

**MOST HOMES SOLD!**

**RE/MAX - 166**

ROYAL LE PAGE - 91

UNRAU - 25

LI BARON - 12

CENTURY 21 - 10

**FEWEST DAYS ON MARKET!**

AVERAGE  
DAYS  
ON  
MARKET

RE/MAX  
TOWN & COUNTRY

35

WPG REAL ESTATE  
BOARD AVERAGE

45

**MOST MONEY!**

HOW  
CLOSE TO  
ASKING  
PRICE

RE/MAX  
TOWN & COUNTRY

99.3%

WPG REAL ESTATE  
BOARD AVERAGE

97.6%

Why choose the McKillop Team?

**MOST MONEY! LESS STRESS!**



**THE MCKILLOP TEAM**  
RE/MAX TOWN & COUNTRY

Call today 204-467-8000 mckillop.ca

2018 Winnipeg Real Estate Board results for R12 Res. - (including Stonewall, Stony Mountain, Balmoral, Warren, Woodlands, Grosse Isle, Gunton, RM of Rockwood, RM of Woodlands)

# Tribune Stonewall Teulon

VOLUME 10 EDITION 15

THURSDAY,  
APRIL 11, 2019

SERVING STONEWALL, BALMORAL, TEULON, GUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & KOMARNO



**Live for today.  
Plan for tomorrow.**

With the right balance of life insurance and investments, you can protect the life you're building today, the goals you have for tomorrow and still dream for the future.

Talk to us today and discover your financial balance.

**Tracey Malone**  
Financial Advisor  
Inview Insurance Services  
344 Main St | Stonewall  
204-467-8927  
www.cooperators.ca/  
Inview-Insurance-Services



Home Life Investments  
Group Business Farm Travel

Not all products available in all provinces. Life and Health insurance products are offered by Co-operators Life Insurance Company. The Co-operators® is a registered trademark of The Co-operators Group Limited. Trademark used with permission. All investment products are administered by Co-operators Life Insurance Company.



## Patience is a virtue

TRIBUNE PHOTO BY JO-ANNE PROCTER

Woodlands Elementary Grade 1 and 2 students patiently await adjudicator Tiffany Wilson's comments for their choral performance of "Little Black Rain Cloud" and "Animal Crackers in My Soup" at the 64th annual Rockwood Festival of the Arts in Teulon Monday. Pictured left to right: Declan O., Zoey G., Ayson T. and Alysse P. See more photos on page 5.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



**NEW LISTING  
WARREN  
\$297,000**

2100 sqft RESTAURANT seats 50 w/room to expand. Includes all equipment, fixtures, land, building & Well Established Business! Now's Your Chance to be your own Boss!



**TEULON \$189,900**  
A LITTLE DOUGH WILL DO YOU! Family perfect 1163 sqft w/3 season sunroom, 3 bdrm home on 100x300' LOT - partial fin bsmn't, lrg Kitchen w/ contemporary upgrades. PRIVATE TREADED YARD w/ garden area. Dbl Det Insul 24 x 26 Garage.



**LAKE FRONT  
LAURENTIA BEACH  
\$279,900**  
SUPREME SETTING!

That's right, your own Beach Front with your own Concrete Boat Launch! Stunning 1649 sqft 2 bdrm, 2 bth FOUR SEASON home w/LIFT Bdrm on the incomparable beaches of Lake Manitoba! Sunroom, Gas Fireplace, unfinished Guest House & Workshop!



**COMING SOON  
ROSSER \$334,900**  
OPEN HOUSE - Wednesday April 17th 6 to 8 p.m.  
ARE YOU DREAMING of owning a 2360 sqft (incl both levels) 3 bdrm Bi-level w/detached 24'x22' Garage/Workshop on beautifully treed 5 Ac parcel located 20 min from the City. CHALLENGES COMPARISON!!

*Selling the Interlake one Yard at a time*



**L.J. BARON**  
EST. 1953  
Realty

A Real Estate Boutique Practice with Concierge Service

The **Claudette GRIFFIN** Group

Past Director - Winnipeg Realtors®  
Past Chair - Professional Standards

204-886-2393

Toll Free 888-629-6700



baron@mts.net www.ljbaron.com



**TEULON \$179,900**  
ACT QUICKLY ON THIS BARGAIN.  
Tastefully renovated

1244 sq ft 2+ bedrm Home w/newer kitchen; open concept LR/Kit; newer windows; garden doors off dining area lead to Treed 118x293' Lot. VERY Impressive driveway w/water feature!



**ST. LAURENT \$190,500**  
Escape the hustle & bustle on this Very Private 19 Acres w/lovingly Maintained 1507 sqft 3 bdrm 2 bth home w/open concept LR & Kit, large windows & skylight, insul summer Kitchen. Property is ideal for Hobby Farm and includes an insul 24x24 Garage w/220.

**"BUY LAND THEY'RE NOT MAKING IT ANYMORE"**  
We have some phenomenal lots available to build that DREAM!

Teulon 114 x 132' lot \$47,250  
Teulon 104 x 154' lot \$45,000  
Teulon 78.6 Acres \$80,000

Teulon FIVE 80 Acre Lots avail - \$65k to \$80k

St. Laurent 2.5 Acres w/well & hydro \$44,900  
Norris Lake 150x350' LAKEFRONT Lot \$39,900



# Anderson's Hitch 'N Post Ranch celebrating 35 years

By Jennifer McFee

For anyone who's ever enjoyed a meal at Anderson's Hitch 'N Post Ranch, it's probably a safe bet that they didn't leave hungry.

The unforgettable Grosse Isle venue has taken a bite out of the hospitality industry and earned a following for its home-style meals served up amid conversation-starting décor.

Kyle Anderson and his wife Louise are proud to celebrate the 35th anniversary of the family business this year.

"My dad Ed Anderson and stepmom Arlene Kaiser started the business back in 1984. She had worked in the hospitality industry back in the early '80s, and through conversations with industry peers, it sounded like Winnipeg was lacking an off-site Western-feel venue that specialized in home-style barbecued meals," Kyle explained.

"Having an acreage here, my dad said 'I have the perfect spot.' And here we are 35 years later."

In the early days, Anderson's Hitch 'N Post Ranch became a popular destination for bus tours coming up from the States.

"At that time, we were small. We

could only accommodate about 100 people or less. We did a lot of small tours, weddings, company parties and conventions. It was brand new, so people were very interested in it," recalled Kyle, who took over the business 17 years ago after his dad retired.

"It gave people a chance to leave the hustle and bustle of city life and see how peaceful it is out here in the country."

Soon after, a partnership with Prairie Dog Central Railway proved to be mutually beneficial for both businesses.

"We partnered up and offered a train ride to come out here for conventions. We got riders who would hold up the train and throw people in our jail, so it was quite a memorable moment for many people," he said.

"They were enjoying a beautiful train ride in the country prairies and then they looked outside the window to see a masked bandit holding up the train. That was really unique and popular."

Following two expansions in the '80s and early '90s, the venue can now accommodate about 600 people. On a couple occasions, they even set up a tent and hosted events for more than



TRIBUNE PHOTO BY JO-ANNE PROCTER

Anderson's Hitch 'N Post Ranch is celebrating 35 years in business. Pictured left to right: founders Ed Anderson and Arlene Kaiser and current owners Louise and Kyle Anderson.

## Support Stonewall's 'Save the Kilns'

initiative with your purchase of a Signed Limited Edition  
'Stonewall Quarry Sunset' print. All are numbered,  
signed and framed by photographer Randy Frykas.



### Limited edition 150 prints

16"x 12" Each print will be signed, numbered, matted and framed \$150 each with \$100 being donated to the 'Save the Kilns' campaign

The photo is available for purchase at the  
Stonewall Teulon Tribune office and McLeod House, and is available  
online at <https://46fps.bigcartel.com/kiln-photo-fundraiser>

1,000 guests.

Today, the venue is often busy with weddings, conventions, family reunions, team-building events, staff retreats and much more. Over the years, they've welcomed a long list of entertainers and distinguished guests, including two Canadian prime ministers.

"We're known for our food. That's one of our biggest attributes. A lot of other venues don't do on-site catering, whereas we do. It's home-style cooked food, barbecued food, comfort food — and we serve lots of it. We encourage people to come for seconds or thirds. We don't want someone to leave our place and have to go eat on the way home because they didn't get enough food," Kyle said.

"Our specialty is probably our homemade baked beans and our apple crisp. Our beans are known throughout the world because we've done so many international conventions. They repeat every 10 or 12 years, and people will still remember eating our beans. They are famous — and they are a family secret."

The décor also keeps people talking, while simultaneously serving as an eye-catching backdrop for photos.

"We really have a love for antiques, and so did Eddie and Arlene," Louise said.

"It's cool to pass along that tradition of preserving parts of Manitoba history on our wall. To this day, people still love to walk around and look at everything. No one's ever bored when they come out here."

After investing their heart and soul in the business, Ed and Arlene are still familiar faces at Anderson's Hitch 'N Post Ranch.

"We're very lucky to have their support. They're our biggest advocates," Louise said.

"We also have a lot of nieces and nephews who help out. It's like a right of passage."

The local business continues to forge made-in-Manitoba partnerships with companies such as Farmery Estate Brewery and Lumberjax Axe Throwing.

"We can now offer axe throwing for weddings or conventions. That's something new we're doing this year, and it's quite a lot of fun," Kyle said.

"While the bride and groom are doing their pictures, the guests can throw axes and have a great time."

They're also gearing up for a sold-out Carnivore Night event on April 26, in partnership with Tailgaters BBQ Pit of Stony Mountain. Based on the overwhelmingly positive response, this meaty event will likely be the first of many.

While reflecting on the past three and a half decades, Kyle and Louise are looking forward to hosting a 35th anniversary party.

"It's still in the planning stages," Kyle said. "We're really excited to start off our 35th season."

For more information about Anderson's Hitch 'N Post Ranch, visit [www.thehitchnpost.com](http://www.thehitchnpost.com). Updates are also posted on Facebook, Twitter and Instagram.



# The Good sisters jumping their way to the top

By Ty Dilello

Stonewall sisters Jessi and Dominic Good attended the Royal Manitoba Winter Fair in Brandon from March 25 to 30, competing in the Hunter/Jumper portion of the event.

The Fair at the Keystone Centre is quite the exhausting week for riders but the atmosphere is well worth it in the end.

Hunter/Jumper is a program of the sport where you jump over obstacles. Jumpers are very technical courses with coloured poles, judged off of time and faults, while Hunters are judged off of how your horse looks over and between the fences with natural coloured fences.

"My sister Jessi and I competed in the Hunters during the week of fair, riding Clare Harris' horses from Sidygin stables. The horse I rode named Grassmere competed in the 2'9 and 3' Hunters and placed consistently well throughout the week considering he had just come off a long break," said Dominic Good.

"It was his first time competing as a Hunter at the 3' height and had only

ever been at the Keystone Centre in Brandon once before. Jessi stepped in for me on my other horse Gucci as I wanted to focus on Grassmere as he was doing extremely well. Jessi and Gucci ended up winning a class at the end of the week and placed third in the 2'9 Hunter special on the last day. We're both really happy with how the horses behaved considering the awful winter we had, which made prepping for the fair that much harder."

Good had competed at the fair once before in 2015 as she competed with her sisters' horse Color Me Perfect, but this was the first time she took any of her boss's horses. Next year she has plans to bring her own horse Fancy Free since she thinks that in one year's time she'll be ready to take on that level of competition by then.

The 2019 Royal Manitoba Winter Fair was also special because it saw the Good sisters and friends pay tribute to a very special mentor who recently passed away.

"Everyone who knows me well knows that I was technically 'born in the barn' because as a baby I spent

most of my days at Quarry Ridge Farms watching my sister Jessi take riding lessons," said Good. "From there I began lessons under the instruction of Catherine McCullagh and since then my love for riding continues to grow. I'm now almost 19. We recently lost Catherine, who was like my second mom and the only reason I am at the riding level I am at today, as I now spend my days training about nine to 11 horses every day," she said.

"The Teal Trotters was the name of a group of us that contributed to a walk for ovarian cancer a few years back in support of Catherine, and its name made a comeback this year at the Royal Manitoba Winter Fair as Catherine's son Brennan McCullagh and three other teammates competed in a team competition under Teal Trot-

ters. Everyone from the barn wore the shirts we had made and cheered as loud as we could every time the name was announced. I had tears in my eyes looking around the stands to see everyone who Catherine loved and everyone who loved Catherine there dressed in teal with smiles on their face, cheering as loud as they could, being a part of a sport that we love, as many of us are here because of her."

Jessi and Dominic Good are excited to see where their horse riding will take them going forward as it is a lifelong passion for the two sisters. They love training their horses and competing at fairs and the sisters do an unbelievable job of representing their hometown of Stonewall with great pride.



Jessi Good on Gucci, bred and owned by Sidygin Stables.



Dominic Good jumping in Brandon at the Keystone Centre March 26-30.



TRIBUNE PHOTOS SUBMITTED

The Teal Trotters wore teal-coloured shirts throughout the week at the Royal Manitoba Winter Fair honouring Quarry Ridge Pony Club founder Catherine McCullagh, who passed away in 2018.

# SAVE NOW

**REBATES ON SELECT ENERGY STAR® CERTIFIED LIGHTING PRODUCTS**



ENERGY STAR CERTIFIED INTEGRATED LED FIXTURES  
\$5 OFF



ENERGY STAR CERTIFIED LED BULBS  
UP TO 40% OFF



LIGHTING CONTROLS  
\$5 OFF



EFFICIENCY MANITOBA





















At participating retailers until April 30.

[efficiencyMB.ca](http://efficiencyMB.ca)  
Available in accessible formats upon request.



# Soul sisters ready to raise the roof in Stonewall

By Jennifer McFee

If you were hoping to catch a toe-tapping performance of Sisters of the Holy Rock, your prayers might just be answered.

A limited number of tickets are still available for a performance in Stonewall on Saturday, April 13. The show will take place at Stonewall Collegiate Institute as a fundraiser for Christ the King Catholic Church, with the doors opening at 6:30 p.m. and the performance starting at 7 p.m.

"We have asked Sisters of the Holy Rock to come put this performance on to help raise money for our building fund," said Anthony Cornwell, who is one of six members of the fundraising committee.

"Our church is in need of some renovations, as all older buildings do."

In the fall, they looked into the idea of hosting Sisters of the Holy Rock at a local venue since their last show in Stonewall was a raving success. Inspired by the movie *Sister Act*, the not-for-profit inter-denominational entertainment group has been helping organizations reach their fundraising goals while also boosting spirits for the past 25 years.

Since their debut, they have performed upwards of 700 shows and have helped organizations raise more than \$3.5 million from all their performances.

"We are very excited and honoured that they will be performing in Stonewall this year," Cornwell said in an email.



TRIBUNE PHOTO SUBMITTED

Sisters of the Holy Rock will perform at SCI as a fundraiser for Christ the King Catholic Church.

"The performances are rated for all audiences from children to seniors. The show is also interactive, as I understand, so don't be surprised if you are asked to be a part of the show."

Ticket sales have been going extremely well for this event, and fundraising efforts will be ongoing for the church's building fund.

"This committee also organized a dinner last fall for our church's feast day, the Feast of Christ the King. The dinner was well attended by our parishioners," Cornwell said.

"This time, we wanted to go past our walls and have the community join us. After Sisters of the Holy Rock, we will continue to fundraise for the Christ the King Building Fund, but no other events have been planned at this time."

A small canteen will be open during the performance with refreshments such as water, cookies, chocolate bars and chips.

"We would like to thank the Interlake School Division for the use of Stonewall Collegiate Institute for this opportunity to put on this performance," Cornwell said.

"We are very excited to see everyone there. Please come out and support. You'll have a good time. We would also like to thank everyone who is supporting this event."

Tickets for the Sisters of the Holy Rock show cost \$15 for adults and \$7.50 for kids age 12 and under.

For more information or for tickets, contact Christ the King parish office at 204-467-9016 or ckparish@mts.net, Anthony at 204-801-3540 or Dione at 204-886-7718.

A small number of tickets might also be available at the door.

**SOUTH INTERLAKE GARDEN CLUB**  **SOUTH INTERLAKE REGIONAL LIBRARY**  more than just books...

**South Interlake Regional Library (Stonewall branch) 7:00 pm**

<b>Tuesday April 16, 2019</b> <b>Butterflies and Bees</b> - Pollinators at work Join us while entomologist, Sarah Semmler, teaches about the butterflies, bees and other pollinators in our area that help in our gardens. <i>Everyone Welcome</i> <i>Hope to see you there!</i>	<b>Tuesday April 23, 2019</b> <b>Picking, Planting and Propagating Tomatoes</b> Mike Mailman will be speaking about picking, planting and propagating tomatoes. He has been growing tomatoes for a number of years and is involved with Gardens Manitoba. <i>For more information contact</i> <i>Tanya Daher 204-467-2235</i>
---	---



## RCMP urges residents to lock doors

By Jennifer McFee

Lock your doors and keep valuables out of sight.

That's the message from local RCMP — and it applies to your vehicle, shed, garage, home and anywhere else that thieves might see an opportunity.

So far in 2019, Stonewall RCMP have received three reports of break-ins in town.

All three break-ins were to sheds or garages, and all

three had doors that had been left unlocked.

In addition, there was an overnight theft near town of a truck that had been left unlocked.

RCMP Staff Sgt. Kelly Glaspey urges residents to take the time to secure their belongings.

"A lot of times, these are crimes of opportunity. If doors are unlocked or keys are around, people will take advantage of that," he said.

"Whoever these people are, they'll walk around during the night and they'll take the easiest target, which is an open door. If they're unlocked, they'll grab whatever they can take quickly and be on their way. What we say all the time is lock it up and keep valuables out of sight."

Now that the weather is warming up, Glaspey also reminds drivers to be aware that more children will soon start riding bikes on the roads.

"Drivers have had six months without kids on bikes on the road," he said.

"Now that kids are going to be out biking or walking, they just need to be extra vigilant and extra aware of the young kids out and about."

