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Stonewall Teulon Tribune

VOLUME 6 EDITION 31

THURSDAY,
JULY 30, 2015

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TRIBUNE PHOTO BY LANA MEIER

Hot and humid temperatures continued across the Interlake on Monday with heat warnings in effect for the region. The temperature skyrocketed to 30 C and a humidex of 39 with highs expected in the high 20s for the remainder of the week. Kinsmen Lake was definitely the place to be for those wanting to cool off in the lake. Pictured left to right, Emma Wirgau, Chis Vinick, James Harley and Foxx Domansky.

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LEGO camp brings 'awesome' opportunity to Warren

Bricks and creativity in no short supply in Warren from July 20 to 24

By Stefanie Lasuik

Everything was awesome in Warren last week, when 27 kids aged five to 12 turned the West Interlake Trading Company quonset into a lego-building factory, pairing the creativity of their young imaginations with concrete tasks to create masterpieces in both Minecraft and Brick City themes.

Winnipeg's Bricks 4 Kidz offered the day camp for kids, where local children could sign up for morning or afternoon sessions, a choice many took full advantage of, opting for both. The morning's theme Minecraft, which meant that ender dragons, snow golems and desert temples ran rampant. The afternoon's Brick City builders worked on skyscrapers, banks and airplanes to complete an entire city out of LEGO.

Each day, the kids engaged in creative play to construct anything of their fancy before assembling for a team meeting and challenge time. In the week's various challenges, the kids were tasked with a creation of a particular theme, such as same-colour

or ocean dwellers, in which they channelled their genius. The kids of both sessions also used mini motors and batteries to put their LEGO creations in motion.

Without even knowing it, the camp participants developed skills in art, science, math and engineering — and, of course, creative imagination. One hit was bulldozer races, when teams worked together to discover new ways to make their bulldozer the fastest.

The LEGO kids thoroughly enjoyed the camp.

"LEGO's so creative. If you have a great imagination, you can build whatever if you have the right things," 13-year-old Johnny Holtmann said.

Fellow participant Liam Stairs noted that it also gave them the opportunity to meet new people.

Camp director from Bricks 4 Kidz, Tanya Gerbrandt, pointed out that LEGO was a way not only to bring the kids together but to engage their minds in a fun way that doesn't involve a computer, tablet or cell phone



TRIBUNE PHOTO BY STEFANIE LASUIK

Twenty kids began preparing their Brick City to showcase on Friday.

screen.

At the end of the week, the kids showcased their final projects to their

parents, grinning from ear to ear at what they'd accomplished.

CIB Yard of the Week



TRIBUNE PHOTO BY JO-ANNE PROCTER

Small space gardening has become a new passion for Lorraine Oughton, who has resided at 5-570 Centre Ave. for the past three years. Oughton takes pride in the few perennials she tends to, along with a long row of Angel's Trumpet and colourful planters she proudly displays on her patio.

Yard of the Week runs during July and August, and the public can nominate a Stonewall yard by filling out a ballot at Stonewall Home Hardware.

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Weeklong trot for local pony club riders

Quarry Ridge Pony Club riders take part in annual pony club camp

By Stefanie Lasuik

Imagine unlimited access to trained ponies and beautiful riding facilities for six straight days, whilst surrounded by friends and family. For kids a part of the Quarry Ridge Pony Club, this illusion became a reality last week at the annual Manitoba Pony Club Camp in Selkirk.

The Quarry Ridge club was one of six clubs present at the weeklong event, where 35 participants aged six to 25 learned all there is to know about pony care, including stable management, grooming, and braiding while improving in both areas of showmanship and riding. Two sessions each day saw ponies and their riders engaged in show jumping and flat work while a dressage ring had riders dancing in horse ballet.

For the young riders and their families, pony camps become cornerstones of the summer. Six straight days of pony-time isn't the only attraction, as members look forward to the whole-family socialization the camp affords.

"It's a parent-involved sport," organizer Deborah Shepherd explained.

Families come together to ride, dine, dance and make frequent trips to Selkirk Park Pool.



TRIBUNE PHOTO BY STEFANIE LASUIK

Quarry Ridge Pony Club riders enjoyed six days with their ponies and friends at the annual Manitoba Pony Club Camp in Selkirk last week. Pictured left to right, Suzanne Pankratz (Bones), Tristan Caswell (coach), Autumn Good (Cisco), Mitike Mathews, Belle Syrett (May Girl) and Taylor Marchant (Floki).

"People call it pony club family," Shepherd noted.

Shepherd said that the kids had a blast all week and thanked the St. Andrews St. Clements Agricultural Society, who she explained work hard to make

the camp a success.

The pony camp kids are already making plans for next year's camp.

"That's all they talk about," said Shepherd.

Family fun Messtival coming to Teulon

By Natasha Tersigni

It promises to be an afternoon of family fun with tons of messy children-friendly activities complete with 300 litres of slime.

On Aug. 8 at Green Acres Park in Teulon, the Teulon-Rockwood Recreation Commission will be organizing and hosting their first ever Messtival. The idea for the event came from recreation director

Chris Hornby.

"The idea is to make a bunch of kids and their parents really messy and dirty for the afternoon," said Hornby.

The fun will start at 1 p.m. and run until 4 p.m. Families will be in groups of four, with one adult required per group. Throughout the afternoon there will be five different events including alien eggs,

where you have to search through tubs of slime for balloons and then break them in your

bucket; a Slip n' Slide with bubbles and slime with the goal to knock down bowling pins; full body finger painting and cake decorating where two people on the team get their face decorated with icing and sprinkles and their teammates throw marshmallows at them to see how many stick.

"The point of the day is just to go out and have fun in the park," added Hornby.

The cost for the event is \$20 per a family of four with money going towards covering the day's expenses. Pre-registration is required by Aug. 5 by contacting Chris Hornby at 204-861-0366 or emailing teulonrockwoodrec@gmail.com.

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TRIBUNE PHOTO SUBMITTED

Messy family festival to be held at Green Acres Park in Teulon on Aug. 8.

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Coffeehouse to End Cancer back for fifth year

Charlie Cooke's daughter to share her father's cancer experience Aug. 26

By Natasha Tersigni

In four short years, Paige Procter's Coffeehouse to End Cancer has become a summer staple featuring young and upcoming local talent while raising over \$37,000 for CancerCare Manitoba.

Plans for this year's event are well underway for Aug. 26 at the Hitch n' Post in Grosse Isle.

Interlake musicians scheduled to perform include Camryn Dewar, Leslie Einarson, Erin and Stephaney Corbin, Jodi Sexton and Bailey Woods, Lily Reder, Ellen Stafford and Morgan Ponton, Erika and Bryn Rieger, and Paige Ross, along with a special band being put together for the final set that will play original songs.

In the past, Procter has had young cancer survivors speak during the evening; however, this year she has decided to go a different root. Rebecca Cooke, one of Charlie Cooke's daughters, will be sharing her families' experience with cancer while celebrating her father's life.

Cooke was a popular teacher from Stonewall Collegiate Institute and a successful girls' soccer coach who passed away in April after a short but courageous battle with cancer.

"Over the five years of doing this, I have realized that it has grown from not only celebrating the survivors and those who are fighting cancer but it is also about honouring the lives of those who passed away from cancer," said Procter.

"I was very moved by the way the Cookes celebrated and honoured the life of their father at his funeral. They really took advantage of the last couple of months of his life. They didn't really dwell on his diagnosis, and they made the most of the time they had left with him. That was very inspiring and I thought that really highlighted what the coffeehouse has come to be."

The Coffeehouse to End Cancer will be held Wednesday, Aug. 26 at 7 p.m. at the Hitch n' Post. Admission is \$10 at the door.



TRIBUNE PHOTO BY JO-ANNE PROCTER

On Aug. 26, Paige Procter will be hosting her 5th Annual Coffeehouse to End Cancer at the Hitch n' Post in Grosse Isle. The evening is about celebrating survivors and those still fighting cancer and honouring those who have since passed. All money raised will be donated to CancerCare Manitoba to assist with cancer research and programs for those diagnosed with cancer.

Theoretical compensation packages introduced in RM of Rosser

By Natasha Tersigni

While the Rural Municipality of Rosser council and officials are remaining tight-lipped surrounding the details of the CentrePort Residential Compensation Investigation and what it means for residential ratepayers in the Rosser CentrePort area, that did not stop council members from throwing around the potential compensation package at two South Interlake District Planning (SIPD) public hearings held on July 21.

On April 21, the RM of Rosser coun-

cil passed a resolution at their regular council meeting that "commits in principle to preparing a policy that would provide compensation, in a manner to be determined by council, for small lot residential ratepayers in the Rosser CentrePort area."

The resolution does not provide any further details, including who would fund the compensation, how it will be decided who would receive the compensation, when the compensation will be handed out or how much compensation would be offered.

This resolution was brought forward to council and passed ahead of the July 21 SIPD public hearings, where residents in the Rosser CentrePort hearing spoke and opposed the re-zoning bylaws and the RM of Rosser CentrePort Area Secondary Plan that would re-zone current residential lands in the RM to be adjacent to indus-

trial/commercial zoned lands.

Many of the Rosser ratepayers that have residential lands in the Rosser CentrePort area oppose these bylaws as they say it would greatly affect their property value and future ability to re-sell.

