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Fair fun

TRIBUNE PHOTO BY JO-ANNE PROCTER

Brittney Finnson and her nine-month-old son Jack enjoyed their day at his first Quarry Days with family. After cooling down with a few sips of the popular fair lemonade, Jack went on the ferris wheel with his mom and Afi Larry Finnson.

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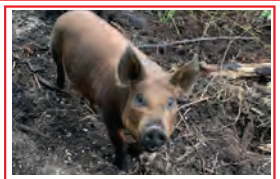
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Stonewall Quarry Days back after two year hiatus

TRIBUNE PHOTOS BY JO-ANNE PROCTER

CIB Yard of the Week

TRIBUNE PHOTOS BY JO-ANNE PROCTER

Left photo: Dale Clarke, Sam Schultz-Clarke, daughter Lexie and pup Penny at 43 Campbell Rd. were chosen Stonewall's Yard of the Week for Aug. 25. The Clarkes have been on Campbell Road for the past two years and take pride in the curb appeal of their yard. The front rock garden hosts beautiful Karl Foerster grasses, some sedum, liatris and a grafted spruce. The front bed is filled with hostas, hydrangea, ninebark and colourful impatiens. Bottom photo: Access Credit Union received the Best Blooming Business award. Member service supervisor Rae-Anne Lychak and teller Gill Fox are part of the team that maintain the lovely planters of petunias, victoria salvia, dusty miller, lisianthus and ornamental grass that were originally planted by Tracy McClintock. To nominate a yard or business of the week, cast your ballots at Stonewall Home Hardware or the library.

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Roundabout planned for PTH 6 and PR 236 intersection

By Jennifer McFee

The provincial government is driving forward with a project that aims to improve road safety on the Perimeter Highway.

Part of that project involves constructing a new multi-lane roundabout at the intersection of Provincial Trunk Highway (PTH) 6 and Provincial Road (PR) 236.

"PTH 6 in the vicinity of Winnipeg accommodates higher volumes of commuter and local traffic. Congestion during morning and afternoon peak traffic is becoming an issue," said a provincial spokesperson.

"In addition, safety and other traffic operational issues are affecting mobility on this section of PTH 6. The goal of this project is to improve safety, reduce congestion and eliminate traffic operational issues."

A roundabout has several advantages over a conventional intersection, such as improved safety and traffic flow, the spokesperson added.

"Roundabouts do cost more than traffic lights to construct," the spokesperson said.

"However, the safety, operational and environmental advantages of a roundabout more than offset the higher construction costs."

According to the Province of Manitoba's Transportation and Infrastructure webpage, roundabouts cost less than traffic signals to maintain. Annual costs to maintain signals for an intersection are about $3,500. With roundabouts, reduced electricity costs result in an annual savings of about $600 per intersection.

In addition, roundabouts are friendlier to the environment. When a vehicle only has to yield at the entry instead of stopping and waiting for a green light, delays are reduced. As a result, vehicles idle less, consume less fuel and put fewer pollutants into the air.

When it comes to safety, the province's website states that roundabouts reduce fatal collisions as much as 89 per cent and injuries as much as 76 per cent due to slower speeds and reduced number of conflict points.

The spokesperson also addressed a couple concerns expressed by local residents.

"There are fewer safety concerns with roundabouts than conventional intersections in inclement weather," the spokesperson said.

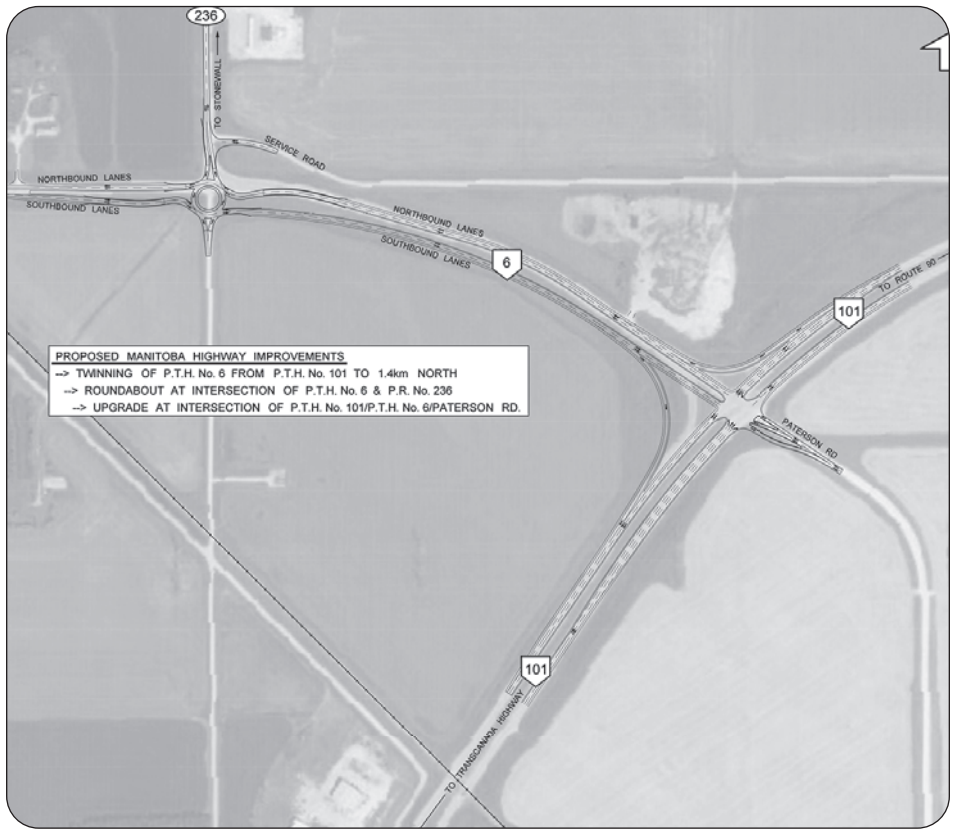
"The PTH 6 and PR 236 intersection will be a two-lane roundabout, accommodating agricultural equipment and long combination vehicles efficiently and safely."

The roundabout construction at PR 236 and PTH 6 is slated to begin construction in fall 2022 and is scheduled to be complete in fall 2023.

"The roundabout is only one component in a series of improvements between the Perimeter Highway and Grosse Isle," the spokesperson added.

"The components have been designed to work together as a system to improve traffic operations and highway safety. The estimated cost of all the improvements is $15.7 million."

The project also includes reconstruction of the existing PTH 6 lanes and the construction of two additional lanes on PTH 6 from PTH 101 to 1.4 kilometres north of PTH 101.



TRIBUNE PHOTO SUBMITTED

Proposed Manitoba Highway improvements include the twinning of PTH 6 from PTH 101, a roundabout at PTH 6 and PR 236 intersection and upgrade at intersection of PTH 101 and PTH 6 and Paterson Rd.

As well, there will be new right-turn cut-offs on and off PTH 101 and PTH 6, and traffic signals will be replaced at PTH 101. Another component of the project will be intersection improvements at PTH 101 and Paterson Road to match the PTH 6 additional lanes.

For more information, visit Manitoba Transportation and Infrastructure's page for this project at https://www.gov.mb.ca/mit/notice/pth6/index.html.

Teens charged last week

Staff

RCMP are recommending charges against a 17-year-old and 18-year-old from Winnipeg following an incident at the Stonewall youth drop-in centre last week.

On Tuesday, Aug. 16, the pair allegedly chased a group of Stonewall teens with a chainsaw before the local youths locked themselves inside the drop-in centre. A baseball bat and machete were also involved in the incident.

RCMP said the incident started with banter on social media, so the situation is not random. They added that there is no risk to the public and no one was injured.

The duo from Winnipeg is expected to go to court in Stonewall in October.

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AT 8:00 pm EACH NIGHT
Beast
Idris Elba
Adult Accompaniment Under 14; Violence
14A

Stonewall Teulon Tribune

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Manitoba confirms monkeypox case; COVID hospitalizations, infections, deaths increase

By Patricia Barrett

Manitoba Health confirmed last week the first case of monkeypox in the province as the virus continues to spread across Canada.

The individual's region of residence, gender and age will not be provided due to the risk of identifying the person, states an Aug. 19 provincial news release. The infection occurred outside the province.

Public health officials will "provide notification to close contacts, and to specific locations if the risk to others is considered high and contacts may be unknown."

As of Aug. 14, 168 doses of a preventative vaccine have been administered to Manitobans who have identified as gay, bisexual or men who have sex with men and who've met certain criteria such as having received a diagnosis of chlamydia, gonorrhea and/or syphilis in the past two months, have had two or more sexual partners in the last 21 days or have attended bath houses or sex clubs.

As of Aug. 19, there have been 1,168 cases of monkeypox confirmed in Canada (excluding Manitoba), with 571 in Ontario, 453 in Quebec, 119 in B.C., 19 in Alberta, three in Saskatchewan, two in Yukon, and one in New Brunswick, according to federal data.

Other health news:

The provincial government's weekly COVID surveillance report for Aug. 7-13 shows a sharp increase in new infections, hospitalizations, intensive care unit admissions and deaths since the previous week's report.

There were 455 new lab-confirmed COVID infections, an increase of 108 cases over the 347 reported the previous week. The province's data are an undercount as PCR lab testing is restricted and rapid antigen tests are not tracked.

There were also 72 new hospital admissions for the virus during the above period, including 19 people requiring ICU intervention. The previous week's report showed 57 hospital admissions and 12 people having been admitted to intensive care.

The province doesn't provide a cumulative total of how many people with COVID are in hospital on a given day.

The previous week's death toll was 2,079. It has risen to 2,093, an increase of 14 deaths.

There were seven new COVID outbreaks in personal care homes and hospitals in the Winnipeg and Northern health regions.

Plans to increase minimum wage to $15 by October 2023 announced

Submitted by Manitoba government

The Manitoba government is announcing its plan to increase the minimum wage to $15 by October 2023, Premier Heather Stefanson announced, noting government will soon begin consultations with small businesses on the effects of this change.

"Our government recognizes the financial challenges many Manitobans are facing as a result of global inflationary pressures," said Stefanson. "Today's announcement delivers on our commitment to making life more affordable for all Manitobans. This phased-in approach will ensure small businesses remain strong and continue to grow while helping workers and their families get ahead by earning bigger paycheques. Our balanced approach to increasing the minimum wage will help workers make ends meet while also recognizing the concerns of small businesses who are struggling during this difficult time."

Earlier this spring, in recognition of exceptionally high inflation, the Manitoba government passed amendments to the Employment Standards Code to increase the minimum wage above the rate of inflation, the premier noted.

Following consultations with the labour and business communities, the provincial hourly minimum wage will increase to $13.50 from $11.95 on Oct. 1, 2022. Additionally, the province intends a further increase of 65 cents on April 1, 2023, that will raise the minimum wage to $14.15 per hour. With the expected consumer price index increase for 2022, the next indexed adjustment will bring Manitoba's minimum wage to around $15 for Oct. 1, 2023, the premier added.

"This wage increase will provide much-needed support to hard-working Manitobans who have been burdened by soaring cost-of-living increases," said Labour, Consumer Protection and Government Services

Continued on page 9

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TRIBUNE PHOTO BY JO-ANNE PROCTER

Paige Bernier, Olivia Potter and Kenzie Myers from Stonewall took a break from the rides at Quarry Days last Saturday to cool off with popsicles. The temperature rose above 26 degrees C. but felt like 32 C. with the humidex. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@stonewallteulontribune.ca.

letter to the editor

Letters to the Editor:
letters@stonewallteulontribune.ca

To: Hon. Premier and Members of Parliament Doyle Piwiuk, Ralph Eichler and James Bezan

I have dealt with Honourable Member Ron Schuler when he was Minister of Infrastructure and Transportation on the closing the Brady Road and the Perimeter after our son Ethan's crash Oct. 25, 2019. We stood alongside Mr. Schuler and Mr. John Reyes for the official opening of Ethan Boyer Way.

The closure of that deadly intersection was about 25 years and numerous deaths too late, mostly due to lack of government will to make necessary changes. We have paid a devastating price to learn that adding public pressure helps move things along when the government's will is lacking.

I do not pretend to understand how the government machine works. I do know now that this massive machine needs help to focus a lot of the time.

In that regard, my family is adding their voice to the call for the twinning of the Trans-Canada Highway 1 in eastern Manitoba to the Ontario border. I find it absolutely ridiculous that Canada's highway connecting our east and west coasts has an embarrassing 17-kilometre stretch that is still two lanes.

We won't list the obvious arguments here and please don't tell me that it's "a future project waiting for yet another analysis."

I believe the federal government has a large role to play as well. As this is the second longest national highway in the world, at approximately 7,476 kilometres long, the federal government needs to participate.

I will say we own a cottage on Winnipeg River near Kenora and travel that stretch a lot from May to October. I know the idiotic driving that happens on a hourly basis on that stretch. Coming clean, I have been involved in one or two of the idiotic situations.

I have also travelled by car for work since 1995 to Thunder Bay. The improvements Ontario has made are numerous and have helped with traffic flow. Yet, Manitoba chooses to leave an ancient two-lane section that does nothing to improve traffic flow or save lives.

Please reconsider your government's "in the future" statement and take Manitoba out of the 1960s. Move us into the future and get this twinning done.

- Regards, Dana Boyer and Sue Zuk-Boyer, in memory of Ethan Boyer, Feb. 1, 2000, to Oct. 25, 2019, the last physical crash victim of the Brady Road intersection.

worship with us > FAITH

A prediction about the future

One of the traditions that my wife and I enjoy once a summer is going to a Goldeyes baseball game. We go a bit early and enjoy our supper in the stands. Linda goes off to buy her salad while I make a bee-line for Mr. Perogie. I like the low-calorie dieter's special, the six boiled perogies with kubassa and sour cream.

Then, stuffed to the gills, I sit back and enjoy the game.

