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Stonewall Teulon Tribune

VOLUME 6 EDITION 23

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Four-legged focus

TRIBUNE PHOTO BY LANA MEIER

Fifteen-year-old Rebecca Van Hulle with her border collie dogs Kip and Earl. (See story on page 2)

Local musician signs deal

By Patricia Barrett

The moment you hear her genuine, soulful voice, you know why she's piqued the interest of music industry heavyweights from Nashville.

Rhia Rae, who lives in Stonewall, just signed a three-year licensing contract with music production company Indie Orange. If that poses any added pressure to the hard slog many musicians face trying to launch their careers, she's not worked up about it.

"The performances I get worked up about are those in which I sing for industry professionals," said the 23-year-old singer-songwriter, who has showcased her work in Toronto, Los Angeles and Nashville. "Because they'll either love you or they won't."

The Nashville production company — which also has offices in

Continued on page 5

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Taking stock: Manitoba teen rules the pen

By Patricia Barrett

It may look as though they're having a lark, chasing sheep around a sandy enclosure, turning them this way and that while trying to beat the clock, but border collies take their jobs very seriously, according to their trainers.

Rebecca Van Hulle and her three-year-old dog, Kip, competed in the intermediate class of the stock dog trials held last Sunday in Eriksdale.

"There are not many people that know about this," said the soft-spoken 15-year-old dog handler, who lives on a farm near Marquette. She said she's the youngest person in Manitoba — and probably Canada — involved in training and competition.

In stock dog trials, dogs obey commands to move sheep or heifers (young cows) around a set obstacle course, earning points as they go.

Van Hulle, who's won competitions, said her friends think it's cool. They also think it's easy. But there's more to training a herding dog than one might imagine.

From the drove roads of 19-century Scotland to the plains of modern-day Manitoba, border collies have been an integral part of livestock farming.

Using dogs makes handling her family's sheep and cattle so much easier, said Van Hulle, who sets to work as soon as she comes home from school. Kip helps her move stock from pasture to barn or shifts them out of the way so that she can fill their troughs.

"If you're way out in a big field, your dog can bring them back," she said.

The breed has captured the imagination and admiration of artists down the centuries. Painter Sir Edwin Landseer depicted their steadfast devotion. Author Beatrix Potter of Peter Rabbit fame paid homage to the dogs for their ability to "sort out" their master's property from other's sheep. She even made them characters in some of her books. Poet Robbie Burns immortalized his dog Luath in The

Twa Dogs. Even villages want a piece of them. Cambo in Northumberland, U.K., wants to be known as the ancestral birthplace of the breed.

Van Hulle owns another border collie, Earl, 10 months. He's still finding his feet on the farm, but he's eager to learn.

"If Kip is not doing it fast enough for Earl's liking," said Van Hulle, referring to Kip's handling of the family cattle, "Earl will get in there."

Van Hulle began training Kip when he turned one. She said it's possible to wreck a novice dog if you pair it with unsuitable sheep. Sheep that aren't accustomed to herding dogs, for instance, can react in ways that can confuse or frighten the trainee.

"If the sheep are too flighty," said Van Hulle, by way of example, "they'll run as fast as they can away from the dog. If they're tough, they'll bunt him."

Teaching dogs to respect stock is a major focus of training. Dogs that herd too quickly — making livestock run and tiring them out — or that circle too tightly so that stock can't move freely are not showing respect,

Van Hulle said. And those flaws will be difficult to fix if left unattended. Playing ball with them can alter their focus from work to play.

Even your mood can affect how well they respond to training. They can easily gauge their master's emotional state in the field.

"If you get frustrated," said Van Hulle, "they won't listen

as well as they normally would." But teaching the dogs to recognize different whistle commands is one way to get around our own foibles. "You can't put emotion into a whistle," she said.

When you see border collies herding sheep, you probably think the balance is tipped in their favour. But the expert eye sees canine and ovine species engaged in a strategic battle



Kip moves five heifers through a timed obstacle course with commands from Van Hulle.

of wits, each trying to best the other in the working or competing field. The ovine occasionally triumphs.

The phrase "gentle as a lamb" flies straight through the farm gate after Van Hulle dishes up the cold, hard facts of life in the pen. The truth is sheep are smart, and if pushed too far, they'll either toy with the dog or behave wickedly.

"The sheep catch on," said Van Hulle, referring to herding dogs that display timidity in the field. "Then the sheep won't respond."

At times they just won't budge. Then the dog will have to nip lightly at their heels, circle them or throw its weight against them.

When she first put Kip to work with the family's sheep, she said they turned on him a lot and tried to fight him. "But I was going to Campbell," said Van Hulle, "and I managed to get Kip used to that."

By Campbell, Van Hulle means Campbell Forsyth, an Eriksdale farmer from whom she bought Kip.

It was in St. Laurent that Van Hulle said she crossed paths with Forsyth's daughter Kaelene, an accomplished stock dog trainer and 2013 world champion, and learned about the benefits of training border collies to work on farms.

Van Hulle takes Kip to Campbell

Forsyth's farm for training. "I classify it as my second home," she said.

"I stopped by her farm one day and found her trimming the feet of her sheep all by herself," said Forsyth, who is vice-president of the Manitoba Stock Dog Association and has about 12 border collies working on his mixed farm.

He's been competing for years and appreciates Van Hulle's interest in the sport.

He said some sheep make it difficult to train dogs. "They'll stamp their feet and run at them," said Forsyth, who took home a \$10,000 cash prize in the Sheep Dog category at the 2013 Continental Stock Dog Competition at the Red River Exhibition.

In June, he's headed to Steamboat Springs, Colo., to compete in the National Cattledog Association's Finals.

Van Hulle said she wants to move up the competition ladder to compete in the expert category once she and Kip hone their routine. In the meantime, she's volunteering at the Red River Exhibition next month, preparing the sheep for competitors in the third annual Continental Stock Dog Championship.

For more information on herding dogs, visit the Manitoba Stock Dog Association website at www.manitobastockdog.ca.

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Balmoral School teacher embarks on new chapter

By Patricia Barrett

She's counting down the days to retirement from Balmoral School where she has spent the last 43 years enlightening the community. But don't take that to mean she's feeling like a kid eager to hear the dismissal bell come over the tannoy.

"Oh, no, I thought, I've got seven teaching days left," said Brenda Margetts, who oversaw the opening of Balmoral's first kindergarten in 1989. Prior to that, children went to Stonewall.

Margetts had always wanted to be a teacher. As a child growing up in Minto (south of Brandon), she used to "play school." She pursued that passion to the University of Manitoba, graduating in 1972 with an education degree.

Within the space of a few short months, Margetts landed in Balmoral and never looked back. She never looked around either — for another teaching position, that is.

From the moment she picked up chalk and began teaching Grades 3 and 4, she said she was made to feel welcome.

"They took me under their wing when I started," said the 63-year-old kindergarten teacher. The school board and parents liked her so much, in fact, that the following year they let her take the town's children to St. Albert, Alta., to participate in a one-week exchange program.

"It was an unforgettable experience," Margetts said, and one that surprised her because she was still relatively green. But that's how you build community, she added.

Margetts said she has a great relationship with parents. Some of them were once her students. And in a small town where everyone knows you and you know everyone, it's easier to address school-related issues.

"It takes a village to raise a child," said Margetts. She always kept in the back of her mind the thought of what she would want done if this were her own child or grandchild.

And what she wanted done was to broaden the children's range of thought by giving them the necessary tools to understand and appreciate the world and their role in it.

Science is one of those tools. Her professed love of nature saw her classroom turned into a menagerie at times, filled with corn snakes, stick insects, owls, tadpoles and monarch butterflies.



TRIBUNE FILE PHOTO

After 43 years, Brenda Margetts (back row left) is retiring from teaching at Balmoral School. Margetts oversaw the opening of Balmoral's first kindergarten class in 1989.

Technology is another. She herself learned to use apps and the Smart Board (for interactive presentations). She is aware, however, of some of the downsides to technological progress.

"We're teaching kids, not subjects or technology," she said. "I hope we don't get so carried away that we forget people — our future. We tend to get bent on programs instead of working to create the best learning environment as possible."

"I WANT TO WALK AROUND AND THANK PEOPLE FOR MY CAREER"

She politely disagrees with schools that abandon the old, tried and true teaching methods, such as memorizing multiplication tables and learning spelling and core vocabulary.

Those methods were designed for a specific reason. Our memories may be getting poorer because we tend to look up everything on Google, she said. She cites handwriting, along with printing and colouring, as an activity that contributes to fine motor development in the brain. Overusing technology might affect that process. It might even have a negative effect

on the development of a child's verbal skills, she said.

"I had an iPad in my kindergarten class with a gingerbread app on it," she said. "The kids worked in groups of four. I noticed they hardly said a word to each other."

Despite some of the challenges that come with a changing educational milieu, Margetts has remained firm to her core beliefs. Her motto, she said, is to teach children to be lifelong learners.

One way to do that is to let them take control. Referring to what are known as "teaching moments" when the natural curiosity of children prompts them to seek immediate answers, Margetts said she "follows the children's lead."

Or she "throws in a spark to see what happens." She said she doesn't ignore the curricular standards, of course.

It helps that school staff work exceptionally well with each other.

"It's teamwork. We're a team," said Margetts, a fan of artist William Kurelek, who once lived on a dairy farm near Stonewall. "And when you've got a wonderful working relationship with staff, you can make your curriculum come alive."

The students in kindergarten to Grade 8 are currently living an imaginative cross-Canada journey in which they visit each province and territory

and learn about indigenous groups.

"We're teaching the kids to appreciate First Nations," Margetts said. "There are important things they need to know about Canada."

Although she herself is about to embark on an uncharted course, don't count on her wandering too far from the educational field.

"I am a lifelong learner, too," she said. "I will find a niche."

That might entail volunteering at the school or organizing professional development workshops once again.

Margetts said her last day is June 30. To celebrate her dedicated service to teaching — and her contributions to the community and its children — the school will be hosting a community barbecue on Wednesday, June 24 from 5 to 7 p.m. Please RSVP to the school 204-467-2501.

"I want to walk around and thank people for my career," she said.

Other changes of note in the Interlake School Division include the following:

Laura Perrella, principal of Brant-Argyle School, is transferring to Warren Collegiate Institute.

Ed Harvie, principal of Warren Collegiate Institute, is transferring to École Stonewall Centennial School.

Ken Hoglund, co-principal of École Stonewall Centennial School, is retiring.

Stonewall council signs development agreement at 11th hour

Town council and Ventura held special meeting May 26

By Marney Blunt

It looks like the Town of Stonewall council and Ventura Land Company have negotiated a development agreement regarding the Quarry Ridge Park Developments at the 11th hour.

With a deadline of May 30 for a \$240-million, 600-plus home development, Stonewall council finally found an agreement that they were both happy with.

Ventura Developments postponed the Quarry Ridge Park Development due to what they say was an unexpected change in direction from the Town of Stonewall council.

In January, Ventura was expecting town council to pass a bylaw to approve the development agreement. However, the town chose to not pass the development agreement as the town's legal counsel had found over 70 points of contention in the agreement.

A final development agreement was to be filed with the South Interlake Planning District by May 30.

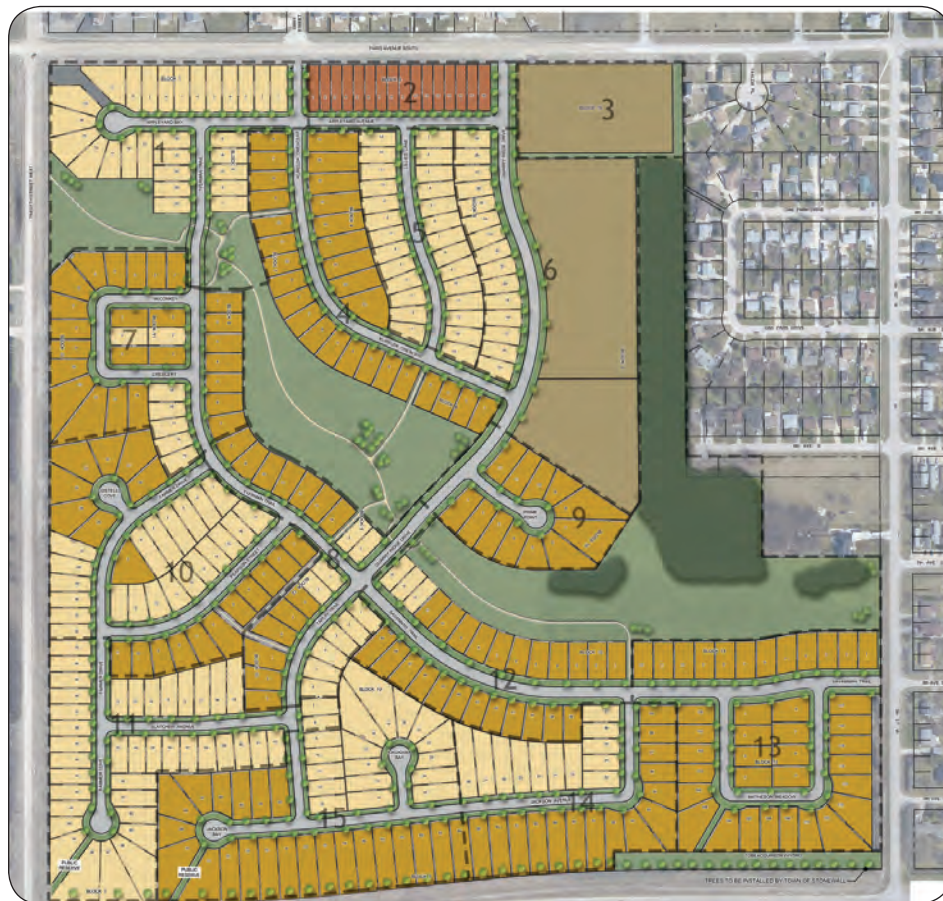
Town council held a special in-camera meeting on Tuesday, May 26 regarding the issue.

"At this meeting, council and our law firm D'Arcy & Deacon went through where we are in terms of the negotiation process and a new development agreement that has been drafted," said Mayor Lockie McLean in an emailed statement to the *Tribune*.

"When we came out of being in camera, council 'passed a resolution' to allow the Mayor and CAO the authority to sign off on this agreement. So we have a new development agreement on the table and the CAO, Anne Burns, and myself have the blessing of council to sign off on it."

McLean went on to say that the development agreement is now in the hands of the Town of Stonewall's legal authority and Ventura Land Company's legal authority to get both parties to sign on the agreement.

Quarry Ridge Park Developments is a 600-plus home development designed



TRIBUNE PHOTO SUBMITTED

Quarry Ridge Park Developments Ltd. and the Town of Stonewall completed a final development agreement paving the way for a new 600-plus, \$240-million residential development on the southwest corner of the town.

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From Stonewall to Nashville: Singer-songwriter earns licensing deal

Continued from page 1

Los Angeles — clearly falls on the side of love. Rae's contract will see her name and musical talents exposed to a wider musical market.

Indie Orange licenses artists' work to companies that need background music for advertisements, television shows, movies or games. Its clients include Toyota, Showtime, Marvel, A&E and Fox. It offers a range of musical genres, such as folk, soul, rock, southern, pop, punk and metal.

Rae's work falls under the pop and soul categories. Currently, she has four songs listed in the company catalogue: Whiskey, Luv 2 Luv, Tanqueray and Push Me.

