



McKILLOP TEAM
Susan 204-941-0221
Brandt 204-782-8869
View our properties
mckillop.ca
RE/MAX Town & Country

JUST LISTED



Country Charm: Spacious 3-Bedroom Bungalow in Woodlands—Your Perfect Escape Awaits! 1280 sqft, 3 bedroom, renovated bathroom, PVC windows, 100 x 200 treed lot and 26 x 30 garage. **\$259,900** - Susan

JUST LISTED



Meticulous Condition & Comfort Await in Stonewall - Your Perfect Family Home with many upgrades, Hardwood Floors and Three-Season Sunroom are just a few -1335 sqft, 3 bedrooms, 3 baths, finished basement, heated garage. **\$524,900** - Susan

OPPORTUNITY KNOCKING!



Seller Open to Offers on Contemporary Family Home in Balmoral! \$449,900 Experience the ultimate in comfort with this 4-bedroom, 3-bathroom 2021 build, featuring a gourmet kitchen, fully finished basement, and outdoor entertainment spaces—a perfect blend of luxury and convenience for families. Don't miss Out! - Matt

RE/MAX Town & Country
Matt 204-770-2354 Alycia 204-461-3225
remaxinterlake.ca



VOLUME 15
EDITION 24

Tribune Stonewall Teulon

THURSDAY,
JUNE 13, 2024

www.stonewallteulontribune.ca

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY



Father's Day SALE ON NOW

GREAT TOOLS FOR GREAT DADS

FS38 GAS TRIMMER
27.2 CC • 9.3 LB
SAVE \$50
\$179⁹⁹
MSRP \$229.99

FSA 57 BATTERY TRIMMER
AK10 • AL 101 • 5.7LB
SAVE \$50
\$229⁹⁹
MSRP \$279.99

BG 50 GAS HANDHELD BLOWER
27.2 CC • 7.9 LB
SAVE \$40
\$199⁹⁹
MSRP \$239.99

BGA 57 (SET) BATTERY BLOWER
AK20 • AL 101 • 5.1 LB
SAVE \$50
\$249⁹⁹
MSRP \$299.99

SHACHTAY SALES & SERVICE
Arborg, MB
204-376-5233



Wet and wild

Four-year-old friends Leela Senow, left, and Gage McClintock were living their best lives swimming and playing in the ditch on Road 7 east of Stonewall on the evening of June 4. The temperature was still 18 degrees after 7 p.m.

TRIBUNE PHOTO BY JO-ANNE PROCTER

PINEVIEW BUILDINGS INC.

All buildings are **20% off**
till June 30, 2024



10x16 Lofted Barn
Retail price: \$7,644.00
Sales price: **\$6,218.40**



12x24 Garage
Retail price: \$12,500.84
Sales price: **\$10,319.67**



10x12 Modern Shed
Retail price: \$6,468.80
Sales price: **\$5,257.04**

Ask about our flexible rent-to-own program!
(844) 928-0699
139092 Hwy. 326N, Arborg, MB
info@pineviewsheds.ca
Free delivery to most locations.
pineviewbuildings.ca

SERVING STONEWALL, BALMORAL, TEULON, GUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & KOMARNO



L.J. BARON Realty
EST. 1953
The Claudette GRIFFIN Group
Past Director - Winnipeg Realtors®
Past Chair - Professional Standards
A Real Estate Boutique Practice with Concierge Service
204-886-2393 Toll Free 888-629-6700
baron@mts.net www.ljbaron.com

GUNTON - \$315,000
1 Acre Lot w/1850 sq ft
3 BR 2 Bath home, PRIVATE & Treed, Spacious Workshop/Garage. PEACEFUL & TRANQUIL SETTING. Gunton is an E-Z 20 min Commute to City.

BALMORAL - \$259,000
Vendor Motivated
1.87 Acre Rural
Seclusion w/1300+ sqft 4+ BR, home w/32x26 Add'n Bit to enhance a Family Lifestyle. 2 Decks/Screened GAZEBO. Glorious LOCATION Plus Potential! MLS #202405491

LAND/LOTS FOR SALE

BALMORAL - \$224,000
Cultivated 69.96 AC - seeded last year -yielded 70 Bushels Barley/35 Bushels Soybeans & 52 Bushels Wheat. Expand your operation! MLS #202406116

TEULON - \$80,000 111'x424' Residential Bldg Lot w/Hwy Frontage. Perfect to build a home AND a Shop. No time limit to build. Survey Available!

TEULON - \$98,000 5 Acre Lot on Paved Rd., combination trees/meadows & home to an array of birds. Idyllic setting to bld your home. Survey Available! MLS #202402466

Desirable LAURENTIA BEACH S \$229,900

Blissful LAKEFRONT seasonal 3 BR cottage that's been lovingly maintained by original owner could be yours if you hurry! Multiple upgrades throughout the years makes this a maintenance free get a way to relax & enjoy from the moment of arrival. A sunroom that overlooks the lake & the fabulous sunsets are free! There are various outbuildings & a lovely sandy beach just outside your door. Great family & financial investment. MLS #202412177



TEULON - \$1,249,500
Gorgeous, Warm, Opulent Living with a Fabulous Feel! FULL LOG HOME 9 BR 4 Baths & 5000+ sf on 79 Acres w/Pond & 4.5K of trails & 40x40 Quonset. Ideal for Multi Family Retreat/Investment - Air BnB; Health Retreat; Healing Facility ENDLESS POSSIBILITIES! Dream Location Packed with Potential. MLS# 202409381

ESCAPE THE URBAN LIFE - CHECK OUT RURAL LIVING Share your dreams with me and I can help make them come true!

Local cadets acknowledged at Ceremonial Review

By Jo-Anne Procter

Last Thursday was a day of pride and honour as the 301 Alan McLeod V.C. Royal Canadian Air Cadet Squadron gathered at the Veteran's Memorial Sports Complex in Stonewall for their 16th Annual Ceremonial Review.

Cadets aged 12 to 19 from Stonewall and neighbouring communities stood tall to receive well-deserved recognition for their outstanding achievements over the past year.

Families and friends witnessed the cadets showcase their hard work and dedication on this special occasion. It was a time of celebration, where each cadet's commitment and perseverance were applauded.

As they paraded in front of the audience, the cadets showed a sense of unity and camaraderie, showcasing their individual accomplishments and collective strength as a squadron.

As the cadets stood in formation, proud and disciplined, the Reviewing Officer, Brigadier-General Paul Doyle, began his inspection. Alongside him were Commanding Officer Captain Adam Daun, MLA Trevor King, RM of Rockwood Deputy Reeve Cur-

tis McClintock, Ken Power from the Royal Canadian Legion Branch #52, Ian Greaves representing Air Cadet League of Canada Manitoba, and co-chairpersons Leah Mitchell and Ashley Sheldon from the 301 Squadron Sponsor Committee.

Each of these individuals brought their unique perspective to the event. From military expertise to community leadership, they all played a vital role in honouring the achievements of these young air cadets.

Top Level Awards were presented: Top Level 1 – Cpl. Quinn Nugent, Top Level 2 – Flight Cpl. Mason Reimer, Top Level 3 – Sgt. Stepan Lavrov and Top Level 4 – Flight Sgt. Spencer Dicks.

Sgt. Lillian Rurak received the Best Morale and Esprit de Corps Award, which is given to cadets who exhibit confidence, cheerfulness, discipline and willingness to perform assigned tasks.

Sgt. Stepan Lavrov received the Most Improved award for the cadet who has shown steady improvement in all areas through the training year.

Flight Sgt. Nicole Trippier received The Jim Gray Memorial Award for Best Dress and Deportment for setting an acceptable standard for her peers.

Sgt. Ilsa Petrie was named the Top Biathlete, and Sgt. Emma Walton was named The Top Athlete.

The Top Overall Cadet Award was presented to Flight Sgt. Calvin McCann for his outstanding leadership skills and for being a role model for subordinates and peers.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Reviewing Officer Brigadier General Paul Doyle performing his inspection.



Sgt. Isla Petrie, left, received The Lord Strathcona Medal, the highest award granted to a cadet from Reviewing Officer Brig. Gen. Paul Doyle. Petrie also received the Top Biathlete award.



WO Jackson Trippier, left, was presented his Certificate of Service and graduation certificate from Capt. Adam Daun as well as a squadron coin as a token of appreciation.

Jumbo's Tree Cutting
 Safe and experienced tree cutting services and stump grinding.
 Chase Faulkner
 Free estimates, guaranteed best price
 Phone 204-461-0940

Continued on page 3

Co-operators Life Insurance
Your life is one of a kind, your life insurance should be, too!
 Talk to us today!



Tracey Malone
 Financial Advisor and Mutual Fund Investment Specialist
 344 Main St, Stonewall
 204-467-8927

Investments. Insurance. Advice.

co-operators

inview_insurance@cooperators.ca

Inview Insurance Services | Co-operators Financial Investment Services Inc.
 Co-operators® is a registered trademark of The Co-operators Group Limited. L0048 (05/22)

COMPLETE PHYSIOTHERAPY
 Restoring you to the BEST you



Ryan Aikens
 Physiotherapist
Locally raised and here to assist you
 Please call to make an appointment

375 Main St., Stonewall
www.completephysiotherapy.ca 204-467-8900





The 2024 301 Alan McLeod VC Royal Canadian Air Cadet Squadron.

> CADETS, FROM PG. 2

Sgt. Isla Petrie was presented the Lord Strathcona Medal, which is the highest award granted to a cadet in recognition of exemplary performance in all pursuits including physical fitness and marksmanship as well as hard work and dedication to Can-

ada. Flight Sgt. Spencer Dicks and Flight Sgt. Nicole Trippier completed four consecutive years of honourable service and was presented with four Air Cadet medals. WO2 Ethan Lecocq, Flight Sgt. Ayden Domansky and Flight Sgt. Calvin McCann received five-year medals, and WO2 Jackson Trippier received his second bar for



Flight Sgt. Calvin McCann, middle, was named the Top Overall Cadet. He was also appointed Squadron Warren Officer for the evening.

six years as an Air Cadet. This year marked WO2 Jackson Trippier's final year at the 301 Alan McLeod V.C. Royal Canadian Air Cadet Squadron. As he aged out, he was honoured with a Certificate of Service, his graduation certificate and a

Squadron Coin as tokens of appreciation for his unwavering dedication to the squadron and cadet program. As the evening program ended, the tradition of giving Trippier a march past symbolized respect and gratitude for his contributions.

HBH Charity Golf Tournament set for July 26

By Jennifer McFee

Mark your calendars for the second annual HBH Charity Golf Tournament coming up next month.

The event will take place on July 26 at Whispering Winds Golf Course in Warren in support of CancerCare Manitoba.

At the same time, the event also honours the memory of Hailey Belluk Hunt, who lost her battle with breast cancer in September 2022 at the age of 31.

In August 2021, Hailey was diagnosed with breast cancer. She fought hard through six months of chemotherapy, a double mastectomy, reconstructive surgery and 25 rounds of radiation.

While both battled breast cancer, Hailey and her sister Randi, launched a CancerCare Manitoba fundraiser for breast cancer research and raised

\$83,000.

Then in May 2022, Hailey received the diagnosis that she had terminal Stage 4 metastatic breast cancer with five large inoperable brain tumours. She underwent further radiation and chemotherapy. In September 2022, she passed away while surrounded by loved ones.

Now the charity golf tournament is also raising funds for the cause. Last year's inaugural event brought together 30 teams to participate and raised more than \$19,000 for CancerCare Manitoba. This year, the organizers hope to surpass that donation.

Anyone who would like to show support could consider becoming an event sponsor, making a donation or registering a team. To support the event or register a team, email hbh-charitygolf@gmail.com.

The Liliane Baron, South Interlake Breast Cancer Support Group

Contact: Claudette 204 886-2393 Eileen 204 861-8107



*Keep your sunny side up,
Keep yourself beautiful,
And indulge yourself!"
- Betsey Johnson*

Drop in on our... "Laughs & Chats" group held in Teulon on the 2nd Tuesday of the Month
We've always got your back.....and your front too!!

evolution
dance company



FALL REGISTRATION ON NOW!

**Jazz, Tap, Ballet, Hip Hop, Lyrical, All Boys Classes, Acro and more!
Ages 2+**



www.EvolutionDance.ca | Selkirk Town Plaza | 204-785-1285

Care partner support group returns to Stonewall

By Jennifer McFee

A monthly support group has returned to Stonewall for the first time since 2020.

Alzheimer Society of Manitoba, in partnership with South Interlake 55+, is offering a monthly meeting geared for individuals caring for someone with dementia.

The support group offers care partners the chance to meet and share information about their experiences of caring for a person living with dementia.

Samantha Holland, First Link regional team lead with Alzheimer Society of Manitoba, said folks have been requesting the support group for care partners in Stonewall for a long time. They've been trying to revive the group since it paused during the pandemic.

