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TRIBUNE PHOTO BY NATASHA TERSIGNI

ATV riders gathered south of Stonewall last weekend for the annual Manitoba ATV Ride for Dad. This year 242 participants travelled the trails throughout the Interlake raising awareness and over \$36,000 for prostate cancer research.

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Prostate cancer fundraiser rides to success

ATV Ride for Dad raises \$36,000

By Natasha Tersigni

Clear skies and muddy trails made for a perfect day for riders taking part in the 3rd Annual ATV Ride for Dad that was held last Saturday. This year's ride, which started and ended at the Red Barn south of Stonewall, took participants on 70 kilometres of trails throughout the Interlake. The event attracted 242 riders from across Manitoba and raised over \$36,000 for prostate cancer research.

"It has been great. You always hope for the best, but I have been pleasantly surprised with the outcome and growth of the ride in just three years," said rider organizer Jim Backus, who lost his own father, Henry Backus, on Father's Day 2013 to prostate cancer.

During the ride's closing ceremony, individual participants and teams were recognized for their top fundraising achievements. Top individual pledge earners this year were Graeme Robertson (\$3,150), Clark Werry (\$2,295) and Nicole Works (\$1,755). The top fundraising team was South Interlake ATV Club (\$2,014).



Given the success that the ride has had in the Stonewall area, organizers have decided it is time to move the ride to a new location for 2016.

"For next year, the ride will be in the southeast part of the province in the Woodridge area. Not only is Ride for Dad about the money raised, part of it is to raise public awareness of prostate cancer. It is time to expand and move to another area of the province," said Backus.

Donations for this year's ride are still being accepted and can be made online at support.pcff.ca.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

On Saturday, 242 ATV riders rode on quad trails throughout the Interlake while raising over \$36,000 in support of the 3rd Annual Ride for Dad that raises money for prostate cancer research.

STARS air ambulance responds to burn incident near St. Laurent

By Jeff Ward

A St. Laurent man was flown to Health Sciences Centre (HSC) in Winnipeg last weekend with severe burns after falling into a bonfire about three kilometres north of St. Laurent.

The incident happened in the early morning hours of Sept. 12 and prompted the call of the Shock Trauma Air Rescue Society (STARS) air ambulance to assist in rushing the man to hospital. The air ambulance was dispatched at 1 a.m. and was airborne at 1:06 a.m., according to Cam Heke, communications lead for STARS Manitoba.

An advanced care paramedic and critical care nurse were on scene at

1:36 a.m. and back in the air at 2:05 a.m. with the patient, who was then transferred to emergency care at HSC at 2:25 a.m.

"It was just a freak accident," said St. Laurent fire chief Real Fontaine, who was on the scene helping set up a landing zone for the helicopter.

"There wasn't much we could do for him except provide him and the family some comfort and let them know that help was on its way. He was conscious and co-operative the whole time."

The man's identity is being withheld out of respect for the family. His current condition is not known at this time.

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Teulon walk raises thousands for local breast cancer charity

By Natasha Tersigni

Community members came out in pink-coloured droves on Sunday to support the 14th Annual Liliane Baron South Interlake Breast Cancer Walk held in Teulon. This year's walk and family event, held at the Teulon-Rockwood Centennial Hall, raised \$13,000 for the local breast cancer support group.

The group provides financial and emotional support to South Interlake women who are currently fighting breast cancer. Services for the women include transportation to doctor's appointments, alterations to clothing, hairpieces, help with yard work, cooking or childcare.

"It was a really fantastic turnout this year and the community really got behind us. People have been so very generous and it allows us to then take that money and give it to families and those who are going through their breast cancer journey," said organizer Claudette Griffin.

This year, the venue changed. Along with the walk, an afternoon of activities was held at the hall.

"It was a different venue this year and we were flying by the seat of our pants hoping everything would work. There were certainly more people in attendance than we had in past years," said Griffin, who estimated that there were 300 people that came out for the walk and to the hall for afternoon lunch and entertainment.

"For next year, we will be keeping the venue the same as this year. We will be putting more of an emphasis on the family-friendly event."

Donations for the walk are still being accepted and can be dropped off at L.J. Baron Realty at 62 Main St. in Teulon.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Team Nana walked, biked and skated in support of breast cancer fighter Shelley McIntyre in the 14th Annual Liliane Baron South Interlake Breast Cancer Walk held in Teulon.



Charlee Tronrud took a spin in her sweet ride during the walk.



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Woodlands School opens its doors for first day of classes

By Jo-Anne Procter

It was an exciting day for 102 students last Thursday as they entered their brand new school for the first time in Woodlands. Students were beyond thrilled to walk into the shiny new hallways to find their brightly lit classrooms and their very own lockers.

Grade 4 student Devlin Lillies was speechless when asked what he thought of the new school.

Students also had an opportunity to meet their new principal, Ward Hrabi, who held a school-wide assembly in the afternoon.

Every student received a green Woodlands Mustangs T-shirt to wear with pride and to represent their school.

Hrabi introduced school staff to students, as well as members of the ISD board who were in attendance. Hrabi explained the importance of respecting their new school and each other.

ISD Supt. Christine Penner spent the day with staff and students and expressed her personal excitement at the assembly.

"I think that this school is an incredible accomplishment. It is absolutely amazing and I want to wish all of you a really great school year."



TRIBUNE PHOTOS BY JO-ANNE PROCTER

New principal Ward Hrabi, left, and Mr. McLean welcome excited students into the brand new school last Thursday.

Daycare wins economic development award

By Natasha Tersigni

It was an evening dedicated to celebrating the tourism industry at the Interlake Tourism Association's 14th Annual Celebration of Stars dinner, which was held on Sept. 10 at the Lakeview Hecla Resort. The event was held to recognize and honour various organizations and people throughout the Interlake that do an exceptional job of promoting tourism.

A few months ago, the ITA put a call out for nominations from the public.

After all the nominations were collected, a panel of judges looked at the nominations and then decided on the winners. Awards were handed out in six different categories: non-member award, volunteer of the year, event of the year, innovation award, partnership award and the Interlake Award of Distinction.

The winners this year were the Skinners Locks Sunday Market (non-member award); Rob Sarginson of St. Andrews (volunteer of the year) for his work in promoting heritage in the entire Red River north area by developing tours and events; Eriksdale Creamery Days Fair & Rodeo

(event of the year) and *UNLOCKED: Stories of the Interlake Traveling Trunk* exhibit (partnership award).

Oak Hammock Marsh's Events, promotion and marketing co-ordinator Jacques Bourgeois was presented with the Interlake Award of Distinction for his long and dedicated career at the marsh and the volunteer time he spends promoting tourism.

Also at the awards evening the Community Futures East Interlake and Community Futures West Interlake presented the Community Economic Development Award.

The award recognizes a municipality, town, group or business that has undertaken a community project or activity in the last 18 months that has or will have significant long-term impact in the community.

For the west side of the Interlake, the award was presented to Woodlands Childcare Inc. For the east side of the Interlake, the award was given to both the Arborg Bifrost Community Development Corporation for their Connecting Aboriginals to Manufacturing initiative and the Riverton Bifrost Holding Inc. for their Senior/Supportive Housing project.



TRIBUNE PHOTO BY LANA COWLING-MASON

Woodlands Daycare members, from left, Karen Tristram (treasurer), Teri Kotelko (assistant director) and Rachelle McKay (director) attended the Communities Futures West Interlake's Celebration of Stars 14th annual awards dinner last Thursday. The daycare was presented the 2015 Community Economic Development award in recognition of their contribution to the community's growth and success.

Local girls donate hair for cancer wigs

Samantha Martinussen and Ella Holm chop long locks for a good cause

By Jennifer McFee

Two elementary school students are starting off the new school year with chic haircuts for a good cause.

Eight-year-old Samantha Martinussen is now sporting a stylish pixie cut after she recently donated her long blond locks for a wig for cancer patients.

It's the second time in two years that Samantha has cut her hair for the cause. In 2013, Samantha cut her hair after her grandma and music teacher were both diagnosed with cancer. She has been growing her hair ever since.

Her mom, Brenda, said Samantha plans to start growing her hair again to make another donation two years from now.

"I'm very proud of her for recognizing that there are things she can do to contribute for others, seeing that one person can make a difference in the lives of others," Brenda said.

"She's become more aware because there have been more and more people in our lives that we've had direct contact with who have been diagnosed with cancer. Even though she's only eight, it's becoming more of a



Nine-year-old Ella Holm had 10 inches of her hair cut off at Hair Source in Stonewall. She will donate her long locks for a wig for someone undergoing cancer treatment.

presence in her life."

Brenda commends stylist Caitlin Rogowski, who works out of Selkirk and lives in Stonewall, for a job well done.

"Caitlin did a wonderful job. She was fabulous," she said.

"She's had other clients who have also donated hair, so she was familiar with doing this."

Samantha, a Grade 3 student at Ar-



TRIBUNE PHOTOS SUBMITTED

For the second time, eight-year-old Samantha Martinussen donated her hair to make a wig. She plans to continue growing out her hair to cut for future donations.

gyle School, sent her hair to Eva and Co. Wigs in Vancouver since Winnipeg-based Evelyn's Wigs no longer accepts hair donations.

"It's going to make a great wig for someone," Brenda said.

With a similar goal to help others, nine-year-old Ella Holm started school with shorter hair and bigger heart.

The Grade 4 student received a fashionable new haircut at Hair Source in Stonewall by hairdresser Sheryl Chop, who cut off 10 inches of Ella's long dark tresses.

Ella knew that some cancer treatments might cause hair loss, so she thought it would be a great idea to donate her hair to help someone who might need a wig.

Community donation



TRIBUNE PHOTO BY NATASHA TERSIGNI
Teulon and District Chamber of Commerce Chair Jan Lambourne, left, presented a cheque for \$845 to Teulon and District Food Bank volunteer Marilyn Warkentin. The money, which will be used to stock the food bank's dwindling supply of both perishable and non-perishable items, was collected during the chamber's Teulon Community Yard Sale in June.

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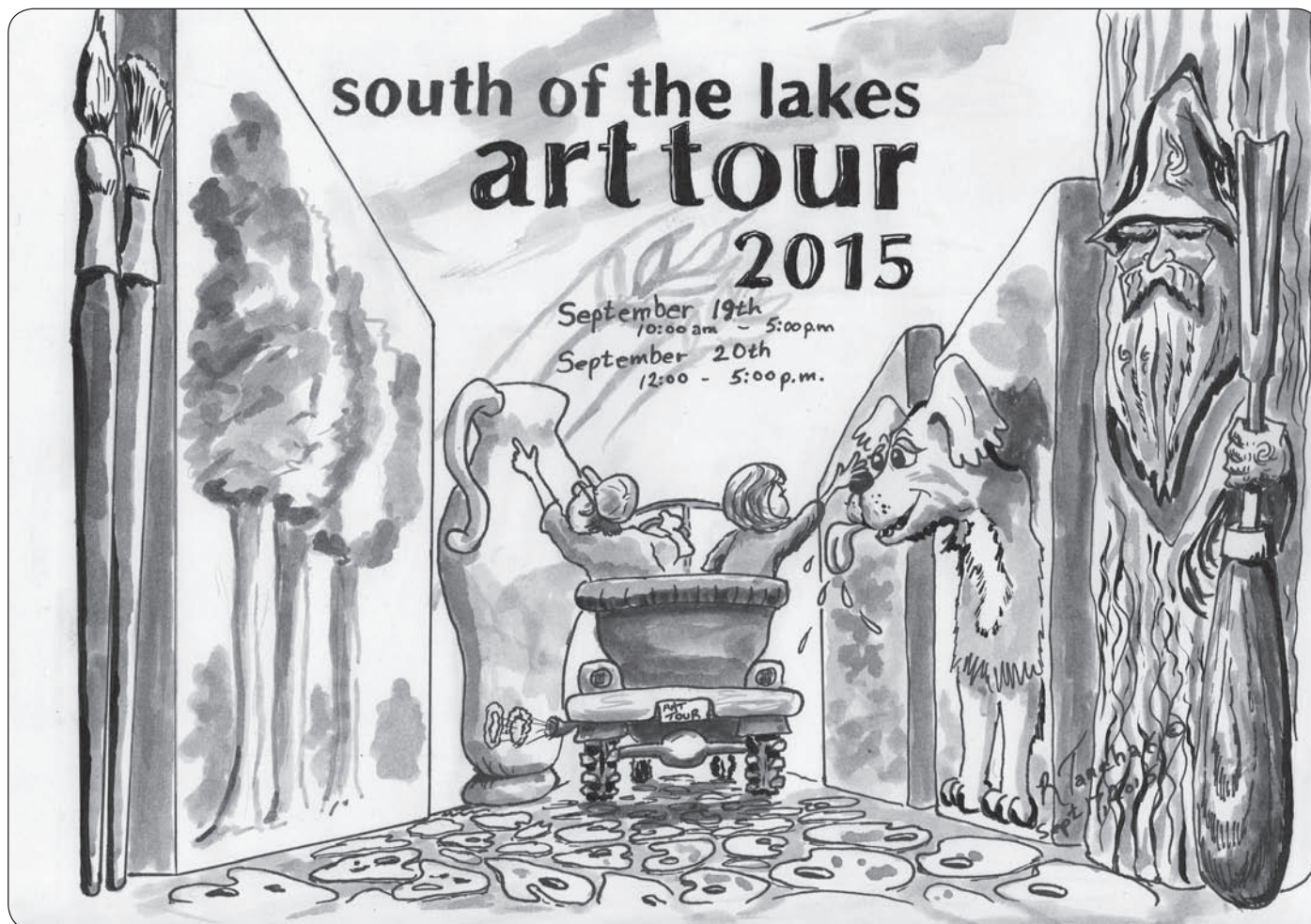
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Province seeks feedback on proposed pelican conservation area

By Lindsey Enns

The province is collecting feedback on a proposed conservation area to help prevent pelicans from getting caught up in fishing line and hooks near the Lockport Fish Ladder.

"The decision to do something in order to protect the pelicans has been made," Manitoba Conservation and Water Stewardship Minister Tom Nevakshonoff said during an open house at Gaffer's in Lockport last Friday night. "We just want people to respect nature. The birds are vulnerable. Once they're caught, they're condemned to a slow, pain-

ful death by infection or starvation. I wouldn't wish that upon any living animal."

Changes to the area could mean anglers who fish near the dam will have to move further down shore to cast their lines in the water. Currently fishers are allowed to cast their lines 23 metres, or 75 feet, from the inlet of the Lockport Fish Ladder.

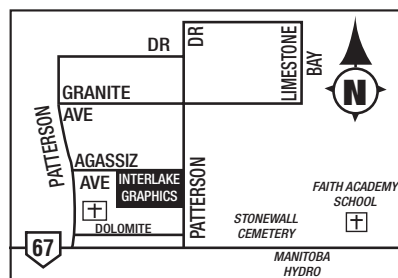
"There's a lot of room down the shoreline that's ideal for standing there and casting into the water," Nevakshonoff said.