Just last week, we were there for this year's game. As we walked from the parking lot to the stadium, we got to the lights at the corner across from the stadium. There was a group of folks already there and we all had to wait, for what seemed forever, for the lights to change. As they waited, the people were laughing and joking together.

Someone asked quite frustratedly, "When in the world are these lights going to change?" I happened to glance at the street lights at on the opposite side of the street and saw the countdown there: 10 seconds, 9, 8 and so on. Loudly, I stated for all to hear: "I have the gift of prophecy and I can predict when the light will change …" and just then as it got to 1, I said "Now!" Everyone one laughed at my "prophetic ability."

As we were crossing the street, a young fellow walking beside me turned to me and asked, "If you know the future, can you tell me how I am going to die?"

Taken aback a bit by his question, I immediately responded, "No, I honestly can't. But I can predict one thing with absolute certainty: that if you accept Jesus Christ as your personal saviour, you will go to Heaven when you do die."

He looked at me and said, "I used to go to church as a young boy. I heard about that in there."

We parted then and I trust that that fellow has accepted Jesus as His saviour and that he has the assurance that when he dies, he will go to Heaven.

And I hope you do too.

New Life Teulon (Interim Pastor)

Henry Ozirney

Stonewall council votes to reunite support pig with owner

Stonewall council news in brief

By Jennifer McFee

A Stonewall woman has been reunited with a much-loved miniature pig that serves as her support animal.

Destinee Pearson relies on her American miniature pig, Gus, as a support animal who helps her manage mental health. She's had the 100-pound white animal since he was six weeks old. In 2019, she and her husband Geoff picked him up from a breeder in St. Ambroise who breeds American miniature pigs as pets and for companionship.

However, according to the Town of Stonewall, Gus is considered livestock and a restricted animal that is not allowed within town limits. As a result, Pearson had to temporarily rehome Gus in mid-July, and she applied for permission to keep him in town.

On Wednesday, Aug. 17, the Town of Stonewall hosted a public hearing at the Quarry Park Heritage Arts Centre on the topic. Multiple people expressed support for Pearson and her pet pig.

In an emotion-filled presentation, Pearson explained how Gus is fully domesticated and acts similar to a dog. He's usually kept indoors except for when they go for walks or in the yard.

"Prior to deciding on a miniature pig for a support animal, we discussed other alternatives and ultimately determined Gus to be the better choice over a puppy as pigs tend to live longer, are cleaner and are classified as smarter than dogs," said Pearson, who has a vulnerability for anxiety and depression resulting from traumatic events throughout her life.

"When we got him, we were living on a small hobby farm just outside of town. The first year we had Gus, we took him on his leash to Quarry Days and the reaction of everyone was pure, simple love."

In Pearson's eyes, Gus is a domestic pet as well as a support animal.

"Gus loves baths and being clean, snuggling up in warm blankets and having his snout rubbed while his head is laying in your lap. He enjoys going for long walks, as long as it's not too hot out, and is also perfectly content playing in his room when he is comfortable enough that I am not too stressed," Pearson said.

"He is not only very proud of himself when he learns something new, he also gets very disappointed with himself when he does something bad — like eat one of my house plants — and will put himself to bed in his room."

In addition, Gus has visited the vet four times to make sure he's healthy and to regularly trim his tusks and hooves.

Pearson provided a letter of support from veterinarian Neil Versavel of Equi-Tech Veterinary Clinic, which has numerous clients with potbelly pigs and miniature pigs as pets. She said the entire team at Equi-Tech has been a huge help since they got Gus.

"Destinee is an exemplary pet owner. She takes exceptional care of Gus' health and has made the utmost effort to train Gus as a companion animal," Versavel wrote.

"Therefore, it would be my professional opinion that Gus is in fact a domestic pet and not livestock."

Pearson also outlined how Gus helps her keep motivated on a daily basis.

"Gus helps me work through my mental illness by pushing me out of bed or off the couch when he knows it's time to get to work or to perform daily tasks," she said.

"On the days when my anxiety is exasperated, he won't leave my side until my anxiety has subsided and I have calmed down to a comfortable level. He helps me be a productive member of society."

Pearson said the experience of temporarily rehoming Gus caused stress for herself and her husband, as well as their animal.

"We feel no assistance was provided from the town right from initial contact. We feel the town has done a poor job helping or even informing their residents of procedures. We have had to discover for ourselves that there was even an option to apply for a permit regarding this nature. It also seems in reading the town has failed in following their own procedures and bylaws," she said.

"It is our request the town reconsider their decision and permit Gus to return home, to continue to remain in our care, in our home effective immediately until a decision has been rendered and any appeal process exhausted. Gus is a fully domesticated support animal/pet, not livestock. He is suffering and so am I. Even though Gus is in good hands at the moment, it is not home and all his training will eventually suffer."

Her mother-in-law Gail Stevens added that Pearson has experienced significant improvements after getting Gus as a support animal.

"Not only is this a support animal, but this is a grandpig," her mother-in-law said. "What can I say? I love him too."

TRIBUNE PHOTO BY DESTINEE PEARSON

Gus, an American miniature pig, has been temporarily reunited with owners Destinee and Geoff Pearson until Stonewall council reaches a decision on Sept. 7

Likewise, neighbour Eric Stevens spoke in support of Pearson and her pet.

"They are very sincere, quiet, respectful neighbours," he said. "I have no concerns."

After hearing from Pearson and other supporters, council decided to let her bring Gus home in the interim until the matter returns to council at the Sept. 7 meeting.

"It is evident, based on Destinee's presentation, that she's already deeply affected by not having him," said Coun. Kim Newman.

In the meantime, they've asked her to provide information about whether inoculations are required for the animal and whether pig excrement can be hazardous to health or the environment. In addition, council suggested that Gus remain in the house as much as possible until the next council meeting.

In other council news:

- Coun. Peter Bullivant thanked the mayor and council for their efforts with Canada Day celebrations. As well, along with recreation facilitator Laine Wilson, he also went in person to thank True North and Project 11 representatives for their efforts in the Jets Town Takeover.
- Deputy Mayor Jackie Luellman thanked the mayor, council, volunteers and judges for their efforts with Communities in Bloom. "I think it's really put momentum back into the town," she said.
- While discussing the South Interlake Planning District reports, CAO Wally Melnyk noted that 2022 has been a strong year for development and permit fees. Coun. Bullivant added that the entire region is doing well.
- A replica of Samuel Jackson's speaker's chair, which was commissioned by the town, will arrive in Stonewall next week. Jackson founded the community in 1878.
- Council decided to continue flying the Ukrainian flag for now. "I say we should leave it there until we have a little bit of peace in the Ukraine," said Coun. Walter Badger.
- Council conditionally approved a revised subdivision application from Global Homes, which proposes to subdivide a 17.94-acre property to create 30 residential lots. This is a reduction of one lot from the original application. In addition, two proposed public roads would extend 8th Avenue South and 9th Avenue South.
- Council also conditionally approved an application to subdivide and consolidate a piece of land at the south end of Main Street by the arena to build a 30-room hotel.
- The Outdoor Hockey Club would like to organize a not-for-profit street hockey event in Stonewall. Pending approval, it would be held Sept. 23 and 24 at Veterans Memorial Sports Complex.

Continued on page 11

RCMP share Quarry Days stats

By Jennifer McFee

RCMP charged one person with impaired driving during Quarry Days weekend, but there were no other major incidents directly related to the festivities.

"Members were doing proactive foot patrols and we had several traffic services members in the area doing roving patrols," Cpl. Clayton Catellier of the Stonewall-Headingley detachment, who added that they received reports of some minor mischief and a noise complaint.

"RCMP were pleased that this year's Quarry Days was enjoyed by all and done in a safe manner."

RCMP issued multiple common offence notices under the Highway Traffic Act:

- 2 charged for driving while disqualified
- 8 charged for drive an unregistered vehicle
- 11 charged for speeding
- 1 charged for driving with out a licence
- 1 charged for failing to wear a seat belt
- 1 charged for carrying liquor in a motor vehicle other than as authorized
- 8 people charged for various other offences under the Highway Traffic Act

In addition, five people had their licence suspended related to alcohol or drugs.

> MINIMUM WAGE, FROM PG. 6

Minister Reg Helwer. "Manitobans have worked tirelessly throughout the COVID-19 pandemic, and we are committed to relieving some of the financial strain."

However, an additional increase to the minimum wage could create pressure on Manitoba's small businesses. To help reduce this risk, the Manitoba government will be consulting with the industry on support programs to help adjust to higher payroll costs.

"Manitoba small businesses are the backbone of our economy and we are committed to helping them grow and thrive," said Economic Development, Investment and Trade Minister Cliff Cullen. "As we continue to grow our economy, we want to attract more workers and high-quality investments to our province. We are committed to working with our business community to address the impacts of this wage increase and find workable solutions together."

Information on Manitoba's minimum wage and other employment standards is available at www.gov.mb.ca/labour/standards/.

Stonewall resident wins motorcycle

TRIBUNE PHOTO BY JO-ANNE PROCTER

Lakeside MLA Ralph Eichler hands over the keys to Suzanne Morin, winner of the 2003 Harley Davidson FLHR Road King motorcycle and Lakeside constituency 100th anniversary memorabilia. Eichler donated the bike in support of the Interlake Community Foundation (ICF). Pictured left to right: Tracy Holod (ICF), Rhonda Cameron (ICF), Suzanne Morin, MLA Lakeside Ralph Eichler and Sandra Smith (ICF).

Rosser council news in brief

By Jennifer McFee

It's happy trails ahead for the RM of Rosser.

At the Aug. 9 meeting, Rosser council approved an agreement with Iris Construction Management for $133,755 for the Grosse Isle pathway project.

In 2021, the municipality received a commitment for a funding contribution of $75,000 towards the pathway project in Grosse Isle from the provincial Building Sustainable Communities Fund. The RM received $45,000 in August 2021 to fund the planning and initial work done last year and will receive another $30,000 once the project is completed. The total cost for the Grosse Isle trail project is expected to be just over $150,000.

In other council news:

- Council gave second and third reading to a bylaw that regulates the operation and use of any RM of Rosser municipal parks. The bylaw aims to provide park users with a set of regulations to maximize the enjoyment of these spaces by all. At the same time, it also provides the municipality with tools to enforce these regulations to ensure everyone can use the park safely and comfortably. The bylaw addresses topics such as fires, littering, dumping, damage, animals, camping, noise, speed and more. The official opening of the Rosser Community Friendship Park, located on Road 70N, is forthcoming.
- Council approved an $800 hole sponsorship for the Southern Chiefs' Organization's annual golf tournament.
- Council approved a proposal from Manitoba Transportation and Infrastructure to replace some culverts as part of the planned North Service Road improvement project, which focuses on the north service road adjacent to the Perimeter Highway. Manitoba Transportation and Infrastructure will cover the cost of supplies and installation, and all existing culverts will be replaced as needed at their current location.
- Council also approved culvert applications on Punjab Drive and Durum Drive, with costs to be covered by the applicants.
- Council defeated a request from Evolve Surface Strategies Inc., on behalf of MTS Inc., for a letter of concurrence from the municipality for a proposed telecommunications tower near the west perimeter and Road 63N.
- Council approved a $102,700 quote from Maple Leaf Construction as a sole source contract for asphalt road repairs in CentrePort.

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Local man recounts experience during Mall of America shooting

By Jennifer McFee

Run and take cover!

That was the instinct of a local man who felt stunned to be in close vicinity to the harrowing Mall of America shooting earlier this month.

Rodney Knutson, who lives near Grosse Isle, travelled to Minneapolis to watch the Aug. 4 Toronto Blue Jays game against the Minnesota Twins at Target Field, along with his girlfriend, Danielle Siemann. His mom, Cheryle Knutson, and his girlfriend's mom, Carla Siemann, joined them for the road trip.

While they were there, they also planned to do some shopping so they headed to the Mall of America on Wednesday, Aug. 3. There was so much to see in the 520-store mega mall that they decided to return the following afternoon for a second visit. They had a few hours to look around before heading to the game, which started at 6:40 p.m.

However, they soon discovered they were in the wrong place at the wrong time.

At approximately 4:15 p.m., Knutson had suggested they go to the Nike store for their last stop before heading back to the hotel and getting ready for the game. He walked up the right-hand side of the store with his girlfriend and her mom, while his mom stayed on the mall's first level.

When they passed by the cash registers in the middle of the store, Knutson heard a commotion behind him. He turned around and saw a group of five or six young males fighting with each other and throwing heavy punches.

"Their fight began at the registers and moved closer towards me. In my mind, I initially thought that this was quite the fight so I pulled out my phone to video the ordeal. I accidentally snapped a picture in the process and quickly swiped to the video setting of my phone. During that time, the fight had dissipated and the individuals quickly exited the store, seeming to chase one another," he said.

"I assumed this was the end of the interaction, but just a few seconds later, two of the combatants re-entered the store and ran up the left-hand side of the store. I assumed that they returned to steal merchandise, so I lifted my phone to video a potential second confrontation. But before I hit record, a third member of the fight entered the store and — Pop! Pop! Pop! — he fired three shots into the store and then fled."

Knutson felt completely stunned, unable to comprehend what he had just seen.

"My initial reaction was that I couldn't believe this was happening and that I was experiencing this. Before I could process what happened, I just went into an instinctive run-for-cover mode," he said.

"I turned and grabbed the back of my girlfriend's sweater — also some of the hair from her ponytail — and just pushed her to the back of the store. All I could think was get to cover and keep my body between her and where the shots came from. In a panic, we fled to the back of the store with everyone else in there."

At first, he didn't see anywhere to take cover, but then a door to the employees' room at the back opened up.

"Everyone flooded the doorway into the back room of the Nike store. My girlfriend's mother was just behind me and we all ran into the back room, not knowing what was back there or if there's an exit or if the shooter was chasing us back there. It was very chaotic and surreal."

After a few minutes in the back room, Knutson realized they were likely safe.