"I had started a monthly group during the daytime at the hospital when I started in 2019 and we met faithfully every month until March 2020. While a few chose to transition to our virtual offerings, others could not or had lost their spouses," she said.

"This new offering will be the same safe space for those caring for someone living with dementia, though in the evening and in a new location."

The new rendition of the group meets the third Tuesday of every month from 6:30 to 8 p.m. at South

Interlake 55+ seniors' centre (374 1st St. West). The first meeting was May 21, and the next one is set for June 18.

"The group is geared towards any individual caring for someone living with dementia, whether that is your parent, your spouse, sibling or a close friend," Holland said.

"Participants are encouraged to share as much or as little as they are comfortable with and can gain new tips and strategies from others who understand what they are going through."

The dementia journey can be long, unpredictable and isolating at times, she adds.

"Support groups offer a space in which feelings are common, both tears and laughter are OK, and where everyone leaves feeling less alone than before. Bringing a group like this back to Stonewall is important so that people have support close to home in the community that dementia may, at times, keep you from participating in," Holland said.

"We have groups in rural communities across Manitoba and in each there are friendly faces, people you may not have known were having a hard



TRIBUNE PHOTO SUBMITTED

Al Heinrichs was a caregiver to his wife Ann, who lived with Lewy Body dementia until she passed away in 2022. Al continues to attend the care partner support group, which recently resumed monthly in-person meetings in Stonewall.

Continued on page 5

MEMBER PRICING
\$175-\$225/week

NON-MEMBER PRICING
\$200-\$250/week

Field Trips & Special Guests!
Included with Some Camps

<p>WEEK 1 Jul 8-12</p> <p>WEEK 2 Jul 15-19</p> <p>WEEK 3 Jul 22-26</p> <p>WEEK 4 Jul 29-Aug 2</p> <p>WEEK 5 Aug 5-9</p> <p>WEEK 6 Aug 12-16</p>	<p>Kids in the Kitchen Sports Fans: Indoor Edition</p> <p>Discover Your Inner Dancer Space & Flight</p> <p>Discover Your Inner Performer Outdoor Adventures</p> <p>Discover Your Inner Musician Super Science</p> <p>Discover Your Inner Artist Sports Fans: Outdoor Edition</p> <p>Discover Your Inner Dancer S.T.E.A.M.</p>
---	---

Located in Teulon, MB
For More Details & Registration
Email: info@greenacresartcentre.ca

TRANSPORTATION AVAILABLE

PICKUP & DROP OFF
STONEWALL
BALMORAL
GUNTON

\$50 PER WEEK

SMALL CAR / 2 DOOR TRUCK
\$119⁹⁹

SUV (2 rows and trunk) / 2 DOOR TRUCK
\$149⁹⁹

SUV (3 rows and trunk) / 4 DOOR TRUCK
\$179⁹⁹

Approximately 1 - 2 hours

SUPER CLEAN AUTO DETAILING IS A PROFESSIONAL DETAILING SHOP, GIVING YOUR VEHICLE THE TREATMENT IT DESERVES

Call or text 204-513-5611

Open for appointments Monday thru Sunday (closed Tuesday and Wednesday)
PICK UP AVAILABLE

STONEWALL

Flight Training

START YOUR CAREER AS A PILOT!

Becoming a pilot can be a rewarding career

LAKESIDE FLIGHT SCHOOL IS THE MOST AFFORDABLE IN CANADA. RECREATIONAL, PRIVATE AND COMMERCIAL LICENSE. AUTHORIZED TRAINING FOR COMMERCIAL PILOT LICENCE, FLIGHT INSTRUCTOR RATING, NIGHT RATING, PRIVATE PILOT LICENCE, RECREATIONAL PILOT PERMIT AND VFR OVER-THE-TOP RATING.

Want to learn to fly?

RECREATIONAL PILOT PROGRAM is the best way to get started. Must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger. Can easily add float rating to permit.

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

> SUPPORT GROUP, FROM PG. 4

time but are now a part of your support network. It truly does take a village — and a support group helps you build that.”

When it comes to being involved in a support group, the benefits abound.

“Participants often leave with new tools and resources to explore, friends to connect with and the general understanding that they are not alone, despite how it may feel,” Holland said.

“Support groups also offer the care partner time away from the person they care for and a chance to unwind with others who just get it.”

Stonewall resident Al Heinrichs attended the support group prior to the pandemic and continued to be involved with the virtual meetings while they were offered. His wife, Ann, had been living with Lewy Body dementia. She died in February 2022.

“I had her home for a touch over 10 years. The idea of going to a support meeting, I resisted it at first. But I found that the support group is amazing on a few counts,” Heinrichs said.

“You’re in a setting where others are also going through issues — not necessarily the same because everyone’s unique. Not only are you able to open up and share, but you have people that are actually willing to listen. They’re listening because maybe there’s something there that can add value to their lives and help them out. Everybody has the chance to share.”

Now that the local meetings have resumed in person, Heinrichs is pleased to start attending again.

“I’m dealing with grief because my wife has passed away. I’m also dealing with my mother, who is 102 and lives in a PCH,” he said.

“The support group is amazing. It’s for anybody that’s dealing with a challenging situation.”

And the new setting at South Interlake 55+ offers an ideal space for the support group.

To get the group up and running again, representatives from Alzheimer Society of Manitoba approached the team at South Interlake 55+ to gauge their interest in becoming the new host site for the group.

Deborah Hildebrandt, executive

director of South Interlake 55+, said they’re happy to host the monthly support group.

“We were very excited about this opportunity to host the Alzheimer Manitoba monthly support group. This support group, which meets monthly the third Tuesday of the month at 6:30, is important for the community whose family members are living with Alzheimer disease,” Hildebrandt said.

“This support group provides connection with others to gain support and share experience in caring for someone living with dementia. As an organization, we are delighted to provide this type of opportunity for our community.”

Alzheimer Society of Manitoba has partnered with several other seniors’ centres to offer groups like this one, and they’ve found success in bringing support to spaces that are already viewed as safe within communities.

“Age being the biggest risk factor for dementia, we know that those 55 and over are going to make up the largest portion of our client base already, so why not bring a group right to them?” Holland said.

“Someone who is looking to join our support group can expect a safe and confidential space to share, listen and exchange ideas with others who just get it.” The support group facilitators are Alzheimer Society staff or volunteers who have extensive knowledge about dementia care. They help guide conversation, answer questions and provide one-on-one support between meetings.

“For those who may be hesitant, all I can say is come and give it a try. We don’t expect folks to open up and feel at ease in sharing during their first meeting, though we often see that happen naturally once they see that there are others who can relate to their experiences,” Holland said.

“Just to see a room full of nodding heads is validation enough to keep people coming back month after month.”

Anyone who would like to register can contact Julia Jordan, Interlake-Eastern regional co-ordinator, at 204-943-6622 ext. 214 or email

jjordan@alzheimer.mb.ca. “Once we have your name and contact information,” Holland said, “you are wel-

come to attend the monthly meetings as able.”

GIVING BACK TO *your* INTERLAKE community 2024



\$75 each

OR

TAKE THE ENTIRE PACKAGE FOR A DISCOUNTED RATE!

(Larger ads can be purchased for each event)

With your help we can acknowledge these important events around our communities and help remember & congratulate our youth, volunteers and heroes.

JOIN US IN SUPPORT OF THESE EVENTS

	Newspaper Date	Event Date
<input type="checkbox"/>	Jun 27 th	- Canada Day July 1 st
<input type="checkbox"/>	Jul 4 th	- Grad
<input type="checkbox"/>	Aug 30 th	- Back to School Safety
<input type="checkbox"/>	Sept 26 th	- National Day for Truth & Reconciliation September 30 th
<input type="checkbox"/>	Oct 3 rd	- Fire Prevention Week October 6 th to 12 th
<input type="checkbox"/>	Oct 10 th	- Breast Cancer Awareness
<input type="checkbox"/>	Nov 7 th	- Remembrance Day November 11 th
<input type="checkbox"/>	Nov 21 st	- Addictions Awareness November 24 th to 30 th
<input type="checkbox"/>	Dec 5 th	- Don't Drink & Drive

*If you book entire package total will be billed out after first run.

Contact
Christy Brown
Office: 204-467-5836
Email: ads@stonewallteulontribune.ca



Saturday, June 15 Special

Beef Wellington

ROCKWOOD Motor Inn 390 Main St. Stonewall **467-2354**

THE Flicks

CINEMA

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

319 First Street E., Stonewall, Man.
467-8401


PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

LAST DAYS: WED & THURS JUNE 12 & 13 AT 7:30 PM

FURIOSA: A MAD MAX SAGA

Adult Accompaniment Under 14; Frequent Violence **14A**

FRI-SAT-SUN-MON JUNE 14-15-16-17 (CLOSED TUES) AND WED-THURS JUNE 19-20




AT 7:30 pm EACH NIGHT

Bad Boys: Ride or Die

Will Smith
Martin Lawrence

Coarse Language; Violence **14A**

FRI-SAT-SUN-MON JUNE 21-22-23-24 (CLOSED TUES) AND WED-THURS JUNE 26-27



AT 7:30 pm EACH NIGHT

Kingdom of the Planet of the Apes

Owen Teague
Freya Allen

Violence; Coarse Language **PG**

Stonewall Teulon
Tribune



PUBLISHER
Lana Meier



SALES/MARKETING
Brett Mitchell



REPORTER/PHOTOGRAPHER
Jennifer McFee



REPORTER/PHOTOGRAPHER
Autumn Fehr



REPORTER/PHOTOGRAPHER
Kieran Reimer



DISTRIBUTION
Christy Brown



REPORTER/PHOTOGRAPHER
Patricia Barrett



ADMINISTRATION
Allana Sawatzky



ADMINISTRATION
Corrie Sargent



ADMINISTRATION
Jo-Anne Procter



PRODUCTION
Nicole Kapusta



PRODUCTION
Debbie Strauss



PRINT
Dan Anderson

OUR SISTER PUBLICATIONS

THE EXPRESS
WEEKLY NEWS

Winkler • Morden
The Voice The Voice

Selkirk Record

The Carman-Dufferin
STANDARD

getheard > Got news?

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



Jennifer McFee
204-461-5352
jen@stonewallteulontribune.ca

Perspective

Almost all the memories from when I was a child before the age of six are happy. In fact, I cannot recall a sad memory prior to that age.

I am grateful for having the long-term memory I have that stretches back to somewhere around the three-year-old age (despite always having the short-term memory of a gnat). I am grateful for this because when I am mindful enough it allows me to reach out on occasion and gain perspective.

Sometimes life can be difficult. Difficulties arise with help from ourselves or through no effort at all on our part. Sometimes they are internal struggles that magnify externals, sometimes they are externals that magnify internals and sometimes they are both.

No amount of money, privilege, security, love and health can stand in the way of many of these things that rise up. It is part of what it means to be human.

When I think of it, which is rare, I retreat into my mind and fall back into the past to recall those moments as a young child in wonder and with questions.



By Peter Cantelon

Part of why I was happy (or at least neutral) as a child was a complete lack of awareness of past and future (especially the future). The only thing that existed was the present. I could not become anxious because anxiety is rooted in fear of the future and as a child there was no such thing as the future.

Of course, this is likely why young children are so demanding.

"I'm hungry!"

"Dinner is in an hour."

"But I'm hungry NOW! I don't even know what the heck an hour is!"

We never worried about things like tornadoes and floods because we didn't know what they were. We lacked experience and knowledge. This is an example of how ignorance can be bliss. Of course, a farmer living in tornado alley in the midwestern U.S. must trade the bliss of ignorance for the knowledge and accompanying worry of tornadoes so that they can prepare for its potential.

Over time, as we experience things like having to wait for dinner again and again, as we have our needs not met immediately but at a promised later time, we become aware of the future. With this awareness comes issues of hope, trust, and anxiety as we start to develop and ask internal questions like:

"What if dinner isn't in an hour? What if it's in two hours?"

As we mature and experience things like broken promises, abuses of trust or authority and circumstances changing, our anticipations and anxieties become more complex and we start asking questions like:

"What if we run out of food and I never get to eat?" (Can you tell where

my concerns were as a kid?)

Now, as an adult, having become practiced and experienced with a great variety of things my anxieties and worries have evolved and become more complex. They become harder to ignore and I can get trapped in a horrendous feedback loop of "what ifs" and even worse "could've been's."

If I am lucky, I remember to pause, take a deep breath and reflect on three-year-old me toddling from my grandparent's kitchen into their dining room with a glass or milk, an Oreo and one of grandpa's ties around my neck trailing on the floor behind me.

This is a centring memory that provides me with some perspective. All the things I worry about now existed then (relationships, money, death, sickness, etc.) but I didn't worry about them.

If I dropped my cookie or milk, all I needed to do was cry and someone would come along, hug me, get me new cookies and milk, and send me on my way happy again.

