support you?

9. What do you like to do in your spare time?

10. Is there anything else you would like to share?

In the Sept. 27 and Oct. 4 editions of the *Tribune*, we shared the answers from candidates running for council in the Town of Stonewall, the RM of Rockwood, Interlake School Division and the RM of St. Laurent.

This week, we will share the answers from candidates who are running for council in the RMs of Rosser and Woodlands.

For anyone seeking an opportunity to hear from candidates first-hand, several forums allow for that chance.

On Thursday, Oct. 11, a Town of Teulon and RM of Rockwood forum will be held at Teulon Hall, hosted by the Teulon Chamber of Commerce. Doors open at 6 p.m. and the forum starts at 6:30 p.m.

On Wednesday, Oct. 10, an RM of St.

Laurent forum for reeve and councillor candidates will be held at the St. Laurent RC Parish Hall.

On Monday, Oct. 15, an RM of Woodlands forum will be held at the Woodlands Community Hall from 7 to 10 p.m.

The Twin Lakes Beach Association is hosting the St. Laurent and Woodlands forums. Everyone welcome.

**Please
Vote
October 24**

**RM of Rosser
Reeve Candidates**



Don Stratuliak

1. My name is Don Stratuliak, I have a wife and son. I've worked at the law courts in Winnipeg for 25 years as a Protective Services Officer and have ran a couple side business of my own. In the past I ran for Councillor of Ward 4 of the Rosser Municipality.

2. I live in Ward 4 of the municipality of Rosser along 7 PTH. I have lived here for over 20 years.

3. A major issue facing the community would be the lack of residential areas for our youth in the community. Currently we are forcing our youth to move to the city due to the fact there is no where to buy or build a home in the RM.

4. The best part about our community is our location. We are close enough to Winnipeg for services however we

can enjoy a country life style. Its one of the main reasons I chose Rosser 20 years ago. We are also fortunate to have 2 great elementary schools, and a fire department that appears to be better equipped then some other Municipalities.

5. I chose to run this election because I did not want our Reeve to be elected by acclamation. I wanted the people in our community to have a choice and decide if they like the way things are being run or if they would like to try a new way for future growth.

6. If i get elected, I hope to move forward with a residential development for our youth as well as look after the concerns that I have heard from our residents while out campaigning.

7. The last time I was involved in an election was several years ago, running for councillor of ward 4 of the RM of Rosser.

8. I really just want people to vote and make there voices heard regardless of who wins. If they decide to support me then I will do everything I can to bring a new way of thinking for growth in the municipality and listen to the concerns of our current residents.

9. In my spare time I enjoy gardening and recycling of metal.

10.



Frances Smee

1. It has been my privilege to serve as the Reeve of the RM of Rosser for the past 8 years. I have enjoyed volunteering with the Ag Society, the Grosse Isle Rec Club and the Grosse Isle Heritage Site.

2. I live on the family farm in Rosser. The farm has been in the family since 1901 and has been in my care since 2003.

3. In Rosser, we face the same challenges as the other capital region municipalities. We want to get the best value for our tax dollars. We want to encourage growth and investment while, at the same time, protect our environment, our quality of life and our uniqueness as a community. We want to safeguard and support our agricultural future while encouraging sustainable development and compatible land uses.

4. The community driven organizations and the spirit of the people who recognize their importance. These folks dedicate a huge number of

hours to making sure community services are available for everyone. It is also just a beautiful place to live.

5. I believe I still have a contribution to make towards ensuring the future of our community. We have a lot going on in Rosser and I believe we need to be really attentive to all the various needs of our residents, landowners and businesses. The commercial development in the Rosser CentrePort lands currently provides almost 60% of our tax base. That is something that benefits each and every resident of our community. The upfront investment required by our community to be a full partner in CentrePort is now starting to pay dividends and we are seeing significant return on investment that will only increase going forward. This will allow us to build our community and add services while keeping our tax rate low. But, we still need to be actively driving this venture with our other CentrePort partners to make sure Rosser residents realize all potential benefits.

6. It will be a continuation of the work we have focused on as a council for the past two term. We have implemented a comprehensive drainage plan for the municipality that is reviewed annually and implemented seasonally. We are working with landowners, neighbouring municipalities and the Province to do survey profiles for all the drains and

waterways in the RM. We are also restoring natural prairie grasses to municipal rights of way which add beauty, soil stabilization and habitat. We will continue to support recreation and encourage our citizens to get involved in our many centres and sites. We will support agricultural enterprise and work with producers and the greater community to ensure the best possible outcomes for all. We want to see residential development in Rosser and two secondary plans were created to ensure development will meet the needs of our residents. We will create and nurture partnerships throughout the capital region and beyond that will allow us to get the best value for our tax dollars through collaboration. We will continue to nurture the Rosser CentrePort development which will allow us to grow, prosper and realize our dreams while keeping our taxes desirably low. And, it is my hope that we will have a Rosser newsletter that will keep all of our residents informed of the many exciting things going on in Rosser.

7. 2010 Municipal Elections.

8. I ask that voters make sure they come out and vote. Your vote is personal, I just ask that you exercise it.

9. In my spare time I like to take care of the farm yard and the gardens. We have one rescue dog and eight rescue

**Please Vote
October 24**

Continued from page 22

cats on the farm which love attention. I play the piano for the church and my partner Archie and I have a couple of vintage cars we dream of driving some day. But, these days, when I find I have some time on my hands I like to go and visit my Mom. She is 98 and continues to be my biggest supporter.

**RM of Rosser
Councillor Candidates**



Ken Mulligan

Profile for Ken Mulligan, candidate for Ward 1, RM of Rosser

I am very pleased to be running for Councillor in Ward 1, in the RM of Rosser. I am 59 years old and have lived my whole life in Rosser. I have been married for 40 years and have 2 children and 5 grandchildren. I am proud to be the 4th generation of Mulligans on our century old farm in the RM. I am currently farming 4100 acres with my son, Jeff. Agriculture has always been my main focus but I've always been interested and proud of the RM of Rosser.

In my younger years, I was involved in 4-H activities, played baseball, hockey, and curled, as well as coached my son's hockey team and my daughter's baseball team. I drove a school bus for many years for the Interlake School Division as well as worked as an ice maker at the Rosser Community Centre during the winter months.

I served on the Rosser Community Club board and acted as President for many years. In 1990 I acted as Building Director for a major expansion of our community centre, making it more useable for all members of the community

as well as surrounding municipalities and Winnipeg.

My reasons for wanting to be a Councillor are to represent the people of Ward 1 and bring their concerns to counsel. I look forward to dealing with issues such as drainage; the ongoing major project within the RM which is Centre Port; also trying to find property that will be adequate for those people wishing to reside within the RM.

I want to make the RM a place where people want to live and raise their families, whether it be agriculture related or other.



Scott Corbett

1) Our family runs a mixed farming operation. I have been involved with primary production agriculture for as long as I can remember and also taught Farm Business Management at the U of M for 14 years during the winter months. I have represented the RM as a councillor for the last 12 years.

2) I live in the same home on our farm, 2 miles south of Rosser, where I grew up and now share with my wife Kyla of 15 years and our two children Ethan and Madison.

3) Almost all municipalities face challenges with aging infrastructure concerning drainage, roads, sewer, water, fire protection and other services. Adequate fees were not captured at the time infrastructure was put in and, in most cases, the infrastructure was never designed to accommodate the amount of increased use it faces. The taxpayer is left to cover the ever-increasing costs of labour and material to renew these assets. A specific challenge in Rosser is to protect and enhance agriculture while creating opportunities in our settlement centers for

residential development.

4) Our residents are fantastic. We have numerous local events put on to engage community members, two small schools where the learning environment is second to none and a strong commitment to regionalization for our rec facilities. Our municipality is also financially sound, we have healthy reserves for asset upgrades, and one of the lowest mill rates in the capital region. We are also committed to agriculture and proper land use planning which is rare to find in a capital region municipality

5) During my time on council we have accomplished a great deal but there is still more to do. I believe our new CAO will provide leadership and guidance to both staff and council and I look forward to continuing setting policy, direction, and strategic plans to foster future growth. Our upcoming secondary plan for Grosse Isle will hopefully pave the way for new residential development which is needed in the municipality for the health of schools, churches, rec facilities and fire departments. We are just finishing our first commercial serviced development inside the perimeter which is almost sold out. This is the stepping stone towards other commercial lands being developed in short order bringing increased revenue to the municipality. This revenue will add value to our current services and protect our mill rate for many, many years to come.

6) For this term my goals would be

a) Remain consistent with proper land use planning, advance residential growth in our townsites, grow our commercial tax base with newly serviced lands, and continue as the municipality has for decades to protect and enhance our valuable class 2 soils for primary production and other complimentary ag use businesses

b) Use our increased commercial tax base to renew and enhance infrastructure in the rest of the rural area and continue to build upon reserves to ensure our ratepayers are protected from future cost increases

c) Look for other ways that

we can generate municipal revenues other than from the land (assessment) or ways that we can provide more cost effective service

7) The strength in our council for many years has been a consistent vision of what the strategic plan is for our municipality. I think the ideas that I bring to the council table help in many areas of land use planning and they continue to allow us to be one of the most fiscally sound RM's in the province. I also believe my business background, from operating our farm, to teaching at the University, is an asset to the committed group of 5 we have sitting in our chambers. I have always said the best people on council are honest and have a municipality first attitude, two values which I will always maintain.



