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VOLUME 7 EDITION 37

Stonewall Teulon

Tribune

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TRIBUNE PHOTO BY NATASHA TERSIGNI

Students at École R.W Bobby Bend School were all smiles on their first day back at school last week. Teachers and staff across the Interlake School Division welcomed students back to classes on Sept. 8. With Just a few days into the school year, enrollment throughout the division has had a slight increase over last year, including at Bobby Bend where they have increased their student body to a total of 433 students in their Kindergarten to Grade 4 classes.

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Details emerge on Topigs Norsvin proposed Woodlands facility

By Natasha Tersigni

Community members filled the Meadow Lea Community Centre on Sept. 8 to learn more information about Topigs Norsvin Canada proposal to build a Delta II Research Facility in the RM of Woodlands.

The proposed project is a \$9 million research station and barn facility where Topigs Norsvin would work on finding data related to two of their top four breeds. The only other facility that the company owns similar to this one is in Norway.

The site in the RM would hold a maximum of 2,600 pigs that would be brought in by nearby farms, and boars would be extensively researched at the facility to develop superior genes. Once testing on the animals is complete, they would be shipped back out to be processed for meat by one of Topigs Norsvin's partners, which include Maple Leaf Foods.

Topigs Norsvin had originally submitted a conditional use application to the RM for a similar project in July but withdrew the application due to concerns from community members about the proposed location of the site. With plans to re-submit another conditional use, as long as they find appropriate land because the seller

of the first property has since backed out. Topigs Norsvin held the information session so community members could be properly informed on the scope of the project.

Company officials told the *Tribune* that the RM of Woodlands was chosen for the proposed project site given the rural agriculture area and its close proximity to the Richardson International Airport that would accommodate international visitors and customers that want to visit the facility. As well, the location will aid in the international shipping of Topigs Norsvin products which includes fresh semen for breeding and live boars.

"This site would be the nucleus for two genetics breeds, and the other two breeds would be researched in Norway. The plan is to have 144 animals come in each week and 144 leave each week, with a maximum 2,600 on-site at one time. When the animals come to the research facility from our nearby farms, they go through a testing stage where we measure growth rates, and at the end of the testing, they go through a full-body CT scanner where we look for composition, fat ratio, bone strength and various other traits we are interested in from a genetic standpoint," said Mike Shaw,



TRIBUNE PHOTO BY NATASHA TERSIGNI

Topigs Norsvin's general manager Cam McGavin, left, discussed their proposed research centre and barn site with community members during their open house held last week at the Meadow Lea Community Centre. The facility would cost approximately \$9 million and create an estimated 19 jobs in the RM of Woodlands.

Topigs Norsvin's director of technical services. Shaw added that no breeding or killing would occur at the research site and the main focus is to continue the company's goal of building superior animal breeds.

"The best ones that are chosen after testing then go to the artificial semen centre for the collection of the semen, and that semen is then used at our supply farms and also customer and export farms in Europe and Asia. Along with the semen, boars will also be sold out of this facility and then sent internationally to our customers."

A common question that was asked during the evening was regarding the smell that would emit from the facility.

Handling the two million gallons of manure that would be produced a year would be Scott Dick of Agra-Gold Consulting. The plan with the manure is to hold it in storage building that meets provincial regulations, and in either September or October over a two-day period, the manure would be injected into 200 acres of nearby fields.

"To do the actual application for this operation, it will take one to two

days in the field and that is once a year. That is something that people didn't realize — that we would not be spreading several times throughout the year," said Dick, who added that with the new technology, the majority of the smell from the manure would only be noticed for one to two days a year when the manure is being mixed and injected into the fields.

"This is a lot different system for spreading than what we did 20 years ago. Then we would use tanker systems and make 200 trips to the fields, and that caused a lot of road traffic and it would take a week to 10 days. Now, we use a hose from the storage container to the fields, so not nearly as much road traffic and the time it takes to spread is a lot shorter. Most people wouldn't even know that manure application is occurring because there is not the road traffic, the dust and it happens very quickly."

Following the open house, Topigs Norsvin will search for a suitable location of 80 acres for their proposed Delta II Research Facility in the RM of Woodlands and decide if they can keep their facility in the RM.

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Teulon walk raises thousands for breast cancer group

By Natasha Tersigni

It was a sea of pink in Teulon on Sunday as community members of all ages gathered and took part in the 15th Annual Walk and Family Fund-raiser in support of the Liliane Baron South Interlake Breast Cancer Support Group. This year's walk, which began at L.J. Baron Realty on Main Street and wound through the streets of Teulon, raised \$9,000.

The funds will help the group provide financial and emotional support to South Interlake women who are currently fighting breast cancer. Services for the women include transportation to doctor's appointments, alterations to clothing, hairpieces, help with yard work, cooking or childcare.

Leading the walk this year and carrying the banner with her partner Neil Stewart was breast cancer survivor Gale Ruckhalla. After finding a lump in her breast, Ruckhalla was diagnosed with breast cancer in February 2013. The Balmoral resident credits the support from the group for helping her through her treatments which included chemotherapy, radiation and a mastectomy.

"They would send me flowers, and

during my chemo, I did not have the energy to make food or go grocery shopping, so they would send food and just kept in touch with tips and advice. They made me feel like I wasn't alone and it was nice to have people to talk to who knew what I was going through," said Ruckhalla, who added that with the walk and being a member of the group, she is able to help support women that are currently going through the same journey as she did.

"I had a full mastectomy so I understand emotionally and physically what having that surgery means. It happened really fast for me. I was told I had breast cancer and in three weeks I was having surgery. So with everything that that involves, including the reconstructive part, I can offer advice and what my experience was."

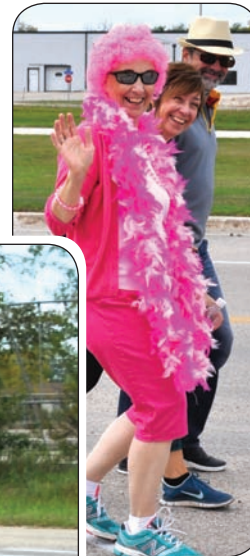
Donations for the walk are still being accepted and can be dropped off at L.J. Baron Realty at 62 Main St. in Teulon.

For more information about the Liliane Baron South Interlake Breast Cancer Support Group, contact Claudette Griffin at 204-886-2393 or 204-886-2710.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Breast cancer survivor Gale Ruckhalla and her partner Neil Stewart carried the banner to lead this year's Liliane Baron South Interlake Breast Cancer Support Group walk.



Interlake Salvage celebrates 25 years in business

By Jennifer McFee

It's all in the family at Interlake Salvage, which recently celebrated its 25th anniversary in business.

The Clarke family launched the award-winning company in 1991, and since then, the booming business has continued to grow.

On Friday, Sept. 9, well-wishers gathered at the impeccably clean site in the Stonewall Industrial Park to celebrate the milestone, including guests from as far as Saskatchewan. The festive atmosphere featured a mouth-watering breakfast and lunch barbecue, gift bags, a prize draw and speeches from dignitaries and from the Clarkes themselves.

Lakeside MLA Ralph Eichler was first to take the stage, offering congratulations as well as a plaque to mark the occasion. As someone who uses the services of Interlake Salvage, Eichler attributes their success to their fair business practices.

Next up, Deputy Mayor Clive Hinds extended good wishes on behalf of the Town of Stonewall to Michael, Julie and James Clarke and family.

"We are pleased as a town that Mike actually chose Stonewall and this particular location to put this business because this business has highlighted the Town of Stonewall. Communities close and far away support this business and come into Stonewall to do business," he said.

"This business also has helped us to clean up the community. One of the worst things you can see when you go into a town is derelict vehicles, rubber tires and everything. ... Coun. Smith will attest that we just had Communities in Bloom judges in this area and they gave us a thumbs-up for a clean, beautiful town."

Interlake Salvage has contributed to Stonewall's tidy appearance while also employing a local workforce.

"In order to have a business of this sort and to grow it from the ground up, it takes time, sweat, a dogged determination and a dedicated family, which shows itself here because 25 years is hard work," Hinds said.



Stonewall's Deputy Mayor Clive Hinds extended good wishes on behalf of the town.



A mouth-watering breakfast and barbecue lunch was served up for special guests and staff.

"Going forward, I would like to say to Mike and Interlake Salvage staff congratulations on your 25 years. You have done a super job. You have helped our community and the town, and judging by what we see here today, it's evident that this business is here for a long time. We take our hats

off to Mike, James, Julie and family and to the staff."

On behalf of the staff, Jackie Luellman presented the Clarkes with a plaque that says "When we commit ourselves to teamwork, there are no limits to



TRIBUNE PHOTOS BY JENNIFER MCFEE

Lakeside MLA Ralph Eichler (right) presented a plaque to Michael, James and Julie Clarke, with youngsters Emerson and Haleigh close at hand during the celebrations.



Crowds gathered at Interlake Salvage on Friday, Sept. 9 to celebrate the company's 25 anniversary.

what we can accomplish."

For Luellman and the team of nearly 30 staff members, teamwork is the secret to success.

"If there's one thing we definitely have learned about working at Interlake Salvage, it's that you really need a team to work together. It really is all about teamwork," she said.

"We have a great group of people that works here, and part of it is because we all work well together — and we work well together because it starts from the top down."

Michael Clarke also took a moment to express gratitude to the staff and to

the supportive community.

"It's very important that we have a good staff that work together, get the job done and keep the customers happy. That's what we strive for here is keeping the customers happy because without that customer base, we don't have a business and we're not going to continue," he said.

"We like to service and compete with the best in Manitoba, and that's what we take pride in. We're very proud of what we've achieved here. We still haven't stopped growing and we have a long way to go yet."

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Wanted: wigs and head coverings for cancer patients

By Jennifer McFee

Not only is Pat Tanchak participating in the Relay for Life, she's taking her efforts one step further.

Stemming from her own experience, Tanchak is collecting donations of wigs and head coverings that can be used by cancer patients during treatment.

Tanchak recently began treatments for Stage 3 uterine cancer, following a diagnosis in May and surgery soon after. All the while, she has maintained her optimistic attitude.

"My spirits have always been really good," she said. "I fully expect to be fine at the end of the day."

She has even joined the Stonewall Teulon Tribune's Relay for Life team along with her husband Ralph, the Tribune's cartoonist who is also a survivor with nearly five cancer-free years.

But Tanchak felt she needed to do even more after visiting the Guardian Angel Caring Room at CancerCare Manitoba, where patients can borrow wigs and head coverings free of charge.

"They provide one wig and five head coverings for a chemo person. I went in there and they just didn't have anything I liked. I took some stuff home, but there was nothing that was going to make me feel good at the end of the day," she said.

"They had lots of wool things, but

I'm allergic to wool. What they need most is the sleep caps and just some stuff that looks good and feels good."

A few people started to make items for Pat, and she plans to take any extras to CancerCare. She also started a Facebook page called "Chemo head covering needed" in case anyone would like to donate head coverings or wigs for cancer patients. Donations can be dropped off at 373 4th St. East or mailed to Pat Tanchak at Box 4135, Stonewall, Man., R0C 2Z0.

She hopes to fill the Guardian Room with more options for others who have lost their hair due to cancer treatment.

After reading about Tanchak's efforts on Facebook, Gail Hillyer of St. Martin was quick to jump

on board.

She is organizing a wig and head covering collection with various drop-off locations in the area.

"I read Pat's story and she had said there wasn't much for head coverings at the Guardian office at CancerCare. It kind of bothered me all night, thinking 'What can I do to help Pat meet her goal?' Then I thought that I can help her from this end and try to do a drive and see what we can get," said Hillyer, who has only met Tanchak once.

"I'm going to take them all down to Pat and she can take them in. She's going through enough already."

So far, Hillyer has arranged a drop-off location in Ashern at the LIFE (Liv-



TRIBUNE PHOTO COURTESY OF PAT TANCHAK
Ralph and Pat Tanchak are both participating in Stonewall's Relay for Life. Pat is also collecting wigs and head coverings for cancer patients.

ing Independence for Elders) office at 61 Main St. and a second location in Lunder at the Pauline Johnson Library at 23 Main St.

She also arranged a third drop-off site at the Eriksdale Community Resource Office.

The ripple effect of helping hands continues to expand, since members of the local quilting club have already offered to make head coverings for the cause.

"We'll see what we can get. I'm sure other people have gone through it and maybe have head coverings sitting in their closets and are wondering what to do with them now," she said.

"There's such a shortage, and I

thought it's a lot to be going through without having to worry about your looks. Every woman wants to look beautiful. This is my way to maybe help some women smile and feel better about themselves with everything they're going through."

If anyone has items that need to be picked up, including those who live to the north, they can call Hillyer at 204-659-4586 to make arrangements.

"Cancer is everywhere and there are so many people needing these. I thought maybe we can do something to help," she said.

"It's a drop in the bucket, but it might just be enough to help some people. That's the least I can do."

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EDITORIAL > VIEWPOINTS > LETTERS



letters

Woodlands Pioneer Museum board failed to preserve historical home

Where is the professional engineer's or equivalent assessment of the Coupe home which recommends the destruction of the property?