Those who attended last Friday's open house were asked to fill out

a comment sheet requesting their thoughts on the province's proposed conservation area. The province is collecting feedback on their proposal until Sept. 25, and more information can be found on the government's website by visiting gov.mb.ca. Comments can be emailed to wildlife@gov.mb.ca or mailed directly to the Wildlife and Fisheries Branch.

Although details surrounding the size of the proposed zone are still uncertain, Robert Belanger, a Sel-

Continued on page 11



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Teulon council approves lagoon repairs

Council briefs for Sept. 8 meeting

By Natasha Tersigni

Teulon council approved repairs to install two gate valves at the town's lagoon. The money will be taken from the town's utility fund to pay for the repairs that have been quoted at a cost of \$31,122.80. The repairs will be conducted in October in one of the lagoon's seven cells. The repairs will not affect service to town businesses and residents.

Assisted Living Facility

The town is in the preliminary stages of looking into building an assisted living facility in Teulon. The town's community resource officer Colleen Engel is heading the project and discussions with council members will take place in the next couple of weeks to decide on more specifics on the initiative including the type of facility and where in town it will be located.

Engel has requested letters of support for the project from the RM of Armstrong, Teulon Hospital Foundation, Teulon Lions Club, Teulon Senior Resource Council, Teulon Age Friendly and the Interlake-Eastern Regional Health Authority. Letters of support have already been received from Lakeside MLA Ralph Eichler and the RM of Rockwood.

Once more guidance is given on

the project from the town to Engel, a working group will be established to look more closely as to what kind of facility is needed in town and what will be feasible to provide.

A few years ago in Stonewall a similar initiative to build an assisted living complex of 50 units was conducted. The working group spent \$37,000 on a study that revealed that it would cost \$14.5 million to build a 50,000-square-foot building and the yearly operating budgeting would be approximately \$1.3 million. Rent for the units would need to be \$3,000 to \$3,500 a month for the building to be sustainable. A survey found that potential residents of the facility were not willing to pay more than \$2,000 a month.

Teulon-Rockwood fire hall expansion

For the second time, the town's

fire hall expansion project application to the Building Canada Building Fund (a federal grant program that provides money to address national, regional and local infrastructure priorities) has been denied.

"In the first application submission, the successful projects were all water and sewer projects because that is a priority for them. Ours is under increasing disaster capacity and that is obviously not a priority," said CAO Jeff Precourt.

Until more funds become available,

the town has put the building expansion project on hold.

Teulon's Pumpkinfest

The town will be closing Main Street from Beach Road to First Avenue SE on Sept. 26 for Pumpkinfest.

This year's event will feature vendors selling goods on Main Street along with a number of activities inside Teulon-Rockwood Centennial Centre. The event will be held 10 a.m. to 4 p.m.

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Sustainable health-care model coming to Teulon



TRIBUNE PHOTO BY NATASHA TERSIGNI
Interlake-Eastern Regional Health Authority CEO Ron Van Denakker appeared as a delegation at the Sept. 8 Town of Teulon council meeting to speak on the nurse practitioner-doctor health-care model the RHA will be introducing in Teulon.

By Natasha Tersigni

Moving forward with a plan to provide residents of Teulon and surrounding communities with sustainable primary health-care services, Interlake-Eastern Regional Health Authority (RHA) CEO Ron

Van Denakker spoke at the Sept. 8 Town of Teulon council meeting on how the RHA plans to support the local medical-care system.

For the past several months, Van Denakker has been working closely with a group of concerned citizens and professionals of Teulon, including Dr. Mike Loudon, Teulon mayor and councillors, RM of Rockwood councillor Lyle Willis, Hunter Memorial Hospital Foundation members and Interlake-Eastern RHA representatives, to help find solutions for the growing problem of health care in Teulon.

As it currently stands, the local hospital is not staffed with a doctor and is under nurse-managed care. There is a long wait for a patient to get into a personal-care home bed locally and the only current doctor in town, Dr. Mike Loudon, is a private fee-for-service doctor.

Van Denakker told council that the plan for Teulon is to roll out a health-care model that sustains a RHA operated clinic in the hospital. At the heart of this model are RHA-funded nurse practitioners who work closely with both the private doctor in town and with a doctor at the RHA hospital clinic.

"Initially it will be couple of nurse practitioners with an investment of approximately \$200,000. There will be other dollars that we will bring to the table to support the management structure, which is an administrative position. We will be talking about bringing dollars in to support the clinic from a supply and maintenance perspective. As the doctors come in, the model will bring more money into the system to grow the supports," said Van Denakker.

"Once that has happened, we believe we can grow this up to the My Health Team, which is a model

that Manitoba Health is using to bring other resources to a physician-like structure. That means if we can provide more specific services around a dietitian or mental health practitioner, those dollars will flow to support the My Health Team."

In order for the My Health Team model to receive funding from Manitoba Health, there needs to be a close working relationship with Dr. Loudon and any RHA doctor that is brought into Teulon — something that has not always happened in the past.

"We know we need some doctors in this area for sure and that is no surprise to anyone," said Van Denakker, who added that the RHA has contracted Canada Calls, an international recruiting firm to find doctors that want to work in the Interlake.

"We are working towards the development of a management structure for the clinic that will meet the needs of the community but also something that will work for Dr. Loudon because at this point in time the reality is that he is the only doctor in town. He has some thoughts to how we can create a structure where eventually we will be able to recruit a couple of additional doctors to the clinic and move to a nurse practitioner-doctor model."

Van Denakker is adamant that any new services introduced to the town will be sustainable and consistent.

"At the end of the day, what we believe as an RHA is that when we are going to deliver services it has to be services that can be reliable. Regardless of the level of service, it has to be dependable. The worst thing is not knowing if a service will be available tomorrow. If an emergency room is supposed to be open until 8 p.m., it needs to be open until 8 p.m."

Manitoba communities receive bloom awards, special mentions

Staff

The 17th annual Manitoba Communities in Bloom Conference and Awards Ceremony held earlier this month honoured 17 Manitoba communities participating at the national and provincial level.

Provincially, 11 communities were recognized and nine were provided with bloom ratings and a special mention at the awards banquet held in Killarney on Sept. 12.

"It is wonderful to see citizens, businesses and organizations all joining with their municipal staff and councils to work together to maintain and make improvements to their communities," provincial chair Shonda Ashcroft, on behalf of Manitoba Communities in Bloom board of directors, said in a release on Sunday.

"We really feel their excitement here as they wait to hear the suggestions and comments from the judges."

The City of Selkirk received a "bloom rating" of four out of five and a special mention for Red Feather Farm Park. West St. Paul also received a rating of three out of five and a special mention for residential landscaping.

Manitoba has six entries in the national edition, which include the Town of Stonewall, City of Dauphin, Municipality of Killarney-Turtle Mountain, the City of Brandon, the Municipality of Boissevain-Morton and the International Peace Gardens. Those awards will be announced at the National Symposium and Awards Ceremonies in Kamloops, B.C., on Oct. 3. Communities in Bloom is a Canadian

non-profit organization committed to fostering civic pride, environmental responsibility and beautification with a focus on green spaces. Manitoba Communities in Bloom is the provincial edition.

Communities are evaluated on their accomplishments in six judging criteria which focus on creating a vibrant community, a great place to live, visit and conduct business. These categories include tidiness, environmental Action; Heritage Conservation; Urban Forestry; Landscaped Areas; and Floral Displays with involvement by all sectors of the community being a component in all categories.

Evaluated communities are provided with a bloom rating from one to five, a special mention, and an evaluation grid and written report, which provides specific feedback.

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The Mr. Ken Show



TRIBUNE PHOTO BY NATASHA TERSIGNI

For the kickoff of this year's Sunday school, the Church of the Ascension in Stonewall hosted children's entertainer Mr. Ken to put on a hypnotizing show for guests like Derek.

2015 Ovarian Cancer Canada Walk of Hope

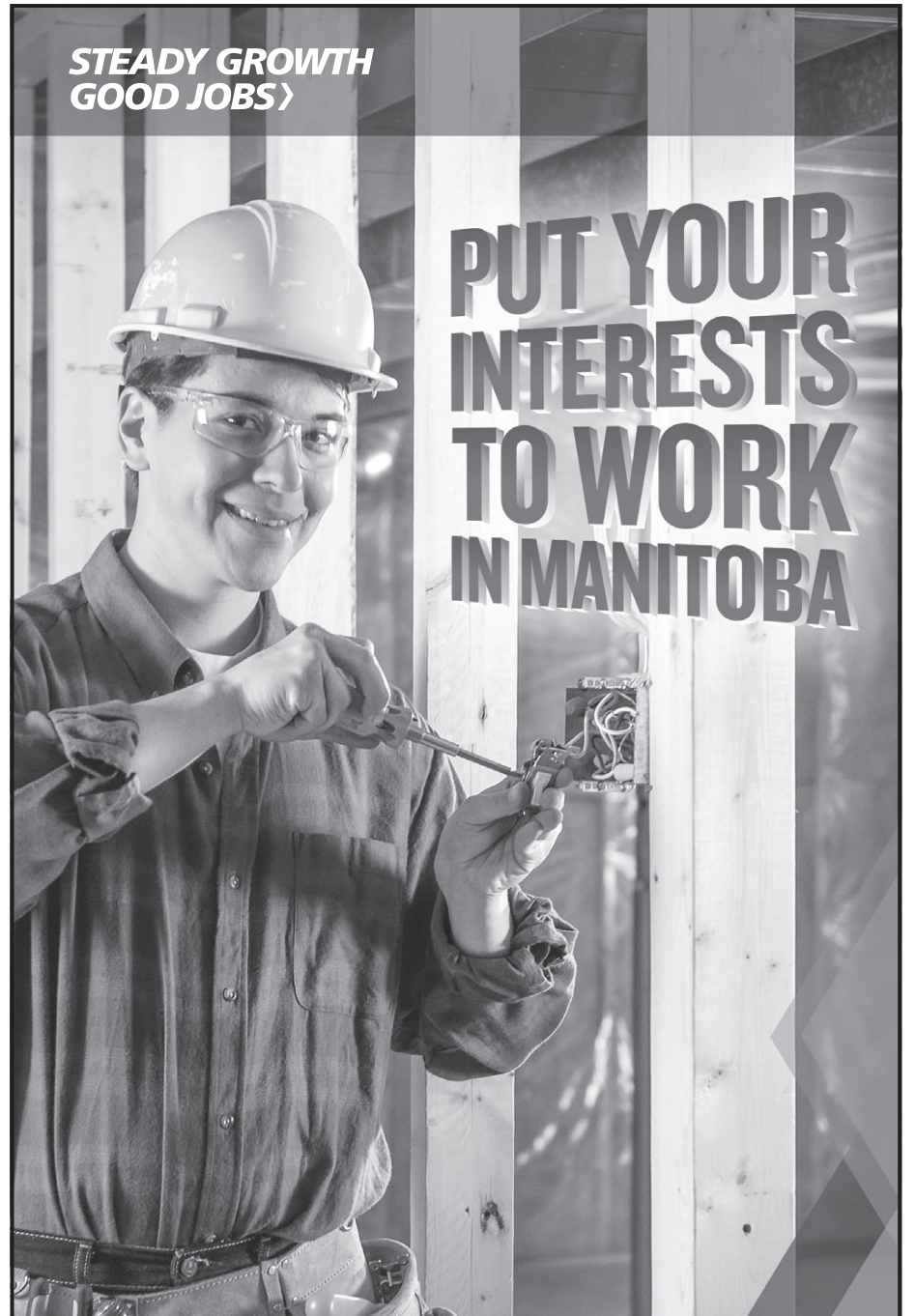


TRIBUNE PHOTO SUBMITTED

More than 650 ovarian cancer survivors, family, friends and volunteers rallied together this past Sunday at Rainbow Stage in Kildonan Park to help raise funds for ovarian cancer research, education and patient support programs in Canada. Preliminary fundraising totals were over \$97,000, with more donations still to be tallied from the weekend's event.

Organizers of Winnipeg's walk would like to thank all sponsors, volunteers and participants for making this year's event such a success.

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Manitoba 

WCI 2014-2015 students acknowledged

By Jo-Anne Procter

To celebrate academic and athletic achievements for the 2014-2015 school year, teachers and coaches handed out awards last Friday at Warren Collegiate (WCI).

"The choices you make turn the pages of your life" was the theme of the ceremony and the words displayed on a plaque on stage. Vice-principal Nancy Orlesky referred to the quote "Everyone makes choices. You make choices to work hard. You make choices sometimes to slack off, and that's all OK as long as you realize what the end product will bring."

Cindy Brad, board member of the Interlake School Division (ISD), brought greetings and congratulated students on their successes last year and encouraged them to work hard and get involved this school year.

"Please take all the opportunities you have here. Join your sports teams if you can, Youth In Philanthropy, TADD and Champion, as all of those committees are starting blocks to building your resume," she suggested.

"Anybody that wants to go on and continue their education and you are looking at scholarships and bursaries you want that resume and portfolio, and you want to start it in Grade 9 and 10, not just Grade 12. So getting involved and volunteering in your community is absolutely wonderful."

Brad also took a moment to commend all coaches and teachers that give up their evenings and weekends and their family time to coach and run committees for WCI.

Awards were presented for highest achievement in each subject. Merit Awards went to students with averages between 80 and 89.99 per cent and ISD/Sunova Medals of Excellence and Honours certificates to students with averages of 90 per cent or greater.

Rene Comeault presented the JV Female Athlete of the Year award to Kaitlyn Holod. "Dynamite comes in small packages" was the way her coaches described Holod, a highly skilled ath-

lete with a very high sports IQ that allows her to read and understand the needs of her team and a fiery competitor who hates to lose.

Mark Hnatuk presented both Alex France and Adam Minaker with the JV Male Athlete of the Year award. Both athletes have a strong work ethic, are leaders, dependable and valued members on all sports teams.

Christie Crow presented two athletes that tied for the Varsity Girls Athlete of the Year. Two deserving athletes are Sydney Hildebrandt and Kyra Hoffman. Both are described as tenacious with great leadership capabilities. Hildebrandt is known for her never-give-up attitude and Hoffman for her mental preparation and focus. Both have a number of medals and records to prove it.

The Varsity Boy's Athlete of the Year award was presented at graduation in June to Grade 12 student Josh Hofer.

The School Service Award was presented to Sarah Holtmann by Lori Tully. Holtmann is involved in a wide variety of service activities including WCI, student council, SWAT, editor of the yearbook, student voice, student rep for the local community development council, YIP and others.

"This young woman practises success in all of her endeavours, not just by signing up but by showing up. She is the humble organizer that channels the talents of others," Tully said.

