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Stonewall Teulon Tribune

VOLUME 8 EDITION 24

THURSDAY,
JUNE 15, 2017

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TRIBUNE PHOTO BY JENNIFER MCFEE

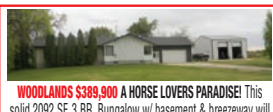
Twins Max and Mitchell, age three and a half, enjoyed taking the driver's seat at the Touch A Truck fundraiser for Stonewall Children's Centre. The event drew nearly 3,000 people to the Stonewall Agricultural Grounds on Saturday, June 10 for the annual family-friendly outing.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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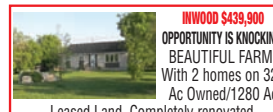


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Stellar opportunity for Stonewall teacher

By Jennifer McFee

A Stonewall teacher's career is blasting off to new heights through her involvement in the international space community.

Ecole Stonewall Centennial School teacher Maria Nickel has been accepted as Canada's first ambassador for Honeywell Space Academy for educators in Alabama. She left Tuesday, June 13 to spend one week working with 250 educators from 50 countries around the world at the space academy.

Typically, the space academy chooses two American ambassadors and two international ambassadors, who need to be graduates of the Honeywell program in order to apply.

"This is the first time that Canada is having a representative, so it's a pretty big deal to get to be a leader," said Nickel, a science and social studies teacher who also runs an extracurricular Space Club. "I'm overwhelmed but also honoured at the same time. I wasn't expecting it."

While she's there, Nickel will be actively engaging on social media platforms such as Facebook, Twitter and

Instagram.

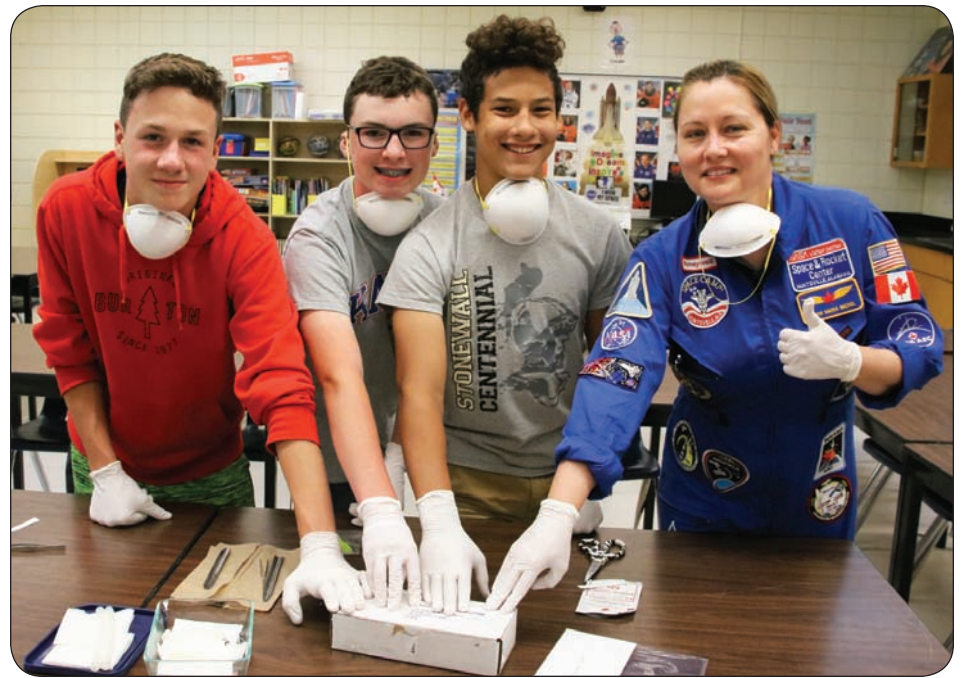
"We're supposed to talk about our experiences before we were an ambassador. We're also supposed to talk about what we're doing as an ambassador working with the new teachers that are in the programs and helping them out to navigate the different challenges that they're going to be faced with when they do some of the space simulations," Nickel said.

"We're going to be there working with them, encouraging them and giving them tips on how to function in the challenges. We'll also focus on how to work effectively as a team and to find science, technology, engineering and math programs that you can bring back to your classroom."

As an ambassador, Nickel is also looking forward to enhancing her knowledge to share with her own students in Stonewall.

"I'm pretty excited to get to go back for a third time. Not too many Honeywell alumni get to do that, so I'm excited," said Nickel, who was at the academy in 2009 and 2011.

"The Honeywell program engages teachers in some pretty unique sci-



TRIBUNE PHOTO BY JO-ANNE PROCTER

Ecole Stonewall Centennial School Grade 8 students Adam Stamler, Carter Ives, Graeme Perrie and teacher Maria Nickel package up tomato seeds for the International Space Station.

ence and engineering and math that they get to bring back to their students back home. So I'm excited to learn more and work with some astronauts that are out there."

Adding to her ongoing education, Nickel will also attend Project Atmosphere this summer, put on by Canadian Geographic Education and the American-based National Oceans and Atmosphere Association.

"It's like weather space camp. I got a scholarship to go to Kansas City for two weeks in July," she said.

"I'm going to bring it back to the classroom again and bring new ideas for other teachers to try. We don't have these kind of opportunities at home, so it's nice to be able to have access to get some of these things."

It's clear to see the benefits for her students, especially for a small group of Space Club members who were named the winning team in the Student Spaceflight Experiment. Their project involves exposing tomato seeds to a space environment two times. They will have the chance to send their project to the International

Space Station on a mission expected to launch on Aug. 1.

On Monday, these students engaged in a live Skype discussion with representatives from NanoRacks, which is working in partnership with NASA to use part of the International Space Station as a national laboratory.

"They're showing them how to put the seeds in the experimental tube, how to put the clamps and the screws in properly so that they don't come off in space," Nickel said.

"They have to learn to put the proper codes on the zip ties so that the astronauts know which side is up and also the people that are loading the experiment at Kennedy Space Station."

Nickel will return to Stonewall Centennial next week with the chance to share newfound knowledge with her students before the school year wraps up.

Until then, everyone can keep up to date on her adventure by checking out the Honeywell Educators page on Facebook or by following @CommandrNickel on Twitter or @HoneywellEducators on Instagram.

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St. Laurent School students make stop motion films with clay

By Jeff Ward

St. Laurent School Grade 3 and 4 students received a crash course in stop motion filmmaking last week with a new project that had them writing, shooting and editing their own short films.

The project was organized by French teacher Michelle Monkman who enlisted the help of Freeze Frame Manitoba to take her students through a claymation workshop. The students had to write the story, create characters and backgrounds, shoot and edit their films in the span of one day — and the result was something really special, Monkman said.

Students were able to write their scripts and dialogue in English, but when it came time to record their lines, they had to be done in French. Each film was approximately 20 seconds, and while that doesn't sound like a lot, stop motion is extremely time consuming. Every second of edited video contains 10 separate photos that are stitched together to create motion.

"It was wonderful to watch how engaged the students were with this," said Monkman.

"They worked all morning and then went out for a break, came back and were right back to it. I didn't have to say anything. They were so focused. It was fun to incorporate technology into a language course like this and they really

enjoyed it."

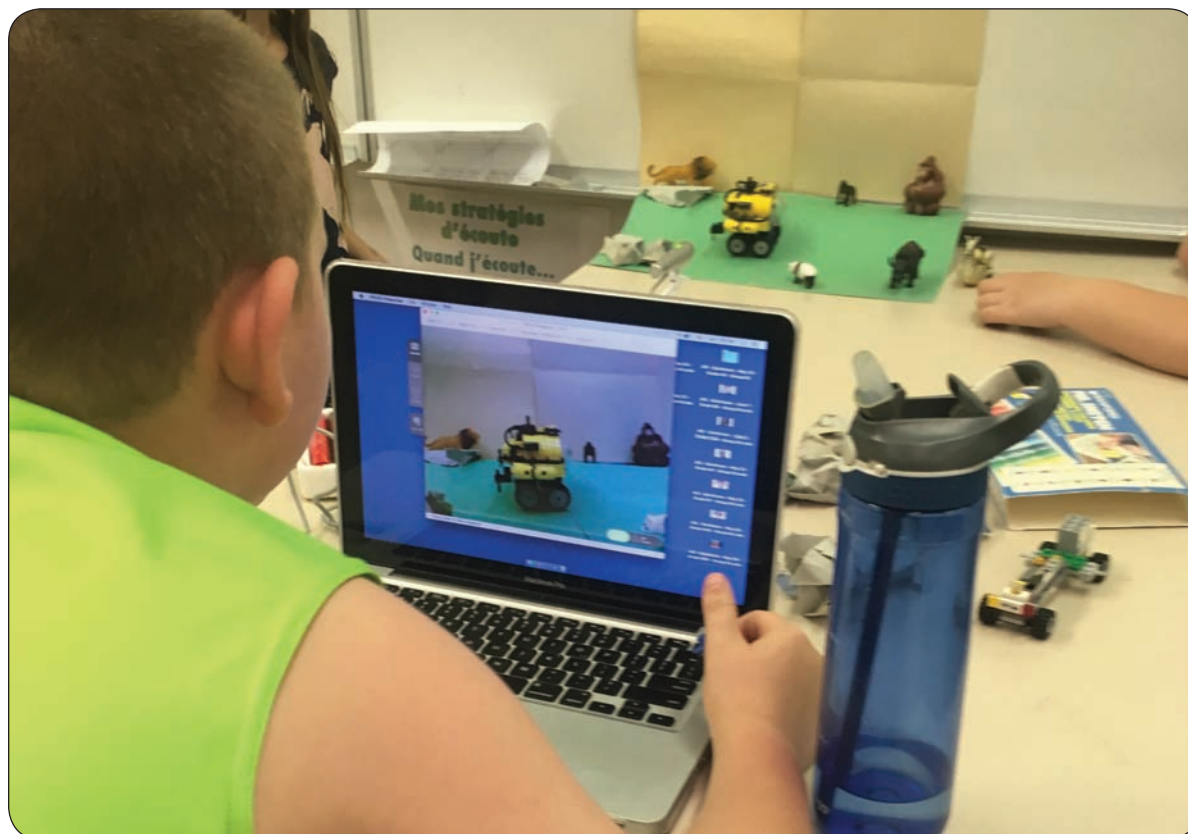
Monkman explained that the width of a pinky finger is the difference in movement and position between one frame and another. Students have to be diligent to ensure their positioning doesn't go too far or the movement will look like a teleportation.

Stop motion is one of the oldest forms of movie magic and is one of the biggest reasons older films like *King Kong*, *Clash of the Titans* and *Jason and the Argonauts* are still revered today. Stop motion isn't antiquated, either, as the concepts students learned in the process are key to understanding how modern cameras capture video and what their frame rates mean.