Lee Garfinkel

1. I have grown up and lived most of my life in Rosser. My family farmed and we still have a small cow/calf operation with our son. I am married to my husband Harvey, a teacher and we have three children. I work as a Social Worker at the Grace Hospital, a job I find rewarding and challenging. I like to be Challenged which is part of the reason I successfully ran for council four years ago. The experience has been interesting, challenging and rewarding.

2. Our farm is located between the towns of Rosser and Grosse Isle. I have lived on the farm most of my life. I love living in a small tight knit community.

3. Center port has become significant part of the business of council. I am concerned about the equitable distribution of resources and feel we need to be cautious that all of our resources are

not disproportionately absorbed by Center Port. That we as a council remember Rosser was first a close knit farming community and that we continue to value and nurture our rural roots. We must think of the people, who through their connectedness and sense of community make Rosser a great place to live.

4. The Rural Municipality of Rosser is not simply lines on a map, or a collection of properties and businesses. It is people! People who are connected to the land, and to their institutions, and to each other. Growing up in this community has been a gift and a blessing. People care about each other. They work hard on being connected and creating a sense of community. We know our neighbours and we watch out for one another.

5. Growing up on a mixed grain and cattle farm I understand the issues facing the farming community. Landowners have rights and should have decision making power over their property.

With that I support responsible, rational development that benefits the community and allows the continuation of institutions such as recreation centres and schools. My Father, myself and my children have all attended Rosser and Grosse Isle schools and have benefited from the Education we received there.

6. I will continue to represent the needs of my ward and the RM. I will listen to the ratepayers and make decisions based on how that decision impacts safety and health, properties and businesses, natural resources, enhances municipal economic viability and community experience. I will continue to support community clubs, halls and heritage sites.

7. I am currently elected in Ward two.

8. I have served four years and bring that municipal government experience with me. I feel I have done my best in representing ratepayers interests.

9. I like to be busy. In the winter I curl in Argyle, in the summer I garden and camp, throughout the year I belong

Continued from page 23

to a book club, also I have painted since I was in school. I still enjoy my old horse who has become somewhat of a fixture on the farm.

10. We must think of the people, who through their connectedness and sense of community make Rosser a great place to live. It is these people who over the last four years I have felt honoured to serve. I hope that I will be able to continue my service over the next four years.

I hope everyone comes out on Election Day and makes their voices heard.



Scott Beachell

1. I was raised on our family farm in Rosser. Since taking Agriculture at the U of M I have been actively managing our farm with my brother and father as well as working in the private Ag sector for the past 17 years. I currently reside on the original homestead of our heritage farm with my wife and three children.

2. Rosser. 25 years total with stops in Australia, Winnipeg, Regina and Stonewall.

3. I believe it needs to be easier to facilitate people to either move to the community or back into it. We have great schools and sense of community, we need to ensure we have the population to support it going forward. Work to find a more reliable rural internet option than what is currently available.

4. The volunteerism that keeps out communities together, our schools, and rural living in great proximity to the city.

5. To be able to give back to the community, and help it grow for the next generation.

6. To continue the path forward with centre port and to

help grow the towns in the RM and have them work together.

7. No.

8. Because I am not running to merely fill a seat, I want to dive in and be involved in continuing to make the RM a great place to live. Some of my best memories as a child are going to school here, skating on the outdoor rink and being in the field. I want to ensure all those are possible for my children's generation and the ones that follow that.

9. Coach hockey, go to the lake, travel, cook meals and entertain family and friends.

10. We all have ideas on what can make our towns and communities better. I want to be able to take those forward but also provide realistic feedback on what is and isn't feasible.

**RM of Woodlands
Reeve Candidates**



Bill Fleury

1. My name is Bill Fleury. My wife of 40 years, Alexa, and I have four children and ten grandchildren. My family homesteaded in the Marquette area in 1882. I now farm with Alexa and my son John. I was a councillor in the RM of Woodlands from 2002 to 2010. I have a good working knowledge of the Municipal Act, our RM Bylaws, and our drainage system. I was involved in the start of the West Interlake Conservation District. I also sat on the West Interlake Water Management Board and Sturgeon Creek Board.

I formerly was on Oak Park Estates Board, and was the representative on the Manitoba Non-Profit Housing Association board. I am currently on the board of the RM of Woodlands Community Development Corporation.

2. I have farmed in the Marquette area since 1973.

3. Major issues facing our communities are continued increases in property taxes, and keeping our community services such as stores, businesses, and recreation needs sustainable. We also have to keep pace with the demands of seniors health care and housing.

4. The best part of our communities are the people. We are blessed with an excellent volunteer base for our community organizations and recreation facilities. Competitive real estate prices make us attractive for young families as well as everyone else. We have a broad range of recreation activities to meet everyone's interests.

5. As a former councillor I take pride and ownership in our municipality.

I am always keeping a watchful eye on what is going on. I would like an opportunity to improve our future as a municipality.

6. If elected I would treat everyone fairly and according to our bylaws.

I would like to have a second look at what has taken place at our garbage dump. Improvements are needed. We should encourage growth in housing and business and look at ways to improve the every day needs of our constituents such as roads, drainage, and community development.

7. See #1

8. My experience on council and government organizations such as Water Stewardship and Manitoba Infrastructure and Transportation would make me an asset to this RM. I have the ability to read drainage profiles and design water flows. I also have an excellent working knowledge of the RM, and a good working relationship with RM staff.

9. In my spare time I restore antique tractors, cars, trucks, stationary engines, and tools. I am presently Vice President of the Rocklands Antique Club.

10. Lately public accountability and experienced leadership have been somewhat lacking. I have the time and experience to make a good Reeve. I would consider it an honor and a privilege to represent

all of us as Reeve of our municipality.



Lori Schellekens

1. I am the wife of Rick, a mother to Dwight, Michelle, Kaylene, Chelsey, Matthew, Josh, Ben. We have been blessed with 13 grandchildren and 2 great granddaughters. We have 4 successful businesses operating in the RM, As-U-Want Custom Bldg., Whispering Oaks Greenhouse, Field of Dreams Tot Spot Preschool, Blue Eyed Floral and Design. Throughout the years I have volunteered on many boards, such as; 4H program leader/head leader, District Health Council, Healthy Child MB, Baseball and Curling boards, helped at Warren and Argyle Fall suppers, RM planning session and the Interlake Health Authority planning session.

2. I live just outside of Warren off the Meridian road, since 1999 when we moved from Winnipeg.

3. Some of my concerns for the RM are promoting more commercial and residential development, showing the developers/trades we are open for business, and bringing in affordable housing for everyone (young to old) to use.

4. The best part of our communities is the volunteer base young and old. No matter how far away we are from each other we are all neighbours. The diversity of our people to see a potential business and bring it to light, helps our economy grow.

5. I have put my name forward to be Reeve, because I want to see a progressive, open minded person in this office, to lead the RM on a continued path for a better future for all.

6. My plan would include

a 5 year plan for road repair throughout the RM. Looking at Co-operative housing models for all age groups to access. Encourage and seek out economic development to help offset our tax rates.

7. In 2014, I ran for the RM of Woodlands council.

8. On October 24 voters would be voting in a Reeve that would be aggressively looking for economic progress, Leadership at the RM table as a team player for all parts of the RM.

9. In my spare time I love to work in my gardens, care for my horses and be with my family. Volunteering in the community, when I can is also a big part of my life.

10. I would like everyone to know that Integrity, Honesty, and Fairness, are my virtues you can never have too much of. I only believe the above statement is who I will always be, because I know nothing different. A leader is not a person who appears to be the best person, they are the person who helps make others stronger and better. This is who I am! Lori Schellekens wanting to serve my RM with greater purpose for the place I love to call home.

**RM of Woodlands
Councillor Candidates**



Brian McFee

Hi, my name is Brian McFee and I am running for council for Woodlands. Let me tell you a little about myself and the tell you why I am running.

I was born and brought up in the town of Stonewall. At the age of 19 I went to work in Thompson Manitoba, for a company called INCO, working in the mines. I worked there for almost my entire working career.

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During that period of time, I was able to help people while I served as a Safety rep, Union Stewart, sat on the executive and sat on the negotiation committees. While doing this I learnt that everyone should be treated the same, just like every area in the municipality should be treated the same.

I believe that there are many issues in this municipality such as road repair, drainage, the paving of roads especially in the community of Woodlands plus a strong lobbying effort, for the municipality. I would like to have a strong lobbying effort to finally have road 227 fully paved and the ditch maintained, I would like to lobby the federal government to upgrade our community wells including Warrens, so we can actually fight a serious house fire. This could be done through their infrastructure program. I would also like to lobby to have an underground pipe system from Shoal Lakes to go directly into Lake Winnipeg in order to drain the water in order to develop that area.

Now, this will take time and be difficult but I believe if making the real effort we can succeed to bring a more comfortable life style to these areas and I believe that is one of the jobs of a counselor. Just because something is hard to do doesn't mean we should give up, we need a pit-bull to accomplish these projects and I would like to be that pit-bull.

