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A nod to our nurses

TRIBUNE PHOTO BY JASMIN WOLF

This year National Nursing Week is being celebrated May 10-16 with the theme #WeAnswerTheCall. Nurses play important roles in a patient's health-care journey, and the pandemic has brought to light the courage and commitment nurses have in fulfilling those roles and providing exceptional care. Thank you for all you do! From left to right: Patrice Lee, RN; Lisa Taplin, RN; Teresa Andries, RN; Donna Stewart, LPN; Shaun Galbraith, RN; Phone Singthong, LPN; Angie McGuirk, pharmacist; Shannon L'Heureux, LPN student; Wendy Sadowski, ward clerk; Dr. Zahiri.

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The War Amps key tag service celebrates 75 years

By Jennifer McFee

The War Amps key tag service has been making a difference in people's lives for a milestone 75 years.

Not only does the service reunite Canadians with their lost keys, it also offers programs for amputees across the country.

The program got its beginnings in 1946 so war amputees could work for competitive wages while also providing a service to Canadians that would generate funds for the organization.

Today, the key tag service continues to employ amputees and people with disabilities.

Through the program, Canadians receive confidentially coded key tags in the mail each year. These key tags are registered to individuals' name and addresses.

If you have a War Amps key tag attached to your key ring and you happen to lose your keys, the finder can call the toll-free number on the back of the tag or place them in any mailbox in Canada. Then The War Amps will return the keys free of charge. They never sell, rent, trade or share their mailing list.

This key tag service is free, but anyone can choose to make a donation to the registered charity. Each fall, The War Amps mails donors a thank-you gift of peel-and-stick seasonal address labels, which provides further employment for Canadian amputees and people with disabilities.

The War Amps is also well known for its Child Amputee (CHAMP) Program, which offers services to child amputees and their families. The philosophy is to encourage child amputees to accept their amputations and develop a positive approach to challenges. The program launched in 1975 when war amputees' needs had been well served.

Through public support of the key tag program and the address label service, the CHAMPS program provides financial assistance towards the cost of artificial limbs and recreation devices. It also hosts annual seminars for child amputees and their



TRIBUNE PHOTO SUBMITTED

War Amps regional representative John Van Massenhoven is able to shoot a compound bow using a special device that allows him to release the arrow by moving his chin.

parents across the country.

For John Van Massenhoven, the CHAMPS program impacted his life in more ways than he ever would have imagined.

"I was 14 when I lost my arm in a farming accident. At that time I lived in a very rural area in Ontario and no one else in the area had an amputation that I was aware of," said Van Massenhoven, who now lives near the border of Rosser and Headingley.

"Thankfully, through the nurses in the hospital, I was going to the child amputee program, which is funded through the key tag service. That program was a pivotal moment to my adaptation to life as an amputee."

The program allowed him to connect with other people in similar situations. At the same time, it provided learning opportunities through the annual seminars.

"Myself and my parents could learn about all the current prosthetics that were available to me, including options for enjoying leisure and sporting activities. On the educational

front, scholarships that are also funded through the key tag service, allowed me to advance my career," he said.

"It was quite a pivotal tool to helping me and my parents adapt, learning what options were available to me and providing counselling and those day-to-day supports that I needed. It really became part of my life as an amputee from then on."

Now, at age 50, Van Massenhoven is committed to helping others as the War Amps regional representative for Manitoba.

"I am still involved with the program as a volunteer. That program was a key part of me overcoming those obstacles that were put in my way as a result of the disability. I went on to attend university and I went on to attend law school. I became a lawyer and I've practised law for approximately 20 years," he said.

"I've been now named through the province as a provincial mediator through the Manitoba Labour Board. It really has been key in giving me that confidence and the belief in myself that I could do whatever it is I wanted to do."

In addition to boosting his professional confidence, the program also brought benefits to the personal side of his life.

"Interestingly enough, it was through The War Amps program that I met my wife, who is also an amputee and she was born without her limb. She grew up in Winnipeg and we met while going to university. I moved to Manitoba approximately 23 years ago," Van Massenhoven said.

"She's very successful too with a career at a banking institution in Manitoba. We have teenagers, and in addition to our careers, we operate a hobby farm with about 500 acres in Headingley."

Van Massenhoven credits The War Amps with providing the support that allowed him to thrive.

"I have been a staunch supporter of that program ever since I became an adult. I have lived it, so I know what it can do. I know what transformation it provides to amputees and their families," he said.

"It's really allowed me to achieve whatever I wanted to do. It's set me on the path to success — there's no doubt about it."

For more information about The War Amps, or to order key tags, visit www.waramps.ca or call 1-800-250-3030.

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Stonewall council news in brief

By Jennifer McFee

- At the May 5 council meeting, Stonewall council passed second and third reading of a bylaw to establish the 2021 tax levy.
- At the same meeting, they passed sec-

ond and third reading of a bylaw to establish a rate for 2021 and 2022 for waste and recyclable curbside collection, removal and disposal service. This rate applies for all residential and institutional properties within town limits.

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Fundraising underway for Amaya's stem cell transplant

By Jennifer McFee

A local mom is raising funds for a life-changing medical procedure for her eight-year-old daughter, and a community of entrepreneurs has stepped up to help.

Last February, Amaya Dawson was injured in a head-on collision on Highway 236 that left her paralyzed from the mid-chest down.

Now her mom Alycia Dawson is raising funds to take Amaya to Thailand for a stem cell transplant that might be able to rejuvenate some of her spinal cord. The procedure is still pending final approval.

"There's been a lot of success at this facility. It's the same facility that the Humboldt Broncos hockey player went to," Dawson said. "I had called some places in the States and nobody there is taking international patients from Canada or around the world because of COVID. There is a sister facility from the Thailand one in Mexico, which would have been more convenient. Unfortunately, the COVID cases in Mexico are so high that I don't feel comfortable going there."

The cost of the plane tickets to Thailand plus the surgery, physiotherapy and accommodations for the mother and daughter will be close to \$40,000. The family has a good start on covering these costs, thanks to donations that poured in through a GoFundMe page after the accident. Dawson saved these donated funds in a tax-free savings account for Amaya, and now she's trying to raise the rest.

She has launched a Facebook group called "Amaya's Magical Garden," which will raise money through the sale of plants. Anyone can join this group and get involved. In addition, all the fundraisers hosted by other women's home businesses are posted on this page, which will be revamped to include other opportunities in addition to plants.

"All of the more common plants will have a set price. Then I also have some uncommon or rare plants, which will be more of an auction style because they're a bit more expensive," said Dawson, adding that she and Amaya both love plants.

"Some of the plants are my own that I've either propagated or I bought. But I didn't realize how much everybody was going to donate towards it, so there's probably going to be about 200 plants."

Adding to the efforts, local women have been showing their support through business initiatives.

Erin Peters sells Tiber River Naturals in addition to working as a secretary at Ecole Stonewall Centennial

School. She is donating her \$2 commission from every sale of 250-mL Lemon Drops and Muffin Tops hand soap, which cost \$10 each plus tax. She launched the fundraiser May 1 and sold more than 200 of these soaps within 48 hours — and orders are still going strong.

"It smells like a lemon poppyseed cake — so yummy! Pickup locations are Stonewall and Balmoral or orders can be directly shipped to their home for \$7.95," Peters said. "McLeod Tea House in town has offered up a space to sell soaps as well as the Oasis Juice Bar and Grill in Stony Mountain. There are now soaps for sale in both places."

The fundraiser will run until May 31 with the goal of raising \$1,000 to give directly to Amaya.

"This is not a Tiber River fundraiser, just one that I am putting on solely from my profits as a direct ambassador," Peters added.

"Currently, we have sold over 250 soaps so we are over halfway to our goal with lots of time left."

Anyone who would like to place an order can contact Peters at 204-612-3510, email peters.erin@outlook.com or visit mytiber.com/parties/8691.

Similarly, Tiber River representative Toni deLaroque is donating all 30 per cent of her sales commissions for the month of May to help Amaya get to Thailand for the treatment. She also donated products to create 28 mystery bags that she sold for \$50 each, with all the money going directly to Amaya. All bags sold out in 24 hours.

Overall, deLaroque's goal is to donate \$5,000 to the cause.

To order through deLaroque, find "Toni the Tiber" on Facebook, text 204-513-1551 or order directly at mytiber.com/parties/8971.

In another fundraiser, Avon rep Megan Deprez is donating \$2 per item purchased towards Amaya's travel and treatment. This offer will be ongoing until the trip to Thailand. A new brochure will be available every two weeks. To order, visit www.avon.ca/boutique/megandeprez002 or send her a message through Facebook.

Amanda Ward has created a Magical Unicorn inspired bundle of Saint makeup for \$119, and photographer Carolyn Fox will be raffling off the bundle at the end of the month to a lucky winner. Tickets cost \$5 each and proceeds will go to Amaya's trip to Thailand. To buy a ticket, contact Fox at photographytinyfox@gmail.com.

Fox is also donating 100 per cent of her commissions from Saint makeup sales generated through an online party event called "Magic for Amaya

and Makeup for Mama's."

For Dawson, she is humbled by all the support and hopeful that Amaya will be able to proceed with the procedure in July.

"With all of Amaya's medical records that I have sent to Thailand, she is so far approved to go. We are waiting for final approval after sending CT scan reports," she said.

"If we raise more than what we need, it's going to stay in Amaya's tax-free savings account because when Amaya is 12 years old, she's allowed to go for a spinal simulation surgery, which costs about \$100,000. And if the stem cell transplant actually does work and she regains some of her feeling back, she can go back every two years."



TRIBUNE PHOTO SUBMITTED

Erin Peters is donating \$2 from every sale of 250-mL Lemon Drops and Muffin Tops hand soap in support of Amaya.



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Balmoral 4-H members earn communications awards

By Jennifer McFee

Local competitors earned accolades late last month when 4-H Manitoba hosted its first ever virtual provincial communications extravaganza.

On Saturday, April 24, 60 4-H members competed in the Zoom event after rising to the top through a series of club-level and area-level competitions across the province. The well-attended virtual event included more than 100 families gathering virtually to enjoy the speeches and presentations, followed by awards.

Members of the Balmoral 4-H Club earned high rankings at the event.

In the Cloverbud Speech category, Kardyn Reimer earned first place for a speech entitled "Diamonds are a Girl's Best Friend."

In the Intermediate Speech category, Kristen Greigson earned first place for a speech entitled "A Year to Remember."

And in the Junior One Person Visual Presentation, Rebecca Sarb earned second place for her presentation entitled "I Love to Bake."

Program co-ordinator Linda McRae-Walker explained the reasons why the talented local competitors stood out as winners at the event.

"The Balmoral members used the correct voice, body language and appearance necessary to help deliver their message clearly," she said.

"Each member can choose a topic of their choice. Kardyn spoke about her love of softball/baseball. Kristen spoke on the events of 2020. Rebecca demonstrated how to make no-bake Oreo truffles."

Both the first-place and second-place winners receive a trophy commemorating the event.

Although 4-H Canada doesn't have a national competition, 4-H Manitoba offers to send two members, aged 11 to 24, to the Canadian Young Speakers in Agriculture (CYSA) competition at the Royal Winter Fair in Toronto.