"I quickly turned my attention to my mom and where she was in this whole ordeal. My girlfriend was the only one of the group to have a data plan on her phone while we were down there, so my mom and I had to rely on WiFi to use our phones. I lost connection in the back room, so I used my girlfriend's phone to try and call, text or FaceTime my mom," he said.

"I assumed she made it outside the mall and figured she may not have an internet connection. After a few stressful minutes of constantly trying to get a hold of her, she finally was able to answer a call. A person outside had lent her their personal hotspot and she was able to talk to us and we could tell her we were all right. Luckily, she was near one of the exits when the shooting took place and was able to get to safety outside the mall."

The lockdown at the mall lasted about two to three hours, Knutson added.

"We were stuck in the back room of the store that whole time until a detective took a statement from me and we were escorted out of the mall by security shortly after that," he said.

"I, along with everyone else in our group, have been good after the incident — no residual effects. We do feel very lucky and thankful that nobody was seriously harmed in this incident. We were a bit freaked out after leaving the mall and walking around the building in pursuit of reuniting with my mom. It was also a bit strange following the story on the news and social media later that night knowing that we were right there and experienced the whole thing firsthand."

PHOTO SUBMITTED

Danielle Siemann and Rodney Knutson

When he reflects on the unsettling incident, Knutson still feels astounded at his proximity to the situation.

"It was crazy to think that there are over 500 stores in that mall and we just happened to be in the one store that this whole ordeal took place in. It certainly made you a little more on edge and cautious while walking around in public," he said.

"We were able to attend the baseball game the following night since the Blue Jays were in town for four nights. We arrived back home with no other problems."

At the same time, Knutson feels gratitude for all those who helped them during the ordeal.

"The staff at the Nike store were exceptional. They did an unreal job of keeping everyone calm and feeling safe during a very scary experience. The detective that interviewed me also gave me his personal cell number in case we were unable to find my mom after leaving the mall and offered to personally locate my mom if we couldn't," he said.

"The lady that lent her WiFi to my mom also physically stayed with my mom the whole time until we were able to meet back up again."

A week after the shooting, police arrested two men in Chicago who were involved in the incident. They also arrested three people accused of helping the two men escape the mall. No injuries were reported due to the shooting.

Stonewall hair salon specializes in colour and more

By Jennifer McFee

You'll want to let your hair down after a visit to a new Stonewall hair salon.

Iconic Beauty Boutique got its start during the early days of the pandemic. It's been so busy that owner Stacey Nickel decided to keep it running with extended hours.

"I opened during 2020 for friends and family, navigating COVID restrictions but recently decided to go full time here in my salon in Stonewall," said Nickel, who has more than 20 years of experience in the industry.

"My salon is a quiet space located in Stonewall. I provide hair colour services, specializing in blondes and balayage, styled haircuts, men's cuts, and I am a certified hair extension specialist."

Iconic Beauty Boutique is currently accepting new clients and can accommodate most schedules.

To learn more, text Stacey Nickel at 204-461-2237 or visit iconic.mysalononline.com. You can also keep up to date through Iconic Beauty Boutique's Facebook page and Instagram account (@Iconicbeauty204).

TRIBUNE PHOTO SUBMITTED

Iconic Beauty Boutique is currently accepting new clients.

Quarry tours rocked

TRIBUNE PHOTO SUBMITTED

Glacial Aggregate's Scott Aikman organized tours of the local limestone quarries with quarry operators in the Stonewall area — Standard Limestone Quarries, Inland Aggregates, Lafarge, Maple Leaf Construction and Glacial Stone — over the weekend. The tours gave residents the opportunity to learn about the quarries and how they are linked historically to the town with a stop at Quarry Park and an active quarry for a closer look at the natural limestone deposits and the equipment. The Rockwood Quarry Producers also sponsored the Friday night fireworks display and Maple Leaf Construction sponsored Past the Perimeter band Friday night. Pictured left to right: Jovian Yang, Roy Kelly, Sarah Craig (Manitoba Heavy Construction Association), Merle Balsillile, Daniel Maynes, Joel Malkoske, Kath and Scott Aikman and Graeme Lavallee.

> PIG, FROM PG. 8

- Council accepted a quotation from CIMCO Refrigeration to overhaul the ice plant compressors at Veterans Memorial Sports Complex.
- Council approved a recommendation from the works and operations manager to contract Uni-Jet to complete sewer flushing in 2022, within the budgeted amount of $20,000.
- Council accepted a proposal from KGS Group for electrical engineering design and construction administration services to upgrade the existing electrical service at Stonewall Quarry Park Campground.
- The regional water supply project in Stonewall will receive funding from all three levels of government. The three main partner communities — Stonewall, Warren and Woodlands — will have their reservoirs upgraded to improve water treatment in the region. The federal government will contribute more than $11.5 million to the project, while the provincial government will contribute more than $9.5 million and the municipality will contribute more than $7.6 million.
- Starting Sept. 1, the Town of Stonewall will engage the services of the Commissionaires to provide by-law enforcement.
- On Aug. 30 at 1 p.m., the Town of Stonewall will host a Moment of Remembrance at the Memory Garden near the RCMP detachment, and all are welcome. The town will commemorate a memorial stone for those who lost their lives and the loved ones who mourned them during the pandemic. Attendees are asked to park in the Veteran Memorial Sports Complex parking lot. SAMS will provide a free shuttle from the VMSC parking lot or attendees can also choose to walk the short distance to the Memory Garden.

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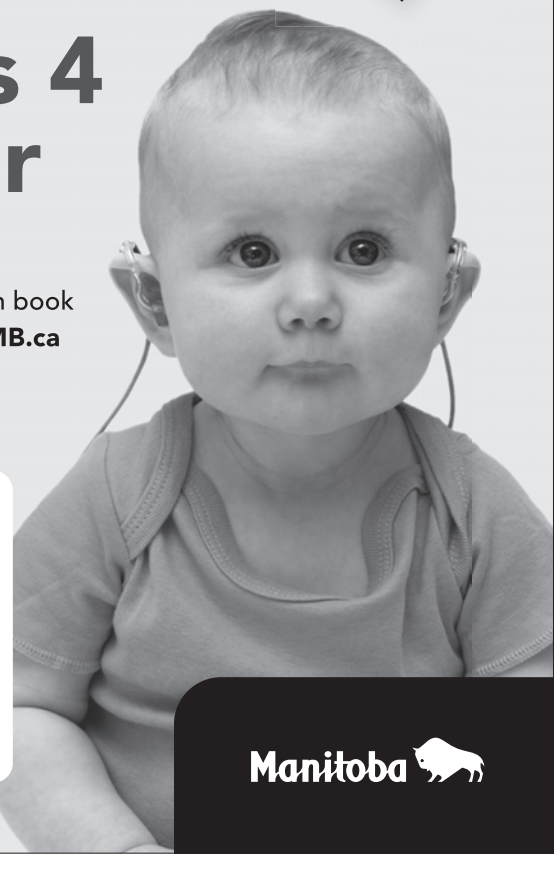


Manitoba

Never Alone Cancer Foundation helping patients overcome hurdles

By Patricia Barrett

If you've ever felt alone after being diagnosed with cancer and are facing financial challenges related to your treatment, the Winnipeg-based Never Alone Cancer Foundation can lend an ear or help people find solutions to get them through their experience.

The registered charity is holding its annual Paws for a Cause fundraising walk in Selkirk and Winnipeg in a few weeks to bring awareness to the services it offers people with all forms of cancer and to honour those who've died from the disease. This is the fifth year for the Winnipeg walk and the third for Selkirk.

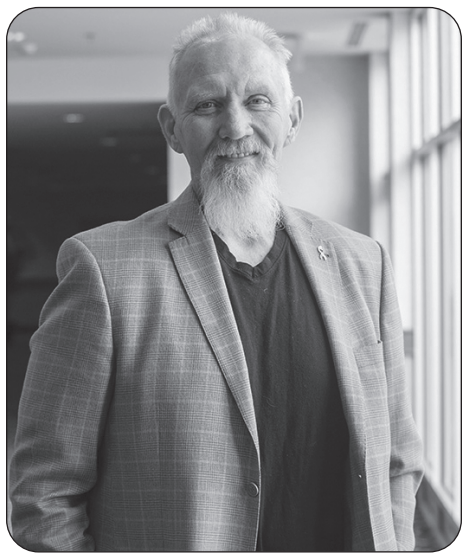
"People are welcome to bring well-behaved dogs to the walk or just the two-leggers can participate," said the foundation's executive director Michael Schiefer, who's also the main contact for cancer patients needing assistance. "Selkirk had a good 50 or so dogs last year so it was quite lively, and we also had a rescue show up."

The walk's name arose after Schiefer noticed his dog's calming effect on anxious patients coming to the foundation's office to talk about their cancer and/or financial challenges.

Never Alone was founded by former Blue Bomber football player Lyle Bauer after he was diagnosed with throat cancer in 2004 and said he "never felt so alone" and uncertain about the future. His experience inspired him to help others with cancer.

The foundation provides emotional and social support to patients, families and their caregivers, as well as financial assistance. It doesn't undertake or fund research, said Schiefer, but focuses on helping people through "an immediate challenge so that they can have a better life or more peace and comfort during their final time."

Other services include information, palliative care resources and lymphedema support. The foundation can also help with transportation, dental care for those with oral cancer and accommodation for rural patients.



NEVER ALONE CANCER FOUNDATION WEBSITE

Former Blue Bomber Lyle Bauer founded the Never Alone Cancer Foundation to help others cope with cancer.

TRIBUNE PHOTO BY NANCY ROWSELL

The foundation has held a Paws for a Cause fundraising walk for the past five years in which people can bring their well-behaved four-legged friends. The funds raised stay in Manitoba.

"Our services extend to people with oral cancer due to the effects that chemo and radiation will have on them. If people are in poor oral health — cavities, sores or need extractions — they'll have to take care of that prior to treatment," said Schiefer. "The mouth is one of the gateways for infection. Immunity will weaken from chemo and radiation and we have to make sure the mouth is as healthy as possible."

If people are struggling with financing dental care before their cancer treatment, the foundation has options.

"We'll try to find a dentist willing to work with us so or ask a dental clinic to provide a discount if they can. If people have some dental coverage, we'll see if [the foundation] can cover some expenses. Other times we get people to go to the University of Manitoba's dental clinic or the Deer Lodge clinic," said Schiefer. "It's about finding a balance between the hurdle they face and what we can do to lift them over it."

In additional to dental services, cancer patients have to pay out-of-pocket for devices such as surgical bras for women who've had breast surgery and develop lymphedema (painful swelling) and compression sleeves that generally have to be replaced a few times a year. Patients who live in rural areas will sometimes need to stay in Winnipeg for extended time periods as they undergo treatment and have to pay for their own accommodation.

"If you have a mortgage in say, Dauphin, how will you pay for two months' rent in Winnipeg? Hotels aren't a good option. A lot of people phone us in tears and we'll try to sort something out or share the cost," said Schiefer.

With the pandemic having locked people down and backlogged procedures, Schiefer said the foundation is seeing a lot of people from rural Manitoba just being diagnosed or treated now. That influx of patients has resulted in a backlog to see a social worker who assists cancer patients.

"The foundation is a little more accessible in that we don't have rigid appointments; people can reach out to us on the day they're feeling distressed," he said. "That, in turn, has put a little pressure on us as we're looking at about 430 calls a year now and we're only a small office."

To take patients' minds off their cancer, the foundation offers fun outings to events such as a Rainbow Stage production, a Goldeyes game or organizes a "memory-making journey" to places like Crow Duck Lake in the Whiteshell.

This year's fundraising walks have a goal of $60,000, of which $23,754 has already been raised (as of Aug. 20). Top fundraisers and teams will earn prizes such as a hot-air balloon ride, Rainbow Stage tickets, jewelry or dinner for eight.

The Selkirk walk is scheduled for Sunday, Sept. 11 at the Easton Place Medical Centre, 15 Wersch St. (across from the Selkirk hospital). The walk starts at 10 a.m. There'll be speeches and a raffle prior to that. The Winnipeg Walk is scheduled for Sept. 18 at Kildonan Park.

To register for either walk, visit the Never Alone Cancer Foundation's website at nacf.ca and go to the "Upcoming Events" page. Click on "Paws for a Cause Cancer Walk" (the link may show only the Sept. 18 walk) then click on "Register Here."

Inter-facility transport service to provide appropriate care for low-acuity patients

Submitted by Manitoba government

The Manitoba government will invest in dedicated service to transport low-acuity patients as part of ongoing efforts to improve health-care access for rural Manitobans, Health Minister Audrey Gordon announced last week.

The initiative will see one or more successful proponents — selected from a request for proposals issued by Shared Health — transport hospital inpatients and personal care home residents from the Brandon, Selkirk and Winkler/Morden areas to medical appointments, diagnostic tests or for treatment.

"The transport of low-acuity inpatients to and from health-care facilities can be a prolonged process that takes ambulances in rural Manitoba out of service for hours," said Gordon. "Establishing a transport service specifically for these patients will reduce the demand for paramedics to complete these journeys, allowing them to remain in or near the community for emergency calls."

Continued on page 20

Incredible Creatures: ants – amazing, numerous, talented and social

By John Gavloski

Ants are one group of insects you don't have to look hard to find. While at times their presence may be unwanted, ants do have quite incredible traits and many beneficial roles. In this month's Incredible Creatures, we will explore the fascinating world of ants.

Sharing Food with the Community

There are about 14,000 different species worldwide, with possibly thousands more yet to be discovered. Although the majority of species live in limited areas of the tropics, there are 229 species of ants in Canada, and 82 species of ants in Manitoba.

Ants have two stomachs. The larger of the two stomachs is called the crop and is a community stomach. Ants will share the food in this stomach with other ants. When a fellow ant is hungry, it strokes the food-gathering ants head in a certain way with its antennae. The two ants then put their mouths together, and liquid food is passed from the food gatherer to the hungry ant. The smaller stomach is the ant's personal stomach. When the ant needs to nourish itself, some of the food in the crop is passed into this stomach and digested.

