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A classy affair

TRIBUNE PHOTO BY LANA MEIER

Green Acres Art Centre held their annual dance recital last Friday with performances from all their dancers. The Little Stars kicked off the evening dancing to "Do You Believe in Magic" and then enjoyed watching the show from the sidelines.

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A sweet operation

By Jo-Anne Procter

RM of Rockwood resident Lorne Ross has a very sweet hobby. Every spring, he taps maple trees for sap on his property northwest of Stonewall and makes maple syrup.

In 2014 Ross tapped 10 trees by his house and used a turkey fryer, fuelled by propane, outside to cook his first batch of maple syrup. Fast-forward to 2022, and this year Ross tapped 75 trees and boiled over 1,700 litres of sap.

Ross has learned the art of making maple syrup through trial and error.

"Everything I have learned is from mistakes I have made, and believe you me, I have made every mistake you could, including boiling a pot over in the kitchen," he said.

There is an art to making maple syrup, and Mother Nature plays a significant role in the success of maple sugar production.

Sap is a byproduct of photosynthesis. Trees transform sunlight into energy-packed sugars that are stored throughout their roots, trunks and branches. During springtime, when trees are coming out of their winter dormancy, sap starts flowing to help move energy through the system while the tree is creating new buds. The process lasts for a few weeks, until the weather warms up.

The amount of sap each tree produces can vary widely.

Some trees will give you up to eight litres of sap in a day from one tap, where other trees will just give a couple of ounces. Genetics of the tree can determine the amount of flow.

Nighttime temperatures must fall to near or below freezing. As the maple tree begins to freeze, the sap is sucked up into the tree through large wood pores that connect with the tree's roots. During the day, the warmer temperature creates pressure in the tree and pushes sap back to the bottom, releasing it through the spouts. The sap flow continues while the cycle of warm and below-freezing temperatures repeats.

About 150 litres (40 gallons) of sap



Pure maple syrup runs through the filters nearing the final stages of the process.



Ross with bottled maple syrup from 2021.

are required to make four litres (one gallon) of syrup.

Ross said he tapped his trees later than usual this year, closer to the end of March.

"I put out a couple of test taps in trees that have always been good to me and wait until it starts running, then tap the rest," he explained. "Usually, I am tapping in the middle of March,



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Lorne Ross, right, and his sweet assistant — his wife, Gwen — inside the Sugar Shack making maple syrup.



Lorne and Gwen Ross in front of their Sugar Shack.

and it is usually over by April 15 as once the trees start to bud, it gives an off flavour."

In the last couple of years, Ross has upped his game. He purchased some specialized equipment and even had a special "sugar shack" built by Gordie Amirault.

Inside his new shack is a very efficient wood-burning cooker that leaves very little ash behind, a divided pan on top and a new reverse osmosis unit.

Once Ross has collected the sap from

the trees, he pours it into the reverse osmosis system that removes water from the sap to speed up the concentration and syrup boiling process. The sap then runs into the divided pan and as it boils, it becomes denser. As it gets denser, it flows through to the third tray, and once it reaches a certain temperature, it is then filtered through paper and orlon filters into a pot as 100 per cent pure natural maple syrup.

Continued on page 5

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Discover Owls and current owl conservation in Manitoba

Protecting Manitoba's owl population presentation on May 7

By Emma Honeybun

The warmer weather of a late spring in Manitoba, finally creeping across the plains, brings a large array of sounds that the winter had once chased away. Mornings are gentle and loud, accompanied by the earlier sunlight.

Debatable, one of the most welcoming morning sounds, and one of the most telling of spring, are the calls of birds. Geese, ravens, songbirds, creating big nests of small twigs and abandoned scraps from the freshly uncovered ground.

In contrast to that, though, older nests will be scouted by owls. They don't create their own new nests for the season; they fix up empty ones and repurpose them.

According to James Duncan of Discover Owls, the owl population in Manitoba has not been extremely affected by the long winter and late spring. The Great Grey Owl, the prov-

ince's official bird, hasn't shown a steady incline or decline; the numbers staying in a steady straight line.

Discover Owls hasn't begun to monitor the nesting season this year, but a later spring can bring up some challenges, Duncan said.

"And we also know that from some of that work, that you know, late winter, late this year, can affect that particular breeding season because the animals might nest late," Duncan explained. "One of the consequences is that the young are in the nest or close to it when all the mosquitoes and black flies hatch. Because normally, they're way up in the trees quite covered with feathers before that happens. So the black flies and mosquitoes can actually quite severely impact the survival of chicks in the nest if they're late."

According to Duncan, there's a variety of ways people can help protect Manitoba's owls at home, like avoiding rat poisons, planting safe bushes and gardens on their property, and being educated on the different types of owls living or nesting in their area.

An even more up-close strategy are owl surveys. This concept in particular was originally created by Duncan



TRIBUNE PHOTO BY JAMES DUNCAN

James and Patsy Duncan banding a Northern Hawk Owl.

and his wife, Peggy, in 1991, and has since been used across Canada. Those interested can volunteer online.

The surveys are meant to catalogue

how many owls are present in one area during a period of time. One gets into their car, drives for a couple min-

Continued on page 9

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Local restaurants serve up tasty submissions for La Pizza Week

By Jennifer McFee

It's La Pizza Week, a weeklong festival that celebrates the best pizza in Canada.

To participate, restaurants across the country create a special pizza, and diners have the chance to vote for their favourite at lapizzaweek.com until the event wraps up on May 14.

Several Interlake eateries are serving up creative entries for the festival, which aims to help restaurant businesses increase their sales and awareness.

At Kahleigh's Brew Barn, located at 40 Main St. in Riverton, they're serving up a creation called "Buffalo Chicken Pizza."

"It is a spin off of our buffalo chicken ranch fries. Buffalo chicken ranch fries are one of our most popular menu items," said owner Kahleigh Dubois.

"We used all the same ingredients, just switched out fries for pizza dough. The pizza has ranch as the base, mozzarella and cheddar cheese topped with tomato, bacon, green onion and crispy buffalo chicken."

Dubois decided to participate in La Pizza Week based on their success during La Poutine Week, which took place in February. Kahleigh's Brew Barn was recognized for its entry



TRIBUNE PHOTOS SUBMITTED

Pictured left to right: Frydays is serving the Chicka-BBQ pizza, Kahleigh's Brew Barn has a Buffalo Chicken Pizza and Seagulls has a pizza called Smoke on the Water.

called "The Big Dirty Parm Poutine," which was voted as a top Manitoba fave.

"It's fun to try new things and come up with ideas for these specialty weeks. The community really comes out to support us, which is such an amazing feeling," Dubois said.

"It's nice to see so many people coming out and enjoying the pizza. After years of not meeting new customers, this really brings people in. We are so happy people are able to dine in with us with no restrictions."

Frydays Restaurant & Lounge in Teulon also boasts a mouth-watering

entry in La Pizza Week.

"Frydays decided to participate in La Pizza Week this year, as within our first year of new ownership, we have planned and designed our very own brand new pizza menu. We offer monthly pizza features that showcase our cook's creative pizzas to the Interlake, and La Pizza Week is a great way to share this across Manitoba," said manager Amanda Hargreaves.

"All our pizzas are served on a delicious, light and crispy crust, glazed with our 'Johnny's on the edge' garlic seasoning. Air fried in Frydays' in-house pizza oven, our pizzas come with fresh pizza mozzarella and Frydays' signature pizza sauce."

You won't want to miss Frydays' entry for La Pizza Week, called "The Chicka-BBQ."

"Our Chicka-BBQ pizza starts with Frydays' New York style pizza crust slathered in smoky barbecue sauce and topped with grilled chicken, red onion, jalapenos and mozzarella cheese," Hargreaves said.

At Cornerview Tables, located at 185

Main St. in Selkirk, they're dishing up a creation called "Donair Special."

"It starts with our special dough made homemade every day. Everyone who tastes our pizza talks about how good the dough is, so that's one of the reasons why we're very, very proud of it. Everyone sells pretty much the same toppings on every pizza, but it's the dough that makes a big difference," said owner Jorge Mogatas.

"Then it has donair sauce, donair meat, onions, red and green pepper and we top it off with our special sauce and mozzarella cheese. We're very proud of our pizza."

By participating in La Pizza Week, Mogatas hopes to draw more visitors to the Selkirk area.

"The more people that come into Selkirk, it's better for the other businesses out there. It's not just Cornerview Tables, but it's the entire city celebration," he said.

"I think it's good to let people know Selkirk as a city so people from other parts of Manitoba hopefully will

Continued on page 5



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Provincial funding boosts support for disability services

By Jennifer McFee

The provincial government recently announced an investment of nearly \$29 million towards disability services and wage increases for the staff that provide them — yet details are scant about how the process will roll out.

Through the 2022 budget, the provincial government aims to improve wages for employees who provide residential and community supports to adults with intellectual disabilities. At the same time, it aims to decrease wait times to access services for children and youth with disabilities and their families.

Community Living disABILITY Services providers supporting adults with intellectual disabilities will receive \$10 million in new funding in the 2022 provincial budget. Through this initiative, frontline wages will increase to a minimum-funded baseline of \$15.11 per hour for direct service

workers and \$16.11 per hour for supervisors. In addition, service rates for day service providers are set to increase by 2.7 per cent.

However, some feel that more could still be done to address funding concerns.

"We've very pleased that there's going to be some more money in the system, but it's not nearly enough," Jimm Simon, executive director of Association of Community Living Interlake.

"It is a step in the right direction, but it doesn't cover the shortfall that we have currently."

Simon also expressed the need for improved communication around these announcements.

"The other issue is that there was no communication with any of the agencies. It was a surprise and they have so far provided us with no details. So with the announcement that they are raising the starting wages, I have seen

no math on how that will work," he said.

"However, I do know that to raise the starting wages from the amount that we get now to the amount that they announced will take much more money than they announced."

The provincial announcement has raised expectations but not provided the necessary information, he added.

"I have absolutely no idea how it's going to happen," Simon said, adding that they have a contract with UFCW so any new funding would be subject to negotiations with the union.

"The problem is all 96 agencies in this province are operating in a vacuum. It makes it challenging."

The same announcement indicates that the provincial government also plans to provide \$370,000 in funds Abilities Manitoba to co-ordinate a Community Living disability Services campaign focused on recruitment and training.

A \$5-million boost in funds to Children's disABILITY Services will support St. Amant's case management services for children with autism while building capacity for other children's therapies in the service sector.

Other initiatives include \$8 million in funding for a two-year bridge program for a children and youth pilot project that will develop service options to provide families with additional support.

In February, a Winnipeg-based home



TRIBUNE FILE PHOTO

Jimm Simon, executive director of Association of Community Living Interlake

opened as part of the out-of-home respite pilot, delivered in partnership with St. Amant. A second home in Brandon is expected to open this month to provide an additional short-term out-of-home respite option.

In addition, \$100,000 will go to Inclusion Winnipeg to deliver person-centred planning training to the disability support sector, and 120 Maryland Group will receive \$675,000 to develop a peer-support network for Community Living disABILITY Services participants and families, and increase the use of assisted decision-making among vulnerable Manitobans.

> PIZZA, FROM PG. 4

come here and taste our pizza."

Seagulls Restaurant and Lounge, located at Lakeview Hecla Resort, is featuring an entry called "Smoke on the Water." This 12-inch house-made pizza is topped with in-house smoked salmon, smoked bacon, crispy capers, red onion, mozzarella, bocconcini, fresh dill and a saffron crème fraîche.

"Even though we aren't located in Winnipeg, we have decided to take part in these types of events. It's fun

for our employees and our guests," said Scott Lenahan, general manager of Lakeview Hecla Resort.

"Chef Kelly wanted to do a 'Creole Alligator Pizza' originally, but we couldn't get our hands on alligator in time. So we decided to come up with a pizza to showcase our in-house smoked salmon."

For a full list of restaurants participating in La Pizza Week, visit lapizzaweb.com.

> MAPLE SYRUP, FROM PG. 2

Before bottling the syrup, Ross uses a refractometer to measure the sugar content. It must measure 66.9 brix, which is the sugar content of the syrup.

