


McKILLOP TEAM


YOUR LOCAL EXPERTS! MCKILLOP TEAM WARRANTY !


SOLD
4 Sunset Lane, Stonewall
\$279,900


SOLD
77084 Road 7E RM of Rockwood
\$354,900


SOLD
435 6th Ave South, Stonewall
\$229,900


SOLD
5086E Road 88 N RM of Rockwood
\$359,900


SOLD
NW 28-13-1W Warren
\$259,900

204-467-8000

RESULTS THAT MOVE YOU!

mckillop.ca

South Interlake
business
expo
2016
Over 40 Exhibitors!
Sunova Curling Rink - Stonewall

Don't miss it!
This Weekend
Friday & Saturday

Stonewall Teulon Tribune

THURSDAY,
APRIL 21, 2016
VOLUME 7 EDITION 16

SERVING STONEWALL, BALMORAL, TEULON, CUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & KOMARNO

Conservatives win majority



Incumbent Lakeside MLA Ralph Eichler (right) welcomes newly elected Manitoba Premier Brian Pallister and his wife Esther on stage Tuesday night at Progressive Conservative headquarters. Following a historical landslide victory across the province, Pallister made his acceptance speech. It is the first time in 16 years that the PC party has held a majority government in Manitoba. **TRIBUNE PICTURE BY NATASHA TERSIGNI**

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



GUNTON AREA \$484,900
A TROPHY HOUSE!
Magnificent 1660 SF, 7 br, 3 bath on 79 AC w/high end finishes incl GRANITE, geo-thermal htg/clg, cath clgs, above grd salt water pool & MORE!



TEULON \$600,000 640 ACRES!!
RESTORED 2032 SF, 3 br, 2.5 bath SWEDISH DESIGNED HERITAGE FARMHOME circa 1919 & 59 x 59 stone barn. Pool/ Cabana!! BED & BREAKFAST OR ANIMAL SANCTUARY - RARE FIND!



Experience Counts
The Claudette GRIFFIN Group
L.J. BARON Realty
EST. 1953
Past Director - Winnipeg Realtors®
Past Chair - Professional Standards
Family owned & operated over 60 years!

MOST PROPERTIES SOLD in the INTERLAKE by an INDIVIDUAL in 2015!
* out of 1500 REALTORS® * most properties in R12 & R19 based on Wpg REALTORS® MLS™ Stats*



GUNTON \$405,000
80 AC SPREAD!
HORSE/CATTLE RANCH boasts a fabulous 1896 SF, 3+ br, 2 1/2 bath hm w/ wood FP & bsmt. Well fenced 45 AC hay. OUTBLDGS & 7 corrals w/water! VENDOR MOTIVATED!



COMING SOON!
GUNTON \$205,000
SPEND LESS- GET MORE!
AFFORDABLE 1504 SF, 3br MH on incredible 248 x 120 yard w/mature trees. 21 x 24 addition w/bsmt. Newer wood/electric furnace & shingles. TRIPLE car gar w/insul wrkshp w/220. Only 20 mins to Wpg!

204-886-2393

baron@mts.net

www.ljbaron.com

Eichler wins Lakeside by a landslide

Conservatives to form a majority government

By Natasha Tersigni

Winning his fourth straight election – with 82 per cent of the vote- incumbent Lakeside MLA Ralph Eichler was all smiles Tuesday night at the Progressive Conservative (PC) headquarters in Winnipeg as he watched his colleagues from around the province rise to victory in their respective constituencies.

It was a clean sweep for Brian Pallister and his PC's as they formed a majority government for the first time in 16 years. Helping with that majority was PC candidates winning critical swing ridings in the Interlake.

In Selkirk, newcomer PC Dr. Alan Lagimodiere beat long-time NDP MLA and Minister of Finance Greg Dewar by 18 per cent of the vote. PC MLA Jeff Wharton handily took the Gimli riding and in the Interlake riding Derek Johnson took home the win over incumbent NDP MLA and Minister of Conservation and Water Stewardship Tom Nevareshonoff.

"It is a dream come true to be elected for a fourth time. It is an honour to finally be in government once again. I am hoping to have an opportunity to be in a lead role and be able to help create change; not only as an MLA but as a



TRIBUNE PICTURE BY NATASHA TERSIGNI
Incumbent Lakeside MLA Ralph Eichler celebrates his fourth consecutive win with his wife Gail by his side.

minister as well," said Eichler who added that the first priority in government will be to assess what has been done in the past 16 years by the NDP.

"We have to find out deep this whole is and that is one of the key factors."

Eichler's only opponent in this election, NDP candidate Matt Austman, received 18 per cent of votes and was happy with his performance in the riding.



TRIBUNE PICTURE BY LANA MEIER
Gimli MLA Jeff Wharton and Eichler watch the election results Tuesday night.

"I thought we had a bit more presence then we had in the past. It is a strong Conservative constituency, we made a presence and I thought we did good. The results province wide were not what we wanted but we will take what we learned from this and move forward," said Austman.

While Eichler is no stranger to the Legislature, he has held his Lakeside seat for 13 years. Being a member of a majority government is a first for the political veteran. Holding major portfolios in the PC party including critic for Manitoba Hydro and Municipal Government, it is expected that Pallister will have a prominent position for Eichler in cabinet.

"You never know about cabinet posts, you just keep working hard. Pallister has said he will make a decision within 30 days. It is a good time to be a PC and a good time to be a Manitoban," said Eichler.

"IT IS A GOOD TIME TO BE A PC AND A GOOD TIME TO BE A MANITOBAN."

THIS WEEKEND

South Interlake
business expo
You've Got to be there. 2016

Friday, April 22
4 p.m. to 8 p.m.

&

Saturday, April 23
9 a.m. to 4 p.m.

- Over 40 Exhibitors • Presentation Stage
- Pancake Breakfast Saturday 8am-11am
- Tons to see, taste & buy!

With paid admission
ENTER to WIN
DOOR PRIZE OF
Husqvarna
LAWNMOWER
Value \$430

ADMISSION:
\$300 /Person receives 2 Door Prize Entries
OR
\$500 /Person receives 5 Door Prize Entries
Kids under 12 Free

EXPO held at Sunova Curling Rink, Stonewall South End of Main St.

Teulon Farmers Market

Springfest Craft Sale

50 VENDORS ALL 100% HANDMADE!

SATURDAY, APRIL 30, 2016
10 am - 3 pm
Teulon Hall, Teulon, MB

Admission \$2 (Children under 12 FREE)

For a list of vendors and chances to win FREE admission prizes find us on **f** at Springfest Craft Sale or www.teulonfarmersmarket.com

STAY FOR LUNCH • FIND THE PERFECT GIFT FOR MOTHER'S DAY!

Tracey Malone
Financial Advisor
Inview Insurance Services
344 Main St | Stonewall
204-467-8927
www.cooperators.ca/Inview-Insurance-Services

the co-operators
A Better Place For You®

Home Life Investments Group Business Farm Travel

What are you saving for?

Discover your path to financial security. Let's talk.

Versatile Portfolios NAVIGATOR

Woodlands couple welcomes twin sisters from Bulgaria

Five-year adoption process brought the girls to Canada

By Jennifer McFee

In an instant, a Woodlands couple doubled the size of their family with the addition of adopted twin girls.

But the process itself was a lengthy one, filling nearly five years with paperwork and perseverance.

Eric and Michelle Simonson are adapting to life with three-year-old Yulia and Tsvetelina, the fraternal twin sisters they brought home from Bulgaria six months ago. The girls are also adjusting to their new environment in the Interlake.

They're learning English quickly, and they are enjoying the daycare that they attend twice per week.

"They've never had a problem adjusting to us or here. As soon as they wake up, they start singing together every morning at the top of their lungs, so we know they're happy," Michelle said.

"They came over together so they at least have each other. They get along really well and they hardly ever fight. They love each other, and the commu-



Bulgarian twins Yulia (right) and Tsvetelina enjoy playing in the sand.

nity has been really good at accepting the girls."

The sisters were put in an orphanage in Bulgaria when they were about



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Michelle and Eric Simonson adopted Bulgarian twins Yulia and Tsvetelina, who will turn four in May.

three months old. Several months later, they were taken in by a foster family that continued to take care of them until the Simonsons brought them to

Canada.

At first, the couple had looked at go-

Continued on page 5



Eastside would like to thank Vance Trippier for trusting us with his collision needs and congratulate him and the other fuel card winners.

EASTSIDE COLLISION REPAIR

HEAVY TRUCK

Thrifty

Car Rental

Bring your repairs to Eastside and be automatically entered in the 2016 FUEL CARD DRAW.



2535 Inkster Avenue, Winnipeg, MB (204) 633-8223

SCI students cast their ballots in provincial election

By Natasha Tersigni

Students at Stonewall Collegiate received a crash course in democracy on Monday when they were able to vote in the Manitoba provincial election and cast their ballot for who they wanted to see as the Lakeside Member of Legislative Assembly (MLA).

While their vote wasn't officially counted, the process helps to prepare and encourage the students to stay involved in politics and to vote when they turn 18 years old.

The Student Vote program was organized by the non-partisan organization Civix and allows high school students across Manitoba to have the chance to cast their vote in their respective constituencies. The organization provides the schools with official Election Canada materials, including a voting booth, ballots and ballot boxes so students get used to the voting process and understand it.

This is the second time this school year that SCI students had a chance to participate in an election. Back in October, students took the time to cast their vote in conjunction with the

federal election.

SCI teacher Colleen Voth organized the day along with a group of students. To prepare students for the vote, a number of activities were held last week to engage students and encourage them to vote.

"Our group made posters telling students who the local candidates and the provincial leaders are and to give them an idea of what the platforms are. We made announcements each day to inform students on issues and had some trivia questions. We also encouraged teachers to show their students videos put out by Student Vote, which had high school students ask the leaders questions," said Voth.

"We found that it is really great for students to be exposed to the electoral process and they seem really engaged and excited to vote."

Overall the school's voter turnout was 73 per cent and the school will receive data from Civix to compare with other schools across the province and the actual election results.



TRIBUNE PHOTO BY NATASHA TERSIGNI

SCI students took part in the Student Vote program of CIVIX, which is a non-partisan registered charity focusing on building the skills and habits of citizenship among young Canadians. Voter turnout for the Grade 9-12 students on April 18 was 73 per cent.

Former Warren resident shortlisted for book award

Margaret Riddell in the running for an award for her latest novel, *Last Known Whereabouts*

By Jennifer McFee

A former Warren resident can add another page of praise to her success story in the literary realm.

Margaret Riddell's latest novel, *Last Known Whereabouts*, has been shortlisted for the 2016 Manitoba Book Awards in the category of Margaret Laurence Award for Fiction. Her previous novel, *Wolf River*, was shortlisted for the same award in 2014.

"I could hardly believe it. It's just an awesome feeling," said Riddell, who now lives in Carman.

"I feel very humbled about being selected by my peers. It's a wonderful thing. I'm up against some

pretty stiff competition, but it's great just to be there."

Along with Riddell, there are four other contenders for the award: Catherine Hunter for *After Light*, Donna Besel for *Lessons from a Nude Man*, Erna Buffie for *Let Us Be True* and Méira Cook for *Nightwatching*.

Riddell describes her latest novel as a "road book" that takes place along the highway between Winnipeg to Kenora and further east.

"A child is abducted and many people see this child after she has gone missing. Nobody does anything, but a lot of people realize that something is wrong. I wanted to explore the bystander effect and how so many people can see something going on and they don't do anything about it," she said.

"What I wanted to show in *Last Known Whereabouts* is that everybody had their reasons for not doing something. Some were not very good reasons, but everybody had their reasons. I wonder, in some cases, if maybe there are reasons that people don't act."

Another aspect of the novel hinges on the unreliability of memory.

"The way different people remember things in the story had an effect on how the mystery actually got solved," she said.

The 2016 Manitoba Book Awards will take place on Saturday, April 30 at the Radisson Hotel in Winnipeg.

For more information about Riddell's works,



which are available through McNally Robinson and Amazon, visit www.emmeerriddell.wordpress.com.



THE PEOPLE'S CORNER

Law Office

- **FAMILY LAW**
(Custody, Support & Divorce)
- **WILLS & ESTATE LITIGATION**
- **REAL ESTATE**

Call for Appointments
*Local Appointments upon Request

MICHELLE LAHAM SZUTIAK
Experienced Lawyer & Interlake Resident
Call (204) 691-5969 or email mszutiaak@peoplescornerlaw.ca

Proposed cell tower generates concern

By Jennifer McFee

Stonewall council penned a letter to MMM Group about a proposed cell tower in the area that is generating concern from some local residents.

The 30-metre MTS tower is proposed to go up on land owned by the company at 1st Street East and Centre Avenue.

When council initially reviewed the information, they were not aware of any objections from residents. Since then, however, several residents have come forward to express their concerns.

As a result, council wrote a letter to MMM Group, which is representing MTS, to outline concerns about the structure's height and location, as well as its potential impact on health and property values. In addition, resi-

dents have cited concerns about the notification process.

Stonewall Mayor Lockie McLean said the proposed cell tower doesn't fall under the municipality's jurisdiction. As a result, they aren't able to put conditions on the project. The cell tower is defined as a utility under the zoning bylaw, which is permitted in a residential zone.

"They do comply with our bylaw, so from our stance, there's nothing we can do under the Municipal Act to put conditions on them," McLean said.

However, to support concerned residents, council wrote to MMM Group to find out if an alternative site could be a possibility for the tower.

"We're a good council," McLean said. "Everybody's on the same page that we have to listen to our residents."

Good Roads award for Woodlands



TRIBUNE PHOTO SUBMITTED

During the Association of Manitoba Municipalities Officials Seminars held in Brandon last week, RM of Woodlands officials accepted a 2015 Good Roads Award from the Manitoba Goods Road Association for the improvements that were done on Miami Beach Road (Road 80) by Woodlands public works staff back in 2014.

BAR MENU - DAILY 8PM-11PM & SUNDAY 1PM-6PM		
Chicken Finger Platter	13" Two Topping Pizza	Onion Rings
Chili Cheese Dip	Cheeseburger	Fries
Nacho's with Beef	Turkey Club Sandwich	Mozza Sticks
Quesadillas-Chicken or Beef	Sweet Potato Fries	Calamari
		Dozen Wings

ROCKWOOD Motor Inn 390 Main St. Stonewall **467-2354**

> ADOPTION, FROM PG. 3

ing through the adoption process in Canada but decided against it.

"We couldn't have any of our own, so we figured there are lots of kids out there that need parents," Eric said. "But it usually takes longer from Canada and there's a good possibility that they won't be healthy."

Instead, they opted for the process of adopting from another country through a chain of agencies through Manitoba, Ontario and Bulgaria.

After many years involved in the process, they got the news last May about Yulia and Tsvetelina. Although they had undergone in-vitro treatments and felt prepared for the possibility of twins, they were still surprised to hear the news that they were about to become the instant parents of two girls.

They flew to Bulgaria last spring to meet the sisters and sign some paperwork. After that, they flew back to Canada and waited until it was time to pick up the girls in September. Due to a mix-up with immigration documents, they spent a month living in a Bulgarian hotel room with the three-year-olds.

For the couple, who recently moved to Woodlands from Warren, the best part about the experience is being home with their new daughters.

"It's so nice to be back home and have everything over and done with," Eric said.