In closing, new WCI principal Laura Perrella complimented parents on the impressive welcome she has received from students.

She told students to look beyond the number.

"High numbers make us happy and low numbers make us sad," she said.

"Perseverance is going to make you successful in life, so even if the educational system doesn't call you up and say, 'Hey you've done a great job in this area,' that perseverance is going to make you successful. So persevere, put forth your best effort and we will all have an incredible year."



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Sarah Holtmann was awarded the WCI School Service Award presented by Lori Tully.



Athlete of the Year awards were presented to, from left, Kyra Hoffman, Sydney Hildebrandt, Alex France, Adam Minaker and Kaitlyn Holod.

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Sisters of the Holy Rock coming to Warren

Warren Herizon District Lions Club to host Sept. 27 fundraising event

By Jennifer McFee

If you're looking for some holy hilarity, an upcoming performance of Sisters of the Holy Rock might just be the answer to your prayers.

The non-profit inter-denominational musical act is inspired by the *Sister Act* movies starring Whoopi Goldberg. Dressed in traditional nun-style habits, the musical ensemble will take the stage at Warren Collegiate Institute on Sunday, Sept. 27 as a fundraiser for the Warren Herizon District Lions Club.

"It's a choir of probably close to 60 singers from Winnipeg," said Herizon member Barb Riddell.

"They're a very fun musical afternoon."

On an international level, Lions Clubs provide funding for issues related to eye health and vision. As well, local clubs support initiatives within their communities.

"Our mandate is to look after people in the community when there's an emergency. One of the biggest things we fund as a Lion's Club internationally is eye issues, but we do a lot of local charity work too," Riddell said.

"We do a lot of work with youth when

we can. In June, we organized a town cleanup with the Warren Elementary School and made a donation to them for their new playground fund. Those are the kinds of community-oriented things we'll be doing with our money."

The local group currently has about two dozen members, and they are always looking for more.

"We also do a lot of support when medical issues arise in the community," Riddell said.

"We've been known to do a lot of parking passes for long-term hospital stays because parking adds up to a lot of money, so medical issues are another

thing that we fund also."

For the concert fundraiser later this month, the Warren Herizon District Lions Club hopes to attract an audience of at least 200 people.

"We're in a good facility for it. The sound will be good in the collegiate, and they have a nice high stage for them," Riddell said.

"I'm sure it would be great for everybody. The music is pretty upbeat, and I'm sure most anybody would enjoy it."

Doors open at 2 p.m. for the Sept. 27

**"THEY'RE A
VERY FUN
MUSICAL
AFTERNOON."**



TRIBUNE FILE PHOTO

The Sisters of the Holy Rock holy hilarity musical will be performing in Warren Sept. 27 for the Warren Herizon District Lions Club fundraiser.

performance, and the show starts at 2:30 p.m. at Warren Collegiate Institute.

Tickets cost \$15, which includes dessert and refreshments. For more information or for tickets, contact Alicia at 204-461-3355 or Irene

at 204-375-6522 or any other Warren Herizon Lions member.

> PELICAN CONSERVATION AREA, FROM PG. 6

kirk district natural resource officer for Manitoba Conservation and Water Stewardship, believes it's a step in the right direction.

"It's all about protecting the pelicans. At the same time, we don't want to take away the fishing experience in Lockport," Belanger said.

"Lockport is a Mecca for fishing where people love coming to fish, and we just have to be realistic in how much we closed off."

The province's proposal comes after concerns were raised by local anglers about discarded fishing line getting wrapped up around the feet, beaks and wings of pelicans who congregate near the popular fishing spot along the Red River. The area is also the site of numerous fishery infractions for things such as over-limit fishing and fishing in a closed area.

Minimum Wage Increases on October 1

.....

Manitoba's minimum wage increases from \$10.70 per hour to \$11.00 per hour on October 1, 2015.

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Rockwood news in brief

Council discusses variation requests, highway safety and more at Sept. 9 meeting

By Jennifer McFee

Rockwood resident Michelle Hilderman attended the Sept. 9 council meeting to request permission to keep four dogs at her home, which is currently up for sale.

Roberta Van Caeyzeele, acting manager of the South Interlake Planning District, told council that under the current zoning bylaw, small animal breeding and boarding establishments are a permitted use without any permission, as long as they comply with animal control bylaws.

The bylaw officer has inspected their property, and they do comply with bylaws, she added.

Rockwood Reeve Jim Campbell assured Hilderman and her husband that they could keep their dogs.

At the meeting, Hilderman explained how they ended up with four dogs.

"What happened is we had a Rottweiler. Then we got a mastiff. Then we rescued another mastiff. Then we had people whose jaws dropped when they saw our dogs, so we decided to

have a litter of puppies. But before we had the litter of puppies, we got ourselves a registered kennel, a breeders' licence," she said.

"There was one puppy that was born without hair, which is a mastiff thing. It's just random. She needed special bath. We kept her because she was special and we didn't think anyone else would want that upkeep, so that's how we got four dogs."

They are no longer breeding dogs, she added.

Highway accident

Following a recent accident on Highway 7 at Road 78N, council discussed concerns with left-hand turns into the quarries. They would like to see an engineer's report conducted by Manitoba Infrastructure and Transportation in the hopes of finding ways to improve safety at this intersection.

Variation requests

Council agreed to allow the con-



TRIBUNE PHOTO BY JENNIFER MCFEE

Jeff Appleyard (left) and George Appleyard appeared before council for a variation request at the Sept. 9 meeting.

struction of an addition and an attached garage by Rockwood residents Jennifer and Kyle Watts.

The Watts have been granted permission to vary the minimum front yard to 85 feet from 125 feet and the minimum side yard to 16 feet from 25 feet.

Council also agreed to allow for the site width of a proposed lot of a conditionally approved subdivision application to comply with the zoning bylaw.

Jeff Appleyard appeared before council and was granted permission to vary the minimum side width to 75 feet from 200 feet. George Appleyard expressed a concern about drainage issues, which was referred to Coun.

Mark Hidlebaugh to revisit.

Donations

Rockwood council agreed to donate \$250 towards the Stony Mountain Run, which will be hosted by the Stony Mountain Community Association on Oct. 17.

The RM of Rockwood will also donate \$500 to the Interlake Sustainability Committee for promotional purposes.

Next meeting

Rockwood's next regular council meeting will be held on Sept. 23 at 9 a.m.

Fundraising continues to support Josh Rutherford's family

By Jennifer McFee

Fundraising efforts continue for former Stonewall resident Josh Rutherford and his family.

While he was studying in North Dakota, Josh met a woman named

Caitlin Brown, and the couple was married last summer. In December, Caitlin and her eight-year-old daughter Lili were finally able to join Josh in Alberta, where he had been offered a job.

Caitlin became pregnant, but discovered that it was a complete molar pregnancy, and due to complications, she is undergoing chemotherapy.

Because Caitlin hasn't lived in Canada long enough to qualify for medical services, the couple needs to cover all of her medical bills, which totalled more than \$30,000 before the chemotherapy began.

Caitlin's friends and family have

set up a GoFundMe page to collect donations to help cover the costs. To contribute to the cause, visit the GoFundMe page called "Caitlin (Brown) Rutherford's Benefit" at www.gofundme.com/vs2cjvdc.

Locally, if anyone would like to make donations in a different manner, they are welcome to contact long-time family friend Lana Hintz at 204-461-0050.

Please join us for our
Annual General Meeting -
Monday, October 5, 2015

Pinawa Community Centre, Vanier Drive
(Pinawa Secondary School Gym)

6:00 p.m. Health and Wellness Exhibits

Expert advice to increase wellness in your life! The Mobile Wellness Team, our program staff and our community partners will be on-site to offer healthy lifestyle ideas

7:00 p.m. Annual General Meeting

Featuring a presentation on *Aging in Place* plus a review of Interlake-Eastern RHA activities; presentation of the Community Leadership Award and Chair's Award for Excellence in Customer Service; and a question and answer period. *Everyone welcome. Refreshments will be served.*

For more information, contact:
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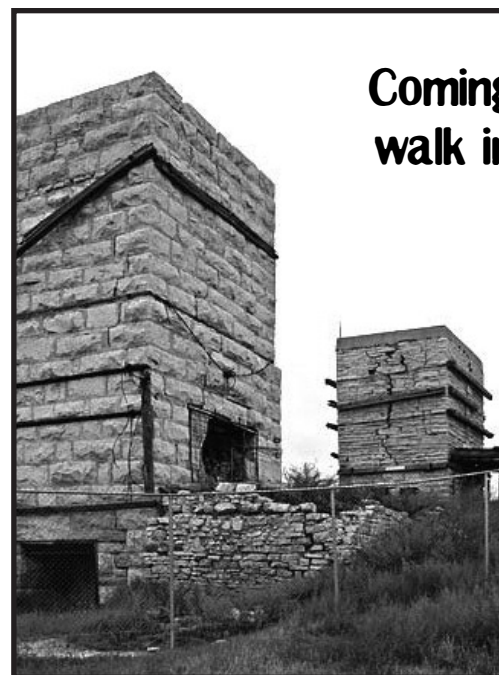
Interlake-Eastern
Regional Health Authority

Coming to church is like a walk in the park. Literally.

Starting **September 20th**, we'll be meeting at the **Sunova Auditorium** at Quarry Park. Whether you walk, ride your bike, or drive, why not come to church and stay for a picnic? Or a walk? Set in the lovely Quarry Park, **Sundays at 10 am.** Alive Family Church: moving back to our roots.



www.alivefamilychurch.ca



Alive Family Church services move to Quarry Park

By Jennifer McFee

It's like a walk in the park when you attend Alive Family Church, especially after it moves to its scenic new location in Quarry Park later this month.

Each Sunday starting Sept. 20, Alive Family Church will host its weekly services at 10 a.m. in the Sunova Auditorium at the Heritage Arts Centre in Stonewall.

After more than 15 years at its current location on Dolomite Avenue, the church has sold its building in the industrial park.

Pastor Jeff Andrews said the new location will be easier to access than the current venue located off of Highway 67.

"You can't really walk here. You have to either walk down the side of the road or in the ditch in the wintertime. Kids can't ride their bikes. Moms can't push their strollers. It's a matter of accessibility," he said.

"The industrial park is not a great location for a church, especially in a smaller town. In a larger centre like Winnipeg, a church in an industrial park can become a destination. But it's not a great family environment. It's a place where trucks come to work."

At the same time, he hopes the new location will seem more accessible for anyone who might feel intimidated by attending church.

"For people who want to check out Christianity or God or whatever frame they're putting their question in, sometimes it's difficult to walk into a church and take this huge step," he said.

"Well, people have been at the Quarry Centre for all kinds of functions. It's familiar and non-threatening and open. It's not only open with the windows and all the outside light, it's also open as in it doesn't belong to us. We're in a public space and we really want people to feel free. If you do choose to come, we want to make it as open as we can."

Instead of paying for mortgage and utilities on a building, they opted for a different approach.

"We're not a program-driven church. We have small groups that meet in homes. Essentially we



TRIBUNE PHOTO BY RALPH TANCHAK

Alive Family Church members with Pastor Jeff Andrews (far right) attended the final service at the building on 2 Dolomite Ave. on Sept. 14. The church services will now be taking place at the Heritage Arts Centre beginning Sept. 20 at 10 a.m.

meet together Sundays for celebration and we don't need a building to do that," Andrews said.

"So instead of sinking money into a building that we would mostly use one day a week, we feel it would be a better use of our finances to rent a place in a better location for our occasional use that we need. For us, right now, that's one day a week. We have other ministries, but we could take care of those on a rental basis as well at different locations."

It's like borrowing books from a library, he said. You don't need to own the book to enjoy it, since it's available to be borrowed from a library.

"The same way, we don't feel that we have to own the building. We feel that the church isn't the building, although in some traditions, the building is very much tied to the identity of the church — but that's not us," Andrews said.

"We're not a destination church. In other words, people don't come to see our nice foyer. They don't come to park in our parking lot. In our tradition, we're not big on the building."

The church has been home to many community memories and pivotal life events, so some people might feel nostalgic about the change.

"A lot of people are going to be missing this church. A lot of people were married here. Funerals were conducted here. A lot of families were raised here, good times and hard times, so there's a lot of grief going on," Andrews said.

"But at the same time, I'm beginning to see a glimmer of excitement or anticipation about having a nice airy meeting area. That's what the Quarry Centre can provide, and that's where we were prior to here."

Alive Family Church also has a church building in Teulon, which will remain the same. As well, the phone number for the Stonewall location will remain the same (204-467-2870), as will its mailing address (Box 373 in Stonewall).

"We won't change what we believe," said Andrews, "but the way we do services is going to be very user-friendly and easy for people to come by."

Volunteers needed for CDA door-to-door campaign

By Natasha Tersigni

Starting Oct. 1, the Canadian Diabetes Association (CDA) will be launching its Manitoba door-to-door campaign that raises awareness and money for CDA's programming including research initiatives, education and prevention programs and Manitoba's D-camp for children and youth living with Type 1 diabetes.

While the campaign is just a few weeks away, volunteers are desperately needed in Stonewall to fill vacancies. Each year the campaign in town has 20 volunteers going door to door, and together they raise \$2,500 to \$3,000 for the CDA branch in Manitoba. This year, only 10 volunteers have signed up.

"We only have half of the volunteers signed up for Stonewall that we usually do. We definitely are needing more people in the community to help out," said Manitoba's CDA community engagement coordinator Gwen Smith, who added that the money raised from the campaign stays in Manitoba.

In Stonewall for the past three years, the CDA has sent two local youth with Type 1 diabetes to Camp

Briardale. In total every year, 80 to 90 Manitoba youth with Type 1 diabetes are able to go to Camp Briardale and have a chance to interact with youth for a week in August.

"The campers learn so much and the younger children learn from the older youth. A lot of times at camp, they will learn how to do injections by themselves where a lot of the parents have always done it in the past. In a place such as Stonewall with only two kids with Type 1, they probably don't get to see each other very much," said Smith.

"With camp, everyone has diabetes. Everyone is the same and they all test at the same time and it is really an amazing experience. Also, the parents get a break for a week. When a child has Type 1, it definitely affects the whole the family. The camp is covered by a full medical staff. There are doctors, nurses and a nutritionist."

If you would like to donate two hours of your time to help with the door-to-door cam-

paign, email CDA Manitoba at door2doorMB@diabetes.ca.

Canvassers who will be door-knocking and collecting money in October throughout Stonewall will be wearing official CDA identification and using official volunteer resources.

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Class size a common concern at school board meeting

By Staff

Class size was a common concern voiced by parents during question period at the Sept. 14 school board meeting.

As a member of the executive for the Canadian Parents for French, Kelly Kimball brought forward concerns from other parents of children in French Immersion.

"There are some people who are unhappy with class sizes, myself included," said Kimball the following day, while also stressing the importance of school buses for out-of-town French immersion students.

