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## Springing into action

TRIBUNE PHOTOS BY JO-ANNE PROCTER

Stony Mountain Elementary School's kindergarten to Grade 8 students joined together to raise \$1,227 for Jump Rope for Heart. Pictured: Grade 2 students Maddie Chaves, left, and Whitney Fleury leaping for a cause.

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# Students share Earth Day messages through artwork

By Jennifer McFee

Stonewall students are taking a creative approach to sharing important environmental messages.

Students at Ecole RW Bobby Bend School have been busy decorating paper grocery bags with Earth Day artwork.

The bags were available for Family Foods shoppers on April 22 for Earth Day for 15 cents apiece. Once again, Family Foods donated part of the proceeds of all bags sold on Earth Day to REACT (Rockwood Environmental Action Community Taskforce), a non-profit volunteer-run organization that focuses on environmental responsibility.

It's the fourth year that the local elementary school has co-ordinated with recreation facilitator Laine Wilson on this initiative.

"The Earth Day bag project has established itself as an annual campaign," said teacher Jennifer Rukhra. "The students at Ecole RW Bobby Bend School appreciate their designs being handed out on Earth Day and many take pride in their artistic efforts."

Students from kindergarten to Grade 4 participated in the initiative, creating more than 400 decorated bags.

Beyond the bag-decorating project, the school has maintained an environmental focus through other initiatives.

tives.

"Our Grade 4s have recently performed in an Earth Day themed concert this year, which ties nicely into this project and Earth Day. Classes have been encouraged to participate in a playground cleanup," Rukhra said.

"Quite a few teachers have been reading the story of *The Lorax*, but I've also lent out books about Greta Thunberg and a picture book on oceanic plastic pollution. One of the initiatives that I would like to bring in next year is a litterless lunch, having students bring in only reusable containers for the day."

The students have always been keen to learn about environmental issues, she added.

"We start the conversations early with our student body about the importance of keeping our planet clean and the impact of our choices on other living things," she said. "We know teaching young children the habits of reusing and recycling are critical social responsibility skills."

Meanwhile, at Family Foods, the annual initiative continues to generate both excitement and awareness.

"It's really fun. I feel like the staff enjoy it as much as the customers do. We all look through them together and it's so exciting to be able to bag with them instead of just the plain bags,"



TRIBUNE PHOTO BY JO-ANNE PROCTER

Ecole RW Bobby Bend School students decorated bags that were used at Family Foods in Stonewall in celebration of Earth Day on April 22. Pictured left to right, back row: Kim Newman (Town of Stonewall councillor), Reed Lambert (Family Foods), Erica Corrigan-Lowe (Family Foods) and Ron Maryniuk (Town of Stonewall councillor); front row: Vala Veldkamp, Evelyn Martin, Mrs. Rukhra (Bobby Bend staff), Carter Moore and Peyton Marohn.

said front-end manager Erica Corrigan-Lowe.

"We understand why it's very important. Even while we're handing them out, we're telling people we're

doing this for Earth Day. We're trying to promote recycling and not littering. It's a great project."

# REACT announces Mattress Recycling Depot Day

By Haley Cvar

The Rockwood Environment Action

Community Taskforce (REACT) held its annual general meeting (AGM)

on April 20 at the Heritage Arts Centre. During the meeting, attendees learned about Mattress Recycling Depot Day with more details to come.

The board members also reviewed their previous year's financial state-

ment.

Realized in their 2023-2024 fiscal year was a profit of \$698. REACT's treasurer Karl Daher said the major difference was that they had trees donated last year, and there were no AGM expenses.

The budget for the 2024-2025 season proposes a \$1,000 increase in revenues and expenses, which is the projected Mattress Recycling Depot Day. The date of this event has not been confirmed but the idea is that local taxpayers can drop off their used mattress, and REACT will take it to Mother Earth Recycling. The mattress will be recycled or reused.

There are four board positions up for election annually: president, vice-president, treasurer and secretary. Daher said three of the four board members are letting their name stand for re-election. However, their current secretary, Vicky Islietson, will not let her name stand for the election. Daher called for nominations from

Continued on page 8

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# Assignment Earth



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Ecole RW Bobby Bend Grade 4 students performed their spring concert "Assignment Earth!" last week. The production featured captains leading colour-coded squads, all coming together to help save our planet. Some of the songs performed were "Turn it Off! Turn it Off!", "Don't Throw it all Away," "The 'O'Zone," "Driving Miss Lazy," "Lean, Green Air Machine." "The Last Due on Fast Food" and "We Are Able."



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# Woodlands community shows support for boy awaiting lung transplant

By Jennifer McFee

Woodlands School is embracing the spirit of community through a heartfelt fundraiser for a special student.

Sam Madden, a Grade 3 student at Woodlands School, was born with congenital heart defects and had his first open-heart surgery at five days old. Then right before his third birthday, doctors discovered that he had neuroblastoma, a type of cancer that develops in certain types of nerve tissue.

He underwent six rounds of high-dose chemotherapy followed by a stem cell transplant. During the stem cell transplant, he experienced complications including lung injury, resulting in severe respiratory issues.

The tenacious nine-year-old has been in and out of the hospital throughout his entire life. Last May and June, he was in the hospital with a recurring pneumothorax in his left lung. A pneumothorax occurs when air leaks into the space between the lung and the chest wall.

"After many weeks and a few surgeries, they were able to get the lung back up enough to do pleurodesis. This is a procedure that adheres the lung to the chest wall and can help for some time to prevent another pneumothorax," explained his mom, Lisa Parks. "We had a great summer out of the hospital with minimal appointments."

Then in January, Sam experienced chest pain. A trip to the ER determined that he had a large pneumothorax on the right side this time.

"He ended up being in the hospital for 55 days, getting out in early March. Through this time, he had multiple chest tubes inserted and surgeries trying to get his lung back up," Parks said.

"His right lung tissue particularly at the top is filled with blebs (small collections of air between the lung and the outer surface of the lung) and wasn't easy to get a seal to have the lung re-inflate.



Sam had the chance to enjoy a school swim trip.

He ended up having kind of a last-resort surgery where the surgeon tried her best to staple together the unhealthy fragile tissue in many spots of his lung."

After the surgery, his doctor said she was not confident it would be successful because his lung tissue is so damaged.

"It was successful enough for us to leave the hospital, but his lung still has a permanent small pneumothorax, so doing the pleurodesis this time was not an option since the lung needs to be fully inflated to be able to adhere," Parks said.

"For most of this hospital stay, he was on suction so not able to leave his bed. He celebrated his ninth birthday Feb. 7 and we made the best of it decorating his room and having his brothers and cousins come have a sushi party with him."

When Sam was well enough, his teacher Ms. Peltz came for a visit, bringing him gifts and a custom-made colouring book created by his classmates.

"We also had other classrooms send all sorts of pictures for him. One hit was Mrs. Hoas



TRIBUNE PHOTOS SUBMITTED

Terri Ross, kindergarten teacher at Woodlands School, will be shaving her head as part of the fundraising event on May 2.

classroom sending drawings each student did of a loon. He loves loons," Parks said.

"The students and school have been incredible. Everyone makes him feel so loved at the school. We have get-well cards from all the grades and even from Rosser school."

Although Parks found it difficult to send Sam to school in such a fragile state, she said she has complete confidence in the care he receives at school.

"Alison Marttila has been an amazing advocate and works so closely with me on how to get Sam in school and be as normal as he can. He has three EAs (education assistants) that are trained in his feedings — he does gravity feeds in a gastrostomy tube to supplement nutrition — as well as his continuous oxygen," Parks said.

"They are Mrs. Sorenson, Ms. Magus and Mrs. Petrowski. I'm greeted daily with them coming right to my car to hook him up to his tank. They take such good care of him."

To further support Sam and his family, the school community is hosting a fundraiser on May 2 at 5:30 p.m. Terri Ross, kindergarten teacher at Wood-



Woodlands School students worked hard on creating a T-shirt. This design by Armand Buors was chosen to reflect Sam.

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# Stonewall RCMP issue request to help identify suspect

By Lana Meier

The Stonewall RCMP are seeking the public's help in identifying a male suspect who was responsible for a break-in and causing damage to a property.

On April 10 early in the morning, at an address on La Salle Road in Oak Bluff, surveillance footage captured the suspect in the act. The individual

caused damage by breaking windows on a barn and a parked vehicle during the early hours of the morning.

The suspect was caught on camera again, this time on a nearby property, appearing to enter a residence. It is believed that he had previously entered the same residence in January and set fire to the kitchen.

If anyone has information on this in-

cident please call Stonewall RCMP at 204-467-5015 or contact Crime Stoppers anonymously at 1-800-222-8477 or through the secure tip online at [www.manitobacrimestoppers.com](http://www.manitobacrimestoppers.com).

PHOTO SUBMITTED

RCMP are asking for the public's assistance in identifying a male suspect who was responsible for a break-in in Oak Bluff.



## > TRANSPLANT, FROM PG. 4

lands School, will be shaving her head as part of the event.

"We wanted to do a fundraiser that would raise some funds for Sam and his family but that would also show them how supported they are by the community of Woodlands," Ross said.

"We are doing a community walk, barbecue, T-shirt sales and then one student will be picked to cut off my ponytail before I shave my head."

Ross describes Sam as "the most positive and hilarious kid" who inspires everyone daily.

"We would help any family in this situation, but Sam is really funny and brave," she said. "He has had to go through some of the most difficult things imaginable, but he still cracks a joke and never puts limits on himself. His friends love to spend time with Sam in any way they can."

When Sam returned home after his recent 55-day hospital stay, Ross said the school community wanted to show support for his family, both financially and emotionally.

"This fundraiser is a way to involve our school community and show how we come together to support those who need us. The idea for the walk and T-shirt sales came from Meagan Fisher and was expanded on by Bobbi-Jo Bolun — and now we're running with it," Ross said.

"Sponsorships have come in from businesses around the com-

munity, so almost all of the funds raised go straight to Sam and his family. This just shows the support from the Woodlands school community as a whole."

So far, the sponsors include Lillies and Lattes, Two Little Fish, LJ's Grill, Warren Fuels and Sigfusson Northern. There's no set fundraising goal; instead, they're trying to raise as much as possible to ease some of the financial strain for Sam's family.

"Sam is the bravest little guy with the best attitude, and we just really want to show our support to him and his family," Ross said.

"My hair will grow back, but I hope the impact and act will remind people that it's easy and important to help others."

For Sam and his family, the community's support is significant and touching.

"Knowing that Sam has so much support and that he will get a day just to show him how much everyone is cheering him on and realizing how much he goes through means so much to me and him," Parks said.

"The financial help is humbling, but it did take so much stress off me, being able to say yes to him when he was in the hospital last stay. His huge sense of happiness or treat in the hospital is food — mainly sushi. It's the one thing he looks forward to."

The funds will be much appreciat-

ed by Sam's family, since they might need to temporarily relocate if he gets a lung transplant.

"We just did two weeks of countless appointments, scans, blood work to send to Toronto for his approval to be on the lung transplant list. I'm expecting we will be on the list in the next couple months," Parks said.

