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**PERFECT PITCH**

**TRIBUNE PHOTO BY LANA MEIER**

The Stonewall Centennial Girls Grade 5-8 choir received a standing ovation for their 'Cups' Pitch Perfect's When I'm Gone performance this past Monday at the 62nd annual Rockwood Festival of the Arts. The festival continues until April 23 with the Awards Concert being held April 30 at the Teulon Collegiate.

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# Legion presents awards to top contest entries

By Natasha Tersigni

For their efforts and achievements in the Royal Canadian Legion's annual poster and literary contest, several local students achieved first-place finishes in the District 5 category.

The annual contest held by legions across Canada aims to foster the tradition of remembrance amongst Canadians. Students from kindergarten to Grade 12 can submit their remembrance artwork to the poster contest, which has both a colour and black and white division. The literary contest that is open to students in Grade 4 and up has an essay and poem category.

Students submitted their entries to their local legions and then competed



Kaydence Michalsky



Madison McRae



TRIBUNAL PHOTOS BY NATASHA TERSIGNI  
Mandi Roberston

against other entries in that legion's



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Marc Normand



Tiana Thiessen

district. District 5 includes legion branches 52 (Stonewall), 248 (Woodlands) and 222 (Brant-Argyle).

At the District 5 meeting on April 1 at the Stonewall Legion, District 5 Commander Roland Fisette presented students with their certificate of achievements and prize money. Students will be notified later this spring if their entries are chosen by provincial judges to go on to compete at the national competition.

Mandy Roberston (Branch 248) placed first in the primary category of the colour poster contest.

Madison McRae (Branch 248) placed first in the junior category of the colour poster contest and essay contest.

Bobbie Farlie (Branch 248) placed

first in the intermediate category of the colour poster contest.

Kaydence Michalsky (Branch 222) placed first in the intermediate essay contest.

Tiana Thiessen (Branch 52) placed first in the intermediate category of the poem contest.

Marc Normand (Branch 248) placed first in the senior category of the poem contest.

Dawson Cowan (Branch 248) placed first in the junior category of the black and white poster contest. Hannah Debin (Branch 248) placed first in the intermediate category of the black and white poster contest. Kinzey Kapral (Branch 248) placed first in the junior category of the poem contest.

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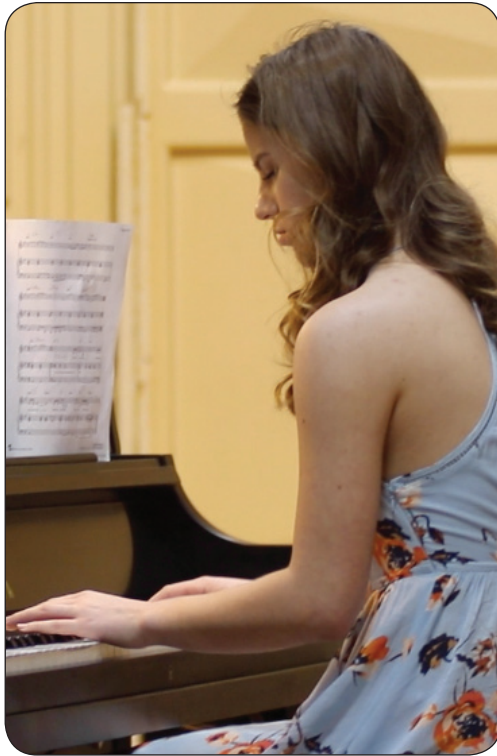
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# Annual Rockwood Festival of the Arts kicks off



TRIBUNE PHOTOS BY LANA MEIER

The 62nd annual Rockwood Festival of the Arts kicked off April 7 with speech arts, vocal and choral last week. The festival will continue until Sunday, April 23 and is taking place at several venues in Teulon. Far left photo, Larissa Palsson placed first with a score of 90 for her performance of 'Fourfiveseconds' in Contemporary Folk/Popular Music, 14 years and under; Ellen Marshall and Teagan Sheppard tied for first in the Vocal Solo, Own Choice, Self Accompanied, 14 years and under, with a score of 90 while Donnie McIntyre scored 90 for his first place performance of 'Everything' in the 18 years and under, Vocal Solo, Contemporary Folk/Popular Music.

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# Donations being accepted for Colombian mudslide victims

By Jennifer McFee

As Manitoban communities prepare for the potential of spring flooding, perhaps we could spare a moment to remember the hundreds of people killed in the recent Colombian flood and mudslide.

On Friday, March 31, torrential rain pounded down on the small southern city of Mocoa, which caused its three surrounding rivers to flood. The overflowing water triggered a mudslide that smothered the Colombian community.

A week later, Colombian officials abandoned their search efforts to find survivors. At that point, the death toll stood at more than 300 people, including more than 100 children. Hundreds more are injured, and an undetermined number of people are still missing.

Families are still desperately searching for loved ones, but their difficulties are compounded since phone, power and water services have been cut and roads have been washed away.

My husband is from a small town in a valley that is only 85 kilometres away from Mocoa, and he took me there the first time I visited his country. Many of the residents in his town are impacted by this disaster, since almost everybody has family or friends in that area. There are only two main roads out of the valley, and one of them is a treacherous mountain path that leads to Mocoa.

The tragedy even touched my husband's family, who lost close friends with young children in the disaster.

We feel compelled to help from afar. We are collecting funds to send directly to a contact in Colombia, thereby eliminating the potential for administrative costs of working with a third-party agency or organization.

The funds will be directed wherever they are needed most, such as for medical supplies, clean water, food, clothing, blankets or resettlement efforts.

If anyone would like to support this cause, please feel free to contact me



PHOTO SUBMITTED

A recent mudslide devastated the Colombian city of Mocoa. *Tribune* reporter Jennifer McFee is fundraising to provide help for the community.

at [jen@stonewallteulontribune.ca](mailto:jen@stonewallteulontribune.ca) or 204-461-5352. I'd also be happy to hear about any other ideas for ways that we can help.

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dollars raised remain here in our province. This is critical because it helps CancerCare Manitoba recruit the best and brightest cancer specialists, provides critical funding to operate a state-of-the-art cancer research centre and most importantly, provides real hope for Manitobans and their families facing a cancer diagnosis.

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*All funds raised stay in Manitoba.*

## SCI students to host fundraising coffee house

Tickets on sale for April 20 event

By Jennifer McFee

A group of Stonewall Collegiate Institute students is tuning up for a coffee house fundraiser to support their sister school in Zimbabwe.

The coffee house will be held on Thursday, April 20 at the Odd Fellows Hall. Doors open at 6:30 p.m. and the entertainment begins at 7 p.m.

The school's human rights group will be hosting the event — and baking tasty treats that will be available for sale at the fundraiser.

Many of the human rights group members will also be performing, as well as staff members, current students and former students.

This year's entertainment will feature musical performances, with a little bit of everything from instru-

mental pieces to singing in a variety of styles.

Teacher organizer Chelsea Meier said that the coffee house is the main fundraiser to support SCI's sister school.

"We usually end up mailing them a cheque every second year. Last year, we mailed them about \$2,000," she said.

"It supports a variety of things. In the past, they've used it for soccer equipment and jerseys, computers and bursaries for some of the students."

Tickets cost \$10 each and are available at the school office, at the door or from members of the human rights group. The ticket includes a coffee or tea, which will be fair trade products.



# CDF presents updated fish plant plan to St. Laurent council

By Jeff Ward

Community Development First (CDF) representatives updated the St. Laurent reeve and council on the progress of their proposed fish processing plant at the regular meeting on April 6.

CDF chief marketing officer Terry Szydluk made a 20-minute presentation to a dozen members of the community about the CDF's 40-month strategy to bring a state of the art fish processing plant to St. Laurent. Szydluk said that the plant would be capable of processing 100 million pounds of fish annually once it is running at full capacity.

In its first year of processing, estimated for 2020, the plant would process 30 million pounds. That number would double in year two and by the third year of production the plant would be at peak operation at 100 million pounds.

Szydluk explained that the investors are lined up, the money is there and once land is purchased and the province has left the monopoly of Freshwater Fish Marketing Corporation (FFMC) they'll be ready to move.

"We're right at the precipice and we've been working on this for so long it's kind of surreal to be so close to getting it done," said Szydluk.

"Our 40-month plan actually gives us more time than we need because we don't want to over promise and under deliver. Our entire plan has lot of contingency because there are so many working parts to it.

The news that the community might only be a few years away from this large infrastructure project being a reality had many understandably excited. Reeve Cheryl Smith said that it was good to get an update from the private company and that she wishes them all the luck in the world. She said that what



TRIBUNE PHOTOS BY JEFF WARD  
Conceptual artist's rendering of the fish processing facilities plant.



CDF chief marketing officer Terry Szydluk presents CDF's plan to bring a state of the art fish processing plant to St. Laurent by 2020.

vite fishers and the public to join as well and listen to the updates. I truly believe that whoever is the first one here is the ones who are going to succeed — the competition is very tough," said Smith.

To that end Szydluk is playing a few cards close to the vest but said that CDF has full intentions to being the first plant in St. Laurent.

they're trying to accomplish is a "great undertaking" and that council recognizes the challenges.

There weren't a lot of questions asked by council members during the meeting and Smith said that was because they were already well informed of the project. Councillor Monte Carrier asked about the hiring process and giving locals the opportunity to know what kind of training they need if they want to be considered for future jobs. Szydluk replied to that question by saying that the HR process will focus a lot on training a local staff and promoting from within for future management roles once the plant is fully operational.

"And his question was also about when we give notice on the training we'll have. And we will give time for

people to make arrangements if they have to take a leave of absence or quit their job," said Szydluk.

Both Smith and Szydluk said that, as the project gets closer to the construction phase — spring of 2018 — that it would be wise to keep the lines of communication open. Szydluk said that he wants to continue to work with council and take feedback from fishers on their plan.

"Council would engage to the point of asking them to come back to us from time to time and give us an update on where're they're at. We'd in-

"WE'RE RIGHT AT THE PRECIPICE AND WE'VE BEEN WORKING ON THIS FOR SO LONG IT'S KIND OF SURREAL TO BE SO CLOSE TO GETTING IT DONE,"

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# Happy Easter

## Upcoming Easter Hours

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**Sun, April 16 - Open regular hours in the restaurant and bar**

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# Stonewall Teulon Tribune



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# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

## > ARNIE WEIDL Some have better luck fishing with wieners

Welcome back, friends.

Isn't it amazing how quickly we can mentally adapt to the change from white snowdrifts everywhere to the sight and smell of green grass? Only days ago, the ice pack on our lakes was steel strong yet now has become weak blue-grey slush. Our rivers and creeks are running and soon we'll be netting suckers again.

We have some good fish stories graciously given to us by fellow anglers to carry us through the coming weeks of no fishing. Here's one.

About a month ago, I sat in warm comfort in Old Red surveying westward the icescape of Shoal Lake with my binoculars. I could see far out two men sitting in their truck beside a hard wall shack. They might have a story, I thought.

The deep ruts at the jump-off spot beside the old Erinview church were full of water. I was a bit concerned but forced my truck through them to smoother ice. Then, at a good clip on glare ice, I made for them. As I approached their truck, they jumped out apologizing for being near "my" shack. I held up my hand with a half smile to ease their anxiety, explaining the shack wasn't mine and who I was.

I learned that these two 40-something lean guys, Ray Rempel and Brent Bekiaris, were paramedics from Steinbach. They said they only wanted to use the shack for a wind-break while they fished. They were congenial outgoing chaps and soon related a story when they were summer fishing at Caddy Lake.

It was a sunny, hot afternoon, and every time they caught a jack, as they



TRIBUNE PHOTO BY ARNIE WEIDL

MIFA contributors and winners, from left to right, MIFA secretary Margaret McArthur, Cara Buchannan-Gillespie of Smitty's, Dianna Kolkata (portable ice shack winner), MIFA president Lawrence Proulx, Cory Andrusko of Canadian Tire, Brett Mitchell of the *Selkirk Record*, Don Marchand (winner of the fish flasher) and Gisele Anniuk (accepting the ice auger for Perry Anniuk).

reeled the fish to the surface close to the boat, an eagle would swoop down and steal it. During the theft, the bird would clamp onto the fish's body, allowing the hook to be torn away. This happened a few times until an eagle's claws almost became entangled in the fish line, so the boys decided to beat a hasty retreat to shore and enjoy the few fish they still had left.

Throughout the summer on that lake, though, the guys noticed many times the fish they caught had scars on their sides. They put two and two

together and realized the eagles were clawing fish from the water only to have them slip through their talons, causing those scars. It seems even eagles have trouble hanging onto slippery fish.

I'm pretty sure I've told you stories where anglers used unusual bait, but this next story has a little different twist.

I was talking to Corny Bergen and Jake Fehr, longtime anglers from Plum Coulee out on Lake Winnipeg's south basin some time ago.

Continued on page 11

# Stonewall Teulon Tribune

*The Selkirk Record*

*The Winkler Morden Voice*

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# Interlake MLA says fish plant investors unconcerned about Bill 23 delay

By Patricia Barrett

Investors interested in building fish plants in St. Laurent on Lake Manitoba have no concerns over the NDP's delaying the Fisheries Amendment Act (Bill 23), according to Interlake MLA Derek Johnson.

Bill 23, which will sever ties with the Freshwater Fish Marketing Corporation, was introduced by the Conservatives March 15 and delayed by the NDP April 6.

The bill can only be held until the fall, said Johnson. Then it will be put to a vote before the throne speech and likely be passed.

"I called three investors who are investing on this side and they were fine with it [the delay]," he said, without naming them.

As far as Lake Manitoba is concerned, the delay may actually work in investors' favour because the fishing season starts every November, he said. The eventual passing of the bill will coincide with the opening of the fishery.

"We don't have an open water season on Lake Manitoba and we don't have a spring fishery. Our next season ... is not until 'safe ice' or Nov. 1," he said. "It's a different type of fishing over here than on Lake Winnipeg."

Another potential benefit to the delay is that it will give investors time to build a facility without having to resort to erecting a temporary fish shed on what-



TRIBUNE FILE PHOTO BY PATRICIA BARRETT  
Interlake MLA Derek Johnson says the delay of Bill 23 will actually work in investors' favour because the fishing season starts in November.

ever land they've acquired.

"It would be tough to have a building open by open season on Lake Winnipeg — that's coming up quickly," he said.

If investors were unable to have a facility built in time to coincide with a particular fishing season, they could build a temporary structure with a scale, ice machine and loading dock, said Johnson. They would only need to obtain a building permit.

Johnson said there have been offers to purchase land in the RM of St. Laurent, and the municipality is "very excited."

There are two fish plant owners "actively seeking" to build here, he said. One wants to export fish to the Philippines, the other to China.

One of those owners may even build a fish farm (on land), which will create year-round jobs in the RM.

"The fishing season in Manitoba is only ... roughly seven months," said Johnson. "What does a plant do for the other five months that are idle? They produce their own fish and they can keep the jobs and the people in the community working year-round."

Investors are eager to build on Lake Manitoba, he said, because there is a lot more rough fish in that lake than there is in Lake Winnipeg, and rough fish is what investors want to market.

Until Bill 23 is passed, Johnson said it will be "business as usual with Freshwater."

For those fishers opposed to an open market, Johnson said "all they have to do is continue to sell to FPMC."

# Community banding together after double-murder suicide



TRIBUNE FILE PHOTO BY BRETT MITCHELL  
RCMP remained on scene along Cooks Cove in East Selkirk on April 4 following a double-murder suicide on April 3. East Selkirk community members are now banding together during this difficult time.

By Scott Billeck

More than one week after a double-murder suicide shocked those living along a quiet gravel street in East Selkirk, the tight-knit community is banding together as it tries to come to grips with what happened.

"I think every time people drive down that road and see that street, those thoughts are going to come back for a while," said St. Clements Mayor Debbie Fiebelkorn. "For the neighbours in close proximity, it's going to take a while for the community to get over it."

"But they will. Everyone in our community are good friends. They will band together to do what they can to

get through it."

Selkirk Mayor Larry Johannson shared the same sentiment as Fiebelkorn.

"In times of tragedy, it's hard but we realize that we're all in this together. Everyone pulls together," Johannson said. "It's important that the extended family, the neighbours and people who knew them know there are people in their corner."

Multiple 911 calls poured in to Selkirk RCMP just after 7 p.m. on April 3 after several gunshots were reported heard at a 15 Cooks Cove

in East Selkirk.

Officers arrived to a grim scene, with two adult men and an adult woman found dead from apparent gunshot wounds outside the home.

RCMP would not confirm the names

Continued on page 16

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# Campbell becomes vice-president for MSBA

## Staff

With his finger on the pulse of education issues, Alan Campbell is pleased to become a new vice-president for the Manitoba School Boards Association.

Campbell won the election held at the organization's AGM, held from March 15 to 17, to become the vice-president of school boards for divisions with fewer than 6,000 students. Meanwhile, Sandy Nemeth will serve as vice-president for divisions with more than 6,000 students. Of the province's 38 school divisions, Campbell will work with about 27 of them.

In addition to serving as school board chair for the Interlake School Division, Campbell has spent the past two years as the director of Region 3 for the Manitoba School Boards Association. This region is made up of nine divisions: Interlake, Lakeshore, Evergreen, Lord Selkirk, Sunrise, Seine River, Hanover, Whiteshell and the Franco-Manitoban School Division.

With the exception of Hanover, the other school boards will remain under Campbell's watch.

"There was a lot of interest in our executive elections this year because

of the changing political climate in the province. We want to make sure that the school boards are well advocated for as the best guardians of public education. The best local representation format is what we have now," he said.

"We anticipate that MSBA will have a very important role to play in public dialogue going forward. I'm very excited to continue my role on the executive as a table officer now to try to make sure that we have the ear of the minister of education and keep that dialogue going."

