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Kathy Simard, left, shows her South Interlake Garden Club entries to her husband Denis and sister-in-law Donna Simard who was visiting from Australia.

TRIBUNE PHOTO BY JO-ANNE PROCTER

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



Mortgage Down Payment Sources

One of the biggest challenges that most home buyers face is coming up with enough money for a down payment. Meet with your mortgage professional as early in the process as possible to help determine your best down payment sources.

A mortgage down payment is the money you commit to the purchase of a property, paid upfront. It's expressed as a percentage of the property price, with 5% being the minimum requirement for homes priced at \$500,000 or less. For mortgage down payments less than 20%, default mortgage insurance through CMHC, Genworth or Canada Guaranty is required. This cost is normally added to the mortgage amount. Insurance premiums are calculated as a percentage of the property price and vary for mortgage down payments of 5% - 9.99%, 10% - 14.99% and 15% - 19.99%. The greater the mortgage down payment, the lower your insurance premium cost.

The mortgage down payment is one of the factors that determine your maximum purchase price. Assuming your income, credit history and affordability are in line, the larger your down payment, the higher the maximum purchase price you qualify for. **Traditional Mortgage Down Payment Sources:**

Personal Savings

The most common source of mortgage down payment is your savings This can include money in your chequing/savings accounts, Tax Free Savings Accounts, GICs, stocks or other types of investments, inheritances, life insurance dividends, a savings bond that's matured, a bonus from work or an income tax refund.

You and your spouse or common-law partner can withdraw up to \$25,000 from your RRSP if you are a person with a disability, you are helping a related person with a disability buy or build a qualifying home, or you are a first-time home buyer. You are considered a first-time home buyer if, in the four year period, you did not occupy a home that you or your spouse or common-law partner owned. The RRSP Home Buyers' Plan lets you withdraw the money tax free and generally the full amount must be repaid back into the plan within 15 years. To qualify, the funds must be in your RRSP account for at least 90 days.

• Funds borrowed against proven assets

- Sweat equity (<50% of minimum required equity) for self-constructed property
- Land unencumbered
- Proceeds from the sale of another property
- Non-repayable gift from immediate relative

You can use funds that are given to you as a gift from your parents, grandparents or siblings. A gift letter needs to be signed by the family member providing the gift confirming the money will not have to be repaid

Non-Traditional Mortgage Down Payment Sources:

Any source that is arm's length to and not tied to the purchase or sale of the property, such as:

Borrowed funds

The borrower must have good credit and adequate income to be able to borrow funds for the mortgage down payment

• Gifts not from immediate relatives

Using non-traditional mortgage down payment options may result in a higher default insurance premiums

For a free, no obligation consultation to discuss your mortgage options, please contact me by phone @ 204-479-6064 or email @ shelleys@ onelinkmortgage.com.



Email: shelleys@onelinkmortgage.com Website: www.shelleystewart.ca

Gearing up for Teulon Ride-In Rally

By Jennifer McFee

The motorcycle community is getting all revved up for the upcoming Teulon Ride-In Rally.

The Sept. 9 event will raise funds for Project New Hope Canada, a nonprofit organization that offers support to veterans and their families.

Admission is free to the familyfriendly outing, which will feature a poker derby, 50-50 draw and various motorcycle games and kiddie games. Attendees can also look forward to antique motorcycles as well as a show and shine.

Event organizer David Leduchowski anticipates about 300 people will converge for the fundraiser, which is taking place for the second year.

"There's a similar rally in Cavalier, North Dakota, which is a town the size of Inwood. They've been going 20 years with their rally, and now they get about 6,000 to 7,000 people in for the weekend," he said.

"I'd love to see Teulon turn into that. If we could get 6,000 to 7,000 people to Teulon for a weekend every year, it would be a great way to promote the

The poker derby will feature five checkpoints: River City Rides in Winnipeg, Domo Interlake Service in Winnipeg Beach, Chudd's Motorsports in Gimli, Rosie's Café in Inwood and Main Street in Teulon. However, participants don't need to go to all the sites to participate since any site can be a start point or end point.

"This is to get people from Winnipeg out, but you can actually buy all your hands at one stop," Leduchowski said.

"So you can come straight to Teulon and you don't have to go in the whole





TRIBUNE PHOTO SUBMITTED

Teulon's Sunova Credit Union managing partner Bonnie Benn, left, presented David Leduchowski from the Teulon Ride-in Rally with a sponsorship cheque on Aug. 11. Sunova is the major sponsor for the event that will take place in Teulon on Sept. 9.

The event will run from 8:30 a.m. to 7 p.m. on Main Street in Teulon, which will be closed from Third Avenue to Fifth Avenue. Vendors can set up for free this year in an effort to grow the event.

"If anybody wants to set up as a vendor, there should be lots of space on the west end of Main Street," Leduchowski said.

"Right now, we're still in the building stage for the event, so we want as many vendors as possible, and they don't have to be motorcycle-related. If they do well and they want to give a donation to Project New Hope, that would

As well, the Teulon and Area Lions Club will sell concessions, donating 15 per cent of their profit to the fundraiser.

Free tent camping will be available in Green Acres Park for anyone who would like to stay over night on Friday, Sept. 8 and Saturday, Sept. 9.

Leduchowski extends his thanks to the Town of Teulon for its support as well as to businesses such as Sunova Credit Union, which is a major sponsor of the event.

Anyone who would like more information or would like to volunteer at the event can contact Leduchowski at 204-206-0297 or davidleduchowski@gmail.com. The poker derby route and other info is also posted on the Facebook page entitled "Teulon Ride In Rally for Project New Hope Canada."







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Home Life Investments Group Business Farm Travel

Registration now open for spiritual care course

Submitted

During critical times of suffering, trauma or loss, spiritual health can play a vital role in helping patients find their peace, inner strength and courage. It is during these moments of uncertainty that patients may need to regain their spiritual focus, recover their sense of purpose and reconnect with their beliefs.

Interlake-Eastern Regional Health Authority's spiritual health services program is once again offering the Spirit of Caring course this fall. It is a nine-week course that prepares volunteers to accompany and support

people in a health-care setting in a respectful, caring and compassionate

Marion Magnusson, Interlake-Eastern's spiritual health services co-ordinator for the west side of the region, explained spiritual care offers holistic healing. It is the activity of devoting presence, attention and respectful listening to people in helping them discern the meaning in life now — in this time and place, perhaps in the midst of a health crisis.

"It is through learning about spiri-

Continued on page 9



TRIBUNE PHOTO SUBMITTED

Marion Magnusson, spiritual health services co-ordinator, shown with her therapy dog Cassy, will be leading the Spirit of Caring course this September in Eriksdale.





"THERE IS SIMPLY

NO MECHANISM

TO LOSE YOUR

AT ALL"

Gimli RCMP hand out \$30K in warnings to Lake Winnipeg boaters

By Jeff Ward

RCMP found 92 per cent of boats checked on Lake Winnipeg were noncompliant with safety regulations earlier this month, and according to the Lifesaving Society's Manitoba branch, it all stems from a larger issue.

Gimli RCMP Staff Sgt. Bob Shabot found 24 out of 26 boats to be non-compliant and wrote up deficiencies totalling approximately \$30,000 during the Aug. 4-6 weekend. The infractions are quite varied and included things like not having a safety whistle, not having working fire extinguishers, nautical flares and more.

The problem, according to Lifesaving Society's Manitoba branch manager Kevin Tordiffe, is that there is simply a failure of proper education when operators get their licence. Tordiffe pointed out that the course, which can be done online, is designed to get people their licence and not much else.

"Most people will just sit down with a beer and click their mouse for 90 minutes and then they have their licence. But I question if they've really learned anything," said Tordiffe.

"All of the programs are designed to get you to pass and get you your card, and to me, that's why I believe all the people I've run into don't know the

rules. The 92 per cent is actually a very consistent number across many years. The vast majority of people I've come into contact with are non-compliant."

Tordiffe said that BOATING LICENCE in the instance that someone is operating their boat under the influence and are stopped by the RCMP,

the officer can give a fine and suspend the driver's licence. But the person can be out on their boat the next day as their boating licence isn't affected.

"There is simply no mechanism to lose your boating licence at all," said Tordiffe.

Even more unsettling is that when a boating licence is granted, there is no registry of the holder and no database that keeps track of non-compliancy issues or even verification that the card-

TRIBUNE PHOTO SUBMITTED BY THE RCMP

RCMP found 92 per cent of boats checked in Gimli during August long weekend to be non-compliant with safety regulations and requirements.

holders are who they say they are.

In Tordiffe's eyes, the lake is a dangerous place and should be treated as such. However, he's seen people often

not realizing that just because they're on a boat, it doesn't mean they're safe.

Continued on page 7



Rossdale dancers open Ukrainian pavilion



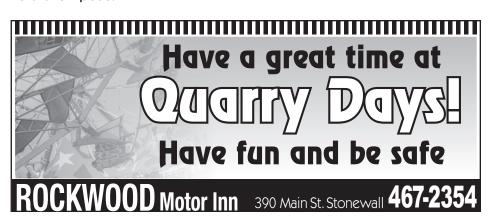




TRIBUNE PHOTOS BY LANA MEIER

Local dancers from the Rossdale Ukrainian Dance Club hit the stage for opening night of the Ukraine-Kyiv Pavilion this past Sunday. Folklorama runs throughout Winnipeg from Aug. 6 to 19 and celebrates the multiculturalism in our province with amazing hospitality, fabulous food and drink, and entertainment of 41 countries. The Folklorama Travel Guide includes show times, a map and special services. Visit www.folklorma.ca for more information.

Pictured top left: Stonewall's Jordan Riley performs the hopak, while his brother McHale Riley leads his partner in the volyn. Bottom photo: Alexa Loehmer, left, and Ella Loehmer, second from right, of Balmoral hold their pose.







SHOWTIMES:

Please check individual listings Due to various picture lengths showtimes vary

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FRI & SAT ат **7:30 &** 9:30 pm SUN-THURS **AT 8:30 pm**

Matthew McCon Idris Elha Tom Taylor

Not Recommended For Young Children; Violence Disturbing

mq 00:8 TA EACH NIGHT

Ryan Reynolds Samuel L. Jackson

Adult Accomu Coarse Lan 14A

Sunova golf classic raises over \$20K for Golf and Country Club

Submitted

Sunova Credit Union has donated more than \$20,000, the proceeds from the 12th annual Sunova Golf Classic, to the Pinawa Golf and Country Club to fund a new roof for the community owned and operated course.

The Pinawa Golf and Country Club was chosen as the recipient after winning a competition to find a partner organization for the event. After being named a finalist, the golf club and four other organizations shared short videos with the public for voting.

"We're thrilled to be able to support such an important organization, not only in the community of Pinawa but in the region," said Sunova Credit Union president and CEO Ed Bergen. "The club is not just about golf; it's also an important gathering place for the community, a large local employer and a huge source of tourism for the town. Once again, we've been able to raise funds to make an impact in one of our communities, and it's a wonderful feeling to be able to make a difference."

Over the past 12 years, the Sunova Golf Classic has raised approximately \$225,000 for local charities.

The 13th annual Sunova Golf Classic will be held June 8, 2018, at the Pinawa Golf and Country Club.



TRIBUNE PHOTO SUBMITTED

Sunova Credit Union staff members Justin Evenden and Grit McLean present more than \$20,000 in proceeds from the 12th annual Sunova Golf Classic to Jeff Anderson, Rhonda Henschell, Kara Morash and Glen Snider from the Pinawa Golf and Country Club.



Flower, fruit and vegetable show a blooming success

By Jo-Anne Procter

For 56 years and counting, green thumbs in the Interlake have gathered one day a year to showcase their gardening efforts at the South Interlake Garden Club's annual flower, fruit and vegetable show.

This year proved to be the most successful in five years, chairperson Tanya Daher told the *Tribune*.

"For sure, this was one of our more successful shows. There were 26 exhibitors who submitted more than 300 high-quality entries," she said.

"The attendance was really high. There was a constant flow of people that came to check out the show this vear and socialize over tea and dain-

Show judges Dorcas and Roger Brown, spent the morning critiquing each and every entry before choosing the first, second and third place win-

Teulon's Verne Slater was the big winner this year, earning the most points to receive the Grand Aggregate prize donated by Southside Service, and Lorraine Dnistransky of Teulon was named the Reserve Aggregate and received her prize donated by the Stonewall Teulon Tribune.

Other winners were as follows: most points in the garden flowers category - Kathy Simard; best begonia - Kathy Simard; best dahlia - Joan Hunter; best gladiolus - Jo-Anne Procter; best



TRIBUNE PHOTOS BY JO-ANNE PROCTER Robert Daher, left, and sister Sarah both won the children's categories for their respective ages.

outdoor container - Kathy Simard; best house plant - Lorraine Dnistransky; best specialty arrangement - Lorraine Dnistransky; best unique arragement - Lorraine Dnistransky; most points in senior citizens category - Linda-Faye Chapman; best four tomatoes - Lorraine Dnistransky; best display of vegetables - Lorraine Dnistransky; most points in vegetable



South Interlake Garden Club chair Tanya Daher, right, presented Verne Slater with the Grand Aggregate prize for earning the most points in the show.

class - Lorraine Dnistransky; best fruit Nicole Kapusta; children's category 6 years and under - Robert Daher; children's 10-16 years - Sarah Daher; best photograph - Kathy Simard.

The variety auction table and the farmers market, with vegetable donations by Rock Lake Hutterite Colony, added to the popularity of the event.

"There was a lot of interest from peo-



Alwyn Ammeter, left, and Mary Stewart admire the arrangements.

ple that had not attended the show before, so we look forward to even more success in 2018," said Daher.