This little stop motion project is a creative endeavour, but it is also rooted in literacy and numeracy. For Monkman, seeing her students so focused on the task really has inspired her to continue looking for new opportunities like this and she would love to have Freeze Frame Manitoba come back next year for another course.

"I think if we do it again, I'd like it to be two days — one day where they can make their backdrops and scripts and the second day can be filming and editing. It was a great exercise and I even had some students tell me they were going to go home and make a movie on their iPad. It was a great learning experience for them and me," said Monkman.

"IT WAS WONDERFUL TO WATCH HOW ENGAGED THE STUDENTS WERE WITH THIS."



TRIBUNE PHOTO BY MICHELLE MONKMAN

A St. Laurent student lines up his characters for the next shot in his stop motion film.

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And the band played on

By Jennifer McFee

It's time to face the music — much-loved band director Don Horbas is retiring from a harmonious career that infused inspiration in generations of students.

For Horbas, the combination of music and education is a natural mix that stems from the talents of his own parents.

"My mother and father were very musical. There was always music in the house and there were always people coming over to play. My father was involved in a couple different polka bands out in the Interlake. He bought me a drum and I got involved in the school drum program," said Horbas, who grew up in Libau and went to high school in Selkirk.

"My mom's family would do three- and four-part Ukrainian traditional music. My mother had been a teacher all her life as well, so I was going to go into teaching one way or another. Sometimes it was hard to tell if I was a musician who wanted to teach or a teacher who was also a musician."

With an opportunity to merge both of these passions, Horbas became a student in the first class of Brandon University's five-year dedicated music education program.

After that, he began teaching in 1981 in Tiger Hills School Division, which eventually amalgamated into Prairie Spirit School Division.

After eight years of teaching band and elementary music based out of Glenboro, his wife Cathy accepted a position in Winnipeg as the music supervisor of Seven Oaks School Division.

"We decided to uproot and see what we could find. There was a part-time position that started at Stony Mountain," he said. "The timing was good, so I started half-time at Stony Mountain and Grosse Isle."

By the end of that year, groups of parents from Stonewall and Teulon approached Horbas to see if he could also include those two communities. He increased his workload to include beginner classes in both towns. Over time, another person took on the task in Teulon while Horbas focused more on Stonewall and surrounding areas.

"The program kept growing each year until we were able to get into the high school, which was about a three-year process," said Horbas, who also started the Balmoral band program. "We continued every year with the addition of another class."

After 28 years in the Interlake School Division, Horbas had evolved to become the band director at Stonewall Collegiate Institute, Ecole Stonewall

Centennial School, Balmoral School and Stony Mountain School.

Over the years, he taught countless students who went on to enjoy great musical success, including all four band members of Past the Perimeter.

Drummer Derek Peters said that he and his bandmates all still call their former teacher "Mr. Horbas" out of respect.

"All of us went through the jazz band program and he was such a patient teacher," Peters said. "We weren't model students by any means, and he still shined us up and made us presentable."

For Horbas, music is an inherent ability that he seemed to be able to draw out of everyone.

"I think music is a natural gift that everybody has. Sometimes you develop your gifts; sometimes they just stay dormant. It's about finding a way to release that talent and to access it. It's about giving them that exposure and hopefully that appreciation and love, and you're always proud of the ones that go on and do extra with it," said Horbas, who majored in percussion at university and also plays a range of other instruments including the clarinet, saxophone and guitar.

"Music is just the chance to express yourself creatively, artistically, emotionally. When you grow up with the music around you, it becomes an important part of your life. It's just automatic and natural. Those things influence you when you're growing up, so if you're exposed to it, it's just a natural progression."

And after a grand total of 36 years as a teacher, Horbas is now instructing the second generation of a few families. At the start of his career, Horbas taught Holly Mulvihill and Connie Reid in Tiger Hills School Division. Now the long-time educator is teaching their children in the Interlake School Division.

Reid and her family moved to Stonewall from Winnipeg three years ago. When she was looking at staff lists for local schools, she couldn't believe her eyes when she saw her former teacher's name. Her son Max, now in Grade 9, has been a band student with Horbas for the past three years.

"The name 'Horbas' is not that common, so I thought, 'Could that possibly be him?' It was kind of funny," said Reid, who played clarinet as a youngster. "He has a very laid back and calm demeanour. It would be great if Max could have finished his band program as well."

For Mulvihill, she still remembers Horbas as a teacher at Glenboro School in southwestern Manitoba.



TRIBUNE PHOTO BY NANCY LAWRENCE

The Stonewall Jazz Band, made up of Grade 12 students, played their last concert under the direction of retiring band teacher Don Horbas on May 31. Pictured back row, from left to right; Owen Krahn, Kris Gendzelevich, Mike Scott, Horbas, Quinton Murdock, Brett Lawrence; front row: Alex Melsted, Kaylea Gross and Sarah Farebrother.



Connie Reid, Horbas and Max Reid.



TRIBUNE PHOTOS SUBMITTED
Aidan and Shae Mulvihill with Horbas and Holly Mulvihill.

"He was very kind and patient, with a high tolerance for very noisy students," said Mulvihill, whose daughter Shae and son Aidan have also enjoyed his classes.

"He was an incredible band teacher. He was very encouraging and he draws the musical ability out of his students. Myself and my children and all of his students are just so privileged to have had him."

His encouraging approach will be missed throughout the community, extending beyond the school walls.

"He is incredibly talented and he has done so much in the community. People wouldn't know it because he's very quiet and very humble. He's so modest and so humble about his ability," said Mulvihill, who played the oboe in school. "In his quiet way, he brings out the talent of other people and he also shares his gift through other community efforts in Stonewall. He will be missed."

At the same time, Horbas will miss the role that he has played for so many years.

"I will certainly miss watching the

kids as they grow. I have a real fortunate position here because a lot of the kids start in Grade 6 and I see them grow and mature. You develop a really strong teacher-pupil relationship over that time," said Horbas, a West St. Paul resident.

"I've had students come back over the years and they are grateful for what they've done. They want to share their successes and show me pictures of their kids. But when you get to the point that you're teaching kids of students, that's the usual sign that it's time to go."

As his retirement approaches at the end of June, he looks forward to having more time to dedicate to himself and his family. He expects that he will likely be brought back to continue his involvement in the annual cantata and other musical endeavours.

"I do this for the love of it, and I've met wonderful colleagues and great friends in town over the years," he said. "It's a different chapter of my life now, and music is still going to be a part of it — but it's time to let somebody else have all the fun."

Teulon's youth job centre offering new program this year

By Natasha Tersigni

Looking for help finding a summer job? Are you a business owner that needs a reliable employee? Don't know where to start with building your resume? Then the Manitoba Youth Job Centre (MYJC) in Teulon is the place for you.

The MYJC opened last week in Teulon, and for the second year in a row, Gavin Ledochowski is the centre's coordinator.

Along with being able to match job seekers with employment opportunities, the centre has available resources to assist with job searches and cover letter and resume building. The centre also runs the Odd Job Squad for youth aged 12 to 16, which includes daily employment opportunities within the community through ventures such as car washes, Canada Day window painting, barbecues and strawberry picks.

This year, centres across the province, including in Teulon, are launching a new First Job Certificate program to help first-time job seekers

obtain needed credentials.

"It is a new program that we are going to try this year. We were really finding with employers that you need experience to get a job, but you need a job to have experience. This program really tries to break that cycle," explained Ledochowski.

"It is approximately a four-hour course, and the whole goal is to give youth a certification and something they can put down on their resume showing that they have these work skills. In the course, we deal with things such as money management and customer service skills through the four modules."

Ledochowski added that there will be no formal time the course is run, and those interested can set up an appointment at the centre to get started. The course can run individually or in a group setting.

For more information on the services and programs offered in Teulon, visit the MYJC location in the Teulon Civic Centre. It is open weekdays 9 a.m. to 5 p.m or call 204-886-3588.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Gavin Ledochowski is Teulon's Manitoba Youth Job Centre's (MYJC) coordinator for the second year in a row. The centre is located in the Teulon Civic Centre and operates throughout the week to assist youth aged 12 to 29 in all their employment needs.

We need your help: Nominate a local community leader

Deadline for submissions June 16

Staff

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Continued on page 15



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> ARNIE WEIDL Fishing career ends with trophy fish

Hi. Thanks for dropping by. With the coming of summer, the urge to travel far and wide in search of new fishing waters captures our imagination. It was no surprise that when I visited with folks around Lake Winnipeg's south basin last week, their unusual stories took us to unfamiliar places.

On a perfect sunny Tuesday morning on the Selkirk pier, I met Dan Carlson from Winnipeg. He seemed a man totally comfortable with his time and place in life. Relaxing in his fishing chair, cap over greying hair, his soft-featured face showed enjoyment as he told a heartwarming story of his brother-in-law, John, who caught just one fish, a master, in his whole life.

It happened that Dan and John were boat fishing on Granite Lake, Ont., and John, who had never fished before, was having no luck. When it was time to go back to camp, Dan told him to leave his line in the water to troll and maybe he'd get a bite. Minutes later, John's rod bent over hard. Dan stopped the boat, watching John's rod snapping, quivering and darting from side to side. The line twanged in strained tension as a monster jackfish ripped from the water, sending a spray high in the air. John, being a man of average size and not familiar with this kind of furious action, asked Dan to take over.

"Come on, Johnnie. You can do it. Hang in there," his brother-in-law urged.

Determined, John's hands clamped on his rod, his shoulders stiffened, he braced his feet against the side of the boat, hauling and reeling in. The jack set a pattern, being still then tearing away. Water skiers and boaters stopped to witness the hour-long battle. In time, though, the man conquered the fish and John brought the four-foot-long



TRIBUNE PHOTO BY ARNIE WEIDL
Nelson Ferreira of Sandy Hook with a pickerel he caught at Winnipeg Beach.

beast to the boat. The fight, however, had ended the pike. Later that night when they were in camp, Dan couldn't help having a little fun at John's expense. John had left the jackfish outside on the deck planning to get it stuffed and mounted. Dan and the men in camp kidded him, saying the bears would get it, so he dragged it in and placed his treasure in the freezer. John never fished again, but for years, every once in a while, he could be seen sitting in his living room, a satisfied smile on his face, raising his coffee cup to his fish on the wall.