Her ability to strike a chord with homespun stories has seen her perform frequently on Manitoba stages, playing events such as the Winnipeg Folk Festival, Lockport Dam Family Festival and Rockin' on the Red. She also plays smaller venues in Winnipeg such as the Smith Inn at the Forks and Shooters.

"I usually write from personal situations and everyday events," said Rae, who's juggling a Creative Communications degree at Red River College with performing. "But as I get older, I find I can put myself in someone else's shoes. Going to Nashville taught me to be versatile."

Indie Orange will take a cut from what Rae earns whenever it licenses one of her songs. But there is an upside to that.

"It's a perfect trade off," said Rae, who also plays guitar, "to have those connections in L.A. and Nashville."

She's often compared to Norah Jones, something she said she doesn't mind because she loves Jones's music. "We have the same falsetto when we sing," Rae said. "But my genre is nothing like hers."

What stands out about Rae is her sound, said Chris Burke-Gaffney,

founder of CBG Artist Development, a Winnipeg-based management and production company that helped launch the careers of Chantal Kreviazuk and McMaster & James, to name a few.

"She has a beautiful voice," said Burke-Gaffney, who produced and co-wrote some of Rae's songs. "You know who it is as soon as you hear her."

Burke-Gaffney saw great success playing with '80s bands The Pumps and Orphan. The songs he continues to write are used in movies and on television shows.

The affable and well spoken Rae is candid about her work and her musical tastes.

"I love depressing music," she said, in which the artist is "so vulnerable and open. You're laying things on the table. I've always been envious of people who can write like that."

"BUT AS I GET OLDER, I FIND I CAN PUT MYSELF IN SOMEONE ELSE'S SHOES."

Some of her own songs could be considered depressing. Tanqueray is a sad story about loss and gin-soaked distraction, and sung with understated despair.

Rae's creative drive has her experimenting with other people's songs, too. She said she'll listen to songs on YouTube then play them herself, fiddling with arrangement and instrumentation.

"My band did a version of You're the One That I Want from *Grease*," she said. "It's just a new way to put a spin on a song and get people to love it all over again."

Rae can even piece together melodies based on the rhythms of her washing machine. "If someone were to look at my brain waves," she said, "they'd see the craziest lines."

With licensing deal in hand, Rae said she'll continue to write songs and record. "I'm hoping to go to Nashville this summer and get to know some of the Indie Orange producers."

As well as helping artists distribute their work, the company oversees



TRIBUNE PHOTO SUBMITTED

Stonewall's Rhia Rae just signed a three-year licensing contract with Nashville's music production company Indie Orange.

their development and song production, according to its website.

To listen to some of Rae's songs, visit

her website at www.rhiaraemusic.com or visit Indie Orange at www.indieorange.com.

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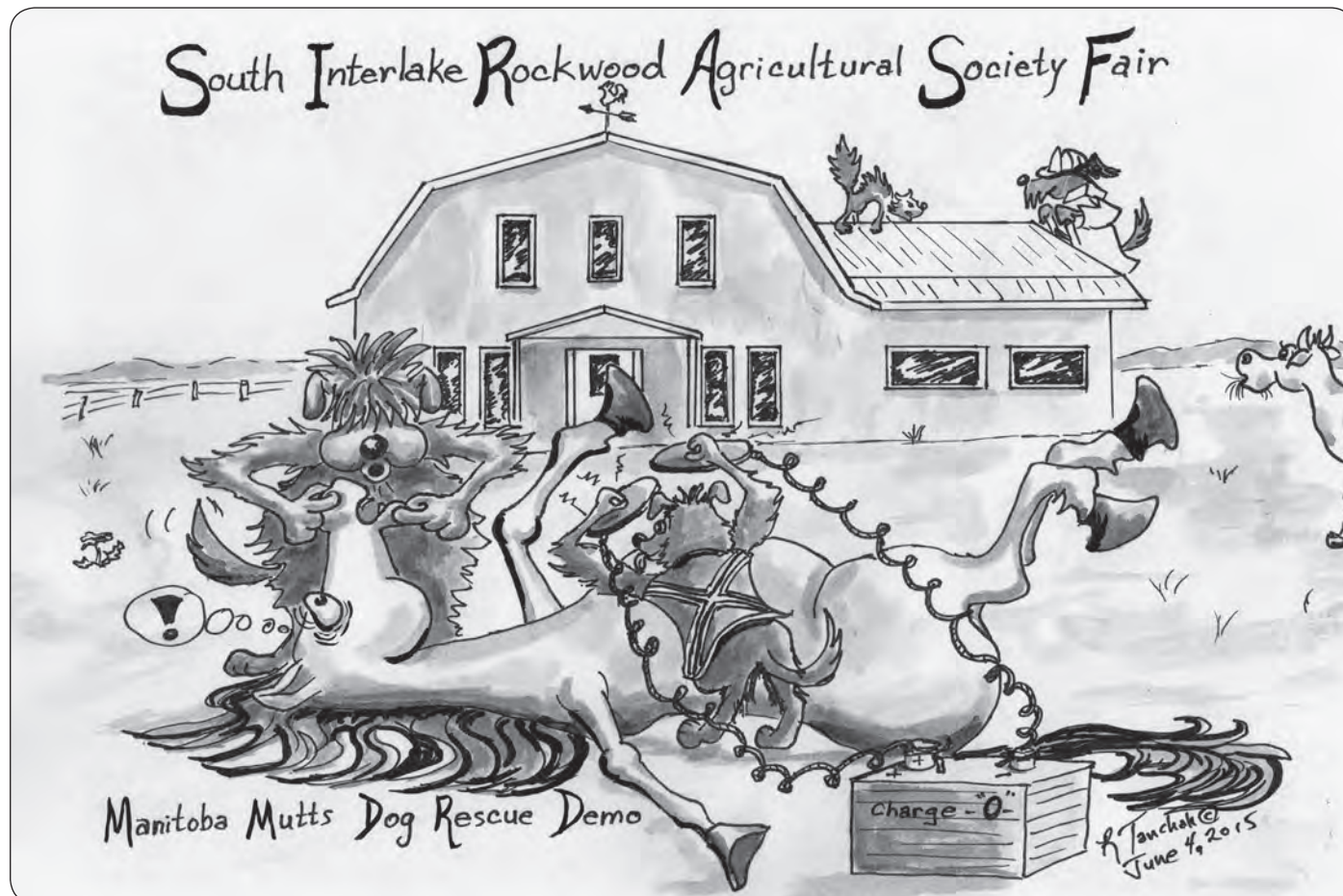


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getheard

EDITORIAL > VIEWPOINTS > LETTERS



Paramedics should be self-regulated as health professionals

News Release

Assurance of highest standards, best patient care are reasons to move forward

Manitoba paramedics should be designated as health professionals with self-regulation under provincial legislation. The change under the Regulated Health Professions Act is necessary to ensure the highest standards in paramedical care for patients.

"It's time to allow the important, life-saving work of Manitoba's paramedics to be done independently

under their own regulatory college," said Opposition Leader Brian Pallister. "If the Progressive Conservatives form government, we will make that change in the interests of safety for patients."

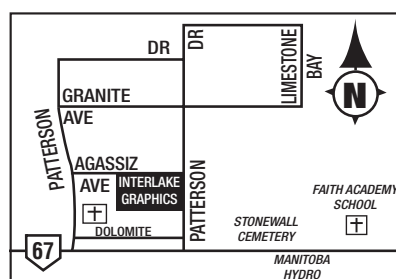
Paramedics in this province currently work, in part, under regulations enforced by the Manitoba Health Emergency Medical Services Branch in a way that does not ensure public accountability within their profession. The association has long asked that their practice be designated under the Regulated Health Professions Act, as are 22 other health-care

professions. The NDP government has committed only to studying a move toward self-regulation.

"We need an independent body that puts patients first," said Health Critic Myrna Driedger. "The public also needs to be confident paramedics are accountable for their actions and their work is rigorously reviewed in a transparent manner."

"The purpose of regulating health professionals is to ensure the public is protected when they receive health services," said Eric Glass, administrative director of the Paramedic Association of Manitoba.

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New fee disclosure law to protect pet owners

By Stefanie Lasuik

Pet owners may be all too familiar with the shock of added expenses when picking up their animals from the vet. Manitoba's proposed pet fee disclosure law aims to change that by mandating upfront pricing, an amendment to the Veterinary Medical Act that is delighting pet owners but setting up obstacles for veterinarians.

Stony Mountain's Judy Smith, executive director of the Senior K9 Rescue, says that the law is fantastic and that it will prevent sudden increases in pricing. Smith always advises pet owners to check out several clinics and their prices before deciding to take their pet in. She says that X-rays alone can range in dollar from \$70 to \$150, so knowing the upfront price will really save owners in the long run.

Tourism, Culture, Heritage, Sport and Consumer Protection Minister Ron Lemieux announced that the new law would help protect pet owners from unexpected expense.

"Pet owners love their animals and know they can't put a price on their well-being, but they have a right to know what fees they are facing when they take their pet in for veterinary care," Lemieux said in a news release.

"Veterinarians provide life-saving

animal care, and we know the vast majority offer upfront pricing to their clients. Our proposed legislation would ensure this practice is the rule for all veterinary clinics in Manitoba."

However, the law also poses some problems for practising veterinarians. Roxane Neufeld, president of the Manitoba Veterinarian Medical Association (MVMA), said that the new amendment creates a time concern for veterinarians and clinics. She explained that the legislation would make day-to-day clinical affairs more difficult and time-consuming.

The law will protect veterinarians from matching upfront quotes in emergency situations where extra costs associated with surgeries or procedures were unforeseeable.

The MVMA doesn't yet know if the new bylaw will mandate a comprehensive quote of every procedure, starting from basic services such as nail trims, or who in the clinic will be responsible for writing the quotes.

Lemieux announced that the MVMA will work with vets over the next year to create a transparency bylaw that will both ensure the new rules are fair to pet owners and practical for the nature of veterinary care.



TRIBUNE PHOTO SUBMITTED

Before the Bridge Senior K9 Rescue foster mom Susan MacGillivray cuddles her dog Amos.

Highway 6 to see new pavement, passing lanes

By Stefanie Lasuik

It's not the road that the government receives the most complaints about, it's not necessarily the highway that has seen the most fatalities, it's not solely determined by the government and it certainly is not a random process.

The roads that are selected for summer construction projects are the lucky winners of a process that weighs traffic volumes and the condition of the existing pavement. And this year, like last, Highway 6 held the matching number.

The pavement-lying project on the 28-kilometre stretch from northern Woodlands to north of Grosse Isle will be a two-month affair, which aims at replacing old pavement, widening shoulders and adding passing lanes. The passing lanes will serve both sides of the highway and will be implemented in two locations: one just south of Warren and one north.

Some drivers might say that Highway 6 didn't pull the lucky number, but, rather, summoned a curse. When sitting in what seems like 15-minute delays, it is difficult to argue with that opinion. It is, however, possible. Executive director of Manitoba In-

frastructure and Transportation Ron Weatherburn said that No. 6's pavement is old enough to be past its useful life and that the road is growing to a higher traffic volume.

It is also a highway that is forbidding to many travellers from Winnipeg and even those from surrounding communities. A little rain, snow or fog rapidly worsens driving conditions on a highway that has, for the most part, gravel shoulders that give way to threatening ditch.

The dangerous driving conditions on Highway 6 are often discussed as an inconvenience. The route now sees about 3,500 vehicles a day, which creates diversity in travelling speeds. Law-abiding drivers can hold up a convoy of vehicles on Highway 6, who, for an abundance of oncoming traffic, can't seem to pass.

This leads to risky passing, where motorists in the oncoming lane are forced to slam on their brakes because passing drivers do not always allow themselves enough time or space to get back into their own lane.

The \$18-million construction project forefronts safety, but it will also make the highway a smoother drive for travellers.

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Manitoba 

Town employees and TCI students pair up to plant trees

TCI and the Town of Teulon reap benefits with the planting of 30 fruit trees

By Stefanie Lasuik

The Teulon Collegiate Institute student body battled strong winds and low temperatures on Friday afternoon to add a substantial feature to the community's orchard. Led by community volunteers, the students planted 30 fruit trees, which, according to Tree Canada representative Ken Fosty, will provide shelter, aesthetic beauty, wildlife habitat, educational and recreational benefits, and clean air.

Tree Canada is a non-profit charitable organization that co-ordinates tree-planting activities for interested groups. They have been involved in planting over 82 million trees across Canada, greening 550 schoolgrounds. Tree Canada has partnered with the Northbridge Financial Corporation, which provided TCI in conjunction with the Town of Teulon a \$4,000 grant to make the tree-planting initiative possible. The Town of Teulon put another \$2,000 worth of in-kind support forward.

This year's project will also entail the construction of a fence, intended to resolve past issues of deer and quad destruction.

Colleen Engel from the Town of Teulon said that the program teaches kids nurturing skills and the value of growing one's own food.

Members of TCI's Green Team were centrally involved in the project and will continue to reap the benefits of



Teulon students Cole Good (left) and Curtis Johnston get their hands dirty to secure one of the 30 fruit trees.

the planted trees.

The green team's teacher supervisor, Lorie Anne Busch, cited responsibility, care, the ability to follow directions and maintaining a positive attitude as the lessons the team can learn from planting and maintaining the trees and garden. Busch's resource



TRIBUNE PHOTOS BY STEFANIE LASUIK

Members of TCI's green team (teacher) Lorie Anne Busch, Tyler Kiel, Darrell D., Carlin Trudzik, (teacher) Kathy Simcoe, Kaleigh MacDonald and Derrek Jones forefront the tree-planting initiative.

students partake in garden activities as well, and she said they also learn these life skills.

"It's endless what the kids are learning," Busch said.

Other activities of the green team include the school's recycling program, growing and selling plants out of the

school's greenhouse, monthly Earth days and making preserves from the garden's ingredients.

The team hopes to see the new trees lined with apples, cherries and grapes. A goal of Busch's is that kids from the school can come out to the orchard to enjoy a healthy snack.

Local ladies strut their stuff on church catwalk

By Stefanie Lasuik

A full house of 165 people packed Christ the King Catholic Church in Stonewall for the sixth annual spring fashion show on May 28. The night kicked off with a comedic skit by ladies' president Bev Ballantyne before the church's floor became a runway for 20 ladies donning brightly-coloured outfits — a style Johnson's Kim Magnusson deems this spring's look. In all, 80 outfits were exhibited during the night and the fundraiser totalled approximately \$2,700. The money raised will be split between upgrades for the church and community groups.



TRIBUNE PHOTOS BY STEFANIE LASUIK

Christ the King Catholic Church members demoed new spring styles for a church fundraiser on May 28. Pictured left to right: Joyce Wrychowny, and Nicki Wilson, along with the models, rocked Johnson's new lines.

Stony Mountain ski patroller sweeps up award

By Patricia Barrett

The slopes of ski resorts dotting the Canadian Rockies might dwarf those of Manitoba's, but all are equal when it comes to the safety of skiers and snowboarders.

Most resorts recruit hawk-eyed volunteers to watch over recreational snow enthusiasts of all ages. The efforts of those dedicated ski patrols don't go unnoticed.

Robert Paige, who is Stony Mountain Ski Area's sole patroller, won the 2015 Ski Patroller of the Year award for Manitoba.

"To be honest, I didn't expect it," said Paige, who said he has been an alpine ski patroller for about 35 years. "I don't know who nominated me. It's confidential, but I know a large number of people nominated me."

