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It's a Wrap!

TRIBUNE PHOTO BY STEFANIE LASUIK

Summit Café faithful Barb Hoppensack (left) chatted with John Catucci shortly before filming began of The Food Network Canada's hit television series *You Gotta Eat Here!* See story pg. 3.

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Rozzi's Riders Biking to the Viking for MS

Annual Biking to the Viking to take place Aug. 22-23

By Jeff Ward

Hundreds of cyclists will pedal 170 kilometres from Stonewall to Gimli and then back to Stonewall in an annual event that has raised millions for research into the debilitating disease multiple sclerosis (MS).

The annual ride is in its 26th year and has raised more than \$7 million for MS research. Aside from the fundraising, it's also brought significant awareness to MS, which affects more people in Manitoba than in any other province in Canada. Biking to the Viking takes place Aug. 22-23 and raises approximately a half-million dollars each year.

"Many who ride have connections to MS, with either friends or family members having it," said Rebecca Horan

marketing and communications manager for the MS Society of Canada.

"It's been one of those events that's very emotional. We have riders who have MS and who struggle through the pain to get as far as they can. Sights like that provide incredible inspiration for those riding for friends and family."

Joanne Zuk is one of those riders who pushed through the pain each year to support her friend, Stephanie Rozzi, who was diagnosed with MS almost a decade ago. Her team, Rozzi's Riders, has fundraised more than \$16,000 this year alone and more than \$100,000 over their eight years as a team.

"For [Rozzi], it's been a slow de-escalation of her body," said Zuk, who is this year's ambassador for the ride.

"Her body keeps rebelling against a mind that wants to keep going. In the beginning, it was dizziness and she was a bit unstable on her feet. Now she walks with braces on her legs. It's very tough to see because this was a girl who, 10 years ago, could kick my butt during workouts."

"IT'S VERY SCARY TO KNOW THAT THIS INVISIBLE THING INSIDE YOU CAN SHUT YOUR BODY DOWN. BUT THAT'S WHY WE RIDE."

Rozzi has progressive MS, which affects approximately 10 per cent of people diagnosed with MS. Symptoms of the disease are very difficult to classify, as they are unpredictable and vary greatly from person to person. The most common symptoms are extreme fatigue, lack of co-ordination, weakness, tingling, impaired sensation, vision problems, bladder problems, cognitive

impairment and mood changes.

There isn't much known about how you get it or why, and there is no cure. It can occur at any age and to anyone. MS is three times more likely to develop in women than in men.

"It's very scary to know that this invisible thing inside you can shut your body down. But that's why we ride. The ride is symbolic for the struggles of MS because once you're halfway through the ride or riding into a headwind, you feel the pain. You feel like you can't go forward. It's hard and that's OK because it's not about finishing. It's just about being there," said Zuk.

Rider safety is very important to the organizers of the event. If you feel you can't go on, don't push yourself into injury. There are vehicles for you to



TRIBUNE PHOTO SUPPLIED BY REBECCA HORAN

Stephanie Rozzi (left) will be supported once again by her friend Joanne Zuk (right). Rozzi is this year's ambassador for the annual Biking to the Viking MS fundraiser Aug. 22-23.

rest and take you to the next rest zone. You won't be left behind and there is no shame in needing a break.

These days, Stephanie Rozzi still rides, although it is much harder for her to do. She can't finish the entire ride like she used to, but she still gets out there each and every year because it's important for her to do. Above all

else, she will ride across the finish line with her team and celebrate another great effort.

The deadline to start a team or join one is Saturday, Aug. 15. You can also donate to teams directly on their website. A quick Google search of Biking to the Viking will take you there.



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Award-winning Food Network TV series wraps up two-day film feature at Stony Mountain's Summit Café

By Stefanie Lasuik

Not even the Summit Café had enough pennies to pay for the thoughts rolled out on camera from Aug. 5 and 6 when the infamous copper-lined floors of the Stony Mountain restaurant welcomed the cast and crew of The Food Network Canada's hit television series *You Gotta Eat Here!*

The Canadian Screen Award-winning show for Best Lifestyle or Talk Program Series is currently in its fourth season of featuring restaurants from across Canada and the United States that cook up the most delicious, mouth-watering, over-the-top comfort foods.

The Lone Eagle Entertainment producers use a research team to seek out delicious home cooking from across the continent before select restaurants undergo an interview and submission process. After Summit Café client Angela Stupak sent the company a recommendation for the restaurant, *You Gotta Eat Here* (YGEH) producers made the Stony Mountain diner one of the select.

Summit Café co-owner Nadine Dannenberg nearly fell off her chair.

After hearing the news, Nadine and her husband and fellow co-owner, Carl Dannenberg, spent three months in an extensive selection process.

"It's really extensive. It's really hard to get on the show. But when you do, we know it's a good place," explained YGEH producer Sarah Nixey.

Summit Café is one good place.

When the Dannenbergs learned they would be showcasing their little restaurant to viewers across Canada, they were overwhelmed.

"Needless to say, we were excited and shocked. Quite frankly, it seems surreal!" Nadine explained.

And it became even more so after Canadian comedian and actor John Catucci and his crew brought two days of national TV series-level filming to spotlight the tiny town's tiny café.

"After two days of filming with John Catucci and his crew, it's still hard to believe they were in our kitchen," Nadine confessed.

As a food lover and restaurant critic, Catucci enjoyed the juxtaposition of small-town atmosphere and big-time taste.

After praising the type of small-town care he saw and received while in Stony Mountain, Catucci marvelled over the café's signature dishes.

"It's so rich," he said of the home-made pulled pork and mac and cheese sandwich.

"Those two together is a really good combination. It's a good texture. It's creamy. The pulled pork has a little crunchy texture to it too."

You Gotta Eat Here! will also feature Summit Café's BLT with bacon marmalade and French onion soup, a dish that takes average BLT sandwiches to a new level with sticky sweetness spiced and balanced out with a pretzel bun.

The spicy shrimp grilled cheese and lasagna soup dish will also get some air time, to the surprised delight of Catucci, who said he was sceptical of the dish beforehand only to become a believer.

"It worked. I liked it. It was a lot of fun," he admitted.

Catucci spent the first day of filming in

Summit Café's kitchen with Nadine, who guided him through the three signature recipes. The next day made TV stars out of loyal customers, who filled the restaurant in two seatings to eat for the camera while discussing their adoration of the dishes.

The café's Spicy Chorizo Burger, Croque Monsieur, It's a Wrap! wrap, Hazelnut Chocolate Spread Grilled Cheese and Caramel Oatmeal Apple Pecan Parfait should also make appearances alongside the Dannenbergs, Catucci and Summit Café fans when the show airs in YGEH's fifth season during the spring of 2016.



TRIBUNE PHOTO BY STEFANIE LASUIK

Barb Hoppensack (left) and John Catucci at Summit Cafe in Stony Mountain. The restaurant was chosen from across Canada and the United States for cooking up delicious, mouth-watering, over-the-top comfort foods.

"NEEDLESS TO SAY, WE WERE EXCITED AND SHOCKED. QUITE FRANKLY, IT SEEMS SURREAL!" NADINE EXPLAINED.

Building Beautiful Smiles

A group of about ten people, mostly women, are posing for a group photo outdoors. They are all smiling and dressed in casual to semi-formal attire.

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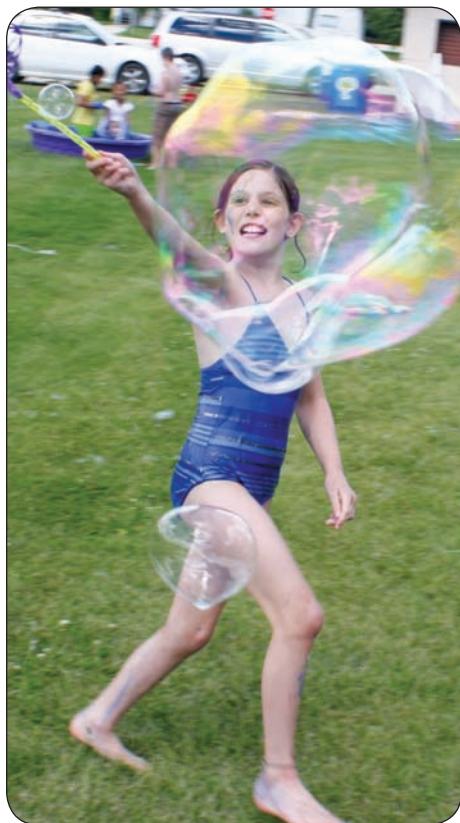
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Making a mess for fun



TRIBUNE PHOTOS BY NATASHA TERSIGNI
With a beautiful summer afternoon as the backdrop, families flocked to Green Acres Park last Saturday to take part in the Teulon-Rockwood Recreation Commission's first ever Messitval.

The goal of the afternoon was to make a mess, and that is exactly what participants did. Pictured clockwise from left, Ayreauna Dion had a blast chasing giant bubbles, while Rafael Baptista was all smiles going head first down the slime covered slip n' slide. Children enjoyed taking a colourful slime bath, which was just one of the many activities for everyone to take part in.



Youngsters enjoy outdoor activities at camp

By Stefanie Lasuik

Summer's most exciting activities packed a single week for the kids as part of the Youth for Christ Drop-In Centre's summer adventure camp.

From July 27 to 31, 13 young adventurers from the ages of eight to 14 engaged in daily adrenaline-pumping expeditions.

After friendships were created on Stonewall's bowling lanes and solidified in the laser tag jungle, the adventurers spent their week geo-caching and canoeing at Oak Hammock Marsh, touring Lower Fort Garry, and catching a star show at the Manitoba Museum.

The day camp finale saw high-flying feats as the kids took to the trampolines at Sky Zone and rock climbing walls at the Youth For Christ centre before they sat rooftop and indulged in pizza.

Summer event co-ordinator Josh Haney said that his favourite part of running the camp is the vocalizations of excitement the kids made when starting a new out-of-the-ordinary activity.

"I like that we get to go different places," 11-year-old adventurous camper Carter Ives said.

The YFC Centre in Stonewall is now gearing up for its dance camp, set to take place from Aug. 10 to 14. More information can be found by calling 204-467-4774 or emailing stonewall@yfcwinnipeg.ca.



TRIBUNE PHOTO BY KATRINA SCHROEDER

Pictured left to right: Jake, Thomas and Jaxon soak up every moment of canoeing with Oak Hammock Marsh guide Dusty.

Nature-themed play park coming soon to Stony Mountain

By Natasha Tersigni

Bedrock Park will be getting a make-over thanks to the hard work of the Stony Mountain Community Association (SMCA) parks revitalization project and a \$10,000 donation.

Last week the committee received \$10,000 from Richardson Pioneer, giving SMCA the last push they needed in order to reach their fundraising goal of \$40,000 to bring the nature-themed park to reality.

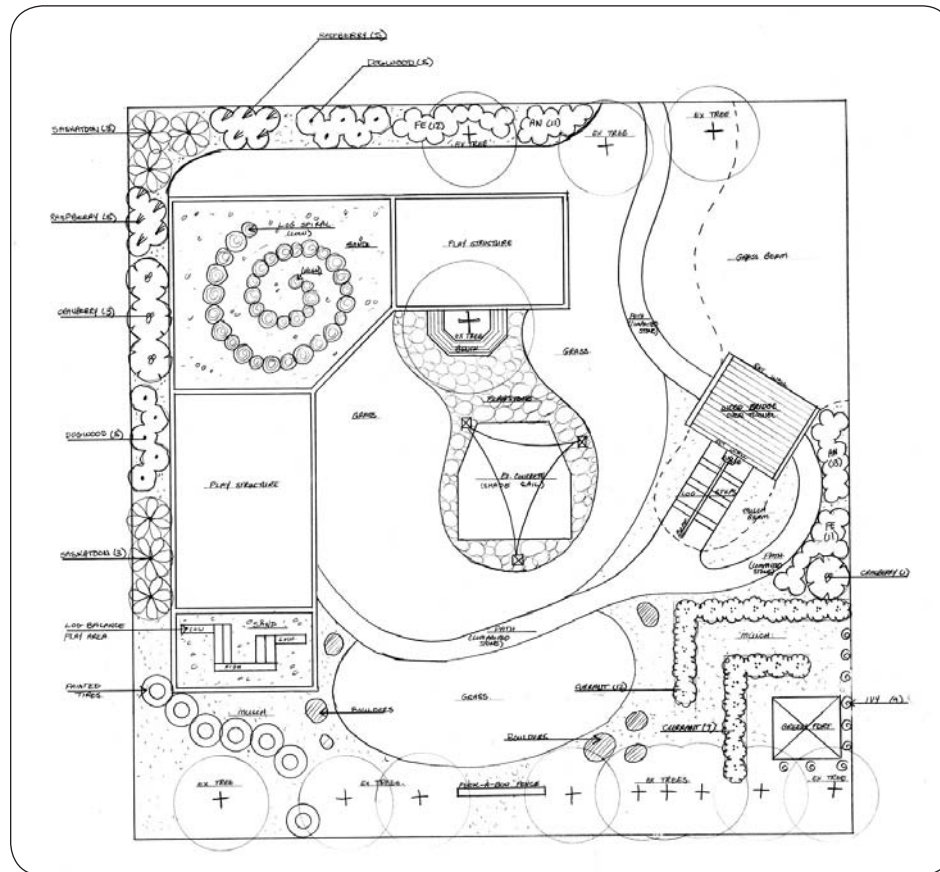
"We want to give back to the communities where we live and work. We have 15 employees at the local grain elevator. We have a number of employees that live in the municipality plus a lot of customers here," said Richardson Pioneer director of operations Doug McArthur, who presented the cheque to SMCA secretary Marcia Desmedt.