Not long ago I met dad John Trueman and son James of Winnipeg. Both were

slim, grey-haired men with matter-of-fact natures who liked to observe people and things around them. They also liked to fish in Wallace Lake east of Bissett, which is known for its gigantic jackfish and from time to time would witness a spectacle that they had seen there before. They would watch as a mother duck would swim across the lake followed by its ducklings. All of a sudden, the huge teeth-laden jaw of a jack would appear under the duck and then both would disappear in a split second. Not long after, smaller jack fish would emerge and the ducklings would disappear. Such is the harsh reality of life in the wilds.

I was on my way over to Gimli last weekend and decided to make a quick stop at the Winnipeg Beach Marina Complex. On the north beach, I met Nelson Ferreira from Sandy Hook. He had caught a pickerel shore fishing there, which was kind of unusual because that beach is known mostly for bass fishing.

Later in Gimli, I met local Randy Dann, a tall, well-built chap with short light hair who spoke with warm intelligence as he gave us a story. He had spent a fair amount of time working and angling in northern Manitoba, and as we know you get spoiled with the unbelievable fishing up there. It seems he was working with a pilot and chopper years ago and they set down on a flat rock face with foot-deep spring water trickling over it by Island Lake near Waasagomach. Countless pickerel, he said, were swimming between their legs, so instead of catching their supper fish with rod and reel, they literally slapped their legs together, stunning them, and then tossed a few onto the floor of the chopper!

Till next week. So-long, my friends.

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His fiddle was his voice

By Jeff Ward

Following the passing of local musician Emile Lavallee, his wife is remembering him in his brightest and most powerful moments.

Lavallee spent nearly his entire life playing music on his fiddle. The instrument not only brought joy to Lavallee's life but to those who surrounded him. His wife Marcelle describes it as his joie de vivre and a passion that is deeply rooted in his Métis heritage.

Lavallee might be best known around the Interlake for his involvement in the band Country Pride, which he played with for 23 years. Lavallee's family was very musical since his mother played the piano and his brother and sister played guitar and fiddle.

"He started playing when he was five years old, and when he was 10, people started asking him to play at house parties. His parents would have to come pull him away and tell him that there was school the next day," said Marcelle.

His passion for the fiddle and music in general led Lavallee on a journey that would take him all over the country. In 1992, he was asked to represent the Métis nation in Ottawa at the Parliament Building and at Rideau Hall. He was asked to play for Radio Canada in Regina with a group of Métis fiddlers to a record an album titled *Drops of Brandy* to help keep traditional fiddling music alive.

Lavallee was also asked to play at the Smithsonian Museum when the community of St. Laurent was asked to represent the Métis nation in a new exhibit. During this time, Lavallee played at the Canadian Embassy in Washington, D.C., and his first fiddle was displayed in the exhibit at the Smithsonian.

Since 2002, Lavallee has been hon-

oured with many awards including the Queen's Gold Medal for his involvement in the community and the Prix Louis Riel for Arts and Culture. He is also on St. Laurent's Wall of Fame and in the Morden Hall of Fame, among other honours.

"I think he was living to play music. It was his passion to play. We've been married for 25 years and I think I fell in love with him because of his music. It was so peaceful to listen to him play, and the way it moved people was amazing. He would come home after a night of playing at 3 a.m. and I would

wait up for him and ask how it went. He would say, 'People danced and it was great,' and I felt great to hear those stories," said Marcelle.

His wife describes him like many others did — a gentle and kind man who was a bit shy. But when Lavallee had his fiddle in his hands and got on stage, he shone brightly and could get even the most stubborn people up and moving to the music.

That, of course, made it all the more difficult

when Lavallee had to put down his fiddle for good two years ago due to his battle with Alzheimer's.

"He would play with [Country Pride] and would start on a different note than he was supposed to and then go into an entirely different song. [His bandmates] asked him to step aside and I think he knew it was coming. You could tell it was very hard for them to ask him to do that, but it was the right decision. When I think about it, I'm ready to cry," said Marcelle.

Tragically, the disease took Emile's life on March 21. He was 86.

"We had his funeral and played music from his CD and it was really heartwarming. Emile had a wonderful life, a full life. It's tough without him, but I take it one day at a time," said Marcelle.

It's very fitting for those who knew

"HE WOULD SAY, 'PEOPLE DANCED AND IT WAS GREAT,' AND I FELT GREAT TO HEAR THOSE STORIES."



TRIBUNE PHOTO SUBMITTED

Emile Lavallee left an indelible mark on those who knew him well and those who heard his music. Through his trusty fiddle, he was able to bring joy and love in the melodies he played.

Emile Lavallee so well and were often brought joy from his music to be once again be lifted up and comforted by those same songs. To be the soundtrack at your own funeral might be the perfect way to say goodbye.

Lavallee's impact on those who heard his music will be remembered through his many albums and live shows. But his impact on those who knew him best in St. Laurent leave much stronger memories behind. Lavallee managed Rice Sportswear in St. Laurent for 10 years and had 37 employees working for him at one point. He eventually became a building inspector and was even elected to council.

"My grandson was asking me about Emile the other day because he never got to hear him play. He said that he was sad knowing that Emile's passion

was his fiddle and that when he had to leave it behind, it was the end of an era for him," Marcelle said.

"But he played until he was 84 years old. He had a full musical life. He always wanted to be involved in the community and was very generous with his time, especially when it came to music, and I think he lived for that."

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204-383-5104

ParticipACTION 150: Someone let me shoot a shotgun (#truestory)

By **Natasha Tersigni**

For some, it is the smell of fresh cut grass. Others that new car smell. For me, however, it is that crisp, jarring smell of gunpowder from a freshly fired weapon. The smoke fills your nose and stimulates the pleasure senses in my brain.

Thanks to Stonewall resident Lorne Ross, I had the opportunity to experience that smell once again at the Winnipeg Trap and Skeet Club located near Oak Bluff.

Lorne, a member and volunteer at the club for over 25 years, began when his daughters were in their early teens and wanted to try the sport. Over the years, he has been able to grow the youth program and get many teens involved in a sport that is often not known about. He was recognized for his volunteer efforts in 2013 by being inducted into the Manitoba Trap-shooting Hall of Honour.

Thanks to an invite from Lorne, I was able to take part in an activity I knew nothing really about, and it was awesome. Also, I got to shoot a shotgun for the first time in my life.

For those of you who, like me, have heard of the sport but did not know much else, here is a quick rundown. Trap and skeet shooting are actually two different disciplines in competitive clay pigeon shooting. Trap shooting is where participants have five shoots from five stands and the clay target is launched from a single "house." In skeet shooting, individuals take turns shooting from the same spot and have to hit two targets that are launched from two houses at the same time.

Armed with a 12-gauge shotgun and some great tips from Lorne, the club's president Kevin Agius and vice-president Chris Thompson, I was off to shooting the pigeons. After some amazing beginner luck, where I hit all three targets on the first shot, I took part in a real trap shooting session with four other youth members of the club.

Standing there with a shot gun glued to your shoulder and face, yelling pull

and trying your hardest to anticipate, line up and shoot the moving clay target is way harder than it looks. As well, by then all my beginner luck had run out. Each time I pulled the trigger, I was half a second too late or too early.

When all was said and done, I finished with a score of two out of 25. As it was my first time, I was feeling pretty decent and not too shabby having been able to shoot twice on target. Then Lorne told me about this shooter from Brandon who consistently has hit 700 clay pigeons in a row during competition. That is insane! The only thing I can do 700 times in a row is snore.

I can't thank Lorne enough for the invite. It was an amazing experience and at the top of my list so far.

Since the ParticipACTION 150 list doesn't have trap and skeet shooting on it, which is a shame, I counted this experience towards activity #139 Hunting; after all, they do call the clay targets pigeons and I did shoot a few.

Aside from shooting, which did leave my shoulder a bit bruised thanks to the wicked kick from the shot gun, I crossed a few more items off my list last week.

Tuesday, I went to Stonewall resident Tania Laurie's house where I, pretty unsuccessfully, completed activity #57 Chopping Wood. I blame the dull axe, not my lack of bicep for my terrible inability to split the logs.

Friday night, I hung out at Brant-Argyle School where they attempted for the second time a Grade 4-6 camping trip. Unfortunately, the trip was rained out and the tents were moved indoors, but it still counts as #17 Camping. After all, there was tents, roasted wieners and, of course, no sleep.

Sunday morning, I headed to Stonewall's Kinsmen Lake where the lifeguards were getting ready for the season's opening day on June 17. Under their watchful eye, I crossed off the lifeguards I was able to cross #4 Swimming, #13 Diving and #41 Building a Sandcastle.

With one week left before my sum-



TRIBUNE PHOTO BY KEVIN AGIUS

Thanks to an invite from Stonewall resident Lorne Ross, I was able to try Trap and Skeet Shooting while shooting my first shot gun.



TRIBUNE PHOTO BY JO-ANNE PROCTER

For activity #4 Swimming, not only was I the first person in Kinsmen Lake for the year, but I had my own cheering section (or life-saving section). The lake opens to the public on June 17.

mer hiatus, be sure to get your ParticipACTION 150 invites to natasha@stonewallteulontribune.ca. Activities at the top of my list including #62 Wa-

ter Skiing/Wakeboarding, #95 Trampoline, #63 Surfing and #96 Beach Volleyball.

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Stonewall faces unexpected delay in lagoon expansion project

Stonewall council news in brief

By Jennifer McFee

The Town of Stonewall is potentially facing an unexpected delay in its lagoon expansion project.

At the end of the council meeting on June 7, Mayor Lockie McLean explained that the Water Service Board is overseeing the project and working with the engineering firm Tetra Tech. On May 16, they met with regulators from Sustainable Development, who expressed some concerns.

"The main issue that they have with the design of the lagoon is the low permeable soil over the local shallow limestone aquifer and the potential for a high water table," McLean said.

"They said the town uses a deeper sandstone aquifer, but there's still local private wells into the shallow limestone aquifer. So they're worried about a lagoon that can penetrate into the water supply."

As a result, the board is working with Sustainable Development and the engineering firm to do whatever is needed to allay any concerns.

"We just have to let the good folks do their thing so that when we do the project, we make sure it's done 100 per cent right," McLean said. "We don't rush it."

The town will contact the provincial

and federal government to keep them up to date on the situation and to request additional time to complete the project so that government grants will still be available.

"We have to apply for an extension of the Clean Water and Waste Water funds beyond April 2018 because that's when they were set," McLean said.

"Tetra Tech is looking at design changes to keep the project within budget, so let's keep our fingers crossed."

In other council news:

- Council heard from members of the Age Friendly group, who provided an update on the organization and age-related issues.
- McLean noted that the financials for the Stonewall Curling Club are in great shape.
- Council passed second and third reading of a bylaw to establish the Stonewall Rockwood emergency management board and position of emergency management co-ordinator.
- Parks staff will be trimming branches trees and shrubs this week until June 16, so drivers are asked to slow down and pass workers with



TRIBUNE PHOTO BY JENNIFER MCFEE

Stonewall Age Friendly committee members met with Stonewall council at last week's meeting.

caution.

