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## Boulevard birthday

Six-year-old Joselynn and her little sister Jasmine were excited to watch the drive-by parade in honour of Joselynn's birthday Saturday afternoon.

TRIBUNE PHOTO BY LANA MEIER

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# Local greenhouse goes up in flames last weekend



With the help of family and friends a temporary retail space has been set up in the front yard.

By Jo-Anne Procter

It is going to take more than a fire to stop the Shellekens family from beautifying yards in the community and beyond.

Early last Sunday at around 3:30 a.m. the family run greenhouse, Whispering Oaks located east of Warren went up in flames.

Greenhouse owner and RM of Woodlands Reeve, Lori Shellekens told the *Tribune* that her son Ben noticed the flames in the yard first. The family called 9-1-1 and then jumped into action with water hoses and quickly began hauling everything

they possibly could out the of the burning structures before the RM of Woodlands volunteer fire department arrived.

Shellekens said that the main greenhouse, grow room and work greenhouse are a complete loss, while three remaining greenhouses are damaged but repairable. She estimates close to \$10,000 worth of product was destroyed in the fire.

“Thank goodness everyone is okay,” she said. “There is always someone out there worse off than us.”

With the help of family, friends and community members, the product that was rescued has been temporarily set up in their front yard to sell.

“Our communities rock, not only the RM of Woodlands but so many people from all over. One man even came from St. Anne to pitch in and help,” Shellekens said.

Woodlands Fire Department’s deputy fire chief, Debbie Buchanan told the *Tribune* that 12 fire personnel attended the blaze that took approximately three and a half hours to ex-



Whispering Oaks greenhouses were engulfed in flames early Sunday morning.



TRIBUNE PHOTOS SUBMITTED

A fire tore through Whispering Oaks Greenhouse east of Warren early Sunday morning destroying virtually everything in three of them.

tinguish.

Shellekens believes the cause of the fire was electrical and caused approximately \$90,000 in damages. The greenhouse was not insured.

“We are like the Timex watch, we just keep on ticking,” said Schellekens.

The family plans to start rebuilding immediately.

“We will take the summer to rebuild, revamp, and clean up is already happening.

A gofundme page has been set up

by Wayne Shellekens with a fundraising goal of \$37,000.

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# Six-year-old celebrates with drive-up birthday parade



The sound of horns blaring could be heard as Joselynn Felske's family gathered in front of their home in Stonewall last Saturday. But it wasn't a traffic jam, it was a birthday parade for Joselynn who turned six years old. Unfortunately because of COVID restrictions Joselynn was unable to host a party but she was very excited to see her friends and family. Even her four-legged friend Doc made a surprise visit to deliver her a gift. Joselynn had a cookie to give to each of her guests for attending.

TRIBUNE PHOTOS BY LANA MEIER

## Rosser council news in brief this week

By Jennifer McFee

- At the May 25 meeting, Rosser council agreed to extend the timeline for connections to water and sewer lines in local improvement Area 2 to Nov. 1, 2022. The RM had constructed water and sewer lines in the previously developed area south of Farmer Road, north of the CPR Rail line, west of Brookside Boulevard and east of the west line of lots on Wheatfield Drive. To meet bylaw requirements, those properties need to connect to the wastewater system within two years from when the common sewer is constructed next to the property. Every owner in the

area has 24 months to install all water service pipes, including connections. Property owners have requested an extension, and council recognized that the pandemic has slowed work and impacted owners' ability to meet the time limits.

- Council also agreed to allow clean fill from the paving construction of Farmer Road to be placed in the RM of Rosser quarry lands across from Little Mountain Park.

- The RM of Rosser will participate as part of the Winnipeg Metro Region as a title sponsor for the STARS radiothon for a maximum amount of \$1,000.

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Permits help ensure that buildings and structures meet the *Manitoba Building Code*, which in turn increases the level of safety for everyone.

If you are unsure whether your project requires a permit or not, or if you have any questions, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information is also available on our website: [www.sipd.ca](http://www.sipd.ca)

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# STOP



Find out more at [localvoices.ca](http://localvoices.ca) and contact your MLA with your ideas on Bill 64 because **YOUR VOICE MATTERS.**

# ISD Townhall highlights many questions surrounding education overhaul

By Tyler Searle

More than 100 teachers, parents, and community members attended the Interlake School Division's (ISD) virtual town hall meeting regarding Bill 64 on May 27.

Bill 64, also known as The Education Modernization Act, is a piece of Conservative legislation that seeks to eliminate Manitoba's 37 English school boards and dissolve the current school division structure.

If Bill 64 passes, the province will combine public school divisions into larger regional areas. The ISD will merge with the Lord Selkirk School Division, and a provincially elected body will oversee all 6,924 students in the new region.

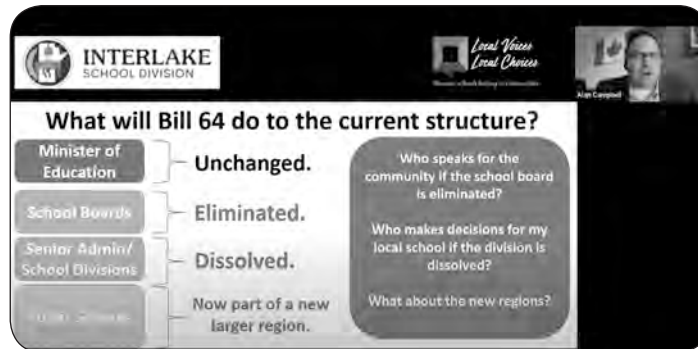
The Conservatives cite recommendations from the Commission on Kindergarten to Grade 12 Education and lessons learned from the COVID-19 pandemic as influencing factors in the decision to reconstruct the provincial education system.

While the K to 12 review did suggest the amalgamation of school divisions, it did not include the complete abolishment of school boards, senior administrators, and locally elected community representatives, said ISD Board Chairperson and President of the Manitoba School Boards (MSB) Association Alan Campbell.

"In other provinces, all that the school boards are talking about right now with government is planning for the fall," he said.

"In Manitoba, just as we were going to start the post-pandemic planning, the government announced they wanted to eliminate their partner. Like, to what end? It's complete lunacy."

The province released the Better Education Starts Today



TRIBUNE PHOTO BY TYLER SEARLE

If Bill 64 passes, it will eliminate school boards, dissolve senior administrative positions, and combine current school division into larger regions. The Conservative government estimates that Bill 64 will save \$40 million in administrative costs.

report to detail its reform plans. The report states the new system will give students and parents more representation, improve learning outcomes, and be more cost-efficient.

Campbell was the primary host during the ISD town hall. He provided an informational presentation detailing Bill 64 and fielded questions from attendees who expressed concern about how the changes may affect student resources and representation.

Many unknowns surround the legislation, and Manitobans are justified in their concerns, Campbell said.

Campbell disputed many of the Conservative rationales behind the proposed bill, including the idea that eliminating school boards will improve student learning outcomes and save money.

"The government is incapable of providing that evidence because it doesn't exist," he said.

Nova Scotia implemented a similar restructuring of its

education system in 2018, but Scotian officials have not released an update detailing the effects.

The Tories estimate Bill 64 will save up to \$40 million in tax dollars.

"I think it's really important to contextualize that \$40 million amounts to less than \$200 per student," Campbell said.

Under the current system, school boards account for only a half-cent of every dollar spent, he added.

The bill is still far from being a reality.

In November, the bill will undergo its second of three readings in the legislature, and it will still require royal assent before it becomes law, Campbell said.

The MSB has created a template email for those in opposition of Bill 64 at <https://www.mbschoolboards.ca/documents/Advocacy/LocalVoices-Template.pdf>

Campbell encourages people to direct questions or concerns to local MLA Ralph Eichler. His phone number and email are publicly available online.

A recording of the town hall is available on the ISD website and community members who wish to publicly oppose Bill 64 can request a lawn sign by emailing [isd@isd21.mb.ca](mailto:isd@isd21.mb.ca)

## Now accepting applications for Local Health Involvement Group (LHIG) volunteers!



LHIGs provide an opportunity to have a voice in topics related to the delivery of health care services in our region. When we work together, we can better ensure that health care reflects the needs of residents.

We welcome people of all ages and backgrounds to volunteer, and we look forward to having you contribute to meaningful conversations that can help to shape health care in your community!

For more information or if you would like to join a LHIG, contact Pamela McCallum, executive director of Interlake Eastern Health Foundation at [pmccallum@ierha.ca](mailto:pmccallum@ierha.ca) or 204-785-7044.



Interlake-Eastern  
Regional Health Authority

## Warren residents discuss in town off-road vehicles disturbances

By Nicole Brownlee

Warren community members hope to reach a communal compromise to ensure all vehicle use is respectful within the neighbourhood.

Several members have posted on the community's Facebook page debating over the use of off-road vehicles. Some members are concerned about the safety of the drivers, who are often youths, others want noise regulation and closer monitoring to ensure all riders are respectful.

The RM of Woodlands planned to discuss Warren's increasing concerns in a council meeting on May 25.

"We have had a problem with this all along," said Lori Schellekens, reeve of the RM of Woodlands. "We had two letters of concern that had come to the RM."

The council meeting "ballooned into" an informal open discussion about off-road vehicle use after community members expressed they wanted to attend the meeting, said Schellekens.

To accommodate the 16 people who registered for the meeting to comment on the issue, the council moved the

event to the Warren Hall on Tuesday evening to promote social distancing.

"The only thing the RM can do is put a bylaw in, hire a bylaw officer and basically state that there are no off-road vehicles allowed in the town," said Schellekens. "Do we want to do that? Absolutely not."

RCMP officials told the council in a previous meeting that respectful off-road vehicle use is a community problem, said Schellekens. However, if people are riding unsafely, it needs to be reported to the RCMP.

"The kids are what we're more worried about because they're the ones that are more vulnerable to get hurt," said Schellekens.

"We just need people on these things to, you know, respect the fact that at 11:30 at night, you shouldn't be ripping downtown, waking every child and person up."

A group of community members is planning to look for nearby places off-road vehicles can ride, said Schellekens.

"At the end of the day, it was a productive meeting," she added.

Rachel Hamilton said she felt the meeting was disorganized and often



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# Deadline to save Gunton Post Office quickly approaching

By Nicole Brownlee

Access to Gunton's post office is on a ticking clock, but community members hope to save the neighbourhood's convenient service.

The post office is attached to a home on Mary Ave. and was previously run by the homeowner. The home was recently sold, and the new owners have not elected to operate the post office, which was rented by Canada Post.

The RM of Rockwood approached the matter in council on May 12 but did not comment in time for publication.

Terry Hartle, councillor for Gunton, alerted the 110-home-community on May 15 through Facebook that the Gunton Post Office cannot operate in its current location.

Hartle explained in the post that there are three options for the service: amalgamating with a larger centre like Teulon, acquiring an alternate location or installing community mailboxes.

The community recently learned the deadline to find a place for the post office is at the end of June, said Amy Rasmussen Waluk, who has joined with fellow community member, Lena Robertson to raise funds for a new location.

"This is, kind of, an urgent situation, so we're hoping to get the word out there," said Rasmussen Waluk. "It's really the only business in our community."

Losing the post office would also mean losing a community meeting place.

"It would be a daily outing for a lot of people to come get their mail and visit with one another," said Rasmussen Waluk.

They're aiming to raise \$20,000 to acquire something similar to an Atco trailer to act as a new post office, said Rasmussen Waluk. So far, they've collected individual donations, but they are also planning to organize a remote fundraiser.

"It's an amazing community where people always pull together to make things happen, so I really hope that with enough awareness that we can pull together and keep our post office in our community," said Rasmussen Waluk.

Lynne Sutton, who has lived in Gunton for 16 years, said losing the post office would be a "crushing blow" to the community.

"We're a good, close-knit community. A lot of us know each other... and we're a family," said Sutton. "We need



TRIBUNE PHOTO SUBMITTED

Amy Rasmussen Waluk (left) and Lena Robertson aim to raise \$20,000 for a new post office location to keep the mail service in their community.

to keep that cohesiveness together."

