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VOLUME 8 EDITION 29

THURSDAY,
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Fun in the Sun



TRIBUNE PHOTO BY JO-ANNE PROCTER

The sun was shining on the last day of camp at New Life Church in Stonewall last Friday, making it ideal for water games, which, of course, ended up in a water fight with children ganging up on Pastor Hildebrand. The Maker Fun Factory was the theme of the weeklong day camp, with friends taking part in creative games, amazing experiments, surprising adventures, lip-smacking snacks and fun music.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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Communities in Bloom judges coming to Stonewall

Judging will take place in town on July 26

By Jennifer McFee

It's time to showcase Stonewall's beauty for two national Communities in Bloom judges who will be in town next week.

Lucie Gagné of Quebec and Stephen Jewczyk of Newfoundland will be travelling to Stonewall to evaluate the town in the 4,501 to 15,000 population category. The duo will arrive in the afternoon on Tuesday, July 25. Then Wednesday, July 26 will be jam-packed with a full-day evaluation, and the judges will pack up to leave mid-

afternoon on July 27.

"Generally, most residents in town keep their yards very tidy and well manicured," said Sandra Smith, a councillor representative for Communities in Bloom.

"One of the more positive comments that we've received from the judges year after year is how clean Stonewall is. It's evident that residents take pride in taking care of their yard."

Smith said they are hoping to do even better this year than they did last year, when they achieved five blooms



TRIBUNE PHOTO BY JO-ANNE PROCTER

Communities in Bloom chairperson Tanya Daher and committee members were been busy tidying up Main Street before judges arrive next week. Pictured from left, Sarah and Robert Daher, Irene Pearson, Linda-Faye Chapman, Kris Laxdal and Tanya Daher.

with a score of 82.02 per cent. The evaluation is based on tidiness, environmental action, heritage conservation, urban forestry, landscape and floral displays.

Other competitors in the same population category include Bay Roberts, N.L.; South Huron, Ont.; and Whitecourt, Alta. The results will be announced at the national symposium and awards ceremony, which will be held in Ottawa/Gatineau from Sept. 13 to 16.

"As much as we feel we did very well last year, we would definitely like to improve," Smith said.

"We had a couple of cleanups earlier this year and that really helped a lot."

Communities in Bloom focuses on enhancing green spaces in communities. The non-profit organization aims

to foster civic pride, beautification and environmental responsibility through community involvement, bolstered by the friendly challenge of a Canada-wide competition.

The Town of Stonewall encourages businesses and residents to tidy up their properties before the judges arrive. For anyone who would like to get involved, there are still opportunities to lend a hand in Stonewall before the judges arrive.

"If any community members want to help, we're trying to get Main Street looking tiptop," Smith said. "If anyone notices any other areas that need some attention, it would be great if they could get in touch with committee members."

For more information, Smith can be reached at ssmith@stonewall.ca.

ClB Yard of the Week



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall's Communities In Bloom Yard of the Week honours were awarded to Joanne and Steve Woods. The Woods family have resided at 177-4th St. W. for 25 years and their mature yard is manicured and filled with perennials. The focal point at the front of the house is their showy white hydrangeas amongst roses, barberry shrubs, sedum and a lilac bush while the back yard is bordered with large hostas. Steve claims to be the grass cutter and states that Joanne is the designer and head gardener of the family. Be sure to stop in at Stonewall Home Hardware and fill out a ballot to nominate a yard of the week.



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Learn about the homestead on Prairie Dog Central

By Jennifer McFee

All aboard!
Prairie Dog Central Railway is hosting a special event called Tales from the Homestead on Sunday, July 30.

Passengers can sit back and enjoy stories told by local historian Bill Massey during their journey to Grosse Isle.

Massey will speak about the experiences of his grandfather Will Massey, who moved to Canada from England in 1903.

"He was an Anglican minister's son and he spent a little time in the British navy. When he came to Canada, he knew nothing about farming so he got hired on as a farmhand. He worked for a farmer and ended up marrying the farmer's daughter," said Massey, who lives on a small farm near Grosse Isle. "By the time they had four children, which would have been 1918, he decided to go homesteading in an area northeast of Ste. Rose du Lac. Of course, there wasn't much land left in those days to homestead, but grandfather wanted to homestead so he got this quarter and went up there with his family."

Massey will share stories about their survival in that area as well as further events in his life.

"He left the homestead and went south to Killarney and farmed there for a while," he said. "His experience in the Depression was similar to a lot of people at that time."

During the train trip, Massey will provide a brief presentation in each car and will also read some of his grandfather's poetry.

When passengers arrive at the site, they'll have the chance to enjoy other activities along the same theme, such as building hay bale forts.

"There will be miniature wool blankets for the young pioneers to put together and take home with them. There will be haying equipment that we use on our farm, which is probably 60 or 70 years old. It will be on display and there will be a person there to interpret it," said Williams, who plans to have historical maps and documents on display.



TRIBUNE PHOTO SUBMITTED

Prairie Dog Central offers many highlights throughout the summer, including the upcoming Tales from the Homestead event on July 30.

"My neighbour is going to be pulling my hay wagon with his tractor, and hay rides are an option if people want to do that. And once people have had a chance to have their lunch, I'll invite them to join me under the big tree by the heritage house and I will continue the tales of the homestead at that point."

For the Tales from the Homestead event, the train departs Inkster Junction Station at 11 a.m. and returns at 3:15 p.m. Tickets are available by calling the Prairie Dog Central office at 204-832-5259 or on the website at www.pdcrailway.com. Discounts are available for groups of four.

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Rockin' fun time for Teulon daycare

By Jennifer McFee

The wee ones at Teulon Daycare had a rocking good time during a visit to a local lapidary shop.

On July 10, nine kids and three adults dropped by Alan Williams' rock shop to see his impressive collection of fossils, gemstones, crystals and much more.

Williams is no newcomer to the hobby, since he's been at it for 62 years.

"Every kid picks up rocks. When I started picking up more colourful rocks, my parents finally got me a rock tumbler one year for Christmas. My hobby just mushroomed from there," he said.

"I started making and selling jewelry. Then I bought more expensive equipment and joined the Winnipeg Rock and Mineral Club."

While he lived in the city, he started a retail business from his Charleswood home. Then in 1985, he and his wife moved to a farm north of Teulon and Williams hauled the collection with him. Nine years ago, they moved to town and had to leave some of the collection behind.

Continued on page 5



TRIBUNE PHOTOS BY JUDITH DEDRICK-WILLIAMS

Wee ones from Teulon Daycare visited Alan Williams to see his extensive rock collection that he has gathered over the past six decades.



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TRIBUNE PHOTO SUBMITTED

Alan Williams has a large collection of rocks, gemstones, fossils and crystals.

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Tribune

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Customers helping customers



TRIBUNE PHOTO BY JENNIFER MCFEE

Last Wednesday, One Insurance donated \$307 to the Interlake Food Bank. The Stonewall branch raised funds at its annual Customer Appreciation Day, which was held on June 9. Branch leader Kyle Towerzey presented the cheque to food bank chair Karen Chaboyer.

> TEULON DAYCARE, FROM PG. 4

Over the years, Williams has set up shop at Gimli's Icelandic Festival and he also worked with teachers who wanted to learn how to incorporate rocks and minerals into various subjects in the classroom.

These days, Williams continues to proudly showcase his special finds. He said he probably has the largest ammonite fossil collection in Manitoba, with more than 1,000 pieces. He is also particularly fond of his enhydro, a rare rock with water trapped inside.

He showed the youngsters his display, explained how the rocks were formed and answered their curious questions. And the kids didn't leave empty-handed, since Williams gave

them each two halves of a small ammonite fossil as well as a piece of jewelry made from stone. He also catered to the kids' interest in dinosaurs by reading a dino-themed book to them and providing a dinosaur poster for the daycare.

For Williams, the hobby has proven to remain interesting at all ages.

"This is a good hobby, especially for seniors," he said.

"If you can get a nice hobby like this and learn from other people who are enjoying the hobby too, why not?"

The public is welcome to visit his rock shop and can make arrangements by calling him at 204-886-2536.

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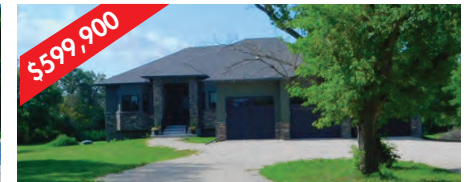
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Wasn't that a party

By Jo-Anne Procter

There was fun for all ages at the Canada 150 celebrations at the Grosse Isle Heritage Site last Saturday. Once the Prairie Dog Central rolled into town, Heritage Committee member Miles MacFarlane introduced Selkirk-Interlake-Eastman MP James Bezan, Rockwood Reeve Jim Campbell and Rosser Reeve Frances Smee to welcome guests and recognize the many reasons for celebrating our country. Highland dancers from Headingley entertained and Belle and Batman mingled with guests. There was a petting zoo, vendors, face painting, inflatable bouncers and games for the children throughout the day, which ended with a community barbecue steak dinner.



While grandkids were busy playing, grandmas Heather Corbett, Pat Findlay and Arla Beachell had a visit with Batman.



Belle visits with Scarlette, Fallon and Georgia Campbell.



Batman shared some stories with his fan Eric Johnson.



Warren and District Lions member Walter Hagborg gave train rides for the afternoon.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Miles MacFarlane, master of ceremonies for the afternoon, welcomed guests, introduced local dignitaries, and thanked Heritage Committee members and volunteers for organizing the 150 celebration.



Cousins Eli Grassinger, Connor deLaroque and Duncan Grassinger enjoyed the inflatable bouncers.



Jasper Bain of the Highland Hoppers Dance group performed.



The rock painting station was busy with children decorating rocks for the Heritage Site. Pictured left to right: Colby Darragh, Meekah Brown, Jacy Baldwin, Lincoln Brown, Hayden VanKemenade and Alicia MacFarlane.

McKillop team donates to Kinsmen splash pad

By Jennifer McFee

Things are going swimmingly for the Kinsmen splash pad project, thanks to a \$10,000 contribution from the McKillop team at RE/MAX Town and Country.

The Stonewall Kinsmen Club is planning to build a new splash pad at Kinsmen Lake at Stonewall Quarry Park to provide as a gift to the Town of Stonewall. The local service club is working hard to raise funds to cover the project costs of approximately \$160,000 plus taxes and contingency funds.

The McKillop team is proudly supporting the cause — and they encourage other businesses and individuals to also consider getting involved.

"It's an over-time donation. We're committed to donating \$10,000 by the end of the project. We're making progressive payments as the project comes together," said Brandt McKillop, who is a member of the splash pad committee.

"All of the agents on my team are supporting it. We all have our own customer base and we're all putting a

shoulder in behind this project."

For every real estate deal that they do in Stonewall and surrounding areas, the McKillop team will set aside a certain amount to donate on a quarterly basis. So each time someone buys or sells a property through RE/MAX Town and Country, they can feel good knowing that they are also helping to fund a new community amenity.

"We want to put our support behind the Kinsmen. It's a dual support situation — we're helping them to help us," he said, adding that other people can help reach the fundraising goal by working with the McKillop team to buy or sell their home.

"I grew up in this town, and Kinsmen Lake was an integral part of it. It's a great cause and it's going to be a real addition to the whole complex."

People of all ages will be able to enjoy the new splash pad, he added.

"If you've got little toddlers, you can relax a little bit at a splash pad, whereas if you're at a lake or a pool, you need to be more on guard," he said.

"And it's not just for the kids. There



TRIBUNE PHOTO BY JO-ANNE PROCTER

The McKillop team is donating \$10,000 to the Kinsmen splash pad project.

are lots of seniors who would like to go in the lake but they're not that stable. They can get refreshed at the splash pad once it's installed."

The Kinsmen are currently working towards a program that will enable

them to issue tax receipts for donations, which should be in place by the fall of 2017. The projected completion date for the splash pad will be in the summer of 2018.

letters

Letters to the Editor: letters@stonewallteulontribune.ca

Teulon residents want local politicians to stand up for Hunter Memorial Hospital

A friend of mine recently shared that she had attended a work-related meeting in Eriksdale and the topic of health care and hospitals was raised. She was asked if the residents of Teulon are protesting the closure of their hospital. And if not, why? They were dumbfounded by the fact we are not fighting for our hospital. And so am I.

Eiiksdale/Lundar residents and council protested the impending closure of their emergency room. Why can Teulon not organize and hold our own protest as we are in the same situation?

Why is our elected council not asking us to take part in a protest and take back what we have always had: a working hospital and ER. The Teulon and area ancestors worked hard to create and develop one of the finest hospitals in the Interlake, and I'm sure their vision wasn't to see it turned into a personal care home.

The squeaky wheel gets the grease and that was obviously the case in Eriksdale.

Why can Teulon not do the same? Why are we just sitting here complaining about the disgrace that is Teulon's "health care" or lack of and not doing something to change it?

I hear on a daily basis how people have to leave Teulon to get a simple prescription refill from a doctor in a neighbouring town because they are not able to see the one and only doctor in Teulon. Why aren't our business owners outraged and banging on Council and Chamber of Commerce doors demanding action to rectify the disgraceful lack of health

care in our town? It is not rocket science to realize that every citizen who travels from Teulon to see a doctor probably has their prescriptions filled in that town's pharmacy, and chances are they are buying groceries etc. in that town as well. Money is being taken away from Teulon businesses due to the doctor and hospital situation. Elected council and The Teulon Chamber of Commerce should be fighting this along with all concerned residents! I, for one, would be there if council decided that a protest is in order to bring health care back to Teulon. It should be the council who spearheads this protest as they were elected to office to serve all of Teulon in every regard. Our council has made no effort to seriously tackle this problem.