"I spoke with the transplant team in Toronto last summer where they even asked if we were able to physically do the transplant as a family. It could require us living out there for one year and a definite four months after surgery."

Through the Make a Wish Foundation, Sam's family has wished for a hot tub.

"We have a local company, Garrett Contracting, donating their time.

Home Hardware in Arborg has given materials at a discounted rate," Parks said. "LCL Spas in the Winnipeg have been amazing to us as well."

Amid many serious aspects of day-to-day life, the event will infuse a sense of fun for Sam and his fellow students.

"Having Mrs. Ross do such a huge thing cutting all her hair off but make it so fun for all the students just shows the spirit the school has," Parks said.

"Also, to have all the students work so hard on creating a T-shirt design and Sam being able to go through each one was incredible."

Anyone who'd like to donate can reach out to Woodlands School or email Terri Ross at [tross@isd21.mb.ca](mailto:tross@isd21.mb.ca). All are welcome to come out for the May 2 event at Woodlands School.

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## Protect your future. Get immunized! National Immunization Awareness Week – April 22-30

By Lana Meier

It's National Immunization Week from April 22 to 30, 2024 — and this year, it is important for Manitobans to check if they are up to date with vaccinations.

According to Marcy Timchishen, Interlake-Eastern Regional Health Authority's immunization co-ordinator, vaccinations are essential in building immunity and preventing illnesses for both you and your loved ones. Countless diseases, including polio, measles, meningitis and whooping cough pose significant public health risks due to their contagious nature. Fortunately, the development of vaccines has made it possible to prevent these conditions from spreading.

As new evidence and findings emerge, vaccine recommendations are periodically revised. This can create confusion for individuals in determining which vaccines they require and are eligible for. Consequently, some may be unaware of the need to catch up on their vaccinations. For instance, adults and pregnant individuals may not be aware of the necessity to receive immunizations against specific illnesses.

While it may be commonly believed that vaccines are only necessary for children, the truth is that immunizations play a vital role throughout our entire lives. It's important to note that a tetanus shot is not just for emergencies resulting from an injury; in fact,

all adults should receive a booster every 10 years. Additionally, those who have not received an adult dose of whooping cough are eligible to do so.

According to Timchishen, National Immunization Awareness Week presents a great opportunity for Manitobans to communicate with their health-care provider or public health nurse regarding the status of their children's or their own vaccinations.

"Public Health encourages all health-care providers to take the opportunity, when presented, to ensure that their client's or patient's immunization records are up to date," she said.

Manitoba Health provides publicly funded vaccines to Manitoba residents who are registered with Manitoba Health, per Manitoba's routine immunization schedule and vaccine eligibility criteria. Over the last couple months, Public Health has been focusing efforts on ensuring that those who are eligible for measles vaccination are up to date due to a significant rise in measles cases in many parts of the world and with some cases occurring in other provinces across the country.

As a result of amendments to the preschool immunization schedule, Public Health has been offering a greater number of meningitis vaccine doses. This measure aims to enhance safeguarding against various strains currently prevalent in the province.

For instance, children who are at least 12 months old and were born after Jan. 1, 2020, can receive the Meningococcal Quadrivalent Vaccine, regardless of whether they have already received their Meningococcal C Vaccine as part of their regular immunization schedule.

During National Immunization Awareness Week, public health nurses across the region will be increasing their outreach efforts to raise awareness of immunizations. There are clinics happening throughout the region as well as information boards, posters and community advertising around the importance of getting your vaccines up to date.

Anyone with questions regarding their own or their child's immunization records, who wants to schedule an appointment or is unsure if all immunizations are up to date is encouraged to please contact their local public health nurse ([www.ierha.ca/find-us](http://www.ierha.ca/find-us)).

For further information on the suggested vaccination timelines for both children and adults, refer to:

- [www.gov.mb.ca/health/publichealth/cdc/div/schedules.html](http://www.gov.mb.ca/health/publichealth/cdc/div/schedules.html)

For more information regarding vaccines and their importance, visit:

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TRIBUNE PHOTO BY MEGAN THIEVIN-ANDRES

Two-and-a-half-year-old Blake Thievin-Andres enjoyed her first soft ice cream of the year from The Kiln Drive-In on Sunday with Auntie Brooke Ogilvie. The temperature reached 17 degrees C. on April 21. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [news@stonewallteulontribune.ca](mailto:news@stonewallteulontribune.ca).

## Manitoba government helping more seniors age at home

### New program helps seniors remain safe in their homes

By Lana Meier

Seniors who meet the requirements can now submit their applications for the Safe and Healthy Home for Seniors Program, a \$1.5-million initiative that aims to assist in the expenses of enhancing home accessibility and safety, as revealed by Minister Uzoma Asagwara of health, seniors and long-term care.

According to Asagwara, our government is dedicated to enhancing care for seniors and offering additional assistance for aging in their own homes and communities. This program is one aspect of our strategy to aid vulnerable seniors. Often, minor changes or additions are sufficient in creating a safer living environment.

These measures can greatly reduce the risk of injury at home and alleviate strain on emergency departments. Additionally, they are crucial for seniors transitioning out of hospitals or seeking greater independence while remaining at home.

Individuals who are 65 years and above, as well as those residing with seniors, have the opportunity to receive financial assistance of up to \$5,000 (\$6,500 in rural and remote regions) to cover essential home modifications for daily activities. The grant can be applied for once every three years, with a total limit of \$15,000 per lifetime. To qualify, the household income must not exceed \$60,000.

The funding can be put toward the cost of essential accessibility solutions and could include:

- adaptations that increase safety, like grab bars, bathtub safety rails and increased lighting; or
- accessibility improvements for daily activities, such as zero-threshold showers and widening doorways.

The program will be administered by March of Dimes Canada, a national charity committed to championing equity and empowering ability.

According to Jason Lye, vice-president of community support services at March of Dimes Canada, the organization has a solid history of changing lives through home adaptations. He explained that even minor modifications to a person's home can have a significant impact, allowing them to maintain safety and independence in their own living space. The team is eager to assist seniors in Manitoba with achieving this goal.

To find out more about the Safe and Healthy Home for Seniors Program, such as application instructions, visit [www.gov.mb.ca/seniors/index.html](http://www.gov.mb.ca/seniors/index.html).

For more information about March of Dimes Canada, visit [www.marchofdimes.ca/en-ca/programs/am/mshhs/Pages/SHHS.aspx](http://www.marchofdimes.ca/en-ca/programs/am/mshhs/Pages/SHHS.aspx) or call 1-866-906-6006.

## worship

with us > FAITH

### Preparing and Planting

Often at this time of year, especially if we're connected with farming, we think of planting seeds. Whether we're planting seeds in fields or starting seeds indoors for the garden, sunny days in April give many people the desire to grow things. If we like reaping the harvest, it can't happen without first taking the time to prepare and plant. More than once I've stopped to pick up a few seed packets only to leave with more than I could easily carry in my hands. Followed up by looking at the grass and wondering if I could till up a patch to plant more seeds. Spring is often about preparing, planting, and growing, however I've learned that if the soil isn't properly prepared with the right soil composition and fertilizer, the plants won't do as well. A number of years ago I started tomato plants and then transplanted them into large pots. I then took them to the screened-in porch at a cabin for the summer. It seemed like a great idea at the time, but I learned something; too much fertilizer and not enough sun produced very tall, lanky plants with marble-sized fruit. It was less than ideal for a toasted tomato sandwich. Hosea 10:12 says, "Plant the good seeds of righteousness, and you will harvest a crop of love. Plow up the hard ground of your hearts, for now is the time to seek the LORD, that he may come and shower righteousness upon you." Let's plant seeds of loving kindness in other people's lives, and watch them respond and flourish to kind words and deeds. If we haven't already, consider inviting Jesus to break up the fallow ground of our hearts. Repenting of our sins, asking for forgiveness, and inviting Him into every area of our lives. As we look towards eternity, let's prepare our hearts now so we can spend eternity with Him later; Jesus is waiting to welcome us in.



Pastor Jo-Ann Porterfield  
 Alive Family Church  
 Stonewall, MB  
[alivefamilychurch.ca](http://alivefamilychurch.ca)

# Year of change and growth

By Lori Penner

Last year was a foundational year for Access Credit Union with investments in many of their strategic priorities.

At its recent annual general meeting, Access Credit Union board chair Curt Letkeman announced a significant payout of \$13.5 million through the member rewards program.

This allocation, representing about 1.12 per cent of interest paid by members on loan services, was distributed to non-registered accounts during the fiscal year.

Additionally, members holding surplus shares and common or preferred shares, excluding member shares, received dividends in the form of surplus shares with dividends paid out March 27 at rates of 2.25 per cent on surplus shares and 5.45 per cent on common and preferred shares.

President and CEO Larry Davey reported robust growth in both deposits and loan portfolios in 2023. Despite a challenging rate environment, the credit union's loan portfolio expanded by nearly 16 per cent with mergers contributing 9.5 per cent and organic growth 6.5 per cent. Deposits grew by almost 14 per cent, with mergers accounting for 10.75 per cent of the increase and organic growth nearly three per cent.

Davey also highlighted a significant rise in profitability for the financial institution, and with nearly 1,000 staff serving over 200,000 members across

Manitoba, it experienced a year of change and growth.

Letkeman emphasized last year's successful integration of mergers with other credit unions, highlighting the teamwork and positive energy displayed throughout the process. While acknowledging challenges such as banking system conversions and service outages from national providers impacting members nationwide, he emphasized the commitment to finding optimal solutions.

"What has stood out most for me during these transitions is the care, teamwork and positive energy that people have brought. It has truly been an example of the whole being stronger than the original parts," Letkeman said.

Meanwhile, he added the institution remains focused on offering competitive pricing and community investments while navigating increased costs for new banking programs and government regulations.

Despite the challenges, Letkeman expressed pride in Access Credit Union's achievements, noting its reputation for providing competitive savings and loan rates and its commitment to community support.

In 2023 alone, staff contributed over 14,000 volunteer hours to various community groups, and the credit union donated almost \$1.8 million to local non-profits and charities across Manitoba. In addition, Access employees raised over \$250,000 for com-



TRIBUNE PHOTO BY LORI PENNER

"Over the last three years, we have been hard at work on executing and capitalizing on the mergers with other credit unions," said president and CEO Larry Davey.

munity organizations with donations from their Jeans for Charity program.

Access Credit Union continues to prioritize its members' financial well-being and the communities it serves and was once again recognized as a top employer in Manitoba.

"Yes, we know there may be bumps in the road, but know that your board and staff are committed to serving the membership in the best way possible and that we want to be where you need us to be," said Letkeman.

Davey added that over the last three

years, they've been hard at work on executing and capitalizing on the mergers with other credit unions throughout the province.

"These benefits continue to be seen in the economies of scale, competitive pricing and community investments that we bring to our members," Davey said. "While we continue to focus on bringing many different organizations together under the Access banner, it is our privilege to serve every member to the best of our ability every day."

## PUBLIC NOTICE

### Pesticide Control Program

Environment and Climate Change and Economic Development, Investment, Trade and Natural Resources is introducing the 2024 Pesticide Control Program.

