

the second second

TRIBUNE PHOTO BY LANA MEIER

Seven-year-old Ava Fleury of St. Francois Xavier rehearsed her pieces outside before competing for the first time at the 10th annual Ron King Fiddle Fest this past Saturday. Fleury has been taking lessons from Mark Morriseau for nine months.

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Ready, Set, Grow expo prepares families for kindergarten

Secrets to Mortgage Shopping

A mortgage is the sum of many parts and considering only the best rate can cost you money.

While the interest rate will make a difference to your total mortgage cost, there is much more to a mortgage than just rate. Other factors that will affect your total mortgage cost include: the mortgage's general terms & conditions, mortgage term & amortization, fee schedules, pre-payment privileges, payment optimization, rate conversions, payout penalties, renewal offers, life insurance, renovation inclusions and more. There are also significant differences between lenders that can determine which mortgage option will suit you best. All of the above can have a big impact on the total cost of your mortgage over its lifetime.

When choosing who you want to work with and what lenders to consider for your next mortgage, it's important you ask the right questions and feel comfortable with the answers you're getting. Here's some Top Questions to ask when shopping for a mortgage:

1) How is my mortgage penalty calculated if I make changes before maturity?

-Posted rate to Discounted rate (Least favorable)

-Discounted rate to Discounted rate (Most favorable)

2) If I choose a variable rate mortgage, is your penalty calculated at 3 months interest at the current contract rate, or is a different calculation used?

3) If I choose a variable rate mortgage and decide later to convert it to a fixed rate mortgage, will I get the current Discounted rate or the current Posted rate?

4) Do you register a standard charge mortgage (unrestricted free agent at maturity) or a collateral charge/multi-purpose mortgage (restricted at maturity)? Please explain the pros & cons of your option.

5) Is the life insurance you offer mandatory?

6) Is the life insurance portable if I decide to change lenders in the future?

7) Do you offer renovations to be included in the purchase price of a home? If yes, please explain how this works.8) How much would I save over the term of my mortgage by

making accelerated payments vs regular payments?

9) How many times per year can I make additional lump sum payments on my mortgage and what is the minimum required amount?

10) Can I or my real estate agent reach you by telephone or email in off hours when my financing is being approved?

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What are you saving for? Discover your path to financial security.

NAVIGATOR

By Melissa McIvor

Nearly 100 parents and preschoolers from across the Interlake School Division are headed for a smooth transition into kindergarten after attending the Ready, Set, Grow wellness expo at École R.W. Bobby Bend School on Monday, May 7.

The event was the second of its kind in the Stonewall area. Caroline LeClair, commu-

nity wellness facilitator with the Interlake-Eastern Regional Health Authority (IERHA), registered dietitian and certified chef, explained that the event was modelled after a similar long-running and successful program in the North Eastman area.

"It's such a great initiative," LeClair said. "It provides a lot of pre-screening for children and it gives parents an idea of what to work on, if they need to work on anything, and information about resources that are available within the Interlake."

Ready, Set, Grow partnered with the IERHA, Interlake School Division, South Interlake Regional Library (SIRL) and other organizations to bring attendees an afternoon of interactive displays and ac-



Cole Gross has his hearing tested at the Ready, Set, Grow event.

tivities to provide parents and children with this valuable information.

"We had Fit Kids, Healthy Kids outside which was really nice this year because the weather was wonderful," said LeClair. "I think that that's a great one to have just to see if there are any gross motor skills [concerns] that might be identified with doing that station."

"Canadian Cancer Society came and did sun safety for the summer. We also had Healthy Smile, Healthy Child come from Winnipeg. They do healthy teeth information and education," she added.

"Another favourite that people really liked is called Towards Flourishing. It was about mental health so it teaches kids the idea of deep breathing techniques and coping mechanisms if they're feeling anxious about going into kindergarten or have feelings of anxiety in different situations, which lots of kids do.

"I thought it was a wonderful tool for parents to have because we're nervous about our kids starting kindergarten too," LeClair said with a laugh.

The Bookmobile was also on site and Stonewall Branch Librarian Joan Ransom did one of her popular storytime sessions with the children and offered information on the library's regular and summer programming which also focuses on practising fine motor and gross motor skills.

Public health nurses taught attendees about hand hygiene and checked if the children's immunizations were up to date. An eye doctor and representatives from Scholar's Choice in Winnipeg had displays as well, and LeClair provided a nutrition display about

Continued on next page

Rich Carradice

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> READY, SET, GROW FROM PG. 2

healthy lunches.

A number of specialists were also on hand to perform drop-in assessments to aid parents interested in monitoring their child's development.

"We had fine motor skills and gross motor skills assessments happening with our physiotherapists and occupational therapists," said LeClair. "There was also a speech-language pathologist there and we had audiology there doing hearing tests. We had more people doing that this year then we had last year so that was really good to see that those numbers went up."

school as well but it's nice to try to get ahead of the game before starting school," she added.

Parents and children were given a paper passport to collect stickers and check marks at each of the displays they attended to earn an entry for door prizes, provided by local businesses like Deals for Dollars, Red Apple, Boonstra's Farms, McNally Robinson, Leo's and Scholar's Choice.

Feedback from the event was overwhelmingly positive and LeClair hopes that even more people will attend next year to learn about the resources available to parents and children in the area.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Interlake-Eastern RHA Community Mental Health worker Liane Knoll-Kowk, left, visits with Kaycie Margetts who will be attending kindergarten this fall in Balmoral. Kaycie's sister Matilda and mom Jaime observe.

"They do this kind of scanning in

Town of Teulon council adopts 2018 financial plan

By Jennifer McFee

Residents in Teulon can refer to their own reassessments to help determine how much more they'll be paying in municipal property tax this year.

For properties with an assessment increase of less than 6.5 per cent, they can expect an increase of less than three percent in their taxes raised by mill rate. For those with an assessment increase of more than 6.5 per cent, they will likely experience an increase of more than three per cent in their municipal taxes.

Overall, the Town of Teulon's total municipal mill rate will drop by 3.5 per cent to 13.757 mills in 2018 from 14.232 mills in 2017.

In 2018, capital projects will include \$208,400 worth of street work. Construction will also begin on the new fire hall, with costs of up to \$1.4 million to be shared with the RM of Rockwood.

Budgeted expenses include \$407,700 to protective services (28.495%), \$345,540 to general government services (24.15%), \$199,200 to recreation and cultural services (13.922%) and \$190,010 to transportation services (13.28%). Other areas include \$110,619.94 in transfers to reserves and deficit recovery (7.731%), \$57,473 to fiscal services (4.016%), \$51,101 to environmental health services (3.571%), \$38,904.50 to economic development services (2.719%), \$27,220 to environmental development services (1.902%) and \$3,000 to public health and welfare services (0.209%).

Teulon council adopted the financial plan at the May 8 council meeting. As well, they gave first reading to a borrowing bylaw, which will allow the town to borrow half the cost, or \$700,000, for the new fire hall. The RM of Rockwood will be paying the other half.

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4 The Stonewall Teulon Tribune Thursday, May 17, 2018 **Ron King Fiddle Festival keeps music tradition alive**

By Lana Meier

The Meadow Lea Hall walls were alive with the sound of music while fiddlers showcased up to 65 years of playing.

The 10th anniversary of the Ron King Fiddle Fest heard a record number of participants and brought together some great Manitoba fiddle players.

Hours, months and years of playing were enjoyed by friends and family of all ages.

The youngest competitor of the day was five-year-old Elise Hutlet of Lorette, who has been playing for three short months and demonstrated her musical gift. And 89-year-old Henri Hince from Winnipeg, who has been playing for 65 years, was the oldest competitor.

Warren and District Lions member Doug Hogg welcomed participants and thanked MC Mark Morisseau and judges Arlene Graham, Patti Kusturok and Garnet Knight for their on going support of the fiddle festival.

"It is people like Mark and Patti who keep old time fiddling going," said Hogg.

Canadian fiddling champion Mark Morisseau was MC for the afternoon and introduced participants before being judged on accuracy, appropriateness of music, tune and overall style.

The First Time Competitor category had nine fiddlers ranging in age from five to 17 years with playing experience varying from three months to three years.

Eight-year-old Nya Chapman of Winnipeg finished in first place fol-

lowed by 14-year-old Annika Weibe and five-year-old Elise Hutlet, both of Lorette.

Honorable mentions were awarded to Maxime Champagne, Ava Fleury, Belle McLean, Donald Futros, Emma Futros and Della Johnson.

In the 12 and under category, 11-year-old Gabe Bylyna of Winnipeg stunned the crowd with his incredible playing and natural talent. Nine-yearold Dannika Hutlet of Lorette finished in second while seven-year-old May McCusker of Winnipeg placed third.

In the 13- to 18-year-old category, Miguel Sorin of Lorette placed first; Nate Rattai of Winnipeg, second; and Robert Boulet of Lorette, third.

The Twin fiddles category was won by Robert Boulet and Miguel Sorin while Gabe Bylyna and Kaitlyn Obedzinski placed second.

Brian Granger, former president of the Manitoba Fiddle Association, accompanied by his wife Dorothy on the keyboard, won the Seniors category (60 and over). Bob Kuzak placed second and 89-year-old Henry Hince was third, both of Winnipeg.

In the Open Category it was Kaitlyn Obedzinski who took home first place honours, while Sylvie Reimer placed second; Melissa St. Goddard, third; and Stephanie Reimer, fourth.

The King family band entertained during the supper hour.

Mark Morisseau and his band provided music for the evening dance.

This event is a community-based event presented by the Warren and District Lions Club and sponsored by local businesses and individuals.



TRIBUNE PHOTOS BY LANA MEIER

Competitors practised outside before the 10th annual Ron King Fiddle Festival got underway this past Saturday. Pictured left to right: Paige Bulachowski, Melissa St. Goddard, Belle McLean, Miguel Sorin and **Robert Boulet.**



Celebrity fiddler Mark Morisseau entertained the crowd during the registration hour.



Gabe Bylyna and Kaitlyn Eight-year-old Obedzinski fiddles category.



category.



Nya Miguel Sorin won the 13placed Chapman won the 18 Years category and then second in the twin First Time Competitor placed second in the twin fiddle category.



The 12 and under category included Carson Baker, Dannika Hutlet, Gabe Bylyna and May McCusker.

Let no one be alone Blue Bomber collector cups



TRIBUNE PHOTO BY JO-ANNE PROCTER

The first week in May marks "Let no one be Alone Week." To celebrate, members of the community were treated to coffee and dainties and a line dance demonstration by the Quarry Strutters at the Oddfellows Hall in Stonewall on May 10. The event was hosted by the South Interlake 55 Plus, the South Interlake Seniors Resource Centre and Stonewall Age Friendly.

The week has been designated to make people aware of the real problems that are associated with being isolated and lonely and perhaps join in and do something to make a difference. People were encouraged to bring a friend out for some social time.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall and Teulon Red River Co-op gas bars unveiled Winnipeg Blue Bomber collector cups on Tuesday featuring Buzz and Boomer, Running back and three-time CFL All-Star Andrew Harris, Blue Bombers nominee for Most Outstanding Rookie in 2016, safety Taylor Loffle, defensive back Chris Randle and quarterback Matt Nichols.

The gas bars and food stores will be selling the exclusive, limited edition collector player cups starting May 15. One dollar from the sale of each cup will be donated to the Children's Hospital Foundation.

A new cup and player will be released on CFL home game days beginning May 15, and then again on June 1, June 14, July 7, July 27. Cups will be available while supplies last.

People who purchase collector cups get 99-cent refills on chilled slush drinks at Red River Co-op gas bars. Pictured, left to right, Jim Goymer, Cole Short, Kevin Kowerko (owner operator) and Bob Dexter.



Rosser council news in brief

By Jennifer McFee

Grosse Isle resident Kevin Hagan sought reimbursement for materials for deck removal during the community's sewer project due to extenuating circumstances.

CAO Larry Wandowich reviewed the situation from 2009 to the current day and presented his analysis to council. At the May 8 meeting, council decided to provide partial payment for the materials to rebuild the deck in the amount of \$3,200.

In other council news:

• Council passed second and third reading of the 2018 tax levy bylaw. Coun. Scott Corbett was absent from the vote.

• The RM of Rosser will en- t

ter into an agreement with the City of Winnipeg for the installation and maintenance of an underground forcemain on the west side of Brookside Boulevard.

• Council approved an application for two culvert crossings at Ronn Road. The applicant will cover the cost of supplies and installation.

• The RM of Rosser is hiring Cam Munroe as the gravel checker for 2018.

• Council approved a conditional use application from AMPS Powerline Inc. to operate an electrical contractor's yard and storage facility. During a public hearing held the same day, council received one written objection.