At the annual MSBA convention, the chairperson from all school boards have the chance to meet one on one with the minister and deputy minister of education.

"I'm the chair of Interlake, so it was great to have that opportunity again. Minister Wishart was very gracious with his time. He came early and stayed late and had lots of good dialogue with board chairs from around the province," Campbell said.

"I think he recognizes the need for school boards to continue to be heard — and continue to be told that they're being heard."

So far, there hasn't been much said

about possible changes to how public education is funded in Manitoba, he said.

"By funding a significant piece of public education through property tax assessment, we're the only province in the country left with that mandate as school boards. We're doing our best to guard that because we believe that it's by far the most efficient and sustainable and responsible way to make sure that community voice is kept in public education," Campbell said.

"With the ability to fund independently, which is what we get through local taxation, that gives boards a certain level of autonomy to make community decisions that school boards in other provinces no longer have because the ability to fund locally has been taking away from them."

When looking at other funding models across the country, Campbell sees a clear benefit with Manitoba's approach.

"We look at what they're doing in Saskatchewan, which is a more holistic funding model, and we look at our colleagues in other provinces," he said.

"We don't have to look far for mount-



Alan Campbell

ing evidence to say that the way we are doing things now is not perfect, but it is the best way to ensure community voice is maintained as an important factor in how we run our local public schools."

## TCI club working to build community inclusion and tolerance

By Natasha Tersigni

The 2015 *Maclean's* article declaring Winnipeg to be the most racist city in Canada has had a profound effect in initiating a proactive response in addressing racism in the province, including one program at Teulon Collegiate.

After reading the article, TCI teacher Kathy Simcoe was moved to take action. The problem was where to begin.

After accompanying students last year to a series of province-wide conferences addressing racism, Simcoe and TCI teacher Rochelle Ferris decided to start an Indigenous Culture Club at TCI.

The club's focus is to promote inclu-

sion and education of the Aboriginal culture among students in Teulon. The club is not just for those with an Aboriginal background, with almost half of the 18 regular members being non-Aboriginal.

Throughout the year, the group members have taken part in activities to learn about Aboriginal culture including an ice-fishing trip and a workshop on how to trap and skin animals. Over the winter, the club worked to introduce traditional Métis culture to the rest of the TCI students.

"February was a big month for us as we celebrated Métis and Voyageur culture, beginning with venison soup and bannock-making, along with

some storytelling and a teaching with sacred medicines. We then donated portions of soup to the canteen for any student who needed a lunch. We wound up the month with an afternoon of Métis/Voyageur games such as bannock (bean bag) toss, moose drag race, axe (rubber mallet) throwing competition, leg wrestling and a jigging competition accompanied by complementary bannock and jam," explained Simcoe.

To continue to build inclusion in the school and understanding among all cultures, for Easter, the club took part in a traditional Ukrainian egg painting event. They are also planning a multicultural event for the beginning

of May.

"We will be inviting students of any culture to share their food and traditions in something of a 'Mini Folklorama' and inviting some special guests. Winding up the year, we are planning a trip for our members to an Indigenous Cultural Celebration in May," said Simcoe, who added the plan is for the club to continue its work in both the school and community.

"Our hope is that the group continues and grows as a largely student-driven, student-led promoter of ethnic inclusion and that racism is something we only read about in archives and history books."

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# Palliative care book collection now available at local libraries

By Joan Ransom

Thanks to a South West District Palliative Care donation, patrons of South Interlake Regional Library now have access to a collection of books dedicated to grief as well as an expanded collection of books that pertains to illness and end-of-life issues.

When loved ones are sick or have passed away, those that are close to them often struggle with stress, grief or feelings of helplessness. This donation from SWDPC allows the library to provide vital resources for individuals, families and caregivers of someone who is ill or has passed away.

The staff at the library is striving to provide factual information about illness — whether it be cancer, Alzheimer's or PTSD, just to name a few — but also to provide resources to help lessen the inevitable stress that

comes along with these illnesses.

The grief collection has a number of books designed to help individuals through the often very difficult journey. This journey may begin at any time; it's not only something that kicks in after someone has passed away. The collection includes material for all ages: adults, teens as well as young children. A number of titles are also available in eBook format through Manitoba eLibraries.

The new collection is housed mainly in the Stonewall branch but a small collection will also be available at the Teulon Branch. All items can be requested from either branch.

The library also provides "When Families Grieve," a free kit designed to help families with young children sort through the complex emotions and talk about the passing of a loved one.



TRIBUNE PHOTO BY JOAN RANSOM

The South West District Palliative Care (SWDPC) recently donated a collection of books pertaining to grief and end-of-life care to the South Interlake Regional Library. SWDPC board members presented the collection to head librarian Darlene Dallman at the Stonewall branch on April 7. Pictured, left to right: Chuck McClure, Lois Borkowski, Faye Mason, Liz Harkness, Dallman and Jen Beirnes.

# Good Friday Cross Walk set for Stonewall and Teulon



TRIBUNE FILE PHOTO BY LANA MEIER

Staff

All are welcome to join the annual Good Friday Cross Walk on Friday, April 14 in Stonewall and Teulon.

The Cross Walk is part of many churches' Holy Week activities and is a way for parishioners from different churches to come together.

It is an annual event put on with the ministerial groups in Stonewall and Teulon and involves the Baptist, Pentecostal, Anglican, Roman Catholic and United churches.

In Stonewall, the Good Friday Cross Walk will begin at 12:30 p.m. at the Royal Canadian Legion Branch #52.

Two people will carry the cross down Main Street, stopping at various places for prayers. The final destination

will be Quarry Park, where the cross will be lifted and placed for the weekend.

At each stop, a different prayer will be said. This annual tradition is done in remembrance of Jesus carrying the cross on Good Friday.


Then on Sunday, April 16, the community is invited to the Easter Sunrise service, which starts at 7:30 a.m. at the Heritage Arts Centre.

Different ministers will participate in the service, which will be followed by refreshments. Each church will also host its own Easter Sunday service at the regular time.

Following the half-hour service, everyone is invited to enjoy coffee and refreshments.


## Teulon Cross Walk

In Teulon, the Cross Walk begins at 10:30 a.m. at the New Life Church. From there, the walk moves to St. Peter Lutheran, Alive Family Church, St. Cyprian Anglican and Teulon United, with readings at each stop. The final destination will be St. John Vianney Roman Catholic Church, where there will be closing worship and refreshments.



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# Tim Neufeld and the Glory Boys

## Staff

Tim Neufeld and the Glory Boys took the stage on Sunday evening at New Life Baptist Church Sunday for a toe-tapping concert.

Based in Abbotsford, B.C., Neufeld is a recording artist whose first solo album, *Trees*, won a 2014 Juno for Contemporary Christian/Gospel Album of the Year. He also won the 2013 CGMA Modern Worship Album of the Year award. He is also cofounder and lead singer of the group Starfield, which has won Western Canada Music awards, Covenant awards and Dove awards,

and has been nominated for four Junos.

In 2014, he released the album *The Joy* in collaboration with Canadian gospel trio The Glory Boys. The album earned a 2015 Juno nomination and resulted in a successful tour across Canada.

Then in September 2016, Tim Neufeld and the Glory Boys released their new album *Hootenanny!* So far, their current tour has brought them to 41 Canadian markets, including Stonewall, with another 70 shows booked.



Every pew was full at the New Life Baptist Church last Sunday for the Tim Neufeld and the Glory Boys concert.

## Stonewall-Rockwood fire hall set for expansion

By Jennifer McFee

Collaborative efforts are heating up for the Stonewall-Rockwood fire committee, which is working on plans for a fire hall expansion and new pumper truck.

In order to house the new pumper truck, which will cost approximately \$500,000, more room is needed at the existing fire hall.

Stonewall Mayor Lockie McLean said they looked at the possibility of building a new fire hall but instead came up with a plan for expansion.

"The fire hall was built in 1986 and it's still in great condition. The problem is it's just too small," McLean said.

"The plan to expand the size of the current fire hall truly makes sense."

The Town of Stonewall owns the fire hall, while the costs for the firefighters and vehicle are split 50-50 with the RM of Rockwood, he added.

Rockwood CAO Chris Luellman said the RM stepped up with a proposal to pay for the fire hall expansion.

"We just thought it was forthcoming," Luellman said. "We decided to go for it."

The RM of Rockwood will cover up to \$400,000 towards the 1,600-square-foot expansion. Rockwood will also enter a cost-sharing agreement to cover half the operating costs the existing hall going forward instead of a monthly rental.

Meanwhile, Stonewall will contribute 50 per cent of the cost of a new pumper truck in 2018. The town has also agreed to not entertain the idea of building a new hall for another 15 years unless it's required by unexpected circumstances.

At its April 5 meeting, Stonewall council unanimously passed a resolution to accept these terms and condi-

tions. McLean gave kudos to the RM of Rockwood for going the extra mile and to the fire committee for its exceptional work.

"It's up to the committee to hit this home now," McLean said. "If we're going to have a new pumper truck in 2018, then hopefully we get this building expansion underway in the very near future."

The plan is to include improvements to parking and could also incorporate a women's washroom.

### In other Stonewall council news:

- Stonewall Chamber of Commerce president Graham Starmer spoke to council about ways to improve snow cleaning on Main Street.

"Currently, we only have one shift in public works, but snow doesn't have one shift," said Mayor Lockie McLean.

"We have to work on that and find some way to correct that."

Starmer also discussed the possibility of an electronic sign at the entrance of town, but council is not considering it in this year's budget.

As well, he asked if there is a possibility that books related to Stonewall could be sold on a consignment basis at the Heritage Arts Centre. Council referred the question to the CAO to check with the Heritage Arts Centre manager.

- The town will put up new puckboards at the arena.

- The Water Services Board is asking Stonewall council for a resolution to engage them to go out for tenders for the lagoon upgrade and expansion project.

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WEEKLY NEWS

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# Rockwood council passes first reading for mill rate increase

By Jennifer McFee

- Rockwood council passed first reading of the bylaw for the 2017 financial plan, which includes a 3.7-per-cent increase to the mill rate for the operating budget. Couns. Mark Hidlebaugh and Willy Pinchin voted against the resolution, and Coun. Art Goudy was absent from the vote. A public hearing will be held on May 3 at 6:30 p.m.

- Council passed first reading to establish new water and sewer rates for the Stony Mountain utility. The new utility rate bylaw will be submitted to the Public Utilities Board for approval of the revised rates. The PUB will hold a public hearing and then either approve the submission or request revisions. After that, it will return to council for second and third reading. Council is planning to hold an open house on the topic on May 23 at the Stony Mountain Recreation Centre at 7 p.m.

"On average, store-bought water costs \$2.29 per litre. Municipal water costs \$0.002 for the same amount of water," CAO Chris Luellman said after the meeting. "This means that \$1 of municipal water is equivalent to \$1,145 worth of store-bought water."

- Council approved the new South Interlake Public Library funding agreement, with the RM contributing \$154,191.33 annually.

- Council awarded the RM's gravel contract to Lafarge Canada Inc. for the south supplier and Armstrong Construction for the northern supplier.

- Council authorized the replacement of two Stony Mountain signs on Highway 7 for a subsidized cost of \$2,000.

- Council adopted amended policies for organizational structure for standing committees, council portfolios and boards and committees. They also repealed the previous policies.

- Council adopted amended policies for construction of private approaches and culverts installed by the municipalities and by the applicant. They also repealed the previous policies. Council passed first reading of a bylaw to establish the policy and standards for the construction of private approaches and installation of culverts.

- Council adopted a policy for cost share allocation for the utility department.

- Bev Kiel has been appointed as a citizen representative for the Teulon-Rockwood Recreation Committee. The previous citizen representative, Laura Humbert, submitted a letter to resign her position.

- Council granted conditional use to Denis Simard to operate a vehicle repair business on his property with the condition that no more than four repair vehicles be stored on the property within the treed yard by his shop. All other personal vehicles must be licensed to him. There can't be any advertising signs and Simard will need to get a dealer's plate from Manitoba Public Insurance. An official from the South Interlake Planning District needs to inspect and improve the accessory building, and any building code deficiencies must be addressed



TRIBUNE PHOTO BY JENNIFER MCFEE

Rockwood council approved a variation request for Doug and Nicole Steinke so that they can begin the process of rebuilding their home.

before the business starts to operate.

- Council approved a second variation application from Doug and Nicole Steinke, whose home was destroyed by fire in August 2016. For the original variation request in October 2016, the Steinkes miscalculated the property lines, so they are asking to vary the minimum front yard setback according to the correct calculations so that they can build a new home.

- Council approved variation requests from Patricia McQueen and from Ron and Karen Melnychuk. They also approved a property subdivision for the Dychuk family.

- A request by Carly Keating to have additional dogs on her rental property will be discussed further at an upcoming committee of the whole meeting, with the applicants present as a delegation.

- Council passed second and third reading of a bylaw to regulate unnecessary and harmful noise of engine retarder breaks. Coun. Willy Pinchin voted against the resolution and Coun. Art Goudy was absent from the vote.

- Council passed first reading of a bylaw to amend the zoning bylaw.

- The RM of Rockwood's committee of the whole meeting will be held April 26 at 9 a.m.

## > GET FISHING, FROM PG. 6

Corny said they were ice fishing on Rock Lake west of home one time and ran out of smelts so they dug into their lunch supplies and retrieved some wieners for bait. After a while, Corny had a fish slip his hook and, not thinking much of it, rebaited it with another wiener and continued to fish.

About 15 minutes later, there came a knock on their door. It opened and a guy from the neighbouring shack stuck his head in inquiring, "Are you

guys using wieners for bait? I just caught a jack with one in its mouth."

Now, if I may, I would like to give special thanks to certain folks who have been so good to the Manitoba Ice Fishing Association over the years.

First there is Mick Walsh and his gang at Selkirk's Canadian Tire. They have been just great to us with their donations of portable ice shacks, discount prices on augers, and now a fish flasher that we offer in our raffles.

Then there is Alana Waite, manager of Smitty's, who has given us room to hold our meetings and raffle draws. Finally, there are the wonderful people at the *Selkirk Record*, the *Express* and *Stonewall Teulon Tribune*, headed by Lana Meier and Brett Mitchell, who have always been there with MIFA, publishing articles encouraging folks not to litter around our Manitoba waterways and to promote the Manitoba fishing industry.

All you folks are just the best.

By the way, a few delightful longer fishing stories came my way. I'm going to play with them for a bit then pass them along. I think you'll like them.

Be good. See you soon.

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# SCI students explore Canada's unique heritage

By Natasha Tersigni

From Canada's military participation in the Second World War to the country's famous poutine, if it had to do with Canadian culture or history, there is a good chance it was on display during the Stonewall Collegiate first ever Canadian Heritage Fair.

Students from three SCI Grade 9 classes worked individually and in pairs to research a historic topic of interest on Canada's heritage. Students then created exhibits, similar to those of a science fair, and presented their projects last Thursday to a panel of six judges.

"There are a lot of really great projects and topics, and the students have been really excited to share it. There is everything from family histories to Canada's part in D-Day, Canada's response to Holocaust victims, how traditional Aboriginal medicine is used and even a display of women's hockey. "There is just such a wide variety pertaining to much of Canada's heritage," explained social studies teacher Colleen Voth, who organized the fair for the students.

"This fair is part of a provincial program that is run in high schools and middle schools across Manitoba and it is designed to highlight and to celebrate Canadian heritage and history. We brainstormed a variety of topics in class, and students were able to choose one of those or an idea of their own. Confederation was one of the big themes this year because it is Canada's 150th birthday. We encouraged

students to do something around that, but it was open to any topic related to Canada or with a Canadian connection."

The winners were chosen by the judges who were looking for students' understanding of the historical importance of their topic, their presentation skills, the depth of their research, and creativity and originality in which they presented it.

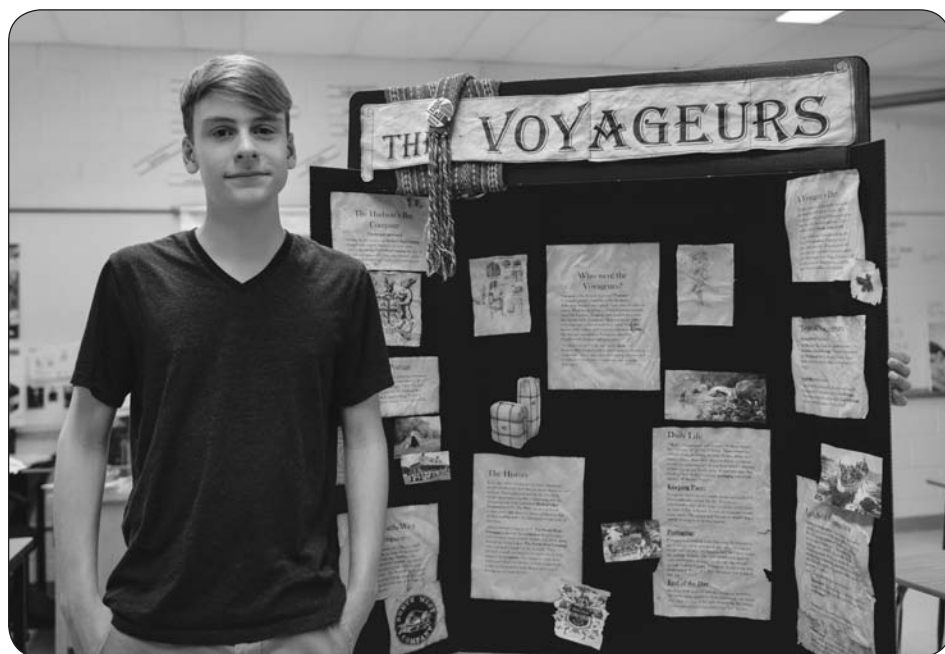
Ethan Enns earned first place for his project exploring Voyageurs during the fur trade.