The program is needed to:

- control invasive plants and noxious weeds in Wildlife Management Areas (WMAs) and provincial parks
- control vegetation encroachment on WMA and park infrastructure
- rejuvenate native prairie in Beaudry Provincial Park

Scheduled application dates are from June 12, 2024 to October 31, 2024.

Pesticides to be used include:

- |  |                                |
|--|--------------------------------|
| <i>Nufarm Trillion Tur Herbicide</i>       | <i>Restore Nxt Herbicide</i>   |
| <i>Round Up Transorb HC and Poison Ivy</i> | <i>Navius VM Herbicide</i>     |
| <i>Clearview Herbicide</i>                 | <i>Abrosect 20-S fungicide</i> |
|  | <i>Navius</i>                  |

Environment and Climate Change  
Environmental Approvals Branch  
14 Fultz Boulevard (Box 35)  
Winnipeg, MB R3Y 0L6

Comments must be received by May 24, 2024.



## > MATTRESS RECYCLING, FROM PG. 2

### Al-Anon and AA Meetings Information

**Balmoral Al-Anon Family Group**  
Balmoral Community Hall basement  
6003 E MB-236, Balmoral, MB  
Contact: (204) 470-8972  
Meets every Wednesday 7-8 PM  
Everyone welcome

**Selkirk Red River Al-Anon Family Group**  
Christ Church Anglican  
227 McLean St., Selkirk, MB  
Contact: (204) 482-6287  
Meets every Monday 7-8 PM

**Teulon AA**  
Christian Education Building  
3rd Ave. SE, Teulon, MB  
Contact: (204) 461-0155  
Meets every Tuesday & Friday 8-9 PM

**Stonewall AA**  
Parochial Hall  
291 1st St. W., Stonewall, MB  
Contact Denis: (204) 981-7747  
Donna (204) 461-0892  
Meets every Sunday 7:30-8:30 PM

the floor and Jennifer Dyson raised her hand. Islietson formally nominated her. There was no election and Dyson accepted the secretary position. The other positions filled by acclimation included president Heather McDermid, vice-president Nancy McGowan and treasurer Karl Daher.

Following the AGM, there was a presentation by Altona Community Action Network (ACAN), which promotes sustainability in their community through education and action. ACAN discussed the projects and programs they have done and are working on in Altona.

REACT has a number of events coming up that include: International Compost Awareness Week from May 5 to 11, Arbour Day Celebration & Team Up to Clean Up on June 1 and Ruby Roe Tall Grass Prairie Day on June 15. Mark your calendars and come out to support a great cause.

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# MityBilt Products gets Stonewall council's nod for expansion

By Jennifer McFee

Stonewall council received a request from MityBilt Products Inc. to vary the minimum rear yard and side yard setbacks in order to build a two-storey 21,600-square-foot manufacturing and storage facility to house Hush Acoustics on a Limestone Bay property.

The property, which is in a light industrial zone, is currently vacant and is surrounded by existing industrial uses. The applicants sought to vary the minimum rear yard and side yard setbacks to five feet from the required 15 feet minimum. Hush Acoustics intends to build a new full-function facility to produce high-quality acoustic products using cutting-edge technology and recycled materials like water bottles and pop bottles.

The company expects to employ about 10 to 12 people. The applicants already have an existing building across Limestone Bay to the east.

"MityBilt is a vital contributor to the furniture industry within our region, serving as the sole manufacturer of school furniture in western Canada and the exclusive provider of furniture coast to coast through local dealers across Canada. Currently, our operations at the Stonewall industrial Park employ over 70 dedicated full-time staff members," states the company's letter of intent.

"The proposed establishment of a new building for our affiliated company, Hush Acoustics, located at 31 Limestone Bay, presents an opportunity for optimization. Consolidating our manufacturing activities by relocating from our current facility at 549 King Edward St. in Winnipeg to a site nearer to Stonewall will facilitate operational efficiency. This move will not only enhance our logistical capabilities but also create employment opportunities, with an estimated 10 additional employees commuting from Winnipeg to Stonewall daily."

The operations of Hush Acoustics and MityBilt share administrative, financial and marketing functions. They also collaborate on projects nationwide.

"By co-locating, we can consolidate shipments, thereby minimizing shipping costs and reducing our overall environmental impact, in alignment with our commitment to sustainability," states the letter of intent.

"In conclusion, we urge the council to consider the significant benefits

that the establishment of the new Hush Acoustics facility would bring as we plan to consolidate operations in Stonewall. In addition to improving efficiencies and competitiveness, this move would also create new job opportunities and contribute to the economic growth of Stonewall."

Council conditionally approved the request.

"It's good news for the town that they've decided to bring the development here rather than leave it in the city," Mayor Sandra Smith said. "It brings good economic value for us and employment opportunities."

Council also conditionally approved an excess animal request from Desiree Griffin-Eros to keep two dogs and five cats for companionship and pleasure purposes only at a 4th Avenue South property. When any of the current animals die, they can't be replaced unless the total number of dogs is two or less and the total number of cats is three or less. The excess animal permit must be renewed each year.

The applicant also requested permission to temporarily foster one extra dog and one extra cat over six months old at the same address.

Four members of council felt that the number of animals in the residence is already significantly large and were in support the excess animal permit but not the additional request of fostering. Coun. Kim Newman said council also needs to consider the neighbouring properties. Newman added that she is an animal lover who has fostered animals herself.

Meanwhile, Mayor Sandra Smith said she felt Griffin-Eros should be able to temporarily foster one cat or one dog in need of special medical care since there would be enough checks and balances in place.

Council denied the request to allow for the temporary fostering of one additional dog and one additional cat over the age of six months besides the ones listed on the excess animal permit.

**IN OTHER COUNCIL NEWS:**

- Residents can voice their opinions about the Town of Stonewall's asset management system. The town is updating its asset management plan and is seeking communi-

**"IT'S GOOD NEWS FOR THE TOWN THAT THEY'VE DECIDED TO BRING THE DEVELOPMENT HERE RATHER THAN LEAVE IT IN THE CITY."**



TRIBUNE PHOTO BY JO-ANNE PROCTER

MityBilt plans to build a two-storey manufacturing and storage facility in Stonewall's Industrial Park to house Hush Acoustics.

ty feedback on what level of service residents expect from physical assets that the town operates, maintains, repairs and replaces. The information will help the town to better manage its physical assets for today while also planning for future service needs. Residents can provide input on their satisfaction with municipal services, their service priorities for funding allocation and their willingness to pay to maintain or increase services. They can also share service improvements. The survey is available on the Town of Stonewall website at [www.stonewall.ca](http://www.stonewall.ca) until the end of the day on Monday, May 13.

- Stonewall's Anglican Church is now officially and legally designated as a municipal heritage site, which indicates that it's a site of architectural or historic value. Council passed second and third readings at the April 17 council meeting.

- At the same meeting, council also passed second and third readings of a bylaw to establish a rate for urban services being provided to the Town of Stonewall.

- The Town of Stonewall has an existing funding agreement with Manitoba Water Services Board from 2019 to help with upgrades to the south lift station. However, the existing funding agreement doesn't provide enough resources to complete the upgrade project, which is estimated to cost \$2 million. As a result, the town approved an amendment with MWSB to fund the project up to \$2 million to be cost-shared on a 50/50 basis.

- Representatives from partner municipalities have requested a meeting with Health, Seniors and Long-

Term Care Minister Uzoma Asagwara to discuss the local personal care home project.

- Council approved a proposal from WSP to provide engineering services to advance the continuing care retirement community project.

- The Stonewall Rockwood fire chief has designated authority to implement a burning ban at his discretion based on the level of fire restrictions outlined in the town's burning bylaw. Unusually dry conditions and below-average moisture levels create a potentially high risk of wildfires. The burning ban might need to be implemented with urgency at short notice.

- Council agreed to provide a grant to the Grade 2 students of École RW Bobby Bend School to cover the admission cost of touring the Heritage Arts Centre in the spring of 2024. In their request they indicated that they have attended the centre in the past and have found it to be a valuable resource to learn about the town's history since it fits in perfectly with the Grade 2 social studies curriculum.

- Yard waste pickup began April 22. Unlimited yard waste pickup is available until June 7.

Oak Park Estates Inc.

**AGM**

Monday, May 27th  
@ 6:30 pm

In the Oak Park Estates  
Common Room

*\*If you would like to be on the  
OPE Board please contact  
Janet at 204-383-7710*

# Two longtime doctors receive Physician Emeritus Awards

By Jennifer McFee

Two longtime physicians earned a moment in the spotlight to recognize their commitment to health care throughout their careers.

Dr. Eric Stearns and Dr. Greg Pinniger each received a Physician Emeritus Award at Interlake-Eastern Regional Health Authority's annual spring physician dinner on April 23 at the Selkirk Golf and Country Club.

Now in its second year, this award recognizes physicians who have recently retired or have reduced their practice in preparation for retirement. Physician colleagues and community members had the chance to nominate physicians who have provided exemplary service and expertise to their community.

Last year, the inaugural Physician Emeritus Awards went to Dr. Habtu Demsas and Dr. Richard Roland Lindenschmidt, who both served the Selkirk area.

Dr. Charles Penner, regional lead of medical services and chief medical officer, congratulated this year's recipients for their achievements.

"It brings me great pleasure to recognize my physician colleagues, Dr. Eric Stearns and Dr. Greg Pinniger, for their contributions to health care in the Interlake-Eastern region," Dr. Penner said.

"We are privileged to have such dedicated professionals serving our communities."

As he prepares to wrap up a career that spans more than four decades, Dr. Stearns said receiving the Physician Emeritus Award is the top honour.

Dr. Stearns graduated from medical school at the University of Manitoba in 1978 and finished his residency in obstetrics and gynecology five years later. He began practising at the Manitoba Clinic, while also working for the Northern Medical Unit and travelling to northern communities including Churchill, Rankin Inlet, Arviat, Coral Harbour, Baker Lake and Repulse Bay.

Over time, he shifted his focus to offer care in Hodgson and Fisher Riv-



Dr. Eric Stearns

er. At the same time, he spent more than 25 years in Selkirk performing surgery and providing clinical care. He also ran a private practice in Selkirk for two years. Today, Dr. Stearns continues to do surgical assisting in Selkirk.

He also serves as a physician advisor for the College of Physicians and Surgeons of Manitoba (CPSM) and is a past-president for CPSM. In addition, he chaired the perinatal maternal health standards committee at the CPSM for many years and worked as a consultant on the Manitoba Physician Achievement Review program. He continues to work with CPSM's quality improvement program.

Adding to his varied experience, Dr. Stearns was a department head at Seven Oaks General Hospital and served on multiple committees through Winnipeg Regional Health Authority and Interlake-Eastern Regional Health Authority, as well as holding the position of assistant professor in University of Manitoba's department of obstetrics and gynecology.

With a global reach, Dr. Stearns taught the ALARM International Program in Guyana, Ethiopia and Tanzania. This program aims to reduce maternal and newborn mortality around the world. In Guyana, Dr. Stearns also



Dr. Greg Pinniger

reviewed the national obstetrical program for the government.