This town has lost its charm and sense of pride.

It is not too late, if only mayor and council would do what is right, and as our elected officials, they have an obligation to do so.

They should all be leading us in whatever measures need to be taken in order to bring Hunter Memorial Hospital back to its glory days — a full functioning hospital with a complement of fully trained doctors, nurse practitioners; etc. and all the amenities that we once had.

Perhaps then Teulon could once again be known as a "great place to come home to." And the pride we once had would return.

Barb Mankewich

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Family memories while fishing

Welcome, folks.

Weaving his way through a busy life, Greg Doaks' love for his sons has always been of the greatest importance to him. One morning some weeks ago, his thoughts fell upon his three boys as he looked out his kitchen window past his front lawn to the flowing waters of the Red River. He had a little extra time coming up, so he thought maybe a fishing trip would refresh his closeness to them.

Realizing he knew less than nothing about such an endeavour, he picked up his phone and called Dan Kiazyk of Cat Eye Outfitters.

"What kind of fishing would you like to do?" Dan asked Greg after they exchanged pleasantries.

"Well, something big. Something the boys will remember all their lives," Greg reasoned.

"How about going for master sturgeons?" Dan offered.

The idea immediately excited Greg. He exclaimed, "That's a great idea!"

"Don't worry about a thing. I'll put together what we need and we'll take off tomorrow for Point du Bois where the big fish are," said Dan.

The sun had just come up the next morning and was glistening off the river waves as Dan's truck and big aluminum boat sat in front of Greg's driveway. Dad and the boys piled into their truck and off the convoy went.

It was hot in the blinding sun when they reached the boat launch. The roar of the spillway water from the dam and the gusty wind roused the boys from their nap while driving here. Soon fishing gear, food and aspiring anglers settled into the large boat and Dan pointed it for a spot downstream. It would be nice to see a sturgeon, Greg thought to himself as they anchored.

"It sure would be nice to catch something," he further uttered aloud as everyone hopefully cast their lines out.

A mischievous knowing smile came over Dan's face. Then Greg's rod end shook. He looked at everyone in surprise. He had a fish. Automatically, he reeled in fast and then slowed, realizing what was on the end of his line wasn't big. A six-inch little bass popped out of the water to the jeering of his sons.

Dan had made up specific rigging he felt suited to catching sturgeon and now it began to work. Jackson got the first strike. Dan coached him, urging him to be patient, to play his fish.



TRIBUNE PHOTO SUBMITTED

Dan Kiazyk shows off his catch.

On the other side of the boat, Carlin felt a hit. Then Rory's rod snapped right down into the water. Excited chaos overtook everyone. Shouts and joyous cries filled the boat as the boys played their sturgeons — that is, everyone except dad.

The boys trembled with delight as hour after hour they caught and released those ancient fish, but unlucky dad caught nothing except his little bass. Maybe it was the slight forlorn look on his face, but the boys flushed with their success. As the afternoon was coming to an end, Rory handed his dad his rod with the last sturgeon on line so he could bring it in and have his picture taken with it. It had been a long day in the sun and wind but now the boys were tired. Their truck tires sang on the highway toward home as the boys slept, breathing softly.

Dad drove silently, occasionally looking at his slumbering young men, feeling a warm completeness that many fathers rarely get to feel. It had been a perfect day.

All last week, everywhere I went, the wind had made

Continued on page 10

Stonewall Teulon
Tribune

The Selkirk Record

The Winkler Morden Voice

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Dragon Boat fundraising underway for local team

By Jennifer McFee

Quarry Physiotherapy is making waves through its efforts to raise funds to help Manitoba kids living with cancer.

The local clinic is proudly participating in the 2017 Manitoba Dragon Boat Festival, which raises funds for the CancerCare Manitoba Foundation and the Children's Hospital Foundation of Manitoba.

And fundraising efforts are off to a strong start, since they raised \$993 in donations at their second annual customer appreciation fundraising barbecue on June 23. Quarry Physiotherapy provided all of the mouth-watering food, so 100 per cent of the donations and proceeds from the raffle ticket sales will go directly to the cause.

On Sept. 8 to 10, several Quarry Physio staff members will participate on the Dragons inMotion team in the Dragon Boat Festival at The Forks. This team consists of employees, families and friends from all the inMotion clinics: Quarry Physiotherapy (Stonewall, Gimli, Arborg and Gillam) as well as sister clinics Creekside Physiotherapy, Physiotherapy Works, Portage Physiotherapy and Sage Creek

Physiotherapy.

In total, 25 people make up a full team, with 20 paddlers, a drummer, a steersman and three spares.

Team manager Kyla Lenio-Slack has been participating in the Dragon Boat Festival since 2003. A few years ago, her team disbanded due to a lack of sponsorship. She woefully expressed her disappointment to Scott Allan, owner of the clinics. When he suggested that they start their own team, she was overjoyed.

Last year, the Dragons inMotion team participated for the first time — and, impressively, ranked first in the Mixed Rec Division 2 category.

For Lenio-Slack, she not only enjoys the experience of dragon boating but she also strongly supports the cause.

"Cancer has affected all of us in some way — family, friend, partner, pet," she said.

"I lost my dad in 2004 to it and since have become very passionate about dragon boat and the festival. I could never imagine having to watch one of my children go through what he did."

All of the funds raised stays in Manitoba to help with costs for research, treatment and travel, since many rural children need to go to the city to be



TRIBUNE PHOTO BY STEPHANIE DUNCAN

Quarry Physiotherapy held their second annual customer appreciation fundraising barbecue on June 23. Pictured left to right: Torey Kirk, Sherry Scott (partner with the inMotion Network and Physiotherapist at Creekside Physiotherapy), Ryan McGee (friend of the clinic and member of dragon boat team Dragons inMotion), Kaitlin Thomas, Leslie Roer, Kyla Lenio-Slack and Scott Allan.

treated.

The Dragons inMotion team is aiming to raise at least \$5,000. Anyone who would like to make a donation

can do so online at <http://support.cancercarefdn.mb.ca/goto/dragons-inmotion> or drop by Quarry Physiotherapy at 3-347 Main St. in Stonewall.

Charison granted permission to revive air landing strip

By Jennifer McFee

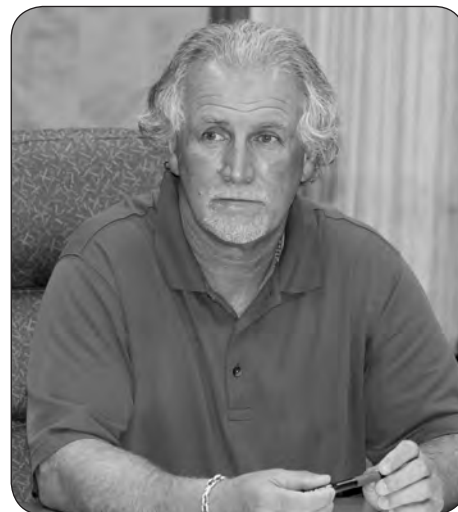
At the July 12 council meeting, Rockwood council granted permission to Charisons' Turkey Hatchery Ltd. to allow for an aircraft landing field on his property on Road 7E subject to conditions. The business owner requested conditional use to revive an old air landing strip and storage hangar on his property. He plans to use the airstrip for recreational purposes only and he estimates that it would only be used about three times per month.

They also heard from a delegation with a drainage proposal for Grassmere Drain and East Shoal Lake. They are requesting support from the RM of Rockwood.

In other council news:

- Council approved drainage applications for the Gendzelevich properties. The property owner will need to install a berm with a culvert and flap gate at the discharge location of the field drain.

- Council authorized the public works department to buy a 2018 Chevrolet Silverado 1500 crew cab from Selkirk GM for \$34,490.52 plus taxes.



Curtis Charison of Charisons' Turkey Hatchery requested conditional use to revive an old air landing strip and storage hangar on his property.

They will also buy a 2018 T370 Kenworth from Custom Truck Sales for the net price after trade of \$135,040.65, which includes the warranty and taxes. It will be purchased through a lease-to-own program on a 60-month with monthly payments estimated at \$2,630.



TRIBUNE PHOTOS BY JENNIFER MCFEE

A delegation met with council to discuss drainage into Grassmere Drain and East shoal Lake. In attendance were Fred deLaroque, Lee Wirgau, Leonard Dziedzic, Gerald Tom, Stewart Tataryn and Orval Procter.

- The utility department will buy a new GMC Sierra 1500, four-wheel drive with regular cab, from Selkirk GMC for \$34,874.06, which includes taxes.

- Public works will work with Precision Land Solutions for drainage projects. The company will need to correct deficiencies on Road 14E before any work is undertaken on roads 12E and 86N.

fore any work is undertaken on roads 12E and 86N.

- The RM of Rockwood will submit an application to the Manitoba Highway Traffic Board to request a school speed zone of 30 kilometres per hour in Balmoral on PR 236 (Road

Continued on page 12

Drop Zone Divas to rappel off Manitoba Hydro Place

By John Bruce

We all deal with our fears in different ways. Donna Grieve, 54, of Stonewall will face her fear head on — by jumping off a roof.

"I'm terrified of heights," Grieve said. "But I challenge myself to overcome my fears."

On August 27 Grieve will rappel off the roof of Manitoba Hydro Place, a skyscraper in downtown Winnipeg. She will descend from the edge of the tower with nothing but a rope around her waist and 22 storeys of air beneath her.

It's called Easter Seals Drop Zone, a fundraising event benefitting the Society for Manitobans with Disabilities (SMD).

The cause is close to Grieve, who had a cousin who lived out his life at St. Amant, a Winnipeg centre for people with disabilities, after a traffic accident. As a child, she visited him on weekends.

"We made friends with kids who lived there," Grieve said.

Since her cousin's death at 21, she said helping people with disabilities has been dear to her.

This is the latest of Grieve's adven-



TRIBUNE PHOTO BY JOHN BRUCE

Interlake gal to rappel Manitoba Hydro Place for Society for Manitobans with Disabilities.

tures since her mother died of brain cancer in 2001.

"On her deathbed, she took my hand and said 'I haven't done anything yet, and there was so much I wanted to do,'" said Grieve. "I vowed after that to live my life to the fullest. I'm taking her with me on this."

Her mother's words gave her the strength and the courage to pursue her dreams, like bodybuilding to compete in figure contests. She came in first place at a contest after two years of training.

She will train for Drop Zone at a

Winnipeg rock-climbing gym and rappel with her friend Janet Hewitt. They are calling their two-woman team the "Drop Zone Divas."

"I'm going to wear some kind of super-hero costume," said Grieve. "I'm hoping Wonder Woman but we'll see."

Grieve and Hewitt both work in risk management.

"Risk managers risking it all," Donna jokes. "The risk of (something) happening is low, but the severity is high because it almost certainly ends in death, but I'm not worried one bit. The hardest part for me will be stepping

off the building."

Grieve has been visualizing that moment to mentally prepare herself for the adrenaline rush.

She has already raised over \$1,000 for the event and hopes to reach her goal of \$1,800. In total, team Drop Zone Diva has raised over \$2,500, putting them in first place.

You can visit the SMD website to donate to Grieve. Visit www.thedrop-zone.ca/Winnipeg.

You can also go to the Hydro Building on Aug. 27 to cheer her on.



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> GET FISHING, FROM PG. 8

waves so high our fellow anglers just decided to stay home.

Finally, I found two hardy souls, Lou Noghi and his wife Marcela, who I found on the lee side of the Winnipeg Beach harbour trying for some pickarel. Lou was a tall lanky chap with

a short salt and pepper goatee who liked to cross his arms and shrug his shoulders while talking. Their English had a Romanian accent, and I became quite taken with Lou's story of how he and his buddies fished off the banks of the Danube River when they

were kids. They would wind some line around a glass coke bottle, bait their weighted hooks, toss the lines out, leave the bottle on shore and go play. When they were ready to go home, they would wind up the line, and if they had a jackfish, fine. If not, well, there was always tomorrow.

So-long. Till next time, friends.

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Grilled Lemon-Basil Pork Chops with Lemon-Basil Orzo



Serves: 4
4 bone-in ribeye (rib) pork chops, about 3/4-inch thick
3 small lemons
2 tablespoons olive oil
5 cloves garlic, minced
1 1/2 tablespoons fresh basil, chopped
8 ounces orzo
salt, to taste
pepper, to taste
Zest and juice lemons. In small bowl, combine lemon zest, lemon

juice, olive oil, garlic, and basil. Set aside 3 tablespoons of mixture. Transfer remaining mixture to large resealable bag and add pork. Set aside for 30 minutes, turning occasionally.

Meanwhile, prepare orzo according to package directions. Drain and return orzo to pot. Stir in reserved lemon-basil mixture and salt and pepper to taste. Set aside to cool to room temperature.

Prepare a grill to medium-high heat and lightly oil grate. Remove pork from marinade; discard marinade. Season pork with salt and pepper and grill until internal temperature reaches 145 F, about 4 minutes per side. Remove chops from grill and let rest 3 minutes.

Serve chops with orzo.

