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A tailgate party

Emma Rossnagel, left, Hartlyn Issac, middle, and Owen Rossnagel wait patiently for the Quarry Days parade. The trio enjoyed Timbits and drinks from the back of the truck.

TRIBUNE PHOTO BY JO-ANNE PROCTER

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ESCAPE THE URBAN LIFE - CHECK OUT RURAL LIVING Share your dreams with me and I can help make them come true!

Stony Mountain contracting company celebrates 10 years

By Jennifer McFee

A Stony Mountain business continues to build on the success of its first decade while celebrating its 10-year milestone.

U Build Construction is a commercial general contracting company based out of Stony Mountain. Long-time childhood friends Brody Leathwood and Richard Maxwell launched the business in 2014. The best friends both grew up in Stony Mountain and went to school in Stonewall — and they've even been neighbours at the lake for the past decade and spend most summer weekends on the water together.

Initially, the entrepreneurial duo intended to become local homebuilders. They started from humble beginnings, working together in a small bedroom in one of their homes.

"The goal was to quit our full-time jobs and make a go of working together, which at the time was the only thing that mattered," Leathwood recalled.

"We started very small, renovating small spaces within the residential sector, and navigated through to who we are today."



U Build Construction owner/operators, Brody Leathwood, left, and Richard Maxwell.

Today, their large shop and office is a hub of activity in Stony Mountain, with more than 30 full-time employees.

"The business has evolved significantly as we've expanded our clientele from residential to commercial as well as went from one employee to over 35 full-time staff — including project managers, estimators, site superintendents, site staff and operators as well as multiple administrative staff," Leathwood said.

"We have strategically hired very hardworking, driven, smart and motivated people to form our team. We started painting basements 10 years ago to becoming one of the fastest-growing commercial contractors in the province, competing weekly with the largest general contractors in



TRIBUNE PHOTOS SUBMITTED

U Build Construction recently celebrated its 10-year anniversary.

the industry."

Today, U Build Construction's serves clients in the commercial, industrial, retail and institutional sectors.

"We specialize in design builds, new construction management, large-scale additions, fit-ups, envelopes and site or civil works," Maxwell said.

"We pride ourselves on our hard work and reputation as well becoming one of the fastest growing commercial contractors in Manitoba."

Keeping close to their roots, the main office and shop are located in Stony Mountain with future plans for a new state-of-the-art office, warehouse and shop.

For the business partners, one highlight was their work on Ecole Regent Park School, which included a brand new gym, classrooms and a stand-alone facility.

"This was a very large job with an

diverse, educated and talented project team that had a two-year schedule," Maxwell said. "We worked diligently with the Province of Manitoba, division leaders, professional architects and engineers."

Other points of pride include projects for Tech Voc High School, Manitoba Water Services Board and the Swan River RCMP detachment.

On July 31, the company celebrated its 10-year anniversary at Bel Acres with a round of golf followed by lunch.

"It's a great moment to finally be able to take a breath and look behind at all the company accomplishments and milestones," Leathwood said.

"We truly feel we are just getting going, and we are all very motivated to continue growing and ensuring our

Continued on page 3

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> CONTRACTING COMPANY, FROM PG. 2

clients are always very well looked after in the process. Nothing better than getting our team together as often as possible to enjoy all the great moments along the way.”

Looking ahead, Leathwood and Maxwell plan to continue building their team so they can remain competitive for large tendered jobs.

“We started very small, so we are very proud to be the leaders of one of the fastest-growing contracting companies in the province,” Maxwell said.

“We are beyond thankful for our talented team and our professional clients that continue to trust and support us.”



U Build Construction's serves clients in the commercial, industrial, retail and institutional sectors.



The U Build Construction team celebrated the milestone 10-year anniversary with a round of golf and lunch.

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SOUTH INTERLAKE PLANNING

Planning a Project this Construction Season?

Spring and summer are busy seasons for construction, and it's also a time when many are preparing to enjoy the outdoors.

With this in mind, the South Interlake Planning District (SIPD) would like to issue a reminder that **Development and/or Building Permits** are required for most types of construction, renovations, and structures (pre-built, site-built, temporary or permanent). These include but are not limited to: **Pools, Hot Tubs, Decks, Sunrooms, Gazebos, Pergolas, Sheds, Fabric Shelters, Interior/Exterior Renovations or Repairs, Solar Panels, Window and Door Installations (structural only), Basement Developments, etc.**

Permits help ensure that buildings and structures meet zoning requirements and the *Manitoba Building Code*, which makes things safer for everyone!

If you are unsure whether your project requires a permit, or if you have any questions, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information is also available on our website: www.sipd.ca

Wild Weekend of fun



TRIBUNE PHOTOS BY JO-ANNE PROCTER AND HALEY CVAR
Stonewall's Main Street came alive last weekend for the 38th annual Quarry Days weekend. The weekend festivities included everything from live music, dancing in the streets to a parade, midway, car show and fair food galore.





TRIBUNE PHOTOS SUBMITTED

The third annual Danica and Abby's Village Slo Pitch tournament, held over Quarry Days weekend on Aug. 17-18, proved to be a great success once more, raising \$2,002. Organizers facilitated the 12-team event by selling 50/50 raffle tickets and team merchandise. Richard Klapp played a crucial role in bringing the tournament together by managing team organization and scheduling. Team Bedrock claimed victory on the A-side (left photo), while The Trojans triumphed on the B-side (right photo).

Metis Mama opens at Winnipeg Livestock Yards

By Becca Myskiw

A new restaurant is open at the Winnipeg Stock Yards and serving up all kinds of homemade goodness.

Metis Mama is officially open for business in the Winnipeg Stock Yards offering burgers, fries, chicken fingers, grilled cheese, poutines and more. Owner Jody Delorme started the business after offering takeout food from her home in St. Laurent.

"I've always loved cooking and feeding people," she said.

A few years ago, Delorme started making and selling homemade frozen pizzas. Then she added pierogies, cabbage rolls and homemade pizza pops. Before long, Delorme was selling proper takeout food this way, and the reviews she was getting were all five stars.

Through word of mouth, Delorme found out the Winnipeg Stock Yards were looking for someone to reopen

the restaurant/cafeteria, and upon applying, she was offered the spot. On Aug. 7, Metis Mama officially opened for business. The restaurant is open for dine-in and takeout Tuesday to Thursday from 11 a.m. to 7 p.m. and Fridays from 8 a.m. to 6 p.m. Once Delorme knows more about her customers, she'll adjust her hours accordingly.

On Metis Mama's menu is a Fatboy burger she makes herself, and it was a fan favourite when she offered takeout in St. Laurent. She also has chili fries and taco fries, which are her biggest hit. Delorme is also known for her homemade buffalo chicken burger, and once she gets into the swing of things, she'll add that to the Metis Mama menu as well.

Delorme is a self-taught cook, learning everything she knows from her elders and trial and error. Opening her own restaurant has always been her



TRIBUNE PHOTO SUBMITTED

Metis Mama, a new restaurant owned by Jody Delorme, just opened in the Winnipeg Stock Yards.

dream, and she's officially achieved that now.

"I really love feeding people and getting that positive feedback from them," she said. "It makes me happy; it makes me proud, and it's just something that I enjoy."

Comments on Facebook have been nothing but positive for the new restaurant so far, with many people still just learning about it and making plans to go. To find Metis Mama, go to the Winnipeg Stock Yards just off Highway 236 and head inside the front doors. Once inside, multiple signs will lead you up the stairs and to Delorme's restaurant, with enough seating for up to 40 people.

Traffic stop leads to loaded firearms, drugs and cash seizure



TRIBUNE PHOTO SUBMITTED

A traffic stop in the RM of Woodlands resulted in the seizure of approximately \$10,000 in cash, a loaded handgun and rifle, drugs and other drug paraphernalia.

By Lana Meier

RCMP Traffic Services conducted a traffic stop with a vehicle on Highway 6 in the RM of Woodlands on Aug. 16, at approximately 2:15 p.m.

Annual Terry Fox Run takes place 6 weeks after Terry Fox Day

By Jennifer McFee

The annual Terry Fox Run will soon take place right across Canada, in a community near you.

Sunday, Sept. 15 marks the 44th annual Terry Fox Run.

Spend your long weekend kick-starting your own campaign in support of cancer research.

The Monday of the August long weekend is known as "Terry Fox Day" in Manitoba. In 2015, then Premier Greg Selinger named this special day to reflect and remember the young Canadian hero as the statutory

holiday was closest to Terry's birthday. The Terry Fox Run is six weeks later.

Terry and his three siblings were all born in Manitoba. Older brother Fred Fox recognizes the significance of the civic holiday being named after Terry.

"When we were kids playing in the backyards of Transcona, we could never have imagined the impact cancer would have on our family and how that would transcend throughout Canada for over four decades," he said.

"Having this holiday named after Terry reminds us of how important our roots are and how much support we receive from the place we called home."

Terry once said, "Even if I don't finish, we need others to continue. It's got to keep going without me."

The annual Terry Fox Run keeps that mission going and allows anyone, any age, from anywhere, with any ability to support Terry's goal.

Register to participate in your local Terry Fox Run by going to [run.terry-](http://run.terry-fox.ca)

fox.ca. Search for your community's name and click on the site details to register, donate and fundraise.

Don't see your community online? Call the Terry Fox office to have your funds credited to your local town — or even better, start your own local run.

To find out more call 1-888- 836-9786, extension 1, or visit www.terry-fox.org.

Stonewall's Canada Day fireworks scheduled for Sept. 2 at 9:30 p.m.

Stonewall council news in brief

By Jennifer McFee

Excitement is building for more film work underway in Stonewall.

Main Street is closed from Aug. 27 to 29 between 1st Avenue South and 2nd Avenue North for filming of *The Long Walk*.

The road closure will be in effect from 7 a.m. to 6 p.m. each day. However, pedestrians will still be able to access businesses, which will remain open.

This film is an adaptation of a dys-

topian novel by Stephen King about contestants of a gruelling annual walking contest. It starts with a group of 100 teenage boys and the winner is the last one standing.

Other filming locales include the RM of Rockwood, Birds Hill Provincial Park and around St. Lazare and La Riviere.

IN OTHER COUNCIL NEWS:

- A new entrance to Quarry Park is now open. Anyone who would like to access the upper level of the Heritage Arts Centre can use the original access point off Main Street on the east side. However, there will no longer be access to the lower lev-

el of Quarry Park from this entrance. To access the lower level of the Heritage Arts Centre, as well as the rest of Quarry Park, go past the original access point and continue on the path down the hill.

- Tax payments are due Sept. 27. To learn more about ways to pay — and suggestions to ensure the payment is received prior to the deadline — visit the Town of Stonewall's website at www.stonewall.ca. If you haven't received your 2024 tax bill yet, reach out to the town office at 204-467-7979 or info@stonewall.ca for assistance.

- The town entered into a memorandum of understanding with

Community Living Interlake for operating the Veterans Memorial Sports Complex canteen.

- Stonewall residents had the chance to get free seedlings to grow Redmond Linden or Little Leaf Linden trees. This initiative was part of the town's commitment to maintain and expand its tree canopy. Quantities were limited, and the maximum number was reached last week.

- Fireworks will brighten the sky at Quarry Park on Monday, Sept. 2 at 9:30 p.m. This fireworks display was rescheduled from the Canada Day celebration when the weather didn't co-operate.

> RCMP, FROM PG. 6

The investigation led to the arrests of the driver and passenger and a subsequent search of their persons and vehicle.

Officers seized a loaded handgun, rifle, ammunition, suspected crack cocaine and heroin individually bagged, approximately \$10,000 in Canadian currency and other drug paraphernalia.

Nicholas Durack, 24, of Brandon, was charged with over 20 weapon

and drug offences. He was also wanted on two warrants out of Brandon and was breaching several conditions on a release order.

Diane Woodhouse, 43, of Pinaymootang First Nation, was charged with eight weapon and drug offences.

Both were remanded into custody.

RCMP continue to investigate.

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Free provincial park entry for Labour Day long weekend

By Lana Meier

The Manitoba government is offering free entry to all provincial parks Labour Day weekend from Aug. 30 to Sept. 2, Environment and Climate Change Minister Tracy Schmidt announced Monday.

According to Schmidt, the government is waiving provincial park entry fees for all Manitobans this weekend. With over 90 parks in Manitoba, there are endless opportunities for outdoor activities such as hiking, camping and other adventures. As September approaches, there are still plenty of opportunities to enjoy the outdoors and taking advantage of free entry is the perfect way to do so.

Visitors to Manitoba's provincial parks will not require vehicle permits on Labour Day weekend. Nightly camping fees still apply, as do entrance fees to national parks. Individuals who wish to camp in a provincial park can make a reservation through the Parks Reservation Service at www.manitobaparks.com or by calling 1-888-482-2267.

Park interpreters are offering free tours, star gazing, guided paddles

and other family programs this weekend for visitors to connect to the natural features, culture and history in provincial parks. Interpretive program information is available online at www.manitobaparks.com or visitors can check with the local campground office for details on any activities happening in the park.

Valuable advice for those visiting or camping at Manitoba provincial parks consists of:

- check the Manitoba Parks website at www.manitobaparks.com for advisories before travelling;
- all campers must check in at campground offices upon arrival to receive camping permits;
- be "Wildlife Smart" by maintaining a clean campsite, keeping all food, trash, toiletries and cooking utensils locked in a vehicle or trailer, and pack out trash and recyclables before leaving;
- wear a life-jacket when participating in water-related activities, especially boaters, children and weak swimmers;
- keep all pets on leash; and
- keep all campfires in ap-

proved pits such as those found in campsites and check with the campground office for any campfire restrictions.

Campers are reminded because the emerald ash borer has been confirmed in Winnipeg, no firewood can be transported outside the city. Transportation violations can result in charges and fines of up to \$1,300 for individuals or \$15,000 for businesses. Firewood is available for purchase from local retailers at most campgrounds.

Watercraft users and beach goers are reminded to be vigilant against aquatic invasive species. Always clean, drain, dry and, if necessary, decontaminate watercraft and water-related equipment including all water toys and inflatables. Information on aquatic invasive species and decontamination station locations is available at www.manitoba.ca/stopais.

Manitobans can stay up to date with provincial park news, activities and events by following Manitoba Parks on Facebook at www.facebook.com/MBGovParks or on X (formerly Twitter) at www.x.com/MBGovParks.

Manitoba advises rent guideline set at 1.7 per cent for 2025

By Lana Meier

According to Manitoba Consumer Protection and Government Services, the rent guideline for 2025 has been established at 1.7 per cent, taking effect on Jan. 1, 2025.

