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Tribune Stonewall Teulon

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A whale of a tale

TRIBUNE PHOTO BY PAUL MUNROE
Gary Stutsky was having a tough time hanging on to his catfish after reeling it in with some assistance from Paul Munroe, owner of CatDaddy Fishing Guide Services on the Red River last Wednesday. See story inside.

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Coffeehouse to End Cancer set for Sept. 8 at new site

By Jennifer McFee

The always-anticipated Coffeehouse to End Cancer is back for its 12th rendition — and this time performers will take the stage in a unique new location.

Slated for Thursday, Sept. 8 from 7 to 10 p.m., the annual fundraising concert will take place at Grosse Isle Heritage Site.

Paige Procter, event founder and organizer, decided to bring the event to Grosse Isle in honour of her Grandpa Jim, who died in December.

“One of the many legacies that he left was his dedication to Coffeehouse and also his dedication to making the Grosse Isle Heritage Site what it is today,” Procter said.

“Since he can’t be here with us in person this year, I thought that we could still honour his contributions by being in one of the places that he loved most and at one of the events that he loved most.”

At the same time, the event aims to attract an audience to the historic site, which might be a new experience for some.

“The hope is that it will draw people to the site too because a lot of people don’t know all that Grosse Isle has to offer,” said Procter, who recently returned from a six-month stint working as a nurse in New Zealand.

“In recent years, they’ve really done amazing things with the site itself so it will be great for people to be able to



TRIBUNE FILE PHOTO

Coffeehouse to End Cancer event founder Paige Procter is paying tribute to Grandpa Jim Harris who passed away in December at this year's event being held in Grosse Isle on Thursday, Sept. 8.

see that.”

With something for everyone, this year’s impressive musical lineup will feature new acts as well as familiar faces, including local teacher Justin Anderson, Eve Lawrence, Teagan Sheppard, Jessica Stanley, Apple Fire, Marissa and Shalene Varnes, Maddie Boonstra, Abby Highmoor and Jimmy Campbell.

Roasts and Toasts will offer coffee, tea, iced coffee and iced tea for sale at the event. Homemade dainties will also be available for purchase, and more volunteer bakers are invited to contribute their goodies to the cause.

Everyone is asked to bring a lawn chair to enjoy the concert.

Opportunities exist for others to also get involved, since volunteers are always welcome to lend a hand. For local businesses that donate \$100 or more, they will be recognized on the event’s sponsor list.

If all goes well, the event could reach a fundraising milestone of \$250,000 raised cumulatively over the last dozen years.

“Last year, we reached \$200,000 cumulative total,” Procter said. “This year, we hope to potentially get to a quarter-million dollars.”


Admission is by cash or cheque donation at the event. Alternatively, donations can be made online through the CancerCare Manitoba Foundation event page, which can be located by visiting support.cancercarefdn.mb.ca and searching under community events for “Coffeehouse to End Cancer.”

All funds raised go to CancerCare Manitoba Foundation for programs, research, patient care, treatment and support for Manitobans and their families living with cancer.

For more information, or to become a sponsor or volunteer, contact Paige Procter at p.p.procter@gmail.com or 204-461-4504.

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All welcome at Argyle museum open house

By Jennifer McFee

It's history in the making for a local museum.

Settlers, Rails and Trails is inviting the public for the first time to see the work underway at the museum's park property, located a half-mile north of Argyle on Meridian Road.

All are welcome to attend the Museum Park Open House on Saturday, Sept. 17 from 1 to 3 p.m.

"People can expect to come see a park, as it's being developed. We are not yet finished with our plans, but have several years of projects underway," said Shayne Campbell, president and executive director.

"Three heritage buildings undergoing restoration are on site, along with a railway bed awaiting its rails and ties, and roadways connecting our heritage village. Landscape berms have been planted and vintage agricultural equipment has arrived on-site."

The event marks the first time that members of the public will have the chance to see the progress.

"Before this time, it was either unsafe with equipment working or projects under construction. We want to welcome curious community members to come see what we have been working on for the last several years," Campbell said.

"We are hoping to attract our community, which is from Argyle, Bal-



Shayne Campbell planting one of 10 Maple trees in honour of Queen Elizabeth.

moral, the Interlake, Winnipeg and beyond. We have a strong group of supporters, and we want to show them the ongoing projects as a means of a progress check."

One of the highlights will be the three heritage buildings, which are now sitting on their permanent foundations awaiting final finishing touches, including planting and landscaping. Attendees will also have the opportunity to visit with museum directors, who can provide further insight into growth and plans.

"Visitors can also see our 10 royal trees that have been planted for the



TRIBUNE PHOTOS SUBMITTED

Settlers, Rails & Trails is hosting a Museum Park Open House at their permanent location a half-mile north of Argyle on Saturday, Sept. 17 from 1 to 3 p.m.

queen's 70th Platinum Jubilee. The lieutenant-governor has been invited to do an official tree planting in May of 2023," Campbell added.

"We also have our Platinum Jubilee Exhibition on display in the Argyle Community Centre."

This display is still open the first Sat-

urday of each month from 1 to 4 p.m. and by appointment by emailing argylemuseum@gmail.com.

To learn more about Settlers, Rails and Trails, visit www.settlersrail-sandtrails.com or facebook.com/argylemuseum.

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Local senior pedalling for a good cause

By Jennifer McFee

A local senior laced up and pedalled through the scenic Interlake for a worthy cause.

Since 1998, Ronald Hickey has been fundraising for the MS Society. Last weekend, he planned to embark once again on the Gimli MS Bike fundraiser, which started and finished at the Gimli Recreation Centre. His goal was to ride, he rode 81 kilometres roundtrip between Gimli and Petersfield on Saturday, Aug. 27, followed by 49.5 kilometres on Sunday, Aug. 28 roundtrip between Gimli and Matlock.

With his 81st birthday approaching soon, Hickey recalls first becoming aware of multiple sclerosis when he was in his early 20s. At that time, nearly six decades ago, he saw firsthand the challenges of a woman in his community who lived with multiple sclerosis. Over the years, he got to know other neighbours and co-workers with MS, which is an autoimmune disease of the central nervous system.

These encounters spurred his interest in fundraising for the cause and also serving as a volunteer for 11 years.

To celebrate his 81st birthday, Hickey planned to ride 2,500 kilometres this summer on his bike while also raising \$2,500 for the MS Society. So far Hickey has raised \$2,120 for this year's ride. Over the life of his biking he has raised approximately \$30,000. After some minor setbacks, including a bout of COVID and two bike breakdowns, he's getting back in gear.

The bike that he rides has been on many long-distance adventures and logged tens of thousands of kilometres.

"If you've driven around on the highways this year, you might have seen a guy with a big white box on the back. If you did, that was me," said Hickey, who lives off Highway 7 south of the three-mile corner.

"My son and I originally bought the bikes to do a ride from Mexico back



PHOTO SUBMITTED

Ron Hickey rode over 100 kms in the Gimli MS Bike Ride this past weekend at eighty years old.

to Stonewall, and we had put the boxes on to carry our gear. When I came back and took the boxes off, I found that we had a lot less respect from the traffic on the roads. So I ended up putting the box back on and riding in the MS Rides that way," he said.

"By the time this ride is over — and I'll do a fair bit more riding throughout September — I'm expecting to be somewhere over 37,000 kilometres on the bike. I'm hoping to reach 40,075 kilometres, which is the official distance around the world at the equator. That would leave me about another 3,000 to go."

According to the MS Society's website, Canada has one of the highest rates of multiple sclerosis in the world, with an estimated 90,000 Canadians living with the disease. On average, 12 Canadians are diagnosed with MS everyday. Most people are diagnosed with MS between the ages of 20 and 49 and the unpredictable effects of the disease will last for the rest of their lives.

Hickey continues to fundraise for the cause, and donations can be made until Sept. 30 by searching for "Ronald Hickey" on the MS Bike website at <https://msspbike.donordrive.com>.



TRIBUNE PHOTO BY ANDY BLICO

Cyclists at the Gimli MS Bike fundraiser start line Saturday morning.



TRIBUNE PHOTO BY PAUL GREGORY

Left to right, Pauline Bloom (Teulon), left, Paul and Anita Gregory (Fisher Branch), middle, and Stuart Slattery (Teulon) rode 140 kilometres over the course of the two-day event while raising \$2,000 for the Multiple Sclerosis Society of Canada.

msspbike.donordrive.com.

"With every kilometre I cycle and every dollar you give," he said, "we will move that much closer to a world

free of MS."

Among the top individual fundraisers listed on the society's Gimli MS Bike webpage were Ron Bailey (\$10,898), Alex Dyck (\$6,100), Stephanie Rozzi (\$3,430) and Doug Cameron, aka Spandex Man (\$3,025).

Among the top fundraising teams were Al's Angels (\$10,872), PCL Winnipeg (\$10,287), Cyclepaths (\$4,550) and Skobikn (\$4,015).

Cyclists who couldn't attend the event were able to participate virtually. They received a finishing line medal if they rode and logged 90 kilometres.

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Fishing excursion goes swimmingly

By Jennifer McFee

A large tour group was reeling with excitement after an adventure on the water with a local fishing company.

On Wednesday, Aug. 24, Community Living Interlake put together a group of 20 people to enjoy guided fishing tours led by Paul Munroe, owner of CatDaddy Fishing Guide Services.

Janice Kowerko is the team leader of the day program based in Stonewall for Community Living Interlake, which supports individuals who live with intellectual disabilities.

She fondly recalls a similar fishing tour three years. The participants enjoyed it so much that they decided to return for another day trip.

The SAMS vans from Stonewall and the handivan from Teulon transported the group to Selkirk Park for their adventure. In a total of five boats led by five guides, the fishers enjoyed two-hour fishing tours on the water.

After that, they headed back to shore while the next group headed out on the water. For those on shore, they enjoyed games and activities under the sun.

“It was amazing. We were getting smiles and thumbs-up and waves from people on other boats,” Kowerko said.

“All five boats caught and released fish this year. The boat I was in caught the most with 21. The boat that caught the least amount of fish had eight. One of our female fishers caught the biggest fish that was 38.25 inches long. It was so much fun. I’m still smiling.”

The participants also expressed great enthusiasm for their adventure. “We had one guy that was even kissing his fish. I had one another one tell me that it was the best day of his life. Another one came and thanked me for organizing it and gave me a big hug,” Kowerko said.

“It was a very big group effort to be able to make this event happen, and it was a great day.”

Munroe agreed that it was an enjoyable experience for all involved. “The guides enjoyed it,” he said. “Everyone had a great time.”



TRIBUNE PHOTOS BY PAUL MUNROE

Jordan Hooper was beyond excited to reel in his 23 lb catfish.



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> Got news?



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Farmers and the “prove it” generation

What is a farmer’s relationship with environmental and animal welfare certification programs? Would it be right to say that it’s complicated? On one hand, farmers feel targeted by those in the activist community who reject the realities of modern agriculture. No genetically modified anything. No fertilizer. No pesticides. Small holdings with a few chickens, a couple of cows, and a pair of pigs. Farms drawn out of an idealized past of Ol’ MacDonald. Some farmers are concerned that certification programs might be helping to promote this agenda.

The reality is different. Agriculture can rightfully claim to be a leader in rapid advancement in environmental management. These improvements are made possible by the adoption of technology and innovation, not their rejection. Widespread adoption of minimum tillage is reducing greenhouse gas emissions and protecting our soils. Improved soil management is the reason Saskatchewan does not blow into Ontario anymore, like it did in the 1930s. In the hog sector, the adoption of technology, manure injection for example, is helping to ensure organic nutrients are placed where they are most accessible to crops, maximizing their value and minimizing potential environmental impacts. Research has shown that the hog sector’s environmental footprint has decreased significantly in the past 50 years. Hog farmers today produce more food with less environmental impact, a trend that is continuing because of investment of farmers’ money into research on innovative technologies and practices.

However, there is a divide between the view of agriculture held by some urban Canadians and daily farming



Cam Dahl
Manitoba Pork Council

practices. This is impacting how policymakers perceive agriculture and affecting the programs they implement. This gulf was exposed recently when the Government of Canada announced a target of a 30 percent reduction in emissions from nitrogen fertilizer. Farmers felt they were unnecessarily targeted by policymakers who have not taken the time to understand the industry. Many believe that consultations were, at best, inadequate or even non-existent. Farmers are asking why there have been few attempts to collaborate with producers to align policies with agriculture initiatives that are already underway. There is a lack of evidence that policymakers understand the effect this target will have on Canadian agricultural production or the impact on our economy.

Why does this gulf exist? Part of the reason is the practice of wedge poli-

tics that pits one set of voters against another. All parties have been guilty of this. However, the divide is not just caused by divisive politics. Farmers and their representatives should also carry some of the responsibility for the gap between urban and rural perceptions because of the way in which we communicate the impacts of modern agriculture.

Poll after poll tell us that farmers are some of the most trusted folks in Canadian society. While I believe this to be true, I am concerned that this perception is based on an image of the 1950s farm and that it may not apply to the realities of modern, high-tech agriculture. In other words, Canadians may like farmers, but because of a lack of understanding of modern practices, they may not like what farmers do every day.

How do we change the narrative? As a first step, we need to stop apologizing for everything that comes with modern agriculture. It makes me cringe to see inaccurate portrayals, like advertisements with the little red barn next to a small field with an old cabbless tractor, and three pigs and a duck playing in the foreground. How about showing a modern, multimillion dollar hog production facility? Please, we need to forget the picture of the plow and show a 75-foot air-seeder precision planting into a minimum-till field. We shouldn’t hide modern agriculture away from the public.

Second, we are talking to the “prove it” generation and need to demonstrate the accuracy of what we say. This needs to include science-based assurance programs that set standards for environmental stewardship

Continued on page 11

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TRIBUNE PHOTO BY NICOLE KAPUSTA

At five-foot-seven, with hands stretched above her head, Jo-Anne Procter stands in her garden amongst the tallest corn, sunflowers and zinnias she has ever grown. Gardens have exploded with all the rain and heat they have received this summer. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@stonewallteulontribune.ca.

Manitoba government invites applications for intellectual disability issues advisory council

Submitted by Manitoba government

Applications are now being accepted for the newly formed Intellectual Disability Issues Advisory (IDIA) Council, an initiative in support of the Manitoba government's commitment to working together with community stakeholders to develop and implement programs that will better support Manitobans with an intellectual disability, Families Minister Rochelle Squires announced Monday.

"We invite qualified applicants for consideration for service on the IDIA, a group that will play a valuable role in shaping programs and services for Manitobans with an intellectual disability and their families," said Squires. "The council will provide important insights as we continue to work toward implementing the recommendations made by the Vulnerable Persons Living with a Mental Disability Task Force."

Chaired by Heidi Wurmman, assis-

tant deputy minister, Department of Families, the council will be composed of community representatives including:

- a representative of a service delivery organization;
- a representative of a disability advocacy organization;
- a family member of a Manitoban with an intellectual disability;
- two self-advocates, at least one of which must be an adult with an intellectual disability; and
- a representative of Indigenous stakeholders.

"The establishment of the advisory council is a positive step forward and will help ensure that recommendations in the Pathways to Dignity: Rights, Safeguards, Planning and Decision Making Report are implemented as intended by the task force," said Dale Kendel, chair, Vulnerable Persons Living with a Mental Disability Task Force. "The appointment of fami-

ly members, self-advocates, and agency and community representatives is key to including informed opinions about The Vulnerable Persons Living with a Mental Disability Act that impacts over 7,500 individuals with an intellectual disability in Manitoba."

Manitobans are invited to apply until Sept. 30 at: www.gov.mb.ca/fs/idia.html.

In addition to the Intellectual Disability Issues Advisory Council, the Department of Families is also recruiting young Manitobans to join the Minister's Youth Advisory Council until the end of August. Minister Squires is looking to hear directly from children and youth about their concerns, their ideas for improving services from the department, and to ensure their voices are reflected in government decisions.

More information on the Youth Advisory Council can be found at: www.gov.mb.ca/fs/youthcouncil/.

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God Our Hope

"God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling." (Psalm 46:1-3)

Life is crazy. That's probably an understatement. There are likely a few words that you could read right now that would almost immediately cause some level of anxiety to well up in you. COVID. Recession. Gas prices. Inflation. Rural crime. Our world is unstable. Modern technologies and comforts can give us some sense of safety, but the reality still remains that we are mortal people, living in fragile societies, existing on a world that contains disease and natural disaster.

So what hope is there for us in such a hostile world? The Bible offers one answer: God. More specifically, God, through repentance and faith in Jesus Christ. He offers Himself as a refuge and strength to people. The writer of the psalm above is clear, even if the earth completely crumbles, waters rise, and mountains tumble, God remains an ever-present refuge and hope for His people.

The Bible presents us with the truth that God is sovereign. This means that it teaches that He is utterly in control of everything that happens. He is a hope for His people now because nothing comes to them that is not, as He has promised, for their good (Romans 8:28). Even more than this, God's Word promises that for those who have put their faith in Jesus as their only hope for salvation and life, God continues as a refuge beyond death itself.

Even though our rebellion against God's just rules separates us from Him, Jesus came to earth and paid the penalty of death that we should have paid for rebellion against the king of the universe. By this incredible act of love, He has offered us eternal life if we trust in Him and Him alone for it. It's a free offer, it's a perfect gift. It is the only source of true hope in the instability of our world.

New Life Church
Daniel Bredin

Adult Education open house to help with employment

By Tammy Karatchuk

Some adults struggle with under-or-unemployment two and a half years into the pandemic. Others lack the skills and training to fill the holes in specific fields. An adult education open house night in Selkirk hopes to close that gap.

On Sept. 7, from 6 to 8 p.m., six educational organizations will be at the Lord Selkirk Education Centre, including Red River College Polytechnic and Workplace Education Manitoba.

"The purpose of the adult education and training info night is to showcase the many learning opportunities adults have in our community," said Kerry Mealey-Holmes, Interlake Regional Coordinator with Workplace Manitoba. "We (educational organizations) have all come together to support one another with our main focus on supporting our students. What are their learning goals? How can our organizations support the learner in reaching these goals? This is why we are holding an info night about our various organizations so that people in Selkirk and area know of the amazing learning opportunities adults have right close to home."

There are some requirements for specific programs, and most courses are offered at no cost, such as the training from Workplace Education Manitoba (WEM). Their training has been provided throughout the Interlake region for nine years, and they have a learning centre in Selkirk.

"On our WEM training classroom side of things our training is fully funded," said Mealey-Holmes. "They (the students) need to be 18 or older who are underemployed, unemployed, E.I., looking to boost their skills for the workplace."

Workplace Education Manitoba primarily focuses on necessary skills such as "digital literacy" (computer skills), communication, collaboration, problem-solving, "adaptability, and creativity and innovation."

"These are essential skills needed in any workplace," said Mealey-Holmes. "We work both in organizations with employees as well as people who are pre-employed to help boost these skills."

Workplace Education Manitoba's instructors instill a student's sense of confidence while building essential skills.

"WEM is focused on workplace training and getting people ready for work," said Mealey-Holmes. "We have a desire to help our students on an individual level. I like to think we are teaching people not programs."

