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# Stonewall Teulon Tribune

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**TRIBUNE PHOTO BY TAMARA PETKAU**  
Stonewall Collegiate students, left to right, Emma Stephens, Maddy Fines, Jacob Fearn and Cole Emberly were among an estimated 10,000 people demanding climate justice at the legislature last Friday.

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# Boonstra Farms tries new corn maze scavenger hunt

By Gabrielle Piché

On a whim, workers at Boonstra Farms put together a scavenger hunt for a group booking at their corn maze — and Murray Boonstra said it was a success.

Around 75 employees of a Winnipeg dental centre had planned a group outing at Boonstra Farms on Sept. 23. Many of them were young adults, Boonstra said.

Boonstra wanted to try something new. So, he and his crew quickly came up with a scavenger hunt. They placed clues around the farm's maze and petting zoo.

The dental centre workers split into seven teams. When a group found the answer to a clue, they took pictures of it with their phones.

"For instance, we would say, 'Where are your kids?'" Boonstra said. "Well, goats are kids, so they'd have to take a picture of the goats."

Boonstra said he got positive feedback about the scavenger hunt. Now, he wants to grow his idea and try it with other groups.

"People just loved it," Boonstra said. "It's not just going out and running around."

Businesses and schools book times to come to Boonstra Farms during the week. Groups must have at least 25 people to book. Boonstra's biggest group so far this year had 150 people, but he can accommodate more at a single time.

The corn maze opened Sept. 7.

Chris and Ashley Strom brought their children to Boonstra Farms last Saturday. The group had never been to the corn maze in Stonewall before, but they'd been to others in Manitoba.

"This one's a little bit further, but we figured we'd come for the drive," Chris said.

He said his crew wanted to try something different, so they checked out Boonstra's.

The corn maze will become Halloween themed for the last three weekends of October, beginning Saturday, Oct. 12.

Boonstra's fox tower will transform into a tower of terror. The farm will also bring back its "black hole," a spooky bridge with black lights.

The Boonstras have made corn mazes on their farm for around 15 years. Their corn is not the type sold at grocery stores. If anything, it's used for cow feed.



Sunday, Oct. 27 is the last day Boonstra Farms' corn maze is open this season.



TRIBUNE PHOTOS BY GABRIELLE PICHE

Chris and Ashley Strom with their children at Boonstra Farms on Sept. 28.

Boonstra Farms' corn maze is open Saturdays and Sundays from 12 to 6 p.m. People looking for more information can visit the company's website at [boonstrafarms.com](http://boonstrafarms.com).

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# Community harvest raises funds for Warren arena

By Jo-Anne Procter

We have all heard the saying, "It takes a village to raise a child."

Well, in Warren it takes a village to help keep the doors open to the local arena.

Thanks to a group of local farmers who have been taking part in a community harvest since 1999, the South Interlake Rec Centre's Sunova Arena in Warren has been able to raise funds to offset some of the costs of running the facility.

The fundraising field is part of a fundraising campaign that first started close to 20 years ago with a field that Warren's Fred Kotelko and family provided to the arena at a reduced rental rate. Kotelko was known in the community for his great love of sports and his involvement in his sons' and his grandsons' hockey and baseball teams.

Kotelko passed away in 2004 and in 2018 his family sold the 80 acres that was originally used for the community project. Les and Jayson Balan stepped up and offered two fields for the arena crop fundraiser at a reduced rental rate.

On Sept. 17 a group of volunteer farmers — with five combines, one



Colin Crockatt, Glen Lefley and Don Baldwin enjoyed a field dinner complete with turkey, gravy and pie.

grain cart, three semis and two tandems — hit the field for a solid three hours, harvesting 235 acres of canola. The crop will net approximately \$60,000 with all of the proceeds going to the arena.

Since inception of the fundraiser, Jim Lindsay and Glen Lefley have taken the lead in organizing the fundraiser field and securing most of the yearly crop input donations. For many of those years, Rutherford Farms has been involved providing equipment for seeding and harvesting as well as providing marketing opportunities to gain some extra income from the crops produced.

Terraco, Nutrien, AgAdvantage, Border Chemical, BASF, Brevant, Braun Grain Farms, Enns Brothers, Rutherford Farms, Winter Seeds, Richardson Pioneer, Marquette Coop, Paterson Grain, Viterra, Bayer Crop Science, George Boonstra with Tomatin Farms, Tait Farms Ltd., Scott Corbett, Colin Crockatt, Lefley Farms, Jim Lindsay, R.G. Hamilton Farms and Riddell



TRIBUNE PHOTOS BY JO-ANNE PROCTER

On Sept. 17 a handful of generous farmers gathered to harvest 235 acres of canola for the annual arena fundraiser in Warren. Pictured from left: Kevin Porteous, Don Baldwin, Andrew Poole, Glen Lefley, Craig Riddell, Clay Tait, Glen Tait, Colin Crockatt, Jayson Balan, Scott Corbett, Grant and Jack Palmer.



TRIBUNE PHOTO BY ANDREW POOLE

Five combines completed the harvest in three hours with the proceeds being donated to the Warren Arena.

Seed Co. are the main contributors to ensure all the bases are covered.

Farmers involved continue to rotate through donating time, labour, equipment, fuel, seed and more for the various field operations from seeding through to harvest.

New to the 2019 fundraiser, accounts were set up at several crop input retailers where farms could contribute crop inputs like a case of chemical or a

bag of seed. Going forward, accounts at retailers will be set up so anyone interested in donating towards the future field fundraisers can contact their retailers or Craig Riddell at [craig@riddellseed.com](mailto:craig@riddellseed.com) or 204-227-5679.

The generous donations over the years has enabled the community to keep the arena running with approximately \$600,000 raised with the annual harvests.

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## Dementia Friendly Communities



The Alzheimer Society hosted a very informative evening on Dementia, Caregiving and Dementia Friendly Communities in Stonewall September 19. It is important for business owners and their staff to understand how to provide helpful, courteous service to their customers living with dementia. Here are some points from the evening:

Approximately 2/3 of people with dementia live in the community. It is estimated that ¼ of them live alone.

Dementia is being recognized as both a health and social issue.

Care partners of people with dementia benefit from supportive communities too.

### People with Dementia want:

To be treated with greater respect and courtesy.

Service providers to be more skilled in communicating with them.

To feel more included in groups.

Community places to be better signed and safer.

To be empowered to make choices.

### Dementia Friendly Customer Service:

Remember that most people with dementia do not look different than others in their age groups.

They may appear a bit lost or confused, have problems expressing themselves or understanding you, have difficulty in handling money, or forget to pay for things

### Ways to help:

Be open and friendly and ask:

"Can I help you?"

Encourage the person to take the time they need.

A dementia friendly community is a place where people with dementia continue to be a part of their communities, can live as independently as possible, are met with understanding, are given support as needed and are able to live good lives.

For more information on this subject and how you can help, please contact Samantha Holland, Interlake Eastern Regional Coordinator, Alzheimer Society of Manitoba at 204-268-4752 or [www.alzheimer.mb.ca](http://www.alzheimer.mb.ca)

# Interlake students demand a sustainable future



TRIBUNE PHOTOS BY TAMARA PETKAU

Stonewall Collegiate students want political leaders to heed warnings about global warming.

### Staff

With the latest scientific reports showing greenhouse gas emissions rising, thousands of youth from across the province protested at the legislature last Friday, demanding political leaders act now to avert a global climate catastrophe.

Manitoba Youth for Climate Action organized the climate strike Sept. 27, drawing an estimated 10,000 people that included K-12 and university students, Indigenous and environmental activists, teachers, parents and unions.

The strike was inspired by 16-year-old Swedish student Greta Thunberg, who galvanized over a million students across the world to stage climate strikes and has chastised world leaders, including Prime Minister Justin Trudeau, for not "doing enough" to stop global warming.

Twenty students from Stonewall Collegiate joined the strike with support from the Interlake School Division.

Grade 11 SCI student Maddy Fines took the day off from her lessons to teach one. She hoped to share her message

with politicians and leaders. The rising greenhouse gas emissions concerns her and she hopes that change can be made.

"I'm concerned seeing facts like these. It shows how important it is that youth are educated on climate change. Change is crucial if we want to sustain life on earth," said Fines.

Another SCI student Cole Emberley said he doesn't want to inherit an over-heated planet.

"It's important for all of us to deal with climate change in some way, and the politicians are our leaders who can make the big changes happen. We all can do more."

Despite politicians' oft-repeated promises to tackle global warming, the latest climate science data published last month in the World Meteorological Organization's United in Science report shows accelerating carbon emissions, which boost overall global temperatures.

Greenhouse gas emissions increased by two per cent in 2018 and are likely to be just as high by the end of this year, states the report. The period 2015-2019 is on track to be the

Continued on page 5

## Fabulous Fall Suppers

### Fall Supper

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**Grosse Isle - Grosse Isle Community Centre**  
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**Woodlands - Woodlands Hall**  
**October 14 3:00-6:00 pm**

**Stonewall - Red Barn**  
**November 3 3:30-6:30 pm**

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## > CLIMATE, FROM PG. 4



An estimated 10,000 people took part in the climate strike last Friday.

warmest of any on record. Presently, temperatures are estimated to be 1.1C above pre-industrial (1850-1900) times. An overall global temperature rise of 2C will have catastrophic and irreversible consequences.

Calling for changes in how we use land, a halt to deforestation and a transition from fossil fuel energy, the report notes declining ice masses in the Arctic and Antarctic, sea-level rises, oceanic acidity, long-lasting heatwaves, forest fires, floods and droughts.

These worldwide calamities have already had a profound detrimental effect on the environment and wildlife. If we continue along the same trajectory, scientists predict we'll be digging ourselves an early grave.

Emberley underscored the threat of rising temperatures on human existence, saying we're at a critical point in time in terms of our ability to stave off further damages to the planet.

"Facts like that show us how important it is to learn about climate change and global warming and how it affects the earth, animals, ecosystems and us."

Although youth don't have money or power to effect system-wide changes, they have their voices to show politicians how important a sustainable future is to them.

Students carried signs along Broadway up to the legislature demonstrating how they feel.

"Adults made the planet like this and now we have to live in it" or

"Don't burn my future" were some of the messages.

Fines said showing up for the climate strike is vital and she wanted to join youth from around the world to protest to protect our future.

Opposition NDP leader Wab Kinew made the rounds of strikers, stopping to speak with Riverton and Gimli students as they listened to youth speakers and Indigenous environmentalist Clayton Thomas-Muller and chanted in unison for politicians to respect the earth.

Kinew told the *Tribune* that climate change is a "huge" priority for his party, and it will be pressing Premier Brian Pallister to meet emission reduction targets.

"The concern I have is with Mr. Pallister getting re-elected and us knowing that we only have 11 years to tackle the climate crisis. We'll really only have seven years once he's done his term because I don't expect Mr. Pallister to do anything," said Kinew.

"We're going to push him hard to reduce emissions and to help meet the Paris climate accord targets."

Emberley found Thunberg's message to be very impactful and emotional.

"It was very brave of her to speak out in front of such important people. I think this message has made more young people learn about climate change.

"I want to learn what I can do every day to help the environment," said Emberley.

# Join us for Prime Rib Dinner Saturday, October 12

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## Cars and banks, but not beef

By Evan Matthews

All right, let's do this one more time for those who haven't been made aware.

Manitoba, but the Interlake more so, is experiencing a state of agricultural disaster.

Despite the recent rain, the season is too late to save.

The dry season has resulted in a shortage of feed for beef producers to feed their herd, a skyrocketing price for what little feed is available, and a plummeting cost associated with cattle sales.

The best hope resulting from recent rain is that the added moisture propels farmers into next season with a good start and optimism.

What farmers need, collectively, is two-fold.

The first need is farmers are in need of financial relief due to the past two years and the moisture and resulting feed shortage, 2018 and 2019. That's the ask.

Hopefully next season is better, but if the weather doesn't co-operate, farmers are asking for more effective aid programs so this situation doesn't happen again.

That's the second need, simply, a review of the current funding programs like Agro Stability, Crop Insurance and Livestock Price Insurance.

Though change is slow and takes pa-

tience, we know the provincial MLAs Derek Johnson and Ralph Eichler are having conversations with local farmers.

This is in addition to having the Manitoba Beef Producers Association and Keystone Agricultural Producers at the table.

But where is the federal attention on this issue?

In 2009, CBC reported that support from various government agencies to Canadian banks totalled \$114 billion at its peak.

That's a lot of money to bail out an industry, yet the federal government saw a need to save a Canadian industry during economic recession.

In the same year, the *Globe and Mail* reported a \$13.7-billion total investment by the federal government into Ford Motors and General Motors to save the Canadian automotive manufacturing industry.

Granted, the *Globe and Mail* reported roughly \$10 billion of that was returned in the end, but we're talking about billions in taxpayer dollars shelled out to giant companies.

Yet, for some reason when we talk about the beef production and/or agricultural industries in Canada, the government wants to drag its heels about funding relief.

But the farming industry is in that "billions of dollars" ballpark.

In 2017, the cattle industry generated \$8.9 billion in farm cash receipts, according to the Canadian Cattlemen's Association (CCA).

Farm cash receipts include revenues from agricultural commodity sales, government agencies program payments, and payments from private crop and livestock insurance programs.

Over the period 2013-17, cattle and calves have been the largest revenue maker for farms, according to the CCA, and the 2016 Ag Census identified 60,000 farms in Canada deriving more than half their income from beef production, with 84,740 operators.

That is a lot of money involved and a lot of people (operators) affected.

Why is the government hesitant to save the beef production and agricultural industries in Manitoba?

This is without mentioning that most farmers will inject funding relief right back into their farms for long-term sustainability.

The situation is as dire for Manitoba farmers now as it was for banks and for the automotive manufacturing industries.

Unless something changes soon, a lot of farmers are about to leave the industry and maybe even their communities.

Let's hope the realization sinks in soon.

## Manitobans reminded minimum wage will increase Oct. 1

Submitted by Manitoba government

The province reminds Manitobans the minimum wage will increase by 30 cents to \$11.65 on Oct. 1, Growth, Enterprise and Trade Minister Blaine Pedersen said.

"We continue to provide predictable and sustainable increases to

Manitoba's minimum wage, which achieves the right balance benefitting both employees and employers," said Pedersen. "Regular minimum wage increases improve wages for working Manitobans and provide predictability for small and medium-sized businesses that is consistent with Mani-

toba's Consumer Price Index."

Pedersen confirmed the increase of 30 cents per hour will raise the current minimum wage to \$11.65 from \$11.35 and ensure that Manitoba remains competitive with other prov-

Continued on page 7

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# get informed

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



TRIBUNE PHOTO BY JO-ANNE PROCTER

New Life Church volunteers helped with the Stonewall townwide litter clean up and were responsible for Hwy. 236 south of Stonewall. Tim Hortons and Take Pride Winnipeg sponsored Team Up 2019 to Clean Up last Saturday. Pictured left to right, Derek Kaemingk, Dominick Kaemingk, Austin Enzelberger and David Moffat

## Province celebrates 10th annual Provincial Hunting Day, Sept. 28

By the Manitoba government

The Manitoba government is recognizing Provincial Hunting Day by ensuring safe and sustainable practices are encouraged as people new to the activity learn to hunt, Sustainable Development Minister Rochelle Squires announced Friday.

"Manitoba is home to an incredible, diverse array of wildlife that is valued by many families and communities across our beautiful province," said Squires. "Hunters play an important role in protecting our environment and managing the province's game species, and we are pleased to renew our partnership with the Manitoba Wildlife Federation to provide access to hunter education for all Manitobans."

The Manitoba Wildlife Federation (MWF) has been providing hunter education for many years and the renewal of this agreement means they will continue to offer this important service for another five years. Since 1969, anyone wanting to buy a hunting licence has been required to have hunter education training.

The program teaches students hunter ethics and responsibilities, hunting laws and regulations, firearm safety, and other topics that promote safe and lawful hunting in Manitoba.