"From the project, I learned the importance of what Voyageurs did and how it affected the settlement of Canada," said Enns.

"I chose this project because my family is heavily involved in Festival du Voyageur every year in Winnipeg and my family has relatives that were Voyageurs and French explorers that came to Canada."

Other Heritage Fair winners included Megan Humeniuk, who tied for second with Allison Price and Aries Skogan-McSherry. Humeniuk's project was on the history of women's hockey, while Allison Price and Aries Skogan-McSherry researched the Winnipeg General Strike of 1919. Robyn Bretcher received third with a project that profiled Second World War veteran and close family friend Anthony Baschak.

Voth and the students will now decide if the projects will be entered into the provincial Red River Heritage Fair being held May 4 in Winnipeg.

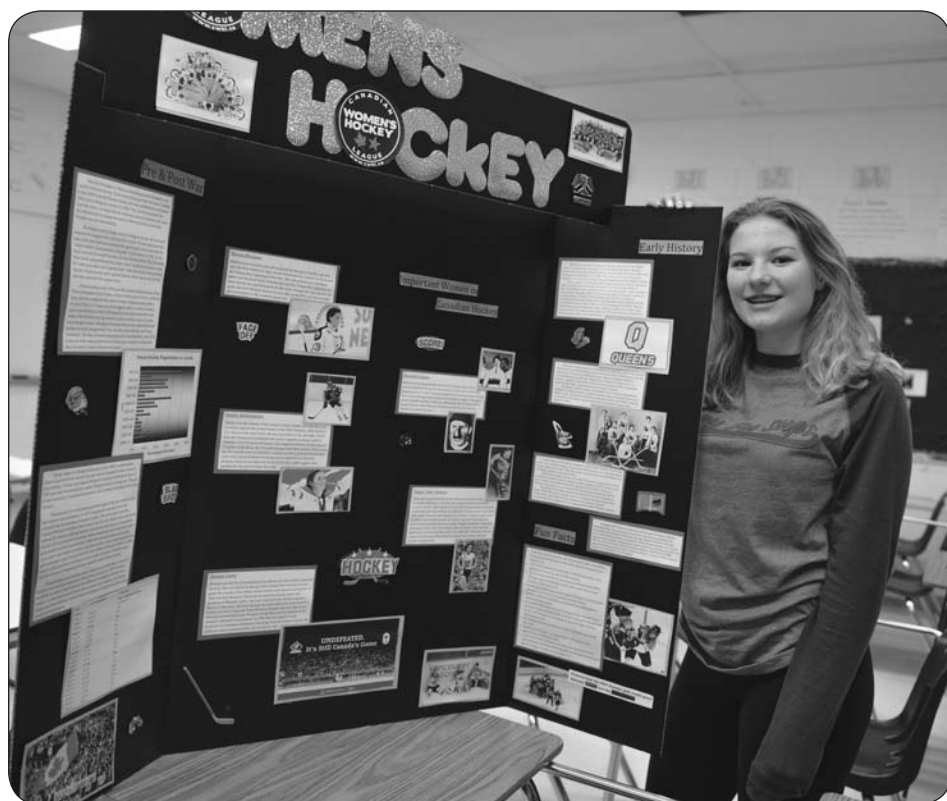


TRIBUNE PHOTOS BY NATASHA TERSIGNI

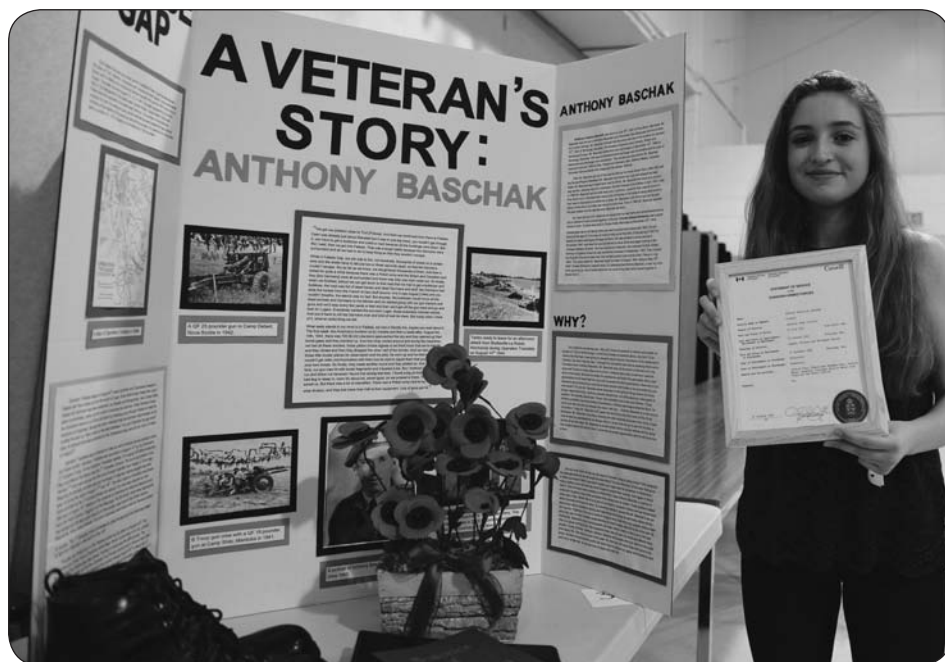
With his creative display and in-depth research for his project on The Voyageurs, Ethan Enns placed first in Stonewall Collegiate's first-ever Canadian Heritage Fair.



Allison Price and Aries Skogan-McSherry tied for second for their project on the Winnipeg General Strike of 1919.



Megan Humeniuk placed second for her display of women's hockey in Canada.



Robyn Bretcher placed third in the Heritage Fair for her research and display on Second World War veteran Anthony Baschak.



# Warren teen earns a top spot in watershed contest

By Jennifer McFee

A Warren teen is creating a ripple effect of positive results through her project to make the watershed healthier.

Rebecca Myskiw, a Grade 11 student at Warren Collegiate Institute, has earned a Top 10 spot in the Caring for Our Watersheds contest. Approximately 250 people applied for the contest, which involved writing a paper to explain what a watershed is as well as proposing an idea for a project to make the watershed a healthier ecosystem.

"I had the idea of hosting a paint night using natural paint," said the 17-year-old student. "Then, with the money raised, I would buy the natural paints for my school's art program."

Biology teacher Amanda Dion assigned the project to her agriculture class and ended up submitting 10 entries to the contest, earning the school \$100 from the environmental educational competition.

She's pleased to see Myskiw achieve a spot in the top, especially since it took plenty of work to reach that position.

"They have to do a lot of legwork and community outreach before they can even submit their project. She had to get a letter from the principal say-

ing she could do her project and she had to get a letter from the art teacher saying she would use the product. She had to get a letter from donors to provide the venue," Dion said.

"Then she also had to write a paper to explain why regular paint is so bad for the watershed and how natural paint is going to make a big difference. The project had to be something that's innovative that can be done within a year. It also has to be low budget and attainable."

Myskiw's project met the criteria and stood out as one of the best. Along with the other Top 10 finalists, she now needs to provide an oral presentation before a panel of judges at an April 29 event at Oak Hammock Marsh. During the dinner event, the judges will add together each competitor's marks from the written submission along with the marks from the oral presentation. Depending on their ranking, competitors will earn between \$300 and \$1,000 for themselves, and the same amount will be donated to their school.

To implement her project, Myskiw plans to host the paint night in the fall. It will be open to a maximum of 30 people, and all funds raised will go towards buying natural paints for the school's art program.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Rebecca Myskiw, a Grade 11 student at Warren Collegiate Institute, has earned a Top 10 spot in the Caring for Our Watersheds competition. Pictured with Myskiw, left, is her teacher biology teacher Amanda Dion.

# Golf season begins



TRIBUNE PHOTO BY MATTHIEU MEIER

The 2017 golf season started this past weekend with several courses opening around the province. Lucas Singh of Stonewall makes a putt at Bel Acres on Saturday. Temperatures were above normal hovering around 17 degrees C.

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# Commemorating the 100th anniversary of the Battle of Vimy Ridge

By Natasha Tersigni

Participating in Sunday's Manitoba Remembers Vimy in honour of the 100th anniversary of the Battle of Vimy Ridge event in Winnipeg was just a small taste of what Warren cadet Josh Schellekens will experience in less than a month.

Schellekens who has been a member of the Royal Winnipeg Rifles 2295 Royal Canadian Army Cadet Corps for six years, will be travelling with members of his Corps to France to join hundreds of cadets from across Canada in a memorial ceremony at Vimy Ridge in May.

The cadets are travelling to France to pay their respects and learn about the historical significance that the battle of Vimy Ridge played in Canadian history.

"We have been learning a lot about Canada's participation in the First and Second World Wars and especially the Battle of Vimy Ridge. To actually be there and have the opportunity to see the trenches where the soldiers fought will put the battle into better perspective for myself and the other cadets," said Schellekens, who added that only a few cadets from each Corps in Manitoba were chosen to attend based on their commitment to the program.

Tatiana Selk from Balmoral, also a cadet with the Royal Winnipeg Rifles 2295 Royal Canadian Army Cadet Corps, will be attending the trip to France as well.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Warren resident Josh Schellekens, left, joined hundreds of cadets from across the province in Winnipeg on Sunday for the Manitoba Remembers Vimy event. The event began with cadets and soldiers parading from Vimy Ridge Park down Portage Avenue to the Memorial Park at the Legislature. April 9 marked the 100th anniversary of Battle of Vimy Ridge, a historical battle that was a defining moment for Allies during the First World War and for Canada as a nation.

"It is an exciting opportunity and I am really looking forward to the trip and taking part in the ceremony,"

added Schellekens.

The trip to France will include a tour of the Vimy Ridge battlefield and the

Canadian National Vimy Memorial and a cultural tour of France and surrounding areas.

## The Cross of Courage

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In February 1997, two Winnipeg firefighters were killed and four others injured from battling a house fire in St. Boniface. They were searching for potential occupants on the second floor when suddenly a flashover of gases in the air burst into flames. Thankfully, no occupants were found, but tragically the firefighters lost their lives. Fire chief Jim Brennan in tribute to these men said, "It takes a hero to do that job, and those firefighters were doing their job."



In John 10:11, 18 Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. ... I lay it down of my own accord" (NIV). When I reflect on the arrest of Jesus in the garden of Gethsemane

and his subsequent crucifixion, I think about his heroic nature. Like these firefighters, it takes a strong character to be willing to risk your life for someone else. To willingly put your life on the line is not an easy thing. It takes courage. It takes compassion. It takes commitment. Jesus had all three. He had courage to face this difficult situation. He had compassion to save others. And he had commitment to fulfill his duty.

Jesus knew what awaited him: Emotional pain as he was betrayed and his disciples left him. Physical pain as the soldiers scourged and crucified him. Spiritual pain as he bore the sin of the world. Relational pain as he was forsaken by his Heav-

enly Father.

Jesus could have shrunk back in fear. And yet through his prayer in the garden he found courage to face his cross. Every step toward the cross was Jesus' own courageous choice. William Barclay writes, "Every step of these last days makes it clearer and clearer that Jesus laid down His life. ... Jesus died, not because men killed Him, but because He chose to die."

I encourage you this Easter season to join a church service and take the time to thank Jesus for his courageous death for you. He did it out of compassion for you and out of commitment to his Heavenly Father.

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# Be aware: blacklegged ticks are out in Manitoba

By Jeff Ward

A minor nuisance most years is a more serious health risk this year as the blacklegged tick is now reportable in Manitoba.

The blacklegged tick can potentially carry Lyme disease and has been gradually pushing its way into the Interlake. The ticks are the main carriers of pathogens and the bacteria that cause Lyme disease, and their numbers are growing.

Kateryn Rochon, University of Manitoba assistant professor of entomology, explained that wood ticks — also known as the American red dog tick — is common in the Interlake and that Eriksdale was a real sweet spot for her when she was collecting samples a few years ago.

Rochon said that the ticks aren't anything to be concerned about and don't have pathogens that can be transmitted to humans. This other species however, the blacklegged tick, can transmit to humans and have been moving north over the last few years.

"Their geographic distribution is expanding and they are moving north and west," said Rochon. "They are crawling into the Interlake and have been found in places like Narcisse and Ashern. These ticks are small, about the size of a poppy seed, and the nymphs are even smaller, so you need to check your body carefully."

Rochon said that a blacklegged tick needs to be attached to a human and feeding for at least 24 hours before infecting a human. Therefore, if one is found on a human, it's not a life-or-death situation. If you have been out-



The blacklegged tick can potentially carry Lyme disease and has been gradually pushing its way into the Interlake.

side, Rochon suggests to put clothing in the dryer because the heat will kill any hitchhikers or to take a hot bath or shower. Using products with Deet or Icaridin in them will also help repel ticks from latching on.

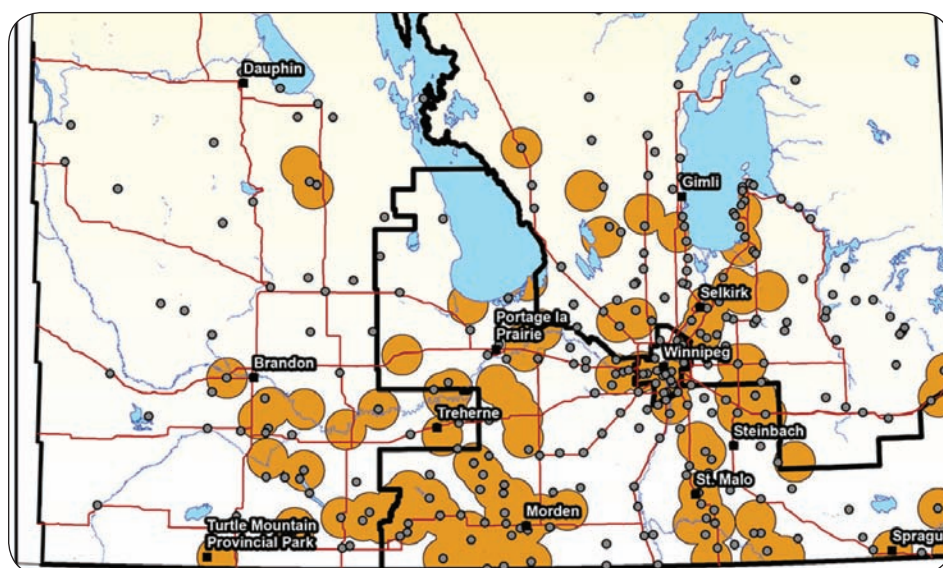
Rochon recommends wearing clothing that protects your skin such as long pants and sleeves and to avoid areas with dense vegetation. Rochon said that checking your pets, if they've been out, should also be routine during tick season.

"In this time of year, you should be always checking yourself for ticks and you should be thorough," said Rochon.

Lyme disease is a bacteria that can manifest in many symptoms including a rash, flu-like symptoms, jaw pain, and muscle and joint pain. The disease is treatable with antibiotics.

## Blacklegged ticks

Blacklegged ticks are parasitic ani-



TRIBUNE PHOTO VIA GOV.MB.CA

This map shows areas of Manitoba where blacklegged ticks that carry bacteria that cause Lyme disease can be found.

mals that are related to spiders. Blacklegged ticks cannot jump or fly. Instead, they seek hosts by climbing on vegetation such as grasses or shrubs and waiting for a host to rub against them. When this occurs, they climb onto the host's body and eventually attempt to attach and feed.

Blacklegged ticks feed by attaching their mouth parts to the skin of an animal (including humans) and drinking blood very slowly over a period of days. A tick bite is generally painless. As ticks feed, their bodies expand to accommodate the blood meal. This is called engorgement. If a blacklegged tick is infected with a tick-borne disease-causing agent, it can pass this infection along to its host during feeding.

Even if you are bitten by a blacklegged tick, the likelihood of disease transmission is not a certainty. First, not all blacklegged ticks are infected with disease-causing agents. Second, only nymph and adult stages can transmit infection (larvae need to acquire the disease agent(s) when feeding). And third, blacklegged ticks need time to prepare their bodies to significantly expand with blood and often do not start to feed for the first 24 hours after attaching themselves to a host. Therefore, transmission of the disease causing agents of Anaplasmosis, Babesiosis and Lyme disease typically require a minimum attachment period of at least 24 hours. This is why performing a tick check is so important.

## > COMMUNITY GRIEVING SAYS, FROM PG. 7

of the victims but multiple sources have confirmed it was husband and wife, James Gregoire, 43, and Nicole Rach-Gregoire, 41, along with Bill Wozney, 49.

Reports by the *Winnipeg Free Press* revealed that Rach-Gregoire, was a physiotherapist who worked for Wozney, the owner of Physiotherapy on the Red in Selkirk, and suggested that distress between the two over fraudulent insurance claims may have led to the events that unfolded in front of the couple's home.

The RCMP closed their investigation last Friday, stating that Gregoire and Rach-Gregoire were homicide victims while Wozney died of a self-inflicted gunshot wound.

"It's been very touching, very hard," Fiebelkorn said. "I don't really know what to say. The community is almost in disbelief this can happen in our quiet little community."

A funeral for the couple was held last Saturday in Grand Marais.

"For those of us that were there, there were neighbours, friends, relatives — everybody came together and celebrated their life under very, very bad circumstances," said Fiebelkorn how attended the funeral. According to their obituary, the couple had two children.

"I can say is my brother was an amazing brother, son, husband and dad. He will be extremely missed," said Gregoire's sister Rachelle Gregoire.

A YouCaring fund has been set up to raise money for the couple's children. By Monday afternoon, more than \$12,000 of their \$25,000 goal had been raised.

