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VOLUME 9 EDITION 26

# Stonewall Teulon Tribune

THURSDAY,  
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## Winning smile

École R.W. Bobby Bend School Grade 2 student Hannah Nolin yells gleefully as she wins the first bicycle at the eighth annual Hike or Bike rally at on June 19. See full story on pg. 3.

TRIBUNE PHOTO BY CAITLYN GOWRILUK

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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ment in nature, or gather your berries while chatting with friends. Farms where you can pick blueberries, strawberries, raspberries and the like usually have a play area for kids, so why not bring the whole family along for the harvest? And there's nothing more romantic than a berry-picking date in the countryside with someone special.

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# Danica's Village continues to make a difference

By Jennifer McFee

Danica's Village continues to make a difference in honour of a little girl who was much loved in the local community and beyond.

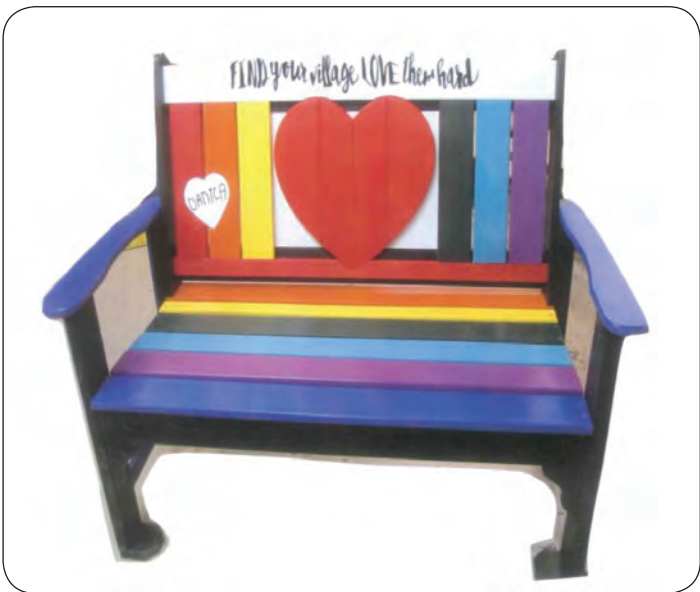
Toni deLaroque set up the organization in the memory of her five-year-old daughter Danica, who was involved in a canoeing accident on the Churchill River two years ago. Despite heartfelt efforts of the dedicated medical team, Danica didn't survive.

But the blond-haired darling continues to make a difference through Danica's Village, which charitably contributes towards helping Manitobans — especially Manitoban children.

Canada Day marks the one-year anniversary of the first fundraiser for Danica's Village, held at the Prairie Dog Central during Canada 150 celebrations.

Through donations and fundraisers, the organization has helped to bring food to Churchill, which has experienced many bare cupboards since the rail line washed out. As well, deLaroque sent 382 Christmas hampers to the northern community. Each of the hampers also contained a \$75 gift card to the local grocery store. In addition, she helped provide food for a large-scale holiday meal.

In a recent initiative, Danica's Village shipped more than



Danica's Village is providing buddy benches to 13 schools.

1,000 pounds of food last month to Churchill on donated freight.

"I heavily rely on finding people that are willing to donate freight to get things up to Churchill," said deLaroque, who lives in the RM of Rosser close to Grosse Isle.

Currently in Churchill, residents have limited access to the food bank since it is only open from 7 to 8 p.m. on Thursday nights, deLaroque explained. To help with food distribution, she has collaborated with Churchill's Home



TRIBUNE PHOTOS SUBMITTED  
Danica deLaroque, left, made a lot of friends at Brant-Argyle School.

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Stonewall Teulon

# Tribune

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Hardware to set up a daytime food-share in the store.

"It's free to help yourself to the donated food that I've been shipping up," she said.

So far, between 19 and 24 people have been coming in every day to access the food, so the supply is already running low.

"We are almost out of food. Many people have brought in stuff to swap out stuff from their pantry they may not like for food they want," deLaroque said, "and we have seen several people just bring in bags of donations."

Currently, she has more than 3,000 pounds ready to go, and she's just waiting for someone to donate freight up to Churchill.

In the meantime, she issued a challenge to Churchill residents to clean out their pantries and donate to the daytime food share. As an added incentive, donors were entered in a draw for a grocery store gift card.

Continued on page 5

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# Students win big at annual Hike or Bike rally

By Caitlyn Gowriluk

Six students at École R.W. Bobby Bend School in Stonewall won shiny new bicycles at the school's eighth annual Hike or Bike rally on June 19 thanks to donations from three local organizations.

On top of the bicycle purchased by the school's parent advisory committee, the school also received three bicycles from the Knights of Columbus, one from the Stonewall-Rockwood Fire Department and one from the CIBC bank branch in Stonewall.

While the school often receives donations for the annual event, students don't know how many bicycles are donated until the final draw, said Helen Searcy, who runs the school's Hike or Bike committee.

"I think they're probably expecting more than one bike, but they probably don't know how many," said Searcy before the draw. "We try to hide them as best we can."

The annual Hike or Bike initiative gives students and staff the chance to win prizes by walking or riding their bikes to school once a week for 11 weeks. Students who take the bus or are driven to school also have the opportunity to enter by walking the track at recess.

Of over 400 students at the school, Searcy estimated that about 300 participated in the weekly initiative.

While students look forward to having the chance to win a new bicycle, they're also learning about the importance of staying active, said school principal Greg Ross.

"We try and make a big deal out of



École R.W. Bobby Bend School principal Greg Ross addresses the crowd of students gathered in the school's gymnasium as he prepares to draw names for the donated bicycles.

it," said Ross. "We have young students, and [we want] them to bike and walk and do those other things that are healthy and good for them."

In the eight years the Hike or Bike initiative has been happening, it has become a bit of a tradition at the school, said Ross.

"We try to promote it as being this really fun event, and I think it's largely successful," said Ross. "The bike

racks are full."

This year's bicycles went to Grade 1 students Hailey Prystupa, Quinn Adamik and Scott Dove, and Grade 2 students Hannah Nolin, Sophia Walton and Maiya Krahn.



Grade 2 student Maiya Krahn rushes through the crowd after hearing her name drawn for one of the bikes.



TRIBUNE PHOTOS BY CAITLYN GOWRILUK

Six students won brand-new bicycles at the eighth annual Hike or Bike rally at École R.W. Bobby Bend School in Stonewall. From left to right: Hailey Prystupa (Grade 1), Quinn Adamik (Grade 1), Hannah Nolin (Grade 2), Sophia Walton (Grade 2), Maiya Krahn (Grade 2) and Scott Dove (Grade 1).



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# Summer reading program returns at Stonewall library

By Melissa McIvor

Young readers rejoice! Registration is now open for pre-schoolers, teens and anyone in between to take part in the TD Summer Reading Program at the South Interlake Regional Library in Stonewall.

The popular program returns to promote children's literacy throughout summer vacation and stave off the dreaded "summer slide" that befalls many youngsters when they fail to keep up regular reading habits.

"I think it's extremely valuable in the community because there is scientific evidence that kids can lose significant reading ability throughout the summer," said Stonewall branch librarian Joan Ransom.

"It can be up to three months of loss of reading ability and reading comprehension. It's so valuable for kids to keep their skills up over the summer so when they return to school in the fall, they are able to move forward rather than backwards.

"We've had feedback from some of the schools that they know that kids who are in the program do not slide, that they can see a marked benefit to them by being in the summer reading program and not losing ground."

Luckily for these young students, the library makes it easy to get excited about summer reading.

Past participants will remember last year's "Paddle through the Provinc-

es" reading them, which celebrated Canada 150 and featured Ransom and Bookmobile librarian Pam Palcat paddling through school assemblies to promote the program in a red cardboard canoe.

Ransom and Palcat are back again this year with plenty of "wow" factor as they encourage kids to "Fuel Your Imagination" using a baby-blue cardboard Smart car prop.

"Basically we drive up, we run out of gas, and in order to fill up the gas tank we use our imagination by reading a book, putting it in the special slot in the side of the car and it creates fuel for the car like gas in the tank," explained Ransom.

"We do read a story to the kids and put it in the slot and lo-and-behold the gas tank turns from red to green, fills up the tank and we are able to start the car. And at the same time, we flip the clock so it looks like we've read for 10 minutes and

we are able to colour in one block on the reading log to sort of demonstrate how it works.

"So far the kids are pretty amazed at how that all works," she said with a laugh. "We have sound effects on the car, so when we get in the car, put the seatbelts on and start it up, it does start because it makes a sound like a car rumbling. Then we beep the horn and drive away. It's fun!"

Ransom and Palcat brought their skit to 12 different schools and 1,000 kids in the South Interlake Regional Library catchment area.

"Last year was the first year we ever did anything in school promotion and we saw



TRIBUNE PHOTO BY MELISSA MCIVOR

Joan Ransom, left, and Pam Palcat were at RW Bobby Bend promoting the TD Summer Reading Program earlier this month.

about 800 kids and our numbers went up 35 per cent from the previous year. We attribute that to the in-school promotion," Ransom said.

A total of 288 children registered for the program in 2017 and they read for a combined 3,807 hours. Ransom is optimistic that they will see an increase in their numbers for 2018 and she hopes to see 350 registered readers.

Children whose parent or guardian registers them for the program will receive a reading log with instructions to keep track of every 10 minutes that they read or are read to. For every hour that they read, the kids will get \$10 in library money, which they can use to make purchases from the library's Summer Reading Program Store. After recording five hours of reading, kids can trade in their reading log to get a new one and an entry ballot for one of five grand prizes.

"We find that the incentive program is just so great for the children in our town," said Ransom. "Families can participate even when they're not in town — when they're camping or

when they are on holiday — the kids can count their minutes no matter where they are. Then they come back and use their library dollars to spend on what they want.

"Not only does the program help with literacy, it really helps with numeracy too and I think that's a hidden benefit to kids because they are learning the value of money," she added. "Reading is work, so they're getting paid for the work that they're doing and then they get to buy something in the store that they want. So we have had feedback from parents that say that their kids have better numeracy skills and also money skills."

The library store will be well stocked with goodies thanks to a generous \$300 donation from the Stonewall & District Lions Club.

"We are very appreciative of the support we get from the community and very thankful for the corporate sponsors that we have," said Ransom. The Kiln, The Co-operators, Laser Jungle and TD Bank have also provided prizes and funding for the program.

"We really couldn't do that without the community support," she added.

Registration for the Stonewall library's TD Summer Reading Program is open throughout the summer and kids can cash in their reading hours for library money after July 1.

There will also be plenty for visiting patrons to do in-house, including self-led crafts, worksheets and a new summer reading area.

For more information, drop in or call the Stonewall library at 204-467-8415.

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# Youth job centre opens with new activities in Teulon

By Caitlyn Gowriluk

The Manitoba Youth Job Centre in Teulon is open for the summer, and students can expect some changes to this year's activities to make the centre a little more community-focused, said youth engagement co-ordinator Gavin Leduchowski.

"I've been in talks with some local farmers' markets, people who make honey and stuff like that," said Leduchowski. "I'm going to see if maybe I can get in touch with them and do some sales of their stuff so we're a little more local."

While this partnership is still in the works, Leduchowski — who is in his third year of running the centre — said there will also be some activities

continuing from past years.

The Manitoba Youth Job Centre's summer programs help match local employers with youth and students aged 12 to 29. The centre in Teulon is one of 38 across rural and northern Manitoba.

The Odd Job Squad, which offers supervised employment opportunities for students aged 12 to 16, continues to be one of the Teulon centre's most popular programs, said Leduchowski.

Quintin Hepples, who started using the program when he first moved to Teulon three years ago, said the Odd Job Squad gave him the opportunity to make some money before he was old enough to apply for part-time employment.

"It's a good way to get to know people, and to get your name out there," said Hepples, 15. "It keeps me busy in the summer."

While the Odd Job Squad may be the program people are most familiar with, Leduchowski said it's some of the centre's other programs that he thinks are most useful for students, like services that help with writing resumes and cover letters.

"Doing all that stuff for the first time for students is not always easy or clear," said Leduchowski. "You might apply for some stuff and not realize you're making mistakes, and then it's costing you job opportunities."

The centre is also offering its First Job Certificate program for the second

time this year. The day-long workshop teaches students some basic information about things their first jobs might include, like money management, work responsibilities and customer service skills, said Leduchowski.

"That's a really good thing for students [who] have never had a job before. [It's] something to start building a resume off of," said Leduchowski.

So far, the Teulon Odd Job Squad has several events already planned for students, including selling Manitoba-made barbecue sauce and painting windows for Canada Day.

For more information about the Odd Job Squad or any other Youth Job Centre's programs, email [teulonmyjc@gov.mb.ca](mailto:teulonmyjc@gov.mb.ca), or call 204-861-0132.

## > DANICA'S VILLAGE, FROM PG. 2

"This is in hopes to stock the shelves for a little while until the beluga charter planes go up and we can hopefully get some of their excess freight donated," deLaroque said.

With a further focus on food distribution, Danica's Village has been sending food to stock a small pantry area in the hospital so that nurses can hand out food as needed.

"They were finding that some people were coming in undernourished and they would need some food to go home with," deLaroque said.

"The nurses were actually taking food from their own pantries because the food bank was not open and who in their right conscience could let somebody go hungry?"

When school starts up again in the fall, the local organization is also planning to fill backpacks with food that kids could take home over the weekend.

"Lots of kids are going to school because there's a breakfast program where they supply free food for the kids. This is definitely being used to capacity," deLaroque said.

"The weekend backpack supply will allow kids to take food home to tide

them over for the weekend. For kids who are desperately in need of nutrition, at least you could know that they are actually eating something over the weekend."

Closer to home, the outreach efforts are ongoing through an initiative to set up buddy benches at all the Interlake School Division's elementary and junior high schools, as well as at the school in Churchill. Starting Blocks and Stonewall Children's Centre will also receive buddy benches since those are the daycares that Danica attended.

These buddy benches act as a signal that there is a child looking for playmates. If other students see someone sitting on the buddy bench, they know that the child would like an invitation to play.

In total, Danica's Village purchased 13 buddy benches from by a company called Taylor Recycled Plastic Products in Ontario. The benches, which will be delivered soon, are made from recycled milk cartons that have been dyed bright colours. They're durable enough to withstand the weather and they won't need to be painted again. In the fall, deLaroque plans to provide

a presentation to all of the schools about the benches and her daughter Danica.

In addition, Danica's Village is planning to build an outdoor stage at Brant-Argyle School, where Danica completed kindergarten.

"Danica was very much into dance and I have no doubt that she would've been into acting and plays, so we are currently in the process of getting ready to build a stage. We are taking donations for that, whether it be sup-

plies or anybody who can provide a service," deLaroque said.

"We plan to have this outdoor stage available so that we can do outdoor performances as well as movie nights for Interlake community families to come out and watch outdoors. We're really hoping to get something out there in Danica's name."

Anyone who would like more information or to make a contribution to Danica's Village can contact deLaroque at 204-396-6784.

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# get informed

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



TRIBUNE PHOTO BY JO-ANNE PROCTER

Robins bathe as often as possible. They will use any kind of water they can find: ponds, mud puddles, melted snow, lawn sprinklers and of course bird baths. They bathe in shallow water and splash it up to wet their backs and heads.

## letter to the editor

### Response to the Teulon Health Expo

The mayor of Teulon, the CEO of the IERHA, along with professional people from nine different agencies, did presentations of health services in our region. Not one of these presenters answered the questions that the people from the community came to hear. We all know change is happening with our health care in the province. What the people in our

community want to know is:

- What is happening to our Teulon Hospital?
- Do we have acute care beds?
- Will our lab close?
- What does it mean that Emergency department in Teulon is TEMPORARILY closed?

How can the clinic take on more patients when one of the two physi-

cians is going on maternity leave?

Why did the Sustainability Committee not speak on behalf of the community?

Could someone be honest enough and answer to the people of the community?

I and many others came away that evening frustrated and angry.

-Marilyn Warkentin

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# getheard

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS

## James Bezan reflects on session

By Jennifer McFee

The House has risen for the summer, but that doesn't mean that work is done for members of Parliament across the country.

Selkirk-Interlake-Eastman MP James Bezan paused for a moment to reflect on the end of the session.

"First and foremost, I know that a lot of people in our riding are very concerned about bill C-71, which is the Liberals' backdoor gun registry. It definitely doesn't play well in rural Canada and, again, it's trying to criminalize lawful legal firearms owners," he said.

"At the same time, what I find ridiculous is the contradiction of Bill C-71, which doesn't mention gun crime, doesn't mention gangs, doesn't mention gun-runners. It only goes after those that are already licensed firearms owners."

Meanwhile, Bill C-75 makes it less

penalizing to commit violent crimes, Bezan added.

"For things like robbery or committing a crime with a weapon, they've taken it from being indictable, or jail time, and switching it to summary conviction, which is a slap on the wrist," he said.

"They're doing that for sexual assault. They're doing that for child abduction. They're doing that for leaving Canada to join a terrorist organization. Those are now all summary convictions, really giving the judges that ability to give a slap on the wrist and send you home. To me, that is bad public policy that is going to greatly cause the public more danger and it makes no sense."

Many people are also concerned on what's going on with trade and NAFTA.

"As Opposition, we're disappointed that the government never brought

forward the legislations to ratify the Trans-Pacific Partnership. They tabled it but we never debated it, so we're not going to have a chance to do that until the fall," Bezan said.

"And, of course, with NAFTA up in the air with the circus surrounding the discussions with the United States, we need to make sure that we lock in these other trade agreements and do the best job we can to protect our economy."

Another issue affecting the riding is steel tariffs, he added.

"We need to continue to work with the United States to get those tariffs taken off," Bezan said. "There's no contingency plan in the budget."

He also noted his disappointment that there was no debate in the House of Commons about the UN mission in Mali.

"I've been asking for it since they announced the mission," he said. "Mali



Selkirk-Interlake-Eastman MP  
James Bezan

is the most dangerous UN mission in the world. ... There's no peace to keep and we're not necessarily there in their national interest, so what are we doing there?"

Closer to home, Bezan is looking forward to spending the summer in the Interlake.

"It's going to be busy. Almost every weekend, there's country fairs and summer festivals that I'll be at. I'll be around the riding a lot and I love it," he said.

"Getting to be home and seeing everybody in the riding is what keeps me grounded. It keeps me posted on what's important to the people that I get to humbly represent."

## letter to the editor

Letters to the Editor:

letters@stonewallteulontribune.ca

### Provincial Government at War with Commercial Fishers

Commercial fishers in Manitoba are being attacked by natural resources/sustainable development and sports fishermen.

When sports fishermen, many from outside the province and indeed the country, realized fishers catch a lot of fish in Lake Winnipeg, they panicked. They envisioned the potential demise of their great sports fishery. They went to the provincial government with their concerns. At that time, the Province of Manitoba had two choices.

They could have told those concerned that the commercial fishing practices that have been going on for decades has created the very situation that has sports fishermen are travelling hundreds of miles to fish bountiful Lake Winnipeg. However, because of the continued animosity by Natural Resources/Sustainable Development towards commercial fishers which they see, erroneously, as enemies of the lake and themselves as protectors of the lake, they joined forces against their common enemy, the commercial fisher.

The provincial government, being lobbied by both sports fishermen and Natural Resources/Sustainable Development to push back at fishers, has now brought in new restrictions, lowered maximum mesh size, endless new paperwork, along with increases in fines and penalties, fish seizures, suspensions, etc.

Six fishers have been suspended for fishing for at least one year, mostly for over shipping. Natural Resources/Sustainable Development have now decided anyone over-shipping by 1,000 kilograms be suspended for one year. That means quota, the amount of fish a fisher is allowed to catch per year, his yearly income is gone. A suspended fisher cannot work on the lake, even for someone else, and cannot participate in the fishery in any way, shape or form.

One of these suspended fishers is a single dad with two boys. It's easy to accidentally over-ship. Fishermen are exhausted at the end of long days and can make clerical errors.

When a fisher ships fish to the Freshwater Fish Marketing Corpora-

tion (FFMC), calculations are sent to Natural Resources and any over shipment is immediately known. There is no attempt to deceive; in fact, it is impossible.

The fisher is then charged, fined \$1,000 to \$2,000, and then the amount of quota over-shipped is then taken off the next year's catch. So no harm is made to the fish stocks.

A fisher with 20,000 kilograms of quota and over shipping 1,000 kilograms is over by a mere five per cent. To suspend him for one year from his livelihood is ridiculous, immoral and amounts to legal bullying.

I myself am suspended for two years. Between 2009 and 2016, I had one conviction (used improperly marked gill-net). Two out of 16 of my net pegs were not marked properly in the winter of 2014. Then in 2016, I was selling smoked fish without doing the proper paperwork, resulting in six convictions. Total fines of \$3,400. No pickerel was involved in this situation and I claim smoked fish revenue on my tax return.

I ship 350,000 pounds of fish yearly

to FFMC between Lake Winnipeg and Great Slave Lake, and employ 9-10 people. I am suspended for two years for one incident not involving pickerel.

The province has decided it's cheaper to suspend commercial fishermen than to buy back quota to appease the sports fishermen. This is what happened in Alberta. Government and sports fishermen attacked commercial fishers until all commercial fishing was banned province-wide. The general public did nothing. Now they're sorry for not speaking up. No more fresh fish or fresh smoked fish in Alberta. If they want fish, it comes from outside the province.

If the public does not start reacting to this, it will be the same here. If any reader has friends or family in Alberta that used to enjoy fresh fish from a commercial fishermen, ask them, "How do you like it now?"

Then ask them "Do you wish you had spoken up for fishers?"

Brad Benson has been a commercial fisherman on Lake Winnipeg for 30 years.

Brad Benson  
Winnipeg Beach



# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

## Catching clams with minnows

Welcome, my good friends.

The end of the high school year and a day off work for other guys have happily resulted in this week's fishing stories coming from our younger angling brothers. At the low side of the Powerview Dam, as I eased my car down the steep grade of loose gravel to the Winnipeg River bank, I saw two young anglers stepping deftly as mountain goats on the sharp rocks lining the shore. The roar of the dam's frothing water escaping its spillway met me as I left my car.

I motioned them to me, calling out, "Have you caught anything yet?"

They smiled, waving their arms, the shorter one grabbing a pail as they skipped from one rock to another to me.

"Hi. Wow, you've got a nice pail full of fish," I exclaimed seeing the tail of a pickerel sticking out its top.

"Yeah," he said, "some are from McArthur Falls we caught there this morning."

"What's your names?" I asked.

The taller one, in a deeper, throaty voice, said, "I'm Jeremy Hrnjeki and he's Richard Barkerti."

We talked for a while and then Jeremy made a point of saying his dad, Jerry, used to be a fishing guide at the Cats on the Red years ago and had

taught him to fish but was and still is strict about taking their garbage home. Good for you, Jerry!

I guess it was last Monday I was driving in Selkirk past the Safeway parking lot and saw two young lads looking so carefree in old T-shirts and shorts strolling home with their fishing nets over their shoulders, rods in hand, like something out a Mark Twain story. My instincts came alive.

I wheeled through the parking lot stopping abruptly beside them. They looked surprised so I quickly rolled down my window, offering my card.

Relaxed now, Jaden Baker, a wiry kid with a tight energetic smile, gave his name as well as his buddy's, Braydon Storozinski, who was a bit bigger with an uninhibited generous smile.

They had just come from fishing the shallow, reed-filled "slough" downstream of town where he joked about a catfish catching him. He had landed a two-foot catfish, and in an effort to get his hook out, he used an old trick which was to squeeze the fish's flesh just behind the lower gills to keep its mouth open.

Well, fish are slippery and he lost his grip, causing the cat to clamp down hard on his hand, which by now was deep in the fish's mouth extracting the hook. Now cats don't have teeth but

they do have sharp bristles that hurt. Jaden kind of lost it! He began dancing around, shaking his arm wildly with the fish hanging on. Needless to say, Braydon was doubled over laughing at his buddy's predicament.

As I was about to leave them, Jaden showed me his hand, "See," he said, "just a few red marks!"

Farther down the Red from the slough a few days later, I could hear a guy talking before I could see him. Breaking through some willows, I saw a young, slight chap with finely defined facial features talking to a neighbouring angler.

"How's it going, guys?" I offered.

The "talker" was Paul Manik, who soon surprised me by saying, "I caught a clam once with a minnow!"

It seemed a little farfetched, so before I left, I asked him to send me a picture. A few days later I got an email showing a clam dangling in the air hanging onto Paul's baited hook! That wasn't all! Another email followed, showing him holding a giant stuffed catfish from inside one of the Selkirk Museum ships. Apparently he was determined to show me he had gotten a fish that day. What a character!

Last Friday, the heat on the Gimli pier was intolerable. Only the young were there including a tall, gangly lad



TRIBUNE PHOTO BY ARNIE WEIDL

Jeremy Hrnjeki on the left and Richard Barkerti on the right of Winnipeg with some of their catch at the Winnipeg River by the Powerview Dam.

with short dark hair and a kind smile. Josh Porter from Winnipeg, free of school, was here for a day of fishing. As we sat on the pier's walkway, he told of how last summer while boat fishing with his dad Andy and sister Jasmine, they felt the wrath of a jackfish. They were well out on the Big Whiteshell Lake on a sunny, windy morning and his sister had her brand new rod resting on her lap with the lure hanging easily a foot out of the water. Suddenly a huge jackfish leapt from the water inches from her, seized the lure and disappeared with her rod. Jasmine froze in fear and began shaking. Josh moved over to his sister and calmed her down, but apparently she never forgot the sight of that jack coming out of the water.

