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Beating the heat

TRIBUNE PHOTO BY BREANNA PERRON

Last Saturday, temperatures reached 27 degrees C. as Hazel Perron enjoyed opening day at the Kinsmen Lake Splash Pad in Stonewall. It was perfect weather for a day of excitement under the sun.

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Local storm-chaser tracks tornado

By Jennifer McFee

A local storm-chaser experienced a day to remember last Wednesday while many Manitoba communities were under a tornado warning.

Ethan Caners of Stony Mountain had been tracking the storm and keeping an eye on forecasts, which prompted tornado warnings in municipalities including Morden, Winkler, Stanley, Victoria, Glenboro-South Cypress, North Cypress-Langford, Oakland-Wawanesa, Neepawa, Carberry and Lorne.

On Wednesday, June 12, he picked up fellow storm-chaser Bradyon Morrisseau from the airport to begin their pursuit.

"He's Canada's best chaser, in my opinion," Caners said. "We tag-teamed together."

They drove to Portage la Prairie and picked up another chaser, Jordan Carruthers, as well as a friend named Ethan Haggard also came along for the experience.

"We got on one storm that we saw form on the Saskatchewan border and then we kept following it. We followed that individual cell for about 2.5 hours," said Caners, who has been chasing storms across Canada and the

United States for the past two years.

"It produced four tornadoes while we were following it. The first three tornadoes all spawned almost simultaneously with each other near Rivers, Manitoba, but the main one spawned in Swan Lake."

The tornadoes in Rivers were relatively weak, he said, but that wasn't the case for the system in Swan Lake.

"The one in Swan Lake did some damage. That one was a little scary for me since my sister lives in Swan Lake right now, so I was on the phone with her, giving her updates, telling her to get downstairs and making sure she was OK," he said.

"It mainly damaged the powwow stadium in Swan Lake. It also hit a barn northwest of Swan Lake, which we heard about later."

In an effort to keep safe, Caners said they mainly rely on visual cues.

"You watch how the storm is moving, and you position yourself in a good area. You make sure you have escape options if you need," he said.

"We maintained a safe distance from this one because we realized that this could be a strong tornado."

Beyond the local storms, Caners also keeps an eye on tornadoes throughout the United States. Several weeks ago, he chased a tornado in North Dakota. And earlier in the year, he chased a high-risk tornado in Oklahoma, where he also spent about eight hours helping with search-and-rescue efforts amid the destruction.

But when he reflects on all the storms he's seen, last week's tornadoes top the charts for Caners — and he expects another tornado could be on its way to Manitoba before long.

"It was probably the best day we've



TRIBUNE PHOTOS BY ETHAN CANERS

Ethan Caners of Stony Mountain saw tornadoes in Rivers and Swan Lake on June 12. The storm system caused damage to the powwow grounds in Swan Lake.

had so far ever," he said. "I think I'll be chasing Manitoba again soon."

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Rosser council news in brief

By Jennifer McFee

The RM of Rosser will provide charitable donations or grants to a dozen groups in 2024.

The funds will go to Association for Community Living Interlake (\$4,500), Community Re-Source Network (\$4,000), Interlake Community Foundation (\$5,500), Northern Lites Snowmobile Club (\$2,000), Rockwood Festival of the Arts (\$500), South Interlake 55 Plus (\$2,500), South Interlake (Rockwood) Ag Society (\$8,000), South West District Palliative Care (\$5,000), Vintage Locomotive Society (\$2,000), Manitoba Farm Women's Conference (\$700), Stonewall Quarry Days (\$1,000) and Stony Mountain Community Association (\$500).

IN OTHER COUNCIL NEWS:

- The City of Winnipeg requested approval to amend their biosolids program travel route to Provincial Trunk Highway 101 to Provincial Road 221, then west on 221 to Mile Road 4W. Council conditionally approved the request. The conditions include that transport trucks must reduce their speed to 30 kilometre per hour or slower from the intersection of provincial roads 221 and 236 (Dorsy Road) to the intersection of Provincial Road 221 and Meridian Road.

- Canada Post is no longer supporting the use of postal code R3C 2E6 in the RM of Rosser. Council authorized Canada Post to assign mailing addresses that are consistent with civic addresses affected and to assign new postal codes, if needed. The RM will work with Canada Post to implement civic addressing for mail delivery to the affected properties.

- Council is requesting that the Public Utilities Board review and vary the wastewater rate for the CentrePort Utility by an extra 30 cents per cubic metre in order to maintain adequate rates for the utility. The CentrePort Utility purchases wastewater service from the City of Winnipeg, which has increased its wholesale purchase rate to \$3.21 per cubic metre from the previous rate of \$2.91 per cubic metre. Council also passed first reading of a bylaw to establish water and wastewater rates within the CentrePort Utility.

- The RM of Rosser will donate \$200 worth of gift cards to the Association of Rural Municipalities' 25th annual charity golf tournament on Aug. 1.

Continued on page 6

get informed

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS

Refraction, reflection, and diffraction



TRIBUNE PHOTO BY LANA MEIER

Spectators enjoyed a double rainbow last Wednesday at the Interlake Jr. Jays game against the Pembina Valley Orioles. The game started in the rain but by the third inning the sun came out making for a beautiful evening. A single rainbow is an optical illusion created by the reflection, refraction, and dispersion of light through the prism of a water drop. When sunlight emerges through the clouds following a rainstorm, that light hits the water drops that are still floating or falling through the sky. Some of the sunlight is reflected right away, but some of it enters the water drop and as it does, it is refracted at the surface. When this light hits the back of the raindrop, it bounces back and once again leaves the raindrop. Only now, the light has been separated into its individual color frequencies. The result is a rainbow of color that exits the raindrop. The temperature was a low of 9 degrees C. and a high of 21 degrees C. Help the Tribune record the temperature and record the history. Email your friends and family enjoying the outdoors to: news@stonewallteulontribune.ca



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Balmoral chef in Top 5 for Favorite Chef competition

By Becca Myskiw

A Balmoral native is in the race to become Carla Hall's Favorite Chef.

The Favorite Chef competition is heating up, and Balmoral's own Darwin Peters is at the front of the pack. The competition invites chefs across North America to compete for a \$25,000 prize, a two-page Taste of Home Magazine advertorial, and the chance to cook with renowned chef and TV personality Carla Hall.

The annual competition is run by Colossal, an American-based charity-supporting business. It raises money for the James Beard Foundation, which provides resources and initiatives like mentorships, leadership programs, and advocacy for America's food and beverage professionals. Over the years, the competition has raised more than \$4.7 million for the foundation through paid votes and donations.

When Chef Peters heard about the competition, he thought he'd sign

up for fun. A couple of weeks later, out of 61 chefs, Peters was second in his group and moving onto the Top 10, something he didn't think would happen.

Peters has loved cooking since he was young. His first introduction to the kitchen was spending time with his grandma baking cookies. Helping his grandma roll cookie dough quickly turned into helping his mom make school lunches, and then he made them himself.

As he grew up, Peters became involved with anything related to food. For him, that meant baking a delicious chicken Parmesan in 4-H, taking home economics classes in high school, and eventually applying to and taking Red River College Polytech's culinary arts program.

"There were some bumps along the way and you heard the dropout rate was 50 per cent, which ended up being true, but I had the drive and the passion to continue," he said.



TRIBUNE PHOTOS SUBMITTED

Chef Darwin Peters from Balmoral, is in the Top 5 of the Favorite Chef competition. If he wins, he'll receive \$25K, a chance to cook with renowned TV chef Carla Hall, and a feature in Taste of Home Magazine.

So, he persevered. He continued to cook at the Notre Dame campus, learning from chefs of all kinds and backgrounds, honing his knife skills, and doing his best to make no mistakes. His biggest challenge in college was grading. Peters had never been an A+ student, but in the culinary program, he set goals to ensure he wasn't settling.

"Criticism is sometimes hard to

take, and sometimes might not be constructive, but I hold myself accountable to always do better," said the near 34-year-old.

He said in the culinary world, negativity is common, and it can be hard to be confident, so he tries to actively remind himself he's gotten this far for a reason. After college, Peters moved

Continued on page 13

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Teulon's 2024 financial plan outlines projects and priorities

By Jennifer McFee

Teulon ratepayers will pay an overall 5.23 per cent tax increase in 2024, made up of a school tax increase of 7.56 per cent and a municipal tax increase of 3.51 per cent.

A house with a total assessed value of approximately \$220,000 will pay about \$2,560 in property taxes in the Town of Teulon in 2024.

The bulk of the \$2.4-million operating budget will go towards general government services (22%), recreation and cultural services (22%) and protective services (18%), followed by transportation services (12%), environmental health services (7%) and reserve transfers (4%). Smaller amounts will go towards economic development services (1%), environmental development services (0.7%), public health and welfare services (0.2%) and allowance for tax assets (0.1%).

This year, the municipality plans to transfer \$251,280 from various reserve funds to help pay for local projects, including \$100,000 from the gas tax reserve towards paving Second Street SE and \$30,000 from the general reserve for an outdoor recreation project.

Other reserve transfers will go towards a Bobcat utility vehicle (\$25,680), hall assessment and plans (\$17,500), park improvements (\$17,200), arena plant conversion and roof issue (\$16,500) and office technology (\$13,900). In addition, funds will go towards trees and shrubs at the park and campground (\$10,000), tools (\$5,000), Main Street South work (\$5,000), town merchandise (\$5,000), a new crosswalk (\$2,000), railway bridge removal (\$2,000) and roof repairs at the Seniors Resource Centre (\$1,500).

Another highlight of the 2024 budget is \$6,000 towards purchasing Connect, a mass notification system that will allow the town to communicate important information to residents.

This year, Teulon will also launch a tree-planting program. To start, the town will plant four American true north linden, one American linden and six American mountain ash trees

near ball diamond No. 11. The second line of trees will be located near soccer pitch No. 6 with five showy mountain ash, one American true north linden and four American mountain ash. In addition, two starlite flowering crabapple trees will be planted 15 feet from South Gravel Road at the horse barn. The goal is that trees will provide shade and wind protection, capture storm water runoff and improve air filtration, and to maintain the Park for future generations. The trees are provided by the Government of Manitoba's 2 Billion Trees Program (more information available at <https://manitoba.ca/nrnd/forest/2-billion-trees/index.html>). This initiative is in place until 2031, so Teulon is considering options for continued participation.