Going forward, the new parents are preparing for their daughters'

fourth birthday in May. They also plan to keep in touch with girls' foster family in Bulgaria, and they need to complete adoption reports every six months for the next two years. They will also be waiting for the girls to attain Canadian citizenship status, since they are currently classified as permanent residents in the country.

As for the girls, they're enjoying their new home complete with two cats and a big yard. Yulia is seeing the world with clarity thanks to her new glasses and vision therapy, and they're looking forward to summer trips to the family's trailer at Hillside Beach.

But for other families involved in the international adoption process, the Simonsons offer some words of advice and encouragement.

"You need to do your research and you have to be patient. We knew it would take years. That was never an issue for us, but you also have to be prepared. If you are going overseas, you are paying for every single little thing," said Michelle, who estimates that they spent about \$50,000 in total.

"With the whole process, there were so many mistakes made by everybody — by our agencies, by the province, by immigration, by everybody. The whole process was not fun, but now that we're home and settled, we are happy that our family is complete."

THE Flicks CINEMA

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

319 First Street E., Stonewall, Man.
467-8401

PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

LAST DAYS: WED & THURS APRIL 20 & 21 AT 7:30 PM

ZOOTOPIA *Animated* **G**

FRI-SAT-SUN-MON APRIL 22-23-24-25 (CLOSED TUES) AND WED-THURS APRIL 27-28

FRI & Sat at 7:30 pm & 9:30 pm
Sun-Mon, Wed-Thurs at 8:30 pm

Melissa McCarthy
Kristen Bell

Adult Accompaniment Under 14; Crude Content; Coarse Language

14A

FRI-SAT-SUN-MON APRIL 29-30, MAY 1-2 (CLOSED TUES) AND WED-THURS MAY 4-5

FRI & Sat at 7:30 pm & 9:30 pm
Sun-Mon, Wed-Thurs at 8:30 pm

Nia Vardalos
John Corbett

PG

Stonewall Teulon
Tribune



PUBLISHER
Lana Meier



SALES
Brett Mitchell



REPORTER/PHOTOGRAPHER
Jennifer McFee



SALES
Stephanie Oland Duncan



REPORTER/PHOTOGRAPHER
Natasha Tersigni



DISTRIBUTION
Christy Brown



SPORTS REPORTER
Brian Bowman



PRINT
Dan Anderson



PRODUCTION
Nicole Kapusta



ADMINISTRATION
Allana Sawatzky



ADMINISTRATION
Corrie Sargent



PRODUCTION
Debbie Strauss



ADMINISTRATION
Tracy Farmer



ADMINISTRATION
Jo-Anne Procter



getheard

EDITORIAL > VIEWPOINTS > LETTERS



Home break-in reported in Grosse Isle

Staff

Early Monday morning Stonewall RCMP were called to a home in Grosse Isle after it was reported that a masked man entered the home through the back door. While social media posts are circulating that it was a home invasion and the man was carrying a butcher knife, Stonewall RCMP are classifying the incident as a home break-in and reminding residents to secure homes and their prop-

erty.

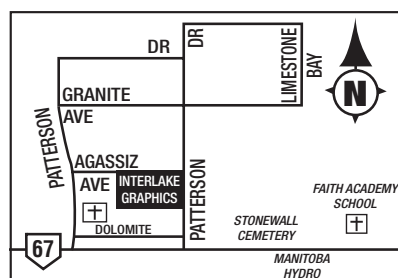
"We received a call Monday morning at approximately 3:09 a.m. that a man entered a home in Grosse Isle. There was a report that he may have had a knife but there was no violence or threat of violence, so it was not a home invasion. He was in the house, the occupants saw him and screamed and then he took off right away," said Stonewall RCMP Staff Sgt. Kelly Glaspey who added that nothing was

stolen and no one was injured.

The RCMP are still investigating this incident and at this point there are no suspects.

In the last few weeks there have been several break-ins in garages and sheds in the Grosse Isle and Warren areas reported to the Stonewall RCMP. RCMP are reminding homeowners to keep their doors locked and to report any suspicious behaviour to their local detachment.

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



> CONTACT US

Stonewall Teulon Tribune - Interlake Graphics
74 Patterson Drive, Stonewall Industrial Park Phone 467-5836 Fax 467-2679
Letters to the Editor: letters@stonewallteulontribune.ca
Classified: classifieds@stonewallteulontribune.ca
Advertising: ads@stonewallteulontribune.ca
News: news@stonewallteulontribune.ca



"We appreciate the advertising support we receive which enables us to print, publish and distribute our community newspaper. Please shop local"

The Stonewall Teulon Tribune is published Thursdays and distributed thru Canada Post to 7600 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or part without permission is strictly prohibited. Printed in Canada by Prolific Printing. The newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. Keep your dollars working at home and shop locally. Notices, classifieds and advertisements can be purchased by calling our Office at 467-5836 or emailing ads@stonewallteulontribune.ca. Our commitment to you, the reader - we will connect our people through articles in the paper to build stronger communities.

Session aims to help adults deal with childhood anxiety

By Dave Baxter

An upcoming event in Selkirk will teach adults about ways to help children living with anxiety.

Family Connections and Nova House Inc. have teamed up to host the Fears, Doubts, Blues, and Pouts Lunch and Learn at Selkirk United Church 202 McLean Ave. on Tuesday, April 26.

The session will focus on helping parents, caregivers and other adults deal with childhood anxiety.

"A couple of months ago we had a lunch and learn on adult anxiety and it was our biggest turnout we ever had and many asked if we would do one on childhood anxiety," Nova House executive director Anna Pazdzierski said.

The session will give community members a chance to come at differ-

"WE USED TO THINK IT WAS KIDS IN UNIVERSITY THAT GOT ANXIETY, BUT MORE AND MORE WE ARE SEEING IT IN YOUNGER CHILDREN."

ent hours of the day and get information.

People can come for the entire day from 9 a.m. to 3:30 p.m., or come for a panel discussion that will happen from 12:05 to 12:50 p.m.

Pazdzierski says the amount of interest they have already received leads her to believe there are lots of adults looking for resources and information

about childhood anxiety.

"With children, we see it start at a very young age," Pazdzierski said. "We see anxiety in babies. We used to think it was kids in university that got anxiety, but more and more we are seeing it in younger children."

Pazdzierski doesn't believe anxiety rates in children have gone up, but rather there is a better understanding of what is going on.

"I think we understand it more and before we probably called it other things," she said.

Children who deal with anxiety or panic attacks often don't understand what is happening to them and that is why it's important for parents to be able to help them, Pazdzierski said.

Although mental illness issues and anxiety can be passed on through family, Pazdzierski said children deal with these issues for many reasons.

"It can be a combination of all kinds of things," she said. "If adults have it, their kids are more likely to, but that's

not necessarily the reason."

Pazdzierski hopes the sessions help adults deal with childhood anxiety because if they don't deal with it properly, it could get worse.

"It's important because we used to say it was a discipline problem because they weren't doing what teachers or parents asked them to do," she said.

The session will feature a guest speaker in the morning, who is a professional at dealing with childhood anxiety.

There will be two speakers in the afternoon, and one will be from the local school division who will discuss available resources in the area.

Childcare is available for the morning or the afternoon.

For more information about the session, or to inquire about childcare for the session, residents can call 204-482-7882.

Bezan named vice-chair of Ukraine parliamentary group



TRIBUNE PHOTO SUBMITTED

The 2016-17 Canada-Ukraine Parliamentary Friendship Group executive, including Selkirk-Interlake-Eastman MP James Bezan and the Ambassador of Ukraine to Canada. Bezan was named vice-chair of the executive during a recent annual general meeting.

Staff

Selkirk-Interlake-Eastman MP James Bezan was elected as a vice-chair of the executive of the Canada-Ukraine Parliamentary Friendship Group (CUPFG) during a recent annual general meeting.

"I am proud to serve as a vice-chair of the Canada-Ukraine Parliamentary Friendship Group," Bezan said in a release last week. "This Friendship Group demonstrates Canada's solidarity with Ukraine, especially at this important time when Ukrainians are fighting against Russian aggression, and defending Ukraine's sovereignty, democracy and European aspirations."

The Canada-Ukraine Parliamentary Friendship Group promotes a deepening of bilateral relations at the two countries' parliamentary level.

The Ambassador of Ukraine to Canada, H.E. Andriy Shevchenko was in attendance and brought greetings.

Ambassador Shevchenko voiced his enthusiasm about the Canada-Ukraine Parliamentary Friendship Group and underlined the strong and friendly relationship between Canada and Ukraine. He is pleased to see the great support for this initiative from all Parliamentarians across different parties.

More than 85 Parliamentarians are members of the Canada-Ukraine Parliamentary Friendship Group for 2016-17.

Thirty-one interns of the 2016 cohort of the Canada-Ukraine Parliamentary Program were also in attendance at the Canada-Ukraine Parliamentary Friendship Group meeting.

Proposed re-zoning in CentrePort

Share Your Views

concerning the proposed re-zoning of part of the CentrePort Canada Rail Park in the R.M. of Rosser to an "Industrial Heavy Zone".

An application has been received to re-zone Pt. 20, 21, 29 and 30-11-2E in the rural municipality of Rosser from CentrePort rural zone to "13" Industrial Heavy Zone.

This would allow the establishment of a heavy industrial use.

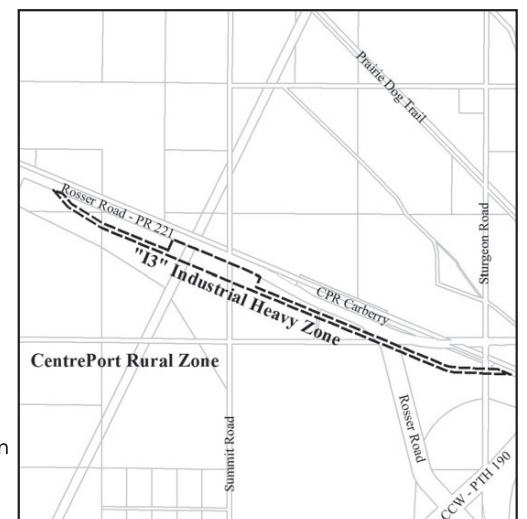
Public Hearing

You are invited to share your views on this planned re-zoning at a public hearing taking place at 1:00 p.m. on Friday, May 6 at the Victoria Inn Hotel and Convention Centre located at 1808 Wellington, Avenue, Winnipeg.

For more information

If you would like to attend this public hearing, or you would like more information on the proposed re-zoning, please contact:

Meagan Boles, Senior Planner
Inland Port Special Planning Area
610-800 Portage Avenue
Winnipeg, Manitoba R3G 0N4
Phone: 204-794-3817
Fax: 204-945-5059
Email: inlandportspa@gov.mb.ca



Local resident makes a difference by donating blood

By Jennifer McFee

For Allan Webb, you could say that a desire to donate is in his blood.

Webb, a longtime blood donor, saw his dad donate blood for many years. With a healthy sense of competition, he wanted to out-do his dad's total of 76 donations to Canadian Blood Services.

Now numbering 103 blood donations, Webb has surpassed his father's total and is still going strong.

"I'm a good donor because I'm available and I'm healthy. I started this long ago. The first time was when I was a university student and I'm 56 now, so I've been at it for about 38 years," said Webb, who lives between Stonewall and Balmoral.

"There used to be an age limit, but now you can go as long as you're healthy. My father was a longtime donor but he had to quit when he turned 70. Now, basically as long as you're still meeting the health standards, you can donate as long as you'd like. It was always my goal to pass him — and I was able to do it and keep going."

When it comes to donating blood, the procedure is simple yet the impact is profound — and immediate. Most blood is used within five days of the donation date.

"That's the thing — a lot of people can benefit from something that really

doesn't cost you anything and isn't a big inconvenience. They have a clinic here either in Stonewall or Warren every 56 days, so I make an appointment to donate each time there," Webb said.

"For most people, it's very painless and it doesn't take very long. It's a very minor amount of discomfort to do some good work."

Since there is always a need for donated blood, Webb encourages others to start donating.

"As long as you're healthy, people should go. They always need the donors. There are a lot of faces that I recognize every time I go and they're mostly middle-aged and older people, so certainly we need some younger people to start picking up the slack. And, of course, each donation that you make can benefit quite a few people," Webb said.

"The other thing is you never know when you're going to need it. People who have cancer or people who are involved in an accident might very well need blood in the future, so they need people like them to donate to ensure it is available."

There's no time like the present, with the next Stonewall Blood Donor Clinic scheduled for Tuesday, May 3 from 2 to 7 p.m. at the Odd Fellows Hall.

Canadian Blood Services hopes to collect 120 units of blood to send to hospital patients in the community.

"EACH DONATION THAT YOU MAKE CAN BENEFIT QUITE A FEW PEOPLE."



TRIBUNE PHOTO SUBMITTED

Allan Webb of Stonewall will be donating blood on May 3 making this his 103 contribution.

Each unit is 450 millilitres, or approximately one-twelfth of a person's total blood volume — not much compared to the amount of blood that someone can lose in an accident or during surgery, or for someone who is unable to produce healthy blood cells.

Currently, there are 45 open appointments to be filled. For those interested in donating blood for the first time, they can visit www.blood.ca to take an eligibility quiz. In general, in-

dividuals must be 17 or older and in good general health. There is no upper age limit for blood donations.

For those who donate on May 3, there is a strong chance that their blood will help someone in the local area by the weekend.

If you can't make it on May 3, you can also mark your calendar for upcoming blood donor clinics in the area on July 12, Sept. 20 and Nov. 15.

Community meeting for Inwood and Armstrong

Come one, come all.

A community meeting aims to bring together folks from the Armstrong and Inwood areas to share ideas about what they would like for their community.

Businesses, associations and residents are encouraged to attend the meeting, which is scheduled for Monday, April 25 at 7 p.m. in the Inwood Manor dining room.

LAKE FRANCIS COMMUNITY CENTRE INC.
Invites you to our

FISH FRY 

Sunday
APRIL 24, 2016
12 NOON TO 3 P.M.
Pickerel, fries and dessert.
TICKETS \$14.00 each
Youth 6- 10 \$7.00 --
5 and under Free
For information please contact:
Donna Anita
204-383-5960 204-383-5207

Do you have a suggestion for our news team?

Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.


Call 204-467-5836




We specialize in celebrating life

MacKenzie FUNERAL HOME

info@mackenziefh.com
204-467-2525





Jim Buckle
Sales Manager
31 Years of Service

Parkside Ford Lincoln, 2000 Main Street, Winnipeg
Bus: (204) 339-2000 ext.264
Toll Free: 1-800-552-4891 • Cell: (204) 792-6025
Email: jbuckle@parksideford.net • www.parksideford.net

Teulon Pastor reflects on her time serving the community

By Natasha Tersigni

After Pastor Claire Speary spent 12 years serving Teulon's Anglican Parish of St. Cyprian and St. Peter Lutheran Church, parishioners and community members gathered on Sunday to celebrate her retirement.

While Speary will remain active in the community, she has decided to step down from her daily duties with the community congregations. During her Retirement Tea on Sunday, Speary reflected on her work in Teulon and her career as pastor, something she had never set her sights on.

Following high school, Speary went to university and became a psychiatric nurse. After working in the field for many years, she took time off to raise her family. When she returned to nursing after 17 years she found it wasn't what it used to be.