"First-place winners in this age range are eligible to choose one of the CYSA speech topics, video themselves presenting the speech and send to us for marking," McRae-Walker said.

"Our judges will choose two members to represent Manitoba at the competition."

For those who participate in these types of events, the benefits are clear to see.

"Through participating in public speaking and visual presentations,

members actively learn how to communicate ideas and information with confidence," McRae-Walker said.

"Skill and comfort levels will vary among different individuals, but with guidance and practice, members should progress in abilities and comfort throughout their time with 4-H."

The international youth and volunteer organization provides members with the resources and activities to build self-confidence, communication and leadership skills while learning about a topic of their choice, she explained.

"Each member picks a project and works with a volunteer leader to develop their skills related to the project of choice. In Manitoba, there are over 80 interesting hands-on projects like beef, photography, outdoor living, machines, crafts and more," McRae-Walker said.

"Beyond projects, there are also club activities, provincial events and travel opportunities where members can meet new people, build friendships and have fun. Today, 4-H clubs in Manitoba are driven by thousands of 4-H members and volunteers, plus a strong partnership with Manitoba Agriculture."

During the pandemic, many Manitoba 4-H clubs adapted by using online technology.

"They were able to conduct their meetings and project sessions over Zoom. Manitoba 4-H Council offered several online sessions: Food Series, Equine, Babysitting, Beef and Cloverbud/Junior. These sessions were offered through Zoom once a week for six to eight weeks," she said.

"Our communications events were also held over Zoom this year. This was challenging but very rewarding in the end. It was wonderful to provide our members one of the most important aspects of 4-H this year — communications."

As the program co-ordinator, McRae-Walker extends her praise and gratitude for everyone involved.

"I would just like to mention how proud I am of all our members who stepped out of their comfort zones and took on the new challenge of communications online," she said.

"Also, a huge thank you to our volunteers. Without them, this would not have been possible."

For more information about 4-H Manitoba, visit www.4h.mb.ca or call 204-726-6136.

Volunteer Manitoba opens nominations for annual awards

By Sydney Lockhart

Volunteer Manitoba is looking for community members to nominate local volunteers for their annual province-wide volunteer awards.

The awards celebrate the contributions and time that volunteers in Manitoba have put in to helping others over the past year.

"Our role in the community is to promote and encourage volunteerism and highlight the good work that volunteers are doing right across our province," said communications manager of Volunteer Manitoba Dawn Bourbonnais. "We also work with the non-profit sector just to support charities and non-profits in their professional development and in getting their messages out."

The awards ceremony will be virtual

this year due to the pandemic and will be broadcast on their Facebook page in September.

Currently Volunteer Manitoba is looking for nominations, both groups and individuals can be nominated at www.volunteermanitoba.ca/awards

"It is to highlight the incredible work volunteers have been doing in this past year, especially during COVID. We know that volunteers were still going to work, even though we faced a lot of shutdowns and restrictions, people were still giving back to their communities in different ways," said Bourbonnais.

Nominations can be for multiple awards such as the Lieutenant Governor's Make a Difference Community Award or the Premier's Volunteer Service Award.

"We really just want to show people that through everything it has been a tough year for all of us, but there's really positive examples out there of folks who stepped up and met that challenge and gave back to their community and we really were looking for those nominations we want to hear those stories," she said.

Bourbonnais said they have heard stories of people doing delivery services and tax services for seniors needing to stay home to stay safe from COVID-19 and that even the seemingly small helping hands make a large difference.

"Showing people that volunteerism is still alive and well is really important because a lot of people this past year, I think have made the assumption that we can't volunteer right now,

or things have shut down so they don't need help," said Bourbonnais.

She added that they hope the nominations and awards will inspire younger generations to volunteer more.

"As a volunteer centre, we're looking at data that was just released by Statistics Canada and the overall percentage of volunteerism has gone down over time," she said.

Bourbonnais said they usually get anywhere from 300 to 400 nominations and that they would hope to see more than that this year despite the challenges of the pandemic.

"Let's spread the good news. Let's thank all these people," she said.

The deadline to submit nominations is May 24.

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> Got news?

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• GUEST COMMENTARY

The future of our students depends on this generation

Since the announcement of the provincial government's long-awaited response to the K-12 Review Commission, through Bill 64 (The Education Modernization Act) on March 15, thousands of Manitobans from every corner of this province have risen up in opposition. Their opposition is well-researched, well-presented and informed by the disastrous consequences that will play out if the Manitoba government proceeds according to plan. We strongly encourage all Manitobans to consider what their fellow citizens have to say.

The anti-democratic and illogical plans of this government to gut our public education system are heavily wrapped inside over 300 pages of sweeping legislation that the average Manitoban has little time to digest. What has been shared by government are a series of colourful sound bytes and propaganda pieces that are specifically designed to mislead. To put it mildly, the provincial government is banking on the fact that Manitobans will ignore the uncontested fact that their own vote and voices are about to be silenced. Given what's at stake here, Manitobans must ensure that this scheme is not successful.

Which brings me to the matter at hand: how do we succeed in preventing this time-bomb from going off?

The degree to which we can succeed, or even define our success, depends on the extent to which Manitobans understand the stakes and add their voices in opposition of these plans for education in the coming months. Since



Alan Campbell

the start of the COVID-19 pandemic, perhaps more than ever before, society as a whole has found itself turning inward. Through public health directives and often because, in the current context, where many have been left jobless or without access to key services, Manitobans are compelled to focus on themselves and their own issues. Who has time to consider the larger interests of community and the world around us? Some of government's loudest misinformation on Bill 64 ("No change for students and staff in schools," and "property tax rebates mean more money on your kitchen table") is fully dependent on this reality. In other words, "Nothing to see here, keep walking. We know you're busy and need more money so here is a rebate cheque, written on the backs of Manitoba's children."

The idea that Bill 64 will not impact students and staff in schools is simply ludicrous. The government has no other option but to levy more taxes to

make up for the hundreds of millions in annual losses that will result from these property tax rebates. However, it is not as simple as just pointing out these blatant contradictions. There is so much more that our fellow citizens must rise to achieve in the months ahead.

My request of you is to become engaged in the matters outlined. Do you get it? Are you concerned and infuriated about this government's assault on our public schools, communities and democratic rights? Yes? Then share your concerns with your friends and family. I'm asking you to have political, perhaps even challenging, conversations with people who believe that they don't have "skin in the game" to care or make a difference. You must help them understand why they should make time and find the energy because if they don't, the damage to their local public schools and communities will be too great. The changes proposed will happen all too quickly and this is exactly what the government is counting on. Additionally, I'm asking you, your family and friends to register to present to the legislative committee on Bill 64.

Every generation has its calling. From the Great Depression to the Second World War, today's stark challenge by our own government to eliminate our vote and destroy our schools in the midst of a global pandemic is ours. The future of our students, families and communities are depending on each one of us to do our part to meet this challenge.

Visit www.localvoices.ca to learn more about why you should care about Bill 64 and how you can meet this challenge head-on.

Alan Campbell is the president of the Manitoba School Boards Association and chair of the board of Interlake School Division.

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TRIBUNE PHOTO BY BRETT MITCHELL

Bison forage on specific grasses, forbs and trees. They create wallows and trails throughout the area. They add nutrients to the soil and they help propagate seeds, therefore contributing to the cycle of life and the health of the prairie. This herd of bison can be seen on west side of Highway 6 just north of St. Laurent. Help the *Tribune* record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: weather@stonewallteulontribune.ca

Province provides over \$75 million for businesses impacted by new public health orders

Submitted by Manitoba government

The Manitoba government is increasing its budget for the Manitoba Bridge Grant and will be making a fourth round of up to \$5,000 payments for eligible businesses and organizations to help protect them through the third wave of the COVID-19 pandemic, Premier Brian Pallister announced today.

"We delayed the third wave coming into Manitoba and now we have to shorten the time it is here. That is why on Friday we introduced new, strict public health measures to curb the spread of the variants and reduce the strain on our health-care system," said Pallister. "We recognize this quick closure for many businesses will have a significant impact on their operations, particularly the restaurant industry who we know were preparing for a

busy Mother's Day weekend. Our government remains committed to delivering the right programs at the right times to help individual Manitobans and businesses through these challenging times."

Through a fourth round of payments, the province will provide up to \$71 million in immediate financial support to eligible small and medium-sized businesses, not-for-profits and charities impacted by the #RestartMB Pandemic Response System. This brings the total program investment to \$286 million, which is \$86 million above the province's original commitment of \$200 million.

Eligible businesses that received prior bridge grant payments will automatically receive a fourth payment of up to \$5,000 beginning as early as Friday, May 14 and will be notified of

the deposit via email.

"CFIB is pleased the government of Manitoba is extending the Manitoba Bridge Grant automatically to businesses that previously received it and providing additional support to restaurants to help cover additional costs related to food spoilage," said Jonathan Alward, director, Prairie region, the Canadian Federation of Independent Business. "Just one-third of Manitoba's small businesses are making normal revenues for this time of year, so CFIB and other business organizations have called for this program to be extended as it has been an effective tool to provide financial relief to thousands of businesses across the province quickly and with minimum red tape." The province also announced

Continued on page 8

worship

with us > FAITH

*Wee, sleekit, cowrin, tim'rous beastie,
O, what a panic's in thy breastie!*

It was November 1785 when the Scots farmer Robbie Burns ploughed through a mouse's nest and thus was prompted in a poem on how we all live at the mercy of chance. It's a delightful poem, full of the thick Scots dialect and creaturely camaraderie. "I'm truly sorry," says Burns to his Mousie, empathizing with the rodent's perspective...

*Thou saw the fields laid bare an' waste,
An' weary Winter comin fast,
An' cozie here, beneath the blast,
Thou thought to dwell,
Till crash! the cruel coulter past
Out thro' thy cell.*

That said, he reminds the mouse that it isn't alone in proving foresight may be vain, since "the best-laid schemes o' Mice an' Men gang aft a-gley."

How about you? Have any of your plans gone a-gley over the past number of months? Are there things you had hoped for, things you had planned for, which have now been ruined the plough of chance? If yes, then there's a better word for you than Burns's poem...

Aren't two sparrows sold for a penny? Yet not one of them falls to the ground without your Father's consent. But even the hairs of your head have all been counted. So don't be afraid therefore; you are worth more than many sparrows.

—Matthew 10:29-31

What is Jesus saying here? That nothing — neither sparrows nor yourself — is subject to blind chance. While all of us will indeed go through "grief an' pain" in this life, we don't have to go it alone. We have a heavenly Father who cherishes us. For me, that's what really matters: Not some guarantee of a plough-proof existence, but the personal presence of God in the midst of the blast.

Pastor Daren Redekopp
New Life Church
daren@newlifestonewall.com

To hear more devotional thoughts in a daily audio format, subscribe to Pastor Daren's free podcast, *Crack the Good Book*, available at newlifestonewall.com and most podcasting platforms.

Ventura offers \$500 reward for information about break-in

Staff

Do you recognize these individuals?