The business area in Warren needs a lot of work and I would like to approach the cops and see if they would put an oil plus parts Mart beside their storage station to show confidence in the safety of their tanks. This would make others more comfortable in order to invest there. The one thing I would like to start on the next few years is fixing the pot holes in our communities and paving some of the streets in Woodlands.

Since my wife and I moved into the area 14 years ago, I really like the way the Lions Club developed their park on Railway, I also like how the Woodlands museum is progressing.

The reason that I am running for counsel is to effect

change in the way we provide services, the way we plan projects and the way we treat the different areas of our municipality, which should be the same.

As you chose who is going to represent you and people pressure you to vote for who they want you to support, think of this. Who on council has addressed the big issues like I have? Issues that have been around for years. Who on council has given solutions for these issues like I have? Council had their chance. Think of doing the same things over and over again and getting little or no results. Some people would call it insanity. I am asking you to try something new, to give me a chance and on October 24 vote Brian McFee for council.



Carl Fleury

1. & 2. ~ My name is Carl Fleury. As a third generation resident of the R.M of Woodlands, I was born and raised in the Marquette area and operate a cow/calf farming business. My family also lives in the community, including my three grown children and seven grandchildren. I have a long standing record of community involvement on many boards and committees.

3. ~ I think there are a number of issues actually. From

residents, I've listened to concerns about the condition of the town's infrastructure and roads. Residents are also concerned about drainage. Lastly, we need commercial development in the industrial park to revive that area.

4 ~ Best part of our community are the people. Our people are committed to volunteering their time to run and organize the many clubs, groups, community centers and churches. Their contin-

ued support and effort is appreciated and necessary to keep the area growing and moving forward.

5 ~ I decided to run again so I can continue to make decisions with the other members of council to move us forward into the future. During my time as a councillor, I have become more aware of the R.M.'s strengths and weaknesses, which has allowed me to work on improving the community and implement policies and projects to eliminate the concerns our residents, for example, bringing natural gas to the town of Woodlands and the rural residents. I'd like to continue to work with our municipality to be fiscally responsible by making well informed decisions.

6 ~ If re-elected, I will continue to work on supporting the water connection from the Cartier Water Supply to the urban and possibly rural residents for potable water. I will support a plan to increase access for faster, and more reliable internet, and telecommunications services by running a fiber optic line. Will approach and work with the provincial government for possible grants and funding. I also will continue to support the conversion of the Woodlands landfill site to a waste transfer station, which allows people to recycle and deposit waste easier and more eco-friendly.

7 ~ It's been an honour and my pleasure to be a councillor for the R.M of Woodlands for nearly 4 terms on council.

8 ~ Being voted back into council would allow me to continue to be a voice for all of the residents of the R.M. I will continue to serve our community by listening, understanding and caring for all of the concerns that are brought to my attention. With my experience on council, I've become a strong leader who makes fair and sound decisions that benefit the entire community.

Moving us forward into the future I'll encourage our younger generation to put down roots, improve economic growth and development in the area. I will be open, transparent, and will continue to meet with community members and support new initia-

tives.

9 ~ I enjoy spending time with my children and grandchildren, even if it's just helping them with something or watching them play in sports. During the winter, I go on a short holiday down south to visit more family. But mostly I enjoy spending time here in my community, attending and supporting the phenomenal fundraisers and socials.

10 ~ I'm very proud and stand behind the work that we have accomplished during my time as councillor. I care deeply for the future of our community.

I have the experience to make decisions that will lead us into the future.

Issues can be challenging, but I stand for doing what is fair and best for all.

If you have any questions please contact me at 204-461-1717.



Curtis Huff

1. Hello, my name is Curtis Huff I am 59 years old. My wife and I raised our daughter in the RM of Woodlands. I have worked with the Province of Manitoba in the Road Maintenance field for over 40 Years. The last ten years I worked out of the Warren provincial yard as a Maintenance Superintendent looking after Interlake sub region. We started buying property in the Rm of Woodlands in 1982. My wife and I purchased her families farm and ran it as a Hobby farm for years and now rent most of it out.

2. We live a few miles west of the Town of Woodlands. I have lived in the area for 22 years.

3. One of the major issues in the RM is how Taxes are spent, as costs increase it seams roads, drainage improvements in rural and urban areas, are being restrict-

ed, while tax dollars are being spent on social programs.

4. The people in my eyes are what make living in the community enjoyable. Country living with the clean air, clean water. It is a wonderful place to raise a family.

5. I have always been interested in Municipal politics and good or bad I am always vocal about the council decisions. As my career is in Road maintenance, I thought my experience could be a benefit in the operation of the RM of Woodlands road maintenance program.

6. If elected I plan to have better communication with all taxpayers in the RM. Review all Public improvements to see if that is what the taxpayers want or can afford. To insure fairness to all Municipal ratepayers. I would like to stop the RM of Woodlands from making long-term agreements or contract that will saddle us with high cost or loss of control for generations to come.

7. I have never ran in a political election before. If elected I would try my hardest to continue keeping this municipality an affordable and great place to live.

8. To me most councillors (politicians) are voted in on the promise to be the peoples voice, and then make their decisions on their own views or values. I do not believe I would do that. I would listen to the views and values of others and pass them on. If or when possible, I would communicate in person or electronically with ratepayers about important decisions before I would vote for them.

9. I like to talk to people. Willing to help anybody if need. My hobbies have changed over the years. We showed heavy horses, (4H) light horses, Hobby farmed, and in the last few years, I started to ride and travel on a motorcycle.

10. Country living is a dream most People have. I would love to retire in this community but with the high prices of living, it is getting hard for retired people to remain in the RM. There is one thing we may be able to control is the taxes. Maybe we should encourage developers to build

Continued from page 25

affordable single-family retirement homes in our communities.



Donald Baldock

1. Born and educated in Winnipeg, shared the farm experience and culture with family relatives in the Arborg area. In 1966, my father began farming raising grain and hogs. Finishing school in Winnipeg 1972 and joined the farming business. I went on to work for Marquette Feeders, Petersfield Puratone Barn, Little Creek Colony and presently Marquette Consumers Cooperative. I serve as board member on Meadow Lea board. My father was councillor for sixteen years, changing the council spending allowing the wards each a budget to spend for wards requirements. He was largely responsible for additional road building and drainage that prevented by budgets practiced by the municipal councils. I was able to witness to see the operations and the functionings of the Woodlands Municipal Council. I have lived at Reaburn since 1972, farming section 12-13-4W, in the 4th Ward of RM of Woodlands.

2. Reaburn Ward 4, RM of Woodlands, SouthWest corner of municipal, grain production along with livestock production and the community pasture, Long Lake Drain and PR#227.

3. Major issues facing are the functioning of the council. The law protecting residents, landfill, roads, water drainage, snow removal. Address residents concerns.

4. Woodlands allows agriculture development and country lifestyle with manufacturing opportunities. Warren, Woodlands, Lake Francis,

Erinview the Shoal Lakes. Pioneer Museum, the train, Trails Mission and others.

5. Opportunity to further serve and make a positive direction for the municipal future. I was asked to run.

6. Elected to address residents concerns. Encourage increasing development for the new employment jobs in the further growth of the municipal. Address the present shortcomings of the municipality.

7. Political election experience was with the election of Felix Holtmann to the House of Commons.

8. I will serve the municipality ensuring to get what is required is done.

9. I like serving Meadow Lea, stick curling, watching hockey and old-time dance.

10. I can be contacted at 204-299-1572 or 204-375-6644



Don Walsh

I have lived in the RM of Woodlands my entire life, residing in Warren for ten years before returning home in the Marquette area where I reside today. Two of my three children live in the municipality.

I was a Councillor for several years and Reeve of the RM for twelve years.

It is my hope to return as a councillor to be financially responsible as well as to listen to the ratepayers and support their needs and concerns.

In my past time I enjoy building and doing odd jobs for my family, camping at Steep Rock as well as spending time with my wife, children and grandchildren.

I hope for your support.

Be sure and come out and vote

Don Walsh



Lorna Broadfoot

I am running for council because RM of Woodlands is my home and I wish to have the RM continue to thrive. Since 1988, my husband Grant and I have lived on our century farm in Woodlands. We have five daughters, and three grandchildren. I work as an Administrative Assistant at Warren Collegiate. I am currently in my first term on council. Boards I sit on include Fifty Five Plus, Stonewall Handivan, and Teulon Handivan, Interlake Healthcare Sustainability, Rosser Rec Commission, Interlake Tourism Association and am secretary for Interlake Municipal Recreation Association. Spare time is not something I have a lot of currently, but I do enjoy reading a book, caring for flowers, and spending time with family and friends.

My platform focuses on enhancing our quality of life. Some major issues we face would include dispelling the myth that we are not a great place to live or create businesses. When first elected the proximity of a residence to bulk fuel storages was a concern, along with the fear of insurance not being attainable. This setback distance is in place, insurance is available, and some lots have sold. I look forward to businesses developing at both the Warren and Woodlands Business Parks. Woodlands Waste Disposal Site has reached its peak and currently we are working towards a transfer station. The price to transfer the waste is ever increasing and according to recycling stats we do not do all that well with our numbers. My hope is for people to realize the importance of participating in recycling and make every effort to recycle.

