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VOLUME 7 EDITION 29

Stonewall Teulon Tribune

THURSDAY,
JULY 21, 2016

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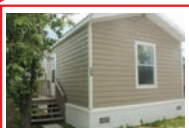
Dance like nobody's watching



TRIBUNE PHOTO BY STEFANIE LASUIK

Twenty-two girls attending this year's Green Acres Art Centre dance camp showed off their lyrical, hip hop, jazz and ballet skills for their friends and family on July 15. The weeklong camp was capped off with a dance recital for friends and family on the Sunova stage in the Green Acres Park.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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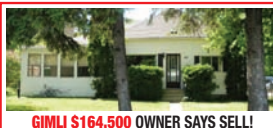


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Green Acres' girls showcase moves at recital

By Stefanie Lasuik

Twenty-two young girls with blue lipstick flooded Teulon's Sunova stage on July 15 to show their parents what they had learned in their week-long dance camp. They moved and grooved in the makeup they learned to do themselves.

Instructor Jill Demianiw took a different approach to the camp this year. She combined the competitive camp with the recreational one, creating the largest group Teulon's dance camp has had. In previous years, camps ran for half days, but this year, the girls spent from 9 a.m. to 5 p.m. learning dance, making crafts and playing games.

The crafts added a different type of creativity to the camp while giving the girls some time to relax in a day full of physical activity, said Demianiw.

Demianiw added photography, makeup and hair lessons to this year's camp. Each day's hairdo matched the day's dance style, so Monday's ballet bun turned into a mohawk for Tuesday's jazz. On Wednesday, the dancers learned hip hop, on Thursday, they performed lyrical, and on Friday, they tried Havana.

Each day, they spent an hour learning how to use a camera. They talked about shutter speed, operated Polaroids and used reflectors to perfect their shots. For the girls aged four to 12, using a camera was a new skill, but Demianiw was pleased with how the lessons turned out.

"Their ability and independence to be able to hold the camera on their own is a big thing," she said.



TRIBUNE PHOTOS BY STEFANIE LASUIK

The younger group of Teulon's dance camp put on a hip hop show for their families on July 15 on the outdoor Sunova stage.

In a digital world, photography skills are useful, Demianiw explained.

The camp also taught the girls social skills and some older kids assumed mentorship roles of the younger ones.

A few girls decided to take on solos, which they performed for their families on the final day of camp.

"Just being able to do that in front of people is a huge confidence booster," said Demianiw.

Although the camp is over, Teulon will still be full of dancing children.

"A lot of the moms say that they go home and do [their routines] over and over and over again," said Demianiw.



Shiloh Nault leaps gracefully in her dance solo, which she performed during Teulon's dance camp's finale on July 15.

Rosser council news in brief

By Jennifer McFee

• Rosser CentrePort Capital Levies passed second and third reading at the July 12 meeting. Coun. Scott Corbett was absent.

• Council also conducted a public hearing for the proposed financing from the capital levy reserve to

complete a road network plan within Rosser's CentrePort area. Council agreed to amend Rosser's 2016 financial plan to include a \$30,000 transfer to general operating from the capital levy reserve to be used towards the study for a road network plan for the Rosser CentrePort area.

• Council granted Manitoba Hydro permission to install a natural gas service connection to 374 Eagle Dr.

• Council approved applications for culvert crossings on Road 70 and on to Road 3E, both subject to obtaining a water rights licence.

• Council approved a request from Bestway Fence Systems, hired by G & K Truck Lines at 97 Mountain View Rd., to relocate a 20-foot culvert to the north end of the approach from the

southwest side of the approach. The approval is subject to approval from Inland Port Special Planning Authority as well as an engineer's certificate to confirm that the lot is designed to the lot grade plan.

• Rosser council paid \$697.50 for grass cutting and trimming at Lilyfield Cemetery for the month of June.

• Council will request that MTS install high-speed Internet for Rosser residents and businesses.



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Community offers comfort to grieving family

By Jennifer McFee

If it takes a village to raise a child, the same village must band together to grieve the loss of a young life.

The force of the village is evident throughout Rosser, Grosse Isle, Argyle, Warren, Stonewall and beyond, where the community is standing strong to support a family that has lost a beloved child.

Last Wednesday, a canoeing accident thrust a father and his two young children into the frigid waters of the Churchill River. While Donnie deLaroque and four-year-old son Connor are now recovering from the incident, they are also hit hard with the hurt of losing five-year-old Danica, who did not survive.

Born Sept. 6, 2010, Danica had just finished kindergarten at Brant-Argyle School. Her kindergarten report card described her as a natural leader who was sweet natured and free with hugs and love. She was outgoing, inclusive and bright, knowing when to recharge by playing quietly or reading on her own.

Well-rounded in her interests, Danica loved horses and dancing. She was a member of a tap dance class as well as a Bangra dance group. She loved outdoor activities and could just as easily be found driving her mini-quad with her dad as she would be dressing up to spend the afternoon shopping with her mom.

"Danica was exactly like her picture — she was beautiful, bright, a ray of sunshine from her long, blond hair (that she was unwilling to cut) to her warm smile and unwavering willingness to give hugs," said her mom, Toni, who was in Churchill for work when the accident occurred.

"Danica showed everyone around her how easily love could be given and received, which led her to touch the hearts of so many in such a short time."

It's clear to see the impact the young girl had on the community, which shares the pain of losing one of its precious members.

Toni points to her recent Facebook post that sums up a myriad of emotions, while steadfastly maintaining a sense of gratitude in the midst of mourning.

"The prayers of my village have been heard and Connor is on the road to recovery at lightning speed. Thank you, village, for all the love and support. All the messages and visitors has meant the world to us and we are forever grateful," reads the message.

"While we are rejoicing the progress Connor is making, our village is simultaneously grieving the loss of my sweet baby girl. Please send us all your strength as we try to explain to Connor something that none of us can even make sense of. He keeps asking for his best friend and we are telling him the truth. We try to remain strong during all the talks but need your strength to get us through."

The deLaroques express heartfelt thanks to Scott and Remi of Sea North Tours, who rescued the family from the freezing water and got them to the ambulance. They are also thankful for the medical staff and RCMP in Churchill for their care and compassion, as well as for their countless attempts to save sweet Danica. As a result of their efforts, they succeeded in saving Connor's life and in preventing another loss. In addition, the family is grateful to the pediatric intensive care unit, which witnessed Connor's remarkable recovery.

"Connor's recovery has been amazing!" Toni told the Tribune. "One of his doctors at the Children's Hospital has



Danica Addie deLaroque



Danica and her little brother Connor

TRIBUNE PHOTOS SUBMITTED

only see one other child in his 30-plus years of practising medicine recover the way he has. He said that 'miracle' is not a medical term, but what else could it be?"

As the family wades through the depths of their grief, they don't want to dwell on the details of what happened. Instead, they prefer to focus on the fact that Danica was enjoying the day with two of the people she loved most in the world — her little brother and her dedicated dad.

As the deLaroque family begins to move forward, they will seek solace in the small-town community that carries them through the heavy moments.

"Please keep sharing messages and sending your love, thoughts, prayers and strength," Toni wrote in her Facebook post. "I have truly been blessed with the most amazing village."

To remember Danica, a service will be held at 11 a.m. on July 24 at the Hitch 'n Post. In lieu of flowers, donations can be made to Brant-Argyle School, Box 70, Argyle, R0C 0B0. People attending the service are asked to dress in bright colours and bring their children in honour of Danica Addie deLaroque.

"DANICA SHOWED EVERYONE AROUND HER HOW EASILY LOVE COULD BE GIVEN AND RECEIVED."

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Co-ed gym nearing completion, opening mid-August



TRIBUNE PHOTOS BY LANA MEIER

Adrenaline Fitness is set to open mid-August now that the parking lot is poured and the equipment is in the building. The two-storey, 4,500-square-foot rubber floor fitness centre will open its doors next month after more than eight months of preparation, development and construction. The fitness centre is complete with his and her showers and change rooms, lockers, a 24-7 card lock system, surveillance, a women's-only training centre and a co-ed weight room. The strength training and cardio equipment include treadmills, ellipticals, stair climbers and weights and pulleys. In addition, Adrenaline Fitness offers a variety of other services, including high-speed Wi-Fi throughout the building and TV. Memberships, along with a drop-in fee, will be available.

MGEU holds information pickets in Selkirk

Union looks to get back to the bargaining table

By Dave Baxter

Information pickets brought health-care workers out to demonstrate in Selkirk on Monday.

The Manitoba Government and General Employees' Union (MGEU) held information pickets related to collective bargaining between the union and Interlake-Eastern RHA on

Monday in Selkirk.

Members of Local 411 — a team of health-care professionals that includes home care case and resource co-ordinators, palliative care co-ordinators, mental health workers, dietitians, pharmacists, occupational therapists and physiotherapists — said in a press release "recruiting and retaining professionals to the area can be difficult and many find themselves juggling excessive workloads because jobs are not being filled."

The most recent settlement offer was rejected and not ratified by the MGEU back in March by Interlake-Eastern RHA members.



TRIBUNE PHOTO BY BRETT MITCHELL

The Manitoba Government and General Employees' Union (MGEU) held information pickets in Selkirk on Monday related to collective bargaining.

About 75 demonstrators picketed by the IERHA Selkirk corporate office on Main Street on Monday.

"We're sharing information with the public that there are some issues that need to be addressed," Gawronsky said "We are trying to get back to the

bargaining table and tomorrow will be four months since we've been at the table.

"We're trying to put pressure on the government to get us back to the table."

Gawronsky said issues "still on the table" should be of concern for Interlake-Eastern residents, and she added they are "not monetary concerns."

"The biggest issue for our EMS members is fatigue, paramedics working in rural areas deal with significant fatigue issues because of the large area covered and long transports of patients to hospitals."

Information pickets were also planned this week for Tuesday in Beausejour and Wednesday in Gimli.

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Home sweet container home

By Jennifer McFee

A Stony Mountain business owner is hoping to receive approval for his ship-shape new home, which would likely be the first of its kind in Rockwood.

Clint Pinder, owner of Firewood Manitoba, would like to move into a new home constructed of an unconventional building material: shipping containers.

"I had always been intrigued about them in terms of the speed of how fast they're put them up. They only take a few months to put together. And I'm interested in the environmental impact of using something that probably wouldn't be a lot of use otherwise because they don't get shipped back and reused," he said.

"I also like the lower costs as well as the structural solidity of it because they're very resistant to high winds."

Pinder's dream home would consist of six shipping containers connected like Lego blocks, built by the Manitoba-based company Kustom Container Builders.

Owner Kurt Wittin said that once the containers are connected, they can remove the inner walls to create a large indoor space.

"Then you can basically frame it inside the way that you'd want to in a traditional home," Wittin said.

"Once you've removed all of the walls inside, you can use that as recycled material for the rest of the house or for a fence or carport or deck. There's a lot of cool things that you can do with it."

As for the exterior, the walls can be painted or covered with vinyl siding for an appealing esthetic.

Part of the appeal, said Wittin, is the fact that container homes are about



ARTIST CONCEPT ELEVATION

TRIBUNE PHOTO SUBMITTED

This artist's concept depicts another shipping container home made by Kustom Container Builders.

one-third to two-thirds the cost of a traditional home.

"Especially with house prices being on the rise right now, there is a dramatic savings," said Wittin, who also makes swimming pools out of shipping containers.

"Not only that, but the houses themselves are a lot more durable compared to traditional builds. Over time, your traditional builds deteriorate but your shipping container is steel, which lasts longer than stick does. You're probably going to get a good 25 years more out of the home than you would with a traditional build."

For Pinder, he is looking forward to the open floor plan and 9.5-foot ceil-

ings in his proposed container home, which would be heated with in-floor hydraulic hot water heat along with a secondary outdoor back-up furnace.

Currently a St. Boniface resident, Pinder is also anticipating a commute that is mere footsteps away.

"It will definitely be much easier to walk out the door and start work versus walking out the door and driving half an hour," he said. "We hope to have it complete by the time the snow flies. That's our plan."

He presented the concept to Rockwood council during their July 13 meeting. Council will discuss the proposed project and get back to him.

Odd Job Squad keep busy



TRIBUNE PHOTO BY STEPHANIE DUNCAN

The Manitoba Youth Job Centre Odd Job Squad was washing cars last week in Teulon. Pictured left to right: Quintin H., Clay K., Lucas L. and Gavin L. Just a reminder that the MYJC can help youth between 12 and 29 years old to find casual, part-time or full-time jobs for the summer. The opportunity is offered free of charge. Stop in at the MYJC office in the Town of Teulon building Monday to Friday from 9 a.m. to 5 p.m. or call Gavin at 204-861-0132. The Odd Job Squad will be cooking hot dogs for sale on Thursday, July 21 from 11:30 a.m. to 1 p.m. in front of Kozy's Productions at 92 Main St.

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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

Some fishermen just have all the luck

Greetings, friends.

I was standing on the boat launch dock at Lac du Bonnet last week overlooking the wind-driven turbulent water in the morning sun, hoping to meet some anglers. No one was on the dock, but off to my right, a robust, sandy-haired chap was working on his boat beached on his riverbank yard.