Working Together to Survive

Ants cannot live as individuals. For one ant to survive, it must work together with other ants. Ants are thus considered "social" insects. They must function together, each doing their own special job, to keep the community alive.

There are three main types of adults in an ant colony: one or more queens, a few males and many, many female workers. Some of the workers may be soldiers, which are extra-large workers with big heads and powerful jaws. Other workers may be nurse workers. The queen is the largest ant in the colony. Her job is to mate and lay eggs. The males' only duty is mating with the queen. Remaining work — such as building the nest, caring for the young, gathering food and defending the nest — is done by the workers.

PHOTO SUBMITTED

Stomachs have two stomachs, one for feeding other ants and one for nourishing themselves.

Inside the Nest

Most local ants nest in the earth, although carpenter ants make tunnels in damp, rotten wood and an invasive species called the pharaoh ant can nest indoors. In the ground, under the anthill, are tunnels with rooms branching off. In a typical nest there are many rooms, each with its own special use. One of the rooms is reserved for the queen. Other rooms will be nurseries for the eggs, larvae and pupae. Workers take piles of newly laid eggs to these rooms, and there nurse workers take care of the young. Ant larvae are white, blind and have no legs. There are usually many nursery rooms. Other rooms may be storerooms for food or resting places for the workers.

Food for the Colony

The food that ants eat varies depending on the species. They get sugar from plant juices and sweet liquids, and protein from the bodies of insects and animals. Some species are primarily seed gatherers. Other species will protect insects such as aphids, so they can eat the sweet honeydew the aphids produce.

In some species, "scout" workers will leave the nest to find food. If they find something too large to handle alone, such as a large insect, they rush back to the nest and tell the other workers about their find by tapping them with their antennae. Other workers will then head out to find the food.

Ants can, at time,s have less admirable traits for some, when they show up at picnics or in the kitchen. But ants can be helpful as well. They may eat insects that feed on crops. They are also food for animals such as other insects, frogs and some species of birds. Their underground tunnels help to make the soil healthy by letting air circulate through it. Although their presence may not always be welcome, ants are ecologically beneficial and have some amazing traits.

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Gwen Fox Gallery's all-member artwork showcase

All members show Aug. 23 to Sept. 24

By Autumn Fehr

Artwork comes in many forms and it exists everywhere, wherever you go.

If you look closely, people in your community are working away at their creations to share with the community.

This month the Gwen Fox Gallery's biggest art show, the all-member show, is back to showcase the creations of current and new members at the gallery.

The September show has 46 members participating, sharing 84 pieces of art from a variety of different media.

"The show certainly shows the community what a variety of art is being done and made in their community. And maybe they'll even recognize some of the names when they come in and look at all the art," said Brenda Hedberg, volunteer co-ordinator, a member of the gallery operations committee and an artist showcasing her work at the all-member show this month.

All-member shows take place three times a year in June, September and December.

"It keeps artists engaged in the gallery," said Hedberg.

With a variety of different artists showcasing their work that specializes in different media, the all-member show has an extensive span of media for visitors to view.

The different media at the show includes a few types of acrylics, cottonwood bark carving, watercolour, oil, a few types of wood and resin work, mixed media, fibre, a few types of pastel pieces, a few types of coloured pencil artwork, photography, gouache, clay, marker, collage, digital on canvas, hot glass, cast glass and alcohol inks.

"The all-member shows are so interesting because there is so much variety," said Hedberg.

As one of the biggest shows that the Gwen Fox Gallery puts on, artists will be showcasing an array of media over the course of the month.

The artists at the September all-member show are the following: Lydia Bartel, Dennis Bell, Iris Bidinosti, Judy Brown, Elaine Clerc, Arthur Crozier, Elizabeth Crozier, Shelley Eros, Joan Ewonchuk, Pat Findlay, Clyde D. Finlay, Mia Fournier, Kathy George Moore, Shayani Turko, Bev Hart, Brenda Hedberg, Barb Hoffmann, Morgan Hoffmann, Diana Horeczy, Les Hummerston, Isaac Imafuen, Charlie Johnston, Gracie Kars Plouffe, Peggy Kasuda, Kelly Klick, Mark Kosatsky, Wioletta Los, Lizanne Laurin, Kyle Lubyk, Ida MacKenzie, Christene MacMaster, Marika Onufrijchuk Sokulski, Julia Penny, Arlene Rattai, Yvonne Sabirsh, Katie Simko, Patti Simko, Wanda Slawik, Zoe Slawik,

Continued on page 20

Shayani Turko next to two of her oil paintings that interpret reality with an impressionist lens.

TRIBUNE PHOTOS BY BRENDA HEDBERG

Kelly Klick with sculptures of her parents, "Jack and Dianne," made from clay.

Wanda Slawik created pastel pieces as her reaction to the war in Ukraine. She says they are her "contribution to world peace."

Standing up to cancer fundraiser in St. Laurent

Submitted by community connector Marlene Combot

The community of St. Laurent, with the community connector of the RM of St. Laurent, stood up to cancer on Saturday, Aug. 13. We had a great turnout of approximately 400 people.

The community was not afraid to stand up against that monster — not only stood up to it but sang, danced, ate and enjoyed each other's company.

People won beautiful prizes from the silent auction, beautiful donated raffle draws and, of course, the 50/50.

Thank you to the RM of St. Laurent, which was the major sponsor. The RM of St. Laurent sponsored the bouncy castle, volunteer T-shirts and some kids' tickets for the bouncy castle, which Buzz and Boomer handed out. The RM also provided the liability insurance for the event.

The community at large and local businesses, including the Wholesale Club from Winnipeg, generously helped by providing or donating all the prizes for our silent auction, raffle draws and more.

Plus, we received prizes from Victoria, B.C., Ottawa and Winnipeg. They all have a connection to this wonderful community. We appreciated the many, many wonderful volunteers that did a spectacular job. Some had

TRIBUNE PHOTOS SUBMITTED

The Standing Up Against Cancer fundraiser on Aug. 13 raised more than $8,700.

a bit of a sunburn, some overheated, some went non-stop without any breaks — what a troupe. A doctor on her day off was also on hand to help anyone, if need be, otherwise providing condiments for those delicious burgers and hotdogs.

The entertainment was fabulous. We had local musicians, singers and two dancing groups to entertain our crowd. Again, thank you to the RM of St. Laurent for its fire department who assisted at the event. They did an excellent job, with the help of Sparky, teaching and entertaining the young crowd.

And if that wasn't enough, Buzz and Boomer showed up and wowed the younger fans, as well as the big fans. Thank you to the Blue Bombers for donating four sideline passes to a game plus four tickets to see a game. What a prize for one lucky winner!

And we can't forget to thank all the vendors who participated with bringing their variety of goods they were selling and adding to the event. The baking and crafts were fantastic, beautiful work. Anni, one of the vendors, donated $210 from the money she made from her bake sale for this wonderful cause.

For a five-hour event, it was a very successful fundraiser with the grand total of $8,741.14 being raised. Merci and thank you to all who came and supported this wonderful event!

A first-hand dental implant experience from Vandor Denture patient

BY ELISHA VANDOR

Gerry is one happy camper coming in for his follow up appointment. Why? It's because he was able to eat steak again, which is something he hasn't been able to do in a very long time!

So, what's the secret behind (or should we say beneath) his new found eating freedom? It's the dental implant support system underneath his lower denture. In Gerry's own words, he says, "the bottom dentures are a lot stronger now, more compact, a better fit and I can take the dentures out with minimal effort. It's a good deal all around; I am very pleased and should have done this a long time ago!"

When Gerry tells us why he did wait so long, he said "Well number one, fear of the dentist, and needles, but the dentist was very good and compassionate. Same thing with Brock over here at Vandor. When I first came in he gave me an action plan, there was no pressure whatsoever, it was up to me to decide and everything just fell into place. Here is my best smile."

A dental implant solution, like Gerry's, is the best way to keep your denture in place and comfortable. Of course, there can be variations as to how many dental implants are used to support the denture and if the denture is going to be removable or not, but as long as you have a dental implant, your denture always has an anchor to keep it in place.

A lot of people come to us with an already loose denture that is making it frustrating to eat, but Gerry actually skipped the whole loose lower denture process altogether. He was able to get 4 dental implants (anchors) on the bottom, and what is great about 4 dental implants verses only 2 is that he was able to clip in his denture right on day one. Which means when his last teeth pulled, the implants were put in right at the same time so he never had to have a loose lower denture at all!

Brock the Denturist says, "it was a pleasure getting to know Gerry, coming up with the best option for Him, picking out the tooth size and shape that will look best for Him, and of course do what we love doing, making people smile!"

If you too would like to know the options that are best for you and go over an 'Action plan', then give us a call today for a free consultation. "I strongly encourage you to do it" says Gerry. Thank-you Gerry for taking the time to share your story!

- supplied photo -

"Here is my best smile." Happy patient Gerry shows his new steak capable teeth.

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Pick of the birds: From field to feeder

By Ty Dilello

The Elskamps' family farm is located in Woodlands, where they grow wheat, canola, corn, oats and black oil sunflowers.

"The fields that we plant have been in the family since the 1950s, and we take great pride in the land we farm, the product we produce, and the customers we serve," the family said.

"In July 2021, we saw an opportunity to continue contributing to local agriculture by taking over ownership of Pick of the Birds, a Manitoba company with over 30 years of experience in the bird food industry."

Today, third-generation farmer Aaron Elskamp and his wife, Stephanie, plant, grow and harvest sunflower seeds and grains that they use to produce nutritious products for their company, Pick of the Birds.

Stephanie Elskamp enjoys taking photos of birds.

The Elskamp family are active bird feeders themselves and enjoy the year-round fun of watching wild birds fly into their farmyard and feed outside their window.

Pick of the Birds specializes in manufacturing bird food, which allows them to take the sunflowers produced in its fields "from field to feeder."

They plant, grow, harvest, clean, transport and package all of their own black oil sunflowers to supply avid bird feeders across Canada.

"Our packaging facility is located in downtown Winnipeg in a turn-of-the-20th century building in the Exchange District. Being a part of the process from start to finish poses challenges, but at the end of the day, it is incredibly motivating and rewarding."

Pick of the Birds specializes in black oil sunflowers, but they also offer a variety of mixed products — wild bird seed, peanuts, finch mix, songbird seed and deer food, to name a few. This allows them to contribute other commodities grown on the farm, such as oats, wheat and canola, to its bird food products.

"Shortly after taking on this new venture just over a year ago, one of our goals was to 'go online' with our business to provide consumers with the luxury of fulfilling their birdseed needs from the comfort of their own home. We were excited to launch our online store via our website www.

Continued on page 19

TRIBUNE PHOTOS SUBMITTED

Pick of the Birds is a Woodlands-based business that specializes in manufacturing bird food, taking their sunflowers "from field to feeder." Aaron Elskamp inspects some of the plants in their early stages.

TRIBUNE PHOTO BY TRACY CONRAD STUDIOS

Aaron and Stephanie Elskamp with their children, Jack, Charlie, Leo and Kate.

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*See full challenge rules at mb.bluecross.ca/communitychallenge.

> PICK OF THE BIRDS, FROM PG. 18

pickofthebirds.ca earlier this spring, which offers local delivery within the Winnipeg and surrounding areas," he said.

"Simply send us a message using our website to arrange local delivery outside of Winnipeg. We'd love to hear from you. In addition to online, our products can be found in Home Hardware's across all of Canada, as well as various local retails in the Interlake and surrounding area. A full list of local retails can be found on our website."

In addition to Pick of the Birds, the Elskamps continued to expand by becoming owners of Orenda Commodity Services, located in Ste. Agathe, with the goal of increasing capacity to fulfill the needs of the bird food market. Orenda Commodities offers "co-packing" services to help meet the demands of the growing market.

"We feel honoured to be a part of the agriculture and bird food industry and continue to adapt and expand through this ever-changing industry. Farming is our livelihood. It's in our blood. It's how we were raised and how we continue to raise our own families, and we are excited for what the future holds. Stay safe and feed the birds!"

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- August 27th, 10 AM - **Matlock Recreation Centre** 77 Matlock Road
- August 29th, 6:30 PM - **Farmers Hall Gimli** 1611 MB-231
- September 12th, 6:30 PM - **Gaynor Family Library Selkirk**

City of Selkirk to light up water tower to support FASD Awareness Day

Submitted by IERHA

The Interlake Fetal Alcohol Spectrum Disorder (FASD) committee is hosting a free all-day event and the first FASD Awareness Day proclamation announcement by City of Selkirk Mayor Larry Johannson.

The event will feature guest speakers, food, a "who is in your village" community partners fair, drumming group, hands-on activities and cultural teachings for FASD Awareness Day on Sept. 9. In addition, the Manitoba legislature in Winnipeg and Selkirk's water tower will be lit up in red to mark FASD Awareness Day.

Fetal Alcohol Spectrum Disorder (FASD) is a diagnostic term that describes the range of effects that can occur in an individual who was exposed to alcohol prenatally.

Sherisse Picklyk Dear, chair of the Interlake FASD committee, says the event is put on to share knowledge of different perspectives on pregnancy and honour neurodivergent people.

"This year's FASD Awareness Day event is hoping to link the community with a deeper understanding of why FASD still occurs in 2022, what supports are available for pregnant people who use substances and what supports are available for individuals who have FASD and their families," she said. "We also hope to open a dialogue with folks to change the conversation they might have with a pregnant person who uses substances or a person who has FASD. As a service provider, how we interact with and speak to a pregnant person who uses substances or a person with FASD is important and key to supporting them appropriately."

Health Canada estimates that nine in every 1,000 children born in Canada have FASD. FASD Awareness Day was first proclaimed in Manitoba in 2019. FASD is a lifelong neurodevelopmental disorder that can impact a person's learning, physical, cognitive, behaviour and development. Often stigma, shame and fear are associated with the disorder and are intrinsically connected to the plethora of reasons that a pregnant person may not seek support if using substances during pregnancy.