"Nursing had changed so much and I found that I enjoyed school as an adult learner. It was time for a change, so I stopped nursing and went to university for theology. After I finished my first year of university, I felt the nudge to attend seminary school, but not as a pastor," said Speary, who was 48 years old when she went back to school.

Speary enjoyed working with churches; however, since she didn't have a strong background in scripture, she was not comfortable working as a full-fledged pastor. As a result, she opted to work in other ministries, including as a pastoral grief and loss counsellor. After she completed seminary school, she went to work alongside a pastor in Steinbach.

After a year and a half in Steinbach, where she was not able to conduct many services, Speary decided it was time for another change — she wanted to be a pastor of a congregation after all.

Speary grew up in Riverton and had lived in Arborg and Gimli. So with her knowledge of the Interlake, it seemed fitting for her to take the position as pastor with the St. Peter Lutheran Church in Teulon.

The move would be an adjustment for both Speary and the community, which had never had a female pastor before. Before moving to Teulon, Speary was asked if she would also be the pastor for the An-



TRIBUNE PHOTO BY NATASHA TERSIGNI
A retirement tea for pastor Claire Speary was held on Sunday to honour her many years of service in Teulon.

glican church, something that was not too common yet.

"When I was looking for a church, I would tell people it didn't have to be a rich church as long as it was active and ecumenical. I was called here as the Lutheran pastor, and then when it came closer to when I would arrive, I was asked if I would take over the Anglican as well. That sealed the deal for me," said Speary, who added that in time the pa-

rishioners adjusted to a female pastor.

"Most people in Teulon seemed OK with it. Some people here did have trouble accepting it, but most were just glad to have a pastor. It turned out to be a good fit for me here."

It did not take long for the community to accept Speary and her style of ministry. With her own experiences in loss and grief counselling, after losing both her husband and daughter at young ages, Speary was able to provide loss and grief support.

"Funeral ministry has become an area of strength for me and people have recognized that in the community, often because I try not to be too traditional in the services I give. I find often that church language goes over my head, so I figured if a good two-thirds of the people that come to a funeral have little to no church background, which has come to be the reality now, then why should I use this church language that people don't necessarily understand?" said Speary.

"People seem to be fine with the ecumenical service. I don't always know the people whose service I am conducting, but I listen to their stories from family members. Most times, I get the gift of the family sharing their story. I take what they give me and use it in the service."

After being diagnosed in the fall with deteriorating vision in both her eyes, 68-year-old Speary felt it was time to step down from her congregations.

Speary performed her last service on Christmas Eve and has been enjoying retirement. She plans to remain in Teulon and continue to be an active member in the community.

"I have thought for years about retiring, but it is hard when there might not be another pastor available. I kept saying one more year and then came the diagnosis. I am not sure how much longer I will have my clear vision. I love to travel and read, so I stopped and thought what would best for me," said Speary.

Overland
truck outfitters

WE'VE GOT YOU COVERED FOR WORK OR PLAY

THE BEST PRICES

THE BIGGEST INVENTORY

Spray-in Bedliners • Running Boards • Hood Guards • Tonneau Covers • Truck Caps • Tailgate Guards • Tool Boxes
Box Rails • Hitches & Wiring • Keyless Entry • Step Bars • Bodsides • Ladder Racks • Roll Top Covers

MAINTOBA'S LARGEST SUPPLIER OF TRUCK CAPS

LEER RAIDER WWW.OVERLANDTRUCK.COM

338-4292 • 5 MILES N. OF WINNIPEG ON #8 HWY.

Gauthier
Cadillac BUICK GMC

2400 McPHILLIPS ST.
Call

JERRY VANDE
Sales Manager

Ph: 204-633-8833

SHOP ONLINE AT
WWW.JIMGAUTHIERGMC.COM

St. Laurent Métis Days 2016

The father guy Lavallee Métis Local is seeking participants for this year's Métis Days celebration.

Events will take place July 30 and 31, 2016.

If you are interested in reserving your spot to be a food vendor, craft or bake sale vendor, enter a float in the parade or enter a team in the slo-pitch tournament or for more information go to our

website www.fglml.ca or email us at fglmilnc@hotmail.ca.

We will also be once again holding jigging competitions (in different categories), horseshoe tournament, sling shot challenges, traditional games, children's games, workshops and other fun activities.

Immanuel Lutheran Church

Springfest Supper

A bit of Germany in the Interlake

May 1, 2016

4:30 pm or 6:00 pm seatings available

Royal Canadian Legion
459 Main St., Stonewall

Tickets available from
Tanya Daher
204-467-2235 or
daherstone@shaw.ca

Adults: \$13.00
Children 6-12: \$6.00
Children under 6: Free

Library on wheels celebrates National Bookmobile Day

By Natasha Tersigni

It was an extra special storytime aboard South Interlake Regional Library's (SIRL) Bookmobile on April 13 at the Stony Mountain Child Care Centre.

Storytime was dedicated to learning more about different bookmobiles around the world while celebrating National Book Mobile Day, organized by the American Library Association.

This is the second year in a row that SIRL has celebrated bookmobile day and uses the event to further educate the community on the valuable service the mobile library provides to the region.

Beginning in 1968, the bookmobile has travelled to communities in the South Interlake, ensuring that everybody has a chance to check out books.

"We reach a lot of people that may not have the opportunity to go to a building library. This way, at least the mobile library can come to them," said bookmobile librarian Pam Palcat, who added that the bookmobile is a public library and at every stop, people are allowed to board the bus and check out books.

"If someone sees the bookmobile at



any stop, they are welcome to come in."

The bookmobile is a fully functional library and includes a circulation desk complete with a computer system to check out books. There is a wide selection of books on the bus, including children's books, young adult novels, adult fiction and non-fiction and mag-



TRIBUNE PHOTOS BY NATASHA TERSIGNI

On April 13, the South Interlake Regional Library celebrated National Bookmobile Day during afternoon storytime held in Stony Mountain aboard the mobile library.

azines. As well, if there is a special request for a certain book, Palcat will make sure to bring it the next time the bookmobile makes that stop.

The bookmobile runs on a three-week schedule and while many stops include schools, there are also stops at

RM offices, halls and seniors homes. Once every three weeks, there is storytime available on the bus at the Stony Mountain Child Care Centre and Gunton Hall parking lots.

For a complete schedule for the bookmobile, visit to sirlibrary.com.



The first South Interlake Regional Library bookmobile started operating in 1968 and was a '55 GM bus.

Knights poker night



TRIBUNE PHOTO BY JESSE NUGENT

The Stonewall Knights of Columbus held a poker tournament at Christ the King Church in Stonewall on April 8. There were 30 people taking part, with \$1,300 given away in prize money. First place received \$650. All proceeds raised during the event will be going back into the Stonewall/Interlake communities. Winners are pictured right to left: 1st - Carlo Todaro; 2nd - Reid Irving; 3rd - Jim Buckle; and 4th - Bob Szabo.



ROYAL CANADIAN LEGION
STONEWALL BRANCH - 467-2261

Lic #418

CHASE THE QUEEN
WEDNESDAY NIGHTS \$6267.00 AS OF APRIL 13/16

Members Night - Sat May 7th
at 7 p.m. Entertainment to follow.
Band - Celebrations

ALL ARE WELCOME

Provincial trail riding club welcomes new members

By Jennifer McFee

For many trail riders, wild horses couldn't keep them away from the anticipated activity.

And the Manitoba Trail Riding Club welcomes new members to participate in the enjoyable pastime.

For member Linda Gillies, the club creates a sense of confidence and camaraderie in its members.

"I got into riding later in life. Sometimes, you want a group of people you feel confident with. The benefits are definitely having fun and riding in places that you wouldn't normally ride," said Gillies, who lives in the Grosse Isle area.

"If you like a little bit of competition and a reason to be out there two or three times a week training your horse, for me that's what it was. It's nice to be a member of a club and it certainly is a lot of fun."

Once a month, club members meet



TRIBUNE PHOTO BY JO-ANNE PROCTER

Manitoba Trail Riding Club member Linda Gillies is encouraging trail riders to join their club. Gillies is enjoying the great outdoors along with her horse Dakota and dog Polo.

to discuss rides, with five planned for this year. The first ride is scheduled for May 14 in Sandilands Provincial Forest, followed by a May 28 ride in

Pembina Valley, June 18 in Birds Hill Provincial Park, and Sept. 10 in Bel Air Provincial Forest. This year's events wrap up on Sept. 18 at the MHC Manitoba Equestrian Championship in Birds Hill Provincial Park.

Most rides include three different options for participants: 15 miles, 25 miles or 40 miles, which can usually be done as competitive trail rides within a set timeframe.

For the 40-mile rides, a minimum of two riders must register to participate. Each event features a pre-ride vet check to assess that the horse is able to do the distance, followed by subsequent vet checks along the way.

The club, which formed in 1979, includes a junior division as well as mentorship for newcomers. For more information on the Manitoba Trail Riding Club or to get involved, visit www.mbtrailridingclub.ca.

Teulon's tax rate to increase, mill rate to decrease

By Natasha Tersigni

With 2016 being a reassessment year and property values going up in the town and Teulon Council the result for town ratepayers will be a slight decrease in this year's mill rate.

"The tentative increase in taxes is roughly two percent. The mill rate will actually be down a bit because of reassessments. We are happy that we were able to keep taxes where they are and continue with our projects and services," said Mayor Bert Campbell who added that the increase in taxes was needed to continue planned infrastructure projects in the town including the paving of roads and sidewalks.

A public hearing to discuss the 2016 Financial Plan with the public will be May 10 at 6:30 p.m. at the Teulon Civic Centre prior to the regular scheduled council meeting.

Motorcycle Rally Approved

After organizer Dave Leduchowski met with the Teulon-Rockwood Recreation Commission, it was reported to council that the Project New Hope Motorcycle Rally in Teulon has been planned for June 4, with a rain date set for June 11. Leduchowski appeared as a delegation at the March 1 council meeting to inform council about the upcoming rally. Council supported the event and directed Leduchowski to meet with the rec commission to work out specific details of the ride.

Council has approved the event based on the rec commissions recommendations and as well has allowed for free tent camping in Green Acres Park during the weekend of the rally

Along with the motorcycle ride throughout the Interlake, the event will include motorcycle

presentations by the Winnipeg Harley-Davidson Club, beer gardens hosted by the Teulon Curling Club and children's activities.

Organizers are hoping to attract motorcycle riders from across the province and the ride will raise money for Project New Hope; a non-profit organization that supports veterans who are suffering from Post Traumatic Stress Disorder.

Other news in brief

Council approved their annual contribution to the commission of \$75,000. During the commission's report it was noted that several facilities in the town are requiring upgrades and improvements. The dance floor at the Teulon-Rockwood Centennial Centre requires the floor to be refinished for \$13,000 and the canteen at the Green Acres Park requires an electrical upgrade for Canada Day activities. No upgrades were approved during the meeting.

Council approved a number of monetary donations for non-profit community organizations and events including:

- \$250 for the Teulon Game and Fish Association to cover the costs of Hydro to run the winter aeration pump on Norris Lake.
- \$500 for the Central Interlake Charity Ride for Wishes fundraising event held on May 14 in Inwood.
- \$250 Progressive Agriculture Safety Days held at the Teulon-Rockwood Arena in June to teach farm safety to Grade 5 and 6 students.
- \$500 to the Teulon and District Ag Society for their fall Pumpkin Fest event.
- \$500 to the Canada Day committee for community activities held on July 1.



Ducks Unlimited Canada
Conserving Canada's Wetlands

A Big Thanks to our Southwest Interlake Ducks Unlimited supporters who made our Fundraising Banquet a huge success on April 16th at the Heritage Arts Centre.

SPONSORS

Royal LePage Dynamic Real Estate
RBC Royal Bank
Standard Limestone Quarries
CPS Canada **Devron Broadfoot**
Doctor Decal **Inview Insurance**
LaFarge Canada **Terraco** **WiBand**
CIBC Stonewall
Lawson Sales Ltd.
Maple Leaf Construction Ltd.
North West Capital Partners
River East Electric

Abas Auto **One Insurance**
All-Fab Building Components **Black & McDonald**
Quarry Dental Centre **Graham Law Offices**
Rockwood Motor Inn **Howard Howardson**
Rockwood Pharmacy **Interlake Pharmacy**
Sunova Credit Union **Interlake Salvage & Recycling**
Leo's Sales and Service Ltd. **Ye Olde Sugar Rush**

DONORS

Allene's Professional Skin Care **Quarry Seed Ltd.**
Barb Pachal **Pat Kehoe & Megan Moss-Kehoe**
Comco Pipe & Supply Company **Southside Service**
Elaine Colley **Stonewall Argus**
Janice Doan **Stonewall Family Foods**
Jaspersen's Greenhouse/Landscapes
Stonewall Florist **Korner Kuts Day Spa Salon**
Stonewall Teulon Tribune **Mark Anthony Wine & Spirits**
Tim and Rhonda Cameron **North American Lumber**
Tim Hortons Stonewall **Oak Hammock Marsh**

Celebrate Earth Day by recycling locally!

REACT Inc. encourages citizens to make use of their local one-stop recycling depots

STONEWALL, MB - At this time of year, many of us in the South Interlake are looking to take advantage of the warmer weather and start our spring cleaning, or begin to take on indoor and outdoor projects.

Unfortunately, what we often find at the end of these activities are a bunch of things we don't need or want anymore: leftover cleaners from years gone by, burnt out fluorescent tubes and CFL bulbs that we finally got around to changing, used oil and old gas from the lawnmower - and more. But where do we get rid of these things?

Pouring them down the drain into our waterways is an obvious health and environmental hazard. Throwing them into the garbage bag and into the landfill only creates problems for future generations.

"The request we've received the most from local residents is for a local, permanent one-stop recycling depot," says Karl Daher, vice chair of REACT Inc. "Many people hold on to used chemicals or broken electronics in

their basements and garages for years, knowing that throwing them away in the garbage is bad for the environment, but not knowing what they can do with them locally and conveniently. We have been working over the past four years with the provincial environmental stewardship programs as well as our municipal partners in Rockwood, Stonewall and Teulon to get a depot set up.

We're excited to announce that as of Earth Day (Friday, April 22nd) 2016, two depots will be up and running in the South Interlake!"

REACT encourages local residents to bring their recyclables to one of the two local one-stop recycling depots, located both the Winfield Road Waste Transfer Station near Stonewall, as well as the Teulon-Rockwood Disposal Grounds on Road 94N near Teulon. The depots will accept a wide variety of recyclables: electronics, CFL and fluorescent tubes, paints, pesticides, flammables, solvents, oil, anti-freeze, and tires, in addition to the household recyclables of plastic and glass con-

tainers, paper, boxboard, cardboard, steel and aluminum cans, and beverage containers. As opposed to the former annual 'depot days' run by REACT, recyclables will be collected during normal hours of operation for both sites on an on-going, permanent basis.

"Recycling not only helps protects the environment for future generations, it saves residents money in the long run. We're all paying the recycling fees when we buy recyclable products, be it on drink containers, paints or electronics. Our local municipalities, however, can only get rebates on what residents actually recycle.

Residents of Stonewall will be seeing a decrease in their waste pickup fees due to the diversion of recyclables from the landfill to the blue box recycling stream. Let's make the best use of the local recycling depots that we can, in order to maximize the funds available to us.

Throwing something into the landfill has a cost in both financial and environmental terms; recycling is one step we can take to reduce both of these costs."