He seemed like a pleasant enough fellow, and since it was obvious he liked being on the water, I asked if he had an interesting fishing story.

Our new friend, Chris Baker, stopped working on his boat. With a big grin, he walked over to me, saying, "Sure, I've got a lot of them."

Chris became animated as he recalled a time not long ago when he took his two young nephews onto the Winnipeg River here for a little moon-eye fishing. He told Sam and Nick to stay seated so they wouldn't fall overboard. But apparently sound wasn't travelling well from Chris to little Nick because in order to make his first cast, Nick stood up and promptly did a beautiful unintended cartwheel over the side. Chris acted instantly, bending over the gunwale as he grabbed Nick by the shoulders and hauled him back into the boat. Nick, oblivious to the gravity of his situation, held his rod high, sputtering with glee, "I didn't lose my rod, uncle."

After a while, the three of them calmed down. Chris, a little uneasy about what his sister, Colleen, might do to him if she found out her boy had fallen into the water, told the boys, "Don't you tell your mom what happened, OK?"

Looking at their uncle with big, innocent eyes, the boys nodded in agreement. Nick dried off as they fished and later they headed for home. But



TRIBUNE PHOTO BY ARNIE WEIDL
Ray Massey with a sample of some of his tubs of minnows.

as soon as they walked into Colleen's place, that little "traitor" Sam went tearing into the kitchen, screaming in childish joy, "Mom! Mom! Nick fell into the river."

Chris hung his head, thinking, "Oh, man, here we go."

About a month ago, I was driving slowly alongside the Red by Sugar Island north of Selkirk and saw a minnow catching skiff with its wing nets spread high and wide. I pulled off the road to watch it for a while and it occurred to me that it might be a nice change to feature a story about "minnowers."

So last week I did a bit of nosing

around and found Ray Massey, owner of The Bait Centre. We met for coffee in town and as we got to know each other, I learned he not only enjoys his work of catching and selling minnows, he's also an avid year-round angler. More than once as we talked, he remarked how being on his boat slowly skirting the Red's riverbank collecting minnows in the still of an early summer sunrise was one of his greatest joys.

We were silent for a moment. Then he switched moods, exclaiming, "I was with my wife's cousin once fishing off the pier at Lockport and when he cast out his hook caught my cap tearing it off my head. As it sailed through the air in a perfect arc out into the river, I told him, 'I don't think that bait is going to work. It's way too big.'"

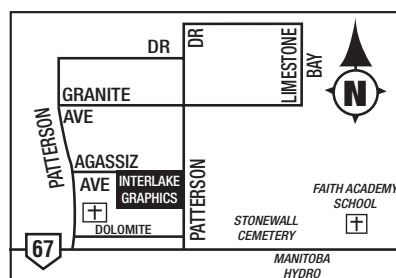
Though Ray was too nice a guy to say he needed to be getting along, I could sense his urgency so I took a picture of him holding a couple of tubs of his minnows, although I wished I could have gotten a picture of him on his boat holding a pail of minnows.

Last Saturday, I was on the Gimli pier and met Kelly and Jennifer Tarrant with their daughter Rachel from Winnipeg here on vacation. When I asked for a story, young Rachel just had to tell of a time when the family was fishing on the Rushing River north of Kenora. Her six-year-old sister, Christine, who had never fished before, insisted she be allowed to fish too. She was given an old rod with a poor excuse of a lure. Happy now, she sat on the dock and boom: she caught a jack then a perch. No one else caught anything.

Just goes to show you, sometimes catching a fish is just plain luck.

Bye now.

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



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Quarry Physio to host barbecue fundraiser

Event to support teams for Biking to the Viking and Manitoba Dragon Boat Festival

By Jennifer McFee

An upcoming barbecue fundraiser will allow people to satisfy their hunger while supporting two good causes at the same time.

Quarry Physiotherapy will be hosting a barbecue on Friday, July 29 in Stonewall from 11 a.m. to 4 p.m. to raise funds for the Biking to the Viking fundraiser for the MS Society as well as for the CancerCare Manitoba Dragon Boat Festival.

Quarry Physiotherapy has been involved in the Biking to the Viking event for more than a decade as a participating team. They also offer free massages for to up to 300 cyclists on the Saturday afternoon of the event.

"We're in the health-care profession so these things are important to us. But we also like to give back to the communities that we're involved in. We have clinic locations both in Stonewall and Gimli, so it makes sense to us to be involved as a corporate sponsor because of our proximity

to the event," said owner Scott Allan.

"We've actually raised close to \$130,000 now over the last 11 years participating, so we're quite proud of that."

As for the dragon boat races, this will be the first year that Quarry Physio will enter a team.

"In terms of the CancerCare, I think that everybody has a family member or friend who has been inflicted with cancer, so we have a strong connection to that charity as well," he said, adding that the funds will be specifically targeted for the Children's Hospital.

They are hoping to raise \$7,500 for the cycling team and another \$2,500 for the inaugural dragon boat team.

The fundraising barbecue will take place at the Stonewall location of Quarry Physiotherapy, located at West Side Plaza. Supporters can also buy tickets for a draw for an iPad Mini.

"We just thought the barbecue

**"WE ALSO
LIKE TO GIVE
BACK TO THE
COMMUNITIES
THAT WE'RE
INVOLVED IN."**



TRIBUNE PHOTO BY STEPHANIE DUNCAN

The Dragons inMotions will be participating in the FMG Dragon Boat Festival Sept. 9-11, with all proceeds going towards CancerCare Manitoba Children's Hospital Foundation. Kyla Lenio-Slack, far right, received a red paddle in 2014 after personally raising \$1,000. Pictured left to right: Beth Gutkin Roy, Christopher Loewen, Kelsey Moeller Brown, Kaitlin Thomas, Rachael Holod, Melanie Karlenzig, Scott Allan, Kyla Lenio-Slack.

would be a good chance to give some thanks back to the community and also give them a chance to help support our causes," Allan said.

The Biking to the Viking event is set for Aug. 20 and 21. Additional cyclists are welcome to join their team, called Quarry Physio Quivering Quads. The Manitoba Dragon Boat Festival will take place from Sept. 9 to 11 at The

Forks.

Donations to Quarry Physio's dragon boat team, called Dragons inMotion, can be made online at <http://support.cancercarefdn.mb.ca/goto/dragonsinMotion>. Donations to the Quarry Physio Quivering Quads team for the Biking to the Viking event can also be made online through <http://mssoc.convio.net>.

letter to the editor

Gardeners wanted



The Communities in Bloom group helps to beautify and keep Stonewall tidy. They help to encourage environmental awareness, pride in heritage and all-around community involvement.

There are many garden areas in Stonewall that we all appreciate and enjoy. The Communities in Bloom and the Garden Club are small but enthusiastic groups of volunteers. The yearly "Yard of the Week," two very successful yard tours and much weeding and deadheading are done by willing hands. However, more hands are needed.

How about volunteering? A group of friends or a family could adopt a garden. An individual can assist someone already involved. If not this year, maybe next year would be best for you. Make it a fun outing.

Just phone Tanya 204-467-2235 or Jacquie at 204-467-5953. A grateful thanks to those we see and also those we don't see that stop to deadhead the pots situated around town.

Why do we do this? As a newer member said, "Because we live here!"

-A concerned volunteer

PUBLIC NOTICE

Pesticide Control Program

Public Notice is hereby given that the Manitoba government intends to conduct the following Pesticide Control Programs within the provincial roadway right-of-way. The program is needed to control invasive plants and noxious weeds on road allowances within the Municipalities of:

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La Broquerie	Whitemouth	Morris
MacDonald	West St. Paul	Montcalm

The herbicides to be used include: 2-4 D, glyphosate, dicamba, amitrol, clopyralid, dichlorprop, picloram, triclopyr, aminopyralid, amonicyclopyrachlor, chloresulfuron, metsulfuron-methyl and diflufenopyr.

If you have comments or concerns, please write or email perry.plaisier@gov.mb.ca:

Manitoba Sustainable Development
Pesticide and Hazardous Waste Section
Suite 160, 123 Main Street
Winnipeg, Manitoba R3C 1A5.

Written comments must be received by August 1, 2016.

Manitoba

Weighty challenges for Parkinson SuperWalk

Gimli fundraiser is set for Sunday, Sept. 18

By Jennifer McFee

The man leading the Parkinson SuperWalk is issuing a weighty challenge to the community.

Steve Van Vlaenderen will don a weighted vest, and for every \$500 that he raises, he will add one pound of weight to it. He is encouraging organizations and businesses to work together to raise a combined \$500 for his campaign.

Since Van Vlaenderen was diagnosed with Parkinson's five years ago, he has experienced some monumental shifts in his life — and in his outlook.

For the first two and a half years, he became fixated on the unanswerable question of why he was one of the unlucky people to be diagnosed with Parkinson's. As a result, he wasn't proactively dealing with the disease, which in turn made the symptoms worse.

On Sept. 28, 2013, he hit rock bottom before he began his ascent from the depths of depression.

"I had gained weight and I had suicidal thoughts. My depression and anxiety were at its worst, and I decided to take control that very day. There were consequences I didn't like if I was going to continue with the depression the way it was going," he said. "I didn't like where I was going.

I decided to take control and I went to the gym. I started an exercise program and I've been going five or six days a week ever since. I'm 67 now, and I'm in better shape than when I was 35."

The Winnipeg-based body builder spends his entire summers in Gimli, where he actively pursues his passion for sailing. He will be leaving on the weekend for an 18-day sailing vacation travelling to the south part of the North Basin.

"You might have certain issues in your life and that can be overwhelming. And the next thing you know, you're in a spiral dive into depression and anxiety and you don't know what to do next," he said.

"You have to take charge. I like to encourage people with all sorts of conditions to do that — even healthy people.

I speak to a lot of support groups and inspire them to take charge of their own life."

Gary Einarson, who chairs the committee for Gimli's Parkinson SuperWalk, is pleased that Vlaenderen will be leading the local event.

"We're really thrilled to have Steve helping us out in Gimli. It's a new move for him to come out here and help us out and walk in our event," Einarson said.

"We're looking forward to the kind of inspiration he expresses. He came

"I'M 67 NOW,
AND I'M IN
BETTER SHAPE
THAN WHEN I
WAS 35."



TRIBUNE PHOTO SUBMITTED

Steve Van Vlaenderen will be leading the Parkinson SuperWalk in Gimli on Sept. 18.

out to our support group in the late spring and gave a presentation there that was very well received by a larger group than usual who were attracted to his story."

The Parkinson SuperWalk in Gimli is scheduled for Sunday, Sept. 18. To

support Vlaenderen, visit donate.parkinson.ca, click on "Find a Walker" and type in his name.

Individuals and teams can also sign up to participate in the event, which raises money for research, education and advocacy.

Driver dies in head-on collision

Staff

One person is dead after a highway collision involving a semi-trailer and car that occurred near Warren early Monday morning.

At around 4:30 a.m. on Monday, July 18, emergency crews responded to a crash on Highway 6 near the intersection with Highway 67.

The semi-trailer was on the southbound highway shoulder and an

extremely damaged car was in the northbound ditch. The 19-year-old driver, Matt Cooper of Winnipeg, was pronounced dead at the scene.

Police closed Highway 6 between Warren and Grosse Isle for hours and rerouted drivers on a detour.

At press time, they had not released any information about the incident. The investigation is ongoing.



PHOTO COURTESY OF GLOBAL NEWS

A head-on collision just south of Warren early Monday morning has left the driver of the car dead.

Council approves at-home automotive repair shop

Rockwood council news in brief

By Jennifer McFee

At their July 13 meeting, Rockwood council approved Kevin Hradowy's conditional use request to do general automotive repairs and vehicle safeties on his property at Road 74 North.

As outlined in the conditions, no more than three vehicles can be located on the property at any given time to be serviced. As well, there can't be any advertising signs. All material stored outside on the property must be kept in a neat, tidy and orderly fashion within a solid fence. Any refuse material needs to be stored in refuse bins on the property.

They are allowed to work inside the building any time as long as they don't cause a nuisance to nearby neighbours with excessive noise. Outside activities can't occur between 11 p.m. and 7 a.m.

In other council news:

- Coun. Willy Pinchin recently received his five-year pin from the Association of Manitoba Municipalities.

- Council authorized \$1,000 for the Kurelek Tribute Committee towards the purchase of a sign.

- Council approved the 2016 road work contract for Borland Construction in the amount of \$271,926.38.

- Council approved the purchase of a 2016 Caterpillar Motor Grader for the net price after trade in of \$264,836 plus tax. This cost includes a six-year, 6,500-hour full machine warranty, new factory-installed snow wing and blade lift accumulators.

- Eric Shaw of B.C. will be the new general manager for the South Interlake Planning District starting Aug. 2.

- Council approved the proposed subdivision of Melanie Maksym's property subject to conditions.

- Council gave authorization to Summit Café to open an outdoor patio on the north side of their existing building at 23 Main St. in Stony Mountain for the 2016 summer patio season or until Nov. 1. If they would like to continue the outdoor patio longer, it needs to be located on the east side of the building with parking on the north side.