Radicchio Salad with Olives, Chickpeas and Parmesan



Recipe courtesy of the Simply Recipes blog
Prep time: 15 minutes
Resting time: 10 minutes
Serves: 4-6
1/4 cup sunflower seeds
1 large head radicchio (10-12 ounces)
1 can (16 ounces) California green ripe olives, drained, rinsed and roughly chopped
1 can (16 ounces) chickpeas, drained and rinsed
1 cup finely grated Parmesan cheese, divided
3 tablespoons balsamic vinegar
4 tablespoons olive oil

1/4 teaspoon salt, plus additional, to taste

1/8 teaspoon fresh-ground black pepper, plus additional, to taste

Add sunflower seeds to small, dry skillet. Toast over medium heat, stirring occasionally, until seeds are toasted around edges and smell fragrant.

Transfer seeds to bowl to cool.

Peel away and discard a layer or two of outer radicchio leaves if they look wilted or battered. Cut head of radicchio into quarters through root. Trim away root.

Cut each quarter crosswise into strips, 1- to 1 1/2-inches thick. Transfer to large mixing bowl.

Add olives, chickpeas and 3/4 cup cheese to bowl with radicchio.

Whisk together balsamic vinegar, olive oil, salt and pepper. Pour over salad and toss gently until ingredients are evenly coated. If cheese clumps together, break apart with spatula and stir in.

Let salad stand at least 10 minutes, or up to an hour.

Add additional salt and pepper, if desired. Serve salad on individual plates or one shared platter. Top with remaining cheese and toasted sunflower seeds.

Substitution: If radicchio is unavailable, try frisee, endive or another bitter green.

Note: Salad is best served within one hour of preparation, but can be stored in airtight container in fridge for several days.



Do you expect your partner to make you happy? If you do, you could be setting your relationship up for failure. Somehow we are able to let go of the Tooth Fairy and Santa, but we still want to hold on to the knight in shining armor or the beautiful maiden who will make our dreams come true.

On a deeper level it may be that we expect our partner to provide all of the loving, nurturing and support that we may not have received from our parents, and may not be getting out in the world. Many relationship difficulties can be traced to an ongoing struggle, like a tug-o-war, where each is trying to get the other to be the caregiver. This may be happening on a subconscious level, while on a conscious level it may manifest as arguments about who should get the groceries, or someone spending too much time in front of the T.V. set.

Part of the problem is that with our pace of life, we do not take enough time to nurture ourselves. If our emotional tank is running on low, then we just want someone to fill it up. We may end up siphoning from one another, until both are running on empty.

While there are certainly times when one is able and willing to be the giver,

Happiness Within

while the other blissfully receives, it is important that both partners take some responsibility for their own wellbeing. This might mean taking care of ourselves physically, with proper rest, diet and exercise, so that we can maximize our energy level. It might mean tending to our spiritual side, and staying in touch with what life is about. It could also mean doing the things we love to do individually. Too often people gradually give up things that they love because their partner doesn't.

When we start out in a new relationship, we put a lot of effort into showing the other how wonderful we are. It can be hard to keep this up, so we begin to slip a little, but continue to expect (admit it) the other to continue being totally wonderful, and to compensate for whatever our lives might be lacking.

The real key to our happiness is to put ourselves in charge of it. Do some things that make you feel terrific. Energize yourself and vow to get the most out of life, regardless of how others approach it. The good times with your partner can be the icing on the cake: delightful to have, always tasting like more, important for sure, but not the only source of your happiness. This way, you both can bring more into the partnership, and there is more to draw on in time of need.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on FaceBook for daily inspiration.

Shaved Brussels Sprouts and Kale Salad



Salad:

3/4 pound Brussels sprouts, ends trimmed, outer leaves removed and sliced thin

1 head Lacinato kale, tough ribs removed and sliced thin

3/4 cup coarsely chopped, roasted, salted almonds

1/2 cup dried cherries

sealable GladWare container

To make dressing: Place lemon juice, mustard, syrup and olive oil in small container or jar and shake vigorously. Season, to taste, with salt and pepper, and shake again.

To make salad: In mixing bowl, toss Brussels sprouts, kale, almonds and cherries together. Mix in dressing and toss to coat evenly. Serve immediately.

If making ahead, store dressed salad in sealed container for up to 24 hours.

Recipe courtesy of Ayesha Curry on behalf of Glad

Dressing:

3 tablespoons lemon juice

1 tablespoon whole-grain mustard

1 teaspoon maple syrup

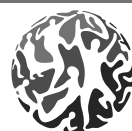
1/2 cup extra-virgin olive oil

small GladWare container

kosher salt, to taste

ground black pepper, to taste

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Finalists announced for the Emerging Filmmakers Competition

Submitted

On Screen Manitoba, RBC and the Gimli Film Festival are pleased to announce the finalists for the 2017 RBC Emerging Filmmaker Competition. This year saw a record-breaking number of submissions from 22 emerging Manitoban filmmakers.

Filmmakers will pitch their projects to a jury of industry professionals in front of a live audience during the Gimli Film Festival on Saturday, July 29, 10 a.m. at the Gimli Theatre. Included are: Alan Wong - Dreams; Alex Ateah - Heel; Jackson Peters- Your Mileage May Vary; Justin Lamoureux - The Alligator: The Beast of Manigotogan River; Miles Crossman and Nicola Baldwin - If It Ain't Got.

The jury will select one filmmaker who will be awarded \$10,000 in production funds through the RBC Emerging Artists Project, a mentorship with industry professionals from the National Screen Institute, a one-year membership to On Screen Manitoba,

a \$2,500 gift certificate courtesy of William F. White and a premiere screening of their film at next year's Gimli Film Festival.

The program will open with the premiere screening of the short film *The Debut* from Solmund MacPherson and Allegra Chiarella, winners of the 2016 pitch competition.

Participating filmmakers are then given three minutes to pitch their short film ideas to the panel of industry professionals and a live audience at the Gimli Theatre.

Following each pitch, the jury has five minutes to offer feedback and to ask questions. Once every pitch is completed, the jury deliberates and selects a winner.

"We're very excited to hear the pitches for this year's RBC Emerging Filmmaker Competition at Gimli Film Festival and to get to know more of the amazing talent waiting to be discovered," said Aaron Martyniw, RBC vice-president of commercial financial services. "RBC is proud to



TRIBUNE PHOTO SUBMITTED

The Gimli Film Festival will be held July 26-30 with the Emerging Filmmakers Competition taking place July 29.

help Manitoba's arts community thrive and we thank On Screen Manitoba and Gimli Film Festival for giving storytellers this chance to share their creative vision and the chance to make their leap to the big screen."

"The RBC pitch competition at the Gimli Film Festival opens the door for emerging talent in Manitoba. Many past pitch participants work in the Manitoba media production

industry today," said Nicole Matiation, executive director of On Screen Manitoba.

"With our media production business booming, there is real opportunity for people interested in a career in the industry. On Screen Manitoba looks forward to working with each and every participant as they develop their media production skills."

On Screen Manitoba, RBC and the Gimli Film Festival

would like to thank the National Screen Institute and William F. White for the generous prizes they provide for this competition. Manitoba's screen-based media community values their support and looks forward to continued partnership.

See full schedule at <http://gimlifilm.com/films/film-schedule/>

> ROCKWOOD COUNCIL, FROM PG. 9

85N) for 150 metres on each side of the school property.

- Road 80N between roads 12E and 13E will remain a mud road unless Oak Hammock Marsh pays for gravel.
- Council approved a variation to the front yard setback for Wayne Peters to build a veranda on his existing home.
- Council approved a conditional use application that would allow Robert and Jeanette Nagtalon to allow for a livestock operation on

their property on Road 8E between roads 95N and 96N.

- Council approved a proposed subdivision for Frances Kowalski's property on Road 10E subject to conditions.
- Council approved a request from Richard Maxwell and Brody Leathwood, owners of U-Build Inc., to build a cold storage shed on their property in the Rockwood Business Park. The approval for the fabric structure is subject to conditions, including that the owners will need to start construction on their permanent commercial building by June 1, 2018.
- Council defeated a request to cancel \$1,252.92 in 2017 property taxes for properties registered to the Nature Conservancy of Canada.

- The RM of Rockwood will provide equipment and labour to spread gravel in the parking lot for Stony Mountain Daycare Centre's new facility, but the RM will not provide the gravel. They will also extend snow removal and garbage pickup to the new site in addition to the existing location. As well, they will waive property taxes for 2017, 2018 and 2019 tax years and they will commit \$2,000 in kind to offset the cost of water and sewer hookup to the municipal system. At a previous council meeting, representatives from the daycare provided a wish list to council before construction begins on the new facility.

- Council defeated a request to donate a bench to the Oddfellows Hall.

- Balmoral Rec Centre received permission to extend its liquor licence for a beer garden on the grounds beside the rec centre on July 7 from 5 p.m. to 2 a.m. and July 8 from 11 a.m. to 2 a.m. during a

slo-pitch tournament. Council also approved the use of the arena in case of inclement weather.

- Council approved an application from the Teulon Rodeo Club to operate a barley garden from noon to 11 p.m. on Saturday, Aug. 26 and noon to 9 p.m. on Sunday, Aug. 27 within a designated area on the north side of the racetrack between the bleachers and food booth for a rodeo event. Council also approved the use of the RM's water truck for the weekend to water down the track for the chuck wagon and chariot races.
- Stony Mountain Institution was granted permission to host a 140th anniversary and Freedom of the Village event on Thursday, Oct. 5 in the townsite of Stony Mountain.
- Council authorized Jake Maendel and Joel Maendel to build a farmstead dwelling on their property on Road 90N subject to conditions.
- Council passed second and third readings of a bylaw to establish the Stonewall Rockwood Emergency Management Board and position of an emergency management co-ordinator.
- A public hearing for a zoning bylaw amendment for Maple Leaf has been set for Sept. 13 at 3 p.m.

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Summer dance camp outdoor performance



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Green Acres Arts Centre dancers performed for friends and family on July 14 on the outdoor stage. Dance instructors Alycia Campbell and Elena Modrzejewsk choreographed nine mini dance numbers which included ballet, hip hop, jazz and lyrical. Summer Camps will continue throughout the summer, and if anyone is interested in registering, it's not too late. Forms are available at the centre or online at www.green-acresartcentre.org. For more info, email gaac@mymts.net or call 204-886-3192.



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Coca-Cola Foundation partners with Ducks Unlimited

By Jo-Anne Procter

Coca-Cola has dived in headfirst to assist financially in conservation efforts to help save Lake Winnipeg.

The Coca-Cola foundation recently gave a \$200,000 grant to Ducks Unlimited Canada (DUC) in support of its Lake Winnipeg Watershed Program. This gift is part of a larger \$500,000 commitment made to DUC in support of wetland conservation and restoration throughout the province. Water stewardship and replenishment is a key component of Coca-Cola's sustainability efforts, which is why it has teamed up with DUC to do its part for conservation.

Coca-Cola Refreshments Canada president Bill Shultz visited DUC's national headquarters at Oak Hammock Marsh to officially announce this conservation partnership on July 11.

"Water is an important part of our

business and it's a vital resource for communities and nature. As a leader in water stewardship and sustainability, we are committed to our goal of replenishing 100 per cent of the water used in our beverages," said Schultz.

"Ducks Unlimited Canada has been an important part of helping us achieve our water replenishment goal here in Canada. Through their conservation work around Lake Winnipeg, we are improving freshwater and contributing to a cleaner lake for Manitobans. We feel a real responsibility and privilege to be working hard to be a leading corporate citizen when it comes to stewardship and protection of fresh water."

An important part of the solution to Lake Winnipeg's blooming algae problem is restoring and protecting the wetlands around it. Wetlands are key to almost every aspect of the province's water health.

Wetlands are natural filters that trap and hold sediment and pollutants. This includes excess nutrients like phosphorus that enter our water sources from run-off and sewage discharges. Wetlands also play



TRIBUNE PHOTO BY JO-ANNE PROCTER

Coca-Cola made a substantial donation to DUC at Oak Hammock Marsh on July 11. Pictured left to right: Teresa Woyna, general manager of Coca-Cola Refreshments Canada; Marcy Sullivan, chief financial officer for Ducks Unlimited Canada; Dave Howerter, director of national conservation for Ducks Unlimited Canada; Joel Longland, manager of sustainability for Coca-Cola Refreshments Canada; Scott Stephens, director of regional operations for the prairies for Ducks Unlimited Canada; Karla Guyn, chief executive officer for Ducks Unlimited Canada; Todd Longley of Coca-Cola Refreshments Canada; Bill Schultz, president of Coca-Cola Refreshments Canada.

a significant role in flood prevention by acting as sponges that capture, store and slowly release water over a long period of time. And by collecting

precipitation, wetlands also help recharge groundwater.

Scott Stevens, director of regional operations for the prairies, explained that to date, Coca-Cola's support has funded the conservation and restoration of 605 acres (245 hectares) of wetlands. This represents 403 million litres of water replenished. It also equates to a total of 5,400 pounds of phosphorus and 54,000 pounds of nitrogen removed per year.

"Despite the critical role wetlands play in the health of our water, they are among the most threatened ecosystems in the country," said Karla Guyn, chief executive officer for DUC. "Every day, we lose an average of 15 acres of wetlands in southwest Manitoba. Successful conservation requires the participation and support from all who live and work on the landscape. When organizations like Coca-Cola step up, it helps us to make significant conservation gains that benefit Canadians."

