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Lemonade for a cause

TRIBUNE PHOTO BY JODY WASSERMAN

Scarlett Wasserman, left, and Sophia Monkman sold lemonade at a pop-up stand in Teulon on Aug. 8. The girls donated half of their earnings to JZs Bags. With all the support they received, they were able to donate \$270 to the project. See full purple ribbon story inside.

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Candette

Teulon residents support Overdose Awareness Month with purple ribbons

By Tyler Searle

All month, Teulon's main drag will remain adorned with purple ribbons in support and reverence for Manitobans who suffer with — or have died from — substance abuse disorders.

Eighty purple ribbons and 51 photographs of lost loved ones are now hanging from trees, telephone poles and signs along Main Street and Beach Road.

Jody Wasserman hung the tributes on July 31 with the help of her mother, Cindy Zeller, aunt Melody Zeller and friend Crystal McMahon.

Wasserman is a member of Overdose Awareness Manitoba (OAM), an advocacy group with the goal of raising awareness, decreasing stigma and creating efficient supports for people who use drugs and their families.

August is Overdose Awareness month, and since 2017, OAM has used its Purple Ribbon Campaign to stimulate conversations about drug use and honour those who've succumb to drug-related deaths.

Wasserman's brother, Josh Zeller, passed away in 2019 from an accidental overdose.

He was a loyal friend and a beloved brother and son, Wasserman said.

"Even in his hardest times when he didn't have much, if he had something that he could help you with, he would help you."

Josh, 36, battled substance abuse disorder since his early twenties. In the final year of his life, he was desperate for help and seeking professional medical intervention. Despite his attempts to access provincial resources, immediate assistance was unavailable.

On Feb. 22, 2019, Josh attended a Rapid Access to Addictions Medicine (RAAM) clinic in Winnipeg. He met with a medical team who advised he attend a treatment program in Ste. Rose du Lac. They placed Josh on a waitlist.

He seemed pleased by the team and expressed to Wasserman that he felt they'd listened to him.

Four days after visiting the RAAM clinic, Josh overdosed.

"He died waiting for the call," Wasserman said.

"That was super frustrating. Super frustrating."

On Feb. 26, Josh joined 191 other Manitobans who died of drug use that year.

In 2020, 372 Manitobans died of an overdose (an 87 per cent increase), reported Manitoba's office of the chief medical examiner.

Manitoba's surge mirrors similar increases in drug-related deaths across the country, as reported by Statistics Canada.

One possible solution is providing immediate and long-term care for people who seek help for drug-use disorders, Wasserman said.

"(When a person seeks help) there cannot be a wait, and in Manitoba, unfortunately, that's what



Josh Zeller, 36, died of an accidental overdose on Feb. 26, 2019.



TRIBUNE PHOTOS SUBMITTED BY JODY WASSERMAN
Jody Wasserman tied this ribbon and photo of her late brother, Josh Zeller, to a tree outside of Teulon's Memory Garden.

JZ'S BAGS DONATION DRIVE

My brother, Josh 'JZ' Zeller, always carried his backpack with him, no matter where he was going or for how long. We unfortunately lost Josh to an accidental overdose on February 26, 2019 while he was on a waitlist for help. I have created JZ's Bags in his memory. I will be making up 40 backpacks full of personal care items, snacks and cards of hope and giving them to those in need. Each backpack will also include a picture and letter about Josh and the amazing man he was, and explain why I am doing this. It will tell them that they are important and someone cares about them.



Backpacks (new or gently used)	Granola/Protein Bars
Reusable Water Bottle	Hot Rods/Pepperoni Sticks (individually packaged)
Tarps (small blue tarps available at Dollarama)	Prepackaged Cheese & Crackers, Goldfish, Ritz, etc
Shampoo (preferably travel size)	Hot Chocolate (Individual packs)
Feminine Hygiene Products	Instant Oatmeal packages
Hand Lotion	Mints/Gum
Wet Wipes (Small Packs)	Fruit Snacks
Hair Brush/Comb	Cookies (individually packaged)
Chapstick	Water
Band-aids	Cup of Soup
Nail Clippers	Tuna or Chicken Salad packs
Floss Sticks	Juice Boxes/Pouches
Hair Ties	Basically any non-perishable snack item
Q-Tips	
Face Cloths	Large and small Ziploc Bags
Socks (new or very gently used)	Monetary donations accepted as well.
Gloves/Mitts (new or gently used)	Etransfer.jodywasserman@live.ca
Toques (new or gently used)	
Scarves/Neck Warmer (new or gently used)	
Masks (reusable)	

THANK YOU TO ALL DONORS. TOGETHER WE CAN MAKE A DIFFERENCE.

After her brother's death, Wasserman started a non-profit initiative called JZ's Bags. The organization is currently hosting a donation drive.

happens," she said.

"Many of the members of Overdose Awareness Manitoba — their loved ones did pass away while they were on a waitlist."

In addition to its ribbon campaign, OAM has hosted rallies at Winnipeg's legislative building and drafted petitions calling for the province to improve its addictions resources.



Crystal McMahon, Cindy Zeller, Melody Zeller and Jody Wasserman spent four hours adorning Teulon's main drag with ribbons and photographs.

Wasserman discovered the organization in 2019 after finding an online petition calling on the province to make naloxone (an opioid treatment that counters the effects of overdose) an unscheduled drug.

"I, in my grief, basically determined that I was going to help, and I ended up getting like 1,500 signatures for their petition," she said.

In December 2020, the provincial government announced it is working on new legislation that will see naloxone become an unscheduled drug. The new classification will mean non-health-care professionals can distribute and administer the treatment.

Above all, Wasserman hopes sharing her brother's story, and the stories of hundreds of other substance abuse victims, will reduce the stigma, promote new services and alleviate the fear of seeking help.

Engaging in conversations about addictions and witnessing perspectives shift is all the ultimate gratification, she said.

In honour of her brother, Wasserman operates an independent donation drive called JZ's Bags. She fills backpacks with snacks, hygiene products and winter gear and distributes them to vulnerable people.

"Last year, I was like, 'I hope I can do 10 backpacks,' and we had enough donations that we did 30 backpacks," she said.

Wasserman is hosting the drive again and has upped the ante. This year she'd like to fill 40 bags.

People interested in making donations can contact her via email at jodywasserman@live.ca or by searching Project JZ on Facebook.

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Warren Herizon District ladies club merges with Lions

By Jennifer McFee

Two local service organizations have discovered that life is simply better together.

The Warren Herizon District Lions Club has merged membership with the Warren and District Lions Club.

Ralph Sinclair, president of the new group, is enthusiastic about the change.

"It's exciting because we've worked together side by side all this time," said Sinclair, who has been a Lions member for a total of 35 years, first in Stonewall and then in Warren.

"The amalgamation isn't going to change anything in the way that people get along. It's just going to be a better family."

Fran Lindell, who was president of the Warren Herizons group prior to amalgamation, explained the impetus for joining forces.

"Both clubs were having difficulty recruiting new members and that was one of the reasons for combining. With a combined membership, we could still deliver on services and it's much easier for any fundraising — although fundraising has been difficult with COVID," she said.

"The Herizons have amalgamated under the name Warren and District Lions Club, and we're always looking for new members. We welcome anyone."

The Warren and District Lions Club launched in 1990 and the Herizons started five years later, sponsored by the men's group.

"Since then, we have contributed more than half a million dollars to the community," Lindell said.

"We service the RM of Woodlands, Marquette, Rosser, Argyle, Balmoral

and all the way up to Lake Francis."

They've contributed funds towards local amenities such as museums, community clubs, arenas and play structures at schools. In addition to local endeavours, they also sponsor Lions Foundation projects.

Looking ahead, the group is trying to acquire funding for a new playground structure for Warren Park. They're in the midst of applying for grants and getting quotes to move ahead with the initiative.

"On top of that, we have a compassionate committee that looks after giving out money to help with things such as medical expenses and fires. For anyone who has a fire in the district, we have the discretion to give out \$500 to help as soon as we hear about it. Insurance takes a while to start up and there are all kinds of expenses along with dealing with all your personal loss," Lindell said.

"Herizons also used to give out for people that were in hospital with a chronic or acute situation. We would purchase parking passes or gas cards for \$250."

Over the years, the men's and women's group banded together to host different fundraisers to support these projects.

"The men had the hotdog and smokey stand at Prairie Dog Central that goes to Grosse Isle. That was their major fundraiser, and the Herizons would help with that. The Herizons did a lot of catering and, if need be, the men would help us with that too," Lindell said.

"By pooling our resources and combining members, it will be easier to keep up with the same services we were providing before."



TRIBUNE PHOTO BY JENNIFER MCFEE

Back row, left to right: Stu Bangle, Ralph Sinclair, Charlie Amy, Craig Hughson; front row: Lois Bangle, Fran Lindell, Linda MacMillan, Pat Arbuckle and Faye Mason.

Murray Scott, who was president of the men's group prior to amalgamation, expressed similar sentiments.

"We've had some difficulty in the past few years with trying to get new members into both clubs. We lost a few through people moving away or retiring or getting too old to carry on with our projects and fundraising. Some members have also passed away recently," he said.

"The Lions tried to recruit some younger members in the past few years, and we were somewhat successful in getting some younger members from the community involved. The Herizons lost members as well and they were finding it difficult to carry on as a separate group. We both were having the same issues."

Yet the groups have always shared many ties together, so the new arrangement feels like a natural progression.

"Although we were separate entities, we still shared a lot of projects and fundraising activities together. So we thought that it might be a good idea to try to merge the two groups," Scott explained.

"We don't know what the future will hold with COVID, which was another factor that nobody was expecting and it really impacted our fundraising. When that gets over, hopefully we'll get back to some of the projects."

Members are welcome from all local communities, he added.

"We're excited because we're bringing the members together," Scott said.

"Everybody has something to offer in terms of resources, different ways of thinking and new ideas."

Anyone who is interested in more information or in becoming a member can contact Fran Lindell at 204-461-0649 or 204-322-5672 or Murray Scott at 204-797-8624.

RM of Rockwood council news in brief

By Jennifer McFee

- At the July 14 meeting, Rockwood council authorized transferring the 2020 budget surplus to the community enhancement reserve.

- Council granted permission for a resident to set up a temporary fence in the east ditch of Road 8E between roads 82N and 83N. The fence will be removed at the request of the public works department and the RM won't be liable for any damages to the fence or animals.

- Council approved the clearing of trees and brush from the road allowance of Road 91N east of Road 3E for 800 metres east and 20 feet wide. The resident who requested the clearing will do the work and will

remove the trees and brush from the road right-of-way to be placed on their land.

- Council defeated a resolution to authorize the municipality to partner with Armstrong Construction to add gravel and stabilize Road 83N between 4E and 6E. The defeated resolution indicated that the RM would pay for the magnesium chloride, while Armstrong Construction would pay for the required gravel and equipment.

- The RM of Rockwood requires the owner of a fish farm to apply for a permit and install a field drain to divert water from entering a neighbour's property to the south. The work must be complete by Aug. 1,

2022. Coun. Terry Hartle voted against the resolution.

- The municipality has hired Ernie Epp of Way to Go Consulting to perform a boundary review before the 2022 municipal election for the price of \$8,300 plus GST. Based on the 2021 census, he will determine if ward boundaries need to be amended. Currently, the RM of Rockwood has boundaries that divide the municipality into six wards. For any additional work, the fee will be \$125 per hour (\$81.25 per hour while travelling), plus vehicle allowance at \$0.52/kilometre and out-of-pocket expenses of meals as required.

- Council authorized Grantham Law Offices to prepare discharge of

caveat, being an agreement to establish a bed and breakfast on Road 3E, and register it in the property registry.

- The RM of Rockwood has appointed Reid & Miller Chartered Professional Accountants to be the municipal auditor for 2021, 2022 and 2023.

Mask mandates vary around Stonewall with recent government announcement

By Sydney Lockhart

Stonewall businesses are now able to decide their COVID-19 restrictions as the province lifts mask mandates.

As of Saturday, Aug. 7, the provincial government has lifted mask mandates and retail capacity restrictions, leaving businesses to make their restrictions after the province reached their August vaccination goals.

Public health still recommends wearing masks and self-distancing, even when fully vaccinated due to the Delta variant.

"Since Day 1, we've been following provincial health guidelines, and we're going to continue to do that. So as of Saturday morning, masks will be actually strongly encouraged but not mandatory in the stores, and that would be for staff and for customers," said Family Foods owner Dave Kalnuk.

Kalnuk hopes that people's habits won't change much as the restrictions lift and that people will still be safe and protect others in his store.

"I know personally I will still be wearing one on Saturday, but they will not be mandatory anymore," he said, "It's not unusual to have family shopping together and they often bring their kids with them so they're the ones that we really have to be mindful of right now and make sure that that they're protected as much as possible."

At the I.D.A. Stonewall Pharmacy, masks are recommended but not mandated for customers but are required for staff. They are also keeping distancing, sanitizing and plexiglass barriers in place.