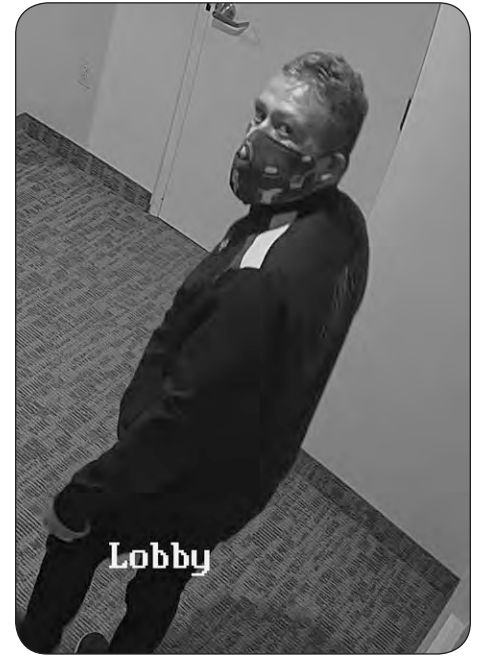
They were caught on a high-resolution security camera around midnight on April 28 breaking into the garage at The Renaissance in Stonewall.

Ventura Developments is now offering a \$500 reward for information leading to their capture.

"The Renaissance is a luxury building that already had enhanced security measures in place. We are committed to resident safety and have added additional security protocols, features, monitoring and improvements in order to further protect residents," said Ventura vice-president Tim Comack.

"It is our hope that the high-resolution images our state-of-the-art security system captured enable the RCMP to apprehend these culprits, while sending a clear message that we take the safety of our residents very serious. A \$500 reward is being offered for information that leads directly to the capture of these criminals."

Comack asks anyone who might recognize these individuals to send information to their private email account info@venturadevelopments.ca.



TRIBUNE PHOTOS SUBMITTED

These individuals were caught on security camera during a break-in at The Renaissance.

ISD staff navigate through third wave of pandemic

By Jo-Anne Procter

With COVID numbers soaring and staff away due to other personal conflicts including parental leave, long term medical etc., the ISD is experiencing challenges in several areas regarding vacancies.

In September the division was proactive and hired eight full time supply teachers. As of last week a total of 22 had been hired with four or five of those being new university graduates and university students who qualify for limited teaching permits to help get through May and June.

The substitute teacher list has been depleted as many have been hired for term and full time positions. Administration has made a dedicated effort

to sign on substitute teachers to the end of the school year.

The ISD is actively searching for substitutes to fill day-to-day and short-term positions. Any interested parties can contact the division via email hr@isd21.mb.ca

Updated COVID-19 protocols

Indoor singing and wind instruments will be suspended until further notice.

Those using fitness and weight rooms require 3 m. of physical distancing

The close contact definition is less than 2 m. for 10 minutes or more (cumulative throughout the day)

When a close contact is identified

the whole household must isolate.

ISD contact tracing

There has been a shift in the way that contact tracing is being done. ISD administration is working closely with public health and once someone is deemed a close contact staff jumps into action regardless of what day of the week or time of day. Administration staff lets families know on behalf of public health.

Schools are prepared to contact trace quickly. Each school bus driver and teacher take attendance morning and afternoon and each student has assigned seating making it easier to trace contact. Any person entering a school has to sign in and out with

their contact information.

School closures

Schools in Winnipeg and Brandon have been officially moved to remote learning. Other schools are to use their discretion. ISD currently has Woodlands Elementary on remote learning as of May 12 until May 21 due to COVID cases.

ISD is cognisant on how difficult this is on families and appreciates the patience and understanding of parents and caregivers as staff navigates through the third wave of the pandemic.

Students of critical care workers that cannot make childcare arrangements will be accommodated at school.

> \$75 MILLION FOR BUSINESSES, FROM PG. 9

an additional \$2,000 top-up for restaurants in addition to the \$5,000 Manitoba Bridge Grant payment to help cover the costs of food waste, employee wages, maintenance or insurance. Approximately 1,800 restaurants will benefit from this assistance, totalling \$3.6 million.

The province created the Manitoba Bridge Grant in November 2020 to provide upfront funding to businesses, not-for-profits and charities directly affected by public health restrictions and temporarily ordered to close their storefronts to the public.

The program was expanded to support home-based businesses indirectly impacted by public health orders. Eligibility criteria was later expanded to include hotels, resorts, lodges and outfitters, travel agencies, janitorial services companies and owner/operators of licensed passenger transportation businesses that saw demand for their services impacted by public health orders.

An additional \$2 million will also be provided to the Dine-In Restaurant Relief program to help restaurants shift their operations toward a delivery model. The Dine-in Restau-

rant Relief Program, administered by the Manitoba Chambers of Commerce in partnership with the Manitoba Restaurant and Foodservices Association, launched in January 2021 to provide a rebate to dine-in restaurants that shifted to a delivery model due to public health restrictions. The program helps offset costs related to delivery services, whether a restaurant provides its own delivery service or uses a third-party delivery company.

"While we urge Manitobans to stay home as much as possible over the next few weeks, we also want to en-

courage Manitobans to continue to support our many small businesses," said Pallister. "The best thing we can do for our local business community right now is to bend our COVID-19 curve down, so they can get back to doing what they do best, employ Manitobans and offer services Manitobans rely on."

More information about business supports in Manitoba are available at www.gov.mb.ca/covid19/programs/.

Barry Lamm's journey is gaining momentum across the country

The Lammer 6.0 Virtual Run is taking place May 23 through May 30

By Joshua Frey-Sam

It's been nearly two years since Barry Lamm, an eight-time marathon runner, got a life-changing call from his doctor after running the Chicago Marathon.

His doctor told Lamm he found an abnormal amount of prostate-specific antigen (PSA) in Lamm's blood — a strong sign of prostate cancer.

"The first thing you think is 'I'm going to die,'" said Lamm, a caretaker at Warren Collegiate Institute.

The PSA level in Lamm's blood was an alarming 7.3 ng/ml — well above the normal 0.6 ng/ml.

"I was pretty taken back by that news, but I knew it had a lot to do with family history."

Lamm's dad died from prostate cancer, and his older brother had the disease too.

An invasive biopsy that included 12 samples of Lamm's prostate in April 2020 confirmed he had developed cancerous cells.

Lamm's cancer was in the early stages and his oncologist recommended a prostatectomy — the removal of the prostate.

Lamm said he leaned on his wife, and his older brother, who had successfully undergone the same major operation, to help him make the decision.

"My wife has been my biggest supporter through this," he said. "It doesn't just involve you alone; it takes

the whole family."

In September 2020, three weeks after his prostatectomy, Lamm's doctor told him he was cancer-free.

As a former Boston Marathon competitor, Lamm ran daily before he was diagnosed with prostate cancer and pushed others to get out every day too.

So it began to concern those close to him when he stopped running altogether.

"I could see it in his face. He didn't have the drive anymore," said Fallon Campbell, Lamm's colleague of five years.

Campbell spearheaded a fundraiser to help reignite her friend's fire and spread awareness for cancer.

"Running is who he is as a person," said Campbell.

"We needed to get him back to where he was."

Campbell, along with eight students from her Grade 9 and 10 classes, created the Lammer 6.0 Virtual Run to raise money for CancerCare and celebrate Lamm on his 60th birthday.

The fundraiser will take place May 23 through May 30. Participants can run six kilometres or six miles at some point during the week.

The event is remote, so runners can choose where they want to run. The cost is \$30 for adults and \$15 for students.

More than 150 people across Canada have signed up for the event so far, raising over \$3,500 for CancerCare Manitoba.

"Whether you know Barry or not, we

"THE FIRST THING YOU THINK IS 'I'M GOING TO DIE.'"



TRIBUNE PHOTOS SUBMITTED

Lamm found out he was cancer-free last September after being diagnosed with prostate cancer in April 2020.

all know someone who is directly affected by cancer at some point in our life," said Campbell.

Lamm wants to continue being a calming voice for others who experience prostate cancer and an advocate of its im-

Barry Lamm has run 10 full marathons, including the Boston Marathon and the Chicago Marathon.

pact.

"I'm the proof you can be in shape and still get cancer," said Lamm.

"Go to your doctor. Go get tested."

Lamm is now back to running four times per week as he stays in shape for the next marathon he'll be able to run.

The deadline to sign up for the Lammer 6.0 Virtual Run is May 7, but late entrants and donations are welcomed.

Rosser council news in brief

By Jennifer McFee

At the April 27 meeting, Rosser council approved culvert applications from National Truck and Training School and Matrix Transport, as well as from Essex Freightway, Pluto Transport and Whiteland Services. The applicants need to cover the cost of supplies and installation.

Council passed third reading of a bylaw focused on fire prevention and control of wildland fires. In addition, the RM designated a burning ban in all zones and CentrePort lands effective April 28 until further notice. This ban includes, but is not limited

to, the burning of garbage, yard waste, agricultural waste, yard sites, industrial and construction waste, and straw and straw bales.

A public hearing provided highlights of the 2021 financial plan, which has a proposed mill rate of 5.83. Council voted in favour of adopting the 2021 financial plan.

At a special meeting of council on May 4, council voted in favour accepting a bid to buy a tandem truck from Transolutions Truck Centres Ltd. at a cost of \$85,838.89 plus tax. The purchase will be paid from the machinery replacement reserve.

Cargill gifts \$400K for new STARS helicopters

Staff

STARS is \$400,000 closer to replacing its aging fleet of helicopters thanks to a grant from Cargill.

The global corporation's gift will be used by the non-profit air ambulance to help purchase nine new, medically-equipped Airbus H145 helicopters at a cost of \$13 million each.

The aircraft will deliver critical care to patients across Manitoba, Saskatchewan, Alberta and parts of British Columbia for the next 30 or more years, STARS has said.

"Our supporters ride along with us on every mission, and we're so thankful our allies are helping us renew our fleet, particularly through these challenging times, when community support is so critical to our operations," said president and CEO Andrea Robertson in announcing the Cargill funding.

"These new aircraft are a generational investment in our ability to fight for the lives of Western Canadi-

ans for decades to come, and we're exceedingly thankful to Cargill for their financial support and leadership."

STARS has been flying missions in the new H145 aircraft from two of its bases since mid-2019. Thanks to government, community, and corporate support, they hope to see the remainder of the new fleet delivered by 2022.

Cargill is pleased to be able to lend them a hand in reaching that goal.

"At Cargill the safety of others is guided by our values of putting people first and doing the right thing. Safety extends well beyond our employees to our customers and the communities where we operate," said Jeff Vassart, president of Cargill Limited. "We are proud to support STARS and the critical emergency care they provide to rural and remote communities when it's needed most."

For more information about STARS' fleet renewal project, head to fightin-flight.ca.

Stricter public health orders now in effect

By Ashleigh Viveiros

Stricter public health orders went into effect Sunday in a bid to slow down the third wave of the COVID-19 pandemic in Manitoba.

Chief provincial public health officer Dr. Brent Roussin unveiled the new restrictions Friday evening, citing the skyrocketing number of cases in our province as the cause of these more stringent measures.

"Case numbers are certainly going in the wrong direction," he said. "The latter part of this week we've seen a dramatic rise in cases and that's translating into a dramatic rise in ICU numbers."

