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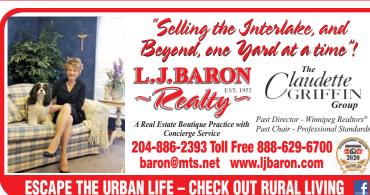
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Barb Fenske, left, Dale Yeo, middle, and Pat Moldowan, all of stonewall, have participated in all 41 Terry Fox Runs since its inception.

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Terry Fox Run goes virtual for a second year

By Sydney Lockhart

Stonewall residents walked last Sunday to continue supporting cancer research in memory of Terry Fox and loved ones.

"It just makes you feel like no matter what is wrong, or how difficult it is, it cannot be as difficult as Terry's journey was," said resident Barb Fenske. "And why wouldn't people walk or run?"

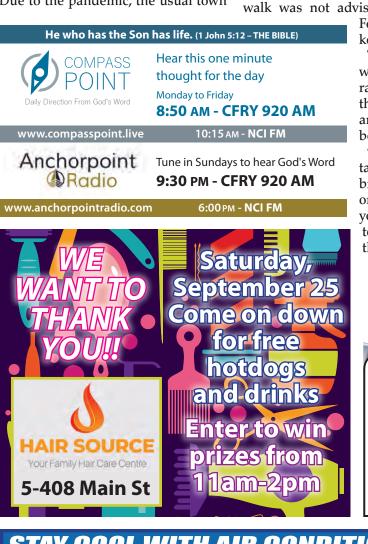
Fenske is one of three residents who have participated in all 41 walks. Only around 700 people have accomplished this across Canada. Fenske, Dale Yeo and Pat Moldowan were awarded with plaques on the 40th anniversary of the run.

"We've come a long way in a lot of areas, but cancer is still with us," said Fenske.

Participants walked on their own or with family and friends this year. Due to the pandemic, the usual town



Cathy Goresky and her family and friends gathered on their own to participate in this year's Terry Fox Run.



walk was not advised by the Terry Fox Foundation to

keep people safe. The Stonewall participants raised over \$6,500 this year. The final amount is yet to be determined.

"It's a more solitary thing and brings back memories. Otherwise, you'd be talking to somebody else that's walking

with you, you know, so it turns back into like a memorial," said Fenske about walking alone this year. Her husband passed of cancer five years ago.

"We used to go around the neighbourhood knocking on doors," she said. "With so many families being affected with it now, I found it much easier being just myself to make my donation and let everybody else know it's going on and I put my plaque out on the grass."

Fenske said she hopes people realize that 41 years later the job still isn't finished and that anyone who can



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should bike, walk or run to support the endeavour. She said it is never too late to start supporting the cause.

"The saddest part about walking that many years is the ones that are missing that used to be with you," she said.

Pat Moldowan started walking 41 years ago because she was working as an educator and would take her students out for the walk.

"I felt strongly that he had done so much on his own and was able to tackle walking across Canada," she said.

Moldowan said she remembers one walk in the 1980s when she pushed her young baby Devon in his stroller along the whole walk. That year, ambulances and fire trucks escorted the walk, one of them hanging behind to keep an eye on her.

"The Kinette club has sponsored me every year. This year I took it to the meeting and not only got club support, I got individuals' support as well," she said.

Moldowan has been a member of the board for many years, helping get the word out about the annual walk and handing out signs.

To donate to the Terry Fox Foundation, go to https://terryfox.org.

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James Bezan re-elected in Selkirk-Interlake-Eastman

Staff

While Canada elected a minority Liberal government, PC candidate James Bezan celebrated another victory.

Selkirk-Interlake-Eastman MP Bezan secured his seventh term in office by a wide margin Monday night.

Mailed-in ballots weren't slated to be counted until Tuesday and special ballot results will take even longer, but at press time Bezan had received 57.1 per cent of votes with 27,240.

His nearest competitor was the New Democratic Party of Margaret Smith (9,190 votes) followed by Liberal candidate Detlev Regelsky (6,258), People's Party Ian Kathwaroon (3,716) and the Green Party Wayne James (1,276).

Bezan was first elected as a Conservative MP in 2004 and has retained his seat through the 2008, 2011, 2015, 2019 and 2021 elections.

Over the course of his parliamentary career, he has been a strong advocate for rural communities and the agricultural sector. He has chaired the standing committees for Agriculture and Agri-Food, Environment and National Defence.

"I am honoured to be re-elected and humbled to

continue representing our amazing riding. I wish to thank everyone who participated in this election and express my heartfelt gratitude to my amazing campaign team, countless volunteers and all who marked their ballot for our Conservative team.

"I look forward to continuing to advocate for the great people of Selkirk-Interlake-Eastman on the issues that are important to them. Fighting for our farmers and ranchers, supporting our commercial fishing industry, attracting new business opportunities to our rural communities, protecting our beautiful lakes and rivers, and of course being a passionate voice for our riding in Ottawa.

"To the other candidates who put their names on the ballot and the teams who supported them, I would like to acknowledge their vigorous participation in our democracy.

"Although the final national result is not what I was hoping for, I know that our Conservative caucus is more than prepared to hold Justin Trudeau to account in this minority parliament."

Voter turnout for the Selkirk-Interlake-Eastman electoral district was 47,679 of 75,440 registered electors (63.2 per cent) but does not include electors who registered on election day.



TRIBUNE PHOTO SUBMITTED

Selkirk-Interlake-Eastman MP James Bezan secured his seat in the 36-day 44th federal election on Sept. 20.

Stonewall council votes to put aquatic centre on hold

By Jennifer McFee

Stonewall council has decided not to commit to building an aquatic centre on the Veterans Memorial Sports Complex site.

Council presented the idea to the public on Aug. 5 as part of a redevelopment vision for the sports complex and requested community feedback on the potential addition of an aquatic centre over the next three years.

Community members provided feedback, with many people in attendance in opposition to the idea.

Council is aware of the cost commitment required to build and operate an aquatic centre, so they opted not to proceed at this time. In addition, they will continue to engage with the community about any other components of the conceptual plan to expand and redevelop Veterans Memorial Sports Complex.

Coun. Walter Badger expressed disappointment but said it was common sense to put the project on hold.

"I'm sorry this is happening," he said during the Sept. 15 council meeting. "We had a chance to do something really special."

Coun. Kimberly Newman agreed.

"It's just not in the cards right now," she said. "The support isn't there."

Similarly, council also decided to not proceed with a project to renovate the town hall.

They had been working on an initiative to ensure long-term functionality and use of the administrative offices at 293 Main St., while also seeking a potential solution to accessibility issues.

However, the tendered price for the renovation and expansion project

ended up being much higher than the original estimates. This cost increase was likely due, in part, to supply chain disruptions during the pandemic.

For now, the town's administration will look for alternative solutions related to the building's accessibility and functionality. Council requested a report on the topic by the end of 2021.

In other council news:

• Council defeated a motion to continue with a pilot project that restricted traffic along a portion of Keith Cosens Drive in response to traffic safety concerns in that area. Through this pilot project, a parking ban was in place along Keith Cosens Drive from 5th Street West to Lions Way.

Council discussed keeping this parking ban as a permanent solution for traffic concerns, but this resolution voted down.

Councillors Peter Bullivant, Jackie Luellman and Walter Badger voted against the resolution, while Mayor Clive Hinds and Coun. Kimberly Newman voted in favour.

• Council passed first reading of a bylaw to regulate smoking and vaping on or near Town of Stonewall outdoor facilities and properties, including the distance from the entrance to indoor facilities.

Coun. Walter Badger said he would prefer if the bylaw also included sidewalks and trails.

"We're leading the way," he said.

• Council also passed first reading of a bylaw to preserve and conserve buildings, structures, lands and other resources that are of local interest or have special architectural, historical,

Continued on page 4



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Virtual IERHA menopause workshops to improve women's quality of life

By Patricia Barrett

The Interlake-Eastern Regional Health Authority (IERHA) is offering a seven-week workshop on perimenopause and menopause to help women understand and deal with the symptoms that a majority of women will experience.

IERHA community wellness facilitators Jan Keryluk and Marilyn Sitar coordinated the sessions, which are free and start this week. They're designed to improve women's quality of life.

Keryluk said the workshops were offered about three years ago in Gimli, and there has been great demand for additional workshops. The virtual format will allow more women to participate.

"The wonderful thing about these workshops is they are very interactive. We encourage women to speak up and use the chat feature," said Keryluk. "Each session will have an opportunity for participants to ask the presenters questions."

Perimenopause means close to menopause, a time when a woman's body starts to transition to menopause. Menopause is defined as the cessation of menstruation for 12 consecutive months. Both are normal processes of aging.

The menopausal transition typically begins between the ages of 45 and 55 and could last for seven to 14 years, according to an IERHA infographic.

Symptoms can be unpredictable as to when they occur and how long they'll last. They include hot flashes, sleep disruption and fatigue. But women can also experience bone loss and be at increased risk of heart disease and stroke.

There's a stigma attached to menopause and lack of understanding of what many women will likely experience during the transition. But awareness is slowly growing.

"From my personal perspective, it's changing," said Keryluk. "I've seen some positive movement around how women are portrayed and the opportunities that are open to them, but I still feel there is a stigma around aging. Menopause is part of aging and we don't talk about it."

Given the ongoing COVID-19 pandemic, the workshops will be offered virtually and at night so that women who work have an opportunity to participate.

Keryluk said the sessions will be led by IERHA health-care staff as well as by staff from community partners such as Quarry Physiotherapy, Gimli Pharmasave and the Manitoba Fitness Council. They'll be offering their time and expertise free of charge.

Session topics include diet, regular exercise, pelvic floor exercises, abnormal bleeding, moods, disrupted sleep, which can occur with or without hot flashes, and natural and pharmaceutical interventions to help manage symptoms. There will also be a question-and-answer session with gynecologist Dr. Michael Boroditsky.

"You can help alleviate symptoms with foods you eat because certain foods can make menopausal symptoms worse," said Keryluk. "Another wonderful intervention is physical activity. We've got a fitness leader to talk to women about that and take them through their paces."

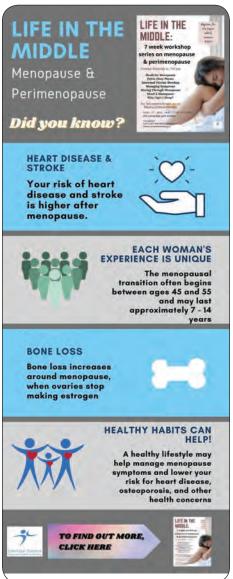
Participants can sign up for some or all of the sessions. They run from Sept. 21 to Nov. 2 on Tuesday nights from 7 to 8 p.m. To register call 1-877-979-WELL (9355) or email wellness@ ierha.ca.

Visit the IERHA's Facebook page for more information about programs, services and vaccine clinic locations.

vehicles as surplus capital assets and followed the process to sell them. They will accept a bid of \$6,001 for a 2008 Ford F150 XL Triton and \$6,875 for a 2006 Ford F150 crew cab.

• Council has accepted a quote from Shelmerdine Landscaping and Construction for planting a buffer tree line between Provincial Highway 67 and the homes on 9th Avenue South in the Global development.

• The Town of Stonewall office will be closed for the National Day of Truth and Reconciliation on Sept. 30. Taxes are due that day so to avoid penalties, residents can make payments through the mail, electronically or by dropping them in the lock box.



INTERLAKE-EASTERN RHA INFOGRAPHIC

The transition to menopause often begins between the age of 45 and 55 and can last for about seven to 14 years. Women can experience a range of symptoms, including hot flashes, disrupted sleep, fatigue and have a higher risk of heart disease and stroke. A healthy lifestyle can make the transition easier.



> STONEWALL COUNCIL N BRIEF, FROM PG. 3

cultural and natural interest in the municipality.

• CAO Wally Melnyk sent a letter to Stoneridge Meadows residents to let them know that, after much discussion by council, the town will no longer restrict or prevent property owners from replacing the existing chain-link fence originally installed within the development. Property owners who would like to make changes to their fence can find information on the South Interlake Planning District's website at http://sipd.ca/p/fences or by email at info@sipd.ca or by calling 204-467-5587. They should ensure that the changes comply with the Town of Stonewall's zoning bylaw.

