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THURSDAY,  
SEPTEMBER 9, 2021

VOLUME 12  
EDITION 36

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## Ride on for Amaya

TRIBUNE PHOTO BY JAIME MARGETTS

RW Ridgeway riders Rory T., Emilee M., Jordyn L. and Jacob C. are participating in the fundraiser for Amaya Dawson.

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# Saddling up for stem cell treatment in Thailand

## Local equestrians fundraise for Amaya Dawson stem cell treatments

By Tyler Searle

A band of local equestrians has ridden nearly 1,000 miles in support of Amaya Dawson, and they've pledged to ride hundreds more.

Jaime Margetts and her riders from RW Ridgeway Ranch are in the midst of a fundraising drive that has them riding horses and collecting monetary donations for every mile they travel.

Their goal is to ride 1,500 miles from July 1 until the end of September, and so far, the 16 participants have accumulated 895.2 miles.

The riders — who range from age six to adulthood — are soliciting donations from friends, family and community members and asking them to pay per mile. Each rider is free to determine what a mile is worth, but the basic idea is this: the more miles, the higher the donation, Margetts said.

Of course, the riders are gladly accepting lump-sum donations as well, she added.

The proceeds will go to the Dawson family, who are saving money to finance a trip to Thailand. Once there, Amaya will undergo a specialized stem cell treatment in the hopes of regaining some of her mobility.

The Mayo Clinic describes stem cells as "the body's master cells." They are versatile cells that doctors can use to treat diseased or damaged tissue.

Health Canada identifies stem cell research as promising but considers treatments to be experimental and not federally approved.

Physicians in other countries have used them to treat a variety of ailments, including spinal cord injuries.

"The stem cell transplant in Thailand costs about \$30,000 Canadian. If she was to get the epidural stimulation sur-

gery, that's \$100,000," said Amaya's mother, Alycia Dawson.

A stem cell transplant could help return some sensation to Amaya's lower body, while the epidural surgery could improve her movement. Even a marginal increase in muscle control could bring Amaya monumental long-term benefits.

"A realistic goal for this first transplant would be for her to regain some of her abdomen so then she can sit better and have more control of her body."

Access to her abdominal muscles would help Amaya balance and reach for things on her own, Dawson said.

"It would change her life drastically."

The Dawsons are still awaiting confirmation from Thai doctors about which procedure has the highest likelihood of success.

In the meantime, they are pooling their resources to prepare for the expense.

Amaya was paralyzed in a head-on collision last February. Since then, numerous businesses and community initiatives have fundraised in support of her recovery.

"I honestly don't know the words to properly say it. The way people are so forthcoming about wanting to help my daughter is so heartwarming," Dawson said.

The Ridgeway fundraiser will culminate on Sept. 25, when the more experienced riders embark on a 13-mile trek from RW Ridgeway to Quarry View Esso.

"That's a long ride. It will take us about three hours to get there," Margetts said.

When they arrive, the riders will enjoy a barbecue with an assortment of drinks and snacks.

Esso owner Clayton Wadge has already reserved a spot for them to corral their horses on the north side of his property, Margetts said.

Before they depart, the riders intend to decorate their horses to look like unicorns.

The unicorn has become a symbol of hope for young Amaya, who wholeheartedly believes in the mythical creatures, said Dawson.

"Since the beginning, unicorn magic is what has held Amaya together and kept her strong. Every time she gets sad, or she has a moment, she thinks of unicorns, and she overcomes her feelings by thinking about how unicorns are helping her."

In 2019, Margetts and her riders hosted a similar fundraiser in support of CancerCare Manitoba. The four riders who participated



Mother-daughter combo Carolyn and Sawyer Fox are participating in the fundraiser to support Amaya.



TRIBUNE PHOTOS BY JAMIE MARGETTS  
Matilda Margetts riding Faith.

were able to raise \$4,000.

This year, 16 riders are participating in the fundraiser. Margetts does not have an estimate of how much they will raise.

"There's two big differences this year. One is COVID and everybody's financial state. The other is when we did our ride for CancerCare, it was a registered charity," she said.

Registered charities incentivize donors by offering tax receipts, but because the money goes directly to the Dawson family, contributors will not be eligible for the tax break.

Still, Margetts hopes people will consider pitching in.

People interested in sponsoring a rider with a per-mile or lump-sum donation can contact Margetts at 204-513-1035.



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# Warren artist turns coloured glass into home business

By Sydney Lockhart

With 15 years of drawing and painting under her belt, Warren resident Nicole Dougherty has tried a new medium of glass and turned it into her small business.

"I literally just opened up my business and I'm working on my online store right now," she said. "It's been so crazy. I'm completely prepared yet I've already run out of all my stuff. I started doing stained glass about four months ago."

Dougherty said it took lots of trial and error to learn how to create her stained-glass window hangings and that she invested both time and money into creating her dream business, which she named The Glass Hut.

"During this time, I went through my separation. I'm a single mom with three kids. I was a stay-at-home mom, and I needed to find a way to make a business while staying at home with my children," said the 32-year-old.

Dougherty said she felt she had to try a new medium that was outside of her normal comfort zone and felt drawn to glass because she saw it as fragile and a challenge.

"At the time, I was pretty broken and so the glass and redoing it, that's ulti-



Nicole Dougherty has created a number of window hangings including this crab.

mately what brought me to it and this is therapy," she said.

On average Dougherty spends four to eight hours on any given piece. The more detail that is added, the more time it takes.

"You only get to cut it once, and everything is a very permanent process

Continued on page 4



TRIBUNE PHOTOS SUBMITTED

Nicole Dougherty recently started her stained-glass business, The Glass Hut, out of her home in Warren.

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# Local greenhouse donates flowers to Stonewall hospital

By Jennifer McFee

Joy bloomed at Stonewall's hospital after a local greenhouse made a bright and beautiful donation.

Lori Schellekens, owner of Whispering Oaks Greenhouse, found that she had some leftover flower baskets at the end of the season. So she decided to call Stonewall's hospital to see if she could donate them — and to find out if staff would continue to water them. The hospital gladly accepted the flourishing flowers from the greenhouse, which had experienced a fire earlier this year.

"These leftover baskets were going to get thrown out, so I thought 'Why not let somebody else enjoy them?'" said Schellekens, who is also the reeve of the RM of Woodlands.

"We dropped off 16 baskets. So for every patient that has a window, there's now a basket in front of it."

For Schellekens, it's a way of show-

ing appreciation for the local hospital and its staff, which has cared for some of her family members.

"It will be a yearly thing," she said. "As long as we have the greenhouse, there will be flowers every year at the hospital. It's our way of saying thanks."

Patrice Lee, clinical team manager at Stonewall and District Health Centre, expressed gratitude for the kind gesture. The baskets are on now hanging at the hospital from shepherd's hooks made locally by Sarah Bittner of Bittner SteelWorks.

"The patients have commented how lovely the flowers are and so nice to look at out the windows. Staff have commented how appreciative they are that this initiative is patient-centred. Hospital stays can be difficult, and it is hopeful the flowers can bring some happiness to each patient and their loved ones," she said.

"This act of kindness and generosity



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall Hospital patients are enjoying flowers donated by Lori Schellekens, owner of Whispering Oaks Greenhouse.

is much appreciated by all. Thank you to Whispering Oaks Greenhouse for donating the flowers, and we look for-

ward to working with the greenhouse to provide flowers for the patients in years to come."

## > STAIN GLASS, FROM PG. 3

in how you work with glass, and the pressure is that, and having to build really beautiful pieces," she said.

Currently, The Glass Hut is operating through Facebook while Dougherty is in the process of opening a store website. Custom pieces are also available.

"It was really intriguing to me to be able to break something down and then repurpose it into a beautiful thing," she said. "The feedback that I have had, it's blowing my mind, to be honest with you. I wasn't expecting to gain that much interest."

She added that she has seen tremendous support from her friends and family but also from her community of Warren. Residents have been buying and sharing her work online to help get the word out about the new business.

"They bring me recycled materials, and the support has been completely unexpected and a blessing to keep moving forward. The reason why I keep going forward is all that support," she said.

Dougherty said she is happy she can create art as her job because she

feels as though she would be very depressed working at a desk job knowing that her passion is in art.

"I just want to give back to my community and I just want to make them beautiful things in this terrible time," she said.

The Glass Hut also tries to be environmentally friendly by reusing

packaging materials. Dougherty hopes as her business grows that she will be able to be more environmentally conscious and have a platform to promote mental health awareness.

Dougherty has created window hangings in designs of moons, crabs, flowers and much more. She can be found on Facebook at The Glass Hut.

"IT WAS REALLY INTRIGUING TO ME TO BE ABLE TO BREAK SOMETHING DOWN AND THEN REPURPOSE IT INTO A BEAUTIFUL THING."

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# Stony Mountain Community Centre renovations on schedule

By Sydney Lockhart

After a three-year-long renovation project, the Stony Mountain Community Centre is now on its final round of renovations to update the arena and make it more enjoyable for players and spectators.

"It was a big expense for us; it was the installation of a proper HVAC system. So, it includes bringing fresh air in and is just making us compliant because this building is quite old," said Robyn Deprez, a member of the SMCC board.

After renovating the kitchen, washrooms and adding downstairs changing rooms, the HVAC system and viewing area renovations are the last steps to revitalizing the arena.

"We're now going to have spectator access from the inside viewing area to the outside viewing area, so if you're outside, you're going to be able to come in quite easily," said Deprez. "We've added a viewing area inside, which is essentially upstairs. What we did was add about roughly 100 seats, like a stadium-style."

The renovation costs were covered

through grants and funding. The board took on the renovation project because they wanted to see the arena become a better place for the community that would last for generations.

"It's much better. I mean, it's a safer place. It looks a lot nicer. I mean, we've got all these people moving to the community and we're proud of our community centre. We're proud of all the facilities in our town, but I think it's a part of what makes our community great," she said.

Despite the current renovations, the ice was still put in to open the arena this week.

"We are allowed to be open with the construction happening. So, on our ice, we have got ice rentals happening throughout September," said Deprez.

The construction is expected to be completed within the next couple of months.

"Our board is made up of wonderful volunteers who give their time, so I'm only one of a massive board that has put in a lot of work and effort into this," she said.

"There's a lot of great volunteers

**"OUR BOARD IS MADE UP OF WONDERFUL VOLUNTEERS WHO GIVE THEIR TIME."**



TRIBUNE PHOTOS BY ROBYN DEPREZ

The SMCC renovations will supply extra seating and upgrades for the viewing area, they are expected to be completed within the next few months.

in our community and they want to make it better for everybody. And I want to make it better for my kids and

their kids. This is a long-term facility, and so we need to keep it up to date."



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Last week, Premier Goertzen and Education Minister Cullen announced plans to scrap Bill 64, acknowledging the incredible opposition from Manitobans. Our Interlake communities were key in sending a clear message to MLA Eichler and the provincial government that Bill 64 must be stopped.

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## New public health orders now in effect

### Staff

A day before they were slated to come into effect, government officials provided some clarity on the newest public health orders last week Thursday.

The orders include a return of the mask mandate in indoor public spaces and require proof of vaccination against COVID-19 at certain events and locations.

"These orders will inform and guide us as we work to avoid the most serious effects of a fourth wave, and address the threat posed by the delta variant," said Dr. Brent Roussin, chief provincial public health officer. "By continuing to encourage Manitobans to get vaccinated, and supporting businesses and services as they take the steps to comply with these orders, we can work together to get through these difficult times."

Outdoor gatherings in public spaces are now limited to 500 people, down from the former limit of 1,500. Community fairs and festivals will be allowed to operate above that limit, subject to protocols approved by public health.

Museums and galleries are allowed

to open, but are now required to ask for proof of vaccination from visitors to access indoor areas.

Wedding receptions held in licensed premises will be subject to the same rules as restaurants and licensed premises, and guests will have to show proof of vaccination.

Food courts are also now required to comply with the same rules as restaurants for dine-in patrons and require proof of vaccination if they choose to open for options other than takeout.

Proof of vaccination is also required to attend indoor and outdoor ticketed sporting events; concerts, indoor theatre/dance/symphony events; restaurants (indoor and patio dining); nightclubs and all other licensed premises; casinos, bingo halls and VLT lounges; movie theatres; fitness centres, gyms and indoor sporting and recreational facilities (excluding youth recreational sport); and organized indoor group recreational classes and activities, and indoor recreational business.

Children born after Dec. 31, 2009, who are not eligible to be immunized will be able to attend events and activities with a fully-immunized adult.

Roussin notes these public health

orders will reduce the need for more stringent restrictions and lockdowns that would otherwise be necessary to combat the COVID-19 fourth wave and protect the province's hospital and critical care capacities.

"We must continue to take steps to encourage people to be fully immunized before attending higher-risk events, activities and services because we know — and the data is showing us — that when people get vaccinated, it helps slow the spread of the virus," he said. "We must continue to be vigilant and follow the basics or more drastic restrictions will be needed to keep us all safe."

Heading into the long weekend, Manitoba was reporting 440 active cases, 57,213 recoveries and 1,192 deaths due to the virus.

The provincial test positivity rate was 2.4 per cent. A total of 66 people were hospitalized with the virus, 10 in ICU.

In the Pembina Valley, Winkler's case count had jumped to 17; Morden was reporting six cases; Stanley, five; Altona, seven; and Carman, one.

## letter to the editor

Letters to the Editor:  
letters@stonewallteulontribune.ca

### A national childcare plan should value care of a child, even when done at home

Dear Editor

This federal election some men are telling women how to contribute by doing paid work. That still devalues the role at home. Women's liberation is not supposed to do that. To liberate slaves, we took them from the position of unpaid abused servant.

However, farm work itself was not the enemy and can be a noble career. Ending discrimination based on colour, nationality or sexual orientation does not require people stop being that colour, nationality or sexual orientation. They are not liberated from it but from our bias against it. When

we treat taking care of kids as lesser, we are not really liberating women. The role has dignity, whoever does it. It is important in the economy. Any plan for women to all leave home and put kids in daycare is no liberation — the care role was never the enemy. A national childcare plan should value care of a child, period, even when done at home.