"The Manitoba Wildlife Federation is thrilled to continue to deliver the hunter education program in partnership with Manitoba Sustainable Development," said Chris Heald, executive director of the MWF. "This stable funding ensures all Manitobans have access to proper firearms safety training and hunter education to become safe, ethical and responsible hunters."

The MWF held a number of events leading up to celebrate Provincial Hunting Day, which included a mentored hunt, game cleaning demonstrations and information on the hunter education course. More information on hunter education is available at [www.mwf.mb.ca](http://www.mwf.mb.ca) or for general Manitoba hunting information, visit the Manitoba Hunting Guide at [www.gov.mb.ca/sd/pubs/fish\\_wildlife/huntingguide.pdf](http://www.gov.mb.ca/sd/pubs/fish_wildlife/huntingguide.pdf).

## > MINIMUM WAGE, FROM PG. 6

inces. This adjustment is based on Manitoba's 2018 inflation rate of 2.5 per cent, rounding up to the nearest five cents.

The minister noted the government continues to take action to make life more affordable for Manitobans, including the reduction of the PST to seven per cent from eight percent, effective July 1. This broad-based tax cut benefits all Manitoba households and businesses, with an estimated total savings of \$325 million in the first full year and growing in each subsequent year, he added.

Manitobans also continue to benefit from the indexation of the basic personal amount and the provincial income tax brackets. Since indexation began

in 2017, almost 8,000 lower income Manitobans have been removed from the tax rolls and the cumulative maximum tax savings from the 2017 tax year to the 2019 tax year is \$253.

"We will build on the success we have achieved in our first term of office and continue to move Manitoba forward on a path toward a better, brighter, more affordable future for all Manitobans," said Pedersen.

The province plans to introduce legislation this year to begin implementation of the 2020 Tax Roll-back Guarantee, which will save an average Manitoba taxpayer \$2,020 once the measures are implemented, the minister said.

Information on the minimum wage and other employment standards is available at [www.gov.mb.ca/labour/standards](http://www.gov.mb.ca/labour/standards).

## worship

with us > FAITH

### Michael et al

This last Sunday, Sept. 29 was the day set aside to commemorate St. Michael and those mysterious beings which Scripture calls "angels," a name which comes from the Greek word for "messengers."

Many people feel themselves to be attended by healthful spirits — swift, powerful and enlightening. Those spirits are often depicted in art in human form, with wings to show that time and space do not contain them, with swords to signify their power, and with dazzling raiment to represent their ability to enlighten faithful humans. Of the many angels mentioned in the Bible, only four are called by name: Michael, Gabriel, U'riel and Pa'pha-el. In the book of Revelation, the Archangel Michael is presented as the powerful agent of God, who wards off evil from God's people and delivers peace to them at the end of this life's mortal struggle.

While many find it difficult to accept the existence of angels, Christians in the Nicene Creed confess that God has created all that is, seen and unseen. Entertaining the possibility of angels may be one way of acknowledging the sheer diversity of life, visible and invisible, that God has ordained in creation.

Angels have come to be known as intermediary spirits which make contact between God and human beings possible. Thus in Jacob's Dream (Genesis 28:10f), the angels are ascending and descending the ladder between heaven and earth. The angels prepare the way for God to appear beside Jacob and to make with him a covenant of a promised land and of innumerable descendants through whom God will bless all the peoples of the earth.

Perhaps day set aside in the name of Michael and All Angels can remind and encourage us to seek a final reconciliation with God and each other. As people of faith, we need not be afraid, but can trust that the forces of darkness will not overcome us, and we are called to live and work together with God.

As we celebrate the feast of St. Michael and All Angels, we can give thanks for those invisible and intangible aspects of our faith which can be so important, yet which are all too often neglected. And we can pray that the angels which guide and protect us may lead us into deeper faith, abiding hope and all-embracing love.

Finally, we may wish to note that if we define angels as "messengers of God in the world" then we are all called to be angels — supporting the work of God in the world. For the whole ministry of angels of all kinds and in all dimensions, thanks be to God!

Submitted by The Rev. James Bardsley  
Anglican Church of the Ascension, Stonewall  
Member of the Stonewall and Area Ministerial Association.



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## Catching buried treasure in Lake Winnipeg

Hi gang.

Usually when we go fishing, other than landing a fish or two and enjoying the outdoors, it's a pretty relaxing affair. That is not the case with the stories our fellow anglers shared last week.

On Saturday, when wandering up and down the banks of the Red River by Selkirk, I came across a father and daughter duo that has enjoyed fishing together for years. Ian Keating, a thinner, grey-haired chap with a kind face and cordial nature, was standing beside his daughter, Carly, who had long, dark hair and strikingly fine features.

"How are you doing, Arnie? We're from Stonewall and read your column in the *Tribune* all the time."

"Well, thanks," I remarked. "Would you have a fishing story for us?"

"Yes, I do," he said as he glanced at the end of his rod, checking for movement that might indicate a bite.

He turned to me, smiling, and went on describing how when he was fishing at Anama Bay where the Dauphin River flows into the Lake Winnipeg north basin and he got a strike. His catch lay on the bottom so he turned his boat with the current to help bring it up. It worked.

From the depths, an old wire spring mattress emerged to the surface loaded with over 100 Canadian Wigglers, Lazy Ikes, June Bugs and other lures other anglers had lost. Ian estimates he came home with at least \$400

worth of lures!

"We love fishing so much," Carly chimed in. "We pull dad's van up to shore when there's snow on the ground, open the sliding door, turn on a small heater and fish from the van!"

Earlier last week I met an exceedingly nice lady, Crystal Power from St. Vital. She said she hadn't fished at all until she met and married Kevin Power last year. I found Kevin to be a big, fun-loving active guy who lives to fish. Crystal's kids nicknamed him the "master caster" — that is until rookie Crystal started catch more fish than he did. To add insult to injury, she landed the catch she's holding in this week's picture, while later Kevin only caught and released two pelicans and a loon! He was not a happy man!

At 12 years old, tiny, slim Loene Valgardson loved to skip about the streets of Gimli. Her blond hair in ringlets bounced about as she met and passed the time with town folk, most of whom she knew or was related to. On a sunny Father's Day, the family bought her dad "Zeke" a lovely new fishing rod. Zeke, being of Icelandic heritage, was very loving of the family's children. When little Loene asked dad for his rod to go fishing with, he gave it freely. Off she went to the end of the Gimli pier.

Standing on the rocks, she baited her hook and cast out. It was in the nature of bright and happy Loene to talk with whomever happened to be near, causing her not to mind the rod.

Suddenly it was gone from her hands. She stood stunned, her mouth gaping as she stared at the rolling, grey waves devoid of any sight of her father's rod. Dad would be so upset. She burst out crying, shaking, out of control. Wiping tears from her eyes and face, she began running back up the pier to the first street where her Uncle, Norman Valgardson had his Lake and Steak Restaurant.

Her mind raced with fear. Uncle would know what to do. She threw herself against the squeaking screen door of the café. She ran down the long, narrow aisle with counters and stools on one side and booths on the other. The aroma of breakfast bacon, eggs and toast cooking filled the air. At the end of the aisle, Loene burst through the swinging half doors to Uncle Norm in the kitchen. He was a fit man with short, light hair and a half-smiling round face that made you feel you were his friend the moment you met him. Dressed in a white short-sleeved shirt with a white apron tied at his waist, he stood over a large smoking grill, his quick hands guiding spatulas and egg covers as he prepared orders.

"Uncle Norm, what am I going to do? I lost Poppa's new rod. He is going to be so mad," she cried out.

Norm, a quiet-talking man, looked at her for a moment and then said, "Don't worry, little girl. We'll go talk to dad."

Then from the screen door entrance



TRIBUNE PHOTO BY ARNIE WEIDL

Crystal Power of St. Vital with her catch from the Red River by Lockport.

they heard a man call out, "Is that little girl who lost her rod here?"

Loene and Norm looked down the long restaurant aisle and saw a tall, slim, grey-haired chap holding Loene's rod and a huge pickerel still on the hook! He smiled, walking to Loene.

Her eyes reached up to his face as she said, "Please keep the fish and let me have dad's rod. I'll give it back and he will never know I lost it!"

To this day, Norman and Loene have kept their secret — until now!

See you next week. So long, my friends.

## Support available for dementia caregivers

By Jennifer McFee

Dementia can be a difficult topic to broach, but resources and support are available for caregivers close to home.

On the fourth Tuesday of every month at 10 a.m., community members gather at the Stonewall Hospital for the Care Partner Support Group.

"It's basically for anybody who's caring for a person with dementia. It gives them an informal support network made up of people who are going through very similar things. We know that dementia really looks different for everybody," said Samantha Holland, the Interlake/Eastern regional co-ordinator for the Alzheimer

Society of Manitoba.

"It gives them a chance to share and get things off their chest and really have that emotional support. That's so important, especially in caring for someone with dementia because it can be very stressful. Every day can look different, so it's really good for them to have that outlet and have a connection with someone from the Alzheimer Society."

In addition to hosting the monthly caregiver gatherings, Holland also said that she is available for verbal support, to answer questions or to provide people with additional resources.

On Nov. 9, a workshop called Living with Dementia: First Steps will take place at the Gordon Howard Centre (384 Eveline St.) in Selkirk from 9 a.m. to 3:30 p.m. Topics of discussion include an overview of dementia, financial and legal matters, community resources and home care. The cost is \$15 per person, which includes lunch, refreshments and resources. Anyone who is interested should register as soon as possible by emailing Holland at [alzne@alzheimer.mb.ca](mailto:alzne@alzheimer.mb.ca) or calling 204-268-4752 or 1-800-378-6699.

Also in Selkirk, the Minds in Motion program is geared for people with early to moderate symptoms of

dementia to can attend with a family member or friend. Participants can engage in physical activity, socialization and cognitive stimulation alongside others who are living similar experiences. This two-hour weekly program runs for eight weeks from Wednesday, Oct. 16 to Wednesday, Dec. 4 from 1 to 3 p.m. at the Gordon Howard Centre. The cost to register is \$65 per pair.

For more information about Minds in Motion, contact program manager Kathy Diehl Cyr at [mindsinmotion@alzheimer.mb.ca](mailto:mindsinmotion@alzheimer.mb.ca) or 204-943-6622 or

Continued on page 9



# Community members volunteer for town-wide litter cleanup



TRIBUNE PHOTOS BY LANA MEIER

A record number of community members gathered at the Quarry Park Heritage Arts building this past Saturday to take part in #CleanCanadaTogether. Just over 70 volunteers, including members of the New Life Church, Stonewall Girl Guides, Sparks, Brownies, Pathfinders, Rangers and Beavers helped clean up Stonewall. Many of these youngsters were fulfilling their promise, "To do my best, To be true to myself, To my God, and my country, and the country in which I live, To help others." Volunteers were treated to a barbecue lunch cooked by Karl Daher.

## > DEMENTIA, FROM PG. 8

visit [www.alzheimer.mb.ca/mindsinmotion](http://www.alzheimer.mb.ca/mindsinmotion). To register, contact the Gordon Howard Centre at 204-785-2092.

Stonewall resident Yvonne Jansen runs another support group for adult children of people with dementia or any other chronic illness. Her group meets every third Thursday at the Stonewall Hospital's multipurpose room from 6:30 to 8:30 p.m.

"No one's going to get turned away. It's just to talk and network. It's about sharing and realizing that you're not alone in your struggles. It's a place to vent and know that it's OK to be frustrated and angry," she said.

"It's a nasty disease and it's only going to get worse because we're living longer and there are no places to go. The days are gone when people stayed home and took care of their elder people. We really need to make some changes and it has to be as a community."

The monthly meetings are informal and all are welcome to attend.

"They can come and listen. They can come and partake. People can come and talk about what their day, week or month has been like," she said.

"Not everybody is there because their mom or dad has dementia. It could be Parkinson's or something else. As long as you're a caregiver and needing support, you are welcome."

She notes that the Alzheimer Society puts together Telehealth sessions, which Jansen will offer using a new machine with improved sound and picture clarity.

The first session, which focuses on the progression of dementia, will take place on Tuesday, Oct. 15 from 6:30 to 8 p.m. in the Stonewall Hospital's multipurpose room.

Then on Nov. 5 from 6:30 to 8 p.m., the session will focus on understanding changing behaviours in people with dementia.

"The sessions are open to anybody, so you can bring your wife, your husband, your sister, your brother, anyone," Jansen said.

"This town is only going to have more and more dementia, and unfortunately we're seeing it younger and younger. It's not just an elderly disease anymore. You're starting

to see a lot of early onset. We really do need to take the stigma off of folks with dementia. It's a tough disease and there's a lot of support and understanding and education that needs to be given."

According to the Alzheimer Society of Manitoba ([www.alzheimer.mb.ca](http://www.alzheimer.mb.ca)), more than 23,000 Manitobans are currently living with Alzheimer's disease or another dementia. By 2038, this number is expected to reach more than 40,700. In addition, 56 per cent of Manitobans are im-

pacted by dementia because they have a family member or close friend with the disease.

"IT'S A NASTY DISEASE AND IT'S ONLY GOING TO GET WORSE BECAUSE WE'RE LIVING LONGER."

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# Annual Meadows fall supper tradition continues

By Becca Myskiw

Over 450 people filled the Meadows hall last Sunday for their annual fall supper.

Fall suppers have been a Manitoba tradition for years. They bring members of the community out to one place for an evening and give them the chance to eat and share together.

The fall supper at Meadows has been a tradition for over 20 years. It's 100 per cent volunteer-made, with every ounce of food sponsored by a family or cooked in a community member's kitchen.

They serve the traditional Thanksgiving supper with turkey, meatballs, cabbage rolls, stuffing and a wide selection of pies for dessert including apple, lemon and, of course, pumpkin.

The Meadows fall supper has two sittings. The first one was at 4:30 p.m. and the second at 6:30 p.m. For each sitting, people buy tickets ahead of time and volunteer Crystal Jochum said it's so people aren't rushed or crowded.



Madeline Boonstra volunteered at the fall supper on Sunday serving pies.

Volunteers prepared the meal ahead of time and along with the sit-down meal, they packaged 50 take-home meals on Sunday.

The supper is the biggest fundraiser of the year for the Meadows community club. The money raised goes to



TRIBUNE PHOTO BY BECCA MYSKIW

This fall supper serves over 500 people, including take-out and sit-down meals.

maintain and upkeep the hall.

If you missed this fall supper, you can still attend Grosse Isle on Oct. 6

and Woodlands on Oct. 14. No reservations are required.

## Arnes Farmer's Market brings produce from all around Manitoba

By Becca Myskiw

Bitter winds and little sunshine didn't keep people away from the Arnes Farmer's Market last weekend.

The market runs from May long weekend until Thanksgiving and has countless vendors selling vegetables, fudge, crafts, baking, books and other trinkets. The market is located between Arnes and Gimli on highway 222 and is hard to miss thanks to the many log cabin-looking vendor spots scattered across the property.

Tracy McClintock of Stonewall has been at the Arnes Farmer's Market for the past three years selling fresh vegetables. Her business "Tracy the Veggie Lady" spends seven days a week all summer travelling around Manitoba.

McClintock sells vegetables in Thompson on Monday, Lundar on Tuesday, The Pas and Cranberry Portage Wednesdays, Flin Flon and

Snow Lake Thursday, Teulon Friday and Arnes on Saturday and Sunday. McClintock also takes her vegetable trailer to Lockport on Sundays.

"It's all about bringing farm fresh vegetables to the people," said McClintock.

Tracy the Veggie Lady started six years ago after McClintock had a "cancer scare." She said it pushed her to grow her food, so she knew where it came from and knew it was healthy.

"If you can't grow it, you shouldn't eat it from a box," she said.

McClintock and her brother took over a field in Stonewall where she now grows almost everything she sells. She planned to just sell her vegetables from there, but when her brother was transferred to The Pas for work, he said there was a need for fresh produce there, so she took her business up north.