The other organizations at the open house will be Selkirk Adult Learning Program, LSEC Adult Learning Centre, the Selkirk Employment Services, and LSSD Continuing Education. The Selkirk Adult Learning Program assists students with literacy and numeracy, and other integral areas. The LSEC Adult Learning Centre helps people to "further their education" and attain their grade 12 diploma. According to Mealey-Holmes, LSEC Adult Learning Program posted its highest number of graduates this past academic year. Red River College Polytechnic and LSSD offer courses and programs through continuing education.

"Seeing our learners reach their potential brings immense joy and meaning to the work we do," said Mealey-Holmes. "We have seen people come to our classroom who have their heads low and are mum-

ADULT EDUCATION

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bling, and once they have completed some courses, they leave with their head held high and full of hope.

"One student that stands out in my mind was so thrilled to let us know they had found a great job and felt that they were really making a difference," said Mealey-Holmes.

The adult education open house is located at 303 Main Street, and no appointment is necessary.

COVID infections up, Interlake PCH outbreaks; out-of-province surgery offered

By Patricia Barrett

COVID infections in Manitoba are on the upswing, with the latest data showing another increase and long-term care homes in Stonewall, Selkirk and Gimli experiencing outbreaks.

The provincial government's weekly COVID surveillance report for the period Aug. 14-20 shows 473 new laboratory-confirmed infections, an increase of 18 from the 455 cases reported the previous week. The week before that saw 347 cases.

The data are an undercount because the government restricts access to PCR testing. Rapid antigen test results aren't tracked.

There were also 60 new hospital admissions reported for the above period, including eight people needing treatment in the intensive care unit. The previous week saw 72 hospital admissions which included 19 ICU admissions.

Twelve more people died since the last report, bringing Manitoba's death count to 2,105. The previous week's death count was 2,093 people.

The government reported six new COVID outbreaks in Manitoba hospitals and personal care homes for the above period, including at the Extencare Red River Place in Selkirk. The other outbreak locations are in the Winnipeg and the Southern health regions.

The list does not include an outbreak at the Betel PCH in Gimli but a spokesperson for the Interlake-Eastern Regional Health Authority confirmed on Friday that its medical officer of health had de-

clared an outbreak there on Aug. 23.

The Betel outbreak isn't noted under the news and updates page of the IERHA's website (last viewed Aug. 27). The page does show, however, a COVID outbreak declared Aug. 26 at Stonewall's Rosewood Lodge, an outbreak declared Aug. 19 at Pina-wa Hospital and an outbreak declared Aug. 6 at the Arborg hospital.

PCHs in the region continue to practise infection prevention and control measures, said the spokesperson. Visitors are "screened and required to wear a mask" while in the facility even when there are no COVID infections. Health-care staff are also required to wear masks.

"Initiatives designed to mitigate the risk of COVID-19 spread amongst our patient population and staff continue to remain in effect, including screening visitors for symptoms upon arrival to these sites and the use of personal protective equipment. These initiatives reflect the advice of infection prevention and control experts," said the spokesperson. "Having said that, there is community spread of COVID-19 in our province and, indeed, throughout much of the world. Personal care homes are part of the community, so outbreaks at these homes will regrettably occur from time to time."

Vaccination is important for PCH residents in order to reduce their risk of severe illness or death from COVID. A vaccination campaign has been in place since 2021 in Manitoba PCHs, said the spokes-

person. The government's Shared Health organization provides guidance on infection prevention and control and visitation in PCHs on its website.

Last week the province announced that children aged five to 11 are now eligible for a COVID booster (or third dose).

The province is also planning to launch a fall COVID immunization campaign and will re-open a regional vaccine clinic at 1680 Notre Dame Ave. in Winnipeg. Appointments will be available in mid-September. It's closing the vaccine clinic at the Winnipeg RBC Convention Centre in mid-September, according to an Aug. 24 COVID-19 Bulletin (#582).

The COVID pandemic is far from over despite many governments around the world using language such as "post-pandemic" and "transitioning from COVID" in a context that suggests it has ended, and ditching measures that help prevent the virus's spread. The pandemic catchphrase "learning to live with the virus" has failed to become a fillip for widespread preventative action and has instead become a game of chance we appear to be losing.

The World Health Organization's infectious disease epidemiologist and COVID-19 technical lead Maria Van Kerkhove said in a June 19 tweet that "We are not living with COVID-19 responsibly. Not even close. People are dying unnecessarily. Millions infected each week. Billions not fully vaccinated.

Continued on page 9

Library prepares to offer conversational English group

By Jennifer McFee

The Stonewall library is launching a new program that aims to enhance the English skills of newcomers.

Conversation Circles is a free program that will run at the library on Saturdays from 10 to 11:30 a.m., with the first session set for Sept. 17. The group is geared for anyone who wants to practise conversational English.

"We are developing this program in response to the needs of Ukrainians arriving in our area but we, of course, welcome anyone who wants to practise their English skills," said Joan Ransom, Stonewall branch librarian.

"We have assembled a team of local retired teachers who will use Access English Centre activity plans put together by the Immigrant Centre Manitoba. The activities vary by Canadian Language Benchmark levels, and the topics focus on conversation skills as well as issues to address our learners' needs."

If more teachers would like to help, they can contact Ransom at the library at joan@sirlibrary.com or 204-467-8415.

"We will be having a meeting with our teaching team to go through the material and have a bit of an orientation," she added.

There is no cost to participate in the program, but the library will be taking registration. Interested learners or host families can call the library at 204-467-8415 to register their name, email and phone number.

"We don't have a good handle yet on how many newcomers have arrived but hope to reach all interested people as we get the word out," Ransom said.

"I have heard that there may be some older children interested in practice as well, so we may split the groups into adults and tweens/teens. Again, this will all depend on the needs of the participants."

At the same time as the Conversation Circle, the library will also run a storytime session for the participants' younger children.



Conversation Circles
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Sessions start
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"I and one of my staff will do a storytime focusing on the ABCs, vocabulary words, songs, rhymes and, of course, stories," Ransom said.

"We want the participants to be able to focus on their practice, so we will keep their children busy during the Circle time."

In addition, the library will prepare some information packages that will be available both in print and online on the South Interlake Regional Library website.

"We have found some great information about helpful organizations and supports for newcomers that we want to share," Ransom said.

"We will also offer all Conversation Circle participants a library card so they can borrow material and access our online material, as well as use the library branches whenever they'd like."

One of our goals with this program is to offer some fellowship and sense of community to the participants, she said.

"We hope to have refreshments following the sessions so people can mingle and visit," she said, adding that they're still working on finding community partners to donate juice boxes, coffee and cookies.

"Possible future ideas during this fellowship time include having speakers or bringing service groups in to share what they can offer."

There is much demand for this type of service, she added. On Aug. 4, Ransom and library director Clint Curle attended a meeting in Gimli facilitated by Manitoba Association of Newcomer Serving Organizations.

"It was eye-opening. Other communities are really cohesive in their efforts to help displaced Ukrainians," Ransom said.

"We learned the need is still so great and that there are many, many people still waiting to come to Canada. There are possibly thousands more still hoping to come to Manitoba."

Curle has begun meeting with local community leaders to share some of the information learned at the event.

"The library can provide informal English practice, help connect newcomers to community volunteers, and share information and library resources," he said.

"But what we need is a team effort across the community to address all the needs, including housing, jobs, transportation, education, trauma counselling and spiritual care. If everyone just takes on one slice of the challenge, we can make a huge difference together for our new neighbours from Ukraine."

With a community-minded approach, Ransom expressed similar sentiments.

"I love the quote from Fred Rogers: 'Look for the helpers. You will always find people who are helping.' I really think our community is full of helpers," she said.

"We would need a co-ordinated effort and it would take our whole community, but we know that there are many people who want to help. We think that what is needed is a cohesive plan, good co-ordination and teams of people to make it happen."

> COVID, FROM PG. 8

Lives & livelihoods suffering. Dismantling systems needed to end the global emergency & fight the next one."

Almost 6.5 million people worldwide have died from COVID as of Aug. 24, according to the WHO.

Moderna said in a recent news release it will be supplying 12 million doses of its bivalent COVID booster vaccine to the Canadian government. Canada is scheduled to receive 1.5 million doses and has ordered an additional 4.5 million doses. Moderna and the federal government have also agreed to "convert" six million doses of the Spikevax mRNA vaccine to an omicron-containing bivalent vaccine.

Other health news:

The Monkeypox virus continues to spread, with nine of Canada's 13 provincial/territorial jurisdictions now having reported cases. Ontario leads with 582 cases, followed by Quebec with 478, British Columbia with 129, Alberta with 31, Saskatchewan with three, Yukon with two, and Manitoba, Nova Scotia and New Brunswick with one case each as of Aug. 24. Total cases stand at 1,228.

As of Aug. 16, there have been 32 people hospitalized.

Last week the Manitoba government expanded monkeypox vaccine eligibility to cisgender, transgender and two-spirit people who self-identify as belonging to the gay, bisexual and men who have sex with men community. Manitoba has administered 436 doses of the vaccine as of Aug. 21.

-The provincial government announced on Aug. 24 that it will be offering to ship up to 750 Manitoba patients out-of-province to Ontario, North Dakota and Ohio to receive knee and hip replacement surgeries.

"These three new agreements are an important interim measure to help people who have been waiting for care for too long, as we work to build long-term, sustainable improvements and increased capacity in our health-care system here at home," said health minister Audrey Gordon in a news release.

Patients will be offered treatment at Big Thunder Orthopedic Associates based in Thunder Bay, Ont., Sanford Health in North Dakota, which has previously provided spinal surgeries to Manitobans, and

at the Cleveland Clinic in Cleveland, Ohio.

According to Doctors Manitoba's surgical dashboard as of June 28, the wait time for hip and knee surgeries is 35 weeks (about 8 months).

-Moderna announced it is suing Pfizer and BioNTech for allegedly infringing patents it filed between 2010 and 2016 covering its ground-breaking mRNA technology.

The company says it believes Pfizer and BioNTech unlawfully copied its technology, without permission, to make [their own COVID vaccine]. Moderna expects compensation, the amount of which is not stated.

"We are filing these lawsuits to protect the innovative mRNA technology platform that we pioneered, invested billions of dollars in creating, and patented during the decade preceding the COVID-19 pandemic," says Moderna chief executive officer Stephane Bancel in an Aug. 26 news release. "This foundational platform, which we began building in 2010, along with our patented work on coronaviruses in 2015 and 2016, enabled us to produce a safe and highly effective COVID-19 vaccine in record time after the pandemic struck."

Public hearings Sept. 8 & 9 for proposed limestone quarry near Stonewall

By Patricia Barrett

The Manitoba Municipal Board will be holding two days of hearings next week on a proposed limestone quarry near the border of Stonewall.

Winnipeg-based Maple Leaf Construction wants to establish a 110-acre limestone quarry on agricultural land that is roughly 500 metres, or half a kilometre, from the Town of Stonewall's northern border.

Along that border are homes, businesses, the Stonewall Industrial Park, a campground, an outdoor swimming pool, several sports fields and a former quarry pit that was turned into the Stonewall Quarry Park.

The proposed mine is on land situated in the Rural Municipality of Rockwood. It is south of Road 78N, which runs west-east, and between PR 236 and Summit Road, which run north-south. In March the RM had voted against Maple Leaf Construction's proposal, and the company appealed to the Municipal Board. The first public hearing took place on July 26.

The provincial Conservative government passed legislation after it came to power in 2016, allowing its Municipal Board – whose members

are appointed by the government – to overturn rulings made by municipal governments on quarries and agricultural operations such as pig barns.

Stonewall-based residential real estate appraiser Dwayne Grantham is among those in Stonewall and Rockwood opposed to a having a mine so close to town and will be attending the hearings.

"Because of the amount of people who objected, the Municipal Board extended [the July hearing]. The hearing will continue on Sept. 8 and 9," said Grantham a few weeks ago. "The board won't give its decision on the last day of the hearing; they'll be writing their decision after that."

People have expressed worry about enduring hours of explosions so close to their homes and businesses, the potential for the blasts to cause damage to building foundations and wells, the devaluation of their properties, changes in the aquifer and the potential for adverse health complications, such as cancer which is caused by the inhalation of silica dust (see July 14 online edition of the *Stonewall Teulon Tribune*).



TRIBUNE PHOTO BY PATRICIA BARRETT

One of the rock quarries north of Stonewall, in the RM of Rockwood.

The Sept. 8 and 9 hearings are open to the public. They start at 9:30 a.m. at the Stonewall Quarry Park Interpretive Centre. The centre is located in the former pit site at 166 Main St.

Bell MTS bringing all-fibre broadband network to more rural Manitobans

Pure fibre Internet service rolling out to seven more communities

Staff

Bell MTS announced the expansion of its all fibre broadband network to more homes and businesses across rural Manitoba in Stony Mountain on Aug. 29. Part of Bell's capital expenditure acceleration program to invest in national next-generation network infrastructure, the latest expansion program will bring all-fibre connections to over 6,500 locations throughout Blumenort, Ile des Chênes, Landmark, Matlock, St. Adolphe, Stony Mountain and Winnipeg Beach starting this fall.

Fully funded by Bell, this broadband

network expansion will provide fast and high-capacity 100 per cent fibre connections with Internet download speeds of up to 1.5 Gbps and access to leading Bell services such as Gigabit Fibe Internet, Whole Home Wi-Fi and Fibe TV. By the end of this year, Bell will have invested approximately \$14 billion in capital expenditures since 2020, including planned capital expenditures of approximately \$5 billion in 2022, to accelerate the rollout of its broadband fibre, 5G and Wireless Home Internet networks.

"Access to high-speed, more reliable broadband will allow residents, businesses and families to more easily participate in the digital economy and take advantage of the remarkable advances in telehealth, remote learning, e-commerce, and online entertainment. We are excited that Bell MTS is

investing in a fibre Internet solution for Stony Mountain and we look forward to enhanced community connectivity for many years to come," said Wes Taplin, Reeve of the Rural Municipality of Rockwood.

"At Bell MTS, we are proud to be expanding the deployment of our faster, more climate-resilient fibre networks in rural Manitoba, enabling brand new economic opportunities for both businesses and consumers in 7 more communities across the province. Today's announcement builds on our industry-leading capital expenditure plan to connect more Manitobans in communities large and small with the best network technology available to communicate, learn, travel and stay informed," said Ryan Klassen, Vice Chair of Bell MTS & Western Canada.

Fibre network technology is consid-

ered to be the best and most reliable, enabling faster speeds for now and for newer technologies in the future. Bell has undertaken its most aggressive fibre buildout ever this year, with plans to reach up to 900,000 more homes and businesses across Canada with direct fibre connections by the end of 2022.

In addition to bringing the Bell MTS all-fibre broadband network to Blumenort, Ile des Chênes, Landmark, Matlock, St. Adolphe, Stony Mountain and Winnipeg Beach, Bell MTS is nearing final completion of its fibre network builds in Altona, Plum Coulee, Emerson and Morris. Announced in September of 2021, Bell MTS will be connecting approximately 4,500 new locations in the Pembina Valley region with the world's fastest Internet technology by the end of this year.

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Petition proposes limits on cell phones in schools

By Jennifer McFee

A group of local parents is calling on the school division to put limits on students' cell phone usage during school hours.

Leah Mitchell of Stonewall is a parent of children in elementary, middle, and high school. She said the group of parents would like to see the school division create consistent rules for cell phone use among students in kindergarten to Grade 8 between 9 a.m. and 3:30 p.m. They're gathering signatures through an online petition at <https://www.change.org/Interlake-phonepolicy> until Sept. 5. After that, they plan to present it to the school board and some individual Interlake schools.

These parents would like student cell phones to be left in lockers during school hours, although they suggest that Grade 7 and 8 students could use them off school property during their lunch break. If any technology needs to be used at school, the school could provide it.

Mitchell notes that this proposed policy wouldn't apply to kids who need to keep their phones with them in the classroom for medical reasons or for students who follow modified education programs and might find a cell phone useful for their learning.

She added that if parents need to reach their child during school hours, or vice-versa, they can connect through the school office.

"I want to be very clear that we aren't blaming anyone. This is both a school and parent issue. I am the spokesperson for the group because, to be honest, this is a very polarized topic. Being in a small town, some people in the group were concerned that their kids might be teased or bullied if they go public with their names regarding this petition," Mitchell said.

"I'm in a unique position as I'm a teacher who has subbed in the school division, so I've seen firsthand what is going on. However, since I'm not a full-time employee of the division, I feel free to speak out without conse-

quences."

During her time as a substitute teacher, Mitchell saw kids in Grade 5 on SnapChat and other social media apps at school with no parental controls in place. For students in Grade 7 and 8, some teachers allowed them to have their cell phones on their desks all the time. When she asked students to put their phones away, they struggled with the situation.

"They have trouble focusing since they are constantly wondering what is going on on their phones," she said, adding that allowing phones in school can highlight social and economic inequality among students.

"Many adults can barely offer self-control when it comes to their own phones, so how are we expecting 10- to 14-year-olds to do it?"

With kids accessing phones at school, including during their breaks, Mitchell noticed that they're not socializing like they used to in the past.

"Kids are missing out on social skills. You still need social skills to make friends and interview for a job," she said.

"You need to be able to read body language and read the room when you walk in."

She added that if most kids in a class are bringing phones to school, this presents an additional challenge for teachers trying to do their jobs.

"What parents choose to do with regards to phones and technology at home with their kids is 100 per cent their choice. If there are specific things they want their kids to learn, they can also teach them. There are great online classes kids can take through platforms, such as Outschool, where your kids can learn all types of technology skills," she said.

"However, like a workplace, if something from home is being brought into the school and affecting more than one child, then it becomes a school issue and a policy must be made. Teachers are not the parent and should not have to manage the different parents' decisions regarding technology in the

classroom."

She agrees that parents need to teach kids how to properly use a cell phone, but she questions whether kids are learning this skill during the school day.

"People forget that there's still four more years of school after Grade 8 — plenty of time when students are more mature to learn," she said.

"Plus, if your kid has tech at home, they are going to learn how to use tech."

For another parent in the school division, the topic has taken an even more personal turn.

"My son, who was in Grade 5 last year, was introduced to porn in the classroom. I went straight to the principal and the guidance counsellor and teachers because I saw what it did to my kid," said the parent, who requested to remain anonymous to avoid further stress for her child.

"When this porn situation was brought to light in the school, it had been ongoing for months. My kid was finally brave enough to tell me what was going on."

The impact on her child has been profound, the parent noted.

"The kids who found the porn would deny it or laugh about it or act like it was funny," she said.

"But for my kid, it wrecked him. He was defiant and so disrespectful at home. He was lying at school. It was very inappropriate behaviour but I knew something was going on. A week into this mess, he told me he wished he could just die."

Her child is now getting help to deal with the emotionally fraught situation.

"This hurt my kid. I saw how damaging it was, not just seeing the porn but his fellow students' reactions," she said.

"Going back to school is scary for him now. It wasn't a safe place."

As a result of this situation, the parent agrees with Mitchell that elementary and middle school children shouldn't be using cell phones at

school.

"Our kids' brains are not prepared to deal with this. It's hard for parents to stand up and say that this is not OK. I saw what it did to my kid and he felt safe enough to come to me," she said.

"If we're giving kids phones and expecting teachers to monitor that, we're asking too much of our teachers. I understand that our kids need to be on technology because it's 2022, but it needs to be done in a safe way with guards in place."

