



THE
McKILLOP TEAM
RE/MAX TOWN & COUNTRY

467-8000
mckillop.ca

FREE HOME WARRANTY

For a limited time you will receive a **FREE** Home Warranty on any property you purchase from us.

TAKE THE WORRYING OUT OF BUYING!



Just Listed - \$429,900 5.74 AC. 1880 SQFT. 4 BDRM. 32x46 Shop in floor heat above grd pool - Hwy #7 by Stony Mnt - Brandt



Just Listed - \$329,900 A home to impress! Hardwd floors, huge kitchen, 3 bths, 95% fin basement - Stonewall - Susan



Just Listed - \$399,900 Prairie Breeze Estates - Executive style open concept 1586 sqft 3 bdrm on pie lot - Matt

Stonewall Teulon Tribune

VOLUME 6 EDITION 22

THURSDAY,
MAY 28, 2015

SERVING STONEWALL, BALMORAL, TEULON, GUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & SURROUNDING AREAS



A sod-turning ceremony to mark the building site of ArrowQuip, a manufacturer specializing in agriculture equipment, took place in the RM of Woodlands on May 21. RM of Woodlands council and staff, pictured from left to right: Gavin Jones, Carl Fleury, CAO Adam Turner, Deputy Reeve Ila Buchanan, Orval Procter, ArrowQuip CEO Philip Firth, Community Economic Development Officer Alain Beaudry, Reeve Trevor King, Wayne Yule and ArrowQuip Group General Manager Andrew Firth. (See story on page 2)

TRIBUNE PHOTO BY NATASHA TERSIGNI

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



GUNTON AREA \$379,900
Country Sophistication!
FAB 80 AC w/awesome 3000SF, 4+br, 2 bath hm w/ 2 fireplaces, 48 x 24 Wkshp, 24 x 26 Gar w/ insul greenhouse or office. Come See - Come Sigh!!



ST.LAURENT STARTING AT \$145,950 INCL GST
Longbeach Wilderness Estates
EXCLUSIVE BEACHFRONT lots.
A great opportunity for you to build your dream home or summer get-a-way! Spectacular SUNSETS and walks in the sand!

Experience Counts



The Claudette GRIFFIN Group
Past Director - Winnipeg Realtors®
Past Chair - Professional Standards

L.J.BARON Realty
EST. 1953
Family owned & operated over 60 years!

MOST PROPERTIES SOLD in the INTERLAKE by an INDIVIDUAL in 2013!

Out of 1500 REALTORS®, most properties in R12 & R19 based on Winnipeg REALTORS® MLS™ Stats



TEULON \$59,900
Fixer Upper
1380 sf COMMERCIAL BLDG, in prime business location. Needs a buyer who can put in some hard work!
OPPORTUNITY IS KNOCKING!



OPEN HOUSE SUN JUNE 7TH 1-3PM

7 MCKNIGHT ROAD - BALMORAL \$434,900
CALL NOW IF U VALUE QUALITY!
Lovely 2160 SF, 4BR, 2.5 bath on 128 x 175 priv, landscpd & treed lot, w/dev bsmt, insul dbl gar, C/A, C/V, gazebo w/hot tub, underground sprinklers, prairie vistas & more!

204-886-2393 baron@mts.net www.ljbaron.com

Woodlands farm equipment manufacturer set to expand

By Natasha Tersigni

It was an exciting day for executives at ArrowQuip as they broke ground on their new 64,000-square-foot manufacturing facility located in the RM in the of Woodlands on May 21. The new facility will allow ArrowQuip, a manufacturer specializing in agriculture equipment, to increase their production rate five times from their current output. Work on the new building is set to start in the next few weeks, with preliminary land work already taking place. Headingley general contractors Crane Steel Structures will be overseeing construction.

ArrowQuip has been operating in the RM of Woodlands since 2003 and has quickly outgrown its current space on

Road 8 south of the Woodlands townsite. Their expanded operation is moving down the street to a new building just east of Highway 6, next to the municipality's public workshop. The building is set to be complete by June 1, 2016.

ArrowQuip is currently the RM's largest employer, and with the new building space and continued growth, company executives hope to see employment opportunities grow. ArrowQuip's main focus in the last three years has been in their Arrow Cattlequip division, manufacturing livestock handling products such as squeeze chutes, alleys, tubs and loading ramps.

"In 2012, we were 14 employees, and right now, we are 42. With the new facility, we are expecting to dramatically increase the output we currently produce while producing a safer and higher quality end product. In the last two years, we have increased our purchasing in the Manitoba area four times," said general manager Andrew Firth, who added the company also has several contractors in Manitoba who they sub-contract work too.

"We are always looking for people, especially from the local area, to join our team. Our em-

ployees are very important to us. The success of ArrowQuip in the future will come from a team effort of all our employees. We have employment opportunities not only on the manufacturer side but in marketing, engineering, sales and finance as well."

The ArrowQuip manufacturing plant in Woodlands services farmers throughout North America. With an Australian plant currently serving the Asian market, ArrowQuip is looking at expanding into the European market with this new building.

The RM of Woodlands council attended the ceremony and are excited about the economic growth and development spin-off this new expansion will have for the RM.

"This is pretty exciting for the RM to be able to work with these guys," said Reeve Trevor King.

"This is big for the RM as businesses like this tend to attract others. We have been working closely with them to make sure everything goes smoothly. Our community economic development officers have been working hard in the last seven years to be able to attract businesses such as these here."

"IN 2012 WE
WERE 14
EMPLOYEES
AND RIGHT NOW
WE ARE 42."

Arbour Day Celebration

Saturday, May 30 at 10 a.m.
Located in Memorial Park
 (across from Bobby Bend), Stonewall
 (Rain Date: Sunday, May 31 at 1:30 p.m.)
Come & plant a tree, come for a free seedling or both!

Ruby Roe Tall Grass Prairie Day

Saturday, June 6th at 11:00 a.m.
Located just west of the hospital in Stonewall
 (Rain Date: Sunday, June 7th at noon)

Enjoy a free tour of Stonewall's natural gem and learn about our native plants

FREE picnic BBQ at noon!

For more information, visit us at:

REACT INC.org
 Rockwood Environmental Action Community Taskforce incorporated



TRIBUNE PHOTO BY NATASHA TERSIGNI
 RM of Woodlands Reeve Trevor King, pictured left, congratulates ArrowQuip general manager Andrew Firth on the expansion of his manufacturer equipment business at the sod-turning ceremony.

THANK YOU
 we appreciate
 your business

JOIN US FOR LUNCH
 At all One Insurance locations
 June 5, 2015 11:00 to 2:00

ONE
 INSURANCE
 oneinsurancegroup.ca

Prairie Blossom School greenhouse in full bloom

By Natasha Tersigni

Students from the Prairie Blossom Hutterite Colony, located southwest of Balmoral, have been hard at work since February growing plants for their business, Roots of the Future Greenhouse. This is the second year the students have been working on their greenhouse project and they are anxiously waiting to open its doors to customers.

On June 4 the greenhouse will host their grand opening from 3 to 5 p.m. Following a ribbon-cutting ceremony, doors will be open for colony members and the rest of the public to purchase a wide variety of plants including bedding plants, perennials, herbs and vegetables.

All the students at the school are involved with the greenhouse, but in order to hold a higher job on the management team — such as CEO, assistant CEO, treasurer, secretary, public relations or book keeper — students have to apply for the job, create a resume and be interviewed by the board of directors, which is the staff at the school. The management team directs classmates in tasks such as planting and the maintenance of the greenhouse. To get ready for the June

opening, students started planting at the end of January.

Growing the plants and running the business side of the greenhouse encompasses many of the students' classes, including science, language arts, social studies and math.

"We are trying to integrate our curriculum and take our math program especially and build it right into running a business, which is practical and which these guys will grow up and do on the colony, so it works well for them," said principal Kristin Smith.

To help with the planting side of the business, the school received some professional advice.

"A botanist came from the University of Manitoba and she brought a few plants and taught us how to properly water them. A normal plant you put your finger in (about 20 centimetres) to see if it is dry," said Grade 9 student Tamara, who added the botanist also taught the students about pest management.

"She told us if we spray the plant every second day with soapy water, the pesticides can't reproduce and they will die."

With just a few weeks left before opening day, the greenhouse man-



TRIBUNE PHOTO BY NATASHA TERSIGNI

Prairie Blossom School Grade 9 student Jolene checks on the plants in preparation for opening day of their greenhouse business, Roots of the Future, on June 4.

agement team is busy working on some final marketing products with help from Balmoral School teacher Carter McLean and the men that do marketing for the colony business Prairie Trusses. Students are creating a website complete with commercials, business cards and posters.

Starting June 4, the greenhouse will be open Monday to Friday from 8 a.m. to 4 p.m. and by appointment in the evenings and weekends. For more information or to book an appointment, phone Prairie Blossom Colony at 204-467-8012. The colony is located at 4093 Road 84N.

Grandeur Housing Ltd.

Quality Built Homes

Factory Direct in Manitoba!
Inquire about a custom home
today or come and see our
MANY RTM & Manufactured
stock homes starting at just..
\$137,000

Stock Homes!

6 RTM Homes in Stock
&
5 Single Wide Homes
in Stock

RTM Basement Model Home

3 bedrooms | 2.5 Bathrooms

1,624 SQUARE FEET Stock #2804



20' x 76' Manufactured Home

3 bedrooms | 2 Bathrooms

1,520 SQUARE FEET Stock #2815



Visit our Website for more info & pictures

Contact Us Today
Ph: 204.325.9558
www.grandeurhousing.com

Inspiring SCI's gay-straight alliance for years to come

By Natasha Tersigni

For the past four years, Stonewall Collegiate Institute's (SCI) Friends Recognizing Everyone Equally (FREE) has been working to make the school an inclusive environment for all students.

Five members of SCI's gay-straight alliance (GSA), along with SCI teacher Tara Didychuk and Balmoral School teacher Mark Lawson, spent their May long weekend in Winnipeg attending the 2nd Annual OUTshine conference, Canada's national gay-straight alliance summit. This is the first time the conference was held in Winnipeg, and youth and educators from across the country came together to discuss lesbian, gay, bisexual, transgender and questioning (LGBTQ) inclusion in schools and creating and sustaining gay-straight alliances.

Grade 12 students Tyler Grayson-Lauber and Jordyn MacDonald have been part of FREE since it first began and thoroughly enjoyed their experience at the conference, including learning how to sustain a GSA and the variety of speakers that were showcased throughout the weekend.

"It was inspiring to see how these people could overcome so many awful things and come out so positive and how successful they are now,"

said Grayson-Lauber, who added one of the inspiring speakers he heard was Scott Jones.

Jones is an openly gay man from Nova Scotia. One night, he was at a local bar in New Glasgow and he was sitting with his friends and had his arm around one of them. A man then came up from behind Jones stabbed him in the back twice. One stab wound severed his spinal cord, and then the attacker tried to slash Jones' throat. Following the attack, Jones told police and media that he believed he was stabbed because he was openly gay and had his arm around another man. Although the attack left him paralyzed from the waist down,

Jones travels across Canada encouraging people to speak up against homophobia.

"This happened to Scott Jones a year and a half ago and he is now going around schools and talking about his experience. I found that amazing," said Grayson-Lauber.

Grayson and MacDonald hope the conference helps to spark new ideas for current members on how they can encourage more students to join FREE. The pair fear that fewer and fewer students are joining the group due to the stigma attached to it.

"DON'T JUST STAY SILENT BECAUSE SILENCE LETS THINGS HAPPEN."



TRIBUNE PHOTO SUBMITTED

SCI's gay-straight alliance, Friends Recognizing Everyone Equally, travelled to Winnipeg earlier this month to take part in the national summit OUTshine. While participants had time to let their hair down, the weekend was spent mostly listening to speakers and learning new ways to keep GSAs thriving in schools. Pictured left to right, back row: Gillian Pinniger, Tyler Grayson-Lauber, Jordyn MacDonald, Tara Didychuk, Mark Lawson; front row: Hannah Coburn, Natasha Harvey and Ericka Erickson.

"The group started when we were in Grade 9 and was very small and not well known. Not many people know about it and some are afraid to come to the group," said MacDonald, who added often students think they will be labelled if they get involved with a GSA.

A component of the conference was addressing the ally component of gay-

straight alliance and the importance of having people from all walks of life, not just the LGBTQ community, become members of GSAs.

"It is important to make yourself known as an ally and be a supporter," said MacDonald.

"Don't just stay silent because silence lets things happen," added Grayson-Lauber.

Local girl ready to fight back

Katie Munro was 18 when she was diagnosed with Crohn's disease. Ten months later, she has found herself in the campaign for a cure

By Stefanie Lasuik

Katie Munro is ready to raise awareness and funds for a largely unpublicized ailment. The 19-year-old Warren resident was diagnosed with Crohn's disease nearly a year ago and is doing everything in her power to further efforts towards a cure.

Crohn's disease is an inflammation of the gastrointestinal tract, not to be confused with irritable bowel syndrome. Crohn's is a chronic illness, which leads to regular symptoms of abdominal pain, vomiting, diarrhea, fatigue, fever and chills, joint pain and

weight loss. For Munro, these symptoms nag daily on her body and her mind.

"It's something I think about every day, all the time," Munro said, noting that she constantly wonders whether she'll feel well on any given day. The chronicity of the disease has affected her social life as well, causing her uncertainty when making plans and disappointment when she has cancel.

Munro's diet is restricted by the autoimmune disease, which bars her from leafy greens, seeds, nuts and ice cream.

Munro receives treatment every eight weeks through an infusion pump injected into her arm. While she acknowledges the frustration, Munro maintains positivity.

"I have to keep my head up and keep going because I can't let it affect me that way," she explained.

Munro raised money for the cause by setting up a donation table at Chicken Chef on a takeout-only day a few months past. She is now preparing to partake in the three-kilometre Gutsy Walk put on by Crohn's and Colitis Canada on June 7 in Winnipeg. She is collecting pledges in order to do so.

Anybody wishing to pledge Munro to support the fight against Crohn's disease can contact her at 204-513-1131.



TRIBUNE PHOTO BY STEFANIE LASUIK

Katie Munro holds her pledge profile for the upcoming Gutsy Walk. Crohn's affects one in 150 Canadians, a rate that ranks Canada amongst the highest worldwide.

Cheering her way to the top

Teya Tronrud, 13, golden at provincials

By Stefanie Lasuik

Balmoral resident Teya Tronrud brought home gold from cheerleading provincials held in Portage la Prairie on May 2. A member of Dynamite Cheer, Tronrud has been cheering for five years and was excited to see her team's diligence pay off.

"We had worked really hard and we felt we deserved it because we definitely got a lot better," Tronrud said,

noting that many of the girls on her squad were newcomers to the sport at the beginning of the year.

Tronrud's team consists of 18 members ranging in age from 11 to 16. The girls practise every Sunday from September to May.

For Tronrud, provincials marked the end of this season's success, but she has dreams to one day travel to Florida to compete on the world stage.



TRIBUNE PHOTO SUBMITTED

Teya Tronrud's Dynamite team explodes to gold at provincials.

Town council discusses arena revenue, composting

New ideas presented to council that may help increase hockey arena revenues

By Marney Blunt

Revenue for the hockey arenas at the Veterans Memorial Complex has been on the decline, town council says.

However, the town's parks and arenas supervisor, Brett Chatfield, has presented some innovative ideas to council that may help fix the issue.

"The increase (in ice rentals) he is proposing is to meet costs because presently we are losing," said Anne Burns, the chief administrative officer for the Town of Stonewall. Exact numbers for the increases were not yet determined.

"So this would make us break even; we wouldn't lose money. The last increase was two years ago and it was not even two per cent, and that didn't cover costs. He also indicated that we have Minor Hockey and that we don't rent to other hockey organizations, which would then be charged even more if we did," CAO Burns said.

Previously, the Minor Hockey League was charged in four-hour blocks for ice time, including flooding. The new policy proposal would change that to a per-hour charge, excluding flooding time.

"So even though the price may go up, it may not be the same overall cost

because he's not going to do the four-hour blocks," explained Burns.

Chatfield also indicated in his proposal that the Minor Hockey League reserves ice time, and when it's not needed, the league rents it out. The proposal also included charging for use of the downstairs meeting room at the arena, as well as some innovative advertising ideas that can help offset costs.

"None of the teams want any extra ice. They play enough tournaments and games and they seem to have enough practice time," said Scott Myers, the president of the Minor Hockey League. "I just think that we see the ice empty enough. Right now, we take it all and we try and sell it if it's empty."

"We'd love to give it back to him to try and sell it. A lot of our guys are volunteers and don't have the extra time to put in."

Burns said some concerns had been raised over the proposed policy, including worries that the increases may impact membership and it may cause young participants to drop out due to increased costs.

Council has tabled the proposal for further discussion before a resolution is passed.

Backyard composting

Stonewall's go-to composting guy, Lloyd Jensen, made a delegation to town council during the regular meeting on Wednesday, May 20 to discuss ideas for promoting compost distribution in the town.

Jensen says that although there are lots of backyard composting units in the town, his numbers say people either aren't using them or are having trouble using them, and he wants to help.

"I thought we should try and promote the heck out of these things and give people as much support and help as we possibly can to get them to use

them. And if they still don't want to use them, (we could) recycle them to somebody else who might want to use them."

Jensen discussed the possibility of doing individual visits to homeowners to help them learn to use their backyard composting bins.

"We can set up a time and go right in their backyard, take a look at what they've got, and if they are having problems, try and fix the problems," he said.

Jensen also discussed the potential of getting a group of approximately 20 people together to take part in a demonstration on how to use the backyard composting system.

