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THURSDAY,
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Blue and gold

TRIBUNE PHOTO BY JO-ANNE PROCTER

Danielle and Carl Boonstra and two of their kids Max and Emma stopped by Tim Hortons in Stonewall last Friday to check out the 113 year old Canadian Football League Grey Cup trophy that was in town as part of the Winnipeg Blue Bombers Grey Cup Tour presented by Princess Auto. The Boonstras are long time Winnipeg Blue Bomber fans.

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ESCAPE THE URBAN LIFE - CHECK OUT RURAL LIVING Share your dreams, with me, and I can help make them COME TRUE!

Local family wins Winnipeg Jets 'Backyard Rink' contest

By Jo-Anne Procter

The Riddell family scored big last month when they were named one of 12 Winnipeg Jets Official Backyard Rink contest winners.

The Riddells live on their family farm southeast of Grosse Isle and have built a skating rink for the past seven years. However, since the COVID pandemic, it became a mainstay for weekly activities.

Kasey and Michelle Riddell and their children Dylan, Ella, and Owen work hard together on the rink each year. With schools reopening and work schedules getting busier this winter, 14-year-old Dylan took the lead in helping to build the rink from start to finish and cared for the ice most of the winter. Dylan was fortunate to have some guidance from his late grandpa Dale Riddell who made outdoor ice at various community centres in Winnipeg and Headingley.

The backyard rink was built out of 3x3x8 square bales and was approximately 50x90'.

"We used three feet high bales for the boards, and then we went two layers high at the ends, so it was six feet high," Dylan explained.

"It was on flat ground, so we would just rake it up before it snowed, so there were no leaves or sticks while we were trying to get the ice built up."

They had a tank of water on the tractor's forks to get started, and once



In the fall, Dylan, left and his younger brother Owen, rake up leaves and pick up sticks for the ice surface.

they got a thicker layer of ice each time it snowed, they would pack it and let it freeze hard.

"Then we would flood, and when it was thick enough, we were finally able to skate," he said. "Then the more we flooded, it got smoother and smoother, and when it snowed, we would clean it with the tractor."

They made a handheld Zamboni out of PVC pipe and draped three towels and a hose with hot water for flooding.

They added a fire pit area with a



TRIBUNE PHOTOS SUBMITTED

The Winnipeg Jet's mascot Mick E. Moose presented the Riddell family with their Winnipeg Jets Official Backyard Rink contest prizes. Pictured left to right, Ella, Dylan, Michelle, Owen, Kasey and Mick E. Moose.



The family spent many hours shooting, practising and having fun on the ice, while enjoying hours by the fire and cheering on the Jets rink side.

TV so family and friends could watch hockey games while they skated. The Riddell's were proud of their rink this year and thought it would be worth entering the Winnipeg Jets Backyard Rink contest and having one of the Jets players come out for a skate.

Out of 170 entries, 'Dylan's Backyard Rink' was named one of the top 12 backyard rinks in the province. Sadly Mother Nature decided to start the spring thaw forcing the contest prize to be delivered while the Jets were on the road. So in place of a player, Mick E. Moose delivered the prize of

a signed Pierre-Luc Dubois jersey, 10 official game pucks, signage for their rink, and bragging rights.

Dylan had hoped to have his U15 AA Lightning team out for a skate, but the melt began shortly after the team's season ended.

Dylan is already planning upgrades for his rink next year.

"I think it would be nice to get some netting up at the ends, and some better lighting."

He thinks he may build a golf green for the summer.

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Canola seeding steps to reduce flea beetle risk

By Keith Gabert

Canola growers can take steps before or at seeding to improve crop competition against flea beetles. These include:

Residue management

Standing stubble protects soil from erosion and collects more snow. Stubble also improves flea beetle management by providing shelter from wind. With direct seeding, the remaining stubble can keep flea beetles feeding on leaves – and not down on the stems. A few bites on a leaf are far less damaging than a few bites on the stem.

Seed decisions

If growers have some wiggle room on last minute seed treatment decisions, they may upgrade their seed treatment. Enhanced insecticide seed treatments will improve flea beetle protection, especially when used in combination with the following management practices. Arrange a check strip comparison if you have two seed treatments on the same variety.

Aim for five to eight plants per Square foot

This target is good for yield, and more plants mean fewer flea beetles

per plant and more seed treatment per acre.

Take steps for fast emergence and more vigour

Rapid emergence and vigorous early-season growth can extend seed treatment protection until the four-leaf stage, which is generally considered to be the end of the flea beetle risk period. To achieve these objectives, seed shallow, at a reduced speed, into a warm, moist seedbed. Use only safe rates of seed-placed fertilizer. Our best recommendation is to use only phosphorus in the seed row and no more than 20 lb./ac. of actual phosphate. Higher rates of seed-placed fertilizer can add more stress, slow the pace of growth and reduce the plant stand.

Even with all of these steps, flea beetle damage can still reach the economic threshold of 25 per cent leaf area loss across the field. If feeding is a concern, scout frequently, especially in warm, dry conditions that are ideal for flea beetles.

Flea beetles become active with the first extended period of warm weather in April and May. Striped flea beetles emerge from winter rest one to four weeks before the crucifer flea beetles, and it may take three



CANOLA COUNCIL OF CANADA PHOTO

Even after taking the steps described in this article, flea beetle damage can still reach the economic threshold of 25 per cent leaf area loss across the field. Immediately after crop emergence, be on the lookout for striped flea beetles (with orange stripes) and crucifer flea beetles (all black). This photo shows one of each.

weeks for all overwintering adults to emerge.

Canola Watch has good tips on the spray decision and tips to improve results. Please go to canolawatch.org/fundamentals, click on the Insects section and read “The flea beetle spray

decision: 8 steps” and “How to assess leaf area loss from flea beetles”.

Keith Gabert is a Canola Council of Canada agronomy specialist and a contributor to Canola Watch. Subscribe for the timely agronomy emails at canolawatch.org/signup.