**TEULON CHAMBER 10TH ANNUAL COMMUNITY**

# YARD SALE

**JUNE 1, 2019**  
**~ 9AM-3PM**

**Registration and donation table proceeds will be going to the Teulon Chamber Centennial Event June 29th. Register at SPR Hair Salon 75 Main St. Teulon or call Jan 204-886-3910 or Linda 204-886-3880 to register.**

**Gauthier**  
  
**2400 McPHILLIPS ST.**  
Call  
**JERRY VANDE**  
Sales Manager  
**Ph: 204-633-8833**  
SHOP ONLINE AT  
[WWW.JIMGAUTHIERGMC.COM](http://WWW.JIMGAUTHIERGMC.COM)



From traditional to contemporary, we provide services to match what you want. *Just ask Ken.*



  
**KEN LOEHMER**  
FUNERAL SERVICES  
55 Main St, Teulon Call 204-886-0404 or visit [www.klfuneralservices.ca](http://www.klfuneralservices.ca)



# Manitoba secures minority and second-language funding

## Two-year Extension Results in More Than \$12 Million For Manitoba This Year

Submitted by Manitoba government

The Manitoba government announced it has secured a two-year extension of the Canada-Manitoba Agreement on Minority-Language Education and Second-Language Instruction with the federal government that will provide local institutions and organizations with more than \$12 million this year.

"A continuation of this funding will ensure Manitobans have access to minority language education and opportunities to learn French as a second language," said Education and Training Minister Kelvin Goertzen. "These programs enhance the linguistic and cultural identities of students so they can continue their studies in French and use the language throughout their lives."

"We are committed to promoting

Canada's official languages, and this extension will help us continue to support initiatives that will contribute significantly to the vitality of French in a minority setting and French as a second language," said Sustainable Development Minister Rochelle Squires, minister responsible for francophone affairs.

With the funding now in place, the province can move forward on 124 grant commitments that total more than \$1.5 million under the French Second Language Revitalization Program and 49 grants of more than \$1.2 million through the Program for the Enrichment of French in Education (PEFE). Recipients include independent schools, school divisions, Université de Saint Boniface and non-profit organizations.

"As a key partner for French edu-

cation in Manitoba, the Conseil Jeunesse Provincial relies on funding from the PEFE grant to offer real opportunities to French-speaking youth in Manitoba," said Roxanne Dupuis, executive director, Conseil Jeunesse Provincial. "The projects supported allow language and social development in a dynamic and informal setting that helps youth see the opportunities that come from being able to speak French. With this funding, we are able to provide youth with a positive and modern view of the French language and culture."

The Government of Canada and the provinces and territories signed a multi-year Protocol for Agreements for Minority-Language Education and Second-Language Instruction in 2013. Under the protocol, each province and territory negotiated a bilateral agreement with Canada according to provincial priorities.

As part of the agreement, the French Second Language Revitalization Program provides financial support to

the educational community for students enrolled in French immersion or French courses. Qualifying projects help build students' confidence and fluency in French in academic, cultural and social contexts and increase their desire to continue French studies. Funding also supports teachers' professional development and heightens community awareness about the benefits of learning French.

The Program for the Enrichment of French in Education provides financial support to school-based, extra-curricular and post-secondary projects that help enhance and promote French language learning, offer opportunities to discover francophone culture, and recruit and retain students in Français, French immersion and French in the English program.

While some 2018-19 funding was delayed as the province secured federal funding, organizations are encouraged to submit their requests for 2019-20.

# Interlake wellness expo to focus on young children

By Jennifer McFee

Ready ... Set ... Grow!

An upcoming wellness expo welcomes all Interlake youngsters who are three, four and five years old.

Set for Wednesday, April 17, the third annual Ready ... Set ... Grow! Expo will feature activities and displays that focus on nutrition, fine motor skills, gross motor skills, speech and language, mental and physical health, and much more. The event will run from 3 to 7 p.m. at Ecole RW Bob-bey Bend School.

The joint venture is a collaborative effort by the Interlake School Division, the South Interlake Regional Library and the Interlake-Eastern Regional Healthy Authority.

Caroline Le Clair, an IERHA wellness facilitator who is also on the wellness expo's planning committee, notes that this year's event is a little different than previous years.

"The first two years, it was a pilot

program and we did it for kids entering kindergarten. This year, it's open to all three-, four- and five-year-olds," she said. "Similar events have been happening for years in other areas of the region."

As another popular feature, appointments are available with a speech pathologist, audiologist and occupational therapist by calling 204-467-4400.

"The whole idea of the event is to do a mini health fair for kids and to see if there's any areas of concern for parents," Le Clair said.

"Maybe if their child is dealing with anxiety about starting school or starting a new daycare, they can learn some tips to help the children and parents cope with these changes."

For the little ones, the library will also host four story times at 3:30 p.m., 4:30 p.m., 5:30 p.m. and 6:30 p.m. Adding to the fun, local businesses have donated kid-friendly door prizes.

"It is not just for Stonewall families.

It's for surrounding areas and the whole southwest area of the Interlake. A huge part of the event is helping people to know what kind of services are out there in our own communities that they can tap into," Le Clair said.

"When people come, it's not expect-

ed that they have to go to everything. They can pick and choose what they want and what they're interested in. There's so much happening, and I'm so excited for it."

## LUNCH BUFFET SPECIAL

<p><b>MONDAY</b> <b>MEATLOAF</b> Mashed Potatoes, Seasonal Vegetables</p>	<p><b>WEDNESDAY</b> <b>FRIED CHICKEN</b> Macaroni Salad, Vegetable medley</p>	<p><b>FRIDAY</b> <b>BATTERED</b> <b>FISH AND CHIPS</b> Peas, diced carrots and tartar sauce</p>
<p><b>TUESDAY</b> <b>PORK SHOULDER</b> Potatoes, Diced Carrots</p>	<p><b>THURSDAY</b> <b>GARLIC SAUSAGE</b> Perogies, Cabbage Rolls</p>	<p><b>SUNDAY BRUNCH</b> <b>10 am - 1 pm</b></p>

ROCKWOOD Motor Inn 390 Main St. Stonewall 467-2354

## THE Flicks CINEMA

**SHOWTIMES:**  
Please check individual listings  
Due to various picture lengths showtimes vary

319 First Street E., Stonewall, Man.  
467-8401

PROGRAM SUBJECT TO  
CHANGE WITHOUT NOTICE  
Cash only

LAST DAYS:  
WED & THURS  
APRIL 10 & 11  
AT 8:00 PM

COLD PURSUIT

Adult Accompaniment  
Under 14;  
Violence 14A

FRI-SAT-SUN-MON APRIL 12-13-14-15  
(CLOSED TUES) AND WED-THURS APRIL 17-18

FRI-SAT-SUN-MON APRIL 19-20-21-22  
(CLOSED TUES) AND WED-THURS APRIL 24-25

AT 8:00 pm  
EACH NIGHT

Zachary Levi  
Asher Angel

Coarse Language;  
Violence PG

AT 8:00 pm  
EACH NIGHT

Brie Larson  
Samuel L. Jackson

Coarse Language;  
Violence PG



Stonewall Teulon  
**Tribune**



**PUBLISHER**  
Lana Meier



**SALES**  
Brett Mitchell



**REPORTER/PHOTOGRAPHER**  
Jennifer McFee



**SALES**  
Stephanie Oland Duncan



**SPORTS EDITOR**  
Brian Bowman



**DISTRIBUTION**  
Christy Brown



**REPORTER/PHOTOGRAPHER**  
Evan Matthews



**ADMINISTRATION**  
Jo-Anne Procter



**REPORTER/PHOTOGRAPHER**  
Ty Dilello



**ADMINISTRATION**  
Allana Sawatzky



**ADMINISTRATION**  
Carrie Sargent



**PRODUCTION**  
Debbie Strauss



**PRODUCTION**  
Nicole Kapusta



**PRINT**  
Dan Anderson

**OUR SISTER PUBLICATIONS**



# getheard

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

> Got news?

Call Evan Matthews at 204-990-9871  
evan@expressweeklynews.ca



## Carbon tax a missed opportunity for a green country

By Evan Matthews, Reporter

The federal government has implemented its carbon tax in many places across the country.

While few think it's a move in the right direction toward a greener future, many are upset about paying more at the pump.

Whether you're for or against the tax, questions remain about the tax and where the funds will be used.

The carbon tax, according to the federal government, is a levy applied to fossil fuels and is calculated based on how much carbon dioxide the fossil fuel releases when burned.

At the pump, this translates to roughly an extra four and a half cents per litre (in tax) on gasoline purchased.

Media reports suggest Ottawa has committed that any province compli-

ant with the federal carbon price system will get the revenues to use at its discretion.

Reports have also said Ottawa will return 90 per cent of funds collected from carbon tax to Canadians.

So, then, why make us pay it in the first place? It still isn't clear.

Whether or not you believe in the tax, it's a reality.

But another reality is that without investment into green technologies and initiatives, the status quo will remain.

Our society will not see fewer cars on the road based on an extra four and a half cents per litre in tax.

The government had an opportunity to implement a tax that could have provided our population with tangible benefits by investing into green technologies and initiatives.

Solar, wind and hydro are obvious

alternatives to look at.

If we see the carbon tax most commonly at gas stations, why didn't the government look at ways to make driving green vehicles more accessible?

Could the government have taken some of those tax dollars and installed electric charging stations along major highway routes?

It's just one example of something different the government could have done with those tax dollars to benefit Canadians.

But instead, this tax will be the same as every other and go directly back into government coffers — leaving Canadians with nothing to show for what could have been great concept.

There isn't any denying another botched policy by the feds.

## Alcohol addiction medication added to provincial drug coverage

Submitted by Manitoba government

Showing its continuing commitment to implementing recommendations made in the Virgo report on mental health and addictions, the Manitoba government has made it easier to access two drugs used to fight alcohol addiction, Health, Seniors and Active Living Minister Cameron Friesen announced Thursday.

"Alcohol is a leading cause of injury and death in Canada, including those resulting from impaired driving and from illnesses with known links to alcohol, such as certain types of cancer," said Friesen. "Changes we have made to the drug formulary will enhance access to anti-craving medications by allowing Manitobans to have prescriptions filled at any pharmacy without waiting for authorization or approvals."

Effective immediately, Naltrexone and Acamprosate will be moved from a Part 3 exception drug status (EDS) benefit to a Part 1 "open benefit" listing on the Manitoba drug formulary. This means that a physician prescribing the drug for a patient no longer has to receive prior approval from the Manitoba Pharmacare Program before doing so. Patients eligible for Manitoba pharmacare or drug plans offered by Manitoba Families can then immediately take the prescription to a pharmacy and have the costs covered.

The move was recommended in the Virgo report as a means to making it easier for people misusing alcohol to access treatment.

"Improving access to medications such as Naltrexone and Acamprosate is an important step in improv-

ing health outcomes for Manitobans through expanded and more readily accessible treatment. Importantly, steps such as this not only helps to decrease stigma associated with alcohol use disorder but also helps to support patients in their recovery," said Dr. Ginette Poulin, medical director, Addictions Foundation of Manitoba (AFM).

"We also expect to see a reduction in time needed to treat patients within our Rapid Access to Addictions Medicine (RAAM) clinics, where these two medications are used on a daily basis."

Poulin added the formulary change is also a step toward expanding use of these medications to treat patients in different areas of the health-care system including primary, hospital and acute care settings.

Continued on page 7

**ADVERTISING OR PRINT CONTACT INFORMATION**

**Stephanie Duncan** 204-461-4771  
ads@stonewallteulontribune.ca  
**PHONE** 204-467-5836  
**FAX** 204-467-2679  
**ADDRESS**  
74 Patterson Drive, Stonewall Industrial Park  
Box 39, Stonewall, MB R0C 2Z0

> **EMAIL US**

Letters to the Editor: letters@stonewallteulontribune.ca  
Classified: classifieds@stonewallteulontribune.ca  
News: news@stonewallteulontribune.ca  
Print: igrphic@mymts.net

**OUR EDITORIAL STAFF**

**Jennifer McFee** 204-461-5352  
jen@stonewallteulontribune.ca  
**Brian Bowman** Sports Reporter  
sports@stonewallteulontribune.ca

**Evan Matthews** - Reporter/photographer  
204-990-9871 Email: evan@expressweeklynews.ca

**Ty Dilello** - Reporter/photographer  
204-250-6322 tydilello20@gmail.com

**PAPER DELIVERY OR FLYER CONCERNS**

**Christy Brown**, Distribution Mgr.: 204-467-5836  
The Stonewall Teulon Tribune is published Thursdays and distributed through Canada Post to 7,800 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.



*This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.*

**Advertising Deadline: Monday 4:00 pm**  
prior to Thursday Publication  
View the Stonewall Teulon Tribune online at  
[www.stonewallteulontribune.ca](http://www.stonewallteulontribune.ca)





# get informed

NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



TRIBUNE PHOTO BY NICOLE KAPUSTA

Warmer temperatures for the past couple of weeks got the maple syrup season off to a sweet start. Sap started trickling out of the trees three weeks ago with the above-zero temperatures. Maple syrup producers generally hope for spring temperatures that fluctuate around 0 C. When the temperature is below that, the sap goes to the tree's roots. When it rises above 0 C, pressure pushes the sap up and allows it to be collected.

## > ALCOHOL, FROM PG. 6

Released last year, the Virgo report detailed a strategy to modernize mental health and addictions services that had become antiquated in Manitoba. A number of recommendations have already been implemented including the opening of RAAM clinics, the addition of mental health services via a partnership with Strongest Families Institute, and the issuing of a request for proposals (RFP) for flexible-length treatment beds that are suitable for patients who are withdrawing from methamphetamine use. The implementation of other recommendations detailed in the report will be announced on an ongoing basis, the minister noted.

In addition to making it easier for people to access Naltrexone and Acamprosate, lower costs were negotiated for 68 generic drugs already on the formulary as part of the pan-Canadian Pharmaceutical Alliance (pCPA), which conducts joint governmental negotiations for brand name and generic drugs in Canada. The minister noted the pCPA allows governments to achieve greater value for publicly funded drug programs and patients by using their combined negotiating power.

"By reducing costs for drugs, we are increasing access to treatment options for patients, as well as consistent and lower costs for our program," said Friesen.

The Manitoba Drug Benefits and Interchangeability Formulary lists therapeutically effective drugs of proven high quality that have been approved as eligible benefits under the pharmacare drug benefit program.

The Manitoba Pharmacare Program is based on family income and covers 100 per cent of eligible drug costs once the income-based deductible is reached, regardless of medical condition or age.

For more information on the Manitoba Pharmacare Program, visit [www.gov.mb.ca/health/pharmacare](http://www.gov.mb.ca/health/pharmacare).

# MPI to fund initiative aimed at distracted drivers

## Police enforcement program to be in place April, July and October

### Submitted by MPI

Manitoba Public Insurance is once again funding a highly successful road safety initiative aimed at drivers who continue to illegally use hand-held electronic devices while driving.

Manitoba's public auto insurer is providing funding to support enhanced police enforcement programs for the months of April, July and October. Participating police agencies this year will be Winnipeg, Brandon, Winkler, Morden and RCMP.

"On average, one in three road deaths and thousands of collisions are attributed to distracted driving annually," said Satvir Jatana, vice-president responsible for communications, Manitoba Public Insurance.

"These dedicated projects are highly successful, resulting in nearly 13,000 offence notices issued over the last six years. Changing driver behaviour can be achieved by the combination

of education, awareness and law enforcement."

### Distracted Driving Research

A driver is four times more likely to be in a crash if they talk on their phone while driving. Texting while driving makes a driver six times more likely to be in a crash, according to research focused on distracted driving.

Using a cellphone reduces the type of brain activity needed for driving by as much as 37 per cent. Other activities identified as distracted driving are: reading or writing while driving, reaching for an object, an extended glance at an outside object, browsing/scrolling on a cell phone, operating other in-vehicle controls or devices, interacting with passengers (particularly for teen drivers-passengers), and eating and drinking.

### Stiff penalties

Drivers caught using a hand-operated electronic device while driving will



TRIBUNE FILE PHOTO

MPI is funding a road safety initiative aimed at drivers who continue to illegally use hand-held electronic devices while driving.

receive an automatic three-day driver licence suspension and \$672 fine. Upon conviction, the driver will also move down five levels on their driver safety rating.

A second offence within a 10-year period results in an automatic seven-day driver licence suspension and \$672 fine. Conviction will also result in five demerits.

### Distracted driving collisions rising

Distracted driving collisions in the province increased from 2,415 in 2011 to 15,000 in 2017, according to Manitoba Public Insurance data. The direct insurance costs associated with distracted driving have been estimated at least \$70 million per year, a figure that ultimately affects the insurance premiums that all vehicle owners pay.



# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG > NORRIS LAKE

> Fish tales?

Call Arnie Weidl at 204-641-2210  
sanarn@mymts.net



## Have you ever caught a mink eating a pickerel?

Hi folks.

Somewhere in the middle of our winter that has just passed, I was roaming around in Old Red on the Lake Winnipeg ice south of Victoria Beach when I came upon a solitary chap sitting on a folding chair by himself, slowly jigging a short rod with its line in the water of an ice hole. He was well dressed in high-quality winter clothing and seemed quite at home in his surroundings. I pulled up beside his sleigh that held his fishing gear and ice auger and slid out of my truck. Standing in snow up to the top of my boots we regarded each other. Then smiling as I looked out over the still vast flat white ice pack, I broke the silence, saying in a low voice, "Isn't it beautiful out here?"

He echoed my sentiment, replying in a rapid low monotone, "I like being out in the middle of nowhere. It was one of the reasons I was happy in the military until I retired."

I shot a now-interested look his way, seeing his clinched surveying eyes, weathered face with a hint of grey whiskers and agility that defied his age. I dug out my card and handed it to him. He looked at it and then extended his hand to shake mine, saying, "Ed Moore here. I live close by and my guess is that you're wanting a fishing story."

I smiled and agreed.

"Well, I remember a time years ago I was one of a four-man military crew

sent up to No Name Lake in Labrador for a week's survival exercise. They flew us in and dropped us on the lake ice. We made camp then drilled some ice holes to catch fish, which would supplement our food rations. It was overcast and not really cold so we relaxed a bit, eating the rations we had brought in," he said.

"The fishing wasn't good. On day four of our five-day exercise, we were running out food and then the fog rolled in. A pickup was out of the question until the weather cleared. We always came with 'hard rations,' which comprised of old canned salted beef. It got us through because other than the odd fish and a little wildlife, our canned beef lasted until the plane came three days later when the weather cleared."