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The purpose of this initiative managed by the CSBC (Canadian Safe Boating Council) and the Lifesaving Society - Manitoba Branch is to promote safe and responsible boating practices to the estimated 15 million

recreational boaters in Canada. Although boating related fatalities have trended downwards in past vears, there continues to be an average of over 100 boating related deaths annually in Canadian waters.

"Manitoba has one of the highest boating fatality rates in the country,"

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"This province has some of the best parks and beaches in the country. I'm encouraging all Manitobans to get out and enjoy these attractions safely."

The goal of the week is to ensure Canadians who head out in any type of boat have the appropriate knowledge to help them have a safe day on the water.

The timing of the week, starting on the May long weekend is perfectly aligned with the unofficial start of summer and a time when many boating fatalities occur.

There are five key boating safety behaviours to be delivered, all directed

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nabis along with the rise in prescription narcotic use is causing significant additional concern for boating safety advocate groups, enforcement agen-

cies and first responders alike. Alcohol alone has long been proven to be a contributing factor in 40 per cent of boating fatalities across Canada. The legalization of recreational cannabis has the potential to signifi-

cantly increase this statistic.



Here

orton





TRIBUNE PHOTO BY JO-ANNE PROCTER

It is officially soccer season in Stonewall. Mini Soccer is in full swing Mondays and Wednesdays for children

three to eight years old at Cooke Field next to the Veterans Memorial Sports Complex. **Promoting safe boating practices to Canadians**

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS

Sect News > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS Talk to your insurance provider before an accident happens

By Jeff Ward

As the risk for wildfire continues to remain high, it's important for home owners to protect themselves while reducing their risks from a fire spreading to their yard. But it's also important they protect themselves financially.

Tracey Malone, owner/operator of Inview Insurance Services in Stonewall, has nearly 20 years' experience in the insurance industry. She explained that people typically only begin to ask questions about their levels of coverage after a catastrophe has happened, either to someone they know or to someone they read about in the paper.

And while it's a good idea to stay updated in those situations, she wants people to be more aware about what their insurance truly covers. Through her business, she offers her clients regular reviews where they sit down and ask important questions to make sure their coverage is truly working for them.

"I built my business on educating

my clients before the claim happens," said Malone.

"We talk about what is on your premises location and what is insured in your premises location, specifically looking at the limits of insurance. Do we know that you put an addition on your house last year? Do we know that you have five miles of fencing that goes around your property that would not typically be insured unless we added it?"

These questions, Malone said, are important for advisors like her to understand how to properly offer insurance and protect all of your property in the event of future damage. She'll also ask questions like what is the land being used for, is it bordered by Crown land and how much things on the property are worth. In Malone's experience, most people generally under value their property and possessions, which can be a serious barrier when trying to rebuild after a loss. More important is liability insur-

ance. Malone explained that a lot of people still carry \$1 million in liabil-

ity, which might sound like a lot but when you factor in lawyer fees, interest charges and a settlement, that money gets used up fast.

Malone offered the example of a homeowner burning some garbage on their acreage in the country. One spark can set a huge amount of land on fire, causing significant damage to land and homes. Given the extremely dry conditions of late, this scenario isn't unlikely either.

Insurance is all about protecting yourself financially, and Malone said that when it comes to liability, this type of accident can mean severe financial repercussions.

"I tell my clients if you're not insured enough, you might as well not be insured."

Personal responsibility comes into play in these scenarios, but Malone said a good insurance advisor will always be available to answer questions in depth and will work to understand their clients property so that they can sell the appropriate amount of insurance.



Tracey Malone

"If you're a good advisor, you're going to look for those intricacies with every client, and you don't find out that information unless you build relationships," said Malone.

Malone advises everyone to speak with their advisor when they have questions and that you need to ask those questions before something happens, not after.

Health sector bargaining unit review act proclaimed

Submitted

Legislation protecting the sustainability of front-line health-care services by streamlining bargaining units and simplifying labour negotiations within Manitoba's health system has been proclaimed and a commissioner appointed to oversee a fair and consistent process, Health, Seniors and Active Living Minister Kelvin Goertzen announced recently.

"With more than 180 different bargaining units and collective agreements, Manitoba's health system has long been an outlier in Canada, with dozens of labour contracts operating under different rules, creating unfair situations where employees doing similar jobs have different terms of employment. As a result, this has limited our ability to schedule staff to meet patient needs while respecting our employees' rights to reasonable schedules," said Goertzen.

"This legislation will lead to a more flexible health system, and improve the quality and consistency of patient care across Manitoba."

The Health Sector Bargaining Unit

Review Act requires the establishment of up to seven bargaining units for each health region and provincewide health employer. The bargaining units will be divided as follows:

- nurses;
- physicians; medical residents;

• physician assistants and clinical assistants;

 professional/technical/paramedical;

- facility support; and
- community support.

Goertzen said the process will bring Manitoba in line with other Canadian jurisdictions with more streamlined processes for labour negotiations. The minister noted British Columbia has five bargaining units while Saskatchewan has 14.

Movement into each of the bargaining units will involve unionized employees voting by secret ballot in order to democratically establish the bargaining agent (union) that will represent each defined bargaining unit. The votes will take place at dates to be determined by a commissioner appointed to oversee the bargaining unit restructuring process.

Goertzen also announced that Robert Pruden has been appointed commissioner to oversee the implementation of this new structure. Pruden previously served as Manitoba's director of labour relations and chief negotiator for 16 years. For the past 14 years, he has worked in the private sector across Canada, specializing in labour relations.

Pruden's responsibilities include:

• determining the composition of each of the bargaining units in each of the province's regional health authorities and provincewide employers;

• conducting a secret ballot vote to determine the selection in each regional health authority and provincewide employer of the union that will act as the bargaining agent for each defined bargaining unit; and

• designating the receiving collective agreement that will form the basis for negotiation within each defined bargaining unit for a revised collective agreement.

The act also instructs the commis-

sioner to take into account the need to enhance operational efficiency, promote the integration of health-care service delivery, and develop consistency in terms and conditions of employment across the five regional health authorities and provincewide employers.

"Respecting the rights of employees and organized labour while simplifying the collective bargaining process presents a great opportunity to help improve Manitoba's health-care system," said Pruden. "I look forward to the challenge."

Union officials were notified of the act's proclamation during a meeting with provincial officials earlier today, Goertzen confirmed.

The Health Sector Bargaining Unit Review Act's proclamation and appointment of a commissioner to lead the process are foundational steps in the ongoing transformation of Manitoba's health system, which is designed to improve health-care delivery for Manitobans while ensuring the long-term sustainability of the system.

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Children entertain guests at annual Spring Tea





The Woodlands Childcare children were first to hit the stage at their annual Spring Tea and Bake Sale last Friday at the community hall. Fancy sandwiches, dainties and beverages were served to their guests, while children from the daycare and Woodlands Elementary School provided entertainment. Left photo: Woodlands Childcare children sing Slippery Fish. Right photo: Woodlands Elementary Grade 6/7 students played their ukuleles while Grade 1 students sing Peanut Butter Sandwich.

Quilt aids in fundraising efforts



TRIBUNE PHOTO BY JO-ANNE PROCTER The Stonewall & District Health Centre Ladies Auxiliary are preparing for their 12th annual Book Sale and Cookie Walk fundraiser that will be held at Stonewood Place in Stonewall from May 24 to 26. Each year the auxiliary makes a quilt and sells raffle tickets. The money raised is then added to the total from the book sale and cookie walk, allowing for a generous donations to the Stonewall Hospital, Rosewood Lodge and Stonewood Place.

Creating community connections

By Jennifer McFee

Ventura is seeking potential candidates to lend a hand with town cleanup events in Stonewall during the summer and fall.

For the spring cleanup on June 2, the YFC Drop-In Centre is teaming up with the company to make the town spic and span.

"They have volunteered to undertake the Ventura town cleanup. They did the same thing last year, and we cleaned Main Street, the school sites, the recreation centre sites, parks, paths and all around our subdivision," said Ventura vice-president Tim Comack.

"So, in our mind's eye, we cleaned up a big part of the town. Besides cleaning up around our subdivision, the idea is to extend it further and do something nice for the Town of Stonewall and foster some community spirit."

In turn, Ventura made a donation to the YFC Drop-In Centre equal to the

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total hours worked, resulting of thousands of dollars for the local youth hub.

For anyone else who would like to help out with the spring cleanup, Comack suggests that they contact Paul Emmers at the Stonewall Drop-In Centre.

Looking ahead, if any other organizations would like to apply to help with the fall and summer cleanup, Ventura will consider the request.

"We're looking for people to apply to engage in the fundraising opportunity for the summer or fall," Comack said. "We want the money to go towards something that is being done right away. It has to have an immediate impact at a grassroots level to

Continued on page 9







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> ARNIE WEIDL The challenges of sturgeon fishing in a kayak

Hi folks. Welcome to the spring fishing season.

Looking along the Selkirk waterfront pier the other day, the place was full of anglers working their lines, chattering with others, eating and enjoying the fresh warm spring sun and wind.

"Have you ever seen our old Red River this low?" I asked an angler sitting in a folding chair beside me.

"No winter snow and no spring rain and this is what you get," he remarked. "Hi. I'm Arnie Weidl," I introduced

myself. He reached out his hand to shake mine.

"Hi. I'm Len Zema from St. Anne and this is my wife Margaret. Over there are our friends Mike and Lesley Brown from Beausejour."

The faint smell of fish and river bank mud was in the air as the rivers greybrown water swept past us tugging at fish lines. Len was an upbeat, smiling, outgoing chap with grey hair and goatee. Margaret, with her round, wholesome face, spoke with a soft voice. It was easy to see that Margaret and Len were in a loving marriage, totally in step and devoted to each other. Mike was a quiet, tall man, who also sported short grey hair and a goatee. Lesley was not that tall, always pacing and talking with a fine-featured face and a long brown ponytail. Even though this was the first morning of fishing, and

> CONNECTIONS, FROM PG. 8 benefit local residents."

In a separate venture, Ventura is seeking organizations to apply for the Quarry Ridge Park Community Fund.

"This is our annual give that is based on lot sales. We collect \$100 from every builder that buys or builds in the subdivision and then we match it — one through Quarry Ridge Park and one through the Ventura Group," Comack said.

"Then we donate it. I instituted this a while back and it's done some great stuff for the communities that we do business in."

Last year, they donated \$10,000 to YFC Stonewall for new virtual reality gaming and training equipment.

"Our ears are open to any things that are needed in the community that will have an immediate, grassroots, lasting impact," Comack said.

To apply for the spring or fall cleanup or for the Quarry Ridge Park Community Fund, contact Comack by email at tim@venturadevelopments. ca or by phone at 204-799-8854. to be sure, folks were eager for their first catch, the gentle weather seemed to create a mood of well-being. Len and I talked fishing and eventually he began telling this story.

Last summer he and Marg were fishing off the Hnausa pier and he caught a good-sized perch, which took off with such force it tore the rod right out of his hands. He had another rig so he got that one ready and started fishing again. About 10 minutes later, a perch struck Marg's hook. She reeled in only to see her fish come up with a line wrapped around it. As she brought it up onto the pier, the line tangled around her perch had Len's rod in tow as well as the perch that taken his rod in the first place!

Later that day as they continued fishing, they both caught perch at the same time. As they reeled in, their lines became intertwined, and as they raised their catches into the air one would have sworn a solitary line was holding three perch! I teased them about how intertwined they were. As I made to leave, both Len and Marg's lines bent down, signaling a catch. I watched as they reeled in, and don't you know, when their lines came out of the water, they were twisted together with a pickerel on the end of one hook. It was impossible to tell whose hook had the fish. To me, that seemed just about right for these two wonderful people!

When it comes to fishing, I don't have to tell you there's always something new to learn or be reminded of. On Saturday, I learned how much last winter's extreme cold carried over into spring, causing some fish to spawn late. I was on the Winnipeg River bank downstream from the Powerview Hydro Dam where easily 60 anglers stood side-by-side shore fishing and only two jacks were caught! I watched amazed as some of the guys cast baited hooks right into the writhing clusters of spawning fish at the water's edge. Nothing! The fish were not interested in eating!

Speaking of the Hnausa pier, I went there on Sunday and met Kurt Harris, a Winnipegger and local camper. He was a reminder that the bass are running. I watched as some anglers on the pier caught a bass every once in a while, but Kurt, using a small fish lure with a rattle in it, had another one as soon as his lure hit the water! I took a picture of him with a pretty goodsized one.