At the SPID public hearings on July 21, Rosser Centreport manager Bob Brown, who oversaw the drafting of the bylaws and was requested by the RM of Rosser council to speak at the hearings on their behalf, brought up these compensations packages as evidence that the RM is looking out for the best interests of their ratepayers.

"Council is currently on a review process that includes studying the legal, economic and administration matters that are relevant to adopting such a (compensation) program. It is Rosser's view that if implemented, such a program would likely fall under the council's authority municipal's act as opposed to the planning act," said Brown.

"For this reason and in recognition for the pressing need for the new zoning and the secondary plan bylaws, council is seeking approval required to move to third and final reading of the zoning and secondary plan bylaws."

Trevor Grexton, an RM of Rosser resident who lives in the Phase 1 Stage 1A area the Rosser CentrePort development, does not agree that the RM of Rosser council is looking out for residents' best interests.

"Current vacant commercial land is selling between \$115,000 and \$135,000 per acre. I have one 1.5 acres. If I was able to sell my land commercially to someone who needed that small of a parcel, which is highly unlikely, I would get just over \$200,000," said Grexton of what he thinks his 1,500-square-foot house with finished basement, three car garage, limestone driveway and landscaped yard would be worth if the zoning bylaw is passed.

After the public hearings were concluded, the *Tribune* asked RM of Rosser Reeve Francis Smee for additional details of the plans and what residents could be expecting if the bylaws pass. Smee told the *Tribune* that, in fact, the compensation packages idea is very preliminary and has been passed on to the RM's lawyers to see if something like this would be functional.

"As far as we know, this is uncharted territory. That is why we gave it to our lawyers and said find out how we can go forward with this in a way that makes sense," said Smee.



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Ashley Peltz

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Smithsonian exhibit returns to St. Laurent

By Jeff Ward

One of the centrepieces of the Metis wing of the Smithsonian Institution's National Museum of the American Indian is returning home to St. Laurent after being away for more than a decade.

The piece is a bombardier which was purchased by the National Museum of the American Indian (NMAI) back in the early 2000s after the Smithsonian Institution named St. Laurent one of eight communities from North, South and Central America that would be included in the museum. That exhibit remained permanent for the last 10 years and is now being dismantled, and although the Smithsonian owns the bombardier, they are loaning it back to the community.

"We've been in contact with the curators over the years and told them we'd like to continue the exhibit here in St. Laurent," said Jacinthe Lambert, one of five curators who helped create the original NMAI exhibit.

"We'll be working over the next few years to put the exhibit back together here because it's such an important thing for us. For those who never saw the exhibit in Washington, this will stand for future generations."

During the curation of the exhibit,

the Smithsonian tasked the St. Laurent committee to put together a contemporary showcase of Metis culture. It was no easy task, being asked to fit the more than 100-year history of St. Laurent into a space of around 500 square feet. But it was also exciting, going through all the important parts of Metis culture and being able to showcase and celebrate with the world.

It took a few years and with the help of curator from the Smithsonian, the small committee was able to include some artifacts from the community. There were panels with pictures and explanations of the artifacts and their significance as well as videos detailing Metis life and culture.

"Those videos had almost everyone from the community in them.

Our people are immortalized in those videos and so is the culture. It was an incredible experience to see our exhibit when the museum opened, one that I'll never forget," said Lambert.

The museum opened on Sept. 21, 2004, in Washington, D.C., where a procession was held to celebrate the opening and more than 150 people from St. Laurent were a part of the celebration. Lambert has each second of that important day burned into her memory as well as each emotion.

"PEOPLE WERE COMING UP TO US SAYING 'WE'RE METIS TOO!' AND TELLING US WHERE THEY'RE FROM."



TRIBUNE PHOTO SUBMITTED

Jacinthe Lambert stands next to the historic bombardier that for the last decade has been apart of an incredible exhibit in the Smithsonian. The piece of Metis history is now back in St. Laurent waiting for its new home.

"People were coming up to us saying 'We're Metis too!' and telling us where they're from," remembered Lambert.

Flash forward now nearly 11 years later and the bombardier is back in St. Laurent as well as the other artifacts that were loaned to the museum. The plan is now to recreate the exhibit in St. Laurent permanently. To do that, though, it's going to take time and a place to house the exhibit.

"We're planning to renovate the welcome centre, extend it and have it become the St. Laurent Metis Museum," said Cheryl Smith, reeve of St. Laurent, who also added that the name isn't official.

If everything goes according to plan, the museum would open during the 150th anniversary celebration of the confederacy.

Rollover sends two to hospital

By Stefanie Lasuik

At 5:30 p.m. on July 24, Stonewall RCMP and STARS helicopter were called to a single-vehicle rollover near the intersection of Provincial Road 227 and Highway 6. Two occupants in a truck hit the southbound ditch on 227 before their vehicle caught fire.

Ambulance and the RM of Woodlands fire department also responded to the scene. Both occupants were extracted from the half-tonne before the truck burnt down.

Both male occupants suffered injuries and were later transported to the Health Science Centre, where splints were placed in the passenger's spine and front rib cage and the driver's shoulder blade. The driver also suffered a broken collarbone.

The driver and the passenger reside in the RM of Dufferin and Portage la Prairie respectively.

The driver was arrested for impaired driving on scene.

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EDITORIAL > VIEWPOINTS > LETTERS



letters

Central Bank governor lowers interest rates

Dear Editor:

For the second time this year Stephen Poloz, governor of the Bank of Canada, has cut interest rates. This move, according to economists, may or may not stimulate the economy. There are pros and cons regarding imports and exports and the impact of a lower Canadian dollar. In reaching this decision, it appears the Central Bank has once again disregarded the more than five million seniors who rely on low risk investment interest to subsidize their pensions.

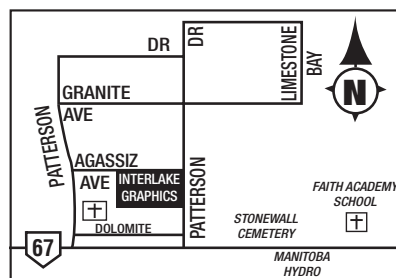
Also the lower dollar disrupts travel plans and our ability to winter in warmer climes. I understand the need for jobs, the fear of recession and the negative shock of bankruptcy when rates rise.

Most seniors have contributed to society in many ways and lived through good and difficult years.

Hopefully, the Central Bank, when meeting in January 2016, will consider the effect lower interest rates has on our quality of life.

Terry Meindl, CD

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Moms and babies strollin' through the quarry

Summer Stroller Fitness program gives moms unique opportunity to exercise

By Stefanie Lasuik

For new moms, finding the time for the gym or even for a Wednesday afternoon jog can be challenging. Luckily, Madison Brook and Breanna Rae of the Interlake Eastern Regional Health Authority are enabling mothers to exercise without the added worry of who will take care of their baby.

This worry is irrelevant because babies tag along in one particular fitness program.

The Summer Stroller Fitness program meets at 1 p.m. every Wednesday at Quarry Park and begins their walk, child in stroller, around the park. The women then engage in a short work out, such as tabata, and enjoy a healthy snack together.

"It's basically to get moms to start exercising again," said Brook, noting that some participants in the program voiced their distress at not being able to exercise since their child was born.

However, the weekly activities should not be confused with a weight loss program.

"We're not here for weight loss or stuff like that. We're just trying to get moms out and start being active again," Brook explained.

The Stroller Fitness Program is sustainable in both physical activity and socialization aspects. The goal is for mothers to continue with the practices and exercises learned during the program after the four-week program comes to an end. They leave each session with a healthy recipe and a new type of workout. The moms then also walk away with friendships created in their time at Quarry Park.



TRIBUNE PHOTO BY STEFANIE LASUIK

The stroller fitness program brought these moms together for outdoor exercise on July 22.

The program is now in its third year and is really taking stride. On July 15, 11 moms strolled with their babies and the co-ordinators have really seen it grow. They now offer the same program in St. Laurent, Arborg, Pinawa and Lac du Bonnet during different four-week segments throughout the summer.

Stonewall's strollers are currently in the third week of four, but anyone interested in participating in the final session on Aug. 5 can do so by emailing

mbrook@ierha.ca or by simply dropping in. There is no cost to partake in the program, but participants are asked to bring a water bottle, runners and a yoga mat or towel. A light snack will be provided around 2 p.m. and all babies and toddlers are welcome.

The next IERHA event will be a free family geocaching evening, held at 6:50 p.m. on Aug. 5 at Quarry Park. Families must register by emailing brae@ierha.ca.

Rocking out for furry friends



TRIBUNE PHOTO BY STEFANIE LASUIK

Electric Vamp commanded the stage during the second Furry Friend Rescue Pet Fundraiser in Teulon Saturday night. Other headliners were Country Crossing and The Rock Show. The fundraiser gave 100 ticket donations, \$85 and donations of dog food to Jenn's Furry Friends Rescue, which finds foster and adoptive homes for unwanted or abused animals across Manitoba.

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SIPD holds public hearings on CentrePort land development

By Natasha Tersigni

Residents of the Rural Municipality of Rosser and CentrePort stakeholders, some in favour and some against new zoning bylaws and the CentrePort Secondary Plan, pleaded their cases at the South Interlake Planning District (SIPD) public hearings held on July 21.

People in favour of the rezoning and the RM of Rosser CentrePort Area Secondary Plan bylaws, mainly government officials and businesses, see the bylaw as the next step in the CentrePort development, a 20,000-acre transportation hub located on land in Winnipeg and RM of Rosser.