• The Town of Stonewall will donate \$169 to MADD to support its goal of stopping impaired driving.

• The town has deemed two of its



Family Skate: Saturday 6 - 9pm Sunday 12 - 4pm Stick Time: Saturday & Sunday 4 - 6pm Cost is \$3 per person. Helmets are mandatory during stick time if under 18 and highly recommended for all skating activities. For more information or to book call 204 389-5126 or email rec@winnipegbeach.ca COVID-19 protocols observed in our facility

Southern Health COVID-19 numbers continue to concern officials

By Lorne Stelmach

The Southern Health region and communities such as Winkler continue to be areas of concern in regards to COVID-19 in Manitoba.

The weekly Monday update by provincial officials, though, offered little new in terms of addressing the continued rise in cases in the area.

"We continue to follow that transmission," said chief public health officer Dr. Brent Roussin. "We know that we've seen a higher test positivity in those areas, certainly higher case counts as well as lower vaccination rates overall.

"Certainly, we're concerned about the transmission that's ongoing there and continue to assess that," he said. "It's really, as per usual, a multi-layered approach. We continue to offer testing, doing contact tracing and isolation. We have measures trying to increase the vaccine uptake in this area, and we have those restrictions."

Public health officials Monday reported two new deaths in people with COVID-19 including a female in her 70s and a male in his 60s, both from the Interlake-Eastern health region.

Warren gas station shows appreciation for ISD drivers



TRIBUNE FILE PHOTO BY TYLER SEARLE Sahib Nanda and Solomon Negash are the new owners of Warren Domo.

By Nicole Brownlee

A Warren gas station is showing its appreciation for school bus drivers with a snack and a smile.

The Warren Domo is offering a free samosa or muffin with a drink of pop or coffee to all Interlake School Division bus drivers from September 2021 to June 2022.

The Domo's co-owners, Sahib Nanda and Solomon Negash, said they wanted to give back to the hard-working drivers while getting to know their customers. Nanda and Negash took over the Domo from long-time owner Rick Heaps on July 15.

"We thought, you know what, let's help (the drivers) out," said Nanda. "They come here to get diesel all the time.... We wanted to meet them too." Sahib posted the initiative to the Warren Domo Facebook page on

Continued on page 8



The total number of deaths in people with COVID-19 is 1,205.

The five-day COVID-19 test positivity rate was 2.3 per cent provincially and there had been 244 new cases of the virus since Thursday including 88 cases Friday, 54 cases Saturday, 60 cases on Sunday, Sept. 19 and 42 Monday.

Of those new cases Monday, 30 were in individuals not fully vaccinated, including eight out of the nine new cases reported in the Southern Health-Santé Sud health region.

Overall, there were 598 active cases in Manitoba at the start of the work week, including, 14 in the Arborg/Riverton district; six in Beausejour, three in Eriksdale/Ashern, six in Fisher/Peguis, six in Gimli, three in Northern Remote, one in Pinawa/Lac du Bonnet, 28 in Powerview/Pine Falls, one in Selkirk, three in Springfield, five in St. Clements, four in Stonewall/Teulon, one in Unknown, two in Whiteshell and three in Winnipeg Beach/St. Andrews in the Interlake-Eastern region. Overall, 66 Manitobans are hospitalized with COVID-19, including 14 in intensive care.











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meant he was drawing closer to us in

Manitoba. Perhaps we could even get

And then, just as I was preparing for

another school year, came the terrible

news bulletin of Sept. 1, 1980. After

143 days and 5,373 kilometres of run-

ning, Terry had to stop his Marathon

of Hope. Not feeling well, he soon

learned that the cancer had reached

Today, a magnificent statue of Terry

Fox sits near the highway not far from

where his epic run was halted. That

statue has become a shrine for count-

less Canadians who stop there to re-

member someone, many now consid-

My reaction that day would have

stunned disappointment. When you

were pulling so hard for someone to fulfill a dream — especially against such great odds — you are devastated

been the same as many of yours -

er the greatest Canadian of all.

when that hope is dashed.

to see him!

his lungs.

The nation wept.

If I don't make it ... the Marathon of Hope must continue

By Dale Yeo

He emerged from the sea and, with that unforgettable hip-hop gate, ran straight into the hearts of Canadians. If I were to put into my own words the way in which a young unknown named Terry Fox moved rapidly from anonymity to iconic Canadian status, those would be the words of description I'd choose.

It was on April 12, 1980, that Canadians watched TV news coverage later that night to see the image of a 21-year-old dipping his artificial right leg into the Atlantic Ocean off the harbour at St. John's, N.L.

"I'm going to run Canada from east to west and try to raise \$1 million for cancer research," proclaimed the Winnipeg-born youth.

Like many of you, my reaction is one of awe, admiration and skepticism. How could he run a marathon every day as he'd announced he would do?

As chance would have it, I was then training hard for a marathon myself - the 1980 Manitoba Marathon in late June. I was learning just how much effort it took to get into adequate shape for that grueling run.

And he was going to run a marathon every day? On one leg? He might be nearly 20 years younger than I was then, I thought, but it all seemed pretty doubtful.

Then his"Marathon of Hope" began, at first with every little fanfare. But one maritime province after another fell to his curious stride during the unusually harsh spring of 1980. As he passed from one province to another, I became a believer. I wasn't alone.

Now we began getting daily news updates on his progress. Catchy little jingles were sung, interviews with the

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handsome curly haired runner commanded our attention. He was articulate but, more importantly, what he said came straight from the heart.

"I'm not special. ... Cancer happens to people all the time."

He had seen young children in the same cancer-treatment wards he had known, and that remembrance struck him particularly hard, he recalled.

"Somewhere, the hurting must stop." His run through Quebec was rather lacklustre, low-key after the public adulation that had grown as he worked his way through the Martimes.

Then came Ontario. Interest there, fanned by interviews and by filming of his laborious daily run, flamed up. He was greeted by people all along his southern route as he headed for the great metropolis of Toronto. Some would even run with him, and donations increased rapidly.

In Toronto, I remember watching his meeting with favourite hockey player, Darryl Sittler. With his usual class, Sittler gave his 1980 All-Star home jersey to Terry Fox. It would later be displayed in the B.C. Sports Hall of Fame as part of the Terry Fox Gallery.

Then from the populous south, he was off to the lonely roads of Northern Ontario. The stark images of Terry's running alone through rainy days and up steep hills are with me still.

He would rise every morning at 4 a.m. and run 12 miles before taking his break. Each day's run would begin at some small marker that his brother Darrell or best friend Doug Alward had placed roadside the night before to signify the place where Terry had stopped for the day.

I grew more excited as he neared Thunder Bay. Why? Because that

Printing.

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We all watch subsequent interviews with Terry from a B.C. hospital where he promised to resume the run "if he could." The catchy little song, "Run, Terry,

Run," a popular tune that came out then, seemed to sum his efforts up best. Then, on Sept. 18, 1980, came a cer-

emony that impressed me mightily; It was the presentation in Port Coquitlam, B.C., of the Order of Canada to Terry. He was the youngest person ever to receive that prestigious honour.

What made the ceremony just a little more meaningful to Manitobans was

Continued on page 7





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Brian Bowman Sports Reporter ADDRESS





TRIBUNE PHOTO BY MIRANDA DELINE

Brant-Argyle staff members Kim Deline, left, and Trish Baldwin, completed a personal challenge that included raising \$700 for the MS Society. The duo participated in the 90km MS Bike Ride to Cimli. Mother Nature shone down on them and provided a great tail wind that helped reduce their time to 3 1/2 hours. Deline and Baldwin have people in their lives directly affected by MS. The 93 cyclists that rode in the Gimli portion of the ride raised \$169,224.60 as of press time. Help the Tribune record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: weather@stonewallteulontribune.ca.

> MARATHON OF HOPE, FROM PG. 6

that the honour was conferred by Gov. The event has now spread worldwide Gen. Ed Schreyer, a former premier of our province.

In his eloquent address, the governor general bestowed the Order of Canada on a clearly moved Terry Fox and then praised him in words from a famous poem:

"Brave soul that took a long and painful road and helped create a dream that could not fail."

"That was you!" concluded Ed Schreyer, looking directly at the young man around whose neck he had just placed the Order of Canada.

Tragically, Terry Fox was unable to fight off the cancer and passed away on June 28, 1981, at just 22 years of age.

His last words were: "If I don't make it ... the Marathon of Hope must continue."

And continue it has — and how! Every year since 1981, Canadians have come out in droves on the third Sunday in September to carry on his run. to over 60 countries and has raised over \$850 million for cancer research - research that has eliminated some forms of cancer (Terry Fox would

likely survive his kind of cancer today) and advanced cancer treatments dramatically.

This Sept. 19 the country celebrate the 41st Terry Fox Run. Once again, unfortunately, we were not able to do the run together due to this cursed pandemic. Please get vaccinated to end this bloody menace.

Nonetheless, Canadians and others everywhere headed off individually or in small groups to walk, run, bike, skateboard, horseback ride or whatever to pay tribute to a truly heroic Canadian.

Many dedicated this year's Terry Fox Run to someone you loved who was lost to you in the past year. When I

took part in the first 1981 run, I dedicated it to my wife's mother who died of cancer less than a month before Terry Fox.

Unable to participate actively in the run, my wife Rosemarie always supported it financially, emotionally and any other way she could. I treasure now a photograph she snapped of me heading off alone

on last year's run.

"BRAVE SOUL THAT

TOOK A LONG AND

HELPED CREATE A

NOT FAIL."

PAINFUL ROAD AND

DREAM THAT COULD

This year I dedicated my run to my beloved Rosemarie who fell victim to COVID in late November of 2020.

- Dale Yeo, Stonewall resident



Kind Words

A number of years ago, when I was a teenager, a Bible verse really jumped out at me. Proverbs 15:1 says, "A kind



answer soothes angry feelings, but harsh words stir them up."

I was in the midst of ongoing sibling conflict and, as you can imagine, felt very justified in my side of the story. However, when I read this Bible verse, it was planted deep within me that day and I've never forgotten it. Have I always put it into practice in the midst of a heated conversation? No. But the truth of this scripture stands firm; a kind and gentle response often does diffuse an angry situation or person.

Kindness can be defined as the quality of being generous, helpful and caring with other people. This seems reasonable to want and expect people to be helpful and caring with those around them. And yet it doesn't take very long to read about or hear of situations where this just isn't the case. I suspect, if we're honest, likely each of us has stirred things up with our harsh words at some point in our life.

In the last number of months, I have found myself more challenged with the lack of kindness in the words and actions of those around me than perhaps at any other time. This has made me evaluate my own actions and expressions of kindness (or lack thereof) towards others. Matthew 7:12 is often referred to as the Golden Rule and it says, "Treat others as you want them to treat you." If we're hoping or expecting others to be kind and gracious with us, then let's be sure we offer kindness and graciousness to others first because someone needs to go first, and it might as well be us!

And one last thing, when we're offering kind and gracious words to others, let's be sure to offer them to ourselves as well.

Pastor Jo-Ann Porterfield Alive Family Church Stonewall, MB

Work underway for feature film Polarized

By Jennifer McFee

Work on a new feature film called Polarized is now underway, including several scenes shot in familiar settings.

The film is a project of writer and director Shamim Sarif, who is also a long-time advocate for rights of women and the LGBTQ+ community. Her latest film will align with these themes — including a plot that hinges on two women leads falling in love.

She searched Canada for the ideal actor to portray a Palestinian scientist and business owner named Dalia. Maxine Denis was chosen for this partly Arabic-speaking role. In addition, Holly Deveaux is another mustsee cast member portraying a character named Lisa.

According to IMDb, Lisa is an aspiring songwriter whose family's farm foreclosed. As a result, she works at a new urban farm where she meets Dalia.

"Her casual racism leads her to be fired," the write-up on IMDb states, "but the women end up drawn into a passionate affair."

Local producer Juliette Hagopian and Canadian producer Hanan Kattan with Lady Lady Pictures are also working on Polarized.