"The Coca-Cola Foundation has contributed \$500,000 to DUC for wetland conservation. This is an incredible gift and a testament to their commitment to environmental sustainability."

Lake Winnipeg is a defining feature of the province. With support from partners like the Coca-Cola Foundation, DUC is providing hope for the iconic lake and all who depend on it.

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Manitoba

Your FARM



Balmoral elk whisperers at the top of their game

By Patricia Barrett

The last thing you expect to see when you enter a huge paddock on the Stonewood Elk Farm near Balmoral is a pubescent elk with a patchwork winter coat galloping towards you at full tilt.

Is he coming to cut you to shreds with his razor-sharp hooves and stomp you to death the way he would a coyote that manages to burrow under one of the eight-foot-high-fenced pastures in search of a calf snack?

It's possible. But G-Boy, short for Golden Boy, is a farmed elk of a different character. Unlike his buck-mates, who weren't abandoned at birth and bottle-fed by ranch owners Kelly and Trevor Farmer, he knows he's in for a gentle chuck under the chin and a vigorous belly scratch.

Part pet, part herd-calmer, the two-year-old family favourite has playboy charm. Just short of the height of an average Canadian male, he'll nuzzle your neck, nibble your hair and attempt to rifle through your handbag. Good demeanour is a get-out-of-jail card: G-Boy won't be going for meat anytime soon.

It's the "crazy" elk, the ones that get the herd worked up and set the tone, that get shipped off to Carman's federally-inspected plant for slaughter and distribution to the market.

"You can make educated guesses when you're feeding them which ones are calmer. We don't want crazy animals," said Trevor as he and Kelly took the Express on a lengthy tour of their 840-acre farm in early June. "If you have a crazy mom, her calves are always crazy. If you have a crazy dad, there's a good chance the calves will be crazy. You don't want to breed that

into your herd. These are domesticated animals and you have to work with them every day."

Maintaining a calm herd is part of the success story of this tightly scripted and well organized farm. The 400 elk that call Stonewood home have become a viable trend in Manitoba's alternative farming industry.

There are about 29 elk farms in Manitoba, according to 2013 Statistics Canada data. But Stonewood is the only farm that's registered under the Canadian Food Inspection Agency's chronic wasting disease (CWD) Voluntary Herd Certification Program (VHCP).

It takes five years to achieve certification. The CFIA's website lists all the farms enrolled in the program.

Elk are susceptible to CWD, a progressive, degenerative brain disease with no cure. It must be reported under federal and provincial animal health acts. The disease is typically spread from one animal to another through saliva, contaminated feed, water or soil, or through contact with wild deer or elk. It cannot be passed through semen.

Once the Stonewood farm is accredited (in 2019), the Farmers will earn "elite" status and be able to ship live elk to breeding or trophy farms in America and Quebec. That, in turn, will boost their bottom line because "that's where the money is."

"If you're not on a VHCP, you can't send your animals anywhere," said Trevor. "You can only sell them in Manitoba. Kelly, last year, finally got the VHCP started in Manitoba. We're the only farm in Manitoba on it right now. The government's going to force all the elk ranchers to go on it."



TRIBUNE PHOTOS BY PATRICIA BARRETT

G-Boy nuzzles his owner Kelly Farmer.

Manitoba elk have never tested positive for CWD. Saskatchewan and Alberta are the only two provinces that have had outbreaks, according to the Alberta government's website. The latest science shows that the disease is not known to affect humans (through the consumption of elk meat).

Being able to trace elk back to their source farm – through ear tagging, meticulous record-keeping and testing of animals that die – is key to controlling CWD.

Each elk the Farmers send to Carman's meat processing plant is screened for CWD. And they minimize possible disease outbreaks by

fencing all the paddocks to prevent wild deer and elk from making contact with their animals. They also don't participate in Open Farm Day, whereby the public can visit different farm operations, because footwear is a vector for any disease.

"We deal with our veterinarian on a weekly basis," said Trevor. "And he comes out once a year and counts every single animal on the farm and makes sure they're all healthy. We have to finish our fifth year of the VHCP before we can export (live animals) to the U.S."

Continued on page 16

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Your FARM



Continued from page 15

The Farmers have been in the game, pardon the pun, since 1997 when Manitoba legalized commercial elk ranching. They started with about eight elk when the farm was launched by Trevor's dad, Merv.

Elk have personality, which may account for the deep attachment the couple has developed for their animals, all of whom are named. This is not just a business with a lucrative market for several elk products: it's a passion.

"I love the calves," said Kelly, a teacher at a local school. "I love studying the genetics and seeing what kind of results we're going to get. And I just love being around them. I've always been an animal person. I really like our kids growing up on a farm, being outside and having them help out and doing some of the hard work, as well as respecting animals."

Compared to G-Boy, the other bucks seem downright uncouth. When you peer at them through the fence or from a safe distance in the paddock, they throw back their heads and flare their nostrils at you as if to say, "Ugh, somebody's got BO." It's not a slight: that's just their way of determining whether you're a threat.

As members of the cervid family, which includes deer, caribou and moose, elk bark like a dog and chirp like a bird when something's up, and their hooves make a distinctive clickety-click as they dash swiftly through the grass to get downwind of you. At this time of year, they start shedding their thick winter coats, which stream from their necks and backs like a boa.

How they smell came as a surprise. The dampish pasture had, dare we say it, a pleasant woodsy odour, a step-up from horsey smell and nowhere near the pungency of pigs.

The elk are assigned to one of 21, five- to 15-acre paddocks, depending on their age, gender and family ties.

"They stay with family," said Trevor. "Once you get to certain pastures, you'll notice the ear tags will be a different colour. The reason being is that if you have one family group, and you take a cow from a different family or genetic line and put her in there, they'll pick on her and almost kill her. They're very family-oriented."

It takes a lot of hard graft to maintain the herd in peak condition. If they're not completing paperwork or study-

ing genetic lines, the Farmers are out in the field checking herd health, tagging newborns, harvesting antlers, and delivering hay and a special blend of oats with a supplement (their elk are raised without antibiotics).

"In the summertime it's six hours a day hauling water," said Trevor. "You can't even go away. Someone has to be here. Then they get fed every day, too. If they've got green pasture, you could go away for a day."

To cut down on labour, the Farmers have invested in ranch-wide water lines, and have two thirds of the work completed.

Even though they're farmed elk, inured to the daily presence of humans, they're still wild animals. You can't just stroll up to them expecting a warm welcome.

The new moms were understandably skittish when Kelly drove the Express through the birthing pen. The dams (female elk) circled the wagon when we stopped for a brief look-see at the calves lying stock-still in the long grass or hiding under a brush pile – anti-predatory strategies.

"Within half an hour, they can walk and even run a bit," said Kelly. "They're pretty clumsy, though, like Bambi on ice."

In May and June about 120 white-spotted, spindly-legged calves will swell the base population of 400.

When the sky is broody, the last thing you want to do is give birth if you're an elk. The reason for that may have to do with the effects of cold weather on a newborn.

Elkbirth requires constant vigilance and up to 14 hours in the field to ensure no complications arise. It's also important to determine whose calf is whose in order to identify genetic lines.

A "huge bag" (the udder) is one of the signs that a cow is ready to deliver.

"She was labouring yesterday," said Kelly, referring to one cow. "She's walking a little funny and slow. That's how it starts, then they'll start pacing the fence with their nose in the air anywhere from one to three days depending on the weather. Once they start pacing the fence, it's imminent."

The sac arrives before the calf.

"It looks like somebody's blowing Hubba Bubba out their butt," said Kelly. "It's a giant pink bubble that will burst. Once that bursts, within half an hour for sure you'll see feet poking out. And from the time we see the feet

coming out, we want a baby within a couple of hours. And we monitor that."

Three calves were abandoned by their moms: a male that was so big, he had to be pulled from the womb, a female preemie whose mom was "doing everything right instinctively" but couldn't get her to suck, and another female whose mom couldn't adjust to her new role (hardly uncommon in both the animal and human world).

Unlike humans, male and female elk lead separate lives, getting together once a year for congress then merrily going their own way.

In the case of farmed elk, the biological imperative is primarily satisfied via a sterile, semen-filled syringe administered in about 30 seconds by an expert human inseminator who knows elk anatomy "inside out and backwards."

The Farmers will sometimes let their elk make hay, but they're mindful of the possibility of inbreeding. And when it comes improving the gene pool and antler size, who mates with whom is important.

The Farmers want "inches" and "style" to the antlers they sell every year to the Asian market, and "heavy mass" for the bulls they'll be able to sell to breeding and trophy farms in a few years. The use of an expert inseminator improves conception rates.

"For us to get bigger and better genetics, we have to artificially inseminate them with semen from bulls from all over the world," said Trevor. "You always want the biggest and best in the world. Kelly and I travel for a week in the summertime. We go around and look at bulls."

The process of estrous synchronization, whereby all the cows are inseminated at the same time, occurs after the calves have been weaned (at about six months old) and milk production has dried up.

Weaning restores the cows' natural birthing cycle. But the process has the neighbours shutting their windows.

"We'll wean the calves on the September long weekend. When we pull them off the moms, it is loud here," said Trevor. "Our neighbours will complain because you've got 100 to 120 calves screaming bloody murder for two or three days."

After weaning, the Farmers themselves prep select cows for breeding.

"We'll put a seeder in," said Trevor. "It's a large tampon with wings that



Kelly and Trevor Farmer in the antler deep-freeze.

goes into the cow and has drugs in it that won't let her ovulate. We do that for 14 days then we pull the seeders out and inject them with PMSG, a super-ovulating drug. Then we wait 62 hours and put the semen in."

Elk farming can be lucrative as nearly every part of the animal can be utilised in some way.

"There's quite a few industries for elk," said Trevor. "We've got the meat industry, the velvet industry, the breeding stock industry and the (calcified) antler industry. And then we have the harvest preserve industry (bulls), called trophy animals."

"If you just did the velvet and meat, you can make money if you have good genetics. But you're not going to make great money. If you have the VHCP program, it's extremely profitable that way."

Bulls sold to harvest preserves can fetch on average \$10,000 CAD, but there is a limit to the numbers that that can be sold at one time; it depends on market demand and the numbers of animals each elk rancher can sell without whittling down his/her herd.

"You get paid by the (antler) inches, not by the pounds when you're selling them live," said Trevor. "A 400-inch bull is about US \$7,000 or \$8,000."

An 800-pound bull is ideal, but anything heavier is akin to a habitual beer drinker, sporting a belly that's considered unsightly.

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Your FARM



Continued from page 16

"An elk heavier than 1,000 pounds just starts getting fat with a big gut on them," said Trevor. "We breed a lot for frame size and the speed of growth."

Every spring, male elk shed their antlers and grow a new set.

The antlers start in velvet, a furry outer layer of skin that protects thousands of small blood vessels coursing through the structure. They'll eventually calcify, becoming velvet-less bone that bulls use to maim and kill rivals during the fall rut.

When bulls turn two, the Farmers begin harvesting their antlers before calcification sets in.

"At two, they'll grow their first set of normal antlers," said Trevor. "And every year they get bigger and bigger probably up to the age of nine."

It takes between 65 and 72 days to grow a new set of antlers, and "style" is passed down through dams, not sires, said Kelly. It takes a few generations of experimental breeding until offspring will "throw beautiful antlers consistently."

By the sound of it, it's easier to herd elk than it is to herd cats, especially when it's time to bring them to the barn for antler-removal surgery and post-op treatment.

The removal is thought to be uncomfortable, kind of like having a tooth pulled under anaesthetic. Trevor sanitizes a saw and wraps a tourniquet around the base of each antler to control the bleeding.

"If you didn't put a tourniquet on it, it would be like a showerhead," he said.

Kelly weighs, measures and tags



How do you smell?

each individual antler as it comes off.

"They have five minutes of life where they're not happy," she said, "and then for the rest of the year they lie in the pasture."

The velvet is said to contain medicinal properties and is much sought after on the Asian market.

"In North America, we freeze-dry them, strip the velvet off, grind the inside of the antler and put it into capsules," said Trevor. "The antlers go to a specialized plant in Alberta. In Asia they will heat-dry it, strip the velvet off and cut it into chips [like potato chips] and brew it for teas."

The Farmers belong to a co-op that pools antlers with those from other elk ranchers in order to increase "selling power." The co-op system usually nets a few dollars more per pound.

But velvet prices fluctuate. Over the past few decades, Trevor said they've ranged from \$11 to \$120 a pound.

"The last five years we've been hovering between \$45 and \$55, which is where it should be," he said. "We want it to stick around the \$50-a-pound mark. As long as you've got good genetics, a two-year-old bull can grow 10 to 20 pounds of antler. Then you're making money."

The province and the Manitoba Elk Growers Association are currently looking for ways to improve the marketability of home-grown elk.

"We have recently discussed the marketing needs of the elk industry as part of a consultation on the next policy framework, which will replace GF2 [Growing Forward 2, a federal-provincial funding program] when it expires," said a Manitoba Agriculture spokesperson.

The province supports elk farmers through its livestock industry branch, assisting with herd management, animal health and welfare, and grazing practices, she said.

Although there are some provincial restaurants and retailers that offer elk meat, Trevor said Manitobans have been "complaining" about a dearth of venison.

Elk meat sells for roughly \$5 to \$5.25 CAD per pound, and most of it is shipped to America.

The Farmers will be tapping into the burgeoning local market this summer. Some of the animals they'll be sending to the Carman plant will be allocated to Manitoba retailers.