Today when my proverbial cookie falls on the floor and I begin to wonder if all my cookies will always fall on the floor forever and why was I ever born ... a deep breath and a step into the past will remind me that there are ways through.

Beyond the basic commonsense preparations, one should try to remain focused on now and not too unhealthily on the infinite potential futures.

Sure, I just fell overboard, but let's focus on getting to that far off visible shore and not on the possibility of being eaten by a shark that may or may not even be there.

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@stonewallteulontribune.ca. Please include your name, address, and phone number for confirmation purposes.

ADVERTISING OR PRINT

CONTACT INFORMATION
ads@stonewallteulontribune.ca
Lana Meier 204-292-2128
news@stonewallteulontribune.ca
PHONE 204-467-5836
FAX 204-467-2679

OUR EDITORIAL STAFF

Jennifer McFee 204-461-5352
jen@stonewallteulontribune.ca
Autumn Fehr 204-998-1993
Reporter/Photographer
asfatcos@academic.rrc.ca

PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

The Stonewall Teulon Tribune is published Thursdays and distributed through Canada Post to 7,800 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.



This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.

MAILING ADDRESS

74 Patterson Drive, Stonewall Industrial Park
Box 39, Stonewall, MB R0C 2Z0

> EMAIL US

Print: igraphic@mymts.net
Classified: ads@stonewallteulontribune.ca
News: news@stonewallteulontribune.ca

**Advertising Deadline: Monday 4:00 pm
prior to Thursday Publication**

View the Stonewall Teulon Tribune online at
www.stonewallteulontribune.ca



Funded by the Government of Canada



get informed

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



TRIBUNE PHOTO BY LANA MEIER

Doug Ives was been busy rototilling one of his three garden plots on May 27 in Stonewall's Community Garden. He and his wife and two boys are planting corn and beans that they will sell later this summer. The temperature was a low of 4 degrees C and a high of 11 degrees C. Help the Tribune record the temperature and record the history. Email your friends and family enjoying the outdoors to: news@stonewallteulontribune.ca

worship

with us > FAITH

Kind and Compassionate



If we want to live in a different world, we need to do what we can to change our corner of it. What do I mean by this? Luke 6:31

tells us to treat people the same way we want to be treated. Kindness and compassion can go a long way in treating others well. Proverbs 15:1 tells us a kind answer soothes angry feelings, but harsh words stir them up. I suspect many of us can attest to this! We would be wise to choose kinder and gentler words, even with those who are difficult. In the Baker Encyclopedia of the Bible it says "compassion is the quality of showing kindness, favor, or graciousness. It is pointed to the very core of one's inner feelings, much as the term 'heart' does today. One's inner feelings of compassion should always lead to outward compassionate acts of mercy and kindness." Throughout the gospels Jesus was moved with compassion for people. He healed those who were sick, touched those who were unclean, and set free those who were possessed. As I'm sure many of us are aware, our world could use more kindness and compassion, and it begins with each one of us. What could that look like in a practical sense? Perhaps it's kindly allowing someone else to go ahead of us in the line-up, offering a smile and a generous tip to the person serving us, or going the extra mile for the person who needs help. Or perhaps it's looking past a person's crummy attitude and still generously giving our time, money and loads of kindness to them. Kindness can make a huge difference in someone's life. Many acts of kindness made by many people can make a difference in the world around us. Let's choose to be kind and compassionate as we gently speak words of encouragement to one another.

Pastor Jo-Ann Porterfield
 Alive Family Church
 Stonewall, MB
alivefamilychurch.ca

Rosser council news in brief

By Jennifer McFee

Leo's Sales and Service has asked for permission to haul about 25 semi-loads of aggregate from Lilyfield Quarry to the business site.

Rosser council approved a temporary aggregate haul route until June 30 going west on Road 68N to Summit Road, then south on Summit Road to the North Service Road of Highway 101, then east to Leo's Sales and Repair.

Leo's Sales and Repair is responsible for the cost of repairs if any damage occurs on Summit Road.

IN OTHER COUNCIL NEWS:

- Council approved the purchase of a 2022 Dodge 5500 from Dunn Dodge at a cost of \$81,698.40 including tax with the trade-in of a 2018 Dodge Ram 1500. The funds will come from the machinery and equipment replacement reserve.
- Council approved a quota-

tion of \$45,000 plus tax from Oak Hammock Construction Ltd. as a sole source contract award for a project to upgrade Road 68N between Meridian Road and Road 1E. Currently, Road 68N is classified as a mud road. The public works committee recommends that the road be improved as a more usable mud road, but not to the standard of an all-weather maintained gravel road. The committee determined that Oak Hammock Construction is best suited to compete the work based on their previous experience with similar projects in the RM. Reeve Ken Mulligan and councillors Mike Palmer and Kelvin Stewart voted in favour of the resolution, while councillors Lee Garfinkel and Angela Emms voted against it.

• Council passed second and third reading of the 2024 tax levy. The third reading was a recorded vote, showing that Coun. Angela Emms voted against the resolution. The rest of council voted in favour.

• Rosser council is authorized to attend the Association of Manitoba Municipalities 2024 Interlake district meeting in Stonewall on June 19. Expenses will be paid.

• Council and representatives are authorized to attend the Association of Rural Municipalities Capital Region 25th annual charity golf tournament in Selkirk on Aug. 1. Expenses will be paid.

• Council is authorized to attend the CentrePort June Mixer on June 13. Expenses will be paid.

• The RM will enter into an agreement with the provincial government for the 2024 Urban Home-town Green Team program.

• Council accepted Stantec's proposal for professional engineering services related to CentrePort LPS hydrogen sulphide reduction. The fixed fee is set at \$49,976 plus tax.

Newcomer family seeks work, community connections

By Jennifer McFee

A newcomer family is settling into life in Stonewall, and they're hoping to create connections — and find work — in the community.

Originally from Afghanistan, the Faizi family moved to Stonewall in October thanks to a five-person private sponsorship team, who contributed a total of \$48,000 to facilitate the process.

On Oct. 13, the widowed mother Zainab arrived in Stonewall with her 29-year-old son Hamid and 22-year-old daughter Shegofa. They had fled Afghanistan for Pakistan, where they spent a year as refugees before moving to Canada. All three were approved as permanent residents of Canada.

The sponsors made a 12-month commitment with Immigration Canada to support the newcomers. The responsibilities of the sponsoring team include finding housing and setting up their home; giving them food, clothing and other basic necessities; covering the cost of local transportation; helping them feel welcome in their new community; and making sure they know about service providers to help them learn English and find a job.

In November, the new family moved into a three-bedroom rental home on 1st Street East. New Life Church members donated furniture and other household items to create a comfortable environment. The sponsors also helped the family apply for social insurance numbers and health cards.

In the winter, Hamid studied for and passed his learner-stage driver's licence test, while community members showed Shegofa how to bake.

She also learned how to sew using an electric sewing machine to bolster her skills of making clothes by hand.

Volunteers from the church also dedicated time in two-hour blocks in the morning and evening, five days per week, to help them learn English at home while they waited for enrolment into a formal classroom setting. Hamid and Shegofa are both now studying English five days per week in Winnipeg, and volunteers drive them to and from their classes.

Hamid has a higher level of English than Shegofa, who is still learning the basics. Their mom does not yet speak English.

Shegofa's English classes will stop for the summer break in July and August, so she will be available for full-time work at that time. While she's in school, she is also available for part-time work. She is skilled in sewing, cooking, baking and serving, and she has started taking a few small housecleaning jobs. Shegofa has a Grade 5 education, and her eventual career goal is to become a dentist.

Hamid has a degree in archaeology from Afghanistan, and he worked in his field at an ancient Buddhist site in connection with a museum. Now that he's here, Hamid is looking into a range of jobs, and he is also considering the possibility of learning a trade. Eventually, he hopes to enter a university humanities program.

Hamid noted that a job might also help him to learn more English.

"I'm looking for work. I also need to improve my English," Hamid said. "If I can improve my English, maybe I can go to college and continue with my education."

He is starting to settle into his new community, although he misses his coun-



TRIBUNE PHOTO BY JENNIFER MCFEE

Originally from Afghanistan, Zainab, Shegofa and Hamid Faizi arrived in Canada in October. They're now adapting to life in Stonewall.

try and their older sister, who is still in Afghanistan. At the same time, he's been making new Canadian friends from the New Life Church community.

"In Canada, everything is different for me — the culture and personal connections. In my home country, we always had connections with more and more friends, and we'd stay together talking and visiting," he said.

"It's different than here. Here, a lot of people are busy and there isn't always time for talking and conversation."

They were also surprised by the duration of the Manitoba winter.

"Winter was hard. We came to Cana-

da in October and after we stayed one week, it started to snow," he said.

"That was interesting to me. I didn't have experience with snow coming that way. We have snow in our country, but wintertime is a short time — January, February, March and it's done."

On behalf of his family, Hamid expressed gratitude for everything that his sponsors have done for them.

"We didn't have security in Afghanistan. We went to Pakistan for one year in 2022. Our sponsors gave a lot of help. A lot of people from the church community have been coming here to teach me English — reading, conversation — in my home for maybe two months," he said.

"We have experience living in a village in Afghanistan, so Stonewall is the same as that. Also, it's really beautiful here in the springtime."

As one of the sponsors, Al Heinrichs is pleased to see the family making progress with their studies, and he's encouraging them to continue with their job search.

"We're happy to have them here in the community," he said.

Anyone who might have a job opportunity for Hamid or Shegofa can contact Al Heinrichs at aheinrichs620@gmail.com or 204-467-2375.

For further information, please contact Howard Moore, chair of the Refugee Care Team, at howard@newlife-stonewall.com or 204-513-1312.

 **ROYAL CANADIAN LEGION**
STONEWALL BRANCH - 467-2261 Lic #418

Clubroom Events for the Week of June 10
Wednesday 4-10 Chase the Queen Draw at 8:30 Pot is over \$1,300
Thursday 4-10
Friday 4-close Meat Draw at 6:30 - BBQ starts at 5:30
Saturday 2-close
Join us July 1 Dave Lavallee is going to be entertaining you from 1 to 5
All are welcome - Support your local legion!

*We believe in cherishing the small moments in life because they make the lasting memories*

MacKenzie
FUNERAL HOME

204-467-2525 • info@mackenzieth.com

What's *Your* story?

We want to hear from you.

The Stonewall Teulon Tribune connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas at news@stonewallteulontribune.ca Phone 204-467-5836

Stonewall Teulon Tribune

Planting the seeds of partnerships

By Jennifer McFee

Collaboration is taking root in Stonewall with two groups coming together for a spring planting session.

On Monday, June 10, members of Communities in Bloom joined forces with clients of Community Living Interlake to do some planting in the Memory Garden. Community Living Interlake supports individuals who live with intellectual disabilities. Communities in Bloom aims to create community pride through people and plants.

The project stems from grants that each organization received. Communities in Bloom received a grant through Healthy Together Now, while Community Living Interlake received a grant through ParticipACTION.

Marissa Hibbitt, director of client care for Community Living Interlake, said the purpose of the grant is to get participants of Community Living Interlake moving around more.

“Every morning, we do a workout class on YouTube, but this gets everyone active and outside in the community,” she said.

“Hopefully, new friendships will evolve from being in the community with this grant opportunity.”

These types of collaborative efforts help to make the community more inclusive and enjoyable for all, she added.

“We have great partnerships within the community and try to join in where possible to participate,” she said.

“We have partnered with Communities in Bloom in the past and everyone had a great time. This seemed like the perfect opportunity to be active with Communities in Bloom once again.”

Community Living Interlake has other ParticipACTION activities coming up in June, including a town cleanup, park games, Pilates, yoga, a sidewalk circuit and a cheer dance.



TRIBUNE PHOTOS BY JO-ANNE PROCTER AND TRACY FIDLER
Community Living Interlake clients, staff and members of the Stonewall Communities In Bloom group gathered to plant the Memory Garden together on Monday.





QUARRY
PHYSIOTHERAPY
AN inMotion CLINIC

For the Dad
who has
everything...

Happy Father's Day

**MESSAGE
GIFT
CERTIFICATES
AVAILABLE**



STONEWALL • 204-467-9101 • 347 MAIN ST (THE MURAL BUILDING)

Keeping the Interlake inMotion since 1994

inmotionnetwork.ca

FARM -to- FORK

It's **Barbeque** SEASON!

Your full-service meat shop, offering an extensive selection of fresh, premium elk and bison products for unparalleled taste and nutrition

- Bison burgers
- Elk burgers
- Yellowstone burgers (combo)
- Elk & cheese smokies
- Elk garlic sausage

STONEWOOD ELK RANCH LTD.