If it measures under 66.9 brix, the syrup has to be boiled down more and if it is over 66.9 brix, it can be thinned with more sap.

Ross tapped 75 trees this year, although he said it was a very bad year with the cold spring and limited good "sap running" days. Nevertheless, he

was able to boil five times and will bottle approximately 35 litres of syrup, which has boiled down from approximately 1,750 litres of sap.

"It is addictive," he said. "I started with 10 taps and will probably tap another 25 next year (which will make 100). And it all boils down to this."

For information on making maple syrup or to purchase a bottle of 100 per cent pure Manitoba maple syrup from the Ross Sugar Shack, email rosslorne@hotmail.com

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Jennifer McFee
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Municipalities to receive \$15 million to support road repairs

Submitted by the Manitoba government

To recognize the impact of recent severe weather on Manitoba's roads and highway infrastructure, the province is investing \$15 million in a one-time grant program that will provide municipalities with financial support for road reconstruction, rehabilitation and preservation projects, Premier Heather Stefanson announced Monday.

"Manitoba municipalities are facing significant road infrastructure challenges as a result of this year's extraordinary weather conditions," said Stefanson. "Above-average precipitation and colder-than-average temperatures have caused a substantial increase in the number and severity of potholes on roads throughout the province, and inflation and supply chain issues have also added to this challenge. In addition to our Budget 2022 investments in highways and municipalities, we are pleased to offer this extra support to reduce the financial burden on the City of Winnipeg and all municipalities during these unique times."

As part of this grant program, the province will distribute \$15 million to Manitoba's 137 municipalities on a per-capita basis, with the City of Winnipeg to receive nearly \$9 million of the total, the premier noted.

"After one of the snowiest winters on record and a freeze/thaw cycle that is finally letting up in May, Winnipeggers are now facing a pothole season like no other," said Mayor Brian Bowman, City of Winnipeg. "With



TRIBUNE PHOTO BY LANA MEIER

The provincial government announced \$15 million in a one-time grant program to support municipalities with road reconstruction, rehabilitation and preservation.

a forecasted shortfall of over \$56 million in the City of Winnipeg budget as a result of pandemic impacts, this is a welcome funding announcement from the Province of Manitoba to help

with the pothole issues being felt across the province. This funding would build on another historic road construction season in Winnipeg of \$164.7 million."

Municipalities will be granted the funding for costs related to road infrastructure improvements, including accessing repair materials and addressing workforce shortages, the premier added.

"The Association of Manitoba Municipalities (AMM)

commends the Province of Manitoba for investing \$15 million to help support municipal infrastructure repairs," said Kam Blight, president, AMM. "As municipal roads connect local communities and support economic growth, these additional dollars help underscore the importance of long-term predictable funding to properly maintain and protect municipal infrastructure within our communities."

The funding is in addition to any disaster assistance municipalities could receive due to excessive flooding. Full details will be made available to municipalities in the coming weeks.

"The funds the Government of Manitoba is making available immediately are sorely needed by municipalities throughout Manitoba to address the extraordinary issues with roads and streets this spring," said Chris Lorenc, president, Manitoba Heavy Con-

Continued on page 7

"MANITOBA MUNICIPALITIES ARE FACING SIGNIFICANT ROAD INFRASTRUCTURE CHALLENGES."

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TRIBUNE PHOTO BY LANA MEIER

Celine Patterson and her children took advantage of the plus 13 degrees C. to go for walk on April 26. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@stonewallteulontribune.ca.

> ROAD REPAIRS, FROM PG. 6

struction Association. "The Manitoba government's recognition of this as emergency assistance is a sign a bigger conversation regarding long-term solutions is needed to help municipalities regularly maintain infrastructure."

The grant is equivalent to a five per cent increase to the comprehensive operating and infrastructure funding support municipalities receive annually through Manitoba's basket funding model, the Strategic Municipal Investment Fund.

"Our government is committed to working collaboratively with municipalities to build and maintain safe and reliable streets, which contribute to healthy and vibrant communities," said Stefanson. "This basket funding model reduces red tape and allows municipalities the flexibility to set priorities based on their communities' needs."

The premier noted Budget 2022 supports the government's three-year \$1.5-billion commitment to enhance the safety and connectivity of Manitoba's highway network with more than \$578 million allocated to highway projects this year alone. Additionally, Budget 2022 provides \$313 million in funding to municipalities to ensure they have the support they need to invest in what matters most to their communities, said Stefanson.

For more information on municipal grant funding, visit manitoba.ca/mr/mfpp.

Disaster financial assistance announced

By Ashleigh Viveiros

The Manitoba government has launched an assistance program for individuals and municipalities impacted by this spring's flooding.

"As we continue to assess, we are anticipating that costs related to the spring flood may exceed more than \$10 million," Transportation and Infrastructure Minister Doyle Piwniuk said at a press conference Monday.

This includes damages to municipal infrastructure, private residences, farms, small businesses and provincial infrastructure, Piwniuk said, noting they will have to wait for the floodwaters to recede before final assessments can be made.

Whatever the final total ends up being, it's clear the road to repairing it all will be costly; the 2022 Disaster Financial Assistance (DFA) is meant to help offset some of those costs.

"We recognize the tremendous efforts Manitobans and their communities have put into disaster response and recovery this spring," said Johanna Botha, head of Manitoba's Emergency Management Organization.

"The DFA program provides financial assistance for certain losses when a widespread natural disaster, like the one we are currently facing, strikes and creates an unreasonable financial burden. Spring flooding and rain in certain parts of the province this year certainly qualifies.

"This program will ensure that non-insurable losses ... basic damages to basic and essential property, response costs and infrastructure damage are covered to help alleviate the burden so many of our residents, municipalities, non-profits, small business and farmers have felt this spring."

Manitobans are encouraged to check with their insurance providers to review their policy coverage before applying for DFA. Insurable costs, such as sewer backup, are not covered by DFA. Some Manitobans may have also purchased overland flood insurance, which means those covered costs will also not be eligible for DFA funds.

For more information about eligibility or to apply, visit www.manitoba.ca/emo/dfa or email dfa@gov.mb.ca.

Money for road repairs

Also on Monday, Premier Heather Stefanson announced \$15 million for a one-time grant program to provide municipalities with financial support for road reconstruction, rehabilitation and preservation projects.

"Manitoba municipalities are fac-

ing significant road infrastructure challenges as a result of this year's extraordinary weather conditions," Stefanson said in a statement. "Above-average precipitation and colder-than-average temperatures have caused a substantial increase in the number and severity of potholes on roads throughout the province, and inflation and supply chain issues have also added to this challenge."

As part of this grant program, the province will distribute \$15 million to Manitoba's 137 municipalities on a per-capita basis, with the City of Winnipeg to receive nearly \$9 million of the total.

"We are pleased to offer this extra support to reduce the financial burden on the City of Winnipeg and all municipalities during these unique times," Stefanson said.

Rockwood presents 2022 financial plan

By Jennifer McFee

Rockwood residents could be paying an additional 4.58 per cent in taxes this year since the RM is proposing to increase its mill rate by 0.4 mills.

Council made it a priority to keep the budget under the cost of living. The increase is to account for the cost of inflation while providing additional and new services to ratepayers this year.

In 2022, the RM of Rockwood is budgeting nearly \$15 million for its expenditures, with the majority going towards fiscal services for capital projects (38%), transportation services (27%) and transfers to reserves (11%). Other expenses include general government services (8%), recreation and cultural services (6%) and environmental health services (5%). The remaining departments make up the other five per cent of the budget.

Coming up in 2022, Rockwood will invest an additional \$200,000 for road reconstruction. The RM will also team up with Rosser, Stonewall and Teulon for a regional initiative for an asset

management plan, and they've been approved for funding for the project through the Federation of Canadian Municipalities.

"This year, we are excited to announce we are developing a parks and facilities department to maintain green spaces during the summer months," said finance manager Ashley Michaluk at a May 4 financial plan public hearing.

"During the winter months, we are cost sharing this department with the Stony Mountain Community Centre for the operation of the arena."

For Stony Mountain, the RM has also budgeted for costs to possibly build two lift stations and retrofit its existing lift station, in addition to designing and building a force main.

"The plans are in the preliminary stages with the possibility of the developers being responsible for these costs up front," Michaluk said.

"If the RM chooses to control the project, we will upfront the costs and charge back to the developers."

The RM of Rockwood also needs to

update the development plan and is initiating this process in Stony Mountain.

Other expenditures include \$3.75 million for Road 75 upgrades (funded by the aggregate reserve and grants, if available), \$650,000 to complete the Balmoral and Stony Mountain Genset project (funded entirely by grants), \$460,000 towards repurposing the old railway bed for active transportation (awaiting approval of grant applications) and \$200,000 towards drainage work.

"The intent on Road 75 is to upgrade the road as it is deteriorating at a rapid speed. Application has yet to be made to the province to see if the reserve fund is applicable to the project," said Rockwood CAO Chris Luellman.

"The funding is added to the 2022 budget in case the province will approve the use. Should the province not approve, then the project will be on hold until sufficient grant monies become available. Road 75 does service Mariash Quarry, therefore is considered a quarry haul road."

Investments will be made to update equipment for all three of Rockwood's fire departments. Along with the Town of Teulon, Rockwood will split the cost of a new rescue truck for the Teulon Rockwood Fire Department. As well, \$40,000 will go towards updating turnout gear, helmets and fire fighting equipment for the Stony Mountain Fire Department. The Stonewall-Rockwood Fire Department has applied for a grant for a new field truck.

In addition, the RM of Rockwood is seeking funds from Manitoba Water Services Board to cover half the costs of replacing the water meters in Balmoral.

Another highlight is a disc golf course that will be installed in the Stony Mountain Quarry, in collaboration with Disc Golf Manitoba.

Anyone with questions or feedback about the 2022 Rockwood financial plan can contact Ashley Michaluk at 204-467-2272 or ashley.michaluk@rockwood.ca.

Municipal election registration opens across Manitoba

By Nicole Brownlee

Municipal politics is often overlooked as minor issues compared to provincial and federal governments, but municipal decisions impact residents daily.

Municipalities rely on dedicated leaders to help regulate how communities look, operate and interact with surrounding areas.

"Councillors and heads of councils, we're the boots on the ground in direct connection to the residents of our municipality and the province," said Kam Blight, president of the Association of Manitoba Municipalities.

"We're responsible for providing many essential services that Manitobans depend on."

Registration to lead municipalities is

opening across Manitoba.

The majority of Manitoba towns opened their registration for mayor and reeve positions on May 1, with a deadline of Sept. 20. Councillor candidate registration opens almost two months later on June 30 and closes on Sept. 20.

In Victoria Beach, Winnipeg Beach and Dunnottar, mayor and reeve candidates' registration opened on Feb. 1 and is open until June 16. Councillor candidates were able to register starting on March 31, but their deadline to register is June 16.

Ideal candidates have a variety of qualities and experiences, said Blight, but what matters most is their motivation to join council.

"It's individuals who want to do

what's best for their municipality as a whole," he said.

"It comes down to the person that wants to do this for the right reasons."

Any Canadian citizen who is a resident of Manitoba, has owned property in the municipality or LUD for at least six months and is over 18 years old can run for municipal office.

Members of council serve four-year terms, which start at 12 p.m. on Oct. 27 for all municipalities except for Victoria Beach, Winnipeg Beach and Dunnottar, which start on July 23.

Working on council is time consuming and entails talking about a wide range of issues that may make some candidates uncomfortable, so Blight urges anyone interested in pursuing a position keep an open mind.



"It can be a very difficult position to be in at times, but it's also very rewarding."

Blight said one of his favourite aspects of joining council is having the opportunity to meet and work with interesting and diverse people.

"You're just one voice around that council table," said Blight, reeve of the RM of Portage la Prairie.

"I really encourage people to make sure they're good listeners and be willing to hear other people's thoughts."

For more information about running for municipal office, visit amm.mb.ca/issues/2022elections/.