- Beverley Smith

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# get informed

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TRIBUNE PHOTO BY NICOLE KAPUSTA

Most sunflowers are annuals and germinate in late spring, bloom during the summer and die back at the first frost of fall. When considering how to grow a sunflower that lasts all summer, the best plan is to plant your sunflowers every few weeks to extend bloom time. Help the Tribune record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: [weather@stonewallteulontribune.ca](mailto:weather@stonewallteulontribune.ca).

## Your voice matters – let it be heard

By Cam Dahl, general manager, Manitoba Pork Council

Political campaigners have an adage “public policy is set by those who show up.” We are in the middle of a federal election and now is the best time for individual producers to influence policy. Now is the time for you to actively participate in the political process and let your voice be heard and to ask yourself “what message do you want your next Member of Parliament to deliver to Ottawa?”

Canadians will elect 338 MPs on Sept. 20, with 14 coming from Manitoba. Every one of these MPs will influence, for good or bad, what happens on your farm, the international markets that will be open to you, and the regulations you will face as you work

to bring high-quality safe food to Canadian consumers and people around the world.

There are both urban and rural communities in Manitoba that are thriving because of the investments made by our industry. This is a story that producers need to tell directly. I am confident that when candidates and parties know and understand the value of agriculture, good public policy will follow.

What does “showing up” mean? Every constituency is likely going to have all-candidates meetings (if your riding does not have some scheduled, organize one). Go to these sessions prepared to stand up for the potential of agriculture and the future of your farm. Instead of avoiding candidates

when they come door-knocking, engage with them on agricultural issues.

Don’t assume that your candidates understand the importance of agriculture, even if you are in a rural riding. Engagement by farmers, and telling the story of agriculture, will help to drive candidates, and the parties that they represent, to openly acknowledge the significant role that our industry plays in the economy and the makeup of our communities.

These are a sample of the policy areas that are important for the future of agriculture in Manitoba. The most important thing is to push candidates to support the industry and its people. Stay informed, get involved and don’t forget to vote on Sept. 20.

## Province acknowledges day for Truth and Reconciliation on Sept. 30

Submitted by Manitoba government

The Manitoba government is recognizing the National Day for Truth and Reconciliation as a day of observance to encourage reflection and meaningful discussions about the impacts of residential schools, Indigenous Reconciliation and Northern Relations Minister Alan Lagimodiere announced Friday.

Schools will be closed and no classes

will be held on that day. Manitoba’s public servants will also observe the National Day for Truth and Reconciliation and non-essential government services and offices will be closed for the day.

“We all have a role to play in reconciliation. We can all listen, learn and support the healing needed to address the intergenerational trauma caused by the residential school sys-

tem,” said Lagimodiere. “Reflecting on our tragic history by recognizing the National Day for Truth and Reconciliation provides an opportunity for Manitobans to learn about the ongoing legacy of residential schools. This shared understanding of our history is essential to reconciliation.”

In June, the House of Commons

## worship

with us > FAITH

### One proud grandpa

This past Sunday, I had a most wonderful experience: I had the joy of watching Evan, my 18-year-old grandson, get baptized as a follower of Jesus Christ. Nothing could make me a prouder grandpa.

The baptismal service was held at Silver Bay Bible Camp, which is located just north of Ashern. Evan was there for a weekend camp, together with a group of about 15-20 other teenagers, and he chose that time to take this step.

I should explain that Evan’s church (New Life Church, Stonewall, where I was the pastor from 1970 to 2014) practises what we call “believer’s baptism.” While there are other churches who choose to baptize babies, our congregation waits until a child is old enough to make the choice for himself or herself. Also, we practise baptism by immersion to symbolize the believer’s identification with Jesus in His death, burial and resurrection.

Before he was baptized, Evan shared his testimony of how God had been working in his life. He said, “Within this last year, I have found the true joy of knowing who God is. And now I am here to prove to everyone that I am a child of God.”

As I said, this made me a very proud grandpa. And that’s because it gives me such great joy to see, not only all my children (of which we had four) following Jesus, but now, also my grandchildren too. As John one of the disciples of Jesus stated in the Bible: “I have no greater joy than to hear that my children are walking in the truth” (3 John 1:4).

Really, this is fulfilling what God has commanded us to: “For He (God) issued His laws to Jacob; He gave His instructions to Israel. He commanded our ancestors to teach them to their children, so the next generation might know them — even the children not yet born — and they in turn will teach their own children. So each generation should set its hope anew on God, not forgetting His glorious miracles and obeying His commands” (Psalms 78:5-7).

And I am so happy.  
Henry Ozirney  
New Life Teulon (Interim Pastor)

Continued on page 8



# High number of black bear incidents being reported

## Submitted by Manitoba government

Manitoba Agriculture and Resource Development is recording a higher than usual number of black bear interaction calls in a number of areas around the province and Manitobans are reminded they need to be “Wildlife Smart” in bear country.

Black bears are now very focused on finding food and will explore anything that smells like food to prepare for the winter. With natural food shortages in some areas, bears may be more likely to enter communities in search of food.

Bears are intelligent animals, and once a bear associates an area with food, it may return multiple times. This can be dangerous for people but also for the bear. When a bear is identified as a problem animal, steps have to be taken to trap and relocate it, and in some cases it can require the use of lethal force.

The best way to help black bears, and reduce risks to both people and bears, is by securing attractants. This includes securing garbage, compost, human food and pet food so it cannot be accessed by bears.

Additional Wildlife Smart tips to reduce the risk of conflicts with black bears and other wildlife include:

- never approach or feed a bear or any other wild animal;
- leash dogs when walking outside to reduce the risk of it harassing a bear, being attacked by one or leading a bear back to the dog’s owner;
- remove ripened or fallen fruit daily and do not allow it to rot on the ground; and
- remove bird feeders from April to November.

These measures also apply to other

wildlife species that can be a problem, such as coyotes, foxes, raccoons and skunks.

Bears are wild animals and must be respected. When in bear country, it’s best to assume bears are in the vicinity even if no recent conflict or encounters have been reported. Carry bear deterrent spray and know how to use it. Be aware of your surroundings, walk in groups, and make noise.

More information on how to be Wildlife Smart is available at [www.manitoba.ca/human-wildlife](http://www.manitoba.ca/human-wildlife).

# Province offering up to \$4,000 for young businesses

## By Nicole Brownlee

Young entrepreneurs have an opportunity to cut their start-up costs with the help of a provincial grant.

Business people between 18 and 29 years old can apply for the Young Entrepreneurs Grant Program to receive up to \$4,000 to help establish their business.

“We’ve really been trying hard to encourage self-employment and entrepreneurship across the region, and certainly getting a start with young entrepreneurs is really important,” said Lana Cowling-Mason, manager of Community Futures West Interlake.

Community Futures is a commu-

nity-based initiative that helps rural businesses to improve communities and their local economies. The West Interlake division of Community Futures represents 34 communities.

“Entrepreneurship is a real option in our communities, and there are programs available,” said Cowling-Mason. “We need to have some young folks getting involved and being a part of the community, and they have a lot to offer.”

Applicants must plan to work at the business full-time with a minimum commitment of 30 hours per week, and they cannot work somewhere else for more than 20 hours a week. The program also disqualifies youth who attend school on a full-time basis.

The business must be planned to run year-round in Manitoba and cannot be an expansion of an existing business.

To apply to the program, young entrepreneurs must submit an application and a completed business plan to the province by Oct. 15. If a business is selected, the program will provide up to \$4,000 based on 50 per cent of start-up costs. The business cannot already be started when applying for the grant.

“There’s not a lot of grant programs out there anymore for business development. Most of it is financing and

loans, so this is really a good opportunity for those that are considering self-employment,” said Cowling-Mason.

Coming from a business background himself, Economic Development and Jobs Minister Jon Reyes said it’s especially important to have grants like the YEGP.

“Those who want to go into entrepreneurship should take full advantage of this,” said Reyes. “Youth are part of our future and a part of the economy as well, so let’s provide them with the scratch that we can if they qualify.”

Cowling-Mason encourages people applying for the grant to reach out to Community Futures West Interlake for help with the application process, creating a business plan or having questions about other resources.

“We really like to have a chat with folks at that idea stage, and then we can help them work through the steps of exploring self-employment and entrepreneurship and see if it’s right for them,” said Cowling-Mason. “Our office is here to help.”

To find out more about the Young Entrepreneurship Grant Program, visit <https://www.gov.mb.ca/cyo/youth/businesses/youngentrepreneurs.html>. To connect with Community Futures West Interlake, visit <https://cfmanitoba.ca/west-interlake>.



## REMINDER NOTICE OF PUBLIC HEARING

### You’re Invited

#### to share your views about the proposed rate changes from Manitoba Public Insurance

The Manitoba Public Insurance Corporation (MPI) has applied to the Public Utilities Board (Board) for a 2.8% decrease to Basic Autopac vehicle insurance rates and premiums effective on April 1, 2022 through March 31, 2023. MPI also filed a Special Rebate Application on July 19, 2021 asking that a percentage of premiums earned between November 22, 2020 and December 9, 2021 be returned to customers. The rebate amount is currently estimated at \$155 million and if approved, would be equivalent to a rate reduction of approximately 15%.

MPI will ask the Board on September 17, 2021 (by way of motion) that the two applications be heard together.

For further details, please contact MPI at [inquiries@mpi.mb.ca](mailto:inquiries@mpi.mb.ca) or visit the Board’s website at [www.pubmanitoba.ca](http://www.pubmanitoba.ca).

An electronic based virtual public hearing on the proposed rate and premium decrease will be held commencing:

**Tuesday, October 12, 2021 at 9:00 a.m.**

Please view the hearing via the PUB website link:  
<http://www.pubmanitoba.ca/v1/live-stream.html>

If you are interested in learning more about these applications, you are encouraged to observe the hearing via live streaming, or provide your perspectives through the Board’s online comment tool. Public attendance at the hearing may be restricted, due to public health circumstances.

If you wish to speak at the hearing or make a written submission, please contact the Board Secretary, Dr. Darren Christle at 204-945-2638 or toll-free 1-866-854-3698, no later than **October 1, 2021**.

For more information, visit [www.pubmanitoba.ca](http://www.pubmanitoba.ca)

**Manitoba Public Utilities Board**

400-330 Portage Avenue

Winnipeg, Manitoba R3C 0C4

Phone: 204-945-2638 | Email: [publicutilities@gov.mb.ca](mailto:publicutilities@gov.mb.ca)

## > SEPT. 30, FROM PG. 7

unanimously passed legislation to make Sept. 30 a National Day for Truth and Reconciliation to commemorate the history and ongoing trauma caused by residential schools and to honour the survivors, families and communities who continue to grieve for those who were lost.

Several Indigenous-led events will be supported by the province during the month of September to pro-

vide Indigenous and non-Indigenous people an important opportunity to advance reconciliation and to listen and learn about Indigenous stories and experiences, noted Lagimodiere.

Sept. 30 will also see flags on all provincial government buildings lowered to half-mast in observance of National Day for Truth and Reconciliation.



# Multi-family housing developer seeks town support after defeated by council

By Sydney Lockhart

Project head Joel Edwards, who grew up in Stonewall, invited the Stonewall and District Chamber of Commerce to a presentation where he showed his plans for a 24-unit condo development project, which would be built at 369 Centre Ave.

Each unit would be approximately 800 square feet, with a master and spare bedroom with two full bathrooms.

Earlier this year, the same development project was brought to a vote in council and defeated with a 50-50 split due to parking concerns with the plans not meeting the bylaw requiring multi-family residences to have one and a half parking spaces per unit.

Edwards is now seeking support from the community for the next public hearing, which he expects to be in front of council within the next few months.

"I believe that we should be able to take parking in context. Look at a development that barely anyone else provides the parking that we are, and no one else is as walkable as we are," said Edwards.

After being defeated at council, Edwards said he realizes now that he should have come prepared with more numbers and examples of how he believes the parking numbers are not an issue for the units.

The project, known as Midtown Merchants Corner, would provide 33 parking spaces instead of the 36 required in the bylaw. Edwards said in the presentation to the chamber of commerce that nine out of the 12 other multi-family residences he investigated did not meet the requirements for parking and are much farther away from businesses in town.

Edwards referenced the Town of Stonewall's strategic plan released last year, which claims the town



TRIBUNE PHOTO SUBMITTED

Joel Edwards presented his 24-unit condo development project to the Stonewall and District Chamber of Commerce on Aug. 31.

is looking to bring in more housing and growth management that creates housing diversity, affordability and fits the changing demographic. The strategic plan can be found on the town website.

He said that his condo project checks a lot of the boxes that the town is looking for, creating a place for people to age in place but be able to downsize.

The projected cost of one of the units on market after construction is currently about \$250,000 to \$300,000.

According to Statistics Canada, almost 90 per cent of housing typology in the area is single-detached housing, meaning condo units would be housing diversity in Stonewall.

The presentation was met with questions from local business owners concerned about construction noise and street parking issues, but some in attendance voiced their support questioning why being short a few parking spaces is an issue, saying it should be up to the tenants to decide if they are comfortable with the parking situation.

In an interview following the presentation, Edwards said, "I'm confident that we have something that is going to contribute and is going to be very complementary to what we have in the neighborhood right now, which is phenomenal."

He added that even the architect he worked with on the design used to live in Stonewall. Edwards, who has owned the property since 1986, said he thinks this is the right time to build on it and that he has spent many hours working with his team to create a plan that is best for Stonewall.

When the next public hearing takes place, members of the community can attend and voice their opinion on the plan.

"People can appear as a delegation to show their support, or they could write a letter to council, showing support or simply want to pick up their phone and phone one of our council members or our mayor," he said. "Give them a call and just let them know what you think because, at the end of the day, council is in place to make a decision that they feel is in the best interest of their constituents of the residents of Stonewall and they just need to know what the residents think."

The public hearing date is yet to be determined.

## Medical grads will be practising family physicians in the Interlake-Eastern RHA

Submitted by IERHA

Nine family physicians have started or will soon be starting practice in communities across the Interlake-Eastern Regional Health Authority (RHA), Advanced Education, Skills and Immigration Minister Wayne Ewasko and Health and Seniors Care Minister Audrey Gordon announced recently.