Dr. Stearns expects that 2024 will be his final year of practice. Looking back, there's much that he's enjoyed over the decades.

"You can't beat delivering babies, and I also love to teach," he said. "And to go out with this award is awesome. It's the highlight of my career. It really tops it off. This is amazing to me."

Dr. Greg Pinniger also enjoys the va-

riety he has experienced through his career in rural general practice.

Since 1992, Dr. Pinniger has served as a physician in Manitoba with four years in Killarney and 26 years at Stonewall Medical Clinic, along with work in the surgical intensive care unit at Health Sciences Centre. Outside of Manitoba, he did locums in Prince Edward Island and Alberta.

As a general practitioner, Dr. Pinniger said he enjoys "knowing a little bit about a lot of things." He also appreciates that the duration of his career has allowed him continuity of care with his patients. By working alongside other dedicated and enthusiastic doctors, nurses, allied health professionals and administrators, Dr. Pinniger feels gratitude for individuals who comprise the care teams that health-care requires.

At the same time, Dr. Pinniger has enjoyed serving on Interlake-Eastern RHA's medical advisory committee over the years.

Looking ahead, he hopes other new physicians might pursue a similar path in rural general practice.

"I hope that rural and family medicine can one day recapture the attention of new medical graduates and entice them into a rewarding, chal-

Continued on page 11

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[manitoba.ca/childcarecareers](http://manitoba.ca/childcarecareers)

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# Garage Sale

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Donations can be dropped off at the church from April 29th - May 2nd between 10am-6pm



# Stony Mountain students jumping for a cause



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Last Friday, students at Stony Mountain Elementary School joined together to raise \$1,227 for Jump Rope for Heart. This program has been promoting heart and brain health among kids across Canada for over four decades. Not only do children learn the importance of staying active and developing healthy habits for a better life, but they also help raise funds for crucial research on heart disease and stroke that saves lives. Photos, left to right: Grade 3/4 students Emmett Senkow, Lorenzo Valdes Prince and Aftyn Cafotte jumping together; Grade 3 student Colby Zamrykut proudly displaying his prize for raising the most money (\$358).

## > EMERITUS AWARDS, FROM PG. 10

lenging career — one where they can grow professionally and personally and one where they can feel truly needed by those that they serve,” said Dr. Pinniger, adding that coming to Stonewall was the highlight of his career.

As for being chosen as a recipient of the Physician Emeritus Award, Dr. Pinniger said it’s an honour — and a surprise.

“I’m just one of many people in the health-care system who try to do their best,” he said. “I appreciate the recognition given to me by my colleagues. It is touching and humbling.”



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[mraweb.ca/event/huntington-heroes-walk-to-cure-hd](http://mraweb.ca/event/huntington-heroes-walk-to-cure-hd)

# April 26 is Community Foundation Day!

The Manitoba government has proclaimed April 26 as Community Foundation Day across the province. This annual day of celebration recognizes community foundations’ impact on community well-being, and the generosity of Manitobans.

Manitoba is home to 57 community foundations.  
Built by community, for community.  
Connect with your local community foundation  
at [EndowMB.org](http://EndowMB.org)



# Festival arts showcase



TRIBUNE PHOTOS BY JO-ANNE PROCTER AND CHRISTY BROWN

The 65th Rockwood Festival of the Arts (RFOTA) returned to Stonewall and Teulon April 16-21 after a four-year hiatus. Participants took part in competitive and non-competitive piano, speech, choral/vocal, band, guitar and dance.



# Fisher Branch Women's Institute holding drug awareness open house

By Patricia Barrett

The Fisher Branch Women's Institute is spearheading an initiative to raise awareness of increased drug use in the Interlake and is inviting surrounding communities to collaborate on strategies to tackle the issue.

Debra Barrett, president of the Manitoba Women's Institute, said the Fisher Branch Women's Institute formed a committee that's organizing an open house to bring together people from the region to discuss drug use and addictions. The open house will also be live streamed for people to attend virtually.

"We're finding that all the Interlake communities are struggling with drug addictions and the associated costs to the community. There are not just financial costs, but costs to society and the family," she said. "We thought we'd gather some experienced and knowledgeable speakers and invite communities within the Interlake to take part in our open house where they can gather some information."

Barrett said the focus will be on the use of on street drugs such as weed, cocaine and crack, but also opioids and to a lesser extent alcohol, all of which can lead to breakdowns in families.

"We're finding that a lot of families are experiencing a breakdown. It not necessarily just young people using drugs; there are adults consumed by it," said Barrett. "Children are winding up in care, marriages are failing or the cost of drugs means families don't have the financial means to provide what's necessary for the family unit. Addictions are expensive and they have to be funded. So there's a lot of theft taking place."

The WI has a number of speakers lined up, said Barrett. Representatives from the Addictions Foundation of Manitoba, St. Boniface Street Links, Harm Reduction from Eriksdale and the Youth Treatment Program (Teen Challenge) will be part of the evening. There will also be individuals such as Chris (from Alcoholics Anonymous) who sits on community committees and boards and will speak on addiction impacts on the person, family, and community, Ron (from Fisher Branch) who has been a speaker on addictions at the Manitoba Youth Centre, and Kevin who will speak on the signs and behaviours of cocaine-addicted persons.

"We are also discussing speaker availability with Ian Rabb of Two Ten Recovery and Destiny House. He was formerly with Aurora Addictions Centre. And we've reached out to the RCMP regarding the process for enforcing an involuntary psychiatric assessment order from the Court of

King's Bench," said Barrett.

The topics will include how to tell whether a person has an addiction, how addictions impact families and communities, resources available for individuals with an addiction and their families/loved ones, where treatment programs are located for persons living in the Interlake, and the development of a comprehensive

multi-community approach to addictions, associated mental health issues and the impacts on Interlake communities.

The WI will be also providing attendees with educational materials on services available to individuals and families, treatment programs and facilities, and legal issues surrounding addictions.

What the WI is hoping to accomplish from the evening is to raise greater awareness of drug use and encourage collaboration on a strategic plan.

"Our hope is for the Interlake communities to work together in developing a strategic plan, which would result in a cohesive approach focused

Continued on page 19

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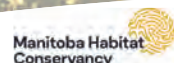
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# Spring Home & Garden Guide



## SPRING IS HERE! Have you prepared your home and yard to welcome it?

Are you excited about the return of warmer weather? Now's a great time to do spring-cleaning tasks around your home and yard to make the most of this season and avoid unpleasant surprises. Here's a quick checklist of things to inspect around your home.

- **Air-conditioner.** Test your air conditioner to ensure it's in good working order and will keep you cool when a heatwave hits. Replace or clean the filters and evaporator coils by following the manufacturer's instructions. This will help optimize the efficiency of your system.
- **Windows and screens.** Check the state of your window screens and replace them if they've been damaged



over winter. This will help you better regulate the temperature and humidity in your home on hot days. You should also make sure your windows open and close properly.

- **Attic and ceiling.** Look for signs

of water damage to your attic or ceiling, including stains, peeling paint and mould. You should also check for signs of an animal infestation, such as nests, and take the necessary measures to remove them.

- **Roof.** Examine your roof for any damage sustained over the winter, such as missing or broken shingles, pooling water and thinning or unevenly distributed gravel. Plan the necessary repairs accordingly.

- **Gutters.** Remove debris from your gutters and ensure that water is draining away from your home's foundation. You can also take this opportunity to check for cracks or leaks in your gutters that could com-

promise their efficiency.

- **Foundation.** Look for cracks in

Continued on next page



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## Spring Home & Garden Guide

### How to make your yard an eco-friendly haven

The impacts of climate change are already evident, and it's essential to take action to reduce them. One way to start is by making your landscaping more environmentally friendly. How can you make your yard green? Here are some principles to follow.

#### Diversify your lawn

Grass is commonly used as ground cover. However, this monoculture requires a lot of water and sometimes pesticides, which can limit biodiversity. Instead, plant drought-resistant plants such as clover and thyme that feed pollinators like bees.

#### Choose native plants

Many foreign plants don't have natural competition in your local ecosystem and can quickly become invasive. Choose species adapted to your local climate to preserve the native flora and fauna.

#### Use rainwater

Install a rain barrel underneath your gutters and use the collected water to give your plants a drink. It's a simple and inexpensive way to save precious drinking water.

#### Make your soil permeable

Consider transforming a section of



your concrete driveway or walkway into porous tiles or crushed gravel. This will enable rainwater to seep into the ground, reducing runoff and preventing soil erosion. Additionally, this helps minimize the number of pollutants in your local water treatment plant.

#### Grow a vegetable garden

Emissions linked to transporting food are a significant source of pollution. Tackle this problem head-on by harvesting cucumbers, tomatoes and lettuce directly from your garden.

Creating an eco-friendly yard may seem long and arduous, but the benefits are worth it. Plus, it requires less maintenance in the long run.

### > SPRING IS HERE, FROM PREVIOUS PAGE

your home's foundation and seal fine and hairline ones with an appropriate product. Hire an expert to evaluate cracks that are more than one centimetre wide.

- Outdoor faucets. Turn on your outdoor faucets to check if the cold weather damaged your pipes. You can do this by covering the spout with your thumb. If you can stop the flow, there may be a hidden leak.

- Gardening equipment. Sharpen the blades and check the oil levels in your lawn mower, chainsaw and hedge trimmer. Take inventory of

your gardening tools and clean them as needed.

- Vegetation. Collect broken branches and trim greenery that's grown too close to your home. Overgrown trees and bushes can damage your siding and give pests access to your home. Additionally, trim your perennials, especially if you forgot to do so last fall.

On the count of three, roll up your sleeves or schedule an appointment with the maintenance professionals in your area to get ready to welcome spring!

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# Nickel inducted to the Space Camp Hall of Fame



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Space Station Ambassador Maria Nickel was recently selected as an inductee to the Space Camp Hall of Fame. Nickel is an Ecole Stonewall Centennial School educator and has sent experiments to the ISS through the Student Spaceflight Experiments Program (SSEP). She has also worked extensively with her students, building and launching CubeSats. She has presented at the Space Exploration Educators Conference at Space Center Houston and is a recent inductee into the Space Foundation's Teacher Liaison program.

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# Red River Jigging classes start in St. Laurent

By Becca Myskiw

If you've ever wanted to learn to jig, now's your chance.

Last Wednesday marked the start of jigging lessons in St. Laurent, taught by 18-year-old Eva Kerbrat. Kerbrat started jigging when she was just four years old, and after showing promising talent from the beginning, the dancer was recruited by the Asham Stompers just one year later.

Since she was five, Kerbrat has travelled across Canada, performing around 100 shows a year with the group. Now that she's an adult, the

jigger wants to share her love for the dance with others, so she's offering lessons.