THE Flicks

CINEMA

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

319 First Street E., Stonewall, Man.
467-8401

PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

LAST DAYS:
WED & THURS
MAY 27-28
AT 8:00 PM

AVENGERS:
AGE OF ULTRON

Not recommended for young children; Violence; Language may offend **PG**

FRI-SAT-SUN-MON MAY 29-30-31 JUNE 1
(CLOSED TUES) AND WED-THURS JUNE 3-4

FRI & SAT AT 7:30 & 9:30 PM
SUN-MON, WED-THURS AT 8:30 PM

Pitch Perfect 2

*Anna Kendrick
Rebel Wilson*

Not recommended for young children; Language may offend **PG**

FRI-SAT-SUN-MON JUNE 5-6-7-8
(CLOSED TUES) AND WED-THURS JUNE 10-11

WHAT A LOVELY DAY

AT 8:00 PM EACH NIGHT

*Tom Hardy
Charlize Theron*

Not recommended for children; Violence; Disturbing content **14A**

BAR MENU - DAILY 8PM-11PM & SUNDAY 1PM-6PM

Chicken Finger Platter	13" Two Topping Pizza	Onion Rings
Chili Cheese Dip	Cheeseburger	Fries
Nacho's with Beef	Turkey Club Sandwich	Mozza Sticks
Quesadillas-Chicken or Beef	Sweet Potato Fries	Calamari
		Dozen Wings

ROCKWOOD Motor Inn 390 Main St. Stonewall **467-2354**

Tribune



PUBLISHER
Lana Meier



SALES
Brett Mitchell



REPORTER/PHOTOGRAPHER
Natasha Tersigni



SALES
Stephanie Oland Duncan



REPORTER/PHOTOGRAPHER
Marney Blunt



DISTRIBUTION
Christy Brown



SPORTS REPORTER
Brian Bowman



PRINT
Dan Anderson



PRODUCTION
Nicole Kapusta



ADMINISTRATION
Allana Sawatzky



PRODUCTION
Reanne Dawson



PRODUCTION
Debbie Strauss



ADMINISTRATION
Carrie Sargent



ADMINISTRATION
Jo-Anne Procter

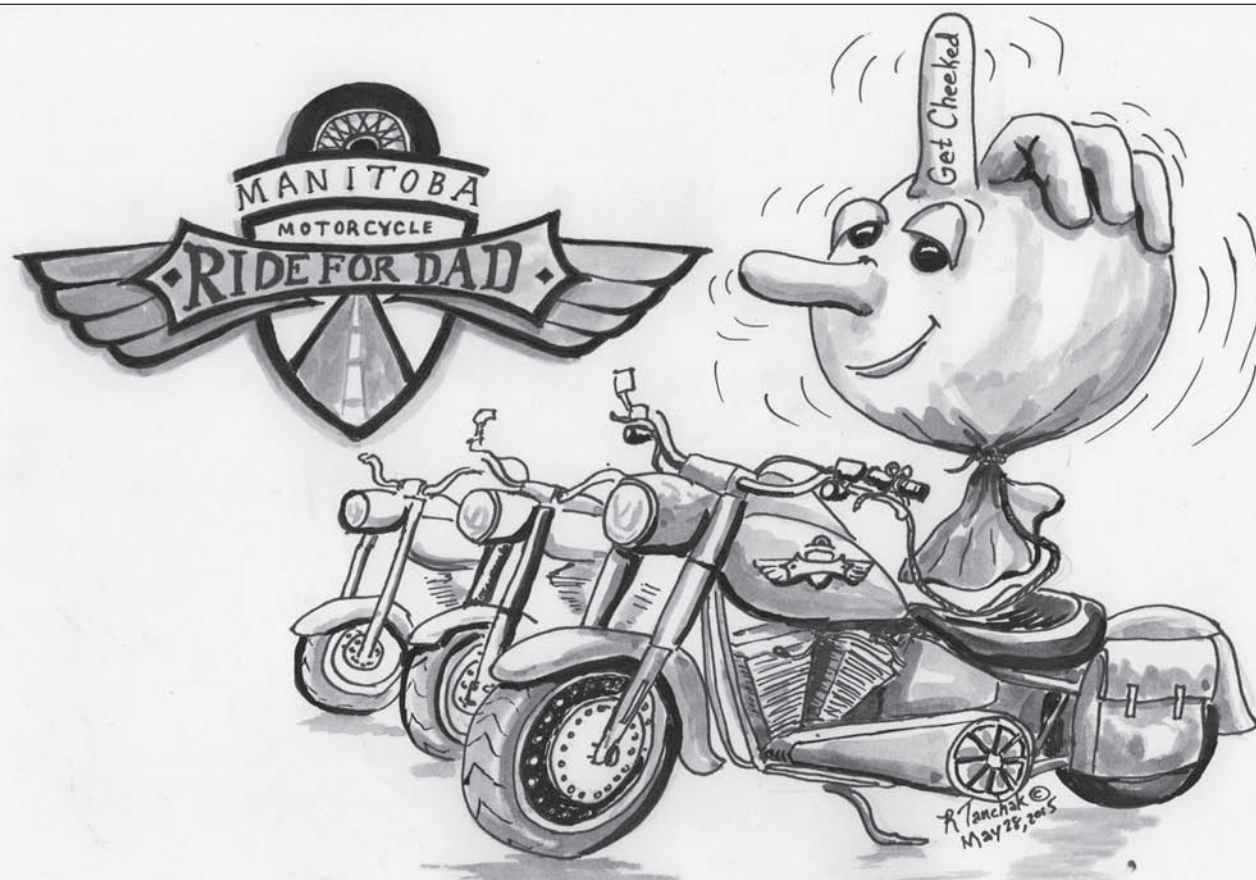


ADMINISTRATION
Tracy Farmer



getheard

EDITORIAL > VIEWPOINTS > LETTERS



Province opens door to in-store brewing services

Staff

Manitobans will soon be able to make their own wine and beer at local stores and take their creations home when they are ready for consumption as part of a new wave of liquor law changes.

The Liquor and Gaming Authority of Manitoba is now accepting applications from Manitoba retailers that sell home wine and beer making supplies as their primary business to offer in-store brewing services to their customers, Mineral Resources Minister Dave Chomiak, minister responsible for the Liquor and Gaming Control Act, announced on May 22.

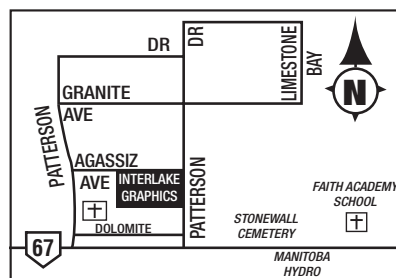
"During our consultations on modernizing liquor laws, Manitoba consumers and businesses expressed interest in opening up opportunities for in-store wine and beer making," Chomiak said in a news release. "In-store brewing offers an opportunity for Manitobans to enjoy and learn about beer and wine making even if they do not have the space in their homes, or don't wish to purchase, operate and clean the equipment themselves."

Wine and brew-making supply retailers will be able to help their customers select the ingredient kits for beer and wine, and provide in-

structional advice, equipment and manufacturing space for the production of wine and beer for home consumption. In-store brewing facilities already operate in the majority of other Canadian jurisdictions including Saskatchewan and Ontario.

This change is made possible by the new Liquor and Gaming Control Act, which came into effect April 1, 2014, as part of the Manitoba government's ongoing modernization of liquor laws that will offer businesses increased opportunities to respond to evolving consumer demands, eliminate red tape and improve public safety.

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



> CONTACT US

Stonewall Teulon Tribune - Interlake Graphics
74 Patterson Drive, Stonewall Industrial Park Phone 467-5836 Fax 467-2679
Letters to the Editor: letters@stonewallteulontribune.ca
Classified: classifieds@stonewallteulontribune.ca
Advertising: ads@stonewallteulontribune.ca
News: news@stonewallteulontribune.ca



"We appreciate the advertising support we receive which enables us to print, publish and distribute our community newspaper. Please shop local"

The Stonewall Teulon Tribune is published Thursdays and distributed thru Canada Post to 7600 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or part without permission is strictly prohibited. Printed in Canada by Prolific Printing. The newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. Keep your dollars working at home and shop locally. Notices, classifieds and advertisements can be purchased by calling our Office at 467-5836 or emailing ads@stonewallteulontribune.ca. our commitment to you, the reader - we will connect our people through articles in the paper to build stronger communities.

Ag fair to celebrate rural life

By Stefanie Lasuik

Rockwood is ready to celebrate rural Manitoban life. The annual South Interlake Rockwood Agricultural Society Fair is set to take place June 5, 6 and 7.

New this year is a Friday evening spirit, spud and steer dinner at the Red Barn Bar and Grill.

Saturday will see the 4-H beef show and sale, taking place from 8 a.m. until 4 p.m., the Rocklands Antique Club tractor display, a Kids' Fun Zone from 11 a.m. to 3 p.m., and judged English and Western horse shows beginning at 8 a.m. On Saturday, the Manitoba Mutts Dog Rescue organization and the Ruff House Boarding Kennel and Training Centre plan to hold shows at 11 a.m. and 1 p.m.

This year's horse show will welcome a refurbished ring with increased fill and sand to improve drainage. New fencing has also been added.

"That's been a huge job so it can be safe," fair organizer Diane Blue said.

Horse show co-ordinator Penny Fidler explained that weather will no longer affect the ring, so that under

any condition, the show will go on.

Riders from six to 60-plus will take part in the horse show, which last year saw over 100 participants.

The fair festivities will continue on Sunday with gymkhana events, mini train rides, vendors, equipment displays and more. Cold plate dinners with pie will be on sale for \$12.

Manitoba Agriculture Fairs celebrate the life of rural communities by combining agriculture, education and recreation.

"They are an integral part of the rural landscape and provide a place for friends and families to connect, to learn and to have fun," said Ron Kostyshyn, the Manitoba Minister of Agriculture.

The Ag ground gates open at 7 a.m. on Saturday and Sunday, and admission is \$4 per day but no charge for kids under 6. Anyone looking for more information on the fair can call Diane Blue at 204-633-2238, Jo-Ann at 204-467-5778 or Gord Grenkow at 204-633-2144. To buy spirit, spud and steer tickets or to enter the horse show, contact Penny at 204-467-8789.

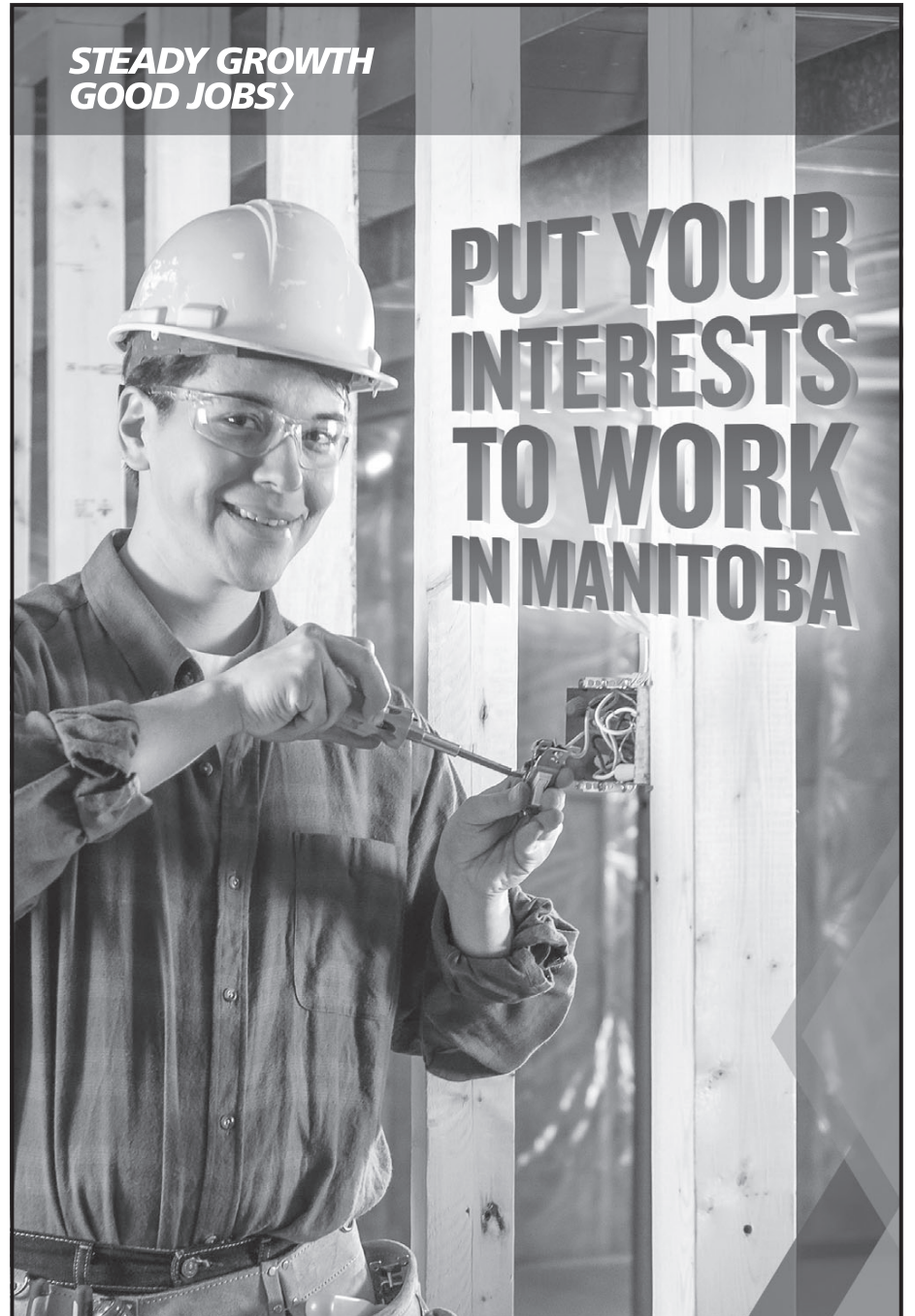


TRIBUNE FILE PHOTO BY LANA MEIER

The 4-H Beef Show and Sale will take place Saturday from 8 a.m. till 4 p.m.

**STEADY GROWTH
GOOD JOBS**

**PUT YOUR
INTERESTS
TO WORK
IN MANITOBA**



Turn the things that interest you into the life you want to live. Our economy is growing and the Manitoba government is strengthening education and career opportunities to support the path you choose. When you're ready to build the future you've always wanted, you'll find it right here at home. Start your journey today.

Find job & training
opportunities at
SteadyGrowth.ca

Manitoba 

Shipping the chip from Stonewall to Phoenix

By Marney Blunt

The Grade 7 students at Ecole Stonewall Centennial School have been experiencing a taste of engineering during science class by participating in an international engineering design challenge competition.

Two Grade 7 science classes participated in the competition called Ship the Chip. The students were challenged to come up with a lightweight container to ship a Pringles chip from Stonewall to Phoenix, Ariz., without damaging the chip.

"It's a program that's done by Exxon Mobil and they came up with this lesson plan that's an engineering challenge for the kids to try and design this chip-containing container so that it doesn't break in transit when it's going to the postal office and onto its destination in another country," said Maria Nickel, a teacher at Ecole Stonewall Centennial School.

"It's done internationally. So we're paired up with a school in Phoenix, Ariz."

Nickel says she decided to take part in the project after collaborating with a friend from the Honeywell Educators at Space Academy program. The program, created in partnership with the U.S. Space & Rocket Center, is a professional development program that aims to help middle school math and science teachers become better-rounded educators in science, tech-

nology, engineering and math. Nickel took the program in 2008 and 2011.

The students had to follow certain parameters for the project, including coming up with original designs and making the container as lightweight as possible.

"It's not just simply a matter of building the container; it also has to be lightweight and has to have a specific volume and also has to have an intactness for the chip," said Nickel.

The students tested out their designs in class before selecting three from each class to be shipped to Phoenix.

"We had everything from Styrofoam balls to cardboard containers to granola bar containers. Some kids had some Styrofoam blocks (and) they enclosed it with cotton balls," said Nickel.

After the containers made it down to Phoenix, they were opened and photos were sent back to Nickel to show which of the containers did the trick. Five of the six containers made it down with no damage to the chip. The students also had the chance to look at some other designs that the students from Phoenix came up with.

Nickel says the students were very excited to participate in something with another school across the border.

"I think it's a great way to get the kids engaged with engineering. We need more of them on our planet," said Nickel. "So we really want kids



TRIBUNE PHOTO BY MARNEY BLUNT

Grade 7 students (left to right) Emily Rogowsky, Tessa Lawrence, Kaitlynn Barr and Kara Magnusson open one of the containers to discover a Pringles chip that was untouched on its journey across the border.

to think of engineering as something that it fun and something that could be a really cool career. So that's what this project was designed to do. So I'm

really happy that I got involved with the project and that we could do this and collaborate internationally."

Calling all young employees

By Stefanie Lasuik

As the school year nears a close, the Manitoba Youth Job Centre (MYJC) is ready to help Interlake students find suitable summer employment. Now in its 40th year of operation, the MYJC offices can be found in 43 communities across the province, two of which are situated in Stonewall and Teulon.

The MYJC offers several free-of-charge services to those aged 12 to 29. Nicole Murray, the Teulon youth job co-ordinator, breaks down these services into three categories.

Firstly, the centre offers employment referral — a service that matches employees and employers. Prospective employees give the centre a list of their skills and desired lines of work and the centre asks local businesses if they're looking to hire. If businesses are, they place a job order with the centre, outlining the job vacancy and its hours and pay. The centre then matches job orders with

employees.