Sutton added that because of the COVID-19 pandemic, more people are shopping online. Without a post office in the community, they could have to drive to another town to pick up parcels.

"I like the idea of not having to go

any further than my post office to pick up a new t-shirt," said Sutton.

To donate, contact Amy Rasmussen Waluk at 204-404-7222 or walukamy@gmail.com, or Lena Robertson at 204-461-1623 or lena\_robertson@mymts.net.

## Bell expands Canada's fastest-ranked and most-awarded 5G wireless network in Manitoba

Submitted by Bell

Last week, Bell announced the latest expansion of Canada's fastest-ranked 5G wireless network to more Manitoba communities, delivering next-generation wireless connections to drive innovation and unleash new economic opportunities across the province.

Now available in St. Andrews and Stonewall, the Bell 5G network now offers 9 Manitoba municipalities the best in mobile connectivity. Building on initial 5G service launches in select parts of Winnipeg and Brandon in 2020, more Manitobans are now connected with the wireless technology of the future, with superfast data speeds and unprecedented capacity to enable next-generation applications like

artificial intelligence, virtual reality, fully connected homes and vehicles, and Smart City platforms.

"As part of our ongoing capital investment plan for Manitoba, Bell Mobility is thrilled to bring 5G wireless service to St. Andrews and Stonewall, putting these communities at the forefront of mobile communications in Canada," said Ryan Klassen, Vice Chair of Bell MTS & Western Canada. "Bell fibre and wireless networks will be the backbone of Manitoba's economy into the future, delivering the better and faster connections that are already transforming the way Manitobans live and do business."

Bell is extending Canada's most-awarded 5G network to more loca-

tions in Manitoba throughout the year, building on previous 5G wireless deployments in Brandon, Cornwallis, East St. Paul, Elton, Selkirk, Steinbach and Winnipeg. Bell's 5G network offers peak theoretical mobile data speeds of up to 1.7 Gbps, covering approximately 35 per cent of the Canadian population and on track to cover up to 70 per cent by the end of the year. For more about Bell 5G, please visit Bell.ca/5G.

"This important investment by Bell MTS to expand its 5G network into more communities across Manitoba will benefit businesses, residential customers and our provincial economy through better connections and opportunities," said Ralph Eichler,

Minister of Economic Development and Jobs and Member of the Legislative Assembly for Lakeside.

In addition to the latest in wireless network technology, Bell MTS continues to invest in connecting more communities with the most advanced network and service innovations for both consumers and businesses such as Gigabit Fibe Internet, Whole Home Wi-Fi and Fibe TV. With pure fibre Internet, Bell MTS is bringing the world's fastest Internet technology to more than 30 cities, towns and rural communities in Manitoba – including our announcement of a historic \$400 million fibre rollout in the City of Winnipeg.

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## Strict public health orders in effect to June 12

By Lorne Stelmach

Manitoba last week further extended stricter restrictions as it continued to struggle to get the third wave of COVID-19 under control.

A combination of both new and strengthened public health orders went into effect last Saturday and will remain in place at least until June 12, and Premier Brian Pallister and chief provincial public health officer Dr. Brent Roussin both urged Manitobans to stay at home as much as possible to reduce COVID-19 transmission rates and help protect the health care system.

The announcement last Thursday came on a day when the province recorded eight more deaths, which was the highest daily number during the third wave.

Pallister said the ongoing restrictions are necessary to protect and safeguard Manitoba lives and to bend our COVID curve back down.

"While Manitoba's COVID-19 case counts have somewhat improved ... our health care system is still facing critical pressures," said Pallister, as he particularly emphasized the need to target gatherings, workplaces, and retail establishments.

"Manitobans must stay home as much as possible ... so that our hospitals and our medical teams have the capacity to care for Manitobans, have the ability to care for people when

they need that help.

"These decisions are not easy ones ... these are tough measures because we're in a tough situation," said Pallister. "We need the full participation of all Manitobans ... the more we follow the rules, the more we beat COVID."

The public health orders included the following restrictions:

- Indoor public gatherings are not permitted, and visitors are not permitted on private property except in certain circumstances.
- Employers are required to allow employees to work from home as much as possible.
- Outdoor gatherings with anyone from outside a household are not allowed. This applies to all recreation spaces including playgrounds, golf courses, parks and sports fields.
- Retail businesses may only operate at 10 per cent capacity or 100 customers, whichever is fewer, and only one person per household is allowed to enter a business, with some exceptions such as a single parent with children or someone who requires a caregiver.
- Increased requirements for malls to manage capacity and access to eliminate gatherings and ensure compliance with shopping.
- Many businesses and organizations will remain closed for in-person service including gyms and fitness clubs, restaurants and bars, personal

service businesses, museums, galleries and libraries.

Kindergarten to Grade 12 schools currently learning remotely in the cities of Winnipeg and Brandon as well as in the Red River Valley and Garden Valley school divisions will continue to do so until at least June 7.

Additionally, Roussin noted they will utilize health hazard orders to close businesses if necessary where there are multiple cases and transmission is a risk.

"You will begin to see Public Health more actively use orders under the Public Health Act to close individual facilities, businesses and workplaces where we're seeing multiple cases and transmission," he said. "We know we have to take stronger action to help protect the health system and the health of Manitobans."

"We are implementing these new, strengthened public health orders because our health system is facing critical pressures that are not sustainable. Manitoba's ICU numbers and hospitalizations are extremely high and are still expected to climb in this third wave," said Roussin.

"Our health care system is under great strain. Manitobans are tired, but our health care system is depending on us to bring down these numbers," he concluded. "Our health system depends on all Manitobans doing their part."

## > WARREN RESIDENTS, FROM PG. 4

led off track.

"There was a lot of different thoughts," said Hamilton, who has lived in Warren for five years.

"I'm hoping that you know, something can be resolved when we can find somewhere for the kids to ride," said Hamilton.

However, they need to consider the effort required to find available land for off-road vehicles to ride, she added.

"There isn't a lot of land, and I don't think anybody's going to want to necessarily lease it [or] rent it," said Hamilton. "I feel like it's the country, and

that's why we moved out here so that people can have more freedom."

Hamilton said her 14-year-old son enjoys riding his dirt bike, and they constantly talk about being safe and respectful. "We want our kids to be safe, and we don't want them to bother other people," said Hamilton. "Just remember to treat others how you want to be treated."

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# get informed

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TRIBUNE PHOTO BY KELLY FARMER

Mother Nature had a little bit of everything to share this weekend. Balmoral and surrounding area received hail, Teulon had a torrential downpour, while Warren enjoyed a spectacular lightning show and a few rain drops and Stonewall carried on with daily life. This rainbow was the perfect arch over the Stonewall Elk Ranch on Sunday. Help the Tribune record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: [weather@stonewallteulontribune.ca](mailto:weather@stonewallteulontribune.ca).

## Second dose vaccine eligibility continues to expand

By Ashleigh Viveiros

Manitoba public health officials reported 303 new cases of COVID-19 on Monday, bringing the province's active caseload to 4,504.

Officials noted, however, that due to technical issues the day's numbers were an undercount of actual case numbers. Tuesday's report—released after this edition went to press—was expected to include the missing cases.

The Winnipeg health region continues to see the greatest daily increase in cases, reporting 226 on Monday. Next up was 37 new cases in Southern Health-Santé Sud, 15 in the Prairie Mountain Health region, 13 in the Northern health region, and 12 in Interlake-Eastern.

Manitoba has seen a total of 1,053 deaths due to the virus and 45,533 recoveries.

At press time, there were 308 people in Manitoba hospitals with COVID, including 71 in ICU. Another 35 Manitobans have been sent for ICU care in Ontario and Saskatchewan.

In the Interlake-Eastern region, every district recorded active cases on Monday. Arborg/Riverton with four, Beausejour four, Eriksdale/Ashern 50, Fisher River/Peguis nine, Gimli two, Northern Remote 33, Pinawa/Lac du Bonnet 4, Powerview/Pine Falls 119, Selkirk 13, Springfield 16, St. Clements 7, St. Laurent 2, Stonewall/Teulon 13, Unknown 9, Whiteshell two and Winnipeg Beach/St. Andrews 23.

Interlake-Eastern also recorded two additional deaths last week bringing the total to 41.

On the vaccine front, all Manitobans age 12 and up are eligible for their first dose. Second dose eligibility

continues to expand rapidly. At press time, anyone who had received their first dose on or before April 13 is able to book their second dose.

All Indigenous people as well as individuals with specific health conditions are also eligible to book their second dose, as long as they meet the minimum time interval between doses. The province has announced that anyone who received a first dose of AstraZeneca/Covishield is now eligible to receive a second dose of any mRNA vaccine (Pfizer or Moderna), provided they meet provincial eligibility criteria for their second dose.

Detailed eligibility criteria and booking information is available online at [manitoba.ca/covid19/vaccine](http://manitoba.ca/covid19/vaccine). You can also call 1-844-MAN-VACC (1-844-626-8222) to make an appointment

## Study shows Moderna's COVID-19 vaccine in adolescents safe and effective

By Patricia Barrett

Moderna announced last week that a preliminary study of the use of its mRNA two-shot COVID-19 vaccine in adolescents was 100 per cent effective against the virus and showed no significant safety concerns.

Researchers found no cases of COVID in adolescents 12 to under 18 years of age after they received two doses of the vaccine. After the first dose (after a period of 14 days), vaccine efficacy was 93 per cent.

The study, called TeenCOVE, enrolled 3,732 American children.

"We are encouraged that mRNA-1273 [Moderna COVID vaccine] was

highly effective at preventing COVID-19 in adolescents. It is particularly exciting to see that the Moderna COVID-19 vaccine can prevent SARS-CoV-2 infection," said Moderna's chief executive officer Stephane Bancel in a news release dated May 25.

Researchers also found that the adolescents experienced no serious side effects.

The vaccine was "generally well tolerated with a safety and tolerability profile generally consistent with the Phase 3 COVE study in adults. No significant safety concerns have been identified to date," states the release. "The majority of adverse events were

mild or moderate in severity."

Common side effects were pain at the injection site, headache, fatigue, myalgia (muscle aches) and chills.

The company said it will continue to gather safety data, but in the meantime will submit its study data to U.S. regulators and to other regulators around the world in early June and request that its vaccine be authorized for use in adolescents.

"We remain committed to doing our part to help end the COVID-19 pandemic," said Bancel.

Pfizer-BioNTech's mRNA COVID-19 vaccine has already been approved by Health Canada for use in adolescents.

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Laura Lawrence  
Discovery Time  
Director for Child  
Evangelism Fellowship  
of Mb. & Member of the  
Stonewall Ministerial.

## Peace in my Soul

Do you ever feel far from God and wonder why? The good Word tells us in Isaiah 59:2. *But your iniquities have separated you from your God, and your sins have hidden His face from you, so that He will not hear.* Fear not! God knew this would happen, so He made a way for us to have our sin forgiven and not feel separated from Him anymore!

You see my friend, *we all like sheep have gone astray, each of us has turned to our own way; and the Lord has laid on him the iniquity of us all.* Isaiah 53:6 Him being Jesus. The only One who never sinned, died on the cross to take the penalty for ours. His sacrifice paid the price for our inability to be sinless. *Look, the Lamb of God, who takes away the sin of the world!* John 1:29

King David understood this when he cried this prayer to God when His heart was heavy with guilt and shame. *For I acknowledge my transgressions and my sin is ever before me.* The burden of his sin was too much for him to bear. His closeness to God was hindered. He is sorry and requests mercy and deliverance. The Lord hears his prayer. *A broken and a contrite heart, God does not despise.* Psalm 51:17. Confession from a repentant heart that receives the work of Jesus on the cross to wash away your sin, is the very thing that will usher you straight into the presence of God.

*Create in me a clean heart O God and renew a right spirit within me.* Psalm 51:10

[llawrence@cefmanitoba.org](mailto:llawrence@cefmanitoba.org)

# North Interlake 4-H clubs hosting a virtual show and sale beef auction

Bidders can buy locally produced beef, advertise their business, and support 4-H youth

By Tyler Searle

North Interlake 4-H beef clubs are banding together to ensure their youth can still lead their prize steer to auction.