Each year, the guideline is determined through a transparent formula utilizing Manitoba's consumer price index (CPI). It applies to various types of rental properties such as apartments, single rooms, houses and duplexes. The current 2025 guideline is lower than the previous year's guideline, which had increased by

three per cent in 2024.

The guideline does not apply to:

- rental units renting for \$1,640 or more per month;
- various types of social housing;
- rental units owned and operated by, or for, provincial, municipal or federal governments;
- rental units in buildings first occupied after March 2005;
- not-for-profit life lease units;
- co-operative units; and
- approved rehabilitated rental units.

Tenants must receive written notice of a rent increase at least three months

before the increase takes effect. For example, for a rent increase to take effect Jan. 1, 2025, tenants must receive notice by Sept. 30, 2024. With few exceptions, rent can only be increased once a year.

It is recommended for both landlords and tenants to reach out to the Residential Tenancies Branch at 204-945-2476 in Winnipeg or 1-800-782-8403 (toll-free in Manitoba) for information regarding rent increases and their respective rights and duties.

More information is also available at www.manitoba.ca/rtb.

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TRIBUNE PHOTO BY JO-ANNE PROCTER

One-year-old Nora, her three-year-old sister Kasey and their mother Sarah Loepky concluded their weekend with a delightful ice cream treat at The Kiln. Last Sunday, the Weather Network reported a temperature of 29 degrees Celsius and a humidex reading of 38 degrees around 6 p.m. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: news@stonewallteulontribune.ca

“Celebrate good times come on!” Is what I hear in my head as we prepare for our Celebration Night Fund-raising event



on August 27th. We are celebrating all the LORD has done through our Children’s Clubs this summer and all He’s going to do in the Discovery Time school ministry season ahead. It’s also my husband and mine 30th wedding anniversary so indeed Celebrations are afoot, and I give God the glory for it all! Yes, it’s true, it took both my husband and I to make the decision to want to work on our marriage but as we did, God blessed it and through years of practice I think we’re finally starting to get it. Isn’t that the truth for the Christian walk too?

Just believing in Jesus as my personal LORD and Savior, confessing that I trust in him for my salvation does not instantly make me a better person, but it does instantly wipe away all my sin, (1John 1:7) past, present and future and build a bridge to my Creator that I could never do of my own effort. That’s why we get to celebrate when someone puts their trust in Jesus. God did through his own hand (Isaiah 59:16) through Jesus what we could never do for ourselves. Purify our hearts and cleanse us of all unrighteousness.

Like a marriage, that is only the beginning. Next comes the daily practice of intentionally making time for one another & letting go of old habits that will only hinder the relationship. Following Jesus is a lot like a marriage. We choose to believe the best and examine our own heart and motives. We choose to let go of hurt & grab a hold of comfort and grace to get through it. We choose to love instead of hate, learning it’s not about getting my way but rather sacrificing it for the greater good. It’s the love Jesus modelled for his bride, the Church. Putting himself on the altar (Exodus 30:10, Leviticus 17:11) as the final sacrifice for a sinful world. Romans 3:25 Now that is something to celebrate!

Parents can contact me now to start a Discovery Time Bible class in the school <3 204-663-3300

Laura Lawrence
CEF of MB Discovery Time Director

Universal birth control coverage as of Oct. 1 for Manitobans

By Lana Meier

Manitoba residents will now have universal access to birth control coverage as announced by the provincial government, effective Oct. 1.

Last Thursday, Health, Seniors and Long-Term Care Minister Uzoma Asagwara declared that Manitobans will experience financial benefits with the implementation of free prescription birth control.

“Prescription birth control is a right, not a luxury,” said Asagwara. “Money should never be a barrier to accessing reproductive health care. Starting Oct. 1, Manitobans will be able to get some of the most common and effective birth control without having to worry about the cost. This will save people hundreds of dollars and it will ensure you are fully in control of your body and your choices.”

The recently released Budget 2024 from the Manitoba government included a proposal to provide free prescription birth control for all residents of Manitoba. Under the coverage of the Manitoba Pharmacare Program, approximately 60 frequently prescribed forms of birth control, such as the pill, IUDs and hormone injections, will be fully covered.

Prescriptions can be obtained from a doctor or nurse practitioner during a scheduled appointment, at a walk-in clinic or in a hospital.

According to Dr. Jacqueline Gougeon, a family physician, the recent announcement guarantees that all Manitobans in need will have dependable access to contraception.

“It further empowers women to make decisions around their education and careers that are based solely

on their own hopes and dreams and not around unintended pregnancies. This decision represents renewed choice and opportunity for so many of my patients, and removes a tremendous barrier to adequate health care and gender equity,” said Gougeon.

The program will save Manitobans hundreds of dollars a year on birth control costs, the minister noted, adding that someone who pays \$25 a month for oral hormonal pills, the new free plan could save them as much as \$10,000 over their lifetime.

Eligible Manitobans without existing coverage from a federal or provincial program can receive free coverage for birth control by presenting their prescription and Manitoba Health Card at a pharmacy.

letter to the editor

Letters to the Editor:
news@stonewallteulontribune.ca

Taxpayer looking for a referendum for WMR Plan20-50

As a citizen of Rockwood Municipality, I was gratified to hear Premier Kinew proclaim that municipalities have the ability to opt out of the WMR Plan20-50 Regional Plan to essentially take over governance of all areas surrounding the City of Winnipeg. While the development of this plan has been given the go ahead in its various iterations by Manitoba Premiers as far back as Gary Doer, the WMR plan was only recently made public via an article in the Aug. 15, 2024, issue of the *Stonewall Teulon Tribune*.

Since first hearing of the plan only two weeks ago our concern increased exponentially after we made a call on behalf of several of

our neighbours to Coun. McClintock. We were calling to request a meeting to discuss our concerns and to get more information on how we might be affected by this plan. Coun. McClintock informed us that Reeve Wes Taplin, (who is on the WMR 20-50 board of directors) has not shared any information with the municipal councillors, let alone the citizens. In fact, from the little information we have been able to piece together, the reeve has been working with WMR Plan20-50 since 2022 and has maintained silence respecting a "gag order" imposed on him by the Corporation. After a lengthy conversation it became obvious, and I pointed out, that our reeve was in a conflict of interest position. He is withholding information from the very citizens he is supposed to serve. No further information was forthcoming from Mr. McClintock and he declined to meet with us.

Since we made that call last week, we have unearthed that our reeve is also on the board of a sister organization or construction arm of WMR Plan20-50 called JohnQ, which is charged with doling out tax dollars for construction projects within the WMR. (In an early version of the Plan20-50, JohnQ was identified in the WMR parent document but has since disappeared from their website.) This highlights a further conflict for our reeve. Reeve Taplin has not, and is not acting for the citizens of Rockwood.

The media has also been guilty of collusion by presenting one-sided arguments like that published by the CBC for the adoption of the WMR Plan20-50 plan highlighting only the concerns of the building trade and completely ignoring the concerns of citizens who reside in the designated areas. Premier Kinew has recognized the bias and stated last week that

municipalities would be allowed to opt out of the plan.

However, given that opting out would be based on a vote by Reeves and mayors (who are on the board of directors of the WMR and who, to date, have been withholding information from citizens), this way forward is surely unacceptable. No meetings to inform citizens have been publicly announced by either the mayor of Stonewall or the reeve of Rockwood.

Given that WMR is an unelected organization and given that its intention is to insert itself into all future planning affecting such a large area of the province, it would be prudent that it only be allowed to proceed after the holding of a referendum. Votes by WMR board members to allow WMR to proceed is unacceptable in a democracy.

- Debbie Molina
Stony Mountain

Winnipeg Metropolitan Region and Plan20-50

I would first like to thank the paper for the printing of the informative article on this Winnipeg Metropolitan Region Plan20-50. The unfortunate part is that this was the first that I and many others have even heard of such a thing.

The fact that this initiative, which will have a vital impact on the residents of Stonewall, had to first come

to light through your reporting and not from town council is disturbing.

It certainly can be ascertained that this initiative has been in the works for quite some time. Point in fact, all you have to see is the in-depth position being taken by the City of Selkirk in opposition. It definitely sounds like the City of Selkirk has their act together on this matter. With that said, it was again disturbing to hear that our mayor, Sandra Smith, when asked for comment, replied "officially, I can't comment because we're in the middle of the public hearing process." Well, I would suggest to this council that secret talks will not cut it with a majority of townspeople. I would ask, if these aren't secret talks, why can't you tell us what is

going on? The proverbial barn door better close after the horses have left.

We have seen over the years the terrible reputation the City of Winnipeg has in mismanaging their own affairs. I would suggest that the last thing that the townspeople of Stonewall will want is for Winnipeg to have such an overriding say in our local decisions. By the initial looks of things, that is exactly what this plan will do.

To hear that the RCMP were called because hundreds showed up for a town hall "public" meeting in Niverville must tell us something. There appears to be a mounting opposition to this plan throughout the area. We deserve to know where our council sits on this matter.

The property owners and townspeople of Stonewall deserve to be at the forefront of knowledge sharing with respect to this initiative and to ask us to sit on a back bench and be fed only what this council wants to feed us and at a time that only they determine is appropriate just doesn't cut it.

To see the fight being staged by the City of Selkirk and to hear nothing here in Stonewall does not bode well. It is time for our town council to be front and centre in a sharing of information on whether or not we will be fighting this concept.

- Brian Short
Stonewall

Al-Anon and AA Meetings Information

Balmoral Al-Anon Family Group
Balmoral Community Hall basement
6003 E MB-236, Balmoral, MB
Contact: (204) 470-8972
Meets every Wednesday 7-8 PM
Everyone welcome

Selkirk Red River Al-Anon Family Group
Christ Church Anglican
227 McLean St., Selkirk, MB
Contact: (204) 482-6287
Meets every Monday 7-8 PM

Teulon AA
Christian Education Building
3rd Ave. SE, Teulon, MB
Contact: (204) 461-0155
Meets every Tuesday & Friday 8-9 PM

Stonewall AA
Parochial Hall
291 1st St. W., Stonewall, MB
Contact Denis: (204) 981-7747
Donna (204) 461-0892
Meets every Sunday 7:30-8:30 PM

RCMP news in brief

By Jennifer McFee

A 30-year-old Stonewall man was arrested for assaulting a police officer after an incident at the beer gardens during Quarry Days.

The incident took place on Saturday, Aug. 17 at about

1:30 a.m. Security staff requested RCMP assistance with several people who were fighting in the beer gardens.

"While trying to break up the fight, a man punched two RCMP members in the face. A taser was deployed during the incident, and the man was safely taken into custody. He was later released on an appearance notice for Stonewall court," said Cpl. Mike Garton of Stonewall-Headingley RCMP.

"Overall, Quarry Days was a safe and enjoyable event, and RCMP want to thank everyone for their co-operation."

IN OTHER RCMP NEWS:

- A restaurant in Warren reported a smashed window to RCMP at 10 a.m. on Aug. 19. This was the only official report to police, although another business was also damaged. Nothing was stolen. The investigation is ongoing, and RCMP are looking for a potential suspect or suspects.

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Local education opportunities available in early childhood education

By Jennifer McFee

It's almost time for students to head back to the classroom — including those who are pursuing an early childhood education diploma program close to home.

There's still time to apply for the 16-month fast-track Early Childhood Education Workplace program, which is currently aiming for a fall start and will run over four consecutive terms. The program will be offered in Stonewall, thanks to a collaborative effort among the RM of Rockwood, Town of Stonewall and Red River College Polytechnic.

This program is specifically designed for experienced child-care assistants (CCAs) who have been working in licensed childcare programs in Manitoba for at least six months prior to the start of the Workplace program.

Students will attend academic classes two days per week on Tuesday and Wednesday at 357 Main St. in Stonewall, while also working in their current positions for the remaining three days.

By taking the ECE Workplace program, they can upgrade their education and gain the training and certification required to be an Early Childhood Educator (ECE) Level II — which might also open the door to higher pay and opportunities to advance.

Program instructors Cynthia Alles-Parasidis and Dr. Kelly Andrushko are looking forward to bringing

the program to the community.

"We know that quality early learning and childcare environments have a lifelong impact. This is a wonderful way to build on what childcare assistants already know and what they're already doing," Andrushko said.

"Each childcare centre has its own culture, and each program has its own sense of community. This is a lovely way to enhance what's already happening."

Alles-Parasidis encourages CCAs to make the most of this unique opportunity.

"A lot of people living outside the Perimeter might prefer to have that small-town environment that they're comfortable with and that they enjoy in their own centre. If students are together in the classroom, they're also constructing their learning based on those elements," she said.

"It's a great opportunity for people to connect with one another and build that network of ECEs. At the same time, they can learn within a group of people that understand the kinds of things they're going through. I think that's a really unique characteristic of this program as well."

Another added benefit is that students can continue to work at childcare centres throughout their studies.

"They learn two days per week with us and then they can apply that learning immediately, which is fantastic," Andrushko said.

"A lot of the assignments and proj-

ects are actually within their centres or within their communities themselves. So when they're at work, they have time to complete their work responsibilities and also their homework."

The ECE Workplace program will provide participants with a new set of tools for their toolbelt, Alles-Parasidis added.

"For the students who come into the program, they're already committed to children and families," she said. "They get to continue to build their community from the ground up."

Participants in the program will learn about child development and how children learn, while also focusing on diversity, inclusion and working in partnership with families and each other.

Several individual courses will be offered each term, and a few courses will continue throughout all four terms, in particular, those focused on child development and play. And in Term 4, Indigenous ECE faculty come in to teach a course called A Context for Practice With Indigenous Peoples, which incorporates knowledge keepers, elders and storytellers from community.

For Andrushko, one of the best parts of her work is seeing others make a difference in the lives of children and families in their community.

"When you have trained educators, you have someone who really understands children and their de-

velopment. They know how to foster learning opportunities and foster the development of the whole child. They can support the different ways that children learn, play and build relationships with others," she said.

"We can't wait to get started. We're super excited to meet the students. This is going to be an amazing program for the community and everybody in it."

Students who are accepted into the program are eligible to apply for the ECE tuition reimbursement by the provincial government, which covers up to \$5,000 per school year. Learn more at https://www.manitoba.ca/education/childcare/students_workforce/ece_tuition_support.html.

To apply for the Stonewall ECE Workplace program, interested applicants can visit <https://hubdev.rrc.ca/Forms/Start/ECEWorkProgApp> and complete the online application form.