Facebook posts and messages left on Gregoire's and Rach-Gregoire's obituaries over the past week came pouring in last week, painting a picture of a couple that always brought a smile to the faces they met.

"Missing you both with be forever in our lifetime," read one post. "You were both always smiling! The laughs, the good times will be so fondly remembered though we have all been robbed of the many more memories that were yet to be."

THE ORIGINAL

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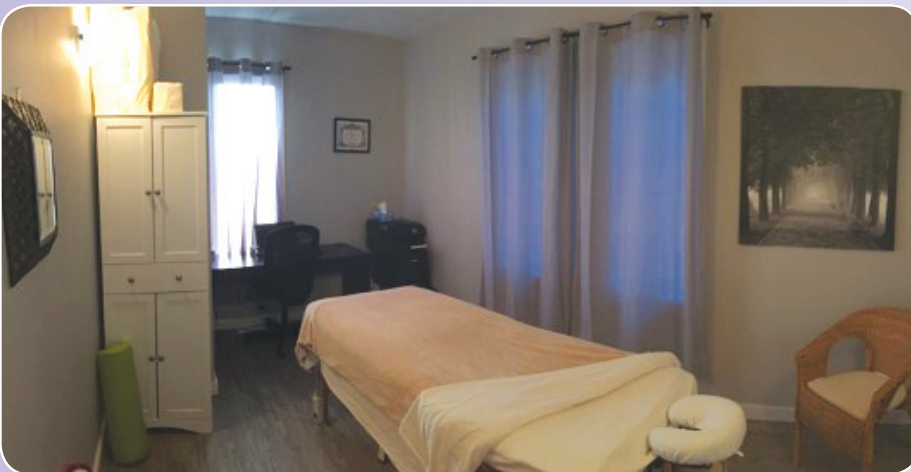
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# Pathfinder Massage Therapy



While preparing to write this segment, I asked someone for some pointers because I was struggling with what to write and she said something that popped out at me. She said "write about what massage means to you." I could definitely run with that!

Massage therapy is my passion and I believe with all my heart – my calling. Helping people is what I was created to do. At 42 years old, I went back to school and have not looked back! I started Pathfinder Massage Therapy in August, 2015 with every intention of focusing my practice on pre and post natal and infant massage. Within a month, I knew with certainty that while I would still work with pregnant women and infants, therapeutic massage was where I belonged.

When I think of massage therapy, I see a modality for healing, for wellness, for relaxation. An avenue for a comfortable pregnancy, a treatment for chronic pain and dysfunctions, a comfort to someone in the end stages of life, a way to relieve stress and anxiety. Did you know that massage can increase the levels of serotonin and dopamine – neurotransmitters that help elevate and stabilize your mood? If you suffer from anxiety and/or depression, I highly recommend getting regular massages.

Massage therapy benefits everyone. Physical benefits can include reduced muscle tension, improve circulation, reduce the stress hormone (cortisol), increase joint mobility and flexibility improve soft tissue injuries, lower blood pressure, break up scar tissue, help with labour pain and delivery, relieve chronic pain and much more.

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Sarah is a professional in the field of holistic nutrition whose focus is wellness education and private consultations. Sarah graduated from the University of Alberta with a Bachelor of Education and then went on to study holistic nutrition at the Canadian School of Natural Nutrition. Sarah takes a back-to-basics, common-sense approach to nutrition, and in this seminar, she will share with you how her experiences as an educator, consultant, and as a young mother have shaped her perspective on whole-food nutrition. You will be inspired as she outlines the challenges we face to experiencing optimal health, and showcases the immense power we all have, to take our health into our own hands. No charge for this event.

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Enjoy this monthly feature and watch for the next edition in the Tribune on April 13



# Your FARM



## Farmer plants seeds of knowledge about agriculture

By Teresa Carey

St. Andrews farmer Curtis McRae was at The Forks Market in Winnipeg last month for the annual Meet a Farmer event.

The event, sponsored by Keystone Agricultural Producers, aims to help people learn about agriculture without having to leave the city.

The event showcases the foods that are grown, raised and processed in Manitoba, with interesting displays and farm-related exhibits — offering information, contests, games, giveaways, recipes and hands-on fun, like making butter and milking an artificial cow.

McRae, whose family owns a 5,000-acre grain and cattle farm north of Selkirk, has a keen interest in educating people about agriculture. His favourite thing about taking part in

events like these, he said, is meeting with young people and answering their questions about farming.

"I love Grade 4 and lower students. They have no filters and ask a lot of questions. I had an eager group this time. It made me feel good," said McRae.

"People ask all kinds of questions. They want to know if the cows have names, some do and some don't. They are always amazed by how many seeds that we have to put in the ground. They just want to know if we're normal people."

McRae has also worked extensively with Agriculture in the Classroom to help bridge the urban/rural divide, regularly visiting schools to make presentations and participating in events

Continued on page 19



TRIBUNE PHOTO BY TERESA CAREY

Mixed farmer Curtis McRae feeds his cattle at his farm in St. Andrews. McRae has a keen interest in educating people of all ages about agriculture.



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# Woodlands School wins \$25,000 in School Contest

By Jennifer McFee

Woodlands School is abuzz with excitement after winning \$25,000 in technological products through a contest that recognizes environmental leaders.

At an assembly on Friday, April 7, students and staff learned that Woodlands School was one of 10 schools across Canada that won the sizeable donation through the Staples Superpower Your School Contest.

The feat is particularly impressive since more than 700 schools across the country entered the annual contest for their chance to win.

Mary Moniz of Torchia Communications explained the selection process that propelled Woodlands School to the top.

"There were 700 applications, which we narrowed down to 100 schools. From those 100 schools, a judging panel narrowed it down to the Top 10 across Canada," said Moniz, who is based in Toronto.

"We had one elementary school and one high school in five regions. So out of Western Canada, they were the only elementary school to win \$25,000, which is a huge deal. They have been wonderful to work with."

Creating quite a buzz, the eco-focused school's fully functional observational beehive allowed Woodlands School to stand out from the other competitors. The school's 110 students have the chance to learn about bees while monitoring hive activity. The school's pollinator revival program provides a first-hand understanding of the important role of bees and the threats to their well-being within a fragile ecosystem.

The school's application package highlights the significance of this project.

"This initiative resulted in a far-reaching student and community awareness that resulted in collaboration between schools and some mem-

bers of the community. This project now serves as a model and inspiration for other individuals and organizations that are interested in bee-keeping to support the environment," stated the application.

"In the future, the number of colonies will grow due to hive splitting, at which point the school will be able to harvest honey for consumption. For other pollinators, we also created a butterfly garden that will emphasize attracting monarchs this upcoming season. To enhance students' understanding of the importance of pollinators, several of our classes also grew and released butterflies this past summer."

Creating connections, the school acted as a hub for other students to learn about the environmental benefits of bees.

"To maximize the educational impact of the hive, our students collaborated online with students from another school division. The bee-related projects culminated with a visit by the collaborating school to meet in person, view the bees and ask questions," stated the application.

"The impact of the bees includes the environmental benefits of their pollinating activities on local crops, gardens and flowers as well as the legacy of increased awareness and interest from community members, some of which are now planning their planting specifically with the bees in mind."

In addition, staff and students remain committed to cleanliness by hosting an annual community litter cleanup. As well, the school's Green Team collected 17,153 plastic bags that they tied together with the goal of connecting with a nearby community to show students the magnitude of their collection efforts. Then the Green Team members delivered the bags and watched them be compacted into bale for shipping.

Woodlands School principal Ward



TRIBUNE PHOTO BY JO-ANNE PROCTER

Woodlands School won \$25,000 in technology through the Staples Superpower Your School contest.

Hrabi is pleased with the results and is looking forward to incorporating new technology.

"We're very excited. We'll be able to use the technology to help accelerate learning in our school and it's going to benefit our students," he said.

"It's great of Staples as corporate citizens to also fund this program, and it's nice to know that the work we're doing with bees is being recognized. It's innovative and we're even expanding the bee program. Eventually, we'll have kids working with directly with bees as well."

He has ordered two small hives with the intention of increasing the bee population on the rooftop. The following year, he hopes to put the hives on school grounds so that students can get suited up for some hands-on experience with the hives directly.

As part of the \$25,000 prize, each classroom will receive document cameras as an entirely new addition to the school.

"It connects to your laptop and it's a good way to display student work. A teacher can use it as an instructional

tool to project things onto a whiteboard using a smart projector. We'll be able to put a bee or any type of insect underneath the document camera and project it right up onto the whiteboard. It will be magnified for everybody to look at closely. Depending on the style of document camera, it will do video recording," Hrabi said.

"It's going to be a learning curve. We have Wi-Fi, in the building so we'll have a lot of different devices. Cameras are another thing that we're looking at doing so that students can do photo essays of things and show what they're learning in a different style with pictures as opposed to just words."

Based on a suggestion, Hrabi might also look into the possibility of getting a tiny camera to put inside the beehive to live stream videos to a YouTube channel.

"This is great news for us and we're very, very proud of it," he said. "We're very proud of our kids, and our school is always looking for ways to connect with the environment."

## > YOUR FARM, FROM PG. 18

that explain agriculture.

Interestingly, McRae has found little difference between urban and rural students' understanding about agriculture, a fact that surprised him.

"Generally, the students have a lack of knowledge about agriculture. Country kids are asking the same questions as city kids," he said.

"They ask questions like what is my No. 1 priority on the farm. I tell them it's running a safe farm: human safety, animal safety, and environmental safety. My next priority would be to have a fun place for the family to work."

McRae believes it is important that the average person gets educated about agriculture, since politicians take their lead from the voters. He also wants to dispel some of the common misconceptions the average person might have.

"You have to educate people so you have allies that understand what we are trying to do," McRae said. "The big thing I want to give people is critical thinking. I want them to ask themselves, 'Does that make sense?' The Internet is full of false stuff, for example, food safety and the techniques that we use to grow the food. If I, as

a farmer, didn't think it was sound, I wouldn't grow the food."

Some of the misconceptions people may have concern agriculture and the environment and misconceptions about corporate farming, to name a few.

McRae said that much misinformation about the effects of pesticides is widespread and stresses that every pesticide used on the farm has been safety tested. Another misconception is that many people believe that over-use of fertilizer is impacting the environment.

"Does it make sense to let fertilizer

run off the fields? Fertilizer is expensive. As a farmer, am I going to waste it?" he asked. "Agriculture isn't even listed in the Top 5 anymore when it comes to lake issues."

McRae explained that most farms are corporate farms but that it does not mean that they are large and impersonal.

"Ninety-five per cent or more of farms are corporate. A corporate farm can be a 10-acre farm," McRae said. "One reason to incorporate a farm is to pass it on to the next generation."

"It takes two lifetimes to build a farm," McRae added.



# Teulon-Rockwood celebrates with local firefighting heroes

By Jo-Anne Procter

A ball was had by all that attended the annual Teulon-Rockwood Firefighters Ball, which turned out to be the most successful to date.

Through the many sponsors — and generous donations of food, wine, prizes and a \$1,000 donation made by the Teulon Tractor Pull committee — the fire department raised just over \$20,000.

Each year, the department hosts the event to thank the community for their support. Last Saturday evening, the community gathered to celebrate with their local heroes at an evening filled with entertainment, prizes and a delicious turkey dinner catered by the firefighters themselves.

Twenty-four 18-pound turkeys were donated by Charison's Turkey Hatchery, and firefighters took care of the rest. They geared up in their food preparation suits to carve the birds, mash the potatoes and make the gravy for dinner.

Mayor Bert Campbell welcomed guests and introduced the team of firefighters one by one to an ovation from the crowd. As they stood in front of family, friends and the community, Campbell recited both the Fireman's Wife Prayer and the Firefighter's Prayer.

After dinner, Rod Campbell, president of the Teulon & District Game and Fish Association, officially presented Fire Chief Chris Dawson and the department with an Off Road Vehicle (ORV) rescue trailer that was designed by a committee of firefighters and built by Trailwood Enterprises in Inwood. Dawson explained that the association came to the fire department 18 months prior to the annual ball to suggest that there is a need to have a rescue device for any snowmobile or ATV accidents that may happen off road in difficult to access locations.

With the financial help of the association and some funds from last year's ball, the ORV, rescue trailer and medical equipment, that is worth approximately \$5,000 is a great addition to the rescue community in the Interlake since there has been an increase in quad and snowmobile accidents. It is designed for patient comfort and can

be converted for use with a snowmobile by changing the wheels for skis.

RM of Rockwood Coun. Lyle Willis presented Robin Halabicki with his 10-year service pin. Halabicki is a level 1 firefighter within the department, the treasurer for the firefighters association and the department's designated "Tech Geek."

Halabicki took over the microphone and did his annual presentation to share an inside look on what the department has been up to.

The 23 firefighters train every second and fourth Tuesday evening, as well as take specialized courses throughout the year.

"We managed over the last year to keep everyone the same, a full roster for a full year, and in doing so, we now have over 250 years of combined fire experience, and over half of the department has over 10 years experience," said Halabicki.

Halabicki stressed the importance of family to all members in the department. With the help of Ray Girardin from One Insurance and Dave Oakley at Rockwood Lumber, the fire department facilitated a program for students in grades 1, 3 and 6 for the last two years to provide information and smoke detectors for students to have installed in their bedrooms.

In 2016, the largest number of car accidents in the department's history was recorded. Halabicki said STARS has become a huge asset to the department.

Troy Pauls, a paramedic with STARS who has been on 250 missions, and Ray Grenkow, STARS pilot with 200 missions, attended this year's ball.

"It is without question we have had the help of STARS," Halabicki said.

"Both of these guys have touched the lives of the guys on the fire department and in turn touched everyone's lives. The members of STARS deserve applause. The future of patient care and our ability to help people will be our ability to work with these people (STARS)."

In closing, Halabicki thanked the community for their support throughout the year.

"When we walk in here, you all stand up and give us applause and it feels really good and it motivates us



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Rod Campbell, president of the Teulon & District Game and Fish Association, left, presents Chris Dawson, fire chief of the Teulon-Rockwood Fire Department, with an ORV rescue trailer that can be converted for use with a snowmobile by changing the wheels for skis to aid in the transferring of patients from off-road accidents.



Rockwood Coun. Lyle Willis, right, presented Robin Halabicki with his 10-year service pin.



Turkeys were cooked and carved by members of the department.

every year to go out and keep trying even when it sucks."

Dawson told the *Tribune* that funds raised from the evening will enable the department to continue to purchase specialty fire fighting equipment, which will enhance both the ability and safety for the department to service the community.

"There is discussion of purchasing a pair of Rapid Intervention Team (RIT) kits, which contain an extra SCBA tank, a face piece, air regulator and

tools. The kits are with the backup team of firefighters outside a building while an active crew is working inside," he said.

"The kit would be used to help firefighters who may have issues arise while on the scene. That may mean they are incapacitated, trapped, have air supply failure, etc.. The outside crew can quickly respond to their needs with the life preserving equipment in the kit."



Members of the Teulon-Rockwood Fire Department take a moment before dinner to listen to Mayor Bert Campbell recite both the Firefighters' wife and the Firefighters prayers.



# Judy Wasylycia-Leis to speak at Lakeside NDP event



TRIBUNE PHOTO TWITTER

By Natasha Tersigni

She was a member of the Manitoba Legislature Assembly for seven years, the Winnipeg North Member of Parliament for 13 years, and a prominent candidate during both the 2010 and the 2014 Winnipeg mayoral elections.

With her years of political experience serving Manitobans and representing the NDP, Wasylycia-Leis will be speaking at a Lakeside NDP Constituency Association event in Stonewall on April 25 regarding the current state of the provincial government.

While 2014's second-place finish in the Winnipeg mayoral race marked Wasylycia-Leis's final chapter in her long political career, she remains committed to the NDP and is often joined by her former colleagues at public events. Having spent years working in both federal and provincial politics, Wasylycia-Leis will be lending her knowledge on how cuts made by the Conservative-led provincial government will affect low- and middle-class Manitobans.

"She is an excellent speaker, very dynamic, and she is an excellent person to listen to. I have heard her speak several times and I have been very impressed. She has a lot of great ideas," said Lakeside NDP Constituency As-

sociation president Bill Massey.

"Her topic will be centred around the cuts that are being made by the provincial government. We think there is a lot of hardship that is being created for people that are in the lower and middle classes. That is where cuts seem to be directed at."

With NDP candidate Matt Austman receiving 18 per cent of the constituency votes during the 2016 provincial election, Massey is hoping this event will help raise awareness of the Lakeside NDP and bring new members out.

"We hope to raise our profile and let people know that we are out there. In the last election, we got over 1,300 votes, so there are definitely people in the constituency that support the NDP. We are trying to provide a platform for them to express their political views," said Massey, who added that you do not have to be a card-carrying member of the NDP party to attend the event.

"Anybody who wants to come and listen to Judy are more than welcome."

The event will be held at the Anglican Church's Parochial Hall in Stonewall on April 25 starting at 7 p.m.

## ParticipACTION 150: scooting into spring

By Natasha Tersigni

Sorry folks, if you are hoping to read about some ridiculous activity that I completed you are going to be disappointed. This week was dedicated to allowing the lactic acid to leave my muscles and to recover from mild hypothermia (this was a self-diagnosis) after my polar bear.

This week I attempted activity #109 Scootering. When I was 12 years old I mastered the scooter while on a family trip to Italy. My dad bought my brother and I both scooters, each around \$25 when we first arrived. For the next six weeks, that was my main mode of transportation, and I got pretty skilled at navigating over the cobblestones.