- The new Bell MTS tower went up last week to increase the bandwidth for cellular service in town. Bell MTS is also upgrading underground conduits to supply fibre network throughout various sections of the town along multiple municipal right of ways. Council granted

the company permission to complete the installation as outlined in its plans.

- The June 14 committee of the whole meeting has been cancelled.

Rosser council news in brief

By Jennifer McFee

At a special meeting on June 6, Rosser council agreed to enter into a conditional use development agreement with Canada Sheep and Lamb Farms Ltd., which plans to establish a sheep ewe breeding facility for 21,153 animals (1,923 animal units).

In other news, the RM of Rosser will host a come-and-go retirement tea for CAO Bev Wells on Tuesday, June 27 from 2 to 4 p.m. at the municipal office. All are welcome to bid farewell to Wells, who has worked with the municipality for the past 10 years.

<p>Splendors of Niagara Falls "One of the Seven Natural Wonders of the World" September 10-18 Falls Boat Ride, Niagara on the Lake, Jackson Triggs Winery Tour, Niagara Falls Revolving Restaurant Dinner & More!</p>	<p>Nashville, Branson, Pigeon Forge Oct 21-Nov. 3 The Great Smoky Mountains, Graceland, Dollywood, Grand Ole Opry, Country Music Hall of Fame, Live Music Shows, Guided Tours, Breathtaking Scenery and so much more!</p>
<p>Southern Caribbean Cruise Group Departure on Holland America's Newest Ship the ms Koningsdam January 23 - February 4 Ports of Call: Bahamas, Porto Rico, Antigua, Barbados, Guadelope, U.S.V.I, Dominican Republic, Turks & Caicos</p>	<p>Branson and the Ozarks November 5-13 Unique Sightseeing, 7 Top-Rated Music Shows & Attractions Including Daniel O'Donnell & Silver Dollar City, Scenic Drive, Christmas Lights & More!</p>
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Opening June 25, 2017

Selkirk Regional Health Centre at 120 Easton Drive

On June 25, Selkirk & District General Hospital staff and patients will be moving into the new Selkirk Regional Health Centre at 120 Easton Drive, located between Selkirk & District General Hospital and Selkirk Recreation Complex.

Patients are encouraged to avoid the ER during 6 a.m. and 12 noon, if possible, as there will be some disruption in service during the patient move. Phone 1-866-267-5818 to find an alternate emergency department.

This new centre will provide the entire region with more specialized services such as the region's first MRI, a family birthing unit, outpatient centre and a larger emergency department, surgery, dialysis, Cancer Care, food services, and more.

Reception is located just inside the main entrance and staff there can help direct patients and visitors. Visiting hours remain the same (10:00 a.m. to 8:00 p.m.)

The hospital main phone number is the same: (204) 482-5800 and departments and services will retain their current numbers with the move.

For contact information and to view maps and videos of the new health centre, visit www.ierha.ca, select **Care in Your Hospital** and click on **New Regional Health Centre in Selkirk**. The EMS station and the community audiology program will continue to operate in the old hospital in the interim.

A grand opening with public tours is planned for fall this year. More information will be provided.

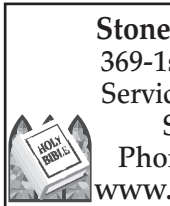
We look forward to caring for you in our new regional health centre!

worship *with us*

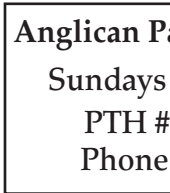
> FAITH



Teulon United Church
11:15 a.m. Teulon
Phone 886-2382
teulonpastoralcharge@mymts.net



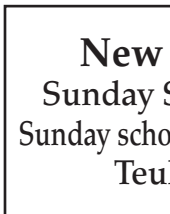
Stonewall United Church
369-1st Ave. N., Stonewall
Service and Sunday School
Sundays 10 a.m.
Phone 467-5469 (office)
www.stonewallunited.ca



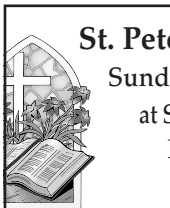
Anglican Parish of St. Cyprian
Sundays at 10:00 am
PTH #7, Teulon
Phone 886-3203



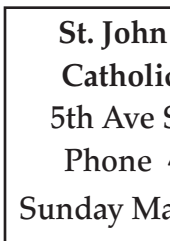
**Interlake Full
Gospel Assembly**
Teulon
Sundays at 11:00 am
Phone 886-2680



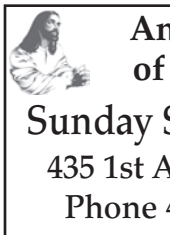
New Life Church
Sunday Service 10:30 a.m.
Sunday school for all ages 9:30 a.m.
Teulon 886-3269




St. Peter Lutheran Church
Sunday Service - 10:00 am
at St. Cyprian Anglican
PTH #7, Teulon
886-2159



**St. John Vianney
Catholic Church**
5th Ave SE Teulon
Phone 467-9016
Sunday Mass 11:30 am



**Anglican Church
of the Ascension**
Sunday Service 10:15 am
435 1st Ave. N., Stonewall
Phone 467-8466 (office)




**Grosse Isle and Rosser United
Church Services**
Rosser Sunday 9:45 am

Lilyfield United Church
Rd. 68 & Sturgeon Rd.
Service 9:30 a.m.
Phone 344-5426




**Alive!
Family Church**
Sunday Hymn Sing 10:00 a.m.
Sunday Worship 10:30 a.m. at
Sunova Auditorium, Quarry Park
Interpretive Centre, Stonewall
Phone 467-2870
www.alivefamilychurch.ca



**Warren & Meadow Lea
United Church Services**
Joint Services
Alt. Sundays at 10:30 am
Call 322-5752 for location of service.



New Life Church
Sunday Service 9:00 & 10:45 a.m.
Sunday Morning Classes
9:00 a.m. - All Ages
10:45 am - Nursery - Gr. 4
Childcare for Nursery School to Gr. 4
1 km East on Hwy 67, Stonewall
Phone 467-5529 (office)




**Woodlands
Gospel Chapel**
Service 7 p.m.
Sundays
Hwy 6 + Rd 82,
Woodlands
Phone 383-5372



**Cornerstone Pentecostal
Church**
Sunday Worship &
Sunday School 10:30 am
Youth Nights - Sundays 6 pm
Thursday Bible Study
& Kids Club 7 pm
308 2nd Ave. N., Stonewall
Phone: 467-9797



Christ Church Anglican
97 School Rd,
Stony Mountain
Service 10:15 am
Phone 489-4847
or 344-5220



**Christ the King
Catholic Church**
Sunday Mass 10:00 a.m.
315-2nd St. E., Stonewall
Phone 467-9016

The Proof is in The Healing

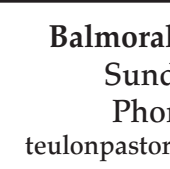
There are many examples of Jesus' miraculous nature to be found in scripture. Transformed lives are often not enough to catch the interest of a secularist. It is when the story enters the scientific realm that people pay attention. Jesus was aware of this. When He told a man that his sins were forgiven; the religious scoffers said that only God could forgive sins. In response, Jesus asked "Which is easier to say, "Your sins are forgiven you," or to say, Rise up and walk?" When they didn't answer; Jesus commanded the man to rise, take up his bed and go to his house. The proof was so conclusive; His critics were temporarily silenced.

Our world today is much the same. The number of ancient prophecies fulfilled by Jesus' birth and life alone (well over 200) reveal that something beyond chance was happening. The amazing accuracy of the ancient prophets; have caused many people to scoff at the authenticity of the text and its chronology. However; the consistent accuracy of historical archeology leaves doubters perplexed. These detractors commonly come from western society. These western world critics of scripture believe that success in world innovation proves that logic should explain away all theological questions.


There was one person that was forever changed by the miracle of Jesus. The paralytic man who walked home that day was changed for all eternity. His future faith or lack of faith would always be connected with the healing that he received. Even if he chose to not believe; his position of responsibility before God would never be the same. God holds us responsible for what truth we have been given. "To whom much is given; much will be required." (Luke 12:48).

There is an opportunity for each of us to know God on a much deeper level. This requires only a simple step of faith. "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." The healing virtue of forgiveness and cleansing will happen when we give our pain and problems to Christ with an open heart. Trusting God enough to let Him carry our burdens and heal us is only going to cost us our pride. The proof is in the healing!

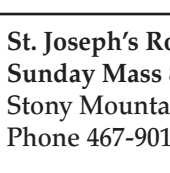
Pastor Jonathon Dewey
Cornerstone Church of Stonewall
joncdew@gmail.com



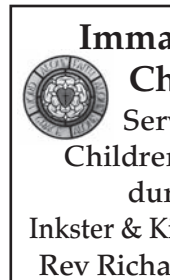
Balmoral United Church
Sundays 9:30 am
Phone 886-2382
teulonpastoralcharge@mymts.net



**Stony Mountain
United Church**
12 Main St., Stony
Mountain
Phone 344-5426



St. Joseph's Roman Catholic Church
Sunday Mass 8:30 am
Stony Mountain
Phone 467-9016



**Immanuel Lutheran
Church (LCC)**
Service 10:30 am
Childrens Sunday School
during Worship
Inkster & King Edward, Winnipeg
Rev Richard Beinert 632-6911



**Church of the
Annunciation**
Woodlands
Service
12:00 noon

To participate in this monthly section please call 467-5836

Dishing the dirt on soil delivery

By Jennifer McFee

A local business is dishing the dirt on how to make your landscaping tasks a little easier.

Lach Sod Farms, located near Balmoral, has become Manitoba's first and only licensee of the Big Yellow Bag Black Garden Soil company.

When Big Yellow Bag got its start in Ontario, the business approached sod farms in the area to get involved. Since then, the company has spread to locations across Western Canada and the United States.

Bethany Jongstra has been busy fielding calls about the new service during her workday in the office for Lach Sod Farms, owned by John and Catherine Tollenaar.

"The current owner bought it four years ago," she said. "He's a grain farmer but he took on the sod, and this is the next new project."

So far, their first season with Big Yellow Bag is already great success.

"It's definitely new for us," Jongstra said. "We've been really busy."

The simple approach of Big Yellow

Bag is proving to be a popular option for anyone needing some soil for yard work or other projects.

"The concept is that rather than getting a truckload of soil dumped on your lawn, you get a bag with one cubic yard of our black garden soil. It's made of peat, loam and compost, so it's a really good mixture as far as nutrients are concerned," Jongstra said.