Happy Manitoba Day
Thursday, May 12, 2022

Ralph R. Eichler,
MLA for Lakeside

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Please share your story ideas at news@stonewallteulontribune.ca Phone 204-467-5836

Stonewall Teulon
Tribune

Walk to raise money and morale for Alzheimer's May 28

The Alzheimer Society's annual walk is in Winnipeg May 28

By Nicole Brownlee

Clad in blue shirts, walk, run and connect with community to support the Alzheimer Society's annual Walk for Alzheimer's fundraiser.

After two years of solely virtual IG Wealth Management Walk for Alzheimer's, the Manitoba charity is hosting an in-person walk in Winnipeg on May 28 at 10 a.m. In the Interlake, the Gordon Howard Centre in Selkirk is hosting its in-person walk on June 3 at 1 p.m.

"People have been doing step challenges, hosting a barbecue and collecting funds from their family and friends," said Samantha Holland, regional co-ordinator of the Interlake-Eastern region.

"Whatever you want to do to show your support and collect those pledges."

The Alzheimer Society collects 85 per cent of its revenue from donations and fundraisers, enabling them to offer programs that support people with Alzheimer's across Canada.

The annual walk is the Alzheimer Society's most profitable fundraiser.

Before the COVID-19 pandemic, the Manitoba organization would routinely raise over \$300,000 at the walk.

In 2020, the Alzheimer Society of Manitoba collected over \$230,000 at

their virtual event.

"We've been blown away by the support that we've received in the last two years just being virtual, but we know that the energy of an in-person walk makes all the difference," she said.

"There's nothing quite like coming together and seeing that sea of blue."

Many of the walks hosted in the Interlake region were organized by local personal care homes and schools.

Holland said she's heard few plans for in-person walks in the Interlake this year because personal care homes remain cautious as COVID-19 cases continue to creep across the province.

"They have a lot on their plate COVID-wise, and it's a lot to organize."

If supporters don't feel comfortable attending the in-person event, they can join the month-long Walk Your Way virtual program, which challenges participants to collect donations and learn more about Alzheimer's while getting their steps in.

The route for the in-person walk in Winnipeg at St. Vital Park varies from two to four kilometres, depending on mobility, but virtual walkers can take as many steps as they like.

"We don't have a specific goal," she said.

Instead of focusing on distances travelled, the Walk for Alzheimer's unites people impacted by the disorder.

"Put on your blue walk shirt and walk as a team, just to get out in the community and make sure that peo-



TRIBUNE PHOTO SUBMITTED

Supporters can walk virtually or in-person this year to support the Alzheimer Society's annual fundraiser.

ple with dementia see that you're behind them," said Holland.

"Whatever gets you seen and makes people feel less disconnected."

To learn more about the Walk for Alzheimer's, visit [Alzheimer.mb.ca/wfa2022](https://www.alzheimer.mb.ca/wfa2022).

> DISCOVER OWLS, FROM PG. 3

utes, stops, gets outside and listens for owls, notes and repeats.

It's an easy yet effective way to keep track of the owl population in a specific area. The differences in how many owls someone is hearing and where those differences are is helpful with figuring out how the birds are doing year by year.

There's also the important personal element of getting people out and up-close.

"Because the reality is, if 50 people around the world read a scientific publication of mine in a journal, I consider that to be successful but kind of lacks the conservation punch," Duncan said. "You need to make people care about animals and wildlife. And that's where getting them directly involved is really important."

Discover Owls is a long-standing conservation, research and education

organization. Duncan compared those three values to a stool with three legs; the absence of one of the three sends the whole thing tumbling. Each gets the same amount of attention.

Discover Owls often does owl talks and presentations for private or public educational events. They most commonly visit high schools but have also done retirement homes, community arenas and more. Funds from owl talks go towards Discover Owls research and owl conservation.

They've been affiliated with the World Owl Conferences, the next being held in Wisconsin, U.S.A., and Duncan has a variety of links and research papers publicly available on the Discover Owls website.

Duncan and Discover Owls did an owl presentation at Oak Hammock Marsh on May 7. They sometimes donate these presentations to organiza-



Rusty Long-eared Owl during a recent owl talk with Discover Owls at Riding Mountain National Park.

tions to help conservation efforts.

According to the official bird checklist, Oak Hammock Marsh is home to 10 different species of owl, including the endangered burrowing owl.

For more information, visit discoverowls.ca

or the official Facebook page: <https://www.facebook.com/discoverowls.ca/>

Or for more on Oak Hammock Marsh and spring events, visit [oakhammockmarsh.ca](https://www.oakhammockmarsh.ca)

COVID outbreaks in PCHs; ER closures; April COVID data

By Patricia Barrett

Manitoba's health-care system continues to grapple with new COVID-19 infections each week, and long-term care homes and a critical shortage of nursing staff and physicians are compounding the stress on the system.

A number of COVID outbreaks were experienced in personal care homes in the Interlake-Eastern Regional Health Authority.

- A COVID outbreak was declared on May 2 at the Red River Place PCH in Selkirk. As of May 7, it was ongoing.

- A COVID outbreak at the maple south unit of Tudor House was declared on April 27 and ended on May 2.

- A COVID outbreak at the Arborg PCH was declared over on May 5, said a spokesperson for the IERHA.

- IERHA emergency room data for hospitals across the region show the continuation of temporary ER closures because of physician unavailability. Communities such as Arborg are down to two doctors — one runs his own clinic and another works at the hospital-based clinic — who take turns working at the ER.

- Although recent data on new COVID infections released by the provincial government — based on

scaled-back PCR testing that does not reflect the true extent of COVID infections — show a decline, COVID patients continue to need hospital and ICU care and people die from the virus every week.

For the period April 24 to April 30, there were 1,042 new lab-confirmed COVID infections, according to the provincial government's weekly respiratory surveillance report on COVID. There were 185 new hospital admissions for people with COVID, of whom 12 were admitted to the ICU. Fourteen more Manitobans died of the virus that week.

For the period April 17 to 23, the government reported 1,436 new lab-confirmed COVID cases, 200 new hospital admissions, of which 12 cases required admission to intensive care, and 13 more deaths.

For the period April 10 to 16, there were 1,190 lab-confirmed COVID infections, 206 new hospital admissions, of which 22 required intensive care, and 12 more deaths from the virus.

For the period April 3 to 9, there were 1,694 new lab-confirmed COVID cases, 177 new hospital admissions, of which 19 cases required care in the ICU, and five deaths.

Over most of the month of April, a total of 5,362 people were granted a

May 1 - 15 Doctor availability in emergency depts.										
Interlake-Eastern Regional Health Authority										
		Ashern	Eriksdale	Arborg	Gimli	Selkirk	Stonewall	Pine Falls	Pinawa	Beausejour
Day of the month		Shows start at 8 a.m. and end at 7 a.m. the next day	Shows start at 8 a.m. and end at 7 a.m. the next day	Shows start at 8 a.m. and end at 7 a.m. the next day	Shows start at 8 a.m. and end at 7 a.m. the next day	Shows start at 8 a.m. and end at 7 a.m. the next day	Shows start at 8 a.m. and end at 7 a.m. the next day	Shows start at 8 a.m. and end at 7 a.m. the next day	Shows start at 8 a.m. and end at 7 a.m. the next day	Shows start at 8 a.m. and end at 7 a.m. the next day
Sun.	1	Doctor available	No doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available 8 a.m. to 8 p.m.
Mon.	2	Doctor available	No doctor available	Doctor available 3 p.m. - 3 a.m.	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available 8 a.m. to 8 p.m.	Doctor available 8 a.m. to 8 p.m.
Tues.	3	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available
Wed.	4	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available
Thurs.	5	Doctor available	No doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available
Frid.	6	Doctor available	No doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available
Sat.	7	Doctor available	No doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available 8 a.m. to 8 p.m.	Doctor available
Sun.	8	Doctor available	No doctor available	No doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available
Mon.	9	Doctor available	No doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available 8 a.m. to 8 p.m.	Doctor available 8 a.m. to 8 p.m.
Tues.	10	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available
Wed.	11	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available
Thurs.	12	Doctor available	No doctor available	Doctor available 5 p.m. - 3 a.m.	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available
Fri.	13	Doctor available	No doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available
Sat.	14	Doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available

IERHA ER closures in the IERHA from May 1 to May 15.

restricted PCR test and tested positive for COVID, 768 people required hospitalization for the virus and 44 Manitobans died.

The backlog of surgical and diag-

nostic procedures has now reached 169,198, according to Doctors Manitoba.

Stonewall council news in brief

By Jennifer McFee

The Jets Town Takeover scored as a great success.

At the May 4 meeting, Stonewall council acknowledged the April 21 event that brought community members together for school activities, a viewing party and much more.

Deputy Mayor Jackie Luellman thanked organizers for all of their efforts, including Coun. Peter Bullivant and town staff.

"It was certainly a community event and it was pretty amazing," she said.

Mayor Clive Hinds echoed similar

sentiments.

"Without a doubt, Stonewall was enlightened by that particular event. ... It was great," he said.

"True North stepped up their game and they really made it a success."

Coun. Bullivant thanked Stonewall residents and everyone else who helped out to make the event happen.

"This was an absolute pleasure. True North were amazing. We started in the morning with the kids at school, and the school kids were so respectful. ... And then we went and did some skills and it culminated in the

evening," he said.

"It couldn't have gone much better. It was really fantastic. It was a huge team effort and it brought everyone together."

In other council news:

- Council approved the 2022 financial plan, which includes a 0.25 per cent decrease to property taxes. At the same time, the solid waste special services levy is set to increase by \$10.24 per household and the water rate is scheduled to increase by two

per cent on an average consumption bill.

- Council passed first reading of the 2022 tax levy bylaw. A special meeting is scheduled for Wednesday, May 11 at 6:15 p.m. in the Sunova Room in the Heritage Arts Centre to deal with second and third reading of the 2022 tax levy bylaw.

- Council passed second and third readings for the expenditure and borrowing of funds to restore the limestone kilns in Quarry Park.

- The Town of Stonewall will enter into a mutual aid memorandum of understanding with the RM of Rockwood to provide emergency action in support of each other when affected or threatened by a peacetime emergency.

- Council approved a policy that outlines the processes, responsibilities and costs related to the installation and repair of water and sewer service connections.

South West District
Palliative Care
Everyone is invited to attend.

Annual General Meeting

Tuesday, May 31, 2022 at 7 p.m.
Stonewall Lions Manor Multi Purpose Room
Entrance #1 (NW Corner) 622 Centre Ave.
Register at s.w.d.p.c@hotmail.com or 204-513-1728

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Clubroom Events for the Week of May 9
Wednesday 4-9 Chase the Queen Draw at 8:30
Thursday Doors open at 6 Crib starts at 7 sharp
Friday 4-10 BBQ 5:30 Meat Draw at 6:30
Saturday 2-10
All are welcome - Support your local legion!

Celebrating dance



TRIBUNE PHOTOS BY LANA MEIER

Green Acres Art Centre held their dance recital last Friday. Photos clockwise from top left, Intermediate Ballet, Robyn, Fia, Brielle, Mya and Taylor danced to 'Just the Way You Are'; Samantha Loudon and Scarlett Wasserman were presented flowers for their commitment of time helping with the Little Stars for the entire year; Pre-Dancers were 'Born to be Brave', while the Intermediate Jazz girls danced to 'Express Yourself', Otilia Yankech demonstrated Highland dancing and Eliza and Kenzi showed of their tap steps to 'Heaven'.

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Small town Komarno raises over \$8,000 for Ukraine

By Nicole Brownlee

While its sister city in Ukraine has three times the population, Komarno, Man., proved the community's strength outweighs its numbers.

The RM of Armstrong community raised over \$8,000 on May 1 to support Ukrainians impacted by Russia's invasion.

"A few members from the community hall and volunteers in the area got the idea to start raising funds for Ukraine," said Mona Buchkowski, one of the event's organizers.

"Before we knew it, we had everything moving along."

Within three weeks, volunteers booked several local entertainers, collected prizes for a silent auction and sold over 100 tickets.

A few community members from Komarno were personally touched by the attack on Ukraine because they have family members forced to stay in the war-torn country.