The centre also runs an odd job squad for youth of ages 12 to 16. Throughout various events during the summer, these youth can gain work experience and make some money. They can help homeowners with various chores, such as mowing lawns, or partake in day jobs created by the youth job co-ordinators. In the past, these events have included barbecues, strawberry picking, window washing, car washing and window painting for Canada Day. Murray said that the squad helps kids gain skills before going out into the workforce, such as customer service skills, communicative ability and teamwork proficiency.

The third MYJC service involves resume and interview workshops. Paolo Punzal, the Stonewall youth job co-ordinator, said that the centre helps youths and young adults with both cover letters and resumes and prepares them for future interviews.



TRIBUNE PHOTO BY STEFANIE LASUIK

Youth job co-ordinators Nicole Murray (left) and Paolo Punzal (right) are ready to assist youths in finding summer employment.

Murray will be holding a parent information night on June 11 from 5 to 6:30 p.m. at the Teulon's MYJC office, the Teulon Civic Centre. For more information on this or any of Teulon's MYJC services, she can be contacted

at 886-3588. Punzal is set to host a similar evening on June 11 between 5 and 7 p.m. at Stonewall's MYJC location, the Quarry Park Heritage Arts Centre. He can be reached at 204-467-7920.

Keeping the music flowing with R&B singer Flo

By Natasha Tersigni

When you ask Tessa Thevenot what she wants to be when she grows up, she'll say with a grin she wants to be a singer. It's a bit ironic because by all rights Thevenot is already living out her career ambitions. The Grade 8 student at École Stonewall Centennial School has a long list of musical milestones, including just this school year performing at the Lincoln Center in New York City and debuting her grassroots band, Now Not Ever, where she is the lead singer and writes original songs with the rest of the band members, her brother Thomas and friend Abby Georgison.

On May 9, Thevenot added another major musical accomplishment to her long list of credentials.

Thevenot and the Winnipeg Youth Chorus took the stage with well-known Winnipeg R&B singer Flo Oramasionwu for their yearly concert

during the Hope Couture Fashion Gala. The 29th annual show was a fundraiser for Ronald McDonald House Manitoba, and Flo was the main attraction with the Winnipeg Youth Chorus providing back-up lyrics to many of her songs.

For the cover of TLC's song Waterfall, Thevenot joined Flo centre stage for a duet. Thevenot was responsible for the rap portion of the song, a role that helped her improve her on-stage performance skills.

"She said I had a good stage presence. I opened up much more with singing with her on stage," said Thevenot.

This is not the choir's first time performing with Flo. They provided back up singing for her anti-bullying song Hateless, including a performance on the official music video and they performed alongside her at the MTS Centre during the Rockin' For Choic-



TRIBUNE PHOTO SUBMITTED

Stonewall Centennial student Tessa Thevenot, pictured right, shared the stage with well-known Winnipeg R&B singer Flo Oramasionwu during the Winnipeg Youth Chorus Spring concert held on May 9.

es concert.

"It is super fun working with her. She is such a nice lady," said Thevenot,

who added she hopes there will be opportunities in the future to collaborate with Flo again.

Bracelet sales for Kaylee



TRIBUNE PHOTOS BY STEFANIE LASUIK
The annual town-wide garage sale in Warren took place Saturday. Pictured on the left is Colby Darragh and Jady Baldwin, who sold handmade bracelets, fundraising \$372 for Kaylee Heaps.

Cash for Teulon Rodeo

TRIBUNE PHOTO SUBMITTED

Sunova's Teulon Branch managing partner Bonnie Benn presented Teulon Rodeo Club board member Bill Higgins with a cheque for \$1,000 on May 19. The funds will be used to assist with the cost of maintenance and upkeep of the Rodeo grounds in Teulon. The rodeo will take place Aug. 22-23.



We are here to make a difficult time easier for your family.

MacKenzie
FUNERAL HOME

204-467-2525 • mackhome@mymts.net



Jim Buckle
Sales Manager
24 Years of Service

Parkside Ford Lincoln, 2000 Main Street, Winnipeg
Bus: (204) 339-2000 ext.264
Toll Free: 1-800-552-4891 • Cell: (204) 792-6025
Email: jbuckle@parksideford.net • www.parksideford.net

Gauthier
Cadillac BUICK GMC

2400 McPHILLIPS ST.
Call

JERRY VANDE
Sales Manager

Ph: 204-633-8833

SHOP ONLINE AT

WWW.JIMGAUTHIERGMC.COM



<p>The Complete South Pacific Australia and New Zealand Group Departure: February 12 - March 9, 2016</p> <p>This tour offers everything needed to enjoy a truly memorable once-in-a-lifetime vacation. Presentation: June 23, 2:30 pm or 6:30 pm - RSVP</p>	<p>Hawaii Cruise and Stay Feb 3-13, 2016 Presentation: June 25, 2:30 & 6:30 pm - RSVP</p> <p>DEADWOOD & BLACK HILLS Including Mount Rushmore, Crazy Horse, Badlands Nat. Park & Much more. Sept 27 6 Days</p>
<p>Avalon Waterways River Cruises An Inspiring Way to Experience and View the Heart of Europe Presentation: June 4, 2:30 pm or 6:30 pm - RSVP Book now and save up to 15% on 2016 European River Cruises.</p>	<p>NASHVILLE/BRANSON/PIGEON FORGE Musical Extravaganza October 25 - November 7 A special tour for music lovers that journeys through the musical heartland of America. Presentation: June 9, 2:30 pm or 6:30 pm - RSVP</p>
<p>BEST OF BRANSON November 1 - 9 Fun-filled tour with fabulous shows & sightseeing</p>	
<p>EMBASSY TOURS 757-9383 www.embassytours.ca 1-800-723-8051</p>	

Growing emotional intelligence through empathy

Roots of Empathy wraps up another successful year

By Stefanie Lasuik

On May 22, the Interlake School Division's Roots of Empathy program celebrated another successful year nearing a close with a luncheon at Ecole R.W. Bobby Bend School. The program, which runs in 16 classrooms across the school division, aims at increasing students' social and emotional competence.

Each classroom interacts with and is taught through a baby's development. Every three weeks, the baby's visit focuses on a different theme, such as recognizing feelings and responsibility. A trained instructor elaborates on a single theme in one class before and one class after each baby visit. The visits allow the students to recognize the baby's feelings, then to transfer the same type of recognition skills to interactions with their friends and families. According to Ecole R.W. Bobby Bend School guidance counsellor Heather Sanche, this helps foster kind and caring citizenship.

Although the program's purpose is to impart emotional intelligence on students, Sanche believes it offers even more. She points to lessons on safety,



TRIBUNE PHOTO BY STEFANIE LASUIK

Mothers and babies who participated in this year's ISD Roots of Empathy program pose at the program's year-end luncheon last Friday.

communication and issues of infant vulnerability as invaluable aspects of the program.

"It's good education just for life," Sanche said.

Roots of Empathy seems to be a win-win for the instructors, families and students.

Rosser instructor Belinda McNaughton thoroughly enjoys the program and deemed it one of the highlights of the school year.

Brittany Walker, the mother of one of the babies involved in the program, said that it was nice to be able to show the kids how her baby Logan grows.

"We just find it lots of fun," she said.

The students also enjoy the program while they learn.

"I think it's fun to be around the little ones. We learned about all the different stages," said Erin S., a Grade 2 student at Bobby Bend school.

Roots of Empathy seeks new babies to partake in the program each year. Any parents with babies between the ages of two and four months in September 2015 and who are interested in the program can contact Heather Sanche at École R.W. Bobby Bend School at 204-467-5537.



2015 Lockport Tagged Catfish Contest

Sat., May 30th at 6 am to
Sun., June 28th at 6 pm

Entry Ticket Locations: • Lockport Grocery • Pro Am Tackle (Wpg)
• Fas Gas (Portage & Selkirk) • Alliance Marine (Wpg)
• Bait Boyz N Tackle (Warren) • Skinners (Hwy 44 & River Rd)
• Smoke N Fish (Selkirk) • Wholesale Sports (Wpg)
• MacDonald's Sporting Goods (Portage) • or from Dan Sernyk

**\$14,500 in
Prize Money
for our 10
Tagged Catfish**

1 Tag - \$5000 1 Tag - \$2500 1 Tag - \$2000
1 Tag - \$1500 1 Tag - \$1000 1 Tag - \$500

Only 1,500 Entry Tickets Printed -
Sold from May 15th - June 27th

Entry Fee \$20.

For more info call Dan Sernyk @ 1-204-612-9379



ROYAL CANADIAN LEGION
STONEWALL BRANCH - 467-2261

Lic #418

CHASE THE QUEEN

MINIMUM PRIZE IS \$500.00 ALL WELCOME

BINGO HELD MONDAY NIGHTS starting at 7

MEAT DRAW FRIDAY NIGHTS at 6:30

DECORATION DAY PARADE & SERVICE on Sunday June 7th.

Parade leaves the Legion Parking lot at
1:30 pm and the service starts at the
Memorial Park at 2 pm. All are
welcome to participate in our Service.

Ed Teplyski
Over 36 years providing quality vehicles
to his customers/friends in the Interlake

SELKIRK
CHEVROLET • BUICK • GMC

204-482-1010
e.teplyski@selkirkgm.ca
1010 Manitoba Ave, Selkirk MB

www.selkirkgm.ca

New Office Location

MASC has relocated its Stonewall
and Sanford offices to:

Unit 1 - 5290 Monterey Road,
Headingley MB R4H 1J9
Phone 204-945-1777

Your lending
representative is
Brad Day and your
insurance agent is
Jolene Plawicki.

MASC
Manitoba Agricultural Services Corporation

Lending and Insurance
Building a strong rural Manitoba



Visit masc.mb.ca for a map to this new location.

Superior Walls
by Magnis

**Build on
a Superior
Foundation**

WE are looking for dealers
and installers in YOUR area.
Call 1-204-268-2220

Find out more about us at
superiorwallsmb.ca

**What's
Your
story?**

**Stonewall Teulon
Tribune
Call
467-5836**

Unique fundraiser comes to Stonewall

By Stefanie Lasuik

More than 30 trucks will fill the South Interlake Agriculture Society Fair grounds June 13 for Stonewall's first ever Touch a Truck community event.

Touch a Truck provides a rare opportunity for children, young and old, to climb on board and safely explore many exciting vehicles usually seen only from a distance.

The vehicles on display will include helicopters from the Royal Canadian Air Force and the Winnipeg Police Service, as well as police cars, ambulances, fire trucks, excavators, Thomas the Train, various farm equipment, a limousine and more. Each machine will have a designated spokesperson to guide the kids through the vehicle and teach them about its different parts and purposes.

The event will also entail a refreshment stand with hot dogs, popcorn and drinks, a bouncy castle, and a tattoo and face-painting station.

One of the organizers, Teryl Moore, said that the attraction of this fundraiser is that

it is aimed at kids, for kids. The children can enjoy seeing, touching and climbing diverse vehicles while raising money for the daycare.

The idea came from Len Clifford, a member of the organizing committee, who's seen success in similar fundraisers in Eastern Canada.

The money raised will go towards revitalizing Stonewall Children's Centre Daycare's outdoor facilities, including purchasing new playground equipment and kids' gardening supplies.

Stonewall Children's Centre Daycare is prepped and ready to host the unique fundraiser set for June 13 from 10 a.m. to 3 p.m. at the Stonewall Agriculture Grounds. Tickets are currently available for pre-sale at \$5 apiece and can be obtained by calling the daycare at 204-467-2214 or through purchase at the gate. Infants under the age of one are free. Those who buy tickets through pre-sale will be entered in a draw for a door prize.

**SATURDAY
June 13
2015
10am - 3pm**



4-H annual highway cleanup

Staff

Motorists were reminded to drive with extra caution last weekend as 4-H club members carried out their annual spring cleanup on highways and roads across the province.

"The cleanup campaign is an important tradition that keeps Manitoba's landscape looking beautiful," said Infrastructure and Transportation Minister Steve Ashton.

The Manitoba government sponsors this annual event and pays 4-H clubs for each kilometre cleaned. Last year, nearly 900 4-H members from 38 clubs cleaned 484 kilometres of roadsides and ditches. There were 2,147 bags of

trash collected and 4-H clubs earned \$12,775 for their projects. Recyclable bottles and cans were also delivered to appropriate pickup locations.

Over 20 members of the Teulon 4-H club cleaned the ditches along Highway 7 north and south of Teulon on Saturday.

"Manitoba's 4-H clubs take pride in their communities and we are pleased to reward them for providing this important public service," said Agriculture, Food and Rural Development Minister Ron Kostyshyn.

All work areas were supervised by adult volunteers and marked with safety signs.



TRIBUNE PHOTO BY LANA MEIER

Teulon 4-H Club members participated in the annual highway cleanup campaign last Saturday. Pictured from left to right, Abby Skinner, Carmen, Annika Kowalchuk, Taylor Bond, Lissa Laroque and Angele Skinner.

INVEST IN STRENGTH. INVEST IN STABILITY.

MANITOBA

BUILDER BONDS

ON SALE MAY 19 TO JUNE 2

Builder Bonds Series 15 are fully-guaranteed by the province of Manitoba and provide you with three great ways to invest in our province and save for the future.

ASK YOUR FINANCIAL ADVISER
WHICH BOND IS BEST FOR YOU.

1.25%
FIVE-YEAR
ANNUAL
FLOATING
RATE BOND

with an annual adjustable rate which pays interest annually and is redeemable annually.

1.40%
THREE-YEAR
FIXED
RATE
BOND

offering a fixed rate of return which pays interest annually.

1.50%
FIVE-YEAR
FIXED
RATE
BOND

offering a fixed rate of return which pays either annual or compound interest.

Builder Bonds are available for as little as \$100.00 at participating banks, credit unions, caisses populaires, trust companies and investment dealers throughout Manitoba. For more information on Builder Bonds Series 15 or previous issues of either Builder Bonds or HydroBonds, please call 1-800-565-0350 or visit manitoba.ca.

Manitoba



Is green the roof colour of the future?



Do you know about green roofs, also known as eco-roofs? The idea of growing vegetation on the roofs of commercial and residential buildings has grown in popularity over the last decade because of the energy saving and esthetic advantages. Here's a quick look at a trend that could very well become the norm in the future.

There are two types of green roofs: intensive, also known as rooftop gardens (heavy roofs that support a va-

riety of plants), or extensive. Large buildings, such as multi-family homes and industrial buildings, usually opt for extensive green roofs. The latter are simple and lightweight and are characterized by relatively low maintenance costs. Extensive gardens use a selection of plants that require little or no maintenance, such as grass and sedum.

BENEFITS

In addition to beautifying urban landscapes, green roofs have lots of advantages, both for their owners as well as for the environment in general. Green roofs in cities can significantly reduce the heat island effect

caused by the sun beating down on tar roofs and asphalt streets. A layer of greenery also improves the insulating and acoustical properties of an existing roof, in addition to protecting it against normal wear and tear. The quality of the surrounding air is improved and these new green spaces encourage urban biodiversity by creating a haven for birds and insects.

The advantages of green roofs are tempting more and more urbanites. If installing a green roof interests you, make sure your plan complies with municipal regulations and building codes. Happy gardening!



DEALER DAYS

ON NOW!

MS 170 Gas Chain Saw

Displacement	30.1 cc
Power Output	1.3 kW
Weight	3.9 kg (8.6 lb)*

*Powerhead only.



Limited Time Only

\$199⁹⁵

MSRP \$279.95 with 16" bar

BG 55 Handheld Gas Blower

\$179⁹⁵

MSRP \$219.95

27.2 cc / 0.7 kW / 4.1 kg (9.0 lb)**

**Without fuel.



FS 38 Gas Trimmer

\$139⁹⁵

MSRP \$179.95

27.2 cc / 0.65 kW / 4.1 kg (9.0 lb)†

†Without fuel, cutting tool and deflector.





STIHL MotoMix®

The ultimate premixed fuel!

Available exclusively at your local STIHL Dealer.

Feature prices are in effect until June 30, 2015 for chain saws and July 31, 2015 for all power tools at participating STIHL Dealers.





STIHLCanada

T^TM

Teulon Tractor & Motor AG & AUTO PARTS

#7 Hwy. Teulon 204-886-2084



www.stihl.ca

Ten ways to rejuvenate your home

Does the outside of your home look a little tired and worn out? Here are some really simple tips that will help you give your home a whole new look.

1. Paint your front door a bright colour. Nothing is more eye-catching and inviting.
2. Replace the hardware around your front entrance: doorbell, mailbox, locks, etc.

3. Install a door knocker. They come in all sizes and shapes these days and can add a touch of style or whimsy to your door.

4. Give your street number a more up-to-date look. Gone are the days of those ugly metallic stickers on the mailbox.

5. If your house has wooden shutters or mouldings around the windows, there's a good chance the paint is peeling. Get out the paintbrushes and think about using this opportunity to change the colour.

6. Clean your gutters and replace them if necessary.

7. Buy a new door mat to add style to your home.

8. Replace an old doorstep. In addition to being visually unattractive, dilapidated doorsteps can cause insulation problems.

9. Clean! Use a pressure washer to clean the siding and then wash your windows.

10. Be creative with your decorative lighting. Put up some lanterns, strings of mini-lights (clear Christmas lights) or recessed lights under the steps. You'll be the envy of the neighbourhood!

You'll be amazed at how easy it can be to improve the appearance of your home. Who knows, maybe your efforts will inspire your neighbours.