Now, McClintock has two trucks and



TRIBUNE PHOTO BY BECCA MYSKIW

Tracy McClintock became "Tracy the Veggie Lady" six years ago and travels around the province throughout the summer.

trailers on the road. Her team is made up of five people who plant, grow, pick and sell with her, but sometimes crops fail and McClintock has to get

produce from other growers in the area.

"We all work together as growers," she said. "To market fresh vegetables around Manitoba we have to share the work because we can't grow it all."

McClintock said it's been a challenging year with extreme heat and drought, so working together was important. Now, the vegetables are stressed because it's too wet and she can't get on the field to get the rest of her crop off. With the frost Friday night too, McClintock said she's almost sure this season is over now.

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# Seniors Resource Council seeks board members

By Jennifer McFee

The South Interlake Seniors Resource Council got a boost to its equipment lending service thanks to a grant from the Interlake Community Foundation.

Resource co-ordinator Darcy Freudenberg said that the organization was able to buy three new wheelchairs with the \$1,320 grant. The need is evident, since one of the new wheelchairs is already out on loan.

"We get lots of donations all the time for our equipment lending service, but wheelchairs are not one of those things we ever get donations for. Ours were getting really rough looking," she said.

"So we had gone to the community foundation and asked for a grant to buy some wheelchairs and that's what we did. We are very grateful for their support."

The equipment lending service is available to anyone in the area, regardless of age. All that's required for a short-term loan of up to three months is a refundable \$20 cash deposit. In addition to wheelchairs, other available equipment includes canes, walkers, crutches, bath chairs, bed rails, leg lifters, floor-to-ceiling poles and more.

"It's for anybody in the community. It's a really busy service," Freudenberg said. "During the school year, we find that there are always lots of parents coming in to get crutches for their kids."

The South Interlake Seniors Resource Council serves the communities of Stonewall, Rosser, Woodlands and the southern part of Rockwood. The purpose is to offer services to seniors and those with disabilities in an effort to help them remain

independent, safe and comfortable in their homes.

New board members are needed, Freudenberg added. Meetings are held once a month, except during the summer.

Volunteer drivers are also in high demand for the transportation service, particularly in Stony Mountain. Through this service, volunteer drivers take people to appointments or other destinations. A rate schedule outlines the amount needed to reimburse drivers for the cost of gas.

In addition, referrals are available for fee-for-service workers to help with housework, yard work, snow removal, house repairs, laundry and more. At-home hair care is another available service.

Regularly scheduled friendly visits can be arranged with volunteers to share time with someone who might benefit from having a chat, sharing hobbies, reading aloud from newspapers or playing games.

As well, for those who live alone, they might benefit from a daily Telechek phone call to provide a little cheer and reassurance.

Victoria Lifeline, a personal response system that connects to emergency services with the push of a button, can be installed and maintained by volunteers. A required installation and monthly fee is payable to Victoria Lifeline.

Through South Interlake Seniors Resource Council, Emergency Response Information Kits (E.R.I.K.) are also available. These plastic folders attach to your fridge with magnets, containing important information in case of emergency.

The organization also operates a Meals on Wheels



TRIBUNE PHOTO BY JENNIFER MCFEE  
Darcy Freudenberg and Corinna McMillan showcase two of the new wheelchairs at SISRC.

program in the community. In addition, help is available for filling out difficult forms and provide information on sources for a variety of situations.

For more information or to get involved on as a board member or volunteer, call 204-467-2719, visit [www.sisrc.ca](http://www.sisrc.ca), email [sisrc@shaw.ca](mailto:sisrc@shaw.ca) or drop by in person at 144-622 Centre Ave. through Entrance 4 at the Lions Manor.

# Teulon Rodeo club gives back



TRIBUNE PHOTO SUBMITTED  
Teulon Rodeo Club member Don Bean, middle, presents Nancy Dumas of the Teulon & District Seniors Resource with a cheque for \$300 on Sept. 20 at the St. Cyprian Anglican Church community barbecue. The donation is to thank and give back to the council for their support, volunteering and equipment loan during the rodeo this past August. Pictured left to right: Barbara Semchuk, Carmen McDonald, Don Bean, Nancy Dumas and Barb Mankewich.

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# WCI student receives grant to serve breakfast

By Jo-Anne Procter

Breakfast is the most important meal of the day, and Warren Collegiate Grade 12 student Abby Procter is on a mission to see that fellow classmates are listening.

Last year Procter did a project on mental health in teens for a project-based learning assignment.

"Some students are choosing not to eat breakfast. They don't have enough time or sometimes they can't afford it," she said.

Procter applied for and was successful in obtaining a grant through President's Choice for \$800 to subsidize breakfast throughout the year.

She plans to serve a school-wide breakfast every two weeks, which she hopes will also increase community bonding within the school.

The grant was set up for breakfast four times per week. There will also be granola bars and other smaller items

throughout the week.

Procter told the *Tribune* that mental health interests her as it matters to everybody.

"You just want everyone to be OK," she said.

Once Procter received the grant, she realized she would need some help with the breakfasts.

"I realized once I got the grant I couldn't do it all on my own," she said. "So I had some people offer to help."

Research suggests that eating breakfast jump-starts your metabolism and helps you burn more calories throughout the day. When you eat breakfast, you're telling your body that there are plenty of calories to be had for the day. When you skip breakfast, the message your body gets is that it needs to conserve rather than burn any incoming calories. The next scheduled school-wide breakfast will be served Friday, Oct. 11.



TRIBUNE PHOTO BY JO-ANNE PROCTER

WCI's Abby Procter serves pancakes to fellow students, from left, Tessa-Leigh Grywinski, Aidan Broadfoot, Katie Dorsch, Keon Joynt, Cody Procter and Hayden Myskiw.

## Home for the Summer program provides hands-on experience

By Jennifer McFee

It was a summer to remember for a group of students interested in pursuing a career in the health-care sector.

The Interlake-Eastern Regional Health Authority hosted 30 students through the Home for the Summer program, a joint initiative among Manitoba's regional health authorities.

Through this initiative, students benefit from hands-on clinical or site experience. Initially, the program was open only to medical students, but now the scope has expanded to include students of nursing and allied health programs. Studying either at home in Manitoba or out of the province, they need to be enrolled in a health-care training program that would fill a future need for the Interlake-Eastern RHA.

This summer, practices throughout the region hosted 17 medical students who had the chance to learn about obstetrics and gynecology, psychiatry, anesthesia, surgery and emergency medicine for two to six weeks.

In addition, 13 students participated in the fields of nursing, occupational health and safety, pharmacy and more. The minimum commitment was for five weeks.

Students applied for these paid positions, which are funded through the Interlake-Eastern RHA and Manitoba Health Care Providers Network. Preference is given to students who have a connection to the area.

Kaylee Smith of St. Laurent was glad to be chosen as one of this summer's participants. She just started a nursing program at the University of Manitoba in September, so she had the chance to complete the summer posting before jumping into her post-secondary courses.

"It was awesome. I think it was beneficial that I did that position before I started my program. It really assured



TRIBUNE PHOTO SUBMITTED

Kaylee Smith of St. Laurent participated in the Interlake-Eastern RHA Home for the Summer program.

me that this is the path I wanted to take even before starting the program," said the 20-year-old.

"Since I didn't have any clinical experience prior to starting, I did

a shadowing role. I shadowed a lot of nurse practitioners, nurses and health-care aides. I did acute care for a couple days, and I was mostly at a lot of primary care clinics. I also did some mobile wellness where we went out to communities and did mobile blood pressure and blood glucose monitoring."

Smith spent ample time working in a primary clinic in her home community of St. Laurent. She also had the chance to go as far north as Gypsumville with a mobile clinic as well as other placements in Ashern, Eriksdale, Lundar, Pine Falls, Selkirk and Stonewall during her 11-week stint.

For other students who might be interested in pursuing the Home for the Summer program, Smith encourages them to submit an application.

"I would absolutely recommend it. It's one of the greatest summer experiences I've ever had," she said.

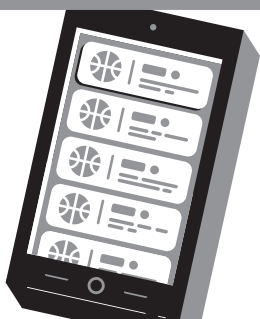
"If you do get the job or are interested in getting the job, really pay attention to your mentors. They're the ones that inspired me to do what I want to do."

This summer solidified for Smith that she is on the right career path.

"It gave me a greater understanding of the scope that nurses can do from public health to acute care," Smith said.

"I love science and I love helping people, so nursing combines those two things together. It really encompasses exactly what I want to do for the rest of my life."

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# Mother-daughter workshop focuses on empowerment

By Jennifer McFee

Mothers and daughters will have the chance to forge a deeper connection during an upcoming workshop called Girls Changing the World.

Emotional health coach Tracy Thibodeau will host the workshop on Sunday, Oct. 6 from 1 to 5 p.m. at Canad Inns on Pembina Highway in Winnipeg.

Thibodeau, who lives in the Teulon area, has hosted seven similar events in Winnipeg over the years, as well as additional events in Regina and San Antonio, Texas.

The annual community-focused workshop focuses on uplifting, connecting and empowering girls.

"It's geared for girls age nine to 14, but some moms will bring an eight-year-old knowing that they're ready to have a talk about their feelings in meaningful ways," Thibodeau said.

"We get them to explore some of the emotions that they have. We also open up conversations where moms break out into groups and talk about some of their experiences. Girls will also break out into groups and share their stories and experiences."

As a mom of three girls ranging in age from eight to 14, Thibodeau knows from experience how important it is to nurture that special mother-daughter relationship.

"It's a passion project of mine that I started in response to bullying that was happening. I felt like I needed to do something to help girls have the language," she said.

"Stuff will come up about girls being mean or being picked on or saying things that you didn't mean or feeling sorry and not knowing how to apologize. We talk about where feelings come from and helping them have healthier ways to express them."

To bolster the overall bonding experience, Thibodeau suggests that moms might want to make it a weekend retreat by booking a night or two in the hotel.

Special guest Jolee Lesperance will also be on hand to teach attendees a warrior dance.

"When they leave, moms and daughters have a shared language, a way that they can call each other out," she said.

"Moms are also capable of big emo-



TRIBUNE PHOTO SUBMITTED

Tracy Thibodeau, seen here with her three daughters, will host a workshop on Oct. 6 for moms and daughters.

tions. We build a kind of little accountability or coaching partner in your own home so you can help each other."

The cost is \$99 for a mother-daughter duo to attend the workshop. For more information or to register, visit [www.GirlsChangingtheWorld.com](http://www.GirlsChangingtheWorld.com)

# ISD students recognize that every child matters

By Jo-Anne Procter

There was a sea of orange in the gymnasium at Stonewall's Ecole RW Bobby Bend School last Monday.

Students and staff throughout the Interlake School Division wore orange on Sept. 30 as a symbol of remembrance and support for residential school survivors.

'Orange Shirt Day' stems from the experience of Phyllis (Jack) Webstad, whose orange shirt was taken away on her first day of residential school. As a result, she was left to deal with feelings of worthlessness and insignificance.

David Robertson, a member of Norway House Cree Nation, and award winning author paid a visit to the local elementary school to share some of his writings about Indigenous Peoples and to reflect their cultures, histories, communities and to read his book 'When We Were Alone'.

The book tells of a young girl helping her grandmother tend to her garden. She asks her grandmother many questions such as why does her grandmother have long braided hair and wear beautifully colored clothing, why she speaks another language and spends so much time with her family? Her grandmother tells the young girl



TRIBUNE PHOTO BY JO-ANNE PROCTER

Left to right, Katie H. and Sophie F. asked David Robertson what they as a school community could do to help with reconciliation.

about life in a residential school where everything was taken away. 'When We Were Alone' is a story about a difficult time in history.

Robertson explained to students that at a time in history his ancestors were forced to change when they were sent to Residential Schools. They were stripped of their language, their families, and their culture. They were

forced to cut their hair and wear uniforms. They wanted them to be like everyone else.

"It doesn't matter, whether you're non-Indigenous or Indigenous, knowing this history and all these stories, helps us understand who we are and to move forward better together," Robertson said.

He explained that regardless what

cultural background you are, the more you know your parents and grandparents and their lives, the more you will understand your own life.

He told students that Sept. 30th is a time to remember the thousands of children that didn't get to be who they are.

"What we can do, is when remembering them we can change things. We want to learn as much as we can, so we don't do the things that happened in the past."

"Be honest with yourself," he urged students. "Respect and love yourself for who you are. Everything that makes you different, makes you sacred."

"Everybody is different and unique and we want to respect those differences. We want to value each other for who we are."

He suggested students learn as much as they can, read a lot of books, ask a lot of questions.

"You can make a greater change by learning, you can teach others" he said.

"As kids you have a great responsibility and power to educate and be change makers in your communities and in this country."



# Family Foods celebrates 10 years with in-store specials and bbq



TRIBUNE PHOTOS BY LANA MEIER

Left photo: Jersey Dobson chats with Frozen's Princess Elsa at Family Foods in Stonewall on Saturday. Middle photo: shoppers enjoyed a complimentary hamburger or hotdog barbecue lunch to celebrate the store's 10 years since opening its doors at Centennial Plaza. Shoppers enjoyed many in-store specials along with free samples. Right photo: Maverick Ritchie was excited to meet Spiderman.

## Activities abound at TCI

### Staff

Staff and students at Teulon Collegiate Institute donned orange shirts on Monday as a way to remember a slice of Canada's history.

On Sept. 30, Orange Shirt Day focuses on the theme that Every Child Matters. The symbol stems from the experience of Phyllis Webstad, whose orange shirt was taken away on her

first day of residential school. As a result, she was left to deal with feelings of worthlessness and insignificance. Webstad started Orange Shirt Day to teach people about residential schools while also fighting against racism and bullying.

TCI students started their day with an assembly in the morning and participation in a blanket exercise. Then

in each class, teachers shared short lessons to generate discussions.

Last week, TCI hosted its Terry Fox Run with a goal of raising \$2,500 to bring the school's overall total to \$30,000 raised over the years. If this target is achieved, school principal Paul Magnan will have his hair dyed hot pink by the student who brings in the most pledge money.



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**QUARRY**  
PHYSIOTHERAPY  
AN inMotion CLINIC



TRIBUNE PHOTO SUBMITTED

Teulon Collegiate students celebrated Orange Shirt Day on Sept. 30.

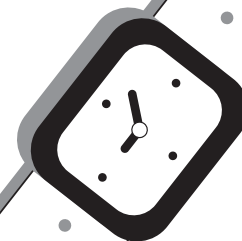
## Golf Ball Drop

The Teulon Rockwood Recreation Commission was not able to host the Golf Ball Drop on Saturday, September 21, 2019 due to the weather.

**Prairie Helicopters will be able to do the drop on Saturday, October 5, 2019 at 11:00 A.M. in the Teulon Elementary School playground.**

Hope to see you there.  
Come and see if your golf ball is the lucky one. This year's winner will receive \$2,267.00.

IS THE  
STORY  
TIMELY?



www.SPOTfakenews.ca



# Stonewall RCMP warn of counterfeit money scam

## Staff

Stonewall RCMP is urging business owners to be vigilant after receiving recent reports of counterfeit \$20 Canadian bills that are currently being circulated in Stonewall.

The first counterfeit bill was reported last week when they it was used at the Rockwood Motor Inn. A few days later, a second report was made at Co-op.

The bills have similar identifying marks indicating they are fake.

The bills are printed on paper.

The bills are the same size.

There is no lifted braille on the bill.

The Canadian leaf found on the corner of the bill is white. On legal currency, it should be transparent.

The hologram on the bill has been removed and one with Chinese writing has been attached to the counterfeit bill.

The contour around the hologram part of the counterfeit bill is "cut out" in order to insert a hologram from a

real Canadian dollar bill.