"Four of the new physicians are graduates of the one-year Medical Licensure Program for International Medical Graduates offered through the University of Manitoba, which is designed to integrate physicians who have practised internationally into the Canadian medical system by allowing them to gain a better understanding of the Canadian and local health-care system," said Ewasko. "This program has allowed physicians who have practised internationally to better understand the needs of rural patients and the variety of health-care services people require."

The four international medical graduate physicians will be working in rural and underserved areas of Manitoba and have made a four-

year commitment to the region. The minister also noted the nine family physicians include two doctors who completed their two-year residency program in the Interlake-Eastern RHA, as well as three who were trained in rural and Northern Manitoba through the Dauphin, Brandon and Northern-Remote residency programs. In addition, four family medicine residents are completing their residency training in Interlake-Eastern RHA right now — two in their first year of the program and two in their final year.

"Like most rural regions in Canada, attracting and retaining family physicians has been a challenge for the Interlake and North Eastman communities," said Gordon. "By training family physicians in rural communities, we are exposing them to both the benefits and specific challenges of providing health care to smaller communities while also ensuring quality care for rural Manitobans."

Recruitment efforts by the region and private clinics are seeing new physicians begin practice in Beausejour, Eriksdale, Lac du Bonnet, Teulon

and Selkirk, with internationally experienced medical graduates working in Ashern and Pine Falls.

"Family medicine physicians work as part of a team to provide access to primary health care and robust emergency department coverage in rural communities," said Dr. David Matear, chief executive officer of Interlake-Eastern RHA. "I'd like to recognize the hard work of our region's physician recruitment and retention team and our local physicians who develop relationships with physicians in training, create a welcoming environment and showcase various practice opportunities in the area. This really speaks to the success of rural-based training in recruiting new practitioners. I also thank regional residents for their warm welcome to new practitioners. Our combined efforts align well with our mutually agreed upon strategic goal of developing health human resources in the region."

Residency is the last stage in training for doctors following graduation from medical school. The family medicine residency program at the University of Manitoba's Max Rady Col-

lege of Medicine includes training in a number of practice areas including primary care, psychiatry, obstetrics, general surgery, internal medicine, emergency department care, pediatrics and seniors care.

"Thank you to the local doctors and staff for your support when I was a student. I learned a lot about family medicine and working rurally from you," said Dr. Alexandra Wood, who participated in a work placement program in Beausejour. "I wanted to do my residency rurally because of the wide variety of exposure to different types of medicine. I loved that I can care for my patients from birth all the way through to their elderly stages of life."

The ministers noted ongoing physician recruitment and retention efforts will be a key priority of clinical service planning to be undertaken by Shared Health Services Manitoba. This work will support consistent and reliable health-care services, effective health human resource planning, capital equipment investments, construction planning and other initiatives that should be co-ordinated provincially.



# The Interlake Outdoors Show inaugural event to take place in September

By Sydney Lockhart

A weekend of fun activities and outdoor education is taking place in Arborg this September after the Arborg Bifrost Parks and Recreation Commission planned a community event they hope to hold annually.

"Over the past 18 months, we've been trying to find new ways to bring programming in a safe way to our community and provide different types of programming that families can take part in outside and try to provide them with different ways to interact," said Bailey Sigvaldason, vice-chair of the Arborg Bifrost Parks and Recreation Commission.

The event will take place on Sept. 18 and 19 and is \$7 for adults and free admission for anyone under 18 years old. It will be held at the Arborg Bifrost Parks and Rec Centre 10 a.m. to 6 p.m. on Saturday and 10 a.m. to 4 p.m. on Sunday.

"As a commission we're brainstorming a bunch of ideas how we can get our community back together, get them excited, get them learning about new skills and new activities that they can do," said Sigvaldason. "We reflected about what our own families have been doing and we're doing more things outside in the outdoors."

The Interlake Outdoors Show will include activities such as moose and goose calling competitions, intro classes to stand-up paddle boarding, firearm safety, inflatable bouncy houses and presentations on raptors and reptiles, as well as how to cook pickerel three ways. The full list of activities can be found at [interlakeoutdoorsshow.ca](http://interlakeoutdoorsshow.ca).



TRIBUNE PHOTO BY THOMAS MEYER

The Arborg Bifrost area will be hosting the inaugural Interlake Outdoors Show where they hope families can have fun and learn outdoor skills.

"We wanted to showcase to the community what is here and also bring people from across Manitoba into our community to show them that you don't have to go too far to find their next adventure," she said.

Food trucks and vendors will also be at the weekend long festival, as well as activities designated for

kids.

"We are going to have a dedicated kids' zone. So, there will be bouncers, face painting, as well as some activities geared towards learning about the outdoors," said Sigvaldason.

She said the committee hopes that people will come out to the event and enjoy the outdoors while also learning useful skills in time for hunting and fishing season.

"We thought it was a good time to really get people interested, get them out, and then they can take the skills that they learned at the show and apply them right away," said Sigvaldason.

The event will follow the provincial guidelines said Sigvaldason, even if that means changing some logistics last minute. She said they want to keep everyone as safe as possible to enjoy the weekend.

"We also are having a booth called the 'ask a community expert station' where community members can come and share their passion for the outdoors, so we will have a few people doing some bird carving displays," she said.

The Interlake Outdoors Show is still looking for volunteers to help during the show. Anyone interested can email [interlakeoutdoorsshow@gmail.com](mailto:interlakeoutdoorsshow@gmail.com).

"I think we just want to emphasize that this is a show for everybody and hopefully everybody can come in," she said. "Our goal is to share the passion we have for healthy, sustainable outdoor lifestyle for all Manitobans to enjoy it while supporting our community with this event."



## September Consignment Auction

### ONLINE ONLY!!!!

BIDDING STARTS SEPTEMBER 16TH AT 9AM AND CLOSSES SEPTEMBER 23RD AT 10AM. ITEMS ARE AVAILABLE TO VIEW SEPTEMBER

13TH TO 17TH FROM 9AM - 5PM. PICKUP AVAILABLE SEPTEMBER 24TH, AND 25TH FROM 9AM TO 6PM. ARRANGEMENTS CAN BE MADE OTHERWISE CLOSED SUNDAYS. THIS IS AN ONLINE BIDDING AUCTION ONLY! IF YOU REQUIRE HELP OR DO NOT HAVE INTERNET ACCESS

CALL 204-346-2440 OR 204-434-6519 SALE WILL CONSIST OF FARM EQUIPMENT, GENERAL MERCHANDISE, OVERSTOCK AND SURPLUS ITEMS.

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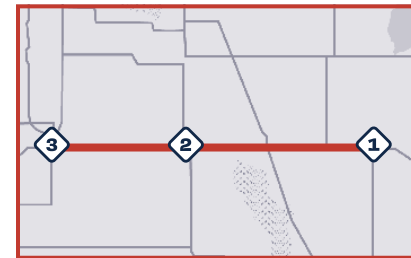


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# Manitoba | Road Trip Ideas



SCAN THE QR CODE to open this road trip map on your phone.

## ↓ Happy Rock



## 1 MAKE FRIENDS WITH HAPPY ROCK

If you're starting from the eastern end of the Yellowhead, your first stop has to be **Gladstone**. Waving at you from the side of the highway is Happy Rock, a top hat-clad smiling rock. Visit the **Gladstone District Museum** for a glimpse into the region's prairie past—including an impressive replica of the town from its early settlement made by a local resident.

Golfers can enjoy the beautifully landscaped nine-hole **Gladstone Golf & Country Club** and bird watchers can head just north of town to **Big Grass Marsh**. As an important birding area of Canada, Big Grass Marsh is a great place to see waterfowl, including mallards, snow geese and Canada geese, especially during the fall migration period.

## ↓ Agricultural Display Building



## Follow the Yellowhead Highway

This summer, Travel Manitoba is featuring an amazing collection of road trips to help you explore every corner of Manitoba. The Yellowhead Highway is an interprovincial highway connecting Manitoba with its western neighbours. Crossing into Manitoba, the Yellowhead is Highway 16 until it meets with Highway 1 at Portage la Prairie. While you won't find any wizards or wicked witches, we're certain you'll find a little magic in the three communities profiled in this trip.

### TRAVEL SAFE IN MANITOBA

Keep yourself and others safe as you explore Manitoba. Remember to:

- ➔ Wash or sanitize your hands frequently
- ➔ Wear a mask
- ➔ Practice physical distancing
- ➔ Stay home when you're sick
- ➔ Follow all local travel restrictions

Travel Manitoba cannot guarantee that the attractions and businesses featured will be open and operating as described. While we strongly recommend that all tourism businesses adhere to the public health and safety measures set by the Government of Manitoba, we cannot guarantee the compliance of any business featured in this content. Please contact businesses directly for operating hours and policies.



## ↑ HyLife Back 40 Multi-Use Trail Park

## 2 WHERE STORIES TAKE A BEAUTIFUL TURN

Just 25 minutes west of Gladstone is the lovely town of **Neepawa**. Visit the **Margaret Laurence Home**, the author's childhood house, now a museum and cultural centre. Visit the titular stone angel statue in the **Riverside Cemetery** along with the author's final resting spot. For more history, check out the **Beautiful Plains Museum**, a 1902 heritage rail station. Wander through three floors of stories, including theme rooms depicting a general store and medical hall.

The **Neepawa Golf and Country Club's** 18 holes are built on top the Whitemud River escarpment. Or, if you're looking for a little more adrenaline, bring your bike to the **HyLife Back 40 Multi-Use Trail Park** at the north

end of town. Its 5.1-km course has a range of obstacles for riders of different abilities, including a skills loop with wooden features. But you don't need to be a cyclist to enjoy this year-round park – walkers can connect to Neepawa's 10-km portion of the Great Trail.

Neepawa's **Farmery Estate Brewery** is the first brewery in Canada to grow its own hops, barley and rye. Take a tour and enjoy a flight of their latest brews. You can also pick up some beer to take home (who doesn't love souvenirs) from the Farmery Craft Beer Store on Main Street in town.

Neepawa has one hotel and two motels along with a campground located next to the town's outdoor pool.

## 3 EXPERIENCE VALLEY LIFE

Continue west along the Yellowhead for just 20 minutes to arrive in **Minnedosa**. Its name means flowing water in Dakota, which is the reason why a dam was constructed here on the Little Saskatchewan River in 1912. While the dam no longer provides power to the town, its infrastructure has left some legacies, including the popular recreation destination, **Minnedosa Lake**.

The lake boasts a great beach complete with concession, boat launch and rental options for kayaks and other paddling gear. There is a campground next to the beach. Minnedosa Lake is also the site of Manitoba's very first floating water park. **Spish Splash Water Park** features slides, trampolines and tons of floating fun.

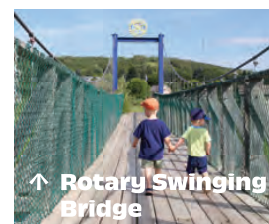
Enjoy the views of the lake and spillway with a stroll along the Flag Walk that connects the beach with

the **Minnedosa Heritage Village**. This charming museum features nine restored heritage buildings, including the impressive octagon-shaped Agricultural Display Building – one of only three left in Manitoba.

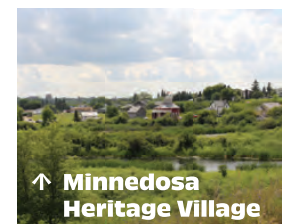
The Oxbow Nature Trail follows the river to a lookout tower and swinging bridge, and takes you past the bison compound. For more ways to enjoy Minnedosa's beautiful scenery, go for a round of disc golf at **River's Edge Recreation Park** or opt for 18 holes at the links-style **Minnedosa Golf and Country Club**, carved out the valley.

Next, explore downtown Minnedosa. Take the self-guided Stone House Tour to see ten heritage buildings that turn up the charm. These include the impressive post office and railway station and even some heritage homes that are now bed and breakfasts.

For more vacation ideas in Manitoba, to go [travelmanitoba.com/road-trips](http://travelmanitoba.com/road-trips).



## ↑ Rotary Swinging Bridge



## ↑ Minnedosa Heritage Village



# All members show returns to Gwen Fox Gallery

By Katelyn Boulanger

After cancelling a few shows at the Gwen Fox Gallery because of the COVID-19 pandemic, residents can finally enjoy some of the amazing art that is being made in our region this month.

"What is so special [about the all-members' show] is the people and all the beautiful art they come up with. You have such a variety of all these different kinds of art," said Gwen Fox Gallery's volunteer co-ordinator Brenda Hedberg.

This latest exhibit runs from Aug. 24 to Sept. 25 and has art from 46 different artists, one of the largest all-member shows that the gallery has had.

Hedberg attributes this increase in the amount of art to more people joining the gallery in the past few months and more members taking time when they've been at home to get creative.

Gina Farina is one of the new artists who joined the gallery and will be exhibiting two pieces in this year's all-members' show.

"I decided that I wanted to be in a gallery as something more local and to help out to is important, and to kind of get out there and meet new artists and see different styles and get inspired. I think that's really why I chose to kind of be a part of it," said Farina.

Farina isn't just a new gallery member but is a very young artist, being a recent graduate of Stonewall Collegiate. The pieces that she will be exhibiting this month are both realistic graphite drawings that have taken her hundreds of hours to create.

Despite Farina's young age, you can't tell by the pieces she's exhibiting — one being a photorealistic Beatles portrait and the other being a very grumpy-looking buffalo.

Her advice to new artists that want to pursue a similar style to hers is to have compassion for themselves and practise.

"I find when you try too hard sometimes, that's when your creative juices don't flow as well. I think we're just being kind to yourself and to practise and just be able to improve as long as you keep practising," said Farina.

Wioletta Los is an oil painter who is new to the gallery but not new to art having been educated in art in Poland before coming to Canada to share her talents.

After hearing about Gwen Fox from a fellow artist who had only good things to say, she was inspired to join.

"She told me to try this because it's a beautiful place with lots of different people and a nice environment and is very friendly. It's something that you belong to," said Los.

The two art pieces that she's exhibiting this month are both pallet knife paintings of very emotional and impressionist girls.

She draws her inspiration for art from the world around her and is influenced by other artists' works, which fuel her creative flow.