The daily case count inched up from 279 at the start of last week to 529 this past Sunday.

"These are some of the highest daily numbers we've seen," Roussin said. "We have to take these strong actions now to protect our health-care system, to protect Manitobans."

Under the new orders, outdoor gatherings that include people from multiple households are limited to a maximum of five people.

Restaurants, bars and patios are closed to in-person dining but can still offer take-out and delivery.



TRIBUNE PHOTO BY LANA MEIER

Pictured left to right: Monaco Gederon (back), Abigail Osborne, Grace Ward, Eva Learmond, Olivia Rivera and Edie Garton were all smiles at their practice last week. Unfortunately all games for outdoor sports and recreation activities have been cancelled effective this past Sunday.

Gyms, fitness centres, casinos, museums, galleries, libraries, day camps, dance/theatre/music schools and personal services such as estheticians, barbers, salons and tanning salons all must close.

Indoor community, cultural and re-

ligious gatherings are prohibited. So are indoor sports and recreation, including after-school activities.

Outdoor sports and recreation activities now have a maximum of five participants. Organized team games are not permitted.

Self-help gatherings are limited to 10 people.

Retail stores, markets and garden centres may open at 10 per cent ca-

capacity to a maximum of 100 people. Malls can open to 10 per cent capacity.

These orders will remain in place for at least three weeks, to Sunday, May 30.

Dr. Roussin urged Manitobans to not just heed these new restrictions but to do whatever they can to limit their contacts in the weeks ahead.

"These public health orders can't be written to guide every aspect of our lives," he pointed out. "We know that we all need to make personal choices to reduce the amount of contacts that are outside our households, and we need to act now."

"I know that Manitobans have done this before and I know we've been doing it now for 14 months, but we need to continue our efforts to keep these numbers down."

The government has upped the cost of fines for people found repeatedly violating public health orders.

Individuals who have received two or more tickets for failing to wear a mask will now pay \$486 for subsequent tickets instead of \$298.

Likewise, individuals who have received two or more tickets for other penalties under the orders will be fined \$2,542 instead of \$1,296.

Also, the penalty for failing to pay a ticket in the required timeframe (default conviction) has been doubled from \$50 to \$100. Fines for businesses had not changed as of press time.

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STONEWALL

Stay home, limit contacts, get vaccinated: Roussin

By Ashleigh Viveiros

Manitoba public health officials announced 502 new cases of COVID-19 and four new deaths on Monday.

The number of patients in hospital hit 215, 60 of which require intensive care.

A total of 42,453 lab-confirmed cases of COVID-19 have been identified in Manitoba since the pandemic began. We started the work week with 3,771 active cases, 37,683 recoveries and 997 deaths.

The current five-day COVID-19 test positivity rate is 11.6 per cent provincially and 13.8 per cent in Winnipeg.

Dr. Brent Roussin, chief public health officer, noted the spike in cases is tied to Manitobans having far too much contact with people outside of their own households.

"Since last Friday we've had more than 1,500 cases reported and that's why we had to take stronger public health action, that's why we had to move Winnipeg and Brandon schools to remote learning," Roussin said. Stricter public health orders went into effect Sunday.

"That's why we're asking Manitobans to stay home. The best way to limit the amount of contacts outside of your household is to stay home," Roussin stressed. "Really, go out for essential reasons, limit those contacts ... that's the best way that we can end these transmission chains."

We're all sick of these restrictions, Roussin acknowledged, but adhering to them is the only way to stem the tide of COVID-19 infection and prevent the health-care system from being overwhelmed.

"We saw in February and March of this year that these measures work. And we need them to work again," he

said. "This time, though, as we're implementing these public health measures we have increasing vaccination occurring."

"With every passing day, more and more Manitobans are protected."

Eligibility widens

Eligibility to be immunized at a super site or pop-up clinic continued to expand this past week.

At press time, anyone age 30 or older and Indigenous people aged 18 and older are able to book an appointment.

Also eligible is any adult who is pregnant, a client of Community Living disABILITY Services, works in any health-care setting, works as a front-line police officer or firefighter, or lives or works in selected priority communities (parts of Winnipeg and Brandon, Powerview-Pine Falls, and the entire Northern RHA, including Churchill).

Eligibility for the AstraZeneca/Covishield vaccine being administered at pharmacies and medical clinics includes individuals aged 40 or older and people aged 30 to 39 with priority health conditions.

"We really encourage all Manitobans to book your appointment to be vaccinated as soon as you become eligible," Roussin urged. "It really is our pathway out of these restrictions."

Head to protectmb.ca for the latest eligibility requirements or to book your appointment.

As of Monday, 565,219 doses of vaccine have been administered in Manitoba. The province expects to begin booking second-dose appointments of the vaccine on May 22, starting with people who are immuno-compromised or have other prioritized health conditions.

Provincial music and arts festival moves online

Staff

The Associated Manitoba Arts Festivals' Provincial Music & Arts Festival will be a virtual experience this year.

Participants are invited to send in videos of their performances in seven solo disciplines: voice, piano, strings, classical guitar, woodwinds, brass and percussion. There are also classes in Canadian composers and Mozart, musical theatre and Gilbert & Sullivan, chamber group and speech arts.

Each division features five skill levels of competition: preliminary, junior, intermediate, advanced and senior.

Due to the fact so many community music festivals were cancelled in 2021, the provincial event is offering direct entry classes for performers wanting to participate without having received an adjudicator recommendation at

their local festival.

Entrants will have the chance, virtually, to view the videos of fellow class performers and receive written and verbal adjudications.

The deadline for entries is Thursday, May 20. Full participation details and entry forms are available online at www.amaf.mb.ca.



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Home & yard

Addressing backyard pet waste

Pets benefit households in myriad ways. The Animal Health Foundation notes that being around pets can decrease cortisol levels, a hormone activated by stress. Pets also may inspire their owners to engage in physical activity, such as walks around the neighborhood or play sessions in the backyard, and a physically active lifestyle can reduce a person's risk for various diseases.

To reap the rewards of a pet, owners must be willing to put in the effort to care for companion animals. This includes those tasks that can be unsavory, such as cleaning up pet waste. Not only is pet waste messy, if left out and about it can be an eyesore, a health risk and affect the quality of the soil in one's yard.

Regular removal of pet waste benefits the environment as well as pets and their owners. There are a variety of solutions that can help people rid their lawns of pet waste.

- Put it in the trash. If allowed, plac-

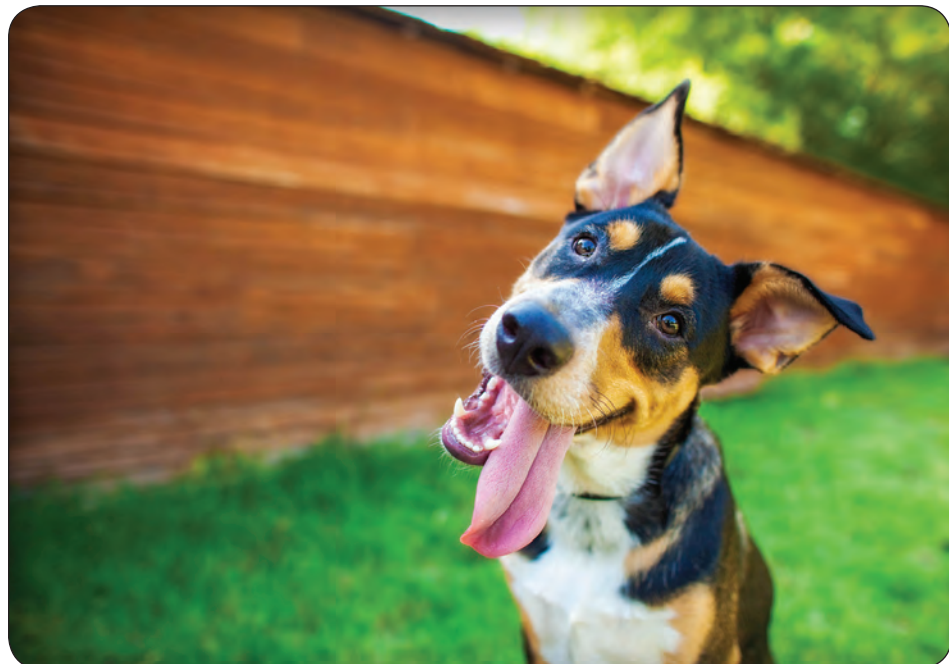
ing waste in a trash receptacle is an option. However, certain areas of the country do not allow feces disposal in landfills. Bacteria found in animal excrement also can leach into the environment if not handled properly.

- Flush it. Another solution is to flush waste down the toilet. But that is not always convenient and it requires owners to bring waste indoors. Do not flush cat waste that is covered in litter

- Utilize a sewer line attachment. This disposal system is connected directly to a septic tank or sewer line. It will require washing out debris and waste that gets stuck in the plumbing.

- Use an enzymatic dog waste dissolver. Soaking waste and using an enzymatic product can dissolve it more safely than using lime or another chemical. It can be used out in the open, or applied to waste stored in a receptacle.

- Create a septic-style composter. Some people create a mini septic station in their yards in which the waste




can break down and then dissolve into a predetermined corner of the property, away from where it can affect the landscape.

- Use a hose and water. Solid waste is not the only concern in the yard. Concentrated urine may contain high

Continued on page 14





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Home & yard

Bring your houseplants outside this summer

This summer, consider bringing your houseplants outdoors. Doing so will enhance the appearance of your garden and provide your plants with more light to grow. In particular, cacti, spurges and succulents will benefit from time spent outside. You can transplant them into flower beds or arrange them in pots. Hanging plants such as ivy, pothos and spider plants are a great way to adorn a pergola or gazebo. If you have large potted plants, use them as accent pieces for your deck or patio decor.

GIVE THEM TIME TO ADAPT

Remember that your plants need time to acclimate to outdoor weather conditions before being exposed to the elements full time. Start by placing them outside for a few hours a day. Make sure the temperature is above 12 C and that they're protected from wind, rain and direct sunlight. Gradually, you can increase the time your

plants spend outdoors. This process should take about two weeks. However, be sure to wait until overnight temperatures remain above 12 C before you leave your plants outside for the rest of the season.

PLANT INSPECTION

Before you bring your houseplants back inside, check them thoroughly for bugs. Shower them in warm water, including the underside of the leaves, to wash away any unwanted pests. If necessary, repot your plants prior to bringing them indoors.



SOUTH INTERLAKE PLANNING

Planning a Project this Construction Season?

Spring and summer are busy seasons for construction, and it's also a time when many are preparing to enjoy the outdoors.

With this in mind, the South Interlake Planning District (SIPD) would like to issue a reminder that Development and Building Permits are required for most types of construction, renovations, and structures (pre-built, site-built, temporary or permanent). These include but are not limited to: **Swimming Pools, Hot Tubs, Decks, Sunrooms, Gazebos, Pergolas, Sheds, Fabric Shelters, Interior/Exterior Renovations or Repairs, Solar Panels, Window and Door Installations (structural only), Basement Developments, etc.**

Permits help ensure that buildings and structures meet the *Manitoba Building Code*, which in turn increases the level of safety for everyone.