By limiting cell phone usage in schools for elementary and middle school students, they might gain back some missing pieces of their childhood.

"Our society is being a bit wrecked. I want our kids to be able play and talk to each other and be creative," the parent said.

"Technology is part of our kids' lives, but as parents we need to step up and take responsibility to help them learn how to do this well."

According to the Interlake School Division's document "Responsible Use of Information and Communication Technologies – Students," posted on its website, students are expected to "exit immediately from sites that are inappropriate (sites offering pornographic, racist, sexist, defamatory or otherwise objectionable material)." In addition, when using personal electronic communications devices, students are expected to act in a manner that is "respectful, safe and legal."

Students in grades 5 to 12 need to sign an agreement indicating that they have read the document.

With many differing opinions on the topic, Mitchell is hoping to encourage people to talk about it.

"Obviously there are going to be many parents who don't agree with this stance," she said. "But, really, this petition is about starting a conversation."

The online petition will be posted at <https://www.change.org/Interlake-phonepolicy> until Sept. 5.

> FARMERS, FROM PG. 6

and animal welfare. These standards need to be backed by regular audits and commitments to continuous improvements, based on the latest scientific research. The hog sector is transitioning to Canadian Pork Excellence (CPE), a set of programs that allow registered pork producers to demonstrate compliance with food safety and animal care requirements. Other livestock groups

have similar programs that help demonstrate responsible production. Farmers' participation in these programs needs to be embraced by the industry and better promoted as part of the story of Canadian agriculture.

Politicians take their cues from the voters who elect them to office, the vast majority of whom come from urban Canada. Changing the narrative with consumers and citizens will also change the narrative with policymakers. It may take time to shift the conversation, but highlighting the

benefits of modern agriculture and demonstrating, not just talking about, the industry's existing commitment to management practices that enhance the environment and improve animal welfare will help prevent naïve and shortsighted policy announcements and burdensome regulations.

Submitted by Cam Dahl, General Manager, Manitoba Pork Council

Wetlands the answer to mitigating agricultural stressors, algal blooms; DUC programs

By Patricia Barrett

A few years ago, scientists were predicting that we had a window of roughly 50 years before unsustainably hot temperatures would start to kill off or make uninhabitable parts of our planet, but they're now saying we're practically there.

With the climate crisis causing severe and prolonged droughts in many regions of the world, including that recent three-year stretch in Manitoba that saw crops fail and a shortage of animal feed, the need for water and sustainable farming practices have never been more obvious.

As the planet grows hotter and hotter from the carbon we're pumping into the atmosphere, water – the resource that's vital to our survival – is either drying up at alarming rates or is continuing to be polluted by urban and rural wastewater, runoff from agricultural activities and industrial processes.

But there's a simple solution to preventing more pollution from entering waterways – wetlands. Not only do they suck up nutrients that cause damaging algal blooms, but they also process pesticides, store carbon and make water available in dry years. And there's a shift in thinking around wetlands underway, with agricultural producers looking at incorporating them into their operations.

Research scientist Pascal Badiou from Ducks Unlimited Canada (DUC) says the organization offers programs that pay landowners to retain or restore wetlands on their land. Draining a wetland to increase crop or hay land will often result in marginal land that's not "hugely economically viable." Because wetlands are typically low-lying areas, they could, in a wet year, drown a crop planted there.

"We know wetlands are important carbon sinks. They also tend to cool and humidify the atmosphere. Having wetlands embedded in the landscape helps avoid heat stress for crops and potentially for livestock. They're really good at capturing nutrients and processing pesticides," said Badiou. "If you can keep wetlands embedded in agricultural landscapes, you can actually mitigate a lot of the water quality issues that are often associated with agriculture."

Some of the latest research DUC has been involved with looks at marginal land, whether wetlands, patches of trees or shrubby areas embedded in agricultural land, and how "hugely important" it is for pollinating species.

"We think converting an entire landscape to a monoculture is most efficient in terms of farming, but it's



Research scientist Pascal Badiou from Ducks Unlimited Canada spoke at a Coalition to Save Lake Winnipeg meeting in 2019.

starting to appear that having natural landscapes embedded in cropland provides a whole bunch of benefits that help the landowner and society," said Badiou.

DUC was launched in 1938. It has conserved 711,744 acres and influenced conservation practices on more than 1.1 million acres in Manitoba. In 2021 DUC protected 12,171 acres of wetlands and natural habitat through partnerships with landowners. The organization receives contributions from the Manitoba Habitat Heritage Corporation's Conservation Trust, the federal department of Environment and Climate Change and private foundations to offer incentives to landowners. In 2021 DUC provided \$8.3 million to farmers and ranchers in Manitoba.

In addition to working with farmers, DUC has restored wetlands such as Oak Hammock Marsh east of Stonewall, coastal wetland on the east shore of Lake Manitoba near St. Laurent and Big Grass Marsh near Langruth on the west side of Lake Manitoba.

The proportion of wetland loss in Manitoba is regionally specific, but the range that's generally accepted is between 40 and 70 per cent, said Badiou. There are, however, "hotspots" of loss, such as south of Winnipeg to the U.S. border where "in excess of 95 per cent of the wetlands that once existed there have been drained and converted to cropland."

Some wetlands are protected under provincial legislation that was enacted about four years ago. The 2019 "Manitoba Wetland Classification Guide" by Native Plant Solutions (the consulting branch of DUC) was designed for landowners to help them



PHOTO BY DUCKS UNLIMITED CANADA

Ducks Unlimited Canada restored this wetland (shown here in early May 2020) near St. Laurent decades ago. Wetlands store carbon, which is causing global warming, store nutrients and process pesticides that otherwise pollute waterways and provide vital habitat to birds and insects.

understand what type of wetlands they have on their property.

Class 1 are ephemeral wetlands. Class 2 are temporary. Class 3 are seasonal. Class 4 are semi-permanent, and Class 5 are permanent. Landowners can apply for a drainage licence for Class 1 and 2 wetlands. Drainage of Class 3 wetlands will be considered under special circumstances. Class 4 and 5 wetlands cannot be drained.

Badiou said landowners typically like to drain smaller wetlands. But small wetlands are engaged in "heavy lifting" in terms of sequestering nutrients, breaking down pesticides, storing carbon and providing habitat to wildlife. Overall, wetlands help reduce the severity and intensity of blue-green algal blooms, which frequently appear on Lake Winnipeg and are currently taking down Lake Erie in Ontario.

Conserving or creating wetlands might come across as a foreign concept because historically farmers were encouraged by governments to convert everything to agricultural production. And that's become ingrained, he said. But we all have a footprint when it comes to water quality.

"Agricultural producers have an impact on water quality through non-point source pollution, but urbanites also have an impact on water quality through wastewater," said Badiou. "I think everyone needs to work together on this."

Part of that work is underway with upgrades to the North End Water Pollution Control Centre. The project aims to reduce the amount of nutrients – which contribute to the growth

of algae – entering rivers and Lake Winnipeg.

Last week federal, provincial and City of Winnipeg officials announced \$550 million in trilevel funding for the second phase of the three-phase project. Phase 2 entails upgrades to biosolids facilities, which will store and treat sludge that's produced in the process of treating wastewater. Phase 3 – which is not yet approved or funded according to the city's website – will entail the construction of nutrient removal facilities that will take phosphorus and nitrogen out of wastewater.

But wetlands, those "important pieces of landscape that retain nutrients," are part of the solution, said Badiou. Some jurisdictions in fact, such as New York, are working with agricultural producers instead of building multi-million-dollar wastewater treatment plants.

"There are a lot of solutions we can explore on the agricultural landscape, and our farmers and producers are going to be instrumental to meeting objectives," said Badiou. "We cannot do it without them."

DUC works with landowners primarily in the prairie pothole region of western Manitoba, while the east and west Interlake watershed districts work with Interlake landowners.

But any landowner with questions about wetlands on their property, how they can better manage them or what types of programs are available can reach out to DUC's Brandon office at (204) 285-9779 or by email: du_brandon@ducks.ca

Celebrating a decade of the Manitoba Fibre Festival

By Autumn Fehr

With the effects of climate change becoming more apparent in our day to day, it's important that people start to make significant changes in how they go about living their lives.

This includes being conscious of where our fibre comes from, whether it's the clothes we wear or the furniture in our homes.

This, year, the Manitoba Fibre Festival returns in person to celebrate its tenth year on Sept. 9 from 5 to 9 p.m. and Sept. 10 from 10 a.m. to 4 p.m. at Red River Exhibition Place, Winnipeg connecting local fibre farmers with the crafting community, and educating the public on local fibres.

"We want to bring the community together. To learn more about different fibre arts, to share in our love of the fibre arts, to introduce new people to the fibre arts...To promote our local businesses, so the folks who make stuff here in Manitoba especially, and the locally raised wool and fibres that are often overlooked," said Mandy Furney, volunteer coordinator for the Manitoba Fibre Festival.

The festival deals with all things related to the fibre and wool industry, discovering alpaca and sheep fleece, hand-spun and hand-dyed yarns, and pieces made by local artisans.

The Fibre Festival is a family-friendly event where you can find demonstrations of fibre arts, workshops such as ancient lace-making techniques, machine knitting, sheep shearing that people can sign up to take, and things to buy to invest in small businesses,

most of them from Manitoba.

The artisan market will feature raw fleece, wool, and alpaca fibres for spinning and felting, hand-spun yarn, hand-dyed yarn (so much yarn!), knitted socks, scarves, shawls, and hats; goat's milk soap, rugs and mats, pillows and project bags, baskets, hand-made clothing, leathers and furs, wall hangings, spindles, knitting needles, tools, kits, wool bedding, patterns, fabrics, buttons, and yarn bowls.

The festival will have an art show as well, curated by the Textile and Fibre Artists of Manitoba (TFAM).

There will be people there who raise sheep and alpaca, mohair goats and angora rabbits for fibre, as well as people there that harvest qiviut from the northern muskox, harvested by Inuit peoples, which is a premium fibre

There will also be a variety of different breeds of live sheep and alpaca there for people to interact with in the Hall of Breeds display.

"Folks love coming together, seeing what diversity there is offered in the fibre arts," said Furney.

Fibre is so important.

So, buying local fibres is even more important.

Natural fibres are bio-degradable, which means it is good for the planet and promoting these fibres cuts down on the carbon footprint.

The festival also likes to highlight supporting local farmers, and the shepherds that raise these animals as their business and means of living, said Furney.



TRIBUNE PHOTO SUBMITTED

Spinning guild members demonstrating their craft at the Manitoba Fibre Festival in 2017

Before the pandemic, the festival was growing significantly, and expanding in what they offered in demonstrations at the festival.

Since COVID-19 hit, this year the festival has been pulling recovery.

In the future, the festival hopes to continue its regular festival activities, such as bringing in live animals, but they also hope to build on workshop offerings.

"We do see that the festival doesn't have to be a one-time a year event.

It's an ongoing community that we seek to support where we can with our knowledge of the field. With our experience now of 10 years, wanting to make sure that there is this offering everywhere that different people can access at different times of the year," said Furney.

Admission to the festival is \$5, and parking is free.

For a list of vendors and details regarding the educational workshops visit www.manitobafibrefestival.com.

RCMP guest and library promote literacy in the park



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Special guest, Officer Dan from the Stonewall RCMP detachment, joined South Interlake Regional librarian Kelsey Dingwall and children at the last Library in the Park of the season this past Friday. Constable Dan told the children about the four-month-old German Sheppard pup Reia that he is training to be a police dog, while Dingwall read the book *Police Officers on Patrol*. Storytime will be held on Fridays from 10 - 11 a.m. at the library starting in September.

Indulge your tastebuds in Le Burger Week

By Autumn Fehr

Feast your eyes and prepare your tastebuds for a two-week Manitoba tradition.

From Sept. 1 to 14, participants will be able to discover new restaurants while indulging in specialty burger creations never tasted before through Le Burger Week 2022.

Due to its popularity, over the last few years, Le Burger Week had extended its festival to two weeks so burger lovers can have the opportunity to try even more mouth-watering creations.

This year, there are 190 burgers to try throughout Manitoba.

The festival began in Montreal 11 years ago but has now expanded across Canada, generating over 150,000 participants in cities across the country.

As a theme this year, restaurants were encouraged to create plant-based burgers – vegan burgers, creating a platform for chefs to get creative and have even more fun with their creations, and for everyone to have a burger they can indulge in.

There are four rural restaurants par-

ticipating in this year's Le Burger Week, with their delicious entries.

From Kahleigh's Brew Barn in River-ton, there is the Feisty Pickerel Burger, made with pickerel from Lake Win-nipeg tossed in panko breading and fried, served on a sesame seed bun with mango salsa, chipotle, mayo, and mixed greens.

In Sandy Hook, Carlo's Cucina will be serving their Rock'n Rootbeer Burger made with Angus beef, apricot jalapeño jam, topped with braised AAA ribeye steak, Bothwell jalapeño Monterey jack cheese, and a fresh



Bacon & Blue Quarry Burger, Something Beautiful Café's in Stonewall.

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spring mix with rock'n cucumber mint aioli.

Something Beautiful Café in Stone-wall will be serving their Bacon & Blue Quarry Burger, a beef burger topped with crumbled blue cheese, candy ba-con, caramelized onions, and a house-made honey Dijon spread, served on a brioche bun with mixed greens and tomato.

At the Altona Hotel, they will be serving The Mac, made with a bread-ed deep-fried beef patty, cheese sauce, topped with bacon, lettuce, tomato, onion and drizzled with Chipotle ai-oli, on a grilled brioche bun.

With restaurants across Manitoba putting forth their best burger cre-ations, festival participants have the chance to vote for their favourite burger via LeBurgerWeek.com.

At the end of the two-week festival, winners in each participating city will be announced for the different cate-gories.

The five categories are the most pop-ular burger, voted by participants at www.LeBurgerWeek.com, the judge's choice, determined by an expert panel of burger aficionado judges in the city, the Sysco choice, given to the most outlandish burger in the city, Kim's choice, determined by Kim Lallouz, and the best plant-based burger, vot-ed by participants on the website.

Don't miss out on this two-week festival and a chance to support local restaurants in your area through de-licious never-before-seen burger cre-ations.

Colony Market
Fresh Veggies, Jam,
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Fridays from 2 pm to 6 pm
at Rock Lake Colony
2 km west of Grosse Isle off Hwy #6



Interlake artists open studios for WAVE Art Tour

By Ty Dilello

Twenty-two local Interlake artists are opening their studios for the annual WAVE Art Tour, which will take place Sept. 3-4 from 10 a.m. to 6 p.m. daily.

The WAVE Interlake Artists' Studio Tour is Manitoba's longest-running Art Road trip. This immersive self-directed opportunity allows visitors to experience working creative spaces and meet the makers.

The artwork is available for purchase, but there is no cost to attend the two-day event.

Some of the participating studios this year, include a papermaker (Milli Flaig-Hooper), woodcarver (Gary Foidart), textile artist (Amanda Onchulenko), cartoonist (Jerry Maryniuk), and a blacksmith (Matt Jenkins). You can also find other art forms such as photography, ceramics, jewelry, glass art and paintings.

Not a single artist is alike, yet all 22 on this year's tour share a connection to Manitoba's creative Interlake community and a passion for creativity. No tour is alike.

New artists on the 2022 Tour are Joy Burik and Gary Foidart, while some returning artists include Angel Calnek, Matt Jenkins of Cloverdale Forge and Cheryl Tordon, formerly of Fish Fly and Blue Dog Gallery.

There are three choices for readers to open the invitation to roll with the WAVE in 2022. Go to the WAVE web-

site www.watchthewave.ca, download the new WAVE app that is available on Apple and Android devices, or pick up a printed brochure at any artist Studio.

Determine the stops you want to make with your family and friends, arrange a carpool, and watch for the distinctive Blue and White arrowed signs along Highway 8 and 9 as you drive north of Winnipeg.

The southern studios begin with internationally recognized ceramic artist Alan Lacovetsky in St. Andrews and blacksmith Matt Jenkins at Cloverdale Forge just outside of Selkirk.

You also won't want to miss Northern characters Jerry Maryniuk in the Arborg area or anyone in between and along the shores of Lake Winnipeg.

Winnipeg Beach's Gary Foidart is a self-taught Metis Artisan. He has been active with the Prairie Canada Carving Championship for 25 years and sits as a judge for the competition. His early work consisted of furniture and knife making and has since evolved to focus on the artistic aspects of carving. Over the past three years, chainsaw carving has become another of Foidart's areas of interest.

Carving wood burls, antler, and other unusual specimens are Foidart's passion. He uses his imagination to find the sculptures hidden within each unique piece.

A wood burn is an abnormal, unappealing wart-like growth on a tree, caused by fire, insects, injury, etc. They are extremely difficult to work with and are rarely chosen as a carving medium. Carving a burl is an intuitive process that requires great patience and skill due to the unpredictable nature of the wood. Foidart is gifted in his ability to transform these unsightly growths into beautiful and unique pieces of art.

"I am very excited to show people the art that I produce," said Foidart. "The wood that I use is beautiful as is - I just try to enhance it. My favourite piece is of a frog carving out



TRIBUNE PHOTOS SUBMITTED

The WAVE Art Tour will be taking place on Sept. 3-4, from 10 a.m. to 6 p.m. daily at the Studios of 22 WAVE artists in Manitoba's Interlake Region, including new Winnipeg Beach artists Gary Foidart and Joy Burik.

of a maple burl."

Another new artist from Winnipeg Beach is Joy Burik, whose work is titled "Dancing with a Paintbrush." Burik's influences include sites visited, wildlife and people. Burik's works involve a lot of thought and planning. The images are first developed and completed in her mind well before the paint touches the canvas.

Burik is happy to have the opportunity to participate and share her work with others during the WAVE Art Tour.

"While pleased to share my work, there is also a certain amount of trepidation," said Burik. "In a sense, sharing my work with others is akin to baring my soul, and this can be somewhat unnerving. My art is a very personal and intimate visual story of my life's journey, of whom I am, and my love for life spoken without words. In real-

ity, it can be rather intimidating to expose one's very personal thoughts and emotions so publicly."

Like most artists, Burik's favourite piece is always the last one.

"Each work to be completed grants me a new challenge, something new to learn and an opportunity to grow as an artist. My latest piece has been especially emotionally challenging as it is related to the travesty going on in Ukraine."

All of the WAVE artists hope that readers are excited to pack their curiosity for a day or two of discovery in the Interlake. It is sure to be a smashing hit this fall.



Joy Burik is also from Winnipeg Beach and her work is titled "Dancing with a Paintbrush."

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Why cats love boxes



Does your cat enjoy cardboard boxes? Here's a look at why they make a great place for your feline friend to play.

- They make your pet feel safe. When given the choice, cats tend to prefer boxes that are a little snug. While research is needed, some specialists suspect this is because small spaces remind cats of being huddled together with their siblings as a kitten.

- They're an ideal place to hide. Cats have strong hunting instincts, and an empty box provides the perfect place to lie in wait and pounce on prey. Hiding in a box also makes it harder for predators to sneak up behind them.

- They provide a warm oasis. Cardboard retains heat, which makes boxes an ideal place for your cat to snuggle up and sleep. What's more, studies show that having a box to retreat to can reduce stress in cats and make them more social.

