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Berry-delicious

TRIBUNE PHOTO BY JO-ANNE PROCTER

Four-year-old Easton Taplin and his nine-month-old sister Ashlynn Taplin enjoyed a day of berry picking at Olde Cramb Farm last Friday.

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The art of healing

By Jennifer McFee

The healing power of art is making waves across the province in memory of a much-loved local child.

It has been exactly one year since five-year-old Danica deLaroque was involved in a canoeing accident on the Churchill River along with her dad Donnie and younger brother Connor. In spite of tireless efforts to save the sweet-natured girl, she did not survive the situation, resulting in ripples of grief flowing all the way from the northern community down to her hometown of Grosse Isle.

Serendipitously, a stunning mural now adorns a wall in Churchill marked with meaningful words: "In memory of Danica Addie deLaroque. Forever with Belugas. Find your village; love them hard. Sept. 6, 2010 - July 13, 2016 #rememberingDanica."

Danica's story remained entirely unbeknownst to artist Charlie Johnston while he created the perfect painting in the perfect place at the perfect time to mark her memory.

The Winnipeg-based muralist was invited to participate in the Sea Walls Churchill festival, funded through the PangaeaSeed Foundation. In total, 18 artists from around the world volunteered their time from June 16 to 26 to brighten buildings throughout Churchill with murals that focus on ocean health.

Johnston created a breathtaking piece that depicts beluga whales swimming amid northern lights that radiate from the hands of an Inuit woman.

He had no way to know how much Danica loved the northern lights or that she was watching baby belugas when the accident happened. Adding to the artwork's impact, this beautified building sits across the street from the hospital where Danica spent her final moments. The mural is painted on the wall of a residence for the doctors and nurses — the same health professionals who spent hours upon hours administering CPR in an effort to revive Danica and Connor.

Belinda Fitzpatrick, a Churchill resi-



Charlie Johnston dedicated his mural to Danica deLaroque.

dent and longtime family friend of the deLaroques, approached Johnston and shared Danica's story. Johnston ended up dedicating the mural, entitled "We Swim in the Same Water," to the young girl who touched the hearts of so many people.

In his mural, Johnston explores spiritual themes of ancestry and legacy, with beluga whales as spirit guides and the northern lights as voices of the ancestors.

"I truly believe in the healing power of art, and I've seen it in action many times over," said Johnston, who grew up in Selkirk.

"In one of my designs, I actually had a child swimming with the belugas. I didn't put that element in my mural, but it was an optional detail that I was going to add if I came to it."

The entire experience proved to be more powerful than the artist ever could have imagined.

"I was going there for my own reasons and for the environmental cause, but once I started to do the piece, this whole other meaning stepped in. In a



TRIBUNE PHOTOS SUBMITTED

The mural depicts beluga whales and northern lights radiating from the hands of an Inuit woman.

way, I realized maybe this is why I was meant to come here and do this in the first place," he said.

"I think when everything is in alignment and you're on your true path, you become like a conduit for something more. It's certainly not anything I'm in control of. It just happens on its own."

For Toni deLaroque, Danica's mom, the mural provides an opportunity to heal some of the hurt that lingers in the hearts of countless people in Churchill and beyond.

"The accident really affected the majority of the residents in Churchill. It's such a small town, so a tragedy with a child has a huge impact," she said.

"Last fall, my husband, my son and I flew back to help the people of Churchill heal — specifically the nurses, doctors, RCMP, paramedics and firefighters. The hours and hours and hours of CPR they performed on Connor was worth it, so it was really important for them to see this little boy running around giggling and laughing."

In the difficult days after the accident, their friends created an online fundraiser for the family, referencing the words "Find your village; love them hard."

"It was based on the way we practise our parenting. It takes a village to

raise a child and that's how we've always been, so that's where that saying comes from. It was important to me to have those words on the dedication," deLaroque said.

"All the emergency staff were there to witness them dedicating the wall. They all had a good cry that afternoon. It was another healing moment for them in this journey."

To this day, the deLaroque family continues to feel the support of their villages, both in Churchill and closer to home.

"As they were dedicating the mural, Belinda was sending me cell phone pictures of all of the people at the wall right at the moment," deLaroque said. "It was really touching and heartwarming."

As a Churchill resident, Belinda Fitzpatrick can clearly see the uplifting effect of all the murals, particularly Johnston's artwork.

"To dedicate that to Danica means a lot to this community. We're a town of 800 people, and tragedy like that doesn't happen a lot in a community like this. So when something like that happens, the whole community hurts and everybody feels it," Fitzpatrick said.

"This is what we needed to help heal

Continued on page 5



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St. Laurent beaches battling shore erosion from high winds

By Jeff Ward

Recent high winds and wave action has created beach shelving on many shores in the RM of St. Laurent, but due to perpetually high water levels on Lake Manitoba, the reeve said there's not a lot that can be done.

Reeve Cheryl Smith said that she is concerned about the recent shore erosion that has left some beaches in the area with a small cliff. Residents along Sandpiper beach have seen a sharp drop off due to this erosion and have taken to posting the photos on the RM's Facebook page.

St. Laurent's MEC Paul Belair has been documenting the areas that are seeing erosion for reference and said that areas that are impacted now could be more vulnerable if

the lake gets to flood stage. Belair explained that he's cataloguing the sites to be better prepared in the case of a flood. The erosion is not only unsightly but could be a hazard for those not watching their next step as the cliffs can be a drop off a few feet. And the problem is compounded by the fact that the RM can't really do anything

to stop the erosion, Smith said, because the lake level remains so high.

"If we came in and put new sand on the beaches to fix it, it wouldn't even last a few months," said Smith.

"The sand will get washed away, so the solution to the problem has to be natural. There are certain things you just can't do anything about and you hope the solution is given to us soon in the form of the emergency outlet so we can control the lake level."

"IF WE CAME IN AND PUT NEW SAND ON THE BEACHES TO FIX IT, IT WOULDN'T EVEN LAST A FEW MONTHS."

Smith said much of the problem with the recent erosion is due to the level of Lake Manitoba, which is currently sitting right under flood stage of 814 feet at 813.50 feet. With the lake being more than a foot over its maximum desired operating range, the beaches and shoreline will suffer. Shoreline erosion of hard-packed earth takes much longer to happen, but for beaches with soft loose sand, the process can happen fast.

Smith said she is worried what the erosion will do to any potential cottage buyers or new homeowners. She wonders if the beach shelves will dissuade people from moving to the area.

"Our beaches are one of the reasons



TRIBUNE PHOTO VIA FACEBOOK

Sections of beach along Sandpiper and Twin Lakes Beach are seeing erosion after sand was washed away during a period of high wind. The reeve said that there is little that can be done with the lake level being so high.

that council way back when decided to start doing subdivisions and lake-front lots. They saw an opportunity

there to create tourism and enhance the tax base. No one wants to see that go away," said Smith.

Berry pickers for hire



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Manitoba Youth Job Centre was busy filling strawberry orders last week at Olde Cramb Farm. Back row, left to right: Ryan Milner, Emma Schewe, Braeden Park, Halle Schewe; front row, Connor Crosby, Stephanie Milner and Sarah Snivley.

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Celebrating Canada 150 in Ottawa

By Jennifer McFee

Imagine celebrating Canada 150 on stage in Ottawa in front of throngs of ecstatic Canadians.

For a local teen, that unforgettable experience was her reality. Olivia McCowan was one of 150 Canadian youth chosen to go to Ottawa from June 24 to July 3 as part of the Canada 150&Me event put together by Experiences Canada.

As a University of Winnipeg Collegiate student, 16-year-old McCowan just finished Grade 11. During the first history class of the school year, her teacher provided information about the project initiated by Experiences Canada, a national charitable organization that provides youth with travel and exchange opportunities across the country.

"We were required to do the project for a mark in history, but then we also submitted them online to the contest. Then I was picked to go to Halifax for a regional forum from May 14 to 19. There were four of those forums around the country," said McCowan, who lives just outside Grosse Isle.

"From there, they chose 150 people



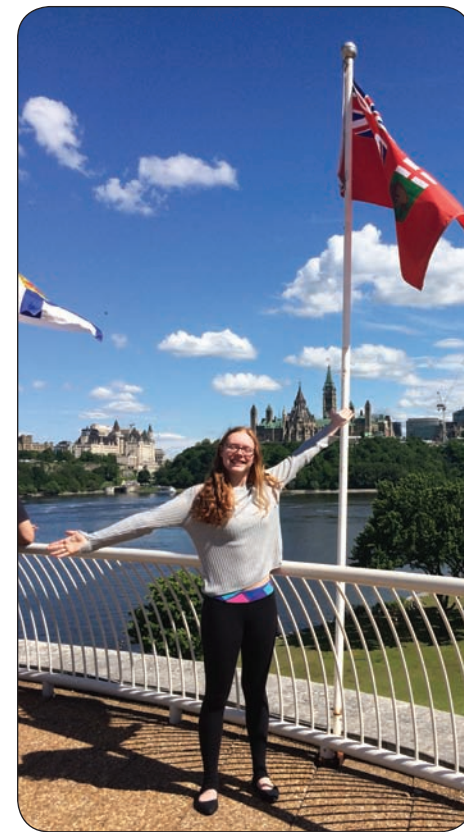
Olivia McCowan of Grosse Isle was one of 150 Canadian youth chosen to go to Ottawa as part of the Canada 150&Me event.

from those four forums to go to the national forum in Ottawa. I was so happy when I was chosen."

The participants, who ranged in age from 14 to 19, were divided into groups to prepare five-minute bilin-

gual presentations for the national youth forum. McCowan's group chose to focus on environmental technologies of both the future and the now.

The national youth forum took place at the National Gallery of Canada on



TRIBUNE PHOTOS SUBMITTED
Olivia McCowan was pleased to be selected to participate in the experience.

June 27. McCowan presented on stage with some of the other members of

Continued on page 7

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Danica's Village

By Jennifer McFee

In honour of her much-loved daughter, Toni deLaroque has set up Danica's Village fund as a new initiative to contribute towards some positive causes and directly benefit our local community kids.

She has been amassing ideas with input from village members and teachers at Brant-Argyle School, where Danica completed kindergarten.

This weekend, the Grosse Isle Heritage Site Committee is hosting a Canada 150 event (in partnership with the Prairie Dog Central, the Grosse Isle Recreation Club and the Rosser Community Club), and some of the proceeds will go towards the Danica's Village fund. The event will take place on Saturday, July 15 at the Grosse Isle

Heritage Site and the recreation club grounds.

Going forward, the plan is to continue hosting an annual kid-friendly summer carnival after school wraps up each year in order to raise money for other initiatives that will benefit community kids.

The first large-scale purchase from Danica's Village fund will be for rainbow buddy benches for the local schools as well as one for the Churchill community. These benches are made from recycled milk cartons in various colours to look like a rainbow. The village logo will be visible on the back of the bench as well as Danica's name inside of a heart.

"The idea of a bench is for kids who don't have anyone to play with. They go and sit on the bench, and when

other kids see them, they run over and invite them to play," deLaroque said.

"Danica was very much that way at a playground, always including everyone."

The rainbow imagery remains significant for deLaroque, whose friends send her photos of rainbows that brighten the sky.

"A rainbow baby is a baby born after a miscarriage, late loss, stillborn or infant death. Donnie and I experienced a miscarriage a little over a year before Danica was born," she said.

"She was our rainbow baby, and since her passing, everyone has been posting images of rainbows they have seen, saying my girl stopped by to say hello. She has travelled all over the States and Canada, including our own yard."

The fundraising target for the rainbow buddy benches is approximately \$10,000.

As another fundraiser, deLaroque will be selling "Find your village, love them hard" mugs and shirts. Mugs will cost \$17 and shirts will cost \$25, and deLaroque is compiling a list of community members who would like to make a purchase. Anyone who would like to buy a mug or shirt can call or text deLaroque at 204-396-6784.

She also plans to host a "sign nite," similar to a paint night except that everyone will make new village signs, to take place at Grosse Isle hall in September around the date of Danica's birthday. Afterwards, the participants will get to take the signs home to hang



Danica deLaroque

up at their own residence. The cost to participate in the sign party will be \$45.

This is only the beginning of Danica's Village, so the community can stay tuned for more initiatives to come.

"I'd like to extend a great big thank you to my village for all that they have done for us this past year," deLaroque said.

Her entire family understands firsthand the importance of the phrase "Find your village; love them hard."

> ART OF HEALING, FROM PG. 2

everyone's hearts and minds."

Project curator Kal Barteski is also astounded at the unexpected outcome of the mural festival, which she hopes will become another attraction to draw tourists to the northern town. Artists volunteered their time and talents from across Canada and the United States, as well as from New Zealand, Australia, Spain, Germany and Brazil to participate in the project, which was nearly cancelled when rail service shut down.

"We didn't start with the intent to heal. We didn't go with the intent other than to do anything but paint ocean health murals. What happened when we were there was nothing short of magic," said Barteski, who participated as a muralist herself.

"The mural with the belugas was so perfect. The way everything unfolded, it was almost like it was always supposed to be that way. We didn't know the Danica connection would happen — but it did happen and it was just tears for everyone, the artists included."

The mural has also provoked a teary-eyed positive response from the public.