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84TH ANNUAL GENERAL MEETING

of **RED RIVER COOPERATIVE LTD.**

OFFICIAL NOTICE

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THURSDAY, APRIL 21, 2022
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VICTORIA INN
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MEMBERS ARE ENCOURAGED TO ATTEND
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TRIBUNE PHOTOS BY JO-ANNE PROCTER

The infamous CFL Grey Cup toured around Stonewall last Friday making stops for the public to see at Tim Hortons, the RM of Rockwood office, the VMSC and several season ticket holders homes. The cup was accompanied by Winnipeg Blue Bomber community relations ambassadors Dan Marino and James Deighton, a.k.a. Boomer. The Bombers are back to back champions of the CFL and also claimed the cup in 1990, 1988, 1984, 1962, 1961, 1959, 1958, 1941, 1939 and 1935 for a total of 12 times. Pictured clockwise from top left, Connor Carradice, left, and Chad Thoresby search the cup for The Blue Bombers; Rockwood CAO Chris Luellman, left, and Reeve Wes Taplin raise the Blue Bomber flag at the RM office while Bombers' James Deighton hoists the cup; Stonewall's Mayor Clive Hinds with Dan Marino and James Deighton; Maddie Appleyard, left, and her dad Cody and brother Ryan, right, at Tim Hortons; Carl Paulsen has always been a big fan of the Bombers and has been to many Grey Cup games over the years; Avid Bomber fan Teresa Taplin hosted a tailgate party; Jeff, Jordan, Katie and Kelly Hallock at Tim Hortons; Marlene Broadfoot, left, tries on James Deighton's 2019 Grey Cup ring; Evan, left, and his dad Derek Hutchinson stopped by the VMSC Friday.



Pandemic backlog continues to grow: Doctors MB

By Lorne Stelmach

Doctors Manitoba last week laid out how severe the surgical and diagnostic testing backlog remains in the province.

The organization updated its backlog dashboard with estimates that suggest it has reached nearly 168,000 cases.

This is a significant increase of more than 6,300 from last month's estimate, and it reflects the continued disruptive impact of the omicron wave on hospitals in Manitoba, said Dr. Kristjan Thompson, president of Doctors Manitoba.

"I always see a light at the end of the tunnel, but I think we have our work cut out for us. I think this massive surgical and diagnostic backlog will take years to address," Thompson said in an online news conference.

The total estimated pandemic backlog is 167,887 cases. This includes:

- 54,820 surgeries (as of January 2022), up 2,493 over the last month's estimate.
- 45,251 diagnostic imaging procedures (as of January 2022), up 2,762 cases over last month's estimate.
- 67,816 other diagnostic procedures (as of February 2022), including allergy tests, endoscopies, mammograms, sleep disorder studies, and lung function tests, an increase of 1,047 cases over last month's estimate.

"This is a significant increase, and it reflects the continued disruptions

to surgery and diagnostic testing that has occurred throughout the omicron wave, which is thankfully receding but is still present," said Thompson.

"The backlog has grown effectively in every area that we monitor," he added. "It's impacting thousands of Manitobans, likely over 10 per cent of our population ... each case is a person ... it may be you ... our friends, our family, and our loved ones."

For nearly a year, Doctors Manitoba has estimated the backlog that has accumulated by calculating the reduced volume of procedures delivered since the pandemic began in March 2020 compared to pre-pandemic volumes.

Over the next several weeks, the organization will be working on a more comprehensive analysis with the aim of offering a more refined estimate of the work that will be required to clear the backlog.

After two years of repeated disruptions to surgeries and diagnostic procedures, it's important to gauge how much capacity is needed to catch back up and ensure Manitobans get the care they need, Thompson said.

And he noted that a new feature had been added on-line that documents the impact the backlog is having on patients across Manitoba based on news media reports.

"These aren't just numbers, they're people," Thompson said. "The harrowing stories of Manitobans left waiting help us to understand the

true impact this enormous backlog is having on patients and their families."

He stressed that transparent monthly reporting of the data is important to understand the breadth of the backlog in order to then address it.

"Without that data, it's going to be hard to assess whether what we're doing is actually working," said Thompson. "It's important to note that a return to pre-pandemic volumes alone is not going to help clear this massive backlog. New capacity must be added to help those Manitobans who are still left waiting in both pain and uncertainty."

"There's a lot of things that Doctors Manitoba has been engaging with the task force ... there are a lot of ideas coming from front line workers, and I think we just have to continue working with them to implement these plans," he added. "And the task force needs to have the resources and latitude to make these changes and to implement these ideas."

"I hope that government gives the task force the resources they need to accomplish these tasks ... we're having more physician input at the table, which I think is critical."

The surgical and diagnostic backlog dashboard can be accessed at DoctorsManitoba.ca/backlog.

As COVID-19 hospitalizations continue their downward trend, Health Minister Audrey Gordon earlier this

month stressed that health-care staff who had been reassigned to care for COVID-19 patients are being returned to their regular duties to support planned increases in surgical activity that will bring capacity back to pre-pandemic levels.

"Our government is focused on ensuring our health-care system has the resources needed to balance the day-to-day pressures in critical care with our need to fully restore capacity for services that have been impacted by COVID-19, such as elective and non-urgent surgeries," she said as the province released its COVID-19 Health System Recovery Plan.

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Stonewall RCMP investigate found human remains

Submitted

Stonewall RCMP responded to a report of found human remains near Road 79 North, in the RM of Woodlands on March 30 at approximately 6:45 pm,

With the assistance of RCMP Forensic Identification Services and an

anthropology team, investigators are currently on site conducting a search of the area.

The identity of the remains is unknown at this time.

Stonewall RCMP along with Major Crime Services continue to investigate.

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Violence; Coarse Language **PG**

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 Zoe Kravitz
Violence; Coarse Language **PG**

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Cross-border restrictions ease for the fully vaccinated

Pre-entry tests no longer required for fully-vaxxed, but everyone still needs to use ArriveCAN before crossing back into Canada

By Ashleigh Viveiros

Planning a road trip down south? The Canada Border Services Agency (CBSA) is reminding travellers that while some COVID-19 restrictions have eased, there are many still in play.