"The bison guys have gone skyrocketing, and people are still going with it," said Trevor. "So we're going to go



A newborn male hides under a brush pile.

back in and try to get the elk out there. There's such a demand for elk meat that we would wipe out the entire herd in Canada in a year or two if we did them all."

G-Boy won't be landing on anyone's

plate until he passes on naturally. But he'll be offering up his antlers later this year. Based on his affection for the Farmers, he may not mind contributing to the growth of the family business.

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Your FARM



Honey helps sweeten the job for local beekeeper

By Maggie Wysocki

When Brad Hogg and his wife Carol were both laid off from their jobs only a few short months apart, Brad says it was his faith that kept him optimistic.

"We both have a strong faith in God and we just knew that we had to have faith about where our lives would go from here," said Brad, who lives on a 20-acre property in Libau located 20 minutes north of Selkirk.

With his IT job gone, Hogg decided to trust his faith and follow his dad's passion for beekeeping.

In 2014, he bought nine hives and quickly grew his colony to 74 the next year. Meeting the province's standards as a commercial beekeeper, Hogg had to come up with a name for his company.

"Calling it 'Faith Apiaries' just felt right," he says.

Now, the couple has more than 90 hives, harvesting close to 100 pounds of honey each year.

They sell their honey for \$8 a pound at local and area farmers' markets, on their website and to family and friends.

"If people are in the Interlake area, I don't mind doing deliveries either," he adds.

Turning a profit is why Faith Apiaries first started, but Hogg says that's not his only goal.

"I'm really, really interested in helping new people because I know how difficult it is to find relevant information to this area. You can't listen to someone in Tennessee tell you how to keep bees. It's totally different here," he said.

Brad has hosted workshops at Selkirk's Gaynor Family Library, created Facebook groups to share information with hobby beekeepers and joined the board of the Manitoba Bee Keepers Association.

His door is always open, he says, encouraging anyone who's interested in beekeeping to get in contact with him.

"Whatever level someone wants to be involved at ... working bees, buying bees, just learning about them ... they can come to me and I'll help them."

The best way for people to support the "save the bees movement," though, is buying local honey, he says.

"That helps me keep more bees and helps me pay the scientists to find out how we can combat stress on bees."

Owning an apiary isn't an easy job, and Carol says her husband is often working from "dawn until dusk." But Brad says he doesn't mind spending so much time with the insects he calls "incredible."

"They're the most fascinating thing I've ever encountered. There just isn't that much brain power in an insect for everything they know."

To find out more about the Hoggs, visit faithapiaries.ca or search "Faith Apiary" on Facebook.



TRIBUNE PHOTOS BY MAGGIE WYSOCKI

Brad Hogg of Libau tends to his bees and scoops some fresh honey off of a frame from one of his 90 hives, something he says is a "sweet" bonus of being a beekeeper.



Your FARM



CSA boxes help grow Lockport farmer's business

By Maggie Wysocki

Camouflaged behind thick bushes, Jonathan's Farm is unsuspecting to most highway drivers.

The neatly kept front yard and modest two-storey house make the property look like any other resident's.

It's only once driving behind the house you'll see Jonathan's Farm is a thriving business, providing community supported agriculture (CSA) boxes to more than 400 people and selling his vegetables at farmer's markets to thousands more.

According to Direct Farm Manitoba, the concept behind CSA shares is that people subscribe to their farm of choice by paying for a "share" at the beginning of the season. Then, their farmer grows a variety of fruit and vegetables, which they pick up weekly.

"When I first started it was small with maybe 60 (CSA) shares ... but

we've doubled every year since," Jonathan Stevens said while standing on his property located 10 minutes south of Selkirk.

The 37-year-old self-taught farmer started off as an intern on a biodynamic farm in Ontario. In 2010, he started his own farm — "the name gives it away," Stevens laughs.

That first property was in Teulon but he decided to move to Lockport three years ago to be closer to the city. Now, Jonathan has four employees who help him take care of the eight acres he farms on.

"It's a pretty ideal spot," he says, adding that he drives into Winnipeg twice a week for CSA pick-ups and to host a farmer's market in Wolseley. "People really like getting to know the farmer and meeting us."

"I think they like that connection."

Continued on page 21



TRIBUNE PHOTO BY MAGGIE WYSOCKI

Owner of Jonathan's Farm in Lockport, Jonathan Stevens says the 400 community-supported agriculture shares he sells is what keeps his business booming.



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Your FARM



Eddlewood Farm to host Friday evening markets

By Jennifer McFee

Come one, come all to a new Friday evening market to be hosted all summer long at a Warren-area farm.

Eddlewood Farm, owned and operated by Jennifer Leeck and Chris Friesen, features a little bit of everything from non-certified organic produce to an assortment of adorable animals.

Starting July 21, the duo plans to host a market every Friday evening from 4 to 9 p.m. at their farm, located across the road from Rubber Ducky Resort and Campground on Road 76.5. The folks from Watersong Farms will also be on site with their farm-fresh products.

"We figured it would be good for people who are going to Rubber Ducky for the weekend," Leeck said.

"We're at the mercy of Mother Nature, so our growing season is a little later than we had hoped this year. Even if our vegetables aren't all ready by then, we'll still have baked goods and Watersong will have their meat here. We also sell body products made with goat milk in them, which are always available year round."

Market-goers can also look forward to interacting with the farm animals, which include goats, ducks, cats and chickens.

"It will be like an open farm day on Friday evenings," Leeck said. "It will be ongoing every Friday evening into the fall."

For the past decade, Friesen and

Leeck had been living in Winnipeg before they moved to the farm last year. They celebrated their first anniversary at Eddlewood Farm on June 30.

"We were just ready to move back to something rural and be more self-sustainable. We were tired of the city life, and now we're enjoying working for no one but ourselves," said Leeck, who is originally from eastern Ontario while Friesen is from Rosenort.

"It seems like more and more people care about where their food comes from now. This is the first time in our lives where we feel like we're actually contributing something."

When they bought the property, they received photos and historical items from a relative of the original owners that started the farm in 1915.

"They had called it Eddlewood Farm back then, so that's how we ended up picking our name," Leeck said. "We just keep thinking how every year it's going to get better and better."

Their new adventure is already gaining attention, especially after they hosted a dairy goat workshop at the recent DIY Homesteader Festival in Teulon.

To keep up to date about Eddlewood Farm, check out @eddelewoodfarm on Instagram. More information is available by calling the farm at 204-322-5683 or by emailing eddelewoodfarm@gmail.com.



TRIBUNE PHOTOS BY LANA MEIER

Chris Friesen, far right, and Jennifer Leeck, far left, hosted a dairy goat workshop at the DIY Homesteader Festival in Teulon in June. Participants learned how to vaccinate their goats along with milking techniques.



Even the little ones enjoyed the DIY festival.

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Your FARM



> CSA BOXES, FROM PG. 13

According to Direct Farm Manitoba, there are more than 160 farms in Manitoba selling CSA shares.

So how does Stevens set his farm apart from so many others?

"We just always select what's freshest. We really focus on that. Nothing sits more than a day before it's picked," he says.

Another factor that sets Jonathan's Farm apart is that he continues his CSA shares throughout the winter, while most CSA farmers stop in the fall.

Though the winter boxes only have root vegetables, he says it surprised him how interested people were.

"I think people really like to support people like me who are trying to farm sustainably."

To support Jonathan's Farm, visit him at the Selkirk Waterfront Market every Wednesday in August.

For more information on CSA shares, visit jonathansfarm.com.



TRIBUNE PHOTO BY MAGGIE WYSOCKI

Jonathan's Farm, located 10 minutes south of Selkirk, is home to an eight-acre field and a hoop house, where he grows tomatoes and peppers.

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Your FARM



Grassmere Drain needs attention, says St. Laurent's reeve

By Jeff Ward

If PR 518 and 415 were to reopen, the lake levels on West, East and North Shoal Lake need to come down. But the big hurdle in that fight right now is the Grassmere Drain.

St. Laurent Reeve Cheryl Smith said that opening those two roads is a priority for council as those provincial roads connect neighbouring communities. PR 415 connects St. Laurent to both Teulon and Inwood while PR 518, which runs along the west side of West Shoal Lake, is an important road for farmers. PR 415 has been closed since the flood of 2011 and has been under water for nearly six years. PR 518 is above water but has been deemed unsafe to drive on by Manitoba Infrastructure.

Smith explained that the issues are compounded by the Grassmere Drain, which is filled with silt and is nearly useless in terms of water flow.

The drain is designed to take water from the south east point of East Shoal Lake and funnel it down through the RMs of Woodlands, Rockwood and West St. Paul.

"The drain needs repairs and to be cleaned out," said Smith.

"We've been lobbying the government for years on this because those roads need to be reopened to connect these communities again. A farmer has to pay a lot more money to get hay in and out of the field, for instance, because they have to travel many more kilometres."

Interlake MLA Derek Johnson said that he's aware of the issues with the drain and both provincial roads. He said that the Grassmere Drain is going to be having regular maintenance work done on it this year but a full rebuild or any other significant improvement is not on the books. The reason, Johnson said, is because

neighbouring municipalities aren't all on the same page about how the drain should be operated, when it should be operated and what a revamped system for drainage should look like.

"This would be a huge infrastructure investment and our government is committing no less than \$1 billion per year, but when do you fit it in is the question. The point is it won't be on the front burner until everyone is on the same page," said Johnson, who added that even when that happens, it could still take years for the project to be completed.

While that information is frustrat-

"THE POINT IS IT WON'T BE ON THE FRONT BURNER UNTIL EVERYONE IS ON THE SAME PAGE."

ing, the president of the Shoal Lakes Flooded Land Owners Association, Orval Procter said that he understands the need for everyone to be on the same page. Procter has been lobbying for years to have this area looked at. He said that he agrees on the point that Johnson is making.

"Everyone does need to agree on this before work can start and that's what we've been trying to do," said Procter.

"The fact is this drain was last updated in the mid '60s and it's spent all those years of use collecting silt and more water is going into it. It's time for it to be upgraded. That's undeniable."

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Cap introduced on provincial drug program dispensing fees

Changes to ensure reasonable costs For pharmacy services

Submitted

The Manitoba government will introduce a cap on dispensing fees to help reduce costs for patients and the provincial drug plan, and ensure pharmacies remain able to recover costs associated with dispensing drugs, Health, Seniors and Active Living Minister Kelvin Goertzen announced Tuesday.

"When pharmacists fill a prescription, they charge what is known as a dispensing or professional fee to cover costs of storing and preparing medication, as well as providing services to clients," said Goertzen. "As in other provinces and territories that have a cap on these fees, pharmacies will be able to recover costs for providing services, with reduced costs for patients and programs that are paying for prescriptions."

In Manitoba, pharmacies can charge a professional fee of their own choice and set prices according to factors such as overhead costs, profit margins and market dynamics. As dispensing fees vary from pharmacy to pharmacy, they can be a significant cost for patients and provincial drug programs such as the Manitoba Pharmacare Program, the Palliative Care Drug Access Program and the Home Cancer Drug Program.

"In Manitoba, approximately 97 per cent of dispensing fees on pharmacare claims are less than \$30. However, about three per cent of fees are more than \$30 and in some cases, exceed \$900," said Goertzen. "Careful consideration was given to these changes and Manitoba is now more in line with fees in other provinces."

Effective Aug. 18, Manitoba will be introducing a cap on dispensing fees, the minister said, noting that pharmacies will be able to:

- charge provincial drug programs no more than \$30 per prescription, regardless of the base cost of a drug or how a drug is packaged (such as in a pill bottle or blister pack);
- charge pharmacare no more than \$30 for compounding services in a pharmacy (when medicinal ingredients are mixed and prepared to meet an individual patient's clinical needs); and
- charge pharmacare no more than \$60 in cases where drugs need to be compounded in sterile conditions.

Additionally, pharmacare will only consider a compounded drug an eligible benefit if the main ingredient in the preparation is a pharmacare benefit.

Changes will also encourage pharmacists to minimize the number of times a prescription is dispensed for medications used to treat selected chronic diseases. For example, by dispensing a three-month supply instead of just one month, Manitobans will be charged fewer dispensing

fees.

In 2016-17, Manitoba spent \$54.9 million on dispensing fees through pharmacare, representing approximately 22 per cent of prescription drug costs to provincial drug programs. Last year, the province spent more than \$9 million on fees greater than \$30, which is 16 per cent of the Manitoba Pharmacare program budget. The changes are expected to save an estimated \$11 million annually, the minister noted.

For more information on the changes to dispensing fees, visit: www.gov.mb.ca/health/pharmacare/dispensing_fees.html.

Health professionals can access additional information at: www.gov.mb.ca/health/pharmacare/healthprofessionals.html.

How to protect yourself against the risk of rising interest rates

Interest rates seem vitally important in a week in which the Bank of Canada raised its benchmark lending rate for the first time in seven years and fixed mortgage interest rates have been steadily rising. As you prepare for the possibility of borrowing costs ahead, it's important to understand that rates only have a limited impact, until adding amortization and principal.

Amortization refers to the period of time over which you'll gradually repay what you owe and principal is the amount you borrowed. Both get some discussion when setting up a mortgage, line of credit or loan, but what's not always considered is "how much does my debt actually cost me?"

To protect yourself against the risk of higher rates, focus on paying down your principal and shorten your amortization. The more effective you are at reducing your total household debt load, the less vulnerable you are if borrowing costs gradually move higher in the months and years ahead.