After a bit, Kurt took a break, which gave us a chance to trade fish-

ing experiences and something unique come to light about how



TRIBUNE PHOTO BY ARNIE WEIDL Kurt Harris with one of his many Bass catches off the Hnausa pier.

he likes to fish. He has and really likes to fish from his kayak. He told of a time when he was fishing on one of the lakes in Nopiming Park on a hazy, warm day three years ago and caught a four-foot sturgeon. His kayak didn't have a rudder that you steer with your feet, so the sturgeon swam about, taking him for a ride, turning this way and that, causing Kurt's kayak to be pulled sideways at times. He did the best he could with his oars pointing the kayak in the direction the fish wanted to go. Eventually the fish tired and he was able to bring it alongside his little narrow boat. He got the hook out, patted it on the head, and as it sank out of sight, he was overcome with a feeling of closeness to nature he only got in a kayak.

Bye for now.





Stonewall resident earns Toastmaster award

By Jennifer McFee

Let's all take a moment to toast Stonewall resident Lyle Appleyard for winning a prestigious award.

On May 5, Appleyard received the Eric Stuhlmueller Memorial Award at the Toastmasters District 64 Convention in Winnipeg.

Appleyard described Stuhlmueller, who was the first non-American to ever become the president of Toastmasters International, as a very determined man and an inspirational leader.

"This award was instituted to honour those members that were very active in their club but were also providing leadership outside their club at our district level," Appleyard explained.

"That includes Manitoba, Northwestern Ontario and part of northwestern Minnesota now."

At the convention, Appleyard was praised for his outstanding, dedicated and inspirational leadership as he carries out Stuhlmueller's theme to "belong, participate and succeed" through continuous service at the club.

But Appleyard wasn't always so confident in his leadership abilities.

"I was an introvert and I was terribly shy. To speak in front of a group was a real challenge to me. Even if it was a group of friends or people I knew, it was a challenge," he said.

"But as you get into a professional

life, you need to be able to communicate with people. So there's been growth for me, and along the way I've taken on leadership roles in my club and outside my club. Each role that vou take, you learn something, no matter where you are in our organizational chart."

Through his involvement in Toastmasters, Appleyard has met multitudes of people who have helped him and vice versa.

"Going to conferences and conventions, I've met a lot of positive people that have helped me and I've helped them. You become a better person when you're around positive people. Being on the board and at the conventions was really inspiring," he said.

"I have encouraged other people too. I've seen people who have just grown tremendously once they're given the opportunity."

Appleyard was on the planning committee for the first Toastmasters Leadership Institute in 1996 and has never stopped volunteering since then, more than two decades later. He is known as a skilled master of ceremonies, and he has been a member of District 64 for more than 30 years.

In addition, he is a charter member of Talking Books Club and Parliamentary Club (now named Winnipeg Achievers Club) and a long-serving member of Quarry Toastmasters.

A distinguished Toastmaster, Apple-



TRIBUNE PHOTO SUBMITTED

Left to right: program quality director Thecla Athayde, district director Sheryl Poirier and award winner Lyle Appleyard.

yard has served in district leadership many times, including as district governor. For two years, he served as the international director for Region 4, which includes District 64 as well as other surrounding districts.

Based on all of his positive experiences gleaned through Toastmasters, Applevard encourages others to get involved.

"Everybody's supportive. I tell new members that it's OK if you make a mistake here," he said.

"We can help you and nobody's ever going to put you down for that. We encourage you because you tried and we like to recognize people for their achievements."

Quarry Toastmasters meets Tuesdays at 7:15 p.m. at the Chicken Chef restaurant at 314 Main St. in Stonewall. For more information, visit 5209.toastmastersclubs.org or contact Appleyard by email at lgappleyard@yahoo. ca or by phone at 204-467-5826.

Interlake Community Foundation marks \$1-million milestone

By Jennifer McFee

The Interlake Community Foundation has reached a milestone \$1-million mark for its assets balance thanks to the generosity of local individuals, organizations and municipalities.

Executive director Tracy Holod said that their audited financial statements revealed that the assets balance was \$1,022,687 as of Dec. 31, 2017.

"This is a number that we're super excited about," she said. "It's a mile-

stone for us."

The endowment fund is currently valued at \$902,000, and that money will stay with the organization forever. "We grant from the income that's

generated from our investments. So that means we have roughly \$30,000 to \$35,000 to spend per year on grants and scholarships - and that's going to continue on forever," Holod said.

"We're probably more energized than we have been for quite a while bewhat the value of the investment does for the community."

The funds all stay within the communities of Woodlands, Rosser, Rockwood. Stonewall and Teulon.

"When our foundation started, those communities made the initial contributions and investments," Holod explained, "so that's why the money goes back to them."

Of course, donations to the Inter-

cause it's such a huge goal and we see lake Community Foundation are always much appreciated on many levels. Donations can be made directly online or interlakefoundation.ca or cheques can be sent by mail, and tax receipts are available.

"Basically, a donation to the foundation is a great way of creating a lasting legacy. We have some people who donate and they want the money spent in Stonewall or Teulon or somewhere specific," Holod said.

"We also have a lot of people who have set up endowment funds that fund scholarships. Their name will be on our financial statements forever and those awards will go out forever."

The Interlake Community Foundation presented this year's grants at a reception on May 14 at Stonewall United Church. The event also recognized contributions from local charities.



Motocross track gets green light from Rockwood council

By Jennifer McFee

It was a busy morning in the Rockwood council on Wednesday, May 9 as members of the public streamed in and out of the council chambers for a number of public hearings.

To start things off, it was a full house for the first hearing, which focused on the operation of a motocross track on the property of Keith Lillies on Road 7E. Lillies applied for conditional use to operate the track, which he began to develop in 2006 for his own use. Over time, the track grew and it's now a popular destination for friends, family and other people who are looking for a safe place to ride dirt bikes.

The riding season typically starts in May and wraps up in early November. The existing track is made up of three parts: a dirt motorcycle course, a dirt oval and an off-road obstacle course. Mature bush surrounds the east, south and west sides of the track, and a double row of mature spruce trees lines the north side.

As for safety, the track is near a shed where an AED and first aid kit are located. All riders need to wear a helmet, goggles, boots and gloves. A medic is on site for all special events at the track, and Lillies carries liability insurance for track use.

A number of people spoke both in favour and against the track. In the end, council approved the conditional use, with councillors Mark Hidlebaugh and Bill Matheson opposed.

Next on the agenda, council heard from Kenton Byle, who was asking for conditional use to allow for the placement of a general advertising sign.

He said that he has had difficulty marketing his new business, North Mountain Storage located in the Rock-



Keith Lillies spoke to Rockwood council about his motocross track.

wood Business Park in Stony Mountain. To help increase awareness and visibility for his business, he sought permission to post an eight-foot by 10-foot sign on the former CP railway line parcel that is east of Highway 7.

Two residents indicated that they're not opposed to the sign but that they have concerns about the location. Council denied the request.

For the next hearing, a new crowd of people flocked to the council chamber to discuss an amendment to the zoning bylaw that would allow for rural retreats and events in an agricultural general zone.

Maurice and Tracy Thibodeau proposed the text amendment, which would allow them to apply for conditional use to run their business on their property located on Road 3E. The business includes components that focus on retreats, coaching, well-



TRIBUNE PHOTOS BY JENNIFER MCFEE

Maurice and Tracy Thibodeau spoke at the May 9 Rockwood council meeting about a zoning bylaw text amendment.

ness events and signature events such as the I Am Festival.

One person attended in favour of the amendment, while multiple other people spoke against the change. Reeve Jim Campbell steered the comments away from discussing the specifics of the Thibodeaus' plans since the amendment would allow for anyone within the agriculture zone to apply for conditional use for rural retreats and events.

To address concerns from Manitoba Agriculture, council added a minor alteration that "applications for conditional use approval for a rural retreat event shall be circulated to the provincial department responsible for agriculture for review and comment." Council passed second reading of the zoning bylaw amendment, with councillors Mark Hidlebaugh and Bill Matheson opposed.

In other council news:

• Council also hosted a public hearing regarding a proposed variance to Lyle and Nancy Lawrence's property to allow for the placement of a storage shed. They proposed a front yard setback of 102 feet, down from the required 125 feet, as well as a proposed side yard setback of 10 feet down from the required 25 feet. Council approved the request.

• Rockwood council passed second and third reading of the 2018 budget bylaw.

• Council also heard from two Stony Mountain residents who have an issue with a fence that their neighbours are building. Council will look into the matter.

Correction

The May 10 story in the *Stonewall Teulon Tribune* entitled "No tax increase for Rockwood" contained incorrect information for the 2017 mill rate. The correct 2017 mill rate was 8.1331.

Sign up for CodeRED messages in Stonewall, Rockwood

By Jennifer McFee

Residents in Rockwood and Stonewall should be doubly prepared in the case of an emergency.

First, Canada's Alert Ready system can provide emergency alert messages to cell phones, starting with a distinct sound and vibration followed by an emergency alert banner. After that, a message will outline the nature of the alert. In Manitoba, the provincial government and Climate Change Canada are the only agencies that are authorized to send emergency messages using Alert Ready.

Next, Stonewall and Rockwood residents are encouraged to sign up for a free emergency notification system

called CodeRED.

Municipal emergency co-ordinator Peter Bullivant said that CodeRED is not a duplication of services offered by Alert Ready.

"With CodeRED, the difference for us is that we can be more specific to the residents of Stonewall and Rockwood. It works very similar to what Alert Ready has done but we can actually attach documents with the messages. It also has two-way messaging as well," he said.

"If we were sending out a message that we felt was really important that residents reply back to, we can get a notification that they recognized the message and acted on whatever the message is asking them to do."

CodeRED also offers the option to have emergency notifications sent to landlines and email addresses in addition to cell phones.

"It's very useful for people who have family in other places because we can also attach their family members' phone numbers to this notification," Bullivant said.

"That way, they'll be aware that there's an emergency going on with their loved one."

The CodeRED messages can use geo-mapping to sent out messages that are pinpointed for particular areas.

"I've actually sent out some ward ad-

visories when the Town of Stonewall shut off residents' water for a couple hours. I use the mapping system that CodeRED provides, so I'm only sending it out to the people that are immediately affected," Bullivant said.

"I'm also able to keep them updated or put a time on that advisory so that they know when it has expired. It can be numerous messages until the incident's completed. For us, it's more personal."

Bullivant encourages all residents of Stonewall and Rockwood to sign up to receive CodeRED messages. Links are posted on the Town of Stonewall and RM of Rockwood websites, as well as FAQs about the CodeRED system.



To participate in this monthly section please call 467-5836

Choristers encounter cruise line mayhem

By Jo-Anne Procter

It was a boatload of fun for the audience at the Quarry Choristers annual musical dinner theatre as they performed eight sold-out shows over the past two weeks.

The show begins with a mix up of signs directing passengers to the incorrect pier to board their cruise.

An excited group of passengers, thinking they were about to embark on a fun TV Super Fan cruise, ends up boarding a more serious Murder Mystery cruise in error.

The cruise line staff are puzzled by the costumes their guests are wearing and at their deflated moods when the planned murder on the boat oc-

curs.

Staff did their best to lighten the mood by hosting games, dancing and cooking lessons.

Once the mystery of the mistaken cruise line is solved, passengers lighten up and make the best of the silly predicament they are in.

The production was written by Vhana Moldowan, Wanda Kopec, Julie Leduchowski, Brittany Walker and Teryl Moore and directed by Moldowan supported by accompanist Kirsten Bennett and band members Don Horbas, John Mak and George Selley.

Dinner was catered by Abas Catering and the matinee desserts by Stone-wall United Church.









Council presented lower taxes for St. Laurent residents

By Jeff Ward

Council for the RM of St. Laurent presented their 2018 financial plan last week that will have residents seeing a minor drop in their taxes this year.

The mill rate dropped to 18.707 from 18.900 last year as assessments rose. This will translate to slightly lower taxes for residents. For example, a home valued at \$200,000 in the Prairie Rose School Division will have taxes of \$2,687.13 in 2018 which is down from \$2,814.30 the year before.

Council presented their priorities to seven residents who took in the public meeting. Council reiterated their commitment to phase one of the Metis Heritage Centre with an \$80,000 investment to be matched by the provincial and federal governments, which will also contribute \$80,000 each via the Small Communities Fund. Council also wants to have a new water source for the fire department, moving the current source away from the St. Laurent Arena for safer and faster access, and they have budgeted \$80,000 for that. Council is looking to purchase and install security cameras to protect RM assets at the Waste Transfer Site among others site upgrades budgeted at \$8,000. All told, council will spend \$476,371.64 on general government services, \$219,965.38 on protective services, \$362,150 on transportation services, \$266,000 on environmental health services, \$13,245 on public health and welfare services, \$25,944.27 on environmental development services, \$54,116 on economic development services, and \$52,862.26 on recreation and cultural services. Council has a total operating budget of \$1,973,145.62.