The South Interlake Garden Club hosts events throughout the year and is open to anyone interested. You can watch for upcoming events in the *Tri*bune as well as on the club's Facebook page.

> WARNINGS, FROM PG. 4

Tordiffe said that even simple things like not wearing a life jacket or knowing how to navigate buoys are simply not known.

He understands that the RCMP have

limited resources to be out on the lake and as a result are using the time they are out there to give warnings instead of issuing tickets.

"But these rules have been implemented since 1999, nearly 20 years ago. I think the warning period needs to be over. We need to formalize the licensing process itself, form a national registry for licensing and, in general, do more to keep the water safe," said Tordiffe.

In June, the Lifesaving Society released a report that showed that Manitoba had the highest rate of drowning deaths of children in the entire country. Manitoba had 3.3 children under five years old die for every 100,000, which is three times the national average of 1.1.

The water is dangerous and these issues of non-compliance might not seem like a big deal to boaters, but as Tordiffe explained, those measures are there to save lives. And when they're ignored, accidents can turn into tragedies.









Welcome Back/Welcome to Nursery School Bar-B-Q & Annual General Meeting Sept 7, 2017 BBQ starts at 5:30 pm AGM starts at 6:15 pm 510 3rd Street West All parents & children from all programs are welcomed to attend

For more information please call Brenda at 467-5522

ibune



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RED RIVER > CHALET BEACH > LAKE WINNIPEG

When a fish comes, you jump on it!

Welcome, folks.

The clear, sun-filled sky seemed in tune with the great feeling I had last Wednesday as I walked on the bridge over the Brokenhead River to once again meet with my Ojibway friends for their summer fishing derby.

I noticed longtime councillor Winston Desjarlais was working his rod. As I approached him, he shook my hand, saying," Hi Arnie, how's it going?" We hadn't seen each other for a while, but after catching up, Winston gave us a humorous if not biting story from his youth.

Years ago when he was about eight, his favourite uncle took him to get some crayfish at the Red Lodge rapids. When uncle poured the"little lobsters," as Winston used to call them, into a pail, one fell inside Win's rubber boot. Well, it reacted predictably and began biting which caused him to hop around wildly. Uncle took charge of the situation and grabbed Winston, held him down and pulled his boot off. Free of the terrifying crayfish, Win settled down as his uncle gave him a comforting smile, ruffling his hair, saying, "Boy, you'll be OK." Before I left that after-

noon, Meech Hocaluk with

PHOTO SUBMITTED Jason Zhang Winnipeg with

catch at Hecla.

his secret bag of fishing tricks got first prize for the biggest walleye. The next day I went visiting our angling friends on the Selkirk pier and met Doug Smart, a Winnipegger who originated from Scotland. He was a thin fellow with grey hair, fine facial features and a ready, open smile. His story takes us to that wonderful Scottish highland town, Tomnavoulin, at a time just after the war. His family was having relatives come for a visit from Aberdeen and mother was in a tizzy because at that time getting any kind of meat for meals was impossible. Doug's grandfather Sandy Irvine heard of the crisis and showed up, bidding Doug come with him. There were many spring-

with trout, but they were all on Crown land and taking them was poaching. Intrepid Scotsman Sandy vowed there would be fish before their company on the supper table so he, with little Doug, shuffled along back roads to a fine crystal clear cold creek full of trout. There, big Sandy, barefoot with pants rolled up, waded into the icy water. Spreading his legs wide, he said to the boy on the bank, "When a fish comes, you jump on it!"

Then with lightening Sandy scooped speed, and threw fish to Doug. When they had enough, they strung them on a willow branch and tripped through lanes and fields home under the cover of night. When the relatives arrived, the whole family had their fill of a fine meal.

Toward the weekend, I was at a party for Robert Kristjanson at the commercial fishers' landing at the Gimli Marina Complex. Rob was a leader in the development of how commercial fishing works in the country and still fishes in his 80s. I sat listening to Rob, reminding us how the huge marina came from nothing to a place for all kinds of fishing and boating. Sitting

fed creeks in the area filled beside me was a young guy talking about lifting nets. It turned out he was a rookie commercial fisher who, without family connections or experience, decided this is what he wanted to do. Justin Cerbeandt, a huge unassuming lad with short sun-bleached hair, laughed as he recalled going out on his first openwater net-setting trip. The waves were eight feet high, slamming the skiff about wildly. He told his partner Mike Lenton, "I don't care if I'm going to be called a sissy, but we're going back to harbour!"

When they got there, all the other fishers had stayed in. One old-timer looking at them shook his head, saying, "You don't go out in this!"

I sat there listening to Rob talking about his halfcentury of fishing and to Justin who was just starting, and I was filled with pride knowing our fishing culture and industry is alive and well in these men. I've wanted to show you the picture of Jason Zhang with his catch at Hecla for some time. He struck me as such an interesting chap because he will only fish Hecla and he's one of those guys who, when nobody's catching anything, he will.



Tribune





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Pet owner grieves dog lost to hit and run

A Winfield Road resident is urging drivers to slow down after her beloved dog was killed in a hit-and-run

On Aug. 2, Cindy Friesen was dismayed to discover that her family's three dogs — David, Princess and Klondike — had escaped from their enclosure at about 7 a.m. They had just put up new gates and made some modifications to give the dogs more space, but the pets somehow found a way out.

Then their dismay turned to despair when they found out that David was hit and killed by a car driving on Winfield Road. They had been searching high and low for the dog before her husband Albert discovered David lying dead in the ditch.

Although David was wearing a collar with phone numbers on the tag, the driver didn't call them to let them know about the accident.

"They were in the enclosure and they escaped and we have to come to peace with that. But if you hit a dog or a cat, you should stop,"Friesen said.

"To hit a dog and just drive away, that's just cold. They need to know that somebody does care about the animal. They could have at least had the decency to take him to the vet and

say they found him like that. If you hit a dog, you should stop."

The other two dogs are having a hard time dealing with the loss of David, who was nearly nine years old.

"For the first days, they didn't eat and they weren't going into their dog houses. But then Princess went into David's dog house and she would not come out, and it was the same with Klondike," Friesen said.

"It was a nightmare for three or four days, but we've got them eating and running around. It's not like they're over it yet, but they're doing better than they were."

Likewise, the family is still dealing with the aftermath of the incident.

"We're all mixed up. I'm not going to lie," Friesen said. "I'm not going to sit here and say that I'm OK because I'm not, but we still have the other two dogs that need to be taken care of."

Since they moved to Stonewall from East St. Paul six years ago, they've noticed that many drivers speed down their road. Friesen plans to bring the issue up with council. In a similar situation, a driver hit their neighbour's dog and drove off.

"Luckily, they saw him there and picked him up," she said, "so he's still

She hopes that whoever hit her dog



TRIBUNE PHOTO SUBMITTED

David, the dog in the middle, was recently killed in a hit-and-run incident. He is shown here with Klondike on the left and his sister Princess on the right.

will think twice about speeding — or maybe even apologize for the acci-

"People need to hear the human

side of what happens when they kill pets because they're not careful," she said."We're so upset about the whole

> SPIRITUAL CARE, FROM PG. 3

tuality that your own perspective on life will change. You will grow in understanding more about yourself in the diversity of expressing who we are as human beings," said Magnusson. "Our awareness of the cultural lens we wear will develop a broader scope to embrace the spiritual in all faith communities. Additionally, you will learn how to be available to another, to be quiet with another and to listen without having to respond to be fully present with another."

Participants will learn practical applications of spirituality in a variety of situations in health care, including how to recognize, respect and support a spiritual need, and how to attend to spiritual distress, conflict and dilemma in themselves and others.

Debra Perrault from Stonewall took the course in the spring and has since become a spiritual health volunteer with the regional health authority. She found the experience rewarding and enjoyed exploring the diversity of spiritual traditions, beliefs and cultures.

"If everyone signed up for this course, the world would be a much happier and kinder place. I can't say enough about how much this course has taught me; it opened up a new world," said Perrault. "No matter what we have as beliefs, we are all connected in some way. We have to find common ground and work together."

The course is a pre-requisite for spiritual health services volunteers. It runs from Sept. 21 to Nov. 16 at the E. M. Crowe Memorial Hospital in Eriksdale, Thursdays from 1

The deadline to register is Sept. 7. There is a \$100 fee that will be waived for those who become spiritual health ser-

vices volunteers. For details and to register, contact Marion Magnusson at 204-785-7028, cell: 204-641-1379 or mmagnusson@ierha.ca.

About Interlake-Eastern RHA's Spiritual Health Services: Spiritual health services' objective is to advance the integration of spiritual care in health care through education, promotion and clinical practice in order to facilitate healing, improve patient experience and satisfaction and to help people faced with illness, suffering and grief find comfort and meaning, whoever they are, whatever they believe, wherever they are.

There are currently two spiritual care co-ordinators serving the east and west side of Interlake-Eastern RHA.



Call (204) 691-5969 or email mszutiak@peoplescornerlaw.ca

Stonewall Odd Fellows Lodge #49

Charity Golf Tournament

SEPTEMBER 11, 2017 Warren Golf Course

To Support:

Stonewall Youth Drop In Centre: South Interlake Food Bank: Christmas Cheer Board

> 1:00 pm Start Time **Shot gun start**

Dinner at the "Odd Fellows Hall" in Stonewall

\$100/golfer includes Green fees, Cart & Supper and Tax Receipt

Hole Sponsorship Available for Cost \$100 or \$475 including 4 golfers

Deadline for Sponsorship August 31st, 2017 Deadline for Golfer REGISTRATION August 31st, 2017

Contacts:

Glenn Berardin Ph. 204-888-9823 glennber@mts.net

Doug Livingston Ph. 204-467-2690 dwlivina@mts.net



Wildlife rehabilitation centre receives council approval

By Jennifer McFee

Rockwood could soon be home sweet home for orphaned bear cubs.

At the Aug. 3 meeting, Rockwood council approved a conditional use application from Roger and Judy Stearns to operate a wildlife rehabilitation centre on their property, located about 2.5 kilometres north of Stonewall.

Judy Stearns said they still need to get a permit from the provincial government before they can proceed.

"Getting the RM's approval was the final requirement from the list that the province said we had to meet. We've done all of what they said, but we still have to get their permit for it to be a done deal," she told the *Tribune*. "If a bear turned up that was in need

of a place, we could take the cub within a short time as soon as we have that permit."

She is currently taking names of people who are interested in becoming committed volunteers. However, she said that the fewer people who are in contact with the bears, the better.

Stearns extends her gratitude to Rockwood council and to the South Interlake Planning District.

"They've been really supportive and helpful. They've been excellent to work with the whole way," she said.

"We're hoping that the people in Stonewall and Rockwood are happy and are as supportive of it as we are. We're doing this for the public in the whole province. These bears belong to everybody; they're not our bears. I want to do for the Manitoba animal lovers because it's something that people have wanted for a long time. This is for everybody."

The facility must adhere with the conditions set out by the RM of Rockwood. These conditions outline that the facility must not be open to the public, and at least one certified wildlife rehabilitator must be on staff. The bear cubs must be kept in permanent captivity at the facility, and rehabilitation and release must be co-ordinated with the responsible government department.

The facility must also operate as a not-for-profit without reliance on government funding. Several other conditions also apply.

Rockwood approves temporary permit for Ignite Retreats

In other Rockwood news, council authorized a temporary one-time permit to host the I Am Family Camp from Aug. 11 to 13 and the I Am Fes-

tival from Aug. 18 to 20. The event is slated to take place at Ignite Retreats near Teulon.

A resident expressed various concerns to the *Tribune*, including issues related to noise, security and insurance.

For the I Am Festival and I Am Family Camp, council requires that several conditions be met.

All operations must follow the RM's bylaws, and all noisy activities that would be a nuisance to nearby properties must stop at 11 p.m.

All parking is only allowed on the site and not on the roadside. As well, any necessary provincial permits and licences are required. Professional security services must be contracted, and a notification of the event will be sent out to the RCMP, EMS and fire services with details of the site layout and hours of operation.

All further events at the site will require a separate application.

Council passed the resolution at the Aug. 8 meeting, with Coun. Mark Hidlebaugh opposed.



Local rodeo wrangles donation



TRIBUNE PHOTO SUBMITTED

Teulon Sunova Credit Union member service representative Rhea Senick, left, presented a cheque to Dave Tarko with the Teulon Rodeo committee last Friday. The Teulon Rodeo will take place Aug. 26 and 27. For more details, see the ad in this week's *Tribune*.

Kicking Cancer fundraiser set for Sept. 9

A Woodlands woman is busy organizing her third annual fundraiser to kick back at the disease that touches everyone's lives.

Christina Hooper is gearing up for another rendition of the Backcountry Kicking Cancer Run, which is scheduled for Sept. 9 in Warren to raise funds for CancerCare Manitoba Foundation.

Her main motivation stems from seeing her loved ones battling the disease. She hosted her first Kicking Cancer event in 2015 after watching her mom's dad lose a battle with leu-

"He was a hard-working farm man. The moment he was diagnosed with cancer, everything changed. He had to sell his cattle and I watched him deteriorate very rapidly," said Hooper, who hosted the first fundraiser in his honour."I wanted to do this event to raise awareness. Just by talking to people, I realize how much everybody has been touched by cancer."

Last year, Hooper lost her other grandfather to cancer. Her Opa was diagnosed with prostate cancer and bone cancer, and he died within six months. She dedicated the second fundraiser to him.

This year, her Oma is currently in the midst of a battle with cancer. She

underwent surgery a few months ago and her treatment is ongoing.