"I think that Charlie's mural was so emotional because things came together in a way that you don't expect," Barteski said. "It was a tragedy, and Charlie knew nothing about it."

With an eye on the horizon, the deLaroque family plans to travel back to Churchill later this year to view the mural dedicated to their beloved little girl.

"I'm at peace with the way that Danica passed because she died doing something that she absolutely loved with the two guys she loved the most. She wanted to be with the belugas, and she was singing Baby Beluga when the accident happened. I am comforted by that," Toni deLaroque said.

"This artist chose an image that reminds us the most of Danica and put it on a wall a couple hundred feet away from where she passed away. It's amazing and beautiful — and it's more than a random coincidence."

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> ARNIE WEIDL Give up the turkey bait!

Hi fishers. Our friends have given us some really great angling stories this past week. Enjoy!

The sand on Gimli's Willow Island beach was cool on Sandy's bare feet in the still early evening. A slight lady, her short brown hair fell on either side of her delicate face. Her gaze cast east across the glass-like water that reflected the weakening sun at her back. Beside her, her son David Sykes, a thin yet soon to be a full grown man, whipped a fishing line out in hopes of catching tomorrow's lunch. He sat back in his folding chair beside his mother, taking in the sight of pelicans splashing into the water not far out. Lazy tiny lapping waves fell on the shore. Seagulls called to each other as they flew overhead.

David touched his line, "feeling" for a fish nibbling just as his grandfather, David in Lac du Bonnet, had taught him. He tensed as he felt a tugging tremble and then a tearing away of his line. He tightened his reel tension to match whatever had taken his baited hook. Without a word, Sandy rose, making space for David to play his fish. All the hints and tips his grandfather had given him over the years came racing forward in his mind. When the fish was still, he slowly walked backward away from shore, drawing the fish closer to the beach. When it fought, he would walk forward reeling in. So it went, time after time, until a nice-sized jackfish broke water right up at shoreline. He waded into the water, claiming his prize. Then mother and son collected their belongings and walked up to their house in the cooling evening air. Thanks for the story, Sandy and David.

The Lockport pier happened to be open last Wednesday, which is where I had the good fortune to meet Lori Gesell and Kyle Plyschke of Winnipeg. Lori was one of those exceptional gals who, when you're with her, the world gets just a little bit brighter and happier. Her tied-back blond hair complemented her appealing face. She was in constant motion. Bursting with enthusiasm, Lori gave one of her favourite stories about her son, Jessie, fishing when he was eight years old.

The family had a boat house on the shore of Lee River east of Lac du Bonnet which also served as a cottage. Once, on a sunny Thanksgiving afternoon, willowy, blond Jessie got the bright idea of going fishing. Since he had been enjoying pieces of turkey all day, he didn't see any reason why a fish wouldn't like it too. He hated to part with some of his



TRIBUNE PHOTO SUBMITTED

Jeff Armitt holds up his spectacular jackfish catch while fishing in Kenora, Ont., recently.

meat, but the need to try to catch a fish was greater. So he baited his hook with some and down to their small wood pier he went, tossing his line in. Lori was busy in the house doing dishes when suddenly she heard angry shouts from Jessie crying, "Give it up! Give it up! You give it up!"

She rushed out onto the dock to see her son kneeling, straddled over a 16-inch pickerel, grasping it by the head and yelling at it with gritted teeth. Perplexed, Lori ran forward, lifting her son off the fish, telling him one should not abuse fish. Jessie, still upset, excitedly complained, "I want my turkey meat, mom, and he won't give it back!" Lori sat down on the little pier cross-legged, gathering her son to her, and began laughing so hard she was shaking!

There was a stiff north wind coming off the lake at the south beach of Grand Marais last weekend. I was sitting in my car looking at the three-foot-high waves pounding the shore when I saw a truck pulling up behind me. I got out and introduced myself to a very muscular looking fellow, Jeff Armitt, who began taking fishing gear out of the box of his truck. He talked to me as he worked, recalling catching a huge jackfish off the pier at Kenora. The humorous part was that no sooner had he released the one shown here, he caught an even bigger jack. It was so big a fishing shop owner he knew had to come down to the pier and help him land it. He took pictures and then released the big guy but was surprised to see another angler had taken his "magic" spot when his back was turned!

See you next week. So long for now.

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RCMP Community Block Party celebrates Canada 150

By Jessica Worb

Loud sirens sounded on Dominion Street in Winnipeg last Friday, but not for the usual reasons.

Young children, who attended the RCMP Canada 150 Community Block Party, were happy to be sitting in RCMP cars sounding the sirens.

The event, which was in celebration of Canada's 150th birthday, was an opportunity for Manitobans to learn more about the RCMP.

"We thought it (Canada's 150th birthday) would be a great opportunity as a provincial police force to showcase all of the things that we do," said Assistant Commissioner Scott Kolody, commanding officer of the RCMP in Manitoba.

While seeing their child inside of a police car is usually a parents' worst nightmare, last Friday the parents were smiling and taking photos of their children inside the cars.

"This is a great opportunity for the community," said Peggy Lapensee, one of the attendees.

The event, which was the first of its kind for the RCMP, began with opening words from Kolody, followed by pipes and drums.

Young children and their families lined up and explored the different units, which included the emergency response team tactical armoured vehicle, the explosive disposal unit, forensic identifica-

tion services and several other RCMP vehicles.

Many officers said it was nice to relax and answer community members' questions.

"It's so nice to talk to people in the public in a relaxed situation," said Const. Darren Kerchak. "Typically, when we interact with the public, somebody is hurt or it's an intense situation. Now, we can relax and talk to them and explain what we do."

Many guests in attendance were friends and family members of RCMP staff.

The Amirault family came in from Selkirk to enjoy the festivities. For Sophie Amirault, 10, and her sister Zoey, 8, it was their first time seeing some of the RCMP equipment up close.

The girls, who were in line for face paint, said they were excited to see and explore everything.

"No, not really," Sophie giggled when her mother, an RCMP officer, asked her if she wants to be a police officer when she grows up.

Attendees kept their heads up to the sky as several members of the emergency response team propelled down the side of headquarters. Crowds of Manitobans stood out in the sun, watching in the heat. Other demonstrations were from the police dog services and the explosive disposal unit robot. For many children and adults, it was their first time seeing these demonstrations.



TRIBUNE PHOTO BY JESSICA WORB

Sophie, left, and Zoey Amirault smile as they sit on the tactical armoured vehicle after having their faces painted.

Adding to the festivities was the presence of the Grey Cup, which was carried in by Jeff McWhinney, The Keeper of the Cup for the Canadian Football Hall of Fame and Museum.

"We are able to get on the street and be able to bring kids and different generations together," McWhinney said. "Grandfathers and grandmothers that used to watch. It's great to see."

Added construction exceeds \$3.8 million in value

By Jennifer McFee

Works and operations supervisor Dustin Davidson spoke to council about a blockage that is affecting the south lift station.

After consulting with industry experts across the province, he said that a system capacity assessment may need to be undertaken in order to determine the cause of the problem. This is the second time that this type

of situation has occurred in less than a year.

Council provided permission for Davidson to get quotes for the assessment, and they will call a special meeting to provide approval if needed.

In other news:

- Council approved a variation request from a Stonewall resident to build a round above-ground pool a little bit closer to his deck than is usu-

ally allowed.

- A & E Masonry will do curbing in the cemetery at a cost of \$4,200 plus tax.

- The SIPD building permit report indicates that the assessed value of added construction so far in 2017 is nearly \$3.8 million in Stonewall, up from \$2.7 million at the same time last year.

"Looking at that, we're going to be

on pace for a lot more added taxes, which will be really good for the Town of Stonewall," said Mayor Lockie McLean.

- Filming for a CBC TV series might take place at Stonewall Town Hall.

"I think it's fantastic that we're showcasing any part of the town," said Coun. Sandra Smith.

> OTTAWA, FROM PG. 4

her group in front of an audience that included notable people such as Gov. Gen. David Johnston, MP Will Amos, Chief Perry Bellegarde and author Charlotte Gray.

Throughout their stay in the nation's capital, the 150 participants had the chance to explore the Canadian Museum of History, Gatineau Park, Aga Khan community gardens and the Canadian Museum of Nature.

Adding to the excitement, they rehearsed for their part in the Canada 150 show, which brought them right on stage to look out at the massive crowd.

"There were so many people there everywhere. We were very lucky. We were in the noon show and we were with one of the French singers, so some of us were waving flags," McCowan said.

"We were on right before Justin Trudeau gave his speech. That was

pretty cool because he was sitting right there. We got special passes to get into the short line so we got a spot on Parliament Hill for the evening show and the fireworks and everything. It was a really cool day."

For McCowan, it was an amazing experience from start to finish.

"There were so many inspiring people there — the other youth, all the youth ambassadors and everyone that I met," she said. "They all had different ideas for things to do in the future. It was nice to get those other perspectives on different issues."

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Wish Ride organizers gearing up for annual horse and motorcycle ride

Ride for a Child's Wish planned for Aug. 19

By John Bruce

Gary and Silver Peltier's hobby farm south of Woodlands is quiet now, but on Aug. 19 the sound of hundreds of horse hooves and dozens of roaring motorcycles will reverberate across their 13-acre property.

For the past 28 years, the Peltiers have raised over a \$1 million for the Children's Wish Foundation, and at the 29th annual Ride for a Child's Wish, they hope to raise \$90,000.

"With the amount of money we bring in, now we get to help six or eight children get their wishes," said Silver Peltier. "We know that it's going to make their lives a little bit better."

The Peltiers' Ride for Child's Wish fundraiser benefits Children's Wish Foundation, a charity that helps grant wishes to Manitoba children who are diagnosed with life-threatening illnesses.

Horseback and motorcycle riders raise a minimum of \$20 to participate in a 12-kilometre or 250-kilometre ride, respectively, through the Interlake region.

The ride is followed by children's entertainment, a dinner consisting of a pig roast, chicken, coleslaw, baked potatoes, beans and corn-on-the-cob, all donated by local producers, a silent auction with 101 prizes and a barn dance with live music.

The Peltiers' relationship with Children's Wish began when Gary serendipitously encountered the charity's representatives at a convention in Winnipeg 30 years ago.

"They said 'If you give us a dime, it's a dime we didn't have yesterday,'" said Gary Peltier. "It's become our motto."

The first annual Ride for a Child's Wish sold dinner to about 25 people and was attended by 12 horseback riders, raising \$750.

It's grown since then.

The ride now consistently raises over \$80,000 a year and attracts around 100 horseback riders, 40 motorcyclists and 700 to 1,000 guests.

"Such great dedication and devotion," said Maria Toscano, director of Manitoba's Children's Wish Foundation. "We couldn't do what we do if we didn't have people like Gary and Silver and all their volunteers and donors."

In 2009, Gary and Silver won the Children's Wish Foundation's Laura Cole Award for volunteers of the year.

The money raised can usually fund the wishes of multiple children, but there is always one child ambassador or family representative at the event to say a few words about what the Wish Ride means



TRIBUNE PHOTO SUBMITTED
Sheena Pennell was the Wish Ride ambassador in 1992. Sadly she died of brain cancer two years later.

to them.

This year, Liz Bannister will be speaking on behalf of her seven-year-old son Max Bannister who had emergency heart surgery as an infant and almost 20 subsequent operations to repair surgical scarring.

"It feels like Max is being acknowledged for something out of the ordinary that kids shouldn't have to face," said Bannister. "It's like they're saying 'Wow, you're an incredible boy and we want to do something incredible for you.'"

Max, a fan of *Cars*, *Frozen*, and *Star Wars*, will be going to Disneyland with his family this year.

The Peltiers' relationships with these families often continue to flower after the last horse comes home.

Valerie Hartle's daughter Sheena Pennell was a Wish Ride's child ambassador in 1992. Sadly, she died of brain cancer in 1994 at the age eight, but she received her wish of going to Disney World with her family.

"It was really special," said Hartle. "A really good break for us to get away from all the hospitals and all the needles."



TRIBUNE FILE PHOTO BY JO-ANNE PROCTER
Pictured left to right: Ride for a Child's Wish volunteer Wally Finnbogason, Silver Peltier and Brianna Peltier. Gary Peltier in the back.

Since then, the Wish Ride has become a family tradition for Hartle. Her daughter Morgan, 18, has been to every Ride for a Child's Wish since she was born.

"It wouldn't seem right not attending," said Hartle. Hartle has volunteered every year since, often as a committee member.

The Peltiers and a committee of around 10 people start organizing the event in January, and every year the Wish Ride gallops on, rain or shine — like the year the Peltiers' home got flooded.

"We were living in a borrowed fifth-wheel trailer and we did the ride out of there one year," said Peltier. "But we managed to put it on."

Peltier said that year, like every year, couldn't have happened without volunteers.

The Ride for a Child's Wish is always looking for volunteers to help sick children's wishes come true. You can contact the Peltiers through the Wish Ride's website at www.rideforachildswish.ca.

Anyone is welcome to attend the event on Saturday, Aug. 19 at the Peltier farm located just off of Highway 6, north of Warren, south of Woodlands.

Dinner is served around 5 p.m. and is available for \$10 per person or \$30 per family of five.

There is a link to donate to riders on the website, and if you want to be a rider, please email info@rideforachildswish.ca and they mail you pledge sheets.