Looking ahead, the town also aims to improve public engagement. The public will be invited to provide opinions and input on various topics, such as the future development of Green Acres Park and public spaces, as well as the development of the town's economic vision and strategic goals. Stay tuned for more information.

In addition, the Town of Teulon will be updating its development

plan and zoning bylaws. Residents will have the chance to share their thoughts through upcoming events and surveys.

Council passed second and third readings of a bylaw to establish the 2024 tax levy during their May 14 meeting. Tax payments are due by Aug. 31.

IN OTHER COUNCIL NEWS:

- Conversations continue about the walking path proposed by Coun. Kirt Ansell. Mayor Todd Campbell said the 2024 budget doesn't include plans for the walkway. However, this year's budget does include \$2,000 for a new signed crosswalk near the schools, although the exact location has not been finalized yet.

"We need to work collaboratively with our school division for this particular topic, but the extent of side-

walks or paths should be considered for the whole community and not just one area," Campbell said. "Safety for all areas needs to be considered. No different from street upgrades or repairs, all areas should be considered, prioritized and budgeted."

To make any decisions, Campbell said more information is needed.

"Many small communities face the same problems," he said. "Regarding a timeline, a complete plan and costs associated, including costs to maintain, will need to be presented to council for the 2025 budget deliberations."

- Council approved a \$107,319.75 quote from Maple Leaf Construction for the 2024 street paving project, which is expected to be complete by Sept. 30.

- Council approved the Teulon Rockwood Arena user guide.

AI-Anon and AA Meetings Information

Balmoral AI-Anon Family Group
Balmoral Community Hall basement
6003 E MB-236, Balmoral, MB
Contact: (204) 470-8972
Meets every Wednesday 7-8 PM
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Selkirk Red River AI-Anon Family Group
Christ Church Anglican
227 McLean St., Selkirk, MB
Contact: (204) 482-6287
Meets every Monday 7-8 PM

Teulon AA
Christian Education Building
3rd Ave. SE, Teulon, MB
Contact: (204) 461-0155
Meets every Tuesday & Friday 8-9 PM

Stonewall AA
Parochial Hall
291 1st St. W., Stonewall, MB
Contact Denis: (204) 981-7747
Donna (204) 461-0892
Meets every Sunday 7:30-8:30 PM



The Interlake Community Foundation is accepting Community Grant applications

Does your **local registered charity** need funds for **capital projects**? The ICF provides grants for projects within the areas of: Stonewall, Teulon, the R.M.s of Rockwood, Rosser and Woodlands. Grants are made **only** to organizations registered as charities with Canada Revenue Agency. Deadline to apply is **June 30, 2024**. For applications & criteria, or if you have questions: www.interlakefoundation.ca, cell: 204-467-5634, tracy@interlakefoundation.ca. Applications can be dropped off at our new office inside Something Beautiful Cafe, 307 Main Street in Stonewall. We are open most Tuesdays and Thursdays, 10am to 4pm. Please call if you would like to make an appointment.

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Jennifer McFee
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Rockwood council news in brief

By Jennifer McFee

Volunteers at Manitoba's only black bear cub rehabilitation centre will have a comfortable place to stay while providing critical care to the young animals.

Rockwood council conditionally approved a request Roger and Judy Stearns of Black Bear Rescue Manitoba to use a 980-square-foot temporary mobile home on their 10-acre property. The mobile home would provide space for volunteers who are helping with the black bear cub rehabilitation centre, which they've been operating since 2018.

"As the need for bear cub rescue has increased since we opened, we require more volunteers to assist with the care of the animals. We are happy to report that we have had great success at finding reliable volunteers who carefully follow our professional protocols for animal care and safety," stated the Stearns in their letter of intent.

"Some of the bear cubs arrive at only a few weeks old or with injuries or illnesses that require us to provide round-the-clock care for them. As a result, it is advantageous to have volunteers stay on site to help provide this critical care."

Since the centre opened, they've rescued and cared for more than 80 cubs at the Rockwood facility before

releasing them back to the wild.

"This mobile home would provide the ideal accommodation for volunteers who must help care for cubs at our centre. Additionally, since we sometimes must travel to release cubs or for personal reasons, the mobile home could provide accommodation for volunteers who are caring for the animals in our absence," states their letter of intent.

"For these reasons, we are respectfully requesting that we be able to utilize the existing mobile home on our property to help us with our bear cub rehabilitation programming."

South Interlake Planning District had no significant concerns with the request, and council granted conditional approval.

IN OTHER COUNCIL NEWS:

- A Rockwood resident requested permission to vary the minimum site width requirements for a property on Road 4E. The applicant requested to vary the minimum site width to 101.3 feet from the required 200 feet for a proposed lot. In February, council conditionally approved a subdivision that would result in the creation of a 10.485-acre yard site for an existing dwelling and a 69.015-acre agricultural parcel. One of the condi-

tions was to obtain a variation order for the site width of the proposed lot. In April, council approved a request for a minor variance for the site area of the residual lot to 69.015 acre from the required 80 acres. South Interlake Planning district had no concerns with the variance application. Council approved the request.

- A Stony Mountain resident requested to vary the minimum yard setback to build a 240-foot deck attached to their home. Their request is to vary the rear yard setback to 20 feet from the required 25 feet. South Interlake Planning District had no significant concerns with the request. Council approved the request.

- Different Stony Mountain residents requested to vary their minimum yard setback to five feet from the required 10 feet for an addition to their home. The proposed 1,020-foot addition would include a garage as well as a master bedroom and laundry. South Interlake Planning District had no concerns with the proposed addition and the variance request. Council approved the request.

- Work is underway to install the new forcemain that will serve the new Stony Mountain development, which will include a mix of residential, commercial and industrial lands.

> ROSSER COUNCIL, FROM PG. 3

- Council recently approved a quotation of \$45,000 plus tax from Oak Hammock Construction Ltd. as a sole source contract award for a project to upgrade a Road 68N between Meridian Road and Road 1E. Currently, Road 68N is classified as

a mud road. The road upgrade has been on the RM's budget for the past two years. Some work was completed several years ago on the eastern end of the mile-long section, but the western end is not yet finished. The work aims to raise the road elevation in low

areas and to improve drainage so the road is available more often. Many local farmers use this road to move equipment to fields. In addition, many Rosser residents use this road to travel between Meridian Road and Road 1E, when conditions allow.

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Stonewall council news in brief

By Jennifer McFee

The Town of Stonewall provided a number of grants to community groups, including \$500 for the South Interlake Ag Society's Ag Fair and Horse Show that took place on June 1 and 2.

Other grants went to Community Living Interlake (\$10,000), South Interlake 55 Plus (\$10,000), South Interlake Seniors Resource Council (\$8,500), Stonewall Youth Drop-In Centre (\$5,000), Interlake Community Foundation (\$7,500), Community Re-Source Network (\$10,000), REACT (\$500), Age Friendly Stonewall/Rockwood (\$500), the Heritage Committee (\$3,300), South West District Palliative Care (\$5,000), Stonewall Quarry Days (\$5,000), Communities in Bloom (\$3,400) and Rockwood Festival of the Arts (\$500).

In 2025, council will change the annual grant process to an application method. More information will be provided at a later date.

In other council news:

- Council passed second and third readings of a bylaw to regulate smoking and vaping on our near the Town of Stonewall's outdoor facilities. The regulation includes the distance from the entrance to indoor facilities.

- The July 3 council meeting is changed to July 10, and the Aug. 21 council meeting is changed to Aug. 28.

- Council accepted a \$13,336.42 quote from Wallace + Wallace to supply and install a new fence along the southern boundary of Kinsmen Lake. Engineers in charge of the 4th Avenue North street project identified a need to relocate and replace this part of the



TRIBUNE PHOTO SUBMITTED

Mayor Sandra Smith and Councillors Kim Newman and Walter Badger visited the Communities in Bloom booth at the Federation of Canadian Municipalities conference, which took place in Calgary from June 6 to 9.

fence.

- Council accepted a \$34,608 quote from Spruce Acres Landscap-

ing Inc. to complete a retaining wall at town hall.

IERHA hosts poster contest in honour of National day for Truth and Reconciliation

Submitted by IERHA

Interlake-Eastern Regional Health Authority (RHA) launched a poster contest earlier this month looking for impactful poster designs that can be placed in health facilities in acknowledgement of National Day for Truth and Reconciliation on Sept. 30.

The contest is open to youth in grades 5 to 12 who reside in Interlake-Eastern RHA as well as employees of Interlake-Eastern RHA and their immediate family members. Poster art is to reflect this important national recog-

inition day which honours survivors of residential schools and children who never returned home. According to canada.ca, there were 140 federally run residential schools in Canada that operated between 1867 and 1996. Survivors advocate for recognition and reparations and demand accountability for the intergenerational impacts of harm caused.

Last year in Interlake-Eastern RHA, Bruno from Grosse Isle, Alivia from Gunton, Christina from Elma and

Emily from Oak Point designed original artwork for pins provided to Interlake-Eastern RHA staff members to wear in honour of National Day for Truth and Reconciliation.

"This year we wanted to do something different while still engaging youth in helping us honour the legacy of residential students and the children who never returned home," says Interlake-Eastern RHA Indigenous health lead Adam Sanderson, "The intent is for the winning posters

to be displayed in facilities across our region in advance of September 30."

Health authority staff and select community partners will review submissions and select the winners. Each winner will receive \$100 for their design, along with the opportunity to have their artwork distributed throughout the region.

Contest details can be found at <https://www.ierha.ca/forms/poster-contest/>

Woodlands council news in brief: Recreation funding proposals now welcome

By Autumn Fehr

At the June 11 meeting, the RM of Woodlands council announced that it will invite proposals from the community for recreation programming, using \$8,000 in funds from the return of their 2023 contribution to the Rosser-Woodlands Recreation Commission.

The municipality used to be a partner in the Rosser-Woodlands Recreation Commission. The RM of Woodlands donated \$41,000 to the Commission in 2023, which was primarily used for recreation programming. The Commission has since dissolved, and so they have returned the donation. Council now wants to make those funds available to other groups for recreation programming. Council is reviewing proposals as they come in, and awarding funds at their discretion. They have set an initial deadline of July 31, 2024, and will reevaluate after.