"We will be putting up a sign that our staff are wearing masks to pro-

tect you. We would appreciate it if you would wear a mask to protect our staff. We're not making it mandatory," said owner Darlene Appleyard.

Appleyard is concerned that if she mandates masks within her store, her young staff may have to deal with backlash from people not agreeing with the decision when she is not there.

"We will be watching the numbers every day and if they go up, we will go mandatory whether the Manitoba government does or not," said Appleyard.

Her biggest concern throughout the pandemic has been keeping her staff safe, and when she heard about the recent loosening of restrictions, she felt sick to her stomach with worry.

"It is a very, very troubling situation to be in for the Manitoba government to put this on our back, especially when they see what's going on in other provinces," said Appleyard.

Michelle Myers, owner of Interlake Kneads Massage Therapy, said she is keeping the mask mandate in place at her business because she feels that they play a role in protecting families, clients and the community.

"It seems a bit soon. I have a lot of clients who work within the medical field in hospitals, and they are quite concerned. There are just too many unknowns, I think, still," said Myers.

"It's been a long year for people who own their own business, so I think this is just one more thing that's kind of added to our plate."

Myers said seeing that children can't be vaccinated, she wants to continue wearing masks to prevent further spread.

"I think it's the right decision and



PHOTO SUBMITTED

Mask mandates vary from business to business.

I hope that people just respect our decision to wear masks. Hopefully it won't be much longer. I mean, I'd love to burn these things too," she said.

Pizza Den is reopening for in-person dining for the first time in months on Aug. 13 and will have a mask mandate in place.

"We'll deliver everything, like great service delivery here inside, and we'll make sure we are following health and safety guidelines. Customers' health and safety is primary for us here at work," said Munish Pathak, owner of Pizza Den.

Pathak is planning to remove a couple of tables to create distancing between customers so that people are spaced out, even though provincial guidelines do not require them to do so. Masks will be required when picking up takeout and when being seated but are allowed to be removed once seated at the table.

"If we are following guidelines and wearing masks, we will also make sure that we are providing a safe and healthy environment for clients," he said.

Stonewall Quarry Physiotherapy is not changing any of their COVID-19 protocols and will still require masks and COVID-19 screening upon entry.

"Everyone (staff) was quite pleased with the fact that we were going to be insisting on patients still wearing masks," said owner Scott Allan. "It was really very simple discussion."

Allan said because they are a medical facility, they wanted to maintain the highest standards for the health and well-being of their staff and patients.

"There's still the potential fourth wave; there are still children under 12 that are not vaccinated. There's a number of people that still haven't had both their shots or haven't had one, so there's still lots of potential for this thing to flare up again," he said.

Graham Starmer, president of the Stonewall Chamber of Commerce, said he has spoken to many businesses around town, and many will either be mandating masks or strongly recommending them.

"Businesses over the past 15 or 16 months probably lost a lot of money as a result of the shutdown. I think they don't want to see a resurgence where they have to shut again. So I think they'll do everything in their power to see that they remain open," he said.

For COVID-19 restriction information on individual businesses in Stonewall, phone them directly for more details.

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New case count remains low

Staff

Warnings of a possible fourth wave of COVID-19 continued even as the province last weekend welcomed a significant loosening of public health restrictions.

The new case count meanwhile remained low as of the regular update Monday, which noted 128 new cases of the virus had been identified since Friday, including 29 cases Friday, 29 cases Saturday, 45 cases Sunday and 25 cases

Monday. Seven cases were removed due to data correction, bringing the total number of lab-confirmed cases in Manitoba to 57,860.

Public health officials reported one new death of a person with COVID-19, and the death of the female in her 60s from the Winnipeg health re-

Continued on page 7

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letter to the editor

Letters to the Editor: letters@stonewallteulontribune.ca

Stonewall visitor enjoys our town

I spent a month in Stonewall with my daughter and my new granddaughter. I fell in love twice, firstly with my granddaughter and secondly with Stonewall. The town stole my heart.

If you live in Stonewall, I truly hope you appreciate just how amazing it is.

If ever I could pick where I wanted to spend the rest of my life, it would be in your town.

We took walks every day. Well, truthfully, my daughter walked and my granddaughter slept in her stroller and I rode along on my scooter. You might have seen us out and about town. I didn't see many others riding scooters downtown. Everyone said hello. Many people

waved from front porches and balconies and from cars at crosswalks. I love how the town has four-way stops and no one is impatient. Many drivers would smile at us. We walked past one particular house, "The Williams," and we laughed because they had such a lovely front porch. Sadly, no one was ever home to say hello. Although, just before I flew home, I did meet one member of the family!

So, here comes the love part. It was clean. No trash anywhere and litter containers and flowers and the most amazing tree-lined streets. I did hear a story from someone local about cherry trees and how they had to replant trees after a particularly bad bout of black knot or some form of fungal disease? I felt pro-

ected by all the trees. Given shade and such beautiful sounds as the breeze passed through the limbs of the trees. Benches to sit on and little gardens here and there for those who wanted to just sit-a-bit. The town gets a A+ for accessibility, except for the town hall (which I heard is being made accessible). We ate breakfast one day at Sig's Grill and Coffee Shop. The day we were there, three men were discussing the squirrel situation. We had cannolis from Beyond Bread. We had coffee and baked goods at Something Beautiful. My scooter went into both grocery stores, the Manitoba Liquor Store and I was not refused entrance from anywhere I went. Even at the Quarry Park, there were mats set down that I could manoeuvre my walker along to get to the water's edge. I had a little

swim!! I had small talks with so many of you. I loved how you told me who your grandparents were and I heard stories of their lives in Stonewall. People are on a first-name basis in almost every establishment. People knew the history of every building. It seems you don't have to be blood to be considered family.

My daughter's neighbours are Wally and Brenda. Salt of the earth. Kind, friendly and warm. All the people I met are the same. Every walk I saw volunteers out tending the gardens and clipping grass and I saw many people out walking and running and always a smile and a nod. I was and still am in love.

Stonewall, you're the best. Can't wait to come back and visit again.

- Lynette Stoutenburg
Peterborough, Ontario

Manitoba 150's Explore 150 application is active again

By Katelyn Boulanger

After COVID-19 restrictions encouraged Manitobans to stay home as much as possible during the province's celebration of its 150th, the lifting of some of those health measures means that the Explore 150 application, which inspires residents to visit 150 destinations across our province, has now come back. This was made possible because of the province reaching its vaccination goals and cases of COVID dropping in recent weeks.

"We could not have people traveling. We could not be encouraging people to travel the province, using the Explorer 150 app during COVID. Now, we've simply taken our lead from the provincial government's COVID guidelines and now that they have given us the green light to relaunch the Explore 150 app, we're thrilled and delighted," said Stuart Murray, co-chair of the Manitoba 150 host committee.

The application launched at the beginning of 2020. Before the COVID-19 pandemic started, it was very successful.

"People were going around the province, and they were taking advantage of looking at different places and exploring the province maybe in a way they normally wouldn't have," said Murray.

The application, which is available at the Google Play and Apple Store, was relaunched on July 30.

Some of the 150 destinations are hidden gems right in our very own communities with Bird's Hill Provincial Park beach, Brokenhead Wetlands, Interpretive Trail, Grand Beach, Arborg Multicultural Heritage Village, the world's largest curling rock in Arborg, Eriksdale Creamery Museum, the Gimli viking statue, New Iceland Heritage Museum in Gimli, the Hecla lighthouse, the Narcisse snake dens in Inwood, The Locks at Lockport & Lockport Heritage Park, Lundar Beach Provincial Park, Matlock Pier, the mushrooms monument in Meleby, the Icelandic Bridge in Riverton, Grosse Isle Heritage Village in Rosser, Pilehenge in Rosser, Chuck the Channel Catfish in Selkirk, the Marine Museum in Selkirk, the St. Peter Dynevor Anglican Church, Lower Fort Garry

in St. Andrews, River Road Heritage Parkway in St. Andrews, Steep Rock Beach, Stonewall Quarry Park, Oak Hammock Marsh, the Lake Manitoba Narrows and the boardwalk at Winnipeg Beach all making the cut.

Murray thinks that residents may not realize the amazing things hidden in their own communities because until the pandemic many people would choose to vacation outside of the province; however, for even more inspiration beyond this application, Travel Manitoba is a great resource and have a beautiful social media presence that highlights many great destinations.

As for the prizes that come along with using the application, there are many still available to be won with monthly prizes and the grand prizes of a Barkman outdoor kitchen package or a trip for four to Churchill courtesy of Lazy Bear Expeditions and Calm Air still up for grabs. August's monthly prize is a two-night stay at the Lakeview Gimli Resort Getaway.

Murray also wanted residents to know that even though the application is back, residents are asked to re-

spect the COVID guidelines that are still in place at home and in the communities that they plan to visit.

"We have to be continuing to be safe, practise all of the COVID guidelines that are in front of us, and be respectful of those but I think that we have to remind ourselves that we are blessed to live in our amazing province. And what a great opportunity to take the rest of the summer to get out there and explore how beautiful Manitoba truly is," said Murray. Learn more about the application, prizes, and how to win them at <https://manitoba150.com/en/programs/explore-150/#top>.

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Harvest begins early amid drought

By Jennifer McFee

Troubles continue to crop up for local farmers who are struggling to keep afloat during this season of severe drought.

Bill Campbell, president of Keystone Agricultural Producers, said the state of crops varies from area to area.

"We're probably 10 days to two weeks earlier than what would be a normal harvest. We're seeing some of the early maturing cereals being harvested already," he said, noting that cereals could be in full-fledge harvest by the end of the week.

"In the harvesting that is done, it's extremely variable. If you were fortunate enough to get one more timely rain, the crops are maybe less than average but not devastating. But if you happened to miss one or two of those timely rains or if you're in an area like the Interlake that didn't get hardly any rain, the consequences are devastating."

For many farmers, the entire season has been arduous.

"We're seeing some of the forages and pastures impacted the most without that early season precipitation. For the most part, the regrowth on pasture management systems has been very limited. In fact, we've seen some grass go dormant again and it probably will not regrow until there is significant rain or next year," Campbell said.

"So that's been the challenge. We've utilized a lot of tools to enhance pasture production but if there's no rain and no regrowth, it leaves you with limited options. And if you do some management techniques and the grasshoppers get there before the cows, then there's nothing for the cows to eat. That's been a huge issue in areas where the grasshopper infestation has exceeded anybody's thoughts of what it could be."

Moving forward, Campbell said canola would be the wild card.

"We don't know exactly what the impact of the drought is on canola and I don't know how it's withstood it this long. There's no doubt it has been significantly impacted with the dry conditions," Campbell said.

"Until we get the combines rolling and get the grain in the hopper and in the bin, we won't know exactly how much damage has been done."

At the same time, farmers continue to rely on their experience to get them through tough times.

"We do the best that we can with the knowledge and the tools that we have. We just need a little help from Mother Nature," he said.

"We're working together as a farm community to ensure that everybody is looked after and getting the best that they can out of our resources. With the crop, it is what it is at this point in time. Some crops have a bit of potential if we have rainfall, but we'll see where it goes from there."

For Campbell, harvesting has already begun at his farm on the south side of the Souris River near Minto.

"We've done a quarter of barley and a half-section of oats. We could have used one or two more timely rains, but we took the combines out and we combined it," he said.

"We have a bit of straw after the crops so we're trying to utilize that straw material. We will be close to crop insurance coverage levels."

Likewise for livestock farmers, it's been a season of hand-wringing and impossible choices.

"I'm aware that there are some difficult decisions to be made in areas that are adversely affected and we see that with the number of livestock going to auction marts. It's extremely uncharacteristic to have sales of this magnitude at this time of year," Campbell



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said.

"It's because producers have no options left and we know that, but we are working together with other farm groups and we are trying to find solutions."

During these trying times, Campbell stresses the importance of keeping tabs on the mental health of everyone in the farming community.

"Be sure to check on your neighbour. If you notice any uncharacteristic things happening with the neighbour, reach out to them. We are human beings that have a social function on our lives, so just communicate and let producers know that there are professional services available if they need help," he said.

"Let them know that they're not in this alone. There are a lot of people going through some very difficult times. Reach out to professionals for help and lean on one another in the ag community. We will do our best to get through this most difficult time."

In an effort to relieve some of the stress, the provincial and federal governments announced on Friday, Aug. 6 that they would increase the 2021 AgriStability interim benefit percentage to 75 per cent from 50 per cent for Manitoba producers, based on their estimated final 2021 benefit. As a result, producers who are enrolled in AgriStability can access a portion of their benefit early to help support losses and cover costs.

AgriStability, a business risk management program under the Canadian Agricultural Partnership, is an important tool that can help manage risks and financial losses because of poor yields, low commodity prices or rising input costs. The program provides support when a producer experiences a large margin decline. The

Continued on page 7

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TRIBUNE PHOTO BY JO-ANNE PROCTER

Harvest is in full swing as extreme to exceptional drought conditions continue across the Interlake. Hot and dry weather has continued to rapidly advance crop dry-down and hurt yields. Help the *Tribune* record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: weather@stonewallteulontribune.ca.