Having a Nurse Practitioner back to Woodlands is a goal, but in the short term, I am grateful healthcare is available at St. Laurent with the Nurse Practitioner who goes there.

Best parts of the community would have to be the people. Various groups and organizations work tirelessly to provide opportunities to the people of the RM. Business owners provide necessities for us. I appreciate how several municipalities can work together in collaboration and am excited to see how our "See the 6" involvement will bring more tourism dollars to our portion of the Interlake region.

I choose to run in this election as I feel that I can work collaboratively with our councillors to enhance the RM. My voice can be your voice. I am both caring and compassionate and believe in fair representation for all ratepayers. I am honest and dependable and want what is best for our municipality. I am able to listen with an open mind to the facts and make choices with emotion removed from the debate, a skill I feel I have enhanced with some strong mentorship from co-councillors.

If elected, I hope to see the continued growth of residents and people choosing our municipality to call home and create businesses. I would like recycling stats to increase, businesses to utilize our business incentive program and to see treated water in Woodlands and an expansion to the Warren water treatment plant.

I have run for council twice. I hope to receive the voters' continued support by knowing that I will work very hard to be your voice. I promise to make fair, open-minded decisions. Please attend the All Candidates Open Forum at Woodlands Hall on October 15th at 7:00 p.m. I would appreciate your vote and thank you, in advance for the privilege of representing you.

In closing, I would like to take this opportunity to thank the staff and my co-council members for the past four years at the RM of Woodlands. I wish Trevor, Ila and Gavin all the best in their future endeavours. Good luck

to all candidates seeking election.



Orval Procter

1. I am Orval Procter and seek re-election as Councillor for the R.M. of Woodlands. I married Merilee McClelland twenty-six years ago, and we've raised two children, Courtney 20, and Corey 17. I've been active in our Community most of my life, and the Leadership skills developed during my years as a 4-H member and leader have served me well.

2. I grew up on our Beef farm located across PTH 6 from the town of Woodlands

3. Our tax level is the greatest concern of most Ratepayers. The challenge is balancing our revenues when there is: i) ever increasing demands for services, ii) downloading of responsibilities from higher levels of government, iii) roads, water management, and other infrastructure that need constant up-grades, iv) changing regulations creating new demands and skills from staff, v) rising costs of equipment, supplies, staff, and services. Concerns for the environment has created new rules, which also increase costs. They are behind the recent changes to our Landfill. It is difficult planning for growth and change, while maintaining the values which connect us to our communities.

4. One of the oldest R.M.'s in the province, our proximity to larger centres has allowed multi-generational families to live here. The towns of Lake Francis, Marquette, Warren and Woodlands have unique challenges, and offer different opportunities. Their volunteers keep social opportunities and facilities open and

Continued from page 26

available at reasonable rates. Our boundaries encompass varied landscape, vegetation, and wildlife. The backbone of the economy is Agriculture, which is diverse here. I feel our Municipality offers something for everyone.

5. This past term we completed some major projects started by previous councils, and were successful using grants to offset project costs.

6. There is a mandated review of our by-laws and processes this next term. Retiring council has ear-marked many for revision. We were planning street and road renewals, water management projects, ways to encourage business growth, and solu-

tions for water issues in the towns of Warren and Woodlands. I believe that Council by its example, can be a positive force that encourages investment of time and money in our communities. I want our children to proudly call this Municipality home.

7. The last election is the only time I ran for political office.

8. I believe accountability, both fiscal and personal, are key to encouraging citizen interest and support. I like respectful debate, and value decisions reflective of the participants views. I am a people person, with my own sense of humor, and desire to make others feel valued and included.

9. I enjoy time spent with family and friends, travelling

when possible, meeting new people, and helping others.

10. I have built good relationships with our neighbouring Municipalities by working with them to resolve common issues. Contacts I have made in other levels of government are important when seeking advice and approval for councils plans and objectives. I have really enjoyed working on behalf of all districts and communities in our Municipality. Please support me on October 24th.

Wayne Yule

1. I have been on the RM of Woodlands council for the past 4 years and it has been very rewarding. There have been a lot of different issues and challenges.



Wayne Yule

2. I have lived in the RM of Woodlands for 72 years. It has been 50 years (in April 2018) since I have purchased my present farm.

3.
4. The best parts of the community are the people them-

selves.

5. The reasons for running in this election is to further commit to moving the RM forward.

6. If elected I will work towards growing the RM and moving it forward.

9. In my spare time I enjoy visiting with my friends and I also like to do research on projects.



Former pro bull rider helps plan Eriksdale's 22nd annual Boyz N' Bullz

By Kal Franchuk

Former professional bull rider and promotional business owner Ben Kinkead and the Eriksdale community club have been hard at work planning the 22nd annual Boyz N' Bullz event taking place on Oct 13.

The evening will kick off at 4:45 p.m. with a Mr. Perogie and steak supper. Attendees can then enjoy some pre-event activities before the bull riding starts at 7 p.m. Following the bull riding will be a cowboy social at 9 p.m.

Twenty-five riders will be competing in the long round first, followed by only eight in the short round. The winner will be chosen based on their total points in the two rounds. The first-place winner will take home approximately \$5,000 as well as a winning trophy belt. Since this is a Bull Riders Canada event, contestants will also be earning double points for the BRC finals.

Something unique to this event is the Noventis Credit Union bull draft which is used to pair riders and bulls. This takes place prior to the bull riding official start and provides entertainment during dinner.

The Terraco wild pony race is for kids with teams of three youngsters, ranging in age from eight to 13, who compete for fastest times taming a wild pony. For teens 14-17 there will also be Westrans Jr. Steer riding and novice bull riding with age appropriate stock.

Even the crowd can get in on the action with this high energy show. A brand new, 17-foot LED replay wall replaces the old replay screen, so no one misses any action. There's also a chance to place your bets in the Calcutta on the final eight riders or their bulls.

Kinkead, who's from Eriksdale, is one of many volunteering their time for this event. For the past 12 years he's been on the community club board and this is his fourth year on the production side. Since this is the Eriksdale Recreation Centre's primary fundraiser for the year it's an important event for the community.

Although Kinkead was previously a pro bull riding contestant, he will not be competing. In 2012 he was forced to retire prematurely after breaking his neck while competing at Ponoka



TRIBUNE FILE PHOTO

Boyz & Bullz bullriding event taking place in Eriksdale this Saturday.

Pro Rodeo. Kinkead now runs Cross-fire Bullriding Promotions Inc. partially as a way to stay connected to the industry. It also means he gets to be home more with his wife and two young children.

As for his involvement in the event, Kinkead says that he's "trying to make

it bigger and better and fresh each year." He also thanks all the volunteers and supporters out there who make the event possible.

Tickets for supper, bull riding, and the cowboy social are each sold separately at the Eriksdale Recreation Centre doors.

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Interlake Thunder win pair of football games

By Brian Bowman

Most teams would have a problem playing two football games in just five days.

But it was no problem at all for the Interlake Thunder.

Interlake improved its Rural Manitoba Football League regular-season record to a perfect 6-0 after defeating the Souris Sabres 46-8 last Thursday and then the Swan Valley Tigers 26-18 on Monday.

Against Swan Valley, Interlake led 13-6 at the half and then increased that advantage to 26-12.

No scoring statistics from the game were available at press time.

In Thursday's win, the Thunder took advantage of the snowy conditions to seemingly run at will against the Sabres.

Colton Nedotiafko rushed 16 times for 256 yards and four touchdowns.

Graeme Perries carried the ball just eight times but had 108 yards and a TD.

Brady DeLaroque had eight rushes for 53 yards and a major.

Quarterback Jaxon Pilon had one carry for a whopping 53 yards. Thunder starting QB Joshua Charison scored on a one-yard run.

The Thunder attempted just five passes the entire game, completing four of them for 40 yards.

Defensively, Colton Meisner led the Interlake with nine tackles and two fumble recoveries.

Brandon Linklater recovered a fumble and added an interception.

Benjamin Olafson and Chris Dew also recovered fumbles while Austin L'Heureux had an interception.



TRIBUNE PHOTO BY KIM DELAROQUE

The Thunders' Brady deLaroque had eight rushes for 53 yards and a major.

The Thunder have a bye next week and don't play again until Oct. 27 when they take on the Golden Bears in Virden. That game will wrap up the Thunder's regular season.



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Interlake bounced by Brandon

Staff

The Interlake Lightning were defeated 6-1 by the Brandon Wheat Kings in U17 Midget Prep action on Sunday.

No scoring summary was available at press time.

Last Thursday, Interlake doubled the Winnipeg Warriors 4-2 at the Bell MTS Iceplex.

The Lightning snapped a 2-2 tie in the third period with goals from Lucas Singh, on the power play, and Tyson Barylski.

Ashton Fisher (shorthanded) and Bryce Allary scored second-period goals for the Interlake.

Fisher and Allary each finished the game with two points.

Tyrese Bear made 17 saves for the win.