For more information on exactly what can be recycled at each of the depots, as well as further information on



reuse and recycling drop off locations in the South Interlake, simply visit REACT Inc's website at

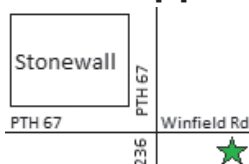
<http://www.reactinc.org>
About REACT Inc.

Rockwood Environmental Action Community Taskforce (REACT) Inc. is a local volunteer organization located in Stonewall, MB that is committed to environmental responsibility. Our mission statement is "to assist (our) members and the community as a whole to become more environmentally responsible."

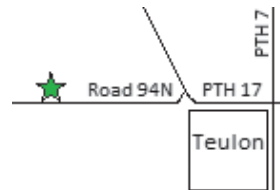
One-Stop Recycling Depots in the South Interlake

The following items can be dropped off FREE OF CHARGE by ALL residents of the South Interlake at

Winfield Road Transfer Station



Teulon-Rockwood Waste Disposal Site



Lighting products



Paint



Household Pesticides, Solvents & Flammables



Oil, Oil Filters & Antifreeze



Tires



Electronics



Plastics (Types 1 -7)
No Styrofoam™,
Plastic bags



Steel and Aluminum Cans



Paper, Boxboard, Cardboard



Glass Jars



Beverage Containers

Complete list at



REACT INC.org

Students celebrate 'International Day of Pink' against bullying

By Natasha Tersigni

Grosse Isle showed its true colours last Wednesday as the school celebrated the International Day of Pink.

Interlake School Division (ISD) students and staff donned as much pink as possible on April 13 in honour of International Day of Pink and Canadian Red Cross Day of Pink, a movement to bring awareness to bullying.

Throughout the division, schools held a variety of activities, events and lessons to teach students how to take a stand against bullying and how to stop it.

At Grosse Isle School, Grade 5-7 students took time on Pink Day to reflect on positive friendships with peers.

"We focused on the theme of friendship, what it means to be a good friend and why it's important to friends," said guidance counsellor Monica Baldwin, who emphasized how strong friendships can be an important ally in the fight against bullying.

"Friends will stick up for each other if there are bullying issues and will not just stand around and be bystanders."

Individually, students wrote out specific characteristics of what makes a good friend and how they help to nurture relationships with their peers.

While it is not something they often stop to think about, students said the exercise did help them to think about the friends they have and why they chose them.

"I have never stopped to think about what I look for in a friend. It was a cool task and we looked at what is a friend, why friendship is important, how to make a friend and how to keep a friend," said Grade 7 student Mackenzie Turner.

The International Day of Pink began in 2007 when two Grade 12 students at a Nova Scotia school saw a younger student bullied for wearing a pink shirt.

The student was teased and called homophobic slurs.



Grade 8 students of Grosse Isle Mackenzie Turner (left), Joy McCutcheon (middle) and Jade Perrett spent part of Pink Day reflecting on positive friendships, an important ally in the prevention to bullying.



RW Bobby Bend Grade 2 students, left to right, Taylor H., Sean H., and Alexa H. designed their own Day of Pink T-shirts with anti-bullying/friendship messages. The messages were put on the "Hanging Bullying Out to Dry" bulletin boards around the school.

The Grade 12 students intervened but wanted to do more, so they bought pink shirts — and so did two of their friends and two of their friends. A few days later, just about everyone at the school showed up wearing pink.

The movement has spread worldwide. Now twice per year, in February and April, Pink Day is recognized at the ISD.

In 2015, 9.4 million people took part in Pink Shirt Day.



TRIBUNE PHOTOS BY NATASHA TERSIGNI AND STEPHANIE DUNCANI
Grosse Isle School students and staff celebrated Canadian Red Cross Day of Pink on April 13, a national anti-bullying awareness day, wearing pink while raising money for the Red Cross by selling pink ice cream cones.



It was a sea of pink at RW Bobby Bend April 13 when students recognized Day of Pink with a pink cupcake sale and pink drinks served by several staff from RBC Stonewall branch.

**WATCH
NEXT WEEK'S
PAPER FOR
INFORMATION
ON
STONEWALL'S
SIDEWALK
SALES!**

**SPRING
SIDEWALK
SALE
April 29 & 30**

The real estate market

Why not renew your mortgage?

A regular review of your financial needs is always a good idea. This can include taking a look at the suitability of your insurance policies, credit cards, savings and investments, personal loans, and mortgages.

This spring, why not contact your mortgage specialist to talk about renewing your loan? Mortgages change over time, just like interest rates. A mortgage advisor will be able to guide you through all the available products and quite possibly help you find a way to save lots of your hard-earned dollars.

However, keep in mind that it's very important to do plenty of your own research if you're thinking of renewing your loan. Among the factors to be



considered are the length of the term, the insurance associated with the loan in question, and payment options.

If you would like to finance some home renovations, your children's post-secondary studies, or any other project, your advisor can suggest mortgage products specifically

designed to offer you this flexibility. You could also use your mortgage for a real estate project, investments, or even to consolidate your debts.

Don't hesitate to consult a specialist in mortgage loans. It may allow you to make the kinds of changes you've been feeling the urge to make this spring.

Buying a home: why have it inspected?

You've found a house you'd like to buy? What is the condition of its roof, foundation, heating and air conditioning systems, electrics, plumbing, insulation, ventilation, interior and exterior walls and ceilings? That is what a home inspection is for. It tells you what kind of shape the physical structure is in as well as the condition of the systems installed in it. The most important thing is to detect major flaws that could reduce the building's value or pose a risk of danger in the future.

Consequently, when the inspector gives you this report, you'll know the exact state of the home you've set your heart on and you can predict the cost of any necessary maintenance work that needs to be done

in the foreseeable future. If the house will require some urgent and expensive work, such as re-roofing, you can use the report as leverage in demanding that the necessary repairs be done or in negotiating a lower selling price.

If you made an offer conditional to a satisfactory inspection which then reveals a de-fect, you can withdraw from the transaction without a problem. In the case of a hidden defect, the inspection report will show that you took all the necessary precautions at the time of purchase.

In short, having the property of your dreams inspected before you buy it is the best way to avoid unpleasant surprises and unexpected expenses.



Lori Siwak

Phone 204-918-4571

Fax 204-467-5575

lori.siwak@rbc.com

Stonewall & Selkirk Market

Your new home doesn't come with mortgage advice. I do.



Liam Wheddon • Ted Hodgkinson • Tracey Unrau • Richard Tyerman

Have the home of your dreams inspected before buying it so your dream doesn't turn into a nightmare.

**GRANTHAM
LAW OFFICES**

Lawyer & Notary Public

DOUG GRANTHAM

STONEWALL OFFICE:
1-278 Main St. • 204-467-5527

The real estate market

Documents to have on hand when selling your home

Have you decided to sell your home? If so, you're going to have to gather together a few important documents. They will provide potential buyers with all the information they need concerning your property; some of the documents may even be required in order to conclude the transaction. Here are a few that you may need to have:

- A location certificate (also known as a real property report or surveyor's certificate) indicates the boundaries of the property and its status regarding current laws and municipal bylaws.
- A condominium declaration (if applicable) describes how ownership is shared and how the building and funds are administered.
- The lease or leases are required if it's a rental property.

- Invoices for renovations show that improvements have been made to the home. A new roof, for instance, could justify a higher selling price.

- Tax statements and monthly bills (electricity, gas and water) give potential buyers an idea of the expenses they will have if they purchase the property.

- The deed and previous purchase agreement prove that you are the rightful owner of the property you want to sell.

Inspection and evaluation reports may also be useful for buyers who have questions during home visits. The more information you have about your home, the better it is for you and for potential buyers.

Location certificate, electric bill, renovation bills: do you have all the necessary documents handy?



NEED A BUILDER? A CONDO? A RENOVATION?

Visionary Homes is a local, dynamic, committed, team. We want to be YOUR builder.

Coming soon...
"Taste of New York"
Loft design condos in the trendy Corydon/Osborne Village area will be ready late summer.



Several building lots available in Stonewall

Call us for more information....

204-461-2237

visionaryhomes.ca

stacey@visionaryhomes.ca



VISIONARY
HOMES

Do I need to have a location certificate?

A location certificate (also known as a surveyor's certificate or real property report, depending on where you live in Canada) is a document issued by a land surveyor. It indicates the surveyor's opinion on the condition of the property according to the title deeds, land registry, proximity to floodplains, zoning and municipal bylaws.

Sometimes a lender may require a new property survey when you want to make a bid on some real estate. The survey report, which includes a map, shows all the significant features of the property: the boundaries of the lot; the location of the house, outbuildings, fences

and hedges; easements (such as a right of way); the presence of electric wires and any encroachments from adjacent properties.



A HOME WARRANTY IS A POWERFUL SELLING TOOL FOR YOUR HOME

WHY CHOOSE



THE
McKILLOP TEAM
RE/MAX TOWN & COUNTRY

Over the course of 32 years, we have developed solutions for virtually everything. One thing still needed to be solved however, unexpected after purchase mechanical breakdowns.

**WE HAVE THE SOLUTION!
OUR HOME WARRANTY
EXCLUSIVE TO THE McKILLOP TEAM**



SOLD



A home warranty is a powerful selling tool for our listings. Homes with warranties often sell for an average of **\$2300.00** more and **11 days** quicker than homes without. Homes with warranties are simply more attractive to buyers, giving your home an edge, especially in today's competitive market. You won't have to worry about any post-sale disputes if a mechanical system fails because the buyer calls the warranty company.

Relax - we've got you covered!

**Get the McKillop Team!
Contact us Today!**

204-467-8000

remaxtc@shaw.ca or mckillop.ca



THE
McKILLOP TEAM
RE/MAX TOWN & COUNTRY



WCI offered music and baking at Coffeehouse

By Jo-Anne Procter

It was a sweet evening at Warren Collegiate last Thursday when the choir performed and the Home Economics classes baked up several decadent desserts for the annual Coffeehouse.

The Grade 11 and 12 classes were responsible for the menu design and the Grade 9 and 10 classes helped bake Boston cream puffs, lemon meringue and s'more cupcakes. Punch, coffee and tea were served during intermission.

Performances included the choir, directed by Mr. Cloud, duets by Cory Hildebrand and Danielle Bullock, Rebecca Myskiw and Madeline Boonstra, and solos by Alaura McDonald, Rebecca Myskiw, Tyler Findlay and Madeline Boonstra.

The proceeds from the evening will help finance their choir trip to Kenora and Thunder Bay in May.



Tyler Findlay had the crowd in stitches as he sang Toby Turner's song "Sideburns," complete with actions.



TRIBUNE PHOTOS BY JO-ANNE PROCTER AND CHRISTIE CROW

The WCI home economics classes designed the menu, baked and served decadent desserts at the annual WCI Coffeehouse last Thursday. Volunteers pictured left to right: Ashley Brad, Rachel Slagerman, Taylor Comberbach, Torin Hoffman, Brandee Coutu, Nick Genio and Michael Ferchuk.

Pink Day pancakes

TRIBUNE PHOTO SUBMITTED

Chop! Centennial, the extra-curricular cooking club at Ecole Stonewall Centennial School, made pink pancakes for the entire school last Wednesday for Pink Day.



'Helpful' is our middle name.
(Okay, maybe not, but it should be!)

If you need some extra cash, we're here to help. Whether you're looking to clean up your debt with a consolidation loan, get a mortgage, or just need a bit of fun money, we've got you covered. Decisions are made locally so we can turn your application into cash in as little as 24 hours!

STOP BY AND SEE US TODAY.
NO APPOINTMENT NECESSARY. (SERIOUSLY!)

sunova
CREDIT UNION

sunovacu.ca | bank brighter.



Stonewall Collegiate Human Right Group

Coffee House

Thursday, April 28th, 2016

Starts at 7:00 pm - doors open at 6:30 pm
in the Stonewall Odd Fellows Hall

Tickets: \$10.00 per ticket

Complimentary drink & piece of baking with donation of non-perishable food item

TCI students return from life-changing humanitarian trip

By Natasha Tersigni

Helping Hands students from Teulon Collegiate recently returned from their volunteer humanitarian trip to the Dominican Republic with a better appreciation for their life in Canada and an action plan to help the communities they visited.

Six students and two staff members from TCI spent their spring break in and around Sosúa, Dominican Republic, a central American country, helping to build a high school in a nearby impoverished community. While the Grade 10-12 students knew that the trip would be something they would remember for a lifetime, they had no idea just how much they would be impacted by the relationships they were able to build in the short amount of time.

The volunteer service trip took over a year and half of planning by TCI staff Lesley Philippot and Brenda Bawdon. The trip was organized through Me to We, a branch of the non-profit Canadian-based organization Free the Children, and students held several fundraisers to cover the majority of costs of the trip.

From working on the construction of the school and playing baseball with the community youth to teaching the local children how to do the Boot Scoot n' Boogie, it was the connections that students and teachers made that were the greatest influence of the trip.

"They really touched our hearts. We did not believe we would be so affected by it. We knew it would be an amazing experience, but to the depth of the connections that we made, I didn't think we would connect in that special way and in that short period of time," said Philippot.

"The children there were just amazing. They were so gracious and so loving. They have so little, and with what little they have, they are so happy."

During their time in the Dominican, students toured communities and saw just how low the standard of living is in the developing country.

"We got to see what the community is like, how they lived and just how poor their homes are. They go to the dump to get whatever they can to put on their roofs so it doesn't rain in their homes. Their houses all have dirt floors, and in one home, I noticed a fire in the floor right at the entrance of their doorway so they would be able to cook their food," said Philippot, who added that 80 per cent of the homes in the community did not even have beds.

The majority of the trip was spent working on the initial construction of the high school that will soon house 180 students. While the community



One of the most memorable parts of the trip for Grade 10 student Desiree Griffin was being able to meet and play with the local children.

has an elementary school, there is nowhere for the students to be educated beyond Grade 7. The TCI group was one of the first volunteer groups to help with the construction, and they joined a local working crew of five people.

The students and teachers spent their day hauling dirt for the foundation, bending rebar for supports and laying bricks. All the work was done by hand, with the help of wheelbarrows, handsaws and picks, since no machinery is used. In total, the school will take a year to build. There will be no other volunteer groups travelling until the summer to assist with the work.

The TCI group was able to meet, Robert, a local evangelical pastor who started the school and was able to help transform the community. He has been working in the region for 10 years and has only been affiliated with Me to We for six months. Up until that point, he was on his own to fundraise for the elementary schools and other community programs.

"Robert's story is very inspirational, just how much he continued to give and how much the community changed in 10 years. He started the school program in 2006 and he said before that, the community was in the news every day for shootings or murders. Now it so much better and people are happy," said Grade 10 student Christine Kilpatrick.

"It is incredible how much a community can change with the effort and work by one guy."

With the knowledge and experience that the TCI students have gained,



TRIBUNE PHOTOS SUBMITTED

TCI's Helping Hands group helped build a high school in the Dominican Republic over spring break while working side by side with a local five-person construction crew.



Much of the volunteer humanitarian trip was spent constructing the foundation for the high school. Pictured left to right: Christine Kilpatrick, Jessica Johnston, Desiree Griffin, Madelaine Green, Amber Dydra and Brea McMahon.

they are now hoping to continue their relationship with Robert and the community. They are preparing to give a presentation to the rest of TCI on the work they did in the Dominican and what they plan to do in the future. The group's goal is to be able to fundraise

and help financially with some of the community projects.