- Contractor Andrew Tanner was awarded a contract for the caretaking of the Komarno waste disposal grounds from June 1 to Dec. 31. The 2016 contract amount of \$3,528 will be increased on Jan. 1 of each following year in accordance with the annual

average consumer price index for Manitoba.

- Council authorized a \$500 donation to the Interlake Healthcare Sustainability Committee. They also authorized a \$100 donation to the Teulon Curling Club to sponsor a hole at the 7th Annual Golf Tournament on July 16 at the Teulon Golf and Country CCl. In addition, council authorized a \$100 donation for the Quarry Days Million Dollar Hole-In-One, although Coun. Mark Hidlebaugh voted against the resolution.

- Council is requesting that a street light be placed on an existing hydro pole in Gunton on the west end of Mary Street. The cost to install this light is about \$1,500, with annual operating costs of about \$100.

- Council authorized an increase to the tax certificate fee for properties within the RM of Rockwood. Now the tax certificate fee will be \$50 per certificate.

- Council entered into a custom service agreement with Shred-It for \$75 per month (plus applicable charges and taxes) to provide shredding services to the administrative office.

- The RM of Rockwood agreed to withdraw from the partnership agreement with the RM of Woodlands for the Argyle waste disposal grounds, effective on approximately Oct. 31.

- Council approved the liquor permit application from the Stony Mountain Community Association's slo-pitch committee to operate a beer garden from Aug. 26 to 28 at the Leon Vandekerckhove Sports Fields, where they will be hosting the playoff tournament. In the event of bad weather, the tournament will be postponed to



TRIBUNE PHOTO BY JENNIFER MCFEE

Kevin Hradowy gets green light to do automotive repairs and vehicle safeties on his property.

Sept. 9 to 11.

- Council gave third reading to a bylaw respecting unsightly and derelict vehicles within the municipality. The resolution passed, although Couns. Art Goudy, Bill Matheson and Lyle Willis voted against it.

- The RM will enter into a development agreement with Jake Maendel and Joel Maendel for a proposed business to manufacture and build personal use play structures on their property.

- The RM of Rockwood will also enter into an agreement with Maple Leaf Construction for

a temporary extraction operation (crushing spread).

- The RM of Rockwood reminds residents to not burn any yard waste. More information is available on the RM's website at www.rockwood.ca under the "Local Government" tab (refer to Waste Disposal, Municipal Services).

Attention Residents of the Rural Municipality of Woodlands

Share Your Views

concerning the proposed establishment of a hog operation

The Manitoba government has received a proposal from Topigs Norsvin Canada Inc. to establish a 2,746 animal (450 Animal Unit) operation known as Delta II Elskamp at North 1/2 of SE 3-14-3 WPM.

If you would like to share your opinion concerning this proposal, you are invited to contact the Manitoba government by sending either a letter or an email to (TRC@gov.mb.ca) no later than August 19, 2016. After this date, the proposal will be dealt with by the Livestock Technical Review Committee.


Information submitted in response to this proposal is considered public information and will be made available to the proponent and placed on the public registry.

For more information


If you would like more information on this topic, please visit www.gov.mb.ca/ia/livestock/public_registries.html or the Rural Municipality of Woodlands, 57 Railway Avenue, Woodlands, Manitoba.

Technical Review Co-ordination Unit
Manitoba Indigenous and Municipal Relations
604-800 Portage Avenue
Winnipeg, MB R3G 0N4
Phone: 204-945-8353
Fax: 204-945-5059





Parkside Ford Lincoln
2000 Main Street, Winnipeg
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Toll Free: 1-800-552-4891
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www.parksideford.net



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worship *with us*

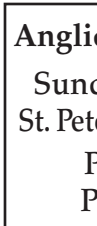
> FAITH Heroism



Teulon United Church
9:30 a.m. Teulon
Phone 886-2382
teulonpastoralcharge@mymts.net



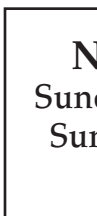
Stonewall United Church
369-1st Ave. N., Stonewall
Service and Sunday School
Sundays 10 a.m.
Phone 467-5469 (office)
www.stonewallunited.ca




Anglican Parish of St. Cyprian
Sundays at 10:00 am at
St. Peter Lutheran Church
PTH #7, Teulon
Phone 886-3203



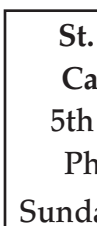
Interlake Full Gospel Assembly
Teulon
Sundays at 11:00 am
Phone 886-2680



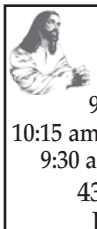
New Life Church
Sunday Service 10:00 a.m.
Sunday school 9:30 a.m.
Teulon 886-3269



St. Peter Lutheran Church
Sunday Service - 10:00 am
PTH #7, Teulon
886-2159



St. John Vianney Catholic Church
5th Ave SE Teulon
Phone 467-9016
Sunday Mass 11:30 am



Anglican Church of the Ascension
9:30 am - Traditional Service
10:15 am - Choral Service & Sunday School
9:30 am - Wednesday Morning Prayer
435 1st Ave. N., Stonewall
Phone 467-8466 (office)




Grosse Isle and Rosser United Church Services
Rosser Sunday 9:45 am

Lilyfield United Church
Rd. 68 & Sturgeon Rd.
Service 9:30 a.m.
Phone 344-5426




Alive! Family Church
Sunday Hymn Sing 10:00 a.m.
Sunday Worship 10:30 a.m. at
Sunova Auditorium, Quarry Park
Interpretive Centre, Stonewall
Phone 467-2870
www.alivefamilychurch.ca



Warren & Meadow Lea United Church Services
Joint Services
Alt. Sundays at 10:30 am
Call 322-5752 for location of service.

New Life Church
Sunday Service 9:00 & 10:45 a.m.
Sunday Morning Classes
9:00 a.m. - All Ages
10:45 am - Nursery - Gr. 4
Childcare for Nursery School to Gr. 4
1 km East on Hwy 67, Stonewall
Phone 467-5529 (office)




Woodlands Gospel Chapel
Service 7 p.m.
Sundays
Hwy 6 + Rd 82,
Woodlands
Phone 467-5109



Cornerstone Pentecostal Church
Sunday Worship &
Sunday School 10:30 am
Youth Nights - Sundays 6 pm
Thursday Bible Study
& Kids Club 7 pm
308 2nd Ave. N., Stonewall
Phone: 467-9797



Christ Church Anglican
97 School Rd,
Stony Mountain
Service 10:15 am
Phone 489-4847
or 344-5220



Christ the King Catholic Church
Sunday Mass 10:00 a.m.
315-2nd St. E., Stonewall
Phone 467-9016

I was recently talking with some friends about what a hero is. In popular culture today, some of the hottest sources for action on movies are the superheroes from comic books. They attract huge audiences on the big screen and television, with their own toy and clothing marketing. These fantasy heroes have superhuman strength, intelligence and glamorous looks. Sports figures function in much the same way. The concept of the hero inspires us to strive for some ideal or quality we want. But we need to ask just what truly makes a hero. Is it what a person achieves, what a person does for others, how popular they are, or what they sacrifice in the process of becoming heroic? Our conversation group concluded that a real hero is someone who is willing to sacrifice himself or herself in order to lead others to a greater good. The late American scholar and writer Joseph Campbell once defined heroes as "those who give their lives to something bigger than themselves."

We have many stories of heroes of the faith. The saints are presented to us as people who were faithful when faced with great trials. For example, St. Damien of Molokai was a 19th-century missionary priest who volunteered to serve the leper colony on the Hawaiian island of Molokai. He died in 1889 at the age of 49 after contracting the disease. During his 16 years in the colony, he built schools, clinics and hospitals. By any measure, St. Damien is considered a hero for his self-sacrificing love and service.

In Guatemala, there is a person who fits perfectly this description of what it means to be heroic. Sheila is a short, gray-haired Irish nurse from Butte, Mont. who has served for over three decades in a health clinic in a remote part of Guatemala among the indigenous K'iche' population, in the mountains around the town of Santo Tomas La Union. During part of that time, the Central American country has witnessed political turmoil and violence.

Sheila would be uncomfortable at the thought of being called heroic because what she does is her passion, and she sees a need to bring dignity to a population that struggles with sickness and poverty. She has used her health care skills to try and meet the needs of people who are poor and neglected. Sheila rarely talks about her own needs or her accomplishments. Her main focus is on the work being done by the nurses and doctors who work for the community clinic. She emphasizes how much more could be done for the people if adequate resources were available.

I often wonder how difficult life must be for her and others who serve in this way, given all that they sacrifice to be there. But what I recall is how joyful and committed Sheila is to the people she serves and she cares about.

She is just one example of the many heroes who are working on the margins to protect and enhance the dignity of others. Life on the margins is not always safe, and it is very often isolated. Rarely do those who serve the poor have the resources they need to adequately do their jobs.

However, they witness to us of the joy and dedication experienced by those who serve others for the love of God. In the midst of great challenges, they exhibit the courage to live radical Gospel lives, unafraid to sacrifice themselves for the greater good. Sheila will tell anyone who visits Santo Tomas la Union that the needs are vast and the resources are never enough. Yet the witness of her presence and service is that every person matters and that all service can make a difference. Such heroes bring hope wherever they are.


Maryknoll Sr. Ita Ford, another Christian hero, was martyred in El Salvador in 1980 for her accompaniment of the poor. In one of her letters to her niece, she wrote: "I hope that you come to find that which gives life a deep meaning for you. Something worth living for — maybe even worth dying for, something that energizes you, enthuses you, enables you to keep moving ahead. I can't tell you what it might be — that's for you to find, to choose, to love. I can just encourage you to start looking and support you in the search."

Most people who work on the margins do not see themselves as heroes, but they live their faith heroically. During this Year of Mercy we all have an opportunity to follow the most heroic example of all, Jesus himself, who gave his life for us. If we imitate him, wherever we

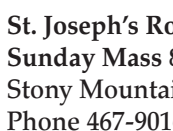
are and whatever we are doing, we will share his heroic life.

Fr. James deBeer, Christ The King Church


Balmoral United Church
Sundays 11:15 am
Phone 886-2382
teulonpastoralcharge@mymts.net




Stony Mountain United Church
12 Main St., Stony Mountain
Phone 344-5426



St. Joseph's Roman Catholic Church
Sunday Mass 8:30 am
Stony Mountain
Phone 467-9016



Immanuel Lutheran Church (LCC)
Service 10:30 am
Childrens Sunday School during Worship
Inkster & King Edward, Winnipeg
Rev Richard Beinert 632-6911



Church of the Annunciation
Woodlands
Service 12:00 noon

To participate in this monthly section please call 467-5836

Community planner presents a road map for Grosse Isle's future

By Stefanie Lasuik

The community of Grosse Isle has a road map for its future if property owners are ever interested in developing the land surrounding its current location.

While none of the property owners have made this decision yet, popular community planner Randall Arendt has mapped out what the town would look like if they ever did decide to proceed.

The rural municipalities of Rosser and Rockwood hired Arendt to create a primary development plan for Grosse Isle. Arendt spent the week exploring and analyzing the community, along with gathering citizens' input at three community meetings on July 11, 13 and 14. A recurring question about green space came from concerned citizens throughout the meetings, so Arendt pencilled in playgrounds and ball diamonds at their requests.

Arendt's plan includes the building of approximately 528 total houses, if and when property owners decide to develop their land. The Murphy and Miller lots south of Grosse Isle could support 195 homes. The Riddell property on the northwest corner of the community could have up to 51 houses, or less if the owners decide to put in ball diamonds. Meanwhile, the Lindsays, who maintain they have no interest in developing, could put in 52 houses if they ever changed their minds.

The Borthistles could also turn their land into 234 lots north of the town, and the Ridgeway property, located east of Grosse Isle, would have the most ideal location for 12 units of senior housing.

Instead of the houses forming cul-de-sacs, many would be arranged on looping streets to give snowplough operators a place to push the snow. Arendt arranged the settlements to direct water to a storm water retention facility, which would be in the southern area of the northern development.

Any housing facing the highway would have shelter belts, which are lines of trees that keep lots private from highway traffic.

Arendt planned for 65-foot lots, with walking trails throughout the community.

"A number of planners emphasize cars ... but I plan primarily for people that are out on foot," said Arendt.

The plan includes two spots for public buildings. The most logical business centre would be close to Highway 6 on Highway 322, said Arendt. Its loca-



TRIBUNE PHOTOS BY STEFANIE LASUIK

Randall Arendt, who specializes in small town planning, shows his preliminary plan to Grosse Isle residents on July 14.

tion close to the highway would be good for business viability, he explained.

On the north side of Highway 322, the town could have public office spaces so residents might have more of a professional place to meet clients than at their homes.

The town could also build a public works building, where fire trucks could park. This would bring down house insurance premiums, explained Arendt.

Arendt explained that growth would be gradual, if possible. The previous rate of expansion in Grosse Isle was 40 houses in 30 years.

A lot of young people in the community have asked Rosser Reeve Frances Smee when there will

be houses they can buy in Grosse Isle.

"We need to keep our schools full and we need to keep our communities vibrant," said Smee.

Smee went on to explain that Arendt's plan allows the community to build as a whole, instead of separate developments forming without regard for their relationship to each other.