The federal government removed the pre-entry test requirement for fully vaccinated travellers on Friday, April 1.

That means fully vaccinated people coming into Canada by land, air, or water no longer need to be tested for COVID-19 before they arrive at the border, though some people may be randomly selected to take a mandatory test when they arrive. If you get selected for a random test, you are not required to quarantine while awaiting the results.

If you're partially vaccinated or unvaccinated, nothing has changed for you—unless you're otherwise exempt, you still need proof of a negative pre-entry COVID-19 test upon returning to Canada.

Accepted tests include a negative antigen test taken no more than one day before arrival at the border, a negative molecular test taken no more than 72 hours before, or a previous positive molecular test taken at least 10 calendar days and no more than 180 calendar days before arrival at the

border.

And, unless otherwise exempt, all unvaccinated returning Canadians will still be tested with COVID-19 molecular tests on arrival and on day eight while they quarantine for 14 days.

Tim Johns, CBSA director for southern Manitoba, said last week that they are anticipating seeing a jump in the number of travellers at the border now that the pre-entry testing requirement for vaccinated individuals is gone.

"We're definitely expecting increased volume as the travel restrictions ease," he said, noting they'll be shifting staff around as needed to meet growing demand at popular crossings.

Vaccinated or not, Canadians need to be aware that all travellers still need to provide several pieces of required information via the ArriveCAN app or website *before* arriving at the border.

"I want to iterate that even though the testing requirement is changing as of the 1st, there is no change to the ArriveCAN requirement, which needs to be submitted within 72 hours before arriving in Canada," stressed Johns.

ArriveCAN requires travellers—no

matter how long they were outside the country—to upload their vaccination information, quarantine plans in case of a positive test result, and other related details before attempting to cross into Canada.

"Even if you are fully vaccinated, if you don't use ArriveCAN then a traveller may not be exempt from quarantine or testing requirements, so it's very important to do so," Johns said, emphasizing that even a fully vaccinated individual could find themselves in a mandatory 14-day quarantine if they fail to use the app.

"Travellers should print or take a screenshot of their ArriveCAN receipt and bring it with them," he advised. "And make sure that they're using the most up to date app if they've downloaded it from the Google Play store or the [Apple] App Store."

Coming back into Canada is one thing, Johns noted, but it's also important to check the current COVID-19 related requirements for entry into the foreign country you're travelling to.

The United States, for example, requires non-Americans to provide proof of full vaccination for entry. Those entering the U.S. via air also need a negative test or proof of recent recovery from COVID-19 before boarding their flight.

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TRIBUNE PHOTO BY JO-ANNE PROCTER

Spring officially sprung on March 20 and with the breeding season fast approaching, American Robins are spreading out across North America. Male American Robins arrive first on breeding grounds and begin to mark their territory by singing, foraging and nesting. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: weather@stonewallteulontribune.ca.

Province warns of flood watch for Red River Valley

Submitted by government of Manitoba

Manitoba Transportation and Infrastructure's Hydrologic Forecast Centre has issued a flood watch for the Red River from Emerson to the Red River Floodway inlet, just south of the city of Winnipeg. The river is forecast to spill over its banks at some locations with peak flows within the Red River Valley expected to occur between April 8 and 15.

A precipitation system is forecast to bring up to 30 millimetres (mm) of precipitation in most parts of southern Manitoba including the United States portions of the Red River basin and tributaries. This forecast precipitation, together with the gradual snowmelt occurring in the Manitoba portion of the basins, could raise levels above their bank-full capacities at some locations within the Red River Valley.

Water levels are expected to peak between Emerson and the Red River Floodway inlet between April 8 and

15. With the potential operation of the floodway, the level of the Red River in Winnipeg at James Avenue is expected to peak between 17.3 and 18.3 feet (ft.) between April 11 and 16. James Avenue is currently at 15 ft.

The forecast peak flow of Red River at the floodway inlet, with forecast precipitation, is estimated to be between 45,000 and 57,000 cubic feet per second.

Standard operating procedures for the Red River Floodway gates requires river ice to be broken up and cleared upstream of the floodway inlet. River ice observations indicate the ice is likely to clear by the end of the week and could create favorable conditions to operate the floodway if needed. In addition, provincial crews are deployed in a number of communities in the Red River Valley to regularly monitor basin conditions and assess potential dike closures.

Water levels along the Assiniboine,

Souris and Pembina rivers are relatively low with no significant flooding issues. The Portage Diversion could be operated to reduce downstream ice-jam impacts. The risk of lakes flooding remains low in most major Manitoba lakes.

Correction

Staff

In last week's edition of the *Stonewall Teulon Tribune*, the article "Kiln restoration on track with generous donation" it should have said Merle Balsillie's dad Buzz launched Standard Limestone Quarries, not Stonewall Limestone Quarries.

The *Tribune* apologizes for the error.

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Try Jesus

As I was reading my Bible the other day, I read the story when some parents brought their children to Jesus so he could bless them. Jesus' disciples thought He was too busy to spend time with the kids, but Jesus said to them, "Let the children come to me. Don't stop them! For the Kingdom of God belongs to those who are like these children. Then he took the children in his arms and placed his hands on their heads and blessed them." (Mark 10:13-16). As I read this story I was reminded that I made a choice to turn to Jesus at a very young age and I found my safe place with Him. Jesus loves each one of us, whatever age we are, and He has time for us. We can always go to Jesus with our problems and celebrate our joys with Him as well. In fact, He welcomes us and says the Kingdom of God belongs to those who are like these little children who come to Him. Perhaps we all need the reminder that Jesus wants us to come to Him, with whatever it is that's going on, and He will always welcome us with open arms. Paul quotes the prophet Joel in Romans 10:13 and says, "Everyone who calls on the name of the Lord will be saved." In the midst of whatever is happening around us, to us, or to those who are near and dear to us – Try Jesus. He is always there, ready and waiting to welcome each one of us. He is a safe place, and we only need to turn to Him, repent, believe in Him with our hearts, and receive the gift of eternal life through Jesus. Let me invite you, whether life feels like a pressure cooker or not right now, to be like the little children and turn to Jesus, because He is a safe place for you.