Although once a hotspot among children in the area, over the past few years, Bedrock Park, located behind the Stony Mountain day care and curling club on Bedson Drive, has been under-utilized. The hope is, with the update, it will give younger children a place to play that is more age-appropriate than some of the other parks in the community.

"This whole park will be geared towards younger kids, but we will have a sitting area so it will encourage parents to come with their kids. They will have a nice shaded picnic area to sit under," said Desmedt, who added that this is the third playground the association is revitalizing.

"This project is part of SMCA trying to rejuvenate all the parks in town. We have done a lot of work on the existing two playgrounds (Kelpin and Ducharme parks) and now this park is the last one we are working on. Then we will work on a permanent skateboard park and walking trails throughout the whole community."

For the renovations, the committee has decided against the traditional plastic play equipment and instead they have chosen to go with a nature theme, including stumps and logs for children to play on and different play surfaces such as woodchips, sand and



Renovations at Bedrock Park in Stony Mountain include natural play equipment with stumps and logs instead of manufactured plastics. The park is undergoing a makeover thanks to the fundraising efforts by the Stony Mountain Community Association (SMCA).

pea gravel. The new landscape also has plans to include a bird feeder section.

"There will be a lot of climbing and balancing opportunities with logs and stumps. There will be a bicycle path looped around the park. There will be hedges of different heights to encourage maze types of activities. This park works for a natural play space because a lot of the nature, trees and vegetation is already here," said Desmedt.

"The day care is just down the street and the staff there have been part of helping me work on the plans. They are going to be using the park almost every day. They wanted to build a natural playground as well, but they don't have the space."

The plan, dependent on weather, is to complete the park's renovations by October, with the newly renovated

park being unveiled to the public in late fall or early spring of next year.

If anyone wants to contribute to any Stony Mountain Community Association parks project, including Bedrock



TRIBUNE PHOTO BY NATASHA TERSGNI
Richardson Pioneer director of operations Doug McArthur (left) presents \$10,000 to Stony Mountain Community Assoc. secretary Marcia Desmedt for their revitalization project at Bedrock Park.


Park, they can go to stonymountain.mb.ca to purchase a nameplate to be displayed at the park.

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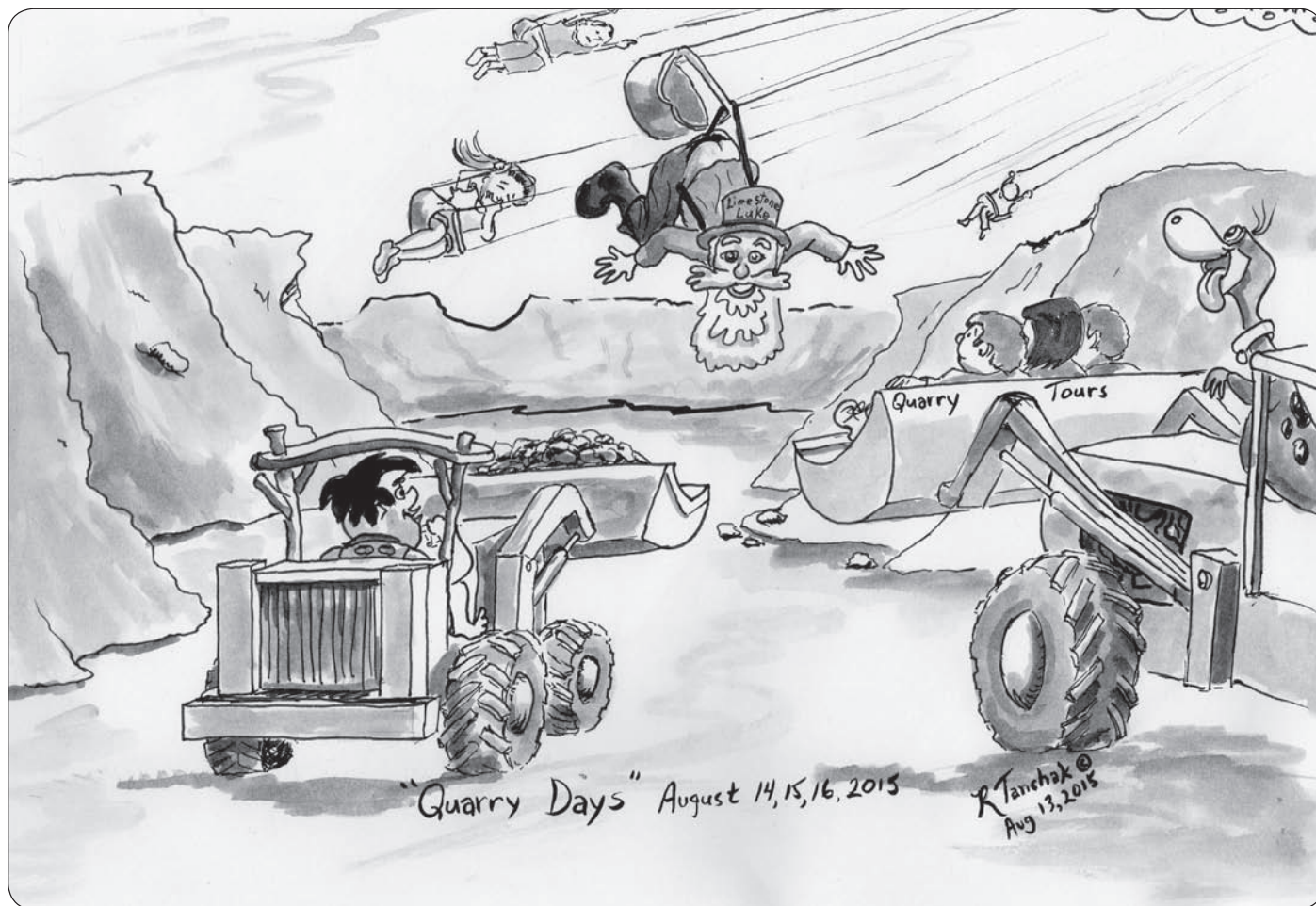


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EDITORIAL > VIEWPOINTS > LETTERS



Thieves strike in the RM of Rockwood

RCMP remind residents to lock doors and hide valuables

By Staff

Since July 1, the RM of Rockwood has had four residential break-ins and five incidents of damage to vehicles reported. Stonewall RCMP Staff Sgt. Kelly Glaspey is not categorizing these incidents as a rash of crime in the area but is reminding residents to remain vigilant and protect their be-

longings.

"Any is too many, but this is certainly not anything too out of the ordinary that we have experienced in the past," said Glaspey.

"Relatively speaking, the break-ins were minor in nature. Mostly sheds have been gone into. There was one incident where a house was entered.

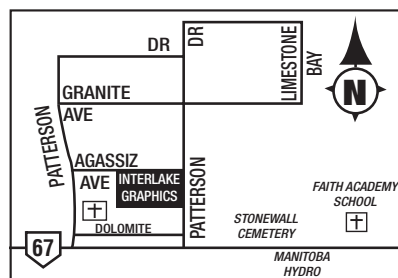
The homeowners had left it unlocked, and someone walked inside and stole money that was left out."

Glaspey added residents should lock their doors and keep valuables stored away.

"Keeping valuables out of sight is a big one. A lot of times, doors are open and people leave cash or jewelry in sight," said Glaspey.

In the break-and-enter cases, suspects have been identified but no arrests in the cases have been made.

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



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Gymnastics summer camp takes over Teulon

By Stefanie Lasuik

While the majority of us took some time to relax while the rain pelted windows last week, the girls and boys in Teulon Gymnastics Club's (TGC) summer camp were busy working every muscle they didn't know they had.

Last week, 24 children aged five to 14 cartwheeled, push-upped and toe-touched their way into becoming better and more confident gymnasts.

Now in its third summer of hosting camps, the TGC added an extra week-long day camp to bring the summer's total to three. The first from July 20 to 24 was geared towards younger learners of the sport. Last week, more experienced gymnasts tumbled, and from Aug. 17 to 21, the competitive stream will engage in a boot camp gymnastics program.

The goal for the kids in each camp is for them to leave the gym with heightened appreciation for the sport, greater confidence in themselves, and stronger skills than they previously had.

Rotating from beam, bars, floor and vault, and pommel horse and rings for the boys, the children worked on the practical and technical aspects of their moves while enjoying time in special events that were interceded. Parachute games and air track bouncing gave the young gymnasts fun-filled breaks and conditioning exercises provided the strength required for gymnastics.

Camp and club coach Laura Toulman explained that gymnastics is a fundamental sport for child development.

"The body awareness and physical



Sheridan Osnach, 7, put a lot of effort into working on her back walkover.

literacy that they learn in gymnastics will go with them in every other sport they do."

Despite the individuality of the sport, Toulman explained that the Teulon club strongly believes in camaraderie. She said that every gymnast is allowed to be proud of what he or she does but cannot brag. The



TRIBUNE PHOTOS BY STEFANIE LASUIK

The attendees of Teulon Gymnastics Club's day camp won both on and off the mats, taking home confidence, skills, strength and new friendships.

young gymnasts also encourage each other in their individual accomplishments.

The Teulon Gymnastics Club will be holding a registration night on Aug. 19 from 5 to 7 p.m. for fall and winter sessions. Fall session will run Fri-

days and Saturdays from Sept. 11 to Dec. 12, with winter session occurring on the same days from Jan. 8 to April 30, 2016. Those interested in enrolling their children can email teulongymnastics@gmail.com.

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Manitoba

2015 federal election

Local farmer named region's Green Party candidate

By Austin Grabish

A Beausejour farmer has successfully thrown his hat in the ring to represent the Green Party in the upcoming federal election.

Wayne James, 64, was acclaimed as a candidate for the party in late July and is now the third nominated candidate fighting for the Selkirk-Interlake-Eastman MP's seat, held by Conservative MP James Bezan, who is seeking re-election.

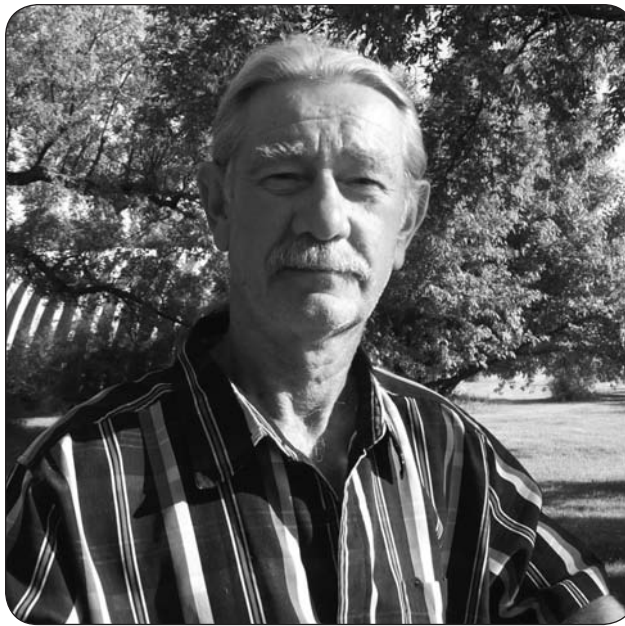
Other than a brief two-week stint as a federal NDP candidate for the Selkirk-Interlake riding 10 years ago, it's his first real shot at federal politics.

James is new to the Greens and joined the party after failing to pass the NDP's formal vetting process. He said he feels his views on things such as the environment are better represented with the Green Party.

"When I joined the Green Party, I told them there were two things I wanted to make clear, which is, one, I'm a social democrat ... the other one is that I don't see global warming as being the major threat," James told the *Express* during an interview in Beausejour last week.

The seed farmer said he feels society's obsession with the economy is the bigger threat and is what, in turn, is causing global warming.

"I see global warming as a symptom of something deeper, which is the capitalist system that we're working under," he said. "We are poisoning the



TRIBUNE PHOTO SUBMITTED

Wayne James, 64, is representing the Green Party for the Selkirk-Interlake-Eastman riding in the upcoming federal election.

planet.

"We are a species that are befouling its nest in the name of economy."

James said he doesn't agree with recent policies

enacted by the Harper government including Bill C-51, the government's anti-terrorism legislation, which gives sweeping powers to Canada's spy agency and police.

The Conservatives say the legislation, brought in on the heels of last October's shootings on Ottawa's Parliament Hill and the Charlie Hebdo shooting in France, is necessary to protect Canadians from future attacks.