Location manager Connor McBride said the filming will take place in multiple farming communities outside of Winnipeg, with a couple of days in the city as well.

In Stonewall, residents may have noticed some excitement as film work took place in the heart of the town.

"We are localized out of Something Beautiful for the most part. It's going to be a deli in the movie. There's also going to be a small wedding scene outside of the town hall," he said.

"We'll be filming at the church in Balmoral, and there's also going to be a festival scene at the Warren grain silo."

McBride noted the positive response from the local community about the film work for *Polarized*.

"We know that Stonewall is a great town to film in. It's really receptive to the film industry, so that's something



TRIBUNE PHOTO SUBMI

The Palestinian "family," a.k.a. one half of the #PolarizedMovie cast, has officially landed in Winnipeg last week and started filming at Something Beautiful in Stonewall.

that we were looking for — and the locations are just gorgeous. They're very cinematic," he said, noting that Manitoba's film industry is extremely busy right now.

"It's a really nice town. Everyone I talked to was so lovely, which makes me excited to film here."

Rockwood council news in brief

By Jennifer McFee

A company called Valley Fibre is proposing another dedicated internet option for the RM of Rockwood.

During the Sept. 8 council meeting, Conley Kehler provided a virtual presentation to discuss the company's digital phone, television and internet services, which he says are faster than the alternatives.

The company proposed a \$9-million investment to connect about 1,592 homes, with no financial contribution from the RM.

Valley Fibre would like to engage in a more in-depth conversation with council.

In other council news:

Sept. 30 will be a statutory holiday for all RM of Rockwood staff in recognition of the National Day for Truth and Reconciliation.

bylaw that focuses on the creation of a community enhancement reserve fund for communities within the RM.

The RM will renew an agreement with Lafarge Canada Inc. and Mulder Construction and Materials Ltd. regarding the right to mine

limestone. Reeve Wes Taplin excused himself from the discussion due to a declared conflict of interest.

Council approved a variation request for a proposed farmstead subdivision on Road 83N.

Council also conditionally approved a proposed subdivision of Cottingham Farm.

> ISD DRIVERS, FROM PG. 5

Sept. 10 and asked the ISD to pass the message to their drivers.

Since then, several drivers have taken the gas station up on their promotion.

"They've been enjoying coming in. We chat with them all the time," said Nanda.

The ISD said they appreciate Nanda and Negash's efforts.

"Our school bus drivers play a very important role in the lives of our students," said Jaret Thiessen, transportation supervisor for ISD.

"Bus drivers are the first contact in the morning and the last contact at night, which can be a difference-maker in their day."

Not only do the drivers need to get the students to and from school safely, but they're also making sure they're wearing their masks and following

Several bus dispatchers have strug-

gled to maintain staff during the CO-VID-19 pandemic because of the risk and responsibility that falls on the driver.

"The fact that someone outside our division team recognizes them in this way is an especially nice gesture," said Thiessen.

The Warren Domo also offers full service and a five-cent discount on fuel prices on Wednesdays and plans to open its carwash in mid-October.





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COVID-19 regulations.

ROYAL CANADIAN LEGION

STONEWALL BRANCH - 467-2261 Lic #418

Open Wednesday 4 to 9 Chase the Queen draw at 8:30 **Open Friday 4 to 9** Open Saturday 2:00 to 7:00 Meat Draw at 3:00

Council gave first reading to a

Stonewall library offers virtual programs for kids

By Jennifer McFee

The Stonewall library will continue with its novel approach to literacy.

Library clerk Kelsey Dingwall plans to run two virtual programs aimed at youngsters.

The first program will be a virtual storytime geared for kids aged five and under. New videos will be uploaded to the library's YouTube channel every Friday starting Oct. 1. The 30-minute videos will feature stories, songs and rhymes to catch the attention of the young audience.

"Our focus is going to be on colour, but I will throw in a few fun holiday-themed story times such as Halloween, Thanksgiving and Christmas," said Dingwall, a mom to two kids who fall within this age category.

"We'll also have a small take-home craft kit available for families to pick up at the library to accompany these videos."

The library's previous virtual storytimes were well received, and the hope is that lots of families will sign up again. No registration is required, and there's no obligation to participate in each session.

"It's my goal to bring the community together in a way that is safe for everyone. Kids under 12 can't get vaccinated, so we want to do our part to keep everyone safe," Dingwall said.

"If you want to participate, you can drop in, pick up a craft kit and watch the videos. While you're at the library, you can pick up some books too. If you can't make it, it's no problem. For this age group, we're trying to keep it as flexible for your schedule as possible." The virtual after-school library club will also be starting again for kids in grades 1 to 4. Sessions will be held every Thursday via YouTube from Oct. 21 to Dec. 9.

"Our theme will be exploring the ocean," Dingwall said."For that program, take home kits with instructions will be available. The program was very popular before, so we're going to try to continue with that."

Space is limited in the after-school library club, so registration is required. To register, visit the South Interlake Regional Library website at www.sirlibrary.com, call 204-467-8415 or email stonewall@ sirlibrary.com.

"The Stonewall library is happy to be open and serving the public," Dingwall added. "We just want to remind everybody that masks are mandatory in the library. We are still offering contactless pickup for those who wish. You just have to give us a call and we can arrange that."

The library has now shifted to its fall schedule. It's open Tuesdays from 11 a.m. to 7:30 p.m., Wednesdays from 11 a.m. to 5:30 p.m., Thursdays from 2:30 to 7:30 p.m., Fridays from 11 a.m. to 5:30 p.m. and Saturdays from 11 a.m. to 3:30 p.m. The Stonewall library is closed on Sundays and Mondays.

Bookworms of all ages might also be interested in an upcoming book sale. The Friends of the Library volunteer group will host a pop-up sale behind the library on Saturday, Oct. 2 from 10 a.m. to 2 p.m. All proceeds will go towards the purchase of a new bookmobile.



TRIBUNE PHOTO SUBMITTED Library clerk Kelsey Dingwall

Firearms stolen in Rockwood

Staff

An investigation is underway after a number of firearms were stolen from a local property on the weekend.

RCMP Sgt. John Griegson said there was a break and enter to a property in the RM of Rockwood.

"It is believed that several firearms were stolen as a result," Griegson said.

"Our investigation is continuing with the assistance of our forensic identification section."

The property owner is a Rockwood resident who lives north of Stone-wall.

"They attempted to break in on Thursday night by ramming my building and they were unsuccessful. There's a solid steel door that they could not bust in, so I made an RCMP report Friday morning," said property owner, who didn't want to have his name published.

"They came back on Saturday morning and they entered two buildings. One is a pump house where our well is. The other is our attached garage. That's the one that really bothers us."

Guns and ammunition were stolen, he added.

"It would appear that it was targeted. I run the Manitoba Junior Shotgun Association and I also run the junior program at the Winnipeg Trap and Skeet Club, so there are lots of people that know I have guns," said the property owner, who has filed an insurance claim.

"Naturally, we'll be increasing our security to make sure it doesn't happen again. It happened once before 15 years ago. I think it's probably some of the same people. We upped our security at that time, but they ripped steel bars right off the window."

Anyone with information can contact Stonewall-Headingley RCMP detachment at 204-467-5015. For anyone who prefers to remain anonymous, they can contact Manitoba Crime Stoppers at 1-800-222-TIPS (8477).



Zebra Mussels in Lake Manitoba

The discovery of zebra mussels in Lake Manitoba should concern everyone. These small, invasive mussels:

- ruin beachgoers' activities with their foul smell and sharp edges that can cut people's feet or injure pets' paws.
- clog water intakes, which will cost all Manitobans.
- harm native fish species, negatively affecting recreational and commercial fishing.

It didn't have to be this way.

There is no way to get rid of zebra mussels once they are established, but we can prevent their spread to other Manitoba water bodies. Whether you're a boater, paddle boarder, kayaker or someone who enjoys floating on an air mattress, make sure you know what steps to take to clean, drain, dry and decontaminate properly, any item that's been in an invaded water body before using it in an uninvaded water body.

To learn how **you can help prevent the spread**, go to **manitoba.ca/StopAIS**



Local educator publishes 100 Ways to Kill a Teacher

By Sydney Lockhart

Woodlands resident and long-time educator Dr. Margaret Aisicovich published her book highlighting tales and problems within the public education system in Canada.

"I heard and experienced and observed lots of issues in the educational field from student teachers that were coming back and telling me stories," said Aisicovich.

Her book, titled 100 Ways to Kill a Teacher, discusses racism, sexual harassment, teacher and student inequality, and the treatment and expectations of educators in the public school system.

"You're a teacher first and a person second," she said.

Aisicovich was a principal in the RETSD and the ISD as well as a professor at the University of Winnipeg before retiring last year.

She said after retiring, she felt that she had the opportunity to collect stories and share her own to speak to hidden agendas and long-term issues ignored by the education system.

"It's pretty universal, though. When there's a lack of leadership management and oversight, you're going to have certain issues. If you have nepotism and unfairness, racism, sexism, sexual harassment, you know you're going to have the same issues across the board," she said. "I think people aren't aware there's so many basic things that, when I was teaching, the students weren't aware of."

The 93-page book uses humour and Disney villain names to keep identities hidden. The illustrations were made by Aisicovich's son.

"There's a lot of things that are being shoved under the carpet or there's a lot of lip service. There's a lot of talk about Indigenous culture and indigenizing curriculum and decolonizing curriculum. But, honestly, that's not getting done," she said. Aisicovich said her goal is to help shape the future for children in Canada, saying they should be taught to celebrate diversity and culture and that the current plans put in place are not giving children the proper education.

"Seeing all the toxic positivity throughout my career, it was just what people need to know about this," she said.

Aisicovich said that being a teacher is always expected to come first, changing the way you parent and even post on social media with caution.

"Even though

you're being hired into a public-school division, you have to understand the culture and you have to support the culture. If they say this is a dry reserve, if you get caught or there's a social media post with you holding a beer or in a room where people are holding alcohol, you could get fired," she said.

Students, teachers and parents are who Aisicovish says she hopes will take the time to read her book and understand the difficulties that teachers face and how they can be hidden.



br. Margaret Alsocovich published the book 100 Ways to Kill a Teacher, detailing the problems with the public education system.

<section-header>

"Respecting the emotional turmoil that people who share their stories with me, respecting the story and making sure that I was really being true to their experience and their vision of it was important," she said.

The book can be bought at Friesen Press, Barnes & Noble, Amazon and Indigo. For more information, go to https://www.maisicovich.com.

Filming in quarry underway for SkyMed series

By Jennifer McFee

Keen-eyed viewers might be able to spot local settings in a new drama series that is currently being filmed in the area.

Production is underway for *SkyMed*, an original 10-episode drama produced by Piazza Entertainment in association with CBC, Paramount+ and CBS Studios.

Created by Julie Puckrin, this new show follows a group of young pilots and nurses in the north of Canada, far from help.

The talented cast includes Natasha Calis (*Nurses*), Ace (Aason) Nadjiwon (*Batwoman*), Morgan Holmstrom (*Siberia*), Praneet Akilla (*Nancy Drew*), Thomas Elms (*The Order*), Mercedes Morris (*Between*), Kheon Clarke (*Riverdale*), Rebecca Kwan (*Taken*), Braeden Clarke (*Outlander*) and Aaron Ashmore (*Killjoys*).

SkyMed will entice its audience with intense character journeys, high-stakes medical rescues in a story of

life, death and drama at 20,000 feet. The series will focus on triumphs, heartbreaks and tribulations of budding nurses and pilots who fly air ambulances in Northern Canada who have nobody to rely on except each other.

"This show was inspired by the real-life experiences of my sister and brother-in-law, who met flying air ambulances in the north," said Puckrin, who also serves as executive producer along with Vanessa Piazza and Ron Murphy.

"Together with a talented team of writers, we created relatable characters full of hope, compassion and resilience. I am thrilled to be working with such an incredible and diverse cast to bring these exciting, emotional stories to life."

From Manitoba, Kyle Irving and Lisa Meeches serve as executive producers for Eagle Vision, while Jennica Harper and Nikolijne Troubetzkoy serve as co-executive producers. Outside of



PHOTO SUBMITTED

An airplane spotted in a Stony Mountain quarry was likely part of a *SkyMed* scene.