When this property was transported to the Woodlands Pioneer Museum, it was made clear that the property was to be maintained and

preserved for the enjoyment of future generations.

Why in the past seven years was there is no mention of the plight of the Coupe property's condition in any local paper? Why were local residents not made aware? Why were Lake Francis residents not informed?

The Woodlands Pioneer Museum should be ashamed of their actions, sneakily destroying a property and only reporting on it after the fact. How extremely disrespectful to our history and heritage.

Regards, Jeff Blais
Lake Francis, MB.

Tribune

The Selkirk Record

The Winkler Morden Voice

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Christy Brown, Distribution Mgr.: 204-467-5836

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Native American folklore explored by Teulon artist of the month

By Natasha Tersigni

Using the inspiration she gets from her winters spent in southern Arizona, Teulon's Eileen Wood is able to create stunning, vibrant paintings that illustrate Native America folklore.

With the bright colours well known in the southwest region of the United States, Wood's paintings — which adorn a multitude of media including custom clay pots, gourds and even chairs — creatively portray aspects of the southern American culture

While Wood has always been artistic and especially moved by her surroundings, with her winters now free, she has the time to divulge back into her artwork and continue to create unique pieces.

"I really like to create an eclectic

mix of a variety of artwork including sketching, painting, working with clay and photography. I have always been interested in art and I have been painting since I was a kid. Life happens and I didn't get to create as much as I wanted to, but now I have the opportunity to re-explore different types of works," said Wood, whose collection is on display at the South Interlake Regional Library Teulon Branch for the month of September.

"I enjoy becoming lost in the act of creating, and using a variety of mediums and subjects makes it an even more enjoyable journey. In Arizona, I really enjoy working with those colours and exploring their culture through my works."



TRIBUNE PHOTO SUBMITTED

This month at the South Interlake Regional Library Teulon Branch, local resident Eileen Wood will have several pieces of artwork on display, including paintings, sketches, photographs and clay pottery pieces.

Province funds education programs at Oak Hammock Marsh

By Natasha Tersigni

As students across the Interlake headed back to school on Sept. 8, the province of Manitoba announced how it was going to continue to support the educational programming at Oak Hammock Marsh Interpretive Centre.

On behalf of the of Education and Training Minister Ian Wishart, Lakeside MLA and Minister of Agriculture Ralph Eichler presented a cheque to Oak Hammock Marsh to fund the many different educational initiatives that occur throughout the year at the marsh.

"This is a \$40,000 contribution to help get the message out not only about water management but about nature as well. This young generation has the opportunity to set the stage for changes. We know that retaining and storing water, along with protecting wildlife, is really what this is all about. This contribution that will help and teach students the importance of the marsh," said Eichler.

The money will be used specifically to continue to develop outreach programs for students across Manitoba.

"This funding makes a huge difference for us. This will go towards developing and delivering education programs as well as our teacher workshops. We will also use part of the funding to support our travelling education program so we can reach even further out into the commu-



TRIBUNE PHOTO BY NATASHA TERSIGNI Lakeside MLA and Minister of Agriculture Ralph Eichler, right, presented Oak Hammock Marsh Interpretive Centre program co-ordinator Nathalie Bays with \$40,000 in grant money to be used towards developing and delivering educational programming for students.

nity," said Oak Hammock Marsh Interpretive Centre program coordinator Nathalie Bays.

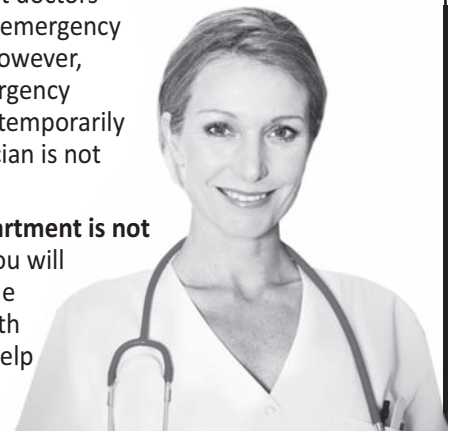
"Funding like this really makes a difference in how we can continue to educate students across the province."

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Interlake-Eastern
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Local teen experiences United Nations program

By Jennifer McFee

It was a summer to remember for a local student who had the chance to participate in the United Nations Pilgrimage for Youth tour program.

Sydney Lockhart, who just started Grade 12 at Stonewall Collegiate Institute, was one of two people chosen to represent Manitoba on the tour, which is sponsored by the Odd Fellows and Rebekahs lodges.

Each year, this program brings high school students together from around the world to learn about the United Nations.

Lockhart's two-week tour began on July 14, but her journey began long before that. She filled out a large application package complete with questions to answer, academic information and reference letters. Then she also had to write an essay that focused on something the United Nations is doing in relation to a world event.

"I wrote about HeForShe, which was a campaign that went on for a year when Emma Watson was the UN's women's ambassador," Lockhart said.

"It was trying to get the proper definition of feminism back to what it was so that it's equality of all people and not man-hating."

After the application packages were evaluated, the applicants with the top four scores in Manitoba progressed to a speech competition. Lockhart was at the top of the pack and became one of two winners of the speech competition, which featured a seven-minute speech on whether the United Nations can or should do more with humanitarian issues.

"They included those marks with your application marks, and then the top two scores got to go on the trip," said Lockhart, who excelled throughout the process.

"We went a lot of places. It was constantly travelling everywhere."

To start, the group flew to Ottawa to meet other participants and to tour the Parliament buildings. From there, they bussed down to New York and then on to Philadelphia and Washington, D.C.

"I had never been outside Canada



Sydney Lockhart took a seat at a desk in the United Nations General Assembly Hall in New York City.

before this, and I was travelling by myself for the first time too. It was kind of scary to start, but then once I got to Ottawa, it was fine," said the 17-year-old.

"There was a lot of history. Everything we did, we learned something new. It was really cool."

During their four-day stay in New York City, they met up with three more busloads of youth from Sweden, Finland, Germany and across the United States for a total of about 100 participants.

"It was really cool to see everyone in the same place — and all because we are interested in United Nations," she said.

While they were there, they toured the United Nations building and attended presentations by representatives from UNICEF and UNOCHA. They also participated in another speech competition with only two days to prepare.

"That was a little stressful. When we went to the United Nations, we learned about 17 different sustainable development goals. We had to choose two of them and use them in our speech," said Lockhart, who led the Canadian contingent in singing *O Canada* at the competition.

"So we had to write about what the

problem is and how we can make a difference and how we can help, since it doesn't just need to be world leaders making the difference. I chose quality education and gender equality because they kind of go hand in



TRIBUNE PHOTOS SUBMITTED

Sydney Lockhart visited the Statue of Liberty in New York City this summer when she participated in the United Nations Pilgrimage for Youth tour program.

hand."

Lockhart was pleased to congratulate her new friend from B.C., who was the overall winner.

Adding to the adventure, the group also went to see *Phantom of the Opera* on Broadway, went to the top of the Empire State Building and visited the Statue of Liberty. They also visited Betsy Ross House where the American flag was sewn, the Smithsonian, and the Erin Space Museum.

Lockhart expressed her gratitude to the Odd Fellows and Rebekahs organizations, which paid for the trip.

"It was probably one of the best summers I ever had. It was amazing," she said. "I had never gone that far away from home before, and the environment is super different everywhere you go."

Going forward, Lockhart and the other participants hope to incorporate their new knowledge and experience into their everyday lives.

"They definitely emphasize to bring it back to your community, even if you just focus on one sustainable development goal," she said. "If you don't try to do anything, nothing's going to change."



Lockhart took a moment to imitate a turtle in the Smithsonian Museum of Natural History.



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SIPD hires new general manager

Town of Stonewall council news in brief

By Jennifer McFee

The summer is over and Stonewall council is now back to business at its regularly scheduled council meetings, which began last week.

On Wednesday, Sept. 7, Eric Shaw introduced himself to council as the new general manager of the South Interlake Planning District.

Shaw, who has honed his professional experience across the country, explained that his core responsibilities are to oversee the overall planning, organization and administration of the SIPD. In addition to that, he is also the designated development officer, so he is responsible for overseeing all of the development applications and for administering the respective zoning bylaws.

Going forward, he will be working to develop a new strategic plan for the organization and he will soon be preparing the 2016 annual report and working towards the 2017 operational budget.

In addition, he's working on improvements to SIPD policies and procedures, including those related to financial management and human resources, as well as improvements to public communications and to the website.

In other news, council passed first reading of its zoning bylaw. Earlier this year, a public hearing was held in regards to a residential care facility because it was a conditional use. In this zoning bylaw, it will no longer be a conditional use that requires a public hearing.

- Council also discussed the Partnership of the Manitoba Capital Region's project related to the fire department reporting system. Council agreed to contribute \$3,000 to receive a report of

findings, with the fire department and fire committee continuing to discuss the project.

- As well, council agreed to provide funding of \$900 for the RCMP to provide education on drug safety to 60 kids, sponsored by the Community Safety Net.

- Council nominated former mayor Ross Thompson for the East Interlake Community Futures board of directors.

- Council agreed to contribute \$1,000 for a sign at Kurelek Park. The total cost of the sign is \$4,000, with another \$1,000 coming from Rockwood and \$2,000 from the Kurelek committee, which will also cover any cost overruns. Bill Anderson will be creating the sign, which will be 20 feet long and three feet high facing the intersection of highways 7 and 67. It will feature the same stone used in the monument and steel letters will spell out "William Kurelek Park" painted the same blue as the centre post of the monument's steel frame.

- Council provided permission for the Quarry Days Committee to store a trailer at the public works yard.

- Stonewall Minor Baseball has been approved for the 2016 Hometown Manitoba grant to remove and replace trees at the ball diamond. Council authorized a contribution not to exceed \$4,000.

- Last year, council discussed having four citizen representatives for the Board of Revision. Now they



TRIBUNE PHOTO BY JENNIFER MCFEE
Eric Shaw has been hired as the general manager of the South Interlake Planning District.

have reconsidered, and they plan to have a combination of council and citizen representatives. As a result, they issued a notice of motion to rescind the original resolution.

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Reminder Notice Of Public Hearing

Applicant: Manitoba Public Insurance Corporation

HEARING:

The Public Utilities Board (Board) anticipates holding a public hearing of an application from Manitoba Public Insurance Corporation (MPI) for approval of rates and premiums for compulsory vehicle and driver insurance as of March 1, 2017. The hearing would take place at the Board's Hearing Room, 4th Floor, 330 Portage Avenue, Winnipeg, MB (commencing at 9:00 a.m.) on October 13, 2016.

RATE IMPACT:

The Corporation is requesting approval for Basic Autopac vehicle and drivers licence insurance rates and premiums effective March 1, 2017, which, if approved, will result in 2% overall increase in MPI's Basic premium revenue (excluding the impact of vehicle upgrades and an increased overall driver and vehicle population). The Corporation is also requesting an Interest Rate Forecast Risk Factor, effective March 1, 2017, to be developed collaboratively through the General Rate Application process.

Actual vehicle and driver premiums would vary depending on claim and driving experience, insurance use, territory and vehicle rate group. Full particulars, including the rate impact and application, can be found on the Manitoba Public Insurance website www.mpi.mb.ca.

PARTICIPATION:

Parties wishing to submit a brief or to express comments at the hearing should contact the Board Secretary.

GENERAL INFORMATION:

Interested parties should take note that the Board does not have jurisdiction over the MPI lines of business denoted as Extension or SRE, or as to MPI's Driver and Vehicle Licensing operation.

Persons seeking further information as to MPI's application, or with respect to the Board's process, and/or wishing to address the public hearing in French should notify the Board Secretary.

As well, interested parties may examine MPI's application and supporting materials, either at the offices of the Corporation or on its website, or the Board's office.

The Manitoba Ombudsman has recently issued privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

CONTACT INFORMATION:

The Public Utilities Board
400-330 Portage Avenue
Winnipeg, MB R3C 0C4
Website: www.pub.gov.mb.ca

Telephone: 204-945-2638
Toll-Free: 1-866-854-3698
Email: publicutilities@gov.mb.ca

DATED this 10th day of September, 2016

"Original Signed By:"

Darren Christle, MPA, B.A., CCLP, P.Log, MCIT
Secretary/Executive Director
The Public Utilities Board



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Manitoba 

New exercise equipment installed at Green Acres Park

By Natasha Tersigni

After nearly two years in the making, the Age Friendly Teulon committee finally saw the final stages of the outdoor adult fitness project at Green Acres Park come to completion.

Last week, committee members and community volunteers came together to help with the installation of the equipment and landscape the new workout area in the park.

"It is very exciting to see all of our hard work finally pay off. While we are just a small committee, it really took the entire community to help make this project happen," said Age Friendly Teulon committee chairperson Josie Lindley.

"Along with the grant from the Government of Canada's New Horizons for Seniors Program and help from the Town of Teulon and the RM of Rockwood, many community members stepped forward to ensure that we would have a great fitness area for many years to come."