However, James doesn't agree.

"The way it's done, in my opinion, is something I might expect a fascist government to do."

He also opposes Canada's militarization efforts overseas and thinks the country needs to shift its focus back to peacekeeping missions.

"I'm disheartened that we've shifted our focus away from being leaders with peacekeeping," he said.

James has a background in the television and film industry and is a graduate of the University of Winnipeg's theatre department.

He said he decided to run because he wants change at the federal level and is vowing to represent the riding well if elected this fall.

"I can say that should I end up in Ottawa as a representative of Selkirk-Interlake-(Eastman) that I will try to honour the wishes of the community in terms of how we build a healthy society," he said.

Voters go to the polls on Oct. 19.

Woodlands resident ready to kick cancer

Boot camp leader Christina Hooper to hold workout session for the cause

By Stefanie Lasuik

Christina Hooper wrapped up her summer boot camp on Aug. 10, and besides accomplishing her goal of bringing organized workouts to the small communities of Warren and Lake Francis, she set the tires in motion for a unique fundraiser.

On Aug. 17, Hooper will hold a boot camp session called Kicking Cancer at the Warren Memorial Hall to raise money for the Manitoba Cancer Society. Aug. 9 marked the one-year anniversary of the death of Hooper's

grandfather Benjamin Rettaler, who passed away after his three-year battle with leukemia. The session, to be held in his honour, will not cost participants a fee but instead asks for a donation to support efforts to eradicate cancer and enhance the lives of those diagnosed with the disease.

Hooper plans to lead a variety workout, which will incorporate exercises such as tabata, hit workouts and her favourite, tire flips. The moves will be adaptable to all ages and skill levels so that even kids can participate.

Hooper hopes to raise community awareness about cancer in general and about the journey that cancer patients and their families unwillingly take when a diagnosis occurs.

Hooper explained that besides encouraging healthy lifestyles in the community through her workouts, she hopes to evoke a greater sense of community rapport and knowledge for when family members and friends fall ill to such terrible diseases.

"I feel it's really important for me to not only run boot camps in town but to support a cause and bring awareness to cancer in general," Hooper said.

Hooper holds the fundraiser close to her heart for another reason as well.

"I am not only passionate about the business I run and the people I influence while doing it. It's about giving back to the community and providing opportunities in these small towns to participate in events like this to raise awareness and see that I am making a positive impact in town and surrounding areas."

Hooper will approach Kicking Cancer with the same attitude she approaches her workouts: whatever the obstacles, one can tackle them.

"No matter what the elements or plots entailed, I could overcome it," Hooper said of her "backcountry" style of working out.


Kicking Cancer will begin at 7 p.m. on Aug. 17, and participants are asked to bring running shoes and a towel. Free weights are optional and water will be provided. Participants are also asked to register with Christina before the event and can do so by calling 204-383-5284 or emailing christina-hooper68@gmail.com.


Hooper has set up a page called "Kicking Cancer Backcountry Style" for online donations at cco.convio.net/goto/kickingcancerbackcountry-style.

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Defending environmental rights for all Canadians

By Natasha Tersigni

With the belief that all Canadians have the right to live in a healthy environment, including breathing clean air, drinking clean water, eating safe food and knowing about pollutants that are released into the environment, one local youth took it upon himself to lobby the Town of Stonewall to pass a healthy environment declaration.

On Aug. 5 Mathew Scammell, secretary of Rockwood Environmental Action Community Taskforce (REACT) and volunteer with the Blue Dot move-

ment, appeared as a delegation at the Stonewall council meeting to lobby council to pass a resolution stating the town residents have the right to live in a healthy environment.

Scammell, who will be attending his third year of environmental sciences at the University of Manitoba this fall, told council it is important that they make the declaration and up hold the resolution.

"As of right now, these rights are not guaranteed within the Canadian constitution. Most of us take these for granted; however, they are essential to a healthy life. What we can do to strengthen our environmental rights

as Canadian citizens is pass to a municipal declaration recognizing the right to live in a healthy environment," said Scammell.

The declaration is part of the Blue Dot project initiated by the David Suzuki Foundation, a non-profit organization focused on conserving the environment and finding solutions that will create a sustainable Canada through science-based research, education and policy work. Blue Dot is bringing awareness to environmental issues in Canada. To date, 74 municipalities in Canada — including

three in Manitoba: The Pas, Thompson and Dunnottar — have made environmental declarations. The ultimate goal of Blue Dot is to have the Canadian Rights and Charters amended to include environmental rights.

"I would be very proud to add Stonewall to the growing list of municipalities. This is isn't even a stretch for Stonewall since positive social and environmental movements are not new to us in the slightest," said Scammell, who listed a variety of initiatives that have come to Stonewall including Stonewall Collegiate Institute being the first fair trade school in Manitoba and the Idle Free movement at École

Stonewall Centennial School begun by four middle school students.

After Scammell's presentation, council unanimously passed a modified version of Blue Dot's declaration, which is not legally binding. The resolution reads:

"The Town of Stonewall recognizes a healthy environment is linked to the well being of the community. Be it resolved the Town of Stonewall agree all people have the right to live in a healthy environment which includes the right to breathe clean air, drink clean water, the right to access nature, the right to know about pollutants and containments released into local environment and the right to participate in the decision making that would effect the environment. Be it resolved the Town of Stonewall encourages everyone to respect, protect, fulfill the above rights."

All members of council thanked Scammell for bringing the declaration forward and making his presentation, including Coun. Jeff Levesque, who has attended a Blue Dot fundraiser.

"It certainly resonates very strongly with me the importance of enshrining those constitutional rights for clean air, clean water and access to a healthy environment," said Levesque.

"It is critically important, and Stonewall is a very proactive town."

Individuals can take their own



TRIBUNE PHOTO BY NATASHA TERSIGNI Mathew Scammell, a passionate environmentalist, lobbied the Town of Stonewall council to make a declaration to uphold environmental rights including the right to breathe clean air, drink clean water and know about the pollutants in the air.

declaration and support the Blue Dot movement online at bluedot.ca.

Federal NDP nomination meeting set for Aug. 30

By Austin Grabish

The federal NDP have put an end to a long-awaited vote and will finally let Dippers in the local riding association choose which candidate they want to represent the party in the upcoming federal election.

A nomination meeting, where NDP members of the Selkirk-Interlake-Eastman riding will vote for one of two candidates, will take place on Aug. 30 in Selkirk.

Deborah Chief, former chief of Brokenhead Ojibway Nation, and Gimli resident Marc Gourdeau, a retired translator, are both running to represent the party.

Both candidates confirmed last week NDP officials in Ottawa had set the party's nomination meeting for Aug. 30.

Both Chief and Gourdeau had already been vetted and accepted as candidates by the party, but the nomination

meeting where NDP members will vote for either Gourdeau or Chief has been delayed.

Gourdeau previously told the *Record* he wasn't sure why the nomination meeting wasn't set.

NDP officials in Ottawa are responsible for setting the date of the meeting but didn't until after the election was called.



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He holds a Bachelor of Arts in geography and an Honors Bachelor of Outdoor Recreation from Lakehead University, a Master of Science in Outdoor Museum Studies from Utah State University, and a M.B.A. from Athabasca University.

The Friends welcome Jimm to our organization and look forward to his leadership as we continue to develop Upper Fort Garry Provincial Park.

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Upper Fort Garry Provincial Park reminds us of an important moment in 1870 when citizens looked beyond quarrels rooted in language, religion, and national origin to imagine an open, diverse, and welcoming community.

Stonewall sidewalk project 'paused' for time being

By Natasha Tersigni

Town of Stonewall council briefs for Aug. 5

A sidewalk that is supposed to connect the already existing sidewalk behind houses on Stone Ridge Drive in the Stone Ridge development to Montgomery Avenue came under fire at the Aug. 5 Town of Stonewall council meeting.

Stonewall resident Paul Turner appeared as a delegation at the meeting as he is concerned that the sidewalk project, which was approved by the previous council, is not going to be completed due to one resident's concerns.

Turner presented an online petition of more than 70 signatures gathered and told council that homeowners in the area are very much in support of this project.

"This sidewalk is really what is best for the community despite a single landowner's objection. There are a lot of people that want to support it for various reasons," said Turner, who was concerned after reading the minutes from the June 17 council meeting that the project would not be completed.

Mayor Lockie McLean told Turner that the project is in the budget to be built this year and the resolution that was passed at the June 17 meeting was to pause the project, not stop it completely, after a resident expressed some concerns of the sidewalk being built on a public land reserve.

"What came up at the last council meeting was a letter to council that raised a red flag and had council pause and see what the letter meant.

There was no decision not to proceed with the sidewalk. In our budget, we put the money in there to have it done if we got the money through grants and we received the money," said McLean.

The Tribune was unable to obtain any more information regarding the specific concerns the resident has with sidewalk being built on the town's land as CAO Anne Burns cited privacy issues.

2015 Zoning Bylaws

An open house for the public to view the town's new zoning bylaw is tentatively set for Aug. 26. Evan Allan, a student intern planner with the town, presented the work that has been done on updating the bylaw, including new features such a consolidated use tables and provisions for community gardens, a town parking plan and secondary streets. The new zoning bylaw will be completed with the most update town map.

"I just want to stress that it is progressing very well and many sections of the bylaw have been expanded upon just to ensure a much higher degree of transparency and clarity," said Allan.

After the open house is held, Allan will gather all the edits and feedback. A first reading will be held by council along with a public hearing for anybody to object to the new bylaw. If no objections are heard, the bylaw will go to second and then third and final reading.

Town Tour

On Aug. 22, all members of council will be touring the town together in order to get a better understanding of a variety of municipal issues including potholes, sidewalk issues and road concerns. One issue that will be looked at is speed limits, including around schools and day care centres. A resolution that would see the speed limit drop from 50km/h to 30km/h on 3rd Street West, in front of Starting



TRIBUNE PHOTO BY NATASHA TERSIGNI

Several Stonewall residents appeared as a delegation at the Aug. 5 council meeting to show their support to have the sidewalk at the east end of Montgomery Avenue completed to connect the Stone Ridge development.

Blocks and Stonewall Day Care Centre, was tabled until after the tour was completed so council as a whole can get a better understanding of the issue first-hand.

"It will help give us a good bird's eye view of the town and the various issues. We plan to make this a common occurrence," said McLean, who added in his time on council, a town tour has never been conducted.

William Kurelek Monument

Council has deferred a donation for landscaping cost of up to \$2,500 for a path from the parking lot to the William Kurelek monument for the 2016 budget. Stonewall has cost-shared the Park and Ride project 50-50 with the RM of Rockwood. The William Kurelek monument is a separate project from the Park and Ride, and

through the town's agreement with the RM of Rockwood, Stonewall is not obligated to provide funding to the monument.

Animal Breach Hearings

A number of hearings were heard in regards to animal breaches in the town. The majority were in regards to dog licences not being paid. Dog owners in the town must purchase a new licence for their dog yearly for a fee of \$10 per animal over the age of six months. Owners that fail to renew the license by the deadline are subject to a \$35 late fee. If a second notice is sent out, owners must pay a maximum of \$100 fee on top of the \$10 licence.

McLean said the council will be reviewing their animal control policies in November.

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Ducking and running for wetland conservation

By Stefanie Lasuik

The honks and quacks cheered them on as 150 runners and walkers took to the trails at Oak Hammock Marsh on Aug. 9 for a morning of activity for a cause.

Sunday was the first time a Duck & Run event has been held in Canada, and it allowed participants to sign up for a 10-kilometre race, a five-kilometre race or a two-kilometre family walk.

Organizers of the event hope that it will become a mainstay and will catch on in other provinces across Canada as well. They came up with the idea after local staff members enjoyed lunchtime jogs in the marsh.

"Oak Hammock Marsh is a great place to be active outdoors. We have a great, extensive network of trails around the marsh and, actually, there's a lot of people in our staff who are runners, so we thought we'd open it up to the entire community of runners," Ashley Lewis, communications specialist at Ducks Unlimited explained.

Participants thoroughly enjoyed their day and received participation medals and T-shirts for their efforts. The top three female and male run-



Sandy Lefley was the top fundraiser in the event, bringing in \$200 for Ducks Unlimited Canada.

ners in the two races took home gold, silver, and bronze medallions.

The total amount of money raised was not released at press time, but the day was a success.

The wetlands on which the participants strode were examples of the areas that their fundraised money will



TRIBUNE PHOTOS BY STEFANIE LASUIK

The top finishers in each category made speedy work of Oak Hammock's trails while benefitting a great cause at the first annual Duck & Run. Pictured back row from left: Carol Nabanoba Musoke, Kerry Ryan, Frederica Emery, Andrew Schewe, Devin Reid and Bryan Sullivan; front row Ethan Rogowsky, Kirsten Roger, Brianna Sullivan.

strive to conserve through Ducks Unlimited Canada.

"It's so great to see so many people out here having fun and enjoying

each other's company, and it's all for a great cause, conserving these great areas that provide us the opportunity to be active outdoors," said Lewis.