Pastor
Jo-Ann Porterfield
Alive Family Church
Stonewall, MB
alivefamilychurch.ca



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Price is \$5.00 round trip. (Interac Tap is available)

Stops include Family Foods, Red River Coop, Center & Main (for banking) and Westside Plaza.

Call (204) 467-9446 to reserve your seat!



NUTRITIONAL SUPPLEMENT PROGRAM

We are excited to offer our community products like Boost 1.5, Glucerna and more by the case to fit your needs!

For an updated list with price information, please visit our website, or call the office for more information.

Order deadline is April 22, 4:00pm (Orders placed after deadline cannot be guaranteed to be ready for pickup day)

Pickup Date: April 29 from 2-4pm
 374 1st Street West, Stonewall



Become a Member of South Interlake 55 Plus today! Membership is Only \$20.00 Annually!

Memberships Can Now Be Completed On-line! Check out our Website at www.si55plus.org to fill out a Membership form for a New Membership or to Renew.

• You do not have to be 55 + to become a member! Associate members enjoy all of the benefits of membership, with the exception of holding a position on the Board of Directors, and voting at the AGM.

• The South Interlake 55 Plus is now able to offer E-Transfer as an alternate payment method! Payment for memberships, programs and donations can now be cashless.

For more information, call (204)-467-2582

For more information call 204-467-2582

Teulon & District Seniors Resource Council Inc.

Providing a Helping Hand

Find us at 54 Main St, Teulon 204-886-2570

PROVIDING FREE SERVICES TO SENIORS:

- PHONE BUDDY • DRIVER ESCORT
- INFORMATION/FORM ASSISTANCE
- COMMUNITY VOLUNTEER INCOME TAX PROGRAM
- MEDICAL EQUIPMENT LOANS

REGULAR OFFICE HOURS: 8:30AM-4:30PM

South Interlake Seniors Resource - Stonewall

144-622 Centre Avenue - Lions Manor, Entrance 4.

SOUTH INTERLAKE SENIORS RESOURCE

- Support Services for Seniors • Driver/Escort Program
- Equipment Lending Service • Meals on Wheels • Lifeline
- ERIK and ICE Programs • Handy Helper/Housekeeping Program
- Friendly Visiting and Telecheck (phone buddy)
- Home Hair Care Service • Resource information/Form Assistance

Our office is located in the Stonewall Lions Manor at 622 Centre Avenue, Entrance 4.

204-467-2719 www.sisrc.ca

The South Interlake Seniors Resource Council offers services for seniors and those with disabilities to help them to remain independent and safe in their homes and communities. With the help of volunteers and our fee for service workers, we provide these services to the town of Stonewall, the RM's of Rosser, Woodlands and the southern portion of Rockwood.

LIFELINE VOLUNTEER

South Interlake Seniors Resource is in search of a VOLUNTEER in Stonewall, for our Lifeline Program. Local volunteers provide the installation and maintenance of Lifeline equipment with the assistance of SISRC staff. Training is provided through Lifeline and SISRC. Mileage is compensated.

For more information, please call our office at 204-467-2719.

Equipment Lending Services

South Interlake Seniors Resource Council Inc. provides a short term lending service of new and used mobility aids for the areas of Stonewall, R.M. of Woodlands, R.M. of Rosser, and R.M. of Rockwood. These aids include walkers, canes, crutches, wheelchairs, grab bars, bed rails, floor to ceiling poles etc. Items can be borrowed for a 3 month period, at which time they should be cleaned and returned. A refundable cash deposit is required. Donations are gratefully appreciated.

SISRC is actively looking for Board Members.

We meet September to June once monthly.

For more information, please call our office at 204-467-2719.

For more information call 204-467-2719

St. Laurent Seniors Resource Council Inc.

"A HELPING HAND WHEN YOU NEED IT"

55+ and people with disabilities

Offering support services within the RM of St. Laurent and surrounding areas

St. Laurent Community Health Centre

51 Parish Lane, 204-646-2504 ext.4

Seniors Resource Coordinator, Darlene McKay

- Footcare Clinic • Mobility Aids
 - (E.R.I.K.) Emergency Response Information Kit
 - Victoria Lifeline
 - Volunteers for Different Services Such as Telecheck
 - Resource Information • Transportation
 - Fundraising Activities Throughout the Year.
- Inquire about our new bike club coming soon!**

"Celebrating Seniors in Action"

Woodlands banner contest looking for submissions

By Nicole Brownlee

RM of Woodlands residents can display their community pride through a recently announced banner competition.

The municipality is calling for artwork submissions from the towns of Woodlands, Warren, Lake Francis and Marquette to create expressive banners that will be displayed in the communities.

"It's really great to focus back on the beauty of what you see in your community and what your community represents to you," said Riley Morningstar, recreation facilitator with the Rosser Woodlands Recreation Commission.

Participants can submit photography, digital artwork or traditional media like a painting to the contest to represent a town. The municipality could also choose where the art would be best suited.

The RM of Woodlands logo and a message welcoming visitors to the specific town will be added to all winning banners.

A team of judges will pick the 20 best submissions and post the semi-finalists to the RM of Woodland's

website and social media, where community members will vote for their favourite 10 banners.

Voting for the top 10 designs will be open April 25-30.

Within a week of announcing the contest, the municipality received three submissions from local photographers.

Warren resident Diana Friesen submitted a wintery photo of a deep red barn and tall trees adorned with white hoar frost.

Friesen said she enjoys taking photos of landscapes, artifacts and her family and has created several scrapbooks for her grandchildren.

"The banner contest is a good way to engage residents and promote community pride and gratitude," said Friesen, who has lived in Warren for nine years.

"We're very fortunate to live where we do."

After hearing about the contest, Friesen also reached out to her friends to encourage them to participate.