Hope to see you on or by the water. Bye for now.

## Revamp underway for Manitoba's health-care system

Staff

Manitoba's health-care system is undergoing an overhaul with the goal of improving quality, accessibility and efficiency of services.

The Health System Transformation Program will act as a guide for the planning and implementation of the changes, which will occur over several phases.

More than 80 stakeholder groups and organizations contributed input towards the creation of this blueprint for change.

Ron Van Denakker, CEO of the Interlake-Eastern Regional Health Authority, explained that one of the main goals is to achieve sustainable health care since the cost of health care has been growing at a greater rate than the population and tax base.

"The concern, of course, is what do

we do to try to bend the cost curve and try to ensure that we have a sustainable system," he said during a conference call last week.

"Part of what's come out of the reviews is that we really have a very complicated health-care system. ... There's some role confusion between what the government's roles are, what's the role of the WRHA, what's the role of all of the other provincial health organizations."

He said that Manitoba's health-care system is more expensive per capita than other provinces, yet the health outcomes are not as good as in other parts of the country.

"Clearly, there are a lot of challenges here. This is the very first time where we are really looking at an overall provincial process to try to streamline the way things are done," Van Denakker said.

He said.

"One of the key things that's important is that the government is really taking on more of an accountability role."

Over the next five years, changes will occur in three waves. To start, the first wave will focus on redefining the roles of health system organizations, implementing changes in Winnipeg in alignment with the broader provincial plan, restructuring bargaining units and developing a provincial clinical and preventive services plan. This plan will include recommendations for service changes in rural Manitoba based on demand.

The second phase will involve transferring the operations of the Selkirk Mental Health Centre and Cadham Provincial Laboratory to a service delivery organization or Shared Health,

which was recently created by the provincial government with the goal of improving patient care and providing co-ordinated support to the health system. Phase 2 will also focus on changes to emergency medical services, more negotiations with bargaining units and implementing the provincial clinical and preventive services plan.

To wrap up the transformation, the third wave will continue to implement the clinical and preventive services plan while also moving forward with workforce planning and negotiations.

By simplifying the overall system and streamlining the roles, the level of care is expected to improve.

Project updates will be posted on an ongoing basis at <http://www.gov.mb.ca/health/hst/>.



# CSBC wants to keep Canadian anglers safe on the water

## Submitted

June 30 to July 8 marks National Fishing Week in Canada. The Canadian Safe Boating Council (CSBC) wants to remind anglers that wearing your life-jacket is even more important than wearing your "lucky fishing hat." But they do share one trait. They both have to be worn to be effective.

According to the Canadian Safe Boating Council and the Lifesaving Society, 80 per cent of recreational boaters who drown each and every year in Canada were not wearing a life-jacket or Personal Floatation Device (PFD). Most of these drownings occur in small, open power boats, accounting for 60 per cent of these preventable deaths. A majority of these victims were males between the ages of 19 and 35, out for a day of fishing.

"Even during shoreline fishing you should wear a life-jacket if you are not a confident swimmer," says Kevin Tor-diffe, Lifesaving Society – MB Branch acting CEO. "Falling into the water while fishing from shore is another common cause of drowning."

Many who don't wear their life-jackets or PFDs believe that, since they are good swimmers, having them on-board and within easy reach is good enough. But a life-jacket stored under a seat or up in the bow will be of no

help when the unexpected happens, like falling overboard while trying to net the catch.

"National surveys clearly show that more than half the recreational boats sold in Canada are used for fishing on a regular basis," says John Gullick, chair of the Canadian Safe Boating Council. "During National Fishing Week, the Canadian Safe Boating Council would like to remind all anglers not only to have their life-jacket onboard their boat but to wear it as if their life depended on it — because it just might!"

Many of today's anglers are delighted with the models that are designed especially to suit their needs. They're rugged, allow for full freedom of movement to cast and are constructed with lots of pockets for gear. Some even come equipped with an attachment from which to hang a landing net. When choosing their life-jacket, anglers should also check the label to make sure it is Transport Canada approved, is the correct size and fits snugly.

Today, many anglers choose to wear an inflatable life-jacket because they are cool, fully adjustable and provide for full arm motion. These are available in both manual and auto-inflate models, which make them extremely

You've taught them all you know about fishing, including wearing their lifejackets.



Fishing is a wonderful sport; an activity you and the kids can enjoy. They look up to you for information and guidance on something you can share together. You've got them hooked on fishing. The Canadian Safe Boating Council thanks you for getting them 'Hooked on Lifejackets'.



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Made possible with a financial contribution from Transport Canada

## TRIBUNE PHOTO SUBMITTED

Canadian Safe Boating Council is reminding boaters to wear their life-jackets when they are fishing.

versatile. The law states that these must be worn to be legal, rather than just be kept in the boat. Also, they are only legal where the wearer is 16 years of age or older.

This initiative is made possible through support of Transport Can-

ada's Office of Boating Safety.

For a 15- or 30-second radio PSA and additional information on boating safety, please visit [www.csbc.ca](http://www.csbc.ca).

## Mandatory customer service training being offered

By Jeff Ward

The deadline for new mandatory customer service training for businesses and organizations to be compliant with the Provincial Accessibility for Manitobans Act is Nov. 1, and Community Futures West Interlake is urging Interlake organizations to prioritize it now.

The government and public sector became compliant with the first standard of the new law in 2016 and 2017 respectively, and now it's time for the private sector, small municipalities and non-profit organizations to do the same.

CFWI general manager Lana Cowling-Mason estimates more than 75 per cent of those organizations in our region aren't aware this training is required. CFWI, through the Society for Manitobans with Disabilities (SMD), has come up with a new 90-minute training course that costs \$20 per person that will get all customer service people up to speed on the new law.

"The requirement is that the training be completed by Nov. 1 of this year," said Cowling-Mason.

"This is a huge amount of people that need this training, including volunteers. Many people will do in-house training and that's fine, but in our region, there are many smaller organizations that might find that difficult, so we wanted to do something for them."

The Act states that this first standard is focused on how people in customer service need to accommodate people with disabilities. This means meeting communication needs, mobility needs, welcoming and understanding support people who are there to assist and making sure accessibility is maintained. There are a variety of other components to this standard, which are all related to attendees at the training session.

Cowling-Mason wants people who need this training to be aware that there are other options and the CFWI isn't trying to make money off of this.

"What we want is to create an easy way for people to get the knowledge they need and absorb it so their organizations can become compliant," she said.

SMD will issue a certificate to those who complete the training through the session and also maintain a database with organizations who have completed training.

It's important that organizations read up on what is expected of them now and in the future as the act has more than this one piece. The act in its entirety, as well as other resources, can be found online at [www.accessibilitymb.ca](http://www.accessibilitymb.ca)

For more information on the CFWI program, contact the CFWI office at 204-768-3351.

## ATTENTION RESIDENTS OF THE RURAL MUNICIPALITY OF ROCKWOOD

### Share Your Views

concerning the proposed expansion of a dairy operation  
**TRC - 12-046 Lifewind Dairy Ltd.**

The Manitoba government has received a proposal from Lifewind Farm Ltd. to expand its dairy operation from 140 to 360 animals (280 to 720 Animal Units) at SE ¼ 17-13-3 EPM, located approximately 2 miles (3.2 km) west of the community of Stony Mountain, on Road 74, 2 ½ miles (4 km) west of PTH 7.

If you would like to share your opinion concerning this proposal, you are invited to contact the Manitoba government by sending either a letter or an email with your name clearly identified to [TRC@gov.mb.ca](mailto:TRC@gov.mb.ca) specifically referencing TRC 12-046 no later than July 27, 2018. After this date, the proposal will be dealt with by the Livestock Technical Review Committee.

Information submitted in response to this proposal is considered public information and will be made available to the proponent and placed on the public registry.

#### For more information

If you would like more information on this topic, please visit [www.gov.mb.ca/ia/livestock/public\\_registries.html](http://www.gov.mb.ca/ia/livestock/public_registries.html) or the South Interlake Planning District Office at 285 Main Street, Box 1219, Stonewall, Manitoba, R0C 2Z0.

Technical Review Co-ordination Unit  
Municipal Relations  
604-800 Portage Avenue  
Winnipeg, MB R3G 0N4  
Fax: 204-948-4042





# Headingley RCMP detachment to combine with Stonewall

## Stonewall council news in brief

By Jennifer McFee

Staff Sgt. Kelly Glaspey provided an update to Stonewall council on behalf of the RCMP at the June 20 committee of the whole meeting.

The RCMP's east district is looking at several amalgamations, he explained. As part of that initiative, Headingley detachment will likely combine with the Stonewall and area detachment. The combined force would be based out of Stonewall with a total of 24 members plus five support staff.

One main reason for the change is due to the aging RCMP building in Headingley, which requires expensive and extensive renovations to meet current specifications.

If approved, the estimated time-frame for the move is six to nine months, although Glaspey expects it might take a little longer.

The traffic services unit would remain based out of Headingley, since it is located separately in a newer building.

Teulon will continue to fall under

the Stonewall area and its office will remain open for the short term. Looking ahead, Glaspey expects that office might amalgamate with Stonewall as well.

For Glaspey, he sees the benefits of the amalgamations since a larger force means more capacity, particularly for major incidents.

Within the next month or two, the RM of Armstrong is also expected to experience a change. Currently, it is covered by the Stonewall and area detachment, but it will likely soon be covered by the Gimli/Arborg detachment instead. For Glaspey, it makes sense geographically since the RM of Armstrong is closer to Gimli and Arborg than it is to Stonewall.

If all the changes go forward, the Stonewall and area detachment would cover the Town of Stonewall and the RMs of Rosser, Woodlands, Rockwood and Headingley.

In other RCMP news, Glaspey noted that one man has been arrested in relation to a string of break-ins



TRIBUNE PHOTO BY JENNIFER MCFEE

RCMP Staff Sgt. Kelly Glaspey met with Stonewall council to discuss the amalgamation of Headingley and Stonewall detachments.

throughout the Interlake area. He allegedly had been committing the crimes along with another man, who hasn't been arrested. Both men are in their early 20s. Glaspey said the ar-

rest is the result of a combined effort between the Stonewall and Gimli detachments.

# Rosser council news in brief

By Jennifer McFee

At the June 19 meeting, council approved several road projects, as required by the provincial Transitional Municipal Road Program for cost-sharing arrangements.

The approved projects include the reconstruction of Me-

ridian Road between roads 64N and 65N. The cost in 2018 will be \$50,000, as part of a three-year project estimated at \$120,000.

Another project will focus on road slide rehabilitation on Sturgeon Road between roads 70N and 71N. The cost in 2018 will be \$25,000, as part of a three-year project estimated at \$75,000.

Asphalt repairs will take place on parts of Roy Roche Drive and Sturgeon Road at a cost of \$10,000 in 2018.

Cracks in asphalt will be filled on Road 1E between Highway 221 and the Dorsey Hydro Station entrance, as well as on Lucas Avenue between Route 90 and Oak Point Highway. The 2018 cost is \$10,000.

### In other council news:

- A public hearing for Rosser Holstein's conditional use application will be held at the Grosse Isle Hall on Tuesday, July 24 starting at 7 p.m.
- Council granted Coun. Lee Garfinkel a leave of absence for the July 10 council meeting.
- The RM of Rosser declared the 2018 World Masters Ultimate Club Championships as a community event. The event will take place from July 27 to Aug. 4 at the Little Mountain Sportsplex.
- Gordon Grenkow provided an update to council about the South Interlake Agricultural Society. He also discussed concerns regarding changes to the East Interlake Conservation District boundary, the Grassmere Drain, the city protection drain, and the King Edward Intersection at the Perimeter Highway.
- The June 26 council meeting was cancelled. The next regular council meeting will be on July 10 at 9 a.m.



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## McMahon Family Reunion

*There will be a McMahon reunion in Teulon from July 27-29 for the descendants of John & Elizabeth McMahon- with the main focus on Alex & Mary McMahon's family; some attendees are relatives of Alex's Uncle Adam.*

John & Elizabeth and family emigrated to Ontario from Ireland in the mid 1800's. Their grandson Alex and other family members moved to the Dundas/Teulon area in late 1880's.

The committee has been attempting to make contact with family members since January to invite them to the reunion and obtain family information for the family tree project. If you are a decedent to the McMahon family and have not been contacted, please contact us.

Karin (McMahon) Kilpatrick: [karinlenore@hotmail.com](mailto:karinlenore@hotmail.com);  
(H) 204-886-2740; (C) 204-886-7787

Beryl (McMahon) Dziedzic: [berylid@xplornet.com](mailto:berylid@xplornet.com);  
(H) 204-278-3229; (C) 204-886-7316

Kim Dziedzic: [Kimberly.dziedzic@gmail.com](mailto:Kimberly.dziedzic@gmail.com) (c) 204-214-0014

There are activities, souvenirs and presentations planned so RSVP is needed by July 3, 2018 to any of the above.

This event has been a large undertaking and has been interesting to see where the McMahon relatives have spread and prospered.



# Interlake-Eastern RHA CEO Van Denakker visits St. Laurent

By Jeff Ward

Ron Van Denakker, the CEO for the Interlake-Eastern RHA, discussed temporary changes to health services in St. Laurent after the community's nurse practitioner Tammy Hagyard-Wiebe went on indefinite leave two weeks ago.

The gap will be filled, Van Denakker explained, by nurse practitioner Beryl Dziedzic in the community every Thursday and Dr. Thomas, who will provide physician services every Friday. Van Denakker added that Dr. Soliman in Eriksdale will extend his practice so that Dr. Thomas can provide service to St. Laurent. He said that Dr. Thomas is looking forward to providing care to St. Laurent residents.

Interlake-Eastern RHA can't comment on the circumstances around the indefinite leave due to employee confidentiality, but a spokesperson explained that the health authority hopes Hagyard-Wiebe will choose to return to the Interlake-Eastern RHA when her leave concludes.

The CEO also explained that this type of primary care is one the province's areas of investment that they hope will create a stable foundation for health care.

"The plan moving forward is to fur-

ther shore up primary care and connect the operation of clinics so that there is more flexibility to accommodate change by spreading patient care over a greater number of care providers. These teams of health care providers, called My Health Teams, would see clinics over broader geo-

graphic areas work more closely together as part of an agreement to share services and expertise with a broader scope of patients," Van Denakker said.

"Because they pool health-care providers, these teams of care providers are far more flexible and can maintain continuity of service in a way that we can't right now when a care provider leaves unexpectedly in the isolated practices we have across the region."

Van Denakker said that the new pilot project for limited lab services is now taking appointments and had its opening day last week on June 20. He explained that the intent of the project is to provide certain kinds of blood-work services to residents who have difficulty attending health-care appointments outside of the community.

The need for this service was brought to the RM of St. Laurent

**"I LEFT THE CONVERSATION WITH A BETTER UNDERSTANDING OF EXPECTATIONS FOR THIS PLAN SO, TO ME, THIS WAS A VERY SUCCESSFUL REVIEW."**



**TRIBUNE PHOTO SUBMITTED BY INTERLAKE-EASTERN RHA** Interlake-Eastern RHA CEO Ron Van Denakker spoke with residents of St. Laurent two weeks ago about changes to their health services after former nurse practitioner Tammy Hagyard-Wiebe took indefinite leave.

council's attention back in October of last year by Larry Wiebe. At the time, Wiebe had collected signatures from nearly everyone in Laurentian Lodge, St. Laurent's 55+ seniors home. Wiebe explained to council, who agreed, that the service was necessary.

The 10 residents who attended the meeting also heard from Karen Stevens-Chambers, the Interlake-Eastern RHA's vice-president of community services, about French language services.

"We had an excellent discussion with area residents who are very en-

gaged in their community and dedicated to ensuring the appropriate consideration be given to provision of French language services in health care delivery in our designated site of St. Laurent and surrounding communities," Stevens-Chambers said.

"I left the conversation with a better understanding of expectations for this plan so, to me, this was a very successful review."

There are two facilities in within the region designated as bilingual: St. Laurent Community Health Office and Pine Falls Health Complex.

## Helping hounds for Hannah

**TRIBUNE PHOTO SUBMITTED**

A group of compassionate staff and friends from Stonewall Collegiate spent last Sunday morning walking in honour of former student Hannah Steinke who passed away in January of this year. Steinke, fuelled by her love for her two dogs, Teeko and Kane, set a goal to complete the Paws in Motion walk on June 24. Hannah's disability made walking long distances difficult, but she worked hard every day to increase her walking distance and speed with the support of her family, school, and friends. "Hannah's Hounds" team walked to celebrate and honour Steinke's strong will, determination, and compassion.

The Winnipeg Humane Society Paws in Motion is the WHS's largest fundraising event of the year. Since it began over 20 years ago, Paws in Motion has grown into Winnipeg's largest celebration of pets.





# Plans in place for Rosser Central Community Club

By Jennifer McFee

It's a step in the right direction for Rosser Central Community Club, which is on the road to reopening in several months.

After the club closed for curling due to required fire code upgrades in 2016, a group of dedicated community members stepped forward to envision a new future for the community centre.

Through consultations and surveys, they came up with a seven-phase plan for the building.

The first phase involves upgrading the electrical room and focusing on fire safety issues. After that, the next phase will focus on accessibility by building a new vestibule with a ramp and an elevator.

"We secured some funding from the RM of Rosser as well as the Interlake Community Foundation, and we're waiting to see if we got a couple other grants as well. With all our fundraising, we think we'll be able to open our doors for Sept. 1," said club president Jessica Beachell.

"The main goals we want for the building is for it to be multi-use, multi-generational, sustainable and to have partnership and collaboration. For example, we want to collabo-

rate with the school division and possibly a day care and other community centres. We're trying not to duplicate anything nearby us because we don't want to compete with anybody."

The Hockey Barn will be a permanent tenant at the facility, and owner Michael Hunt will provide sport court flooring that can be used for a variety of activities.

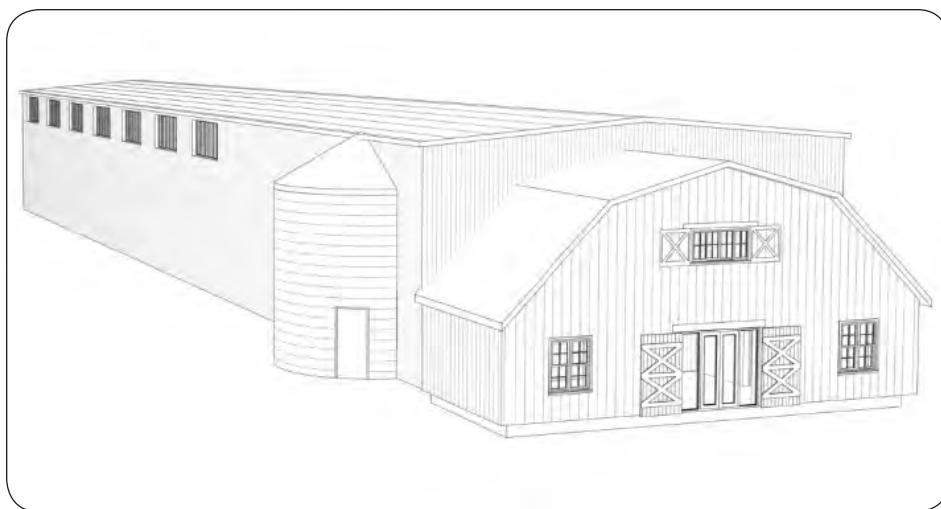
"He has agreed to install the floor for us, so that means our community would be able to use it at any time, including during school hours," Beachell said.

"Since the Hockey Barn will rent the building, it will be consistent revenue, which would help with some of our operating costs. That way, our fundraising can now be able to be saved up for capital costs for future phases of the plan."

In addition, they've been working with the Interlake School Division about the possibility of Rosser School using the facility.

"The school in Rosser doesn't have a gym, so we're hoping they will be able to use it," Beachell said.

"We've also been collaborating with the rec director and she's willing to run some programs in there as well. We'd like to go back to our commu-



TRIBUNE PHOTO SUBMITTED

The Rosser Central Community Club is scheduled to open this fall as a multi-use, multi-generational facility.

nity nights that we held before, such as quiz night, ball hockey night, paint nights and art shows."

To prepare for the upcoming projects, the club will host cleaning bees on Thursday, July 5 and Thursday, July 12. Volunteers can drop by any time throughout the morning, afternoon or evening.

"We don't want to limit the time because we don't know how long it's going to take. Someone on the board will

be around at all times, and the board members will bring potluck supper to provide for all the volunteers," Beachell said.

"Anyone willing to help us is welcome."

For more information, contact Beachell at 204-996-6663 or [rosser.rec@gmail.com](mailto:rosser.rec@gmail.com).

## Teulon's home care nursing clinic now taking appointments

Submitted

The home care program in Teulon officially opened its home care nursing clinic today. Located in Teulon's Hunter Memorial Hospital, the clinic provides additional support to local and surrounding home care clients requiring nursing care. Home care clients who are mobile or able to be driven by family can now book regular appointments at this new clinic rather than waiting for a nurse to attend to them at home.

Those that most appreciate this service are home care clients who require regular assistance from a home care nurse but who are otherwise able to move around and easily leave home. This would include home care clients who are working during the day, in school or have other commitments. The clinic offers another setting to see the home care nurse that is often more convenient for the client than the client's home location. Some of the most common health concerns addressed by home care clinic nurses are related to wound management and are easily treatable (e.g. diabetic ulcers, surgical incisions, bed sores, etc.).

The establishment of a home care

clinic in Teulon frees up the time of nurses who would otherwise travel to patients who are unable to seek care on their own. Having the home care nursing clinic as a resource in the community also allows travelling home care nurses to see more clients per day.

Karen Wood, Interlake-Eastern RHA's regional director of home care, is pleased to have this additional support in the community.

"Having access to a home care nursing clinic on a regular basis means we can offer people a better option than the emergency department when care is needed in a timely manner. The kind of health-care issues that nurses attend to in home care typically don't require life-saving care provided in emergency rooms yet they need regular nursing care," Wood said.

The clinic has required collaboration with Teulon Medical Clinic and acute care staff at the hospital who have agreed to provide the space where the clinic is now located. These teams have worked closely with the home care program to offer this new access to care opportunity in Teulon.

The clinic is now open daily to home



17/06/2018

TRIBUNE PHOTO SUBMITTED

Celebrating the official opening of the Teulon home care nursing clinic are from left to right: Tricia Tyerman, home care clinical team manager; Rilda VanHussen, home care nurse; Ken Pankiw, home care client; Rachel Chaput, home care nurse; Pat Barkman, clinical team manager in Teulon's Hunter Memorial Hospital & Goodwin Lodge Personal Care Home; Karen Wood, regional director of home care.

care patients in Teulon and surrounding areas. Hours will vary as home care nurses are also visiting patients who are not ambulatory or able to be driven to the clinic. Other home care

clinics are operating in the communities of Gimli, Selkirk and Stonewall.

For more information contact the home care case co-ordinator at 204-886-4066.



# Teulon hosts first-ever health expo

By Caitlyn Gowriluk

On June 18, over 100 people gathered at the Teulon Rockwood Centennial Centre for the town's first-ever public health expo to address some of the major changes to the area's health-care landscape over the last few years.

In a crowd of adults, one tiny person stood out: Lois Proulx's six-month-old grandson Ezekiel, there as the result of a last-minute babysitting gig.

"We do look after him from time to time," said Proulx. "[His dad] is usually home, but he had to go back to work."

As a retired paramedic, Proulx said most of the information at the health expo wasn't new to her. But as a grandmother, she said she has taken a new interest in how recent changes to health care in Teulon could affect her family.

"[I] look after my other three grand boys — they're five, three and two — during the day," said Proulx. "And it's a concern because something could happen to them."

The health expo came amid growing uncertainty about what the future holds for health care in the region since several of the town's doctors left within a few months of each other in 2014, said David Oakley, chair of the Interlake Healthcare Sustainability Committee that co-ordinated the event with members of Teulon town council.

"There's been a lot of changes in the availability of health-care services in Teulon in the last three or four years, and there's been a lot of work done behind the scenes to try and understand why there [were] changes, and what needed to be done to redevelop the services locally," said Oakley. "What we needed to do was connect with our community so that they understood

what services were available."

For some Teulon residents, the health expo had been a long time coming, said Lynn Hainstock, who attended the event.

"I don't like change, but who does?" said Hainstock. "People have to know what's going on. There's anger, and this and that, and of course there is. Nobody knows anything."

The expo included short presentations on topics including primary health care, emergency medical services, mental health, home care and palliative care. It was followed by a question period where booths were set up to answer any questions that weren't addressed in the presentations.

The event format was devised to make sure people who attended had time to get their questions answered and learn about new services, said Teulon Mayor Bert Campbell.

"There's a lot of stuff that was mentioned here tonight that I'm sure a lot of people didn't even know was here," said Campbell. "People don't think about this other stuff until they need it."

While most of the people who attended the expo were seniors, Oakley said he hopes that younger Teulon residents will also start to take more of an interest in learning about changes to the town's health-care services.

"We know that for the good of our community we need to be connecting with young people and old people," said Oakley.

"For the old people, it's [a] high priority because they're older and they have more health issues. The young people are going to need the services. If they have families, they're going to need the services. They need to know how to access the services."