The Lundar 4-H Beef Club, Dolly Bay Club, and Interlake Trailblazers are hosting a virtual, live-cattle auction in place of their annual show and sale.

In a typical year, 4-H youth select a calf in the fall and prepare it for slaughter over the winter and spring months. When the steer is ready, the youth can enter them in the summer show and sale.

The process teaches the kids about responsibility, farm life, and cattle rearing, said Lundar 4-H Beef Club head leader and North Interlake chairperson Cynthia Wirgau.

Last year, pandemic restrictions forced the clubs to cancel the auction entirely, and when it was clear live events were not going to resume, club leaders adapted, Wirgau said.

"This year, we just kind of put our foot down and said 'no, we're going to make this work and do something for the kids,' so I just hope it's successful."

Following the lead of other 4-H clubs who have found success with virtual auctions, the North Interlake beef clubs have decided to host the show

and sale online via a Direct Livestock Marketing Services (DMLS) Farm Gate timed auction.

The DMLS Farm Gate service offers real-time bidding over 24 hours and allows buyers to bid on multiple cattle simultaneously.

The event begins at 10 a.m. on June 12 with a virtual showing of the cows up for auction. The 4-H club has asked the youth to submit videos of their animals so potential buyers can assess the cattle, and a panel of judges can determine a champion steer from each club.

"You want a steer that's got a lot of red meat over the ribs, a wide rump, a strong top line," Wirgau said.

A single steer can yield roughly 600 lbs or more of usable meat in the form of roasts, steaks, ground meat, and more. This translates into thousands of dollars in savings compared to buying meat from a grocery store, Wirgau said.

Commonly, local businesses purchase steer at the show and sale to support 4-H youth and as an advertising tool. If a business wants to buy a steer for advertising purposes but does not want to retain the beef, Wirgau will connect them with a buyer who will take the steer at market price.

DMLS charges a three per cent com-



TRIBUNE PHOTO BY CYNTHIA WIRGAU

4-H member Brady Wirgau stands beside his 1000 lbs. steer Smokey. The animal will be up for auction during the virtual show and sale auction on June 12 and 13.

mission on every sale, and the remaining proceeds go to the youth involved.

After the show, bidding opens at 6 p.m. and soft-closes June 13 at 4 p.m. After the soft-close, the sale will switch format into what DMLS calls "Racehorse style," where bids add a small amount of time to the clock—if nobody bids, sales are final.

To participate, bidders create an account on the DMLS website. Once registered, they can browse the animals and place offers.

The 4-H club will accept payment in e-transfer or cheque payable to the North Interlake 4-H Council.

The club would also like to thank Consumers Co-op for their \$500 donation, making the online sale possible.

For more information contact Cynthia Wirgau at 204-886-7683

To register and participate in the auction visit: <https://farmgatetimeductions.ca/auction/12874>

## Balmoral School switches to remote learning due to flood fallout

Staff

Early last month, flooding occurred at the Balmoral School building and now damage assessment and construction are underway.

The flooding took place on May 9, impacting the east wing of the school, which includes the front entrance and hallway, washrooms, office, staff room, maintenance room, kindergarten room, life skills room and Grade 7/8 room. The west wing of the school and the gym weren't impacted in any way.

"We have a team of professionals

leading the work at Balmoral School," said Supt. Margaret Ward.

"Baseline air quality testing has been conducted in all areas of the east wing and the data is being used to develop a construction plan and timeline for completion."

Due to the flood, elevated levels of common moulds have been detected in the east wing area. School officials were assured that the east wing remains safe and accessible at this time. Individuals might be impacted differently by elevated levels of common moulds based on medical conditions.

The air quality in the east wing likely won't improve and might worsen until construction is complete. Continued air quality testing will closely monitor levels in the area, which might lead to adapted construction plans if needed.

"Based on the information provided to us, additional and expanded testing within the building will take place throughout the upcoming week," Ward said.

"To accommodate this testing and out of an abundance of caution, Balmoral School will be closed to all students for the week of May 31 to June

4."

Balmoral School staff planned to contact families on Monday or Tuesday with plans for remote learning to begin on Wednesday, June 2.

"ISD is committed to providing an update to families by Friday, June 4 with hopes of resuming in-class learning on Monday, June 7," Ward said.


"We acknowledge the challenge this decision will present for families and ask for your patience and consideration as we make safe and informed programming decisions at Balmoral School."



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# The life-long risks of sexting for young people

By Jennifer McFee

Explicit photos and messages can come back to haunt you at any age.

For teens, they're now growing up surrounded by the reality of sexting, which involves nude or sexual photos or videos of any individual.

Joy Smith, a former MLA and MP, continues to tackle sensitive topics — including human trafficking, sexting and sextortion — through her organization called The Joy Smith Foundation.

Thanks to the Equity Fund provided by the Interlake Community Foundation in partnership with the Community Foundation of Canada, Smith has been providing virtual presentations to schools throughout the Interlake.

When it comes to sexting among teens, it usually starts very innocently, she said.

"Sexting is one of the most dangerous things for young people to do. Often underage boyfriends and girlfriends use less discretion than they should. They might innocently start exploring their sexuality and eventually start to innocently send indiscreet pictures online," Smith said.

"Let's say they break up, but they've both sent sexually explicit photos. If one is mad at the other, they might share those photos with their buddies, who say they'll never share them. But sooner or later, those photos get out even further."

Once the photo is released in the cyber world, it will likely be out there forever, she adds.

"The kids need to know that if they ever send a photo in any way, shape or form over the internet, Facebook, Instagram, Snapchat, whatever, it's out there never to be brought back in again," she said.

"Cyber people say they have the means to take them down, but that doesn't always work. In some cases it does work, but it's a long and drawn out process — and usually after the damage is done."

This type of damage can be far-reaching and life-altering.

"Any nude or sexual photo or video

of any individual under the age of 18 is considered child pornography by law. Sending, keeping or distributing a nude or sexual photo or video of anyone under the age of 18 are offences that can lead up to charges under the Canadian Criminal Code," Smith said.

"A lot of these kids don't understand that they're actually breaking the law doing this. If an image or a video of anyone is online and they've lost control of it, it's critical they notify the local police department. There's also a website they can report it to at [www.cybertip.ca](http://www.cybertip.ca)."

Human traffickers are using a new sextortion, or blackmail, tactic that involves taking photos of youth and superimposing their faces onto explicit images, she added.

"Everybody should always turn off their video if they get a video call from an unknown source. That unknown source randomly calls these numbers to see if they can get some kid to answer. Then they take a picture and superimpose it onto videos to make it appear that they're nude or engaging in a sex act," she said.

"It's a new tactic that they're using now that everybody has to be warned about because it's getting more and more public."

At a school level, sexual bullying can occur.

"I had a case in a school where a girl had taken a picture of herself with her bare top showing. The photo went around the school she was attending. She was so ridiculed, harassed and picked on that she had to change schools," Smith said. "It's very serious."

Branching out even further, cyber bullies can share the photo to embarrass and humiliate a particular person.

"They also use the photo to impersonate the person. There's no way to control who sees the photo once the teen sends it," she said. "There are countless cases where a teen discovers a private photo has been passed around and sometimes even shared online. There's a big risk for black-

mail."

Often bullied teens are too embarrassed to tell anybody about it, she added.

"The photo was supposed to be sent in secret. There's no such secret. And a lot of them don't know that more than their friends can see it, so even sending sexually explicit messages to another person is never a good idea," she said.

"What they don't know is that this can absolutely destroy their reputation — and it can happen to adults too. It can lead to bullying or name-calling, and the emotional consequences are absolutely horrendous. When you look further down the road, it can also prevent teens from getting into university or a post secondary institution of their choice later on."

Teens need to know that anything they post or share today could impact the rest of their lives — and even lead to trouble with the law.

"The teens taking or sharing the photo could be charged with disseminating child porn. The teens receiving the photo could be charged with possession of child porn, even if they don't request a copy of the photo," Smith said.

"What's more, teens could be labelled sex offenders for sending or

possessing sexually explicit photos of other teens."

Smith has been sharing straight-forward information on these topics with the higher grades in the Interlake School Division.

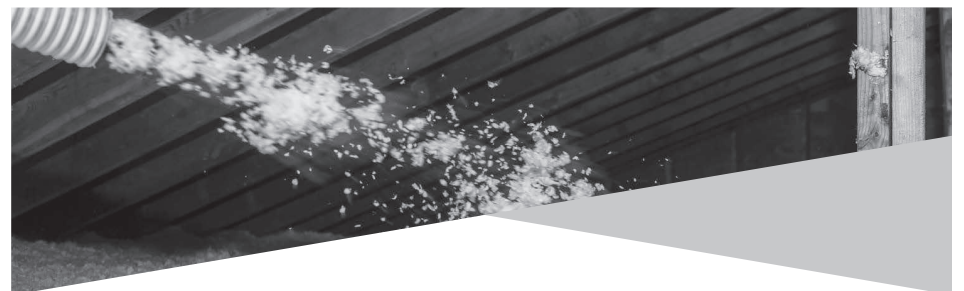
"In the human trafficking world, there are experts — and a lot of them are very well educated," she said. "They don't look like the sleazebags or bad guys you see on TV. It's also women, not only men."

For her, there's no point in sugar-coating these topics or avoiding terms such as "human trafficking."

"It's a dark subject but I have worked on it for over 25 years. The average age of entering into the sex trade in Canada is 12 to 14 years old," said Smith, whose organization is preparing to launch the National Human Trafficking Education Centre.

"Teens need to be aware of all these variables, including exposure to sexual predators, sexual bullying that can occur, the risk for blackmail and the risk for a bad reputation. Why put yourself in that position?"

For more information about the Joy Smith Foundation, visit [www.joy-smithfoundation.com](http://www.joy-smithfoundation.com), call 204-691-2455 or email [info@joysmithfoundation.com](mailto:info@joysmithfoundation.com).



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## Stonewall council news in brief

By Jennifer McFee

On Thursday, May 27, the Town of Stonewall hosted a special meeting of council.

The main purpose of the meeting was to discuss a business proposal as well as the preservation of historical records.

Council approved conditional use to allow the opening and operation of a

cannabis retail store at 371 Main St. The CAO and mayor will sign a development agreement with Fusion Bud Ltd., addressing topics such as the design and appearance of the business, signage and business hours.

Council is also looking into the idea of including archival-quality space in the current plans for the town office renovation.

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# Take the Gutsy Walk for Crohn's and Colitis this weekend

By Lorne Stelmach

Her own experience is all the motivation that Darrah Horobetz needs to help build awareness and support for Crohn's and Colitis Canada.

Having lived with Crohn's for 14 years, the Winnipeg resident now serves as a development co-ordinator for the organization and is seeking to help further their cause, including seeing this weekend's Gutsy Walk fundraiser grow across the province.

"We would love to spread the word ... there's still so many people who don't know about it and about us," said Horobetz.

On Sunday, June 6, thousands of Canadians will walk as part of the virtual Gutsy Walk, which has raised over \$46 million nationally since 1996 and is the largest fundraiser in support of the 270,000 Canadians living with these chronic diseases.

The Gutsy Walk helps Crohn's and Colitis Canada provide vital support programs and fund promising research into what are the two main forms of inflammatory bowel disease.

Crohn's disease and ulcerative colitis are diseases that inflame the lining of the gastrointestinal tract and disrupt your body's ability to digest food, absorb nutrition and eliminate waste in a healthy manner.

These are lifelong conditions, and people can experience acute periods of active symptoms and other times when their symptoms are absent or in

remission.

Signs and symptoms can include abdominal pain and cramping, severe diarrhea, rectal bleeding, blood in stool, weight loss and diminished appetite.

The exact causes of Crohn's disease and ulcerative colitis remains unknown, and there is no cure for either illness. Causes and risk factors of Crohn's and colitis include genetics, the environment and microbiome.

Horobetz, now 27, was diagnosed with Crohn's disease at age 13.

"It was not an easy diagnosis. I was sick for seven months, and they didn't really know what was wrong with me," she recalled. "It was an adjustment. I had to adjust to a new normal and get used to how my life was going to work and know that I'm going to have my good and my bad days. Now, I've adjusted to that, but it still has its challenges.