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CancerCare services upgraded at Selkirk's new hospital



By Maggie Wysocki

Since the Selkirk Regional Health Centre officially opened on June 25, thousands of Interlake patients have walked through the region's new hospital.

One of the changes many patients say they're happy about is the bigger and more efficient CancerCare Program services.

"People don't realize what services are available to them until they're diagnosed with cancer, so patients have been really pleased when they see what we have," said Interlake-Eastern Regional Health Authority spokeswoman Lauralou Cicierski.

The new space on the hospital's second floor has a larger square-footage area for treatments, more windows for natural light and additional treatment rooms. The upgrade also includes two new dialysis chairs, allowing a total of seven patients to receive chemotherapy at a time.

"The staff are really enjoying the bigger space. They have more privacy. They're not tripping over one another. The mood is definitely hap-

py," said Audra Nesbitt-Hume, the clinical team manager for Selkirk oncology, dialysis and outpatient unit.

The new space currently treats 125 patients, but Nesbitt-Hume says CancerCare Manitoba is aware they can accommodate even more.

Additional staff have also been hired, which will allow the hospital to increase their patient intake, she says.

Allowing people who live in the Interlake to stay close to home while receiving treatment is necessary to the recovery process, she said, adding that local or area residents diagnosed with cancer can contact CancerCare Manitoba to be referred to the Selkirk Regional Health Centre.

A new Cancer Navigation Services office is also fairly new to Selkirk, opening its doors last spring. The resource gives patience and their families emotional support and the practical education needed regarding treatment.

If you or someone you know is diagnosed or think they might have cancer, contact the Cancer Navigation Services at 1-855-557-2273.

TRIBUNE PHOTO BY MAGGIE WYSOCKI
Registered nurse Debbie Boyko preps an IV for the next patient at Selkirk Regional Health Centre's new and upgraded CancerCare Program facilities.

Stonewall RCMP continue to investigate fatal collision

Submitted

On June 29, 2017, a 33-year-old male from Winnipeg was pronounced deceased at a Winnipeg hospital from injuries sustained in a June 21 collision.

At approximately 10:45 a.m. on June 21, Stonewall RCMP responded to a single-vehicle rollover on Highway 7, just north of the Perimeter Highway.

A northbound semi with an empty gravel trailer lost control and rolled into the east ditch.

Speed and alcohol are not considered factors in the investigation. The driver was not wearing a seatbelt.

A RCMP forensic collision reconstructionist is assisting with the ongoing investigation.



TRIBUNE PHOTO BY NATASHA TERSIGNI

A 33-year-old male driver of a northbound semi that lost control and rolled was pronounced deceased at a Winnipeg Hospital on June 21.

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Local farmer fears for future generation of growers

By Maggie Wysocki

The number of farm operators in Manitoba is decreasing, while the average age of farmers continues to rise, according to the 2016 Census of Agriculture results.

Despite the increase in age, only one in 12 farmers said they had a formal plan in place for how their operation will be transferred to the next generation.

For 62-year-old grain farmer Greg Thidrickson, these statistics are alarming and he says the next generation of farmers "don't have a prayer."

"The margins are so narrow. There's not a lot of regular guys like me farming anymore. The big guys are taking over and the next generation won't have the money to buy land," he told the *Tribune* during an interview on his property in Petersfield.

Thidrickson has been farming for more than 40 years and says he bought 320 acres of land in the '70s for \$60 an acre. Now, he says he's started to sell parcels of his land for upwards of \$800 to \$1,000 an acre.

The rising cost of land is only the first challenge. Cost of equipment, fertilizer and seed has sky-rocketed, too, he says, adding he now pays \$700 for a tonne of fertilizer as opposed to \$80 when he first started.

Census results also revealed that 44 per cent of Canadian farmers do some sort of off-farm work as a supplementary income. Roughly 30 per cent of farm operators worked an average of 30 hours a week or more off the farm, according to the results.

In Manitoba, total farm area dropped two per cent to 17.6 million acres while the average age of Manitoba farmers rose by 1.3 per cent to 53.8 years old.

Thidrickson said his main concern with major corporations and hutterite colonies purchasing his land is that the money won't necessarily stay in the local economy.

For now, Thidrickson believes there's not much luck for the next generation of growers.

"My 28-year-old nephew is trying to start farming but he has to borrow all our stuff or else he wouldn't have



TRIBUNE PHOTO BY MAGGIE WYSOCKI

Petersfield farmer Greg Thidrickson says he's worried about who will buy his grain crops after learning about the 2016 Census of Agriculture results, which showed only one in 12 farmers said they had a formal plan in place for how their operation will be transferred to the next generation.

a chance. The expenses aren't even realistic," he said. "You've got to get an education nowadays as a backing

because you don't know what could happen with farming now."

Register your email address

By Jennifer McFee

Stonewall residents are encouraged to register their email address through the Town of Stonewall website to make sure that they receive important notices and information.

Municipal emergency co-ordinator Pete Bullivant said information about the "Register With Us" initiative will also be included on the back of this month's water bills in Stonewall.

"If they register, we'll have their

email account," he said. "Then we can send out emails and notifications in regards to things that are going on around the town as well as any emergency measures information such as a weather warning or other things that might potentially affect the town."

In addition to emergency notifications, emails might include information about taxes, water main breaks, street closures and any changes to garbage days due to holidays.

To register your email address, visit the Town of Stonewall website at www.stonewall.ca and enter your information in the bottom right of the



TRIBUNE PHOTO BY JO-ANNE PROCTER

Municipal emergency co-ordinator Pete Bullivant and Town of Stonewall acting CAO Diane Allan are encouraging residents to register their email address to receive important town notices.

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Tracie Leost speaks at We Day in Ottawa

By Jeff Ward

At only 18 years old, Tracie Leost is a powerhouse of passion, and she recently used that energy to continue her journey of inspiring indigenous youth while speaking at We Day on Parliament Hill.

We Day organizers approached Leost a month ago following her successful speech during Manitoba's We Day this past November. Leost was invited to speak following Canada 150 celebrations in Ottawa for We Day, an annual youth empowerment concert that takes place all over the world.

She said she jumped at the chance to take a trip out there for an experience unlike anything before. Leost's message was one of Indigenous pride while also calling attention to the need for more action facing First Nations communities all over Canada.

Leost gained national attention in August 2015 when she ran 115 kilometres from Oak Point to the Missing and Murdered Indigenous Women (MMIW) monument at the Forks to raise awareness for the cause. Leost is Métis and deeply proud of her cultural background and celebrates that love without fear.

"I know that there are people who feel almost ashamed of their culture and that's just not right," said Leost, remembering her own experience as a child.

"I remember an Inuit girl in Grade 1 who was made fun of because of the

traditional dress she wore. And I remember going on field trips and having students ask me if the homeless person downtown was my relative because we had the same skin colour."

Leost understands that it would be easy to get down on one's own heritage if they were being subjected to that kind of talk over and over. But for her, it only emboldened her spirit to be more proud and work to change people's prejudice. Leost spent much of her Grade 11 school year researching Ramona Wilson for a project on MMIW. Wilson was one of the victims of notorious serial killer Robert Pick-

ton. The research led Leost down a path that opened her eyes to a problem that has reached a crisis level in her opinion.

It was after that project that Leost formed the idea for her run where she raised more than \$6,000 for the Families First Foundation, which helps families of missing and murdered Indigenous women.

Her We Day speech used that experience and others to help

connect with youth in the audience.

"I wanted to tell them that I've been an audience member for this event

"I'VE ALWAYS THOUGHT, IF I BECOME A STATISTIC IN THIS NATIONAL CRISIS, THEN THE ROUTE I RAN WILL BE WHAT I'M REMEMBERED FOR."



TRIBUNE PHOTO SUBMITTED

Tracie Leost spoke to We Day attendees on Parliament Hill in Ottawa July 2 and said she hopes to empower and inspire Indigenous youth to be proud of their culture. Leost is seen here with NHL hockey player P.K. Subban.

before. So if I can be where you're sitting and now be the one talking to you, anyone can do it. I want them to be proud and not afraid to show their culture. I want them to say to themselves, 'Oh God, she's like me and look where she is,'" said Leost.

According to Stats Canada, five per cent of the population of Canada is Aboriginal but they made up nearly one quarter, or 21 per cent, of all homicide victims in 2014. Leost said that

she is hyper aware of the statistic and that by simply being an Aboriginal woman she is at higher risk of violence. That fact, however sobering, hasn't deterred her.

"I've always thought if I become a statistic in this national crisis, then the route I ran will be what I'm remembered for. My journey is being shared around the world and I'm going to keep going," said Leost.

Interlake to gain new paramedics and EMS station

By Jeff Ward

New full-time EMS staff and a new EMS station will be coming to the Interlake following an announcement last week by provincial Minister of Health, Seniors and Active Living Kelvin Goertzen.

The Manitoba government will make a \$1.7-million investment to the province's rural emergency medical services. This investment, Goertzen said, will enhance staff resources and ensure Manitobans will be able to access health-care services when needed.

The investments in this area were recommendations from a 2013 provincial EMS review by Reg Toews, a recognized leader in the health-care system. There will be 29 full-time

equivalent primary care paramedic positions added to the province, which will be located in Arborg, Ashern, Glenboro, Waterhen, Gladstone/Konosota, Carman and Morris. Four of those positions have already been filled.

The Lundar EMS station will be closing to make way for a new Eriksdale-based centre that will help cover the region with the assistance of St. Laurent's station, which opened last year.

Interlake MLA Derek Johnson said that the region will see better coverage with these changes and that while he is pleased his region is getting attention, these changes are about rural Manitoba as a whole.

"These changes will bring better services for all Manitobans, not just the

Interlake," said Johnson.

"These new stations will all be staffed 24-7 and that's the goal moving forward. So let's say St. Laurent is out on an ambulance call, the ambulance from Eriksdale will move halfway between Eriksdale and St. Laurent, which is Lundar. When one is away, the other broadens their coverage area to fill in the gap."

The plan would work similarly if the Ashern-based ambulance is out on a call, the new staff at the Eriksdale station would broaden their service range to accommodate.

"It's less about where the stations are and more about where ambulances are," said Goertzen.

Currently, Manitoba has 92 EMS stations, and after the change that num-

ber will be 74 — a reduction of 18 stations.

Johnson added that some of the new EMS positions might even catch the eye of local firefighters who will grow their skills with new education and take on that role. With many residents in the area already doing that kind of work, it could be a natural evolution for some.

"There might be someone in the area capable of filling that position," said Johnson.

Goertzen didn't provide a detailed timeline on when the new positions would be filled, when the new stations would be built or when old stations, like Lundar, would be closed. He explained that it could take as long as 10 years to fully implement the changes.

Trying to break the cycle of abuse

Nova House opening sheds light on need for emergency shelters

By Lindsey Enns

Melissa's face and arms are covered in cuts and bruises and her voice is still strained from screaming for help.

The Winnipeg woman says her boyfriend abused her for three days straight before she fled to Selkirk.

"It got so bad that I got dragged out onto the train tracks and people that were near us saw me and took me to the hospital," the 34-year-old said. "I was screaming really loud and they heard me and then he took off."

Just hours before Nova House's grand opening in June, the *Tribune* spoke with three women currently staying at the new emergency shelter for women and children escaping abuse. The *Tribune* has given the women names to keep their real identities anonymous.

Nova House executive director Anna Pazdzierski says they currently have 13 women and four children staying at their new shelter, which officially opened its doors in May.

"I wish we weren't needed but we are," Pazdzierski said.

Melissa said when she arrived at Nova House last Tuesday she wasn't sure what to expect.

"I'm really scared right now. I don't think I've ever been this scared in my life," she said. "But I feel safe here and everything is super secure."

For 37-year-old Carol, this is her second stay at Nova House.

"When I first came here in December, I was only 95 pounds," she said. "I just couldn't deal with my issues."

Carol said she's now learning how to move on and stay away from abusive relationships.

"I think the hardest thing to do is to leave, but it's also the best thing to do," she said. "At first, you feel guilty for leaving, like you're doing something wrong, but you're not ... you're helping yourself."

"It's just better to leave and start fresh."

Carol said her ex-boyfriend was an alcoholic, and after months of emotional and physical abuse, she decided to leave.

"I had a feeling that I was going to end up dead," she said. "I didn't leave so much for myself but for my family."

"I didn't think it was fair for my mother to have to bury her daughter."

Carol's new-found strength is evident when she talks about her past relationships.

"Nobody has the right to put their hands on anybody," she said.

Sharon and her two young children were also escaping an abusive relationship when they arrived at Nova House in May.

"I got beaten up by my ex ... and I was in a pretty bad state when I got here," she said. "I had a concussion and I thought I had a broken nose."

"All my confidence was just gone."

In a couple of weeks, Sharon said counsellors have helped her feel like herself again. She said the new facility "feels like a home."

"When I first got here, I was lost. I've never been to Selkirk before. I felt really out of place," she said. "But these ladies are very helpful. They talked to me and they didn't make me feel pressured or anything."

Nova House hosted their new shelter's official grand opening and ribbon cutting at Selkirk's Gaynor Family Regional Library on June 28.

The new \$2.9-million building replaces an older facility in Selkirk that the shelter outgrew years ago. It houses 22 emergency shelter beds and four apartment units to help women and families transition back into the community.