All requests for funding for capital

projects or purchases will not be considered at this time and will be denied, as the funding is intended for programming.

Woodlands council will establish a sub-committee regarding the renewal of the collective agreement. The collective agreement is an existing agreement that council has with the public works union (the Operating Engineers of Manitoba). It sets out terms of employment for public works employees. The agreement is expiring this year, so it needs to be renewed.

The negotiating committee of council will negotiate on behalf of the municipality, and the union will have their own committee to negotiate on behalf of the unionized employees.

The following staff have been appointed to this sub-committee: Reeve Douglas Oliver, Coun. Valerie Stelck, Coun. Bryan Myskiw, Coun. Carl Fleury and Chief Administrative Officer Kaitlyn Griffith.

IN OTHER COUNCIL NEWS:

Council authorized Reeve Oliver, Coun. Fleury and Coun. Darryl Langrell (Community Futures West Interlake Representative) to attend the Community Futures West Interlake AGM on June 19 in St. Laurent.

- Council authorized Reeve Oliver, Coun. Stelck, Coun. Fleury, Coun. Myskiw, Municipal Emergency Coordinator Lori Schellekens, and Office Administrator Janet Brown to attend the Manitoba Disaster Management Conference held from Oct. 16-18 in Winnipeg, at a cost of \$500.

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Clubroom Events for the Week of June 17
Wednesday 4-10 Chase the Queen Draw at 8:30 Pot is over \$1,400
Thursday 4-10
Friday 4-close Meat Draw at 6:30 - BBQ starts at 5:30
Saturday 2-close
Join us July 1 Lavallee Tradition will be playing in the clubroom from 1 to 5
Dinner Tickets are available for the last Saturday Dinner
June 29 - Ukrainain Plate \$12.50 Tickets available at the bar
All are welcome - Support your local legion!

Teulon Wellness Committee collaborates on youth engagement

By Jennifer McFee

A new committee in Teulon acts as a call to action to support the well-being of the community's youth.

The Teulon Wellness Committee started off as a combined effort between Teulon Elementary School and Teulon Collegiate.

Teulon Collegiate principal Kristin Smith and vice-principal Chelsea Meier collaborated with Teulon Elementary principal Sarah Hadfield.

"As schools, we have opportunities to see firsthand some of the struggles that students are having and recognize that although schools play a paramount role in student well-being, we cannot meet the mental health needs alone," Smith said.

"Schools also have tools in place to collect data about how students are feeling about themselves, their school experience and about what coping strategies they have. We do not think that this is isolated to Teulon and feel that youth in general have challenges that require a different level of support than in the past."

To address these challenges, the Teulon school administrators reached out to others in the community.

"We can guess about many factors that are contributing to these struggles but choose instead to take a proactive and problem-solving approach," Smith said.

"Providing families and youth with opportunities to engage and support each other is important, and we want to get together and use our limited resources in the most efficient way."

To get started, they invited members of the public to join them in a path to wellness.

"The turnout for our initial meeting in March was great — approximately 30 people. Members of the committee are representative of a diverse group from the Teulon area and include school administrators and staff members, members of town council, business owners, grandparents and parents, the local doctor, mental health professionals, members of Green Acres Art Centre and other interested parties," Smith said.

"We have met twice to create a path of wellness for our committee that includes some goals. Our first initiative is to create an informational package so that we can tap some other key stakeholders on the shoulder and ask for their support."

The committee can help the Teulon community work together to meet the needs of youth in areas such as developing social skills, building healthy coping skills, connecting with peers and feeling confident and hopeful about the future.

Teulon Mayor Todd Campbell said the committee recognizes that youth now seem more disengaged than ever before.

"I joined the committee because not only am I a mayor, I am a grandparent and I believe that the overall wellness of our youth is of utmost importance because they are our leaders of tomorrow," Campbell said.

"Between technology and social media, more pressure is being put on our youth to fit in and navigate this ever-changing world. Our hopes are to find ways to eliminate the pressure that our youth are facing by providing ways to re-engage with peers, family, schools and their communities."

Local mental health professional Amy Rasmussen Waluk said the Teulon Wellness Committee is an

important way to meet the ongoing needs of young people in the community.

"We, as concerned and caring adults, have noticed the rapid increase in mental health concerns in the young people we are connected to and support directly and indirectly. With the overburdened nature of public and private mental health services, more needs to be done at the community level to prevent mental health issues from rising," she said.

"The need to intervene in a supportive way when unmet social, emotional, physical and mental health needs appear is also a priority. When community can be the healing place, everyone benefits."

Rasmussen Waluk decided to get involved as a long-time community member who cares deeply about the health and well-being of people in and around Teulon. At the same time, she strives to help create conditions that will allow her own teens to thrive.

In addition, Rasmussen Waluk has run a therapy clinic in Teulon since 2009 and in Stonewall since 2020. As a result, she's aware of issues and concerns that young people face.

"I am committed to helping and taking an active role in creating positive change at the community level," she said.

"I hope the group will be able to work together and consult with young people to accurately understand needs and work co-operatively to attend to the physical, mental, emotional and spiritual needs of the people growing up in this place. I hope that youth will feel unconditionally supported as they navigate their transition to adulthood."

The most effective leaders are ones who feel a sense of purpose and ownership to a cause or to their community, she added.

"For the long-term health and wellness of the community and the people in it, it will be essential to support young people in their journeys, through their struggles by meeting needs and creating opportunity for preventative methods — recreation, positive social groups, peer support, mentorship, reducing financial barriers to clubs, arts and sports," Rasmussen Waluk said.

"Needs for love and belonging, identity, purpose and empowerment are lifelong emotional needs. When they can be met in healthy and sustainable ways, young people's potentials can be actualized and gifts shared."

Lana Knor, president of the Green Acres Art Centre board, shared similar sentiments. When she heard about the wellness committee, she didn't hesitate to get involved.

"I think it's a fantastic idea. It is one of the best ideas I've heard in a long time. I believe the people in this group will come together and figure out how everyone is able to contribute," Knor said.

"It's about more than just doing this for the kids. It's not easy being a parent at times. Parents' wellness is important too."

At Green Acres Art Centre, they aim to provide ample in-person activities for young people.

"The GAAC wants to be instrumental in making a difference. We offer annual dance, theatre and music programs, summer camps and much more. Through a grant from Healthy Together Now, we were able to host open gym and some karaoke nights throughout the year for high school students. We have applied to have similar activities starting in the fall," Knor said.

"We plan to get the youth involved and help them understand the importance of volunteering and giving back to community. The GAAC will mentor high school students on planning, organizing and facilitating activities for younger grades. They will be role models to the younger ones and learn a variety of beneficial skills. The youth are our future."

Looking ahead, Green Acres Art Centre is exploring the possibility of acquiring Teulon United Church for additional program space.

"The church is an important space that would be utilized with more activities. The kids will interact in person with peers and put the phones down. The committee all agreed kids are on devices way too much. It's concerning because it becomes an addiction. It's not just kids addicted — it's parents too," Knor said.

"More and more kids have anxiety. We believe if given more opportunities for in-person social interactions with friends or a place to meet a new friend, we will start to see less kids feeling anxious."

Similarly, Dr. Michael Loudon of Teulon Medical Clinic said noticed diminished engagement of youth in activities. Although sports can offer opportunities to get involved, it doesn't meet the needs of every young person.

He noted that many discussions have centred on how social media and devices are linked to disconnect. However, he said the same digital platforms served as a way to maintain connections during the pandemic.

"Now we have to unlearn that. The social media platform has taken a lot of criticism, and I think it's guilty for a lot of deficits that we're seeing in communities, so we have to balance it out," Loudon said.

"Our purpose is to find the happy medium of making this work — having engaged kids, using these kinds of methods to connect with them but actually having them come face to face with us and with each other."

This is important because engaged people are healthy people, he added.

"If we share a meal with other people once a week, we have a 50 per cent better satisfaction in quality of living. We are social creatures. We need to engage with one another," Loudon said.

"Part of the importance of being at school is the socialization. It results in better quality of life. It's also a challenge for parents to be engaged and effective. We need to try to achieve interaction with our youth — and with everybody in our community. Everybody's got something to learn; everybody's got something to teach. It doesn't matter where in life you are."

Beyond the local community, Loudon encourages provincial and federal leaders to get involved in the cause.

"I'd like to see this extend to MLAs and MPs. None of these problems are unique to Teulon. The global problem is bigger than just this community," he said.

"We need people to show up and get involved. I encourage my children and my family to do the same."

Anyone who would like more information about the Teulon Wellness Committee can contact Kristin Smith at ksmith@isd21.mb.ca.

Local actor takes home 2024 Eagle Vision Filmmakers Award

By Raegan Hedley

Lance Cartwright from Stonewall and Ryan David Younes from Selkirk recently won the ACTRA Manitoba 2024 Eagle Vision Indigenous Filmmakers Award for their short film *Departed Embrace*. The prize includes a \$1,500 grant, which the pair plan to use for another film project, and mentorship with Rebecca Gibson, a partner in Eagle Vision.

Cartwright and Younes met at Darcy Fehr's Winnipeg Acting School. Despite being in two different stages of life (Younes is 21 and Cartwright is 53), they share a dream of working in the film industry.

Cartwright was an MMA fighter and kickboxer, and worked as a stunt performer for a decade. Cartwright is a member of ACTRA Manitoba, so they entered the film under his name, but it was a joint effort between him and Younes. Another ACTRA actor who had worked with Younes before on another short, Kalyn Bomback, also volunteered to be in the short film.

"I think I was just doing it before because it was a cool thing to do," said Cartwright. "I never aspired to do and never like really thought about it. It just fell in my lap."

After taking an extended break from the film industry, Cartwright's hairdresser said he had a great look and suggested he should try to get back into the industry as an actor. For the

last two and a half years, he's been training and auditioning.

"I had to start from scratch again like just practicing getting up in front of people and doing the scenes and being nervous even in class," said Cartwright. "It's just facing...something that's uncomfortable and challenging yourself and, and beating it... that's how I look at it."