The matching serial number under the Vimy monument is missing

There is a double broken line on the top left corner that doesn't belong.

The RCMP is reminding local merchants and their employees to examine and verify all currency that is given to them and to report any suspicious bills to their local RCMP detachment.



TRIBUNE PHOTO SUBMITTED

Real \$20 bill, top, and Counterfeit money, below.

## Free Family Yoga with Heather McDermid

Green Acres Art Centre, Teulon  
October 18th & 25th, 2019  
November 1st, 8th, 15th, 22nd, 2019  
9:30 am - 10:30 am

Parent with Child(ren) Program - Birth to 6 years old  
A playful partnership of Yoga & other creative activities for parent and child.  
\*No Yoga experience necessary. Child minder available.  
Pre-Register ASAP. Limited spots available!!  
More info/register in person at GAAC on Mon, Wed, Fri 9am-3pm  
Call 204-886-3192 or  
email: gaacevents@mymts.net to make other arrangements.

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See RME Service Sales Manager for details

**11th Annual**

## Home Based Business Showcase

**Saturday, October 19**

**Stonewall Legion**  
**10am-4pm**

**FREE DRAWS**

**Over 45 Vendors**

**Admission \$1.00/person**  
**(Kids 12 & under FREE)**

**All Admission Monies go to the Christmas Cheer Board**

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Veterinary**  
**Drs. Luc and  
Neil Versavel,**  
DVM and  
**Dr. Valerie  
Millette,**  
DVM

This year's Animal Health  
Week theme is:

**Optimal Nutrition  
for Optimal Health!**

Check out our Facebook page  
(@equitechvet) as we highlight  
key health messages during  
Animal health Week.

**Just minutes North of Stonewall  
on the South West corner of  
Highway 7 and Road 79 N  
(204)-467-2083**



**OPTIMAL  
NUTRITION  
FOR  
OPTIMAL  
HEALTH**  
**ANIMAL HEALTH WEEK**  
**October 6 to 12, 2019**

The CVMA is proud to have celebrated  
Animal Health Week across the country  
for more than 30 years.

From **October 6 – 12, 2019**, CVMA  
will showcase the **importance of  
nutrition.**

This year's theme is **Optimal  
Nutrition for Optimal Health** and  
is an opportunity to remind animal  
owners about the importance of  
seeking professional advice regarding  
what and how much they feed their  
animals based on species, age, and  
overall health. Eating a balanced diet  
is as important for our pets, livestock,  
and other animals as it is for us. Proper  
nutrition can help set the stage for our  
animals to live healthy lives.

During this Animal Health Week,  
we're reminding animal owners:

- **Optimal nutrition** is central to  
**optimal health** and well-being.

- **Diets must be appropriate**  
for species, breed, age, and health  
status of an animal.

- **Portion control** is of utmost  
importance – obesity is a leading  
cause of illness and premature  
death in overfed animals. Obesity  
has other effects as well: high blood  
pressure may develop, increased  
risk of arthritis and spinal disc  
problems, tend to be less able  
to fight off infectious diseases,  
prevalence of skin problems is 40  
per cent higher in overweight dogs,  
and diagnosis of health disorders is  
more difficult in obese pets.

- All diets, prepared commercially  
or at home, must be formulated  
with **appropriate balances of  
essential nutrients** as required by  
your animal.

- **Speak to your veterinary team**  
for advice on types and amounts of  
food your animal needs.

**For more information about  
this important issue you can  
go to the Canadian Veterinary  
Medical Association website at  
[canadianveterinarians.net](http://canadianveterinarians.net) or  
contact your local veterinary or  
professional pet food store.**

**Meows to Moos.  
Barks to Bleats.  
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**For the month of October schedule,  
a Nutrition Consultation with one  
of our RVTs and receive a \$10.00  
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[stonevet@mymts.net](mailto:stonevet@mymts.net) [stonewallvetclinic.com](http://stonewallvetclinic.com)

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**Celebrating Animal Health Week  
October 6-12, 2019**



# Fire Prevention Week

October 6-12, 2019

## A Salute to Our Local Volunteer Fire Departments

### RM of Woodlands

**Prairie Earthworks Ltd.**  
204-461-0815



RM of  
**Woodlands**  
383-5679

**MacKenzie**  
FUNERAL HOME  
204-467-2525

**Marquette Co-op**  
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CO-OP 204-375-6570

**Woodlands Vet Clinic**  
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small & large 383-5065

**WARREN**  
322-5556



**Warren Hardware**  
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204-322-5215

**Woodlands Physiotherapy Services**  
204-383-5465

**TUFF**  
Contracting Ltd.  
204-461-0749



RM of Rosser  
204-467-5711

Stonewall Teulon  
**Tribune**  
467-5836



Dean Campbell  
(Fire Chief)



Debbie Buchanan  
(Deputy Fire Chief)



Morley Porteous  
(Captain)



Steve Jones  
(Captain)



Chad  
Tristram



Corey  
Werbicki



Grant  
Palmer



Harrison  
Kuzmik



Kathy  
Cambell



Marilyn  
Cambell



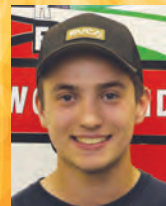
Bill  
Maclellan



Sarah  
Werbicki



Sebastian  
Vee



Torin  
Hoffman



Zack  
Enright



Colin  
Cambell

Missing: Russel Evans, Eric Simonson, Kristy Hill, Scott Atchison, Charlie Brown Leut., Russell Tully, Sarah Griffin, Brayden Weatherburn, Dorian Conley, Lindsay Conley, Kiefer Buchanan

**Open House and Pancake Breakfast on October 19 from 9:30am to 11:30 am. All welcome. School Visits during the month of October. Hope to see you all then!**



**Rosser**

Thanks to everyone who came by our Open House Sat. Sept 28 and enjoyed lunch, meeting their firefighters, and trying out the equipment & gear!

Scott Beaton, Jason Braun, Kevin Braun (Public Education), Riley Braun, Victor Braun (Captain), Kevin Field, Jared Friesen, Alex Garfinkel, Mark Hagidiakow (Public Education), Kirby Hearn, Garth Killbery, Justin Krym, Lynden Krym, Don Manchulenko (Captain), Jordan Manchulenko, Ken Manchulenko (Captain), Rob Manchulenko (Deputy Chief), Dusty Moore (Captain), Alex Morris, Jeff Mulligan, Corey Oatway, Mike Palmer (Chief), Dick Proctor, Allan Sanche, Peter Schutz, Adam Sherry, Curtis Simonson (Safety Officer), Gord Slagerman, Murray Slagerman, Nick Stratulik, Brett Thiessen, Francois Uhres, Darren Wedge, Carl Witt



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**Ralph R. Eichler** MLA for Lakeside  
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461-HEAT (4328)

**RED STAR CHINESE CUISINE**  
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**QUARRY Stonewall Dental Centre**  
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A Salute to Our Local Volunteer Fire Departments

October 6-12, 2019  
**Fire Prevention Week**



**OPEN HOUSE**

Sunday, Oct 6th 12 pm - 2 pm  
Free hot dogs and drinks. Fire apparatus demonstrations.  
Everyone is welcome.



**Stonewall Rockwood**

TRIBUNE PHOTO BY LANA MEIER

Left to right, Ryan Ritchie, Ryan Fotty, Brett Harvie, Curtis McClintock (Fire Chief), Chris Godin, Kent Fingas, Marcel Labelle, Kyle Kauk, Brian Baryliuk, Brad Ritchie, Derek Gaboury, Peter Bullivant, Brent Anderson, Colin Ballantyne, Paul Janssen, Jessie Harrisko, Ryan Frost, Derek Becker and Matt Wahoski. Missing from the photo Kevin Boughton, Danny Day, Jeff Hallock, Darrell Humeniuk, Scott James, Todd Kozokowsky, Dillon Pilot, Rick Porter, Brendan Potter, Sheldon Sokoliuk and Jason Sugimoto.



**Stony Mountain Rockwood**

Left to right: Rick Gulay, Dave Genge, Stevyn Tyler, Ryley Wytinck, Keith Roy, Kristina Colatruglio, Kevin Knap, Harry Somers, Cam Stewart, Wallace Drysdale, Chris Pilcher, Marcel Mcivor. Missing Greg Campbell, Tim Wytinck, Eric Stevens, Rob Broadfoot and Dean Crompton.  
Annual Fire Fighter's Ball on November 2nd @ the Stony Mountain Rec Centre (Dinner and Dance - Caribbean Theme)  
Tickets available from any Firefighter or at Pick N Pay Store.

**OPEN HOUSE & PANCAKE BREAKFAST**

Saturday, Oct 5th 8 am - 11:30 am

2nd Annual partnership with Rapie Relief Team (RRT) ca.rapidreliefteam.org  
Fire extinguisher training & demonstration / Door Prizes: Smoke Detectors  
Burn Fund Trailer on site to demonstrate safe evacuation procedures

**6 fire safety tips for homeowners living near wooded areas**

If you live near a forest or wooded area, you should take extra precautions to protect your home and family from fires. In addition to having functioning smoke detectors and an evacuation plan, here's what you should do.

1. Always confirm whether there's a fire ban in your region before lighting a bonfire.
2. Privilege fire-resistant construction materials such as metal, brick and stucco for building structures

3. Remove all flammable vegetation and materials (including firewood) that are within a 10-metre radius of your home. This will reduce the risk of a fire spreading from the forest to your home and vice versa. Additionally, fences and propane tanks should be kept away from the home and other buildings on the property.
4. As much as possible, privilege tree species that have a low degree

- of flammability such as birch, maple, poplar and aspen. Additionally, make sure their crowns don't touch, as this will reduce the risk of flames jumping from one tree to the next.
5. Try to collect as much rainwater as possible. You can install collection drums under your gutters and add small bodies of water to your landscaping.
6. Keep tools that could help fight a fire on hand such as long water hoses. It's also a good idea to have a

ladder that's long enough to access your roof.

If you follow these safety tips, you may be able to prevent a fire from striking. At the very least, you'll be better prepared in case one does occur.



**With gratitude we honour OUR LOCAL HEROES**

We thank all the brave men and women who make our communities a safe place to live. These people often put themselves on the line so that our lives and home may be more secure. They are the first to lend a hand in times of crisis. They are local, everyday heroes who are part of our communities.

We salute our

- Stonewall & Teulon EMS Paramedics
- Stonewall & Teulon RCMP Detachments
- Our local Volunteer Fire Departments

**Be a fire prevention hero: plan your escape route**

October 6 to 12 is Fire Prevention Week. Each year, Fire Prevention Canada endorses the National Fire Protection Association's chosen theme. This year it's Not Every Hero Wears a Cape. Plan and Practise Your Escape! This campaign is designed to educate people about the small but important steps they can take to stay safe in the event of a fire.



**Ensure smoke alarms work**  
The first step in escaping a fire is being alerted to it. There should be smoke alarms on each level of your house and one in each bedroom. Test your alarms monthly to make sure they work.

**Make an evacuation plan**  
If a building is burning, you may only have two minutes to evacuate the premises once the fire alarm sounds. Planning your escape route and practising it with everyone who lives in your home could save lives. Here's how to create an evacuation plan with your family.

- Draw the layout of your home and identify two ways out of each room.
- Ensure that evacuation routes remain clear at all times and that all family members can access them.

- Pick two meeting places: one just outside your home and another that's further afoot but still in the vicinity. This is where your family will gather in case of a fire.

- Make sure everyone knows how to call 911 or emergency services from a cellphone or a neighbour's phone.

Having an evacuation plan can mean the difference between life and death. This year, be a fire prevention hero and work with your family to create a fire safety plan. For more information about fire safety and Fire Prevention Week, visit fpw.org.

**THE MCKILLOP TEAM**  
RE/MAX TOWN & COUNTRY  
204-467-8000

**ROCKWOOD Motor Inn**  
204-467-2354  
DON'T DRIVE AND DRIVE

**PURE ELECTRIC**  
204-791-8073

**RM OF ROCKWOOD**  
204-467-2272

**Stonewall Pharmacy Ltd.**  
467-8385

**INTERLAKE SALVAGE & RECYCLING INC.**  
Stonewall Industrial Park 467-9344

**ADMIRAAL AUTO SERVICE**  
204-467-7512

**Stonewall Home Hardware**  
204-467-5589

**TOWN OF STONEWALL**  
467-7979

**DavDar Industries**  
Electrical Contractors 467-7763

**QUARRY VIEW**  
Esso  
204-467-9454

**Stonewall Tire**  
GOODYEAR 467-5595

**Pick 'n Pay**  
344-5328



# Fire Prevention *Week*

**A Salute to  
Our Local  
Volunteer Fire  
Departments**

**Hwy 17 Service**   
278-3351

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Tel: (204) 467-9482 [www.ralpheichler.com](http://www.ralpheichler.com)

**Rosie's Cafe**  
278-3358

**Stonewall Teulon  
Tribune**  
467-5836

**LA INTEGRITY AUTO INC.**  
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Service**   
204-886-3777

 **RM OF  
ROCKWOOD**  
204-467-2272

**We Salute the  
RM of  
St. Laurent**



**Volunteer Fire  
Department**

**October 6-12, 2019**

**GRAND OPENING OF THE NEW TEULON  
ROCKWOOD FIREHALL AND OPEN HOUSE:**

**SUNDAY, OCTOBER 20, 2019**

**Open House 11 am- 2 pm Ribbon Cutting 1 PM  
- Hot dogs and french fries - Fire Truck rides**



**Teulon Rockwood**

Front row (L-R) Ryan Trombo(Deputy Chief), Scott Skinner(Captain), Rey Gerardin, Perry McMahon(Deputy Chief), Robin Chestnut, Gord Chubey, Kelly Klein, Taras Derbowka(Captain), Sean McGill  
Back Row(L-R) Cory Moeller, Kyle Kearney(Pub ED), Kevin Algner(Pub Ed), Tyler Wilton, Curtis Good, Reid Campbell, Mike Rawlings, Nolan Kroeker, Chris Dawson(Chief)



**RM of Armstrong Inwood**

Left to right: Josh Slykhuis, Jonathan Zaluski, Ralph Hazelton, Kyle Hazelton, Easton Hazelton, Keifer Hazelton, Carter Hazelton, Riley Strong, Kyle Batungbacal, Clint Eskilson and Jarett Norris.

Missing: Gord Strick, Tyson Hazelton, Christopher Mott, Derek Hazelton and Wayne Hazelton.

**Not every hero wears a cape. PLAN and PRACTISE your ESCAPE!**



# National Newspaper Week

October 6 - 12, 2019

Community Newspapers effectively represent the neighbourhoods they serve and are able to target these communities like no other medium.

**73%**  
of adults read  
a community  
newspaper  
everyweek

**72%**  
of readers read  
their community  
newspaper  
for Classified/  
Employment/  
Real Estate

**77%** of women  
**78%** of seniors  
**75%** of employed  
adults  
are community  
newspaper readers



**Tanya Swanson**

~ CoChair Stonewall  
Quarry Days  
Committee

The Stonewall Teulon Tribune has continued to help our Stonewall Quarry Days festival with advertising our message and promoting our event by targeting ideal customers through creative, colorful, and detailed ads. By advertising with the trusted local newspaper, we build a positive reputation in the community while promoting our event.



**Clive Hinds**

~ Mayor,  
Town of Stonewall

In an era where facts matter less and less, while opinions and fake news rule the day, ensuring that the citizens of Stonewall are accurately informed is very important.

Having a strong working relationship with The Stonewall Teulon Tribune is vital to ensuring a relevant and accurate account of the Towns operation and Councils decisions.

The Tribune is a trusted source of information helping the Town accomplish its goal of informing its residents as well as achieving the objective of transparency.