M Greenhouses &M

Come see us for all your
bedding plants, planters,
vegetable plants, basket
stuffers, hanging baskets
and potted plants

Teulon location:

Hwy 7 & 17 at Rockwood Lumber

Monday to Friday 9-6,
Saturday 9-5, Sunday 11-4

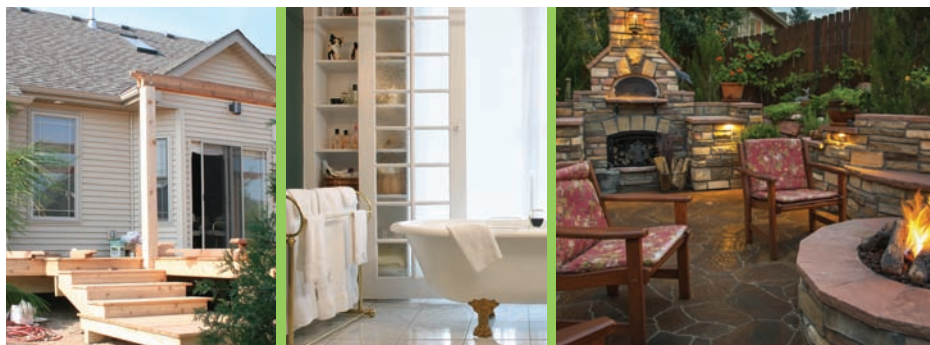
204-861-2393

Woodlands location:

5.5 miles north of Hwy 6
on Road 5 West

Tuesday to Saturday 9-6,
Sunday 12-4, closed Monday

204-383-5104



Enjoy your yard in privacy

A bit of privacy is essential to enjoying the pleasures of summer in your backyard. Even when you're only a few feet from your neighbours, it's still possible to tan, share a meal with friends, relax in the spa or stay out on the deck all evening without being subjected to prying eyes.


Coniferous trees and shrubs are simple solutions to the privacy question, but you have to have enough space to plant them. If your yard is small or your outdoor seating area is limited to a balcony, you can design an oasis of peace just by installing a trellis. Practical and stylish, trellises provide privacy without looking like a barricade. Hang planters on them, add some fairy lights and decorate them by setting a few colourful pots filled with herbs along the base. You'll be able to enjoy your outdoor space without feeling that everyone is watching you.

Do you feel as though a high fence would tower over you and darken the backyard? You're afraid of offending the neighbours if you build a structure to demarcate your property line? Instead of completely surrounding your yard with a fence or hedge,

you could just position some wood screens or trellises in strategic places for a lighter touch. You can also play around with the height and spacing of these screens for a more aesthetic look. This trompe-l'oeil effect is perfect for creating a stylish landscape.

Go ahead and talk to landscaping specialists to get more ideas. They're sure to give you some great advice about how to set up your private little summer haven.

A bit of privacy is important for enjoying the pleasures of summer in your backyard.

Tracey Malone - Financial Advisor
Inview Insurance, 344 Main Street, Stonewall
tracey_malone@cooperators.ca
Phone (204) 467-8927

autopac
A Manitoba Public Insurance product

Life & Disability Commercial Home Farm



garden & landscape supply

We are also a drop-off depot for supplies for the Winnipeg Pet Rescue Shelter. Visit petrescushelter.com for complete list of items. (No animals please)

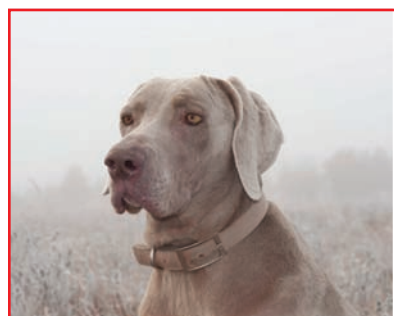
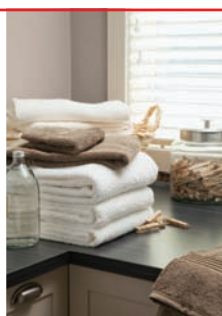
12 & 14 Limestone Bay, Stonewall Industrial Park
(Look for the Red & White shop)

- Top Soil
- Potting Soil
- Sheep Manure
- Red Shale
- Crushed Limestone - All sizes in clean & down material
- Crushed Granite - 2 colors & sizes from 3/4 clean to boulders
- Field Stone - 1/4 inch clean to 6 inch
- Fir Bark
- Landscape Stone
- Sand
- Red Cedar Mulch
- Clean Fill

Bag or Bulk
Pick-up & Delivery (call for rates)

Cash 'N Carry
Monday - Saturday 9:00 - 6:00
Sunday 10:00 - 3:00
Weather Permitting

After Hours Call 782-0209
204-467-7774 or 204-782-4611

Talk to the Paint Expert at

Stonewall Home Hardware
204-467-5589

BEAUTI-TIPS EXPERT ADVICE ON GREAT NEUTRALS

THE PERFECT NEUTRALS

A great neutral is your BFF for home décor. Incredibly versatile, they inspire looks that are luxe and sophisticated, or casual and cozy. Understanding undertones when choosing the perfect neutral is what makes a colour choice perfect. If the undertones are in conflict, the colours in the room will appear to clash, even if they are in the same colour group.

UNDERCOVER UNDERTONES

• Almost all colours, other than those that are pure, have an undertone. Olive green, for instance, is green with a yellow undertone. What makes turquoise a beautiful shade of blue is its green undertone.

• Neutrals like to disguise their undertones. A taupe can go pink or purple, a grey can be warm, cool, blue, green, or red influenced. Browns that look similar on the surface can have yellow, red or green undertones. Beige can tend towards yellow, green, pink and occasionally orange undertones.

• Once you have selected the colour family you want, the secret to choosing the perfect neutral shade is to compare it, side-by-side to another neutral in the same colour family. This helps you to see the subtle undertones which you may not have noticed in a single colour swatch.

• For whites, the best way to bring out a near invisible undertone is to compare the paint chip to the whitest white. Rooms that are 'white on white' really work if the whites have similar undertones. You will likely be disappointed, though, if you combine warm whites that have a hint of a yellow undertone, with cool whites that have a hint of blue, in the same space.

• When decorating a room that feels cold and uninviting, you would normally balance it by using colours from the warm side of the spectrum. But what if you love cool colours because they make you feel relaxed? Choose a green with yellow undertones or a blue with red undertones and your cool hues have warming characteristics. On the flip side, cool down hot colours by adding cool undertones. Just don't try this with orange. That's the one colour that will always fight back with its warm and outgoing personality.

Neutrals from sophisticated to casual add value to your home. How to select the perfect neutral colour for you!

• Most color schemes work best when the undertone is carried throughout the space. Consider the undertones of whatever else you place in the room and you will end up with the most beautiful results.

Here are 14 beautiful Beauti-Tone neutrals for your home.

Whites
White Smile SC080, Tennis Whites FD018, Hotel Ware FD046

Black
Nickel Black SC075

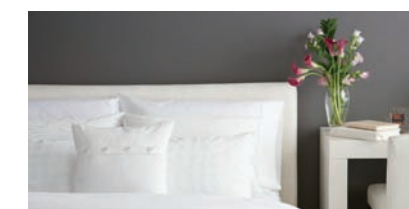
Greys
Thunder Grey SC072, Flannel CD026, Distinctive CD010

Taupes
Natural Beauti SC081, Set the Mood SC076

Browns
Chocolate SD020, Still Life ND040, Fieldstone HD045:

None of the Above
Neutrals are not necessarily tints, tones or shades of black, white or brown. Nature-inspired hues can also offer the most beautiful and peaceful design benefits.

Field of Dreams SC080, Directoire CD003



Beauti-Tone
CANADA'S PAINT EXPERTS

Home Hardware helping **homeowners**

Grabbing the spotlight

Members of the GAAC showed off their talents in Teulon on May 24

By Stefanie Lasuik

The Teulon Rockwood Centennial Centre was filled to capacity Sunday afternoon, as friends and family gathered to take in dance, art and theatrical performances. Members of Green Acres Art Centre (GAAC) wowed the audience with their drama performances, jazz, ballet, hip-hop, lyricals, paintings, and highland and Irish dancing.

The showcase also featured guest dancer Whitney Demainiw from the Royal Dance Conservatory, the Teulon Veselka Ukrainian Dance Club and dancers from the McConnell School of Irish Dance.

The art centre has seen their program grow this year with the addition of creative drama and junior acting classes put on by the Manitoba Theatre for Young people as well as Irish dancing instructed by the McConnell School of Dance.

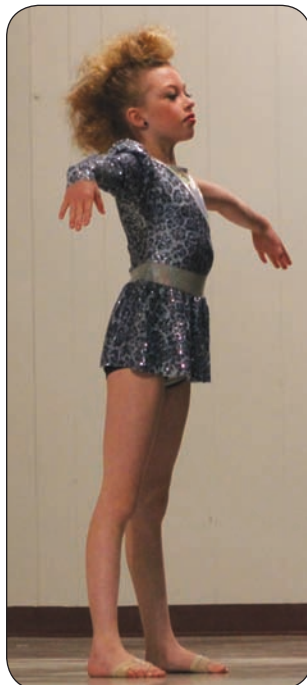
All the programs provide children with an opportunity to gain confidence and self-esteem while growing in the arts and having fun.

Jill Demainiw, owner of the Royal Dance Conservatory in Winnipeg and an instructor for the Teulon program, said that the GAAC enables kids who don't necessarily fancy sports to partake in a rewarding activity.

The show ended with a moving lyrical, choreographed as a tribute to Demainiw's friends, who lost their one-year-old child to cancer. The dancers

donned white shirts and headscarves and moved gracefully in tune to "Keep Breathing." Demainiw said that she wanted to put a positive spin on the tragedy and that the dance helped the girls to appreciate their own health.

To round out an already impressive resume of art programs, the centre looks to add music lessons next year, as well as art classes for children.



TRIBUNE PHOTOS BY STEFANIE LASUIK



Winning woodwork

TRIBUNE PHOTO SUBMITTED

Under the guidance of industrial arts teacher Mark Hnatuk, the Warren Collegiate Institute Grade 11 woods class, with some help from the Grade 10s, constructed a Winnipeg Jets Zamboni bunk bed. It took approximately 40 hours to complete and was donated to the Manitoba School Boards Association annual conference held in March, where it was auctioned off for \$625. All the monies raised were donated to this year's MBSA charity of choice: Manitoba Riding for the Disabled Association.

In the past, the school has done similar projects, including constructing a princess-themed bunk bed, a bulldozer bed and last year's fire truck bed.

Cub Cadet. TEST DRIVE CHALLENGE

YOU'VE BEEN CHALLENGED.
TAKE THE CUB CADET TEST DRIVE CHALLENGE AND
LEARN WHY CUB CADET IS THE SMARTEST CHOICE.

- Test drive an incredible, new generation zero-turn rider and lawn tractor
- Talk to knowledgeable Dealer representatives
- Learn more about our innovative products at cubcadet.ca

**ST. ANDREWS
Parts & Power**
1-888-247-9069
SELKIRK

184 St. Andrews Road
at McPhillips Rd., St. Andrews
1.204.953.0030
toll free 1.888.247.9069

**May 30th, 2015
10AM - 3PM
Free Hot Dogs**

email: sapp@mts.net
www.standrewspartsandpower.ca



Gardening

is an activity that can produce muscle strain to the lower back, shoulders and knees.

It is very important that you maintain proper positioning, using your hips and knees rather than putting stress on your back to avoid any injuries.

With the help of a **Physiotherapist** they can help design a safe and effective program to keep gardeners pain and injury free.

1. Start & finish your day with a warm up and some stretching.
2. Be aware of your posture and body mechanics. When sweeping or raking, move your feet instead of twisting your trunk. When lifting heavy bags or pots, use your legs, keep your back straight, and hold objects close to your body to prevent unnecessary strain on your back.
3. Be ergonomically correct. Stay close to the ground when planting or weeding. Wear kneepads to avoid putting too much pressure on your knees.
4. Pace Yourself. Take breaks and do some gentle stretching to keep limber.
5. Be very careful when you lift. If the object is heavy, get help!



**QUARRY
PHYSIOTHERAPY**
SPORTS INJURY & MASSAGE CLINIC

**Direct Billing to most
private insurances
Gift Certificates Available**

**Westside Plaza, Stonewall
204-467-9101 quarryphysio.ca**



FRONTIER
drainage systems

**1-844-744-TILE
www.frontier.com**

Annual Balmoral Sports Day hits homerun

By Stefanie Lasuik

Kids from Kindergarten to Grade seven assembled on the ball diamonds at Balmoral rec centre and school on Saturday to partake in the annual Balmoral Sports Day. Thirty-one teams played baseball and fast-ball under sun-filled skies to raise money for the Balmoral baseball club and the Balmoral Recreation Centre.

"They had lots of fun," organizer Fred Shipley said.

The younger kids engaged in learn-to-play activities and a skill session was open for attempts at helicopter hitting, homerun swinging, and pitching practice.

The monies raised will help refurbish the ball diamonds, from player benches to bleachers.

"Things need upgrading. It's been awhile," Shipley said.



TRIBUNE PHOTOS BY LANA MEIER

Clockwise from top left, Mathew Hawryluk makes contact with the ball; Rory McGuirk (left) and teammate Gabriel share a laugh; Colton Unger is congratulated by Ryland Gard and Eric Mattson for hitting a home run; Mya Olson is ready on the mound; Tasha Thiessen was playing for the home team; Kian Bells gets the out at home; Rylan Slatcher is all smiles after hitting a home run; and George Ledochowski tosses the ball for one of his mosquito players.



Fundraising Friday

TRIBUNE PHOTO BY JO-ANNE PROCTER

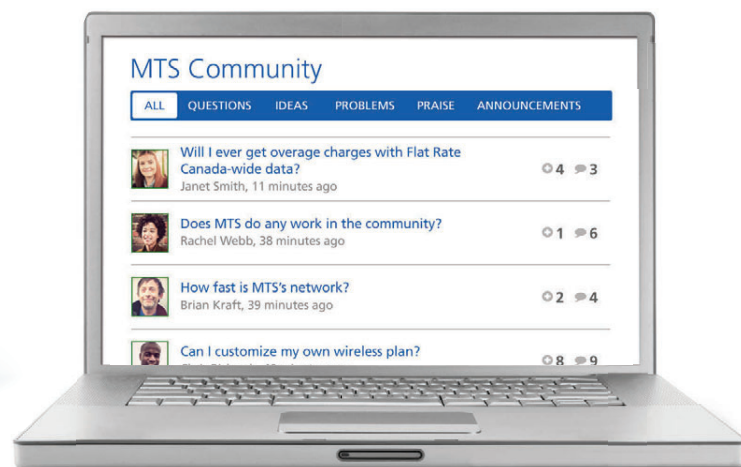
Students and staff at Ecole Stonewall Centennial School were in a generous mood last Friday. For a donation of \$1, over 325 hats were worn throughout the school for the day. The Grade 8 social justice committee decided they wanted to raise funds to help three-year-old Kaylee Heaps from Warren, who is battling a rare gene disorder. "We talked about it and just wanted to lend a helping hand near home" said Grade 8 student Desiree Singh. Pictured from left, Desiree Singh, Kadence, KaylInn and Trinity donated \$1 to wear their hats in school for the day and joined others who bought popcorn for \$1 to raise funds for the school's classroom libraries.



We all want answers.

Ask questions, get answers and join the conversation with other Manitobans in the MTS Community.

Is it time for lunch yet?



Why are there so many bunnies?



Visit mts.ca/community

MTS

Teeing off a new tradition in St. Laurent

By Jeff Ward

Golfers packed the Manipogo Golf Course in St. Laurent last Sunday for the first annual Métis Days Annual Golf Classic fundraiser.

The fundraiser is in support of Métis Days planned for Aug. 1-2 with all the money raised going toward the general operation of the festival.

"It's not just about putting Métis Days on, but it's also about making sure we're really infusing it with as much Métis culture as possible," said Paul Chartrand, one of the organizers of the event.

"We want to make sure that Métis Days is something really special, and to do that, we need to raise as much money as possible and that's why we're here."

The tournament is a Texas scramble format with 14 teams of four participating in the event. Each player paying a entry fee of \$100 brings the funds raised to more than \$5,000 before prizing is handed out. There is also a 50/50 draw which could bring in as much as \$10,000 if all tickets are sold.

The tournament had a few special guests playing on the course as well in Ab McDonald and Jim Neilson, both retired NHL players. McDonald scored the first ever goal for the Winnipeg Jets in the World Hockey Association in 1972. He has four Stanley Cup rings from four consecutive Stanley Cup wins from 1958 to 1961 with the Canadiens (1958-59) and the Blackhawks (1960 and 1961). Neilson also had a



TRIBUNE PHOTO BY JEFF WARD

Nearly 60 golfers took the course on Sunday to raise money for Metis Days with the first annual Metis Days Golf Classic. Among them are two retired NHL players and the 21st lieutenant governor general of Manitoba. Pictured left to right: Ab McDonald, Dave Bruce, Jim Neilson, Paul Chartrand, Yvon Dumont, Roland Lavallee, Mark Chartrand and Dave Charette.

long, successful NHL career, playing the majority of his 16-year NHL career with the New York Rangers.

Another big name in the tournament is former lieutenant governor of Manitoba Yvon Dumont. Dumont was the 21st lieutenant governor general for the province serving from 1993- to 1999, and previous to that he was the president of National Métis Council. Dumont is the one of the main organizers of the event.

"We've got a lot of good people here helping us raise money, and it makes me very excited about the future. This is a great starting point for us, and I hope this to be the first of many tournaments we have to benefit Métis Days," said Chartrand.