The home also has play areas for children and office space to facilitate on-site resources and referrals.

"Nova House is a critical lifeline to show women and children in crisis that they are not alone when they leave dangerous and abusive situations," said Families Minister Scott Fielding during the shelter's grand opening.

Local dignitaries and community members also took the time to thank the Jim and Betty Ann Gaynor family, who donated more than \$550,000 to the project, during the grand opening.

"You guys are amazing for everything you've given to Selkirk," Selkirk-Interlake-Eastman MP James Bezan said during his address to the dozens in the crowd.

"What you're doing in Nova House will affect and touch so many lives in such a positive way."

The federal government provided more than \$300,000 through the



TRIBUNE PHOTOS BY LINDSEY ENNS

Jim and Betty Ann Gaynor help lead the ribbon-cutting alongside local and area dignitaries during Nova House's official grand opening at Selkirk's Gaynor Family Regional Library June 28.



Selkirk-Interlake-Eastman MP James Bezan, left, presents Nova House executive director Anna Pazdzierski, right, with a plaque during Nova House's grand opening last Wednesday.

Homelessness Partnering Strategy and the City of Selkirk donated the land for the new shelter.

Nova House raised the remaining funds and oversaw the project design and construction along with a committee of community volunteers.

The province's Family Violence Prevention Program (FVPP) assisted in the design process of the new shelter, which is located along Clandeboye Avenue, and increased its annual funding by \$186,000 in this year's budget to support expanded needs in the new facility. FVPP provides \$567,900 a year in funding to Nova House.

Despite the additional funding, Pazdzierski said they will continue their fundraising efforts as their annual programming costs come in at around \$150,000.

Nova House, which provides tempo-

rary shelter, interim housing, counselling, support groups, outreach programs and referrals to community resources, serves the Interlake and North Eastman region of Manitoba along with 19 First Nations. It is also known for having the highest occupancy rate when compared to other emergency shelters across the province.

"Until we get rid of gender-based violence, until we get rid of family violence, we have to have safe havens like Nova House," Bezan said.

Those in need of assistance can call Nova House's 24-hour crisis line at 1-877-977-0007 or locally at 204-482-1200 or for more information, visit novahouse.ca.

Communities in Bloom Yards of the Week



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Two yards were selected to kick off the 2017 Communities in Bloom Yard of the Week program sponsored by Home Hardware. Pictured top: Breanna Figur's Prairie Zen Massage *Holistic* Wellness centre at 336 Main St. was chosen for the pretty garden behind the wrought iron fence leading up to the historic building. Hostas, roses, ornamental grasses and annuals planted in a dark mulch make for a great curb appeal. Pictured bottom: Sandra and Cliff Thorsteinson moved to 38 Keith Cosens Dr. eight years ago and have since dug up rock and weeds and added mulch to showy spirea shrubs, which are great pollinators and have recently been full of bees. Along the house are a variety of hostas and annuals in containers made by Cliff. Rocks and solar lights accent the flower beds. To nominate a yard in Stonewall for next week, be sure to fill out a ballot at Home Hardware. Each recipient receives a gift certificate from Home Hardware.



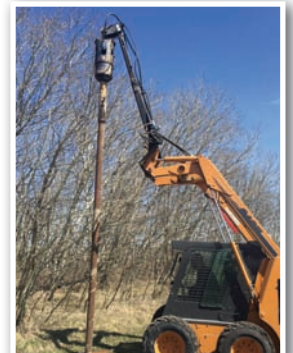
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Thomas Edison 1896

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Sip, savour and socialize



TRIBUNE PHOTOS BY JO-ANNE PROCTER
Chefs Dustin Peltier and Rachel Isak from Loaf and Honey along with Pamela Kirkpatrick and Keith Csabak of Forth prepared a tantalizing 5-course dinner paired with locally produced beer and spirits. The Chef and Farmer Dinner was prepared with Manitoba grown foods and started with fresh breads and honey, a quinoa and chicken salad. Grilled flatbreads with lamb and pork rosemary meatballs with a hint of mint followed. A watermelon and strawberry palate cleanser was served between courses. The main course, Watersong trout was marinated in gin and honey with white bean and leek puree and topped with wilted greens and shaved beets. Lavender shortbread and rhubarb curd tarts with strawberries and meringues completed the most amazing outdoor eating experience at Watersong Farms in Warren last Saturday.



Farm fire destroys hay shed

Staff

Cattle and horses survived a fire at a farm southeast of Stonewall last week.

On July 6 at about 9 p.m., Stonewall-Rockwood Fire Department received a call about a structure fire on Road 74N at the property of Lindsay and Wanda Harris. They arrived to find a 40x80 hay shed fully engulfed in flames.

Fifteen members battled the blaze for about six hours. Stony Mountain-Rockwood Fire Department provided mutual aid with one truck and two members to help shuttle water.

Together, Stonewall-Rockwood Fire Chief Curtis McClintock and the farm owners successfully moved the cattle and horses to safety with no injuries. However, the shed and hay, valued at \$70,000, were a total loss.

Special thanks goes out to the Plymouth Brethren and Allan and Dawn Grenkow for providing snacks and refreshments to the members.

The cause of the fire is still under investigation.



TRIBUNE PHOTO SUBMITTED

A hay shed and its contents valued at \$70,000 burned to the ground last Thursday southeast of Stonewall.



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Berry season is off to a sweet start in Stonewall



TRIBUNE PHOTOS BY JO-ANNE PROCTER

It's officially strawberry-picking season in Manitoba and the short three-week season is well underway at Boonstra Farms and Olde Cramb Farm. Far left photo: Anna Vasylo, visiting from the Ukraine, and Darlene Pelechaty from Winnipeg stopped by The Kiln for a Boonstra berry sundae after picking 11 pails of strawberries at Boonstra Farms on Monday evening. Middle photo: Ernie Welburn stockpiles his baskets at the end of the row at Olde Cramb Farm last Friday. Meanwhile, far right photo, brothers Sawyer and Blake Park visit with goats Zoey and Lydia at the petting zoo at Olde Cramb Farm.

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Library special events

TRIBUNE PHOTO BY KELSEY DINGWALL

Young readers were excited to "Paddle Thru the Provinces" in a canoe at the South Interlake Regional Library, Stonewall branch, last Friday. There are lots of fun summer reading special events planned including Magformer and Cubelet sessions, Storytime in the Park, and Night at the Library. Pictured left to right: Lindsay, Alex, Nolan, Mason, Melody, Elizabeth, Hayden, Hayley, Morgan, and swimming up front is Ashley.

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Real Love Summer Fest coming soon to Teulon

By Jennifer McFee

A popular three-day summer music festival is making its way to a scenic new site in Teulon.

The fourth annual Real Love Summer Fest will provide a musical extravaganza from July 28 to 30 at Ignite Retreats, a private property located off of Highway 7. For the previous three years, the festival has been held in Gimli.

"We're really happy to have found this new festival site. It's in a beautiful private forest area. It's really wonderful," said Gil Carroll, who co-founded the festival along with Adam Soloway.

"It's going to have a big huge main stage is in the woods and we also have an after-hours tent and a dome in the woods. There will be camping within the trees and food vendors and tons of local bands as well as a couple touring acts. We're really excited about it."

Each day, different musicians will be highlighted on social media, adding to the mounting anticipation for the event.

"It's a very diverse lineup. We have a lot of unique artists performing," Carroll said.

"Widowspeak is our main headliner and we're flying them in from New York City to perform, so we're obvi-

ously very excited about that."

The event costs \$60 for the entire weekend, which includes camping.

"We wanted it to be as accessible as possible while not losing money. It's really a grassroots community event that we just started for fun. It took off and people had a lot of interest," Carroll said.

"We also do quite a few shows throughout the year, mainly in Winnipeg, so we have built this music community. It's very open-minded and diverse, and we're really looking forward to this year."

He also hopes to expand the base of festival-goers to include newcomers to the event.

"It doesn't have to just be people that are involved in the music scene in Winnipeg. We want people from all over the Interlake and all over Manitoba to make it a priority to go," Carroll said.

"It's a unique experience, especially in the world of local music festivals. We're happy to be able to curate a unique and exciting lineup. The atmosphere is beautiful and very welcoming. So anyone who's thought about going to a festival or is interested in the local music scene, this is a really great opportunity to see what it's all



TRIBUNE PHOTO SUBMITTED

Teulon will host the fourth annual Real Love Summer Fest July 28-30.

about and to meet some great people." For more information about Real Love Summer Fest, visit www.reall-ovesummerfest.com. Updates are also posted on Facebook, Twitter and Instagram.

letters

Biking from the Viking

Thanks to all the riders and volunteers who turned out for many years for the MS Bike Tour every August in Stonewall. It now should be called "Biking FROM the Viking," as MS Society has decided to start and finish in Gimli. Nonetheless, we will soldier on to help end MS, in my case ride No. 15. Every day, three more Canadians are diagnosed with

multiple sclerosis, which affects vision, balance, memory and mobility. Your pledge funds are invested into ground-breaking MS research and services for the 100,000 Canadians living with MS. Any support will be appreciated!

Ride ON!
Ross Thompson

Stonewall Teulon
Tribune

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Folk Festival breaks records, welcomes change

By Maggie Wysocki

Sunshine, bubbles, hula hoops and oodles of musical talent took over Birds Hill Provincial Park last weekend during the 44th annual Winnipeg Folk Festival.

"We're the third biggest community in Manitoba this weekend, which is pretty cool," said the festival's executive director, Lynne Skromeda.

Though exact attendance numbers had yet to be calculated by Sunday night, organizers believe more than 60,000 folkies took in the weekend festivities and that Saturday's walk-up attendance may have broken records. It was also the first time in more than five years the campground sold out.

Not to mention, the rain stayed away.

"This has been a really fantastic year. I couldn't have ordered the weather better myself," Skromeda said.

But even after 44 years of success, she says Folk Fest still focuses on improving to give folkies exactly what they want.

"We really like to react to audience feedback and do the best we can to accommodate everyone's needs."

A few changes to this year's fest included composting in the festival area and campground, a partnership with Jardins St. Leon Gardens for a fresh fruit and vegetable stand and additional training for first aid volunteers to deal with opioid overdoses.

"We know of the sensitivity around the opioid crisis and even though it's not really our audience we want to



TRIBUNE PHOTOS BY RAE VESA AND MAGGIE WYSOCKI
Stonewall's Two Crows For Comfort, Erin Corbin and Cory Sulyma performed at the 44th annual Winnipeg Folk Festival. Lots of sunshine, bubbles, hula hoops and oodles of musical talent descended on Birds Hill Provincial Park last weekend.

make sure people are feeling safe," said Skromeda.

No naloxone kits had been administered when the *Tribune* spoke with first aid volunteers on Sunday afternoon.

The festival also made the choice to distance itself from the Canada 150 celebrations.

"For us it's about celebrating music and people and so we wanted to look at the entire breath of Canadian music ... not only the last 150 years," Skromeda said, adding that several Indigenous musicians performed

throughout the weekend.

But the fest celebrated the country with the "Canada Far and Wide" daytime workshop, which showcased eight uniquely different artists and was sponsored by Aboriginal Peoples Television Network.

Selkirk resident, Carley Lepine, 24, has been rocking tie dye T-shirts at Folk Fest since she was one and says every year the festival gets better for her.

"It's always changing to accommodate so many artists and they really support local musicians, too, which I



love," she said.

Lepins said it's tough to pick a favourite performance, but listening to the daytime workshops was a highlight. She hopes to follow in her father and aunt's footsteps by performing on a festival stage one day too.

The entire weekend showcased music from 78 different performers, including crowd-pleasers City and Colour, Feist, Brandi Carlile and Barenaked Ladies.

The 45th annual Winnipeg Folk Festival will take place July 5 to 8, 2018.

Youth job centre to host new family-friendly fundraiser

By Jennifer McFee

The Stonewall branch of the Manitoba Youth Job Centre is hosting a brand new fundraiser for your whole family — including your pet dog.

On Saturday, July 29, the job centre will host its first-ever Stonewall 5K Family Run/Walk, with a rain date of July 30.

Registration is from 7:30 to 8 a.m., and the stroller-friendly fundraising run/walk will take place from 8:10 to 9 a.m.

After that, participants can enjoy a tasty breakfast featuring pancakes, sausages, bacon, orange juice and coffee from 9 to 10:30 a.m.