"I'm looking forward to a great summer and any-



TRIBUNE PHOTO SUPPLIED BY DIANA FRIESEN

Diana Friesen submitted this wintery photo to the RM of Woodlands banner contest to represent her town of Warren.

thing that can add beauty to our community."

Contact Riley Morningstar at rwrc@rosserwoodlandsrec.com for the entry form and more information. The deadline to enter the contest is April 15 at 5 p.m.

Alzheimer Society looking for board members

By Ashleigh Viveiros

The Alzheimer Society of Manitoba is on the hunt for a few new board members.

Rob Kennedy, past board chair and current nominating committee head, says that as an organization that helps people affected by dementia across the province, they're looking for representation from all over.

"Because we're a province-wide organization with satellite offices in many rural communities around the province and a wide network of volunteers, we like and need to have rural and small town representation on our board," he stressed.

Board members typically serve two terms of three years each. The 12-member board has two members reaching the end of their terms this year, including a Winkler area resident.

"I'd like to do a little shout out to

Jessica Phillips-Hunt, whose six-year service with the Alzheimer Society is running out in this June," Kennedy said. "She's a health care professional from the Southern Health region.

"We're looking for people like her. People who have a deep connection to persons with dementia, whether that's through their professional life or a family member, and who also bring that rural and small town community perspective to our board table. That is paramount with us."

The board welcomes applicants with diverse backgrounds and skill sets and a eagerness to get involved.

"We would like to see people apply who are big picture orientated," Kennedy said, explaining the board follows the Carver Policy Governance model, which focuses on empowering the agency's staff to get things done. "We kind of stand back and create the policies under which the staff delivers

the work."

The society provides programming, education, and support to thousands of Manitobans affected by dementia each year.

Its board meets six times a year. Members who drive into Winnipeg from out of town can be reimbursed for their travel expenses. Attending meetings virtually is also an option.

In addition to making policy decisions and the like, board meetings also regularly include guest speakers who help paint a picture of the impact of the society's work and the challenges families dealing with dementia face.

"Hearing the stories is a mandate of the organization," noted Kennedy. "We've had numerous presentations from people with dementia and their caregiver ... talking about the trials and tribulations and the personal stories that can be heart-wrenching."

But it also helps board members

better understand the work they are supporting and make decisions with the people they impact in mind, he observed.

After nearly six years as a board member, Kennedy is nearing the end of his own time with the organization. He doesn't hesitate to recommend the experience to anyone with a passion for helping others.

"It's been very rewarding," he said. "It's really a great group, a diverse group of people that includes health care professionals, physicians, architects, financial advisors, owners of construction companies, and a couple of retired people. So it's really an interesting group of people to work with."

If you're interested in learning more, head to alzheimer.mb.ca. Applications are due in by April 22.

Nearly \$4.8 million dollars for the arts and culture sustainability fund

Submitted by Manitoba government

Lakeside MLA, Ralph Eichler is pleased to announce \$10,900 in funding through the Manitoba Arts Council (MAC) in support of Green Acres Art Centre Inc., Teulon and District Museum and Historical Society Inc. and Settlers, Rails & Trails Inc. as part of our PC government's Manitoba Arts and Culture Sustainability Fund. Our PC government is proud to continue to support many arts and

cultural groups across our province to ensure that Manitoba remains vibrant and inclusive. We recognize how much the arts and culture sector add to the great quality of life of all citizens, and we are pleased to support these projects.

"MAC will provide \$10,900 through the Arts and Culture Sustainability Fund, and strengthen our community," said MLA Eichler. "I'm proud that our government continues to support

important initiatives such as this."

The winter intake for the Arts and Culture Sustainability Fund are individual grants that provide support to organizations that operate all across our province to enhance the arts and culture sector in their own communities. These are strong investments in our communities that our government is proud to make.

Our government recognizes that these past few years have been an

extreme challenge for many of these groups due to the COVID-19 pandemic, and moving forward will be a challenge as well. These grants are part of our government's commitment to growing our way out of the pandemic and helping organizations who may need a boost as we transition back to a more normal Manitoba.

Hazardous chemicals in RATs result in uptick of calls to poison centres

By Patricia Barrett

Health Canada is advising Canadians to handle rapid antigen test kit components carefully after being made aware of an increase in calls to poison centres.

Rapid antigen tests, or RATs as they're called, contain buffer solutions that are needed to carry out the test, which determines whether a person is infected with COVID-19.

There have been reports of accidental ingestion or contact with the skin. Children and pets could be at heightened risk.

"Health Canada is aware of approximately 50 calls made to poison centres in Canada related to accidental exposure, which have resulted in minor health outcomes," said the agency in an advisory dated Feb. 24. "Health Canada is advising Canadians on a precautionary basis to help mitigate the risks associated with misuse, accidental ingestion or skin exposure."

The agency did not identify the RATs associated with the calls to poison centres.

When used as intended, the agency said RATs are safe and effective. But the liquid solutions in many test kits contain chemical preservatives, such as sodium azide and proclin. These can be "poisonous if swallowed or ab-

sorbed through the skin, particularly in children and pets," said the agency.

Small doses of sodium azide can lower blood pressure and larger doses may cause more serious health effects, it said. Proclin, which is found in many kits, contains chemicals that can cause skin and eye irritation, as well as allergic reactions.

"Accidental ingestion or skin exposure to very small quantities of liquid solutions would not be expected to cause the serious effects associated with larger doses," said the agency. "However, even small quantities may cause effects in small children and pets."

The risks associated with a test kit may not appear on the label and the instructions.

RATs have been made available in schools, workplaces and other settings.

Health Canada advises the public to:

- Keep rapid antigen test kits and solutions out of the reach of children and pets
- Do not swallow the solutions, and avoid eye and skin contact
- Wash hands thoroughly after use
- Contact your local Poison Information Centre in cases of acciden-



TRIBUNE PHOTO BY PATRICIA BARRETT

An example of a rapid antigen test kit, with buffer solution, that's being distributed in Manitoba. The buffer contains sodium azide, according to the test kit's safety data sheet from BTNX, the biotechnology company that makes it. The data sheet states that the kit has no hazardous components. It also states that sodium azide is rated as hazardous, but the chemical does not need to be "declared" as hazardous because of its "low concentration" in the buffer and on the test strip. The data sheet provides first-aid advice.

tal ingestion or direct skin exposure to test kit solutions.