If you are unsure whether your project requires a permit or not, or if you have any questions, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information is also available on our website: www.sipd.ca

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Home & yard

Stay safe when working in the yard this spring and summer!

A day spent working in the yard is an ideal way to pass the time on spring and summer afternoons. A pristine landscape can add value to a property and instill pride in homeowners who put a lot of thought and effort into their lawns and gardens.

A sun-soaked day can make it easy to overlook potential threats when working in a lawn or garden. But safety precautions are of the utmost necessity when working in the yard, where the risk for serious injury is considerable.

Lawn- and garden-related injuries can be prevented without going to great lengths.

- Know your terrain before mowing. Knowing the terrain in your own yard can reduce the risk for accident or injury. This can be especially important when mowing the lawn with a riding mower. Adhere to manufacturers' recommendations regarding inclines to reduce tip-over accidents that can pin riders beneath the mower. Study

hilly areas of the yard prior to mowing so you know which areas are safe to mow with a riding mower and which areas are best mowed with a walk-behind mower. For greater control when using a walk-behind mower on an incline, mow parallel to the slope.

- Apply and reapply sunscreen. Sunburns may not require trips to the emergency room, but they can still be serious. In fact, the Skin Cancer Foundation notes that sunburn is a leading cause in the majority of cases of basal cell carcinoma, squamous cell carcinoma and melanoma, which is the deadliest form of skin cancer. The SCF recommends applying sunscreen 30 minutes before going outside to allow the sunscreen to bond to your skin. Reapply sunscreen at least every two hours, and more often if you're sweating excessively. The SCF recommends broad spectrum sunscreens, which protect the skin from both UVA and UVB rays. Though a product with a sun protection factor (SPF) of at least




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15 is acceptable when walking the dog or driving to work, the SCF advises using a product with an SPF of 30 or higher when engaging in extended outdoor activities like gardening or mowing.

- Employ the buddy system. Use the buddy system when pruning tall trees or performing any tasks that require a ladder. The Orthopedic Institute of Pennsylvania reports that more than 164,000 people are injured each year falling off a ladder. Ask a significant other or neighbor to hold the ladder in place while you climb up to reduce your risk of falling. If cutting large branches, cut them piecemeal to reduce the risk of being injured by heavy falling branches.

- Inspect the property for insect hives. The OIP notes that the most common insect stings in spring come from bees, wasps and hornets. Homeowners who are not careful can in-

advertently come across hives when doing spring cleanup, making them vulnerable to bites and stings. That can be very dangerous for anyone, and especially so for people with a history of allergic reactions to insect bites or stings. Inspect areas where you'll be working to make sure insects haven't put down roots in your property. If you discover any hives and are hesitant to remove them on your own, contact a local landscaping firm.

Lawn and garden accidents and injuries can be serious. Thankfully, accidents and injuries are easily prevented when homeowners take a few simple safety precautions while tending to their lawns and gardens.

> WASTE, FROM PG. 12

levels of nitrogen as well as salts and other compounds, according to The Spruce: Pets. These components alter the pH of the soil and cause patches of grass to die and turn yellow or brown. Females cause more damage because they squat and make a puddle of urine, while males tend to lift their legs and disperse the spray. Washing down areas where pets urinate can help dilute the urine and prevent damage.

Various products and strategies can help pet owners neatly and safely remove pet waste from their yards.

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Celebrating COVID style

By Jo-Anne Procter

Everybody loves a good parade and Argyle had a big one for a very special lady last Saturday.

Gwen Buchanan's family and friends honoured and celebrated her 65th birthday with a parade that included 50 vehicles. And to add a surprise to the retired school bus driver, seven decorated school buses joined the convoy, along with many former students.

Gwen and Bruce each spent 35 years in the drivers seat transporting students throughout the Interlake. Both of the school buses they drove were part of the parade.

Birthday parades have become the normal for celebrating all kinds of occasions due to the ongoing, ever-changing COVID-19 restrictions, including self-distancing and no outside guests.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Grosse Isle man publishes tell-all

Staff

In his recently released tell-all book, Grosse Isle resident Bill Massey describes having to scrape by from the very beginning.

Titled *Of Pork and Potatoes*, Massey's memoir describes early life on the rural family farm near Riding Mountain National Park, fighting for everything he had, and how his scrappy instincts have helped him in other well-publicized fights throughout his life.

"We were a poverty-stricken family with lots of issues. The book is about how I survived and used those experiences to gain knowledge and leadership skills, which I've then used in other battles," said Massey, recalling a six-week stretch as a child in which he ate nothing but pork and potatoes, even at school for lunch and then at home for dinner.

"My father was a World War II veteran. We can safely assume he suffered what is now known as post-traumatic stress disorder. It wasn't talked about so much then. He was a silent, bitter and angry man. He would break out in violent and uncontrollable rages from time to time."

Prior to the war, Massey's father had been engaged to a woman who had moved on from the relationship upon his return.

Massey said his father married his mother on the rebound, and the family developed from there.

"She was raised in a very dysfunctional family and had many of her own issues, too," said Massey.

"It's a story of my sister and I, and what life was like being raised in an environment like that; some of the issues we had to deal with and ways we confronted those problems.

"It's about how I tried to use those problems to build work ethic and integrity rather than succumb," he said.

In his adult life, Massey became a teacher and eventually moved into an administration role. He was instrumental in developing child abuse prevention programs and crisis intervention, going on to specialize in violent children.

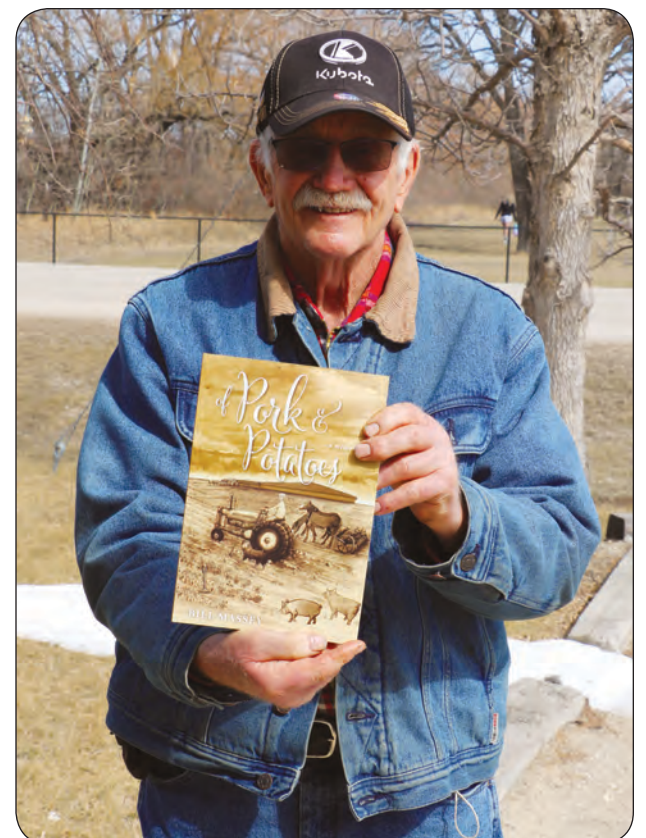
He would eventually share his knowledge and teach at the University of Winnipeg.

"There was a direct correlation between my childhood experiences and my work," said Massey.

The second part of Massey's memoir is about how the life lessons Massey learned as a young man translated into leading his community in a fight against the Province of Manitoba and the Rock Lake Colony's hog farm operation, a well-documented Interlake saga.

From Massey's view — which is shared by about 25 other Grosse Isle residents — the provincial government has interfered with local efforts to manage the Rock Lake Colony's hog farm operation. This fight is also documented in *Of Pork and Potatoes*.

Of Pork and Potatoes is available via FriesenPress Publishing, Chapters/Indigo, Amazon, and Barnes and Noble. Massey will have copies available in



TRIBUNE PHOTO BY LANA MEIER

Bill Massey holds *Of Pork and Potatoes*, his tell-all book discussing struggle of rural life post-Second World War.

person on May. 7. He also said he is interested in doing virtual book launches for interested groups.

For more information, visit billmassey.ca.

Nurses answering the call across the Interlake

By Patricia Barrett

With Manitoba having officially entered its third wave of COVID-19 infections and just starting out on another major lockdown, it shouldn't come as a surprise if nurses are too busy to notice that it's National Nursing Week (May 10-16), an annual event that recognizes their dedication to patient care.

Since COVID emerged in late 2019 and travelled the globe, leaving a massive swathe of death in its wake, there has never been a more apropos time to salute the nurses and the health-care aides who've been working flat out to save lives and stand in for family who can't be with loved ones dying from the deadly virus.

Yvonne Oxer, who has been a registered nurse for 43 years and has 51 years' experience working in health care, said the old ways of doing things have gone straight out the door since COVID popped up in Manitoba last spring.

"In all my years of nursing I don't think anything has impacted my job as much as COVID has since March of 2020," said Oxer by phone last Friday.

Oxer is the clinical team manager for the emergency department and special care unit at the now-named Selkirk Regional Health Centre, where she has worked her entire career. She manages nurses and health-care aides and works closely with physicians.

Unlike the disturbing and dramatic images rolling out of India, currently the epicentre of the world's worst COVID outbreak, Oxer said Manitobans aren't seeing people dropping dead in queues outside our local hospitals or victims' families pleading for supplies of oxygen or mass funeral pyres in the streets.

But the common denominator behind closed doors in hospitals across the province, including those in the Interlake, is people struggling to stay alive. And nurses are their witnesses.

"The general public here says they don't really see anything happening at the Selkirk hospital or other facilities in the Interlake. From a nurse that has been here day in and day out, I assure you nurses and other frontline workers are seeing the devastating effects of COVID," said Oxer. "And we're saying to the public to please help us by social distancing, wearing masks and getting those vaccines. I know there are some naysayers that don't believe COVID really exists, but it truly is a deadly disease."

Oxer said IERHA hospitals are seeing COVID cases regularly even if ER waiting rooms don't seem to be bustling. Depending on how bad the in-

fection is, patients may be at the hospital for a few hours, a few days or, in the worst case scenario, transferred to Winnipeg.

"It depends on the severity of the COVID case. Some COVID patients we see here in emergency just need education and support and can go home. Other patients might stay two or three days in hospital because they need IV fluids or supplemental oxygen to help them get over their symptoms," she said. "Sadly, we also see patients that don't do very well and we end up having to intubate them and send them to Winnipeg to the ICU. The sad thing is COVID is not specific to any one group; it doesn't matter whether you're rich or poor or young or old."

COVID and its more infectious variants have steadily crept higher in Manitoba over the past few months before really taking off last week.

On Monday, May 3, the province reported 250 new infections (20 in IERHA). By Sunday, May 9, those had more than doubled to 529 (27 in IERHA). On Monday of this week there were 498 new cases (25 in IERHA). The virus has so far killed 997 Manitobans (source: Manitoba government, May 10).

Oxer said she and her nursing staff have had to quickly adapt to a new system of patient care and practise to the nth degree what Florence Nightingale, the founder of professional nursing, preached with regard to infection prevention and control.