Youth engagement leader Neil Davis said parents are volunteering to cook breakfast

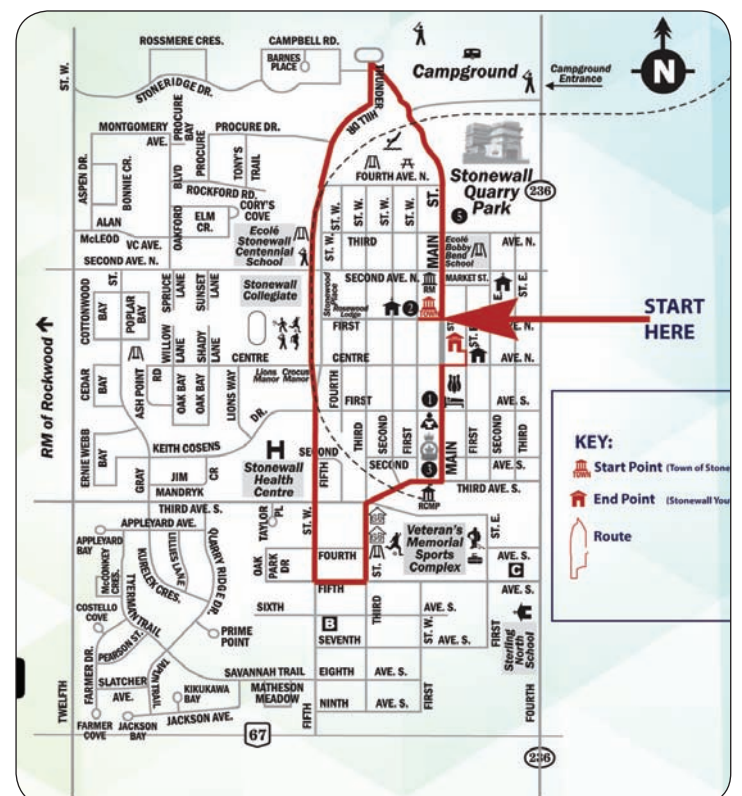
and students will be serving the food. All funds raised from the event will stay in Stonewall.

"It's a contribution toward the Manitoba Youth Job Centre, which provides jobs for the students," he said.

"It's ultimately going back to the students, so it's going back into the community."

The cost to participate is \$10 for individuals or \$15 for families, which includes breakfast and water along the route. On-leash dogs are also welcome to join their owners for the event, which starts at the Stonewall Town Hall and ends at the Stonewall Youth Drop-In Centre.

To register, contact Davis at 204-461-1364 or email StonewallMYJC@gov.mb.ca.



Reflexology-the Natural Art of Healing

My name is Janet Bangle and I reside in Warren. For the past 8 years I have been operating "Janet's Reflexology" out of my home. What intrigued me with reflexology was how manipulating pressure points can relieve discomfort in the body and provide relief for people's health issues.

I received my certification in Winnipeg from the Reflexology Association of Canada and followed up with my certification in Dienchan Facial reflexology which focuses on pressure points on the face. Over the years I have built a clientele from all over the Interlake who visit for relaxation and relief of a multitude of symptoms.

Known as the natural art of healing, reflexology is based on the principles that there are reflexes in the feet that corresponds to every organ, gland and muscle in the body. The foot is a mirror image of the human body and by using direct pressure on certain points, helps to relieve tension, improve circulation and aids the body in normalizing itself. Reflexology is great for people of all ages and walks of life, like athletes who have sustained injury, people with arthritis, back pain, migraine headaches and more. Treatments can be done on infants and the elderly.

Another service offered is an Ionic Foot Detox. This is an essential and valuable method for improving and maintaining good health. The detox provides the ability to transport undesirable toxins from organs of the body,

particularly the kidneys and liver. In this day and age people are seeking more and more for an alternative to taking medication. I believe reflexology is a safe and natural substitute to assist in the healing process.

Various packages are available with the foot detox or without, as well as individual sessions. For more information or consultation I can be contacted at 204-461-3050.





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Enjoy this monthly feature and watch for the next edition in the Tribune on August 10

get inspired

> MEAL IDEAS

THE Marketplace
AT STONEWALL 467-8469

White Barbecue Sauce with Smoky Chicken

Prep time: 15 minutes

Cook time: 45 minutes

Servings: 6

White Barbecue Sauce:

1 cup mayonnaise

1/2 cup cider vinegar

2 tablespoons Zatarain's Creole

Mustard

1 teaspoon prepared horseradish

1/2 teaspoon Coarse Ground Black

Pepper

1/2 teaspoon Garlic Powder

1/4 teaspoon salt

Smoky Chicken:

1 cup hickory wood chips

2 pounds bone-in chicken parts

2 tablespoons Grill Mates

Applewood Rub

To make sauce: In medium bowl, mix mayonnaise, vinegar, creole mustard,

horseradish, black pepper, garlic and salt until well blended. Cover. Refrigerate at least 2 hours before serving to blend flavors.

To make chicken: Cover wood chips in water and soak 30 minutes. Season chicken with rub. Drain wood chips. Fill smoker box with wet wood chips. Place smoker box under grill rack on one side of grill before lighting. Close grill.

Prepare grill for indirect medium heat (350-375 F). Heat grill by turning all burners to medium. Once cooking temperature is reached, turn off burner(s) on one side. Place chicken on unlit side of grill. Close grill cover.

Grill, turning occasionally, 30-40 minutes, or until internal temperature of thickest part of chicken is 165 F. Move chicken to lit side of grill with skin side down. Turn lit side of grill to high.

Grill, uncovered, 3-5 minutes longer, or until chicken is charred. Serve chicken with White Barbecue Sauce.

Help for Smokers Who Want to Quit



"It is health that is real wealth and not pieces of gold and silver."

Mahatma Gandhi

"So many people spend their health gaining wealth, and then have to spend their wealth to regain their health."

A. J. Reb Materi

When writing about smoking one runs the risk of either preaching to the converted, or annoying those who wish everyone would just go away and let them smoke in peace. However, there is no question that smoking is a serious health hazard, not only for the smoker, but for those exposed to second hand smoke.

The problem is that smoking is extremely hard to quit. Nicotine is highly addictive, and the body goes into withdrawal without a regular nicotine fix. So there is the physical addiction, but in addition there is the psychological dependency.

Some smokers find that having a cigarette is the only way they can relax. Others use tobacco for stress reduction. Without helping the smoker to find other ways to relax or reduce stress, when they quit smoking they are just left hanging.

Often the inability to relax or to control stress are deeply rooted within the subconscious mind. The conscious mind can tell the smoker it is time to quit, but the subconscious keeps asking for just one more.

We can reach the subconscious through a hypnotic process that reprograms the old habitual ways of responding. This is effective because it deals with the problem at a deeper level—the level where it was formed in the first place.

Life is short enough as it is, without risking the loss of years or decades because of a self-destructive habit. Quit smoking. You will feel so much better, and your loved ones will be spared continual worry, or watching you suffer a most unpleasant death.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

Grilled and Loaded Smashed Potatoes



Prep time: 15 minutes

Cook time: 25 minutes

Servings: 12

1 1/2 pounds medium Yukon gold potatoes

1 tablespoon vegetable oil

5 teaspoons McCormick Grill Mates

Bacon Chipotle Seasoning, divided

6 slices Applewood smoked bacon, cut into 1/4-inch pieces

1 cup chopped yellow onion

1/2 cup chopped red bell pepper

1/2 cup shredded cheddar cheese

2 tablespoons finely chopped green onions

1/4 cup sour cream

Heat grill to medium.

Place potatoes on microwavable

plate. Pierce potatoes with fork several times. Microwave on high 5-6 minutes, or until fork-tender but still firm. Let stand until cool enough to handle. In large bowl, toss potatoes, oil and 3 teaspoons seasoning until well coated.

Place potatoes on grill and cook, turning frequently, 4-5 minutes or until skin is crispy. In large cast-iron skillet on grill, cook and stir bacon 8-10 minutes, or until crisp. Add yellow onion and bell pepper; cook and stir 2-3 minutes, or until tender-crisp.

Push bacon mixture to one side of skillet. Add potatoes to other side of skillet. Smash each potato with heavy spatula, bottom of small sturdy bowl or meat pounder. Sprinkle potatoes with remaining seasoning. Spoon bacon mixture over potatoes. Sprinkle with cheese.

Cover pan or close grill. Cook 3-5 minutes, or until cheese is melted. To serve, sprinkle with green onions and dollops of sour cream.

Sweet Chili Ribs



2 full racks pork spareribs, trimmed (about 6 pounds)

2 tablespoons fresh ginger, minced

3 cloves garlic, minced

1 bottle (12 ounces) Frank's RedHot Sweet Chili Sauce, divided

Heat grill to 250 F and prepare for indirect cooking.

Spread ribs with ginger and garlic. Place ribs on rib rack or in foil pan. Cook on covered grill 2 hours.

Spread 6 ounces sweet chili sauce evenly over ribs then cook another hour, until tender.

Baste ribs with remaining sweet chili sauce during last 15 minutes of cooking. If desired, at end of cooking time grill ribs over direct heat to char slightly.

Buffalo Chicken Sandwich



4 boneless, skinless chicken breast halves (if thick, cut horizontally into two even pieces)

1 bottle (12 ounces) Frank's RedHot Buffalo Wings Sauce, divided

1/4 cup blue cheese or ranch dressing

4 hard rolls, split

1/4 cup blue cheese crumbles

lettuce leaves (optional)

tomato slices (optional)

red onion rings (optional)

Marinate chicken in 6 ounces

Buffalo wings sauce for 30 minutes, or up to 3 hours.

Mix remainder of Buffalo wings sauce and dressing together. Keep refrigerated until ready to use.

Grill chicken 12 minutes, turning once, or until no longer pink in center.

Place 2 tablespoons of mixed sauce on each roll half. Place chicken on top of roll half and top with 1 tablespoon blue cheese crumbles.

Add lettuce, tomato and onion rings, if desired. Top with second roll half. Repeat for remaining sandwiches.

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First baby born at Selkirk Regional Health Centre - It's a boy!



TRIBUNE PHOTO SUBMITTED

Erin Emms with her son Ashton Cole McCrindle, the first baby born at Selkirk Regional Health Centre.

Submitted

A healthy baby boy, Ashton Cole McCrindle, was the first born at the new Selkirk Regional Health Centre at 8:48 a.m. on Thursday, June 29 to mom Erin Emms and her husband Andrew McCrindle of Inwood.

Weighing eight pounds six ounces and measuring just over 20 inches long, Ashton was the first of four babies born at the new health centre that day.

"Everyone was really excited about the first baby," says Erin, who delivered her two-and-a-half-year-old son, Landon, at the former hospital.

Erin thanks the "super friendly and

really nice staff" at the new health centre.

A special thanks to Dr. Margaret Speer, Erin's doctor throughout her pregnancy, and Dr. Vivian Schutt, her obstetrical surgeon. Both doctors work out of Eveline Street Clinic (204-785-5550) and are accepting pregnant patients.

The staff and physicians at the region's family birthing unit and staff across Interlake-Eastern RHA extend their best wishes and congratulations to Emms/McCrindle family on the birth of their son.

worship *with us*

> FAITH

Take a Load Off!

Matthew 11:28-30 "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

People following Judaism in the first century were expected to follow quite a long list of laws. In addition to over 600 laws of Moses, the priests of the day added hundreds more to ensure you people were doing God's will, as they saw it.

Growing up in the church of the 1960s, it seemed to me that we still had too many rules to follow. Wearing formal clothes, not covering your head, or covering your head based on gender, what types of clothes you could wear, remaining quiet in the service, what body posture you had to adopt at different points in the service, being quiet except at children's time — unless you had something your parents might find embarrassing, in which case remaining quiet even then.

Rule followers might possibly get caught up in the notion that all these rules were God's will, and you could earn your way into God's good books by diligently following them. You might also carry a burden of guilt when you failed to follow each and every rule. Jesus saw what was going on and offered up a spirituality that was different than religiously following a growing list of rules.

Seeing those who were weighed down by the responsibility of following rules, and those weighed down with a sense of guilt at having failed, Jesus shifts the focus from us earning our way into being right with God to God's grace and love inviting us into a healthy relationship with God, ourselves, others and our environment. When asked about the rules, Jesus summarized simply by instructing "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind." This is the greatest and first commandment. And a second is like it: "You shall love your neighbour as yourself." On these two commandments hang all the law and the prophets. Matthew 22:37-40

Jesus offers a relationship of love, grace and forgiveness that is helpful in removing burdens that drag us down, not to add to the hardships of life. Accepting Jesus' invitation brings guidance, the joy of God's presence and healthy relationship. And you will be fitted with a yoke that helps you carry the burdens of life, one that is indeed easy.

Jesus' invitation is to "Come! Take my yoke upon you."

Submitted by the Rev. James Bardsley

Lefley brothers own the links



TRIBUNE PHOTO BY DIANNE MINAKER

Four of the five Lefley brothers from Grosse Isle, left to right, Glen, Chuck, Tom and Mike won the 10th annual Myra Langrell Memorial Golf Tournament last Saturday in Warren, posting a -13 in the 18 hole, texas scramble tournament. This years' tournament had 24 teams entered. Warren Collegiate graduate Tristan Janke was the recipient of the 2017 \$1000 scholarship that is awarded to a student entering university studying agriculture.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Cockerill fantastic at Players Cup

By Brian Bowman

Aaron Cockerill was the hometown hero at the \$175,000 Players Cup at Pine Ridge Golf Club in Winnipeg.

And he had plenty of heroics on the golf course.

The fan favourite from Stony Mountain was outstanding all week, wrapping up his four rounds with a tidy par on the 18th hole to finish at an impressive 4-under in front a massive crowd of family and friends.

"Thank you to all my friends and family who came out and watched this week," said Cockerill via Twitter. "(I) had an absolute blast."

Cockerill was definitely having a blast on the golf course. He finished in a four-way tie for 15th after firing rounds of 70, 73, 66 and 71 for a 280 total in the 156-player field, which included 18 Canadians.