"There is a mandate that by 2017, the class sizes are only allowed to be under 20 [for kindergarten to Grade 3 classes]. Our concern is that if you can't do it now, how are you going to be able to do it next year?"

Currently, there are several classes in the school division that have more than 20 children for both French Immersion and English streams. The two Grade 7 classes at Centennial School have the highest number of students, with 27 in each class.

Centennial principal Ed Harvie requested additional staff, since there are also students with life-threaten-

ing medical conditions, students that require intensive supports and students with special needs. Discussions revolved around education assistants as a possible solution.

Trustee Sandra Wiebe also addressed the issue.

"In the past, we have prided ourselves on having lower classroom sizes," she said, "and it is concerning to see them going up."

Board chair Alan Campbell said there are nearly 20 more students at Centennial and Bobby Bend schools than were planned for in the budget, and their surplus is at a record low. They also did not anticipate so many new students or the spike at Argyle that required a new teacher.

Restitution

On Sept. 8, Interlake School Division teachers learned about restitution, an approach to student discipline that the school division is learning about and implementing this year.

Supt. Christine Penner explained the concept at the Sept. 14 school board meeting.

"Very simply, restitution is helping students fix their mistakes and return

them to class strengthened."

Staff ultimately wants to help students fix their mistakes, she said.

"Here is what happened. Why did it happen? What are the underlying reasons for this and how are you going to fix it?" she said.

The rest of the division — including bus drivers, education assistants, clinicians, library techs, custodians and secretaries — will take training on Oct. 23 since they deal with students every day too.

"Restitution isn't just for kids," Penner said. "It is basically relationships. It can be adult-to-adult as well."

She was also pleased to say that just two days into the school year, they have had feedback from staff members who have already implemented restitution.

Board chair Alan Campbell expressed the importance of a respectful atmosphere for learning.

"A respectful learning environment is part of our strategic plan, one of the pillars of our strategic plan," Campbell said.

"And our strategic plan applies to all staff and students to make sure that the environment is consistent throughout."

The next regular school board meeting will be held Sept. 28 at 7 p.m. and is open to the public.



TRIBUNE PHOTO BY JO-ANNE PROCTER
Trustee Fran Frederickson received congratulations and her 25-year pin. Frederickson decided to run for council when her daughter was in school and she was unhappy with the classroom size. She said that she has been fighting for class size for the past 25 years.

St. Laurent celebrates Legion Week

By Staff

In honour of national Legion Week from Sept. 20 to 26 and as a means of making communities aware of the contributions that Legions have made over the years, St. Laurent's Royal Canadian Legion Branch 250

will be hosting an evening of entrainment on Sept. 19.

Elvis tribute artist Dave Greene will be taking the stage for a free show that is open to everyone. The evening will run 9:30 p.m. to 12:30 a.m. in the Legion's clubroom.



Stonewall/RM of Rockwood

Thank you to everyone who made the installation of the Steppin' Out Senior Outdoor Exercise Equipment a reality.

<p>RM of Rockwood Town of Stonewall Interlake School Division #21 Playgrounds-R-US Kenton Byle, Excavator Tim Baryliski, Excavator Stonewall & District Lions Manor Inc. South Interlake Seniors' Resource Council Inc. Balmoral Playground Committee</p>	<p>South Interlake 55 Plus G & A Rentals Jim Newman Stony Mountain Community Association Tom Dykstra Jake Isbister Kyle LaFleche Balmoral School - Sascha Epp Student helpers</p>
--	--

Join us for the new Steppin' Out Walking Program. Orientation with Gail Spencer Lamm Tuesday, Sept. 22 & Sept. 29 10:00 a.m. 55 Plus Centre

Celebrate International Active Aging Week Sept 27 to Oct 3, 2015 Manitoba - Seniors' & Elders' Month - October



Threads of Time
A collection of weaving, drawing, painting and photography by
Sandra Sobkowich Wiebe

Heritage Arts Centre, Stonewall
Opening Reception
Saturday, September 19, 2015
7-9 pm
Continuing
September 19 - October 18, 2015
11 am - 5 pm Daily

Fall SUPPERS

FELLOWSHIP WITH FRIENDS
AND NEIGHBOURS

Enjoy!

Grosse Isle Fall Supper back after hiatus

By Natasha Tersigni

After taking a break last year due to the television show, The Pinkertons, being filmed in the Grosse Isle Community Centre, the Grosse Isle Recreation Club is back at it and gearing up for another fabulous fall dinner. The club has hosted the dinner for over 15 years and is hoping that the interruption to their schedule last year will not affect this year's turnout.

Volunteers are already hard at work planning the fall feast that will include turkey, meatballs, mashed potatoes, vegetables and a wide assortment of goodies for dessert. In just three and half hours the supper usually serves between 600 to 700 guests.

Event organizer Jessie Minaker encourages community members to come out and enjoy a delicious home cooked meal.

"It really takes the whole community to pull an event like this off. Some donate dessert and others volunteer their time cooking, serving or cleaning up," said Minaker.

"We're hoping people will come out and enjoy a nice relaxing early Thanksgiving dinner without having to cook or clean-up."

The money collected from the dinner will help with maintenance and upkeep of the Grosse Isle Community Centre.

The Grosse Isle Fall Supper will be held on Sunday, Oct. 4 at the Grosse Isle Community Centre from 3p.m. to 6:30p.m. Tickets are \$13 for adults, \$6 for children aged 6 to 12 years and children under six years old are free.

Be sure to take in one or more of these events also happening at Warren Memorial Hall September 20th, Gunton Greenwood Community

Hall September 26th, St. Laurent Legion September 26th, Argyle Community Hall September 27th, Meadows Community Hall September 27th, New Life Church in Stonewall October 3 and at the Woodlands Hall October 12th.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Grosse Isle volunteers from left, Jennifer Studler, Letisha Sherry and Sandy Lefley served up guests of the Prairie Dog Central on Sept. 5 for one of their annual Fall Supper runs. The community will be hosting their own Fall Supper on Oct. 4.

WOODLANDS FALL SUPPER
Turkey Dinner & all the Trimmings
Monday, October 12th - 3pm-6pm
Woodlands Hall
Adult \$12.50 Kids 6-10 yrs \$6
No reservations req'd. Take Out Available
Info call Wendy at 204-383-5295

Fall Supper
in support of
Bethel Children's Home
A ministry of Bethel Rays of Hope
Saturday, October 3
3:30 pm - 6 pm
New Life Church, Stonewall
6106E PTH67
Adults \$12
Children (6-10 yrs) \$6
"Take Out" available by calling 204-344-5214

ARGYLE FALL SUPPER
ARGYLE COMMUNITY HALL
Sunday, September 27th, 3:00 - 6:00 pm
No reservations required
Take-out available at Curling Club
3:30 - 5:30. Call 204-467-5730
Adults \$13 Children (6-10) \$6 5 & under FREE
Contact Shirley Campbell 204-383-5321
Argyle Community Hall 204-467-8710

Meadows Fall Supper

Adults \$12.50
Kids 6-10 \$7.00
Kids under 5 Free

For reservations
call Dolores
204-322-5637

Sunday, September 27
Seating must be reserved
for either 4:00 pm or 6:30 pm
Meadows Community Hall
located 25 kms west of Perimeter on Hwy 221

Gunton Fall Supper
Adults \$13.00
Children (6-12yrs) \$6
Under 6yrs Free
Gunton Greenwood Community Hall
Saturday, September 26th • 4:00 ~ 7:00 pm
For info call Tony 886-2886

Warren United Church
Sun, Sept 20 • 3 - 6 pm
at Warren Memorial Hall

Grosse Isle Recreation Club
Sun, Oct 4 • 3 - 6:30 pm
at Grosse Isle Community Centre

Youth waterfowl shoot

By Jo-Anne Procter

The Woodlands and District Wildlife Association held their second annual Youth Waterfowl Shoot last weekend at the clubhouse north west of Woodlands.

The winning team The Harvesters (Nick Lambert, Branden Leost, Keven Leost and AJ Allard) from St. Laurent scored 150 points by bagging 24 geese and 11 ducks.

The second place team, The Heavenly Honkers from Lundar/Eriksdale (Austin Hanslip, Morgan Grandberg, Jaxon Pilon and Jessie LeStrat) scored

129 points for shooting 17 geese and 15 ducks. Third place was decided by a tie-breaker. The Soggy Bottom Boys from Woodlands (Brendon Burnett, Ethan Garrett, Ethan Fairlie and Koby Carriere) shot 14 geese and nine ducks and the weight of the geese earned them the win.

Points were awarded for different species of geese and gender of ducks to encourage young hunters to gain waterfowl hunting experience.

The shoot is open to youth aged 12 to 17 and is capped at eight teams.



TRIBUNE PHOTO BY KIMBERLY DELAROCQUE

The winning team The Harvesters from St. Laurent (AJ Allard, Branden Leost, Keven Leost and Nick Lambert) scored 150 points with the birds they bagged at the second annual waterfowl shoot in Woodlands.

Raising funds with the Fleury's

TRIBUNE PHOTO BY CARLY DUTKIEWICH

The 6th Annual Shirley Fleury Memorial Slo-pitch tournament was held in Warren last weekend. The Fleury family with the help of their slo-pitch team, The Ruffnecks and 15 other teams raised \$12,200 for CancerCare Manitoba. The Juice Monkeys defeated the Ruffnecks in the A-side final, the Grosse Isle Gators won the B-side and the Brew Jays won the C-side.

Back row, left to right: Carl Fleury, Zak Johnson, Elliott and Eli Tully, Curtis Hueging, Michael and Bristol Fleury, Bryce MacMillan, Darren Hueging, Scott Sigurdson; front row: Vivian Burnell, Melanie Fleury MacDonald, Declan MacDonald, Kristen Podolsky, Meagan McRae, Page Studler, Des Stratton, Hailey MacDonald, Grace Purdy and Brooklyn Tully. Missing: Eden Baker, Allison, Jocelyn and Myers Hueging and Chris Hofer.



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Proceeds to the Teulon Food Bank

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10:30	Small Farms MB
11:15	Stop Canning & Start Fermenting
12:00	Raising Chickens
12:45	Patrick the Magician
1:30	Why Seeds Matter
2:15	Composting
3:00	Permaculture Design System
3:30	Pumpkin Auction & Prizes

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- Arrangements
- Baking with Pumpkin
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- Canning

Entries can be dropped off Fri 7-9 pm Sat 8:30-10 am
For a complete list of categories go to www.teulonpumpkinfest.com
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2015 federal election

Elections Canada makes moves online to simplify voting process

By Lindsey Enns

Elections Canada is urging voters to visit their website and make sure they are registered to vote in next month's federal election.

"It simplifies things for you when you go to vote," said Marie-France Kenny, Elections Canada regional media advisor. "You don't need to re-register. You just need to update your registration. It makes for a faster process for you."

Kenny said a detailed list of what identification is required in order to vote is listed on the agency's website, elections.ca.

Most voters can use their driver's licence, provincial ID card or any other government-issued card with a name, photo and address on it. However, those who don't possess any of those will require two pieces of ID — one must have your name on it while the other must have your name and address. Métis citizenship cards also pass as acceptable voter identification.

While visiting the agency's website, if you enter your postal code, you can also easily find out who the registered candidates in your riding are, where advance polling stations will be and where your nearest Elections Canada office is located.

"There's a host of information on the website," Kenny said, adding it's up-

dated regularly.

Candidates have until 2 p.m. on Sept. 28 to file their nomination papers or withdraw. As soon as candidates have filed and is confirmed, they are listed on the website, Kenny said.

"It's possible that a potential candidate has said they're running and the potential party might advertise that they are running ... but until they file their papers, they won't be on the website."

As of Monday evening, confirmed candidates listed on the agency's website for the Selkirk-Interlake-Eastman riding included incumbent and Conservative party candidate James Bezan, NDP candidate Deborah Chief, Green Party candidate Wayne James and Liberal candidate Joanne Levy, all of whom were previously confirmed by the *Selkirk Record*.

Donald Grant has also confirmed with the *Record* that he will be running to represent the Libertarian Party of Canada but is yet to be listed on the website.

Elections Canada offices are now open seven days a week, Monday to Friday from 9 a.m. to 9 p.m., Saturdays from 9 a.m. to 6 p.m. and Sundays from 12 p.m. to 4 p.m. Voters wanting to cast their ballots now can do so by visiting an Elections Canada office.

Voters officially go the polls on Oct. 19.



PHOTO COURTESY OF ELECTIONS CANADA

The above map outlines the Selkirk-Interlake-Eastman riding, which includes the RMs of Alexander, Armstrong, Bifrost, Brokenhead, Coldwell, Eriksdale, Fisher, Gimli, Grahamdale, Lac du Bonnet, Pinawa, Rockwood, Rosser, St. Andrews, St. Clements, St. Laurent, Siglunes, Victoria Beach and Woodlands. The constituency also includes the City of Selkirk, the towns of Arborg, Beausejour, Lac du Bonnet, Powerview-Pine Falls, Stonewall, Teulon and Winnipeg Beach, the villages of Dunnottar and Riverton, as well as Brokenhead First Nation and Dog Creek First Nation.

Warren Arena raffle brings in operating funds

By Stefanie Lasuik

Ross MacMillan exchanged his harvesting tractor for a 2014 Wildcat side-by-side on Sept. 1 when the Warren Arena executive drew his number in their first annual raffle fundraiser.

Faced with plant repairs and dwindling minor hockey numbers, the arena's board decided to hold a raffle to supplement their grow crop fundraiser, which increased by 130 acres itself this year.

"We're running short on operating money," Warren Arena's president Jim Lindsay said.

The raffle brought in \$12,500 to help combat this problem and to prevent locals from spending more of their personal finances on the ongoing arena expenses.

"There are some local people who put their own money in during the summer to carry it through," said board member Jason Balan.

Balan and Lindsay believe that between the two fundraisers, the arena should stay afloat in the future, but they hope to sell all tickets in next year's draw. This year, 269 of 350 tickets were snapped up by supporters, most of whom qualified for the \$1,000 early bird prize won by Trevor Peters on July 15.

As the owner of two side-by-sides, MacMillan is considering selling the new machine. He purchased his lucky ticket simply to support the local arena and its operations.