"And that's why it was kind of special to win that award. After that preview, a few people were saying like, good job...I don't need reassurance that someone knows my name, but they were there and they said it was good work. And to me, that really meant a lot."

Younes is just starting his career in film, and he said he went to Winnipeg Acting School to see how actors prepare for scenes and meet some actors because he eventually wants to become a director.

"But then I just fell in love with acting as well. And so it's just another tool in my belt," said Younes. "It's so ingrained into my soul at this point that if I even think of doing something else other than creating films and creating art I don't know how my mentality would react."

He was determined to make a film with Cartwright after they were paired up in a scene together.

"He was one of the first people to push me into another level of acting

that I wasn't able to figure out...his commitment to the craft is inspiring," said Younes. "He reminded me a lot of my dad who died when I was five."

Departed Embrace centers on two characters: Millie (played by Bomback), who is pregnant with her child, and her husband Charles (played by Cartwright). Without giving too much away, Charles comes home late after leaving unannounced for three days to make amends with her.

"I pretty much paid for all of it out of pocket, but we just really wanted to make a film that meant something to all of us. And we didn't realize how much it affected us and how personal it was for us, especially me, after the fact," said Younes, who scripted and wrote the short.

"The film was very much about my parents...it kind of just took on its own life after a while, and it really became more of a therapeutic piece for us as the creators."

Cartwright said winning the award gave him "a real concrete feeling of fulfillment."

"It was such a good feeling...going up there and showing your stuff and everybody enjoying it and acknowledging the work you put into it. Because they're all going through the same thing to working and trying to put stuff out there," said Carwright.



TRIBUNE PHOTO SUBMITTED
From left, Lance Cartwright, Ryan Younes and Kalyn Bomback at the ACTRA Manitoba MIP Awards where Cartwright won the Eagle Vision Indigenous Filmmakers Award.

"I'm hoping that my story inspires people. I'm in my 50s, and I'm doing this so it's never too late."



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SOUTH INTERLAKE PLANNING

Planning a Project this Construction Season?

Spring and summer are busy seasons for construction, and it's also a time when many are preparing to enjoy the outdoors.

With this in mind, the South Interlake Planning District (SIPD) would like to issue a reminder that **Development and/or Building Permits** are required for most types of construction, renovations, and structures (pre-built, site-built, temporary or permanent). These include but are not limited to: **Pools, Hot Tubs, Decks, Sunrooms, Gazebos, Pergolas, Sheds, Fabric Shelters, Interior/Exterior Renovations or Repairs, Solar Panels, Window and Door Installations (structural only), Basement Developments, etc.**

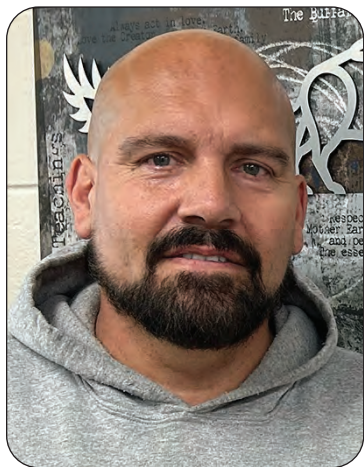
Permits help ensure that buildings and structures meet zoning requirements and the *Manitoba Building Code*, which makes things safer for everyone!

If you are unsure whether your project requires a permit, or if you have any questions, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information is also available on our website: www.sipd.ca

Interlake School Division staff beginning a new chapter

As the academic year comes to an end, it's a time of transition for Interlake School Division staff members as they bid farewell to their roles and embark on a new chapter in their lives. These hard-working individuals have been instrumental in creating enriching experiences for students throughout the year, from principals steering the school ship to friendly bus drivers ensuring safe journeys.

Their passion for the education system and dedication to nurturing close-knit communities in Interlake shines through in all that they do. Before stepping into retirement, the retirees have shared some of their most memorable moments with the *Tribune*.



Edwin Harvie
Stonewall Centennial

Edwin Harvie's teaching career first began in Lundar. He changed his major from engineering to Education when he realized how much he enjoyed helping people directly. He planned to spend just one year in Lundar but ended up being there for ten. During that time, he also held the position of assistant vice principal.

After Lundar, Harvie taught at Stonewall Collegiate for four or five years and coached the high school hockey team. He then went to Warren Collegiate, where he spent one year as vice principal and the remainder of his time as principal.

His most recent position was principal at École Stonewall Centennial School, where he has spent the past nine years. Harvie's teachable subjects are pre-calculus,

applied math, physics, and chemistry. Over the years, he has also coached volleyball, badminton, and hockey.

Harvie has four degrees, two of which he obtained after the age of 50: his Post-Baccalaureate and his Master's in Education Administration. As he said, "If you are a lifelong learner, you should continue your education." He plans to go back to university in a few years to study astronomy.

"When I reflect back, my goal always was to give back to the students and parents of communities in any way possible, either through academics or coaching," shared Harvie. He will take the next few months to relax but will indeed find himself back and helping out in the fall. He intends to become a school board trustee in a couple of years as well as a substitute teacher. He also recently obtained his certification for operating a school bus.

"My intent is to work as long as I can and to help out any way I can."

Throughout his 36-year career, Harvie has seen immense value in building relationships with students and parents through teaching and coaching.



Pat Harris
Stonewall Centennial

Pat Harris joined the Interlake School division in August 1989. She has worked as an Educational Assistant and Library Clerk at Stonewall Collegiate and École Stonewall Centennial School.

Harris first became an EA because of her nursing background and her work as the program coordinator of

the Respite Program for the Westman Region of Manitoba. During her time as an EA, she found she was able to help many students not give up, achieve academic goals that they might have been struggling with, and see that success was just around the corner for them.

Meanwhile, the libraries were converting to a computerized system, and new opportunities were opening for school library positions. So, Harris became a library clerk at École Stonewall Centennial School.

"This was a great opportunity for me, giving me training on the computerized system and the functions of a school library," shared Harris. "I had volunteered at my local library as a teenager and was excited to be in that realm again."

For most of her time working with the Interlake School Division, Harris worked both as an EA and a library clerk, which, as she calls it, was "the best of both worlds." Working half-time in each position, she made many memorable moments in each. As an EA, the most rewarding time was when a student could achieve success in one of the goals set for them. As a library clerk, Harris found the most joy when she would assist a student by recommending a book, and that student would come back later to tell Harris how much they enjoyed the book, excited to hear about more books from its author.

"I will miss the staff and being part of a team that has the focus of what is best for the students whether it be educational, social or emotional," said Harris. "I will miss the interaction with the students with all their stories and questions."

In retirement, Harris plans to enjoy time with family and friends, travel, take advantage of new learning opportunities, and resume any projects that had been put off due to previous time constraints.

Lori Tully officially began her journey in teaching upon graduating from Brandon University with a Bachelor's



Lori Tully
Warren Collegiate

degree in Education in 1986. From there, she completed her student teaching in England, working with second graders. She returned to Brandon to teach fifth and second grade the same year.

Since then, Tully has taught in Alberta, Portage la Prairie, Rosser, and Balmoral. She has also worked as a Home Study Coordinator for the Interlake School Division. In 2002, she continued her Education by completing a Post baccalaureate degree in Special Education at the University of Manitoba.

This journey has brought Tully to her current position at Warren Collegiate, where she teaches essential math and works with resources.

"I think I wanted to be a teacher because my grandma and her good friend and neighbour were teachers. I spent a lot of time with them and don't really remember not wanting to be a teacher," shared Tully. "I like to help people, and I thought teaching would satisfy that while still letting me pursue other passions in my off time."

Facing retirement, Tully looks back on her career and recalls many memorable moments, including watching students become the first in their families to graduate, seeing a student receive the support that they need, and "telling past grads to call me Lori now and them saying, 'I just can't do that.'"

Tully is thankful that this career has helped her to provide for her family, realize the importance of community and the wellness of students and their families, and inter-

act with that community. She is honoured to have been able to work with and learn from many talented people both inside and outside of the education system.

Though it is hard to see past June's chaos and into retirement, Tully looks forward to taking a breath and planning her next adventure.



Janice Nunn
ISD Bus Driver

Janice Nunn has been driving school buses for 33 years. She first obtained her School Bus Driver certificate in 1986, working as a spare driver, filling in for her dad during holidays. In 1990, she became a permanent driver. Before she started out driving, Nunn worked at G.H. Wood as an inventory control clerk.

Over the years, Nunn has enjoyed seeing the big smiles on student's faces as they pass in and out of the school bus doors. She has loved watching these students grow through kindergarten to the twelfth grade.

In the earlier years of her career, the daytime in between driving allowed Nunn to help on her family's farm.

"School bus driving has been very rewarding," shared Nunn. "The big smiles, the bouquets of flowers, sometimes even dandelions, and the special handmade gifts are all special memories I cherish."

Nunn will miss the wonderful groups of students on her bus, some of whom are even the children of former students, as well as interactions with fellow bus drivers and staff at the bus garage.

> NEW CHAPTER, FROM PG. 12

In the future, Nunn plans to pick up her clubs, golf, and make more trips to visit family. She looks forward to the freedom of saying yes to outings.



Barry Lamm
Warren Collegiate

Barry Lamm enjoyed banter with students in the hallways and seeing the benefits of his hard work after summer clean up before the kids came back during his 23 years working as an ISD custodian.

Before becoming a custodian, Lamm worked at Maple Leaf Meats for nearly 20 years. Then, he moved onto subbing as a custodian in the school division. Soon enough, a permanent position opened up at Stonewall Collegiate. Here, he spent 12 years as head custodian. Finally, he moved on to Warren Collegiate and spent 11 years working there.

Living in Stonewall, the commute to work was always easy, about four blocks. Now approaching retirement, however, Lamm looks forward to not getting up at five o'clock in the morning to be at work for six.

Because of the banter built up between Lamm and the students at Warren, he experiences rewarding moments after those students graduate and stop on the street to say hello. The community he found at Warren has been extremely supportive.

"I've met lots of great staff members," said Lamm.

In April 2018, Lamm qualified and travelled to participate in the Boston Marathon. The staff at Warren Collegiate set up a pep rally, with all the students gathered in the gym, asking him questions about running and Boston. When he was running the marathon, they tracked his route and cheered him on.