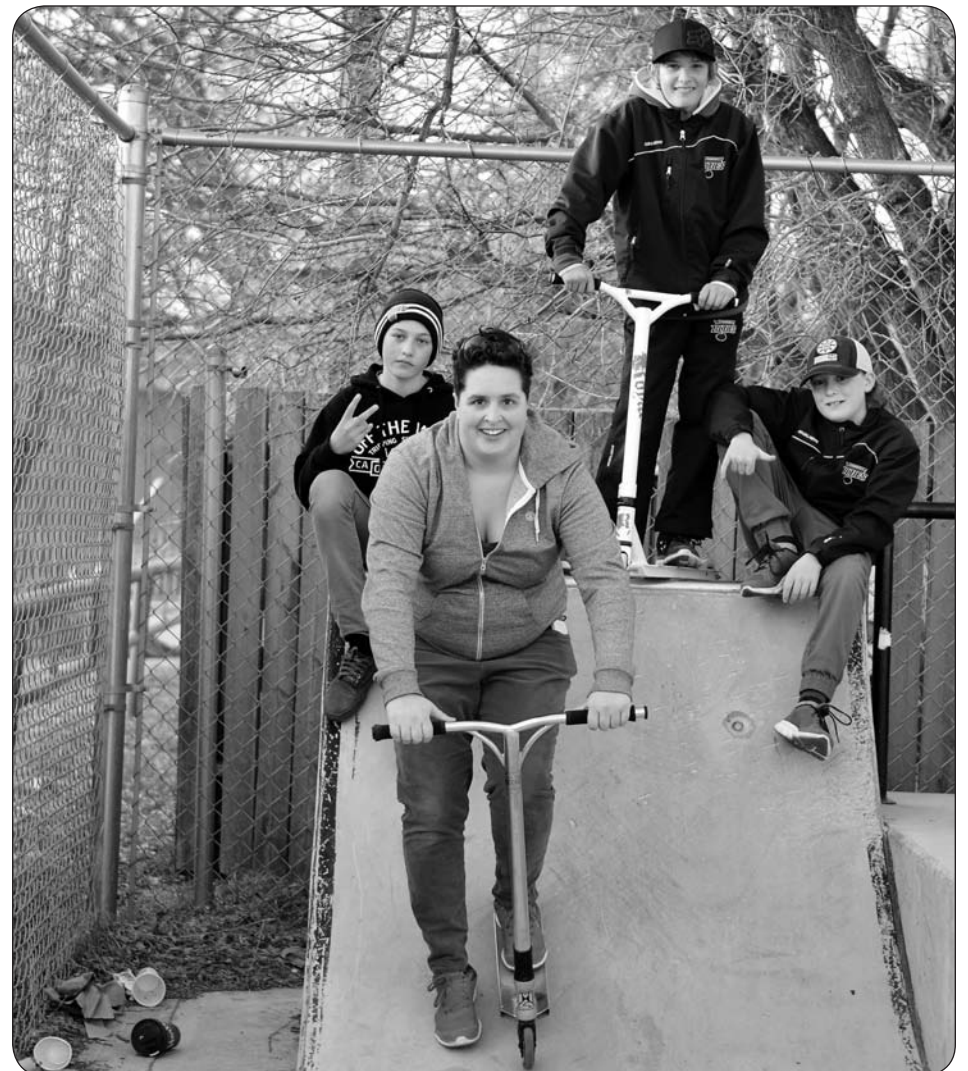
Flash forward a decade or so and scootering is not what it used to be. I met some very skilled youth at Stonewall's Youth for Christ outdoor skate park and watched in awe as they effortlessly grinded on rails, jumped stairs and landed 360s. Then came the offer to show off my skills. When I was handed a scooter and pointed towards the stairs; I exercised some

self-control and quickly shot down that idea.

These definitely were not like the scooters I had back in Italy. The scooters these boys were riding cost upwards of \$400, and you can easily tell why. The ride was smooth and they were light yet durable to take the impact of repeated jumps. With the help from Dylan and Nicholas LeClair and Carter Nesbitt, I stayed on the scooter long enough to complete the activity and not end up in the hospital emergency room.

If you are between the ages of 12 to 17 and looking for some fun Tuesdays and Thursday evenings between 7 and 9 p.m. that doesn't involve rolled ankles, then check out the indoor fun at the YFC drop-in centre. Last Thursday I was able to take in an action packed game of #52 Table Tennis.

As always, if you have an activity that I can join and cross off of my list please send an email to [news@stonewallteulontribune.ca](mailto:news@stonewallteulontribune.ca) and I will be there.



TRIBUNE PHOTO SUBMITTED

Thanks to the help from scootering experts, left to right Dylan and Nicholas LeClair and Carter Nesbitt, I was able to cross activity #109 Scootering off of my ParticipACTION 150 list.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Raiders, Jets clash in MMJHL final

By Brian Bowman

The Manitoba Major Junior Hockey League final between the Stonewall Jets and Raiders Junior Hockey Club is expected to be a hard-fought battle between two very good clubs.

And the two teams definitely showed on Sunday that this year's MMJHL final will be an exciting one.

"It's going to be tight and it's going to be a great series," said Jets' co-coach Matt Figur. "I can't see this series going four straight — it's going to be a battle right to the end."

The Raiders took an early 1-0 series lead in the best-of-seven final after a 2-1 road victory Sunday evening in Stonewall.

"It was a real tight game, back and forth," Figur said. "They had some good rest leading up to our series ... and they're a good hockey team. They're strong on the forecheck and they lock up the neutral zone well."

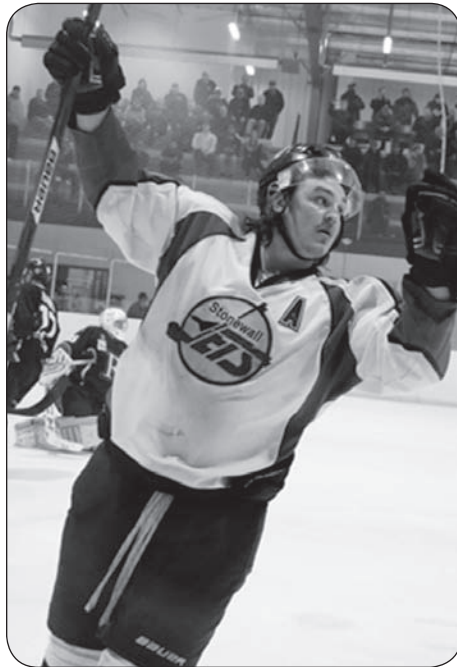
The Raiders' Dawson Anderson opened the game's scoring midway in the first period and then the visitors went up two goals as Devin Manness tallied midway in the third.

Jets' assistant captain Chase Faulkner made things interesting, however, when he scored a power-play goal at 14:10, assisted by Devin Muir and Andrew Bayduza. The goal was Faulkner's league-leading 17th of the playoffs.

The Raiders outshot the Jets 29-27 as Ryan Brown earned the win in goal.

Game 2 of the final was played Tuesday in Winnipeg but no score was available at press time. Game 3 is set for tonight at 7:30 p.m. in Stonewall while Game 4 is slated for Saturday (6 p.m.) at Seven Oaks Arena.

The Jets won their best-of-seven semifinal series with the Pembina Valley Twisters in six games after a



Jets' forward Chase Faulkner celebrates his third-period goal against the Raiders.

dramatic 4-3 double overtime win on April 5 in Morris.

"Those guys came to play as they had their backs to the wall," Figur said. "It was definitely an emotional up-and-down game."

Faulkner scored the game winner at 19:10 of double overtime — his third goal of the contest.

The Jets thought they had won the game at the end of the first OT when Muir wired a shot that found the back of the net but the officials ruled the goal came just after the final buzzer.

Faulkner forced the overtime when he tallied at 15:47 of the third. All three of Faulkner's goals were assisted by Muir.

After a scoreless first period, Pembina Valley's Matthew Haldey and Faulkner traded goals early in the second.



TRIBUNE PHOTO BY LANA MEIER

Hunter Ploszay makes a nice save during Game 1 of the MMJHL final against the Raiders Jr. Hockey Club on Sunday in Stonewall.

Kyle Doak gave Stonewall a 2-1 lead with a power-play goal at 6:40 of the middle frame but the Twisters' responded with goals by Alex Tetrault and Fraser Mirrless to lead 3-2 after 40

minutes.

Stonewall outshot Pembina Valley 68-62 as Hunter Ploszay earned the win.

## Hockey Manitoba makes changes to Novice program

Staff

Beginning in the 2017-18 season, hockey players in the Novice age category (seven and eight years old) will play on a modified ice surface — slightly over half the size of a normal hockey rink — until Dec. 31 each season.

Games after Dec. 31st within each hockey season may be played on a full ice surface.

Hockey Manitoba said this new format continues age appropriate modi-

Continued on page 23



**Come out to the Hangar and cheer on the 2016 MMJHL League Champions - Your Stonewall Jets**

**PLAY OFFS - FINALS**

**Stonewall Jets vs The Raiders**

**GAME 1 Sunday, April 9 - 7:30 pm @VMSC**

**GAME 2 Tuesday, April 11 - 7:00 pm @7-Oaks Sports Complex**

**GAME 3 Thursday, April 13 - 7:30 pm @VMSC**

**GAME 4 Saturday, April 15 - 6:00 pm @7-Oaks Sports Complex**

**IF NECESSARY**

**GAME 5 Tuesday, April 18 - 7:30 pm @VMSC**

**GAME 6 Friday, April 21 - 7:00 pm @7-Oaks Sports Complex**

**GAME 7 Sunday, April 23 - 7:30 pm @VMSC**



[www.stonewalljets.net](http://www.stonewalljets.net)



# Interlake smashes to wins at Maples tournament

## Staff

Interlake schools did some damage at the recent Maples Collegiate badminton tournament.

In men's doubles action, Teulon's Jake Ledochowski and Mark Shinnie defeated Cole Penner and Luis Rivamonte (Garden City) 21-17, 21-14 in the final.

Ledochowski/Shinnie beat Adam Rossow and Matt Wong (Vincent Massey) 21-7 in the quarter-final and then defeated Cyrus Brandt and Oliver Kampen (Steinbach) 21-11 in the semifinals.

Other quarter-final play saw Justin Marques and Russeth Lumbres (Garden City) defeat Ethan Lindsey Corbel and Justin Levesque (Stonewall) 21-11.

Stonewall's pairing of Rikki Frost-Hunt and Chris Wiebe were tops in the mixed doubles event, defeating Julia Tan and Daniel Liew (Vincent Massey) 25-23, 13-21, 21-19.

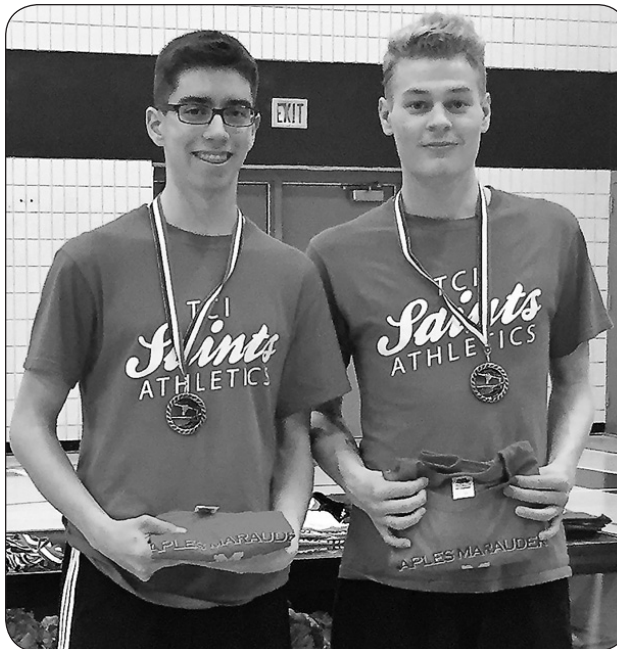
In the semifinals, the Rams' duo defeated Simran Pawar and Loc Nguyen (Garden City) 21-17. Quarter-final play saw Frost-Hunt/Wiebe beat Brittny Hill and Austin Spulnick (Teulon) 21-11.

The mixed doubles consolation final was won by Warren's Kaitlyn Holod and Austin Holod, who beat Lancelle Briones and Jurelle Masesar (Garden City) 21-16.

Teulon's Kailen Ledochowski, meanwhile, finished fourth in girls' singles after losing 21-15, 13-21, 21-12 Joedelle Gaspar (Maples) in the third-place game.

Ledochowski earlier downed Shae Mulvihill (Stonewall) 21-15 in the quarter-finals but then lost 21-15 to Rachel Bochinski (Linden Christian).

Gimli's duo of Carley Matkowski and Jayda Campbell reached the semifinals of women's doubles where they lost 21-17 to Dannica Faina and Paula Patiag (Daniel McIntyre).



TRIBUNE PHOTO BY MARIA SHINNE  
Mark Shinnie, left and Jake Ledochowski defeated Garden City in the men's doubles event.

In the quarter-finals, Matkowski/Campbell defeated Janessa Castillo and Lorraine Santos (Maples) 29-27.

Twenty schools competed at the Maples Collegiate tournament.

Meanwhile Ledochowski and Shinnie of the Teulon Collegiate Saints' badminton team were named on Tuesday the Tire Recycle Rural High School Athletes of the Week.

Ledochowski and Shinnie have had a great start to



TRIBUNE PHOTO BY KIM KERELCHUK  
Chris Wiebe, left and Rikki Frost-Hunt defeated Vincent Massey in the mixed doubles event.

the badminton season, winning the boys' doubles events at Carman, Maples and Stonewall tournaments.

"It is so easy to coach athletes like Mark and Jake that love the sports they play," said Saints' badminton coach Rod Ledochowski. "These two love badminton."

Both Teulon student-athletes are in Grade 12 and maintain a 90 per cent average. Jake Ledochowski also participates in cross-country, volleyball and track while Shinnie also competes in track.

# Badminton players burn up SCl court

## Staff

It was a long – and exciting – evening of varsity badminton action Monday at Stonewall Collegiate.

Over 140 badminton players competed in 300 games over the evening.

"It was a long night but there was some very good badminton being played for so early in the season," said Warren badminton coach Rene Co-

## > NOVICE PROGRAM, FROM PG. 22

fications into the Novice program with the Long Term Player Development model and philosophy as the fundamental basis for change.

Players at the Novice level, said Hockey Manitoba, require a continued focus on physical literacy while also beginning to develop some of the more advanced individual skills inherent in the game.

By moving from cross-ice at initiation to half-ice at Novice, the size of the ice surface increases in accordance with the increased size of the players.

"This modified ice will continue to provide players with an environment that is more inclusive, competitive and conducive to skill development through puck touches and puck control,

meault in an email.

"I would say that Zone 5 and Interlake 21 have never looked so strong."

Warren Collegiate's Emalia Sinclair was the girls' singles champion on Monday, defeating Stonewall's Brielle Cara in the final.

Sinclair also won the junior varsity singles tournament at College Louis Riel last Saturday.

Stonewall's Sarah Fines and Loren Proven beat

shots, passes completed, transitions, decision making, puck support, overall involvement...and fun," said a release on Hockey Manitoba's website.

"In addition, with the creation of the new Development Zone, kids will have up to 40 per cent more ice time during games."

Hockey Manitoba believes these modifications will benefit every player as they grow in the sport.

"We will do everything we can to support players, coaches and administrators with a well-structured, consistent program," said Hockey Manitoba. "We ask members, parents and hockey fans alike to approach this new progressive concept with an open mind to allow our young players to learn, develop and enjoy the game."

Warren's Alex Chester and Grace Goodman in the girls' doubles final. Chester and Goodman won the girls' junior varsity doubles event at College Louis Riel last weekend but played up with varsity on Monday.

Meanwhile, Austin Spulnick and Brittny Hill from Teulon won the mixed doubles competition over a team from Miles Macdonell.

It was an all Stonewall final in boys' singles competition as Chris Wiebe defeated Scott Yeo.

Boys' doubles action saw Teulon's Mark Shinnie and Jake Ledochowski defeat a team from Miles Macdonell in the final.

## INTERLAKE MINOR HOCKEY ASSOCIATION

Interlake Minor Hockey Association is currently accepting applications for the following

## coaching positions

for the 2017-2018 season:

- AA Bantam Male
- AAA Bantam Male
- AAA City Midget Male
- AAA Provincial Midget Male
- AAA Bantam Female
- AAA Midget Female

Email all applications to  
interlakeminorhockey@hotmail.com

Closing date is April 27, 2017





# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Argyle Curling Club wraps up season



TRIBUNE PHOTOS BY BRUCE BUCHANAN

The Argyle Curling Club held their annual wind-up last Saturday with 100 guests attending the barbecue dinner and year-end awards. The ladies' league ended in a tie between the Virginia Crockatt team and Jennifer Silvani team while the Ken Yule rink won the men's league. Left photo, pictured left to right: Barb Crockatt, Pam Crockatt, Virginia Crockatt, Jennifer Silvani, Kim Rutker and Edith MacMillan. (Missing from the photo is Susan Grandmont and Suzanne Otte). Right photo: Murray Last, Ken Yule and Jeff Slatcher. (Missing is Gerry Martin and Zack Fenske).

## Blizzard beating Terriers in MJHL final

By Brian Bowman

The OCN Blizzard are two victories away from winning their first Manitoba Junior Hockey League championship since 2003.

OCN blanked the Portage Terriers 6-0 Sunday night on the strength of goals from former Interlake Lightning Kevan Daniels-Webb, Jeremy Dumont, Tristan Elle (two), Daylon Campbell and Kyle Wiltshire.

Brett Epp posted the shutout.

The Blizzard started the series with a dominating 8-3 home win on Saturday evening.

Former Selkirk Steelers' forward Victor Knaub had three assists in the game while Daniels-Webb added a second-period assist.

The first Blizzard shot of the game found the back of the net as Elie beat Terriers' goalie Kurtis Chapman.

Brady Valiquette made it 2-0 before the Terriers' Mackenzie Dwyer potted a power-play goal with just three seconds left in the opening period.