**Alan Campbell**

~ President, Manitoba  
School Boards  
Association and  
~ Chair of the Board  
of Trustees, Interlake  
School Division

Community newspapers like The Stonewall Teulon Tribune play a vital role for school divisions across Manitoba. Newspapers represent a crucial link between locally elected school boards and their communities. Perhaps now more than ever, consistent and meaningful engagement lends to a heightened awareness among all citizens when it comes to their local public schools.

**95%**  
of readers  
read their  
community  
newspaper  
for local  
information.

**76%**  
of readers want  
to see advertising  
in their printed  
community  
newspaper.

**82%**  
of readers spend about  
the same amount of time  
or more reading their  
community newspaper  
than 2 years ago.



**Chris Luellman, CMMA**

~ Chief Administrative Officer  
Rural Municipality of Rockwood

The Stonewall Teulon Tribune is very important to our community, ensuring the local news and area information is delivered to our residents. It acts as a social thread that enables the community to be informed of what is actually occurring in their area. It focuses on community and shares the positives of what community living is all about at the same time balancing the negative stories which also affects the residents. It is also a great partner in helping the local community groups inform the rest of the area of events in support of special projects that will help improve the quality of life of the community, as a whole. I have a very strong working relationship with The Stonewall Teulon Tribune as the paper is always in support of the social clubs within the community and helps to promote events and activities, without question. The paper can always be counted on to deliver a strong unbiased story, based on facts, when reporting on municipal business, which is greatly appreciated.



**Tracey Malone**

~ Financial Advisor, Inview Insurance  
Services/The Co-operators

I believe that readership of The Stonewall Teulon Tribune should never be underestimated by small business and government alike when it comes to sending a message. I track carefully where our business comes from and although a lot is attributed to client referral, just as much is because our neighbours are reminded of us weekly and we are a natural choice. The people that are dedicated to keeping up with what's happening in their community are the clients we feel we share our values with closely and those are the relationships we are looking to create. Besides bringing in business, the Tribune keeps up to date on the important and amazing things our clients and their neighbours are doing everyday. Never an issue goes by that I don't see someone I know showcased for something wonderful they are doing. And it feels good to be a part of that.

I really want to commend the Tribune on the great job they are doing with their newspaper. I, and my family, find the quality of news, information, coverage and photos to be exceptional and the last several editions have really outdone themselves!!  
Be proud of your work!  
Eileen Wood - faithful reader  
Teulon, Manitoba

## Stonewall Teulon Tribune

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# Hundreds gathered for inaugural night market fundraiser

## Staff

The South Interlake Regional Library hosted its first ever night market last Saturday and librarian Joan Ranson said it was a big success.

"There were lots of people talking and visiting — it was great, and it was busy," she said. "When I counted at 7:30, we already had 340 people through the gate. We had lots of vendors and there was a wide variety of different products."

"We had over 500 people and raised \$5,000 for the Bookmobile! We are thrilled with the success and are so thankful for all the support!" said Ranson.

The market featured approximately 24 vendors, providing a range of goods including clothing, crafts, art and produce. Other highlights included musical entertainment, pumpkin carving and food vendors.

Ranson was excited by the turnout and was thankful the weather co-operated.

The night market was a fundraiser for the Bookmobile, which does have to be replaced this year.



Local woodcarver Peter Symchuk carved a pumpkin.



TRIBUNE PHOTOS BY LANA MEIER  
South Interlake Regional Library staff Darlene Dallman, left, Joan Ranson, middle, and Pam Palcat at the night market.



Teagan Shepard, left, Larissa Palsson, second from left, and Jellybean and the K-Mart Shoppers, middle, provided musical entertainment Saturday night.



Vendors sold everything from art, crafts, food, to upcycled furniture, health and beauty creams.

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EXPERIENCE OUR CULTURE, EXPLORE OUR HISTORY

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# Fun at the firehall

By Jo-Anne Procter

Family, friends and community members stopped in at the local firehall in Rosser last Saturday to take part in the annual Open House festivities.

Volunteer firefighters were on hand to give tours of the firehall, the fire trucks and other training vehicles and all the equipment, including the gear that firefighters wear when attending a fire or emergency call.

Children had opportunities to test

out the sirens, visit with Sparky the Fire Dog, learn how to use a fire extinguisher as well as valuable lessons on escaping a fire in the smoke-filled training trailer.

The firefighters proudly served their award-winning chili and hotdogs for lunch.

For more information on getting involved with the department, contact Fire Chief Mike Palmer at 204-791-5703.



TRIBUNE PHOTOS BY AMANDA MULLIGAN AND JO-ANNE PROCTER

Rosser firefighter Francois Uhres teaches his son Frederick how to operate a fire extinguisher.



Rosser firefighter Jason Braun and his ball team Good Wood stop at the Open House between games to test out some of the equipment.



Pictured left: Kevin Braun samples the department's secret chili recipe. Right: Brody Tully explores one of the fire trucks.



## get inspired

> MEAL IDEAS

RED  
RIVER

CO-OP

FOOD  
STORE



### Frosted Banana Cake

flour. Stir in bananas. Add baking soda and salt; mix well.

Prepare 9x13 baking pan with nonstick cooking spray. Pour batter into baking pan. Bake 20-25 minutes, or until toothpick inserted into center of cake comes out clean. Let cool.

To make frosting: In large bowl, beat cream cheese, butter and vanilla extract until fluffy. Gradually add powdered sugar. Mix until well combined.

Frost cake. Store in refrigerator until ready to serve.

2 medium ripe bananas  
1/2 cup butter, softened  
1 1/2 cups sugar  
2 eggs  
1 cup sour cream  
1/4 teaspoon vanilla extract  
2 cups flour  
1 teaspoon baking soda  
1/4 teaspoon salt  
Nonstick cooking spray

Frosting:  
1 package (8 ounces) cream cheese, softened  
1/2 cup butter, softened  
2 teaspoons vanilla extract  
3 cups powdered sugar

Heat oven to 350 F.

Peel, slice and mash ripened bananas; set aside.

In large bowl, beat butter and sugar until fluffy. Add eggs, sour cream and vanilla; blend well. Gradually add in

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### Growing Old is a Measure of Survival in Today's World

season of our lives? How much more positive to hold in consciousness those things we can look forward to as the years pass by?

There is nothing wrong with growing old! It means we have survived. It means we have had more time on this earth to experience nature, other people and our own thoughts and feelings.

Consider each new day a blessing—each year a precious gift. Can you imagine a patient with a terminal illness in his mid-fifties choosing to die rather than grow old?

I hope to live to be very, very old. That will mean sharing more of my children's lives, reading more books, listening to more beautiful music, seeing many more springs, giving more hugs, sharing more laughter, giving more love. Curse the passing years? Not on your life!

Gwen Randall-Young is an author and award-winning Registered Psychologist practicing in Sherwood Park, Canada. For information on her books, MP3 recordings and resources go to [www.gwen.ca](http://www.gwen.ca) Follow her on Facebook for daily inspiration.

In our culture, we have not learned to celebrate the aging process. Of course there is the ubiquitous emphasis on youth, with a fashion and cosmetic industry determined to counteract the 'appearance' of aging. Somehow this avoids dealing with the reality that we do age.

I once read an interview with Gloria Steinem, who just turned seventy. She said that with all her other birthdays she felt she could change the age, rather than the age changing her. Her seventieth birthday however, she says, "has the ring of mortality."

We all will, if we are lucky, see our seventieth birthdays, and more. If we spend our middle years running away from age, dreading the effects of aging, what kind of quality will there be to our lives when we become 'old'?

How much healthier it is to celebrate the gifts of each age, each



# Meet your candidates: Selkirk-Interlake-Eastman election Oct. 1



Detlev Regelsky Liberal

I have spent most of my career working in manufacturing becoming certified in numerous welding procedures and eventually assumed a leadership role in managing a weld shop. In the early 1980s I was a union organizer with the Canadian Auto Workers (CAW). I have spent most of my adult life in Manitoba and currently live in Argyle, where my wife Charlotte and I raised four children. I have always been an active volunteer in a variety of community programs for youth, especially the Cadet Leagues. Currently, I serve on the Board of Directors of a 55 Plus senior's organization. I have no previous formal political experience.

**Q. What community do you live in? How long have you lived there?**

I have spent most of my adult life in Manitoba and currently live in Argyle, where my wife Charlotte and I raised four children. I have always been an active volunteer in a variety of community programs for youth, especially the Cadet Leagues. Currently, I serve on the Board of Directors of a 55 Plus senior's organization.

**Q. What are some of the major issues that are currently impacting the constituency?**

These are among the biggest issues I'm hearing people speak about;

Childcare. One of the biggest problems facing young families in rural areas, is access to good quality and affordable day care.

2. Mental health and the opioid crisis in our communities.

3. Climate change. We live in an ecologically unique and vulnerable region. The survival and sustainability of these areas depends upon a con-

certed effort to slow and eventually reverse climate change.

4. Economic development and how we can use high speed internet and the new green economy to create new jobs

5. Last but certainly not least, is to continue on the the path of reconciliation with the Indigenous people of Canada.

**Q. What made you want to run in this election?**

That's a great question and the best answer I think is that it came to a point over the past four years where I became so concerned about the direction the world was headed in that I felt both that it was the right time, and also compelled to find a way to be part of some solutions, and to me the Liberal Party was the best match with my values and the solutions it was offering.

**Q. Have you ever run in a political election before? If so, when?**

I'm new to party politics, but as I mentioned above was very involved as a leader in the Canadian Auto Workers (CAW) in the 1980's. Thereafter I married and raised a family but remained active in community service groups. Now that my children have grown (so I tell them!), my youngest is in her last year of university, I felt the time came to get more involved in the life of our communities and country again.

**Q. Why should voters support you?**

I first noticed during my time as a leader in the CAW that I enjoyed working and interacting with people in efforts to solve problems and improve working conditions. It was then that I first realized what a tremendously enriching and satisfying experience that is. As I have been speaking and working with local residents over the past month I'm feeling that



Ian Kathwaroon PPC

passion return. So I think I have a lot to offer to the residents of the Selkirk Interlake Eastman as I also have become passionate about the things that are important to them.

I was born in Ontario to two immigrant parents. I have lived in several places in Ontario as well as The Netherlands for some time while growing up. My family moved to Winnipeg's north-end when I was a young teenager.

I attended Tec Voc high school followed by the University of Winnipeg to study education. My career led me into specializing in behaviour and addictions, which I remained passionate about as I was able to help many youth and adults. I also ran my own counseling agency for several years.

I have previous formal political experience as a candidate for the 2018 mayoral elections.

**Q. What community do you live in? How long have you lived there?**

I currently reside in Selkirk and have been here for the past 10 years. While here I have had the opportunity to explore our region's many beautiful towns and scenery. We have so much to boast about but our citizens remain humble, which makes me proud to live here.

**Q. What are some of the major issues that are currently impacting the constituency?**

We must look at basic living conditions of Canadians. With wages being frozen or increasingly low, we must fight for better financial equality like affordable housing, better "wage-to-costs" ratio and improved use of our tax dollars. We have a growing issue with mental health and homelessness in our constituency. We must ensure that here and the rest of Canada is ensuring that Canadians are looked after first, which no other party has done. Finally, I would like to do what the Conservatives and Liberals have failed miserably at, and meet with our aboriginal communities to modernize our Indian Act and bring it into the 21st century.

**Q. What made you want to run in this election?**

Where to start? Our current government is and has been simply useless and negligent to our citizens and with our taxes. We have heard the same "bovine excrement" promises and excuses our entire lives. Our history consists of 152 years of Liberal or Conservative power, but they have achieved very little.

Our government has shown time and time again, that they simply don't care about Canadians or the future, if there is a buck to be made today.

I have watched many children grow up during my career, as well as my niece, and when I look around me, I am fearful for their futures. Our grandparents fought for our freedoms and returned to demand a good life. Since then, we have let our freedoms and our rights slip. Most Canadians are currently in severe debt and our children can't afford education and homes. Do we want to be the generations that stood idly by, or the ones that demanded change?

I want to affect positive change for our children and grandchildren.

**Q. If elected, what do you hope to achieve during the upcoming term?**

In my first four years I plan to meet with our aboriginal populations and encourage our government to update the Indian Act. I plan to work for "wage-to-costs" ratio (what is earned to what is needed to live) that ensures better financial conditions for Canadians. I will encourage the assistance of Canadians prior to non-Canadians because charity starts at home. We must also look at lowering tuition fees in Canada to encourage our children to pursue education and attain good jobs. I would also like to propose improved accountability for our elected officials, who should be held to account for their "accidents" and "mistakes." I want more of our taxes to end up in the pockets of Canadians.

**Q. Have you ever run in a political election before? If so, when?**

I have run several different community boards but have formally run for office only one other time, in the 2018 mayoral elections in Selkirk.

**Q. Why should voters support you?**

I am the smart vote. If you would like positive change with someone who is willing to fight for you and your family, I am your man. I am a no-nonsense person, who will not accept watching our or our children's futures be flushed down the toilet, so that a few overpaid people can live like kings. I have a history of advocating for others. I am an honest person and won't lie to get your vote. I could promise you the world like others, but we all know that is just lies. A vote for me is a vote for yourself, your children and a better Canada. If we don't try to effect change now, then when?





James Bezan PC

Over the course of my parliamentary career, I have been a strong advocate for rural communities and the agricultural sector. I fought strongly for marketing freedom for Western Canadian farmers, ending the long-gun registry and protecting Lake Winnipeg and Lake Manitoba. As well, I have been very outspoken on the issue of Ukrainian democracy and human rights, and as a result I am banned from Russia by Putin.

I have chaired the standing committees for Agriculture and Agri-Food, Environment and National Defence. Additionally, I served as Parliamentary Secretary to the Minister of National Defence from 2013-2015, and as Shadow Defence Minister from 2015-2019.

**Q. What community do you live in? How long have you lived there?**

My wife Kelly and I live on a farm near Teulon, where we raised our three adult daughters and now spend time with our grandson. We moved here in 1987.

**Q. What are some of the major issues that are currently impacting the constituency?**

Major issues for this riding are affordability for constituents, a wet fall slowing down harvest, Trudeau's carbon tax and rural crime.

Additionally, the feed shortages which have become critical and some of our livestock producers are in serious danger of going out of business. They need a government who understands and respects their livelihood and way of life.

Also, the algae crisis in Lake Winnipeg is having a financial impact on the local economy and all levels of government need to act quickly to address the main cause – the dumping of untreated sewage into the lake basin.

**Q. What made you want to run in this election?**

I am running for re-election because Canadians cannot afford another 4 years of Justin Trudeau. He simply has to go.

**Q. If elected, what do you hope to achieve during the upcoming term?**

Our Conservative leader, Andrew Scheer has been clear about what we want to achieve if we form government. We want to make life more affordable for Canadians. We will do that by repealing the Trudeau carbon tax and implementing a Real Plan to Protect our Environment, making sure we can get our pipelines built to get our oil to market, treat small business people with respect and cut the mess of red tape introduced by the Liberals, and end the Liberal practice of financially subsidizing their well-connected, wealthy corporate insiders with your tax dollars.

**Q. Have you ever run in a political election before? If so, when?**

I was successfully elected and re-elected federally in 2004, 2006, 2008, 2011 and 2015.

**Q. Why should voters support you?**

I am working hard to earn the honour of humbly representing the great people of Selkirk-Interlake-Eastman once again in Ottawa.



Robert Smith NDP

I am a socially and environmentally conscious family person, dedicated to helping people especially those who are disadvantaged. I have a Masters Degree in Social Work but my career spanned various services including Community Development, Child and Family Services, seconded to a First Nations CFS agency and Rural Development, Dept. of Agriculture. My wife and I are currently beekeepers. We live a modest lifestyle and are both involved in activities helping others through our church and other organizations.

**Q. What community do you live in? How long have you lived there?**

For the last 16 years we have lived in the south end of St. Andrews. Previously we lived near Ashern for 16 years, where we had a cattle farm in addition to outside employment.