"I look for art everywhere, like wherever I turn, I want something beautiful to appear to my eyes and then I think about it and I'm like, 'Oh, wow, that would be nice to put something like that on canvas.' [I am inspired by] other artists too. When I see [their work] in the gallery, lots of different art inspires me [into thinking], 'Oh, maybe I can try this. I can try that and maybe this technique,'" she said.

As an art teacher, she also has some solid advice for new artists. She says to start by learning the basics and then building. Try a bunch of different mediums until you find the one that is the right fit for you. Don't be afraid of colour and keep on trying.

Barb Hoffmann is another artist whose art will be new for gallery visitors. She is a new member but only because she's recently moved back to Selkirk and rejoined after 25 years.

The work she's exhibiting is acrylic paint-



TRIBUNE PHOTO BY KATELYN BOULANGER  
Gina Farina is a new artist exhibiting at the Gwen Fox Gallery this month.

ings, which is also a new venture for her as she mostly worked in graphite before now.

"I actually was commissioned to do a painting of a commemorative piece for my friend's mom's horse. It passed away, and she wanted a painting. I did that and it turned out really well. I was really excited about it, so I went out and I bought some more canvas," Hoffmann said.

Her art is inspired by realism and she loves animals, which can be seen in the pieces she's exhibiting this month. One is of a chameleon that she saw at the Calgary Zoo and the other is a swimming sea turtle.

Her advice for new artists is to find what they enjoy.

"Have fun with it and just practise. Find something that you love, like for me it's animals and family, and just keep going at it," said Hoffmann.

She also encourages any resident to stop at the gallery this month to take a peek at this varied and inspirational exhibit.

"There are some absolutely beautiful works in here. I've only had a chance to glance around a little bit, but it's well worth it," she said.

## Gallery Update

Beyond the all-members' show, the gallery is taking the opportunity now that COVID restrictions have somewhat lifted to bring back some of its workshops. In the next few weeks, felting and watercolour workshops will be offered at the gallery and residents are welcome to stop by or call to find out more.

The art gallery's parking lot will also be one of the many Art Crawl on Manitoba Avenue, and the gallery will open its doors for additional hours this weekend so that residents can check it out at the same time.

The Gwen Fox Gallery's regular business hours are Tuesday to Saturday from 11 a.m. to 4 p.m. and its number is 204-482-4359. Visiting the gallery is always free.

He who has the Son has life. (1 John 5:12 - THE BIBLE)



Hear this one minute thought for the day

Monday to Friday

8:50 AM - CFRY 920 AM

www.compasspoint.live

10:15 AM - NCI FM



Tune in Sundays to hear God's Word

9:30 PM - CFRY 920 AM

www.anchorpointradio.com

6:00 PM - NCI FM



**Anyone attending  
Community Registration Evening  
at the Sunova Curling Rink  
Thursday, September 9, 6-8pm  
Must be fully vaccinated or have proof  
of exemption for why they cannot be.**

**Mandatory masks in effect  
Vaccination Card QR codes will be checked at the door  
We apologize for the short notice  
If you have any questions or concerns  
call Jasmin 204-771-8707**

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## COMMUNITY NEWS



# Helping hummingbird migration needs to be done correctly

By Sydney Lockhart

This time of year, hummingbirds are starting to migrate south for the winter. Feeding them can help ease their migration but doing so incorrectly could result in fatal damage.

"Hummingbird migration in the fall usually starts at the end of August until the beginning of September, and then they come back in the spring, usually the first few weeks of May," said Caroline Fillion, volunteer at the Prairie Wildlife Rehabilitation Centre.

Because of the extreme temperatures in Canada during the winter and lack of food, hummingbirds head south to Mexico or Central America because their bodies need temperatures above 10 degrees Celsius to avoid a mini hibernation or freezing.

Hummingbirds look for brightly coloured flowers to provide them food before migration. Brightly coloured feeders attract hummingbirds best as they move south.

"For hummingbirds, you can put out feeders with a sugar-water solution. It's one part sugar to four parts water, and you want to make sure you're

changing it frequently so every two to three days right now," said Fillion.

Not changing the sugar-water solution regularly can cause bacteria to grow inside the feeders, harming a hummingbird's health when ingested.

"I know a lot of the commercial mixes have food colouring in there, but it's actually believed it might be harmful for the hummingbirds," she said.

Additives in the solution should be avoided. Instead, it should be kept as pure sugar and water for the most significant benefit to the hummingbirds.

Many dyed solutions contain Red Dye #40, banned in multiple countries worldwide because it has not been through significant health studies.

"You want to make sure that there's no cloudiness or a gunk in the feeder," said Fillion. "Hummingbirds don't have enough of a food source here in the winter."

She added that another thing that contributes to a significant amount of migration deaths is window collisions.

"Collisions are a big factor during their migrations," she said. "There are

different types of products that you can put on your window. My favourite is just to take a bar of soap when it's slightly wet and then use it to make designs."

She said it is recommended that the designs have gaps no larger than five centimetres when it is hummingbird migration season because it breaks up the reflections enough for them to see it and not fly into the window.

"If you find an injured hummingbird, it's really important that they come into care so you can give us a call to our wildlife helpline, which

is 204-510-1855, and then bring the hummingbird to our drop-off," said Fillion.

She said they recommend that any bird after a window collision be put in a dark box for an hour and then see if they can fly again. If it still cannot fly, it is recommended to call the rehabilitation centre.

"We take in all wildlife, from hummingbirds up to about the size of a coyote. We don't do skunks, raccoons, or deer due to provincial regulations," she said.



TRIBUNE PHOTO SUBMITTED

Hummingbirds need the help of feeders with sugar-water solution but can be hurt by food colourings and other additives in feeders.



## Transport with Care

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# SHARPEN YOUR PENCILS! It's b

## Drivers, parents, and children all play a role in keeping school buses and school patrols safe for kids

Submitted by MPI

### School zones

School zones are designated areas near schools that alert drivers to ensure the safety of children crossing the roadway. Always drive cautiously in and near school zones. Be watchful and prepared to stop suddenly. Learn more by watching this 60 Second Driver video.

### Tips for drivers

- In Winnipeg, from the beginning of September to the end of June, speed limits are 30 kilometres per hour in designated school zones, effective Monday - Friday, from 7 a.m. - 5:30 p.m.
- Outside of Winnipeg, if the signs do not specify a time frame when the speed limit is in effect, then the reduced maximum speed is in effect at all times.
- Drivers caught speeding in a school zone could face a fine of at least \$200 and move down two levels on the Driver Safety Rating (DSR) scale.
- It is illegal to pass another moving vehicle in a school area within 15 minutes of either the opening or closing of classes or any time when children are on the school grounds or near the road.

### School bus safety

School buses are actually among the safest vehicles on the road, especially in terms of protecting their precious cargo. Children are at the greatest risk when they are getting on and off the bus. Drivers, parents and kids all play a role in school bus safety.

The safety tips below can help ensure children can get on and off the bus safely. See more information in this 60 Second Driver video.

### School bus safety tips for drivers

- Be extremely cautious around school buses and remember that young children are prone to sudden movements.
- Flashing yellow lights on the school bus indicate that the bus is getting ready to stop and load or unload. Slow down and get ready to stop.
- Flashing red lights indicate that the bus has stopped and that children are getting on or off. It is illegal to pass a school bus from either direction once it's stopped with lights activated unless there is a physical barrier (such as a median) between your vehicle and the bus. Drivers coming from both directions must im-

mediately stop at least five metres from the bus and remain stopped until the lights stop flashing, the STOP arm folds away and the bus begins to move.

### School bus safety tips for parents

- Educate your children about bus safety. Children should be mindful of traffic before crossing the road and board/exit the bus in single file.
- Ensure your children arrive at their bus stop at least five minutes before the school bus is scheduled to arrive. They should never run after the school bus if they arrive late to the bus stop.
- Children must stay at least three metres (10 feet) away from the three danger zones – the front, sides and back of the bus.
- Children should take five giant steps back from the road when the school bus is approaching.
- Children must wait until the bus has come to a complete stop before boarding or exiting. They should use the handrail to safely get on and off the bus.
- If children must cross the street near a school bus: They must never cross behind the bus. They should seek the driver's



permission, take five giant steps back from the front of the bus and driver has seen them before.

- If children drop school bags or under the school bus, they should never attempt to retrieve them without driver's permission.

### School patrols

Before and after school time, you might notice police officers in safety vests worn by

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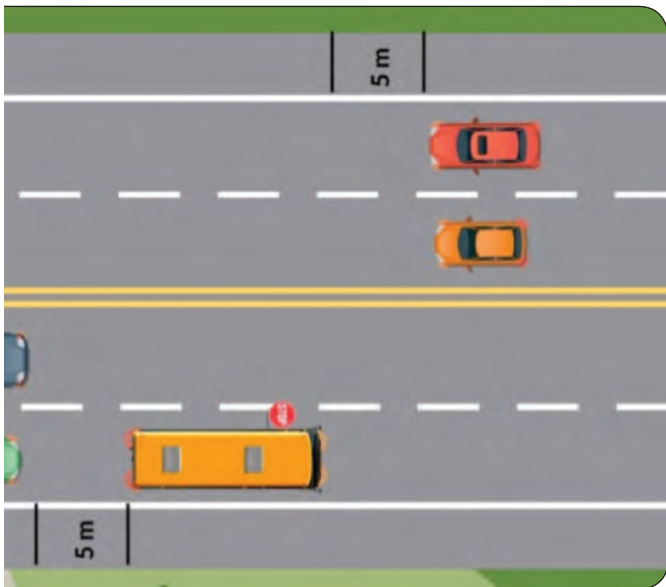
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# Back-to-school *time*

## g school zones,



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patrol members. These students are  
trained to help other students safely  
cross streets and drivers need to fol-  
low their directions. Learn more by  
watching this 60 Second Driver video.

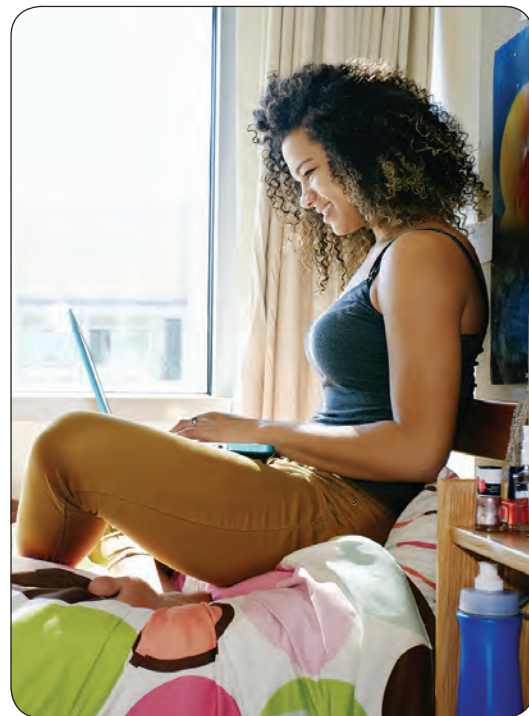
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## 10 tips for a successful first semester

If you're about to enter your first year of col-  
lege or university, it's normal to be nervous or  
feel a bit overwhelmed. Here's some advice to  
help you get the semester off to a good start.

1. Show up to your classes on time and well rested.
2. Pick up the books and materials you need right away.
3. Take notes in class, and don't hesitate to ask questions.
4. Make a plan for how to meet deadlines and avoid procrastinating.
5. Find out what material you'll be tested on, and review it regularly.
6. Create outlines for your written assignments to better organize your thoughts.
7. Begin group projects by assigning clear roles and deadlines to each team member.
8. Review your exams and assignments to see where you need to improve.
9. Visit the library or use its online databases to gather reliable information.
10. Consult your school's website to find out what services are available to students.

Finally, don't hesitate to get advice from the  
various professionals on campus. Financial



aid officers, career advisers, counsellors and  
other staff members are available to help.

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Be watchful and  
prepared to stop  
suddenly.*





# Docs talk COVID-19 and school risks

By Lorne Stelmach

A virtual town hall last week brought together a panel of doctors to discuss the risk of COVID-19 in schools and what precautions students, parents and educators can take to feel safe this fall.

The bottom line from the Aug. 31 forum was that while there is a somewhat lesser risk for children when it comes to the virus, all of the precautions that are being put in place by the province are important.

"With the right COVID-19 precautions in place, schools can be a low-risk environment for children and youth, including those under 12 who are not yet eligible to be vaccinated," said Dr. Marni Hanna, president of the Manitoba Pediatric Society.

A group of physicians with medical expertise in a variety of relevant areas took part in the session, including pediatric medical leaders and those with expertise in infectious diseases, mental health and immunology.

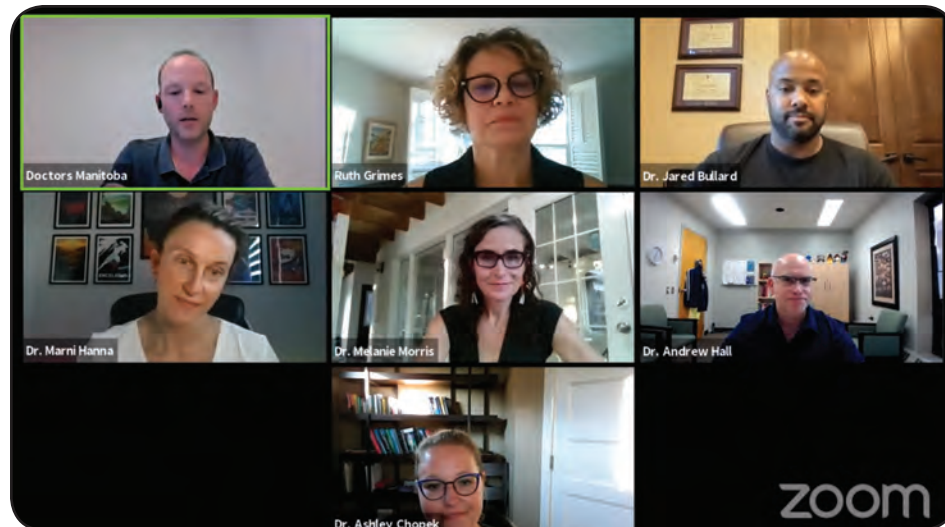
Dr. Jared Bullard, a pediatric infection disease specialist, addressed the overall level of risk for youth and children.