- They're great for scratching. Cats can sink their claws into cardboard, which shreds easily and makes a satisfying sound when torn. Scratching allows felines of all kinds to stretch, keep their claws sharp and mark their territory.

Though cardboard boxes are a fun, safe toy for cats to play with, it's best to provide your furry friend with a variety of toys and hideaways. Your local pet stores have everything you need.

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Spotlight on Coffeehouse performer Jessica Stanley

By Jennifer McFee

Up-and-coming local musician Jessica Stanley will grace the stage to share songs for a good cause.

Stanley is on the performers' list for Coffeehouse to End Cancer, a fundraising concert set for Thursday, Sept. 8 at Grosse Isle Heritage Site.

"I instantly thought it would be an amazing way to help raise money for CancerCare. Interestingly enough, I found out that the event is held on Sept. 8, which is my Amma's birthday, Audrey Stanley, who had battled breast cancer," she said.

"This performance will be dedicated to her and to everyone else who has fought hard against this terrible sickness."

For those who haven't heard Stanley's music before, she describes it as a combination of Christian pop, hip hop and R&B.

"My lyrics speak a lot about my faith. Each song is inspired by a verse in the Bible, a part of life that tells a

story of struggle, comfort, forgiveness and love," she said.

"I have so much fun making these songs in the studio. The beat of the music I find refreshing and they make you want to dance."

Music has always been key in her life, even from a tender age. A natural performer, Stanley shone in lead roles in elementary school Christmas concerts, sang the Canadian anthem for the junior hockey league and took vocal jazz throughout high school.

"There was always a passion burning within me. As a young child, I'd sing in front of family and friends. I would spend time writing lyrics in my journal," said Stanley, who grew up in Balmoral and now lives in Stonewall.

"I'm very thankful for my favourite music teacher, Mrs. Joan Main. She was always really encouraging in my young years."

During the pandemic, her musical focus hit a new harmony.



TRIBUNE PHOTO SUBMITTED

Jessica Stanley will be one of the performers at the Coffeehouse to End Cancer on Sept. 8 at Grosse Isle Heritage Site.

"I was sitting on lyrics that came to mind that I wrote down in that quiet time of my life. I felt this urge to reach out to two-time Grammy and three-time Juno Award winning artist and producer Fresh IE," she said.

"After I took that leap of faith, Fresh read my lyrics and we went from one song to creating a 10-song album. It's quite the miracle and I'm very thankful where God has led me."

The local songstress recently completed her first full album called Love Sheds with the lead single "Walk with Me featuring Fresh IE."

"Love Sheds means "The love of God is shed abroad," she explained. "Love Sheds started out as my antler jewelry business name and now carried on into my music. If you were to tell me that were to happen years ago, I'd never believe it."

And the excitement continues on Sept. 24 when Stanley will be releasing another half-album that she has completed. The songs can be pre-saved on iTunes on Sept. 1.

Her EP is called Love Is There Like You Are Near, and each song makes up the title — first song is called "L.O.V.E.," the second "Is There," the third "Like You" and the fourth "Are Near."

"I'm pretty amazed with each song, but I'd have to say that the song 'L.O.V.E.' is extremely powerful," she said.

"It really speaks to young children, young women that have gone missing. They are not forgotten."

Jessica Stanley's music is available on all music platforms, including Spotify and iTunes. Her songs are also listed on her website jessicastanleymusic.com.

To catch a live performance, drop by the Coffeehouse to End Cancer on Sept. 8 from 7 to 10 at the Grosse Isle Heritage Site.

SMALL CAR / 2 DOOR TRUCK
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Stonewall Community Registration Evening, Thursday, September 15, 2022, 6-8 p.m. at the Sunova Curling Rink

Decreasing family screen time

Smartphones and tablets appear to have staying power. The Pew Research Center confirms that smartphone penetration has surpassed the 50 percent mark among mobile subscribers. Many others are routinely using tablets to access books, television shows, movies, and magazines. In multi-screen homes, televisions are still king. According to a 2012 Nielsen report, the average American over the age of two spends more than 34 hours a week, or more than 4 hours per day, watching live television. Those findings should raise an eyebrow, as health experts warn that excessive

screen time can be hazardous to one's health.

A sedentary lifestyle spent in front of computers and video game consoles contributes to poor health. Of the leading industrialized countries, the United States has the highest obesity statistics, and Canada is not far behind. Obesity can impact cholesterol, cardiovascular health, risk for type 2 diabetes, and risk for stroke. Excessive screen time can lead to sleep and eating disorders, interfere with a person's ability to focus and negatively affect a person's performance at school or work. Getting a family ac-

tive and reducing time spent in front of a screen can have profound effects, and reducing screen time doesn't have to be difficult.

* Gradually implement changes. Families immersed in electronic devices can cut down on screen time slowly and over the course of several weeks rather than tuning out cold turkey. Start by reducing time spent watching television or playing video games by one hour per week, and gradually reduce time spent devoted to such activities in the ensuing weeks.

* Hide devices. The mantra, "out of

sight, out of mind" can work with respect to digital devices. If tablets or smartphones are tucked away, family members may feel less inclined to reach for them at any given time. Just as you wouldn't stock your pantry full of fattening foods while trying to lose weight, don't make digital devices readily available throughout the day.

* Keep televisions out of the bedroom. Children who have televisions in their bedrooms tend to watch an additional 90 minutes of programming per day than those who do not have televisions in their room. Keep the television in a shared area of the house so that time spent watching the TV can be monitored and adjusted.

* Establish guidelines. Set firm lim-

Continued on page 19



STONEWALL SCOUTING

Beavers (Co-Ed ages 5-7) Meet Wednesdays 6:30-7:30
Cubs (Co-Ed ages 8-10) Meet Mondays 6:30-8:00
Scouts (Co-Ed ages 11-13) Meet Tuesdays 6:30-8:30

REGISTRATION NIGHT

Fall Registration Thursday, September 15th, 2022
 6:00 - 8:00 p.m. - Sunova Curling Club

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 Registration Night at Sunova Curling Club

BALMORAL JUDO CLUB



REGISTRATION:
SUNOVA CURLING CLUB
 Thursday, September 15 • 6:00 - 8:00 pm
Classes will start September 19

Ages 7 years and up

For further information please contact:
Milton Good 467-8854 or Jason Rogowsky 230-7296

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Registration Night Thurs, Sept 15 6-8 pm
 Sunova Curling Rink



Stonewall Community Registration Evening, Thursday, September 15, 2022, 6-8 p.m. at the Sunova Curling Rink

Get involved with youth organizations

Volunteer work can benefit volunteers emotionally and physically. Many people aspire to get involved by donating their time or resources, but they may not know which avenue to take. Leading a youth organization or mentoring children can change the lives of both children and volunteers in numerous ways.

Youth groups include boys' and girls' clubs, religious ministry organizations, sports teams, and other special-interest clubs. When matched up with the right group, children may learn a number of skills that can assist them as they age. After-school activities can teach kids leadership skills and how to work together while making them feel like they are part of something bigger than themselves. Volunteering with youth-based organizations is a great way for adults to make a real difference in the lives of children.

Inquire among your network of friends when looking for a youth organization to work with. Friends may be in touch with sports leagues or other community groups that are looking for volunteers. If your child has an interest in a particular sport, find out if the league is looking for coaches or parents to work in other capacities for the team. This is a great way to get involved without compromising your child's sense of individuality and space.



Schools are another resource. Many clubs and organizations are chartered or sponsored through schools. Schools also lend their all-purpose rooms or other spaces to organizations so that meetings are convenient to students. School open houses provide great opportunities for adults to learn about the various programs

offered by a given school. Such programs often need volunteers.

Many young children are first exposed to group activities upon enrolling in the Cub Scouts or Girl Scouts. These are national programs that operate locally through packs and troops. Scouting organizations are entirely dependent on volunteers.

Whether you sign up as a leader, a co-leader or a person who works behind the scenes, you will be a part of an organization that has helped to shape kids for decades.

Religious organizations also provide opportunities for adults to work with kids and young adults. Volunteer work is an integral part of many religions, and ministering to youngsters is one way to spread the message of faith. Work with a religious leader to find the best fit for your services. You may volunteer as a Sunday school teacher or serve as a chaperone at youth events.

Volunteer work is beneficial no matter where one directs his or her energy. However, the experience can be even more rewarding when it involves working with children.

RW Bobby Bend School Parent Advisory Council is putting on this amazing fundraiser and we would love your support! Our goal is to raise enough money to bring our school and community an inclusive design playground that will allow everyone to enjoy. Your help could go a long way!

For more info or to buy a ticket, email bobbybendpac@gmail.com or come by our table at Registration Night Thurs. Sept. 15 6-8 pm Sunova Curling Rink

Warren Power Skating 2022-2023

4:30-5:15 - Learn to Skate
5:15-6:00 - Learn to Skate
6:00-6:45 - Level 1
6:45-7:30 - Level 2 & 3
(Groups are a guideline, skaters will be evaluated at first class)

Wednesday Evenings
Oct. 12 - Dec. 14, 2022, Jan. 11 - Mar. 15, 2023

\$300 for 20 weeks
(45 minute classes)
Cash, cheque or e-transfer
(warrenpowerskating@gmail.com)

REGISTRATION

Thursday, Sept 15 6-8 pm at the Stonewall Sunova Curling Club
For more information please email warrenpowerskating@gmail.com
Sticks and helmets with a mask are mandatory for this program

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The Power of Play Playground Fundraiser

Cash Raffle
\$20 Each

Order of Draw:
3rd Prize: \$1000
2nd Prize: \$5000
1st Prize: \$10,000
Only 5000 Tickets Will Be Sold!

Draw Date: Dec 12, 2022 - 12:00 pm
Parent Advisory Council of
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337 2nd Ave. North
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fall registration 2022-2023

Stonewall Community Registration Evening, Thursday, September 15, 2022, 6-8 p.m. at the Sunova Curling Rink

> **SCREEN TIME, FROM PG. 17**
its on how much screen time will be allowed per day and stick with it. Adults can lead by example.

* Plan more family activities. Boredom can easily give way to time spent

fooling around on the Internet or channel surfing. Parents should have a cache of ideas at the ready that promote active family time. Neighborhood walks or tossing around a baseball in the yard are enjoyable activities that cut back on time spent being sedentary. Encourage indoor activities,

such as puzzles or board games, if the weather is not cooperating.
* Be steadfast. Do not throw in the towel too soon. Families should stand

their ground when attempting to decrease their screen time in favor of healthier activities.



Stonewall Karate

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Regular Classes Start September 6th

Must pre-register. Space is limited.



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Little Tigers

Tuesday

Girls & Boys ages 4-7

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Under the direction of Patsy Newman

Ages 3-Adult
Registration for 2022-2023
Thursday, September 15, 2022
6:00 - 8:00 pm
Sunova Curling Club

*Classes run Saturdays from October to May
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Power Skaters Wanted

Are you interested in becoming a powerful, agile skater?

**Registration Night Thursday, September 15th
6:00-8:00 p.m. at Sunova Curling Rink
Session to run October 11 to December 13, 2022 and
January 17 to March 21, 2023 (Total of 20 weeks)**

BEGINNER • INTERMEDIATE • ADVANCED LEVELS

TUESDAYS

- Level 1... 4:00 to 4:45 (7, 8 & 9 yrs)**
- Level 2... 4:45 to 5:30 (8, 9 & 10 yrs)**
- Level 3... 5:45 to 6:30 (9 & 10 yrs)**
- Level 4... 6:30 to 7:15 (11 & 12 yrs)**

*ages are only a guideline, skaters are evaluated & classed on ability
Cost: \$300 for 20 weeks / \$200 for 10 weeks

Powerskating teaches skaters how to change direction quickly, maneuver easily and sustain their energy during the game.

**HELMETS (WITH MASKS) & STICKS ARE REQUIRED FOR THIS PROGRAM
Questions: Contact Brock Couch at brockcouch@gmail.com**



fall registration 2022-2023

Stonewall Community Registration Evening, Thursday, September 15, 2022, 6-8 p.m. at the Sunova Curling Rink

Four activities to tone your back

Toning your deltoid, trapezius and other back muscles can help you prevent or limit a variety of aches and pains. Here are four activities to help you strengthen your back.

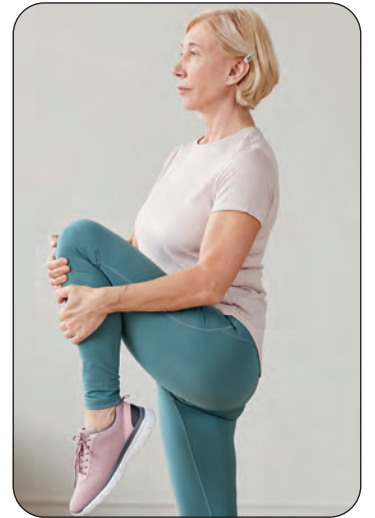
1. Swimming is a low-impact sport that allows you to gently tone your back and shoulder muscles. Get advice from a trainer or swimming instructor to improve your skills in the water.

2. Yoga is an excellent activity for gently strengthening your back muscles and improving your posture. However, check with your doctor to find out if there are poses you should avoid.

3. Dancing combines core-strengthening and flexibility exercises to help you improve your posture and relieve pain.

4. Stretching exercises can help you increase your range of motion and relieve pain caused by muscle tightness and inflammation.

If you suffer from back problems or have a medical condition, consult your doctor before starting a new exercise routine.



The Rosedale Ukrainian Dance School invites all dancers to join us in celebrating our culture, making friends and having fun!

Classes run Monday evenings at the Selkirk Community Church, September til May. No experience required, just a desire to learn the art of Ukrainian dance.

For more info on registration www.rossdaledancers.com

BALMORAL POWER SKATING SATURDAYS

9:00 a.m. - Learn to skate (3-5 year olds)
9:45 a.m. - Level 1 power skating (6, 7 and 8 year olds)
10:30 a.m. - Level 2 power skating (9, 10 and 11 year olds)

\$300 - 20 weeks / \$200 - 10 weeks
Balmoral Recreation Centre

October 15, 2022 to December 17, 2022 (10 weeks)
January 7, 2023 - March 11, 2023 (10 weeks)

A stick and helmet with a mask are required for this program.

To register phone or text
Kelly Farmer @ 204-791-9856
Registration Thursday, September 15
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Stonewall Curling Club
www.stonewallcurling.com



fall registration 2022-2023

Stonewall Community Registration Evening, Thursday, September 15, 2022, 6-8 p.m. at the Sunova Curling Rink


How to help kids find extracurricular activities

Sports may be the first thing that comes to mind when many parents think of extracurricular activities for their children, but not all kids are cut out for or interested in competitive athletics. But just because a youngster may not be the next star quarterback or captain of the soccer team does not mean he or she can't find an extracurricular activity to be passionate about. Parents know that schoolwork comes first, but extracurricular activities can be important to a child's development, serving as an avenue to meet new people and an opportunity to learn the importance of teamwork. The following are a handful of things parents should consider when trying to help their children find the right extracurricular activities.

Interests
One of the easiest ways to help kids find an extracurricular activity they can be passionate about is to discuss their interests with them. Youngsters with a love of animals might enjoy volunteering at a local animal shelter or hospital, while those who love to write may find writing for the school newspaper is a great way to apply that passion in a practical setting. Even kids with a passion for video games might be interested in learning about computer graphics and what it takes to design games. When trying to find extracurricular activities for your children, resist the urge to write off any of their interests. Instead, use those interests as jumping off points to further engage their passions.

Availability
Parents know that school comes before extracurricular activities, but kids may not be so wise. Keep in mind kids' existing workloads when helping them find the right afterschool activities. Many organizations are especially flexible with teenage volunteers or employees, but parents still must keep a watchful eye to ensure kids do not overextend themselves. Kids who overcommit to extracurricular activities may end up feeling burnt out, which can have a negative impact on their schoolwork. Encourage kids to find activities they care about, but emphasize that these activities should not become bigger priorities

than schoolwork. Let kids know that they can get more involved during summer vacation, but make sure kids don't devote too much of their time to afterschool activities during the school year. A couple of hours per week and even some additional time on the weekends should



Stonewall Skating Club

Registration 2022-2023 Season

All programs are taught by certified professional coaches

CanSkate Learn to Skate Sessions run October to March
(For children ages 4 and up)

CanSkate:

- Provides kids with the best foundation for figure skating, hockey, speed skating and ringette
- Introduces a healthy, lifelong activity at an early age
- Promotes fun, fitness and participation

CSA approved helmets and mittens are required.

CanSkate Mondays & Thursdays <i>45 mins. sessions</i>	Oct 13-Dec 22/22 Jan 9-Mar 20/23 6:30 - 7:15 PM	Fall/Winter 20 sessions Winter/Spring 20 sessions
--	---	--

Would your child like to learn figure skating? Join the **Skate Canada Star Program.**

Junior Star Skaters Mondays Thursdays	Sept 26 - Dec 22/22 Jan 9/23 - Mar 23/23 4:45-6:00PM	Program Details available at Registration or email the Club
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Registration Fee information for Star Skaters is available from your coach or email stonewallskatingclub@gmail.com.

The Stonewall Skating club offers a safe, positive environment where your child can thrive.

ONLINE REGISTRATION AVAILABLE SEPTEMBER 2/22 AT
<https://stonewallskatingclub.uplifterinc.com>
Programs may be cancelled if registration does not meet minimum

not distract kids from their responsibilities at school, and that's still ample time for kids to explore their interests.

Extracurricular activities can help youngsters develop into well-rounded adults. Parents can help kids find the right activities while still encouraging them to keep schoolwork atop their priority lists.



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WHERE ART MEETS PLAY

Dance

- Hip Hop - Tuesday
- Jazz - Tuesday
- Ballet - Thursday
- Lyrical - Thursday
- PreDance - Thursday
- Little Stars - Tuesday & Saturday
- Tap - Saturday
- Dance Theatre - Saturday

Theatre

NEW LOCATION Balmoral Community Hall

- Intro to Creative Drama
- Theatre Film - Theme Wacky Adventure
- Musical Theatre - Theme S1 Super Heroes
- S2 Super Villains

Music

- Piano - Wednesday
- Guitar - Tuesday or Wednesday
- Banjo - Tuesday or Wednesday
- Vocal - Tuesday or Wednesday
- Drum - TBA

FREE Preschool Programs (Parent & Child)

- Come Dance with Me - Saturday
- Imagine Inspire & Create - Saturday
- S1 In Teulon S2 In Balmoral
- Growing Up Green - Monday

Wellness

- Fitness - Monday & Wednesday
- Yoga - Mondays

Art for Aspiring Artists

- Aspiring Young Artists - Saturday
- Aspiring Adult Artists - Thursday
- Aspiring Artistic Families - Tuesday

Youth Activities & 55+ Activities

Variety of activities planned for both ages
Email Amanda.gaacevents@mymts.net for details

In Person Registration

Teulon • Green Acres Art Centre • 50 - 8th Ave S
September 10 • 10:00 am - 1:00 pm
September 13 • 5:00 pm - 7:30 pm
Stonewall • Curling Club • September 15 - 6:00-8:00 pm
Registration forms & Details available on website
Payments - cash, cheque or e-transfer
Payment Options available for fees over \$150.00
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Final CIB Yard of the Week recipients chosen



TRIBUNE PHOTOS BY JO-ANNE PROCTER

For the past 44 years, Linda and Dusty Tyndall of 6 Spruce Lane have been sharing the duties of keeping their yard manicured and appealing to neighbours. The focal point of the yard is a large maple tree that stands next to a rock garden that has a pair of cedars, a mystery shrub and a couple pots of pink bubble gum petunias. A wooden train with planters filled with mini petunias (million bells) under the front window provides a splash of colour in the summer and is turned around in the winter to double as a Christmas train with presents instead of plants. The south wall is lined with red and white petunias. Something Beautiful is the final 'Best Blooming Business' of the season. Each table on the patio is decorated with colourful potted plants and red wave petunias hang on the pergola. For extra appeal a wooden garden box is decorated with a canna lily, ornamental grass and petunias planted by Marissa Hibbitt. Pictured left to right, Gary Lawson, Tracy Fidler, Marissa Hibbitt, Jimm Simon and Mike Maartense.