Many who are against the zoning changes and CentrePort plan are RM of Rosser residents that would see their homes and property become adjacent to industrial/commercial businesses if the bylaws are passed.

On attempts in getting the bylaw and secondary plan passed at the RM of Rosser council, more than two objections were heard. Therefore, in accordance with the Municipal Act, the zoning bylaw and secondary plan were then referred to the municipalities planning district; in Rosser's case, it was referred to the South Interlake Planning District (SIPD).

On July 21, the SIPD board held two public hearings back to back at the Quarry Park Heritage Arts Centre in Stonewall, the first to discuss the zoning bylaw changes and the second for the Rosser CentrePort Secondary Plan. The SIPD board is made up of two council members each from the RM of Rosser, RM of Rockwood, Town of Stonewall and Town of Teulon. The hearing was held so board members

could hear representation from parties in favour or against the zoning bylaw and the secondary plan bylaw.

Parties arguing for the zoning changes said the issue has been dragging on for three years and has greatly impacted growth and development in CentrePort.

"CentrePort is one of the main economic pillars of our province's future prosperity; make no doubt about that. It is a differentiator for Manitoba and we are focused on attracting investment from the private sector and creating jobs," said Diane Gray, the president and CEO of CentrePort Canada Inc.

"We strongly support this zoning bylaw because it provides transparency about what kinds of developments that are expected and allowable in the different parts of the CentrePort footprint. It also protects, along with the secondary plan, green spaces and it facilitates corridors for active transportation and transit."

Residents, including Jennifer Martens, who have property in Phase 1 Stage 1A of the CentrePort development plan, said they either want larger buffer zones between their property and the potential industrial/commercial businesses or they want fair value for their house and property.

"I would like to see appropriate buffer zones which go from property line to property line, as is the intention inferred from the Manitoba Planning Act. These buffer zones should have characteristics that make them effective or some type of plan which shows (us) the steps that will be carried out on a case by case basis," said Martens. Martens also added that buffer zones



CentrePort Canada Inc. president and CEO Diane Gray spoke at the SIPD public hearing regarding rezoning and the RM of Rosser CentrePort Area Secondary Plan bylaw. Gray said these municipal matters have been dragging on for too long and are affecting development in CentrePort and thus economic growth in the province.

in the current plan are 100, 200 or 500 feet from doorstep to doorstep with no guidelines on what activity can be done within the buffer zones.

"Even though it is the plan to phase out residential properties in the area, I would like each of the residential properties to be treated with respect and consideration. I do not feel these



TRIBUNE PHOTOS BY NATASHA TERSIGNI
RM of Rosser resident Jennifer Martens has a home and property located in Stage 1 Phase 1A of the CentrePort plan for the RM. Martens told the board she is not against development but wants to ensure that proper buffer zones are in place to protect her property and home.

requests impede the development of CentrePort, since these requests are in place in numerous other jurisdictions and have been for decades."

The SIPD board will have a decision in 30 days or less. The board's decisions are final and no appeal can be made.

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Thanks for your understanding.

A berry sweet social



TRIBUNE PHOTOS BY NATASHA TERSIGNI

The Lion's Community Centre was packed July 22 for the annual Strawberry Social. Guests enjoyed strawberry desserts and the entertainment provided by the band Prairie Men.

St. Laurent residents weigh in on strategic plan

By Jeff Ward

Municipal priorities were discussed at length in an open forum to get input from residents of St. Laurent on the RM's strategic plan over the next four years last Sunday.

The strategic plan, which has already been adopted by council, was broken into seven categories: housing, roads/infrastructure, economic development, environment, projects outstanding, health, recreation and the municipal emergency coordinator. During the meeting, around two dozen people expressed their concerns, hopes and ideas for each of the issues talked about. St. Laurent Reeve Cheryl Smith and CAO Billie Jean Oliver, along with Coun. Monte Carrier and Laurent Kerbat, fielded the ideas.

"This plan has already been adopted, but we're here because we're always looking for feedback," said Smith, who was happy with the turnout, as there were people from all over the RM in attendance.

"One thing about our council here is that we are very transparent and we will talk with everyone."

The most popular category for

feedback was with roads and infrastructure, and it wasn't a simple discussion. St. Laurent, like many rural communities, is built around provincial roads, and those roads are in disrepair. Some are much worse than others, but nearly all of them are in need of some serious work. And while the province continues its infrastructure projects along Highway 6, these roads people drive on everyday within the RM remain neglected. Council plans to co-ordinate their infrastructure improvements with the province to make sure all roads get the attention they deserve.

Among the most important issues brought up under this category were the unsafe conditions of some of the roads within the RM. The turnoff at Twin Lakes Beach Road was brought up as a dangerous spot to merge into traffic and even more dangerous to turn off the highway. Turning from pavement onto gravel roads at a high speed is very dangerous and the consensus from the room is that this needs to be addressed soon.

"Our population is very spread out here and because of that we have many roads that take a lot to maintain. But it's our duty to maintain them,"

said Smith.

There are also many roads in the RM that are dangerous because they simply don't have a shoulder. Narrow roads with a steep drop off add to dangerous driving conditions, to say the least, and the RM council plans to address the issue going forward.

Economic development also had quite a bit of attention on it during the meeting as residents brainstormed on how to attract new businesses and entrepreneurs to the area.

Smith said that going forward the RM council will make sure entrepreneurs are aware that St. Laurent is open for business.

Environment also took a fair share of time as the health of Lake Manitoba is a big concern for many living in the municipality.

"We need to continue to work to make sure that the lake is healthy and our drinking water is healthy. We want the aquifer to be here for generations," said Smith.

CAO Billie Jean Oliver also mentioned that the RM will be adopting mandatory recycling as well come January 2016.

At the end of the day, the meeting proved valuable for not only the residents but for RM staff and council, who will now take those comments and concerns into consideration as they roll out their strategic plan.

"I'm really glad to hear from the community here today about these priorities. It gives us a great idea of what ratepayers want to see us doing," said Smith. The meeting lasted just over two hours.

"I'M REALLY GLAD TO HEAR FROM THE COMMUNITY HERE TODAY ABOUT THESE PRIORITIES."



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Your Community Newspapers

By Stefanie Lasuik

The largest enrolment list Stonewall's summer art camp has seen created masterpieces that took them to beautiful cultures and continents, all while seated in the Quarry Heritage Arts Centre.

This year's World Art Tour theme allowed the 65 kids aged four to 14 to construct pieces relevant to South America, Europe, Africa, Australia and North America in a variety of mediums. Six classes taught by experienced artists guided the kids through informational and hands-on learning.

In Fun with Clay, young ones shaped all types of clay into various forms, including pottery. A Heads-Up class led children through various mediums to create artwork that related to the head, such as crowns and masks. The polymer clay course produced colourful and intricate parrots. Two sessions of line art saw Vincent Van Gogh's *Starry Night Sky* come to life with model magic clay, and a cartooning and water colour class gave rise to vivid depictions of France's Eiffel Tower.

Sandra Wiebe has been run-

ning the camp for the past 24 years and knows the value of a summer art camp.

"It's to allow children the opportunity to create and express through the visual arts," Wiebe said, explaining that the many demands on school hours doesn't leave enough time to work in the arts.

Wiebe caps her classes so that the kids coming to camp receive more personal and individual instruction from herself, Pat Sernyk, Bev Galbraith and Ralph Tanchuk. The instructors also strive to bring the kids unique projects.

"It's very creative and I've never done any of these projects before," camp participant Gillian G. said.

Through their art, the participants touched down on five different continents throughout the week, having fun and learning lots in the process.

"It's always fun to imagine you're travelling during the summer. You're at home travelling all over the world," said Wiebe.



TRIBUNE PHOTO BY STEFANIE LASUIK

Young artists in Pat Sernyk's polymer clay class squawked over their South American parrot creations.

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All girls camp teaches valuable life lessons

Local summer camp teaches girls they are beautiful just the way they are

By Stefanie Lasuik

Learning to love themselves was top priority for eight young and beautiful girls that assembled at the Youth for Christ (YFC) Drop-In Centre July 20 to 24 for a weeklong Pretty & Pink camp. On the heels of the Real Women, Real Pride Twitter campaign, Dove's Self-Esteem project, and the LoveYour Body crusade, the YFC Pretty & Pink day camp enabled girls to put into practice the ideologies these campaigns embody.

With makeup nowhere to be found, the camp involved activities that made the girls feel comely and connected. They made jewelry boxes together, created bracelets and melted crayons

on canvasses. They also held a photo shoot outside, where each participant had her moment in the sun. The girls learned about the importance of skin care and staying sun safe.

"The goal is to build self confidence, and to help them realize that they are beautiful the way they are," said co-ordinator Sara Croy.

The Pretty & Pink camp is one of a series to be held at the YFC Drop-In Centre this summer. A sports camp will take over the centre from Aug. 4 to 7, followed by a dance camp from Aug. 10 to 14. Requests for more information or registration can be directed to stonewall@yfcwinnipeg.ca or 204-467-4774.



Pretty & Pink campers, from left: Kyra Swanson, Carmyn Kaltenthaler, Brianna Sinclair, and Brooklyn Kaltenthaler choreographed a dance routine on July 21.