Canada, ViacomCBS Global Distribution Group will distribute the series internationally. The show will premiere in 2022-23.

Film props were recently spotted in a Stony Mountain quarry, but the publicist and location manager didn't divulge any information about other sites of local SkyMed filming.

MadLib Casting and Film Services and Kari Casting have been seeking extras for shoots until mid-December in Winnipeg and surrounding areas that include Steinbach and Selkirk.

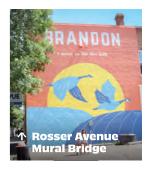
Manitoba Road Trip Ideas

COLBY SOBCHUK HOTO.











Wild West Wanderings

This summer, Travel Manitoba is featuring an amazing collection of road trips to help you explore every corner of Manitoba. Explore Manitoba's second largest city, Brandon, where you are welcomed like an old friend. Then soak in the splendor of the land with a series of day trips through Manitoba's rolling hills and golden wheat fields.

TRAVEL SAFE IN MANITOBA

Keep yourself and others safe as you explore Manitoba. Remember to:

- S Wash or sanitize your hands frequently
- Ð Wear a mask
- Ð **Practice physical distancing**
- € Stay home when you're sick
- Ð Follow all local travel restrictions

Travel Manitoba cannot guarantee that the attractions and businesses featured will be open and operating as described. While we strongly recommend that all tourism businesses adhere to the public health and safety measures set by the Government of Manitoba, we cannot guarantee the compliance of any business featured in this content. Please contact businesses directly for operating hours and policies.

BRANDON BRINGS (1)YOU BACK

Brandon's historic downtown, nicknamed The Hub, is centered along Rosser Avenue. This handsome collection of heritage architecture with faded ahost signs is a testament to Brandon's prosperity at the turn of the 20th century. Visit the independent local businesses that now occupy these buildings, including coffee shops, bakeries and favourite eateries as well as shops selling creative gifts, home decor and beauty items.

Learn about Brandon's early life at **Daly House** Museum, the Victorian-style home of Brandon's first mayor. The Brandon General **Museum and Archives** has three permanent exhibits that highlight the history and nature of the area. The **Commonwealth Air** Training Plan Museum is full of historic aircrafts and artifacts that commemorate the role that the prairie sky and Brandon played in the Royal Canadian Air Force training school during World War II. Check out local art

DAY TRIPS EAST FROM BRANDON

Spend the day road tripping east of Brandon to some unique museums found within an hour's drive

The Royal Canadian Artillery (RCA) Museum

at CFB Shilo is dedicated to the history of the more than 200,000 Canadian Gunners who served in war and peace since 1855. See large artillery pieces, vehicles soldier dioramas and more.

at the Art Gallery of Southwestern Manitoba and do the self-guided walking tour of the city's

colourful murals before grabbing a bite to eat. Brandon boasts a great selection of restaurants, including a range of multicultural kitchens – ranging from Indian to Ethiopian - that are standouts in the community. Next, discover the

Riverbank Discovery Centre in the centre of the city. This network of 17 kilometres of walking trails connects you with the Assiniboine River ecosystem. Ten kilometres south of Brandon off Highway 10, the Brandon Hills Wildlife Management Area is an all-season playground and is particularly well known for single-track mountain biking. Brandon has a number of

great hotels, including many with pools and waterslides for the kids. There are four campgrounds in the area, including one at Grand Valley Provincial Park, along with bed and breakfast options.





Spend the latter half of the afternoon learning about Manitoba's pioneer past at the Manitoba Agricultural Museum just outside the town of Austin. The Homesteaders' Village represents prairie village life in the late 19th century with an 1883 schoolhouse, a post office that once served all of northwestern Manitoba, an elegant clapboard mansion and a general store.





SCAN THE QR CODE to open this road trip map on your phone.



DAY TRIPS WEST 3 **FROM BRANDON**

This second day trip heads west from Brandon to discover some gems in the region that mostly only the locals know about.

Oak Lake, located 45 kilometres west of Brandon, is a jewel hidden in the seemingly endless farmland of southwest Manitoba. The main draw at Oak Lake Provincial Park down Provincial Road 254 is a sandy, family-friendly beach. A marina allows you to put a boat into the water for a day of fishing or watersports. Next door to the beach is Oak Island Resort, an all-inclusive getaway that touts a pristine 18-hole golf course and massive 400-site

camparound. Continue west along the Trans-Canada Highway to Virden, known as the gateway to the Canadian Prairies and the centre of

Manitoba's small oil industry. Check out the historic CPR Station, which is now home to the Arts Mosaic Gallery and the Aud Theatre, an ornate concert hall built in 1911

Visit the Virden Pioneer Home Museum or head just up the highway to Elkhorn to check out the **Manitoba Antique Auto** Museum, regarded as one of North America's best for car enthusiasts.

A final stop is **Eternal** Springs, a hidden oasis located seven kilometres east of Virden. Walking trails lead to a 66-ft swinging bridge over two small stocked trout ponds. It's an ideal spot for a secluded nature walk and picnic. There several campgrounds in the area, plus Virden has six hotels and a number of bed and breakfasts.

Find more things to do in Brandon and in other Manitoba destinations at travelmanitoba.com/road-trips.



Manitoba encompasses Treaty 1, 2, 3, 4 and 5 Territory and communities who are signatories to Treaties 6 and 10. It is the original lands of the Anishinaabeg, Anish-Ininiwak, Dakota, Dene, Ininiwak and Nehethowuk and the homeland of the Métis. Acknowledging these original caretakers is a reminder of our unique heritage, our important relationships and our obligations to and shared responsibilities with Indigenous peoples.



Outstanding recognition

By Jo-Anne Procter

Appreciation is shown in many different ways.

Stonewall Legion Branch #52 president Tim Williams was awarded a Royal Canadian Legion life membership at the branch's first general meeting on Sept. 14.

Williams has devoted many years of outstanding service to the local branch.

He served as president from 2015-2018, past-president in 2019 and resumed the presidency in 2020. A member himself since 1996, Williams has family ties to the legion through his grandparents John and Sophia Klimpke and parents George and Barb Williams.

Williams was instrumental in starting the popular Chase the Queen 50/50 on Wednesdays in 2014 that generated \$162,000 for the branch and brought in more memberships while increasing bar sales.

His background and knowledge in accounting have been beneficial when applying for grants. For example, he successfully applied for and received grants from the federal government to install handicap accessible doors to the clubroom and the auditorium, a washroom upgrade in both the clubroom and hall, making them handicap accessible, and an upgrade in the lighting system in the building.

This year Williams applied for and received a loan from the federal government for \$40,000 to help the branch through a challenging year. In addition, in 2019, he organized and chaired a meat draw on the last Saturday of each month and added a dinner following the draw for muchneeded income.

He has served as sports chairman and lottery chairman and can be found volunteering his time at all legion events.

The Royal Canadian Legion is a nonprofit Canadian ex-service organization founded in 1925. Membership includes people who have served as military, Royal Canadian Mounted Police, provincial and municipal police, Royal Canadian Air, Army and Sea Cadets, direct relatives of mem-



TRIBUNE PHOTO BY CHRISTIE WILLIAMS

Legion Honours and Awards chairman Ken Power presented Tim Williams with a Royal Canadian Legion life membership at the branch's general meeting in Stonewall on Sept. 14.

bers, and now membership is also open to the general public.

A legion membership means you're honouring your loved ones by actively

supporting their needs and honouring their memory.

Argyle celebrates at outdoor community fundraiser







TRIBUNE PHOTOS BY MATTHIEU MEIER

Argyle residents were treated to some fantastic musical entertainment this past Sunday at their outdoor community ceilidh party. Local volunteer Ron Watson was presented his Manitoba 150 medal before Amanda Cannon took to the stage to entertain the crowd. The lineup continued with The Fitzgeralds, Two Crows for Comfort, Sarah Teakle and CSI Bluegrass Band while the sun beamed down with temperatures soaring to 28 degrees C. Guests were welcomed to visit the Settlers, Rails & Trails museum in the Argyle Community Hall.





STARS adds new helicopter to its fleet

Staff

STARS added a new helicopter to its fleet of air ambulances last week.

The Airbus H145, which will fly missions from STARS' Winnipeg base, is the latest in the service's push to replace and renew its fleet across Western Canada.

"Today is about bringing us one step closer to making our fleet renewal program a reality," said STARS president and CEO Andrea Robertson. "It is also about paying tribute to our community allies who began building STARS in this province 10 years ago and have sustained it ever since."

Dignitaries and supporters gathered in Winnipeg Sept. 7 to celebrate the new vehicle, which will officially enter service later this fall.

"On behalf of the provincial govern-

ment, I congratulate STARS on the arrival of their new H145 helicopter in Manitoba," said Premier Kelvin Goertzen. "STARS has been a valued partner in the delivery of critical care in our province for a decade, and I know Manitobans will be well-served for many years to come with this new addition to STARS' life-saving fleet."

In honour of STARS' commitment to Manitoba, the new helicopter carries the registration mark C-FMBQ, with the "MB" paying homage to its new home and the people and communities it will serve.

STARS estimates it will cost \$13 million to replace its fleet of BK117 and AW139 aircraft with new, medicallyequipped Airbus H145 helicopters.

"The bulk of our aging fleet are no longer being built and are becoming

Old Farmer's Almanac makes its winter predictions

By Lorne Stelmach

For a region facing a severe drought, a forecast for a white and wet winter may be unusually welcome news.

It comes courtesy of the 2022 Old Farmer's Almanac Canadian edition, which officially arrived Aug. 31 with a nationwide warning for this winter: Canadians should be prepared to weather some storms.

For 230 years, the almanac has been helping readers prepare for winter's worst with what the publication touts is 80 per cent accurate weather forecasts.

According to the latest edition, this winter will be punctuated by a series of storms with snowfall above normal in many regions, including the northern prairies, with slightly aboveaverage temperatures throughout the season in all but the northernmost portions of the prairies.

"Mild would be kind of a misnomer, though ... it's just not going to be so cold," said managing editor Jack Burnett, who noted the almanac forecast predicts major snow storms for the Prairies in late November, mid-January and early March.

The weather predictions usually get a lot of the attention with the annual release of the almanac, which uses a system that takes into account weather trends as well as climatology, meteorology and even the influence of things like sunspot activity.

"We look for patterns in the past that resemble the present. ... Then we can look at what happened next back then," explained Burnett.

It is part of a tried and true formula for success for the almanac, which at the same time continues to evolve each year.

"We're more than just the weather," Burnett said. "The weather is less than 10 per cent of the Old Farmer's Almanac. ... We're filled with all kinds of other stuff."

For example, the new edition not only prepares readers to weather the storms but revisits the 1972 Canada-Soviet hockey summit, tours the Trans-Canada Highway, shares stories of small farmers, traces the art of animal tracking and more.

There are gardening tips for growing a rainbow of dahlias or a patch of pumpkins (hint: the bumpier the skin, the sweeter the taste) plus how to make scents of potpourri.

There are also recipes that make the most of the season along with awardwinning dishes and desserts that use five or fewer ingredients.

Dispatches from small farmers include how they fared during 2020 and continue to diversify for the future, while another feature shows how to read Mother Nature's signs to choose a fishing spot.



STARS PHOTO BY DAVID LIPNOWSKI

STARS unveiled its new H145 helicopter at a ceremony in Winnipeg last week.

costlier to maintain," said Robertson. "Additionally, independent assessments of the sustainability of our fleet told us we needed to move from two aircraft types to one."

Thanks to government, community, and corporate support, the not-forprofit charity began taking delivery of the first H145 helicopters in 2019 and has since flown hundreds of life-saving missions in the new aircraft from other bases.

Although it has millions of dollars left to raise, STARS hopes to wrap up its fundraising campaign later this year and see the remainder of the new fleet enter service by 2022.

Last week's event helped get them part of the way there, with the Kinsmen Club of Winnipeg and Cargill Limited on hand to present STARS with donations of \$500,000 and \$400,000, respectively.