"It has a tarp that covers and protects it, so it can sit out. It doesn't have to be used up right away and it leaves no mess."

Even the delivery method is straightforward for the orders, which span as far as Winnipeg and beyond.

"We tell people to mark an X on their driveway. Then the driver comes and puts the bag right down on the X," Jongstra said. "No one has to be home. It's exactly where they want."

For more information about Big Yellow Bag Black Garden Soil at Lach Sod farms, call 1-855-843-4222. More information about the business is also available online at www.bigyellowbag.com.



TRIBUNE PHOTO SUBMITTED

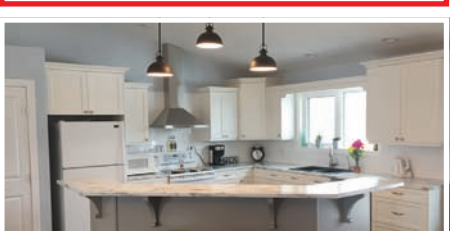
Bethany Jongstra and Nathan Tollenaar showcase a one-cubic-yard bag of their black garden soil, available through their Big Yellow Bag business at Lach Sod Farms.

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Family-friendly fun

Touch A Truck raises nearly \$14,000 for Stonewall Children's Centre

By Jennifer McFee

A rainy morning and windy afternoon didn't stop the crowds from gathering on Saturday for the third annual Stonewall Touch A Truck event.

Close to 3,000 people flocked to the Stonewall Agricultural Grounds for the family-friendly outing that acts as a fundraiser for the Stonewall Children's Centre. This year, the event brought in nearly \$14,000, which will be used towards new flooring in the local centre that serves more than 90 families.

Assistant director Pam Kozokowsky was pleased with the outcome of the outdoor event, which allows kids to climb, explore and discover a range of different vehicles. This year, the field was filled with everything from farm equipment to emergency vehicles — and much, much more.

But the main attraction seemed to be an appearance from mascots Marshall and Chase from the popular *Paw Patrol* show. Wherever these pups went, a group of awestruck children followed.

"Chase and Marshall were the highlight this year," Kozokowsky said. "It was neat to see the excitement of the kids."

And despite a few unexpected setbacks, the outdoor adventure was a great success that brought smiles to the faces of tots, toddlers and even adults.

"Unfortunately, neither of the helicopters were able to come," Kozokowsky said.

"The pilot of the police helicopter ended up in the hospital, and the STARS helicopter was on the way there when it got dispatched."

Nonetheless, there was plenty to see entertain families who travelled from near and far for the chance to touch some trucks.

Other highlights included the barbecue hosted by the local Scouts group, the bouncy castle, the barrel train brought by the Lions group (who also volunteered to oversee the parking), face painting, and a drills display featuring a conservation service dog named Hunter.



TRIBUNE PHOTOS BY JENNIFER MCFEE AND ASHLEY PELTZ



Teulon summer day camps registration now open

By Natasha Tersigni

There are only a few weeks left until school is let out for the summer and it is time for parents to start planning how to keep their children and youth active and engaged for eight long weeks.

Thanks to a number of local community-run day camps, the summer break will be a breeze for both parents and children.

Green Acres Arts Camp

The Green Acres Arts Centre (GAAC) has a full summer lineup of week-long day camps to meet a variety of interests. New this year is the Summer Dance Camp (July 10-14) with the centre's new instructors Alycia Campbell and Elena Modrzewsk and a Highland Dance Camp (July 25-27) with instructor Lesley Bond.

"What is exciting this year is our two new dance instructors will be hosting a camp. Alycia and Elena started with us in the fall and they decided to also run a camp. A unique program they brought to GAAC was a boys' only dance class, which will be con-

tinued in the fall. With the summer camps, they will be open to both boys and girls," explained GAAC director Nicole Dzuba, who added that the dance camp will include many different styles including ballet, lyrical, jazz and hip-hop along with a sampling of contemporary, musical theatre, ballroom and jazz funk. The other dance class being held over the summer at the GAAC is the Highland Dance Camp.

"This is our first time operating a Highland Dance camp. Our instructor, Lesley Bond, offers the program during the year but this is the first time she is available for a summer camp. It is really nice because it will give both campers and parents a taste of the program that will be offered this fall. Along with dance, she is planning on incorporating Highland Games activities into the camp."

Along with the dance camps, the centre will be hosting the Outdoor Experience Camp with Kelly Klein Aug. 14 to 18. The sessions combine outdoor adventure with survival activities such as orienteering, archery, hiking and camping skills. As well, the centre will be hosting a Film Mak-



TRIBUNE FILE PHOTO

Teulon Green Acres Art Centre is now taking registration for summer camp.

ing Camp for youth aged 8 to 14 years where campers will go through the entire process, from script writing to video editing, on how to create their own film.

For more information or to register for any camp, contact the Green Acres Art Centre at gaac@mymts.net or 204-886-3192.

Teulon-Rockwood summer camp

Also in Teulon for the summer,

the Teulon-Rockwood Recreation Commission is running day camps throughout the week for children aged 5 to 12 years old from July 1 to Sept. 1. The camps are run out of the hall and are organized and supervised by Sam Morin, who has been running Spring Break and In-Service Camps for the last year.

Contact the Teulon-Rockwood Recreation Commission at teulonrockwoodrec@gmail.com or 204-861-0341 to register.



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Stonewall air cadet squadron celebrates a successful year of firsts

By Natasha Tersigni

Stonewall's 301 Alan McLeod VC Royal Canadian Air Cadet Squadron (RCACS) had many milestones to celebrate with family and friends at their 9th Annual Ceremonial Review on June 8. The evening showcased the accomplishments of both cadets and the program as a whole.

To begin, the ceremony the cadet parade was led into Stonewall's VMSC arena by the squadron's first ever drum band. After nine years, the squadron has been able to establish a band program and displayed their growth since starting nine months ago.

Awards and promotions were announced following the Reviewing Officer Lieutenant Colonel (LCol) Maggie Jacula's inspection of the cadets. Major award presentations of the evening included the Royal Canadian Legion Cadet Medal of Excellence award to Warrant Officer (WO) 2nd Class Kaylea Gross. Gross was recognized for her dedication and involvement with community citizenship and the cadet program. Flight Sergeant (FSgt) Madison Bumstead was awarded the Lord Strathcona Medal; the highest award that is bestowed upon a cadet recognizing a cadet's exemplary performance in physical and military training.

During the evening, announcements were made about the cadets that were successfully chosen to attend and staff Cadet Training Centres across the country. Special recognition was given to those cadets who were awarded senior scholarship courses. These cadets had to go through a rigorous selection process that included exams and board interviews. Cadets selected for senior summer courses included Sgt Beth Ladyka for a Glider Pilot Scholarship in Gimli, Sgt Devon Emms for the Advanced Aviation and Technology course at Candor College in Ontario and Sgt Megan Emms for the Advanced Aerospace course in St. Jean, Que.

Highlighting the success of the cadet program over the year was the squadron's Commanding Officer Captain



WO 2nd Class Kaylea Gross received the Royal Canadian Legion Cadet Medal of Excellence from President Tim Williams.



Stonewall's Royal Canadian Legion Branch 52 President Tim Williams, left, presented FCpl Charlotte Johnston with the Top Level 3 Cadet award.



2Lt Heather Pesto, left, presented LAC Payton McElory with the Best Morale and Esprit De Corps Award. McElory also received the Top Level 1 Cadet award.



Lakeside MP Ralph Eichler, left, presented both Cpl Bryn O'Neil, middle, and Adam Stamler with the Top Level 2 Cadet award.



OCdt Gabriel Dew, left, presented FCpl Lance Lecocq-Gareau with the Most Improved Cadet Award.



FSgt Madison Bumstead, right, received the Lord Strathcona Trust Fund Medal from LCol Maggie Jacula.



Civilian Instructor Bonnie Hodgson, left, presented Cpl Josey Chrisp with the Top Biathlete Award.



Cpl Jonathan Shipley, right, received the Top Athletic award by Sgt Nathan Kachur.

(Capt) Pam Graves. Along with this being the inaugural year for the band program, this year also marked the first time a cadet, Cpl Josie Chrisp, from 301 squadron earned a spot to compete at the National Biathlon Competition. As well, this was the first time

a cadet, WO 1st Class Brandin Rozsa-Hrabinski, was chosen to be a Canadian ambassador for the International Air Cadet Exchange program. This summer, Rozsa-Hrabinski will be travelling to the Netherlands as part of the program.



TRIBUNE PHOTO BY NATASHA TERSIGNI
Royal Canadian Air Force aerospace engineer LCol Maggie Jacula was the Reviewing Officer for Stonewall's 301 Alan McLeod VC Royal Air Cadet Squadron's 9th Annual Ceremonial Review.



Pictured left to right: 301 Squadron Commanding Officer Capt Pam Graves presented WO 1st Class Brandin Rozsa-Hrabinski, FSgt Jefferson Holod, FSgt Madison Bumstead and Morgan Herda with a 301 Squadron coin for at least five years and having made a significant impact on the program.



WO 1st Class Brandin Rozsa-Hrabinski, right, received the Best Dress and Department award by Civilian Instructor Gord Allan.



Capt Ray Friesen, left, presented FSgt Jefferson Holod with a \$1,000 Hubbell Award scholarship. Holod will be attending Seneca College School of Aviation in Peterborough, Ont., this fall.

"We have had a very successful year. The cadets have excelled in their training and it is nice to see some of the younger cadets step up this year by taking on more leadership roles in the squadron. We have been involved in more citizenship work this year including helping with the Quarry Choristers, cleaning up Stonewall Memorial Park, helping out with Winnipeg Harvest and marshaling and crowd control for the Women in Aviation Event, and we hope to continue



Sgt Beth Ladyka, received the Top Marksman award by Capt Ray Friesen.

this success in the fall," said Graves.

One Insurance thanks customers and helps local foodbank



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Left photo: Stonewall's One Insurance held a customer appreciation luncheon on Friday. Guests were treated to a free lunch catered by Danny's Whole Hog with monetary donations being accepted on behalf of the local food banks. Right photo: One Insurance staff members Vladimir Adelkhanov, Tracy McKnight, Kyle Towerzey, Stacey Jira, Tracy Phillips, Alycia Campbell, Scott Fox, Janet Sinclair and Ashley Hallow.

> LOCAL COMMUNITY BUILDER, FROM PG. 5

We are asking for headshots of community builders, volunteers and anybody who has made a contribution in shaping the Interlake and deserves to be recognized. If you know somebody that fits this description, then snap a picture and email it to the *Tribune* at canada150@stonewallteulontribune.ca.