Donning and doffing personal protective equipment has increased their workload. Nurses have had to learn how different rooms in the hospital have been engineered to determine how quickly air exchange occurs (they have to close off rooms — before disinfection staff can enter — for a half to a whole hour or more after treating a COVID patient). They've also had to become design experts, carving up the ER and in-patient wards into zones for non-COVID, suspected COVID and confirmed COVID cases.

Then there are the extra-long shifts Oxer said she "tries not to" but sometimes has to "mandate" depending on the COVID load. She tries to mitigate those exhausting shifts by ensuring staff are well cared for.

"The most important thing we can do for our nursing staff, health-care aides and other staff is try to have a full complement of staff on shift," she said. "We try to make sure they get their breaks; they need those time-outs. In our facility, we're very fortunate that I don't have to mandate right now, but in some facilities in the prov-



TRIBUNE PHOTO COURTESY OF THE IERHA

The founder of modern nursing, Florence Nightingale [1820-1910] said, "I am of certain convinced that the greatest heroes are those who do their duty in the daily grind of domestic affairs whilst the world whirls as a maddening dreidel [a four-sided spinning top]." Yvonne Oxer, clinical team manager of the Selkirk ER and special care unit, said Nightingale exactly describes our present-day COVID pandemic where nurses are doing their duty and helping save lives. What the public does will determine the trajectory of the virus.

ince nurses are mandated to work 16 hours. It occurs quite frequently."

Staff are forced to maintain a relentless vigilance against a virus nobody can see, except under a microscope, and will experience emotional fallout after seeing the damage it can inflict on the human body.

"We can follow our processes and do our daily routines but when we see the emotions of family members that can't see their loved ones, it does take an emotional toll on every nurse. We also see the devastation of COVID. We see people become extremely ill. We see patients deteriorate and we know they'll have to go to Winnipeg [to an ICU]. All these emotions do impact us," said Oxer.

"The most difficult aspect of COVID is how our humanity has been challenged. We have to become the family members, the emotional care-givers and the support-givers because of the guidelines to prevent the spread of COVID. So the nurses do spend extra time providing comfort and support to patients."

After "difficult" cases, she said staff will have a debrief "to make sure each one of us are OK" and to figure out if there was something they could have done differently, she said.

Should COVID grow exponentially across the region, Oxer said the IERHA's senior leadership team has a contingency plan to expand bed capacity. At the Selkirk hospital, for example, a lounge can be turned into a

ward to accommodate some beds, and patients can be moved to other facilities to free up space for acute care.

"We might be the ones people see on the news, but there's a whole team behind us working very hard to ensure we have acute care beds available throughout the province," she said. "As much as frontline workers are seen as the heroes, there are a bunch of heroes standing right behind us."

A nurse or health-care aide may be the last person you see as you die from COVID and it will be their hand holding yours as family is kept out of the infectious zone, said Oxer. The best thing people can do to prevent such a scenario from happening to them is to relieve the pressure on the health-care system.

That means religiously practising the "fundamentals" we've all heard ad nauseam and will continue to hear because they actually work against the spread of the virus and are our only way out of infection and possible death until the world is vaccinated.

"The best thing the public can do is wear a mask, social distance and don't gather together in large groups. And the biggest thing they can do is make an appointment and get a vaccine. Help us defeat this. It's a horrible, horrible disease," said Oxer. "I can't express enough how important it is that everybody does that. Then maybe one day we can return to a new normal where it's not my blue-gloved hand holding your loved one's hand, but your hand holding theirs."

MS Walk goes virtual for a second year on May 30

By Tyler Searle

On May 30, thousands of Canadians across the country will mobilize in support of the MS Society of Canada during the organization's annual MS Walk.

The event is typically in-person, but 2021 will mark the second consecutive year the fundraiser has continued in a virtual format.

"Previously, our walk events would happen in communities across the country throughout the month of May," said senior director of community Jessica MacPherson.

This year, the MS Society asks people to participate remotely by getting moving on their own — together.

"One really powerful thing that has come out is the idea of Canadians — tens of thousands of people — all walking on one day, and there is really great power in that."

Karla Wasylik and her sister Lisa Sigurdson have participated in the MS Walk nearly every year since 2007. Together with their husbands, family and friends, they form a group known as Karla's Krew.

Wasylik is an avid supporter of the MS Society and facilitator of the Selkirk MS support group. She also lives with MS herself.

In the months leading up to the Walk, her crew typically bands together to host fundraising events and collect donations from the community.

Unfortunately, the pandemic is restricting them from organizing dinner-and-a-movie nights or fundraising raffles as they have done in the

past. Still, Wasylik, Sigurdson and their friend Kristin Swain are soliciting donations via social media.

Since its inception, Karla's Krew has raised a total of \$58,162, and, with fundraising season in full swing, that number is growing.

Wasylik credits the substantial patronage to her friends, family and supporters who have dedicated their time and money to help her and other Canadians living with the disease.

She is proud of what her community has accomplished but said the number doesn't matter.

"Just knowing that we are doing something for people living with this disease means everything."

Multiple sclerosis (MS) is an autoimmune disease that affects the body's central nervous system. Symptoms include weakness, vision problems and cognitive impairment. The effects can be highly volatile — often varying in intensity at a moment's notice.

The disease is most common among young adults aged 20 to 49, and Canada has one of the highest rates of MS in the world. Data from the MS Society suggests an average of 11 Canadians are diagnosed with MS daily.

Canada is also a global leader in MS treatment. Some of the most groundbreaking and innovative MS research happens at the University of Manitoba, MacPherson said.

In December 2020, scientists from the university discovered a protein that declines in the early, pre-symptomatic stages of MS. This discovery has the potential to aid in early di-



TRIBUNE PHOTO SUBMITTED

Left to right: Kristin Swain, Karla Wasylik and Lisa Sigurdson are walking with Karla's Krew in this year's MS virtual rally on May 30. The trio are hoping to raise \$4,000 this year.

agnosis, targeted disease prevention, and treatments.

Fundraisers like the Walk facilitate research and fund educational and peer support programs for people living with MS.

"I think it's important that people know that every time they do make that \$50 pledge or \$25 pledge to an MS participant, it does make a difference. It has great impact," MacPherson said.

Wasylik has felt the impact firsthand.

Living with MS can be difficult and debilitating, and Wasylik does not go untouched by the disease, she said.

"I am lucky that in the times where I was not able to put forth the effort, my family and friends were there in my place, walking and fundraising and organizing, especially my sister."

Seeing the fruits of her crew's labour keeps Wasylik motivated.

"Since I was diagnosed until now,

there's been so much progress in research in treatments and programs," she said.

Communities who come together to support their family members or neighbours afflicted by the disease create the foundation that supports the MS Society, MacPherson said.

The MS Society is hosting a virtual rally on May 30 to coincide with World MS Day. On that day, they encourage people to participate by going for a walk in their community and posting on social media.

People are welcome to stream in and celebrate the fundraiser with MS supporters from across the country. The virtual rally will also feature inspiring stories from people who are living with MS, MacPherson said.

People who want to join the rally, donate to Karla's Krew, or register for the MS Walk, can do so at mswalks.ca.

Remote learning due to COVID exposures

Staff

On Thursday, May 6, parents at Woodlands School received a letter from the Interlake School Division indicating that a community member shared knowledge that there were two confirmed COVID-19 cases at Woodlands Childcare. Those who tested positive had last been at the childcare centre on Tuesday, May 4, when one of them may have been infectious.

That evening, the superintendent's department hadn't yet been contacted by public health. Out of an abundance of caution, they closed Woodlands School to all students and staff on Friday, May 7.

Also, on Thursday, May 6, parents at Warren Elementary School received a letter from the Interlake School Division indicating that a community member shared knowledge that there

was a confirmed COVID-19 case at the school. The person who tested positive was last at school on Thursday, April 29 and may have been infectious.

By 8 p.m. that evening, the superintendent's department hadn't yet been contacted by public health. Out of caution, they closed Warren Elementary School to all staff and students for Friday, May 7.

Then on Sunday, May 9, Woodlands School families received a letter from the Interlake School Division indicating that they are remaining in constant contact with public health officials. Parents learned that all programming at Woodlands School will shift to remote learning from May 11 to 21 since there have been multiple positive cases at Woodlands Childcare and Woodlands School.



TRIBUNE FILE PHOTO

Woodlands School and Woodlands Childcare Centre are both closed from May 11 to 21 for remote learning after a number of students tested positive for COVID.

Consultations will continue with Manitoba Education and public health regarding programming for Tuesday, May 25 and beyond.

Woodlands School staff is reaching out to parents and guardians who are critical services workers, according

to the information they provided to the school division in November. The school will also accommodate children over age 12 if they have a disability that precludes them from being able to stay home independently and their parent is an essential worker.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

McDonald moving to Manchester, England, for football

By Brian Bowman

For years, Isabelle McDonald has played football here in Manitoba.

But she will soon be making some tackles in England.

McDonald will be heading to Manchester, England, later this month as she will be playing football for the Manchester Titans' women's team.

The Titans women's team have been at the forefront of the growth of the women's game. Having played in the Sapphire series since 2014, they were one of the founding members of the women's premier division in 2015 making the semifinals in both 2017 and 2018 to be ranked the fourth-best team in Great Britain.

"I'm super excited," said McDonald last week. "I can't wait. My plan to go to England has been in the works for the last couple of years but with COVID and shutting down my women's season this year, I decided to pursue it even more. It's going to be amazing."

McDonald, a linebacker and former Interlake Thunder player, wanted to make sure that her Manitoba Fearless women's team was not going to have a season this year. Once that was con-

firmed, she contacted Manchester and they welcomed her with open arms. The team has already been practicing for a couple of weeks.

After her 10-day quarantine, McDonald will be playing football in England. She will also be working out there as her mom was born in England, meaning McDonald has dual-Canadian/England citizenship.

She has never been to England before but McDonald, 19, is very excited for the new experience.

"I'm excited to take this new challenge and have been looking forward to it the last couple of months," she said. "I've been kind of keeping it under wraps just in case it didn't happen. I'm starting to tell people now and it's starting to feel real. In about three weeks, I'll be hopping on a plane and it's all sinking in."

Football-wise, it's also going to be a different experience. The Titans play American football which has four downs. As well, there are seven players on both offence and defence.

"I'm actually going back to my roots with the (Manitoba Girls Football Association) which is six a side and I love



TRIBUNE PHOTOS SUBMITTED

Isabelle McDonald will be playing football for the Manchester Titans in England this season.

that type of football," she noted. "I'm pretty excited to get back to my roots."

McDonald admits she will definitely be homesick as she leaves her friends and family back here in Manitoba.

"I know my parents are going to be constantly calling me and FaceTiming me," she said. "I'm not going to be missing their faces but I'll definitely miss their hugs."

Canada West announces 2021-22 schedules

Submitted by Canada West

Canada West member institutions affirmed their commitment to return to conference competition in 2021-22 at the virtual Canada West AGM May 4-5.

Conference members signalled their intentions to return to regular season play with the formal approval of alternative sport formats for 2021-22. The alternative formats, which have a greater focus on regional play where possible, provide a viable option for the conference to move forward in planning to stage a full Canada West season that would begin this fall.