STEAKS • ROASTS • GROUND • STEWING & STIR FRY MEAT
LIVER • SOUP BONES • GARLIC SAUSAGE

CALL OR TEXT 204-791-9856
(by appointment only)

StonewoodElkRanch.com
stonewoodelkranch@gmail.com

DIRECTIONS FROM BALMORAL: 1 MILE SOUTH ON HWY 236 & 1.75 MILES EAST ON ROAD 84N OR 1 MILE SOUTH ON HWY 7 AND 1.25 MILES WEST ON ROAD 84N (Watch for Stonewood Elk Ranch sign)

Another successful Touch a Truck

By Jennifer McFee

Attendees were all revved up at the much-anticipated Touch A Truck fundraiser last weekend.

On Saturday, June 8, more than 2,600 people attended the event, which serves as a fundraiser for Stonewall Children's Centre.

All kinds of vehicles were set up at the Ag Society's Red Barn site, along with bouncy castles, games, a craft vendor market and much more.

"It went really well. There as a little bit of everything. The barrel train and face painting are always a hit," said Pam Kozokowsky, assistant director

of the Stonewall Children's Centre.

"Lots of people were even lined up well before the gate opened. Some of the kids stayed four or five hours and didn't want to leave. There were so many happy faces."

The weather even co-operated to ensure the event was a great success.

"It was a beautiful day," she said. "We were expecting rain, but the weather was gorgeous."

The fundraising total wasn't available by press time. The funds will be used towards new equipment and toys for the childcare centre, as well as some backyard additions.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Natalie and John Pio Schilling and their mom Kristi checked out the colourful Vickar vehicle at the Touch a Truck event last Saturday.



Send us your candid grad celebration photos!

By Jennifer McFee

Will you be attending a local 2024 high school grad in the region? Do you know a student who is graduating this year?

We would love for you to send us some of your favourite grad photos for a possible front page photo in the

Stonewall Teulon Tribune.

We're looking for candid shots of graduates at convocation ceremonies and the following festivities from the entire region. Feel free to also send photos of grads getting ready for their special day.

It would be great if families and

friends could send indoor and outdoor shots of the grads before, during and after their celebrations — and it's even better if you can provide their names too.

Please email photo submissions to news@stonewallteulontribune.ca

within one day of the event — the sooner, the better!

Congrats to the 2024 grads! We can't wait to see the memorable moments that you capture.



TRIBUNE PHOTO SUBMITTED

We are looking for candid graduation shots from this year's ceremonies to include in the keepsake edition.



SAVE WITH OUR HOME INSULATION REBATE

Qualify. Insulate. Get a Rebate.

Adding insulation to your attic, walls, and foundation will improve your home's comfort and help you reduce energy costs.

Learn more at efficiencyMB.ca/homeinsulation

Approval is required before you start your project. Work with a registered supplier to qualify.



SAVE TODAY. SAVE TOMORROW.



BEST GIFT EVER!

Scenic Flight Tour

It's what every Dad, Husband, Grandfather, significant male wants for

FATHER'S DAY

\$149 3 PASSENGERS AND THE PILOT ALL FOR ONE LOW COST

Book Today!

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

SOUTH INTERLAKE PLANNING

Planning to Build a Deck this Summer?

Keep the South Interlake Planning District (SIPD) in mind if you are planning to build a **deck** this summer. A Development and Building Permit is required for a deck that:

- Is two feet or higher from the ground; or
- Is attached to a building; or
- Has walls or a roof; or
- Is intended to support a structure such as a hot tub or pergola.

You do NOT need a permit for an unenclosed or detached deck less than two feet in height, or for landings of 50 ft² or less in floor area. However, please note that zoning setbacks shall be satisfied whether a permit is required or not.

Permits help ensure that buildings and structures meet the *Manitoba Building Code*, which makes things safer for everyone!

If you are unsure whether your project requires a permit, or if you have any questions, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information is also available on our website: www.sipd.ca

The Children's Hospital Foundation of Manitoba Brings Back Teddy Bears' Picnic

By Raegan Hedley

On Sept. 18, the Teddy Bears' Picnic will take place at Assiniboine Park for the first time since 2019. The free event, organized by the Children's Hospital Foundation of Manitoba, went virtual in 2020 due to the COVID-19 pandemic, followed by high-volume pediatric RSV seasons.

"The Teddy Bears' Picnic is one of those institutions in our community. The number one question we've had since 2019 is about when the Teddy Bears' Picnic is coming back," said Stefano Grande, president and CEO of the Children's Hospital Foundation of Manitoba.

"COVID just really devastated a lot of events. It's taken time to rebound. Our frontline staff were so busy just taking care of kids in our emergency rooms, in our hospital, and our researchers have been busy, but we're refreshed and ready to welcome back the tens of thousands of kids that hopefully will be creating some new memories."

Part of what makes the Teddy Bears' Picnic so special is that it was started by volunteers over 35 years ago and is still run by hundreds of volunteers. Frontline staff from HSC Children's Hospital volunteer at the Dr. Goodbear Clinic, and researchers volunteer at the I Want to be a Scientist tent put on by the Children's Hospital Research Institute of Manitoba (CHRIM).

"I have children, and sometimes bringing kids to the hospital during routine visits or moments of crisis can be scary for them, and it's even scarier if your child doesn't speak English.



Cheery frontline staff volunteers at the Dr. Goodbear Clinic at the 2019 Teddy Bears' Picnic.

This event brings our hospital and our research institutes to the front steps of our community. The Dr. Goodbear Clinic demystifies how kids are triaged and gives them a front-row seat into how procedures like x-rays are used. And the I Want to be a Scientist tent shows kids science can be fun and hopefully inspires them to be scientists one day."

New this year: A tent showcasing how philanthropy has led to advances like the Travis Price Children's Heart Centre, diagnostic laboratories, play spaces and accelerated research.

"We have a very special tent, which represents the generosity of our community over the last four and a half to five years, which has led to incredible

Continued on page 13



TRIBUNE PHOTOS SUBMITTED

Kids enjoying the I Want to be a Scientist tent by Children's Hospital Research Institute of Manitoba (CHRIM) at the 2019 Teddy Bears' Picnic.



Frontline staff giving stuffed animals checkups for everything from broken arms to headaches at the Dr. Goodbear Clinic at the 2019 Teddy Bears' Picnic.

Ruby Roe Tall Grass Prairie Day

Stonewall's own Tall Grass Prairie

Sat., June 15, 2024
10 a.m. til 1 p.m.

*Immediately West of the Hospital,
(entrance at North end). Clean up starts at 10.*

*Prairie Flora native plant sale
Early bird giveaway of milkweed plants*

Guided tour highlighting the local native prairie plants, at 11 A.M.
Rain date information at www.reactinc.org

**FREE
SMOKIE DOG
BBQ at Noon!**

Sponsored by REACT.
Rockwood Environmental Action Community Taskforce.

Rockwood Environmental Action Community Taskforce incorporated

Take care of details so they don't have to. *Just ask Ken.*

KEN LOEHMER
FUNERAL SERVICES

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

Victoria United Church and Cemetery

Note change of time

A Service of Remembering and Celebrating

Sunday, June 16, 2024 at 11:00 a.m.
Road 84 between #7 and 236

Guest speaker: Rev. Brenda McCurdy
Lunch and fellowship to follow.
Please bring your own lawn chair.

For information call: Shirley 204-467-2758

Al-Anon and AA Meetings Information

Balmoral Al-Anon Family Group

Balmoral Community Hall basement
6003 E MB-236, Balmoral, MB
Contact: (204) 470-8972
Meets every Wednesday 7-8 PM
Everyone welcome

Selkirk Red River Al-Anon Family Group

Christ Church Anglican
227 McLean St., Selkirk, MB
Contact: (204) 482-6287
Meets every Monday 7-8 PM

Teulon AA

Christian Education Building
3rd Ave. SE, Teulon, MB
Contact: (204) 461-0155
Meets every Tuesday & Friday 8-9 PM

Stonewall AA

Parochial Hall
291 1st St. W., Stonewall, MB
Contact Denis: (204) 981-7747
Donna (204) 461-0892
Meets every Sunday 7:30-8:30 PM

Friday night bands announced for Quarry Days

By Jennifer McFee

It's already shaping up to be a fun-filled Quarry Days!

The Friday night main stage bands have just been announced for the much-anticipated annual event, which is coming up this summer on Aug. 16 to 18.

On Friday, Aug. 16 at 7 p.m., the Johnny and June Cash tribute band AR Cash will take the stage, followed by The Beatles tribute band Free Ride at 8 p.m.

After that, attendees can look forward to Free Ride taking the stage for the Harry 'n' the Armpits '50s and '60s Greaser Show.

Access Credit Union is the exclusive Friday night free stage sponsor.

To keep up to date with Quarry Days news, visit stonewallquarrydays.ca or check out social media posts.



TRIBUNE PHOTOS SUBMITTED

Stonewall's Quarry Days announced this year's Access Credit Union Friday Night Free stage entertainment for Aug. 16. Pictured clockwise from top left: the Johnny and June Cash tribute band AR Cash, The Beatles tribute band and Free Ride taking the stage for the Harry 'n' the Armpits '50s and '60s Greaser Show.

> PICNIC, FROM PG. 12

health improvements," said Grande.

One of this year's volunteers is Shay Edgeworth from East St. Paul. Edgeworth has been volunteering in the playroom at the HSC Children's Hospital since October 2023. She is currently studying sciences at the University of Manitoba and plans to pursue a medical career.

"I wanted the exposure to the hospital setting. ... I love being with kids, and I know that I really care about kids and other people, but you never know how you're going to feel being in the hospital setting. But being a playroom volunteer, I feel very happy to come all the time, and I feel really grateful to have these patient interactions and make their day a little bit more fun or exciting," said Edge-

worth.

This will be her first time volunteering and attending the Teddy Bears' Picnic in person.

"I've enjoyed my experience at the hospital and I've liked being with the kids and interacting and just making their day a bit more fun in the hospital. ... The purpose of the Teddy Bears' Picnic is so important to make kids feel more comfortable and safe

in the hospital setting and also help them understand the care being provided," said Edgeworth.

Grande said so many of the volunteer stories connect back to children.

"The last event I attended was my first as CEO, and I wanted to learn more about why people were volunteering. And there's a good number of volunteers who were a little bit older. Some have volunteered for over 30 years," said Grande. "And when you start digging a little bit more about why? There's always a personal story about how their child was saved by the hospital, or how they always enjoy bringing their kids to the picnic. There were stories about children who are no longer with us, and this is the way that their parents are giving back."

Grande said this event is only possible due to the generosity of volunteers and sponsors, such as the presenting sponsor, Humphrey Window and Door Systems.

Whether you accompany a child and their teddy bear or volunteer, the Teddy Bears' Picnic is a day of fun and learning for everyone.

"I feel like I've learned a lot from the other healthcare workers I've come in contact with at the hospital, but I've also learned a lot from the kids," said Edgeworth. "It's shocking how resilient these kids can be, and they've honestly shown so much perseverance throughout their care at the hospital."

Visit goodbear.ca/TeddyBearsPicnic if you're interested in volunteering.

Canada Post employees host barbecue



TRIBUNE PHOTOS SUBMITTED

The St. Laurent Canada Post staff recently held a community fundraising barbecue on May 31, raising an impressive \$2,240. These funds will go towards the Canada Post Community Foundation, which supports various Canadian schools, charities and community organizations that positively impact the lives of children and youth. It's worth noting that all donations made to the foundation stay within Manitoba. Organizers of the fundraiser were very grateful for the generous donations made by local businesses, community members and volunteers that added to the success of the event. Pictured left: the fundraising committee thanked everyone for attending the barbecue and drew the winning 50/50 ticket; Right photo: Canada Post employee Laura Cheslock presented \$555 to Emiel who won the 50/50 draw and donated his half back to the charity.

Pawesome pets wanted for limited edition beer can label

By E Antonio

The Winnipeg Humane Society (WHS) and Good Neighbour Brewing are giving you the opportunity to have your furry loved one printed on a limited edition beer can label.

The WHS has teamed up with Good Neighbour Brewing for a new contest.

Pets on Pints is a fundraiser for the WHS where four Manitoban pets can have their photo featured on a Good Neighbour Brewing beer can label.

Good Neighbour Brewing is owned by Amber Sarraillon of Stonewall with partner Morgan Wielgosz.

Good Neighbour is the first female and 2SLGBTQ+ owned and operated brewery in Manitoba.

It is Sarraillon's and Wielgosz's goal to create a brewery that has a fun and inclusive community.

Pets on Pints is an online photo contest for Manitoba pets.

"Pets on Pints is very similar to our annual calendar contest which has been very successful," said WHS' Communications and Marketing Director Carly Peters.

"Manitobans love a good local beer and their pets so this is a great way to combine these two passions."

Pets on Pints is off to a massive start. With over 1,300 photo submissions in one week, Peters is thrilled about the contest's success.

"I am excited to see how far it will go," Peters added.

The WHS is hosting the competition as a way to give back to donors and thank them for their support.

Choosing to partner with Good Neighbour Brewing was a breeze.