Paige, who also volunteers at Springhill Winter Sports Park, said patrollers from across Manitoba were eligible for the award. Other resorts include Falcon Ridge Ski Slopes, Asessippi

and Holiday Mountain. The Manitoba division of the Canadian Ski Patrol, a national non-profit organization that offers standardized patrol training, awarded Paige the Red River Zone trophy and certificate.

The term Alpine denotes downhill skiing, whereas Nordic refers to cross-country skiing.

Anything can happen on the slopes, from concussions and frostbite to fractures and heart failure. And patrols do more than just raise the alarm if someone needs help.

"The basis for safety on the hill is first aid," said the 48-year-old single father, who moved to Stony Mountain from B.C. about five years ago.

He said he's been trained in advanced first aid, cardiopulmonary resuscitation (CPR) and the use of an automated external defibrillator (AED). He's also equipped with the skills necessary for effecting rescues in mountainous terrain.

"I keep my first aid skills up to date," said Paige, an instrumentation specialist at Levitt-Safety in Winnipeg. "I think the award came from the fact that every weekend I'm volunteering and helping out at special events."

His physical challenge on the slopes somewhat resembles that of Sisyphus, a mythological Greek king forever doomed to push a rock uphill only to see it roll down again. Paige said he skis down the hill and takes the lift back up about 100 times a shift.

Keeping tabs on skiers and snowboarders has earned him a fan base.

"Great place to go...Ski patrol keeps everyone safe," commented Winnipegger Karl Harrison on the resort's Facebook page.

Some of those fans even turn into lasting friendships. Paige's continual surveillance and interaction with hillgoers help earn their trust and confidence.

"It becomes like a family," said Paige. He said he's become lifelong friends with a skier who now lives in England, and gets postcards every year from a family in Arkansas who came up for a ski vacation. "Not having seen snow before, they were a little nervous," said Paige.

Having a child of his own helps him better understand how parents feel about their child's safety on the hill.

He said he intervenes when he sees people attempting to ski beyond their ability or when they're not wearing helmets. People who do "silly" things are never off his radar.

"I see them jumping off cliffs. Or they want to use trees and rocks as springboards," Paige said. "We have a big table top at Stony, and beginners want to jump off."

They're not the only ones testing their mettle against the elements and against other sport enthusiasts. Paige likes a spot of competition, too. He'll be put through the patrolling paces next year in Ottawa at an annual con-

"THE REWARD IS SEEING KIDS SMILING AND GOING HOME WITHOUT INJURIES"



Robert Paige

ference for Canadian ski patrollers.

"I'm recruiting a team to bring home the gold," Paige laughed. He said he's looking for three patrollers from across the province to join him.

Essentially, it's a first aid competition that pits patrollers against emergencies. Teams are given a number of scenarios to which they apply skill and strategy within a set period of time.

Come winter, Paige will be back on slopes, keeping skiers and snowboarders safe, reconnecting with old friends and making new ones.

"The reward is seeing the kids smiling and going home without injuries," he said.

Music success



TRIBUNE PHOTO SUBMITTED BY HEATHER CAMPBELL-DEWAR

Camryn Dewar of Stony Mountain received a Grade 9 Musician of the Year Award at the Westwood Collegiate Spring Concert, May 28th. Dewar plays saxophone with the Grade 9 concert band under the direction of Greg Edwards. Dewar is a multi-faceted musician who sings as well as plays piano, guitar and saxophone. The next instrument she hopes to tackle is the bagpipes as her father is a bagpiper.

<p>The Complete South Pacific Australia and New Zealand Group Departure: February 12 - March 9, 2016 This tour offers everything needed to enjoy a truly memorable once-in-a-lifetime vacation. Presentation: June 23, 2:30 pm or 6:30 pm - RSVP</p>	<p>CANYONLANDS - Nevada, Utah & Arizona Oct. 20-29 Presentation: May 27, 2:00 pm - RSVP</p>
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Shredding pounds to a healthier lifestyle

Stonewall's annual June Shred now underway

By Stefanie Lasuik

The third annual June Shred commenced on Monday at the Stonewall High School track. The exercise and diet program, led by Shelley Schaeffer, will teach people how to eat right and stay active through a month-long guidance and group workout program.

Schaeffer runs the Shred through Interlake School Division Continuing Education. Schaeffer holds certification in group fitness, resistance training, older adults, yoga, personal training, nutrition and wellness, Zumba and Bellyfit. She will use her education and accolades to guide participants through an essentially self-directed program.

This year, the Shred has three separate goals for its 77 participants. Participants can choose to maintain their weight and muscle-build, to aim at losing five to 10 pounds, or to learn the habits that will enable them to shed 30 or more pounds.

The group will learn how to live out active lifestyles through the 30-day hands-on program. By stepping into a healthy lifestyle, participants will gain both knowledge and experience. Schaeffer said that this is more beneficial than simply reading about healthy living, plus the participants serve as each other's support network. Weekly consultations with Schaeffer will keep them on track along with a



TRIBUNE PHOTO BY STEFANIE LASUIK

The third annual June Shred commenced Monday morning at the Stonewall Collegiate track with 77 men and women committed to staying active and eating healthy.

meal plan and seven weekly workouts.

The Shred fashions its schedule to be accommodating for diverse clientele, holding four morning sessions and three evening workouts a week.

The Shred emphasizes food combinations, timing of meals and snacks, proper portion sizes, and the appropriate amount of cardio and

strength training.

"Without learning how to eat properly, people can't achieve the results that they want," Schaeffer said.

Schaeffer said that while program is basically self-guided, all the supports are in place for people to succeed. She explained that having a plan, accountability, support and an educated teacher enables participants to reach their goals.

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Local snaps on display at Teulon Library

By Lachlan Ross

A rusted-up 1960s Dodge rests in crunchy dried grass surrounded by barren trees. The taillights remain bright red, unhindered by the harsh elements that eroded away metallic blue paint. Friendly Manitoba is etched into the car's plates.

In a second captured scene, frozen twigs jut out from a tree branch at every angle, back-dropped by an out-of-focus muddle of forest and snow. The strong little sticks have survived the winter.

Robyn Brown grew up on a poultry farm in Gunton, weaving her way between 2,300 turkeys. Even at five years old, she asked her parents for their small digital camera when she saw pretty trees and flowers. At 11 years old, Brown's parents gave her a Canon 5D Mark II — the digital single-lens reflex camera she still uses today.

Now 19, and finished a one-year professional photography course at Red River Community College, Brown's work is on display at the Teulon Public Library as June's artist of the month. The Teulon Collegiate alumni, who still operates the till and serves ice cream at the local Esso gas station, has an eye for minute detail she hopes to share with others.

In another of her pictures, colour ripples and swirls through four wine glasses like little blue, red, yellow and green explosions. The clarity of each glass outline is matched only by the dancing dyes.

Brown's photo series of close to 50 prints includes old abandoned cars, barbed wire fences, park benches, flowers, scenes from a high school trip to Europe and drinks. Her focus as an up-and-coming photographer is predominantly on nature and landscape snaps, capturing lilies and daisies at odd angles to engage her audience.

"I just drive around the countryside, go down back roads, and when I see some bright colours from afar, I stop and shoot," she says, often taking her three-year-old golden retriever, Fred, for the ride.

"I never go to the same place twice." Browns work will be exhibited around the library this month in display cabinets, on wall spaces, hooks at the ends of book stacks, tops of bookshelves and in the windows.

"We're trying to showcase local people with talent," says librarian June Makowski, who hopes Interlake residents will be able to use the Teulon Library as a community centre. "My goal is to get people to come into the library and see that we have more to offer than just books."

As an aspiring artist, the most powerful — and often hardest to come by — opportunity is exposure. Brown's Red River course put emphasis on the business side of photography and how to market your product. While the esthetics of a picture separate pros from point-and-shoot photographers, even a perfect image won't sell unless placed before the public.

"You need to get your name out there as many different places as you can because you never know who's going to want to see it," says Brown, who also has a Wordpress website for her work.

"I like the look on people's faces when I show them my pictures," she says, adding that she looks forward to feedback, both positive and constructive, so she



TRIBUNE PHOTO SUBMITTED BY ROBYN BROWN


Gunton's Robyn Brown will have samples of her photography on display at the Teulon South Interlake Regional Library this month.


can continue to develop her craft.

When considering a future filled by photography paying the bills, Brown takes a dreamy pause. It is clear as the colour in her pictures that the five-year-old with her parents' camera hasn't gone too far.

"One day," she replies.


Robyn Brown's photography can be seen at the Teulon Library Tuesday, Wednesday, Friday 10 a.m. to 5:30 p.m., Thursday 12 to 8 p.m., and Saturday 10 a.m. to 1 p.m. or at her website creativeimagerybyrobyn.wordpress.com/.





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Grosse Isle student to give the gift of education in Ecuador

Brontee Gray will travel to South America in July as a part of the Ecuador Summer Project

By Stefanie Lasuik

University of Winnipeg student and Grosse Isle resident Brontee Gray is packing her bags for a tropical destination. However, instead of vacationing, Gray is headed to Ecuador to volunteer in a community of high-risk kids.

From July 5 to 11, Gray and her fellow education students will provide tutoring services for Ecuadorian children in math and English. This will afford the kids greater future job pros-

pects than the markets in which many of them are currently employed.

Gray's interest in community development and love for working with children drew her to the trip. Community development is something Gray strives for at home, and she has awaited the opportunity to help out in a town other than her own.

With her classmates, Gray is holding several fundraisers to purchase school supplies for the kids and to subsidize the program's fees. A dodgeball tour-

nament will take place at St. Paul's Collegiate on June 6 from 9 a.m. until 2 p.m. Teams should be comprised of six people and the entry fee is \$15 a person.

A wine and cheese fundraiser is set for June 11 from 7 to 10 p.m. at the Norwood Hotel. Tickets will be \$30, with support tickets available as well. Anyone interested in either of the two events can contact Brontee at 204-930-7413.



TRIBUNE PHOTO BY JO-ANNE PROCTER
Grosse Isle resident Brontee Gray.

Driving into the future

Bill Rossington joins the green technology revolution with a zero-emission car

By Stefanie Lasuik

Most drivers will acknowledge that the future of road vehicles lies in a zero-emission zone. But Bill Rossington of Stonewall wanted to do more than acknowledge the future — he wanted to do his part in saving the environment.

Rossington pays about \$1 per commute to Winnipeg in his Nissan Leaf. The 2013 model runs entirely on electricity, so the only cost comes from charging the battery, which he does via his at-home charging station. The station itself cost Rossington a one-time payment of \$800 but will charge the Leaf fully in three to four hours. Rossington is then free to drive emission-free for 130-150 kilometres before charging back up, a range that easily permits a round trip to Winnipeg.

Rossington said that on the occasions that he and his wife drive around Winnipeg and deplete the battery past the range needed to get home, they pop into Red River Col-

lege, where a 500-volt charging station will quickly replenish the battery free of charge. Rossington noted that charging stations in Winnipeg do not charge to plug in due to Manitoba's low electricity costs. According to CAA, there are 16 charging stations in Winnipeg, but a driver can also plug in to standard parking lot sockets to receive a slower energy boost.

For Rossington, owning an electric car came with a bit of a lifestyle change, as he explains that he often makes several trips into Winnipeg to drop off and pick up his wife because gas is simply not a consideration anymore.

Rossington predicts a \$3,000 decrease in money spent at the pumps this year, noting that this figure is the difference between his previously used hybrid and his current electric, and that the savings would be further pronounced if his last car was gas-only.

But it's not the savings that drew Rossington to the Leaf. He points to



TRIBUNE PHOTO SUBMITTED

Bill Rossington stands next to his 2013 Nissan Leaf, a smooth and quiet ride with 100 per cent of its torque available at zero rpm, which allows for quick acceleration and has a top speed of about 150 km/hour.

the environment as his reason for change. Driving a mid-size car 5,000 kilometres produces an entire tonne of emissions and contributes to global warming, which is already provoking more severe storms and higher sea levels.

Rossington stated that vehicle maintenance is a breeze with the electrics, which have no air filters nor need for oil changes. He explained that the only downfall was the price of the battery, which approximates US\$5,200 but comes with an eight-year warranty. Rossington estimates that the new

lithium ion batteries will live long past that.

A major concern of Manitobans looking into buying electric is the decreased range caused by cold weather. Rossington said that his goes down to about 80 kilometres in the winter, which for him is a round trip to Winnipeg. Farther trips are made by the couple's gas-burning vehicle, which they fill about once every two months.

Rossington predicts a revolution for the car industry in a couple years. General Motors has unveiled the Bolt, capable of travelling 320 kilometres on a single charge, and Nissan is working on a new Leaf with a similar range. The companies hope to rival Tesla vehicles, which can run for over 400 kilometres. Currently, Tesla cars can cost over \$75,000, but GM and Nissan are aiming to sell their new products at around \$30,000.

Rossington, of course, is not the only local citizen in an electric vehicle, but he is one of the few. His example dispels the myth that the cars are not for rural Manitobans.



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Rockwood Festival of the Arts

VOLUNTEER APPRECIATION & AGM

Sunday, June 7, 2015

St. Cyprian's Anglican Church Hall 60 - 2nd Street S.E. Teulon
Volunteer Appreciation Event at 6:30 p.m.

Annual Meeting 7:00 p.m.

Notice of Motion:
To all members, changes to the Rockwood Festival of the Arts
Constitution will take place at the AGM.

For more info see our website at www.rfota.ca

A WAVE of art coming through the Interlake



One of Onchulenko's paintings, 'Love Letters in the Sand', a 24" x 24" acrylic on panel.

TRIBUNE PHOTOS SUBMITTED

Interlake WAVE Artists' Studio Tour June 13 and 14

By Marney Blunt

Clay, glass, stone, paint, fabric, wood, paper, leather, photographs and more; amazing artwork comes in all different shapes, sizes, colours and textures. There will be a variety of top-notch local artwork in each one of those mediums on display during the 2015 Interlake WAVE Artists' Studio Tour, scheduled for Saturday, June 13 and Sunday, June 14 throughout the Interlake.

Painting and quilting artist Amanda Onchulenko will be participating in the tour for the first time ever this year.

Onchulenko moved to Canada from Australia 25 years ago and brought her artistic talents along with her.

"I went to art school in Australia and I taught in three countries, so I've always done my own work on the side," said Onchulenko. "And then when my kids were babies, I stopped teaching and just started working as an artist."

Onchulenko has had an art studio in the Exchange District in Winnipeg for the past 15 years. Recently, she has brought her artwork to the Interlake.

"I bought a cottage three years ago at Ponemah and I wanted to build myself a summer studio at the cottage so that enabled me to be a part of the Interlake Artists' Studio Tour," she said, adding that she's excited to be a first-timer with the studio tour. "So I'm excited as to what it's going to be."

Onchulenko's summer studio is called Mandart North. The studio is open by appointment as well as twice a year for the Interlake WAVE Artists' Studio Tour.

"Colour is kind of significant to my artwork, and on the WAVE tour I will be showing some of my new work, which is more quilted landscapes that are framed, as well as some paintings. I'll have some quilts that I'll show too," said Onchulenko.

Onchulenko also says her themes are often based on where she is in her life.

"It's kind of about where I am. I love to garden and gardening is a recurring theme, the poppy is a recurring

theme and the same with landscape and prairie," she said.

Onchulenko is one of 31 artists participating in the 2015 Interlake WAVE Artists' Tour.