"It seems to affect everyone differently," Horobetz noted. "There's a lot of similarities between people's experiences, but no two stories are the same. They're all different in some way. You would think it would be a little more consistent, but that's just not the case."

Horobetz first got involved as a volunteer with the chapter in Winnipeg in 2014 and started doing the Gutsy Walk herself.

"The volunteering became a passion for me, and I fell in love with the organization and what they are doing, and obviously I have a personal stake in it," she said, noting she did not hesitate when the opportunity to work for the organization came to her. "I jumped at the chance ... it's been a journey for sure, but I love what I do."

Thinking about how her family knew nothing about these conditions drives her to help others, said Horobetz.

"Now it seems like everybody knows



CROHN'S AND COLITIS CANADA PHOTO

Crohn's and Colitis Canada's annual Gutsy Walk takes place virtually this weekend.

somebody with Crohn's or colitis. The numbers just keep rising, which is unfortunate, but that's just the case," she said.

Today's Gutsy Walk takes place in about 70 locations across the country, with Manitoba usually hosting events in Winnipeg, Westman, and Thompson, as well as the virtual walk for all other participants.

Virtual participation remains the

only option for now under pandemic restrictions, but Horobetz would love to see them expand further to include more communities in the future.

"Usually in Manitoba, we have close to 500 walkers in total for all our walks," she said. "And we would love to have a walk in every small town. That would be my dream."

For more information or to donate, head to [www.gutsywalk.ca](http://www.gutsywalk.ca).

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STONEWALL

## Ranch welcomes new arrivals



TRIBUNE PHOTO BY KELLY FARMER

Trevor and Kelly Farmer and girls, have been very busy with calving since May 11. Stonewood Elk Ranch welcomed 71 calves onto the farm as of May 31. This wee calf made its debut five minutes before the photo was taken on Monday and was the official 'half way' marker for the expected arrivals.



# COMMUNITY NEWS



## Optimize your posture and performance while working from home

### Local physiotherapist offers advice on workspace ergonomics and stretching

By Tyler Searle

Poorly designed office spaces can lead to neck, shoulder, and back strain, and—in the worst cases—chronic degenerative problems or repetitive stress injuries, said Physiotherapist Scott Allan.

Allan is one of the owners of the inMotion Network. He and his team operate eight clinics in Manitoba, including three Quarry Physiotherapy locations in the Interlake and another up in Gillam.

Since the beginning of the pandemic, Allan has seen an increase in patients working from home.

“A number of people have changed their workplace to their homeplace, and quite often, their work-station at home is a couch or a kitchen table,” he said.

“Needless to say, those types of ergonomic or positional spots where they’re working are not ideal.”

The key to preventing injury or strain is optimizing your workspace. Allan said, always work at the correct height and face forward, change position frequently, and take breaks to stretch.

The optimal position should see: shoulders relaxed, arms close to the body with elbows bent, forearms resting with wrists in a neutral position, back straight with lower back against a backrest, thighs parallel and feet resting on the floor, and screen-distance one arm lengths away and directly in front of the face.

Allan recommends choosing a desk and chair that are customizable to suit your ergonomic needs.

A good office chair should feature adjustable height and armrests, lumbar support,

and high-back support. People should choose chairs that are on rollers and swivels, so they can avoid twisting their torso when reaching for work materials.

Desks should also be adjustable in height, and the best ones can accommodate both sitting and standing positions.

It is crucial people proactively change positions and stretch. Do not wait for the pain to indicate when it’s time to move, Allan said.

“Maybe every half an hour or forty-five minutes, a reminder timer goes off, and you do a couple of office stretches or get up, move around, get a glass of water. That type of thing.”

Allan advises people working from their smartphones to invest in a tablet, laptop, or desktop if possible to avoid damaging their necks or inducing repetitive stress injuries like carpal tunnel.



TRIBUNE PHOTO BY KYLA LENIO-SLACK  
Physiotherapist Scott Allan treats a patient at the Quarry Physiotherapy clinic in Arborg.

Not only can poor ergonomics affect your physical well-being, but it can also diminish work performance, Allen said.

Workspace accessories like footrests, headsets, ergonomic keyboards and mice promote a comfortable environment and a more efficient workday.

The inMotion Network offers virtual appointments so physiotherapists can connect with patients via video call, review their workspace, and offer advice regarding adjustments and stretches.

Allan has prepared a digital pro-

gram for his patients which offers tips and tutorials on optimizing a workspace and stretching in the office.

Allen said, seek medical attention if you are suffering from numbness, tingling, headaches, or neck strain.

People curious about ergonomics can reference the Manitoba Physiotherapy Association for more information.

Or book an appointment at Quarry Physio <https://www.inmotion-network.ca/Quarry-Physiotherapy/Quarry-Physiotherapy>.



PHOTO SUPPLIED BY MANURE INJECTION, MB.

### Maximizing the value of manure nutrients

Manitoba hog farmers adopt new and emerging nutrient management methods, technology, and best management practices, optimizing the benefits of manure fertilizer and reducing the environmental impact of hog farming.

Farmers must file annual manure management plans designed and managed by registered manure management planners. This involves soil testing each field before manure is applied to determine application rates based on the nutrient levels each crop needs. Manure is applied at certain times of the year to prevent runoff and protect our waterways. Using manure as fertilizer is nutrient recycling at its best, reducing the need for synthetic and imported fertilizer.

Manitoba hog farmers have made significant progress over the past decades in improving manure management practices and protecting our natural resources. Using proven scientific methods and third-party expertise, hog farmers are responsible stewards of the land focused on safeguarding natural resources for future generations.

To learn more, visit [manitobapork.com/environment](http://manitobapork.com/environment)

SPONSORED CONTENT

## JUNE IS TURKEY MONTH IN MANITOBA

## Let's talk turkey

By Tyler Searle

In 1952, two brothers hatched a plan to start a turkey farm on a plot of land four kilometres west of Gunton.

Nearly 70 years and three generations later, the Charisons Turkey Hatchery is one of the largest turkey hatcheries in Canada and still family-owned and operated.

Stan and Alex (pronounced Alec) Charison started with a few meat birds, a flock of breeder hens and an informal agreement to produce eggs for a hatchery in Winnipeg.

"They were shipping eggs, and after about six weeks, the guy said, 'I got too many eggs, I don't need yours,'" recounts Curtis Charison, son of Stan Charison and owner of the Charisons Turkey Hatchery.

"He said, 'do whatever you want with them, but I'm not taking the eggs.'"

Left in a lurch with thousands of eggs and no way to incubate them, Stan and Alex took it upon themselves to find a solution, Curtis continued.

The brothers purchased two used incubators/hatchers that they saw in the Manitoba Co-operator and the Charisons Turkey Hatchery story began.

The Charisons now had two incubators but no electricity to run them. So, they struck a deal with their neighbour Harold Cosens who had a dairy farm and electricity.

"He said, 'well, there's room in the corner of the barn here, if you want to put them there and plug them in—go ahead,'" Curtis recounts.

The men produced eggs on their farm and incubated them at the neighbours—travelling half a mile

in each direction every four hours to turn the eggs. Curtis remembers his father sharing the story of how his dad paid \$15 for hydro that year.

The following year Manitoba Hydro installed an electrical line on the Charisons property.

In 1952, there were 28 turkey hatcheries across Manitoba, with each one vying for its share of the market. That year, the Charisons hatched 13,000 baby turkeys, known in the industry as poults.

Today, the hatchery produces between 7.5 to 8 million poults annually. It can hatch 13,000 in three hours and is the second-largest hatchery in Canada.

Suffice to say; the operation has evolved over the years, and any time you eat turkey today, there is a very good chance it originated from the Interlake.



The fertilized eggs are stored in a temperature controlled room for up to 20 days before being placed in the incubators.



The incubators are all controlled electronically to control temperature, humidity, ventilation and egg turning cycle.

The modern facility consists of the hatchery, a shop and a truck bay.

On separate sites, the Charisons have a commercial turkey farm that produces birds strictly for processing, two grower barns where birds reach maturity, and two-layer barns where staff collect eggs.

Silver Turkey Breeders, Bay Shore Farms, Frontier Farms, Bedrock Farms and Bonkowski Turkey Breeders also work as contract farms, grow turkeys and produce eggs for the hatchery.

The hens spend 33 weeks inside the growing barns



TRIBUNE PHOTOS BY LANA MEIER  
Cameron and Curtis Charison with Thursdays hatch.

before reaching maturity. Once they enter their laying cycle, they move to the layer barn, where they are artificially inseminated on a weekly basis and produce eggs for up to 32 weeks.

While inside the barns, birds roam freely with 24/7 access to feed, water and fresh air.

The Charisons carefully choose their staff when hiring and ensure that everyone knows the importance of their FLAW protocol - Food, clean Litter, lots of fresh Air and clean Water.

The Charison's primary concern is always the welfare of their birds, said third-generation turkey farmer Cameron Charison.

Cameron works in the hatchery and manages their two breeders barns alongside his father Curtis to ensure the daily operations run smoothly—it's a responsibility he takes seriously.

The Charisons protect their barns and hatchery with stringent biosecurity protocols, which require employees and visitors to remove their clothing and footwear and take a shower before entering each barn.

This process ensures the birds' health and prevents the spread of viruses such as the avian flu, said Cameron.

"The better job we do of taking care of our birds, the better job they're going to do of laying eggs."



Curtis and Cameron inspect a shipment of toms headed to the U.S. on Wednesday.



Once the poult breaks the shell, it uses a scissor tooth on its beak to saw its way out. Within three days, most of the eggs have hatched and the turkeys are on their way to their forever farms.

## FEATURE - CHARISON TURKEY HATCHERY

Every bird can lay four to five eggs per week, and the collection process is largely automated. Hens are naturally inclined to seek privacy when they lay, so they enter specialized pens on their own accord.

Once inside, a door closes behind them to prevent other birds from entering. After 45 minutes, a mechanized plate coaxes the hen out and collects her egg.

A conveyor belt transfers the eggs into another area where staff date and assess their integrity—ensuring they have no cracks and are a proper size.

Healthy eggs move on to the hatchery.

The hatchery boasts 42 incubators, with each capable of storing 24,960 eggs. Rows of incubators line the hallways. Electronic alarms blurt out sporadically, alerting staff of fluctuations in humidity or temperature and a strong current of fresh air streams through vents in the ceiling.

The hatchery can process as many as 60,000 poults in one day.

After 25 days of incubating at an average temperature of 99 degrees F., staff transfer the eggs into a hatcher where the eggs will remain for the next three days.

“Once we transfer the eggs over and put them into the hatchers, then we’re going in there and manually checking to see what stage the birds are at,” said Cameron.

The staff enters the hatchers four times per day to monitor the eggs and poults. They can adjust temperature and humidity levels to soften the shells and facilitate the hatching process.

Contrary to popular belief, poults do not peck their way out of their eggs. The birds hatch using a temporary egg tooth on the tip of their beak, which they use to saw out of their shells. The process takes approximately 20 minutes and resembles a can-opener effect.

From the hatchers, birds move on to be sexed and sorted for shipping.

A team identifies the sex of the poults and separates the toms and hens and counts them into groups of 100.

The entire sexing and sorting process takes less than one second, and the Charison’s take pride in their staff’s 99.5 per cent sex accuracy rate, said Cameron.

Finally, these birds are ready to be shipped.

The Charisons employ just under 100 staff, including 11 drivers who operate a fleet of 10 poult delivery vehicles—ranging from vans to 48’ trailers.

The delivery trucks are temperature-controlled and fitted with vents to allow ample airflow during transit. Drivers operate them in tandem, alternating between sleeping and driving. The longest road trip for the poults would be those travelling to Vancouver Island. The poults will arrive at their new farm within 36 hours of being hatched.

Each poult has a yolk sac that provides enough nutrients for up to five days, so the birds never go hungry.

Charison’s turkeys travel to family and commercial farms across western Canada and into the U.S. When the turkeys reach maturity, most are harvested for their meat for grocery stores, restaurants, and homes.