"We've had about 15,000 kids get infected with COVID in the province over the three waves we've had so far. Of those, about one in 200 end up in hospital. ... ICU is about one in 2,000," he noted, adding three children have died due to COVID.

It's a myth that children can't get COVID, though Bullard noted it most likely is contracted within their own home.

"It can definitely cause harm to children," he said. "It's a serious disease; not as serious in children as adults, and there's a variety of ways we can control the situation to protect them as best as we can."

Dr. Ruth Grimes, president of the Canadian Paediatric Society, noted it's difficult to say yet what long-term impacts if any there may be for children who contract the virus.



SCREENSHOT

Doctors Manitoba hosted an online town hall last week to discuss the risk of COVID-19 in schools as Manitoba students head back to class.

"I think that there are some children who can develop some long COVID symptoms ... fatigue being the predominant one ... and individuals who are older, teenagers," said Grimes, who added they are still collecting data and assessing the long-term implications of the virus.

Bullard touched on the delta variant, which is of greater concern given it is more infectious.

"It's 50 per cent more infectious than the alpha variant; the alpha variant was 50 per cent more infectious than the original strains," he explained.

"When you have a more infectious virus, it's going to spread in the community faster."

A case of SARS, for example, might infect two or three other people, while the alpha variant of COVID could infect three to five and the delta variant might infect six to eight others.

Bullard also addressed the impact of vaccination.

"There are many benefits to the vaccine, and we certainly have some more data coming out," he said. "We've seen

Continued on page 20



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# Goertzen sworn in as Manitoba's interim premier

By Ashleigh Viveiros

Kelvin Goertzen is Manitoba's interim premier for the next couple months.

The Manitoba Progressive Conservative Caucus selected the Steinbach MLA to temporarily fill the role left vacant by the departing Brian Pallister last week.

"There was healthy dialogue and discussion ... on the future of our caucus and a desired path forward for an interim leader," said caucus chair Greg Nesbitt in a statement. "It was unanimously decided that Kelvin Goertzen is the best person to lead us through this interim period until a new leader is selected in the fall."

The Tories are expected to select their new permanent leader at the end of October.

Goertzen has been the MLA for Steinbach since 2003, serving as the minister of health, seniors and active living and the minister of education at various points in his career. In January he was appointed minister of legislative and public affairs and deputy premier of Manitoba.

Shortly after his swearing in as Manitoba's 23rd premier, Goertzen announced several pieces of legislation delayed by the NDP opposition would be scrapped for now.

Chief among them is the contentious Bill 64, which sought to reform the

provincial public education system. These reforms have been met with a great deal of criticism and protests in recent months.

Goertzen said he wanted to leave important decisions like these to his successor.

"A new leader has to be able to set their own agenda," he said. "This really is about setting that clean slate for a new leader; that's why it's important to remove these five bills."

The Manitoba Legislature is expected to sit briefly this fall to withdraw these bills and deal with a few necessary budget matters.

In another one of his first acts as interim premier, Goertzen appointed

Families Minister Rochelle Squires to serve as deputy premier.

He also did some cabinet role shuffling, including:

- Squires and Infrastructure Minister Ron Schuler will join the Priorities and Planning Committee of Cabinet;

- Crown Services Minister Jeff Wharton will become the chair of the Regulatory Accountability Committee of Cabinet and Justice Minister Cameron Friesen will join the committee as vice-chair; and

- Indigenous Reconciliation and Northern Relations Minister Alan Lagimodiere will join the Gender-Based Violence Committee of Cabinet.

## Youth encouraged to sign up for the Great Manitoba March

By Nicole Brownlee

The Manitoba Métis Federation is encouraging Interlake youth to get out and walk, run and climb to reach the same number of steps a voyageur could travel in four months.

Inspired by the MMF's southwest region's idea to "walk across Manitoba," Crystal Allard created The Great Manitoba March Contest.

"We have a youth committee for every region, so they expressed that this would be awesome for youth to do in our region also," said Allard, a youth worker in the MMF's Interlake region.

Young people in the Interlake region between 15 and 29 years old can register for the contest by Sept. 10 to receive a pedometer to track their steps. Their goal is to reach 785,220 steps between Sept. 25 and Jan. 25, 2022.

Allard found that voyageurs would walk almost five kilometres per day, which equals around 6,500 daily steps.

"We know that most youth will probably have these steps done ear-

lier than [January], but we just gave them a four-month span to not have to rush through it," said Allard.

She'll check in with the participants weekly to see how many steps they're at and email the contestants a spreadsheet with everyone's progress.

"It's like a friendly competition," said Allard. "I'm hoping that kids will get more active."

She also hopes this will encourage kids to see their friends and family safely while adhering to COVID-19 restrictions.

"The pandemic impacts a lot of people's mental health because they're not able to, like, go out and see their friends," said Allard. "They can participate in this contest with their family and friends as long as they maintain social distancing."

The Great Manitoba March is the first contest of its kind the MMF's Interlake region has held.

"Usually, we do workshops, but because of COVID and everything, we're

unable to have in-person workshops, so we're trying to find other things to keep the youth involved," said Allard.

On Aug. 31, one day after registration opened for the contest, five participants had registered for the contest.

"We're looking at having at least 20

youth participants," said Allard.

Youth also have the chance to win a Fitbit Versa Watch or gift cards ranging from \$75 to \$100 for participating in the contest. To register for The Great Manitoba March Contest, contact Crystal Allard at 204-646-2706 or [intmmfyouth@mmf.mb.ca](mailto:intmmfyouth@mmf.mb.ca).



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# Kids leap, tap and sashay back to class in Teulon

By Nicole Brownlee

Teulon's Green Acres Art Centre is gearing up for its fall season of programs with new classes added to the roster.

"We're feeling really good about [the new season]. We've got some new programs that we're introducing," said Lana Knor, president of the Green Acres Art Centre. "We'll deal with whatever comes at us."

GAAC is adding tap dance and dance musical theatre classes to their upcoming season. The dance musical theatre class doesn't require students to be enrolled in dance to participate, which will be offered for the whole year.

As an incentive to join the new classes, students can receive a reduced rate if they are registered for ballet, lyrical, hip hop or jazz classes.

Imagine and Create, a free program for parents and children ages 2 to 4, has also been added to the schedule. The class will go through crafts, theatre games and other activities.

Joining the team at GAAC is Arthur Holroyd, a theatre educator.

"I'm really excited to work with some really brilliant kiddos and put



Green Acres Art Centre is welcoming students back for its fall programming, which includes classes exploring theatre, crafts and film.

together some theatre," said Holroyd.

Holroyd has worked with Manitoba Theatre for Young People, Green Kids Inc., the Autism Learning Centre, St. Amant and Frontier College. He will be teaching the theatre and film classes for GAAC, including Imagine and Create, film and Story & Theatre for Kids.



TRIBUNE PHOTOS SUBMITTED

The fall program at GAAC follows one of the "best summers" the centre has had, said Lana Knor, president of GAAC.

The film class for children between 10 and 14 years old will explore film-making. Students will work together to create commercials, mockumentaries, short films and more.

"[The film class] is very free-flowing and really allows the kids to express themselves through a film medium," said Holroyd.

The Story & Theatre for Kids class for children between five and 10 years old encourages kids to make stories of their own.

"We're going to take a story, and we're going to make a theatre piece out of it," said Holroyd. "It's a good opportunity for everyone who is interested in any aspect of theatre to come on down and check it out and see how the process happens."

Several instructors are also returning to the art centre for the fall season,

including Alycia Campbell.

After teaching dance virtually throughout the COVID-19 pandemic, Campbell is looking forward to getting back into the classroom.

"It was really a challenge to take on, to kind of grasp how I'm going to get this across to my dancers, but I was really blessed and fortunate to have a fantastic base of kids and parents who were just willing to make that commitment to learning differently," said Campbell.

Campbell has been teaching dance for 20 years and has worked with GAAC for five seasons. For fall, Campbell will teach ballet and lyrical.

To learn more about Green Acres Art Centre's fall programming, visit the Green Acres Art Centre Facebook page or website at [greenacresartcentre.ca](http://greenacresartcentre.ca).

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## Interlake-Eastern RHA Board Annual General Meeting

**Monday, October 4, 2021  
2:00 p.m. – 4:00 p.m.**

**Agenda highlights:**

- A review of the year's activities by members of the board of directors, CEO report and award announcements.

Due to the COVID-19 pandemic, the Annual General Meeting will be held virtually using ZOOM. Registration is NOT required.

**ALL ARE WELCOME TO PARTICIPATE**

Join the Annual General Meeting at 2:00p.m. on October 4 by visiting the webinar link at: <https://is.gd/nBG8yD>

**OR**

by calling: (Toll Free): 1-855-703-8985

Meeting ID: 617 3990 2678  
Passcode: 964216

Please visit [www.ierha.ca](http://www.ierha.ca) and "News" for meeting materials that will be posted the day of the Annual General Meeting. Feel free to contact us at 1-855-347-8500 or [info@ierha.ca](mailto:info@ierha.ca) if you have or wish to submit any questions in advance!



# get inspired

> MEAL IDEAS



## Overnight Apple Cinnamon French Toast Casserole

Servings: 12  
Nonstick cooking spray  
1 package (20 ounces) French bread, cubed, divided  
1 can (20 ounces) apple pie filling  
9 eggs  
1 cup half-and-half  
2 teaspoons ground cinnamon  
1 cup powdered sugar, plus additional (optional)  
2 tablespoons milk, plus additional (optional)  
Spray 8-by-8-inch glass baking dish with nonstick cooking spray.  
In baking dish, add 10 ounces cubed French bread in bottom of dish. Pour ap-

ple filling over bread. Top with remaining cubed French bread. Set aside.  
In medium bowl, whisk eggs, half-and-half and cinnamon. Pour evenly over bread.  
Cover with aluminum foil and chill overnight.  
Heat oven to 325 F.  
Remove foil and bake 50-60 minutes.  
Let cool 10-15 minutes.  
In small bowl, whisk powdered sugar and milk. Add additional, if needed, until pourable glaze is reached. Drizzle over casserole before serving.



## Breakfast Burrito

Servings: 4  
2 teaspoon canola oil  
1 small red onion, diced  
1 red bell pepper, seeded and diced  
1 can black beans, drained and rinsed  
1/4 teaspoon red pepper flakes  
salt, to taste  
pepper, to taste  
4 eggs  
4 egg whites  
1/2 cup shredded pepper jack cheese  
nonstick cooking spray  
4 flour tortillas  
1/4 cup sour cream  
1/4 cup salsa

1 large tomato, seeded and diced  
1 avocado, sliced  
hot sauce (optional)  
In large skillet, heat canola oil over medium heat. Add red onion and red bell pepper; cook 8 minutes. Add black beans and red pepper flakes; cook 3 minutes. Season with salt and pepper, to taste. Transfer to dish.  
In medium bowl, whisk eggs and egg whites. Stir in cheese until combined. Heat large skillet over low heat, add egg mixture and scramble 3 minutes, or until cooked through.  
Spread sour cream over tortilla. Spread salsa over sour cream. Spoon 1/4 bean mixture over salsa. Spoon 1/4 scrambled eggs over bean mixture. Top with diced tomatoes and avocado. Drizzle with hot sauce, if desired. Roll-up burrito. Repeat three times with remaining ingredients and serve.



## Blueberry and Pomegranate Power Bars

Yield: 12 bars  
Nonstick cooking spray  
8 cups popped popcorn  
1 1/2 cups old-fashioned rolled oats  
1 cup dried blueberries  
1/2 cup pomegranate seeds  
1/2 cup whole natural almonds, toasted and coarsely chopped  
2/3 cup honey  
2/3 cup light brown sugar  
2 tablespoons butter or margarine

6 ounces bittersweet chocolate, melted  
Line 13-by-9-inch pan with foil; spray with nonstick cooking spray.  
In large bowl, combine popcorn, oats, blueberries, pomegranate seeds and almonds.  
In small saucepan over low heat, boil honey, brown sugar and butter 2 minutes. Pour over popcorn mixture and mix thoroughly.  
Using damp hands, press mixture firmly into prepared pan. Refrigerate until firm, about 2 hours. Cut into 12 bars.  
Dip bottoms of bars into melted chocolate. Place on wax paper-lined pan; refrigerate until ready to serve. Store in tight covered container in refrigerator.

## Expert Patient Here to Help!

By Susie Schwartz

Did you know that you probably know more than you think you know? There are always clues to what is going on when it comes to our bodies and our health. So, the doctor can often help solve the puzzle, but the chances are less likely without our intuition and expertise.

Know your body and trust your instincts.

I caution people not to revere doctors in such high regard that they overrule what they feel to be true for their health. In the past, I have needed an I.V. iron infusion due to dangerously low levels. I knew low energy to be a definite sign, (Does hitting the snooze 14 times and getting up to shower only to need an immediate nap count?) but also found out that mouth ulcers and swollen feet can be signs too. Recently, I started having these symptoms again, and I asked the doctor if it would be worth checking my iron levels. (I never tell them they should, but rather frame these suggestions as questions. Trust me, this is key to a two-way relationship with your doctor.) She agreed and my iron was in fact low, but just above the qualifying number for an iron infusion. (It's a drastic measure and costs the health care system.) But I cannot supplement orally due to gastrointestinal issues and my restrictive diet makes it tricky to intake much iron. After reminding my doctor of these obstacles, and that I had an infusion before, she agreed to send my results to my specialist who had ordered the previous infusion. With the authority to order it (The NHS in England works slightly



Susie Schwartz

different than in Canada), he agreed we should do so. Guess what? I may still hit the snooze once or twice but can shower AND shop in the same day! And the other symptoms have almost disappeared.

The reason I tell you this story is this: I knew from experience and intuition that my body needed help, and in presenting my case thoughtfully and thoroughly, my doctors were willing to get me that help. We were a team. If I had overruled my knowledge and intuition, the doctor would have just followed regular protocol and not got the infusion ordered.