Community billboard not gone but forgotten

By Natasha Tersigni

It has been several months since the Town of Stonewall moved the community billboard from its original location at the corner of 2nd Avenue N. and Highway 236 to the parking lot at Veterans Memorial Sports Complex.

Council cited safety concerns of drivers at the four-way intersection as the reason that it was moved. Cars would be seen stopping to copy down information while blocking the turning lane from the highway on to 2nd

Avenue N. while others parked on the opposite side and walked across the busy highway.

"It was not safe at that corner so we felt it would be safer in the parking lot so then people can go park their cars and post their signs," said Town of Stonewall CAO Anne Burns.

"I haven't heard of any complaints of the new location. I think some of the concern is that no one knows where it is, but we have blasted it out in emails and put it on our Facebook page."



TRIBUNE PHOTO BY NATASHA TERSIGNI

Stonewall council moved the community billboard from the corner of 2nd Avenue N and Hwy. 236 to the Veterans Memorial Sports Complex.



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Making artists of us all at Paint Nite

First-ever Paint Nite in Teulon brings in \$800 for GAAC renovations

By Stefanie Lasuik

Creative juices were flowing in Teulon on Aug. 7 when 60 people took to canvases at the Green Acres Art Centre (GAAC) to paint unique pieces while raising money for the centre.

The first fundraiser of its kind in Teulon, Paint Nite entailed "creativity juices" to accompany the night's slogan of "drink creatively." Green Acres green apples were a hit with the painters, who ranged in artistic experience.

Vice-president of the GAAC, Beth Hutchinson explained that the event can help those who have no belief in their artistic abilities to create a painting. The master artist Manda Brownrigg from Winnipeg walked the group through each step on their way to splendid yet individualistic depictions of spring blossoms.

"The best part is that even though

you are all painting the same picture, none of them will look the same," Hutchinson said.

Hutchinson came up with the idea for this fundraiser after attending a Paint Nite for the United Way.

"We are always looking for new and fun ideas for fundraising," she explained, noting she thought the event would be a perfect fit for the centre, which will start up a new art class for children starting in September.

Paint Nite raised approximately \$800, which will go towards re-painting an art wall in Green Acres Art Centre, redoing the wheelchair ramp, and renovating the building's siding.

Due to popular demand, the GAAC plans to organize a second Paint Nite in October.



TRIBUNE PHOTO COURTESY OF PAINT NITE WINNIPEG

The 60 attendees of Green Acres Art Centre's Paint Nite began the evening with blank canvases only to walk away with colourful depictions of spring blossoms.

CIB Yard of the Week



TRIBUNE PHOTO BY JO-ANNE PROCTER

For the past 10 years, Pat and Larry Corbin of Stonewall have created their very own little piece of Heaven at 473 1st St. East. From the curb, this week's Communities In Bloom Yard of the Week is eye-catching, but once inside the yard, everywhere you look are nooks and crannies and unique containers filled with colourful annuals and perennials. The couple spends many hours working together in the yard and takes great pride in its beauty. They enjoy their morning coffee in the sunshine near their pond that is home to more than 10 Koi and several large gold fish.

Stonewall's CIB Yard of the Week will continue to run until the end of August, and the public can nominate a yard by filling out a ballot at Home Hardware.

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Wednesday, August 26th, 2015

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Bobby Bend PAC supporting 'The Power of Play'

By Natasha Tersigni

With an expanding student body, École R. W. Bobby Bend School Parent Advisory Council (PAC) is launching their "The Power of Play" fundraising campaign to raise money for needed outdoor play equipment so all students can be active during recesses.

"The equipment that we have now is fine and here to stay, but what we are looking to do is supplement it. The school is growing, there are lots of kids, and unfortunately there is not enough equipment to accommodate everyone," said Mary Lowdon, one of the organizers of this fundraiser.

"The equipment that we are looking at accommodates a lot of kids at one time. More kids will get an opportunity to play."

The fundraising campaign will officially launch on Quarry Days with a booth set up on Main Street, and the group will be selling raffle tickets with

the grand prize being \$10,000. The second prize will be \$5,000, and third prize is \$1,000.

The equipment that will be added will allow multiple children to use it at once and will provide different fitness options.

"What specific equipment we purchase will depend on how much money we raise from the raffle. The outdoor equipment ranges in price from \$20,000 to \$60,000. The raffle is important because that money is the crux that will be used to fund this initiative," said Lowdon.

"We are looking at equipment with different movement options: pushing, pulling and climbing. It will allow for good quality play."

The PAC has 5,000 tickets available for \$20 each. The draw will be held Dec. 16 in order to give the group enough time to sell all their tickets.



TRIBUNE PHOTO SUBMITTED

École R. W. Bobby Bend School Parent Advisory Council (PAC) will be hosting a raffle to help with their "The Power of Play" fundraising campaign. The money will be used for more playground equipment for the school. Tickets can be purchased at the PAC booth on Main Street during Quarry Days.

Books and Bubbles in the Park

By Stefanie Lasuik

The first year that the Stonewall Branch of the South Interlake Regional Library (SIRL) has run outdoor story time sessions has been a hit. Drawing 20 to 30 kids every second Wednesday, Joan Ransom's enthusiastic and interactive reading style has kept children academically engaged during the summer-time. A welcome song brings the kids together at Archie Gray Park, stories capture their imaginations, and crafts bring out their artistic sides. Amidst the bubbles and smiles is a reading program, summer style. The final story time in the park will be on Aug. 19 from 10:30 to 11 a.m. at Archie Gray Park, although Ransom will continue with indoor story time every Friday at 10:30 a.m. at the Stonewall SIRL branch.



TRIBUNE PHOTO BY STEFANIE LASUIK

Librarian Joan Ransom of the South Interlake Regional Library reads during story time at Archie Gray Park. The final outdoor story time in the park takes place Aug. 19.



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Auditor general gives home-care system a failing grade

By Austin Grabish

Manitoba's home care system is failing the thousands of people who rely on it daily and isn't ready for the province's aging population, according to auditor general Norm Ricard.

A 42-page report with 28 recommendations released last Wednesday examined the management and delivery of home-care services in the Winnipeg Regional Health Authority and Southern Health – Santé Sud.

Ricard found patients in Winnipeg have to wait as long as 37 days for personal care and household services after making a request for assistance.

Both regions also had "difficulties" implementing a provincial initiative that provides some home-care workers with guaranteed hours and set schedules.

The audit also found staff were not always given the proper amount of time to complete a task, and information regarding patient complaints was not easy for management to access.

Ricard said oversight by the province's Department of Health, Healthy Living and Seniors was "limited," and the provincial government does not ensure RHA's comply with its standards.

"Strong management processes are needed at the regions, but the department must also exercise effective oversight," he said.

Manitoba Government and General Employees' Union president Michelle Gawronsky said the audit echo's concerns members of her union have had for years.

The amount of time workers are given to complete tasks is a key issue for workers who, for example,



TRIBUNE PHOTO SUBMITTED

Members of the Manitoba Government and General Employees' Union protest inadequacies in Manitoba's home care program outside a Winnipeg Regional Health Authority office in Winnipeg last Thursday.

have complained they do not have proper time to bathe a client.

"This is something our members have voiced concern about for quite some time," Gawronsky said in a release last Wednesday, a day before union members held a protest in Winnipeg. "Many aren't provided with enough time to perform the care clients need and deserve."

"Our members are also concerned about the

scheduling challenges they deal with every day. These are two important areas we think the employer can do better, and hopefully this report will help remedy those issues."

The Interlake-Eastern Regional Health Authority said it doesn't track the current wait time for new patients who require home care, but the RHA has at least 3,000 patients who use the service.

"More and more people are wanting to remain in their home," said Tara-Lee Procter, regional director of Home Care for the RHA.

Procter said staff recruitment for some parts of the Interlake is an issue for the health authority, but it does have some 600 staff members already dedicated to home care.

Ashern, Pine Falls and Lac du Bonnet have the biggest need for more care workers, she said.

Procter said the other challenge the RHA faces is an aging demographic that is continuing to rely more and more on the service.

Ricard addressed this in his report and found the province has not properly forecast a likely spike in demand for home-care services.

"Given that Manitoba's senior population is expected to grow rapidly between 2021 and 2036, this information is needed to understand how best to deal with the challenges of sustaining the program over the long term," he said.

Health Minister Sharon Blady issued a press release moments after the auditor's report was made public and said a new provincial team will address the audit.

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Mad Science camp fun



TRIBUNE PHOTO BY STEFANIE LASUIK

Teagan Atchison (left) and Daniel Kass were intrigued by the homemade silly putty experiment and had fun getting gooey in the process. Atchison and Kass were two of 14 kids enrolled in the Rosser Woodlands Recreation Commission's Mad Science Camp last week. From Aug. 4 to 7, four daily energy-themed experiments had the youth amped up in their endeavours to mix, mash, create and learn.

Cherishing a memory that led to many more

Third Annual Jim Laird Memorial golf tournament honours one founder of South Interlake Golf Course

By Stefanie Lasuik

The third annual Jim Laird Memorial tournament brought 73 golfers to South Interlake Golf Course in support of the Heart and Stroke Foundation and South Interlake Golf Course.

An avid golfer and a dear friend to many, Laird was one of the men who designed and built South Interlake's original 18-hole layout. In 1980, Laird and three others took the first step toward realizing their dream of creating a quality golf course outside the perimeter by acquiring the property just east of Warren through the sale of Charter Membership Debentures. After major fundraising efforts, Laird worked tirelessly to build the course,

becoming the first superintendent upon South Interlake's opening in 1985 and teaching golf to kids, who he recognized were the future.

Laird's family, friends and supporters come together annually at this tournament to honour his memory in the sport of his passion.

"Everyone liked Jim, it was tough not to like him — just so easy-going and down to earth," said Randy Unger, a family friend of Laird.

Laird's dedication created the place where many more memories are made and cherished.

"Without him, there wouldn't be this golf course where we all get together and play," Unger explained.



TRIBUNE PHOTO SUBMITTED

Pictured from left to right: Don Zebinski, Andre Alfonso, Jake Unger, Randy Unger, Bernie Majewski shot a 61 at the South Interlake Golf Course on Aug. 7 to win the Jim Laird Memorial tournament.

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Your FARM



Optimism prevails at TPP discussions

No agreement made after Hawaii meeting, but global representatives expected to meet again soon

By Harry Siemens

With so much of what Canadian farmers produce going for export,

long-term viability for those who directly make their living off the farm

trade agreements have become more and more vital to the

in all sectors.

With that in mind, Manitoba Pork chair George Matheson remains confident Canada will be a full participant in the Trans-Pacific Partnership.

Representatives of the 12 nations involved in negotiations aimed at securing a Trans-Pacific Partnership Free Trade Agreement met in Hawaii recently. They failed to finalize a deal but are expected to meet again, possibly as soon as later this month.

Matheson says the stakes for Manitoba's pork industry are high, and given the progress they made at the last meeting, he remains in good spirits.

Matheson says they'd like to see the discussions completed but, at the same time, are fully cognizant it's more important they complete

Continued on page 2



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Cajun Garlic Chicken Thighs

and garlic and cook for 3 minutes or until onions are translucent, stirring frequently. Set aside with chicken.

Stir flour into pan residue in skillet and cook 2 minutes over medium heat or until beginning to lightly brown, stirring constantly. Stir in broth, thyme and pepper. Add chicken, onions and any accumulated juices. Bring to a boil over medium-high heat. Reduce heat to medium-low, cover and simmer for 30 minutes or until chicken is almost tender.

Place chicken to one side of skillet, add and mash garlic cloves with back of a spoon. Combine chicken and garlic and turn chicken pieces over several times or until well coated. Cover and cook 5-7 minutes or until chicken is tender.

Prep time: 10 min | Cook time: 50 min
Makes: 4 servings

www.heartandstroke.mb.ca

Ingredients

- 1 1/2 tbsp (22 mL) canola oil, divided
- 4 skinned chicken thighs with bone in, trimmed of fat
- 1 cup (250 mL) diced onions
- 12 medium garlic cloves, peeled only
- 2 tbsp (25 mL) all-purpose flour
- 1 cup (250 mL) reduced sodium chicken broth
- 1/2 tsp (2 mL) dried thyme leaves
- 1/4 tsp (1 mL) black pepper

Directions

In a large skillet heat 1 tbsp (15 mL) canola oil and heat over medium-high heat. Add chicken and brown for 3 minutes on each side. Set aside on separate plate.

Reduce heat to medium and add remaining 1/2 tbsp (7 mL) canola oil, onions

Caribbean Honey-Spiced Chicken with Mango

Ingredients

- 1/4 cup honey
- 1/4 cup fresh lemon juice
- 2 teaspoons freshly grated lemon peel
- 1 ripe mango, peeled and diced
- 1 small onion, peeled and quartered
- 2 fresh jalapeno peppers, halved and seeded
- 2 teaspoons paprika
- 2 teaspoons vegetable oil
- 1 1/2 teaspoons garlic salt
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon freshly ground black pepper
- 1/2 teaspoon ground allspice
- 4 boneless, skinless chicken breast halves
- 1 tablespoon vegetable oil

Preparation

In a small bowl, combine honey, lemon juice and lemon peel; whisk until well



blended. Remove 1/4 cup of mixture to food processor container; set aside.