Other artists participating in the 2015 WAVE tour include:

- Raye Anderson (painter) - Whigmaleerie Art Projects
- Suzanne Barrow (painter/potter) - Barrow House Studio
- Steina Bessason (painter) - Steina's Studio
- Lorraine Bohn (painter)

Continued on page 19

Woodlands 135th Anniversary and Canada Day Celebrations

Canada Day Social

Tues. June 30th
@ 8 pm Warren Arena
Contact Warren Minor Hockey for Tickets

Pancake Breakfast

July 1st
9-11 am
Woodlands Hall

Full Parade/Bike Parade

Kids decorate your bikes and helmets to be in our parade at 12:00 pm.
Prizes to be won!

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Woodlands Hall
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3 pm
Country Pride
7:30 pm

Food Canteens

Taco in a Bag
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🍁 **Dunk Tank** 🍁 **Games**

🍁 **Face Painting** 🍁 **Bouncers**

🍁 **Learn to GeoCach**

🍁 **Canada Day Cupcakes**

Archangel Fireworks

10:45 pm
Woodlands Rec Grounds

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Springtime jamming...



TRIBUNE PHOTOS SUBMITTED BY DEBBIE FLEURY

Students at Teulon Collegiate Institute played their hearts out at the spring concert last Wednesday, May 27 in the TCI gymnasium.

Planting trees to celebrate Arbour Day

Ruby Roe Tall Grass Prairie Day

Saturday, June 6th at 11:00 a.m.
Located just west of the hospital in Stonewall
(Rain Date: Sunday, June 7th at noon)

Enjoy a free tour of Stonewall's natural gem and learn about our native plants

Rain barrels at cost!

FREE picnic BBQ at noon!

For more information, visit us at:

 **REACT** INC.org
Rockwood Environmental Action Community Taskforce incorporated

Members of the Rockwood Environmental Action Community Taskforce (REACT) Inc. were out planting lilac trees on Saturday, May 30 at Memorial Park in Stonewall to celebrate Arbour Day. Arbour Day is designated to encourage people to plant and care for trees. REACT Inc. is a local volunteer-based organization that aims to make the community a more environmentally responsible place. Pictured (left to right): Audrey Boitson, resource planner of the East Interlake Conservation District, Megan Vandall, Mackayla Johnson and Matthew Scammell.

TRIBUNE PHOTO BY LANA MEIER





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Woodlands Childcare Centre set to open in July



TRIBUNE PHOTOS BY JO-ANNE PROCTER

After months of planning and fundraising, the Woodlands Childcare Centre is one step closer to opening. Last Friday, supporters attended the centre’s fundraising tea and bake sale. Pictured from left: Chairperson Wendy Proctor thanked supporters and introduced new director Rachelle McKay and the rest of the board. Guests enjoyed homemade fancy sandwiches and dainties and entertainment by the Warren Collegiate Choir, Woodlands Elementary choirs and self-choreographed Irish dances by Ciarra deLaroque.

SATURDAY
June 13
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Kaplen Construction - Kubota Track Skid Steer & Mini Excavator
Leo's Case IH - Tractor
Lawson's - RTV
Interlake School Division - School Bus
Stony Mountain Institution - Patrol Truck & Transfer Van
SCC Grandpa - Semi Truck
Rubber Ducky Resort & Campground - Motorhome

IERHA - Ambulance
Interlake Salvage - 3 Trucks & Thomas The Train
South Interlake Regional Library - Bookmobile
McKillop Remax - Bouncy Castle
Sunova Credit Union - Face Painting/Tattoo Booth
C&G Lefley Farm - Combine
McRae Motorsports - Racing Cars
Emterra - 2 Waste Management Trucks
McKenzie Funeral Home - Limo and Hearse
RCMP - Cruiser and ATVs
Tartan Towing - Tow Truck
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Stonewall & Warren Lions Clubs - Security & Rain Barrel Train

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Business.
Community.*

OUR GOAL: is to support and promote the business community of Stonewall & District through cultural, social, political, and economic development.

The Stonewall & District Chamber of Commerce proudly serves the business communities of Stonewall and surrounding areas.

Restaurants

Beyond Bread	204-467-9756
Chicken Chef	204-467-9042
D&D Cakes	204-467-2100
McLeod House Tearoom & Gift Shop	204-467-2303
Pizza Den Restaurant & Lounge	204-467-2236
Redstar Chinese Cuisine	204-467-8221
Rockwood Motor Inn	204-467-2354
Subway	204-467-7148
The Kiln Drive In	204-467-9125

Health & Wellness

Back 2 Health Chiropractic	
Health & Wellness Centre	204-467-2222
Erika's Zumba Fitness Club	204-294-8620
Interlake Pharmacy	204-467-8137
Laser First Aid	204-990-1448
Quarry Physiotherapy	204-467-9101
Rockwood Pharmacy	204-467-5167
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Laser Jungle	204-467-7529
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Stonewall Vet Clinic	204-467-2481
Verico OneLink Mortgage	204-479-6064

Financial Services

CIBC	204-467-5551
RBC Royal Bank	204-467-5544
Sunova	204-467-5574
TD Canada Trust	204-467-7820

Congratulations Graduates!

Many young people feel ready to go in search of a job when the end of high school is in sight. Some graduates are tired of studying and don't want to stay in school and some need to earn money to pay for post-secondary studies. Some want to combine work and school and do both at the same time.

You want to work but don't know yet in what area? You could start by volunteering or applying for an internship.

You dream of starting your own business or being self-employed? You can take management courses or participate in business start-up workshops.

You're looking for a student job to pay for your education? Remember that even though any type of work gives you an advantage, try to find a job that might have some similar traits with your future career goals.

In the business world, everyone is paid in two coins: cash and experience. Take the experience first; the cash will come later.

-Harold Geneen



Manitoba Youth Job Centre

Paolo Punzal is back this summer as the Stonewall & Area MYJC Youth Engagement Leader. Paolo is a third year Arts student majoring in Criminal Justice and Political Science at U of W. Paolo had a very successful season here last summer helping to find youth jobs for the summer and working with the Odd Job Squad around town hosting BBQ's, organizing Breakfast Drives, Ice Cream Sales, Lemonade Stands and a Boonstra Berry Pick. Paolo has been into the schools speaking with the youth about the MYJC and how it can help them this summer. Paolo has lots in the works for this summer and if you are interested in speaking with him, you can see him at his office, call him at 204-467-7920 or email him at youthjob@stonewall.ca



This year the MYJC office is located inside the Heritage Arts Centre at Quarry Park on the main floor.

Next General Meeting:

Tuesday, June 16th

8:00am at McLeod House

Please RSVP to

lori.vandal@mymts.net

before Friday June 12th.



Guest Speaker:

Dr. Lana Adeleye-Olusae, Certified Management Consultant with Surefooting Consulting

Surefooting Consulting, a network member of Center for Management and Organization Effectiveness, is a growth consulting firm helping companies to realize their competitive edge through people engagement, process improvement and organization structure alignment.

Dr. Adeleye-Olusae, Certified Management Consultant, will make a presentation about their Affinity Program - Leader and Employee Development Solutions.



info@stonewallchamber.com



204.467.8377

Thanks for Shopping in our Communities



Here's what you have done...

You kept dollars in our economy - more money is kept in the community because locally-owned businesses often purchase from other local businesses, service providers and farms.

You created local jobs - local businesses are better at creating jobs for our neighbors

You nurtured community - local businesses contribute more to charities and give a town unique character

You helped the environment - buying from a local business conserves energy and resources in the form of less fuel form transportation

You conserved tax dollars - spending locally instead of online ensures that your sales taxes are reinvested where they belong-right here in your community

You took advantage of our expertise - you are our friends and neighbours and we have a vested interest in knowing how to serve you.

You invested in entrepreneurship - the success of locally owned businesses provides inspiration to our young people

You made us a destination - the more interesting and unique we are as a community, the more we will attract more visitors and that will benefit everyone

You said Your Community Matters! - where you spend your money is a vote of support for the place you spend it

Volunteers - An Important Resource

Volunteers are the most important resource community organizations have. The ability of people to work willingly together for the betterment of their community and themselves is invaluable. Volunteers come from all walks of life: they may be a teenager learning to manage responsibility by coaching a local sports team, an executive sharing management skills with a community group or a retiree enjoying a new friendship as a volunteer reader at the community library or a volunteer driver. Ideally, volunteers find their commitment a meaningful experience for themselves as well as for the organization. Its always a win/win situation.

Some great reasons and benefits of helping others:

To help improve the quality of community life.

Credibility - Volunteers have fewer vested interests, making them a valuable public relations asset.

Show Time Management - You will learn how to manage your time. Employers realize that as a volunteer you must be able to prioritize your schedule so that you have time to spend on activities that benefit others.



New Experiences - Volunteering presents challenges and opportunities for you to grow. Use each experience as a chance to discover more about yourself while gaining insight and knowledge.

Shows Character - Most people who offer their time are conscientious, honest, hard-working individuals. Employers are aware of this and welcome prospective employees who have these kinds of activities on their resumes.

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Ye Olde Sugar Rush	204-467-9138

Local Authorities Boards & Community Services

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Interlake School Division 21	204-467-5100
Manitoba Hydro	204-467-5519
RCMP	204-467-5015
Rockwood Rural Municipality	204-467-2272
Royal Canadian Legion Branch #52	204-467-2261
Stonewall & District Lions Manor Inc.	204-467-8531
South Interlake Agricultural Society	204-467-5267
South Interlake Regional Library	204-467-5767
South Interlake Seniors Resource Council Inc.	204-467-2719
Town of Stonewall	204-467-7979

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Quarry View Esso	204-467-9454
Rockwood Motorsports	204-467-9222
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For more information about becoming a member:
www.stonewallchamber.com

Local. Business. Community.



Home, Yard & Real Estate



Are you familiar with organic gardening methods?

If you're committed to protecting the environment, then you're probably doing everything you can to reduce pollution, waste and garbage. You may already be carpooling, taking quick showers and choosing reusable shopping bags, too. But have you thought about applying this philosophy in your yard? Some gardening practices encourage waste, while others are harmful to the environment. Here are some tips to help

you to garden in an environmentally friendly way.

BETTER WATER MANAGEMENT

Did you know that more than half of the water used for watering lawns and gardens is either lost as runoff from overwatering or through evaporation? To avoid such waste, ensure that you only give your lawn the amount of water it needs, and be sure to water early in the morning to avoid evapora-



Talk to the Paint Expert at
 **Stonewall Home hardware**
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 **BEAUTI-TIPS** EXPERT ADVICE FOR YOUR DECK

ALL DECKED OUT

Before you get all decked out, though, there are two simple secrets to a long-lasting finish – quality stain and prep work. Together they're a dynamic duo. Without them, you might be doing your project again next year.

We understand. Prep work is a bit like homework – beneficial but who wants to do it! However, since 90% of stain failure is due to lack of prep work, it's key. Here are the simple, easy steps to protect your investment for a lifetime of enjoyment. If you are working with a brand new surface, always check moisture content to ensure that the wood has had sufficient time to dry. If so, you've earned a pass all the way to the Shiny is Out step! If the surface is not new, you got it – it's step one for you!

TO STRIP OR NOT TO STRIP

Deep down, you know it! If your existing stain is 30% to 50% peeling it is best to remove the coating and start fresh. Natura Safe Strip effectively removes stain and paint from both horizontal and vertical surfaces. And, unlike sanding, it will not grind existing mildew deeper into the wood.

GREEN CLEAN

Your surface must be free from mildew, dirt and grease. Mildew sometimes cannot be seen, but if not removed it will cause the stain to peel. Assume it's there and treat the surface with Natura Mildew Off. Next, remove grease and dirt with Natura Safe Prep. By the way, while your surface is getting clean, the environment is staying green. All Natura products are formulated to be safe for the environment.

GET THE GREY OUT

Wood needs a good facial before staining. That grey wood you want to cover up with stain is actually dead wood fibres that are sitting on top on the wood. If not removed, as soon as moisture penetrates, they, along with your new stain, will lift. Remove greyed wood with Natura Wood Prep or Wood Shield Wood Restorer.

Stain – you wouldn't want it on your clothes, but on your outdoor wood décor – it's a thing of beauti!

SHINY IS OUT

Stains need to penetrate to be effective. New wood will sometimes have sheen known as mill glaze, which prevents stain from penetrating. Simply sand with 80 grit sandpaper or use Wood Shield Wood Restorer.

Phew! Now that the prep work is done, it's time to add the beauty. Choose between a semi-transparent stain which will allow the natural grain and characteristic of the wood to show through, or a solid stain which will penetrate the wood and highlight the texture of the wood. Beauti-Tone's Wood-Shield semi-transparent is available in 60 colours and Wood-Shield solid can be mixed in virtually any colour.

Manufactured in Canada by Home Hardware in a full array of paints and stains, Beauti-Tone is sold exclusively at Home Hardware, Home Hardware Building Centre, and Home Building Centre stores. Consult with your local Canada's Paint Expert for the stain that suits you, and your wood, best.



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 Sunday 12-4, closed Monday

204-383-5104

World ENVIRONMENT Day

JUNE 5, 2015

KEEP THE EARTH CLEAN,
 TODAY AND EVERY DAY!

tion loss. Collect rainwater and select plants that don't need much watering. Cover the soil with a layer of organic mulch to retain moisture longer.


ENRICH THE SOIL

Avoid using pesticides and chemical fertilizers, as they are harmful to the environment and to the health of humans and animals. Use compost and organic fertilizers to enrich the soil.


Organic gardening also means banning decorative rocks and geotextile membranes, which compromise the exchange of gasses between the air and

the soil. Switch off any lights that light up your yard unnecessarily at night, and leave grass clippings on the lawn rather than sending them to the landfill with your garbage.

So, is your garden green?


Tracey Malone - Financial Advisor
 Inview Insurance, 344 Main Street, Stonewall
tracey_malone@cooperators.ca
Phone (204) 467-8927

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Simplifying gardening

Now that the warm weather has arrived, are you feeling the urge to do some yard work and create new flowerbeds, just like so many other gardening fans? Sometimes this enthusiasm lasts throughout the growing season, but sometimes it wanes as summer progresses.

Indeed, a lot of gardeners are much less energetic once July or August rolls around, and it isn't unusual to see some yards looking a touch neglected. Fortunately, it is possible to create beautiful surroundings that require less care. Here are a few tips.

- First of all, be sure to choose plants that grow well in your area and in your climate zone. A spectacular plant seen in the south may not necessarily give the same results in the north.

- If you buy perennials, opt for slow growing varieties. That way, you won't have to divide the plants every two years. A gardening professional can help you find some good cultivars.

- Be savvy with plant combinations. For example, plant tulips around hostas. The tulips will appear in the spring, but when their flowers fade, the hosta leaves will hide the yellowing leaves of the tulips. No need to prune them!

- Container gardening is another way to limit yard work. Weeding is done in a few minutes, compared with an hour or more to hoe flowerbeds.

- Mulch is a great way to limit the growth of weeds; it also helps the soil retain its moisture, which means less watering.

- Use quality tools. Just like in the kitchen, a dull, blunt blade can prolong the job at hand.

Friday night in a bubble



TRIBUNE PHOTO BY LANA MEIER

The youth group at New Life Church spent Friday night playing "bubble soccer," a combination of bumper cars and soccer.