"Good Neighbour values community and brings people together. Internally here, we all love Good Neigh-

bour and it was an easy choice," Peters explained.

Everyone with a pet that can be adopted with the WHS is encouraged to enter.

Pet owners from dogs and cats to birds and rats are hoping to see their furry friends on a can of beer.

Pet owners are encouraged to submit one photo of each pet.

Pets on Pints will select two pets with the most votes and two pets by random draw as their winners.

"We are looking for super cute pictures of pets to be submitted on our website," explained Peters.

Upon submission, a unique URL will be generated to share with friends and family members to vote for your pet.

Each vote costs \$1 and all funds received from the votes will directly support the WHS.

Another two winners will be selected by random draw.

"For every 100 votes or \$100 raised, the pet will be entered into a draw to be featured on the beer label."

One dog and one other animal will randomly be selected as a winner along with the two pets with the most votes.

Winners will receive four cans of beer with their furry friends featured on them.

Good Neighbour Brewing will have a limited number of the winning pet's cans for sale to the general public with a portion of sales being donated back to WHS.

The last day to enter and vote for your pets with the Pets on Pints contest is June 21.

Winners will be announced the following week.



TRIBUNE PHOTO SUBMITTED

Henry wants to see your own furry friend featured on a can of beer. Upload a photo of your pet onto the Pets on Pints contest webpage for a chance to win.



JOIN US FOR THE JUNE CONSIGNMENT SALE 2024

DAY 1 ITEMS AVAILABLE TO VIEW KROEZE ESTATE AUCTION ARE JUNE 14 & 15, 9-5PM

DAY 2 ITEMS AVAILABLE TO VIEW JUNE 11TH - 15TH FROM 9AM TO 5PM

BIDDING STARTS: JUNE 13TH AT 9AM

Pickup Days: June 21 & 22 from 9am to 5pm. Arrangements can be made otherwise. CLOSED SUNDAYS

DAY 1 OFFSITE ITEMS WILL BE CLOSING ON JUNE 19TH STARTING AT 10AM

DAY 2 ONSITE ITEMS WILL BE CLOSING JUNE 20TH STARTING AT 10AM



SALE WILL CONSIST OF FARM EQUIPMENT, GENERAL MERCHANDISE, OVERSTOCK AND SURPLUS ITEMS, PLUS MUCH MORE!

THIS IS AN ONLINE BIDDING AUCTION ONLY! IF YOU REQUIRE HELP OR DO NOT HAVE INTERNET ACCESS PLEASE CALL THE OFFICE AT (204) 434-6519. CALL TODAY IF YOU WOULD LIKE TO CONSIGN YOUR ITEMS

Call today if you would like to consign your items! Office (204) 434-6519 • Brad Kehler (204) 346-2440 Darryl Enns (204) 216-0931 ITEMS ARE SOLD AS YOU SEE THEM. Call Now to Consign in Upcoming Auctions.

Good Neighbour Brewing will release the limited edition beers on Wednesday, July 17 with a Pet Parade Launch Party.

To enter your pet and to see other Pets on Pints entries visit www.gogo-photocontest.com/whscontest.

Additional ways to support the WHS can be found online at www.winnipeg-humane-society.ca or through their social media.



Clubhouse Restaurant
204-886-4653

Restaurant Hours

Saturday & Sunday 9 am - 2 pm
Tuesday & Thursday 3 - 8 pm

Dine In or
Take Out

OPEN TO THE PUBLIC

Local teen shares great passion for painting

Follow Art by Isla on Instagram [artsy_isla](#)

By Emma McGill

When Isla Gemmill paints, her surroundings disappear, and happiness and peace take over. She has been painting since she was one year old, and now, at 14, she embraces her talent and uses it to spread joy.

Gemmill lives with her family on their farm just outside of Stonewall. When she was ten, her grandparents gifted her a watercolour set.

"That's when I really started trying to make something out of it," she said. "I've always loved art, ever since I was little. It was always an accessible space for me."

Gemmill sees firsthand that inspiration can come from anywhere. For her, life on the farm often provides the inspiration that keeps her passion going.

"The biggest thing that inspires me is probably my surroundings. I go to the pasture when we're hauling cattle, and I'll see something to paint," said Gemmill.

Growing up on a farm, Gemmill finds that her paintings reflect a great love of nature. When she sees subjects like animals or flowers, she cannot resist the urge to paint them.

"Last summer, my family went on a trip to British Columbia, and the entire time we were there I was telling my family I wanted to paint things, even small things like a flower, a bird, or a bug," she shared.

Of course, Gemmill also draws creative inspiration from watching her family practice their forms of art: her grandma used to do wood paintings, her nana crochets and sews, and her mom crochets.

Though she does dedicate most of her creativity to painting, Gemmill also practices other forms of visu-



Gemmill painted her Grandpa's semi-truck for his 70th birthday.

al art, ink sketching and graphite drawings, and she would love to try oil painting. She has also been playing guitar and piano since she was around six, focusing on piano more due to upcoming exams. She participates in school sports, club volleyball, softball, and curling.

"I recently went through a phase of painter's block for the longest time. I got out of it like a week ago. When I am in that block, I usually turn to music, and I do a lot of reading."

"I love writing, too," said Gemmill. "It's not something I do often, but sometimes I write the odd story. Once, my sister and I went to the pasture and saw a porcupine, so I wrote a little book about it."

Though she is constantly indulging in something creative, Gemmill's favourite pastime



TRIBUNE PHOTOS SUBMITTED

Isla Gemmill has loved painting for as long as she can remember and is inspired by things around her, especially nature.

is painting, and her favourite part of painting is making people happy with her work.

"The reactions that some people have to the paintings that I give them is almost the best part of it," she shared. "It's just so special. I painted my grandpa's semi truck because it was really special to him. He was a gravel truck driver with his own gravel company. He had to sell the truck, so I painted it for him for his 70th birthday. I didn't know I could make people feel that emotion just with paper."

As for Gemmill's future, though she is in the eighth grade, she does have some ideas for what she would like to pursue after high school.

"I've always kind of wanted to be an ecologist and do something in biology. Nature is my favourite thing to paint. It would be so cool to have a job where I could tie my art in," she said.

Gemmill plans to build up her inventory to start participating in more markets, which she has done before Christmas. Occasionally, she also does art sales on her Instagram story: @

artsy_isla. Another one of Gemmill's goals is to enter an art competition in the future.

"My art is a way to express myself and capture moments that are important to me. Painting is the thing I love; it's something that I can always fall back to. Everything in my mind goes away. I tune the world out," said Gemmill. "There's something that spreads through you when you paint. It's like the picture in my mind has come out on the paper."

Her creative practices are central to Gemmill's life, and she hopes everyone has their own creative pastime to fall into.

"Painting comes with practice, and a lot of people put it off, but anybody can paint. I have seen people that don't start until their 60 and they turn out to be amazing at it. We all go through phases and changes as we get older, and it's just so nice to have art to fall back onto. I think everybody has their own creativity inside of them, they just have to find it. No matter how old you get, art will always be there."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Fines named All-Star Shortstop, Jays take two of three against top teams

By Kieran Reimer

Chris Fines was presented with the 2023 Manitoba Junior Baseball League's All-Star Shortstop Award at Quarry Park on Sunday.

The shortstop was named the best at his position for the 2023 season and has been a force in the league since joining the Interlake Jr. Blue Jays back in 2020.

"Chris has been a leader for this team and is a very good player," said Jays head coach Dave Meyers. "As a coach I like his leadership and his approach to the game. He does not take nights off, always gives a hundred per cent and that's all I can ask from him. He's a very good young man."

Fines and the Jays also had games to play this weekend as they took on two of the league's top three teams in the St. James A's and Carillon Sultans.

Friday night they took on the A's at Optimist Field in Winnipeg.

The Jays entered the game in fourth place, two games back of the A's for third place in the MJBL.

A hard-fought game saw the Jays grab a 5-3 win as they narrowed the A's lead in the standings.

Sunday the Jays had a doubleheader against the first place Carillon Sultans at Quarry Park.

The Jays stunned the Sultans in game one with an 11-3 victory to hand



Interlake Jr. Blue Jays coach Dave Meyers presented Chris Fines with the 2023 Manitoba Junior Baseball League's All-Star Shortstop Award before Sunday's game.

the Sultans their second loss of the season.

In the afternoon game the Jays almost did it again as the game came down to the final inning.

Both teams' bats were hot during the game, but the Sultans got the extra run that was needed to win as they stole Game two 7-6.

A 2-1 weekend with wins against



TRIBUNE PHOTOS BY LANA MEIER

Blue Jays' Kaden Stewart hit a home run in Game 1 on Sunday against the Carillon Sultans at Quarry Park.

two of the league's best teams has the Jays feeling confident heading into next week's games.

The club sits fourth in the MJBL with a 7-5 record.

Wednesday night the Jays take on the Pembina Valley Orioles (4-7) at

7:30 p.m. from Quarry Park.

They will also host the A's for a Sunday doubleheader where they will have a chance to move into third place.

The games from Quarry Park will go at 1 p.m. and 4 p.m.

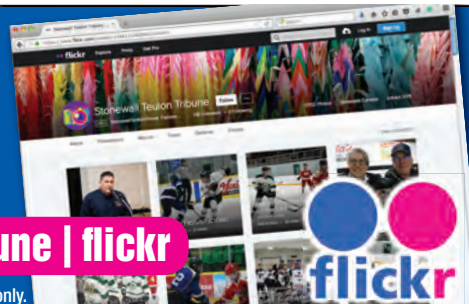


Blue Jays' Liam Allan slides head first into second base and avoids the out.

To see more photos of your favourite Interlake Athletes

GO TO [Stonewall Teulon Tribune | flickr](#)

Copyright Stonewall Teulon Tribune. To be used for personal use only.



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Phillies Weekend Report: U15s grab hardware in Minnesota

By Kieran Reimer

The U13 Interlake Phillies were back in Minnesota after winning gold at the Orioles Opener in St. Louis Park, MN only three weeks ago.

This weekend they were in Brooklyn Park, MN for the U13 June Jamboree.

The Phillies played two preliminary round games on Saturday, winning the opener against Midwest Speed Creager 6-1 and losing the second game to the MN Waves Donnelly 5-4.

Lily Hammond was named Phantastic Philly of Saturday after two big performances on the mound while also picking up multiple hits in both games.

With a 1-1 record and a plus four runs differential, the Phillies finished first place in their pool to advance to the gold playoff bracket semi-finals on Sunday.

In the semis the Phillies took on the Forest Lake Rangers who were also winners of their pool and had yet to give up a run at the tournament.

The Phillies batters tried to break through but the Rangers pitching but they had other plans as they went on to shutout the Phillies 2-0.

The Phillies then took on the Nebraska Gold 515 in the evening with a bronze medal on the line.

Both team's batters showed up in the bronze, but it was Nebraska sneaking away with an 8-7 win to wrap up the tournament.

Krystal Crampton was named Phantastic Philly of Sunday. The shortstop was a force on both sides of the ball as she made several big plays on defence while pitching in hits in both games.

Looking to their regular season now, the Phillies won't play a Manitoba Premier Softball League U13 game until Saturday, June 22 when they play a doubleheader against the Smitty's Terminators (5-5) at 1 and 3 p.m. on Moffat Field.

As for the standings, the Phillies remain in first place and hold an undefeated record through seven league games.

The U15 Interlake Phillies were also in Brooklyn Park over the weekend for the U15 June Jamboree.

Their tournament kicked off with a 5-2 preliminary round win over the

Force-Hoffer Selects.

Their second of two preliminary round games that day was a 10-1 loss against the Minnesota Sox which bumped the Phillies to 1-1 in the tournament and into the bronze playoff bracket due to a runs differential tie-breaking procedure.

On Sunday morning they took on the Zimmerman Clutch Hitters with a spot in the bronze final on the line.

A tight ball game saw the Phillies advance after winning 8-6.

Things got even closer in the bronze final as the Phillies found themselves in a hitting contest with the South Dakota Renegades.

Both teams ran up the scoreboard but in the end, it was the Phillies walking away with a 9-8 victory and the title of June Jamboree bronze bracket champions.

The Phillies also played a league game earlier in the week when they defeated the Smitty's Terminators 18-2.

With the win the Phillies moved into third place in the MPSL U15.

They now return home for a jam-packed weekend of games starting Saturday with a doubleheader against the Terminators (0-8).

The games will start at noon and 4 p.m. from Quarry Park.

Sunday they will play a doubleheader against the Winnipeg Lightning (1-5-1) at noon and 2 p.m. at Riel Park in Winnipeg.

A tough Saturday for the U19 Manitoba Phillies as they were taking on the undefeated Smitty's Terminators in a doubleheader from Moffat Field.

The opening game saw the Terminators league leading offence out on display as they drove in 12 runs to take game one 12-0.

The second game didn't get better for the Phillies as they dropped the game 15-0.