Add mango to honey-lemon mixture in bowl; toss to coat. Store in refrigerator.

Add onion, jalapenos, paprika, oil, garlic salt, cinnamon, pepper and allspice to honey-lemon mixture in a food processor container. Process until very finely chopped; scrape down sides when necessary.

Spread mixture evenly over both sides of chicken breasts. Spread oil in a 13 x 9-inch baking pan. Arrange chicken breasts in pan. Bake at 375°F for 25 to 30 minutes or until cooked through. Remove chicken to serving platter; top with reserved mango.

Makes 4 servings

The Skill: Raising Nutrition-Savvy Kids Part 2



If you have the time and inclination, consider growing some fruits or vegetables in a backyard or community garden. Research from the Mayo Clinic found that when children in

fourth through sixth grades participated in garden-based activities twice a week, the vast majority (98 percent!) enjoyed taste-testing fruits and vegetables that were grown, and 91 percent liked learning about the nutritional contents of fruits and vegetables. That's a win-win proposition if ever there was one!

You could also set up a contest to motivate everyone in the family to eat more fruits and vegetables. Call it "a rainbow challenge". The goal: to consume as many different colors of fruits and veggies in a day as possible. The prize (besides good health): The winner gets to pick a special weekend activity for the whole family to do together.

The bottom line: If kids want their bodies to perform well and stay healthy, they need to fill them with good-quality fuel in the form of healthy foods in the right amounts. Explain this the right way and kids will get it. After all, they are likely to understand the concept of taking good care of a beloved pet who needs wholesome food to thrive. You might point out that it's the same approach to taking care of their bodies to make

sure they continue to run well. It really is that simple.

As a parent of five children, and as an internist who takes care of adults but routinely talks to them about what goes on in their homes, I'm quite familiar with the power the little devils exert on a family's lifestyle habits. When kids just want "the snack with SpongeBob on it," it becomes especially challenging for parents to make their home a safe nutritional environment. On the other hand, when children are motivated to embrace a health-related issue, they can become powerful forces behind positive changes. Sometimes, as parents, we just need to give them a gentle nudge in the right direction. Of course, a robust body of medical literature also tells us what we already know: that moms and dads are important role models for our children. It's no coincidence that children tend to emulate the language we speak, the religion we do or don't practice, and other behaviors. Moreover, the advice to "do as I say, not as I do" rarely works. If our children respect us, they will do as we do. If they don't respect us – alas, they won't do as we say or as we do. So walk the walk, talk the talk, and eat the right foods.

Disease-Proof: "The Remarkable Truth About What Makes Us Well" by David L. Katz, MD, MPH, FACPM, FACP

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Grilled Chicken & Vegetable Kabobs

Preparation

Combine first 4 ingredients in large, self-closing plastic bag or glass bowl.

Cut chicken into 1 1/2-inch cubes; add to bag or bowl. Marinate in refrigerator 30 minutes or longer for extra flavor.

Remove chicken from marinade; discard marinade. Spear chicken and vegetables on metal skewers.

Lightly sprinkle chicken and vegetables with additional chicken seasoning.

Grill kabobs 10 to 15 minutes, turning frequently.

Makes 6 servings



Ingredients

- 1/4 cup olive oil
- 2 tablespoons white wine vinegar
- 2 teaspoons Montreal Chicken Seasoning
- 1/2 teaspoon Italian seasoning
- 1 pound boneless, skinless chicken breast
- Assorted vegetable pieces

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> TPP DISCUSSIONS, FROM PG. 14

the negotiations satisfactorily, however long it takes.

"In the end, really what we want, at the very least, are the same tariffs on our exports that the U.S. has," he says. "The U.S. is the world's largest pork exporter. We're number three behind the European Union, so we do not want to be in any way disadvantaged in regards to these other main exporters."

Matheson says Manitoba exported \$67 million worth of pork to seven of the 12 TPP members in 2014. He notes Canada exports close to \$1 billion worth of pork to Japan, making that country a key player in these negotiations.

Martin Rice, the executive director of the Canadian Pork Council, says he's also optimistic a suitable agreement is close at hand.

"It was disappointing to not see the agreement completed last week," he says. "Clearly the negotiators and the ministers

came with the idea of bringing it to a close. It is not a case though of us being left out of a deal that others were going to join and that was something that many participants in the agri-food exporters sector were concerned about."

"Certainly they would have finished the deal in Hawaii had there not been a couple of areas of very significant challenge to finish up, and that includes autos, it includes some agri-food sectors, likely dairy, and it probably was a little bit too far a bridge to cross without certain governments going back to confirm an opportunity to negotiate further," Rice says.

Rice doesn't particularly put Canada in that category, feeling our nation was ready to bring the negotiations to a close.

"I think there were some other countries that didn't seem to have the mandate for the negotiators to finish up in some key areas," he says.

Province opposes Liberals pitch to lower booze prices

By Austin Grabish

The Liberals are promising to lower the cost of booze if the party wins the provincial election next year.

Liberal leader Rana Bokhari said the cost of beer, wine, and spirits in Manitoba is too high so the party is looking at changing the provincial liquor system, and lowering the retail price consumers, and commercial cost restaurants and vendors pay.

Bokhari made the announcement during a press conference in Winnipeg last Wednesday and said consultations are in the works.

"The reality is that the system's not working so we're looking to shake it up, we're looking to change it, and we're looking for a made-in-Manitoba solution," Bokhari said.

Bokhari provided few details about the Liberals' pitch, but didn't rule out the possibility of enacting a privatized provincial liquor system similar to the one in Alberta.

The system lets private retailers sell alcohol purchased from the province, which takes a cut of warehouse sales.

"I'm a big fan of private-public relation-

ships," she said. "We're looking at other jurisdictions. We're looking at other countries and the way they deal with their liquor system."

"We are committed to making sure the system changes."

The province was quick to oppose Bokhari's pitch and said the cost of alcohol is not only fair, but also helps fund health care and other services.

"Our government has helped keep liquor prices reasonable," Al Foster, press secretary to Ron Lemieux, minister responsible for Manitoba Liquor and Lotteries said via email. "Publicly-run liquor sales fund essential services for Manitobans. Those that call for privatization should come clean and admit that privatization would mean cutting nurses, doctors, teachers and other frontline workers that Manitoba families count on."

He said Manitoba's current liquor system, which sees a variety of alcoholic products sold through government-owned Liquor Marts, and beer and wine at private vendors is a "good balance" between private and public retailers.

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> FAITH

With Quarry Days upon us, I've been thinking about how much I loved going to the fair with friends when I was younger. I always loved the various exhibits and shows, and have a special memories of the fair. But still, there are parts of fairs that I avoided, and still do, in fact.

I have to avoid the rides because they make me really, really sick. (In fact, as I write, I'm feeling slightly nauseous just thinking about them.) I recall the time a friend, upon seeing my teeth-clenching, nausea-fighting grimace while I was busy surviving the "Tilt-a-Hurl," mistakenly thought I was smiling! It was only

after I almost passed out that he re-

alized I wasn't kidding about not being able to tolerate rides. I wish I could handle the rides, but sadly, I can't.

Another thing I choose to avoid is the midway. Never, in the history of forever, has there been a better chance of Jeff wasting Jeff's hard-earned money than the midway games! With my patented "Andrews Luck," I might

as well just hand the money over to the nice man and be done with it! Don't get me wrong, I enjoy excitement and a certain degree of risk, but I'm also a cautious man, and there's things — like money — that I won't risk to chance.

Similarly, I minimize risks with my health by counting calories (there's an app for that!) and reading labels. I walk the dog daily. I go to the doctor regularly, and you will never, ever, catch me running with scissors. I take time to relax, and I go to conferences and retreats and read to refresh my mind.

My spiritual life is no ring toss either; I will not bet my after-life

to tossing a ring and hoping that it might land on a "get-out-of-hell-free" peg! Our spiritual health is more important than a "step right up, ya pays yer money, ya takes yer chances" attitude. I think most major world religions agree: we humans are eternal beings. So, why would you leave eternity to chance? You certainly don't need to: "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." (1 John 1:9, NIV)

I really hope you manage to get out and enjoy Quarry Days! Take in the fun — maybe even try a game or two... Just please be careful about what you leave to chance! Be safe!

Pastor Jeff
www.alivefamilychurch.ca



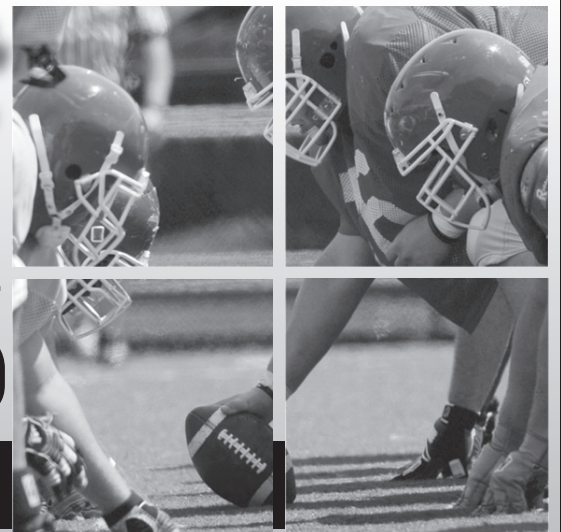
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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Couch family helping kids play hockey

By Brian Bowman

In memory of Murray Couch, who passed away in July, 2014, individuals have donated nearly \$800 to the Stonewall Minor Hockey and Ringette Association in hopes of helping kids play hockey that may not otherwise be able to afford it.

The Couch family, along with the SMHRA, have agreed to use those monies as the inaugural contribution to start a Support Fund program aimed at providing financial assistance for children wanting to play hockey or ringette but require aid to do so.

"I think it's a good program," said SMHRA president Scott Myers last Thursday. "I'm glad to see people donating time and money to helping kids that can't play. It's nice to see a few of our board members come through and volunteer for us to do this."

Any families that register with SMHRA, then apply - and are approved - through either Kidsport (kidsportcanada.ca) or Jumpstart (jumpstart.canadianantire.ca) in order to have a portion of their fees paid, will have any remaining amount still owed waived by SMHRA.

"(Hockey) is expensive between registration and equipment," Myers said. "We'd like to see every kid have a chance to play hockey. We need to communicate with people that these programs are available to people not as fortunate to afford hockey."

"We want to get as many kids playing hockey — that's what we want to achieve here."

Any involvement with the program will be kept strictly confidential and stu.brown@smhra.ca can help with the process. This will be an ongoing program to help the less fortunate have access to hock-



TRIBUNE PHOTO SUBMITTED

Pictured with Murray Couch's National team jersey at the VMSC arena, the Couch family is represented by his three children Bryan, Tami and Cathy and four of his six grandchildren, Adria, Brock, Jackson and Celine. SMHRA is represented by Stu Brown on behalf of their new president Scott Myers.

ey and ringette through future contributions from other sources (i.e. individuals, organizations, businesses, memorials etc.) as well as SMHRA itself.

Donations will be accepted at any time.

For more information on the program and how to

access it or to sign up with SMHRA, individuals are asked to visit smhra.ca or come out to Registration Night on Aug. 19 at 7 p.m. at the Ice Palace. Online registration is also now open at smhra.ca.

Stonewall Minor Hockey & Ringette Association

Registration Night

Wednesday,
August 19, 2015
7:00 PM
Stonewall Ice Palace
(Old Rink)



For more info or to register
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Legionnaires lead Blue Jays in WSBL series

By Brian Bowman

The Stonewall Blue Jays were in a heap of trouble in their Winnipeg Senior Baseball League playoff series against the St. Boniface Legionnaires.

Stonewall trailed 2-0 heading into Game 3 of the best-of-five series on Tuesday evening (no score was available at press time).

The Legionnaires took a two-game se-

ries lead after an 8-7 extra-inning victory on Monday at Fines Field.

Stonewall had a great start to the game, scoring four runs in the bottom of the first inning and then adding another in the second. The Blue Jays then added a pair of runs in the sixth.

St. Boniface, meanwhile, scored twice in the second and then five in the third before scoring the game-

winning run in the eighth.

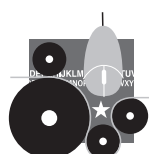
The Legionnaires defeated the Blue Jays 9-1 in the series opener on Aug. 4.

If necessary, Game 4 of the series will be played Wednesday at Fines Field and a series-deciding Game 5 will be played Thursday at Whittier Park in Winnipeg.

Both games will have 7:30 p.m. starts.

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Phillies learn a lot at U14 westerns

By Brian Bowman

The Interlake Phillies were winless at the Western Canadian U14 Fastpitch Championships at the John Blumberg Complex in Headingley last weekend.

But the young Phillies' lineup learned a lot in their games against the top U14 teams from western Canada. It was a great experience for them to see that high-calibre of ball without having to travel out of province.