> WAVE TOUR, FROM PG. 13

- Brenda Booke (beaded jewelry) - Breeze Designs
- Janet Cruse-Thompson (wood carver) - ODTAA
- Yvonne Dominik (painter/photographer)
- Claude and Carol Hebert (stain glass) - Cat'ch Yer Eye Stained Glass
- Kirk Creed (potter) - Steel Wheel Studio
- Ainslie Davis (painter, sculptor, photographer, carver, digital media)
- Dianne Fitzmaurice (fibre artist/feltmaker) - Creature Comforts Cottage
- Milli Flaig-Hooper (paper artist) - The Paper Fivriildi
- Gimli Art Club
- Veronica Green (painter) - Studio V
- JoAnne Gullachsen (painter)
- Gayle Halliwell (painter) - Studio 410
- Gwen Harp (painter, photographer, fibre arts, clay, jewelry) - Blue Door Studio
- Heidi Hunter (photographer, painter, print artist) - Runs With Scissors
- Bernadette Koroscil (hand drum artist)
- Alan Lacovetsky (potter)
- Norm Magnusson (mirror art) - Mirror Images
- Rosemary Miguez (sand & gesso) - Butterfly Womyn Production
- Raven Photography - Linda Dorian
- Ev Richter (clay) - What? Clay Art & Curios
- Melaney Robins (painter)
- Helma Rogge Rehders (painter, potter, ceramic decoration, batik, glassware, glass jewelry) - H.RogueRaiders Gallery
- Cathy Sutton (jewelry) - Nepenthe Studio
- Stephanie Sutton (photographer)
- CJ (Celeana) Tennant (photographer)
- Marlene VanHelden (painter, photographer, fibre arts, jewelry and hand-built clay) - Blue Door Studio
- Warren Wenzel (wood & stone sculptor)



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get inspired

> MEAL IDEAS



Cheddar-Parmesan Poutine with Gravy

Preparation
Soak cut potatoes in cold water overnight. Before deep-frying, remove potatoes from water and pat dry.
Using deep-fryer, heat canola oil to 375°F. Deep-fry for 8 to 10 minutes or until lightly golden. Remove fries from deep-fryer and drain on paper towels.
If necessary, in saucepan, reheat 2 cups poutine gravy and set aside.
Return fries to deep-fryer and fry for additional 3 to 5 minutes or until golden brown. Remove from deep-fryer to stainless steel bowl. Add gravy, cheese and herbs. Stir gently to combine. Season with salt and pepper. Serve.

Yield 4 servings / Serving size 1 1/2 cups poutine

Ingredients

- 4 Russet potatoes, peeled and sliced into uniform sticks
- 5 cups canola oil
- 2 cups poutine gravy (see recipe)
- 1 cup sharp cheddar cheese, grated
- 1 cup Parmesan or Grana Padano cheese, grated
- 3 tablespoons chopped fresh dill
- 3 tablespoons chopped fresh flat leaf parsley
- 3 tablespoons chopped fresh sage
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

Poutine Gravy

Ingredients

- 3/4 cup diced yellow onion
- 2 tablespoons diced carrot
- 2 tablespoons diced celery
- 2/3 cup canola oil
- 1 tablespoon chopped sage
- 1/2 teaspoon tomato paste
- 1/3 cup all-purpose flour
- 4 cups beef stock
- 1 tablespoon Worcestershire sauce
- 1 teaspoon chopped garlic
- 1 tablespoon chopped rosemary
- 1 teaspoon salt
- 1/2 teaspoon pepper

Preparation

In large saucepan, sweat onion, carrot and celery in canola oil over medium heat until slightly caramelized. Stir frequently. Add sage and tomato paste and sauté for 1 to 2 minutes.
Sprinkle vegetable mixture with flour and combine to form roux. Heat for about 30 seconds. Add stock, Worcestershire sauce and garlic. Simmer for 35 minutes.
Season with rosemary, salt and pepper. Simmer for additional 10 minutes. Using immersion blender, purée gravy. Leftover gravy can be frozen for future use.

Yield 5 cups / Serving size 1/2 cup

Indian-Style Burger



Ingredients

- 1 1/3 lb (600 g) extra-lean Canadian ground beef
- 1/4 cup (50 mL) tomato paste
- 1 tbsp (15 mL) curry powder
- 1 egg
- 1/2 cup (125 mL) breadcrumbs
- 1/3 cup (75 mL) lower fat Canadian Feta, crumbled or 1/4 cup (50 mL) regular Canadian Feta, crumbled
- Freshly ground pepper, to taste
- 8 multi-grain burger buns



Low Calorie/Light/Reduced Fat

What it really means:
“Low calorie” means the item contains 40 calories or fewer per serving, but the serving size designated by the manufacturer could be the size of a bottle cap, and the product could still be high in fat. In real life, you might naturally eat four times that amount. The “light” label, by contrast, could simply mean lighter flavor or color (in the case of olive oil or corn syrup) but the same number of calories as the original – or it could mean “low calorie” or “low fat” (defined as less than 3 grams per serving). If the label says, “reduced fat,” that means the peanut butter, soup, or other food contains 25 percent less fat than the original form. For low-calorie claims, figure out whether the serving size is realistic. If it isn’t, think about how many calories you’d likely consume from a satisfying portion. With “light” or “reduced-fat” products, make

The Claim:

sure you know the trade-offs: reduced-fat cookies, reduced-fat peanut butter, and reduced-fat salad dressing, for example, often make up for the loss of flavor with added sodium and sugar.

Generally foods that have relatively short ingredients lists will be more wholesome and have fewer additives such as flavor enhancers, preservatives, dyes, and the like. An exception: Products that contain multiple grains or that are fortified with vitamins are likely to have longer ingredients lists. In that case, look for the word artificial on the list; if it’s there, put the item back on the shelf. After reviewing the label, jettison products that, given what they are, seem to have excessive amounts of sugar or salt.

Disease-Proof: “The Remarkable Truth About What Makes Us Well” by David L. Katz, MD, MPH, FACP, FACP

Brenda Stafford - Juice Plus – Team Pursuit
Find us on FACEBOOK

Potato Dog Skins

Ingredients

- 3 large baking potatoes (2 1/2 pounds), baked
- 2 cloves garlic, minced
- 2 tablespoons butter, melted
- 3 Premium Beef Franks
- 1/3 cup barbecue sauce, warmed
- 1/2 cup shredded Colby & Monterey Jack Cheeses
- 1/3 cup Sour Cream
- 1/4 cup chopped fresh chives

Preparation

Heat grill to medium heat.
Cut potatoes in half lengthwise and spoon out the flesh, leaving half-inch shells. Mix garlic and melted butter. Brush potatoes on both sides with garlic butter mixture.
Grill franks 7 to 9 minutes, or until heated

through, turning occasionally; slice into rounds. Grill potatoes until crisp, about 4 to 4 1/2 minutes on each side.

Spoon sliced franks into the potato shells; drizzle with barbecue sauce and top with cheese. Grill until the cheese is melted. Top with sour cream and chives.

Preparation Time: 10 minutes
Total Time: 1 hour 30 minutes
Makes 6 servings

Alternative Cooking Method: If you prefer, bake the buttered potato skins in a 250°F oven until crisp, about 15 minutes, before adding the toppings. Fill as directed and bake 5 minutes more.



Toppings:

- 1/4 cup (50 mL) 1% plain yogurt
- 1/4 cup (50 mL) light mayonnaise
- 1 tbsp (15 mL) honey
- 2 tbsp (25 mL) fresh cilantro, coarsely chopped
- 4 to 6 lettuce leaves

Directions

Preheat grill to medium heat or oven to 425°F (220°C).
In a bowl, mix all the ingredients together except the buns and toppings. Season to taste.

Divide mixture and shape into 8 patties. Place on grill or on a parchment-covered baking sheet on centre rack of oven. Cook burgers 12 to 15 minutes, turning them over just once.

Heat the buns.

Mix yogurt, mayonnaise, honey and cilantro, and season to taste. Spread onto buns.

Fill buns with patties and garnish with lettuce.

Prep time: 20 min | Cook time: 15 min
Makes: 8 servings
www.heartandstroke.mb.ca

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Tuesday, June 16th, 2015 5:00 pm

Church of the Ascension Parish Hall, 435 - 1st Ave. N.

For transportation, please call 204-467-2234 or 204-467-8613

We would like to take this opportunity to thank our Sponsors who have supported us throughout the year



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Interlake Pharmacy

We would like to thank our board members, past and present as well as our hard working volunteers for a successful year. Without your support and willingness to give, what we strive to do would not be possible!

♥ Thank you so very much ♥

JUNE 15TH



June 15th is the 10th anniversary of World Elder Abuse Awareness Day and in Manitoba we have recognized and celebrated WEAAD since 2006.

Elder abuse is mistreatment of an older person that is committed by someone with whom the older person has a relationship of trust such as a partner, family member, friend or caregiver. Elder abuse may be physical, social, financial, psychological or sexual and can include mistreatment and neglect. Maybe the simplest thing we can all do, is wear purple on Monday June 15th - any shade will do, a splash of color or a whole outfit. Wear a purple ribbon, post one in your window or tie one around a nearby tree. Even better, embellish it with a personal note of support for the rights of older people.

Purple Ribbons are available at Seniors Resource in the Lions Community Centre, 5 Keith Cosens Drive, Stonewall

**For more information
call 204-467-2719**

What's new at 55 Plus June Calendar of Events!

SOUTH INTERLAKE 55 PLUS, 5 KEITH COSENS DRIVE

Clip & Save

June 2	Book Club @ 10:00am	June 22	Whist Tournament @ 1:00pm (one week early)
June 9	Luncheon @ Noon	June 24	Folklorama Registration and Payment Deadline
June 11	Polo Park Shopping @ 9:15 am		
June 12	William Kurelek Presentation @ 1:30pm		
June 18	Casino Trip - Club Regent - Last trip until September!		

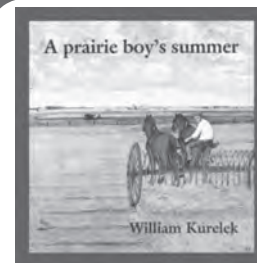
June 9th @ Noon

MENU:
Ham
Cold Plate and Dessert!

Wear PURPLE in support of World Elder Abuse Awareness Day!

50/50 Loonie Draw

ALL for just \$8.00!!!



~William Kurelek Presentation~

Friday, June 12th @ 1:30pm

Lion's Community Centre
(5 Keith Cosens Drive)

Join Merle Tomyk as she takes you through a presentation on the life and legacy of one of Canada's most famous artists who is finally being recognized in the very town he was raised: Stonewall, Manitoba.

This is a FREE presentation and everyone is welcome!

Exercise Sessions - JUNE 2015

DROP-INS WELCOME TO ALL CLASSES!



Zumba - Mondays @ 9:00 am
Funfit - Mondays @ 5:30 pm
Dynamic Yoga & Pilates - Tuesdays @ 4:15 pm
Dancefit - Tuesdays @ 5:30 pm
Zumba - Wednesdays @ 5:30 pm
Funfit - Thursdays @ 5:30 pm
Gentle Dynamic Yoga - Fridays @ 8:30 am
Dancefit Gold - Fridays @ 9:30 am



WATCH FOR SUMMER CLASSES! FOR ALL AGES!

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EQUIPMENT AVAILABLE FOR USE.

PADDLES FOR SALE.

This is an "Age-Friendly" activity and will be hands-on. No previous experience necessary.

Members: \$3 Non-Members: \$5 Drop-ins: \$7

For more info contact the 55-Plus office at 204-467-2582

BUS TRIPS:

SHOPPING TRIP - POLO PARK
JUNE 11TH @ 9:15 AM

CASINO TRIP - CLUB REGENT
JUNE 18TH @ 10:00 AM

MB LEGISLATURE TOUR AND LUNCH
JULY 15TH @ 9:00AM

FOLKLORAMA
AUGUST 3 & 12 (CALL FOR DETAILS)
REGISTRATION AND PAYMENT DUE JUNE 24
**CALL THE 55 PLUS FOR MORE DETAILS
OR TO REGISTER: 204-467-2582**

WHIST TOURNAMENT MONDAY, JUNE 22ND (ONE WEEK EARLY)



**1:00 PM
\$4 @ DOOR
DOOR PRIZE - 50/50 DRAW
EVERYONE WELCOME!**

STRAWBERRY SOCIAL



WEDNESDAY, JULY 22ND
Lion's Community Centre
(5 Keith Cosens Drive)
1:30pm - 3:00pm

Entertainment by:
"PRAIRIE MEN"

ADMISSION: \$5.00

Includes entertainment and dessert!

50/50 Draw

**For more information
call 204-467-2582**

Avian flu looming, local poultry producers taking extra caution

With major outbreaks south of the border, local producers are heightening biosecurity

By Marney Blunt

The avian flu, or the H5N2 virus, has now impacted more than 40 million poultry birds during the recent outbreak in the United States. While some outbreaks have edged quite close to the Manitoba border, no outbreaks have been found yet in Manitoba.

However, with the virus looming nearby, local producers have been taking extra precautionary measures and stepping up biosecurity protocols to ensure local Manitoban farms won't be affected.

"We have been on very high alert since the first outbreak that occurred in Ontario earlier this spring and earlier in British Columbia, and then the outbreaks moved to the United States in Minnesota, Iowa and Wisconsin areas earlier in April," said Bill Uruski, chairman of the Manitoba Turkey Producers. Uruski also owns a turkey farm between Arborg and Fisher Branch.

Producers have taken different protocols to lessen the risk of having their farms contract the virus or spreading it between farms. Uruski says some of these measures include wearing different clothing and footwear in the barn than what is worn in the yard, disinfecting trucks that enter the farm premises and ensuring that no one other than those working on the poul-

try farm enter the premises.

The strain of the current virus is one that is known as high-path, Uruski says.

"That's one (strain) that affects the birds very seriously," said Uruski. "In fact, there have been reports that if the farm has contracted the virus, the death rate is up to 90 per cent within three days. So it's a very relentless strain of the H5 disease."

Manitoba has fortunately not had an outbreak of the disease, and Uruski says part of that can be attributed to producers and industry players working together using extreme caution with biosecurity.

"We've cancelled meetings that we normally would have at this time of year; we've postponed meetings so that even the contact between producers is lessened. Those are the kinds of things that we have been doing, trying to minimize the exposure to the risks that may be out there," said Uruski.

"We as an industry are very appreciative of the work that the producers across the province are doing, on both the chicken side and the turkey side, in keeping their biosecurity measures at the highest level."

Wayne Hiltz, the executive director of Manitoba Chicken Producers, says that the outbreak of the avian flu in the U.S. and parts of Ontario have made for an "amber-alert stage."



TRIBUNE PHOTO SUPPLIED BY MANITOBA TURKEY PRODUCERS
Interlake turkey producers are taking extra precautions to lessen the risk of having their farms contract avian flu or the H5N2 virus.

"We always run a good biosecurity program, and right now we're at the amber stage, which is our third of four levels," said Hiltz.

While the Canada-U.S. border remains open to shipping poultry birds, biosecurity has been heightened there also. Trucks must be washed in the U.S. and Canada to ensure no one is bringing the disease over the border.

"Zones have been created around outbreak farms so that traffic is limited," explained Uruski. "If there is an area where an outbreak has occurred, then alternate routes have to be taken

to bypass all those areas."

Hiltz says that this has caused some logistical issues with transportation for poultry breeders due to having to change or take longer routes.

Both Uruski and Hiltz noted that the avian flu is not a food safety issue and does not impact humans.