They've now dropped their last five games and hold a 1-7 record this season.

Tuesday evening the Phillies will get their first look at the Eastman Wildcats this season as the club has yet to play in 2024.

They will play two games from Friedensfeld Community Centre in Stein-



TRIBUNE PHOTOS BY SANDI SWANSON

The U15 Phillies won gold in the bronze bracket at the June Jamboree in Brooklyn Park, MN over the weekend. The Phillies beat Minnesota Force Select 5-2 but lost 10-1 to the Minnesota Sox. In the Sunday playoffs the Phillies beat the Minnesota Clutch Hitters 8-6 and the South Dakota Renegades 9-8 (in extra innings) to win the final. Pictured left to right, back row: Dallas Minnie (coach) and Taylor Hagen (coach); middle row, Kalin McGuirk (coach), Jersey MacMillan, Abi Minnie, Katie Braid, Olivia Hagen, Jenna Germain, Riley Swanson, Maddy Fines (coach); front row: Peyton Rinn, Jordyn Chetyrbok, Nicole Hutchinson, Avery Deprez and Sara Vande. Missing from the photo are Keira Pattie and Brooklyn Sachvie.



The Phillies' Riley Swanson slides in under the tag and is safe at home in U15 action. The Phillies defeated the Smitty's Terminators 18-2 earlier in the week.

bach with first pitch at 6:30 p.m. and 8:30 p.m. in the second game.

Orioles weekend report: U18s grab second win of season

By Kieran Reimer

The U13 Interlake Orioles were in Winnipeg for the St. James A's Tournament all weekend.

They began round-robin play on Friday night against Red River Valley Pioneers at Optimist Park.

Alex Walker blasted a lead-off home run to give the Orioles a 1-0 lead in the first inning.

The Pioneers quickly responded with a run of their own to make it 1-1, but Walker stepped up big again with multiple doubles later in the game, as the Orioles went on to win the opener 4-1.

Saturday morning, the Orioles dropped their second round-robin game to the Brandon Marlins to wrap up round-robin play.

With a 1-1 record, the Orioles finished second in their pool to qualify

for the quarter-final round.

They took on the South Central Cubs in the quarters with a spot in the semi-finals on the line.

The Orioles could not get their offence going until late in the game when they drove in three runs, but it wasn't enough to catch up, as the Cubs won 13-3.

The Orioles eventually lost their consolation game Sunday afternoon, completing the tournament with a 1-3 record.

"Our pitchers gave us a chance to win in every game, and we continue to see improvement on the defensive side of the ball," said head coach Tyler Moran following the tournament.

The Orioles will look to bring those improvements into league play this week as they will play three contests against familiar teams.

The Orioles will play a rematch with Red River at 6:30 p.m. Thursday night at East St. Paul Sports Complex.

They will also meet South Central again on Sunday for two games at Quarry Park at 1 and 4 p.m.

The U15 Interlake Orioles had the weekend off regular season games.

On Saturday, the club played two exhibition games against the North Winnipeg Pirates in Warren.

They will return to regular season action on Sunday when they take on Brandon (3-1-1) at 1 and 4 p.m. from Atree Field in Grosse Isle.

The U18 Interlake Orioles played three league games this week.

They dropped Tuesday night's contest against the Zone 2 leading Carillon Sultans 13-1 from A.D. Penner

Park in Steinbach.

The Orioles then played two much closer games with Oildome on Sunday afternoon at home in Grosse Isle.

In the first game, the Orioles' batters showed up big time, winning 13-11 to earn their second win of the season.

The second ball game had much lower scoring, as both teams' pitchers were on point for most of the game.

Oildome eventually grabbed a three-run lead and hung on to it for the rest of the game to take it 5-2.

The Orioles now hold a 2-6 record, keeping them in third in the Zone 2 standings.

Their slate of games goes next Saturday when they take on Pembina Hills at 1 and 4 p.m. at home.

Varsity boys Thunder prepare for 2024 season with spring camp

By Kieran Reimer

The Interlake Thunder Varsity Boys football club wrapped up their spring camp on Saturday.

The Thunder held eight practice sessions over the past three weeks at Stonewall Collegiate where rookies and veterans had a chance to learn playbooks and get some spring conditioning in.

"It's been good," said Thunder head coach Christof Hasselfield ahead of their spring camp practice last Thurs-

day.

"We've got big numbers this year. Forty-five kids have signed up where last year it was around 25 that came up. I've been very impressed with the younger guys work ethic coming in working with the big guys. Lots of talent. We also got a really good core that's coming back of grade 11's and 12's."

The club won't begin play until Labour Day weekend when they begin their six-game regular season in the

Rural Manitoba Football League.

Last fall, the Thunder made it to their second consecutive RMFL Championship where they fell 34-8 to the St. Vital Mustangs.

Losing in the championship in back-to-back seasons, the Thunder will enter the 2024 season with some extra motivation from the many returning players and coaches as the club searches for their first championship since 2018.

"We'd like to get over the hump this year," said Hasselfield. "We're going to have a heck of a defence. Offensively we got a few guys coming back to. That's more of a grade 11 group but they've been with me since grade 9 so this is their third year with me. We expect to compete for a championship again. We've got a good well-rounded team that's got a real good shot at taking a run at it again this year."

Hasselfield highlighted veteran defensive linemen Jackson Nichol and Quinton Favel as players to watch this season.

The two recently returned from the 2024 Challenge Cup where they helped Team Manitoba to their first-ever victory over Team Saskatchewan to win the event.

The Thunder had seven other representatives on Team Manitoba that hoisted the Challenge Cup in Foam Lake, SK last May.

With the new season, so comes a new crop of rookies who graduated from the Thunder's Pee wee club last

season.

They took the field a week before the veterans with rookie camp where Hasselfield was able to get his first look at the new crop of varsity players before joining the vets for the remainder of spring camp.

"One thing I appreciate, and I got to give kudos to our Pee wee coach Jared (Boville), sometimes you get rookies that are good athletes, but their knowledge isn't quite varsity level yet, but these guys are coming in and picking up the playbook quick which I appreciate and competing really hard," said Hasselfield. "They aren't ducking drills even if they are up against a grade 12 or something like that. You give me a guy that's willing to learn the playbook and loves football, I can make something out of that any time."

This season's playbook will look different for the Thunder as they are making changes on both the offensive and defensive side.

Over the off-season Hasselfield and staff spent time re-watching last season's games to see what worked and what didn't to make the proper changes.

Hasselfield said spring camp was the perfect opportunity to familiarize the players so they can come into the regular season fully prepared.

Now with spring camp in the books, the Thunder have August 15 circled on their calendars as the first day of training camp.

Signed

TRIBUNE PHOTO SUBMITTED

Warren's Cedrick Puffault (2005) signed with the Kenora Devils Cap Islanders of the Superior International Junior A Hockey League on Monday. Puffault was the Keystone Junior Hockey League's Top Rookie in 2023-24. He played for the Waywayseecappo Wild and joined the OCN Storm midseason for playoffs. He had 22 goals and 16 assists in 35 games throughout the season. Puffault played 30 regular season and two playoffs games for the Interlake Lightning AAA 2021-22 regular season.



Local girls named to U17 Team Manitoba box lacrosse team

By Kieran Reimer

Local Interlake girls are attending the Box Lacrosse National Championships in August.

Rosser's Maria Riddell, Stonewall's Emelia LeClair, and Selkirk's Delaney Kiteley will represent Team Manitoba U17 in box lacrosse at the tournament in Regina from Aug. 13-17 after earning a spot on the team in tryouts last week.

All three girls played in the Lacrosse Winnipeg U17 Box league this season with Riddell and LeClair playing for the U17 Shamrocks and Kiteley playing for the U17 Gryphons.

The trio also played in the Spring

Lacrosse Development League for the Manitoba Herd over the spring.

This is LeClair and Kiteley's second selection to the team after representing Team Manitoba in Saskatchewan last year.

Riddell will be making her Team Manitoba debut, with this being her first selection.

Ahead of the National Championships, Team Manitoba will play in the first edition of the Prairie Cup from July 19-21 in Regina.

The tournament will include Team Manitoba, Team Saskatchewan, and Team Alberta.



TRIBUNE PHOTO SUBMITTED

Selkirk's Delaney Kiteley, left, Stonewall's Emelia LeClair, middle, and Rosser's Maria Riddell following Team Manitoba's U17 box lacrosse practice at Keith Bodley Arena on Sunday, June 9. The girls will represent the province at the 2024 Box Lacrosse National Championships in Regina from Aug. 13-17.

CRJHL welcomes new expansion team: The La Broquerie Habs

Submitted by CRJHL

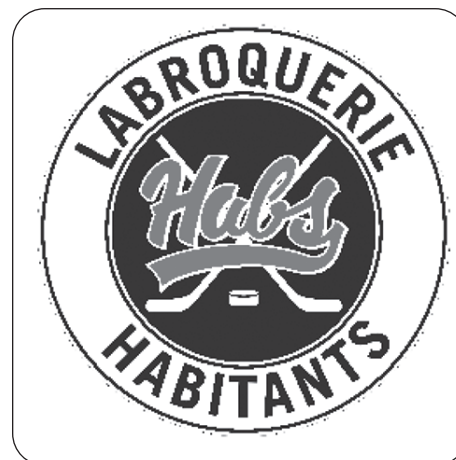
The Capital Region Junior B Hockey League (CRJHL) is thrilled to announce the addition of an exciting new expansion team, The La Broquerie Habs, set to begin play in the upcoming 2024-2025 hockey season. This expansion will increase the number of teams in the league to seven, further enhancing the competitive spirit and community engagement of Junior B hockey in the region.

The La Broquerie Habs join a strong lineup of existing teams, including the Arborg Ice Dawgs, Beausejour Comets, Lundar Falcons, North Winnipeg Satellites, St. Malo Warriors and the Selkirk Fishermen. With the addition of the Habs, fans can look forward to a dynamic and thrilling season ahead, showcasing local talent and fostering a deeper sense of community pride and support for junior hockey.

CRJHL President, Chris Poponick, expressed enthusiasm about the league's growth, stating, "We are incredibly excited to welcome The La Broquerie Habs to the CRJHL family. The inclusion of this new team reflects our commitment to growing the sport of hockey in the Capital Region and providing more opportunities for young athletes to develop and compete at a high level. We look forward to seeing the Habs hit the ice and make their mark in the upcoming season."

The La Broquerie Habs, promise to bring a fresh energy and competitive edge to the league. The team's management and staff are already hard at work preparing for their inaugural season, with player tryouts and community engagement events planned for the coming months.

La Broquerie Habs President, Ken



Tallaire, is thrilled to be joining the CRJHL for the 2024-25 season, "We are very happy to be able to build on the tradition of hockey in La Broquerie by bringing a junior B team to the community. There is already a lot of excitement from players and community Members so we can't wait for the start of the season."



Fans, families, and hockey enthusiasts can stay updated on all the latest news and developments regarding the La Broquerie Habs and the upcoming CRJHL season by visiting the league's official website @ CRJHL.com and following the CRJHL on social media platforms.

Interlake Lightning U18 female players attend elite camp

By Jo-Anne Procter

Hockey Manitoba announced the Under-18 rosters for the Program of Excellence TOP-68 Camp, held last weekend at the Hockey For All Centre in Winnipeg.

The POE TOP-68 camp is the first phase of the Program of Excellence, which is the selection process for the 2024 U-18 (female) Team Manitoba rosters.

Locals invited to the camp include Interlake Lightning U18 forwards

Georgia O'Neill and Bre Windross, defence players Claire Hudson and Anne Thiessen and goaltender Jane Sugimoto.

The camp is designed to provide high performance female players with the opportunity to develop advanced skills as well as an introduction to the concepts needed to play at an elite level. Players from the POE go on to play at the U Sport, NCAA and International level.

The Female U18 POE Top-68 Camp hosted 68 athletes, including 36 forwards, 24 defenders, and eight goaltenders.

Athletes participated in intra-squad exhibition games and a goalie skill session designed to instruct on skills and concepts directly related to the Female Team Manitoba Principles of Play. The Female U18 Coaching staff led all programming throughout the camp.

Following the Top-68 Camp, approximately 40 players will be invited to the POE Top-40 Camp which will be held from July 5-7 at the Hockey For All Centre in Winnipeg.

The third stage of the Female U18 POE process will see Team Manitoba compete in an exhibition series against the University of Bison's women's hockey team in late September or early October.

Classifieds

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email ads@stonewallteulontribune.ca

The Tribune Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication
Please Call 204-467-5836



**Interlake-Eastern
Regional Health Authority**

SUMMER EMPLOYMENT OPPORTUNITY

**STUDENT MAINTENANCE ASSISTANTS
needed in the IERHA – Various Facilities:**

Locations:

**Arborg, Ashern, Eriksdale, Fisher Branch,
Gimli, Lundar, Teulon, Selkirk & Stonewall**

Competition number: IERHA 1075/24

Please refer to complete job posting at:

<https://selfservice.ierha.ca> and search under "View All" and scroll to : Student Maintenance Assistants.