On the Red River upstream of Selkirk sometime in February, I came across a lanky grey-bearded guy with thick glasses leaning up against the box of his truck, yelling back at his friends in their portable ice shack. Old nosy me couldn't help stopping to find out what was going on.

"You OK?" I called out from the turned-down window of my truck.

"Hi Arnie." The chap, who I now recognized as Dave Turnaya from West St. Paul, waved at me. "There are too many guys in that shack to suit me," Dave declared in his slow, methodical way. I laughed as I left my truck and pulled out my recorder.

He looked at it and said, "I can't think of a fishing story for you right now but I've been fishing this river and Lake Winnipeg's south basin just north of the mouth of the river. The catfish there, as well as other fish, have frogs in their stomachs."

I looked at him. "What does that mean?"

"There's not much food for them," he responded.

After I left Dave, he sent us a picture of a nice walleye he caught.

Some time ago on a chilly, overcast, gusty afternoon, I was on the ice east of Winnipeg Beach and Matlock visiting and trading fishing stories with fellow anglers. Eventually I came across another chap. Like Ed Moore, he was sitting out in the open on a folding chair working a couple short rods, their lines in ice hole waters. I drove up to him slowly. As I got out of my truck, I pulled the hood of my parka up to break the wind. Dressed in a camouflaged jacket and a fur cap with ear flaps, our new rugged-faced friend didn't seem to be bothered by the icy weather at all.

"Any luck?" I asked.

In a surprisingly upbeat manner, he responded, "It's more fun up north."

He said he was Lenny Mulvaney and explained that he had been fishing with his dad and uncle on a pier by Grand Rapids one summer when his dad caught and strung up a pickerel. Soon his uncle caught one and when



TRIBUNE PHOTO SUBMITTED

Dave Turnaya from West St. Paul with a nice pickerel he caught on the Red River.

he went to put it on the stringer, he saw the cord shaking in the water. Curious, he tried to pull it up but it was very heavy.

"There's something wrong," he shouted back at my dad.

"It's probably a jack eating my pickerel," dad answered.

Uncle pulled up. There was something eating his pickerel all right, but it wasn't a jack; it was a big mink! They tried to smack it away with a stick but it wouldn't let go, so they put out another stringer further down the pier and let the mink have his way!

See you next week. Bye now.

## letters to the editor

Letters to the Editor:

letters@stonewallteulontribune.ca

### Earth Day is April 22

Let us open our eyes to the gifts the Creator has blessed us with, and give our thanks and gratitude for the abundance of his generosity.

The crisis of clinging to the lie. We can no longer take nature for granted. We can no longer continue to exploit our finite resources as we see fit; to fulfill the gluttonous greed of economic development and dump our waste into the environment. The consequences are far too grim.

In so many situations, we are so ig-

norant of the biological and physical world, yet we cling to the belief that we know what we're doing.

The truth is ... we have no idea. Everybody chases short-term wealth, even at the cost of destroying their long-term future in the process.

We must begin to live, grow and prosper as a partner with nature.

We have to keep reminding ourselves that the Sacred Balance with Mother Earth is vital to our very existence. And we must continue to do our part to secure the lives and promise to those yet unborn.

With the compliments of our gov-

ernment, federal and provincial environmental assessment laws, originally put in place to protect our waters and environment, have been gutted and stripped so as not to hinder the progress of industry.

This is the workings and influence of "corporate-first politics."

And any protection that still exists does not receive enforcement to ensure its well-being.

Is it any wonder that our planet is in trouble?

Indeed, man is a complex being, he makes deserts bloom and lakes die.

I will mention two critical situa-

tions in Canada. The first is Lake Winnipeg.

Eutrophication (excessive nutrients) has put the world's tenth biggest lake on "deaths doorstep". David Schindler, one of the world's top water authorities says, it is in worse shape than the notorious Lake Erie pollution and ecologist Eva Pip, formerly of the University of Winnipeg, believes it may be too late to recover.

And we all know, perfectly well, the Lake is not polluting itself.

The second is the Alberta Oil Tar

Continued on page 9



# Rosser council news in brief

By Jennifer McFee

At the March 26 meeting, Rosser council authorized temporary borrowing of \$500,000 from Sunova Credit Union to meet the current 2019 expenditures until taxes are collected.

In 2018, the RM of Rosser collected \$9,717,141.07 in taxes.

**In other news:**

- Rosser council approved an application for a culvert crossing onto Bergen Cutoff Road. The applicant will need to pay for the cost of supplies and installation.

- Council approved a third wastewater disposal vehicle licence for Biff's Septic Service and Portable Toilets.

- Council approved a \$500 recreation and cultural grant for the 35th annual Stonewall Quarry Days.

- The RM of Rosser will make a \$125 donation to the Heart and Stroke Foundation of Manitoba in memory

of former councillor Robert White.

- Jim McCowan provided information to council about his request for tile drainage.

- The Little Mountain Conservancy Group spoke to council about their concerns about the Farmer Road quarry.

- On behalf of Canada Sheep and Lamb, Peter Grieger and Brad Cramer requested changes to the site plan that was approved with conditional use for a ewe breeding facility.

- Reeve Frances Smee and Coun. Lee Garfinkel will be the 2018-19 committee members for the recreation and culture sub-committee, with Coun. Ken Mulligan as an alternative.

- Council passed second and third reading of a bylaw to regulate the proceedings and conduct of council and committees. Coun. Angela Emms was absent from the vote.

## > LETTERS, FROM PG. 8

Sands. Here the land is being relentlessly stripped away on literally thousands upon thousands of square miles, in a massive operation of retrieving bitumen. Bitumen is a black oily, viscous mixture of hydrocarbons, also known as asphalt. It is processed to make oil.

And with over 54,000 square miles of known underlies, it is not difficult to envision the devastation that this area already has and will continue to suffer.

And as stated by Bishop Luc Bouchard, "This short-sighted development of oil sands can't be morally justified."

"Industry in the tar sands uses as much water every year as a city of two million people. Ninety percent of this water ends up in the world's largest impoundments of toxic waste: the tailings ponds. Industrial waste monitoring on the Athabasca River is a fraud. Canada has no national water policy and one of the worst records of pollution enforcement of any industrial nation," re: Tar Sands, Dirty Oil and the Future of a Continent by Andrew Nikiforuk.

Is it any wonder that this ravaging, pollution, waste and degradation, deserves the title of a "man-made Holocaust."

"Our present 'leaders' — the people of wealth and power — do not know what it means to take a place seriously: to think it worthy, for its own sake, of love and study and careful work. They cannot take any place seriously because they must be ready at any moment, by the terms of power and wealth in the

modern world, to destroy any place," re: Wendall Berry.

Noah looked up and said, "You mean you're not going to destroy the earth, again?"

"No," said the Lord, "the governments are doing it for me."

- John Fefchak  
Virden

## Proposed pipeline to transfer hog manure concerns Gimli taxpayer

Dear Premier Pallister,

It is neglectful of you to allow Manitoba's Hog Producers to continue disposing of their liquid animal sewage without appropriate treatment. It's raw sewage!

It contains a host of diseases and parasites. And even a bigger problem for your Agriculture Minister to consider, even suggesting the building of a pipeline, to carry millions of gallons of hog manure to other parts of Manitoba. The proposed pipeline to transfer the hog slurry problem to other parts of the province at the tax payers expense. The estimated pipeline cost is \$42 million! <https://www.producer.com/2019/01/man-ag-minister-proposes-manure-pipeline/>

Not a good idea, from all those who will stop at nothing to rectify their problem, of getting rid of their slurry manure, which is recognized as a known polluter worldwide!

- Peter Marykuca  
Gimli

## worship *with us*

> FAITH

# The ashes of palms!

Saturday of this week I will gather with others to fold leaves from fresh palm fronds into crosses. These will be sent home with people from a Palm Sunday. It is one of those traditions that I remember growing up with that has not changed in practice or technique over the years.

What has changed is the liturgy of the Palm Sunday service itself. Growing up, I remember Palm Sunday as being the only memorial on the day. Now the memorial is entitled "Passion Sunday" with the Liturgy of the Palms. Two memorials put together into a single service.

The palm liturgy is a memorial of Jesus' entry into Jerusalem riding on a donkey while the people shouted "Hosanna" praise the Lord. Passion Sunday is the Sunday memorial of the events of Good Friday, which is a separate service the following Friday in many churches.

It is striking how quickly in the service how the shouts change from "Hosanna" to "Crucify Him." No doubt the original followers of Jesus would have reflected on how the tenor of the crowd changed so quickly from Jesus' triumphal entry into the city to being taken outside onto a hill to be crucified a few short days later.

Many of those palm crosses that are handed out come back to the church the following year as we begin another Lenten Season with the Ash Wednesday service. Over the course of the year, the palms change from their original fresh appearance to being a bit withered and dry. What is dry is turned to ash, and what we prepare for is to receive something living and fresh.

I believe it is important to remember Good Friday, to leave at the cross those things which lead to death, in preparation for resurrection and life.

The Stonewall Ministerial invites you to come and memorialize Good Friday with a Cross Walk, this year on April 19 leaving from the Stonewall Legion parking lot at noon and concluding at Quarry Heritage Arts Centre. We pray this will be an opportunity to leave behind and a time to prepare for resurrection and life.

Submitted by The Rev. James Bardsley  
Anglican Church of the Ascension, Stonewall  
Member of Stonewall Ministerial Association.



# Share your views.

Manitoba Public Insurance welcomes your input on our current method of applying the Driver Safety Rating (DSR) in pricing insurance coverage and on potential alternatives.

Complete the survey at: [mpi.mb.ca](http://mpi.mb.ca)





# get inspired

> MEAL IDEAS



Serves 12

12 4-5 ounce or six 9-ounce thin-cut, farm-raised catfish fillets, halved  
1 1/2 cups buttermilk  
1/2 to 1 teaspoon hot sauce (optional)

### Creole Rémoulade Sauce

1 to 1 1/4 cups mayonnaise  
1/4 to 1/3 cup Creole mustard  
2 tablespoons prepared horseradish  
2 to 3 tablespoons chopped fresh Italian flat-leaf parsley  
2 tablespoons freshly squeezed lemon juice  
1 tablespoon sweet paprika  
1 to 2 shallots, minced  
1 teaspoon mild hot sauce  
1/4 to 1/2 teaspoon salt  
1/4 to 1/2 teaspoon ground black pepper  
1/4 teaspoon cayenne pepper (optional)  
1 16-ounce bag coleslaw mix  
Peanut oil for frying  
1/2 to 3/4 cup plain yellow cornmeal  
1/2 cup cake flour or Wondra flour  
1 1/2 teaspoons salt  
1 teaspoon ground black pepper  
1 teaspoon Cajun seasoning  
1/2 to 1 teaspoon cayenne pepper  
1/4 to 1/2 teaspoon garlic powder  
1 teaspoon paprika (optional)  
12 bolillo rolls or French-style rolls

Rinse the catfish fillets and dry using paper towels. In a small bowl, whisk together the buttermilk and hot sauce (if using). Place the catfish in a single layer in a 9-by-13 baking dish; pour the buttermilk mixture over the fish. Cover and refrigerate for 8 hours, turning once. (A buttermilk marinade enhances the flavor of the fish.)

RED RIVER CO-OP FOOD STORE

## Fried Catfish Po' Babies With Creole Rémoulade Sauce

To make the sauce: In a medium bowl, combine the mayonnaise, Creole mustard, horseradish, parsley, lemon juice, paprika, shallots, hot sauce, salt, black pepper, and cayenne (if using), and stir to mix. Adjust the seasonings as desired. (Store in an airtight container in the refrigerator for up to 1 day.)

In a medium bowl, combine half of the rémoulade and the coleslaw mix; stir to combine. Cover and chill the slaw and remaining sauce at least 1 hour, or overnight, to let the flavors meld. Let the fish fillets stand at room temperature for 10 minutes. In an electric fryer, large Dutch oven, or deep cast-iron skillet, add peanut oil to a depth of 2 to 3 inches. Heat to 360 F.

In a pie plate or shallow dish, stir to combine the cornmeal, flour, salt, black pepper, Cajun seasoning, cayenne, garlic powder, and paprika (if using). Remove the fish from the buttermilk mixture, allowing excess liquid to drip off. Dredge the fillets in the cornmeal mixture, shaking off the excess.

Fry the fillets, in batches of two whole ones or four small portions, until golden brown, turning once, 5 to 6 minutes. Remove the fish from the oil with a large slotted spoon.

Transfer the cooked fillets to a wire rack fitted into a rimmed pan. Keep warm, uncovered, in a 225 F oven until ready to serve.

Cut the rolls in half and, if necessary, lightly toast them (brushing the interiors with olive oil or melted butter, if desired).

Add 1/3 cup of the slaw to each roll and top with a catfish portion. Spoon 1 tablespoon of the remaining rémoulade on the catfish and top with the upper half of the roll. Serve ASAP.



## Little Children Need to Feel Nurtured and Safe

to ensure effective learning. A two-year-old does not understand parental frustration, and may not even equate parental anger with the fact that he was not co-operating.

At this age children need firm, but gentle guidance. Even as we are explaining why they cannot do or touch something, they must still feel our love and warmth.

To withdraw love and affection, as a form of punishment, will affect the child's self-esteem, self-confidence and trust in the world. A toddler is not 'bad', and should never be made to feel he or she is.

Handle with care -inside that cute, sometimes stubborn little head- a brain is still forming and blueprints for the adult are being drawn.

*Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for daily inspiration.*

Common sense tells us that little children need to feel nurtured, and safe. What we are learning now, however, suggests that the actual development of the brain, particularly during the second year of life when the infant begins to explore his world, can be affected by the child's emotional environment.

This is a time when certain brain functions are either established and used, or are largely lost. What happens during this time determines lifelong aspects of the child's mindset, worldview, sense of self, impulse control, and ability to relate to others. All of this - at a time when a toddler is getting into things, and often experimenting with the word 'no'.

Unfortunately, caregivers may become frustrated, or feel they must show anger and punish the child



## Broiled Chili-Lime-Crusted Tilapia

der, coriander, cumin, oregano, garlic powder, onion powder, salt, and pepper. Whisk to blend.

Dip both sides of each tilapia fillet into the spice mixture and use your fingers to coat evenly. Place the tilapia on the prepared baking sheet with the bottom facing up. Broil for 4 minutes, then carefully flip and cook for 4 to 5 minutes more, or until the fish flakes easily.

Serve with lime wedges and torn cilantro or top with a few spoonfuls of Pico de Gallo.

Pico de Gallo  
Makes about 2 cups

3 plum (Roma) tomatoes, seeded and diced  
1/3 cup finely diced red onion  
2 scallions, sliced  
2 tablespoons chopped fresh cilantro  
1 tablespoons minced jalapeño  
1 teaspoon minced garlic  
Juice of 1/2 lime  
1 teaspoon olive oil  
1/2 teaspoon kosher salt

In a medium bowl, combine the tomatoes, red onion, scallions, cilantro, jalapeño, and garlic. Add the lime juice and oil, season with the salt, and stir to combine.

Serve immediately or cover with plastic wrap and refrigerate until ready to serve.

Serves 4

2 tablespoons olive oil, plus more for the pan  
Juice of 1 lime (about 2 tablespoons)  
1 tablespoon cornstarch  
1 tablespoon chili powder  
1 teaspoon ground coriander  
1 teaspoon ground cumin  
1 teaspoon dried oregano, rubbed in your palm  
1/2 teaspoon garlic powder  
1/2 teaspoon onion powder  
3/4 teaspoon kosher salt  
1/4 teaspoon freshly ground black pepper  
4 fresh tilapia fillets

Garnish:

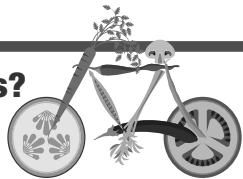
Lime wedges  
Torn fresh cilantro leaves  
Pico de Gallo (see below)

Place the oven rack in the top portion of the oven. Crack the oven door and preheat the broiler to high. Line a rimmed baking sheet with aluminum foil and lightly brush the foil with olive oil.

In a shallow dish, combine the olive oil, lime juice, cornstarch, chili pow-

**Do you have a Health or Wellness Business?**

Call Stephanie at  
204-467-5836 to advertise



**Learn how to create a safe haven.**

We help you radically reduce chemicals in your home

**Norwex**

Ask me how

Stephanie 204-896-3980

Independent Sales Consultant  
cleanwithwater15@gmail.com

**ISAGENIX**

Weightloss • Energy & Performance • Healthy Aging

Allana Sawatzky  
allana333@hotmail.com

Janice Gulay  
jkaraim@mymts.net (c) 1-204-648-3836

Rose Sawatzky  
isa.rose1957@gmail.com (c) 1-204-479-8227

www.isaproduct.com



# South West District Palliative Care Hikes planned

By Jo-Anne Procter

The first weekend in May will be a great time to bring out your sneakers and go for a five-kilometre walk with friends and family.

To kick off National Hospice Palliative Care Week 2019 May 5 to 11, the South West District Palliative Care (SWDPC) will host their ninth annual Hikes for Hospice in both Stonewall and Teulon on Sunday, May 5.

National Hospice Palliative Care Week is a time to celebrate and share achievements of hospice palliative care throughout the nation, but it also provides a platform to look at shortcomings and create bridges for these gaps.

Since 1997, SWDPC has worked to support end-of-life care for clients and their families in the towns of Stonewall and Teulon and the surrounding municipalities of Rosser, Rockwood, Woodlands and part of Armstrong. The SWDPC program, which includes volunteer support, education and equipment purchases, is offered in conjunction with the In-

terlake-Eastern Regional Health Authority but is completely dependent on donations and community support for its funding.

While the Hike for Hospice event is a fundraiser and donations are gratefully accepted, the focus is to raise awareness for palliative care in our community. The SWDPC hopes to increase community involvement and inform neighbours about palliative care. Specifically, they aim to educate what palliative care is and how people at end of life can benefit from it.

Walkers of all ages can join the hike on May 5 in Stonewall at the north entrance of the Stonewall United Church (391-1st Ave. N.) with registration at 11:15 a.m. and the walk starting at 11:30 a.m., followed by a pancake breakfast.