Along with community donations to help fund the project, many people came out on Sept. 7 to help with final stages. As well, local companies donated their time and equipment, including the Interlake Colony, which donated the concrete, and CNJ Stucco and Acrylic, which volunteered to help with installing the equipment and landscaping the area.

The newly constructed workout area, located across from the playground at the park, features six pieces of workout equipment that are meant

for people 13 years old and older. The site can accommodate all levels of accessibility, including people with canes walkers and in wheelchairs. All pieces of equipment can be adjusted, including levels of resistance, so that workouts can be tailored for people of all fitness levels.

The workout equipment includes a chest and back press to build endurance of opposing muscle groups; a railed mobility ramp that exercises both the balance area of the brain and the nervous system and is perfect for joint replacement rehabilitation; three plyometric jump stands that increase muscle power through explosive jumping motion; Tai Chi wheels that promote flexibility and enhance relaxation and mediation; a hand cycler that helps to build cardiovascular health; and an outdoor elliptical machine that engages lower and upper body muscles while providing a cardiovascular workout.

Now that the installation is complete, the area is open to the public. Committee members are hoping a good turnout for daily workouts will ensue.

"This is a great addition to Teulon. We are hoping it helps people of all ages get healthy and active. It is in a great location where everybody can come work out and enjoy the park, and it just helps to promote a healthy, active community," added committee member and Teulon Coun. Cherise Griffin.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Volunteers, left to right, Dennis Hawkins, Jim Lamb and James Bezan, helped put the finishing touches on the newly installed adult fitness site at Green Acres Park.



It took a lot of elbow grease from the many volunteers who came out on Sept. 7 to help complete the new adult fitness site at Green Acres Park. Pictured, left to right: Adam Areia, Donna Lajeunesse, Jim Lamb, Dennis Hawkins, James Bezan, Corey Chartrand, Keith McGill and Cherise Griffin.

Rosser Fire Department 2016 Chili Champs

By Jo-Anne Procter

"Top Secret" and little bit of spice is all Rosser Fire Department Captain Dusty Moore would reveal about their award winning chili recipe.

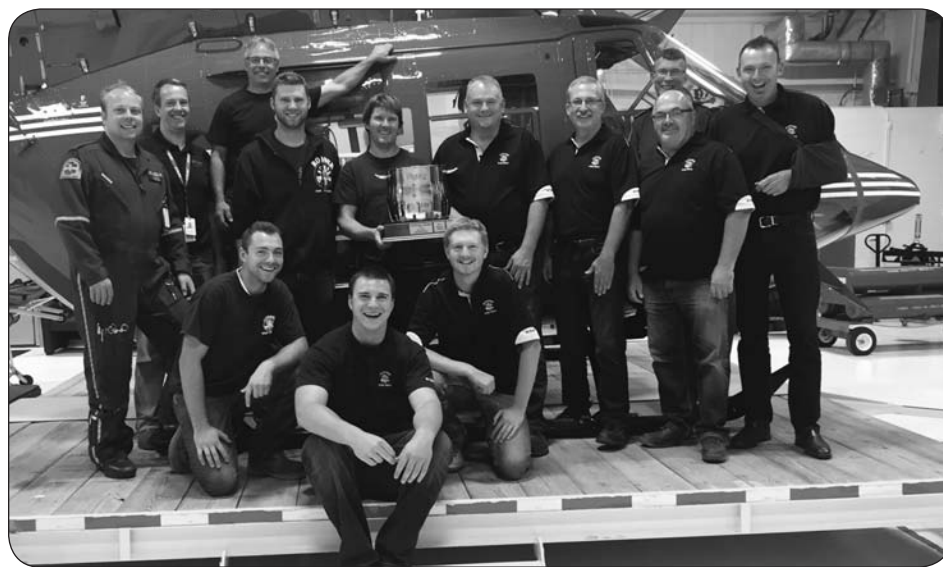
The Rosser Fire Department is the 2016 winner of the stainless steel "stockpot" trophy after concocting the tastiest pot of chili Sept. 7 during the 5th Annual STARS Chili Cook Off.

Six teams vied for the title this year with entries from the Rosser Fire Department, St. John Ambulance, STARS, Winnipeg Airport Authority Fire Department, WPS Helicopter and the La Broquerie Fire Department. Participants secretly judged each entry and awarded second place to WPS Helicopter and third to the La Broquerie Fire Department.

The competitive team-building fundraiser with the chain-of-survival

partners raised over \$800 that will be used to support Labroquerie Fire Chief Alain Nadeau, who is participating in STARS Island Rescue on Sept. 16. Nadeau, along with a group of brave community leaders, will trade in their business attire for flight suits and climb onboard the STARS air ambulance helicopter for a unique mission. Each participant will compete to raise as much money as possible to earn a flight back to civilization, using the only tool they'll have — their cell phones. To help the challengers survive and get back to civilization, visit www.support.stars.ca/island-rescue2016 for more information.

The Rosser Fire Department members will be cooking up some of their award winning chili to serve at their open house from 11 a.m. to 3 p.m. on Sept. 17 at the station in Rosser.



TRIBUNE PHOTO COURTESY OF ROSSER FIRE DEPARTMENT

STARS Air Ambulance crew and Rosser Fire Department members show off the 2016 stainless steel "stockpot" trophy they won at the 5th Annual STARS fundraising Chili Cook Off.

Local politicians drop for the 22 Push Up Challenge

By Natasha Tersigni

A challenge that has spread across North America to raise awareness of service members and first responders suffering from Post Traumatic Stress Disorder (PTSD) has caught the interest of local politicians and is gaining attention throughout the Interlake.

The 22 Push Up Challenge, where people post on social media videos of themselves doing 22 pushups each day for 22 straight days, was started earlier this year by a United States veteran who wanted to raise awareness of Post Traumatic Stress Disorder (PTSD) and the effects it has on service members and first responders. The number 22 came from the fact that in the U.S., 22 veterans and soldiers take their own lives every day.

The campaign began to gain national attention when Wounded Warriors Canada (WWC) partnered with the U.S. 22 Push Up Challenge movement. WWC, a non-profit organization that works to support Canada's ill and injured Canadian Armed Forces members, veterans, first responders and their families, has been promoting the challenge and encouraging those who take part to nominate a new person each day and also donate \$22 to WWC.

After being nominated in August by fellow Conservative MPs Alupa Clarke, Bob Zimmer and Pierre Paul-Hus and Conservative MLA Andrew Smith, Interlake MP James Bezan has been hitting the floor daily for the challenge and posting his progress on his Twitter account.

"The whole purpose behind this challenge is to bring awareness to people suffering from PTSD, particularly our veterans, currently serving

members of the Canadian Armed Forces and all of our first responders including our police officers, firefighters, paramedics and the nurses and doctors that work in emergency medicine," said Bezan.

"There is a whole gamut of operational stress injuries that PTSD is just part of, including depression, anxiety and other personality disorders, that have occurred because of service in the name of country. We want to be there to support those veterans and those members that are currently serving."

Throughout the challenge, Bezan has been nominating one person a day to also take part — including Interlake MLA Derek Johnson and Selkirk MLA Alan Lagimodiere — so the challenge can spread locally.

"We want to raise awareness and ensure that people out there are getting the help they need. We also want people to recognize that there is a cost to serving," added Bezan.


To follow James Bezan's progress throughout the challenge, his daily videos can be viewed on Twitter at @jamesbezan.

To learn more about the 22 Day Push Up Challenge, go to www.wounded-warriors.ca.




TRIBUNE PHOTO BY NATASHA TERSIGNI

To help bring awareness to Post Traumatic Stress Disorder and the effects it has on military members and first responders, Interlake MP James Bezan has been dropping daily for the 22 Push Up Challenge. For 22 days, Bezan will be doing 22 pushups and posting the videos on Twitter, as well as nominating someone new each day to also take part in the challenge.



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Dragon boat races on Red River draw hundreds to ‘kick cancer’



TRIBUNE PHOTO SUBMITTED



TRIBUNE PHOTO BY ROBERT E. WILSON

The Broad Strokes, right, and the Dragonflies were two local teams participating in the 24th annual FMC Manitoba Dragon Boat Festival on the Red River at the Forks Sept. 9-11. This year the Broad Strokes raised over \$10,000 for CancerCare Manitoba and the Children’s Hospital Foundation of Manitoba. Their team received a bronze flag for raising \$10,000 while three members achieved their RED Paddles for raising over \$1,000 each. The Broad Strokes once again won the cheer competition making it four years in a row and earned them the bragging rights.

Team Dragonflies raced three times over the weekend and included Alana Bruce, Susan Hendrickson, Debra Trombo, Britni Trombo, Emily Trombo, Donna Wiebe, Claudia Kaegi, Daria Kaegi, Alisha Kaegi, Debbie Zahayko and Monica Lawrence. The team donned their Kancer t-shirts designed by Alana Bruce’s son, Garrett.

Dragon Boat racing features teams of 20-22 paddling and rowing their way to victory bringing employees, friends and associates together to enjoy the fun and excitement of dragon boating. The annual Dragon boat CancerCare Manitoba and the Children’s Hospital Foundation fundraiser saw hundreds paddling down the Red River last weekend.

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Tables and chairs for the children



TRIBUNE PHOTO SUBMITTED

The Teulon & Area Lions Club made a presentation of \$600 to the Green Acres Art Centre for children's tables and chairs to be used for various programs. Pictured left to right: Lion president Ron Findlay, GAAC president Lana Knor, GAAC junior summer co-ordinator Amber Dyrda.

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Bouquets to Stonewall as CIB provincial host

By Jennifer McFee

Stonewall blossomed into the perfect host for the 18th annual Manitoba Communities in Bloom conference and awards ceremony last weekend.

The festivities began on Friday, Sept. 9 at the Quarry Park Heritage Arts Centre where attendees gathered from across Manitoba to indulge in a tasty wine, cheese and chocolate reception.

Stonewall Mayor Lockie McLean and Lakeside MLA Ralph Eichler welcomed the crowd to the scenic venue with memorable décor that included handmade vases made from elm trees by Larry Corbin.

The crowd experienced local talent with entertainment by Quarry Choristers as well as artisan displays. They also had the chance to tour the LEED-certified building.

On Saturday, Sept. 10, participants began their jam-packed day with registration and breakfast that featured mouth-watering quiche made right at the event by Jacquie Derewianchuk. Beyond Bread sponsored the morning and afternoon breaks, while McLeod House sponsored the lunch. Home Hardware sponsored the unforgettable



Pat Corbin addressed the crowds on Saturday morning.

ble dinner, which was put together by Abas Catering from Stony Mountain.

During the day on Saturday, guests had the chance to tour S'toons 'n Stuff Farm and Winfield Transfer Station. Stonewall Collegiate Institute teacher Cathy Chalmers offered a presen-



TRIBUNE PHOTOS BY JO-ANNE PROCTER

President Shondra Ashcroft presented a certificate of appreciation, which was received by Stonewall's CIB co-chairs Jacquie Derewianchuk and Tanya Daher along with Coun. Sandra Smith.

tation on Fair Trade, and Stonewall parks and arena supervisor Brett Chatfield spoke about equinox planters.

Guests also learned about native prairie wildflowers and grasses. Scheduled workshops showcased the knowledge of the South Interlake Garden Club.

That evening, the crowd eagerly awaited the results and awards presentations, followed by more live entertainment by Carolina Nagy and Kurt Krezanski. In total, nearly 100 people attended the event, with most coming from out of town.

The judging criteria was based on six categories: tidiness, environmental action, heritage conservation, urban forestry, landscaped areas and floral displays.

With a population under 500 people, the Local Urban District of Baldur received five blooms plus an invitation to participate in the national Communities in Bloom next year. In the same category, the International Peace Garden received four blooms.

With a population of 1,001 to 3,000, the Town of Carberry received five blooms plus an invitation to participate in the national Communities in Bloom next year. As well, the Town of Morris received four blooms, and the Town of Lac du Bonnet was a non-evaluated participant.

With a population of 3,001 to 5,000, the Town of Swan River received five blooms, while the Town of Niverville and the RM of West St. Paul both earned three blooms.

With a population over 5,000, the City of Selkirk received five blooms, while the City of Portage la Prairie re-

ceived a novice standing and the City of Thompson was non-evaluated.

The Town of Stonewall is one of seven entries in the national Communities in Bloom this year, with the awards ceremony set for Oct. 29 in Regina.

Stonewall Coun. Sandra Smith said one of the main highlights of the weekend stemmed from all the positive feedback from attendees. For example, a board member for Manitoba Communities in Bloom said the buffet dinner by Abas Catering was one of the best meals ever for the annual event.

As well, a representative from the International Peace Gardens, which will be next year's host, noted that Stonewall's event will be a hard act to follow.

"There wasn't a lot of time between the conference events, but a lot of people went downtown and did a little tour and did some shopping. We also had a lot of inquiries about rentals of the facility, so hopefully we'll get some good economic spinoff from that," Smith said.