TRIBUNE PHOTO BY STEFANIE LASUIK



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Stunning daylilies at Balmoral's Greenridge Farm

Gardening transforms from hobby to business one daylily at a time

By Stefanie Lasuik

It's the flower that keeps on giving. Deceitful by its name, a daylily clump can live your garden for up to six weeks with their luminous blooms. Then, when it grows large enough, it can be divided into 30 or 40 "baby plants." Tested and tried by Manitoba's fickle growing climate and prairie soil, hundreds of daylily varieties bloom nonetheless. A unique farm just north of Balmoral can prove it.

Emmy and David Byle are the owners of Greenridge Farm, where approximately 380 varieties of "perfect perennials" create a utopian garden, a place where the couple is able to sit and relax in the most colourfully vibrant of views.

Although the Byles can enjoy peaceful moments there, finding the time to do so is another matter altogether. As grandparents, grain farmers and daylily growers, the Byles run a steady schedule. The 100-plus rows of lilies require constant care in a particular garden hobby.

"Weeding, weeding, weeding," Emmy Byle said when asked about the maintenance of their farm. The Byles weed all their lilies by hand and

use entirely organic farming methods.

The Byles' method seems to work as Greenridge hosts semi-evergreens and even a few evergreen varieties, a type typically suited for southern climates. If the couple plants a variety that doesn't thrive, they scrap it and move onto another type in their quest to provide plants that will thrive in the Manitoba climate.

David Byle explained that the farm enables Manitobans to feel comfortable with their daylily purchases because the flowers are grown in the same climate. He further noted that the local climate sets the standard for daylily hardiness.

"If they survive our climate, they'll be good for anybody."

When growing lilies was still a hobby of the Byles, they had trouble finding any that were locally grown. Restrictions exist in transporting daylilies from the States, B.C.'s climate is far different from Manitoba's, and even some Ontario varieties withered out in Manitoba soil.

Now that their business is up and blooming, Greenridge Farm sprouts with familiar beauties captured in petals, such as Country Sunshine and



TRIBUNE PHOTO BY JO-ANNE PROCTER

Emmy and David Byle stand in their garden of "perfect perennials" at Greenridge Farm.

Prairie Blossom, sweet summer treat lilies in the Chipper Cherry and Sugar Candy, and the more intoxicating Peach Schnapps and Summerwine. The Byles keep a catalogue of all the varieties on their farm but explained that their overwhelming diversity only represents a fraction of the 50,000 on the North American daylily registry.

New types can be created through hybridizing the lilies, which simply

means cross-pollenating two different varieties, but it is a practice the couple has yet to undertake.

In the meantime, the couple will enjoy spending time in flower-filled abode and maintaining the family business.

If you would like to visit the farm or purchase daylilies, you can visit their website greenridgefarm.ca or call 204-467-2250.

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Above: Row upon row of daylilies bloom brilliantly with every colour under the rainbow (except blue). Right, the Big Smile, like all daylilies only blooms for one day.

Popular parks set to reopen after major renovation effort

By Jeff Ward

With construction wrapping up over the next few weeks, two very popular parks in St. Laurent are set to reopen after a sizeable construction effort to revitalize the area.

Construction started late last month on Meindl Park and Gros Arbre (Big Tree) and will be all covered by Disaster Financial Assistance (DFA). Both parks were destroyed by floodwaters in 2011 and then again suffered damage when the parks were used as access roads to set up super sandbags and geotubes for last year's flooding. Now, after a month-long renovation effort, the parks are almost ready to reopen.

"Once construction is done, the parks will never be used for that type of access again," said Cheryl Smith, reeve of St. Laurent.

"We have public access roads for emergencies and things like that. The construction project will really bring these parks back to the way we all remembered them before the flood. We anticipate that construction will be completed in the next few weeks."

The RM council recently made a res-

olution officially naming Gros Arbre Park, previously referred to as Sand-piper Park, because of the historical significance of a very large tree at the park. Wedding parties of St. Laurent residents often wind up at the tree to take pictures, and during the flood of 2011, residents were commonly heard asking if the tree would be OK.

Gros Arbre received the lion's share of the attention from construction crews, needing significant leveling of the land as well as the cleanup of many dead trees. After the area had been cleared, crews laid new topsoil and then sod. There's also the additions of a new bathroom facility that's mobile.

"If for whatever reason the lake floods again, the washroom unit can be towed away quickly. The facility is air conditioned and has a tank on it that we'll fill with water for the flushable toilets and the sink," said Smith.

With both parks being closed for the better part of a half-decade, residents should be excited to have such a beautiful spot reopened and ready to be enjoyed.



TRIBUNE PHOTO BY JEFF JONES

Gros Arbre is only a few weeks away from being returned to its former glory days. The park has gone through some extensive renovations over the past month to reclaim the area from flood damage from the 2011 and 2014 floods.

Local Ukrainian Dance group lights up Disney World stage

By Stefanie Lasuik

The members of the senior Rosedale Ukrainian dancing group, now Vitretz, have performed in venues across Manitoba.

But on July 7, 16 of the dancers took their talents 3,300 kilometres away from home to grab the spotlight in Downtown Disney.

Shortly after a rain and thunder delay at 12:30 p.m., the dancers lit up the Waterside Stage with Kolomayka, Poltava, a Buko Solo performance by Ava Skromeda and Hopak. Like new stars in town, Vitretz introduced many audience members to a style of dance they had never before witnessed.

The dancers fittingly received rock star treatment as well.

"The Disney staff was just amazing. From the moment we arrived on our chartered bus to the pre-show area to the time they finished performing and we got back to our bus, it was like Cadillac service the whole time," a mother of one of the dancers, Teena Hargreaves, explained. The Vitretz dancers practised hard in anticipation of their Orlando performance and worked on quick wardrobe changes in order to deliver a high-calibre show.

When showtime finally arrived,



TRIBUNE PHOTO BY TEENA HARGREAVES

The Rosedale Ukrainian dance group "Vitretz" recently returned from Orlando, FL. after being invited to dance on the Waterside stage in Downtown Disney.

dancer Amanda Hargreaves admitted to excited nervousness.

"It was thrilling to know that we were dancing on a stage at Downtown Disney!" Amanda Hargreaves explained.

Amanda Hargreaves danced with the rest of her squad despite coming off a recent ankle sprain. Dancing in Disney was a once-in-a-lifetime opportunity, and not once she was ready to give up, even if it meant painting

her pink slippers red and covering up her tensor bandages with Mickey Mouse duct tape.

"Not many people get to say they got to perform on a Disney stage," Amanda Hargreaves noted.

The squad spent the rest of the week enjoying the entertainment Orlando had to offer them, including visits to Magic Kingdom, Epcot, Universal Studios, and Animal Kingdom.

At the end of their performance, Vitretz received a gold Mickey Mouse trophy from Disney, whose staff was most impressed by the dancers' performance and conduct.

It was the experience as a whole that the dancers will continue to cherish.

"It was so much fun. We'll never forget this experience," said Amanda Hargreaves.

When tragedy strikes, a community rallies

By Natasha Tersigni

With the news that one Stonewall family suffered a tragedy, their friends, former colleagues and community members jumped into action to help support Darrell and Ruth Madill in their time of need.

On June 5, 2015, the Madills received a phone call no parent ever wants to answer. The couple was informed that their daughter Alana Madill, her partner Jerry Collins and their three-month-old daughter Alya Collins were in a car accident in France, where the family lived as Jerry was a professional rugby player with the southern French team RC Narbonne. Both Jerry and Alana died in the accident and baby Alya sustained serious life threatening injuries.

Ruth and Darrell quickly flew to Montpellier, France, to be with their granddaughter Alya in the hospital.

With mounting expenses, including travel, medical and funeral costs, a group of Darrell's former colleagues from the RCMP and Ruth's former colleagues from Manitoba Justice decided to help alleviate the Madill's financial stress.

"We wanted to start an initiative to assist them. They were overseas and just the travel costs alone to go to France, they were there for several weeks, are expensive. It was trying and difficult times for them," said Conrad DeLarond, who was a fellow RCMP officer with Darrell.

"They are both retired and we wanted to do what we could to give them a helping hand."

The fundraising committee held a bud, spud and steak dinner on July



Baby Alya Collins survived a tragic car accident that killed her parents Alana Madill and Jerry Collins. Before coming to Stonewall to live with her grandparents, Ruth and Darrell Madill, Alya spent time at a hospital in Montpellier, France, where she underwent a successful brain surgery to relieve swelling on her brain. Pictured above, Neemia Tialata, Jerry Collins former rugby teammate and friend, feeding Alya in the hospital in France where she is draped in one of her father's rugby jerseys.

22 in Winnipeg. The money collected will be added to a GoFundMe page that was started by Alana's extended family.

"We could not have done this without the overwhelming generosity and donations of all the organizations and individuals along with the volunteers. It is just unbelievable how people stepped up to the plate and made donations, big and small," added DeLaronde.

After undergoing surgery in France to relieve fluid build-up on her brain, Alya's condition improved and she was able to return home to Canada with her grandparents. The baby



TRIBUNE PHOTOS SUBMITTED

After a tragic car accident killed Alana Madill and her partner Jerry Collins and left their baby daughter Alya seriously injured, Alana's parents Ruth and Darrell Madill travelled to France to be with their granddaughter. Earlier this month the Stonewall couple brought Alya home. Thanks to their friends and community members, a fundraiser has started to help the Madills with travel and medical expenses.

girl spent a week at the Children's Hospital in Winnipeg, and now Alya is home in Stonewall with Ruth and Darrell.