TRIBUNE PHOTO BY JO-ANNE PROCTER

President of the Sunova Arena in Warren Jim Lindsay, left, presented Edith and Ross MacMillan with the Arctic Cat Wildcat Trail UTV that they won in the arena fundraiser when their ticket was drawn Sept. 1.

get inspired

> MEAL IDEAS

THE
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Crescent Antipasto Bites

Ingredients

2 cans (8 oz each) refrigerated crescent dinner rolls
1 cup mayonnaise or salad dressing
2 teaspoons grated lemon peel
1 to 2 cloves garlic, finely chopped
2 jars (6 to 6 1/2 oz each) marinated artichoke hearts, well drained, chopped
6 slices provolone cheese (from 8-oz package), diced
4 oz thinly sliced Genoa salami (from deli), diced
2 oz thinly sliced smoked ham (from deli), diced
1/3 cup pimiento-stuffed olives, well drained, coarsely chopped
1 can (2 1/4 oz) sliced ripe olives, well drained
1/2 cup diced red bell pepper

Preparation

Heat oven to 375°F. Unroll dough and place in an ungreased 15x10x1-inch pan; if using crescent dinner rolls, press perforations to seal. Press in bottom and up sides to form crust.

Bake 13 to 17 minutes or until golden brown. Cool completely, about 30 minutes.

In medium bowl, mix mayonnaise, lemon peel and garlic until smooth. Spread over crust. Sprinkle evenly with remaining ingredients. Cut into 16 squares; cut each square in half diagonally. Serve immediately, or cover and refrigerate 1 to 2 hours before serving.

Preparation Time: 20 Minutes

Start to Finish Time: 1 Hour 10 Minutes

32 servings



Asian Popcorn Medley

Ingredients

6 cups popped popcorn
2 cups Oriental rice cracker mix
3 tablespoons butter or margarine
1 tablespoon soy sauce
1/2-1 teaspoon ground ginger (may vary to taste)
1/4-1/2 teaspoon sesame oil (may vary to taste)

Preparation

Preheat oven to 300°F. Mix popcorn and rice cracker mix together in large bowl.

In small microwave-safe bowl, microwave butter on high until melted, about 20 seconds. Stir in soy sauce, ginger and oil. Drizzle over popcorn mixture; toss.

Spread mixture on baking sheet and bake for 20 minutes, stirring once.

Allow to cool, serve or store in airtight container.

Makes 8 cups

Roasted Figs with Honey



Ingredients

8 fresh ripe black figs
1 tbsp (15 mL) liquid local honey
1 tbsp (15 mL) sliced hazelnuts or almonds
2 tbsp (25 mL) crumbled goat cheese or ricotta (optional)

Directions

Cut figs in half almost all the way, leaving them still attached on one side. Place them open slightly in small casserole dish.

Drizzle with honey and sprinkle with hazelnuts. Bake in 375° F (190° C) oven for about 15 minutes or until nuts are light golden and juices start to release from figs. Remove from oven and sprinkle with goat cheese if using.

Apricot variation: Use 8 large fresh apricots for the figs.

The Skill: Planning Your Meals Ahead of Time



Before you head out to do the weekly shopping, spend ten to fifteen minutes planning meals for the week ahead. Think about what you'd like to make for lunches and

dinner throughout the week, then create a shopping list with all the ingredients you'll need. Having healthy ingredients readily available makes it that much easier to assemble nutritious dishes at home that will satisfy your hunger.

You might prepare some meals ahead of time, helping to streamline your planning and preparation processes for home-cooked meals during a hectic week. And if you make big batches of nutritious staples ahead of time, you can either use them in different ways or divvy them up and freeze them (in dated plastic freezer bags) for later use. A hidden perk: You'll save time cleaning up throughout the week, too. Plus, by having the basis of your meal already prepared, you'll be taking the guesswork out of choosing what to eat and automatically reduce the possibility of choosing something simply because it's quick.

For example, you could prepare a big pot of homemade lentil soup or chili with chicken or vegetable broth, white and black beans, chopped carrots and onions, corn, and stewed tomatoes and divide the portions, freezing some if you'd like. Or, you could use the chili for several meals: Serve it on its own one night-perhaps topped lightly with shredded Monterey Jack cheese or plain nonfat

Greek yogurt-over brown rice or whole-grain noodles on another, then drain the liquid and use the chili to make burritos a third night. Similarly, you could roast a large chicken or turkey: Serve it on its own one night, then shred the rest and add it to a homemade soup (with lots of veggies), a stew (with veggies) served over brown rice, or a chili (with kidney beans, corn kernels, and diced tomatoes). The point is to be creative about how to use the base of a meal in numerous ways and let it multitask for you in a healthful, time-saving manner.

You can also use a simple formula for meal planning that works for pasta and casserole-type dishes. Consider what's on the base, what's in the middle layer, and what sauces or other toppings you'll include. First, pick the type of pasta you want to use (whole wheat pasta, whole-grain pasta, or spelt, buckwheat, or kamut pasta); next, choose a few toppings you want to include (perhaps artichoke hearts, roasted bell peppers, roasted eggplant, fresh tomatoes, leeks, sautéed mushrooms, olives and capers, spinach, sun-dried tomatoes, sautéed or rated zucchini, cannellini beans, seafood, chicken, lean ground beef or turkey); and finally, select your sauce (whether it's marinara sauce, olive oil with garlic, or basil pesto). When you put the pieces together, you've got a healthy meal!

Disease-Proof: "The Remarkable Truth About What Makes Us Well" by David L. Katz, MD, MPH, FACPM, FACP

Brenda Stafford - Juice Plus - Team Pursuit
Find us on FACEBOOK

Prep time: 5 min

Cook time: 15 minutes per batch

Makes: 4 portions

Tip: Enjoy warm or cold. Wrap leftovers with plastic wrap and refrigerate for up to 2 days.

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Seniors invited to Steppin' Out walking program

By Jennifer McFee

No matter your age or stage, exercise is essential for every walk of life.

The new Steppin' Out Walking Program aims to encourage fitness for local seniors, as well as for the community in general.

On Sept. 22 and 29, dynamic yoga instructor Gail Spencer Lamm will host an orientation for the new walking program. Participants will meet at 10 a.m. at the South Interlake 55-Plus centre, located at 5 Keith Cosens Dr. in Stonewall. The walking program will include a visit to Archie Gray Park, where outdoor exercise equipment was installed earlier this summer.

Age Friendly Stonewall-Rockwood and South Interlake 55-Plus are partnering together on this active initiative.

"Anybody can come out," said Joie Van Dongen, chairperson of Age Friendly Stonewall-Rockwood.

Walking helps to improve circulation, boost moods, strengthen bones and muscles, and increase heart health. It reduces risk of heart disease and stroke, while also helping to manage high cholesterol, diabetes, hypertension, and joint and muscular pain and stiffness.

The local Age Friendly group is grateful for receiving a New Horizons grant for a seniors program, as well as for in-kind and cash support from the RM of Rockwood, the Town of Stonewall the Stony Mountain Community Association, the Interlake School Division, Balmoral School and community members. Thanks to all the support, the group was able to fund Tai Chi wheels and balance steps for three playgrounds: Archie Gray Park in Stonewall, Bal-

moral School in Balmoral and Ducharme Park in Stony Mountain. For safety and cleanliness, engineered wood fibre playground chips cover the ground under the equipment.

"We're encouraging people to go and see it and try it out," Van Dongen said.

"When we go to this walking club, Gail will do a few exercises, giving the idea that anybody can exercise in the park."

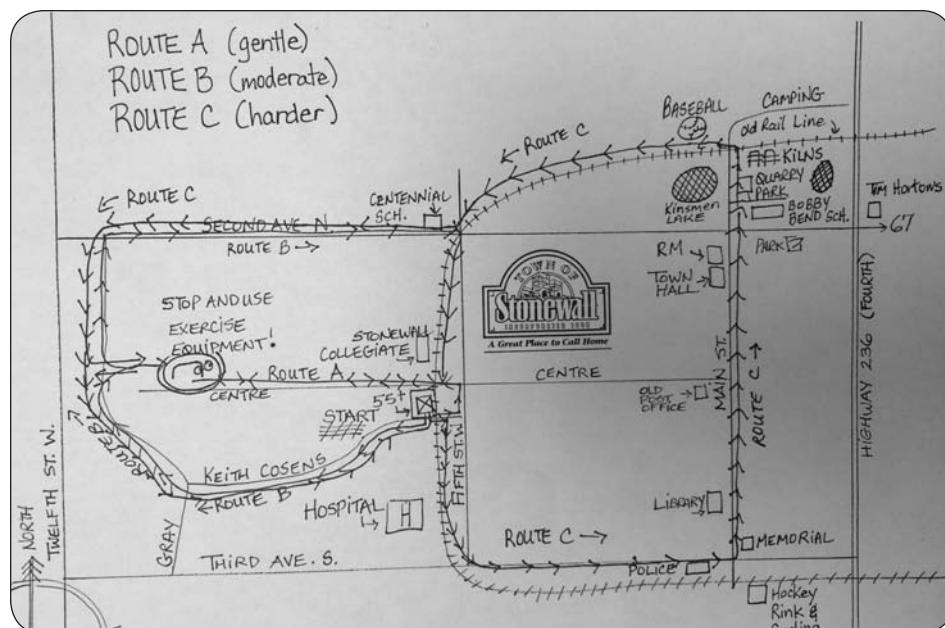
The group also hopes to find leaders who will initiate programs to use the outdoor exercise equipment in Stony Mountain and Balmoral. Ideas could include exercise classes, seniors and children events, and daycares or schools partnering with seniors.

It's a great to promote age-friendly exercise for seniors along with their children and grandchildren, Van Dongen said, adding that the use of outdoor spaces brings communities together.

"I encourage people to come out and play in the park," she said. "My idea is that you go with your grandchildren in the park and then the senior equipment is there. Hopefully this is just the beginning."

The Steppin' Out orientation events on Sept. 22 and 29 will help participants to learn about different walking paths, with maps provided to show gentle, moderate and more difficult routes. A healthy snack will also be provided after the walk.

The orientation sessions are just in time to celebrate International Active Aging Week, which runs from Sept. 27 to Oct. 3. As well, the initiative is scheduled in advance of Manitoba Seniors' and Elders' month, which is set for October.



TRIBUNE PHOTO SUBMITTED

The Steppin' Out walking program offers three walking route options.



TRIBUNE PHOTO BY LANA MEIER

Tai chi wheels and balance steps were installed at Archie Gray Park in Stonewall earlier this year and will be included in the Steppin' Out Walking program.

Tumbleweeds Ranch to giddy-up for its first horse show

By Patricia Barrett

Tumbleweeds Ranch in Fraserwood is preparing to host the last horse competition on the North Interlake Show Circuit this weekend.

"We're the newest member of the circuit," said Tara Tyndale, whose ranch offers certified riding instruction and trail rides to the general public. It also provides horse-boarding services.

"Training is done through graduated ability," said Tyndale, who cares for 53 horses on 320 acres of forest and meadow. She and her husband, along with her children and her sister, man-

age the ranch.

They teach students how to be safe around horses, terminology and how to control a horse. The Certified Horsemanship Association, an organization that promotes safety throughout the horse industry, accredits Tyndale's training.

"We don't rush people through the levels," said Tyndale, who accepts students from age six to 99. "We make sure they're ready."

Friday's event starts with Gymkhana, an equestrian event in which riders and their horses navigate obstacles such as barrels, and dash and

weave through a series of poles while trying to beat the clock.

On Saturday, riders demonstrate their ability to control a horse. For the reining competition, they will guide their horses through spins, circles and stops at either a canter or a gallop. Reining is also designed to show a horse's athletic ability.

The show attracts competitors of all ages. Children six and under can participate in the Pee Wee class.

"Mom holds the horse with a rope," said Tyndale. "It's to give them show experience."

The North Interlake Show Circuit

visits Ashern, Lundar, Eriksdale, Arborg, Teulon and Stonewall.

Sponsors of Tyndale's show include the Icelandic Festival, Gimli Veterinary Services and Kaljent Ag Services in Teulon.

Tumbleweeds Ranch is located near Fraserwood, a half mile west of Highway 7 on Road 108 NE. The show runs Sept. 18 and 19. Registration forms and show rules are available on the website. For more information, call 204-643-5523 or visit www.tumbleweedsranch.com.

Life hectic raising kids, healing sick animals

By Robert Arnason
of the Western Producer

Neil Versavel is not the type of person who likes to sit and relax.

Sitting in an office chair inside his veterinary clinic 20 minutes north of Winnipeg, Versavel held his one-month-old son, Aiden, and continually swivelled the chair back and forth for seven to 10 minutes. Many people rock or sway babies to keep the child calm, but it was obvious that Versavel was itching to get up and do something.

Constant motion is a normal part of life for Versavel. He is married with two young children, operates Equi-Tech Veterinary Clinic with his father and raises sheep.

Working 70 to 80 hours per week, including nights and weekends, is normal for Versavel.

"We do full on-call. Dad and I are on call every second night and every second weekend," Versavel said.

"So when we're busy, I usually work 28 out of 30 days a month."

Versavel didn't seem stressed by the workload or the demands of two children younger than three. He laughed and joked frequently while explaining how he became a mixed vet, tending to large and small animals, in and around Balmoral.

Versavel grew up on a farm north of Stonewall with his brother and parents, Hilary and Luc. Like many high achievers, Versavel knew what he wanted to do for a career at an early age.

"I was about eight when I first decided (to become a vet)," said Versavel, who graduated from the University of Saskatchewan's Western College of

Veterinary Medicine in 2009.

"Mom often worked nights (as an intensive care unit nurse in Winnipeg).... Dad was a single veterinarian in his practice. So when Dad had to go to emergencies during the night ... he would haul us along with him. So we got exposed to a lot."

In addition to nursing and vet work, Versavel's parents also operated a farm while raising two boys.

They still run the farm, producing hay and raising a herd of livestock, mostly cattle and sheep. The vet clinic is located on their farmyard.

As a boy, Neil developed an interest in livestock and briefly considered a full-time career as a farmer.

"For the longest time I also did want to farm," he said, as his two-year-old, Melodie, drew pictures at a desk in the veterinary clinic.

"(But) I knew through veterinary that I could still be part of agriculture.... I just decided I would become a vet and maybe farm at the same time. It never occurred to me to do anything

different."

Versavel met his wife, Valerie Millette, at vet school in Saskatoon. She grew up in Calgary but after graduation they moved to the eastern Prairies to begin the next stage of their relationship.

"I somehow managed to convince her to come to Manitoba and live a rural life," Versavel said with a shake of his head and a laugh.

Adjusting to life on 80 acres near the village of Balmoral wasn't difficult for Millette because she thought Calgary was too big and busy.

Both of her parents grew up in Sas-

"IT'S LIKE I'M CAMPING EVERY DAY. I'M IN HEAVEN. IT'S ABSOLUTELY WONDERFUL."



PHOTO COURTESY OF ROBERT ARNASON

Neil Versavel, Valerie Millette and their kids, Melodie, , and Aiden, one month, live on 80 acres near Balmoral. They are both veterinarians. Neil also raises Suffolk sheep on his parents' farm near Stonewall.

katchewan: her father in Melville and her mother in Gravelbourg. Millette, perhaps for genetic reasons, was drawn toward open countryside and a simpler life.