Hens will finish between 10-20 lbs and are more suitable served whole for turkey dinners, while toms are typically 45-50 lbs and are separated into cuts of meat.

Amusement parks like Disney World sell whole tom drumsticks, while chain restaurants such as Subway use processed tom meat in their sandwiches.

Turkey isn’t only a festive meal of the holiday season, but it can benefit your overall well-being throughout the year. It is a powerhouse of many nutrients and contains minimum fat and cholesterol content. Turkey comes with amazing health benefits that include strengthening the immune system, boosting metabolism, maintaining psychological health, and supporting weight loss. It also promotes cardiovascular health, is a good source of protein, supports teeth and bones health, maintains cholesterol levels, manages diabetes, treats anemia and promotes healthy skin.

The Charisons Turkey Hatchery is one of the largest employers in the Teulon, Gunton and Balmoral area. It has employed not only the Charisons but their friends, neighbours, and community members for generations.

“Our biggest strength is our team of management and our dedicated staff who show up daily that make this place run,” said Curtis.



Charison Turkey Hatchery will be celebrating 70 years since their first batch of poults in 2022.

The Charisons show their gratitude in the form of community donations. Their most significant contributions being toward the Fireman’s Ball and the Christmas Cheer Club.

“Basically, anything that comes up locally here we end up being a part of

and supporting,” said Cameron.

The Charisons Turkey Hatchery will soon enter its 70th year with no signs of slowing. The Charison family hopes to keep the legacy alive for many decades—and generations—to come.



### Grilled Herb-Infused Turkey Pieces

#### Ingredients

- 3.5 lbs (1.5 kg) turkey cuts; (drumsticks, boneless, skinless breast or thighs.)
- 2 tbsp (30 ml) olive oil
- 1 tsp (5 ml) balsamic vinegar
- 3 tbsp (45 ml) fresh poultry herbs; (sage, thyme, rosemary & parsley)
- 1 tbsp (15 ml) garlic, finely chopped
- 1 tbsp (15 ml) shallot, finely chopped
- 1/2 tsp (2.5 ml) sea salt
- 1/4 tsp (1 ml) ground pepper

#### Directions

Preheat barbecue to 375°F (190°C). Combine all ingredients in a bowl to make rub and coat turkey well. Grill pieces over indirect heat. Pieces should be turned once after 30 minutes. Pieces are cooked when a digital thermometer reaches 170°F (77°C). Remove from grill, cover loosely with foil and let stand for 10-15 minutes before serving.

Find more recipes & cooking tips at [turkey.mb.ca](http://turkey.mb.ca)



The poults are sexed, sorted into hens and toms and then counted into 100s in a state of the art facility that is sanitized after every hatch.



Poults are shipped in colour coordinated air vented boxes, green for toms and white for hens.

# Catch the wave when it returns this September

## Wave Tour cancelled for June 2021 but new artists plan to be back next time

By Katelyn Boulanger

Two new artists, Shannon Lebel and Dawn Mills had planned to join the Wave Tour this June; however, due to COVID provincial restrictions, they will be waiting until September. Wave organizers and artists are regrouping and now planning for a September tour.

"We can't have a physical [tour]. Which is to our sad understanding because we [as artists] are businesses working out of our homes and that is so restricted now," said Helma Rogge Rehders, co-founder of the Wave Tour.

This year would have been the 20th anniversary of the tour for the region and there would have been 47 artists opening up their studios for residents to tour if the restrictions hadn't cancelled the event.

The event coordinators are still planning to host the fall session of the Wave Tour when hopefully, restrictions will allow people to meet in person once more.

### Dawn Mills

Mills was disappointed that the tour had to be canceled but understood the need to keep people safe at this time.

"At Oak Hammock Marsh, we have a really nice setup where everybody could just be outside. There's lots of green space out in front of the studio, and where the kiln shed is so it would have been quite appropriate for social distancing," said Mills.

The studio, which would have been part of the tour, is one that she shares with her brother-in-law, Al Lacovetsky, however, she has recently set up a new studio for herself in Eriksdale, where she has a small electric kiln.

"I'm predominantly a functional part potter. It was my first vocation out of high school. I was a studio Potter at Mostly Stoneware for seven years and was apprenticeship taught," said Mills.

Mills says that she loves to make aesthetically pleasing items that people can use in their everyday lives.

"I make a variety of mugs and bowls. I like making Buddha bowls — you know people are eating a one meal deal from one bowl. I like making every sort of range of bowls from a smudge bowl to a drinking vessel to like making baskets for utensils and flowers," said Mills.

Her space, because of the way she practices her art, has both wood fire

and salt fire kilns as well as throwing wheels so that she can make her pieces.

Mills said that she was interested in joining the group because she likes the culture and the feel of a team and cooperation.

"I'm so hopeful that some form of the September will go ahead," said Mills.

### Sharon Lebel

Lebel also understood when she found out that the tour would have to be cancelled this season.

"I was saddened by it a bit but it was kind of expected," said Lebel.

Lebel has a unique way of painting with acrylic paints that give it the feel of watercolour paints.

"It's really kind of light and airy and I do mostly birch trees and birds, but I'm always kind of dabbling in other areas. I kind of started a little bit in pottery. Now I'm starting to do some mermaids. I'm just always trying to do something different," said Lebel.

This changing of creative outlets means that her Gimli studio space often changes with her, but she prioritizes it being a welcoming place with pictures up on the walls and plants. She also likes to have a diffuser on and peaceful relaxing music.

She wanted to be part of the Wave Tour because it seemed like a great thing to be a part of that was close to home.

"I've lived in the Interlake for over 20 years and I thought it would be nice. We have this amazing tour going on and I should, we should be part of that," said Lebel.

She says that she will for sure want to participate in the event when it is safely able to happen again.

To connect with Lebel visit her at her Facebook <https://www.facebook.com/birchandfeathers> or her Instagram <https://www.instagram.com/birchandfeathers/>. Dawn Mills is on Facebook at <https://www.facebook.com/Dawn-Mills-Pottery-272630479896466>. The best way to keep up with the Wave Tour is through their website at [watchthewave.ca](http://watchthewave.ca) or their social media on twitter at <https://twitter.com/waveartiststour>, <https://www.facebook.com/waveartists>, or on Instagram at <https://www.instagram.com/waveartiststour/>.



Dawn Mills in her studio



Shannon Lebel painting.



TRIBUNE PHOTOS SUBMITTED

Some of Lebel's acrylic artwork that has the light feel of watercolour painting.



The wood fire kiln in Mills's studio

# Einarson recovering after tick bite eight years later

By Jules Stevenson

"The pain at times was so severe that I understood compassionate death. The pain was so bad and there was no diagnosis. I actually prayed for death," said Joni Einarson on her battle with anaplasmosis, a disease she got from a tick bite.

Up until 2013, Einarson lived a normal, healthy, and happy life. She was in very good shape – she went to the gym five days a week and worked in her yard often.

Einarson began feeling tired and lethargic, and developed pain in her neck. She went to see a doctor and was prescribed antibiotics, but the symptoms persisted.

"I couldn't even walk from one side of my house to the other. I literally had to lay down on the ground," she said. Some of Einarson's symptoms included inflammation in the back of her throat, severe pain in her legs, and lethargy.

"Any kind of tick born disease that

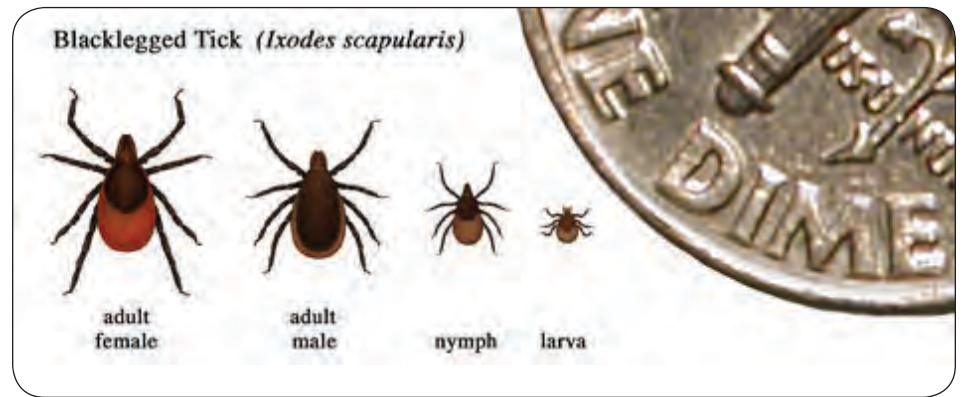
becomes chronic, you will have that for the rest of your life. There is no cure for it," says Einarson.

Einarson says she's doing much better now but is still dealing with the long-term effects. "I'm still tired, I still have difficulties, and I can't do what I used to do," she says.

According to Manitoba Public Health, black-legged ticks can carry Anaplasmosis, Babesiosis and Lyme disease.

Sarah Cormode, a consultant with the Canadian Lyme Disease Association and host of the podcast Looking for Lyme, says it's vital to remove ticks properly, with fine-tipped tweezers, to try and get the entire tick it can send it in for testing. When first bit by a deer tick, Cormode says seeking antibiotics is the best course of action.

Cormode recommends having a tick-removal kit nearby, especially when working outdoors. Tick removal kits can be found at stores like Can-Lyme and Canadian Safety Supplies.



TRIBUNE PHOTO SUBMITTED

Black-legged (deer ticks) have the ability to transmit tick-borne diseases to humans.

She says it's hard to test for Lyme Disease in people, but if the tick is collected and sent to the private lab Geneticks, it can be tested for Lyme Disease and other diseases.

"A tick is pretty small. It can't jump; it can't fly. It can only get on your body by crawling, so it'll either start at the top or the bottom and crawl until it finds someplace warm," says Cor-

mode. She recommends wearing long clothing and tucking pants into socks to help stop them.

"Ticks are most likely going to be in those hot places like your head, armpits, groin, in the back of your knee," says Cormode. She says to check not only yourself but also your pets and children for ticks.

## get inspired

> MEAL IDEAS



Servings: 12  
1 package (10 ounces) frozen broccoli with cheese  
12 slices bacon, chopped  
1/2 cup green onions, sliced  
1 cup mushrooms, sliced  
4 eggs  
1 cup milk  
1 1/2 cups shredded cheese, divided  
2 frozen deep-dish pie shells (9 inches each)  
Heat oven to 350 F.

In medium bowl, add broccoli and cheese contents from package. Microwave 5 minutes, or until cheese is saucy. Set aside. In skillet, cook chopped bacon 4 minutes. Add green onions; cook 2 minutes. Add mushrooms; cook 4 min-

RED RIVER CO-OP FOOD STORE

### Easy Breakfast Quiche

utes, or until bacon is completely cooked and mushrooms are tender. Drain onto paper towel over plate. Set aside.

In medium bowl, whisk eggs and milk until combined. Add broccoli and cheese mixture. Add 1 cup cheese. Stir to combine. Set aside.

In pie shells, divide drained bacon mixture evenly. Divide broccoli mixture evenly and pour over bacon mixture. Sprinkle remaining cheese over both pies.

Bake 40 minutes.

Allow to cool at least 12 minutes before serving.

Note: To keep edges of crust from burning, place aluminum foil over pies for first 20 minutes of cook time. Remove after 20 minutes and allow to cook uncovered until completed.



Recipe courtesy of chef Haley Williams @IfYouGiveABlondeAKitchen

Prep time: 10 minutes

Cook time: 12 minutes

Oatmeal Cookies:

1 1/2 cups all-purpose flour

1 teaspoon baking soda

1/2 teaspoon salt

1 teaspoon ground cinnamon

1/4 teaspoon ground cloves (optional)

1 cup (2 sticks) unsalted butter, at room temperature

3/4 cup C&H Dark Brown Sugar

1/2 cup C&H Organic Raw Cane Sugar

2 large eggs, at room temperature

1 1/2 teaspoons pure vanilla extract

3 cups quick oats

Creme Filling:

3/4 cup unsalted butter, at room temperature

2 cups C&H Confectioners' Sugar

1-2 tablespoons heavy cream

## Oatmeal Creme Cookies

1 teaspoon pure vanilla extract

1 pinch salt

To make oatmeal cookies: Preheat oven to 350 F. Line two cookie sheets with parchment paper and set aside.