Don't forget to be creative. Do you have a hockey coach that has gone above and beyond over the years? Do you know someone who volunteers countless hours in the community but is a bit camera shy? Maybe the founder of the local 4-H club or your community newspaper? We are looking for community builders to celebrate Canada 150.

As a community paper, we strive to ensure everybody's voice is heard, so here is your chance to recognize someone important in our community.

Please email us a headshot of a person you know that deserves to be recognized to canada150@stonewallteulontribune.ca.

Be sure to include a few lines detailing the builder's community involvement and the reason why they should be in our Canada Portrait 150 project.



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Woodlands council moves forward with short-term action planning

By Natasha Tersigni

Woodlands council has been working in partnership with community stakeholders and Winnipeg-based community planning and architectural firm HTFC Planning and Design to develop a short-term action plan to determine what projects and initiatives should be made a priority to help the municipality grow.

Last week, a community open house was held to present the progress on the plan and to ask residents for their input. The open house was held after a lengthy consultation process where HTFC community planners Adam Kroeker and Jason Syvixay developed projects and initiatives that would complement current infrastructure.

"We started this process in the fall of 2016 and we started off with our own research on the statistics of and our internal assessment of the communities. We looked at the major economic drivers, populations and commercial industries and from our assessment. We brought together a workshop with different stakeholders that helped us to identify strengths and constraints of the community. From there, we identified opportunities in housing; tourism, recreation and outdoors spaces; agriculture, commerce and industry; and health, education and social participation that would benefit Woodlands," explained Syvixay, who added that HTFC was the firm that created the Woodlands Community and Sustainable Development plan back in 2006.

"This was a large-scale plan that looked at land use and zoning over a long term, 20 to 25 years. What we are doing now is to work within that plan to develop a short-term action plan with



TRIBUNE PHOTO BY NATASHA TERSIGNI

Developer Darren Minaker, left, Woodlands Reeve Trevor King, middle, and HTFC Community Planner Adam Kroeker spoke at the RM of Woodlands Short Term Action Plan Open House held in the Warren Community Hall on June 8.

about a three-year window in how to create small-scale progress. That is important with community planning to get residents to buy into the projects and to get organizations and people to work together."

Projects identified as being priorities included promoting development of multi-family rental housing and seniors' housing; plan for landfill expansion or other options to anticipate landfills reaching capacity; enhance or expand recreation trails; promote

commercial and industrial development in the municipality and expand opportunities for increased health and well-being in the municipality for people of all ages and abilities. From the open house, which was attended by 25 people, the projects identified as priorities included: to promote development of multi-family and senior housing; landfill expansion; enhance and expand recreation trails; promote commercial and industrial development; and expand opportunities for increased health and well being in the municipality.

Now that the projects have been identified, council will review HTFC's final report and will begin to put the action plan to work.

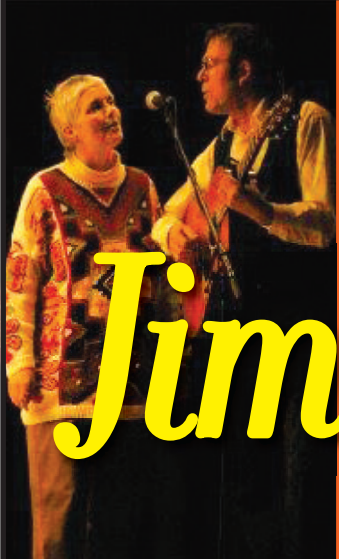
"Based on the feedback we receive from the open house, the input and projects will be chosen to finish off the report and start acting on it," said RM of Woodlands Reeve Trevor King.

"There are a lot of ideas and ways to help grow and develop the community, and with the help of professional planners and consultations, we can get them down on paper and put into action. We now have a roadmap to help build our community and have identifiable priorities that people want to see done."

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Meadows grain elevator set to come down this week

By Jennifer McFee

Times are a-changing in the Meadows community where a local landmark will soon disappear from the landscape.

The Meadows grain elevator is expected to come down in the near future after being part of the backdrop of the community for more than a century.

Isla Hagborg shared some of the elevator's history, which is documented in publications entitled *The First Hundred Years: 1893-1993 Rural Municipality of Rosser and Meadows Centennial 1970*.

The Meadows elevator was built by D. McLean in 1912 and was sold to the McLaughlin Grain Company in 1915. In 1922, Paterson Grain bought the elevator, which burned down and was rebuilt the same year powered by a 12-horsepower gas motor.

Over the following decades, several annexes were added, bringing the total capacity of Meadows elevator up to 147,900 bushels.

A fertilizer shed was added in 1964, and the Patersons acquired a five-room house in the town of Meadows. By 1970, 45 permit holders at Meadows covered 22,850 acres.

In 1976, the old No. 2 plant was sold for demolition. Two years later, a semi-permanent annex was demolished and replaced with a permanent annex, which enhanced the operation with its two drag conveyors powered by 10-horsepower drives.

The Meadows elevator has been out of operation for a long time, and the last elevator agent assumed the role in 1991.

For Hagborg and her husband Walter, the elevator played an integral



TRIBUNE PHOTO SUBMITTED

A group of past and present community members met at the Meadows elevator for a photo last week.

part in their lives since they hauled grain there while farming under the name of Mallard Acres Ltd.

"It's part of the history and landscape that's going to change, just like when the telegraph wires all went down," said Hagborg, who now lives in Warren. "It's one of those things that's inevitable."

With limited time left for the Mead-

ows elevator, a large group of past and present community members met at the site last week for a group photo, followed by coffee and dainties at the community hall.

Many reflected on changes in the small rural community, located on the main line of the CPR. Back in its heyday, it was a hub of activity with a school, store, railway station, section houses and a post office.

"All of that has disappeared. The last thing to go is the elevator," Hagborg said. "The Meadows Community Club formed in 1928. Along with the hall, it's the only thing that's still

there."

Delphie Norberg expressed similar sentiments as she reflected on the long-standing history of the local grain elevator, which she and her husband used after they bought his family's farm.

"It's a landmark. For the fall supper and anything else, we always used to tell people to turn left at the elevator," she said. "When you grew up and lived in the community, you went by it every day. For so many people to turn up for a photo, I guess it shows that a lot of people cared about it."

From one to another



TRIBUNE PHOTO SUBMITTED

Teulon's One Insurance office was happy to present the Teulon Food Bank with \$255 from their Customer Appreciation Day held on June 9. Pictured left to right: Rachelle Phillipe, Amy Dellebuur, Darci Loehmer and Mel Harris.

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> MEAL IDEAS

Watermelon Raspberry Lemonade



This lemonade is accompanied by raspberries and of course a refreshing twist of watermelon. Serve this up during summer time or year round for a refreshing thirst quencher.

Recipe from

<http://www.watermelon.org>

Ingredients

6 cups watermelon chunks (seeds removed)

1/4 cup raspberries

1 cup water

1/3 cup sugar

1/2 cup lemon juice

Instructions

Place watermelon, raspberries and water in container of electric blender, cover and blend until smooth. Strain through fine mesh strainer into pitcher. Stir in sugar and lemon juice until sugar dissolves. Refrigerate until chilled, about 1 hour.

Servings

Makes 4 servings.



Wisdom in the Wilderness

This kind of land is infused with spirit. One cannot help but feel immense awe, regardless of which direction the eyes are cast. Breathing in the clear, moist air feels like breathing in the spirit of the earth.

Entering the rainforest was like entering a sacred realm. It was so quiet. The tall trees, hundreds of years old, reached up to the sky. The sunlight filtered through, illuminating the forest floor, which was a world unto itself. Green life sprouted everywhere, be it mosses, ferns, or new little trees, often growing out of nurse logs—huge trees that had fallen to the ground. These massive trunks, even in death, provided nurturance for new life. The forest continually renews itself.

It also renews those who venture there, for it is the original natural habitat of humans. I also believe it speaks to us, infusing us with deep wisdom. I shall look forward, in the weeks and months ahead, to decoding its messages. And, of course, I shall return.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on FaceBook for daily inspiration.

THE CLEAREST WAY INTO THE UNIVERSE IS THROUGH A FOREST WILDERNESS - JOHN MUIR

Recently I spent a week in the Pacific Northwest, alternating between hikes along the ocean, and through the rainforests. As it was the first week of September with everyone heading back to school, it was quite secluded.

My accommodation was a rustic cabin with a woodstove—no television, no telephone (not even cell phone reception) and no internet access. The only sound was the gentle crashing of the waves upon the shore.

As there were often no people in sight, the experience, at times, felt surreal.

Walking along the beach in the morning mist, the vast sea on one side, and towering spruce trees on the other, I imagined what it must have been like for the earliest people who settled there.

It was not surprising, I mused, that the native Indians were so spiritual.

Watermelon Greek Salad



Recipe from

<http://www.watermelon.org>

Ingredients

3 cups kale, chopped fine

2 cups diced watermelon, seeded

2 cups peeled and diced English cucumber

1/2 cup diced red onion

1/2 cup Kalamata olives, cut in halves

4 tablespoons extra-virgin olive oil

2 tablespoons balsamic vinegar

1 teaspoon minced garlic

1 tablespoon chopped fresh mint

serving grated pepper
1/2 cup crumbled feta cheese

Instructions

1. In a large bowl, add kale, watermelon, cucumber, onion and olives.

2. In a small bowl, whisk oil, vinegar, garlic, mint and pepper.

3. Pour dressing over salad and toss thoroughly. Top with feta cheese.

Serve.

Servings: Makes 6 one-cup servings.

Pork and Watermelon Kebobs



Recipe from

<http://www.watermelon.org>

Ingredients

6 tablespoons brown sugar

6 tablespoons soy sauce

6 tablespoons diced red onion

3 garlic cloves, minced

3 tablespoons lemon juice

1 tablespoon olive oil

1/4 teaspoon ground thyme

dash pepper to taste

1 pound Boned, lean pork chop, cut into 1" cubes (approximately 38 to 40 pieces)

32 (1 inch) cubes watermelon

16 - 24 (1/2 inch) zucchini rounds

16 (1 inch) pineapple chunks, fresh or canned

24 (1 inch) yellow and/or orange peppers

1 bottle cooking spray

Instructions

1. Combine sugar, soy sauce, onion, garlic, lemon juice, olive oil, thyme, and pepper in a mixing bowl. Pour into a zip-lock bag and add pork pieces. Seal bag, mix thoroughly, and refrigerate for at least 1 hour, turning bag on occasion.

2. Remove pork from bag and reserve marinade. Thread 5 pork pieces, 4 watermelon cubes, 2 to 3 zucchini rounds, 2 pineapple chunks, and 3 peppers on each of 8 skewers, alternating the order.