TRIBUNE PHOTOS BY CAITLYN GOWRILUK

Lynn Hainstock, left, and Lois Proulx sit with Proulx's six-month-old grandson Ezekiel at the first-ever Teulon health expo at the Teulon Rockwood Centennial Centre on June 18.



Teulon Mayor Bert Campbell addresses the crowd at the health expo.



IERHA regional director of public health Shannon Montgomery discusses vaccines, STIs, postpartum care and other public health topics.

While the event was successful, there are no plans to have another

health expo in Teulon this year, said Campbell.

## Film Festival announces film lineup with a focus on gender parity

By Caitlyn Gowriluk

This year's lineup for the 18th annual Gimli Film Festival includes something beyond just movies: of the 111 titles being screened at the summer festival, almost half are written or directed by women.

The festival also announced its first-ever The Future is Female mentorship program, which aims to involve more women-identified people in the filmmaking community.

"I hope that it sparks lively conversation that feels inspiring and empowering," said Gimli Film Festival board member Rebecca Gibson, who

worked on creating the program in conjunction with the festival and non-profit gender parity film organization Women in View. "Because I think that a lot of us in the film industry work in isolation."

The mentorship program will provide up to 45 women and non-binary applicants with free transportation to the festival on a chartered bus for a day that will include women-directed film screenings, filmmaker Q&As, a production workshop, a panel hosted by Women in View and a networking reception.

Gibson — who is also an award-win-

ning writer, director, producer and actor, and co-creator and executive producer of the CBC/APTN television series *Taken* — said that over the course of over 20 years in the film industry, she has seen the potential of the kind of gender parity initiatives the festival is creating this year.

"When women get together, they are often very supportive of each other," said Gibson. "And then stuff just gets done."

Gibson said she also feels the festival is uniquely positioned to take advantage of a supportive filmmaking community.

"I feel like Manitoba is just packed with allies. It's packed with people who just naturally believe that parity is a good idea," said Gibson. "We see that all the time on our sets and in our casting rooms and across the board. We have a really cool community here."

This year's festival will include six world premieres, five Canadian premieres, 21 Manitoba premieres and 10 Western Canadian premieres, including the Western Canadian premiere of the 2018 Sundance Grand Jury win-

Continued on page 13



# Red Planet Mars enters spotlight in July

By Ted Bronson

After several months of anticipation sky watchers and amateur astronomers now have a front row seat to the best appearance of the Red Planet Mars since August 2003.

Mars oppositions (when Earth catches up to and passes closest to Mars) happen about every 26 months. However, these oppositions are not all the same. Every 15 or 17 years, we experience exceptional oppositions where Earth passes much closer to Mars than usual. This is due to the shape of Mars' orbit around the sun. This year heralds one of these events. Mars comes to opposition on July 27 at which time it will be 57,591,000 km distant. The down side of this particular opposition is that the Red Planet is so far south in the sky (in declination) it does not get very far above our horizon at its highest.

Once the sun goes down four planets will dominate the evening sky in July.

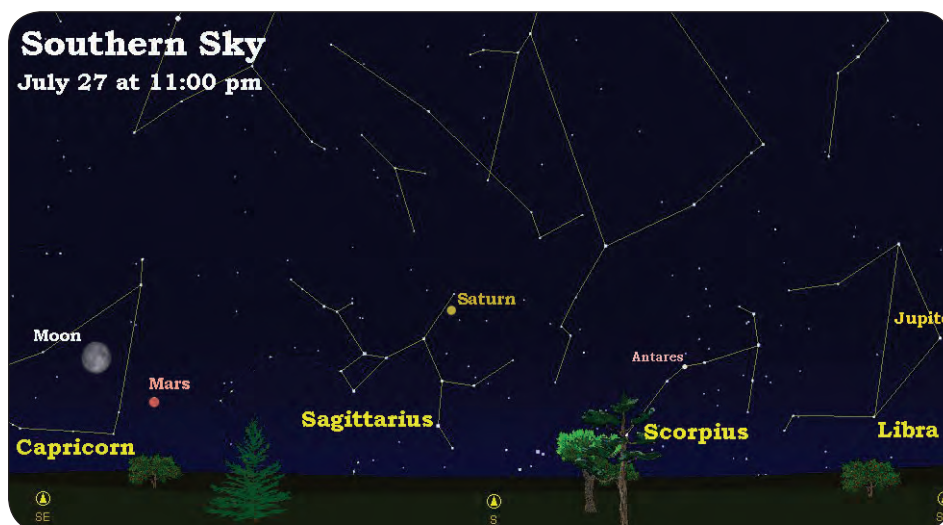
Venus will appear above the western horizon just after sunset. Its brilliant white colour is unmistakable. The planet brightens from magnitude

-4.1 at the beginning of July to -4.3 by month's end. On July 15th look for the waxing crescent moon very close to Venus about 45 minutes after sunset.

As Venus sets in the west look towards the south. The bright yellow colour of Jupiter is easy to spot in the constellation of Libra. Jupiter fades slightly throughout July from magnitude -2.3 to -2.1. A telescope of any size will show the four bright moons of the giant planet. Their relative positions change noticeably hour to hour. Jupiter's two dark equatorial bands are easily seen as well.

Just east of Jupiter you will spot a star in the constellation of Scorpius. Its reddish hue may be mistaken for Mars but it is really a star, not a planet. This is Antares, whose name means "Rival of Mars" due to its reddish colouration.

Scan a little further east and look for a yellowish "star." This will be the ringed planet Saturn in the constellation Sagittarius. Despite the pleasing background of stars the best views of Saturn come through a telescope. If you have the opportunity to view the planet with a scope you will not be disappointed. Saturn hosts a large



TRIBUNE PHOTO SUBMITTED

Mars comes to opposition on July 27 at which time it will be 57,591,000 km distant.

family of moons and the rings are presented towards us near their maximum tilt (northern side 26°). Look for a dark band in the ring structure. This is known as Cassini's Division.

At the beginning of July Mars rises around midnight in the southeast. Its reddish rust colour is unique and cannot be mistaken being much brighter than the star Antares in Scorpius. Mars brightens from a magnitude of -2.2 at the beginning of July to -2.8 at the time of opposition in the constellation of Capricorn. For a couple of weeks around opposition Mars will outshine any other nighttime object except the Moon and Venus! Next month I will provide some tips on how to make the most of Mars observing with a telescope.

Johannes Kepler (1571-1630) was a German astronomer and mathematician. It was his skills as a mathematician that provided us with the three physical laws that describe how the planets move around the sun in their orbits.

One of these laws maintains that a planet revolves around the sun in an elliptical orbit. This means that there is a time of the year (January) when the Earth is closer to the sun and another when we are farthest (July). On July 6 the Earth will be at aphelion

(farthest from the sun). The Earth is at a greater distance from the sun in our summer in the northern hemisphere (winter season for the southern hemisphere). What ultimately determines the seasonal conditions is the maximum angle of the sun above the horizon at midday and the total hours of daylight.

The earth to sun distance has only a minor influence on our seasonal conditions. At aphelion the sun will be at a distance of 152,095,566 km. This is only 4,998,333 km farther from the sun than we were on January 6th, when we were at perihelion (closest to the sun), giving a difference of about 3.3 percent in distance.

As a community service I am available to do talks on astronomy or related subjects to teachers, students, scouts, guides or any community groups who would be interested. I can be contacted at email at bron-sont@mymts.net to schedule a presentation.

Clear Skies  
Ted Bronson

*Ted Bronson is an avid local astronomer who has been observing the sky since 1964. This column "Guide to the Galaxy" appears monthly in the Tribune.*

## ATTENTION

# Election Candidates!

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## > FILM FESTIVAL, FROM PG. 14

ner *The Miseducation of Cameron Post*.

The festival's popular RBC Sunset Screenings will also be continuing this year, with screenings happening every night at 10 p.m. on the Gimli Beach.

The festival will also be presenting six awards at this year's festival, including the Alda Award, which will be presented to Winnipeg filmmaker

Guy Maddin.

The Gimli Film Festival begins on July 25 — with a double feature screening of two women-directed films: Sandi Tan's *Shirkers* and Karna Siguroardóttir's *690 Vopnafjörour* — and continues until July 29. For more information or to buy tickets, visit [gimlifilm.com](http://gimlifilm.com).





# HAPPY Canada day



## Canada Day

If you're Canadian, on July 1st your mind is probably on BBQs, fireworks, and warm weather. Maybe a few of you are thinking about visiting relatives or have no plans at all. But if you think Canada Day is just about food, sparklers and a great big birthday party - think again. There's a lot more to it than that.

## History

Canada Day has been called a few names in the past. It used to be known as Dominion Day, the First of July, Confederation Day and July the First. Canada wasn't REALLY "born" on July 1st, but the holiday celebrates the events that took place on this day. On July 1, 1867, the British North America Act created the Canadian federal government. This act stated that Canada would become an "independent dominion" (territory) of England, which is why Canada Day was originally called Dominion Day. In 1982, Dominion Day changed to Canada Day after a vote in Parliament. Not everyone was happy about this change. Some people felt that a 115-year-old part of Canadian heritage was lost. But, the new name stuck and every July 1, Canadians celebrate Canada Day with parades, fireworks, picnics and food.

## Interesting Canadian Facts

- Canada was named from the Huron and Iroquois word *kanata*, which means village.

- Canada has approximately three million lakes across the country. More than 30,000 of those lakes are larger than three square kilometers!

- Princess Juliana of the Netherlands gave Ottawa 100,000 tulip bulbs as a thank-you gift in 1945 for keeping the Dutch Royal Family safe during World War II. The Netherlands was occupied by the Nazis until Canadian soldiers liberated the country in 1944-45.

- The Bank of Canada issued the last \$1 bill in 1989. It was replaced by the one-dollar coin, known as the loonie, which came out in 1987.

- The world's only flying saucer launching pad is in St. Paul, Alberta. It was built in 1967 for the country's 100th anniversary.

- In 2017, Canada celebrated its 150th anniversary of Confederation!

- More than 75 per cent of the world's maple syrup comes from Canada - and what's more, Canada keeps an emergency reserve of maple syrup for emergencies.

## Canada Day Grillers

Fire up the BBQ for some Canada Day grilling recipes.

The day we celebrate the red and white, also known as Canada Day, is a day where grilled BBQ recipes should never be in short supply. Entertain your guests with this fine selection of grilled dishes that embody the relaxed and celebratory nature of Canada Day.

## Grilled Smoked Salmon Flatbreads with Crispy Capers and Bacon Bits

### About this Recipe

Grilled pizza is one of the world's best ideas. And when it's covered in bacon bits and crispy capers, it's pretty much unbelievably good.

### Ingredients

- 1 ball of pizza dough, homemade or purchased
- 1/2 cup Cream cheese
- 2 tbsp Fresh dill
- 1 Small package of smoked salmon, torn into bite sized bits
- 2 cups Baby kale
- 2 tbsp Oil, divided
- 2 tsp Lemon juice
- 2 tsp Maple syrup
- 3 tbsp Capers
- 4 Slices Maple Leaf Bacon
- Salt, to taste

### Directions

- Start by heating 1 tablespoon of the oil in a small pan at medium heat. Once hot, add the capers and cook until crispy, about 5-8 minutes. Let dry on a paper towel lined plate and dust with a bit of salt, if desired.
- Next preheat your BBQ to medium heat. While your BBQ is preheating, cut dough into four equal sized pieces and roll or stretch into circles.
- Place each piece of dough on the grill and close the lid for about 3-5 minutes. If you leave the dough alone, you will get nice grill marks and it will easily lift from the grill.
- Flip the dough and let the other side cook for another 3-5 minutes.
- When the dough is grilling, whisk together the dressing for your kale. Combine remaining oil, lemon juice, maple syrup, and a pinch of salt in a large bowl and whisk to combine. Add the kale and toss to coat.
- Next stir together the cream cheese and dill to make a herby sauce for your flatbread and microwave your Maple Leaf Bacon for until it's crispy. When your bacon is cool enough to touch, chop it into bite sized bits.
- When your dough comes off the grill, let it cool slightly and then load up your flatbreads. Smear on some herby cream cheese and top with handfuls of dressed baby kale, pieces of smoked salmon, bacon bits, and crispy capers.



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# HAPPY Canada day

## Community Events

### Stony Mountain

#### Family Festival Saturday, June 30

Gates open at 5 pm. Admission is \$2. Located at Community Centre outdoor rink (or inside in case of rain).  
Dinner: Served from 5 – 8: BBQ pork or hot dog dinner \$5  
Activities: Kids’ and Youth Games and Activities, Hole-in-One Competition, MPI Car Town, Pony Rides & Great Music, Inflatables, Beer Garden, Dancing!  
**Fireworks:** At dusk (weather permitting)

#### Canada Day Sunday, July 1

Pancake Breakfast: 9:00 – 11:00 am  
Stony Mountain United Church on Main Street  
Parade: Line-up at arena - 11:30 am  
Starts at 12:00 noon  
Lunch: FREE Hotdog Lunch and Canada Day Cake following the parade, at the outdoor rink.  
Community Water Fight: After lunch!  
On the soccer field. Bring your water guns!  
BINGO: 2 pm at Community Centre

### Stonewall

#### July 1 Celebrations

Quarry Park Heritage Art Centre Starts at 11 am  
Children’s Games & Crafts 11:30 am - 5 pm  
Refreshments 9-11 pm  
Annual Trivia Contest  
**Fireworks 11 pm**  
At Kinsmen Lake:  
Big Splash Contest  
Sand Castle Building  
Scavenger Hunt  
For information 204-467-7980

### Oak Hammock Marsh

#### July 1 Celebrations

2pm- Special Birthday Cake will be served for our guests as we sing our national anthem.  
12:30pm-3:30pm - Horse-drawn wagon rides through the marsh with storyteller Allan Webb available (\$3 for members and \$6 for non-members)  
Participate in a guided canoe adventure (\$3 for members and \$6 for non-members) or rent your own canoe (\$15 for 1 hour).  
Have the Canadian flag or your favourite marsh critter painted on your cheek during face painting.  
Critter Dipping: Catch some marsh critters in our courtyard using a dip net and a pail.

### Grosse Isle

Heritage Site (train arrives at noon and departs at 2pm)  
12noon (approx.)- rock painting, rare breed horses with handlers in costume, Dutch organ, walk thru the prairie and look for wildflowers, and tour the buildings.  
Grosse Isle Community Club  
5pm- Beer Gardens  
6pm- Steak BBQ at the hall.  
Contact Brooke for dinner tickets by June 27th at 204-461-2675

### Inwood

Pancake Breakfast at Inwood Memorial Hall  
July 1, 2018 8:30 am - 11:30 am (No Charge)  
Silent Auction 50/50 Draw  
Bounce House Games for Kids



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**Canada Day Celebrations**  
**FIREWORKS at Dusk** **SUNDAY, JULY 1<sup>ST</sup>, 2018**



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Games**  
**Teulon  
Rockwood  
Firefighters**  
**Glitter Tattoos**  
**Face Painting**  
**Kiddies Train**



**SCHEDULE OF EVENTS**

**Teulon Hall**  
8:30 - 10:00 a.m. Pancake Breakfast  
10:30 - 11:30 a.m. Ecumenical  
Church Service

**Green Acres Park**  
at the SUNOVA Outdoor Stage **Entrance FREE**

**12:00 Noon** Opening Ceremonies

**12:30-5:00 p.m.** Country Pride Band  
Old Time Country Music  
Dancing  
Tons of Entertainment

**50/50 Draws  
Silent Auction**  
Under the Big Tent

**Kids Entertainment**

**Concession**

**4:00 p.m.** Kite Making  
at Green Acres Art Centre  
"Celebrating their 40th Anniversary"



**Teulon Hall**  
**5:30 p.m.** Turkey Supper with  
all the trimmings

**Green Acres Park**  
Dusk - Fireworks




For More Information on  
Teulon's Canada Day (204) 886-2327  
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at the  
Teulon-Rockwood  
Centennial Hall

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SUPPLIED  
BY** 

~ Menu ~  
Turkey, Stuffing, Gravy,  
Cranberry Sauce, Vegetables,  
Scalloped Potatoes,  
Coleslaw, Buns  
~ Dessert ~  
Rhubarb Cobbler & Ice Cream  
~ Beverages ~

**TICKETS \$15.00 ea.**  
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54 Main St. 886-2570  
or **Kozy's Productions**  
92 Main St. 886-2378  
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# get inspired

> MEAL IDEAS

**FamilyFoods**  
Phone 467-5553



## Triple Threat Burger

To make pulled pork: Rub pork roast with seasoning and place in 4-5-quart slow cooker. Pour beer and liquid smoke around sides. Cover and cook 8-10 hours on low or 4-5 hours on high.

Remove roast from slow cooker with tongs and place in large container. Using tongs or two forks, shred pork and set aside 2 cups. Cover and refrigerate.

To make sauce: In medium saucepan, combine raspberry jam, barbecue sauce, beer, mustard and chipotle powder; bring to boil over medium-high heat; boil 5 minutes, stirring constantly. Reduce heat and simmer 15 minutes. Stir 1/2 cup sauce into reserved pulled pork.

To make burgers: Heat charcoal or gas grill to medium. Combine ground pork, ground beef, beer and seasoning; form into six (1-inch thick) burger patties. Grill 5 minutes per side until internal temperature reaches 160 F. Top each burger with slice of cheese; let melt.

Place burgers on bottom buns; spoon about 1/3 cup pulled pork with barbecue sauce onto each burger. Top each with one slice bacon and one pickle plank then close with top bun.

Prep time: 30 minutes  
Cook time: 8 1/2 hours  
Servings: 6  
Pulled Pork:  
1 Farmer John Boneless Fresh Pork Shoulder Roast  
1/4 cup barbecue seasoning blend  
3/4 cup pale lager beer  
1 1/2 teaspoons liquid hickory smoke  
Triple Threat Sauce:  
1 jar (12 ounces) seedless raspberry jam  
1 cup barbecue sauce  
3/4 cup pale lager beer  
1 teaspoon dry mustard  
1/4 teaspoon chipotle powder  
Burgers:  
1 pound Farmer John Ground Pork  
1 pound 80 percent lean ground beef  
1/4 cup pale lager beer  
2 tablespoons barbecue seasoning blend  
6 slices cheddar cheese  
6 sandwich buns, toasted  
6 slices Farmer John Bacon, cooked crisp  
6 dill pickle planks



## Chipotle Glazed Spare Ribs

adobo sauce  
1/2 cup barbecue sauce  
2 limes, zest and juice only, plus additional lime juice  
1/2 cup cilantro, chopped  
Heat oven to 325 F. Season ribs with salt and pepper. Place on rimmed baking sheet and cover tightly with foil. Bake 1 1/2 hours until ribs reach internal temperature of 195 F. Let cool.

While ribs bake, blend garlic, honey, brown sugar, chipotle chilies, barbecue sauce and lime zest and juice. Blend until smooth. Set aside.

Heat charcoal or gas grill to medium-high. Place ribs on grill and baste with sauce mixture, turning frequently until well-coated with sauce and charred, about 10 minutes. Transfer to cutting board and let rest. Serve with remaining sauce mixture, additional lime juice and chopped cilantro.

Prep time: 25 minutes  
Cook time: 1 hour, 40 minutes  
Servings: 6  
2 racks Farmer John Pork Spareribs, membranes removed  
4 tablespoons salt  
4 tablespoons pepper  
6 cloves chopped garlic  
1 cup honey  
brown sugar  
1/2 can (7 ounces) chipotle chilies in



## Men and Women Perceive Relationships Differently

If things are going well at home, they can be happy and productive in their job, with friends, or in mothering their children. When things are not going well with their partner, daily life can feel like a real struggle. If there's a fight in the morning, she'll brood about it all day. When he comes home, and she asks what he has to say about the morning's episode, he may reply that he really didn't have time to think about it. (Women can hardly believe this, and think he's being cool or distant, or totally uncaring, but truthfully, he may well switch into a different gear when he leaves the house.)

For a relationship to be healthy, both partners must feel as though their needs are being met, even if there has to be some compromise. If you need more communication, more sharing of feelings in order to feel satisfied, then work needs to be done in the relationship. If your partner is closed to the idea of talking about this or gets angry or defensive when you try to talk about feelings, and shows no willingness to read about it, or to seek counseling, then you have a dilemma. You need to decide if there is enough that is positive in being with this person that you can live without something that is important to you, and to assess the long-term impact on your health and well-being, of living with someone who will not communicate with you at a deeper level.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on FaceBook for daily inspiration.

I often hear the concern from women that they seem to be the ones who work to keep their relationship going. They feel that the man just carries on day to day, without thinking too much about what is happening in the relationship. They wish that their partners were more proactive, rather than sitting back and only discussing the relationship when the woman brings up a concern. Even the, his response is often defensive, so that she feels like the "bad guy" even though she is trying to do something that she hopes would benefit both of them.

It helps to understand some basic differences between men and women, and how they perceive relationship. These are generalizations, and do not apply to everyone, but create some difficulties when they apply to your situation. For many women, their relationship is absolutely the most important thing in their life.

Job, friends and other interests are secondary. For many men, while their relationship is very important, it is not the major defining factor in their lives. They may see themselves first as an accountant, pilot, athlete, who also happens to be married. When they're at work, they focus on work. If there is a problem in the relationship, they are often able to put it on the back burner while they attend to other things. Women, on the other hand, may allow the relationship to serve as a kind of emotional barometer.



## Vegetarian Poke Bowl

sliced  
1 large golden beet, peeled and shredded  
1 large carrot, peeled and shredded  
2 scallions, thinly sliced  
sprinkle of toasted sesame seeds  
6 ounces light Asian ginger-sesame salad dressing  
Divide rice between four bowls and arrange tofu, grapes, avocado, beets and carrots on top. Sprinkle with scallions and sesame seeds; serve with dressing.

Prep time: 20 minutes  
Servings: 4  
5 cups cooked brown or white jasmine rice  
2 packages (6 ounces each) extra-firm tofu, cubed  
2 cups red California grapes, halved  
1 avocado, pitted, peeled and thinly

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# Activities for Seniors in Your Area



## July 2018 Calendar of Events!

Activity Centre • 374 – 1st Street West  
For newsletters, visit [www.si55plus.org](http://www.si55plus.org)

Clip & Save

### JULY EVENTS:

- Jul 2 **Canada Day Statutory Holiday - Closed**
- Jul 3 Book Club Meeting @ 9:30 am
- Jul 3 Hop, Drop & Shop @ 10:00 am
- Jul 4 One Stroke Painting @ 12:00 pm
- Jul 9 Cribbage Tournament @ 1:00 pm
- Jul 11 **Monthly Luncheon @ Noon**
- Jul 12 Polo Park Shopping @ 9:30 am
- Jul 17 Rainbow Stage "Breaking Up Is Hard To Do" @ 6:30 pm
- Jul 18 **Strawberry Social @ 1:00 pm**

Jul 19 McPhillips Street Station Casino @ 10:00 am

Jul 24 Picnic in the Park @ 9:30 am

Jul 25 One Stroke Painting @ 12:00 pm

Jul 27 Travel Club Meeting @ 9:45 am

### UP COMING EVENTS:

Aug 9 Folklorama – Italian, Greek & Irish @ 4:30 pm

Aug 13 Folklorama – First Nations, Korean, Argentina Tango @ 4:30 pm

Aug 27 Goldeyes Game @ 5:30 pm

Sept 7 SAVE THE DATE: 55 Plus 25th Anniversary Celebration



## Strawberry Social Wednesday, July 18th

55 Plus, 374 First Street West (Odd Fellows Hall)

1:00 – 3:00 pm

Entertainment by Four Tuned Cookies



## SUMMER YOGA

Wednesday's @ 10:15 am

Sign Up for 5 weeks or 10 weeks

Session ends August 22

Call 55 Plus for more Info



## July Luncheon

Wednesday, July 11 @ NOON

Cold Plate, Salads, Dessert, Coffee & Tea

374 First St. West, Stonewall (Odd Fellows Hall)

Tickets Available at the Door

Everyone Welcome!

## BUS TRIPS

July 12 @ 9:30 – Polo Park Shopping

July 19 @ 10:00 – McPhillips Street Casino

July 24 @ 9:30 am – Picnic in the Park

Aug 9 – Folklorama: Italian, Greek & Irish Pavilions

Aug 13 – Folklorama: First Nations, Korean &

Argentina Tango Pavilions

Aug 27 – Goldeyes Game

Early Deadlines! Limited Seats!

Registration Required!

Don't Miss Out – Call 55 Plus!



## QUILTER'S CORNER

Friday July 6th & 20th @ 10:15 am

Beginner & Experienced Quilters Welcome!!

Bring Ideas & Current Projects! Optional Project Available!

For More Information 204-467-2582



## South Interlake Seniors Resource-Stonewall

### SUPPORT SERVICES FOR SENIORS

- Driver/Escort Program • Equipment Lending Service • Meals on Wheels
- Lifeline • ERIK and ICE Programs • Handy Helper/Housekeeping Program
- Friendly Visiting and Telecheck (phone buddy) • Home Hair Care Service
- Resource information/Form Assistance [www.sisrc.ca](http://www.sisrc.ca)

The South Interlake Seniors Resource Council offers services for seniors and those with disabilities to help them to remain independent and safe in their homes and communities. With the help of volunteers and our fee for service workers, we provide these services to Stonewall, the RM's of Rosser, Woodlands and the southern portion of Rockwood.