> HARVEST DROUGHT CONDITIONS, FROM PG. 6

interim benefit is calculated based on the estimated margin decline or loss for the year compared to the farming operation's reference margin. The decline must be at least 30 per cent below the reference margin to access a payment.

In addition, Manitoba is invoking the late participation option for producers who are not currently participating in AgriStability. Payments to late participants will be reduced by 20 per cent prior to applying any other deductions or penalties.

Manitoba will also be waiving AgriStability structural change for eligible 2022 program participants to ensure producers maintain their level of support and are not penalized for

any significantly reduced productive capacity resulting from this year's extreme weather events.

Agriculture and Resource Development Minister Ralph Eichler said he's been working closely with Manitoba producer groups and they're looking for every way to help producers. At the same time, he's also maintaining close contact with ministers from Ontario, Saskatchewan and Alberta, as well as with federal Agriculture and Agri-Food Minister Marie-Claude Bibeau, to discuss a multi-year approach.

Eichler is asking that all levels of livestock could be deferred for taxation purposes if they have to be sold off. In addition, he is working toward

a corn initiative.

"A lot of corn in different areas is dry," he said. "It's not going to make silage or feed corn either. We want to try to convert that over to feed stock, so I hope to have answers on that soon."

In the corn business, things can change quickly, he added.

"If we get the right moisture, it can grow a foot in a day and it might make some feed. We don't want to get ahead of ourselves, but we don't want to sit around waiting either," he said.

"It's really important to get that feed stock so they can make those decisions about whether or not to sell their herd or keep part of it."

> CASE COUNT REMAINS LOW, FROM PG. 4

gion, linked to an unspecified variant of concern, brought the total number of deaths in people with COVID-19 is 1,184.

The current five-day COVID-19 test positivity rate was 2.5 per cent provincially and 1.6 per cent in Winnipeg, and of the 25 cases reported Monday, eight new cases were in Southern Health-Santé Sud.

Across the region, the only districts with active cases were Arborg, Beausejour, Erisdale/Ashern, Fisher/Peguis, Northern Remote, Powerview/Pine Falls, Selkirk, Stonewall/Teulon, Unknown District and St. Andrews.

Overall, there were 278 active cases and 3,913 individuals who have recovered from COVID-19.

As well, there were 89 Manitobans hospitalized with COVID-19 including 32 people with active COVID-19 as well as 57 people who are no longer infectious. A total of 14 Manitoba patients were receiving intensive care for COVID-19, including six people in intensive care units with active COVID-19 as well as eight people who are no longer infectious but continue to require critical care.

Possible exposure locations are listed online by region at the province's

#RestartMB Pandemic Response System webpage. For up-to-date information on possible public exposures to COVID-19 in regions, visit www.gov.mb.ca/covid19/updates/flights.html#event and click on your region.

For up-to-date information on COVID-19 in Manitoba, including the online screening tool, testing criteria and locations, self-isolation requirements, public health fundamentals and the provincial response level on the #RestartMB Pandemic Response System, visit www.manitoba.ca/COVID19.

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A Time for The Golden Rule

Do for others just what you want them to do for you. (Luke 6:31 ~ GNV)

I expect The Golden Rule was one of the first Biblical passages I learned as a child. Perhaps the same is true for you? Its simplicity stuck with me from an early age and taught me to always consider how my actions would affect the people around me, whether they were family, friends or neighbours. It's a passage that has been on my mind during the many months of pandemic. It has kept me vigilant about the needs of the people around me, especially the most vulnerable people in my life and community.

As we cautiously creep into the fall, with its promise of more freedoms and normalcy, this simple passage is even more important for us to remember and to live by each day.

Perhaps one of the most disturbing revelations of this pandemic has been the selfish reactions to the restrictions we have been living with as a community. I must admit that I have been dismayed by the individualism that has sometimes overshadowed the call to protect those who are not safe without our faithful action.

Jesus encountered that kind of self-love and self-focus in his own ministry. His response was always to advocate for the value of those who were weakest and without power — the stranger, women, children, those living in poverty, the imprisoned and people plagued by illnesses that were misunderstood.

As we creep back into a freer time of recommendations, not restrictions, I hope that The Golden Rule will be reflected in our actions, and that the images of Jesus reaching out his arms to the children, the sick, the marginalized and the weak will spring to mind.

They say a community is best judged by how it treats its most vulnerable members. May we demonstrate our faith by standing with the people of our community, country and the world who need our faithful protection, trusting that they are doing the same for us.

Rev. Mona Denton
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 at Stony Mountain-Lilyfield
Pastoral Charge

Bears wander closer to communities

By Jennifer McFee

The ongoing drought is not only impacting farmers, it's also bringing wildlife — including bears — closer to communities.

To her surprise, Karen Prior recently spotted a bear on her deck in the north end of Teulon. On July 31 at about 5:30 p.m., she was reading near an open window when she heard a noise and turned around to an unexpected sight.

"I had been outside reading and I just had one chapter left but it was hot so I thought I'd just finish it in the house. I had the windows open, and it was a nice breezy day," she said.

"So I was sitting on the couch and I heard a very light thud. I turned around and there was a bear on my deck and a little baby on the sidewalk with its front paws up on the deck. Then she jumped off the deck, and there were actually two babies that followed her across the yard."

After that, the bears wandered over to her neighbours' yard across the street and went up into the trees. At 10 p.m., the trio was still there.

Similarly, Lori Sinclair said a mama bear with cubs have been spotted hanging around her area northwest of Argyle. On July 31, a neighbour reported seeing them run through Sinclair's pasture around lunchtime.

"I've been very fortunate that I haven't seen the bears myself, but all my neighbours have reported to me because they know I walk with my little dog," said Sinclair, who also expressed concern for people walking on the Prime Meridian Trail near her home.

"I don't really know what to do if I meet up with a bear because we don't usually have them here. Some years, people spot bears north of us, but I guess with the drought conditions, they're a lot closer than they ever have been."

Janine Wilmot, human-wildlife conflict biologist for Agriculture and Resource Development, said there are a lot more interaction reports this year in Manitoba.

"We think most likely it's because of the drought that's across most of the province. They're ranging further afield looking for food and water sources, so they're more likely to come into communities. If

they can smell attractants in those areas, they're going to come in and investigate those potential food sources," she said.

"There was also a late frost in the spring that impacted the flowers for some of the berry plants. When there's frost damage to the flowers, then the berry crop is much poorer as a result because it damages the development of the berries. So there's less berry availability in some areas."

As a result of the late frost and drought, bears are forced to find other ways to survive.

"There have been some bear sightings in Teulon, Gunton, Balmoral and Stonewall, which is apparently quite rare. In some parts of the province, bears are also being displaced by wildfires that are burning, but that's not the case in the Interlake," Wilmot said.

"Whenever there's a lower natural food availability, we do tend to get more interactions being reported because they're wandering further to look for alternative food sources."

To reduce the risk of bear encounters, she encourages everyone to take preventative measures.

"It's really important to secure any potential attractants in yards, particularly any potential food attractants because bears have this amazing sense of smell. They have about seven times the smelling capability of a blood hound, so they can smell food from a long way off," she said.

"People should be taking down bird feeders when bears are active on the landscape and making sure that their garbage is stored somewhere where it can't be accessed by bears. If they have fruit trees in their yard, make sure to pick the fruit as it is ripening, not allowing it to fall to the ground and then rot because that scent really carries on air currents."

A lot of people don't realize how adept bears can be at getting into potential food sources, she added.

"You can't leave things like packaged food outside unattended because they can easily get into that," Wilmot said.

"And if you have a pickup truck with a tonneau cover, that's not going to keep your food from being accessible by bears. You have to have it in a secure vehicle in the trunk or a hatch and out of sight, hopefully enclosed in plastic so it's not as food-scented."

Another attractant that people often don't think about is their pet, particularly dogs.

"We tell people it's ideal if you can leave your dogs at home when you're going to bear country," Wilmot said. "If you are bringing them, make sure they're always kept on a short leash and not left outside unattended."

If you do happen to encounter wildlife, Wilmot says your first response should always be to stop, remain calm and assess the situation.

"How you respond is going to be based on the animal's behaviour and what it's telling you about their state of mind," she said.

"You may encounter a bear that's not aware of your presence, in which case you would just back away down the trail in the direction that you came from and let it go about its business."

If you encounter a defensive black bear that is stressed by your presence, your response will be different.

"It usually shows signs that it's stressed like popping its jaw or making huffing noises or swatting at the ground," Wilmot said.



TRIBUNE PHOTO BY HEATHER OUGHTON

A number of black bears have been seen in and around Stonewall this summer.

"Those types of things indicate that it's feeling stressed. In that situation, you want to remain calm, talk to the bear calmly, let it know that you're human, and try to back away from the situation."

Another potential encounter is with a bear that's non-defensive.

"It could be a bear that's curious," Wilmot said. "It could be food-conditioned where it has obtained prior food rewards from human-based food sources, so it's more comfortable approaching people and being around people looking for food."

The most rare case would be to encounter a predatory bear, she added.

"In that situation, you want to move aside and give the bear room to pass in case it's just trying to get by you," she said.

"If it does continue to come toward you, then you treat it as a predatory bear. You want to be loud and large and make lots of noise. You'll want to be very aggressive and try to encourage it to move away from you."

If you're going to be in bear country, Wilmot recommends that you carry bear-deterrent spray as your No. 1 tool.

"I think of it like wearing a seatbelt in a vehicle. When you get into your vehicle and you're going for a drive, you always put on your seatbelt. The odds are low that you're going to be in an accident, but if you were in an accident, it could save your life," she said.

"It's the same with bear-deterrent spray. We don't carry it because we think we're going to be attacked by a wild animal. But in the rare chance that it does occur, it could save your life."

Wilmot points to the provincial government's Agriculture and Resource Development website at https://www.gov.mb.ca/fish-wildlife/wildlife/wildlife_human/ for anyone who would like more information.

"There's a publication and links section that people can click on for fact sheets, brochures, posters, kids' activities as well as a video about human safety in bear country," she said.

"It's a really good resource for people if they want to learn about how to interact with black bears and reduce their risks."



TRIBUNE PHOTO BY KAREN PRIOR

A mama bear and two cubs made their way to Karen Prior's deck in Teulon last week.

Incredible Creatures: Hover Flies – Masterful Mimics

By John Gavloski

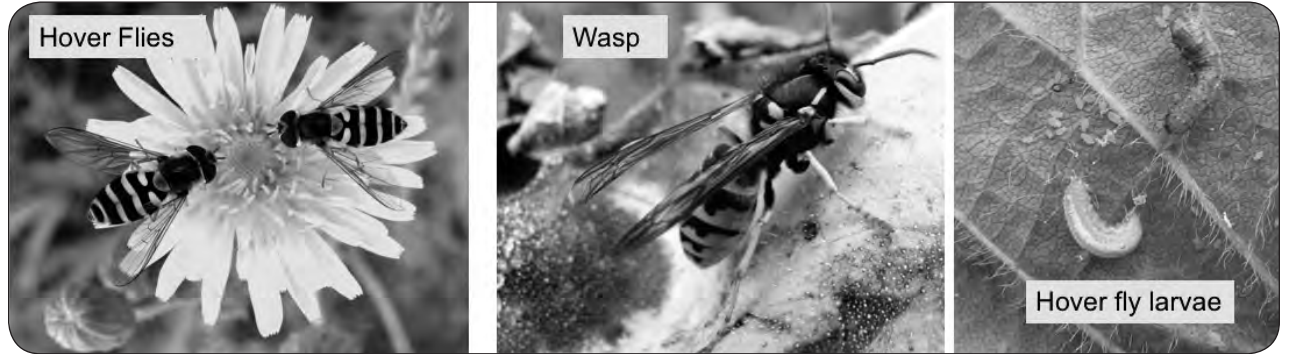
Flies often get a lot of bad press. But there are many groups of flies that are beneficial. Some are good pollinators, others are valuable predators, and there are some that are beneficial as both. One such group of flies is the hover flies. One challenge, though, might be even identifying them as a fly. In this month's Incredible Creatures, we will explore hover flies, masterful mimics that are bountifully beneficial.

Masterful mimics

At first glance, the hover flies in the photo may look like a wasp, but they are not. There are 593 species of hover flies (sometimes also known as flower flies) in Canada and over 6,000 species worldwide. Adults of many species resemble bees or wasps. This mimicry may ward off predators. But hover flies can't sting. Flies do not have stingers and only have a single functional pair of wings (the hind wings are reduced to balancing organs). A wasp's or bee's antennae are more noticeable than hover flies, and wasps have narrower waists than hover flies. Hover flies are also much better at hovering than bees and wasps. Adults of most species of hover flies are about 10 to 20 mm, but some are bigger and can be up to 35 mm. In dry years like this, hover flies may land on us to gather a drink of sweat. If you can identify it as a hover fly, don't worry — you are just supplying them with insect Gatorade.