3. Heat the grill to medium high.

4. Spray cooking surface and place kebobs on grill. Grill for 12 to 15 minutes, depending on grill heat, or until done, turning and basting frequently with reserved marinade. Garnish with sesame seeds and chunks of watermelon.

Servings: Makes 8 kebobs.

Nutrition

Serving size: 1 kebob

Calories per serving: 234

Fat per serving: 8.9g

Saturated fat per serving: 2.5g

Folate per serving: 21mcg

Fiber per serving: 1.8g

Vitamin C per serving: 49mg

Calcium per serving: 35mg

Iron per serving: 1.5mg

Magnesium per serving: 47mg

Potassium per serving: 563mg

Sodium per serving: 488mg

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Warren excels at MHSAA track and field provincials

By Brian Bowman

For many young athletes, competing at the MHSAA track and field provincials can be a tad overwhelming.

But for Warren Collegiate's Alex Chester, she was quite comfortable in those high-pressured surroundings at the University of Manitoba last week.

Chester was sensational at her second-ever high school provincial meet, bringing home three medals.

She won gold in a thrilling junior varsity girls' 200-metre race, finishing in a super-fast time of 27.05 seconds to narrowly edge J.H. Bruns' Rofiat Agboola.

Chester's personal best in the 200m is 27 seconds.

"I wasn't expecting to get first," said Chester Tuesday afternoon. "But I kept ahead of everyone else (and went faster) at the end. It feels really good (to win)."

Chester, a Grade 10 student, was also a member of the Wildcats' 4X100m relay team (which included Hannah France, Grace Goodman, and Mackenzie Turner) that won gold.

They combined to finish in a sizzling time of 52.47 seconds.

"That was probably our best race (ever)," Chester said. "It was a new personal best. It was a good race and we had good handoffs."

Chester also won a bronze medal in the javelin and was fifth in the 100m. Goodman won the javelin with a great throw of 33.54m. That was ahead of College Jeanne Sauve's Jenna Campbell (31.96m) and Chester (29.98m).

The Wildcats, meanwhile, also had other medal winners.

Madeline Boonstra was terrific in the junior varsity girls' pentathlon, winning gold after finishing with 2,292 points. She is now the school – and provincial record holder – in pentathlon.

Warren's junior varsity girls' 4x400m relay team also struck gold. The Wildcats' dominating foursome, which included Payton Janke, Delaney Grindle, Alexis Cowan, and Boonstra, had an outstanding performance with a time of 4:40.85.

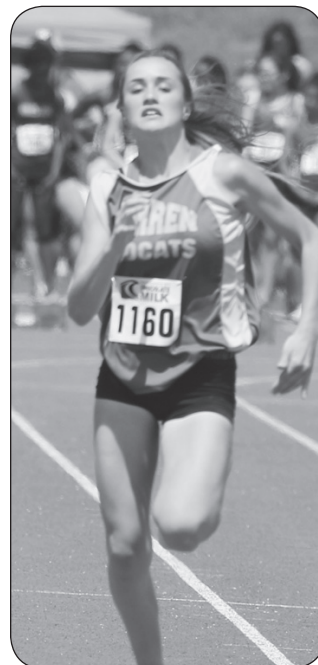
As a school, Warren's 28 track athletes and six relay teams captured the school's 10th consecutive "AA" aggregate team banner and its first cat-



TRIBUNE PHOTOS BY DEBBIE CHESTER, LANA MEIER AND JO-ANNE PROCTER
Warren Collegiate won the Manitoba High Schools Athletic Association "AA" aggregate team banner this past weekend.



The Wildcats' Madeline Boonstra won gold in the junior varsity girls' pentathlon with 2,292 points.



Alex Chester won gold in junior varsity girls' 200m and 4x100 relay. She also won bronze in javelin.



Warren junior varsity girls' 4x400 gold medallists, left to right, Madeline Boonstra, Delaney Grindle, Alexis Cowan and Payton Janke.

egory banner in 11 years.

That category banner was presented to the junior varsity girls after they accumulated 76.5 points throughout the competition.

Other notable Warren performances

included Jessica Buhler (fourth in discus), Boonstra (fourth in hurdles), Turner (sixth in high jump) and Goodman (seventh in long jump).

The Stonewall Collegiate Rams, meanwhile, brought home bronze

medals in the junior varsity girls' 4x400m race. Stonewall's team of Tess Derksen, Rikki Frost-Hunt, Hunter Luprypra and Amy Clark finished in a time of 4:44.43.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Orioles compete at weekend PeeWee tournament

By Brian Bowman

The Interlake Orioles were winless at a St. James PeeWee baseball tournament last weekend in Winnipeg.

Interlake started play Friday and trailed by 10 runs in the third inning when rain, fortunately, wiped out the game.

"We didn't fare so well in the win/loss column against basically 'AAA' teams from Winnipeg," admitted Interlake coach Gord Leduchowski.

On Saturday, the Orioles played a very good game against Bonivital for about four innings. After that, errors cost the Interlake, enabling Bonivital to score a bunch of runs.

The Orioles also lost to St. James and Carillon.

Leduchowski said the first-year PeeWees have had to make some adjustments on the field.

"It's a new game for them with lead-offs and holding runners on base, which is a weak part of our game right now," he explained. "We don't have too many second-year PeeWees."

Interlake plays an exhibition schedule against teams in the Winnipeg Amateur Baseball Association. So far,



Brody Kopyts of Stonewall delivers a pitch for the Interlake Orioles during PeeWee tournament action last weekend.

Interlake has played against the top three teams in the league and has an 0-6 record.

The Orioles will be looking to get into the win column this weekend when they host a pair of doublehead-



TRIBUNE PHOTOS BY LANA MEIER
The Interlake Orioles Mitchell Bourque narrowly misses the out at third against the St. James A's last Saturday.

ers.

Interlake will play St. James on Saturday (1 p.m. and 4 p.m.) and then the Winnipeg South Chiefs will visit Stonewall on Sunday (1 p.m. and 4 p.m.).

"It will be a good test for our boys," Leduchowski said. "They will be going into a rural tournament July 21-23 and we'll see how much depth we have and what they have to work on."

Golf champions decided early in season

Submitted by Golf Manitoba

The 2017 competitive season is well under way with championships determined in the men's, women's and senior men's Match Play Championships.

The qualifying for the Match Play Championships took place May 27-28 at the Minnewasta Golf & Country Club in Morden.

In the amateur men's division, Pine Ridge's Travis Fredborg of Selkirk was the medalist in a field of 51 competitors with a 36-hole score of 143 (-1).

Southwood's Veronica Vetesnik was the medalist in the women's division with a score of 148 (+2) while Breezy Bend's Garth Collings of Matlock was the low senior male with a score of 149 (+5).

The men's and women's championship matches were contested over 36

holes on June 10 and the senior men's over 18 holes on June 8 at the Niakwa Country Club.

Jenna Roadley of the Southwood Golf & Country Club won the women's match play championship for the second year in a row with a 3 & 2 victory over Rebecca Kuik of the Niakwa Country Club.

On the men's side, first-time winner Colwyn Abgrall of the Golf Manitoba Public Player Club defeated Jay Doyle of the Niakwa Country Club with a 4 & 2 victory.

The senior men's match play championship was won by Collings. He defeated Alan Ediger of the St. Boniface Golf Club 5 & 4.

For complete results of all championships, please visit the Golf Manitoba website at www.golfmanitoba.mb.ca.

The Golf Manitoba championship schedule continues this month with the Women's Alternate Shot Championship benefitting "Golf Fore the Cure" being conducted at the Pine Ridge Golf Club next Monday.

Also in June will be the qualifying for the Nott Autocorp Men's Amateur Championship. The two qualifiers will take place at the Warren Golf & Country Club (June 22nd) and the Shilo Country Club (June 24th).

The number of spots available for the provincial amateur championship will be based on the field size (120 players) minus the number of exempt players who accept their spot in this year's event.

The entry deadline for this event is next Monday.

Closing out June will be the Women's City & District Championship

at the Larters @ St Andrews Golf & Country Club from June 24-25 (entry deadline is next Monday).

Recent past champions of this event include Bri-ann Tokariwski (2014 and 2016), Jenna Roadley (2015), Mindy Lichtman (2011 and 2013), Faye Zachedniak (2012), Kathryn MacKenzie (2009 and 2010) and Jill Hardy (2007 and 2008).

To register for Golf Manitoba events, please visit our website (www.golfmanitoba.mb.ca) and click on Tournament Registration.

A Mastercard or Visa will be required to register on-line. Competitors can also mail in entries or drop them off at the Golf Manitoba office (145 Pacific Ave).

ISD junior high track and field champs



TRIBUNE PHOTOS SUBMITTED

Left photo: Woodlands Elementary School captured the 2016-2017 Interlake Divisional Jr. High Track & Field banner for the small school category on June 6 in Stonewall while, right photo, Ecole Stonewall Centennial School (ESCS) won the large school divisional banner. Top athletes of the meet included intermediate girl - Chloe M. (ESCS), intermediate boy - Braden B. (ESCS), junior girl - Brooke W. (ESCS), junior boy Alex K. (ESCS), primary girl - Sophia D. (Stony Mountain) and primary boy Hayden W (Balmoral). ESCS athletes who broke records were Natasha E. in intermediate girls 200-metre dash (27.75), Brooke W. in junior girls 1500m (5:41.62), Dylan I-B. in primary boys shot put (11.65m) and primary boys discus (27.38m), and the boys 4 x 100m team (59.03). Balmoral's Hayden W. broke the primary boys 100m dash (12.97) and the 200m dash (27.84) records while Warren's Riley Janke broke the intermediate boys 100m dash record (11.85).

Local players selected to POE U18 female prep camp

Staff

Several Interlake athletes have been selected by Hockey Manitoba to be part of their 2017 Female U18 Program of Excellence.

The Female POE July Prep Camps will be held from July 5-9. This is the third phase of the female POE which leads towards the selection of U18 Team Manitoba

Team Manitoba U18 will participate in the 2017 Women's National Championship in Quebec City this November.

The Interlake athletes include Stony Mountain defenceman Ashlee

Hodge-Hirschfield (Balmoral Hall Prep) and St. Andrews' blueliner Hailley Karbonik (St. Mary's Academy Prep).

The forwards feature Stonewall's Annaliese Meier (Norman Wild) and Stonewall's Olivia Cvar (Balmoral Hall Prep), Berens River First Nation's twin sisters Keyanna and Keyara Lea (Balmoral Hall Prep).