We would like to thank our volunteers for their dedication over the last year. Without you, our services would not be possible.

We are always looking for volunteer drivers, particularly in the **Stony Mountain** area. This is a unique volunteer experience in which you can drive as much or as little as your like. You can drive locally or into Winnipeg. You are reimbursed for your gas by the client.

For more information, please call Seniors Resource.

On June 21st, we held our Volunteer Appreciation Dinner.

A wonderful dinner was enjoyed by our volunteers and we would like to thank Family Foods, Stonewall Florists and Jaspersons for their donations!

### Thank you to Ben Goertzen, Volunteer of the Month!

Ben has been one of our go-to drivers for 10 years! Ben was also a Cancer Care driver for many years and he and his wife Margaret were a great team working together doing those trips as well as our local rides.

Thank you Ben for all that you have done for us and our seniors!

### Ben will enjoy lunch at

Join us for homemade lunches & desserts

Tues-Fri 10-5, Sat 10-4 • 292 Main St., Stonewall 204-467-2303

Thank you to McLeod Teahouse for donating gift certificates for our volunteers!



For more information call 204-467-2719

## Teulon & District Seniors Resource Council Inc.

*Providing a Helping Hand*

Find us at 54 Main St,  
Teulon 204-886-2570

**Summer BBQ's - every 3rd Friday of the month 11am-2pm**

**Looking for people to sell garage sale items,**

**home-based businesses or crafts.**

**No charge, just pull up your car & sell, sell, sell!**

### PROVIDING FREE SERVICES TO SENIORS:

- PHONE BUDDY • FRIENDLY VISITOR
- DRIVER ESCORT • INFORMATION/FORM ASSISTANCE • ADOPT A GRANDPARENT
- DROP IN CENTRE AREA
- COMMUNITY VOLUNTEER INCOME TAX PROGRAM
- MEDICAL EQUIPMENT LOANS
- CAREGIVERS SUPPORT GROUP

**REGULAR OFFICE HOURS: 8:30AM-4:30PM**

## St. Laurent Seniors Resource Council Inc.

**"A HELPING HAND WHEN YOU NEED IT"**

55+ and people with disabilities

Offering support services within the RM of St. Laurent and surrounding areas

**St. Laurent Community Health Centre**

**51 Parish Lane, 204-646-2504 ext.4**

**Seniors Resource Coordinator, Darlene McKay**

Footcare clinic, Community Volunteer Income Tax Program, Exercise Program, Monthly Seniors Birthday Club, Mobility Aids, (E.R.I.K.) Emergency Response Information Kit, Victoria Lifeline, Volunteers for different services such as Friendly Visits and Telecheck, resource Information, housekeeping, transportation, mobility aid equipment for loan. Fundraising activities throughout the year.

**Monthly Birthday Bingo Club and whist tournament last Thursday of each month.**

*"Celebrating Seniors in Action"*



# Votes needed to secure win for Teulon dancer

By Melissa McIvor

A young lady from Teulon has danced her way to become a finalist in a Canada-wide competition and she needs your votes!

Veta Moore, 16, is one of 12 young dancers from across Canada competing for a chance to win \$1,000 and the title of Soloist of the Year through the View Dance Challenge.

The View Dance Challenge, "Canada's favourite dance competition," is a platform for young dancers to hone their skills through performance and constructive critique, and Moore has earned top marks among their ranks following years of training.

Moore had her first dancing class at the Green Acres Art Centre (GAAC) in Teulon when she was only three years old. She then became a member of Teulon Veselka Ukrainian Dance until returning to the GAAC when she was nine years old.

Today, her dance career has exploded.

Since becoming a member of Kids Etc Youth Movement Company in Winnipeg two years ago, she has received scholarships to dance programs in Toronto, Los Angeles, Greece, Paris and Barcelona.

In the summer of 2017, Moore travelled to Greece to train and perform as a professional dancer.

"My style of dance is very weird and intricate and very unique," Moore said.

Last month, this uncommon style helped her earn top marks when Kids Etc Youth Movement Company entered the View Dance challenge competition in Winnipeg on May 24 to 28.

"We competed against studios from all over Winnipeg and some from Ontario," Moore explained. "My solo ended up being the highest scoring solo of all ages at the competition. The highest scoring solo per competition gets entered to compete for the soloist of the year with a cash prize of \$1,000."

To win the coveted title and award, Moore needs to receive the most votes online at the View Dance Challenge website. There, you can view Moore's dance routine, along with those of her 11 other competitors, and cast your vote. The polls close at 12 p.m. on July 7 and winner will be announced later that day at the View Dance Challenge Nationals Red Carpet Gala in Huntsville, Ont.

Meanwhile, Moore will compete in

a national competition against the same 11 competitors at the South Point Hotel and Casino in Las Vegas starting June 26. Her performance there takes place in front of a large audience and will be assessed by a panel of judges.

"I think I will have to push the hardest I ever have to do well in this competition because there will most likely be lots of studios there," said Moore.

From there, she will travel to Los Angeles to take part in drop-in classes at some popular studios before heading to Toronto for a two-week training camp.

Moore is on track to make a name for herself as an extraordinary and successful dancer, and support from the community today can help accelerate her success on the national stage.

To cast your vote, visit [www.viewdancechallenge.com/voting/soloist-of-the-year.html](http://www.viewdancechallenge.com/voting/soloist-of-the-year.html).

**"MY STYLE OF DANCE IS VERY WEIRD AND INTRICATE AND VERY UNIQUE."**



TRIBUNE PHOTO SUBMITTED

Veta Moore dances during her solo performance at the View Dance Challenge. Voting closes on July 7.

## SERVICE CLUBS - Serving our Communities

Stonewall Teulon Tribune

<div><b>Royal Canadian Legion Branch No. 52</b> Reg. Dues are \$45/year Members 70+ \$40/year The Royal Canadian Legion is dedicated to the service of veterans and their dependents, as well as to raise funds for the community. The Legion is open to all Canadian Citizens. The legion meeting is the 2nd Tuesday of the month at 8 pm at Stonewall Legion Club Room.</div>	<div><b>South Interlake Ag Society</b> Janice Rutherford 467-5612 Hwy #236 and Rockwood Road \$10/member/year It encompasses the needs of the three municipalities that it serves – Rockwood, Rosser and Woodlands. Monthly meetings are held the 3rd Tuesday of each month at 7:30 at the Ag grounds.</div>	<div><b>Teulon Women's Institute Phone 886-2216</b> Fee: Nominal membership may apply Motto: "Home and Country" The TWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 3rd Tuesday of the month 7:30pm Farview Place Teulon. New members always welcome.</div>	<div><b>1 Snow Goose Bay on Hwy 220 Stonewall, Manitoba 1-888-50MARSH (62774) ohmic@ducks.ca oakhammockmarsh.ca</b> The Oak Hammock Marsh Interpretive Centre is a non-profit organization. Its mission is to foster public awareness and knowledge of the inherent values of wetlands and associated ecosystems, and to encourage public support for their conservation through innovative education and outreach programs.</div>	<div><b>Quarry Toastmasters</b> Brenda 467-5088 We have moved. Come join us for a visit or two. Quarry Toastmasters will be at the Chicken Chef in Stonewall 7:15-8:45 pm on Tuesday night. Our group helps you with speaking in front of people, grow's confidence, how a meeting should be run. We have an agenda, slow steps to get you to do speeches. We support each other and we also have fun.</div>	<div><b>Kin Clubs of Stonewall Motto</b> "Serving the Communities" Kin Canada is a dynamic volunteer organization enriching our communities through service while embracing national pride, positive values, personal development and lasting friendships. Kinsmen President Chad Sheppard 204-461-2023 Kinette President Leona Palmer 204-467-7655</div>
<div><b>Teulon &amp; District Agricultural Society</b> Lana Knor, President 467-0740 The Teulon &amp; District Ag Society meet on the fourth Thursday of each month from February to November at the Agricultural Building at 7:30pm. The Ag Society sponsors the Teulon &amp; District Ag Fair and the Annual Teulon Pumpkinfest.</div>	<div><b>Interlake Community Foundation, Inc.</b> 204-467-5634 www.interlakefoundation.ca The Interlake Community Foundation provides the citizens of Rockwood, Rosser, Stonewall, Teulon and Woodlands with the opportunity to invest in the future of their community and region forever. The Foundation pools donations in a capital fund that remains in perpetuity. The income generated from the capital is distributed as grants to registered charities in the region. Grant applications are due by February 28th of each year.</div>	<div><b>Stony Mountain Stonewall Masonic Lodge #12</b> Call 204-467-2788 for Information Stony Mountain Stonewall Masonic Lodge #12 is the oldest organization in Stonewall (1880) and part of the oldest and largest fraternity in the world. Although a belief in one God is necessary to join, Freemasonry is non-secular and prohibits discussion of religion and politics in its Lodges. Freemasonry focuses on the reinforcement of morality into the daily lives of our members and of charity, a giving back to our communities through our Lodges and by our charitable activities as well as in our personal lives, which we believe makes GOOD MEN BETTER. Monthly Meetings 2 B 1 ASK 1</div>	<div><b>Stonewall Ladies Auxiliary</b> Committed to the wellbeing of our community and raising funds for the ongoing mutual support provided by the Stonewall Legion Branch #52. Meetings are held on the second Thursday of the month. New memberships are welcome. Yearly membership fee 10.00. Volunteers often required for events at the Legion hall.</div>	<div><b>South Interlake Seniors Resource Council Inc.</b> Darcy or Corinna @ 467-2719 siscrc@shaw.ca SISRC is a non-profit organization that offers services for seniors and those with disabilities. These services include; Transportation; Mobility Aid Lending Service; Caregiver Support Group; Health Education Presentations; Resource Information/Form Completion; Telephone Buddy/Friendly Visiting; Handy Helper/Housecleaning. We also distribute the ERIK (emergency response information kit) and we are Lifeline Representatives.</div>	<div><b>The Liliane Baron South Interlake Breast Cancer Support Group</b> Claudette 886-2393 Joyce 467- 2473 The group is a non profit grass roots organization founded by women in the South Interlake Area diagnosed with breast cancer. Our mandate is to assist others who may find themselves with a similar diagnosis and to provide a variety of support, assistance and friendship where needed within the confines of privacy, respect and caring. The group meets for positive encouragement and support on the third Tuesday of each month at 7PM at the office of LJ Baron Realty, Main Street in Teulon. Anyone seeking information or services is always welcome.</div>
<div><b>Knights of Columbus Stonewall</b> Dave Couprie 467-9548 \$40/member/year The Knights of Columbus raise funds for charities within the community. The Knights are open to all Catholic men, 18 yrs or older. Meetings are held 1st Monday of the month September through June at the Christ the King Church in Stonewall.</div>	<div><b>South Interlake 55+ Inc</b> 467-2582 www.si55plus.org \$20/member/year si55plus@mts.net This non-profit organization provides education and activities for persons age 55 plus. Many activities and events are held on a regular basis. Newsletters are published monthly and available to pick up at the 55+ Centre in Stonewall.</div>	<div><b>Stonewall &amp; District Lions</b> Ralph Sinclair 622 Centre Avenue, Stonewall 467-9600 Motto: "We Serve" Membership is open to anyone over eighteen with an interest in providing assistance to those people or projects in our community in greater need than ourselves. Meetings are every 4th Wednesday of the month at 7:15 pm September thru June.</div>	<div><b>Independent Order of Odd Fellows Stonewall Lodge #49</b> Larry O'Dell 467-8882 Ross Thompson 467-2438 www.ioofmb.ca Yearly nominal membership fee The Odd Fellows Lodge is a fraternal organization based on the fatherhood of God and the brotherhood of man. We do charitable work through various projects in the local community, the province and internationally. We seek to elevate the character of man and thereby make the world a better place to live. Meetings every 1st and 3rd Monday of the month at 8:00pm at the Odd Fellows Hall.</div>	<div><b>Stonewall &amp; District Health Centre Ladies Auxiliary</b> Marg Bond 467-8732 The auxiliary's goal is to raise funds for the purpose of enhancing the care and comforts of patients, residents and clients served by the Health Centre. Meetings are held the first Monday of each month at Rosewood Lodge. New members welcome.</div>	<div><b>Grosse Isle Women's Institute</b> Phone 204-467-9376 Motto: "Home and Country" The GIWI has approximately 14 members that work hard to raise money throughout the year to donate to local and regional charities and community projects. Meet 2nd Tuesday of the month 7:00pm Grosse Isle Hall. New members always welcome.</div>
<div><b>Warren Horizons District Lions Club</b> President: Irene Tully 204-375-6522 Meetings are held the first and third Wednesday of each month at the Warren Fire Hall Sept. thru June.</div>	<div><b>Warren &amp; District Lions</b> President Stu Bangle 204-322-5381 "We Serve" Membership is open to anyone over 18 interested in giving something back to their community through direct action, meeting humanitarian needs, encouraging peace, and promoting international understanding. Meetings are held the 1st and 3rd Wednesday of the month at 7:00pm at the Warren Fire Hall from Sept-June.</div>			<div><b>Unity, Steps of Courage (AA)</b> United Church, 369 1st Ave., N., Stonewall Fridays at 7:30 pm Info Call Bryce 204-430-6787</div>	



# Local students chosen for SHAD program

By Jennifer McFee

Two local teens will have the chance to travel across the country on Canada Day to participate in an elite enrichment and entrepreneurship program.

Christine Kilpatrick of Teulon Collegiate Institute and Kayleigh Malcolm of Warren Collegiate Institute have been selected to participate in the SHAD program, which takes place at 16 university campuses across the country.

The program launched in 1980 to provide a month-long enrichment opportunity for Canada's brightest youth. The initiative hinges on STEAM-based learning: science, technology, engineering, arts and math.

This year, 1,000 students will participate in the SHAD program from July 1 to 27.

Teddy Katz, SHAD's vice-president of media relations, explained the selection process.

"At SHAD, we are looking for curious, well-rounded youth who are really driven to make a difference in

some way, shape or form. A summer of enrichment at SHAD can help them reach their full potential," he said.

"So when we're selecting between different applicants, we're looking at many different factors. It's beyond marks — it's also different things like what they're doing in their school, in their communities and perhaps how they help out their families."

One of SHAD's current priorities is to find participants from rural and remote communities.

"We really are trying to get the message out because we realize how much students there would really benefit from opportunities that may not be as forthcoming to them as students in larger urban centres might have," he said.

"And Christine and Kayleigh both have all the characteristics that we're looking for in SHAD."

For Christine, she will be heading out to Memorial University campus in Newfoundland.

"Christine is heavily involved in her



Kayleigh Malcolm



Christine Kilpatrick

student council and she does very well in school. She plays several instruments and is involved in sports. She wrote in her application how she works in a grocery store. As well, she has been an avid volunteer in the community for many years," Katz said.

"Christine highlighted some of the work that she's most proud of, which is the work that she's done with Me to We where she went off to the mountains in rural India to help build a school there. She paid her own way with a part-time job and fundraising in the community. It's amazing to see a student take that kind of initiative."

Katz also noted Christine stood out for her pride in her rural roots.

"She wrote in her application that she is very proud to be from rural Manitoba and really hopes to share some of that experience with the SHADs who are from different parts of the country when she goes to memorial," he said.

"She hopes to really bring a different perspective based on her roots and where she comes from."

As for Kayleigh, her adventure will take her to McMaster University campus in Hamilton, Ont.

"Kayleigh is a very well-rounded student who has a passion for learning. She's active in many school clubs and athletics, volunteers in her community, and also highlighted how

she's been an aspiring author. She spends many hours writing books that she hopes to one day publish," Katz said.

"In her application, she writes 'My imagination is a big part of who I am. It colours my life. I could write a novel based on a song I heard on the radio. It is with me everywhere I go. By taking it to SHAD, I hope that I may bring a new light to others and bring original ideas to the groups that I'm going to be working with.' It's very inspiring."

Through SHAD, like-minded youth benefit from the opportunity to meet together and share their interests and talents.

"Bringing them together in an environment where they're all feeding off one another and learning from one another, that is really the magic that helps them reach their amazing potential that they've shown to have," Katz said.

"By being with others, it just pushes them a new way that they hadn't thought possible before."

This year, more than 2,300 youth applied for the SHAD experience. Christine and Kayleigh will join an esteemed group of 17,000 SHAD alumni, which includes 32 Rhodes scholars, 88 Loran scholars and 55 Shulich leaders.

For more information about SHAD, visit [www.shad.ca](http://www.shad.ca).

## worship *with us*

> FAITH

### Trust the Process

Baking. It's the one thing in life that I have tried but never done well. Usually my cakes end up under and my cookies over. Never can I get the right consistency nor can I get the right timing. But here's the thing. One thing I do know what to do is follow the instructions and make sure all the ingredients are included. That is because every ingredient is important. The thing is life is the same as baking. We go through things in life that are sticky and stinky like eggs. Some things are dense dry and gross like flour. Some things are sweet like sugar but than bitter like salt. Something's are incredible like a chocolate chip but disgusting like baking soda. Some of those salty things are fights. Some of the sweet things are births, blessings and happy times. Sometimes the eggs are loss, struggle and pain. The thing with baking is you need every ingredient in order to make a delicious cookie. You need the flour and eggs as much as you need the sugar and chocolate chips. In life I would say the same thing. Maybe just maybe we need the bad things in life as much as the good. Maybe it's in the bad things that we develop trust and a dependency on God. And maybe God takes all things, good and bad, and makes something good out of them. You see it says in Romans 8:28 it says God makes all things for good. Not just good things but all things. Sometimes we need the salty things and we need the fire. We may not see it in those seasons but when you take a step back and trust in God, you will see that God will take and turn all things for good. You may be in a season of eggs, but in time God can turn it on a chocolate chip cookie!

Nathan Young  
Alive family church

Stonewall Teulon  
**Tribune**

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Fortin inducted into Manitoba Baseball Hall of Fame

By Brian Bowman

The Manitoba Baseball Hall of Fame & Museum has inducted an abundance of outstanding ball players over the years.

And they added some more back on June 2 in Morden.

Troy Fortin, who grew up in Lundar, was one of those elite players that received the prestigious selection into the Hall of Fame.

"It's quite an honour," said Fortin, who now lives in Stonewall, last week. "I played against and with a lot of guys in (the Hall of Fame)."

Fortin always hoped he would get inducted into the Hall of Fame but his focus was simply about playing the great game of baseball.

"We went in as a family a few years ago, with my brother and dad, so that was another honour," he said. "We didn't play to get those accolades, but I guess at some point, the numbers stood out."

Fortin was named the Manitoba Baseball Association minor player of the year in 1990 and 1992.

He would often practice with his dad, Roy, and younger brother, Blaine, another great player and a Toronto Blue Jays' draft pick.

"We practiced a lot," Fortin remembered. "My dad threw batting practice to my brother and I for years and years. We didn't have to go practice in the city because it was an hour and 20 minutes. We didn't have to practice and the coaches were fine with that."

"We probably practiced four or five

times more than anyone else because we were out there almost every night practicing hitting and fielding.

"It was a lot of hard work and a little bit of natural ability — good hand-eye coordination."

Fortin played one season in the Manitoba Junior Baseball League with the Legion 141 Veterans.

A major highlight for him, though, was getting drafted by the Minnesota Twins in 1993 as a catcher and playing in their minor league system with the likes of Torii Hunter, David Ortiz and Anola's Corey Koskie.

"A person always grows up thinking of playing in the NHL or Major League Baseball or whatever sport they're in," Fortin said. "To tell you the truth, hockey was always my No. 1 sport for many years but baseball kind of took over when I was good enough to get recognized."

He rose through the Twins' minor league system from the Rookie classification to "AA" ball from 1993-98.

In 1996, Fortin set an "A" league record by going 25 games — and a whopping 75 at-bats — without striking out.

"It was a great experience and a little humbling, for the most part, because when you come from Manitoba and see the best players from around here," he said. "And you get there and you're playing with Torii Hunter and David Ortiz through the years and these guys are future (Major League) Hall of Famers and you get to see the Alex Rodriguez's and guys like that,



TRIBUNE PHOTO SUBMITTED

Troy Fortin, left, was inducted into the Baseball Hall of Fame by Gladwyn Scott in Morden on June 2.

you kind of see where you line up against those guys.

"It was a lot of fun watching those guys growing up in the minor leagues."

Fortin asked for his release from the Twins to sign with the Winnipeg Goldeyes in 1998. He put up some great numbers — and was a fan favourite — until his retirement in 2000.

Fortin batted .332 with a .940 OPS while committing only five errors in almost three full seasons as a Gold-eye.

In 1999, he also played for Team Canada in the Pan Am Games in Win-

nipeg, winning a bronze medal.

After his Goldeyes' retirement, Fortin played for several Manitoba senior teams and at Canadian senior tournaments.

But now he is retired from the game.

"My arm was never very good," Fortin admitted. "I hurt it as a young kid pretty bad and it never healed up properly. It actually bothered me for most of my career and now it's really bad."

"My playing days are done."

His playing days may be over but he can always proudly say he is a Manitoba Baseball Hall of Famer.



## U12 soccer finalists

TRIBUNE PHOTO BY JASON DARRAGH

The U12 Stonewall girls' soccer team finished second in the Selkirk League Championship last weekend, losing 1-0 in the final to Selkirk 2. Stonewall lost its first game 3-2 to Selkirk 2 before beating East Selkirk 4-0 and St. Andrews 3-0.

Pictured back row: Meadow Seidel, Colby Darragh, Danica Milbrandt, Leah Porteous and Samie Boonstra. Front row: Kaelyn Morden, Sofia Di Nicola and Reese Farmer. The coaches were Jason Darragh and Graham Seidel. Missing from the photo is Ashlyn Delaine.



# Stonewall United battles to a 3-3 draw

By Brian Bowman

The first half could not have gone any better for Stonewall United against the Red Devils United on Saturday afternoon.

But the second half could not have gone any worse.

After building a 3-0 lead in the first half, Stonewall struggled after the break, allowing Red Devils United to score three unanswered goals in a 3-3 draw at Buhler Recreation Park in Winnipeg.

"We were able to convert our opportunities (in the first half) and that's something we have struggled with in the past," said Stonewall United's Chris Thompson. "We had some great chances and we put them in the net."

It was a much different story in the second half, however.

"In the second half, we just disappeared," Thompson lamented. "It's a game we should have won - a tie feels like a loss."

"In the second half, it might have been tired legs and tired minds."

Freddy Attiglah scored Stonewall's first two goals of the game and then Amar Manning added a goal on a penalty kick.

With the draw, Stonewall is now 0-3-

2 on the season and tied for eighth place in the 10-team division with the Portage Cobras.

Both teams have two points on the season.

Goal scoring has been a problem early in the year as Stonewall has scored just six goals in five games after last Saturday's three-goal effort.

Stonewall United has been getting some quality scoring chances but has had a tough time converting those opportunities while often playing with a small roster.

"We have struggled to get players out," Thompson said, noting they have added "three or four" really good players to the team this season.

"At the start of the season we had 17 guys, which almost seemed like too many, and then pretty much every game since we've been scrambling just to field a team."

Stonewall will wrap up play this month with a home game Thursday against second-place Sporting Club Mosaic.

Game time is 7:30 p.m.

Meanwhile, in Bison Cup action on June 16, Stonewall United defeated Wolverines FC despite starting the game with only eight players. They



TRIBUNE PHOTO BY BRIAN BOWMAN

Freddy Attiglah, right, scored Stonewall United's first two goals of the game in a 3-3 tie with the Red Devils United on Saturday in Winnipeg.

were also short a player the entire game.

The score was tied 2-2 after regulation time and then Stonewall United

won 4-3 on penalty kicks.

Round 3 of the Bison Cup will see Stonewall United playing Lightning FC on July 7.

## Credit Unions of Manitoba Scholar Athlete Awards presented

Staff

The Manitoba High Schools Athletic Association, with support from Manitoba's Credit Unions, announced the four winners of the 2017-2018 Credit Unions of Manitoba High School Scholar Athlete Awards.

These \$1,000 scholarships are awarded to four graduating high school student athletes who maintained a minimum 85 per cent average and competed in at least two interscholastic sports.

Other criteria included school, community, volunteer and citizenship activities.

Among the winners was the Selkirk Royals' Annika Loeppky.

She held an academic average of 99.5 per cent while participating in volleyball, basketball and track and field.

Loeppky was a co-captain, KPAC champion, provincial semifinalist and a graduating all-star. She also participated at the provincial basketball championships and was chosen as an all-star at the Kildonan East Basketball Tournament.

Loeppky is a recipient of the Dr. Dale Iwanoczko Scholarship, holds Honours with Distinction, Award of Excellence and the Government of Canada History Awards. She participated in the Human Rights Group, Ethics Bowl, grad liaison, senior choir, vocal jazz, best buddies and several other activities at her school. Annika is a volunteer ringette referee, volunteers at the Betel Personal Care Home, counsellor at summer camps as well as coaches Jr. NBA basketball camps and is active in her church as a volunteer.

"I strongly agree with the words of Kareem Abdul-Jabbar as he states that 'You can't win unless you learn how to lose,'" she said in a media release.

"Typically, in sports, success is measured in gold medals, shiny trophies and first-place ribbons; however, I believe there is success in losing as well. The most valuable lessons are learnt when you are knocked down and must pick yourself back up again.

"I believe that dedication and determination are the most essential ingredients to success in life, and those are two things that sports have taught me over the years.