Pollinators that provide an air-show

Adults often feed on nectar and/or pollen. Look for them around flowers. They can hover in place, like a hummingbird, and move around in all direc-



Can you see the similarities and differences between hover flies and wasps?

tions. They can be valuable pollinators and are often considered the second-most important group of pollinators after bees. If you have aphids starting to develop on a plant, that may also attract hover flies. As aphids feed, they excreted honeydew, which creates an aroma that helps hover fly adults find an aphid colony to lay eggs near. The more aphids and honeydew on a plant, the more likely it will be discovered by hover flies.

Legless, blind predators

Larvae of most species of hover flies are slug-like, legless and taper towards the head. Colour is commonly brown, greenish, pink or whitish. Body contents visible through the outer covering of the body can cause larval colour to vary according to the colour of what they eat. Mature larvae of most species are 5 to 20 mm long.

Larvae of most species are predators. Many species are important predators of aphids, and some may also feed on thrips, scale insects or small cat-

terpillars. Larvae of some species are capable of destroying hundreds of aphids during their development. With no true eyes, hover fly larvae discover their victims by swinging their head to and fro, searching for prey with sensory structures located on the front end of its fleshy head. When it bumps into an aphid, it quickly snares its victim, sucks the fluids from its body and tosses the exoskeleton.

There are also some species of hover flies (in the genus *Microdon*) where the larvae live in ant or termite nests. Others live in shallow water that has decaying organic material. These have a long anal breathing tube and are called "rat-tailed maggots."

Whether you see an adult hover fly manoeuvring like a helicopter, coming for a sip of sweat, or the larvae sucking the juice from an aphid, hover flies can be fun to watch. They also provide a bounty of benefits as pollinators and predators.

Dollars and cents make sense for Town of Teulon's future

By Nicole Brownlee

Teulon staff are on the way to being paid the same rate as communities close by says Teulon's mayor.

Over the past two years, the town of Teulon has increased its staff budget by almost 58 per cent. When Mayor Anna Pazdzierski entered the office in October 2019, the council allotted \$139,000 to pay their staff. For 2021, Pazdzierski has set aside \$219,000.

"On the day after the election when I walked into the office ... I said, 'Where are the staff?' and [I was told] there are none," said Pazdzierski. "As a brand-new council, we were faced with absolutely not one staff person in the office."

The previous council relied on two staff members, which left the office unprepared if someone called in sick or quit, said Pazdzierski. With the added challenge of COVID-19, Pazdzierski said they needed to have extra staff in case there was an infection in the office.

They now have three full-time staff and a student moving to part-time in the fall. Having a consistent foundation of staff allows them to apply for grants and stay organized, said Pazdzierski.

"On the one hand, it increases our costs, but on the other hand, it may save us money down the road."

The town has also increased its fire department budget by 45 per cent over the past two years. The budget increased by 30 per cent in the past year alone.

"We found out that our fire department was being paid \$5 less than every other fire department in the region," said Pazdzierski.

The town budgeted \$144,490 in 2020 but spent \$116,883. This year, Teulon has budgeted \$188,250 for 2021 and \$190,000 for 2022.

"We can't do it all at once, but we slowly need to make sure that we're in line with other communities in this area, at least as far as Stonewall, Rockwood and Stony Mountain," said Pazdzierski.

"That was part of [the budget increase] — a huge need to get people up to where they should be so that we don't lose anybody else. ... If staff are happy, they will stay, and they will stay loyal and provide some continuity."

Several projects that the town had been approved for by the provincial government had also reached their

deadline and need to be completed this year. Infrastructure projects like repairing the roads and sidewalks are the current priority.

"We had no choice but to do it, so that meant an increase in taxes," said Pazdzierski.

One person attended the financial hearing for the budget in April, and one inquiry has been completed.

"I strongly encourage people to show up at council meetings," said Pazdzierski. "If people have concerns, get a hold of us."

To contact the Town of Teulon, call 204-886-2314, or email info@teulon.ca.

Headingley RCMP respond to fatal collision

Staff

Headingley RCMP responded to a report of a collision on Highway 7, just south of the PR 236 junction in the RM of Rockwood, on Aug. 3 at approximately 11:55 a.m.

Officers arrived on the scene and noted three vehicles were involved in the collision, one of which was a van in the ditch on its side. The driver and lone occupant of the van, a 68-year-old

male from Arborg, was pronounced deceased on scene.

Initial investigation determined the van was travelling southbound on Highway 7 when it crossed the centre line. A semi-trailer was northbound when the van crossed the line. The semi driver, a 79-year-old male from Winnipeg, tried to avoid the collision by moving to the shoulder. The van struck the side of the semi. There was

a pickup truck following the semi, and the van then struck that vehicle as well. The two males inside the truck, aged 37 and 34 from Winnipeg, were not physically injured. The semi driver was also not physically injured.

A RCMP forensic collision reconstructionist and the RCMP criminal collision investigative team are assisting with the ongoing investigation.

Council looking for community input for VMSC redevelopment plan

By Tyler Searle

The Town of Stonewall has made a deal with Steel Creek Developers to build a new hotel on the grounds of Veterans Memorial Sports Complex (VMSC).

The project is part of a proposed redevelopment of Stonewall's recreational facilities — one that could see the town also build a new indoor aquatic centre, rink, fitness centre, court gym and multipurpose room.

Phase 1 of the initiative includes the hotel and, potentially, an indoor aquatic centre.

Last Thursday evening, council hosted an informational town hall at the Ice Palace. Mayor Clive Hinds and town CAO Wally Melnyk used a video presentation to outline the initiative's details.

All members of council — including new addition Kimberly Newman — attended the information session.

Ken and Trevor Rempel, Steel Creek's president and VP of sales and marketing, represented the developers.

Roughly 30 community members formed the crowd.

The town and Steel Creek have already reached a principal agreement on the purchase of land for the hotel, said Melnyk.

Steel Creek is a family-run development company from Elm Creek that focuses on hotels and residential developments in rural communities. Its

hotel brand is Blue Crescent Hotels, said Trevor Rempel.

Steel Creek has constructed similar lodgings in Rivers, Souris (Go Souris Hotel & Murray Building Active Adult Residence), and Grenfell, Sask. And the developers have ongoing projects in Carman and Niverville.

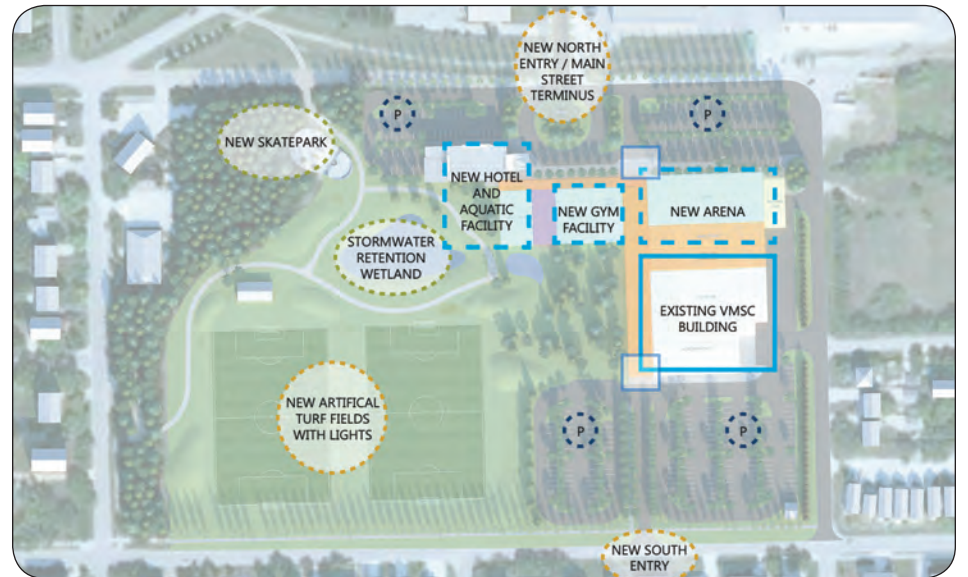
The Blue Crescent in Stonewall will feature a variety of rooms, including suites, singles and family rooms. Many will utilize a unique layout that places the bathroom in the centre and splits one rental into two separate rooms with beds and TVs on either side.

The design offers more privacy and is a favourite among tradespeople and families who frequent the hotels, Trevor Rempel said.

The build could break ground as early as next spring, but its size is contingent on the aquatic centre and subsequent development of other proposed rec facilities over the next decade.

The developers are willing to build a 30-room hotel regardless of the VMSC redevelopment. If the town agrees to build an aquatic centre, Steel Creek will up its investment to a 40-room hotel.

The deal also reserves land for continued hotel expansion over the next decade. If Stonewall's population and rec facilities continue to grow, the capacity could increase to up to 60 rooms, Trevor Rempel said.



TRIBUNE PHOTOS BY TYLER SEARLE

Scatliff Miller Murray (SMM) designed this concept image to depict the possible redevelopment of the VMSC.

A core group of five local investors has already partnered with Steel Creek on the hotel development, and there is room for more, he said.

"We want as many local investors as possible."

Investors who meet the requirements can apply for the Small Business Venture Capital Tax Credit Program (SBVCTC). If they qualify, they are eligible for a 45 per cent return on their investment, courtesy of the provincial government.

"Adding an inventory of rooms to the community maintains that many more vehicles in the community —

that many people overnight. You think about the hockey tournament, the baseball tournament or Manitoba Hydro. Those are vehicles that leave town after the game or at the end of the training day. That's dollars that are driving out of town to the next community," Trevor Rempel said.

The Blue Crescent will not have a restaurant or lounge, so guests will need to venture into the community for food and drinks, he added.

"When you start to add it up, there's a lot of money spent that gets spent in the community for every hotel room we sell in the community."

Steel Creek would only be responsible for the development of the hotel.

The pool would be a public space, and Blue Crescent would pay annual fees to allow their guests access.

The aquatic centre and future developments will remain the property and responsibility of the town.

The presentation did not provide details about the pool's size or whether it would feature amenities like water-slides, hot tubs or saunas. Right now, everything is conceptual, said town CAO Wally Melnyk.

The town provided a breakdown of potential costs to build and operate the facility. For the sake of transparency, they intentionally placed their estimate on the higher end, Melnyk said.

The figures account for a scenario in which there is little money fundraised or earned from provincial grants.

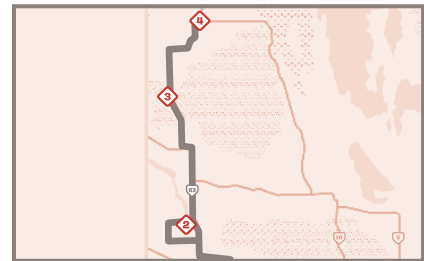
On the high end, the centre could cost between \$3.5 million and \$5 million to construct and would require net borrowing of \$4.5 million to be paid back over (at least) 20 years.

The town determined it is unlikely user fees will be enough to cover operating costs. Therefore, the project

Continued on page 13

A hand-drawn illustration of a brown paper coffee cup. The cup has a circular logo on the side with the word "Coffee" written in a cursive font. To the right of the cup, the text "COFFEEHOUSE TO END CANCER 2021" is written in a bold, hand-drawn font. Below this, the event details are listed: "Thursday, August 19th, 2021", "Veterans Memorial Sports Complex", "Stonewall, MB", "Admission by Donation", "Doors Open @ 6:00pm", and "Showtime @ 6:30pm". At the bottom, it says "All Proceeds go to CancerCare Manitoba Foundation". At the very bottom, a note reads "Outdoor concert, please bring a lawn chair. Bring your own refreshments. COVID protocols in place." The background is a light yellow color.

Manitoba Road Trip Ideas



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↑ 9 Finger Ranch

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- ➔ Practice physical distancing
- ➔ Stay home when you're sick
- ➔ Follow all local travel restrictions

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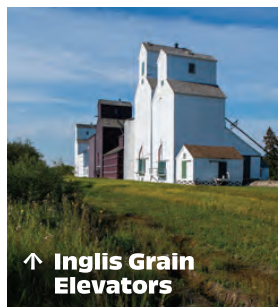


↑ East Blue Lake

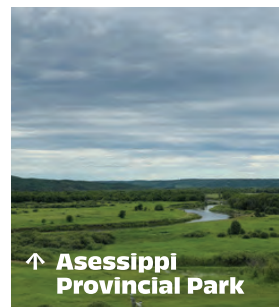
1 MAIN STREET STROLLS AND HORSEBACK RIDES

There's more to the town of **Russell** than Arthur, the eight-foot bull statue (although he does make for a fun photo). Walk beneath the arches that line the streets and head to a local coffee house to mingle with locals. You can also get to know the history of the town through a self-guided walking tour. Stops include the Smellie Block, the Red House and the Old Anglican Rectory.

Take a detour from Russell and surround yourself with rolling hills at **9 Finger Ranch**, located on the south end of Riding Mountain National Park in **Rosburn**. At this working cattle ranch, you can saddle up and take a ride off the beaten path on horseback for a chance to view wildlife and explore the area. Stay at the hostel here or rent a cabin, or head back to Russell to spend the night at a hotel.