Paison Butler and Jordan Beaulieu replied for

Winnipeg.

Interlake started its regular season with a 4-3 road win over Brandon on Sept. 30.

Logan Resch scored the game winner at 9:08 of the third period.

Allary and Ryland Gard, on the power play, scored first-period goals for the Lightning and then Hunter Warman tallied in the second.

Nate Hunter, with a pair, and Ty Gwynne replied for Brandon.

Jackson Kummén stopped 25 Wheat Kings' shots for the win.

Interlake is back in action this Thursday (7:30 p.m.) when it hosts the Winnipeg Hawks in Stonewall.

On Sunday at 1 p.m., the Lightning will visit the Eastman Selects.

Wildcats win fourth straight tournament title

By Brian Bowman

The Warren Collegiate Wildcats varsity girls' volleyball team has done it again.

For the fourth consecutive time to start their season, the Wildcats have won a tournament championship.

Warren made it four in a row after defeating Gabrielle Roy Les Roys 2-0 (25-10, 25-14) in the final of the John Taylor Collegiate Piper Classic on Saturday.

Warren started the playoffs with a 2-0 (25-13, 25-12) win over the Stonewall Collegiate Rams earlier that day.

The Wildcats then earned a berth into the final after defeating the JH Bruns Broncos 2-1 (23-25, 25-20, 15-9) in a thrilling semifinal match.

Warren, which is the No.1-ranked "AA" varsity girls' team in the province, started pool play Friday with a convincing 2-0 sweep over John Taylor.

The Wildcats won sets by scores of 25-4 and 25-14.

Warren then pounded the St. James Jimmies 2-0 (25-16, 25-1).

The Wildcats also defeated JH Bruns 2-0 (25-19, 25-23) but split with the

Sanford Sabres (25-16, 23-25).

Stonewall finished its pool play with a 1-3 record.

The Rams defeated the Garden Valley Zodiacs 2-0 (25-17, 25-22) but lost 2-0 to Gabrielle Roy (17-25, 15-25), the Calvin Christian Eagles (16-25, 22-25) and R.D. Parker Collegiate Trojans (14-25, 20-25).

Warren, meanwhile, had a great September, winning all three tournaments they entered.

To wrap up the month, the Wildcats took their talents to Roblin where they won the Goose Lake Angels Invi-

tational after defeating Russell's Major Pratt 2-1 (25-18, 26-28, 15-11) in the championship game.

In the semifinals, Warren swept Gilbert Plains 2-0 (25-17, 25-17).

Pool 1 play saw the Wildcats post a perfect 5-0 record.

Warren cruised to 2-0 wins over the Swan Valley Tigers (25-12, 25-13), Goose Lake (25-15, 25-16), Souris Sabres (25-10, 25-6), Elton Sabres (25-10, 25-11) and the Margaret Barbour Spartans (25-4, 25-13).

Provincial Midget Lightning struggle to start regular season

By Brian Bowman

The Interlake Lightning opened their Manitoba "AAA" Midget Hockey League regular season with three straight losses last week.

But, on a positive, they played some pretty good hockey.

Interlake wrapped up the week with a 5-2 loss to the Brandon Wheat Kings on Sunday in Teulon.

Matthew Vandel and Carl Ingalls, with the man advantage, scored second-period goals for the Lightning.

Nolan Ritchie led Brandon with two goals and two assists while Mitch Thiessen, Tanner Morrison, and Drayson Collyer also scored for the Wheat

Kings.

On Saturday evening, the Lightning lost 5-3 to the Yellowhead Chiefs. Yellowhead trailed 3-0 early in the second period but finished the game with five unanswered goals.

Interlake took a 2-0 first-period lead on goals from Chase Barkley and William Faraci.

Ingalls made it 3-0 just 1:59 of the middle frame but it was all Yellowhead after that.

Derrick Lange assisted on two of those Interlake goals.

Brody Wilson, Colby Wotton, Reece Richmond, and Jack Poole scored for Yellowhead in the second period and

then Parker Johnson tallied in the third.

Three of those goals came while the Chiefs were enjoying a power play.

Josh Bond made 42 saves in the loss.

The Lightning began their regular season Oct. 3 with a real good effort in a 3-1 road loss to the Eastman Selects.

After a scoreless first period, Kyle Melo put Eastman on the board at 6:25 of the middle frame.

The Selects went ahead 2-0 as Drayden Kurbatoff tallied at 5:11 of the third but the Lightning cut that deficit in half when Matthew Vandel scored a power-play goal midway in the third.

Ingalls and Lange assisted on the goal.

Andrew Blocker then closed out the scoring with a power-play goal at 17:23.

Eastman outshot Interlake 42-18 as Chris Fines played well in the loss.

Interlake will host the Central Plains Capitals Wednesday (7:45 p.m.) in Teulon and then the Lightning are in Kenora this weekend for a pair of games.

The two clubs will hook up Saturday (7:30 p.m.) and Sunday (1:30 p.m.) at Thistle Arena.

New Junior 'B' hockey league hits the ice

Submitted by the CRJHL

The 2018-19 hockey season will see a new Junior "B" hockey league hit the ice.

The Capital Region Junior Hockey League (CRJHL) will begin play this season. Founding member clubs of the league include the Selkirk Fishermen, St. Malo Warriors, North Winnipeg Satellites, Arborg Ice Dawgs and the Lundar Falcons.

The CRJHL caters to players 16 to 21 years old, looking to play competitive, fast-paced hockey. The league has a schedule that allows players to attend school or work while still competing at a high level of play.

The inaugural CRJHL regular-season game will take place this Friday at 7:30 pm in St. Malo when the Warriors host the Fishermen.

The following evening, North Winnipeg will visit Arborg and on Oct. 14, Lundar will bat-

tle Selkirk at the Rec Complex.

To find out more information about playing in the league, check out the member clubs websites:

Arborg Ice Dawgs - <http://www.arborgicedawgs.ca/>

Lundar Falcons - <http://www.ballcharts.com/team/?team=lundarfalcons#.UIA-3V4OEjIU>

North Winnipeg Satellites - <http://www.northwinnipegjrb.com/>

St. Malo Warriors - <https://www.stmalowarriors.ca/>

Selkirk Fishermen - <http://www.selkirkjrb-fishermen.ca/>

To follow the league, including schedules, standings, scoring leaders and league-wide news, be sure to check out <http://www.crjhl.ca>.

Bison women's hockey team ranked No. 1 in the nation

Staff

The defending-national champion University of Manitoba Bison women's hockey team is currently ranked No. 1 in the country as U SPORTS released the first top-10 ranking for the 2018-19 season.

Last season was the first time Manitoba had ever earned a No. 1 ranking since the sport became U SPORTS-sanctioned in 1997-98.

The Bisons opened their regular season at home this past weekend, sweeping the University of Calgary Dinos with a 3-1 win on Friday and a 4-1 victory Saturday.

Manitoba's roster includes local players Mekaela Fisher (Warren), Allison Sexton (Stonewall), and Devan Johnson (Stonewall).

Calgary's roster, meanwhile, features Stonewall's Annaliese Meier.

Next up for Manitoba is a pair of road games with Alberta this Friday and Saturday while Calgary will host Saskatchewan.

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Rams outstanding at cross country zones

Staff

The Stonewall Collegiate Rams had several outstanding performances at the cross country zone finals on Oct. 3.

All four Rams' teams brought home zone championship banners.

Individually, Stonewall's Megan Van Heyst was first overall in the varsity girls' race, finishing in a time of 19:14.

That was 28 seconds faster than Stonewall's Trinity Rutledge and 1:14 quicker than the Rams' Tess Derksen.

Rounding out the top five in the

18-person field was Arborg Collegiate's Nori Sigvaldason (21:10) and Olivia Orbanski (21:19).

In the 17-runner field in the varsity boys' race, Stonewall's Cale Woods was tops with a time of 21:17.

The top five runners also included the Rams' Noah Bracken (21:27) and Hunter Olson (22:02), Arborg's Noah Paulson (22:29) and Stonewall's Max Reid (22:43).

The Junior varsity girls' race saw Stonewall's Chloe Morrison cross the

finish line first with an impressive time of 13:47.

The top five included Fisher River's Trinity Stranger (15:49), Arborg's Amber Eriendson (16:01), and Ashern's Ashley Meisner (16:03) and Casey Keely (16:04).

Twenty competitors took part in the race.

In the junior varsity boys' race, Riverton Collegiate's Logan Comtois was the top runner, finishing with a solid time of 16:31.

Stonewall's Cole Emberly was second (16:34), followed by Peguis Central School's Ian Cameron (17:17), Gimli High School's Michael Crave (17:29) and Stonewall's Andrew Perrie (17:51).

Twenty-three individuals ran the race.

The MHSAA cross-country provincials will take place Oct. 17 on Roseile.

Female Lightning 0-3 at Bantam 'AAA' Showcase

Staff

The Interlake Lightning were winless at Hockey Manitoba's Bantam "AAA" Female Showcase last weekend in Winnipeg.

After scoring just two goals in the first two games, Interlake's offence came alive in a 7-6 loss to the Parkland Rangers Sunday morning.

After a scoreless first period, the two teams exploded for eight second-period goals for a 5-3 Parkland lead after two periods.