"Everyone was very complimentary of Stonewall as a beautiful place. I think there was a lot of learning that they picked up from Stonewall that they can work into their Communities in Bloom programs going forward."

With an eye on the horizon, it won't be long before Stonewall's Communities in Bloom volunteers begin working towards the 2017 competition.

"I think we're all breathing a sigh of relief and we can take a break for a little bit," Smith said. "Then we'll get right back up and running for the next year."



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St. Laurent first responders now active in community



TRIBUNE PHOTO FROM LESLIE BRUCE
Leslie Bruce and Megan Bruce gas up the response vehicle for their first time on call in St. Laurent.

By Jeff Ward

Residents of the RM of St. Laurent should see a faster response rate from emergency services now that the municipality's Medical First Responders (MFR) are now on call.

The eight MFR's were activated on Aug. 26 and have already fielded two emergency calls, according to municipal emergency co-ordinator Leslie Bruce. When residents of the RM call 911, the dispatcher will page the MFRs and let them know the sever-

ity of the call. The first responders are called out to high-priority cases like heart attacks, seizures or stroke. Once the first responders have the page, Bruce radios the ambulance that was also dispatched who will explain the emergency. Bruce said that more often than not, they will arrive at the scene first and are able to do whatever is necessary to help the patient until the ambulance arrives.

"Once the ambulance arrives, we're

Continued on page 16

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Annual Woodlands Youth Goose Hunt winners



TRIBUNE PHOTOS BY KIM DELAROCQUE

It was long before sunrise when the youth hunters taking part in the third annual Woodlands Youth Goose shoot were finished breakfast and in their assigned fields for their competitive hunt this past Sunday. Along with their mentors, eight teams set out to harvest all types of waterfowl with the hopes of collecting the most points for birds they shot as per Manitoba hunting regulations. A total of 93 geese, one snow goose and 80 ducks of various species were shot.

The shoot, which is held to keep local youth involved in respectable hunting, cannot happen without the support of volunteers and landowners who allow the hunters on their property for the day.

Left photo: the first place team was the Quacker Wackers with Kenady Christiensen, Hannah Lussier, Randal Johansson and Zachary Halldorson of Lundar scoring 160 points, each winning a \$150 Cabela's gift card. Middle photo: the second place team was the Heavenly Honkers of Eriksdale, with Jaxon Pilon, Austin Hanslip, Jessie LeStrat and Morgan Granberg scoring 137 points, each winning a \$125 Cabela's gift card. Right photo: third place went to the Woodlands team the Blind Shots which included Austin deLaroque, Wyatt Hagen, Everett Fairlie and Tristan Prystupa who scored 122 points, each winning \$100 Cabela's gift cards.

Zac Halldorson and Jaxon Pilon from Eriksdale won the duck hunt gear and goose hunt gear package raffle. The blind calcutta board winners were Trevor Procter, who won \$160, and Clayton Campbell, who won \$320. Team mentor Ron Weatherburn won a gun and landowner Craig Brad won a gift certificate for Big Block Auto.



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> ST. LAURENT RESPONDERS, FROM PG. 15

able to shift the responsibility to them and help if needed," said Bruce, who explained that she's very proud of her team and is excited to be able to help the community.

"Our response time to a location in town is 10 to 15 minutes, and in surrounding areas, 15 to 20. It will be different depending on where you live and where we are when we

get the call. But we've had people out here wait 30 to 90 minutes for an ambulance, so we're much faster."

Bruce isn't able to discuss the details of the two calls she's been on but said that it felt good to be able to help out. It's not an easy thing to witness some of the worst situations of a person's life, but for Bruce and many other first responders, the ability for them to help save a life is worth it.

The team is designed to be on call 24-7 and needs at least two people to operate. Bruce keeps track of where everyone is from their schedules and knows how many people she has available. If they don't have enough people, they will close service until they're able to have the minimum on staff. It's an all-or-nothing system but one that is designed to be operating all the time so it's unlikely that there will be many service interruptions, according to Bruce.

As for the future of the MFR program, Bruce said that she is discussing holding another course to train additional MFRs and is even looking at the possibility of working together with other communities on a joint program.


"We would most definitely love to expand and it would be great to have more students take the course. The larger we are, the more we can help and that's the point of all of this," said Bruce.

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Province serves up new guidelines for community dinners

By Natasha Tersigni

With fall supper season right around the corner, the province wants to ensure that at all venues have healthy, safe food-handling practices on the menu.

After many months of consultations with provincial public health inspectors, the Health Protection Unit of Manitoba Health has recently released the "Community Dinner Guideline." The five-page document covers all safety and health aspects of hosting a community dinner including planning, personal hygiene, food transportation, receiving and storage, thawing, cooking, serving, dishwashing and leftovers. There is also specific information regarding internal food temperatures and the proper way to sanitize wiping cloths.

For the public health inspectors, who work to ensure the rules and regulations regarding food safety are properly adhered to in commercial food establishments and restaurants across Manitoba, the new community dinner guidelines are about educating the public rather than just enforcement.

"Fall suppers have been going on for many years, so with these new guidelines, we are trying to make it so that the dinners can continue to exist with safer practices. Instead of establishing very stringent regulations, we have put out these guidelines so the public can have the knowledge so they are aware of what needs to be done to

ensure these community dinners are safe for everybody. Any time you are serving food to the public, you need to be provincially registered, but with the fall suppers, you don't need that. So while they are an exception to the rule, we want to ensure that safe practices are being followed," said Sel-

kirk public health inspector Carmen Cross, who added that inspectors across the province are able to help fall supper organizers when it comes to safe food-handling procedures.

"It is always good practice to let the public health inspector of the area know that your fall supper is happen-

ing. That way, the inspector can go over any questions and provide input on ways that the dinner can be safe for the public."

The full Community Dinner Regulation document can be viewed online at www.gov.mb.ca/health/publichealth.

Fall Suppers



Grosse Isle Recreation Club
Fall Supper
 Sunday, October 2, 2016 • 3:00 pm - 6:00 pm
 Adults - \$15.00 Children 6 to 12 - \$7.00 Preschoolers Free
Grosse Isle Community Centre
 Hwy 6 - 13 km from the Perimeter
 Contact Person - Lois, Phone 467-5615

ARGYLE FALL SUPPER
NEW LARGER VENUE
Argyle Curling Rink
Sunday, September 25th, 3:00 - 6:00 pm
 No reservations required
 Take-out available 3:30 - 5:30 at Argyle Hall (204-467-8710)
 Adults \$13 Children (6-10) \$6 5 & under FREE (Dine in only)
 Contact Lisa Riley 204-461-1559
 Argyle Curling Club 204-467-5730



Fall Supper
 in support of
Bethel Children's Home
 A ministry of Bethel Rays of Hope
 Saturday, October 1
 3:30 pm - 6:30 pm
 New Life Church, Stonewall
 6106E PTH67
 Adults \$13
 Children (2-12 yrs) \$6
 "Take Out" available by calling 204-344-5214

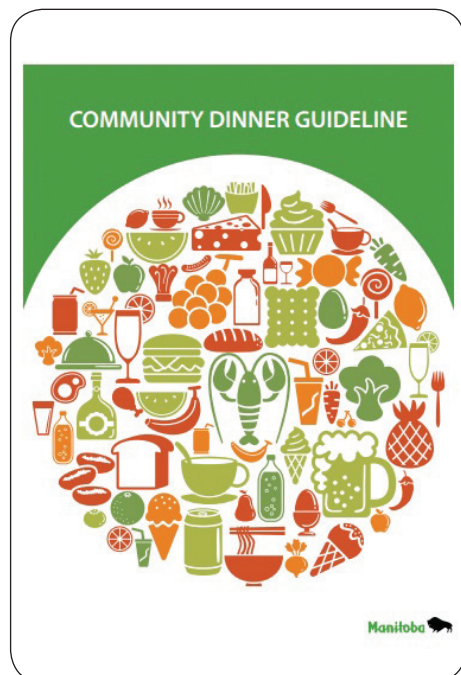
WOODLANDS FALL SUPPER
Turkey Dinner & all the Trimmings
Monday, October 10th - 3pm-6pm
Woodlands Hall
 Adult \$13.00 Kids 6-10 yrs \$6
 No reservations req'd. Take Out Available
 Info call Wendy at 204-383-5295

Gunton
Fall Supper
Gunton Greenwood Community Hall
 Adults \$15 Children \$6 (6-12)
Saturday, September 24th • 3:00 ~ 7:00 pm
 For info call Tony 886-2886

Meadows Fall Supper
 Adults \$12.50
 Kids 6-10 \$7.00
 Kids under 5 Free
Sunday, September 25
 Seating must be reserved
 for either 4:00 pm or 6:30 pm
Meadows Community Hall
 located 25 kms west of Perimeter on Hwy 221
 For reservations
 call Dolores
 204-322-5637

Royal Canadian Legion - Stonewall
FALL SUPPER
SUNDAY, OCTOBER 16
4:00 PM - 7:00 PM
 ADULTS **\$15** NO **\$7** Children (7-12)
Reservations Required

Warren United Church
Sun, Sept 18 • 3 - 6 pm
at Warren Memorial Hall
Please visit one or all
of these fall suppers
and enjoy the fruits
of their labour. *Enjoy!*



TRIBUNE PHOTO SUBMITTED
 The Health Protection Unit of Manitoba Health has recently launched new guidelines and regulations that organizers should follow when preparing and serving community dinners.

get inspired

> MEAL IDEAS



Chicken and veggie bake

Makes 6 servings
Ingredients
 1 tsp (5 mL) olive oil
 2 cups (500 mL) diced, skinless chicken breast (2 to 3 breasts)
 1 cup (250 mL) small diced onion
 1 cup (250 mL) small diced carrot
 1 cup (250 mL) small diced celery
 1 cup (250 mL) frozen corn
 2 cups (500 mL) chopped broccoli
 1 can (10 oz / 284 mL) low-fat cream of mushroom soup

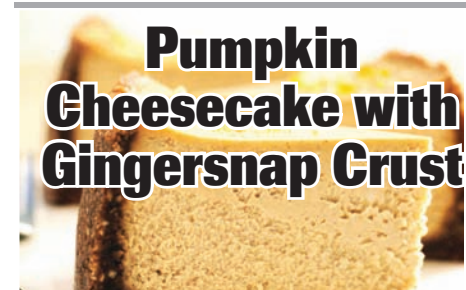
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1 cup (250 mL) skim milk
 2 cups (500 mL) cooked brown rice (about 1 cup / 250 mL dry)
 1 tsp (5 mL) black pepper
 1 cup (250 mL) grated light old cheddar cheese

Directions
 Preheat oven to 350° F (180° C).
 In a large fry pan heat oil over medium-high heat. Cook chicken, onion, celery and carrots until chicken is fully cooked. About 10 minutes.

Add all the ingredients except the cheese to a large casserole dish and mix well. Sprinkle the cheese on top and bake for 30 minutes or until bubbly. Serve.



Pumpkin Cheesecake with Gingersnap Crust

Serves 8 to 10
Crust
 1 1/2 cups gingersnap cookie crumbs
 1/2 cup finely chopped hazelnuts
 6 tablespoons unsalted butter, melted
 1/4 cup sugar
Filling
 1 1/2 pounds cream cheese, at room temperature
 1/2 cup packed light brown sugar
 1/4 cup granulated sugar
 2 large eggs
 2 large egg yolks
 1 1/2 tablespoons all-purpose flour
 2 teaspoons pumpkin pie spice
 1 cup solid-pack pumpkin purée (not pumpkin pie mix)
 1/2 cup crème fraîche, homemade (see below) or store-bought, or sour cream
 2 teaspoons pure vanilla extract
 1. Preheat the oven to 350 F. Lightly butter an 8- or 8 1/2-inch springform pan.
 2. To make the crust: Stir together all of the ingredients in a medium bowl until the crumbs are moistened. Press the mixture over the bottom and up the sides of the pan. Bake the crust for 10 minutes. Let cool completely on a wire rack. Increase the oven temperature to 425 F.
 3. To make the filling: With an electric mixer on medium speed, beat the cream cheese, brown sugar and granulated sugar in a large deep bowl until light and fluffy. Beat in the eggs and then the egg yolks one at a time, beating well after each addition. Add the flour and

pumpkin pie spice and beat on low speed until just combined. Add the pumpkin purée, crème fraîche and vanilla, and beat until just combined. Pour the filling into the shell.

4. Place the cheesecake on a baking sheet and bake for 15 minutes. Reduce the oven temperature to 250 F and continue baking for 1 hour.

5. Turn the oven off and let the cheesecake cool in the oven for 2 1/2 hours. Then transfer to a wire rack and let cool to room temperature. Refrigerate, tightly covered, for at least 10 hours, until thoroughly chilled and set, or for up to 2 days.

6. To serve, run a knife around the side of the cheesecake and remove the side of the pan. Serve slightly chilled or at room temperature, cut into thin wedges with a sharp knife dipped into hot water and wiped dry after each cut.