"We've got a lot of people in this area of the Interlake that have family back in Ukraine, and it's been a very difficult time for us to be sitting across the world," said Debbie Kozyra, another event organizer.

At 1 p.m. on May 1, 175 residents from across the Interlake attended the last-minute event at the Komarno Community Hall, metres away from a giant mosquito statue honouring the community's namesake.

Komarno, which means mosquito-infested in Ukrainian, is known as the mosquito capital of the world.

"The fundraiser went very well," said Buchkowski.

"The big thing about Ukrainians is we like to get together, and we like to



Callia and Zuri Cook

enjoy ourselves," said Kozyra, whose family is from Ukraine and Poland.

"People that have been isolated for the last two years were able to actually get out and see their neighbours."

Local band Gem Star, violinists and singers performed at the afternoon event before the volunteers awarded 21 silent auction prizes donated by businesses and residents, two 50/50 draws and 15 grand prizes.

"A lot of people donated not only funds but also food, supplies, advertising and printing tickets."

The organizers were stunned when they found out they raised \$8,135.

"We were really proud of our whole group," said Buchkowski.

"The community came together," said Kozyra.

All proceeds were donated to the Canadian Red Cross Ukraine Human-




TRIBUNE PHOTOS SUBMITTED BY DEBBIE KOZYRA

Local talent like the Gem Stars band, Greg Chic, and Callia and Zuri Cook performed at Komarno's fundraiser for Ukraine on May 1.



The sold-out event at the Komarno Hall raised over \$8,000 for Canadian Red Cross Ukraine Humanitarian Crisis Appeal.

itarian Crisis Appeal, which supports Ukraine and displaced Ukrainians.



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Argyle Day celebrations set for June 4

By Jennifer McFee

Now that the warm weather has finally arrived, ample options exist for filling our calendar with community celebrations.

Coming up on June 4 is Argyle Day, featuring daytime events followed by an evening ceilidh. Pronounced “kay-lee,” a ceilidh is a Scot’s Gaelic word for a social or a party.

Sandy Jamault, one of the event’s organizers, said the Argyle Day festivities are geared for local residents as well as for anyone interested in visiting or supporting the community.

The event features two co-ordinated components. To start, a free outdoor event at Willow Grove Orchard will run from 3 to 7 p.m., beginning with an opening message followed by family-friendly entertainment. The impressive slate of musical entertainment includes performances by Amanda Cannon, The Playin’ Janes, Lachlan McLean and Brae McLean, and The Fitzgeralds.

“During the day will be bands, vendors, juggler, face painter as well as a barbecue with food for sale run by the Brant Argyle School Parent Council,” Jamault said.

Adding to the fun, the school will host an open house, the museum will be open, and a community-wide garage sale will run from 9 a.m. to 1 p.m.

Then in the evening, the ceilidh, or social, will take place at Argyle Memorial Community Centre from 8 p.m. to 1 a.m., featuring All Around Sound.



Sarah Teakle

The event acts as a fundraiser for Argyle’s non-profit and community organizations, which haven’t been able to host their annual fundraisers due to the pandemic.

“All groups that partake will get a percentage of the proceeds in a similar way to how we distribute the Fall Supper funds,” Jamault said.

“We want to be able to host an event in the community to get everyone out and about after a long two-plus years with the pandemic.”

Sponsors are still needed for the event, as well as silent auction prizes and in-kind donations. In addition, monetary donations would be ap-



PHOTO SUBMITTED

The Playin’ Janes are one of several artists to perform at Argyle Day on June 4.

preciated to offset event costs, which would also allow more funds to be distributed back into the community.

“We wanted to provide an opportunity to get the community together before the busy summer season. We also want to shine a light on Manitoba’s Hamlet (Argyle),” Jamault said.

“It’s vital to maintain a healthy com-

munity. Doing so makes us feel as though we are a part of something bigger than ourselves. Meaningful connection is important for everyone’s mental well-being.”

For more information or to become an event sponsor, contact Jamault at 204-467-2468.

Free choir day planned

By Jennifer McFee

Music lovers will be singing a happy tune thanks to an upcoming Interlake choir event.

On Saturday, May 14, the Interlake Choir Day will provide an opportunity for a free day of choral singing for youth and adults.

For organizer Kendra Obach, it’s both exciting and a little daunting to be planning an in-person event after such a long stretch.

“We are so ready to be singing together again and sharing musical experiences with singers from across the Interlake,” she said.

“We also want to ensure that everyone feels safe and that we are taking appropriate precautions, including masks, distancing and sanitizing. The prospect of meeting new people, seeing old friends and singing together feels truly adventurous.”

The Interlake Choir Day is simply an event when singers are invited to spend an afternoon making music together, she added.

“This is a kickstart to rebuild the Interlake Youth Choir program, which we hope will be back in full swing this fall,” she said.

“There are two awesome guest conductors coming to lead the afternoon. We have hosted Interlake Adult Choir Day in the past. This year, we are including a youth choir in the event.”

The youth choir, conducted by Sonya Williams, is open to Interlake youth in grades 9 to 12. The adult choir will feature Dr. Catherine Robbins as the conductor.

“You don’t need to be a strong or confident singer to come experience the day. We are hoping this will be a

Continued on page 16

HAPPY Manitoba DAY

JAMES BEZAN MP

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Home & yard

5 benefits of raised garden beds

Raised gardening is the practice of growing plants above ground level. Here are five reasons why this method is becoming increasingly popular among gardeners.

1. Easy access. You can design your raised garden bed so you can till the soil, pull weeds and pick vegetables from a comfortable standing position.

2. Reduced predators. Walled garden beds limit access to many unwanted visitors. Moreover, raised gardens allow less weed intrusion than ground gardens, making them easy to maintain.

3. Better soil control. Raised garden beds give you better control over variables that can affect the growth of your plants, like drainage, water retention, soil aeration and PH levels.

4. More abundant harvests. Many gardeners with raised



beds report more bountiful fruit and vegetable yields than traditional ground gardens.

5. An asset to your decor. When it comes to outdoor design, raised garden beds give your yard a finished and tailored look.

Whether you build it yourself or purchase a ready-made raised garden bed, your new growing space will require an initial investment. However, you'll be quickly won over by its numerous advantages.

How to choose a fertilizer

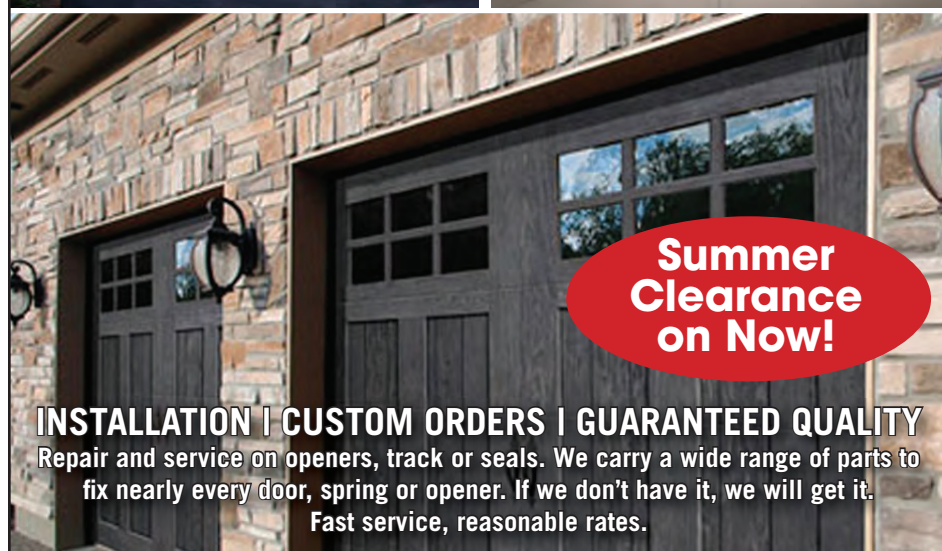
Fertilizer is a gardening essential. It feeds the soil and gives your plants the nutrients they need to grow and produce good yields. However, there are several elements to consider when choosing the right one.

FERTILIZER TYPE Organic and mineral fertilizers come in both liquid and solid forms. The type of fertilizer you choose affects how quickly it works, how easy it is to use, the number of applications needed and how it should be stored.

SPECIALIZED FERTILIZER You shouldn't use the same fertilizer for all your plants and flowers. Every plant has different nutrition needs, which can vary according to its growth period.

WATER AND SUBSTRATE The quality of the water you use (its pH and supply source) can react positively or negatively with your fertilizer. Moreover, the content of your substrate can influence the type and dose of fertilizer you should use. Test your substrate regularly to find out how well your plants and flowers are absorbing nutrients.

Visit your local garden store for advice and carefully check the fertilizer labels before buying.



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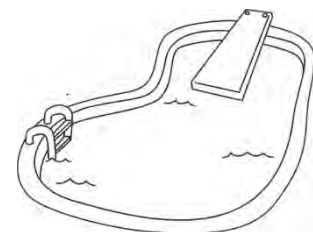


SOUTH INTERLAKE PLANNING

Make a (Safe) Splash this Summer!

The South Interlake Planning District (SIPD) would like to give a friendly reminder that **private pools (inground and above ground), hot tubs** and **swim spas** require a Development and Building Permit.

The *Manitoba Building Code* requires any artificially constructed basin, capable of containing a water depth of two feet or more, to conform to the *Code*. Part of conforming to the *Code* means having proper fencing installed, which helps prevent accidents.



Permits help ensure that buildings and structures meet the *Manitoba Building Code*, which in turn increases the level of safety for everyone.

If you are unsure whether your project requires a permit or not, or if you have any questions, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information is also available on our website: www.sipd.ca

Home & yard

When to prune your trees and shrubs

Although trees and shrubs can grow very well without intervention, occasional pruning helps promote optimal health. Here's what you need to know.

FLOWERING Shrubs like rhododendrons and lilacs bloom from last year's stems, whereas others, like roses and hydrangeas, bloom from new growth. It's best to prune shrubs that flower from old wood immediately after blooming. However, shrubs that bloom on new growth should be trimmed in the spring.

DORMANCY In general, shrubs and trees go dormant in the spring before their buds open. This is the best time for pruning because the plants heal faster. Late fall is also appropriate. However, pruning in the winter should be avoided.

Furthermore, mid-summer is ideal for pruning trees that produce a lot of sap in the spring, like maple, birch and willow.



Lastly, pruning large trees and fruit trees should be left to the experts. For the best results, contact a professional tree pruner in your area.

Inwood duo calling all women for female-only ATV rides

By Nicole Brownlee

Ladies' night in the Interlake includes rough terrain, mud-splattered jeans and "girl talk," according to Drenna Campbell and Rae Vaughn.

After knocking on doors throughout Inwood to gauge interest, the duo started a Facebook group in late April to attract women throughout the region to join their ATV trek.

"We had some really good conversations. People actually brightened up, and they were excited," said Vaughn.

Within two weeks, the group grew to over 90 members.

"We're both experienced riders and the thought of getting together with a group of women just felt right," said Campbell.

"It's a reason to get out and have fun on the trails."

The duo also wants to encourage women to try a new sport they may not have considered before.

"We interpret it as being a more male-dominated sport, and we know a lot of women who do have access to machines, but they're not confident to go out with their friends," said Campbell.

"There are women who said their quads are gathering dust."

The group will explore trails that range in difficulty, obstacles and location to teach inexperienced riders how to approach challenges like get-

ting stuck, safe driving and scouting.

"It's a judgment-free zone," said Campbell.

With input from the Facebook group, Campbell and Vaughn want to plan a variety of ATV outings for riders to bring their children, their parents or to have adult-only time.

"We want to try and invite as many women in as we can," said Campbell.

"It's an opportunity to just be women and do girl stuff."

At their first group meeting on May 4, Campbell and Vaughn tackled ATV safety, permits and trail etiquette.

"We've been heavily researching existing trails, respecting the land and also the landowner," said Campbell.

"We want to build positive relationship with our community," said Vaughn.

They also want to ensure every group ride is prepared for any situation.

At the May 4 meeting, Vaughn guided viewers in-person and online on supplies to include in an emergency kit.