"Our supporters ride along with us on every mission, and now they are helping us build the next STARS fleet," Robertson said. "These new aircraft are an investment in our ability to serve the people of Manitoba for decades to come, and we're incredibly grateful to the community for helping us get closer to our goal."



The sound of vinyl: Gimli entrepreneur creates record label to showcase Interlake talent

By Patricia Barrett

The owner of Gimli's Ship & Plough Tavern came up with a groovy way to showcase Interlake musicians.

Scott Carman started a record label called Fleece Records and is set to release a compilation record featuring 12 artists from the region.

"We got tracks that were already recorded by the artists, and the first album will be called *Interlake All-Stars Vol. 1,*" said Carman last week. "It features all the great talent that's out here in the Interlake."

Records were invented in the 19th century, periodically undergoing modifications to size and capacity as time marched on. They fell out of favour in the late 20th century with the rise of other media, such as CDs and online streaming. But diehard music fans say you just can't beat the audio quality of vinyl. Records came back into vogue in the mid-2000s and sales continue to grow.

"Records are making a big comeback," said Carman, whose pub serves up delectable dishes with made-in-Manitoba ingredients and entertains patrons with live musical performances and British-style pub quizzes. "I think it was last year that records

Continued on page 15



Fleece Records label.



A compilation album called *Interlake All-Stars, Vol. 1* features 12 tracks from Interlake musicians.



TRIBUNE SHIP & PLOUGH WEBSITE

Cimli musician Scott Petrowski, who performs under the name Van Allen, released his first solo album on Scott Carman's Fleece Records label. Petrowski will be hosting an album release party at the Ship & Plough on Sept. 23.





Pre-School Classes | Ballet | Jazz Tap | Hip Hop | Lyrical | Acro Boys Class | Broadway Bound

Ages 2 - Adult

Classes start Sept 19

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The Stonewall Teulon Tribune Thursday, September 23, 2021 **15**

> VINYL, FROM PG. 14

outsold CDs for the first time since the late '80s or thereabouts."

Over the course of the COVID-19 pandemic, which arrived in Manitoba in March 2020, Carman said he started buying, cataloguing and pricing records, ending up with"thousands of records."He intended to open a brickand-mortar record shop in Gimli, but a series of provincial public health orders would have kept the business closed.

Mandated closures of non-essential businesses such as pubs affected the livelihoods of performing artists, and the concept of starting a record label to help them recover economically and get more exposure emerged from that record-collecting process.

"I reached out to local musicians about putting together a compilation album," said Carman. "Because of the pandemic, artists weren't performing, touring and making money. And venues like the Ship & Plough were struggling. So I thought let's do this compilation album and hopefully make a little bit of money for artists and venues where they play."

The compilation concept is similar to that of Winnipeg-based company K-Tel, which staring releasing thematic compilation albums in the 1960s featuring a wide selection of artists.

Interlake All-Stars, Vol. 1 features 12 artists from the region: Mise en Scene,

Micah Erenberg, Jerry Sereda, Deborah Romeyn, Kate Ferris, This Mad Desire, Jamie Lillie, Lindy Vopnfjord, The Paps, Sol James, Little Miss Higgins and Jaxon Haldane.

The album is currently in the process of being pressed with a release date expected later this fall or early winter, said Carman.

Another musician who worked with Fleece Records is Gimli-based Scott Petrowski, who performs under the name Van Allen. He just released his first solo album called *Small Eclipse*.

"I've been working with Scott to put out his first recording. We have an album called *Small Eclipse*. He's played in bands over the years but this is his first solo project," said Carman."We're really excited about this. It's a unique solo artist project. We want to work with emerging talent and help them get their music out there, not just on compilation albums but on their own albums."

Petrowski will be holding an album release party at the Ship & Plough on Thursday, Sept. 23.

Carman said they'll be streaming *Small Eclipse* and Van Allen will be performing two or three songs live. There will be Fleece Records merchandise for sale at the event, which is open to the public.

Carman said he's already working on a second all-stars album and is considering creating other thematic compilation albums.



STARS saves lives.

Every life is worth fighting for, and every day we take care of some of the most critically ill and injured patients in Manitoba with more than 4,600 missions across the province since 2011.

JOIN OUR FIGHT FOR LIFE AT STARS.CA

STARS

"There are all kinds of things we can look at. Maybe a compilation of some of the early fishermen's music or a compilation of Métis music from the area," he said. "We've got a lot of young emerging talented artists in the area and I'm interested in working with them to put their first recordings out on record."

Carman said he's eyeing opportunities to open a record shop in Gimli that will house both records and the Fleece Records label. The closest record shop he's aware of is in Selkirk. A record store closer to home will serve a number of communities.

"Even though we're a record label, I

still want that storefront component. Down the road when things get back to normal, we'll be looking at opening up a shop offering new and used vinyl records, audio equipment, music memorabilia and other things," said Carman.

Visit Fleecerecords.ca for more information about albums. The label is also on Facebook, Twitter and Instagram. The Ship & Plough is located at 43 Centre St. in Gimli. For more information about the upcoming events and mandatory public health orders, including vaccination cards, call 204-642-5276 or visit its website: shipandplough.ca.



Smoke sticks
Deer calls
Rattle bag
Scent away

Buck & Savon En PAIN
Buck & Cover
Scent cover
Camo burlap blinds
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16 *The Stonewall Teulon Tribune* Thursday, September 23, 2021 **Province offering third doses of COVID vaccine; vaccine name changes approved**

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By Patricia Barrett

The province is making third doses of COVID-19 mRNA vaccines available to select groups of Manitobans.

Manitoba's Vaccine Implementation Task Force medical lead Dr. Joss Reimer announced last week that the province will be offering third doses to people who are immunocompromised, people who want to travel and those who received one or two doses of a vaccine that hasn't been approved by Health Canada.

The announcement comes a few weeks after Canada's National Advisory Committee on Immunization recommended third doses of mRNA vaccines be made available to people who are immunocompromised, as well with advice from the Manitoba task force's medical advisory committee.

"We know that people who are immunocompromised may not be able to develop a good defence against COVID-19 with just two doses of the vaccine," said Reimer in a Sept. 15 news release. "This initial plan for the third dose recognizes those who are at increased risk of severe illness. It also responds to the individual challenges faced by people travelling outside of Canada."

Medical conditions or interventions that result in someone becoming immunocompromised include chemotherapy, organ transplants with chemotherapy or immunosuppressive therapy, HIV-AIDS, medications that severely affect the immune system and those born with immune system dysfunctions. A full list of those eligible for third shots is available on the government's vaccine webpage.

"People who are immunocompromised can be immunized by their

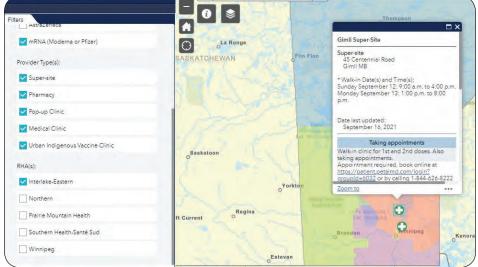


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The Stonewall Medical Clinic is one of many centres across the Interlake that is offering appointments for mRNA COVID vaccines.

health-care provider. Individuals who would like to receive a third dose for travel purposes must be vaccinated by their health-care provider and go through an informed consent process, or present a prescription to a pharmacist," states the news release. "People who have previously received a vaccine not approved by Health Canada can be immunized at super sites, popups or mobile clinics or by a healthcare provider."

The task force is also setting out policies to guide temporary or permanent medical exemptions to immunization. They'll be applicable to those who had a severe reaction (e.g., myocarditis, Guillain-Barré syndrome) to the first dose of a COVID-19 vaccine, those receiving treatments that affect their ability to mount an immune response or people who had a severe allergy or anaphylactic reaction to a



TRIBUNE PHOTO BY PROVINCE OF MANITOBA

The province has an online map of Interlake clinics, including the supersite in Gimli, that are offering first and second doses of mRNA COVID vaccines, as well as third doses to those who received a vaccine that hasn't been approved by Health Canada.

COVID vaccine.

"The process to submit medical exemptions will be finalized as soon as possible, along with updated clinical guidance for health-care professionals," states the release. "The province is also developing a way to ensure individuals with a valid medical exemption are able to access the same benefits as those with an immunization card."

There are a number of clinics and pharmacies across the Interlake region, including supersites in Gimli and in Selkirk, that are offering first and second doses of mRNA COVID vaccines, and are expected to offer third doses to those who received an unauthorized vaccine. They include the Ashern Medical Clinic and Pharmacy, Fisher Branch Pharmacy, Lifestyle Pharmacy in St. Andrews and Rexall Pharmacy in Stonewall. Visit the province's vaccine webpage for a Vaccine Finder Map that shows available vaccination centres and their contact information. Walkins are available at many locations. People can book an appointment online or by calling 1-844-MAN-VACC (1-844-626-8222).

In other vaccine news, Health Canada announced on Twitter Sept. 16 that it authorized brand-name changes of three COVID vaccines.

Pfizer-BioNTech's mRNA vaccine is now called Comirnaty, a portmanteau of community, mRNA and immunity. Moderna's mRNA vaccine is Spikevax and AstraZeneca's viral vaccine is Vaxzevria.

"These are only name changes," the agency tweeted. "There are no changes to the vaccines themselves."



We are accepting applications for Nurses (RN, RPN, LPN) interested in caring for the elderly in a Long Term Care Facility part of the "Tudor Community Retirement Residences" in Selkirk, MB.

- Fulltime Nurse Manager position Days (Non-Union)
- Fulltime RN/RPN position Days/Eve Rotation
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- Casual RN, RPN & LPN positions all shifts available

Note: Nurse (RN,RPN,LPN) may be eligible for \$2,000.00 NRRF PCH Grant, check eligibility criteria https://healthcareersmanitoba.ca/professions/nurses/grants/ For more information and to apply, submit cover letter and resume to: Lmartyniw@mytudor.ca *Note:*

- MNU Agreement in place for wages and benefits, new CA Pending.
- We thank all that apply however, only those selected for interviews will be contacted.

- Current security checks that include a Criminal Records Check, a Vulnerable Sector Check, and an Adult Abuse Registry Check



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Warren Collegiate recognizes academic achievements

By Jo-Anne Procter

The 2020-2021 school year was one like no other.

Warren Collegiate students in grades 9-11 last year were acknowledged for their academic and school service achievements on Sept. 15.

Students who attained averages of 80 to 89.9 per cent received merit awards, and those that attained 90 per cent and above received merit awards with honours.

Principal Laura Perrella encouraged all students to put their best effort forward and to never give up.

"Your efforts don't always result in a formal acknowledgement at an awards ceremony, but we see you," she said. "The key to success also includes effort and resilience. The more you work and strive to do your best, the more you push through when things are tough, the more you achieve."

WCI's highest academic achievement award was presented to Rianna Cassils.

"We are particularly proud of this year's recipient because of the incredible commitment it takes to remain engaged in one's learning during onsite and offsite days," Perrella said. "Despite this adversity, the recipient was able to attain a final overall average of 99.1 per cent in her Grade 9 year."

Last year's Grade 10 students Katy Mair and Tessa Stewart both received the 2020-2021 outstanding school service award. The award is open to all Grade 9-12 students in recognition of their contributions to school community. The recipient can be involved in clubs, committees, participate in intramurals, try out for a team, volunteer and any participate in other ways to be involved in school life. Last year's recipients were awarded extra credit because it was difficult to get involved when there were very few extra-curricular events occurring. Mair and Stewart were instrumental in running a mental wellness week in March and were there to help staff every time they needed it.

"We greatly appreciated being met by Willy our Wildcat and presented



Tessa Stewart, left, and Katy Mair, right, were the recipients of the 2020-2021 outstanding school service award.

with bags of healthy snacks and nice notes. It truly put a smile on our faces. We're very lucky that these two are only in Grade 11, so we have two more years of their contributions to our school community," Perrella said. In closing, vice-principal Tyler Oliver

commended students.

"In a year with a lot of uncertainty, the ability to maintain consistency with your academics should be very well celebrated," he said. "This past school year saw a lot of challenges and with perseverance, dedication and hard work. Many of you were able to meet and surpass your own expectations. The staff at Warren Collegiate is very proud of your accomplishments."