Crème Fraîche
 Makes about 1/2 cup
 1/2 cup heavy whipping cream
 1/2 cup crème fraîche or sour cream with live cultures

Pour the cream into a glass jar with a tight-fitting lid and spoon in the crème fraîche. Let sit on the counter, with the lid slightly ajar, until the mixture thickens, from 4 to 24 hours, depending on the weather. Refrigerate, tightly covered, until ready to use.

Emotional Growth in Mid-Life Not Uncommon for Women



It is quite common for women to experience an emotional growth spurt in the mid-life years. There may be many reasons for this. It might be that the children are a little older, and she has time to think again. Or it might be that she feels a little more independent. Perhaps, once the childbearing is done, she has a burst of creative energy.

Whatever the reason, she is often in a learning mode that may seem insatiable. She may begin to do a lot of reading, writing, or perhaps she takes some classes. This is all very exciting for her. She keeps thinking of more things that she wants to do. Her partner, however, may not share her excitement. He may feel a little threatened, for it may seem like she is turning into someone else, right before his eyes. She may seem to have less time for him. Other things seem more important. At some point she may begin to worry that she might be leaving her partner behind. He must start to grow too, she reasons.

Thus begins her attempt to interest him in her newfound path. She may share what she is learning, and that sharing may slowly begin appearing as a thinly veiled attempt to teach. The partner, sensing this, may begin to resist. He might argue with the points she is making; put down or discredit what she is learning, or simply refuse to discuss it.

If he won't participate in discussions, she decides that she will give him some books to read. Perhaps an "expert" will have more credibility. He might be interested, but he also may leave the books right where she

left them on the coffee table. She interprets his refusal to join in her journey as an unwillingness to work together to make the relationship better.

She is so excited by her own growth, and thinks how wonderful it would be if they could share in the growing process. Instead, they seem to be drifting farther apart. What now?

Well, she is right about one thing. If one partner is growing and the other is not, that can certainly create problems in the relationship. However, not growing is not an option once the urge is there. You cannot discourage someone from new learning when their heart is pulling them in that direction. If you try, they will only become depressed and resentful.

The only way to keep pace with someone who is having a growth spurt is to do some growing yourself. The key is to grow in an area that excites YOU. You do not have to become an expert in everything she is learning.

In fact, if you are both learning different things, then there is more to share. Conversations are more stimulating. The relationship becomes more passionate. It is important that you each have respect for the other's area of growth.

A partner may feel that it is unfair to be nudged towards growth. He may feel that she married him the way he was, and he shouldn't have to change. The important point is that she wouldn't put the effort into encouraging his growth if she didn't really love him and want to be with him.

You stagnate at your own risk. Instead of fighting her push towards growth, embrace it as a wake-up call. It is all too easy to sleepwalk through life, but if you fall asleep in the middle, you'll miss the best part.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

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Counting down to Stonewall's inaugural Relay for Life

By Jennifer McFee

It's almost time to lace up for Stonewall's first ever Relay for Life, which is coming up right around the corner.

On Friday, Sept. 23 from 6 p.m. to midnight, teams will challenge themselves to go the distance by walking or running the track at Stonewall Collegiate Institute in a united effort to fight cancer. Across Canada, Relay for Life events raise funds for the Canadian Cancer Society for cancer research and to help provide support services to people living with cancer.

Samantha Samson, associate producer and reporter at CBC Manitoba, will bolster the energy as master of ceremonies for the inaugural event.

"I'm super excited to be invited to be the MC because I grew up in Stonewall," Samson said.

"I lived there for 18 years before I moved to Winnipeg. This will be at my old high school, so it's really nice to be a part of it."

Samson will help to keep the event on track while also adding excitement to the evening. "One of my favourite things that I really want to do is the Big Geeks award. It's given to people who spend the most time on their iPhones or their tablets. We have a Twitter account and we also have a Facebook account, and we want the person who makes the most posts on either Twitter or the Facebook to get the prize," said Samson, adding that people can refer to the hashtag #stonewallrelay.

"I love technology, and technology's such a huge part of how we raise awareness about things. I thought in-

tegrating that would be interesting."

Samson has more fun ideas in store, since she also plans to include Pictionary games for participants who are waiting to do their laps.

In addition, she's planning a Jelly-bean Lap with participants carrying a jellybean on a spoon in their mouths for the entire lap.

Fun and games aside, cancer is a cause that is close to Samson's heart.

"I actually just lost a family member to cancer. That's why this event is so important, too, because we can talk about these things now. It affects everybody and you never know who it's affecting," she said.

"This event makes it OK to talk about these things openly, especially with the survivors that are going to be there and the chair of the survivor committee, Troy Woods. By having those personal, first-hand stories and the people whose family members

are going through it, I think it's going to be a really great event to normalize it."

The family-friendly event is open to everyone of all ages and abilities. In addition to raising funds for cancer research, the Relay for Life provides an opportunity to show support to those in the community who are battling cancer and who are survivors. As well, it offers a chance to remember and honour loved ones who are no longer with us.

The opening lap begins at 6 p.m., with bagpiper Jimm Simon leading the way for survivors and families. Everyone is encouraged to come out



TRIBUNE PHOTO SUBMITTED
Samantha Samson, left, will maintain high energy as the master of ceremonies at Stonewall's first ever Relay for Life event.

and show their support for community members currently in treatment, including former Welcome Wagon coordinator Pat Tanchak, seven-year-old Woodlands resident Natalie Smith and Stonewall Legion's Jane Allan.

The entertainment will also add to the momentum, with Past the Perimeter performing a two-hour outdoor concert and Bambi Rutherford singing before and after the luminary ceremony. To keep the energy up, Erika Riley will lead a Zumba session and world-renowned juggler Robin

Chestnut and Aidan Mulvihill will show off their tricks.

The event will also feature henna tattoos and face-painting. Hot dogs and hamburgers will be available for purchase from a cart, and Danny's Whole Hog will be selling pork on a bun.

For more information or to make a donation, visit www.relayforlife.ca and search for "Stonewall."

To register a team for the Relay for Life, visit the Stonewall Teulon Tribune office at 74 Patterson Dr. in Stonewall or call 204-467-5836.

worship *with us* > FAITH

Meaning in Life (NOT Monty Python's version)

Jeremiah 1:4-5a

Now the word of the Lord came to me saying, 'Before I formed you in the womb I knew you, and before you were born I consecrated you;

Before Jeremiah knew God, God knew Jeremiah. Often it seems that we make God an object about which we have questions and inquiries. We read about God; discuss God. We indulge in an occasional sunset or meteorite shower or movie to cultivate a feeling of reverence for God.

But the reality is that long before

we ever got around to asking questions about God, God has been questioning us. Long before we got interested in the subject of God, God subjected us to the most intensive and searching scrutiny. Before it ever crossed our minds that God might be important, God singled us out as important. Before we were formed in the womb, God knew us. We are known before we know. God is not the object of creation, or of created beings, but rather our beginning and our end.

We enter a world we didn't create. We grow into a life already provided for us. We arrive in a complex relationship with other wills and destinies that are in full operation before we are introduced. We live in the middle of a story that was begun and will be concluded by God.

"Before you were born I consecrated you." Consecrated means set apart for God. It means we are chosen for something important that God is doing. What is this important something which God is doing?

God is saving; providing, caring, and healing. As in the beginning God is bringing order out of chaos. God brings life where there is death. God brings love where there is hate. God sends hope where there is despair. This is the meaning of the life God gives us.

God is at work in our world through each person that responds to God in the same way that Jeremiah did. Before we were born God chose us, consecrated us.

Submitted by the Rev. James Bardsley

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Jets perfect to begin MMJHL preseason

By Brian Bowman

The Stonewall Jets closed out last season with 11 consecutive play-off victories on their way to winning a Manitoba Major Junior Hockey League title.

So far, that winning feeling has carried over to this year's preseason.

Stonewall won all three games at an exhibition hosted in Transcona last weekend.

"It's definitely good to see," said Jets' co-coach Brock Couch. "You want to get the boys to have a good feeling and how it feels to win games. (Winning) becomes a habit and you get used to it."

"It's the same as losing. If you get used to losing, then it's not a big problem for you. But losing should be a problem, in our minds."

Stonewall was very good defensively in all three games, allowing just five goals.

"Defence and goaltending came into play there," Couch noted. "We try to implement early team defensive strategies and not just the two guys on the backend. It's the forwards, too, that have to be held accountable in our own end."

The Jets recorded their third preseason win Sunday after a 3-2 victory over the St. Boniface Riels.

Bryce Stovin scored the game-winning goal on the power play at 12:52 of the third period.

The teams were tied at 1-1 after 20 minutes as the Riels' Zachary Bone and Stonewall's Chase Faulkner traded goals.

St. Boniface's Justin Durupt scored early in the second before Stonewall's Braden Zamrykut tied the score at 2-2 about five minutes later.

Curtis Beck and Braydon Weatherburn split the goaltending duties for the Jets.

The Jets started their pre-season Friday evening with a solid 3-1 win over the Raider Jr. Hockey Club.

Stonewall's Andrew Bayduza opened the game's scoring on the power play just 6:56 into the game. The Raiders' Tyson Stevens tied the score 1:28 later before Kyle Doak gave the Jets the lead for good with a goal at 13:31 of the opening period.

Devin Muir then closed out the game's scoring early in the third.

Hunter Ploszay and Beck split the goaltending duties for Stonewall.

On Saturday, the Jets trimmed the St. Vital Victorias 3-2 as Stephen MacKenzie scored the game winner, assisted by Carson Oullette and Cody Reeves, at 17:43 of the third period.

Ryan McMahon gave the Jets a 1-0



TRIBUNE PHOTO BY LANA MEIER

Jets' forward Adam Blight scores a nice goal against St. Vital during preseason action last weekend.

lead midway through the first period but Riley Beauchemin and K.C. Mason tallied just 55 seconds apart in the second period to stake St. Vital to a 2-1 advantage.

Adam Blight then scored at 14:54 of the middle frame to tie the game at 2-2.

Beck and Weatherburn were in goal for the Jets

The Jets hosted the Riels last night in their final preseason game but

no score was available at press time. Couch said the Jets still have some work to do before the regular season begins.

"This is a big week," Couch stressed. "We have one skate before Wednesday's game and two skates after before (the season opener)."

The Jets will begin their regular season Monday when they travel to Winnipeg to face St. Boniface. Game time is 7:30 p.m.

Interlake Lightning 'AAA' Midget female tryouts



TRIBUNE PHOTOS BY LANA MEIER

Interlake Minor Hockey held their tryouts for the 'AAA' Midget female program this past week in Warren and Stonewall. Left to right: Interlake goaltender Kerigan Dowhy of Stonewall; Gillian Henry of Gimli and Ashley Sigfusson of Lundar; Callie Farthing of Lundar and Loren Proven of Stonewall. Meanwhile, Stonewall's Loren Proven and Taylor Buors of St. Laurent both go after the puck.

Thunder collared by Southwest Wolves

By Brian Bowman

With a couple of upsets last weekend, the Midget Football League of Manitoba standings just got a whole lot tighter.

The Interlake Thunder found themselves on the wrong end of one of those upsets as they were defeated 17-10 by the Southwest Wolves on Saturday.

"I think there were a variety of different factors that went into that game, to be honest with you," said Thunder head coach Kris Johnston. "We came out flat in the game. Leading up to the game, our practices were good but they could have been better."

Southwest took an early 7-0 lead and held that same advantage at halftime. The Thunder closed the gap to 7-3 on a William Page field goal in the third quarter.

But Southwest then increased its lead to 17-3 before the Thunder scored a TD with about a minute left in the fourth quarter.

The Thunder's defence did a good job limiting the Wolves' offence throughout the game. Interlake held Southwest quarterback Gabe Grenier to just two completions in 14 attempts. One of those attempts was intercepted by Kevin Lister.

But Grenier did do some damage on the ground, rushing five times for 90 yards and a touchdown. Nicholas Stevens gained 70 yards on 10 carries while Barrett Mueller rushed another 30 yards while adding a TD.

The Thunder's offence mirrored

the Wolves as Interlake quarterback Thomas Dunlop was just 6-for-17 for a paltry 70 yards.

"Our passing game struggled and we have to look internally into that," Johnston said. "There were a variety of things that went wrong. There were busted routes and assignments and dropped balls."

But while the Thunder struggled to move the ball through the air, they gained some sizeable yardage on the ground.

Colton Nedotiafko had a great game, rumbling for 120 yards and a touchdown on 16 carries. Dunlop added 69 yards with his feet while receiver Alex France carried the ball three times for 32 yards.

"We ran the ball in the neighbourhood of 200 yards on the day," Johnstone boasted. "Colton Nedotiafko had his breakout game that we were waiting for. He played absolutely fantastic from the opening whistle to the final (play)."

A lot of the credit for that great rushing attack should go to the Thunder's offensive line. They did a fantastic job blocking along with Rory Doak.

"The Wolves have a very good run-stopping front seven, which we saw two weeks earlier when they did a great job stifling our running attack," Johnston noted. "Our offensive line really prepared well all week."