↑ Inglis Grain Elevators



↑ Asessippi Provincial Park

2 EXPLORE THE PRAIRIES

Drive 20 minutes north of Russell to find the **Inglis Grain Elevators National Historic Site**. These five prairie giants are the last remaining row of standard country grain elevators still standing. Choose from a guided or self-guided tour to explore the site and its exhibits and enjoy the prairie views while enjoying a picnic lunch.

On your way out of Inglis, travel along Highway 83 to find the old **Asessippi Village**. Follow the

self-guided trail to find interpretative signage and remnants of an abandoned town. Best known for its ski and snowboarding hill in the winter months, by summer the **Asessippi Ski Area & Resort** caters to mountain bikers. There are five trails to choose from, ranging from beginner to advanced. If you're looking to spend more time in **Asessippi Provincial Park**, there are a number of camping options along with swimming, canoe rentals, tubing and more.

3 HIKING AND CAMPING IN THE DUCKS

For nature lovers, **Duck Mountain Provincial Park** is paradise on earth. Set your home base at one of Duck Mountain's campgrounds or rent a lakefront cabin and then spend the day hiking, fishing, swimming and enjoying the great outdoors.

Like much of the Parkland region, lakes are plentiful in the Ducks. One of the park's most impressive is East Blue Lake, a deep spring-fed lake with an unexpected turquoise water. There are many hiking trails

to choose from in this park. To name a few, the Copernicus Hill Hiking Trail features a viewing tower, while the Shining Stone Self-Guiding Trail follows along West Blue Lake.

At 831 metres above sea level, Baldy Mountain is Manitoba's highest peak. On clear days from the viewing tower of this peak, you'll be treated to a spectacular view of aspen and spruce forests that stretch as far as Riding Mountain National Park.



↑ Wellman Lake

4 SWAN RIVER VALLEY SIGHTS

Heading north from the park, enjoy the stunning views on the way to Swan River. Venturing into the past is a good place to start at the **Swan Valley Historical Museum and Heritage Village**. Behind the museum's grounds is the **Rex Leach Museum Trail** that is as peaceful as it is green with varieties of ferns that decorate either side. Golfers must play a round at the **Swan River Golf and Country Club** – not only for the fun of it, but also to tick off an important bucket list item: golfing at Manitoba's northernmost 18-hole course.

Located in the Swan Valley, **Magnet Hill** is a natural phenomenon that you need to experience to believe. Head out on Provincial Road 487 and look for the signs and a dip in the road. Once there – place your car at the bottom of the dip and

put it in neutral and it will seem like your car is being dragged back uphill!

Want to keep the fun going just a little longer? There are endless lakes, forests and parks to explore for the true outdoorsperson. The fishing here is a big draw, with fly fishing being particularly impressive. Catch species like rainbow trout, brook trout, bass, perch and pike. If you're an avid angler, Swan Valley is a great area to spend a few additional days on this road trip. Ask any of the residents where the best fishing in the area is and Whitefish Lake is one of the first names dropped.

For overnight stays, Swan River and the surrounding area has a number of accommodations, including the options at Duck Mountain Provincial Park along with hotels in Swan River.

Get more details on this and other road trips at travelmanitoba.com/road-trips.

Family Foods gives back to the community supporting ICF

By Sydney Lockhart

The Interlake Community Foundation has received over \$20,000 from Family Foods owner Dave Kalnuk since 2013.

Kalnuk leaves it up to the board to decide how to use the money.

"He just said when he started the fund, 'You know what? You guys know your community. You guys know that I'm quite happy to make the contributions and you guys figure out where the money is going to go to,'" said executive director of the Interlake Community Foundation Tracy Holod.

This month Kalnuk added another donation of \$5,000 to the fund.

"I mean, we're so happy that Dave and Family Foods partner with us there. They are just such a gift; they give so much back to the community," she said.

The fund that Kalnuk adds his donations to is a legacy fund, so the money is invested or set to gain interest to create a continuous flow of gain to be donated to the community.

"Hopefully, we can keep it going and keep it growing over the years.

But, as of now, I'm hopeful that the money will again generate enough to be helpful to the foundation so they can you know, get into the hands of the people that need it," said Kalnuk.

He said he has always wanted to give back to the community and believes that the ICF is a great opportunity to be able to do that.

"I like the idea that I've always been a proponent of organizations that establish a fund that really is perpetual, so that the fact that that capital is not going to go away," he said, "On an annual basis, they are going to be able to help out a number of organizations."

"HOPEFULLY, WE CAN KEEP IT GOING AND KEEP IT GROWING OVER THE YEARS."

Kalnuk lets ICF decide where the money goes because he wants it to be free to help whatever organization needs the support the most and it not be restricted.

"Then they don't feel handcuffed in terms of where the money can go. They can just distribute it wherever they feel like it's going to do the best work," he said.

Kalnuk added that the money he donates is the extra money that hasn't



TRIBUNE PHOTO BY TRACY HOLOD

Interlake Community Foundation board member Meechelle Best accepts a \$5,000 cheque from Dave Kalnuk, owner/operator of Family Foods.

been budgeted, which is leftover if the business has had a good year. He said he usually gives it to ICF but has also donated it to large projects like the Kinsmen splash pad in the past.

"I think I've always felt very strongly about the importance of local business owners contributing back to the community. The town's been very supportive of me over the years, and

I'm very appreciative of it," he said. "It is just about giving back to your community and trying to make it a better place."

Kalnuk said his store wouldn't be in business if it weren't for the local customers from Stonewall and the surrounding area, and that they are the reason they have the means to donate.

Decide on dental implants before it's too late

By Elisha Vador

Time flies by fast when we get older. I can attest to the rapid progression of time as I've been married for eight years and find myself saying, 'it feels like yesterday.' The other day I had a patient call me thinking she saw us a couple years ago (sometime in 2018) when in reality it was over 5 years ago! Needless to say, time flies by when we're not paying attention and unfortunately this can restrict your choice for teeth replacement options.

Your window of opportunity to get dental implants is limited. Once your teeth are pulled, the clock starts. I like to call it *'The Jaw-Bone Clock'*. For a recent patient, she finally decided it was time to solve her lower loose denture problem with dental implants. When she came to see us and expressed her enthusiasm to finally get dental implants,

we had to be the bearers of bad news and say that it was too late. You see, her jaw bone had shrunk to the point of no return. That's tough news to hear because essentially, she'll have to make it work with alternative methods, like denture adhesives.

I wish there was a way to personally measure the amount the jaw bone shrinks per year, but x-rays can only provide such answers. Here is a good reference picture.



As you can see, your jaw bone shrinks significantly over time. Anyone who has decided to pursue the dental implant option for teeth replacement is required to have an x-ray of their jaw to see if there is enough bone available. The dental implants need enough

bone to properly integrate and be used as a solid foundation for a denture to snap or screw into. The benefits of a dental implant supported denture greatly outweigh the fear (that most have) of having them placed into the jaw. We think the best time to have dental implants placed is right when you have your teeth extracted, unless there's an infection. In fact, some patients don't even realize that the dental implants had been placed after extractions.

Thankfully, for most people there's still enough time, but it might not be that way for everyone. If you've been thinking about dental implants, but unsure. First, find out if you're still a candidate by booking your free consultation appointment.



- supplied photo -

Glenn decided on dental implants a few years ago and he hasn't looked back.

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> VMSC, FROM PG. 10

would require at least partial subsidization from taxpayers, which is a popular model in Manitoba, Melnyk said.

Operating costs could reach around \$750,000, and conservative estimates suggest a revenue of \$300,000. The hotel would contribute an annual \$100,000 usage fee, which leaves the centre at an estimated \$350,000 deficit.

The \$4.5 million borrowed to cover construction translates to a \$375,000 yearly debenture (loan) payment.

Additionally, there would be a temporary overlap of costs in the summer months as the town pays to staff and maintain the new pool and Kinsmen Lake.

All in, the total annual commitment could be \$725,000, which would equate to a 10 per cent increase in taxes for the average residential home.

“Significant numbers — significant impact, and council is aware of that. But, we also want to make sure that everybody understands that’s the worst-case scenario. That means no grant funding; that means no fundraising; that means we’re not able to produce the revenues potentially at a higher rate. We’re taking the worst-case scenario and trying to provide that to the community to see what the community thinks of that potential scenario,” Melnyk said.

Melnyk was clear there is potential for new community grants coming out of the COVID-19 pandemic and suggested creating a fundraising committee.

“We want to understand what the desire and the capacity of the community is to change that scenario.”

Council has made no agreements to build the indoor pool and wants to hear from the community first, Melnyk said.

The town is asking all community members to share feedback and opinions on the proposed aquatic centre.

Phone calls are accepted, although written communication via letter or email is preferred.



Steel Creek has yet to finalize the plans for Stonewall’s Blue Crescent Hotel but used this concept image to depict the potential design.

Council needs to make a decision on the centre before Aug. 31 so Steel Creek can move ahead with either the 30- or 40-room hotel, Melnyk said.

Melnyk opened the floor for questions and comments following the presentation. Multiple attendees praised the plan as “progressive” and “forward-thinking.”

Others expressed concern over the build’s potential impact on the soccer fields.

The land agreement will see Steel Creek build its Blue Crescent hotel on one of the smaller pitches. The aquatic centre could impact another field. And if the entire proposal comes to fruition, Stonewall’s seven fields will be reduced to two.

The full proposal is a long-term plan, and the first phase will bring limited impacts to the fields, Melnyk responded.

For now, potential alternatives include creating an indoor turf field at the VMSC or installing lights to allow players to access fields in the evening, he added.

“If we are using any part of that soccer field right now, it will be replaced with something else. We will not interfere with something that is going to be taken away and not put back,” Hinds added.

“We have plans in order to help soccer move forward — not to kill it.



Roughly 30 people attended the informational town hall at the Ice Palace on Aug. 5.

Not to push it away or push it aside.”

The hotel build will likely begin next spring, and — pending approval — the pool would finish construction before 2025.

The proposal is the first part of Stonewall’s Strategic Action Plan and comes in response to a survey and report conducted by the development consulting firm Scatliff Miller Murray (SMM), explained Melnyk.

More than 700 people participated in the survey, and 90 per cent of respondents indicated an interest in building an indoor pool.

“Currently, much of the site is under-used throughout the year — ex-

ploring all opportunities to provide less single-purpose facilities on the site would be ideal,” determined the report.

The town plans to complete the project in phases. If its full scope is realized, it could require a \$52-million investment over the next 10 to 12 years.

SMM’s report and survey findings, and a copy of the redevelopment presentation are available on the Town of Stonewall website.

The town is accepting feedback at info@stonewall.ca. Investors interested in the hotel development can contact Trevor Rempel via email at Trevor.rempel@steelcreekdevelopers.ca.

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Introducing Stonewall's newest council member

By Tyler Searle

Last month, town council elected Kimberly Newman as councillor — filling the vacancy left by Blair Good, who moved to B.C. in December.

Council advertised the open council seat and requested a byelection but received no nominations. Following the Municipal Act, the sitting councillors opted to fill the vacancy via vote during their July 7 meeting.

After two rounds of ranked voting, the council elected Kimberly Newman.

"I see it as a fantastic opportunity to engage in the community and make change if necessary — improvements, expansion, growth," she said of her appointment.

Newman, 57, is a maritime transplant who joined the Canadian Armed Forces in 1983.

At the time, she was a recent graduate, living in her hometown of St. John, N.B., and working a secretarial role. She saw the military as an opportunity for travel and adventure, she said.

Newman's official role within the military was logistics officer specializing in HR and sub-specialty in finance.

It was her job to determine what people needed and how to get it to them. She plans to apply that same philosophy to the council, she said.

Throughout her career, she accepted various postings across the country, gaining experience in project management, administration, business analysis



PHOTO SUBMITTED

Kimberly Newman is Stonewall's newest councillor after town council voted her into power during last month's meeting.

and software support.

Newman settled in Winnipeg in 2000. She retired from the military in 2009 at the rank of captain and accepted a civilian position working with ill and injured veterans.

In 2012 she retired entirely and moved from Winnipeg to Stonewall.

"I was living in Whyte Ridge at the time, and I needed to get out of the craziness of a metropolitan city. I needed to have some grounding and some tranquillity and a sense of community," she said.

Between January 2018 and March 2019, Newman volunteered at the South Interlake 55 Plus Centre as the board treasurer.

That connection to the senior population will be an asset to her work as a councillor, she said.

"The way the trends are going, the demographics are going to shift. Probably right now, we're very close to seniors representing the greatest number of citizens."

While the 2021 census is not yet available, the 2016 census suggested Stonewall's senior population is growing. The data identified the community's average age as 40.5, and of the 4,810 people living in the community, roughly 30 per cent reported as 55 plus.

Newman is also a gay woman, and her appointment to council represents the diversity and inclusivity of Stonewall, she said.

"Recognizing what (Stonewall) has now, and all its attributes and its citizens, and where it can go in the future, that's where town council comes into play," she said.

"First and foremost are the people in the community."