"We were hosting westerns this year and, like I told you in the past, this is a developmental team," said Phillies' head coach Blaine Shewchuk. "Our goal was to get a lot of games in and a lot of touches and this was an opportunity to do that."

Interlake started tournament action with a pair of losses last Thursday, losing 12-2 to the River City Hornets and 10-5 to the Surrey Storm. The next day, the Phillies were defeated 14-3 by Calgary Kaizen.

On Saturday, Interlake was beaten 11-1 by the Twin Cities Angels and 5-2 by the Smitty's Terminators.

The Phillies then wrapped up action Saturday with a solid effort in a 4-2 loss to the South Delta Invaders.

Despite the 0-6 record, the Phillies looked more comfortable – and played much better – as the tournament wore on. Another year in the gym working out and improving their fundamentals should help this team immensely for next season.

"They were very, very nervous that first game," Shewchuk noted. "But as they saw the other teams, they realized that, 'Hey, they're just like us' and they definitely got more comfortable."

In many of the Phillies' losses, it was just one bad inning here and there that cost the Phillies a chance to win the game. The remainder of the game, Shewchuk noted, the Phillies were very competitive.

"They were close in some of their games and they weren't that far away," Shewchuk noted. "In terms of the pitching and hitting, they were right there. Where the gap exists is clearly the game sense and the execution – knowing what to do with the ball before you get it."

Surrey won this year's western championships after a 5-0 win over Twin City.



TRIBUNE PHOTO BY LANA MEIER

Woodlands' Grace Goodman is ready for a pitch during the Phillies' 10-5 loss to the Surrey Storm, the eventual U14 western champions.

Locals lead teams at western fastpitch championships

By Brian Bowman

The Interlake was well represented at the Western Canadian Senior "B" men's and women's fastpitch championships at John Blumberg last weekend.

Stonewall's Courtney Kwasnitza led the Smitty's Terminators Seniors to a 6-0 victory over the Smitty's Juniors in the championship game last Sunday.

Smitty's Seniors posted a 7-1 record at the westerns.

The Smitty's Juniors, meanwhile, finished with a 6-3 record. The Juniors reached the finals after shutting out the Carnduff Southeast Steelers 5-0 earlier Sunday.

The Juniors' roster included Stonewall's Regan Lawrence and Grosse Isle's Taylor Studler. Lawrence finished the westerns with a 0.96 earned-run average while allowing just one run in 9 1/3 innings of work.

On the men's side, Stonewall's Brady Woods led the La Salle Bullets to the finals where they were edged 5-4 by the Bulyea Rustlers. Woods was 3-0 with a 2.37 ERA.

La Salle advanced to the finals after drubbing the Notre Dame Clubs 8-0.



Stonewall's Courtney Kwasnitza won gold with the Smitty's Terminators Seniors at the Western Canadian Senior 'B' women's fastpitch championships.



TRIBUNE PHOTOS BY LANA MEIER

Grosse Isle's Taylor Studler attempts the out at first during the Smitty's Juniors 3-2 win over the Calgary Red Sox.

Bantam Thunder bash Nomads in opener

By Brian Bowman

The Interlake Thunder could not have asked for a better start to their Bantam football season.

Interlake visited the Nomads in north Winnipeg on Saturday and spanked the home side 43-8 in the season opener for both teams.

"I thought all of the players played great," said Thunder assistant head coach Jayson Fredette. "We were definitely undersized versus this larger Nomads' team. But both the offence and defence came through and made a ton of big plays."

"I was very proud of all of the kids."

The Thunder victory was a huge one on the Nomads' home field. The win should give the Interlake players plenty of confidence going forward.

"It was a nice way to start the season," Fredette said. "It's always nice to get that first win under your belt."

Offensively, Interlake moved the ball very well and had a nose for the end zone, finishing with six rushing touchdowns and a passing TD.

Running back Colton Nedotiafko had two rushing touchdowns and a receiving major. Running back Justin Suitters and tight end Anthony Joynt each had a touchdown on the ground while quarterback Dominyck Fredette had a pair of rushing TDS and a passing touchdown strike.

On the defensive side, the Thunder had a fumble recovery and an interception by Connor Henry. But Inter-



TRIBUNE PHOTO BY LANA MEIER

The Thunder's Anthony Joynt (88), and Isabelle McDonald (34) shut down the Nomad offensive line in the 43-8 victory in the season opener last Saturday.

lake had many standout defensive performances in the win.

Fredette noted that Miguel Larabie, Isabelle McDonald, Brandyn Linklater, and Callum Montgomery made some big plays on defence while Colton Meisner had a huge 40-yard punt return.

The Thunder (1-0) are back in action this Saturday (10 a.m.) when they visit the Valour Patriots (1-0).

"It should be a strong game," Fredette predicted. "They're a competitive team."

The Thunder PeeWees opened their league action last weekend with a shootout loss to the Fort Garry Lions while the Interlake Atom team trounced the Transcona Nationals 60-8.

All five Thunder teams will be in action this Saturday. Besides the Ban-

tams, the Midgets will host the Sunrise Coyotes at Stonewall Collegiate (4:30 p.m.) in their first action of the season while the Atoms will play at Valour (12:30 p.m.).

The Thunder PeeWee squad will play at Transcona (12:30 p.m.) and the Interlake cruncher team will head south to play the St. Vital Mustangs (4:30 p.m.).

Interlake Phillies competitive at U16 nationals

By Brian Bowman

The Interlake Phillies had a heck of a wild ride at the 2015 U16 Girls' Canadian Fastpitch Championships in Calgary last weekend.

But that ride was derailed with a 7-6 loss to Saskatchewan's Lumsden Cubs on Saturday.

Tied at 5-5 after six innings, Interlake scored a run to take the lead into the bottom of the seventh and final inning. After recording the first out of the inning, the Cubs ended the Phillies' season by scoring a pair of runs for the walk-off win.

"That was a very tough loss," said Phillies' coach Denis Woods, just hours after returning home from Calgary on Monday.

The Phillies stormed out of the gates against Lumsden, scoring a pair of runs in both the first and second innings and then adding another in the third.

But the Cubs tied the score at 5-5 by scoring a pair in the second and fourth innings. Lumsden scored another run in the third.

Interlake finished pool play in third place with a 3-2 record, behind both Ontario's Brampton Blazers and the Richmond Islanders from B.C. Those two teams had 4-1 records, which placed the Phillies in the Bowl Division for the playoffs. Interlake started tournament action with a 6-1 loss to Brampton on Aug. 5 and then the Phillies were blanked 5-0 by Halthorn Global Eagles from Prince Edward Island the following day.

"We had a good battle against Ontario 1 until the top of the fifth (inning) and then we kind of ran out of horses," Woods explained. "And the PEI game, the score wasn't (indicative) to the actual game. The weather was just horrible and they got most of their runs in the top half of the inning when it was

a torrential downpour."

The Phillies bounced back nicely from that 0-2 start, however, and played some exceptional ball last Friday. Interlake cruised to victories over the Lloydminster Rebels from Alberta (6-5), the Quebec Rebelles (4-1) and the Islanders (4-1).

That was Richmond's lone loss in pool play.

"We had a very good Friday," Woods stressed. "The girls played some good ball and even in the losses, which were hard to take, the girls played well. They were under a lot of nerves – a lot of pressure."

"We're very proud of the girls and their accomplishment and how they conducted themselves. It was a great week and I'm glad we decided to go (to nationals)."

The experience of playing at a national tournament will help the Phillies' players immensely in their fast-

pitch careers. Overall, this was a real good season for the Interlake squad, which played 52 games.

"That's what this is all about," Woods said. "This is a life skills (lesson) for them, too. It opens up their eyes and they see what the heck is out there. I hope all of these girls continue on with the game. Like we've told them so many times, they don't know how good they are and how good they could be."

Meanwhile, Stonewall's Amber Schneider led her Smitty's Terminators to a bronze medal at the U16 nationals. Smitty's lost their final game 3-0 to the Guelph Gators on Sunday.

Guelph was then edged 6-5 by the White Rock Renegades in the gold-medal game. Schneider posted a 1-2 record on the mound with a 2.40 earned-run average and a team-high 14 strikeouts. She also batted .200 (two-for-10) with a pair of walks.

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Grantham Law Offices requires a legal secretary for a full-time position, preferably with legal experience but not required. Duties will include preparing legal documents and dealing with clients. Specific training will be provided. Salary will commensurate with experience. Please forward your resume to: Grantham Law Offices, Box 1400, Stonewall, Manitoba R0C 2Z0, Attention: Doug Grantham.

SCHOOL SECRETARY REQUIRED

Interlake School Division invites applications for a part-time (1 day/week) **School Secretary** position at Stonewall Collegiate. This position will job share with a 4 day/week school secretary.

The ideal candidate will possess:

- Excellent people skills
- Minimum grade 12 education
- Strong computer and keyboarding skills (minimum 50 words per minute)
- Good accounting skills
- Previous secretarial experience
- Excellent communication and organizational skills
- Knowledge of Powerschool and CIMS programs are an asset

Applications are to include a complete resume and three references. Please apply by August 24, 2015, 12:00 noon to:

Mrs. Ward, Principal
Stonewall Collegiate

Tel: 467-5539 / Fax: 467-5105

Email: mward@isd21.mb.ca



The Stonewall Teulon Tribune, Selkirk Record, Express Weekly News and Winkler Morden Voice is looking for a full time graphic designer to work in our Stonewall office. The applicant must have a minimum three years MacIntosh experience using InDesign CS5 or later, Adobe Photoshop and Adobe Illustrator. Must possess the ability to create print ready PDF files. Microsoft Word an asset. A strong feel for typography - tracking/ kerning/leading and a strong sense for detail would be beneficial. Work week is Friday to Tuesday. Must be able to work independently in a fast paced environment with a multitude of deadlines.

Please email resume and three samples of work to:
Nicole Kapusta - Production Manager
adproofsrtv@mymts.net

Selkirk Record **Tribune**
EXPRESS **Winkler Morden Voice**

HELP WANTED

Kletke Seed Farm Ltd has openings for self-motivated individuals for full time year round positions in our automated seed processing plant/ grain farm near Teulon Mb. There are 2 shifts to be filled. The day shift is from 7 a.m. to 4 p.m. and the evening shift is from 3 p.m. to midnight. Duties are multi diversified including operating computerized bagging and seed treating equipment, seed cleaning mills, forklift, and grain farm equipment. Assets include individuals that work well in a team atmosphere, take responsibility, show leadership. We offer a great work environment, competitive wages and benefit plan. Please e-mail resumes to Attn. Glenn at ddkletke2@mymts.net or fax 204-886-3446.

HELP WANTED

Seeking to hire Dairy Farm Worker - High Green Farms Ltd. is now seeking to hire two Dairy Farm Workers to work on our farm located at SW24-15-4W (Box 33) in Lake Francis, MB. The job duties include milking cows, cleaning barns, feeding and caring for calves and cows, operating and maintaining farm machinery and equipment. This is a permanent, full time position, 60 hours per week including weekend, day and evening as required. The salary will range from \$13 to \$16 hourly depending on experience. On farm staff accommodation is provided. To apply please contact us by phone at 204-383-5259 or by email at dolson@highspeedcrow.ca or by mail to High Green Farms Ltd., SW24-15-4W, Box 33, Lake Francis, MB., R0C 1T0.

Part time driver required 2 days per week. Days/hours flexible, Class 3 with air or better. Apply by email rduky2@mts.net; in person at Rubber Ducky Resort or fax 204-808-8090. More info 204-322-5286.

HELP WANTED

Wanted - part time help on dairy farm near Warren, MB. Experience not necessary. Mostly weekend work. Call 204-383-5296, ask for Brad or Stacey.

Tire technician/lube tech - busy automotive and tire repair shop requires a tire technician and oil change technician. Duties include mounting and balancing of tires, performing tire repairs as required on a variety of vehicles. From tractors, semi's and light duty vehicle. Must be capable of performing light mechanical duties. Please apply to Stonewall Tire and Automotive Repair 377 1st Street East Stonewall in person or email stonewalltire@mymts.net

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CANADA STAMPS

Used Canada stamps (1870+) for collectors. 200 different, \$5; 300 different, \$10; 500 different, \$15. Send money order or certified cheque to Box 2254, Winkler, MB. R6W 4B9. Cell phone 1-204-362-7770.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

POTATOES FOR SALE

Red, Yellow & Russett potatoes for sale. Sunflower seeds, wild bird seed & deer feed. Call 204-886-2676 Interlake Potato Farm.

FEED AND SEED

Looking for organic grain from organic certified growers, contact Jason Charles at 1-763-999-7550 or Tom Sawatzky at 1-204-272-5514.

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- Excellent Benefits Package

Must be able to have extended stays away from home. Up to 6 months. Must have a valid AZ, DZ, 5, 3 OR 1 with airbrake licence and have previous commercial driving experience.

Apply at: www.sperryrail.com, careers and then choose the FastTRACK Application.