Information about admission requirements can be found at https://www.rrc.ca/corporatesolutions/early-childhood-education-workplac_stonewall/#AdmissionRequirements.

The RM of Rockwood and Town of Stonewall have also created a video that captures how important this program is to local communities. The video is posted on the Facebook and Instagram accounts for the Town of Stonewall and Rockwood Rural Municipality.

Swinging clubs fore GAAC: family golf tournament Aug. 31

By Emma McGill

For decades, the Green Acres Art Centre (GAAC) has been fundamental in bringing the arts to Teulon and surrounding communities. Their summer programming keeps children busy and learning when school is out, and the classes they host throughout the year create a space for creativity for everyone to access.

As a non-profit organization, GAAC strives to keep this programming affordable for everyone, which requires financial assistance through grants and fundraisers.

The newest fundraiser, a golf tournament, will be held on Saturday, Aug. 31 at the Inwood Golf and Country Club.

"During the Free Community Recreation Arena Nights, we had many children enjoying practising golf shots. This showed our team there is an interest in golf among the younger generation," said GAAC president

Lana Knor.

"We encourage families to enter a team with their children."

This tournament is the first hosted by GAAC, with plans to make it an annual event. There is talk about expanding to include one for adults who take golfing more seriously.

The funds raised on this day will support GAAC's performing arts programs, including the annual theatre classes and the new Jam Band program.

As funds are raised, GAAC's fee structure is changing: the member and non-member fees will be waived, and the mandatory fundraiser fee will be eliminated, making all fees one price.

Registration for the Saturday tournament will begin at 10 a.m., tee-off at 11 a.m. and dinner at 6 p.m. The participation cost of \$60 per person includes 18 holes of golf, a shared cart, and a barbecued steak dinner with a

six-ounce steak, a baked potato and Caesar salad. Children aged 10 and under are \$20, which includes golf, a shared cart and a hot dog and fries.

Alongside golf, there will also be a putting contest, a longest drive con-

Continued on page 26

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Gethen Jenkins plays fundraising concert at Red Barn

By Jo-Anne Procter

Under the warm glow of the setting sun, Gethen Jenkins captivated an audience of over 230 for a fundraising outdoor concert last Friday at the Red Barn south of Stonewall.

The South Interlake Rockwood Ag Society (SIRAS) hosted the event, which highlighted Jenkins' musical talent and underlined the importance of supporting local initiatives.

Born in Huntington, West Virginia, Jenkins' roots weave through the heart of country music.

Raised in a small village in Alaska, he brings a unique perspective to his songwriting. His voice carries stories shaped by diverse landscapes and experiences.

When Jenkins and his band stepped into the spotlight on the patio for their first Canadian performance, the crowd couldn't help but sway to his captivating tunes while sipping cold beverages on the warm summer evening.

Jenkins' talent hasn't gone unnoticed. In 2017, he clinched Male Vocalist and Album of the Year at the California Country Awards. Just a



Merle Balsillie, right, was responsible for bringing Jenkins to Stonewall for two fundraising concerts.

year later, *LA Weekly* recognized him as 2018's Best Outlaw Country Artist.

With each guitar strum and note sung from his heart, Jenkins leaves an impression that's hard to forget. Fans are likely discovering Jenkins for the first time through this exposure. His unique blend of outlaw country speaks to those who appreciate au-



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Gethen Jenkins and his band played an outdoor fundraising concert at the Red Barn for the South Interlake Rockwood Ag Society south of Stonewall last Friday evening.

CLI receives funds from Quarry Days



TRIBUNE PHOTO BY MAYA OLSEN

Quarry Days' committee member Christy Brown presented a cheque for \$1,481 to Angela Hueging with Community Living Interlake (CLI) last Friday. The donation is CLI's share of money collected at the Quarry Days Access Credit Union Free Stage Friday night concert, a donation for working the gate at the Maple Leaf Quarry Days Street Dance and their half of 50/50 sold at the street dance on Aug. 16. The CLI board of directors is thankful for volunteers that stepped up to help so that funds could be raised to support the cause. Pictured left to right, Tracy Fidler, Lisa Highmoor, Angela Hueging, Christy Brown and Kyle Soroka.



Jenkins mingled with his audience between sets.

thenticity in music.

He has made an impression with his recent tracks, which were featured on the hit series *Yellowstone*. Songs like "Bottle In My Hand" and "Restless Ways" perfectly complement the show's rugged landscapes and intense narratives.

Jenkins brought his unique sound to Stonewall, also playing a private event the following evening.

As summer winds down, Jenkins is gearing up for a big performance in Nashville this September.

SIRAS is raising funds to build a new exhibition building at the grounds.

Thanks to Merle Balsillie with Standard Quarries for providing the funds and arranging for Gethen Jenkins and his band as well as support from the Rockwood Quarry Producers — Glacier Stone, Maple Leaf, Lafarge and Heidelberg Materials — and the *Stonewall Tribune* for their advertising contribution.

Following the concert, a fantastic display of fireworks by Canfire Pyrotechnics of Sundown Manitoba was provided by sponsors Austin Powder, Big Block Auto, Consbec Inc. and Agassizi Aggregates.

The 5th Annual Stonewall-Headingley Community Golf Tournament Committee

Would like to thank all the golfers and amazing sponsors who came out this year and made this event a success once again! This year we were able to raise \$15000.00 which was able to help these 3 local organizations.



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Abigail DESSLER and Sgt. Geoff CORBETT



South Interlake Seniors Resource –
Cst. Jeff SONNENBERG and Corinna MCMILLAN



Macdonald Services to Seniors –
Cst. Melissa WHITE and Leanne WILSON

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- True North Foundation
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- Stonewall Co-op Gas Station

34th Annual Ride for a Child's Wish in Woodlands raises over \$54,000

By Stephen Burns

Riders on horseback and motorcycles and supporters of the cause came out in droves to Silver and Gary Peltier's farm to support the Ride for a Child's Wish.

The Make-A-Wish Foundation Canada fundraiser celebrated its 34th year and has raised nearly \$2 million since it started. Silver and Gary have run the event since its inception every year except for two cancelled due to COVID.

This year, 46 horseback riders and three wagons went on a 10-mile trail ride and 43 motorcyclists rode 250 kilometres around the Interlake in the morning and ended back on the farm in the afternoon.

Silver credits the community support and the many helpers who come out yearly for the event's longevity.

"We have so many fantastic people that come, really amazing volunteers. It's been getting harder to find volunteers because everyone is so busy but I can't say enough about the ones who come out. They just show up and ask 'What do you need me to do?' which is so helpful," she said.

"It's very much a generational thing. We have families who volunteer, and their kids get involved, so it's very special."

In addition to volunteers who help with various tasks, they also receive physical donations from community members and organizations, ranging from a playpen with children's games, a horse for the kids to interact with, pony rides and much more.

Additionally, children got to meet their favourite Disney characters, get their faces painted and run around a massive bouncy house.

A home-cooked dinner and barn dance with local band Prairieline capped off the night.

"The band is fantastic and the food crew is amazing," said Silver. "They are very dedicated helpers and a good crew. Everything just works."



Nuala Nazarko is the chapter director for Make-A-Wish in Manitoba. She said Ride for a Child's Wish is one of Manitoba's longest-standing third-party-run events across Canada. She credits Silver and Gary for their hard work.

"You can just see the heart and soul they put into this. They're amazing supporters of the work we do, and they care so deeply about the children. They have found this incredible way to bring together a whole community to support the cause and have a great day," said Nazarko.

"It's really beautiful. They organize the food, the entertainment, the activities and everything. We are honoured to come and attend."

Silver says this event is a true labour of love for her and her husband Gary.

"My daughter said to me the other day, 'When are you going to decide to stop this?' and the answer is I don't know, but I am retired now so I can focus more time on it."

She says she'll certainly be involved in 2025 as the event marks 35 years.

"We have met with committee members and are trying to think of some special stuff for next year," she said. "We'll start the planning earlier, hopefully, get a few more volunteers and in a couple of months we'll hit the



TRIBUNE PHOTOS BY JO-ANNE PROCTER AND SUBMITTED

Motorcyclists from across Manitoba took part in this year's Ride for a Child's Wish in Woodlands. They rode 250 kilometres around the Interlake in support of Make-A-Wish Foundation Canada. Gary Peltier led the pack after registration and a pancake breakfast took place at Warren Fuels in Warren.



Local band Prairieline performs for a crowd at the 34th annual Ride for a Child's Wish in Woodlands. The event is one of the longest-running third-party fundraisers for the Make-A-Wish Foundation Canada in the country.

ground running."

While they were still counting donations after the event, Silver says they raised \$54,258.50 this year.

You can make donations and keep

tabs on next year's Ride for a Child's Wish at makeawish.ca.



Yard of the Week honours



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall's Communities in Bloom Yard of the Week honours were awarded to Corinne and Chris Lothian at 443 5th St. West. For the past 16 years, the Lothians have added new perennials to their flower beds, with hydrangeas becoming their favourite. The showy Annabelle hydrangeas in front of the house are still bursting with their large flowers, and the Quickfire hydrangeas are turning their late summer pink colour. Amongst the hydrangeas are other perennials such as daylilies, ribbon grass, iris and ninebark. Corrine adds annual petunias, pansies, geraniums and marigolds as fill-ins. Each year, she chooses a colour theme, and this year, she chose orange to go with the town flower scheme. Pictured left to right: Katherine, Corinne, Chris and Adriana Lothian. Recipients of Yard of the Week receive a \$25 gift certificate from Stonewall Home Hardware and bragging rights.

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Tribune Stonewall Teulon

Having a reason to smile amidst losing teeth

BY ELISHA VANDOR

Losing your natural teeth and celebrating your wedding all in the span of a few weeks would send any bride into a panic, but Dianne came out with a picture-worthy smile and newfound confidence just in time for her big day. It all started a few months ago when she came to see us for the first time, having rapidly deteriorating teeth was starting to affect her health. She knew they needed to be pulled and wanted to be pain-free. Of course, she wanted to have her new smile before her wedding day! A few weeks prior to her big day, she went in to have the upper teeth pulled and the denture placed. To say the least, Dianne is a champ! Not many would go through such a transition at the time she did, but the results speak for themselves (see photo) and brought Dianne to tears...in the best way. She said, "I cried after I saw my new smile. I'm so glad I found you guys. It's been a long-

haul, so thank-you."

When the Denturist Brock asked what made her experience here so special she said, "just to get my smile back! Feeling good, no more sore teeth. It's done and they look like my natural teeth, it's awesome."

When Dianne's teeth were pulled, the denture was put in on the same day, which means she got her smile back right away. She could go back to work, smile at her co-workers, eat whole foods, and continue in confidence without postponing her life, which is the beauty of having an Immediate or Transitional denture. The full denture is placed immediately when the teeth are extracted. Now, as her gums are healing, they will be shrinking, so there's follow-up appointments to attend so we can make sure that her denture is fitting tight and feeling good, which is all apart of the after-care process at Vandor Denture Centre.

We understand that losing your natural teeth can be emotional and

stressful, so it's our goal to help ease the stress and make your transition to dentures a great experience. It all starts with a phone call or email to book your appointment. Coincidentally, Dianne was reading a newspaper article of ours, just like the one you are reading now, and made the decision to call us. She said, "it's come full circle, I was reading one of your newspaper articles and called. I am so glad I did."

Now, the question on a lot of people's minds is if the new government insurance program will cover transitional/immediate dentures and the answer is yes! We have helped many since the program started in May 2024 get their smile back with dentures after having some or all of their teeth removed. So, if you've been holding off on the inevitable of having teeth pulled and moving forward with dentures, then make the call like Dianne did. We look forward to hearing from you soon!



Dianne poses with Denturist Brock after receiving a denture for the first time.

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Green Acres Art Collective prepares for month-long exhibition

By Jennifer McFee

Local artists will be showcasing their skills in an upcoming exhibition through Manitoba Arts Network.

From Sept. 3 to 30, the Teulon-based Green Acres Art Collective will have artwork on display at 210 Gallery in Winnipeg.

The show will feature works by Graham and Vera Clarke, as well as eight of their art students: Audrey Miller-Cheyne, Brenda Tarrant, Dawn Mitchell, Dione Chrysa, Heather Gushulak, Hermina Hildebrand, Laura Humbert and Lisa Carter. In total, the Interlake artists will display 37 pieces.

An opening reception will take place on Friday, Sept. 6 from 6 to 9 p.m. featuring an artist talk by Graham Clarke at 7 p.m. This reception will coincide with the popular First Fridays in the Exchange event.

Husband and wife duo Graham and Vera Clarke are both founding members of the Green Acres Art Centre and have been involved since its inception in 1976 under the original name Interlake Regional Art Centre. In November 1978, the organization became officially incorporated, and then in 1995, the name changed to Green Acres Art Centre Inc.

Both Graham and Vera studied at the University of Manitoba in the 1960s. Vera earned a bachelor of fine arts, while Graham earned a diploma in art. They spent time in Mexico, New York and Toronto as artists before returning home to Manitoba. They served as artists in residence in northern Manitoba through a provincial government program.

Throughout their lives, the creative couple maintained a focus on art at the forefront, helping to establish the Green Acres Art Centre and teaching many students throughout the decades that followed — including the artists whose works will be on display in the upcoming exhibition.

Excitement is building for the September showcase. The participating art students hope to provide their audience with a sense of beauty



The Opportunist by Lisa Hamburger



Plate by Brenda Tarrant.

and a glimpse at the vibrant local art scene.

“This exhibition has provided a common focus for us as a group — an enhanced opportunity to encourage and support each other in our individual creative journeys,” said Lisa Carter, one of the exhibitors.

“The fact that Green Acres Art Centre holds a membership with the Manitoba Arts Network gallery has made this class exhibition possible, and we feel so fortunate to have the support of these two strong art organizations.”

Artist Hermina Hildebrand said they appreciate both the challenge and the opportunity to exhibit in a broader urban environment.

“The Manitoba Arts Network gallery is situated in the heart of Winnipeg’s unique Exchange District, which is a strong art community in itself. The Exchange’s monthly First Fridays event brings in artists from across the city and province — and we feel that both collectively and individually, our class will benefit from exhibiting in this very special setting,” she said.

“Here we are able to communicate with the audience, for sure, but this also provides a forum for artists to engage with other artists — to share ideas, build networks and expand the art conversation beyond the natural borders we live in.”