With a mortgage, the simplest way to begin to reduce principal and amortization is to make payments on an accelerated biweekly basis, rather than monthly. It's essentially making a 13th monthly payment each year if you do this. The benefit for people just starting a mortgage is an automatic reduction in amortization by roughly two years – 23 instead of the usual 25 – and a lower overall interest cost.

You can also take advantage of your mortgage's prepayment options by further increasing the accelerated biweekly payment and/or making lump-sum payments. Prepayment options vary greatly from lender to lender. It's important to choose a lender whose prepayment options best suit your needs.

When we focus on the interest rate alone, we often underestimate what we're really paying.

For a free, no obligation consultation to see how you can reduce your overall cost of borrowing, please contact me by phone @ 204-479-6064 or email @ shelleys@onelinkmortgage.com.



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Thousands rock on the red at Half Moon

By Maggie Wysocki

Alongside dishing up burgers and fries this weekend, Lockport's Half Moon Drive-In served two full nights of live music during the restaurant's fifth annual "Rockin' on the Red."

Hosted in the drive-in's backyard, the event featured dozens of musical acts rocking out on a stage in front of the Red River.

One of the three bands to play on Friday night was the Keith Urban tribute band, Golden Road which had the crowd singing along to classic country hits. Saturday afternoon brought a more kid-friendly pace with a free petting zoo, inflatable rides, clowns and magicians.

"I think the longer I run with it, the more popularity it gains," said Half Moon owner, Wayne McIntosh. "And the driving factor this year was that the weather was just beautiful."

Winnipeg couple, Madelaine and Jerry Lemay said it was their first time making the trek out to Lockport for the event and it was "just awesome."

An estimated 9,000 people enjoyed the tunes over Friday and Saturday, which overflowed the parking lot, forcing many to take the shuttle bus in.

"It was a huge, huge success," McIntosh said.

But the event wasn't only about rocking out and doubled as a fundraiser for the Children's Rehabilitation Foundation. The weekend raised close to \$2,500, which was donated in the form of new exercise equipment.

"It's a feel good thing for me and I love giving back to the community," McIntosh said.

Since 1992, McIntosh has been running the iconic restaurant and he started "Rockin' on the Red" after the restaurant's 75th anniversary.



Ralph R. Eichler, MLA for Lakeside Constituency Office

319 Main St. Box 1845
Stonewall, Manitoba R0C 2Z0
HOURS: Tues & Thurs 10 am - 2 pm
Tel: (204) 467-9482
Website: www.ralpheichler.com

DuckyFest raises more than \$2,200

By Jennifer McFee

A family-friendly fundraiser made a splash with campers at Rubber Ducky Resort and Campground last weekend.

The 11th annual DuckyFest Weekend raised a grand total of \$2,280, which will be split between the Children's Wish Foundation and Community Living Interlake.

Each year, the Warren-area campground hosts the fundraiser on the third Saturday in July.

"We've always donated to the Children's Wish because we're very kid-oriented," said owner Sheri Crockatt.

"Then we wanted to include a more local feel, so that's why we also support the Community Living Interlake."

This year's fundraiser featured a silent auction, a 50-50 draw and glitter tattoos. On Saturday evening, a crowd gathered at an outdoor stage to enjoy the toe-tapping tunes of the Trevor Johnson Band followed by a fireworks display.



TRIBUNE PHOTOS BY JENNIFER MCFEE

The Trevor Johnson Band entertained campers at Rubber Ducky Resort. an

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Francais at Camp Soleil



TRIBUNE PHOTO SUBMITTED

Sixteen French immersion students attended Camp Soleil from July 4 to 7. Day campers enjoyed fun activities, crafts and games that included vocabulary in the theme of Canada 150. Some of the activities included making inukshuks, picking strawberries, playing Canadian Bingo and a new activity called a Breakout.

Breakout is a new teaching strategy that uses logic and collaboration. It is like an Escape Room for kids, except that instead of a room, there is a locked box. For Camp Soleil campers, they had to retrieve a Canadian flag that was locked in the box. Students unscrambled the lyrics to *O Canada*, practised their Canadian geography using maps, and found a secret message written in invisible ink. Breakouts are a great way to get French Immersion students to work together as a team to decipher the clues. They can practise their communication skills in an authentic environment while having fun.

Canadian Parents for French Stonewall will be hosting family-friendly Breakouts in the fall. Be sure to join the CPF Stonewall Facebook group for more information about supporting French immersion students, or email cpf.stonewall@gmail.com if you have any questions.

In the meantime, CPF Stonewall is bringing back French preschool this summer. Mme Doll will be teaching at the library in Stonewall Wednesdays and Fridays at 10:15. Call the library at 204-467-8415 for more information about this free program.

Keeping a church's history alive

Erinview Church holds fundraiser for building's improvement

By Ligia Braidotti

Erinview Church has been serving communities in Manitoba for over a century, and it needs a hand out to make improvements in its cemetery grounds.

The church, originally called All Saints Anglican Church and located in the RM of Woodlands on the shore of East Shoal Lake, was built and established as the area's Anglican church in 1884. The well-preserved build was designated as a Municipal Heritage Site in March 2001.

Joy Ogilvie, president of the Erinview Church Cemetery, said the community has helped out with keeping the building upright. Ogilvie and her husband Jack own and operate the Erinview Campground and do most of the grass cutting and cleaning of the church and its cemetery. The community comes in full force for larger projects such as cutting and planting trees and repairs. Despite personal obligations, many community members come out to lend a hand when it's needed.

"It's the way it is now because of a community effort. Our community is pretty good when it comes to something like this. Everybody chips in and help out," Ogilvie added.

Erinview Church holds services twice a year — one on the third Sunday of August and another one on the evening of Thanksgiving. The church has a historical importance for the community, Ogilvie added, and the cemetery is of particular significance because many generations of fami-

lies are buried there. Ogilvie said the cemetery draws people in from a wide area.

"It's important to keep it the way it was 133 years ago. It's (important) for the community, but there are also people from other places that have family members buried there. They are not living in the community, but they are involved with us in this fundraiser."

Their fundraiser event happens on Saturday, July 29, at the church with CSI Bluegrass Band from Stonewall kicking off the afternoon with live music at 2:30 p.m. At 5 p.m. there will be a pork supper served, which is being donated from the New Haven and Clearwater Hutterite colonies.

Tickets cost \$15 and must be purchased in advance by contacting Ogilvie at 204-279-3385. There are limited seats available — only 200 tickets — and as of July 14, they had sold more than half of it. Their goal is to raise \$3,000 with ticket sales, and the money raised will be used to put a new fence on the cemetery and for the planting of new trees for the lot.

The church is located 45 minutes northwest of Winnipeg on the eastern shore of East Shoal Lake on 94 Road North. Turn west off of Highway 7 onto Provincial Road 415 near Teulon then travel west on PR 415 for 20 kilometres to the stop sign in the junction of PR 322 and PR 415. Continue west through the intersection and follow the gravel road for another five kilometres to Erinview Church.



EXPRESS PHOTOS SUBMITTED

Erinview Church hopes to raise \$3,000 to install a new fence and plant trees on its building and cemetery site.



CSI Bluegrass Band will kick off the event on July 29 with their music at 2:30 p.m.

Pharmacists concerned at lack of consultation over fee cap

Submitted

Pharmacists Manitoba responded today to the announcement by the Department of Health, Seniors and Active Living of a new policy capping fees and cutting the amount of support provided to compliance packaging of medications and preparation of compound medications for patients.

"We understand the provincial government must take steps to restore the overall fiscal position of Manitoba's public finances, and a policy such as a cap on the fees announced today can contribute toward that objective, particularly as similar-sounding policies are in place in other jurisdictions,"

said Barret Procyshyn, President of the Board of Directors for Pharmacists Manitoba. "But we are concerned that this was implemented without any consultation at all with Pharmacists Manitoba. This policy will affect the dispensing of medications for thousands and thousands of Manitobans and can potentially impact hundreds of independent businesses around Manitoba. We would appreciate the opportunity to meet and consult meaningfully with Minister Goertzen and his team on these sorts of changes before they are announced."

Procyshyn noted the overall policy will have to be evaluated by pharma-

cists before any firm conclusions on the impact on Manitoba pharmacy patients can be known. He did point out, however, that the reduction of support for compliance packaging and cutting of supports for medication preparation could harm patient safety and medication availability.

"Compliance packaging and compounding are very important for a number of patients, such as seniors and patients with complex or chronic conditions, high-risk conditions such as addictions or mental health issues, and who require a number of medications daily or a complex medication regimen as part of their treatment,"


said Procyshyn. "This is about patient safety, and about availability of specialized medication such as cancer medications and biologics, particularly in rural areas for rural patients. By cutting support for these procedures, the government may either reduce the availability of the service, or see the costs passed directly to patients, or both. This would be why we would welcome a meaningful consultation on changes to these policies. Manitoba pharmacists want to work with government and be part of a solution, but this can't happen without any consultation at all — otherwise patients will suffer in the end."

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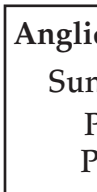
> FAITH



Teulon United Church
11:15 a.m. Teulon
Phone 886-2382
teulonpastoralcharge@mymts.net



Stonewall United Church
369-1st Ave. N., Stonewall
Service and Sunday School
Sundays 10 a.m.
Phone 467-5469 (office)
www.stonewallunited.ca




Anglican Parish of St. Cyprian
Sundays at 10:00 am
PTH #7, Teulon
Phone 886-3203



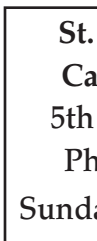
Interlake Full Gospel Assembly
Teulon
Sundays at 11:00 am
Phone 886-2680




New Life Church
Sunday Service 10:00 a.m.
Sunday school for all ages 9:30 a.m.
Teulon 886-3269




St. Peter Lutheran Church
Sunday Service - 10:00 am
at St. Cyprian Anglican
PTH #7, Teulon
886-2159



St. John Vianney Catholic Church
5th Ave SE Teulon
Phone 467-9016
Sunday Mass 11:30 am



Anglican Church of the Ascension
Sunday Service 10:15 am
435 1st Ave. N., Stonewall
Phone 467-8466 (office)




Grosse Isle and Rosser United Church Services
Rosser Sunday 9:45 am

Lilyfield United Church
Rd. 68 & Sturgeon Rd.
Service 9:30 a.m.
Phone 344-5426




Alive! Family Church
Sunday Hymn Sing 10:00 a.m.
Sunday Worship 10:30 a.m. at
Sunova Auditorium, Quarry Park
Interpretive Centre, Stonewall
Phone 467-2870
www.alivefamilychurch.ca



Warren & Meadow Lea United Church Services
Joint Services
Alt. Sundays at 10:30 am
Call 322-5752 for location of service.



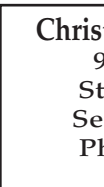
New Life Church
Sunday Service 9:00 & 10:45 a.m.
Sunday Morning Classes
9:00 a.m. - All Ages
10:45 am - Nursery - Gr. 4
Childcare for Nursery School to Gr. 4
1 km East on Hwy 67, Stonewall
Phone 467-5529 (office)




Woodlands Gospel Chapel
Service 7 p.m.
Sundays
Hwy 6 + Rd 82,
Woodlands
Phone 383-5372



Cornerstone Pentecostal Church
Sunday Worship &
Sunday School 10:30 am
Youth Nights - Sundays 6 pm
Thursday Bible Study
& Kids Club 7 pm
308 2nd Ave. N., Stonewall
Phone: 467-9797



Christ Church Anglican
97 School Rd,
Stony Mountain
Service 10:15 am
Phone 489-4847
or 344-5220



Christ the King Catholic Church
Sunday Mass 10:00 a.m.
315-2nd St. E., Stonewall
Phone 467-9016

Can't see the gift forest for the trees

It was two weeks ago that I arrived in Stonewall to serve as the new pastor of Christ the King Catholic Church as well as St. Joseph's in Stony Mountain and St. John Vianney in Teulon. I moved here after serving 16 years in two parishes in Winnipeg. Today a parishioner asked if I thought I would be happy in a small town like Stonewall. I just smiled and replied, 'Oh yes I will be very happy here'. The truth is I grew up on a farm 15 km southeast of Deloraine, Manitoba. Deloraine's population is only about 1000 people.


Perhaps it is because of my years on the farm that I have always seen the rural countryside as a beautiful gift that God gives to those who can appreciate it for what it is. By God's Grace, my parents also instilled in me a wonderful respect for the land and all that lives upon it. I am not in the least embarrassed to say that I grew up on a farm or in the country, as I think it gave me an appreciation for a part of God's creation that is all too easily dismissed as a distance to be quickly traversed in order to get to the next city. I am fully aware that rural life is not a choice that suits everyone, but for those of us who happen to find ourselves living in Stonewall and area, may I be so bold as to say that God's blessings are many!

My understanding is that more and more people living in Stonewall, work in Winnipeg but make the choice to live 20 minutes from the city. I can only assume that some do so for the same appreciation of small town life and the surrounding countryside. For those who know just how much of a gift God has bestowed upon you, next time someone asks you why you would choose to live so far from the city, under your breath say a prayer of thanks to God and then tell them that you are very happy here.

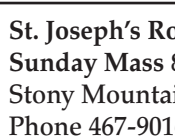
Rev. Barry Schoonbaert p.p.