- If spillage occurs, rinse well with water
- Follow all instructions for proper disposal
- Report any health product-re-

lated side effects or complaints to Health Canada

The Manitoba Poison Centre is available 24 hours a day. Call toll-free 1-855-776-4766.

Province welcomes eight municipalities to the watershed districts program

Watershed districts play key role in building manitoba's climate resiliency

Submitted by Manitoba government

The Manitoba government's highly successful watershed districts program is expanding to include eight new municipal partners, Environment, Climate and Parks Minister Jeff Wharton announced Friday.

"Our government recognizes the importance of managing water on watershed boundaries. These efforts

play a key role in building climate resiliency within the province, helping to protect water, soil and habitat," said Wharton. "We are pleased to welcome new municipal partners to the Pembina Valley and Redboine Watershed Districts, resulting in increased watershed programming for producers and residents of these eight municipalities."

Watershed districts are established under the Watershed Districts Act and are formed as a voluntary partnership between the province and local municipalities to protect, restore and manage water resources on a watershed basis. Watershed districts offer a wide range of programming to advance integrated watershed man-

agement plans and meet local priorities including water retention, erosion control, the restoration and enhancement of wetlands and other habitat, and work with agricultural producers to protect Manitoba's water quality.

"Manitoba's continued investments and partnerships around watershed-based programming delivered by watershed districts has been a game changer," said Bill Howatt, board chair, Pembina Valley Watershed District.

New municipal partners in the Pembina Valley Watershed District and the Redboine Watershed District are:

Pembina Valley Watershed District – municipalities of Emerson-Franklin and Rhineland, Rural Municipality of

Montcalm, the Town of Altona and the City of Winkler; and

Redboine Watershed District – rural municipalities of Rosser, St. François Xavier and Woodlands.

"Manitoba Association of Watersheds is pleased to see further expansion of the Watersheds District Program and thanks the Province of Manitoba and the new partner municipalities for their support, said Garry Wasylowski, board chair, Manitoba Association of Watersheds. "The importance of Manitoba's 14 watershed districts has never been greater than it is now as we collectively seek to build climate resiliency within the province."

Since 2020, Manitoba has increased funding to the 14 watershed districts by \$560,000, to a total of \$5.873 million in 2021/22. In all, 111 of the 137 municipalities in Manitoba are now part of the program, making significant incentive programming around water management available to residents of the partnering municipalities.

More information regarding Manitoba's Watershed District Program can be found at: www.manitobawatersheds.ca.



ROYAL CANADIAN LEGION
STONEWALL BRANCH - 467-2261 Lic #418

Clubroom events for the Week of April 4
Wednesday 4-9 Chase the Queen Draw at 8:30
Thursday Doors open at 6 Crib starts at 7 sharp
Friday 4-9 Meat Draw at 6:30
Soup and Sandwich special 4:30 to 6
Saturday 4-10 Darts 6:45
All are welcome - Support your local legion!



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Celebrate Social Work Month

By Jennifer McFee

March was Social Work Month, and was the perfect time to celebrate those who work in the profession.

In Interlake-Eastern RHA, about 40 registered social workers serve across the region in a range of positions, including home care, long-term care, mental health, primary care, palliative care, cancer care, acute care and management.

“Social workers tend to work with individuals who are in a personal crisis and are reaching out for help,” explained registered social worker Jeremy Buchner, who is the clinical change lead for Manitoba’s Clinical and Preventative Services Plan.

“Social workers are an essential service on any given day and more so during times of great stress such as a global pandemic, war or political strife.”

Registered social worker Sherisse Picklyk Dear has the opportunity to work with patients facing a variety of life challenges in her role as a community liaison counsellor with the Selkirk and area My Health team.

“Folks can struggle at specific times of their life due to health, personal, financial or family issues. I am able to

provide supportive counselling, parent coaching, system navigation, advocacy and the ability to connect with other clinicians, agencies and services as needed,” she said.

“My current role as a community liaison counsellor gives me the flexibility to help meet the patients’ needs based upon their goals.”

Social workers have the capacity to practise in a multitude of areas, which allows for a great range of clinical or policy-focused experiences.

“All of the IERHA’s strategic plan values align with the core values and ethics of social workers,” she added.

“Acting with respect, integrity, compassion and in collaboration with others for the patient’s success are key guidelines for my role.”

More information about job opportunities in Interlake-Eastern Regional Health Authority is available on the website www.ierha.ca under “Careers” and then under “Job Postings.” To learn more, contact hr@ierha.ca.



Sherisse Picklyk Dear

Huge garage sale to support Kenyan kids on April 29 and 30

By Jennifer McFee

Garage sale season will soon be underway, and a huge upcoming event will kick it off to benefit a good cause.

Bethel Rays of Hope Ministries will host a garage sale in Stonewall’s New Life Church at the end of April, and all the funds raised will support children in Kenya.

“Bethel Rays of Hope Ministries was started by a group of friends in the Stonewall and Winnipeg area. It gets help from a few churches but is not directly linked to any church,” explained board chair Jim Croy.

“We were incorporated in 2013 but as a group we have been helping children in Kisumu, Kenya since 2007. We are all volunteers and none of the fundraising is spent in Canada. So we can truly say that 100 per cent of your donations goes to helping the children we support.”

Currently, the Kenyan orphanage is home to more than 60 children, and the organization also supports many more children who live at home in their communities.

“We have a school with more than 200 children attending. We started teaching our own children so that we could afford good education. We then opened our doors to community children that could not afford regular school,” said Croy, who will be at the garage sale with information and photos related to the project.

“In order to meet the needs, we are now making plans to build a proper school building — the current school is made of sticks and tin sheets.”

The fundraising target is \$8,000, with the hopes of being able to travel to Kenya early next year to start construction.