Classified booking deadline is Monday 4 p.m. prior to Thursday's publication.
Call 467-5836



Interlake School Division is seeking a positive, enthusiastic Receptionist for the Division Office.

Applicants should have previous office experience, well-developed computer skills (good keyboarding skills, knowledge of MS Office software) and good written and oral communication skills.

This position works 10 months of the year. Employment to commence as soon as possible. Rate of pay is \$14.02 per hour.

Please direct applications, including complete resume and three references to:

Colleen Cowie
Executive Assistant/Office Manager
Interlake School Division
192-2nd Ave. N
Stonewall, MB R0C 2Z0
Tel: 467-5100 / Fax: 467-8334
Email: ccowie@isd21.mb.ca

Closing date for applications is August 27th, 2015, 4:00 p.m. Only those applicants contacted for an interview will be acknowledged.



REMINDER! FARM AUCTION FOR BOX T RANCH LTD Nancy and the late Hugh Crockatt SATURDAY, AUGUST 15, 2015 10 AM STONEWALL, MANITOBA

Directions: From Stonewall, Manitoba on #67 HWY, west 1.5 miles to lane marker #4067E on south side. Watch for signs.

PLEASE VIEW www.lamportanddowler.com FOR FULL LISTING AND PHOTOS!

John Lamport 204-841-4136/204-476-2067
Tim Dowler 204-803-6915/204-222-6187

Classifieds

Call 467-5836

ANNOUNCEMENTS

CARD OF THANKS

To the staff of the Stonewall Health Centre, Stonewall Palliative Care, and Stonewall Home Care, we send a special thank you. Everyone involved in assisting and getting through a very trying time will always be remembered for your compassion and professionalism. The kindness and generosity of our friends throughout the area and beyond is special. Stonewall and district is amazing place to grow and live, as our family has known for the past 25 years. Bonnie always enjoyed the festivities with her family in the back yard. We know she was watching and smiling even as the storm passed through.

-Take care everyone, Jodi, Cory and Denis

ANNOUNCEMENTS

CARD OF THANKS

BEACHELL - The family of Alan Beachell would like to thank our friends, neighbours, nurses and home caregivers for their many acts of kindness, baking, cards, flowers, visits, donations and calls before and after dads passing. With your support we were able to honour his wishes and keep him in his home until the last 2 days. Thank you to Stonewall hospital staff for their care and compassion during his short stay in hospital. Thank you to Kyle and the staff at the Hitch n Post for looking after his final wish by hosting his Celebration of Life, it was exactly what he would have wanted.

-With our appreciation: Laurie and Judy, Jim and Arla, Lee and Ian, Grant and all their families

ANNOUNCEMENTS

CARD OF THANKS

Many thanks to family, friends, neighbors, Kim's friends and co-workers for attending Kim's Memorial Service as well as for the flowers, cards, emails, telephone calls, visits, donations to the Teulon Museum and the Humane Society, and food brought to my home. Special thanks to Pastor Cleary for a most comforting service. To Charlotte, Tracy and Terry for their "Remembering Kim". To Sherry and Tony for the music. To the Teulon W.I. for the great lunch. To Eric and Rochelle of MacKenzie Funeral Home for their compassion. All of this made a very difficult time for me just a little easier.

-Alice Persoage
(Kim Moore's Mom)

McSherry Auction Service Ltd
AUCTION SALE
ESTATE OF RONALD REIMER
Saturday August 15 @ 10:00 am
Sperling, MB
#15 Charles St.
97 Dodge Dakota 43,731 Km Sft * 76 Ford Courier 26,031 Miles * 77 Plymouth Volare 79,745 * 73 Dodge Dart Sport 2 D 60,053 Miles * 72 Toyota Carolla 84,343 Miles * 68 Dodge 100 Custom 49,293 Miles * 62 Studebaker Vanity 54,424 Miles Exc Cond * 62 Dodge Seneca 2 Dr * 60's Dodge 100 w Stepside Box * 49 Chev Mdl. 1433 1 Ton * Yard Items * Tools * Guns * Large Amt Antique Furniture * Farm & Household Antiques * Signs & Toys * Black Cat Sign *
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www.mcsherryauction.com

ANNOUNCEMENTS

BIRTH ANNOUNCEMENT



Tori Enns-Bullied and Bryan Patterson, along with big brother Dallas and big sister Danika are proud to announce the arrival of Lincoln Thomas Enns Bullied Patterson. Born July 17th, 2015, 12:14am weighting 6.6 lbs, 19.5 inches. Lincoln is welcomed by proud grandparent Cassandra and Dale Bullied, Leslie and Rick Patterson, as well great grandparents Melody and Laurie Enns, Jack and Gwen Bullied, Helen and Jim Harris, Jean Patterson. Also welcoming Lincoln are his aunties Darrien and Sierra Bullied and Uncles Blaine Bullied and James Patterson, along with great aunts, uncles and cousins.

A huge thank you goes out to the staff at St.Boniface hospital and an extra thank you to Nurse Monique.

A baby shower will be held in honour of Lincoln, August 16th, 2015 at the Warren Hall from 2-4pm. Everyone is welcome to join!

McSherry Auction Service Ltd
EQUIPMENT PLUS
CONSIGNMENT SALE
Sunday August 16th, 2015 @ 10:00 am
Stonewall, MB
#12 Patterson Drive
Call to Consign!
email: mcsherry@mts.net
Tractors & Equip Case 1070 Cab 540/1000 6500 Hrs. * A C D17 Gas 3PH 5000 Hrs. * NH TR85 Combine 3820 Hrs. * Case IH 8480 Rd Baler * New Idea 484 Rd Baler * 18' Tandem Disc * Int 1100 Trailer 9' Sickle * 2013 Rowse 9' Trailer Sickle * Trailer Post Pounder * New-Dozer Blade 94" * 3 PH 82" Rotovator * 3PH Bale Forks * Farm King 3PH Blade * BH 20' Triple axle Trailer w Beaver * WW 16' BH Stock Trailer * Skidster Street Sweep Attach * 3PH 6' Finishing Mower *
Building & Recreation 16' Open Bow Boatw Outboard & Trailer * 20' Wrought Iron Gate *
Buildings 30' x 85' x 15' Storage Bldg * 20' x 30' Storage Bldg * 10' x 20' Com Pop Up Tent * 16' x 22' Event tent * 20' x 40' Party Tent *
Tools Tire Changer * Wheel Balancer * JD 6000 Watt Generator * HD Work/Tool Bench * Air Hyd Jack * Pallet Jack * Pipe Bender * Power Pack * Wood Pellet Heater * Honda Water Pump * Booster/Charger *
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BIRTH ANNOUNCEMENT

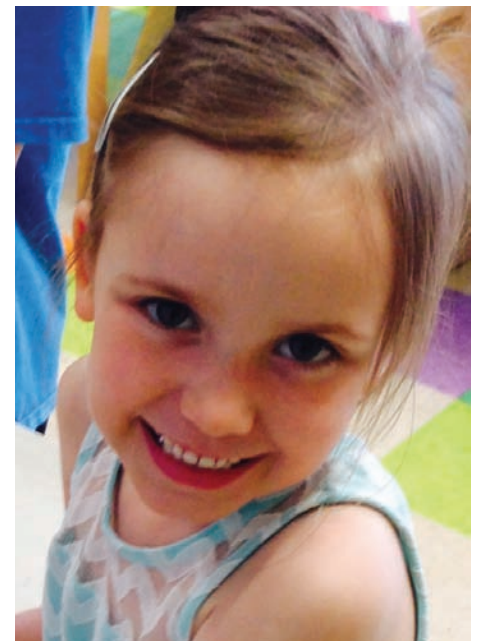


Ritchie/Schlamp

Brad & Becky are thrilled to announce the birth of their baby boy Maverick (Mav) Bradley Ritchie on May 29, 2015. Very proud grandparents are Randy & Carol Ritchie, Bob & Darlene Schlamp, Great Grandparents Bill & Lois Ritchie, Denis & Shirley Nolin and many proud aunts, uncles & cousins.

ANNOUNCEMENTS

BIRTHDAY



Our Tiny Tot keeps growing!
Happy 7th birthday to our sweet and kind hearted little girl.

Mia you are our light and you fill everyday with love and happiness!
We hope you have a great Birthday!!

-Love Mommy and Daddy

Plan to attend the following Auctions

(both will be short sales)

Lloyd & Elaine Johnson, Chatfield, MB
Monday, August 24, 2015 at 11:00 a.m.

Sale site: From Lundar on PR #419 - 29 km East, turn right on PR #120 & go East 2 km
Or from Chatfield - 11 km West & 2 km South
(Follow signs)

Included in the sale: 2001 New Holland TS110, 16 spd, 3pt hitch, w/Q750 Quicke attach loader (7200 hrs); 2006 New Holland BR780A Baler; Case IH 8370 14ft Haybine; M.F. Model 36 side delivery rake; IH 300 16ft Diskall fertilizer & seed (no grass); : (2) Hay trailers (hold 14 bales each); 400 Bales - Alfalfa Mix, twine wrap (34 to a pile); Cattle Equipment, some household and antiques

David & Kathy Shabaga, St.Martin, MB
Sunday, August 30, 2015 at 11:00 a.m.

Sale site: From St. Martin Junction
- 4 km East on PR #513
(beside Community Curling Club)

Included in this sale: '49-'50 Ford 8N Tractor, 12 v w/new clutch for tractor; J.D. #9 7ft 3pt Mower; 1977 Mercedes 280E, 155,000 miles, white interior, sun roof, (always inside); Harley Davidson gas 3 wheel golf cart; Tilt skidoo trailer; Vulcan (US Pat) sm Anvil (arm & hammer decal); (2) Patio sets - (1) oval table w/4 chairs & (1) glass top rectangular table, sm love seat & 2 chairs; Brinkman Pro4655 6 burner BBQ w/side burner; Shop & Tools; Yard & Misc; Household and Antiques

Both posters can be viewed in full along with pictures at:
www.globalauctionguide.com

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AUCTION SALE

ESTATE OF ROSE DUDAR

Saturday August 29 @ 10:00 am

Fraserwood, MB
Jct Hwy #7 & 231

Go West 4 Miles Then South 2 Miles
Then 1 Mile West on Dudar Rd.
Contact: Tom (204) 299-9045
or Kathy (204) 275-5008

Tractors & Crawler Ford 7710 Cab MFWA 3PH 540/1000 Triple Hyd w Leon 690 FEL 7531 Hrs. -Needs Engine Repair * Deutz D7206 Cab w Leon 690 FEL 7250 Hrs. * JD 4020 Dsl Cab 540/1000 Hyd 6584 Hrs. * Sold After EEZ On FEL * JD 1010 Gas Crawler w FEL Hyd. New Undercarriage * JD Mt Row Crop Eagle Hitch * Case 630 * Case 430 Gas Hyd * Case DC 4 * Manure Forks

Equip Hutchmaster 8' Offset Disc * Scultz Rock Picker * 48' Tandem High Boy Flat Deck * Semi Dolly Converter * Sitrex 9 Wheel Rake * JD 450 Trailer 9' Sickle Mower * Wrowse 30' Hyd. Dump Rake * NH 56 Side Del Rake * NH 851 Rd Baler * JD #5 Semi Mt 7'Sickle Mower * Farmhand Stack Mover

Building Sheet Metal Pole Structure 32' x 56' x 16' H Shop w Double Slide Door & Man Door (\$8000.00 reserve Bid) To Be Moved *

Vehicles 80 Mack Semi * 77 Chev C 50 w 15' B & H * 87 GMC 4 x 4 1/2 Ton * 78 Chev 2500 * 75 Ford 1 Ton Dually w 11' Deck & Hoist * **Livestock Equip & Misc** Farm King PTO Roller Mill on Transport * Port Squeeze Chute w Scale * Miami Port Creep Feeder w Panels * Rd Bale Feeders * Corral Panels * Com. Meat Grinder * 1200 Gal Poly Tank * Cement Mixer * Wood Heater * 5th Wheel Hitch * **Recreation & Yard** 88 Ford 24' Triple E Motorhome Dash AC * Aluminum 16 1/2' Boat, Merc 200 Outboard & Trailer * Along w Yard Tools , Household & Farm Antiques *

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Announcements

Call 467-5836 or Email igraphic@mts.net

ANNOUNCEMENTS

IN MEMORIAM



In Memory of Jerry MacLean

May 17, 1946 - August 14, 2014

We speak of you daily.
We feel you amongst us wherever we go.
Your Crokinole board and deck of cards,
they sit still, not played.
Your fishing gear, still in its case, not used.
Our hearts continue to hurt but memories of
you encourage us to smile.
Our farm, has a quietness about it with
you gone.
We miss your laugh, your voice and songs,
your funny stories, your love for us.
We miss you.