Jigging is a traditional dance invented by the Red River Métis in the 1900s. Accompanying a fiddle tune, the Red River Jig was first performed by those involved in the fur trade during gatherings. The dance involves four men and four women who face each other six feet apart, standing on their toes. It starts with a single shuffle with the right and then the left foot, and for every third shuffle, the foot raises back-



TRIBUNE PHOTOS SUBMITTED

Eva Kerbrat is offering jigging classes in St. Laurent beginning in June. She has been performing with the Asham Stompers since she was five years old.

ward to miss the music beat.

Having grown up in St. Laurent and begun her jigging journey there, Kerbrat wanted to return to where it all started. Her mom, Angelica Kerbrat, said jigging feeds Eva's soul, and they hope it will feed the souls of others too.

"When you see them in person, it's amazing," said Angelica. "It really feeds the spirit. We all have to find that passion and something that feeds our own spirit."

Eva likes everything about the Red River Jig: the fiddle music, the quick

footwork and the partnerships on stage. She describes the dance as "uplifting" and "high vibrational."

Though her jigging classes started last week, Eva will continue to accept registrations as long as they come in. Those starting later can work out a payment plan with Eva upon their start. Right now, there are two classes running until June 17 — a class for children 15 and under and one for adults 16 and up. Eva will start by teaching the fundamentals of the

Continued on page 17

## Creating a lasting financial legacy

Deprez and Associates Private Wealth Management is a second generation financial planning practice, serving clients in Winnipeg and the Interlake. With a team-based approach that instills our family values of honesty, integrity and an unwavering commitment to multi-generational comprehensive financial planning when helping affluent families, professionals, and business owners.

Creating a lasting financial legacy requires proactive planning, astute tax strategies, and consistent reviews. Beyond merely drafting a will, establishing an estate plan involves meticulous planning. It encompasses structuring assets to minimize tax burdens, safeguarding wealth for future generations, and ensuring the fulfillment of personal and philanthropic goals.

Regular reviews are crucial to accommodate life changes, economic shifts, and alterations in tax laws, ensuring the plan remains relevant and effective.

Ultimately, estate planning isn't just about the transfer of wealth; it's about preserving a lifetime of hard work and values, ensuring a meaningful impact for generations to come.

Deprez and Associates Private Wealth Management is hosting a Tax and Estate planning Seminar on May 9th, 2024 from 2pm – 3pm, tailored specifically for individuals aged 50 and above. It is located at the Stonewall Curling Club with doors opening at 1:30pm. A light lunch and refreshments will be provided.

### Here's what you can expect:

- Expert insights from seasoned professionals in tax and estate planning
- An overview of what makes up your estate
- Illustrations and projections of a personal financial plan and the importance of having a comprehensive estate plan
- Practical tips on optimizing your retirement savings
- Strategies for minimizing tax liabilities
- Guidance on preserving and passing on your wealth and most valued assets to future generations
- Charitable giving strategies

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> JIGGING, FROM PG. 16



Red River Jig, slowly progressing the students to be able to perform a real square dance.

"It's a lot of fun," she said. "And it's a great workout too. It really gets your cardiovascular going and really challenges you."

The classes for those 15 and under will be every Wednesday at 3:45 p.m. and the classes for adults will happen right after at 5 p.m. This fall, Eva will be moving her classes to Stonewall so she can service a larger number of people.

"As soon as you hear the music you want to hop; you want to move your feet," said Angelica.

For more information on the jigging classes or to get in contact with the Kerbrats, phone 204-861-2114.

# And let summer begin



TRIBUNE PHOTO BY HALEY CVAR

The Kiln's Drive-In co-owner Brock Couch was busy taking orders on opening day, April 17. The favourite ice cream spot for soccer and ball teams after practices and games is open for another season, serving up hard and soft ice cream, slushies, gumbies, homemade burgers, fries and all our summertime fast food favourites. The restaurant will be open now until Thanksgiving, seven days a week from noon to 9 p.m.

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STONEWALL

# A new technology is making partial dentures way better

By Brock Vandor  
DENTURIST

There is something new and very exciting when it comes to partial dentures! I am so excited about it because it is one of those things that is undoubtedly superior to the way we used to do it. They are fitting better than I have ever seen, and of course, patients are having more comfort than they have ever had in the past.

Since the beginning of metal working time, to make things like partials, we had to first make a mould of a certain shape (like a partial denture), then pour liquid metal into the mould and let it cool and harden. This method works great, but there is always a problem...when the metal cools, it shrinks! This means that no matter how perfect we make the mould of your denture, when we pour the

metal in, it will change shape and never have a perfect fit; re-quiring very careful adjustments to the denture. But now, I am very excited to say, we can totally get rid of that process where the metal distorts and partials don't fit as good as they should!

Today, we can design your partial denture on a computer, then use a computer controlled milling machine to actually make the exact shape of your partial out of hardened Titanium metal. This means no more distortion, and wow, the results are truly amazing! My brother, who is also a Denturist out in Medicine Hat, is also doing Titanium partials too and every time we get on the phone, we can't help but talk about how this new technology is just the best thing that has ever happened to partial dentures. We can

finally get the fit that we always wanted, and patients are absolutely loving them for 3 main reasons:

1. Titanium partials fit beautifully around the teeth, which results in much less food underneath.
2. Titanium is both thinner and smaller, making the partial more comfortable.
3. Titanium can clip more gently around the teeth than the usual metal and it just feels more "normal".

If you have had problems with your partials before, then there is a good chance that this is the answer. The process of making them is by far superior to the old way. Give us a call today to reserve your free consultation and we would be happy to see how we can help.

Thanks for reading! Brock Vandor, the Denturist.



- supplied photo -

Recent patient Gary says, "Brock is awesome. My new teeth have a great fit, excellent work and the staff are very professional."

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## Why Are Ticks A Problem For Dogs?

Ticks may carry diseases, and these could be just as harmful to your dog. There are many ways to prevent ticks. But as a dog owner you must be aware of the effects of chemical tick treatments which can be just as much of a problem. They can endanger your dog's internal system and overall health. That is why more dog owners want a natural tick repellent for dogs.

### 3 Ways To Prevent Ticks On Dogs Naturally

#### 1. Dietary Tick Repellent For Dogs

**Garlic** - A natural tick repellent for dogs. The smell escapes through the skin and repels both ticks and fleas. Pet formulated garlic pills available to purchase. Or peel and chop the garlic and let it sit for 15 minutes before you add it to your dog's food. Dose: 5 lbs- $\frac{1}{4}$  tsp, 10 lbs- $\frac{1}{2}$  tsp, 15 lbs- $\frac{1}{2}$  tsp, 20 lbs- $\frac{3}{4}$  tsp, 30 lbs-1 tsp. Caution: Don't give garlic to pregnant females, puppies under 6 months, or Akitas and Shiba-Inus.

**Apple Cider Vinegar** - Apple cider vinegar (ACV) can make your dog's blood less attractive to ticks and fleas. Always buy organic ACV if you can. Add 2 tablespoons of the apple cider vinegar to the dog's food or water bowl as a natural tick repellent.

#### 2. Topical/External Tick Preventatives

##### Herbal Flea And Tick Powder

- Diatomaceous Earth
- NEEM powder
- Yarrow powder

Combine all three ingredients in equal amounts and mix well. Sprinkle a small amount all over your dog, pulling back the fur to let it get onto the skin. Be careful not to get it in your dog's eyes and mouth.

##### Citrus Repellent

- Cut a lemon into quarters add to a pint jar.
- Cover with boiling water and let steep overnight.
- Pour into a spray bottle and spray all over your dog.
- Be sure to spray: behind the ears, around the head, at the base of the tail, and in the armpits

#### 3. Environmental Tick Prevention For Dogs

**Nematodes** - You can buy nematodes at garden centres and online. When they arrive, add water and spread them around your yard with a sprayer or watering can. They will help naturally repel ticks.

**Mow The Lawn** - While it may not be your favorite chore, short grass can help prevent ticks.

**Diatomaceous Earth** - Food grade diatomaceous earth (DE) is a non-toxic powder. Use diatomaceous earth on your carpets, furniture, bedding, etc... Leave the dust on the surface for about 24 hours and then vacuum it up.

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# All welcome to join Argyle Floor Shufflers

By Jennifer McFee

All are welcome to come out and try floor shuffling in Argyle.

The fun and social activity takes place Tuesday evenings from May to mid-September at the Argyle curling rink.

Laurie Briggs, treasurer of the Argyle Floor Shufflers, explained the basics of the game.

"It's like shuffleboard but the disc is on the ground and you use a stick to push it down," she said.

"We have 10 lanes and you have four people on each lane, so that's 40 people. Sometimes, we've had 45 people coming out. We would organize people so that everybody gets a chance to play."

Players come from near and far, including from the communities of Rosser, Stony Mountain, Stonewall, Teulon, Gunton and Selkirk. Many players are willing to drive people from their community to the games to ensure transportation isn't a hindrance to enjoying the outing.

Membership costs \$20, and there's also a \$2 weekly user fee. For anyone who doesn't want to pay for a mem-



TRIBUNE PHOTO SUBMITTED

A full shuffleboard court is a long rectangle with scoring areas at either end. The photo is not exactly as shown for the Argyle curling rink.

bership, they can pay a drop-in fee of \$5 instead.

Each Tuesday, doors open at 6:30 p.m. and the games start at 7 p.m.

"We usually play three full games,

and there are different ones. We have a dime night when you play against the person you're standing beside," said Briggs, a Stonewall resident.

"We also have some games where you have to do specific things, and there are prizes at the end for first-place men and women. We also just have regular shuffle."

The non-profit group uses some of the funds to maintain the floors and lanes, as well as to buy coffee for the group. The rest of the funds go back to the community centre and to pay for an end-of-season celebration.

Adding to the appeal, a different shuffler is in charge of bringing treats each week to enjoy along with coffee after the games - everything from cookies and cakes to cheese and fruit trays.

"We don't turn anybody away. It's for all abilities, and we try to be as accommodating as possible," Briggs said. "The camaraderie and social aspect are awesome. It's lots of fun."

Sharon Penner, president of the group, agrees that it's an entertaining activity.

"I love floor shuffle. You meet friends for life," says Penner, a Teulon resident who has also played in Texas with her husband Casey Maslow.

"Everybody is welcome. Most of us are over 65, so if kids or grandkids are visiting, we'd love to have them. We don't turn anybody away."

To learn more, contact Sharon Penner at 204-886-2034 or Laurie Briggs at 204-792-0474.

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# Stonewall's 2024 municipal taxes to increase by 4.9 per cent

By Jennifer McFee

Stonewall ratepayers with a home assessed at \$300,000 can expect to pay about 20 cents more per day in municipal property taxes this year.

The town's 2024 financial plan includes a net tax increase of 4.9 per cent, which equates to about \$70 more per year for homes assessed at \$300,000.

Each household will also pay an extra \$5.50 per year for the solid waste special services levy. In addition, the water rate will increase by three per cent on an average consumption bill. For an average quarterly bill, that will equate to \$3.44 per quarter or \$1.15 per month.

For commercial and industrial properties, the total property tax will in-

crease by 4.7 per cent.

This year, the town plans to invest in paving, sidewalk and streetlight upgrades on 4th Avenue North. As well, a new access to the splash pad area from 4th Avenue North will be built at the end of the summer.