To help reach this goal, the group is hosting a garage sale at Stonewall’s New Life Church on Friday, April 29 from 2 to 7 p.m. and Saturday, April 30 from 9 a.m. to 2 p.m.

Cathy Mackie, who is helping to organize the garage sale, said 100 per cent of the money raised will support Bethel Children’s Home and school in Kisumu, Kenya.

“What makes this sale quite unique is its size,” Mackie said.

“Previously, we have been blessed to have so many donations that we basically take over the majority of the church

Inland Port Special Planning Area Under The Authority of The Planning Act

Notice of Public Hearing

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

To SUBDIVIDE five +/- 0.03 to 1.15 acre parcels plus residual (+/- 1.98 acres) totalling +/- 4.54 acres from the NE ¼ 27-11-2E in the RURAL MUNICIPALITY OF ROSSER

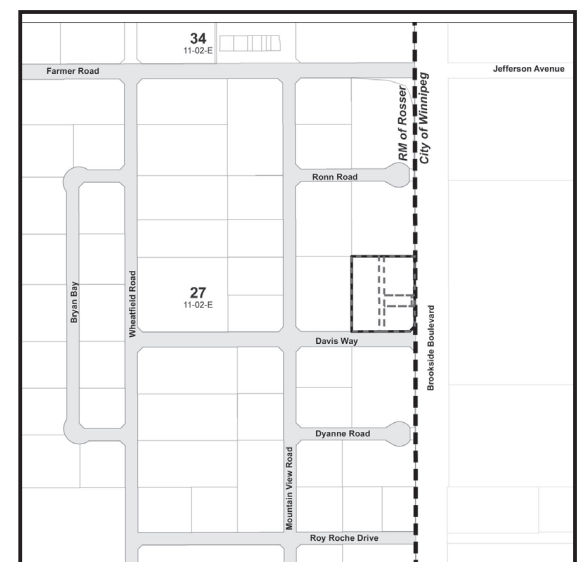
HEARING LOCATION: Virtual Public Hearing
Microsoft Teams

DATE and TIME: Thursday, April 21, 2022 at 6:00 p.m.

GENERAL INTENT AND PURPOSE: To subdivide a portion of the NE ¼ 27-11-2E in the RM of Rosser CentrePort lands to create five new lots.

AREA AFFECTED: This subdivision and by-law shall apply to the area identified on the map appearing on the Hearing Notice.

FOR MORE INFORMATION CONTACT: Holly Ervick-Knote, Planner
Manitoba Municipal Relations
Inland Port Special Planning Area 604-800 Portage Avenue Winnipeg, MB R3G 0N4
Phone: 204-945-1312
Email: inlandportspa@gov.mb.ca



A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request. A description of the procedure to be followed at the hearing is also available at the location noted above.





International Day Against Bullying

April 13th



How to teach kids to stand up for others

International Day against bullying is coming up so it makes it the ideal time to talk to your children about bullying. One important lesson to teach them is that when a friend or peer is being harassed, those who witness the situation are just as involved. Here are four topics you can discuss with your children to help them stand up for others.

1. **EMPATHY** By learning to understand and relate to other people's emotions, children can more easily recognize bullying behavior. Ask them how it feels when someone is mean to them and teach them that other kids will likely feel the same way.

2. **SUPPORT** You can teach your children to stand up to bullies with simple phrases delivered in a calm but assertive manner. Sentences like "you're not being funny, you're just mean" can go a long way. Practice a few

phrases at home with your kids so they're ready to use them if needed.

3. **INCLUSION** If a child is being bullied at school, it can mean a lot to them to be invited to play with others. Encourage your kids to make an effort to socialize with classmates who are bullied or don't have someone to talk to or sit with at lunch.

4. **REPORT** Kids might be afraid to tell adults when they see another child being bullied because they don't want to be labeled as a tattletale. Teach your children the difference between tattling (hoping to get someone in trouble) and reporting (hoping to get someone out of trouble).

The most important message to leave kids with is that they have the power to make a difference and help stop bullying behavior.

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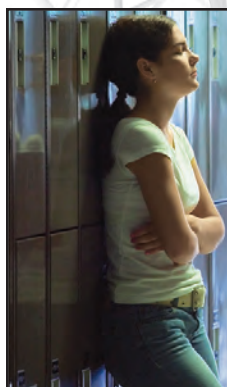
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International Day Against Bullying

Celebrating International Day of Pink

Saying we will not stand for bullying

By Staff

The International Day of Pink will take place on April 13 this year. This is a day when the world stands against bullying, discrimination, homophobia, transphobia, and transmisogyny.

It's important to stand up against bullying and discrimination not just at a global level but right here at home as well.

To be a part International Day of Pink everyone is welcome to wear pink on April 13 and represent equality, diversity, inclusivity, solidarity, kindness, courage, acceptance and much more.

Something very special about this day is that it was started right here in Canada. In 2007, two high school students in Nova Scotia witnessed a gay student wearing a pink shirt being bullied. The high schoolers came to the aid of their fellow student but wanted to do more to prevent homophobic and transphobic bullying. They decided to purchase pink shirts and convinced their peers to all arrive at school wearing pink.

The result of their actions was all students standing together in solidarity which in turn brought enough awareness that everyone started working together to pre-



PHOTO BY METRO CREATIVE
Wear a pink shirt and celebrate International Day of Pink on April 13.

vent this type of bullying.

This initiative has continued to grow over the years and is now an international campaign that seeks to end all bullying in schools, workplaces and communities.

In addition to wearing pink, residents can also show their support on social media with stickers and GIFs, video call backgrounds, social posts, and social media headers available at the International Day of Pink website.

Let's all take the time on April 13 to wear pink, spark conversations about inclusivity and find ways to make our communities more accepting places for everyone who lives here.

To learn more about this initiative go to <https://www.dayofpink.org/>.



The impact of childhood bullying can last well into adulthood.

INTERNATIONAL DAY OF PINK

LET'S CREATE A MORE INCLUSIVE WORLD.