The council will introduce Newman's portfolio and responsibilities during its next meeting on Aug. 18.

Newman's mandate will be to engage with various committees and organizations in Stonewall and bring their questions, concerns and requests to the table.

Good was formerly responsible for the Heritage Arts Centre, Stonewall Quarry Park and Community Services (recreation, economic and social).

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 WILLIAM PRINCE • FRED PENNER
 TAL BACHMAN • ANDRINA TURENNE
 RAINBOW STAGE – MA-BUHAY!
 RED MOON ROAD
 INDIAN CITY • JOCELYN GOULD

EVENING SHOW 6:30 PM
BACHMAN CUMMINGS
 TOM COCHRANE • BEGONIA
 DOC WALKER & SIERRA NOBLE
 TOM JACKSON • THE LYTICS
 SEBASTIAN GASKIN • KELLY BADO
 THE WINNIPEG YOUTH CHORUS

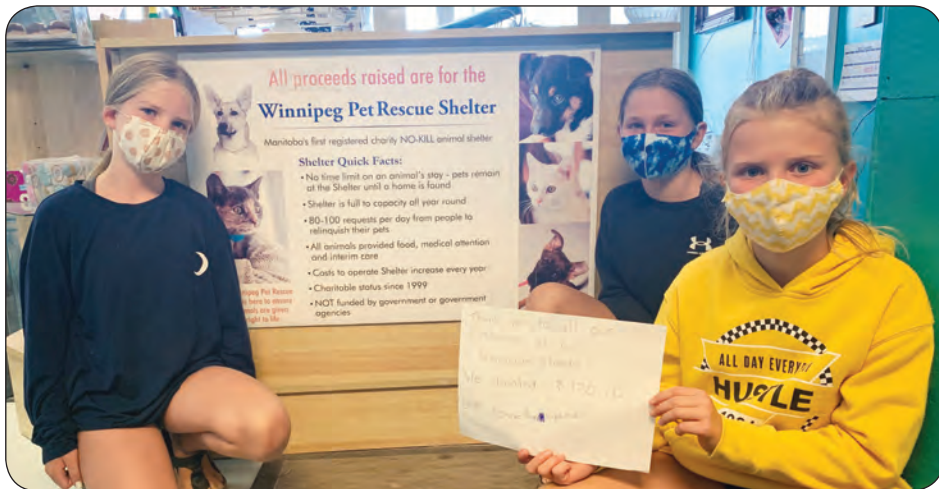
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Fundraising for four-legged friends

TRIBUNE PHOTO BY MICHELLE MYERS

A love of animals and mainly two cats Paige Bernier rescued from the Winnipeg Pet Rescue Shelter was the driving force behind a fundraising pact made between four friends. The girls raised \$170 selling iced tea, lemonade and treats at two sales held in Stonewall. Winnipeg Pet Rescue is Manitoba's first registered charity no-kill animal shelter. They believe that every pet has the right to life and are recognized as beings with feelings with the right to loving care. They have no time limit to an animal's stay while finding a suitable home for them. Pictured left to right, Kenzie Myers, Paige Bernier and Kaylah James (missing Olivia Potter).



get inspired

> MEAL IDEAS



Game Day Chicken Wings



- Total time: 50 minutes
 Servings: 4
 1/2 cup butter, cubed
 1/3 cup flour
 2 teaspoons paprika
 1 teaspoon garlic powder
 1 teaspoon salt
 1 teaspoon black pepper
 10 chicken wingettes, thawed
 dipping sauces (optional)
 fresh parsley (optional)

Preheat oven to 425 F.
 Line baking sheet with foil. Arrange butter cubes on foil.
 In medium bowl, combine flour, paprika, garlic powder, salt and pepper. Coat both sides of wings in flour mixture then evenly space among butter cubes on baking sheet.
 Bake wings 30 minutes.
 Turn wings over and bake 15 minutes, or until crispy and fully cooked.
 Serve with dipping sauces and sprinkle with fresh parsley, if desired.



Christine Ibbotson

Dear Money Lady,
 I don't know how to get my children to save! It seems like they are always spending, and I am worried that they won't be prepared when they get older. I have always saved and made them do without – is that why they are spending so much?

Jen

Dear Jen – I don't think so!
 I wouldn't want you to worry too much about your adult children. Unfortunately, life now is quite expensive, but if you have taught them the value of saving for the future they will eventually catch on. We all know it is important to save for retirement, but do we really do it? Can we do it?

I recently read a Canadian survey that stated Canadian taxpayers have accumulated about \$625 billion in "unused" RRSP contribution room – money that obviously has not been saved for retirement. I was actually shocked to further read in this study that 6 out of 10 non-retirees expected to live a lifestyle in retirement that is "less" or "much less" comfortable than their current lifestyle. Is this because we do not want to plan; or could it be, we just don't have the means to save more money to have a plan?

It can be hard to imagine events in the near future, let alone 30 years from now, and many people find it difficult to sacrifice things today for that uncertain future. Typically, there are three variables that strongly influence the ability to save for those people between the ages of 35 and 45 – age, children and income. While many in this age group recognize the value of planning, it is not their priority and when the annual household incomes come in under \$80,000, this group



is not likely to be able to save. Most people nowadays, (under age 48) are still consumed by other priorities, including debt reduction and managing current expenses. So, what will happen to these Canadians that are still struggling? Well, what has always happened in the past for every generation before us.

Many will look to how their parents have fared over the years and model their views toward budgeting and saving based on their parent's behavior. This is a natural occurrence. Saving and planning habits are usually always influenced by their parents, either by a desire to avoid making the same mistakes or by wanting to create the same saving habits. While many people think that the school system should do a better job in teaching our children about personal finances it is nonetheless still seen to be a parental responsibility.

Whether your children are young or now adults with their own children, we as parents play a role in teaching our kids the basics of money management skills and should encourage them to develop good budgeting and saving habits. Parents must remember that their own financial behaviors have an immense influence on their children. Being a good role model allows our children to develop healthy financial routines. In the end, however, our children will need to take charge of their own retirement on their own terms. We as parents should remind them that the decisions that they make before retirement will affect their lifestyles for a period that could potentially last longer than their entire working careers. Remind them that it is never too late to start planning and saving. They will listen to you.

Good Luck & Best Wishes,
 ATML - Christine Ibbotson

Written by Christine Ibbotson, Author of 3 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca



Mexican Pizza Dip

- Recipe courtesy of chef George Duran
 Servings: 6-8
 Nonstick cooking spray
 1 tablespoon vegetable oil
 1 pound ground beef
 1 package taco seasoning mix
 8 ounces cream cheese, at room tem-

perature
 1/2 cup sour cream
 1 cup Fresh Cravings Chunky Salsa, plus additional for topping
 1 cup grated mozzarella
 1/2 cup blended Mexican cheese
 sliced jalapeno (optional)
 sliced black olives (optional)
 green onions (optional)
 tortilla chips
 Preheat oven to 350 F.
 Spray 8-by-8-inch glass pan or large soufflé dish with nonstick cooking spray; set aside.
 In large saute pan, heat oil over medium-high heat and add ground beef, breaking up with flat wooden spatula, until fully cooked. Sprinkle taco seasoning throughout beef and combine.
 Place warm beef mixture in large bowl and add cream cheese, sour cream, 1 cup salsa and mozzarella. Mix well until combined and pour into prepared pan. Top with blended cheese and sliced jalapeno, black olives and green onions, if desired.
 Bake until fully warmed and cheese is melted, 30-35 minutes.
 Top with small spoonfuls of salsa. Serve with tortilla chips.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Grosse Isle Attree Field Minor Ball Project

By Haley Hayward

Grosse Isle is a small rural community with a big love for baseball. It is home to two baseball diamonds, Attree Field (Diamond #1), the largest diamond and main location for baseball activities in the town, as well as Diamond #2, which is used by younger athletes.

Despite being well-maintained by numerous volunteers since its construction in the mid-1980s, time has inevitably degraded the facility's materials. In 2020, a team of dedicated community members came together to begin the Grosse Isle Minor Ball Project (GIMBP) and applied for Baseball Manitoba's Manitoba Liquor & Lotteries Commission (MLLC) Grant to restore both fields to their full potential.

Baseball has always been at the heart of Grosse Isle. Many baseball games have been and currently are played at Attree Field. It was home to the Grosse Isle Blue Jays (1988-1993), a senior baseball team that was inducted into the Manitoba Baseball Hall of Fame in 2012. Currently, many Interlake teams rent the field for games. Generation after genera-

tion has maintained the field, creating a sense of pride amongst the volunteers (and their families) that care for it. It is the only field in town that can be used by age groups 13U and older, making its condition that much more important for the baseball community.

"For many years, community volunteers have spent hours working on Attree Field, ensuring that it is maintained and in the best shape possible, often giving up weekends and evenings," said Monica Baldwin, second vice-president and baseball coordinator of the Grosse Isle Recreation Club. Baldwin is one of the main volunteers working on the GIMBP and is the one who submitted Grosse Isle's application for our MLLC Facility Grant.

Diamond #2 is located on the Grosse Isle school grounds and is used by 9U and 11U athletes. It has also been well-maintained over the years, but just like Attree Field, it needed new materials and landscaping.

Once the GIMBP team received the \$10,000 MLLC facility grant, Phase 1 of the project began. This phase consisted of rebuilding the pitcher's mound and batter's box on Attree Field with the use of clay bricks, cutting back the infield to meet regulation size, adding new sand to both Attree Field and Diamond #2, and adding a gate to the northwest corner of Attree Field to allow tractor access.

"(The MLLC facility grant) was the start of (the GIMBP) and has led to additional funding from the RM of Rosser and the RM of Rockwood," said Baldwin.

"It would have been very difficult to do the work that we did (without the MLLC grant)," added Jason Cassils, Monica Baldwin's brother and maintenance crew volunteer.

This additional funding allowed them to upgrade Attree Field even further, as well as begin Phase 2 of the project, which ultimately helped them save costs. One of the main reasons the upgrades were so important was that the facility conditions were becoming unsafe for coaches and athletes.

"The infield (on Attree Field) was very hard and needed some new materials," said Cassils, "and the fences in front of the dugouts needed repair because lots of balls go flying in there."

Phase 2 consisted of adding bullpens and screening in the dugouts on Attree Field and replacing the backstop, dugouts, mound and batter's box on Diamond #2. The funding from these grants has made the facility maintenance a lot easier and has ensured that their diamonds will continue to be used for many years to come. The maintenance team is 100 per cent volunteer-based and does everything from dragging, watering and lining the diamonds to mowing the grass, keeping the facility clean and more.

"It's a team effort here. Community members will often come and help," said Cassils.

"Families take turns maintaining the diamonds, getting their children involved in hopes that one day they will continue to maintain the diamonds



TRIBUNE PHOTOS SUBMITTED
Volunteers add clay bricks to the batter's box.



New sod being added to Attree Field.

Provincial players



TRIBUNE PHOTO SUBMITTED

U19 Women's AAA Fastpitch provincials were held in Portage la Prairie over the weekend. The Smitty's Terminators won the round robin tournament with a 4-1 record. Central, which included Stonewall's Ellen Marshall, middle, also finished with a 4-1 record but won silver after being defeated by Smitty's. The Thunder, which included Stonewall's Maddy Fines, right, and Jacey Ledochowski, left, had 3 wins and 2 losses to win bronze. Brittany Slatcher of Stonewall and Jordan Crooks of Warren also played in the tournament with the Lightning.

and ensure that they take pride in their community," said Baldwin.

Jason's daughter Rianna contributes to the facility's maintenance by dragging the diamonds and preparing them for games.

Some of the athletes who play at the facility participate in maintenance as well. They'll often rake the mound and home plate and put the tarps back on the infield after using the diamond.

"The 15U team helps take care of the diamond," said Cassils. "They take some pride in it, which is really nice."

The facility is also a common meeting place for many community members.

"(Next to the facility) is where most people come and get their mail," said Cassils. "People are always driving in and they come over to ask 'When's the next game?' It's nice to get that back in the community."

Baseball is the only organized sport Grosse Isle offers. The upgrades made to the facility have enhanced the beauty of the small town and has helped put Grosse Isle on the map. The volunteers are excited that athletes can get back on the diamonds and hope the tradition of the community maintaining the facility continues for years to come.

The Grosse Isle Minor Ball Project team is currently fundraising for the third and final stage of the project, which will improve the safety of their batting cages.

U19 Phillies wrap up season

By Brian Bowman

The South Interlake Phillies' U19 season is now over.

South Interlake was scheduled to play the Manitoba Angels in a doubleheader this past Tuesday at the John Blumberg Softball Complex to wrap up its season.

In the Phillies' previous action on July 29 in Stonewall, South Interlake defeated the Eastman Wildcats 7-5 but then lost 7-4 in a game that was cut short due to darkness.

"We always have a good, competitive game against (Eastman)," said Phillies' head coach Tatum Lindley. "They're a good hitting team and our team likes to hit so we always have fun going back and forth with them. There's no short innings, there's lots of plays and hits to the outfield, stuff like that."