From here, council will decide if they want to begin creating engineer drawings of Arendt's plan. If they decide to create a secondary plan, it will have to pass by bylaw so it can be the foundation for future development.

Artwork stolen in a break-and-enter

By Jennifer McFee

RCMP are seeking the public's help in relation to a theft from a Stonewall home last week.

Sometime between Saturday, July 9 and Tuesday, July 12, a break-and-enter occurred at a home in the 400 block of 3rd Avenue North.

Two distinctive pieces of art were stolen: a

stained-glass panel depicting a great blue heron and a print of two wolves under a snow-covered pine tree.

Other stolen items included a 48-inch Samsung TV, jewelry and small household items.

Anyone with information is asked to contact the Stonewall RCMP at 204-467-5015 or Crimestoppers at 1-800-222-8477 (TIPS).

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**SUMMER HOURS
(Weather Permitting)**

Wednesday & Thursday 5pm - 11ish

Friday & Saturday 4pm - 11ish

Sunday 2pm - 8ish

204-467-9890

363 Main Street, Stonewall

Sunova donates \$23,000 and truckload of tampons to Siloam Mission

Submitted

Sunova Credit Union donated \$23,614.23 to Siloam Mission along with a truckload of tampons and hygiene products collected during a supply drive at all 12 Sunova branches. The money is the proceeds from the 11th annual Sunova Golf Classic.

Siloam was chosen as the recipient after winning a new competition designed to find a partner organization for the event. Twenty-four organizations from across the province entered the competition, with five finalists selected on March 7. After being named a finalist, Siloam Mission and four other organizations shared short videos with the public for voting.

"We are so impressed by the work of Siloam Mission," said Sunova Credit

Union board of directors chair Nicole Forsyth. "Their dedication to serving Winnipeg is heart-warming, and I know that I can speak for our organization and membership when I say that we're proud to be able to help. This is evident in the way our communities really stepped up to the plate by donating enough feminine hygiene products, tea and toothpaste to fill a cargo van."

Over the past 11 years, the Sunova Golf Classic has raised \$200,000 for local charities.

Sunova would like to thank all major sponsors associated with the event: Collabria, Everlink and CRI Canada.

The 12th annual Sunova Golf Classic will be held June 9, 2017, at the Teulon Golf and Country Club.



TRIBUNE PHOTO SUBMITTED

Representatives of Sunova Credit Union's board of directors Kevin Beresford (left) and Nicole Forsyth (second from left), with D.O.G. (Director of Greetings) Gallagher (St. Bernard), present the proceeds from the 11th annual Sunova Golf Classic to Mike Beauregard (front right) and staff of Siloam Mission.



Cory Aronow Photography

Hilary Ransom, recipient of the 2016 Sunova Scholarship

We think this amazing young woman will change the world. She's headed to the Asper School of Business next year and we can't wait to see what she accomplishes!

This annual \$7,500 award will be given to another deserving graduate next spring.

congratulations Hilary!

sunovacu.ca | bank brighter.

sunova
CREDIT UNION

Seniors cooking up lunch



TRIBUNE PHOTO BY STEPHANIE DUNCAN

Teulon seniors (left to right) Judy Dedrick-Williams, Dennis Hawkins, Eileen Campbell and Ed Helwer cooked up hamburgers and hot dogs to serve to the community last Friday. The next barbecue at the Teulon Senior's Resource Centre will be held Friday, Aug. 19 and will include a pie auction.

DELIVERING THE UNEXPECTED!



SOLD

**STONEWALL
SOLD IN 1 DAY
\$279,900**



SOLD

**BALMORAL
SOLD OVER LIST
\$249,900**



SOLD

**ST ANDREWS
SOLD IN 35 DAYS**



SOLD

**STONEWALL
SOLD IN 45 DAYS**



SOLD

**STONEWALL
SOLD IN 21 DAYS**



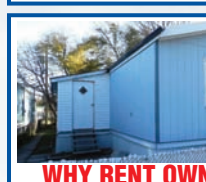
SOLD

**STONEWALL
SOLD IN 17 DAYS**



SOLD

**PERFECT HOME FOR YOUR
PRECIOUS FAMILY - STONEWALL
\$459,999 - Brandt**

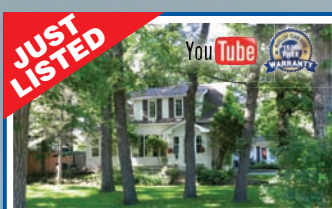


**WHY RENT OWN \$800 A
MONTH - STONEWALL
\$79,900 - Matt**



JUST LISTED

**THE ACREAGE YOU'VE BEEN
WAITING FOR
\$339,900 - Susan**



JUST LISTED

**GORGEOUS PROPERTY &
CHARACTER HOME
\$339,900 - Susan**



JUST LISTED

**HOME ON THE RANGE,
ROCKWOOD
\$499,900 - Meagan**



**AFFORDABLE ACREAGE
CLOSE TO CITY
\$174,900 - Matt**



**BIG BOLD & BEAUTIFUL!
ROCKWOOD
\$829,900 - Brandt**



JUST LISTED

**PEACE, QUIET COUNTRYSIDE
AWAITS, RM ROSSER
\$224,900 - Matt**



JUST LISTED

**ACREAGE RIGHT IN THE
MIDDLE OF STONY MOUNTAIN
\$425,000 - Brandt**



JUST LISTED

**SURROUND YOURSELF WITH
NATURAL ELEMENTS, ROCKWOOD
\$369,900 - Ryan**



**PICTURE PERFECT & NEW ALL THE
GOODIES INCLUDED - WARREN
\$324,900 - Meagan**

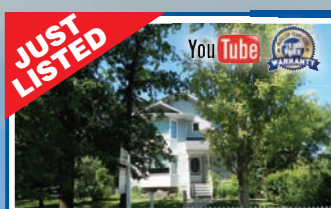


**LARGE HOME FOR THE
LARGE FAMILY-STONEWALL
\$319,900 - Susan**



JUST LISTED

**PRIVATE & AFFORDABLE
WOODLANDS
\$179,900 - Brandt**



JUST LISTED

**HOME WITH STYLE & GRACE,
STONEWALL
\$349,900 - Matt**



JUST LISTED

**LOOKING TO START YOUR
FAMILY, STONEWALL
\$239,900 - Meagan**



**WHAT THE PICTURE DOESN'T
SHOW! -BALMORAL
\$334,900 - Matt**



**QUALITY OF LIFE IN SMALL
RURAL COMMUNITY-ARGYLE
\$214,900 - Matt**



JUST LISTED

**STAY COOL IN YOUR OWN
POOL, STONEWALL
\$384,900 - Brandt**



JUST LISTED

**WOULD YOU LIKE TO SAVE A
\$100,000 ON YOUR DREAM HOME?
\$419,900 - Susan**



JUST LISTED

**LOCATION, PROPERTY
& PRICE, WARREN
\$314,900 - Matt**



**GET YOUR DREAM HOME AT
A DREAM PRICE -TEULON
\$309,900 - Matt**



**EXPERIENCE THE TOTAL JOY
OF COUNTRY - WOODLANDS
\$269,900 - Meagan**



SOLD

**ROCKWOOD
ESTATES
SOLD IN 8 DAYS**



SOLD

**ROCKWOOD
PREVIOUSLY
LISTED WITH
OTHER REALTOR**



SOLD

**STONEWALL
SOLD IN 28 DAYS**



SOLD

**STONY
MOUNTAIN
SOLD IN 6 DAYS**



SOLD

**ROCKWOOD
SOLD IN 49 DAYS**



SOLD

**WOODLANDS
PREVIOUSLY
LISTED WITH
OTHER REALTOR**

NEW IMPROVED PRICE



**BIG BOLD & BEAUTIFUL!
ROCKWOOD
\$829,900 - Brandt**



**LARGE HOME FOR THE
LARGE FAMILY-STONEWALL
\$319,900 - Susan**



**QUALITY OF LIFE IN SMALL
RURAL COMMUNITY-ARGYLE
\$214,900 - Matt**



**EXPERIENCE THE TOTAL JOY
OF COUNTRY - WOODLANDS
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Gravel truck driver faces charges

By Jennifer McFee

A gravel truck driver is facing charges after a rollover accident on the highway two weeks ago.

On July 6, police, fire and ambulance were dispatched to the scene of a collision at Highway 7 and Road 78N.

Police discovered a gravel truck that had rolled over onto its side, block-

ing both southbound lanes of traffic on Highway 7. In addition, the load of gravel had spilled over the highway.

Charges are pending under the Highway Traffic Act against the driver, who had minor injuries. RCMP said it appears that he had been going too fast when turning onto Highway 7.



TRIBUNE PHOTO BY MERLE TOMYK

A gravel truck driver is facing charges after a rollover accident on July 6.

CIB Yard of the Week



TRIBUNE PHOTO BY LANA MEIER

The Stonewall Communities In Bloom Yard of the Week honours were awarded to the Pauls family at 30 Rossmere Cres. last Saturday. Since building their home in the Stoneridge Meadow development, Alex and Kati have spent many hours designing and grooming their yard. The Yard of the Week runs July through August. To nominate a yard in Stonewall that you feel deserves recognition, be sure to fill out a ballot at Home Hardware. Pictured from left to right, Alex and Kati with their girls Elora and Emma.

As new manager at the store I am excited and eager to build new relationships with the contractors and home owners. I have a never ending love for DIY projects and creating a new space, and in my management role I am not only able to assist people on their own projects and work, but I am here to listen to the questions and provide design solutions to all our customers.

Whether you're looking for paint for your house, new flooring, or finishing your room with the newest in window coverings, we have many selections, colors, and styles. Like all things, style and design is always evolving, and so are we. I am here to assist you in making the right choice while providing advice when you want it.

Since taking over, I've accomplished a few goals with the store. Completely renovating and changing the look, bringing in some new products and trying to base our products and services around the needs of our customers. I am excited for this new role not only personally, but professionally. This is a great place to shop again, hope to see you soon.

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Agriculture

KAP to back Brandon's push for soybean processing plant

By Harry Siemens

At its advisory council meeting in Brandon last week, Keystone Agricultural Producers voted to support the Brandon Chamber of Commerce in its efforts to attract a large-scale soybean processing plant to Manitoba.

"The soybean acreage in the province has been steadily increasing as a result of new varieties that are suited to western Canada's shorter growing season," says KAP president Dan Mazier. "Traditionally, this crop was only produced in areas with longer growing seasons."

Manitoba's soybean production has increased from 100,000 acres in 2005 to an estimated 1.7 million in 2016, and is expected to increase further next year.

"There are several smaller facilities in the province that process soybeans, but there is nothing as large as the proposed plant," Mazier says. "As a result, much of our soybean crop is shipped elsewhere for processing."

"An in-province facility of this size would mean lower shipping costs and would help farmers realize a greater profit for their soybeans. In addition, it would create jobs and economic activity here in Manitoba."

Killarney area producer Les Routledge was instrumental in doing the research on getting a soybean crushing plant in Manitoba. He says it is nice to learn that someone actually has responded to the analysis his group did for the City of Brandon.

"I am 100 per cent convinced that there will be a soy plant located in Manitoba," says Routledge. "I also believe the optimum location is migrating west every year as acres expand in southwest Manitoba and south-east Saskatchewan."

"Our team recommended that the lead actor in the process be assigned to the Ag Committee of the Brandon Chamber of Commerce. There are some really dynamic people who make up that committee and they are best positioned to deal with the companies and investors who could make this possible development a reality."

The idea is also backed up by a feasibility study released by the federal and provincial governments last year.

The study determined a crushing facility would be economically viable based on the growth of the province's soybean acreage and the demand for soybean meal in the western Canadian livestock industry. Manitoba currently produces nearly 20 percent of all soybeans grown in the country.

The study said the benefits of a soybean crushing plant would include an expanded local market for soybean growers; the ability to avoid rail trans-

portation needed to export commodities like soybeans; a new, local protein feed source for livestock farmers; and overall economic benefits estimated at \$190 million per year based on construction and job creation.

Ag Minister Eichler hosts consultation

By Harry Siemens

Ag leaders and farmers are hailing the recent government consultation with agriculture stakeholders as a huge step forward.

Representatives from more than 100 agricultural groups participated at the event in Portage La Prairie to gather input and discuss the development of strategies to help grow the agriculture sector.

Ag Minister Ralph Eichler says agriculture and food production are important economic drivers in Manitoba and the government wants to ensure stakeholders play a key role developing a targeted growth strategy.

"We're trying to get ready for our federal, provincial, territorial ministerial meeting coming up in July and I want to be able to carry Manitoba's views and their thoughts as we go forward to meet with my counterparts across Canada," he says.

Eichler says two outreaches—the first one in June and the one in Portage last week—gives them lots of feedback and an opportunity to get it right.

"Manitoba has been a leader and we want to just take it to the next level and make sure we get more information out to our other colleagues who have been actually calling and reaching out saying, 'What are you hearing in Manitoba?' So we're excited about that and have that opportunity," he says. "They want to have the ability to be able to say I talked to the minister about this, yes it's important, yes this is what we need to deliver, and how are we going to do that together?"

Eichler estimates the province will be ready to move forward with a Targeted Growth Strategy for Agriculture within the next six to eight months.