Métis Days takes place on Aug. 1 and 2 and is a celebration of Métis culture and spirit in St. Laurent.

worship *with us* > FAITH

The dignity of honesty

One of the most debilitating aspects of life today is that we do not admit to each other the cost of struggle. Our real fears are seldom allowed to surface. Yet we all struggle.

Our lives are full of pain, little comes easy for us, and we make a living, remain healthy, remain attractive and achieve success only at great cost. Fear is always present. The fear of failure, of slipping, of letting others see that life and success are not automatic for us, that life is lived on the brink of sickness, unattractiveness, boredom, failure and sadness.

However, we bury and hide struggle and fear. Rarely do we genuinely share how we really feel, what our fears are, and how difficult it is to be who we are. Rarely do we admit anyone into our inner space where fear, struggle and inadequacy make themselves felt.

We all go through life posturing strength, pretending; lying really, giving the impression that all is easy and that friendship, health, achievement and attractiveness are easeful and automatic. But that is dishonest and debilitating — dishonest because it is not true. God knows, and we know, how precariously we are glued together!

It is debilitating because when we are forced to hide our pain and fear, we are forced too to hide the very strands within which compassion can be found. In shared weakness and fear, there is a common meeting ground.

Our weakness and fears, much more than our achievements and successes, drive us inward and put us in touch with what is deepest, softest and most worthwhile within the heart. In that part of the heart we discover who we really are and there we understand that we are not what we achieve but what is given to us.

Outside that, when we posture strength and lie and pretend, we learn falsely that life is not a gift to be shared but a possession to be defended. The road to love and intimacy lies in a compassion born out of the perception of shared struggle and shared fear. When we genuinely see another's wound and struggle, then that other enters a deeper, more real part of us.

But it is precisely here that the problem lies. More than anything else, we struggle not to reveal our pain and fears to others, for we have been falsely taught that community and love are grounded upon something else, namely upon impressing each other. Perhaps the greatest obstacle to intimacy and community is that propensity to believe that others will love us only when we are impressive and strong.

Because of this, we go through life trying to impress others into liking us. Rather than sharing ourselves as we really are — vulnerable, tender, struggles, fearful — we try to be so sensational that there can be no possible reason not to love us.

Like the inhabitants of Babel, we try to build a tower that is so impressive that we overpower others. The result for us, as the result then, is counter-productive. Because of pretense, we go through life

"speaking different languages," that is, unable to find a common meeting ground upon which to understand each other. Understanding takes place through compassion and compassion is itself the fruit of shared vulnerability.

Thus, as long as we hide our fears and struggles, we will not find intimacy. When fears and struggles are hidden, when achievement, health, attractiveness, and friendship are projected as automatic, then our talents, intelligence, wit, charms, beauty, and artistic and athletic abilities cannot be seen for what they are intended to be, namely beautiful gifts which enrich life.

They are projected, then, as objects of envy and they become forces which create jealousy and further wound.

When there is no shared vulnerability, life becomes what we can achieve, and our talents are possessions to be defended. We must, therefore, admit to each other the cost of struggle. Our real fears must be allowed to surface. Intimacy lies in that.

Intimacy will be achieved only when we are so vulnerable that others can see that we share with them a common condition. Scripture reminds us that here, in this life, we see each other as less than fully real — "as through a glass, darkly, an enigma" (1 Cor 13:12).

We contribute to the enigma, we make ourselves less real, precisely to the extent that we do not admit to each other that it is hard for us. It is only when we see each other's fears and struggles that we become real to each other. The path home, out of exile, lies in vulnerability.

The threads of compassion and a concomitant intimacy will appear automatically when we present ourselves as we really are, without masks.

Fr. James deBeer

Adapted from Ron Rolheiser

Sifting through the weeds of Manitoba's pesticide ban

By Natasha Tersigni

For weed control experts around the province, including Rockwood-Rosser weed district supervisor Michael Dola, this year will be a steep learning curve on how to effectively control weeds without using regular synthetic pesticides.

As of Jan. 1, 2015 the Province of Manitoba implemented legislation that requires only federally approved bio-pesticides or low-risk products to be used on lawns, adjoining sidewalks and patios, school grounds, playgrounds and playing fields, and health-care institutions and child-care centre grounds.

While this new law was implemented to reduce the potential side effects that chemical pesticides may have on children, it has left many municipalities scrambling to figure out how to properly address the issue of weed control in urban areas.

"None of the weed supervisors are happy with how this came out, but we are just trying to work through it and we will talk this winter about how it went this year and which direction we want to go," said Dola, who added a major concern now is how to properly control weeds without breaking the bank.

Traditional synthetic pesticides,

such as Prelude 240 and Phase III used to control dandelions, are not only cheaper but more effective and less labour intensive. Now weed supervisors are being forced to use a product called Fiesta, a bio-pesticide with the main active ingredient being iron, which costs more and is less effective.

"It is quite expensive. Last year, we had sprayed 240 for dandelion control for \$7.35 an acre and we spray that once a year in the fall usually. For Fiesta, you're looking at \$500 an acre and it is recommended you spray it two to three times a year. It is cost-prohibitive to do it," said Dola, who added that a synthetic chemical pesticide such as 240 is more effective at controlling dandelions because it is able to get deeper into the plant and attack the root structure.

"Fiesta just provides leaf control, so all it does is burn the leaves off basically and then the root has so much reserve that it just pushes out new leaves. That is why it is only effective for a couple of weeks at a time, whereas the 240 was good for a minimum of one year, sometimes two, depending on the timing of the application."

The replacement for Roundup, a broad-spectrum systemic herbicide used to kill a variety of weeds, is con-

centrated vinegar with 20 per cent acidic acid; normal table vinegar is five per cent acidic acid. While the cost per litre is on par with Roundup, the vinegar solution needs to be applied more often than Roundup.

"Roundup is systemic, meaning it gets into the plant and kills it, whereas this is just surface contact where it just burns the leaves on the outside and the results won't be as long. It is cost comparative to the Roundup but you have to apply it more often. It is more costly because you have to do it more often, not because of price per litre," said Dola.

While pesticides are not banned on agriculture land, and if town sites are impacting agriculture fields, synthetic pesticides can be used, but Dola fears this new legislation may have an impact on farmers' fields down the road.

"For example, if there is field next to a town site and the town site is full of dandelions and there is a seed alpha field, which you can't till and your herbicides for the crop there are limited, that would be an exception (to the legislation) and we would be able to spray the town site for dandelions because it is impacting agriculture," said Dola.

"There shouldn't be a major impact, but at the same time there will be



TRIBUNE FILE PHOTO

With the new Manitoba legislation banning synthetic chemicals to be used on any type of lawns, Rockwood-Rosser weed supervisor Michael Dola has his work cut out for him this season to try and figure out how to effectively use the costly and labour-intensive bio-pesticides now mandated.

more weed seeds blowing around so there could be an impact on agriculture over time just because there will be more weed seeds blowing around from the town sites."

Getting to know your child's cyber usage

By Natasha Tersigni

Three out of five teens have sent or posted nude or semi-nude pictures or videos of themselves; Fifty per cent of teens have been involved in sexually suggestive online or social media chat, while one out of four teen girls and one out of three teen boys have received sexual images in their own inbox that were meant for someone else. These are just a few startling statistics gathered from Manitoba youth that RCMP Const. Gord Olson and his partner, Const. Tracy Santos, presented during the "Parents Should Know" night held at Stonewall Collegiate on May 19.

Olson and Santos are two of the four officers assigned to the province's Internet Child Exploitation (ICE) unit responsible for tracking and investigating child pornography on the Internet. As well, a major portion of their time is spent travelling to schools and educating students, teachers and parents about responsible device usage and how youth can avoid being exploited over the Internet.

The majority of the presentation, which many students in the Interlake School Division have seen before, was highlighting ways that parents can en-

sure that their child is practising safe habits when using social media sites such as Twitter, Facebook, YouTube, Snapchat, Instagram and Kik, a popular new site among the younger generation.

Knowing your children's usernames and passwords, what sites they are on, and ensuring they have proper security settings and their accounts are not public are a few tips that the constables gave parents to ensure youth won't get into trouble when they are online.

Another important tip Olson passed on was to ensure that teens are aware that anything they post online or text over cellphones can be saved and never erased. This can have negative effects when it comes to applying for a job or post-secondary school.

"Even for the kids as young as Grade 5, it is important for the older ones as well, we want them to know that you will be Googled because everyone has an online presence. Your resume may look great but (employers) want to see what is really going on," said Olson.

"They need to have appropriate pictures on their accounts, for one thing. If their accounts are private and locked down, then all their stuff won't be

seen."

Olson also warned students need to know the legal consequences if they choose to send naked or semi-naked images of themselves.

"For girls, if they are under the age of 18 and they have taken a picture of their exposed breasts, exposed vagina or exposed butt, they have made child pornography. If they sent that picture to anyone, they have distributed child pornography, and now whoever has that picture, be it their boyfriend or best boy or whatever the case may be, is in possession of child pornography. And same goes for the boys," said Olson.

"If they go on their device and say 'We have been talking for a while. I think we really like each. How about you send me a naked picture of yourself?' That is luring because you are asking that person to make child pornography for you and send it to you so you can be in possession of it."

To ensure parents and their children know the severe consequence of posting illicit images online can have, Santos encouraged all parents to watch the Amanda Todd YouTube video. Todd was a 15 year-old girl from British Co-

lombia who committed suicide after pictures of her flashing a camera were released on social media sites.

"It took about a year before she took that picture and he basically tried to extort her for more. She never sent more, but he took that picture and sent it out to all her friends and family on Facebook. She moved schools three or four times to try and get away from it. All the kids at school were bullying her about it and she couldn't get away," said Santos.

"She ended up turning to drugs and alcohol and thought the only thing she could do was kill herself. But she wanted to help kids out there so they wouldn't get into the same situation, so she went to YouTube and put her story on cue cards."

After her death, the investigation revealed that the 16-year-old boy up the coast of B.C. Todd thought she was talking to was actually a 35-year-old man from Denmark. Olson and Santos told parents an additional resource they can access to learn more information about keeping their child safe online is cybertip.ca.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Rams ready for MHSAA fastpitch provincials

By Brian Bowman

The Stonewall Collegiate Rams' fastpitch team may be young, but this group has plenty of talent and may surprise some people at this weekend's MHSAA fastpitch provincials in Boissevain.

"I am really hoping that we are competitive," said Rams' coach Rebecca Brewster last Friday.

"We haven't played a whole lot of other teams to see how we gauge against them but from the look of our girls, I would like to see that we will be competitive."

Stonewall punched its ticket to the provincials after blasting Vincent Massey from Winnipeg 11-0 at the inter-zone playoff on May 20.

Stonewall led 5-0 and three innings and then scored six runs in the fourth. The game was called after five innings due to the mercy rule.

Amber Schneider, a talented Grade 9 student-athlete, pitched the shutout.

The Rams earlier beat Fisher River's Charles Sinclair 19-0 in a game that

was called after just three innings.

The Rams hit the ball well in both lopsided victories.

Brewster is looking forward to seeing how the Rams perform at the provincials. Stonewall is very young, with just three players in either Grade 11 or 12. Still, this team is pretty good.

"We haven't had a lot of games,"

Brewster admitted. "But the majority of our team is playing A ball, so we realize that they are getting in quite a bit of ball."

In fastpitch, pitching is key and the Rams have several good arms. Schneider is expected

to get the early start on the mound at provincials but Stonewall has three other very good pitchers in Brielle Cara, Kyra Shewchuk and Tatum Lindley.

"We have good depth in pitching and we have a lot of talented fielders," Brewster noted. "We also like to hit the ball."

The MHSAA provincial schedule had not been finalized at press time.

"WE HAVE A LOT OF TALENTED FIELDERS."



TRIBUNE PHOTO DERRICK WALL

Stonewall Rams girls fastball team, back row from left: Kyra Shewchuk, Amber Schneider, Nicole Thoresby, Coral Williams, Jordan McInnis, Brielle Cara, Ashton Wallack, Loren Proven, Hannah Marshall, Tatum Lindley, Deanna Johnson (coach); front row Sarah Fines, Alycia Palmer, Bobbi Jo Warkentin, Breanna Mohr. Missing Rebecca Brewster (coach).

INDEPENDENT ORDER OF ODDFELLOWS



& PIZZA DEN Restaurant & Lounge

More than just great pizza



Charity Golf Tournament

TUESDAY, JUNE 9TH, 2015
South Interlake Golf Course

Registration: 11 am
1pm Shotgun start

- Texas Scramble
- Special Event Prizes
- Dinner at Pizza Den in Stonewall

**Deadline for Golfer
REGISTRATION: June 4th**

\$100/golfer includes Green fees, Cart & Supper
Team entries accepted (4 players), Partial Tax Receipt

Contacts:

Glenn Berardin Ph. 204-888-9823
glennber@mts.net
Doug Livingston Ph. 204-467-2690
dwliving@mts.net
Robert Magnifico Ph. 204-799-2423
robert.magnifico@gmail.com



Proceeds: Youth Drop in Center, South Interlake Food Bank and Christmas Cheer Board



Stonewall duo wins beach volleyball

TRIBUNE PHOTO BY LORI PALMER

Stonewall Collegiate's Alycia Palmer (left) and Brielle Cara combined to win the junior varsity 'B' division at the Manitoba Provincial High School Beach Volleyball Championships at Adrenaline Adventures last weekend.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Rams win Zone 5 banner, lose inter-zone matchup

By Brian Bowman

The Stonewall Collegiate Rams' baseball team found out that the road to the MHSAA provincials isn't as easy as it used to be.

The Rams had their season end last Thursday with an 11-1 loss to the John Taylor Collegiate Pipers in an inter-zone game in Stonewall. John Taylor led 4-1 after three innings and then broke the game open with five runs in the fourth.

The game was called after five innings due to the 10-run mercy rule.

"(John Taylor's) a good ball team," said Rams' head coach Kyle Nixon. "John Taylor is a team that can make a run at it at provincials. We've seen Altona and Boissevain, who are going to be some of the better teams in high school ball, and I feel they are right there with them."

"(The Pipers) put eight guys out there and a pitcher that have clearly played the game before."

Quin Arsenault scored the Rams lone run, brought in by Ryan Humeniuk. Humeniuk took the loss on the mound for the Rams, going four innings.

With the inter-zone win, the Pipers now advance to the provincials, which will take place May 28-30 in Cartwright/Pilot Mound.

The Rams, meanwhile, will probably have to get used to playing an inter-



TRIBUNE PHOTO SUBMITTED

The Stonewall Rams won the Manitoba High Schools Athletic Association Zone 5 banner May 20 after defeating Fisher River 15-2 and Teulon 18-6.

zone game every year before they advance to the provincials. Simply winning the Zone 5 banner won't get a team an automatic berth to the big dance.

Stonewall won the Zone 5 banner recently with two relatively easy wins over Fisher River (15-2) and Teulon

(18-6). The win over Teulon came in the final.

Braden Groot had a good day at the dish against the Saints, cracking a triple early in the game that scored a couple of runs.

Looking ahead, the Rams will lose "about five or six" Grade 12 players

from this year's team due to graduation.

"Those are holes to fill but if we could find some younger ball players and kids that can come in and hit the ball a bit, I don't think our team will be any different than what it was this year," Nixon predicted.

Stonewall Blue Jays flying in WSBL

By Brian Bowman

The Stonewall Blue Jays have gotten off to a great start in the Winnipeg Senior Baseball League.

Stonewall improved its record to 2-0 after a wild 11-8 come-from-behind victory over St. Boniface in the Blue Jays' home opener last Sunday.

Stonewall trailed St. Boniface 8-2 in the bottom of the third inning. But the Blue Jays scored three in that inning, one more in the fourth, and then put up five in the fifth.

Newcomer Rory Tycoles had a

great game at the plate with three hits, three runs scored, and three RBI while Tyler Tataryn had three hits and two RBI. Nick Drews was 2-for-4 with an RBI and three runs scored while Josh Drews, Orrin Hogue, Adam Kirk, Nevin Kleinsasser, and Ryan Humeniuk also crossed the plate for Stonewall.

Tataryn, a former Teulon Cardinal, threw three scoreless innings in relief and picked up his first win in a Jays' uniform.

Stonewall's defence, meanwhile, was solid all night. Highlights included Josh Drews crashing into

the left-field fence to make a terrific catch and Derek McPherson laying out in right center on the dead run.

The Blue Jays opened their WSBL season with a convincing 13-1 road victory over the Springfield Sr. Braves last Thursday.

Stonewall trailed 1-0 after two innings but exploded for 13 runs in the next five innings, highlighted by a five-run rally in the top of the seventh.

Kyle Heroux, Josh Drews and Tataryn each had two hits in the Blue Jays' 10-hit attack. Stonewall's runs were scored by Josh Drews (three),

Hogue (two), Nick Drews (two), Tycoles, Dave Craig, Kleinsasser, Josh Stolar, Kyle Heroux, and Tataryn.

Eric Swanson pitched five strong innings - giving up three hits and an unearned run - for the win. He also struck out seven and walked three.

Scott Harris pitched two innings in relief, scattering two hits and a walk to go along with a pair of strikeouts.

The Blue Jays (2-0) will battle the defending-champion Kildonan Mudcats (2-0) tonight at home. First pitch is 7:30 p.m.

Kristjanson wins junior division in Banff

By Brian Bowman

Garrett Kristjanson took in the beautiful sights of Banff at the Maple Leaf Junior Tour CU Classic last weekend.

Along the way, he also won the junior boys' division title.