The Female POE July Prep Camps are designed to provide players with the opportunity to work on advanced individual skill development and team building. The camp combines

individual skills, work with guest skills coaches, as well as team technical and tactical work.

This year's U18 July Camp roster includes three returning players from the 2016 U18 Team Manitoba (Ashley McFadden, Sarah Dennehy and Cvar).

Also included are two goaltenders that have been selected to attend the Team Canada U18 Strength and Conditioning Camp (Logan Angers and Halle Oswald).

Meanwhile, after a very successful inaugural Top-40 camp, the Female U16 July Prep Camp roster includes

16 players from the rural "AAA" programs and nine players from the various Winnipeg "AA" teams and schools.

No Interlake players were invited to the U16 camp.

The Female POE is designed to provide high performance female players with the opportunity to develop advanced skills as well as an introduction to the concepts needed to play at an elite level.

Players from the Program of Excellence often go on to play at the USPORTS, NCAA and International levels.

MJHL reduces limit on 20-year-old players

Staff

The Manitoba Junior Hockey League has decreased the number of 20-year-old players that can play in a game from nine to eight.

"This motion was approved by the board of governors at our recent AGM," explained MJHL commissioner Kim Davis in a media release. "This reduced limit will be reviewed annually, with the ultimate intention of having the limit to six per team."

Other news coming out of the MJHL's recent annual general meeting:

Prospect Development Camp

The MJHL will be conducting its first-ever Prospect Development Camp from July 27 to 30 at the Seven Oaks Community Centre. The camp, which will feature list players born in 2000 and 2001 from each MJHL club, will focus on preparing the players for a successful junior hockey career while helping them transition from minor hockey to elite junior hockey in the MJHL and beyond.

Old Dutch Player Showcase

This year's Showcase, now in its 15th year, will take place Dec. 11-13 at the

Bell MTS Iceplex in Winnipeg. The popular event attracts scouts from many levels of hockey: NHL, NCAA, WHL and CIS.

League website

The MJHL will be designing a new website and each of the 11-member clubs will also have a new website. The websites are scheduled to launch around mid-August under the direction of Hockey Tech.

New statistics system

The MJHL will be launching a new statistics system to coincide with the start of next season. The new stats sys-

tem is called League Stat and is powered by Hockey Tech.

Player registry

The league will be launching several RinkNet software platforms powered by Hockey Tech beginning next season. The RinkNet program will allow the MJHL to manage its central registry of players more effectively, including trades, protected lists and other league administrative tools.

All member teams in the league will have full access to RinkNet Scouting software programs to be utilized by their coaches and scouting staffs.

Labossiere named Urban Athlete of the Week



Brendan Labossiere

Staff

The Tire Recycle Urban Athlete of the Week for May 30 was Brendan La-

bossiere of the Stonewall Rams' baseball team.

Labossiere, a 5-foot-10 pitcher/centre fielder, recently led the Rams to a Zone 5 baseball championship.

He started the Zone 5 final on the mound, recording the win. Offensively, Labossiere had two hits and an RBI to contribute to his team's success.

"Brendan is talented and hardworking but his best quality is the type of person he is and how he carries himself on and off the field," said Rams' head coach Kyle Nixon in a media release.

"His leadership and respect for his teammates brings out the best in himself and his team."

In Grade 12, Labossiere maintains a 90 per cent academic average while also participating in track and field and hockey.

St. James roughs up Blue Jays in senior men's action

Staff

The Stonewall Blue Jays had a rough night on the ball diamond Monday evening.

Stonewall gave up 13 runs in the first three innings on their way to a 16-4 home loss. Kyle Heroux, Scott Harris, Kyle Turner, and Nick Drews scored the Blue Jays' runs.

Rory Tycoles led Stonewall with two hits.

Last Friday, Stonewall was blanked 11-0 by the Elmwood Giants. The previous evening saw Stonewall doubled 4-2 by the St. Boniface Legionaires.

St. Boniface scored twice in both the third and fourth innings while Stonewall replied with runs in the

fifth and seventh. Orrin Hogue and Taylor Hagen scored for the Blue Jays.

On June 7, the Blue Jays edged the Kildonan Mudcats 5-4 at Koskie Field in Winnipeg. Stonewall trailed 3-0 in the top of the seventh inning when they exploded for five runs.

Adam Kirk and Harris each led Stonewall with two hits apiece.

Stonewall will next see action Monday when it plays St. Boniface at Whittier Park in Winnipeg. Game time is 7:30 p.m.

The Blue Jay's next home game is next Thursday (7:30 p.m.) when Kildonan visits Fines Field.

Blue Jays beat Bisons in Game 2 of doubleheader

By Brian Bowman

The Interlake Blue Jays salvaged a split in their doubleheader with Altona on Sunday by defeating the Bisons 10-8 in Game 2.

Letting an early 8-3 lead slip away, Interlake scored twice in the bottom of the sixth inning for the victory.

Emerson Klimpke and Derek Petrasko led the Blue Jays offensively with two hits and two runs scored apiece.

Jason Peltz also had two hits in the Interlake's 10-hit attack. He also

scored a run.

In Game 1 of the twinbill, Altona beat the Blue Jays 5-1. Klimpke, Petrasko, Baily Proctor and Tanner Good each had hits for the Interlake in the loss. Petrasko scored Interlake's lone run.

Last Friday, Interlake was blanked 11-0 at home by the Elmwood Giants.

Elmwood led 3-0 after three innings and then broke the game open with five runs in the fifth. The Giants then added a run in the sixth and two more in the seventh.

Lane Holden, Petrasko and Proctor each had one of the three Blue Jays' hits in the game.

The Blue Jays had another evening that they would love to forget June 7 after a tough 17-0 home loss to the Carillon Sultans.

Carillon scored three times in both the second and third innings before adding five in the fourth and six more runs in the fifth.

The Sultans, who outhit the Blue Jays 10-2, took advantage of six Interlake errors.

Topolnitsky and Peltz had Interlake's hits.

Interlake, now 4-8 and four games back of the first-place Brandon Marlins in the eight-team MJBL, hosted Carillon last night but no score was available at press time.

The Blue Jays will visit the Pembina Valley Orioles Friday (7 p.m.) and then will battle the St. Boniface Legionaires in a doubleheader on Sunday (1 p.m. and 4 p.m.).

Bantam Orioles reach final of St. James tourney

By Brian Bowman

The first inning was costly for the Interlake Orioles in the championship game of a St. James tournament last Sunday.

Interlake gave up six first-inning runs on their way to a 9-6 loss to the North Winnipeg Pirates.

"It wasn't the best first inning that we've ever had," said Interlake coach Ryan Fines. "But we've had worse innings against them. But I was proud of the boys, they battled back after that (poor first inning)."

The Orioles did a real good job battling back from that early deficit to make it a close game against a very good North Winnipeg team.

Devon Cassan was outstanding on

the mound after the first inning and basically shut down the Pirates. He also helped his own cause at the plate, belting a pair of home runs.

Interlake didn't play Friday but they were real busy with three games on Saturday. The Orioles nipped South Central 6-5, lost 18-1 to North Winnipeg (giving up 10 first-inning runs), and then crushed the Outlaws 13-1.

On Sunday morning in a must-win game, Interlake defeated Carillon 7-4.

The Orioles played Carillon again in the semifinals, winning a nail-biter 1-0. Hunter Olson was fantastic on the hill for the Orioles in earning the complete-game shutout.

"That (win) was right up there with one of his best (pitching performanc-

es), I thought," Fines noted. "He's thrown a heck of a lot of good games for us but that was pretty impressive."

Interlake, as a team, was quite impressive the entire weekend. They served notice to the rest of the "AAA" clubs in the province that they are right there with them in terms of talent.

The Orioles' roster is made up of 10 players from the Interlake, and another from both south Winnipeg and Portage la Prairie.

Interlake plays a half-schedule against teams in the Winnipeg Amateur Baseball Association. The Orioles' next WABA action is this Sunday when they host the Pirates in a doubleheader (1 and 4 p.m.) at Fines Field

in Stonewall.

The Orioles will also add some exhibition games before the 10-team provincials.

Fines expects his club to be competitive at the provincials.

"We can absolutely compete," he said. "It's just a matter of base running and if we have the defence that we had (last Sunday). We are going to be the favourite going in there as far as I'm concerned."

"We've got a pretty deep lineup full of kids that can hit baseballs hard and we have the best pitching, I think, but maybe I'm biased."

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IN MEMORIAM



Fran McCurdy
November 22, 1949 - June 11, 2016

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As you walk down the street

-Forever missed Jim,
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Rick, Darci, Rachael, Kaitlyn, Austin
and friends

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IN MEMORIAM



Larry Monforton
1937 - June 20 - 2010

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since God took you home.
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Till we meet again.

-Your loving wife,
Joan and family

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CARDS OF THANKS

The Ladies Auxiliary, Rosewood Lodge Recreation Dept. and Adult Day Program would like to give a special thank you to all the volunteers who help with the book sale setup and donations of cookies. We would also like to thank everyone who bought books, cookies, pies and cinnamon buns, you all helped make our sale a huge success. Your continued support is very much appreciated.

-Thanks again from
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OBITUARY



James (Jim) Victor Good

Suddenly, on Thursday, June 8, 2017, Jim passed away at the age of 70 at his home in Inwood, MB.

Jim was predeceased by his parents, Victor and Violet Good and sister Linda Taylor. Left to cherish his memory are children Andrew (Erin) Good, John (Missy) Palen, Ken (Soraya) Palen, and Susan (Mike) Gallinger; grandchildren Leanna, Reid, Hugh, and Jaxon; sister Joan, along with numerous nieces, nephews and cousins.

Dad was born on January 20, 1947 to Victor and Violet Good. Dad spent most of his life in the Teulon area. He enjoyed catching up on the local news most mornings at the local coffee shop. Dad also enjoyed spending time with his grandchildren. They were his pride and joy. There was seldom a baseball or hockey game he would miss and he loved to see the kid's progress in their game. Dad was also actively involved in the church. There wasn't a function put on that he wasn't involved in the planning of. His presence each week at Sunday service will definitely be missed.

The family would like to thank the EMS and RCMP who responded, for their care for dad.

A memorial service will take place on Monday, June 19, 2017 at 2:00 p.m. in the St. Cyprian's Anglican Church, Teulon, MB.

In lieu of flowers donations can be made to the Canadian Diabetes Foundation, 200-310 Broadway, Winnipeg, MB, R3C 0S6.

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.
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Announcements



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OBITUARY

Constance Henderson

It is with deep sadness we announce the passing of Constance Henderson of Argyle, Manitoba on Monday, June 12, 2017 at the Stonewall Hospital. Arrangements pending.



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