"I watched her lose my grandfather and now she's fighting cancer. She has just finished three weeks of radiation and she is fighting for her life," Hooper said. "She has had cancer in the past, but this one has come back with more of a vengeance."

Hooper's first fundraiser, which was a free boot camp, raised \$1,700 for the cause. The following year, her fundraiser brought in \$2,700. This year, she is stepping it up a notch with the goal of raising \$5,000.

The event's format has changed so it is now a five-kilometre race that is sponsored by The Running Room. Participants can also opt to do a twokilometre walk or run, and top finishers will receive medals.

For anyone who is unable to pick up their race kits the day before the event, registration will take place at 7:45 a.m. on Sept. 9. The main event hub will be at the West Interlake Trading Company Country Market area, where vendors will set up table to sell their wares. Vendor applications are still being accepted at a cost of \$25 to rent a table.

Funds will also be raised through a silent auction, and prize donations are being gratefully accepted. Refreshments will be available for purchase,



TRIBUNE PHOTO SUBMITTED

Backcountry Fitness is looking for participants and vendors to take part in the Backcountry Kicking Cancer Run on Sept. 9.

including homemade hamburgers made with beef supplied by a local

To register, to donate or for more information, visit the website for Hooper's business, Backcountry Fitness and Conditioning, at http://backcountryfitnessandconditioning.com.

To become a vendor or to donate a silent auction item, contact Hooper at 204-899-8660 or backcountry4fitness@ gmail.com.

letters

Letters to the Editor: letters@stonewallteulontribune.ca

Hog industry good for the environment, economy?

Dear Editor.

Re: George Matheson's article, (Winnipeg Free Press, 26 July), The hog Industry is good for environment, economy.

A longtime hog farmer, George Matheson, as chair of the Manitoba Pork Council (MPC), has made spin doctoring comments that distinguish manure and the nutrients in manure as separate entities. In fact, they are not. Liquid hog slurry, as with all manure, is a manure fertilizer containing a mix of nutrients that cannot be separated out using earthen manure storage and current application tech-

Regulations control the amount of manure and nutrients within manure that can be applied as fertilizer to the land. Matheson claims manure stays

put and only the nutrients move into water. Manure is the source of these combined nutrients that are a cause for concern. His defence of manure "not polluting" is incredulous bafflegab designed to confuse the public.

Synthetic fertilizer is formulated and blended to meet both the nitrogen and phosphorus (N & P) requirements of a particular crop in proper balance. Liquid hog manure nutrients are not in balance with what a crop needs. Slurry is applied by regulation on what nitrogen is needed until phosphorus builds up to excessive amounts. By then, it is too late. There is too much phosphorus in the soil to prevent nutrient losses to the environment and water bodies such as Lake Winnipeg.

Hog producers have been allowed

to apply manure at rates that exceed crop requirements for P. This has resulted in a buildup of phosphorus on hog manure fertilized land. Increases in phosphorus improve crop yields until it reaches a level adequate for crop production, after which there is no agronomic benefit.

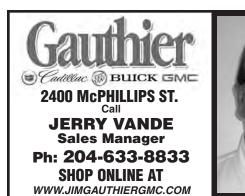
Unfortunately, as the fertility status of a field is improved, the amount of phosphorus available for transport to surface water also increases. This is because as soil test P increases, the soluble forms of P also tend to in-

crease. For this reason, it is very important that soil P levels be managed to optimize crop production and minimize risk to water quality.

Further more, soil specialist and scientist Don Flaten, University of Manitoba, has previously responded to comments when he addressed the situation of excessive phosphorus and the risk to surface waters, like Lake Winnipeg, telling us, "We know that soils don't have an infinite capacity to retain phosphorus. At some point, sooner rather than later, farmers will have to balance applications of phosphorus with crop removal."

I doubt Mr. Matheson is ignorant of

John Fefchak



Teulon residents concerned over the health of the hospital

By Lana Meier

The Teulon council chamber was packed wall to wall on Aug. 8 with the crowd overflowing into the entranceway, packed with concerned citizens hoping to get information regarding the health of the Teulon hospital and doctor shortage.

But the only thing they heard was that council was trying to change the physician treadmill and to find doctors who want to stay in the community.

Mayor Bert Campbell assured the crowd that council is working towards finding a sustainable model of health care for the community, but the Interlake-Eastern Regional Health Authority is the only one that can change the current situation.

"We have not been doing nothing," said Campbell, "but after working with the IERHA for three and half years to resolve the problems at the Teulon Hospital, we seem to take two steps forward and one back.

"Things have been digressing in the past and we have been trying to get doctors here."

Campbell's concern is that there are only a few doctors today that want to run a clinic, be on call and work the emergency room.

"We need five doctors to operate an emergency room, and that is very difficult."

Teulon has considered the headhunter situation but feels that throwing \$250,000 around is not beneficial at this time. There are a couple of communities that have done this but there are still no guarantees after four years that the doctors will stay.

Campbell felt that the nurse practitioners were a great option and commended Dr. Loudon for taking on the extra workload and keeping the Teulon Hospital clinic open.

"Dr. Loudon is very stringent about follow-up care, and to have the NPs (nurse practitioners) in the clinic, they had to be attached to Dr. Loudon. However, the NPs started that way but then decided they didn't like it and wanted to work independent," said Campbell.

Campbell was happy to report that Dr. Loudon has been mentoring a



TRIBUNE PHOTO BY LANA MEIER

It was standing-room only at the Town of Teulon meeting Aug. 8 for those who were hoping to get information regarding the health of the Teulon Hospital and the doctor shortage.

new NP who will be starting in September and that another doctor will be starting after the September long weekend.

"Dr. Kornelson should be starting after the September long weekend and she will be doing one day a week. She is a lady doctor coming from Lockport."

Campbell said he is concerned with the 2,300 attachments that Dr. Loudon is working with. It is 600 over what he should have.

"We are looking for some help for Dr. Loudon so he doesn't get burnt out," said Campbell.

Teulon council said the health sustainability committee would continue to work closely with the Interlake-Eastern RHA.

"We really have nothing to do with all this. It's the IERHA. We have two meetings a month but we have worked really hard trying to get them to see our way and see what we want done," said councillor and board representative Michael Ledarney.

"We are looking for a permanent solution, not a Band-Aid."

Several people raised their concerns regarding the nurse practitioners having to report to Dr. Louden. It appeared at the meeting that most attending felt that the town should bring this up at the health sustainability committee and encouraged them to ask the IERHA to allow nurse practitioners to work independently and not under the umbrella of Dr. Louden.

"Nurse practitioners do not have to work under the umbrella of a doctor," said Marilyn Korotash.

"They have taken the course. NPs can do everything that a doctor can do except admit to a hospital, which we don't have anyways, and the triplicate prescriptions. We had really good nurse practitioners here but they are

gone. They took their course and don't need to be told by someone what they should be doing, what they can do or what they can't do. Kaitlyn and Paul are leading very good practices. If we want doctors and nurse practitioners to stay, they don't need to be told what they can do," said Korotash.

Korotash also suggested that the website should be updated regarding the 18-bed hospital and the emergency room.

Campbell sympathizes with the community and feels that Teulon has been neglected for the last four or five years.

"It's hard for the province to do much for us when the government is trying to deal with the huge deficit. They started 2017 with a \$23-million deficit," said Campbell.

Ledarney asked those attending the meeting to have a little more patience.

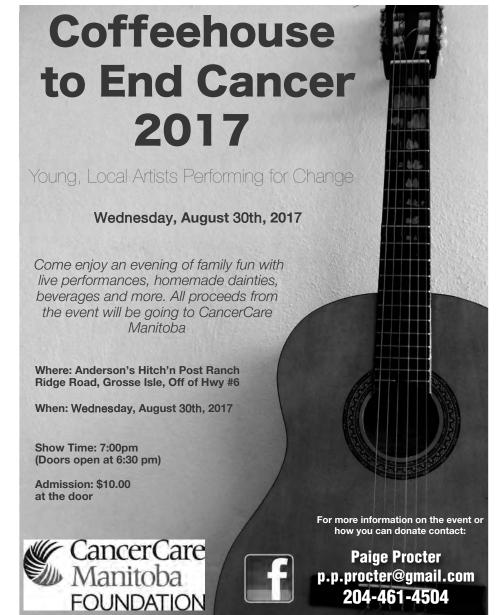
"We are hoping by September that we have some better information about the doctors but because the town doesn't have any say in this, we don't want to put out any false hope. Come September, there is some strong indication that we will have some good news," said Ledarney.

Campbell spoke briefly on the problems with ambulance service and the government garage closures.

Council has proposed that when Teulon builds their new fire hall that the old fire hall could be converted into an ambulance garage. The fire hall should be built in a year in a half.

It was suggested by Korotash that residents should send letters to the IERHA or the *Tribune* to voice their concerns on how the Teulon clinic is operating.

Council will organize a public meeting in the near future to discuss health-care issues.





A Community Tradition for 33 years

AUGUST

Stonewall Quarry Days turns Main Street into a midway for three days of music, family fun, food and celebrations. Thousands come from all over to participate in the weekends' events. Be sure to take in the street vendors, check out the local sidewalk sales and enjoy our local restaurants.

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Stonewall Teulon

















Culture, Heritage Tourism and Spor



RM OF ROCKWOOD

Schedule of Events

9am-6pm Used Book Sale-behind the

5pm WonderShows Midway Opens 6pm Beer Gardens & BBQ opens

- Stonewall Legion \$10 Admission 18 yrs & older

5pm-9pm Rocklands Antique Tractors/ Corn Roast-Main Street

6:30pm Meat Draw -

Stonewall Legion (inside) (#418)

8pm "Hallo Jump" -

Stonewall Legion (inside)

8pm DOC WALKER on Free Stage on hill at VSMC

Sponsored by sunova

10pm (apprx) FIREWORKS

- south end of Main St. at VMSC

Sponsored by

The Rockwood Quarry Producers

10:30pm Past the Perimeter -

at Legion Beer Gardens (Must be 18 yrs old \$10/person)

SUNOVO CREDIT UNION

FREE

Friday,

August 18th

Friday Entertainment Starts at 8 pm at VMSC, south end of Main St.



Bring a blanket or lawn chair and join us on the hill. (Rain? Join us inside the arena)

10 pm

FIREWORKS

Sponsored by

THE ROCKWOOD QUARRY PRODUCERS



STONEWALL LEGION

QUARRY DAYS EVENTS - 2017 AUGUST 18th, 19th, 20th

FRI AUG 18th

SAT AUG 19th

6:00 - BEER GARDENS OPEN & BBQ \$10 CHARGE AT GATE, 18+ BRING ID

6:30 - MEAT DRAW - CLUBROOM (418) 8:00 - ENT. - CLUBROOM "HALLO JUMP"

8:00 - NOON PANCAKE BREAKFAST - HALL NOON - BEER GARDENS OPEN & BBQ

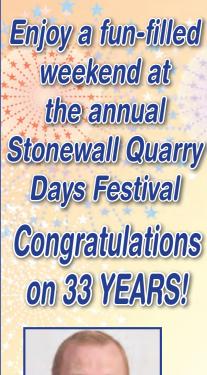
7:00 - BEER GARDENS \$10, 18+ BRING ID

8:00 - CHRIS HOFER - MUSIC MAN IN BEER GARDENS

SUN AUG 20th

8:00 - NOON PANCAKE BREAKFAST - HALL NOON - BEER GARDENS OPEN & BBQ 1:00 - TONY LETKEMAN - BEER GARDENS

> AT THE STONEWALL LEGION BRANCH #52





Ralph R. Eichler MLA LAKESIDE

Constituency Office 204-467-9482 Box 1845, 319 Main St. Stonewall



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Doctors Vision Centres

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Slo-Pitch Tournament at Quarry Park Ball Diamonds

Pancake Breakfast- Stonewall Legion Auditorium 8am-noon

Used Book Sale-behind the South Interlake Regional Library 10am-4pm

11am **PARADE** - Starts at VMSC,

down 3rd Ave S to 5th St. West

to 1st Ave North



4L Communications Inc. Telus

Noon **WonderShows Midway**

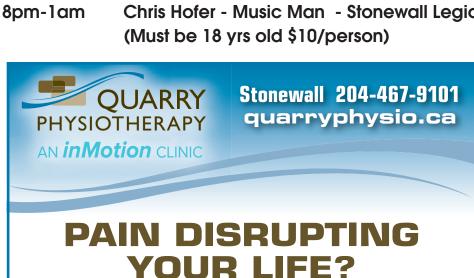
Beer Gardens & BBQ opens Noon - Stonewall Legion **Rocklands Antique Tractors/Corn Roast** Noon-9pm

Noon-4pm Free Quarry Tours - register at booth on Main St. by The Red Apple

Noon-4pm FREE ENTERTAINMENT STAGE - see info on next page

Sponsored by Maple Leaf Construction

1pm-5pm Games Tournaments inside at Stonewall Youth Drop In Centre 311 1st St East Chris Hofer - Music Man - Stonewall Legion Beer Gardens





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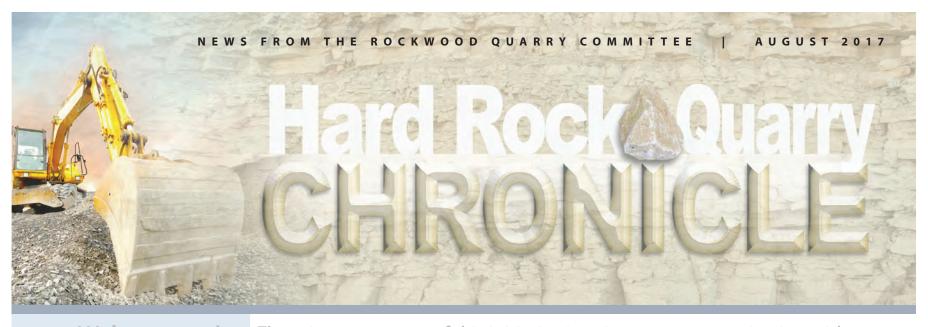


2017 Parade Route





asks that you please keep yours at home to ensure everyone's safety... including your dogs.