The talented 19-year-old golfer from Warren ripped up the Fairmont Banff Springs Golf and Country Club course by firing a 74 and 69 for a 36-hole 143 total.

"That was my first time breaking 70 in a tournament so I was pretty happy about that," Kristjanson said Monday evening. "It was my second time shooting under par in a round but my first time breaking 70. It was pretty exciting finishing under 70."

That 143 was three strokes better than Lethbridge's Darin Bertschi and four in front of Edmonton's Matthew Jackson.

Kristjanson, who golfs out of South Interlake, said the Banff course is a sight to be seen.

"It's unreal," he said. "It's crazy playing it. The mountains are distracting from a golf game (perspective). I caught myself looking at all of the mountains on every hole but the second day I was a little bit better – more focused on the golf."

The field at the tournament was made up mostly of Albertans. There were a few golfers from B.C. and Saskatchewan, however.

"The competition was similar to Manitoba," Kristjanson noted.

The only other Manitoban in the field was Warren's Josh Hofer. Hofer, 18, carded rounds of 89 and 94 to finish at 183.

Kristjanson, meanwhile, enjoyed a very good collegiate season with the Jackson State Tigers in Mississippi this past year. He won a tournament in Pine Bluff, Ark. with an individual low score of 147. He had rounds of 74 and 73.

"It was windy, so the scores weren't that low," he said, noting his school finished third at the conference championships this season.

Kristjanson's university golf career is starting to take off. His scores should get even lower in the next couple of seasons.

"From last year not playing in a tournament to this year, playing in six out of the seven and leading at the conference championship for our team, was pretty good," he said. "The coach (Eddie Payton, the brother of Chicago Bears' great Walter Payton), said I was the first guy on the team in five years to win a tournament, so that was pretty cool."

Kristjanson has also gotten used to the change from living in Warren to the southern U.S. There aren't too many alligator sightings in the Interlake. And down there, college football is the king.

"It was a pretty big change," he said. "But I've made lots of good friends so it's been pretty easy."



TRIBUNE PHOTO BY NATALIE KRISTJANSON

Warren's Garrett Kristjanson won the junior boys' division title at the Maple Leaf Junior Tour CU Classic last weekend in Banff.

Interlake Invitational track and field stars



Pictured left, Warren's Olivia McCowan placed second in the junior varsity girls' tetrathlon with a score of 1,566 at the Interlake Invitational track meet in Stonewall last Thursday. McCowan also ran the 100-metre dash in 14.25 seconds and the 800-m run in 3:02.14. She also jumped 4.16-m in long jump and threw 6.59-m in shot put. The Rams' Reese Chop jumped 1.35-m, earning her a first-place finish in the junior varsity girls' high jump.

TRIBUNE PHOTOS BY JO-ANNE PROCTER

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email igrphic@mts.net

Stonewall Teulon
Tribune

AUCTIONS

Meyers Auction Estate of Jim Bothwell, June 06, Makinak MB, JD 4020, Oliver tractors, 8N Ford, grain bins, trucks, antiques, household, much more, 204-476-6262, www.meyers-auctions.com

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

AUTOS

Guaranteed approval drive away today! We lend money to everyone. Fast approvals, best interest rates. Over 500 vehicles sale priced for immediate delivery OAC. 1-877-796-0514. www.yourapprovedonline.com

SERVICES

Doctor Dent Paintless Dent Repair. No sanding, fillers, painting. Hail repair, preserves factory paint. Loaner cars. MPI endorsed for 20 years. Winnipeg West 204-786-DENT, East 204-661-DENT.

LANDSCAPING

G & C Hauling - Ph. 204-955-5862 for free estimates and best rates guaranteed on: gravel, topsoil, fill, manure, and landscaping. Avail. for commercial hauling: 6 Tandem gravel trucks, one truck pulls a Quad wagon for max. weight. Bondable and senior discount 15%.

PROPERTY FOR SALE

Gunton - vacant residential building lots, various sizes, mobile homes permitted. Why rent when you can own your own property? Town sewer & water avail. \$69,900. Ph 204-467-8537.

Teulon - S.W. of town, 140 acres hay/bush/pasture. Great location & sheltered area to build your hobby farm. \$119,900. Ph 204-467-8537.

Teulon - great family location next to park & daycare. Residential building lots with 80 ft. frontage. Survey avail. \$39,900. Ph 204-467-8537.

HOUSES FOR SALE

3 bedroom raised bungalow in Teulon. 4 additional bedrooms in finished basement, 2.5 baths, double detached oversized garage, lots of upgrades. Asking \$259,900. To view call 204-886-7716 or email bdhornick@mts.net

23 Poplar Bay, Stonewall. 1386 sq. ft. 3 bdrm. 2 bath. bungalow with double attached heated & insulated garage. Main floor laundry, partially finished basement, newer energy efficient furnace, sunroom, C/A, C/V, alarm system, in ground sprinkler. Recently re-shingled. Asking \$349,900. Call 204-467-9923 or 204-791-0072.

CONDO FOR SALE

Newly renovated, approx. 1,025 sq. ft. 2 bdrm., 1 bath, on 2nd floor. In-suite laundry. All appliances included. New hot water tank. Condo fees \$170/month. Asking \$199,900. Contact 204-461-2800 for inquiries.

MOBILE HOMES

6 new 16 x 80, 3 bed, 2 bath. starting at \$83,000; 1 new 16 x 68, 2 bed, 1 bath, starting at \$72,000. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net

REAL ESTATE

1908 Heritage Value Brick Home, recently renovated, town services. Established home based beauty business. 150' x100' ft. lot. Close to schools. \$165,000. Dolores 204-242-2261 Manitou, MB.

BUILDING SUPPLIES

Metal roofing and siding sale!! We stock metal for house and cabin roofs, roofing and siding for barns & sheds, Millends for out buildings shelters. SIG' S STEEL 204-762-5030 www.sigssteel.com

APARTMENT FOR RENT

1 bedroom apartment for rent, newly decorated, parking, A/C, central location Selkirk. Avail. immed. No pets/smoking. \$750/mo. and electric. Phone 204-785-0105.

HOUSE FOR RENT

Stonewall - for rent 3 bdrm., 1.5 bath, 1100 sq. ft., 1 1/2 storey, main flr. laundry, central air, deck, porch. \$1200/mo. No pets, no smoking. Susan at Remax 204-941-0221.

GARAGE SALE

May 29, 30 & 31st. 1D Maple Ave., off Summit Rd., Stonewall.

HELP WANTED

Eddie's Gravel Supply Ltd of Winnipeg Beach is accepting applications for Asphalt Laborers. The applicants must have a valid drivers licence, work well with others and be in good physical shape. Local work 204-389-2023.

Help Wanted - Personal care attendant required for a young adult female for care in our home in Grosse Isle. HCA certificate/Rehab Aide experience an asset, must have valid driver's license. Call 204-461-2150, after 5 p.m. for information.

HELP WANTED

Looking for honest, mature, reliable and experienced individual to help with exterior renovations including windows, doors and siding. Must be able to work well with others. Starting immediately. Call Stonewall Glass 204-467-8929.

Hip or Knee Replacement?

Problems with Mobility?

The Disability Tax Credit

\$2,000 Yearly Tax Credit

\$20,000 Lump Sum Refund

For Assistance Call: 204-453-5372

McSherry Auction Service Ltd

AUCTION SALE WAYNE SPAKOWSKI

Saturday June 6, 2015 @ 10:00 am

Komarno, MB - North 4 Miles on Hwy #7 Then East 2 Miles on Rd 106 Then 1/4 North Contact: (204) 643-5182 or (204) 206-0120

Tractors: J.D. 4020 Dsl Cab 540/1000 Hyd w J.D. FEL 8051 Hrs * J.D. 3010 Dsl 3PH 540 Hyd w J.D. FEL 5104 Hrs * J.D. 301A Dsl H.L. 540 Hyd w Allied 580 FEL 4536 Hrs * Ford 8 N 3PH * J.D. 3010 Dsl NR- Parts * Equip: 2) N.H. 489 9' Haybine * New Idea 486 RD Baler Elec. Auto Tie * J.D. 38 7' Semi Mt. Mower * J.D. 37 9' Trailer Mower * J.D. 11 9' Trailer Mower * H.M. 28' Dump Rake * M.F. 124 Square Baler * 3PH 3 Wheel Rake * 1000 gal Water Trailer * Farm King 7 Ton 4 Wheel Trailer * J.D. 16' Tandem Disc * Int 645 18' Cult * Case 7' Breaking Disc * 15' Crowfoot Packer * 3PH Rock Pull * MF 3PH 2B Plow * 3PH 7' Cult * Coop 15' Oneway Discer * Hang Up Harrows * Livestock Equip: 87 W.W. 16' Stock Trailer * New Roller Mill * 25) 10' Metal Corral Panels * 6) Metal RD Bale Feeders * 4) Metal Creep Feeders * 2) Calf Shelters * Ferrier Squeeze Chute * Chicken Plucker * Vehicles: 83 GMC Sierra 1/2 Ton * 95 GMC 1500 4 x 4 * 99 Merc Grand Marquis * 80 Chrysler Codoba * 79 Lincoln Town Car 400 * 94 Jimmy 4 x 4 * 91 Ford Explorer 4 x 4 * 78 Nova Rally 305 * 50's Austin Camrian * 59 Ford 600 Dually w 12' Gravel B & H * Over 10 Vehicles for Scrap * Utility Trailer * Recreation & Yard: 72 Boler 10' Camper Trailer * Crafts 11 HP 36" R. Mower * 85 Yamaha 350 CC Quad NR * Misc & Tools: Galva Channel * Used Sheet Metal * Lumber * Welding Cable * FEL Bale Forks * Saw Mandrel * FEL No Cyl * Tractor & Implement Parts * 18.4 - 34 Duals * Metal Band Saw * Miller AC/DC Tig Welder * Power Tools * Hand Tools * McCormick Mower * Dump Rakes * J.D. 9' * Implement Seat * Brass Bells * Hood Ornaments * Oil Tins * Anvils * Wrenches * Saw * Cream Cans * Antiques: Coca Cola 4' Porcelain Sign * Lighted Palm Clock * C.P. Rail Track Signs * Walnut Humidor * Singer Sewing Machine * Cast Boilers * Wood Barrels * Mail Box * Coffee Grinder * Cocks * Copper Street Light * Coleman Lanterns * Gas Iron * Scales * Folding Camera * Tonka Toys Tobacco Tins * Crescent Crate & Bottles * Pop Bottles * 22 GUNS- 22 Cal * Rifles * Shot Guns * Go to Web Hunting Accessories: Binoculars * Ammo * Gun Cabinet * Knives *

Stuart McSherry (204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

western sales

Rosetown, Saskatchewan

Required Immediately

Class 1A Trucker

Minimum 3 years experience. Clean drivers abstract.

Email: careers@westernsales.ca

or fax to the attention of: Rome 1 306 882 3389

Only qualified applicants will be contacted.

McSherry Auction Service Ltd

EQUIPMENT CONSIGNMENT

Sunday, June 21 10:00 pm

Stonewall, MB #12 Patterson Drive Tractors, Equip, Vehicles, Trailers, Yard & Recreation, Farm Misc, Tools. Book in your items Now!

Stuart McSherry
McSherry Auction Service Ltd.
(204) 467-1858 or (204) 886-7027

www.mcsherryauction.com
mcsherry@mymts.net

McSherry Auction Service Ltd

MOVING & ESTATE

Wed June 3 @ 4:00 pm

Stonewall, MB #12 Patterson Drive Yard Items, Tools, Antiques, Household, Always Lots of Exciting Items! Stuart McSherry (204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd

VINTAGE VEHICLE AUCTION AL THOMPSON

Sat. May 30 11:00 am

Wpg, MB 5 Mins East on Hwy 1 From Jct 100 Perimeter then 1 1/4 North East on Settler Rd. 80 MGB 2D Convertible * 60 Pont Perisianne * 51 Chev Sedan * 2) 51 Chev Deluxe * 2) 49 Fargo 3/4 Ton * Vintage Farm Tractor & Equipment * Kubota B600 w Roto Vator * Al 15' Boat * Olympia Hockey Arena Scraper

Stuart McSherry
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd

AUCTION SALE LLOYD & HELGA SAMPSON

Sunday June 7th @ 11:00 pm

Dugald, MB East 6 Miles on Hwy 15 then South 1/2 Mile on Millbrook Rd. Contact: (204) 999-9721

Building: Commercial Steel Framed Construction Open Wide Span Sheet Metal Building 60' x 100' x 16' w 30' x 30' Addition 12' x 16' OH Doors **TO BE MOVED * Subject to Owners Approval of last Bid** Tractors: Int B 275 Dsl, H.L. 3PH 540, 2189 Hrs * MF 90 Dsl H.L. Shuttle Dual Hyd. 540 1280 Hrs. * MF 135 Gas H.L. 3PH Hyd., 6841 Hrs. * Ford 9N Gas 3PH * JD 850 Dsl H.L. MFWA Cab 3PH 540 Hyd JD FEL1660 Hrs. * Case IH 495 H.L. 3PH Dual Hyd. 540 Turf Tires 840 Hrs. * Vehicle Trailers 98 Dodge Cummins Dsl. 4 x 4 Ext Cab 3/4 Ton, 300,000 Km Sfty * 82 Ford 1 Ton Dually 5.7 L w B & H * 61 Sunbeam Alpica * 87 Chev 1/2 Ton * B.H. 14' Flat Deck Tandem Trailer * B.H. Trailer w Box 12' * 4 Wheel Farm Wagons * Equipment Farm King 3 PH 7' Tandem Disc * McKee 3PH 5' Snowblower * 3 PH 5' Cultivator * 3 B Plow * 7' Spring Tooth Cult * Yard 94 Yamaha Phaser II 485 Exc. Cond * Ryan Com. 30" Ariator * Gas Rear Tiller Attach * Along with Tools * Building Supply * Antiques * Some Household *

Stuart McSherry (204) 467-1858 or (204) 886-7027
www.mcsherryauction.com



...Our people make it happen.

REQUIREMENTS:

- Trucks must be 2010 or newer
- Clean driver's abstract/CVOR/FAST Card
- We will inspect older equip.
- Min. 2 years cross border exp.

ALSO LOOKING FOR COMPANY HIGHWAY DRIVERS
\$.514 cents per mile or on average \$1100 per week take home.

APPLY TO: recruiting@rosedale.ca

OR CALL TOLL-FREE: 1-855-721-3962 For More Details

URGENTLY LOOKING FOR...

OWNER OPERATORS

Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Call 467-5836

McSherry Auction Service Ltd

ESTATE OF JOE LAPKA

Sunday May 31st 11:00 am

Inwood, MB

North 11 Miles on Hwy #17 Contact: (204) 981-7232

JD 350 Crawler * JD 2010 3PH JD FEL * Deitz D13006 w/ Leon FEL * MH 44 gas * Equipment * 2) NH 850 RD Baler * NH 456 9' Trailer Sickle Mower * Vicon 6 Wheel Hay Rake * JD #5, 7 * Sickle Mowers * 6 Wheel 24' Steel Frame Deck Hay Trailer * Cord Wood Trailer * Livestock Equip * Maternity Pen * 2) RD Bale Feeders * 7) Metal Corral Panels * Tools * Stihl 236 Chainsaw * Table Saw * Lincoln 180 Welder * Air Comp * Power Tools * Tap & Die Set * Various Shop Supply * Honda EP 2500 Watt Generator * 2000 lb Pressure Washer * Plus More Tools * Farm Misc *

Stuart McSherry
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

Classifieds

Tribune Stonewall Teulon

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net



Employment Opportunity

Full and part time position available

At Hatchery and Turkey Breeder Farms

Please email resume to shane@charisons.ca or call Shane at 204-886-7769.

FARM RETIREMENT AUCTION

**for Leonard & Joanne Kiesman
Camper, Manitoba**

Saturday, June 13, 2015 at 10:00 a.m.

**Sale site: 16 km South of Ashern on Hwy #6
or 25 km North of Eriksdale on Hwy #6**

Tractors: White 6195 Workhorse, 195 hp, power shift, 2.8x42 radial tires, triple hyd, 4875 hrs, N.H. 115TSA f.w.a. comes w/56LB NH Loader, dual hyd, power & shuttle shift, grapple, bale fork, 5201 hrs (new fuel & hyd pump); J.D. 6300, f.w.a. Tractor, 3pt hitch w/640 J. D. Loader, grapple & bale fork; Universal 530 f.w.a. Tractor, 2484 hrs (showing);

**Haying & Grain equipment; Vehicles & Trailers;
Cattle Equipment; Miscellaneous:**

**Auctioneer's Note: Leonard & Joanne
have sold out so everything must go!**

Full listing at www.globalauctionguide.com

Lorne (Buddy) Bergner, Auctioneer
Box 721, Ashern, MB ROC OEO

Ph: (204) 768-2669 / Fax: (204) 768-3237
Email: bergnauct@mymts.net

All sales are Terms: Cash/Cheque. We do not handle Interac/Credit Cards
Neither the Owner nor Auctioneer is responsible for errors in description
or condition. Sale listing is subject to additions or deletions and any
comments made the day of the sale with respect to sale items takes
precedence over previously reported listing. We are not responsible for
accidents Items are sold "AS IS - WHERE IS"



Employment Opportunity

Charisons' Turkey Hatchery has a full and part time position available in our office for an **administrative assistant**.

Responsibilities include customer relations, payroll, payables and data entry.

Preference will be given to those with Microsoft Office and QuickBooks experience.

Please email resume to shane@charisons.ca or call Shane at 204-886-7769.