- Sadly missed & forever loved,
By Karen, Megan & Jess, Shannon & Jaycen,
Lisa & Addison

ANNOUNCEMENTS

IN MEMORIAM

In Memory of my Papa, Jerry MacLean

May 17, 1946 - August 14, 2014

Twinkle Twinkle, my Papa's star
I always wonder how you are
Up above the sky so high
Your special star sparkles in the sky
Twinkle Twinkle my Papa's star
I always wonder how you are

- missing you so very much,
Love Addison

ANNOUNCEMENTS

IN MEMORIAM



Charison

In loving memory of our parents

Steve - March 25, 1923 - November 29, 1980

Doreen - July 29, 1926 - August 15, 2005

We cannot bring back the old days,
Your smiles we no longer see.
So we treasure memories of days now gone,
As we think of you both today.
So it isn't what we write,
And it isn't what we say.
It is however how we live for those you left,
That we honour your memory today.

-So very much missed by,
Carol, Gail, Valerie, Janice and Cheryl

ANNOUNCEMENTS

MEMORIAL GATHERING



Judith Susanne Bergthorson 7 July 1948 - 10 January 2015 Memorial Gathering

Relatives and friends of Judith's family are invited to a celebration of her life, on August 23, 2015. Please join us for music and refreshments at the Lunder Royal Canadian Legion, from 2:00 - 4:00 p.m. There will be an open mic for those wishing to share a story or pay a musical tribute to Judith's life.

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OBITUARY

Sarah McDonald (Elsie nee Griffin) October 13, 1921 - August 7, 2015



It is with great sadness that we announce the passing of Elsie McDonald at Rosewood Lodge in Stonewall.

Elsie leaves to cherish her memory, her daughter Marian and son-in-law Ray Assels, grandsons Drew, Trevor (Haley), Kris (Inga) and great grandchildren Noah and Kira; sisters Ruth Gee, Muriel (Don) Taplin, brother George (Jean) Griffin, sisters-in-law Gwen Griffin, Beatrice (Lionel) Kuran and many nieces and nephews.

Elsie was predeceased by her husband of 42 years, Ross McDonald, in 1992; parents, Reg and May Griffin, brother Jim Griffin, brother-in-law Bill Gee, sisters-in-law, Sadie (Leonard) Claydon, and Margaret (George) Martin.

Elsie grew up on the family farm in Woodlands. She had many happy memories of her childhood there. After acquiring her teaching certificate she taught in Gunton and Stonewall. While teaching in Gunton she met and later married Ross McDonald in 1950. She worked alongside Ross on the McDonald homestead while they raised their daughter, Marian. Later she returned to teaching in Teulon, retiring in 1980. Nothing made her happier than when a former student recognized her and complimented her on being their favourite teacher.

Elsie was a lifetime member of the Teulon Agricultural Society and for many years entered her baking, sewing, knitting, flowers, canning, and vegetables, etc. Over the years she received countless ribbons and prizes for her entries in the Teulon and Stonewall Fairs. A large vegetable garden and numerous flower beds were Elsie's pride and joy. Her endless efforts resulted in an award winning yard.

After retiring from teaching Elsie filled her time learning new hobbies. She enjoyed taking pottery and carving lessons. She taught herself to paint along with her good friend, Gladys Paul. With the arrival of 3 grandsons, her life took on a whole new meaning. She always looked forward to their visits and was thrilled when Marian, Ray and the boys moved back to Manitoba in 1992.

In 2001 Elsie moved off the farm and took up residence at Lions Manor in Stonewall. She enjoyed her years at Lions Manor until declining health required that she move to Rosewood Lodge. We would like to thank the staff at Rosewood Lodge for the care and compassion they gave to Elsie and her family during her final days.

A funeral service will be held on Thursday, August 13, 2015 at 11:00a.m. at MacKenzie Funeral Home Stonewall, Manitoba.

In lieu of flowers, those who wish may make donations to the Canadian Cancer Society or the Alzheimer Society of Manitoba.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • mackhome@mts.net



OBITUARY

Abe (Abram) Sawatzky

November 2, 1937 - August 5, 2015

Suddenly at his residence in Stony Mountain Manitoba, formally of Winkler, Manitoba, Abe (Abram) Sawatzky passed away peacefully at the age of 77 years.

Left to cherish his memory is his partner, Ruth Falk. His son Richard Sawatzky (Jade) and grandson Reid. Sisters, Katie Penner (Jake), Mary, Brother Peter (Maryann) and their families. Abe was predeceased by his parents, and brothers Cornie and John.

After a lifelong career in the trucking industry he retired. Abe enjoyed traveling, camping at Chesley's, and going to McSherry's Auction Sales, even if it was just to visit. Abe enjoyed the children whom he and Ruth did respite for through Macdonald Youth Services.

In accordance to Abe's wishes funeral service will be held on Saturday August 22, 2015, at 1:00 p.m. at the Wheeler Funeral Home, 1800 Day Street with viewing one hour prior. Interment will follow at Mennonite Memorial Gardens.

In lieu of flowers donations can be made to the Macdonald Youth Services 175 Mayfair Avenue, Winnipeg MB, R2L 0A1, (204) 477-1722.

Funeral arrangements in care of:

Wheeler Funeral Home, Cemetery & Crematorium
1800 Day Street, Winnipeg, MB

Please sign the book of memories at www.wheelerfuneral.com

OBITUARY

Walter Senga

August 20, 1928 - August 9, 2015

Peacefully on Sunday, August 9 at Teulon Hunter Memorial Hospital, Walter passed away at the age of 86 years. He was predeceased by his parents Phillip and Olga as well as his brother Mike. He leaves to mourn his brother Joe (Jean) and sister-in-law Anne. He will also be sadly missed by numerous nieces, nephews, great-nieces, great-nephews and many friends.

Walter lived and farmed most of his life in the Malton area. He enjoyed hunting, fishing, and playing cards and listening to Ukrainian and Blue Grass music. Pallbearers are Adam, Phillip, Glen and Lawrence Senga, Leonard Evanchyshin and Ben Yassenko.

The family would like to thank the staff at Teulon Hunter Memorial Hospital for the care that was provided to Walter.

Funeral service will be held at 10:30 am Thursday, August 13, 2015 at MacKenzie Funeral Chapel in Teulon, interment to follow at Zbruch Cemetery.

In lieu of flowers, donations can be made to Zbruch Cemetery, c/o Jean Senga, Box 41, Malton, MB, R0C 1Z0.

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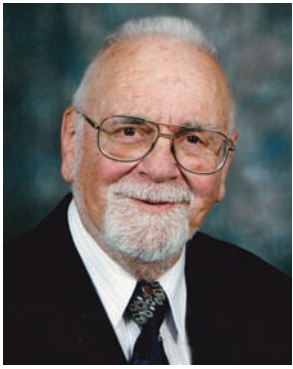
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OBITUARY



Gordon Staples Trick
1927-2015

Father, grandfather, friend, confidant, passionate supporter of family. Gordon died peacefully on July 23, 2015. Beloved husband for 56 years of Ella Trick (d. 2009). Father of Charles (and Irena Creed) of London, ON; David (and Julie Jai) of Toronto; Michael (and Ilona Weyers) of Pittsburgh; and Janice (and Jean-Marc Gagnon) of Ste. Agathe. Grandfather of Chris, Mathieu, Janelle, Nico, Naomi and Alexander. Also survived by many other relatives, as well as friends in Stonewall and Winnipeg.

Gordon was born in 1927, the fourth and youngest child of Charles S. and Ethel Trick, and was raised on the family farm near Stonewall. He received a scholarship from the McConnell Foundation to attend McGill University, and he subsequently earned a M.Sc. from Western University and a Ph.D. from McGill.

Gordon worked as a chemist at the Suffield Experimental Station in Alberta and at Goodyear Research in Akron, OH before returning to Winnipeg in 1971 to become the Director of Science and Technology for the Manitoba government and the founding Executive Director of the Manitoba Research Council.

Gordon met Ella Kenning at a baseball game in 1945. He walked her home, and after that, they were rarely apart. They married in 1952 and spent a honeymoon year in the UK, where Gordon did a postdoctoral year at the University of London. Together they raised four children while giving freely of their time to the YMCA, Scouts and their church. After his retirement in 1985, Gordon and Ella spent many happy years visiting their children and grandchildren, woodworking, and other pursuits before Ella's health problem required Gordon's full-time attention. In 2012, he moved to Seine River Retirement Residence where he made many friends.

The family thanks the many friends and caregivers who assisted Gordon, and especially Dr. Salem and the staff of Victoria Hospital and Edward and Barbara Labossiere.

Cremation has taken place with burial at Stonewall Cemetery. A memorial service will be held at 11:00 am Monday, August 17, 2015 at St. Mary's Road United Church, 613 St. Mary's Rd., Winnipeg, Manitoba.

In lieu of flowers, friends who wish may contribute to Siloam Mission or to St. Mary's Road United Church.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 •mack home@mts.net



OBITUARY



Dr. David McQueen

Dr David McQueen passed away peacefully on August 4, 2015 at the age of 93.

David spent his childhood in Glasgow Scotland. He served in the British Army in India during the Second World War where he met Beryl, his wife of almost 70 years. Together they emigrated to Canada and eventually settled in Winnipeg where he practiced for many years as a Pediatric Orthopaedic Surgeon. After leaving private practice, he

worked as a consultant Surgeon for the Worker's Compensation Board and then finished his career as the Medical Examiner for the Interlake area.

He enjoyed many hobbies over the years, including movie making, sailing, golfing and painting. To all of his interests, he brought the same dedication and perfectionism that he maintained in his professional life and he never lost his deep Scottish roots.

He was predeceased by his wife Beryl on December 24, 2014. He is survived by daughter Janet (Terry), son Ross (Michaelen), daughter Caron (Howard) as well as eight grandchildren and nine great-grandchildren.

A very special thank you to all the staff at Red River Place in Selkirk. Your patience and support were deeply appreciated.

A private family gathering has been held to celebrate his life.

In lieu of flowers, the family would gratefully request that donations be made in Dr McQueen's memory to Red River Place, Selkirk, Manitoba.

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OBITUARY

Peter Kapusta



It is with great sadness that the family announces the passing of Pete on August 5, 2015 at Stonewall Hospital, Stonewall, MB at the age of 74 years. He is survived by his daughters, Nicole and Laura (Mike), grandsons Aidan, Ethan and Owen Shymko, sister Natalie Kenal and special friends Fern McRae, Dean Shymko and Debbie Hueging.

Pete was predeceased by his wife Judy; parents John and Mary Kapusta; sister-in-law Joy Lillies; and brothers-in-law Jim Scott and Bob Kenal.

Pete was born July 6, 1941 in Niagra Falls, ON. He grew up in Broad Valley and Fisher Branch, and then moved to Thompson where he worked for 17 years with the Liquor Commission and in the mine. Pete and Judy met in Thompson and were married in Warren on Oct 10, 1970. In 1976 they took over the family business in Warren and operated Pete's General Store until he retired in Sept. 2012.

Pete loved to garden, fish and watch any type of sports. In 2007 Pete was inducted into the Manitoba Baseball Hall of Fame with the 1954-1959 Fisher Branch Falcons.

Pete will be sadly missed and lovingly remembered by his family and friends. His love for his family, friends and grandsons will be cherished. We love you Dad, Papa and friend.

We would like to thank Dr. Graham, and all the staff at the Stonewall Hospital for their outstanding care and compassion shown to Pete and his family during his time there.

As per Pete's wishes, there will be no formal service. Interment will take place at a later date.

Pete loved watching his three grandsons play all their different sports. He particularly loved watching them play hockey and rarely missed a home or away game. In lieu of flowers, donations may be made in memory of 'Papa Pete' to South Interlake Recreation Committee (SIRC), Box 468, Warren, MB R0C 3E0.

Wojcik's Funeral Chapel & Crematorium in care of arrangements.
2157 Portage Avenue 204-897-4665

OBITUARY

Joan Harper



Mom passed away peacefully surrounded by family on August 6, 2015 at the age of 93. Mom was born to Alfred and Ada Louise Duston in Yorkshire, England on April 28, 1922.

Mom immigrated to Canada with her husband, our Dad, Sid, and newborn son, Stuart, in 1948. Their journey began in Brock, Saskatchewan and continued with a move to St. Charles, Winnipeg. They retired to Woodlands Manitoba, to the farm where they enjoyed their time together with family and friends. With Mom's outgoing personality and contagious positive outlook of life, she made many friends in the communities they lived in. Mom maintained her enthusiasm for life, and cherished her visits with friends and family, especially those visits from her great grandchildren.

Mom was predeceased by husband Sidney John Harper and son Stuart John Harper. Mom is survived by daughter Beverly Heggie (Rick) their children Tyler, Devon, and Jayne, son Dale Harper (Jan) their children Dana and Tanya and Stuart's girls: Shelley (Stuart Schaeffer) their children Sidney, Spencer, and Seth, Sarah (Jason Ewanek) their children Austen, Jayden, and Easton and Shaylene (Craig Stewart) their children Keanna and Kayden.

A service was held at MacKenzie Funeral Home in Stonewall, Manitoba at 10:00 am on Tuesday, August 11.

A private family interment was held.

Friends who so desire, may make donations to the Manitoba Heart and Stroke Foundation.

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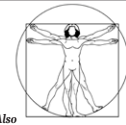
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