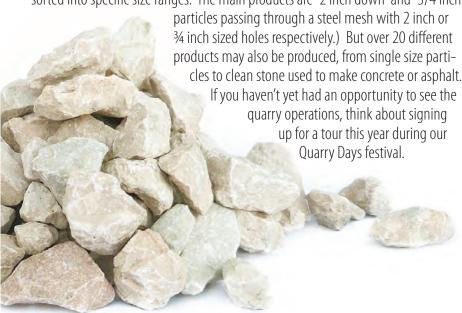
Welcome to the

The primary purpose of this initiative is to improve communication with first edition of the citizens of our municipality in relation to this very important mining our Rockwood industry. We hope this will work both ways, so we invite your feedback and questions to improve the content of this newsletter in future issues. Feel free to contact any member of the committee with your comments or questions.

What is Aggregate?

I hen we build any 'infrastructure' in our society, it requires a foundation of 'aggregate'. This term refers to a group of mineral commodities that include sand, gravel and crushed stone. The important physical properties of these materials are their ability to both 'interlock' into a strong supporting pad when compacted, and to drain off subsoil water which otherwise weaken the soil's supporting strength. All of our municipal roads, provincial highways, streets, parking lots, sidewalks and driveways are supported by a bed of 'aggregate' material, strategically sorted in stone fragments sized for maximum strength. Aggregate also underlies building foundations and sewer lines, and is a component of asphalt and concrete building materials themselves. Because it is so indispensable to all of our construction needs, the true resource value of aggregate for society can be equated to energy or water. Without aggregate, there could be no infrastructure — our very economy is predicated on the availability of this rare geologic resource in close proximity to our construction locations.

A multitude of 'aggregate' products are made in the Rockwood quarries, distinguished by the range of particle size fractions of which they are comprised. Blasted rock is subsequently crushed down by large machines into rock and gravel size. This material is flowed through a series of steel sieves and thereby sorted into specific size ranges. The main products are "2 inch down" and "3/4 inch down" (all stone



The Provincial importance of Aggregate minerals

hy not get our aggregate from somewhere else – a remote location where the inevitable impacts of the industrial mining activity do not affect our local neighborhoods?

There are two important reasons. First, we need aggregate minerals in enormous volumes where ever we are building infrastructure, which coincidently is within our cities and towns, and the transportation linkages that serve them. To get

it there, aggregate must be trucked, and it is this delivery cost that is the primary constituent of the value. For example, over 200,000 truckloads a year are required to distribute the stone production from Rockwood's quarries to the final construction locations in the Winnipeg region. Even a few additional miles of hauling significantly increase the end cost that must be paid by for each construction project, which are to a large extent funded by tax payers. Given environmental concerns today over global warming,

consideration of the added fuel expended and the increased carbon footprint to access more distant sources of aggregate is also important.

The second reason for maximizing our use of any available aggregate deposit is that such deposits are frustratingly rare, found only where unique geologic circumstances have occurred over the millennium. For sand and gravel deposits, the rapid flowing of glacial meltwaters were required to wash away fine sediments and leave buried residual stone particles in ancient river beds and deltas. Winnipeg was fortunate that the high lands of the Birds Hill complex

are comprised of such features. Historically the source of aggregate for our communities, this deposit is nearing depletion. The lands where the quarries are being mined in Rockwood comprise

an even more unique geologic circumstance, where the underlying limestone bedrock protrudes close to the surface and can be easily accessed. Elsewhere, the bedrock is buried too deeply by earth deposited over the glacial history, such as old Lake Agassiz sediment. The hardness of the protruding limestone bedrock prevented its erosion by over-riding glaciers, leaving a topographic high. The engineering qualities of that same limestone bedrock, and it's accessibility from the surface, make it an ideal aggregate source.

The Provincial government recognizes the relative rarity and strategic importance of geologic sources of aggregate. Since the 1970's Manitoba Mineral Resources has carried out an ongoing program to identify locations of high aggregate potential. Policies have been established by regulation under The Planning Act to prevent undue sterilization of such aggregate sources by the development of incompatible land uses. These restrictions are embodied in municipal development plans and zoning bylaws, which recognize that mining of aggregate, is an interim land use. Once the aggregate has been removed, these lands will be rehabilitated to alternative land uses in accordance with other policies of the local municipal plan.

Many areas of high aggregate potential have already been sterilized by residential development. Where quarrying activity advances in proximity to established communities, it is important to minimize the impact. A myriad of provincial regulations exist for this purpose. Operational standards are set out in the Quarry

Minerals Regulation (MR65/92) under The Mines & Minerals Act. Storage and handling of petroleum products is regulated under The Environment Act. Water discharge is regulated under The Water Rights Act. Through The Planning Act, authority to control quarrying as a land use activity is delegated to the RM of Rockwood, implemented by policies under the South Interlake Development Plan. Quarry owners are required to enter into development agreements with Rockwood as a condition of operation. The application of this complex array of environmental controls is a central

function of the Rockwood Quarry Committee, building consistent standards through pro-active dialogue with both the local residents and the producers. While a simplistic NIMBY ('not in my back yard') disallowance of quarrying would reduce effort and hassles, the RM of Rockwood has historically taken a more responsible approach to balance the needs of all. No one can say this process has been perfect, but advancements continue to be made. Through the development of best practices, cooperation, dialogue and ongoing effort by all parties, this goal can be achieved.

Aggregate deposits are frustratingly rare, found only where unique geologic circumstances have occurred over the millennium

What is The Rockwood Quarry Advisory Committee (RQAC)?

Strictly an advisory committee, the RQAC generally meets on a monthly basis and reports back to the elected Council of Rockwood. It has a mandate to address the diverse issues associated with the 'quarry operations' in the municipality. Originally struck in 2004, the committee is chaired by the Reeve, and includes Councillors as well as the Chief Administrative Officer. Each of the six major quarry producers has a representative present. There is also a citizen's representative from the immediate vicinity of the primary mining area. Other non-voting guests are brought in by invitation to provide information and advice. This has regularly included representatives from the Manitoba Mineral Resources, Water Stewardship and Conservation Departments, as well as the South Interlake Planning District.

A central purpose of this standing committee is to provide a forum for more open communication among all the parties involved with and affected by quarry operations. Factual information is accumulated and documented as a basis for analysis and recommendations to Council. Solutions to issues are explored collaboratively, often proposed and implemented by the operators themselves in response to improved understanding of local expectations and concerns. This Committee authored the "Rockwood Quarry Technical Study (Secondary Plan)" that was incorporated into the South Interlake Development Plan, providing land use planning direction to future quarry and post mining development in the municipality.

Agenda items at recent committee meetings included: review of 2017 rehabilitation work, monitoring of blasting noise levels, status of water pumping and drainage, traffic signage and safety. Good progress has been made in relation to reducing blasting noise concerns, with initiatives by the operators utilizing improved blasting technology in relation to seismograph monitoring. However the expansion of the area disturbed by excavation activity over the years has exacerbated ambient dust levels, which continue to be problematic on windy days. A current priority of the committee is to address this problem, exploring the effectiveness of a range of remedial measures.

Rockwood's Quarry Industry

uarry operations have been part of the fabric of our municipality since the early 1900's and are intrinsic to the very names of 'Rockwood', 'Stonewall' and 'Stony Mountain'. A unique geologic circumstance, exposed within only a few square miles of area, presents a hard dolomitic limestone bedrock guite close to the surface. Glaciers which overrode this area long ago scraped off the loose earth mantle but could not erode this cap of very hard stone. The practical value of this near surface dolomite formation as a source of crushed stone 'aggregate' for construction purposes was not recognized until the mid-1960's. Since then production has steadily increased. Today, Rockwood's quarries represent one of the most important mining regions in Manitoba, supplying more than half of the aggregate required for infrastructure development throughout the Winnipeg region.

Six guarry producers currently operate within the confines of a 6 square mile area. On an annual basis they produced almost a quarter of the total aggregate volume (all sand, gravel and stone) that is used

in the Province. That was over 5,680,000 tonnes in 2015. In the course of a single year more than 200,000 truck-loads of crushed stone are hauled out of

our Rockwood guarries in the Stonewall area and delivered to individual construction sites. In addition to these trucking enterprises, over 100 employees work directly for the Rockwood guarry producers. An array of other local

businesses suppling goods and services to the six quarry operators also benefit financially from this important industry.

> The quarry producers also support the broader local community through taxes paid to the RM of Rockwood. There is a municipal levy on every tonne of crushed stone produced, as well as a municipal levy on the roads used for hauling.

Combined, these generated over \$1 million of revenue for the municipality in the last year. To put that in context, almost 14% of every dollar spent by the municipality each year comes from the local quarry producers.

Members of The Rockwood **Quarry Advisory Committee** (RQAC)

REEVE

Jim Campbell204-467-2272

CHIEF ADMINISTRATION OFFICER

Chris Luellman 204-467-2272

COUNCILLOR

Art Goudy......204-467-2272

CITIZEN'S REPRESENTATIVE

Doug Carter.......204-467-8304

STANDARD LIMESTONE OUARRIES

Merle Balsillie204-467-2445

BORLAND CONSTRUCTION INC.

INLAND AGGREGATE

James Kaskiw......204-334-4300

LAFARGE CANADA

Kevin Zaharia204-958-6333

MAPLE LEAF CONSTRUCTION LTD.

Daniel Maynes......204-958-7400

ARMSTRONG CONSTRUCTION LTD.

Jeff Yablonski(204) 643-5071

GLACIAL STONE INC.
Andre Gamby204-777-2233

QUARRY INSPECTOR (MMR)

Norm Barylski204-771-6831





On an annual basis they

produced almost a quarter of the

total aggregate volume that is

used in the Province.





A landscape in transition

uarry operations are both a 'land use' and a'use of land'. The substantial quantities of crushed stone being excavated result in enormous transformations to the landscape. For the eyes of most who don't understand the efficient systems at work, it may appear to be massively catastrophic dereliction. But in fact every movement is carefully planned and executed to maximize access to the valuable rock while minimizing earth movement, from the outset to the final site restoration.

By the end of the day, the lands will be rehabilitated back to a condition that is environmentally safe, stable and biologically productive, conducive to a host of new land uses from agriculture to estate residential development. Under provincial statute (The Mines & Minerals Act), all quarry operators pay a rehabilitation levy on every tonne of stone produced at the end of each year. This money is set aside in a dedicated fund used exclusively to pay for rehabilitation of the post-mining lands. Since this program was introduced in 1991, quarry producers have initiated progressive rehabilitation work at numerous locations on their properties. Over \$3.4 million dollars has been expended on rehabilitation work to date. The quarry operators work collaboratively with each other and with municipal officials to optimize their efforts. As the mineral resource is depleted, progressive rehabilitation will continue until the end objective is met. One of the important functions of the Rockwood Quarry Committee is to expedite this process through the sharing of information submissions and ongoing dialogue.

Blasting Noise and Vibration

I ithout doubt the most controversial aspect of any quarry operation is the noise and vibration from blasting activity. Rockwood is no exception. Citizen concerns in the late 1970's led to Clean Environment Hearings and the establishment of engineering based blasting noise and vibration limits to address the concerns of neighboring home owners. Vibrations from blasts that are below these limits (which include a substantial margin of safety) will have no detrimental impact on nearby structures. These standards were initially imposed under individual Environmental Licenses, and later applied to all quarry operations throughout the entire province by Regulation 65/92 under The Mines & Minerals

While the standards are enforced provincially by Manitoba Mineral Resources, the RM of Rockwood concurrently asserts it's authority through municipal development agreements and land use planning controls. Protocols have been developed to systematically investigate and promptly address any complaints received. The Rockwood Ouarry Committee liaises with the provincial regulator and the individual quarry operators regarding compliance. The monitoring of the noise and vibration emitted from each individual blast is now carried out by using modern seismographic equipment, and that information as well as the blasting design and plan are made available for regulatory review.



Engaging with the University of Manitoba Landscape Architecture Program

he potential of the landscape transformation that results from quarrying in Rockwood has captured the imagination of innovative instructors in the Landscape Architecture Program at the University of Manitoba. Professors Dietmar Straub and Anna Thurmayr, as well as their students, have been guests at Rockwood Quarry Committee Meetings and are enthusiastically exploring cooperation opportunities. Last fall, Deitmar ran a design studio with his students, challenging them to imaginatively design postmining configurations and land uses in one of the

older quarry areas. A follow up project is being planned this summer.

By supporting this ongoing education initiative in the graduate Landscape Architecture program at the University of Manitoba, the Rockwood Quarry Committee sees opportunities to advance understanding in the science and art of land remediation, as well as development of innovative local site design solutions. The quarry operators have enthusiastically embraced the initiative, opening student access to their properties and sharing information resources. Wouldn't it be



Saturday, August 19th

33rd Annual Stonewall Quarry Days FREE ENTERTAINMENT STAGE

South end of Main Street at 3rd Ave. South

Proudly Sponsored by





12PM - ROBIN CHESTNUT

Extreme juggler, Robin Chestnut has been wowing audiences for over 20 years. His championship quality skills have taken him round the world, but it's his affable personality that wins your heart. With a wry wit, steady hands, and a truly odd skill set, he's the juggler you don't want to miss!