As for another trip to the country, that has not been ruled out and there is already talk about a future alumni or community trip back to the Dominican.

get inspired

> MEAL IDEAS

THE
Marketplace
AT STONEWALL 467-8469

Maple banana bread



1 cup (250 mL) whole wheat flour
1 cup (250 mL) large flake oats
1/2 cup (125 mL) wheat bran
1 tsp (5 mL) ground cinnamon
1 tsp (5 mL) baking powder
3/4 tsp (4 mL) baking soda
3 ripe bananas, mashed well
1/2 cup (125 mL) plain 0% Greek yogurt
1/3 cup (75 mL) maple syrup

1/4 cup (50 mL) canola oil

1 egg

Directions

In a large bowl, whisk together flour, oats, bran, cinnamon, baking powder and soda.

In another bowl, whisk together bananas, yogurt, maple syrup, oil and egg. Pour over flour mixture and stir to combine. Scrape into parchment paper lined and sprayed 8 1/2 x 4 1/2 inches (1.5 L) loaf pan.

Bake in preheated 350° F (177° C) oven for about 40 minutes or until tester inserted in centre comes out clean. Let cool in pan for about 10 minutes before turning out and cooling completely to slice and serve.

Tip: Wrap bread in plastic wrap once cooled and store at room temperature for about 3 days or overwrap in foil and freeze for up to 2 weeks.



Chicken Parmesan with Garlic Sauteed Baby Broccoli

Using meat mallet, pound out chicken breasts until they are about 1/4- to 1/2-inch thick. Season with salt and freshly ground black pepper, and place into preheated skillet over medium-high heat with 2 tablespoons oil. Cook until brown on both sides, about 2 minutes per side, then layer into 8-by-8-inch baking pan.

In small bowl, combine tomato sauce, basil, oregano, sucralose and Parmesan cheese. Mix with spoon and pour over chicken. Layer mozzarella on top and bake 25-30 minutes, until cheese is melted and sauce is bubbly.

During last 10 minutes of cooking chicken, use same skillet to saute baby broccoli. Over medium-high heat, add garlic and broccoli to 2 remaining oil. Saute until broccoli is crisp-tender, about 5 minutes. Serve immediately with chicken.

Prep time: 10 minutes
Cook time: 30 minutes
Net carbs: 7.9 g
20 ounces boneless, cooked chicken breasts
salt and freshly ground black pepper, to taste
4 tablespoons extra-virgin olive oil, divided
15 ounces canned tomato sauce
1/2 teaspoon ground dried basil
1/4 teaspoon leaf oregano
1 teaspoon sucralose sweetener (sugar substitute)
1/4 cup grated Parmesan cheese
1 cup shredded whole milk mozzarella cheese
20 cups baby broccoli florets
1/2 teaspoon garlic
Heat oven to 350 F.

6 Tips for Adding Healthy, Whole Foods

By Christina Hooper

Backcountry Fitness & Conditioning

Many Canadians have grown up on processed foods. Although we still have healthy options to choose from, it can be overwhelming when entering the grocery store, eating out at a restaurant, or even the drive thru. Making healthy choices can be difficult, but manageable when you have the right tools to work with.

This may be a big change for you, so take it one step at a time. Pick 1 or 2 changes to make now, and once those are in place, pick 1 or 2 more. This is the best way to make it part of a lifestyle change and something you can live with.

Transitioning to a healthier way of eating may seem daunting so here are some tips to keep in mind:

1) Eat vegetables at most meals. Think salads, side dishes, soups, or even adding veggies to your sandwich or wrap.

2) When you are having a craving for something sweet, opt for a serving of fruit to satisfy your craving.

3) When you eat meat, it's best to choose organic, grass fed, and hormone-free so you get the maximum nutrients possible without the harmful pesticides residue, antibiotics, hormones, etc.

4) Fill your pantry with healthy food choices that are ready to eat and go. Snacks like nuts, seeds, dried fruit, homemade granola bars or fruit

are good for 'grab and go'.

5) Never leave the house without food if you'll be gone for more than 2 hours. Remember, eating healthy foods on a regular basis will help you avoid unhealthy choices. Make up some of your own trail mix (avoid ready made trail mix as most of them have hydrogenated oils and other undesirable, processed ingredients) or bring a small cooler to keep in the car or at work.

6) Most importantly, don't be too rigid, and remember that making small changes over time will make a huge difference, and it makes the changes easier to stick with.

Making these changes can help reduce your chances of heart disease, high blood pressure, diabetes and more. Many benefits of healthier whole foods include more energy, better digestion, better control of weight, improves mood, combats diseases, and of course improves longevity.

The dietary changes you're making should not feel restrictive, overwhelming or hard to live with. You want to build small healthy habits overtime and still enjoy your lifestyle.

An apple a day, keeps the doctor away.

Christina Hooper

Backcountry Fitness & Conditioning
Inspiring lives, one body at a time.

Fresh Mozzarella Salad with Basil Pesto



Prep time: 10 minutes

Net carbs:

1.7 g

4 cups arugula

1/4 cup basil pesto

2 pounds sliced whole milk mozzarella cheese

2 small whole red tomatoes, sliced

Basil Pesto

24 ounces basil

1/3 cup dried pine nuts

1/3 cup grated Parmesan cheese

1/2 teaspoon garlic

1/2 teaspoon salt

1/3 cup extra virgin olive oil

To prepare pesto, combine basil, pine nuts, Parmesan, garlic and salt in food processor or blender; pulse until finely chopped. Add oil in slow and steady stream with machine running; process until fairly smooth but not pureed. Serve immediately, refrigerate in airtight container for up to 3 days or freeze for up to 1 month.

Toss arugula with 2 tablespoons of pesto. Mound onto serving plates. Top with alternating slices of mozzarella and tomato. Drizzle with remaining pesto and serve.

Learn how to create
a safe haven.

We help you radically reduce
chemicals in your home

Norwex

Ask me how

Stephanie 204-896-3980

Independent Sales Consultant

cleanwithwater15@gmail.com

Juice PLUS+
WHOLE FOOD NUTRITION
17 fruits, vegetables, grains
and 9 berries in capsule form

Brenda Stafford

bstaffordjuiceplus@mts.net

Sandy Lefley

sleffley@highspeedcrow.ca

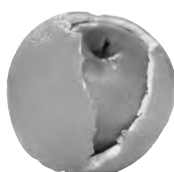
Shelley Schaeffer

curveappeal@shaw.ca

Jocelyn Derksen

jjderksen@me.com

www.canada.juiceplus.com



Live life to its fullest with



USANA
INDEPENDENT ASSOCIATES

Nutritional
Supplements

Energy &
Weight Loss

Skin Care
Nutrition for Skin

Al Sanche - 461-1223

Madge Meakin - 467-9806

Bill & Shelley Kelly - 467-5372

Bruce & Bambi Rutherford - 467-2102

ISAGENIX

Weightloss • Energy & Performance • Healthy Aging

Allana Sawatzky

isaallana@hotmail.com

Janice Gulay

jkaram@mymts.net (c) 1-204-648-3836

Rose Sawatzky

isa.rose1957@gmail.com (c) 1-204-479-8227

www.isaproduct.com

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Meier's marvellous season continues with division MVP award

By Brian Bowman

Annaliese Meier had a hockey season that won't soon be forgotten in the Winnipeg Women's High School Hockey League.

The Grade 10 student from Stonewall led her College Sturgeon Heights Huskies to a Winnipeg Free Press Division "B" league championship last month. Meier played an integral role in the Huskies' championship run, leading all playoff scorers with 13 goals and 19 points in just eight games.

Last week, she was recognized for her stellar season by being named the Winnipeg Free Press Division's most valuable player at the league's annual Excellence and Leadership Awards Gala at Canad Inns Polo Park.

"It was very exciting for me (to win the MVP award)," said Meier last weekend. "Throughout the season, as we got better and better, I thought our team was going to get nominated for a couple of awards."

Meier is an exceptional skater — which she attributes greatly to power skating (taught by her mother, Lana) — and a real good playmaker. She also has that special ability to make players around her elevate their game.

Meier played an integral role in the Huskies' upset win over the first-place Miles MacDonell Buckeyes in the league championship series. Sturgeon Heights worked real hard in practice, said Meier, during the course of the season and was fully deserving of the championship title.

"Sturgeon had never made it to the final before," Meier noted. "So, we were just excited to be there. But I was very confident going into the first game and I told (my teammates) that we can beat them if we play as hard as we can."

During the regular season, Meier was the league's top scorer with 39 goals and 69 points in 21 games. The next top scorer was the Kelvin Clippers' Keyara Lea from Riverton, who had 21 goals and 46 points.

"I was very happy (with those stats)," Meier said. "But I also was very thankful for the girls on my team this year because they were always willing to learn new things to improve themselves."

"And that was a big part of us win-



Annaliese Meier (right) was named the Most Valuable Player and Top Scorer at the Winnipeg Women's High School Hockey gala awards dinner on April 13.

ning the championship."

Besides winning the division's MVP award, Meier was recognized throughout this past season. She was selected as a Manitoba High School Athletics Association athlete of the week and also a CTV Sports Star of the Week.

Meier also participated in the league all-star game for the second year in a row.

"It was a perfect season," she stressed. "I had no injuries and I worked very hard throughout the season. I practised a lot."

Huskies' head coach Greg Mason said Meier has developed into a very good high school player.

"She's a real all-around, dynamic player," Mason said. "Our team had lots of young kids and, although Anna is only in Grade 10, she really assumed a leadership role with our team."

Mason is confident that Meier has the ability to play university hockey if she continues to work hard. Meier has expressed a desire to play at the college level after her high school career ends in a couple of years.

"It's really up to Anna and how she adapts to situations where she's with better quality girls," Mason said.



TRIBUNE PHOTOS BY LANA MEIER

Meier led the College Sturgeon Heights Huskies in scoring on their way to the league championship. The Stonewall product had 13 goals and 19 points in just eight games against SJR, Lord Selkirk, and Miles Mac. Pictured left to right, Annaliese Meier, Meghan Hodgins, Janae Dandewich and Danielle Chobotar.



Meier scored on this rush on her way to finishing the season with a league high of 39 goals and 69 points in 21 games.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Jets one win away from a MMJHL title

By Brian Bowman

The Stonewall Jets are one victory away from winning their first-ever Manitoba Major Junior Hockey League championship.

Stonewall took a commanding 3-0 lead in their best-of-seven series against the Pembina Valley Twisters after a solid 6-2 road victory Sunday evening in Morris.

"It was awesome," said Jets' assistant coach Brock Couch, noting a large contingent of fans made the trip from Stonewall. "You could tell our legs weren't quite under us the first two periods. There were flashes of it but we didn't have as much jump as (in previous games in the series)."

Stonewall trailed 2-1 before Rowan Versavel scored a key goal with just a second left in the middle frame. The Jets then carried the momentum from that goal into the third as they scored four times, including three in the first 8:36 of the period.

"That buzzer beater was definitely a huge momentum shift going into the dressing room," Couch stressed. "And then we came out flying in the third."

Robert Smith scored two of those third-period goals while Mackenzie Johnson and Chase Faulkner added singles. All three players have played very well in the playoffs.

Chase Faulkner gave the Jets a 1-0 advantage when he scored at 18:08 of the first period but Pembina Valley took the lead early in the second on goals by Paul Remillard and Chad Millar (on the power play).

Hunter Ploszay made 29 saves for the win.

Last Friday, the Jets went up 2-0 in the series after an outstanding performance in a 3-0 home win over the Twisters.

"I said to the boys that that's the closest thing to us playing a perfect game," Couch said. "Ploszay didn't have a ton of work but he made the saves when he had to. It was awesome. (Our game) was really structured and everyone was pulling their weight and not making any selfish plays."

Ploszay stopped all 29 Pembina Valley shots for the shutout.

Smith, meanwhile, gave Ploszay all of the offence that he would need just 2:30 into the game and then Johnson made it 2-0 at the 5:15 mark.

The score would stay that way until Smith netted his second goal of the game while Stonewall was



TRIBUNE PHOTO BY LANA MEIER

The Jets' Robert Smith has been playing some of his best hockey during in the finals against the Pembina Valley Twisters.

shorthanded at 8:21 of the middle frame.

The Jets took a 1-0 series lead with a huge 5-3 road victory over the Twisters on April 12.

Stonewall trailed 2-0 midway in the game before it scored five of the game's next six goals.

Eric Lebrun gave the Twisters a 1-0 first-period lead and then Tyler Penner made it 2-0 early in the second.

But the Jets, like they have done before in this year's playoffs, mounted an impressive comeback.

Chase Faulkner struck on the power play midway in the second period before Penner gave Pembina Valley a 3-1 lead just a couple of minutes later.

But Ploszay and the Jets shut down the Twisters the rest of the way.

Smith and Chase Faulkner tied the score at 3-3 with goals late in the second period and then Johnson and Versavel tallied in the third.

Johnson's game winner came at 13:03 of the period and then Versavel sealed the win with a goal 4:39 later.

Game 4 of the series was played last night in Stonewall but no score was available. The Jets would love to close out the series at home with a sweep of Pembina Valley.

"That's what we want to do," Couch said. "We don't want to give them a breath of life. We have to think that it's going to be the hardest game of the series. The boys know that it's not going to be a walk in the park and they will have to scrape for every inch out there."

If necessary, Game 5 will be played Friday in Morris, followed by Game 6 on Sunday in Stonewall. A series-deciding Game 7 would be played Tuesday in Morris.



MMJHL LEAGUE FINALS

Game 4 Jets vs Pembina Valley Twisters Wed. April 20 VMSC 7:30
Game 5 Jets vs Pembina Valley Twisters Fri. April 22 Morris 8:00 (if necessary)
Game 6 Jets vs Pembina Valley Twisters Sun. April 24 VMSC 7:30 (if necessary)
Game 7 Jets vs Pembina Valley Twisters Tues. April 26 Morris 7:30 (if necessary)

www.stonewalljets.net

COME AND CHEER ON THE INTERLAKE'S MANITOBA
MAJOR JUNIOR HOCKEY TEAM - YOUR STONEWALL JETS



The puck stops here

By Brian Bowman

It's been widely known that a hot goaltender can often carry a team deep into the playoffs.

And while everyone in the Jets' lineup has been consistently good this post-season, it's been the stellar play of netminder Hunter Ploszay that has Stonewall just one win away from claiming its first-ever Manitoba Major Junior Hockey League title.

Stonewall led Pembina Valley 3-0 in their best-of-seven final heading into last night's Game 4 at VMSC.

"Right now, we're on a 10-game win streak and we turned around our season in Game 5 in our first series against St. Vital when we were down 3-1," said Ploszay Tuesday afternoon. "Ever since our Game 7 win, we have been playing with the utmost confidence that we can take on what any team throws against us."

Ploszay was quick to say that his recent success is the result of the fine play of the guys in front of him.

"Our defence is at another level right now by making the safe plays that, sometimes, maybe we looked over in the regular season," he noted. "Our players are bearing down to do the little things in the playoffs."

Ploszay has been a great story in this year's playoffs. While Stuart Fleury and Ploszay shared the goaltending

duties for much of the regular season, Ploszay showed a hot hand in the playoffs and the Jets' coaching staff elected to go with him the rest of the way.

And Ploszay has compiled some very impressive numbers in this year's playoffs. He has posted a 10-1 record with a sparkling 1.92 goals-against average to go along with a .939 save percentage.