Through the coming weeks and months, she will have many medical appointments with specialists that will monitor her growth and development.

"Alya suffered some brain trauma in the accident. She has some development challenges in the future, but she is very young and we are praying for a full recovery. She has seemed to adjust well from her time in the hospital, which was almost a month and a half," said Darrell.

"Her medical condition is such that she has to reside near a major hospital, ideally a children's hospital. Her long-term care will really determine

where she lives, but for now she will live with Ruth and I."

When Ruth and Darrell found out about the fundraising efforts, the couple was overwhelmed with gratitude and thanks.

"There is so much tragedy in the world it seems from time to time, and we were just blown away that people had the generosity of spirit, love and kindness to do what they did for us," said Darrell.

"Overwhelmed is an under-statement."

For more information on the GoFundMe page for the Madill family, go to www.gofundme.com/alanamadill. As well, a trust fund has been set up for Alya at the Bank of Montreal on Albert Street North in Regina under the Account #06758-001-3953-962.



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Local cowboy wins buckle at Canadian rodeo finals

Clay Allan takes the high point runner-up belt at Canadian high school rodeo finals

By Stefanie Lasuik

Balmoral's Clay Allan brought home a buckle—the overall runner-up buckle—from the Canadian High School Finals held July 23-25 in Nanton, Alta. A rodeo competitor since the first year of junior in Grade six, the young rider had the talent, experience and toughness to succeed.

Allan felt excited about the accomplishment, but admitted to nerves going into the final day of competition, knowing he was among the top in his field. The field itself consisted of high-calibre high-school aged competitors from Alberta, Saskatchewan, British Columbia, and Manitoba. The 16-year-old competed in team roping, calf roping and steer wrestling throughout the three-day rodeo and saw success in each. Allan captured second in team roping with his partner, Austin Whelpton of Neepawa and fourth in calf roping. Allan's newest event was steer wrestling—a category he hopes to continue on with as he moves forward in his high school rodeo career.

Allan hopes to qualify for nationals again next year, where his expertise and skill may again guide him to the top of the leaderboard.



SUBMITTED PHOTO

Clay Allen shows off his buckle and collar that he won at the Canadian High School Finals.



TRIBUNE PHOTO BY BILLIE-JEAN DUFF-ROUGHSTOCK STUDIO
Allan captured fourth in calf roping at the rodeo finals in Nanton, Alta. July 23-35.

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Journey and Destination

This year we decided to take a holiday by touring the southern parts of the prairie provinces. We planned out our trip, picking out sights we wanted to see as we travelled along. At each place, we discovered many interesting facts. In Morden, for example, we spent time viewing the Canadian Fossil Discovery Centre where we encountered Bruce, the largest mosasaur on display in the world. Just south of Bossevain, the International Peace Gardens is a beautiful monument to what countries can do together. In Estavan, we had a tour of the Shand Power plant and the Boundary Strip min-

ing sight. Whether or not you agree with the process, the sheer size of the equipment is very impressive. We then visited Willow Bunch, Sask., the home of the giant, Edouard Beauré. This was a sad story how people used this man even after his death to make money. He was finally laid to rest at home in 1990, 86 years after his death.

It is interesting to visit all these places and discover so much of Canadian history. I have not even mentioned the role Louis Riel or the North West Mounted Police played in our history.

One of the interesting parts of

holidaying is enjoying the trip, for it is not just about getting to a destination, it is about the journey. The expanse of the prairies is inspiring and very impressive. There is so much to see as you travel along, everything from pheasants in the ditches, rapidly changing weather patterns to the variety of terrains and how quickly they transform from grassland to farm land and then back again. You can really experience the wonder of God's creation if you don't get caught in the hustle and bustle of getting to your next destination.

This summer, take time to look around and witness the grandeur and beauty of God's presence in the world we live in, for life is also



about the journey. Jesus lived fully in the moment, making every day the destination, and so should we.

Leonard Oracheski
unitedc@mymts.net
www.stonewallunited.ca

St. Laurent to host annual Metis Days celebration

Celebrating Metis culture Aug. 1 and 2

By Jeff Ward

An explosion of rich Metis culture will be on display in St. Laurent this weekend for the annual Metis Days Celebrations.

The annual event will see hundreds converge in the small town to enjoy a weekend of Metis culture including jigging, fiddling and mud bogging. The events take place over Saturday and Sunday this weekend (Aug. 1 and 2) and with new attractions like the Metis traditional games as one of the major activities, it might just be the best celebration yet.

"We did a lot of work as a new board to make sure the celebrations are

what people expect but also to give it our own take," said Metis Days chairperson Jaqueline Leclair.

"It's very exciting to be so close to the event, but at the same time, it's nerve-racking because we're still learning. We just want people to enjoy themselves and be surrounded by Metis culture."

In that regard, Leclair and her board have accomplished that mission by having so many events that show off that culture in spades. The Metis Traditional Games will be a huge event that has people competing in pack races, a slingshot competition, a knife game and horseshoes — all culminat-

ing in an array of cash prizes and trophies for the winners.

There's also a new talent show, which hopes to show off the Interlake's most talented fiddlers, jiggers, singers and square dancers. The celebration kicks off at 10 a.m. on Saturday with a parade.

Work for the celebration started months ago after the celebration for Louis Riel Day was complete.

"This being our first year, we wanted to put the time in to make sure we got things right. People have an expectation about Metis Days and we want to make sure we maintain that," said Leclair.

If you're interested in taking in the celebration, tickets will cost \$10 for Saturday and \$15 for Sunday, but a weekend pass will only cost you \$20.

Tickets can be purchased at the gate.

The new board is hoping you'll enjoy the weekend festivities and they can't wait to hear feedback from the community.

Metis Days are an annual celebration of Metis culture and heritage and began in 1967.

"WE JUST WANT PEOPLE TO ENJOY THEMSELVES AND BE SURROUNDED BY METIS CULTURE."

Manitoba gov't seeks insight on integrated driver's licence

Staff

The province is eyeing the idea of integrating the Manitoba health card with Manitoba drivers' licences and identification cards issued by Manitoba Public Insurance.

The change would mean Manitobans would be able to access Manitoba health-related services by presenting their photo identification card or driver's licence, Health Minister Sharon Blady announced last Thursday.

"There are a number of benefits to using identification cards and driver's licences to access health-care services," Blady said in a news release. "In addition to reducing the number of cards Manitobans have to carry, we would be better protected against identity theft because drivers' licences

and ID cards are securely issued and tamper proof."

Blady noted another benefit of this concept is that all current health card holders would have access to photo identification. Currently, some Manitobans don't have photo ID, which can make it difficult for them to obtain certain services.

"The Winnipeg Poverty Reduction Council supports a vision where people of all ages, ethnicities, income, health and education are respected and have opportunities to achieve their potential," co-chair of the Winnipeg Poverty Reduction Council Cynthia Foreman said. "Simplifying access to health-care services and providing our most vulnerable citizens with access to photo identification that can

be used to access other important programs and services would be a positive step towards achieving this outcome."

If the concept is approved, a new provincial registry of identity would be created, Blady said, and no personal health or drug records would be shared with MPI. Similarly, no driver's licence information or driver history would be shared with Manitoba Health. The auto insurer would only be responsible for verifying the identity of anyone issued a card.

"This is an opportunity for government to eliminate duplication of services and costs with no impact on MPI ratepayers," Attorney General minister responsible for Manitoba Public Insurance Gord Mackintosh

said. "The new cards would make use of the corporation's existing identity management processes."

MPI already issues driver's licences and identification cards to more than 850,000 customers or 70 per cent of Manitobans.

Starting in September, Manitobans will be invited to provide feedback on the proposed concept through the MPI website, online surveys and informational displays at shopping malls throughout the province, Blady said. Health-care providers will also be consulted along with the Office of the Manitoba Ombudsman to ensure that personal information will continue to be securely protected, she added.

The Universal Child Care Benefit explained and how to access it

Politics aside, here is what you need to know about the new UCCB

By Stefanie Lasuik

Last week, cheques heftier than usual began rolling in to families with children due to the enhanced Universal Child Care Benefit (UCCB) put forth by the Canadian government.

According to the Government of Canada's website, the UCCB was "designed to help Canadian families, as they try to balance work and family life, by supporting their child care choices through direct financial support."

This means that every family with children aged six to 17 are now eligible for monthly payments, and those who previously received \$100 a month under the old UCCB for children under the age of six will now receive \$160 monthly. The government is introducing a \$60 benefit each month for those in the six to 17 age category.

It also means that parents and guardians may use the cheques in their own parenting choices, as the payments are not restrictive to daycare uses.

These payments are retroactive to Jan. 1, 2015, and apply to all families regardless of economic income. Parents or legal guardians must live with their child and be primarily responsible for his/her care.

Families who have been receiving payments under the prior UCCB established in 2006 need not register. Neither do parents with children under 18 who have applied for or received the Canada Child Tax Benefit (CCTB). They will see their cheques in the mailbox or via direct deposit automatically. Those who aren't registered under the UCCB or CCTB must apply online by using "Apply for child benefits" through the Canada Revenue

Agency's "My Account" or by sending Form RC66, Canada Child Benefits Application, to a local tax centre with any required documentation identified on the form.

The UCCB is a taxable benefit, which will not count towards a family's net income when calculating the Canada Child Tax Benefit or HST/GST. However, it is included as a part of a family's adjusted net income.