With last Saturday's loss, the Thunder now have a 2-3 record along with Southwest. The St. Vital Mustangs, meanwhile, suffered its first loss of



TRIBUNE PHOTO BY LANA MEIER

Interlake Thunder quarterback Thomas Dunlop drops back to pass while under pressure from a Southwest player.

the season as the Falcons Football Club won 27-16.

Both the Mustangs and Falcons now have identical 4-1 records. The Sunrise Coyotes are in fifth-place in the five-team league with an 0-4 record.

Interlake will visit St. Vital this Sat-

urday (7 p.m.) and then will host the Falcons on Sept. 24 (3 p.m.).

"I know we can win these football games," Johnston said. "I know it's going to take a lot of effort and a lot of hard work ... but you want to take at least one of these games."



Strength in numbers to find a cure

TRIBUNE PHOTO BY PAGE STUDLER

The sun was shining down on Warren this past weekend for the 7th Annual Shirley Fleury Slo-Pitch Tournament. Nineteen teams showed up to play ball and raise money and awareness for CancerCare Manitoba. Over the past seven years, more than \$70,000 has been raised, and the Fleury family is extremely grateful for the kindness and support from the community and all of their amazing volunteers. Approximately \$10,500 was raised through T-shirt sales, a variety auction, children's activities, canteen and beer gardens, and three teams that donated their winnings back to the cause. Music was donated by Hofe's Music. Winning teams were as follows: A-side: Relief pitches, runner-up Screwballs; B-side: Bushwakers, runner-up Multiple Scoregasm; C-side: Son of Pitches and runner-up Bong hitters.

Pictured left to right: Meagan McRae, Melanie Fleury MacDonald, Michael Fleury, Carl Fleury, Vivian Burnell, Eden Baker McRae, Bristol Fleury and Declan MacDonald.

Thunder receive sponsorship



TRIBUNE PHOTO COURTESY OF INTERLAKE THUNDER

The Interlake Thunder PeeWee team and the Thunder's VP of Marketing/Promotions Kevin Nichols graciously accepted a cheque for \$750 from Sylvia Magyar-Brambilla of Noventis Credit Union, Selkirk Branch on Sept. 6. The club welcomes Noventis as a silver member sponsor and plans to use the funds for the players and field equipment.

Plenty of Bantam talent



TRIBUNE PHOTO BY LANA MEIER

The Interlake Lightning 'AAA' Bantam hockey tryouts were held this past weekend at the VMSC in Stonewall with 61 participants. Previous years have usually been in the 50 to 55 range, so the growth and skill level was encouraging for Interlake Minor Hockey director Darren Bond.

Wildcats have great start to varsity boys' vball season

Staff

The Warren Collegiate varsity boys' volleyball team had an outstanding start to their season

Warren finished second overall at a Carman tournament last weekend,

losing to the hosts 2-0 by scores of 26-24 and 25-20 in the final.

The Wildcats finished round-robin play with a solid 6-2 record and then defeated the Westpark Royals from Portage la Prairie 2-0 in the semifinals.

Colton Gibson was given an honourable mention for his stellar play throughout the tournament while the rest of the team did well above head coach Mark Hnatuk's expectations, according to the school's website.

Next action for both the Wildcats junior varsity and varsity boys' volleyball teams is this weekend when they travel west to a Brandon University tournament.

Baseball Manitoba accepting award nominations

Staff

Baseball Manitoba is beginning the process of recognizing players, teams, coaches and umpires that had outstanding seasons.

Baseball Manitoba is now accepting nominations in 15 categories. The award forms may be accessed through their website at www.baseballmanitoba.ca.

All nominations must be verified by the league president or association director. The deadline for nominations is Oct. 3.

The 2016 Baseball Manitoba Awards Banquet will be held Nov. 19 in Winnipeg at the Holiday Inn Airport West on Portage Avenue as part of the Baseball Manitoba 2016 Convention.

The awards committee will limit recognition at the banquet to those selected as the winners in each category. Those nominated and not selected to receive an award will be notified of their nomination by mail.

The nomination forms should be

completed and mailed to Baseball Manitoba 145 Pacific Ave., Winnipeg, MB, R3B 2Z6 or emailed to brenda@sportmanitoba.ca.

Baseball Manitoba is accepting nominations for the following:

Player of the year

13U (Pee Wee), 15U (Bantam), 18U (Midget), 21 (Junior), Senior "AAA", Senior "AA" and Female

Coach of the Year – Grassroots

This award will be presented to a Baseball Manitoba registered coach with a minimum Level I Technical NCCP certification (coaches of "AA" or "A" Minor club teams programs) for outstanding volunteer service to the sport at club, regional or provincial level. The nominee will be recognized for leadership and excellence and must be a current member in good standing.

Coach of the Year High Performance

This award will be presented to a Baseball Manitoba registered coach with a minimum of Trained Provincial NCCP certification (coaches of Minor "AAA" teams, 21U, senior teams or provincial teams) for outstanding volunteer service to the sport at club, regional or national level.

The nominee will be recognized for leadership and excellence and must be a current member in good standing.

Team of the Year - Grassroots

This award will be presented to a minor team from the "AA" or "A" categories (11U, 13U, 15U or 18U).

Junior/senior team of the year

High Performance

This award will be presented to a 21U "AAA", Senior "AA" or Senior "AA" All-star team.

Minor team of the Year High Performance

This award will be presented to a 13U, 15U or 18U "AAA" team.

Youth Umpire of the year

This award will be presented to minimum Level II certification and 20 years of age or under.

Volunteer of the Year

This award will be presented to an active adult volunteer whose contributions to baseball this current year have resulted in the creation of a better environment for players. Nominees may not be active members of Baseball Manitoba Board of Directors. Former candidates from past years are eligible for nomination in any of the MBA Awards categories.

Honour Society

Open to individuals who have made a significant long-term contributions to amateur baseball in Manitoba as a player, coach, umpire or volunteer for a minimum of 10-plus years.

Classifieds

Stonewall Teulon
Tribune

GARAGE SALES

Sept. 22, 23 & 24th from 9 a.m. – 6 p.m. at 114 7th Ave., Teulon. Call Marilyn 204-886-3151. 5th wheel, gun case & cabinet, hunting blind, Jiffy ice auger, 3 gal. air compressor, water cooler for hot & cold, children's table & chair & playhouse sets, bikes, books, movies, wagons, toys, clothes, shoes, comforter sets, Halloween costumes, furniture, 4 new patio chairs with 48" round table, stand & umbrella, 11 pce. patio set & storage box, patio rug, new linoleum, Jeld-Wen window & frame, Singer sewing machine in case, man's 2X LT leather jacket. Many more household items.

GARAGE SALES

Giant yard sale off Hwy 6 (past the Woody), 80N – 10W – Lot 80063. Antiques, furniture, kitchen, shop, bikes and much more! Sat., Sept. 17th from 9 a.m. – 4 p.m.

AUTOS

2006 Ford F-750 dump / flatdeck. Only 69,000 km. Allison automatic transmission. Trailer hitch and 16' Dump installed 2015 and used twice. 2nd owner, \$33,000 obo. 204-410-2547.

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SHOP FOR RENT

Space in heated shop for rent near Stony Mountain. Price depending on space required & usage & length of time. 16'x14' O.H. door & heated floor. James 204-782-5590.

APARTMENT FOR RENT

55+ Apartment Building, INWOOD SENIORS LODGE. Bachelor suites, 1 bdrm. apartments. Capped rent facility, utilities included. Meal program & activities on site. Inwood, MB. Contact Tina: 204-278-3534.

Bachelor apt. for rent in Stony Mountain. Call 204-344-5478.

HOUSE FOR RENT

Avail. October 1st – 800 sq. ft., 3 bdrm., 3 pce. bath, main floor LR, fin. basement, CA, CV, single car garage, shed, fenced back yard, deck. No pets, no smokers. \$1000/ mo. plus util. Call Donna at 204-223-0118.

Hip or Knee Replacement?

Problems walking or getting dressed? The Disability Tax Credit

\$2,000
Yearly Tax Credit

\$20,000
Lump Sum + Rebate

Apply anytime of the year. Lowest rate in the industry.

Reliable Expert Service
204-453-5372

PROPERTY WANTED

Looking for acreage in the area with or without house/barn. Prefer 5-40 acres with trees. Please contact wjsscott@mts.net or 204-800-4857 and leave message.

BUILDING FOR SALE

48' X 28' Insulated Metal Frame Shop to be moved from Stony Mountain area. 16' X 10' High overhead door, one man door. 220V service and electric furnace. Great for repairs, storage, fabrication or? \$23,000. 204-410-2547.

MOBILE HOMES FOR SALE

3 only - 16 x 80, 3 bdrm., 2 bath. Starting at \$89,900. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net

To be moved - 14X60, Bowes 1970's, newer windows & doors throughout, peaked roof, Petersfield, MB. \$15,000 obo. 1-204-482-3001.

HOUSES FOR SALE

Be in your new house by fall! 1584 & 1638 sq. ft. RTMs ready for delivery. Pictures, floorplans available at wgiesbrechthomes.ca. Custom builds also available. For additional information call 204-346-3231 or email wilbert@wghomes.ca

THE LUNG ASSOCIATION
Manitoba

ManitobaQuits

Quit Smoking Contest 2016 wants to help you quit smoking for a day. Quitting for one day helps you to practice effective quitting skills, get to know resources and build confidence. You will have 12 chances to quit smoking and to feel good about yourself! If you can quit for a day – you can eventually quit for good.

\$200.00 cash prizes

Registrations begins **January 18, 2016**

Go to **ManitobaQuits.ca** for dates, contest information and resources to quit smoking

Call 1-888-566-5864 toll free

STEEL BUILDINGS

Steel building sale ... "Blow out sale on now!" 21X23 \$4,998; 25X25 \$5,996; 27X27 \$6,992; 32X35 \$9,985; 42X45 \$14,868. One end wall included. Pioneer Steel 1-855-212-7036 www.pioneer-steel.ca

PROPERTY FOR SALE

To be moved – older mobile home, 12x64, comes with wood stove & 6 appliances, priced to sell at \$4900 obo; also to be moved – 24x28 addition, 2x6 construction, new shingles, baseboard heat, offers; also – 5 vacant acres located 8 miles north of Argyle, \$34,900. Ph 204-467-8537 or 204-955-2068.



RURAL MUNICIPALITY OF WOODLANDS

NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF WOODLANDS

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 5th day of October, 2016, at the hour of 7:00 PM, at:

Rural Municipality of Woodlands
57 Railway Ave, Woodlands, MB

proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
84730	LOT 7 BLOCK 1 PLAN 19934 WLTO IN NORTH 1/2 22-14-2 WPM - 304 PARKER STREET	L -\$25,300 B -\$132,500	\$5,885.73
102400	NW SECTION 32-15-2 WPM WHICH LIES TO THE SOUTH WEST OF THE SOUTH WESTERN LIMIT OF OAK POINT HIGHWAY PLAN 621 WLTO EXC FIRSTLY: ALL MINES AND MINERALS AS MORE FULLY SET FORTH IN TRANSFER G 47510 WLTO AND SECONDLY: PUBLIC ROAD PLAN 14778 WLTO	L -\$900	\$1,019.73
102700	SW SECTION 32-15-2 WPM WHICH LIES TO THE SOUTH WEST OF THE SOUTH WESTERN LIMIT OF OAK POINT HIGHWAY PLAN 621 WLTO EXC FIRSTLY: ALL MINES AND MINERALS AS MORE FULLY SET FORTH IN TRANSFER G 47510 WLTO AND SECONDLY: PUBLIC ROAD PLAN 14778 WLTO	L -\$35,100 B -\$158,500	\$5,263.45
205700	THE NE 1/4 SECTION 24-15-4 WPM EXC THEREOUT ALL MINES AND MINERALS AND OTHER MATTERS AS MORE FULLY SET FORTH IN A DEED REGISTERED IN THE WINNEPEG LAND TITLES OFFICE UNDER THE OLD SYSTEM NO. 243219	L -\$74,400 B -\$127,100	\$4,944.35
218200	PARCEL 1: THE SE 1/4 OF SECTION 12-14-1 WPM EXC WATER CONTROL WORKS, PLAN 14431 WLTO	L -\$341,000 B -\$136,300	\$11,132.85
218300	PARCEL 2: THE SW 1/4 OF SECTION 12-14-1 WPM EXC OUT OF PARCEL 2. ALL THAT PORTION CONTAINED WITHIN THE FOLLOWING LIMITS: COMMENCING AT A POINT IN THE WESTERN LIMIT OF SW 1/4 DISTANT NLY THEREON 680 FEET FROM THE SOUTHERN LIMIT OF SAID SW 1/4 THENCE ELY, PARALLEL WITH SAID SOUTHERN LIMIT, 335 FEET THENCE NLY, PARALLEL WITH SAID WESTERN LIMIT, 500 FEET THENCE WLY, PARALLEL WITH SAID SOUTHERN LIMIT, TO SAID WESTERN LIMIT THENCE SLY, ALONG SAID WESTERN LIMIT, TO THE POINT OF COMMENCEMENT	L -\$270,700	\$5,856.03
227425	LOT 1 PLAN 28864 WLTO EXC ALL MINES AND MINERALS AND OTHER MATTERS, TOGETHER WITH THE RIGHT TO ENTER AND REMOVE THE SAME AS MORE FULLY SET FORTH IN TRANSFER NO. B8632 WLTO IN SE 1/4 31-14-1 WPM	L -\$15,800 B -\$206,900	\$6,269.94
234800	THE SE 1/4 OF SECTION 12-15-1 WPM SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN	L -\$49,400	\$2,198.63
234900	SW 1/4 12-15-1 WPM EXC RAILWAY PLAN 2171 WLTO SUBJECT TO THE RESERVATIONS AND PROVISIONS CONTAINED IN THE GRANT FROM THE CROWN	L -\$34,800	\$1,904.03
256800	SE 1/4 25-16-1 WPM EXC ALL MINES AND MINERALS	L -\$35,300	\$2,710.97

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Rural Municipality of Woodlands as follows:
 - The full purchase price if it is \$5,000 or less; OR
 - If the purchase price is greater than \$5,000, the purchaser must provide a non-refundable deposit in the amount of \$5,000 and the balance of the purchase price must be paid within 20 days of the sale.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.
- The purchaser will be responsible for registering the transfer of title in the land titles office, including the registration fees.