**Q. What are some of the major issues that are currently impacting the constituency?**

The looming environmental crisis affects all future generations. The putrefaction of Lake Winnipeg by Winnipeg's sewage and other upstream sources affects pleasure use of our beautiful lake and also the commercial and sport fisheries. Severe weather events are already affecting agriculture. As beekeepers we are sensitive, but livestock producers and crop farmers are even more affected by these extreme cycles. Government action is needed to help those most impacted. We are all trying to do our part, but government leadership is required to assist us in transitioning and to limit the big environmental polluters by incentives and by regulation.

**Q. What made you want to run in this election?**

I am inspired by Jagmeet Singh's vision on issues that affect ordinary folks: affordable housing, pharmaceutical, dental care and electrification of public transportation. He has a vision of an interprovincial power corridor, maximizing Manitoba's abundant renewable electric power. I have been involved in befriending and assisting many new Canadians. I believe fair and just welcoming of new immigrants is necessary to sustain our workforce into the future. Previous generations from many countries, including my maternal great grandparents, coming from Britain in the 1870s and my father from Scotland in the 1940s, enriched our nation as newcomers are now doing.

**Q. If elected, what do you hope to achieve during the upcoming term?**

I will work collaboratively towards achieving the visions as outlined by our leader, Jagmeet Singh, in environmental issues, Pharmacare, affordable housing, fair taxation and social justice. I will also work towards the implementation of the recommendations of the Truth and Reconciliation Commission led by Selkirk's Senator Murray Sinclair.

**Q. Have you ever run in a political election before? If so, when?**

This is my first venture into up front political visibility. Until now, I have been a behind the scenes kind of person, working on committees and practical activities, but my dedication to seeing action on these many important issues thrust me into this

spotlight.

**Q. Why should voters support you?**

Those who know me have greatly encouraged me in this venture. They affirm that I am a trustworthy and reliable person to effectively communicate their concerns and priorities. This is about the future of all of us.



Wayne James Green Party

Wayne James is an organic farmer and lives on the family farm near Beauséjour. He graduated from the University of Winnipeg in 1976 with a Bachelor's degree in theatre, and has performed internationally, as a musician and as a storyteller.

He has spoken at numerous presentations and conferences about the benefits of organic farming, and he also won the Grassroots Award from the National Farmers Union in 2017.

Wayne is a lifetime supporter in the ideals of social democracy as a living social institutions that adapts to the times it is living in. This is the idea of "collective self interest." This idea is best exemplified by the former Canadian Wheat Board, where farmers were able to pool their resources, share the risks, and share the rewards. It is worth noting that this board was terminated in a most shameful manner by a former Conservative government.

We are at a critical moment in our history, as a people, and as a country, our children are calling on us to exercise our democratic right to take control of our collective future.

I live in the house I grew up in, which means, a life time resident here on the farm.

**Q. What made you want to run in this election?**

In 2005 (I think), I ran in Selkirk Interlake for the NDP, two weeks into the campaign I received a phone call from Mr. Ed Schryer asking if I would mind stepping aside, which I did.

Subsequently I have run for the



# Six Pines turn haunted attractions into toxic wasteland

By Gabrielle Piché

The owners of Six Pines Haunted Attractions have decorated their farm as a toxic wasteland for this year's Halloween season.

Beginning Thursday, Oct. 3, people can visit Six Pines High, Camp Whispering Lake and the Carnival of Souls. All three locations are in Six Pines' fictitious town of Lilyfield, where toxins have infected the townspeople. Six Pines' actors play students, scientists and clowns, among other roles.

The haunted attraction's theme has changed annually during the 21 years it's been open. Judy Thevenot, one of Six Pines' founders, said it's been a journey watching the company grow over time.

"Just when we think we've figured it out, well, there's something we can do to make it even better," Thevenot said.

This year, the family got props and building materials from the movie set of *Molly and Max*, the sequel to *A Dog's Purpose* that filmed in Winnipeg. The Thevenots used the props while rebuilding their haunted house sets. They began rebuilding in July.

The props aren't the only new additions to Six Pines this year — the

Thevenots are adding two self-guided flashlight tour days. The first will be Sunday, Oct. 20, and the other will run Sunday, Oct. 27.

The flashlight tours are meant to be scarier than Six Pines' family days but less scary than their haunted nights.

During the tours, visitors can bring flashlights and walk through the haunted houses. There will be fog and music, but there won't be any actors — or jump scares — for visitors to worry about.

The idea spawned from the tours Judy and her husband James used to take their kids on years ago.

"We'd take our kids through the yard and go through all the different haunts, then tell a bedtime story and they'd go to bed," Judy said.

People wanting to try the flashlight tours must bring their own flashlights, Judy said. No cell phones are allowed.

The Thevenots have created three new passes to change visitors' experiences at Six Pines.

One person per group can buy a hell pass for an extra \$10. Those who wear a hell pass will deal with Six Pines' ghouls more than the regular visitor. Hell pass users could be removed



TRIBUNE PHOTO SUBMITTED

Six Pines actors pose together in 2018. Some actors have worked at Six Pines for over 15 years.

from their group or put in a cage, among other things.

People can also buy chicken passes this year. A chicken pass is \$2, and it lets Six Pines' actors know that the pass wearer doesn't want jump scares.

Families can purchase "ghost protectors" and hold them out while walking through Six Pines' haunted houses.

When actors see a ghost protector, they won't scare anyone in the group. Ghost protectors are \$5 per group.

Six Pines Haunted Attractions is open Thursdays, Fridays and Saturdays through October. It will be open on Wednesday, Oct. 30, and it will run its last haunted evening on Thursday, Oct. 31.

## Gimli cyclist hit by impaired driver who failed to stop; Rockwood man arrested

By Patricia Barrett

A 39-year-old Gimli man, who was cycling on PR 231 west of Gimli, is in serious condition in hospital after he was struck by an impaired driver just before midnight on Sept. 23.

Sam Thordarson was on his way to work when he was hit and is now paralyzed from the waist down, according to a post on Gimli Pharmasave's social media account.

The pharmacy is currently accept-

ing donations for Thordarson and his family.

"The injuries Sam sustained are serious and life-changing," says the post. "This accident has resulted in Sam being paralyzed from the waist down. Sam is expected to be in hospital for approximately four months."

STARS air ambulance was dispatched to the scene, according to its Twitter site.

The collision occurred at 11:50 p.m.

and the driver failed to stop at the scene, said RCMP spokesperson Paul Manaigre.

RCMP arrested a 28-year-old man from Rockwood after receiving a tip a few hours later that provided them with information about the driver and where he could be located, he said.

"Officers attended to this address and arrested a 28-year-old male from the RM of Rockwood for operating a conveyance while impaired causing

bodily harm," said Manaigre. "The accused was released from custody the following day for court scheduled at a later date."

The driver cannot be named for privacy reasons, he said.

For more information about how to help Sam Thordarson and his family, contact Gimli Pharmasave at 204- 642-5504 or visit the store at 45 Centre St.

### > ELECTION Q & A, FROM PG. 25

Green party in 2015, briefly...because they (greens) allow me to speak for myself, something the NDP denied me. (larger story, but hey).

**Q. What are some of the major issues that are currently impacting the constituency?**

The move to corporate farming, a form of industrialized farming is the greatest issue this region faces, it is the death of small farms, which were and are the heart of our communities.

Beyond that it is the pressure that industry places on us and the attendant degradation of the environment

that results.

**Q. What made you want to run in this election?**

The reason I am running in this election, and past elections....There is a dialogue that is missing from our election process, in a nutshell it is the idea that we the people are responsible for creating the environment of tomorrow. It is the message that people such as Great Thunburg are now bring to our attention. It is the idea that our first responsibility is to the health of the environment in which our children and all future generations will be living in. It is the

message that the way we chose to generate "wealth" is destroying the living world.

**Q. If elected, what do you hope to achieve during the upcoming term?**

I would hope to bring awareness that we are emotional spiritual people, that the arts have a profound effect on our mental and spiritual health.

We have the tools, the energy, the means to live a healthy life without compromising the health of future generations, but this will only happen when we change our ideas about the gross national production's place in our future.

We are gradually learning to think of ourselves as having responsi-

bilities that are far greater than the continual growth of the GDP which in Greta Thunbergs words is "a fairy tale."

**Q. Why should the electorate vote for me?**

I would have us create a health environment, which results in a healthy person, a healthy future. Our past decisions have resulted in the gross enrichment of corporations which is proving to be not only unsustainable, but also profoundly immoral in that it has created a growing divide between the rich and the poor. Our children are watching. Will we continue to enrich the few, or will we take on the responsibility of caring for the living planet.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Thunder roll to fourth-consecutive victory

By Brian Bowman

The Interlake Thunder improved their record to a perfect 4-0 after a hard-fought 33-20 home win over the Southwest Sabres in Rural Manitoba Football League action last Friday in Stonewall.

Southwest gave Interlake its toughest test of the season so far.

"It was a good game and it was definitely the best performance that our defence has played all year," said Thunder head coach Mitch Obach. "They really stepped up this week and that's something we emphasized so it was great to see that."

"Southwest is a really strong football team. We had trouble moving the ball a lot of the time."

Interlake led 6-0 after the first quarter and 26-8 at halftime.

Most of the Thunder's offence came from Brady deLaroque and Carter Fuerst. DeLaroque rushed 17 times for 113 yards and three touchdowns. Interlake's other offensive touchdown was a pass from Josh Charison to Fuerst. Fuerst had a strong game with 58 yards rushing and 100 receiving

yards.

Obach felt the Sabres were a strong team on the defensive side of the ball.

"They were definitely the best cover team that we have seen," Obach said. "We had a lot more trouble completing passes than we had before. They were athletic and speedy. I thought our (offensive) line played pretty well but their secondary and their line-backing core could move."

Interlake's lone touchdown in the second half came off of an Eric Zotter interception. Zotter had an exceptional game, finishing with three interceptions.

"Those were huge plays for us," Obach said. "They had a huge receiver that's one of the best weapons in the league, for sure, and he has been for a couple of years ... but we tried to match Eric on him quite a bit and, by the end of the day, Eric got the job done most of the time."

Zotter also led the Thunder with eight tackles and two assisted tackles. Aden McLean also had a strong game with seven tackles and an assisted tackle.



TRIBUNE PHOTO BY LANA MEIER

The Interlake Thunder's Alex Luke attempts to get pressure against the Southwest Sabres during Rural Manitoba Football League action Friday in Stonewall. Interlake's defence was very good in a 33-20 win.

The Thunder are back in action this Friday when they visit the Neepawa Tigers. Kickoff is 4:30 p.m.

"They are in the bottom half of the league but they won't be pushovers,"

Obach predicted. "They're a younger team but they have been playing and performing better than they expected. They're moving in the right direction and they'll be a test."

## Teulon reaches semifinals of Arborg tournament

Staff

The Teulon Collegiate Saints reached the semifinals of the six-team Arborg Collegiate Athletics varsity girls' volleyball tournament last Friday.

Teulon lost that semifinal match 2-0 by scores of 13-25 and 18-25 to the St. Joachim Braves.

The Saints started playoff action with a 2-0 sweep (25-14, 25-8) over the

Minegoziibe Anishinabe Talons.

In pool play, Teulon split with Arborg (17-25, 25-23) and swept the Lundar Kodiaks (25-24, 25-16).

Arborg defeated St. Joachim 2-0 (25-

14, 25-19) in the championship game. After posting a 1-1 record in pool play, Arborg swept Lundar 2-0 (25-3, 25-15) in a semifinal matchup.

## Cockerill outstanding at the Hopps Open de Provence

Staff

Aaron Cockerill continues to play some outstanding golf on the European Challenge Tour.

Cockerill finished in a three-way tie for fifth place with an impressive four-day total of 13-under 275. He fired rounds of 66, 70, 69 and 70.

Netherlands' Lars van Meijel won his first Euro-

pean Challenge Tour title, carding a bogey-free final round of five-under 67.

The Dutchman, playing in just his second Challenge Tour season, recorded rounds of 69-67-69-67 for a 16-under par total and a one-stroke victory over Germany's Sebastian Heisele.

Van Meijel started the final day as one of three

overnight leaders alongside Cockerill and Antoine Rozner.

Italy's Francesco Laporta and Spain's Sebastian Garcia Rodriguez shot rounds of 66 and 68, respectively, on Day 4 to claim a share of third place.

## Rams lose consolation final of W.C. Miller junior varsity boys' volleyball tournament

Staff

The Stonewall Collegiate Rams reached the consolation final of the W.C. Miller Collegiate junior varsity boys' volleyball tournament.

Stonewall lost the match 2-0 (20-25, 18-25) to W.C. Miller on Saturday.

The Rams started their playoffs with a 2-0 (9-25,

15-25) loss to the Garden Valley Zodiacs in a quarter-final game.

Stonewall rebounded from that loss to beat the Sanford Sabres 2-1 by scores of 25-16, 21-25 and 15-10.

In pool play, the Rams were 1-5 in sets in three matches. Stonewall split with the Gimli Lakers (25-

12, 23-25) and lost 2-0 to the Aces (10-25, 8-25) and the Calvin Christian Eagles (24-26, 18-25).

The Rams played the St. James Jimmies in league play this past Tuesday but no score was available at press time. Stonewall will then visit the Shaftesbury Titans this Thursday. Game time is 6:30 p.m.



# Interlake Lightning begin U18 regular season with a win

By Brian Bowman

The Interlake Lightning had a great start to their Manitoba U18 "AAA" Hockey League regular season.

Interlake opened regular-season action Saturday evening with a solid 6-4 win over the Parkland Rangers in Dauphin.

It was a perfect way for the Lightning to start their season.

"Obviously, you want to do as well as you can at the start and hopefully catch a peak in the middle and make a push towards the end," said Lightning head coach Scott Wong. "That's a coach's dream."

Matthew Vandel had a monster game for the Lightning with three goals and two assists. He iced the Lightning victory by scoring into an empty net with 16 seconds remaining in the game.

"He's a special player," Wong said of the Winnipeg forward. "Every time he's on the ice, he's creating chances

and he is getting much better defensively."

Interlake's other two goals were scored by Carl Ingalls on the power play in the second period.

Hayden Lacquette, with a pair, Steven Arp and Jayden Jubenvill replied for Parkland.

Chris Fines played well in goal, making 30 saves for the win.

On Sunday afternoon, Interlake was edged 3-2 by the Southwest Cougars in Souris.

The Lightning had a real nice effort against a solid Cougars' team.

"The boys are buying in right now," Wong said. "We're going to have some ups and some downs and the thing I'm looking for from these guys is consistently and they showed that this weekend. Even though we came up short (Sunday) we definitely played well enough to win that game."

The Lightning's Kaden Stewart

opened the game's scoring with a power-play goal at 10:49 of the first period. But Southwest's Hunter Wallace tied the score just 2:09 later.

The second period saw the Cougars' Evan White score 24 seconds into the frame and then the Lightning's Griffin Haight answered 41 seconds later.

Wallace then sniped the eventual game winner on the power play at 11:01 of the middle frame.

Dominic Jacobson made 40 saves in the losing cause. Wong was very pleased with the goaltending the Lightning received in the two games last weekend.

Interlake (1-1) will host the Kenora Thistles (0-2) in a pair of games this weekend in Teulon. Saturday's game is slated for 7:30 p.m. while Sunday's puck drop is 2:30 p.m.

The Lightning expect a couple of tough tests against the pesky Thistles. Still, an Interlake sweep would be



Matthew Vandel

very nice to see.

"That would be fantastic," Wong said. "But Kenora is always tough and they are on you constantly."

# Stonewall splits exhibition games with Miles Mac

By Brian Bowman

The Stonewall Collegiate Rams were able to play a couple of exhibition hockey games last week.

And they looked pretty good.

Stonewall had two different line-ups face off with the Miles Macdonell Buckeyes. The first game saw the Rams win 2-1 and then the Buckeyes battled back to take the second game 6-4 (the final goal was scored with the Stonewall goalie pulled for an extra attacker).