The Canada Revenue Agency is reminding parents and guardians of youth aged 14 to 17 in particular to apply for the current UCCB, as the youth would have been too old to be registered under the previous UCCB.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Pirates earn spot in Midget 'AAA' westerns

By Brian Bowman

The North Winnipeg Pirates claimed a spot into the Western Canadian Midget "AAA" baseball championships after reaching the finals of the provincials last weekend in Altona.

North Winnipeg was undefeated in the provincial tournament before they lost 12-2 to Winnipeg South in the championship game Sunday.

"We picked our last game to have our worst game," said Pirates' head coach Gary Dear, who lives in St. Andrews. "That's just the way it works out. We basically went error-free the whole weekend and then we made six errors in the final."

Dear said his club had trouble managing the bright sun on Sunday, noting three balls were hit right at his players but they could not make the catch for the out.

Winnipeg South took advantage of those miscues by banging out some timely hits and scoring six runs in the fourth inning – keyed by a grand slam home run. That big inning came just after South scored five runs in the third.

North Winnipeg, meanwhile, could not get key hits early in the game. The Pirates left the bases loaded in the first inning and then managed to score just one run with the bases juiced in the second.

To reach the finals, North Winnipeg hung on for a narrow 3-2 victory over Red River. St. Andrews' Tristan Allen came on in relief with two outs and the bases loaded to get the save.

The hard-throwing Allen struck out the final Red River batter to preserve the win.

North Winnipeg was perfect in pool play, going 4-0. The Pirates defeated Brandon (8-3) and Carillon (6-5 in an extra inning) on Friday and then took care of St. James (3-0) and Pembina Hills (13-9) on Saturday.

The Pirates will now have a few weeks before they head west to Yorkton, Sask. for the westerns Aug. 21-23.

"We'll give the boys the next week off to recuperate because it was a hot weekend," Dear explained.

The Pirates' roster includes local players Ryan Humeniuk and Matt Schneider, both from Stonewall. North Winnipeg also picked up Stonewall's Emerson Klimpke and Warren's Jason Pletz for the pro-



RECORD PHOTO BY MEGAN HUMENIUK

The North Winnipeg Pirates claimed a spot into the Western Canadian Midget 'AAA' baseball championships in Yorkton, Sask. Aug. 21-23. Back row, left to right: Gary Dear (coach), Darrell Humeniuk (coach), Brennan Cheasley, Tristan Allen, Ben Anderson, Matthew Schneider, Adam Filmon, Ryan Humeniuk, Ray Moroz (coach), Sam Nocita (coach); front row Jeremy Wasilewski, Chayce Topolnitsky, Aaron Lemoine, Derek Petrasko, Tyler Wood, Ryan Moroz, Jason Peltz and Emerson Klimpke.

vincials.

Darrell Humeniuk, also from Stonewall, is an assistant coach with North Winnipeg.

Dear said Ryan Humeniuk had a great weekend hitting at the top of the Pirates' batting order.


"We moved him to the leadoff spot and he has such a good eye," Dear said. "He draws so many walks when he's up there. He had about six or seven walks this (past) weekend."

North Winnipeg is expected to practice during the next few weeks while also scheduling some exhibition games against Team Manitoba, Winnipeg South and the St. James A's. St. James also earned one of the two Manitoba berths into the westerns after defeating Red River 5-4 in the bronze-medal game.


Winnipeg South, meanwhile, will be heading east to play in the Midget "AAA" national championships in Sherbrooke, Que., from Aug. 13 to 17.



Warren's Jason Peltz was picked up by the Pirates for the provincials.



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**7:30 pm
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Orioles advance to PeeWee 'AAA' provincials

By Brian Bowman

The Interlake Orioles did exactly what they set out to do at the PeeWee "AAA" qualifier last weekend in Ile des Chenes – they earned a spot in the provincial tournament.

But the Orioles feel they should have done better.

Interlake finished the six-team round robin in fourth place with a 2-3 record. The top five teams advanced to this weekend's provincials, which will take place at St. James' Optimist Park.

"Our end goal wasn't to make it (to the provincials), by any stretch," said Orioles' head coach Ryan Fines. "I was very confident that we were going to make it. Finishing fourth out of six teams is what it is. Whatever, it's not the end of the world."

The Orioles pounded Midwest 18-10 Friday evening and then lost to Carillon (5-1) and Oildome (16-4) on Saturday. Carillon threw their best pitcher against the Orioles, Fines noted.

On Sunday, Interlake trounced Red River 14-4 in a must-win game and then was beaten 10-4 by Bonivital.

"The (Red River game) was one we earmarked and our boys hit the ball, that's for sure," Fines said.

The Orioles used last weekend's qualifier to get their players some much-needed at bats.

"Some of the kids haven't had much playing time over the past month," he noted. "So, we're making sure to get those guys back in the swing of things. A lot of the guys started slow but they finished strong and you really can't expect them to start strong when they really haven't had any real "AAA" game action in a while."

Fines really liked what he saw from his club in their very first game against Midwest. Interlake trailed 10-3 early in the contest but rebounded to score 15 unanswered runs.

"We totally shut that one team down for six innings after they scored 10 in the first inning," Fines recalled. "That really could have set the tone for the



Chris Fines rounds third base to score a run.



Jake Unger snags the ball on third just missing an out.

weekend but Cale Woods came in and pitched and shut them right down. He was really, really good at a critical time with the first game of the weekend."

Fines is confident that the Orioles will have a better showing at the provincials.

"We'll be seeing a lot of the better arms this weekend," predicted the Orioles' head coach. "But I think we're one of the favourites coming out of that pool. It's a five-team pool and the top two teams make (the playoffs on Sunday)."

Interlake has been placed in Pool 2 along with Carillon, Midwest, North Winnipeg, and South Central.

The Orioles open action Friday (8:45 a.m.) against Midwest and then will battle Carillon later in the day (4:45 p.m.).

On Saturday, Interlake will face South Central (1:45 p.m.) and North Winnipeg (6:45 p.m.).

Bonivital, Oildome, Winnipeg South, St. James and Pembina Hills will make up the teams in Pool 1.

Any tiebreakers will be played at 10



TRIBUNE PHOTOS BY LANA MEIER

Warren's Kaden Stewart makes a catch during the PeeWee "AAA" qualifier last weekend.

a.m. on Sunday, followed by the semi-final games at noon.

The championship game will be played at 4 p.m.

Sholdice places third at men's amateur championship

By Brian Bowman

Devon Schade had a final-round lead that every golfer dreams about at the 2015 Nott Autocorp Manitoba Men's Amateur Golf Championship but a late charge by Todd Fanning made things somewhat interesting at the Bridges Golf Course last Thursday.

Elmhurst's Schade, who also plays on the University of Manitoba Bisons' men's golf team, had a nine-stroke lead in the final round but a 7-under

65 by Fanning closed the gap to just three strokes at the end of the 72-hole event in Starbuck.

It was Schade's first Manitoba men's amateur golf championship.

Schade, a Beausejour native, built his large lead courtesy of a course-record 61 at Bridges during his second round. That score featured 11 birdies and seven pars.

Schade also shot rounds of 73, 74 and 73 for a 7-under 281 total.

Ryan Sholdice of the Teulon Golf and Country Club fired a 3-under 69 in the final round to finish in third place at 286. Sholdice had rounds of 79, 67, 71 and 69. There was a four-way tie for fourth that included Selkirk's Travis Fredborg, Matlock's Garth Collings of Breezy Bend, Zach Sackett of Elmhurst, and Bret Thompson of Niakwa. All four players finished at 4-over 292.

Fredborg had rounds of 73, 76, 74 and 69 while Collings shot a 77, 72, 71 and

72. Sholdice's younger brother Bryce finished in a tie for eighth overall at 293 (76-74-72-71) while Stonewall's Cameron Lowdon placed 16th with a 299 (79-72-76-72).

Elmhurst's Ben Bandura finished in a five-way tie for 25th at 304, followed by Teulon's Jay Stafford (306) at 33rd, Pine Ridge's Noel Ngo (308) tied for 36th, Teulon's Darren Kelpin (309) tied for 38th, and South Interlake's Garrett Kristjanson (317) at 54th.

Humeniuk heading west to Okotoks baseball program

By Brian Bowman

Ryan Humeniuk has experienced quite a bit already in his young baseball career.

But that experience will grow exponentially in the next few weeks.

Humeniuk and his North Winnipeg Pirates will soon be heading west to Yorkton to compete in the Western Canadian Midget "AAA" baseball championships from Aug. 21-23.

Humeniuk will then head west even further as he begins his Grade 12 year with the Okotoks Dawgs baseball program in Alberta. In total, five elite baseball players from Manitoba will become part of the Okotoks' program, including Pirates' teammate Ryan Moroz, a St. Andrews product.

"I wanted to go to a program that could really sell me to colleges because that's my goal at the end of the day," said Humeniuk, a Stonewall native. "(I want) to obtain a college scholarship to play baseball somewhere. I went on a recruiting trip there and I really liked what I saw and I really liked the coaching staff."

Manitoba-born players that have made the move to Alberta programs such as Okotoks and Vauxhall Academy of Baseball have been successful moving on to play with U.S. colleges.

"They try to get you to play in front of as many scouts as possible," Humeniuk said. "They want to try to get you as many opportunities as they can for you to show your skills."

Okotoks played 44 games this past season, compiling a 27-17 record. Players on the current Okotoks' roster come from across Canada and the U.S.