Dated this 29th day of August, 2016.

Managed by:



Adam Turner
Chief Administrative Officer
Rural Municipality of Woodlands
Phone: (204) 383-5679
Fax: (204) 383-5169



Interlake School Division invites applications for CASUAL EA's, Noon Hour Supervisors

Interlake School Division invites applications from qualified individuals interested in substituting in the schools. The Division requires substitutes in the areas of educational assistants, library technicians, library clerks, secretaries and noon-hour supervisors during the 2016-2017 school year.

Substitute support staff application forms may be obtained from the Interlake School Division, 192 - 2nd Ave. North, Stonewall, MB, R0C 2Z0.

A reminder to applicants that a Criminal Records Verification, Criminal Record Check for a Sexual Offence and a Child Abuse Registry must be completed and will be placed on file at the Division Office.

Individuals currently on the substitute list are asked to reaffirm their interest for the 2016-2017 school year by phoning 467-5100 or emailing hr@isd21.mb.ca.



TOWN OF STONEWALL NOTICE OF BOARD OF REVISION

General Assessment & Personal Property Assessment 2017 and 2016 Supplemental Property Taxes

Public Notice is hereby given that the 2017 General Assessment and Personal Property Assessment Rolls for the Town of Stonewall have been delivered to the Town Office at 293 Main Street, Stonewall, Manitoba and are open for public inspection during the regular business hours.

The Board of Revision shall sit to hear applications respecting assessment on **Thursday, October 20th, 2016 at the hour of 6:30 P.M.** in the Council Chambers of the Town Hall, 293 Main Street, Stonewall, Manitoba.

Applications for revision of assessment shall be made in accordance with Sections 42 and 43 of the Assessment Act:

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2)

APPLICATION REQUIREMENTS

43(1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred above in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
 - delivering it or causing it to be delivered to the office of the Town of Stonewall, Box 250, 293 Main Street, Stonewall, Manitoba, R0C 2Z0, or
 - serving it upon the Secretary of the Board of Revision

The final date on which applications shall be received by the Secretary of the Board of Revision is **Tuesday, October 4, 2016.**

Dated this 1st day of September A.D., 2016 at the Town of Stonewall in the Province of Manitoba.

Diane Allan, Secretary
Board of Revision
Town of Stonewall
Box 250, 293 Main Street
Stonewall, MB
R0C 2Z0

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

Stonewall Teulon
Tribune

HELP WANTED

South Interlake Regional Library, Stonewall Branch is looking for a part-time Library Technician. Are you passionate about making your community a better place? Would you like to introduce children to the wonders of the library? Does information and technology interest you? Do you like detective work? Are you detail oriented? If you think you're up to the challenge of library work this job may be for you! See the full job posting on the library web site at www.sirlibrary.com

HELP WANTED

STONEWALL QUARRY DAYS COMMUNITY VOLUNTEERS NEEDED. Looking for keen, community-minded individuals to be part of our committee. We are looking for individuals to help with: Sponsorship, Show n' Shine, Entertainment, Vendors, Street-Setup, Promotional, and more. Must be able to attend monthly meetings in Stonewall as well as the weekend of Quarry Days which always runs the 3rd weekend of August. Please contact ads@stonewallteulontribune.ca or tanyaswanson@live.ca or Stephanie at 204-467-5836 for more info.

THE SIGN OF EXPERIENCE



428 7th Ave. South, Stonewall - Amazing Log Home, 1850 sq ft 4 br, 1 1/2 Baths, 20 ft ceilings, rec room with custom bar, maple cabinets, granite, 100' x 150' treed lot. Asking \$449,900. Call Richard.



325 1st Street West, Stonewall - tastefully remodeled, 1578 sq ft 2 br, 1 bath, main floor laundry, double detached garage, paved drive, 60' x 120' treed lot, Asking \$289,900. Call Richard



617 Ash Ave, Winnipeg Beach - 2 bedroom bungalow in great condition with efficient gas fireplace and huge front veranda. Asking \$135,000. Call Ted.



20 Gulay St, Stony Mountain - 1040 sq ft home 3 bedrooms, double attached insulated garage with 10 foot door. Rec room with wood stove, two offices, workshop area. \$279,900. Call Liam



5 Oriole Dr. Lake Manitoba Narrows, lake front 4 season cottage, 1090 sq ft 3 br, 1 bath, open floor plan, island kitchen, Asking \$199,900. Call Richard



152 Main St, Teulon - Great Location, vaulted ceilings, country sized eat-in kitchen, newer shingles & furnace, paved driveway, attached garage, fenced yard, 3 lots. Asking \$229,900. Call Ted



29 Dykstra Road, Balmoral - 1700 Sq ft 2 storey custom built home in Balmoral, only 10 mins north of Stonewall. 3 bedrooms with a 4th in finished basement. \$395,900. Call Liam



651 1st Street East, Stonewall - 1244 sq ft, 3br, 1.5 baths, 3 level split, 65x150 lot, move in ready, recent upgrading \$279,900 call Tracey



381 1st St. West, Stonewall 2 BR, 2 baths, new windows, vinyl siding and metal roof. Double garage and gazebo. Asking \$284,900. Call Richard



132 MacDonald Ave, Warren - 3 bedrooms, with nice size kitchen and dining room area. Beautiful yard with a deck and gazebo. \$239,900. Call Liam



63 Stone Ridge Road, Stonewall - 1894 Sq Ft home in Stone Ridge Meadows Development in Stonewall. 3 bedrooms, Open concept perfect for entertaining. \$549,900. Call Liam



160 1st Street West, Stonewall - great location, 528 sq ft 2 br home needing renovation, 16' x 22' detached garage, 50' x 120' lot, Asking \$114,900. Call Richard.



59 Dykstra Road, Balmoral - 1668 sq ft bungalow with 3 bedrooms upstairs, 4th in the basement. Open concept livingroom, dining room and kitchen. \$389,900. Call Liam



1 Cory's Cove, Stonewall - 1313 Square feet with beautiful manicured/ treed yard and 24x24 composite deck. 24x22 Double attached insulated garage. \$344,900. Call Liam



51 Poplarwood Dr. Warren - 1152 sq ft 3 br, 2 baths, hardwood floors, 28' x 50' detached garage, 100' x 229' lot, Asking \$314,900. Call Richard.



Road 103 RM of Armstrong - \$109,900 - 1985 2 bedroom mobile on a treed 75 acre parcel with lots of privacy and loads of wildlife. Asking \$109,900. Call Ted



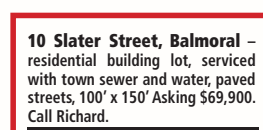
3 Coggan Way, Warren - 2 br, 2 baths, built by Warkentin Homes, open floor plan, high efficiency gas furnace, finished basement, double attached garage, insulated & has 2 - 220 plugs. Asking \$285,000, Call Ted



84145 Pr 236, Balmoral - One of a kind character home, 2600 sq ft 4 br, 2 1/2 baths, hardwood floors, island kitchen, 1.9 acre lot, 24' x 30' garage/ work shop Asking \$499,900. Call Richard.



45 First Ave, Teulon - Cozy 2 bedroom bungalow completely renovated to a degree far outside of it's class. Asking \$145,000. Call Ted



5 School Road, Stony Mountain - Vacant Lot, Opportunity awaits. looking for a condominium life style and wanting to build your own place. Here is your chance, Asking \$89,900. Call Richard



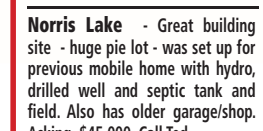
36 Oak Bay, Stonewall - Move right in, 1725 sq ft 5 br, 3 baths, open floor plan, granite, fully finished basement, sun room, pie lot, paved drive, Asking \$479,900



76072 Highway 248 Marquette - Just listed! 1356 sq ft, 3 br main level, 2 br basement, 1.5 baths, 10 acres, 2 shops, finished basement, very private \$384,900 call Tracey



74018 Rd 10E, Stony Mountain, 1900 sq ft shop, 1 bath, 2 bays, storage, large lot, a mechanics dream \$219,900 call Tracey



Norris Lake - Great building site - huge pie lot - was set up for previous mobile home with hydro, drilled well and septic tank and field. Also has older garage/shop. Asking \$45,000. Call Ted



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THE RURAL MUNICIPALITY OF ROSSER PUBLIC NOTICE - BOARD OF REVISION

PUBLIC NOTICE is hereby given that the 2017 Assessment Rolls for the Rural Municipality of Rosser has been delivered to the Municipal Office at 0 077E PR 221, Box 131, Rosser, MB and are open for public inspection during regular office hours.

THE BOARD OF REVISION shall sit to hear complaints on **Thursday, November 3rd, 2016** at 10:00 a.m. in the Municipal Council Chambers in Rosser, Manitoba.

ANY PERSON, including the assessor, who believes that an assessment ought to be revised may make application for revision of an Assessment Roll in accordance with Sections 42 & 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2)

APPLICATION REQUIREMENTS:

- 43(1) An application for revision must
- be made in writing
 - set out the roll number and legal description of the assessable property for which a revision is sought
 - state the grounds on which the application is based; and
 - be filed by
 - delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
 - serving it upon the secretary,

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

Applications for revision or complaints must be received by 4:30 p.m. Tuesday, October 18, 2016, no late exceptions will be allowed. Applications should be mailed to the Secretary, Board of Revision Box 131, at 0 077E PR 221, Rosser, Manitoba, R0H 1E0. Applicants will be notified, in writing, of the date and time of the hearing of their application.

Applications which do not include the above information may not be considered by the Board. Applicants who fail to attend the Board may have their Application for Revision dismissed without a hearing. Dismissing an Application without a hearing ends the Appeal Process for the Applicant.

Before filing an application against the amount of the assessment, liability to taxation, or classification of the property, applicants should:

- examine Municipal Assessment Rolls for comparable properties;
- select comparable properties from the rolls; and
- discuss the matter with the Municipal Assessment Branch, Portage la Prairie, Manitoba
(204) 239-3332 or Toll Free 1-866-401-8986.

DATED this 9th day of September, 2016 at the Village of Rosser, in the Province of Manitoba.

Beverley Wells, Secretary, Board of Revision
Rural Municipality of Rosser, Box 131 0 077E PR 221
Rosser, Manitoba R0H 1E0

Book Your Classified Ad Today - Call 467-5836
or Email igrphic@mts.net

Classifieds

HELP WANTED

Full time cook - experience necessary. Call Sheri at Rockwood Motor Inn 204-467-2354.

Mature, reliable adult to work cashier/concession alternate weeks/evenings. About 19 hrs. per week worked. Work week is Wednesday to Monday, September to June; Tuesday to Monday, July & August. Responsible for ticket & concession sales, clean-up & watch front during show. Apply at Flicks Cinema evgs.

Part time evening janitorial job avail. outside of Stonewall. Please call 204-979-0926.

Dream job! Live in caregiver/housekeeper in Winnipeg and Florida! Driver's licence required and be able to travel. (204) 997-4629.

Penner Oil seeks experienced highway tanker trailer mechanic in Winnipeg. Experience with B620 inspections/WPS qualifications considered an asset. Tanker maintenance/repairs/welding experience required. We offer competitive wages, benefits, RRSP. Call 1-800-665-4302 ext. 251 or email orderdesk@penneroil.ca

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

ADULT EDUCATION

Adults Only - Reading, Writing and Math Upgrading classes. Free! Free! Free! Afternoons and evenings. Selkirk Adult Learning Program, call Marcey at 204-482-7525 or email mcherniak@lssd.ca

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

Trailers for sale. Car & Equipment Haulers, Dumpbox, Cargo, Utility, Gooseneck Flatdeck, Cargo, Aluminum Livestock, CM Truckbeds. Parts & full service. Kaldeck Truck & Trailer, MacGregor, MB. 1-888-685-3127.