HELP WANTED

Part-time House-keeping Staff required. Call Sheri at Rockwood Motor Inn at 204-467-2354.

St. Laurent Legion is looking for a book-keeper. Must be able to keep good books, do deposits and payroll. If interested please forward a resume/application to skeam@xplornet.ca or drop off at the legion. Or for more info. you may call Sherry at 204-383-5297. Qualified applicants will be called in for interview.

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

HELP WANTED

Woodlands Child-care is now accepting applications for full-time Early Childhood Educators II/III's, Child Care Assistants and substitutes! Woodlands Childcare is a brand new facility located in the town of Woodlands. We are looking for individuals who are enthusiastic, motivated, flexible, nurturing, fun-loving and creative. They must enjoy working with others and have a passion for working with children. Anticipated opening date is July 2015. Please send cover letter and resumes to woodlandschildcare@gmail.com by June 15th, 2015.

HELP WANTED

Permanent, F/T warehouse person required. Must be energetic, organized, understand basic mathematics & enjoy helping customers. Physical requirements include heavy lifting, climbing ladder, driving fork lift; while being mindful of work place safety. Please do not apply if you are planning to return to school in the fall. Drop off, fax or email brief letter of introduction and resume to Ritz Interiors, 286 Main St., Stonewall, fax 204-467-8982, email ritzint@mymts.net. Selected candidates will be contacted for an interview. Thank you for your interest.

HELP WANTED

TOPIGS Canada Inc. - Swine Supervisor. TOPIGS Canada Inc. has an employment opportunity for a senior farrowing technician within our genetic nucleus barn, based between Gimli and Teulon, Manitoba. The successful applicant will be involved in all areas of the daily production including: responsible for complete care of the hogs in your area; organizing daily routines in your area plus coordinating with the rest of the farm's schedule; monitoring feed and water and herd health including treatments and vaccinations; Farrowing and piglet care; following biosecurity protocols; daily record keeping. Qualifications: pork production technician certificate/University degree in Animal Sciences and/or a minimum of 2 years hog experience, good communication and decision making skills. Salary: based on experience. If you want to be part of a progressive, world leader in swine genetics please forward your resume to: Topigs Norsvin Canada Inc. Attention of Mike Shaw; Fax: 1-204-489-3152 or email to mike.shaw@topignorsvin.ca. Application deadline is May 29th, 2015.

BUSINESS OPPORTUNITY

Get free vending machines. High cash producers. \$1.00 vend = .70 profit. Can earn \$100,000 + per year. Be first in your area. No competition. Protected territories. For full details call now 1-866-668-6629 WWW.TCVEND.COM

CAREER TRAINING

Medical Transcriptionists are in huge demand! Train with the leading Medical Transcription school. Learn from home and work from home. Call today. 1-800-466-1535 www.canscribe.com. info@canscribe.com

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

Province-wide classifieds. Reach over 400,000 readers weekly. Call us at 1-204-467-5836 or email classifieds@mcna.com for details.

Sawmills from only \$4,397 - make money & save money with your own bandmill - Cut lumber any dimension. In stock ready to ship. FREE info & DVD: www.NorwoodSawmills.com/400OT 1-800-566-6899 Ext: 400OT.

WATER TREATMENT PRODUCTS

Wholesale Water Filters!! New Water-ite water softeners, 30,000 grain/\$550. All sizes avail. Reverse osmosis systems, \$220. Paterson iron removers/\$490. Greensand iron odour removal systems, \$690. All Seasons Furnishings 204-661-8581.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

COMING EVENTS

Join the fight against Prostate Cancer. The 7th annual Manitoba Motorcycle Ride for Dad happens Saturday, May 30, 10 a.m., Earl's Polo Park Shopping Centre. You can register or make a pledge by visiting www.rid-efordad.ca/manitoba. Proceeds stay in Manitoba for Prostate Cancer research and education.



Vacant Land for Sale

\$84,900⁰⁰



- Approximately 1 acre pie shaped lot adjacent to new sub-division in Warren
- Well treed along perimeter on 3 sides
- 20 minutes to Winnipeg
- Fully serviced lot

David Kyle Realtor®
204-782-8326
davidkyle@mymts.net

MAXIMUM
Realty Ltd.



OPERATIONS SECRETARY - RECEPTIONIST

(Monday-Friday, 1:00 – 5:00 pm)

Interlake School Division is seeking a Secretary to provide support to the Maintenance and Transportation Departments, and perform reception duties.

Applicants should possess the following:

- Several years secretarial experience
- Good keyboarding and Microsoft Office skills
- Excellent written and verbal communication skills
- Strong organizational abilities
- Familiarity with rural and municipal addressing.

Please direct applications, including complete resume and three references by June 5th, 2015, 12:00 noon to:

Human Resources
Interlake School Division
192-2nd Ave. North
Stonewall, MB ROC 2Z0
Tel: 467-5100 / Fax: 467-8334
Email: hr@isd21.mb.ca



PRIME BUILDING LOTS

Thunder Hill Estates - Stonewall
From \$109,900 Plus GST

Financing Available
Choose Your Builder...
Option To Custom Build For You

For Further information:
Call: Neil @ 204-793-6600
Email: ndueck@quadee.com

Classifieds

Call 467-5836 or Email igrphic@mts.net

FARM MACHINERY

7700 Ford tractor, 86 h.p., 3 pth, \$12,000; New Holland 851 baler, \$1200; Viccon baler, \$1500; 21 ft. deep tiller cultivator; 10 ft. John Deere hay rake. Ph 204-322-5614.

190 Allis Chambers diesel, heated CAB tractor with heavy front end loader. \$7,000. Text Rick 1-204-481-0843.

POTATOES FOR SALE

Red, Yellow & Russett potatoes for sale. Sunflower seeds, wild bird seed & deer feed. Call 204-886-2676 Interlake Potato Farm.



SPORTS TIPS
Call 467-5836

LIVESTOCK

Saler bulls from the top performance Canadian Salers herd, black or red. Semen tested & guaranteed. Can deliver. Ken Sweetland 204-762-5512 or 204-739-3958.

Charolais yearling bulls for sale. Red factor or white. Good prices. Good birth weights. Call John at 204-383-0308.

Good quality two-year old Charolais bulls for sale. Semen tested, free delivery, AI sired. Bar H Charolais, Grenfell, 306-697-2901 or 306-697-2988.



western sales
Agricultural Service Technicians
Rosetown, Sask.

Please visit
westernsales.ca
for full job description

Email resumé's to:
careers@westernsales.ca

or fax
1 306 882 3389

Attn: Rome Molesberry

FEED AND SEED

Selling organic/conventional Sweet Clover, Red Clover, Alfalfa, Smooth and Meadow Brome, Crestedwheat, Timothy, Sainfoin, Milk Vetch. Free delivery on larger orders! Pasture and hay blends. Birch Rose Acres Ltd. Star City, SK. Ph: 306-863-2900. ivanauudrey@sasktel.net

Lucky Star Wash & Service is looking for an experienced mechanic in the Heavy Truck/Transport field to take on a leadership role within our well established shop.

All applicants must have:

- Full set of tools
- 4 years of employment experience in this field
- Strong communication skills
- Extensive mechanical knowledge
- Positive attitude
- Desire and ability to succeed

Interested applicants can apply via:
Email - service@luckystarservice.ca

Fax - include "Mechanic" on cover sheet to 204.726.4910
Drop off - Lucky Star Wash & Service Ltd, 2 miles south of Brandon on the east side of the #10 hwy



NOTICE TO CREDITORS

In the matter of: The estate of Donald Joseph Vandal, late of the town of Stonewall, MB, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their office, P.O. Box 1400, Stonewall, MB, R0C 2Z0 on or before the 2nd day of July, 2015. Dated at Stonewall, MB this 21st day of May, 2015.

Grantham Law Offices,
Solicitor for the Executors



Best Herbicide Prices Guaranteed

Featured Products:

- Clever - one pass cleaver control
- Smoke - loaded glyphosate
- Foax - green foxtail and wild oats
- Diquash - desiccant

Dealers in most areas (new dealers welcome)

306 477-4007
info@gng.ag
www.gng.ag

AUCTION

FOX FARMS LTD / SHARON & LATE STAN FOX FARM AUCTION SALE
BALMORAL, MB

DIRECTIONS: No.7 Hwy - West 2.5 miles on PR 236E-North Side of Road - No.6 Hwy North on PR 236 to Balmoral East on PR 236E Farm north side of Rd East of School

SPECIAL NOTE: ALL EQUIPMENT HAS BEEN SHEDDED EXCLUDING HARROWS. SELLER RETIRED AFTER 2006 HARVEST.

SATURDAY JUNE 6, 2015 @ 10:00 A.M.



2003 John Deere 9750 STS Canadian Special s/p Combine 744 thr /1053 eng hr
• 2003 John Deere 9750 STS Canadian Special s/p Combine 675 thr / 1010 eng hr
• 1997 John Deere 9400 4wd Tractor • 1991 MacDon 960 30' Harvest header • 1996 MacDon 960 30' Harvest header • 1991 MacDon Header Adapter for John Deere Combine
• 1994 Premier MacDon 2900 s/p Swather • 1996 Tyler Patriot 150 Sprayer • 2006 John Deere Greenstar AutoTrac Universal Steering Kit • 2004 AccuTrac Universal Steering Kit
• 1996 Flexicoil C820 54' Deep Tiller • 1995 Degelman 7000 70' Straw Master Heavy Harrows
• Herman 1600 70' Harrows • Dutch Industries Coulters • 1993 Navistar International 9400 Tandem Grain Truck • 1988 Load King semi-trailer • Farm Fans Grain Dryer • J210-31 Westfield Industries Ltd. Auger 10" x 30' • RR80-56/71 Westfield Industries Ltd. Auger 8" x 56'
• Westfield Industries Ltd. Auger 8" x 23' • VAS IL 24-7-1-0 Grain Bin Fan 7hp 230 volts
AMD 5250 • VAS IL 24-7-1-0 Grain Bin Fan 230 volts 60 cycle 35 amp • Avonlea FC 18-10-1-1-Bin Fan 10hp centrifugal • Avonlea 40531 Bin Fan 5hp (2) • Adventer Bin Fan 3hp

www.bodnarusauctioneering.com • TOLL-FREE 1-877-494-BIDS (2437)

BODNARUS AUCTIONEERING

LIVE INTERNET BIDDING @ 1:00 PM

Biz Cards

Call 467-5836 or email ads@stonewallteulontribune.ca

KEN'S CARPENTRY

Smaller Buildings Cottages Decks Reasonable Prices 204-886-7467

Odd Fellows Hall

• Weddings • Socials • Showers • Meetings
• Capacity 220 persons • Kitchen available

374 1st St. West Stonewall
Del Phillips 204-791-0564
Text if possible
Hall 204-467-5556

Balmoral Hall

Catering Available / Capacity 200
Anniversaries • Family Birthdays
Special Occasions
Contact Brenda 467-2730

You'll Be Glad You Called Sure-Clad

for your
siding • soffit • fascia • metal roof & wall sheets
windows & capping • continuous eavestroughing
roof top snow removal • spring gutter cleaning

Call 204-467-5109 • 204-467-5749 • Cell 204-461-0860
surecladconst@gmail.com

Murray's Painting & Decorating
Mark Murray
Bus. 204-467-5242

A home away for your furry friends...
MR. KENNEL
DOGS & CATS
• Reasonable Rates
• Daily Exercise Routine
• Air Conditioned Facility
• Extra Large Kennels
CALL GARRY
204-322-5585 or 204-461-2221

GROSSE ISLE AUTO, TRUCK & TRAILER SALES
• Custom orders of cars & trucks
• Flat Deck Trailers - Utility up to 45,000 lb capacity
• Dealer for Canadian made Oasis Trailers
Call Bernie 513-0055 • Jim 513-0555

Cadillac Roofing & Renovations
cadillacroofingandrenos@gmail.com
204-389-5826
Roofing-Siding Painting-Drywall

CVT WELDING
CUSTOM WELDING MOBILE WELDING
METAL FABRICATION
STEEL / ALUMINIUM / STAINLESS
(204) 886-7312 Teulon, Manitoba
(204) 228-2139 cvtwelding@gmail.com

MAXWELL'S PROFESSIONAL PAINTING
COMMERCIAL/RESIDENTIAL
Cell: (204) 792-0675 or (204) 467-5008
Email: maxpro@mts.net
Box 275, Stonewall, MB R0C 2Z0

Electro Wright CONTRACTING INC.
Derek Fotty
Ph. (204) 467-RITE(7483)
Fax. (204) 467-2000
Email. electrowright@mts.net
Electrical Contractors

NORSEMAN MECHANICAL
COMMERCIAL/RESIDENTIAL
NEW CONSTRUCTION-RENOVATIONS-SERVICE
SERVING THE INTERLAKE FOR ALL YOUR PLUMBING NEEDS
204-470-9526
MATTHEW SVEISTRUP
RED SEAL JOURNEYMAN PLUMBER ARGYLE, MB
mattsveistrup@gmail.com

PRESSURE PRO WATER WELL SYSTEM SPECIALIST
Pump & Well Repair
Water Softener Installation
Well Shocking
Ph. 461-1162
www.pressurepro.webs.com

FABRIC COVERED BUILDINGS
DURA DOME INC
— Industrial • Ag • Residential —
204-292-8175 www.duradome.ca

GRANTHAM LAW OFFICES
Lawyer & Notary Public
STONEWALL OFFICE:
#1-278 Main St., Stonewall 467-5527

Rubber Ducky Resort
PROPANE Fill 20 lb \$14.99
RDR Grill & Concession
Summer Hours
Sun-Thurs 9 am - 10 pm
Fri, Sat 9 am - 11 pm
Check web for off season hours
RubberDuckyResort.com
204-322-5286

J & L ELECTRONICS
jl-electronics.ca
• Control4 Home Automation • Lighting Control/LED Lighting
• Pre-Wire (New Home Construction) • Satellite
• Multi-room Audio • Outdoor A/V • Surveillance
• Custom Seating Solutions • Motorized Window Coverings
Lyle Holod / Joel Bouvier, Owners
Email: info@jl-electronics.ca
Call: 204-471-6666
Office: 204-467-8663
Toll Free: 1-877-767-6004

Stonewall Glass
Res. & Comm. Windows • Doors & Garage Doors
Siding • Soffits • Fascia • Eavestroughs & Roofing
Sealed Units • Mirror • Shelving & Glass
2 Patterson Dr. 467-8929

Announcements

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

Stonewall Teulon
Tribune

ANNOUNCEMENTS

COMMUNITY SHOWER



"A New Journey....A New Adventure..."
Elwyn and Susan Smerchanski of Malonton are pleased to announce the engagement of their daughter Marcie to Curtis Schultz, son of Dennis and Barb of Emerson. A Community Shower will be held Sunday, June 14 at 2 p.m. at the "Farmer's Hall" on Hwy. #231, 1 mile west of Gimli. They are registered at Bed, Bath and Beyond and Sears. Monetary donations greatly appreciated. A fall wedding is planned.
Love Always and Forever

Community Bridal Shower

in honour of
Robyn Hintz

(Bride of Nathan Morgan)

2:00-5:00 p.m.

Sunday, June 7th

at the Argyle Community Hall

Robyn & Nathan are registered
at Home Outfitters.

Ikea gift cards happily accepted.

For more info call 204.513.0420

Everything you need to promote your business

FLYERS
BROCHURES
BUSINESS CARDS
STICKERS
PRESENTATION FOLDERS

POST CARDS
SIGNS
SOCIAL TICKETS
DOOR HANGERS
LETTERHEAD
ENVELOPES
INVOICES
ESTIMATE SHEETS
POSTERS
MEMO PADS
And MORE...

467-5836

Interlake Graphics
For all your printing
and publishing needs

ANNOUNCEMENTS

BIRTH ANNOUNCEMENT



LITTLE PINK CAMPBELL SHOES

Lucille Florence Campbell
Has made her debut
Showing Mommy and Daddy
A new dance step or two.
At 4:50 a.m. at St Boniface Hospital
6 lbs 14 oz, 20 inches tall
She made her appearance
With no trouble at all.
Tiny button nose, cute as can be
Perfect with lovely dark hair
A little angel has been put
In a family's loving care.
With Mommy she will be doing
Fancy foot work and swirl
With Daddy she will be golfing
And give advice on how to curl.
With little pink dancing shoes
Smiles, kisses and hugs
Congratulations Alan and Alycia
'Cause there is nothing quite like
a child's love.

Bert and Kathy Campbell
And

Martin and Jan Modrzejewski
Have a precious blessing from above
A new little granddaughter to cuddle
and love!

ANNOUNCEMENTS

BIRTHDAY



Our little boys are turning ONE!
Happy 1st Birthday Trent and Jase!

-Love,
Mom and Dad,
Grandma and Papa Deprez,
Grandma and Papa Correia

ANNOUNCEMENTS

GRADUATION



Garrett Labelle
Bachelor of Commerce - Honours
Asper School of Business.
Congratulations!
With love for the person you are
and with pride
in the amazing man you are becoming.

-Love,
Mom, Dad, Taryn and Rayden

ANNOUNCEMENTS

GRADUATION



Congratulations
Brad Myskiw
on receiving your
Bachelor of Science (Agribus) degree
May 28, 2015
-Dad, Mom and Bud (a.k.a. Ryan)

ANNOUNCEMENTS

IN MEMORIAM



Rev. David G Kilpatrick
October 14, 1926 - May 20, 2005

Ten years have come and gone so fast,
And yet we never forget the past.
Vivid memories just a blink away,
Especially in this month of May;
Of all the times some happy, some sad
When we could just give a hug and say
"LOVE YOU DAD"!!