"A couple of years ago when I really decided I wanted to focus on baseball, my goal was to get a college scholarship somewhere in the Midwest or southern states," Humeniuk explained. "It would be really cool to get that experience of playing that really high-level ball."

Humeniuk had a chance to play against some very good American teams recently as his Team Manitoba U17 squad made the trip south to compete at the prestigious Gophers Classic in the Twin Cities. Ninety-six teams from Canada and the U.S. took part in this year's tournament.

Manitoba was 2-0 after Day 1 but then went 0-2 the next day and was eliminated.

"It was unreal with the scouts coming to watch and the fans," said Humeniuk, an outfielder, who also plays the middle infield and pitches. "You just don't get that up here."

But before Humeniuk makes the move to Okotoks, his Pirates' team still has some business to take of at the westerns. North Winnipeg played very well at the provincials last weekend, reaching the finals before losing 12-2 to Winnipeg South.

"It was awesome, everything came together at the right time for us," said



TRIBUNE PHOTO BY MEGAN HUMENIUK

Stonewall's Ryan Humeniuk (right) and Ryan Moroz of St. Andrews will both be heading west to begin their Grade 12 year with the Okotoks Dawgs baseball program.

the 16 year old right-hander. "Our bats decided to show up, which we really didn't have at our city playdowns. We had run support in all of our games, which was really cool, and our pitchers did exactly what we needed them to do. They threw strikes and we played good defence behind them."

Humeniuk normally hits in the third spot for North Winnipeg but was moved to leadoff during the provin-

cials. It was a move that worked extremely well for the Pirates.

"Our last game Saturday, they moved me to the leadoff spot," Humeniuk explained. "They wanted to get us going and get my stick going a little bit more and our team a spark a little earlier in the lineup – and it worked out for us."

North Winnipeg, along with the St. James A's, will represent Manitoba at the western championships.

Interlake well represented at National Team Challenge Cup

By Brian Bowman

The Interlake was very well represented at the 2015 Volleyball Canada National Team Challenge Cup, which took place in Edmonton and Richmond, B.C. earlier this month.

Selkirk's Sydney Purvis was the assistant coach while Tyndall's Jessica Kowalski played on the right-side for Manitoba's U16 Black girls' squad, which won the bronze in a three-set victory over Ontario Black.

In the playoffs, Manitoba Black swept Alberta Blue 2-0 (25-10, 25-20) and then lost 2-1 (27-25, 14-25, 15-11) to Alberta White in a semifinal match-up.

Manitoba Black started the tournament with a 2-1 win over Alberta White, a 2-0 sweep over Saskatchewan Green, and then lost 2-1 to Ontario Red.

In the second round, Manitoba Black beat Saskatchewan White 2-0 (25-18,

25-17) and lost 2-1 (26-24, 9-25, 16-14) to Ontario Black and 2-0 to (25-11, 25-23) Alberta White.

Meanwhile, Team Manitoba's 16U Gold boys' squad also came home with bronze medals. That team included Selkirk's Owen Schwartz, Lockport's Jack Mandryk and Clandeboye's Joshua Giesbrecht.

Manitoba won the bronze after a thrilling 3-2 (25-19, 21-25, 25-23, 24-26, 15-13) win over Team B.C. Red.

Manitoba Gold began pool play with a 3-1 win over Ontario Black and a 3-1 loss to B.C. Red.

In the second round, Manitoba Gold beat Manitoba Black 3-2 (19-25, 25-22, 25-27, 26-24, 15-9) and Saskatchewan 3-0 (25-15, 25-22, 25-20) to advance to the semifinal.

In that semifinal, Manitoba Gold was defeated 3-2 (25-22, 25-15, 21-15, 23-25, 15-11) by Alberta.

The Manitoba 16U Black boys' team,

which included Teulon's Jake Ledochowski, opened the tournament with a 3-0 win over Yukon and a 3-2 loss to Ontario Red. After the Manitoba Gold loss, Manitoba Black edged Saskatchewan 3-2 (25-23, 19-25, 27-25, 17-25, 15-11).

In the playoffs, Manitoba Black lost 3-1 (25-18, 23-25, 25-21, 25-18) to B.C. Red, swept Yukon 3-0 (25-18, 25-14, 25-17) and then lost 3-0 (25-21, 25-22, 25-19) to Ontario Black to place seventh overall.

The Manitoba 16U Gold girls' squad, which included Stonewall's Brielle Cara and her father Chris (assistant coach), was swept 2-0 by Puget Sound to place 12th overall.

In pool play, Manitoba Gold finished with a 1-2 record after a victory over Yukon, and losses to Saskatchewan White and B.C. Red.

Manitoba Gold then lost 3-2 (28-26, 13-25, 23-25, 25-19, 15-9) to Puget

Sound Youth and 3-1 (17-25, 25-18, 25-20, 25-22) to Nova Scotia.

In the playoffs, Manitoba Gold slipped past the Puget Sound Selects 2-1 (25-14, 19-25, 15-8) and then lost 2-1 (25-23, 18-25, 15-11) to Saskatchewan Green.

Manitoba's 18U teams already returned to training as they prepare for the 2015 Western Canada Summer Games in Wood Buffalo, Alta. from August 11-16.

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Stonewall Teulon
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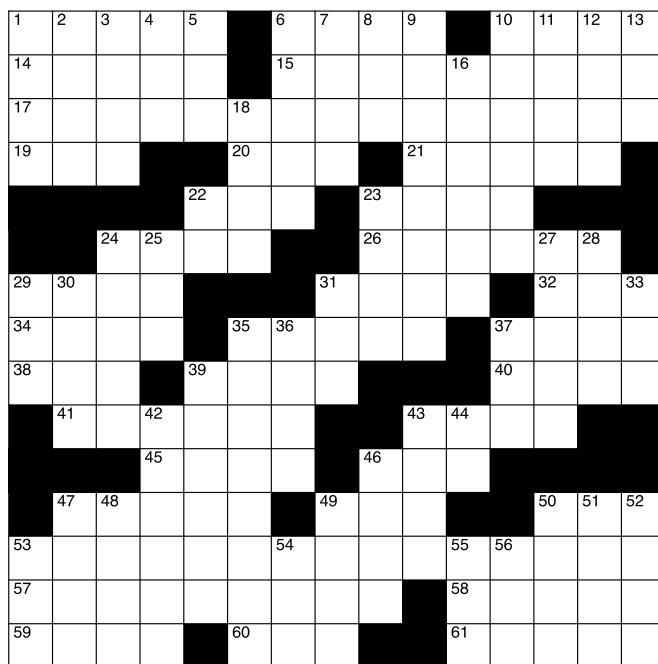
CLUES ACROSS

1. Malay sailboats
6. Beach material
10. Heroic tale
14. Peers
15. Unseen
17. Plucking implement
19. Radioactivity unit
20. Stamping device
21. Quake
22. Foot (Latin)
23. Living body covering
24. Turfs
26. Gate swinging devices
29. Nail
31. Sharp bodily pain
32. Status equality
34. Horse height measure
35. Political Asylum Research & Documentation Service
37. 20's - 30's art design
38. Payment (abbr.)
39. Food grain
40. Indefinitely long period of time

41. Rear
43. Without (French)
45. Wood sorrels
46. Express pleasure
47. Recurring artistic pattern
49. Deaf language
50. Runs PCs
53. Minimal punishment
57. Repeat
58. Give extreme unction to
59. Inflammatory skin disease
60. Large Aussie flightless bird
61. Polish Air Show city

CLUES DOWN

1. Anjou or comice
2. Nui, Easter Island
3. Towards the mouth or oral region
4. 4th Caliph of Islam

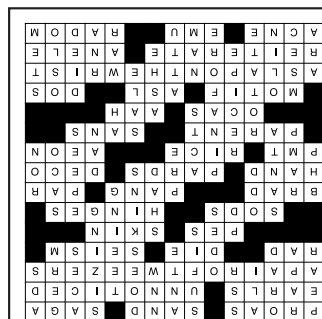


5. Soviet Socialist Republics
6. Moslem mystics
7. Game stake
8. Point midway between N and NW
9. Female deer pelts
10. Glaze used to stiffen fabrics
11. Unhittable serves
12. Pathogen
13. Promotional materials
16. Setting up a golf drive
18. Lyric poems
22. Atomic #46
23. Genus Alosa
24. Claus
25. Not even
27. Fencing swords
28. Conway, N.H. river
29. Brake horsepower
30. Wild leek
31. Prefix for before

33. "Splash" director Howard
35. Sleeveless apronlike dress
36. Book of the Apostles mission
37. V.P. Quayle
39. Dish directions
42. Revolve
43. Particular instance of selling
44. Exclamation of surprise
46. Wimbledon champion Arthur
47. Millisecond
48. Ammo & chemical corp.
49. Tip of Aleutian Islands
50. Expired
51. Norway's capital
52. Plant stalk
53. Macaws
54. Indochina battleground (slang)
55. Armed conflict
56. Ribonucleic acid

take a break

> GAMES



Crossword Answer



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Contact: Nancy Jo at 204-476-0419

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AUTOS: *2009 Chevy Silverado, 2500HD, 4x4, auto, 6.0 L Vortec V8, gas, long box, ext cab, 145,000 KM, excellent rubber *2005 Ford F250, 6L Powerstroke DSL, 4x4, auto, needs engine work *1989 Caprice Classic car

RECREATION: *2011 Polaris Ranger 6x6, 800 EFI, Sage Green, 342 original hrs, purchased new **EQUIPMENT:** *JD 503, 3PH mower *2007 triaxle flat deck trailer, 30', beavertail w/ ramps, purchased new *round bale trailer, 35', 17 round bale capacity *Case IH, 562 round baler, good cond *Hesston 1160 haybine *Vicon 9 wheel hay rake *2) NH 9' trailing mowers *JD 10' tandem disc *Westfield 8"x51", PTO, grain auger *Front end loader blade w/ brackets *snow bucket *Blue Hills, 24', livestock trailer *bale processor *IH antique plow *Hi Qual squeeze chute **SHOP & MISC:** *welder *hand tools *tools *battery charger *meat bandsaw *shelving *vice *power tools *2) piles of round bales *metal culvert **HOUSEHOLD:** *glassware *fridge & stove *furniture *housewares

Auctioneer's note: Join us for this auction of excellent farm and cattle-related equipment. Mostly large pieces of equipment to sell so please attend on time. See you there!