Roads were a topic of discussion during the meeting with many questions being asked of council on that file. Denise Coutu asked council to do better when it comes to road repairs. She specifically mentioned Ludovic Road as a sore spot that she feels is at worst unsafe to drive on and at best causing extra wear and tear on her vehicle. Reeve Cheryl Smith said she was aware of the issues and mentioned that frost boils have been much worse this year than in previous years.

Frieda Krpan raised several questions during the meeting. She expressed concern that St. Laurent's MEC is being paid handsomely for what is a parttime job. Council budgeted \$42,700 which includes a salary of \$36,000, mileage of \$1,200 and benefits of \$5,500, according to CAO Hilda Zotter. Krpan said that the jump from last year's expenditure of \$24,551.31 to this year's concerned her. Zotter said that the MEC started part way through the year and also took time off following a broken leg, which is why the previous year's number is low.

Council has budgeted \$15,000 to carry out the 2018 fall election.

Anyone wishing the view the financial plan in full can find a copy at the RM office.

14 The Stonewall Teulon Tribune Thursday, May 17, 2018 Bobby Bend student wins anti-bullying poster contest

By Jo-Anne Procter

Bringing awareness to bullying, taking positive action and practising inclusion are all traits being taught to students of Ecole Bobby Bend School.

Grade 3 student Sydney Boughton portrayed her idea of anti-bullying in a poster contest that won her recognition by members of the RCMP.

On May 8, Boughton was rewarded

with a framed copy of her poster and backpacks and a pizza party for her entire class.

Over 100 posters were entered in the 2018 RCMP's anti-bullying campaign #BeSomeonesHero poster contest and judged by RCMP employees with Boughton's poster winning the RCMP East District division.

Heather Sanche, guidance teacher at



TRIBUNE PHOTO BY HEATHER SANCHE Heather Pawluk's Grade 3 French immersion class received backpacks from the RCMP anti-bullying campaign #BeSomeonesHero.

Bobby Bend explained to the *Tribune* that bullying is a word that can be overused.

"At Ecole Bobby Bend students are taught that when someone says or does something intentionally hurtful and mean and they keep doing it, even when you tell them to stop or show them that you are upset, that is bullying," she said. RCMP assistant commissioner Scott Kolody congratulated students on their creative poster entries.

"We are really proud of your class," Kolody told Heather Pawluk's Grade 3 French immersion class. "You are all winners. You are all thinking of being kind and caring. You all did some really cool work."



TRIBUNE PHOTO BY JO-ANNE PROCTER

Members of the RCMP presented Bobby Bend Grade 3 student Sydney Boughton with a framed copy of her anti-bullying poster last Tuesday. Pictured left to right: RCMP members Brian Edmonds, Doug Lukaway, Kelly Glaspey, Joanne Keeping, Boughton and assistant commissioner Scott Kolody.

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Annual Brant-Argyle Spring Tea celebrates student's success

Staff

In keeping with a school tradition that has spanned for generations, the students and staff of Brant-Argyle School invited the community to join them at their annual Spring Tea last Friday. The students showcased their musical talent, their French language and their acting skills during their afternoon performance of Imagination.

All proceeds raised from the tea, silent auction and sale tables go to the Brant-Argyle Parent Council, which funds many special events including a ski trip, field trips and Christmas brunch. The PAC also funds special classroom/school equipment (such as gym equipment and a washer and dryer) and unique initiatives teachers wish to get off the ground.

The students sang the Brant-Argyle school anthem to close the formal part of the show.

Brant-Argyle School anthem We're a school of laughter, In a world of tears We're a school of hope In a world of fears We are friends and we care We are kind and we share We're a small school after all. Chorus: We're a small school after all We're a small, small school.

There are just four rooms And a little more When we need more space We go out the door We hike down the trail

Through the wind, snow and hail We're a tough school after all. Chorus: We're a small school after all We're a small, small school.

When the wind blew hard And the greenhouse fell We pulled together And built it well. To our garden we go Our plants for to sow We're a green school after all. Chorus. We're a small school after all We're a small, small school.

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TRIBUNE PHOTO BY LANA MEIER

Brant-Argyle students sang the school anthem to close out their production.

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Build your own backyard bar this summer

Do you basically live on your patio during the summer? Then why not set up a bar area to have everything you need to prepare refreshing cocktails - and tasty snacks close at hand? Tempted? Here are some things to consider.

First off, determine how you'll be using your bar. For instance, would you like to be able to enjoy it on rainy days or late in the season? You'll also need to think about how you'll shield the area from the sun, wind and rain (you could use an awning, for example). Furthermore, to choose the right location for your bar, consider the logistical aspect of water and electrical hook-ups.

Are you looking to build a temporary setup (adding a counter during the summer, for example) or a permanent bar area that can weather the winter? In either case, choose materials that are resistant to weather damage and UV light. Wood (teck or cedar), braided resin, composite, stainless steel, stone and brick, are all good choices. Just make sure the materials you choose match the look of your home

Finally, don't neglect the safety aspect. As you'll likely be using your bar during the evening, you'll need adequate





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lighting both for the area itself and the path leading up to it. For the rest, it's all a matter of taste: exotic or modern; chic or rustic; what does your dream backyard bar look like?



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Landscaping against wildfires

Every year in Canada, wildfires devastate an average of 2.5 million hectares of land. While the sheer destructive power of this force of nature isn't something we humans have much control over on a large scale, there are a few measures individuals can take to help protect their property against fire. Here are a few tips for fire-resistant landscaping.

Maintain a defensible space

The areas closest to your home and other structures are most critical when it comes to defending against fire; this buffer zone of sorts is known as "defensible space." Depending on the size of your property, your defensible space should be between 10 and 30 metres surrounding your home.

Keep it clean

There should be as little plant fuel as possible within your defensible space. Get rid of any dead vegetation, including dead shrubs and trees, dried flowers and grass, and fallen leaves and needles. Move piles of firewood outside the defensible space during fire season.

Keep it lean

Landscaping should be minimal within your defensible space. A grass lawn with few trees and shrubs is a good barrier against fire — plants that grow low to the ground are preferable. Trees should be at least three metres apart at crown level. Prune away any branches within three metres of your home or other structure.

Keep it green

Proper irrigation is essential for plants within the defensible space. Inspect your plants regularly and get rid of any dry or dead material. Choose fire-resistant varieties with low water

Veggie varieties for Midwest gardens

The American Midwest is renowned for its fertile farmland and abundance of produce crops. Want to enjoy your own little harvest this summer? Here are five tasty, easyto-grow veggies that are perfectly suited for Midwest gardens.

needs, such as herbaceous plants (bulbs, groundcov-

ers, annual and perennial flowers) and deciduous trees.

Avoid evergreens, which are highly flammable.

1. Corn. No Midwest garden is quite complete without corn! Plant your crops close together for best results. Water your corn regularly, and make sure that it gets enough nitrogen by mixing compost or herbivore manure in with the soil.

2. Potatoes. These hearty root

vegetables are another staple of the Midwest. Plant them in early spring, when the weather is cool and damp. Some varieties, such as red potatoes, can be harvested in early summer; others, like russet potatoes, produce a fall crop.

3. Cabbage. Cabbage and its cruciferous cousins broccoli, cauliflower and kohlrabi all grow exceptionally well in the region. Plant them in early spring or late summer. 4. Tomatoes. The Midwest's long, hot growing season is ideal for tomatoes, and the low incidence of disease in the area is advantageous for trying out heirloom varieties.

5. Peppers. Bell peppers, Hungarian peppers, chili peppers — they all fare well in the region's warm summer weather. Plant them in full sun in late spring, and pick them once they reach full maturity (30 to 60 days after planting).





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Metis designer to present work at first-ever Indigenous Fashion Week

By Adam Peleshaty

With every piece of clothing St. Ambroise's Evan Ducharme designs, he is creating a place for himself and his Métis culture in the fashion world.

Ducharme, who now lives in Vancouver, will be one of 24 designers to present their work at the first-ever Indigenous Fashion Week in Toronto May 31 to June 3. His 2017 "Atavism" collection, inspired by traditional Métis garments and created with a minimalist theme, will be featured on opening night.

"Atavism" refers to the return of ancestral traits lost during evolutionary change. Ducharme's collection doubles as an exploration of the traditional garments worn by his ancestors and the survival tactics used by Indigenous peoples, including the Métis, to defend their own cultures.

"These garments to me are quintessential garments that I've seen through my childhood that have aided my family in participating in cultural activities," he explained. "It's an ode to all of the ancestors and all of the struggle and joy and beauty they have passed on throughout the years and giving some respect to that."

After participating in the Vancouver Indigenous Fashion Week last July, Ducharme made a mental note to only present the collection again if



Evan Ducharme is Métis with ancestral ties to the Cree, Ojibwe, and Saulteaux peoples, and is from the Métis community of St. Ambroise.

the event in Toronto was communitybased, run by Indigenous folks, for Indigenous folks and if it were following Indigenous protocol throughout the evening.

Ducharme's grandmother was the community seamstress in St. Ambroise, and he took an interest in clothes at a very young age, learning to sew when he was 13 years old. While attending St. Laurent School, he was further enamoured by the arts and created a stage adaptation



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The Honour Gown will be one of Ducharme's pieces on display at Indigenous Fashion Week.

of Lewis Carroll's *Alice Through the Looking Glass.* Ducharme nurtured his fashion talents and featured his own collections in an annual community fashion show held inside the school's gymnasium.

"When I was in school, I started making costumes for class projects, for plays, for a number of fashion shows I did throughout my high school career, for charities, and as I got older, I realized that was something I can actually pursue as a career. My interest was really supported by the teachers at St. Laurent School and by my family. I was very fortunate to be in such an environment that would foster that interest," Ducharme recalled.

"We always thought him as a visionary, someone with a lot of drive and creativity," said St. Laurent School drama/ELA teacher Lisa Bruce. "(The collections) were basically anything from casual wear to formal wear. For his graduation picture, he asked me to be in one of his pictures and he had made a ball gown. So, I'm wearing a ball gown in a picture with him."

Following graduation from St. Laurent, Ducharme moved to Vancouver in 2010 to enroll into the Vancouver School of Art and Design. Two years later, his graduate collection "Crepuscule" won the Fashion's Night Out Vancouver design competition. In 2013, his "Belladonna" collection was presented at Eco Fashion Week Vancouver.

In 2014 Ducharme unveiled two collections. "Halcyon," a challenge by Value Village to use 68 pounds of discarded textiles in a campaign against textile waste, and "Iconoclast," which was custom-made for actress Lana Parrilla of *Once Upon A Time* fame. Par-



TRIBUNE PHOTOS SUBMITTED The Edna Dress is inspired by traditional Métis garments.

rilla wore Ducharme's work on the red carpet at the television show's season premiere in Los Angeles and at the Toronto International Film Festival. Creations from his "Saudade" (2015) and "Origin" (2016) collections were worn by actresses at the Cannes International Film Festival.

Ducharme said that while Indigenous made and themed fashion is growing, misappropriation of Indigenous culture is still present in the mainstream fashion industry. In 2015, a collection by Canadian designing duo Dsquared2 used a derogatory name for an Indigenous woman in its title. They were also accused of stealing traditional designs, showing models in "red-face" and glamourizing colonization.

"I think (the incident) really emboldened a lot of Indigenous folk and creators to come out and be louder with their work and really fight for visibility. That was definitely a catalyst for me to be louder about the Indigeneity within the context of my work," Ducharme explained.

At Indigenous Fashion Week, Ducharme will also unveil other creations from his next collection, but he said that home will always be a source of inspiration in his work.

"Home is wherever I am, especially in my work," he said. "My work is very much about the place I come from and the people that I'm descended from and the people that are responsible for me and the people I'm responsible for. I'm very much connected to my people and my family."

To see Ducharme's past and current fashion collections, visit the Evan Ducharme Studio website at www. evanducharme.com.

Local greenhouse specializes in plants to nurture nature

By Cassidy Dankochik

The beginning of spring is finally here. Birds are chirping, trees are blooming, and fields of grasses are beginning to turn green. Like many Manitobans, the start of spring means one thing to Aimee McDonald. It's time to exercise her green thumb.

McDonald owns Prairie Flora, a greenhouse located about a kilometre north of Teulon. Prairie Flora specializes in providing plant species for gardeners that are native

to Manitoba.

"(Native plant species) are great for the native birds, native butterflies and bees, because they have evolved with them for centuries," she said as she prepared her greenhouse for opening day. "They've grown adaptations to each other and grown to depend on each other. We just love that we're helping these plants get planted."

McDonald has owned Prairie Flora since 2008, and has a background in environmental science.

She's seen a big uptick

in demand for native species over the past few years.

"In the last 10 years, people are getting interested in helping the bees and the monarch butterfly," she said. "Now more people are starting to try them and realize how hardy the are."