Participants for the Teulon walk can register at the Senior Resource Centre (55 Main St.) at 10:30 a.m. with their hike beginning at 11 a.m. followed by a pancake brunch at noon at the United Church.

For more information or to pick up



TRIBUNE PHOTO BY JO-ANNE PROCTER

Red River Co-op Stonewall Food store donated \$500 towards the Teulon and Stonewall Hike for Hospice pancake breakfasts being held on May 5. Pictured left to right: Doug Pickell, Nancy Dumas, Kelsey Krempasky (front-end manager), Doris Hunter, Betty Taylor and Traver Tebetts (grocery manger).

a pledge sheet, contact the South West District Palliative Care via email at [s.w.d.p.c@hotmail.com](mailto:s.w.d.p.c@hotmail.com) or contact Gayle at 204-781-9100, Chuck 204-467-

2632 or Jen at 204-513-1728 (Stonewall Hike) or Nancy Revel 204-886-2792 (Teulon).

# Stonewall cemetery cleanup to begin next week

## Stonewall council news in brief

By Jennifer McFee

The Town of Stonewall is asking residents to take a moment to remove any sentimental items they may have left at the local cemetery.

From April 15 to May 1, the town's parks department will embark on a cleanup of the cemetery. As part of the cleanup efforts, items will be removed from the cemetery and discarded — including artificial flowers, decorations and ornamental materials such as lawn ornaments, solar lights, borders, fences, railings, trellises, iron posts and items made of glass or china.

Before the cleanup period starts on April 15, individuals are asked to remove any items they'd like to keep.

"We're asking that people please remove vases and flowers and little trinkets prior to the work because these things could get damaged or broken," said Mayor Clive Hinds. "We don't want to be responsible for that."

Stonewall council passed second and third reading of the cemetery bylaw during the council meeting on April 3. The bylaw indicates that the town's parks department will clean up the cemetery twice each year, from April 15 to May 1 and from Oct. 1 to 15.

The full bylaw is posted on the Town of Stonewall website at [www.stonewall.ca](http://www.stonewall.ca).

### In other council news:

- The Town of Stonewall is asking the Manitoba Water Services Board to provide cost-sharing agreements for the \$200,000 lagoon improvement project and the \$1-million south lift station and force main upgrades project.
- As delegations at the April 3 meeting, Tim Comack spoke about changes to proposed plans for the Ventura development and Catherine Precourt asked council to clas-

sify the kilns with heritage designation. Council will consider both requests.

- Council gave first reading to a bylaw regarding mobile home fees.
- The Town of Stonewall will host a public hearing to present the 2019 financial plan. The hearing will take place in the council chambers on Tuesday, April 23 at 6:30 p.m. Copies of the financial plan will be available for review at the town office.

Stonewall Teulon  
**Tribune** **THE EXPRESS**  
 WEEKLY NEWS  
**Office will be closed**  
**Good Friday, April 19**

*We specialize in celebrating life*  
**MacKenzie**  
 FUNERAL HOME  
 info@mackenziefh.com  
**204-467-2525**

**ROYAL CANADIAN LEGION**  
 STONEWALL BRANCH - 467-2261 Lic #418  
**MONDAY NIGHT BINGO**  
 Early Bird 7:00 pm  
 Regular Games 7:30 pm in the Clubroom  
**ALL ARE WELCOME**

**NOTICE OF THE Annual General Meeting**  
 of the Interlake Community Foundation, Inc.  
**To be held on May 6, 2019 at 6:00 PM**  
 at Something Beautiful  
 307 Main Street Stonewall.  
 The public is also invited to our Grants Presentation Evening on May 13 at 7:00PM at the Stonewall United Church 369 1st Ave North Stonewall, MB. This event is sponsored by Sunova Credit Union Stonewall.  
**www.interlakefoundation.ca**



# Annual Teulon-Rockwood Fireman's Ball a blazin' success

By Lana Meier

Well, they say practice makes perfect — and the Teulon-Rockwood firefighters wives and family members seem to be living proof of that. Every couple of years, the firefighters' pagers go off just before the turkeys and 450 guests shows up for the annual Fireman's Ball.

However, it has happened so often that everyone seems to expect it. This year, firefighters were called out to a grass fire by Inwood, which was the fourth fire of the week for the department.

Fire Chief Chris Dawson said earlier in the week that the expected moisture would be a welcome relief to make sure the department would be ready for dinner this year. But when the moisture didn't arrive and the sun came out on Saturday, it was near-perfect conditions for a grass fire to get out of control.

And as the years go by, families continue to grow older. This year, it wasn't the wives that carved the 24 turkeys donated by Charison's Turkey Hatchery, it was the sons and friends of the firefighters.

Meanwhile, the spouses and other children took over the serving duties, bar tending, silent auction sales, liquor sales and greeter duties.

Fortunately, the firefighters had all the fixings prepared before the fire.

The Teulon Collegiate jazz band, directed by Brandy Bilenki Gervais, was responsible for the cocktail hour music.

Ken and Laura Humbert recited the Firefighter's Prayer and the Fireman's Wife Prayer.

The firefighters returned just in time

to have a quick bite to eat before clean up and dish duty.

Following dinner, master of ceremonies Bert Campbell introduced the 23 members, thanking them for their continued support. Rockwood Coun. Lyle Willis presented 10-year pins to Nolan Kroeker, Sean McGill and Glenn Carroll. Campbell presented a \$1,000 donation to the firefighters on behalf of the Teulon Tractor Pull.

Dawson thanked former Rockwood Reeve Jim Campbell and Bert Campbell for their leadership and support for the new firehall.

Rey Girardin prepared a brief power point of past and present fire halls and stats about the local department, which Robin Chestnut presented.

The large silent auction, featuring prizes donated by local businesses and community supporters, was very successful.

The funds raised at this year's Fireman's Ball will be used to accessorize the new compound for live training.



TRIBUNE PHOTOS BY LANA MEIER

Left to right, Michael Dawson, Jordan Zalinsky, Brad Dawson, Wyatt Hancox and Andrew McMahon suited up to carve the 24 turkeys donated by Charison's Turkey Hatchery.



Stand in bartenders, Leah Zalinsky, Marion Murphy and Bree Dawson.



Chris Dawson, right, and Bert Campbell.



June McMahon and Judi Carroll were in charge of the wheelbarrow liquor sales.



Ten year pins were presented to Nolan Kroeker, Sean McGill and Judi Carroll, who accepted for Glenn, by Rockwood coun. Lyle Willis and Reeve Wes Taplin.



The firefighter's children and wives helped served supper, Andrea Chubey, Kurtis Derbowka, Kendra Derbowka, Andrew McMahon and Wyatt Hancox.



The lucky wheelbarrow liquor winner was Janice Dola and the runner up was Garry Jahns.





# YFC Drop In Centre hosts Dessert Night thankquet



TRIBUNE PHOTOS BY MOLLIE MEIER

Friends and family of the the Youth for Christ Stonewall Drop in Centre enjoyed a decadent dessert night at the New Life Church this past Saturday. A dessert Thankquet was held to celebrate victory and shared visions.

## ORAL HEALTH

# Protect YOUR FAMILY'S SMILE!

## The mouth-body connection: health risks associated with poor oral hygiene



### Lung conditions

Harmful bacteria generated by gum disease can be inhaled into your lungs. Once in your respiratory system, the bacteria can enter your bloodstream and cause respiratory infections such as pneumonia and acute bronchitis.

### Diabetes

Gum disease tends to elevate blood sugar levels, which increases your risk of developing diabetes. By the

same token, diabetics who have gum disease often experience dangerous spikes in their blood sugar levels and might struggle to control their disease.

Good oral hygiene is vital for your all-around health and well-being, but thankfully, it's easy to implement: simply brush your teeth twice a day and floss them at least once. Regular dental checkups are also imperative for maintaining your oral health. In addition, it's best to limit the number of sugary drinks and snacks you consume.

Failing to practise good oral hygiene commonly leads to tooth decay and gum disease. While these conditions are serious in themselves, even more alarming are the broader health problems neglecting your teeth can provoke.

### Heart disease and stroke

When gum inflammation occurs as a result of gingivitis or periodontal disease, the harmful bacteria associated with the condition can pass through your gums into your bloodstream. Consequently, gum disease can cause plaque to build up and harden in your arteries. In turn, this can result in blood flow problems, heart blockages and an increased risk of having a heart attack. Moreover, the subsequent damage to arteries and blood vessels can lead to hypertension (high blood pressure), which puts you at risk for having a stroke.



## CARRINGTON DENTAL Center

### Dr. Dennis Carrington


**Hours:**  
 Mon - Thurs 8:30am - 5:30pm  
 Fri 8:30am - 4:00pm

**NEW PATIENTS & EMERGENCIES WELCOME**

## 467-2746

310-1<sup>st</sup> St., W., Stonewall  
 info@carringtondentalcenter.ca  
 www.carringtondentalcenter.ca






## Everyone LOVES a GREAT Smile

Time to book your dental appointments.

**ACCEPTING NEW PATIENTS**

**Dr. Stacey Benzick**  
**Dr. Simi Singh**  
**Dr. Carolyn Robertson**



Creating Smiles for the Entire Family

## QUARRY Stonewall Dental Centre

345 Main Street, Stonewall 204-467-2177



# Volunteers recognized for their uplifting care

By Jo-Anne Procter

Acts of kindness, care, compassion and gifts of time are just a few of the fine qualities that volunteers at Personal Care Homes (PCH) throughout the Interlake possess.

Last week members of the Interlake Eastern Regional Health Authority (IERHA) board of directors and staff of Rosewood Lodge in Stonewall hosted a special tea to acknowledge volunteers for their contributions in conjunction with celebrating National Volunteer Week that runs April 7–13.

Margarete Moulden, clinical team manager of Rosewood Lodge welcomed special guests and spoke of the outstanding value their efforts bring to residents and staff at PCHs.

'The Volunteer Factor – Lifting Communities', is the theme that IERHA is hosting in the Interlake throughout the month of April.

Last Tuesday, the multi-purpose room at Stonewood Place was decorated with colorful hot air balloons of different sizes and shapes reflecting the diversity of community volunteers.

"You never know what can give others a lift during a difficult day," Moulden said.

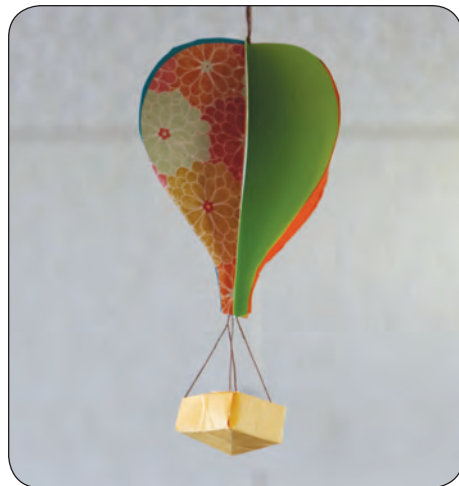
"The envelope (of a hot air balloon) is the fabric of the balloon which holds the air that keeps the balloon afloat," she said. "Humans also have an envelope that keep us hopeful. Our envelope is called the mind. Our minds are the refuge for all our hopes, dreams and memories. Volunteers bring us hope," she said. "Your mere presence provides hope to those who are lonely or sad. You lift their spirits by your visits and interactions."

Moulden explained that the burner of the hot air balloon propels the heat up inside the envelope. "And just as a hot air balloon requires regular intervals of hot air to stay afloat, the folks you volunteer with need regular intervals of motivation and inspiration," she said. "The smiles you give and the time you spend with the residents are those motivational and inspirational moments".

The basket of the hot air balloon is where the passengers and pilot stand and see where they are going and where they have been. In the basket the pilot and passenger are able to navigate the course of the journey together.

"Volunteers provide a safe space for our residents to reflect on life and help them enjoy the journey," said Moulden.

Volunteering can also give volunteers a lift. "When we volunteer, our



Hot air balloons were used to show the diversity of volunteers.

spirits are lifted when we have the opportunity to work with others. Our sense of purpose is lifted when we see how our efforts have helped someone else," she stated.

The joy that volunteers bring to PCHs is priceless. Many volunteers will sit at the bedside of a dying resident so they do not have to be alone, so family can have some comfort if they are unable to be there. Some volunteers provide spiritual health, a listening ear and companionship while others share their talents in day to day programming providing sing-a-longs, music and entertainment, assisting in outings, bringing pets to visit and just being part of the patients/residents day of life.

IERHA CPA Vice President Finance and Chief Financial Officer Dorothy Forbes acknowledged and thanked volunteers. "Your heart and passion for what you do are as large as a hot air balloon. You contribute to our collective effort of providing quality and truly compassionate care to our residents," she said. "This is what makes you a valuable member of our healthcare team. You keep us afloat like the hot air balloon suspended in the sky."

David Oakley, board member expressed gratitude to volunteers who are among the most generous members of our region. "Thank you for lifting up your community through your generosity of your time volunteering," he said. "With your compassion and your calming presence you help us create a better experience for our patients, our residents, our staff and everyone who visits our facilities."

Each volunteer that was recognized received a candle. "It (candle) is a symbol of the light and the warmth that you bring to our residents and our staff as you help us bring compassion and care to the people we care for. With your help we are reminded how important it is to continue mov-



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Volunteer Joie Van Dongen, middle, was acknowledged for the exercise program she designed and implemented for residents at Rosewood Lodge. Pictured left to right, IERHA board members David Oakley, IERHA CPA Vice President Finance & Chief Financial Officer Dorothy Forbes, Van Dongen, Rosewood Lodge staff members Carrie Munroe and Margarete Moulden.



Care Holmes, middle, was thanked for the many hours she spends playing the piano for residents at Rosewood Lodge. Pictured left to right; Margarete Moulden, Dorothy Forbes, Care Holmes, Carrie Munroe and David Oakley.

ing upward to reach our goals of providing good healthcare for all our residents with our whole hearts."

"The gift of a candle represents you and while I know that you choose to volunteer selflessly and without expectation of being recognized or rewarded, today I wish to do just that," Moulden expressed. "I want to let you know just how much your dedication is appreciated, whether you are a long-time volunteer or if you became involved fairly recently, and regardless of how many hours you choose to give, it's important for you to know that how much you do, every little bit is appreciated and makes a difference to our residents."

Carrie Munro, Rosewood Lodge recreation coordinator personally introduced each volunteer group and

volunteer. "Our volunteers are so important to us, there is so much more we are able to do with our 50 residents

Among the volunteers recognized were individuals that dedicate time by helping were; the Stonewall and District Health Centre Ladies Auxiliary who were acknowledged for their fundraising efforts, musicians and sing-along groups were praised for sharing their gift of music. The Men's Chat group, the group of ministers that provide spiritual care, volunteers that come in and help with exercise programs for residents, visitors that come to spend time with residents and help out in countless ways. Palliative care volunteers and volunteers that help out with the Adult Day program were also recognized for their countless hours of volunteerism.



# Loaf and Honey celebrates Raw Milk Cheese Day

By Jennifer McFee

A local catering company is celebrating the old ways by preparing a seven-course meal for International Raw Milk Cheese Appreciation Day.

On April 20, Loaf and Honey is joining the global celebration of raw milk cheeses, which are made using milk that has not been pasteurized. A non-profit organization called Oldways is promoting the appreciation day in keeping with its mission to inspire people to embrace the healthy, sustainable joys from traditional ways of eating.

Dustin Peltier and Rachel Isaak, the culinary force behind Loaf and Honey, became members of Oldways this year. In addition to operating their catering company, the dedicated duo honed their skills of making raw milk cheese through age-old techniques taught by a Trappist monk named Brother Alberic at a monastery in Holland, Man.

Loaf and Honey is partnering with The Cheesemongers Fromagerie for the dinner event. Each course will be paired with wine or local beer.

"We are going to be doing a seven-course meal with different raw milk cheeses from across Canada. They are going to bring in six different raw milk cheeses from different producers from across Canada and we will also be using our cheese," said Peltier, who is originally from Woodlands.

"We'll be doing the dinner at St. Norbert Arts Centre, which is where



April 20 is International Raw Milk Cheese Appreciation Day.

the original grounds of the monastery was before they moved to Holland."

In addition to indulging dinner guests with some amazing flavours, the event will also shed light on what raw milk cheese is all about. The producers take great care in the natural cheese aging process to ensure that raw milk cheeses are a safe — and delicious — choice.

"We're not selling milk; we're selling cheese. Raw milk is an ingredient in our cheese, just like raw pork is an ingredient in sausage," Peltier explained.

"We're taking a product and putting our touch on it to bring out the natural flavours."

The dinner aims to help Peltier and Isaak raise funds while they continue to work with regulators on developing policies and procedures for their product.

The fundraiser is set for Saturday, April 20 from 6:30 to 10:30 p.m. at the



TRIBUNE PHOTOS BY BELLA LUNA PHOTOGRAPHY

Rachel Isaak, left, and Dustin Peltier of Loaf and Honey are hosting a seven-course meal for Raw Milk Cheese Appreciation Day.

St. Norbert Arts Centre, located at 100 Rue des Ruines du Monastere. Tickets cost \$100 and are available through Eventbrite at [www.eventbrite.ca](http://www.eventbrite.ca).

"We've got 100 tickets available and we're hoping that we can sell out," Peltier said. "It will be another step to help us preserve this little-known Manitoba cheese-making tradition and prevent it from completely disappearing."

So far, Loaf and Honey's Raw Milk Cheese Appreciation Day event is the only one listed in Canada on the

Oldways website. More than 60 other events will be taking place throughout the United States, Mexico, South America, Europe and Australia.

Earlier in the day on April 20, Loaf and Honey will also be participating a cheese-tasting event from 10 to 11 a.m. at The Cheese-Mongers Fromagerie, located at 839 Corydon Ave.

For more information about Loaf and Honey, visit [www.loafandhoney.com](http://www.loafandhoney.com) or call 204-997-6600. Updates are also posted on Facebook and Instagram.

## True Canadian pride



TRIBUNE PHOTO SUBMITTED

A number of curling enthusiasts from the Stonewall area travelled to Lethbridge last week to cheer on Team Canada's Kevin Koe (skip), BJ Neufeld (third), Colton Flash (second) and Ben Hebert (lead) at the world men's curling championship. Pictured left to right, Irv and Sandy Koch, Mary Ann Pull, Sig Johnson, Shirley and Ted Glucki.