On behalf of the Green Acres Art Centre, president Lana Knor expressed appreciation for the organizational efforts that went into this month-



TRIBUNE PHOTOS SUBMITTED

An artist's journey by Heather Gushulak.



The Christening by Laura Humbert.

long exhibition.

“The Green Acres Art Centre board appreciates and is very grateful for Lisa and Hermina and all the planning and organizing this great event,” she said. “We are extremely excited for the artists, especially Graham.”

Rose-Anne Harder, executive director of Manitoba Arts Network, said it’s essential for rural artists to have opportunities to showcase their work in urban settings and gain access to a broader audience.

“This opportunity might unlock another that takes their artistic career to the next level — or for those that it is an escape from the regular daily life, bring deeper and greater enjoyment and well-being,” she said.

“Their unique voices and perspectives foster greater connections and understanding across geographical boundaries.”

For many years, the Manitoba Arts Network has played a vital role in bringing the arts to rural communities across the province, she added. Through touring visual and performing arts exhibits, as well as the annual Manitoba Showcase, the network fosters connections between artists and audiences in these regions.

“A significant new addition to these efforts is the 210 Gallery, located at 210 Princess St. in Winnipeg. This gallery is unique in the city as it exclusively features the works of rural Manitoba artists, providing a dedicated space to cele-



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> EXHIBITION, FROM PG. 18

brate and connect with the artistic talent from across the province," Harder said.

"For rural and northern artists looking to connect with an urban audience, they can reach out to us and book a month to feature their artwork on our walls or for extended opportunities in our gift shop. We truly hope these opportunities expand artists' careers and livelihood."

Harder expressed enthusiasm for the positive reaction to these initiatives.

"We are so pleased with the response so far from artists by how far into the future our gallery is booked. It reaffirms the new direction we are taking with this gallery and gift shop venture," she said.

"For rural and northern artists that may not be aware, we also have travelling visual art exhibitions that tour the province and we have a call for

submissions open to all artists in the province in November."

For those looking to check out the artwork for themselves, 210 Gallery at 210 Princess St. in Winnipeg is open Monday to Thursday from 10 a.m. to 4 p.m.

To learn more, visit the Green Acres Art Centre website at www.greenacresartcentre.ca or the Manitoba Arts Network website at www.manitobaartsnetwork.ca.

Alan McLeod 301 Air Cadet Squadron cadets navigate together

By Lana Meier with files from Flight Sergeant Hailey Nagtalon, Cadet Correspondent, Whitehorse Cadet Training Centre.

Stonewall's 301 Alan McLeod, V.C., Royal Canadian air cadets joined 227 other cadets from across the country at the Whitehorse Cadet Training Centre this summer.

Cadets Lillian Rurak, Isla Petrie and Stepan Lavrov joined 55 other cadets to utilize their land navigation skills as a team in Whitehorse, Yukon on Aug. 12. The trio also learned how to instruct the survival course while learn how to navigate safely in the training area.

"Making friends and creating memories was the most valuable takeaway from this summer," says Lavrov. Being confident in my ability to survive in the woods has been great," says Rurak. "Being in the survival course this summer has taught me to learn and try again no matter how many mistakes I make," says Petrie.

Rurak, Petrie and Lavrov all joined cadets in 2021. All of them joined the program because of the unique experiences and the friends that they would make. They also all share an interest in airplanes. These three were fortunate enough to make it into the same course this summer, all learning fun and interesting survival skills.

"I think people should join the program because it's fun! I've enjoyed all the activities I've done here so far, and I feel like others would find all the opportunities cool too," said Rurak. All three say that "people should join



TRIBUNE PHOTO BY LIEUTENANT ANDREA KROEKER

Stonewall's 301 Alan McLeod, V.C., Royal Canadian Air Cadets Lillian Rurak, left, Isla Petrie, centre, and Stepan Lavrov were utilizing their land navigation skills as a team in Whitehorse, Yukon, on Aug. 12.

for the friends and unique opportunities."

The Cadet Program is open to all youth between the ages of 12-19 and provides opportunities to develop skills that will last a lifetime including teamwork and communication. Youth who are interested in joining the Cadet Program can do so by visiting Join the Cadet Program - Canada.ca.

Becoming part of the Cadet Program as an adult leader is a choice to serve both your country and your local community. It is easier than you

may think and is filled with rewarding opportunities to gain new skills valued not only within the Canadian Armed Forces, but within your existing workplace. No previous military or cadet experience is required.

For more information call (204) 515-7418 or register for 301 Alan McLeod V.C., Royal Canadian Air Cadet Squadron on Wednesday, Sept. 11 from 7-9 p.m. at the Access Curling Club in Stonewall.

Training starts locally in September.



Top Benefits Of Apple Cider Vinegar For Dogs

Overall, apple cider vinegar is fine for dogs. But there are some ways to make sure it's safe.

The first is that you should look for raw, organic unfiltered apple cider vinegar. Organic ACV will allow you to avoid pesticides and other toxic chemicals used in commercial farming.

Apple Cider Vinegar For Dog Skin Allergies

ACV can help relieve itchy skin and rashes caused by yeast and poison ivy. The best way to apply it is by making a 50/50 solution of apple cider vinegar and water in a spray bottle. Apply it directly onto itchy spots.

Caution: Do NOT put it on open wounds. The vinegar will sting if the wound is raw.

If you can't apply topically and yeast is your main concern, you can feed ACV to your dog in her food or water. Feeding 1/4 to 1/2 teaspoon of ACV twice daily can help.

Apple Cider Vinegar For Dogs' Ears

Itchy skin is often accompanied by itchy ears – and nobody wants that. But should you clean your dog's ears regularly? Usually, the answer is no.

If your dog's itchy and uncomfortable, then you need to help. In that case, you can clean gunky ears using a solution of half ACV/half purified water.

1. Clean dirty ears using individual cotton balls soaked in the solution.
2. Swab out the ears until the cotton ball comes out clean.

It's very important to only wipe the visible parts of the ear.

Apple Cider Vinegar Tea Body Rinse

As an alternative to the 50/50 apple cider vinegar and water mix, you may want to try an apple cider vinegar tea body rinse. This body rinse can be useful to restore skin pH, soothe itchy skin, calm rashes and welts. It has some added benefits for keeping biting flies, fleas and gnats at bay as well.

Mix the following ingredients together in a glass bottle or jar with a cap. Shake well before use:

- ½ cup apple cider vinegar
- ½ cup brewed green tea (cooled)
- 1 cup distilled water

After bathing, apply this room temperature rinse to your dog's coat and skin ... then massage it in. Rinse well and pat dry. Or you can let the apple cider vinegar mix air dry for the added benefit of bug relief.

How Much Apple Cider Vinegar Should I Give My Dog?

Do NOT give your dog undiluted ACV. Always mix it into her water or food. Give the following daily amount depending on the size of your dog:

- 1 tsp for dogs up to 15 lbs
- 2 tsp for dogs 16 to 35 lbs
- 1 tbs for dogs 36 to 84 lbs

Read the full article on ACV for dogs:

<https://www.dogsnaturallymagazine.com/3-simple-ways-apple-cider-vinegar-can-help-your-dog/>

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Back-t

With the excitement of r
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STREET SAFETY

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Navigating back to school anxiety

As the new school year approaches, it's natural for students to feel excitement and nervousness. However, for some, the return to school can trigger anxiety and stress. Whether starting a new semester, transitioning to a new school or returning after a break, here are five tips to overcome your back-to-school anxiety:

1. Understand your feelings. It's okay to feel anxious about the unknown. Recognizing and accepting your emotions is the first step toward managing them effec-

tively.

2. Establish a routine. Structure can provide a sense of stability amidst change. Plan your schedule, including study time, extracurricular activities and relaxation breaks.

3. Build a support network. Stay connected with friends and family. Surround yourself with a supportive network who can offer encouragement and understanding. Don't hesitate to seek help from a trusted friend, family member

or mental health professional.

4. Take care of yourself. Engage in activities that promote relaxation and well-being, such as exercise, mindfulness or hobbies you enjoy. Prioritize sleep and nutrition to support your physical and mental health.

5. Be present. Concentrate on what you can control today instead of worrying about what might happen. Break tasks into manageable steps and celebrate your achievements, no matter how small.

By using these strategies and seeking support, you can navigate back-to-school anxiety with confidence.

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o-school safety reminders

turn- child wears bright or reflective
over- clothing to make them more
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SAFE TRANSPORTATION

If your child is old enough to walk or bike to school, plan a safe route that avoids busy streets and intersections. If your child takes the bus to school, ensure that they know the bus number and remind them to wait at a safe distance from the curb.

Emergency preparedness

Review emergency procedures with your child, including evacuation routes and what to do in case of a fire or lockdown. Additionally, remind your child about the importance of stranger danger and to never accept rides or gifts from strangers.

CYBER SECURITY

As digital learning becomes more prevalent, teaching your

child about online safety is essential. Explain the importance of keeping personal information private and avoiding sharing it with strangers. Also, discuss the risks of cyberbullying and tell your child to report any incidents to a teacher or trusted adult.

These safety tips can help ensure a smooth and secure transition back to school.



ing passion for learning: 8 ways to encourage your child

arning in children is ne. Parents can em-
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r child:

3. Create a positive learning environment. Establish a supportive and stimulating study space and provide access to educational resources like books, games and educational materials.

4. Embrace mistakes. Teach your child that mistakes are a natural part of learning. Emphasize the importance of resilience and perseverance in overcoming challenges.

5. Make learning fun. Incorporate fun and creative activities into learning experiences. Use games, experiments, puzzles and hands-on projects to make learning engaging and enjoyable.

6. Encourage exploration. Support your child's curiosity by allowing them to explore new interests and pursue their passions.

7. Celebrate achievements. Recognize and celebrate your child's accomplishments, no matter how small. Praise their efforts and encourage them to take pride in their achievements.

8. Be patient and supportive. Be patient and supportive while offering encouragement and guidance, and be ready to help when needed.

By implementing these strategies, parents can empower their children to become lifelong learners who approach education with passion and enthusiasm.



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FALL & WINTER ACTIVITIES & registration section **2024-2025**

How to choose the right instrument for your child

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Registration Night at Stonewall Curling Club

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 www.keyboardventures.com 307 Main Street • Stonewall

If you want to encourage your child's love of music, signing them up for lessons is a good idea. Picking an instrument, however, may prove daunting. Here are a few tips to help you choose.

LET YOUR KID HAVE A SAY

The best way to ensure your child remains motivated and doesn't give up on their lessons is to choose an instrument they're enthusiastic about. If your child hasn't expressed interest in a particular option, consider an introductory course that'll allow them to try various string, wind and percussion instruments.



CONSIDER YOUR ENVIRONMENT

Take into consideration how much space you have to accommodate an instrument. From the harmonica to the harp, they vary immensely in size. Think about where it will be stored and played in your home. An electric keyboard is smaller than a piano, and a violin is easier to tuck away than a cello. If noise is an issue, choose an electric instrument that headphones can be plugged into.

your child from learning and improving. Alternatively, many music stores have rent-to-own programs.

KEEP TRANSPORTATION IN MIND

If your child wants to bring their instrument to school or perform at Grandma's house, select one that's easy to transport. Instead of a cumbersome drum kit or tuba, consider a guitar, clarinet or trumpet. Don't forget to buy a sturdy carrying case.

DECIDE ON A BUDGET

Musical instruments have a wide price range, and some can be incredibly expensive. Unless your child is deeply committed, stick with a basic model or buy second-hand. An instrument that's of somewhat lesser quality won't prevent

Once you've found the right instrument, sign up your child for their first lesson so they can start exploring this new hobby.

Jansen School of Dance

Jazz
 Acro
 Hip Hop
 Tap
 Pre-School
 Lyrical
 Ballet

Ages 3-Adult
 Registration for 2024-2025
 Wednesday,
 September 11, 2024
 6:00 - 8:00 pm
 Stonewall Curling Club
 Classes run Saturdays
 from October to May
 Year End Recital

For information
 Call 204-471-2345
 patsynewman@gmail.com
 www.jansenschoolofdance.com

Under the direction of Patsy Newman

BALMORAL JUDO CLUB

REGISTRATION:
STONEWALL CURLING CLUB
 Wednesday, September 11
 • 6:00 - 8:00 pm
Classes TBA early October

Ages 7 years and up

For further information please contact:
 Milton Good 467-8854 or Jason Rogowsky 230-7296

STONEWALL SCOUTING

Meets @ New Life Church Weekly

Beavers (Co-Ed ages 5-7) Meet Mondays 6:30-7:30
 Cubs (Co-Ed ages 8-10) Meet Mondays 6:30-8:00
 Scouts (Co-Ed ages 11-13) Meet Mondays 6:30-8:30

REGISTRATION NIGHT

Fall Registration Wednesday, September 11th, 2024
 6:00 - 8:00 p.m. - Stonewall Curling Club

FALL & WINTER ACTIVITIES & registration section 2024-2025



Drawing classes: suitable for all ages

You're never too young or old to learn to draw or improve your artistic abilities. Here are a few good reasons to enrol your child, or yourself, in an art class.

CHILDREN

From simple doodles to complex techniques, learning to draw can help your child develop skills that they'll use throughout their school years. For example, art teaches observation, mental representation and spatial perception, which are useful in math and geometry. For toddlers, drawing is an excellent way to develop their fine motor skills and creativity.

Moreover, drawing helps build self-confi-

dence and stimulate concentration. It can also lead your child toward a career in architecture, graphic design or illustration.

ADULTS

Inspiring imagination and reflection, drawing has several positive impacts on the brain, including memory retention. It can even help you recover lost memories. In addition to being a source of pleasure, an art class is a great way to explore new ways to express your feelings and communicate your ideas. It can also help relieve stress and increase or maintain your motor skills.

Look for classes in your area and take the opportunity to discover different drawing styles.



Motor skills classes: beneficial for young children

Are you looking for a fun way for your child to expend their boundless energy? A motor skills class could be an exciting option. Here's what you need to know.

COURSE OBJECTIVES

Motor skills classes have a variety of objectives, depending on the facility and instructor. On top of having fun and breaking up the daily routine, they aim to help your child develop social skills, challenge themselves, focus on physical activity and adopt a healthy lifestyle.

PERSONALIZATION

Motor skills classes are designed for children between the ages of one and five. Through courses, workshops and challenges, the child executes various actions like crawling, climbing, running, throwing and manipulating objects. These movements help the child

develop autonomy and coordination. Every activity is adapted to your child's abilities to ensure their safety and to encourage them to move.

Find out about motor skills classes in your area.