Furthermore, many rural communities do not have specific supports and programs for pregnant people who use substances. A non-judgmental, trauma-informed and harm-reduction approach is the best practice, says Picklyk Dear.

The in-person event takes place at the Selkirk United Church, 202 McLean Ave. in Selkirk, with some presentations available through Zoom. Doors open at 8:30 a.m. with opening remarks at 9 a.m., and the event will run until 3 p.m.

The Interlake FASD committee is a non-profit community coalition that aims to raise awareness about FASD across the Interlake region and has hosted events in Selkirk since its inception in 2014. Locally, Interlake-Eastern RHA provides two FASD diagnostic co-ordinators who specialize in the referral and assessment process and provide education and support to the community and families going through the process.

Andrea Dell covers central Selkirk, north up highways 59, 9, 8, 7 and 6. Devon Ungurain covers the eastern side of the region, including some fly-in communities. For more information on the referral process, please contact Andrea Dell at 204-785-7547 or adell@ierha.ca or Devon Ungurain at 204-268-7705 or dungurain@ierha.ca.

Also, unique to Canada and only available in the IERHA is the Manitoba Key Worker program. The Manitoba key workers provide intensive support and education to caregivers whose children are exposed to alcohol prenatally or who have an FASD diagnosis. For more information about this program, please call Kristy Magnusson at 204-785-7548 or email kmagnusson1@ierha.ca.

> LOW-ACUITY PATIENTS, FROM PG. 12

Low-acuity transport was recently piloted in a few communities and will now be formally established with base locations in Brandon, Selkirk and the Winkler/Morden area. Each base location will serve a wide catchment area within each health region and include trips to Winnipeg for care, with the intention of growing the service to other communities in the future, said Gordon.

Ambulance services outside of Winnipeg have historically been used to complete all inter-facility transports, primarily because patients and clients often need the benefit and comfort of being transported on a stretcher. Low-acuity patients and clients typically do not require any clinical care provided by the attending paramedic crew.

The realignment of emergency response services (ERS) under Shared Health helped to identify the provincewide need for a low-acuity inter-facility transport service similar to one that has been in place for several years in Winnipeg.

"In most inter-facility transport situations, the patient or client will not require ongoing clinical supports during their journey," said Dr. Rob Grierson, chief medical officer for emergency response services, Shared Health. "Creating a low-acuity transport not only offers patients the right kind of care during their transport, it frees up highly skilled paramedics and ambulances to respond to emergency calls and high-acuity transports."

This new service builds on Manitoba's commitment to invest in emergency services including establishing a centralized team within Shared Health to co-ordinate provincial recruitment of ERS personnel, reducing ambulance fees by 50 per cent to make emergency care more accessible, and investing in new emergency medical service stations including recently opened sites in Portage la Prairie, Selkirk and Crystal City.

Proponents are able to submit proposals to provide the low-acuity inter-facility transport service for one or more communities, the minister said, adding the service is anticipated to be in place by the end of 2022.

> GWEN FOX, FROM PG. 14

Jo Smoley, Ron Sosimkalo, Judith St. Germaine, Renay Taylor-Besant, Connie Wawruck-Hemmett, Elsie Wympinski and Andrew Zurawsky.

"We have every skill level included, from people who are longstanding artists that have all kinds of experience and work in all kinds of mediums next to people who are brand new artists," said Hedberg.

Each artist has a maximum of two pieces in the show.

Members of the show come from all across Manitoba from places including Beausejour, Oakbank and Winnipeg.

The all-member show is free entry for anyone to visit.

The Gwen Fox Gallery yearly membership is $30.

The benefit of being a member is participating in these all-member shows three times a year, said Hedberg.

"There's no other place you can do this," she said.

Hedberg said their gallery is very inclusive.

"It's so nice that nobody gets ostracized. It's so welcoming. Everybody, no matter what their background or standing in the community … everybody is welcomed and treated as equals. I just love that about this gallery. It's so inclusive," said Hedberg.

With regular gallery shows, someone has to wait at least two years, whereas three times a year, members of the Gwen Fox Gallery get to have their work showcased in the gallery with the all-member show, she said.

"It keeps the artists engaged in the gallery."

Some artists who have pieces in the show also give back their time by volunteering at the gallery.

"It's a good way for the artists themselves to keep connected with the gallery — keep that connection strong," said Hedberg.

People who spend time at the gallery volunteering become attached to the gallery, loving it more, the more time they spend there, she said.

Continuing at the all-member show in September, just as has been going on in other month's shows is the people's choice.

When visitors come to see the show, they are asked to pick their favourite artist of the show.

Whichever artist gets the most votes at the end of each show gets their art piece on the calendar for that month for next year.

The art calendar is a fundraiser for the gallery, selling for around $15 to $16 each.

When people have to pick a favourite, they look more closely at the art, said Hedberg.

"They don't just breeze through and out the door. They really look closely. I think it's a really good way to engage people in really looking closely at art. I've seen a difference in people since we started doing that a couple of years ago," she said.

This is only the gallery's second year doing the calendars, but it's a way visitors can take some art home with them at the end of the year.

Local team completes Challenge for Life: supporting CancerCare

By Jennifer McFee

A local fundraising team took great strides to change the course of cancer.

The Challenge for Life ran from Aug. 4 to 14, when participants aimed to reach 20 kilometres in distance or 200 non-continuous minutes of exercise. The initiative raised money for CancerCare Manitoba Foundation while also raising awareness about all cancers that affect Manitobans.

The Families Matter team took part in the event, with efforts from Janice Holden, Gisele Gervais and Jennie Lindstrom of Stonewall. Rounding out the team were Claudia Kerbrat of St. Laurent and Mona Wonnacott and Louis Daigneault of Winnipeg.

They walked in Stonewall on Aug. 7 and 14 and St. Laurent on Aug. 9 and 11, covering five kilometres each day.

"Our challenge went very well. We had two young fellas join us for the Stonewall portion," said Holden, the team's captain.

"Our team raised $6,060 so far. We are very pleased with our efforts."

Holden and Gervais hope to continue walking daily for the rest of August, although they might not log the full five kilometres each day.

In total, 543 participants across Manitoba raised $1,039,467 in the 15th annual event, which is the largest annual fundraiser for CancerCare Manitoba Foundation.

TRIBUNE PHOTO SUBMITTED

Challenge for Life Families Matter team, left to right: Louis Daigneault, Cole Anderson, Jenna Middleton, Janice Holden, Gisele Gervais, Claudia Kerbrat, Dylan Harris, Jennie Lindstrom, Mona Wonnacott.

Patti Smith, president and CEO of CancerCare Manitoba Foundation, said it was truly incredible to see the unique challenges that participants completed during the 10-day challenge.

"The commitment and dedication of Manitobans continues to be astounding," Smith said.

"We are extremely grateful to all of the participants, donors, sponsors and supporters who are ensuring research discoveries, participation in clinical trials, and the best possible patient experience for Manitobans on a journey with cancer."

Since the event launched in 2008, participants have raised $15.3 million to support the work of CancerCare Manitoba Foundation.

Donations can still be made by following the prompts on the Challenge for Life website at challengeforlife.ca. All funds raised stay in Manitoba to support prevention, early detection, state-of-the-art research, world-class treatment, and vital patient programs and services.

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INSIDE > OUTSIDE > UPSIDE DOWN

Korlak receives Skills Coach Certification from Hockey Canada

Submitted by Trail Smoke Eaters

The Trail Smoke Eaters are excited to announce that associate coach and director of player development Dustin Korlak has received his Skills Coach Certification from Hockey Canada, making him one of a select few certified in western Canada.

Korlak, who is about to enter his fifth year as a member of the Smoke Eaters coaching staff, has seen his role increase steadily over his tenure, taking on the title of associate coach last season, along with being the team's director of player development.

Now he can add the Hockey Canada Skills Coach Certification to his resumé, which is the highest skill coach certification available anywhere in the world.

With this certification, Korlak, a Stonewall native and former Selkirk Steeler, is now part of a select group across Canada and the U.S. that have completed the skills coach certification program.

"This is exciting for the Smoke Eaters program and players, as well as the youth players in the Kootenays that get the opportunity to work and train on and off the ice with Dustin," said director of hockey operations Craig Clare. "A big part of the Smoke Eaters program is offering individual skill development throughout the season for our current players and future Smoke Eaters. With Dustin completing the Hockey Canada Skills Certification, it furthers our commitment as an organization to both our current players as well as our local hockey players, in helping them grow and develop so that they can compete at the highest level."

The skills certification brings the Smoke Eaters coaching staff as a whole to another level, with Korlak bringing a combined mix of both his playing experience and now his coaching experience. The purpose of being a skills coach and having the certification puts the focus on a higher level of individual development available to the Smoke Eaters and the West Kootenay with the various camps run by the Smoke Eaters staff.

"It's such an honour to receive this certification," Korlak said. "I look forward to continuing to develop my skills and knowledge while helping our players reach their full potential. A lot of hard work went into this and I'm excited to be able to bring this experience back to Trail and the surrounding area."

TRIBUNE PHOTO SUBMITTED

Dustin Korlak, a Stonewall native and former Selkirk Steeler, has received his Skills Coach Certification from Hockey Canada.

The Smoke Eaters would like to congratulate Korlak on achieving his Skills Coach Certification from Hockey Canada. As an organization, we are thrilled to see our staff continually growing and bettering their skills. We know it will have a positive impact on our players at the BCHL level and our local hockey system for the years to come.

English throws the Hammer at Canada Summer Games

By Ty Dilello

Stonewall's Natasha English recently competed in track and field at the 2022 Canada Games in Niagara, Ont. The 19-year-old participated in the women's hammer throw event, which took place on Aug 16.

English has been interested in track and field since she was in Grade 5, trying various events. However, it wasn't until a couple of years ago that she began to get more involved in a more competitive setting doing sprinting and jump events.

It was only this past summer that English decided to try hammer throw, and it clicked pretty fast for her, enough to participate at the Canada Games.

"I used to be a figure skater for around 13 years, so my skills from that definitely transferred over to help me with my technique," said English.

English was born and raised in Stonewall but moved to Arborg for high school to attend Arborg Collegiate for four years.

"I moved to Arborg because that's where my Nana and Afi lived. My grandparents were both very supportive and would drive me everywhere to get the most out of my track career, which led me to be able to pursue a track career at a much higher level. In addition, I benefited more being at a smaller high school because it gave me more opportunities to have more personal connections with coaches."

Last week, English was super excited to head to Niagara, Ont., to represent Manitoba at the Canada Games in the hammer throw event.

Natasha English

"It was amazing to be a part of such a positive environment and amazing to have awesome support from all of the athletes, coaches, volunteers and officials."

English was feeling good prior to the competition with her practice throws. But when the competition began, she could not connect with her first three throws because of weather conditions beyond her control. So, unfortunately, because of that, she didn't place in the event.

"However, I was still happy to support my Manitoba teammate Bailey Purse as she ended up placing in sixth, which is a huge accomplishment for her at this level of competition."

TRIBUNE PHOTOS SUBMITTED

Stonewall's Natasha English has returned home after competing in the women's hammer throw event at the 2022 Canada Games in Niagara, Ont.

English is a member of the track and field program at the University of Manitoba. She has several goals in the future, including completing a science degree before transferring to Red River College to complete her schooling to become an X-ray technologist.

"My first year at university was spent taking my prerequisites for the faculty of kinesiology, which helped me decide that I was more interested in biology-oriented classes, so I decided to have that as my primary focus these upcoming years. I also hope to continue as a Bison athlete for the remainder of my time at the University of Manitoba doing multi-events."

Scott awarded honorary life membership in the Manitoba Baseball Hall of Fame

Submitted

In his yard in Carberry, Gladwyn Scott was awarded an honorary Life Membership in the Manitoba Baseball Hall of Fame last Friday.

The award was presented to him by Dan Giesbrecht, chair of the MBBHOF board of directors. Also in attendance were Joe Wiwchar, museum administrative manager, and board members Morris Mott of Brandon, Murray Zuk of Souris and Al Robertson of Hamiota, as well as brother Glennis Scott and sister Barb Mikulin, plus other family members and spouses.

This award is given for commitment, contributions and dedication to the Hall of Fame. Scott was one of the original founders of the Manitoba Baseball Hall of Fame 25 years ago, served as the first chairman for six years and remained a board member until this week.

Gladwyn Scott was awarded an honorary life membership in the Manitoba Baseball Hall of Fame.

PHOTOS SUBMITTED

Friends and family gathered at Gladwyn and Marguerite Scott's home in Carberry.

Manitoba wins gold in indoor female volleyball

By Brian Bowman

Manitoba won a gold medal in women's indoor volleyball at the Canada Summer Games on Sunday.

Team Manitoba defeated Alberta 3-1 (25-22, 17-25, 25-20, 25-10) in the gold-medal game.

Manitoba swept B.C. 3-0 by scores of 25-17, 26-24 and 25-21 in a semifinal game on Saturday.

Last Friday, Manitoba defeated Alberta 3-1 (25-12, 25-18, 23-25, 25-9) in a quarter-final contest last Friday.

Manitoba finished preliminary Pool D play with a 3-0 record.

Team Manitoba swept Quebec 3-0 (25-22, 25-11, 25-23) and Nova Scotia 3-0 (25-20, 25-22, 25-8) before beating Ontario 3-1 by scores of 19-25, 25-16, 25-23 and 25-19 last Thursday.

Manitoba's roster featured St. Andrews' Kendra Andjelic and Woodlands' Emma Goodman.

In men's indoor volleyball, Manitoba finished sixth overall after a tough 3-2 (29-27, 23-25, 22-25, 25-21, 11-15) loss to B.C. last Sunday.

Manitoba pounded Newfoundland 3-0 (25-10, 25-17, 25-17) in a consolation game on Saturday.

Manitoba was defeated 3-2 (25-23, 18-25, 19-20, 25-20, 13-15) by Saskatchewan in a quarter-final game last Friday.