# WPG COMEDY FESTIVAL

MAY 2-4, 2019

PRESENTED BY  
**club Regent**  
CASINO • EVENT CENTRE

## See the Galas at the Club Regent Event Centre

Tickets available at  
[www.winnipegcomedyfestival.com](http://www.winnipegcomedyfestival.com)

WATERVILLE
89.3
Journalist
Winnipeg Free Press
PATISON
Guppy.com
VISUAL LIZARD
92.1
102.3
Canada
Manitoba



# Destination Imagination takes flight at Balmoral School



TRIBUNE PHOTO SUBMITTED

Two teams of students from Balmoral School participated in the Destination Imagination program.

By Jennifer McFee

A hands-on educational experience has captured the imagination of a group of Balmoral School students.

Teacher Kayleigh Poirier encouraged

students to take their learning to the next level by launching a Destination Imagination program at the school.

"Destination Imagination's mission is to empower youth through project-

based challenges that are designed to foster creativity, critical thinking, communication and team work skills," Poirier explained.

"These challenges build students' confidence while providing them with the necessary skills for the 21st-century workforce."

In total, 14 Balmoral School students in grades 4 and 5 participated in the provincial tournament on March 13, divided into two teams of seven. Not only was it first for the school, it was a first for the entire Interlake School Division.

"There were seven challenges for teams to compete in this year. Our teams chose to complete the Fine Arts Challenge called Game On and the Engineering Challenge called Monster Effects. Each set of challenges has a number of criteria that need to be met," said Poirier, who teaches Grade 2/3.

"Over the months leading up to the tournament, our two teams worked together to create all of the necessary components to meet all of these criteria for their challenge. This included building a structure, researching games and creating props, scripts and costumes. Students also had to create a storyline for their challenge in order

to bring all of their criteria together."

Grade 4 student Ella Loehmer overflowed with enthusiasm about her experience in the Monster Effects group.

"I got to be the monster so it was very fun basically being the main part," said Ella, who wants to participate in Destination Imagination again next year.

"I got to experience a lot of new things. I got to talk in front of some people and work with a group for a long time. I like to work by myself, but to work with a group was harder. It was all really fun to do."

Likewise, Grade 5 student Summer Chartrand enjoyed the experience and she encourages other students to consider joining Destination Imagination.

"The competition was exciting, even though I was a little bit nervous," Summer said.

"It was a good experience to work with a group. We learned the importance of working together."

Throughout the process, team managers can guide students towards meeting their criteria for each challenge, but they can't tell students

Continued on page 18

# Smart fundraiser

By Jo-Anne Procter

It turned out to be a clever idea for the Stony Mountain/Stonewall Masonic Lodge #12 and the Stony Mountain Community Association (SMCA) to join forces and host an annual Quiz Night.

Last Friday, the associations sold out their second annual event with 36 teams entered while raising \$6,800 for their organizations.

It was a battle of the brains as teams competed for the title of the smartest team by answering a series of quizzes. "All Dump No Chase" earned the most points, winning back their entry fee and were awarded medals.

The Masons have been in the com-

munity for the past 125 years and are deeply involved in helping people and their communities. Part of their commitment is to work to try and make society a better place a little step at a time.

The Stony Mountain/Stonewall Masonic Lodge teamed up with SMCA last year as part of their commitment to getting more involved in the community. The Masonic Lodge has funds committed to The Dream Factory, as well as two bursaries to Stonewall Collegiate and one bursary to Warren Collegiate. They also donate each year to various local organizations in our communities. The SMCA has committed funds to the The Dream Factory

and to their walking trails project in Stony Mountain. Their newly formed charity committee oversees all donations and is currently looking into the local area for individuals and organizations that



TRIBUNE PHOTO BY JO-ANNE PROCTER

"All Dump, No Chase" were the winners of the second annual Stony Mountain Community Assoc./Stony Mountain/Stonewall Masonic Lodge #12 Quiz Night. Pictured back row, left to right: Rey Laferriere (Mason), Marcia Desmedt (Quiz Master), Dave Van Heyst, Wendy Pilcher, Tony Hoess, Jennifer Hoess and Chris Sawka. Front row: Stanley Cross, Adam Meisner and Patrick Hoess.

may benefit from a little help from a friend.

Mason Rey Laferriere credits the great success of the event to the overwhelming support from the commu-

nities. Many individuals and businesses donated prizes to the variety auction and \$590 was raised from the 50/50 draw.

**WILD WEST Springtime in South Dakota!**  
 May 26 - June 1  
 6 Nts. (4 in Deadwood, S.D.),  
 6 Breakfasts,  
 Transportation, Custer State Park,  
 Mount Rushmore,  
 Vore Buffalo Jump,  
 Devil's Tower, Badlands  
 Space Still Available, Call for Details

**EMBASSY TOURS 757-9383 1-800-723-8051**  
 www.embassytours.ca E-mail: embassytours@mts.net Celebrating 27 Years



# Interlake students participate in annual Festival of the Arts



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The 64th annual Rockwood Festival of the Arts kicked off last Saturday in Teulon and will run through to April 17. On April 8 a number of Interlake School Division schools participated in Choral. Photos from left to right, Woodlands Grades 1 and 2 students sang 'Little Black Rain Cloud' and 'Animal Crackers in My Soup.' The Ecole Stonewall Centennial School Grades 5 and 6 girls' choir sang 'The Water is Wide' and 'Touch the Sky'. Stony Mountain Grades 3 and 4 students sang 'Thankful' and 'I Can, Can' while the Warren Collegiate Grades 10-12 Choir sang 'Hotarukoi' and 'The Parting Glass'.

# Daryl Stanley holds the NHL torch for Stonewall



TRIBUNE PHOTO BY TY DILELLO

Daryl Stanley holding up a copy of Ty Dilello's book *Block That Shot: The Bob Chrystal Story*. Stanley and Chrystal are old pals.

By Ty Dilello

Over the years, there has been a lot of solid hockey players to come out of the Stonewall area, but only a few of them have ever laced up a pair of skates in the National Hockey League.

Daryl Stanley was one of the few that broke through and had an impact in the big leagues.

Stanley was born on Dec. 2, 1962, and

grew up in the '60s when Stonewall was a town of only 800 people.

"I learned how to play the game in town," recalled Stanley. "The fundamentals were learned when I was very young and I played for some really good people at a young age that really helped provide a solid hockey foundation. We also played outside every night on the outdoor rink or under the

street lights playing road hockey with guys way older than you. I'd be seven or eight years old and playing guys that were 15 or 16. You would slash each other and wind up getting into fist fights because we always played hard and played to win and that was instilled in me from a young age."

Playing with the older kids must have helped mould Stanley into the big physical presence he was for most of his hockey career. He was always getting into a lot of fights and racking up the penalty minutes right from his first year in juniors.

Stanley spent his junior career with teams in Revelstoke, New Westminster and Saskatoon. From there, he was signed by the Philadelphia Flyers as a free agent in 1981 and spent some time playing for various minor league clubs before making his big-league debut during the 1983-84 season.

"I found that going into the old buildings like Montreal Forum or Maple Leaf Gardens, there was a lot of history with a lot of amazing atmospheres. All of the sudden you can hear the announcers you heard as kids growing up, and looking across the ice, you'd see hockey players that were your heroes. Right away you had to get out of the awestruck moment you were in and get ready to play."

Stanley was a defenceman that was sometimes used by the Flyers as a forward in certain games or situations. With the Flyers, he reached the Stanley Cup final in 1987 where they fell in a tight seven-game series to perhaps the best Edmonton Oilers team ever assembled.

From there, Stanley was shipped to the Vancouver Canucks where he spent a few more NHL seasons playing on the west coast. Over six NHL seasons, Stanley played in 189 regular season games and 17 playoff games. He scored eight goals and 25 points over that time with 408 penalty minutes and 27 fights, according to HockeyFights.com.

"I never played in the big money era like today but I got a chance to play in the world's best hockey league for a couple of years and have some really great moments like playing in a Cup final and wearing a captain's sweater in the NHL. It was fun and a good time and it prepared me for life after hockey. It made you punctual and able to follow a schedule, working with different people and with a team. I've been very fortunate in life to do jobs that I love doing that doesn't feel like work like hockey, scouting, outfitting."

In addition to Stanley's successful Outfitting businesses (Bear Creek Outfitting and Stanley's Goose Camp), he also did some scouting for various NHL teams for many years after he first retired from playing hockey. Most notably, Stanley won a Stanley Cup in 2007 while scouting for the Anaheim Ducks.

Daryl's son Matthew recently completed his last year of junior hockey with the WHL's Swift Current Broncos. He finished off the season last week playing his first bit of pro hockey in the ECHL with the Jacksonville Icemen.



## > DESTINATION IMAGINATION, FROM PG. 16

what to do or how to do it.

"Each challenge is student-centered, which makes Destination Imagination incredibly rewarding to be a part of," Poirier said. "It's amazing to see what students come up with."

Even when the students' ideas didn't work out, they came up with alternative ideas to achieve their goals.

"There were a few times when our teams came to a dead end on one idea, but then they would brainstorm a different idea and go with that," Poirier said.

"It was really good seeing them persevere through those challenges. It really helped with their confidence."

At the provincial tournament, both of the Balmoral teams presented their storylines to a panel of appraisers, who scored them on the criteria for their challenge.

"They also had to compete in an Instant Challenge, where they showed off their teamwork skills to complete a quick design-based challenge within five minutes. Both teams competed against other teams from various schools around Winnipeg," Poirier said.

"Both teams did an incredible job at the tournament. They took pride in their challenges and showed sportsmanship towards the teams they competed against. I look forward to what next year has in store for us."

From Poirier's perspective, the students' involvement in Destination Imagination provided an incredible opportunity and they seemed to love every part of it.

She first learned about the program through a professor she worked for while she was completing her bach-

elor of education degree at the University of Winnipeg.

"I just graduated last June, so I am currently in my first year of teaching, but ever since being introduced to the program, I knew that it was something I wanted to become a part of," she said.

"Thankfully, my administrator is incredibly supportive and once I introduced the idea to her, she was on board and encouraging me throughout the entire process. I plan on continuing to be a part of this amazing experience for as long as I am able to."

Poirier also acknowledges guidance councillor Kim Deline for helping to manage the teams, as well as the community for supporting their efforts to make it to the provincial tournament.

"Our teams started meeting in late November and began actually pre-

paring our challenges in January," she said.

"We held one major fundraiser at our school (a bake sale) to help cover the costs of all materials and tournament fees — it can be a little more pricey — which was a huge success. It's incredible how supportive a small town can be."

Looking ahead, Poirier encourages other schools to consider getting involved in Destination Imagination.

"It was so exciting to see it all finally come together and see all their hard work pay off," she said.

"They were so confident and so excited to be at the tournament. As an adult, it was amazing to see."

More information about Destination Imagination is available at [www.destinationimagination.org](http://www.destinationimagination.org).

# take a break

> GAMES

## SUDOKU

9								
7			8	1	4	5		
				3				7
			2	4				
6		2			5			
	1			7		6		
			4	2	9	1		
	8	6				9		
							4	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	7	7	3	8	9	1	6	2
2	3	6	1	5	7	9	8	4
8	9	1	6	2	4	7	5	3
9	2	9	8	7	3	4	5	1
4	7	8	5	9	1	2	3	6
1	5	3	6	4	2	9	7	8
7	8	4	2	3	6	5	9	1
9	6	5	4	1	8	3	2	7
3	1	2	7	6	5	8	4	9

Sudoku Answer

	K	E	R	T	S	B	A	R	V
D	L	I	A	S	S	V	L	E	P
N	E	C	T	I	D	E	N	E	B
O	V	A	D	V	A	S	N	H	D
H	M	P	L	A	B	A	M	O	T
U	R	O	E	S	C	S	I	N	V
T	N	T	P	E	D	T	I	V	R
E	E	R	I	E	L	T	I	V	E
S	L	B	I	B	I	S	E	S	N
F	L	S	V	H	D	O	M	K	R
V	M	A	S	T	D	A	H	E	C
L	B	I	S	V	V	N			B
E	N	N	V	A	V	H	C	M	I
S	L	E	W	N	E	V	S	V	H
C	T	A	C	T	A	P	O	E	M

Crossword Answer

# X CROSSWORD

### CLUES ACROSS

- Often romantic composition
- Lunar term
- California mountain
- Spiral staircase pillars
- "Heat" director
- Tellurium
- Gateway (Arabic)
- No (Scottish)
- Greek prophetess
- A team's best pitcher
- Bard's way of saying "have"
- Indigenous group of the Philippines
- Danish krone
- Type of squad
- Possesses
- Part of the face
- Very small amount of time (abbr.)
- Churches have lots of them
- Modern day "letter"
- Della \_\_, singer
- Informed upon
- Type of house
- Folk singer DiFranco
- A baglike structure in a plant or animal
- Car mechanics group
- Belonging to us
- Pack neatly
- Forming the bottom layer
- How fast you're going
- Sea eagles
- Cool!
- Military mailbox
- Type of lawyer
- Type of monk
- Respect due to an ancestor
- Took to the sea
- Members of a Semitic people
- A way to march

### CLUES DOWN

- Political action committee

			1	2	3	4		5	6	7	8	9					
	10	11							12					13			
		14						15						16	17		
18							19				20			21			
22						23				24			25				
26						27				28			29		30		
			31	32							33			34			
35	36											37					
38						39					40						
41						42		43			44				45	46	47
48					49			50		51						52	
53						54				55							56
57						58		59					60	61	62		
		63	64									65					
													66				
																	67

- \_\_kosh, near Lake Winnebago
- When you hope to get there
- Woman who followed Bacchus
- Cause to become entangled
- Green veggie
- Stiff bristles
- Pass in Alps
- Atomic #81
- A sharp blow
- Bears engage in it
- Prevents progress
- Young boy
- A way to go on
- Not good
- A ballet enthusiast
- Ad \_\_
- Bar bill
- A genus of badgers
- "No \_\_!"
- Get off your feet
- Franklin was one
- Removed
- Used to catch poachers
- Hit lightly
- Crony
- Stroke
- One who obtains pleasure by inflicting pain on others
- \_\_ the ante
- Greek letter
- "Wings" actor Steven
- Unhappy
- Hair-like structure
- Pick up
- Type of transportation
- Worn with a suit
- Something similar to another already referred to
- Farm state



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Interlake girls are fearless on the football field

By Ty Dilello

There are currently five Interlake girls who are members of the Manitoba Fearless Women's Tackle Football Team, which participates in the Western Women's Canadian Football League.

Julie Sprague from Grosse Isle is a six-year veteran; Isabelle McDonald from Woodlands is in her second year; while Maddie Siwicki from St. Laurent, Grace McDonald from Woodlands and Ashley McCabe from Selkirk are all in their first year.

Siwicki came to the Manitoba Fearless team after four years with the Interlake Thunder girls' team (MGFA) and one year with Interlake Thunder bantam team. She received the Interlake Thunder Offensive Most Outstanding Player four years in a row as their quarterback. She was also selected to the Manitoba Girls Football Association (MGFA) All Star Team twice.

McCabe joined the Fearless from the MGFA East Side Eagles team where she played as a Linebacker for four seasons. She also played football for her high school team, the Kildonan East Reivers. McCabe has just returned to football this season after taking the past couple of years off and is very excited to get back into it.

Grace McDonald is 16 years old and a defensive back that is entering her sixth season of football, which includes four years with the MGFA, one year with the PeeWee boys, and now her first with the Manitoba Fearless.



Grace McDonald



Julie Sprague



Maddie Siwicki



Isabelle McDonald

"I grew up surrounded by football," said McDonald. "My dad has coached almost my entire life. I can remember going to practices and games with my mom and sister and helping in whatever way we could so it was just natural for me to start playing."

McDonald passed up her last two years of MGFA to play with the Manitoba Fearless so that she could continue to play with her sister, Isabelle, and to continue challenging herself by playing at a higher level.

"I am pretty young but the veterans have been really supportive and helpful, especially the other defensive backs," said McDonald.

"For the 2019 season, I am just wanting to learn from the coaches and veterans and adjust to the higher level of football and hopefully work towards a bigger role in a year or two."

Julie Sprague has been playing for the Manitoba Fearless for the past six seasons. She played two seasons for

the St. Vital midget team, one season with the Interlake Thunder midget and one season with the North Winnipeg Nomads. She won the Nomad Heart Award in 2013, Fearless Offensive Rookie of the Year Award in 2014, and the Fearless Offensive MVP in 2018. She's also coached the Interlake Thunder bantam team in 2015 and the Interlake Thunder MGFA team from 2015 to 2017.

"While playing on the Nomads MGFA team I completely fell in love with the sport of football and knew I had to continue playing," said Sprague, "so I signed up to play midget for the upcoming fall; however, I didn't want to stop playing women's football and I knew that Fearless was the best way for me to continue playing the sport I love. I am now going in to my sixth season with Fearless and now play along side with one of my coaches from the MGFA Nomad team and with girls I coached in Interlake which is extremely cool."

"Playing with the Manitoba Fearless is an amazing experience," says Sprague. "In the past three years, the goals for the Manitoba Fearless have shifted to becoming an elite competitive team in the WWCFL and have included more practices that have more of an emphasis on the mental game, hard training in-season and offseason and a mentality shift from all players. I don't have a goal for myself this year; however, as a team I hope to see us beat the Saskatchewan teams, as last year we were close and we have gotten some amazing additions to the team including Maddie Siwicki and Grace McDonald from the Interlake among many others. Going forward from this year, I believe the Manitoba Fearless will be come a dominant force in the WWCFL."

The Manitoba Fearless kickoff their 2019 campaign at Mosaic Field in Regina when they take on the Regina Riot on May 5.

## Rams, Wildcats to be represented at Graduating All-Star Game

Staff

The Interlake will be well represented at this Saturday's Graduating All-Star game, hosted by Basketball Manitoba, at St. Paul's High School in Winnipeg.

The Warren Collegiate Wildcats will be sending Alex Chester and Grace Goodman to the A/AA/AAA varsity girls' game at 10 a.m.

Both will be playing on Team Rogers and were instrumental in leading Warren to the MHSAA "AA" provincial championship this past season.