2PM - THE BOY & THE SEA

The Boy & The Sea is a breath of fresh air on the Winnipeg music scene. The band is fronted by vocalist Mike Burnard, electric guitarist Jay Reddecopp, Luke Jacob Thiessen on bass and drummer Allen Penner. Combining contagious melodies with folk-infused rock, moving rhythms, and captivating harmonies, this Winnipeg (Steinbach) band is on the path of delivering a sound that is craved by many.



Brad Moggie is a fiddle player from St. Ambroise, Manitoba. Brad first began playing the fiddle at the age of 10, when a fiddling program was introduced at St. Laurent School. Brad has played all over Manitoba and some of the major cities of the West Coast. A wonderfully talented young musician who is arguably one of the best of Manitoba's Metis fiddlers. Prepare to be entertained and impressed — and, oh yeah, bring your dancing



1PM - CROSSROADS

"Crossroads" is a small town band that can be heard playing all types and styles of country music, ranging from your country classics to todays top hits! "Crossroads" has had the honors of winning the 2014 Battle of the Band's in Warren, and playing at the Burton Cummings Theater. Crossroads members are 5 Metis Men from the Interlake area that have grown up listening to metis and country music, and have a passion for music that can be heard in their upbeat fiddle songs, and heartwarming harmonies.

Info Booth • Vendor Assistance OPEN Friday 4pm-10pm, • Sat 11am-9pm Sun 11am-4pm Located on Main Street near 1st Ave. South

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When:

Sat. Aug. 19 12-4 p.m. Sun. Aug. 20 12-3 p.m.

Register at our booth on Main Street, near The Red Apple (Main St & 2nd Ave, South)

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Sunday, August 20th

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OUARRY Stonewall **Dental Centre**











Slo-Pitch Tournament at Quarry Park Ball Diamonds

Pancake Breakfast 8am-noon

10am-4pm

Noon-

Noon

1pm

Approx. 5pm

Noon-4pm

Noon-4pm

- Stonewall Legion Auditorium Used Book Sale - behind the

South Interlake Regional Library SHOW 'N SHINE CAR SHOW at VMSC

9am-3pm sponsored by

Stonewall Family Foods

Noon-4pm **PETTING ZOO - Memorial Park**

sponsored in part by

4L Communications Inc. Telus

WonderShows Midway FREE ENTERTAINMENT STAGE

- see info on next page Beer Gardens & BBQ opens

- Stonewall Legion

Free Quarry Tours - register at booth Noon-3pm

on Main St. by The Red Apple **Rocklands Antique Tractors/ Corn Roast - Main Street**

Tony Letkeman (Music Man) - Legion Beer Gardens



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Sunday, August 20th

33rd Annual Stonewall Quarry Days FREE ENTERTAINMENT STAGE

South end of Main Street at 3rd Ave. South



12PM

FUBUKI DAIKO

Fubuki Daiko reinvents traditional Japanese drumming with their eclectic and energetic performances that are part martial arts athleticism, part meditation, and all rhythm. For over twenty years they have performed at festivals, concert halls and schools across North America. Collaborations with a wide range of grops including the Winnipeg Singers, Moses Mayes Family Funk Band, he Northern Plains Ballet, and Ron Palev's Big Band have continued to fuel their pursuit of excellence and innovation in this ancient art



2PM

KENDRA KAY

The 2015 Manitoba Country Music Association (MCMA) Female Artist Of The Year and winner of 730 CKDM's Battle of the Bands at the 2015 Dauphin's Countryfest, Kendra Kay, of Elkhorn Manitoba, is much more than a simple up and comer. Armed with a smoking young energetic band, Kendra's musical journey has taken her on a thrilling ride so far, with the release of her debut EP in 2014, national radio tour, countless industry showcases, and an ever-growing list of venues, festivals, and events to perform.

1PM

TWO CROWS FOR COMFORT

Though debuting in early 2017, 'Two Crows for Comfort' are no strangers to the stage. Having played in several popular Winnipeg groups, (Hey Rube, Blue Rubies, Rhia Rae) Erin Corbin and Cory Sulyma - often accompanied on stage by local notable musicians Ben Mak-Wiebe and Lachlan McLean - fi-

nally joined forces to begin a journey of their own.

Filled with rich harmonies, genuine, heart warming (and breaking) lyrics, the folk-roots duo spins stories into songs and songs into stories. With their adventure just beginning, 'Two Crows for Comfort' plan to make their presence known in the industry and see just how far they can fly.



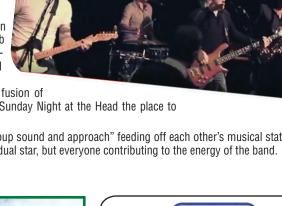
3PM ALL THE KINGS MEN

All The Kings Men have been thrilling Sunday night pub crawlers with their powerhouse sets at the King's Head Pub in Winnipeg since 2000.

Their exciting forays into a fusion of

rock, blues and R&B made Sunday Night at the Head the place to be until 2016.

"The Men possess a true group sound and approach" feeding off each other's musical statements. There's no one individual star, but everyone contributing to the energy of the band.







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Haley Ives

Commercial Lines Specialist

Haley is the new Commercial Lines Specialist at ONE's Stonewall office. In this capacity, Haley oversees all commercial policies and provides professional advice to her clients.

She came to ONE Insurance from one of Canada's larger insurance brokerages with four years of commercial experience with the hope to assist each of her valued clients.



CIB Yard of the Week



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Communities In Bloom Yard of the Week honours were awarded to Stonewood Place at 286-5th St. West. Through a joint effort, residents keep the yard as showy as possible.

The eye-catching balcony flower box is filled with red and white petunias, lavatera, angel's trumpet and cone flower. Be sure to stop by Home Hardware and fill out a ballot to nominate the next Yard of the Week. Pictured from left to right: Zetta Carrothers, Kitty Stewart, Sheryl Taylor, Livena Maartense and Bernice Duff.



When: September 10, 2017 – shotgun start at 12:30 p.m. Where: Inwood Golf & Country Club – 1/4 mile north of Inwood, MB What: 18 holes of golf, shared power cart, contests, prizes, ribeye steak dinner

How much: \$100.00 includes golf, shared cart, prizes, and dinner

Dinner only: \$30.00

Please RSVP to Kelly to become a corporate sponsor or to golf at 204-989-7075, kelly@goodwealth.ca

We look forward to your participation... to make this event spectacular!

Thank you to our sponsors so far...









The Dieppe Raid – 75 years later, a new twist

By Dale Yeo

"This was too big for a raid and too small for an invasion. What were you trying to do?" (German interrogator to captured Canadian officer.)

If any battle site in Canadian military history still resonates with equal measures of controversy and bitterness, it is that small port city in northern

It will be exactly 75 years on Aug. 19 since the illstarred Dieppe Raid took place. The passage of time has not erased nor dulled the tragedy of that event in the Canadian psyche.

Code named "Operation Jubilee," the assault on Dieppe involved 5,000 Canadian, 1,000 British and 50 American soldiers, as well as a handful of other nationals. For many years, the attack was described simply as "a reconnaissance in force." At the time, more cavalier phrases like "a butcher and bolt raid" and "a day trip" were used to describe the mission before it happened.

Among the Canadian Forces involved were some relatively close to us in this area like the Queen's Own Cameron Highlanders of Canada (Winnipeg), the South Saskatchewan Regiment and the Canadian Army Tank Regiment (Calgary); others coming from locales further away included the Royal Regiment of Canada (the Black Watch), Royal Hamilton Light Infantry, Essex Scottish and the Fusiliers Mont-Royal — brave young men from across our

As the primary speaker at Decoration Day here in Stonewall noted in June, the raid's code name "Jubilee" — was a terrible misnomer; there was no cause for jubilation at battle's end.

Under murderous German fire on the beaches of Dieppe, 907 Canadian soldiers were killed. Another 2,460 were wounded, missing and taken prisoner for the remainder of the war. That meant that almost 70 per cent of the landing force died or were captured, with more prisoners taken in this one battle than our army lost in the entire 11-month 1944-45 campaign across North-West Europe later. Some battle units were virtually decimated in the slaughter, with casualty rates higher than 95 percent for some of them.

There are 73 names for the Second World War etched on our Stonewall war memorial. How many of those brave souls drew their last breath in the living hell of Dieppe?

Despite the devastating fire of the enemy, there was no shortage of heroism among our Canadian forces. The Victoria Cross, the highest of battle honours then, was awarded to two of our men — Lt. Col. Cecil Merritt of the South Saskatchewan Regiment for personal heroism in battle and Padre John Weir Foote of the Royal Hamilton Light Infantry. He carried wounded men off the beach to safety and then, when offered evacuation back to England, refused that offer, instead surrendering to the Germans to help tend the wounded and the many soldiers who were now prisoners of war.

The Canadian military hierarchy at first tried to paint the raid as a success, but grisly German propaganda photos of our fallen soldiers all along the beach and leaflets dropped over England soon made a mockery of that claim. Then came the inevitable finger-pointing and laying of blame, especially at the order to send in reserve Canadian troops to sure calamity when the situation ashore was a

debacle of death and pinned down forces.

I have visited the Juno Beach Centre in Normandy; its description of the raid could not be harsher. "Dieppe was a pathetic failure; a bizarre operation with no chance of success whatsoever and likely to result in a huge number of casualties."

Legend has it that, after one senior Canadian officer had proclaimed beforehand that the Dieppe Raid would be a "piece of cake," pieces of dried out cake would arrive in his mailbox each year for years after on the anniversary of the raid until his death.

What DID go wrong?"Operation Jubilee"was a remounted version of "Operation Rutter," planned for a month earlier but then cancelled due to inclement weather. Jubilee seems like a hurriedly cobbledtogether echo of the original plan, lacking the heavy air support and naval firepower that Rutter had envisioned. German troops at Dieppe, it was proven, were also superbly trained for their defensive role ashore. Our Canadian forces, by contrast, lacked adequate preparatory training and were also facing their first enemy fire. The Calgary Tanks landed in support of those troops had great difficulty gaining traction on the small rocks that covered the beach

It did not help, either, that part of the Operation Jubilee armada ran into a German coastal patrol on the way to Dieppe. The element of surprise was, of course, vital to the raid's success.

Until very recently, conventional wisdom on the historical role of the Dieppe Raid has been to say, well, it gave valuable future lessons for the amphibious landings later in North Africa, Italy and especially on D-Day in Normandy. That has always seemed thin gruel for those who wept at the overwhelming losses suffered at Dieppe. "Future lessons" did not offer much consolation to families that had lost sons, brothers and husbands.

For so long, it all seemed so, so senseless.

Or was it? Could there have been something else, something CRUCIAL to the Allied war cause behind the Dieppe Raid?

Canadian professor David O'Keefe is very certain that there was. After nearly 20 years of military research in England, Canada and the U.S.A. — and aided by the gradual release over the years of more and more previously classified information — he has come to the startling conclusion that the raid on Dieppe was actually a massive cover operation for a top-secret mission buried within it.

In 2012, after reviewing some 150,000 pages of historical documents and interviewing people who had survived the raid, he helped to produce a joint British-Canadian documentary entitled Dieppe Uncovered for History Television. One year later, his book One Day in August: The Untold Story Behind Canada's Tragedy at Dieppe was published.

What O'Keefe and co-researchers had discovered was what his book states was "a new and potentially game changing aspect of the raid that has never before been raised, let alone considered" (p. 243).

As he researched, O'Keefe grew curious about why — among the 5,000 Canadian troops — there was a British Royal Marine Commando unit, with an even more specialized force within that force (the Number 10 Platoon or IAU - Intelligence Assault Unit).

The answer to that question lay in a critical development in the war a full half-year earlier.



TRIBUNE PHOTO SUBMITTED Alf Yeo and nephew Dale Yeo looking over old photos, April 6, 1998.

Thanks to the brilliant work of the legendary codebreakers at Bletchley Park outside London, British intelligence had cracked the Nazi communication codes for their army, air force and navy. The flow of information from this source was given the name "Ultra," and it was to remain a classified secret for decades after war's end in 1945. Using the Ultra decoding data, a secret confined to very few officials, had begun to alter the course of the war. (The recent movie The Imitation Game dealt with this effort and one of its central heroes, Alan Turing.)

Ultra was particularly valuable when it came to Germany's Kriegsmarine or navy and its U-boat force. Winston Churchill, the redoubtable wartime British leader, feared the U-boat onslaught on Allied shipping to the British Isles most of all. His nation could be brought to its knees in short order, he conceded, if that Atlantic supply lifeline was sev-

His fears were magnified in February of 1942 when the Kriegsmarine began switching from a three-rotor coding machine (called "Enigma") to a new four-rotor Enigma in its U-boats. Suddenly, code intercepts from Ultra dried up, a situation ultimately continuing on until December of that year. Allied shipping losses promptly sky-rocketed, and a desperate Churchill made solving this crisis a top

The answer was apparent to all concerned. A copy of the German naval codes had to be obtained, by whatever means. If such a codebook could be found, the Bletchley Park code-breakers could once again start feeding out the precious Ultra intercepts.

It became known to Britain's Naval Intelligence Division that such code books were located at the Nazi naval headquarters in Dieppe. It was believed that this was sited in the Hotel Moderne. The head of Naval Intelligence was Rear Admiral John Godfrey, not a name most of us will recognize. But the name of one of his primary assistants will be — Ian Fleming. This was the same Ian Fleming who, a decade after the war, began writing the now-iconic James Bond spy novels. The espionage base of his

Ducking and running for wetland conservation

Staff

The honks and quacks cheered them on at the finish line as 225 runners and walkers took to the trails at Oak Hammock Marsh on Aug. 12 for a morning of activity for a cause.