Pastor of Christ the King, St. John Vianney and St. Joseph's parishes


Balmoral United Church
Sundays 9:30 am
Phone 886-2382
teulonpastoralcharge@mymts.net



Stony Mountain United Church
12 Main St., Stony Mountain
Phone 344-5426



St. Joseph's Roman Catholic Church
Sunday Mass 8:30 am
Stony Mountain
Phone 467-9016



Immanuel Lutheran Church (LCC)
Service 10:30 am
Childrens Sunday School during Worship
Inkster & King Edward, Winnipeg
Rev Richard Beinert 632-6911



Church of the Annunciation Woodlands
Service 12:00 noon

To participate in this monthly section please call 467-5836

Interlakers run with fire during the Manitoba Hydro Torch Relay

Sailing competition gets underway July 30 and runs until Aug. 4

By Patricia Barrett

Interlakers were out in force last Saturday to cheer on 17 of their own as they passed the 2017 Canada Summer Games torch during the Manitoba Hydro Torch Relay in Gimli.

The town and the Gimli Yacht Club will play host for the upcoming sailing competition, which gets underway in a few weeks.

Led by Manitoba Hydro volunteers, torch bearers from Gimli, Arborg and other Interlake towns took part in a Zumba warm-up at the harbour bandstand in preparation for the relay event.

Danny-Jo Luprypa from Gimli was the first relay participant to receive the torch – which was lit in Ottawa – from Summer Games president and CEO Jeff Hnatiuk, who sailed into Gimli Harbour to much fanfare.

Danny-Jo, who has undertaken countless hours of community service work, was elated after his 300-metre walk down the beach boardwalk.

"I could feel the heat on my face," he said after he passed the torch to Jocelyn Heald.

Danny-Jo's dad, Gimli councillor Danny Luprypa, sat on the relay committee, helping organize the route and facilitating other events such as the Kiwanis fish fry that formed part of the day's celebrations.

"His nomination was based on community service, primarily," said Coun. Luprypa, who was joined by his daughter Tabitha and her fiancé Nathan for the event. "He volunteered at Evergreen Basic Needs for years and for various Kinsmen projects. He volunteered at school, too. He did a community service credit at school for graduation, and he works at Cornerstone. So he has been a great help in the community."

Gimli High School graduate Carley Matkowski was selected for the relay team because of her work for the community.

"My grandma sent in an application to nominate me," she said. "Everybody had to get nominated by someone in the community. I got chosen and I was really honoured."

Gimli High School student, Thea Goodman, a multi-talented musician, was also one of the lucky



TRIBUNE PHOTOS BY PATRICIA BARRETT

Canada Summer Games President Jeff Hnatiuk (left) passes the torch to Danny-Jo Luprypa, the No.1 torch bearer from Gimli. The Gimli Yacht Club will host the upcoming sailing competition for the 2017 Canada Summer Games from July 30-Aug. 4.

few who were selected to carry the torch.

"It was really cool," said Goodman after she completed her respective 300 metres. "I didn't realize how big of an event it was going to be until I actually got here. This was an amazing opportunity. I feel really good."

Gimli Mayor Randy Woroniuk was the team's anchor and the last person to receive the torch. The mayor legged it from the harbour down to the Gimli Yacht Club with the team bringing up the rear.

"I was told to walk it, but I looked at these people, who had so much energy, and I thought I'd go for a little run," said Woroniuk. "Plus I knew there were paramedics not too far away."

During the welcoming ceremony at the club, which was emceed by Tony Pimentel representing Manitoba Hydro and Games' media relations consultant Monique LaCoste, the mayor thanked Yacht Club members and all the volunteers who made the day a success.

Charlie Burns, vice commodore of the Yacht Club, thanked the torch bearers and the "incredible" volunteers for organizing the event.

"You brought the spirit of the Canada Games to the Gimli Yacht Club today," he said. "Over 90 per cent of Canada's gold medal winners have participated in the Canada Games. It's a community thing."

Gimli MLA Jeff Wharton was also on hand to thank the volunteers.

"None of these events can be pulled off without the fantastic group of volunteers we have in this province [and]...right here in Gimli," he said. "I see it every single day in the community."

Gimli hosted the sailing event in 1999. Both able-bodied and para-athletes take part in the competition. In total, the Summer Games require about 6,000 volunteers.

The sailing competition gets underway Sunday, July 30 and runs until Friday, Aug. 4.

The official Gimli torch bearers were (in no particular order): Danny-Jo Luprypa, Jocelyn Heald, Rachelle Burak, Larry Dewar, Kim Croy, Carley Matkowski, Thea Goodman, Claire Signatovich, Dorothy Pitt, Alan Dann, Sarah Chapnick, Patrick Mills, Angela Zalevich, Julia Walton and Bob Pitt.



Canada Summer Games president Jeff Hnatiuk delivered the torch to Gimli Harbour.



Running with fire. Gimli team anchor Mayor Randy Woroniuk ran the last leg of the Torch Relay. Danny-Jo Luprypa (left), Angela Zalevich and Carley Matkowski



Gimli MLA Jeff Wharton (left), with Gimli Mayor Randy Woroniuk, brought greetings from the province.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Stonewall loses extra-inning thriller at 15U 'AA' provincials

By Brian Bowman

The Stonewall Blue Jays looked like two completely different teams at the 15U "AA" baseball provincials in La Broquerie last weekend.

The first one wouldn't impress too many onlookers, but the second one sure was impressive.

Stonewall looked — and played — like a very good baseball team Sunday on their way to a 9-8 extra-inning loss in the semifinals to the La Broquerie A's.

"We had some bad luck in the top of the eighth," said Blue Jays' head coach Ryan Fines. "(We hit) a line drive that ended up being a double play for them. It was one of those hard-hit balls, so we only got one run.

"But, thank goodness, we got the one run."

The semifinal loss was a tough one for the Blue Jays.

"The boys really showed up on Sunday after having a (poor) round robin, even though we went 3-1," Fines said. "I didn't think we played very well at all but then, all of a sudden, they showed up on Sunday."

Stonewall started Sunday with an impressive 13-3 quarter-final win over a very good Altona team. The Blue Jays knocked out Altona's starting left-handed pitcher early in the game.

"They definitely battled in the quarter-finals and beat down a very good Altona team," Fines stressed. They have very good pitching...and it was a



The Stonewall Blue Jays' Hunter Olson delivers a pitch during U15 provincial play.

good confidence booster for our boys. "It showed that they can hit anyone."

Stonewall started provincial play Friday with a 14-3 win over MacDonald and then blanked Brandon 4-0.

"It was an OK start but I didn't think we hit the ball well enough to warrant 14 runs," Fines admitted. "I thought we had a lot of help with a lot of those runs."

While the win over MacDonald was an easy one, Stonewall had a real battle against Brandon. The score was tied at 0-0 in the fifth inning of an obvious pitcher's duel.



TRIBUNE PHOTOS BY LANA MEIER

Blue Jays' second baseman Chris Fines makes the tag on a sliding LaBroquerie player last weekend.

The Blue Jays used a sacrifice fly to score their first run in the bottom of the fifth and then added three more in the sixth.

"Defensively, we played well," Fines said. "But, again, we really didn't hit anything."

On Saturday, La Broquerie beat Stonewall 10-0 and then the Blue Jays blasted Ste. Rose 13-0. Stonewall

needed to defeat Ste. Rose to get the fourth seed and advance to the playoffs.

"We hit the ball pretty well that game," Fines said. "Maybe the beat down the game before woke them up a little bit."

La Broquerie won the U15 "AA" provincials after a 14-6 win over Elkhorn in the championship game.

Luellman leads Stonewall to win over Kildonan

By Brian Bowman

Great pitching is always a key to a team's success.

And the Stonewall Blue Jays benefitted from a stellar pitching performance from Adam Luellman to defeat the Kildonan Mudcats 3-1 last Thursday in Winnipeg.

"Luellman does what Luellman does," said Blue Jays' veteran Adam Kirk. "He throws strikes and lets the defence be involved. He continues to do, like I said, what he does and he basically throws strikes."

Luellman gave up just three hits and no earned runs in six innings of work.

Tyler Tataryn then pitched the seventh for the save.

Stonewall scored two of its runs in the second inning and then added an insurance run in the top of the seventh. Jarrett Hogue (two) and Josh Stolar crossed the plate for the Blue Jays.

Kildonan scored its lone run in the sixth.

On July 11, Stonewall outscored the St. Boniface Legionnaires 11-6. The Blue Jays' bats were red hot as Stonewall scored in every inning with the exception of the fourth.

"We were hitting the ball hard," Kirk

noted. "We're having some real quality at-bats."

Kyle Turner, Kyle Heroux, Orrin Hogue and Nick Drews each scored twice while Jarrett Hogue, Randy Tesulak, and Rory Tycoles scored the Blue Jays' other runs.

Kirk went the distance on the mound for Stonewall, pitching seven innings while allowing nine hits and four earned runs. He also had a pair of strikeouts.

Stonewall played at Springfield this past Tuesday but no score was available. The Blue Jays will then take part in the 2017 Senior "AA" Baseball

Provincials in Brandon this Friday through Sunday.

Stonewall is in Pool "B" along with St. James, Santa Clara, and Border West. Pool "A" consists of Brandon, Elmwood, Kildonan and Southwest.

The Blue Jays will play St. James on Friday (7 p.m.) and then will have two games Saturday. Stonewall will battle Santa Clara at 9:30 a.m. and then Border West at 3:30 p.m.

Semifinal action will take place Sunday at 10 a.m., followed by the championship game at 1 p.m.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Grosse Isle 1-2 at Midget 'AA' baseball provincials

By Brian Bowman

The Grosse Isle Blue Jays finished with a 1-2 record at the Midget "AA" Baseball Provincials in Brandon last weekend.

Grosse Isle started the tournament with a 15-0 loss to Dauphin Friday morning but rebounded nicely to double Boissevain 4-2 later that afternoon.

"The bats were real quiet (against Dauphin) and they were hitting the ball," said Blue Jays' head coach Scott Stephens. "They made good contact but they had a lot of hits that were just out of reach and in the gaps."

"You hope that some of those eventually turn around and go your way but we didn't get many of those bounces in the first game."

The Blue Jays were then eliminated from the provincials after a 10-4 loss to South Winnipeg on Saturday.

Grosse Isle had a great start to the game, scoring twice in the first inning, but South Winnipeg blew the game open with five runs in the third inning.

That first loss was a tough start to the tournament

for the Blue Jays.

"We lost the first game 15-0 so we had our backs to the wall because we had to win the (next) two (games)," Stephens said. "Boissevain was a very good club but we played a real nice game against them."

Austin Holod pitched very well for Grosse Isle in the complete-game win over Boissevain. He was handed a quick 2-0 lead after the first inning.

"He was throwing strikes and we played well defensively," Stephens recalled. "They had a couple of good hits but he kept them off balance all day."

The future, meanwhile, looks bright for this Blue Jays' team as just one player will be lost due to aging out at the Midget level.

"(The provincials) was a great experience for the kids to play in," Stephens said. "Most everyone will be coming back and we will be optimistic going into next year and we should be even more competitive."

Portage won this year's Midget "AA" provincial title after defeating Boissevain 15-5 in the championship game on Sunday.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Blue Jays Austin Holod pitched very well for Grosse Isle at the Midget 'AA' Baseball Provincials in Brandon last weekend.

Fredborg leads after first round of men's amateur

By Brian Bowman

Selkirk's Travis Fredborg found his old course to his liking on Monday.

The talented, young left-hander fired a sizzling 5-under 66 during the opening round of the Nott Autocorp Men's Amateur Golf Championship at the Selkirk Golf & Country Club.

Fredborg's round consisted of five birdies and an eagle. He had just two bogeys and made par on the remaining 10 holes.

Fredborg grew up golfing on the Selkirk course but now plays out of Pine Ridge. He currently plays Division I golf in the U.S.

But as great as Fredborg's opening round was, he was just two strokes in front of Elmhurst's Devon Schade and Josh Neufeld in the 124-player field.

Breezy Bend's Eric Johnson and Jesse Skelton were next on the leaderboard after shooting rounds of 70 and 71, respectively.

Skelton was tied for fifth along

with Elmhurst's Ben Bandura and St. Charles' Anthony Leicht. Wade Weteilainen (Eagles Landing) and Cole Peters (Quarry Oaks) were tied for eighth after 1-over 72s.

Eight players were tied for 10th after shooting 2-over 73s on Monday.

Selkirk's Wesley Hoydalo, meanwhile, was tied for 27th after a first-round score of 4-over 75.

Tyler Doyle of Sandy Hook was in a 13-player logjam for 45th overall along with Larters Jarrod King. Both shot 6-over 77.

Teulon Golf & Country Club's Jay Stafford had a 7-over 78 to place him in a 11-way tie for 58th. One stroke behind him was Brady Bandura while Warren's Garrett Kristjanson was three strokes back after a 10-over 81.

Round two was played in Selkirk on Tuesday while the third round moved to Elmhurst yesterday and today.

No scores from those rounds were available at press time.



TRIBUNE PHOTO BY BRETT MITCHELL

Teulon Golf & Country Club's Jay Stafford had a 7-over 78 to place him in a 11-way tie for 58th after the first round at the Nott Autocorp Men's Amateur Golf Championship.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Blue Jays to battle Carillon in MJBL playoffs

By Brian Bowman

The Interlake Blue Jays had their first taste of Manitoba Junior Baseball League playoff action this week.