"In addition to the health and safety concerns that we all have been facing this past year, our members also face a significant amount of financial uncertainty stemming from the COVID-19 pandemic," said Canada West

President Curtis Atkinson. "Today is a positive step forward in returning to Canada West competition in a feasible, safe, and fiscally responsible way."

The change to formats will be in effect for the 2021-22 season only, after which formats will return to their previous models. Alternative formats were adopted for one season in the following sports: football, soccer, hockey, basketball and volleyball. The formats for championship sports remain as currently scheduled.

"The Schedule Format Committee has worked tirelessly for the past number of months to propose various formats, fitting any number of criteria, to get us to a place where today, we feel as though we have a plan that will allow our student-athletes, coaches and all of our stakeholders to see the return of Canada West play," Atkinson

added.

"It's important to also recognize and thank my fellow board members and the COVID-19 Task Force for their devotion and leadership as they have continued to navigate through the difficult decisions that have needed to be made over the last year. While the work has been challenging, they have continued to work towards the end goal of getting our student-athletes back to competition."

The alternate formats may require further adjustments which will be addressed as the permissions and approvals for return to competition are known. In order to begin a 2021-22 Canada West season, members will still need to receive permission to return to sport competition from their institutions and receive clearance from the health authorities in their re-

spective provinces.

"Ultimately, I commend our membership for showing their commitment to playing a Canada West schedule, providing an opportunity for programs to compete at conference championships and ensuring that our student-athletes are able to appropriately prepare to vie for national titles with the approval of these alternate formats," said Canada West managing director Rocky Olfert.

"We will continue to monitor the decisions made by provincial governments and health authorities across the four Western provinces, along with any further financial impacts experienced by our members to ensure that we remain on a pathway to play a Canada West season."

Full Canada West schedules will be released at a later date.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Klimpke joins forces with Simmons for Olympic pre-trials

By Ty Dilello

Déjà vu! In an almost mirror image of four years ago, Saskatchewan-born curler and two-time Brier champ Pat Simmons is coming out of retirement to skip a Manitoba team and attempt to make a run at the Olympic Pre-Trials.

Just a few weeks after Winnipeg Beach's Colton Lott and East St. Paul's Kyle Doering were unceremoniously dumped by their skip Tanner Horgan in favour of a new Ontario-based team, they reached out to an old teammate to see if he would come out of retirement once again to chase the Olympic dream.

"It was definitely a surprise when Kyle reached out to me and pitched the idea to return to competitive play and skip their team at the Olympic pre-trials this October," said Pat Simmons. "With their team being in the same unique position as four years ago and the familiarity I have with Colton and Kyle, I thought it would be a great opportunity to give it another shot."

The 46-year-old Pat Simmons is a chiropractor by trade but currently works with CurlSask as its director of high performance. He is best remembered for winning back-to-back Tim Hortons Brier in 2014 and 2015, respectively. He also won a bronze medal at the 2015 World Championships.

"With Tanner Horgan leaving our team and not much time left to prepare for the Olympic pre-trials, we decided to look for a seasoned skip that would be used to the pressure in the upcoming months," said Colton Lott. "When Kyle suggested asking our previous skip Pat to return, I was very excited at the possibility of curling with a player of his stature."

Colton's older brother Tanner and Stonewall's Emerson Klimpke will round out the new Simmons team and rotate at the lead position throughout

the season.

By virtue of the Interlake team's performance over the past few seasons on the World Curling Tour, they have likely already qualified for the Olympic pre-trials in early fall. From there, they will need a solid performance to advance to the main Olympic Trials.

During the last cycle for this team at the 2017 Olympic pre-trials, things didn't go smoothly for Simmons and company as they finished last in their pool with a 2-4 record, failing to even qualify for the playoffs.

"Four years ago, our team was known as 'Pat and the kids,'" said Kyle. "We were very inexperienced. It was our first ever pre-trials, where this go-round, Colton and I have already played with Pat, we know what to expect, and we're four years older."

Although the COVID-19 pandemic cancelled most of this past 2020-21 curling season, Colton Lott certainly made the most of it in the Calgary bubble.

Lott won a silver medal at the Canadian Mixed Doubles Championship in March with fiancée Kadriana Sahaidak and spared for John Epping's team during two Grand Slam events last month.

"His success in mixed doubles doesn't surprise me, but obviously, it adds more confidence to the team," said Doering. "We already knew he could make any shot. It's nice to have such a world-class person at the third position, and then bringing on Pat with his experience and resume will make this quite a unique and dynamic team, I think."

The Canadian Olympic Curling Trials will take place Nov. 20-28 in Saskatoon to determine Canada's men's and women's teams for the upcoming 2022 Beijing Olympics. However, Team Simmons will have to first play in the pre-trials event scheduled for Oct. 26-31 in Liverpool, Nova Scotia.

"We have a lot to build on, and it's



TRIBUNE FILE PHOTO

Stonewall's Emerson Klimpke releases a stone at the U21 provincials in 2019.



TRIBUNE PHOTO SUBMITTED

Two-time Brier champ Pat Simmons is teaming up once again with Interlakers Colton Lott, Kyle Doering, Tanner Lott and Emerson Klimpke to make a run at this fall's 2021 Olympic pre-trials.

going to be an exciting whatever sort of season," Doering said. "Just knowing Colton and we've already curled with Tanner, it could be something

special. We can't wait to get things going in the fall."

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Balmoral Childcare Centre is currently looking for a substitute to become part-time in the fall, with continued hours as a substitute. Qualified candidates enjoy being outdoors, good sense of humour, adapts easily to change, and has a passion for working with children. Email resumes to balmoralchildcare@gmail.com Deadline is May 21, 2021. Only candidates to be interviewed will be contacted.

HELP WANTED

Construction labourer needed, must have ability to use power/hand tools, concrete experience an asset but not necessary, must have valid drivers license \$15-18/hr. 204-785-0641.

MISCELLANEOUS

Wood futon frame, \$100; Redwood phone table, \$200; single bed, like new, \$500; child's desk set, white, \$25; propane BBQ, new cond., \$100. Ph. 204-886-0126.

There is evidence that nations other than Israel observed a Sabbath day (Sunday) from earliest times. The Sabbath day was instituted by God at creation (Gen 2 vs 1-3). The Lord's Day is the heritage of our nation and Sunday observance was written into the laws of our land, just as the commandments concerning stealing and murder. For more on the Christian Sabbath day visit our website www.clda.ca

- Shop Local -



THE RURAL MUNICIPALITY OF ST. LAURENT CAREER OPPORTUNITY

Assistant Chief Administrative Officer (Finance & Administrative)

The Rural Municipality of St. Laurent is inviting applications for the full-time position of Assistant Chief Administrative Officer (CAAO).

The CAOA will assist in the management and implementation of all aspects of daily municipal finance and administration. We are seeking an individual that has *advanced skills in accounting*, and has the ability to lead, oversee and implement organizational administration, assisting, reporting to and taking direction from the CAO. A high level of ability to communicate and assist staff, council, and the public will also be expected from the successful candidate and excellent human resource skills will be required.

The CAOA may be expected to assume the authority and duties of the CAO in an acting capacity when appointed to the role in the CAO's absence. Assuming the roles and responsibilities of other staff in extended absence may also be required from time to time.

Assets considered: CMMA course certification or extensive experience in local government/public sector environment; high-level accounting and managerial skills/background; knowledge of federal, provincial and municipal legislation; extensive computer and software (accounting and Microsoft) experience; political and financial acumen; and an individual who has excellent French language communication skills as well would be ideal.

The successful candidate can expect a salary and benefit package reflective of their experience and qualifications, starting at no less than \$21.00 per hour. Interested individuals may submit a cover letter* and resume with three references to:

Hilda Zotter
Chief Administrative Officer (CAO)
The Rural Municipality of St. Laurent
16 St. Laurent Veterans' Memorial Road (Inside St. Laurent Recreation Centre)
P.O. Box 220, St. Laurent, Manitoba ROC 2S0
E-mail: cao.rmstlaur@mymts.net
Fax: 204-646-2705

*IMPORTANT: In your cover letter, please briefly describe each of your assets that would make you the ideal candidate for this position. Also, all prior work experience should be listed including name of employer.

If you have any questions, please call the CAO at 204-646-2259. A complete job description is available upon request. The deadline for submitting your Resume is Wednesday, May 26, 2021 at 4:30 p.m. however this posting will remain open until a suitable candidate is found. The position is to commence June 21, 2021. We thank all that apply; only those selected for interview will be contacted.



EMPLOYMENT OPPORTUNITY

The Town of Teulon is now accepting resumes for
Seasonal Grounds Maintenance/Public Works

Youth positions. Applicants must be 16-29 years old.

Submit resumes to:

Town of Teulon c/o Andrew Glassco, CAO
Box 69, Teulon, MB R0C 3B0

Or via Fax or E-Mail

Fax: (204)886-3918

Email: info@teulon.ca

Phone: (204) 886-2314

Deadline for resumes: **May 27, 2021 at 3:00 p.m.**



Rural Municipality of Armstrong

EMPLOYMENT OPPORTUNITY YOUTH EMPLOYMENT

The Council of the Rural Municipality of Armstrong invites applications for the following positions:

2 Green Team Summer Students

Qualifications

- Valid Class 5 Manitoba Drivers' license
- Knowledge in the operation and maintenance of riding mower, push mower, weed eater
- Knowledge of safety procedures and of the use of safety equipment
- Ability to do physical labour
- Available from July to August
- Must be 16 to 29 years old (consideration will be given to those 15 years of age who obtain a certificate of completion for the Young Worker Readiness Certificate course)

Further information may be obtained by contacting the Office at 204-278-3377.

Written applications to be submitted by 4:30 p.m., Friday May 21, 2021 to:

RM of Armstrong Office
Box 69, Inwood, MB ROC 1P0
Fax: 204-278-3437
Email: cao@rmofarmstrong.com

EMPLOYMENT OPPORTUNITY



Recreation Facility & Grounds Attendant

The Teulon-Rockwood Recreation Commission is seeking a qualified individual for the position of Recreation Facility Attendant at the facilities that are run by the Recreation Commission.

The successful applicant's responsibilities will include but are not limited to grounds and facility maintenance, including cleaning, custodial and minor repairs, performing routine maintenance on equipment, maintaining campground facilities, collecting camping fees, event set up and take down. This person must be able to operate equipment related to the facilities including mowers, tractors, string trimmers, etc.

Applicants must be able to work evenings and weekends and have a valid driver's license.

Resumes need to be submitted by 4:00 P.M. on May 21, 2021

Teulon-Rockwood Recreation Commission
teulonrockwoodrec@gmail.com
Box 69, Teulon Manitoba ROC 3B0

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Stonewall Teulon
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MISCELLANEOUS

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NOTICES

Urgent Press Releases - Have a newsworthy item to announce? A cancellation? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab or Email classified@mcna.com for more details.

LOST

Lost blue and orange hearing aid possibly in the Stonewall Pharmacy parking lot on March 30. 204-391-7423.