Deadline for submissions is

Thursday, June 13, 2024 at 11:59 pm.

THE RURAL MUNICIPALITY OF ARMSTRONG

NOTICE OF REGISTRATION AND NOMINATION

NOTICE OF REGISTRATION OF PROSPECTIVE CANDIDATES FOR MUNICIPAL BY-ELECTION

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that candidate registrations will be received:

For the office of reeve or councillor up to and including June 25th, 2024 at the Rural Municipality of Armstrong office, 55 MB-17, Inwood, MB, during the regular hours of business.

To obtain a registration form contact the municipal office at (204) 278-3377.

NOTICE OF NOMINATION

NOTICE IS HEREBY GIVEN that on the following days: June 19th, 20th, 21st, 24th and 25th, 2024

between the hours of 8:30 a.m. and 4:30 p.m. (note the office is closed between noon and 1:00 pm for lunch hour) at the Rural Municipality of Armstrong office, 55 MB-17, Inwood, Manitoba, nominations will be received for the office of:

Reeve and five Councillors of the aforesaid Local Authority.

The nomination deadline is June 25th, 2024 at 4:30 p.m. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is the lesser) of the authority or ward (as the case may be), but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person or by an agent at the above location, on the date and hours specified. To obtain a nomination paper, and/or candidate's declaration of qualification, contact the Local Authority at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Local Authority telephone number - (204) 278-3377

Dated at Inwood, Manitoba on May 23, 2024

Ernie Epp
Senior Election Official (S.E.O.)
Rural Municipality of Armstrong

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

ADVERTISE IN THE TRIBUNE

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

FARM MACHINERY

J.D. 4WD 8640, \$19,900; Leon scraper, 8.5 yards, \$19,900; Flexicoil cultivator, 33 ft., 7" spacing, \$2100. Email orsulaktc@gmail.com or call 204-981-7618.

FEED & SEED / AGRICULTURAL

FORAGE SEED FOR SALE: Organic & conventional: Sweet Clover, Alfalfa, Red Clover, Smooth Brome, Meadow Brome, Crested Wheatgrass, Timothy, etc. Star City, SK. Birch Rose Acres Ltd. 306-921-9942.

FOR RENT

Mature person, 1 bdrm. basement suite on 80 acres. Livestock welcome. Clean, quiet, smoke free home. \$850, satellite included. No indoor pets. Teulon, 204-479-0294.

BUSINESS OPPORTUNITIES

STONEWALL RESTAURANT- sales over \$220,000 with very limited hours, asking only \$90,000, new developments make this an ideal buy. TEULON MALL - 4500 sq. ft. enclosed mall, passive income, fully rented, asking only \$220,000. AUTOMOTIVE GLASS REPAIR- just listed, mobile unit, showing net income of \$142,000 listed at \$145,000. smallerealty@mts.net or 204-339-1665.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

**News Tips?
Story Ideas?
call the Tribune
204-467-5836**



McSherry Auction Service Ltd

**Laurie Hunt Antique Tractors, Equip. &
Vehicle Online Auction**

July 4th @ 7:00PM

Petersfield, MB

1 Mile South on Hwy 9 Then 1/2 Mile West on Hall Rd #748

39 Diamond T Firetruck, 55 Dodge Military Ambulance, 68 Kaiser Jeep 4x4, 12 Antique Tractors, 50 Antique Implements, Snow Plane, Forklift, Restaurant Equip, Plus

204-467-1858 or 204-886-7027 McSherryAuction.com

THE RURAL MUNICIPALITY OF ARMSTRONG

RE-TENDER REQUEST FOR SEALED TENDER

Meleb Waste Disposal Grounds Maintenance Pushing, Compacting & Earth Capping

The RM of Armstrong is inviting tenders to push, compact and cap garbage at the Meleb Waste Disposal Grounds. Pushing and compacting garbage will be required a minimum once a month, and capping required approximately every six weeks. Monthly the garbage is to be pushed and spread in approximately 12-inch layers and then compacted. This will require heavy machinery to compact properly. Approximately every 6 weeks the waste will have to be pushed, spread, compacted, and then covered with earth capping. Capping/Covering of the waste consist of a layer of soil approximately 6-inch-thick spreading on the compacted waste and compacted again. The working face of the cell is to have an even slope surface to be able to spread and compact future waste. Material for covering the waste is in the spoil pile located next to the site.

Work Starting Date: June 21, 2024

Contract End Date: December 31, 2024

Deadline to submit tenders: June 17, 2024 at 12:00 noon

Location: RM of Armstrong
1094 PR 17
PO Box 69
Inwood, MB ROC 1P0

The lowest or any tender not necessarily accepted.

Detail tender packages complete with specifications are available to interested applicants on the RM of Armstrong website. Any questions or concerns can be directed to:

Nancy Howell
Interim CAO
cao@rmofarmstrong.com
Phone: 204-278-3377

Online McSherry Auction

**Farm Equipment
& Lumber Auction**
Featuring 2015 Kubota M9960 MFWA Cab 1960 Hrs, 2001 Sterling Truck, Int Cub Tractor, 3PH Equip: Rotavator, Mower, Backhoe, 2 Semi Loads Lumber & Sheet Metal

Visit Website for Growing Listing

McSherryAuction.com

12 Patterson Dr.

Stonewall, MB

204-467-1858 or

204-886-7027

MANUFACTURING OPPORTUNITY

- Fuel your passion for Powersports
- Make X Rail Dune Buggies
- Create your own Brand
- Set up Dealers across Canada & USA

I have all the proprietaries, support, etc., to make this quality Buggy

For more info:

Call Tom

204 771 9636

www.motormaxintl.com

Online McSherry Auctions

Estate & Moving

Featuring Over
100 Lots of
Gold Jewelry + Coins

June 19th @ 7:00 PM

12 Patterson Dr.
Stonewall, MB

204-467-1858 or

204-886-7027

McSherryAuction.com

ReVolution Trailers

**Spring
Readiness
Special**

Inspect tires, brakes, suspension, travel lights, LP, CO2 & Smoke alarms, roof and trim sealant, repack wheel bearings \$269 single, \$319 dual

1480 Springfield Rd
Winnipeg, MB
www.revolutiontrailers.ca

Call Now:

204-955-7377



ATTENTION FARMERS AND RANCHERS

**INTERLAKE CATTLEMENS
CO-OPERATIVE ASSOCIATION LTD.
(ASHERN AUCTION MART)**

ANNUAL GENERAL MEETING

Monday, June 17, 2024

AT 8:00 PM

Auditors Financial Report

Election of Directors

204-768-2360

icca@mymts.net

www.ashernauctionmart.com

License #1128

Announcements

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email ads@stonewallteulontribune.ca

BIRTHDAY



Hilda Chartrand
June 02, 2024
Happy 95th Birthday!!
Mom, Grandma (Memere),
Great Grandma, Great Great Grandma.
We Love you to the moon and back,
and are so Blessed to have you in our lives.
-Love from,
your family

IN MEMORIAM

Blair Ross
September 21, 1968 – June 14, 2004
Your presence we miss,
Your memory we treasure;
Loving you always,
Forgetting you never.
-Always remembered with love,
Mum, Dad,
Aileen, Corinne,
Darren and families

**Don't forget to send
your special words
of remembrance for
loved ones passed.**

Stonewall Teulon
Tribune
Call 204-467-5856 or
Email: igrphic@mts.net

OBITUARY

Beverly Lindsay (nee Emms)

It is with deep sorrow that we announce the sudden passing of Beverly Lindsay on June 2, 2024, at the age of 71 years.

She was predeceased by her husband Allan Lindsay; brother Bruce Emms; and parents Lillian and Arthur Emms.

She will be lovingly remembered by her son Aaron Ansell; granddaughter Desiree Ansell (Reuben); great-grandson Eli Ansell; sisters Margaret, Diane, and Lorraine; and numerous nieces and nephews.

As per her wishes, cremation has taken place.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • info@mackenziefh.com



OBITUARY

Edith Ruth Irene Docking

With broken hearts we announce the passing of our beloved Mother, Grandma, Nana, Sister, Aunt and friend Edith Ruth Irene Docking.

She was born July 27, 1929 in the RM of Elton to Elizabeth (Bessie) and Harry Hickson who came to Canada from England. She was seventh of 10 children and is survived by her loving sister Betty Witter (Bill) and sisters-in-law Gwen and Gail Hickson and cousin Helen James.

She is predeceased by her husband Bill; parents and siblings: Mabel and George, Evelyn and Alf, Ivy and Joe, Ernie, Don and Elaine, Connie and Jock, Ken; and in-laws Lily and Melvin Docking who she has really missed, especially lately.

In grade 8 she met the love of her life, Edward William Docking (Bill). While in grade 10, she taught many grades in a one room school! Next, she held a job at Patmores in Brandon, launching her career in secretarial work, which allowed her to save up for a beautiful traditional wedding dress - the first one of its kind worn at Forrest United Church. Forbidden from marrying by her dad until her 20th birthday, she waited three days to wear it, marrying Bill on July 30, kicking off 73 wonderful years together. The Docking clan welcomed her with open arms. Brother-in-law Wayne and Michelle Docking and sisters-in-law Joyce Holman, Hazel Dal Bello, and Doreen Docking mourn her passing the same as they did Clair, Arlene and Barry. After their wedding, railway life began in Fort William where Ede worked as a Church secretary. The CN moved them many times around Ontario but enduring friends were made. Their three daughters Pat, Karen and Elaine arrived, starting a lifelong journey of being an amazing, supportive and incredible mother. Ede's many nieces and nephews were all extremely special to her - she was always interested in their lives and when their parents passed, she was like second Grandma to them. Bill and Ede then moved to Winnipeg and built their first home on Vimy Road. While Bill continued with the railway, Ede worked at the Kirkfield Municipal Office and the Bank of Nova Scotia. They were very community minded, volunteering and joining groups like the Optimists and Kirkfield United Church. Dreaming of a bigger home, they built it on Belcourt Bay, befriending the neighbors. During this time she enjoyed joining Crane Supply. Ede supported Bill in his next dream of owning a cattle ranch and farming until their pensions were used up!!! Building their beautiful home on the April Acres in Gunton offered more chances to be great volunteers: Ag Society where Ede spearheaded the first Pumpkinfest, Teulon United Church Women, the Food Bank and the Hospital Auxiliary to name a few, all on top of working in administration at the Hunter Memorial Hospital. They tried their hand at being restaurateurs, owning The Kin, showcasing her great baking and cooking and forging more valuable friendships. Even with these many interests, her main focus was on supporting her daughters, giving them more wonderful lives than anyone could wish for. As the girls married, their husbands (Tom Hammell, Bill Hutchinson, Hervig Ronovsky, Ralph Martin and Kevin Kendall) became true sons. The arrival of grandchildren signaled the most enjoyable phase of life - Ede attended every game, school play, concert and recital, making sure to teach all grandchildren to make cookies and the famous "Grandma buns", which everyone looked forward to a giant birthday one each year. Motor home, houseboat and other holiday trips were once in a lifetime experiences for both the happy grandparents and the grandkids. Friday night party night with talent shows on the fireplace hearth and Sunday night roast beef dinners created special bonds for all the grandkids - Steven and Sean Hammell, Jeff, Danny and Scott Hutchinson, Brennen and Chantel Ronovsky (Dodgson), who will all deeply miss her. Just like the generation before them, their spouses (Melody Hammell, Sabina Hutchinson, Beth Hutchinson, Meredith Hutchinson, Kyle Dodgson, and Chelsy Hammell) became cherished grandchildren too. As they aged and slowed down, Bill and Ede gave up the farm and enjoyed town life in Teulon, enjoying growing a big garden, canning and freezing. Downsizing again to the suite at #8 brought a new set of friends as the fun of GREAT grandchildren!! She was a loving Nana to Sofia and Amelia Hutchinson, Nhien and Ainsleigh Hutchinson, Benjamin, Beatrice and Blythe Hammell, Aubrey Hutchinson, MacElroy and Everley Dodgson, Delaney and Myles Hammell. She cherished every visit, video call, and receiving items in the mail.

Thank you to Dr. Loudon and homecare for the great care in Teulon. With deteriorating health it was necessary to take advantage of the resources available at The Shaftesbury, and then RestHaven in Steinbach. Thanks to the caring and dedicated staff at both locations.

She will be greatly missed and never forgotten.
Rest in peace--you are home.



204-886-0404

BATTERIES FOR EVERYTHING!

50,000 BATTERIES IN STOCK
*Auto *Farm *Truck
*Construction *ATV
*Motorcycle *Golf Carts
*Rechargeables *Tools
*Computers *Medical
*All phones *Chargers
*Marine *RV & more
Shipping/Delivery avail.