Those numbers would make any goaltender – and coach – smile.

In the regular season, Ploszay posted a 12-7 record with a 3.22 GAA and .916 save percentage. Those numbers were good, but nowhere near his playoff stats.

"My regular-season numbers weren't bad but these are definitely a big improvement," said Ploszay, 20, who now lives in Winnipeg but spent 16 years of his life in Stonewall.

"But I don't think it speaks on me as much as how well my team has been playing in front of me. It has made everything so much easier on me."

Ploszay is in his second season with the Jets. The former Interlake Lightning had brief stops in the Manitoba Junior Hockey League with the Steinbach Pistons and Swan Valley Stampers.

Ploszay came back to Stonewall just before the start of last October and he



TRIBUNE PHOTO BYLANA MEIER

Jets' goaltender Hunter Ploszay has been stellar during the MMJHL playoffs, posting an impressive 10-1 record with a 1.92 goals-against average to go along with a .939 save percentage heading into Game 4 against Pembina Valley Wednesday night.

still has two more years of MMJHL eligibility.

"The motivation that drove me was that I wanted to play in the MJHL but, for whatever reason, it didn't work out," Ploszay said. "I don't think it had anything to do with my play or anything like that. I wasn't drafted and there were players in both teams' systems that ended up making (the team) over me."

Still, despite that setback, Ploszay has proven, once again, that he has the ability to be one of the top goalenders in the province. And he couldn't

be happier playing out his junior career with the Jets.

"Just the culture we have here in Stonewall, we've been building a culture that has never been here before," Ploszay said. "To be in the role that I have been in this year's playoffs, it would be something that I would never have been able to experience in the MJHL."

"I have no regrets to where I'm playing and I'm super happy to be part of the culture that we're building in Stonewall."

Manchulenko, Olson end stellar high school basketball careers

By Brian Bowman

The Warren Collegiate Wildcats' varsity girls' basketball season ended last month with a bronze-medal performance at the MHSAA provincials.

But for two of their players — Kelsey Manchulenko and Kristen Olson — the season was extended by another game on Saturday.

The two Wildcats were selected to play in the annual MHSAA Graduating All-Star Game at St. Paul's High School in Winnipeg.

"It was a really fun experience," said Manchulenko after the game. "It was really humbling (to play in the game) because you come from your own 'AA' school and then you play 'AAA' (and) you see how good of players that they are."

Olson, a dynamic point guard, was thrilled with the experience of playing in the all-star game.

"It was a really good experience," she said. "After playing against those girls for four years, it was really great to play with them. It was good to see how they work and how they play compared to our team."

The all-star game was a fast-paced one. And both Wildcat players enjoyed playing with, and against, the elite competition.

"We were super proud because we were nominated by our coaches," said Manchulenko, who played four seasons of basketball with Warren Collegiate. "And being picked out of the whole province was a really great experience."

The all-star game was a really good way to end a tremendous season for Warren. Manchulenko, a 5-foot-11 center, said the highlight for her was winning a bronze medal at provincials.

"That was our first medal in basketball," she said, noting the Wildcats played well at several tournaments this past season. "We really bonded this year and we knew each other's strengths and what we were good at. That really helped us a lot."

Both players improved significantly during their high school careers. They wanted to thank their coaches for the time that they put into the program.

"I definitely improved through the



TRIBUNE PHOTOS BY CHRISTY CROWE

The Wildcats' Kelsey Manchulenko and Kristen Olson played in the annual MHSAA Graduating All-Star Game at St. Paul's High School in Winnipeg. Pictured left to right, Warren coach Kevin Braun, Manchulenko, Olson and coach Kirby Hearn.

(four) years on the court," Olson said. "(Playing at Warren) was one of the best experiences of my life. I played for a couple of city teams and they didn't compare to the family (atmo-

sphere) with the Wildcats.

"I want to thank my parents and my coaches for everything that they did for me the past four years."

Curl Balmoral honours life members



TRIBUNE PHOTO SUBMITTED

Shirley Williams (left) presents Elaine Harrison (middle) and Mel Harrison with Honourary Life Membership Awards at the annual Curl Balmoral wind-up April 2.

Staff

Curl Balmoral held their annual windup on April 2. Shirley Williams executive member presented Mel and Elaine Harrison with Honourary Life Member Awards. The Harrisons began curling in their youth and have been members and volunteers of the Balmoral club for approximately 38 years.

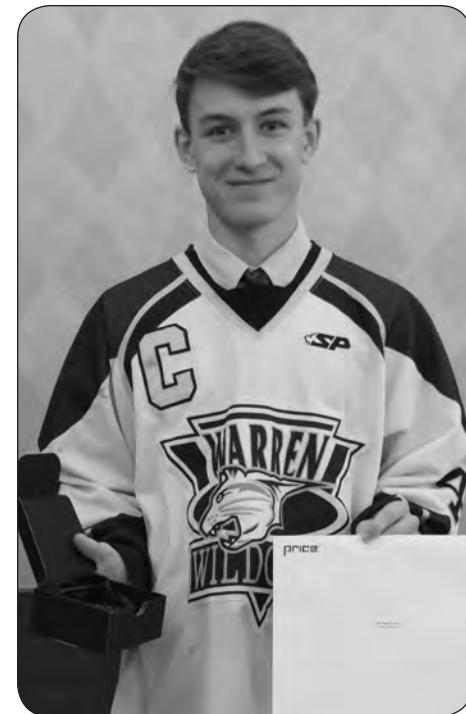
Elaine still curls in the ladies evening curling league and has helped keep it alive when numbers were at an all-time low. She curled in the Golden Gal Provincials in Morden and in Minnedosa and hopes another opportunity to curl in a provincial championship will come along. She is known not only for her curling skills but her positive attitude and great sportsmanship.

Mel started curling in Balmoral in a bonspiel in approximately 1973 and remembers the rink being pretty small and dingy. In 1978 when the Harrisons moved to Balmoral and became involved in the club, the Balmoral Rec Centre and The Balmoral Curling Club capitalized on Mel's engineering skills and his volunteering somehow turned into a huge commitment.

The Harrisons, well-deserving recipients, were thanked for the many, many hours they contributed to the complex.

The evening ended with the club's first-ever attempt at "human curling" and ended up being very successful, despite the fact that the curling ice had already started melting.

Beck, Burnett awarded Travis Price scholarship at hockey awards



TRIBUNE PHOTOS SUBMITTED

Stonewall Rams' goaltender Curtis Beck (left) and Warren Wildcats' forward Brendon Burnett both received Travis Price scholarships for their respective teams at the Winnipeg High School Hockey League awards banquet last Thursday. The Travis Price Hockey Spirit Scholarship, which is in the amount of \$500 is awarded to one member of each WSHL teams. The nominees must be a hard-working member of their team who spreads joy and loves life, a leader who works hard, plays hard, and has a healthy balance between work and play, honest, of good character, enjoys learning new things, is a friend to all and is a bonding agent for the team and encourages and assists teammates to get along with each other rather than focusing on differences and conflict. The award is voted upon by the players on each team.

Argyle curling club hosts wind-up and awards banquet



TRIBUNE PHOTOS BY BRUCE BUCHANAN

The Argyle Curling Club held their annual awards banquet, recognizing the top teams in each division on April 9. The club was busy this season with over 100 curlers participating in the men's and ladies' leagues as well as the students from Argyle and Grosse Isle schools. Far left photo, left to right: the winners in the ladies' division were Kelly Rutkair, Edith MacMillan and Jennifer Sylvari. (Missing from the photo is Suzanne Otte). In the middle photo are men's club champions Bruce Buchanan, Lloyd Buchanan, Bill Rossington and Greg Harrison. While in the far right photo, junior curlers Brooklyn Buchanan, Dylan Zacharias, Tyler Hogg, Riley Buchanan and Ethan Emms (who curled in both the men's and ladies' leagues) were recognized with a gift from Asham Curling Supplies. (Missing from the photo are Alexis Buchanan and Ethan Corbiel Lindsay). The ladies' runner-up rink was Michelle MacMillan, Theresa Klaus, Kathy Holod, Wanda Tully and Shawna Gibson. Zack Fenske, Ken Yule, Jeff Slatcher, Murray Last and Gerry Martin were the men's A-side champions while Curtis Toews, Will Dunstan, Jared Abrahams and Sasha Wiebe won the men's B-side division.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Balmoral Judo Club wins medals in Kenora

By Brian Bowman

The Balmoral Judo Club had nine members travel to the Portage la Prairie Open this past Saturday.

And all nine returned home with medals.

Emily Rogowsky placed first in the U16 Women -52 kg division while several local judoka finished second in their respective divisions.

Finishing second were Michael Sullivan (U14 Boys -38 kg), Lloyd Grenkow (Senior Men Novice +100 kg), Eve Lawrence (U14 Girls -36 kg) and Graham Schmautz (Men's Novice -73kg).

Meanwhile, Colton Katcher, Sophia Good-Carriere, Erin Sullivan, and Connor Grenkow all competed in the

U10 mixed boys' and girls' division. This was a participation-only group, so no placings were awarded.

Still, they all received a participation award and had at least four matches.

"All of the judoka competed very well and I was extremely happy with their performance and results," said instructor Milton Good in an email.

There were over 100 competitors from Manitoba and northwestern Ontario in attendance.

The Balmoral Judo Club's next tournament is in Kenora on May 30. Several of the local judoka are planning to attend the final tournament of the season.



TRIBUNE PHOTO SUBMITTED

The Balmoral Judo Club returned home from the Portage la Prairie Open with all nine members winning medals.

Stonewall hosts high school badminton tourney



TRIBUNE PHOTO BY JO-ANNE PROCTER

SCI's Krista Dupras attempts to return a shot while Mallory Harvie looks on during Stonewall tournament action last week. The Rams' duo defeated TCI's Brittney Hill and Ale Mejicanos 2-0 (21-15 and 21-9) in the girls' doubles final.

By Brian Bowman

With spring weather finally returning to Manitoba, the birds can often be found chirping outside.

Inside the gym, birdies have been flying with the return of another badminton season.

Stonewall Collegiate hosted several schools for a one-day badminton tournament on April 12.

Teulon Collegiate's dynamic duo of Jake Ledochowski and Kyra Wiebe won the mixed doubles title after beating a team from Miles Mac by scores of 21-11 and 21-13.

The Saints' talented pairing reached the final after easily beating another Miles Mac team 21-7 in the semis. In a quarter-final matchup, Ledochowski and Wiebe defeated Stonewall Collegiate's Liam Brown and Eryn Stewart 21-13.

In boys' doubles action, Teulon's Everett Morin and Austin Spulnick placed first after defeating Stonewall Collegiate's pairing of Curtis Beck and Carson Ouellette 2-1 (9-21, 21-19, 21-16).

In the semis, Morin/Spulnick combined to slip past a team from Gimli 21-19. The pair also knocked off the

SCI duo of Shane Andries and Driano Silvani 21-9 in a quarter-final match.

Girls' doubles play, meanwhile, saw SCI's team of Krista Dupras/Mallory Harvey beat Teulon's Brittney/Ale (no last names were given) by scores of 21-15 and 21-9.

Dupras and Harvey had reached the finals after wins over Warren's Kaylee/Taylor (again, no last names) 21-6 and then Stonewall's Alex Melsted and Katie Shier 21-6.

Girls' singles play saw Teulon's Katrina Carter win the title after defeating Stonewall's Bobbi-Jo Warkentin 21-10 and 21-8.

Carter earlier smashed a girl from St. Laurent 21-5 in a quarter-final and later downed Warren's Sydney Hildebrandt 21-11 in the semis.

In the boys' singles final, Teulon's Mark Shinnie beat Gimli's Jack Einarsen 2-0 by scores of 21-6 and 21-12. Shinnie, a very impressive player, earlier defeated a player from Warren 21-7 and Stonewall's Chris Wiebe 21-14.

Last Saturday, Warren Collegiate had a good showing at a College Louis Riel tournament. No results, however, were available by press time.

worship *with us*

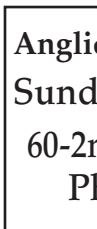
> FAITH



Teulon United Church
11:15 a.m. Teulon
Phone 886-2382
teulonpastoralcharge@mymts.net



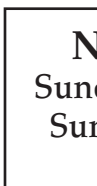
Stonewall United Church
369-1st Ave. N., Stonewall
Service and Sunday School
Sundays 10 a.m.
Phone 467-5469 (office)
www.stonewallunited.ca




Anglican Parish of St. Cyprian
Sundays at 10:00 am at
60-2nd St. S.E., Teulon
Phone 886-3203



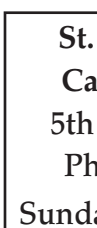
Interlake Full Gospel Assembly
Teulon
Sundays at 11:00 am
Phone 886-2680



New Life Church
Sunday Service 10:30 a.m.
Sunday school 9:30 a.m.
Teulon 886-3269




St. Peter Lutheran Church
Sunday Service - 10:00 am
Anglican Parish of St. Cyprian
60-2nd St. E., Teulon
886-2159



St. John Vianney Catholic Church
5th Ave SE Teulon
Phone 467-9016
Sunday Mass 11:30 am



Anglican Church of the Ascension
9:00 am - Traditional Service
10:15 am - Choral Service & Sunday School
9:30 am - Wednesday Morning Prayer
435 1st Ave. N., Stonewall
Phone 467-8466 (office)




Grosse Isle and Rosser United Church Services
Rosser Sunday 9:45 am

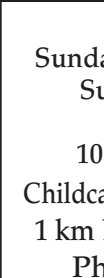
Lilyfield United Church
Rd. 68 & Sturgeon Rd.
Service 9:30 a.m.
Phone 344-5426




Alive! Family Church
Sunday Hymn Sing 10:00 a.m.
Sunday Worship 10:30 a.m. at
Sunova Auditorium, Quarry Park
Interpretive Centre, Stonewall
Phone 467-2870
www.alivefamilychurch.ca



Warren & Meadow Lea United Church Services
Joint Services
Alt. Sundays at 10:30 am
Call 322-5752 for location of service.



New Life Church
Sunday Service 9:00 & 10:45 a.m.
Sunday Morning Classes
9:00 a.m. - All Ages
10:45 am - Nursery - Gr. 4
Childcare for Nursery School to Gr. 4
1 km East on Hwy 67, Stonewall
Phone 467-5529 (office)




Woodlands Gospel Chapel
Service 7 p.m.
Sundays
Hwy 6 + Rd 82,
Woodlands
Phone 467-5109



Cornerstone Pentecostal Church
Sunday Worship &
Sunday School 10:30 am
Youth Nights - Sundays 6 pm
Thursday Bible Study
& Kids Club 7 pm
308 2nd Ave. N., Stonewall
Phone: 467-9797



Christ Church Anglican
97 School Rd,
Stony Mountain
Service 10:15 am
Phone 489-4847
or 344-5220



Christ the King Catholic Church
Sunday Mass 10:00 a.m.
315-2nd St. E., Stonewall
Phone 467-9016

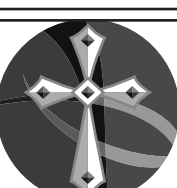
Peace of Easter

We have just come through Easter, the most important event in the Christian faith. Those early followers of Jesus ended up confused and afraid. They had come to understand that Jesus was the Messiah and the Messiah was one who would free the Jewish people from the tyranny of foreign domination. Instead of being participants in great military victories they were holed up in a house in Jerusalem. Hiding in fear and confused as to what had happened. Jesus had been crucified by the Romans and they felt abandoned. So when Christ appears to them they are not only shocked but probably a little apprehensive. For after all they had abandoned him and some even denied him. They might have wondered if Christ was going to punish them for their behaviour but instead he offers them peace. I wonder if the disciples thought surely now the end of the Roman occupation was going to happen, but Christ offered peace not violence. They were told "Peace be with you. As the Father has sent me, so I send you." Jesus was not concerned about the future. It was what the disciples were to do today, in the present, that mattered. They were to go out into the world and continue the healing and caring for each other and everyone they encountered. Their lives were not to be centered upon the gaining power or wealth but to share the love and peace of God within their lives and the world. This is the words of encouragement and peace Christ shared and proclaimed to the disciples and to us.