TRAVEL/VACATION

Discover amazing Maritime fall colours if you act now! Small groups make it easy to customize vacations to your individual desires. 204-770-7771 or www.trippvacations.com

UPCOMING EVENTS

Cluck and Quack Poultry Club Annual Sale - Poultry, small animals, equipment & crafts sales on Saturday & Sunday, September 24 & 25 10 a.m. to 4 p.m. at Agricultural Centre, Red Barn, Stonewall (PR#236 and Road 75N). For information contact Al (205-467-8654) Email: govilon@mts.net or go to www.cluckandquack.ca Industry & crafters are welcome to apply.

Save the Date for SWDPC Gala November 12, 2016 and call Chuck McClure for tickets 204-467-2632.

HEALTH

Do you have a disability? Physical or mental. We can help you get up to \$40,000 back from the Canadian Government. For details check out our website: disability-groupcanada.com or call us today Toll-Free 1-888-875-4787.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

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Round hard core bales of alfalfa, brome & timothy. Horse & cattle hay avail. Ph 204-467-5078 or 204-461-0722.

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**BUILDING SUPPLY, EQUIPMENT
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Saturday Oct 1st 10:00 am

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New Lumber, Bldgs, Windows, Household
& Bathroom Finishings* 30' x 65' Bldg * 30'
x 40' Bldg * 20' x 40' Party Tent * 16' x 22'
Marquee Tent * Tractors & Equip * Kubota
L2850 33HP MFWA 3 PTH FEL 1330 Hrs *
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* 3PH Chipper * 3 PH Snow Blower * 3PH
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Quarters Exc Cond * BH 10' Utility Trailer *
Quad Trailer * Poly Calf Shelter * 50 Corral
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Polaris 500 cc 4 x 4 Quad w Winch 1472
Miles * 86" Blade for Quad * Husqvarna YTH
180 Hyd 18HP 46" R Mower * 18' Redbird
Fibreglass Cedar Strip Canoe * 16' Cedar
Chestnut Fibreglass Strip Canoe * 10' HD
Metal Work Bench * Push Gas Mower *
Snowmobile Sleigh * Hand Yard Tools *

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Stonewall, Manitoba
www.mcsherryauction.com

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Wed Sept 21st @ 4:00 pm

Stonewall, MB
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10am Sept 18
Arden, MB
Antiques & Collectables

Moving Auction
for Jack & Jean McLarty
10 am Sept 24
Ogilvie, MB
1966 Meteor
1956 Pontiac
Tools & Antiques
Household
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Auctioneer
204-476-6262
www.meyersauctions.com

McSherry Auction Service Ltd
ESTATE OF ED HAUT
Sunday Sept 25th @ 10:00 am

Chatfield, MB
Jct 419 & Hwy 17 1 Mile South East on Hwy 17
Then 3 Miles East on Rd 120 Then South 1 Mile,
Then 1/2 Mile East, Then 1/2 Mile South
Contact: (204) 837-7584

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3PH 392 Hrs * AC D17 Gas HL w/FEL 4774
Hrs* 3JAC WD45 2PH Hyd 1) FEL * JD 60
Row Crop w Add On 3PH * Case 930 Cab * 2)
Ford 8 N 3PH* MH 44 * Case VA -Parts * AC
WD45 2PH-Parts * FEL Buckets * Crawlers
JD M Gas Crawler w Loader * Int TD9 Crawler
w Angle Dozer * JD450 B Crawler * Case
Crawler w Angle Blade-No Engine * Equip 2)
JD 510 Rd Balers * Cockshutt 542 Combine
* New Idea 486 Rd Baler * NH 845 Rd Baler
* Int 430 Square Baler * MF 36 Swather 15'
* NH 1000 Square Bale Wagon * Case 10'
Offset Discer * Riteway 12' Rock Rake * Int
45 14' Cult * JD 450 9' Trailer Sickle Mower
* JD 8 Semi Mt 7' Sickle Mower * Case
10 Trailer Sickle Mower * Farm Wagons *
3) Side Delivery Rakes * Bandsaw & 3PH
Equip * Wood Mizer Products" 18 HP Gas
Port Band Saw 968 Hrs- Kept Inside *
Cement Mixer * Bear Cat Chipper/Shredder
* 6' Rotary Mower * Buhler/Farm King 6'
Cult * V Style Snow Blower * 7' Blade * AC
Plow * Vehicles 87 Dodge Dakota 4x4 * 60's
Dodge 500 w 10' B&H * 49 Merc M135 w
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Equip * Acreage Equip
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350 42" Roto Vator 1611 Hrs. * Farm King
/ Buhler 60' 3PH Snow Blower * 3 PH New
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ANNOUNCEMENT

CARD OF THANKS

The Liliane Baron South Interlake Breast Cancer Group wishes to sincerely thank all those who came out on Sunday, September 11th to make our 15th Annual Walk & Family Fund Day such a success! The pledge funds raised will go a long way to helping women in our South Interlake area who have, or will be diagnosed with breast cancer. Congratulations also go out to all the winners of our "best dressed in Pink" competition, Christine Tronrud and June Catryese; Lucien; Willow and Pria; Liam and Lucy; Aslyn and Nara Nichols; and pet pooch "Buddy" Kowalchuck. A big thank you to our winning fundraisers Kathy Campbell and the "Lohmer" sisters! Also, many thanks to our ongoing donors, supporters and sponsors. We can't begin to tell you how much your donations over these past 15 years have been appreciated and needed by those touched by this disease!

ANNOUNCEMENT

BIRTHDAY



Happy 40th birthday Curtis
on September 21
Happy 47th birthday Sherylyn
on September 19

-Love,
your family

ANNOUNCEMENT

BIRTHDAY



Happy Birthday
to our wonderful daughter
Annaliese Meier

You have become a fine young woman and a person we are so proud of. We hope you enjoy this special day as much as we enjoy watching you grow. You deserve all the best that the world has to offer. Have a lovely birthday.

-Love from Mom and Dad,
Mollie, Branden, Chanele, Matthieu
and all your family

Announcements

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ANNOUNCEMENT

IN MEMORIAM



Ron Kessler
May 3, 1955 – September 13, 2015
Always on our minds,
Forever in our hearts.

-Darlene and Veronica

**Don't forget
to send your
special wishes
to your friends
and family.**

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ANNOUNCEMENT

IN MEMORIAM



Tully, Clayton Frederick
June 24, 1983 – September 19, 2000

All we know is ...We will always miss Clayton and long for him
All we know is...one minute we're together and the next we're falling apart
All we know is...our hearts hurt all the time and it has never felt whole since the day he died
All we know is...we Really Really miss him
All we know is...we want him back
All we know is...there is no greater ache in this world than your child dying
All we know is... we will love you forever we will miss you always as long as we live our son and brother you will be
-Love Mom, Garrett, Elaine,
Sierra, Wyatt, Elliott,
Grace Brooklyn and Eli

ANNOUNCEMENT

IN MEMORIAM



Jack Donetz

Hey Dad, its been two years since you left us. We miss you! The world misses you! What a unique person you were, born in Pelly, Saskatchewan during the Great Depression, joined the P.P.C.L.I. in Shilo, went on to get your Paratroopers wings, were stationed in Ft. Lewis Washington, then off to Korea and back on a troop ship. You did this all in your late teens and early twenties, wow Dad!
After your discharge from the army you met Mom and John and I came along. We were so blessed to have you for a father. You truly loved your boys and took John and I everywhere with you. You taught us to hunt and fish, to drive the car, you bought us a go-kart, we travelled Canada and the U.S. and went to Europe. You made life fun and exciting for us. We learned, we experienced, you demonstrated offer and reward, good manners, fair play, hard work, compassion, tenacity. You opened doors and made anything possible for your boys. I am so glad I really got to know you dad. We had so many good times together: 860 Garwood, the restaurant, buying the SS 454 Chevelle, Model A rides with Harvey, the car shows, races, Woodbury Resort, catching Gerrard Rainbows, getting caught in the storm force winds on Kootenay Lake with Hank, the trip to see Uncle Alex, salmon fishing off the west coast of Ucluelet and just working on the house together. We shared so much Dad!
You told me this day would come and acceptance would be my best friend.
Mom misses you more than anyone. She sings to you every day and struggles not having you by her side. She comes out to Vancouver Island with me to escape the cold winters. I am keeping my promise with you and look out and care for her.
You truly were a great father, husband, friend. You touched the hearts of everyone you met. You bumped elbows with some of the greats; Arnold Palmer, Wayne Gretzky. You were a Mason, a Shriner, hospital chairman, you helped build the community center. Your giving never stopped.
Like I told you before Dad, for a poor boy from Pelly, Saskatchewan you did great!
We all still think of you and miss you Dad. You were such a special person.
You are always in our hearts.
-Your loving family

OBITUARY

Laura and Norman Klippenstein



It is with great sadness that we announce the sudden passing of Laura and Norman Klippenstein of Oak Point, MB. Laura and Norm will be greatly missed by the many family and friends they have. They both made friends wherever they went, and were beloved members of many communities. They shared 52 amazing years together, and will continue their next journey together as well.

Laura was well known for her amazing crafting skills and sewing abilities. Many people have their pants on thanks to her. Norm could make a friend anywhere and start a conversation about anything. A skill that made them late more than a few times.

They will be greatly missed by their son Korey, daughter-in-law Stacey, and beloved granddaughter, Katrina. Sister

Florence and brother-in-law Mike Lamb, sister May Burdett with Ron Klippenstein, and brother Bert Burdett and sister in-law Shannon Greer, as well as numerous nieces, nephews, aunts, uncles and friends.

A celebration of Laura and Norm's lives was held 1 p.m., Sunday, September 11, 2016 at the Hitch'n Post, located on Hwy 6.

We ask that in lieu of flowers please make a donation to the Brant-Argyle School, Argyle, MB in their names.

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OBITUARY



Gladys Hanisch

January 29, 1932 – September 11, 2016

After a slow decline, Gladys passed away peacefully in the early afternoon of Sunday, September 11, 2016 in Goodwin Lodge at Teulon at the age of 84.

Born Gladys Elvera Hanisch on January 29, 1932 on the family homestead north of Teulon, Manitoba, (section NE3-17-1E), to parents Sigfrid (Fred) and Maggie. She remained on the farm her entire life to take care of her mother and her diabetic brother Harold. She was the youngest surviving child of a large family, who have all predeceased her; sisters Edie, Esther, Ellen, Elsie, Ethel and brother Harold. Gladys worked very hard her whole life, but also loved animals, the outdoors, fishing, camping, baking, crafts, music and time with her extended family of nieces, nephews and cousins. She saw many things, but did not gossip about them; Gladys could always be trusted. She loved the people close to her with all her heart... and we felt that love. We love you and miss you Aunty Gladys.

The family wish to thank the staff of Teulon Homecare, Tudor House in Selkirk, and Goodwin Lodge in Teulon for their kindness and support for Gladys's in her later years.

Gladys will be laid to rest in Norris Lake Cemetery near the family homestead. As per her request, there will be a graveside service on Sunday, September 18, 2016 at 2:00 p.m.

Oh Lord I pray... "Light the way for me as I make my way through the garden to be with you forever"

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OBITUARY

Gladys Lorette Karish

September 20, 1944 – September 8, 2016

Wife, mother and Baba, Gladys passed away at Gimli Hospital surrounded by her family. She leaves to mourn her husband of 52 years Alex; sons Kelly (Julie) and Rocky (Nancy) and precious grandchildren Braden, Sarah and Madison; her sister Nettie; brother John (Jackie); treasured nieces and nephews and their children. Gladys was predeceased by her mother and father Carrie and Tony Wishnowski; nephew Teddy Skrypec; brothers-in-law Carl Skrypec and Eddie Karish.

Gladys' life was one of caring for others. First by creating a wonderful home and life for her husband and children and then by caring for the elderly during her lengthy career as an LPN at Goodwin Lodge in Teulon followed by years in Home Care. Gladys was a long serving member of the Women's Institute of Inwood participating in countless events to raise funds for the community. Now if she were reading this it's about here that Gladys would say "Enough already! Let's lighten this up." So what can we tell you about our Baba and Mom? Every pot luck meal we had the hope that Gladys would bring her renowned and delicious garlic bread. Every garden she tended had a wild joy to it and other delights fitting of a flower bed sign which read "I don't remember planting that here!" Every bird found its favourite food and plenty of places to make a home. Every adult found a friend. Every child found plenty of treats, crafts and toys to make them want to come back again and again. Did we mention plenty of treats?! So though our hearts are broken to have said goodbye to this wonderful woman for whom family was everything, we will hold our memories dear and be grateful for every moment we shared.

The family would like to thank Gloria and all of the Home Care staff who helped Gladys remain at home as long as possible. Also, we thank the wonderful staff at Gimli Hospital that took care of her until the end of her illness.

As per Gladys' wishes a private family service will be held.

In lieu of flowers, please consider donating to Goodwin Lodge, Box 89, Teulon, MB ROC 3B0.

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