"I think it's in my blood.... I consider myself a prairie girl. I always felt at home visiting my relatives in Saskatchewan and I really enjoyed my time living in Saskatoon," she said, adding she loves the pasture and woodland on their property in Manitoba's southern Interlake region.

"It's like I'm camping every day. I'm in heaven. It's absolutely wonderful."

Like her husband, Millette knew she wanted to be a vet when she was in elementary school.

In Grade 4, her teacher assigned a class project where students had to choose a potential career.

"That's the one I picked and it just kind of stuck with me."

Millette's grandfather was a medical doctor in rural Saskatchewan and she wanted to maintain the family's connection to medicine, in a slightly different way.

"I've always felt drawn to learning about my roots," said Millette, whose

family has been in Canada for 13 generations, beginning in Acadia.

Besides running the clinic with his father, Versavel has also taken over the family's sheep operation.

He raises purebred Suffolk sheep and is part of the Canadian Lamb Producers Co-operative.

He described raising sheep as a part-time gig that keeps him occupied.

"Say I quit farming... If you're the kind of person who likes (to be busy), you're not going to do nothing... I've always enjoyed working with livestock."

Like all parents who attempt to balance career and parental duties, Versavel and Millette are constantly on the go, but both are satisfied with their choice of vocation.

However, since graduating six years ago, they have learned that a vet's job description is much broader than treating cats, dogs and horses.

"A lot of people think veterinary medicine is about working with animals," Versavel said.

"I would say it's easily 50 per cent about people. Every animal you deal with has a person next to it."

Cavalía's Odysseo mesmerizes audience members in Winnipeg

Staff

Cavalía's larger-than-life production, Odysseo, opened last week in front of an audience of 2,000 in Winnipeg.

Under the White Big Top along Kenaston Boulevard, spectators of all ages were mesmerized by the show's blend of equestrian and performing arts and special effects. Sharing the stage with 45 riders, acrobats, aerial-

ists and musicians, the 65 majestic horses stole the spotlight during the show.

Presented for the first time in Manitoba, Odysseo is a show unlike any other. Matinee and evening performances are now scheduled through Oct. 18. Following its run in Winnipeg, Odysseo will continue its North American Tour in San Francisco, starting Nov. 25.



TRIBUNE PHOTO BY LINDSEY ENNS


Riders and their horses form a line on stage during the opening night of Cavalía's Odysseo under the White Big Top along Kenaston Boulevard in Winnipeg last Thursday night. Shows have now been extended to Oct. 18 due to high demand.

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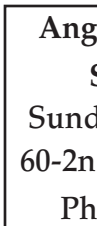
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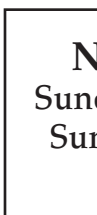
Stonewall United Church
369-1st Ave. N., Stonewall
Service and Sunday School
Sundays 10 a.m.
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www.stonewallunited.ca




**Anglican Parish of
St. Cyprian**
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60-2nd St. S.E. Teulon
Phone 886-3203



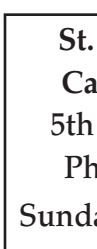
**Interlake Full
Gospel Assembly**
Teulon
Sundays at 11:00 am
Phone 886-2680



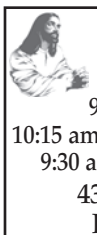
New Life Church
Sunday Service 10:30 a.m.
Sunday school 9:30 a.m.
Teulon 886-3269




St. Peter Lutheran Church
Sunday Service - 9:45 am
3rd Sunday is a 10:00 Service
PTH #7, Teulon 886-2159



**St. John Vianney
Catholic Church**
5th Ave SE Teulon
Phone 467-9016
Sunday Mass 11:30 am



**Anglican Church
of the Ascension**
9:00 am - Traditional Service
10:15 am - Choral Service & Sunday School
9:30 am - Wednesday Morning Prayer
435 1st Ave. N., Stonewall
Phone 467-8466 (office)



**Grosse Isle and Rosser United
Church Services**
Rosser Sunday 9:45 am

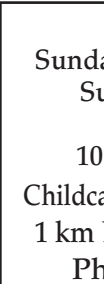
Lilyfield United Church
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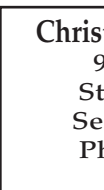
New Life Church
Sunday Service 9:00 & 10:45 a.m.
Sunday Morning Classes
9:00 a.m. - All Ages
10:45 am - Nursery - Gr. 4
Childcare for Nursery School to Gr. 4
1 km East on Hwy 67, Stonewall
Phone 467-5529 (office)




**Woodlands
Gospel Chapel**
Service 7 p.m.
Sundays
Hwy 6 + Rd 82,
Woodlands
Phone 467-5109



**Cornerstone Pentecostal
Church**
Sunday Worship &
Sunday School 10:30 am
Youth Nights - Sundays 6 pm
Thursday Bible Study
& Kids Club 7 pm
308 2nd Ave. N., Stonewall
Phone: 467-9797



Christ Church Anglican
97 School Rd,
Stony Mountain
Service 10:15 am
Phone 489-4847
or 344-5220



**Christ the King
Catholic Church**
Sunday Mass 10:00 a.m.
315-2nd St. E., Stonewall
Phone 467-9016

John 6:29b-30a 'This is the work of God, that you believe in him whom he has sent.' 30So they said to him, 'What sign are you going to give us then, so that we may see it and believe you?

Last week on the news I saw a 5 second video clip of reportedly the first video taken of the dark side of the moon takes from one of the space vehicles. The background was the whole globe of the earth with the moon passing in front of it.

Every day we see signs. Signs on street corners that tell us where we are; signs on roads that tell us where we are heading; business signs that tell us what a business does; signs by doors to tell us when a place is open and when it is closed. These printed signs we rarely have a problem interpreting if we speak the language.

Non-printed signs offer a bit more of a challenge. A dog wagging the tale or a person smiling when you enter a room we might interpret as friendly, yet it could be the dog is merely excited because prey has walked into the room and is in attack mode, as could be the bared teeth in the room. Yet over the course of our lives we have learned to interpret such signs more often accurately than not.

There are times when we see the sign but take no heed because we don't want to deal with the reality the sign points to. A ticking of the engine or squealing brakes are signs that the car is not working as it should, but it is so inconvenient and expensive to take it into the shop we are tempted to ignore the sign and hope it will go away. The signals that our bodies give us many times are ignore. The smokers cough is often described as just a tickle, a dark tan might be thought of as just my natural colour.


It is harder to explain why a sign pointing towards something positive would be ignored. Those asking for a sign in John's gospel had just participated in a feast for thousands made from five barley loaves and two fish, they recognized Jesus had crossed a significant body of water with no boat, and yet they ask for a sign. The sign only points towards a reality, for us to accept the sign requires trust, and for us to act on that knowledge requires faith.

Jesus predicted his death and resurrection and clearly specifies it as a sign intending these events to ratify his life, actions and teachings. The sign being that Jesus has conquered death and that we too will participate in his resurrection. A sign offered that we might trust and respond to His teachings with faith.

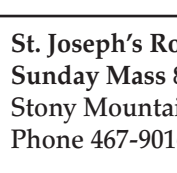
The beauty of this gift of our temporal home as seen from the dark side of the moon is merely another sign of the greatness of our creator who sent Jesus to us as a sign in whom we might believe.

Submitted by the Reverend James Bardsley
Incumbent of Church of the Ascension


Balmoral United Church
Sundays 9:30 am
Phone 886-2382
teulonpastoralcharge@mymts.net




**Stony Mountain
United Church**
12 Main St., Stony
Mountain
Phone 344-5426



St. Joseph's Roman Catholic Church
Sunday Mass 8:30 am
Stony Mountain
Phone 467-9016



**Immanuel Lutheran
Church (LCC)**
Service 10:30 am
Childrens Sunday School
during Worship
Inkster & King Edward, Winnipeg
Rev Richard Beinert 632-6911



**Church of the
Annunciation**
Woodlands
Service 12:00 noon
Father Michel Nault

To participate in this monthly section please call 467-5836

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Blue Jays crowned WSBL champions

By Brian Bowman

For the first time since 2009, the Stonewall Blue Jays are the Winnipeg Senior Baseball League champions.

Stonewall needed all seven games in their best-of-seven championship final against Elmwood but they made it look easy in Game 7, trouncing the Giants 9-1 at Fines Field in Stonewall on Sept. 9.

Elmwood forced a Game 7 after edging Stonewall 6-5 in eight innings in Game 6 on Sept. 8.

"It definitely takes the sting out of blowing that 5-0 lead on Tuesday night," said Blue Jays' veteran Adam Kirk. "We got up a couple (of runs) there and then we had the big inning where we got five or six."

"It was nice to put some breathing room between us and them and get up a few runs and not have to worry about a close, tight game."

The Blue Jays' big offensive explosion came in the fourth inning.

"Everybody got in the hit parade and their guy started walking a few guys," Kirk recalled. "We started having better at-bats."

Stonewall also scored a pair of runs in the third inning and then added another in the sixth. The Giants scored their lone run in the game's final inning.

The championship victory was a well-deserved one for the Blue Jays, who now receive an automatic berth into next year's "AA" all-star provincials.

Stonewall started the season very strong but slumped in the second half of the regular season. The Blue Jays were then one loss away from being eliminated in the first round of the playoffs by the St. Boniface Legionaires.

Stonewall trailed 2-0 in that semifinal series – and 4-2 heading into the final inning of a decisive Game 5 – before producing a dramatic comeback that vaulted them into the WSBL championship series.

"It's a team of veterans and we're never out of a game," Kirk insisted, noting veteran player/coach Dave Craig does a great job calming the players in the dugout. "We're never negative, we're always a positive group that knows what we're capable of. When we get our stuff together, we know we can beat anybody, no matter what the score is. Adding a couple of veteran guys this year helped out with that."

Kirk said the WSBL has been — and will continue to be — a very competitive league. He added the Blue Jays have had good support from the Interlake community coming out to watch their games, especially in the WSBL final.

"The last time we won it, there were 10, 11, or maybe 12 teams and now it's down to six," Kirk noted. "(The league) is a lot more competitive. Everybody has gained a couple of guys and between the five teams, and I heard Springfield will be better (next season), it's up for grabs and anyone can win."

"Whoever shows up and plays the best wins and that's what you want."



TRIBUNE PHOTOS BY LANA MEIER

The Stonewall Blue Jays are the Winnipeg Senior Baseball League champions. Pictured, front row, left to right: Kyle Scrivens, Mike Maartense, Orrin Hogue, Josh Drews, Rory Tycoles, Tyler Tataryn; back row, Bailey Proctor, Scott Harris, Josh Stolar, Dave Craig, Taylor Hagen, Adam Luellman, Kyle Heroux, Bryan Gerbrandt, Carson Kirk and Adam Kirk.



Adam Kirk (left) and Bryan Gerbrandt accept the WSBL trophy on behalf of the Blue Jays.



Tyler Tataryn slides in under the tag at home during the Blue Jays 9-1 win over the Elmwood Giants Sept. 9.

Midget Thunder stunned late by Southwest

By Brian Bowman

A lot of times, losing coaches will say the final score was not indicative of the game.

But in this case, however, it was exactly true.

The Interlake Thunder trailed Southwest 14-7 with about five minutes remaining in the game before the Wolves howled their way to 21 unanswered points in a 35-7 road win in Selkirk.

The Thunder hung with the Wolves until late in the fourth.

Still, they had problems with three starting linemen out for the game due to injury. To make matters worse, Interlake lost Thomas Dunlop to a severe ankle injury on the first play of the game. Dunlop has been a very good player for the Thunder this season and is considered one of the team's top players.

Another good player, Kurtis Janzen, was also lost due to an ankle injury and had to be carried off the field.

"That was a tough scenario for us," said Thunder head coach Kris Johnston. "We came into the game without three key starters who were difference makers and then we lost two key starters who are also difference makers. It was a game full of adversity for these guys and, honestly, they did a fantastic job."

Defences dominated in the first half as the Wolves led just 7-0 at the break. Southwest's touchdown came on a one-play drive that had their player gallop 67 yards for a major.

A defensive highlight for the Thunder in that half was an impressive Joe Rosser interception. Austin deLaroque and Rory Doak were both tremendous for the Thunder in the loss.

"The defence, with the exception

of just a handful of minor plays in the first half, played incredibly well," Johnston stressed.

The Wolves went up two scores after punching in a TD late in the third quarter. Interlake, however, came right back as Alex France scored on their next possession. Thunder quarterback Declan Kubel threw a nice 30-yard pass to France, who then scampered another 20 yards for the touchdown.

But that would be as close as the Interlake would get, however, as Southwest intercepted three late Interlake passes – two of which were returned for touchdowns.

The other pick was returned to the Thunder's eight-yard line.

"The wheels just kind of came off," Johnston lamented. "There is no easy explanation, a lot of mistakes were made in the second half and the coaches take a lot of responsibility for that."

With the loss, Interlake is now on a four-game losing streak heading into this week's bye. But Johnston said the players have remained positive during this slump.

"There's still a lot of positivity in our locker room," he stressed. "Our veterans are doing a great job of stepping up and pushing this group and saying all of the right things."

Despite the loss, the Midget team – and the entire Thunder program – had a great time at Thundergate.

"Thundergate was awesome," Johnston stressed. "It was such a good day...and an incredible day of football with the fans out there and the volunteers who did an awesome job putting together a great canteen. We also had a silent auction and live music."

After the bye, Interlake will play at



TRIBUNE PHOTO BY BRETT MITCHELL

The Thunder's Austin deLaroque of Warren played a tremendous defensive game in his team's 35-7 loss to Southwest last Saturday in Selkirk.

the St. Vital Mustangs on Sept. 26. Kickoff is 7 p.m.

In Atom action, Interlake rolled to a lopsided 30-0 victory Saturday over the La Salle Lightning.

The Thunder built a large first-half lead and continued with a very strong

defensive performance throughout the game.

The Thunder (4-1) are hoping to continue their winning ways this Saturday (2 p.m.) against the North Winnipeg Nomads at Stonewall Collegiate.

Grose selected to OPOE camp

By Brian Bowman

Balmoral's Quinn Grose is one of three Hockey Manitoba officials that have been selected by Hockey Canada to attend the Officiating Program of Excellence West Regional Camp in Richmond, B.C. from Sept. 25 to 27.

The other two officials from Manitoba are Brenden Burnell and Brett Roland, both referees from Winnipeg. Grose will be attending this camp as a linesman.

Grose is a Level IV official and has experience refereeing and lin-

ing in the Bantam and Midget "AAA" Leagues, KJHL, SEMHL and MJLH.

He was named the Most Improved Referee for the Interlake in 2012 and is a member of the High Performance Officiating Program. Grose also mentors younger officials.

The OPOE is designed as an officiating talent identification and training program for elite officiating prospects, extending beyond branch officiating development.

The OPOE is a partnership, which includes Hockey Canada and its mem-

ber branches, the National Hockey League, and the Canadian Hockey League.