Soar the skies with 301 Air Cadets.

Air Cadets are for youth 12 to 18 years of age. The cadet program helps develop skills that will help youth transition into adulthood, from good citizenship, leadership, and a focus on physical fitness. Cadets have experiences that you don't find anywhere else. Air Cadets focus on aviation related activities including flying, gliding and studies in aerospace.

Join us on Thursday nights from 6:15 to 9:30 pm at the Stonewall Legion Hall starting 5 September 2024. There is no registration fee and uniforms are provided at no cost. If you would like more information, check us out at 301aircadets.ca, call 204-515-7418, or come on down Thursday nights.

REGISTER ONLINE
www.cadets.ca > Join the Cadets > Submit Application
 or register in person starting 5 Sept 2024 at Stonewall Legion.



Learn to skate with the Skate Stony Mountain

Offering Skate Canada programs: * CanSkate, Parent & Tot, PowerSkate, Figure Skating, and Synchro

Dates to remember:
 * September 9th - Figure Skating season starts
 * September 13th - Synchro starts
 * September 30th - Come Try Out CanSkate, Figure Skating, and PowerSkate Day
 * September 30th - CanSkate and PowerSkate starts
We look forward to seeing you out on the ice!

Stonewall Skating Club Registration 2024-2025 Season

All programs are taught by certified professional coaches
 Learn to Skate Sessions run October to March

CanSkate:

- Provides kids with the best foundation for figure skating, hockey, speed skating and ringette
- Introduces a healthy, lifelong activity at an early age
- Promotes fun, fitness and participation

CSA approved helmets and mittens are required.

Canskate Mondays & Thursdays 6:30-7:15	Oct. 7-Dec 19/24	Fall \$285.00
	Jan 6-Mar 20/25	Winter \$285.00

Would your child like to learn figure skating? Join the **Skate Canada STARSkate Program.**

Junior STARSkate Mondays & Thursdays 4:15-5:30	Sept 23-Dec 19/24	Fall \$515.00
	Jan 6-Mar 27/25	Winter \$515.00
STARSkate Mondays & Thursdays 4:15-6:00	Sept 23-Dec 19/24	Fall \$545.00
	Jan 6-Mar 27/25	Winter \$545.00

All programs are held at VMSC
ONLINE REGISTRATION AVAILABLE SEPTEMBER 2/24 AT
<https://stonewallskatingclub.uplifterinc.com>

FALL & WINTER ACTIVITIES & registration section **2024-2025**

Why everyone can (and should) take a creative writing course

Creative writing courses offer more than just instruction on how to craft stories and poems. They provide valuable tools for personal and professional growth, regardless of background or writing experience. Here are five reasons why everyone can benefit from taking a creative writing course:

1. Unlocking creativity. Creative writing courses encourage you to tap into your imagination and explore

the boundless possibilities of storytelling. You'll learn to unleash your creativity and develop your unique voice and style through exercises, prompts and feedback.

2. Improving communication skills. From composing emails to crafting presentations, creative writing courses teach you how to communicate ideas clearly and persuasively, using correct grammar, syntax and vocabulary.

3. Building confidence. As you receive constructive feedback and praise from instructors and peers, you'll gain the courage to share your work and take creative risks. This confidence extends beyond writing and can foster self-assurance and resilience in all aspects of life.

4. Cultivating empathy and understanding. Creative writing courses encourage empathy and understanding as students step into the shoes of characters with different backgrounds and worldviews. Engaging with diverse voices and narratives will help you develop greater compassion and cultural awareness.

5. Joining a supportive community. Creative writing courses provide an opportunity to connect with others who share a passion for storytelling. The relationships often extend be-



yond the classroom, offering ongoing support and inspiration.

Whether you're a seasoned writer looking to refine your skills or a novice exploring your creative potential, sign up for a creative writing class in your community.

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NEW - JAM BAND PROGRAM

PIANO GUITAR BASS GUITAR DRUMS BANJO VOCAL COACHING	ROBERT MUNSCH INTRO THEATRE CREATIVE THEATRE	BALLET LYRICAL TAP HIP HOP JAZZ PRE-DANCE LITTLE STARS
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*Membership Fees Waived

Questions and Registration:
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info@greenacresartcentre.ca

In Person Registration Saturday, September 7 from 11-2 at the GreenAcres Art Centre

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\$230 per player.
One hour once a week in Balmoral.

Starting mid October
and ending in mid March.

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Registration Night Wednesday, Sept 11 6-8 pm
Stonewall Curling Rink

Power Skaters Wanted

Are you interested in becoming a powerful, agile skater?

Registration Night Wednesday, September 11th
6:00-8:00 p.m. at Stonewall Curling Rink
Session to run October 15 to December 17, 2024 and
January 7 to March 11, 2025 (Total of 20 weeks)

BEGINNER • INTERMEDIATE • ADVANCED LEVELS

<p>TUESDAYS</p> <p>Level 1... 4:00 to 4:45 (6, 7 & 8 yrs)</p> <p>Level 2... 4:45 to 5:30 (8, 9 & 10 yrs)</p> <p>Level 3... 5:45 to 6:30 (9 & 10 yrs)</p> <p>Level 4... 6:30 to 7:15 (11 & 12 yrs)</p> <p style="font-size: 0.8em;">*ages are only a guideline, skaters are evaluated & classed on ability</p> <p>Cost: \$335 for 20 weeks / \$250 for 10 weeks</p>	<p style="text-align: center; font-weight: bold;">Powerskating teaches skaters how to change direction quickly, maneuver easily and sustain their energy during the game.</p>
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HELMETS (WITH MASKS) & STICKS ARE REQUIRED FOR THIS PROGRAM
 Questions: Contact Brock Couch at brockcouch@gmail.com

FALL & WINTER ACTIVITIES & registration section 2024-2025

Why it's never too late to learn how to swim

Learning how to swim has many benefits, no matter how old you are. While some people may think that picking up swimming later in life is too hard, the truth is that it's never too late to take the plunge. Here are four benefits:

1. IMPROVED PHYSICAL HEALTH.

Swimming engages all muscle groups, promoting cardiovascular health, strength and flexibility. Unlike high-impact exercises, swimming is gentle on the joints, making it an ideal choice for older adults.

2. BETTER MENTAL HEALTH.

Swimming can reduce stress, anxiety and depression. Immersed in the water, swimmers often experience a sense of calm and relaxation, providing a much-needed respite from the pressures of daily life. Moreover, overcoming fears and stepping out of your comfort zone can help promote confidence and self-assurance.

3. INCREASED SOCIAL OPPORTUNITIES.

Joining swimming classes or clubs allows adults to meet like-minded individuals, fostering friendships and support networks.



4. ENHANCED SAFETY SKILLS.

Besides recreation, learning how to swim gives you essential life-saving skills. Swimming skills provide confidence in and around water, reducing the risk of accidents and increasing personal safety, whether enjoying a day at the beach, boating on a lake or going to a friend's pool.

Many local pools offer classes specifically tailored for adults of all skill levels. Don't let age hold you back from discovering the joys and benefits of swimming — dive in and make a splash!

Warren Power Skating 2024-2025

4:30-5:15 - Learn to Skate (3-6 years)
 5:15-6:00 - Learn to Skate (4-6 years)
 6:00-6:45 - Level 1 (6-8 years)
 6:45-7:30 - Level 2 & 3 (8-12 years)

(Groups are a guideline, skaters will be evaluated at first class)

Wednesday Evenings

Oct. 16 - Dec. 18, 2024, Jan. 8 - Mar. 12, 2025

\$335 for 20 weeks

(45 minute classes)

Cash, cheque or e-transfer

(warrenpowerskating@gmail.com)



REGISTRATION

Wednesday, Sept 11 6-8 pm at the Stonewall Curling Club

For more information please email warrenpowerskating@gmail.com

Sticks and helmets with a mask are mandatory for this program



REGISTRATION

Saturday, September 7th, 2024

11:00am to 1:00pm

Green Acres Art Centre, Teulon, MB

Everyone is welcome: Kids / Teens / Adults
 No experience necessary!

Come have fun and learn Ukrainian and Contemporary dances!
 Lessons begin Sunday, September 29th

For more info: 204-886-2983 / tudc14@gmail.com



Registration for Prairie North Dance's 2024 Fall Dance Session is now open!



SCAN ME

Prairie North Dance is a technique and skills-based dance and creative movement program located in the town of Stonewall, MB, with its instructional foundation rooted in Safe Dance Practice and Brain-Compatible Dance Education for dancers from age 5 to 100! Students at Prairie North Dance have the opportunity to learn a mixture of traditional, modern and performative Irish Dance and creative movement in our classes.

The following classes will be offered throughout the 2024-2025 Dance Season:

All Adult Dance Classes on Friday Evenings:

- (1) Adult Beginner Irish Dance from 8-9pm
- (2) Advanced/Competitive Adult Irish Dance from 9-10pm.

All Children's Dance Classes on Sunday Afternoons:

- (1) Beginner Irish Dance (Ages 5-9) at 3-4pm
- (2) Beginner/Novice Irish Dance (Ages 10-17) at 4-5pm.

For more information about Prairie North Dance and to register for classes, please visit our website <https://prairienorthdance.ca>



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FALL & WINTER ACTIVITIES & registration section **2024-2025**

Eight good reasons to take a dance class

Dance is an activity that's both athletic and artistic. Plus, it offers many benefits for your body and mind. From classical ballet, flamenco and contemporary jazz to swing, Argentine tango, hip-hop and Irish jig, there's a dance style for everyone. Here are eight excellent reasons to join a dance class.



1. Improve endurance. Dancing increases both cardiovascular and muscular endurance. Some styles of dance provide a better aerobic workout than others.

2. Tone the body. In addition to developing strength, dancing helps improve your bone density and supports better posture in your everyday life.

3. Work on coordination. When you dance, your body must move in multiple directions and requires different parts of your body to work together in unison.

4. Increase flexibility and balance. Dance improves your range of motion. If you're an older person, it can help you reduce your risk of falling.

5. Work your brain. Learning new movements and choreography helps improve your concentration and memory.

6. Develop creativity. Dancing enables you to explore your artistic side as you improvise and experiment. It's an ideal way to build self-confidence.

7. Socialize. Whether you go as a couple or join a group, dancing is a social activity that promotes collaboration.

8. Combat stress and depression. Dancing has a positive impact on mood. It can have a liberating effect by allowing you to connect with your emotions and express yourself.

Check out the schools in your area to find a class that appeals to you or your children.

Team sport or individual: which to choose for your child?

Are you considering enrolling your child in a sporting activity but are undecided about whether to choose a team-based sport or an individual one? Here are a few ideas to help you decide.



TEAM SPORTS

Whether it's hockey, volleyball, soccer, rowing or synchronized swimming, team sports help your child develop a sense of belonging to a group, team spirit and respect for others. Team sports also offer various opportunities to socialize and can help shy children come out of their shells. Additionally, children can gain confidence by being part of a group rather than the prime focus, which would be the case if they played an individual sport.

activities allow your child to advance at their own pace. This type of sport also provides opportunities to engage with other children and coaches. It's particularly suitable if your little one has an independent nature.

The important thing to remember is that your child should find the sport interesting. After all, if you want them to stick with it and make physical activity an integral part of their lifestyle, they need to have fun. Don't hesitate to offer them several options and let them decide which activity most appeals to their tastes.

INDIVIDUAL SPORTS

From gymnastics and athletics to tennis, fencing or golf, individual sports help foster a sense of autonomy and responsibility. These



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Little Tigers - Tuesday

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January 11, 2025 - March 15, 2025 (10 weeks)

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Registration Wednesday, September 11 at Stonewall Curling Club 6:00-8 p.m.

Ripple effect of rail stoppage impacts grain farmers

By Jennifer McFee

Harvest season has gone off track for local farmers who rely on the rail system to transport their grains.

Last Thursday, Canada's two major railways — Canadian National Railway (CN) and Canadian Pacific Kansas City (CPKC) — locked out unionized workers due to a contract dispute, resulting in a rail stoppage across the country. The same day, CPKC workers went on strike.

The federal government responded by saying it would enforce binding arbitration between the union and rail companies. The Canada Industrial Relations Board ordered the rail employees back to work by Monday, Aug. 26.

The two rail companies ship about \$1 billion in goods each day, and it could take weeks to catch up.

The local grain sector is feeling the impact, since farmers are in the midst of harvesting crops.

According to the Canola Council of Manitoba, lost exports of canola seed amounts to about \$11 million per day. In addition, stopping canola production would cost the industry about \$20.5 million per day in lost sales of canola and meal.

The Western Grain Elevator Association notes that grain companies had taken steps to halt grain movements, which impacted shipping for a week prior to the stoppage. Each day of lost shipping results in a week of recovery

time.

Trevor Buchanan, a grain farmer at Meridian Acres in Argyle, said they anticipated the stoppage.

"It's just part of a game that everyone's playing, I guess. It definitely throws a wrench into stuff. In our situation, we almost have enough storage, so the only affect would be cash flow and not being able to market when we want to," said Buchanan, who grows wheat, soybeans, canola and corn.

"There's one thing I know about farmers — they're very resilient and resourceful, so they'll get it done."

Ryan Elliot is another local grain farmer at Storylea Hay and Grain Farm, east of Stonewall. He operates the farm with his dad Bob, with help from his mom Karen, wife Chelsea and several team members.

"I don't think the timing is a coincidence. This is a pretty busy season for grain deliveries," said Elliot, who farms wheat, canola, soybeans and oats in their cereal rotation, plus hay to bale.

"There have been rail strikes before, but I don't think there's ever been both rail lines at the same time and I don't think it's ever been at harvest. This kind of puts the whole industry in a jam, but we've been settled on our farm for 101 years. There's been a lot of challenges, but this seems to be a new one. It's among the list of things we don't have control over as



TRIBUNE PHOTO BY JO-ANNE PROCTER

Derek Taylor of Storylea Hay and Grain Farm empties a grain cart east of Stonewall.

producers."

Elliot expects that many producers will be tight on storage, but they'll find a way to make it work.

"So far, the wheat has been yielding pretty good, so that's both a blessing and a curse with the storage issue. But it's a one-year issue, so everybody will get by," Elliot said.

"The biggest concern is the loss of trust in our export system for buyers in different countries. We're going to lose a lot of favour in other countries for selling our product to them. We're

trying to maintain our reputation in the world as a good export partner of grains, but this is going to hurt our reputation."

Farmers need to be adaptable, but this situation has created additional stress during the busy harvest time.