Sunday was the second annual Duck & Run event, which allowed participants to sign up for a 10-kilometre race, a five-kilometre race, or a two-kilometre family walk.

Participants enjoyed an early morning warm-up session led by Christina Hooper of Backcountry Fitness before hitting the trails and striding past muskrat huts, journeying down the boardwalk and sprinting along a path lined with cattail stands.

Participants received participation medals and T-shirts for their efforts while the top three female and male runners in the 5K and 10K races took home gold, silver and bronze medallions.

Several vendors were on site to promote their business and to provide healthy snacks.

The total amount of money raised was not released at press time, but the day was a success.

The wetlands on which the participants strode were examples of the areas that their fundraised money will strive to conserve through Ducks Unlimited Canada.



Three generations of Saraillons took to the extensive trails of Oak Hammock for the 5K and 10K run this past Sunday.



One participant who was as busy as a bee gets a high-five at the finish line.



TRIBUNE PHOTOS BY LANA MEIER

The top finishers in the 5K and 10k made speedy work of Oak Hammock's trails, while benefitting a great cause at the second annual Duck & Run. Pictured in no particular order, Women's 5K: Nancy Hill, Jaime Williams and Megan Porath; Men's 5K: Michael Resler, Thomas Ferguson and Gordon Flett; Women's 10K: Vanessa Harriman, Monique Ledrew and Jane MacDonald; Men's 10K: Robert White Darren Dujilovic and Alan Hopkins.



Yard sale funds

Teulon and District Chamber of Commerce hosted their 8th Annual Teulon Chamber Community Yard Sale on June 10. Once again, all the proceeds from the registration fee and donation tables went towards the South Interlake Public Library's Teulon branch. Donations are made in two-year intervals, with a grand total of \$1,000 donated to the cause. This year, proceeds will be used for interior renovations. Last year, they donated \$400 towards the children's program at the Teulon library. A big thank you goes out to everyone who registered for the event.

Pictured: Chamber president Jan Lambourne presents a cheque to librarian June Makowski from the Teulon branch



TRIBUNE PHOTO SUBMITTED of the South Interlake Public Library.

Teulon council news in brief

By Jennifer McFee

- The Teulon Rodeo club is planning to open this year's rodeo on Saturday, Aug. 26 with four skydivers parachuting into the rodeo arena. Council authorized the request, as long as they obtain liability insurance and add the Town of Teulon as an additional insured for this event.
- The town plans to apply for Community War Memorial Funding to help cover costs for work on the cenotaph. They are looking at doing an arch or banner, and other undertakings will include masonry work

and some landscaping.

- As part of the recreation report, the town will advertise a job for putting ice in at the Teulon arena.
- The Town of Teulon has hired Darcy Hardman as the new emergency co-ordinator.
- The town is accepting applications for the position of assistant chief administrative officer/finance coordinator. The position will remain open until a suitable candidate is found. The job description is posted on the Town of Teulon website at www.teulon.ca.

Breast cancer support group prepares for walk-a-thon

16th annual Liliane Baron South Interlake Breast Cancer Support Group walk Sept. 10

By Jennifer McFee

It's almost time to lace up your sneakers and paint the town pink for an annual breast cancer support walk.

On Sunday, Sept. 10, the 16th annual Liliane Baron South Interlake Breast Cancer Support Group walk will take to the streets of Teulon.

The grassroots group offers support to women who are dealing with breast cancer. Named after Liliane Baron, who died of breast cancer in 2001, the group meets monthly to provide a supportive network to breast cancer patients and their families.

Eileen Wood, the organization's secretary, explains that the annual walka-thon raises funds to help women in local communities. Over the past 16 years, the group has provided a sense of solace to more than 50 women from Teulon and surrounding areas.

"The last few gals have been young with younger families. It's a shock to everybody. Then mom can't work, so it's another burden because that income is lost. We can't completely duplicate that income, but we can help,"

"We've also helped with the cost of babysitting, buying wigs and sometimes alternative therapies."

Wigs are now available through Jan Lambourne of Sole Purpose Reflexology and Hair Salon in Teulon.

"The breast cancer support group approached me to see if I could carry on with this wig business, which was already established here in town," Lambourne said.

"So we've taken it on and we have a shelf with several wigs on demo. We also have a private room for fittings and they can just phone and make an appointment."

So far, the hair alternatives are generating interest from near and far.

"We've already had someone coming out from Winnipeg," Lambourne

"The breast cancer group helped set me up and I'm more than happy to keep the service here. It's wonderful and we're happy to help out."

In addition to helping women to buy wigs, the Liliane Baron South Interlake Breast Cancer Support Group provides a personal touch in countless other ways. In some circumstances, they have arranged to buy hundreds of dollars worth of food from M&M Food Market to drop off for families. And when a group member is going in for surgery, they often send pink roses to her bedside. They also help cover the cost of sleeves or gloves for breast cancer survivors who now have lymphedema.

The funds for these initiatives come from the annual support walk. Pledge



The 16th annual Liliane Baron South Interlake Breast Cancer Support Group walk will be held in Teulon Sept. 10.

sheets for this year's event are circulating around town and are available at the LJ Baron Realty office.

"Everybody is always very generous. We have a good group of people that come out and support us,"Wood said. "Everybody is urged to dress up in pink. We've even had dogs and strollers and bikes at the event. It's fantastic. It's a good day."

Over the years, the annual walk-a-

thon has raised anywhere from \$8,000 to \$13,000 at each event. Prizes are given out in different categories including for children, for the most pledges and for best dressed. This year, the musical group Stay Tuned will once again entertain the crowds.

The Sept. 10 fundraising event will start at noon at the LJ Baron Realty office located at 62 Main St. in Teulon.

> DIEPPE RAID, FROM PG. 25

stories was well-founded.

Ian Fleming eventually was given charge of intelligence planning in the Naval Intelligence Division. It was he, together with a handful of other key figures, who introduced the concept of the "pinch raid" to obtain valuable Nazi documents.

A pinch raid was really no more than a small raiding group concealed within a larger military force. Some target point was selected for its intelligence value, a big raid on it was set into motion, and during that raid the small group would "pinch" (steal) its target information. The whole area of the raid would then be so thoroughly razed that the Nazis would not be aware that valuable material, like code books, had been seized and was now compromised.

Such pinch raids were carried out successfully in Norway as early as

And that was what was planned for Dieppe, first with the aborted Operation Rutter, and then with Operation Jubilee in August of 1942. Fully half the Canadian assault force was committed to facilitating the "pinch," though none of the landing force knew this. Even today, few Canadians seem aware of this new angle on the Dieppe Raid, though the story came out five years ago.

Tragically, resistance to the landing at Dieppe was so intense, the slaughter so great, that the special British unit charged with making the pinch was unable to reach its objective in the city and seize the codebooks there. Several died in what was a suicidal attempt, but the secret intent of their mission died with them.

Offshore on the destroyer HMS Fernie, at times no further than 700 yards out, was Commander Ian Fleming, consumed by frustration at seeing how badly the landings were going and how increasingly unlikely it was that he could gain possession of the precious Kriegsmarine codebooks. (Ironically, the British were to grab a set of them relatively easily from a crippled German U-boat off Egypt just two months later.)

All the loss of life and destruction seemed so pointless for so long. Without question, though, the sacrifice of so many was not just a futile gesture. Those young men died or suffered grievous wounds and lived out the rest of the war as P.O.W.'s for good cause — the shortening of the war against Nazi Germany. Once the secret of Ultra came out long after the war was over, that code-breaking effort was judged to have hastened the end of the Second World War by as much as two years.

When 93-year-old Ron Beal, an infantry private with the Royal Regi-

ment of Canada who had survived Dieppe and long wondered what the raid had really been worth, was told by David O'Keefe in 2012 about the hidden reason for the raid, he broke down and wept.

Then, in words that touched O'Keefe deeply, Ron Beal said: "Now I can die in peace. Now I know what my friends died for" (p. 407).

(I would like to dedicate this story to ALL the brave soldiers, sailors and airmen who knew the horrors of Dieppe at first hand, but in particular to one soldier who had just turned 21 when he waded ashore on Aug. 19. His name was Alfred Yeo, my father's brother. Uncle Alf was "lucky"; he was wounded badly, but early enough in the nine bloody hours of the raid that he could be evacuated back to England. He lived to the ripe old age of 85, but with some of the shrapnel from Dieppe still in his body to the end. Thank you, Uncle Alf.)

Worship with



Teulon United Church 11:15 a.m. Teulon Phone 886-2382 teulonpastoralcharge@mymts.net

Stonewall United Church 369-1st Ave. N., Stonewall Service and Sunday School Sundays 10 a.m. Phone 467-5469 (office) www.stonewallunited.ca

Anglican Parish of St. Cyprian

Sundays at 10:00 am PTH #7, Teulon Phone 886-3203



Interlake Full Gospel Assembly **Teulon** Sundays at 11:00 am Phone 886-2680

New Life Church

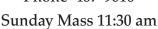
Sunday Service 10:00 a.m. Sunday school for all ages 9:30 a.m. Teulon 886-3269



St. Peter Lutheran Church

Sunday Service - 10:00 am at St. Cyprian Anglican PTH #7, Teulon 886-2159

St. John Vianney Catholic Church 5th Ave SE Teulon Phone 467-9016





Anglican Church of the Ascension

Sunday Service 10:15 am 435 1st Ave. N., Stonewall Phone 467-8466 (office)

Grosse Isle and Rosser United Church Services Rosser Sunday 9:45 am

Balmoral United Church

Sundays 9:30 am Phone 886-2382 teulonpastoralcharge@mymts.net



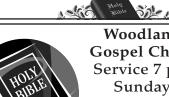


Warren & Meadow Lea United Church Services **Joint Services**

Alt. Sundays at 10:30 am Call 322-5752 for location of service.

New Life Church

Sunday Service 9:00 & 10:45 a.m. **Sunday Morning Classes** 9:00 a.m. - All Ages 10:45 am - Nursery - Gr. 4 Childcare for Nursery School to Gr. 4 1 km East on Hwy 67, Stonewall Phone 467-5529 (office)



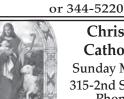
Woodlands Gospel Chapel Service 7 p.m. Sundays Hwy 6 + Rd 82, Woodlands Phone 383-5372

Cornerstone Pentecostal Church



Sunday Worship & Sunday Śchool 10:30 am Youth Nights - Sundays 6 pm Thursday Bible Study & Kids Club 7 pm 308 2nd Ave. N., Stonewall Phone: 467-9797

Christ Church Anglican 97 School Rd, Stony Mountain Service 10:15 am Phone 489-4847



Christ the King Catholic Church Sunday Mass 10:00 a.m. 315-2nd St. E., Stonewall

Living in a phobic world This summer during one of our thunder and lightning storms we

noticed that our pet dog has a phobia. As the lightening was steaking across the sky and the thunder roaring, we suddenly noticed our dog was missing. We called for her, but unlike other times, she did not come running from whatever she was doing. We knew she was not outside, but where was she on the inside? Finally we found her hiding in one of our closets. When the lighting strikes and the thunder booms our dog becomes fearful and shakes uncontrollably. Our dog has what is known as astraphobia—an abnormal fear of thunder and lightning.

We all have phobias to some degree: claustrophobia, a fear of small spaces; arachnophobia, a fear of spiders; acrophobia, the fear of heights; spheksophobia, a fear of wasps; omphalophobia, the fear of belly buttons; globophobia, a fear of balloons; hemophobia, a fear of blood; and the list can go on into the hundreds. Some phobias seem legitimate, while others seem a little weird.

A certain amount of fear is good in that it can keep you safe, but a paralyzing fear can keep you from many good opportunities. In one of their songs "Phobic," the music group Plumb sings, "Phobic, don't be. ... You can be free. You can know peace. Never be afraid again." Although we live in a phobic world, you don't need to be phobic. In the Bible, David knew what it was like to live in fear, but he overcame fear through his relationship with God. In Psalm 18:2 he writes, "The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge." As a result David was able to say, "I will lie down and sleep in peace, for you alone, O Lord, make me dwell in safety" (Psalm 4:8).

Living in a phobic world can bombard you with unnecessary worry. My prayer for you in times of overwhelming fear is that you will find refuge in God who will give you peace and courage to move forward.

Dr. John Harrison Chair of Stonewall Ministerial Pastor of Spiritual Development New Life Church, Stonewall johnharrison@mymts.net

Stony Mountain & Lilyfield United Churches Worship and Sunday School Sundays at 10 a.m. Sept. 10, 17 & 24 we worship at Stony Mountain United Church 9 Main Street, Stony Mountain

Rev. Mona Denton ~ Ph: 204-334-5426 at Stony Mountain-Lilyfield Pastoral Charge

St. Joseph's Roman Catholic Church Sunday Mass 8:30 am Stony Mountain Phone 467-9016



Immanuel Lutheran Church (LCC)

Service 10:30 am Childrens Sunday School during Worship Inkster & King Edward, Winnipeg Rev Richard Beinert 632-6911



Church of the Annunciation Woodlands Service 12:00 noon

To participate in this monthly section please call 467-5836

SPOPES UPSIDE DOWN

Local players compete at 16U western fastpitch championships

Several Interlake players had the opportunity to compete at the U16 western fastpitch championships last weekend in Brandon.

The Manitoba Angels' roster included local players Jordan Crooks, Miranda Holod, Rikki Frost-Hunt, Ellen Marshall, Sarah Dowsett, and Taryn Jackson. Their batgirl was Sara Jack-

The Angels started action last Thursday with a 3-1 win over B.C.'s South Delta Invaders and then blanked Saskatchewan's Assiniboia Aces 5-0.