The Heritage Arts Centre will also undergo mechanical, security and lighting upgrades. Thompson Dog Park will expand to create a separate small dog area.

The town also plans to review the zoning bylaw and create a secondary plan for the community.

In Quarry Park, the RV campground will undergo a power upgrade with costs recovered through increased camping fees. The kiln restoration project will also continue.

In addition, the town will continue to support local agencies and committees. In terms of recreation and culture, the revenue and activity have returned to pre-pandemic levels. The early bird family pass was re-instated for 2024 until the end of May. Swimming lessons will be offered this summer, as well as nine weeks of summer camp in July and August.

The main portion of the general operating funds goes towards fiscal services (37.73%), followed by recreation and culture (18.95%), general government (11.16%) and protective services (9.57%). In addition, funds go towards reserves (5.84%), transportation (5.18%), environmental health (3.6%), public health and welfare (3.51%), economic development

(3.32%) and environmental development (1.16%).

Under fiscal services, more than \$5 million will be invested in 2024 towards numerous projects including development work at the personal care home site, upgrades to the town office and post office, cemetery improvements and more.

Utility operation expenses include \$1.8 million for the south lift station, \$2.5 million for the personal care home site lift station and \$200,000 for reserve contributions. The construction of the wastewater treatment plant is expected to be in late 2024 or early 2025. The financial plan public presentation documents are available on the Town of Stonewall website at [www.stonewall.ca](http://www.stonewall.ca).

# WIWD subsidizing and covering costs for private water testing

By Becca Myskiw

Residents in the West Interlake Watershed District (WIWD) will have the chance to get their water tested this year for free.

WIWD is offering one coliform and E. coli water sample and one advanced drinking water quality

sample for a subsidized cost of \$95. Watershed employees will take both samples to a lab, making the process as easy for homeowners as possible.

These tests will monitor wells for total coliform bacteria, which can cause diarrhea, cramps, nausea and headaches. The testing will also indicate the general sanitary condition of the water. An advanced drinking water quality test will also test water for compounds present, including lead, mercury, pesticides and nitrates. This test shows homeowners whether their water contains materials that harm human health.

Irina Zotter, WIWD manager, said they haven't seen any harmful minerals in the district, but testing for it at least every five years is still important to be sure.

"It's a good practice for our well owners," said Zotter. "That's your house. People drink that water and use it to wash dishes and themselves."

Any home in the boundaries of WIWD is eligible to have its water tested, including the RM of Armstrong and Inwood.

The district is running the tests on May 21 and June 25.

To register, people must fill out the request form, which can be found on WIWD's website at <https://wiwd.ca/page.php?id=40>.

Once the watershed district approves a request, people will receive instructions to pick up the test tube bottles at their office. Those doing the test will fill their tubes according to the instructions and drop them off at the RM office be-

fore 10 a.m. WIWD will pick them up to take them to the lab. Zotter said it's important people fill the tubes on the day of testing as there's a short 24-hour window from when they're filled to when they can be tested.

Homeowners will receive their test results directly — anything above zero is considered a failed sample, and though uncommon, if someone receives a failed test, they'll have to do another one (at no cost) and go from there.

To decontaminate a well, chlorination is necessary. WIWD subsidizes the cost of this: \$250 for a half-chlorination and \$500 for a full one.

WIWD also offers a well protection program, which assists landowners in protecting their water supply.

## > DRUGS, FROM PG. 13

on reducing addiction dependency and the related effects on families and communities," said Barrett.

She added that programs to treat addictions either have a waiting list, are beyond the financial means of people or are tailored to specific groups such as Indigenous programs at the Aurora Recovery Centre.

"At Percy Moore Hospital we've got an addictions centre and the program is excellent, but it's maxed out. The availability is just not there," she said.

The women's institute has invited a number of communities to attend the meeting either in person or by Zoom. Those include Teulon, Arborg, Riverton, Gimli, Peguis, Fisher River, Jackhead, Moosehorn, Ashern, Eriksdale and Lundar. And all Reeves and councillors from the Interlake municipalities have been invited to attend.

"There seems to be interest in this. Unfortunately, some communities are still ignoring the issue although this is knocking on everybody's door and nobody should be ignoring it," said Barrett. "We've had people as far as Sundance ask to be involved and they'll be joining us on Zoom."

The meeting will be held on Wednesday, May 8 at 6:30 in the Ukrainian National Home at 33 Provencher St. in Fisher Branch. To register for a Zoom link, email Debra at [wicommu-nityprograms@gmail.com](mailto:wicommu-nityprograms@gmail.com)

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Thursday 4-10 Crib at 7pm start

Friday 4-close Meat Draw at 6:30

Saturday 2-close Meat Draw at 3 Dinner at 5:30 Darts at 7:00

Saturday April 27 Dinner will be Chicken Parm - Tickets available at the bar for only \$12.50

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**Annual General Meeting**

**Tuesday, May 21st, 2024 at 7 p.m.**

**Stonewall Lions Manor Multi Purpose Room**

**Entrance #1 (NW Corner) 622 Centre Ave.**

**Register at [s.w.d.p.c@hotmail.com](mailto:s.w.d.p.c@hotmail.com) or 204-513-1728**

*Amendments to the SWDPC Constitution will be presented for ratification.*

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Stonewall Jets present end-of-season awards

By Jo-Anne Procter

The Stonewall Jets held an awards ceremony to honour their players for the 2023-2024 MMJHL season last Friday in Stonewall.

Among the recipients were goaltender Dylan Leclair and forward Landen Sitarz, who both shared the Rookie of the Year award. Sitarz made an impact after joining the team early in the season, becoming one of the league's top rookie scorers.

Austin Manaigne was recognized as the Most Sportsmanlike player, showcasing not only skill but also good sportsmanship on and off the ice. Brody Stovin received accolades for being named Top Defenceman, highlighting his exceptional defensive skills throughout the season.

Peyton Bateman stood out by winning both Hardest Working Player and Most Valuable Player awards.



Peyton Bateman, left, with Pat Power (head coach) was named the team's Hardest Working Player as well as the Most Valuable Player.



Matthieu Meier, left, was presented the Ed Barnes Memorial Award by Ed and Barb Barnes' son Sean Barnes.



Landen Sitarz, left, was presented a Rookie of the Year award by Kris Menard (assistant general manager). Goaltender Dylan Leclair also received Rookie of the Year award.



Jets' GM Liam Wheddon, left, presented Brody Stovin with the Top Defenceman Award.

son, a goaltender who stood strong in 28 games this season, left his mark on the ice with his skills and determination.

Jeremy Klimchuk recorded 104 MMJHL games, showcasing not only his scoring abilities but also his grit with 37 points and 135 penalty minutes throughout his career.

Jordan Gray, a key player laced up for 130 games, displayed versatility by contributing both goals and assists while accumulating 229 penalty minutes — showing he's not afraid to mix it up when needed.

The Jets management look forward to the 2024-25 season with a lot of returning talent.

His dedication and leadership qualities shone brightly as he broke records and earned recognition as the league's MVP with the Kip Kelly Award.

Matthieu Meier, one of the Jets' four graduating players, was honoured with the Ed Barnes Memorial Award for embodying community pride through volunteer work and commitment to excellence in hockey — a well-deserved tribute to his contributions on and off the ice. Meier played 104 MMJHL games.

Other Jets' graduating players who dedicated themselves to the team were also acknowledged. Liam John-



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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Balmoral Judo Club knocking down the competition

By Brian Bowman

On April 13, the Balmoral Judo Club traveled to Portage la Prairie to compete in the Portage Open.

They came home with some terrific results.

"The group did really well and they're come along very good," said Milton Good. "There are a few newer ones with yellow belts but they are all quite keen and doing quite well."

This year's group is a great one to work with and they are getting better all of the time, said Good.

The club had several members win medals in Portage, including:

Henry Perron - U10 mixed (no medals in this age group just participation award)

Raeghan Wakeham - 3rd U12 girls -45kg

Artem Puha - 2nd U 12 boys -48kg  
Rhiannon James 3rd U14 girls -63kg  
Allison Mushaluk 2nd U14 girls +63kg

Avery Wakeham 2nd U14 boys -50kg  
Sophia Good 3rd U18 women-70 kg  
Jacob Senga 2nd Senior Men Novice-66kg

Chase Wakeham 1st Senior men novice-81kg

Marc James 2nd senior men novice +100 kg and 2nd veteran men novice +100 kg

Cai James 2nd senior men advanced +100kg and 3rd U18 men +90kg.

The next tournament, which is the last one of this season before nationals in May, is the Nakamura Open. Airton Nakamura's club is hosting at West Kildonan Collegiate on May 4.



TRIBUNE PHOTO SUBMITTED

On April 13, the Balmoral Judo Club travelled to Portage la Prairie to compete in the Portage Open celebrating their dedication, skill and camaraderie. Pictured left to right in the front row: Artem Puha, Avery Wakeham, Raeghan Wakeham, Henry Perron, Rhiannon James and Allison Mushaluk. Back row: Marc James, Chase Wakeham, Jacob Senga and Cai James. Missing from the photo is Sophia Good.



TRIBUNE PHOTO SUBMITTED

The College Stonewall Collegiate Rams' Rianna Cassils, far left, Precious Paguio and the Warren Collegiate Wildcats' Ashley Hudon and Bryn-Lee Procter played in MHSAA Graduating All-Star games. Christy Steeves (SCI coach) is pictured in the middle.

## Paguio, Hudon play in MHSAA 'AAA' Graduating All-Star game

By Brian Bowman

The College Stonewall Collegiate Rams had two players — Precious Paguio and Ashley Hudon — participate in the MHSAA "AAA" All-Star basketball game in Winnipeg earlier this month.

"I was really honoured to be nominated for that because my coach nominated me as well as other coaches," Paguio said. "I was obviously honoured to represent our school for that, and it gave Ashley and I an opportunity to end our last basketball season. It was just really fun to play with girls we played against through our high school careers.

"There were a lot of fans, more than I thought there would be. There were a lot of people and a really good at-

mosphere. A lot of cheering and a lot of fun."

Paguio said it was a different experience playing with different elite players for the first time. She also really appreciated the fact that she was able to represent her school.

Hudon also really enjoyed the experience of playing in a high all-star game. It was a nervous experience going in, though, she admitted.

"It was a really cool experience to end my basketball season on something like that and being able to play with lots of different girls from different schools," Hudon said. "Playing against girls during the season and playing with them. It was a cool experience."

# Interlake Kids of Steel triathlon registration open

By Becca Myskiw

A Kids of Steel triathlon, hosted by the Hecla Triathlon, is coming to Arborg this summer.

The triathlon is for children between six and 15 years old. Race director Paula Anderson said the Sulong Triathlon Group has wanted to hold an event for children for a while but didn't have the ability to in Lake Winnipeg.

"It's just never played out properly," she said. "We've always wanted to be inclusive and have that kids' option."