Cockerill, 25, was the lone Manitoban to make the cut and was sensational on Saturday with the 5-under 66 that tied him for the low round of the day.

He entered the final round Sunday tied for ninth, just six strokes back of Kramer Hickok. Hickok won the Players Cup by three strokes — earning a very nice \$31,500 payday.

Cockerill's only hiccup during the third round was a double bogey six on

No. 11, which was his second hole of the day. He came right back, however, with an eagle and birdie on the next two holes.

"I guess it reflects my personality a little bit," said Cockerill on the Mackenzie Tour website. "I'm pretty calm and laid back, relaxed out there. I mean, I knew I was playing pretty good. It was just one bad swing."

"Other than that one bad swing, I played pretty good today. So I tried not to worry about it and just moved forward and eagled the next hole."

Cockerill played very well under the pressure of having a large gallery watching his every swing. That support is great, but sometimes it can bring some added pressure.

"It's not pressure in a bad way or anything," Cockerill said after his first round. "It's just you want to perform well, obviously, for yourself but, obviously for them as well, everyone being here."

"That's family and friends out today...and I got a few of my buddies who will, Friday afternoon, be out there enjoying a few beverages."

Following a steady rookie season on the Mackenzie Tour a year ago, Cockerill has made the cut in each of his four events this season.

He is currently the second Canadian



TRIBUNE PHOTO COURTESY OF PGA TOUR

Aaron Cockerill was the hometown hero at the \$175,000 Players Cup at Pine Ridge Golf Club in Winnipeg.

on the Order of Merit money list at 19th after earning \$9,772.

The Mackenzie Tour heads east this

week and makes a stop for the Staal Foundation Open in Thunder Bay.

Phillies set for U16 provincials this weekend

By Brian Bowman

After a slow start to their season, the South Interlake U16 Phillies are starting to play much better ball as they prepare for this weekend's provincials.

After an 0-4 start, the Phillies have now won five of their past eight regular-season games. South Interlake is fresh off a doubleheader sweep of Central (12-5 and 6-5) in Carman last week.

"The girls are playing better as the season has gone on," said Phillies' head coach Blaine Shewchuk. "We have had some cold weather but we have been able to get a lot of ball games in."

"I think getting a lot of ball in with

this group has really been beneficial."

South Interlake was 8-11 in league play heading into this past Tuesday's doubleheader with the Lightning at Quarry Park.

"That's (a decent record) for this group," Shewchuk said. "They're all young, so it's been a learning year. It's all first-year U16s, for the most part, so they need to see more game situations and get more reps."

"They need to understand what to do in a situation before they get the ball — that type of thing."

There is quite a bit of parity in the U16 league this season although Smitty's sits in first-place with an 18-0 record. They are followed by the Thunder (15-3-1), Angels (15-7-1), Phillies,

Lightning (8-11-2), Central (7-11-2), Westman (7-15) and Eastman (2-22).

"Once you get past (Smitty's), there's a group of three or four teams that are going to be battling it out (this) weekend (at provincials)," Shewchuk said, noting the Phillies have a real good hitting team this season.

"There's no obvious top three, so to speak, so I think from that perspective it's really good."

The U16 provincials will begin this Friday and continue through to Sunday at Moffat Field in south Winnipeg. Eight teams will compete at provincials with the top three moving on to the nationals and the next two at westerns.

A top-five finish — and a trip to the

westerns in Brandon — is a good possibility for the Phillies.

"Westerns would be great," Shewchuk stressed. "To be in the top five would be huge for us and to get the girls another (good) experience."

The Phillies had a fairly good experience earlier this month at a tournament in Sioux Falls, S.D., despite coming home with an 0-4 record in the 32-team field.

"I knew our girls would be in tough and they were," Shewchuk said. "But seeing that level of competition, and the energy that those teams bring, was good exposure (for us)."

Blue Jays win bronze at U12 'C' softball provincial championship

Staff

The Stonewall Blue Jays won the bronze at the U12 "C" softball provincials last weekend at Buhler Park in Winnipeg.

Stonewall won the bronze-medal game 16-9 over Bonivital East Red. The Blue Jays had a great offensive effort from their entire lineup in the victory.

"Usually, only about 70 per cent of the girls are hitting but they were all hitting through the infield as grounders," said Blue Jays' coach Sheldon Gesell. "They were all hitting and stealing from first to second on a walk. I was teaching them to be aggressive."

Gesell said he became coach of this team just a couple of weeks before provincials. The team's assistant coach was Garth McCurdy.

Gesell said 27 girls came out for softball at the U12 age division, so they split the group up into three teams.

At the U12 "C" provincials, there were six teams. West St. Paul won the gold while the East St. Paul Aces took home the silver.

Stonewall finished pool play with a 2-3 record to place fourth (the top four teams advanced to the playoffs).

The Blue Jays then lost to East St. Paul in the semifinal game to be relegated to the bronze-medal game.



TRIBUNE PHOTOS BY LANA MEIER

Back row, left to right: Garth McCurdy (coach), Halle Schewe, Kaitlyn Greigson, Quinn Billings, Keira Willey, Shaelynn Wait, Sheldon Gesell (coach); front row Melody McCurdy, Brooke Farmer, Evalyna Shipley, Rowyn Cool, Cassidy Crosby, Rylee Cool and Kate Farmer (coach's helper).



Blue Jays catcher Rylee Cool gets the out at home plate against an East St. Paul player during the semifinals.



Pitcher Keira Willey makes the tag at home plate.

Senior Blue Jays bash Pirates in Winnipeg Senior League

Staff

The Stonewall Blue Jays were on the offensive Monday evening against the North Winnipeg Pirates.

After giving up two runs in the top of the first, the Blue Jays exploded for six runs in the bottom of the inning on their way to a convincing 12-2 Winnipeg Senior Baseball League victory.

The Blue Jays scored a run in the fifth and then added five more runs in

the sixth.

Stonewall runs were scored by Nick Drews (two), Scott Harris (two), Tyler Tataryn (two), Adam Kirk (two), Taylor Hagen, James Stolar, Derek Miller and Jarrett Hogue.

Eric Swanson went six strong innings on the mound, giving up just five hits and an earned run. He also struck out five North Winnipeg batters.

Harris also pitched an inning for the Blue Jays.

With the win, Stonewall is now 8-5 and in third place, just 1.5 games back of the first-place Elmwood Giants (10-4). The St. Boniface Legionaires are in sole possession of second place with an 11-6 record.

Stonewall played St. Boniface this past Tuesday but no score was available. The Blue Jays will visit the

Kildonan Mudcats tonight (7:30 p.m.) at Koskie Field in Winnipeg.

Next week, the Blue Jays will hit the road on Tuesday (7 p.m.) to battle the Springfield Braves. Elmwood will be here Wednesday and then Kildonan the following night.

Both home games at Fines Field begin at 7:30 p.m.

U16 development team fielding great local talent

By Brian Bowman

Team Manitoba's U16 development baseball team capped off a successful summer by finishing second at an Elmwood Giants tournament last weekend.

Manitoba was defeated 3-1 by Regina in the championship game.

"It was a real good game," said Manitoba head coach Jeff Bouchard. "There was good pitching, good defence, and it was a quick game. It was over in an hour-and-a-half – it was a really well-played game."

Manitoba reached the final after finishing 4-1 in round-robin play. There is plenty of talent on this year's U16 squad.

"We think we have quite a bit of talent," Bouchard said confidently. "It's kind of a three-year program that we're working on."

Bouchard heavily scouted the province for talent, eventually inviting about 40 players to a camp last fall. Players worked out during the winter and this spring where Bouchard and his staff trimmed the roster down to 20 kids (which includes seven 15 year olds) at the end of May.

Four of those players are locals — Davis Fenske (Stonewall), Devon Casson (Argyle), Tyler Smith (St. Andrews) and Christian Ingram (West St. Paul) — and each has made significant contributions to the program.

"We liked the talent when we were

scouting them," Bouchard said.

Fenske is a pitcher who also plays third base.

"Davis' best chance of cracking the lineup next year will be as a pitcher," Bouchard said. "He does play third base and he is a decent third baseman...but we see him making this club as a pitcher."

"We like his composure on the mound (and) he throws strikes. He's been playing against 17-, 18-year-olds, and only being 15, he handles himself really well."

Casson is another 15-year-old with plenty of promise. The middle infielder, who can also pitch, is a very good defensive player.

"He has a decent arm and we like his swing," Bouchard said. "He has a good, compact swing and puts the ball in play. He doesn't tend to strike out too much."

Ingram, 16, is a real nice talent with an impressive swing. He hit in the middle of Manitoba's lineup and produced plenty of power.

"He hit a couple of home runs," Bouchard recalled. "He hits doubles and he's quick, which is another great thing. He can steal bases and is a very strong outfielder with good arm strength."

"He's rated as one of the top outfielders on our team."

Smith, meanwhile, is another talented 15-year-old pitcher who also plays



Davis Fenske



Devon Casson

in the middle infield. He has grown quite a bit since last summer and is expected to get even bigger in the next few years.

"He's very composed on the mound and he throws three or four pitches that he can consistently throw for strikes," Bouchard noted. "At this point, he's not overpowering but he has a velocity that has enough speed on it that he can get by with his fastball and his other pitches that he can throw for strikes."

The 16U development team played

doubleheaders against Midget "AAA" teams throughout the summer and also competed at a Fargo tournament.

Manitoba finished with a 2-2 record at the Fargo tourney.

Bouchard feels their program is definitely headed in the right direction.

"I'm happy with where we are right now," he said. "I think we have a good nucleus of kids that we can work with up until next spring when we get down to our final roster for next year when we head off to New Brunswick for the Canada Cup."

Blue Jays picked for MJBL all-star game

Staff

The annual Manitoba Junior Baseball League all-star game took place last Saturday at Shaw Park with the rural team defeating the city team 9-4.

The Interlake Blue Jays were well represented with five players — Martin Knutson, Baily Proctor, Derek Petrasko, Chayce Topolnitsky and Emerson Klimpke — being selected to play in the game.

Blue Jays' head coach Adam Kirk was one of eight coaches picked to represent their respective teams in the dugout.

The other MJBL all stars included:

St. James - Cole Armstrong, Brady Nault, Curtis DePena, Austin Pistawka and Troy Martyniuk.

Brandon - Dylan Haney, Bradley Schoonbaert, Clark Whelpton, Mitchell Lyall and Marshal Burgess.

Elmwood - Austin Smith, Adam Nocita, Aiden Brook, Tyler Wood and Drake Pilat.

Altona - Nate Smith, Liam Giesbrecht, Matt Klassen, Jordan Wall and Josh Friesen.

Carillon - Nik Kauenhofen, Noah Vogt, Nick Grenier, Liam Lenton and Jared Esau.

Pembina Valley - Tanner Bergman, Brandon Hatley, Justin Odlum, Jordan Riddell and Seth Staple.

St. Boniface - Nathan Agar, Michael Holmes, Liam Grier, Brad Warkentin and Garrett Virtue.

The other coaches featured Kevin Turney (St. James), Ed Kulyk (Elmwood), Alex Grenier (Carillon), Tyler Wiwchar (St. Boniface), Vic Klassen (Altona), Josh Ginter (Pembina Valley) and Brad Lyall (Brandon).



TRIBUNE PHOTO BY KENT KLIMPKE

The rural team defeated the city team 9-4. Interlake players, left to right: Emerson Klimpke, Chayce Topolnitsky, Martin Knutson, Derek Petrasko and Baily Proctor.

Turner to represent Manitoba at National Team Challenge Cup

By Brian Bowman

There is no question that Manitoba produces a ton of young volleyball talent.

So, to make a provincial team is quite an accomplishment.

Jacee Turner of Rosser was one of the 23 players selected to Team Manitoba's Youth Girls' Select program that will compete at the 2017 National Team Challenge Cup in Richmond, B.C., from July 20 to 23.

The talented 16 year old is a 5-foot-eight right-side hitter that can punish a volleyball. She is ecstatic to be part of Team Manitoba.

"It's really exciting," said Turner, who played high school volleyball with the Warren Wildcats this past season. "I never thought I would be here and make it this far because I used to look at all of the other girls playing Team Manitoba and the higher-up levels, and I used to think 'That's so cool.'"

Turner is now one of those cool kids and she fits right in with a very talented Manitoba team. She is one of four right-side players on the roster with players coming from Winnipeg and scattered across the province.

"There are so many talented girls on the team," Turner stressed.

Team Manitoba will be split up into two teams for the nationals. That means the players can expect to get plenty of court time against elite competition.

Manitoba also has a training program, which includes 15 players. That group will not be competing in Richmond, however.

Turner, meanwhile, is coming off a very successful high school season with the Wildcats, winning a silver medal at the MHSAA "AA" provincials.

Warren was equally as impressive at the club level, placing eighth overall at the provincials against the very elite club teams in Manitoba.

"We played with the same team as our school team," Turner noted. "There were 24 teams and we went in 24th, so it was a pretty big step up (for us), especially because we were a throw together club team and it was the first time for many of us (playing club volleyball)."

"It was a lot of fun."



TRIBUNE PHOTO BY JO-ANNE PROCTER

Rosser's Jacee Turner is one of 23 players selected to Team Manitoba's Youth Girls' Select program that will compete at the 2017 National Team Challenge Cup in Richmond, B.C. from July 20-23.