THE BATTERY MAN
1390 St. James St.
Winnipeg
TF 1-877-775-8271
www.batteryman.ca

Everything
you need to
promote
your business



Call Today!
204-467-5836

MANITOBA'S LARGEST RECORD & MUSIC SALE

Sun, June 23rd, 2024
10 AM – 4 PM
Over 70 tables of
Records, Tapes, CDs
Cassettes, Posters,
Memorabilia & Books
Admission \$5.00
12 yrs and under FREE
Caboto Centre
1065 Wilkes Ave,
Winnipeg
FREE Parking
For info:
204-990-3463 or
431-374-6925

WANTED

Coins,
Coin Collection,
Old Jewelry,
Cash paid for silver coins,
gold coins, rare coins, old
coins & paper \$, Olympic
coins, Royal Canadian Mint
Coins, Franklin Mint, US Mint
etc, unwanted jewelry, old
Rolex & Omega watches,
nuggets, sterling silver,
Bullion, all Gold & Silver!

Wanted:

USA, Canada, World Coin
Sets & Coin Collections.
Will buy entire collections
& accumulations!

Todd
306-774-2420

CELEBRATION OF LIFE

For Bruce Moore

Celebration of life will be held on Saturday, June 22 at 1:30 p.m. at Inwood Community Hall, (Main Street, Inwood, MB.).

A eulogy on Dad's life on the farm and raising his family followed by his days of retirement. Mom and family would like a farming theme or just casual attire (farmer style). Dad loved John Deere and cattle so anything farm related would be awesome. This is a time for friends, neighbours and family to share stories and reflect on Dad's life.

If you wish to share a story or stories, please let Darcy know. We can touch base to ensure we get the story correct should we be speaking on your behalf. You are more than welcome to share in your own words too as our father loved a good story.

On behalf of the family, we really appreciate all the cards, phone calls and kind words that have been received. These times are never easy but with family and friends standing together it really does make a difference.

-Thank you from the Moore family.



204-886-0404



Response Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 31 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at
204.947.1691 or email
classified@mcna.com

www.mcna.com

FOR EVERYTHING YOU NEED TO PROMOTE YOUR BUSINESS...

- | | | | |
|----------------|----------------|-----------------|----------------------|
| FLYERS | WINDOW DECALS | ENVELOPES | MEMO PADS |
| BROCHURES | SOCIAL TICKETS | INVOICES | POST CARDS |
| BUSINESS CARDS | DOOR HANGERS | ESTIMATE SHEETS | PRESENTATION FOLDERS |
| STICKERS | LETTERHEAD | POSTERS | FOLDERS |



Call Today 204-467-5836

• BIRTHDAYS • BIRTHS • IN MEMORIAMS • ENGAGEMENTS • MARRIAGES • Call 204-467-5856
 • NOTICES • OBITUARIES • THANK YOUS • ANNIVERSARIES • igraphic@mts.net **Stonewall Teulon Tribune**

Biz Cards
 Call 204-467-5836

KT&T Bobcat Services
 Livestock Shelter & Pen Cleaning - Top Soil Levelling
 Gravel Spreading - Post Holes - Small Excavating
 Email: kt_tbob@hotmail.com PH: 204-886-3308

H&J's
 Call or Text (204) 793-7853

Everything you need to promote your business

Interlake Graphics
 For all your printing and publishing needs
 Call 204-467-5836

FABUCON CONSTRUCTION LTD.
 General Contractor/Renovations
 Restorations/Concrete
 Superior Workmanship For Over 25 Years
 204-800-3410 info@fabucon.net

Renovations by Dave David Farquhar
 Stonewall/Selkirk, MB
 Cell: 204-485-4936
 • General Carpentry
 • Interior, Exterior Renovations

LICENSED ELECTRICIAN

Platinum Power Solutions Ltd.
 Residential Commercial 24 HR SERVICE FREE QUOTES
 platinumpowersolutions.ca office@platinumpowersolutions.ca 1-204-899-1833

SHERLOCK TREE REMOVAL
 Pruning • Stump Grinding • Chipper
 Licensed Arborists Fully Insured - Claim Free 30 years Experience
 Vince 861-0487
 Darren 861-0028

ROCKWOOD UPHOLSTERY
 COMMERCIAL/RESIDENTIAL
 204 894 2944
 Stonewall
 rockwoodupholstery@gmail.com

"From rust to riches, your scrap could be treasure with our unbeatable prices!"
 Purchasers of ferrous/non-ferrous materials
 Call Today

Unit 5, 325 Parkdale Rd, St. Andrews MB
 info@eco-metallics.ca
 Office: (204) 404-4747

SKYLINE RENOVATIONS
 Insured Interior & Exterior Renovations
 Plus anything on the Honey-Do list

Norm Dueck, Owner (204) 641-4752
 Email: skylinerenos@outlook.com

Rockwood WRECKING & RECOVERY
 204-392-4892
 MPI ACCREDITED TOWING AND STORAGE

12/12 ROOFING
 We've got you covered!
 Mike email: md12_12roofing@hotmail.com

- New Roofs
- Re-Roofs
- Cedar Shakes
- Any Roofing Repairs
- FREE ESTIMATES

15 YEARS EXPERIENCE
 Call: (204) 641-0385

Heating & Cooling • Refrigeration

COMMERCIAL COMFORT INC.
 Residential & Commercial
 Owner: Scott Miskiewicz
 461-HEAT (4328) commercialcomfort16@gmail.com

Excavator & Dozer Services

PRAIRIE EARTHWORKS.com
 • Excavation & Demolition
 • Road Building & Clay Pads
 • Topsoil Screening
 204 461-0815

The Door & Window Pros
 Contact Us for a Free Consultation & Estimate
 Ask us about interest-free financing and Government Rebates
 Warranty included Satisfaction guaranteed Locally owned & operated
Advance Exteriors
 Grosse Isle 204-221-3131
 www.AdvanceExteriors.com

NEXLEVEL DRILLING BY KBL
 Cast in Place • Foundation Repairs
 Underpinning • Screw Piling
 204.641.1477
 "Building Manitoba from the Ground Up!" • kbl@gokbl.com

Everything you need to promote your business

Interlake Graphics
 For all your printing and publishing needs
 Call 204-467-5836

KNUTSON BUILDERS KBL LTD.
 EST. 2008 gokbl.com
 "Building Manitoba from the Ground Up!"
 Commercial / Industrial Construction
 Foundations & Concrete Flatworks
 Shops & Custom Builds Insurance Claims
 204.642.8839
 kbl@gokbl.com
 204.641.1477
 Proudly Metis Owned



Biz Cards
Call **467-5836**

MacMillan Plumbing
204-461-0485
Serving the Interlake area.

Stonewall Parochial Hall
435 - 1st Street N.
For information & hall rentals
Call 204-467-8466
Email cota_secretary@mts.net
*Table sitting 100 people; Theatre Style 150 people
*Kitchen available * Meetings, showers, family gatherings
ALL YOUR HALL RENTAL NEEDS!

Quarry PETS
Supplies & More
Supplying All Your Pet's Needs
317 Main St., Stonewall (204) 467-5924

QUARRY RIDGE PHARMACY
469 1st Street West, Stonewall
(204) 467-7333

Hnatiuk Law
204 - 482 - 5111
Main Street, Selkirk
www.hnatiuklaw.com

EAVESTROUGH and everything else
mwgventures@gmail.com
204-461-0737

stonewall chiropractic centre
Also
• Acupuncture • Custom Orthotics
• Massage Therapy • Athletic Therapy
Billing to Autopac, Blue Cross, WCB
204-467-5523

ski-doo **GIMLI**
SALES • SERVICE • PARTS
#109097 Hwy 9, Gimli
204-642-7017
e: skidoo@mymts.net

FULLHOUSE MOVERS
ALEX FOTTY
HOME: 204-467-2419
CELL: 204-461-2352
NOTHING BEATS A FULLHOUSE MOVE

GRASS-FINISHED BEEF
Scott and Jenny Beaton Balmoral, MB
JACKFISH CREEK FARM
Jackfishcreekfarm.com
204-467-8510 jackfishcreekfarm@gmail.com

Electro Wright **Derek Fotty**
CONTRACTING INC.
Ph. (204) 467-RITE(7483)
Fax. (204) 467-2000
Email. electrowright@mts.net
Electrical Contractors

MAXWELL'S PROFESSIONAL PAINTING
COMMERCIAL/RESIDENTIAL
Cell: (204) 792-0675
Email: maxpro@mts.net
Box 275, Stonewall, MB ROC 220

Odd Fellows Hall
• Weddings • Socials • Showers • Meetings
• Capacity 220 persons • Kitchen available
374 1st St. West, Stonewall
Hall 204-467-5556
stonewalldoddfellows@gmail.com

Bittner SteelWorks
Find our page Bittner Steelworks on Facebook
Sarah & Ty Bittner
Owners
(204) 490-0555 / (204) 461-3451
bittner.steelworks@gmail.com

TREE Removal Pruning Storm Clean-up
CERTIFIED ARBORIST
Free Estimates
1-204-918-1988
Veteran Owned & Operated
ELUSIVE TREE SURGEON

WHEATHILL TRANSPORT
Grain & Fertilizer Hauling
Hauling Available for Manitoba & Saskatchewan
Harley @ 204-494-0824
Jerry @ 204-280-6261
wheathilltransport@gmail.com

G&A Rentals
• Parts • Sales • Service
Lawn • Garden • Construction
Small engine repairs & general equipment service
7 Patterson Dr., Stonewall, Industrial Park
garentals.ca 204-467-7368

HOME SOLUTION EXTERIORS
Your **ROOFING Professionals**
204-952-5587
HSExteriors@gmail.com FREE ESTIMATES
Warren, MB

NAPA AUTOPRO
Brake Family Auto Sales & Service Ltd.
Auto Service • Maintenance & Repair
Used Vehicle Sales
napaautopro.com
214-2nd Ave North, Highway 67
Stonewall 204-467-9156

COUNTRY COLOURS PAINTING
countrycolourspainting@gmail.com
Serving The Interlake and Winnipeg Area
204-901-2067
Interior • Exterior • Residential • Commercial

PIPE DREAMERS PLUMBING & HVAC/R
CHASE BORGSTROM 204-990-1299 PLUMBER
Renovations Repairs/Service New Installs Drain Cleaning Water Treatment
PIPEDREAMERS PLUMBING2019@GMAIL.COM
KYLE SCRIVENS 204-482-3939 HVAC TECH
Heating Air Conditioning Gas Fitting Contracting Refrigeration
PIPEDREAMERSHVAC@GMAIL.COM

PLUMBING
Commercial & Residential
New Installation & Service
Plumbing & In-Floor Heating
Water Softener Installations
Water Filtration/Reverse Osmosis
RILEY PATTERSON
Journeyman Plumber
Cell 204-461-0035

AirWise Home
Your Heating, Cooling and Geothermal Specialists
204-467-9578
info@airwiseinc.ca www.airwiseinc.ca

Ritchie PLUMBING HEATING LTD.
ritchie_plumbing@outlook.com Red Seal Certified
Stonewall, MB Certified gas fitter
Residential/Commercial
Call or Text 204-467-5287

Rockwood Landscaping & Tree Service
*Complete Landscaping *Barkman Concrete Products *Concrete Breaking *Aerial Tree Pruning & Removal *Chipping *Stump Grinding
*Tree Planting *24HR Storm Service *Snow Removal *Skid-Steer *Compact Track Loader *Excavator *Bucket Truck
Manitoba Certified Arborist
467-7646 Free Estimates

GRANTHAM LAW OFFICES
Lawyer & Notary Public
STONEWALL OFFICE:
#1-278 Main St., Stonewall 467-5527

AE ROOFING
• Eavestroughing • Soffit • Fascia • Siding
Advance Exteriors
RESIDENTIAL, COMMERCIAL, AGRICULTURAL
204-221-3131 Grosse Isle, Mb
www.AdvanceExteriors.com

ALICE ROOFING LTD.
Complete Roofing Service
• Residential • Agricultural
Licensed & Insured
www.aliceroofing.ca 204-757-9092

Roof Express Ltd.
Complete Roofing Services
Argyle, MB
Residential • Agricultural
204-774-2030
www.roofexpress.ca

Super Clean Auto Detailing
Need the interior of your vehicle professionally cleaned?
Small car \$120 SUV (2 rows) \$150 SUV (3 rows) \$180
Call or text 204-513-5611
PICK UP AVAILABLE

INTERLAKE TOWING
24 Hour Service
CAA & MPIC Approved
204-278-3444

BNS EXCAVATING
• Design Services • Soil Analysis • Well & Septic Repairs
• Frozen Lines • Driveways • Culverts • Trenching
• Auger Drilling • Ice Dam Steaming • Septic Fields
Residential, Commercial & Industrial
Member of Manitoba Onsite Wastewater Management Assoc
BNSexcavating@hotmail.com (204)461-2856