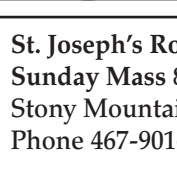
Reverend Leonard Oracheski
Stonewall United Church
united@mymts.net




Balmoral United Church
Sundays 9:30 am
Phone 886-2382
teulonpastoralcharge@mymts.net



Stony Mountain United Church
12 Main St., Stony Mountain
Phone 344-5426



St. Joseph's Roman Catholic Church
Sunday Mass 8:30 am
Stony Mountain
Phone 467-9016



Immanuel Lutheran Church (LCC)
Service 10:30 am
Childrens Sunday School during Worship
Inkster & King Edward, Winnipeg
Rev Richard Beinert 632-6911



Church of the Annunciation Woodlands
Service 12:00 noon

To participate in this monthly section please call 467-5836

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email igrphic@mts.net

Stonewall Teulon
Tribune

AUCTION

Retirement Auction for Shirley Kopytko - late Ernie. 10 a.m. April 30, McCreary, MB. 2013 NH BR7090 Round Baler, NH 1049 Bale Wagon, 2) Ford 8700 tractors. www.meyer-sauctions.com.

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

MOBILE HOMES

4 new 16 x 80, 3 bed, 2 bath, starting at \$89,900. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net.

DUPLEX FOR SALE

Duplex for sale in Stonewall - Excellent opportunity for 1st time homeowner, live in half - rent other half. One - 1 bdrm. & one - 2 bdrm. Double det. garage. 316 & 318 3rd St. West. For more info. call 204-291-6927 or 204-461-0922.

PROPERTY FOR SALE

Approx. 500 acres hay/pasture land. Fenced, corrals, hydro & well. West of Teulon. Ph 204-461-1610.

APARTMENT FOR RENT

2 bdrm. 1/2 duplex for rent in Stonewall. References req'd. Available June 1st. Call 204-291-6927 or 204-461-0922.

HELP WANTED

The Teulon-Rockwood Recreation Commission is accepting applications to fill 2 summer (June, July and August) Student (Green Team) positions. Open to ages 16-24. Position approximately 40 hours/week (will require some evenings and weekends). Wage is \$11.00/hour. APPLICATION DEADLINE MAY 2ND 2016 at 4:00 p.m. Please mail resumes to Recreation Commission c/o Laine Wilson, Box 69, Teulon, MB R0C 3B0 or drop resumes off at the Teulon Rockwood Recreation Commission (located in the Town of Teulon office) or email to teulonrockwoodrec@gmail.com

All-Fab Pallets in Stony Mountain is hiring full time pallet assemblers. We offer competitive wages & a comprehensive benefit package. No experience necessary. Apply in person at our facility on Road 75 North, just north of Stony Mountain. Ph 204-344-5404.

HELP WANTED

Stonewall area carpenter/contractor currently has a position available for a skilled labourer/apprentice. Must have license & own transportation. Must be energetic and cooperative. On the job training provided. Ph 204-467-9361.

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

CAREER TRAINING

Healthcare Documentation Specialists are in huge demand. Employers want CanScribe graduates. A great work-from-home career! Train with Canada's best-rated program. Enroll today. www.canscribe.com 1-800-466-1535. info@canscribe.com.

BUSINESS OPPORTUNITY

New exciting mini VLT's. Produce buckets of cash monthly. Attracts customers like money magnets. Locations provided. Ground floor opportunity. Full details call now 1-866-668-6629. Website www.tcvend.com

BUSINESS OPPORTUNITY

Restaurant & living quarters. Price reduced to \$260,000. Easy hours. Smalley Realty 204-339-1665.

Great Canadian Dollar Store franchise opportunities are available in your area. Explore your future with a dollar store leader. Call today 1-877-388-0123 ext. 229; www.dollar-stores.com.

INCOME TAX

Al's Tax Service - will pick up for e-file. We do small businesses. Suite 240 Lions Manor. Ph 204-513-5630.



THE RURAL MUNICIPALITY OF ROCKWOOD

PUBLIC HEARING

2016 FINANCIAL PLAN

In accordance with Section 162(2) of The Municipal Act, the Rural Municipality of Rockwood shall hold a PUBLIC HEARING to present the 2016 Financial Plan for the Municipality at:

6:30 p.m.
Wednesday, May 4, 2016
Council Chambers

The Rural Municipality of Rockwood
Administration Building - 285 Main Street
Stonewall, Manitoba

The purpose of the PUBLIC HEARING is to allow any interested person to make representation, ask questions, or register an objection in respect of the Rural Municipality of Rockwood 2016 Financial Plan.

Information and documents concerning the 2016 Financial Plan and the procedures to be followed at the PUBLIC HEARING are available for review at the Municipal Office, Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m.

Chris Luellman, CMMA
Chief Administrative Officer
The Rural Municipality of Rockwood



TOWN OF STONEWALL 2016 FINANCIAL PLAN PUBLIC HEARING

In accordance with Section 162(2) of The Municipal Act the Town of Stonewall shall hold a PUBLIC HEARING to present the 2016 Financial Plan for the Town at:

7:00 PM
Wednesday, May 4th, 2016
Council Chambers, Town Hall

The Town of Stonewall 2016 Financial Plan consists of:

1. The 2016 Operating Budget
2. The 2016 Capital Budget
3. An estimate of the Operating Revenue and Expenditures for the following fiscal year (2017), and
4. A five (5) year Capital Expenditure Program (2017-2021)

The purpose of the PUBLIC HEARING is to allow any interested person to make representation ask questions or register an objection in respect of the Town of Stonewall 2016 Financial Plan.

Copies of the financial plan will be available for review and may be examined by any person at the Town Office at 293 Main Street, Stonewall, Manitoba during the regular office hours of the Town Office.

Dated this 7th day of April, 2016

Doreen Steg, C.M.M.A.
Chief Administrative Officer
Town of Stonewall

RURAL MUNICIPALITY OF ROSSER UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

THE RURAL MUNICIPALITY OF ROSSER BY-LAW NO. 1-16
Being a By-Law of the Rural Municipality of Rosser to provide a vision and direction for the development of the Rural Settlement Centre of Rosser within the Rural Municipality of Rosser

HEARING LOCATION:	Rural Municipality of Rosser Council Chambers 0077 E PR 221 Rosser, Manitoba
DATE & TIME:	Thursday, April 28, 2016 7:30 PM
GENERAL INTENT OF BY-LAW NO. 1-16:	To adopt a new Secondary Plan for the Rural Settlement Centre of Rosser within the Rural Municipality of Rosser, which as per s. 63(1) of The Planning Act, deals with: Objectives and issues within its scope of authority in a part of the planning district or municipality, including, without limitation, any matter: a) Dealt with in the development plan by-law; b) Dealing with subdivision, design, road patterns, building standards or other land use and development matters; or c) Respecting economic development or the enhancement or special protection of heritage resources or sensitive lands.
AREA AFFECTED:	The new Secondary Plan By-Law will apply to the Rural Settlement Centre of Rosser within the Rural Municipality of Rosser
FOR INFORMATION CONTACT:	Cheryl Frederickson, Administrative Assistant South Interlake Planning District Box 1219, Stonewall, MB, R0C 2Z0 Phone: 204-467-5587 Fax: 204-467-8383 Email: info@sipd.ca

A copy of the above by-law may be inspected at South Interlake Planning District, 285 Main Street, Stonewall, Manitoba or the Rural Municipality of Rosser located at 0077 E PR 221, Rosser, Manitoba during normal office hours (8:30 to 4:30 pm), Monday to Friday. Copies may be made and extracts taken there from upon request.

Note: Property owners are responsible for notifying lessee.

Graphic Designer LEVEL 3 REQUIRED

The Stonewall Teulon Tribune, Selkirk Record, Express Weekly News and Winkler Morden Voice are looking for a casual part-time graphic designer to work from home and in office as needed. Must be available to work evenings and weekends on an as needed basis.

The applicant must have a minimum three years MacIntosh experience using InDesign CS5 or later, Adobe Photoshop and Adobe Illustrator. Must have their own MacIntosh computer with InDesign that is compatible with InDesign 5.0 and have the ability to create print ready PDF files and know how to use a FTP site. Microsoft Word is an asset. A strong feel for typography - tracking/leading and a strong sense for detail would be beneficial.

Please email resume and three samples of work to:
Nicole Kapusta - Production Manager
adproofsrtv@mymts.net

Selkirk Record Tribune
EXPRESS Voice



Do you have a suggestion for our news team?

Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

Call 204-467-5836

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

Stonewall Teulon
Tribune



PUBLIC HEARING 2016 Financial Plan

In accordance with Section 162(2) of the Municipal Act, the Town of Teulon shall hold a PUBLIC HEARING to present the 2016 Financial Plan on:

Tuesday, May 10, 2016 at 6:30 p.m.
Teulon Civic Centre Council Chambers
#44-Fourth Avenue S.E.
Teulon, Manitoba

The purpose of this Public Hearing is to allow any interested person to make representation, ask questions or register an objection in respect to the Town of Teulon's 2016 Financial Plan.

Information, documents and procedures to be followed at the PUBLIC HEARING concerning the 2016 Financial Plan are available for review at the Municipal Office, Monday to Friday between 9:00 a.m. and 5:00 p.m.

Jeff Precourt, CMMA
Chief Administrative Officer
Town of Teulon

MISCELLANEOUS

Heritage value character home with homebased beauty business. Equipment and stock turnkey. Landscaped yard. \$140,000. 215 Main St., Manitou, Mb. Call Dolores 204-242-2261.

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

MISCELLANEOUS

Sawmills from only \$4,397 - make money & save money with your own bandmill - Cut lumber any dimension. In stock ready to ship. Free info & DVD: www.Norwood-Sawmills.com/4000T 1-800-566-6899 Ext:4000T.

Reforestation nursery seedlings of hardy trees, shrubs, & berries for shelterbelts or landscaping. Spruce & Pine from \$0.99/tree. Free shipping. Replacement guarantee. 1-866-873-3846 or www.treetime.ca.

Beautiful 12.6 acre lake property, private, fronts 360 feet, cabin, well, septic, power, private yet close to neighbours/town, landscaped with out buildings. 1-204-247-0742, 1-250-401-7345.

COMING EVENTS

Manitoba Motorcycle Ride for Dad - Fighting Prostate Cancer. Saturday, May 28, 2016, 10 a.m. Official Start. Polo Park Shopping Centre. Register online: ridefordad.ca/ Manitoba

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewall-elk@hotmail.com

VACATION/TRAVEL

Save 30% on our Heart of the Arctic Adventure. Visit Inuit communities in Greenland and Nunavut aboard the comfortable 198-passenger Ocean Endeavour. Call for details! 1-800-363-7566 or visit: www.adventurecanada.com. OIC0#04001 400)

Emergency device for seniors - free equipment, monitored 24/7. Stay safe in your home for less than \$1.00 a day. For free information guide call toll free 1-888-865-5001 or www.LifeAssure.com

POTATOES FOR SALE

Potatoes - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

FARM PRODUCE

Honey for sale. Ph 204-461-1267.

LIVESTOCK

Charolais yearling bulls for sale, Red Factor or White. Also 1 Red Factor 2 year old. Good prices. Good birth weights. Call John at 204-383-0308.

For sale - red & black yearling and 2 year old Angus bulls. Will semen test. Delivery available. Call Wayne 204-383-5802 or 204-383-0100.

LIVESTOCK

Polled Pedigreed Sallers Bulls on farm and at Douglas Station. Red or black. High performance herd. Can arrange delivery. www.sweetlandsallers.com Ken Sweetland, Lunder, MB 204-762-5512.

HAY & FEED

Approx. 300 2nd cut alfalfa in small square bales; approx. 130 large round bales of oat straw with under seeded sweet clover. Ph 204-278-3421.

Round bales of 2nd cut alfalfa. Excellent quality. Ph 204-467-2787.

Small square hay bales and small square straw bales. Ph. 204-781-7937.

Forage seed for sale: Organic & conventional: Sweet Clover, Alfalfa, Red Clover, Smooth Brome, Meadow Brome, Crested Wheatgrass, Timothy, etc. Free delivery! Birch Rose Acres Ltd. 306-863-2900.

McSherry Auction Service Ltd

AUCTION SALE RUTH FALK SAWATZKY (LATE ABE)

Sunday April 24th @ 10:00 am
41 Richard St.
Stony Mountain, MB
Contact: (204) 344-5595

87 Dodge 2500 Classic Royal Leisure Van A/C 87,693 Km - Safetied* Norland 4 Wheel Gas Pit Car * 70 Motobecane 49 cc Moped * 7.5 HP Outboards * Camping * Fishing * J D 655 Cab MFWA Hyd * 3PH w JD FEL * 3PH 48" Rotovator * McKee Frt Mt 60" Snowblower - Wood Splitter * JD 3PH 6' Blade * JD LX 178 Hyd R Mower * JD 100 R Mower * Case 118 R Mower * Rear Tine Tiller * 6.75 HP 22" Weed Eater * Jari 3 PH Sickle Mower * Push Mowers * Snow blowers * Gas Dethacher * Mini Roto Tillers * Snap On Tool Cabinet * Snap on Wrenches * Snap on Socket Sets * Coats 40-40A Tire Machine * Metal Band Saw * 20 Ton Hyd Press * 250 Amp Welder * Mig Welder * Drill Press * Wood Lathe * Table Saws * Acetylene Torches * Air Compressors * Gas Air Compressor * Sandblaster * Band Saw * 12" Planer * Power Tools * Air Tools * Much Larger Amount of Tools! * B H 8' Flat Deck * Utility Trailer * New 10' x 17' Car Port * Karcher Mdl HD 5500 Heated Pressure Washer * 5000 Watt Generator * Platform Scale * Pallet Jack * Truck Tool Box * Trailer Light Kits * Home Repair Items * Various Lumber * Parade Mini Model T Fire Truck Gas Powered * 60's JD Pedal Tractor * Household Items * Deep Freeze * Washer * Dryer * Medical Stair Chair Lift System *

Stuart McSherry (204) 467-1858 or (204) 886-7027
Stonewall, Manitoba
www.mcsherryauction.com

McSherry Auction Service Ltd

CLOSE OUT AUCTION LANDSCAPING & TREE SERVICE Saturday April 30th @ 10:00 am

East St. Paul -3184 Henderson Hwy
Bobcat 7753 Skid Steer * Stevens 3 Blade Tree Spade * BH Flat Deck Trailer * 30 Ford Mdl A Town Car * 3PH Equipment * Tools & Misc * Go to Web for Full List * Internet Bidding available at Bidspotter.com
Stuart McSherry (204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd

FARM AUCTION SALE DON CHESLOCK

Sat April 23rd @ 10:00 am
St Andrews, MB
Jct. Hwy 8 & Hwy 67 North 2 Miles
on Hwy 8 then 1 1/2 mile Easton Rd 79
Internet Bidding @ Bidspotter.com
Contact: (204) 485-4833

Tractors Case IH 7210 Magnum Cab P Shift 3PH Duals 4752 Hrs. * 10 Case IH 45A 3 PH 283 Hrs * JD 5010 * MH. * AC B * Equipment- JD 7720 Titan II Combine * JD 222 22' Straight Cut Header * Coop 722 Cab Dsl 22' Swather * 12 Farm King 6640 1000 PTO Grain Vac * 2 Case IH 7200 28' Hoe Drill * Int 6200 20' Press Drill * 2) Int 310 15' Discer Seeders * Farm King 50' Diamond Harrows * Int 5000 18' Vibra Chisel * Coop 806 15' Deep Tiller * 3 Yard Hyd. Scraper * Eureka Potato Planter * MH PTO Drive Potato Digger * Farm King 620 6' Trailer Style Rotary Mower * Along w Augers * More Tillage & Misc Equip * Farm Misc * Antiques *

Stuart McSherry (204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

E.J. SMITH SELKIRK MEMORIALS A Family Business Making Quality Memorials Since 1896



\$1235
Black granite with grey base. Includes design, lettering & installation. Single or Companion. Some restrictions apply.