"High school athletics have ingrained that drive and perseverance within me to work my hardest and to never give up even when the going gets tough. They have also played an essential role in shaping me into the leader I am today. I believe that athletics have cultivated leadership abilities in me that I am able to use throughout my whole life, whether it be in the community, or on a global level. Therefore, sports have had a considerable impact on my four years in high school and have taught me many things that will allow me to succeed in university and beyond."

The other three winners were Lindsey Rutherford of Treherne Collegiate, Camryn McMillan of Carberry Collegiate, and Nicholas Pasieczka of Sanford Collegiate

The presentation took place at a ceremony hosted by Her Honour, the Honourable Janice C. Filmon, lieutenant-governor of Manitoba at Government House. Awards were presented by Lt.-Gov. Janice



TRIBUNE PHOTO SUBMITTED

Scott Yeo, left, attended a ceremony hosted by Her Honour, the Honourable Janice C. Filmon, lieutenant-governor of Manitoba at Government House. Awards were presented by the Lieutenant Governor Janice C. Filmon, MHSAA president Chris Gudziunas (assistant superintendent of Hanover School Division), and Tim Klassen (CEO of Sunrise Credit Union).

C. Filmon, MHSAA President Mr. Chris Gudziunas (Assistant Superintendent of Hanover School Division), and Mr. Tim Klassen (CEO of Sunrise Credit Union).

There were 41 students nominated this year and our interlake winners included:

Annika Loeppky – Lord Selkirk Regional Secondary School

Braeden Floyd – Arborg Collegiate

Victoria Garson – Charles Sinclair School

Scott Yeo - Stonewall Collegiate



# Stony Mountain Hawks win U10 provincials

By Brian Bowman

The Hawks finished atop the mountain at the 2018 U10 Minor Fastpitch Championships last weekend.

Stony Mountain was undefeated in eight games at the 36-team provincials, beating Bonivital East No. 2 by a 6-5 score in an exciting championship game on Sunday.

"They were beyond ecstatic (after the game)," said Hawks' head coach Jamie Dowsett. "The key thing for them was the fact they stayed focused, and the best part about it was in the fifth (inning) we needed to hold them to zero runs to win ... when we got strike three they went pretty crazy."

After Friday was rained out, Stony Mountain's offence was on fire Saturday as they defeated Bonivital East No. 4 (10-3), Brandon Heat Black (14-1), Sanford (14-0) and Valley Gardens (11-3).

"That day, it was all offence as our bats came alive," Dowsett recalled.

But Sunday was a much different story as good pitching and stellar defence led Stony Mountain to wins over Teulon (8-3), the East End Wings (3-1), Glenboro (5-2) and Bonivital East No. 2.

The victory over Glenboro came in a semifinal game.

"When the competition got a lot better, our pitching and defence really won the whole thing for us," Dowsett said. "The team was on point and everything that came to them was pretty much stopped immediately."

Stony Mountain had 20 players come out for the U10 program this summer, which were split into two even teams.

"In our program the league games don't really count for anything," Dowsett explained. "We essentially count those as practices and we rotate the positions all season long and then we enter two tournaments and provincials."

"In the two tournaments, we play to win."

And the Hawks did exactly that.

Stony Mountain won a tournament in Warren this year while earning silver in Balmoral.

For provincials, Stony Mountain had a tryout for players from their two teams and took 10 of them to provincials. Dowsett said all of their players really improved over the course of the season.

Having 20 kids come out for a young



TRIBUNE PHOTO BY KRISTIN RINN

The Stony Mountain Hawks won the 2018 U10 Minor Fast Pitch Provincial Championships this past weekend.

Pictured back row, left to right: Clint Vandersteen, Jamie Dowsett, Emma Wirgau, Avery Deprez, Kiera Schutz, Adria Vandersteen, Tom Rinn; middle row, Neal Wirgau, Robyn Deprez, Camryn Oliver, Julia Oliver, Taylor Shymko-Wieringa, Sandi Swanson, Peter Schutz; front row, Scarlett Dowsett, Riley Swanson and Peyton Rinn.

age group in fastpitch is pretty good.

"It's really turned around the last four or five years," Dowsett said. "The numbers are actually on an increase,

which is very nice to see.

"Our numbers for softball in Stony Mountain are really good."

## League champions



TRIBUNE PHOTO BY TAMMY BOUGHTON

The U10 Stonewall girls' soccer team, "The Spicy Nachos," won the Selkirk League Championship last weekend. Stonewall went undefeated throughout the tournament with a 3-2 victory in the final against Petersfield. Pictured left to right: Georgia O'Neill, Ella Fumerton, Blake Darragh, Rhea Myers, Emily Randall, Atoria Destefano, Paige Siedel, Kamryn Hunnam, Arianna Manness, Ali Thompson and Sydney Boughton.

## Provincial bound



TRIBUNE PHOTO BY LANA MEIER

The Balmoral Orioles qualified to represent the Interlake at the 13U 'A' provincials in July. Pictured back row, left to right, Kaeleb Bursey, Shari Meyers (coach), Logan Olson, Dave Meyers (coach), Jackson Trippier, Dylan Holod, Derek Miller (coach), Alex Evans, Dexter Sigurdson; middle row, Coby Brace, Travis McKay, Aiden Miller, James Fearn and in the front Bryce Meyers.



# Blue Jays brilliant in winning 13U regional baseball title

By Brian Bowman

It's never easy to win a regional championship, but the Stonewall Blue Jays sure made it look that way in the 13U age division last weekend.

The Blue Jays cruised to four lopsided victories to win the Mervin Farmer Regional Baseball Championship in Stonewall.

Stonewall capped off the stellar weekend with a 15-0 win over the Balmoral Orioles in the championship game.

"They played really well," said Blue Jays' coach Gord Leduchowski. "Our pitcher Hayden Faragher pitched really well and the boys were hitting the ball and making great contact. It was really good."

Stonewall had a great start to the game, scoring five runs in the first inning.

The Blue Jays earlier beat Lunder and St. Laurent in round-robin games and then crossed over and defeated Warren in a semifinal matchup.

All three games were called early due to the mercy rule.

With the regional championship, Stonewall now advances to the 13U "AA" provincials, which will be played at St. James' Optimist Park in Winnipeg from July 13-15.

To get ready for the provincials, Stonewall will play an exhibition game against Portage la Prairie this week and then Ile des Chenes next week.

"We're playing some exhibition games to face some better competition," Leduchowski explained.

And then we'll evaluate what we need to work on."



TRIBUNE PHOTO BY LANA MEIER

The Stonewall Blue Jays will represent the Interlake at the 13U 'AA' provincials. Pictured back row, left to right, Shawn Slatcher, Geoff Reimer, Stu Schaeffer, Scott Myers, Gord Leduchowski; middle row, Evan Reimer, Nick Stamler, Spencer Schaeffer, Hayden Wheddon, Rylan Slatcher, Curtis Taylor, Hayden Faragher, Brody Kopys, Spencer Hunnam; front row, Adam Newcombe, Evan Grandmont, Alex Myers and Tyler Persoage.

## Stonewall Midget 'AA' ball team playing well

By Brian Bowman

The Stonewall Blue Jays Midget "AA" baseball team is getting hot at just the right time.

Stonewall was on a nice three-game win streak heading into this past Monday's regular-season finale against St. James.

"Overall, it's been a pretty good year," said Blue Jays' head coach Scott Stephens. "Our biggest challenge throughout the year (is the fact) we have a roster of 12 and, at this age, we have sort of struggled to (get enough players) for games and we have had to

cancel games.

"The biggest challenge that we have had is just getting nine kids on the diamond."

Stonewall was a solid 8-6 heading into this past Monday's game, putting them in fourth place in the nine-team league.

"We've been coming along throughout the season," Stephens said. "The bats have come alive and we played North Winnipeg last week and they are clearly the top team in the league and we beat them. We had pitching, solid defence without a bunch of er-

rors, and the bats came alive.

"When we do those things well, we can compete with anybody in the province."

Errors have been a problem for the Blue Jays this season and the offence hasn't always been potent.

Stonewall has scored just 81 runs in its first 14 games, which is well short of what kind of damage the top three teams in the league can do.

North Winnipeg (181 runs), Fort Garry (175) and Macdonald (163) can really produce offence this season.

"We have played all of those teams

at least once and they definitely hit the ball," Stephens noted. "They make you field the ball well but if you can play decent defence and have decent pitching against them, it will be a pretty competitive game.

"That's the key, if you have an inning where you give them four or five outs, then they really make it hard on you."

Stonewall will play a best-of-three zone playoff series with Grosse Isle to determine who advances to the provincials to represent the Interlake.

The two local teams will play games on July 13-14.

## Blue Jays vault into fourth spot in MJBL

Staff

The Interlake Blue Jays are making a lot of people take notice in the Manitoba Junior League this season.

The second-year Blue Jays swept the St. Boniface Legionnaires at home last weekend and are now on a three-game winning streak.

Interlake defeated St. Boniface 9-5 and then 12-6 to improve its record to 10-8 this season.

No box scores were listed on the league's website at press time.

Last Thursday, the Blue Jays edged the Marlins 4-3 in Brandon.

Interlake scored a run in the third, two in the fourth, and then another in the fifth.

Ben Anderson, Baily Proctor, Bren-

nan Cheasley, and Jeremy Wasilewski crossed the plate for the Blue Jays.

Ryan Moroz, Derek Petrasko and Cheasley each had two hits in Interlake's seven-hit attack.

Brandon scored all three of its runs in the bottom of the fifth inning.

Emerson Klimpke earned the win on the mound.

On June 19, Interlake dropped a home doubleheader to Brandon, losing 11-3 and 2-1.

Interlake, now in fourth place in the eight-team league, will host the St. James A's Wednesday (7:30 p.m.) and then aren't scheduled to play again until July 4 when they visit the Carillon Sultans.



TRIBUNE PHOTO BY LANA MEIER

Interlake Blue Jays' catcher Brennan Cheasley makes the tag on a sliding Brandon Marlins' player during MJBL action last Thursday in Stonewall. Interlake won the game 4-3.



# Warren wins 15U regional baseball championship

By Brian Bowman

Warren played some outstanding baseball at the Mervin Farmer Regional 15U Baseball Championship in Stonewall last weekend.

And they were rewarded for that great play with a trip to Baseball Manitoba's 15U "AA" Provincials in East St. Paul from July 13-15.

Warren defeated Lunder 10-2 in the final to earn a spot in the "AA" provincials. Lunder will be headed to the "A" provincials.

"Our bats were (good) and we got up early on them," said Warren head coach Joe Zacharias. "And then we just kept going hard, I guess, keeping up with the bats."

"We also had good defence."

Giving up just two runs in the final at that age group is very good. Zacharias said Warren has a strong core of pitchers this season.

"We have four to five solid pitchers at the moment and a couple of really good arms coming up next year," Zacharias noted. "We'll have a really good team next year, I think."

Warren will need those pitchers

when they advance to the "AA" provincials and compete against some top teams. There is a possibility that Warren plays several games in a short period of time over the weekend.

"It could get hard on the arms at provincials if we have a lot of games," Zacharias admitted. "I'm not sure of our roster yet but we'll see how that goes."

To advance to the regional final, Warren (which has players from outside of town to ensure they could have a team this season) defeated Stonewall, Balmoral and Lunder.

The win over Balmoral was a lopsided affair as Warren's bats were very hot in the win.

"We had some really good luck in a couple of innings and then we shut them down," Zacharias recalled.

Warren plays in a league with Stonewall, Balmoral and Lunder. They also hosted a tournament earlier this month, which they won while competing against quality teams from Altona, Winkler, and Morden.

"That was a good lead-up to regionals," Zacharias said.



TRIBUNE PHOTO BY LANA MEIER

The Warren Wildcats will represent the Interlake at the 15U 'AA' provincials. Pictured back row, left to right, Joel Zacharias (coach), Tyler Hogg, Karson King, Gerrit Boonstra, Ashton Fisher, Lane Bond, Brady deLaroque, Scott Fisher (coach); front row, Dylan Zacharias, Joel MacMillan, Connor Melo and Aiden Prystupa.

# Blue Jays bash their way to 11U 'AA' provincials

By Brian Bowman

The Stonewall Blue Jays are headed to Baseball Manitoba's 11U "AA" provincials.

Stonewall punched its ticket to the provincials after crushing Lunder 12-2 in the final of the Mervin Farmer Regional Championships last weekend in Stonewall.

The game was called after four innings due to the 10-run mercy rule.

"We scored pretty early and then at the end it ended up being a mercy," said Blue Jays' coach Andrew Kirk, noting they have a young team this year.

"The boys played really well."

The Blue Jays' pitchers were throwing strikes and the defence behind them was making the plays all weekend.

Stonewall started round-robin play with a 15-4 win over Teulon on Friday evening and then doubled Warren 10-5 on Saturday morning.

Stonewall then trounced Lunder 11-1 on Saturday evening to wrap up round-robin play with a 3-0 record.

Stonewall has a deep pitching staff, said Kirk, which helped them at re-

gionals. They will need those strong arms when they play at the provincials.

"There is a pitch count now that involves quite a bit," Kirk noted. "If you pitch over 25 pitches in a day, you need one day's rest. When you're in a tournament like that, it's very important to have a lot of pitchers."

The minor baseball program in Stonewall is in good shape. Stonewall had three teams at the 11U age group this season, which was pared down to just one squad for the regionals.

"The baseball program is pretty healthy with the younger ages," Kirk said. "It's like all programs, it's healthy at the young ages and as they get older it starts to level off."

"We have about nine or 10 kids per team so we have about 30 kids (at the 11U level)."

The 11U "AA" provincials will take place in Morden from July 13-15. The Blue Jays expect to be competitive at provincials.

"We'll have to play good defence and have good pitching," Kirk said. "We'll also have to get on the bats. We're going to see some kids that we've never



TRIBUNE PHOTO BY LANA MEIER

The Stonewall Blue Jays will represent the Interlake at the 11U 'AA' provincials. Pictured back row, left to right: Dan Jensen, Kevin Hawryluk, Andrew Kirk. Missing: Shawn Slatcher; middle row, Maxton Teichrib, Jamie Dandeneau, Levi Meakin, Evan McMurtry, Max Johnson, Brody Slatcher, front row, Zavery Wahoski, Matthew Hawryluk, Mason Bernier, Jarek Grantham, Maddox Braun, Ryder Kirk. Missing from the photo is Shawn Hofer.

seen before and there will probably be some high-end kids there and it might be a bit of an eye opener for us.

"But we're going to practice a bunch

here and we picked up a couple of kids from the Warren team. They're very good pitchers."



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		4	7	3				2
	5							
	2				1			
		8		5		2		
	9			2	3	4		
4				9				7
		5	2					8
			6			7	3	
		1						

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Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	2	6	4	7	8	1	9	3
8	7	1	5	9	6	4	2	
8	4	9	6	1	2	5	7	3
7	5	8	9	6	1	2	3	4
9	1	4	3	2	8	7	6	5
6	3	2	7	5	4	8	9	1
4	6	7	1	9	5	3	2	8
1	8	3	2	4	6	9	5	7
2	9	5	8	3	7	4	1	6

Sudoku Answer

P	S	V	H		N	A	D		S	V	S
I	B	B	R		V	R	E	S	E	C	V
N	E	T	T	V	O	O	Z		W	B	C
	R	E	B	B	S	A	V	S	I	V	B
					T	E		A	H	E	B
R	P	E	R	E	K	E	S	O	H		
I	O	S	I	N	E	M	C	O	I		
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					S	E	N	I	T	A	V
E	O	T	V		E	O	H		S	U	S
D	V	A			E	A	V		N	A	V
A	I	A			N	E	S		G	G	E
F	M				E	A	R	E		A	T

Crossword Answer

## X CROSSWORD

### CLUES ACROSS

1. Guinean seaport
5. They —
8. Electromotive force
11. "McVicar" director
13. Monetary unit
14. Mother of Hermes
15. Broadway actress Daisy
16. Tobacco mosaic virus
17. Expression of surprise
18. African financial intermediaries
20. Fully ripe egg
21. Soothes the skin
22. Editors write them
25. Nashville-based rockers
30. Surgical tube
31. Lasting records
32. Member of Ghanese tribe
33. Being in a vertical position
38. Spasmodic contraction
41. Cartilage disks
43. Domestic help
45. A way of drying out
48. Small sponge cake
49. Distinctive practice or philosophy
50. Sword
55. Type of missile (abbr.)
56. Home to various animals
57. American comedian Tim
59. Scores perfectly
60. A major division of geological time
61. Spiritual leader
62. Unhappy
63. Unit of force (abbr.)
64. Door part

### CLUES DOWN

1. Academic degree
2. Expression of sorrow or pity

1	2	3	4		5	6	7		8	9	10
11				12		13			14		
15						16			17		
	18				19		20		21		
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25	26	27	28	29							
30							31				
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	45	46	47								
48					49				50	51	52
55					56				57		58
59					60				61		
62					63				64		

3. Large, stocky lizard
4. Romanian river
5. Stellar
6. A way to change
7. Surround completely
8. A Philly footballer
9. Dinosaur shuang\_\_\_\_\_aurus
10. Slowly disappear
12. Large antelope
14. Not nice
19. Piece of footwear
23. Newt
24. Seriously mentally ill
25. Kilogram force (abbr.)
26. Terrorist group
27. Negative
28. Time zone
29. A blacksmith's workshop

34. Baked dessert
35. A way to perceive uniquely
36. Breeze through
37. Dry white wine drink
39. Treated with iodine
40. Not thorough
41. Famous museum
42. Supplements with difficulty
44. Polynesian language
45. Bangladesh capital (var. sp.)
46. \_\_\_ and flowed
47. Excessively theatrical actors
48. Prejudice
51. Swiss river
52. Nonsense (slang)
53. "Luther" actor
54. Resist authority (slang)
58. Pinch



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Full time & part time servers needed for restaurant/lounge, Pizza Den, Stonewall. Drop off resume or send to robert.magnifico@gmail.com

Pizza Den is hiring an evening cook. Must be able to work 4 p.m. - 9/10 p.m. including weekends. Previous cooking experience req'd. Exposure to Pizza Den style menu, go to pizzaden.ca for style. Self-starter, able to multi-task, team player. Call or text 204-799-2423 or email resume to robert.magnifico@gmail.com

Hog Barn Technician - we are currently accepting resumes for the position of Hog Barn Technician. The barn is located north of Stonewall, MB. Previous experience working with hogs is required. Please send a current resume to: Trevor Stanhope, Standard Nutrition, Email: tstanhope@standardnutrition.com Phone: 204-750-3359.

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## LOST

LOST ANGUS BULL Tag #40E West of Balmoral Rd 1E and 85 Sat. June 17 at 10 a.m. Wants to head North West. Home: 204-467-2637 Cell: 204-461-0579

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## DUE TO THE CANADA DAY LONG WEEKEND

Classified Display ad booking deadline is **FRIDAY** at 4 p.m. prior to Thursday's publication.  
**Call 204-467-5836**



## THE RURAL MUNICIPALITY OF ROCKWOOD

### PUBLIC NOTICE

#### REGARDING GENERAL BORROWING BY-LAW #07/18 TO PAY FOR THE CONSTRUCTION OF A NEW FIRE HALL

The Council of the Rural Municipality of Rockwood, at its regular meeting in the Council Chambers, Rockwood Municipal Office, 285 Main Street Stonewall MB, on Wednesday, July 11, 2018 at 11:30 a.m. will give second reading to consider the following proposal to borrow \$700,000.00 (Borrowing By-Law #07/18) to pay for:

The construction of a new fire hall near the junction of Main Street and PTH 415

The total estimated cost of the fire hall is \$1.4M, to be funded as follows:

\$700,000 to be funded by the Town of Teulon  
\$700,000 to be funded by borrowing

The borrowing will be repaid over 20 years, at a maximum interest rate of 5.5% per year

The annual repayment amount will be no more than **\$58,575.59** to be levied annually as part of the general municipal levy.

Copies of the proposal to borrow and information about the capital project are available at the Rockwood Administration Office at 285 Main Street, Stonewall MB or on the municipal website: www.rockwood.ca

Dated at the Rural Municipality of Rockwood this 19th day of June, A.D., 2018, and issued pursuant to Section 174.1(1) of *The Municipal Act*.

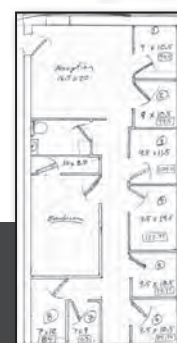
Chris Luellman, CMMA  
Chief Administrative Officer  
Rural Municipality of Rockwood  
Phone: (204) 467-2272 / Email: info@rockwood.ca

## CLANDEBOYE AVE in Selkirk Executive Mall

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Property Features



Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association and Sun Life Financial. The Selkirk Record and a new incoming tenant occupy separate space though their own private entrances. The building was upgraded in 2012. Both the reception and board room are shared, there are currently five offices available for lease.

For information please contact:  
BIG Real Estate  
204-485-0010  
email bigandcolourful@mts.net

## PART-TIME POSITION

The South Interlake Fifty-Five Plus, Inc., Stonewall, MB, has an opening for an **Administrative/Program Assistant**.

The Administrative/Program Assistant will assist with planning & coordinating various senior programs and activities.

### Qualifications:

- Experience and ability to work with seniors and volunteers
- Computer knowledge including Word, Excel, Social Media, etc.
- Mathematical skills
- Initiative and ability to work with minimal supervision
- Ability to multi-task and prioritize
- Job duties has some physical requirements
- Certification in First Aid & CPR an asset

**Deadline for Applications: Thursday, July 12, 2018**

Applications accepted by email only:  
si55plus@mts.net

Only those selected for an interview will be contacted.

## EMPLOYMENT OPPORTUNITIES



### Teulon Rockwood Recreation Commission is hiring for the following positions:

**FACILITY SUPERINTENDENT** – this full time role is responsible for operation, maintenance and repairs of buildings and equipment for all facilities within the recreation commission. The superintendent provides supervision of facility attendants and casual labour. Responsibilities include scheduling for his/herself and staff as per the facility event calendars. As a working member of the team, the superintendent will be required to work flexible hours including evenings and weekends. Refrigeration certification is an asset or successful candidate must be willing to attain.

**Recreation Administrator** – this part-time role is responsible for office administration, bookkeeping, maintaining facility event calendars and administering existing recreation programming. The recreation administrator will prepare for and take minutes while attending Teulon Rockwood Recreation Committee meetings.

**Casual Labour** – we are seeking individuals available to work on a casual basis with flexible hours including evenings and weekends depending on the event schedules of all facilities.

Please submit resume and specify role being applied for to teulonrockwoodrec@gmail.com by **Friday, July 13th, 2018**



# Announcements

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Stonewall Teulon  
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## ANNOUNCEMENT

### WEDDING ANNOUNCEMENT



Chris and Sarah Dawson of Teulon together with Les and Corrine Gillis of Cypress River MB take great pleasure in announcing the marriage of their children,  
**Michael and Bree,**  
on June 9th, 2018 in Winnipeg.  
*"The best thing to hold onto in life is each other"*  
-Audrey Hepburn.

## ANNOUNCEMENT

### BIRTHDAY



Happy 90th Birthday  
**Doris Tully**  
June 27, 2018  
Enjoy your special day!

-Love,  
Your family



## ANNOUNCEMENT

### IN MEMORIAM



**Elaine Rose Harrison**  
May 17, 1948 – June 21, 2017

One year has passed however at times it seems like only yesterday.  
"A life well lived is a precious gift,  
Of hope and strength and grace,  
From someone who has made our world  
A brighter, better place.  
It's filled with moments, sweet and sad  
With smiles and sometimes tears,  
With friendships formed and good times shared,  
And laughter through the years.  
A life well lived is a legacy,  
Of joy and pride and pleasure,  
A living, lasting memory  
Our grateful hearts will Treasure"  
-Author Unknown  
Your presence we miss  
And your memory we treasure.  
You live on forever in our hearts.  
Loving you always!  
Forgetting you never.

-Love,  
Mel Harrison; Rhonda, Al and Melissa Potter;  
Leanne, Sean, Mya, Keira and Zach Forbes,  
Darryl, Melissa, Spencer and Lily Harrison

## ANNOUNCEMENT

### CARDS OF THANKS

To all those who made it out to my Community Wedding Shower held in Warren on June 5th, and to those who did not get a chance to, thank you for the generous gifts. Thank you to the amazing women who hosted the evening, it was wonderful. Chris and I are overwhelmed with the thoughtfulness and love from you all. We are so happy that we live in a community of such special people.

-Thank you,  
Sara Unger

## ANNOUNCEMENT

### IN MEMORIAM



**Douglas Gibson**  
November 13, 1979 - June 27, 2011

Sometimes we look up smile and say:  
"We know that was you, Thank You!"  
Missing you, always and forever.  
-Love Mom, Dad and Cynthia

*There is a link death  
cannot sever,  
Love and remembrance  
last forever.*

## ANNOUNCEMENT

### IN MEMORIAM



**Douglas Richard Gibson**  
November 13, 1979 - June 27, 2011  
In memory of our Grandson, Nephew  
and Cousin

We can't have old days back,  
When we were all together,  
But secret tears and loving thoughts,  
Will be with us forever.  
Doug walks with us down quiet paths,  
And speaks in wind and rain,  
For the magic power of memory,  
Gives him back to us again.  
-Love forever and a day,  
Nanny Jansen and family

## OBITUARY

**Darien Louise Russell (nee Aikenhead)**

Peacefully at Stonewall Palliative Care, after a courageous battle with cancer, Darien Louise Russell (nee Aikenhead) passed away on Monday, June 25, 2018.  
Mom will be lovingly cherished and remembered by her family and friends.  
In respecting Mom's request, interment will be a private family graveside service.  
A longer obituary is to follow.