"I mixed the guys around that were trying out and a few guys played both games and a few guys got into one," said Rams' head coach Kyle Nixon. "There wasn't any strategy of young guys, old guys, or anything like that. It was just a straight up mix of all our bodies and it was good. It was fun to actually see some games."

The Rams pared down their roster to 18 players as of last Friday. Nixon ad-

mitted there were some very difficult decisions in making their team.

"The guys that came out all worked hard and were committed to our try-out process," he said. "I had to release some young guys, I had to release some older guys, so there was a mix all over the Grade 10, 11s and 12s. It was actually pretty tough."

The Winnipeg High School Hockey League expects to hold its scheduling meeting this Thursday. The league should get started next week.

Nixon is really looking forward to the Rams competing in the WSHL after taking a one-year hiatus.

"It's been a lot of fun after a few years of being away from being behind the bench," he said. "It's good to be there with high school kids that are interested and willing to work hard."

"It was a lot of fun for September and now to get going in the regular season should be a lot of fun, too."



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Rams' Dasek Sobkow skates up the ice with the puck against the Miles Macdonell Buckeyes on Sept. 24.

# Wildcats place second at Steinbach Christian tournament

Staff

The Warren Collegiate Wildcats varsity girls' volleyball team placed second at the Steinbach Christian tournament last Saturday.

Warren lost 2-1 (21-25, 25-18, 12-15) to the Springs Christian Eagles in the championship game.

The Wildcats reached the final of the

six-team tournament after sweeping the Grant Park Pirates by identical 25-23 scores.

In pool play, Warren finished first with a 5-0 record. The Wildcats cruised to 2-0 wins over Steinbach Christian (25-23, 25-14), Grant Park (25-22, 25-16), the St. Norbert Celtics (25-10, 25-8), Springs Christian (25-18, 25-14)

and the Rosenort Redhawks (25-7, 25-10).

Warren will be competing at a "AAAA" Vincent Massey tournament in Brandon this Friday and Saturday.

In varsity boys' action, Warren reached the semifinals of the Hamiota tournament on Saturday, losing 2-0 to the Elton Sabres by scores of 20-25,

19-25.

The Wildcats had earlier earned playoff wins over the Rossburn Raiders (25-16, 25-22) and the Rivers Rams (25-17, 23-25, 15-12).

Warren will be in Rolbin this Friday and Saturday for a tournament.



# Bantam Lightning split pair of weekend games

## Staff

The Interlake Lightning split a pair of weekend games to begin their AAA Bantam Division 1 regular season.

Interlake skated to a solid 4-2 win over the Yellowhead Chiefs on Saturday in Warren.

Hayden Wheddon and Reid Byle had outstanding games for the Lightning, each scoring twice while adding two assists.

Wheddon scored the first two goals of the game and then Byle made it 3-0 at 11:12 of the first period.

Yellowhead made it a one-goal game, though, with second-period goals from Kurt Rookes and Ty Kirk.

But Byle iced the win with a power-play goal into an empty net with the Yellowhead goalie pulled for an extra attacker with just five seconds remaining in the game.

Dylan Leclair made 41 saves for the victory.

On Friday, Interlake was defeated 7-2 by the Parkland Rangers in Warren.

Nicholas Leclair and Adam Vigfusson scored for the Lightning. Interlake assists went to Vigfusson, Ty Woods and Brayden Bear.

Brayden Dube scored five times for Parkland while Domi Leask and Kyan Grouette also tallied for the Rangers.

Dawson Cowan made 30 saves in the losing cause.

Interlake will play the Norman Wolves on Saturday at 9 a.m. and then the Pembina Valley Hawks on Sunday at 11:15 a.m.

Both games are at the Bell MTS Iceplex.

In Manitoba Female Hockey League U18 action on Sunday, the Interlake Lightning lost 6-0 to the Eastman Selects in Steinbach.

Eastman led 1-0 after the first period and then tallied five times in the third.

Kylie Lesuk led Eastman with three goals and an assist while Madelaine Desrosiers, Laci Gaffray and Janique Labossiere also tallied.

Penner Geneva made 23 saves for the shutout.



TRIBUNE PHOTO BY LANA MEIER

Interlake Lightning goaltender Dawson Cowan made one of his 30 saves on this play against the Parkland Rangers on Friday in Warren.

Interlake will play the Central Plains Capitals on Saturday at 8 p.m. in Stonewall. On Sunday, the Lightning will host the Yellowhead Chiefs at 3 p.m. in Warren.

# Jets knock off Royal Knights for first win

## By Brian Bowman

It certainly wasn't easy, but the Stonewall Jets have earned their first victory of the Manitoba Major Junior Hockey League regular season.

Stonewall erased a 2-0 third-period deficit to score three unanswered goals in a 3-2 road win over the River East Royal Knights on Sunday.

"I think it was frustrating for everyone how we were struggling to hit the back of the net," said Jets' head coach Brock Couch. "It was the same story as Friday. We were all over them for most of the game but we had to wait until the third to get some success around the net. It all worked out and two points is two points so we were happy to get our first win of the season."

Stonewall's Brandon Kochen scored the game-winning goal on the power play at 17:11 of the third.

The Jets' Chance Dickenson started the rally at 4:36 and then Matthew Smith tied the score at 2-2 just 35 seconds later.

River East's Braden Paterson scored power-play goals in both the first and second periods.

Stonewall outshot River East 51-29 as Royal Knights' goaltender Ashton Howarth was outstanding.

Curtis Beck earned the win in goal.

The Jets were 1-for-9 on the power play while River East was 2-for-5.

The Jets started their regular season with a 6-2 home loss to the Raiders Jr. Hockey Club on Friday evening.

"We weren't expecting to have that type of embarrassment in our own barn," Couch said. "We fell asleep, at times, and that's when they buried us. It wasn't a poor effort by the guys but at times we made it a little too easy for them."

Jared Hulme gave the home side a 1-0 lead just 5:58 into the game but the Raiders responded by scoring the next four goals.

Jayce Kennedy and Riley Hall scored in the first period and then Travis Dech and Levi Thiessen tallied in the second.

Jets' forward Keevan Daniels-Webb replied with a power-play goal late in the middle frame to cut the deficit to 4-2.

Nick Sharpe and Hall rounded out the scoring in the third.

The Jets outshot the Raiders 39-23 as Adam Swan took the loss.

Stonewall will visit the Charleswood Hawks this Friday and then will host the St. Boniface Riels on Sunday.

Puck drop for both games is 7:30 p.m.



TRIBUNE PHOTO BY LANA MEIER

The Jets' Jared Hulme gave Stonewall a 1-0 lead early in the first period against the Raiders last Friday. But the Jets lost the game 6-2.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Marquette's Oliver prepares for Mixed Worlds in Scotland

By Ty Dilello

The Manitoba based mixed curling team of skip Colin Kurz, third Meghan Walter, second Brendan Bilawka and Marquette's Sara Oliver at lead are well into their preparations to represent Team Canada at the upcoming 2019 World Mixed Curling Championships in Aberdeen, Scotland from Oct. 12-19.

The Kurz rink first came through and were victorious at the Manitoba provincials in the spring of 2018. They followed that up in the fall by winning the Canadian National Mixed Championships at the Fort Rouge Curling Club in Winnipeg. It was the first time that Manitoba had won the National Mixed title since Sean Grassie did in 2009.

"It's very exciting to be able to represent our country at an international stage," says Oliver. "I can't speak for my whole team but I do believe that we all have hoped and dreamed to be able to wear the maple leaf at a world event. And to be able to do it at this high of a level is just unbelievable because of how young we are. We have all practiced and worked really hard and lost many games and finals so to finally be able to break through and be able to be at the top level is truly amazing. And we will all wear the maple leaf with joy and pride."

What's unique about this Team Canada is how young they are and what they've already accomplished in the sport. Kurz, Bilawka and Oliver have all just recently wrapped up their junior careers within the last couple of years, while Walter is still of junior age.

The problem with mixed teams



TRIBUNE FILE PHOTO BY LANA MEIER

Manitoba's mixed curling team of skip Colin Kurz, third Meghan Walter, second Brendan Bilawka and Marquette's Sara Oliver at lead will be representing Team Canada at the upcoming 2019 World Mixed Curling Championships in Aberdeen, Scotland Oct. 12-19.

sometimes is finding that chemistry on the ice since you only really play with your mixed rink a couple times in a given season. This wasn't the case for Team Kurz as they've all been long-time friends on and off the ice,

which made playing together an easy transition.

"Since I played with the boys previously and we had all been really good friends before we even started curling with each other, our relation-

ships haven't really changed much," said Oliver. "We were always supporting each other before so now playing with each other it's even better to be able to support your own teammates because you all want the same thing. I also played with Meghan in juniors so our friendship grew a lot when we played together and getting her onto this mixed team was very easy and she clicked with everyone so quickly that it was just a very smooth transition and I can honestly say that I wouldn't want to play with anyone else. These people are all great people to have on and off the ice so I can't say enough good things about them. And I'm super excited I get to go to Scotland with them and wear the maple leaf with them," said Oliver.

Heading over to Scotland next week, it will be the first World Championship of any kind for every player on the team. Although they're a younger team, winning the Canadian championship and the fact that they all play for very strong men's and women's teams, a gold medal at the end of these Worlds would not be out of the question for the kids from Manitoba.

"Our goals at the Worlds is to obviously win and bring home the gold," relays Oliver. "But to start with little goals and to get to that final we hope to go number one overall in our pool, and then make the playoffs and hopefully play well to make it to the final and then hopefully can win that final game and bring home another banner. We also are going to take in this wonderful experience and enjoy every moment and every game because we are so grateful to be able to represent our country."

## Stonewall defeats Shaftesbury in wild varsity boys' volleyball game Monday

Staff

The Stonewall Collegiate Rams' varsity boys' volleyball team is now 2-0 in WWAC Tier 2 league play.

Stonewall defeated the Shaftesbury Titans 3-2 by scores of 25-23, 21-25, 25-21, 14-25, 15-10 in its home opener on Monday.

The Rams will host the St. James Jimmies at 6:30 p.m. on Wednesday in league play.

In tournament action last Saturday at the 2019 Calvin Christian Collegiate Eagles Classic, Stonewall was defeated by the Springs Christian Eagles in the seventh-place game.

Springs Christian won the match 2-0 by scores of 25-23, 25-20.

Stonewall had earlier defeated the St. Boniface Centurions 2-1 (22-25, 25-18, 15-4).

In pool play, the Rams placed fourth

out of five teams with a 2-6 record in sets.

Stonewall swept St. James 2-0 (25-13, 25-18) but lost 2-0 to the Green Valley Pirates (19-25, 12-25), Calvin Christian (15-25, 7-25), and the Faith Academy Lightning (25-27, 23-25).

The Rams' next scheduled tournament is at Tec Voc on Oct. 25-26.

In varsity girls' action, the Rams were swept 3-0 by the Titans on Mon-

day. Shaftesbury won sets by scores of 25-9, 25-12, 25-15.

Stonewall, now 0-3 in league action, will host St. James on Wednesday at 5 p.m.

The Rams are scheduled to compete in a 16-team Calvin Christian Collegiate Eagles tournament on Oct. 10-12.



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The Interlake School Division invites tenders for a **three-year period** (2019-2020/2020-2021/2021-2022 school years) for **SNOW REMOVAL** at the following locations:

Balmoral School  
Grosse Isle School  
Stony Mountain School  
Warren Collegiate  
Warren Elementary School  
Woodlands Elementary School  
Rosser School  
Bus Garage/ Maintenance Facility

Brant-Argyle School  
Ecole Stonewall Centennial School  
Stonewall Collegiate  
Ecole R.W. Bobby Bend School  
Teulon Elementary School  
Teulon Collegiate  
Administration Office -Stonewall

## TENDERS MUST BE SUBMITTED IN A SEALED ENVELOPE INDICATING TENDER LOCATION.

- Tenders are to be submitted with all taxes shown separately.
- Tenders to include size of equipment and hourly rate.
- Snow removal must be completed before 7:30 a.m. on school days.
- The successful tender must submit a certificate of insurance indicating a minimum of one million dollar liability insurance coverage.
- Tenders are to be submitted with costs and equipment to be used, identified by location.
- Exact terms and conditions, may be requested from the undersigned.

TENDER TO CLOSE OCTOBER 8th, 2019 @ 11:00 a.m.

Please send sealed tender marked "SNOW REMOVAL" along with the locations tendered upon to:

Al Leiman, Secretary-Treasurer  
Interlake School Division  
192-2nd Ave. N. (PTH 67)  
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## Rural Municipality of Woodlands

invites proponents to provide bids for the construction of a 50x100 public works storage shed in Woodlands, MB.

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Detailed proposal packages complete with specifications are available to interested applicants on the RM of Rockwood Website or at the Municipal Office, between the hours of 9:00 am to 4:30 pm, Monday to Friday. Any questions or concerns can be directed to:

Ian Tesarski, C.E.T., Director of Operations  
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## RURAL MUNICIPALITY OF ROSSER PUBLIC NOTICE - BOARD OF REVISION

PUBLIC NOTICE is hereby given that the **2020** Assessment Rolls for the Rural Municipality of Rosser has been delivered to the Municipal Office at 0 077E PR 221, Box 131, Rosser, MB and are open for public inspection during regular office hours.

THE BOARD OF REVISION shall sit to hear complaints on **Thursday, November 7th, 2019 at 9:00 a.m.** in the Municipal Council Chambers in Rosser, Manitoba.

ANY PERSON, including the assessor, who believes that an assessment ought to be revised may make application for revision of an Assessment Roll in accordance with Sections 42 & 43 of The Municipal Assessment Act.

### APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2)

### APPLICATION REQUIREMENTS:

43(1) An application for revision must

- be made in writing
- set out the roll number and legal description of the assessable property for which a revision is sought
- state the grounds on which the application is based; and
- be filed by
  - delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
  - serving it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

**Applications for revision or complaints must be received by 4:30 p.m. Tuesday October 22, 2019, no late exceptions will be allowed. Applications should be mailed: Secretary, Board of Revision Box 131, at 0 077E PR 221, Rosser, Manitoba, R0H 1E0 emailed: [info@rmofrosser.com](mailto:info@rmofrosser.com) or faxed: 204-467-5958.** Applicants will be notified, in writing, of the date and time of the hearing of their application.

Applications which do not include the above information may not be considered by the Board. Applicants who fail to attend the Board may have their Application for Revision dismissed without a hearing. Dismissing an Application without a hearing ends the Appeal Process for the Applicant.

Before filing an application against the amount of the assessment, liability to taxation, or classification of the property, applicants should:

- examine Municipal Assessment Rolls for comparable properties;
- select comparable properties from the rolls; and
- discuss the matter with the Municipal Assessment Branch, Portage la Prairie, Manitoba (204) 239-3332 or Toll Free 1-866-401-8986.

DATED this 25th day of September, 2019 at the Village of Rosser, in the Province of Manitoba.

Larry Wandowich, Secretary  
Board of Revision  
Rural Municipality of Rosser  
Box 131 0 077E PR 221  
Rosser, Manitoba R0H 1E0



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### NOTICE TO CREDITORS

IN THE MATTER OF:  
The Estate of Margaret June Kentner, late of the Town of Stonewall, in Manitoba, deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 13th day of November, 2019.

DATED at Stonewall, Manitoba this 30th day of September, 2019.

GRANTHAM LAW OFFICES

Solicitor for the Executrix

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## PUBLIC NOTICE BOARD OF REVISION

Public Notice is hereby given that the 2020 Assessment Roll for the Town of Teulon has been deposited in the Civic Office at #44 Fourth Ave. S.E., Teulon, Manitoba, and is open for public inspection during regular office hours.

The Board of Revision will sit on **Tuesday, November 12th, 2019 at 6:30 P.M.** in the Council Chamber of the Town of Teulon, 44 Fourth Avenue S.E., Teulon, Manitoba to hear applications.