Team Manitoba began play with a 3-2 (25-18. 25-19, 23-25, 21-25, 11-15) loss to Quebec and then was edged 3-2 (21-25, 25-23, 21-25, 25-20, 10-15) by Ontario.

Manitoba, whose roster featured Selkirk's Spencer Grahame, St. Andrews' Josh Jehle and East St. Paul's Rowan Krahn, then swept Nova Scotia 3-0 by scores of 25-15, 25-15, 25-21.

East St. Paul's Michael Stephens served as a coach.

Manitoba's male box lacrosse team, meanwhile, defeated Saskatchewan 9-7 in a seventh-place game on Sunday.

Team Manitoba was edged 4-3 by New Brunswick in a consolation game on Saturday.

Manitoba was defeated 8-3 by Alberta in a quarter-final game last Friday.

Team Manitoba finished preliminary Pool B action with a 3-0-1 record and seven points to place first overall.

After starting the tournament with a 4-4 tie with Saskatchewan, Manitoba defeated New Brunswick 5-3 and Prince Edward Island 13-1 before beating Quebec 6-2 on Thursday.

Manitoba's roster included Stonewall's Ty Woods and East St. Paul's Andy Angus.

In individual competition, Narol's Derek Onraet placed ninth in the pole vault while St. Andrews' Tristan Allen finished ninth in the 800-metre race.

Manitoba's athletics' coaches included Narol's Rory McIntyre and Gimli's Justin Charrier.

In canoe-kayak, Selkirk's Ryleigh Adams teamed up with Winnipeg's Chantal Ip to place seventh in the K-2 500-metre race.

Adams was also a member of Manitoba's K-4 200m and K-4 500 teams that finished seventh.

Rowing saw Lockport's Lucas Stadnyk's quadruple sculls male team place ninth. He also teamed up with Winnipeg's Theo Perry to finish 10th in lightweight double sculls.

Narol's Becca Zubricki was part of the rowing four female team that finished fifth.

She was also a member of Manitoba's rowing eight with coxswain that placed sixth.

Lockport's Riley Smith was a manager for Manitoba's rowing team.

Gonor's Leah Miller teamed up with Winnipeg's Katie Sierhuis to finish fifth in the rowing pair female race.

Miller was also a member of Manitoba's rowing eight with coxswain team that placed sixth.

Stonewall's Natasha English was also selected to represent Manitoba in athletics at the Games but no results for her could be found.

Manitoba's mission staff featured Stonewall's Chris Cara and Alisha Kaegi and West St. Paul's Terry Skarban.

PHOTO SPORT MANITOBA/TEAM MANITOBA

Manitoba defeated Alberta to win the gold in women's indoor volleyball at the 2022 Canada Summer Games on Sunday.

Manitoba captures 37 medals at 2022 Canada Summer Games

Submitted by Sport Manitoba

After two weeks of highly anticipated competition, Team Manitoba finished off the 2022 Canada Summer Games with 37 medals: 10 gold, 10 silver and 17 bronze.

On Sunday, two medals were added to the tally. The women's volleyball team will bring home the gold medal after defeating Alberta in the finals, and diver Adam Cohen won a bronze medal in the 1m springboard.

Recognizing all the challenges and barriers Team Manitoba athletes have had to overcome over the last few years, the team's leadership reflected positively on its performance over the two weeks, which included record-setting hauls from swimming, wrestling and athletics.

One major standout in athletics was Madi Lawrence. Her perseverance and record-breaking performance earned her nomination and selection as flag bearer for the closing ceremony of the 2022 Canada Summer Games.

"Achievement was never as evident as it was with Madisson Lawrence's results out on track in week two. Madi exemplifies everything we want Team Toba athletes to be known for through her skill, determination and leadership characteristics, which is why we are so honoured to recognize her as our flag bearer," said chef de mission Drew Todd.

The 23-year-old from Winnipeg collected three medals at the Games, a silver in the high jump, where she tied her personal best and in the long jump where she set a new personal best, and a gold in the heptathlon.

The heptathlon is an athletics competition where contestants take part in seven different track-and-field events in two days — the 100-metre hurdles, high jump, shot put, 200-m dash, long jump, javelin and 800-m run. With this win, she set a new Canada Games record with 5,655 points, breaking a 33-year-old Canada Games record by 222 points. And she set her own 177-point personal best. On top of that, she also set personal bests in the javelin and hurdles events.

"I am grateful for the opportunity to compete here and for the experience Canada Games has provided me," said Lawrence. "The Games are a great chance to combine the spirit of various sports and display how much we truly love Manitoba. Everyone out here gave it their all and cheered on all the different teams and to me that is the definition of Games spirit and what Manitoba is all about. I have exceeded my expectations and am thrilled with the performances I and other teammates have put out this week."

Lawrence set ambitious goals for her Games. She set out to improve in each of her events, see a couple of podium finishes and score as many points for Team Manitoba as possible. Not only did she follow through on each, she did so by carving her name in Canada Games history.

Debreuil competes at flag football nationals

By Brian Bowman

Maze Debreuil had quite the football experience earlier this month.

The 15 year old from Stonewall was a member of Team Manitoba that competed at the U18 Flag Football National Tournament in Charlottetown, P.E.I., from Aug. 11 to 16.

"It was great," Debreuil said last week. "It was a really good time."

Manitoba had six teams — Alberta, Saskatchewan, Ontario, Quebec and P.E.I. — in its division.

Debreuil's team finished with a 2-5 record, posting wins over Alberta (18-12) in their first game of the nationals and they wrapped up the tournament with a 7-0 victory over P.E.I.

It was a great way to start — and finish — at nationals.

"We definitely focused on that," said Debreuil, who plays on the defensive side of the ball. "Our games in the middle got tougher but we came through."

Team Manitoba held tryouts back in June. Debreuil played flag football last season and her friends encouraged her to try out for the provincial team.

She took up the sport of flag football when the COVID pandemic hit because tackle football was canceled.

She hopes schools in the province would add flag football to their athletic program.

"It's a great sport and I really enjoy it," Debreuil said.

Debreuil played four seasons for the Interlake Thunder. She started with the girls' team on the offensive line and then made the transition to running back.

She loves the game of football.

"I like the fact that we can fit all kinds of people no matter what body type that you are or what your strong suits are," Debreuil said. "You can go anywhere."

Debreuil really enjoyed playing for the Thunder. She currently has a torn ACL but is hoping to rejoin the Thunder in tackle football after surgery.

"It was good because everyone was committed to coming out," she said. "They didn't mind having to drive a half an hour for practice. The atmosphere was nice."

TRIBUNE PHOTO SUBMITTED

Stonewall's Maze Debreuil, left, was a member of Team Manitoba that competed at the U18 Flag Football National Tournament in Charlottetown, P.E.I., earlier this month.

Pirates win silver at U18 AAA Western Canadian Baseball Championship

By Brian Bowman

The North Winnipeg Pirates won silver at the U18 AAA Western Canadian Baseball Championship in Regina last weekend.

North Winnipeg claimed the silver after a 9-0 loss to the Regina Wolfpack on Sunday evening.

The Pirates' offence dried up in the biggest game of the season while Regina scored four runs in the fourth inning and then added five more in the fifth.

"We didn't face a great arm," said Pirates' head coach Donnie Smith. "It was just one of those games where you saw pretty good arms all weekend, the top guys from western Canada, but Regina had gone pretty deep with their pitching roster so they threw a guy that was far below average velocity-wise. We were popping lots up and grounding out a lot. We were just ahead of our swings and we only got one hit that game."

Despite the tough loss, winning a silver at westerns is really good.

"We're still pretty happy finishing second in western Canada," Smith said. "We struggled throughout most of the season and kind of turned the page three quarters of the way. We finished second in the cities … and then we qualified out of our provincial tournament. Out of six teams we finished top three and we beat the Winnipeg South team that was our Manitoba No. 1 representative at westerns. We came a long way in a short span and we were one game short of winning it all."

The Pirates started play at westerns with a 6-4 win over the Red Deer Carstar Braves last Thursday. On Friday, North Winnipeg downed the Coquitlam Redlegs 5-2.

Saturday saw the Pirates blast the Winnipeg South Wolves 10-3 and lose 7-5 to the East Central Red Sox.

On Sunday, North Winnipeg was edged 13-12 by the Wolfpack in an extra inning. The Pirates let leads of 7-0 and 11-5 slip away in the loss.

Stonewall Blue Jays advance to WSBL final

Staff

The Stonewall Blue Jays have earned a spot in the Winnipeg Senior Baseball League Pool A final series.

Stonewall swept the West Winnipeg A's in their best-of-three Winnipeg Senior Baseball League Pool A semifinal playoff series.

Stonewall won Game 1 by a score of 3-2 last Wednesday and then Game 2 was postponed on Thursday due to a rainout.

It was played Sunday and the Blue Jays won 6-5.

In the other Pool A best-of-three semifinal series, the Elmwood Giants and Carillon Sultans were tied at a win apiece.

Elmwood defeated Carillon 10-4 on Aug. 16 but the Sultans won the next night 7-6.

The best-of-five final will not be played until next week because the Giants are at nationals, beginning this Thursday.

The schedule for the final series had not been released at press time.

What's *Your* story?

We want to hear from you.

The Stonewall Teulon Tribune connects people through stories to build stronger communities.
Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas at
news@stonewallteulontribune.ca Phone 204-467-5836

Stonewall Teulon Tribune

To see more photos of your favourite Interlake Athletes

GO TO **Stonewall Teulon Tribune | flickr**

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get inspired

> MEAL IDEAS

RED RIVER CO-OP FOOD STORE

Sweet and Spicy Bratwurst Subs

Recipe courtesy of Aramark
Servings: 8
Kimchi:
1 1/2 cups green cabbage, cut into thick strips
1/4 cup water
4 teaspoons white vinegar
1 tablespoon gochujang paste
2 teaspoons fish sauce
1/2 teaspoon minced garlic
1/2 teaspoon minced, peeled ginger root
1/2 cup daikon radish strips
1/4 cup shredded, peeled carrot
1/4 cup sliced green onion
Mango Slaw:
2 cups shredded green cabbage
1/3 cup diced mango chunks, thawed from frozen
1/4 cup shredded, peeled carrot
1/4 cup sliced green onion
1/4 cup red bell pepper, cut into thin strips
2 tablespoons chopped fresh cilantro
2 tablespoons minced, peeled ginger root
2 tablespoons white vinegar
1/2 teaspoon kosher salt
1/4 teaspoon minced garlic
Spicy Sesame Mayonnaise:
1/3 cup mayonnaise
1 tablespoon sriracha
1 1/2 teaspoons sesame oil
1 1/2 teaspoons seasoned rice wine vinegar
8 bratwursts (4 ounces each)
8 hoagie rolls (6 inches), split

To make kimchi: Place cabbage in microwavable bowl. Add water. Cover and microwave on high 2 minutes, or until tender-crisp. Rinse with cold water and drain well.

In large bowl, mix vinegar, gochujang, fish sauce, garlic and ginger. Add steamed cabbage, daikon, carrot and onion; toss to coat. Cover and chill.

To make mango slaw: Mix cabbage, mango, carrot, onion, red bell pepper, cilantro, ginger, vinegar, salt and garlic. Cover and chill.

To make spicy sesame mayonnaise: Mix mayonnaise, sriracha, sesame oil and vinegar until well blended. Cover and chill.

Heat grill to medium and lightly oil grill rack. Grill bratwursts 8 minutes, or until internal temperature reaches 155 F.

Spread mayonnaise on rolls. Place grilled bratwurst on rolls and top with kimchi and slaw.

Sweet Heat Foil Packets

Recipe courtesy of Aramark
Servings: 8
1/2 cup cold butter, diced
1 cup diced yellow onion
1 cup diced, peeled potatoes
1 cup diced, peeled carrots
1 cup diced red bell pepper
2 cups diced skinless, boneless chicken breast
16 extra-large shrimp, peeled, deveined and tails removed
8 teaspoons Cajun seasoning
1 cup diced pineapple
1 cup andouille sausage, cut in half and sliced
8 frozen mini corn cobs, cut in half (16 pieces)
1 cup sliced green onion
salt, to taste
pepper, to taste

Heat grill to medium. Place eight 18-by-18-inch squares heavy-duty aluminum foil on work surface.

On half of each foil square, evenly layer butter, onions, potatoes, carrots, red bell peppers, chicken, shrimp, seasoning, pineapple, sausage, corn cobs and green onions.

Fold foil in half over filling. Fold edges of foil tightly toward filling to seal packets.

Place packets on baking sheet.

Grill 15 minutes with lid closed until chicken and shrimp are cooked through. Season to taste with salt and pepper.

Orange Oatmeal

Servings: 4
1 1/2 cups water
1 cup Florida Orange Juice
1 cup quick cooking steel-cut oats
1 Florida Orange, peeled and diced
1 tablespoon agave nectar or honey
1/4 teaspoon cinnamon
1/4 teaspoon salt

In medium saucepan over high heat, bring water and orange juice to boil.

Add oats to boiling liquids.

Return to boil then reduce to medium heat and cook uncovered 5 minutes, stirring frequently. Mix in orange, agave nectar, cinnamon and salt. Remove pan from heat; let stand 1 minute before serving.

Orangeberry Smoothie

Servings: 1
1 cup Florida Orange Juice
1/2 cup frozen strawberries
4 ounces strawberry Greek yogurt
1/4 cup milk
ice cubes
1 Florida Orange, sliced

In blender, blend orange juice, strawberries, yogurt, milk and ice, as needed to reach desired consistency, until smooth.

Pour into glass and garnish with orange slice.

Effects of tone of voice

Submitted

"10% of conflicts are due to a difference of opinion. 90% are due to the wrong tone of voice."

Author unknown

There is more to spoken messages than the words we say. Tone of voice is just as important as the content of the message. Voice tone can communicate love, caring, respect and gentleness.