Elie and Portage's Jeremy Leipsic traded goals and then the Blizzard took a 5-2 lead as Campbell and Brayden Dale tallied.

OCN's Brady Keeper, Campbell and Elie scored in the third while Spencer Kuhlman replied for Portage.

Game 3 of the series was played last night (no score was available) while Game 4 is slated for tonight in Portage.

If necessary, Game 5 is set for Sunday in OCN, followed by Game 6 next Wednesday in Portage. If the series goes a full seven games, the decisive game will be played April 22 at OCN.

## Interlake schools to compete in high school ringette tournament

By Brian Bowman

The North Winnipeg Ringette Association is hosting its annual Manitoba High Schools Ringette Championship from April 18-23 at the beautiful Seven Oaks Arena in Winnipeg.

An estimated 400 players will participate in the tournament – many of whom have never played ringette before. Those players will represent 20 schools, including Selkirk and Stonewall.

"Generally speaking, they've usually had about 12 schools and last year they bumped it to 16 because of de-

mand," said Al Gowriluk, media relations person for the Winnipeg Ringette League.

Twenty-five schools applied to enter the tournament this year but only the first 20 were accepted.

Many athletes who play ringette in this tournament for the first time continue the sport into their adult life, said Gowriluk.

"It gives the players a chance to play alongside some players that they normally don't play with," he said. "There are some girls that have never played ringette before and they play in this

tournament. They usually play high school hockey or community club hockey.

"But once they play in this tournament, they come back into the Winnipeg Ringette League into the Open Division and play there for life."

Years ago, ringette's recruitment campaign centred on young girls around seven or eight years old. That's not the case anymore, said Gowriluk, as older females are playing the sport for the first time.

"For some reason, they did not go the ringette route (at a young age) but

once they see (ringette) and what a fast sport it is (they want to continue with it)," he said.

The Selkirk Royals will play Garden City next Tuesday (3 p.m.), Portage on Wednesday (6:45 p.m.), and Stonewall April 21 (4 p.m.).

Stonewall's other games are against Garden City April 19 (3 p.m.) and Portage next Thursday (5:15 p.m.).

Playoffs will begin April 22 and the tournament will wrap up on April 23 with the bronze-medal game at 1:30 p.m., followed by the championship game at 2:45 p.m.



# get inspired

> MEAL IDEAS

## Slow cooker pork roast and veggies



6-8 servings / 8 hrs 20 min

Prep 20 min / Cook 8 hrs

Ingredients

- 3 each large carrots and parsnips, peeled and cubed
- 3 cloves garlic, minced and divided
- 1 onion, sliced
- 2 tbsp (25 mL) chopped fresh parsley
- 2 tsp (10 mL) canola oil
- 1 tsp (5 mL) each dried oregano and dried basil leaves
- 1 tsp (5 mL) fennel seeds, crushed
- 1 tsp (5 mL) smoked paprika

THE Marketplace  
AT STONEWALL 467-8469

1/2 tsp (2 mL) fresh ground pepper  
1 boneless pork loin roast, trimmed, about 800 g

3/4 cup (175 mL) sodium reduced vegetable broth

1 tbsp (15 mL) tomato paste

Directions

Combine carrots, parsnips, garlic, onion and parsley in slow cooker.

In a small bowl, combine oil, oregano, basil, fennel, paprika and pepper. Rub all over pork roast and place on top of vegetables.

Whisk together broth and tomato paste and pour around roast onto vegetables. Cover and cook on Low for 8 hours or on High for 4 hours or until pork and vegetables are tender.

Remove roast to cutting board and let stand 10 minutes before slicing. Serve with vegetables and slow cooker juices.

## Pulled Pork Soft Tacos



Prep time: 8 hours, 35 minutes

Servings: 6

For pork:

- 2 pounds boneless pork loin roast
- 2 tablespoons brown sugar
- 1 tablespoon ground ginger
- 2 garlic cloves, smashed
- 1 small white onion, coarsely chopped

1/2 cup orange juice

2 limes, cut in half

For tacos:

- 1/2 cup nonfat sour cream
- 1 teaspoon cumin
- 2 scallions, trimmed and chopped
- 12 soft corn tortillas (6 inches each)

1 1/2 cups shredded reduced-fat Colby Jack

1 bag (8 ounces) shredded red cabbage

3/4 cup fresh salsa

Trim excess fat off roast. In small bowl, combine brown sugar and ginger; rub generously over roast. Place in slow cooker with garlic, onion and orange juice; cook on low heat 8 hours (or high 4-6 hours.)

Transfer pork to large bowl and shred with forks. Strain pork liquid from slow cooker and pour over pulled pork to moisten. Squeeze lime juice on top and mix well. Divide into 12 servings.

In small bowl, mix together sour cream, cumin and scallions.

Cover each corn tortilla with 2 tablespoons cheese; microwave 20 seconds. Top with pulled pork, 2 teaspoons sour cream mix, 1 1/2 tablespoons shredded cabbage and 1 tablespoon salsa. Fold and serve immediately.

## Antidepressant stigma



"ALTHOUGH THE WORLD IS FULL OF SUFFERING, IT IS ALSO FULL OF THE OVERCOMING OF IT."

HELEN KELLER

Many people suffer from depression, which may range from mild to debilitating. It may be the result of life circumstances, hormonal influences, or the individual's body chemistry.

Some mild depression requires no treatment. It goes away on its own. Situational depression may lift when action is taken to change the circumstances that are contributing to the problem.

When depression is deeper, or more long lasting, that is when it can interfere with the quality of life. Some turn to drugs or alcohol. Others feel sad all the time, and lose interest in the things they used to enjoy. Relationships can be affected.

In severe depression the individual may not even want to get out of bed, neglect personal self-care, or even be-

come suicidal.

There are common sense things that can be done to help alleviate depression. Getting exercise, eating healthy foods in normal amounts, getting a good night's sleep and avoiding negative people all help.

Seeing a therapist is also advisable, and some individuals require anti-depressant medication. In some cases it is true that a combination of therapy and medication together work better than either one alone.

Unfortunately some are reluctant to consider medication because they feel there is a stigma attached to having to take medication. I tell my clients it is no different than a diabetic having to take insulin. A depression with biochemical attributes is neither the person's fault, nor is it a weakness.

If you are someone who requires this medication, do not be hard on yourself. If you are someone who has never been depressed, or required such medication, be supportive of those who require it. Do not make jokes about anti-depressants because there is a good chance someone in the room is taking them.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on FaceBook for daily inspiration.



Prep time: 15 minutes

Cook time: 30 minutes

Servings: 16

Crust/Topping:

- 1 cup all-purpose flour
- 1 cup old-fashioned oats
- 1/2 cup packed light brown sugar
- 6 tablespoons unsalted butter, melted

Filling:

- 1 jar (15.5 ounces) Glazed Small Sliced Carrots
- 1 egg, beaten
- 1/4 cup granulated sugar
- 1 teaspoon pumpkin pie spice or ground cinnamon

1 teaspoon vanilla extract  
Heat oven to 350 F.

In large bowl, combine flour, oats and brown sugar. Add butter; stir to coat. Reserve 1/3 cup for topping. Press remaining mixture evenly into bottom of 9-inch square baking pan lined with aluminum foil, if desired. Bake 10 minutes, or until lightly browned and set.

For filling, place carrots and liquid in food processor or blender container; puree until smooth. Transfer to medium bowl. Add egg, sugar, pumpkin pie spice and vanilla; stir until well combined. Pour over baked crust.

Sprinkle carrot mixture evenly with reserved crumbs. Bake 30 minutes, or until knife inserted near center comes out clean. Cool completely on wire rack. Refrigerate until firm.

Cut into 16 squares. Refrigerate leftovers, covered, for up to 3 days.

## Raspberry-Strawberry Yogurt Smoothie



Prep time: 5 minutes Servings: 4

- 1 cup low-fat vanilla yogurt
- 1 cup unsweetened frozen raspberries
- 1 cup unsweetened frozen strawberries
- 3/4 cup low-fat milk
- 1 cup ice (about 12 cubes)

Blend all ingredients in blender until smooth. Serve immediately.

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# Classifieds

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**Tribune**

Book Your Classified Ad Today - Call 467-5836 or Email [igraphic@mts.net](mailto:igraphic@mts.net)

## METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## RECYCLING

Father & son looking for scrap cars & trucks for recycling. Call for immediate removal of one or multiple vehicles. Cash paid. Free removal of loose scrap. Call Dave 1-204-688-8781, Stonewall.

## APARTMENT FOR RENT

Age 55+ Apartments Inwood Seniors Lodge - bachelor & 1 bdrm. suites, RGI & capped rent, meal program & activities on site. Call Tina for more info 204-278-3534 or email: [inwoodm@highspeedcrow.ca](mailto:inwoodm@highspeedcrow.ca)

## ROOM FOR RENT

Shared accommodations in furnished home in Komarno. 15 minutes north of Teulon, 45 minutes from the city. Must like cats. For rent ASAP. \$500/mo. Close to lakes. Ph 204-886-3380 (home) or text 204-886-8661.

## HOUSE FOR RENT

House for rent in the Town of Teulon, newly renovated, 2 bedroom, fridge & stove included, within walking distance to Main Street, \$700/mo. utilities extra. Please call Lynne at 204-467-5527 for further information or email [granthamlaw.lynne@mts.net](mailto:granthamlaw.lynne@mts.net)

## HOUSES FOR SALE

Will design & build your home, your way! Small Faces Home Construction. [www.smallfaces.ca](http://www.smallfaces.ca) or call 204-295-2866.

## HOUSES FOR SALE

Immediate possession available. 1638 sq. ft. RTM. 2.5 baths, cathedral ceiling, island kitchen. \$189,000. Floorplan online at [wgiesbrech-thomes.ca](http://wgiesbrech-thomes.ca). Custom builds also available. Call 204-346-3231 or email [wilbert@wghomes.ca](mailto:wilbert@wghomes.ca) for more information.

## HELP WANTED

Stonewall Tire is currently accepting applications for Service Truck Tire technicians. Tire technicians will be required to repair, install and balance tires, provide on-site and remote services to customers, assist the mechanics as required, and generally provide exceptional customer service. We are a full service tire shop offering complete mechanical repair, as well as mobile farm repair. To be successful in this role, you must have manual dexterity, excellent coordination, the ability to build constructive working relationships with other shop and office employees, and a desire to provide exceptional customer service. Previous experience would be an asset. If you have a valid driver's license, are able to lift loads up to 100 lbs. and are looking for your next exciting opportunity, please reply to this ad with your resume and salary expectations or drop resume off at 377 1st Street east Stonewall. Email [Stonewalltire@mts.net](mailto:Stonewalltire@mts.net) or call 204-467-5595.

SHOP LOCAL - SUPPORT LOCAL



## THE RURAL MUNICIPALITY OF ROCKWOOD PUBLIC HEARING 2017 FINANCIAL PLAN

In accordance with Section 162(2) of The Municipal Act, the Rural Municipality of Rockwood shall hold a **PUBLIC HEARING** to present the 2017 Financial Plan for the Municipality at:

6:30 p.m.  
Wednesday, May 3, 2017  
Council Chambers

The Rural Municipality of Rockwood  
Administration Building - 285 Main Street  
Stonewall, Manitoba

The purpose of the **PUBLIC HEARING** is to allow any interested person to make representation, ask questions, or register an objection in respect of the Rural Municipality of Rockwood 2017 Financial Plan.

Information and documents concerning the 2017 Financial Plan and the procedures to be followed at the **PUBLIC HEARING** are available for review at the Municipal Office, Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m.

Chris Luellman, CMMA  
Chief Administrative Officer  
The Rural Municipality of Rockwood



## RURAL MUNICIPALITY OF ST. LAURENT PUBLIC NOTICE

Public Notice is hereby given pursuant to Section 162(2) of The Municipal Act that the council of the Rural Municipality of St Laurent shall hold a **PUBLIC HEARING** to present its 2017 Financial Plan on:

Thursday, May 11, 2017  
7:00 p.m.

at the  
MUNICIPAL CHAMBERS

(located in the St. Laurent Recreation Centre)

At this time Council will present the proposed 2017 financial plan for the municipality.

The presentation will provide an overview of the proposed financial plan followed by a forum for questions and comments from the public. The purpose of the hearing is to allow any interested person to make a presentation, ask questions or register an objection.

Copies of the Financial Plan are available, once completed, upon request at the Rural Municipality of St Laurent Municipal Office, 16 St. Laurent Veterans' Memorial Road, in St Laurent, Manitoba.

Dated this 27th day of March, 2017

HILDA ZOTTER  
Chief Administrative Officer  
Rural Municipality of St Laurent

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## HELP WANTED

P/T - F/T bar & restaurant server required; also looking for casual P/T sous chef for restaurant. Call Sheri at Rockwood Motor Inn 204-467-2354.

Personal care attendant (female) required to care for a female young adult in her home in Grosse Isle. HCA certificate and valid driver's license are required. Experience as a rehab aide is a definite asset. For more information, call 204-461-2150.

## ADVERTISE IN THE TRIBUNE

### Hip or knee replacement?

Other medical conditions that lead to **Restrictions in Walking or Dressing?** The disability tax credit allows for a:

**\$2,000**  
Yearly Tax Credit  
**\$40,000**  
Lump Sum Refund and Rebates  
**For Expert Help**  
**204-453-5372**

Home care attendant needed for self-managed program. Certificate preferred. Call 204-467-5140 for details.

Canadian Taxpayers Federation is seeking District Sales Managers in Manitoba. We fight for lower taxes, less waste, accountable government. Salary + commission. Resumes to: [rcunningham@taxpayer.com](mailto:rcunningham@taxpayer.com). More info call 1-800-667-2933 or visit [www.taxpayer.com](http://www.taxpayer.com)

Receptionist wanted for Saturday's 9-3. Position available immediately. Drop off resume at Stonewall Hair & Tanning Source.

## R.M. OF WOODLANDS PUBLIC HEARING



## REGARDING THE 2017 FINANCIAL PLAN

In accordance with Subsection 162(2) of The Municipal Act the Council of the Rural Municipality of Woodlands shall hold a **PUBLIC HEARING** to present the 2017 Financial Plan for the Municipality on

April 27, 2017 at 6:00 P.M.

Rural Municipality of Woodlands Municipal Office  
57 Railway Avenue, Woodlands

The Rural Municipality of Woodlands 2017 Financial Plan consists of:

- 1) 2017 Operating Budget
- 2) 2017 Capital Budget
- 3) an estimate of the operating revenue and expenditures for the following fiscal year (2018), and
- 4) a five year Capital Expenditure Program (2018-2022)

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions, or register an objection in respect of the Rural Municipality of Woodlands 2017 Financial Plan.

Information and documents concerning the 2017 Financial Plan are available for review after **April 13, 2017**, Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m. at the Municipal Office at the corner of Main Street and Railway Avenue in Woodlands, Manitoba.

Adam Turner, CMMA  
Chief Administrative Officer  
RURAL MUNICIPALITY OF WOODLANDS



## THE RURAL MUNICIPALITY OF ROSSER PUBLIC HEARING

## 2017 FINANCIAL PLAN

In accordance with Section 162(2) of The Municipal Act the Council of the Rural Municipality of Rosser will hold a **PUBLIC HEARING** to present the 2017 Financial Plan for the Municipality at:

7:00 P.M.

Wednesday, MAY 03, 2017  
ROSSER MUNICIPAL OFFICE

The Rural Municipality of Rosser 2017 Financial Plan consists of:

- 1) the 2017 Operating Budget,
- 2) the 2017 Capital Budget,
- 3) an estimate of the operating revenue and expenditure for the 2017 fiscal year, and
- 4) a five year Capital Expenditure Program (2018-2022).

At this time the Council will present the proposed 2017 financial plan for the Municipality. The presentation will provide an overview of the proposed financial plan followed by a forum for questions and comments from the public. The purpose of the hearing is to allow any interested person to make a representation, ask questions or register an objection.

Copies of the proposed financial plan are available upon request at the Municipal Office, 77 E PR 221 in Rosser, Manitoba during regular office hours Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m.

Beverley Wells, CMMA  
Chief Administrative Officer  
Rural Municipality of Rosser



# Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email [igraphic@mts.net](mailto:igraphic@mts.net)

Stonewall Teulon  
**Tribune**

## HELP WANTED

Grain farm seeking full time farm equipment operator/general farm labourer. Must have a valid driver's license. Must have farming experience (combines, swathers, sprayers, etc.). Position will include the safe and efficient operation, repair and trouble shooting of farm machinery. Must be able to perform physical duties and work long hours during peak times. This is a unique opportunity for the right individual who must be proven a self-starter, honest, reliable and able to work effectively in an unsupervised environment. References are required. Wage or salary are dependent upon experience and negotiated at time of interview. Located south of Dauphin, email resume to [mdewar16@hotmail.com](mailto:mdewar16@hotmail.com)

**REMEMBER YOUR  
LOVED ONES IN THE  
TRIBUNE**

## Sales Closers Needed

Industry leading company looking for experienced sales representatives. Leads provided with full training and support. \$1,500+ weekly income potential. We are currently expanding in the Manitoba Marketplace  
For apt. contact Leo at  
1-204-296-5551

## HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: [CareerStep.ca/MT](http://CareerStep.ca/MT) or 1-855-768-3362 to start training for your work-at-home career today!

Barn Manager. Life-long horse experience mandatory to care for 40 horses. Located in Winnipeg. Call Laurie at Meadow Green Stables at 1-204-471-6404.

## BOOKKEEPING

Prairie Bookkeeping offers bookkeeping solutions to small business 204-998-4789.

**NEWS TIPS?  
CALL  
204-467-5836**

## Farm Help Wanted

Farm help operating and maintaining farm equipment.  
Experience in operating modern equipment an asset.  
Class 1 driver's licence an asset.  
Class 5 required.  
Seasonal and full-time positions available.