So I guess this tip is two-fold: See yourself as a valuable part of the team and trust your instincts if you know your body.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on FB @medicalmisstress, Instagram @susie.suscha and lesshealthstress.com



## Crunchy Popcorn Trail Mix

In small saucepan, heat butter, brown sugar and corn syrup until boiling; cook 3 minutes, stirring occasionally. Pour over popcorn mixture, stirring to coat evenly.

Microwave 3-4 minutes, stirring and scraping bowl after each minute.

Spread onto greased cookie sheet; cool. Break into pieces and store in airtight container.

Yield: 9 cups  
5 cups popped popcorn  
3 cups whole-grain oat cereal  
1/3 cup raisins  
1/3 cup peanuts or other nuts  
1/3 cup sunflower seeds  
1/4 cup (1/2 stick) butter or margarine  
6 tablespoons brown sugar  
2 tablespoons light corn syrup  
In large, microwavable bowl, stir popcorn, cereal, raisins, nuts and seeds; set aside.

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# Dreaming of a blue September: World Alzheimer Day Sept. 21

By Nicole Brownlee

Manitoba is turning blue this September to raise awareness about Alzheimer's.

"This month is basically just a time to come together and talk about a disease that impacts so many individuals and families," said Samantha Holland, Alzheimer Society of Manitoba's coordinator for the Interlake-Eastern region.

"It's really hard to come across a person who isn't impacted in some way, whether it's a family member or friend or themselves, and the numbers are only growing."

People avoid talking about Alzheimer's and dementia because of the fear and stigma associated with the illnesses, which can leave people who are struggling with their diagnoses in isolation, said Holland.

"We want to just prompt people to have those conversations and also show your support for those living with Alzheimer's or related dementia as well as their care partners so that they don't feel so alone," said Holland.

Across the world, 50 million people

are diagnosed with dementia, a general term for a decline in mental ability. In Manitoba alone, there are over 23,000, said the Alzheimer's Society of Manitoba.

"Having a globally coordinated World Alzheimer's Month sends a strong message to governments and policy makers, alerting them to the fact that dementia is a serious health issue," said the Alzheimer Society in a statement.

The Alzheimer's Society of Manitoba encourages people across the province to wear blue on Sept. 21 for World Alzheimer's Day and tag them in photos with the hashtag #goblueforalz.

"Even for the month, have some blue Christmas lights on, plant some blue flowers, make signs," said Holland. "We're asking local businesses and landmarks to shine blue spotlights."

Reaching out to someone who has or is caring for someone with dementia is another way to show support during September, added Holland.

The Alzheimer Society is also hosting a virtual research forum on Sept.



PHOTO SUBMITTED

Everyone is encouraged to wear blue on Sept. 21 to bring awareness to World Alzheimer's Day.

21 over Zoom, led by Dr. Donald Weaver from Toronto's Krembil Research Institute. The forum will discuss dementia research and explore recent news stories about dementia.

"It's a time for the public to become more educated about what's really behind those headlines," said Holland. "There's a lot of myths about how Alzheimer's and dementia im-

pacts a person."

People often associate end-of-life care with dementia or focus on potential disabilities. This doesn't help with understanding the illness or having compassion, said Holland.

For more information about available resources in the Interlake region, contact Samantha Holland at 204-269-4752.

## > SCHOOL RISKS, FROM PG. 16

people who still get infected; however, what you find is the amount of virus they have drops off quite significantly within 48 to 72 hours, so the likelihood of being infectious tails off quite quickly as opposed to someone who has no vaccination is likely to be infectious for the better part of 10 days, if not longer."

It was also acknowledged that there is some degree of greater risk for children with pre-existing conditions and who are immunocompromised, but the level of risk can vary.

Dr. Ashley Chopek, a pediatric oncology and bone marrow transplant specialist, noted in example that there are points during chemotherapy treatment where there specifically may be more risk.

"The bottom line is that if you have a severely compromised immune system, there may be an increased risk," she said. "It depends on a lot ... it de-

pends on your child's individual situation."

Responding to a question from someone whose daughter had cancer and is too young for vaccination, Chopek pointed out that the immune system within a few months from completion of treatment does return to normal.

"If the child has completed the treatment for their cancer, then they are safe and should be returning to school. ... The benefits of school in this instance outweigh the risk to the child," she suggested.

Dr. Melanie Morris, a pediatric general surgeon and Indigenous health lead at Children's Hospital, also noted that there are some minority groups who appear to be at increased risk.

"There's been a disproportionate level of complications associated with COVID within minority groups and specifically the Indigenous groups. ...

There's ongoing research in regards to why this is occurring," she said.

In addressing concerns around young children who are not eligible to be vaccinated, Hanna stressed the importance of trying to make sure that everybody around them that is able to get their vaccines gets them because that will greatly reduce the potential risk.

"I understand why parents are nervous ... but the best thing we can do is get vaccinated ourselves."

Finally, Dr. Andrew Hall, a child and adolescent psychiatrist, touched on the overall impact on not only physical but mental health, and he sees the social isolation as being a big factor for kids.

"There were three factors that were really good predictors. ... It was disruption to the daily routines, it was greater online learning challenges ... and it was also reduction of respite services ... so the social isolation comes up over and over again," he said.

"I think that we can really try to get our kids to school safely, follow the recommendations of public health," said Hall. "[Parents] shouldn't be panicking, and I don't think that they should model anxiety because I think that kids will pick it up. ... Be attuned to your own mental health.

"Focus on what you can control," stressed Hall.

**"THE BOTTOM LINE IS THAT IF YOU HAVE A SEVERELY COMPROMISED IMMUNE SYSTEM, THERE MAY BE AN INCREASED RISK."**

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Stonewall United blasts Landmark FC

Staff

The Stonewall United made the trip out to Landmark a worthwhile one.

Stonewall blasted Landmark FC 6-2 on its home turf in Manitoba Major Soccer League 4th Division action last Thursday.

Dylan Andrade had a tremendous game, scoring three goals while Christopher Dobson added a pair. Nicholas Dale had United's other goal.

Braeden Richards and Ty Venderbos replied for Landmark FC.

With the victory, Stonewall is now 3-1 and in fourth place in the 10-team division with nine points. The United is just a single point back of Richmond FC (3-1-1) and Dirty Garrys (3-1-1) with a game in hand on both teams.

The United is back in action this Sunday when they host Richmond FC in Stonewall. Game time is 4 p.m.

## U18 Lightning begin training camp this week

Staff

The Interlake Lightning U18 "AAA" male provincial team hit the ice for the start of training camp earlier this week.

Interlake will practice Tuesday, Wednesday and Thursday this week in Warren before moving to Lundar for on-ice sessions Sept. 14-16.

From Sept. 17 to 19, the Lightning will compete at a Souris exhibition weekend series.

Interlake will practise Sept. 21 and Sept. 23 in Teulon in preparation for their regular-season opener on the road against Eastman on Sept. 24. The next evening, the two teams will battle in Teulon.

## Larters' ladies win 'B' Interclub Net Division Championship

Staff

The host course team, consisting of Carol Ann Wilson (74), Rina LaClaire (74) and Marlene Marynick (77), won the "B" Interclub Net Division Championship at the Larters at St. Andrews Golf & Country Club last week with a combined +15 total.

That was one stroke better than Southwood and St. Charles Country Club.

Meanwhile, it was a single stroke victory for the Glendale Golf & Country Club as their team combined for victory, winning the Women's Interclub "A" Gross Division Championship.

Cathy Derewianchuk (80), Shannon Wales (80) and April Calderon (81) finished at +31, one stroke better than the Breezy Bend Country Club.

Southwood Golf & Country Club won the Interclub "A" Net Division Championship at +7, one stroke better than Breezy Bend. Southwood's team consisted of Ruth Schappert (70), Trish Jordan (73) and Heather Shayna (74).

Southwood also won the "B" Interclub Gross Division Championship at +96. The victorious trio featured Marge Dyck (97), Joyce Kerslake (99) and Kathy Hughes (110).

## KJHL announces vaccination policy for 2021-22 season

From the KJHL

The Keystone Junior Hockey League has announced its vaccination policy in preparation for the 2021-22 season.

"The KJHL's No. 1 priority is to ensure the health and safety of all players, staff, and officials as we prepare for the upcoming season safely and responsibly," said KJHL vice-president Harley Garrioch.

"Every person has been impacted

in various ways throughout the COVID-19 pandemic, and as we continue to navigate these trying times we want to ensure that all league participants return to play in a safe and healthy environment."

The KJHL has set forth the expectation that all medically capable individuals associated with the league will be fully vaccinated by Sept. 10. This would ensure that all individuals

will have maximum immunity/protection (full immunization) from COVID-19 in advance of training camps.

Players, staff and officials will be required to submit proof of immunization prior to arrival for training camp and/or participating in team activities.

Immunization verification may be obtained via digital immunization card, physical vaccination card, immunization record, proof of immuni-

zation or an official document issued by a Canadian province or territory containing information of a person's COVID-19 vaccination history.

If individuals/teams require more information on proof of immunization, they can visit <https://gov.mb.ca/covid19/vaccine/immunization-record.html>.

## Curling Canada to require mandatory vaccinations to attend events

From Curling Canada

All athletes, coaches, fans, volunteers, media and event staff and contractors above the age of 12 will have to be fully vaccinated against COVID-19 in order to participate in, and attend, Curling Canada-affiliated events, it was announced last week.

The policy will be implemented as soon as possible and will be extended to all events put on by Curling Canada, including in-person meetings and championships, regardless of location.

Those attending Curling Canada events must provide a proof of first

vaccination by no later than Sept. 8 and proof of full vaccination by no later than Oct. 12.

Those dates apply specifically to athletes participating in upcoming Olympic qualifying events (the Canadian Curling Trials Direct-Entry Event and Canadian Curling Pre-Trials Direct-Entry Event Sept. 22-26 in Ottawa, and the Home Hardware Pre-Trials Oct. 26-31 in Liverpool, N.S.)

Fans, staff, media and volunteers, meanwhile, must provide proof of full vaccination that took place a minimum 14 days before the start of the event they are attending.

"Above all else, we believe this is necessary to provide the safest possible environment for everyone who participates in our events, and that point can't be emphasized more strongly," said Katherine Henderson, chief executive officer of Curling Canada. "There's absolutely no question that vaccinations work and significantly reduce the risk of COVID-19 infection. We want our athletes, our fans, our volunteers and our employees to feel as safe as possible at our events, and we believe this is a necessary step toward that goal."

"Curling Canada's board of gover-

nors unequivocally supports the position that the organization is taking," added Curling Canada board chair Amy Nixon. "We ask that our staff provide environments for athletes to compete and fans to enjoy that are safe for everyone. We firmly believe that the health and safety guidance that they have asked for and received is being listened to and acted upon in the best interests of all."

Ticket-buyers who are declining to be vaccinated will have the opportunity to get refunds. Further details on how this policy will be implemented will be available at a later date.



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JARET THIESSEN

Transportation Supervisor

Interlake School Division

192-2nd Avenue North

Stonewall MB R0C 2Z0

Tel: 204-467-8730

[jthiessen@isd21.mb.ca](mailto:jthiessen@isd21.mb.ca)



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### SUDOKU

	6					3		
			9	2		8	7	
				7	8			
		1				7		5
		2		1	4			
						4		
	9	4						
	1		5		3	2	4	
	2			4		6		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	7	9	6	4	1	5	2	8
6	7	2	8	5	7	1	9	
1	9	8	7	2	9	4	6	3
8	1	7	9	8	2	9	7	6
9	6	8	7	1	7	2	8	5
9	2	7	9	6	8	1	8	4
7	9	1	8	7	8	6	5	2
7	8	9	2	9	6	8	7	1
2	8	6	1	5	7	8	9	7

Sudoku Answer

A	E	D				G	N	V	R
L	N	E	O			S	E	O	T
L	N	B	V			G	E	W	L
N	I	B	I	S		G	N	I	W
W	R	V	T	V		N	V	I	N
S	L	N	I	O	D	E	I	N	M
						E	A	V	O
						V	I	E	W
						E	L	S	O
						G	R	V	T
						S	E	I	L
						E	L	N	B
						O	E	N	V
						O	N	B	O
						T	E	V	B

Crossword Answer

## X CROSSWORD

### CLUES ACROSS

- It governs Federer and Nadal's sport
- Golden apple tree
- Central Mexican river
- Horn
- Egg-shaped
- With tooth
- French modernist painter
- Disprove
- Painful intestinal obstruction
- Baby shoes
- Make the grade
- Type of screen
- Christian fraternal organization (abbr.)
- Computer giant
- When you hope to get there
- Corporate executive title (abbr.)
- Shout of welcome or farewell
- Imaginary awards for good deeds
- A citizen of Iran
- It can be sounded
- Making dirty
- Romanian city
- Baking ingredient
- Share a common boundary with
- Succulent plants
- Penny
- Jr. U.S. Senator Paul
- "Laurie Partridge" actress Susan

### CLUES DOWN

1	2	3					4	5	6	7
8			9					10		
11							12			
13				14			15			
16							17			
18					19	20				
					21			22		
					23			24		
					25			26		
					27			28		
								29	30	31
								32	33	
								34		
								35		
								36		
								37		
								38		
								39		
								40		
								41		
								42		
								43		

- A type of bomb
- Pacific island country
- Earth is one
- A place to gather around
- Expressed opposite views
- Group that lives near Siberia
- Ore deposit
- Language related to Eskimo
- Narrative piece of music
- The distance covered by normal stride
- Glycoprotein hormone (abbr.)
- Mathematical term (abbr.)
- Popular beer
- Jabbing
- Historic Swedish castle
- Humorous expressions
- Christmas and New Year's Day each have one
- Filled up
- Nerve that serves the forearm (abbr.)
- One of British descent
- A way to get at
- Food-related allergic reaction
- Group of arteries near the pelvis
- Picked up
- Being three in one
- Obscene
- Dravidian language
- Growl



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- Ability to multi task with attention to details and deadline
- Willingness to complete extra assigned duties as requested

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**Qualified applicants can email resumes to [elaine@charisons.ca](mailto:elaine@charisons.ca)**

## NOTICE OF BOARD OF REVISION



### General Assessment & Personal Property Assessment 2022 and 2021 Supplemental Property Taxes

Public Notice is hereby given that the 2022 General Assessment and Personal Property Assessment Rolls for the Town of Stonewall have been delivered to the Town Office at 293 Main Street, Stonewall, Manitoba and are open for public inspection during the regular business hours.