Anderson completed her first triathlon around 10 years ago in Riding Mountain National Park. Knowing she could swim, bike and run, she decided to try it, and said she probably underestimated how difficult the three sports are to do in succession. When Anderson first started, she was doing a 750-metre swim, a 20-kilometre bike and a five-kilometre run. The most common one she does today is the Olympic distance, which is a 1.5-kilometre swim, a 40-kilometre bike and a 10-kilometre run.

Anderson's favourite race, though, is the long one, and the only place she can do it in Manitoba is at the Hecla Triathlon. That race includes a 1.9-kilometre swim, a 90-kilometre bike and a half-marathon run.

"It's the challenge to push yourself," she said. "Any day can bring anything. You could get a flat tire and have to figure out how to work through it, or you could be having an off day and just have to finish."

The Interlake Kids of Steel triathlon will be in Arborg on July 6. Children six to seven years old will do a 50-metre



TRIBUNE PHOTO SUBMITTED

A triathlon for youth is coming to Arborg this summer and registration for it is open now.

swim, a 1.5-kilometre bike and a 500-metre run. Children eight to nine years old will do a 100-metre swim, a 3.2-kilometre bike and a one-kilometre run. Children 10 to 11 years old will do a 200-metre swim, a 6.4-kilometre bike and a two-kilometre run. Children 12 to 13 years old will do a 200-metre swim, a 6.4-kilometre bike and a two-kilometre run — or if they prefer the longer race, a 300-metre swim, 9.6-kilometre bike and a three-kilometre run. Children 14 and 15 years old will do a 500-metre swim, a 9.6-kilometre bike and a four-kilometre run.

Athletes between age 10 and 15 are also eligible to qualify for the 2024 Manitoba Summer Games, which will be held in Dauphin.

The Interlake Kids of Steel triathlon will start at the Access Credit Union Aquatic Centre in Arborg, where the athletes will complete their swim. Once done, they'll head outside to the bike racks, put their shoes and helmets on and set out to complete their bike ride. That ride will take them to the Collegiate and back to the Aquatic Centre, the older ages doing the loop a few times. After that, the athletes will complete their run, taking them to the ball

diamonds, around the track and through an inflatable finish line. Throughout each portion of the race, adult volunteers will count laps and distances for the children.

"We try to make the environment as safe as we can," said Anderson. "We want everyone to have fun."

Anderson said doing a triathlon is a great way to challenge yourself. She finds it easy to stay focused when training because of the three sports to focus on, which keeps it interesting. She said the triathlon community in Manitoba is also very tight-knit and welcoming, a sort of family that pushes each other and has fun doing it.

"You leave feeling very accomplished once you're done, no matter if you did exceptionally well or had a poor day," she said. "You still put it out there."

The Interlake Kids of Steel triathlon registration is open until Thursday, July 4. Registration before May 15 is \$30 per athlete; after that, but before June 30, it is \$35, and after that, but before July 5, it is \$40. To learn more about the triathlon or to register your child, go to [www.heclatri.com](http://www.heclatri.com).

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Stonewall Teulon  
**Tribune**

# To see more photos of your favourite Interlake Athletes

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## THE RURAL MUNICIPALITY OF ROCKWOOD PUBLIC NOTICE

### Residents with Curbside Waste Pick-up ONLY

Spring Yard Clean-up pick-ups will occur on April 25th, May 2nd, and May 9th 2024, where unlimited yard waste will be picked up from the curbs to help you dispose of your yard debris responsibly. Yard waste must be in paper bags and branches bundled in 3-foot lengths.

If you do not have curbside waste pick-up, yard waste and branches may be disposed of at the Teulon-Rockwood Waste Disposal Grounds or Winfield Transfer Station.

For further information please visit our website at [www.rockwood.ca](http://www.rockwood.ca)

## THE RURAL MUNICIPALITY OF ROCKWOOD PUBLIC NOTICE

### 2024 DUST CONTROL PROGRAM

When requesting application of dust control, the Applicant acknowledges and accepts the following:

1. The product to be used for dust control purposes is Magnesium Chloride. The Municipality does not guarantee any dust control product.
2. For safety purposes, the maintenance of roads by the Municipality takes priority over anyone's application of dust control.
3. The Municipality shall not be responsible to replace anyone's application of dust control.

The Rural Municipality of Rockwood will accept requests for the application of dust control, on a **PRE-PAYMENT BASIS ONLY**, on municipal roads in front of residences in the Rural Municipality of Rockwood. This includes residences in the Rural Residential Zones.

*If receiving Private Dust Control, please notify the office prior to Dust Control being applied.*

Ratepayers may obtain dust control on the basis of \$535.00 per application. Orders and pre-payments for same to be made to the Rural Municipality of Rockwood Administration Office by **Friday, May 17, 2024**. The application will consist of actual width of road x 100 metre strip. The area to be serviced must be staked out prior to application. Dust Control will be applied during the early part of June, weather permitting.

In the event of there not being sufficient requests for a truckload, payments will be refunded.

Application forms are available on our website at [www.rockwood.ca](http://www.rockwood.ca)

The Rural Municipality of Rockwood

**TOWN OF STONEWALL MUNICIPAL HERITAGE NOTICE**  
The Heritage Resources Act (Subsection 33(2)) - Form 14  
TAKE NOTICE that the lands and premises commonly known as **The Anglican Church** in the Town of Stonewall and legally described as:  
**Certificate of Title No. 1857978/1:**  
**Lot 87 & 89, Block 4, Plan No. 2594**  
In NE 1/7 25-13-1E EPM WLTO  
and is outlined in the map attached to By-Law 13-24 as Schedule "A".  
The records of the Land Titles Office show as owner of the lands described as **The Anglican Church of Canada, Parish of the Church of Ascension, Stonewall, within the Diocese of Rupert's Land.**  
All the lands and buildings thereon, have been designated as a municipal heritage site to be protected under the authority of *The Heritage Resources Act* by **Town of Stonewall By-Law 13-24**, adopted on the 17th day of April, 2024.  
TAKE FURTHER NOTICE THAT a copy of this Municipal Heritage Notice shall be filed in the appropriate land titles office in accordance with the provisions of *The Heritage Resources Act*.  
Dated at the Town of Stonewall this **19th day of April A.D. 2024**  
Wally R. Melnyk  
Chief Administrative Officer  
Town of Stonewall  
Box 250, Stonewall, MB R0C 2Z0  
204-467-7979 | [wmelnyk@stonewall.ca](mailto:wmelnyk@stonewall.ca)

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**INDOOR/OUTDOOR**  
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**Sat, April 27 9-4**  
Corner of Rd 89N & Gunn St in Gunton, MB  
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# take a break

> GAMES

## SUDOKU

		8						
	5			1	3			
			5			8		2
2					7		8	
		4						7
				6		4		5
	6				9			
8		3					7	4

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	7	6	1	5	9	3	2	8
1	9	2	8	7	3	6	4	5
8	5	3	6	4	2	1	9	7
5	3	4	2	9	1	7	8	6
7	2	1	5	8	6	4	3	9
6	8	9	7	3	4	5	1	2
2	1	8	4	6	5	9	7	3
9	6	7	3	8	2	5	4	1
3	4	5	6	7	8	9	1	2

Sudoku Answer

S	L	O	S	A	V	E	D	E	M	S	T	E	E	L
R	E	I	E	A	R	E	A	O	F	A	V	D	T	F
A	V	T	S	I	R	A	S	G	V	T	F	G	T	F
R	B	B	V	S	T	V	C	A	V	L	V	P	V	P
V	T	S	S	T	E	S	C	I	L	I	S			
W	S	V	I	M	G	E	M	G	E	V	O	R		
G	E	R	S	A	V	M	N	V	O	H				
R	V	E	F	N	I	M	B	N	R	E	H	C		
M	P	V	A	R	T	B	E	G	S	D	O			
S	N	V	C	I	R	M	V							
H	O	V	E	R	E	D	V	I	F	V	M			
T	I	H	C	E	T	A	V	I	F	E	M			
L	G	V	S	S	K	V	H	O	I	G	V			
L	V	V	S	E	O	H	S	S	M	V	H			

Crossword Answer

### UPCOMING EVENTS

JOIN THE FIGHT AGAINST PROSTATE CANCER. RIDE DAY - SATURDAY, MAY 25, 2024. 10 a.m. start - Earls Polo Park (Winnipeg). Visit: [ridefordad.ca/manitoba](http://ridefordad.ca/manitoba) to register or make a pledge.

### NOTICES

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SHOP LOCAL

### NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Edward Robert Hodgkinson, late of Teulon, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 29th day of May, 2024. DATED at Stonewall, Manitoba this 17th day of April, 2024. GRANTHAM LAW OFFICES  
Solicitor for the Executrix

The Tribune Classified and Announcement booking deadline is Monday at 4 p.m. prior to Thursday's publication  
Please Call 204-467-5836

# CROSSWORD

### CLUES ACROSS

- Excessively theatrical actors
- Footwear
- A way to disfigure
- Exchange rate
- Hawaiian wreaths
- North-central Indian city
- Bungle
- Extremely angry
- A short note of what's owed
- Criminal organization
- Mimic
- Try to grab
- U.S.-born individuals
- Some are covert
- Order of the British Empire
- Don't know when yet
- Payment (abbr.)
- Winged angelic being
- Variety of Chinese
- A way to be anxious
- Famed wrestler Hulk
- Partner to cheese
- Slang for sergeant
- Canadian flyers
- Actress Ryan
- Highly unpleasant vapor
- Body part
- Halfway
- Cool!
- Consume
- Salts
- Upper bract of a floret of grass
- Housepet
- Cavalry-sword
- Symbol of a nation
- Frocks
- Used to carry food
- Portuguese folk song
- Sharp mountain ridge
- Ireland
- Where golfers begin
- Greek mythological sorceress
- Fluid suspensions

### CLUES DOWN

- "Mad Men" leading man
- Water (Spanish)
- Annoy

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21		22				23				
			24		25				26					
27	28	29		30				31			32	33	34	
35			36				37			38				
39					40				41					
42					43				44					
45				46				47				48		
			49				50				51			
52	53	54				55				56		57	58	59
60						61			62		63			
64						65					66			
67						68					69			

- Bulgarian capital
- Japanese title
- Capital of Zimbabwe
- Giraffe
- A mixture of substances
- Midway between south and southeast
- Staffs
- Turkish title
- Type of acid
- Thin, flat strip of wood
- Russian river
- Ribonucleic acid
- Partner to flow
- Airborne (abbr.)
- Earthy pigment
- Genus of earless seals
- "Key to the Highway" bluesman
- By or in itself
- Hot fluid below the earth's surface
- Partner to trick
- British Air Aces
- Ammunition
- Supervises flying
- Health care for the aged
- Flanks
- Millimeters
- Where wrestlers perform
- Not around
- Flightless bird
- Bell-shaped flowers of the lily family
- Expressed concern for
- Satisfies
- Flew off!
- Wings
- Load a ship
- Vigor
- British title
- Whiskeys
- \_\_\_ Adams: founding father
- Body of water



IN MEMORIAM



**Wes Killbery**  
September 2, 1982 – April 27, 2023

Dear Wes...  
Why do the BEST people have to go away?  
We have gone over this again and again...what do we say?  
Each of us could write a book, but every time we start to write there are more tears than words.  
We miss you so much there aren't enough words.  
So we are asking, to please keep Wes' memory alive by adding his name to a favourite song,  
a prayer, a thought or a story.  
We don't want anyone to forget our "Killerbee" Wes.  
He was our everything.  
Please keep sending those signs Wes, they make us feel a little bit better.  
For it's those special moments, we feel closer to you.  
You are right there beside us, and in our hearts every single day.