Andrew Dickson, general manager of Manitoba Pork, says government

can best assist farmers by creating a regulatory climate that allows agriculture to access the resources needed to remain competitive in a global market.

Dickson says the Portage session provided a chance for organizations to learn about problems in other sectors and find where they can come together to lay out a game plan.

"First is you have to have farmers, you have to have a productive workforce, you have to have a well trained work force, you have to have farmers who are highly educated and understand their farms and the opportunity that the land provides in terms of productive capacity," he says. "You need capital, you need to have competitive rates. Producers will borrow a lot of money to run their business and we need to have access to that through good times and bad."

Dickson says the ag industry needs to focus on trade agreements to make sure that there's competitive access to more export markets.

He also points out the ag industry, particularly farmers, understand the need to reduce their impact on the environment.

"We have to do it in a sustainable way so that there's business opportunities and a lifestyle that can be passed on to the next generation of producers. We need to maintain the confidence of the general public in that we're following good management practices and we're doing the sorts of things on our farms that a rational clear thinking person would support."

Dan Mazier, president of Keystone Agricultural Producers, says it

was especially rewarding to see the variety in turnout last week: there were truckers, food processors, farmers, and many others represented.

This first of its kind consultation meeting goes to show Manitoba's new government is walking the talk, he says, adding it was good to see Eichler staying there all day, being interactive in the discussions.



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> MEAL IDEAS

Grilled Flank Steak With Chimichurri



Makes 4 servings

1/4 cup dried porcini mushrooms
1 carrot, peeled and thinly sliced into rounds, about 1/2 cup
1 stalk celery, thinly sliced into half-moons, about 1/2 cup
1 Vidalia onion, cut into thinly sliced strips
1 clove garlic, thinly sliced
1 tablespoon ground black pepper
1 cup red wine
2 pounds flank steak, trimmed
1 cup Chimichurri (see box)
Grapeseed oil
Salt

1. Combine the mushrooms, carrots, celery, onion, garlic, black pepper, and red wine in a large zip-top plastic bag. Add the steak, press out all the air and seal the bag. Refrigerate for 8 hours or overnight.

2. Heat a grill for direct high heat. Pull the meat out of the marinade and brush off any vegetables or herbs. Pat the meat completely dry with paper towels and brush all over with grapeseed oil. Aggressively season both sides of the steak with salt.

3. Scrape the grill clean and coat it with oil. Set the steak over direct heat on the grill with the grain at a 45-degree angle to the grates; grill for 5 minutes. Rotate the steak 90 degrees and grill for 3 minutes. Flip

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the steak so the grain is again at a 45-degree angle to the grates; grill for 5 minutes more. Rotate 90 degrees and cook to rare (120 to 125 F internal temperature), about 2 minutes longer. Transfer the steak to a plate and let the meat rest for 5 minutes. Slice the steak very thinly across the grain. Serve with the chimichurri sauce. PC146263

SIDEBAR: Chimichurri
Makes about 1 cup

1/4 cup fresh flat-leaf parsley leaves, chopped
2 tablespoons chopped fresh oregano leaves
1/4 cup olive oil
2 tablespoons red wine vinegar
1 tablespoon dried oregano
1 teaspoon salt
1/4 teaspoon Espelette pepper
1 tablespoon finely chopped red onion
1 tablespoon finely chopped roasted red pepper
2 teaspoons garlic, minced
1/2 teaspoon dried red pepper flakes

Mix the parsley, fresh oregano and olive oil and set aside. The oil prevents the herbs from oxidizing (turning brown). In a separate bowl, whisk the vinegar, dried oregano, salt, and Espelette pepper until the salt dissolves. Stir in the onion, roasted red pepper, garlic, and red pepper flakes and set aside. Just before serving, mix the oil mixture with the vinegar mixture.

Prep ahead: You can make the chimichurri up to 8 hours ahead; just refrigerate the oil mixture and vinegar mixture in separate bowls. Combine them just before serving. Chimichurri is versatile. Try it on any grilled meat, on grilled shrimp or even on roasted oysters.

Directions

In large resealable plastic bag, combine balsamic vinegar, canola oil, pepper and garlic.

Add asparagus and squeeze bag to coat asparagus with marinade; seal bag. Let stand for 30 minutes. Remove asparagus from marinade. Discard marinade.

Grill asparagus over medium heat on grill pan or outdoor grill, turning occasionally, until tender, about 5 to 7 minutes.

Tangy Grilled Asparagus



1/4 cup (50 mL) balsamic vinegar
2 tbsp (25 mL) canola oil
1/2 tsp (2 mL) freshly ground pepper
1 clove garlic, crushed
24 asparagus spears, trimmed

What to Do When the Sky Feels Like It's Falling

What do we do when it feels as though our whole world is coming crashing down around us? This feeling can come as a result of external circumstances, but it can also be triggered by inner mood shifts. At such times, life seems incredibly hard, and a future filled with that kind of pain seems utterly unbearable. There is a feeling either of hopelessness, or an urgency to change the external situation. Sometimes there is an urge to escape, either through death or addictive behaviours including alcohol, drugs, work, and perhaps even eating or television. Notwithstanding the fact there may truly be a need for some concrete life changes, let us look at how we can deal with the sense of emotional devastation in the short term.

Remember how we all learned that if we find our clothes on fire, we should not run, but instead we need to "drop and roll". To run would only fuel the flames, and we could not run away from the fire because it is right there with us. Dropping to the ground and rolling removes the oxygen source, without which the fire cannot continue. When we have emotional pain, and we try to run from it, we similarly fuel that pain. We are not doing anything to alleviate it. When we formulate catastrophic expectations and worst case scenarios, we add fuel to the fire. When we berate ourselves we fan the flames. Emotional pain is generally not extinguished as easily as a fire might be, but we can learn how to survive it, and how to control it.

Ironically, the best way to handle these feelings is to accept them,

and allow ourselves to feel the pain for a while. It is not the time to abandon ourselves. Even if we feel we have been rejected, abandoned or betrayed, it is not the end of the world. Even if we cannot find anything to like in ourselves or our situation, it is not the end of the world. These situations may force us to see we must make changes, but change is always possible. If we realize we must take a new path, we must remember there will be new people and situations there, and there could be a bright new world waiting just around the corner.

There would have been little progress for the human species if there had not always been individuals who were willing to venture into the unknown. We all have the capacity within us. The unknown aspects of our own consciousness, or our own potential futures, can seem as daunting as the wilds of Africa, or the jungles of South America. But we can call upon the traditions of our ancestors to give us the strength to explore beyond the safety of our known circumscribed reality.

Someone once said that faith is knowing, as you hold desperately to the edge of the cliff, that if you let go one of two things will happen. Either there will be someone there to catch you, or you will be shown how to fly. Know that whatever happens for you, you can choose to be all right. Things may be different, perhaps even hard, but you can still be all right. Don't ever forget that. Alright?

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

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Homegrown projects come to fruition

Local farmer grows peaches, nectarines, figs, grapes and apples

By Jennifer McFee

They say that variety is the spice of life.

For Stephen Krywenko, variety fuels his days while natural energy fuels his home.

From his land in Dallas, Man., nestled between Peguis and Fisher River, Krywenko grows a bounty of fruits — including some that you wouldn't expect to find in the region. His tasty selection includes peaches, nectarines, figs, quinces, plums, cherries, pears, berries, grapes and 12 varieties of apples.

For tender fruit trees, Krywenko grows them in large pots and then moves them indoors for the winter. He's also currently experimenting with some cool climate citrus fruits and Cavendish bananas.

In the future, he hopes to start an orchard to sell organic fruits and vegetables locally. Krywenko and his wife, Astrid, also have about 30 head of cattle as well as about 30 Icelandic sheep.

"I always like to push the edge a little bit. It's nice to have all the apples and peaches and grapes," he said.

"There's nothing like picking a nice fresh peach off the tree. It tastes different in the store because those ones are always picked a little bit on the green side. So with these ones, you get all the full sugars and flavours and it's much nicer fruit."

In addition to enjoying the fruits of his labour, Krywenko keeps busy by importing alternative energy products on a consignment basis.

His own home runs on an evacuated solar water heating system combined with a geothermal system.

About half of his home's heat comes from the evacuated solar water system, which uses vacuum tubes that don't lose any heat to the outside. The geothermal system uses an in-ground heat pump to further reduce his costs.

"An average person would pay about \$1,300 a year to heat their house," said Krywenko, a father of three.

"A heat pump will take you down to about \$400. And with my evacuated solar tubes, it splits that in half or 2/3 again, so I only pay about \$100 to \$150 a year to heat my house."

His lowest annual heating cost rang in at an impressive \$90.

"It's cheaper than cutting wood," he said.



TRIBUNE PHOTOS SUBMITTED

Stephen Krywenko built his new greenhouse using his electric utility vehicle and a 48-volt inverter that is connected to it. He says it is very handy to have around the farm. If he has a flat or needs to use any electric hand tools anywhere, he simply drives there, plugs in and gets to work. He can drive five miles, use the hand tool for eight to 10 hours straight and then drive back, and there will still be power in the batteries to do a lot more. With the 250 watt solar panel on top, it self-charges as he uses it. Left: Krywenko grows an impressive selection of fruits, including peaches, nectarines and grapes.



Stephen Krywenko's home uses evacuated solar water collectors, which keep his house quite warm during the winter.



Krywenko's son Marcus dug a trench for their new greenhouse. A close ground loop helps maintain a warm temperature in the "Manitoba-style" greenhouse. During the coldest and darkest months of January and February, it will keep the average temperature of the greenhouse just below freezing at about Zone 8 climate — even when it's -40C outside — for the very low input cost of a 12w DC pump (about \$5 per a year).

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Midget Blue Jays' great season ends at provincials

By Brian Bowman

The Interlake Midget Blue Jays enjoyed a tremendous amount of success this past season.

But, unfortunately, that stellar season ended on Saturday evening.

Interlake had its season end after a tough 5-3 loss to La Broquerie in a four versus five game at the Midget "AA" provincials in Oak River/Hamilton. The Blue Jays led 3-2 in the fourth inning before La Broquerie took the lead for good with a pair of runs.

"It was a back-and-forth game," said Blue Jays' coach Kent Klimpke. "They had one of the strongest pitchers in Manitoba on the mound. He's an elite pitcher but our guys came out swinging hard and competed well."

Martin Knutson pitched well in the loss for the Interlake against a very good La Broquerie squad.

"A lot of their team is 'AAA' players," Klimpke noted. "So we have nothing to be ashamed of because we went out there and competed well against some very tough competition."

If the Blue Jays would have found a way to defeat La Broquerie, they would have been in great shape during Sunday's playoffs.

"We would have had two strong arms left," Klimpke said. "We would have been in good shape, but one timely hit here and one defensive play there, and we are on to Sunday."

Interlake started the provincials on a great note with an exciting 7-6 win over Dauphin on Friday morning. Later that day, the Blue Jays were award-

ed a 7-0 win over Neepawa.

In an odd twist, Interlake and Neepawa were tied at 1-1 in the bottom of the seventh inning when the Neepawa catcher struck out looking. After having a few choice words for the umpire, that player was thrown out of the game along with a few other Neepawa players on the bench.

That resulted in Neepawa being forced to forfeit the game due to a lack of players.

"I'll tell you, that game was crazy," Klimpke recalled. "It was a 1-1 game in the seventh inning and there were so many people watching. It was probably one of the best games of the tournament for fans and teams around."

Interlake saw its record dip to 2-1, though, after an 8-5 loss to the Bonivital White Sox. The Blue Jays had a rare poor inning, allowing four runs.

On the offensive side of things, Interlake loaded the bases with just one out but lined out hard into a double play at short.

"Before that, I thought we were about to roll," Klimpke said. "We had scored a run, we had one out, and the bases were loaded. 'I thought, 'Here we go,' this will be our big inning.'"

Interlake never did get that big inning but still had a great season. The Blue Jays finished its season with an impressive 22-4 record. The Blue Jays won a lot of ball games and many of the players have a good future in the game.

"I told the guys that we have to celebrate our success and not think about



TRIBUNE PHOTOS BY SHERI LABOSSIERE

Stonewall's Brendon Labossiere slides safely into home plate against Dauphin.



The Jays' Tanner Good steals third base against the Bonivital White Sox.

the losses," Klimpke said, noting 11 players are eligible to return next season.

"Some of these guys are going to graduate to play for the senior Blue Jays and that's great for them."

Orioles play very well at Mosquito 'AA' provincials

By Brian Bowman

The Balmoral Orioles were just a win away from reaching the playoffs at the Mosquito "AA" provincials last weekend in Boissevain.

The Orioles failed to advance after suffering a tough 3-2 loss to the Brandon Rockies in their final Pool "C" game.

"It was one or two plays here and there," said Orioles' head coach Dave Meyers. "It could have gone the other way very easily."

The loss left Balmoral with a 2-2 record and out of the playoffs. But Balmoral has to be extremely pleased with how they played at the provin-

cials.

"They pleased awesome," Meyers enthused. "To compete against teams like that was really something. They pitched really well and they had timely hitting, which was excellent. It was a lot of fun for the kids that weekend."