Certificates of Merit (80-89.9 per cent):

Grade 9: Cory Archer, Daniel Beardy, Kimberli Bulmer, Addison Campbell, Livanna Daun, Matthew Good, Kira Hooper, Kaiden Kollman, Mia Lange, Chantal Langrell, Jacenta Lavallee, Ayden Nabess, Carter Olson, Molly Phillips, McKenzie Schnell, Abigail Sveinson;

Grade 10: Justis Bettoff, Brady Boonstra, Leland Chartrand, Isabella Di Ubaldo, Randy Emms, Devlin Gorman, Chloe Lange, Joel MacMillan, Logan Monforton, Cole Schroeder, Tessa Stewart, Quinton Unger, Cameron Upgang;

Grade 11: Helen Alexander, Kevin



Grade 11 merit with honours recipients, left to right: Abigail Cassidy, Naomi Good, Katelyn Dorsch, Johnathon Minaker and Aulden Szczepanik.



Braun, Lexie Carriere, Logan Crooks, Lee Procter, Annika Sund; Grade 10 merit with honours recipients, left to right: Thomas Boonstra, Alyssa-Lynn Procter, Michael Genio, Ella Masszi, Aliyah Allary and Jazmyn Carr. Missing from the photo is Dawson Cowan.



Grade 9 merit with honours recipients, left to right: Jenna Cassidy, Rianna Cassils, Sarah Gilmore, Lily Campbell, Abbigail Dorsch, Annika Sund, Bryn-Lee Procter and Kjerstin Green. Missing from the photo are Mya Malcolm and Jordan Buhler.

Matthew Gilmore, Karson King, Connor Melo, Kylee Pedersen, Aidan Shymko, Zoey Stairs.

Certificates of merit with honours (90 per cent and above):

Grade 9: Jordan Buhler, Lily Campbell, Jenna Cassidy, Rianna Cassils, Abbigail Dorsch, Sarah Gilmore, Kjerstin Green, Mya Malcolm, BrynGrade 10: Aliyah Allary, Thomas Boonstra, Jazmyn Carr, Dawson Cowan, Michael Genio, Ella Masszi, Alyssa-Lynn Procter;

Grade 11: Abigail Cassidy, Katelyn Dorsch, Naomi Good, Johnathon Minaker, Aulden Szczepanik.

Armstrong gets extension to clean up garbage at Meleb Landfill

By Patricia Barrett

The Municipality of Armstrong was given an extension to clean up garbage strewn around the Meleb Landfill and adjacent properties.

The provincial department of Conservation and Climate had ordered the RM to clean up the mess in July after property owners near the dump made attempts to get the RM to address the issue. The garbage attracted bears over the summer.

The *Tribune* asked the RM for comment on the extension but it did not respond.

A spokesperson for Conservation

and Climate said the department works with municipalities and stakeholders to achieve compliance.

"If an individual or stakeholder requires more time to complete/comply with an order, we assess their reasons and may grant an extension as long as the request is reasonable and helps achieve the ultimate goal, compliance," said the spokesperson by email last Friday.

"In this case, the RM needed more time to coordinate the work, but they have a plan in place now and the province has been assured the cleanup will be completed."





Recipe courtesy of Rachel Gurk of "Rachel Cooks" on behalf of Milk Means More

Prep time: 15 minutes Cook time: 10 minutes Servings: 3

Skewers:

- Nonstick cooking spray
- 2 chicken breasts (6 ounces each), cubed
- 1 ham steak (6 ounces), cubed
- 6 bamboo skewers (8 inches)
- 1 tablespoon Dijon mustard
- 1 teaspoon pure maple syrup
- 1/4 teaspoon ground black pepper
- 1/4 teaspoon paprika
- 1 teaspoon extra-virgin olive oil
- Sauce:
- 2 tablespoons butter
- 2 tablespoons flour
- 1 cup lactose-free 2% milk



Recipe courtesy of Marcia Stanley, MS, RDN, on behalf of Milk Means More Prep time: 15 minutes Cook time: 45 minutes Servings: 4 1 package (10 ounces) frozen chopped spinach, thawed 3 eggs, slightly beaten

FOOD STORE COOP **RIVER**

Chicken Cordon Bleu Kebabs

1 teaspoon Dijon mustard 1 cup shredded Swiss cheese

salt, to taste (optional)

pepper, to taste (optional)

To make skewers: Preheat broiler to 500 F. Line broiler pan with foil and spray

with nonstick cooking spray. Thread cubed chicken pieces and

cubed ham pieces onto skewers. In small bowl, combine Dijon mustard,

maple syrup, black pepper, paprika and oil.

Brush mustard mixture on skewers.

Broil about 5 minutes, flip and cook 5 minutes, or until chicken is cooked through.

To make sauce: In small saucepan over medium heat, melt butter. Whisk in flour and cook 1 minute, whisking constantly. Gradually add milk, whisking constantly. Add Dijon mustard. Continue cooking 5 minutes, or until thick. Reduce heat to low and stir in cheese, whisking until melted.

Add salt and pepper, to taste, if desired. Serve chicken and ham kebabs with sauce.

Chicken, Spinach and Feta Casserole

- 2 cups cottage cheese
- 1 1/2 cups chopped cooked chicken 3/4 cup crumbled feta cheese
- 3 tablespoons all-purpose flour 2 tablespoons butter, melted
- 2 teaspoons dried minced onion
- 1 teaspoon dried oregano leaves
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- Preheat oven to 350 F.

Place spinach in colander. Use back of large spoon or rubber spatula to press moisture from spinach.

In large bowl, combine spinach, eggs, cottage cheese, chicken, feta cheese, flour, butter, onion, oregano, salt and pepper.

Spoon into greased 1 1/2-quart casserole dish. Bake, uncovered, 45-50 minutes, or until set near center (160 F). Let stand 5 minutes before serving.

Sausage French Toast Roll-Ups

3 tablespoons butter

syrup

In skillet, cook sausage links according to package directions. Set aside.

mond extract and cinnamon.

Dip bread slice in egg mixture. Wrap

In large skillet over medium-high heat, Drizzle with syrup.

Telling children bad news



It is not easy breaking bad news to a young child. Parents often ask for advice as to the best way to do it, and wonder what they should expect in terms of a reaction from the child.

If we are telling a child about a death, or impending family separation, it is important to remember that the child may have difficulty grasping what this information means. It can be extremely difficult to comprehend that someone we love will not be with us anymore. Or that Mom and Dad will not be living together in the same house.

We have a tendency to want to sit down and explain the situation, because it is important. But children have short attention spans, and they are shorter if what we are saying makes little sense to them. They also pick up on our sadness or anxiety, and that makes them uncomfortable, so they would rather just go and play. Consequently, it works better to give children information in small doses, and to allow them to go off and have a break if they need to.

Sometimes it is puzzling, because children may seem to have no reaction at all. This only means that at this point, they have not been able to process the information, or that they are in a type of shock or denial. It is best to take a relaxed approach, realizing that it will take time for the child to really understand what is being said. They may only receive the message that Dad is going away and forget the part about his still be-

Energy Bites

Servings: 20 1/2 cup creamy peanut butter 1/3 cup honey 1 teaspoon vanilla extract 1 cup raw oats

1/2 cup sweetened shredded coconut 1/2 cup flaxseed meal

6 tablespoons mini chocolate chips In medium mixing bowl, stir peanut butter, honey and vanilla extract until combined.

Add oats, coconut, flaxseed meal and

ing an important part of their lives. It is very difficult for them to visualize a situation that seems incomprehensible.

Think of it as you might if you were teaching someone a new language. At first you don't expect them to understand everything, but as you go over things, gradually they pick up more and more. They may ask you to repeat things again and again.

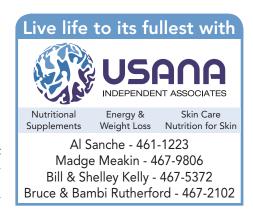
It should go without saying that information about separate or divorce be handled without making either parent the bad guy. Even if only one wants the separation, it is best if parents sit down with the children together, and tell them this is what Mom and Dad have decided. This can be so hard if there has been infidelity, or if one is devastated by the decision. This is one of those times when we must put the needs of children ahead of our own.

Be careful when speaking to friends or family about your feelings when children are around. They are listening, even if playing on their devices. Remember also, that the child may be experiencing a wide range of feelings but may not be able to express them verbally. We might find some regression in the areas of toilet training and language development in younger children, as well as changes in eating or sleeping patterns. The most important message you can give to your child is that you will be there for him, and although things may be difficult, that everything will be all right. This might be hard to do in the midst of crisis, but

we must reach down to find that inner well of strength. The little ones depend on us for that.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www. gwen.ca. Follow Gwen on Facebook for daily inspiration.

chocolate chips. Mix until combined. Shape into 1-inch balls. Store in airtight container in refrigerator until ready to serve.



1/2 teaspoon ground cinnamon 6 bread slices, crust removed, cut in half

3 teaspoons almond extract

Servings: 12

2/3 cup milk

2 eggs

12 sausage links

In medium bowl, whisk eggs, milk, al-

bread slice around cooked sausage link, pressing seam to keep from unrolling. Repeat with remaining bread slices and sausage links.

melt butter. Place roll-ups in skillet, seam-side down, and cook until all sides are browned, approximately 10 minutes.



Thunder teams hitting the gridiron

By Brian Bowman

The Interlake Thunder were back on the football field for games last Saturday in Stonewall.

And players, coaches, and spectators couldn't have been happier.

Games were played at the Cruncher, Atom and PeeWee levels.

"There was a lot of fun and some jitters (for the players) and coaches, too," said Jared Boville, who coaches the Atom Thunder. "Just to get back on the field and compete (was great) and to have outlets for the kids to be physically active again, I think that's the biggest thing. If COVID taught us anything, it's that we need to be active and we need to be social and it kind of sucks when we can't be."

Boville's Thunder team lost an exciting 43-30 decision to the Falcons Football Club.

"It was a great game," Boville said. "In the first half, they were kind of finding their feet. Over half of the kids had never played (football) before. The first half was a little bit of shock and awe and then we settled in in the second half. We got it within one score and then they got a late touchdown to kind of seal the deal. The kids learned a lot and worked hard and had fun."

Michael Stroppa, who coaches the Cruncher Thunder, was also very pleased to have the kids out playing football. His Thunder squad defeated the St.Vital Mustangs"Red" 19-13.

"For all of the kids in Cruncher, it was their very first football game," Stroppa noted."They were all very excited for it and there were some very good plays by some of the players. I thought it was a perfect first game."

All four Thunder teams have been out working hard at practice at Stonewall Collegiate.

Practice has never been more fun for the players.

"It's just great to see four teams practising and all of the kids are out there on all of the different fields," Stroppa said. "Everybody just loves getting back to football. It's been a long time since there was no football last year. It's been a long time and you can see all of the smiles on their faces — it's great."

The Thunder PeeWee team, meanwhile, had a great day with a dominating 54-0 win over the St. James Rods.

Interlake showed off a very potent passing attack and the defence played extremely well. The Thunder controlled the entire game.

"We put together a pretty good (game) so it was a lot of fun," said Thunder PeeWee head coach Marty Cook. "We had a big passing attack ... and the defence stepped up and played really well, too."

Cook and the boys were also very happy to be out on the football field.

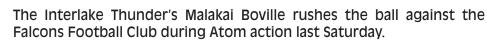
"Just sports, in general, it's very exciting to be back and not have the CO-VID restrictions and stuff like that," Cook said, noting the crowd for all three games was great. "Parents are happy, kids are happy. It was a good time had by all."



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Interlake Thunder's Connor deLaroque is tackled by a St. Vital Mustangs' "Red" player during Cruncher action last Saturday in Stonewall.







Fans took in the Cruncher action between the Interlake Thunder and the St. Vital Mustangs "Red" last Saturday in Stonewall.

United shut out twice last week

Staff

Stonewall United's potent offence suddenly dried up last week.

After scoring 18 goals in its first five games, Stonewall suffered a pair of shutouts.