"Our biggest threat lately has pretty much just been government policy. It's all stuff we can't control with the rail strike and the carbon tax," he said. "It's really put production agriculture in a tight spot. But we'll find our way out of it."

Prairie Dog Central robbery for charities



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Prairie Gunslingers robbed the Prairie Dog Central on its way to Grosse Isle last Sunday. The train robbers chase the train and perform holdups for the Prairie Dog Central Railway for charity. This specific robbery raised \$969.05, which was donated to The Coffeehouse to End Cancer. This season, the Gunslingers have raised \$4,981.25 for Helping Hands for Manitobans with breast cancer and \$2,075.35 for ALS. The gunslingers have two more robberies before the end of the season. Thirteen riders attend when they can, including two from Pipestone Manitoba and two sheriffs on board who collect money from passengers. Left photo: Corrine Nykorak holds up the train on her trusty stead Doc. Right photo: Darren Bedford from Pipestone and his assistant Kendall from Alberta collect money from passengers.

Birds and Beers Take Flight at Oak Hammock Marsh

By Stephen Burns

Interlake Brewing co-founders Kristin McCary and Graeme Mclean tapped their first keg of Rainy Daze Earl Grey Wheat Ale four years ago at Oak Hammock Marsh.

The married couple, and owners of the Interlake's only craft brewery, will be returning to where it all began at Birds and Beer Flights on Aug. 29. The event gives beer lovers a chance to sample products from up to 22 local breweries and take in the nature around them by observing the start of migration season for geese at Oak Hammock Marsh.

"It's a sentimental event for us," McCary, the chief marketing officer for Interlake Brewing says. "This event was the first time people met us and tried our products so it's very special. They were truly trying the first product from a brand-new local company."

"This event definitely jumpstarted things for us; it's almost like an anniversary," Mclean, the chief executive officer and brewmaster, added. "It was our first step into the industry. I don't even think we had cans on the market yet."

Both McCary and Mclean have historical and familial ties to the Interlake area. They relocated to Gimli with their young family about three years ago, a year after starting the company. While they considered starting their brewpub in the big city, they decided to keep it close to home.

"We love the lake and realized that if we were going to do this in Winnipeg, we wouldn't be able to go to the lake ever again," Mclean says. "We eventually found a space in Gimli on 1 Avenue, thought it would be a perfect fit for this business model, and decided to go for it."

"We have a young family now and wanted to set down roots," McCary added. "We love that we have this and also access to family and nature."

At this year's Bird and Beer Flights, Interlake Brewing will be serving Sunny Days (Earl Grey lemon ale), Hoppy Pelican (Dry hopped pale ale),

Wild River (Wild Rice red ale), and Day Tripped (Rye IPA.)

Oak Hammock Marsh marketing and communications coordinator Jacques Bourgeois says the event has been a hit since it started in 2018.

"The setting makes it completely unique," Bourgeois says. "It's out in nature, and it's very wide open. You can walk along the boardwalk or the trails and watch the geese while sampling some amazing beers from local breweries."

"We sold out in under 48 hours this year despite more demand for tickets, which is a good problem to have."

Bourgeois says the laid-back nature of the event is something both vendors and attendees appreciate.

"People tell us it's their favourite event of the year," he says. "It's very casual, and a heavy emphasis is placed on sampling beers rather than overindulging."

"It's also sponsored by the DrinkSense program, so we also have tickets for non-drinkers or designated drivers who can sample some non-alcoholic options."

That aspect of the event also appeals to McCary and Mclean.

"At some other events, it can get very crowded, and you just kind of serve a beer to the customer, and they go on their way," McCary says. "With this event, we get more one-on-one time with customers, which allows us to build relationships with them and talk to them about our products and our space in Gimli."

"It's a great opportunity to enjoy an adult beverage while taking in nature."

Bourgeois says the best way to keep an eye out for tickets in future years is to subscribe to the Oak Hammock Marsh newsletter. They have considered expanding it to accommodate more people in the future but haven't developed a plan for that yet.

He added that they are also considering a wine event for the spring when the birds return.

You can stay informed on upcoming events at oakhammockmarsh.ca.



TRIBUNE PHOTO SUBMITTED

Interlake Brewing co-founders Graeme Mclean (left) and Kristin McCary (right) at the Birds and Beer Flights event in 2021, where they tapped their first keg and served beer to customers for the first time. They are returning to the event for the fourth year in a row.



Beer lovers flock to the courtyard of Oak Hammock Marsh to sample beers from Manitoba's diverse craft brewery scene in 2023.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Team Manitoba Senior Women's Baseball Team building for future

By Kieran Reimer

The standings won't tell you how Team Manitoba Senior Women's Baseball Team found success last week in Quebec City at the 2024 Baseball Canada National Championships.

Team Manitoba went 1-4 and finished last in the tournament.

To understand the whole story, one must examine the team and their intentions for the tournament much more deeply.

Head coach Kevin Booker, assistants Mike Krykewich and Dan Moir, and manager Rachelle Aime announced the roster in early July.

Initially in charge of finding a coach for the team, Booker stepped up to coach when he couldn't find someone to take the job.

For Booker, this wasn't the first time he'd coached a provincial team. Back in 1997, Booker headed up Team Manitoba at the Canada Games, along with other years of coaching college baseball in the United States and locally at the U18 level.

As he stepped into the new role in 2024, the team they began assembling was much younger than any team Manitoba had rostered before at the tournament.

This year's roster featuring multiple locals included Liberty Aime (Clan-deboye), Amber Baker (Yellowhead), Dayle Bettens (Winnipeg), Emily Foster (Somerset), Kirsten Giesbrecht (Altona), Zoe Hicks (Boissevain), Ella Holm (Stonewall), Sarah Moir (Winnipeg), Ally Neufeld (Boissevain), Leah Peitsch (Winnipeg), Avery Pickering (St. Adolphe), Madisyn Robertson (Neepawa), Horizon Senff (Winni-

peg), Jewell Thompson (Macgregor) and Payton Zubec (Winnipeg).

Only four players were of senior age, with the rest in junior, U18, and even U16.

Based on this reality, Booker knew this year's team would likely not win the 2024 Nationals.

With that in mind, Booker knew that making the most of his position would take much longer than a couple of weeks to make Team Manitoba a contender at the tournament.

As the tournament neared, Booker and his staff decided to plan for the future rather than the present by announcing a U21 Team Manitoba for the coming years to help feed into the senior team.

"I kind of thought about this before the season," said Booker following the tournament. "It's important for the players to have some continuity with the coaching staff so we can build toward something. That was the thought going in and it's something we're going to follow through with."

Next year, Team Manitoba will enter the U21 Baseball Canada Nationals with the same staff from the senior team.

The senior team will continue to exist, though based on the age of most players, Booker believes having many of the U21 players on the same team for a couple of years will help strengthen the team when they eventually all graduate into the senior age category.

"We have a lot of talented players, some really good athletes," said Booker. "Our goal, and we're sitting down and working on this now, is to put a more intent schedule together next year so we can

be together more, be more familiar on the field, and work on our defence and offensive plays, which will help us not only perform better but improve the confidence level."



TRIBUNE PHOTO SUBMITTED

Team Manitoba Senior Women's Baseball team finished ninth with an 1-4 record at the 2024 Baseball Canada National Championships in Quebec City.. Pictured left to right, back row: Kirsten Giesbrecht, Amber Baker, Madisyn Robertson, Ella Holmes, Ally Neufeld, Liberty Aime, Sarah Moir, Horizon Senff, Emily Foster, Dayle Bettens; front row. Payton Zubec, Leah Peitsch, Zoe Hicks, Jewell Thompson and Avery Pickering.

be together more, be more familiar on the field, and work on our defence and offensive plays, which will help us not only perform better but improve the confidence level."

Booker said it's the first time Manitoba will have a U21 women's team in years.

At Nationals this year, the team had already become much more comfortable playing together than they were before the tournament, when they had only a few practices and exhibition games together.

Early on, the team won their opening game against Team Ontario 12-8.

Though that was their only win of the tournament, Booker said the team could keep up with the country's best teams and showed a lot of promise for the future.

Overall, Booker was pleased.

"Just a couple innings got away on us, but the team really hung together, supported each other, and put forward a great effort. We're seeing this as a nice building block to our future teams because the youth on this team got experience."

When group play ended, Team Manitoba was one win short of making the fifth/sixth place game.

Though they ultimately finished last, their 1-4 record was the same as Team Ontario 2 and Team Alberta's, which finished seventh and eighth at Nationals, respectively.

With the same group of players eligible to return next year, Booker and Team Manitoba look forward to taking another step forward next year as they continue to get older and better as a team.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake Maroons end of season report with program director Jeff Kisiloski

By Kieran Reimer

All four Interlake Maroons AA softball clubs have concluded the 2023-24 season.

This season was the first time the program played as the Maroons since rebranding the name and team logo ahead of the season.

The program had four clubs (U11, U13, U15, U17) this season as AA affiliates to the AAA Interlake Phillies program, which also plays out of Quarry Park in Stonewall.

Each team had moments of success this season, from the start of development camps in October 2023 until early August 2024, when all clubs concluded their seasons.

The U11s' season was highlighted by a regional tournament gold medal and an appearance at provincials.

The U13s and U15s also made provincial and showcase tournament appearances throughout the season, the U13s taking bronze at provincials only a month ago.

The U17s' season was cut short due to a lack of players, though the club played multiple games and competed in a showcase tournament at the start of the season.

"The showings that the teams had all the way through and spending time talking to the parents and them saying it was a really good experience," said Maroons director Jeff Kisiloski. "It was an awesome season and they were seeing development. That was probably the biggest thing."

Kisiloski said it was one of his busiest years with the program, in part due to the rebranding and his management of the U15 club.

Part of his goal for the program was to prepare the players for success, and that started at development camps ahead of the season.

The first in October allowed the players to meet and play together for the first time. It also allowed prospective coaches to meet and work with the players.

Over 60 girls attended the development camp, which also took place in mid-January. At this camp, potential coaches could officially put their names forward in hopes of being selected.

Kisiloski said having multiple camps with potential coaches in attendance allowed him to find the best candidates and help set them up for success.

"This was really a very good reflection of what we want the future of the league and club to go," said Kisiloski. "We had a lot of investment into finding the right coaches for the teams, working with the coaches to develop players and team culture, making sure they have the right equipment available to help put a good product on the field. It really paid off."

Once the Maroons officially hit the field for the first time in May, Kisiloski got to see his months of work paying off.

The teams were playing well in front

of large, local crowds. Local businesses supported them through sponsorships, which made many of their opportunities possible.

"It was an absolute joy," said Kisiloski. "It was the product of lots of hard work by myself, the members of the Phillies board, coaches, and members of the community. It really showed the effort of the off-season development so when it came time to literally hit the field. It was pretty cool to see the fruition of everybody's hard work and, most importantly, the girls really having a fun time. It was really rewarding."

Kisiloski said they plan on having all four Maroons teams again in 2024-25. His plan is to have a similar development camp and tryout process to last year's, starting with winter camps in Stonewall.

Tryouts are expected for April/May 2025, with regular season games starting shortly after.

United capitalizing on forfeit win in MMSL action

By Kieran Reimer

Stonewall United's standings improved slightly after Richmond United forfeited their Thursday evening match in Stonewall only two hours before kick-off.

United earned three points from the forfeit and received credit for the win, improving their record to 6-7-1 in the Manitoba Major Soccer League's Division 3B.

"We'll take it any way we can get it, at the end of the day we needed three points and we got it," said United's

Matt Olnick.

The points came at a crucial time for United as they had dropped three of their previous four matches and had slid down into fifth place in Div. 3B.

Now only three points back of CA River Plate for a share of fourth place, United hope their final four matches of the season can help them regain their place among the league's top clubs.

"We need to build off it. It sounds kind of cliché, but also, at this time of the year, with only a couple of games

left, we need points from all of them," said Olnick. "Having this win here hopefully sets us up down the road for having more wins. Ideally, I want to be in the top three."

United will take on eight place Pescara (4-9) in their next match on Thursday night at Ralph Cantafio Soccer Complex.

The two clubs met back on opening night when United gritted out a 3-2 victory in a back-and-forth match.

United now looks to sweep the season series and build momentum

ahead of the MMSL playoffs.

"We've beat them before and we'd like to beat them again," said Olnick. "Anyone can beat anyone on any given day, everyone's going to be fighting for points at this time of the year so it's key that we come out on top and continue to climb the standings."

Kick-off Thursday, Aug. 29 from Ralph Cantafio Soccer Complex goes at 10 p.m.

Fishermen release 2024 training camp schedule

By Kieran Reimer

The Selkirk Fishermen announced their training camp schedule last weekend, ahead of the 2024-25 Capital Region Junior Hockey League season.

The Fishermen will open camp at Selkirk Recreation Complex on

Thursday, Sept. 5, for the first tryout skate.

The Junior team will hold six more tryout skates throughout the next two weeks before playing two exhibition games against the Beausejour Comets on Saturday, Sept. 21, at 6 p.m. at the Sun Gro Centre and the

North Winnipeg Satelites on Sunday, Sept. 22, at 3 p.m. in Selkirk.

They will finish camp with two more tryout skates, wrapping up on Wednesday, Sept. 25.

The CRJHL has also announced the 2024-25 regular season schedule. The Fishermen will open the regu-

lar season with their home opener against the Satelites on Friday, Sept. 27, at 7:30 p.m.

Tryout registration is \$60; players can register by emailing chris.ponick@gmail.com

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Varsity Thunder opening lineup gets clearer after pre-season tune-up

By Kieran Reimer

Fans had their first look at this year's Interlake Thunder Varsity football team on Saturday.

The Thunder were in action against the Falcons Football Club for a pre-season tune-up at Stonewall Collegiate Field.

Nearly every Thunder player saw the field in the 26-15 loss as head coach Christof Hasselfield and his staff played around with the lineup to get an idea of what their opening night lineup could look like.

"We weren't too worried about the final score," said Hasselfield. "A classic exhibition game. There were some things we look to build on and more than a handful of things we now have on tape and will look to polish before the result really means something."

Hasselfield called it a successful exhibition game in the sense that he got to see some of their rookies, along with veterans, get in their first touches and get up to game speed before likely seeing a majority of the action in the opener.

In training camp and the exhibition game, Hasselfield has been impressed by the play of many of his juniors and sophomores who are expected to take on bigger roles this season.

He highlighted three Thunder running backs, AJ Nadon, Christian Mozdzen and Fyn Moore as players who looked good in the pre-season game.