"It's not contactable. It's not spreadable (to humans), and if poultry product is cooked in the normal and proper way, there is no health hazards at all from the disease," said Uruski. "It is basically a bird health issue, not a human health issue."

worship with us

> FAITH

"LOVE YOUR TOWN"

Eight years ago, my family and I came to Stonewall and have loved the town and church I serve in ever since. Stonewall is a great place to be. The people are friendly, the town is neat and tidy, and the business sector is awesome at meeting a variety of needs.

This past Saturday, I participated with about 90 others in an event called "Love Stonewall" promoted through the Stonewall Ministerial. Despite the cooler weather, this second annual event doubled in volun-

teers from last year. The goal was to share the love of God by connecting the churches together to serve our community. Many projects from weeding the memorial garden, landscaping at Quarry Park, picking up garbage along pathways and ditches, painting bleachers, and giving away free hotdogs water, and pop were done. As the chair of the ministerial, I was deeply grateful for the involvement of people from various churches.

Two thousand years ago, God also

participated in an event called "Love the World." It was initiated and promoted by God so that the world would experience his grace, compassion, and forgiveness. John 3:16 says "for God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

Through the ministry of Jesus, the world of that day experienced the good works of Christ. Matthew 9:35-36 says "Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness. When he saw the crowds, he had compas-

sion on them, because they were harassed and helpless, like sheep without a shepherd."

I encourage you to "Love Your Town." Share the love of God. Do what you can to make your town the best community in Manitoba to live. Pray for the mayor and council, volunteer with churches, clubs and organizations. And when you see a need, fill that need.

John Harrison
Executive Pastor
New Life Church, Stonewall
<http://johnharrison1.blogspot.com>



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Teulon's Ledochowski selected to Manitoba U16 volleyball squad

By Brian Bowman

This past year could not have gone any better for Jake Ledochowski on the volleyball court.

First, he led his Teulon Collegiate Saints varsity boys' team to a MHSAA "AA" provincial title while also garnering MVP honours.

Now, he has been named to Manitoba's U16 provincial team. Pretty nice year, wouldn't you say?

"I was pretty excited and shocked when I found out that I made the team," said Ledochowski last Thursday afternoon. "I was really happy."

Ledochowski tried out for the provincial team as a libero. The 5-foot-10 student-athlete explained his best shot at making the Manitoba team was at that position.

"Since I'm at a height disadvantage compared to all of the other boys, my height kind of only allowed me for one position, which was libero," explained the Grade 10 student.

Ledochowski is considered a superb passer, which is a key attribute for a libero. He also moves well on the court and is good at serve-receive.

"It's hard to do, especially with how tall these guys are and how hard they're hitting," he noted.

Ledochowski started the process of making the provincial team by attending an identification camp

back when the volleyball season was first starting up. He then was invited back in early May as one of the top 32 U16 players in the province.

That number then got pared down to the final roster of 24 late last month.

Ledochowski expects Manitoba's U16 team to be a good one. In recent years, Manitoba has produced elite volleyball players that have made the move up to the university game.

"We have kids hitting it very hard," Ledochowski said. "There are 6-foot-6 players — they are all very talented players."

Ledochowski feels competing at — and winning — a provincial high school title helped him in his progression in volleyball. A good way to get better is to play against elite competition.

"Winning the MVP also definitely gave me confidence," he said.

Ledochowski expects to be very busy this summer with training programs. He expects to travel with the Manitoba team but he wasn't quite sure where exactly they would be going.

"I'll be going to some interesting places," he said.

Volleyball Manitoba said it expected to release the final provincial rosters this past Monday.



TRIBUNE FILE PHOTO

Jake Ledochowski (left) was named to Manitoba's U16 provincial team last week.

Midget Pirates led by pair of Stonewall players

By Brian Bowman

Although a 4-4 league record isn't bad, the North Winnipeg Pirates AAA baseball team feels they are much better than a .500 squad.

In fact, North Winnipeg has been playing some real good baseball recently, reaching the final of a WABA tournament in Winnipeg last weekend.

The Pirates lost 9-5 to a Thunder Bay team in the final.

"It was a pretty good game," said Pirates' head coach Gary Dear, a St. Andrews' native. "They're a very good team and we ran out of pitchers because the (Selkirk Royals) high school team was playing in their provincials."

"I lost all of my pitchers and I only have a 12-man roster to begin with."

North Winnipeg was 4-1 during the round robin, including beating a very good Regina Athletics' team 14-6.

Two players on the Pirates' 12-man roster — Ryan Humeniuk and Matthew Schneider — are from Stonewall. Ryan's father, Darrell, is also a coach on the team.

Ryan Humeniuk is also on Team Manitoba's U17

team.

"Ryan can play any position that I want him to play," Dear said. "And, as a matter of fact, I think I've had him at six different positions already this year."

Dear said Humeniuk, who bats third in the Pirates' lineup, is a great leader on the team.

"He's a typical leader," Dear said. "He leads by example and is always positive. He's a very good player."

Dear also had high praise for Schneider, a talented right-hander.

"Matthew Schneider is a very good pitcher and as an 18 year old, he is also a very smart kid," said Dear, noting Schneider had three wins this season in his first four starts.

"He played university ball last year with the (University of Winnipeg) Wesmen. To get him on my team was great because his pitching is phenomenal. He's not necessarily the fastest but he has some unreal junk on his pitches. His curveball is one of the best that I've seen."

Four more players on the Pirates' 12-man roster reside in the Tri-S area. Derek Petrasko (Selkirk), Ryan Moroz (St. Andrews), Tristan Allen (St. An-

draws) and Brennan Cheasley (East Selkirk) are each very good ball players.

Moroz also plays on Manitoba's U17 team.

"They would be in the starting lineup anywhere," Dear said of the foursome.

And the local connections don't stop there. North Winnipeg's coaching staff is also made up of St. Andrews' Ray Moroz and West St. Paul's Sam Nocita.

This is a young Pirates' team — with just two 18 year olds — but they do have talent. Dear feels he has a very strong group of 17-year-old players this year and he noted that there is a nice crop of Bantam players that will be making the move up to Midget next season.

The Pirates were in fourth place in the league standing heading into this week's action. Dear expects his club to give the Winnipeg South Chiefs a good battle for the top spot by season's end. The Bonivital Black Sox are another solid team to contend with.

North Winnipeg hosted the St. James A's this past Tuesday but no score was available at press time. The Pirates will then host Bonivital tonight at 7 p.m. in Stonewall.

sports & recreation

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Warren's Anderson wins hockey scholarship



Hope Anderson

By Brian Bowman
Warren's Hope Anderson, who played this past season for the Stonewall Blues Midget female team, was a recent winner of the Canad Inns Scholarship.
Hockey Manitoba recognized 20 graduating student member athletes with scholarships for playing hockey during the 2014-2015 season.
Each scholarship recipient must be

a registered member and pursuing post-secondary education after graduation this year.
Traditionally, scholarships are announced at Hockey Manitoba's awards luncheon during the organization's annual meeting. However, this year's recipients will be acknowledged at their respective school's awards ceremony.
Each year, Hockey Manitoba awards over \$15,000 in scholarships to assist with post-secondary education costs.
Below is a list of the 2014-2015 scholarship recipients.

Scholarship	Recipient	Home Town	2014-2015 Team
George Allard Memorial Scholarship	Riley Poole	Oak Bluff	Sanford Sabres HS
Jack Forsyth Memorial Scholarship	Jake Coulter	Hamiota	Yellowhead Chiefs AAA
Orville Acres Memorial Scholarship	Tamara McVannel	MacGregor	Central Plains Capitals AAA
Nick Hill Memorial Scholarship	Brady Plett	Arden	Neepawa Tigers HS
Todd Davison Memorial Scholarship	Erin Schaworski	Rosburn	Hamiota Female Midget
Jerry Kruk Memorial Scholarship	Kate Friesen	Altona	Pembina Valley Hawks AAA
Trudy Galloway Memorial Bursary	Carley Jewell	Winnipeg	Winnipeg Avros AAA
Bill Addison Memorial Scholarship	Parker Melnyk	Russell	Major Pratt Trojans HS
Ralph Borger Memorial Scholarship	Jordyn Emerson	Gladstone	Neepawa Natives Female Midget
Bob Caldwell Scholarship	Sydney Urwin	Winnipeg	St. Vital Victorias
Abbie Coe Memorial Scholarship	Leandra Timmerman	Rathwell	Central Plains Capitals AAA
R.A. Sam Fabro Scholarship	Kantara Robertson	Treherne	Central Plains Capitals AAA
Ian Heather Scholarship	Tanner Bilocowski	Minnedosa	Minnedosa Chancellors HS
Sheldon Lanchbery Scholarship	Chantal Forbes	Rathwell	Treherne North Stars
Buck Matiowski Memorial Scholarship	Austin Hesselbart	Winnipeg	Shaftesbury Titans HS
Dr. W. F. Taylor Memorial Scholarship	Hayley Cathcart	Neepawa	Neepawa Natives Female Midget
Dianne Woods Memorial Scholarship	Jessica Campbell	Winnipeg	Shaftesbury Titans HS
Canad Inns Scholarship	Hope Anderson	Warren	Stonewall Blues Female Midget
Jim Stirling Memorial Scholarship	Thomas Livingstone	Winnipeg	Morse Place Eagles
Jim Stirling Memorial Scholarship	Kylee Schettler	Kleefeld	Eastman Selects AAA

First gold of the season Kickin' It for cash



TRIBUNE PHOTO BY ALANA FEHR
The Woodlands Woodticks U-14 fastball team defeated Heritage Hawks 16-7 in the gold-medal game of the Southdale tournament last weekend. Back row, left to right: Brenda Beauchamp (coach) Emily Fehr, Katherine McCowan, Hannah Friesen, Beth Ladyka, Alexie McKay, Hailey Friesen, Hope Hiebert, Kayleigh Furtado, Taina Millar, Brandi Beauchamp (coach); front: Mattea Jones, Kira Hatcher, Naomi Good, Sydney Buors and Atavia Ginter.



TRIBUNE PHOTO BY SYDNEY LOCKHART
Stonewall Collegiate's Human Rights group hosted another successful 'Kickin' It For Africa' soccer tournament last Friday at Cooke Field. Seventeen teams participated raising \$1,550 for their sister school Gwirindini Secondary School in Zimbabwe. The winning team, Megcity United, pictured from left, Randi Frost-Hunt, Carson Ouelette, Brett Sveinson, Alex Melsted, Ryler Tonner and Evan Loewen.

sports & recreation

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Local senior soccer teams earn wins

By Brian Bowman

Stonewall Impact FC improved its record to 3-1 this season after a 4-3 victory over the Friday Night Dingers in Manitoba Major Soccer League 3rd Division action last Friday in Stonewall.

The win came exactly a week after Stonewall Impact FC was edged 3-2 by Galacticos FC.

Stonewall Impact FC started its season 2-0 with wins over the King's Park Rangers (3-0) and Triumph (4-1).

The local team's next game is this Sunday against Valour FC. Game time is 7 p.m.

Stonewall Impact FC's next home game is June 14 (7:30 p.m.) against first-place Forza - WSP.

In Fifth Division action, Stonewall United FC is now 2-2 after a 2-1 win over Kilcona last Friday.

Stonewall United FC started their season with a 2-1 triumph over Fusion FC but then were defeated by the Hanover Sting (4-2) and United Nova FC (3-1).

Stonewall United FC's next game is this Saturday against Carmania in Carman. Game time is noon.



Brothers Dylan (left) and Tyler Andrade of the Stonewall Impact FC helped their team to a 4-3 victory over the Night Dingers Friday night at Cooke Field.



TRIBUNE PHOTOS BY LANA MEIER
Stonewall United FC's Amar Manning (right) races to the ball minutes before teammate Colin Ross scores the game winner to defeat Kilcona Friday night.

Lawrence named All-American Honourable mention

By Brian Bowman

Dickinson State University announced that senior Regan Lawrence has been named to the 2015 NAIA All-American Honourable Mention team.

The National Association of Intercollegiate Athletics announced the 2015 Softball All-America teams, selected by the NAIA All-America committee.

The Stonewall right-hander led the Blue Hawks to the 2015 NAIA Softball World Series recently in Sioux City,

IA.

In Lawrence's senior year on the mound, she posted an impressive 26-8 record with a 2.05 ERA, 189 strikeouts and 50 walks. She also batted .301 with 50 hits, 32 runs scored, 39 RBI and two home runs.

Lawrence finished her stellar pitching career at Dickinson State with a 67-25 record, 488 strikeouts and 2.52 ERA while throwing 597 innings.

As a hitter, she finished with a career

batting average of .307 with 116 hits, 30 doubles, two triples, four home runs and 70 RBI.

"I cannot say enough about Regan and what she has done for our program the last four years," said Blue Hawks' head coach Kristen Fleury on the school's website. "She is a very gifted athlete with a great understanding of the game. We will definitely miss her but she has shown what hard work and dedication can

do for an athlete."

Dickinson State saw their season come to an end after they were defeated by Mobile (AL) 2-1 in the NAIA Softball World Series.

The Blue Hawks finished their season with a 44-13 record while winning the NSAA Conference Softball Tournament and the Concordia (CA) NAIA Opening Round Tournament to advance to the NAIA World Series.



**Come out and support your
Stonewall Blue Jays**



2015

**Tuesday,
June 9**

Stonewall Blue Jays

vs.

Springfield Sr. Braves

7:00 pm

@ Braves Field

**Thursday,
June 11**

Stonewall Blue Jays

vs.

St. James As

7:30 pm

@ Fines Field

Rams bronzed in Boissevain at provincials

By Brian Bowman

The Stonewall Collegiate Rams had the flair for the dramatics at the MHSAA provincials in Boissevain last weekend.

And those dramatics brought home a bronze medal.

Stonewall trailed the Vincent Massey Vikings from Brandon 1-0 heading into the bottom of the seventh inning of their bronze-medal game, but the Rams roared back to score twice in their final at bat to win the contest.

"It was a very exciting finish," said Rams' co-coach Deanna Johnson. "We have a really young team so we went into the provincials ranked seventh and I think we surprised quite a few teams."

The Rams' pitching depth helped them immensely at the provincials. Amber Schneider earned the win in that bronze-medal game and was later named to the provincial all-star team.

Schneider is the complete package on the diamond.

"She has a lot of different pitches that she can throw and she throws hard," Johnson said. "She's tenacious and very competitive but she keeps her composure. She's a real competitor and out there to win. She is one of those players that you want in the game at all times."

The Rams Tatum Lindley was also named a provincial all-star.

Stonewall hit the ball well and played solid defence all weekend, said Johnson.



Amber Schneider (left) and Tatum Lindley were both named to the provincial all-star team.

"We were pretty impressed with them and proud of them for their performance," Johnson said.

Stonewall was relegated to the bronze-medal game after losing 13-2 to the Portage Collegiate Institute Saints. Portage proceeded to win the provincial title with a win over Steinbach in the championship game.

"They are a very strong team," Johnson noted. "I think they only lost one game all season and that was to Steinbach. They have strong pitching – one of their pitchers is on Team Manitoba. "There was no shame losing to them."

To reach the semifinals, Stonewall defeated Pilot Mound/Cartwright 5-2. Schneider earned the win on the mound.



TRIBUNE PHOTOS BY LORI PALMER

The SCI Rams fastpitch team brought home bronze medals from the MHSAA provincials in Boissevain last weekend. Pictured back row from left: Rebecca Brewster (coach), Kyra Shewchuk, Loren Proven, Jordan McInnis, Coral Williams, Bobbi Jo Warkentin, Ashton Wallack, Deanna Johnson (coach), front row, Nicole Thoresby, Breanna Mohr, Alycia Palmer, Brielle Cara, Tatum Lindley, Amber Schneider, Sarah Fines and Hannah Marshall.