McDonald's University degree was in agroecology, and she tries to bring that experience to all aspects of her business, whether it be in how the greenhouse is run or even how she lays out gardens.

"Just working with nature to create a garden, rather than constantly working against it," she said. "Just do what nature wants to do."

McDonald said that native grasses and plants can also thrive in difficult soils.

"They have such deep roots they can help to loosen (soil) up," she said. "They can help with poor drainage. It just makes sense."

Those deep roots and hardy nature make for a garden that can be built upon year after year.

"We have people who come back to us and say 'Hey, you're plants actually survived this winter even though it was -40 and we had a flood,' and they come back and they try more," said McDonald.

McDonald said that when starting a prairie garden, a key component is to have plants that bloom at different

times throughout the year and to be sure to pay attention to the non- flowering parts of the garden.

"If you do a full prairie garden, we fill the whole place with plants, and that means needing something in place of the mulch," she said. "Early season grasses really help to cover the ground and support the flowers."

McDonald was reluctant to choose her personal favourite plants.

"That's like trying to pick your favourite children," she said.

"JUST WORKING WITH NATURE **TO CREATE** A GARDEN. RATHER THAN CONSTANTLY WORKING AGAINST IT."

But eventually she named Three Flowered Avens, the Manitoba Crocus and the Flea Bane as some of her preferred plants. When starting a prairie garden, Mc-Donald emphasized the importance of preparation, keeping the space as weedfree as possible, and choosing the right plants for your specific space. She said to look at how much sun and moisture are in the garden plot. The first few years will be key.

"If you have high diversity, it helps to keep the weeds from getting a foothold in the garden," she said.

Prairie Flora opened for the season on May 14. McDonald offers garden consultations and designs in addition to sales. Find them online at www. prairieflora.com or call 204-886- 2420.



TRIBUNE PHOTOS BY CASSIDY DANKOCHIK

Aimee McDonald shows off a planter designed to accommodate the deep roots of a prairie plant. Those long roots can provide many benefits for soil.



The local greenhouse grows a variety of local plants and flowers native to Manitoba.



Prairie Flora Greenhouse opened their business for the season on May 13.

20 The Stonewall Teulon Tribune Thursday, May 17, 2018





2 tablespoons Sabra Hummus (any flavor)

1 slice whole-wheat or hearty bread, toasted

1/2 cup avocado, sliced



Recipe courtesy of Oroweat on behalf of the Grain Foods Foundation Prep time: 20 minutes

Servings: 2

- 1/2cup orange juice 1/4
- cup light brown sugar
- 2 tablespoons butter
- 1 teaspoon vanilla 1 cup strawberries, sliced
- banana, thinly sliced 1
- cup milk
- 3/4 1
- egg 1
- teaspoon cinnamon
- 4 slices whole-grain nut bread

Ham and

Blueberry

Toast



Servings: 4

- 3/4cup cream cheese
- cup blueberries, divided 1
- slices sourdough bread 4
- 1 cup Smithfield Anytime Favorites Hickory Smoked

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1 sliced radish

1/4 cup tender arugula 1 tablespoon chopped pistachios salt, to taste pepper, to taste Spread hummus on toast. Top with avocado, radish, arugula and pistachios. Sprinkle with salt and pepper, to taste.

Grilled Cinnamon **French Toast** with Granola Crunch

cup granola, for garnish 1/4To make sauce: In saucepan, stir together orange juice, brown sugar, butter, vanilla, strawberries and banana. Simmer over medium heat 5-6 minutes, or until flavors have combined, stirring occasionally.

To make French toast: In shallow bowl, whisk together milk, egg and cinnamon. Dip slices of bread into milk mixture and cook 2 minutes on each side over medium heat on flat griddle or grill, or until golden brown. Serve French toast with strawberrybanana sauce and top with granola.

> 8-ounce Boneless Ham Steak, cooked and cut into cubes

1/4cup pistachios

1/2cup microgreens In food processor, blend cream cheese and 1/2 cup blueberries until smooth.

Toast bread until brown. Spread with blueberry cream cheese mixture. Top with ham steak cubes, remaining blueberries, pistachios and microgreens.





When is the last time you expressed your love to those closest to you? Parents sometimes assume their children know they are loved. Children often assume parents know it. Even if everyone knows it, it is still nice to hear. More importantly, it sustains and nurtures us.

Love is energy: it is to the soul what water and sunlight are to flowers. When we express it, in words or in hugs, we bring that energy from deep within our hearts and shine it on the heart and soul of another. This energy is healing on many levels. Scientists now have experimental proof that stress, anger, guilt and fear have a detrimental effect on the immune system. Feelings of love, security, happiness and hope have a positive effect on our health and wellbeing.

Take the Time to Shower Someone with Love

If we have the power to positively affect the physical and emotional wellbeing of others, why would we not shower this energy on those who mean the most to us? Ironically, all of that good stuff is often much more freely given to friends and coworkers, than to family members. It is easy to get so caught up in the demands and stresses of life that we forget to 'water' the 'flowers' in our own garden. This is not one more demand; one more thing to add to our 'to-do' lists. It is the core of what life is all about. It is the only thing that, in the end, is meaningful. Now that you have finished reading this, go and shower someone with love.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on FaceBook for daily inspiration.



Servings: 4

- 4 slices whole-wheat toast
- cup peanut butter 3/4
- 2 medium bananas
- 1/3cup shelled pistachios
- 4 slices Smithfield Cherrywood

Bacon, cooked and cut into pieces Toast bread until brown. Spread with peanut butter.

Bacon, Peanut Butter and Banana Toast

Cut bananas into thin slices and place on top of peanut butter. Sprinkle with pistachios and bacon pieces.





Text or call 1-204-773-0107

Starting on Saturday's in Stonewall June 2nd

Sportsærecreation INSIDE > OUTSIDE > UPSIDE DOWN Rams gearing up for Zone 5 meet





Stonewall's Torin Hoffman sails over a hurdle in the boys' varsity 100m The Rams' Cale Woods leads the pack in the junior boys' 800m race. hurdles in Winkler last week.

TRIBUNE PHOTOS BY RICK HIEBERT The Rams' Cale Woods leads the pack in the junior boys' 800m race.





Deana Johnson accelerates Taryn Jackson competes in the from the start in the senior junior girls' 200m dash. girls' 100m dash.





Kaitlyn Luke takes off in the senior Shae Mulvihill throws a discus. girls' 100m dash.

Thevenot wins bronze at wheelchair basketball tournament

By Brian Bowman

Thomas Thevenot admits he didn't get much playing time playing high school basketball.

But he appears to have really found his game in wheelchair basketball.

The Grade 10 student at Stonewall Collegiate recently returned home with his Manitoba teammates after winning the bronze medal at the CWBL National Championships that were held May 4-6 in Martensville, Sask.

Manitoba defeated a team from Lethbridge to claim the bronze.

"We are very proud (to win a medal)," said Thevenot, a post player. "In six or seven years, I don't think any (Manitoba teams) have won a medal. The coaches were saying that they don't ever remember winning a medal."

Manitoba communicated well on the court while their shooting was solid. They also played some really good defence against some tough competition.

"There were a lot of well-known players there," said Thevenot, who resides in Rosser."In the 'A' Division, the top guy in Canada was there. There were also some well-known players in the 'B' Division."

The event was the seeding tournament for the February 2019 Canada Winter Games in Red Deer, Alta.

Thevenot tried to play able-bodied basketball with the Stonewall Collegiate Rams but a foot disability limited his ability to run quickly on the floor.

"I tried standup basketball but, be-



Thomas Theyenot represented Team Manitoba in wheelchair basketball.

cause of my foot condition, I didn't get to play as much as the other guys," he explained. "I was slower, so I usually got benched. I was a bench warmer but with this sport I actually get to play."

One day, Jarrett Yaworski, a counsellor at SCI, brought sport chairs to school to introduce the sport to students during their phys-ed classes for a week.



Team Manitoba recently won bronze at the CWBL National Championships that were held May 4-6 in Martensville, Sask.

Thevenot quickly caught the attention of Yaworski, who is Team Manitoba's head coach, with how swiftly he moved around in the chair.

He was soon invited to join Team Manitoba's 12-player roster.

This past March, Thevenot and Team Manitoba finished seventh overall at the 2018 Junior National Wheelchair Championship in Montreal.

"It was a very good (experience)," he said. "We were able to compete against other (elite) teams."

After the tournament, Thevenot was invited to stay an additional two days to participate in a Canada U23 training camp.

"This was the second camp that I was invited to,"Thevenot noted."They invited a couple of athletes from each team."

Thevenot, who is considered a

strong player on both ends of the floor, joined the Manitoba Wheelchair Basketball team last May. By July, he was invited to attend the U19 Regional Wheelchair Basketball Junior Camp in Saskatoon.

Not even home for a week, Thevenot then headed east for the U23 ID Camp with Wheelchair Basketball Canada in Toronto.

The attention he has received from coaches has Thevenot willing to train even harder in an effort to improve his skills.

He would love to represent Canada in wheelchair basketball one day.

"Everybody is saying I can take this as far as I want," he said. "If I want to go all of the way, I just have to put my mind to it. That's my mindset right now — just try to take this as far as I can."

Warren track and field athletes excel at Winkler



boys' long jump event at Winkler last girls' 100m hurdles. week after almost clearing the pit.



Warren's Asa France won the senior Laura Brad ran a persoanl best in the senior



Jessica Buhler finished in first place in senior girls' discus with a 28.65m throw, which was 3m further than second.

Rams win Winkler fastpitch tournament

By Brian Bowman

The Stonewall Rams' fastpitch team didn't play any exhibition games before last weekend's tournament in Winkler.

And it appears they didn't need any game action to get ready for the season.

Stonewall was sensational in winning the tournament without a loss. The Rams clinched the title after soundly defeating Altona's W.C. Miller Aces 13-2 in just four innings.

"It was a good game," said Rams' coach Rebecca Brewster. "They were really on the bats. They were hitting well and fielding well."

Brittany Slatcher pitched a strong game for the Rams, throwing strikes to allow the defence behind her to make plays.

To reach the final, Stonewall crushed Carman 10-0 in one of two semifinal matchups. The 10-run mercy rule was called after just three innings.

Stonewall finished its round robin with a perfect 3-0 record. The Rams beat Killarney (13-2), Major Pratt from Russell (4-2) and Garden Valley (6-0). The Rams could not have asked for a

better start to the season. "It was a great weekend," Brewster enthused."We hadn't had a lot of practice leading up to (the tournament) but a majority of our girls have

already been playing ball. "But to come together and be able to hit well and play well together was really nice to see."

Stonewall's roster of 14 players includes five in Grade 12 and just one in Grade 11. The rest of the players are in Grades 9 and 10.

The Rams will be in Boissevain this weekend for a tournament and then will play in an interzone game next Tuesday.

Brewster thought that their opponent was going to be Winnipeg's Vincent Massey for the interzone matchup although that had not been confirmed by press time.

The winner of the interzone game will advance to the MHSAA provincials June 1-2 in Winkler.



TRIBUNE PHOTO BY ASHLEIGH VIVEIROS The Rams' Hannah Marshall puts the ball in play during tournament action last weekend in Winkler.

Rams win pair of games

By Brian Bowman

It's always a good day when a high school student can get a Monday off to play baseball.

But that day gets even better when they can win a couple of ball games.

The Stonewall Collegiate Rams had a really good day this past Monday as they defeated Teulon and Warren by identical 9-0 scores.

Both games were five-inning affairs.

"We have played a lot of ball lately and we're getting better every time we play," said Rams' head coach Kyle Nixon."Our pitchers have been throwing strikes over the last little while and we have been able to hit the ball, which is good."

Liam Proven pitched a shutout against Warren and then the Rams used several pitchers against Teulon.

Stonewall was fresh off finishing with a 1-2 record at an Altona tournament last weekend.

The Rams defeated the Pilot Mound Pilots 8-3 but lost to the Boissevain Broncos (9-5) and the W.C. Miller Aces from Altona (17-14 in extra innings).

That record left the Rams third in their four-team pool and out of the playoffs. "We played a couple of good teams and had competitive games, so that was actually good for us," Nixon noted."It was also nice to see where the bar is at with the better teams. We can compete with those teams, too, and it's good to get out of Zone 5 a little bit sometimes."

Stonewall played another Zone 5 exhibition game against Warren on May 9. The Rams won that game 12-6.

Stonewall had a tough matchup with Steinbach in an exhibition game on Wednesday of this week. The Sabres won the eight-team Altona tournament after defeating Portage 6-1 in the final.

The Rams will then have their Zone 5 championships on May 23. Stonewall is looking forward to competing for the zone title.