Parkland scored the first four goals

in the period but Interlake replied with three goals in just a 2:29 span.

Tessa Stewart led the Lightning with two goals and an assist while Kenady Christensen added a goal and two assists.

Shyanne Chartrand, Daryn Bremner and Sarah Shewchuk also scored for the Lightning.

Samantha Moshenko (two), Brooklyn Hramalak (two), Madison Haliuk, Jayselyn Nibo and Hailey Hojnocki replied for Parkland.

Lightning netminder Katelyn Dorsch

stopped 22 Rangers' shots.

The Lightning started the Showcase with a 5-1 loss to the Assiniboine Park Rangers last Friday.

The Rangers took a 3-0 first-period lead on goals from Kyleigh Johnson, Keara Parker and Kahlen Wisener.

Assiniboine Park went up four goals midway in the second as Dani Bobrowski scored but the Interlake's Brooke Wadge replied just 47 seconds later.

Brooke's goal was assisted by Bremner.

The Rangers' Kate Thomson then closed out the game's scoring at 14:45 of the middle frame.

Dorsch made 29 saves in the loss.

On Saturday, Interlake lost 6-1 to the Winnipeg Titans.

Christensen scored a first-period goal for the Lightning, assisted by Wadge and Ava Pool.

Raya Hrankowski (two), Kara Yackel (two), Megan Tomes and Brooke Duncalfe replied for Winnipeg.

Interlake's Teagan Atchison made 18 saves.

Lightning Bantam boys' winless at Showcase

By Brian Bowman

The Interlake Lightning were winless in three games at Hockey Manitoba's Bantam boys' Showcase last weekend.

Interlake wrapped up the Showcase Sunday with a 7-5 loss to the Winnipeg Warriors.

Peyton Bateman, Alexander Kaczorowski, Karson King, Brayden Stevenson and Kaydyn McMahon, on the power play, scored for the Lightning.

Henry Ashton (two), Austin Peters (two), Jonah Norman and Ethan Williment replied for the Warriors. The other Winnipeg goal scorer was not listed in the scoring summary.

The Lightning started the Showcase with a 4-3 overtime loss to the Southwest Cougars on Friday.

Southwest's Garrett MacDonald scored the game winner in OT.

Interlake tied the score at 3-3 with third-period goals just 2:19 apart from Stevenson and Garisen Allan.

Brayden Bear assisted on both goals.

The Lightning's Brody Stovin opened the game's scoring at 6:12 of the first period.

MacDonald tied the score at 1-1 about eight minutes later and then Robson Luke, on the power play, and MacDonald tallied in the middle frame.

Dawson Cowan made 29 saves in the loss.

On Saturday, Interlake lost 5-4 to

the Parkland Jr. Rangers as Jayce Le-gaarden scored the game winner at 17:13 of the third period.

Parkland's Steven Arp and Bear traded first-period goals. The Rangers' Rylan Gibbs and Carter Zalischuk scored in the second while McMahon and Kaczorowski answered for the Lightning.

Arp and Stevenson scored in the third.

Zack Meadows made 32 saves for the Lightning.

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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

PROPERTY FOR SALE

3000 acres of complete high end cattle & grain operation for sale in Saskatchewan. Manages 2k to 3k cow/calf operation with complete solid infrastructure. 2220 acres cultivated. Contact Doug at 306-716-2671 or saskfarms@shaw.ca

CONDO FOR SALE

#11-15 Keith Consens Dr., Stonewall. \$295,500. 2 bdrm., main floor hardwood, vaulted ceiling in living & dining room, 2 gas fireplaces, attached garage. Low condo fees. Immediate possession avail. Ph 204-467-8261 or 204-461-3630.

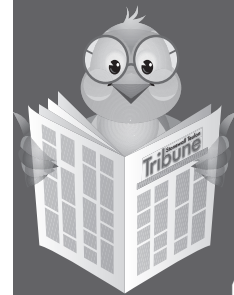
APARTMENT FOR RENT

Age 55+ Apartments -INWOOD SENIORS LODGE bachelor & 1 bedroom suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: inwoodm@highspeedcrow.ca

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AN INTERESTING STORY?
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Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

CALL 204-467-5836

take a break > GAMES

SUDOKU

5	6				3		8	
			4	2				
			8		5	1		3
	8					9		7
3		7			4		1	8
	4							
	3				6			
		2		7				6
			5			2		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	6	2	8	3	5	9	1	7
6	3	8	6	7	1	2	5	4
1	5	7	9	4	2	8	3	6
5	3	2	3	7	8	9	6	1
8	1	9	4	5	6	7	2	3
4	7	9	2	1	3	5	8	6
3	7	1	5	6	8	4	9	2
6	9	5	1	2	4	3	8	7
2	8	4	3	9	6	7	1	5

Sudoku Answer

E	T	A	T	S	N	V	I	V
H	S	I	N	D	E	T	R	O
C	E	X	E	O	W	V	E	O
S	O	T	V	N	E	M	O	O
S	N	V	A	D	N	V	S	N
P	P	P	D	I	S	M	V	V
E	N	E	H	D	V	H	S	M
T	R	V	H	D	E	V	H	S
V	D	D	D	N	E	B	V	T
I	N	V	S	V	E	S	V	T
V	T	A	E	L	E	S	S	I
V	G	O	S	A	V	I	W	D
S	O	U	I	N	G	N	I	E
S	E	S	H	S	S	N	I	S

Crossword Answer

X CROSSWORD

CLUES ACROSS

- Hindu month
- Fashion accessories
- Prong
- Clever
- Network of nerves
- Helps the police (abbr.)
- Russian lake
- Not allowed into evidence
- Indicates position
- Without clothes
- Geological times
- Folk singer DiFranco
- Buddy
- ___ but don't break
- Father
- Cast a shadow over
- Afghan city
- Concluding speech
- Type of creed
- French Revolution image "The Death of ___"
- Syrian president al-___
- Soviet composer
- Dove into
- Famed Broadway producer
- Leavened bread
- Ruling family House of ___
- Planet
- Publicity
- Manifesting approval
- Fern genus
- Larry and Curly's pal
- Company officer
- Expressed loathing for
- Birthplace of Constantine
- People from Asia
- "Hercules" voice Donovan

CLUES DOWN

- Central hall or court
- Italian city
- All there
- Seamstress's tool
- Sends after

1	2	3	4		5	6	7	8	9	10						
11						12						13	14	15		
16						17				18						
19					20	21			22	23			24			
25							26						27			
28							29					30				
					31	32					33					
34	35	36	37						38							
39							40	41	42							
43							44						45	46	47	48
49						50					51	52				
53										55						
56		57							58					59		
60							61	62						63		
														64		
															65	

- Used in herbal medicine
- Specific gravity
- A male
- Hydroxyls + 2C
- Trigonometric function
- Archaic language (abbr.)
- East African native
- Satisfy
- Mother
- Where innate impulses are processed
- "Rule, Britannia" composer
- Not good
- Swiss river
- A-Team member Baracus
- Calendar month
- Drunk
- Mercury
- Concealed
- Give forth

- Contradiction in terms
- Middle Eastern country
- On the ___
- Sodium
- One who attended a school
- Supporters
- South Dakota
- American brewer Adams, Sr.
- Type of attorney
- Absence of oxygen
- Most sheer
- Human soul, mind or spirit
- Flies high above
- University of Dayton
- Dorm moderator (abbr.)
- Intestinal pouches
- Assents to
- Delaware
- Robots are a byproduct of this
- Tantalum

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HELP WANTED

FT days & PT evening servers needed for restaurant/lounge, Pizza Den, Stonewall. Serving It Safe certificate req'd. Drop off resume or send to robert.magnifico@gmail.com

HELP WANTED

Pizza Den is hiring a part time evening cook. Previous cooking experience req'd. Go to pizzaden.ca to see menu. Self-starter, able to multi-task, team player. Call or text 204-799-2423 or email resume to robert.magnifico@gmail.com

HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

BUSINESS OPPORTUNITY

Gift shop, huge price reduction; autobody & parts business, turn key; welding/machine shop, good net profit; restaurant and lounge - great highway exposure. Smalley Realty 204-339-1665.

BOOKKEEPING

Prairie Bookkeeping offers bookkeeping solutions to small business 204-998-4789.

DAYCARE

Ducks In A Row, licensed home daycare, has 1 full time spot available in Stony Mountain. Call Tracy at 204-451-3804.