Nadon, in particular, is a player that stood out to all in attendance at the game, as he went on a massive run in which he broke free from six Falcons defenders for one of the Thunder's top plays of the game.

The junior out of St. Andrews is someone that Hasselfield and the offence will likely count on again all season.

"AJ specifically, the whole league knows he's special, we know that, so we're really looking forward to his season," said Hasselfield.

Hasselfield also highlighted the performances of Tyler Yourchenko and Kole Beresford on defence.

Yourchenko, a junior linebacker from St. Andrews, made multiple tackles on Saturday and broke up a pass in a timely manner.



Thunder varsity coach Christof Hasselfield is looking forward to a successful season on the field.

As for Beresford, Hasselfield said he's been a standout since the start of training camp as one of their new defensive backs.

From Stonewall, Beresford is in his first season with the Thunder, though he is a sophomore due to being born in 2009. On Saturday, he picked up an interception, adding to his impressive first few weeks with the Thunder.

"I've been impressed with his attitude," said Hasselfield. "He shows up every day ready to compete. He had a pretty good game."

The last position Hasselfield discussed was at quarterback, where the Thunder are seeing a new slinger step into the spotlight this season.

Fans will recognize six-foot-four junior Jesse Batenchuk as the club's top offensive weapon at wide receiver last season, scoring 12 touchdowns.

This season, the Gimli native is transitioning to quarterback, a position at which he played only a couple of snaps in 2023 as the Thunder's back-up option.

In the off-season, Batenchuk trained under Hasselfield to make the transition. Due to his strong athletic abilities and leadership on and off the field, Hasselfield believes Batenchuk could become an even better option than what they had at quarterback last season.

"He's a special, special athlete," said Hasselfield. "He played like a guy



TRIBUNE PHOTOS BY LANA MEIER

Thunder offence Tyler Yourchenko and Jaden Slatcher take down a Falcons player in exhibition play last Saturday. The Thunder lost 25-16.

starting his first game at quarterback and that wasn't a reflection of what he's going to be this year. The offence sputtered a bit, and I'd rather we get that out in an exhibition game. He's got all the talent in the world, a very live arm, and I haven't even gotten to his legs. He's a very dynamic athlete. What I'm most impressed with is he had a very good final drive. I liked his mental toughness and his leadership, which is something we've talked about a lot. I'm very excited for him this year and the sky is the limit to be honest."

The Thunder now have five practices remaining before opening night against the Transcona Nationals at 2 p.m. on Sunday, Sept. 8 in Stonewall.

Hasselfield and staff will use that time to make minor tweaks to their offence and defence and set their lineup for the opener.

PEEWEE THUNDER SEE OFFENSIVE PROGRESSION IN THIRD STRAIGHT LOSS

The Pee wee Interlake Thunder saw progression this week but still came up short in the win column.

After only scoring six points in their opening two games, the Thunder were able to get 12 on the board in their 42-12 loss to the Eastman Raiders in Steinbach on Saturday.

It's still not the result they were looking for, but it's a much better showing from the club as it looks to be more competitive in the Manitoba Minor Football Association.

The Thunder, now 0-3 on the season, currently sit fifth in the MMFA's Richard Dudek Conference.

Next week, the Thunder will have a bye and play in Stonewall the following weekend.

That game will go on Sunday, Sept. 8, against the St. Vital Mustangs Black (0-1) at 9:30 a.m. at Stonewall Collegiate Field.

This is the first time the Thunder and Mustangs will meet this season. They are the only two teams currently without a win in the Richard Dudek Conference.

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Please submit your resume and cover letter, referencing the job posting number. Preference will be given to qualified Red River Métis applicants and they are encouraged to self-identify on their cover letter.

MMF Human Resources Department
300-150 Henry Ave, Winnipeg, Manitoba R3B 0J7
Email to: jobs@mmf.mb.ca
Fax to (204) 947-1816



TOWN OF ARBORG EMPLOYMENT OPPORTUNITY FULL-TIME OPERATIONS MANAGER

The **Town of Arborg** is seeking applicants for the full-time position of Operations Manager. Reporting to the Chief Administrative Officer, the Operations Manager is a senior management position in the Town of Arborg responsible for overseeing the daily operations of the Town of Arborg including, but not limited to, the Water & Sewer Utility and Public Works Department. Preferences will be given to candidates possessing the following qualifications:

- Minimum of 3 years supervisory experience.
- Minimum education of High School Diploma or equivalent.
- Strong background in leadership, supervision, and performance management skills.
- Knowledge and experience using a wide range of computer programs such as MS Office (Word, Outlook, Excel, PowerPoint, Publisher).
- Additional training or safety certificates would be an asset.
- Class I Water and Wastewater Facility Operators Certificate would be an asset.
- A Driver's License valid in the Province of Manitoba.
- In accordance with Town of Arborg policy, this position requires as a condition of employment that you provide a Criminal Record Check that is acceptable to the Town of Arborg.

A detailed job description is available upon request.

Employment Start Date: TBD

Application Deadline: Posting will remain open until a suitable candidate has been selected.

Compensation: Salary will be dependent upon education and experience.

Direct Applications to:

C.A.O. Cindy Stansell
Town of Arborg
PO Box 159, 337 River Road Arborg, MB R0C 0A0
E-mail: caoarborg@mymts.net
Phone: 204-376-2647 Fax: 204-376-5379

We thank all candidates for their interest, however, only candidates selected for interviews will be contacted. Applicants selected for an interview will be required to provide references.

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buyer for all farm- yard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

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SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Everything
you need to
promote
your business



Call Today!
204-467-5836

ANTIQUÉ SALE

Don't miss the big annual Fall Junk Wagon Antiques & Collectibles Sale. Everything from old toys, vintage clothing, comics, records, jewelry, rustic, retro, glassware, old advertising, old signs, upcycled and so much more. Saturday, Sept 7. Doors open 9 a.m. - 4 p.m. 980 Winakwa Rd. in Winnipeg. \$5.00 per person.

HAY FOR SALE

Round hardcore bales, 1st & 2nd cut, alfalfa & brome grass. Call 204-461-0722.

HELP WANTED

Fullhouse Movers is hiring for full time and part time labourers. Must have driver's license. Call Alex at 204-461-2352.

ROCKY MOUNTAIN EQUIPMENT IS HIRING: Parts Technicians, Sales Consultant, Agriculture & Heavy Equipment Techs - Journeyman, Apprentices and Sales roles. View open roles www.rockymtn.com/careers. Possible relocation and signing bonus offered.

BUSINESS OPPORTUNITY

Automotive Repair Shop - Long time owner retiring, great opportunity listed at only \$295,000. Better act fast. Includes building & much more. Also, restaurant - short hours, money maker only \$119,000. SmalleyRealty@mts.net or call 204-339-1665.

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WANTED

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Coin Collection,
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www.mcna.com

THE RURAL MUNICIPALITY OF
ROSSER

NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF ROSSER

Pursuant to subsection 367(7) of *The Municipal Act*, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **2nd day of October, 2024**, at the hour of **10:00 AM**, at Rural Municipality of Rosser, 0 077E PR 221, Rosser, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
91562	LOT 7 PLAN 68592 WLTO IN SW 1/4 34-11-2 EPM - 138 GOLDENROD DRIVE	L -\$754,200	\$43,658.97

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality exercises its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the RURAL MUNICIPALITY OF ROSSER as follows:
 - i) The full purchase price if it is \$10,000 or less; OR
 - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - iii) A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 15th day of August, 2024.

Managed by:



Larry Wandowich
Chief Administrative Officer
RURAL MUNICIPALITY OF ROSSER
Phone: (204) 467-5711
Fax: (204) 467-5958

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email ads@stonewallteulontribune.ca

Due to the upcoming long weekend, The Tribune Classified booking deadline is Friday, Aug. 30 at 4 p.m. prior to Sept. 7th publication
Please Call 204-467-5836

PIANO LESSONS

Spaces available for piano lessons. Children 7 years to adult. Contact Joelle at 204-513-0238 or jnpianoteacher@gmail.com

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

FLIGHT ACADEMY

Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

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8 AM - 5 PM
October 30th, 2024
William Glesby Centre,
Portage la Prairie, MB

Hear from industry experts and local producers about a variety of topics related to beef cattle production!

Organized by MB Agriculture in partnership with MB Beef & Forage Initiatives, and MB Beef Producers.

For more info call:
204-761-3300

Or visit: manitoba.ca/agriculture/livestock/beef-conference.html

HELP WANTED

Winnipeg Livestock Auction Mart is looking to hire yard staff for receiving and sale days (Thursdays & Fridays)

DUTIES INCLUDE BUT NOT LIMITED TO:

- RECEIVING & LOADING CATTLE
- SORTING & PENNING CATTLE
- FEEDING CATTLE

• OTHER TASKS DIRECTED BY MANAGEMENT

Resumes can be sent to:

Winnipeg Livestock Sales Ltd.

Box 13, Group 220, RR2 Winnipeg, Manitoba R3C 2E6

Email: Winnipeglivestocksales@gmail.com

Phone: Dylan 204-228-4754 or Belinda 204-894-5447

THE RURAL MUNICIPALITY OF ARMSTRONG

EMPLOYMENT OPPORTUNITY

CHIEF ADMINISTRATIVE OFFICER

The Rural Municipality of Armstrong is accepting applications for the position of Chief Administrative Officer.

Found in the heart of the Interlake region of Manitoba, northwest of Teulon on Hwy #17, the RM of Armstrong is home to a number of small hamlets offering a mix of urban and quiet country lifestyles.

Under the direction of Council, the CAO is responsible for the overall management of the operations of the municipality including: administration, supervision of staff, policies and planning and financial management.

Key responsibilities of the position include:

- Recommend new initiatives, programs, policies, and plans for Council to consider.
- Advising Council as to current and future policies, programs and budgets.
- Acting as the coordinator and team leader of the administration in areas of staff, personnel, policies, plans and programs.
- Develops and implements a process for preparation of annual capital and operating budgets.
- Assisting Council in determining the future vision of the Municipality.
- Working closely with all levels of government

Skills & Qualifications

- Ability to produce and understand Municipal Financial Statements and manage a budget.
- Ability to communicate effectively with the public, employees and external stakeholders.
- Ability to develop, interpret and administer agreements, statutes and by-laws.
- A graduate of the University of Manitoba Continuing Education Division Certificate Program for Municipal Administrators (CMMA), or equivalent education.
- A background in Accounting is considered an asset.
- A minimum of three years direct experience in municipal administration.
- Computer experience with a municipal software program, preferably Asyst, and demonstrated abilities with Windows, Microsoft Office 365: including Work, Excel, Power Point.

Salary is commensurate with experience and qualifications. The RM of Armstrong provides an excellent group benefits and pension program. A detailed job description is available upon request.

Please submit your resume and three reference to:

RM of Armstrong
Box 69, Inwood, MB R0C 1P0
Fax (204) 278-3437
Email: cao@rmofarmstrong.com

Deadline to apply for the position is Friday, September 6, 2024, at 4:30 P.M. If a candidate is not found by the deadline date the position will remain open until filled. We thank all that apply and advise that only those selected for further consideration will be contacted.

PUBLIC NOTICE

BOARD OF REVISION



NOTICE IS HEREBY GIVEN THAT the 2025 Assessment Roll for the Rural Municipality of Woodlands has been delivered to the Municipal Office, 57 Railway Avenue, in the Village of Woodlands, Manitoba and is open for public inspection during regular business hours.

The Board of Revision shall sit to hear complaints on Tuesday, the 8th day of October, 2024 at 1:00 p.m. in the Council Chambers of the Rural Municipality of Woodlands, 57 Railway Avenue, Woodlands, Manitoba.

Any person who believes that an assessment ought to be revised may make application in accordance with sections 42 and 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- a) liability to taxation;
- b) amount of an assessed value;
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

43(1) An application for revision must

- a) be made in writing;
- b) set out the roll number and legal description of the assessable property for which a revision is sought;
- c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- d) be filed by
 - i) delivering it or causing it to be delivered to the office indicated below, or
 - ii) serving it upon the secretary,

at least 15 days before the scheduled sitting date of the board as indicated above.

All applicants shall be provided written notice with the time of their hearing. Applicants are responsible for confirming that an appeal sent electronically has been received by the Rural Municipality of Woodlands, Telephone 204-383-5679.

Applications for revision or complaints must be received by 4:30 p.m., September 23rd, 2024, mailed to the Rural Municipality of Woodlands, Box 10, Woodlands, Manitoba, R0C 3H0 or delivered to 57 Railway Avenue, Woodlands, Manitoba.

Dated this 13th day of August, 2024.

Corlie Larsen, CMMA
Secretary, Board of Revision

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> GAMES

SUDOKU

				1				9
	2					1		
4	1			5	3	7		
7		3	5		2	4		
		8	3	9				
							7	
3							6	4
		6			8		3	
	9							

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

RURAL MUNICIPALITY OF ROSSER ROSSER PUBLIC NOTICE BOARD OF REVISION (2025 Assessment)

PUBLIC NOTICE is hereby given that the 2025 Assessment Rolls for the Rural Municipality of Rosser has been delivered to the Municipal Office at 0 077E PR 221, Box 131, Rosser, MB and are open for public inspection during regular office hours.

THE BOARD OF REVISION shall sit to hear appeals on Thursday, November 7th, 2024, at 9:00 a.m. in the Municipal Council Chambers in Rosser, Manitoba.

ANY PERSON, including the assessor, who believes that an assessment ought to be revised may make application for revision of an Assessment Roll in accordance with Sections 42 & 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation.
- amount of assessed value.
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2)

APPLICATION REQUIREMENTS:

- 43(1) An application for revision must
- be made in writing
 - set out the roll number and legal description of the assessable property for which a revision is sought
 - state the grounds on which the application is based; and
 - be filed by
 - delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
 - servicing it upon the secretary,

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

Applications for revisions must be received by 4:30 p.m. Tuesday October 22, 2024, no late exceptions will be allowed. Applications should be mailed: Secretary, Board of Revision Box 131 Rosser, Manitoba, R0H 1E0 or delivered: 0 077E PR 221 Rosser, Manitoba or emailed: admin@rmofrosser.com or faxed: 204-467-5958. Applicants will be notified, in writing, of the date and time of the hearing of their application.