In other round-robin games, Balmoral slipped past St. James 5-4 on Friday and then was defeated 11-1 by Mitchell that evening. Balmoral played very well in the St. James game and the score could very easily have been much higher as the local club left many runners on base.

"I told the kids that there were three games that we had to win — and St.

James was one of them," Meyers said. "They came out and played really well."

On Saturday, the Orioles kept their playoff hopes alive with an early-morning 6-5 victory over Gateway.

"The thing we liked about that (win) was the fact they were the No. 3 or 4 team in Winnipeg," Meyers noted.

Balmoral had a real good season, winning a lot of baseball games while playing baseball in mid-July.

"Our guys played so well to win those games," Meyers said. "The kids think that they did really well and that's the main thing for me. They had a good year and my two other coaches

helped out so much. With them being there, it made it so much easier for me."

MacDonald won this year's Mosquito "AA" provincial title after whipping Winkler 14-2 in the championship game.

In Bantam "AA" action in Altona, Warren finished with an 0-4 record.

Playing in the five-team Pool "C", Warren was defeated by MacDonald (15-14), Brandon (8-2), Altona (11-1) and Hamiota (5-4).

Portage won the Bantam "AA" provincial championship after defeating Altona 6-2.

Blue Jays struggle at senior provincials

By Brian Bowman

The Blue Jays played great hosts at the Senior "AA" All Stars Provincials in Stonewall last weekend.

But their play on the field, unfortunately, didn't match that level of hospitality.

The Blue Jays finished the provincials with a disappointing 0-3 record.

Stonewall started play Friday with a 3-1 loss to the Elmwood Giants. The Blue Jays then were edged 6-5 by Brandon on Saturday afternoon. Later that evening, the Blue were beaten 6-1 by Southwest.

Southwest went on to win the senior provincial championship after edging Elmwood 8-4.

In Winnipeg Senior Baseball League play, Stonewall visited the Kildonan Mudcats this past Tuesday and then hosted Elmwood Wednesday but no scores were available at press time.

Heading into those two games, the Blue Jays were 5-9 and 7.5 games back of the first-place St. Boniface Legionnaires.

Stonewall played just one game last week, losing 4-1 to St. Boniface.

Orrin Hogue scored the Blue Jays lone run in the first inning but the Le-



Blue Jays' righthander Matt Benn delivered a pitch during Saturday evening's game.

gionnaires came back with three runs in the fifth. St. Boniface then added another run in the sixth.

The Blue Jays were limited to hits



TRIBUNE PHOTOS BY LANA MEIER

Stonewall catcher Josh Drews narrowly misses the out at home in the Blue Jays' 6-1 loss to Southwest.

by Josh Stolar, Rory Tycoles and Tyler Paul.

Stonewall is back in action with a pair of games next week. The Blue

Jays will play Kildonan at Koskie Field next Tuesday and then Stonewall will host Elmwood on Wednesday.

Both games have 7:30 start times.

Phillies place fourth at U18 fast-pitch provincials

By Brian Bowman

There was no quit in the South Interlake Phillies at the U18 fast-pitch provincials last weekend in Headingley.

With nothing to play for in their final game Sunday, the Phillies pulled out a dramatic 8-7 win over the Westman Magic. South Interlake trailed 7-6 in their final at bat, but scored a pair of runs with two outs to pull out the victory.

"The bad part of that was the fact our daughter (Rylee) is the assistant coach with Brandon and that win would have forced a playoff between them and the Angels for the final representation for westerns," said Phillies' coach Denis Woods.

"We basically knocked my daughter out of westerns."

That victory lifted South Interlake to fourth place in the seven-team round robin with a 4-3 record.

"We just lost a couple of games that we never should have lost," Woods said. "And that put us in a bad position — and you can't rely on other people. We wanted to medal...and the higher up in the standings would have given us a better pick (of a player

for westerns)."

On Sunday morning, South Interlake lost 3-2 to the Manitoba Thunder in a must-win game for the Phillies.

"It was a very good game," Woods recalled. "We lost when we had a runner on first and a ground ball was hit through first and second and our runner interfered with the defending player — and that was the final out."

South Interlake will now prepare to host the westerns at the John Blumberg Softball Complex from Aug. 4-7. South Interlake has high expectations going into westerns.

"We finished fourth in a tough league (at provincials)," Woods noted. We had ranked ourselves third and we were one error away from being third."

The Phillies currently only have 10 healthy players and would be interested in picking up a player or two for the westerns.

"We need, for sure, another pitcher," Woods said. "We learned that this past weekend that you can't go through a seven-game tournament with just two pitchers."



TRIBUNE PHOTO BY LANA MEIER

The Phillies' Tatum Lindley was safe at home against the Angels Friday evening.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Thunder well represented at 2016 Football Canada Cup

By Brian Bowman

Three local football players had a chance to test their talents against the best Canada has to offer in their age group at the 2016 Football Canada Cup in Winnipeg.

And all three passed the test with flying colours.

Warren's Austin deLaroque and Alex France, along with Stonewall's Thomas Dunlop, represented the Interlake Thunder Midget team very well while suiting up for Team Northwestern Ontario/Manitoba Silver.

The trio was part of a team that included mainly Thunder Bay players and eight from Manitoba.

"So far it's gone really well," said deLaroque, just days before for their final game against New Brunswick last Friday. "There are lots of good players and there is a lot of talent."

The hard-hitting linebacker was

named the defensive player of the game in a lopsided loss to top-seeded Quebec and then had "four or five" tackles in a 22-15 loss to Nova Scotia.

Dunlop, a safety, has also played extremely well during the tournament in front of a plethora of scouts. He snagged a key second-quarter interception against Nova Scotia.

"It's a lot more different than (playing in the Midget league)," Dunlop, 16, said. "It almost feels like you're at a professional level. It's a lot of fun being able to play on a field like (Investors Group Field)."

Both deLaroque and Dunlop said it's been fun playing against talented quarterbacks and high-octane offenses.

"I've been keeping up with (the level of play) but there lots of really talented players," said the 6-foot 215-pound deLaroque. "You have to (react) quick-

ly on your feet and expect anything to happen."

The experience of playing in the Football Canada Cup in their home province will help each Thunder player greatly in their careers.

"It's been an excellent experience for me," France said. "It's been a blast playing against top quality kids from across Canada. I've had an amazing experience so far."

France, 17, has played very well in the slotback position, catching five passes for 57 yards in the first two games of the tournament. One of those catches was a seven-yard touchdown late in the game against Nova Scotia.

"It felt pretty big," said the speedy France of his TD catch. "I looked up and saw the ref with his hands in the air and went, woo."

France felt confident that his club would give New Brunswick a very

good test in their final game of the tournament. He also thought it was a winnable game for his team, which was ranked eighth out of eight teams prior to the tournament.

All three players, meanwhile, are eagerly anticipating the start of the Midget Football League of Manitoba season with their Thunder squad.

"I think we're going to be a lot stronger this year," deLaroque predicted. "We have older kids coming in and players that have already played a year and have more experience."

France felt strongly that the experience of playing on a national level will help him tremendously when he plays for the Interlake this season.

"I feel really confident here, so I can only imagine how confident I will be when I'm on the field over there," he said.

Thunder hosts successful Pre-Season Jamboree

Staff

The Interlake Thunder hosted its third-annual Pre-Season Jamboree last Sunday at Stonewall Collegiate Institute.

An estimated 100 young athletes from the Crutcher to Bantam football program learned football fundamentals for an hour and a half in the morning and the afternoon.


Coaches from the Thunder, including members of their Midget staff and players, along with numerous special guest coaches were in attendance.

The jamboree featured some serious workouts for the players learning how to strip a ball or block a player.




TRIBUNE PHOTOS BY LANA MEIER

Football players from across the Interlake took part in the third-annual Interlake Thunder jamboree last Sunday.



**Come out and support your
Stonewall Blue Jays**



2016

**Tuesday,
July 26**
Stonewall Blue Jays
vs
Kildonan Mudcats
@ Koskie Field
7:30 pm

**Wednesday,
July 27**
Stonewall Blue Jays
vs
Elmwood Giants
@ Fines Field
7:30 pm

Phillies fantastic at U16 provincials

Third-place finish earns them a spot at nationals

By Brian Bowman

The South Interlake Phillies will have a very good reason to brush up on their French over the next several weeks.

South Interlake earned a trip to the nationals in Montreal after finishing third last weekend at the U16 provincial fast-pitch championships at the John Blumberg Softball Complex in Headingley.

"We had our minds set on a medal and the girls won the games that they had to win," said Phillies' head coach Blaine Shewchuk on Tuesday.

South Interlake finished the six-game round robin with a 4-2 record. The Phillies' losses came against Smitty's (the score was tied at 6-6 in the final inning before the South Interlake was mercied) and the Thunder (7-0).

Those two teams won the gold and silver, respectively.

"We knew we would be in tough in those games and we went after those teams hard," Shewchuk said. "We knew we could beat the other four teams and I'm really proud of the girls for being able to execute."

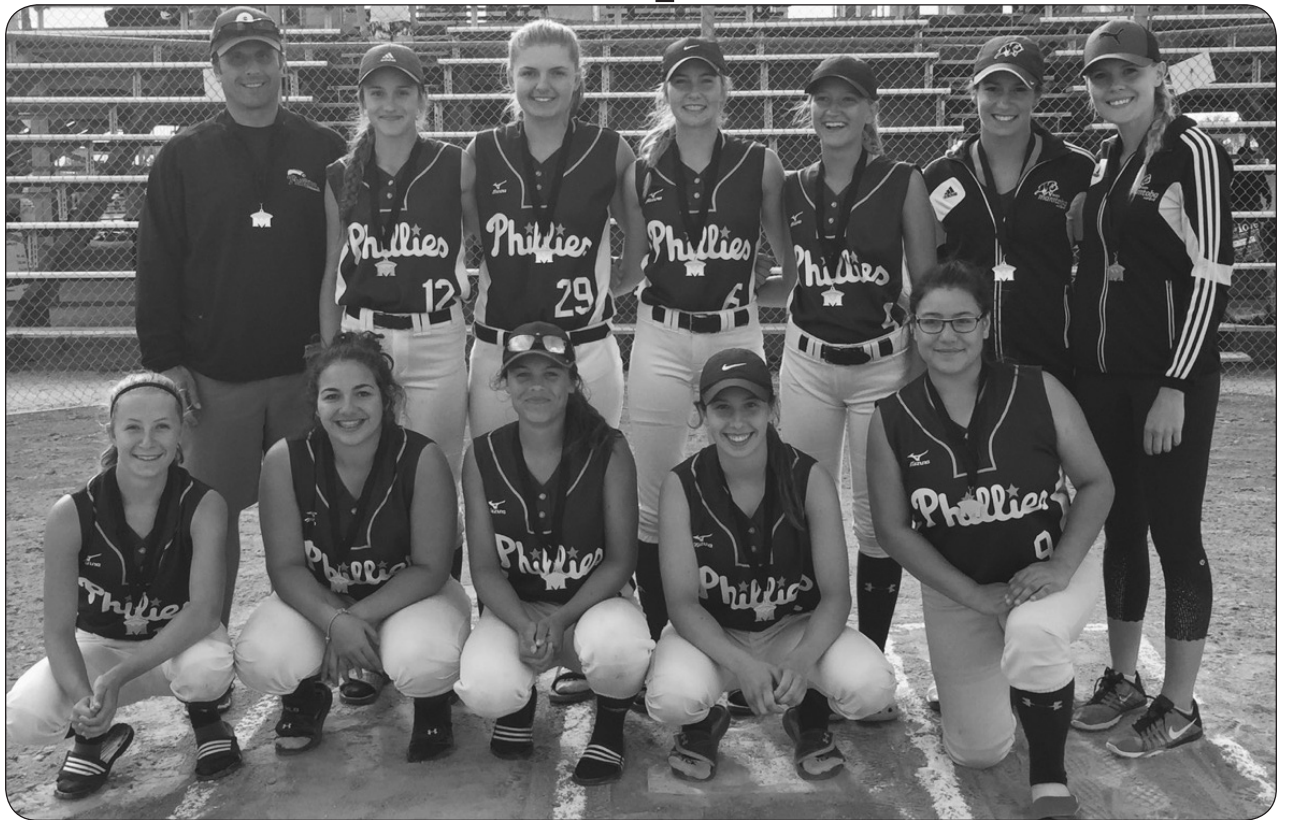
South Interlake did a tremendous job battling back from those losses against Smitty's and the Thunder.

"You play two tough games and lose, so you're thinking is what's going to be the mindset for the rest of the weekend," Shewchuk said. "How do you come back and beat these other teams?"

In South Interlake's fourth game against Central, the Phillies blew the game wide open late on their way to a convincing 10-3 triumph. The Phillies then shut out the Lightning 2-0 in a must-win situation Sunday morning.

"It was a critical game and we grinded out a 2-0 win," Shewchuk said. "And then we went against Eastman, which was ranked last and had not won a game."