HOTLINE cook req'd. Seeking part time breakfast, lunch & dinner cook. Must have some kitchen experience. Call **CRAWINGS RESTAURANT** 204-467-9078 or cravingsrestaurant@hotmail.com

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THE RURAL MUNICIPALITY OF ROCKWOOD

NOTICE OF ELECTION

Notice is hereby given that a vote of the Electors of the Rural Municipality of Rockwood will be taken to elect a Reeve and Councillors from the following duly nominated candidates:

For the office of Reeve: (one to be elected) Frig, John Hidlebaugh, Mark Taplin, J. Wesley Buchanan, Ila	For Councillor, Ward I: (one to be elected) Laroche, Joe Drysdale, Marcus Huffman, Tom Pansky, Debbie	For Councillor, Ward III: (one to be elected) Wirgau, Neal Gorda, Wayne	For Councillor, Ward IV: (one to be elected) Goudy, Art Yablonski, Jeff
For Councillor, Ward II: (one to be elected) McClintock, Curtis <i>(declared elected by acclamation)</i>	For Councillor, Ward V: (one to be elected) Hartle, Terry <i>(declared elected by acclamation)</i>	For Councillor, Ward VI: (one to be elected) Willis, Lyle <i>(declared elected by acclamation)</i>	

VOTING PLACES

Voting places will be open for voting on Wednesday the 24th day of October, 2018 between 8:00 a.m. and 8:00 p.m. at:

- WARD I STATION # 1 STONY MOUNTAIN CURLING CLUB, 81 School Road, Stony Mountain
- WARD I STATION # 2 STONY MOUNTAIN CURLING CLUB, 81 School Road, Stony Mountain
- WARD II STATION # 3 GROSSE ISLE COMMUNITY HALL, 117 E Road 72N, Grosse Isle
- WARD II STATION # 4 STONY MOUNTAIN CURLING CLUB, 81 School Road, Stony Mountain
- WARD III STATION # 5 STONY MOUNTAIN CURLING CLUB, 81 School Road, Stony Mountain
- WARD III STATION # 6 STONEWALL ROYAL CANADIAN LEGION, 459 Main Street, Stonewall
- WARD IV STATION # 7 ARGYLE COMMUNITY HALL, 0055 E PR 323 (Rd 80N), Argyle
- WARD IV STATION # 8 BALMORAL COMMUNITY HALL, 6003 E PR 236, Balmoral
- WARD IV STATION # 9 STONEWALL ROYAL CANADIAN LEGION, 459 Main Street, Stonewall
- WARD V STATION #10 GUNTON GREENWOOD COMMUNITY HALL, 56 John Street, Gunton
- WARD V STATION #11 BALMORAL COMMUNITY HALL, 6003 E PR 236, Balmoral
- WARD VI STATION #12 TEULON-ROCKWOOD CENTENNIAL CENTRE, 14 Main Street, Teulon
- WARD VI STATION #13 TEULON-ROCKWOOD CENTENNIAL CENTRE, 14 Main Street, Teulon
- WARD VI STATION #14 KOMARNO COMMUNITY HALL, 76 2nd Street, Komarno

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example - driver's licence) or at least two (2) other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an Advance Voting opportunity will be located at the Rural Municipality of Rockwood Administration Building, 285 Main Street, Stonewall, and will be open Friday, October 19, 2018 between 8:00 a.m. and 8:00 p.m.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by fax to the senior election official at the Rural Municipality of Rockwood, 285 Main Street, Stonewall, MB ROC 2Z0, Fax: 204-467-5329.

If applying in person*, a voter may apply between September 26 and October 21, 2018.
* A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail or fax**, a voter may apply between July 26 and October 21, 2018.
** A voter applying by mail or fax will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official.

Ernie Epp, Senior Election Official
Rural Municipality of Rockwood
Phone: 204-467-2272 Fax: 204-467-5329

SPARE SCHOOL BUS DRIVERS REQUIRED

The Interlake School Division invites applications for SPARE School Bus Drivers in the Stonewall and Warren catchment areas.

Applicants must possess or be willing to obtain a valid Class 2 driver's licence, a School Bus Operator's Certificate (must have completed the 24 hour School Bus Driver's Course) and have successfully completed both a Criminal Record Check and Child Abuse Registry Check.

Our next School Bus Operating Course starts on October 22nd.

For more information, please contact:

JARET THIESSEN
Transportation Supervisor
Interlake School Division
192-2nd Avenue North
Stonewall, MB ROC 2Z0
Tel: 467-5100 / Fax: 467-7434
jthiessen@isd21.mb.ca



CASUAL/ON CALL SCHOOL CUSTODIAN REQUIRED

The Interlake School Division invites applications for CASUAL/ON CALL day and evening School Custodians.

The rate of pay is \$20.01 per hour. Applicants should have relevant work experience in cleaning and be physically capable of performing all assigned duties.

Employment will be subject to satisfactory criminal record and child abuse registry checks.

Application forms are available at www.interlakesd.mb.ca or in person at the Division Office (192-2nd Avenue North, Stonewall), or the Transportation/Maintenance facility (corner of Summit and Winfield Rd, Stonewall.)

Please apply to:
Interlake School Division
192-2nd Avenue North
Stonewall, MB ROC 2Z0
Tel: 467-5100 / Fax: 467-7434
hr@isd21.mb.ca



Are You Suffering from Blood Cancer related fatigue And Brain Fog?

On Oct 22 from 1-2 pm CDT The Leukemia & Lymphoma Society of Canada is hosting a Webcast where you can learn about these common symptoms, how to manage cancer fatigue and improve brain fog. There is no cost to participate. Patients, families, survivors and health care professionals are welcome to join online or at the Fort Garry Library 1360 Pembina Hwy, Wpg. Register at www.liscanada.org/webcasts or call 403-263-5300 ext 5158 to save your space.

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Fax: 204.727.6651
Or submit an online application @ www.renaissancetrans.ca

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Stonewall Teulon
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in a message
for
your loved
ones**

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Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

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4 winter tires 235/70/R16 and rims for 2008-2012 Ford Escape. Good condition. Best offer. 204-467-7105.

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Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, Leasing & Financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, MB. 1-888-685-3127.



The Rural Municipality of St. Laurent NOTICE OF ELECTION

Notice is hereby given that a vote of the Rural Municipality of St. Laurent will be taken to elect Reeve and Councillors from the following duly nominated candidates:

For Reeve:
(one to be elected)

For Councillor:
(four to be elected)

ZOTTER, Earl
SMITH, Cheryl
MCKAY, Louise

MATHEWS, Phil
COMBOT, Jerry
FUTROS, Patrick
MCKAY, Tammy
KERBRAT, Laurent
MCKAY, Tashina
DUCHARME, Sterling
BRUCE, Edgar Sr.
CHARTRAND, Carl
BRUCE, Frank
CHARTRAND, Christine

VOTING PLACES

Voting places will be open for voting on Wednesday, the 24th day of October, 2018, between 8:00 a.m. and 8:00 p.m. at:

- Oak Point Community Centre, 125 Sutherland Avenue, Oak Point
- St. Laurent Recreation Centre – 16 St. Laurent Veterans' Memorial Road, St. Laurent
- Dakota Community Centre - 1188 Dakota Street, Winnipeg

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government-issued photo identification (for example - driver's licence) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at the St. Laurent Recreation Centre, 16 St. Laurent Veterans' Memorial Road, St. Laurent, and will be open Sunday, October 14, 2018 between 8:00 a.m. and 8:00 p.m.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by fax to the senior election official at Rural Municipality of St. Laurent, 16 St. Laurent Veterans' Memorial Road, P.O. Box 220, St. Laurent, MB, R0C 2S0, Fax: 204-646-2705.

If applying in person*, a voter may apply between September 26 and October 21.

* A voter applying in person may pick up a sealed envelope ballot package at the time of application during regular office hours (Monday to Friday, 8:30 a.m. – 4:30 p.m.).

If applying by mail or fax**, a voter may apply between July 26 and October 21.

** A voter applying by mail or fax will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official. If applying by mail or fax, please ensure that if applying 12 days or less before election day that alternate arrangements are made other than mail.

Ernie Epp, Senior Election Official
Rural Municipality of St. Laurent
16 St. Laurent Veterans' Memorial Road
P.O. Box 220
St. Laurent, MB R0C 2S0
Phone: 204-646-2259 Fax: 204-646-2705



Business Close Out Auction for Elbar Erectors, Inc.

**Saturday, October 13, 2018 10 am
14 Elbar Drive, Anola Mb**

Directions: From junction of Provincial Hwy 15 & Hwy 12, approx. 1/2 mile east. Watch for signs.

Trucks* Race car* Industrial Equip
Steel/metal stock Flat stock (4'x10')
Fasteners Trailers* Welders
Shop tools/equip Motors* Office/misc*
View www.lampportanddowler.com for full listing and photos.

Contact John Lampport 204-841-4136/Tim Dowler 204-803-6915

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**\$2,500
Tax Credit
\$40,000
refund cheque/
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Credit.
204-453-5372**



PUBLIC NOTICE BOARD OF REVISION

Public Notice is hereby given that the 2019 Assessment Roll for the Town of Teulon has been deposited in the Civic Office at #44 Fourth Ave. S.E., Teulon, Manitoba, and is open for public inspection during regular office hours.

The Board of Revision will sit on **Tuesday, November 13th, 2018 at 6:30 P.M.** in the Council Chamber of the Town of Teulon, 44 Fourth Avenue S.E., Teulon, Manitoba to hear applications.

Any person who believes that an assessment ought to be revised may make application in accordance with Sections 42 & 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2).

APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by:
 - delivering it or causing it to be delivered to the Town of Teulon
 - delivering it upon the Secretary;

at least 15 days before the scheduled sitting of the Board as indicated in the public notice.

The final date on which applications must be received by the Secretary of the Board is October 29, 2018 at 4:30 pm.