The Rams finished their three-team pool play with a 1-1 record. Stonewall beat the Dauphin Clippers and lost to Steinbach. Kyra Shewchuk picked up the win for the Rams and was named Stonewall's game star.

"The girls played really strong," Johnson said, noting they played five-inning games in pool play. "We fared well against Steinbach but they're a very strong team as well."

Overall, this was a very good season for Rams' fastpitch. And Stonewall expects to be even better with just two players – Jordyn McInnes and Coral Williams - moving on due to graduation.

"We were very impressed with the girls," Johnson said. "They were a nice group and they have a lot of potential. We're looking forward to sticking with them for the next few years."

Youth soccer going strong in Stonewall

By Jo-Anne Procter

Stonewall Cooke Field is buzzing with budding soccer players and their coaches on any given night. This year Stonewall Youth Soccer (SYS) boasts 223 mini soccer players (aged 3 to 8 years) and 81 youth with six travel teams from U-9 to U-14.

SYS has 46 keen volunteer coaches including parents, former players and young players that all share their love of the sport which is key to running a successful soccer program.

Last Sunday, local soccer guru Chico (Victor Andrade) held a mini soccer coaches clinic and in the afternoon a player development clinic for approximately 20 U-9 to U-12 players.

Mini soccer is played on Mondays and Wednesdays from 6-7p.m.

On June 13 there will be a Soccer Jamboree tournament for the mini soccer teams.

For more information regarding the local soccer program www.stonewallyouthsoccer.com and to find game schedules for all ages including the two Stonewall senior men's teams.



TRIBUNE PHOTOS BY KRISTA EDKINS

Pictured second from right, Chico (Victor Andrade) spent last Sunday morning teaching a mini coach's clinic for a handful of volunteers.

Wildcats awesome at Zone 5 provincials

By Brian Bowman

The Warren Collegiate Wildcats were outstanding at the Zone 5 track and field championships – winning three of four banners – last week in Stonewall.

Warren won banners in the varsity girls, varsity boys and junior varsity categories.

“We did very well at zones,” said Wildcats longtime coach Rene Comeault during Tuesday afternoon’s practice. “The kids really exceeded expectations. There were some very, very good performances. We were quite happy with that.”

The Wildcats hope to continue that excellence at the MHSAA provincials at the University of Manitoba, beginning today and continuing through until Saturday.

Warren has 31 athletes who qualified to compete at the provincials. The Wildcats expect to be very competitive once again at the biggest – and most prestigious – track and field meet of the season.

“They have sent out the entry lists already where schools send their entries and they post their times,” Comeault explained. “And we have some kids that are seeded in the top five in several events. If they perform the way that they can, they can do well.”

Samantha Jamison is one of those Warren athletes that may surprise some people at provincials in the ju-



TRIBUNE PHOTO BY LISA MICHALESKI

The Warren Wildcats won the Zone V junior boys, senior boys and senior girls Track & Field Championship 2014-15 banners on May 26.

nior varsity shot put and discus. At the Zone 5 championships, she was first in the shot put with a throw of 9.69m and second in the discus (26.53m).

Her Wildcats’ teammate Faith Witt won the discus event with a solid throw of 27.22m.

Julie Sprague, meanwhile, is another good athlete headed to provincials. The Grade 11 student is doing very well in varsity girls’ shot put and the

discus. Sprague won the discus event at zones with a toss of 28.82m and was second in the shot put at 8.67m.

Warren’s 4x100 and 4x400 relay teams are also expected to perform well at provincials.

Warren had two school records broken at the Zone 5 championships. Josh Hofer broke Warren’s school record in the senior boys’ long jump, landing in the sand at a fantastic 6.15 metres.

“It was a pretty impressive jump,” Comeault said. “He came just 10 centimetres or so away from breaking a (Zone 5) record that has been around since 1966. I was really hoping for that one to go.” Another Josh broke a Warren record as Granberg was outstanding in the varsity boys’ triple jump. He leapt 12.64m, beating out Hofer (12.10m) and Stonewall Collegiate’s Ryan Humeniuk (11.65m).

Zone 5 Junior champs



TRIBUNE PHOTO BY OWEN NISHI

The Stonewall Rams won the Zone 5 Junior Girls Track & Field Championship 2014-15 banner on May 26.

High School Rodeo Finals kick off Friday

Staff

Dust off your favourite pair of jeans and grab your cowboy boots, the Manitoba High School Rodeo Association finals are riding into Selkirk.

Hosted by the St. Andrews and St. Clements Agricultural Society, the three-day event kicks off at 11 a.m. on Friday, June 5 through to Sunday, June 7 at the Selkirk Park rodeo grounds. Timed roping, racing and roughstock rodeo competitions for Manitoba’s junior and high school students will be held throughout the event, which begins at 11 a.m. all three days.

The finals will bring together roughly 90 competitors from across Manitoba along with hundreds of their family members and friends.

High School and Junior High rodeo action begins at 11 a.m. both Friday and Saturday with High School action only on Sunday beginning at 10 a.m.

Rodeo events will include bareback, saddle bronc, goat tying, tie down, ribbon roping, breakaway roping, steer wrestling, chutedogging, goat tying, barrel racing, pole bending, team roping and the crowd favourite bull riding. For more information, visit mhsra.ca.

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Winnipeg, MB*The trusted name in metal recycling***METAL RECYCLING**

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

AUTOSGuaranteed approval drive away today! We lend money to everyone. Fast approvals, best interest rates. Over 500 vehicles sale priced for immediate delivery OAC. 1-877-796-0514. www.yourapprovalonline.com**LANDSCAPING**

G & C Hauling - Ph. 204-955-5862 for free estimates and best rates guaranteed on: gravel, topsoil, fill, manure, and landscaping. Avail. for commercial hauling: 6 Tandem gravel trucks, one truck pulls a Quad wagon for max. weight. Bondable and senior discount 15%.

PROPERTY FOR SALE

Teulon – S.W. of town, 140 acres hay/bush/pasture. Great location & sheltered area to build your hobby farm. \$119,900. Ph 204-467-8537.

PROPERTY FOR SALE

Guntton – vacant residential building lots, various sizes, mobile homes permitted. Why rent when you can own your own property? Town sewer & water avail. \$69,900. Ph 204-467-8537.

Teulon – great family location next to park & daycare. Residential building lots with 80 ft. frontage. Survey avail. \$39,900. Ph 204-467-8537.

**HOUSES FOR SALE**

23 Poplar Bay, Stonewall. 1386 sq. ft. 3 bdrm. 2 bath. bungalow with double attached heated & insulated garage. Main floor laundry, partially finished basement, newer energy efficient furnace, sunroom, C/A, C/V, alarm system, in ground sprinkler. Recently re-shingled. Asking \$349,900. Call 204-467-9923 or 204-791-0072.

CONDO FOR SALE

Newly renovated, approx. 1,025 sq. ft. 2 bdrm., 1 bath, on 2nd floor. In-suite laundry. All appliances included. New hot water tank. Condo fees \$170/month. Asking \$199,900. Contact 204-461-2800 for inquiries.

MOBILE HOMES6 new 16 x 80, 3 bed, 2 bath. starting at \$83,000; 1 new 16 x 68, 2 bed, 1 bath, starting at \$72,000. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net**STEEL BUILDINGS**Steel buildings... "Our Big 35th Anniversary Sale!" 20X20 \$4500. 25X24 \$5198. 32X36 \$8427. 40X46 \$12140. One end wall included. Pioneer Steel 1-800-668-5422 www.pioneersteel.ca**BUILDING SUPPLIES**Metal roofing and siding sale!! We stock metal for house and cabin roofs, roofing and siding for barns & sheds, Millends for out buildings shelters. SIG' S STEEL 204-762-5030 www.sigssteel.com**GARAGE SALE**

Moving sale – Teulon. Friday, June 5 at 7 p.m.; Sat., June 6 from 9-3; Sunday, June 7 from 11-3. Indoors, ½ mile w. on 415 & #7 or end of Main St. & 415. House & 10 acres.

HELP WANTED

Help Wanted - Personal care attendant required for a young adult female for care in our home in Grosse Isle. HCA certificate/Rehab Aide experience an asset, must have valid driver's license. Call 204-461-2150, after 5 p.m. for information.

take a break > GAMES

SUDOKU

	3	7	5		1	2		
4				8				
	1				3			
5								
8	6	2					4	
				3		9		
							5	9
3			9		8			
6						7		4

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	8	7	2	9	1	6	8	9
2	1	9	8	7	6	9	4	8
6	9	8	7	9	8	1	2	7
9	2	6	9	8	8	7	7	1
8	7	9	6	1	7	2	9	8
7	8	1	9	2	7	8	6	9
9	7	7	8	6	9	8	1	2
1	6	8	7	8	2	9	9	7
8	9	2	1	7	9	7	8	6

Sudoku Answer

S	T	R	E	S	S	D	E	F	V	A	L
E	W	O	M	E	S	E	C	I	P	S	T
D	E	S	O	W	M	L	E	H	E	E	U
I	G	V	N	T	E	V	T	P	E	S	S
O	R	E	C	H	S	K	I	V	B	S	S
N	I	B	D	V	A	O	I	L	A	I	S
U	V	D	G				B	V	L	V	
T	S		N	V					S	E	S
S	E		V					C	A	B	I
E	G									D	V
O	L										
V	A										
S	E										
N	O										
H	I										
S	E										
V	A										
R	O										
H	I										
S	E										
N	O										
I	H										
V	A										

Crossword Answer

X CROSSWORD

CLUES ACROSS

1. S.W. gully
7. Japanese polytheism
13. N.H. Academy and town
14. Most aired
16. Prosecuting officer
17. Badger State
19. Atomic #24
20. Moose genus
22. Possessed
23. Make a smooth transition
25. Thug (slang)
26. Locations or places
28. Rivulet
29. The self
30. Not good
31. Obstruct
33. Decalitre
34. Space for sitting
36. Taxi
38. 7th tone
39. Ethiopian lake
41. Tears down
43. Gold
44. Angle (abbr.)
46. Semitic fertility god
47. Beak
49. Digital audiotape
51. Small child
52. 4th caliph of Islam
55. 4840 square yards
57. Devious trick (Yiddish)
59. Overgarments
60. Large creature
62. Ingest
63. Nuisances
64. —, denotes past
65. Wine waiter
68. I, Portuguese
69. Compunction
71. Overshadow
73. Emphasize
74. An unsuccessful ending

CLUES DOWN

1. Something comparable
2. Rural delivery

	1	2	3	4	5	6		7	8	9	10	11	12	
13								14						15
16			17					18						19
20		21				22				23		24		
25						26			27		28			
29					30			31		32		33		
34	35							36		37		38		
39	40									41		42		
43			44		45				46					
47		48		49		50		51				52	53	54
55			56		57		58					59		
60				61		62				63				
64			65		66				67				68	
69		70							71				72	
73									74					

3. "Laugh-In" co-host Dan
4. Sheep genus
5. Affirmative
6. Vanilla's flower family
7. In a way, made smoother
8. Belong to he
9. Greek rainbow goddess
10. S.F. football team player
11. Atomic #52
12. Kiss
13. Proverb
15. Lattice support
18. Cereal grass
21. Rome, GA river
24. Disease of cattle
26. Seated
27. A baglike structure in a plant or animal
30. Blatted
32. Murdered in his bathtub
35. Finish
37. Sheep sound

39. Scarlett songbird
40. Kills oneself
42. Broad, flat pieces of stone
45. Auto fuel
46. Derek __, X Harvard Pres.
48. Woman's undergarment
50. Topics of discourse
51. Belonging to the peerage
53. Most recent
54. Point of debate
56. Ostend artist James Sydney
58. Phonograph inventor's initials
59. Eagle's nest
61. Ripped a fabric
63. Lucre
66. Manuscripts (abbr.)
67. Frozen water
70. 41st state
72. Keystone state

Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Call 204-467-5836

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email igrphic@mts.net

Stonewall Teulon
Tribune

HELP WANTED

Stonewall Veterinary Clinic requires a mature, responsible individual to join our veterinary team. Position available full time, week days and weekends are required. Duties involve reception, Veterinary Technician assistance and clinic maintenance. Previous veterinary experience is an asset. Interested applicants only, submit resumes to: Email: mgmt.stonvet@mymts.net attention: Stacey Klippenstein. Mail: Stacey Klippenstein, Office Manager, Stonewall Veterinary Clinic, Box 1010, Stonewall, MB R0C 2Z0. Applications accepted from June 1 until June 10th. Candidates will be contacted for an interview.

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

HELP WANTED

Woodlands Child-care is now accepting applications for full-time Early Childhood Educators II/III's, Child Care Assistants and substitutes! Woodlands Childcare is a brand new facility located in the town of Woodlands. We are looking for individuals who are enthusiastic, motivated, flexible, nurturing, fun-loving and creative. They must enjoy working with others and have a passion for working with children. Anticipated opening date is July 2015. Please send cover letter and resumes to woodlandschildcare@gmail.com by June 15th, 2015.

Cleaning lady req'd for home in Grosse Isle. Ph 204-619-2901.

Looking for honest, mature, reliable and experienced individual to help with exterior renovations including windows, doors and siding. Must be able to work well with others. Starting immediately. Call Stonewall Glass 204-467-8929.

HELP WANTED

St. Laurent Legion is looking for a bookkeeper. Must be able to keep good books, do deposits and payroll. If interested please forward a resume/application to skeam@xplornet.ca or drop off at the legion. Or for more info. you may call Sherry at 204-383-5297. Qualified applicants will be called in for interview.

Dynamic Fluid Power is seeking Parts Sales and Hydraulic Techs. Experience an asset. Great benefits package. Visit www.dynamicmachinecorp.com and send resume to HR@DMCORG.CA or fax (204)982-4933

BUSINESS OPPORTUNITY

Successful weekly community newspaper, central Alberta. Excellent web marketing presence. 27,000 circulation. Owner approaching retirement. If you are serious about wanting to own your own newspaper contact Joyce, 403-575-0090. Email: jweb1@xplornet.com.

BUSINESS OPPORTUNITY

High cash producing vending machines. \$1.00 vend = .70 profit. All on location in your area. Selling due to illness. Full details call now 1-866-668-6629 Website WWW.TCVEND.COM



McSherry Auction Service Ltd

EQUIPMENT CONSIGNMENT
June 21 10:00 a.m.

Stonewall, MB
#12 Patterson Drive
Tractors, Equip, Vehicles, Trailers, Yard & Recreation, Farm Misc, Tools. Book in your items now!
Stuart McSherry
McSherry Auction Service Ltd.
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com
mcsherry@mymts.net

McSherry Auction Service Ltd

AUCTION SALE
LLOYD & HELGA
SAMPSON

Sunday June 7th, 11:00 a.m.