Blue Jays battling down the home stretch

Staff

The Interlake Blue Jays had a very busy stretch with seven games in just eight days last week.

Interlake won two of those Manitoba Junior Baseball League games but lost five, including a doubleheader sweep at the hands of the St. James A's last Sunday.

The A's won those two games by scores of 8-1 and 11-7. The box scores for those two games were not listed on the league website at press time.

On Friday, Stonewall split with the

Brandon Marlins. Brandon won the first game 9-2, which was a continuation of a matchup that was called due to poor weather after four innings on June 2.

The Blue Jays then exacted some revenge with a 4-3 victory in the nightcap, scoring a pair of runs in both the fourth and fifth innings.

Emerson Klimpke earned the win, scattering just three hits while issuing five walks in seven innings. He also struck out five.

Interlake started the week with a

15-4 loss to the Pembina Valley Orioles and then downed Altona 4-1 the next night.

The Blue Jays then lost 16-3 to the Carillon Sultans on Wednesday evening.

Interlake, now 7-14 and in seventh

place in the eight-team league, visited the Elmwood Giants last night and will play the Bisons in Altona tonight.

Interlake will then host first-place St. James Friday at Fines Field. First pitch is 7:30 p.m.

Manitoba wins silver at U16 West Challenge

Staff

Team Manitoba claimed the silver medal after defeating Saskatchewan 33-8 at the Football Canada U16 West Challenge in Lethbridge last Saturday.

Manitoba, whose roster includes St. Andrews' Brandyn Linklater and Warren's Connor Henry, led Saskatchewan 19-1 at the half.

Players of the game for Manitoba were quarterback Carter Kutzan (of-

fence) and defensive lineman Ethan Papineau (defence).

Team Manitoba started the tournament with an impressive 26-7 win over B.C. on July 2 and then was blanked 38-0 by Alberta on July 5.

Manitoba completed the Challenge with a 2-1 record while Saskatchewan won the bronze medal with a 1-2 mark.

Alberta won gold after blitzing B.C. 33-8 to finish 3-0.



TRIBUNE PHOTO BY LANA MEIER

The Jays' Tanner Good makes the steal to second base safely against the Carillon Sultans on July 5.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Phillies improving heading into U14 provincials

By Brian Bowman

The South Interlake Phillies are heading into the U14 provincials with hopes of qualifying for the westerns or nationals.

South Interlake was 5-12 during regular-season play in a tough division full of parity amongst teams.

"(The season) has been going good," said Phillies' coach Curtis Fines last Friday afternoon. "We've won our fair share playing in a really competitive league. You could win or lose on any given night, depending on how you play."

As of last Friday, South Interlake had four more league games scheduled before they compete at the provincials in Brandon from July 21 to 23.

The Phillies hope to improve their offence before the games really count at provincials.

"I think all season we have pitched really well and we have played really good defence," Fines noted. "The main thing we have to do is hit the ball. If we hit the ball, we probably can beat anybody. Our pitching and defence has been solid all year."

Earlier this month, South Interlake competed in a Sioux Falls, S.D., tournament where they finished with an 0-4 record.

"We got a good lesson on a few things," Fines admitted. "But we certainly started to play better by the end of the tournament and we're peaking



The Phillies' Maddy Fines delivers a pitch.

at the right time."

The Phillies wrapped up that tournament with a tough 5-4 loss to the Minneapolis Kaos. Minneapolis won the game by scoring the winning run in the bottom of the seventh inning.

"The strategy was to go down there and see some big, strong teams and pick up some pointers," Fines said.



TRIBUNE PHOTOS BY LANA MEIER

Emma Goodman gets the out at second base during a doubleheader against Smitty's last week.

Fines hopes his club benefitted from heading south for the American trip. South Interlake has a fairly young team with five second-year players and seven first-year ones.

Individually, Brittany Slatcher of Stonewall has had a fantastic season on the mound for the Phillies, said Fines.

Offensively, Brooke Wadge has been South Interlake's "heavy hitter" while Maddy Fines, Emma Goodman and Lauren Brown have been very good defensively all season.

"We have a younger team," Fines noted. "But we definitely have an athletic group."

North Winnipeg Pirates prepared for the playoffs

By Brian Bowman

The North Winnipeg Pirates are hoping to play their best baseball of the season when the Midget playoffs start this week.

North Winnipeg finished with a mediocre .500 record (12-12-1) during the regular season. That put the Pirates in third place, behind only the St. James A's (15-5) and Bonivital Black Sox (11-7-1).

North Winnipeg wrapped up its regular season last Thursday with Bonivital. The Pirates lost Game 1 by a 6-2 score and then the two teams tied 6-6.

Earlier in the week, the Pirates were rained out against the Elmwood Giants.

"With a very young team, we just make enough errors to keep our record at .500," said Pirates' head coach Gary Dear in an email. "Looking at the game sheets for the year, the good thing is we only had two losses where we were beaten cleanly."

Like most young teams, the Pirates had trouble closing out games.

"The bad thing is we had 10 losses that we shouldn't have had," lamented Dear. "But that is baseball. Look-

ing back we finished right where I thought we would."

The Pirates began their playoffs last night against Bonivital (no score was available) and then will host Winnipeg South Friday.

On Saturday, North Winnipeg will play at home at 3 p.m. and then will visit St. James at 8 p.m. The Pirates play their home games in Stonewall.

The Midget provincials start next Thursday at Winnipeg South.

The Pirates' roster this season includes local players Kalli Einarson (Gimli), Liam Allen (St Andrews),

Brittney Langlais (Lockport), Christian Ingram (West St Paul), Jayden Allary (Warren), Nathan Slaby (West St Paul) and Connor Oleschak (Warren).

Other players feature Jeremy Wasilewski, Ryan Wasilewski, Henry Coste, Nolan Raven, Earl Masanque and Ben Anderson.

Besides Dear, who lives in St. Andrews, the Pirates coaches include Harry Slaby, Roger Langlais and Sam Nocita.

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REMEMBER YOUR LOVED ONES WITH A MESSAGE IN THE TRIBUNE

MORTGAGE SALE

The land and building know as 101038 Road 11E, in the RM of Rockwood, as described in Certificate of Title No. 2391877/1, will be sold by public auction by a Licensed Auctioneer on Tuesday, August 8, 2017 at 1:30 p.m. at the offices of Sunova Credit Union Limited, 76 Main Street, Teulon, Manitoba R0C 3B0.

We are advised the property consists of a detached single family 1 storey dwelling; floor area is approx.. 1,008 sq. ft.; two bedrooms, one bathroom; on a crawl space; dual pane windows; asphalt shingles; vinyl exterior; land is approximately 3.99 acres.

Realty taxes are paid to December 31, 2016. Taxes assessed for 2016 were \$1,803.60

Prior Charges: MTS caveat #2425109/1

The subject property is located approximately 2 kms East of the community of Komarno, and can be reached by taking HWY 7 north of the perimeter to HWY 229, turn east on 229 until you come to RD 11E. Turn south and the subject property 101038 RD 11E is located on the right side of the road.

TERMS OF SALE: Deposit of \$30,000.00 in cash, certified cheque or money order payable Grantham Law Offices and balance according to the conditions to be announced at the time of sale. **This sale shall be subject to a reserve bid which will be approximately \$170,500.00 with the exact reserve bid announced at the time of sale.**

Further information may be obtained from:

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SUDOKU

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Fun By The Numbers
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku Answer

8	4	5	2	6	7	9	1	
3	6	1	9	4	7	5	2	8
7	9	2	1	8	6	4	3	5
5	8	6	7	1	9	3	4	2
9	1	3	4	2	8	6	7	5
2	7	4	5	6	3	1	8	9
6	2	8	3	7	1	9	5	4
1	5	7	8	9	4	2	6	3
4	3	9	6	5	2	8	1	7

Crossword Answer

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CROSSWORD

- CLUES ACROSS**
- Type of ion
 - N' Bake
 - At all times
 - Triad: fictional cult
 - Spiked revolving disk
 - Swiss river
 - Bleat
 - Finnish lake
 - Spanish cubist Juan
 - Consumer
 - No seats available
 - Arrive
 - Upstate NY city
 - Team's best pitcher
 - Follows sigma
 - Consume
 - Congressman
 - Spider's territory
 - Conclusion
 - Female parent
 - Instruments
 - bo: exercise
 - Jewish spiritual leader
 - Oil cartel
 - In support of
 - More creepy
 - Color of blood
 - ' death do us part
 - Radio finder (abbr.)
 - Promotions
 - Songs
 - Tony winner Daisy
 - Not just "play"
 - Affected with rabies
 - Formal group of like-minded people
 - Hold valuables
 - Male admirer
 - Actress Lucy
 - Prevents the fermentation of
 - Furniture
 - Long, winding ridge
 - Cover with drops
 - Major European river
 - CLUES DOWN
 - Greek goddess of youth

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- Early kingdom in Syria
- Fortifying ditch
- Walk into
- Island state - Lanka
- Japan's most populous island
- Mindful of
- Fuel
- NY Giants' Manning
- Very willing
- Linear unit
- Guitarist Clapton
- Semitic letter
- Habitual repetitions
- Soak
- Taxi
- Small amount
- A theatrical performer
- 2-door car
- and flowed
- Arabic female name
- Implant within
- Groups of two
- College athletic conference
- Body part
- Disfigure
- Accept
- Allude to
- Type of tree
- Doctor of Education
- Pearl Jam's first album
- Flower cluster
- Heavy cavalry sword
- Arabian Peninsula desert
- Marten
- Type of sound
- Expression of grief
- Liberian tribal people
- Wizards' shooting guard Bradley
- Metrical foot
- Mislead knowingly
- Sino-Soviet block (abbr.)
- Midway between south and southwest

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Stonewall Teulon
Tribune

HELP WANTED

Direct Service Worker – seeking a motivated individual to provide support to a 21 year old woman living with an intellectual disability in the town of Teulon. The successful candidate will work independently and as a part of a strong team with a “person centered” approach to support. A variety of training opportunities provided, and offering a competitive wage. Use of personal vehicle is required, with mileage compensated. Related experience and education an asset but not required. Learning to be an adult and a productive community member can be challenging! If you think you might be the right person to help navigate this time of transition, please send your resume and covering letter to: onceinabluemoon.farm@gmail.com Closing date is July 21, 2017.

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Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

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SOUTH INTERLAKE PLANNING DISTRICT UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING



On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

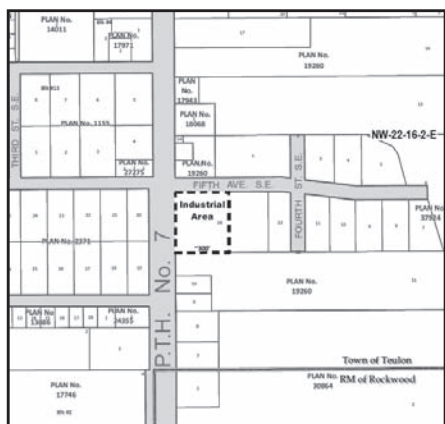
THE SOUTH INTERLAKE PLANNING DISTRICT BY-LAW NO. 1/17 Being an AMENDMENT to the SOUTH INTERLAKE PLANNING DISTRICT DEVELOPMENT PLAN BY-LAW NO. 3/10, as amended.

HEARING LOCATION: Rural Municipality of Rockwood Council Chambers
285 Main Street, Stonewall, MB

DATE & TIME: Friday, July 21, 2017, at 10:30 AM

GENERAL INTENT: To re-designate Pt. of Lot 14, Plan 37924 in Pt. NW 22-16-02 EPM from “Highway Commercial Area” to “Industrial Area” to accommodate the development of a fish processing plant on the subject property.

AREA AFFECTED:



FOR INFORMATION CONTACT: Eric Shaw, General Manager
South Interlake Planning District, 285 Main Street,
Stonewall, Manitoba, R0C 2Z0
Phone: 204-467-5587

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note: Property Owners are responsible for notifying lessee

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Sunday July 16th @ 10:00 am

Eriksdale, MB
Jct Hwy 68 & Railway Ave.
½ Block East on 68
Yard Items * Tools *
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**AUCTION SALE
JOHN & MARY TROYAN**
Saturday July 15th, 11:00 pm

Arborg, MB North 6 Miles on 326 Then East 2 Miles On 329 Then North 2 ¼ Miles on Rd 13E
Contact # (204) 376-2056
2) J.D 4020 w FEL * JD D * Oliver 88 * Oliver 77 * AC WF * AC HD5 Crawler * Tools * Farm Misc * Yard & Guns * Antiques * Some Household *
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**AUCTION SALE
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Tuesday July 18th @ 4:00 PM

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Contact # (204) 738-2969
2) Chev Cobalt 1) 09 1) 06 * Utility Trailer * Al 14' Boat w 9.9 HP * Recreation * 10 Guns * Yard Items * Tools * Acreage Misc * Household *
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Wed, July 19 @ 4:00 pm

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Rural Municipality of Woodlands EMERGENCY COORDINATOR



The Rural Municipality of Woodlands are seeking an Emergency Coordinator to provide emergency management services.