"We've been playing a lot of games lately so hopefully we'll be ready for our zone tournament," Nixon said. "We have to get through that day to get to provincials. If we play well, I think we have a good shot at it. But if we don't play defence, then it's always tough."

The MHSAA provincials will be held in Plumas from May 31 to June 2.

Teulon catching on in Lacrosse



TRIBUNE PHOTO BY BRETT MITCHELL The Tigers' Quinn Reid catches the ball during Teulon's 3-2 loss against the Leo Remillard Renards last week in Selkirk.



Interlake Blue Jays open MJBL season

By Brian Bowman

The Interlake Blue Jays had a real rough start to their Manitoba Junior Baseball League season.

Interlake opened action May 9 with a 17-0 home loss to the Carillon Sultans.

Carillon scored seven runs in both the first and second innings and then added three more in the fourth. The Sultans outhit the Blue Jays 12-2.

Emerson Klimpke had both Interlake hits.

Interlake had a much better result in its next game as the Blue Jays outscored the Elmwood Giants 13-7 last Friday.

The Blue Jays trailed 3-0 after the first inning and 4-1 after two but battled back to score four runs in the third.

Interlake then added two in the fourth, and three in each of the fifth and sixth innings.

The Blue Jays outhit the Giants 14-4. Elmwood committed four errors.

Interlake's Derek Petrasko had four

of those hits, scored two runs, and added an RBI. Baily Proctor belted three hits, scored three times, and had two RBI.

Brennan Cheasley also had a strong offensive game with three hits, a run scored, and two RBI.

Jeremy Wasilewski earned the win on the mound for the Blue Jays. He gave up three hits and four earned runs while striking out three in four innings.

Jayden Allary pitched the final three innings of the game.

Interlake was then edged 4-3 by the St. Boniface Legionaires last Sunday in Winnipeg.

No box score was posted on the league website at press time.

Interlake (1-2) will take on the Marlins (2-1) in Brandon on Thursday (7 p.m.) and then will host the Pembina Valley Orioles (3-1) on Friday (7:30 p.m.).

After that, the Blue Jays will hit the road for six consecutive games.



TRIBUNE PHOTO BY ANNALIESE MEIER

Interlake Blue Jays' right-hander Ben Anderson delivers a pitch during Manitoba Junior Baseball League action last week in Stonewall.



Phillies golden in Regina

TRIBUNE PHOTO BY SANDI SWANSON

The U12 Interlake Phillies won the gold at a Regina Minor Softball League Season Kickoff Tournament last weekend. Interlake defeated the Royals Ball 5-4 with a walk-off win in the championship game.

The Phillies reached the final after outscoring the Saints 11-8.

In round-robin action, Interlake lost 8-3 to the Lazers, doubled the Royals Wrath 12-6, and defeated the Royals Aces 20-10.

Pictured back row, left to right: Kirt Swanson (coach), Rianna Cassils, Kaity Swanson, Sophia Dowsett, Karli Meikle, Kaitlyn Hawryluk, Maddy Fidler, Jason Cassils (coach); front row: Ruby Harrisko, Ella Holm, Chloe Beresford and Kaitlyn Beasley. Lying in front catcher is Bryn-Lee Procter.

Eagles fly past Thunder in junior girls' football

By Brian Bowman

The Interlake Thunder junior girls' football team played a lot of exciting games last season on their way to a second consecutive league champion-ship.

And they played another exciting game last Thursday to begin their 2018 season.

The East Side Eagles won the game 44-33 after trailing early in the contest.

"They played good but not good enough," said Thunder head coach John Montgomery. "There were a lot points scored but that's not unusual for junior girls' football.

"It was an exciting game to watch."

Interlake scored on its first three possessions of the game and also ran back the opening kickoff. The home side did a good job running the ball and setting up their blocks.

But the Thunder struggled to score, though, after that strong start.

"From there, I guess we decided that's all we had to do," Montgomery said. "And, unfortunately, football is a 60-minute game. You can't just sit back and relax.

"The East Side Eagles are a good football team and they came back."

The Thunder's roster features 19 players scattered from all across the Interlake. That number is up from 15 a year ago.

The league bumped up the age level a year for the junior division. That means the Thunder has the exact same team from last season with the addition of the four new players.

The Thunder is hoping that this group can win a third consecutive league title. The team is a hard-working one that is always absorbing what the coaches are telling them.

"We're always looking to win a championship," Montgomery said. "But our goal is to just play good football and make sure that the girls have fun. If we end up winning, well we end up winning, but winning's not the point."

Interlake will have another crack at East Side this Thursday (6 p.m.) in Winnipeg.



TRIBUNE PHOTO BY LANA MEIER

The Interlake Thunder's Zoe Oughton looks to dart through a hole against the East Side Eagles in junior girls' football action last Thursday in Stonewall.

Sentinels win Interlake jr. high badminton banner

Staff

Stonewall Centennial Sentinels are the 2017-2018 Interlake divisional junior high badminton champions. The Sentinels collected 41 points at the divisional tournament held on May 9 in Stonewall. The Teulon Saints placed second with 36 points and the Grosse Isle Flyers third with 30 points.

The girls' singles champion is the Wild's Abby Cassidy who defeated the Sentinels' Brooke Wadge.

The boys' singles champion is the Flyers' Ty Baldwin who defeated fellow Flyer, David Cochrane.

The Saints' Amanda Guilbeault and Chloe Domino defeated the Saint's Ashley Bond and Madison Charison to win the girls' doubles. Warren's Aidan Shymko and Matthew Gilmore defeated the Saints' Gavin

Gebhardt and Jaxsen Park to win the boys' doubles class. Mixed doubles champions are the Sentinels' Ethan Rogowski and Charli Reimer who defeated the Saints' Victor Einarsson and Otilja Yankech.



Stonewall Centennial Sentinels won the 2017-2018 jr. high badminton divisional badminton banner on May 9 in Stonewall.



Pictured from left to right: Abby Cassidy (girls' singles), Ty Baldwin (boys' singles), Amanda Guilbeault and Chloe Domino (girls' doubles), Matthew Gilmore and Aidan Shymko (boys' doubles) and Charli Reimer and Ethan Rogowski (mixed doubles).

Midget Thunder set to tackle nine-man football

By Brian Bowman

The Interlake Thunder have sacked the Midget Football League of Manitoba.

Interlake has made the decision to leave the MFLM and participate in the nine-man Rural Manitoba Football League this season.

"We were worried that the (MFLM) wasn't the best fit for a while," said Thunder head coach Mitch Obach last week. "They were low on numbers... and we put in our application because we thought nine man was more stable.

"Last year we had good numbers in Midget but that's not always the case. Instead of needing 36 or more (players) now we need 24 to 28 players to be competitive and that's a big difference."

Obach noted that the age groups for

amateur football in Manitoba were changed this year. The Bantam league will now consist of players in Grades 9 and 10 while the Midget program would feature kids in Grades 11 and 12.

"That would cut into our recruiting pool," Obach explained. "We would have two years to pull from instead of three."

The switch in leagues is critical to the long-term sustainability to the Thunder Midget program, said Obach.

The addition of the Thunder now brings the RMFL to nine teams that will play an eight-game round-robin that starts in early September.

Interlake will join the Neepawa Tigers, SwanValleyTigers, East Parkland Warriors, Dauphin Clippers, Virden Golden Bears, Moosomin Generals, Park West Outlaws and Southwest Sabres.

The Thunder will definitely have more travel costs this season.

"They cover a lot of area," Obach admitted. "It's a big area to cover ... and there will be a bit more travel (compared to previous years) but we planned ahead to get to this moment.

"We're OK to absorb that extra cost." The nine-man game is an exciting brand of football to watch and play. It gives smaller-sized players more of an opportunity to play football.

"Generally speaking, it's more of a wide open game," Obach noted. "It's a bit more of a high-scoring game and the biggest difference that I see from the two is that it's more of a speed game and less than a size game."

The Thunder has already begun reg-

istering players but wants to reach out to some potential new players.

For 2018, the Thunder are offering a discount program for new players (25 per cent off fees) and for referrals of new players by returning players (25 per cent off fees for each new registrant enlisted up to four players).

That referral offer is for Midget and all four minor age groups.

"We're always looking for new players and that goes for all of the age groups," Obach said. "If someone is athletic and interested in playing football, I've seen guys show up as 16 and 17 year olds (for the first time) and be able to do it.

"We're always looking for new talent that is out there.

Manitoba golden at national aboriginal female hockey championship

By Brian Bowman

Manitoba had a golden time at the 2018 National Aboriginal Female Hockey Championships in Membertou, N.S.

Team Manitoba won the gold medal after defeating Ontario South 5-3 in an exciting game on Saturday.

Twin sisters Keyanna and Keyara Lea scored first-period goals for Manitoba and then Carrigan Umpherville made it 3-0.

But Ontario South's Lillian George replied with a pair of goals before Umpherville and Ontario South's Ariele MacDonald traded goals as Manitoba led 4-3.

Manitoba's Kaila Powel then put the game out of reach at 19:14 of the third period with Ontario South goalie

Hailee Johnson pulled for an extra attacker.

Keyanna Lea had a fantastic game, finishing with five points while Keyara Lea had three points.

Stonewall's Bianca Zak made 19 saves for the win.

Manitoba earned a spot in the goldmedal game after bashing B.C. 10-1 in a semifinal game Friday.

Team Manitoba took a 4-1 first-period lead, added another goal in the second, and then exploded for five third-period goals.

Keyara Lea, Makenzie McCallum and Carrigan Umpherville each scored twice and added an assist in the win.

Keyanna Lea had a goal and three assists while Julie Albert, Aliya Baker

and Kaila Powell also tallied for the winners.

After Manitoba opened tournament action with a 5-4 win over Ontario South on May 7, they downed Ontario North 5-2.

Manitoba trailed 2-1 late in the first period but scored four unanswered goals — two coming in the third period — for the win.

Powell led Manitoba with a pair of goals while Keyanna Lea, Keyara Lea, and McCallum also tallied.

Keyara Lea, McCallum, Emily Daniels and Powell each finished the game with two points.

Shayna Moore stopped 16 Ontario North shots.

The next day, Manitoba crushed Atlantic 7-0 as Moore had to make just eight saves for the shutout.

The Lea sisters both had great games. Keyanna had two goals and three assists while Keyara chipped in with a goal and three assists.

Umpherville (two), Aliya Baker, and McCallum scored Manitoba's other goals.

Manitoba then improved its pool record to a perfect 4-0 after an impressive 7-0 triumph over Alberta.

Keyanna Lea (two), Powell (two), Umpherville (two) and McCallum scored for Manitoba.

Keyanna Lea and Emily Daniels each had two assists.

Zak made nine saves for the shutout.

Manitoba wins bronze at national aboriginal male hockey championship

By Brian Bowman

Team Manitoba came home with bronze medals from the 2018 National Aboriginal Male Hockey Championships in Nova Scotia.

Manitoba defeated Ontario South 4-1 on Saturday in the bronze-medal game.

Bryden Sinclair and Kurtis Luke scored power-play goals for Manitoba while Preston Seymour and Nakodan Greyeyes tallied at even strength.

Manitoba was relegated to the bronze-medal game after a tough 4-3 loss to B.C.

B.C. grabbed a 2-0 first-period lead and then went ahead four goals by the 4:39 mark of the second.

Manitoba showed some life late in the second period as Preston Seymour and Hunter Halcrow scored shorthanded goals.

Jaden Pashe then made it a one-goal game midway in the third.

Manitoba finished pool play with two wins and a pair of ties for six points. That tied them for top spot with Ontario South (3-1).

After a 9-4 win over Ontario South on May 7 to start the tournament, Manitoba played to a 4-4 draw with Ontario North the following day.

Manitoba led 4-2 midway in the third period but surrendered a pair of goals to Mathieu Dokis-Dupuis.

Pashe, Jacy Kennedy, Greyeyes and Conner Roulette scored for Team Manitoba.

Ashern's Adam Swan, who plays for the MJHL's Winnipeg Blues, made 20 saves in the game.

Manitoba won its second game of the tournament after doubling North 6-3 on May 9.

Manitoba, which held period leads

of 2-1 and 3-2, received goals from Kennedy (two), Ayden Manningway, Roulette, Nick Sharpe and Seymour.

Bryden Sinclair and Pashe each had two assists in the game.

Seth Ningeongan made 26 saves for the win.

Manitoba wrapped up pool play by playing to a 5-5 draw with Eastern Door & North last Thursday.

Pashe (two), Roulette, Shaydon Mousseau and Kurtis Luke scored for Manitoba.

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Please be advised that a general municipal election will be held on October 24, 2018.

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that I will be receiving candidate registrations:

For the office of head of council: Between May 1 and September 18, 2018.