Visit us at
49 Main St. Selkirk or call
Toll Free:
1-866-475-6025

Free in-home consultation
Browse prices on our website!
www.smithmemorials.ca

We have been manufacturing custom designed memorials in Selkirk for over 40 years

Hip or Knee Replacement?

Problems Walking or Getting Dressed?

The Disability Tax Credit

\$2,500
Yearly Tax Credit
\$40,000
Lump Sum Plus Rebate

For Reliable Expert Service
204-453-5372

ARE YOU DISABLED? RECEIVE UP TO \$40,000 from the Canadian Government.

DBS provides professional tax advice. We'll get you a tax refund or our service is FREE!

Visit our website today to book your **FREE ASSESSMENT**

www.dbsrefund.com

Autism - Back Pain - ADHD - Difficulty Walking - Dressing - Feeding and many more...

CALL 1.888.353.5612 to see if you qualify!

McSherry Auction

Close Out Auction
Landscaping & Tree Serv.
Saturday, April 30 @ 10am
East St. Paul
3184 Henderson Hwy

Bobcat 7753 Skid Steer * Stevens 3 Blade Tree Spade * BH Flat Deck Trailer * 30 Ford Mdl A Town Car * 3PH Equipment * Tools & Misc * Go to Web for Full List *

Stuart McSherry
(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com

WINNIPEG PHILATELIC SOCIETY

Annual Stamp & Coin Show

Friday, April 29
1 - 6pm
Saturday, April 30
10 - 6pm
Sunday, May 1
10 - 4pm

Sunova Centre
(West St. Paul)
Main St. & North
Perimeter
www.wps.mb.ca
204-582-1334

**Don't forget
to send your
special wishes
to your friends
and family.**

Stonewall Teulon
Tribune

Call 467-5836 or
email igraphic@mts.net

Announcements

Book Your Classified Ad Today - Call 467-5836 or Email igrphic@mts.net

Stonewall Teulon
Tribune

ANNOUNCEMENT

ENGAGEMENT



Steven and Mitzi Maksymyk (Komarno) and Dale and Anne Lane (Winnipeg) are pleased to announce the engagement of their children, Katrina Maksymyk and David Lane. The wedding will take place in Komarno at the end of June. A bridal shower is planned for May 7, 2016 at 2 p.m. in the Komarno Community Hall, Komarno, MB.

BOOK YOUR ANNOUNCEMENT TODAY

Stonewall Teulon
Tribune
204-467-5836
igrphic@mts.net
Don't forget to send your special wishes to your friends and family.

ANNOUNCEMENT

CARD OF THANKS

We would like to thank our very large community, family, friends and co-workers for helping us during this tragic time in our lives. We received a huge amount of support from everyone and cannot begin to express our gratitude for the things that everyone has done for us. We want to thank the firefighters, who worked so hard to try and save our home for us. To our friends, family and co-workers that came out, brought us supplies, helped with the clean up and were just there to support us, there are no words to express how truly grateful we are to have you in our lives. And to our community, to the people that we didn't know too well and still lent us a helping hand, we will never forget how kind and generous you have all been to us, and we will never forget the support you all showed us. This has been very tough for our family, but knowing that we have all of you out there thinking about us and caring about us has made it just a bit easier, and there are truly no words that can express that. Thank you again, from the bottom of our hearts.

-Gary, Toni, Coleton and Connor Oleschak

ANNOUNCEMENT

CARD OF THANKS

We would like to extend a sincere and heartfelt thank you to our family and friends for all the messages of sympathy, flowers, food, baking and donations to the various charities with the sudden and difficult loss of our dearest Mom, Grandma and Great-Grammies, Joan Sinclair. We appreciated all the visits and phone calls from everyone and we were deeply touched by the kindness shown to all our family. Our very special Mom, Grandma and Great-Grammies will be forever missed and never forgotten by our multi-generation family.

-Donna and Brad Mann and families
Doug and Leanne Sinclair and families
Wendy and Curt Maxwell and families
Dave and Trish Sinclair and families

ANNOUNCEMENT

IN MEMORIAM

SMITH, Helen - In loving memory of our dear Mother who left us April 24, 1967.

-Forever remembered by son Richard and his wife Sheelagh, children Sheena and Shawn and daughter Judy, husband Ken Paluk, children Wesley and Trevor.

ANNOUNCEMENT

IN MEMORIAM

Ray Gilson
In memory of our
Husband, Dad, Grandad
who left us April 24, 1991
May the winds of love blow softly,
And whisper so you can hear;
That we will always love you,
And wish that you were here.
-Always missed by
Violet and family

ANNOUNCEMENT

CELEBRATION OF LIFE

Celebration of Life Memorial for
Carl Anderson
1932 - 2016
on Saturday, April 23, 2016
at 1 p.m.
at Grosse Isle Community Hall
Grosse Isle, Mb.
Come share your memories.

Biz Cards
Call 467-5836
ads@stonewallteulontribune.ca

McLeod Mechanical Services
RESIDENTIAL & COMMERCIAL
Grosse Isle, MB 204-513-1154
mcleodmechanicalservices@highspeedcrow.ca

- Plumbing
- Heating
- Gas Fitting
- Air Conditioning
- Backflow Testing & Installations

STONEWALL Veterinary Hospital
Monday-Wednesday, Friday 8am to 6pm
Thursday 8am-8pm Saturday 9am-4:30pm
4 Dolomite Avenue, Stonewall, MB 204-467-2481

INTERLAKE INSULATORS
BOX 240, BALMORAL, MB R0C 0H0
Brent Meyers 204-461-4669
Email: brentmeyers_88@hotmail.com
SPRAY FOAM SPECIALISTS

CONCRETE Foundations & Floors
Appreciating the people of Stonewall & surrounding areas for 34 years.
Keith Assels 204-886-2104

COUNTRY TOWING
LIGHT - HEAVY DUTY TOWING
Proudly Serving Stonewall, Warren & Surrounding Areas
CAA MPI
countrytowing@mymts.net 204-990-4718

A King's Comfort
Infloor Heating
A DIVISION OF MELAINE SERVICES INC.
All infloor heating built and maintained for:
Residential, Industrial, Workshops
Darryl Harrison
Mobile: (204) 461-4216
Email: darryl@akingscomfort.com
website: www.akingscomfort.com
FREE Quotes

Advertising that Works!
To place your BIZ CARD
call 467-5836 or email

STONEWALL WATER SWS SERVICE CONST.
• Residential & Commercial Sewer & Water Installations
• Septic Tank & Field Installation & Repair
• Land Drainage • Heavy Equipment Rentals
• Soft Dig • Demolition & Concrete Removal
• Hauling Aggregates • Basements
204-479-0843 • FREE ESTIMATES

Prairie Earthworks Ltd.
Excavator & Dozer Services
Heavy Equipment For Hire
204-461-0815

ALICE ROOFING LTD
Complete Roofing Services
• Residential • Agricultural
Licensed and Insured
204-757-9092
www.aliceroofing.ca

AirWise Home
Your Heating, Cooling and Ventilation Specialists
Kyle Scrivens
Comfort Advisor/Sales
Cell (204) 979-9307
Fax (204) 694-5456
kyle-airwise@mymts.net 204-467-9578

BREAKING GROUND
Foundation Repair & Mini Excavation Inc.
• Septic/Water (Certified Installers)
• Interior Wall Support System
• Water Proofing
• Epoxy Injection
• Sump Pits
• Window Wells
• Free Estimates
• POS Teck Helical Piles
• Underpinning
CALL TODAY!
TIM MARTEL Ph: 204-738-4544 Cell: 204-223-6518



Biz Cards

Call 204-467-5836

Heating & Cooling • Refrigeration

REFRIGERATION • HEATING & COOLING

COMMERCIAL COMFORT INC.

Residential & Commercial

461-HEAT (4328)

Owner: Jeff Meier
commercialcomfort16@gmail.com

STEP UP TREE REMOVAL

Tree Cutting and Removal
Tree Trimming and Pruning
Bucket Truck - Fully Insured
Text or Call ROB 204-785-3273
24 HOUR EMERGENCY SERVICE

KROLL Painting & Renovations

Complete Renovations

- Restaurants • Stores • Residential
- Offices • Rec Rooms • Bathrooms

791-0553 krollpainting@mts.net

FULLHOUSE MOVERS

ALEX FOTTY

HOME: 204-467-2419
CELL: 204-461-2352

NOTHING BEATS A FULLHOUSE MOVE

Odd Fellows Hall

- Weddings • Socials • Showers • Meetings
- Capacity 220 persons • Kitchen available

374 1st St. West
Stonewall

Del Phillips 204-791-0564
Text if possible
Hall 204-467-5556

MAXWELL'S

PROFESSIONAL PAINTING

COMMERCIAL/RESIDENTIAL

Cell: (204) 792-0675 or (204) 467-5008
Email: maxpro@mts.net
Box 275, Stonewall, MB R0C 2Z0

BOONSTRA FARMS

RV Sales

204-941-0228

204-467-8480 • www.boonstrafarms.com

Murray's Painting & Decorating

Mark Murray

Bus. 204-467-5242

GROSSE ISLE

CAR & TRUCK WASH

Custom Order of Cars & Trucks for Sale

3 Bay Car Wash

Call Bernie 513-0055 • Jim 513-0555

Electro Wright

Contracting Inc.

Derek Fotty

Ph. (204) 467-RITE(7483)
Fax. (204) 467-2000
Email: electrowright@mts.net

Electrical Contractors

Balmoral Hall

Catering Available / Capacity 200

Anniversaries • Family Birthdays
Special Occasions

Contact Brenda 467-2730

Vic's Autobody & Towing

CAA 24 Hr. Towing

204-886-2972

ROCKWOOD MOTORSPORTS

PARTS & ACCESSORIES FOR:

- ATVs • SNOWMOBILES • DIRT BIKES

467-9222
www.rockwoodmoto.com

4 Granite Ave. Stonewall

ISAGENIX

Weightloss • Energy & Performance • Healthy Aging

Allana Sawatzky
Independent Associate

allana333@hotmail.com • www.isaproduct.com

Ralph Tanchak..Artist • murals • commission paintings • art instruction • caricature parties

phone: 204-461-0160
Colour-Splash Artist Ralph Tanchak

WOODLANDS HVAC

Heating Ventilation Air conditioning
Commercial/Residential

CURTIS OLIVER
1.204.461.1678 • woodlandshvac@gmail.com

stonewall chiropractic centre

Also Acupuncture • Custom Orthotics • Massage Therapy

Billing to Autopac, Blue Cross, WCB

204-467-5523

GRANTHAM LAW OFFICES

Lawyer & Notary Public

STONEWALL OFFICE:
#1-278 Main St., Stonewall 467-5527

WALSH ELECTRICAL SERVICES

Residential & Commercial

Service Upgrades

FREE ESTIMATES

204-461-4217
walshservices@gmail.com

ROCKWOOD UPHOLSTERY

COMMERCIAL/RESIDENTIAL

- CUSTOM UPHOLSTERY
- FOAM REPLACEMENT
- WOOD REFINISHING
- FRAME REPAIR

Servicing Winnipeg & South Interlake
Phone 204.894.2944
rockwoodupholstery@gmail.com

PATTERSON MECHANICAL LTD.

Commercial & Residential
New Installation & Service
Plumbing & In-Floor Heating
Water Softener Installations
Water Filtration/Reverse Osmosis

RILEY PATTERSON
Journeyman Plumber
Cell 204-461-0035

NAPA AUTOPRO

Brake Family Auto Sales & Service Ltd.

Auto Service • Maintenance & Repair
Used Vehicle Sales

napaautopro.com

214-2nd Ave North, Highway 67
Stonewall 204-467-9156

Rockwood Landscaping & Tree Service

- *Complete Landscaping
- *Barkman Concrete Products
- *Concrete Breaking
- *Aerial Tree Pruning & Removal
- *Chipping
- *Stump Grinding
- *Tree Planting
- *24HR Storm Service
- *Snow Removal
- *Skid-Steer
- *Excavator
- *Compact Track Loader
- *Bucket Truck

467-7646
Free Estimates

Ritchie & Perron PLUMBING & HEATING LTD.

ritchie_perron@live.ca
Stonewall, MB

Red Seal Certified
Certified gas fitter
Residential/Commercial

Ryan 230-4674 Trevor 232-6263

Bill Klassen Auctions Ltd.

www.billklassen.com

Auctions with Integrity!
NOW BOOKING SPRING AND SUMMER 2016 AUCTIONS

Ph: (204) 325-4433 Cell: (204) 325-6230 Fax: (204) 325-4484

INTERLAKE TOWING

24 Hour Service & MPIC Approved

204-278-3444

You'll Be Glad You Called Sure-Clad

for your

siding • soffit • fascia • metal roof & wall sheets
windows & capping • continuous eavestroughing
roof top snow removal • spring gutter cleaning

Call 204-467-5109 • 204-467-5749 • Cell 204-461-0860
surecladconst@gmail.com

Roof Express Ltd.

Complete Roofing Services

Licensed & Insured • Argyle, MB

Residential • Agricultural

204-774-2030
www.roofexpress.ca

INTERLAKE EAVESTROUGHING & SIDING INC.

Siding, Eavestroughing, Soffit, Fascia, Capping, Windows

Free Estimates • 781-0533
www.interlakeinc.ca

PERIMETER DRILLING LTD.

- *Water Wells
- *Pressure Systems
- *Repairs
- *Septic Systems

Phone: 204.632.6426
Email: pdl1@mymts.net

FREE CONSULTATIONS
Servicing the Community for Five Generations

Sudden Impact Construction

SINCE 1997

- Concrete Pads • Framing • Roofing
- Siding • Ag Buildings • Windows/Doors
- Skid Steer Services • Post Hole Drilling
- Custom Building - Homes, Decks, Garages

- FREE ESTIMATES - FULLY INSURED

TEULON, MB PH: 204-886-7743
suddenimpact@highspeedcrow.ca
www.suddenimpactconstruction.com