"It kind of took me by surprise," he said.

Lamm is also a two-time cancer survivor, and the support he received from fellow staff and students at the school during those tough times and his surgeries were outstanding. Though Lamm plans to sub as a custodian here and there in the Interlake, keeping in touch with the staff he has worked with, he will miss "horsing around."

His other retirement plans include enjoying coffee in the morning and beers in the afternoon and sending his old coworkers pictures to let them know that's what he's up to. He also hopes to travel a little bit.

Randy Gabel began his teaching journey in The Pas, where he worked for three years teaching Math and Outdoor Education in 1985. After The Pas, Gabel took a term position at Selkirk's Junior High teaching grade seven



Randy Gabel
Stonewall Collegiate

and eight Math and Science. In 1989, he began his career at ISD at Stonewall Collegiate. Gabel taught grade nine Math and Science, grade ten Precalculus, Essentials Math and Science, grade ten Precalculus, Essentials Math, and Biology, and Biology and Essentials Math to grade twelve students. He has also taught, in 2001, what he believes to be the only summer course ever held at Stonewall Collegiate.

"I always really enjoyed going to school as a student both for the academic courses and the extra-curricular activities," said Gabel. "I thought I wanted to be a physical education teacher until high school when my biology teacher, Mr. James, sparked my love for biology and a desire to be a teacher."

Gabel's most memorable moments as a teacher involve a lot of memories outside of the classroom.

"For me, it is the grade ten Math field trip on measurement, I ran at the Forks in Winnipeg, the year my cross country junior girls won the provincial banner— after 39 years of coaching sports it is the only provincial banner I was involved with, the canoe

trips I was involved with in The Pas and Selkirk, the many theatre, symphony, and ballet productions our Culture Club attended, and by far the most memorable would be the 25 international trips that myself and Mrs. Conger-Morrison organized and guided to 40 countries with 610 Stonewall area students."

Gabel believes he will discover what he misses the most about teaching when he is away from it all. He will not, however, be fully stepping away from teaching; Gabel plans to substitute, allowing him to continue working with students and visiting colleagues.

"But I won't miss all the other work that goes with the job," said Gabel.

His plans for the future are pretty open, "I like the idea of being able to do what I want when I want. I will be spending lots of time with my wife and our cabin and I always have construction projects to work on there. We also want to spend more time with our three adult sons. One lives in Toronto and we don't get to see him as often as we would like."

Still, Gabel plans to look into work in a different field.

"My brother-in-law retired recently and got a job afterwards that I think would be great. He worked for an auto dealership in Winnipeg and delivered brand-new vehicles across Canada. I love traveling and would love to drive to places in Canada I haven't visited yet like the Yukon and the Northwest Territories. One plan for sure, is for my wife, Jackie and I to spend part of our Manitoba winters in places without snow."



Kathy Comeault

Kathy Comeault has been dedicated to her role as an educational assistant in the Interlake School Division for 18 years, finding it to be a fulfilling position within the community. Her experience includes working at various schools such as Stony Mountain, Teulon Collegiate, Stonewall Centennial, and Warren Elementary. In her last five and a half years of service, she was based at Bobby Bend School. Prior to this, she had volunteered at Bobby Bend while her son was a student there, thoroughly enjoying the work.

"There are too many memorable moments to recall," said Comeault. "So many laughs throughout the years! I love seeing students years later who come to me and say 'do you remember me?'"

Comeault will miss the daily hugs from her students and seeing their excited faces outside of school. In retirement, she looks forward to playing pickle ball and senior slow pitch, escaping the cold Canadian winters in warm, sunny destinations, and cherishing quality time with her grandsons.

Send us your candid grad celebration photos!

By Jennifer McFee

Will you be attending a local 2024 high school grad in the region? Do you know a student who is graduating this year?

We would love for you to send us some of your favourite grad photos for possible publication in the Stonewall Teulon Tribune.

We're looking for candid shots of graduates at convocation ceremonies and the following festivities from the entire region. Feel free to also send photos of grads getting ready for their special day.

It would be great if families and friends could

send indoor and outdoor shots of the grads before, during and after their celebrations — and it's even better if you can provide their names too.

Please email photo submissions to news@stonewallteulontribune.ca within one day of the event — the sooner, the better!

Congrats to the 2024 grads! We can't wait to see the memorable moments that you capture.

And you might just see your photo on the front page!

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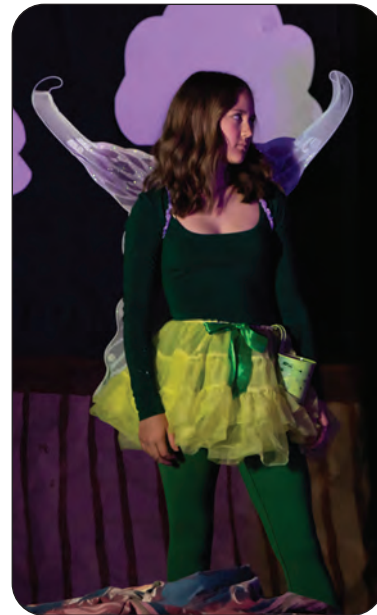
55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

Peter Pan comes to life



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Last Wednesday and Thursday, the Stony Mountain Grades 6-8 Drama Class put on a production of Peter Pan. With the help of some pixie dust, Peter Pan and Tinkerbell led Wendy, Michael, and John Darling on an exciting journey to Neverland, located at the second star to the right and straight on till morning. They met the Lost Boys and encountered predatory pirates, Islanders and a crocodile with an insatiable appetite for Captain Hook. When the Darling children were ready to go home, they took the Lost Boys along with them, but Peter Pan refused to stay and returned to Neverland to be a child forever.



Rosewood Lodge PCH residents celebrate Father's Day



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Residents at Rosewood Lodge Personal Care Home in Stonewall were treated to an afternoon of music, dancing and a car show in celebration of Father's Day last Friday. Photos left to right, Brenden Chartrand on the fiddle and his dad Bruce on the keyboard; Vanessa and Eva Kerbrat with the Asham Stompers; Kitty Stewart and her daughter Tricia Lamm check out the old cars; Jake Dueck, Dennis Crockatt and Jarvis Baryliuk with Crockatt's Rubber Ducky Resort's 1939 International fire truck.

> FAVORITE CHEF, FROM PG. 4

to Ontario to finish his work placement, and he hasn't looked back. He's worked at a few places since the move in 2012, and after working as a sous chef for the last four years, he's finally where he's worked to be: an executive chef.

Peters works for Amica Senior Lifestyles, the largest retirement company in Canada. He started with the company as a sous chef, and after five months in that position, he was promoted to executive chef. As an executive chef, Peters oversees all the goings-on in the kitchen. That includes administrative work, hiring, firing, cooking, menu creation, ordering, and anything else that may need to be done.

"I like the cooking part most but being a chef is not just about the cooking," he said. "It's dealing with people and it's the challenge of learning how to manage people. I'm getting better each day."

Peters hopes to grow with Amica Senior Lifestyles, opening a new location and a brand-new kitchen with them, then staffing it, training that staff, and so on.

Last week, Peters surpassed the first-place chef in the Favorite Chef competition but was bumped down

to second again later. He said knowing he can make first place has motivated him to dedicate time to promoting himself in the competition. For him, winning would mean more than supporting his growing family — it would mean the possibility of opening his own restaurant someday or starting a side gig. Money aside, the exposure a win would give him would be worth everything. Peters would love the opportunity to cook with and learn from Hall and to have a two-page spread in the popular magazine. That alone would support his career enormously, he said.

There are two titles to take in the Favorite Chef competition. The People's Choice prize goes to the chef who places first in the voting. That winner gets \$25,000, the chance to cook with Hall, the Taste of Home Magazine feature, and an exclusive professional photo shoot.

The other title is Carla's Pick and will go to a quarter finalist of Hall's choosing. For that title, the quarter finalists will submit a plating presentation photo of food they cooked, and she'll choose her favourite. The winner will get a trip to New York City for themselves and a guest valued at \$7,500.



Favorite Chef started on May 20, with the Top 20 being voted in on May 30. Ending June 6 was the Top 15 and ending June 13 was the Top 10. Now, Peters is in the Top 5 of the contest, and voting for that is open until June 20. Starting June 20, public voting opens for the group finals, and one winner from each group will be chosen, then advancing to the quarterfinals. Competitors who placed second in their groups will compete in a shortened round for the chance to advance to the quarterfinals as a wildcard.

The quarterfinals will start July 1, and voting will remain open until July 11. The top competitors in each group will advance to the semifinals. Semi-final voting will be open July 12 – 18, and one semifinalist from each group



will advance to the finals, which will close on July 25.

The People's Choice and Carla's Pick winners will be announced on Aug. 2 this year.

Where Peters goes from here depends on votes. People get one free vote daily and can donate to the cause to vote more often. To make a vote by donation, the voter must be at least 18 years old. To vote for Peters to be the Favorite Chef, go to <https://favchef.com/2024/darwin-peters>.

You can also follow Peters' journey on his Instagram account @chefdupandstuffed.

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French Immersion students celebrate accomplishments

By Celine Doll

A Célébration Culturelle was held at Collège Stonewall Collegiate on June 10, bringing together students and staff from Grades 1 through 12 of the Interlake School Division's French Immersion program. The event was

attended by over 430 individuals.

The event was to celebrate student accomplishments over the school year and to enjoy a magic show en français by Mago Lionel Piché!

This year's celebration acknowledged over 75 students who prepared



TRIBUNE PHOTO SUBMITTED

Mme Kaur, far left, presented the French Immersion DELF Awards to Shannon, Nicholas, Clara, Lindsay and Elia. Missing from the photo is Colby.

and presented French speeches as part of Concours d'art oratoire; six students in grades 11 and 12 who received the Diplôme d'études en langue française (DELF); and this year's nine French Immersion Grade 12 graduates, who will be graduating with a minimum of 15 French credits.

The DELF is an internationally recognized diploma that assesses oral and written French language skills. This year's students received B1 and B1/B2 qualifications, awarded by the French Ministry of Education to certify their competency in the French language. Félicitations à tous !

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Your FARM



Park Dairies farm focuses on quality care

By Jennifer McFee

A fourth-generation dairy farm is moo-ving towards the future with a new barn equipped with the latest technology.