For the office of councillor: Between June 30 and September 18, 2018

at the Town of Teulon office, 44 4th Ave S.E., Teulon, Manitoba during the regular hours of business.

To obtain a registration form contact the SEO at the telephone number listed below

Robert Potter Senior Election Official (S.E.O.) Phone: (204) 461-1664 or (204) 886-2314 Fax: (204) 886-3918

Dated at Teulon, MB on April 19, 2018



Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Perfect for 1st time buyer! Everything you could ask for and MORE! 1.13 acres, 4 Bdrm, 2 Bthrm, lg kitchen, walk-in pantry. Open concept living room and dining room, french doors off the DR. BONUS 2 bdrm, . 1 bath guest house for rental opportunity. Detached 2 car garage, shed and above ground pool! Possession as early as June 1st, 2018. Contact Jay at 204-791-3216. THE RURAL MUNICIPALITY OF ROCKWOOD **PUBLIC NOTICE BURNING BAN** The Council of the Rural Municipality of Rockwood is very concerned with the current dry conditions. In order to control fires, a BURNING BAN is being designated within the boundaries of the Rural Municipality of Rockwood. The BURNING BAN is effective May 2, 2018 and will remain in effect until further notice. The BURNING BAN includes camp fires, backyard bonfires, backyard bonfire pits, garbage burning, yard waste and agricultural burning. Please note that, if a fire is lit during this period and it becomes out of control, the person who lit the fire will be held responsible for resulting damages and costs. **BY ORDER OF COUNCIL** THE R.M. OF ROCKWOOD CROSSWORD CLUES ACROSS 1. Color 4. English prince 10. When you'll get there 11. Pivot 12. Actinium 14. Greek letter 15. Primordial matter 16. One of a Polynesian island 18. Most spacious 22. What you owe 23. Button-like ornament 24. Ancient citv 26. Trauma center 40 27. CNN anchor Burnett 48 28. Enough (archaic) 30. Lebowski's nickname "The 51 52 54 31. Printing speed measurement 34. Waterbirds 36. WWI airship 37. Sudden attack 39. Advice 2. A colorless odorless gas used 31. Backsides 40. Sacs where fungi develop 32. Large orange-brown butterfly as fuel 41. Where instinctive impulses 3. Delicacies 33. Old Testament prophet are manifest 4. Spanish be 35. Women's apartments in a 42. Schoolhouse implements Muslim palace 5. Miami Heat great 48. Brain parts 6. More slick 38. One who waters down 50. Borne by or suspended in a 41. Made a visual representation 7. Turn away liauid 8. Made a second thrust of 51. Of the desert 9. Where injured ballplayers end 43. Continent 52. Starbucks size 44. Flat pieces of rock up 53. Ancient Roman garment 45. Very long period of time 46. Radioactivity units 12. As quickly as can be done 54. In a way, set aflame 13. Military disguise 55. Samarium _ and Dad 17. 47. Fields of study 56. Heavenly bodies 19. Mythological wind (Greek) 49. Distinctive, pleasant smell 58. Water in the solid state

- - 21. Principle or belief

1. Regain

59. Exchanged

CLUES DOWN

60. Int'l organization

- 20. Slides without control
- 25. Unusually large

- 56. The Constitution State (abbr.) 57. South Dakota

29. Naturally occurring solid

material



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McSherry Auction Service Ltd **ACREAGE AUCTION** WALTER & SYLVIA DUDYCH Sunday May 27th 11:00 am

Dugald, MB 1 Mile East on Hwy 15 Then 1 ¼ Mile North On Spruce Rd #61052 Contact # (204) 853-2067 Tractors & Trailer *MF 235 Dsl | S 3PH w FEL 1249 Hrs. * 60" 3PH Rotary Mower * 7' 3PH Cult * 3PH 6'Blade * 5' 3PH Cult * 3PH 2B Plow * New 7' Bucket * Yard *13 Cub Cadet RZT5 23 HP R Mower * JD 155 LT Hyd R Mower * 2013 Cub Cadet 11530C Snow Blower * Jari Sickle Mower * Honda 501 Roto Tiller * BCS Rear Tine Tiller JD 10 Metal Tilt Trailer * Sprayer * Mower * Yard Vac/Blower * 9 Picnic Tables * Tools * Tool Box * Table Saw * Air Comp * Chain Saw * * Various Tools * Misc * 5600 Watt Generator Honda EM500 Watt Generator Honda Gas Pressure Washer 3 4 Guns * Gun Cabinet * Hunting & Camping Related * Antiques *Scale * Balloon Tired Bike * Oil Jar * Cream Cans * Snow Shoes Treadmill * Hobart Meat Slicer

McSherry Auction -Service Ltd **CLOSE OUT AUCTION SALE PRO FAB MFG.** Saturday May 26th 10:00 am

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Contact # (204) 494-0171 Warehouse Items * Digital Scale * Metal Shelving * Warehouse Stairs * 36" Fans * Pallets Metal Bins * Work Station * Metal Wash Booth 14' x 18' * Manufacturing Supply & Misc * High Temp Fire Board * Paint * Copper/Gal Fittings * 50) Electric Motors * Manifold * Radiators * Insulation * Elec Wire * Selkirk Chimney * 2 NRW Hopper Bins 12-15 * Pallet Fork Extensions * New Pellet Heater * Load Strans * Tools * Ranger 8 Lincoln Welder * Tool Bench * Tool Cabinet * Sullair Screw Compressor * 5 HP 60 Gal Air Comp * Acetylene Torches * Sand Blaster * Hyd Power Pac Large Amount Of Power, Hand & Some Air Tools * Office * Oak Desk * Cabinets * Upright Filing Cabinets * Boardroom Table * Freeze * Fridge * Stove *

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HAVE A **NEWS TIP?**



CALL

Retirement Auction For Perry And Laurie Hunstad Saturday, MAY 26, 2018 10 AM Warren, MB

Contact: Perry (204) 792.7399 Directions: From Winnipeg (Jct of North Perimeter at #6 Highway), Northwest on Hwy #6 past Warren, MB. North 3 miles on Rd 5W. East on Rd 81. Watch for signs.

EQUIPMENT & VEHICLES - 1985-1986 Bobcat 632, 4 cvl gas, 1863 hrs, w/ bucket, (runs well, regularly maintained) -1994 Winnebago Brave Motorhome, 31.5', 7.4L, 454 engine, automatic, 109,000 kms, sleeps 6, fully loaded, good rubber, premium condition - 1985 Olds Regency, 199,000 kms, no rust, never winter driven, loaded, cloth, 3.8 V6, saftied - 2 wheel utility trailer - IH vintage topper, fits 8' box LAWN & GARDEN - JD L100 lawn tractor 17 hp B&S,42"deck Coop 16 hp lawn tractor w/ gas MTD rear roto tiller - Mastercraft 10 Hp w/shroud 29" cut - Craftsman 6.25 Hp push mower - Homelite Trimmer - Stihl backpack leaf blower - lawn sweep - lawn ornaments • bird houses - 3) chainlink gates, 5'x4' - 16) metal panels, 8'x3.5' - roto tiller **OUTDOORS** - 1980 Arctic Cat 3000 Trail Cat 340 snow mobile - Sprinter 14.5 ' trailer w/ motor - Char Broil barbecue patio set w/ 6 chairs & umbrella - hanging chair - deck box - deck pets - golf clubs - lawn chairs - 4 man tent - skis & boots - deck idge - picnic coolers - Tecumseh Magnum 2 cycle, 8" ice auger Tecumseh Eskimo 2 cycle, 10" ice auger - Skidoo toboggan fridae Coleman cook stove - vertical camping grill - antlers - 8) liquid totes LIVESTOCK - round bale feeder - wagon wheels - Australian saddle - Mexican saddle - Western 15" saddle - chaps - chink chaps - lead shanks - bridles & bits HOUSEHOLD - 2 leaf table w/ 8 chairs Sony Lood / CD player - 47" LG Flat Screen TV - Entertainmen stand - End tables & coffee table - Couch & arm chair - Barstools Mexican Lamp - Dressers - Desk - Queen bedroom suite - 32" Sony flat screen tv - AC collectors model plane - horse ornaments travs - western theme love seat - unique western gun lamp stand housewares - pet carriers - knives - gun cabinet - Bowflex (like new) - ladies leather skirts -table -2) old sewing machines -2) Rig pencil sketches -4) VHS tape machines -2) Satellite Sky cable boxes camera tripod -2) 9 needle point prints -saddle wood print -brass butterfly -attached needle point dog with the first 9 sent -night table lamp -Winter Since print by Hubert Theroux -2) Horse prints by Kim Penner - mandolin print -lady & a bird print . -7) assorted brass -2) Airbus model airplanes -brass cat tails -5) pieces of stereo equipment -Mastercraft miter saw -2) PSB stereo speakers -15) crates of LPS records ANTIQUES - Terry Mclean collector plates Cuckoo clock - 90 yr old butcher block - lamps - washboard lanterns - drill braces - cameras - fire extinguisher - MTS pay phone - windup phone - antique phones - compact - hutch - RCA VICTOR upright radio, works well (85 yrs old) - bottles - bull whip - milk bottles - buffalo skull - Texas longhorns - spittoon - steamer trunks - levels - Molson collector glasses - rocking chair - china cabinet typewriter - Redwing & Medalta crocks - curling rocks - 1970's stereo - Drewrys distilled water case w/ bottle - 2 burner mini stove jerry cans - WW2 Genset generator, air cooled (parachute ready // hooks) w/ Harley Davidson motor (runs) - sad irons - adding machine - Air Canada sign - mandrel saw - cooper boilers - Air Canada cockpit door - washtubs - cream separators - Air Canada 4 wheel baggage wagon - floor polisher - jars & canners - hub caps - Atlas battery clamp holder - records **TOOLS** - power tools - hand tools - upright tool chest - drill press - upright air compressor screw drivers - socket sets - reproduction tin signs - shop "man cave" light up sign - 1992-1996 Chevy 5000 lb winch w/ shaft tarps - shop vacs - step ladders - ext ladders -B&S 9 hp gas are

View www.lamportanddowler.com for listing and photos John Lamport 204-841-4136 Tim Dowler 204-803-6915

HELP WANTED

Hiring Junior Summer Program Coordinator -Green Acres Art Centre is a non-profit offering arts. culture and wellness programs for people of all ages in Teulon and surrounding area. With support from the Canada Summer Jobs Program, we are seeking a creative, enthusiastic and reliable student between the age of 16 and 30 to provide summer administrative and program support under the direction of the GAAC Board of Directors. The position will be 30 hours/week for 8 weeks from July 4 to Aug. 29. Priority will be given to Aboriginal students and members of a minority group. See www. greenacresartcentre.org for full ad and application details. Deadline to apply is Mon., May 30th, 2018.

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MUNICIS XA ROSSER

THE RURAL MUNICIPALITY OF ROSSER The Rural Municipality of Rosser is seeking applications for the following positions for the spring/summer of 2018:

GREEN TEAM WORKER

- Must be between the ages of 16 29
- Have a valid driver's license

Duties to include but are not limited to the following:

- Mowing grass at various locations General maintenance on the Public Works building
- Clean-up garbage throughout the municipality.

Deadline for Applications is May 25, 2018

Please submit your application and resume and date available to start to:

Rural Municipality of Rosser Box 131, Rosser, Manitoba ROH 1E0 fax: 467-5958 e-mail: info@rmofrosser.com

PUBLIC NOTICE Quarry Ridge Park Developments Ltd.

The land south of the current phases is under construction and an active development site. We ask that all members of the public stay off all property within the subdivision except for public roads and public park spaces. There is no trespassing allowed on any of the forested land along the east of the Quarry Ridge Park property. We have a concern related to forest fires being accidentally started due to negligence during this dry period we are experiencing. Please keep all recreational vehicles off our property. We are concerned for people's safety and do not want somebody to get hurt on our property.

If you are unsure, please stay off the property and adhere to the no trespassing rule.

If you have any questions, or concerns, please contact us at: Office: 204.942.7744

Email: info@venturadevelopments.ca

Thank you,

Quarry Ridge Park Developments Ltd. c/o Ventura Land Company Inc.

MISCELLANEOUS

If you need affordable, quality, Manitoba made cabinets. prompt service with free design, and professional installation try Fehr's Cabinet Warehouse. We have province wide service and more. Phone 204-746-2223 or Email office@feh rscabinets.com

Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, Leasing & Financing of flat-deck, dumpbox, gooseneck cargo, & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, MB. 1-888-685-3127.

MISCELLANEOUS

UPCOMING

EVENTS

Ag Grounds & Red

Barn Events - June

2nd. Pancake Break-

fast with \$5 admis-

sion 8 a.m. - 10:30

only! Saturday: 9 a.m.