The United was blanked 2-0 by Southside FC in Manitoba Major Soccer League 4th Division action last Sunday in Stonewall. Kyle Laggo scored both Southside FC goals.

Last Thursday, Stonewall was shut out 3-0 by the Dirty Garry's.

Ronaldo Ejiofor, with a pair, and David Andrich scored for the winners.

The United, now 3-3-1, will host Polonia this Sunday at 4 p.m. in Stonewall.

Rams win varsity girls' home tournament

By Brian Bowman

The Stonewall Collegiate Rams varsity girls' volleyball team had a great start to their season last weekend.

Stonewall won its home tournament with an exciting 2-1 (25-21, 23-25, 15-9) victory over the Warren Collegiate Wildcats last Saturday.

"It was really exciting to be back on the court," said Rams' head coach Curtis Grieve. "These girls didn't play at all last year so that was exciting. But it definitely showed on the court for everybody. There was a lot of rust and a lot of people flat footed because they hadn't been in any game situations for a long time." Stonewall's win over a very good Warren team was impressive.

"We played them on Friday night and they played very well against us," Grieve said. "They served us really tough and we didn't pass very well on Friday and I think it was a role reversal kind of thing on Saturday. We served tough and we passed a little better and they struggled a little bit with their passing game and serve receive and we were able to take advantage.

"That's a really good team over there. We won the first (set) and they battled back to win the second one and then you get into the game of 15 and you get a little bit of a lead it's pretty hard to come back."

The Rams reached the final after defeating the Virden Bears 2-1 (12-25, 25-18, 15-10) in comeback fashion.

"We lost big (in) the first one," Grieve said." I told the girls after that first one...that that was awful and you have to park that one. The one thing that I do know about these girls and it was the same two years ago, they're competitive and they seem to be able to up their game when it comes down to crunch time."

In pool play, the Rams defeated the Steinbach Christian School Christian (25-11, 24-26) and Virden (19-25, 25-14).



The Stonewall Collegiate Rams' varsity girls' volleyball team won their home tournament last Saturday.

Flames (25-21, 25-15) and the Calvin Christian Eagles (25-18, 25-17), lost to Warren (23-25, 16-25), and split with Virden (28-26, 20-25).

Warren, meanwhile, advanced to the final after beating Steinbach Christian 2-0 by scores of 25-20 and 25-19.

The Wildcats finished their pool play with a 4-0 record after wins over Calvin Christian (25-11, 25-16), the Rams (25-23, 25-16) and splits with Steinbach Christian (25-11, 24-26) and Virden (19-25, 25-14).



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Stonewall Collegiate Rams' Charli Reimer smashes a ball against the Warren Collegiate Wildcats during tournament action.

U18 Lightning ready to start regular season

By Brian Bowman

Interlake Lightning U18 head coach Scott Wong's phone was ringing off the hook on Monday.

With the news of the Central Plains Capitals folding their team for this season and other teams around the league making cuts, Wong was a very busy man as he puts his roster together for this season.

"Central Plains folded a few hours ago so that's why I've been so busy," said Wong Monday evening."I'm only allowed six imports this year so that's the lowest it's ever been. Last year, I had seven."

Interlake had its first preseason action last weekend with three games in Souris. The Lightning lost to the Parkland Rangers (3-1), Brandon Wheat Kings (6-1) and the Yellowhead Chiefs (5-3). Yellowhead scored an empty-net goal to ice the victory.

Wong said he saw a lot of good

things out on the ice from his club.

"Offensively, we're OK," he said. "Defensively, we have two returning so I'm going to have to amp up our back end with some city boys, obviously."

Wong liked what he saw from some of the younger players that came out to camp, but he admitted they need to get better by playing and developing at the U17 level. Interlake will open its regular season by playing the Eastman Selects this Friday at the Sun Gro Centre in Beausejour.

On Saturday, the Lightning will host the Selects at the Teulon Rockwood Arena. Both games will start at 7:30 p.m. "The thing is right now, win or lose, the most important thing is that we're back on the ice and we're starting the season," Wong said. "Who knows if we're going to finish it, but we're starting. Let's just take it one day at a time."

Locals part of Hockey Manitoba's 2021 Male U16 Program of Excellence

Staff

Hockey Manitoba announced the roster for the 2021 Male U16 Program of Excellence last Wednesday, which includes several locals.

Lockport defenceman Cole Bilous, Petersfield forward Ian Lavalee, West St. Paul forward Carter Bear, East St. Paul defenceman Merric Arpin and East St. Paul forward Jackson Kostiuk were selected to the team.

Selkirk's Brenna Cyr will serve as the team's athletic therapist.

The Male U16 Team Manitoba roster includes 12 forwards, six defencemen and two goaltenders that were selected following the Male U16 POE Summer Camp that took place from Aug. 13 to 15 at the Bell MTS Iceplex. Athletes participated in team practices and inter-squad games over the course of the weekend and were evaluated by the Male U16 POE coaching staff.

The 20 players that have been selected for Team Manitoba will compete at the 2021 Western Hockey League (WHL) Cup from Oct. 20 to 24 in Red Deer, Alta. Before heading to Red Deer for the 2021 WHL Cup, Male U16 Team Manitoba will play an exhibition game against the Winnipeg Wild U18"AAA" team on Sept. 26 at the Bell MTS Iceplex (2:45 p.m.).

Leading U16 Team Manitoba behind the bench will be Jeff Sveinson, currently the head coach of the Winnipeg Bruins (Manitoba U18 AAA League). Sveinson returns after serving as head coach of the U16 team that earned a silver medal at the 2019 WHL Cup in Calgary.

Sveinson is also a two-time assistant coach in the Female U18 POE (2011, 2015) having won medals both occasions.

He will be joined by assistant coaches Jordan Sobkowicz and Jordan Wohlgemuth. Wohlgemuth and Sobkowicz return as assistant coaches of U16 Team Manitoba after being assistant coaches of the U16 team that earned a silver medal at the 2019 WHL Cup.

Director of operations for the Male U16 POE will be Bernie Reichardt (Hockey Manitoba) who returns for his 24th year. Filling out the staff will be goalie consultant Brant Hilton, athletic therapist Brenna Cyr (who returns from 2019 Male U16 Team Manitoba), video co-ordinator Ethan Lewis and equipment manager Andrew Koch.

The Male Under-16 Program of Excellence is the first step in the Hockey Canada Male Program of Excellence. Athletes who participate in the U16 POE begin to receive the exposure to skills and concepts that are vital for success at the Major Junior, NCAA, USport and National levels. Many athletes from the U16 Program of Excellence go on to have success with the U17, U18 and World Junior Teams as a part of the Hockey Canada Program of Excellence.

Jets split preseason games with Raiders Jr. Hockey Club

By Brian Bowman

The Stonewall Jets had their first exhibition game of the season last Friday in a 7-5 road loss to the Raiders Jr. Hockey Club.

Stonewall led 5-4 after two periods but allowed three unanswered goals in the third.

"We had a 5-4 lead going into the third and we ran into some penalty trouble and did some uncharacteristic things and it got away from us," said Jets' head coach Brock Couch. "(We played well) the first half (of the game). Towards the end of the second we started to get sloppy because of fatigue early on. I would say the first half we dominated and we were outshooting them 29-15 at the end of the second. We looked good and then the fatigue set in and we stopped using our heads."

Jaxon Blight led the Jets with two goals and an assist while Aidan Avanthay, Cole Emberly and Tyler Van Deynze also tallied.

Riley Barroso (three), Jaden Shumilak (two), Alex Loschiavo and Nolan Weihs scored for the Raiders.

Dilan Kizlick and Liam Jardine split the goaltending duties for Stonewall.

The Jets bounced back nicely from that loss, though, to hammer the Raiders 8-2 on Sunday in Stonewall.

Michael Spence (two), Brayden Kizlick, Emberly, Adrian Klimpke, Marcus Dewey, Aidan Avanthay and Emmitt Farebrother scored for the Jets.

Barroso and Evan Harrison replied for the Raiders as Dylan Kizlick made 23 saves for the win. The Jets hosted the River East Royal Knights in their final preseason game this past Tuesday but no score was available.

Stonewall will host River East in its regular-season home opener this Friday (7:30 p.m.) and then will visit the Charleswood Hawks on Sunday for a 3:45 p.m. game.

Meanwhile, the Jets released a statement regarding arena protocols for all of their home games this season. It reads as follows:

As we gear up for the start of the MMJHL hockey season, the Stonewall Jets would like to remind everyone entering our facility of the following:

1. Masks are to be worn at all times within the arenas, with the exception of players/coaches/officials ON the ice.

2. Coaches on the bench must wear masks.

3. All persons over the age of 18 entering the arenas must be fully vaccinated and show proof of vaccination. With the exception of persons who produce proof from the Government of Manitoba that there is a medical reason for the person not to receive a vaccine for COVID-19.

These are set out in the current provincial health orders and, as such, please be courteous and respectful when entering our building. Remember, the individual at the door monitoring proof of vaccination is almost always a volunteer and quite possibly a vouth.

Any abuse of these individuals will not be tolerated and will result in you The Stonewall Teulon Tribune Thursday, September 23, 2021 21



TRIBUNE PHOTOS BY MATTHIEU MEIER

The Jets' Tyler Van Deynze battles for the puck in the corner with the Raiders' Jr. Hockey Club's Jayce Kennedy.



Michael Spence (4) scored twice to lift the Stonewall Jets to an 8-2 MMJHL preseason victory over the Raiders Jr. Hockey Club last Sunday.

being asked to leave immediately and from the VMSC. may potentially result in suspension

SEMHL votes against adding three new teams

By Brian Bowman

The South Eastern Manitoba Hockey League voted down a proposal to add three new teams for the upcoming season at its semi-annual general meeting on Sept. 13 in Carman.

The vote — made amongst the seven teams — was 4-3 against league expansion.

The Ste. Anne Aces, Red River Wild and the Ile des Chenes North Stars each applied to join the SEMHL.

All three teams previously played in the five-team Carillon Senior Hockey League. That league elected to shut down for the 2021-22 season due to the provincial health orders and roster shortages. "There were some applications from teams in the Carillon league," confirmed SEMHL commissioner Tom Vatrt last week. "They ceased operations and three teams (applied). Unfortunately the membership voted the three applications down."

With the provincial guidelines in place due to COVID, some teams have been having trouble finding players, said Vatrt. Still, the SEMHL commissioner believes expansion would have been good for their league.

"It's a weird dynamic right now," Vatrt said. "Would a few teams be better? Sure. It would always be better. Bigger and stronger is always best for everybody. Right now, I'm the commissioner and teams have their voting rights and they have chosen not to expand right now and I have to respect that."

The SEMHL is a seven-team league with teams consisting of the Carman Beavers, Warren Mercs, Altona Maroons, Morden Bombers, Winkler Royals, Notre Dame Hawks and the Portage Islanders.