South Interlake started slow against the lesser-talented Eastman squad but picked up its game when



TRIBUNE PHOTO BY BRENDA SHEWCHUK

The South Interlake Phillies won bronze this past weekend at the U16 provincial fast-pitch championships. Pictured back row, left to right: Blaine Shewchuk (coach), Alex Chester, Loren Proven, Sarah Fines, Ashton Wallack, Courtney Kwasnitza (assistant coach), Taylor Studler (assistant coach); front row, Hanna Marshall, Meghan Cabral, Grace Goodman, Kyra Shewchuk, Kaitlin Henderson. Missing from the photo Rikki Frost-Hunt and Jamie Johnson.

it counted on their way to a 12-2 victory.

The Phillies' pitching was outstanding last weekend, led by the arm of Kyra Shewchuk. Kyra pitched four of the six games (including a complete-game victory over the Lightning) while the Phillies battled with a short bench of just nine to 11 players each game.

Kaitlyn Henderson also pitched well for the Phillies.

"Generally, in these (provincials) the bats just take off but this weekend, they didn't," Shewchuk said. "There was a lot of grinding. There were a lot of

bunts, grabbing an extra base when we could – a lot of smart base running."

By virtue of their third-place finish at the provincials, South Interlake is now headed to the nationals in Montreal from Aug. 17-21.

"It will be a great experience and the core of the group went to nationals last year in Calgary and really had a chance to experience that environment," said Blaine Shewchuk.

Prior to nationals, many of the players on the Phillies will represent the Interlake at the Manitoba Summer Games in Steinbach.

Warren fantastic at PeeWee 'AA' provincials

By Brian Bowman

Warren was just one win away from reaching the finals of the PeeWee "AA" Provincial Baseball Championships in Steinbach on Sunday.

After finishing pool play with a perfect 4-0 record, Warren was stunned 11-10 by Gateway in one of two semifinal games.

"We sure surprised a lot of teams," said Warren coach Mike Tataryn. "We made it right to the semifinals and it was a one-run game right to the very end."

Gateway led by four runs heading into the final inning. Warren made the game extremely interesting,

though, by scoring three runs in their final at bat.

"I remember at one point, we were down 7-2," Tataryn recalled. "We told the boys that we promised ourselves that we weren't going to back off when we got into a hole and they battled right back."

"The other team was worried. We burnt out two of their remaining decent pitchers."

Warren was the talk of the provincials as they jumped out to the 4-0 record. They started play Friday with wins over Pembina Hills (8-0) and North Winnipeg (8-5) before beating Brandon (6-2) and Fort Garry (14-2)

on Saturday.

"We hadn't played any of these teams this year, so we weren't too sure what we were getting ourselves into," Tataryn admitted. "But we came out strong and ... the boys were never really in any danger."

In their four pool games, Warren outscored its opponents by a wide 36-9 margin.

Warren hit the ball well throughout the weekend and had great pitching while playing stellar defence.

"Our defensive play was probably our crowning achievement from the weekend," Tataryn noted. "That's why we were 4-0 and atop of our pool."

Tataryn said the players were a very good group to coach and committed to getting better.

"We were really proud of the guys because we weren't a selected team," Tataryn explained. "We are a community signup team that made it (to the semifinals). Every other team was a tryout select group."

"We went 4-0 in the round robin and I think that surprised everybody. That forced everybody to pay attention to us even though we kept things low key."

Winkler won the PeeWee "AA" provincial championship after defeating Gateway 18-8.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake duo rolls to hockey gold in Hawaii

By Brian Bowman

Christopher Vinck and Bryce Allary travelled to a very unusual place to play Canada's most popular game.

Leaving hockey-mad Manitoba earlier this month, the Interlake pair made the long trip over the Pacific Ocean to represent Canada at the Junior Olympics International Inline Hockey Tournament in Hawaii.

And they didn't just soak up the sun on the beach while eating pineapples.

Allary and Vinck led Team Canada to the gold medal in the U14 "AA" Roller Hockey Division. Canada soundly defeated the U.S. 8-0 in the final.

"It was hard to say it was expected because you never know what the rest of the world is going to bring for players and teams," said Canada coach Michael Hunt. "But we were pretty confident with the teams that we brought."

Allary, a centre, said his team played very well in the final.

"We didn't score many goals in the first five minutes but then we popped one in and it went from there," he said. "Everyone just kept on playing hard and we never let up and kept on scoring goals."

Vinck, 11, was the youngest player in the U14 age group but he fit right in with the older competition. He said it was exciting to defeat the U.S. for the gold medal.

"It was really cool (to represent Canada)," said Vinck, who lives in Stony Mountain. "It felt awesome."

Hunt had high praise for Vinck, who scored a goal against Hawaii during the tournament, and his dedication to the sport.

"He didn't bring in a lot of experience," said Hunt, a former national champion who brought inline hockey to Manitoba when he established Central Canadian Roller Hockey.

"But he brought a lot of energy, a lot of heart, and he had a really nice tournament for being the youngest kid."

Allary, meanwhile, had a great tournament defensively, said Hunt.

"For both Chris and Bryce to make this team and to go to this event and win a gold medal is a testament to their talent and work ethic," Hunt praised. "Both guys will be a fixture with the Canadian program moving forward and we look forward to the boys developing their skills in our program."

All of the Canadian players and coaches had a great experience in picturesque Hawaii.

"The facility was second-to-none," Hunt said. "It was a year-round facility with two rinks in



TRIBUNE PHOTO BY JULIE ALLARY
Warren's Bryce Allary, left, and Stony Mountain's Christopher Vinck, right, lead Canada to a gold medal in Hawaii.

it and, obviously, the weather and the beaches and the destination were great.

"We spent a lot of time at the rink but guys got out and visited Pearl Harbor and Waikiki Beach was popular with many people. You couldn't beat the destination, that's for sure."

It was a great experience for all of the players to test their talents against international competition.

"It was awesome to go out there and put on the Team Canada jersey" said Allary, a Warren product. "I didn't expect anything going in because I didn't know anybody but we went to the final and won the gold – it was pretty awesome."

Allary, who plays ice hockey for Warren Collegiate, really enjoyed playing hockey on roller skates.

"It's a lot different because you have more time with the puck," explained the 15 year old. "It's not a hard pace all of the time. You kind of have to slow it down a little bit and it's also a passing game."

"It's really a team sport and not a one-man show type of thing."



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August 6th
Teulon
Golf & CC
Tee Off 1 pm**

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Annual Golf Tournament**
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**ONLINE
REGISTRATION**

Open from July 15, 2016 to August 15, 2016
www.hockeymanitoba.ca/members/associations/interlake/teulon

ALL PLAYERS MUST REGISTER ONLINE

INITIATION ('10 + later)		KidSport Funding Available
1 st Time Players	\$100	
Returning Players	\$220	
NOVICE ('08 + '09)	\$330	
ATOM ('06 + '07)	\$350	
PEE WEE ('04 + '05)	\$370	
BANTAM ('02 + '03)	\$430	
MIDGET ('99 + '00 + '01)	\$460	



New Players require copy of birth certificate. Fees are payable by credit card or cheque. 50% is payable at time of registration. Balance payable by credit card or postdated cheque for September 26, 2016.

A late registration fee of \$50.00 will be applied after August 15.

RESPECT IN SPORT FOR PARENTS

At least one parent or legal guardian is required to complete this one time only online course. (Course is attached to the registration link)

Each player will be responsible for booth hours. Hours required will be determined by the number of players registered and the 2016-2017 schedule.

For more information email ROBIN at robin.teulonminorhockey@gmail.com or KYLE at williskyle@yahoo.ca



Visit our Facebook page:
Teulon Minor Hockey Association

High flying senior men's soccer action



TRIBUNE PHOTOS BY LANA MEIER

Far left photo, Stonewall United FC's Ryan Raglan makes a block during his team's 3-1 loss to FC Russia during MMSL Division 4 action last week in Stonewall. Middle photo, Amar Manning, controls the ball while a FC Russia player flies through the air. At right, Stonewall's Victor Andrade makes a pass to his teammate.

PowerSmart Manitoba Games to host golf event

Submitted

After four months of training, seven regions within the province of Manitoba have determined their teams for the upcoming PowerSmart Manitoba Games to be held in Steinbach Aug. 8-10.

The golf event will be 36 holes over two days at the Steinbach Fly-In Golf Club. Teams will be comprised of four boys and four girls. The scoring for the team competition will be best three out of four scores for boys and

best two out of four for girls.

The coaching and training of young golfers (15 & under for boys and 17 & under for girls) has been provided by golf professionals within the regions. A focus has been placed on introduction to competitive golf, the rules of golf, mental preparation and course management.

The training squad model is structured based on a similar model that has been used in preparation for the Western Canada Games and the Can-

ada Games.

The coaches for each region are:

Central - Greg Hesom (Winkler GC)
Eastman - Brian Guenther (Steinbach Fly-In GC)

Interlake - Matt Lorenz (Elmhurst G&CC)

Parkland - Scott MacCallum (Gilbert Plains G&CC)

Westman - Dave Scinocca (Shilo CC)
Winnipeg Blue - Tom Kinsman (Southwood G&CC)

Winnipeg Gold - Darren McMillan

(Shooters Family Golf Centre)

Eighty-five young golfers participated in the training and a 36-hole qualifier was conducted to determine each team from each region.

To register for Golf Manitoba events, please visit our website (www.golf-manitoba.mb.ca) and click on Tournament Registration. A Master Card or Visa will be required to register on-line. Competitors can also mail in entries or drop them off at the Golf Manitoba office (145 Pacific Ave).

Korlak added to Kings' coaching staff

By Brian Bowman

The Dauphin Kings announced last week that they have added Dustin Korlak to their coaching staff.

Korlak, a Stonewall product, spent four seasons (2006-2010) playing in the Manitoba Junior Hockey League with Swan Valley, Selkirk and the Southeast Blades before competing for two years in Europe.

He spent time in Germany, the Netherlands, and Belgium. Korlak played in the German Oberliga all-star game in 2011 and took part in the Belgium Cup Championship in 2012.

In 70 games in Europe, Korlak

scored 26 goals and had 59 points as a defencemen.

"I am really excited and honoured to be joining the Dauphin Kings," said Korlak on the MJHL website. "They are a first-class organization with a very strong history, and they're heading in the right direction for continued success."

Korlak recently got married and is excited to start a new chapter in his life.

"My wife Jenna and I are looking forward to calling Dauphin home," Korlak said. "The City of Sunshine is a great community with an excellent

fan base. I can't wait to get on the ice with the guys and start the season."

Kings' head coach and general manager Marc Berry is looking forward to having Korlak on his staff.

"We're really excited about adding Dustin to our program," Berry said. "His experience, passion and enthusiasm will be significant in helping us get to the next level."

"Solidifying our assistant coaching position gets us that much closer to the start of the season and we're all looking forward to that."



Dustin Korlak

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Stonewall Teulon
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THE RURAL MUNICIPALITY OF ROSSER



PUBLIC HEARING

2016 Recreation and Cultural Grants

In accordance with Section 162(3) of The Municipal Act the Council of the Rural Municipality of Rosser will hold a **PUBLIC HEARING** to present an expenditure of Recreation and Cultural Grants at:

10:00 A.M.

**Tuesday, August 9, 2016
ROSSER MUNICIPAL OFFICE**

The adoption of the 2016 Financial Plan for the Municipality has been finalized previously and the Council of the Rural Municipality of Rosser wishes to contribute funding toward community facilities with funds from the Recreation Reserve, which were not included in the 2016 Financial Plan.

The Public Hearing will provide an opportunity for Council to provide information on the proposed community facility grants and financing by the Rural Municipality of Rosser Recreation Reserve. The purpose of the hearing is to allow any interested person to make a representation, ask questions or register an objection.

Copies of the proposal is available upon request at the Municipal Office, 0 077 E PR 221 in Rosser, Manitoba during regular office hours Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m.

Bev Wells, CMMA
Chief Administrative Officer
Rural Municipality of Rosser



Topigs Norsvin Canada
201-1465 Buffalo Place, Winnipeg, MB
Tel: 204-954-3820

Job Description: Genetic Nucleus Swine Technicians
Locations: South East Manitoba (La Broquerie) and the Interlake
Date: July 12 2016

Position Summary

Topigs Norsvin Canada Inc. a world leader in swine genetics is looking for permanent, full time Swine Technicians to work within their genetic nucleus facilities

Duties and responsibilities

- Ensuring animal health and welfare
- Daily activities such as but not limited to; care and feeding, health checks and vaccinations, moving and washing, data collection e.g. weighing, semen collection and lab work, maintenance work and record keeping
- Working within the genetic production team to optimize production and maximize genetic improvement
- Ensure production of top notch quality of breeding stock for customers
- Follow and enforce all biosecurity, animal welfare and genetic protocols

Qualifications

- Degree or Diploma in Agriculture
- At least two years of commercial experience in a swine production role, nucleus or multiplication experience would be considered an asset
- Strong leadership skills with respect to working with team members and managing other staff
- Excellent problem-solving and analytical skill
- Strong verbal and written communication skills
- Ability to manage multiple priorities in a fast-paced environment

Salary: starting at \$15.05 per hour, depending on experience

Benefits: a comprehensive benefits package including health, dental and registered pension plan, plus production bonus program

If you want to be part of a progressive, world leader in swine genetics please forward your resume to:
Topigs Norsvin Canada Inc. Attention of Mike Shaw
Fax: 1-204-489-3152 or
email to mike.shaw@topignorsvin.ca

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

APARTMENT FOR RENT

55+ Apartment Building, INWOOD SENIORS LODGE. Bachelor suites, 1 bdrm. apartments. Capped rent facility, utilities included. Meal program & activities on site. Inwood, MB. Contact Tina: 204-278-3534.