"We know these girls have kids and husbands, and we all need to get home in one piece every ride with no exceptions," said Vaughn.

The group hopes to head out for their first ride within a few weeks, but Campbell and Vaughn are taking their time to scout trails beforehand.



TRIBUNE PHOTO SUPPLIED BY DRENN CAMPBELL

Drenna Campbell and Rae Vaughn spent six hours on May 7 scouting trails for their upcoming ride with their all-women's ATV group.



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Young hockey fan wins signed Jets jersey

By Iris Dyck

A local Winnipeg Jets hockey fan brought home a one-of-a-kind piece of Winnipeg Jets memorabilia from the last home game of the season.

Shaelynn Wait of Balmoral was one of 24 people at the May 1 game to walk away with an autographed jersey. Players signed and gave their game jerseys to randomly selected fans as part of the “Jerseys Off Our Backs” giveaway.

But when Wait’s seat number was called, she was too busy watching the Jets fighting the Seattle Kraken for the puck to notice.

“I wasn’t really paying attention, but my mom was looking up at the Jumbotron,” Wait said.

Wait’s seat number was displayed on the scoreboard during second period. Once she realized she had been selected, she went to Guest Services, where they told her to return at the end

of the game to collect her prize. But Wait didn’t realize exactly what she had won.

“At the time, I thought it was just going to be just a free jersey from the shop,” she said. “I didn’t even realize that I was actually going to meet one of the hockey players.”

Giving away game-worn jerseys to

fans is a popular way to celebrate in the NHL and other sports leagues. The May 1 game was the last home game of the season for the Jets, who didn’t make it to the Stanley Cup playoffs this year. Krista Sinaisky, director of corporate communications for True North Sports + Entertainment, was excited to bring the event back after a hiatus due to the pandemic.

“This was one of the first opportunities that fans had to interact directly with players in over two years and so it was also special to give fans the chance to connect with the team more personally,” she said via email.

After the Jets beat the Kraken 4-3, Wait headed back to Guest Services. Jets staff gave each winner an envelope, which they then brought with them out onto the ice.

Standing on the rink at Canada Life Centre was a highlight for

Wait.

“I’ve never been on the ice before,” she said. “And walking out, it was very cool to see the ice from a different perspective instead of looking down on it.”

Wait and the other fans opened their envelopes to find out which jersey they would get. Wait got number 17, centreman Adam



TRIBUNE PHOTO BY KRISTA SINAISKY, TRUE NORTH SPORTS + ENTERTAINMENT
Shaelynn Wait, left, and Jets centreman Adam Lowry pose for a photo with Lowry’s autographed game jersey. Wait was one of 24 Winnipeg Jets fans to win an autographed jerseys after the “Jerseys Off Our Backs” giveaway on May 1 at the Canada Life Centre in Winnipeg.

Lowry. He signed the jersey and gave it to Wait. As a hockey player herself for the Stonewall Blues, it was a special moment for Wait.

“It was very cool,” she said.

It’s moments like these that Winnipeg Jets staff like Sinaisky love to see. She could feel the crowd buzzing as more winners were announced throughout the game.

“The winners were all smiles and it was very rewarding for our team behind the scenes to see everyone’s excitement — especially some of our younger fans who now have a memory to last a lifetime,” she said via email.

Wait plans to get the jersey framed and to add it to her collection of Jets souvenirs.

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ONE OF THE
HOCKEY PLAYERS.”**

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> FREE CHOIR, FROM PG. 13

safe way to try group singing — again or for the first time — and anyone is welcome,” Obach said.

“The afternoon will be mostly singing time, with each group rehearsing a few songs with their conductor. Then the two groups will meet and share the songs they have learned in the afternoon. There’s no big concert event, but it’s still a chance to showcase the hard work.”

Even for those without experience, she encourages them to give it a try.

“Interlake Choir Day is awesome because it is a one-day-only commitment and anyone is welcome. We’re starting to rebuild singing safely in the area while singers get to learn from new conductors and have a fun day of singing

together,” Obach said.

“The Interlake Choral Association is offering this as a free event to encourage singers to come out; however, we are encouraging donations to the Interlake Youth Choir.”

The May 14 event will take place at Happy Thought School in East Selkirk with a rehearsal from noon to 4 p.m. followed by a performance exchange from 4 to 4:30 p.m.

To register or for more information, email iychoir@gmail.com.

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Antique tractors get the spotlight at Arborg event

By Nicole Brownlee

The Arborg and District Multicultural Heritage Village is putting a twist on a classic event, showcasing restored tractors from the 20th century.

Joe Stoyanowski was familiar with car shows because his family collected vintage cars like a 1955 Studebaker and two Chevy trucks from 1985 and 1955 and wanted to create a similar event that would be more accessible for community members.

"We know that a lot of people in the area have their tractors fixed up or older tractors that they're still using in the fields, and there has to be something for them," said Stoyanowski.

"Farmers are the main group for the area."

The Heritage Village hosted the first Tractor Trek in 2019.

The tradition would have continued in 2020 and 2021, but the event was delayed because of the COVID-19 pandemic.

Anyone who owns a tractor without a cab from the 1970s or earlier can enter the 2022 Tractor Trek, set for May 28 and at 8 a.m.

Spectators can enjoy breakfast at the Heritage Village while participants register for events.

The trek will start at 10 a.m., and riders will tour the town of Arborg and compete in a scavenger hunt.

"They'll drive to town and drive past all the main residences, the seniors' residences, the hospital and that," said Stoyanowski, a volunteer at the Heritage Village.

Following the route around town, participants will play games like an egg and spoon race, balancing challenges and a chain pull on their tractors at the Heritage Village.

"There's an egg where the hitch is, and they have to back up to it without breaking the egg," said Stoyanowski,



The 2022 Tractor Trek is set for May 28.

explaining another featured game.

Walter Hamm said the games and obstacles organized at the 2019 Tractor Trek stand out in his memory.

"They were hilarious," said Hamm.

"There was one where they had to push a barrel with their front tire. That was very interesting."

Hamm had attended tractor pulls throughout Manitoba but thought the Heritage Village's Tractor Trek was a great way to display old tractors without straining them.

"There are quite a few antique tractors in this area, and they really have no way of showing them off," said Hamm.

Volunteers are also offering tours of the Heritage Village for visitors throughout the day.

Six prizes will be handed out at the end of the Tractor Trek to award oldest tractor, best restored tractor and other notable favourites.

In 2019, the event attracted around a dozen displayed tractors, but Stoyanowski thinks there will be a larger response this year.

"I hope there's a good turnout because it's a neat thing to see," he said.

"It all depends on seeding."

For updates, visit the Arborg and District Multicultural Heritage Village Facebook page.



TRIBUNE PHOTOS SUBMITTED BY JOE STOYANOWSKI

Antique tractors will tour Arborg on May 28 before heading to the Arborg and District Multicultural Heritage Village to compete in games.



Tractors without a cab and from 1970 or earlier can enter.

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No other items will be picked up. Please place all items at curbside.

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Plant Auction
Saturday, May 21 at 10:00 am
Fines Field Picnic Shelter (Baseball Diamonds)

Please join us as we auction off donated perennials, vegetable plants, annuals and assorted garden related items.

Light lunch/snacks will be available for purchase.

Donations can be dropped off May 21 between 8:30 - 9:30 am

If you have items you would like to donate but cannot attend, please contact Tanya Daher @ 204-467-2235 to make arrangements.

Money raised will be donated to the Memory Garden in Stonewall.

get inspired

> MEAL IDEAS



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Strawberry Walnut Hand Pies

pulse strawberries and lemon juice until slightly chunky.

Transfer to saucepan and gradually whisk in cornstarch until dissolved. Stir in sugar.

Heat over low heat until sugar dissolves, about 3 minutes. Turn heat off and stir in chopped walnuts. Transfer mixture to small bowl; refrigerate.

To assemble hand pies: Remove one dough disc from refrigerator. Lightly flour work surface and rolling pin. Roll out dough into large rectangle. Slice dough into six 4-by-2-inch rectangles. Place on parchment paper-lined baking sheet.

In bowl, mix water and egg. Brush perimeter of dough rectangles with egg wash. Place 1 tablespoon filling on center of dough.

Roll out second dough disc, creating six rectangles of dough. Place on top of jam and crimp edges with fork to seal. Freeze hand pies 20 minutes.

Preheat oven to 375 F.

Trim uneven edges of dough with sharp knife and brush tops and sides with egg wash.

Bake 20-24 minutes until golden brown around edges. Cool at room temperature 5 minutes on baking sheet then transfer to wire cooling rack until completely cooled.

To make frosting: In bowl, whisk sugar, milk and beetroot powder until thick but smooth. Drizzle frosting over hand pies and top with chopped walnuts. Cool 15 minutes, or until frosting is set.

Dough:
1/4 cup California walnuts
1 1/4 cups all-purpose flour
1 teaspoon cane sugar
1/4 teaspoon salt
7 tablespoons cold unsalted butter, cubed
4-5 tablespoons ice cold water
1 egg, beaten

Strawberry Walnut Filling:
1 cup strawberries, tops removed, halved
1 tablespoon fresh lemon juice
1 teaspoon cornstarch
2 tablespoons cane sugar
1/3 cup finely chopped California walnuts

Frosting:
1/2 cup powdered sugar
2 tablespoons 2% milk
1/2 teaspoon beetroot powder
2 tablespoons finely chopped California walnuts

To make dough: In food processor, pulse walnuts until fine and evenly ground. Add flour, sugar and salt to ground walnuts; pulse to combine. Add cubed butter; pulse until butter is in small pieces. Add cold water 1 tablespoon at a time, pulsing while adding, until dough starts sticking together.

Transfer dough to clean surface; shape into two 4-inch discs. Wrap with plastic wrap and refrigerate 1 hour.

To make filling: In food processor,

Walnut Chorizo Pizza Bites



1 cup sliced sweet onion
5 mini bagels
1 large zucchini, sliced 1/2 inch (10 slices)
1 cup marinara sauce
1 cup walnut chorizo
1/2 cup crumbled goat cheese
1/2 cup chopped basil

To make walnut chorizo: In food processor, pulse walnuts until finely crumbled. Transfer to mixing bowl.

In food processor, pulse pinto beans, lime juice, paprika, oregano, cumin, chi-

potle powder, salt and garlic powder until mixture resembles ground meat. Stir bean mixture with walnut pieces.

In medium skillet over medium heat, heat olive oil. Add walnut chorizo and cook 5-7 minutes until lightly browned, using spatula to break into crumbles.

To make pizza bites: In pan over medium heat, heat olive oil and add onion. Cook, stirring occasionally, 15-20 minutes until onion is soft and golden brown.

Preheat oven to 375 F. Line two bak-

ing sheets with parchment paper. Halve bagels and place on baking sheet. Place zucchini slices on second baking sheet.

Top each bagel and zucchini slice with 1 tablespoon marinara; spread with back of spoon. Add 1 tablespoon walnut chorizo crumbles to each bagel and zucchini slice. Sprinkle with caramelized onion and goat cheese.

Bake 10 minutes.

Cool 5 minutes on baking sheets. Top with basil.

Walnut Chorizo:

1 1/2 cups California walnuts
1 cup pinto beans, drained and rinsed
2 tablespoons lime juice
1 teaspoon smoked paprika
1/2 teaspoon dried oregano
1/2 teaspoon cumin
1/2 teaspoon chipotle powder
1/2 teaspoon salt
1/4 teaspoon garlic powder
1 tablespoon olive oil
Pizza Bites:
3 tablespoons olive oil

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May is Mental Health month

Now with spring upon us, we all feel the positive effects of sunshine and spring. The change in season can benefit us physically, relationally, but also emotionally and within our mental health. Higher Vitamin D and longer days tend to make us feel more energized, which can lead to us feeling lighter in mood. Time outdoors helps to reset internal rhythms and systems and gives us better sleep at night. For those of us who enjoy gardening during this season, there are benefits there, too. Did you know that there are natural antidepressants found in soil? It's true! In all these ways and more, spring can be a wonderful time of refreshment as we step into summer. With that being said, spring and summer can nevertheless be difficult times in mental health, just as any other time of year.