Horse show; Satur-

day: 10 a.m. South

Interlake 4-H Beef

Show & sale. Winni-

peg Model Railroad

Club Display, Under

Dogs Paint Ball Cage,

(weather permitting),

Rocklands Antique

Club and more; Satur-

day: 1 p.m. The Wild

Dogs Performance;

Sunday: 8 a.m. Pan-

cake Breakfast with

\$5 admission, 8 a.m.

10:30 only. Gymkha-

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• BIRTHDAYS • OBITUARIES IN MEMORIAMS • NOTICES • • BIRTHS • ANNIVERSARIES • MARRIAGES • **ENGAGEMENTS** • THANK YOUS • **Booking deadline is** Monday at 4 p.m. prior to Thursday's publication. Stonewall Teulo bune 467-5836





SUMMER STUDENT REQUIRED

By the Teulon & District Museum July 2nd to August 31st, 2018 • \$11.40 per hour • 30 hours / week • Ages 15 to 29 Applicant intends to return to school on a full time basis during the next year. Please forward resume by May 30, 2018 to: PO Box 44, Teulon, MB R0C 3B0 🐺

Teulon Rockwood **Recreation Commission**

Teulon Rockwood Recreation The Commission is now accepting applications for the following summer employment opportunities:

- Daycamp Leaders
- Ground Maintenance Workers

Recreation Assistant

Interested applicants must be students between the ages of 15-30 returning to school in the fall.

Please send your resume by May 24th at 4 pm to Laine Wilson at teulonrockwoodrec@gmail.com or call 204-886-0505 for more information.

SEASONAL PUBLIC WORKS **MAINTENANCE / EQUIPMENT OPERATOR EMPLOYEE**

The Rural Municipality of Rockwood invites applications for the position of Public Works Maintenance / Equipment Operator Employee (Seasonal).

Under the direction of the Manager of Public Works, the position will be required to assist the Public Works Department and perform general municipal related work, as well as vacation fill in for the Grader operators.

QUALIFICATIONS – Transportation Maintenance/Equipment Operator Employee (Seasonal):

- 1. Valid Province of Manitoba Driver's Class (5) Licence (Class 3 preferred)
- 2. Experience in a Public Works related field would be an asset
- 3. Good interpersonal skills to deal with the public
- 4. Knowledge in the operation and maintenance of different equipment
- (grader, tandem, loader, tractor/mower)
- 5. Mechanically inclined
- 6. Ability to work under minimal supervision

7. Salary Range \$17.13-\$24.30 / Hr - dependent on qualifications Applications should be marked "Application for Public Works Employment" and should contain a cover letter and full resume with three references.

- Forward applications to the undersigned no later than 4:00 p.m. on Wednesday, May 23, 2018.
- Attention: Ian Tesarski Director of Operations
- The Rural Municipality of Rockwood
- 285 Main Street, Box 902, Stonewall MB R0C 2Z0 Telephone No. 204-467-2272
- Fax No 204-467-5329
- E-mail Address: ian.tesarski@rockwood.ca
- Thank you to all applicants for your interest, however, only candidates selected for interviews will be contacted.

Northern Goose Processors is a traditional processing plant. We are advocates of good agricultural practices that ensure high standards of food safety and quality from farm to table. We adhere to morally sound policies and best practices that apply to all aspects of how we conduct business; beginning with where its product is sourced, and how all the product is farmed and processed, to the professional and fair treatment of suppliers and customers.

Each employee will perform duties in accordance with industry specific regulations such as: The British Retail Consortium (BRC), Hazard Analysis Critical Control Points (HACCP), Workplace Hazardous Materials Information System (WHMIS), Good Manufacturing Practices (GMPs), Standard Operating Procedures (SOPs), conforming to quality standards, performance expectations and documentation, workplace health and safety policies and procedures.

We are currently looking to hire Production Workers for our facility located in Teulon, Manitoba. This is a seasonal opportunity, with varying shift requirements.

Qualification Requirements:

- Grade 12 education an asset.
- Knowledge of food safety, GMPs, HACCP and other polices an asset.
- Experience working on a production line an asset.
- Strong work ethic.
- Exhibit a positive attitude and a willingness to learn.
- Ability to work alone and in a team.
- Focus to detail and accuracy.
- Good communication skills, able to speak and read English an asset. · Physical ability to stand for long periods of time.
- Able to adapt to a range of temperatures from -28 to 30 degrees Celsius.

If you feel you would be the right candidate for this position please submit your resume by email to careers@foodbeveragemb.ca by April 30, 2018.

We thank all applicants, however, only those under consideration will be contacted.

nnouncements Book Your Notice Today - Call 467-5836 or Email classifieds@stonewallteulontribune.ca

Stonewall Teulon

ANNOUNCEMENT

BIRTHDAY



Look who's 50!!! ME!!!! Happy Birthday Jo! -Love your Tribune family

ANNOUNCEMENT **BIRTH ANNOUNCEMENT**



Nolan Steven Peters Darryl, Erin, big brother Elliott and big sister Addisyn are thrilled to announce the birth of their son and brother. Nolan Steven Peters. Nolan was born on Monday April 16th, 2018 and weighed 7.11lbs and 20.5" long. Proud grandparents are Glen and Lynn Massey of West St. Paul, Brenda Peters and the late David Peters of Stonewall.



ANNOUNCEMENT

IN MEMORIAM Bill Mott 1926 - 2008Every day in some small way, Memories of you come our way Though absent you are always near, Still loved still missed and always dear. -Lovingly remembered by Joyce and family

> ANNOUNCEMENT IN MEMORIAM



Meads Irene - May 12, 2017 Albert - March 11, 2006 Always loved, Never forgotten, Forever missed.

-Love. your family

ANNOUNCEMENT CARDS OF THANKS

Sincere thanks to my family and friends who attended my 80th birthday party. Thank you for the cards, gifts, flowers and birthday wishes. It was a memorable day I'll never forget. A special thank you to my husband Ron, for making all the arrangements.

> -Love. Verna Campbell

ANNOUNCEMENT **CARDS OF THANKS**

Thank you to everyone that attended my 85th birthday party at the Legion on Saturday, May 5th. Also thank you to my family who organized the party. Thank you to the Legion 55+ Club for the gift. Many thanks to all it was very much appreciated.

-Keith Morrison

ANNOUNCEMENT

CARDS OF THANKS

Olnick - We would like to thank our friends and neighbours for their kindness after Marsha's passing. The phone calls, visits, the food and the cards received were all very much appreciated. Thanks also to those who made donations to Cancer Care in Marsha's memory. We also wish to thank Ken Loehmer for his assistance.



OBITUA

Bonnie Jeannette Robinson, (75)

Born Bonnie Jeanette Enns, at Altona Hospital on March 23rd/1943, to parents Bill and Esther Enns.

Bonnie passed just the way she loved to live, surrounded by family. After almost a week-long stay at Dr. Evelyn Memorial Hospital in Stonewall, Manitoba, she was finally able to rest on Saturday May 5th, 2018.

Bonnie's greatest joy was her family, she was the proudest mother and grandmother. She is lovingly survived by her daughter Glenda Robinson (Neil VanDorp), grandson Chase Borgstrom (Ashley Borgstrom), granddaughter Jaylynne Borgstrom (Liam Taylor and son Knoxley Taylor).

The eldest of five, Bonnie is also survived by her sister Sheila Barker and her three brothers Grant Enns (Janice Enns), Laurie

Enns (Melody Enns), and Pat Enns (Cathy Enns). She was a treasured aunt to many nieces and nephews, and happily played an honorary role to many extended family members.

She is predeceased by her beloved husband of 51 and a half years, Glenn Boyd Robinson. They married June 29th/1963 and eventually settled in Stony Mountain, Manitoba, to be close to their daughter and grandchildren.

The family would like to extend their warmest appreciation to the Doctors, Nurses, Nurse's Aids, and hospital staff of Stonewall Hospital for their endless compassion and devoted care. Also, a heartfelt thank-you to the Healthcare Aids that assisted and visited

Bonnie, not only at home, but during her last stay in the hospital. Bonnie held all of these individuals in the highest regards and was always at ease in their care and company.



MacKenzíe

A memorial service will take place at a future date with details to follow. In lieu of flowers, please forward donations to Dr. Evelyn Memorial Hospital in Stonewall, Manitoba.

OBITUARY

Daniel B. McKee

This is to announce the peaceful passing of Danny, on May 11, 2018 at the Stonewall Hospital. Dan was born February 13, 1934.

He was predeceased by his mother Grace; father Jim; baby brother Mickey and mother to his children Ethel.

Dan left home at a young age of fourteen to go and work.

He loved his job as an engineer with CNR and then VIA Rail and retired in February 1999.

His favorite pastime was racing his chariot ponies and feeding and watching the deer and birds. He loved his farm.

Left to mourn his loss are his children Goldy (Gary), Cindy, Fern; grandchildren Lee (Karen), Adam (Melissa); great granddaughter Elliott; sister Iris (Glen); and niece Leah.

We would like to thank the doctors, nurses and healthcare aids who took excellent care of Danny during his stay in hospital.

In lieu of flowers donations can be made to the Stonewall and District Health Centre Palliative Care Unit.

As per Danny's wishes there will be no funeral service. A private family gathering, and burial will be held at a later date.

> MACKENZIE FUNERAL HOME STONEWALL (204) 467-2525 • info@mackenziefh.com

OBITUAR

Kathleen Yolande Richkun (nee O'Connor) August 6, 1945 - December 3, 2017

After a courageous battle, and now at peace, it's with heavy hearts and deep sadness that we announce the passing of our dear mother, mother in-law, grandmother, sister, sister in-law and friend, Kathleen Richkun. Kathleen passed away at the age of 72 years at the Riverview Medical Centre with family at her side.

Kathleen was predeceased by her loving husband Allan Richkun; her parents, Frank and Claudine O'Connor; her sister Geralda and her brother Douglas. She will be forever cherished, and lovingly remembered by her children, Melanie Werboski (Sheldon); Melissa Gauthier (Robert); Derrick St. Jean (Leanne); Jennifer St. Jean (Dale) and step-children Brenda Nash (Ron) and Robert Richkun (Paula); her brothers Lawrence and Patrick (Janet); and her grandchildren, Ryker and Mackie, Ayden, Jared, Carter, Shelby, Matthew and Nicole, Randy, Robyn, Ryan and Christopher; along with numerous nieces and nephews and special friends Ruth, Helen, Tara and Judy.

Kathleen was born in Creighton Mines, Ontario and moved to Stony Mountain in 1983 where she met and married the love of her life Allan Richkun. Kathleen enjoyed a successful and rewarding 30 year career at the Stony Mountain Penitentiary where over the years, she progressed to the position of Chief Sentence Manager and retired in 2014. Kathleen enjoyed playing baseball, curling, golfing and travelling with her husband. Kathleen's passion in life was to teach her children and grandchildren how to love, care and give. She will be forever remembered by her family and friends for her generosity, warmth, guidance and courage.

A celebration of Kathleen Richkun's life will be held on May 26th, 2018, 11:00 a.m. at the Komarno Cemetery with a luncheon to follow.

The family would like to take this opportunity to thank the staff on 3 East Wing, Palliative Care Unit at Riverview Health Centre for their expertise and kindness in caring for Kathleen.

In lieu of flowers, please consider making a memorial donation to the Palliative Care Unit at Riverview Health Centre, 3rd Floor, East Wing, -Steve, Matthew and Reid 1 Morley Street, Winnipeg, MB.



204-886-0404

Announcements Stonewall Teulon

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OBITUARY

Irene May Trann (nee Wiebe) Peacefully, with her family by her side, Irene passed away at the age of 78, in Winnipeg on Saturday, May 12, 2018. She was Oliver's rock throughout their sixty year marriage and

was the centre of the family; sharing a special relationship with each member. She was one of a kind; a "woman before her time". A Celebration of Life will be held at 12:00 p.m. on Friday, May 18,

2018, at MacKenzie Funeral Chapel, 433 Main Street, Stonewall, MB. A private interment will be held at a later date.

In lieu of flowers, donations may be made in Irene's name to the Heart and Stroke Foundation 1379 Kenaston Blvd Winnipeg MB R3P 2T5.

MacKenzie

MACKENZIE FUNERAL HOME STONEWALL (204) 467-2525 • info@mackenziefh.com

OBITUARY

William John Heaps

Peacefully, with family by his side Bill passed away November 30, 2017 after a brief battle to cancer at Johnson Memorial Hospital.

Interment to take place at 12:00 p.m. on Saturday, May 19. 2018 at the Stonewall Cemeterv.

A celebration of life will follow at the Stonewall Legion at 1:00 p.m.

The family would like to thank all the staff at Johnson Memorial. the ambulance attendants, and MacKenzie Funeral Home for all the care.

MacKenzie

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