Applications which do not include the above information may not be considered by the Board. Applicants who fail to attend the Board may have their Application for Revision dismissed without a hearing. Dismissing an application without a hearing ends the Appeal Process for the Applicant. Before filing an application against the amount of the assessment, liability to taxation, or classification of the property, applicants should:

- examine Municipal Assessment Rolls for comparable properties.
- select comparable properties from the rolls; and
- discuss the matter with the Municipal Assessment Branch, Portage la Prairie, Manitoba (204) 239-3332 or Toll Free 1-866-401-8986.

DATED this 27th day of August 2024 at the Village of Rosser, in the Province of Manitoba.

Larry Wandowich, Secretary
Board of Revision
Rural Municipality of Rosser
Box 131, 0 077E PR 221
Rosser, Manitoba R0H 1E0

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Join Our Team!
We are currently seeking experienced, goal-oriented individuals for employment in the following positions:

- Class 1 & 3 Drivers
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Requirements:

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- Ability to work well with others or independently
- Safety-oriented
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GRAYMONT

EMPLOYMENT OPPORTUNITIES Graymont's Faulkner

Graymont's Faulkner, Manitoba plant is hiring, and we want you on our team! Graymont's Faulkner lime plant is located near Moosehorn, Manitoba, within two miles of the shore of Lake Manitoba.

We offer top-notch pay, unbeatable benefits, and a safe, collaborative environment where you can grow your career.

We're currently seeking:

- Laboratory Technician
- Purchase/Inventory Specialists
- Industrial Electrician
- Laborer

Ready to take the next step in your career?
Explore these opportunities and apply today at www.graymont.com/

About Graymont

Graymont is a global leader in the production and marketing of lime and limestone products. We have operations across North America and in the Asia Pacific region. Graymont's growing business focuses on technology and application innovation. Employees at Graymont receive competitive compensation and health care benefits and may also qualify for financial support for ongoing learning and development to help them reach their full potential.

7	1	8	9	8	9	4	6	2
2	3	6	8	4	1	9	7	5
4	6	5	9	2	7	1	8	3
8	7	3	1	9	4	2	5	6
5	2	6	7	6	3	8	4	1
1	9	4	2	8	5	3	6	7
6	8	7	3	5	2	6	1	4
3	4	1	6	9	7	5	2	8
9	5	4	2	5	1	4	8	6

Sudoku Answer

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ANNIVERSARY



Diamond Anniversary
John and May Turesky
 Married Aug 29, 1964
 60 years of marriage is
 a rare and amazing milestone,
 so we couldn't let this go unannounced!
 Congratulations!
 -Love your family!

CARD OF THANKS

The family of Betty Ann Fairlie extends our heartfelt thanks for all the kind words, flowers, baking and cards. Thank you to Ken Loehmer for all your help, your compassion has been a source of comfort at this time.
 -Janet, Blair and family
 Barb and family

CARD OF THANKS

On behalf of the late Darlene Schott-Hubbard's family, we would like to extend our heartfelt appreciation and gratitude to our family, friends and community members. The love, support, kind words, flowers, food items and check-ins have not gone unnoticed nor will be forgotten. And Ken Loehmer, your compassion and guidance has been a source of comfort during this very difficult time. So thank you all from the bottom of our hearts.

Announcements

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IN MEMORIAM



Robby MacLean
 February 16, 1976 - September 2, 2018
 We miss you today
 And will miss you tomorrow,
 With tears in our eyes
 And hearts full of sorrow.
 We hold on to the memories
 Of the great times we had,
 We grieve for what we lost
 But are grateful for what we had.
 No matter how we spend our days, no matter
 what we do,
 Not a single day goes by that we don't think
 of you.
 We love you and miss you so much.
 -Love your family and friends



"Life is Short - Make it Sweet"

IN MEMORIAM



Justin Baryliski
 July 29, 1999 - September 1, 2020
 Remembering you always,
 Until we meet again.
 -Love from,
 your grandparents
 Randy and Bev Wynne

IN MEMORIAM



Merv Rurak
 September 16, 1944 - August 31, 2014
 If memories bring us closer
 We are never far apart
 For you are always in our thoughts
 And forever in our heart
 -Greatly loved, and deeply missed
 by Shirley and family

OBITUARY



Gary Joseph Mack
 October 3, 1961 - August 17, 2024

With broken hearts, we announce the sudden passing of Gary in Canmore, Alberta while on his annual father-daughter road trip to the mountains.

Gary leaves to mourn his wife Kelly, daughter Sarah Mack (his little pookie and best little buddy), mother Georgina Mack, sister JoDeen (Ron), niece Madison Braun. In-laws, Robin (Kirk) Henley, Cindy (Grant) Hammond and Kim Nose. Nieces and nephews, Khristin (Ryan), Joanna and Amy Lawrence, Megan (Kenny) Cardoso, Lyndsy (Ryan), Chloe and Kole Beresford, Michael (Kylie), Lily and Grayson Hammond, Adam Nose, Amanda (Marcie) Sommers.

Gary was predeceased by his father Joseph Mack in 1993; father and mother-in-law, Robert and Jo Anne Polson; and brother-in-law, Richard Nose.

Gary was born and raised in Winnipeg, Manitoba where he attended Bannatyne Elementary, Bruce Junior High, Sturgeon Creek High School and University of Winnipeg.

Growing up in St. James, he loved hunting, fishing, dirt bike riding, snowmobiling, working on cars with his buddies and spending time at the family cottage at Clear Lake. Through Gary's passion of snowmobiling he developed many very special friendships that he valued and held dear.

Gary was employed with The Pritchard Group as a partner/Vice President since 1997. He began his career with Pritchard as a salesman for the Dieseltch Division and worked hard and moved up the corporate ladder becoming a partner in 2006. During this time, he developed strong relationships and friendships. He was well admired and respected throughout the industry.

Gary was well known for his incredible wit and unique personality. He had a way to make you laugh even when you were upset.

What Gary loved the most, was his family! He adored his daughter Sarah. He never took "No" or "not possible" for an answer. Because of that, he made my dreams come true. He loved teaching his little buddy all the things he enjoyed doing. Fishing, snowmobiling (buying her first snowmobile at three years old), quading and most recently the love of the mountains where they went to on their annual road trips in his Corvette which he also loved.

Gary was loved by many and will be sadly missed.
 A special thanks to Canmore Fire Rescue Service for their heroic effort to save Gary and especially Joanna (Paramedic) for the compassion shown to the family and especially to Sarah. To Coast Canmore Hotel and their staff who went above and beyond to help the family during the difficult period in Canmore. To Pam of Bow Valley Victim Services who stood by Sarah and helped her until her family could get to her. Also to Gary's good buddies, Brad Gradidge and Derrick Andries who insisted on going out to Canmore to bring Gary's treasured Corvette home safely.

A celebration of life will be held on August 30, 2024 at 11:00 a.m. at Breezy Bend Country Club 7620 Roblin Blvd, Headingley, Mb.

In lieu of flowers, donations can be made to the Heart and Stroke Foundation.

OBITUARY

Steve Stamler
 February 24, 1932 - August 21, 2024

Steve was called home on August 21, 2024.
 He leaves behind his loving wife of 67 years, Mary; sons Doug (Nicky), Murray (Stephanie), Clayton (Kim); grandchildren Travis, Dwight, Jacob (Olivia), Adam, Nicholas, Quinton (Amy) and Sydney (Adam).
 If friends and family desire, please make a donation in Steve's honour to the Alzheimer's Society or a charity of your choice.
 Thank you to the compassionate doctors and staff at Red River Place.

OBITUARY

Marvin George Miller
 June 17, 1939 - August 21, 2024



Peacefully after a lengthy illness, Marvin passed away with his family at his side early Wednesday morning, August 21.

He is survived by his wife of 55 years Marilyn; his two sons Paul (Tamie) and Ryan (Wendy); his grandchildren Stephanie, Matthew, Skylar, Jordan, Noah, his great-granddaughter Rylann; his brother Ivan (Marlene); as well as several nieces and nephews.

Marvin was predeceased by his parents George and Bertha as well as his two brothers Ron and Keith.

Marvin started his career working at a shop or two in Winnipeg as a mechanic. Then he ventured into the trucking world where he drove gravel trucks and eventually had his own trucks and Caterpillar for many years. He eventually sold out of that business and went to work at Bristol in Stony Mountain. He was only there

for a few years when he moved over to Lucernes milk plant in Winnipeg which is where he retired from.

Marvin was married in 1968 and settled in Balmoral with his new wife Marilyn. In 1971 his first son Paul was born and then in 1974 his second son Ryan was born. They raised their kids in Balmoral and stayed there for many years after the kids were gone. In 2017, they sold their place in Balmoral and moved into Lions Manor in Stonewall.

There will be no funeral service as per Marvin's wishes.
 The family would like to thank Dr. Graham and all the wonderful staff at Stonewall Hospital for the care they gave Dad. Also, we would like to thank Ken Loehmer for his help and care of Dad after he passed.



Stonewall Teulon
Tribune

Announcements

Call 204-467-5836 or Email ads@stonewallteulontribune.ca

OBITUARY

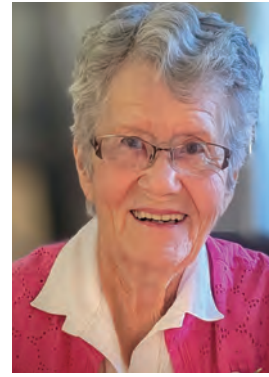
Ernest Michael Baldock
October 23, 1953 - August 23, 2024

It is with sadness that Ernie's family shares that he passed away at the Stonewall Hospital. Ernie was predeceased by his father, Norman Baldock, mother Jean Baldock, brothers-in-law Bryan Jones and Loren Turner, great-niece Brynlee Jones.

Left with memories are his siblings Donald Baldock, Russel (Sue) Baldock, Donna May Jones Turner; his nephews Nolan Jones, Myles (Stephanie) Jones, and niece Jeri-Lee (Kelvin) Jones; great-nephews and nieces Maxwell, Elianna, Raylan, Taryn, Tyler, Taylor and Austin.

The family wishes to thank Ernie's caregivers who were his special friends Tammy Hueging, Barb Wasyliv, and their families for their friendships with him. Thank you to the staff at Stonewall Hospital for providing the exception care and comfort to Ernie in his final days.

A private family graveside will be held at a later date.



Phyllis Lone Lamb
1932 - 2024

It is with deep sadness that we announce the passing of our beloved mother Phyllis Lone Lamb on August 15, 2024, at the age of 91 years.

Phyllis will be missed by her "chosen children" son Michael, grandchildren Randy (Nicole), Brandy (Darryl) and Elvis; their mom Darcy; great-grandchildren Lennie, Huxley, Anthony and Margo; daughter Jody (Ian) Magill, grandchildren Kathryn and James (Kylie) Stark; great-grandchildren Gracie and Eli; brother Bob (Muriel) Kenyon; sister Carlee Dreger; sister-in-law Lorraine Lamb; and many nieces and nephews.

Phyllis was predeceased by her husband Harold in May 1985, her parents Tom and Gladys Kenyon, and sister Jean Lovane Jensen.

Phyllis was born on October 9, 1932 in Cypress River, Manitoba, where she spent her early years forming lifelong friendships. Phyllis was a very determined and independent woman with many passions including researching and writing books on the Dowd, Kenyon and Lamb family histories. She pursued her dream of being a teacher and especially loved her years teaching at Clydebank school near Eriksdale, Manitoba.

She married Harold in 1956 and built a successful dairy farm operation. She loved being a mom, and the biggest joys in her life were bringing home Michael and Jody and being a grandma and great-grandma. Phyllis was a dedicated hockey and figure skating mom attending games and competitions and being one of the biggest cheerleaders in the stands. She was active in the community with Ladies Aid, 4-H, curling, concerts, and carnivals.

After Harold's passing, Phyllis and Michael continued to farm for many years eventually transitioning from dairy to cattle farming. Phyllis had tremendous pride for the farm from her large and plentiful vegetable garden to hours spent in her flower beds and painting the many buildings and white fences.

She loved the company of family and friends and always had a pot of coffee and treats ready for visitors. She was a good and loyal friend with a wonderful smile that brightened any room!

Phyllis left the farm in 2012, to move closer to her son Michael's family. She moved to Medicine Hat in 2023, to be with her daughter Jody.

A special thank you to the caring staff and friends she made in Stonewall, Woodlands Manor, Cypress View Foundation and Medicine Hat Care Community, especially her dear friend Ray who filled her last year with dances and outings to church and for ice cream.

A celebration of life honouring Phyllis will be held in Manitoba in 2025. She will be interred at the Cypress River (Glencoe) Cemetery next to her mom and dad.

The family requests that donations be made to the Alzheimer Society of Canada or a charity of your choice in Phyllis' name.

Cremation has been entrusted to the Pattison Funeral Home and Crematorium.

To leave a message of condolence you may visit www.pattisonfuneralhome.com.

Mizpah - "May the Lord watch between me and thee while we are absent one from the other."

Arrangements are by

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OBITUARY

Edouard Joseph Gareau
April 5, 1938 - August 25, 2024

Peacefully on August 25, Edouard "Cork" Gareau, aged 86 years, passed away at the Hunter Memorial Hospital in Teulon, MB.

He will be sadly missed by his children, David Gareau, Donna Myskiw, Donald Gareau, Brenda Gareau, Jules Gareau and John Gareau.

Edouard was predeceased by his parents, Laurier and Aline Gareau; and all his siblings, Aline Buors, Arthur Gareau, Cecil Devlin, George Gareau and Wilfred Gareau.

In accordance with his wishes, Funeral Mass will be held on Wednesday, September 4, 2024 at the Roman Catholic Church of the Annunciation, Woodlands at 11:00 a.m. followed by a public interment in the Parish Cemetery. For those who wish to formally speak or perform at the Mass, please contact Jules Gareau, jules.j.gareau@gmail.com

The family extends their heartfelt appreciation to the staff at the Hunter Memorial Hospital for their excellent care.



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 At closing, 5 p.m. Sat. Sept. 28th we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to this daily average, without going over it, will be the day which ALL qualifying purchasers will receive their purchase amount back, taxes excluded.
 In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.
 Every item in stock will be included in the sale. No exceptions - clearance, damaged, discontinued, even new arrivals: furniture and appliances.
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 • All sales must be paid in full to qualify for this sale.
 • Visa, Mastercard or Smitty's Credit Cards accepted.
 • Sale Starts 9 a.m. Tues., Sept. 3rd and ends Sat., Sept. 28th, 5p.m.
 • All purchasers on free day will be notified and receive their full refund by Friday, Oct. 4, 6p.m.
 • All sales tallies and free day will be verified.
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