## OBITUARY

**Ryan George Grandmont**  
June 22, 1978 - June 24, 2018

Ryan George Grandmont of Stonewall, MB, left us, after a courageous, hard-fought battle with cancer on June 24, 2018.  
Ryan is survived by the love of his life, Christine McIvor; parents George and Gayle Grandmont; brother and best friend Patrick Grandmont, Patrick's wife Angela, and their children Preston, Malcolm, Evangeline, and Henrik; the McIvor family; as well as many close family members and friends.

Ryan grew up in Argyle, MB, and spent his childhood developing a love for all things sports, especially hockey. He spent hours in the yard with whoever he could rally to join him, in a street hockey game, throw the ball around, splash in the pool, or spend hours at the Argyle outdoor rink.

He grew up playing hockey and baseball and continued that on into his adult life, helping organize fundraising tournaments to give back and help give every child the opportunity to be involved in sports.

His love for hockey, naturally turned into a love for the Winnipeg Jets, there was no greater fan, and no one happier when the Jets came back to Winnipeg, and made the playoffs this spring!!  
GO JETS GO!

Ryan attended Stonewall Collegiate and went on to study Business Administration at Red River College and graduated in 2001.

He went on to spend his career at the family farm machinery dealership, Leo's Sales & Service, and, as he did everywhere he went, made many friends along the way, and ironed out plenty of deals that would have made his Grandpa Leo proud.

Ryan and Christine enjoyed their years together traveling, spending summers at Caddy Lake and Buffalo Point, shooting a round of 18, and enjoying time with friends.

Ryan loved his family and friends, spending time with his niece and nephews, and his beloved dog Trigger.

Memorial service will be held at the Stonewall Veterans Memorial Sports Complex on Thursday, June 28th at 11 am in Stonewall, MB.

As per Ryan's wishes cremation has taken place and a private interment will be held at a later date.

In lieu of flowers, please send donations to The Argyle Outdoor Skating Rink or Manitoba Mutts Dog Rescue, two organizations close to Ryan's heart.

## OBITUARY

**Eleanor Eichler - Grauff**  
November 5, 1928 - June 16, 2018

Eleanor's family sorrowfully announces her peaceful passing at Misericordia Place in Winnipeg.

She was predeceased by her first husband Raymond Eichler and her second husband Raymond Grauff.

Eleanor dearly loved her children, grandchildren, great-grandchildren and their spouses who will fondly remember her as their greatest supporter and encourager.

She was a woman of faith and was often heard thanking God for His faithfulness, goodness and provision.

A family gathering of celebration will occur at a later date.

Thank you to all those who supported Eleanor through her time of need.



In her memory, if friends so desire, donations may be made to the Interlake Community Foundation, [interlakecommunityfoundation.ca](http://interlakecommunityfoundation.ca)

*kl*  
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# OBITUARY



**Arleen Sinclair**  
(nee Doying)  
October 20, 1942 – June 22, 2018

Surrounded by the love of her family and friends Arleen, beloved and cherished mom, nana, sister and friend peacefully made her way to the Great Spirit at the Stonewall Memorial Hospital on Friday, June 22nd.

She was predeceased by her husband Billy; mother Kay; father Laurie and sister Sandy.

Left to mourn and cherish her memory are her sons, Robert (Robbie), Lonnie and Kyle and daughter Kyla; grandchildren Tyler, Brett, Katie and Autumn. In addition brother Jim plus many nieces and nephews.

The friends Arleen has left behind are too numerous to list. Her kind heart and great sense of humour touched many and will be missed.

Arleen was born in Oak Point, MB and lived in Winnipeg, Woodlands, with her later years spent working and living in Stonewall.

Every morning she looked forward to having coffee and conversation at "The Rock" with her numerous friends. No one was a stranger to Arleen as once you met her and experienced her kind generous nature – you had a friend. She made dark days light and light days sparkle with her infectious smile and uplifting spirit.

Arleen was a lover of animals – even the wild ones once having a pet fox and pet skunk. She was feisty and always up for an adventure or new experience. Other passions and past times were crocheting, puzzles, learning about her Metis heritage and giving of herself to loved ones.

Arleen was generous to a fault, with all that is truly important in life – her time, her laughter, her friends, her family and her love.

The family wishes to thank the staff and Arleen's precious ex co-workers at Stonewall Memorial Hospital for their admirable care. The family is very appreciative of the care given by Dr. Pinniger, Dr. Zahiri and Dr. Zhang.

In lieu of flowers donations may be made to CancerCare Manitoba, 100 Olivia Street, Winnipeg, MB. R3E 0V9

A celebration of life will be held on Saturday, July 14, 2018 at 1:00 p.m. at Woodlands Community Hall.

*KL*  
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# Announcements Tribune

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# OBITUARY



**Jason John Monkman**  
March 25, 1966 – June 20, 2018

It is with great sadness that we announce the passing of Jason on June 20, 2018.

Jason was predeceased by his mother, Noel Monkman in 1991. Jason will always be lovingly remembered by his father, Martin Monkman; his brother, Michael Monkman and sister Jeanine (Tom) Rediger; nieces Tanya and Vanessa as well as numerous great nieces and nephews.

Jason was born in Winnipeg, Manitoba on March 25, 1966 and lived his young life in Stonewall, Mb until such time he moved to Winnipeg, Mb to start his career.

He graduated from the Stonewall Collegiate in 1985, was awarded a Certificate of Volunteer Service from the Seven Oaks General Hospital in May 1985. He later followed up with his Health Care Aide Certificate in 1988 from the Red River Community College.

Jason was also awarded a Certificate in the Call Centre Agent Program from the Red River Community College in 1997.

Jason loved dinosaurs as a child and later on in life he promoted himself to dragons which were evident by the numerous statues and pictures we now have in our possession.

If you were lucky enough to know Jason, you would know he had such a huge heart, (for such a little guy) and always seen the best in everyone he knew.

In following his wishes, cremation has taken place and a private family interment will be arranged at a later date.

We will miss you and will forever love you, Jason.

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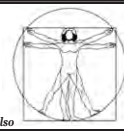
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# Congratulations to Inwood grads!

By Jennifer McFee

Inwood graduates paused for a moment to celebrate their success before forging forward to the next stage of their lives.

On Saturday, June 23, friends and family gathered at Inwood School to applaud the efforts of the seven graduates: Carter Hazelton, Luke Hendrickson, Thomas James-Davies, Damien Lecocq-Gareau, Graham Moore, Adrian Rink and Tasha Waldner.

Principal Joanne Mulvena, who acted as master of ceremonies, noted how the day marked the end of one season and the beginning of another in their lives.

"Your hard work, dedication and perseverance has gotten you to this day and will support you for the next stage in your lives," she said.

"As I look at you, I see a diverse group of young men and a young woman. Your interests and talents are as diverse as you all are. This includes your future plans."

Graham plans to become an engineer and Thomas plans to study science, she said. Carter aims to be a mechanic; Tasha, a photographer; Adrian, an actor; Damien, a conductor for CN; and Luke, a farmer.

As much as their differences enhanced their experience, the classmates bonded together through some similarities.

"One thing you do have in common is your work ethic. For the last three years, I've observed how very hard you've all worked .... This characteristic will serve you well as you venture out into

the grown-up world," Mulvena said.

"Another common characteristic that you share is loyalty to your family, to your friends and to your community. As you venture out beyond Inwood, always remember where you came from and the people who impacted your lives."

Leanne Peters, assistant superintendent of Lakeshore School Division, shared an observation and a piece of advice.

She observed that the graduating class was all born in the year 2000.

"You have never known or experienced the 20th century but only the 21st century," she said. "I wonder, as you go through life, what this century will hold."

She shared some simple yet sage advice for the graduates: Be restless.

"Innovations are born to those who are restless. New ideas come to those who are restless," Peters said.

"Regardless of the path that you take and what you choose to do, shake it up. Be a part of your generation's thinkers, leaders, doers and movers. Be restless. Our world needs you."

On behalf of the Lakeshore School Division, she extended congratulations and encouraged the teens to take time to celebrate.

"Today marks the day when you realize your achievements. You are high school graduates," she said.

"It's a day when you and your family and your friends and your community can feel



TRIBUNE PHOTOS BY JENNIFER MCFEE

The seven graduates of Inwood School prepare to toss their graduation caps.



Lakeshore Proficiency award was presented to Thomas James-Davies.



Valedictorian James-Davies addresses the crowd.



Graham Moore received the Governor General's award.

proud of your accomplishments. Feel proud of yourself."

Representing the RM of Armstrong, Coun. Susan Smerchanski wished the students well.

"A new and exciting venture waits for each and every one of you. Dream big and reach for the stars. Anything that you can dream about and set your mind to, you can achieve," she said.

"Wherever your dreams and aspirations take you, we wish you all the best and much success in your future endeavours."

Valedictorian Thomas James-Davies shared his thoughts on how the class became as close as family members over the years.

"After spending 12 years with the majority of this class, you get a pretty good idea who everyone is," he said.

"Whenever something needed to be fixed, you'd go and ask Carter. If you had technology issues, you'd ask Damien or Adrian."

If you had questions about design, Tasha is the one to ask. For farm-related questions, Luke is the go-to guy.

And for any math questions, no matter how extreme, Graham would always be able to figure it out. When the students were discussing a few different configurations for

their seats on stage, Graham noted that there are actually 5,040 different ways to arrange the seven-person seating plan.

It comes as no surprise that Graham received an armful of awards and scholarships, including the Governor General's award. Thomas also earned many awards, including the Lakeshore proficiency award. As well, Carter picked up a vocational excellence award.



Luke Hendrickson, left, and Graham Moore relaxing after the ceremony.

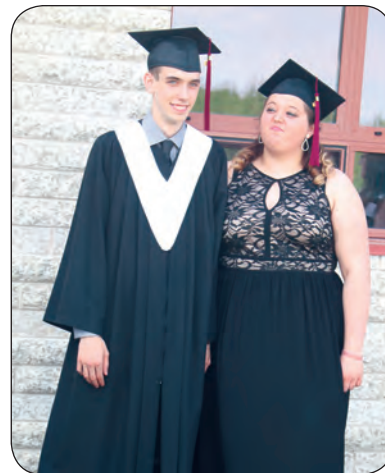
## INWOOD Grad Bursary's for 2018

THOMAS JAMES-DAVIES - Lakeshore Teachers Association Scholarship, Lakeshore Proficiency Award, RM of Armstrong Scholarship, Inwood Womens' Institute Scholarship, ISAC Scholarship  
GRAHAM MOORE - Schulich Leader Nominee, Affinity Insurance, Honourable Kenneth Hanssen Scholarship, U of MB Queen Elizabeth II Entrance Scholarship, RM of Armstrong Scholarship, Inwood Womens' Institute Scholarship, ISAC Scholarship, CUPE Local 3206 Scholarship, Chown Centennial Scholarship, Governor General's Award  
CARTER HAZELTON - Vocational Excellence Award



**INWOOD SCHOOL**

**GRADUATION 2018**



TRIBUNE PHOTOS BY JENNIFER MCFEE

Clockwise from top left, Luke Hendrickson and family; Sophie Eskilson presented the Inwood W.I. scholarships to Graham Moore and Thomas James-Davies; Tasha Waldner hugs Carmen Norris; Damien Lecocq-Gareau, left, and Adrian Rink; Tosh Kupchak presented the U of M Queen Elizabeth II Entrance scholarship to Graham Moore; Damien Lecocq-Gareau and Tasha Waldner and Thomas James-Davies, left, Graham Moore, middle, and Riley Strong.



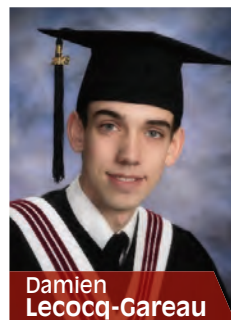
Carter Hazelton



Luke Hendrickson



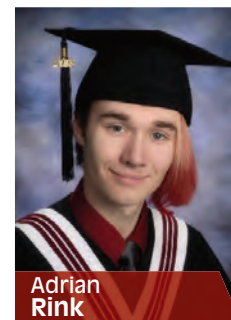
Thomas James-Davies



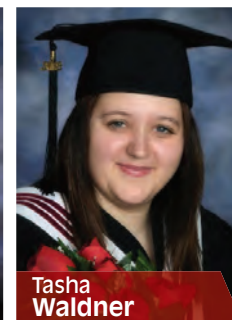
Damien Lecocq-Gareau



Graham Moore



Adrian Rink



Tasha Waldner



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# St. Laurent grads celebrate the completion of high school

By Jo-Anne Procter

Brianna Dunn officially welcomed family and friends to the 2018 St. Laurent graduation ceremony last Friday at the Roman Catholic Church.

Dunn was one of 11 graduates that completed Grade 12 and received their high school diploma.

Principal David Halldorson introduced the graduating class of 2018 prior to Prairie Rose School Division director of student services co-ordinator Louise Duncan brought greetings and congratulations on behalf of the senior administration team.

"Here we are at the gathering of communities to once again celebrate the successful completion of high school for a group of special young adults," said Duncan. "A very special time that remains with us as strong memories."

Duncan reflected on her experience working with the staff from St. Laurent. They provide the best possible educational, social and emotional support passionately to ensure learning goals and objectives are met.

"You have been blessed to have passionate and caring teachers to work to instill a solid learning foundation for you," she explained to graduates. "So, graduates, as you leave St. Laurent school, take away with you that you have acquired skills that will shape the rest of your lives. What is really important is that these skills have been imparted to you by teams of caring people, both within and out of school."

"Strive to be part of a team. Reach out, stay connected to each other, look after each other and be kind. Congratulations for reaching this milestone and we wish you all the very best."

Class valedictorian Owen Richardson addressed his peers.

"We learned a lot at St. Laurent School," he said. "My grandma always sent me to school every day saying 'learn something,' and when we came back she would ask us if we had learned something. That led me to believe that we should always keep learning, no matter what. A life that doesn't have learning in it is a life not worth living."

Richardson took a moment to thank everyone who got the grads to this point in their lives, including the superintendent, principal, staff, family and friends.



Valedictorian Owen Richardson delivered a heartfelt and entertaining message to his classmates.

"So now that high school is finished and we are off to what the old people call 'the school of hard knocks,' I know we are all going to do our best."

Halldorson gave graduates his warmest congratulations before handing out awards and diplomas.

"You deserve your accolades, your graduation day and your party tomorrow," he said.

"The diplomas these graduates receive represent years of hard work, commitment, dedication and achievement that will mark a turning point in the young lives of these people."

"The funny thing about real life is that there are no longer daily objectives written on the board to guide you. The most real-life tests are unannounced and uninvited, especially tests involving your character. It's your character, your ethics that make you who you are," he said.

"You will learn that your education will change forms. The most important lessons you learn may occur at two in the morning, in a spirited debate in your dorm room or a watering hole rather than your first lecture. Lessons will come disguised as opinions, sometimes from people you aren't particularly interested in listening to. Listen carefully to these unscripted and unsolicited opinions. They will help develop and define your belief system," he recommended.

"Whether you head off to college, university or the workforce, apply what you learned, as application is a sign of true education."

Noah Allard was awarded the pres-

Continued on page 5



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The St. Laurent Class of 2018 prepares for their official ceremony.



Noah Allard was the recipient of the Governor General's Award for maintaining the highest average in grades 11 and 12.



Principal David Halldorson presents Owen Richardson with the St. Laurent Hawks Award.



Graduates move their tassels from right to left to officially confirm their graduation. Pictured left to right, Brie Dunn, Miguie Lorenzo, A.J. Allard, Jayden Green and Brodie Ducharme.





Graduates that attended St. Laurent school from kindergarten to Grade 12. Dalton Connelly, left, Noah Allard, middle and Owen Richardson.



Zack Howells is all smiles to be an official graduate.



Brie Dunn welcomed friends and family to the 2018 graduation.

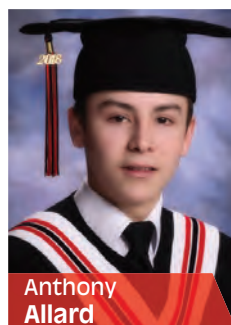
Continued from page 4

tigious Governor General's Award for achieving the highest academic average in grades 11 and 12, while Owen Richardson was the recipient of the St. Laurent Hawk Award. Richardson was recognized for his honesty, great attitude, work ethic, kindness and sportsmanship.

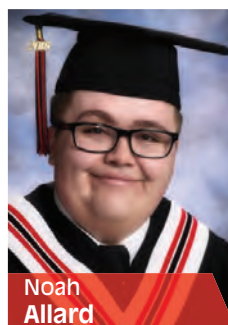
Diplomas were presented, and as tradition has it, graduates moved their tassels to the right side of their caps and Halldorson officially declared them graduated and counted down from three for grads to toss their caps to the rafters.

## St. Laurant Grad Awards for 2018

SIMONE MCKAY RM of Saint-Laurent, School parent committee, Interlake Packers, St. Laurent Royal Canadian Legion Métis Branch 250  
BENJAMIN BRUCE Manipogo Golf and Country Club, St. Laurent School  
ZACHARY CARRIÈRE RM of Saint-Laurent, Dumont Bros. Contracting Ltd., Interlake Depanneur, St. Laurent Recreation Centre, Comité culturel de Saint-Laurent, Lundar General Store  
JOSEPH DROUIN Governor General award, Division scolaire Franco-Manitobaine, Les Petits Dorés daycare, Caisse Populaire d'Élie, University of Saint-Boniface



Anthony Allard



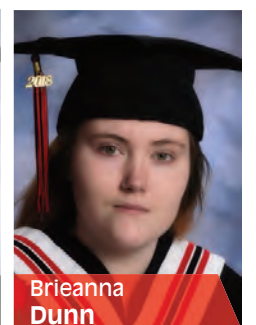
Noah Allard



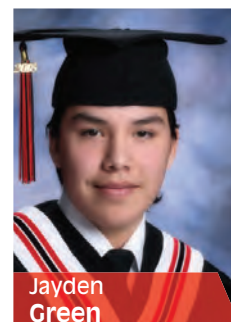
Dalton Connelly



Brodie Ducharme



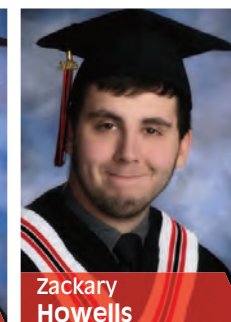
Brianna Dunn



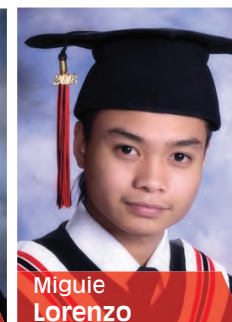
Jayden Green



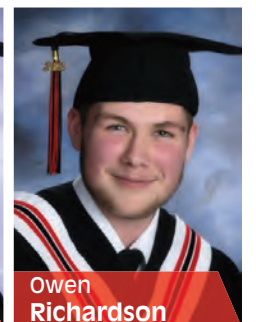
Keanu Green



Zackary Howells



Miguie Lorenzo

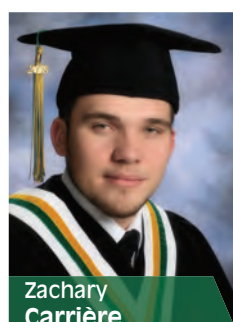


Owen Richardson



## ÉCOLE COMMUNAUTAIRE AURELE LEMOINE

## GRADUATION 2018



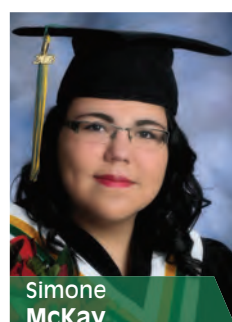
Zachary Carrière



Joseph Drouin



Benjamin Bruce



Simone McKay

## Grad Bursary's for 2018

NOAH ALLARD Governor General Award, Interlake Packers, PRSD Board  
MIGUIE LORENZO PRSD Board Diligence, Depanneur Entre-Lacs, RM of St. Laurent Craig/Ernie  
OWEN RICHARDSON Manipogo Golf & Country Club, St. Laurent Hawk Award, PRTA, Caisse Populaire d'Élie, RM of St. Laurent Honorable Yvon Dumont, Ecole Communautaire Aurele-Lemoine  
RAVEN GREEN ST. Laurent Rec. Center, St. Laurent Legion  
JAYDEN GREEN Dumont Bros., Lakeview Garden  
BRODIE DUCHARME Hugh Sigurdson  
BRIANNA DUNN St. Laurent School PAC, Lakeview Garden  
ANTHONY ALLARD Lakeview Garden  
DALTON CONNELLY Lakeview Garden  
CHRISTIAN YOUNG Lakeview Garden

*Congratulations  
Class of 2018*



# Stonewall graduates enter the real-world draft

By Jo-Anne Procter

Fun, games and drafts was the theme of the 2018 Stonewall graduation ceremony for the 79 graduates of the 107th class of Stonewall Collegiate.

Principal Jason Cassils welcomed graduates who also shared their day with the 2018 National Hockey League draft.

"Not only is it draft day for the NHL but draft day for all of you. You won't be this year's second round pick for the Winnipeg Jets; you are now entering the real-world draft," he said.

"As you move on to your next challenge, please remember the lessons you learned at school. Whatever career you get drafted by, go work hard at it. Whatever you want to do, do it. Live your dreams."

Interlake School Division trustee Fran Frederickson reminded students that "education is the cornerstone of a vibrant and successful society."

Diplomas, awards and scholarships were presented to the Class of 2018; however, there was one student missing from the lineup. Hannah Steinke passed away earlier this year and left a mark not soon to be forgotten.

"SCI just isn't the same without Hannah's presence in the hallways," Cassils said. "She taught us that taking time to foster relationships with people at school is just as important as learning in the classroom. Her giggles had the ability to radiate through a classroom. Hannah was kind, caring, friendly, strong-willed, silly and, most importantly, Hannah loved her family and her dogs."

To honour Hannah, her parents Niki and Doug Steinke and sister Alia created two scholarships to highlight the students that make it a priority to be kind, caring and friendly to others. The first annual scholarships and plaque, created by fellow classmate Jordan Hooper, was awarded to Alyssa Fleury and Zack Hossack.

"This graduating class is very special to our family," said Niki. "Hannah taught us to love wholeheartedly, not to hold grudges. She taught us that there is always a reason to smile and, of course, to wear your pyjamas whenever humanly possible. So many of you contributed to Hannah's happiness just by taking time to say hi. Each of you has the power to brighten someone's day, just by being kind."

Shae Mulvihill cleaned up in the awards department. She joined the stage with 12 of her classmates who received the ISD excellence medals for maintaining an average over 90 per cent. Mulvihill was the recipient of the prestigious Governor General's Medal of Canada for her overall combined grades 11 and 12 average of 97.29 per cent. Mulvihill graduated with 31 and a half credits, received the highest mark in the ELA exam (94 per cent) and had the highest standing in many of her classes. She received several scholarship awards, including the ISD \$1,000 General Proficiency Award for her outstanding academics as well as her involvement in school life.

Cassils described Mulvihill as a pleasure to teach. She always lends a helping hand, is a friend to all and is an all-around great role model. Mulvihill was a Link Leader, a Champions mentor, a member of the human rights group, member of the leadership



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Interlake School Division Excellence medals were presented to 13 graduates that excelled academically.

team, played in the concert band all four years, was a member of the Reach for the Top team, played volleyball, basketball, badminton, track and field, and high school ringette. Mulvihill will be entering the Faculty of Engineering at the University of Manitoba.

Kylie Wright and Ian Cherniak represented their class by delivering the valedictory address.

"This class is special," Wright said. "The dedication and work ethic that these grads possess is immeasurable. They not only put their hard work in at school but even when the last bell rings they are still giving it their all. Students spend hours before and after school on their sports, their involvement in the musical and to volunteer around the community."

"When these grads put their minds to it, they are unstoppable," Cherniak added.

To add a little fun to the seriousness of graduation day, the valedictorians tested their classmates with a quick game of Jeopardy.

"Games are about having fun, and life should be as well. Keep that in mind as you search for a job or go off to university or college. Find an occupation that you are passionate about, a career that intrigues you," Cherniak said.

"If life was a game, then today you begin to make your opening moves," Wright added. "From this moment forward, the decisions you make will impact your entire life. A move you make tomorrow can entirely change your ending."

They thanked families, teachers and support staff for the tremendous effort in keeping students on course and getting them to where they are today and giving them skills necessary to succeed in the future.

"There are always lessons to be learned no matter how complex the problem may be. The journey through life is more important than the destination. It is not where you find yourself at the end but how you got there, who helped you along the way," Cherniak said.

Wright finished with "No pursuit is ever trivial. Your game of life starts now."

Cassils released graduates with one final message:

"Make sure to be kind, caring and treat everyone with respect. This will take you a long way in life. Believe in yourself and don't ever stop. The reason



Shae Mulvihill was the recipient of the Governor General's Award, General Proficiency Award and collected an ISD Award of Excellence Award and many scholarships.