In large bowl, whisk flour, baking soda, salt, cinnamon and cloves, if desired. Set aside.

In bowl of stand mixer, beat butter, dark brown sugar and raw cane sugar on medium-high speed until light and creamy, about 1 minute. Add eggs and vanilla; beat until combined. Scrape down sides and bottom of bowl.

With mixer on low, slowly add dry ingredients to wet ingredients. Mix until combined while avoiding overmixing. Add oats and mix until incorporated.

Scoop about 2 tablespoons dough onto prepared cookie sheet. Space dough balls at least 3 inches apart. Bake 10-12 minutes, or until edges are light brown. Let cookies cool 5 minutes before transferring to wire rack to cool completely.

To make creme filling: In bowl of stand mixer, beat butter on medium-high speed until light in color, about 3 minutes. With mixer on low, gradually add confectioners' sugar and mix until well combined, about 1 minute. Add 1 tablespoon heavy cream, vanilla and salt. Beat on medium-high speed until fluffy. If filling is too thick, add second tablespoon heavy cream.

Once cookies cool, pipe or spread creme filling on flat sides of half the cookies. Top with remaining cookies to form sandwiches.

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# Stonewall hosts business info event; industrial park sewer and water

By Jennifer McFee

The Town of Stonewall hosted its fifth meeting with the business community on May 27 to discuss several projects that impact the industrial park.

The last session took place in June 2020.

CAO Wally Melnyk provided an update to launch the Zoom meeting, letting attendees know that the town has taken steps to address its shortfall of rental accommodations. It has also secured land for the continuing care retirement community and has increased involvement in economic development. Looking ahead, he touched on the town's tourism strategy, as well as efforts to expand and retain businesses in the industrial park area.

## Fibre optic update

Foster Whyte of RFNOW provided information about fibre optic installation, which is currently underway. The technology company serves Manitoba and Saskatchewan, with a commitment to expand its fibre network to rural areas.

Whyte explained that if businesses sign up with RFNOW, they will drill and plough a fibre line directly into the business that's connected to its network operation centre. Each end user is on their own dedicated frequency within that fibre line. The fibre line then gets hooked up into a media converter with five Ethernet lines that allow you to run your network.

"The reliability is what I find the nicest part about it," Whyte said, drawing attention to the constant and consistent performance of the fibre optic network.

It's also very fast and can be upgraded, he added.

"We're built on a 10-gigabyte-per-second network," he said, "so it's really unlimited for the possibilities of it."

As for the timelines, Whyte said they've already started bringing the fibre up to Stonewall. They've completed all the drilling and almost all the ploughing, with the hope that installations will likely start at the end of July or start of August, although that timeline could be subject to change.

For those who are interested in having their business added to the construction schedule, they will need to sign a contract. Once the fibre line is close to the business location, the crew will help the owner determine the best way to get the fibre into the business. Then RFNOW will splice the fibre line into a media converter to attach to the existing network.

"With the signed contract, nothing is charged until the service is up and running so there's no deposit," he said.

All the fibre that's in the ground is RFNOW's own network and they haven't tied in with any other companies,

Whyte added.

"We have our own crews and our own ploughs that do all the work," he said. "It is all our own fibre network. So we haven't tied in with Hydro or anyone else."

In the future, there is potential that RFNOW could provide services to residential houses too.

Whyte added that they've started sending sign-up information in the Rockwood area as well.

Stonewall Mayor Clive Hinds expressed appreciation for RFNOW's work towards the fibre optic installation.

"I'm very pleased with RFNOW being here," Hinds said, "and I certainly looking forward to getting hooked up residential."

For more information, visit [www.rfnow.com](http://www.rfnow.com), call RFNOW at 1-866-887-3669 or email [info@rfnow.com](mailto:info@rfnow.com). Anyone who would like to learn more about pricing options can reach out to RFNOW.

To contact Foster Whyte directly, you can reach him at work at 204-748-4840, on his cell at 204-851-0427 or by email at [fosterwhyte@rfnow.net](mailto:fosterwhyte@rfnow.net).

## Low-pressure sewer and water update

Then the meeting moved to the topic of low-pressure sewer and water options.

CAO Wally Melnyk explained that council examined the potential provision of a low-pressure sewer system in 2019. Feedback from a 2020 meeting indicated that while sewer is important, water is equally important.

Based on information from that meeting, council proposed a project to the Manitoba Water Services Board (MWSB), which partners with municipalities on sewer and water projects.

In 2019, council got an engineering estimate that the project would cost about \$2 million, so they provided that amount to the MWSB. In the fall of 2020, the MWSB had agreed to provide 50 per cent funding under the Manitoba Restart program with an eligibility requirement that the money be spent by March 31, 2022.

Over the fall and winter, the town undertook some preliminary survey and design work.

In early 2021, a tender determined that the current total project cost would be \$3.2 million, significantly higher than the estimated cost from 2019. The MWSB said they couldn't expand their funding to match half of the new total. Instead, they agreed to contribute an additional \$360,000 for a total of \$1.36 million.

If the town goes forward with the full project, they will need to find a way to fund the \$1.84-million shortfall. If the project goes forward with sewer only, the town's cost will drop to \$952,000. If the project proceeds with water only, the town's cost will be \$647,500. However, these projects would need to be retendered since no commitments have been made, so the price might change again. The other option would be to terminate the project.

"Back in 2019 and 2020, the town did say that they would be willing to help the industrial park property owners by taking money from the reserves, a maximum of \$500,000, to help offset the costs of the project," Melnyk said.

"We would use up to \$500,000 or up to 25 per

cent of the cost of the project or 50 per cent of the community's share for the project. The remainder would have to be a borrowing or contribution from the property owners in the industrial park."

If the town were to borrow the funds, the annual per-parcel charge for 20 years would be \$1,714 for the full project, \$413 for water only or \$607 for sewer only. However, Melnyk noted that other methods, such as assessment or usage, could also be used instead to determine costs.

In addition to the cost of installing the mains, each landowner would be responsible to pay for their own connection. The estimated costs would be \$9,000 for water hook-up and \$14,000 for sewer hook-up. These costs don't include the decommissioning of existing wells or holding tanks.

"This is what we face, and council needs to make a decision fairly quickly in terms of whether we're going to move forward or not," Melnyk said.

For the project to move forward, council would need to make a commitment to sign a contract, which would be difficult to go back on, he added.

"If, however, we decide not to go ahead, I think that going forward we would probably not have the opportunity to have Water Services Board money on the table. So I would think that if we said no at this point, it would probably never come back as an option for the industrial park," Melnyk said.

"It's kind of a rock and a hard place here and that's why council wanted to come back to the property owners and ask for your opinion as to whether the service provision is worth it, whether the potential incremental increase in value to your property based on having it fully serviced is valuable enough to justify the cost, and to hear from the property owners about any interest in having this happen."

Melnyk asked property owners to provide input over the following two days to determine next steps for council to pursue.

"We're being very frank and transparent with the numbers here. We're not trying to hide anything. We want to know if this makes sense for the business community. If it does, great. If it doesn't, that's great too," Melnyk said.

"We just want to make sure that everybody understands that this might be the only time we're able to get some government funding to help with this and it's never going to get cheaper."

Industrial park property owners had their chance to ask questions and offer feedback. Some owners questioned whether the benefits would outweigh the costs. Others mentioned that they felt there hasn't been sufficient consultation about the situation.

Melnyk noted that each business owner will need to evaluate their own circumstances.

"The longer-term opportunity is that a properly serviced industrial park will be much more attractive for potential expansion of existing businesses but also for future owners," Melnyk said.

"We would hope that ... the value of the land and buildings would far exceed any costs that any individual business would have."

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# Stonewall Teulon Tribune

# Power lineman designs powerful industry clothing line

By Nicole Brownlee

An Interlake power lineman has launched a clothing company to showcase pride and community in his profession.

Mulvihill local, Bo Lindell, has worked in the power line industry since he was 14 years old, following in his father and grandfather's footsteps, who also worked in the field. Lindell, 31, launched Locked and Tagged in early 2021 after mulling over the idea with his colleagues for months.

"Most of the power line clothing is all directed towards lineman and journeymen," said Lindell, referring to electricians and electricians in training who work on outside wiring like telephone and electrical lines.

"There's a lot more to building a power line," said Lindell. "There's a lot of people involved."

The brand name itself refers to the process of "locking out" a power line or interrupting energy from flowing through the line and "tagging" the line to signal that you're the operator on the line. Despite the name focusing on a lineman's action, Lindell wanted to include operators, specialists, office staff and the many other imperative roles to the power line industry in his clothing line.

"I wanted to start a brand that represented power lines as a whole and, kind of, had something for everyone," said Lindell.

Working with several vendors, Lindell has designed shirts, sweaters, hats and several other products and accessories for men, women and children for sale in his online store.

"I really want to focus on just getting everything dialed in and putting out



Lindell often finds himself reaching for a piece of paper to quickly jot down new ideas.

**"I WANTED TO START A BRAND THAT REPRESENTED POWER LINES AS A WHOLE AND KIND OF HAD SOMETHING FOR EVERYONE."**

a good stylish product that people can wear," said Lindell.

His goal is to dress clients from head to toe, which fuelled his idea to develop shoes.

"Through my life, I've had a certain style of shoe that I like... and that's something you don't see, really, in like the power line world as far as apparel," said Lindell.

The Locked and Tagged website lists several sneakers and flip flops in an array of colours online and a pair of nylon canvas

boots. Lindell's enjoyed his design for durable sneakers so much he's hardly taken them off.

"Once I put mine on, I haven't worn any other shoe," said Lindell. "These things have been holding up wicked. I'm really proud of them."

Lindell continues to work as a full-



TRIBUNE PHOTOS SUBMITTED

Mulvihill's Bo Lindell launched Locked and Tagged, a clothing line that showcases pride in the power line industry in early 2021.

time lineman, travelling and working long hours, but he dedicates his evenings and spare time to Locked and Tagged. During his time off, Lindell assembles, designs and delivers products while developing his website and social media accounts.

"I don't run on a whole lot of sleep," said Lindell. "I get four hours of sleep, and I'm well-rested in the morning."

His coworkers often send Lindell photos of them wearing their Locked and Tagged apparel off-duty to show their support. One of Lindell's most popular designs is the Champ Hoodie which features the signature lightning bolt or company logo.

"I'm getting a ton of positive feedback," said Lindell.

"I never thought that I would be de-

signing clothes when I was building power line, I can say that for sure," said Lindell with a laugh.

He's always been able to draw, but Lindell said he's noticed he's improved while working on Locked and Tagged and often finds himself reaching for a piece of paper to quickly jot down an idea.

Lindell said he plans to continue adding more products to Locked and Tagged in the next few months and is working on launching a non-profit focused on mental health initiatives with his girlfriend, Lindsay Mcoid, in the next year.

To shop the brand and learn more about Locked and Tagged's monthly giveaways, visit [lockedandtagged.com](https://lockedandtagged.com) or @lockedandtagged on Instagram.

## Manitoba government to increase minimum wage in October

Submitted by Manitoba government

Manitoba Finance is advising Manitobans the provincial minimum wage will increase by five cents to \$11.95 as of Oct. 1.

By law, Manitoba's minimum wage is tied to the Consumer Price Index. This adjustment is based on Manitoba's 2020 inflation rate of 0.5 per cent, rounding up to the nearest five cents. Indexing Manitoba's minimum wage to inflation provides predictability for

businesses in terms of wage costs and ensures the purchasing power of the minimum wage is maintained on an ongoing basis.

Budget 2021 continues to make life affordable for Manitobans through the \$2,020 Tax Rollback Guarantee, such as the new education property tax rebate that will return nearly \$250 million to the owners of approximately 658,000 properties in Manitoba. The 2021-22 budget also removes the

retail sales tax on personal services like haircuts and salon services, and reduces vehicle registration fees another 10 per cent.