The Emergency Coordinator will be responsible for

- Preparation, maintenance, and testing of the regional Emergency Plan
- Coordinating the response to emergencies in the region
- Attracting, managing, training and motivating volunteers

The job will require a time commitment during normal times of an average of between three and seven hours per week. During emergencies the Emergency Coordinator must be available for full workdays, including overtime, for as long as is required.

The Emergency Coordinator will hold a contract position reporting to the Chief Administrative Officer. There will be an initial probationary period of six months, following the successful completion of which a contract may be offered.

The successful applicant must have good knowledge of the Manitoba community emergency preparedness program. He or she must have a demonstrated ability to manage volunteers; to provide training to volunteers, staff and members of council; to maintain the Emergency Plan; and to coordinate emergency response within the Emergency Management region. Training in emergency response management is an asset. A basic level of ability with Microsoft Office is essential. A valid driver's license and access to a vehicle is essential.

Please include 3-5 references with your resume including contact information and relevance.

Resumes, references, and salary expectations addressed to the undersigned will be received by mail, fax, email or in person until 12:00 P.M. on July 17, 2017.

We thank all applicants for their interest in this position. We will contact only those selected for an interview.

Chief Administrative Officer, Rural Municipality of Woodlands
57 Railway Avenue, Woodlands, Manitoba
cao@rmwoodlands.ca fax: 204-383-5169

McSherry Auction Service Ltd RETIREMENT AUCTION SALE FOR WAYNE & GEORGE SOKAL

Sunday July 23rd @ 10:00 am

Oak Bank, MB 2 Miles North on 206 Then West Garven Road ¼ Mile #26084

Always More Than Listed! Contact: (204) 291-5666

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Sat July 22nd @ 10:00 am

Elma, MB
West 3 Miles on Hwy 15 Then South ½ Mile on Stoney Hill Rd Then 1/8 East On Old 15
Contact # (204) 348-2902 or (204) 222-6263

Tractors 15 Kiott Rx 7320 Cab MFVA Shift 3 PH 540 PTO Dual Hyd. w SL FEL New Tractor 25 Hours * Int 4386 4 WD Dual Hyd 6000 Hrs * Case 2470 4WD Dual Hyd 7400 Hrs * Case 1070 Cab P Shift Dual Hyd 540 PTO w FEL 6595 Hrs * Case 400 w FEL * Case DC4 * Log Grapple Attach. * JD 60 w Hyd * Trucks & Trailers 73 Ford 700 w 14' B & H * 75 GMC 5000 12' B & H * 70 GMC 5500 w 10' Gravel B & H * BH 8' Flat Deck Trailer * Utility Trailer * 100 Gal Water Trailer *Equip JD 6600 Combine * 2) Case 960 Combine * AC 3604 25' Tandem Disc * Fertilizer Spreader * Case 500 Grain Cart * Schultz Hyd Stone Picker * 3 Yard Hyd. Scraper * 12' W x 3' H Steel Packer * JD 3PH 11' Cult * Int 5B Plow * Case 16' Cult * Case 14' Deep Tiller * Int 45, 24' Vibra Cult * Int 80 3PH 7' Snow Blower *NH 849 Rd Baler * 34' Hay Trailer * FEL Stoker Forks * Seed Broadcasters * Saw Mandrel * Farm Wagon * JD 100 14' Deep Tiller * Tools & Misc Air Comp * 225 Welder * Acetylene Torches * Anvil * Tire Changer * Battery Booster Charger * Table Saw * Band Saw * Drill Press * Tool Cabinet * Power Tools * Air Tools * Cordless Tools * Hand Tools * Welding Accessories * Shop Supplies * Misc Honda GX200 3100 lb Pressure Washer * Honda EM6500 Generator * Multi Ladders * Truck Tool Box * Tow Bar Hitch * Auto Parts * Lumber * Home Repair * Farm Misc * New 1500 Winch * Yard & Recreation Merry Tillers * 5 HP Roto Tiller Attach * 42" Lawn Sweep * Stihl Chain Saw * Stihl Gas Weed Eater * Balloon Tired Bicycle * Antiques JD Plows * 8' Double Disc * Seed Cleaner * Platform Scale * Fire Hydrant * Enarco Oil Can * Water Cooler * Tools * Farms Items * Trunk * Pedal Bikes * Child's Sleigh * Crocks * Some Household

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PERSONAL

Male looking for female companion in their 50's or 60's for friendship, interested in rural life, wishing to share common interests including travel. Ph. 204-242-2219.

UPCOMING EVENTS

Experience Folklorama 48! From August 6-19, 2017 visit 41 pavilions and experience the largest and longest running multicultural festival in the world! folklorama.ca 1-800-665-0234.

FARM PRODUCE

Local honey for sale. Sold in various sizes, 1 kg. & up. Call 204-461-1267.

Don't forget to send your special wishes to your friends & family.
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Tribune

ANNOUNCEMENT

IN MEMORIAM



In Memory of Ed Rothwell 1938 - 2016

It's one year since you left us, And there are no words to express How much we miss you. Thank God for memories.

-Love you and miss you forever, Judy, Kim, Debbie, Tracey, Tim, Chad and families

Your memory will live forever Engraved within our hearts

OBITUARY

Donald Faser Latta December 15, 1925 - July 6, 2017

It is with great sadness, we announce the passing of Don Latta on July 6, 2017, at Rosewood Lodge in Stonewall, MB, at the age of 91 years.

Dad leaves behind his three children, seven grandchildren and five great-grandchildren. As well as extended family. We will all miss him.



Dad was born on December 15, 1925 in Brandon, MB, spending his early years in Hayfield, MB and then moving to the Balmoral area, where he farmed for most of his life. He married Betty Arnanon on April 24, 1954 and they raised their three children; Chris, Robyn, and Verne on the farm. He was very involved in the community and spent a great deal of time coaching hockey in Balmoral and Stonewall, as well as helping at community sports days. He was always willing to help friends or neighbours with car or snowmobile repairs. He enjoyed hunting and golf, as well as several trips throughout the USA and Canada, with friends and family. Dad also enjoyed music. He was an excellent singer and could be known to serenade staff and residents of Rosewood Lodge, where he spent the last year and a half, after retiring in Stonewall, 13 years ago.

A Celebration of Life will be held later.

A special thank you to the staff of Rosewood Lodge, Dr. Graham and Stonewall Hospital for their kindness and care over the last few years.

In lieu of flowers, please make donations to the Parkinson Canada, 7-414 Westmount Drive, Winnipeg, Manitoba, R2J 1P2 or www.parkinson.ca

MACKENZIE FUNERAL HOME STONEWALL (204) 467-2525 • info@mackenziefh.com



AUCTION SALE FOR

Ted & Shirley Glucki - Stonewall, MB Saturday, July 22, 2017, at 9:30 a.m.

Sale site: From PR #236 & Hwy #67 - 5 kms East on Hwy #67. At junction of Hwy #7 & #67, turn North on Hwy #7 for 6 mi. to Road 83. Travel East for 1 mi. (Yard site).

Antiques: 1924 Mach Truck; J.D. "H" Tractor; Rockol B77 Tractor (only 2000 made); Oliver HG Crawler; 1936 & 1938 Diamond T (for parts); Minneapolis "U", ser #561412; 1970 Oliver w/hyd; 1950 Studebaker Champion, bullet nose; Potato scuffer; Horse drawn potato planter; Copper kettle on stand; Horse drawn McCormick Deering potato planter; McCormick Deering #7 mower; Grader on steel; Mack B85 Fire truck 100ft ladder; Fire hydrants head; 1966 C60 Chevy 14ft Box & hoist, steel; 1950 GMC Truck & box (wooden); Wooden Pita press; John Deere stationary engine; BA Sign & stand; 1963 Polaris snow machine w/8hp Kohler engine; 300 Fargo Truck (parts); 300 Fargo duals; Victoria table top Gramophone; Old Victoria records; Barn lantern; 3 gal Cream can; Foster Walker cooler, 6'x5'; Porcelain "Goodyear Tires" sign, 46"x118"; Maytag wringer washer; Gramophone; Platform scale; Cash register; Wooden butter churn; Elec Cream separator; Pedal bike w/wooden rims; Wash stand; Wooden sock dryers; Corn Husker; BA grease pails, Texaco & misc oil pails; Raymond sewing machine; Singer sewing machine; Butterchurn by Buttercup; Grain scoop; 1 gal. metal gas can; Wood planes; Scythes; Trouser press; Ice cream pail; 1 gal & 25 gal Crocks; 1 gal Jug; China cabinet; Depression glass **Tractors & Equipment:** Souema 2150 6ft Tiller; 10ft Dump rake; Approx. 100ft Threshing machine belt; Tractor mags; 7ft 3pth welder; 7ft Aluminum blade for bucket **Vehicles & Offroad:** 1975 Arctic Cat, VIP (low mi.); 1980 Jaguar (low mi); 1970 Panther w/Wackel engine; Arctic Cat Lynx (parts); Arctic Cat Cheeta 340 (parts); (3) Arctic Cat Panthers (parts); Bumper jack; Receiver hitch carrier; Baja Mini bike; Suzuki bike; Car Hauler; Arctic Cat cutter; (2) Polaris Ski-doo helmets (new) **Yard & Miscellaneous:** #7 Massey Ferguson lawn mower; Hand powered Ice auger; Coleman lantern; Shelving units; (3) Folding tables; Simplicity lawnmower; Front tiller; Snow blower w/metal wheels; Push lawn mowers; 300 gal Diesel tank on stand; General gas Post hole auger; Wooden hames; Riding lawnmower; Copper water tank; 3pth Yard sprayer; Horse collars; Front garden tiller (new engine); 6ft Farm King snowblower; Misc Golf clubs & carts; Battery operated Gator; Railroad ties; Stainless steel (Steak) BBQ; Whole pork BBQ; Concrete lawn ornaments-Deer & foe, Cow & calf, German Shepperd dog; Camping supplies **Tools & Shop:** Small Mig welder; Large & small scales; Metal shelving; Chain hoist; Gas floor sweeper; Metal 3'x12' shipping container; 12'x20' Steel containers; 5 pcs 12ft I Beam; 4'x8' 3/8" steel sheets; Roll shrink wrap; JJ Taylor Steel safe; **Some Household:** including Thomas pump organ; Small elec. Stove; Ducks Unlimited pictures

Auctioneer's note: Most engines were running when put away. We will do our best to have them running sale day. Ted & Shirley have collected for years. Something for everyone!

For more info call: Ted or Shirley at (204) 461-2038 or (204) 467-2596
Many more items not listed - Watch Global Auction Guide for pics and full listing
Possibility of 2 rings going during the sale

Lorne (Buddy) Bergner, Auctioneer

Box 721, Ashern, MB ROC OE0 Ph: (204) 768-2669/ Fax: (204) 768-3237
www.bergnerauction.com Email: bergnauct@mymts.net www.globalauctionguide.com

Sale terms are: Cash/Cheque/Debit/Credit/E-Transfer
Neither the Owner nor Auctioneer is responsible for errors in description or condition. Sale listing is subject to additions or deletions and any comments made the day of the sale with respect to sale items takes precedence over previously reported listing. We are not responsible for accidents Items are sold "AS IS - WHERE IS"

ANNOUNCEMENT

CARDS OF THANKS

The Stonewall Rockwood Fire Department would like to thank the Plymouth Bretheran and Allan and Dawn Grenko for refreshments and snacks the night of the Harris fire. Also, thanks to Stony Mountain Fire Department for their assistance at the fire.

AUCTION REMINDER LARGE FARM AUCTION FOR LORAIN & GREG HEINRICHS

SAT., JULY 15 • 10 AM
ALTONA, MB

AT THE FARM, 4 MILES NORTH OF ALTONA ON HWY 30, THEN 3.5 MILES EAST ON ROAD 11.



Very nice well kept machinery, with some neighbour consignments. Owner Greg Heinrichs 204 324 7037.

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SAT., JULY 22 • 10 AM

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Stationary engines Lister Ruston Hornsby, IHC, Fairbanks, Kohler, approx. 6 John Deeres etc. 16/40 Metal cutting lathe, Large milling machine, Shop Press etc. 2014 Kubota L3400 TRACTOR 144 HRS, Bad boy ZT 48 "mower



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Meyers Auction 10 am Sunday July 23 Arden, MB

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Announcements

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Stonewall Teulon
Tribune

OBITUARY



Ferdinand Ben Sawicky

Peacefully on Monday, July 3, 2017 Ferdinand Sawicky aged 85 years of Teulon passed away at his home.

He is survived by his niece Orchid (Bruce) Smyth, Mark Smyth, Patrick Smyth and families, nephew Donald (Pauline) Moscall, Lisa (Arthur) Hurak, Lori (Piotr) Luczkanin, nephew Braden (Margaret) Moscall, Tanya Seguin, Jason (Rebekka) Moscall, great-great niece Hadley and Lennyn.

Predeceased by his parents; sister Caroline; brother Frank; two infant brothers; great nephew Scott Seguin.

Ferdinand was the last born Polish child of Yozef and Antonia Sawicky. He farmed in the Teulon and Balmoral area alongside his brother Frank all his life.

A funeral service was held on Saturday, July 8, 2017 at 10:00 a.m. at MacKenzie Funeral Chapel, Teulon. If friends so desire, memorial donations may be made to CancerCare Manitoba.

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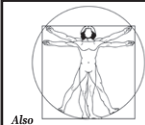
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