Valedictorians Ian Cherniak and Kylie Wright themed their address to fellow graduates on games.

you will get hired for a job or make a team is not only because of your skills but who you are as a person. You bring a lot to this world."





The first Hannah Steinke Memorial Scholarship was awarded to Alyssa Fleury and Zack Hossack. Pictured left to right, Niki Steinke, Hossack, Fleury, Alia Steinke and Doug Steinke.



Brandon Abraham, right, is ready to celebrate graduation.



Michelle Westman takes a selfie with staff Jason Cassils, Bryce Baldwin and Jon Loochuk.



Kylie Wright chose classmates to answer questions in SCI's game of Jeopardy.



Graduating choir members sang a medley of five songs they chose and mashed together into one. Pictured left to right, Caitlin Muir, Madison Tavares, Michelle Westman and Emilie Cardinal.

## Stonewall Collegiate Awards, Scholarships and Bursaries

AARON LOEWEN	Interlake School Division/Sunova Credit Union gold medals, Stonewall Kinsmen Club
ALISSA FLEURY	Hannah Steinke Memorial
AMBER SCHNEIDER	Interlake Community Foundation
ANDREW EVERITT	Merranda H. Abas Memorial, Stonewall & District Lions Club
AUSTIN SMITH	Lifetouch Canada Inc., Interlake School Division/Sunova Credit Union gold medals, Stonewall Royal Cdn Legion Branch #52
CAM STEWART	South Interlake Ducks Unlimited Fundraising Committee
CARTER SAFINIUK	Stonewall Kinsmen Club
DAWSYN ARBEZ	Stonewall United Church
EMILIE CARDINAL	Walter Malazdrewich Memorial
HANNA MARSHALL	Stonewall Knights of Columbus, Stonewall Royal Cdn Legion Ladies Auxiliary, Bryan Lefley Memorial, Interlake School Division/Sunova Credit Union gold medals
IAN CHERNIAK	Valedictorian, Stonewall Royal Cdn Legion Branch #52, Ronald E. & Jessie Matthewson - Music - The Winnipeg Foundation, Lifetouch Canada Inc., Interlake School Division/Sunova Credit Union gold medals
JONAS PERRELLA	Stony Mountain Stonewall Masonic Lodge, Interlake School Division/Sunova Credit Union gold medals, Stonewall Independent Order Odd Fellows Lodge #49
JUSTINE DIPLOCK	Stonewall Kinsmen Club, Interlake School Division/Sunova Credit Union gold medals
KAYLEY WATTS	Stonewall United Church
KYLIE WRIGHT	Valedictorian, Stonewall & District Chamber of Commerce, Cosens, Keith A. Memorial - The Winnipeg Foundation, Interlake School Division/Sunova Credit Union gold medals, Johannesen, Ella Mae Emms Family
KYRA SHEWCHUK	Interlake School Division/Sunova Credit Union gold medals, EPR Stonewall, Ronald & Jessie Matthewson - The Winnipeg Foundation
LOREN PROVEN	Interlake Community Foundation, Interlake School Division/Sunova Credit Union gold medals, Interlake Association of Non-Teaching Employees, Bryan Lefley Memorial, Ronald & Jessie Matthewson - The Winnipeg Foundation
MARYLINE ROULIN	Interlake School Division/Sunova Credit Union gold medals, Johannesen, Ella Mae Emms Family
RALPH PAGUIO	Interlake School Division/Sunova Credit Union gold medals, Stonewall Royal Cdn Legion Branch #52, Ronald & Jessie Matthewson - The Winnipeg Foundation
SARAH FINES	Bryan Lefley Memorial, Interlake School Division/Sunova Credit Union gold medals, Ronald & Jessie Matthewson - The Winnipeg Foundation, Beck Family - Interlake Community Foundation, Stonewall Royal Cdn Legion Ladies Auxiliary, James Family Memorial - The Winnipeg Foundation
SCOTT YEO	Beck Family - Interlake Community Foundation, Stonewall Royal Cdn Legion Branch #52
SETH MCMAHON	Stony Mountain Stonewall Masonic Lodge, Stonewall & District Lions Club
SHAE MULVIHILL	Governor General's Academic Medal, ISD General Proficiency, University of Manitoba Chown Scholarship, Campbell, William M.A. (Bill) Memorial - The Winnipeg Foundation, One Insurance/Wawanesa Insurance, Rockwood Festival of the Arts, Interlake School Division/Sunova Credit Union gold medals, Ronald E. & Jessie Matthewson - Music - The Winnipeg Foundation
ZACK HOSSACK	Hannah Steinke Memorial
RUDI HOUGH	Cosens, Keith A. Memorial - The Winnipeg Foundation, Interlake Teachers Association
SETH MANDRYK	Interlake Teachers Association





SCI's 33 female graduates at the 107th class this past Saturday.



TRIBUNE PHOTO BY KAYLIN MCCULLOUGH  
Phillies fastpitch players pictured left to right, Loren Proven, Hanna Marshall, Sarah Fines and Kyra Shewchuk.



Graduates waiting patiently for the ceremony to start. Pictured left to right, Seth Mandryk, Colby Makowski, Aaron Loewen and Laine Lecoq.



So much to celebrate in 2018 for graduates. Pictured left to right, Rudi Hough, Reese Chop, Ashton Wallack and Mia Saj.



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GRAD of 2018

On behalf of the residents of the RM of Rockwood, Council congratulates the graduating class of 2018. Best wishes on your future endeavours.

Reeve & Council  
RM of Rockwood



Congratulations on your outstanding achievements!

Best wishes for your continued success.

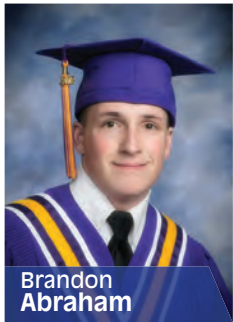


Mayor & Council  
Town of Stonewall

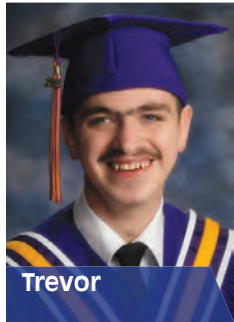


STONEWALL COLLEGIATE INSTITUTE

GRADUATION 2018



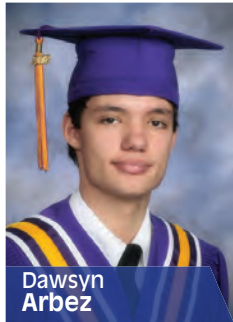
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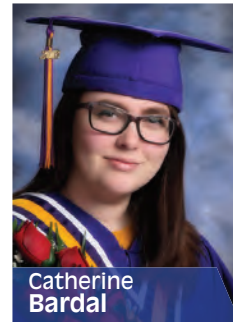
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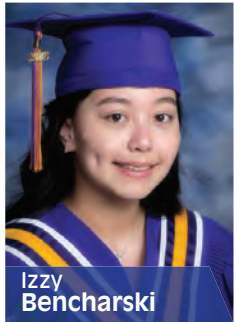
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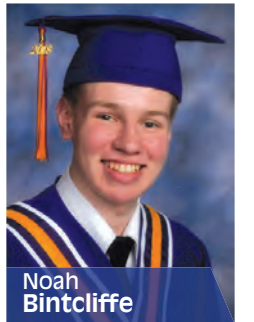
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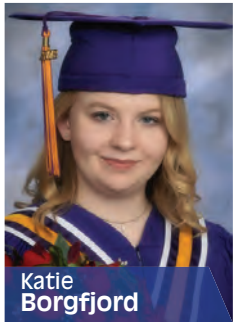
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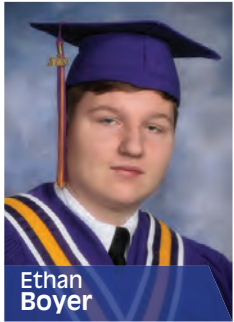
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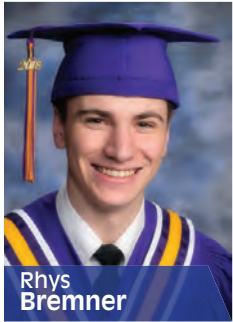
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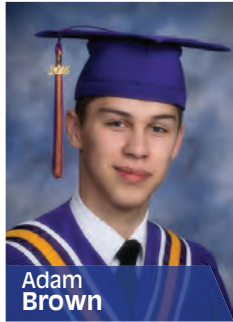
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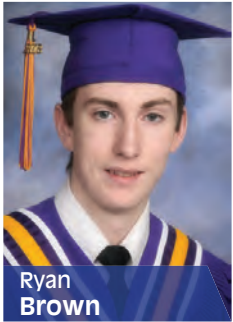
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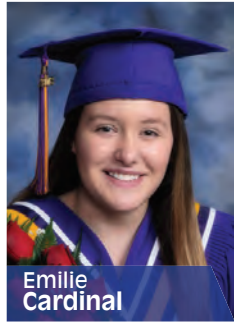
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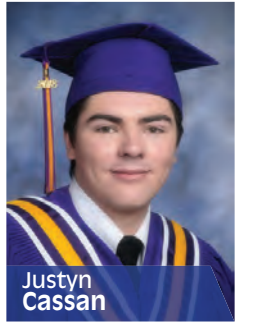
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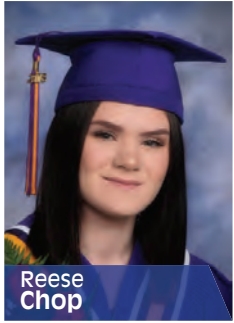
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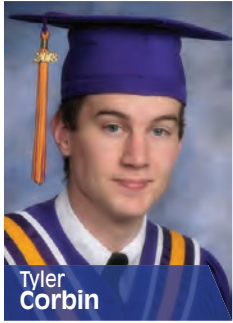
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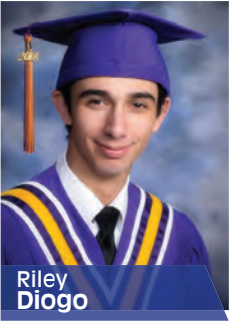
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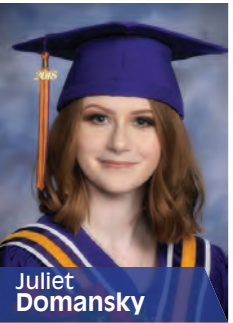
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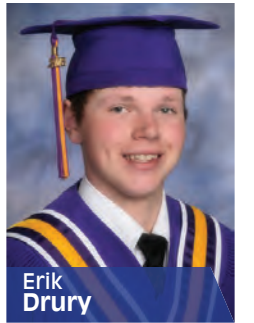
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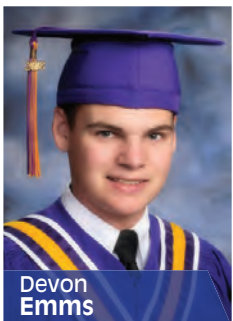
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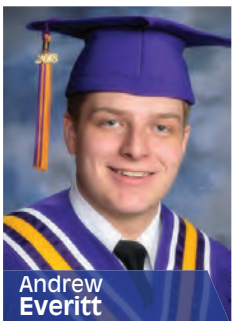
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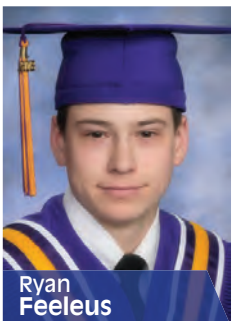
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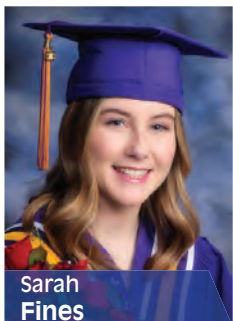
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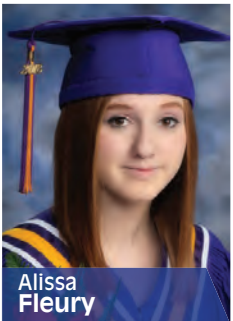
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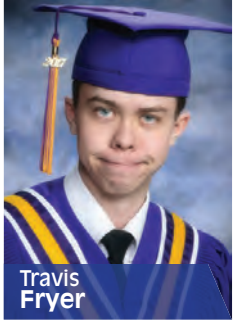
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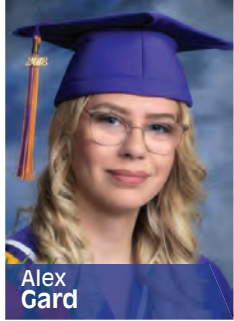
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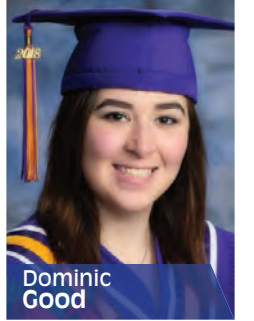
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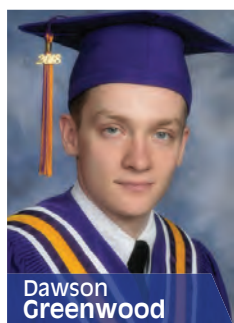
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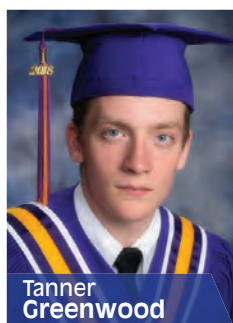
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Logan  
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Dawson  
Greenwood



Tanner  
Greenwood

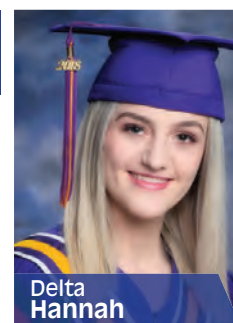


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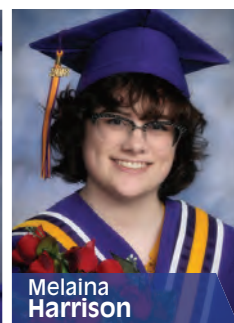


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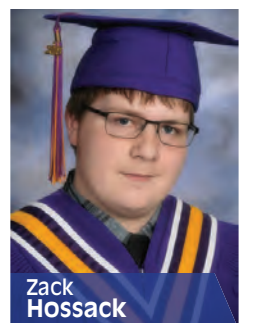
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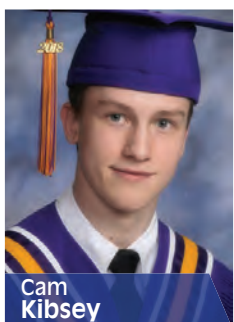
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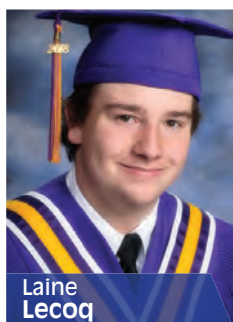
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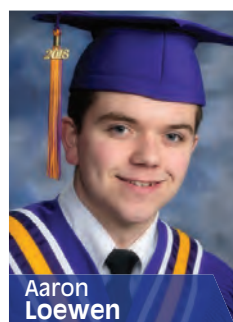
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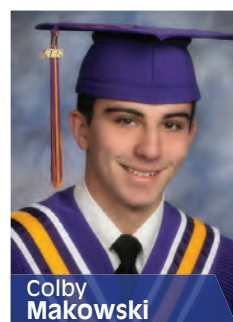
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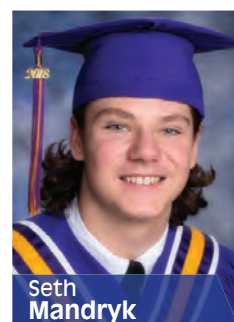
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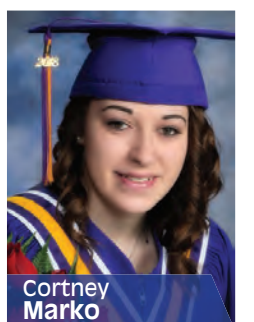
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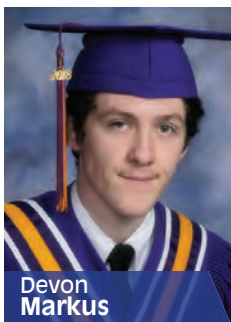


Cortney  
Marko



Extra graduation sections may be picked up at the Tribune office.





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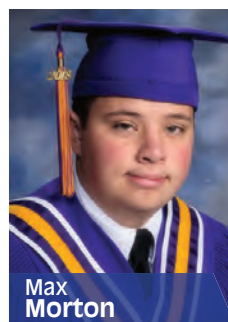
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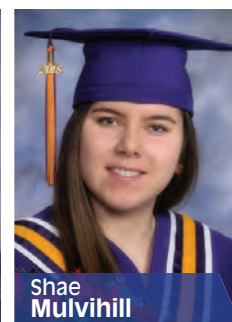
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Max Morton



Caitlin Muir



Shae Mulvihill

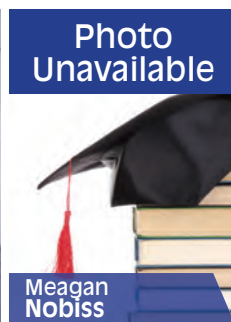


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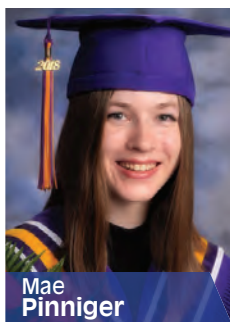
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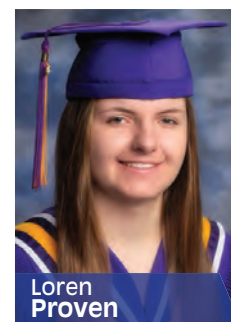
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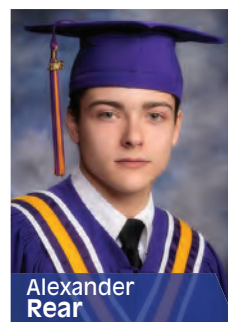
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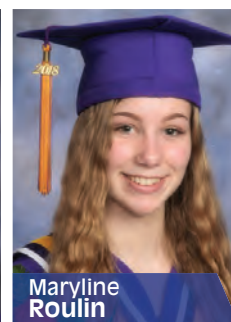
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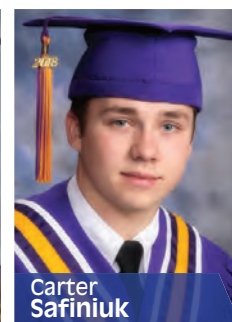
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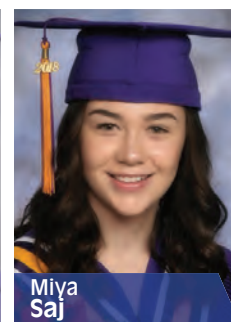
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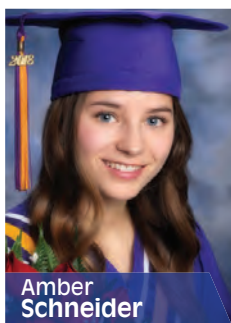
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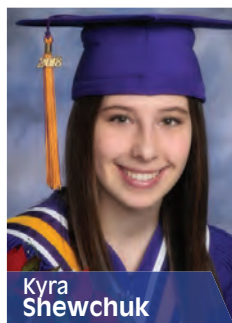
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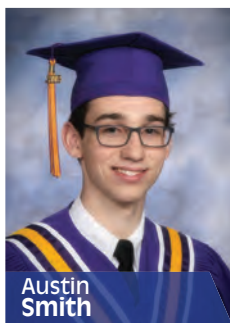
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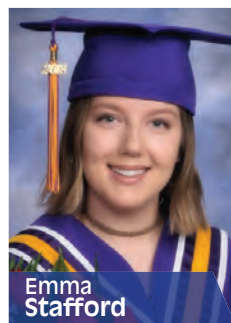
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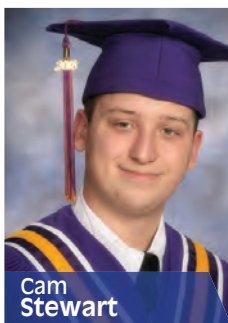
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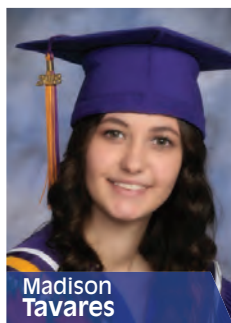
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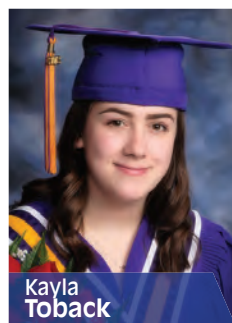
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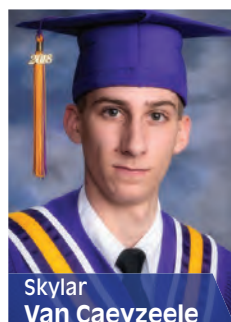
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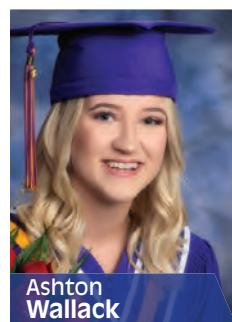
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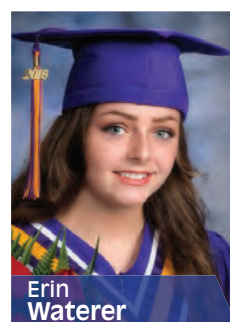
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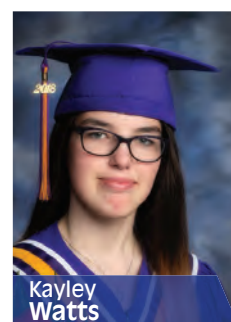
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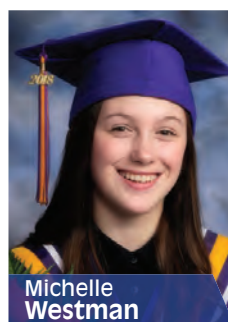
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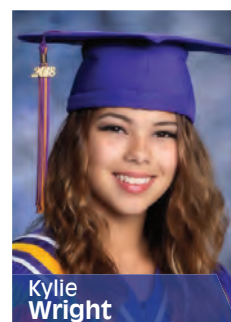
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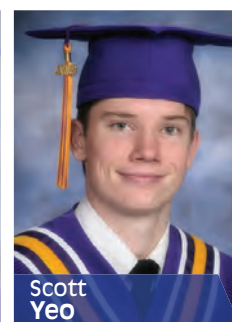
Kayley Watts



Michelle Westman



Kylie Wright



Scott Yeo



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# Warren students reflect on past, think about future

By Caitlyn Gowriluk

The Sunova Arena was packed with people celebrating the 38 students who graduated from Warren Collegiate on Monday.

As principal Laura Perrella welcomed the crowd to the ceremony, she reflected on all the different paths the graduating students had planned to take after high school. Perrella said she began to reminisce about a song from her childhood that she felt summed up the spirit of this year's graduating class.

"Good old Frank Sinatra kept visiting me over the last few weeks, repeating his words: 'I've travelled each and every highway/But more, much more than this/I did it my way,'" said Perrella. "As Frank's words kept coming back to me, I realized that that is the culture, the character, of this class: I did it my way. Grads, you more than any other year have found your own individual ways on this school journey. You didn't do what everyone else was doing so you could follow the crowd. You embraced your curiosity."

Perrella left the students with some advice to take with them as they move forward into the next step in their lives.

"Take the time to celebrate your journey. Not only your accomplishments, but the path you've chosen to take. Share your curiosity and interests with others. They don't need to follow you, but they can learn from your path," said Perrella. "In life, we can get caught up in our own journeys, have our heads down, and be focusing solely on our own goals and obstacles. Remember to lift up your head and notice the person beside you, so we can help others celebrate their accomplishments, and lend a hand when they need support."

Warren Collegiate class valedictorians Makayla Baldwin and Matthew Fossay used their speech to thank the people who had helped them get to where they are today.

"Our parents are the people who we have looked up to since we were born. They raised us to be kind, generous and confident young adults, and without them, we would not be here today," said Baldwin, who received nine awards at the convocation ceremony, including an Interlake School Division Sunova Credit Union Medal of Excellence, the Interlake School Division Outstanding School Service Award and the Governor General's Academic Medal.

"They've supported our hopes and



Warren Collegiate valedictorians Makayla Baldwin and Matthew Fossay delivered a speech to their classmates.

dreams since the beginning, and have always stood by us when we've decided to change our minds. Saying all this, we know they will continue to be our greatest fans in whatever path we choose next," Baldwin said.

The valedictorians also reflected on the years they had spent together at school.

"Looking back, I think we all remember that feeling we had when we first stepped through those doors into a place that seemed so much bigger than it does now. Maybe it's because of all the growing up we did inside its walls. Over time, WCI changed from a scary, overwhelming place to a home," said Fossay, who received nine awards at the ceremony, including an Interlake School Division Sunova Credit Union Medal of Excellence.

"There have been challenges that we have had to hurdle over, some people jumping a little better than others. Although we overcame those challenges, the lessons they have given will stay with us forever. It's our experience in and around this school that have shaped us into the people we are today, and will continue shaping us throughout the next chapter in our lives," Fossay said.

Students in this year's graduating class received a total of over 50 awards. Meghan Sholdice and Nicolas Catton-Purvis also received Interlake School Division Sunova Credit Union Medals of Excellence at the ceremony. Rebecca Myskiw received this year's Interlake School Division General Proficiency Award.