Any person who believes that an assessment ought to be revised may make application in accordance with Sections 42 & 43 of The Municipal Assessment Act.

### APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2).

### APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by:
  - delivering it or causing it to be delivered to the Town of Teulon
  - serving it upon the Secretary;

at least 15 days before the scheduled sitting of the Board as indicated in the public notice.

**The final date on which applications must be received by the Secretary of the Board is October 28, 2018 at 4:30 pm.**

Ashley Michaluk, Secretary  
Board of Revision  
Town of Teulon, Box 69, Teulon, MB, R0C 3B0

Dated this 30th day of September A.D., 2019 at the Town of Teulon in the Province of Manitoba.



# Announcements

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## ANNOUNCEMENT

### ANNIVERSARY



**Congratulations**  
**on your 65th Wedding Anniversary**  
**Carl and Edie Simonson**  
The family invites friends  
to join in celebration on  
Sunday, October 6th  
from 2 - 4 p.m.  
in the atrium at Rotary Towers,  
94 Fifth Avenue Gimli



## ANNOUNCEMENT

### IN MEMORIAM

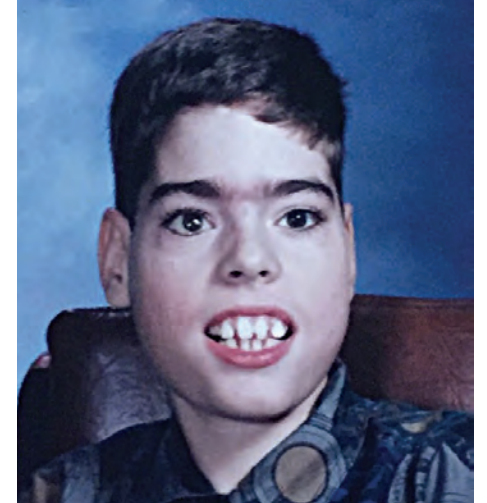


**Gerald David Shepell**  
**September 29, 1961 – October 3, 2016**  
Remembering you is easy,  
We do it every day;  
It's just the pain of losing you,  
That never goes away.

-Love from Mom, Dad  
and family

## ANNOUNCEMENT

### IN MEMORIAM



**Daniel Kratzer**  
**In loving memory of**  
**a dear grandson, nephew and cousin**  
**who passed away**  
**19 years ago**

To all who knew Daniel  
He was someone so special;  
Who always had a smile to share,  
Time to give and time to care.  
He was someone set apart;  
Whose memory will live forever  
Engraved within our hearts.  
Daniel you are missed so very much  
Every single day.

-Love always Nanny Jansen,  
and all your aunts, uncles and cousins

## ANNOUNCEMENT

### CARDS OF THANKS

The family of Garry Gordon Procter would like to thank everybody for the support given to our families after Garry's untimely passing. The support given through kind words, flowers, cards, visits, meals and baking dropped off or attendance at his funeral made his passing a little more bearable. Special thank you to Ken Loehmer for his guidance and support with all the arrangements. Thank you to Glen Knutson who led Garry's Celebration of Life service and the Lake Francis ladies for looking after the lunch. Also thank you for the donations that have been sent to Woodlands Minor Baseball in Garry's memory. Your kindness will never be forgotten.

## ANNOUNCEMENT

### CARDS OF THANKS

When we lose the person we love, it is overwhelming. At this time, I want to extend my heartfelt appreciation to family, friends, neighbours, co-workers and community members—everyone who has helped in some way during the devastating illness and painful loss of my wife, Lorna Baker. Thank you for the comforting messages, cards, flowers, phone calls, food, visits to the house, and hugs. Thank you to everyone who supported our family at Lorna's Celebration of Life by attending and showing us how much she meant to so many. We are especially grateful to Liz Wilson for her kind words and gracious guidance of the program; for the loving memories and tributes by Kelly Farmer, Tricia Tyerman, Colleen Good, Patti Baker who sent words from England and to Wade Baker who read them, Murray Engstrom, Barret Schlag, Ellen Stafford, Stephanie Porter, Roberta Baker, and Eden Baker; to Ken Loehmer for all of his guidance and for making all of the arrangements; Shirley Williams for the grace; to the Legion for the lovely lunch; and to Carolyn Fox for the family photos which we will treasure forever. Most of all, thank you to my children, Roberta, Patricia, Travis, Michael and Marie-France, and grandkids, Eden, Abigail, Allison, and Jameson, for the constant and loving care of your mom and grandma through her illness. You all are my joy and greatest source of comfort and support.

-Sincerely,  
Dale Baker

## ANNOUNCEMENT

### CARDS OF THANKS

The Stonewall Odd Fellows and Community Living held their sixth Annual Golf Tournament on Monday September the 9th, 2019. There were six teams registered and all had a good time despite the rain that showed up on the remaining four holes. Supper was held at the Odd Fellows hall in Stonewall where a delicious roast beef dinner was held. The winning team from Community Living was made up of Tracy Fiddler, Will Ducharme, Ryan Fiddler and Bruce Meady. They received \$100.00 gift certificates from the Whispering Winds of Warren Golf Club. The Odd Fellows and Community Living would like to thank all who attended. Odd Fellows and Community Living would like to thank all its sponsors for their support to help make the Sixth Annual tournament a success. Our corporate sponsors: Boonstra Farms, Canad Inns, CIBC Winnipeg, DGH Engineering Ltd., EPR Stonewall, Grantham Law Office, Home Hardware, Interlake Salvage, MacKenzie Funeral Home, Pro Clean, Quarry Ridge Pharmacy, Quarry Physio, RM of Rockwood, RM of Rosser, Scotia McLeod, Sig's Grill Stonewall, Stonewall Family Foods, Stonewall Teulon Tribune, Stonewall Florist, Stonewall Pharmacy, Town of Stonewall, Western Turbo Winnipeg, Unrau Realty, Gourmet Coffee Company, 4570732 Manitoba (Gary Olson). Our individual sponsors:

Jocelyn Hamill, Debra Hinds, Mavis Willson, Lynne Thompson, Chris Thompson, Ross Thompson.

## ANNOUNCEMENT

### CARDS OF THANKS

In the loss of our daughter, sister, granddaughter, great-granddaughter, Natalie Smith, we would like to say thank you to everyone for the meals, baking, fruit baskets, flowers and cards, phone calls and donations made to Cancer Care and the Children's Hospital of Manitoba. Also a big thank you to Patricia Baker for her wonderful support and service; to Donna and Brenda and everyone else who helped with the lunch; to Meghan and MacKenzie Funeral Home for all your help.

-Alysha Gareau,  
Zachary Smith,  
Cheryl and Ron Kaatz,  
Myrna Oliver

## ANNOUNCEMENT

### IN MEMORIAM



**In Memory of**  
**Brant Cosens**  
**June 20, 1953 – October 5, 2012**  
We remember him,  
Who once was here;  
And who, though thought about,  
Is just as dear.

-Love,  
Mom and Roy, Megan and Arthur,  
Kevin and Judy, Lisa and Sylvain,  
and families  
Lawrence, Martha and John

## ANNOUNCEMENT

### CARDS OF THANKS

A big thank you to all of the people who supported our Fall Supper on Saturday the 28th. Anxious supper attendees practically overwhelmed us to make this year's fall supper a complete sellout. Thank you especially to the community members and spouses of board members who stepped up to assist with cooking, serving, and cleaning up after supper. Those who dug right in to help are very much appreciated. A true community project! There were many wonderful compliments from a number of turkey dinner sated attendees. Thank you to all!

-Gunton Greenwood Memorial Community  
Hall board

## ANNOUNCEMENT

### IN MEMORIAM



**Daniel Michael Kratzer**  
**July 12th, 1984 - October 2nd, 2000**  
**In loving memory**  
**of our son and brother**

Of all the special gifts in life,  
However great or small;  
To have you as a son and brother,  
Is the greatest gift of all.  
Daniel, you're our angel now,  
Full of wisdom and of love;  
Watching over those of us who miss you,  
From the shining stars above.  
With aching hearts, we whisper low,  
We miss you Dan and love you so.

-Love you forever and a day.  
Mom

-Love you, missing you,  
and connected to you as only a twin can be.  
Dawn-Marie

*There is a link death cannot sever;  
Love and remembrance last forever.*



## OBITUARY

### Margaret June Kentner

Margaret June Kentner of Stonewall, daughter of Rodger Kentner and Jennie Harman of Bois-sevain, Manitoba, passed away peacefully in her sleep in San Carlos Bariloche, Patagonia, Argentina on September 28, 2019.

An obituary and memorial details will follow.

## OBITUARY

### Willard (Bill) Earl Pyett

Peacefully, after a short illness, at the age of 96, Willard (Bill) Earl Pyett passed away.

Bill was predeceased by his mother (Clara Bell North), father (Francis Haney Pyett) and his wife of 62 years, Jean Eyre Pyett. He is survived by his children, Janet Meads (Ron), Wayne Pyett (Lynnette), Barry Pyett (Heidi) and Betty Mathiason (Tom); grandchildren, Damon (Abby), Rebecca (Colin), Jason, Nathan, Lucas, and Megan (Chris) and great-grandchildren, Caitlin, Forest, Kaiser, Lilah and Jolene.

Bill spent his early career as an air-frame technician in the Canadian Air Force. After retiring in 1970 Jean and Bill moved to Kelowna. After Jean's death he moved to Balmoral, Manitoba where he settled into community life. He enjoyed his morning coffee with "the guys" from the coffee shop.

He had a wonderful life and will be missed by his family.

Special thanks to the nursing staff at Pinawa Hospital for their compassionate care of dad.

If you so wish, donations may be made in dad's memory to the charity of your choice.



## OBITUARY

### Vivian Alice Popoff

July 26, 1942 – September 25, 2019

After a lengthy hard fought battle with myelofibrosis, it is with profound sadness we announce Mom's graduation from life in the early morning hours of Wednesday, September 25, 2019.

Predeceased by her life partner Harry, mom is survived by her children Cal (Cindy), Greg (Corinne); grandchildren Taylor and Cole, Sarah (Zea), Bethany, Rebecca; great-grandchildren Ava and Brody; grand dog Wiley; sisters Linda (Larry), Joanne, Denise (Keith); in-laws Bill, Netti (Bill), Jack (Mildred); numerous nieces and nephews and extended family Josie and Mickey Chernicki.

Mom was born in Regina, Saskatchewan July 26, 1942, moved to various bases in her early years with her family as an "army brat". Mom attended high school in Winnipeg and later met the love of her life Harry. Viv and Harry married October 15, 1960 and started their family two years later. Being the wife of someone in the agriculture business, the family moved around a lot, eventually settling in Stonewall for 21 years, to retire in Teulon, then the last couple of years residing at Hilltop Manor in Stony Mountain.

Throughout her life she loved to practise her culinary skills baking cakes and cookies to making fresh bread and borsht.

Mom and good friend Joyce Conrad eventually joined forces and took on a few business ventures where they developed friendships at U of W, Claude Neon, Kinsmen Lake and Stony Mountain Curling Club.

Family was everything to mom. She was your strongest advocate in good times and during times of great challenge. We will all miss her being in our corner no matter what.

Our sincere thank you to Sharon and all staff at Stonewall Hospital and District Health Centre. You all held a very special place in Mom's heart. We will never forget the care provided to her over the last couple of years. To the staff on Purple Bear GA – 4 thank you for the exceptional care provided over the last 2 weeks of her life. Dr. Ponnampalam and Kerry, thank you for the many years of taking care of mom – she thought so much of you. Dr. Graham and Dr. Zahiri (known to mom as Dr. Handsome) thank you for your compassion and care over the last couple of years.

A private interment is to follow.

In lieu of flowers, donations can be made to CancerCare Manitoba or Stonewall Hospital Foundation.



# Announcements

Stonewall Teulon  
Tribune

## OBITUARY

### George Lloyd Swanson

1935 - 2019

George passed away at St. Boniface Hospital September 25, 2019 at the age of 84. He is survived by his son Darren (Lindsay nee Simpson); brothers Carl and James (Fay); his sisters Arlene (Frank), Audrey and many nieces and nephews. Predeceased by his parents and wives, Barbara Swanson (nee Roberts) of 12 years and Marian Swanson (nee Kulmatycki) of 33 years.

George was a quiet man, he didn't say much but when he did you listened. He was very insightful and sincere. George was an extremely hard-working man and was a successful business owner in the logging industry in Cochrane, Ontario, before moving to St. Andrews, MB to be closer to Marian's family and to retire.

George was a jack of all trades, but his true passion was flying. He enjoyed being free as a bird. He also took pride in his cooking and gardening as well as entertaining family and friends.



Flowers are gratefully declined. If friends so wish, donations can be made to the Royal Aviation Museum of Western Canada (royalaviationmuseum.com) or a charity of their choice.

We would like to thank the staff on 5B and the Dialysis unit at St. Boniface Hospital and the staff at Homecare Assistance for their compassion.

Funeral service will be held at Gilbert Funeral Chapel, 309 Eveline Street, Selkirk, Manitoba, on Thursday, October 3, 2019 at 11:00 a.m.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Gloria Mollard

November 6, 1936 - September 19, 2019

It is with great sadness we announce the peaceful passing of Gloria at the age of 82 years after a long battle with lung cancer. Gloria was predeceased by her beloved husband, Don of 49 years and her brother Gordon. She is survived by her two sons, Dave and Tom; three grandchildren, Brittany (Jose), Braydon and Jon and one great-grandchild, Gabriella.

Gloria spent her early years as a teacher, working in Gillam, Jenpeg, Winnipeg, and areas around Stonewall. She enjoyed curling, golfing, traveling and being with friends but most of all she loved spending time with the family.

She was a woman full of stories that made you laugh. Gloria was so special with a heart of gold. Always so welcoming with a warm smile and open arms. She was a very classy lady (hair and nail's done, teahouse lunches). Gloria was also a woman of hard work and determination, always offering to help when needed.

Orchids and Oriole birds were her favourite!

Special thanks to Stonewall Hospital for taking such gentle care and keeping her so comfortable during her stay. Thank you to Dr. Graham and CancerCare Manitoba for all your help.

A celebration of life will be held in honour of Gloria on Sunday, October 6 at the Stonewall Quarry Park Heritage Centre beginning at 1:00 p.m. Feel free to bring and share any stories or experiences shared with Gloria.

In lieu of flowers, donations can be made to CancerCare Manitoba.

We love you and miss you Gramma-G!

Always in our hearts.



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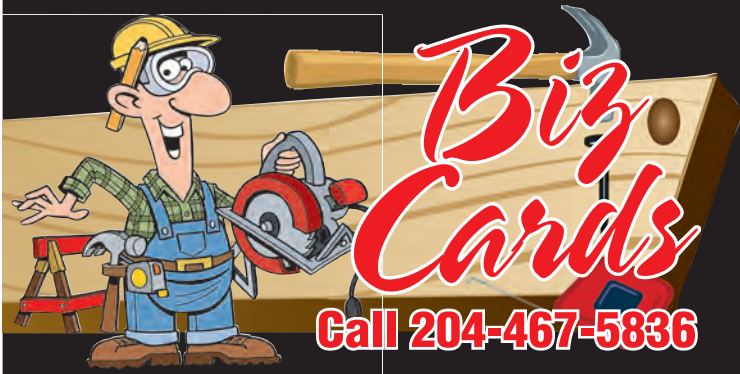
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# THE 2ND ANNUAL STONEWALL-TEULON RCMP COMMUNITY GOLF TOURNAMENT

Wishes to thank all of the golfers and amazing sponsors who braved the pouring rain and made our event a success! We raised \$6,000 that will be split between our three local youth organizations.



Pictured left to right; Lacey Clarkson, Toni deLaroque, Amanda Margetts, Danelle Guenther, Lana Knor, Sheena MacDonald and Lindsay Sawchuk.

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