Located in the Lake Francis area, Park Dairies lost its barn and its entire herd of 60 milking cows in a barn fire last March.

A year later, the Park family moved their new herd into a new barn that features some automated features.

Cody Park farms alongside his dad Larry, whose grandparents Jonathan and Agnes Park started the farm in 1922 with about 10 cows. At that time, the dairy farm was located about six miles from its current location. They milked by hand and hauled the milk with horses to Lake Francis.

When the farm transitioned to the second generation of ownership, Larry's dad Harry and mom May took over, along with his dad's brother Walter.

In 1952, the family moved to the current farm, which is located right beside the railway track and only about 1.6 kilometres from Lake Francis.

"Outside our driveway was a water tower where the train had to stop and fill up with water, so all we had to do was carry the cans of milk out to the train," Larry recalled.

"That's one of the reasons why we moved to this place where we are now, which was already a dairy farm before."

They continued milking about a dozen cows by hand. A couple years after they moved to the new location, they got electricity at their property.

In 1981, Larry took over his dad's half of the farm and continued farming with his wife Wilma and Uncle Walter. Nine years later, he took over his uncle's half of the farm.

Today, Larry continues to farm with his son Cody, whose wife Vanessa helps out when she can. Cody and Vanessa have three children — seven-year-old Theo, five-year-old Adaline and two-year-old Emily — so the future looks bright for the fifth generation. Over the years, their herd has grown to about 60 milking cows.

"Eventually, the plan will be for me to take over," Cody said. "With my family, we'll all end up farming to-



Larry checking the monitors as robots milk the cows.

gether."

For now, the father-son duo is still adjusting to their new barn and new animals. The new barn features a robot to milk the cows. The robot is also equipped with a tool that monitors somatic cell, which allows the Parks to monitor udder health on a day-to-day basis to help ensure milk quality. The barn is enhanced further with an automated feed pusher and a drive-through feed alley.

"In the old barn, we did all the milking ourselves. There was quite a bit of labour involved in milking cows and



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Father-son duo Larry Park, left and Cody Park operate Park Dairies together south of Lake Francis.

feeding. So we went automated and to a free-stall barn to help with the labour factor and giving a person a little more flexibility in their day-to-day life," Cody said.

"Another piece of technology we put in the barn called a behaviour analysis. It goes on the cow's ear and monitors the overall health of the herd by measuring individual cow activity,

eating and rumination, which allows us to see a sick animal sooner and shows a cow's heat cycle. It's been a big learning curve to learn the technology, but it's been good. Right now, we're still trying to learn everything and learn our new herd."

Cody gives a shout out to everyone

Continued on page 16



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who helped their family while they were dealing with the tragedy of the barn fire last year. In particular, he expressed gratitude to Chris Roulin at Lifewind Holsteins, as well as Derick Olson and family at Lake Francis Holsteins.

"They took our cows in when they were calving and had a place for them to milk until we got going again. I just want to give a huge thanks to them," he said. "There's not enough thanks in the world for taking care of our animals. It's all appreciated."

Throughout the past century, and all the changes it brought, the Park family continues to enjoy life on their dairy farm.

"Milking cows has stayed in the

family. I've always liked working with livestock. Our cows are Ayrshire, which is a different breed than most dairy farms. Our family has had them for quite a long time," Larry said.

"I like being my own boss and setting my own hours. But probably the best thing about dairy farming for me is working with livestock."

Like his dad, Cody enjoys being his own boss and the variety of work. But, most of all, he enjoys interacting with the animals.

"For me, sometimes I'd rather work with cows than people," he said with a laugh. "We treat them like our own family. Here, they're not just a number. They each have a registered name. When the barn burned, we made a plaque with the names of all



Cows are fed in the new drive through feed alley.

the cows that perished in the fire. You wouldn't do that if you didn't care for your animals."

Looking ahead, the new barns are designed with cow comfort in mind.

"I can't stress enough how much care we give these animals. I think the cows nowadays get treated better than a lot of people out there. They have their own nutritionist. We look after them day to day. I think sometimes people can't understand how much care is given to these animals," Cody said.

"With 60 cows, you still get that one-on-one connection with every animal. My kids are in the barn, playing around and helping with feeding calves. They're going to be growing up with these animals. I grew up with these animals. Dad grew up with these animals. They are part of our



Osta, one of the first calves born in Park's new dairy barn.

own family. The quality of care we put into these animals makes a quality product."

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STONEMALL

The new government denture benefit is here and we can help

BY ELISHA VANDOR

It's the second month of the Canadian Dental Care Plan (CDCP) being in affect for a good majority of seniors in Manitoba and the question that everyone is asking us is, "Are you guys participating in that government program?" Well, the answer is a resounding YES, we are participating, which often has the person on the other end of the phone feeling much relief and saying, "Oh, that's just so great!" We think it's great too because it allows a lot of people the ability to access quality denture care that they may not have been able to before.

Now, there's some very important information to make you aware of if you're a denture wearer and wanting to take advantage of your new CDCP benefits.

- At this time, we are allowed to start (and finish) treatment for those who are wanting new

full upper and/or lower dentures, whether you're replacing your current ones or needing your remaining upper and/or lower teeth extracted and going into full dentures for the first time. In addition, we can claim full or partial denture relines, denture repairs and adjustments.

- For those wearing partial dentures and wanting to replace or needing a partial denture(s) for the first time, we can start claiming in November 2024. We are already scheduling partial denture appointments for patients ready to start in November, so call us to reserve your appointment today.

If you have received your CDCP card, then now is the time to call. Already 2 million Canadians are participating in the program and in the first month 90 000 claims

have been submitted. With this almost 'too good to be true' government provided dental benefit, we want to make sure that you get your slice of the pie and quality dentures too.

Margaret H. is a first-time patient of ours and long-time denture wearer. She received her new denture from us this month and said, "The whole experience was seamless right from the time I walked through the door until I left with my new dentures fitting perfectly. I certainly have got my smiles back as they feel and look as if they are my own teeth, nobody would ever know otherwise. Thank you Mr. Vandor for such professional and efficient service." - May 20, 2024

We want to help get your smile back like Margaret did, and with the money you saved from using your CDCP insurance benefit you'll be eating your pie with a smile too! Call us for your free consultation.



The Canadian Dental Care Plan rolled out last month and people have been benefitting from their new found denture insurance.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Wildcats shine at MHSAA Track and Field Provincials

By Kieran Reimer

Track and field athletes from Warren Collegiate Institute left their mark at the Manitoba High Schools Athletic Association Provincials last week.

Warren sent 31 athletes to the three-day event at the University of Manitoba Stadium to compete against the top athletes from across the province.

The varsity girls' 4x100 metre team highlighted the event by winning gold with a time of 52.10 seconds.

The Wildcats also had solid performances from Colby Darragh placing fourth in the varsity girls pentathlon, Rianna Cassils placing fifth in varsity girls long jump, triple jump, and 100m, Ethan Corbett placing fifth in varsity boys 3000m, Rylan Thibodeau with a personal best in the boys para-intellectual 800m, and the varsity girls placing fourth in the 4x400m and fifth in the distance medley.

"It was so great to see our athletes' hard work come together at this event," said track and field coach Fallon Campbell. "The facility offers an experience in itself, with a rubber track and a huge grandstand of fans cheering on all athletes."

Provincials were the final track and field event, and Warren now reflects on an impressive season.

Throughout the season, the team participated in many competitions and was a standout in individual and team events.



Rylan Thibodeau broke his own standing Provincial record in the Boys 800m Para with a time of 3:03.16.

They also took home the MHSAA Zone V AA-AAA Track & Field Championship 2023-24 banner two weeks earlier in Arborg.

"Accomplishment comes in many forms, whether it is crushing a personal best, running through the wind and rain, beating a school record, hearing your teammates cheer you on, or getting to the podium," said Campbell. "This is what we instill in our athletes, and we believe it keeps them coming back year after year."

This season was special for graduat-



TRIBUNE PHOTOS SUBMITTED

The Warren Collegiate Wildcats' Varsity Girls 4x100 metre team won gold with a time of 52.10. Pictured, left to right, are Jadyn Baldwin, Samie Boonstra, Mia Cassils, and Rianna Cassils.

ing athletes who finished their track and field careers last week.

For some, they made provincial debuts; for others, they topped personal bests.

Campbell and the rest of Warren's coaches told the athletes to soak it all in and be proud of their accomplishments ahead of provincials.

Throughout the season, it was evi-

dent that this was a tight-knit group, as athletes could be seen waiting at finish lines to high-five teammates for finishing up yet another event and representing the Wildcats well.

For athletes returning to the team next year, it will be an opportunity to run it back as Warren will look to have another successful track and field season in 2025.

Phillies Weekend Report: U15s rocket up the standings

By Kieran Reimer

The U13 Interlake Phillies had the weekend off after returning from Minnesota last week.

The remain first in the Manitoba Premier Softball League with a 7-0 record.

The Phillies will take the field next Saturday for a doubleheader against the Smitty's Terminators (5-8) at 1 and 3 p.m. from Moffat Field.

Fresh off their bronze bracket victory in Minnesota last week, the U15 Interlake Phillies brought their winning ways to league play this weekend, winning three of four games.

The first, an afternoon game from Quarry Park against the Smitty's Ter-

minators. The Phillies controlled the game from the start, grabbing a lead in the first inning and never looking back.

Avery Deprez found success on the mound, striking out six batters as the Phillies went on to win 8-1.

The second game of the day against Central Energy was a much lower scoring one for the most part.

Neither team could break the 0-0 deadlock until the fifth inning when both teams got on the board.

Central Energy's error free game proved to be what was needed for the win as they took it 4-2.

The Phillies treated the dads at the ballpark on Sunday to two big victories.

The first of two against the Winnipeg Lightning was a 9-8 comeback victory led by Riley Swanson who had three hits and three runs for the Phillies.

The second game was a pitching clinic from Jordyn Chetyrbok as she struck out seven batters and stranded 11 runners in her 6-0 shutout win.

The Phillies three wins rocketed them up to second place in the MPSL.

Their next game will go Wednesday night at 7 p.m. from Moffat Field against the Smitty's Terminators (0-12).