TRIBUNE PHOTO BY CAITLYN GOWRILUK

Thirty-eight students graduated from Warren Collegiate at this year's convocation ceremony on June 25.



Rebecca Myskiw received the Interlake School Division General Proficiency Award.



Class valedictorian Makayla Baldwin poses with some of the awards she received at the convocation including an Interlake School Division Sunova Credit Union Medal of Excellence, the Interlake School Division Outstanding School Service Award and the Governor General's Academic Medal.



Warren Collegiate seniors, left to right, Nicolas Catton-Purvis, Matthew Fossay, Meghan Sholdice and Makayla Baldwin received Interlake School Division Sunova Credit Union Medals of Excellence for achieving an academic average of 90 per cent or higher for the 2017-2018 academic year.





WCI graduates received letters they had written to themselves years ago to read on graduation day.

WCI Graduation Awards & Bursaries

JAYDEN ALLARY Warren Collegiate Hockey Bursary  
BRYNN ARKSEY CDC Leadership Award, Myra Langrell Scholarship, Warren United Church  
MAKAYLA BALDWIN Makayla Baldwin, Chown Centennial Entrance Scholarship U of M, James Family Scholarship, U of M Queen Elizabeth II Entrance Scholarship, WCI 2018 Schulich Leader Nominee, William & Francis Dutka Memorial Scholarship, Woodlands Hall Board, ISD Sunova Credit Union Medals of Academic Excellence, ISD Outstanding School Service Award  
RAMONA CARRIERE Ben & Marjorie King Memorial Bursary  
NICOLAS CATTON-PURVIS Interlake Teachers Association Scholarship, Michael Lindell Memorial Bursary, University of Saskatchewan Entrance Scholarship, William M. A. Campbell Memorial Scholarship, ISD Sunova Credit Union Medals of Academic Excellence  
GABRIEL FERCHUK Michael Lindell Memorial Bursary  
MATTHEW FOSSAY Agriculture and Food Sciences Centennial Entrance Scholarship, Betsy Elskamp Memorial Scholarship, Manitoba Pool Sub-District 802 Memorial Bursary, Marquette Consumers Co-op, Myra Langrell Scholarship, Red River Exhibition Farm Family of the Year, UofM Guertin Centennial Entrance Scholarship, Warren Collegiate Hockey Bursary, ISD Sunova Credit Union Medals of Academic Excellence  
WHYATT HAGEN Ben Elskamp Memorial Scholarship  
KELSEY HENRY Interlake Community Foundation  
AUSTIN HOLOD Grosse Isle Woman's Institute Award, Merit Contractors Association of Manitoba Scholarship, Warren Herizon & District Lions Club  
TREY KING CDC Trades Scholarship Award, Travis Price Hockey Bursary  
BRET LACOMBE Woodlands Ladies Auxiliary to the Legion  
REBECCA MYSKIW ISD General Proficiency Award, Warren & District Lions Club, Marquette Consumers Co-op Employee Scholarship, One Insurance/Wawanesa Insurance Bursary, Walter Malazdrewich Memorial Award, Woodlands District Wildlife Association  
GISSELLE PASHE Lake Francis Community Centre Award  
KENNADY REMILLARD Lifetouch Scholarship, Warren & District Lions Club, WCI Student Council Grad Bursary  
MEGHAN SCHOLDICE Ben & Marjorie King Memorial Scholarship, Meadow Lea Community Centre, Meadow Lea United Church, ISD Sunova Credit Union Medals of Academic Excellence  
ALERIK SZCZEPANIK Stony Mountain & Stonewall Masonic Lodge  
REBECCA VAN HULLE Marquette Consumers Co-op  
FAITH WITT Caisse Groupe Financier, Interlake Community Foundation, RM of Woodlands



Kennady Remillard crosses the threshold of a decorative arch after receiving her diploma.



Rebecca Myskiw, left, and Tyler Findlay performed a rendition of Green Day's "Good Riddance (Time of Your Life)" accompanied by teacher Kendra Obach.



Ryenn Lobb makes some last-minute adjustments in the mirror.



Meghan Sholdice waiting to hear her name being called during the ceremony.



Alexia Gentes, left, helps a classmate with her cap and gown.



Graduate Gisselle Pashe cuddles with her three week old rottweiler.

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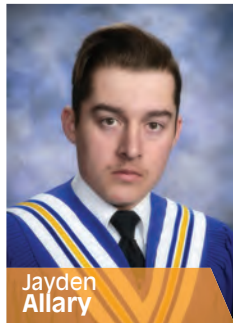
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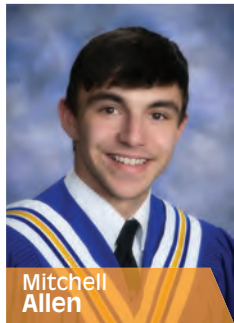


**WARREN COLLEGIATE INSTITUTE**

**GRADUATION 2018**



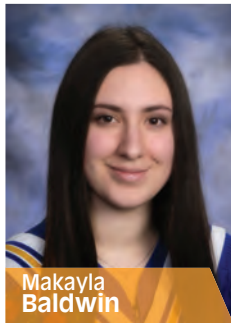
Jayden Allary



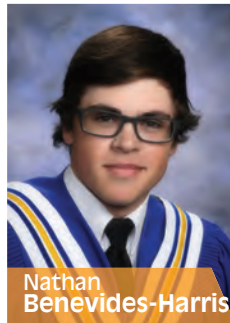
Mitchell Allen



Brynn Arksey



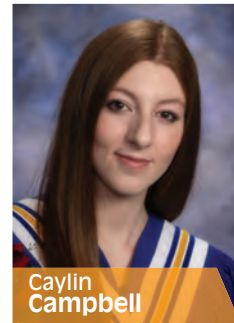
Makayla Baldwin



Nathan Benevides-Harris



Riley Blowers



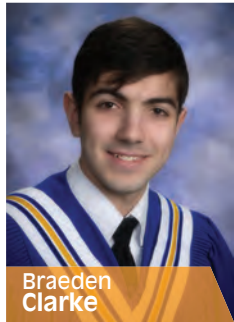
Caylin Campbell



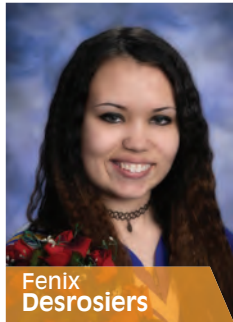
Ramona Carriere



Nicolas Catton-Purvis



Braeden Clarke



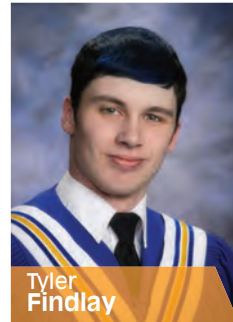
Fenix Desrosiers



Zackary Enright



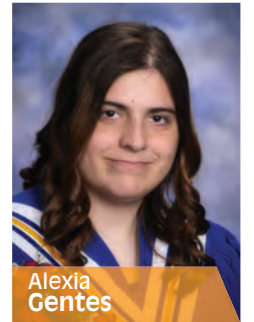
Gabriel Ferchuk



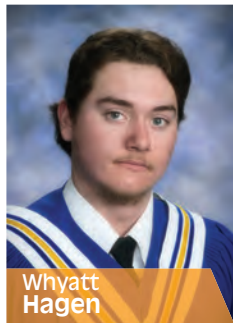
Tyler Findlay



Matthew Fossay



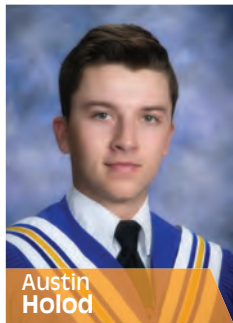
Alexia Gentes



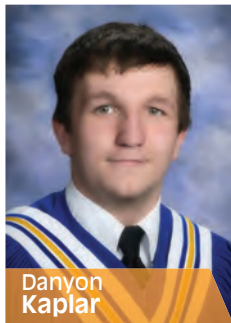
Whyatt Hagen



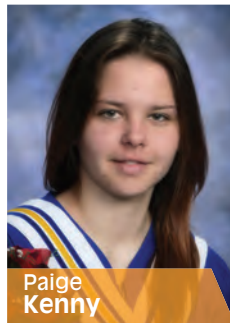
Kelsey Henry



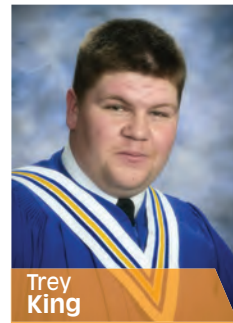
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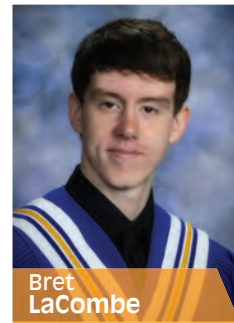
Danyon Kaplar



Paige Kenny



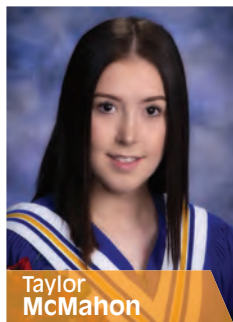
Trey King



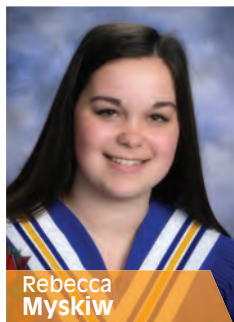
Bret LaCombe



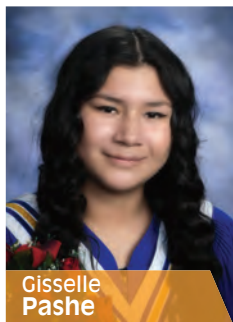
Ryenn Lobb



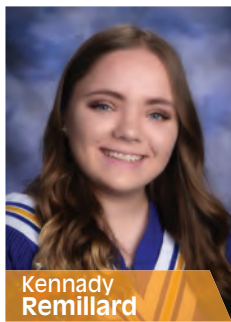
Taylor McMahon



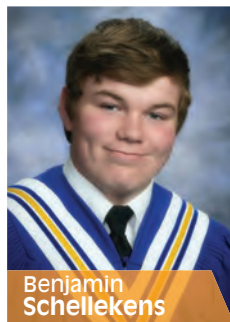
Rebecca Myskiw



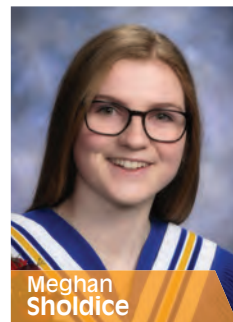
Gisselle Pashe



Kennady Remillard



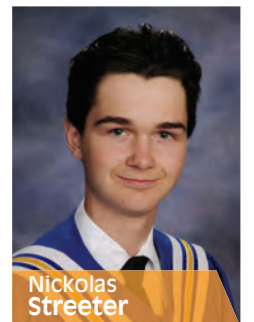
Benjamin Schellekens



Meghan Sholdice



Donna-Joe Smith



Nickolas Streeter



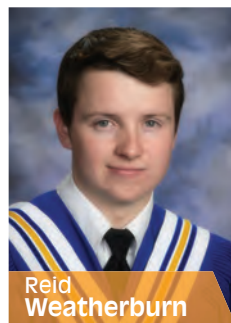
Alerik Szczepanik



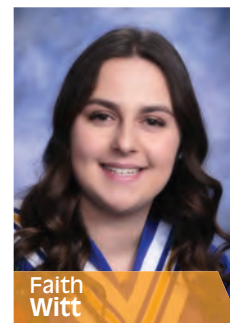
Aurora Timchuk



Rebecca Van Hulle



Reid Weatherburn



Faith Witt



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Congratulations Graduates!  
On behalf of the residents  
of the Rural Municipality of  
Woodlands, Council extends  
congratulations to the  
Class of 2018.

As you begin this  
new chapter of your life,  
we wish you much success,  
luck and happiness.

Reeve & Council  
Rural Municipality of Woodlands

Extra graduation sections may be picked up at the Tribune office.



# Students share fond memories at graduation

By Caitlyn Gowriluk

After spending 13 years together, this year's graduating class at Teulon Collegiate got a special surprise at their convocation ceremony last Friday: a visit from their kindergarten teacher, Karen Rasmussen-Oke.

For years, Rasmussen-Oke said she had hoped for the chance to teach kindergarten. And in 2005 — the year the graduating class started school — she finally got it.

"As your first teacher, I want to congratulate each one of you. This is a wonderful accomplishment," said Rasmussen-Oke to the graduates. "I'm just so proud and quite emotional."

Over the years, Rasmussen-Oke said she had the opportunity to keep in touch with some of her former kindergarten students.

"That was very special to me, to be able to follow some of their journeys," she said.

Rasmussen-Oke presented a scholarship in memory of her late husband, Rev. Dr. Barry Rasmussen. While the award is usually given to one student, the scholarship's points-based system resulted in a tie this year, and the award was split between two of Rasmussen-Oke's former kindergarten students: Curtis Johnston and Christine Kilpatrick.

"I remember your enthusiasm, your energy," said Rasmussen-Oke. "You all tried your very best every day. All of you have grown in so many ways to be here today."

The award was one of 45 given to graduating students

at the ceremony, with nearly \$130,000 in scholarships and bursaries awarded to this year's graduating class.

The convocation began with a rose ceremony, where each graduate had the opportunity to give a rose to someone — a parent, a grandparent, a friend — who had helped them along the way.

Christine Kilpatrick — who was the recipient of 17 awards at the ceremony, including the Interlake School Division General Proficiency Award and the Governor General's Bronze Medal — stepped to the podium to explain the ceremony to the audience as the graduates moved across the room to distribute their roses.

"The rose ceremony is about recognizing the special people in our lives that helped to get us here today. These people helped us by feeding us, buying us school supplies, helping with homework, and helping us with the challenges that come with growing up," said Kilpatrick. "We can't ever repay them for what they have given us, but we can try. And we can start with a rose."

Kilpatrick — along with classmate Skylar Botham — was also one of two students to graduate with distinction (which denotes a student with an average over 90 per cent from Grade 9 to 12). Mikal Chobotar, Aaron Dyrda, Curtis Johnson, Samantha Morin, Samara Osnach, Cody Salkeld, Emily Taylor and Jazmin Wallbank graduated with honours (which denotes an average over 80 per cent from Grade 9 to 12).



TRIBUNE PHOTOS BY CAITLYN GOWRILUK

Students receive awards for academic achievement at the Teulon graduating ceremony on June 22.



Samantha Morin receives the John H. MacArthur Loran Award.

This year's valedictorian address was delivered by Aaron Dyrda and Samantha Morin, who talked about some of the memories they shared with their classmates over the



Christine Kilpatrick explains the significance of the rose ceremony.

years. Dyrda received seven awards at the ceremony, including the Hogg Centennial Entrance Scholarship to the University of Manitoba. Morin received nine awards,



Teulon Collegiate valedictorians Samantha Morin and Aaron Dyrda give their address.

including the John H. MacArthur Loran Award.

Twenty-four students graduated from Teulon Collegiate at this year's convocation.

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Graduating students at Teulon Collegiate wait until it's time to get ready for their convocation ceremony.



Teulon Collegiate valedictorian Samantha Morin shares a laugh with her former kindergarten teacher Karen Rasmussen-Oke.



Teulon Collegiate graduate Eric Taylor, right, reflects as class valedictorians Samantha Morin, left, and Aaron Dyrda, centre, chat before the convocation ceremony.



Grads make their way to the school gymnasium.



Graduates admire their corsages.



**TRIBUNE PHOTOS BY CAITLYN GOWRILUK**  
Eric Taylor receives his high school diploma from Darth Vader.

## Congrats to the Colony Students

### CONCORD

Alex Stephen Kleinsasser  
Hadassah Rachel Kleinsasser  
Jerome Brent Kleinsasser  
Rebecca Joy Kleinsasser

### MALLARD

Sarantha Esther Hofer

### NEW HAVEN

Jonas Rylan Wollmann  
Jennifer Kathleen Wollmann  
Colleen Sarah Wollmann

### PRAIRIE BLOSSOM


Gladys Loreena Maendel  
Jolene Judith Maendel  
Tamara Rebecca Maendel

### ROCK LAKE


Elaine Karen Gross  
Nathan Leonard Gross  
Elizabeth Annie Hofer



Samantha Morin, left, and Jazmin Wallbank, right, pose together before their convocation ceremony.


  
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from  
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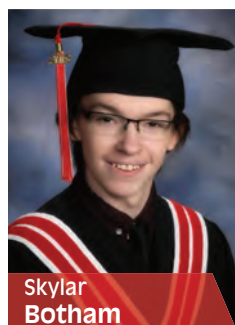
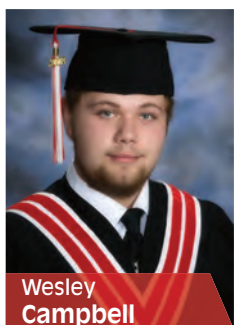
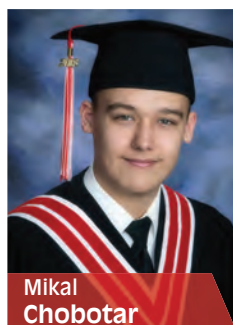
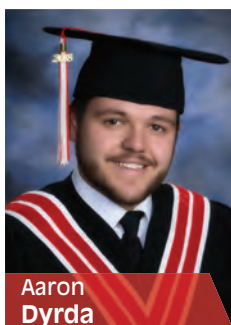
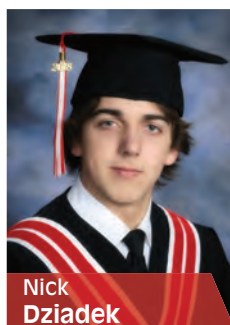
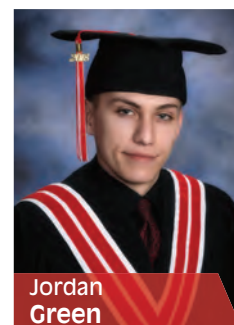
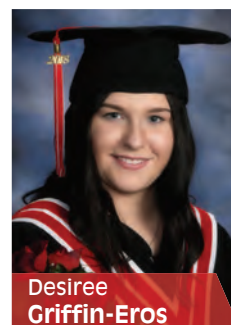
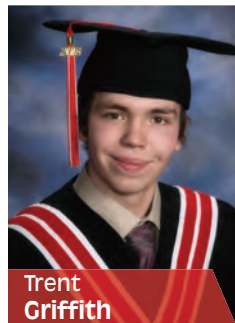
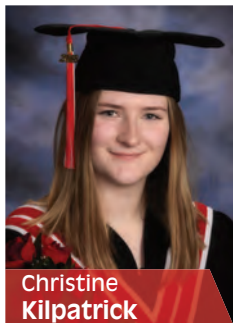
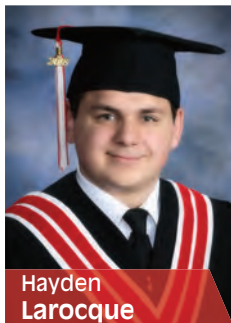
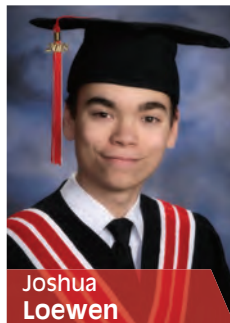
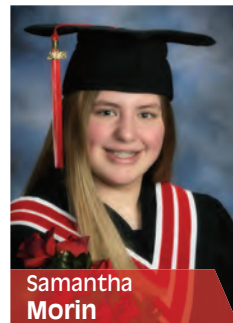
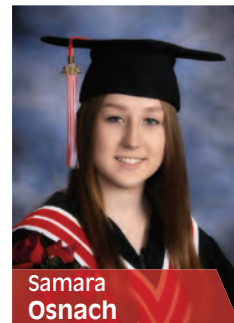
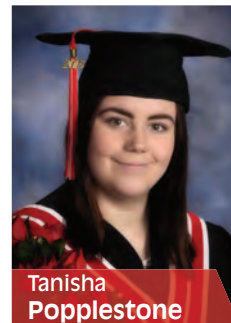
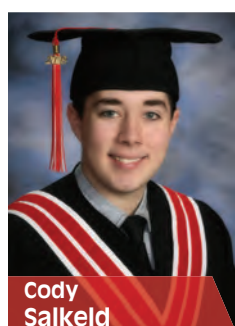
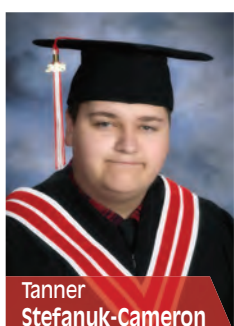
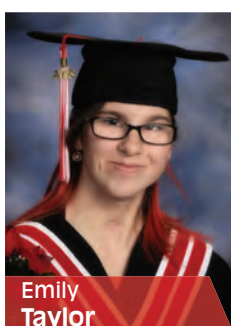
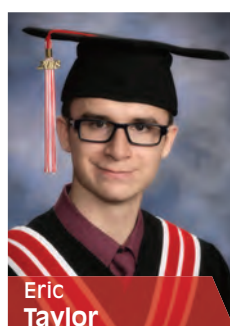
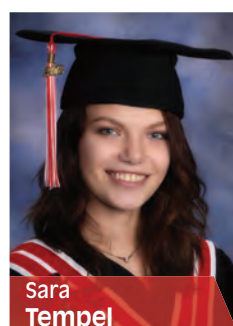
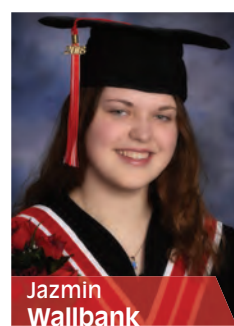
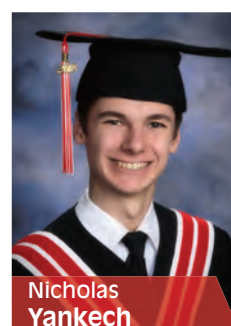
 **GRAD  
of 2018**

On behalf of the residents of the  
RM of Rockwood, Council congratulates  
the graduating class of 2018.  
Best wishes on your future endeavours.

Reeve & Council  
RM of Rockwood





Skylar  
BothamWesley  
CampbellMikal  
ChobotarAaron  
DyrdaNick  
DziadekCole  
GoodJordan  
GreenDesiree  
Griffin-ErosTrent  
GriffithCurtis  
JohnstonChristine  
KilpatrickHayden  
LarocqueJoshua  
LoewenSamantha  
MorinSamara  
OsnachTanisha  
PopplestoneCody  
SalkeldTanner  
Stefanuk-CameronRiley  
StrongEmily  
TaylorEric  
TaylorSara  
TempelJazmin  
WallbankNicholas  
Yankech

## Teulon Collegiate Scholarships, Awards and Bursaries

CHRISTINE KILPATRICK	Interlake School Division General Proficiency Award, Chown Centennial Scholarship, I.S.D. Excellence Awards, TCI Culture and School Service Awards, Rev. Dr. Barry Rasmussen Memorial Bursary, William Dychuk Memorial Bursary, TCI Principal's Scholarship, Chris Chartrand Memorial Scholarship, Janet Kuchma Leadership Award, Ducks Unlimited Bursary, 2018 Manitoba 4-H Council Scholarship, Interlake Community Foundation Leadership Awards, Interlake Bus Drivers' Association Award, 4-H Teulon District Scholarship, Guertin Centennial Entrance Scholarship, One Insurance Community Engagement Bursary
CURTIS JOHNSTON	Rev. Dr. Barry Rasmussen Memorial Bursary, Manitoba Canola Growers Scholarship, Agriculture and Food Sciences Centennial Entrance Scholarship, John & Ona Schellenberg Bursary Award, 4H Teulon District Scholarship
SAMANTHA MORIN	Teulon And District Metis Association Busary, Lifetouch Citizenship Scholarship, Student Coach of the Year, TCI Culture and School Service Awards, Interlake Teacher's Association Scholarship, TCI Principal's Scholarship, Interlake Community Foundation Leadership Awards, Town of Teulon Award
DESIREE GRIFFIN-EROS	Town of Teulon Award, Teulon And District Metis Association Busary, Teulon Chamber of Commerce Scholarship, Dr. Goodwin Memorial Scholarship
EMILY TAYLOR	Doug McDonnell Memorial Bursary, Michael Ferley Bursary, Barry McMahon Memorial Bursary
JAZMIN WALLBANK	Teulon And District Metis Association Busary, I.A.N.T.E. Scholarship, TADD Manitoba Student Leading Change Scholarship, William Dychuk Memorial Bursary
SAMARA OSNACH	Hunter-Cumming Scholarship, TCI Alumni Scholarship, I.S.D. Excellence Awards
JAZMIN WALLBANK	Royal Canadian Legion Branch # 52 Award
SKYLAR BOTHAM	Walter Malazdrewich Memorial Bursary, I.S.D. Excellence Awards
COLE GOOD	Teulon And District Metis Association Busary
AARON DYRDA	William M.A. Campbell Memorial Award, Merit Contractors Association of Manitoba Scholarship, Vidir Machine Inc. Scholarship, Interlake Community Foundation Leadership Awards, Interlake Bus Drivers' Association Award, Lorne Ferley Scholarship,

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**CONGRATULATIONS TO ALL THE 2018 GRADUATES!**