It can also convey disrespect, dishonoring, hostility or indifference. It can render an otherwise benign message threatening or abusive. The voice transmits energy, and can hit another like a warm, welcome Chinook, or like an icy Arctic blast.

This energy affects the recipient on many levels, and can trigger a variety of different feelings. Maybe you did not mean to say it that way, and you did not intend to offend, but, unfortunately, the damage is done.

It is a little like hitting someone, and then trying to erase their emotional response. Because it is 'just words', the speaker often feels he or she has not done anything 'that bad'.

If there is a solid, loving relationship, often mutual understanding and forgiveness allows for some lapses. However, sometimes between partners, parents and children, or siblings, a disrespectful tone of voice becomes the norm in communication.

Some are not aware of their tone, and others think that a harsh tone makes them more powerful. Unbelievably, I still have clients reporting that they get yelled at in the workplace. Being a boss or supervisor does not mean you can treat employees like they are children, and you are the authoritarian father or mother.

When this sort of thing happens at work, it reflects on the one yelling. They are showing that they have not developed the professional skills to handle problems that arise. This behavior is mean and bullying, and shows the person has no control over emotions. No one deserves to be yelled at on the job. Period.

The same can be said of yellers at home. Some may think that in their own home they can do as they want. I suppose that is true. Does that mean those close to us deserve less respect than others?

Of course I understand parental frustration. But if a parent is at the point of yelling they are likely angry and may say things that the child will remember forever. If children are yelled at throughout the years, is it surprising that they become teens who yell at their parents?

Clear rules and consistent implementation of consequences can modify most behaviors. Handling situations in a calm, but determined, manner garners respect from children and employees.

If we find ourselves saying, "How many times do I have to tell you?" it shows that "telling" (or yelling) without proper instruction, working out a plan to carry out expectations, and consistent consequences is not working. A negative tone will not help any situation, while a calm respectful tone just might.

Think about whether the energy you put out to others is like that warm chinook, or more like an artic blast. Which kind of energy to prefer to receive?

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration

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METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

LOT FOR SALE

Vacant building lot for sale. Gunton – Residential building lot, $59,900. Also Teulon residential lot, back onto fair grounds, $64,900. Ph 204-467-8537 or 204-955-2068, Stonewall.

BUILDING FOR SALE

24 X 28 building, 2x6 construction, fully insulated, wired & drywalled, baseboard heat, panel box, no plumbing. On I-beams ready to move. Would make good addition or cabin, or a good office building, $24,900. Ph. 204-467-8537 or 204-955-2068 Stonewall.

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PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

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GARAGE SALE

GARAGE SALE EVENT OF THE YEAR!
Seriously. An extraordinary garage sale you don't want to miss. ITEMS INCL: propane patio heater, stone-look propane fire columns, wood stove w/stove pipe, hammock w/frame, patio chairs, kitchen/dining rm chairs. **MANY ITEMS BRAND NEW!** Bow & Go boxed **Designer costume jewellry (get a head start on your Christmas Shopping!)**, Designer leather handbags (some brand new!), **Designer** clothes (sz L/XL), **beautiful home décor items,** antique SINGER sewing machine, custom golf clubs (6' tall+), **BRAND NEW digital home theater system** w/projector & screen and so, so much more! **Everything in great to excellent condition & from non-smoking home.** This Saturday and Sunday (August 27&28) from 8:00am to 3:00pm. No holds, all cash and carry. 93-149 Road 8E in Teulon. Take Hwy 7 to junction of Hwy 415 & follow the signs. As this is outdrs, if it rains Saturday, we willl temporarily suspend until the rain stops then re-open. **See you this weekend!**

ANTIQUE & COLLECTABLE SALE

Don't miss the big annual JunkWagon Antiques & Collectables Sale. Everything from old toys, vintage clothing, comics, records, jewelry, rustic, retro, glassware, old advertising, old signs, upcycled & so much more. Saturday, Sept. 10th. Doors open 9 a.m. – 4 p.m. 980 Winakwa Rd. in Winnipeg. $5 per person.

Prairie Rose School Division

PUBLIC NOTICE

NOTICE OF NOMINATIONS AND BY-LAW 85-22 – WARD CHANGES

At the Special Board Meeting of July 26, 2022, the Board passed By-Law 85-22, being a by-law to re-establish the boundaries of the wards and the number of trustees in each ward. The newly established areas are listed below.

- Ward 1 - Miami/Roseisle - One Trustee
- Ward 2 - Roland/Homewood/Sperling - One Trustee
- Ward 3 - Carman/Graysville - Two Trustees
- Ward 4 - Elm Creek/Fannystelle - One Trustee
- Ward 5 - Elie - One Trustee
- Ward 6 - St. François Xavier - One Trustee
- Ward 7 - St. Eustache - One Trustee
- Ward 8 - St. Laurent/St. Ambroise - One Trustee

Please visit our website for a revised ward map at www.prsdmb.ca. School trustee elections are set for October 26, 2022.

NOTICE OF NOMINATION IS HEREBY GIVEN that on the following days:

September 14, 15, 16, 19 and 20th, 2022, between the hours of 8:30 a.m. to noon and 1:00 p.m. to 4:30 p.m. at the following location: School Division Office, 45 Main Street. South, Carman, MB., the Senior Elections Officer will receive nominations for the office of School Trustees of the aforesaid Division.

The nomination deadline is September 20, 2022, at 4:30 p.m. Nominations cannot be accepted after this date and time.

Candidates seeking election for School Trustee must obtain on their Nomination Form a minimum of 25 signatures of voters or not less than 1% of the voters of the ward (whichever is the lesser). Voters who have signed the candidate's nomination form, must have their name on the Prairie Rose School Division Voters List for the school division ward in which the candidate is seeking election.

Completed nominations must be submitted in person at the above location on the dates and hours specified. Candidates must bring in the original nomination form with acceptable signatures.

Nomination forms and more information can be found at www.prsdmb.ca under the "Board" menu or contact Prairie Rose School Division by phone at (204) 745-2003 or email at prsd@prsdmb.ca

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TOWN OF STONEWALL

NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days:

September 14th 15th 16th 19th and 20th

Between the hours of **9:00 am and 4:00 pm**

At the

Administration Offices, Stonewall Town Hall
293 Main Street Stonewall MB.

I will receive nominations for the offices of:

Mayor and **Councillor** of the aforesaid Local Authority.

The nomination deadline is September 20th at 4:00 pm. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, of the Town of Stonewall. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person at the above location, on the date and hours specified, by an agent, or by fax or email. To obtain a nomination paper, and / or candidate's declaration of qualification, contact the SEO at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Wally R Melnyk	204-467-7979
SEO name	SEO contact telephone number
wmelnyk@stonewall.ca	204-467-7999
Email	Fax Number

Dated at the Town of Stonewall on August 16th 2022.

Senior Election Official (SEO)

TOWN OF STONEWALL
Name of the local authority

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TENDER

Request for Quotation (RFQ)
CLEANING SERVICES

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HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

Teulon Esso full time and part time. Send resume or in person attention Dave or Anne 204-886-3777 or email 7service@mts.net

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HELP WANTED

Part time & full time movers required. Must have valid driver's license. Please call 204-467-2419 or 204-461-2352 cell.

ROCKY MOUNTAIN EQUIPMENT is NOW HIRING: Managers, AG Equipment Techs, Heavy Equipment Techs - Journeyman & Apprentices, Parts Techs. View Open Roles & Apply: www.rockymtn.com/careers. Relocation and signing bonus offered.

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WANTED: Old advertising dealership signs, gas pumps, globes, pop machines, light ups. White Rose, Red Indian, Buffalo, North Star, Case Eagles. etc. Collector paying TOP PRICES. 306-221-5908.

UPCOMING EVENTS

Cluck & Quack Poultry Club Annual Sale - Poultry, small animals, equipment, crafts, vegetables, hobbies, etc. Saturday, Sept. 10th, l0 a.m. – 3 p.m. at Springfield Curling Club in Dugald, MB. For further vendor information contact Bill 204-755-2347 Email: bhartmann@xplornet.com

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HAVE A NEWS TIP OR AN INTERESTING STORY?? CALL 204-467-5836

UPCOMING EVENTS

DUNREA FLEA MARKET - Rain or Shine! Antiques, collectibles and more! Over 100 vendors. Admission $5. 11 a.m. – 4 p.m., Sunday, September 4, 2022. Fairgrounds in Boissevain, MB.

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NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a Fall Supper or Fall event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY $35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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NOTICES

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Contact Mike # 204-479-0236

Featured Items: Int 4366 4WD, NH 855 Round Baler, '68 Ford 700 16' B+H, Rockomatic 546 Stone Picker, JD 2010 3PH, JD Side Del Rake, Bushel Master 540 Grain Vac, '01 Macdon 4000 9' Haybine, JD 450 9' Sickle, 9'Tandem Disc, 300-350 Grain Cart, (5) MF 360 15' Discer/Seeders, Int 70 Plow, Farm King Auger, (3) Friesen 40 Ton Hopper Bins, (18) Grainery Bin 1300 -3500 Bushel, 1978 Honda XLT 250cc Dirt bike, Eezon 15' Tandem Disc, JD 360 30' Tandem Disc, Int 7200 Hoe Drill, Co-op 550 **- Along with more Equipment, Vehicles, Farm Misc., & Tools – www.McSherryauction.com for bidding, viewing & detailed listings 204-467-1858**

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a great place to come home to

NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days:
September 14, 15, 16, 19 and 20, 2022

between the hours of 10:00 a.m. and 3:00 p.m. at the following location:

Town of Teulon Municipal Office 44-4th Avenue SE, Teulon, Manitoba

I will receive nominations for the offices of

Mayor and 4 members of Council for the Town of Teulon.

The nomination deadline is Wednesday, September 20th, 2022 at 3:00 p.m. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is the lesser) of the Town of Teulon, but in all cases by at least two (2) voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person only at the above location, on the date and hours specified. To obtain a nomination paper, and/or candidate's declaration of qualification, contact the Senior Election Official at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Roger A. Bouvier
Senior Election Official
Town of Teulon
1-204-792-0849
municipalsolutions@mts.net

Dated at Teulon on August 22, 2022

Roger A. Bouvier, SEO, Town of Teulon

SHOP LOCAL and help your local economy

NOTICE OF NOMINATIONS

INTERLAKE SCHOOL DIVISION FOR SCHOOL TRUSTEE

NOTICE IS HEREBY GIVEN that nominations for Trustees to serve on the Board of the Interlake School Division will be received by the Senior Elections Officer at the Interlake School Division Office at 192-2nd Avenue North (PTH #67), in the Town of Stonewall, Manitoba on the following days, Wednesday, September 14, Thursday, September 15, Friday, September 16, Monday, September 19, and Tuesday, September 20, A.D. 2022 between the hours of 8:30 a.m. and 4:30 p.m.

I will receive School Trustee nominations for:

WARD I **GROSSE ISLE, MARQUETTE, ROSSER, WARREN, WOODLANDS (Two Trustees to be Elected)**

WARD II **ARGYLE, BALMORAL, TOWN OF STONEWALL, STONEWALL (Rural) (Three Trustees to be Elected)**

WARD III **GUNTON, KOMARNO, TEULON (One Trustee to be Elected)**

WARD IV **STONY MOUNTAIN (One Trustee to be Elected)**

ALL TERMS FOUR (4) YEARS COMMENCING, October 26, 2022

Each School Trustee Nomination shall be accompanied by a written acceptance that he or she is a Canadian Citizen, and of the full age of 18 years, that he or she is an actual resident elector as of April 26, 2022 of any ward of the Interlake School Division and not subject to any disqualifications as per P.S.A. Section 22.

All School Trustee nominations shall be made in writing and shall be signed,

By at least 25 Electors of the Ward, or
Not less than One Percent of Electors of the Ward, Whichever is the lesser, example: 1,000 Electors need 10 signatures

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

ALLEN W. LEIMAN
SENIOR ELECTIONS OFFICER (S.E.O.)
Interlake School Division

Telephone Number: **204-467-3017**

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Dated at Stonewall on August 24th, 2022

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THE RURAL MUNICIPALITY OF ROCKWOOD

PUBLIC NOTICE

BOARD OF REVISION
GENERAL ASSESSMENT &PERSONAL PROPERTY ASSESSMENT
2023 AND 2022 SUPPLEMENTARY PROPERTY TAXES

PUBLIC NOTICE is hereby given that the 2023 General Assessment, Business Assessment and Personal Property Assessment Rolls to be revised was deposited in the Municipal Office and is open to Public Inspection, during regular business hours.

THE BOARD OF REVISION will sit to hear complaints of the various assessments on **WEDNESDAY, SEPTEMBER 28, 2022** at the hour of **3:00 p.m.** in the Council Chambers of the Rural Municipality of Rockwood at 285 Main Street, Stonewall, Manitoba.

ANY PERSON who believes that an assessment ought to be revised may make application in accordance with Sections 42 and 43 of *The Municipal Assessment Act* hereinafter referred to as "The Act" which provides as follows:

APPLICATION FOR REVISION:
Section 42(1) A person, including an assessor, may make application for the revision of an assessment roll with respect to:
a) liability to taxation;
b) amount of an assessed value;
c) classification of property; or
d) a refusal by an assessor to amend the assessment roll under Subsection 13(2).

Before filing an application against the amount of the assessment, liability to taxation, or classification of the property, Applicants should:

a) examine municipal assessment rolls for comparable properties;
b) select comparable properties from the rolls; and
c) discuss the matter with the Provincial Assessment Branch, Selkirk, 204-785-5092.