The Stonewall Collegiate Rams, meanwhile, will be represented by Hunter Lupyrypa and Rikki Frost-Hunt on Team Wilson in the A/AA/



Alex Chester



Grace Goodman



Hunter Lupyrypa



Rikki Frost-Hunt

AAA game.

Three other all-star games will be

played that day at 11:30 a.m., 5:45 p.m. and 7:15 p.m. while an awards ban-

quet will be held at 2 p.m. at the Victoria Inn Hotel.



# Interlake players win ringette championships

By Brian Bowman

Six Interlake players and a coach enjoyed a championship-type season as members of the U14A1 East End Wings' ringette team.

East End won a gold medal at the Winnipeg Ringette League Championship Playoff and then won another gold at the Ringette Manitoba Provincial Championship.

East End edged the MacDonald Wildfire 4-3 in overtime to claim the provincial crown on March 17. The Wings trailed 3-0 at the half before they mounted the impressive comeback.

"It was crazy," said Wings' coach Syd Langton. "We had a nice talk with the girls (at the break) to give them some words of encouragement and they came back to win it 4-3 in the second half. They were so excited. We dressed up for them and they were so pumped."

East End had lost to MacDonald 6-1 on March 16.

In the WRL final, the Wings defeated the Wildfire 5-3.

It was a tremendously successful for East End, which plays out of the Transcona Ringette Association.

"The girls were super pumped and motivated right from the start," Langton said. "No one really knew each

other so there was a lot of gelling that we did. We did four tournaments which allowed the girls to gel and get to know each other and they worked their butts off all season."

At a Transcona tournament, East End won the silver and the Wings also earned a bronze at the Mid-Canada competition

Team members from the Interlake included Sara Fissel, Kayla Rehirchuk, Lily Campbell, Tyler Erickson, Julia Pennell and Dakotah Ataman. The local coach was Brooke Mayo-Lagace.

Those players worked really well with their new teammates.

"We had a lot of positivity and teamwork between the coaches, the parents, and the girls," Langton said. "Everybody was very supportive of us and everyone really wanted to be there and work hard."

It didn't take long for all of the girls to bond as a team. Eight of the 15 players are eligible to play at the U14 level again next season.

"It definitely took a few practices for everyone to get the hang of it and know where people are going and what positions to play," Langton said. "But by the first month, everyone was pretty good friends and everyone was talking. There were no cliques or anything. It was a good season."



TRIBUNE PHOTO SUBMITTED

Six players and a coach from the Interlake region amalgamated with the Transcona Ringette Association to play on the U14A1 East End Wings team this past season. They won gold medals at the Winnipeg Ringette League Championship and at the Ringette Manitoba Provincial Championship. Team members from the Interlake were, left to right, Sara Fissel, Kayla Rehirchuk, Lily Campbell, Tyler Erickson, Julia Pennell and Dakotah Ataman. Missing from the picture is coach Brooke Mayo-Lagace.

# Interlake Ignite win provincial U12A ringette championship

By Brian Bowman

It was a very successful season for the Interlake Ignite U12A ringette team.

Interlake won the 2018-19 provincial championship after defeating the BVRA Blaze 8-7 last month.

"The game was close but (the) Ignite worked hard, played smart, and was able to capture the win," said Ignite coach Jacqueline Mowat. "It was a good (game)."

"They were really excited. They went on the ice with good energy, focus, and they were certainly excited to pull off that big win."

The Ignite met BVRA in the Winnipeg Ringette League final on March 10 and fell short by one goal, 8-7, to earn the silver medal. Interlake avenged that loss at the provincials.

"The girls went on the ice with good energy and focus. They were determined to get the gold medal this time (and) they played extremely well. We are certainly very proud of them and

this big win," said Interlake coaches Mowat, Tracy Clegg and Geoff Payne in a prepared statement.

The Ignite's roster consisted of 14 players, nine of which reside in the Interlake. The other five came from North Winnipeg.

Interlake, which played its home games out of the St. Andrews Community Club, finished second overall in their loop in both halves of their season. They had a lot of fun at a Regina tournament and competed at a preseason tournament at Dakota.

The Interlake is producing a lot of good, young ringette players and the future in the sport looks bright.

"I see a lot of talent coming up," Mowat said. "Our focus this year was on our offensive strategy, getting the rings to the net and I really think that paid off in the finals when we won the championship."

"You definitely saw an improvement from the beginning of the season to the end."



TRIBUNE PHOTO SUBMITTED

The Interlake Ignite ringette team won the U12A provincial championship last month after an exciting 8-7 win over BVRA. Interlake players pictured back row: Lexus Conwy, Abbygail Mowat, Sara Zorniak, Tatum Clegg-Morrisseau, Kaitlyn Beasley, Kasey Shrupka, Kelsey Erickson, Jayden Payne, Alana Miller, Danika Kontusic and Caitlin Alards. Front row: Emerson Jensen, Rylee Sain and Morgan Jensen.



# Jets force a Game 6 with pair of solid wins

By Brian Bowman

All of a sudden, the Stonewall Jets are right back in their Manitoba Major Junior Hockey League best-of-seven semifinal series with the Pembina Valley Twisters.

Pembina Valley bolted out of the gate to take a 3-0 series lead but Stonewall stormed back with a pair of huge victories last weekend.

The Jets refused to lie down to the talented Twisters, who led the MMJHL by a fairly wide margin during the regular season.

"I'm excited with how the guys responded," said Jets' head coach Brock Couch Monday afternoon. "They could have packed it in on Friday and said, 'Hey, this is our last game,' but they either wanted to keep playing or they wanted to be done and it seems like they wanted to keep playing."

Game 6 of the series was played this past Tuesday in Stonewall but no score was available at press time. If the Jets won, they would force a Game 7 on Thursday (7:30 p.m.) in Morris.

The Jets won Game 5 of the series 5-3 on the road Sunday. Stonewall's Aiken Chop continued his torrid scoring pace in the playoffs.

He scored a first-period goal and then tallied the final two goals of the game in the third to snap a 3-3 tie.

Chop netted the game winner at 8:59 of the final frame and then added an insurance marker just 2:19 later.

"If you look at the stats in the playoffs, that line has been clicking all playoffs," Couch said. "Not many teams seem to have an answer for shutting them down. We got a little bit of secondary scoring on the power



TRIBUNE PHOTO BY LANA MEIER

The Jets' Brendan Labossiere (10) scored against the Twisters in Stonewall's 4-2 win Friday night.

play, and that's nice to see, but if (Aiken) and that line keep performing this way then we definitely have a chance of evening (the series) up on Tuesday."

A.J. Nychuk and Devun Groot added second-period goals for the Jets.

Jordan Keck, Travis Penner and Jeremie Goderis replied for Pembina Valley.

Stonewall was 1-for-8 with the man advantage while Pembina finished 1-for-6.

The Twisters outshot the Jets 50-37 as Curtis Beck was outstanding in goal for the second-straight game in the series.

"He was itching to get back in there

when we put (Adam) Swan in there for the Seven Oaks series," Couch said. "Swan was in some close games and I think he needed a break and Beck was itching to get in and didn't miss a beat. He has been making some huge saves and he swallows it up. He doesn't let much out as far as rebounds go. "I'm definitely pleased with both of our goaltenders."

Stonewall staved off elimination with a solid 4-2 win last Friday at the Veterans Memorial Sportsplex.

"We play so good on Friday nights in Stonewall," Couch said. "If you go back to our regular season, I think we might have lost only three or four Fri-

day games, if that, at home. The train horn was blowing and guys were excited. It was a great atmosphere and definitely a 60-minute effort."

Jets' forward Keeven Daniels-Webb opened the scoring at 12:42 of the first period and then Brendan Labossiere made it 2-0 just 1:03 later.

But that two-goal lead didn't last very long as the Twisters' Nico Vigier answered with a goal 27 seconds later.

Braden Groot gave the Jets a two-goal cushion again when he scored at 5:32 of the middle frame and then Chop made it 4-1 about five minutes later.

TJ Matuszewski closed out the scoring in the game's final minute.

Beck made 47 saves as Stonewall was outshot 49-30, including 16-4 in the third.

Pembina Valley took a 3-0 series lead with a 5-2 home win on April 3.

The Twisters scored three goals just 3:44 apart late in the first period.

Penner scored at 15:13 of the opening period and then Brendan Keck and Braeden Beernaerts made it 3-0.

Stonewall's Carson Ouellette cut into that lead when he scored at 18:15 of the second period. It was his first goal of the postseason.

Vigier and Beernaerts then scored goals sandwiched around a Chop marker.

All three goals came within a 47-second span midway in the third.

Pembina Valley outshot Stonewall 60-41 as Swan took the loss.

The Twisters were 2-for-4 on the power-play while the Jets finished 0-for-3.

# MJHL final deadlocked at a win apiece

Staff

The Manitoba Junior Hockey League best-of-seven final series between the Portage Terriers and Swan Valley Stampede is tied at one win apiece.

Swan Valley evened the series with a 6-5 overtime victory on Sunday.

Bradly Goethals, a former Selkirk Steelers' forward, was the OT hero. He had tied the score at 5-5 at 13:38 of the third period.

Both of his goals came on the power play as Swan Valley finished the game four-for-seven with the man advantage.

The Stampede took a 3-0 first-period lead with goals from Brian Harris, Josh Tripp and John Jebamani.

But Portage's Joey Moffatt and Orca Weisblatt

made it a one-goal game before Swan Valley's Alexander Uryga and Portage's Chase Brakel traded goals before the second-period ended.

Brakel and Ty Barnstable then tied the score at 5-5 in the third.

Merek Pipes made 33 saves for the win.

The Terriers opened the series with a 3-0 victory in Portage la Prairie on Friday.

Moffatt scored a first-period power-play goal and then Barnstable tallied midway in the third.

Brakel added an empty-net goal with 58 seconds remaining in the game.

Ethan Peterson made 31 save for his first shut-out of the playoffs. Pipes stopped 23 Portage shots.

Portage will host Game 3 of the Turnbull Cup final Wednesday and then Game 4 returns to

Swan River on Saturday.

Game 5 will be played next Tuesday in Portage la Prairie. All three games will start at 7:30 p.m.

**INTERLAKE MINOR HOCKEY ASSOCIATION**

is currently accepting applications for the following

**COACHING AND TRAINER POSITIONS**

for the 2019-2020 season:

- AA Bantam Male
- AAA Bantam Male
- AAA City Midget Male
- AAA Provincial Midget Male
- AAA Bantam Female
- AAA Midget Female

Email all applications to [interlakeminorhockey@hotmail.com](mailto:interlakeminorhockey@hotmail.com)

Closing date is April 22, 2019



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Interlake Badminton Club has great results at provincials

By Brian Bowman

The Interlake Badminton Club had several great performances at the Yonex Provincial Junior Championships in Winnipeg last weekend.

"Our group did very well," said Interlake coach Dale Kinley. "There are always a few that choose to play at a higher level and everyone that comes out seems to have quite a bit of success."

Warren's Emalia Sinclair finished first in U19 girls' doubles, was second in U19 girls' singles, and third in U19 mixed doubles.

"She did very good," Kinley said. "She did awesome. We have focused a lot on doubles and mixed with her this year and she went to the Canada Games. She usually focuses on singles but there's more opportunity of growth in the doubles and mixed areas."

Stonewall's Chris Wiebe was second in U19 singles.

Zanaya Lourenco of Selkirk was the U15 girls' doubles consolation win-

ner while Hayden Turner of Stonewall placed third in the U15 girls' singles division.

Argyle's Ethan Lindsay-Corbel and Stonewall's Justin Levesque combined to place fourth in U19 boys' doubles.

Three of the very talented Interlake Badminton Club players also reside in Lac du Bonnet.

Sasha St. Pierre finished first overall in both the U17 girls' doubles and mixed doubles events.

Serenity Poirier was tops in the U17 girls' singles competition and U19 mixed doubles event. She was also second in U17 girls' doubles.

Paisley Poirier, meanwhile, was second in U17 girls' doubles and U17 mixed doubles. She also placed fourth in U17 girls' singles.

The Interlake club has about 90 students that have been part of the club throughout this past season. That's on par for what the club has attracted in previous years. The group practices twice a week at Stonewall Collegiate

and another time each week at Centennial School.

Currently, about 50 athletes are out for the club on a weekly basis as many badminton players are prepping for the high school season.

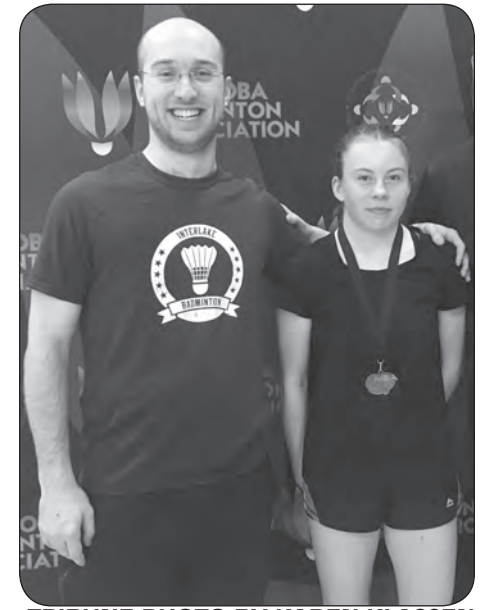
Still, some of the badminton players have no aspiration of competing at an elite level. Instead, they just want to come out, have fun, and enjoy the sport.

"I have quite a range level of players," Kinley said. "There's some that do it for all sorts of different reasons. Some just do it for exercise, as well."

Some of the Interlake club athletes will be headed to the Western Canadian Team Championships at the end of this month in British Columbia.

Other players will be competing in the MHSAA provincials from May 10-12.

The Yonex Provincial Championships will be held from May 10-12 in Brandon. The Yonex U23 Junior National Championships, meanwhile, will be held at the Sport for Life Cen-



TRIBUNE PHOTO BY KAREN KLASSEN  
Hayden Turner, right, of Stonewall placed third in the U15 girls' singles division. Turner is pictured with coach Dale Kinley.

tre in Winnipeg from May 20 to May 25.

## High school varsity badminton season returns

By Brian Bowman

There were a lot of birdies flying around the Maples Collegiate gymnasium last Saturday.

The MHSAA varsity badminton season kicked off with 20 schools sending a multitude of players.

In the men's singles division final, the Stonewall Collegiate Rams' Chris Wiebe defeated Rene Piche (Leo Remillard) 21-4 and 21-14.

In a semifinal match, Wiebe beat Vu Minh Pham (Elmwood) 21-12 and 21-11. Quarter-final play saw Wiebe down Ayush Jain (Maples) 21-4.

In the consolation final, Liam Proven (Stonewall) defeated Riley Huston (Gimli) 21-18 and 21-19.

The ladies' singles final saw Janique Grenier (St. Jean) beat Ashley Alimodian (Elmwood) 21-19 and 21-13.

In the consolation final, Abby Enns (Stonewall) defeated Betty Mae Ferrer (Garden City) by identical 21-15 scores.

Ladies' doubles action had Phoebe Riddell and Tayah Vanstone (Miami)

down Amélie Boissonneault and Bodin Boissonneault (Louis Riel) 21-11 and 21-17.

Amber Carriere and Chenille Preston (RD Parker) defeated Mae Legaspi and Miles Borbor (Maples) 23-21 and 21-11 in the consolation final.

Jacey Ledochowski and Mackenzie Garand (Teulon) dumped Jenna MacLean and Phillina Thorne (RD Parker) 21-17 and 21-19 in the third-place game.

Ledochowski and Garand had earlier lost to the Boissonneaults 22-20 and 21-12 in a semifinal matchup.

In quarter-final play, the Teulon duo defeated Laura Garric and Soffia Fridfinnson (Miles Mac) 21-18.

In another quarter-final game, Phoebe Riddell and Tayah Vanstone (Miami) ousted Alex Chester and Grace Goodman (Warren) 21-11.

In the men's doubles final, Alex McTavish and Bowen Cai (Vincent Massey) defeated Austin Personage and Ryan Hill (Teulon) 21-19 and 21-18 in a tightly contested game.

Presonage and Hill had downed John Han and Kaiden Bell (Garden City) 21-19 and 21-14 in a semifinal contest.

The Teulon pairing also defeated Gurmanpal Saggi and Murphy Krentz (RD Parker) 21-14 in the quarter-finals.

In the consolation final, Jerone Jamie and John Verga (Maples) defeated Joran Grenier and Samuel Hicks (St Jean) 21-17, 20-22 and 21-16.

Another quarter-final match saw Hans Tolentino and Ken Jimeno (Daniel McIntyre) beat Blake Magnusson and Jaxson Groot (Gimli) 21-19.

In mixed doubles, Dante Lourenco and Hunter Lupyrypa (Stonewall) defeated Jubilee Nichols and Eric Chobotar (Teulon) 16-21, 21-16, and 21-16 in a third-place game.

The Stonewall duo lost to Aileen Roque and JR Quinto (Maples) by scores of 16-21, 21-9, and 21-14 in a semifinal game.

In the quarter-finals, Lourenco and Lupyrypa beat Jolene and Bryce (Teu-

lon) 21-11.

Another semifinal game saw Isra Arunkiet and Andy Bagga (Maples) defeat Jubilee Nichols and Eric Chobotar (Teulon) 11-21, 21-15, and 21-11.

In quarter-final play, Nichols and Chobotar (Teulon) defeated Denali Sigurdson and Dalton Johnson (Riverton) 21-11.

Meanwhile, Isra Arunkiet and Andy Bagga (Maples) defeated Aileen Roque and JR Quinto (Maples) 21-14, 10-21, and 21-10 in the final.

Samantha Palaniuk and Josh Smud (RD Parker) downed Kaira Mas and Earle Ancheta (Garden City) 21-11, 17-21 and 21-16 in the consolation final.

The 2019 Aggregate Trophy was awarded to the Maples Collegiate Marauders. Maples finished with 65 points, ahead of Stonewall (48), Garden City (47), Teulon (41) and RD Parker (37).



# Golden on the court Winning on the ice



TRIBUNE PHOTO BY TANYA SWANSON

The U14 Vision Elite Chaos volleyball team, which includes local players Alyssa Procter, Maya Olson, Madison McRae and Kyra Swanson, won the gold at the Prairie Fire Volleyball Tournament last weekend in Portage la Prairie.