The U19 Manitoba Phillies snapped a five-game losing skid Tuesday night, handing the Eastman Wildcats a loss in their first game of the season.

The teams re-convened shortly after for the second of two games Tuesday as the Wildcats turned the tables on the Phillies and won 11-6.

Saturday the Phillies were taking on the undefeated Smitty's Terminators from Quarry Park and the Terminators showed why they are the best U19 team in the province.

The Terminators shutout the Phillies in both games on route to big victories as the Terminators continued their unbeaten streak.

The Phillies now hold a 2-10 record which sits them third in the MPSL.

They will take on the Wildcats again on Saturday for a doubleheader at Quarry Park.

Games will go at noon and 2 p.m.

Record setting performance highlights track and field meet

By Kieran Reimer

The Interlake School Division concluded its 2024 track and field season this week.

The division had multiple representatives at Provincials on Thursday at the University of Manitoba as the best junior high students from the division competed against some of the province's best.

Ecole Stonewall Centennial School Grade 7 student athlete Ashley Schneider had a stellar performance at the event, winning gold in the 800 metre and silver in the 1200m.

Schneider entered the event fresh off setting the ISD record in both the 800m and 1500m at the divisional meet in Stonewall on June 6.

"It was a really good surprise," said Schneider following the divisional meet.

Schneider said she didn't know the record ahead of time and it was her coach who broke the news to her after the races.

Away from the track, Schneider is also one of the top tennis players for her age in the province.

She's spent the last few months being active in both sports and the conditioning has clearly paid off.

She also spends time running outside of track hours which helped prepare her for division meets and pro-

vincials.

She will continue to be an athlete to watch in both track and tennis for the coming years.

The ISD's meet had some other incredible performances.

Stonewall's Kayla James, Lacey Learning, and Payton Farthing were all named athletes of the meet in the primary girls, junior girls, and intermediate girls divisions respectively.

Their contributions helped Stonewall win the Large School Banner at the event.

The Small School Banner went to Grosse Isle School.

Zachary Schram in the primary boys and Jacob Schram in the intermediate boys were also named athletes of the meet, representing Stony Mountain.

Cree Redhead of Woodlands School rounded out the athlete of the meet awards in the junior boys division.

Many athletes who placed first, second, or third in any event at the Interlake Divisional Jr. High track and field meet on June 6 went on to compete at Provincials on June 13.

The ISD athletes were very competitive amongst the athletes who attended from Balmoral, Stony Mountain, Stonewall, Grosse Isle, and Warren Elementary attending the Junior high (7-9) event.



TRIBUNE PHOTO BY JODI BODNARCHUK

Ecole Stonewall Centennial School won the Large School Banner at the Interlake School Division track and field meet on June 6. Stonewall's Ashley Schneider highlighted the event, setting two divisional records in the 800 and 1500 metre runs.

Local players perfecting skills at elite camp

By Jo-Anne Procter

Hockey Manitoba's Female Program of Excellence (POE) is designed to provide high-performance female players with the opportunity to develop advanced skills and introduce them to the concepts needed to play at an elite level.

Seven Interlake players were selected at a camp in March as part of the province's top 68 U16 players.

On June 7-9, the Interlake players participated in a camp at the Hockey For All Centre in Winnipeg. There, they did fitness training, participated in three on-ice skill development sessions, and played two inter-squad games.

Next up for the Top 68 players is the Female U16 POE August Competition Weekend Aug. 23-25 at the Hockey

for All Centre.

Some players from the Program of Excellence will go on to play at the U Sport, NCAA and International levels.

The Female U16 Program of Excellence is being redesigned as a development focused program for Female Under-16 athletes in Manitoba. The goal of the program will be to teach up-and-coming female athletes the skills, concepts and tactics specific to the Female U18 Program of Excellence, ensuring that these athletes are given the proper development time in order to move to the U18 level and beyond.

Hockey Manitoba will no longer select a Female U16 Team and will instead focus on skill and player development camps.

Golden Balmoral Orioles



TRIBUNE PHOTO SUBMITTED

The Balmoral U17 softball team won gold at the BoniVital Spring Swing Tournament on June 1 and 2. Pictured left to right, front Row: Olivia Shaw, Kaitlyn Prochner, Tasha Thiessen, Elizabeth Howe; back row, Eric Voth (coach), Lauren Voth, Avery Langrell, Violet Cook, Olivia Price, Teagan Price and Jaret Thiessen (coach). Missing from the photo is Alivia Drohomereski.



TRIBUNE PHOTO SUBMITTED

Seven Interlake players have been selected to train with the provincial U-16 Top 68 female hockey players in Hockey Manitoba's Program of Excellence Program. Pictured left to right, Blake Darragh, Ellis Pearson, Joslyn Tetlock, Makayla Sydenham and Kashlyn Kiesman. Missing from the photo are Kiera Pattie and Daisy Ducharme.

Orioles weekend report: U18s fall short of perfect weekend

By Kieran Reimer

The U13 Interlake Orioles were caught in a high scoring affair in East St. Paul on Thursday.

The re-scheduled game against the Red River Valley Pioneers saw both clubs combine for 24 runs.

The Orioles led the game until the fifth inning when the Pioneers batters broke free to take control of the ball game.

They Pioneers went on to win 13-11, claiming their second win of the season, and dropping the Orioles to 2-2.

The Orioles now sit sixth in Zone 1 of the Baseball Manitoba U13 AAA League.

Their next league game goes Thursday, June 27 from Winnipeg's Highbury Park when they take on the Bonivital Black Sox (1-11).

The U15 Interlake Orioles played twice on Father's Day against the Zone 2 leading Brandon Marlins.

The Orioles came up just short in both games as Brandon won both 8-5, and 5-4.

The Orioles now sit seventh in Zone 1 but have played the fewest games on any team in the Baseball Manitoba

AAA League.

Next Sunday they will take on the sixth place St. James A's (1-8) where they will look to move up in the standings.

The games from St. James Optimist Fields will go at 1 and 4 p.m. on Sunday.

The U18 Interlake Orioles split their doubleheader against Pembina Hills on Saturday.

The first of two contests from Atree Field was all Orioles as they thumped Pembina Hills 12-2.

Pembina Hills turned the tide in the second game as their batters broke out for 15 runs.

The Orioles still managed to drive in eight runs, but the Pembina Hills lead was too much to overcome as they lost 15-8.

"We had a good day Saturday, especially in the first game," said Orioles coach Eric Swanson. "We played good in the second game to but ran out of gas toward the end."

Both games on Sunday were cancelled due to the rain so the Orioles settled for a 1-1 weekend.

They now hold a 3-7 record which seats them in third place in Zone 2.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The U15 Orioles' Samuel Corbett hits a single in his team's 8-5 loss to Brandon in Game one of a double header at Atree Field in Grosse Isle last Sunday.

Their next slate of games goes Friday night when they take on the North Winnipeg Pirates (8-7) in a doubleheader. The games will go at 6:30 and 8:30 p.m. from Koskie Field.

United extends win streak in rain-soaked victory

By Kieran Reimer

Stonewall United continued their unprecedented start to the season with another win this week.

The club won its third straight game Wednesday, 2-1, over seventh-place Richmond United.

The clubs played through a downpour for most of the game at Buhler Recreation Park.

United's Amar Manning used the wet conditions to his favour on the game's opening goal.

He took a shot nearly at midfield that slipped through the Richmond keeper's hands and into the back of the net.

Lucas Yarduk scored for United in the second half to provide a 2-0 lead.

Keeper Steffan Hillock was busy in the second half, saving multiple high-danger shots and holding off a Richmond attack that turned it on in the second half.

Richmond was able to sneak one past Hillock late, but he managed to shut the door when it mattered as United hung on to win.

"Richmond had some individually skilled players, but our team play eventually wore them down," said United's Chris Thompson. "Hillock made some incredible saves, and Dante Lourenco made some strong defensive plays to make sure he wasn't tested too often."

With the win, United jumped into first place in the Manitoba Major Soccer League's Division 3B.

They will take their undefeated record back to Buhler on Monday night for a 7:30 p.m. showdown with SCM Academy (2-1).

They will also play a home game at Stonewall Veterans Memorial Complex this Sunday at 7:30 p.m. against Central Plains FC (1-2-1).



TRIBUNE PHOTO BY KIERAN REIMER

United keeper Steffan Hillock boots a ball downfield in the first half of Wednesday's match against Richmond FC. Hillock faced multiple high danger shots in the second half to help United to a 2-1 victory.

To see more photos of your favourite Interlake Athletes

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**NOTICE OF APPLICATION
RURAL MUNICIPALITY OF ROCKWOOD
REVISED WATER AND WASTEWATER RATES
STONY MOUNTAIN WATER AND WASTEWATER UTILITY**

May 29, 2024

The Rural Municipality of Rockwood (RM) has applied to the Public Utilities Board (Board) for revised water and wastewater rates for the Stony Mountain Water and Wastewater Utility (Utility) as set out in By-Law No. 18/23, read the first time on December 13, 2023. Rates were last approved in 2019 in Board Order No. 153/18, with current rates coming into effect January 1, 2019.

The current and proposed rates are as follows:

	Current Rates		Proposed Rates			
	By-Law 7/17	By-Law 18/23 Year 1	By-Law 18/23 Year 2	By-Law 18/23 Year 3	By-Law 18/23 Year 3	By-Law 18/23 Year 3
Quarterly Service Charge	\$ 18.40	\$ 12.15	\$ 12.93	\$ 13.36		
Water (per cubic meter)	\$ 2.15	\$ 2.52	\$ 2.53	\$ 2.60		
Wastewater (per cubic meter)	\$ 2.40	\$ 2.58	\$ 2.59	\$ 2.65		
Minimum Quarterly Charge*	\$ 86.65	\$ 88.65	\$ 89.73	\$ 92.11		
Rate Rider**	\$ 0.80	\$ 0.80	\$ 0.80	\$ 0.80		
Minimum Quarterly Charge including Rate Rider*	\$ 98.65	\$ 100.65	\$ 101.73	\$ 104.11		
Unmetered Water Only Customers - Flat Rate***	\$ 430.00	\$ -	\$ -	\$ -		
Bulk Water (per cubic meter)****	\$ 2.55	\$ 2.87	\$ 2.95	\$ 3.03		
Reconnection Fee - Non Emergency	\$ 75.00	\$ 100.00	\$ 100.00	\$ 100.00		
Disconnect Water - Non Emergency	\$ -	\$ 100.00	\$ 100.00	\$ 100.00		
Permanent Disconnection	\$ -	\$ 100.00	\$ 100.00	\$ 100.00		

*Based on 15 cubic meters
**Rate rider to recover 2012 to 2016 deficits approved in Board Order 153/18, \$0.80 per cubic meter effective January 1, 2019 for a period of seven years or until recovered in full.
***Proposed rates shall charge the quarterly minimum charge for water and service at the rate applicable to the customer's meter size, less the wastewater charge.
****Proposed bulk water rates will include an additional \$100 flat fee per fill.