Manitobans continue to benefit from the indexation of the Basic Personal Amount and the provincial income tax brackets to the rate of inflation. This has saved Manitobans more than \$145 million since indexation began in 2017 and removed an estimated 12,500 Manitobans from the tax rolls includ-

ing an additional 1,500 individuals who will not have to pay provincial income tax for the 2021 tax year. In addition, Manitobans and businesses continue to benefit from the reduced retail sales tax rate of seven per cent, providing another \$325 million in annual tax savings.

Information on Manitoba's minimum wage and other employment standards is available at [www.gov.mb.ca/labour/standards/](https://www.gov.mb.ca/labour/standards/).

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Humeniuk plays final collegiate baseball game

By Brian Bowman

Ryan Humeniuk's outstanding collegiate baseball career is now over.

Humeniuk's University of Louisiana Monroe Warhawks were defeated 9-5 by Georgia Southern last Friday in pool play at the Sun Belt Championship.

Louisiana Monroe trailed 8-0 after just three innings before mounting a comeback.

"The coach did a good job of getting everyone in the lineup Friday and he let some of the older guys play a bit knowing it was

potentially the last game for some of the guys in their careers," said Humeniuk from Louisiana on Sunday afternoon. "I appreciated the guys showing some fight in the last game and it would have been easy to just fold it in, give up two more runs, and just play seven innings. But we made them put a couple of arms out there and play defence behind our guys. You couldn't ask for much more than that but we would have liked to finish (the season) with a win."

Humeniuk finished the game going 1-for-2 with a walk. He singled in his final collegiate at bat.

It was obviously tough for Humeniuk to end his collegiate career.

"It's a whole range of emotions, of course," said the Stonewall native. "You're obviously sad because one chapter of your life is ending and it's something that you have been devoted to for so long. So many hours and so much blood, sweat and tears that

you put into it. So many long drives and moving around the country and you look back on that but, at the same time, it's a happiness because the next chapter is starting whether that is for me either playing professional baseball or coming back and finishing my Masters Degree or joining the work world. I don't know yet, time will tell, but it's exciting because it's a new chapter in my life.

"These were the best years of my life so far. I have nothing but good things to say about it. I would recommend this ride to anyone, for sure."

The Warhawks were earlier downed 9-6 by Georgia State on May 25 which eliminated Louisiana from further action after pool play ended.

Louisiana Monroe finished the season with a solid 26-26 record while playing against some of the top teams in the country. Humeniuk loved his time with the Warhawks and feels the program is definitely going in the right direction.

"This is a special place for me and it's always going to have a place in my heart," he said. "The people are special, the program is special, and they are just going to continue to get better. I'm really excited for what the future holds for this school and this program."

For Humeniuk, he will anxiously await Major League Baseball's annual draft in July. If he is not selected, there is a chance he can be picked up by an organization as a free agent.

Humeniuk definitely put up offen-



TRIBUNE PHOTO SUBMITTED

Ryan Humeniuk's stellar collegiate baseball career came to an end last Friday as his University of Louisiana Monroe Warhawks were defeated 9-5 by Georgia Southern at the Sun Belt Championship.

sive numbers that should attract attention. He batted .291 this season with 57 hits (tied for first on the team), 33 runs scored, 28 RBI with four home runs.

"It was a good year," he said. "I would have liked to have seen a little more in my power numbers but early in the year I was squaring up the ball a lot and was hitting singles. If I hit the ball hard, I lined drove it towards the cen-

tre fielder. That's not a bad thing but I wasn't getting the ball up in the air a lot, which you would like to see, especially in your last year. I hit the four home runs and (eight) doubles and stole (14) bags.

"From my standpoint it was a good year but it wasn't anything crazy. But I hope it's enough to give me an opportunity to play at the next level."

## 2021 NextGen Prairie Championship cancelled

Submitted by Golf Manitoba

With the current province-wide restrictions in effect, Golf Canada has cancelled the 2021 NextGen Prairie Championship scheduled for June 10-13 at the Quarry Oaks Golf Course in Ste. Anne, Manitoba.

This regional junior championship is not feasible given the current mandatory 14-day quarantine for all people entering the province of Manitoba.

Golf Canada will continue to evaluate provincial health and travel restrictions related to COVID-19 to make informed and responsible decisions relat-

ed to our 2021 championship schedule. The safety and well-being of our championship competitors, tournament staff and volunteers along with event stakeholders and our host community at large is paramount to Golf Canada.

# Campsites crop up at Warren' Whispering Winds golf course

By Nicole Brownlee

A Warren golf course has invested in cabins to encourage visitors to stay in town.

Brian Campbell, owner and operator of Whispering Winds of Warren golf course and country club, said the campground gives people stopping in Warren for tournaments and vacations an opportunity to stay in town.

On May 11, the RM of Woodlands approved Campbell's request to zone the land owned by Whispering Winds for conditional use as a motel in the form of wood frame cabins used between March and October.

The parcel of land covers over 45,000 metres.

"We'll be putting five [cabins] up this summer, but I'm hoping to put in like 20 or 30 or 40 depending on how busy we can make it," said Campbell.

Crews have assembled one cabin on the property, and Campbell said he

hopes to erect the other four by the end of July. Most of the cabins will be around 200 square metres with a bedroom, kitchen, living area and front porch.

"The more we can get up, the better off everybody is," said Campbell.

He wants to wait and see if there's a demand in the community for more lodging before he builds additional cabins.

"I'll build them as we need them... but I don't know what the area can sustain."

The campground will offer an excellent option for visitors and encourage them to stay in the Interlake, said Gail McDonald,

retired manager of Interlake Tourism, in an email.

"Warren has very limited accommodations," said McDonald. "Building cabins at the golf course would enable longer stay times."

McDonald suggested these cabins

**"BUILDING CABINS AT THE GOLF COURSE WOULD ENABLE LONGER STAY TIMES."**



TRIBUNE PHOTOS SUBMITTED BY BRIAN CAMPBELL

Brian Campbell, owner and operator of Whispering Winds of Warren, was approved to build five cabins on the golf course property. The first cabin completed is an A-frame with a bedroom, kitchen and living area.

may push visitors to golf at several courses in the Interlake region in Warren, Lunder or Teulon.

"I think from an investment in terms of having people stay longer at their

facility and offering one more opportunity to stay and play back-to-back days [is] an excellent idea," said McDonald.

# Cockerill continues to stay competitive on the European Tour

By Brian Bowman

Aaron Cockerill continues to prove that he belongs on the European Tour.

Cockerill has put up some very good scores in recent weeks and has been solid all year.

"The golf has been good...I have had a lot of good scores," Cockerill told Golf Manitoba's Brian Munz recently. "I've made a lot of cuts but just haven't had too many high finishes yet but we're giving ourselves plenty of chances so I think they'll come. It's been a good start to the year."

Cockerill is getting a lot more confident as he competes in his second season on the European Tour. He knows that he can score well and be competitive in every tournament.

"Last year ended up being kind of good for me in a way," Cockerill said. "We basically got a free spin. I think I got to play 20 tournaments on the European Tour and there were no consequences in terms of losing your card or anything like that. It worked out pretty good for me. I got some experience and I got a chance to play with some of the bigger name guys. I was just enjoying it."

Cockerill feels good about his drives off the tee but feels he can be a bit more aggressive, at times, with a shorter club in an attempt to get more

birdies.

"Do it in a smart way but give myself a chance to get those higher finishes," he said. "Have a Sunday 66 and kind of sneak up the board and turn some of those 30th-place finishes into a top 10 or get in the mix a little more."

Cockerill recently fired an outstanding 62 which tied his lowest score ever. That type of score on the European Tour is very, very impressive.

"That was a fun round," he said with a smile. "There were a decent number of scores at that golf course. The guy I played with that day shot a 61. It was crazy. The scores have been low so far this year. I feel I've shot a ton of rounds in the 60s. That day was fun. I shot one over the first day and I was in like 100th place so I knew I needed a good day the next day just to be playing the weekend. Things came together, I hit a lot of the par-5s in two and two putted. I knocked a few close and made a couple of 20-footers and it ended up to be a pretty good day."

Cockerill had made the cut in six of his previous eight tournaments heading into his last event but the European Tour wasn't too kind to Cockerill, though, last week as he missed the cut at the Made in HimmerLand present by Freha in Himmerland, Denmark.

Cockerill carded rounds of 75 and 71



PHOTO SUBMITTED

Aaron Cockerill has been putting some great numbers on the board while on the European Tour.

to finish tied for 129th.

His first round included a triple bogey on No. 2 and then he bogeyed the next hole to quickly be four-over par after just three holes. Cockerill bounced back to eagle the par-5 fifth hole and then he birdied No. 6. The rest of his round included a birdie, three bogeys, and seven pars.

Cockerill was better on Day 2 as he posted an eagle and two birdies on the back nine. On the day, he finished with 12 pars and three bogeys, all which came on the front nine.

The next stop on the European Tour is the Porsche European Open in Hamburg, Germany from June 5-7.

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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   |   |   |   |   |   |   |
| 2 |   | 6 | 9 |   | 5 |   |   |   |
|   |   |   |   | 7 | 6 |   |   | 1 |
| 8 |   |   |   | 1 |   |   |   | 6 |
|   | 9 |   | 4 |   |   |   | 8 |   |
| 5 |   |   |   |   |   |   |   | 7 |
|   |   | 5 |   |   |   | 6 |   |   |
|   | 3 |   |   |   |   |   |   |   |
|   |   |   | 2 | 7 | 1 | 9 |   |   |

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 6 | 1 | 7 | 3 | 2 | 8 | 9 | 4 |
| 8 | 4 | 7 | 6 | 9 | 5 | 2 | 3 | 1 |
| 2 | 3 | 9 | 4 | 8 | 1 | 5 | 7 | 6 |
| 3 | 7 | 8 | 6 | 9 | 1 | 2 | 5 | 4 |
| 1 | 2 | 8 | 3 | 9 | 4 | 7 | 6 | 5 |
| 6 | 9 | 5 | 2 | 1 | 7 | 4 | 8 | 3 |
| 7 | 1 | 2 | 9 | 7 | 8 | 6 | 5 | 3 |
| 7 | 8 | 3 | 9 | 4 | 6 | 9 | 1 | 2 |
| 9 | 5 | 6 | 1 | 2 | 3 | 4 | 7 | 8 |

Sudoku Answer

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | E | A | B | S | E | T | S | V | I |   |   |   |   |
| A | T | E | N | V | S | S | E | T | S | V | I |   |   |
| N | A | B | H | J | V | K | D | E | E | S | T | N | V |
| I | B | O | S | I | S | E | N | I | K | E | T | B | E |
| L | I | N | S | W | E | M | O | R | O | S |   |   |   |
| S | O | V | E | L | D | I | O | V | H | I | V |   |   |
| H | I | L | E | S | O | E | T | I | E | A |   |   |   |
| T | E | E | S | S | V | I | O |   |   |   |   |   |   |
| S | E | O | T | S | V | S | X | V | W |   |   |   |   |
| B | O | O | I | V | H | D | X | O | S | E |   |   |   |
| J | O | W | N | B | I | V | O |   |   |   |   |   |   |
| E | N | I | N | G | O | O | T | O | N | O | I | I |   |
| I | V | X | O | T | O | W | S | A | O | T | D | W | E |
| T | O | S | N | O | O |   | S | H | A | V | W | O |   |
| N | E | V | O |   |   |   | S | B | B | E |   |   |   |

Crossword Answer

## CROSSWORD

### CLUES ACROSS

- Partner to "flows"
- French industrial city
- Diagrams
- Diplomat
- Hires
- Hawaiian island
- Set aflame
- Very happy
- Blue dye
- Small terrier with short legs
- One thousand cubic feet (abbr.)
- Northern pike genus
- Expression of annoyance
- Female deer
- Casella and Kellerman are two
- Actor's lines to audience
- Days (Spanish)
- Close a person's eyes
- Cloaked
- Comedic actor Rogen
- It's all around us
- Neutralizes alkalis
- Native people of New Mexico
- No seats available
- Famed "Air Music" composer
- Fit of irritation
- Psychic phenomena
- Knicks' first-rounder Toppin
- Seed used in cooking
- "WandaVision" actress Hahn
- Samples food
- In a lucid way
- Stair part
- Adieu

### CLUES DOWN

- Type of moth
- A Christian sacrament
- It lends books to Bostonians (abbr.)
- Turn away
- Impersonal
- Shortly
- Indigenous Alaskans
- Subtle difference of meaning
- Sicilian city
- Put in harmony
- Administrative divisions
- As happily
- Horse mackerel
- Muddy or boggy ground
- Monetary unit of Italy
- Construction site machine
- 22
- Tracts at the mouths of rivers
- Earnings
- Insect repellent
- Runner-up
- Musician
- Serious or urgent
- Esteemed one
- Where rockers play
- Work furniture
- Greek prophetheses
- Quantitative fact
- Missing soldiers
- Minute
- This (Spanish)
- Maintain possession of
- Assault with a knife
- Holiday text message greeting

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Competition number: IERHA 1663/21

Please refer to complete job posting at: <https://selfservice.ierha.ca> and search under "View All" and scroll to : Student Maintenance Assistants. Deadline for submissions is Thursday, June 10, 2021 at 11:59 pm.