**Classified booking deadline
is Monday at 4 p.m. prior to
Thursday's publication.**

Call 467-5836

STILL MISSING

Maverick went missing on April 12, 2015 from her farm yard west of Teulon RM of Rockwood corner of road 96N and 2nd Road East. Has your neighbour a new dog and maybe does not realize that the owner is frantically looking for her? 6 yrs old, tattoo **XGG78**, female shepherd cross, floppy ears, brown eyes, wide short muzzle, large paws, medium size, around 60 lbs when last seen, dark brown back (almost black) with light brown under body, no collar, timid of people. She is more than just a dog to me. Maverick is my family member, a companion, best friend, my life, and my heart is broken. There is a **reward** for information that brings her home.

Contact Frances Kwasny 204-886-7772 or 204-886-2419



urbanmine
Metal Recycling Redefined

ARE YOU AN
URBANMINER?

Get The Top Tips
To maximize the value
of your scrap metal

GO TO:
www.AreYouAnUrbanminer.ca

Tip #6 can earn you 10%
more on your scrap!
Tip #9 helps you get more
value!

72 Rothwell Road
Winnipeg, MB

The trusted name in
metal recycling

Is your Company
looking to recruit
Aboriginal job seekers?

Advertise your
job title and location
in the classified section
of 130 newspapers
across Saskatchewan
and Manitoba
(950,000 Circulation)
Have the position
referred to www.firstnationsjobsonline.com
and your company
website for the
full job description.
Email:
danbsully@sasktel.net
for more information

**First Nations
JobsOnline**



Call 467-5836 or
email igraphic@mts.net

OBITUARY



Martin George Meyers

On May long weekend 2015, Martin George Meyers, resting peacefully at his home, passed away.

Marty leaves behind his daughter Kara; siblings, family and many friends.

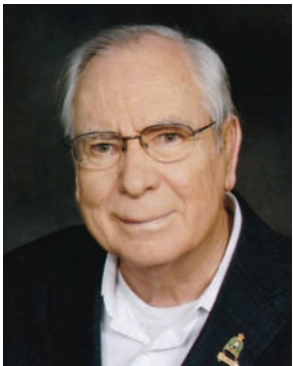
Marty was a good man who enjoyed nature and the quiet of the earth. A dad and best friend to his daughter Kara, he always put others first. He will be remembered for his smile and the friendship he gave to others. Marty is at peace and wishes that all would celebrate life and humanity.

A service in his honor will be held in the Gilbert Funeral Chapel, Selkirk, MB, on Thursday, May 28, 2015 at 1:00 p.m.

Gilbert Funeral Home, Selkirk in care of arrangements.
www.gilbertfuneralhome.com



OBITUARY



Robert Fenwick Knickle

Peacefully on Monday, May 25th, 2015, with family at his side, Robert Fenwick Knickle passed away.

Funeral Service will be held on Saturday, May 30th at 2:00 p.m. at the New Life Church in Stonewall.

Interment will take place at the Stonewall Cemetery. Longer obituary to follow.



MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • mackhome@mts.net

OBITUARY



Clifford Bobby (Bob) Barker

Peacefully and with dignity and courage, Bob passed away on May 11, 2015, at the Stonewall Hospital, with his family at his side.

Bob was born on December 22, 1935 in Oakville Manitoba to Kay and Eldon Barker. He worked on the family farm and attended school in Oakville.

Bob met the love of his life, Joyce, in 1954. They married in July, 1960 and raised their three beautiful children in Winnipeg before moving to Teulon in 1975.

Bob worked at CN Telegraphs, drove truck with his brother-in-law, John Searcy, and later worked as a guard at the Stony Mountain Penitentiary for 29 years until his retirement in 1995. Bob was one of the best competition pistol shooters in Canada for a number of years. He has over 300 trophies to prove it.

After his retirement, Bob and Joyce began the second stage of their life together. They travelled, Bob enjoyed hunting, fishing, golfing and continued to play and watch hockey. They also enjoyed watching their children grow into the wonderful people they are today.

Bob is survived by his loving wife of 55 years, Joyce; brother Frank; children Tracy, Rob (Diane), Doug (Tracy) and his grandchildren whom he loved and adored, Travis, Wesley, Kobie, Brittany (Matthew) and Tyler. There are many nieces, nephews, special friends and other family members, too numerous to name whom he adored.

Bob was predeceased by his parents, Kay and Eldon; his sisters-in-law Audrey, Doreen, Jean, Sylvia and Isabelle. He was also predeceased by his brothers-in-law, Ted and Don, and numerous other family members and friends.

Bob was known for his many sayings and jokes, which are still being told to this day and will live on forever. He had an amazing ability to cook a gourmet meal, and compete in bread making competitions within the family. His desire for cooking will be passed on through the upcoming generations, as Bob called it, THE BARKER SCHOOL OF COOKING.

As per Bob's wishes, cremation has taken place and there will be no formal funeral service. There will be a private family interment at a later date.

A come and go time of reminiscing and stories will be held on Sunday, May 31st, 2015 at the home of Doug and Tracy Barker. All of Bob's friends and family are welcome to attend anytime after 1:00 p.m.

Flowers are gratefully declined, but if people desire, a donation can be made in his memory to: Rick Hansen Foundation (spinal cord injuries) or a Charity of your Choice.

You may have thought we didn't see
Or that we had not heard,
The life lesson that you gave to us,
But we got every word.
Perhaps you thought we missed it all,
And that we'd grown apart,
But dad, we picked up everything
It's written in our hearts.
Without you dad, we wouldn't be
the people we are today,
You built a strong foundation,
No one can take away.
We've grown up with your values,
And we are very glad we did,
So here's to you dear father,
From your forever grateful
kids, wife, family and friends!

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • mackhome@mts.net



Announcements

Call 467-5836 or Email igrphic@mts.net

OBITUARY



Kenneth Bernard Wait

Peacefully, on May 22nd, 2015, in the Palliative Care room of Stonewall Hospital Ken Wait passed away after a short but determined fight with cancer. Ken was born in 1943 in Birch Hills, Sask. to Arnold and Jane Wait but moved to Manitoba as a child. He was predeceased by his parents, his brother Ralph, sister-in-law Theresa and in-laws Jim and Dorothy Martin. He will be missed by wife of 42 years, Beverley; sons Jason and Andrew; two very special grandchildren Shaelynn and Kale Wait as well as brother Leslie; nephews Neil, Perry and Larry; brother-in-law Bruce Martin (wife Bev and children Jeff, Kelly (Katie) and Kerri), sister-in-law Shauna Martin (Wade Derkson) and Tricia Tyerman.

Ken attended United College and University of Manitoba graduating with a Bachelor's Degree in Science, majoring in chemistry, physics and mathematics. He worked for several years for

International Nickel in Thompson and for the Manitoba Government in the area of Environment. In the years before retirement he worked for Manitoba Hydro. In 2002, after retirement he began serving on the Clean Environment Commission.

Ken had a wonderful, quirky sense of humour and once met he wasn't easily forgotten especially by his friends at the Balmoral coffee shop. After retirement his leisure time was spent playing crib and golfing, enjoying his Wednesday senior league at the Inwood Golf course.

Ken really enjoyed his grandchildren and loved to think up things to do with them. He successfully taught Kale that shovelling sand and snow was fun, not work. Many suppers at Grandpa Ken's house were finished off with vanilla pudding that Ken and Shaelynn were masters at making.

Our family would like to express our profound thanks to Dr. Graham, the many people at Stonewall Home Care, Palliative Care, Stonewall Hospital and Manitoba Cancer Care, the caring and compassionate support you provided helped us immeasurably. To our many friends and neighbours your generous support in so many ways made this time so much easier to bear.

Cremation has taken place and a celebration of Ken's life will take place at the Balmoral Community Hall on Friday, May 29 from 2 to 4 p.m.

Donations in memory of Ken may be made to the Balmoral United Church, the Balmoral Community Hall, Southwest District Palliative Care or Cancer Care Manitoba.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • mackhome@mts.net



OBITUARY



Myrtle Smith

Myrtle Smith (nee King) passed away Saturday, May 16, 2015 at the Oak Park Lodge, Woodlands, MB, where she had resided for the past two years. She was 89 years old, although she liked to think of herself as 90. Myrtle was born November 14, 1925 in Warren, MB.

She is predeceased by her parents Marjorie and Benjamin King; by her first husband Thomas Leonard in 1973 and by her second husband Gordon Smith in 2002; her sisters Jennie (Jack) Horsman and Elsie (Jorgen, Ernie) Brunger and by her brother Ronald King.

Remaining to cherish her memory are her brothers Marvin (Eileen) and Harold (Doreen) King; her sister Doris (Jim) Hunter, her sister-in-law Shirley along with many nieces and nephews.

Myrtle was active in her adopted hometown of Eriksdale community where she lived after her marriage. She taught Sunday School for 25 years, served on the Board of Eriksdale United Church including time as Secretary Treasurer, helped organize and conduct monthly socials for Senior Citizens from 1963 - 1982, lead an Explorers group for girls as well as a group for boys, managed the Eriksdale Housing Authority from 1974 - 1991, was a 4-H leader and served for three years on the 4-H Provincial Council including time as the Council President. Many of the youth she worked with in Eriksdale, who are now adults, still refer to her as "Auntie Myrtle".

Myrtle provided the extended family with a model of courage and commitment as she single-handedly cared for Tommy for the many years he suffered from MS. She was also one who could maintain her humor in the face of life's difficulties. Many family members benefited from her generosity when they experienced critical times.

Myrtle was an avid reader and was keen about crossword puzzles. She enjoyed overseas travel and local cultural programs such as Folklorama.

A special thank you to the Home Care workers who made it possible for Myrtle to remain at the Lodge and to the residents and staff at Oak Park Lodge who made her recent years enjoyable.

A private family funeral service was held Friday, May 22, 2015 at the Warren United Church.

Pallbearers were Robert Horsman, Marlene Schott, Debbie Buchanan, Susan King, Eva Brunger and Sheila Hunter.

Donations in Myrtle's memory may be made to the MS Society of Canada, Manitoba Division, 1465 Buffalo Place, Suite 100, Winnipeg, MB R3T 1L8, CancerCare Manitoba Foundation Inc., 675 McDermot Ave., Room ON1160, Winnipeg, MB R3E 0V9 or to The Ben and Marjorie King Memorial Scholarship Fund, c/o Interlake Community Foundation, PO Box 1575, Stonewall, MB R0C 2Z0 or to a charity of your choice.

Arrangements by:
ARNASON FUNERAL HOME
Ashern - Lunder
1.204.768.2072
1.866.323.3593

Biz Cards
Get The Job Done!
Call 204-467-5836

A King's Comfort
 Infloor Heating
 A DIVISION OF MELAINE SERVICES INC.
 Darryl Harrison
 Mobile: (204) 461-4216
 Email: darryl@akingscomfort.com
 website: www.akingscomfort.com
FREE Quotes

PLUMBING
 Commercial & Residential
 New Installation & Service
 Plumbing & In-Floor Heating
 Water Softener Installations
 Water Filtration/
 Reverse Osmosis
RILEY PATTERSON
 Journeyman Plumber
Cell 204-461-0035

WIRELESS INTERNET
Quick Stream
 Hi-Speed Internet
 Broadband Residential
 and Commercial Connections
www.quickstream.ca
1-866-981-9769

stonewall chiropractic centre
 Also Acupuncture • Custom Orthotics • Massage Therapy
 Billing to Autopac, Blue Cross, WCB
204-467-5523

FULLHOUSE MOVERS
 ALEX FOTTY
 HOME: 204-467-2419
 CELL: 204-461-2352
 NOTHING BEATS A
FULLHOUSE MOVE

BOONSTRA FARMS
 RV Sales
 204-941-0228
 204-467-8480 • www.boonstrafarms.com

ROCKWOOD MOTORSPORTS
 PARTS & ACCESSORIES FOR:
 • ATVs • SNOWMOBILES • DIRT BIKES
467-9222
 4 Granite Ave. Stonewall

Vic's Autobody & Towing
CAA 24 Hr. Towing
204.886.2972

Ralph Tanchak..Artist - murals
 - commission paintings
 - art instruction
 - caricature parties
 phone: 204-461-0160
Colour-Splash Artist Ralph Tanchak

ISAGENIX
 Weightloss • Energy & Performance • Healthy Aging
 Allana Sawatzky
 Independant Associate
 isaallana@hotmail.com • www.isaproduct.com

Proudly Serving Stonewall, Warren & Surrounding Areas
COUNTRY TOWING
 CAA MPI
 countrytowing@mymts.net 204-990-4718

WOODLANDS HVAC
 Heating Ventilation
 Air conditioning
 Commercial/Residential
CURTIS OLIVER
 1.204.461.1678 • woodlandshvac@gmail.com

SHERLOCK TREE REMOVAL
 Pruning • Stump Grinding
 Fully Insured - Claim Free
 25 years Experience
 Vince 861-0487
 Darren 861-0028

EDDIE'S GRAVEL SUPPLY LTD.
 Chem Free Topsoil
 Sand-Gravel-Stone
 Holding Tanks/Field Installs
 Specializing in Asphalt Paving
 & Lakeshore Rehabilitation
 (204) 389-2023 Winnipeg Beach

Bill Klassen Auctions Ltd.
www.billklassen.com
BUY & SELL THE AUCTION WAY!
CONTACT US TO BOOK YOUR AUCTION!
 Ph: (204) 325-4433 Cell: (204) 325-6230 Fax: (204) 325-4484

McLeod Mechanical Services
 • Plumbing
 • Heating
 • Gas Fitting
 • Air Conditioning
 • Backflow Testing & Installations
RESIDENTIAL & COMMERCIAL
 Grosse Isle, MB **204-513-1154**
 mcleodmechanicalservices@highspeedcrow.ca

Prairie Earthworks Ltd.
Excavator & Dozer Services
 Screened Topsoil For Sale
204 461-0815

Rockwood Landscaping & Tree Service
 *Complete Landscaping
 *Barkman Concrete Products
 *Concrete Breaking
 *Aerial Tree Pruning & Removal
 *Chipping
 *Stump Grinding
 *Tree Planting
 *24HR Storm Service
 *Snow Removal
 *Skid-Steer
 *Excavator
 *Compact Track Loader
 *Bucket Truck
Manitoba Certified Arborist
467-7646
 Free Estimates

WALSH ELECTRICAL SERVICES
 Residential & Commercial
 Service Upgrades
FREE ESTIMATES
204-461-4217
 walsheservices@gmail.com

H.D. REPAIR & WELDING
 Heavy Duty Repairs
 Truck/Trailer Safeties
 CWB Welding
 Metal Fabrication
 Hydraulic Hoses
 Equipment Rentals
 Serving the Interlake since 2002
 369 Walker Ave (at Hwy 4) **482-3209**

Ritchie & Perron PLUMBING & HEATING LTD.
 ritchie_perron@live.ca Red Seal Certified
 Stonewall, MB Certified gas fitter
 Residential/Commercial
Ryan 230-4674 Trevor 232-6263

Sudden Impact Construction
 SINCE 1997
 • Concrete Pads • Framing • Roofing
 • Siding • Ag Buildings • Windows/Doors
 • Skid Steer Services • Post Hole Drilling
 • Custom Building - Homes, Decks, Garages
 ~ FREE ESTIMATES ~ FULLY INSURED
 TEULON, MB PH: **204-886-7743**
suddenimpact@highspeedcrow.ca
www.suddenimpactconstruction.com
 Mike Simcoe

Heating & Cooling • Refrigeration
 REFRIGERATION • HEATING & COOLING
COMMERCIAL COMFORT INC.
 Residential & Commercial
 Owner: Jeff Meier
461-HEAT (4328)
 commercialcomfort16@gmail.com

ALICE ROOFING LTD
 Complete Roofing Services
 • Residential • Agricultural
 Licensed and Insured
204-757-9092
www.aliceroofing.ca

WAVEY CREEK EXCAVATING AND LANDSCAPING
 • General Excavating
 • General Landscaping
 • Waterfront/Restoration
 • Driveways
 • Deliveries/Haul Aways
 • Sod
SEPTIC HOLDING TANKS
John 481-1039
 Free Estimates **WWW.WAVEYCREEKEXCAVATING.COM**

PERIMETER DRILLING LTD.
 *Water Wells *Pressure Systems
 *Repairs *Septic Systems
 Phone: **204.632.6426**
 Email: pdl1@mymts.net
FREE CONSULTATIONS
Servicing the Community for Five Generations

M. JONES CARPENTRY & CONSTRUCTION
 Roofing - shingling & metal roofing • Renovations & additions
 Custom - homes, garages, decks, barns & pole sheds
 Siding, soffit, fascia, cladding • 5" continuous eavestrough • Insurance repairs
 Garage floors, basement floors, shop floors, grade beams
BOBCAT & MINI EXCAVATOR SERVICES
MYLES JONES 1-204-461-2538 Fax: 1-204-322-5717
 mjones_carpentryconstruction@hotmail.com

INTERLAKE EAVESTROUGHING & SIDING INC.
 Siding, Eavestroughing, Soffit,
 Fascia, Capping Windows
 Free Estimates • 781-0533
www.interlakeinc.ca

NORTHERN TERRAIN Ph: 204-467-9026
 Excavating - Concrete removal - Demolition
 Crushed rock - Gravel - Concrete - installation
 Lot sanding
 Website: **www.northernterrain.ca**
 Email: **inquiries@northernterrain.ca**

INTERLAKE TOWING
24 Hour Service
 CAA & MPIC Approved
204-278-3444