The Board of Revision shall sit to hear applications respecting assessment on **Thursday, October 14th, 2021 at the hour of 6:30 P.M.** in the Sunova Room at the Quarry Park Heritage Arts Centre, 166 Main Street, Stonewall, Manitoba.

Applications for revision of assessment shall be made in accordance with Sections 42 and 43 of the Assessment Act:

### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2)

### APPLICATION REQUIREMENTS

43(1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred above in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
  - delivering it or causing it to be delivered to the office of the Town of Stonewall, Box 250, 293 Main Street, Stonewall, Manitoba, R0C 2Z0, or
  - serving it upon the Secretary of the Board of Revision

The final date on which applications shall be received by the Secretary of the Board of Revision is Tuesday, September 28th, 2021.

Dated this 2nd day of September A.D., 2021 at the Town of Stonewall in the Province of Manitoba.

Diane Allan, Secretary  
Board of Revision  
Town of Stonewall  
Box 250, 293 Main Street  
Stonewall, MB  
R0C 2Z0

## Rural Municipality of Woodlands PUBLIC NOTICE



## BOARD OF REVISION

NOTICE IS HEREBY GIVEN THAT the 2022 Assessment Roll for the Rural Municipality of Woodlands has been delivered to the Municipal Office, 57 Railway Avenue, in the Village of Woodlands, Manitoba and is open for public inspection during regular business hours.

The Board of Revision shall sit to hear complaints on Tuesday, the 12th day of October, 2021 at 1:00 p.m. in the Multi Purpose Building of the Rural Municipality of Woodlands, 152 MacDonald Avenue, Warren, Manitoba.

Any person who believes that an assessment ought to be revised may make application in accordance with sections 42 and 43 of The Municipal Assessment Act.

### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

### APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
  - set out the roll number and legal description of the assessable property for which a revision is sought;
  - set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
  - be filed by
    - delivering it or causing it to be delivered to the office indicated below, or
    - serving it upon the secretary,
- at least 15 days before the scheduled sitting date of the board as indicated above.

All applicants shall be provided written notice with the time of their hearing. Applicants are responsible to confirm an appeal sent electronically has been received by the Rural Municipality of Woodlands, Telephone 204-383-5679.

Applications for revision or complaints must be received by 4:30 p.m., September 27th, 2021, mailed to the Rural Municipality of Woodlands, Box 10, Woodlands, Manitoba, R0C 3H0 or delivered to 57 Railway Avenue, Woodlands, Manitoba.

Dated this 10th day of August, 2021.

Adam Turner, CMMA  
Chief Administrative Officer



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### NOTICE OF APPLICATION



#### TOWN OF STONEWALL REVISED WATER AND WASTEWATER RATES STONEWALL WATER AND WASTEWATER UTILITY

September 1, 2021

The Town of Stonewall (Town) has applied to the Public Utilities Board (Board) for revised water and wastewater rates for Stonewall Water and Wastewater Utility (Utility) as set out in By-law No. 05-21, read the first time on May 19, 2021. Rates were last revised January 1, 2021, as approved in Board Order No. 47/18.

The current and proposed rates are as follows:

	Current Rates By-Law 03-17	Proposed Rates (Year 1) By-Law 05-21
Quarterly Service Charge	\$ 22.50	\$ 22.50
Water (per cubic meter)	\$ 0.93	\$ 0.95
Wastewater (per cubic meter)	\$ 0.81	\$ 0.83
Minimum Quarterly Charge*	\$ 46.25	\$ 46.78
Wastewater only customers**	\$ 65.54	\$ 66.60
<b>Septic Hauling</b>		
Initial Access Fee (per truck)	\$ 75.00	\$ 75.00
Annual License Fee (per truck)	\$ 25.00	\$ 25.00
Replacement of Gate Key	\$ 50.00	\$ 50.00
Reinstatement of Access Fee	\$ 25.00	\$ 25.00
Wastewater Disposal Tipping Fees (per cubic meter)***	\$ 4.00	\$ 4.10

\*Based on 13.64 cubic meters

\*\*Based on 53.13 cubic meters plus service charge

\*\*\*Will be charged based on the vehicle tank capacity at the time of licensing

Details of the Town's application are available for review at the Municipal office or the Board's office. Any questions concerning the application for revised rates, or the operation of the Utility, should be sent directly to the Town.

If you have concerns/comments regarding the Town of Stonewall's application for water and wastewater rates please go to [www.pubmanitoba.ca](http://www.pubmanitoba.ca) and provide your comment. *Please note all comments will be forwarded to the Town.*

Questions or comments should be sent on or before **October 1, 2021**

The Public Utilities Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at [www.pubmanitoba.ca](http://www.pubmanitoba.ca).

Jennifer Dubois, CPA, CMA  
Assistant Associate Secretary  
Manitoba Public Utilities Board

**Classified and Notice booking deadline is Monday  
at 4 p.m. prior to Thursday's publication.**

**Call 204-467-5836**

## FARM LAND FOR SALE BY TENDER

Sealed bids for the purchase of the following parcels of land, located in the Rockwood, Manitoba and currently owned by Shirley Kletke, will be received up to 4:00 pm on October 15, 2021 at the offices of : **Grantham Law Offices, Box 1400, 1-278 Main Street, Stonewall MB., R0C 2Z0 Attn: Karen @ (204) 467-5527**

**The NW ¼ of Section 1-16-2 EPM  
Exc Plan 64996 WLTO  
146.44 acres, all cultivated**

The parcel will be sold free and clear of all liens and charges except Caveat No. 2417168/1 and Easement No. 5073643/1

**The following will apply to all tenders:**

The vendor reserves the right to reject any or all bids and the highest bid or tender may not necessarily be the successful bid. Vendor will be responsible for total of 2021 taxes.

All tenders are to be submitted in sealed envelopes accompanied by a certified cheque or bank draft payable to "Grantham Law Offices in Trust" for 10% of the tendered amount. Cheques will be returned in respect to tenders that are not accepted.

All bidders will be advised within two working days of October 15, 2021 if their bid was successful. Successful bidders will be asked to enter into a formal Purchase Agreement with a possession date of December 1, 2021, or sooner or later by mutual consent.

Tenders will be held in confidence and not be released to the public.

If any purchaser has any questions concerning the bidding process, please contact Grantham Law Offices.

Any questions regarding details or history of these parcels can be directed to Jerry Kletke at 204-797-2615.

## Rural Municipality of Woodlands EMPLOYMENT OPPORTUNITY



### PUBLIC WORKS HEAVY EQUIPMENT OPERATOR

The Rural Municipality of Woodlands invites applications for the full-time position of Public Works Heavy Equipment Operator (HE Operator). The HE Operator's main responsibilities are the operation of a grader and/or excavator. The HE Operator reports to the Public Works Foreman.

**Contact the RM of Woodlands Office for a complete job description**

Salary as per the agreement between The International Union of Operating Engineers Local 987 and the Rural Municipality of Woodlands. Starting salary without Class 1 license \$23.52/hr. Starting salary with Class 1 license \$23.99/hr. There is a \$2.00/hr premium for all hours operating the excavator.

Upon completion of probation employees receive Health & Dental, Pension, Group Benefits, and Long-Term Disability.

Applications will start to be reviewed September 13, 2021. Additional applications will continue to be accepted until the position is filled.

R.M. of Woodlands  
Box 10  
Woodlands, MB R0C 3H0  
Fax: (204) 383-5169  
Phone: (204) 383-5679  
Email: [finance@rmwoodlands.ca](mailto:finance@rmwoodlands.ca)

We thank all candidates for their interest, however, only candidates selected for interviews will be contacted.

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### NOTICE TO CREDITORS

**IN THE MATTER OF:**  
The Estate of Dorothy Louise Nemeth, late of the Town of Stonewall, in Manitoba, deceased.  
All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 13th day of October, 2021.  
DATED at Stonewall, Manitoba, this 3rd day of September, 2021.  
**GRANTHAM LAW OFFICES**  
Solicitor for the Executor

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CALL 204-467-5836**

## Full Time Cook (Term Position)

Oak Park Lodge Inc is a 55+ housing unit located in Woodlands and is seeking a term full time Cook for the Congregate Meal Program. Duties will include grocery shopping, meal preparation, serving meals, cleanup, and some financial record keeping. Hours are Monday to Friday 9:30 am to 2:30 pm. Specific training will be provided. Criminal Record and Adult Abuse Checks are required.

**Please forward your resume to  
Oak Park Lodge Inc.  
Box 52 Woodlands MB R0C-3H0  
Attn: General Manager or email to  
[opl@mts.net](mailto:opl@mts.net) by September 15, 2021.**

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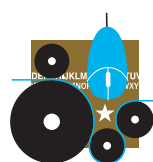
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### IN MEMORIAM



**Bradley C.J. Jackson (Allan)**  
February 9, 1997 - September 8, 2018

How can this be the 3rd Anniversary since we lost you and yet it still feels like we lost you yesterday. The pain is harsh, the tears keep flowing and the sheer emptiness in our hearts and our lives is beyond words.

On September 4, 2018 we saw you in your glory with leaving home to go trucking. We know your still with us with all of the signs you have been sending us. Dimes, a poppy, butterflies, a frog, deer and so much more. We hope that you will be able to continue sending us signs showing you are still with us.

Your smile, laughter and love is deeply missed bud. We hold deeply the memories that we have with you.

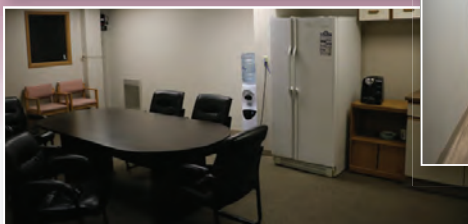
We will continue to make sure that the world never forgets the man that you had become.

- Love Mom, Shay-Lee, Corey & Grandma

*'Livin life a mile at a time'*

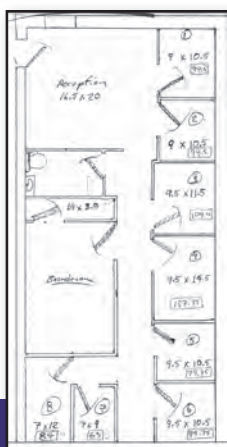
*Your memory will live forever Engraved within our hearts*

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For information please contact:

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204-485-0010

email bigandcolourful@mts.net

### Remember your Loved Ones with a message in the Tribune



### NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF ROSSER

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 4th day of **October, 2021**, at the hour of **10:00 AM**, at Rural Municipality of Rosser, 0 077E PR 221, Rosser, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
59600	S 1/2 OF NW 1/4 10-12-1 EPM EXC OUT OF ALL THE LAND ABOVE DESCRIBED, FIRSTLY: DITCH PLAN 2369 WLTO AND SECONDLY: WATER CONTROL WORKS PLAN 10057 WLTO	L -\$277,100	\$7,379.39

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
- The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Rural Municipality of Rosser as follows:
  - The full purchase price if it is \$10,000 or less; OR
  - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
  - A fee in the amount \$309.75 (\$295 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 20<sup>th</sup> day of August, 2021.

Managed by:



Larry Wandowich  
Chief Administrative Officer  
Rural Municipality of Rosser  
Phone: (204) 467-5711  
Fax: (204) 467-5958

### CARD OF THANKS

The Stonewall & District Lions Club would like to thank all those who supported, donated, sponsored, and golfed at the 5th Annual Stonewall & District Lions Club Golf Tournament. Thank you to Interlake Graphics, Dr. Decal and Inwood Golf Club. Hole sponsors: Big Block, Cara Y Ray Haydaman, Commercial Comfort, Dennis Hawkins, G&A Rentals, Headingly Auto Glass, Home Hardware Stonewall, Interlake Salvage, Kinsmen Club Stonewall, Leo's Sales & Service, Melaine Services, Slatcher Family, Standard Limestone Quarries, Stonewall & District Lions Manor, Wally and Linda Finnbogason, Waring Landscaping, Winnipeg Construction Association and Winnipeg Auto West. Thank you to all who donated prizes! A special thanks to all the golfers for your participation!

**Don't forget to send  
your special wishes  
to your friends and  
family.**

Stonewall Teulon  
**Tribune**

Call 467-5836 or  
email igrphic@mts.net



# MEMORIAL SERVICE



**Kay and Ernie Madill**  
A Come and Go Memorial Gathering for Kay and Ernie Madill of Teulon, Manitoba, will be held on Sunday, September 19, 2021. A time of fellowship and remembrance will take place at Crescent Creek Park Recreation Centre from 2 - 4 p.m. COVID restrictions will apply.

# OBITUARY

**Eileen Gail Marshall**  
1959 - 2021  
Died - August 28, 2021

It is with deep sadness the family announces the passing of Eileen. She was predeceased by her father, James Marshall (2000). Left to mourn is her beloved son Nigel; her mother Jean Marshall; brothers Robert (Angie), Dale (Mona), Ken, Dan (Kathy); sisters Aleda, Wilda (Tim), Shelly and many nieces and nephews. Eileen will be remembered by many friends and staff of Sargeant Park School, where she worked for over 20 years. A graveside service will be held September 18th at 11:00 a.m.

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# OBITUARY



**Marion Gertrude Murray**  
August 30, 1922 - September 4, 2021

It is with great sadness that we announce the passing of Marion Gertrude Murray at the age of 99.

Left to cherish her memory are her daughter-in-law, Elsie Murray; grandchildren Tracy (Kevin) Ross, Travis Murray; great-grandchildren Kira Ross (Mitch), Morgan (Blaine) Ross-Bullied; and great-great-grandchild Jacklyn Mai Bullied; and many other caring relatives and friends.

Marion was predeceased by her husband Douglas; son Graham; and three sisters, Jean Cunningham, Isabel Price and Marj Renwick.