APPLICATION REQUIREMENTS:
Section 43(1) An application for revision must:
a) be made in writing;
b) set out the roll number and legal description of the assessable property for which a revision is sought;
c) state the grounds on which the application is based; and
d) be filed by
i) delivering it or causing it to be delivered to the Municipal Office indicated in the Public Notice given under Subsection 41(2); or
ii) serving it upon the secretary,

AT LEAST FIFTEEN (15) DAYS BEFORE THE SCHEDULED SITTING DATE OF THE BOARD AS INDICATED IN THE PUBLIC NOTICE; <u>DEADLINE FOR APPEALS IS 4:30 P.M., LOCAL STONEWALL TIME, MONDAY, SEPTEMBER 12, 2022 – NO LATE EXCEPTIONS WILL BE ALLOWED</u>. PURSUANT TO SUBSECTION 43(2), APPLICATIONS WHICH DO NOT COMPLY WITH THE ABOVE WILL <u>NOT</u> BE CONSIDERED BY THE BOARD.

Applications should be addressed to the Secretary, Board of Revision, the Rural Municipality of Rockwood, Box 902, Stonewall, Manitoba R0C 2Z0, email to info@rockwood.ca, or fax to: 204-467-5329. Where an application is received in accordance with this Notice and of The Municipal Assessment Act, applicants will be notified in writing of the date, time and place of the hearing of their application.

Roberta Van Caeyzeele, Secretary
Board of Revision
The Rural Municipality of Rockwood
Box 902
285 Main Street
Stonewall, Manitoba R0C 2Z0

DATED this 10th day of August, 2022.

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THE RURAL MUNICIPALITY OF WOODLANDS

PUBLIC NOTICE
BOARD OF REVISION

NOTICE IS HEREBY GIVEN THAT the 2023 Assessment Roll for the Rural Municipality of Woodlands has been delivered to the Municipal Office, 57 Railway Avenue, in the Village of Woodlands, Manitoba and is open for public inspection during regular business hours.

The Board of Revision shall sit to hear complaints on Tuesday, the 11th day of October, 2022 at 1:00 p.m. in the Council Chambers of the Rural Municipality of Woodlands, 57 Railway Avenue, Woodlands, Manitoba.

Any person who believes that an assessment ought to be revised may make application in accordance with sections 42 and 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION
42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:
a) liability to taxation;
b) amount of an assessed value;
c) classification of property; or
d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS
43(1) An application for revision must
a) be made in writing;
b) set out the roll number and legal description of the assessable property for which a revision is sought;
c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
d) be filed by
i) delivering it or causing it to be delivered to the office indicated below, or
ii) serving it upon the secretary,
at least 15 days before the scheduled sitting date of the board as indicated above.

All applicants shall be provided written notice with the time of their hearing. Applicants are responsible for confirming that an appeal sent electronically has been received by the Rural Municipality of Woodlands, Telephone 204-383-5679.

Applications for revision or complaints must be received by 4:30 p.m., September 26th, 2022, mailed to the Rural Municipality of Woodlands, Box 10, Woodlands, Manitoba, R0C 3H0 or delivered to 57 Railway Avenue, Woodlands, Manitoba.

Dated this 18th day of August, 2022.

Kaitlyn Griffith, CMMA
Secretary, Board of Revision

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NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Evelyn Shirley York, late of the Postal District of Stonewall, in Manitoba, deceased.
All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 5th day of October, 2022.
DATED at Stonewall, Manitoba this 19th day of August, 2022.
GRANTHAM LAW OFFICES
Solicitor for the Executrix

IN THE MATTER OF: The Estate of Valerie Theresa Tretiak, late of the Town of Teulon, in Manitoba, deceased.
All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 28th day of September, 2022.
DATED at Stonewall, Manitoba this 22nd day of August, 2022.
GRANTHAM LAW OFFICES
Solicitor for the Executor

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Stonewall Teulon Tribune

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take a break > GAME

SUDOKU

						5	1	
			1		7			4
3				9				
	9				8		4	
					5			
	1					2	7	6
2		6		5				7
				6	9			
		9	2			1		

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Do you have a unique service you would like to advertise? Get the word out with an ad in the Tribune!

3	6	1	4	7	2	9	5	8
2	5	8	9	6	3	4	7	1
7	9	4	1	5	8	6	3	2
6	7	2	3	4	9	8	1	5
1	8	9	5	2	7	3	6	4
5	4	3	8	1	6	2	9	7
8	2	7	6	9	5	1	4	3
4	3	6	7	8	1	5	2	9
9	1	5	2	3	4	7	8	6

Sudoku Answer

INTERLAKE SCHOOL DIVISION

NOTICE OF VOTERS LIST/ PERSONAL SECURITY PROTECTION

NOTICE IS HEREBY GIVEN that a copy of the VOTERS LIST may be revised at 192 – 2ND Avenue North in Stonewall or by contacting the Interlake School Division by:

E-mail: gschick@isd21.mb.ca
Telephone: 204-467-3026

Between the hours of 8:30 a.m. to 4:30 p.m.

The Assistant Senior Elections Officer (A.S.E.O.) will then update the voters list by:

(A) adding the names of persons who are entitled to have their names on the list;

(B) deleting the names of persons who are not entitled to have their names on the list; and

(C) making such other corrections of errors in the list as are required.

QUALIFICATION OF ELECTORS

A person is eligible to have his/her name of the Voters List if he/she is:

a) a Canadian citizen and at least 18 years of age on the election day;

b) an actual resident in the Interlake School Division; and will have been so for a period of at least six months at the October 26, 2022, date of the election.

APPLICATION FOR PERSONAL SECURITY PROTECTION

A voter may apply in writing to the S.E.O. (at the address/fax number below) no later than **September 7, 2022** to have his/her name and other personal information omitted or obscured from the voters list in order to protect the voter's personal security. The application may be submitted in person, by mail or fax and must include your name, address, and proof of identity.

All changes to the voters list must be completed by **September 20, 2022**.

Allen W. Leiman
Senior Elections Officer (S.E.O.)
Interlake School Division
192nd Avenue North (PTH 67)
Stonewall, MB
R0C 2Z0

204-467-3017 Phone
204-467-8334 Fax

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Public Utilities Board / Régie des services publics

NOTICE OF APPLICATION
RURAL MUNICIPALITY OF WOODLANDS
REVISED WASTEWATER RATES
WOODLANDS WASTEWATER UTILITY

August 15, 2022

The Rural Municipality of Woodlands (RM) has applied to the Public Utilities Board (Board) for revised wastewater rates for Woodlands Wastewater Utility (Utility) as set out in By-law No. 2756/22, read the first time on May 10, 2022. Rates were last approved in 2012 in Board Order No. 138/12, with current rates coming into effect January 1, 2014.

The current and proposed rates are as follows:

	Current Rates	Proposed Rates		
	By-Law 2608/12	By-Law 2756/22 Year 1	By-Law 2756/22 Year 2	By-Law 2756/22 Year 3
Quarterly Service Charge	$ 8.15	$ 9.20	$ 9.48	$ 9.76
Wastewater (per REU)	$ 85.90	$ 88.67	$ 91.67	$ 94.69
Minimum Quarterly Charge*	$ 94.05	$ 97.87	$ 101.15	$ 104.45
Lagoon Tipping Fee**	$ 13.00	$ 13.40	$ 13.80	$ 14.20
Annual Lagoon Licence Fee (per key)	$ -	$ 100.00	$ 100.00	$ 100.00
Replacement Lagoon Key Fee	$ -	$ 250.00	$ 250.00	$ 250.00

*Based on 1 Residential Equivalent Units (REU)
**Current Lagoon Tipping Fee Approved in Board Order 61/17

Details of the RM's application are available for review at the Municipal office or the Public Utilities Board's office. Any questions concerning the application for revised rates, or the operation of the Utility, should be sent directly to the RM.

If you have concerns/comments regarding the RM of Woodland's application for wastewater, rates please go to www.pubmanitoba.ca and provide your comment. *Please note all comments will be forwarded to the RM.*

Questions or comments should be sent on or before **September 15, 2022.**

The Public Utilities Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at www.pubmanitoba.ca.

Jennifer Dubois, CPA, CMA

Assistant Associate Secretary
Manitoba Public Utilities Board

Announcements

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CARD OF THANKS

We, the family of Jim Peters, wish to thank neighbours, relatives and friends for your prayers, hugs, visits, phone calls, flowers and food. It was very much appreciated. There are still many beautiful people in this very troubled world.

-With love,
Mom Gertie Peters and
husband Peter Burchuk, his family,
brothers Gary and Ron Peters
and their families,
daughter-in-law Carla Peters,
her children Vienna, Katia and Aiden

Don't forget to send your special wishes to your friends and family.

Stonewall Teulon Tribune

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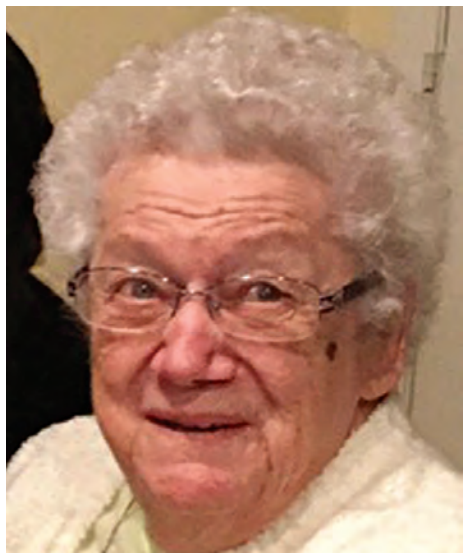
BIRTHDAY



Happy 100th Birthday
Jessie McLean!!
-All our love, hugs and kisses from
Lockie, Diana and all your family

To celebrate, the family is hosting a come and go at the Stonewall Heritage Arts Centre on Sunday, August 28, 2022 from 1-5 p.m. Please join us in her birthday celebrations.

IN MEMORIAM

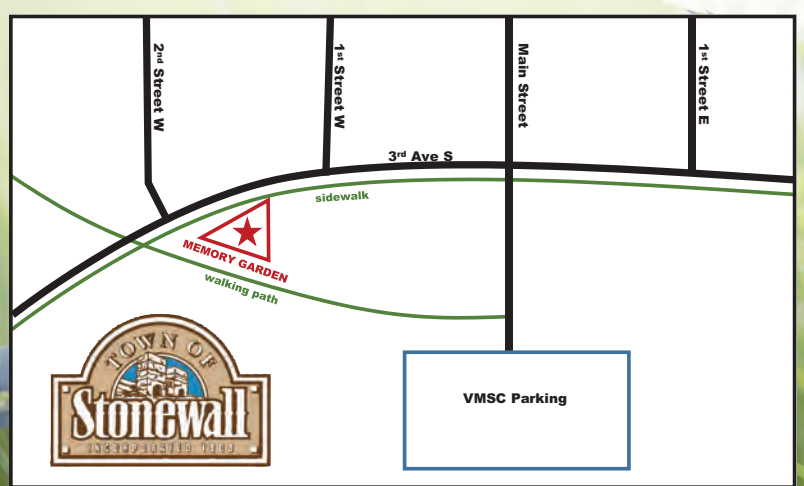
Heather Unger
February 5, 1948 – August 27, 2021
No longer in our lives to share,
But in our hearts you'll always be there.
-Always remembered and deeply missed by,
Ron,
Randy (Gina),
Dana (Dean),
Darcy (Jenn),
Kelly (Kris),
and grandchildren,
family and friends

A Moment of Remembrance

The Town of Stonewall encourages all community members to join us at the memory garden located by the RCMP detachment. In ensuring that we remember those who were taken from us too soon; we will commemorate a memorial stone for those who have lost their lives and the loved ones who mourned them during the coronavirus pandemic.

Jackie Luellman - Deputy Mayor
Town of Stonewall

DATE: **AUGUST 30TH, 2022**
TIME: **1:00 pm**
PLACE: **MEMORY GARDEN**
PARKING: Please park in the VMSC parking lot. A complimentary shuttle will be provided by SAMS, or you can take the walking path the short distance from the parking lot to Memory Garden.



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IN MEMORIAM

In Loving Memory of
Harold Lillies
August 25, 2020

Today, we heard someone whisper your name,
But when we turned around,
We realized we were alone.
Then we realized it was our hearts
Telling us how much we miss you.

-Love,
Betty and family

IN MEMORIAM

Merv Rurak
1944 – 2014

Your presence we miss,
Your memory we treasure;
Loving you always,
Forgetting you never.
-Shirley, Tammy, Shawna, Dylan, Kayla, Daryl,
Emalia, Lillian, Avery and Rowyn

CELEBRATION OF LIFE

Sophie Victoria Melnychuk
October 26, 1934 - January 19, 2022

On Sunday, August 28 at 2:00 p.m., a committal of the ashes will be held at the Victoria Cemetery, Road 84N, Balmoral, Manitoba, immediately followed by a Celebration of Life at the Balmoral Hall.

To see obituary or to leave condolences, please see klfuneralservices.ca

KEN LOEHMER FUNERAL SERVICES
204-886-0404

OBITUARY

George Matheson
June 20, 1954 - August 9, 2022

George was born in Silver Bay Mb., to parents Angus and Elizabeth Matheson of Moosehorn, Mb. On November 2, 1956 at the age of 2 years with Hugh (4), the brothers began their lives with Dave and Janet Robertson. To ease the transition, older sister Bessie accompanied them to Marquette for about a month.

Many decades of George's life were devoted to mechanics and truck driving, mostly with Danny Humiski. He will be sorely missed by his Matheson family especially his children Lisa, Carla (Jeff Gagnon), Nicole, Sonia, Brandi and George. Missed as well by his grandchildren Alex, Makenzie, Nicholas, Natasha, Luke, Hope, Faith and Hunter. Mourning him is his Robertson family Allen, Gordon (Jane Field), Loreen (Rick Hogg), Donna Tait and their families. He leaves many relatives and friends.

George was predeceased by all his parents, a daughter (1983), multiple Matheson, Robertson, Aitkins and Toogood relatives. He greatly missed his brother Hugh (2021) and his daily phone calls.

The family would like to thank Brian Macmillan for a lifetime of friendship and support to George. We are also grateful for the decades of professional expertise and kind support provided by Dr. Barry Macmillan and Rhonda.

Cremation has taken place. No service will be held.

Flowers gratefully declined. Donations, if desired, may be made to charity of one's choice.

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