**Call 204-365-0321  
or 204-365-0364**

## INCOME TAX

Prairie Bookkeeping offers personal & small business income tax preparation. Certified to efile with CRA. 204-998-4789.

**REMEMBER YOUR  
LOVED ONES WITH  
A MESSAGE IN THE  
TRIBUNE**

## BUSINESS OPPORTUNITY

Winnipeg Frame Shop & Gallery. Profitable family owned business. Over 25 years same leased mall location. Includes all modern equipment and leasehold improvements. \$99,900 plus inventory at cost. Call 204 754 8725 for more info.

**Book Your  
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Today**

Call 467-5836  
or Email  
[igraphic@mts.net](mailto:igraphic@mts.net)



## THE RURAL MUNICIPALITY OF ROCKWOOD 2017 PARK MAINTENANCE AND GRASS CUTTER INVITATION FOR PROPOSAL

The Rural Municipality of Rockwood is seeking proposals for park maintenance and grass cutting at the following Parks located in Stony Mountain:

1. Kelpin Park – 63 Walker Street
2. Gerry Ducharme Memorial Park – 78 Gulay Street
3. Bedrock Park – 29 Bedson Drive
4. Cenotaph – 133 Memorial Boulevard (Corner of Memorial & Prince)

- Contractor to supply own equipment and fuel
- Lowest or any proposal not necessarily accepted
- Contract period would be for the 2017 season

**Proposal Close: 4:00 pm local time, on Wednesday, April 19, 2017**

Detailed proposal packages complete with specifications are available to interested applicants on the RM of Rockwood Website or at the Municipal Office, between the hours of 9:00 am to 4:30 pm, Monday to Friday. Any questions or concerns can be directed to:

Ian Tesarski, C.E.T., Director of Operations  
285 Main Street, Box 902, Stonewall, MB, R0C 2Z0  
[www.rockwood.ca](http://www.rockwood.ca)  
Phone: 1-204-467-2272

## RURAL MUNICIPALITY OF WOODLANDS EMPLOYMENT OPPORTUNITY

### #1 YOUTH EMPLOYMENT OPPORTUNITY

The Rural Municipality of Woodlands is accepting applications for 2 Summer Youth Positions. Positions shall commence July 4, 2017 until August 26, 2017. Eligible employees must be students or unemployed youth aged 16 to 29. A valid driver's license is required. The successful applicants shall be responsible for the following:

- Mowing, trimming, landscaping of municipal properties
- Assist with grounds maintenance and some painting
- Maintenance of equipment
- Installation of culvert markers

Applications must be in writing and may be sent to the attention of the Finance Manager, Rural Municipality of Woodlands, Box 10, Woodlands, MB. R0C 3H0 or delivered to 57 Railway Avenue, Woodlands, MB. Applications will be accepted until 12:00 noon May 6, 2017.

### #2 YOUTH EMPLOYMENT OPPORTUNITY

The Local Urban District of Warren in partnership with the Warren Park Development Committee is accepting applications for 1 Summer Youth Position. Position shall commence June 26, 2017 until August 31, 2017. Eligible employees must be students or unemployed youth aged 16 to 29. The successful applicants shall be responsible for the following:

- Mowing, trimming of town properties
- Assist with grounds maintenance
- Landscaping
- Maintenance of equipment
- Maintenance at Warren Park

Applications must be in writing and may be sent to the attention of the Finance Manager, Rural Municipality of Woodlands, Box 10, Woodlands, MB. R0C 3H0 or delivered to 57 Railway Avenue, Woodlands, MB. Applications will be accepted until 12:00 noon May 6, 2017.



**Classified booking deadline is Monday at  
4 p.m. prior to Thursday's publication.  
Call 467-5836**



## Stonewall & District Lions Manor F/T MAINTENANCE PERSON REQUIRED

Under the direction of the General Manager the Maintenance worker will coordinate and assist with inspecting, maintaining, cleaning and repairing the Lions Manor building & grounds, suites, equipment and fixtures. Coordinate & supervise tradesman. Organize & assist with work orders. Communicate with and service tenant concerns in a respectful manner. Possess a working knowledge of carpentry, plumbing, electrical, & HVAC systems. Be familiar with building maintenance & operations, preventative maintenance programs and health & safety protocols. **Please send your resume to 622 Centre Ave, Stonewall MB R0C 2Z0 with salary expectations. E-mail [manager@stonewallmanor.ca](mailto:manager@stonewallmanor.ca) Fax 467-2198**

## RURAL MUNICIPALITY OF WOODLANDS EMPLOYMENT OPPORTUNITY

### SEASONAL EMPLOYEE, 2 POSITIONS OPERATOR 1

The Rural Municipality of Woodlands invites applications for the position of Operator 1 Seasonal Employee. The Operator 1 reports to the Public Works Foreman.

#### Summary of Position:

The Operator 1 is responsible for operating a variety of light equipment and vehicles in performing a variety of labour tasks in constructing, maintaining and repairing the municipal infrastructure.

#### Specific Duties and Responsibilities:

- Operates all-wheel tractor, crawler and mower
- Cuts grass on roadsides, parks and cemeteries
- Installs and repairs culverts
- Installs and repairs signs
- Hauls and spreads gravel
- Assists with surveying
- Performs minor repairs and maintenance to equipment and vehicles
- Performs other related duties as assigned

#### Working Conditions:

- Seasonal
- Working hours set as per weather conditions
- Must be able to handle moderate physical tasks as some heavy lifting may be required
- Use of safety goggles, gloves, and safety shoes and clothing may be required to operate specific equipment

#### Education, Skills, Abilities, Knowledge and Experience Required:

- Graduation from a Senior 4 (Grade 12) High School Program or an equivalent combination of training and experience
- Training in operating construction and maintenance equipment
- Experience in surveying an asset
- Experience in road construction and maintenance
- Ability to work with minimal supervision
- Knowledge of safety procedures and of the use of safety equipment
- St. John's Ambulance Course
- Ability to work as a member of a team
- Good communication and interpersonal skills
- Class 1 driver's license with air brake endorsements or willingness to obtain
- Clean Drivers Abstract

Salary as per the agreement between The International Union of Operating Engineers Local 987 and the Rural Municipality of Woodlands.

Persons applying should submit letter of application, including a current driver's abstract, on or before 4:30 p.m. local time Friday April 28, 2017.

R.M. of Woodlands, Personnel Committee  
Box 10, Woodlands, MB R0C 3H0  
Fax: (204) 383-5169 Phone: (204) 383-5679  
Email: [finance@rmwoodlands.ca](mailto:finance@rmwoodlands.ca)

*We thank all candidates for their interest, however, only candidates selected for interviews will be contacted.*



## NOW HIRING!

Teulon Golf & Country Club is looking for responsible, highly motivated, team oriented individuals for the upcoming golf season. We are currently accepting resumes for all positions.

**Interested in Free Golf!!!  
Become a Course Marshal.**

Please EMAIL your resume. All resumes will be reviewed, however only candidates we see fit for the job will be contacted. You will be contacted to set up an interview.

Email [teulongc@mymts.net](mailto:teulongc@mymts.net)  
Attn Shawn Coe  
Director of Golf Operations



# Classifieds

Stonewall Teulon  
**Tribune**

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**HAVE A NEWS TIP?**  
**CALL 204-467-5836**

## **McSherry Auction Service Ltd**

### **AUCTION SALE THE ESTATE OF CHARLES MOLINSKI**

**Saturday April 29th @ 10:00 am**

**Beausejour, MB**

**North 13 Miles on Hwy 12 Then East 6 Miles  
On Hwy 317 Then South 2 Miles on Woodrow Rd  
Then East ¾ Mile Then South 1/8 Mamocha Rd #317  
Contact # Kyle (204) 213-0320**

Property RM of Lac Du Bonnet NW ¼ 32-14  
- 9E, Approx. 11 Acres Yard Site Bungalow  
1266 Sq Ft w Full Basement & Attach Garage,  
10 Farm Buildings \* Tractors & Crawler Vers.  
160 Bi Directional 3 PH Hyd. w S.L. FEL \* INT  
Super WD6 Hyd \* INT TD6 Crawler w FEL \*  
MF 245 HL 3PH 1985 Hrs. \* Ferguson TE 20  
3PH 540 PTO w FEL \* MH 30 \* INT W6 \* Log  
Grapple \* Haying & Misc Equip McKee 1578  
RD Baler \* MF Square Baler \* Sickle Mower  
\* Side Del Rake \* NH 513 Manure Spreader  
\* 3PH 5' Finishing Mower \* Grain Equip  
Cockshutt Combines \* Cockshutt 20' Tandem  
Disc \* Cockshutt 20' Deep Tiller \* Cockshutt  
22' Cult \* Cockshutt 15' Discer Seeder \* JD  
Plows \* Co op Swathers \* Auger \* Trailers  
& Vehicles 08 8' Flat Deck & Trailer \* 04 20'  
Tandem Flat Deck \* 71 Ford 500 w 14' B & H  
\* 80 GMC 500 w 15' B & H \* 70's Ford F700  
w HyHoe Backhoe Attach \* 56 Ford F700  
Tandem w 14' B & H \* 2) 56 Ford F350 w B  
& H \* 61 Ford Meteor Montcalm Convertible  
\* 72 Ford Meteor \* 99 Chev Malibu \* 05  
Montana Passenger Van \* 85 Dodge Ram Van  
\* Recreation 07 Polaris 6x6 500 \* 95 Polaris  
Explorer 400 \* AL 17' Boat Johnson 90 HP  
w Lund Trailer \* 3) AL Boats \* 95 Rustler  
22' 5th Wheel Camper \* 80's Jayco BH 21'  
Camper \* 2000 Skidoo Grand Touring 600  
Rotex Reverse \* 2) 70's Ski Doo 440 TNT \*  
300 TNT \* 69 Ski Doo Nordic 399 \* 2) merc  
Outboards \* 13 Guns \* 8'x10' Walk In Cooler  
\* Jiffy Ice Auger \* Camping & Fishing Items \*  
Tools & Misc Danmare 7000 lb 4 Post Hoist \*  
New Hobart Welder/10,000 Wat Generator \*  
5 HP Upright Air Compress\* 36" Metal Lathe  
\* Drill Press \* AC/DC Welder \* Older Metal  
Lathe 90" Bed \* Table Saw \* Chain Saws \*  
Tire Changer \* Power Tools \* Air Tools \* Hand  
Tools \* 10' x 20' Carport \* 16' x 20' Storage  
Shed \* Honda 2200 Generator \* Home Repair  
\* Farm Equip Parts \* Various Tires \* Ariens  
Zero Turn R Mower \* Motomaster 16HP R  
Mower \* Antiques Grader on Steel \* Tandem  
8' Disc \* Case Threshing Machine \* Cream  
Separator \* Steel Wheels \* Oak Buffet \* Oak  
China Cabinet \* Various Household \* Partial  
List Go To Web!

**Stuart McSherry - Stonewall, MB**  
**(204) 467-1858 or (204) 886-7027**  
**[www.mcsherryauction.com](http://www.mcsherryauction.com)**

#### **MISCELLANEOUS**

New 12'x12' L-shaped maple shaker espresso kitchen \$3900. Cappucino 33" bath vanity with soft close \$250. Granite 25"x84" tops for \$175 each. Fehr's Cabinet Warehouse 1-800-758-6924.

#### **MISCELLANEOUS**

Hardy tree, shrub, and berry seedlings delivered. Order online at [www.treetime.ca](http://www.treetime.ca) or call 1-866-873-3846. New growth guaranteed.

**SHOP LOCAL**

## **McSherry Auction Service Ltd**

### **AUCTION SALE ALMA WENZOSKI LATE TED**

**Sat April 22nd 10:00 am**

**Beausejour, MB**

**East 12 Miles on Hwy 44**

**Then North 2 Miles on Hwy 214**

**Then 25 Yards West on Buchan Rd #6**

**The Farm is Sold So Everything Sells to the Highest Bidder!**

**Contact # (204) 268-1792**

JD 4250 Cab 3PH Duals 5,868 Hrs \* JD 4040 Cab 540/1000 w JD 148 FEL Duals, 10, 200 Hrs \* JD 6620 Combine 2,530 Hrs \* 84 GMC 7000 Dsl w 16' B & H \* NH 1090 18' Swather \* JD 10' Offset Disc \* Wilrich 2500 24' Cult \* Int 5500 18' Chisel Plow \* JD 8350 24 Run Seeder SA GA FA \* JD 3600 6B Plow w \* Farm King 50' Harrows \* JD 930 Moco 12' Disc Bine \* JD 535 Rd Baler \* NH 1033 Auto Bale Wagon \* JD 3PH Hyd 9' Blade \* More Equip, Livestock Equip, Farm Misc., & Tools \*

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**(204) 467-1858 or (204) 886-7027**  
**[www.mcsherryauction.com](http://www.mcsherryauction.com)**

## **McSherry Auction Service Ltd**

### **ACREAGE PLUS MEAT EQUIP AUCTION SALE ADOLF & SANDRA GUT**

**Sunday April 30th @ 11:00 am**

**Beausejour, MB**

**7 ½ Miles East on Hwy 44 #5252**

**Contact # (204) 268-4316**

Tractors & Equip Int 966 Cab 540/1000 Dual Hyd. 18.4, 38 Duals Approx 7000 Hrs. \* JD 530 Auto Tie RD Baler \* 2) NH 56 Side Del Rakes \* 32' Hay Trailer \* Int 45 18' Cult \* Coop 14' Deep Tiller \* MF 880 6 B Plow \* 45' Hyd Diamond Harrows \* Westfield Hyd Tailgate Drill Fill \* Farm King 6" x 36' Auger \* Farm King 11' Hyd Auger \* Livestock Equip NH 353 Mix Mill \* Roller Mill Mounted on Mix Mill \* Lewis Cattle Oiler \* 6) 12' Corral Panels \* 5 RD Bale Feeders \* 3) Metal Bunk Feeders \* Portable Fresh Grass Chicken Cages \* Saddle & Bridle \* Meat Cutting Equip 2 Meat Band Saws \* Butcher Boy Mixer Grinder \* Meat Grinder \* Berkel Tenderizer \* Digital Scale w Printout \* \* SS Cutting Table \* 60 Roller Hooks \* Along w Farm Misc \* Some Tools \*

**Stuart McSherry - Stonewall, MB**  
**(204) 467-1858 or (204) 886-7027**  
**[www.mcsherryauction.com](http://www.mcsherryauction.com)**

#### **MISCELLANEOUS**

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, leasing & financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, Mb. 1-888-685-3127.

#### **WANTED**

Wanted: old tube audio equipment. 40 years or older. Amplifier, stereo, recording and theatre sound equipment. Hammond organs, any condition. Call toll-free 1-800-947-0393.

#### **WATER TREATMENT PRODUCTS**

New Waterite water softeners, 30,000 grain/\$550. All sizes avail. Reverse osmosis systems, \$220. Undersink water systems, \$75. Paterson iron removers/\$500. Greensand iron odour removal systems, \$700. Ecoli ultraviolet systems, \$290. All Seasons Furnishings 204-661-8581.

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LOVED ONES  
WITH A MESSAGE IN THE  
TRIBUNE**

## **McSherry Auction Service Ltd**

### **CONSIGNMENT AUCTION**

**Saturday Apr 15th @ 10:00 am**

**#12 Patterson Dr., Stonewall, MB**

TRUCKS, TRACTORS, TRAILERS & VEHICLES  
97 Freightliner w 25' Flat Tilt Deck \* 95 Int 4700 w A/C, 20' Cube Van \* 89 Ford F Cube Van \* 82 Dodge Rampage \* Estate Car 06 Lincoln LS 145 145,000 KM Sft \* Int 1586 4403 Hrs \* Ford 9030 Bi Directional FEL 3PH 8249 Hrs Good Rubber \* Ford 1715 MFWA 3PH FEL, 1520 Hrs. \* JD 750 MFWA 3 PH w Allied 180 FEL 1924 Hrs. \* EQUIP Case IH 8312 12' Disc Bine \* NH 1049 Gas Auto Bale Wagon \* NH 2332 Disc Bine \* PMI PR 1511 Rd Baler \* 3 PTH Back Hoe Attach \* 2) 3PH Rotor Tiller 1) 80"2) 48" \* 3PH Flail Mower \* 3PH Wood Chipper \* Farm King Finishing Mower \* Sovema 48" Roto Vator \* 3PH 2B Plow \* 3PH 4' Cult \* Skid Steer Dozer Blades \* Roller Mill \* 72" Fork Extensions \* Skid Steer Hyd Trencher \* Bucket \* Grapple \* Bale Forks \* NEW CANOPY BUILDINGS & BUILDING SUPPLY 30'x65'x15' \* 20'x30'x12' \* 8'x10' Green House \* Trusses \* Scissor Trusses \* White Steel Cladding - 44 Sheets \* TOOLS & Misc Tool Cabinet - 12 Drawers \* Work Bench \* Shop Press \* 8800 LB Two Post Auto Lift \* Tire Changer \* Wheel Balancer \* Chain Hoist \* Pipe Bender \* Porter Power Kit \* Welder \* Drill Press \* Air Compressor \* More Tools \* Farm & Shop Misc \* Wrought Iron Driveway Gates (1 Set) \* Snow Blower \* Yardman R Mower \* Rear Tine Tiller \* 8 Guns \*

**Stuart McSherry - Stonewall, MB**  
**(204) 467-1858 or (204) 886-7027**  
**[www.mcsherryauction.com](http://www.mcsherryauction.com)**

#### **HEALTH**

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail [stonewoodelk@hotmail.com](mailto:stonewoodelk@hotmail.com)

Canada Benefit Group - Attention Manitoba residents: Do you or someone you know suffer from a disability? Get up to \$40,000 from the Canadian Government. Toll-free 1-888-511-2250 or [www.canadabenefit.ca/free-assessment](http://www.canadabenefit.ca/free-assessment)

#### **FARM PRODUCE**

Local honey for sale. Sold in various sizes, 1 kg. & up. Call 204-461-1267.