Interlake started its best-of-three first-round series with the Carillon Sultans with games one and two played this past Tuesday and Wednesday (no scores were available at press time).

"(Carillon is) definitely a tough opponent," said Blue Jays' head coach Adam Kirk. "They have some talent out on the field and they have a couple of pitchers that have had an easy time with us this year."

Game 3, if necessary, will be played tonight at 7 p.m. with the Blue Jays being the visitors.

Interlake will have to play good defence if they have a chance to win this series.

"It's been like that all year," Kirk said. "When we give teams more than three outs (in an inning) then we're on the losing end by a big number."

The other first-round playoff series have the St. Boniface Legionaires

playing the second-place team in the league and Pembina Valley taking on Altona.

Interlake finished its regular season with a 7-16 record and in seventh place in the eight-team league. That's pretty good for a first-year team in the MJBL.

"It would have been a little nice to be closer to .500," Kirk admitted. "But seven wins in our first year is a huge step. We started this for the right reasons and it's headed in the right direction."

The Blue Jays wrapped up their regular season with a tough 11-10 loss to the Altona Bisons last Thursday and then played to an 8-8 tie against St. James before the game was called due to rain.

After the Interlake erased a 7-5 deficit against Altona with five runs in the top of the seventh inning, Altona came back with four runs in its final at bat for the walk-off win.

The Bisons led 4-0 after three innings before the Blue Jays scored four in the top of the fourth. Altona scored



TRIBUNE PHOTO BY LANA MEIER

The Interlake Blue Jays' Emerson Klimpke slides safely into second base against the St. James A's.

a pair in the bottom of that inning and then the two teams traded runs in the fifth.

Emerson Klimpke (two), Derek Petrasko (two), Martin Knutson (two),

Lane Holden, Baily Proctor, Chayce Topolnitsky, and Jason Peltz scored for the Blue Jays.

On July 12, Interlake was defeated 12-0 by the Elmwood Giants.

Local teams playing near .500 soccer

Staff

Stonewall United played to a 2-2 draw with Matix FC in MMSL 5th Division action July 6.

Amar Manning and Noah Lawrie scored for Stonewall while Igor Mamula and Vasilje Komienovic replied for Matix FC.

Stonewall was scheduled to play Carmania SC on July 12 and North Winnipeg United this past Tuesday but no scores from either game were posted on the league website at press time.

According to the league website,

Stonewall United was 3-4-1 and had 10 points.

Stonewall United will play Liberty FC Winnipeg next Wednesday (7:30 p.m.) at the Buhler Recreation Park Field 4.

In Premier Division action, CSSE Juventus was also 3-4-1 and had not yet played this month. CSSE will battle Granite United this Sunday at noon at the Ralph Cantafio Soccer Complex.

Next Wednesday, CSSE will take on Lucania FC at the same south Winnipeg complex. Game time is 8 p.m.



TRIBUNE PHOTO BY LANA MEIER

The United's Amar Manning scored for Stonewall in a 2-2 draw with Matrix FC on July 6.

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> GAMES

SUDOKU

3		1		6			9	
		6	2	5				
		7			4			6
							5	
9					2		3	4
	2			1				
	6				1			8
4			6	7				
		8	4					

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Here's How It Works:

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8	9	6	5	2	7	8	7	1
5	2	1	8	7	9	6	8	4
8	7	7	1	6	8	2	9	5
6	7	8	8	1	5	7	2	9
7	8	9	2	8	7	5	1	6
1	5	2	9	7	6	8	8	7
9	8	5	7	8	1	7	6	2
7	1	8	6	5	2	9	7	8
2	6	7	7	9	8	1	5	8

Sudoku Answer

G	N	V	H	P	S	V	D	E	S	T	E
V	H	E	S	S	K	N	I	Z	N	I	T
T	V	V	B	S	E	V	B	I	N	V	R
S	E	T	V	H	E	D	O	M	A	T	I
B	S	S	P	V	N	S	E	R	I	S	
V	O	V	N	H	E	T	E	M	I	R	E
N	V	T	O	S	H	V	T	D	E	G	V
E	T	I	T	E	T	V	S	S	V	T	V
V	T	I	N	S	H	E	H	S	S	O	
E	O	C	V	P	S	E	T	O	S		
N	I	B	V	S	S	N	B	T	O	O	H
A	T	N	D	E	V	N	I	M	G	V	H
V	E	T	E	S	P	I	T	N	V	M	V
P	M	C	H	E	S	S	S	S	V	M	V

Crossword Answer

X CROSSWORD

CLUES ACROSS

- Pile up
- Midway between south and southeast
- Canadian law enforcers
- Bollywood director Prawaal
- Body part
- Ancient Greek City
- Steep cliff
- Korean ruler
- As might be expected
- Takes kids to learn
- Absorption unit
- Parts of the feet
- Political action committee
- Cerium
- Former CIA
- Of she
- Japanese city
- Expression of sorrow
- Artificial body in orbit
- Expressed violent anger
- A way to surface
- Northern gannet
- Outer part of something
- Nothing
- Fathers
- Siesta
- Sino-Soviet block (abbr.)
- Of I
- Cash machine
- Discounts
- ___ Dickinson, poet
- Watches over
- Hindu queen
- Steep banks
- Fertility god
- Port on Danube
- Liquids
- Greek war dance
- In addition
- Data acquisition system
- Crash an aircraft

CLUES DOWN

- Curved shapes

1	2	3	4	5		6	7	8		9	10	11	12
13						14				15			
16					17					18			
19				20					21				
			22					23				24	
25	26	27		28			29				30		
31			32		33		34					35	
36				37		38			39				40
	41				42				43		44		
		45					46		47		48		
49	50		51			52				53			
54		55				56					57	58	59
60					61					62			
63					64				65				
66					67				68				

- "Beastmaster" actor Singer
- A female domestic
- Starches
- Without name
- An air cavity within a bone
- Relaxing places
- Midway between east and southeast
- Editing
- Baseball team
- Intended to be sung
- Video game Max ___
- Makes free
- French young women
- Express delight
- Takes to the sea
- Monetary unit
- Paddle
- Hit with an open hand
- Gurus
- Sings to

- Book of maps
- Publish in installments
- Ink (slang)
- American inventor
- Unclean
- Snag
- Mars Excursion Module
- Abnormal rattling sounds
- For each
- Country music legend Haggard
- Electronic communication
- Drenches
- Type of sword
- Lodgings
- Messenger ribonucleic acid
- Figure skater Lipinski
- Acquire by one's efforts
- Stony waste matter
- Offer
- Without issue

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We thank all applicants for their interest, however, only candidates selected for interviews will be contacted.

RURAL MUNICIPALITY OF ROSSER UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

R.M. OF ROSSER BY-LAW NO. 8/17 Being an AMENDMENT to the R.M. OF Rosser ZONING BY-LAW NO. 15/14

HEARING LOCATION: R.M. of Rosser Municipal Office 0077 E PR #221, Rosser, Manitoba

DATE & TIME: Tuesday, August 8, 2017, at 10:30 AM

GENERAL INTENT To:

1. Replace a reference to the "A80 zone" with "AG zone" in Section 3.19; and
2. Replace "Temporary Additional Dwellings or Mobile Home (see 5.13)" with "Temporary Additional Dwellings (see section 5.6.1)" in Table 5-1 Rural Agricultural Table; and
3. Replace the row regarding "Single-Family Dwelling or Mobile Home" in Table 5-4 Rural Bulk Table with the following:

Single-Family Dwelling or Mobile Home when located on a lot approved in accordance with the South Interlake Planning District Development Plan subdivision policies	"AG"	2	200	125	25	25	300	
Single-Family Dwelling or Mobile Home	"AL"	80	600	125	25	25	300	

FOR INFORMATION CONTACT:

Eric Shaw, General Manager
South Interlake Planning District, 285 Main Street, Stonewall, Manitoba, R0C 2Z0
Phone: 204-467-5587

A copy of the above by-law and supporting material may be inspected at the South Interlake Planning District, 285 Main Street, Stonewall, Manitoba during normal office hours (8:30 AM to 4:30 PM), Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

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ANNOUNCEMENT

BIRTHDAY



Alice Walsh
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ANNOUNCEMENT

IN MEMORIAM



In loving memory
of our Dad and Papa,
Mervin Farmer,
who left us July 24, 2012

Of all the gifts in life, however great or small,
To have you as my Dad was the greatest gift
of all.

-Lovingly remembered
by Lana, Jeff, Mollie, Branden,
Chanele, Annaliese and Matthieu

OBITUARY

Brian J. Larson
September 22, 1959 – July 12, 2017

With great sadness we announce that Brian Larson, our beloved husband, Dad, and Pa passed away July 12, 2017 at the age of 57. Brian is from Teulon, Manitoba and lived in Winnipeg this past year due to illness. Brian is survived by his wife of 36 years Barb; son Michael and granddaughter Madison; son Daryl (Krista), and daughter Erin (Tynan). As per Brian's wishes no funeral will be held. A Celebration of Life will be held Saturday, July 22nd, at the Teulon Hall. The celebration will begin at 2:00 p.m.

Brian was born and raised in Teulon. As the youngest member of his family Brian had his parents and six older siblings who served as his role models which inspired his strong work ethic and integrity. Brian married the love of his life Barb Hamaberg on March 21, 1981. They resided in Winnipeg where Brian attended Red River Community College and received his Business Administration Diploma with honours in 1983. Brian and Barb moved to Alberta to work in the oil industry and brought their two sons into the world. In 1987, they moved back to Teulon as they missed their small town and family. In 1988 their daughter was born in Teulon.



Brian worked very hard at his career and obtained his APICS certificate. He worked for a number of manufacturing companies that allowed his career to grow and experienced a variety of business opportunities and travels. He dealt with many people during his career with whom he developed strong business and personal relationships. As Brian mostly worked in Winnipeg he put a lot of miles on his vehicles commuting and knew the number seven highway like the back of his hand. Brian would often make it in to Winnipeg for work through the worst of Manitoba's winter weather only to find that his Winnipeg co-workers were unable to make it in.

Brian was a family man through and through. Nothing brought Brian more joy than his family and home. Brian was a dedicated husband, father, son, and brother. His kids were his pride and joy. He wanted his family to be happy. All three of his children attended and received their university degrees. Brian was extremely proud to help them reach their goals. Five years ago his granddaughter Madison was born and she brought him so much joy.

Brian also enjoyed working on his yard and garden. He spent numerous hours on his lawnmower either in his yard or his Mom's. Brian also attended every event he could for his kids whether it be hockey, baseball, ballet, figure skating, gymnastics and 4-H and school sports.

Brian became a volunteer for the community throughout his son's minor hockey years. He was a Dad first then their coach and/or manager for his son's teams. Brian was vice-president and referee in chief on the Minor hockey executive for many years. As he curled in the most recent years he also volunteered as Bar Manager for the curling club. Brian enjoyed bike riding, golf, family gatherings, and travelling. As an avid sports fan he followed and attended the Jets, Bombers, and Goldeyes games. On his travels he attended a Blue Jays game, WHL hockey in Victoria, and the PGA Golf Championship in Springfield.

Brian was predeceased by his parents; Clarence and May Larson; his sister Judy Dowsett. Also his in-laws, Bob and Irene Hamaberg.

Brian is also survived by his brothers; Bill (Carol), Dave (Leslie), Don (Diane) and Lawrence (Julie); sister Liz (Jim) Henderson, and brothers-in-law Ernie Dowsett, Allan (Heather) Hamaberg; and sister-in-laws Val (Terry) Lees and Kelly Percy (Lisa) and numerous nieces and nephews, aunts and cousins.

We thank everyone for their support and friendship. In lieu of flowers, if friends so desire, donations may be made in Brian's memory to the ALS Society of Manitoba or charity of their choice.

ANNOUNCEMENT

CARDS OF THANKS

We wish to thank everyone for their love and support during the sudden passing of our son, Joseph Perreault. It is a devastating loss to our family. Thanks so much for the calls, messages, cards, flowers, rose tree, hugs and kisses, prayers and shoulders to cry on. God Bless you all. Thanks!

Joseph was a loving, devoted son, brother and uncle. His passing has left a huge void in our lives. He will be forever missed. Love you son, RIP.

-Gail Perreault
and family

ANNOUNCEMENT

IN MEMORIAM

Judy White
2007 – July 23 – 2017

10 years have passed,
We miss you and love you.
You are in everything we do.

-Love you family



ANNOUNCEMENT

CARDS OF THANKS

The family of Joyce Johnson (nee Yetman) would like to thank Pastor Kolleen and the Teulon Lutheran Church, Ruth Benn, and Lori Cook for the beautiful service they provided. The ladies who served lunch after the service, and Stacey the Flowers were absolutely perfect! To the members of the Crescent Creek community for feeding us and giving us a place to gather after the service, and your continued support, we will always be so grateful. There have been so many friends, family and neighbours who made donations and sent cards of sympathy and love, we thank you all.

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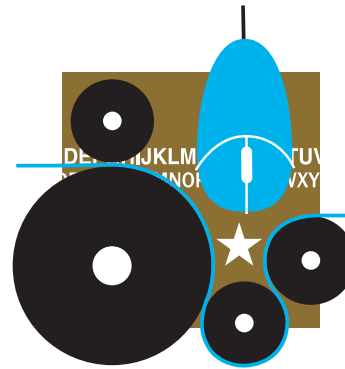
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