Details of the RM's application are available for review at the Municipal office or the Board's office. Any questions concerning the application for revised rates, or the operation of the Utility, should be sent directly to the RM.

If you have concerns/comments regarding the RM's application for water and wastewater rates please go to www.pubmanitoba.ca and provide your comment. Please note all comments will be forwarded to the RM.

Questions or comments should be sent on or before **July 13, 2024**.

The Board is the provincial regulatory agency that reviews and approves rates for water and wastewater utilities in Manitoba, with the exception of the City of Winnipeg. The Board's review process involves:

- the Utility filing a rate application to the Board,
- a public notification of proposed rate changes,
- the Board's review of the application through a public hearing or paper review process, and
- the issuance of an Order which outlines the Board's decision on the rate application and the rates to be charged.

The Manitoba Ombudsman has privacy guidelines for administrative tribunals. The Board is mindful of its obligations under those guidelines. Its decisions in respect of the application being considered will be sensitive to the guidelines. Personal information will not be disclosed unless it is appropriate and necessary to do so. However, the Board advises participants that these proceedings are public and that as a result, personal information protections are reduced.

The Board will then decide whether any further notice is required and whether to proceed with a public hearing or paper review process. All concerns received by the Board will be considered in the Board's decision on rates to be charged.

PLEASE BE ADVISED THAT IN CONSIDERING THIS APPLICATION, THE PUBLIC UTILITIES BOARD MAY OR MAY NOT FIND IT NECESSARY TO DETERMINE RATES DIFFERENT FROM THOSE APPLIED FOR BY THE APPLICANT.

Note: All proceedings will be conducted in accordance with the Board's Rules of Practice and Procedure, which the Board may vary in order to constrain regulatory costs. The Rules are available at www.pubmanitoba.ca.

Frederick Mykytyshyn
Frederick Mykytyshyn
Assistant Associate Secretary
Manitoba Public Utilities Board

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

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NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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CARD OF THANKS

The family of Dennis Schaeffer would like to express our sincere thanks and appreciation to everyone for your acts of kindness, cards, flowers, baking and donations. Special thanks to Ken Loehmer for his guidance and assistance.

-Joan, Brad, Stuart, Daryl and families

CARD OF THANKS

Words can never express my thanks and appreciation to all who attended my birthday party on June 1st. Thanks for all the cards and gifts, to Joy for taking pictures, to the Legion for the use of the clubrooms, and to those out of province guests who travelled to celebrate with me. Kevin and Tyson, Lori and Sheri (Ontario), and Doug and Joy (Alberta). Also to my family for doing all the work. Thank you to all of you. You are the best!

-Frances Brennan

EXPRESS YOUR THANKS with a message in the Tribune

ANNIVERSARY



Congratulations to "The Dream Weavers" - Sherry and Glen On their 30th Anniversary - June 25, 2024
-With Love from "The 2 Moms", Alice and Eileen; "Ma Tante" and "Angel, Liam"

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Gwen Fox Gallery
EMPLOYMENT OPPORTUNITY
TREASURER needed for Non-Profit Selkirk Community Arts Centre (Gwen Fox Gallery)
The SCAC is seeking a qualified person to fill the recently vacated position of Treasurer. This person is to be responsible for maintaining accurate records, and submit regular reports and be accountable to the Board of Directors. A working knowledge of computers is required.
A job description with a full list of duties and responsibilities can be obtained by contacting gwenfoxg@shaw.ca.

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THE RURAL MUNICIPALITY OF ROCKWOOD
EMPLOYMENT OPPORTUNITY
PUBLIC WORKS HEAVY EQUIPMENT OPERATOR
The Rural Municipality of Rockwood invites written applications for the position of Public Works Heavy Equipment Operator. Under the direction of the Manager of Public Works, the position will be mainly grader operations along with the following:
QUALIFICATIONS - Public Works Heavy Equipment Operator:
1. Valid Province of Manitoba Driver's Class (5) Licence (clear driver's abstract)
2. Experience in a Public Works related field would be an asset
3. Good interpersonal skills to deal with the public
4. Knowledge in the operation and maintenance of different equipment (grader, loader, tractor/mower)
5. Must be able to lift, pull and manage heavy equipment and objects
6. Required to work outside in varying conditions (ie: extreme cold and extreme heat)
7. Mechanically inclined
8. Ability to work under minimal supervision
9. May be required to work evenings and/or weekends
10. Anticipated Starting Date - July 29, 2024
Salary Range \$28.56-\$33.26 / Hr - dependent on qualifications
A complete job description may be obtained on the R.M. of Rockwood website at www.rockwood.ca or by email at info@rockwood.ca.
Applications should be marked "Application for Public Works" and should contain a cover letter and full resume with three references.
Forward applications to the undersigned no later than **4:00 p.m. on Friday, July 5, 2024.**
Attention: Ian Tesarski - Director of Operations
The Rural Municipality of Rockwood
285 Main Street, Box 902, Stonewall MB R0C 2Z0
Telephone No. 204-467-2272
Fax No. 204-467-5329
E-mail Address: ian.tesarski@rockwood.ca
Thank you to all applicants for your interest, however, only candidates selected for interviews will be contacted.

Announcements

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OBITUARY



Carolyn Adamko

Carolyn Adamko, a beloved wife, mom, sister and friend, passed away on Sunday June 9th, 2024 at Health Sciences Centre encompassed in love and peace. She was 72 years young.

A kind and caring soul, Carolyn was born Carolyn Anne Brading in 1952 in Bowsman, Manitoba

to parents Annie and Bill Brading. Her earliest memories were of life on the family farm, having

fun with her brother Willard, working together to ensure the farm thrived and attending Wild Rose, a one room schoolhouse.

Following the completion of high school in Swan River, she moved to Winnipeg and took a key punching course at Success Business College. In 1972 she met Don, her love of her life, and in 1975

they married, and she became a military wife, following him to

numerous locations in Saskatchewan, Alberta, Ontario, and Germany before settling on their acreage in Manitoba.

Carolyn raised three beautiful children, Heidi, Hadria and Sean, and sponsored three exchange students from Austria, Norway and Costa Rica. She spent countless hours supporting her children in their activities, and with their schooling. The kid's friends all knew Mrs. Adamko and wouldn't hesitate to ask her for help. Her greatest joy and passion was watching her seven grandchildren grow up, enjoying their laughter and being with them as much as possible.

Her nurturing nature showed up in all her hobbies. She loved gardening, growing house plants and making her flower beds beautiful. She loved sewing, knitting and crocheting, in the early years sewing matching outfits for Don and her to wear, sewing clothes and costumes for her children and then making baby blankets for her grandchildren. She was an active supporter of all fundraisers but was particularly involved with Project New Hope – a non-profit supporting Veterans with PTSD. Carolyn loved music, playing the piano for her family when she was young and later on dancing with Don and her friends at the Old Tyme dances.

Her warm open-hearted spirit had a lasting impact on all of us and she will be greatly missed. In lieu of flowers, family will be collecting donations for Project New Hope of Canada.

A celebration of Carolyn's life will be held later in the summer.

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IN MEMORIAM



Ryan Grandmont
In loving memory of
Our Son, Brother, Uncle

June 22, 1978 - June 24, 2018

Time has changed so many things,
But not the sadness this day brings;
Life goes on, we know it's true,
But it's not the same since we lost you.

-Forever missed and loved by
Dad, Mom, Patrick, Angela, Preston,
Malcolm, Evangeline, and Henrik

IN MEMORIAM



Ryan George Grandmont
June 22, 1978 - June 24, 2018

Six years may have passed but your
memories grow stronger each day.
Thank you for the surprise I just found,
it helps in so many ways.

We miss you so much. Happy Birthday Babe!
Until we meet again.

-Love Christine and Trigger
Missed by the entire McIvor family.

Your memory will live forever engraved within our hearts

OBITUARY



Ronald Bruce Irwin
July 3, 1943 – June 10, 2024

With broken hearts we announce the passing of Ron Irwin on June 10, 2024 at the age of 80 years.

Left to cherish his memory are partner Anne; children Terry, Valerie (Russell) and Brent; grandchildren Kristin (Taylor), Kayla (Chris), Amanda and Bryce; great-grandchildren Olivia, Cohen, Aliya, Georgeah, Emerson, Brock, Burke, Mya and Kayne; as well as many other family and friends who will miss him dearly.

To honour his wishes, cremation has taken place. A small family gathering will be held at a later date.

A golden heart stopped beating
Hard working hands at rest.
God broke our hearts to prove to us
He only takes the best.



204-886-0404

OBITUARY



Rose Marie Georgette Sarraillon
March 29, 1960 – June 9, 2024

It is with profound sadness the family announces the passing of Rosie.

Her memory will always be cherished by her siblings, Lorne, Angele (Mel), Michelle, Andre (Heather), Evelyn (Steve), all of her nieces and nephews and great nieces and nephews.

Rosie had a love for life. She loved spending time with her nieces and nephews and great nieces and nephews and being part of everything they did. We will miss her fun personality and big beautiful smile.

A Celebration of Life will be held on Thursday, June 27th at 2:00 p.m. at the Stonewall Royal Canadian Legion Branch #52 Club Room.

In lieu of flowers, the family asks those who are able, to make a donation in Rose's honor to the Never Alone Foundation.

The family would like to thank Dr. Guytan, the nurses and all the staff at the St. Boniface Hospital, as well as the Home Care staff that cared for Rosie over the years.



204-886-0404

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