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Tell Us What Is Important In Your Watershed



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Find out more and enjoy some refreshments and snacks!

For more information, go to eastinterlake.ca to our interactive map and questionnaire.

Or contact the EIWD by phone or email:

1.204.642.7578 | manager@eastinterlake.ca

OPEN HOUSE DATES

- July 25th, 6:30 PM - **Red Barn South of Stonewall**
6018 E 75N Road, Stonewall, Manitoba
- August 15th, 6:30 PM - **Aki Centre**
1985 Grassmere Blvd in West St. Paul, Manitoba
- August 27th, 10 AM - **Matlock Recreation Centre**
77 Matlock Road
- August 29th, 6:30 PM - **Farmers Hall Gimli**
1611 MB-231
- September 12th, 6:30 PM - **Gaynor Family Library Selkirk**

Interlake cattle producers should have enough winter feed; dry period required

By Patricia Barrett

Although cattle producers in the Interlake have seen far too much moisture this year, there will likely be enough feed for their animals over the winter, according to Manitoba Beef Producers.

MBP general manager Carson Callum said last week he expects many producers will be in better shape in the fall as far as feed supplies go, provided the Interlake gets an extended dry period.

"As long as we get some dry conditions over an extended period of time to dry up some of that wet land and let producers on it to take the feed off, they'll be in a lot better situation going into the fall," said Callum.

Crops in western Canada are also looking better than they were last year under the drought, he added, which would make it easier for producers to buy feed should the wet conditions here leave them short.

Manitoba's three to four years of drought were a challenge for cattle producers, particularly in the Interlake where feed and water were very hard to come by, said Callum. It was an "emotional" time for producers who were forced to substantially downsize their herds. And it proved to be a difficult winter over 2021-2022 with little feed and lots of snow.

Spring turned out to be a continuation of winter with back-to-back Colorado lows that brought lots of snow and excessive moisture. The storms also killed calves, which got lost in the snow, stuck in mud or died afterwards from health complications.

"The Colorado lows had bad impacts on many producers across Manitoba. I know it did in the Interlake.

Those were challenging conditions to deal with at the time, but the upside was it put moisture on the ground and into waterways that needed it," said Callum. "For cattle producers in the Interlake, lots of moisture meant lots of grass. There is a lot of grass or forage crops in the region right now but the problem is getting access to it when it constantly rains."

Although some crops have drowned, the moisture has on the whole increased the availability of feed, he said.

"From what we're hearing, the current feed situation is definitely better than last year's, but this moisture is coming with its own set of challenges for producers," said Callum.

The province's weekly Crop Report of Aug. 23 says high humidity in the Interlake has prevented the baling of dry hay and has delayed the start of harvest. Feed quality has also been somewhat affected.

"Feed quality in the Eastern and Interlake regions is moderate to poor, given frequent rains on cut swaths and delays on reaching hay that is becoming too mature and coarse," states the report.

It's too early at this point to say whether Interlake producers will be downsizing their herds because of the challenges they've faced from the excess moisture.

"We haven't heard of any advanced downsizing. Last year producers were selling in weeks they normally wouldn't - that has definitely not happened this year. There are a lot more animals staying on for the summer months. But once we get into the fall, that's when we'll know if folks are considering downsizing even



TRIBUNE PHOTO BY JO-ANNE PROCTER

Some crops in parts of the Interlake have drowned and haying has been delayed, but cattle producers should have enough feed to last the winter, according to Manitoba Beef Producers.

more or getting out of the business," said Callum. "I think we're in a potential demographic shift where guys are almost ready to give it up. We'll see a bit more of that, but it's not as dire of a situation as it was last year."

Overall, the province has lost cattle producers due to a variety of factors

such as poor weather and growing conditions, economic stressors and retirement.

As far as the market goes, prices over the past number of years have been poor, but Callum said the fall is "looking a lot more favourable."

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The Graham Bremner Memorial Golf Tournament, 2022

Members and friends of pipe banding in Manitoba:

Please join us at our upcoming golf tournament on September 11, 2022.

The purpose of this golf tournament is to **remember our friend Graham**, to foster camaraderie within the Scottish community, to **raise money for youth piping and drumming scholarships**, and to keep in touch over the summer months... because there have been no parades!

When: September 11, 2022 - shotgun start at 12:30 p.m.
Where: Inwood Golf & Country Club - 1/4 mile north of Inwood, MB
What: 18 holes of golf, shared power cart, contests, prizes, ribeye steak dinner
How much: \$100.00 includes golf, shared cart, prizes, and dinner
Dinner only: \$35.00

Please RSVP to Kelly at 204-989-7075, kelly@goodwealth.ca or Mercedes at mercedes@goodwealth.ca by September 8, 2022

We look forward to your participation... to make this event spectacular!

Thank you to our sponsors ...

*Net proceeds to benefit Prairie Pipe Band Association of Manitoba - Scholarship Fund

sports & recreation

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Slatcher and Faragher return from Canada Summer Games

By Ty Dilello

Stonewall's Rylan Slatcher and Hayden Faragher returned home after representing Manitoba in baseball at the recent Canada Summer Games in Niagara, Ontario.

Manitoba finished the round robin with a 3-2 record. They had wins against Prince Edward Island, Newfoundland/Labrador and Alberta and losses against New Brunswick and Quebec.

Manitoba finished seventh overall in the round-robin standings and met New Brunswick again in the seven vs. eight placement game. Manitoba won 10-2, which was a great way to end the tournament according to Slatcher.

"Being able to represent Team Manitoba at the Canada Summer Games was an experience of a lifetime and one I will never forget," said Slatcher. "We had a solid group of players and were able to compete with every team we played."

"Niagara was an awesome experience," added Faragher. "Getting to play with the best players across Canada was an amazing experience. The team got to stay in the Brock University dorms while the games were on, and I shared a dorm room with my local teammate Rylan so that was fun too!"

"The week at Canada Games was one of the best experiences of my life," added Faragher. "I don't know if anything else will top it. It was just unreal."

Slatcher first started playing competitive baseball with the 13U Interlake Orioles and has been playing the game ever since.

"I was fortunate enough to have Gord Ledochowski, Dave Meyers and Eric Swanson as my coaches who all pushed me and gave me the knowledge and skills to be a better player," said Slatcher.

In 2018, Slatcher was a part of 13U Team Manitoba, representing our province in Woodstock, Ontario, at the National Championships. And just last week, Slatcher again represented Manitoba, this time at the Canada Summer Games.

Slatcher and Faragher also played ball for the local Interlake AAA team this summer which helped prepare them better for the Games.

Slatcher's is looking to improve his skills and become a better baseball player. A multi-sport athlete, Slatcher is also a budding hockey prospect who grew up in the Interlake Lightning AAA system and spent last season playing as a forward in the MMJHL with the Stonewall Jets.

"My passion for baseball has grown in the past year, and being able to experience baseball at a national level again at the Canada Summer Games has increased my love for the game," said Slatcher.

I've decided to pursue baseball year-round while still playing hockey. I haven't completely decided where I want to play hockey this season."



TRIBUNE PHOTO SUBMITTED

Stonewall's Hayden Faragher and Rylan Slatcher, have returned home after representing Manitoba in baseball at the recent Canada Summer Games in Niagara, Ontario.

Colson Smith of St. Andrews also represented the Interlake on Team Manitoba.

Martin siblings compete in a triad of sports

By Ty Dilello

Stonewall siblings Amy and Andrew Martin have been competing in the sport of triathlon this past summer and improving with each race.

Amy (26) and Andrew (25) both started training and competing doing three events this year: St. Malo, Morden and Riding Mountain.

A triathlon is a three part race, and at the Olympic level, racers start with a one mile swim, then they transition to a twenty-five mile bike ride, and finish off the race with a six mile run.

Amy's primary sport is hockey, and she is heavily involved in reffing hockey across North America in the winter months, so the triathlon is just for fun in her offseason. However, Andrew takes it more seriously and has aspirations in the sport.

"For training, I usually try and do three sessions. I try to swim, bike, and run three times each week," said Andrew Martin. "Each day, I will focus on something different. Some days are shorter with more speed and some days are longer but slower pacing."

Andrew used to play several other sports, but now, in addition to triathlon, he just plays on a men's league volleyball team and does a bit of badminton.

The Martin's didn't really know what to expect or have any goals when they decided to do their first triathlon, but they both got faster with each race this season.

The recent Riding Mountain race was a highlight for the Martin siblings. On race day, the conditions were perfect. It was about 16 degrees at the start, and there was no wind, so you couldn't really ask for better weather.

"I did the Olympic distance, so it was a little longer than the previous two I had done," said Andrew Martin. "I'm not the fastest swimmer, but I had a better swim time than I was expecting. I made up a few places on the bike but wanted to save my legs for the run, which is my best of the three parts. I passed a lot of people on the run, which is a nice motivator when you're feeling fatigued."

Andrew ended up in seventh out of the 75 people racing, which was good for fifth for the men and first in his age group. Amy also did great, finishing in third for her age group.

"The next goal is to do a half-Ironman. I signed up for one in June 2023 in Mont Tremblant, Quebec. I don't have any super specific goals at the moment, but I want to get faster in the water and on the bike."



TRIBUNE PHOTO SUBMITTED

Stonewall Andrew and Amy Martin recently came in first and third in their respective age groups at a recent triathlon event at Riding Mountain National Park.

sports & recreation

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Holm plays great at U16 baseball nationals

By Brian Bowman

Ella Holm had a great experience with Team Manitoba at the U16 women's baseball nationals in Summerside, Prince Edward Island last weekend.

"It was my first nationals and it was pretty exciting," said Stonewall's Holm on Sunday afternoon.

Manitoba posted a terrific 5-1 record after a convincing 8-3 win over Nova Scotia in a seventh/eighth-place game on Sunday morning.

Team Manitoba had a 4-1 record in its pool to finish in a three-way tie for first place. But because of a runs against tie-breaker, Manitoba ended up third in its pool and was eliminated from a medal game.

Holm was 1-for-1 with two RBI against Nova Scotia. She also pitched four scoreless innings, allowing just two hits while striking out four to earn the victory.

"It was pretty fun striking out people," Holm said.

Manitoba really gelled as a team at

nationals.

"We had good positivity on the bench and we were hyping each other up," Holm said. "There was lots of positivity and visualizing plays before they actually happened. It was a good environment to be in."

Manitoba started play last Thursday morning with a 14-4 loss to Newfoundland.

Team Manitoba led 3-1 in the bottom of the fourth before Newfoundland exploded for eight runs. The winners then added five more runs in the fifth.

Holm had a walk in the game.

That evening, Manitoba pounded Prince Edward Island 14-4. Their big inning came in the second when they scored 10 runs.

Holm had a hit, scored a run, and drew a walk.

On Friday morning, Manitoba edged Quebec 16-15.

After Quebec took a 15-12 lead in the top of the eighth inning, Manitoba roared back to score four for the walk-off win.

Holm was 2-for-5 with a run scored and two RBI.

Manitoba then outslugged New Brunswick 15-12 later that day, scoring four runs in the top of the seventh evening.

Holm walked three times and scored a pair of runs.

"It was pretty awesome just to have that experience (of the late-game wins)," said Holm. "We have hard-working players - it was pretty fun."

On Saturday, Manitoba jumped out to an early 9-0 lead and hung on for a 10-7 victory over Saskatchewan.

Holm continued her hot hitting with two more hits, a run scored, and an RBI.

She finished the tournament with a fantastic .462 batting average with five runs scored, five RBI, and five walks.

"I was seeing the ball pretty well," Holm said.



TRIBUNE PHOTO SUBMITTED
Stonewall's Ella Holm competed with Team Manitoba at the U16 baseball nationals in Prince Edward Island.

Interlake Thunder football teams kick off season

By Ty Dilello

The Interlake Thunder's minor football program based out of Stonewall has launched its 2022 season.

The Thunder will field two teams at the Cruncher age level (8-9 Years), one Atom age level (10-11 years), one Pee Wee age level (12-13 years), and one Varsity level (14-17 years). In all, they have over 110 athletes playing football this year within the club.

The 2022 season for the Thunder started this past Monday as its first team to play was the Atom team that travelled to Winnipeg and defeated the North Winning Nomads by a whopping 46-6 score.

"The season started exactly the way we had hoped," said Atom head coach Jared Boville. "Our defence really controlled the game, forcing eight turnovers and only allowing the Nomads one score and two first downs all game. The offence controlled the clock and moved the ball downfield, scoring on all but three of our possessions."

"If the boys continue to come and work hard in practice, I am excited to see how well they do and how much they can improve this year."

The Atom team's next game is Sept. 11 at 12:45

in Stonewall vs. the Charleswood Broncos.

All of the Thunder's teams will play six regular season games, with the season wrapping up at the end of October, concluding with a Championship game at the Atom and Pee Wee level. The Thunder will have three home weekends this year, with all of the teams playing in Stonewall on Sept. 14, Oct. 8 and Oct. 16.

The Thunder's Varsity team has three home games during the season on Sept. 23, Oct. 7 and Oct. 20.

Interlake Thunder club president and Varsity head coach Mitch Obach is super excited for the 2022 season. Obach notes that the Thunder had a great 2021 season both on and off the field and now have more players registered at all four age levels than they've had for many seasons.

"At the Varsity level, practices have been going well as we prepare for a very gruelling start to the season with our first three games on the road, beginning Sept. 2 in Souris versus a very tough Southwest Sabres squad," said Obach. "We have a great mix of players from grades 9-12 and will lean on a lot of returning players on offence to put up points for us. Defensively, we are a little less experienced this year, but we are all very athletic and believe we can build to-

wards a well-rounded team with plenty of depth to carry us through the season. With such great work ethic at practice, enthusiasm is high for a great year on the gridiron."

The Crunchers play before the Atom team in Stonewall at 10 a.m., and the Pee Wee team will play after at 3 p.m. on Sept. 11.

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Manitoba Hockey Hall of Fame welcomes 2022 Induction Class

By Ty Dilello

After a two-year pause due to the COVID-19 pandemic, the Manitoba Hockey Hall of Fame will be holding its 2022 Induction Dinner on the evening of Oct. 8 at the Canad Inns Polo Park in Winnipeg.

Induction ceremonies this year will include six players - Mark Mackay, David Hrechkosy, Jason Botterill, Sami Jo Small, Barry Legge, and Brad Chartrand, one builder - Mark Chipman, one official - Ron Ottawa, one member of the media - Randy Turner, two teams - Thompson Hawks (1974-75) and Pierson Bruins (1953-1961) and one veteran - Bernie Morris.

There are a couple of Interlake connections with this year's inductees. Dave "Wrecker" Hrechkosy grew up in the North End of the city and spent some years during his youth in Lockport. Hrechkosy went on to play in the NHL with the California Golden Seals and St. Louis Blues in the 1970s.

Veteran Bernie Morris was a star player in the 1910s and 1920s who was born in Brandon and raised in

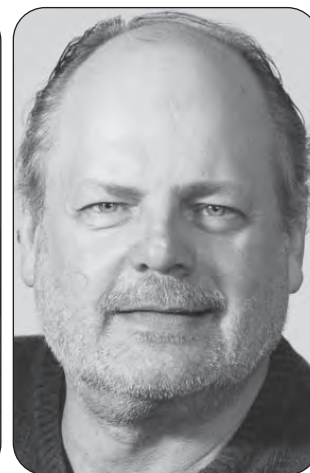
Selkirk. Orphaned at the age of 8, along with two brothers, he dropped out of school after the eighth grade to work on his uncle's farm.

Morris played for several senior teams in Manitoba and Saskatchewan before joining the Pacific Coast League Victoria Aristocrats in 1914. He moved over to the Seattle Metropolitans the following season, played eight seasons for Seattle, and was a member of the Stanley Cup champion 1917 team. He had an outstanding 1917 Stanley Cup series, scoring 14 goals in four games.

Media member Randy Turner was born in Boissevain and started his journalism career at the *Selkirk Journal* before joining the *Winnipeg Free Press* staff.

A single gala ticket is \$160 or \$1,550 for a table of 10 and are available at: <http://www.mbhockeyhalloffame.ca>.

Manitoba has produced National, Olympic, World and Stanley Cup championship teams and some of the



TRIBUNE PHOTO SUBMITTED

Three people with ties to the Interlake will be inducted into the Manitoba Hockey Hall of Fame at its 2022 Induction Dinner on the evening of Oct. 8. Left to right, Dave Hrechkosy, Bernie Morris and Randy Turner.

greatest players in the game's history. Our Builders have played a key role since 1890 in organizing and growing the sport of hockey, while out of the limelight, the officials and volunteers have kept the game running.

This year's induction ceremony rec-

ognizes the dedication and contribution that all inductees have given to the game of hockey. The Manitoba Hockey Hall of Fame and Museum look forward to all who will attend and to applaud each individual and team's accomplishments.

Local athletes compete at U19 Western Canadian Fastpitch Championship

Staff

Several local athletes competed at the U19 Western Canadian Fastpitch Championship in Richmond, B.C. last month.

A combined team of Westman and Interlake Phillies' players posted a 3-4 record with a new team name of the "Whillies" at westerns.

Local players included Sarah Shew-

chuk, Brooke Wadge, Sarra Jackson, Emerson McAuley, Brittany Slatcher, and Maddy Fines.

Kalen McGuirk was also a member of the team but she could not attend westerns.

The Whillies went 3-3 in the round robin and then lost to Saskatchewan 1 by a 10-2 score in a tiebreaker.

"We actually played surprisingly

well," Fines said. "We didn't practice all year. We kind of got thrown together and we had a few pickups that helped us out. It was a weird tournament because all of the teams were pretty even. We ended up mercying the team that won the whole tournament in the round robin."

During the summer, the Whillies played "about eight games" in the

Manitoba Premier Softball League. The team then went to provincials where they finished fifth.

This year's team will lose just three players due to aging out, including Fines. Fines expects the team to do well next season.

"They have some solid girls moving up," she said. "They'll be Ok."

United earns 1-0 shutout win over FC

Staff

Stonewall United earned a 1-0 shutout win over Crescentwood Saturday FC in Manitoba

Major Soccer League 5th Division action last Friday at Memorial Park Turf Field.

Rupert Robinson scored for Stonewall.

With the win, Stonewall remains in third place with a 10-2-2 record and 32 points.

The United will play SCM Academy on Wednesday at the Ralph Cantafio Soccer Complex. Game time is 10 p.m.