Interlake-Eastern  
Regional Health Authority

## The PROPERTY REGISTRY THE SURVEYS ACT PUBLIC NOTICE

In accordance with Section 11 of the above Act, notice is hereby given that the original monument establishing the following location has been lost:

- ¼ N Section 12-15-1 WPM

A new monument to perpetuate the original location has been planted by Dwayne Denchuk, Manitoba Land Surveyor, on April 1, 2021

Any person wishing particulars about the re-establishment of this monument is advised to contact the following:

Dwayne Denchuk  
Manitoba Land Surveyor  
Isaac & Denchuk  
200 Clandeboye Avenue  
Selkirk, Manitoba R1A 0X1  
Phone No. 204-785-2924  
[ddenchuk@idsurveys.com](mailto:ddenchuk@idsurveys.com)

Examiner of Surveys  
Teranet Manitoba  
PO Box 50030  
Brandon South East  
Brandon Manitoba R7A 7E4  
Phone No. 204-726-6854  
[Tim.cassan@teranet.ca](mailto:Tim.cassan@teranet.ca)

Any persons having any objection to or having any evidence which he/she desires to give against the confirmation of the re-establishment of this lost corner is to submit any such objection or evidence in writing verified by affidavit to the Registrar-General within thirty days from the publication of this notice in the Stonewall Teulon Tribune.

Where no objection to or evidence against the confirmation of the re-establishment of this lost corner is received by the Registrar-General within thirty days after publication of this notice, or where any such objection is subsequently withdrawn in writing, the Registrar-General shall confirm the re-establishment of this lost corner.

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- Must be students between the ages of 16-29

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Please apply on-line at <https://selfservice.ierha.ca/> under the competition you are interested in with resume attached. Deadline for submissions is Thursday, June 24, 2021 at 11:59 pm.



Interlake-Eastern  
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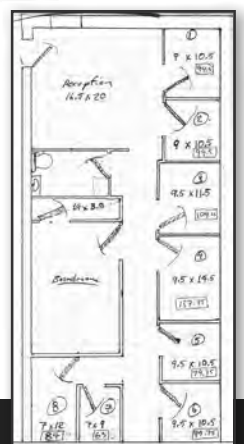
## Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association, Sun Life Financial, two Massage Therapists, an Esthetician and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.

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## OBITUARY



### Dorothy April Simonson

It is with greatest sadness that the family of Dorothy Simonson of Stonewall, Manitoba formerly from Grosse Isle, Manitoba for 35 years, announces her passing on May 31, 2021, at Rosewood Lodge at the age of 79.

Dorothy will be remembered by her daughter Bev Schofield, son-in-law Terry and grandson Kyle. Her brothers Ted (Joy) and Carl (Edie) and many nieces and nephews.

Dorothy was predeceased by her parents Torger and Martha Simonson; son Wesley Hannah, "he always had a special place near to her heart, she lost him far too soon"; spouse Ken Belbin; her brothers and sisters, Viola, Gord, Astrid, Gary, Doug, and Lloyd.

Dorothy loved her country music, baseball, hockey and all sports. Mom kept track of everyone's birthdays and special occasions. Mom was very meticulous about her yard and house in Grosse

Isle. It was her pride and joy, always tending to her gardens and lawn. Coffee was always on at Mom's house for anyone that wanted to stop by and visit. She will be greatly missed by so many friends, family and neighbours.

Mom spent most of her time in Teulon Hospital and Rosewood Lodge in the last year. Special thanks to everyone that provided such loving care to her. Also, Mallory the song you wrote Mom when she left Teulon had us all in tears. Thank you so much. It meant so much to her. Thank you, Doctor Hicks, for always putting a smile on Mom's face.

In the last three weeks we have face timed, speaker called, window visited and relayed messages on how much she is loved. Yuli and Lina played their violins outside Mom's window. It was so special to her. Mom's last wish a year ago was to say goodbye to friends and family. I think we have. Thank you so much everyone who sat inside or outside Mom's window at such a difficult time.

"In the last three weeks I have got to spend a lot of time with Mom holding her hand. I am so grateful to have spent so much time with her. Love you Mom. Rest in Peace, love you always." Bev

A special message from Kyle - "With Grandma's health issues starting during the Pandemic that added so many extra challenges. She was such a strong woman and knows how much her family and friends love her. While I was away for 14 weeks in Kingston, I talked to her every weekend over the phone to tell her about my training as she always wanted to know what I was learning and I was really happy to make her proud. My last time going to visit her she was not doing well. I wasn't able to visit in the same room as her for way to long and for it to be under these circumstances made it hard. I held her hand and sat with her. At first, she was confused for the first hour and seeing her in this state was heart breaking. What I am grateful for is after one of the times after I told her I loved her she became alert and responsive and we were able to talk for awhile and this last conversation I'll hold in my heart forever. Goodbye Grandma, I love you and I miss you."

A small family interment will take place at Woodlands Cemetery and also Hillside Cemetery in Portage la Prairie. A celebration of Dorothy's life will take place when COVID restrictions are lifted and gatherings are permitted.

In lieu of flowers, donations can be made to Rosewood Lodge Personal Care Home in Memory of Dorothy Simonson, 513 - 1st Avenue N, Stonewall MB. R0C 2Z0 or Coffeehouse to End Cancer at CancerCare Manitoba Foundation, <http://support.cancercarefdn.mb.ca/goto/coffeehouse2021> Follow the links to donate now in Memory of Dorothy Simonson.

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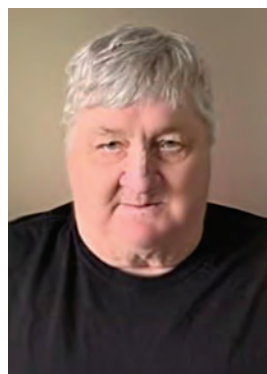
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Stonewall Teulon  
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## OBITUARY



### Leslie Terrence Balan

November 2, 1940 - May 29, 2021

It is with great sadness that we announce the sudden passing of our amazing husband, father, Papa, brother, uncle, and friend Leslie Terrence Balan at his home on May 29, 2021.

Longer obituary to follow.

In lieu of flowers donations can be made to the Woodlands Pioneer Museum.

*kl*  
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## OBITUARY



### David John (Dave) Shepell

August 1, 1938 - May 23, 2021

It is with the greatest of sorrow that we announce the somewhat sudden passing of our dad, our grandfather, and our great-grandfather. He passed away at Stonewall Hospital with his family by his side.

David is survived by his daughters Brenda (Norman) and Charlene (Joey). He also leaves behind his grandchildren Jordan (Sarah), Anders (Melissa), Geri-Lynn (Trevor) and step-grandchildren Derek (Laura), Kaitlyn (Ryan) and Keith. The loves of his life - the great-grandchildren - Abby (Cayden), Emma, Madison, and Kenzie and his step grandchildren, Lucas, Colby, Carson and Zayden. He also leaves behind his god daughter Susan, his only sister Betty, brother Warren and sister-in-law Patricia as well as Vanessa. He will be greatly missed by numerous nieces, nephews, relatives and

many, many friends.

Dad died of a broken heart and was predeceased recently by his wife of 62 years Marjorie, his only son Gerald in 2016 and the very recent passing of granddaughter Jassy. He was also predeceased by his parents Stanley and Anne, brothers Walter, Joe and Charlie.

Dad grew up and was raised on a farm in the Fisher Branch area. He attended McMaster Elementary School and left after completing only those grades in order to help on the family farm. The work was hard and times were tough, nothing came easy. This would shape his life and instill the work ethics he was known for. When not farming he worked with his brother Walter in the winter months hauling wood in Hudson, Ontario.

He was married in 1958 to our Mom. They eventually settled in Stony Mountain in 1967 and raised their three children on Prince Street. They made the move to Stonewall 20 years ago and he remained in their home until his passing.

He began his road construction career with BACM, followed by over 50 years with Mulder Construction. This took him to every single highway in Manitoba and NW Ontario in the course of his employment. He drove every piece of equipment but eventually became the man behind the asphalt plant. Today there are hundreds of people who were taught some facets of the construction business by our Dad including the grandsons, one of whom follows in his footsteps.

We always joked about his "9 lives". A serious highway accident with a backhoe, he was shot through the lung with a bolt that came loose from a chain, was electrocuted trying to assist a young worker, numerous farm accidents, and likely many other incidents we never knew about. Dad never gave anything a second thought. He healed up and would be back at work in short order. He worked until he was 78 years old. Had his eyesight not failed him, he would still be working.

In recent times he kept in touch with nephews Arthur and Murray with great interest on their farming progress. He liked his TV game shows, and Curse of Oak Island which Norman had recently got him hooked on. He loved his phone calls with sister Betty as they reminisced about their younger years and never missed a call to Susan to report on the Jets game.

Dad's life was his work and his work was his life. We are forever grateful to those of you that stayed in touch with him until the end.

He was laid to rest beside his wife at the Rockwood Cemetery on Friday, May 28, 2021.

Our heartfelt thanks goes out again to Ken Loehmer for the caring and compassionate service he has provided to us. We would also like to thank Dr. Hicks who cared for Dad like no other doctor ever had. Thanks also to all the great staff at Stonewall Hospital we encountered during the past week.

*kl*  
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# Announcements

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## IN MEMORIAM



**Christopher Lorne Harman**  
September 28, 1974 – June 6, 2020  
In Loving Memory  
Your presence we miss,  
Your memory we treasure;  
Loving you always,  
Forgetting you never.  
Miss you Christopher.  
- Love Dad, Valerie, Stacy and Brandon

## CARD OF THANKS

A huge thank you to everyone who sent cards, flowers, baking, phone calls and prayers over the past few months. My recovery has been a roller coaster but is now slow and steady. Thank you to my awesome family for the loving care they provide for me daily.

-Bonnie Place

## IN MEMORIAM



**Georgette Proctor**  
September 26, 1930 – June 5, 2014  
Gone are the days we used to share..  
But in our hearts you're always there.  
The gates of memory will never close..  
We miss you more than anyone knows.  
With tender love and deep regret..  
We who love you will never forget.  
Gone is the face we loved so dear..  
Silent the voice we loved to hear.  
Too far away for sight or speech..  
But not too far for love to reach.  
Sweet the memories are so clear..  
In our thoughts you're always near.  
-Forever loved, forever missed,  
Mareta, David, Claudette and families

Your memory will live forever  
Engraved within our hearts

## IN MEMORIAM



**Dwayne Swanson**  
November 25, 1960 - June 2, 2020  
"Forever in our Hearts,  
Always our Inspiration"  
Our lives go on without you,  
But nothing is the same;  
We have to hide our heartaches,  
When someone speaks your name.  
Sad are the hearts that love you,  
Silent the tears that fall;  
Living our hearts without you,  
Is the hardest part of all.  
You did so many things for us,  
Your heart was kind and true;  
And when we needed to talk to someone,  
We could always count on you.  
The special years will not return,  
When we were all together;  
But with the love within our hearts,  
You will walk with us forever.  
-Love always and forever,  
Penny, Eric and Neely

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