TRIBUNE PHOTO SUBMITTED

Team Klimpke were the winners at the Don Baldwin Memorial Manitoba Junior Curling Tour held at the Elmwood Curling Club in Winnipeg last weekend. The team went 3-0 in round-robin play and defeated Matt Bijl in the semifinal and Jack Hykaway in the final to win the event. Skip Emerson Klimpke of Stonewall, third Jayden Rutter of Carman, second Reece Hamm of Winkler and lead Tim Johnson of Arborg have been playing together as a team since February. This was their third MJCT event since the inception of the team and it was a great way to end the season.

# Argyle Curling Club hands out annual awards



TRIBUNE PHOTOS BY JEFF MEIER

The Argyle Curling Club held their annual awards banquet, recognizing the top teams in each division last Saturday. Top row, left photo, left to right: this year's club champions were Trevor Buchanan, Jeff Meier and Ryan Holod. Missing from the photo is Scott Holod. The men's 'A'-side winners included Michael Crockatt, Tim Scott, Robert Nolting and Kevin Lawrence, while Gerry Martin, Jeff Slatcher, Murray Last and Zach Fenske received the trophy for the men's 'B' side. Bottom row: the Ladies Club champions were Edith MacMillan, Jennifer Silvari, Kelley Rutkair and Suzanne Otte. Darcy Holod, Chrissy Buchanan and Kristin McCurdy were the Ladies runner-up winners. Missing from the photo is Laura Mackay.



# Classifieds

Stonewall Teulon  
**Tribune**

Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@stonewallteulontribune.ca](mailto:classifieds@stonewallteulontribune.ca)

**METAL RECYCLING**

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

**SCRAP METAL**

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

**WANTED TO RENT**

Looking for a house to rent in the Interlake area. (1) year lease min. Prefer with a garage. Leave message 204-880-4336, anytime!

PLEASE SUPPORT OUR ADVERTISERS

## BOOK YOUR ANNOUNCEMENT TODAY

- BIRTHDAYS •
- OBITUARIES •
- IN MEMORIAMS •
- NOTICES •
- BIRTHS •
- ANNIVERSARIES •
- MARRIAGES •
- ENGAGEMENTS •
- THANK YOU'S •

Stonewall Teulon  
**Tribune**

Call 204-467-5836

**APARTMENT FOR RENT**

Age 55+ Apartments -INWOOD SENIORS LODGE bachelor & 1bdm suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: [inwoodm@highspeedcrow.ca](mailto:inwoodm@highspeedcrow.ca)

**HANDYMAN SERVICES**

For all your dock maintenance/painting, etc., yard/window cleaning etc. and help with all your spring and summer cleaning and hauling. Call Mike 204-671-0003 or leave message with Bob 204-378-2905.

**HELP WANTED**

Part-time bakery personnel required Tuesday - Saturday. Responsibilities include serving customers, preparing coffees and handling cash. Experience is an asset. Apply with resume at Beyond Bread 368 Main St.

**HELP WANTED**

Barney Gargles Restaurant in Selkirk is looking for serving staff, prep cooks, dishwashers, line cooks & a baker. Must be upbeat and excited about working in a fast paced environment with the other members of the Barney's Team. Email resume to: [matthew@barneygargles.ca](mailto:matthew@barneygargles.ca)

Part time janitorial job avail. in Stonewall. Please call 204-979-0926.

Overland Truck Outfitters is looking for an employee to install truck accessories, training is provided and the successful applicant will have full time employment. Drop off a resume at 102 Aviation Blvd. St. Andrews.

**HELP WANTED**

Dream Job! Live in caregiver/house-keeper. Summers in Winnipeg and winters in the tropics. Call 204-997-4629.

REMEMBER YOUR LOVED ONES WITH A MESSAGE IN THE TRIBUNE



**BLOWOUT SALE**  
APRIL 26 & 27  
Pre-Shop Online:  
[www.mbbattery.com](http://www.mbbattery.com)

**THIS WEEKS BATTERY SPECIALS:**

- Ford Truck - \$89.50\*
- ATV/Most Power Sport - \$55.00\* - \$80.00\*
- \* All items are + Taxes & with core exchange

Ph: (204) 783-8787  
or: (855) 783-8787

1026 Logan Ave,  
Wpg, MB

**Trouble Walking?**

**Hip or Knee Replacement?**

Restrictions in daily activities?

**\$2,500**  
Tax Credit

**\$40,000**  
refund cheque/  
rebates

Disability Tax Credit.

**204-453-5372**

[www.disabilitytaxcreditwinnipeg.com](http://www.disabilitytaxcreditwinnipeg.com)

**READY TO MOVE HOMES**

Pictures, floorplans available at [wgiesbrechthomes.ca](http://wgiesbrechthomes.ca)

Custom builds also available.

Can build on site.

For information or to view Showhomes call **204-346-3231**

or email [wilbert@wghomes.ca](mailto:wilbert@wghomes.ca)

Ste Anne, MB



**RURAL MUNICIPALITY OF ROSSER**

**PUBLIC HEARING 2019 FINANCIAL PLAN**

In accordance with Section 162(2) of The Municipal Act the Council of the Rural Municipality of Rosser will hold a PUBLIC HEARING to present the 2019 Financial Plan for the Municipality at:

**7:30 P.M.**

**Tuesday, APRIL 23, 2019**  
**ROSSER MUNICIPAL OFFICE**

The Rural Municipality of Rosser 2019 Financial Plan consists of:

- 1) the 2019 Operating Budget,
- 2) the 2019 Capital Budget,
- 3) an estimate of the operating revenue and expenditure for the 2020 fiscal year, and
- 4) a five year Capital Expenditure Program (2020-2024).

At this time the Council will present the proposed 2019 financial plan for the Municipality. The presentation will provide an overview of the proposed financial plan followed by a forum for questions and comments from the public. The purpose of the hearing is to allow any interested person to make a representation, ask questions or register an objection.

Copies of the proposed financial plan are available upon request at the Municipal Office, 77 E PR 221 in Rosser, Manitoba during regular office hours Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m.

Larry Wandowich  
Chief Administrative Officer  
Rural Municipality of Rosser



**THE RURAL MUNICIPALITY OF ROCKWOOD**

**PUBLIC OPEN HOUSE NOTICE**  
**RM OF ROCKWOOD ZONING BY-LAW UPDATE**

The RM of Rockwood Council invites you to attend a Public Open House to review and provide input into the proposed *RM of Rockwood Zoning By-law* update. Landmark Planning & Design has prepared the proposed update in partnership with the RM of Rockwood Council and Administration.

The purpose of the proposed Zoning By-law update is to bring it into conformance with the recently updated *South Interlake Planning District Development Plan*. In order to plan for the future, it is very important that the views of local residents, landowners and businesses are part of the decision-making process. The Open House will use a storyboard format, and will include details on the updated Zoning By-law's land use regulations, bulk requirements, definitions, and zoning district mapping. There will be no formal presentation, so participants are encouraged to drop in at any time:

**Balmoral Community Hall**  
**6003 E Provincial Road 236, Balmoral, MB**  
**Wednesday, April 24th 2019**  
**4:00 PM to 7:00 PM**

Representatives from the Project Team will be available to answer your questions or respond to any concerns. In addition to the Open House, there will also be a formal Public Hearing, which will be held at a later date. Residents will be notified in the local newspaper as to when this Public Hearing will take place.

If you have any questions about the Open House for the proposed RM of Rockwood Zoning By-law update, please contact Brendan Salakoh of Landmark Planning & Design either by phone at **(204) 453-8008** or e-mail at [info@landmarkplanning.ca](mailto:info@landmarkplanning.ca). Thank you for your interest in this planning process.



**THE RURAL MUNICIPALITY OF ROCKWOOD**

**PUBLIC HEARING 2019 FINANCIAL PLAN**

In accordance with Section 162(2) of The Municipal Act, the Rural Municipality of Rockwood shall hold a PUBLIC HEARING to present the 2019 Financial Plan for the Municipality at:

**6:30 p.m.**

**Wednesday, April 24, 2019**  
**Council Chambers**

**The Rural Municipality of Rockwood**  
**Administration Building – 285 Main Street**  
**Stonewall, Manitoba**

The Rural Municipality of Rockwood 2019 Financial Plan consists of:

1. The 2019 Operating Budget
2. The 2019 Capital Budget;
3. An Estimate of the Operating Revenue and Expenditures for the following fiscal year, and
4. A five (5) year Capital Expenditure Program.

The purpose of the PUBLIC HEARING is to allow any interested person to make representation, ask questions, or register an objection in respect of the Rural Municipality of Rockwood 2019 Financial Plan.

Copies of the 2019 Financial Plan are available for review at the Municipal Office, Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m.

Chris Luellman, CMMA  
Chief Administrative Officer  
The Rural Municipality of Rockwood



# Classifieds

Stonewall Teulon  
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@stonewallteulontribune.ca](mailto:classifieds@stonewallteulontribune.ca)

### BOOKKEEPING

Prairie Bookkeeping offers bookkeeping solutions to small business 204-998-4789.

### INCOME TAX

Prairie Bookkeeping offers personal & small business income tax preparation. Certified to efile with CRA. 204-998-4789.

### MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

### MISCELLANEOUS

Caught you looking! Reach over 413,000 Manitoba readers weekly. Spring is here! Book your Spring Announcements, Events, Sales, Employment Opportunities, Auctions, Wanted Ads, For Rent, Volunteer Opportunities, etc. People rely on these classifieds to find what they need. Catch them looking at your material in our 48 Weekly Community Newspapers. Call 204-467-5836 for details.

**ADVERTISE  
YOUR  
MISCELLANEOUS  
ITEMS FOR  
SALE HERE**

### LUMBER

Rough cut lumber for sale. Fence boards 1"x6"x7' and 1"x6"x8'. Also, 2x6, 2x10, 2x8, 6x6 and 4x4. All spruce. Please call or text for price 204-963-9779, Teulon area.

### LOCAL NEWS MATTERS

Your newspaper helps stitch our communities together - questioning what needs questioning and serving as the voice of our democracy. Newspaper journalism is essential to protect our vibrant communities. Access to truthful, local news is under threat. Now more than ever we need reliable LOCAL journalism.

Join the list to keep LOCAL news alive at [newspapersmatter.ca](http://newspapersmatter.ca)

**NEWSPAPERS  
MATTER**  
NOW MORE THAN EVER



**Classified  
booking  
deadline  
is Monday at  
4 p.m. prior to  
Thursday's  
publication.**

**CALL 204-467-5836**



vertical storage solutions

**Vidir Solutions Inc., elevating Careers and Community**  
If you're looking for a chance to foster a deep sense of purpose in your work and the opportunity to elevate as a leader both in your career and in your community, exciting possibilities are waiting for you with Vidir.

Working at Vidir is about more than just being an employee; it's about being part of a growing family making a positive impact both globally and in your community.

From our operations in Arborg and Teulon to our work with communities, everything we do is with the future firmly in mind. We are always looking for innovative ways to do our business, deliver results and build a great work environment.

Our mission is to "Make the world's products safely accessible". We continue to innovate, implement best practices and adopt new technologies in all areas.

### THE OPPORTUNITY:

**For our Teulon and Arborg Operations, we are seeking for current and future opportunities:**

### Production Roles

- Welders
- Packer/Assemblers
- Brake and Shear Operator
- CNC Machine Operators including Tube Laser, Flat Sheet Laser, Milling Machines and Lathes
- Saw Operator

### Qualifications and Competencies Required:

- Well organized;
- Self-motivated;
- Mechanically inclined;
- Work independently and as a part of a team;
- Capable of problem solving;
- For the welding roles, the ability to read prints and measurements would be an asset. CWB Certification is an asset although training is available;
- Working knowledge of Microsoft Office including Word and Excel is an asset and must be willing to learn new programming;
- Will be accountable to support the model of safety and health; managing risks and hazards and lead by example;
- Continuously challenging the status quo seeking improvement and innovation in all aspects of work;
- Ability to work in an environment that fosters diversity and inclusion;
- And ability to lift material up to 50 lbs.

### Working at Vidir:

Vidir offers a competitive salary and benefits package; as well as incentives and promotes a culture of recognition. We support professional growth, development and success!

Explore our company and products at [www.storevertical.com](http://www.storevertical.com)

### Apply at [HR@vidir.com](mailto:HR@vidir.com)

*We thank all candidates for their interest, however, only those selected for an interview will be contacted.*

## ADVERTISE YOUR UPCOMING EVENTS IN THE TRIBUNE!

### Comforts of Home - Care is seeking Caregivers in Rural Manitoba

Are you a mature adult who would like to make a difference in the lives of the elderly and disabled. Comforts of Home - Care is hiring companion caregivers to care for seniors in their own homes. Companionship, Homemaking Skills, and some Personal Care required, as well as a valid drivers license and reliable vehicle. Flexible hours, day, evening or weekend shifts available. Hours are offered not assigned. In return, we expect commitment to your clients. If you are interested in pursuing this rewarding opportunity, see our Website at [www.comfortsofhomecare.ca](http://www.comfortsofhomecare.ca) on how to apply.



DIVISION • SCOLAIRE  
FRANCO-MANITOBAINE

**Nous recherchons des candidat(e)s pour le poste suivant :**

**POSTE :** Enseignant(e) – cycle intermédiaire  
Contrat permanent 79 %  
Ajout temporaire 21 %

OÙ : École communautaire Aurèle-Lemoine  
À : Madame Mélanie Sparks, directrice

DATE LIMITE : Le 16 avril 2019

**Pour de plus amples renseignements : [www.dsfm.mb.ca](http://www.dsfm.mb.ca)**

**CLEANING OUT YOUR ATTIC OR BASEMENT?  
ADVERTISE YOUR "GOOD STUFF" IN THE TRIBUNE  
AND GET RESULTS**



### Stonewall & District Lions Manor

### F/T MAINTENANCE PERSON REQUIRED

The Lions Manor is seeking an individual to assist with inspecting, maintaining, cleaning and repairing the Stonewall & District Lions Manor building & grounds, suites, equipment and fixtures. Must have the ability to communicate with and service tenant concerns in a respectful manner. A problem-solving handyman who has knowledge in basic carpentry, plumbing & electrical would be an asset. Occasional weekend on-call duties will be required. **Please send your resume with salary expectations by April 22 to 622 Centre Ave, Stonewall MB ROC 2Z0 or E-mail [manager@stonewallmanor.ca](mailto:manager@stonewallmanor.ca)**



### THE RURAL MUNICIPALITY OF WOODLANDS REQUEST FOR QUOTATION – GRAVEL HAULING & SPREADING

The RM of Woodlands is requesting quotations for 2019 hauling and spreading of approximately 22,000 tonne of RM gravel.

The option for contractor self-loading must be shown separately in the quote.

The successful applicant agrees to sign a one (1) year agreement.

Information package is available at the RM Office located at 57 Railway Avenue, Woodlands during regular business hours or by visiting the municipal website.

Quotations must be submitted to the RM Office no later than 12:00 P.M. on April 23, 2019.

RM of Woodlands

PO Box 10,

57 Railway Avenue, Woodlands, Mb. ROC 3H0

The lowest quote or any quote will not necessarily be accepted.



### THE RURAL MUNICIPALITY OF WOODLANDS EMPLOYMENT OPPORTUNITY: BUILDING INSPECTOR

The R.M. of Woodlands, located approximately 40 km north of Winnipeg, is accepting applications for a full-time Building Inspector. This position is being offered on a term basis, with the possibility of extension or permanency.

The Building Inspector is responsible for buildings under Part 9 of the Manitoba Building Code. This position requires a sound knowledge of the Manitoba Building Code, Manitoba Plumbing Code, and Municipal Zoning By-law. The incumbent will be required to complete building permit applications, perform all plan examinations to ensure conformance with the applicable Codes and carry out site inspections to ensure compliance. The incumbent will also be responsible for some planning- and zoning-related tasks, including preparation of conditional use and variation orders and review of subdivision applications. Excellent interpersonal, oral, written, computer, and organizational skills are a prerequisite.

The applicant must have a minimum of 3 years related experience and be certified in Part 9 building inspection, or eligible for certification by the Manitoba Building Officials Association Inc. Applicants willing to complete the required post-secondary courses and obtain certification may also be considered. Applicants must possess a valid driver's license and suitable automobile, and must be physically capable of performing the duties and functions of the job (ie, kneeling, standing, climbing stairs and ladders, entering confined spaces, etc.).

The complete job description is available upon request.

Please apply by email to [planning@rmwoodlands.ca](mailto:planning@rmwoodlands.ca), giving full particulars as to education and experience. Applications must be received no later than Thursday, April 18, 2019.

We thank all applicants for their interest but advise that only those considered for interviews will be contacted.



# Classifieds

Stonewall Teulon  
**Tribune**

Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@stonewallteulontribune.ca](mailto:classifieds@stonewallteulontribune.ca)

## Everything you need to promote your business

FLYERS	FOLDERS	INVOICES
BROCHURES	SIGNS	ESTIMATE SHEETS
BUSINESS CARDS	SOCIAL TICKETS	POSTERS
STICKERS	DOOR HANGERS	MEMO PADS
POST CARDS	LETTERHEAD	And MORE...
PRESENTATION	ENVELOPES	



**204-467-5836**

## ADVERTISE YOUR STRAW & HAY HERE

### McSherry Auction

12 Patterson Dr.  
Stonewall, MB

**Modern Commercial Fitness Equipment from Gym Closeout Along with**

**Estate & Moving**  
Sat April 13th 10:00 AM

**Consignment & Equipment Auction**  
Sun Apr 28 @ 10:00 AM

Consignments Welcome!

Booking Spring Farm Auctions!

(204) 467-1858 or  
(204) 886-7027

[www.mcsherryauction.com](http://www.mcsherryauction.com)



### Need Cash?

- We Loan
- Easy application
- Approval with collateral
- Title Loans
- No Credit Check
- We service ALL of Manitoba

Call Dan Devloo  
(204) 526-7093

CAI Financial  
Unit K - 2151 Portage Ave.  
Winnipeg MB  
[www.caifinancial.ca](http://www.caifinancial.ca)

### FARM PRODUCE

Local unpasteurized liquid & creamed honey for sale. Sold in various sizes, 1 kg & up. Ph 204-461-1267.

### HAY FOR SALE

Round bale silage green feed, 2000 lbs per bale, 35% moisture. Price: \$80 per bail. Call: 204-642-2572, Riverton.