This month is Mental Health Awareness Month and we at Stonewall Counselling Center feel more than ever that it is important to find a mental health practitioner who you can trust and where you feel supported in your healing process. You may be experiencing stress, anxiety, fear, sadness, and loneliness. Stonewall Counselling Center is a collaborative team of professionals with comprehensive knowledge in evidence-based care, and we are here to help you and listen to you. Erica Hildebrand and Damaris Bredin are professional counsellors at the center, and each bring their own unique set of skills, strength, and wisdom to their practice. We mutually share the importance of care for individuals who are suffering from mental health challenges. We each



PHOTO SUBMITTED

Damaris Bredin, left, and Erica Hildebrand.

have a strong understanding of ethical and confidential issues, an ability to form a therapeutic connection with our clients and are well versed in recognizing treatment strategies designed to create positive changes for those we work with. Most importantly we desire to partner with you to help you feel unstuck while working through barriers allowing you to achieve your potential. We believe that everyone has the resources and inner strength to heal and overcome adverse experiences with the right help.

Erica Hildebrand is the founder of Stonewall Counselling Center and her vision for SCC is to create a space in the Interlake area to help those who are struggling in their mental health and who are seeking help within their own community. We are located at 405 3rd Ave South in Stonewall. Please find more about us on our website: www.stonewallcounsellingcenter.com.

Stonewall Counselling Center

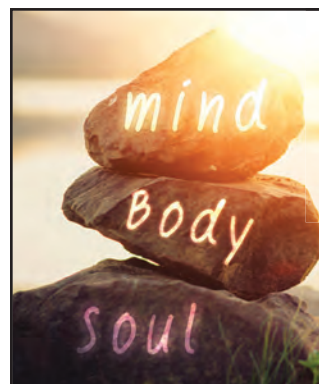
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We offer services to those who are struggling with their mental health and wellness.

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Celebrating the Marine Museum of Manitoba and the S.S. Keenora

The Marine Museum of Manitoba gears up for a season full of special events



By Autumn Fehr

On the 15th of August 1972, a passenger and freight vessel, the S.S. Keenora, was sitting in water, rotting away, risking losing its history.

A week later, 20 citizens from Selkirk purchased the S.S. Keenora through a bank loan, and it became incorporated as the flagship of the museum.

This August, the Marine Museum of Manitoba celebrates 50 years since its incorporation as a business and 125 years of the ship that started it all, the S.S. Keenora.

Since the initial purchase of the S. S. Keenora, the museum has taken in five other ship donations: the C. G. S. Bradbury, the Chickama II, the Lady Canadian, the Peguis II, and Joe Simpson.

The museum manager, Shaylene Nordal, has been a part of the museum, seeing its changes and telling the stories of the ships for almost three decades.

"All of them had different duties on the lake, which adds to the story," said Nordal.

Nordal started as a tour guide with the museum out of high school 28 years ago.

"This year to be part of two big anniversaries, it's crazy," said Nordal.

This season, the museum has planned a series of special events to celebrate this milestone with the City of Selkirk.

Their main anniversary event is a 50/50 draw, which will kick off on the grand opening day of the museum, the 21st of May.

The museum hopes to raise \$50,000, where half of the proceeds will go towards restoring the S.S. Keenora for its 125th anniversary.

The draw will be held at the beginning of November this year.

"We call it the 50/50/50 because it's our 50th anniversary 50/50," said Nordal.

Restoration is a part of the upkeep of the ships and is a process that is ongoing to keep them in good condition while keeping their integrity.

Other daily upkeep for the ships would involve projects such as replacing deck boards and restoring exterior ship doors.

Larger projects, such as the funds

**"IT IS HISTORY
THAT WE HAVE
TO KEEP ALIVE TO
LET OUR FUTURE
GENERATIONS
KNOW WHERE IT
ALL STARTED,"**



TRIBUNE PHOTOS BY BRETT MITCHELL

Shaylene Nordal on the S.S. Keenora - the flagship of the Marine Museum of Manitoba, founded the museum almost 50 years ago.

raised from the 50/50 for the restoration and painting of the exterior of the S.S. Keenora, are done on rotation as it is more costly and time-consuming.

Nordal says that the museum follows strict guidelines in the restoration process to ensure everything stays the same as the original ship that once sailed on the waters of Lake Winnipeg.

"You want to keep the history there; seeing it is so important to Selkirk, and you want the visitors to see those details," said Nordal.

The museum is a big part of Selkirk's history and the people that live there, as the city was founded and built around the water.

Nordal says that the Marine Museum of Manitoba is a key draw to the city because the communities surrounding the lake all had their connections to Selkirk, as goods were sent from the city to go up North.

"Many of the residents have a tie to marine life on Lake Winnipeg rather

it be you had a family member who worked on the ships or who fished on the lake. It all ties in. That is a big part of Selkirk's history," said Nordal.

Since the S.S. Keenora is responsible for the start-up of the museum, this summer, there will be a special limited ticket event to celebrate its 125th anniversary.

In July, the museum will host an evening of live entertainment with an authentic Keenora meal reflecting the food on a day excursion or weekend trip on the lake.

Nordal says it will be an experience that takes you back in history.

"It is history that we have to keep alive to let our future generations know where it all started," said Nardal.

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The Stonewall Teulon Tribune connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion?

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Stonewall Teulon
Tribune



The boats on display at the Marine Museum include the S. S. Keenora, the C. G. S. Bradbury, the Chickama II, the Lady Canadian, the Peguis II, and Joe Simpson.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Sinclair, Kinley a smash hit at badminton provincials

By Brian Bowman

A pair of Interlake athletes had outstanding performances at the 2022 Yonex Manitoba Senior Provincial Badminton Championships in Winnipeg.

Emalia Sinclair smashed her way to a first-place finish in the women's singles A event.

"It was pretty unexpected to win the singles portion," said Sinclair, who lives in Warren. "I thought in doubles or mixed doubles that I would go farther but singles was pretty big for me to win. I just have been going at it for so long that it's rewarding to get that kind of result."

Sinclair easily defeated Shelagh Yovic by scores of 21-7, 21-8 in the final.

She began singles play with a 21-14, 21-7 win over Mohyna Deraj and then had to battle back to beat Ranya Narwal 14-21, 21-13, 21-17.

"I would say my semifinal game was a lot more difficult than my finals but I just came into finals looking to win," she said. "The first (game) was kind of warming up and learning how to play her and then I figured it out. I just had to take my time and not panic when I was down."

In women's doubles - A play, Sinclair teamed up with Serenity Faith Poirier to win the consolation.

After losing to the duo of Leah Inglis and Yovic by scores of 21-15, 15-21, 17-21, Sinclair/Poirier defeated Devika Deraj/Tiffany Tantakoun (16-21, 21-12, 21-14) and Trinh Nguhen/Cora Tsang (21-18, 16-21, 21-11).

"(Women's doubles) is getting pretty competitive, there are a lot of even teams out there," Sinclair said. "And mixed is probably the toughest bracket out of all of the events right now because all of the teams are so even and strong."



Emalia Sinclair won the Women's Singles - A event at provincials.

In mixed doubles - A action, Sinclair and her partner Kyi Nichols played just one game, losing 21-14, 21-19 to the tandem of Tantakoun and Rylan Ramnarane.

Sinclair is headed to Calgary at the end of the month for the 2022 Yonex Western Senior Elite and then she'll be in Edmonton for next month's nationals.

Stonewall's Dale Kinley, meanwhile, finished second in mixed doubles at provincials and was third in both the men's singles and men's doubles events.

"Obviously, I always want to do better and always want to win," Kinley said. "But it was some pretty



TRIBUNE PHOTOS SUBMITTED

Dale Kinley had a great performance at the 2022 Yonex Manitoba Senior Provincial Championships in Winnipeg.

good performances. I'm trying to get back in shape to play singles again so I was pretty happy with that one. It could have gone either way, I lost in the third set, 24-22.

"I lost in the third set and it was a nailbiter."

SIRC celebrates the Warren Mercs' season with a social

Fundraising social planned for June 11

By Emma Honeybun

The South Interlake Recreation Centre (SIRC) is holding a social and Merc's Victory Party at the Sunova Arena in Warren next month on June 11 from 8 p.m. to 1 a.m.

The social will be a fundraiser in support of the arena but also a celebration party to congratulate the Warren's hockey team on winning the South Eastern Manitoba Hockey League championship. There will be an unveiling of their championship banner to commemorate the end of a great season.

It's appropriately called the "SIRC Raise the Heat" social, since it will be raising funds for the arena's maintenance, with an emphasis on a new hot water tank.

"We're really proud of the building," said Craig Riddell. "It's one of the nicer arenas around but, you know, it is getting to be 18 years old next season. A few things are just needing to be updated. And in order to maintain the really good ice quality, we just kind of have to have a better functioning system and make it a lot nicer for our employees to maintain the place. ... Through the year we'll have a system that, you know, won't have those shortfalls."

The social will have a fun atmosphere, with the community being

SIRC Raise the Heat

Fundraiser & Merc's Victory Party

Saturday, June 11th, 2022

at the Sunova Arena
1 Railway Ave. Warren, MB

Live Band - Lost in a Small Town

Time: 8pm-1am
Tickets: \$15.00

copy

able to round up funds while having a nice time and supporting the team. There will be live music from a local

rock/country cover group called Lost in a Small Town.

Continued on page 21

Stovin wins scholarship



TRIBUNE PHOTO BY JO-ANNE PROCTER

Brody Stovin won the Travis Price Scholarship Award from Stonewall Collegiate at last week's Winnipeg High School Hockey League awards banquet. The Rams' nominees for league awards included Stovin (MVP and top defenceman), Regan Hoess (sportsmanship), Dray Sobkow (goaltender) and Adam Newcombe (rookie).

Bronze-medal winners



TRIBUNE PHOTO BY SANDI SWANSON

The Interlake Phillies AAA U13 won bronze in the Season Kickoff Tournament in Regina last weekend. The Phillies lost 12-6 to the Regina Lazars in Game 1 but bounced back to defeat the Lumsden Cubs 13-11 and Regina Strikers 15-1. The Regina Saints beat the Phillies 10-9 in a semifinal game but Interlake won the bronze-medal game 13-4 against the Regina Storm. Pictured, back row, left to right: Robyn Deprez (coach), Peyton Rinn, Jersey MacMillan, Olivia Hagen, Ava Fernandes, Riley Swanson, Sarah Fines (coach), Kalin McGuirk (coach); front row, Taylor Hagen (coach), Jordyn Chetyrbok, Nicole Hutchinson, Avery Deprez, Keira Pattie, Brooklyn Sachvie. Missing from the photo are Sara Vande and Katie Braid.

sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Great job on the ice



TRIBUNE PHOTO SUBMITTED

Skate Stony Mountain had some great news recently as Dana McKee received an award for a Manitoba coach at a qualifying national event while Marrin McKee won the Senior Artistic Award as well as the Sport Excellent Award. Jayla Butcher received the Gold Achievement Award for completing her Gold Dances this season. Shannon Roy received the Section Volunteer Award. Pictured, left to right: Shannon Roy, Katie Roy, Jayla Butcher, Marrin McKee and Dana McKee.

Interlake posts 0-4 record at Director's Cup

Staff

Interlake had a tough time at the Director's Cup 2022 DC Prospects Tournament, finishing with an 0-4 record last weekend at the Bell MTS Iceplex.

Interlake started action Friday with a 16-2 loss to Central Plains. Daniel Koss and Noah Smolinski scored in the losing cause.

On Saturday, Interlake was defeated 18-1 by Yellowhead. Maculla McKay scored Interlake's lone goal in the sec-

ond period.

Later that day, Interlake dropped a 7-4 decision to Norman.

Brody Slatcher led Interlake with two goals while Ryder Kirk had a goal and two assists and Layne Stuart also tallied.

Interlake wrapped up action Sunday with a 13-2 loss to Eastman. Smolinski and Lucas Miller scored for Interlake. Kirk had two assists.

> MERCS, FROM PG. 20

There will also be a raffle and prizes, a 50/50 draw and a cash bar.