But Friday was a tough day for the Manitoba squad as the Angels lost 10-6 to Alberta's Nosecreek Avalanche and then were edged 8-7 in an extra inning by B.C.'s Cloverdale Fury. Cloverdale later became the western

champions. In a must-win situation Saturday, the Angels came out strong with a very good effort in an 11-6 win over



Stonewall's Ellen Marshall is safe on first and gives two thumbs up to her coach.

Saskatchewan's Unity Panthers.

Manitoba was then eliminated from the westerns, though, after an 8-6 loss to Alberta's Strathmore Thunder. The Angels had the tying run left on second base when they recorded the final out in the seventh inning.



TRIBUNE PHOTOS BY DEREK FROST-HUNT

The Manitoba Angels' roster included local players, left to right, Jordan Crooks, Miranda Holod, Rikki Frost-Hunt, Ellen Marshall, Sarah Dowsett, Taryn Jackson and Sara Jackson (bat girl).

Interlake players to compete at 16U girls' baseball nationals

By Brian Bowman

Team Manitoba is all ready to roll at Baseball Canada's 16U Girls' Invitational tournament, which begins this week in Vaughn, Ont.

Manitoba is excited to see how they compare against our country's best 16U women baseball players.

"We look good," said Team Manitoba assistant coach Darrell Humeniuk last week. "We're a younger team this year...but we have some pretty talented kids."

Manitoba's squad includes Stonewall's Megan Humeniuk, Teulon's Jacey Ledochowski, and Arborg's Jamie Johnson. Johnson will be one of three overage players allowed — and used by — Manitoba.

"We have three overage players returning and we have players that have moved up from our 14U team," Darrell Humeniuk noted."We're talented enough and we have good pitching and strong hitters."

Manitoba's youth may catch up with them at the nationals but they should be competitive in most of their games. Experience, especially at the national level, is always very helpful to teams playing in close games.

"For these girls, it's a huge thing," Darrell Humeniuk said.

Manitoba, whose roster includes just 11 athletes, played in a pair of tournaments this past summer while also practicing and seeing exhibition action against boys' teams.

"We have had a fair amount of stuff going on," Darrell Humeniuk said. "So we're ready to leave (for nationals) ... iand I've been watching the girls and they have been getting better and better this summer."

Manitoba will have a tough start to the nationals, though, with a game against Saskatchewan this morning and then a matchup with B.C. tomor-

A good start to the nationals would be very welcomed by Manitoba.

"I think we can be (competitive)," Darrell Humeniuk said. "But we'll know pretty quickly where we stand. Day one is very important - we need to have a good start, for sure."

Manitoba will play Quebec Friday

evening and then will battle the host team Saturday morning. Tie-breakers will be played Saturday evening while playoff games are slated for Sunday.

The remainder of Manitoba's roster includes Amber Baker (Strathclair), Emma Zimmerman (Vassar), Shelby Boulbria (AP - Dauphin), Mikayla Nordman (Winnipeg), Sydney Wilkinson (Eddystone), Jenna Swain (Roseisle), Olivia Sheldon (Ste. Rose du Lac), Lise Catellier (St. Malo) and Caitlin Culleton (Vassar).

Manitoba's other assistant coach is Teulon's Rod Ledochowski while the head coach is Vassar's Jeremy Culle-

Manitoba's Chef de Mission is Arborg's Joanne Johnson.

Stonewall to host major women's baseball event next week



Stonewall is going to be the centre of the women's baseball world next week when it hosts Baseball Canada's 2017 21U Women's Invitational Championship.

The five-team tournament will begin next Thursday and continue through until Aug. 27.

"We're pretty excited to showcase Stonewall and Manitoba at the 21U

Women's Invitational," said Roger Langlais, one of the committee members, last week.

Manitoba, whose roster includes Teulon's Jade Ledochowski, Grosse Isle's Kaitlyn Holod, Garson's Brittney Langlais, and Arborg's Jaime Johnson, will begin play Aug. 24 with a 12:30 p.m. game against Ontario at Quarry Park's Fines Field.

"The local girls have been part of the

program for many years," Roger Langlais noted."Now, they are moving on to the next level of 21U and it's an opportunity for them to raise their game and play against girls from across Canada. It's exciting for them and I'm sure that they're looking forward to the opportunity."

Friday will see Manitoba battle B.C. at 9 a.m. and then Quebec at 6 p.m.

Continued on page 30



Blue Jays lead Winnipeg Senior Baseball playoff series

By Brian Bowman

The Stonewall Blue Jays were one win away from eliminating the St. Boniface Legionaires from the Winnipeg Senior Baseball League playoffs.

The Blue Jays went up 2-0 in their best-of-five series after a great 4-0 shutout win over St. Boniface on Monday evening in Stonewall.

Scott Harris was terrific on the mound for the Blue Jays, scattering six hits in seven complete innings.

"Scott Harris was lights out," said the Blue Jays' Adam Kirk. "He threw real well. He only got into trouble in one inning and he pitched out of it. Other than that, they really didn't touch him up too much."

Having a starting pitcher go the distance in a short series is always very welcomed.

"It definitely makes it easier on a pitching staff when a guy does go the distance," Kirk said. "We have three or four starters that like to go deep into a game and trying to get the ball out of their hand is pretty tough in the late innings, especially when the game is on the line."

Offensively, Rory Tycoles had an RBI single in the first inning and then Nick Drews blasted a key three-run shot midway in the game.

The Blue Jays opened the Pool "A" semifinal series last Thursday with a solid 6-2 road win at Whittier Park in Winnipeg.

Adam Luellman pitched six strong innings for the win. Tyler Tataryn then closed out the game by get-



TRIBUNE PHOTO BY JO-ANNE PROCTER Jays' pitcher Scott Harris was terrific on the mound Monday night.

ting three outs in the seventh.

Winning Game 1 on the road was very important

for the Blue Jays. So, too, was getting an early lead.

"We actually have a better record on the road this year than we do at home," Kirk noted. "To go to their place and beat them 6-2, and they didn't get their two runs until late in the game, (was great)."

Game 3 of the series was played Tuesday evening at Whittier Park but no score was available at press time.

The Blue Jays wanted to close out the series in the minimum three games. Eric Swanson was expected to get the start on the mound for the Blue Jays.

"We have Swanson on the mound tonight and we would like to get a win and just go three games with these guys and be done with them," Kirk said Tuesday afternoon. "We remember two years ago, they were up 2-0 on us and we came storming back to beat them three games straight.

"We just have to stick to what we're doing and keep hitting the ball, keep pitching well, and playing good defence. Hopefully, we will be able to get a (win) tonight and be done with these guys."

If necessary, a Game 4 will be played tonight at 7:30 p.m. at Fines Field in Stonewall. If needed, a series-deciding Game 5 is slated for Friday (7:30 p.m.) at Whittier Park.

In the other WSBL Pool "A" semifinal series, Elmwood and Kildonan were tied at a win apiece. The Giants won Game 1'by a 6-5 score but the Mudcats rebounded to win 8-7 on Monday evening.

Manitoba finishes fifth in female softball at Games

Team Manitoba's female softball team ended competition at the Canada Summer Games with a solid 5-0 win in the fifth-place contest versus Quebec last Saturday.

Earlier in the day, Manitoba blasted New Brunswick 10-3. Stonewall's Amber Schneider was 3-for-4 with a run

On Friday, Manitoba blitzed Newfoundland and Labrador 18-1. Schneider finished the game with a single, two runs scored, and an RBI.

Manitoba won their last three games of the tournament to finish with a 6-6 record.

British Columbia took home the gold after defeating Alberta 10-3 in the final. Ontario won the bronze.





TRIBUNE PHOTOS BY LANA MEIER

Manitoba's Amber Schneider heads to third base against New Brunswick after safely sliding into second last Thursday.

Stonewall Minor Hockey & Ringette Association



Register before Sept 1 to avoid late fee.

For more info or to register online visit SMHRA.ca

Continued from page 29

On Saturday, Manitoba will wrap up round-robin play with a noon game against Nova Scotia.

Semifinal games will be played at 4 p.m. and 7 p.m. on Saturday. Sunday will feature the bronze-medal game at 10 a.m., followed by the gold-medal contest at 1 p.m.

A lot of work was done on Fines Field in recent weeks to ensure that the diamonds are in tip-top shape for this major tournament.

"There has been a lot of work done and we have been assured that the field of play and the grounds are going to be in top-quality condition," Roger Langlais said.

"We had Baseball Canada reps out just last week and they were quite impressed with the facilities in Stonewall. We look forward to showcasing Fines Field, the Town of Stonewall, and Quarry Park."

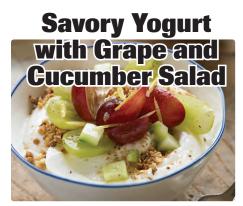
The admission breakdown for the tournament is as follows: \$10 (day pass adult), \$5 (student/senior day pass), \$25 (weekend pass adult), and \$15 (student/senior weekend pass).

Children under five years of age are

For those who cannot personally attend games at the tournament, the action will be livestreamed through the Manitoba Sports Network.

"We're pretty excited about that opportunity," Roger Langlais said. "We wanted to plug the fact that the games will be streamed, so it will be just a matter of getting in front of your computer."

get inspired



Servings: 4 Dukkah:

1/3 cup raw cashews

1/3 cup hazelnuts

1/4 cup sesame seeds

2 tablespoons cumin seeds

2 tablespoons coriander seeds

2 tablespoons dried thyme

1/2 teaspoon salt

Yogurt:

3 cups plain, nonfat Greek yogurt 1/2 cup green California grapes, halved

1/2 cup red California grapes, halved 1 cup English cucumber, diced 1 tablespoon minced shallot

Phone 467-5553

1 tablespoon extra-virgin olive oil 1 tablespoon white balsamic vinegar salt, to taste

pepper, to taste

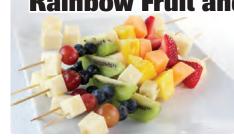
tablespoons dukkah

teaspoon lemon zest

To make dukkah: Heat oven to 350 F. Spread cashews and hazelnuts on baking sheet and toast 6-8 minutes. Transfer to food processor and set aside. In skillet over medium heat, toast sesame seeds, cumin seeds and coriander seeds until fragrant, 1-2 minutes, then transfer to food processor. Add dried thyme and salt. Pulse mixture until coarsely ground. Makes about 1 cup that can be stored in an airtight container.

Divide yogurt into four 3/4-cup portions. In small bowl, combine grapes, cucumber, shallots, olive oil, vinegar, salt and pepper. Toss to combine. Top each bowl of yogurt with 1/2 cup grape mixture, 1 tablespoon dukkah and sprinkle of lemon zest.

Rainbow Fruit and Cheese Kabobs



Recipe courtesy of the Midwest **Dairy Council**

Prep time: 15 minutes

Servings: 6

8 wooden skewers

6 ounces Monterey Jack cheese, cut into 18 cubes

1/2 cup strawberries, halved 1/2 cup cantaloupe, cut into 3/4-inch

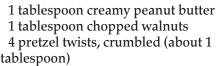
1/2 cup pineapple, cut into 3/4-inch

1 kiwi, peeled and cut into 6 pieces 1/4 cup blueberries

6 purple grapes

Thread each skewer with one piece of cheese, one strawberry half, one cantaloupe cube, one pineapple cube, another piece of cheese, one piece of kiwi, two blueberries, one grape and another piece of cheese. Repeat pattern with remaining skewers.

Peanut Butter Banana Crunch Yogurt Parfait



1 banana, sliced

In small bowl, mix yogurt and peanut butter together. In separate bowl, toss walnuts and pretzels together.

In tall glass, build parfait. Layer 1/2 cup yogurt, half of banana slices and 1 tablespoon of walnut/pretzel mixture. Repeat layers. Serve immediately.



Sanity Is all relative, but all relatives are not sane. Don't think too long about the that or you won't be either, I have been noticing more and more situations where people think they are really going crazy, when in actual fact they are quite normal people in crazy

Just think what happens to you when you consistently have more things to do each day than you possibly have time for. Or when you're standing in the kitchen and three children and one adult are all talking to you at the same time. These are quite basic crazy situations, but they can get more sophisticated. Like when both sets of parents want you to spend Christmas with them, and both will be offended if you choose the other. Or if your husband complains about how much money is being spent on groceries one day, and the next day complains because there's nothing good to eat. Then you can go to super crazy.

This is when the boss expects you to work very hard and is keeping notes for your performance review, and the girls in the office resent you because they think you're trying to make them look bad. Or when your wife complains that you never show any affection, and then it's next time you go to put your arms around her she tells you to leave her alone.

When confronted with such situ-

Crazy Situations

ations, it is quite common to assume that there <\$ something wrong 'with you. This is because in roost crazy situations, someone almost always says, "What's the matter with you?" And the crazier the situation, the more vehemently the finger will be pointed at you (the sane one.) So, what to do?

Well, there are several strategies you can try. One is to begin laughing hysterically. Crazy situations can be quite funny if they are not too serious, or you don't take them too seriously. While laughing in this way may be seen as concrete proof that you are the odd one, it does release a lot of tension.

You can also point out to whoever might care, that the situation does not make any sense. This spoils the game somewhat, but allows you to exit the program, unless you begin to argue about if it does or not, but then you enter into Super Crazy.

Two, Another choice is to walk away, either because it's not worth worrying about and you can ignore the whole thing, or because is tooo crazy, and you walk away with the intention of never coming back. If you've been in a crazy situation so long that you don't know anymore if it's you or the situation, then you definitely need a second opinion (you don't have to count the unsolicited ones). And you can take comfort in the fact that most people who think they are crazy are not. It's the ones who think they're sane that we really have to worry about!