#### **LIVESTOCK**

Charolais yearling bulls for sale. \$2500. Good birth weights. Call John at 204-383-0308.

Polled Salers bulls on farm & at MB Test Station. BW from 77 lbs. Strong growth and maternal milk traits. Semen tested, guaranteed. Can deliver. Ken 204-762-5512.

Red & Black yearling & 2 yr. old Angus bulls for sale. Will semen test. Delivery avail. Also for sale Mammoth Jack donkey. Call Wayne 204-383-5802 or 204-383-0100.

#### **FARMLAND**

For sale - 518 acres, fenced, power, well, corrals. 6 miles West of Teulon on 415. Call 204-461-1610.

#### **HAY**

Round hard core bales of alfalfa, brome & timothy. Horse & cattle hay avail. Ph 204-467-5078 or 204-461-0722.

#### **McSherry Auction**

##### **Consignment Auction**

Sat, April 15, 10:00 AM

Tractors \* Equip \* Vehicles

\* Trailers \* & More!

Consignments Welcome!

##### **Estate & Moving Auction**

Sunday April 23, 10:00 AM

12 Patterson Dr.

Stonewall, MB

(204) 467-1858 or

(204) 886-7027

[www.mcsherryauction.com](http://www.mcsherryauction.com)

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our news team?**

Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

**Call 204-467-5836**



# Announcements

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**Don't forget  
to send your  
special wishes  
to your friends  
and family.**

**Stonewall Teulon  
Tribune**

Call 467-5836 or  
email [igraphic@mts.net](mailto:igraphic@mts.net)

## ANNOUNCEMENT

### BIRTHDAY



If you see this girl  
around town or at school  
be sure to wish her a  
Happy Birthday  
on April 12th

-Love,  
Allan, Nathan, Matt and Scotia

## ANNOUNCEMENT

### ENGAGEMENT



**Sigurdson - Bruce**  
Greg and Alana Bruce along with Brent and  
Kathy Sigurdson are pleased to announce the  
engagement and upcoming marriage of  
Kirsten Bruce and  
Christopher Sigurdson.

Please join us in celebrating with them. A Wed-  
ding Social will be held at the Gimli Rec Centre  
on April 29th and a community Bridal Shower  
will be held at 2 p.m. at the Minerva Hall in  
Gimli on April 30th. For social tickets contact  
204-461-2831.

## ANNOUNCEMENT

### IN MEMORIAM



**Roy Plumptre**  
March 6, 1933 - April 13, 2014  
Dad/Grandpa,

Even though you are no longer with us,  
Memories keep you near

-Love always,  
Darlene, Mike and Sam

## ANNOUNCEMENT

### IN MEMORIAM

**Enid Coburn**  
April 10, 2015 - April 10, 2017

We think of you so often Mum,  
And every time we do;  
You can be sure we're thinking,  
Of yesterday and you.

-Remembering you with love,  
Kelly, Ryan, Shannon, Shawna  
and families

**Book Your Classified Ad Today**  
Call 467-5836 or Email [igraphic@mts.net](mailto:igraphic@mts.net)

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**Tribune**

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ANNOUNCEMENT  
TODAY**

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- OBITUARIES •
- IN MEMORIAM'S •
- NOTICES •
- BIRTHS •
- ANNIVERSARIES •
- MARRIAGES •
- ENGAGEMENTS •
- THANK YOUS •

Booking deadline is  
Monday at 4 p.m.  
prior to Thursday's  
publication.

Stonewall Teulon  
**Tribune**

Call  
467-5836

**CANADA DAY 150** South Interlake-West



**VOLUNTEER MEETING**  
**All Welcome!**

Monday April 24th, 7PM  
L.U.D Office in Warren

We are still in need of at least 30 volunteers for this regional celebration!

i: Call Kelly at 461-4040 or Renée at 299-7390

**Teulon Rockwood**  
Recreation Commission

**EMPLOYMENT OPPORTUNITY**  
Recreation Facility & Grounds Attendant

The Teulon-Rockwood Recreation Commission is seeking  
qualified people for the position of Recreation Facility Attendant  
at the facilities that are run by the recreation commission.

The successful applicant's responsibilities will include but are  
not limited to grounds and facility maintenance, performing  
routine maintenance on equipment, maintaining campground  
facilities, collecting camping fees, event set up and take down.

This is a term position with possibility of permanent  
employment. Must be able to work evenings and weekends  
and have a valid driver's license.

**Resumes need to be submitted by 4:00pm on April 21, 2017:**

Teulon-Rockwood Recreation Commission  
[teulonrockwoodrec@gmail.com](mailto:teulonrockwoodrec@gmail.com)  
Box 69, Teulon, ROC 3B0



Classified booking deadline is Monday at  
4 p.m. prior to Thursday's publication.  
**Call 204-467-5836**



# Announcements

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**Tribune**

## OBITUARY



**Kevin Appleyard**  
December 2, 1962 – April 5, 2017

In the arms of his wife and sons, and surrounded by his family we announce the passing of an amazing Husband and Dad, Kevin Appleyard at Health Science Centre, after a short but very courageous battle with Cancer.

Kev is survived by me, Ali his devoted wife of 28 years and our pride and joy, his reason for living and fighting as hard as he did, our sons Conner and Dru and Jenny, whom he loves like a daughter, and his new puppy Rosco. Also left to mourn his loss, is his mother Pat as well as his three brothers Wayne (Cyndi), Larry (Lindy), Vernon (Darlene); his sisters-in-law, Emmy (David), Daisy (Chris), Linda (Wayne), Debbie (Jamie) and their families; as well as his brothers-in-law Teddy (Elaine), Dicky, Johnny (Shelia), Dennis (Shirley) and their families and also numerous aunts, nephews,

nieces and friends. Kev was predeceased by his father Don, his twin brother Keith at birth and Lyn his younger brother in 1993, as well as his mother and father-in-law Etola and Theodoros Bakkum, and also his pups Finny and Lucky.

Kev and I met in 1987 at my sister's wedding and it was the beginning of our love story. We married two years later and had Conner in 1989 and Dru in 1990. We lived in Stonewall for two years and then he surprised me with our home in Stony where we still live today. He was an amazing carpenter and taught the boys the art of construction. He, along with his sons and family built our deck and table area composed of a one of a kind, self supporting umbrella that is a topic of conversation to all who visit. Hunting and fishing was Kev's other passion, which he passed on to his boys, it didn't matter if it was partridge, goose, deer or moose that they were going for it was always about the time spent together. The three of them had gone on numerous adventures and had great conversations that made the three of them best friends. The fishing trips they went on, whether it was the fly-in trips or the ones where they slept in the truck just to get into that one special lake are memories that will carry us through.

Kev was an extremely hard worker with exceptional mechanical aptitude. He was the go to guy in the family and seemed to know how to, or would attempt to, fix, improve or replace almost anything. He loved to work with, and was a very skillful heavy equipment operator. Kev along with Conner and Dru ran a very successful backhoe and trucking company. In addition to his backhoe business Kev was co-owner of Westside Plaza with his brother Larry at the time of passing. At 9 a.m. Monday to Friday you knew where Kev would be, having coffee with his brothers and "being an armchair general manager" of the Winnipeg Jets. Kev was best of friends with his three remaining brothers. Kev loved to play hockey and was an exceptional player but it was coaching both of his sons that he was most proud of. The boys say he had the best speeches between the 2nd and 3rd periods.

We had many great times as a family and also with extended family. From our annual fishing and camping trips, to Thanksgivings at the Whiteshell for a bit more fishing and hunting to tide us over till ice fishing started. Also, of course, the impromptu bonfires where the best conversations were had. Kev was amazed and often commented how surprised and very happy it made him that his boys still wanted to hang out with him.

It was Kev's wishes that there be no funeral, a private family gathering will be held in his honour.

In lieu of flowers, if so desired, please donate in Kev's name to The Canadian Diabetes Association or Cancer Care Manitoba.

Thank you to our families for coming together and supporting us through this difficult time. Special thank you to Vern for his pharmaceutical expertise, to Dr. Graham and the Nurses at Stonewall Hospital, to Dr. Wong and Linda at Cancer Care, to all the Doctors and Nurses at HSC, especially Dr. Mohammad Zarrabian and to Ken Loehmer.

"At 10 pm I will look at the stars, night babe, love you."

*kl*  
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## OBITUARY

**Linda Emily Vineham**

Suddenly after a lengthy illness on March 30, 2017, Linda Vineham aged 67 years, passed away at her home.

Surviving to mourn her is her sisters, Elaine Lamirande of Winnipeg, and Marian Logan of Teulon. Numerous nieces and nephews.

She was predeceased by her parents, Albert and Florence Vineham, sister Irene and both sets of grandparents, and aunts and uncles.

Linda was born in Hunter Memorial Hospital in Teulon and lived in Gunton with her family until age 18. She worked and lived many places and settled in Winnipeg in later years.

A private family interment will take place at Windsor Cemetery at a later date.

## OBITUARY

**Selma Margret Bjork**

December 22, 1914 – March 25, 2017

Peacefully, on Saturday, March 25, 2017, Selma Bjork, age 102 years, formerly of Teulon, passed away at Red River Place in Selkirk. She was predeceased by her father Elov in 1940, mother Fredrika in 1961, sister Mary in 1921 and brother Charlie in 2003.

Selma spent most of her life on the family farm, west of Teulon. In 1973 she and her brother Charlie retired into Teulon. After Charlie's passing she lived there on her own until she was 99 years old. Selma will be remembered for her joy of life and her ability to put a humorous spin on all of life's challenges. We will miss her.

Funeral service was held on Saturday, April 1, 2017 at 1:00 p.m. at the New Life Church in Teulon. Interment followed at the Norris Lake Cemetery.

If friends so desire donations may be made to the Teulon Hunter Memorial Hospital Foundation, Box 89, Teulon, MB, R0C 3B0.

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## OBITUARY

**Helen Skogan**

October 17, 1921 – January 13, 2017

I am very lucky to come from a family of storytellers. I guess, more accurately, it is a family of memory-tellers. Every family dinner that I can remember would end up with everyone around the table reminiscing about people they used to know; places they used to visit; old stories that would still make everyone laugh.

In writing my Grandma's obituary, I sat down and thought about all of the stories and all of the memories. Here's one that stands out for me.

Years ago, when my Grandpa was sick, I went home to spend time with him and Gram. We talked a lot about "the old days". Which prompted my Grandpa to put his arm around Gram and say: "We had fun. We had a (colourful language) good time". He said this knowing that his cancer was not going to go into remission

this time; knowing that their days together were limited.

I left there in tears. Sad ones, mixed with happy. Because I had the privilege of witnessing people who were still deeply in love after 58 years of marriage, and still having fun together.

And it's a memory I bring up here because it encapsulates my Grandma. She loved having fun more than anyone I know.

Gram was feisty before it was considered a compliment. Family lore has it that she and my Grandpa started courting when he yanked on her pigtales, and she punched him. A little bit "Anne of Green Gables" and a little bit "Fight Club" and completely and totally in character for both of them.

Grandpa never stopped teasing her. She never stopped rising to the occasion. I miss hearing the two of them in action; one would get the other riled up about something, and they'd end up laughing so hard that they had to sit down. They were each other's best friend and favorite pastime.

Gram also had a great love for her family. Nothing made her happier than having all of her kids and grandkids around. Except maybe a game of cards. Which is why you'd find the Skogans and Willises around the table after every holiday dinner playing a cutthroat game of 31.

It was very hard for my Grandma to see the number of card players drop when Grandpa - her Herb (also known as "Herbert", depending on her level of annoyance) - passed away; when her beloved son Billy died; when her daughter-in-law Sandra died; and when she lost her brother Fraser and sister Marion. Hard, too, to have had to say goodbye to family members and to life-long friends.

Here's my Grandma in a nutshell. She loved her family and friends, fiercely. She loved a good laugh; a good argument; a good pork roast. She could bake better than anyone I know. She cheated at cards.

Dementia stole her debating and baking skills; her appetite these last few years didn't allow for too many roasts. But she still enjoyed good laughs, right up until the week of her passing. And the statistically improbable number of times that she "won" at cribbage tells me that her cheating ways remained intact, too.

Thank you to everyone at Red River Place: at Goodwin Lodge; and at Hunter Memorial Hospital for taking such good care of someone we loved so much. Thank you for the kindness, the compassion, and for sneaking her the odd tomato sandwich.

I'll miss my Grandma. So will Lana (Kelly), Eric (Tina), Karla, and Kyle (Anita). Jayden, Vayha, Noah, Kelvyn, and Kevin were lucky enough to know their Great-Grandma and to have a special relationship with her. Bert Skogan (Shirley) and Karen Willis (Lyle) will miss their Mother terribly, too. As will her many friends and the rest of her family members, including her sister, Annabell (John Bueckert) and cousins, nieces, and nephews.

Goodbye, Grandma. We had a (colourful language) good time.

Following a private graveside service, friends and family are invited to celebrate Gram's life at the Teulon Rockwood Centennial Centre on Monday, April 17 at 2:00 p.m.

Flowers gratefully declined. Memorial donations to Goodwin Lodge (at Box 89, Teulon, MB., R0C 3B0) would be appreciated. Please make cheques payable to T.H.M.H.D -fdn.

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## OBITUARY



**Joseph Senga**

November 29, 1930 – April 3, 2017

It is with deep sadness that we announce the passing of Joe on April 3, 2017 at Goodwin Lodge at the age of 86. He leaves to mourn his children Glen (Barb), Marie (Leonard), Philip (Pam), Adam (Lori); grandchildren Justin (Shannon), Christine (Josh), Joey (Tashina), Tim, Meagan, Dillon, Brooklyn, Jacob, Ashley; great-grandchildren Peyton, Hayden, Benjamin; brother-in-law Jim; sister-in-law Anne; as well as nieces, nephews and cousins. He was predeceased by his wife Jean of 57 years (August 2016); his parents Philip and Olga; brothers Walter and Mike.

Joe was born on November 29, 1930. He married the love of his life Jean on June 20, 1959. They made a life in Malonton, Manitoba where they built a loving home and farm and raised their family. In addition to farming, Dad worked off the farm operating heavy equipment - clearing land, digging dugouts for a number of years. Dad suffered a stroke in 1992. Mom provided loving care for Dad until March 2015. Due to her health, Dad stayed in Teulon Hospital until his transfer to Goodwin Lodge in August 2016. Dad loved social/family gatherings. He loved hunting, loved to watch hockey and listen to Ukrainian music and was an enthusiastic harmonica player. Dad greatly enjoyed the family visits at Goodwin Lodge, but truly missed Mom. Mom and Dad - you are now reunited together, forever.

The family would like to thank Dad's homecare workers and the staff at Teulon Hospital and Goodwin Lodge for their care and compassion.

Funeral service was held on Monday, April 10, 2017 at 11:00 a.m., MacKenzie Funeral Chapel, Teulon, Manitoba. Interment to follow at Zbruch Cemetery.

Pallbearers were Josh Herlevsen, Kevin Glowachuk, Lawrence Walkin, Mark Chorney, Allen Evanchyshin and Steve Stepaniuk.

In lieu of flowers, donations can be made to Zbruch Cemetery, c/o Box 32, Malonton, MB, R0C 1Z0.

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## OBITUARY



**Joyce Elma Sarraillon**

Peacefully with her children at her side on Tuesday, April 5, 2017 Mom passed away at Stonewall Hospital at the age of 84 years. Mom is survived by her children Lorne, Angele (Mel), Michelle, Andre (Heather), Rose, Evelyn (Steve), as well as her six grandchildren and six great-grandchildren.

Mom was born in Winnipeg on November 16th 1932 to Alex and Grace Lamontange. She lived by St. Annes Road and worked with the nuns at the St. Boniface Hospital. Mom was introduced to Dad (Paul) at a social event and it was love at first sight. On March 5th 1949, at the age of 16, Mom married Dad. Not too long after that Mom had Lorne the first of seven children. Mom and Dad were married for 58 years before Dad passed away in 2007. Busy keeping the home fires burning, the family moved from St. Norbert M.B. to St. Boniface M.B. to Lewis M.B. and finally settled in Stony Mountain, M.B. in 1964 where Dad took a job at the pen. Mom then started working at the Stonewall Hospital as head cook and her specialty was her cinnamon buns, that Grandma Minard taught her how to master. Mom was also a Girl Guide leader, Avon lady, and was in charge of public skating and would be on the ice making sure everyone was safe! Mom worked the canteen at the rink and was an active, faithful and devoted member to the Catholic Church in Stony Mountain.

Her life was her children and any children that came into their home became a part of the family and she treated them all as her own children. Eventually grandchildren came into the picture and Mom always had time for all of them. She babysat, went for walks, played in the park, watched TV with them taught them how to cook.

Mom spent her last 10 years in Rosewood Lodge Personal Care Home in Stonewall.

The family would like to thank all of the staff at the lodge, the EMS, Selkirk ER, Stonewall Hospital, Dr Graham and all the staff at RWL for all of the wonderful care they gave Mom in the final days and over the past few years.

Prayers were held on Tuesday, April 11, 2017 at 7 p.m., at Christ The King Roman Catholic Church, 315-2nd Street East, Stonewall, M.B. Funeral was held on April 12, 2017 at 11 a.m. at Christ the King Roman Catholic Church, Stonewall M.B. A private interment will follow at a later date.

If friends so desire, donations can be made in Mom's memory to the South West District Palliative Care, Box 1282 Stonewall, M.B. R0C 2Z0.

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