WATER TREATMENT

Waterite dealer. Water softeners 30,000 grain \$598. All sizes. Five stage reverse osmosis systems \$246. Filter 10" sediment \$3.40 and 10" carbon \$6.40. Greensand iron/ odour/manganese removal filters \$780. All Seasons Furnishings 204-661-8581.

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FARM PRODUCE

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or Email
igraphic@mts.net

NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Olaf Walter Emanuel Holm, late of the Town of Stonewall, in Manitoba, deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 16th day of June, 2021. DATED at Stonewall, Manitoba this 6th day of May, 2021. **GRANTHAM LAW OFFICES** Solicitor for the Executor

- Support Local -



We are currently seeking experienced, goal oriented individuals for employment in a number of areas: Class 1 drivers, Foremen, skilled laborers, sewer & water personnel, directional drill personnel, excavator, dozer, grader, rock truck, loader and packer operators.

We offer competitive wages, comprehensive benefits plan, Safety training and a safe work environment.

Requirements are: minimum class 5 driver's license, positive work attitude, able to work well with others or alone, safety oriented, work extensive summer hours including some weekends, work away from home.

If you are interested in joining a well-established and growing company with room for advancement, please visit us at 1200 Lorne Ave. E. in Portage La Prairie, MB to fill out an application, apply online at www.efmoon.ca, or email a resume to todd@efmoon.ca

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Estate & Moving

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Green Acres Art Centre (GAAC) is a non-profit organization located in the entrance of the Green Acres Park. The GAAC offers yearly and summer art, culture and wellness programs for people of all ages in the community of Teulon and surrounding area.

CAMP COORDINATOR

As part of a Canada Summer Jobs Grant, GAAC is seeking TWO mature outgoing individuals who are creative, enthusiastic and reliable leaders with a positive attitude who enjoy working with youth. The successful candidates will be responsible to oversee day or evening camps under the direction of the GAAC Board of Directors. Camp Coordinators will be strong leaders who create and maintain a safe and fun working environment for all employees and campers. They will be required to assist with the planning and daily preparations of camp activities.

Qualifications:

- Experience & interest with working with youth ages 5-17
- Post-Secondary Schooling in Education an asset
- Experience in a Leadership/Supervisory Role
- Ability to work independently and as a team
- Excellent organizational and time management skills with the ability to multi-task
- Excellent interpersonal, written and oral communication skills
- Experience with Organizing Events an asset
- Art skills – interest & skills in drawing/painting, playing musical instruments, theatre and dancing experience an asset
- Athletic skills – interest, knowledge & ability to assist with a variety of sports an asset
- CPR Training an asset
- Provide Criminal Record & Child Abuse Checks

There are two positions - one position for day camp (ages 4 – 10) and one position for evening camps (ages 11 – 17).

Each Camp Coordinator position will be for 8 weeks with a minimum 30 hours per week to a maximum 40 hours. Positions will be scheduled Monday-Friday, starting at the end of June. Salary will be paid hourly and will be determined based on experience. Applicants must be between the age of 15 and 30.

Please email resumes with the Subject "Camp Coordinator" to gaac@mymts.net by Friday May 28, 2021. Only candidates considered for an interview will be contacted. No phone calls.

*The GAAC is committed to following Public Health Orders. Employment may be subject to change as the provincial guidelines are updated

CAMP LEADER

As part of a Canada Summer Jobs Grant, GAAC is seeking FIVE mature outgoing individuals who are creative, enthusiastic and reliable leaders with a passion to work with youth. Camp Leaders will be positive role models who provide campers with guidance, assist with daily activities and create a fun learning environment for all campers.

Qualifications:

- Experience & interest with working with youth ages 5-17
- Experience in a Leadership Role an asset
- Ability to work independently and as a team
- Excellent organizational and time management skills with the ability to multi-task
- Excellent interpersonal, written and oral communication skills
- Art skills – interest & skills in drawing/painting, playing musical instruments theatre and dancing experience an asset
- Athletic skills – interest, knowledge & ability to assist with a variety of sports an asset
- CPR Training an asset
- Provide Criminal Record & Child Abuse Checks

There are five positions – applicants must have flexible daytime and evening availability.

Each Camp Leader position will be 8 weeks and a minimum 25 hours a week to maximum 35 hours. Positions will be scheduled Monday-Friday, starting at the end of June. Salary will be paid hourly and will be determined based on experience. Applicants must be between the age of 15 and 30.

Please email resumes with the Subject "Camp Leader" to gaac@mymts.net by Friday May 28th, 2021. Only candidates considered for an interview will be contacted. No phone calls.

*The GAAC is committed to following Public Health Orders. Employment may be subject to change as the provincial guidelines are updated.



MANITOBA HOUSING Caretaker Services

Manitoba Housing is compiling a list of suppliers interested in providing Caretaker Services to the location(s) listed below, **2 Contracts to be awarded**. Contract review meeting **must** be attended to be considered eligible and receive Request for Quote.

CONTRACT 1 – STONY MOUNTAIN – 12 Units

Hilltop Manor – Building (12 Units)

CONTRACT 2 – STONEWALL – 28 Units

Crocus Manor – Building (28 Units)

Housing must be made aware of interest by May 20, 2021.

For additional information please contact:
Manitoba Housing
Phone: 204-239-3680
Toll Free: 1-866-440-4663

Announcements

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Stonewall Teulon
Tribune

IN MEMORIAM



Dominik Krupnik

October 5, 1923 – May 12, 2016

Dad was the cornerstone of his family. Never would he ever not allow any family member not to enter the family farm. Nor place money or material things as an idol. Always treated his family equal and good to everyone.

-Greatly missed,
Wanda Gossilin and
son Ed Krupnik

IN MEMORIAM



George Griffin

November 9, 1926 – May 16, 2020

His nature was loving and giving,
His heart was made of pure gold;
And to us who truly love him,
His memory will never grow old.

-Lovingly remembered and sadly missed by
Jean, Lorne, Thelma
and families

OBITUARY

Gary Walsh

May 12, 1946 - May 6, 2021

A kind and quiet man, whose greatest joy and source of pride was his family (his Kubota was pretty high on the list too...). Longer obituary will follow at a later date.



OBITUARY

Walter Holm

With family by his side, Olaf Walter Emanuel Holm passed away peacefully on May 1, 2021, at Rosewood Lodge Personal Care Home in Stonewall, Manitoba. Those who knew him would say it was 94 years well spent.

Walter was kind, caring, calm, hard-working and generous. Born April 5, 1927 at home in the Scandinavia District near Erickson, Manitoba, Walter was the third child of six, born to Eugene and Ruth Holm. He was proud of his roots.

From a young age, Walter worked on his family's mink and fox farm and attended Nedrob School. In 1944, his family moved to Winnipeg where he helped his Dad manage the National Mink and Fox Ranch in Old Kildonan.

In 1946, the family returned to the Erickson area and Walter bought his first piece of farmland on Otter Lake. Back then, he worked the farm with horses until he got his first tractor, a 1941 model V Case – a special symbol of progress and hard work.



Walter was lucky enough to marry his childhood sweetheart, Florence Viola Nylen, on October 25, 1947. They were blessed with three children, Brian Walter, Gerald Frederick and Marilyn Mae. The whole family was involved with the Bethel Lutheran Church in the Danvers District. Walter was the real (but humble) talent – he sang bass in both the church choir and the male chorus.

Besides farming land, the Holm family built up a herd of registered Holstein cattle. Walter was even a school bus driver for some years, and from 1967 to 1971 he was the Farm Supply Manager for the Erickson Co-op. Seriously, what couldn't this man do.

Walter's life changed drastically with the passing of his beloved Florence on December 29, 1969, at Minnedosa Hospital.

But he found love again. Walter and his family remained on the farm until April 24, 1971 – when he married Frances Isabelle Cathers and moved to Grosse Isle, Manitoba. It was a beautiful, blended family – Walter with his three children and Frances with her two young boys, Wayne and Ross. Family and community meant everything to them. If there was a family project or community function, you could always count on Walter and Frances for help.

Soon after moving to Grosse Isle, Walter started working at Kodiak Parking Services in Winnipeg as a lot attendant and later a Service Technician, repairing automatic gates, time clocks and ticket dispensers. He stayed with Kodiak until retiring in 1986, but his love for fixing things never dwindled.

Walter loved restoring antique machinery and vehicles. He also loved hunting, fishing and helping his growing families with their construction projects. He really was a "jack-of-all-trades" and his advice and help was always welcomed.

Surprisingly, Walter was a "homebody" who somewhat reluctantly saw the world. We're not even sure how many countries Frances got him to go to, but the highlights were Sweden, Africa, China, Israel, Australia and New Zealand. This guy really went places.

But Walter was most comfy tinkering in his garage wearing his classic, navy coveralls, or inside his house enjoying coffee time. There was never a shortage of sweets, buns or cheese on his plate, and you better believe he was sucking on sugar cubes after dipping them in his coffee.

Like we said earlier, his 94 years were well spent - and his quiet, yet friendly nature, made everyone who crossed his path fall in love with him.

It's our turn to say, "You take care now". We love you.

Walter was predeceased by his first wife Florence Viola (Nylen) Holm; his second wife Frances Isabelle (Tarn, Cathers) Holm; his son-in-law, Larry Bruce Hudson and his daughter-in-law, Wendy Irene (Bell) Holm. He is survived by his children: sons - Brian, Gerald (Jean), daughter: Marilyn (Terry); stepsons: Wayne (Cheryl) Cathers and Ross (Carissa) Cathers. Grandchildren: Ryan (Wendy) and Shawna (Mike); Bradley (Frankie), Malorie (Andrew); Rebecca (Jules), Cory (Rachel) and Jeff; Erin (Brady) and David; Hannah, Seth, Tess, Amy, Kieran and Kaleigh. Great-Grandchildren: Nicholas, Lily, and Axel; Hugo; Sunny, Starlynn, Selene and Percy; Larry, Charlie, Alex, and Hailey; Jacob, Jewel, Jemma, and James; Lillian and Hadassah.

Many thanks to the doctors and nurses who cared for him and a special thank you to all the staff at Rosewood Lodge Personal Care Home for providing great care.

If friends so wish, donations may be made to the Bethel Lutheran Society Inc., to the Rosewood Lodge Personal Care Home in Stonewall or to a charity of choice.

Thank you to MacKenzie Funeral Home for making the arrangements.

A private family graveside service will follow at a later date.

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IN MEMORIAM



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Somewhere no clouds obscure the blue,
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When you will meet again.
Lost without you.

-Love Anne

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Announcements

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BIRTHDAY



Happy Birthday, Kinley Meyers!
May 13th

7 Years ago Our first little Princess was born and filled our hearts with SO MUCH LOVE! Ms Kinley, you are the most caring, loving Big and Little Sister with so much love. We love you so much and want to wish you the Best Birthday Ever!

-LOVE Gramma and Papa Gergatz

BIRTHDAY



William "Bill" McMahon
Alrighty!

Look who's 90!!
May 17, 2021

Happy Birthday Dad!

-Much love from your family

BIRTHDAY



Happy 8th Birthday
Jase!

-Love Mom, Dad
and Aubrey

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*Don't forget to send your
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Stonewall Teulon
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