Doreen Steg, Secretary
Board of Revision
Town of Teulon, Box 69, Teulon, MB, R0C 3B0

Dated this 26th day of September A.D., 2018 at the Town of Teulon in the Province of Manitoba.

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MISCELLANEOUS
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Sun Oct 14th 10 AM

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Stonewall, MB**

Int 584 Dsl 3 PH Hyd w FEL
2600 Hrs * 04 Oakwood
5th Wheel 30' Triaxle Flat
Deck * 12 Honda Civic
LX - Sft-59,000 KM * 50
American Pontiac 2 Dr * 3)
67-68 Volkswagen Beetles *
2) 72-73 Volkswagen Super
Beetles * 52 Studebaker 1/2
Ton * 5 More Vintage Cars
* 57 Harley Davidson FL *
80 Harley Davidson Super
Glide * 07 Yamaha Vortec
250, 68 KM * Along w Car
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Saturday Oct 27 @ 10 am

Over 100 Signs - Oil, Pop,
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Machine * Vintage Coin Operated
Arcade * Shouting Bear * Oil
Cans * License Plates * Toys *
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ART & BEV SHERLOCK**

Saturday Oct 13th 10:00 am

Teulon, MB
East 8 Miles On Hwy 17 Then
North 3 Miles On Prout Rd #2605
Contact # (204) 886-2403

Tractors * Trucks * Light
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INCOME TAX

ROCKIN' RICHARD'S RECORD & CD SALE. Victoria Inn, 1808 Wellington Ave. Wpg. Sunday, October 14/18, 10 a.m. - 4 p.m., 90 plus tables. Records, CD's, DVD's music collectibles. Admission \$5. Info 204-338-3655.

COMMUNITY EVENT

Meadow Lea United Church will be hosting a Quiz Night on Friday, Oct. 19th at 7:00 p.m. at Meadow Lea Hall. Teams of 6 - 8 people welcome, \$10 per person. Bake Table Sale! Coffee will be provided. To enter a team call: Tammy 204-375-6053 Edna 204-375-6597 or Email Nicole calypso19@hotmail.com

Shop Local AND KEEP LOCAL DOLLARS AT HOME

THE RURAL MUNICIPALITY OF ROCKWOOD



PUBLIC NOTICE

Public Notice is hereby given, pursuant to Section 194 of *The Municipal Act*, that the Municipal Auditors Financial Report, together with the related Financial Statements, for the year 2017, have been deposited in the Office of the Administrator of the Rural Municipality of Rockwood and are available for inspection by any person or his agent during regular business hours and that any person or his agent, at his own expense, may make a copy thereof or extract therefrom.

Chris Luellman, CAO
Rural Municipality of Rockwood

THE RURAL MUNICIPALITY OF ROCKWOOD



PUBLIC NOTICE

The Rural Municipality of Rockwood hereby gives notice that the date of the following Committee of the Whole Meetings of Council has been changed:

From: Wednesday, October 24, 2018 starting at 9:00 a.m.
To: **Thursday, November 1, 2018 starting at 9:00 a.m.**
From: Wednesday, November 28, 2018 starting at 9:00 a.m.
To: **Wednesday, November 21, 2018 starting at 9:00 a.m.**

Council,
Rural Municipality of Rockwood

THE RURAL MUNICIPALITY OF ROCKWOOD



DECLARATION OF CANDIDATES ELECTED BY ACCLAMATION

I, Ernie Epp, Senior Election Official for the Rural Municipality of Rockwood, hereby declare the following candidates elected by acclamation.

Councillor, Ward II
McClintock, Curtis
Councillor, Ward V
Hartle, Terry
Councillor, Ward VI
Willis, Lyle

Ernie Epp
Senior Election Official
Rural Municipality of Rockwood
Dated this 19th day of September, 2018.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

STRAW

Small sq. bales of wheat straw. Bale dry. Reasonably priced. Ph 204-461-1717 or 204-375-6622.

FLAX STRAW - \$3/BALE. MONDAY - SATURDAY. CALL NICK 204-461-0706 OR BILL MATHE-SON 204-461-1906, STONEWALL.

STRAW

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The land and building known as 76059 - 2 E Road, Stonewall, Manitoba, legally described in Certificate of Title No. 2543780/1 as: ALL THAT PORTION OF THE WLY 580 FEET PERP OF THE SW 1/4 OF SECTION 28-13-1 EPM WHICH LIES BETWEEN 2 LINES DRAWN ELY AT RIGHT ANGLES TO THE WESTERN LIMIT OF SAID 1/4 SECTION FROM POINTS IN THE SAME DISTANT SLY THEREON 278 FEET AND 1068 FEET RESPECTIVELY FROM THE NORTHERN LIMIT OF SAID 1/4 SECTION EXC THE SLY 170 FEET PERP OF THE ELY 355 FEET PERP

will be sold by public auction by a Licensed Auctioneer on Tuesday, October 30, 2018 at 1:00 pm at Grantham Law Offices, 1-278 Main Street, Stonewall, Manitoba.

The vendor is informed the home upon the subject property is a single family split-level style home approx. 1,768 sq.ft., on a site approx. 9.13 acres; the home has 3 bedrooms plus 2 bedrooms and a rec room in the basement; 2 full bathrooms and 1 half bath; a deck and sunroom; a single attached garage; heated workshop on site; flooring is a combination of carpet, laminate, tile and vinyl flooring. Asphalt shingles; brick and wood exterior. No other information is available.

Property taxes in respect of the Land are paid up to the 31st day of December 2016. The property taxes assessed for 2018 are \$4220.91. Outstanding taxes to September 21, 2018 are for 2017 - \$4,061.28 and 2018 - \$3,520.91 for a total of \$7,582.19.

Prior Charges: none

The subject property is located at 76059 - 2E Road, Stonewall, Manitoba in the R.M. of Rockwood.

TERMS OF SALE

Deposit of \$70,000 in cash, money order or certified cheque payable to Grantham Law Offices, and the balance according to the conditions to be announced at the time of sale. **This sale shall be subject to a reserve bid in the approximate amount of \$367,200.00 with the exact amount to be announced at the time of sale.**

Further information may be obtained from:

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Announcements

ANNOUNCEMENT

CARDS OF THANKS

Thank you to all who attended the service, the pallbearers, the flowers, cards, phone calls, baking and donations to Cancer Care and the Teulon Museum, as we said good bye to our sister Irene Persoage.
-Eddy and Alice

ANNOUNCEMENT

ANNIVERSARY



Happy 50th Anniversary
Mike & Rosalie Shupenia
on October 12, 2018
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OBITUARY



Olive Cottingham (nee Skinner)

Peacefully with her family at her side, Olive Cottingham (nee Skinner) passed away on Wednesday, October 3rd, 2018 at the Arborg and District Hospital, at the age of 98 years.

She will be lovingly remembered by her family Gail (Allen), Christie (George), grandchildren Robert (Catherine), Lauri (Jay), Jena (Brett), Alyssa, Donna (Bert), great-grandchildren Adam (Serena), Alyssa Mae and many other grandchildren, nieces and nephews.

She was predeceased by her loving husband Bob (2013); her parents, Richard (1943) and Janet (1973) Skinner; her first husband Cecile Campbell (1971); siblings Fred (Margaret), John (Marguerite), Milton (Margery), Ray (Anne), Ben (Kathleen), Allen, Jean (Ben Greer).

Olive was born on June 29, 1920 in Teulon where she attended school and went on to become a registered nurse at Selkirk General Hospital. She married Cecile Campbell and they moved to Fort Langley BC, then to Atikokan, Ontario. During this time Olive carried on with her nursing career, three years at Fort Langley and five years in Atikokan. In 1960 Olive was appointed Superintendent at the Hunter Memorial Hospital and in 1965 she became the Administrator.

Olive married Bob in 1973 and retired from her duties of Administrator of the hospital. They resided on the farm in Teulon until they moved into their new home which they built in 1996 in the Town of Teulon. In 2012 they moved to the Assisted Living Complex in Arborg where they spent their remaining years.

Olive and Bob enjoyed life together as they travelled and spent their winters in Ocala Florida for 22 years where many family members and friends visited and all were welcomed.

If there was one word to describe Mom, Gramma, Aunt, friend, it would be a caregiver. Her profession as a nurse was only part of it, her dedication to care for others was her calling and we always remember her being the one at their side to care for them at their time of need. She was also a talented seamstress and crafter of needlework for which she won numerous first place awards. She was also an avid gardener from which no produce was wasted as she spent hours canning and freezing resulting in fresh vegetables throughout the winter. No one ever left the house without either a fresh oatmeal cookie or homemade buns!

The family wishes to thank the staff and home care workers at the Assisted Living for their attentive care, ensuring she was safe and not alone. A special thanks to the Arborg hospital staff for their good care and compassion allowing Mom, Gramma to spend her last days in comfort and dignity.

Memorial Service was held at the MacKenzie Funeral Chapel in Teulon on Tuesday, October 9th at 11:00 a.m. A private family interment took place at Dunara Cemetery.

In lieu of flowers, donations can be made in Olive's name to a charity of one's choice. Family and friends may sign a book of condolence at mackenziefh.com

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