John Lamport 204-841-4136/204-476-2067

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Early Booking Deadlines
for the August 6th Edition is July 31st at 4 p.m.

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Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication. Call 467-5836

get inspired

> MEAL IDEAS

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Ginger Lemon Beef and Broccoli

Ingredients

- 1 cup (250 mL) 1% milk
- 2 tbsp (25 mL) cornstarch
- 2 tsp (10 mL) grated lemon zest
- 3 tbsp (45 mL) reduced-sodium soy sauce
- 1 tbsp (15 mL) liquid honey
- 1/4 tsp (1 mL) hot pepper flakes, or to taste
- 2 tsp (10 mL) vegetable oil, divided
- 1 lb (500 g) boneless beef grilling steak, cut into thin strips
- 1 onion, cut in half and sliced
- 6 cups (1.5 L) broccoli pieces (1 lb/500 g)
- 2 tbsp (30 mL) grated fresh ginger root (or 1 tsp/5 mL ground)
- 2 tbsp (30 mL) freshly squeezed lemon juice

Directions

In a bowl, whisk a little milk into the cornstarch to make a smooth paste. Whisk in remaining milk, lemon zest, soy sauce, honey and hot pepper flakes; set aside.

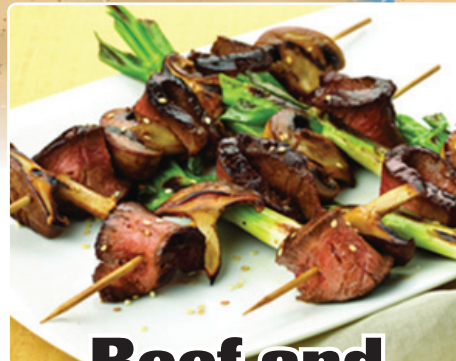
Heat a wok or large skillet over high heat. Add half of the oil and swirl to coat. Add beef and stir-fry for 3 minutes or until browned; transfer to a bowl. Add remaining oil to pan, then onion and stir-fry for 1 minute. Add broccoli and ginger and stir-fry for 3 minutes or until onion is tender. Return beef and accumulated juices to pan.

Whisk milk mixture and pour into pan. Cook, stirring and scraping up brown bits, for about 2 minutes or until thickened. Stir in lemon juice.

Prep time: 15-20 min | Cook time: 10 min

Makes: 4 servings

www.heartandstroke.mb.cat



Beef and Shiitake Mushroom Kabobs

Ingredients

- 1/2 cup teriyaki marinade, divided
- 2 (7-ounce) Flat Iron Steaks, thinly sliced (3 1/2-ounce portion equals 1 serving)
- 2 ounces shiitake or white mushrooms, thinly sliced
- 6 green onions, trimmed (about 6 inches long)
- 1 teaspoon toasted sesame seeds (optional)

Preparation

In large, shallow baking dish or plastic bag, pour 1/4 cup marinade over steak. Cover, or close bag, and marinate in refrigerator 30 minutes.

Remove steak from marinade, discarding marinade. Evenly skewer steak, mushrooms and green onions onto wooden skewers (soak in water about 30 minutes before using). Grill or broil, brushing with remaining 1/4 cup marinade, until steak is desired doneness. Sprinkle with sesame seeds.

Preparation Time: 20 minutes

Hands on Time: 30 minutes

Cook Time: 10 minutes

4 servings



Strength Training for Your Mind!



Navigating your way towards the fitness level of your dreams can be like a maze. Strengthening your mental muscles is one remedy to dealing with the twists and turns

which challenge you.

Here's a question to ponder: "Does junk food serve any function in your new fitness-oriented lifestyle?"

Your answer might arrive with the surprising suddenness of a great wave colliding with the beach of your mind. "Absolutely not, short of sabotage and subterfuge!"

Then again, it might arrive more tentatively, over mental sparring with the dubious or totally lacking in nutritional content options which you have erroneously allowed into the sanctity of your home. Your error is akin to letting back in, that irate, yowling Siamese, from the wrong side of the windowsill, in its soaked, shoddy fur coat and that mangy mutt, incessantly howling and scratching at the screen door. Only moments ago both desperately wanted out! The creatures, one indignant and one cowering, are now huddled together in a soggy heap and their muddy paw prints are adorning your freshly cleaned kitchen floor. Furthermore, it was your pouting other half (wanting to watch

yet another action or romantic Flick while you didn't), your cranky or squabbling children, or a city relative (on one of their once a decade beyond the perimeter treks) who requested the non-food items. It wasn't you!

Does this describe your current situation? (Or worse still, are you in cahoots with these individuals and prepared to be led astray by them and their ravenous appetites (just as soon as you finish reading this article)? (They are all waiting for you, after all, and are not even bothering to mask their impatience). And their scheming, does it involve you plunking yourself down alongside them (in movie mode) to decimate a buffet style feast of horribly appealing treats (like caterpillars at a picnic of leaves)?

If so, stop! Take a detour from this disastrous route! Awaken from your reverie to the gravity of going down this path to gluttony and send each and every one of these hooligans (along with their treacherous treats) back to their rooms! You are now free to kick back with your tea and watch that zany classic, "Bringing up Baby," starring Katharine Hepburn, Cary Grant, a dog named George, and a leopard, (of which, with your unique brand of humour only you can properly appreciate)!

~Irene Shaw~

Steak With Gorgonzola Thyme Crust



Ingredients

- 2 teaspoons Worcestershire sauce
- 2 (6 ounce) beef tenderloin or small rib eye steaks, cut 3/4-inch thick
- 1 large or 2 small cloves garlic, minced
- 1/4 teaspoon freshly ground black pepper
- 2 teaspoons chopped fresh thyme or 1/2 teaspoon dried
- 1/2 cup (2 ounces) crumbled Gorgonzola cheese

Preparation

Preheat broiler.

Spoon Worcestershire sauce over both sides of steaks; let stand 5 minutes.

Sprinkle garlic and pepper over steaks.

Place steaks on rack of broiler pan. Broil 3 to 4 inches from heat source, 3 to 4 minutes per side, for medium-rare steak.

Remove pan from broiler. Sprinkle thyme, then cheese over steaks. Return to oven and broil 2 minutes or until cheese is golden brown.

Makes 2 servings

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-Love,
the family

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IN MEMORIAM

**Holly Joy Stewart
Suddenly passed away
August 5, 1981**

For no one knows the heartache,
That lies behind our smiles;
No one knows how many times,
We have broken down and cried.
We want to tell you,
How much we have missed you,
And how hard it is to be without you.

-Love,
Mom and Dad,
sisters Shawna, Bonnie and family

ANNOUNCEMENTS

IN MEMORIAM



**George Renaud
October 5, 1919 – August 3, 2014**

They Say there is a Reason:
They say there is a reason,
They say that time will heal;
But neither time nor reason,
Will change the way I feel...
For no one knows the heartache,
That lies behind our smiles.
No one knows how many times,
We have broken down and cried.
We want to tell you something,
So there won't be any doubt;
You're so wonderful to think of,
But so hard to live without.
We Miss and Love you dearly,
Until We Meet Again.

-Michelle, Jean and Terry



Announcements

Call 467-5836 or Email igraphic@mts.net

OBITUARY

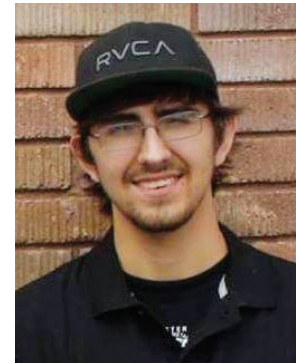
**Mathew Wade Kelvin Watson
January 12, 1996 - July 22, 2015**

It is with the heaviest of hearts that we announce the tragic passing of our beautiful boy Mathew Watson, 19, of St. Clements. Beloved son of Kevin and Tina (Flett) Watson, brother to Kaitlyn and Kamryn.

Mathew is also survived by his grandparents Brenda Flett and Jack and Bev Watson; his Aunt Leanne (Rob) Serger and Aunt Heather Watson; cousins Brooke and Mackenzie; great-grandma, Elinor Sims; and a loving circle of extended family and friends. He was predeceased by his grandfather Kelvin Flett, with whom he held a special bond.

He attended schools in Warren, East Selkirk and Selkirk where he made countless friends. During his short life Mathew shared many adventures with friends and family enjoying dirt biking, hanging out in the dugout, music, gaming, and vacations.

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