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on FaceBook for daily inspiration.

Sparkling Hibiscus Tea with Grapes and Mint

Servings: 8

6 cups water, divided

1 tablespoon honey

6 hibiscus tea bags 2 cups green

California grapes,

10 mint leaves

divided

1 navel orange, sliced

16 ounces sparkling water

Using tea kettle or saucepan, bring 3 cups water and honey to boil. Add tea bags, turn off heat and steep 6-8

In martini shaker or bowl, muddle 1 cup grapes with mint leaves. Add muddled grape and mint mixture to 48-60 ounce pitcher along with remaining water and orange slices. Stir in hibiscus tea mixture. Refrigerate at least 30 minutes. Strain

minutes. Remove tea bags and allow

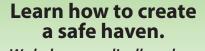
remaining liquid to cool 15 minutes.

To serve, add ice to 8-ounce glass. Top with 3-4 grapes, 2 ounces sparkling water and hibiscus tea mixture.

before serving.



Recipe courtesy of the Midwest Dairy Council Prep time: 10 minutes Servings: 1 1 cup nonfat, light vanilla yogurt



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PUBLIC NOTICE RURAL MUNICIPALITY OF ROSSER AUDITED FINANCIAL STATEMENT

Notice is hereby given in accordance with section 194 of Municipal Act, that the Auditor's Financial Report together with the related financial statements for the 2016 fiscal year have been deposited in the Office of the Chief Administrative Officer of the Rural Municipality of Rosser and are available for inspection by any person or his agent during regular office hours. Any person or his agent at his own expense may make a copy thereof or extracts there from.

DATED at Rosser, Manitoba this 8th day of August 2017.

Frances Smee, Reeve, Rural Municipality of Rosser



EMPLOYMENT OPPORTUNITY R.M. OF ST. LAURENT

Position: Public Works

(OEM Local 987 – Full-time Waste Transfer Site Attendant)

The R.M. of St. Laurent is seeking applications for a full-time Waste Transfer Site Attendant.

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Knowledge and understanding of a Municipal Public Works environment is an asset along with the ability to communicate in both English and French and being a local resident.

NOTE: Class 3 licence and Criminal Record check is a requirement.

Interested applicants are invited to submit a resume to the Municipal Office by Wednesday, August 30, 2017, at 4:30 p.m.

Resume may be dropped off at the RM Office during business hours between 8:30 a.m. and 4:30 p.m. Monday to Friday.

Hilda 7otter

Chief Administrative Officer

Rural Municipality of St. Laurent

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UPCOMING EVENTS

Cluck and Quack Poultry Club Annual Sale. Poultry, small animals, equipment, and crafts. Saturday, August 26th, 10 a.m. - 4 p.m. at Hazelridge Sports Complex, 26 Memorial St, Hazelridge (off Garven Raod). For further vendor information contact Al (204) 467-8654. Email: govilon@mts.net

CRAFT SALES

CALLING ΑΠ CRAFTERS - Tables are available for rent (\$25) at the Odd Fellow & Rebekah Memorial Eye Foundation's Annual Craft Sale on Saturday, October 28 from 10 a.m. - 2:30 p.m. For more information and a registration form, please call Lynda at 1-204-256-1486.

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EMPLOYMENT OPPORTUNITY R.M. OF ST. LAURENT

Position: Public Works (OEM Local 987 -Full-time Patrol Maintenance Employee)

The R.M. of St. Laurent is seeking applications for a full-time patrol maintenance employee.

The skill and ability to operate heavy equipment including a motor grader is a requirement along with possession of a valid Class 3 licence and provision of Criminal Record check.

Duties would include: maintain and service of R.M. equipment on a regular basis; grade/ plow roads as required; operate tractors for various tasks including ditch mowing and loader work; cut grass with various equipment; perform labor duties such as picking up and sorting garbage at the Waste Transfer Site; installing signage; road patching, brushing; assistance with flood control and to perform other tasks as assigned. Successful applicants must be able to work with minimal supervision.

Knowledge and understanding of a Municipal Public Works environment is an asset along with the ability to communicate in both English and French and being a local resident.

Interested applicants are invited to submit a resume to the Municipal Office by Wednesday, August 30, 2017, at 4:30 p.m.

Resume may be dropped off at the RM Office during business hours between 8:30 a.m. and 4:30 p.m. Monday to Friday.

Chief Administrative Officer

Rural Municipality of St. Laurent

16 St. Laurent Veterans Memorial Road P.O. Box 220 St. Laurent, Manitoba ROC 2S0 Email: cao.rmstlaur@mymts.net Fax: 204-646-2705

Phone: 204-646-2259

EMPLOYMENT OPPORTUNITY ASSISTANT CHIEF ADMINISTRATIVE OFFICER / FINANCE COORDINATOR

Applications are being accepted by the Town of Teulon for the position of Assistant Chief Administrative Officer / Finance Coordinator. The Town of Teulon is a friendly, rural community located 40 minutes north of the City of Winnipeg, Manitoba on PTH#7 Hwy.

Under the direction of the Chief Administrative Officer, the Assistant Chief Administrative Officer / Finance Coordinator will be responsible for all day to day financial transactions of the Town. This includes, but is not limited to Accounts Payable, Payroll, benefits administration and

Experience within a municipal office setting is preferred, however, any candidate having strong accounting skills and being familiar with accounting software programs will be considered. This position requires knowledge of government operations, statutes and by-laws. The candidate must be able to communicate well orally, as well as in written form and have excellent interpersonal skills. Enrollment in or completion of the Certificate Program for Manitoba Municipal Administration will be considered an asset. Other duties will include providing assistance to the Chief Administrative Officer of the Town.

A competitive salary and benefits package is negotiable depending upon qualifications and experience. Interested candidates should submit a resume with three references along with salary expectations in confidence to the address listed below. Position will remain open until a suitable candidate is found.

> Doreen Steg, CAO Town of Teulon, P.O. Box 69, Teulon, MB ROC 3B0 Phone: (204) 886-2314 Fax: (204) 886-3918 Email: cao.teulon@mymts.net

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Announcements



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ANNOUNCEMENT

WEDDING ANNOUNCEMENT



Sanche-Boyd

Allan and Heather Sanche are pleased to announcement the recent marriage of their son,

Matthew, to Amanda Boyd,
daughter of Alex and Karen Boyd,
of Thunder Bay, ON. Their beautiful wedding took place in Thunder Bay on July 8, 2017.
We wish them much love and happiness.

ANNOUNCEMENT BIRTHDAY



Happy 13th Birthday Gaige on August 17th

-Love, your family

ANNOUNCEMENT

CARDS OF THANKS

A big thank you to those wonderful people who stopped to help on Hwy. #7 Stonewall lights on Aug. 2nd. Gary Chitz, Constable Sabrina Whall, Vic's Towing (Teulon), and a gentleman and his daughter who brought me a slurpy to cool down.

-Gordon Zinkowski

Don't forget to send your special wishes to your friends and family.

ANNOUNCEMENT

IN MEMORIAM



Alice Plumptre
December 13, 1933 - August 22, 2014
Grandma,
Thinking of you.
-Sam, Darlene and Mike

ANNOUNCEMENT

BIRTH ANNOUNCEMENT



Philip, Jessica, and big sister Arla would like to announce the birth of, Nora Wynn Williams.

Nora was born Saturday, June 24th, 2017 at St. Boniface Hospital. She weighed 7 pounds 6 ounces and measured 19.25 inches in length. Maternal grandfather is Ken Kanteluk of Arborg. Paternal grandfather is Mark Williams of Meleb. Great-grandparents are Peter and Josephine Williams of Meleb.

ANNOUNCEMENT

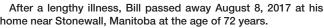
CARDS OF THANKS

The Stonewall and District Lions Club would like to thank sponsors, volunteers and participants in our first annual golf tournament held at the Inwood Golf and Country Club. Best score in the event was from team #12 consisting of Vince Beauchamp, Kim Beauchamp, Jim Kedrie and Denise Kedrie with a score of 65; second best score was team #6 consisting of Forest Finlay, Dick Friesen, Ian Dolmitous and Ralph Mitton with a score of 66. Next year has been booked for August 11, 2018. Mark the new date down!

-The Fundraising Committee

OBITUARY

William Eric Bush



Bill is survived by his loving wife Jan of 46 years, sister Gloria Miller and brother-in-law Bruce Soper. All of Bill's nieces and nephews and their families were very special to him.

Bill was predeceased by his parents Eric and Edna Bush, step father Joe Van Steelant, sister Joyce Soper, brother-in-law Ron Miller and parents-in-law Frank and Irene Dupuis.

Bill had fond memories of his early years growing up in Neepawa and his teen years in Stony Mountain.

Bill enjoyed all sports. He loved the sport of curling and in 1964, Bill and his teammates from Stonewall Collegiate won the Canadian High School Championship for Manitoba. Bill enjoyed working on different committees for the Stony Mountain Curling Club.

He played football, baseball and hockey starting at an early age in Neepawa. His favourite team, when he was older, was the "Moncton Moonies" with all of his close buddies.

He worked in the Rental Business from an early age until his retirement. He worked his way up to Sales Associate at United Rentals. Bill made many friends throughout his career. He was on the Board of the Canadian Rental Association for many years. He was president in 1990 for the C.R.A. Manitoba Local. He did a lot of traveling to conventions where he made many friends from across Canada.

Bill's sense of humour and practical jokes are legendary to his family and friends.

For many years, Bill loved to spend time at the cottage at Lee River enjoying the outdoors and entertaining.

In 2007, Bill and Jan decided to return to his country roots and settled near Stonewall and Stony Mountain until his passing.

Jan would like to give special thanks to some of his close friends who were always there for him and you know who you are. A special thank you to the Stonewall Paramedics for their kindness and professionalism.

No formal service will be held.

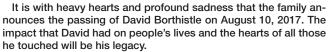
In lieu of flowers, please donate to a charity of your choice.

MACKENZIE FUNERAL HOME STONEWALL (204) 467-2525 • info@mackenziefh.com



OBITUARY

David John Richard Borthistle



He is survived by the love of his life, Sophie Sanecki and her children, Adam (Aurora) and Jessica (Paul), and grandchildren Makenzie, Victoria, Noah, and Jonathon. Also left behind to mourn his loss are his siblings Jessie (Gordon) Nodwell, Helen (Jim) Harris, Terry (Bonnie) Borthistle, nieces, nephews, family and friends. David was predeceased by his parents, Mary and Arnold Borthistle, his sister Donalda (Oosterhuis), brother-in-law Jan, his nephews, Brent Borthistle and Gord Harris and his niece, Marjorie Oosterhuis.

David was born in Winnipeg on May 13, 1935 and grew up on the family farm at Grosse Isle. He raised cattle and turkeys, and showed great ambition and work ethic at an early age. On August 10, 1953 (64 years ago to the day of his passing) his life journey took a different direction when he contracted polio at age 18. Although he would reside at the King George Hospital and later Riverview Health Centre for the remainder of his life, he never complained or lost his wonderful sense of humour and did not let his disability interfere with his plans or ambitions.

David was feisty and relentless in all his ventures including his agitation for a more acceptable entrance to the old King George Hospital, organizing the Polio 53 Club which raised funds for repairing and buying wheelchairs for other patients, and for his personal development of "frog breathing" which allowed him and others to have daytime life without the help of a machine. This enabled him to travel and to visit the home farm which he loved dearly. He used his great intellect and took full advantage of computer technology and when the Riverview Health Centre was being designed, architects sought David's insight to ensure the Centre's design would adequately meet the needs of those it would serve.

As a close friend, Brownie Zawadski, wrote in a submission to nominate David for The Queen Elizabeth II Diamond Jubilee Medal "David overcame boredom, frustration and depression early in life. He devoted his time to thinking and planning – how to improve and not dwell on his limitations. He is very strong in spirit and not ostentatious. He is non-judgemental, keeps matters to himself. He is well versed in most aspects of human life, and highly knowledgeable in Local-Municipal-Provincial and Federal affairs." David was humbled by the nomination but graciously (and sternly!) declined the recognition.

The family wishes to express their gratitude to all staff at the King George and Riverview Health Centre that have cared for David throughout his life and a special thank you to all those who were so faithful in visiting him while he was in care.

A celebration of life in David's honour will be held on Monday, August 21, 2017, 11:00 a.m., at Stonewall United Church. Rev. Cole Grambo officiating. A service will also be held at Riverview Health Centre at a later date.

Flowers are gratefully declined. Donations may be made in David's memory to the St. Amant Foundation or Stonewall District Palliative Care.

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Announcements Tribune

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Frances Marie Kittle May 10, 1936 - August 6, 2017

Peacefully at home with family by her side, mom passed away at the age of 81.

She will be deeply missed by her daughters Rhonda (Murray) and Rosalynn (Donny); grandchildren Dawn (Vern), Lorilee, Jason (Jen), Holly (Josh), Samantha (Kyle); great-grandchildren Dezmin, Tyler, Courtney, Olivia and Madalyn; brothers Leo and Len (Phyllis); special family friend Kevin as well as many nieces and nephews.

She was predeceased by her husband Don, brothers Einar and Harold and sisters Ellen and Eleanor.

As per mom's wishes, cremation has taken place and a private family interment is to follow.

The family would like to thank Dr. Weebedda and the nursing staff at Stonewall and Selkirk Hospitals. Also a thank you to Can-

cerCare and Home Care for their special kindness shown to mom and her family.

You will be missed mom - We Love You

For those who wish to sign the online Guest Book please visit our website www.chapellawn.ca







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