The U19 "AAA" provincials started last Thursday and wrapped up Sunday. South Interlake elected not to participate in this year's provincials due to a lack of players.

"We didn't have enough girls that could make it work and we only have two pitchers and one catcher so to

play six or seven games on a weekend didn't seem reasonable," Lindley said.

The Phillies were a young team this season but they improved a lot over the weeks.

"For a lot of them, this was their first year of U19, so the confidence started to come as the games went by," Lindley said. "With this year being a shorter season, we were more focused on improving as much as we could but having fun at the same time. There were lots of smiles and giggles and all of my girls get along really well. There was no conflict or anything, it was all smooth sailing and they all really enjoyed being there. I thought it was a great season, everyone developed a little bit and each year you get better and better."

South Interlake had a small roster of just 10 players, but nine are eligible to play U19 again next year.

"I find that once you change age categories, that second year makes a big difference because you're the older one, you're the stronger one," Lindley said. "Compared to your first year when you're nervous playing up."

Wolves roll over 18U Interlake Orioles

Staff

The Winnipeg South Wolves ruined the Interlake Orioles 18Us day on Sunday.

Winnipeg South swept the doubleheader, winning by scores of 17-3 and 15-2 at Quarry Park.

On Saturday, the Orioles were defeated 13-3 by the Carillon Sultans.

Last Thursday, Interlake lost a tough 3-2 decision to the St. James A's.

Interlake will close out its regular season on Sunday at 1 p.m. with a road game against Winnipeg South.

In 15U action, the Orioles were defeated 12-7 by the Winnipeg

South Wolves last Wednesday.

Interlake played the Carillon Sultans this past Monday but no score was available. The Orioles will then host the Bonivital Black Sox this Wednesday in Grosse Isle. Game time is 6 p.m.

The 13U Orioles, meanwhile, lost 13-3 to the Carillon Sultans in Blumenort on Sunday.

On Aug. 3, Interlake was defeated 19-1 by the Winnipeg South Wolves.

Interlake hosted the North Winnipeg Pirates on Tuesday and then will play the Red River Valley Pioneers on Wednesday in East St. Paul. First pitch is 6 p.m.

Interlake splits doubleheader with Winnipeg South

Staff

The Interlake Blue Jays were a busy bunch last week with seven games in a six-day stretch.

Interlake split a doubleheader with Winnipeg South in Manitoba Junior Baseball League action last Sunday.

In Game 1, the Blue Jays were defeated 10-6 but later rebounded nicely to win the second game 12-1.

The Blue Jays started their very busy week with a pair of losses — 10-1 and 12-1 — to the league-leading Elmwood Giants on Aug. 2.

Interlake then split a doubleheader with the St. James A's last Wednesday,

losing 4-3 and then winning 9-3.

Last Friday, Interlake lost 9-8 at home to the Pembina Valley Orioles.

Interlake, now 5-12, will wrap up its regular season on Wednesday when it hosts the Carillon Sultans at Quarry Park. Game time is 7:30 p.m.

At press time, it was not known who the Blue Jays would play in the playoffs which begin this week.

In Winnipeg Senior Baseball League action, the Stonewall Blue Jays crushed the Carillon Sultans 12-1 last Thursday.

Adam Kirk led Stonewall with two hits, two runs scored and an RBI while

Baily Proctor had a hit, walked three times, scored three runs, and belted two RBI.

The Blue Jays' other runs were scored by Derek Petrasko (two), Chris Norquay (two), Dave Mabon, James Stolar and Nick Drews.

Mabon also had two RBI.

Zach Campbell earned the win, allowing just three hits while striking out three Carillon hitters.

On Aug. 3, the Blue Jays lost 4-1 to the St. James A's.

Petrasko and Drews had Stonewall's two hits in the game. Drews scored the Blue Jays' lone run in the bottom

of the seventh inning.

Stonewall pitcher Scott Harris allowed six hits and an earned run. The Blue Jays committed three errors.

The Blue Jays played the Springfield Sr. Braves and North Winnipeg Pirates earlier this week but no scores were available at press time.

Stonewall will host the Boni-Vital Brewers this Thursday at 7:30 p.m. at Quarry Park. On Monday, Stonewall will play the Carillon Sultans at AD Penner Park in Steinbach.

Sholdice top Manitoban at Canadian Men's Amateur Championship

Staff

Max Sekulic of Rycroft, Alta., shot a final round five-under 66 to win the 116th Canadian Men's Amateur Championship at Ambassador Golf Club in Windsor, Ont., at 17 under par.

Sekulic, who went birdie-birdie on the final two holes to secure the win, finished two strokes ahead of A.J. Ewart of Coquitlam, B.C., who was at the top of the leaderboard throughout the opening two rounds. National team members Henry Lee (Coquitlam,

B.C.) and Brendan MacDougall (Calgary) finished tied for third at 14 under.

Ryan Sholdice of the Breezy Bend Country Club made five birdies, shooting a two-under par 69 on his final round to finish as the top Manitoban at 293.

Sholdice earlier carded rounds of 75, 70 and 79 to finish in a three-way tie for 58th overall.

Jack Moro, a Golf Manitoba member from the Whitewater Golf Club

in Thunder Bay carded a 76 and a 298 total while Marco Trstenjak of the Elmhurst Golf & Country Club finished at 299 following a 71 over his final 18 holes.

With the win, Sekulic receives an exemption into both the 2022 RBC Canadian Open from June 6 to 12 at St. George's Golf & Country Club in Toronto and the 2021 U.S. Amateur from Aug. 9 to 15 at Oakmont Country Club & Longue Vue Club in Oakmont & Verona, Pa.

Third-round leader Noah Steele of Kingston, Ont., finished tied for fifth alongside 2018-19 Canadian Junior Boys' Champion Christopher Vandette of Beaconsfield, Que.

Top-ranked men's amateur and NHL referee Garrett Rank of Elmira, Ont., finished alone in 13th at 9 under.

The 2022 Canadian Men's Amateur Championship will be held at the Point Grey Golf and Country Club in Vancouver.

Interlake Phillies to host U12 provincials

By Brian Bowman

The real season is about to begin for the South Interlake U12 Phillies.

The Phillies will be hosting the eight-team provincials beginning this Thursday through Sunday at Quarry Park.

It should be four great days of action. "Quarry Park is a beautiful facility and teams look forward to coming to Quarry Park because it is such a nice facility," said Phillies' head coach Robyn Deprez. "It will be a busy schedule with seven games in three days (for all of the teams)."

The goal for the Phillies is to finish as one of the top four teams at the end of Saturday, which would advance them to Sunday's playoffs.

"What I love about provincials and what I enjoy about them is anything can happen," Deprez said. "You have to expect the unexpected and that's

really what I enjoy. During the season most teams at U12 are more focused on developing the girls versus trying to win those league games because those league games, in the end, don't mean anything. It's a clean slate once provincials happen. At provincials, it gets intense and it's very exciting to watch."

The Phillies finished their regular season with a solid 8-8 record. South Interlake really worked hard to get ready for the season.

"The team was picked last September and we've been practising since October, 2020," Deprez explained.

"With COVID restrictions, we've been shut down two or three times since. Even at the start of the season on May 3, we got in two games and we were shut down so it was a bit disappointing. I have 13 girls on the roster and they have put in so much time devel-

oping their skills. By the end of June, we were back on the diamond and we've been really busy ever since."

Phillies' players have improved immensely over the course of the season.

"I have seen a huge difference from back at our very first practice back in October," Deprez said. "It's a big difference. They put in a lot of time and they have put in a lot of time on their own, especially our pitchers and catchers."

South Interlake will begin action Thursday with games against the Winnipeg Lightning (2 p.m.) and Central Energy (4 p.m.).

The Phillies are hoping to get off to a great start on Day 1.

"That's huge," Deprez stressed. "That's swinging momentum and then we have a busy day Friday with three games. That momentum, even just to get one win (on Thursday) is

huge. It carries through to the seventh game."

On Friday, the Phillies will be busy with games against the Manitoba Angels (8:30 a.m.), Manitoba Thunder (12:30 p.m.) and the Smitty's Terminators (6:30 p.m.).

South Interlake will play the Westman Magic on Saturday at noon and then the Eastman Wildcats at 4 p.m.

If necessary, any tiebreakers will be played Saturday at 6 p.m.

The playoffs begin Sunday at 9 a.m. with a pair of games. The bronze-medal game is slated for 11 a.m., followed by the gold-medal contest at 2 p.m. The gate fees for provincials are cash only and as follows: adult weekend pass - \$30, weekend senior (60+) and teens (12-17) - \$20, daily pass - \$10 (adult), daily pass for teens and seniors - \$5, children 11 and under are free.

Lightning players invited to POE Summer Camps

Staff

Hockey Manitoba released its summer camp rosters for two teams in the 2021 Program of Excellence (POE).

Two of those players are Interlake Lightning goaltender Katelyn Dorsch (female 18U) and Interlake Lightning forward Hayden Kazorowski (male 16U).

The POE Summer Camps are scheduled to take place from this Friday to

Sunday at the Bell MTS Iceplex.

The summer camps will be the first step in the evaluation process for the 2021 POE. Players that are ultimately selected to represent Team Manitoba will compete at the 2021 National Women's U18 Championship and the 2021 Western Hockey League (WHL) U16 Cup.

The roster for the Female U18 program consists of 45 athletes (six goal-

tenders, 24 forwards, and 15 defencemen), including 31 athletes from the Manitoba Female U18 "AAA" Hockey League and 14 athletes from various sport school programs.

Female U18 Team Manitoba will be led by head coach Neil Chow. He will be joined by assistant coaches Jessica Kaminsky and Alana Serhan.

The roster for the Male U16 program consists of 46 athletes (six goal-

ies, 24 forwards, and 16 defencemen). The breakdown of the roster features 34 athletes from the Winnipeg U15 "AAA" Hockey League and 12 from sport school programs. Leading U16 Team Manitoba behind the bench will be Jeff Sveinson, currently the head coach of the Winnipeg Bruins (Manitoba U18 AAA League). He will be joined by assistant coaches Jordan Sobkowicz and Jordan Wohlgemuth.

Cowan signs with Blues

COMMITTED B

DAWSON COWAN

INTERLAKE LIGHTNING U18

POSITION: Goalie
 HEIGHT: 6'1"
 WEIGHT: 165 LBS
 DOB: 28 / 09 / 04

WINNIPEGBLUES.CA

TRIBUNE PHOTO SUBMITTED

Warren's Dawson Cowan recently signed with the Manitoba Junior Hockey League's Winnipeg Blues. Cowan played with the Interlake Lightning U18 team last season.



TRIBUNE PHOTO BY LANA MEIER

The South Interlake Phillies' Paige Powroznik made a real nice snag to get an out against the Manitoba Angels during U14 action last Sunday at Quarry Park.

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take a break > GAMES

SUDOKU

2	8			9				
			4				5	
3			1					
	4	8		2				
	9		7					
5		6						2
	2	7						3
9	6		8				7	1

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku Answer

1	7	2	8	9	4	5	6	3
8	6	9	5	7	2	1	4	3
4	9	5	1	2	6	8	3	7
2	1	8	4	6	9	3	7	5
9	3	4	5	7	1	6	2	8
5	6	7	2	3	8	4	9	1
6	2	9	8	1	5	7	4	3
8	5	3	7	4	2	1	6	9
7	4	1	6	9	3	5	8	2

Crossword Answer

V	S	G		D	E	E	T	S		N	E	D	W	E
B	E	N		E	L	O	R		V	N	E	I	S	
E	B	I		B	O	D	E	A	E	I	D	O	E	
T	V	L	S	E	J		S	E	O	V	D			
G	N	V	M	I		S	E	U	G	O	T	V	I	D
S	E	E	P	E		C	O	I	D	D	E	E	O	
E	L	V		E	T	S	B	V	N		V	C	U	
W	Y			U	I	S	E	V		I	B	W	I	T
E	N	A	D			N	M							
K	N	I	R		T	N	W	V						
D	E	L	O	S		V	H	C		V				

CROSSWORD

- CLUES ACROSS
- Calls balls and strikes
 - Turkish officer
 - Repaired shoe
 - Grass genus
 - Small, sealed vial
 - Primp
 - Immoral act
 - A tool to communicate
 - Crumbles away
 - Egg-like
 - Districts (abbr.)
 - Dressed
 - Small island (British)
 - Dialect of Chinese
 - Force unit
 - Borderlines
 - Norse gods
 - Morning
 - Fiddler crabs
 - Tell a story
 - Consumed
 - Atomic #58
 - About old Norse poems
 - Fencing swords
 - One-time Tigers third baseman
 - Southpaw (abbr.)
 - Neither
 - Conversations
 - Distinctive manner or pronunciation
 - Cyprinids
 - Appropriate to a festival
 - Pearl Jam frontman
 - Wrath
 - Italian city
 - A way to get there
 - A nose or snout
 - German seaport
 - A horse for riding
 - Airline representative (abbr.)