The Stonewall Royals, meanwhile, lost 5-2 to the California Raisins in Winnipeg Women's Soccer League 3rd Division action on Aug. 22.

The Royals played Gateway Celtic this past Monday and the Tri-S Strikers on Tuesday but no scores were available.

Heading into those two games, Stonewall was 4-5-3 and had 13 points to sit in sixth place in the eight-team division.

The Royals will battle the Strikers on Thursday at the Shaughnessy Park Field. Game time is 8 p.m.

To see more photos of your favourite Interlake Athletes

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Activities for Seniors in Your Area



SEPTEMBER Calendar of Events!

Activity Centre • 374 – 1st Street West
For newsletters,
visit www.si55plus.org

Proof of vaccination and photo ID are required for in person programming, and proper mask use is encouraged. For more programming or to see how programs are being delivered, visit our website, or contact the office.

Clip & Save

- | | |
|--|---|
| September 1: Cabin Fever Reliever 3:00pm (Zoom) | September 16: Canasta/Games 1:00pm (In Person) |
| September 2: Quilter's Corner 11:00am (In Person) | September 20: Celebrations Dinner Theatre, 9:30am (Pre-registration required) |
| September 2: Canasta/Games 1:00pm (In Person) | September 21: Stitch N Craft/Men's Chat 10:30am (In Person) |
| September 7: Stitch N Craft/Men's Chat 10:30am (In Person) | September 21: Cards 1:00pm (In Person) |
| September 7: Book Club 12:00pm (In Person) | September 22: Virtual Chat 3:00pm (Zoom) |
| September 7: Cards 1:00pm (In Person) | September 23: Canasta/Games 1:00pm (In Person) |
| September 8: Virtual Chat 3:00pm (Zoom) | September 24: Trivia Night 7:00pm (Pre-registration required) |
| September 9: Travel Club Meeting 11:00am (In Person) | September 28: Stitch N Craft/Men's Chat 10:30am (In Person) |
| September 9: Canasta/Games 1:00pm (In Person) | September 28: Cards 1:00pm (In Person) |
| September 13: Prostate Cancer Awareness Presentation 1:00 ((Pre-registration required) | September 29: Shopping Trip 9:15am (Pre-registration required) |
| September 14: Luncheon 12:00pm (Pre-registration required) | October 5: Book Club 12:00pm (In Person) |
| September 14: Cards 1:00 pm (In Person) | October 5: Stitch N Craft/Men's Chat 10:30am (In Person) |
| September 16: Quilter's Corner 11:00am (In Person) | October 5: Cards 1:00pm (In Person) |

PICKLEBALL

Wednesday mornings, 9:30am
Tuesday & Thursday evenings, 6:00pm
Sunova Curling Rink
Last day of play at the Curling Rink is September 7th. Stay tuned for the Fall/Winter location!
Members \$3:00 Non-Members \$5.00
Call 204-467-2582 for more information



HOP, DROP AND SHOP

Operated by Stonewall and Area Mobility Service

September 6 - 10% Tuesday at Co-op (Stonewall)

October 3rd – Manic Monday at Family Foods (Stonewall)

• Stonewall pickups from: Lions Manor, Crocus Manor and Stonewood Place. 11:00 AM

Price is \$5.00 round trip. (Interac Tap is available)

Stops include Family Foods, Red River Coop, Center & Main (for banking) and Westside Plaza.

Call (204) 467-9446 to reserve your seat!

POLO PARK SHOPPING TRIP

Thursday, September 29

Depart 9:15am from Lions Manor, Entrance 1 and 9:30am from 55 Plus

Registration deadline: Tuesday, September 27

Members \$20, Non-members \$30

Call 204-467-2582 to register

ROYAL AVIATION MUSEUM TOUR

AND LUNCH AT SMITTY'S

Tuesday, October 11th

Depart 9:15am from Lions Manor, Entrance 1 and 9:30am from 55 Plus

Registration deadline: Tuesday, October 4

Members \$40, Non-members \$50

(lunch at your own expense)

Call 204-467-2582 to register

ROCKY MOUNTAIN HIGH

CHRISTMAS WITH THE WSO

@ Centennial Concert Hall

Thursday, December 8th

Depart 6:00pm from Lions Manor, Entrance 1 and 6:15pm from 55 Plus

Registration deadline: Friday, September 16

Members \$75, Non-members \$85

Call 204-467-2582 to register

South Interlake Seniors Resource-Stonewall 144-622 Centre Avenue-Lions Manor, Entrance 4.

SOUTH INTERLAKE SENIORS RESOURCE

Support Services for Seniors • Driver/Escort Program

• Equipment Lending Service • Meals on Wheels • Lifeline

• ERIK and ICE Programs • Handy Helper/Housekeeping Program

• Friendly Visiting and Telecheck (phone buddy)

• Home Hair Care Service • Resource information/Form Assistance

Our office is located in the Stonewall Lions Manor at 622 Centre Avenue, Entrance 4.

204-467-2719 www.sisrc.ca

The South Interlake Seniors Resource Council offers services for seniors and those with disabilities to help them to remain independent and safe in their homes and communities. With the help of volunteers and our fee for service workers, we provide these services to the town of Stonewall, the RM's of Rosser, Woodlands and the southern portion of Rockwood.

VOLUNTEER OPPORTUNITIES

Looking for something to do in your spare time? Or are you needing volunteer hours come the school year? Whatever the reason, volunteering with South Interlake Seniors Resource might just be for you! Feel free to give us a call at (204) 467-2719 for more information about the volunteer opportunities available! We look forward to adding you to our team of dedicated volunteers

Supports to Seniors in Group Living (SSGL)

SSGL provides a range of free enhanced support services in group living/elderly persons housing buildings. These services will assist the residents in accomplishing their Instrumental Activities of Daily Living (IADL's) and provide them with the support to remain in their community and "age in place" If wanting any support services in group living/elderly persons housing building, please contact Sara @ 431 381 4002 or email @ ssglstonewall@shaw.ca

E.R.I.K

E.R.I.K. is an Emergency Response Information Kit developed by a community Advisory Council, established in response to community concerns regarding the availability of adequate information in emergency situations. All area emergency groups have endorsed this program. Once completed, the kit provides the necessary information for emergency personnel to respond quickly to your situation. Emergency Responders will look for this kit on your fridge!

WHO SHOULD USE THE KIT?

The kit is ideal for seniors, chronically ill person or those who live alone.

You may also want to take a copy of E.R.I.K. and your complete Health Care Directive with you when you are away on a trip.

What does the kit include?

Emergency Response Kit Information Letter • Health Care Directive • Patient – Advocate Form • Medical History • Sign up on line Donor Card

• It is important to update the information form as your information changes.

• The Christmas Season is a good time to update your ERIK with your family!

E.R.I.K are available at your local Seniors Resource office

For more information call 204-467-2719

St. Laurent Seniors Resource Council Inc.

“A HELPING HAND WHEN YOU NEED IT”

55+ and people with disabilities

Offering support services within the RM of St. Laurent and surrounding areas

St. Laurent Community Health Centre

51 Parish Lane, 204-646-2504 ext.4

Seniors Resource Coordinator, Darlene McKay

• Footcare Clinic • Mobility Aids • Victoria Lifeline

• (E.R.I.K.) Emergency Response Information Kit

• Volunteers for Different Services Such as Telecheck

• Resource Information • Transportation

• Fundraising Activities Throughout the Year.

Inquire about our new bike club coming soon!

“Celebrating Seniors in Action”

Teulon & District Seniors Resource Council Inc.

Providing a Helping Hand

Find us at 54 Main St,
Teulon 204-886-2570

PROVIDING FREE SERVICES TO SENIORS:

• PHONE BUDDY • DRIVER ESCORT

• INFORMATION/FORM ASSISTANCE

• COMMUNITY VOLUNTEER INCOME TAX PROGRAM

• MEDICAL EQUIPMENT LOANS

REGULAR OFFICE HOURS: 8:30AM-4:30PM

Book Your Classified Ad Today - Call 204-467-5836 or Email classifieds@stonewallteulontribune.ca



THE RURAL MUNICIPALITY OF WOODLANDS NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days: September 14th, 15th, 16th, 19th, and 20th, 2022

between the hours of 8:30 a.m. to 4:30 p.m. at the Rural Municipality of Woodlands office, 57 Railway Avenue, Woodlands, Manitoba, nominations will be received for the offices of:

Reeve and six Councillors of the aforesaid Local Authority; and Three Members of the LUD of Warren, Manitoba.

The nomination deadline is September 20, 2022 at 4:30 p.m. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is the lesser) of the authority or ward (as the case may be), but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person or by an agent at the above location, on the date and hours specified. To obtain a nomination paper, and / or candidate's declaration of qualification, contact the Local Authority at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Local Authority telephone number - 204-383-5679

Dated at Woodlands, Manitoba on August 24th, 2022

Ernie Epp
Senior Election Official (S.E.O.)
Rural Municipality of Woodlands



RURAL MUNICIPALITY OF ARMSTRONG EMPLOYMENT OPPORTUNITY VOTING OFFICIALS

The Municipality of Armstrong is now accepting applications to fill the positions of Voting Officials for the upcoming Municipal Election on October 26th, 2022 and Advanced Poll October 13th, 2022.

Mandatory 2-hour training session will take place in September 2022.

In order to be eligible to work in a temporary election position, you must fit the following criteria:

- 18 years of age or older;
- Legally entitled to work in Canada;
- Fluent in English;
- Applicants cannot be a direct relative of a candidate running in the October 26th, 2022 Election;
- Customer Service and/or experience in managing large groups and public relations;
- Ability to work well both independently and as a team;
- Access to reliable transportation;
- Availability to attend a mandatory 2-hour training session held during the last week in September 2022;
- Experience as a voting official in a previous election considered an asset.

Interested candidates should email cao@rmfarmstrong.com or mail to:

RM of Armstrong; Box 69; Inwood, MB; R0C 1P0
Attention: Assistant Senior Election Officials

Resumes will be accepted until all positions are filled. We thank all those who apply. Only those selected will be contacted.

Corlie Larsen, Assistant SEO
RM of Armstrong
Box 69
Inwood, MB R0C 1P0
Tel: 204-278-3377 Fax: 204-278-3437
Email: cao@rmfarmstrong.com

Classifieds Stonewall Teulon Tribune

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

LOT FOR SALE

Vacant building lot for sale. Gunton - Residential building lot, \$59,900. Also Teulon residential lot, back onto fair grounds, \$64,900. Ph 204-467-8537 or 204-955-2068, Stonewall.

BUSINESS OPPORTUNITY

Grocery store with liquor and large living quarters. Excellent sales. Listed at 1.2 million. smalleyreality@mts.net 204-339-1665.

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

BUILDING FOR SALE

24 X 28 building, 2x6 construction, fully insulated, wired & dry-walled, baseboard heat, panel box, no plumbing. On I-beams ready to move. Would make good addition or cabin, or a good office building, \$24,900. Ph. 204-467-8537 or 204-955-2068 Stonewall.

ANTIQUE & COLLECTABLE SALE

Don't miss the big annual JunkWagon Antiques & Collectables Sale. Everything from old toys, vintage clothing, comics, records, jewelry, rustic, retro, glassware, old advertising, old signs, upcycled & so much more. Saturday, Sept. 10th. Doors open 9 a.m. - 4 p.m. 980 Winakwa Rd. in Winnipeg. \$5 per person.

FARMLAND FOR SALE

Private Sale by owner - 160 Acres of land with mineral rights, 9 miles South of Arborg off of Hwy. #7. Older house (930 sq. ft.) with laminate floor and newer roof and cute gazebo attached to the house, 2 car garage, and 2 out buildings, \$275,000. For more information Please call Albert 204-671-3335 or Lori 204-651-0034 or 204-643-5750.

Need to Promote Your Business?

Call 204-467-5836 or Email igraphic@mts.net

REMEMBER YOUR LOVED ONES WITH A MESSAGE IN THE TRIBUNE

Full Time Position

Esso Super 7 Service Teulon

Email Resume to 7service@mymts.net
Or drop off in person at Esso Super 7 Teulon Attention Dave

TENDER

Request for Quotation (RFQ) CLEANING SERVICES

South Interlake Regional Library is seeking quotations for a three-year cleaning services contract for the Stonewall Library Branch.
419 Main Street,
Stonewall, Manitoba
Details at: www.sirlibrary.com

SHOP LOCAL



TOWN OF STONEWALL

NOTICE OF BOARD OF REVISION

General Assessment & Personal Property Assessment 2023 and 2022 Supplemental Property Taxes

Public Notice is hereby given that the 2023 General Assessment and Personal Property Assessment Rolls for the Town of Stonewall have been delivered to the Town Office at 293 Main Street, Stonewall, Manitoba and are open for public inspection during the regular business hours.

The Board of Revision shall sit to hear applications respecting assessment on **Thursday, October 13th, 2022 at the hour of 6:30 P.M.** in the Sunova Room at the Quarry Park Heritage Arts Centre, 166 Main Street, Stonewall, Manitoba.

Applications for revision of assessment shall be made in accordance with Sections 42 and 43 of the Assessment Act:

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2)

APPLICATION REQUIREMENTS

43(1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred above in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
 - delivering it or causing it to be delivered to the office of the Town of Stonewall, Box 250, 293 Main Street, Stonewall, Manitoba, R0C 2Z0, or
 - serving it upon the Secretary of the Board of Revision

The final date on which applications shall be received by the Secretary of the Board of Revision is **Tuesday, September 27th, 2022.**

Dated this 31st day of August A.D., 2022 at the Town of Stonewall in the Province of Manitoba.

Diane Allan, Secretary
Board of Revision
Town of Stonewall
Box 250
293 Main Street
Stonewall, MB
R0C 2Z0

Classifieds Stonewall Teulon Tribune

Book Your Classified Ad Today - Call 204-467-5836 or Email classifieds@stonewallteulontribune.ca

HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

Teulon Esso full time and part time. Send resume or in person attention Dave or Anne 204-886-3777 or email 7service@mts.net

Part time & full time movers required. Must have valid driver's license. Please call 204-467-2419 or 204-461-2352 cell.

Wanted reliable, motivated individuals. Must have a valid driver's license. Various positions, warehouse/yard person, data installers, opportunity for fibre technicians. Training provided for successful candidates. Call Jon 204-794-6014.

HELP WANTED

Full-time & part-time Class 1 drivers needed in Winnipeg (full time position is scheduled). Need 3 years experience and non-smoker. Please call 204-782-8105.

Teulon Day Care is looking for a new team member! Monday-Friday 2:30-5:30p.m Additional subbing hours available. Position to start immediately. We are also looking for casual substitutes. Send resume to teulondc@mymts.net or pop by the centre.

ROCKY MOUNTAIN EQUIPMENT is NOW HIRING: AG Equipment Techs, Heavy Equipment Techs - Journeyman & Apprentices, Parts Techs. View Open Roles & Apply: www.rockymtn.com/careers. Relocation and signing bonus offered.

HAVE A NEWS TIP OR AN INTERESTING STORY?? CALL 204-467-5836

HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes evenings and weekends. P/T office staff for sale days. Every Friday, 1st and 3rd Weds of each month and the odd Monday. Ph. Melissa at 204-299-7509 or email msobey@hotmail.com

WANTED
Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

UPCOMING EVENTS

Cluck & Quack Poultry Club Annual Sale - Poultry, small animals, equipment, crafts, vegetables, hobbies, etc. Saturday, Sept. 10th, 10 a.m. - 3 p.m. at Springfield Curling Club in Dugald, MB. For further vendor information contact Bill 204-755-2347 Email: bhartmann@explornet.com

LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. Lakeside Flight School 204-642-4799.

Starting a new business? Call us - We have everything you need to promote your business Call 204-467-5836



RURAL MUNICIPALITY OF ARMSTRONG PUBLIC NOTICE NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days: September 14th, 15th, 16th, 19th and 20th of 2022

between the hours of 8:30 am and 4:30 pm (note the office is closed between noon and 1:00 pm for lunch hour) at the Rural Municipality of Armstrong office, Lot 55 - Highway #17, Inwood, Manitoba, nominations will be received for the offices of:

Reeve and five Councillors of the aforesaid Local Authority.

The nomination deadline is September 20th, 2022 at 4:30 p.m. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is the lesser) of the authority or ward (as the case may be), but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person or by an agent at the above location, on the date and hours specified. To obtain a nomination paper, and / or candidate's declaration of qualification, contact the Local Authority at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Local Authority telephone number - 204-278-3377

Dated at Inwood, Manitoba on August 24th, 2022.

Ernie Epp
Senior Election Official (S.E.O.)
Rural Municipality of Armstrong



TOWN OF STONEWALL EMPLOYMENT OPPORTUNITY

QUARRY PARK MANAGER

The Town of Stonewall is seeking applications from qualified individuals for the position of Quarry Park Manager.

Reporting to the Chief Administrative Officer (CAO), the Quarry Park Manager shall be responsible for managing the operations of the Stonewall Quarry Park multiple use facility in compliance with Town policies and direction as set by the Council of the Town of Stonewall.

Annual salary will commensurate with education, qualifications and experience. This position includes an excellent employee benefit package.

The preferred applicant will have a minimum of 5 years managerial experience within an active and dynamic environment, be highly organized and independent, have strong administrative, interpersonal and communication skills, education and experience which provides a sound background in facility management, recreation and leisure. Education, experience or background in culture & heritage services or programs, community economic development, tourism and/or community relations would be considered an asset.

A detailed job description can be obtained on the Town of Stonewall website at www.stonewall.ca or by email at info@stonewall.ca.

Procedure for Applying:

Qualified Applicants are invited to submit a cover letter summarizing relevant experience, a resume, plus three (3) references to:

Town of Stonewall
Attention: Wally Melnyk
293 Main Street, Box 250
Stonewall, Manitoba
Email: ashleym@stonewall.ca

Deadline for applications:

Wednesday, September 14, 2022 @ 12:00 PM.

Start date: as soon as possible

The Town of Stonewall thanks all applicants, however only candidates interviewed will be contacted.



TOWN OF STONEWALL NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days:

September 14th 15th 16th 19th and 20th

Between the hours of **9:00 am and 4:00 pm**

At the

**Administration Offices, Stonewall Town Hall
293 Main Street Stonewall MB.**

I will receive nominations for the offices of:

Mayor and Councillor of the aforesaid Local Authority.

The nomination deadline is September 20th at 4:00 pm. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, of the Town of Stonewall. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person at the above location, on the date and hours specified, by an agent, or by fax or email. To obtain a nomination paper, and / or candidate's declaration of qualification, contact the SEO at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Wally R Melnyk	204-467-7979
SEO name	SEO contact telephone number
wmelnyk@stonewall.ca	204-467-7999
Email	Fax Number

Dated at the Town of Stonewall on August 16th 2022.

Senior Election Official (SEO) **TOWN OF STONEWALL**
Name of the local authority

ATTENTION FARMERS AND RANCHERS

THE ASHERN AUCTION MART
will be running a sale every Wednesday commencing
September 7, 2022
Please call ahead to book your cattle
For Further Information call
BUDDY AT 204-768-0018
KIRK AT 204-768-0019
License #1128

Classifieds

Book Your Classified Ad Today - Call 204-467-5836 or Email classifieds@stonewallteulontribune.ca

Stonewall Teulon
Tribune

SHOP LOCAL and help your local economy

LEGAL SECRETARY

Grantham Law Offices requires a legal secretary for a full-time position, due to expansion. Duties will include preparing legal documents and dealing with clients. Specific training will be provided. Salary will commensurate with experience.