### FEED AND SEED

Forage seed for sale: Organic & conventional: Sweet Clover, Alfalfa, Red Clover, Smooth Brome, Meadow Brome, Crested Wheatgrass, Timothy, etc. Free delivery! Birch Rose Acres Ltd. 306-921-9942.

### LIVESTOCK

Yearling Charolais bulls for sale. Good bloodlines, popular bloodlines. Good prices. Call to inquire 204-383-0308.

### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

### NOTICE TO CREDITORS

**IN THE MATTER OF:** The Estate of Terrence Guy Renauld, late of the Town of Stonewall in Manitoba, Deceased. All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at 1700-242 Hargrave Street, Winnipeg, Manitoba, R3C 0V1 on or before May 21, 2019.

DATED at Winnipeg, in Manitoba, this 1st day of April, 2019.  
Sandra Smith  
Executrix

### SUPPORT LOCAL FARMERS



**WE SUPPLY. WE BUILD. WE REPAIR.**

- Custom Fence & Gates
- Agricultural Fencing
- Repair & Maintenance
- Removal & Haul Away
- Commercial & Residential
- Temporary Fence
- Containment Fence
- General Construction
- Facilities & Airports
- Material Sourcing
- Highway Guardrails
- Fabrication - e.g. Gates

Serving MB & SK  
[info@guardianfencing.ca](mailto:info@guardianfencing.ca)

204-573-7920  
Brandon, MB



**When disaster strikes in your community, you CAN help, and we can show you how.**

**VOLUNTEER WITH THE RED CROSS TODAY!**

Email: [vmb@redcross.ca](mailto:vmb@redcross.ca)

Phone: 204-982-7634



### Response Builder Advertising WORKS!

- GET SEEN by over 400,000 Manitoba Homes!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 48 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email [classified@mcna.com](mailto:classified@mcna.com)

[www.mcna.com](http://www.mcna.com)



## TOWN OF STONEWALL PUBLIC NOTICE

### CEMETERY SPRING CLEAN UP

April 3, 2019

Pursuant to Section 55.0 of Town of Stonewall By-Law 02-18, the Parks Department will perform a clean-up of the cemetery from April 15th to May 1st, 2019.

As part of the clean-up all artificial flowers, decorations or ornamental materials of any kind including, but not limited to, lawn ornaments, solar lights, borders, fences, railings, trellises, iron posts, or any items made of glass or china will be removed from the cemetery and discarded.

**Prior to the start of a clean-up period (before April 15th) individuals must remove any items they wish to retain.**

### MORTGAGE SALE

The land and building know as 44 Grace Ave., Gunton, Manitoba, as described in Certificate of Title No. 2925189/1, will be sold by public auction by a Licensed Auctioneer on Thursday, May 2, 2019 at 11:00 a.m. at Grantham Law Office, 1-278 Main Street, Stonewall, Manitoba.

The Vendor by power of sale, is informed that the property consists of a single family modular style home; approximately 20' x 76' (1520 sq.ft.); with 3 bedrooms; 2 bathrooms; combination vinyl and carpet flooring; on a crawl space; located on a site comprising approx. 40 acres.

Property taxes are paid to December 31, 2016.  
Property taxes assessed for 2018 are \$2,337.34.  
Outstanding property taxes to March 7, 2019 are 2017 - \$1,741.22 for 2017 and 2018 - \$2,173.13 for 2018 = \$3,914.56 outstanding.

Prior Charges: Caveat No. 80-11365/1.

**TERMS OF SALE:** Deposit of \$20,000.00 in money order, or certified cheque payable to Grantham Law Offices, and balance according to the conditions to be announced at the time of sale. **This sale shall be subject to a reserve bid of approximately \$114,000.00 which will be announced at the time of sale.**

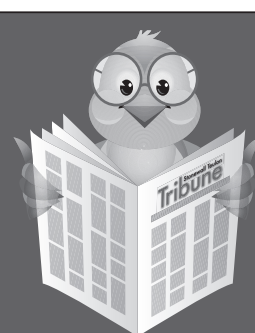
Further information may be obtained from:  
**GRANTHAM LAW OFFICES** Lawyers & Notaries Public  
P.O. Drawer 1400, Stonewall, Manitoba, R0C 2Z0  
Telephone: 204-467-5527

## THANK YOU!!

*The Stony Mountain / Stonewall Masonic Lodge and the Stony Mountain Community Assn. would like to thank the following Business's and individuals for their generous donations of prizes for our Second Annual Quiz Night fundraiser held on Friday April 5, 2019*

Unrau Realty:  
Richard Tyerman  
Stonewall Pharmacy  
Co-op Marketplace  
Quarry Furnishings  
Grantham Law  
Subway  
Stonewall  
Teulon Tribune  
RM of Rockwood  
Family Foods  
Danny's Whole Hog  
Remax:  
Dalice Clearwater  
The Pressroom Ltd.

Oak Hammock  
Marsh  
All Saints Kinsman  
B. A. Hunter  
A. Ammeter  
G.D. Ryckman  
T. Heisler  
T. Busch  
S. Smith  
T. B. Borthistle  
S. B. Desmedt  
C. Sawka  
W. Pilcher  
South Beach Casino



## Do you have a suggestion for our news team?

Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

**Call 204-467-5836**

**Need to Promote Your Business?**

Call  
**467-5836**  
or Email  
[igraphic@mts.net](mailto:igraphic@mts.net)



# Announcements

Book Your Announcement Today - Call 204-467-5836 or Email [classifieds@stonewallteulontribune.ca](mailto:classifieds@stonewallteulontribune.ca)

Stonewall Teulon  
**Tribune**

**Don't forget to send your special wishes, thanks or words of remembrance to your friends and family.**

Stonewall Teulon  
**Tribune**

Call 204-467-5836 or email [igraphic@mts.net](mailto:igraphic@mts.net)

## ANNOUNCEMENT

### CARDS OF THANKS

We would like to extend our heartfelt gratitude to everyone who came to our assistance on March 23rd at the Woodlands Hall. Special thank you to Cindy, Debbie, Grant, Marjorie, as well as the paramedics and STARS crew. Also, to those who called 911, Lori-Anne and those who searched for the AED, gave blankets and those who were praying for Bill. Thanks also to our family who came to support us and assist us so quickly. Last but not least, thank you to Rev. Patricia Baker who has been great and ongoing support. Truly a community came together for a common cause that afternoon. Bill is recovering at home. We are grateful this happened where so many great people were available to assist.

-Thank you to all,  
Bette and Bill Farguson

## OBITUARY

**Lawrence Hawryluk**  
July 22, 1937 – March 30, 2019

Surrounded by the love and care of his family, Lawrence passed away peacefully, after a long battle with cancer.

Lawrence will be deeply missed by his loving wife, Helen; his children, Darcy (Elise), Darrell (Melody), and Darlene (Trevor); his grandchildren Derek (Stephanie), Megan (Luke), Niki (Jarius), and Michael (Krista); his great-grandchildren, Jayce and Owen; and his eight brothers and sisters and their families. Special thanks to Donnie and Sally for their ongoing presence and love. Lawrence was predeceased by his parents, Peter and Celia Hawryluk; and his brother, Albert.

An Interlake boy, Lawrence soon met and married the love of his life, Helen. They eventually settled in Winnipeg where they raised their family. Lawrence worked at Versatile Farm Equipment for over 31 years. Lawrence enjoyed wood-working, working on cars, and camping, but his greatest treasures were his family, kids and grandkids.

A celebration of life will take place on Saturday, April 13, 2019 at 1:00 pm at Odd Fellow's Hall, 374 1 St W, Stonewall, Manitoba.

In lieu of flowers, if so desired, donations can be made to Children's Wish Foundation.

Our sincere gratitude to the staff of H4 at HSC and the staff of Cancer Care.

  
KEN LOEHMER  
FUNERAL SERVICES  
204-886-0404

## OBITUARY

**Arthur Leander (Lee) Fobes**

It is with a heavy heart we announce the sudden passing of Arthur Leander Fobes "Lee" who passed away February 19, 2019 at his home in the Balmoral area.

Lee was born in Torrington, Alberta on April 24, 1944. There he grew up on the family farm and enjoyed the country lifestyle which started him on a lifelong career working with livestock. He worked for Al-Sask Processors in Alberta and moved to Manitoba in the 70's to further that work at the Union Stock Yards.

He had a love of working with livestock and had many four legged friends over the years, from racing chuck wagons and chariots in his younger days to trail riding in his later years or just spending time in the shop with his friends his dog and the shop goose.

Lee is survived by his long time partner Delores Wilkinson; son Mark (Denise) Fobes; grandson Liam Fobes and granddaughter Alex Fobes; and brothers Glen and Rick Fobes and families.

The family would like to thank the neighbours and friends that have gone above and beyond to help out at this time.

There will be an informal celebration of Lee's life held at a later date when the weather permits. Flowers are graciously declined, a donation can be given to the Manitoba Kidney Foundation or a local charity of your choice.

God saw you getting tired,  
Another tomorrow was not to be,  
So He put His arms around you,  
And whispered "Come to me"  
A golden heart stopped beating,  
Hard working hands at rest,  
God broke our hearts to prove to us,  
He only takes the best.

  
KEN LOEHMER  
FUNERAL SERVICES  
204-886-0404

Your memory will live forever Engraved within our hearts

**Remember Your Loved Ones with an Announcement**

- BIRTHDAYS
- IN MEMORIAMS
- THANK YOUS
- ENGAGEMENTS
- NOTICES
- BIRTHS
- OBITUARIES
- ANNIVERSARIES
- MARRIAGES

Stonewall Teulon  
**Tribune**

204-467-583

 **Biz Cards**  
Call 204-467-5836

WIRELESS INTERNET  
**Quick STREAM**  
Hi-Speed Internet  
Broadband Residential  
and Commercial Connections  
[www.quickstream.ca](http://www.quickstream.ca)  
1-866-981-9769

**SELKIRK CHRYSLER**  
DODGE // Jeep // RAM  
**Kevin Galbraith**  
Sales Consultant  
[kgalbraith@selkirkchrysler.com](mailto:kgalbraith@selkirkchrysler.com)  
Phone: (204) 952-2448 1011 Manitoba Ave  
Toll Free: 1-800-204-8620 Selkirk, MB R1A 3T7  
Fax: (204) 482-6148 [www.selkirkchrysler.com](http://www.selkirkchrysler.com)

**pampered chef**  
INDEPENDENT CONSULTANT  
• Cooking Shows • Meal Prep Solutions  
• Fundraisers • Individual Orders  
204-485-4272 call or text  
[stoneware444@gmail.com](mailto:stoneware444@gmail.com)  
[www.pamperedchef.biz/michellebalharry](http://www.pamperedchef.biz/michellebalharry)

**Kyle Scrivens**  
Sales/Service  
**Air Wise Home**  
Your Heating, Cooling and Ventilation Specialists  
Cell (204) 979-9307  
Fax (204) 694-5456  
[kyle-airwise@mymts.net](mailto:kyle-airwise@mymts.net) **204-467-9578**

**GRANTHAM LAW OFFICES**  
Lawyer & Notary Public  
**STONEWALL OFFICE:**  
#1-278 Main St., Stonewall **467-5527**

Heavy Duty/Automotive Diesel  
Diagnostics & Repair  
**DMC DIESEL**  
Warren, MB (204) 918-7294  
[www.dmc-diesel.com](http://www.dmc-diesel.com)



**Biz Cards**  
Get The Job Done!  
Call 467-5836 ads@stonewallteulontribune.ca

**SHERLOCK TREE REMOVAL**  
Pruning • Stump Grinding • Chipper  
Licensed Arborists  
Fully Insured - Claim Free  
30 years Experience  
Vince 861-0487  
Darren 861-0028

**KROLL PAINTING & RENOVATIONS**  
Residential & Commercial  
Complete renovations from framing to finishing  
• SPECIAL ON REC ROOMS  
204-791-0553 krollpainting@mymts.net

**Tigchelaar Construction**  
ALL CONSTRUCTION NEEDS  
• Bathroom • Kitchens  
• Basements • Decks, etc  
Call Ken at 204-782-1315

**G&A Rentals** Husqvarna  
Lawn & Garden  
Small Engine Service  
7 Patterson Dr., Stonewall, Industrial Park  
204-467-RENT (7368)

**stonewall chiropractic centre**  
Also Acupuncture • Custom Orthotics • Massage Therapy  
Billing to Autopac, Blue Cross, WCB  
204-467-5523

**BOONSTRA FARMS**  
RV Sales  
204-941-0228  
204-467-8480 • www.boonstrafarms.com

**Quarry PETS**  
Supplies & More  
Supplying All Your Pet's Needs  
On-Site GROOMER  
Call us for details  
317 Main St., Stonewall (204) 467-5924

**FULLHOUSE MOVERS**  
ALEX FOTTY  
HOME: 204-467-2419  
CELL: 204-461-2352  
NOTHING BEATS A FULLHOUSE MOVE

**Steve's Custom Bin Moving**  
Stephen Van De Spiegle 204-723-5022  
Treherne, MB Text/Call for estimate

**Odd Fellows Hall**  
• Weddings • Socials • Showers • Meetings  
• Capacity 220 persons • Kitchen available  
374 1<sup>st</sup> St. West  
Stonewall  
Del Phillips 204-791-0564  
Text if possible  
Hall 204-467-5556  
stonewalldoddfellows@gmail.com

**MAXWELL'S PROFESSIONAL PAINTING**  
COMMERCIAL/RESIDENTIAL  
Cell: (204) 792-0675 or (204) 467-5008  
Email: maxpro@mts.net  
Box 275, Stonewall, MB R0C 2Z0

**WOODLANDS HVAC**  
Heating  
Ventilation  
Air conditioning  
Commercial/Residential  
CURTIS OLIVER  
1.204.461.1678 • woodlandshvac@gmail.com

**Electro Wright**  
Derek Fotty  
Ph. (204) 467-RITE(7483)  
Fax. (204) 467-2000  
Email. electrowright@mts.net  
Electrical Contractors

**INTERLAKE INSULATORS**  
BALMORAL, MANITOBA  
• Spray Foam  
• Blow In  
FREE ESTIMATES  
Brent Meyers  
204-461-4669  
interlake\_insulators@hotmail.com  
SPRAY FOAM SPECIALISTS

Everything you need to promote your business  
**Interlake Graphics**  
Call 467-5836  
For all your printing and publishing needs

**Rockwood Landscaping & Tree Service**  
• Complete Landscaping  
• Barkman Concrete Products  
• Concrete Breaking  
• Aerial Tree Pruning & Removal  
• Chipping  
• Stump Grinding  
• Tree Planting  
• 24HR Storm Service  
• Snow Removal  
• Skid-Steer  
• Compact Track Loader  
• Excavator  
• Bucket Truck  
467-7646  
Free Estimates

**Home pride renovation**  
We take pride in your renovation  
Homepridereno@gmail.com  
(204) 513-0041  
Residential & Commercial  
Renovations • Repairs • Maintenance • Landscaping

**NAPA AUTOPRO**  
**Brake Family Auto Sales & Service Ltd.**  
Auto Service • Maintenance & Repair  
Used Vehicle Sales  
napaautopro.com  
214-2nd Ave North, Highway 67  
Stonewall 204-467-9156

**COUNTRY TOWING**  
LIGHT - HEAVY DUTY TOWING  
Proudly Serving Stonewall, Warren & Surrounding Areas  
countrytowing@mymts.net 204-990-4718

**Ritchie & Perron PLUMBING HEATING LTD.**  
ritchie\_perron@live.ca  
Stonewall, MB  
Red Seal Certified  
Certified gas fitter  
Residential/Commercial  
Ryan 230-4674 Trevor 232-6263

**PLUMBING**  
Commercial & Residential  
New Installation & Service  
Plumbing & In-Floor Heating  
Water Softener Installations  
Water Filtration/  
Reverse Osmosis  
**RILEY PATTERSON**  
Journeyman Plumber  
Cell 204-461-0035

**ALICE ROOFING LTD**  
Complete Roofing Services  
• Residential • Agricultural  
Licensed and Insured  
204-757-9092  
www.aliceroofing.ca

**Roof Express Ltd.**  
Complete Roofing Services  
Licensed & Insured • Argyle, MB  
Residential • Agricultural  
204-774-2030  
www.roofexpress.ca

**PERIMETER DRILLING LTD.**  
\*Water Wells \*Pressure Systems  
\*Repairs \*Septic Systems  
Phone: 204.632.6426  
Email: pdl1@mymts.net  
FREE CONSULTATIONS  
Servicing the Community for Five Generations

**INTERLAKE EAVESTROUGHING & SIDING INC.**  
Siding, Eavestroughing, Soffit,  
Fascia, Capping, Windows  
Free Estimates • 781-0533  
www.interlakeinc.ca

**Advance Exteriors**  
Residential, Commercial, Agricultural  
Roofing • Eavestroughing • Soffit • Fascia • Siding  
204.461.0019 Grosse Isle, Mb  
www.AdvanceExteriors.com

Heating & Cooling • Refrigeration  
**COMMERCIAL COMFORT INC.**  
Residential & Commercial  
Owner: Jeff Meier  
461-HEAT (4328)  
commercialcomfort16@gmail.com

**DOCTOR DECAL**  
• Signs • Banners • Posters  
• Billboards • Awnings  
• Sign Holders  
• Vehicle Graphics  
• Wraps • Magnetics  
Laser Engraving  
• Awards • Medals • Plaques  
• Glassware • Rubber Stamps  
• Name Plates • Lamacoids  
• Promo Items • Personalized Gifts  
• A Wide Variety of Retro Trophies (FREE)  
Only Pay for Engraving  
Clothing  
• Hats • T-Shirts • Uniforms  
204-467-9405  
drdecal@mymts.net  
ALL WORK DONE LOCALLY ON SITE  
330 Main St. Stonewall, MB  
www.doctordecal.ca

**INTERLAKE TOWING**  
24 Hour Service  
CAA & MPIC Approved  
204-278-3444

**PARKER CLARK**  
Chartered Professional Accountants Inc.  
STEPHEN CLARK CPA, CA  
sclark@parkerclark.ca  
MARC VAN HUSSEN CPA  
mvanhussen@parkerclark.ca  
PH: 204.783.3118 parkerclark.ca