Marion was born and raised in Warren, MB. She was instrumental in bringing children from east of Warren to Sunday School at a time when there was 121 children attending. She taught Sunday School when it was held in Mrs. Everett's veranda. During that time she met

her husband Douglas and they were married March 21, 1942. They purchased a small farm and resided in Warren until Doug's passing in 1992. Marion moved to Lions Manor in 1996, spending 25 years of her life there. She always talked about "it was the best thing she ever did". She loved playing cards and was good at it. She enjoyed playing bingo and taking in all the extra-curricular activities that were provided. She was a member of the Stonewall Legion, participating in many crib tournaments, and never missed a Remembrance Day supper honouring our Veterans held in November every year.

The family would like to thank all the homecare workers in Lions that assisted Marion over the years and to the staff at the Stonewall Hospital for their kindness in Marion's final days.

In keeping with Gramma's wishes, a private family service will take place.

Heaven has gained another beautiful soul. She lived a long and healthy life. Although we are sad, we find peace knowing she is no longer in pain. Know that you were loved and will be sadly missed.

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Peter & Verna Bodnar, Arborg.....\$1,028.00	Brenda Kayer, Teulon.....\$399.00	Todd and Lisa Mazur, Fisher Branch.....\$72.40
Zenth Poole, Arborg.....\$1,849.00	Wayne & Kathy Kristinnson, Arborg.....\$499.00	Jason and Sarah Naylor, Arborg.....\$1328.99
Kevin & Lisa Klym, Arborg.....\$179.00	Jeff Melsted, Gimli.....\$120.00	Peter and Lisa Sawatzky, Arborg.....\$249.00
Joan Hudson, Hodgson.....\$379.00	Beverly & Bryan Plett, Arborg.....\$2,148.00	Donna and Jim Skinner, Arborg.....\$50.94
Leonard & Joyce Jackson, Gimli.....\$2,427.00	Bruce Reimer, Arborg.....\$1,308.00	Allen Spence, Hodgson.....\$1199.00
Amanda Rundie, Riverton.....\$258.00	Ray Reimer, Arborg.....\$399.00	John and Mary Troyan, Arborg.....\$868.99
Kay Bergman, Arborg.....\$2,229.00	Donna Votour, Arborg.....\$69.00	Boyd Abbas, Hodgson.....\$338.99
William & Ethel Brown, Gimli.....\$5,000.00	Richard & Judith Werner, Arnes.....\$419.00	Sharon J. Bear, Peguis.....\$39.99
Mike Budniak, Melebe.....\$1,504.10	Don Barkman, Arborg.....\$279.00	Sophie Bristow, Gimli.....\$49.00
Leona Cochrane, Koostatak.....\$499.00	Noreen Barkman, Arborg.....\$679.00	Susan & Greg Brown, Lundar.....\$1,713.00
Ivan & Christine Fridlindson, Arborg.....\$737.10	Mark Bayliss, Arborg.....\$19.95	Elaine Bruce, Ashern.....\$448.00
Jocelyn & Tony Hayka, Arnes.....\$949.00	Melvin & Carol Bilinski, Fisher Branch.....\$999.00	Linda Foster, Matlock.....\$408.00
John Hudyma, Fraserwood.....\$599.00	Jim & Wanda Brandson, Lundar.....\$916.00	Dan & Nyia Klatt, Grahamdale.....\$648.00
Alex Klimchuk, Fisher Branch.....\$575.00	Paul & Linda Buus, East Selkirk.....\$338.00	Rosemarie Kawalenko, Arnes.....\$1,929.00
Kevin & Lisa Klym, Arborg.....\$1,484.00	Richard & Doris Dueck, Arborg.....\$59.00	Lenore Mahase, Winnipeg.....\$369.00
Claudia Krawchuk, Fraserwood.....\$499.00	Henry T. Friesen, Arborg.....\$172.95	Mellisa Markussan, Gimli.....\$399.00
David & Judy McDougall, Ashern.....\$499.00	Jocelyn & Tony Hayka, Arnes.....\$749.00	Stacy Markussan, Gimli.....\$2,637.00
Tammie McDougall, Arborg.....\$1,049.00	Darryl & Joannette Lazarok, Poplarfield.....\$599.00	Darwin Mitchell, Riverton.....\$1,703.95
John Miller, Broad Valley.....\$69.95	Jason Loewen, Arborg.....\$59.00	Bert & Vera Osborne, Arborg.....\$279.00
Ronald Plett, Arborg.....\$499.00	Janet Porth, Gimli.....\$1759.00	Ashley Prince, Peguis.....\$220.00
Frank Reimer, Arborg.....\$658.00	Candace Sigurdson, Riverton.....\$499.00	Glen Tamoto, Sandy Hook.....\$1,179.00
Dave & Eileen Shott, Arborg.....\$98.00	Fern & Philip Sinclair, Peguis.....\$279.00	Rick Weiss, Arborg.....\$649.00
Phil & Phil Sinclair, Peguis.....\$279.00	Debra Sinclair, Koostatak.....\$1599.00	Cornelius Weiss, Arborg.....\$59.00
Stanley Wallace, Poplarfield.....\$399.00	Isabel Jtoy, Lundar.....\$469.00	Roger and Christine Abuda, Arborg.....\$849.00
Philip Bauernhuber, Arborg.....\$1,900.00	Cynthia Webster, Gimli.....\$449.00	Will & Shelly Ashley, Arborg.....\$193.98
Simonetta DeSante, Riverton.....\$529.00	George & Maria Wiebe.....\$51.00	Darryl and Doris Bear, Peguis.....\$2,647.00
Danielle & John Weedon, Riverton.....\$1,799.00	Debbie & Adrian Zelenitsky, Gimli.....\$858.00	Dwight Dilts, Stonewall.....\$1,828.00
Bev Webb, Fisher Branch.....\$129.00	Doreen Steg, Camp Morton.....\$1,474.50	Lil Firman, Gimli.....\$2,068.00
Alan McKay, Arborg.....\$349.00	Darlene Jonsson, Gimli.....\$529.00	Ruth Kennedy, Arborg.....\$64.99
Zenth Poole, Arborg.....\$848.00	Delbert & Luwana Brandt, Riverton.....\$1,799.00	Chris and Jennifer Kristjansson, Gimli.....\$919.00
Barb & Menno Friesen, Riverton.....\$559.00	Brenda & Ed Anderson, Princess Harbor.....\$529.00	Bjarni and Elaine Marleinson, Riverton.....\$399.00
Pat Dudrak, Arborg.....\$499.00	Linda Williams, Peguis.....\$339.00	Bruce and Candace McKinnon, Eriksdale.....\$1,669.00
Mary Dunlop, Gimli.....\$109.00	Eugene Feschuk, Gimli.....\$227.00	Stephen and Liz Murdoch, Koostatak.....\$70.00
Jean Harrison, Arborg.....\$1,988.00	Ida Jean Buck, Hodgson.....\$26.75	Lorne and Susan Smith, Gimli.....\$929.00
Roxanne Roche, Arborg.....\$1,868.00	Glen & Phyllis Stevenson, Peguis.....\$877.00	Faye Stevenson, Peguis.....\$1,173.95
Ernie & Lucille Stabner, Eriksdale.....\$1,349.00	Don & Betty Johnson, Arborg.....\$1,299.00	Walter and Charlene Stevenson, Peguis.....\$154.98
Nancy Woychysyn, Arborg.....\$499.00	Patricia McCallum, Gimli.....\$569.00	Renate Van Der Molen, Eriksdale.....\$1,632.10
Donna & Ray Andert, Gimli.....\$899.00	Joyce Bielik, Riverton.....\$29.95	Delores Wallbridge, Peguis.....\$2,186.00
Will Ashley, Arborg.....\$479.00	Marvin Olson, Arborg.....\$29.95	Al and Gloria Wiebe, Poplarfield.....\$152.94
Jake Barkman, Riverton.....\$619.00	Jeroline Smith, Peguis.....\$1227.00	Irene Zazulinski, Fraserwood.....\$239.00
Mike & Thelma Blahay, Arborg.....\$557.00	Sandra Jonasson, Arborg.....\$549.00	Kurtis and Iris Stansell, Arborg.....\$841.00
Elaine Bolter / Geoff Crew, Sandy Hook.....\$999.00	Melissa & Jeff Abuda, Arborg.....\$3.39	Ian and Carla Christiansen, Gimli.....\$2,257.99
Karen Dzaid, Arborg.....\$499.00	John Paul Avison, Arborg.....\$679.00	Duane Loewen, Arborg.....\$199.59
Natalia & Roger Eyllson, Riverton.....\$1638.00	Carol & Dan Beauchemin, Inwood.....\$1,329.00	Marathon Smith, Eriksdale.....\$2,297.00
Randy & Glenda Forster, Hodgson.....\$1898.00	Jim Dingwall, Camp Morton.....\$1,038.00	Sharon McLeod, Gimli.....\$1385.97
Perry & Genni Hibbert, Arborg.....\$479.00	Eugene Feschuk, Gimli.....\$698.00	George and Mary Lywak, Koostatak.....\$629.00
Kris & Begga Johanneson, Riverton.....\$939.00	Jason Hudson, Riverton.....\$1,278.00	Lorna Friesen, Arborg.....\$599.00
Rick & Sheila Johnston, Arborg.....\$349.00	Darlene Jonsson, Gimli.....\$359.00	Teddy Ferkel, Sandy Hook.....\$699.00
Bertha Jonasson, Arnes.....\$769.00	Ruth Kennedy, Arborg.....\$549.00	Darrell and Donna Thaddeus, Koostatak.....\$138.00
Donna Jonasson, Arnes.....\$399.00	Benita Muzyka, Arborg.....\$388.00	Joyce and Glenn Peden, Gimli.....\$1,019.00
Jeannette Kist, Gimli.....\$121.87	Archie Thompson, Arborg.....\$549.00	Lilja Macaulay, Gimli.....\$829.00
Kevin & Lisa Klym, Arborg.....\$774.00	Amanda Unger, Riverton.....\$799.00	Dennis & Marlene Riehl - Arnes.....\$899.00
John & Tina Kornelson, Arborg.....\$689.00	Evelyn Wallach, Poplarfield.....\$899.00	Ruth & Steve Macduff - Gimli.....\$868.00
Kent & Helena Kostshtyn, Lundar.....\$639.80	Judy Wells, GrandePointe.....\$119.00	Christine Loff - Riverton.....\$399.00
Thomas Kowalchuk, Fraserwood.....\$499.00	Lynn Bear, Peguis.....\$239.00	Thomas Markowski - Stonewall.....\$399.00
Layne & Holly Kulbacki, Arborg.....\$599.00	Hazel Brunen, Eriksdale.....\$729.00	Cindy & Derek Grimoltsen - Riverton.....\$749.00
Edward Penner, Arborg.....\$619.00	David Chudy, Fisher Branch.....\$1,499.00	Louise Barylski - Arborg.....\$1,128.00
Keith Poleschuk, Arborg.....\$2082.00	Susie and Brian Eyllson, Riverton.....\$528.00	Arnold & Shirley Jonasson - Arborg.....\$969.00
Curtis Spence, Hodgson.....\$479.00	Nelson Hudson, Koostatak.....\$629.00	Eric & Stella Funk - Gimli.....\$889.00
Tanya & Lyle Thorlissan, Lundar.....\$329.00	Larry and Valerie Kornelsen, Arborg.....\$799.00	Donna Dolphin - Arnes.....\$515.65
Nancy Woychysyn, Arborg.....\$768.00	Jason Loewen, Arborg.....\$859.00	Maureen Blandford - Arborg.....\$79.00
Mathew & Gemma Avison, Arborg.....\$219.00	Rita Milne, Gimli.....\$1,327.43	Christina Asham - Peguis.....\$2,007.00
Raymond Bazinet, Eriksdale.....\$389.00	Minerva Ladies Aid, Gimli.....\$659.00	Julia Penny - Winnipeg.....\$549.00
Lynn Bear, Peguis.....\$1,044.00	Sheila Murdoch, Koostatak.....\$1,018.00	Rita Kirkness - Koostatak.....\$2,897.00
Ken & Linda Cherepak, Arborg.....\$49.01	Ruth Otto, Ashern.....\$1,829.00	Kassidy Brooks - Peguis.....\$668.00
Debbie Deveau, Eriksdale.....\$249.00	Gwen Adams, Matlock.....\$1499.00	Crystal & Aaron Magnusson - Riverton.....\$999.00
Dorothy Dubchak, Gimli.....\$899.00	Buddy Chudy, Fisher Branch.....\$1298.00	Barry McKay - Fisher River.....\$399.00

**A NOTE TO OUR CUSTOMERS**

Due to the nature of this sale, we felt a brief explanation is essential.

At closing, 6 p.m. Sat. Oct. 2nd we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to this daily average, without going over it, will be the day which ALL qualifying purchasers will receive their purchase amount back, taxes excluded.

In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.

Every item in stock will be included in the sale. No exceptions - clearance, damaged, discontinued, even new arrivals: furniture and appliances.

We would like to thank you for your support, especially in these challenging times. This is our opportunity to give back by awarding one whole day for free.

Larry Kornelsen  
Smitty's

**6 PC DINING SET**  
Table  
4 Chairs & Bench  
Only **\$799**

**ALL PURCHASES PAID IN FULL QUALIFY!**  
• Furniture  
• Appliances  
• Clearance Items

**Glider Rocker Recliner \$499**

**STOCK ONLY**

**Sofas STARTING AS LOW AS \$819**

**PLUS**

**DON'T PAY FOR 3 MONTHS INTEREST ON EVERYTHING O.A.C.! FURNITURE, APPLIANCES**

**SALE RULES**

- All sales must be paid in full to qualify for this sale.
- Visa, Mastercard or Smitty's Credit Cards accepted.
- Sale Starts 9 a.m. Tues., Sept. 7th and ends Sat., Oct. 2, 6p.m.
- All purchasers on free day will be notified and receive their full refund by Friday, Oct. 8, 6p.m.
- All sales tallies and free day will be verified.
- Commercial sales excluded in tallies and free day.
- All taxes excluded in tallies and refunds.
- No returns or cancellations.

**GRAND TOTAL TO DATE \$283,884.83**

**Frigidaire Chest Freezers**  
7 cu. ft.  
**\$379**

**BEDS, BEDS, BEDS,**  
**15 Models on Display From \$349-\$2549**

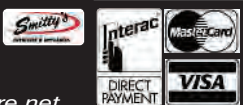
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