All partners bring together resources in order to foster a rewarding development opportunity for officials identified and trained in the OPOE.

Only 15 officials were selected from Western Canada to attend this event. Selection for tournaments, such as the World Under-17 Hockey Challenge, is often based on performance at the OPOE.



Quinn Grose

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Thunder PeeWees, Bantams earn victories

By Brian Bowman

Winning a football game during the week is always a reason to smile.

And the Interlake Thunder PeeWee football team did a lot of smiling as they won a pair of games in a four-day period.

Interlake improved its record to 3-3 this season after an impressive 34-16 victory over the Charleswood Broncos last Saturday. The Thunder led 22-16 at halftime.

"It was a strong win," said Thunder head coach Ed deLaroque. "We kind of started soft but ended strong. That was a big win because it got us to .500 at 3-3."

The Thunder did a great job running the ball up the middle with the help of some outstanding play by the offensive line.

"They dominated the other team's defensive line," said deLaroque.

On defence, Interlake had an interception and played very well against the run.

Earlier in the week, Interlake outscored the North Winnipeg Nomads 40-34 on Sept. 9. Thunder quarterback Joshua Charison scored on a keeper on the final drive of the game for the go-ahead score.

"It was a wild one," deLaroque noted. "We were way up at half-time and then we kind of fell asleep in the second half."

The Thunder continues to improve on a weekly basis and is becoming a real good football team.

"I'm really happy with how our season is going," deLaroque said. "We lost a couple of close games and we very easily could have been 5-1 instead of 3-3. We've improved dramatically over the last year."

In Bantam play, the Thunder cruised to a convincing 30-0 victory over the Corydon/Charleswood Broncos. With the win, Interlake improved to 2-3 this season.



TRIBUNE PHOTO BY BRETT MITCHELL

The Thunder's Lane Bond of Warren makes his way upfield after pushing his way through the Broncos' defence last Saturday in his team's 34-16 victory.

Stonewall U14B boys blank West Kildonan 3-0

By Brian Bowman

The Stonewall U14 boys' soccer team defeated West Kildonan 3-0 on Sept. 9 on the strength of a pair of goals by Gio Ciulla and another by Asa France.

Keeper Lukas Funk earned the shutout.

Stonewall's final scheduled playoff game of the season was last

night at home against Valour (no score was available). A win would advance Stonewall to defend their 2014 Championship title in WYSA's Cambrian Challenge Cup A-side final on Sept. 26 at John Blumberg.

On Sept. 2, Stonewall edged Lorette 2-1 in its first playoff game. Chris Wiebe scored both Stonewall goals, one off a penalty kick.

Selkirk wins senior men's interclub championship

By Brian Bowman

Selkirk Golf & Country Club's foursome of Mark Starodub, Mike Cote, Donald C. Schledwitz and Donald Drew combined to win the Rural Division at Golf Manitoba's Men's Senior Interclub Championship on Sept. 8 at the Glendale Golf & Country Club in Winnipeg.

Selkirk finished at 35-over 251 (120-131), which was four strokes better than the South Interlake team of

Tony Delahaye, Roy Unger, Lino Santos and Larry Hayden.

Rounding out the top five were Steinbach (263), Maplewood (267) and Minnewasta (267).

Larters' foursome of Jim Franklin, Don Bilsky, Rudi Schartner and Henry Vroom placed 10th with a 284 score. Golf Manitoba PPC was tops in the City Division, firing a 12-over 228. That was six strokes better than Niakwa.

Jets soaring in MMJHL preseason action

By Brian Bowman

The Stonewall Jets had a chance to see how they compare with some of the Manitoba Major Junior Hockey League teams with four games last week.

And, at first glance, it looks like the Jets will be just fine this season.

Stonewall finished the week with three wins and a tie, ending play with a 2-1 victory over the Ft. Garry/Ft. Rouge Twins on Sunday.

Robert Smith scored the eventual game-winning goal at 13:49 of the third period. Ryan Miskiewicz had given the Jets a 1-0 first-period lead but the Twins' Ian Gawletz tied the score at 1-1 in the second.

On Saturday, the Jets finished with a 2-2 shootout draw with the St. Vital Victorias. Smith and Eric Swanson scored for Stonewall in the shootout.

In regulation time, Codi Lashiewicz, in the first period, and then Swanson, shorthanded in the third, scored for Stonewall. Riley Gibbons and Riley Beauchemin tallied for St. Vital.

Last Friday, the Jets skated past the Raiders Jr. Hockey Club 4-3 in a shootout

Stonewall's Brett Meilleur scored the only goal in the shootout.

The Raiders' Mac Playford and Stonewall's Bryce Stovin traded first-period goals and then Kyle Jur put the Raiders up 2-1 early in the second.

But that lead would be short-lived, however, as Swanson and Lashiewicz tallied just 3:14 apart.

The Raiders' Taryk Rasmussen then scored early in the third to tie the score at 3-3.

The Jets started their preseason with a 6-5 shootout win over the Charleswood Hawks in Stonewall on Sept. 9.

Meilleur, once again, scored the lone goal in the shootout.

Stonewall overcame a 4-1 third-period deficit to score four goals in just



The Jets' Brett Meilleur scored the only goal in the shootout during his team's 6-5 win over the Hawks.

under 11 minutes to grab a 5-4 lead.

The Hawks Cory Yeroschak forced the overtime, however, by scoring with just 49 seconds left in the third period.

Charleswood's Cole Benediktson and Stonewall's Tanner Faulkner traded first-period goals but the Hawks took a 4-1 lead after 40 minutes with second-period goals from Austin Hesselbart, Yeroschak and Reg Bowles.

Sam Mandyk, Josh Hofer and Derek Ramage scored goals just 1:36 apart early in the third to tie the score at 4-4. Smith then gave the Jets their first lead of the game at the 13-minute mark.

Stonewall hosted the Pembina Valley Twisters in their final preseason game last night but no score was available at press time.

The Jets begin their regular season this Sunday at the Transcona Railer Express. Game time is 2 p.m. Stonewall's home opener will be Sept. 25 (7:30 p.m.) against the Raiders.



TRIBUNE PHOTOS BY LANA MEIER

Goaltender Stuart Fleury recorded the win with 14 saves and one goal against in the Jets shootout win Sept. 9.

Stovin commits to Bisons

By Brian Bowman

The University of Manitoba Bisons' men's hockey team announced eight new recruits Tuesday afternoon – which included Stony Mountain's Brett Stovin – for the upcoming 2015-16 season.

The other seven players are forwards Liam Bilton, Jordyn Boyd, Brett Brooks, and Jonah Wasylak, goaltenders Justin Paulic and Dasan Sydora, and defenceman Adam Henry.

Stovin, 20, played last season with the Western Hockey League's Saskatoon Blades and East Coast Hockey League's Missouri Mavericks.

Last season, the six-foot, 190-pound forward scored 29 goals and added 21 assists to go along with 44 penalty minutes in 72 regular-season games with the Blades.

Stovin also added five goals and an

assist in eight games with the Mavericks. In his solid four-year WHL career, Stovin scored 67 goals and had 125 points in 262 games.

"We are very excited to welcome Brett to the Bisons after his outstanding WHL career," said Bisons' head coach Mike Sirant in a media release. "As the Saskatoon Blades' top scorer and team leader, we are confident that Brett will bring offence and exceptional leadership to the Bisons."

"Brett has the ability to be a top-line player for the Bisons and make an immediate impact in the Canada West Conference."

The Bisons begin their 2015 preseason in Saskatchewan this weekend. Manitoba plays at Ochapowace, Sask. on Friday against Regina and then will battle Calgary in Regina on Saturday.

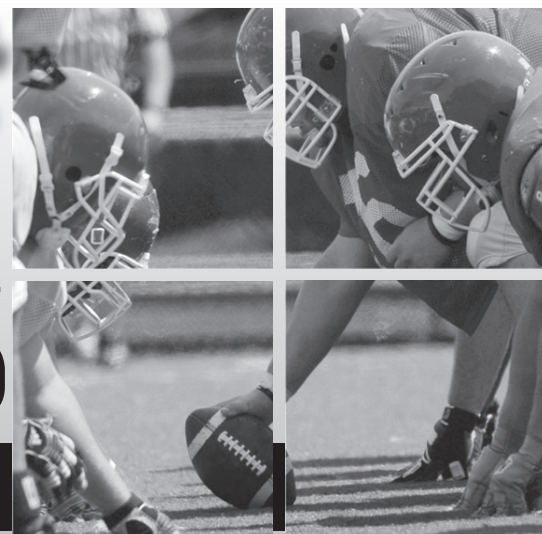
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Stonewall Teulon
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METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

WANTED TO RENT

Wanted - small office space to rent in Stonewall. Call 204-467-2870.

OFFICE SPACE FOR RENT

Office building on Main Street Selkirk, 400 block. Great location, currently occupied by Accountant. 1200 sq. ft. Avail. January 1/16. \$1600/per month. Negotiable for long term lease. Ph. 1-204-785-0105.

FARMLAND FOR SALE

Stonewall/Argyle area. Productive grain land. \$2999/acre, taking offers. Available when 2015 crop is harvested. Private sale. Email if interested coronabar6@hotmail.com leave name & phone number & we will call back.

HOUSE FOR RENT

Stonewall- 2 bdrm. bungalow, 1000 sq. ft., basement, large yard, deck, great location - available Sept. 1; or sooner. \$1200 per month. No pets or smoking. Susan at ReMax Town & Country 204-467-8000.

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Interlake School Division invites applications for TREATMENT WORKERS

Interlake School Division invites applications for full-time (6.0 hours per day) treatment workers for Teulon Collegiate, Warren Collegiate (applicants must be male) and École Stonewall Centennial School.

The successful applicants will be at least 18 years of age and must possess the following:

- Para -educator diploma or equivalent
- The ability to work independently and as part of a team.
- Non-violent crisis intervention or Weavas training.

Please direct applications, including complete resume and three references to:

Teulon Collegiate

Mr. P. Magnan, Principal

Tel: 204-886-2593

Email:

pmagnan@isd21.mb.ca

Stonewall Centennial

Mr. E. Harvie, Principal

Tel: 204-467-5502

Email:

eharvie@isd21.mb.ca

Warren Collegiate

Mrs. L. Perrella, Principal

Tel: 204-322-5586

Email:

lperrella@isd21.mb.ca

Closing date for applications is September 23, 2015.



TOWN OF STONEWALL Hydrant Maintenance & Watermain Flushing SEPTEMBER 21st TO OCTOBER 9, 2015



During the above noted period Works & Operations Staff will be checking hydrants and flushing watermain in the Town of Stonewall PLEASE BE PREPARED FOR SHORT PERIODS OF LOW WATER PRESSURE AND POSSIBLE CLOUDY WATER CONDITIONS.

If you have questions or concerns please call the Town Operations Manager at 204-467-7968



TOWN OF STONEWALL NOTICE OF BOARD OF REVISION

General Assessment & Personal Property Assessment 2016 and 2015 Supplemental Property Taxes

Public Notice is hereby given that the 2016 General Assessment and Personal Property Assessment Rolls for the Town of Stonewall have been delivered to the Town Office at 293 Main Street, Stonewall, Manitoba and are open for public inspection during the regular business hours.

The Board of Revision shall sit to hear applications respecting assessment on **Thursday, October 22nd, 2015 at the hour of 6:30 P.M.** in the Council Chambers of the Town Hall, 293 Main Street, Stonewall, Manitoba.

Applications for revision of assessment shall be made in accordance with Sections 42 and 43 of the Assessment Act:

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2)

APPLICATION REQUIREMENTS

43(1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred above in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
 - delivering it or causing it to be delivered to the office of the Town of Stonewall, Box 250, 293 Main Street, Stonewall, Manitoba, ROC 2Z0, or
 - serving it upon the Secretary of the Board of Revision

The final date on which applications shall be received by the Secretary of the Board of Revision is **Tuesday, October 6, 2015.**

Dated this 1st day of September A.D., 2015 at the Town of Stonewall in the Province of Manitoba.

Doreen Steg, Secretary
Board of Revision
Town of Stonewall
Box 250, 293 Main Street
Stonewall, MB
ROC 2Z0

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Sept. 22nd - 4:30 - 6:30 pm
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11kms west of Stonewall on Hwy 67



**NOTICE OF PUBLIC AUCTION
SALE OF LANDS FOR ARREARS OF TAXES
RURAL MUNICIPALITY OF WOODLANDS**

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **7th** day of **October, 2015**, at the hour of **7:00 PM**, at the office of the Rural Municipality of Woodlands, 57 Railway Ave, Woodlands, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
156900	THE NORTH 1/2 OF LEGAL SUBDIVISION 7 IN SE 28-13-4 WPM EXC THE E 330 FEET SUBJECT TO THE RESERVATIONS FOR GRAVEL MORE FULLY SET FORTH IN AN INSTRUMENT REGISTERED IN THE WINNIPEG LAND TITLES OFFICE, AS NO. 866997.	L -\$22,800	\$4,093.98
205700	THE NE 1/4 SECTION 24-15-4 WPM EXC THEREOUT ALL MINES AND MINERALS AND OTHER MATTERS AS MORE FULLY SET FORTH IN A DEED REGISTERED IN THE WINNIPEG LAND TITLES OFFICE UNDER THE OLD SYSTEM NO. 243219	L -\$67,400 B -\$107,600	\$2,918.23
218200	PARCEL 1: THE SE 1/4 OF SECTION 12-14-1 WPM EXC WATER CONTROL WORKS, PLAN 14431 WLTO	L -\$257,100 B -\$126,700	\$10,193.87
218300	PARCEL 2: THE SW 1/4 OF SECTION 12-14-1 WPM EXC OUT OF PARCEL 2, ALL THAT PORTION CONTAINED WITHIN THE FOLLOWING LIMITS: COMMENCING AT A POINT IN THE WESTERN LIMIT OF SW 1/4 DISTANT NLY THEREON 680 FEET FROM THE SOUTHERN LIMIT OF SAID SW 1/4 THENCE ELY, PARALLEL WITH SAID SOUTHERN LIMIT, 335 FEET THENCE NLY, PARALLEL WITH SAID WESTERN LIMIT, 500 FEET THENCE WLY, PARALLEL WITH SAID SOUTHERN LIMIT, TO SAID WESTERN LIMIT THENCE SLY, ALONG SAID WESTERN LIMIT, TO THE POINT OF COMMENCEMENT	L -\$216,700	\$5,369.57
227425	LOT 1 PLAN 28864 WLTO EXC ALL MINES AND MINERALS AND OTHER MATTERS, TOGETHER WITH THE RIGHT TO ENTER AND REMOVE THE SAME AS MORE FULLY SET FORTH IN TRANSFER NO. B8632 WLTO IN SE 1/4 31-14-1 WPM	L -\$11,800 B -\$203,900	\$7,439.95
234800	THE SE 1/4 OF SECTION 12-15-1 WPM SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN	L -\$48,300	\$2,168.47
234900	SW 1/4 12-15-1 WPM EXC RAILWAY PLAN 2171 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN	L -\$34,800	\$1,909.65
237350	SLY 1320 FEET PERP OF THE SW 1/4 17-15-1 WPM SUBJECT TO THE RESERVATIONS, PROVISOS AND CONDITIONS RESPECTING MINES, MINERALS, MINERALS OILS AND OTHER MATTERS AS SET FORTH IN OLD SYSTEM INSTRUMENT 221329 WLTO	L -\$26,400	\$1,890.54

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
- The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Rural Municipality of Woodlands as follows:
 - i) The full purchase price if it is \$5,000 or less; OR
 - ii) If the purchase price is greater than \$5,000, the purchaser must provide a non-refundable deposit in the amount of \$5,000 and the balance of the purchase price must be paid within 20 days of the sale.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.
- The purchaser will be responsible for registering the transfer of title in the land titles office, including the registration fees.