Please forward your resume to: Grantham Law Offices, Box 1400, Stonewall, Manitoba R0C 2Z0, Attention: Doug Grantham or e-mail to: granthamlaw.lynne@mymts.net.



THE RURAL MUNICIPALITY OF WOODLANDS PUBLIC NOTICE BOARD OF REVISION

NOTICE IS HEREBY GIVEN THAT the 2023 Assessment Roll for the Rural Municipality of Woodlands has been delivered to the Municipal Office, 57 Railway Avenue, in the Village of Woodlands, Manitoba and is open for public inspection during regular business hours.

The Board of Revision shall sit to hear complaints on Tuesday, the 11th day of October, 2022 at 1:00 p.m. in the Council Chambers of the Rural Municipality of Woodlands, 57 Railway Avenue, Woodlands, Manitoba.

Any person who believes that an assessment ought to be revised may make application in accordance with sections 42 and 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
 - delivering it or causing it to be delivered to the office indicated below, or
 - serving it upon the secretary,

at least 15 days before the scheduled sitting date of the board as indicated above.

All applicants shall be provided written notice with the time of their hearing. Applicants are responsible for confirming that an appeal sent electronically has been received by the Rural Municipality of Woodlands, Telephone 204-383-5679.

Applications for revision or complaints must be received by 4:30 p.m., September 26th, 2022, mailed to the Rural Municipality of Woodlands, Box 10, Woodlands, Manitoba, R0C 3H0 or delivered to 57 Railway Avenue, Woodlands, Manitoba.

Dated this 18th day of August, 2022.

Kaitlyn Griffith, CMMA
Secretary, Board of Revision

take a break > GAMES

SUDOKU

	2			3			6	
						2	4	1
	7	1				3		
	1			4		7	9	
	8				1			
6				7	8			
4					6			
				1				5
		6		5	3			

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Prairie Rose School Division PUBLIC NOTICE NOTICE OF NOMINATIONS AND BY-LAW 85-22 – WARD CHANGES

At the Special Board Meeting of July 26, 2022, the Board passed By-Law 85-22, being a by-law to re-establish the boundaries of the wards and the number of trustees in each ward. The newly established areas are listed below.

- Ward 1 - Miami/Roseisle - One Trustee
- Ward 2 - Roland/Homewood/Sperling - One Trustee
- Ward 3 - Carman/Graysville - Two Trustees
- Ward 4 - Elm Creek/Fannystelle - One Trustee
- Ward 5 - Elie - One Trustee
- Ward 6 - St. François Xavier - One Trustee
- Ward 7 - St. Eustache - One Trustee
- Ward 8 - St. Laurent/St. Ambroise - One Trustee

Please visit our website for a revised ward map at www.prsdmb.ca. School trustee elections are set for October 26, 2022.

NOTICE OF NOMINATION IS HEREBY GIVEN that on the following days:

September 14, 15, 16, 19 and 20th, 2022, between the hours of 8:30 a.m. to noon and 1:00 p.m. to 4:30 p.m. at the following location: School Division Office, 45 Main Street, South, Carman, MB., the Senior Elections Officer will receive nominations for the office of School Trustees of the aforesaid Division.

The nomination deadline is September 20, 2022, at 4:30 p.m. Nominations cannot be accepted after this date and time.

Candidates seeking election for School Trustee must obtain on their Nomination Form a minimum of 25 signatures of voters or not less than 1% of the voters of the ward (whichever is the lesser). Voters who have signed the candidate's nomination form, must have their name on the Prairie Rose School Division Voters List for the school division ward in which the candidate is seeking election.

Completed nominations must be submitted in person at the above location on the dates and hours specified. Candidates must bring in the original nomination form with acceptable signatures.

Nomination forms and more information can be found at www.prsdmb.ca under the "Board" menu or contact Prairie Rose School Division by phone at (204) 745-2003 or email at prsd@prsdmb.ca

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a Fall Supper or Event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOW ACCEPTING FALL AND WINTER CLASSIFIED NEWS-PAPER ADVERTISING! Book ahead and make the last part of the year the best part! Advertise NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging out and be seen WEEKLY in over 368,000 homes in Manitoba! Hiring? Selling something? Having an AGM? Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

HAVE A NEWS TIP OR AN INTERESTING STORY??
CALL
204-467-5836

Weekly Manitoba Newspaper For Sale Owners Retiring

Profitable subscription-based Community Newspaper / printing business in South Central Manitoba for sale. Very reasonably priced.

Contact The Western Canadian, Manitou at
204-242-2555

or email:
thewesterncanadian@gmail.com
for more info.



Online Patient Support Group
September 17 2022

10:30 a.m. CDT

Facing Fear - Coping with a chronic disease

To register:
sclerodemamanitoba.com
204 510-2855

EMPLOYMENT

ACCOUNTANT FULL TIME POSITION FOR LOCAL RETAIL COMPANY

We require an energetic and experienced accountant to be responsible for all aspects of accounting, up to and including financial statement preparation.

Requirements:

5 years experience, knowledgeable in MS excel, Simply Accounting, Minimum completion level 2 CGA or CMA. program, Business administration or business accounting program equivalent. Retail experience would be an asset.

Salary: 45,000 - 60,000 (depending on qualifications)
Own Transportation required
Please apply by email to: email@pratts.ca

Classifieds Stonewall Teulon Tribune

Book Your Classified Ad Today - Call 204-467-5836 or Email classifieds@stonewallteulontribune.ca



THE RURAL MUNICIPALITY OF ST. LAURENT NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days:
September 14, 15, 16, 19, and 20, 2022

between the hours of 8:30 a.m. to 4:30 p.m. at the Rural Municipality of St. Laurent office, 16 St. Laurent Veterans Memorial Road, St. Laurent, Manitoba, nominations will be received for the offices of

Reeve and four Councillors of the aforesaid Local Authority

The nomination deadline is September 20, 2022 at 4:30 p.m. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is the lesser) of the authority or ward (as the case may be), but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person or by an agent at the above location, on the date and hours specified. To obtain a nomination paper, and / or candidate's declaration of qualification, contact the Local Authority at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Local Authority telephone number - 204-646-2259

Dated at St. Laurent, Manitoba on August 24, 2022

Ernie Epp
Senior Election Official (S.E.O.)
Rural Municipality of St. Laurent

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Due to the September 5th holiday Monday, the Tribune Classified and Announcement booking deadline for the September 8th edition is Friday, September 2nd at 4 p.m. Please Call 204-467-5836

7	2	8	5	9	1	6	8	1
9	1	6	9	2	8	1	9	7
5	1	6	9	2	8	1	9	7
2	9	1	8	1	5	6	7	9
9	5	7	1	6	2	9	8	1
8	6	1	9	7	9	2	1	5
6	8	5	2	9	7	1	1	9
1	7	2	1	8	9	5	9	6
1	9	9	6	5	1	7	2	8

Sudoku Answer

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NOTICE OF APPLICATION RURAL MUNICIPALITY OF WOODLANDS REVISED WASTEWATER RATES WOODLANDS WASTEWATER UTILITY

August 15, 2022

The Rural Municipality of Woodlands (RM) has applied to the Public Utilities Board (Board) for revised wastewater rates for Woodlands Wastewater Utility (Utility) as set out in By-law No. 2756/22, read the first time on May 10, 2022. Rates were last approved in 2012 in Board Order No. 138/12, with current rates coming into effect January 1, 2014.

The current and proposed rates are as follows:

	Current Rates		Proposed Rates		
	By-Law 2608/12		By-Law 2756/22 Year 1	By-Law 2756/22 Year 2	By-Law 2756/22 Year 3
Quarterly Service Charge	\$ 8.15	\$ 9.20	\$ 9.48	\$ 9.76	
Wastewater (per REU)	\$ 85.90	\$ 88.67	\$ 91.67	\$ 94.69	
Minimum Quarterly Charge*	\$ 94.05	\$ 97.87	\$ 101.15	\$ 104.45	
Lagoon Tipping Fee**	\$ 13.00	\$ 13.40	\$ 13.80	\$ 14.20	
Annual Lagoon Licence Fee (per key)	\$ -	\$ 100.00	\$ 100.00	\$ 100.00	
Replacement Lagoon Key Fee	\$ -	\$ 250.00	\$ 250.00	\$ 250.00	

*Based on 1 Residential Equivalent Units (REU)
**Current Lagoon Tipping Fee Approved in Board Order 61/17

Details of the RM's application are available for review at the Municipal office or the Public Utilities Board's office. Any questions concerning the application for revised rates, or the operation of the Utility, should be sent directly to the RM.

If you have concerns/comments regarding the RM of Woodland's application for wastewater, rates please go to www.pubmanitoba.ca and provide your comment. Please note all comments will be forwarded to the RM.

Questions or comments should be sent on or before **September 15, 2022**.

The Public Utilities Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at www.pubmanitoba.ca.

Jennifer Dubois, CPA, CMA

Assistant Associate Secretary
Manitoba Public Utilities Board

McSherry Auction Service Ltd

**McSherry Auction Online Auction
The Estate of Wallace Klos
Thursday September 8th at 6:30 PM
Anola, MB**

North 5 Miles on HWY 12
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Contact Mike # 204-479-0236

Featured Items: Int 4366 4WD, NH 855 Round Baler, '68 Ford 700 16' B+H, Rockomatic 546 Stone Picker, JD 2010 3PH, JD Side Del Rake, Bushel Master 540 Grain Vac, '01 Macdon 4000 9' Haybine, JD 450 9' Sickle, 9'Tandem Disc, 300-350 Grain Cart, (5) MF 360 15' Discer/Seeders, Int 70 Plow, Farm King Auger, (3) Friesen 40 Ton Hopper Bins, (18) Grainery Bin 1300 -3500 Bushel, 1978 Honda XLT 250cc Dirt bike, Eezon 15' Tandem Disc, JD 360 30' Tandem Disc, Int 7200 Hoe Drill, Co-op 550 - **Along with more Equipment, Vehicles, Farm Misc., & Tools -**
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TOWN OF STONEWALL

EMPLOYMENT OPPORTUNITY

CORPORATE/LEGISLATIVE SERVICES COORDINATOR

The Town of Stonewall is seeking applications from qualified individuals for the position of Corporate/Legislative Services Coordinator.

Under direct supervision of the Corporate Services Manager, the Corporate/Legislative Services Coordinator shall be responsible for providing administration and communication support for the Chief Administrative Officer (CAO) and Council of the Town of Stonewall.

Annual salary will be commensurate with education, qualifications and experience. This position includes an excellent employee benefit package

The preferred applicant must be detail oriented, will have excellent interpersonal and organizational skills, be self-motivated, and be proficient in Microsoft Word and Excel. Applicants must have the ability to balance personal initiative with a willingness to follow the directions of the CAO, Corporate Services Manager, Council and/or the Municipal Act. Graduation from an Administration Assistant Certificate or Diploma Program or equivalent is required. Graduation from, or enrolment in, the Four Year Municipal Administration Certificate Program would be considered an asset.

A detailed job description can be obtained by email at ashleym@stonewall.ca.

Procedure for Applying:

Qualified Applicants are invited to submit a cover letter summarizing relevant experience, a resume, plus three (3) references to:

Town of Stonewall
Attention: Marilisa Voth
293 Main Street, Box 250
Stonewall, Manitoba
Email: ashleym@stonewall.ca

Deadline for applications:

4:00 PM on Wednesday, September 14, 2022

Start date: as soon as possible

The Town of Stonewall thanks all applicants, however only candidates interviewed will be contacted.

Book Your Classified Ad Today - Call 204-467-5836 or Email classifieds@stonewallteulontribune.ca

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Announcements

EMPLOYMENT OPPORTUNITY



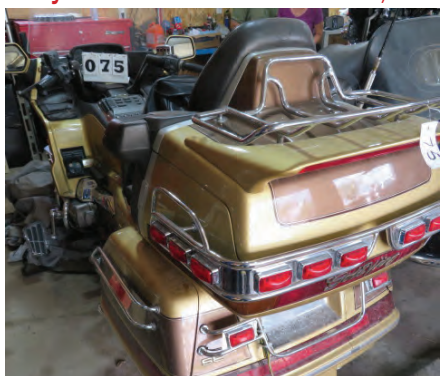
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IN MEMORIAM



Justin Norman Barylski
July 29, 1999-September 1, 2020
My Nephew in Heaven

They say there is a reason,
They say time will heal;
Neither time nor reason,
Will change the way I feel.
Gone are the days,
We used to share;
But in my heart,
You are always there.
The gates of memories
Will never close;
I miss you more than
Anybody knows.
Love and miss you every day.
Till we meet again.

-Love always,
Aunty Lindsay

IN MEMORIAM



Justin Barylski
My Star in Heaven

I'm sending a dove to heaven,
With a parcel on its wings;
Be careful when you open it,
It's full of beautiful things.
Inside are a million kisses,
Wrapped up in a million hugs;
To say how much we miss you,
And to send you all our love.
We hold you close with in our hearts,
And there you will remain;
To walk with us through our lives,
Until we meet again.

-Love you always
Mom, Dad, Tyler, Kylie and Emma

IN MEMORIAM



Aviator Justin Barylski
July 29, 1999 - September 1, 2020

Two years since you left us
How can this be??
"I wish Heaven had visiting hours."

-Love you,
Grams and Gramps Wynne

BIRTHDAY



To our dad, Gerry Palmer!
Happy birthday to you on September 1st!
-Love Dorothy,
kids, grandkids and all the fur babies
for whom you provide treats!

CARD OF THANKS

Three Pistols Band would like to give a HUGE THANK YOU to the Teulon Rodeo Club and ALL who attended our BIGGEST and BEST SOLD OUT SHOW YET!! What a GREAT PARTY from start to finish! Well done TEULON RODEO CLUB!!

-Cheers,
Kalen, Ken and Trig

CARD OF THANKS

The Stonewall & District Lions Club would like to give special thanks all those who sponsored, volunteered, or participated in the Stonewall & District Lions Club 6th Annual Golf Tournament! We would also like to thank Ed and the staff at the Inwood Golf and Country Club for hosting the event.

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Paterson Grain Crop
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Magdalena Melnychuk,
has joined our team!

Magdalena will be with us full-time, after working seasonally the previous two growing seasons. Ms. Melnychuk graduated from the University of Manitoba in February with a Bachelor of Sciences in Agroecology, and is excited to meet and work with the local farmers in the area where she grew up.

Please join us in welcoming her to the team!

Give us a call about our fall soil
sampling special! 204-886-3401.



Announcements



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CELEBRATION OF LIFE



Robert Keith Ryan
February 24, 1931 – January 1, 2021



Herbert Edward Ryan
October 10, 1936 – December 24, 2020

On Saturday September 10, 2022, from 2:00 p.m. to 4:00 p.m., the Ryan family will be holding a remembrance and celebration of the lives of our father Keith Ryan and uncle Herb Ryan, at the home of Chris and Renee Ryan, Rosser, MB. If directions are needed, please contact Nancy Ryan-Arbez at 204-253-5019.

NOTE: Our event will be in a partially enclosed area. While all are welcome, we ask that you wear a mask while in the enclosed area.

IN MEMORIAM



In Loving Memory
Matthew MacIntyre

December 18, 1984 – September 6, 2012

TEN YEARS have gone by without you.
Days have turned into years.
Treasured are the memories
But there are always many tears.
We hold you close in our hearts so tight,
Your memories are rainbows
forever shining bright.

-Loved dearly and so sadly missed
Mom, Dad and Tracey

IN MEMORIAM

In Memory of
Margaret Charison
who passed away peacefully
on August 30, 2021

Wife, Mother, Grandmother,
Great-Grandmother, Sister, Aunt and Friend
forever loved and missed
by all whose lives she touched.

In the year since our precious Mom passed,
so many treasured memories have floated
through our minds and hearts.

Dearest Mom, we know you are still with us,
and we are so grateful for all the amazing
years you gave us. You had a profound impact
on our future, always encouraging us to be
kind to everyone we meet, and to live our best
life, through all the ups and downs.

Your generous spirit, unconditional love
and loyalty, and complete devotion to your
family are your enduring gift to us. This great
legacy gives us the strength, and the absolute
commitment to follow your example in moving
forward with our own families. We, your kids,
grandkids and great grandkids, will always
remember you with love and will continue to
carry your memory close in our hearts and
souls. We miss you, Mom.

*There is a link death
cannot sever,
Love and remembrance
last forever.*

OBITUARY

Edward William Docking

Edward William Docking passed away peacefully on August 16, at the age of 93 at the Health Sciences Centre in Winnipeg.

Bill is survived by his "Darlin" wife, Edith, their three daughters, Pat Hammell (Tom), Karen Hutchinson/Martin (Ralph), Elaine Ronovsky (Kevin); grandchildren and great-grandchildren Steven, (Melody), Benjamin, Beatrice and Blythe Hammell, Sean, (Chelsy) Delaney, and Myles Hammell, Jeffrey, (Sabina), Sofia and Amelia Hutchinson, Danny, (Beth), Nhien and Ainsleigh Hutchinson, Scott, (Meredith), and Aubrey Hutchinson, Brennen Ronovsky, Chantel (Kyle) MacElroy and Everley Dodgson; siblings Wayne Docking, Joyce Holman, Hazel Delbello; sisters-in-law Arlene Docking, Doreen Docking, Betty Witter (Bill), Gwen Hickson, Gail Hickson; son-in-law Hervig Ronovsky and countless nieces, nephews and friends.



Bill was born on April 23, 1929 in Langbank, Saskatchewan to railroader Melvin and English "lady" Lily. His life of hard work started early, building a house with his dad and helping a family friend with their farm. He started his railroad career at the age of 17, starting as a Gandy dancer (a "section hand" who laid and maintained tracks before machines), then as a railwayman and travelling instructor, making many lifelong friends along the way.

He met the love of his life, Edith Hickson, when in grade 8 at Forrest, and started holding hands in grade 9. They were married at the Forrest United Church and celebrated their 73rd wedding anniversary a mere two weeks before he passed. Their true love for each other was unending. Their first years were spent moving around Ontario for work, finally settling down in Winnipeg, where they built their first home on Vimy Road, later moving to Belcourt Bay.

While living in the city, Bill and Ede found ways to serve their community; highlights include their time at Kirkfield United Church, organizing fundraising events through the St. James Assiniboia Optimist Club (his favourites included the Christmas Tree sale and the Buffalo BBQ), trustee for the St. James Assiniboia School Division. His hobbies included golf, curling and playing hockey. At Assiniboia Downs he was a hotwalker for neighbours' horse, Belfour Bookie. Bill always had a dream of owning a farm and raising Hereford cattle, so they said goodbye to city living and bought a farm near Gunton (he joked that he wanted a place he could turn into something and run until his pension ran out!). They named it April Acres. They raised cows, grew crops and gardens, made new friends and added a pool for the grandchildren. Bill found ways to get involved in the Interlake community as well; joined the Teulon United Church, sat on the board of the Hunter Memorial Hospital Foundation (where he was instrumental in establishing the Handivan service and the sunroom in Goodwin Lodge), volunteering for the Teulon Food Bank and Teulon Golf and Country Club, helped establish the Teulon and District Seniors' Resource Council, co-founded a volunteer transportation service for seniors and persons with disabilities, drove for Wheels of Hope (Canadian Cancer Society; Bill was a cancer survivor himself), co-owned, with family, a local restaurant in Teulon (The Kin) and served as councillor for the Rockwood Municipality. Bill helped create a cross country running and skiing trail through Ross Creek, which was part of their property. He was honoured and humbled when he received the Caring Canadian Award for Volunteerism from the Governor General in 2007. Bill and Ede sold their farm and moved to the big town of Teulon continuing to help any way they could and enjoying neighbours close by. The last few months were spent at the Shaftesbury in Winnipeg where they were well taken care of and Bill had the staff giggling as he kibitzed with them.