Miss you and love you forever and ever.  
-J'aime, Easton, Tamsen  
Jill and Kevin  
Whit, Jordan, Storm  
Mom, Dad  
Nanny, Grampa  
Bev, Cam  
and all the families

IN MEMORIAM



**Edward V. Barnes**  
March 6, 1947 – April 25, 2005

Forever loved and missed  
Thinking of you today and every day  
And how much you meant to us.  
-Love Barb  
and families

IN MEMORIAM



**In Loving Memory of  
Arthur Kunzelman**  
August 14, 1933 – April 22, 2004

We thought of you today,  
But that is nothing new;  
We thought about you yesterday,  
And days before that too.  
We think of you in silence,  
We often speak your name;  
Now all we have are memories,  
And your picture in a frame.  
You left us all your wisdom,  
Your love is still our guide;  
Although we cannot see you,  
You are always by our side.

-Love your family,  
Vivian, Lorne,  
Darren, Melinda,  
Charolotte, Doug,  
Ian and Amelia

CARD OF THANKS

Congratulations to our Balmoral Recreation Centre Club 200 Draw Winners, April 6, 2024: \$250 – Dave and Linda Tyerman; \$250 – Barret Schlag; \$250 – Jennifer Beirnes; \$250 – Darrell Humeniuk; \$500 – Derek Gaboury; \$500 – Graeme Lavalee; \$500 – Bob Elliott; \$500 – Stephen Syrett; \$1000 – Aaron Charison; \$2000 – Lana Meier; \$4000 – Kristen Arnott. Thank you to everyone that bought and sold tickets. We appreciate your support.  
-Balmoral Rec Centre  
Board of Directors

Stonewall Teulon  
Tribune

# Announcements

OBITUARY

**Martin Gisti**  
November 14, 1943 – April 14, 2024



Martin Gisti passed away peacefully on April 14, 2024. Beloved partner and cherished dad, grandpa, brother, uncle and friend, Martin will be sadly missed and forever admired by all who knew him.

Martin is survived by his devoted partner Della Maude, son Kevin (Laura), daughter Joanne (Doug Meister), and cherished grandchildren Darren, Emma, Eva, Alex and Norah. Also left to mourn are his sister Margaret "Toots" (Paul Veldkamp), numerous special nieces and nephews and countless close friends.

Martin was predeceased by his wife Marlene in 2005, sisters June and Audrey and many cherished family and friends.

Martin was born on November 14, 1943, to Jean and Alf Gisti. A spoiled baby brother to Toots, June and Audrey, he loved to tell stories of growing up in Inwood, Manitoba and the special bond he formed with each of his sisters continued throughout his life.

Martin married Marlene Brown October 7, 1967, moved to Winnipeg and settled into their first home – a small duplex which was also home to Leonard and Cheryl who immediately became lifelong friends. Martin and Marlene moved to their home in St. James in 1970, welcomed their son Kevin that same year and completed their family when Joanne arrived in 1973. Martin enjoyed 50 plus years of driving courier for United (formerly Northern) Messenger. He was always up at the crack of dawn and racked-up literally millions of miles delivering electrical supplies to countless businesses and job sites in and around Winnipeg, making friends along the way.

In his adoring children's eyes there was nothing Dad couldn't do or fix - or a bolt too tight. He was strong enough to move, lift, or solve anything with just his hands and quiet determination. The Gisti home and garage buzzed with friends, family and neighbours dropping by for a visit. Kevin and Joanne remember helping with many a brake job, splitting and stacking firewood by hand, and planting Dad's garden on the Monday after Mother's Day every year. Friendships were forged at the ball diamond, in the schoolyard across the street, and in the local rinks. In the late 80's the responsibility of a cottage became a family affair with repairs made before they were needed and ample time always set aside for fishing and relaxing. Martin's grandchildren were a source of great pride. Grandpa kept his calendar current enjoying the boys' hockey games and the girls' music and dance recitals and in turn they admired in him the greatest fisherman and gentlest soul they'll ever know.

Dad's courage and resilience in moving forward upon the tragic loss of both his wife and his sister set an incredible example for us all. Family and friends ensured the coffee pot never cooled and road trips with dear friends like Leonard and Roy ensured a healthy balance of tears and laughter.

Through a comforting friendship, Marty found a kindred spirit for outdoor adventure in Della and his heart made room for the love they have shared through years of companionship. We all looked forward to the colorful stories and photos from their many trips to Maui, annual fishing trips to The Pas, endless pursuit of blueberries and morels, and cottage projects bookended by sunrise and sunset fishing on the Winnipeg River.

Martin to some, Marty to most (and call number 35 for decades), he was always up for a drive after a week of driving. Marty was most at home in the great outdoors: hunting trips to The Point with Gib, Jim, Lloyd and their boys, fishing with Earl or Jim, sledding with Glen, and earlier years camping with Ken and Shirley, Derek and Lorraine and the Tobies. He equally treasured time with those who shared his passion for home cooked meals and fresh brewed coffee. He and John tested many recipes together, Larry always had a short one ready, and his regular coffee visits with Ross are just some of the countless ways he endeared himself to all who knew him. Others have expressed just how much they looked forward to his regular phone calls – thoughtful commitments he maintained for years.

Martin was the one we looked up to and dreamed to be like. We are so grateful to Dad's close fishing buddy Earl for ensuring he was in good care before filleting the days catch for one special fish-fry his family will soon share together. The family wishes to extend our heartfelt thank-you to Dr. Paradis and the compassionate staff of St. Rose du Lac General Hospital for the professional care that comforted him as he rested from a 10 out of 10 day of fishing.

Memorial service was held on Friday, April 19, 2024 at 11:00 a.m. at MacKenzie Funeral Chapel, Stonewall. Interment followed at the Inwood Community Cemetery.

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# Announcements

## OBITUARY



**Raymond (Ray) Brennan**  
1956 - 2024

After a battle from Cancer, Raymond Brennan (Ray) passed away peacefully at home on April 18th early in the morning.

He is survived by his wife Caroline; children Zachary (Véronique) and Breeann (Colton); sisters Marjorie (Murray) and Beatrice (Ronnie); brothers John (Sandy) and Robert (Bonnie) and all his nieces and nephews.

Ray was retired from hydro after 41 years; he started off in Utility, then graduated to Power Electrician then ended his career as an Electrical Supervisor. Ray also had a very busy home and social life, while in retirement he always found work somewhere. His last big project was completing the perfect retirement home that himself and his wife could enjoy.

Ray was always very involved in his community at Pinawa Bay in the RM of Lac du Bonnet. He would always make sure there was a large rink cleared for everyone to enjoy. Then later with the help of other community members, Zac, Bob, Mike, Mitch, and Norm they added Crokinole Curling. And if anyone needed tools, their driveway to be cleared, grass cut, welding, or anything Ray would always have the tool for the job; always ready and willing to help. He also loved playing hockey, baseball, curling, quadding, fishing and snowmobiling which led him to get involved with the Lee River Snow Rider's community where he helped with grooming and clearing of many sled trails. While Ray was very involved with his community, he was also very supportive of his kids playing many sports like hockey, baseball, and pretty much every school sport that was offered. He even coached the hockey and baseball teams that his children were on while in Lac du Bonnet. Rays passing has left a void in many people's hearts. He will be missed dearly by all of those he has touched by his love, kindness, and overall personality.

As per Ray's wishes, cremation has taken place, and a Celebration of Life will be held at a later date.

In lieu of flowers donation can be made in Ray's memory to CancerCare Manitoba: CancerCare Manitoba Foundation Inc., 1160-675 McDermot Ave., Winnipeg MB R3E 9Z9.

## CELEBRATION OF LIFE



**Celebration of Life**  
for Janet Burwell  
Saturday, May 4, 2024 at 1:00 p.m.  
Sobering Funeral Chapel  
1035 Park Avenue E., Beausejour  
In honour of Janet,  
please wear bright colors; her favourite

## OBITUARY

**Bruce Albert Moore**  
August 9, 1938 – April 13, 2024



It is with heavy hearts that we are announcing the passing of our father, grandfather, friend, Bruce Albert Moore on April 13, 2024 with his wife of 60 years plus and daughter Kelly by his side at the Stonewall Hospital.

Bruce was born August 9, 1938 in the small town of Teulon, Manitoba. At the age of seven, he moved with his parents Albert and Leona Moore to Inwood, Manitoba where he grew up on the farm.

Bruce eventually took over the farm, to make it his own along with his siblings, Norman, Merle, Marilyn, Darlene, Cathy and Brian. When Bruce was in his 20's he met his soon to be wife, Lynne Margaret Olson, they were married August 10, 1963. Soon after their marriage they decided to start a family, with oldest son Curtis, daughter Kelly and son Darcy.

Bruce's passion was dairy cattle, and beef cattle which he did fulltime until 1997 when he sold his dairy herd, continuing with the beef herd until he decided to retire in 2018.

Dad and Mom decided it was time to sell the farm, and moved to Inwood, this is where they reside until today.

Bruce will be sadly missed by his wife Lynne of 60 years plus; his children along with their spouses: Curtis and Maria, Kelly and Randy, Darcy and Lenore and granddaughter Veta Rae Moore.

Bruce was predeceased by his parents Albert and Leona Moore, brother Norman, brother-in-law Jack Palen.

Left to mourn are his four sisters and one brother, Merle and Lloyd of Carman, MB., Marilyn Palen of Teulon, MB., Darlene and Ed of Steinbach, MB., Cathy and partner Joey of Winnipeg, MB. and Brian and Teresa of Inwood, MB., and his favorite aunty Irene Corrigan of Teulon, MB. He will be missed by numerous nieces, nephews, cousins, close friends and neighbors, to many to mention.

Private graveside service will be held by family, with a Celebration of Life for family, friends and neighbors at a later date.

If friends so desire, memorial donations may be made to the Heart & Stroke Foundation, 1200 - 2300 Yonge St, Box 2414, Toronto, Ontario, M4P 1E4 or the Canadian Diabetes Association, 1300 - 522 University Ave., Toronto, Ontario M5G 2R5.

The family of Bruce Moore would like to send a very big thank you to Dr. Zahiri, medical staff of the Stonewall Hospital for their kindness, compassion and most of all the jokes and antics they had with Bruce right until the very end, when he peacefully left us.



204-886-0404

## OBITUARY

**Donald James Young**

Suddenly on Saturday, April 20, 2024, Don Young aged 78 years of Sandy Hook, Manitoba formerly of Stonewall, MB, passed away at Gimli Community Health Centre.

A Celebration of Life will be held on Friday, May 3, 2024 at 2:00 P.M. at the Stonewall Legion.

Longer obituary will follow.



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