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Then 1/4 Mile East
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3PH * Case 446 Hyd
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Mower, 48" Snowblower
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Chainsaw * Elec Pole
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Stonewall store front space for rent. Prime location on Main Street. Approx. 900 sq. ft., includes office and basement storage. Busy area close to many amenities such as the post office, pharmacy, banks and more. Available August 1. To view please contact (phone/text) Kyla 204-795-5035.

STEEL BUILDINGS

Steel building sale ..."Madness sale-crazy prices on now!" 20x19 \$5,645; 25x27 \$6,424; 28x29 \$7,558; 32x33 \$10,297; 42x47 \$15,590. One end wall included. Pioneer Steel 1-800-668-5422 www.pioneer-steel.ca

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Sale - custom 2400 sq. ft. 3 bedrooms 2.5 bathrooms bungalow developed lower level, 13.48 acres 5 miles SW of Dauphin. Exquisite interior exterior/upgrades. \$465,000. 204-638-7514.

HELP WANTED

Eddie's Gravel Supply Ltd of Winnipeg Beach is accepting applications for a full time Office Clerk Position. Experienced applicants must have a good knowledge of basic bookkeeping, word, excel. Flexible hours. Health benefits. Wage dependent on experience. Please apply in person at #102086 Highway #9 & 1st Ave. 204-389-2023.

Eddie's Gravel Supply Ltd. invites applications for the following positions: experienced Skid-steer Operator-Asphalt Laborers. All applicants must have valid driver's license, work well with others. Be in good physical shape. Local work. Wage dependent upon experience. Apply in person with a complete resume to #102086 Highway #9 & 1st Avenue, Winnipeg Beach. 204-389-2023

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Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

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MISCELLANEOUS

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Trailers for sale. Car & equipment haulers, Dumpbox, Cargo, Utility, Gooseneck Flatdeck, Cargo, Aluminum Livestock, CM Truckbeds. Parts & full service. Kaldeck Truck & Trailer, MacGregor, MB. 1-888-685-3127.

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Business for sale - well established weekly newspaper located in southwestern Manitoba. Audited paid circulation of 1,450. For further information email gazette@mts.net

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Wanted: old tube audio equipment. 40 years or older. amplifier & stereo, recording and theatre sound equipment. Hammond organs, any condition. Call toll-free 1-800-947-0393.

ANNOUNCEMENTS

The Fourth Commandment in the Bible has not been abolished and never will be in this time. The true Christian has this law written in his or her heart. Therefore let us "Remember the Sabbath day, to keep, it holy. Six days shalt thou labour and do all thy work: but the seventh day is the Sabbath of the Lord thy God: in it thou shalt not do any work..." Exodus 20 vs 8, 9, 10a (King James Version). Please visit our website: www.clda.ca

Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.
Call 467-5836

TERM RECREATION DIRECTOR

Teulon-Rockwood Recreation Commission

The Teulon-Rockwood Recreation Commission is accepting applications for a year term Recreation Director. This position reports directly to the Recreation Commission Board.

The Recreation Director is responsible for the staff and facility management, planning, implementing, and managing a broad range of community recreation services; encouraging maximum community involvement and coordination with other community organizations. Excellent leadership skills and an ability to effectively communicate with the public and stakeholders are necessary. The successful candidate must provide a criminal record check and a child abuse registry check and have use of own vehicle for business purposes. First Aid and CPR is an asset and would be required once employed by the Commission.

Qualified candidates are invited to submit resumes by **August 8th at 4pm** stating experience, education, related work references, expected salary and all other pertinent data to:

Teulon-Rockwood Recreation Commission
c/o Laine Wilson
Box 69
Teulon, Manitoba
R0C 3B0

Or by e-mail to teulonrockwoodrec@gmail.com

More information about the Town of Teulon and this exciting career opportunity can be found by calling (204) 861-0341.

We thank all applicants for their interest, however, only those candidates being considered for an interview will be contacted.

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Sunday, July 24th @ 10:00 am

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Donna Hewko (204) 781-5492
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Fresh honey & eggs for sale. Call 204-461-1267.

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Potatos - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

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5 ft. Woods 3 PTH rotary mower; 6 ft. loader bucket; hay spears for FEL; bale spear for 3 PTH; 7700 Ford tractor, cab, 3 PTH; 22 ft. deep till cultivator, Cockshutt; used fence posts & wire. Ph 204-322-5614.

FARMLAND

Wanted to rent pasture land. Call Erik at 204-461-2004.

NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Elsie Lillian Boyle, late of the Town of Stonewall, in Manitoba, deceased. All claims against the above estate duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 22nd day of August, 2016. DATED at Stonewall, Manitoba this 12th day of July, 2016. **GRANTHAM LAW OFFICES** Solicitor for the Executor

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> GAMES

SUDOKU

	8		7				5	
			1	2		4		6
		3			4		2	7
	1	2		9	5			
	4		2				7	
8								
			4		6			
						2		
5			7		8			

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7	9	8	2	7	3	1	6	9
9	3	2	8	1	6	9	7	4
6	1	7	9	9	4	8	2	3
2	6	1	7	4	9	9	3	8
8	7	9	1	3	2	6	4	9
3	4	9	9	6	8	2	1	7
7	2	6	4	8	9	3	9	1
9	8	4	3	2	1	7	9	6
1	9	3	6	9	7	4	8	2

Sudoku Answer

S	S	V	S					S	N	V
I	B	R	V	R		L	E	N	S	D
O	E	T	I	V		V	R	I	O	E
H	E	B	V	S		R	V	O	D	E
O	V	E	O	D	N	I	K	T	V	M
E	L	O	N	N	O			R	H	O
R	E	P	E	I				L	E	W
S	E	I	L	I	N	E	M	V		
E	T	T	W	L	O	N		S	B	H
S	V	R	V		O	H		V	S	S
O	d	V	O		V	O	T		O	I
O	O	O		L	O	d		T	H	E

Crossword Answer

CROSSWORD

CLUES ACROSS

1. Blackbird (Scot.)
5. Part of (abbr.)
8. Large fish
11. Of urea
13. Mauna __, Hawaiian volcano
14. Organized crime head
15. Bird genus
16. Curve
17. Greek sophist
18. Thick river fish
20. Negative
21. Young woman (French)
22. Extra features
25. Luckily
30. Pounced
31. Congressman
32. 92543
33. Flemish names of Ypres
38. Spherical body
41. Imply
43. Popular zombie TV show
45. Drink
48. Used to have (Scottish)
49. Former hoopster Heard
50. California graffiti artist
55. Managed
56. Irish military organization
57. Felt ill
59. Larkin, Rose, Bench
60. Used to catch fish
61. Jewish spiritual leader
62. Andahuaylas Airport
63. Google development expert
64. Cheek

CLUES DOWN

1. Central European river
2. Actor Bana
3. 20th letter of the Hebrew alphabet

1	2	3	4		5	6	7		8	9	10
11				12		13			14		
15						16			17		
	18				19		20			21	
				22	23				24		
25	26	27	28	29							
30						31					
32								33	34	35	36
				38	39	40		41	42		
				43			44				
	45	46	47								
48					49			50	51	52	53
55					56				57		58
59					60				61		
62					63				64		

4. Southeast Asian ethnic group
5. Celestial body
6. Investigator
7. Tangible
8. Type of television
9. Opaque gems
10. Portion
12. Carriage
14. Women's undergarment
19. Of sound mind
23. Mentally ill
24. Office skill
25. Follicle-stimulating hormone
26. An obligation to repay
27. Read-only memory
28. The lower end
29. Billy knew a girl from here
34. Not the beginning

35. He wrote "The Raven"
36. When you'll get there
37. Celtics legend Auerbach
39. Making fun of
40. Made dim
41. Heston character El __
42. Small integers
44. Unarmed combat
45. Made of wood
46. Rex and Sorenson to name two
47. Affixes
48. Wife of Zeus
51. Swiss river
52. Prejudice
53. Actor Idris
54. Runnin' __: UNLV nickname
58. Criticize

ANNOUNCEMENT

ANNIVERSARY



**Congratulations to
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**Congratulations
Barry and Merle Tomyk
on your 50th Wedding Anniversary
July 23, 2016
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-Love always,
Mary-Ann, John, Autumn and Blake;
Patty, Sean, Naudia, Jasmine, Ezra, T-Yana;
and Ron

ANNOUNCEMENT

IN MEMORIAM



**Mervin Farmer
July 3, 1938 - July 24, 2012**
Not a day passes by, Dad
that you don't cross my mind.
Not all of you departed
when you left our earth behind.
In my heart there is a place
that only you can hold.
filled with loving memories
more priceless than gold.
I know you still hear me Dad
so please know this is true
that everything I am today
is all because of You.

- Lovingly remembered by
Lana, Jeff and family

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ANNOUNCEMENT

CARD OF THANKS

Roger Ledochowski – Sincere and heartfelt thanks to our family and friends for your expressions of sympathy and kindness after the passing of our dear son, Roger. Words cannot express how thankful we are for you generosity in bringing food, flowers, and more to our home. Your visits were much appreciated! Thank you to all the doctors, nurses, and home care workers who provided him with excellent care for many years. To everyone who attended his memorial service, your support means a lot to us. We wish to thank in particular the pallbearers, who were great friends to Roger; those friendships meant the world to him.

-Sincerely,
George and Laura Ledochowski
and family

OBITUARY

**Ileen Mary Aleen Anderson
(nee Dyrda)
1937-2016**



It is with great sorrow and heavy hearts we announce the passing of our beloved Ileen on July 12, 2016 with her family by her side at the age of 78 years while visiting in Victoria.

Ileen will be sadly missed by her husband William (Bill) of 51 years; her children Brent (Michelle), Kathryn (John), David (Heather); grandchildren Jesse (Ashley), Brittny, Brendan, Allison, Reagan, Tanner, Kian; great-grandson Ramses; brother Myron (Sharon); sisters-in-law Hazel Dyrda, Shirley Wonnacott, Elsie Anderson; Aunt Pearl Dziedzic and numerous nieces, nephews and friends. Ileen was pre-deceased by her parents John and Mary Dyrda and her brother Harold Dyrda.

Ileen was born and raised in Teulon, MB on a mixed farm. She went to teachers college and taught at schools in Hyche, Matlock and Grand Marais. It was while teaching in Grand Marais that she met the love of her life Bill. Ileen and Bill were married on July 10, 1965 and moved to Stonewall to raise their three children.

Mom's family was her first priority and her love for them was unconditional. Ileen enjoyed following her children and grandchildren around with their sports and activities. Mom was a member of the Stonewall United Church where she taught Sunday school.

In 1996, Ileen contracted Churg-Strauss Syndrome which changed her life forever. Mom became confined to a wheelchair but with her faith, strong will and the most supportive husband a wife could ask for, Ileen continued to enjoy life for another 20 years.

Along with her flowers and garden, mom cherished any time spent with her family; including yearly visits to Victoria to see her daughter's family.

Mom's family wishes to thank Dr. Pinniger and the Stonewall hospital staff; her dedicated homecare workers that helped to look after her over the years and the Adult ICU team at Victoria General Hospital.

A funeral service was held at the MacKenzie Funeral Home in Stonewall, MB on Wednesday, July 20, 2016 at 1:00 p.m. followed by interment at the Stonewall Cemetery.

In lieu of flowers, donations can be made to The Manitoba Lung Association 629 McDermot Ave, R3A1P6.

'Forever in our hearts.....we love you mom'

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OBITUARY

**Ronald Edward Rothwell
June 12, 1938 – July 13, 2016**



Ed passed away at Stonewall Hospital after a long, courageous battle against cancer.

He lived in Woodlands his entire life. He worked in reprographics first at Marshall Wells, and finally at Manitoba Telephone System where he retired after 25 years of service.

He married the love of his life Judy (D. J. Byron) in 1959, and was married 58 years. Ed loved his horses, coaching his children in sports, fishing, golfing, camping, bird watching and lunches at Sig's with brother Glenn (Mary Ann), Walter, Marvel; and family members.

Ed is survived by his loving wife Judy and five children – Kim (Marty) Meyers, Debbie Paul, Tracey (Miles) Sigurdson, Tim Rothwell, and Chad Rothwell.

Ed dearly loved and enjoyed his 10 grandchildren – Brent, Dale (Brandy) and Thomas (Dana) Meyers; Mathew (Erika) and Josh Paul; Scott, Brad (Amber) and Thor (Carlene) Sigurdson; Katie and Cameron Rothwell; and five great-grandchildren – Serenity, Tora, Jace, Kinley and Kali.

Ed is also survived by his brother Glenn (Mary Ann) sister Irene Grandmont and sister Edith of Port Alberni.

A beautiful private family service, officiated by Bob Boyd was held at MacKenzie Funeral Chapel, Stonewall on July 16, 2016.

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