The social on its own probably won't reach the goal, he said, but it will be a good start, and a chance for people to use the arena for a reason aside from the usual winter skating at the end of the season.

Tickets are \$15 and can be pur-

chased by emailing sircsocial22@gmail.com. You can also reach out to any of the SIRC arena board members directly.

Tickets can also be purchased in-person on May 28 from 11 a.m. to 2 p.m. at the town garage sale outside of the Warren United Church.

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METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

CAMPERS / TRAILERS

2006 Forest River, Wildwood LA, low miles, tow hitch. Sleeps 6. 1 slide out. Fridge, stove, microwave, shower, toilet, awning. Works on hydro or propane. Asking \$18,000. For more info call Bob at 204-642-2787.

GARAGE SALE

Warren Community Garage Sale - Saturday, May 28th, 9 a.m. to 3 p.m. 40 plus homes throughout town.

HELP WANTED

Super 7 Service in Teulon is looking for full and part time cashier help. Must be available to work some evenings and weekends. Call 204-886-3777 or email resume to: 7service@mts.net

FULL-TIME REPORTER WANTED. Northern Manitoba (The Pas) newspaper. Excellent communication and writing skills. Photography an asset. Send resume to Opasquia Times at optimes@mymts.net

SHOP LOCAL ~ SUPPORT LOCAL and help your local economy

take a break > GAMES

SUDOKU

					8			
			1	3	9			
8		1				9		6
						1	4	
9	2		5					
				2				7
	5		8			7		3
1		6	4					
						4	5	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	9	4	2	7	9	6	8	3
6	8	2	3	5	4	9	7	1
3	9	7	1	6	8	4	5	2
7	6	5	9	2	3	8	1	4
8	3	9	4	1	5	7	2	6
2	4	1	7	8	6	3	9	5
9	2	6	5	4	7	1	3	8
5	7	8	6	3	1	2	4	9
4	1	3	8	9	2	5	6	7

Sudoku Answer

S	E	S	V	E	R	D	V	N
E	Z	I	L	V	N	O	I	T
O	I	O	I	N	V	P	S	V
O	V	L	R	D	E	V	N	H
P	D	P	V	L	P	R	I	S
	N	N	V	M		D	E	N
E	N	O	P	S		R	I	V
E	N	I	L	V	S		C	E
W	V	T	B	I	S	D	E	M
E	T	V	S		D	E	M	S
E	I	R	E	S	G	V	D	N
O	P		N	M	O	D	S	E
I		U	O	G	V	S	E	C
H	T	R	E	B	E	R	A	S

Crossword Answer



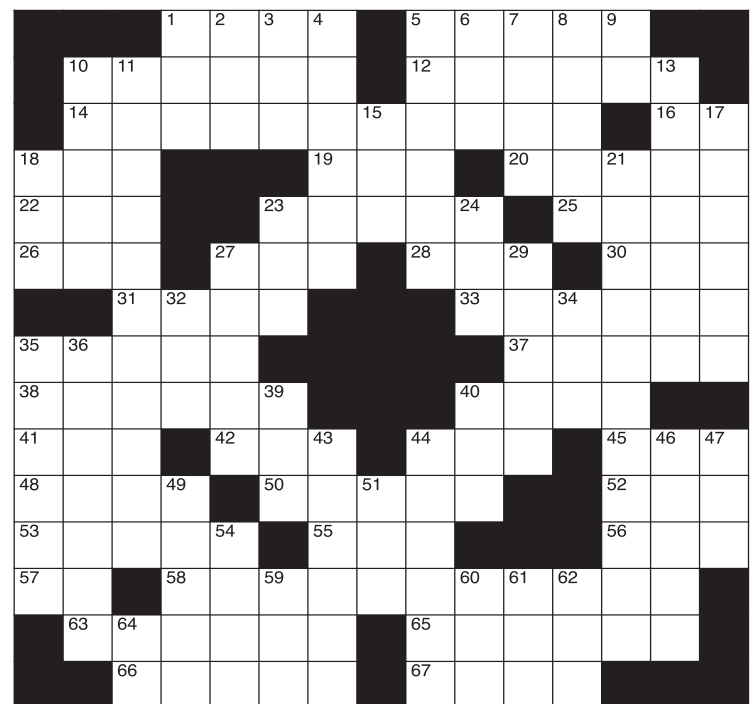
CROSSWORD

CLUES ACROSS

- Amounts of time
- A ship's place at a wharf
- Point a finger at
- Large, burrowing rodent
- Raises the stakes
- Measure of illumination
- Cast out
- One who is staid
- A word used for emphasis
- Military missions
- Wet with rain
- Selling at specially reduced prices
- Word element meaning ear
- ___ student,
- Blood relation
- Make into leather
- One billionth of a second (abbr.)
- Containing salt
- A seat
- A type of fine pottery
- You're caught red-___!
- "Heat" director Michael
- Expression of creative skill
- Title of respect
- Crony
- Payroll experts
- Actress Remini
- Famed consumer advocate
- Indigenous Thai person
- Fitzgerald and Baker are two
- Cooking tool
- Decorate a cake with frosting
- The seventh note of a major scale
- Transfer from private to state ownership
- A set of five
- Removes
- Foolish persons
- Lower parts of a wall

CLUES DOWN

- Old EU money



- Some put it on steak (abbr.)
- Sign language
- Sowed on the ground
- Tags
- Everyone has one
- Arguments
- N. African capital
- Midgame (abbr.)
- Change as needed
- Functioning as a consonant
- An island in the north Atlantic
- Carpenter's tool
- Small football player
- Ghosts say it
- Explain through logic
- Having ten
- Criticize
- Arms of the sea
- Belonging to a bottom layer
- ___ Caesar, comedian
- Licensed health care pro

- Swiss cottage
- Cleft lip
- Loud, unpleasant noise
- Disfigure
- Kayakers traverse them
- Authored
- Small freshwater fishes
- Macabre poet
- Carthaginian statesman
- Principle underlying the universe
- Common Japanese surname
- The bill in a restaurant
- Small constellation
- Chap
- Equal
- One quintillion bytes (abbr.)

Classifieds

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Stonewall Teulon
Tribune

HELP WANTED

2022 CANADA SUMMER JOB OPPORTUNITY - The Woodlands Museum is seeking two motivated and dynamic individuals aged 15-30 for on-site seasonal employment. This is an opportunity to explore a career in tourism, education, history or technical occupations related to museums and heritage. Applicants must have physical ability for site maintenance, knowledge of computers and good communication skills. A variety of tasks may include care of artifacts, data collection, creation of exhibits, lawn/garden care and housekeeping. Each position is for 30 hours per week, spanning eight weeks. Start dates are June 9 and June 30th but may be negotiable for high school students. Deadline for applications is May 20, 2022. Mail resume to Woodlands Museum, Box 206, Woodlands, MB, R0C 3H0 or email to woodlandspioneerseum@outlook.com Applicants will be notified if an interview is requested

HELP WANTED

Wanted reliable student or graduate for Countryjohns Portable Toilets, \$16 - \$18/hr. Must be able to lift, load, service and deliver poly toilets. Must be able to back up trailers and operate vacuum pump (will train). Please email your resume to: countrjohns@shaw.ca

HELP WANTED

\$2000 signing bonus! Seeking class 1 drivers to transport RV's throughout N. America. Subsidized group benefits, competitive rates, monthly bonuses. Driver must have valid passport, able to cross the border, pass drug test and be 21 years or older. For more information about us, please visit our website at roadexservices.com. To apply please email resume and a current driver's abstract to recruiting@roadexservices.com

**DO YOU HAVE A
NEWS TIP OR AN
INTERESTING STORY??
CALL 204-467-5836**

LIVE FARM AUCTION SALE

**For Marlene & the late Bob Wuskynyk
Dallas, MB
Saturday, May 21st, 2022 at 11:00 a.m.**

Sale Site: Go through Peguis First Nation to the Dallas Store – follow PR #224 to PR #412, follow #412 for 1.5 km North, turn West for 4.1 km to Red Rose Hall sign, turn North for 4.9 km, turn West for 0.5 km (watch for signs)

Machinery & Equipment: Hesston 100-90 DT Tractor, w/3 pt, Cab, Dual hyd, pto, grapple, loader, 18.4 x 34 rear tires, 14.9 x 24 front, FWA – not working (ser #D6M4774MAAOH); Case Int 5250A, triple hyd; cab, Allied 795 bucket & grapple, 18.4 x 38 rear, 14.9 x 24 front (like new tires); 6T-590 1989164C1 (ser #X52130543X); Case Int. Baler RBX 563, good cond, pickup, belts; Case Int. 8830 Haybine, 14ft, (ser #8830 CFH0101430); Allied bale stoker; IHC breaking plow; 3 bottom plow on steel; 12ft Shurflex; Int. R160; MFL Waterlod separator; McCormick-Deering Threshing machine, 22" cyl; MF Drill, 13ft, seed & fertilizer attach, on rubber; 10ft Deep tiller; Cockshutt 535 Combine; 100 bu side slip Wagon; Westfield Auger 36x6, 9hp, w/B&S motor; Rock-omatic 546, pto (ser #OM513976); Douglas 7.5 ft Swath roller; J.D. 14T Baler; J.D. 37 Sickle mower; 894 Side delivery rake; J.D. 24T & 14 T Balers(needs work & 1 for parts); Versatile 400 15ft, hydrostatic, oper, (needs work); 28ft Cultivator w/Ajax harrows; D7 Caterpillar w/10ft blade (needs work); J.D Side delivery rake (LR223960); 10ft Hutchmaster, RP series 79 (ser #10-1170); White 253 Disc, on rubber

Vehicles & Trailers: 2010 Dodge Ram 2500 Power wagon, dark red, 5.7 hemi, comes w/mag wheels (Custom "Ballistic off road" 18" rims) factory winch w/operating controls, sunroof, 128,514 km, complete power wagon package, custom seat & backseat cooler, beverage cooler, short box, set up for gooseneck w/plug on cab wall, bed protected w/LineX spray, some damage to tailgate (ser #3D7TT2CT8AG182281); 1952 Dodge truck; D66-52, 64,000 mi, 2 spd axle, pto (ser #D4002610A); Stock trailer, 5x16, metal, wooden floor, needs work; Ford F600 w/metal box & hoist, 4 spd od, 49447 mi; 1996 Dodge 1500, red, (VIN #1B7HC16Y4TJ198383); 1979 Dodge Power wagon, w/o (VIN #W14JF98189426); 1985 Dodge Ram Charger, 2 tone brown/black (VIN #1B4GW12T0FS603971); 1972 Chrysler Newport Royal, 2 dr hardtop, 400 auto (ser 3CL23M2C234011); 2008 Jeep Cherokee, 369,264 km

Shop & Tools: Furney Model C5 Welder; Cutting torches & gauges; Strong arm grinder; Annex stove; Inferno stove; Wisconsin 16 hp portable Welder; Honda Generator, 9.6 kw; Stair climber mover; Portable air compressor; Tool cart on wheels; Railway jack; Ryobe 10" table saw; Booster pack; (2) Floor jacks; Yardworks 6.5hp mower; Husquvarna push mower

Yard & Miscellaneous: Elec wood splitter; Craftsman 22 hp lawnmower; Yard wagon; Yard sprayer; (3) Water backpacks; 4 bales twine; 70 gal slip tank w/pump; 3 rolls barb wire; Various scrap iron; Winch for D7; (2) School buses; Polaris Colt; McCullough Boat, trailer, Evinrude 40hp motor, fiberglass, model 13 Sport, (DOT: 113314); Cream cans; Horse rake & mower

Note: There will be no internet /online bidding at this sale.

For more info: Call Buddy
Lorne (Buddy) Bergner, Auctioneer
Box 1, Ashern, MB R0C 0E0
Ph: (204) 768-2669/ Fax: (204) 768-3237
Email: bergauact@mymts.net www.globalauctionguide.com

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Neither the Owner nor Auctioneer is responsible for errors in description or condition. Sale listing is subject to additions or deletions and any comments made the day of the sale with respect to sale items takes precedence over previously reported listing. We are not responsible for accidents Items are sold "AS IS - WHERE IS"

SUMMER Employment Opportunity

Maintenance Assistants in various facilities for various locations within the IERHA:

Locations: Arborg, Ashern, Eriksdale, Fisher Branch, Lundar, Teulon, Selkirk & Stonewall

Competition number: IERHA 936/22

Please refer to complete job posting at: <https://selfservice.ierha.ca> and search under "View All" and scroll to : Student Maintenance Assistants.