Dated this 26th day of August, 2015.

Managed by:



Adam Turner
Chief Administrative Officer
Rural Municipality of Woodlands
Phone: (204) 383-5679
Fax: (204) 383-5169

Classifieds

UPCOMING EVENTS

Separated - Widowed – Divorced. Beginning Experience (BE) is a non-profit, peer support grief resolution program helping single-again persons deal with the natural grief process and offers an opportunity for turning pain from loss into an experience of positive growth. We offer a program of 10 weekly sessions, 3 times per year. Next 10 week program starts Sept. 9th, 2015. We also offer a week-end retreat, 2 times per year. Next weekend retreat to be held Oct 30th - Nov. 1st, 2015. For more information - please call 204-275-3090 or visit www.beginningexperiencewinnipeg.ca

UPCOMING EVENTS

Cluck and Quack Poultry Club Annual Sale. Poultry, small animal, equipment & crafts sale, Saturday and Sunday September 26 & 27 from 10 a.m. – 4 p.m. Agricultural Center, Red Barn, Stonewall PR#236 and Road 75N. For vendor information contact Al (204) 467-8654 Email: govilon@mts.net or Lynn (204) 694-1096 Email: lynnfr@mymts.net or go to www.cluckandquack.ca for further information. Industry and crafters are welcome to apply.

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Buildings & Building Supplies New 30' x 65' Peak Ceiling Double Door Storage Bldg. * New 20' x 30' Peak Ceiling Storage Shelter * New 10' x 12' Storage Party Tent Shelter * Windows * Sealed Window Units * **Trailers & Equip** 06 18' Tandem Flat Deck w Ramps & Stake Sides * Utility Trailer * 86" Hyd Skid Steer Dozer Blade * 72" Forklift Extensions * 3PH 2 B Plow * **Vehicles** 2000 Cadillac 4 Dr 8 Cyl * 2000 Montana Van * 4 VW Beatles NR * 60's Intl Delv. Van * **Recreational & Yard** 88 Ford 24' Triple E Motor Home Dash AC, 11,000 Km * 80's Dodge Sportsman RV NR * 16' Fiberglass Boat Evinrude Inboard /Outboard w Trailer * JD X300 R Mower W Bagger * Yard Trailer Sprayer * Yard Chipper * Trailer Cement Mixer * Push Gas Mower * Merry Tillers * Mini Roto Tiller * Stihl Gas Yard Blower * Gas Weed Eater * Husq. Chainsaw * Compound Bow * Moose Horns * Wrough Iron Doors * **Tools & Misc** Scaffolding * 2) New 10' 20 Drawer HD Work Bench * Tool Cabinets * New Tire Changer * New Wheel Balancer * 10" Compound Mitre Saw * New 3 Ton Floor Jack * Table Saw * Air Compressor * Floor Jacks * Booster Charger * Welder * 14" Diamond Blade * Chain Saw * Truck Load of New Hardware * Tools * Oils * Fishing & Hunting Items *
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Stonewall Teulon
Tribune

NOTICES

Tell the people that if Sundays are ever to be turned into days of play and amusement, they will soon become days of labour and work. Tell them if they lose their Sabbath, they will have lost their best friend. J.C. Ryle Canadian Lords Day Association www.clda.ca

POTATOES FOR SALE

NEW POTATOS avail. Corn, onions, cabbage, beets, turnips & carrots as well. Call 204-886-2676, Interlake Potato Farm.

FARM PRODUCE

Fresh honey for sale. Ph 204-461-1267.

HAY FOR SALE

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Large round hardcore bales of alfalfa/brome mix. Call for various pricing 204-467-5078 or 204-461-0722.

STRAW/FEED

Rye grass straw for sale. 5x6 round bales. Variety is endophyte free. Safe for cattle. \$30 loaded in field. Ph 204-461-0706, Nick Matheson.

Flax straw - \$2.50/bale. Monday - Saturday. Call Bill Matheson at 204-467-5608, Stonewall.

HEALTH

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Do you have a suggestion for our news team?

Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

Call 204-467-5836

PUBLIC NOTICE



TOWN OF TEULON BOARD OF REVISION

2016 GENERAL ASSESSMENT, BUSINESS ASSESSMENT AND PERSONAL PROPERTY ASSESSMENT

Public Notice is hereby given that the 2016 Assessment Roll for the Town of Teulon will be deposited in the Civic Office at #44 Fourth Ave. S.E., Teulon, Manitoba, will be open for public inspection during regular business hours, on or before October 4, 2015.

The Board of Revision will sit on **Tuesday, November 10th, 2015** at 6:30 P.M. in the Council Chamber of the Town of Teulon, 44 Fourth Avenue S.E., Teulon, Manitoba to hear applications.

Any person who believes that an assessment ought to be revised may make application in accordance with Sections 42 & 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2).

APPLICATION REQUIREMENTS

- 43(1) An application for revision must
- be made in writing;
 - set out the roll number and legal description of the assessable property for which a revision is sought;
 - set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
 - be filed by:
 - delivering it or causing it to be delivered to the Town of Teulon
 - serving it upon the Secretary;

at least 15 days before the scheduled sitting of the Board as indicated in the public notice.

The final date on which applications must be received by the Secretary of the Board is October 26, 2015 at 5:00pm.

Jeff Precourt, Secretary, Board of Revision
Town of Teulon, Box 69, Teulon, MB, R0C 3B0

Dated at Teulon, in Manitoba this 14th day of September, 2015.

Hip or Knee Replacement?

Restrictions in Walking/Dressing?

\$2,000 Yearly Tax Credit

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- capable of problem solving.
- It is an asset to have a working knowledge of Microsoft Office, including Word & Excel. Also must be willing to learn new programming;
- Ability to read prints and measurements is a requirement for the welding position. CWB Certification is also an asset but training is available.

Please email resume, with 3 references, to hr@vidir.com. or mail to: Box 700, Arborg, MB R0C 0A0 or fax to: (204) 364-2454

Only those selected for interviews will be contacted.

www.storevertical.com

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FULL TIME Graphic Designer LEVEL 3 REQUIRED

The Stonewall Teulon Tribune, Selkirk Record, Express Weekly News and Winkler Morden Voice is looking for a full time graphic designer to work in our Stonewall office. The applicant must have a minimum three years MacIntosh experience using InDesign CS5 or later, Adobe Photoshop and Adobe Illustrator. Must possess the ability to create print ready PDF files. Microsoft Word an asset. A strong feel for typography - tracking/kerning/leading and a strong sense for detail would be beneficial. Work week is Friday to Tuesday. Must be able to work independently in a fast paced environment with a multitude of deadlines.

Please email resume and three samples of work to:
Nicole Kapusta - Production Manager
adproofsrtv@mymts.net

Selkirk Record **Tribune**
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Stonewall Teulon
Tribune

ANNOUNCEMENTS

CARD OF THANKS

Melissa Brandrick and Greg MacMillan would like to send a huge thank you to everyone who attended Melissa's bridal shower or sent gifts/monetary donations on August 23. Special thank you to all who helped organize and clean up. We are so grateful for everyone's support and generosity.

-Lots of love,
Greg and Melissa

ANNOUNCEMENTS

CARD OF THANKS

Teulon Rodeo Club would like to thank everyone who braved the weather and came out to support our Rodeo. Thanks to the volunteers for all their help and a big Thank You to all of our sponsors, without you we would not be able to put on the Rodeo. 200 Draw Winners: \$50.00 - Bev Zarowny, Joanne Feakes, Denis Pelland, Stephanie Carter, Barry and Karrie Beardy and Dwayne Ursel; \$100.00 - R. Sawchuk and Allan Lezak; \$250.00 - Joanne Feakes and Darryl Jonasson; \$1,000.00 - Marcel Lesage. Thanks again.

ANNOUNCEMENTS

IN MEMORIAM



Clayton Frederick Tully
June 24, 1983 – September 19, 2000

Love lives on forever,
In each memory and thought;
Of our dearly loved son and brother,
And the happiness he brought.
Love lives on forever,
And it never fades away;
For within our hearts,
You are with us every day.
Memories make us laugh,
Memories make us cry;
They make us smile,
And they make us ask "why".
The memories we have of you,
Are memories we will always treasure;
It is a way to keep you in our hearts,
Clayton, we will love you forever.
We will miss you always
As long as we live
Our son and brother you will be.
-Love Mom, Garrett, Elaine, Sierra, Wyatt,
Elliott, Grace, BrookLyn, Eli

ANNOUNCEMENTS

GRADUATION



Next time you see this friendly,
smiling face, please congratulate
Lisa Nicole Taplin
On receiving her
Bachelor of Nursing degree and pin
Congratulations Lisa!
-Love Mom and Paul,
Clint and Parker-lynn, Jen,
Ryan and Iver and Kate

ANNOUNCEMENTS

IN MEMORIAM



Howard and Frances Sturtevant

Howard
March 3, 1923 - September 25, 2005
Frances
October 27, 1929 - September 19, 2014
If roses grow in heaven,
Lord please pick a bunch for me,
Place them in our parent's arms
And tell them they're from me.
And when they turn to smile,
Place a kiss upon their cheeks
And hold them for awhile.
Because remembering them is easy,
I do it every day,
But there's an ache within my heart
That will never go away.

-Love always, your family
Greg, Laverne, Jess, Kasen, Darryl, Robert,
Ashley, Arionne, Calvin, Anisha, Aneira

OBITUARY

Shirley "Marie" Frost-Hunt (Nee Reid)
May 30, 1937 - September 13, 2015

It is with great sadness that with her loving family by her side Marie passed away peacefully this past Sunday.

Marie spent her young life in Minnedosa where she met and married her love Doug in 1958 and together raised their four children Robert, Dwayne, Patricia and Derek. Eventually settling in Roblin in 1971 and retiring to Stonewall in 2000. Marie was best known for her hand crafted items which her friends and family, near and far, received along the way. She enjoyed her yard and gardening often times winning community awards for her work. Most of all she enjoyed her Roses. When not busy in her yard Marie would be busy caring for her family.

Marie was predeceased by her husband Doug in 2010 and her son Dwayne (Lynn) in 2006. Survived by her children Robert and Debbie, Patricia and Dave, Derek and Shawn, and Grandchildren; Amanda and Rob, Sandra and Jason, Ashley and Derek, Stephanie and Matt, Jon, Alexis, Amy, Randi, Alan, Rikki, and great grandchildren; Carter, Austin, Braiden, Lux, and Brynley, all of whom will miss her dearly.

Finding Faith in a Flower

Sometimes when faith is running low;
I walk alone among the flowers I grow;
And learn the "answers" to all I would know!
For among my flowers I have come to see;
Life's miracle and its mystery;
And standing in silence and reverie;
My faith comes flooding back to me!

Memorial gifts in lieu of flowers can be sent in Marie's name to the Siloam Mission, 300 Princess St, Winnipeg, MB R3B 1M3, Stonewall United Church, 369 1st Avenue North, Stonewall, MB R0C 2Z0.

Services will be held at Stonewall United Church, 369 1st Avenue North, at 1:00 p.m. Monday, September 21st. Interment to follow in Stonewall Cemetery. Reception at the Lions Community Center, 5 Keith Cosens Dr.

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Announcements

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OBITUARY



Allan James Payne

On Friday, September 11, 2015 Allan passed away suddenly and unexpectedly, at the age of 58 years.

Left to cherish Allan's memory are his brother, Charles (Katherine); nephew, Tyler (Racheal and daughter Aurora); along with many aunts; uncles; cousins and friends. He was predeceased by his parents, Cecil and Shirley.

Allan lived his life and attended schools in the Balmoral and Stonewall areas in Manitoba. At an early age sports played an important role in his life. Later on, Allan loved to watch the game of curling and attended many main events. He could always be found in the stands cheering on his nephew's football team no matter where they played. Allan always had a great love for music and attended many concerts over the years.

A memorial service will be held for Allan on Friday, September 18, 2015 at 2:00 p.m. in the Royal Canadian Legion, 459 Main Street, Stonewall, Manitoba.

In lieu of flowers, donations may be made to a charity of your choice.

Wojcik's Funeral Chapel, 2157 Portage Avenue, Winnipeg, MB in care of arrangements 204.897.4665. For those who wish to sign Wojcik's online Guest Book please visit our website at www.wojciksfuneralchapel.com

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OBITUARY

Timothy Dean Hunter

With heavy hearts we mourn Tim's sudden death on Tuesday, September 8, 2015 at the age of 52 years.

Left to mourn Tim are his loving wife, Tracy; stepchildren, Brittany and Connor; mother, June and stepdad, Glen; daughter, Kayla Ouellette; stepmother, Judy Single; sister, Dianna (Barry) Pelley; Tracy's mother, Patricia (Jim) Suderman and brother, Chad (Kandace) Bailey; many aunts; uncles; nieces; nephews and countless dear friends. He was predeceased by his father, Bob.

Tim was born November 17, 1962 in Winnipeg, to Bob and June (Rempel) Hunter. He was a well-liked man with an infectious laugh. Tim loved his work as a mechanic and was an avid motorcyclist all his life. He took many trips with his family, the most recent being a tour with Tracy to the west coast. He loved everything country and enjoyed outdoor living, camping and hunting.



A celebration of Tim's life will be held Saturday, September 19, 2015, 2:00 p.m. in New Life Baptist Church, 6106E Hwy 67, (1 km east of Stonewall) with Pastor Henry presider. A luncheon will be served following the ceremony.

In lieu of flowers, donations in Tim's memory may be made to the Firefighters Burn Fund Inc, 303 - 83 Garry Street, Winnipeg, MB R3C 4J9

Wojcik's Funeral Chapel, 2157 Portage Avenue, Winnipeg, MB in care of arrangements 204.897.4665. For those who wish to sign Wojcik's online Guest Book please visit our website at www.wojciksfuneralchapel.com

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