Above all else, Bill was a family man. Sister Joyce said Bill was a great brother to her, Hazel, Barry, Clair and Wayne. He taught them many things, always helped them out and was so much fun to be with. Traditions were important; the family gathered for holidays, Friday Night parties and Sunday dinners. They spent time together at their Gimli cottage, Bomber games (he was a loyal fan and season ticket holder) and enjoyed taking the grandchildren on summer adventures (by motorhome, by house boat, staying in hotels and motels, visiting historic sites and taking in beautiful views along the way). He never missed a concert, a game, a recital or competition; Bill would be there, cheering them on. His sense of humour kept the family smiling. His favourite tunes to sing to his grandkids were Don't Fence Me In and Sioux City Sue. And when he wasn't teaching from the frontlines, cheering from the sidelines, telling jokes or singing tunes, he was passing on his words of wisdom: It can be done. Be careful what you choose; you may get it. Check the small things. It was a life well lived.

He will be greatly missed and never forgotten.

"Oh, give me land, lots of land under starry skies above. Don't fence me in. Let me ride through the wide-open country that I love. Don't fence me in. Send me off forever but I ask you please, don't fence me in."

Special thanks to Dr. Loudon, Seven Oaks Hospital & HSC for their comforting care of Bill.

Donations in Bill's memory can be made to: CancerCare Manitoba, 675 McDermot Ave. #1160, Winnipeg MB R3E 0V9; Teulon & District Seniors Resource, Box 418 Teulon, MB R0C 3B0; Teulon Christmas Cheer Board Inc., Box 37 Teulon, MB R0C 3B0.



**REMEMBER YOUR LOVED ONES PASSED
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OBITUARY



Cecilia Hubar
October 24, 1939 – December 1, 2021

It is with great sorrow that we announce the passing of Cecile peacefully with her family by her side December 1st, 2021.

Mom was predeceased by her parents Rosalia 1987 and Michael 1960; brothers John 1937 and Anthony 1954; sisters Mary 2015 and Cathy also in December 2021.

Mom leaves to cherish in her memory her loving husband of 63 years Daniel, daughters Tracy (Fred) special grandson Nicholas; Roxanne (Glen); sister-in-law Jayne (Blayne) as well as many nieces and nephews.

Mom started her life on a family farm in Stony Mountain where she met her best friend and husband Danny. Together they raised their daughters with many wonderful memories spent at ball diamonds, curling and hockey rinks. Mom and Dad also loved their home by

the lake watching the peaceful wildlife and talking about the good old days. Memories... too many to mention, but you were all there.

Mom started her working career with Richardson Securities on the stock exchange and ended her working career with Lakeview Resort where she was loved and adored by all. Mom cherished all her friendships through out the years.

Mom will be remembered by her beautiful smile, her sense of humour and her strength, she loved us all with all her heart.

We love you and miss you mom.

We will never forget how blessed we were to have you in our lives.

A private and lovely graveside service has taken place on July 22, 2022 at Stonewall Cemetery, officiated by Sister Cathy Laviolette.

We would like to thank all the Health Care Workers who were there for Mom and our family.



OBITUARY



Kenneth Harry Pearson
October 28, 1949 – August 20, 2022

Ken Pearson was born on October 28, 1949 to Harry and Alma Pearson of Teulon, Manitoba. Ken married his wife of 53 years, Helen, and moved to Winnipeg where they attended university. After several moves, they settled in Cypress River where he began his trucking career. Ken founded his company, Pearson Transport, and together with his family they expanded to BC where he eventually retired to Mara Lake.

He was an avid outdoorsman and enjoyed classic cars, motorcycles, as well as sledding and quadding in the mountains. He took great pride in maintaining his home and yard.

Ken will be forever loved and missed by his wife Helen; children Chris (Erika) Pearson, Andrea (Neil) Searles, Erin (Colin) Nathaniel; and grandchildren Jayme, Dustin, Harry and Ray. Ken will also be

missed by his siblings Elizabeth (Bill), Leslie, Kurt (Connie) as well as many cousins, nieces, nephews and friends.

Ken made his dreams a reality, and after a great day of doing what he loved with his family, he would say 'Can't take that one back'.

A Celebration of his Life will be planned for summer of 2023 in Balmoral, Manitoba.

In lieu of flowers donations can be made to the Shuswap Hospital Foundation, PO Box 265, Salmon Arm, BC, V1E 4N3.

Your memory will live forever Engraved within our hearts

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Agnes Furgula, Riverton.....\$939.00	Matthew Hamberg, Winnipeg.....\$399.00	Jason and Sarah Naylor, Arborg.....\$1328.99
Scott McDougall, Ashern.....\$369.00	Star Johanneson, Arborg.....\$549.00	Peter and Lisa Sawatzky, Arborg.....\$249.00
Doug Moroski, Meleb.....\$399.00	Allan & Janie Johnson, Riverton.....\$1,059.00	Donna and Jim Skinner, Arborg.....\$50.94
John Harper, Hodgson.....\$799.00	Brenda Kayer, Teulon.....\$399.00	Allen Spence, Hodgson.....\$1199.00
Robert & Delores Jacobson, Arborg.....\$279.00	Wayne & Kathy Kristinnson, Arborg.....\$499.00	John and Mary Trojan, Arborg.....\$868.99
Brad Baziniak, Riverton.....\$698.00	Jeff Melsted, Gimli.....\$120.00	Boyd Abas, Hodgson.....\$338.99
Alan Porter, Peguis.....\$1,698.00	Beverly & Bryan Platt, Arborg.....\$2,148.00	Sharon J. Bear, Peguis.....\$39.99
Pete & Verna Bodnar, Arborg.....\$1,028.00	Ruce Reimer, Arborg.....\$1,308.00	Sophie Bristow, Gimli.....\$49.00
Zenth Poole, Arborg.....\$1,849.00	Ray Reimer, Arborg.....\$399.00	Susan & Greg Brown, Lundar.....\$1,713.00
Kevin & Lisa Klym, Arborg.....\$179.00	Donna Votour, Arborg.....\$69.00	Elaine Bruce, Ashern.....\$449.00
Joan Hudson, Hodgson.....\$979.00	Richard & Judith Werner, Arnes.....\$419.00	Linda Foster, Matlock.....\$408.00
Leonard & Joyce Jackson, Gimli.....\$2,427.00	Don Barkman, Arborg.....\$279.00	Dan & Nyla Klatt, Grahamdale.....\$649.00
Amanda Rundle, Riverton.....\$258.00	Noreen Barkman, Arborg.....\$679.00	Rosemarie Kawalenko, Arnes.....\$1,929.00
Kay Bergman, Arborg.....\$2,229.00	Mark Bayliss, Arborg.....\$19.95	Lenore Mahase, Winnipeg.....\$369.00
William & Ethel Brown, Gimli.....\$5,000.00	Melvin & Carol Bilinski, Fisher Branch.....\$999.00	Melissa Markusson, Gimli.....\$399.00
Mike Budniak, Meleb.....\$1,504.10	Jim & Wanda Brandson, Lundar.....\$916.00	Stacy Markusson, Gimli.....\$2,637.00
Leona Cochran, Koostatak.....\$499.00	Paul & Linda Buus, East Selkirk.....\$338.00	Darrin Mitchell, Riverton.....\$1,703.95
Ivan & Christine Fridfinnson, Arborg.....\$737.10	Richard & Doris Dueck, Arborg.....\$59.90	Bert & Vera Osborne, Arborg.....\$279.00
Jocelyn & Tony Hayka, Arnes.....\$949.00	Henry T. Friesen, Arborg.....\$1,727.95	Ashely Prince, Peguis.....\$20.00
John Hudyma, Fraserwood.....\$599.00	Jocelyn & Tony Hayka, Arnes.....\$749.00	Glen Tamolo, Sandy Hook.....\$1,179.00
Alex Klimchuk, Fisher Branch.....\$575.00	Carl Johnson, Riverton.....\$499.00	Rick Weins, Arborg.....\$649.00
Kevin & Lisa Klym, Arborg.....\$1,484.00	Darryl & Jeanette Lazarok, Poplarfield.....\$599.00	Cornelius Weins, Arborg.....\$59.00
Claudia Kravchuk, Fraserwood.....\$499.00	Janet Loewen, Arborg.....\$59.00	Roger and Christine Abuda, Arborg.....\$849.00
David & Judy McDougall, Ashern.....\$399.00	Janet Porth, Gimli.....\$1,759.00	Wilt and Shelly Ashley, Arborg.....\$193.98
Tammie McQuoid, Arborg.....\$1,049.00	Candace Sigurdson, Riverton.....\$499.00	Darryl and Doris Bear, Peguis.....\$2,647.00
John Miller, Broad Valley.....\$69.95	Tracy Sigvaldason, Arborg.....\$299.00	Dwight Dilts, Stonewall.....\$1,828.00
Ronald Platt, Arborg.....\$499.00	Della Sinclair, Koostatak.....\$1,599.00	Lil Firman, Gimli.....\$2,068.00
Frank Reimer, Arborg.....\$658.00	Isabel JToy, Lundar.....\$469.00	Ruth Kennedy, Arborg.....\$64.99
Dave & Eileen Shott, Arborg.....\$98.00	Cynthia Webster, Gimli.....\$449.00	Chris and Jennifer Kristjansson, Gimli.....\$919.00
Fern & Philip Sinclair, Peguis.....\$279.00	George & Maria Wiebe.....\$51.00	Bruce and Elaine Marlinson, Riverton.....\$399.00
Philip Thorkeison, Arborg.....\$599.00	Debbie & Adrian Zelenitsky, Gimli.....\$858.00	Stephen and Candace McKinnon, Eriksdale.....\$1,669.00
Stanley Wallach, Poplarfield.....\$399.00	Doreen Steg, Camp Morton.....\$1,474.50	Stephen and Liz Murdock, Koostatak.....\$70.00
Philip Bauernhuber, Arborg.....\$1,900.00	Darlene Jonsson, Gimli.....\$529.00	Lorne and Susan Smith, Gimli.....\$929.00
Simonetta DeSante, Riverton.....\$529.00	Delbert & Luwana Brandt, Riverton.....\$1,799.00	Faye Stevenson, Peguis.....\$1,173.95
Danielle & John Weedon, Riverton.....\$1,799.00	Brenda & Ed Anderson, Princess Harbor.....\$529.00	Walter and Charlene Stevenson, Peguis.....\$154.98
Bev Webb, Fisher Branch.....\$129.00	Linda Williams, Peguis.....\$339.00	Renate Van Der Molen, Eriksdale.....\$1,632.10
Alan McKay, Arborg.....\$349.00	Eugene Feschuk, Gimli.....\$2,227.00	Delores Wallbridge, Peguis.....\$2,186.00
Zenth Poole, Arborg.....\$848.00	Ira Jean Buck, Hodgson.....\$26.75	Al and Gloria Wiebe, Poplarfield.....\$152.94
Barb & Menno Friesen, Riverton.....\$559.00	Glen & Phyllis Stevenson, Peguis.....\$877.00	Irene Zazulski, Fraserwood.....\$279.00
Pat Dudrak, Arborg.....\$499.00	Don & Betty Johnson, Arborg.....\$1,299.00	Kurtis and Iris Stansell, Arborg.....\$239.00
Mary Dunlop, Gimli.....\$109.00	Patricia McCallum, Gimli.....\$569.00	Stephen & Liz Murdock, Koostatak.....\$841.00
Joan Harrison, Arborg.....\$1,988.00	Marvin Olson, Arborg.....\$29.95	Dan and Carla Christiansen, Gimli.....\$2,257.99
Roxanne Roche, Arborg.....\$1,868.00	Jeroline Smith, Peguis.....\$1,227.00	Duane Loewen, Arborg.....\$199.59
Ernie & Lucille Stabner, Eriksdale.....\$1,349.00	Sandra Jonasson, Arborg.....\$549.00	Matthew Smith, Eriksdale.....\$2,297.00
Nancy Woychshyn, Arborg.....\$499.00	Melissa & Jeff Abuda, Arborg.....\$3,339.00	Sharon McLeod, Gimli.....\$1385.97
Donna & Ray Andert, Gimli.....\$899.00	John Paul Avison, Arborg.....\$679.00	George and Mary Lywak, Koostatak.....\$629.00
Will Ashley, Arborg.....\$479.00	Carol & Dan Beauchemin, Inwood.....\$1,129.00	Lorna Friesen, Arborg.....\$599.00
Jake Barkman, Riverton.....\$619.00	Jim Dingwall, Camp Morton.....\$1,038.00	Teddy Ferkel, Sandy Hook.....\$699.00
Mike & Thelma Blahay, Arborg.....\$557.00	Eugene Feschuk, Gimli.....\$698.00	Darrell and Donna Thaddeus, Koostatak.....\$138.00
Elaine Bolter / Geoff Crew, Sandy Hook.....\$999.00	Jason Hudson, Riverton.....\$1,278.00	Joyce and Glenn Peden, Gimli.....\$1,019.00
Karen Dzaid, Arborg.....\$499.00	Darlene Jonsson, Gimli.....\$359.00	Lilja Macaulay, Gimli.....\$829.00
Natalia & Roger Eyoifson, Riverton.....\$1838.00	Ruth Kennedy, Arborg.....\$549.00	Dennis & Marlene Riehl - Arnes.....\$899.00
Randy & Glenda Forster, Hodgson.....\$1898.00	Benita Muzyka, Arborg.....\$388.00	Ruth & Steve Macduff - Gimli.....\$868.00
Perry & Genni Hibbert, Arborg.....\$479.00	Archie Thompson, Arborg.....\$549.00	Christine Loft - Riverton.....\$399.00
Kris & Begga Johanneson, Riverton.....\$939.00	Amanda Under, Riverton.....\$799.00	Thomas Pardoski - Stonewall.....\$399.00
Rick & Sheila Johnston, Arborg.....\$349.00	Evelyn Wallach, Poplarfield.....\$899.00	Cindy & Derek Grimolton - Riverton.....\$749.00
Bertha Jonasson, Arnes.....\$769.00	Judy Wells, GrandePointe.....\$119.00	Louise Baryfski - Arborg.....\$1128.00
Donna Jonasson, Arnes.....\$399.00	Lynn Bear, Peguis.....\$239.00	Arnold & Shirley Jonasson - Arborg.....\$969.00
Jeannette Kist, Gimli.....\$121.87	Hazel Brunen, Eriksdale.....\$729.00	Eric & Stella Funk - Gimli.....\$889.00
Kevin & Lisa Klym, Arborg.....\$774.00	David Chudy, Fisher Branch.....\$1,499.00	Donna Dolphin - Arnes.....\$515.65
John & Tina Kornelson, Arborg.....\$689.00	Susie and Brian Eyoifson, Riverton.....\$528.00	Maureen Blandford - Arborg.....\$79.00
Ken & Helena Kostshyn, Lundar.....\$639.80	Nelson Hudson, Koostatak.....\$629.00	Christina Asham - Peguis.....\$2,007.00
Thomas Kowalchuk, Fraserwood.....\$499.00	Larry and Valerie Kornelsen, Arborg.....\$799.00	Julia Penny - Winnipeg.....\$549.00
Layne & Holly Kulbacki, Arborg.....\$599.00	Jason Loewen, Arborg.....\$859.00	Rita Kirkness - Koostatak.....\$2,897.00
Edward Penner, Arborg.....\$619.00	Rita Milne, Gimli.....\$1,327.43	Kassidy Brooks - Peguis.....\$668.00
Keith Poleschuk, Arborg.....\$2082.00	Minerva Ladies Aid, Gimli.....\$659.00	Crystal & Aaron Magnusson - Riverton.....\$999.00
Curtis Spence, Hodgson.....\$479.00	Sheila Murdock, Koostatak.....\$1,018.00	Barry McKay - Fisher River.....\$399.00
Tanya & Lyle Thorgilsson, Lundar.....\$329.00	Ruth Otto, Ashern.....\$1,829.00	Doris & Tom Trottier - Arnes.....\$4898.00
Nancy Woychshyn, Arborg.....\$768.00	Gwen Adams, Matlock.....\$1,499.00	Leonard & Donna Gulay - Arborg.....\$669.00
Mathew & Gemma Avison, Arborg.....\$219.00	Buddy Chudy, Fisher Branch.....\$1,298.00	John & Carol Petkau - Arborg.....\$49.99
Raymond Bazinet, Eriksdale.....\$389.00	Dave and Mary Grate, Koostatak.....\$529.00	Jan Lardner - Sandy Hook.....\$2478.00
Lynn Bear, Peguis.....\$1,044.00	Frank Dziedzie, Stonewall.....\$859.00	Adrian & Allan Koblum - Arborg.....\$53.00
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Debbie Deveau, Eriksdale.....\$249.00	Ilean Haldane, Winnipeg Beach.....\$1979.00	Olga Persoage - Teulon.....\$54.99
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Sid & Beatrice Dueck, Arborg.....\$569.00	Joan Krulicki, Arborg.....\$1,126.99	Daphne Grier - Riverton.....\$949.00
Don Firman, Arborg.....\$529.00	John Logan, Teulon.....\$439.00	William Whiteway - Arnes.....\$1899.00
Leslie Gislason, Riverton.....\$699.00	Todd and Lisa Mazur, Fisher Branch.....\$72.40	Fred Finsson - Hnausa.....\$319.00
Heather Hamberg, Teulon.....\$749.00		Dawn & David Sul - Arborg.....\$2118.00

A NOTE TO OUR CUSTOMERS

Due to the nature of this sale, we felt a brief explanation is essential.
At closing, 6 p.m. Sat. Oct. 1st we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to this daily average, without going over it, will be the day which ALL qualifying purchasers will receive their purchase amount back, taxes excluded.

In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.
Every item in stock will be included in the sale. No exceptions - clearance, damaged, discontinued, even new arrivals: furniture and appliances.

We would like to thank you for your support, especially in these challenging times. This is our opportunity to give back by awarding one whole day for free.
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SALE RULES

- All sales must be paid in full to qualify for this sale.
- Visa, Mastercard or Smitty's Credit Cards accepted.
- Sale Starts 9 a.m. Tues., Sept. 6th and ends Sat., Oct. 1st, 6p.m.
- All purchasers on free day will be notified and receive their full refund by Friday, Oct. 8, 6p.m.
- All sales tallies and free day will be verified.
- Commercial sales excluded in tallies and free day.
- All taxes excluded in tallies and refunds.
- No returns or cancellations.

GRAND TOTAL TO DATE \$298,170.80



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