1	2	3		4	5	6	7	8		9	10	11	12	13	
14				15						16					
17				18						19					
20				21						22					
23								24	25				26	27	
		28						29				30			
31	32							33	34	35	36			37	
38								39	40				41		
42								43				44	45		
46		47	48					49				50			
51								52	53	54			55	56	57
								58					59		
60	61									62	63			64	
65										66				67	
68										69				70	

- Unbroken view of a region
- Middle Eastern territory
- ___ and Andy, TV show
- Central processing unit
- Department of Housing and Urban Development
- Midcentury newspaper columnist
- Weapon
- Delivered a speech
- Probably going to happen
- Midway between northeast and east
- Danish krone
- Synthetic resin (abbr.)
- Fall slowly in drops
- Bestow an honor upon
- Childish silly
- Related on the mother's side
- Populations of related plants
- Coherent
- Tribes of ancient Britons
- Financial firm Goldman ___
- Stephen King thriller
- Went in again
- Commercial
- Poking holes in the ground
- Prisoners of war
- Pursued pleasure
- "Seinfeld" character
- Body of water
- Hovering vehicle (abbr.)
- People who utilize
- Nostrils
- Inner mass of some fungi
- Honor lavishly
- Midway between east and southeast
- Turn down
- Small round mark
- Expected at a certain time

CLUES DOWN

- Unhappy
- Silk fabric

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RURAL MUNICIPALITY OF WOODLANDS
UNDER THE AUTHORITY
OF THE PLANNING ACT
NOTICE OF PUBLIC HEARING



On the date and at the time and location shown below, a **PUBLIC HEARING** will be held to receive representation from any person(s) who wish to make them in respect to the following matter:

RURAL MUNICIPALITY OF WOODLANDS BY-LAW NO. 2737/21
BEING AN AMENDMENT TO RURAL MUNICIPALITY OF WOODLANDS DEVELOPMENT PLAN BY-LAW NO. 2643/14

LOCATION: Warren Multi-Purpose Building
152 Macdonald avenue, Warren, Manitoba

DATE & TIME: 9:40 A.M., Tuesday September 14, 2021

OWNER: Arrowquip Holdings Inc

APPLICANT: Andrew Firth

GENERAL INTENT: To re-designate the area shown below in bold dashed line from "AA" Agricultural Area to "RR" Rural Residential Area.

AREA AFFECTED: NE28-14-2W
Rural Municipality of Woodlands

FOR MORE INFORMATION CONTACT:

Chad Green, Building Inspector
Rural Municipality of Woodlands
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Woodlands, MB R0C 3H0
204-383-5679
building@rmwoodlands.ca

A copy of the above proposal and supporting material may be inspected on the RM of Woodlands website (<https://www.rmwoodlands.info/>), or by contacting the RM Office during regular office hours.

Note: Property owners are responsible for notifying lessee

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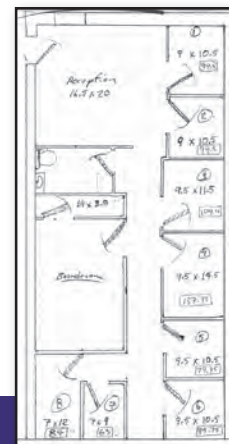
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Announcements

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BIRTHDAY



Happy 100th Birthday Barbara (Coleman) Porteous On August 14th

Barb was born in Derby, England and came to Canada when she was four years old. She first settled in Petersfield then moved to Woodlands. She married Bill Porteous on July 26, 1946. She lived in Woodlands until September 2009 then moved to Stonewall Lions Manor.

We wish you health and happiness!
-Love your friends and neighbours

BIRTHDAY



Bea Mallon 92nd birthday August 16, 1929

Happy 92nd birthday to a wonderful mother, mother-in-law, granny and great-granny! You are always happy and positive and you've been an inspiration to us all!

-All our love,
Diana, Lockie and the McLean clan

CARD OF THANKS

We would like to thank family and friends for their acts of kindness during the emotional time following the death of our brother, brother-in-law and uncle, Rex Pickell. Your thoughtfulness and support is greatly appreciated.

-Barry and Merle Tomyk and family

IN MEMORIAM



Steve LeBlanc April 15, 1947 – August 13, 2019 10:28 p.m.

Remembering the love and friendship of a good man; a good man who knew that his sins were forgiven. For this I am eternally grateful to our Father who is in Heaven. Jesus said in John 10:28 "I give them eternal life, and they shall never perish; no one can snatch them out of my hand." We cherish the memory of our husband, father and Papa.

-Carol, Ian, Greg, Tyson and Sam

IN MEMORIAM

Stan Lockhart August 10, 2002

We can't have the old days back,
When we were all together;
But secret tears and loving thoughts,
Will be with us forever.

-Lovingly remembered,
Myrna and family

IN MEMORIAM

In Memory of our parents Steve Charison (November 29, 1980) and Doreen Campbell (August 15, 2005)

Those we love don't go away,
Mum and Dad...you walk beside us every day;
Unseen, unheard, but always near,
Loved and missed, so very dear.
Forever in our hearts!
Until we meet again!

-Love Carol, Gail, Valerie,
Janice and Cheryl and families

CARD OF THANKS

Thank you to the Town of Stonewall and Jasperson's for the lovely flower pots through town. I understand the town also takes care of the watering.

-Appreciated,
Diane Dziedzic

CARD OF THANKS

A special thank you for everyone that attended my 100th birthday drive-by celebration on July 3rd. I loved to see all the friendly faces and thoroughly enjoyed the beautiful flowers and conversations. Thank you also to those who were unable to attend but sent cards, flowers and well wishes. Turning 100 has definitely been a milestone but with you all it was a day to cherish.

-Love Ruth Sampson

OBITUARY

Fred George Brake

March 12, 1946 - July 27, 2021

Suddenly, on July 27, 2021 Fred passed away at Rosewood Lodge in Stonewall.

He will be lovingly remembered by his wife, Joyce of 41 years; sisters Grace Butler of Newfoundland, and Lorretta (Robert) Crawford of Ontario; brother Norman (Bettyann) Brake of Ontario; daughter Shelly (Rod) Courtney of Teulon; stepson Glen (Shelly) Nawroski of Woodlands; stepdaughter Kathrine Tarasco of Ontario; grandchildren Kyle, Kevin, and Kolten Courtney, Madison and Kate Tarasco, and Brittany Nawroski; great-grandchildren Madison, Carter, Jake, Landyn, Lexi, Deegan, and Quinn; as well as nieces and nephews.

Fred was born in McKay, NL, he lived in Corner Brook until he left for Toronto for a short time and then moved on to Winnipeg in 1970.

His family was number one in his life, then work, then fishing and hunting. Fred was a long distance trucker for many years, then in 1989 along with family, he started Brake Family Auto Sales and Service.

Huge thank you to the Stonewall Hospital, everyone with Home Care and to Rosewood Lodge for their care and compassion.

Cremation has taken place, and a private Celebration of Life will be held at a later date. In lieu of flowers donations can be made to the Heart and Stroke Foundation.

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OBITUARY

Colin William Russell Crockatt

September 26, 1986 - August 5, 2021

Our favourite curling club organizer, forever farmer, and witty friend Colin passed away peacefully on August 5, 2021. Not unexpectedly, but still too soon for those he left behind.

Colin is survived by his wife, Pam, and daughter Paige; parents, Barbara and Russell Crockatt, Pam's parent's Marilyn and Clement Desrochers, and Pam's siblings Tina (Cory), Joedy (Kim), Tannis (Gerald), and Cindy (Steven), and many aunts, uncles, cousins, nieces, nephews and friends. He was predeceased by his grandparents Sadie and Bill Crockatt and Dorothy and Willis Doherty.



Born at Grace General Hospital on September 26, 1986, Colin was welcomed with joy by his parents, family and friends in Argyle.

Colin grew up on the farm west of Argyle, and attended both elementary and high school in Warren. He enjoyed playing baseball in the summer, and playing hockey and curling in the winter. He was a very skilled curler and was a great ambassador for the sport. It was no surprise when he entered the Agriculture Degree program at the University of Manitoba in hopes of one day taking over the family farm. Colin was very involved in student life at U of M. As a member of FASO, he was able to put his organizing and social planning skills to good use. He met the love of his life, Pam, in university. When Colin brought Pam home to meet family and friends in the Argyle community everyone was pleased to see that she not only did not put up with any of his nonsense; but also that they were a great match as she was just as quick as he was and just as community driven. Married in 2013, Colin and Pam made a great team, working together on the farm or organizing community events like Ham/Turkey Bingo, quiz nights or bonspiels at the curling rink. By his side, during the medical struggles throughout the years Pam was always Colin's source of strength and solace. In December of 2019, Colin and Pam welcomed their daughter Paige Anne. Colin had always wanted a daughter and he loved Paige so much. He was so happy to share important experiences with her; like riding in the tractor and combine, watching Jays and Jets games, and enjoying the art of a good nap.

With what could be considered a unique sense of humour at times, Colin enjoyed telling tales to pull friends' legs. Like how the first ever box of Corn Flakes, Box No. 1, was found at the Argyle Store, and that's why there was a film crew there that day. Or putting the Argyle sign at 67 to good use "Men's Support Group Wednesday Nights at the Rink" aka men's night curling. Or posting Kijiji ads to try and get your forever 3rd wheel a date to the Garth Brooks concert, and making international news with it.

Colin had a big impact on everyone with whom he dealt; be it in the community growing up, during university or while teaching an Agriculture Diploma course at the U of M, being a part of the Marquette Co-op board, being the icemaker at both Stonewall and Argyle curling rinks, and just being a true member of the Argyle (and greater Interlake) farming community. The epitome of wit with a wicked sense of humour, he loved a good verbal spar, a good laugh, and good company. Colin was that rare person who will be missed not just by friends and family but also by entire communities.

Private family interment has taken place at the Argyle Cemetery. Friends and family are welcome to a celebration of life at the family farm which will be held on Saturday, August 14, 2021 between 4-6 p.m. Casual dress and please bring your own lawn chairs, no formal program it is to be "come and go".

In lieu of flowers a donation can be made to the Argyle Curling Club (Box 31, Argyle, MB R0C 0B0).



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Announcements

Stonewall Teulon
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OBITUARY



Kay (Katherine) Nazimek
(nee Stanko)
April 10, 1930 – August 3, 2021

Peacefully, in the early hours of August 3, 2021 Kay passed away at Teulon Goodwin Lodge at the age of 91 years.

Left to cherish her memory is her daughter Mona (Archie), son Glenn (Gaby); grandchildren Mark (Jennifer), Kristy (Trevor); great-grandchildren Ava, Bella, Matthew, Anna, Derek, Dylan, Alicia and great-granddaughter Hayden.

She was predeceased by her husband Joseph; parents John and Ksenia Stanko; brothers Bill, Mike, Norman, Danny; sister Jean.

Kay was born and raised on the family farm in Zbruch. She attended Zbruch School, went to Teulon Collegiate by train; she was one of the train gang. She attended Brandon Normal School for a teacher's education degree and taught school at South Polson School.

Mom and Dad were married June 1, 1950 and Mom's life was raising a family, being a farm housewife and Dad's helper. Mom was a homemaker who took great pride in her children and grandchildren. She also enjoyed gardening and flowers, cooking, sewing, volunteering at Komarno's Community Hall and enjoyed all the dances she helped with and working with the Hall's Kitchen group.

The family would like to thank all the staff at Teulon Goodwin Lodge and Dr. Loudon for his care and compassion given to Mom.

In lieu of flowers, donations may be made to Teulon Goodwin Lodge Foundation.

Thank you to Ken Loehmer Funeral Home for his professional service and compassionate help.

Interment has taken place at Komarno Holy Trinity Cemetery.



There is a link death cannot sever,
Love and remembrance last forever.

OBITUARY



Patricia Leah Good
March 17, 1939 – July 28, 2021

It is with great sadness that we announce that Patricia Leah Good (née Griffin), passed away on July 28, 2021 surrounded by the love of her sister and children.

Mom was born in Victoria, BC and as the daughter, wife, and mother of Canadian Navy sailors, she always approached changes in her life with a sense of adventure, whether it was numerous moves across the country or supporting Dad in his many endeavours as a 'jack of all trades, but master of none'. She loved the time she lived in Stonewall, as she was able to be closer to Dad's family and where she met many lifelong friends.

Pat leaves behind her children Jacqueline (Jim), David (Sharra), Tracey, Leah (Daryl), Judi; her sister Gale (son Aaron); grandchildren Chris, Josh (Krystal), Jamie, Sarah (Devon), Allen (Paige), Janis, Hailey, Josh, Jade, Jenna, and Kyana; great-grandchildren Serenity, Jackson, Raury, Kaleb, Brynley, and Theodore; sisters-in-law, Judy (Rick), Kitty, MaryAnn, Gloria (Jim); brother-in-law Donald (Sylvia); favourite cousin Gary; and many more extended family members through blood, marriage, or choice.

Mom was predeceased by our father, Jack Williamson Good, mother Clara, father Mike, and brothers Lynn and Ken.

A Celebration of Life will be held in Chilliwack, BC on September 17, 2021.

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