**Deadline for submissions is
Tuesday, May 17, 2022 at 11:59 pm.**



**Interlake-Eastern
Regional Health Authority**

Woodlands Pioneer Museum Inc.

Annual General Meeting

**Tuesday, May 31st, 2022
7:00 pm**

Location: Woodlands Museum
99 Railway Ave., Woodlands, MB

All are welcome!

FREE!

PORTABLE GARAGE OVAL FRAME.

**Needs to be dismantled.
Great for a greenhouse.
Call 467-2539 for details
and location.**

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102086 Hwy 9, Wpg Beach, MB



EMPLOYMENT OPPORTUNITY FINANCIAL ADMINISTRATOR

The West Interlake Watershed District (WIWD) is seeking a permanent full-time Financial Administrator to be responsible for all aspects of financial and administrative duties for the WIWD. Under the supervision of the Manager, the Financial Administrator will report to the Manager and Board. Office located in Lundar, Manitoba.

Duties include:

- Developing detailed accounting in accordance with acceptable procedures and financial audit purposes
- Payroll, invoicing, project coding, preparation of tenders, inventory, reception, maintaining public relations, recording meeting minutes, and preparing financial reports
- Various duties as assigned

Qualifications:

- Experience preparing and monitoring budgets, and financial reporting
- Excellent computer skills with ability to use various Microsoft office packages
- Strong time-management and organizational skills
- Exceptional attention to detail
- Strong communication (verbal & written) and interpersonal skills
- Experience using Sage

Assets:

- Knowledge and experience in agricultural practices
- Experience working with/in; non-profit organizations, municipal governments, and provincial governments
- Experience working for or being a part of a board of directors
- Knowledge of beneficial management practices and general resource management planning would be an asset.

Salary dependent on skills and qualifications

Interested candidates should submit a cover letter and resume describing how you meet the specified qualifications by 4:00 p.m., June 1st, 2022, to the:

West Interlake Watershed District
Box 732, 9 Main Street
Lundar, Manitoba R0C 1Y0
Fax: 204-762-5862
Email: manager@wiwd.ca
Phone: 204-762-5850

The West Interlake Watershed District would like to thank all applicants for their interest; however, only those selected for an interview will be contacted.

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@stonewallteulontribune.ca

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THE RURAL MUNICIPALITY OF WOODLANDS 2022 DUST CONTROL PROGRAM

The Rural Municipality of Woodlands will accept requests for the application of dust control, on a **PRE-PAYMENT BASIS**, on municipal roads in front of residences within the Municipality. Application forms are available at the Municipal Office or our website rmwoodlands.ca. The application will consist of a 16' x 300' strip at a cost \$300.00 plus GST (\$315.00).

Deadline to submit application forms is **Friday, May 20, 2022**.

In the event of insufficient requests, payments will be refunded.

NOTE: Any property owners undertaking Dust Control privately **must** provide Public Works with 5 days notice prior to commencement of any works and road prepping will only be undertaken during the same time frame when the Municipality is undertaking its dust control.

COUNCIL

Rural Municipality of Woodlands



EMPLOYMENT OPPORTUNITY MANAGER

The West Interlake Watershed District (WIWD) is seeking a permanent full-time Manager to develop and deliver environmental incentive programs to improve the soil, water, and general environment in the west Interlake region, under the direction of the Board. Office is located in Lundar, Manitoba.

Duties include:

- Development, promotion, and delivery of local watershed programs, projects, and initiatives within the provision of the Watershed Districts Act
- Preparation of external grant funding proposals and annual program budgets
- Provide technical and professional advice to the Board, participating municipalities and landowners on soil and watershed programming
- Develop and maintain cooperative relations with the public, stakeholder organizations and all levels of government.
- Coordination, development, and implementation of surface water management plans.
- Development and implementation of surface water management planning initiatives and projects.

Qualifications:

- Graduation from a recognized program with a degree/diploma in natural resource management, agriculture, environmental studies/science, environmental engineering, and/or experience in land and watershed programming
- Strong communication (verbal & written) and interpersonal skills
- Excellent computer skills with ability to use various Microsoft office packages
- Experience working with/in; non-profit organizations, municipal governments, and provincial governments
- Strong time-management and organizational skills

Assets:

- Knowledge and experience in agricultural practices
- Experience using GIS software
- Knowledge of beneficial management practices and general resource management planning would be an asset

Salary dependent on skills and qualifications

Interested candidates should submit a cover letter and resume describing how you meet the specified qualifications by 4:00 p.m., June 1st, 2022, to the:

West Interlake Watershed District
Box 732, 9 Main Street
Lundar, Manitoba R0C 1Y0
Fax: 204-762-5862
Email: manager@wiwd.ca
Phone: 204-762-5850

The West Interlake Watershed District would like to thank all applicants for their interest; however, only those selected for an interview will be contacted.

Classified and Notice booking deadline is Monday
at 4 p.m. prior to Thursday's publication.

Call 204-467-5836



RURAL MUNICIPALITY OF ROSSER

The Rural Municipality of Rosser is seeking applications for the following positions for the spring/summer of 2022:

Green Team Worker

- Must be between the ages of 16 – 29
- Have a valid driver's license

Duties to include but are not limited to the following:

- Mowing grass at various locations
- General maintenance on the Public Works building
- Clean-up garbage throughout the municipality.

Deadline for Applications is May 26, 2022

Please submit your application and resume and date available to start to:

Rural Municipality of Rosser
Box 131
Rosser, Manitoba
R0H 1E0
fax: 467-5958
e-mail: info@rmofrosser.com

CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



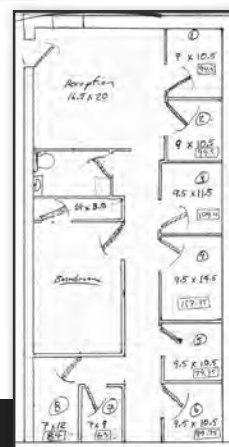
Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.

For information please contact:

BIG Real Estate
204-485-0010

email bigandcolourful@mts.net



LAKESIDE FLIGHT SCHOOL

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight School is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-642-4799.

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Call 204-467-5836
or Email
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WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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Closes Wed May 18 @ 7:00PM

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204 PALLET AND PACKAGING

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working close to home?

204 Pallet & Packaging in
Stony Mountain is looking for
full time production workers.
Wage depending on experience,
and health benefits after 3 months.
Please call 204-344-5404 for more details.

SUMMER STUDENTS

Teulon and District Museum
Hiring 2 Summer Students
Ages 15 to 30

30 hrs/week for 8 weeks

Deadline to apply May 31, 2022

Please forward resume to
kcajkb@gmail.com
or Box 44, Teulon, Mb, R0C 3B0

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@stonewallteulontribune.ca

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Do you have a unique service you would like to advertise?
Get the word out with an ad in the Tribune!



THE RURAL MUNICIPALITY OF ROCKWOOD

2022 DUST CONTROL PROGRAM

When requesting application of dust control, the Applicant acknowledges and accepts the following:

1. The product to be used for dust control purposes is Magnesium Chloride. The Municipality does not guarantee any dust control product.
2. For safety purposes, the maintenance of roads by the Municipality takes priority over anyone's application of dust control.
3. The Municipality shall not be responsible to replace anyone's application of dust control.

The Rural Municipality of Rockwood will accept requests for the application of dust control, on a **PRE-PAYMENT BASIS ONLY**, on municipal roads in front of residences in the Rural Municipality of Rockwood. **This includes residences in the Rural Residential Zones.**

Ratepayers may obtain dust control on the basis of **\$475.00** per application. **Orders and pre-payments** for same to be made to the Rural Municipality of Rockwood Administration Office by **Friday, May 27, 2022**. The application will consist of actual width of road x 100 metre strip. The area to be serviced must be staked out prior to application. Dust Control will be applied during the early part of June, **weather permitting**.

In the event of there not being sufficient requests for a truckload, payments will be refunded.

COUNCIL
The Rural Municipality of Rockwood



RURAL MUNICIPALITY OF ROSSER EMPLOYMENT OPPORTUNITY

The Rural Municipality of Rosser invites applications for the position of **Public Works Heavy Equipment Operator Employee (Seasonal)**

Under the direction of the Public Works Foreman, the position will be required to assist the Public Works Department and perform general municipal related work.

Qualifications – Public Works Heavy Equipment Operator Employee (Seasonal)

- Valid Manitoba Drivers Class 3 license would be an asset
- Minimum 2 years' experience in operating heavy equipment
- Mechanically inclined
- Knowledge in the operation and maintenance of different equipment (tractor/mower, compact track loader, grader, loader, tandem)
- Ability to work with minimal supervision
- Ability to do some physical labor
- Duration from June to November

Applications must contain a resume with three references, deadline being May 26th, 2022, at 12:00 noon.

Forward application marked "Application for Public Works Employment" to Ken McMahon, Public Works Manager at:

RM of Rosser
Ken McMahon – Public Works Manager
Box 131
Rosser, Manitoba R0H 1E0
fax: 467-5958
e-mail: info@rmofrosser.com

If you have any questions, please call the Municipal Office at 467-5711.

NOTICES

HIRING for spring/summer? Need Owner Operators or Class 1 Drivers? Construction staff? Advertise in the 32 Weekly Manitoba Community Newspapers to get your messaging out now! Selling something? Have an on-line store to shop at, doing curbside pickup/deliveries? Let people know in the Blanket Classifieds! Call 2 04-467-5836 or call MCNA at 204-947-1691 for details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

FINANCIAL

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail stonewall@mymts.net

LIVESTOCK

Registered black Angus bulls. One 2 year old & 4 yearlings. Quiet, semen tested, vaccinated. Call/text 204-793-1251 for more info. (Arborg).

NOTICE TO CREDITORS

IN THE MATTER OF:
The Estate of Ruth Sampson, late of the Postal District of Balmoral, in Manitoba, Deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 22nd day of June, 2022.

DATED at Stonewall, Manitoba, this 6th day of May, 2022.

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Under the direction of the Public Works Foreman, the position will be required to assist the Public Works Department and perform general municipal related work.

Qualifications – Transportation Maintenance / Equipment Operator Employee (Full time position)

- Valid Province Manitoba Drivers Class 3 with air
- Experience in Public Works and dealing with the public would be an asset
- Mechanically inclined with general equipment maintenance skills
- Knowledge in the operation of equipment such as tractor/mower, wheel loader, compact track loader, tandem, excavator
- Must have grader experience (winter & summer)
- Ability to work under minimal supervision
- Ability to work extended hours
- Ability to do some physical labor
- Basic Computer skills required
- Forklift license, first aid and WHMIS training an asset

Applications must contain a cover letter and full resume with three references, deadline May 26, 2022, at 12:00 noon.

Forward applications marked "Application for Public Works Employment" to:

Ken McMahon, Public Works Manager:
RM of Rosser
Box 131
Rosser, Manitoba R0H 1E0
fax: 204-467-5958
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If you have any questions, please call the Municipal Office at 204-467-5711.



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Bethel Rays of Hope Ministries would like to thank the community for their support at our recent garage sale held at New Life Church. We achieved our goal of \$8000!

CARD OF THANKS
Rosewood Lodge Recreation, nursing staff, management and the Adult Day Program would like to thank the Stonewall and District Health Centre Ladies Auxiliary for all their support over the many years of service in fundraising and helping with the purchasing of medical equipment and recreation projects. We would like to say that it was very much appreciated by everyone here at Rosewood Lodge staff and residents.
-Thank you,
Rosewood Lodge staff and residents

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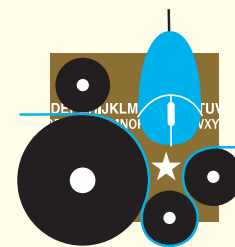
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