Dugald, MB
East 6 Miles on Hwy 15
then South
1/2 Mile on Millbrook Rd.
Contact: (204) 999-9721

Building Com Steel Framed Metal Building 60' x 100' x 16' w 30' x 30' Addition 12' x 16' OH Doors **TO BE MOVED** Tractors Int B 275 Dsl, 3PH, 2189 Hrs * MF 90 Dsl 1280 Hrs. * MF 135 3PH, 6841 Hrs. * Ford 9N 3PH * JD 850 Dsl. MFWA Cab 3PH w JD FEL1660 Hrs. * Case IH 495 3PH 840 Hrs. * Vehicle Trailers 98 Dodge Cummins Dsl. 4 x 4 3/4 Ton * 82 Ford 1 Ton Dually w B & H * 61 Sunbeam Alpica * 14' Flat Deck Trailer * Trailer w Box 12' * Equip Farm King * McKee * 3 PH * A.C. * Spring Tooth * Yard 94 Yamaha Phaser II 485 Exc. Cond * Ryan Com. 30" Airiator * Along w more Equip * Tools * Acreage * Misc * Building Supply * Some Household * Antiques *

Stuart McSherry
Stonewall, Manitoba
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

NEWS TIPS Call 467-5836

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MOVING & ESTATE

Wed June 10 @ 4:00 pm

Stonewall, MB
#12 Patterson Drive
Yard Items, Tools, Antiques, Household, Always Lots of Exciting Items!
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western sales

Rosetown, Saskatchewan

Required Immediately

Class 1A Trucker

Minimum 3 years experience.
Clean drivers abstract.

Email: careers@westernsales.ca

or fax to the attention of: Rome 1 306 882 3389

Only qualified applicants will be contacted.

McSherry Auction Service Ltd

AUCTION SALE
ESTATE OF HARRY BEJZYK

Saturday June 13 @ 10:00 am

Teulon, MB
Jct 229 & Hwy #7, South on 7, 1 1/4 Miles
Contact: Viewing by Appointment
(204) 886-3936

Tractors Ford NH S 110 MFWA Cab FEL 8249 Hrs. * Deutz Dx110 Cab 540/1000 Dual hyd 5872 hrs * Int 384 dsl 3PH Dual hyd 540 PTO w/ Buhler / Allied 395 FEL 1298 hrs, Exc Cond * Farmall A Gas PTO Pulley * Livestock Equip NH 675 Tandem Manure Spreader * 6) 25' Self Standing Panels * 6) 25 Self Standing w/ Windbreak * 25) 10' Corral Panels * 6) RD Bale Feeders * 4) Metal Bunk Feeders * Cattle Oilers * Cattle Head Gate * Medi Equip * Burdizzors * Haying Equip Hesston 1265 hyd Swing Mower Cond* Hesston 565 T RD Baler * Highline 1400 Auto Bale Wagon *Vers 20' P Type Swather * Citrix MX12 V Rake * Vicon 6 Wheel Hay Rake * NH Side Delivery Rake * NH 270 Square Baler * Vers 580 Sprayer * 4 Wheel 200 bus Hopper Trailer * Westfield 7" 26' Auger * 2) Fertilizer Tandem Spreaders * Allied Manual Bale Stooker * 3PH Equipment & Yard 7' Cult * 350 Gal Poly Tank * Simplicity Z Turn Frt Mt 23 HP R Mower * Honda 200 m 3 Wheeler * GUNS Savage, 340, BA, Cal 223 Rem *Cooey, Model 84, 16 ga, Cooey, Model 39, 22, * Browning BA, 270 Win * Various Ammo *Vehicles & Campers Polaris 500 Sportmans Quad * 02 Dodge 2500 dsl 4x4 Ext Cab 315,000 km, Sft * 08 GMC Sierra 4x4 Z71 Quad Cab 288,000 km, Sft * 00 Dodge 3500 Leisure Travel Van A/C, Fully Loaded, 197,000 km, Sft, Subject to Owners Approval * 93 GMC 1500 Ext Cab w/ * 88 Lincoln 4D * Tools Lincoln 225 Welder * Booster / Charger * Power Tools * Hand Tools * Shop Supply * Tool Cabinet * Misc 24) Alalfa Square Bales * Fuel Slip Tanks * Sec Scaffolding * Treated Fence Posts * Barb Wire * Farm Misc * Lumber * Binder Twine * Antiques: Gorgeous Restored Wood Heater * Dressers * High Chair * Treadle Sewing Machine * Trunk * Carpenter Bench * Plant JR Seeder * Cream Cans * Galv Tubs * Hand Water Pump * Hse Scraper * Some Household

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www.mcsherryauction.com

McSherry Auction Service Ltd

AUCTION SALE
WAYNE SPAKOWSKI

Saturday June 6 @ 10:00 am

Komarno, MB
North 4 Miles on Hwy #7
Then East 2 Miles on Rd 106 Then 1/4 North
Contact: (204) 643-5182 or (204) 206-0120

Tractors: J.D. 4020 Dsl Cab 540/1000 Hyd w J.D. FEL 8051 Hrs * J.D. 3010 Dsl 3PH 540 Hyd w J.D. FEL 5104 Hrs * J.D. 301A Dsl H.L. 540 Hyd w Allied 580 FEL 4536 Hrs * Ford 8 N 3PH * J.D. 3010 Dsl NR- Parts * Equip: 2) N.H. 489 9' Haybine * New Idea 486 RD Baler Elec. Auto Tie * J.D. 38 7' Semi Mt. Mower * J.D. 37 9' Trailer Mower * J.D. 11 9' Trailer Mower * H.M. 28' Dump Rake * M.F. 124 Square Baler * 3PH 3 Wheel Rake * 1000 gal Water Trailer * Farm King 7 Ton 4 Wheel Trailer * J.D. 16' Tandem Disc * Int 645 18' Cult * Case 7' Breaking Disc * 15' Crowfoot Packer * 3PH Rock Pull * MF 3PH 2B Plow * 3PH 7' Cult * Coop 15' Oneway Discer * Hang Up Harrows * Livestock Equip: 87 W.W. 16' Stock Trailer * New Roller Mill * 25) 10' Metal Corral Panels * 6) Metal RD Bale Feeders * 4) Metal Creep Feeders * 2) Calf Shelters * Vehicles* Recreation and Yard * Misc & Tools * Antiques * 22 Guns *

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AUCTION SALE
EUGENE SYROTIUK

Sunday June 14 @ 10:00 am

Moosehorn, MB
#14 Government Rd
Contact: (204) 768-2479

Tractor & Storage 87 Fruehauf 53' Frt Trailer w/ Side Door * Ford TE 20 Gas 3PH * Recreation Yamaha Kodiak 400 cc 4x4, 3700 kms * 16' BH Camper * Utility Trailer w/ Slide in Camper * 20' Fiberglass Fishing Yawl * Johnson 25 HP Outboard * Fishing & Camping Items * Decoys * Winchester, Model 1892, LA, Cal 44-40 *Savage BA, Cal 22 * Left Hand Compound Bow * Misc 3PH Bale Forks * Fire Hose * Chain Link Posts * Various Power & Hand Tools * Shop Supply * Craftsman 8HP Snowblowers * Weedeater * Antiques 60s Huski 500 w/ Sleigh * Windmill, tower & Aireator * Fairbanks Stationery Engines * 1) 8 HP * 7 HP Stationery Engine * 3) Int Stationery Engines * Magnetos * Anvil * Steel Wheels * Buffalo Skulls * Wood Cook Stove * Dresser * Table * K Cupboard * Trunk * Lamps * Crocks * Place Setting * Medi Lift Recliner * Various Household Effects * Restaurant Equip Baker Table * Hobart 20 Quart Dough Mixer * Com Grill * Moffat Steamer * "Superior" Potato Peeler * Stainless Steel Pails *

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REQUIREMENTS:

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- We will inspect older equip.
- Clean driver's abstract/CVOR/FAST Card
- Min. 2 years cross border exp.

ALSO LOOKING FOR COMPANY HIGHWAY DRIVERS
\$.514 cents per mile or on average \$1100 per week take home.

APPLY TO: recruiting@rosedale.ca
OR CALL TOLL-FREE: 1-855-721-3962 For More Details



THE RURAL MUNICIPALITY OF ROCKWOOD
PUBLIC NOTICE

"OPEN HOUSE – MEET YOUR ASSESSOR"

Meet an Assessor to discuss your assessments regarding:

2016 PROPERTY RE-ASSESSMENT at the "OPEN HOUSE":

Tuesday, June 9, 2015
3:00 p.m. – 8:00 p.m.

R.M. of Rockwood Council Chambers
285 Main Street, Stonewall MB

Council,
R.M. of Rockwood

PRIME BUILDING LOTS

Thunder Hill Estates - Stonewall From \$109,900 Plus GST

Financing Available
Choose Your Builder...
Option To Custom Build For You

For Further information:
Call: Neil @ 204-793-6600
Email: ndueck@quadee.com

Generating bright futures

Power Line Technician Training Program

We have opportunities in our Power Line Technician Training Program. Power Line Technicians construct, maintain and repair electrical power transmission and distribution systems. You will participate in a four year apprenticeship program that includes on-the-job training and 10 weeks of competency-based trade schools.

To be considered, you will be a high school graduate with the following credits: Mathematics 40S (Applied or Pre-Calculus), Physics 30S and English 40.

Aboriginal Line Trades Pre-Placement Training Program

Aboriginal candidates who do not currently meet all the above qualifications may be interested in our six month Aboriginal Line Trades Pre-Placement Training Program. Selected candidates will receive on-the-job training and academic upgrading to meet the minimum requirements to compete for a position in the Power Line Technician Training Program.

To be considered, you will be a high school graduate with at least **one** of the following credits: Mathematics 40S (Applied or Pre-Calculus), Physics 30S or English 40. Proof of Aboriginal Ancestry is also required.

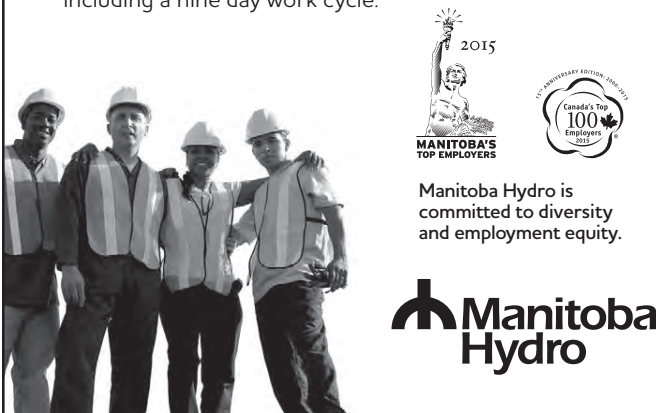
Applications for both the Power Line Technician and Aboriginal Line Trades Pre-Placement Programs **must** include a personal résumé and a complete transcript of marks (high school and any post secondary). **Only complete applications will be considered.**

Visit our website at www.hydro.mb.ca/careers to apply online. If you are unable to access a computer, please call our Employment Line at 1-204-360-7282 or 1-800-565-5200.

The deadline for applications is **June 17, 2015.**

We thank you for your interest and will contact you if you are selected for an interview.

Manitoba Hydro offers a competitive salary and benefits package and working conditions that provide for a balanced approach to work, family life and community, including a nine day work cycle.



Announcements

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HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

POTATOES FOR SALE

Red, Yellow & Russett potatoes for sale. Sunflower seeds, wild bird seed & deer feed. Call 204-886-2676 Interlake Potato Farm.

LIVESTOCK

Charolais yearling bulls for sale. Red factor or white. Good prices. Good birth weights. Call John at 204-383-0308.



ANNOUNCEMENTS

CARD OF THANKS

The Ladies Auxiliary, Adult Day Program and Rosewood Lodge Recreation department would like to give a big thank you to all their friends for the many cookies, donations, the help they gave for the book set-up and for the continued support they give. Thank you everyone who bought books, pies and cookies, you all helped make our sale a huge success.

-Thanks again from,
Ladies Auxiliary, Rosewood Lodge Recreation and Adult Day Program

ANNOUNCEMENTS

CARD OF THANKS



We want to extend our thanks to everyone who have graciously donated to our family in one way or another. It is amazing how small communities come together in difficult situations and make families feel as though they have extended families always looking out for them. Also a big thank you to Amy Freeman for everything she does for us.

-Rick, Deanna, Riley, Tanner and Kaylee Atchison-Heaps

Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Call 467-5836

Vacant Land for Sale



\$84,900⁰⁰

- Approximately 1 acre pie shaped lot adjacent to new sub-division in Warren
- Well treed along perimeter on 3 sides
- 20 minutes to Winnipeg
- Fully serviced lot

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Realty Ltd.



THE RURAL MUNICIPALITY OF ROCKWOOD EMPLOYMENT OPPORTUNITY

OFFICE CLERK

The Rural Municipality of Rockwood is seeking applications from qualified individuals for a permanent full-time position of Office Clerk.

Wage will commensurate with qualification and experience. Annual wage range is \$30,420 to \$39,639. Excellent Employee Benefits package.

The preferred Applicant will have strong administrative skills and the ability to positively interact with the public, staff and Council. Applicants must be familiar with computer - Word and Excel programs.

A complete job description may be obtained on the R.M. of Rockwood website at www.rockwood.ca or by email at info@rockwood.ca.

Applications should be marked "Application for Office Clerk Employment" and should contain a full resume with three references.

**Forward applications, no later than
4:00 p.m. on Thursday, June 11, 2015, to:**

Attention: Chris Luellman, CAO
The Rural Municipality of Rockwood
285 Main Street, Box 902, Stonewall MB ROC 2Z0
Telephone No. 204-467-2272
Fax No. 204-467-5329
E-mail Address: info@rockwood.ca

*Thank you to all Applicants for your interest, however,
only candidates selected for interviews will be contacted.*

Chris Luellman, CAO
The Rural Municipality of Rockwood

Announcements

Book Your Classified Ad Today - Call 467-5836 or Email igrphic@mts.net

Stonewall Teulon
Tribune

ANNOUNCEMENTS

ENGAGEMENT



We are pleased to announce the engagement of our children Derek Peters and Kaitlyn Braden. A social in honour of the two will be held on June 6th, 2015 with their wedding to follow in October, 2015.

-With much love
from your families

ANNOUNCEMENTS

BIRTH ANNOUNCEMENT



Margaret Kentner and Hennie Van Gerwen are happy to announce the birth of their great-grandson, Logan Robert, on March 11, 2015.

ANNOUNCEMENTS

BIRTH ANNOUNCEMENT



Big brother Charlie and big sister Molly are thrilled to welcome their little brother Blake Robert Alan Beachell on March 3, 2015 weighing 7 lbs, 14 ounces and 21 1/2 inches. Proud parents Scott and Jessica of Stonewall, grandparents, Jim and Arla Beachell of Rosser and Wayne and Faye White of Melita. Proud great-grandparents Alan Beachell of Rosser and Bernice Thompson of Deloraine.

ANNOUNCEMENTS

IN MEMORIAM

Larry Strauss
April 17, 1964 – June 6, 2014

When tomorrow starts without me,
Don't think we're far apart;
For every time you think of me,
I'm right here, in your heart.
If tears could build a stairway,
And memories were a lane;
We would walk right up to heaven,
And bring you back again.
Missing you every day.

-Your family

ANNOUNCEMENTS

IN MEMORIAM



Georgette Proctor

September 26, 1930 – June 5, 2014

If roses grow in heaven,
Lord please pick a bunch for me;
Place them in my Mother's arms,
And tell her they're from me.
Tell her I love and miss her,
And when she turns to smile;
Place a kiss upon her cheek,
And hold her for a while.
Because remembering her is easy,
I do it every day;
But there's an ache within my heart,
That will never go away.

-Lovingly remembered by
your family

Book Your Classified Ads & Announcements Today

Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Call 204-467-5836 or Email igrphic@mts.net



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