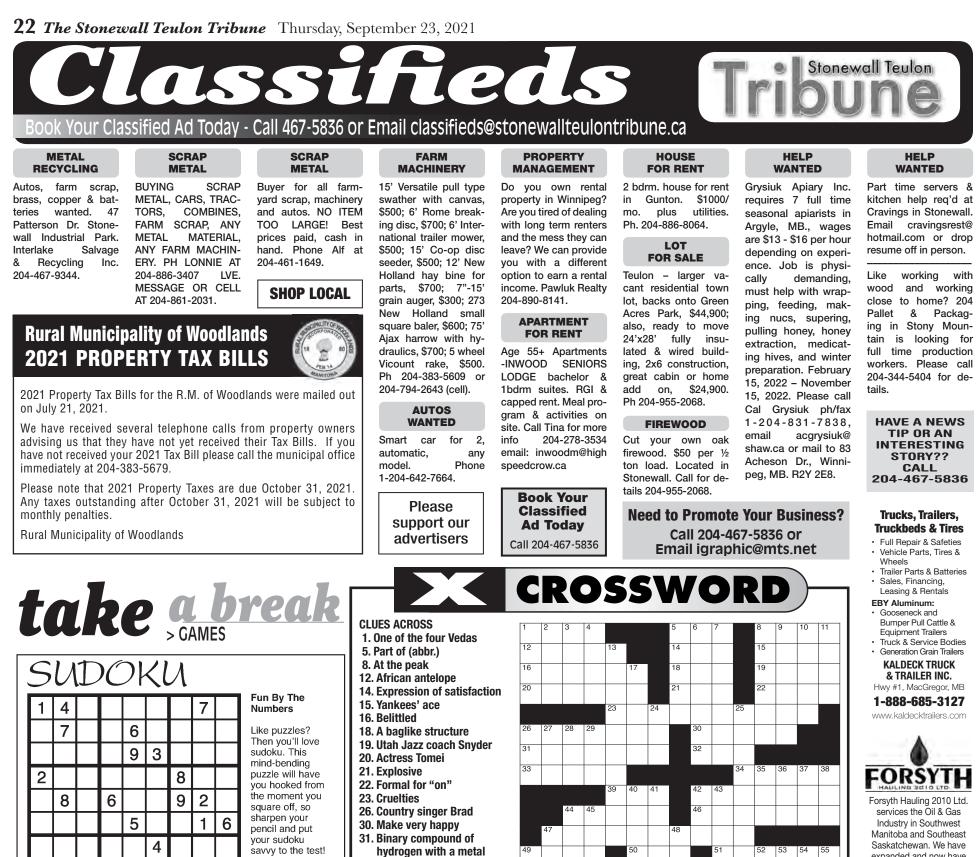
There is a lot of parity in the league with every team icing a quality lineup.

"Any day of the week, any team can win, which is very good," Vatrt said. "It's great for competition. It's healthy and good for town rivalries. Right now, we have a really good thing going and we're just trying to keep it strong and keep going that way to build league excitement for the fans and the people that support the teams and financial backers."

The SEMHL's 18-game regular season begins Oct. 22 and ends Feb. 6. Many people are very excited to have senior hockey back.

"Everyone is looking forward to starting and everyone is doing their best to keep everyone safe,"Vatrt said. "After the playoffs getting cancelled the one year and then an absence of all of last year, there's a lot of interest to get back into the arena to play, coach, watch, manage.

"From every angle, it's going to be an exciting year."



Here's How It Works:

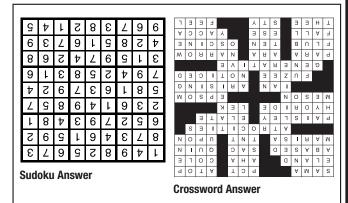
3 8

2

6

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row. column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9



- hydrogen with a metal
 - 32. Albanian currency
 - 33. Subatomic particle
 - 34. Type of salt
 - 39.007's creator
 - 42. Emerging 44. Railroad flare
 - 46. Observed

 - 47. Capable of reproduction 49. Indicates adjacent to
 - 50. Legendary Notre Dame
 - coach
 - 51. Not wide
 - 56. An embarrassing mistake
 - 57. Pearl Jam's debut album
 - 58. Denotes passerine birds 59. Stumble
 - 60. Midway between east and
 - southeast 61. W. Indian trees
 - 62. You
 - 63. Piapen
 - 64. Be aware of

CLUES DOWN 1. Crease

- 2. "Honey" actress Jessica

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37. The lowest cardinal number

38. Popular Miller beer

42. Folk singer DiFranco

43. Rivne's former name

48. Dred Scott decision

49. Explosion exclamation

45. Lacking the means to do

40. Pokes holes in

something

deliverer

52. Canadian flyers

53. Houston university

54. At some prior time

55. Red. swollen mark

41. Closest to

44. Flat ruler

47. Cockatoo

4. Product safety watchdog

- 5. Southern Colombian city
- 6. Part of a church
- 7. Perceptible by touch
- 8. Pronounce not guilty of
- criminal charges
- 9. Hairpiece
- 10. Variety acts
- 11. "Mystic River" actor Sean
- 13. Remove salt
- 17. Went out with
- 24. Type of bread
- 25. Popular Eagles song
- 26. Philosophy degree
- 27. Yes vote
- 28. Passports and licenses are two
 - 29. No seats available
 - 35. Pounds per square inch





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MISCELLANEOUS

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RURAL MUNICIPALITY OF ROSSER PUBLIC NOTICE -BOARD OF REVISION POSSER

PUBLIC NOTICE is hereby given that the 2022 Assessment Rolls for the Rural Municipality of Rosser has been delivered to the Municipal Office at 0 077E PR 221, Box 131, Rosser, MB and are open for public inspection during regular office hours.

THE BOARD OF REVISION shall sit to hear complaints on Thursday, November 4th, 2021 at 9:00 a.m. in the Municipal Council Chambers in Rosser, Manitoba.

ANY PERSON, including the assessor, who believes that an assessment ought to be revised may make application for revision of an Assessment Roll in accordance with Sections 42 & 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- a) liability to taxation;
- b) amount of assessed value;
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under Subsection 13(2)

APPLICATION REQUIREMENTS:

43(1) An application for revision must

a) be made in writing

- b) set out the roll number and legal description of the assessable property for which a revision is sought
- c) state the grounds on which the application is based; and
- d) be filed by
 - i) delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
 - ii) serving it upon the secretary,

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

Applications for revision or complaints must be received by 4:30 p.m. Tuesday October 19, 2021, no late exceptions will be allowed. Applications should be mailed: Secretary, Board of Revision Box 131, at 0 077E PR 221, Rosser, Manitoba, R0H 1E0 emailed: info@rmofrosser.com or faxed: 204-467-5958. Applicants will be notified, in writing, of the date and time of the hearing of their application.

Applications which do not include the above information may not be considered by the Board. Applicants who fail to attend the Board may have their Application for Revision dismissed without a hearing. Dismissing an Application without a hearing ends the Appeal Process for the Applicant.

Before filing an application against the amount of the assessment, liability to taxation, or classification of the property, applicants should:

- a) examine Municipal Assessment Rolls for comparable properties:
- b) select comparable properties from the rolls; and
- discuss the matter with the Municipal Assessment Branch, c) Portage la Prairie, Manitoba (204) 239-3332 or Toll Free 1-866-401-8986.

DATED this 13th day of September 2021 at the Village of Rosser, in the Province of Manitoba.

Larry Wandowich, Secretary Board of Revision Rural Municipality of Rosser Box 131 0 077E PR 221

Rosser, Manitoba R0H 1E0

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NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES TOWN OF STONEWALL

Pursuant to subsection 367(7) of <u>The Municipal Act</u>, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **14th** day of **October**, **2021**, at the hour of **10**:00 **AM**, at Town of Stonewall, 293 Main Street, Stonewall, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
56400	EAST HALVES OF LOTS 16 AND 18 BLOCK 55 PLAN 2594 WLTO IN E 1/2 25 AND SE 1/4 36-13-1 EPM - 517 3RD AVE N	L -\$83,900 B -\$121,200	\$15,772.79

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due. The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
 The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Town of Stonewall as follows:

 The full purchase price if it is \$10,000 or less; OR
 The full purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the cale: AND 20 days of the sale; AND
- 20 days of the sale; AND
 20 days of the sale; AND
 30 A fee in the amount \$309.75 (\$295 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
 The risk for the property lies with the purchaser immediately following the auction.
 The purchaser is responsible for obtaining vacant possession.

- If the project is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 31st day of August, 2021.

aged by: TAXervice

Wally Melnyk Chief Administrative Officer Town of Stonewall Phone: (204) 467-7979 Fax: (204) 467-7999

EMPLOYMENT OPPORTUNITY



The Town of Stonewall invites gualified individuals to apply for the full time position of Parks & Arena Employee. This position is covered by the Collective Agreement between the Town of Stonewall and the International Union of Operating Engineers Local Union 987.

Under the supervision and direction of the Parks & Arena Supervisor, the Parks & Arena Employee will perform varied duties requiring diverse skills and abilities in the area of arena and parks maintenance and operation.

Wage will be commensurate with qualifications and experience based on IUOE Local 987. This is a unionized position that includes an employee benefits package.

The preferred applicant will have experience in the operation of equipment (mowers, ice resurfacer) and experience/background with education and certification in ice refrigeration systems and facility/grounds maintenance.

Procedure for Applying:

Qualified Applicants are invited to submit a cover letter summarizing relevant experience, a resume, plus three (3) references to:

Town of Stonewall

Attention: Wally Melnyk Email: ashleym@stonewall.ca 293 Main Street, Box 250 Stonewall, MB R0H 0V0

Start date: as soon as possible

candidates interviewed will be contacted.

Deadline for applications: 12:00 PM on October 1st, 2021

The Town of Stonewall thanks all applicants, however only



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ADMINISTRATIVE ASSISTANT (part-time, 10 months of the year) **Transportation Department**

Hours/Day: 5 hours/day (7:00 am - 12:00 noon) Start Date: As soon as possible

\$21.90 - \$28.10 / hour (7-level scale) Salary:

Interlake School Division is seeking an Administrative Assistant to provide support to the Transportation Department and perform reception duties.

Applicants should possess the following:

- previous Administrative Assistant experience
- good keyboarding and Microsoft Office skills
- · excellent written and verbal communication skills
- strong organizational abilities · familiarity with rural and municipal addressing

Interlake School Division welcomes applications from people with disabilities. Accommodations are available upon request during the assessment and selection process.

Please direct applications, including complete resume and three references by September 27, 2021, 12:00 noon to:

> Human Resources Interlake School Division 192-2nd Ave. North, Stonewall, MB R0C 2Z0 Tel: 204-467-5100 Email: hr@isd21.mb.ca

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NOTICE TO CREDITORS

Stonewall Teulon

IN THE MATTER OF: The Estate of Marion Gertrude Murray, late of the Town of Stonewall, in Manitoba, deceased. All claims against the

above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400. Stonewall. Manitoba, R0C 2Z0 on or before the 3rd day of November, 2021. DATED at Stonewall, Manitoba this 17th day of September, 2021. **GRANTHAM LAW** OFFICES Solicitor for the

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CARD OF THANKS

Thank you to everyone who contributed to making the memorial day for Gary such a perfect tribute: the Warren and District Lions group (formerly Herizons) for the delectable desserts they not only prepared, but also cut and served; the Meadow Lea United Church and their helpers for the delicious variety of cookies they baked and delivered; Doug Moore for his meaningful and fitting words of remembrance; the RHCC group for the beautiful memorial bench, and the community members who generously made donations in Garv's name toward the upkeep of the rink. The family, friends, and neighbours who were there reminded us how a kind and quiet man can touch many. Thank you for that and for the little stories you shared. It was a day Gary would have enjoyed.

-Gary Walsh family

CARD OF THANKS

I would like to thank my family and friends for the flowers, cards, gift cards from the seniors and Stonewall Legion, chocolates, candy, books, visits and phone calls while I was in the hospital. Also, a thank you to the paramedics, Dr. Venter and nurses for the excellent care I received.



THE TOWN OFFICE WILL BE CLOSED **SEPTEMBER 30TH, 2021**



Bill Peters September 25, 2008 In Loving Memory In our hearts your memory lingers Always tender, fond and true; There's not a day, dear husband We don't think of you.

-Forever loved. Sadie and family

• BIRTHS

THANK YOUS

all Teulo

204-467-5836

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Shirley Fleury October 4, 1952 - September 14, 2009

You Are Missed A branch has fallen from the family tree. I keep hearing a voice that says, "Grieve not for me.

Remember the best times, the laughter, the song.

The good life I lived. While I was strong. I am counting on you. Keep smiling and surely the sun will shine through. My mind is at ease, my soul is at rest. Remembering all, how I truly was blessed. Continue traditions, no matter how small. Go on with your life, don't worry about falls. I miss you all dearly. Until the day comes we're together again." Love and Miss You - Alwavs

-Carl Fleury and family

Your memory will live forever Engraved within our hearts



PLEASE ALSO NOTE: The Town of Stonewall Office will be CLOSED on September 30th in observance of the National Day for Truth and Reconciliation. Payments can be made through the mail, dropped in the lock box, or made electronically in time to arrive at the office by September 30th in order to avoid penalties.

PLEASE ENSURE YOUR PAYMENT IS MADE ON TIME.





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