JAMES BEZAN MP

SELKIRK—INTERLAKE—EASTMAN



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It's Time to END Bullying and Cyberbullying



RM of Woodlands • 204-383-5679 • 57 Railway Ave, Woodlands • rmwoodlands.ca

Local artist has a passion for pottery

By Jennifer McFee

A local artist is sculpting her future around an interest that sparked in a high school ceramics class.

Stonewall's Kate Clark remembers back to 2013-14 when she first tried her hand at pottery and ceramics as a student at Stonewall Collegiate Institute.

"I had the most wonderful art teacher, Mrs. J. Dennis," Clark said. "She always made sure to include ceramics within her yearly curriculum."

That enthusiasm for the medium continues today, as Clark wraps up her final year at the University of Manitoba's School of Art program to attain a bachelor's degree in fine arts.

"I am majoring in ceramics and minoring in oil painting. I hope to continue to create my sculptures and push my functional pottery business," she said.

"I have been selling my work online, at local farmers markets and at Stonewall's Desimplaere's Antiques."

The process of creation is what draws Clark to ceramics.

"Ceramics is a challenging medium to work in because it is heavily based on process, and many things can go wrong. Along the way, I frequently encounter numerous challenges and roadblocks. The difficulties I face fuel my drive and passion; the more I fail, the harder I strive to succeed," she said.

"As an artist, if I am not challenged, I quickly become bored and move on to another project. When a successful mug, bowl or sculpture comes out of the kiln, most ceramics artists experience an incredible rush. I'm overjoyed when my ceramics pieces come to life



Clark's Slippy, Small Frog and Barnacles is one of her favourite works.

in the final stages."

Forging a local connection, Clark gleans inspiration for her sculptures from Manitoba wildlife, fungi and lichens.

"I experiment with natural textures and a natural colour palette," she said.

"I use my animal sculptures as a metaphor for new growth within decay and devastation."

Three of her favourite ceramic works — aptly named Slippy, Small Frog and Barnacles — were recently on display in a shared gallery show entitled Muddy Fingers at the University of Manitoba's School of Art Student Gallery.

Looking ahead, the University of Manitoba hosts a final show for all graduating bachelor of fine arts honours students. From April 30 to May 5, Clark's final works will be on display on the fourth floor of the School of Art.

"I think everyone should try ceramics at least once in their lives. Pottery is truly a wonderful thing that has changed my life forever," she said.

"Having the ability to create something that will last thousands of years is truly amazing. Also, the fact that I will never need to purchase new dishware is also very lovely."



TRIBUNE PHOTOS SUBMITTED

Kate Clark sells her pottery online as the Pottery Bug.



For anyone who is interested to buy some of Clark's functional work, they can check out her Etsy shop by searching for "The.Pottery.Bug" or "The.Pottery.BugShop." She also takes orders over social media and has a variety of pieces available at Stonewall's Desimplaere's Antiques.

> KENYA, FROM PG. 11

building and classrooms. I call it our Department Store Garage Sale."

Donations would be very welcome and can be dropped off at the church from Friday, April 22 to Thursday, April

28 from 9 a.m. to 5 p.m. (excluding Sunday). Mattresses, pillows, big furniture, old electronics and old TVs won't be accepted. Anyone with questions about a donation can text Cathy Mackie at 204-330-0973.

For those who can't make it to the garage sale, there are other ways to show support.

"Any donation would be gratefully accepted at any time

and any amount. An e-transfer to treasurer@bethelraysofhope.com would be a blessing to us at any time," Croy said.

"Sponsoring a child changes a life in ways that are almost impossible to describe."

For information about fully sponsoring a child or simply sponsoring their education, contact Milly Beirnes at board@bethelraysofhope.com.

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Your FARM



April showers may curb crop pests including grasshoppers

By Nicole Brownlee

Grasshopper populations are up in the air as farmers wait for spring, but heavy rains in April and May could make this growing season more manageable than in 2021.

Weather, precipitation and predator populations are three crucial indicators of grasshopper populations.

"There are a few things at play, and sometimes it's really hard to know for sure which one of them is driving the population increases," said John Gavloski, the entomologist who compiles the annual provincial grasshopper forecasts.

In hot, dry years, grasshopper populations increase, feasting on crops struggling to mature. After spending months munching on crops, grasshoppers lay eggs in late summer, leaving their children to hatch in early spring.

"If you get some timely rains after they've hatched out, sometimes that will kill the very young (grasshoppers)," said Gavloski.

"How well can the crops compensate and tolerate grasshopper feeding is also important. A year when you've got good growing conditions, the



The two dominant grasshopper species in the Interlake are the twostriped grasshoppers who feed on crop and non-crop plants and the clearwinged grasshoppers who prefer grasses and cereal crops.

plants can handle more grasshoppers than they can in a dry year."

Grasshopper populations soar after a few years of dry weather. Manitoba's grasshopper populations have steadily grown since 2019. The Interlake and Central Manitoba are usually targets of rising grasshopper populations.

Low soil moisture in the fall of 2020 with less than 40 per cent of normal snow accumulation made 2021 an especially dry growing season. By late

June, many areas were at least 200 mm short of water for the growing season.

The temperature of the Eastern and the Interlake regions was also two Celsius degrees warmer than average.

Researchers surveyed 97 locations in Manitoba in August 2021 and found 45 of the surveyed areas had a light risk of grasshopper infestation. Six of the surveyed areas are in severe risk areas, one being the Municipality of Bifrost-Riverton.

"We may not be hitting all the really high-density spots in our survey. We're doing this randomly," said Gavloski.

Researchers tend to survey spots near where they live or work, which can cause clusters of surveys in different parts of the province instead of an even distribution across Manitoba.

"I wouldn't let my guard down regarding grasshoppers if I was a farmer or agronomist," said Gavloski.

Gavloski encourages farmers and agronomists to monitor grasshopper populations along roadsides, field edges and other areas where grasshoppers tend to gather.

The Central region and Interlake

"I WOULDN'T LET MY GUARD DOWN REGARDING GRASSHOPPERS IF I WAS A FARMER OR AGRONOMIST."

Continued on page 17

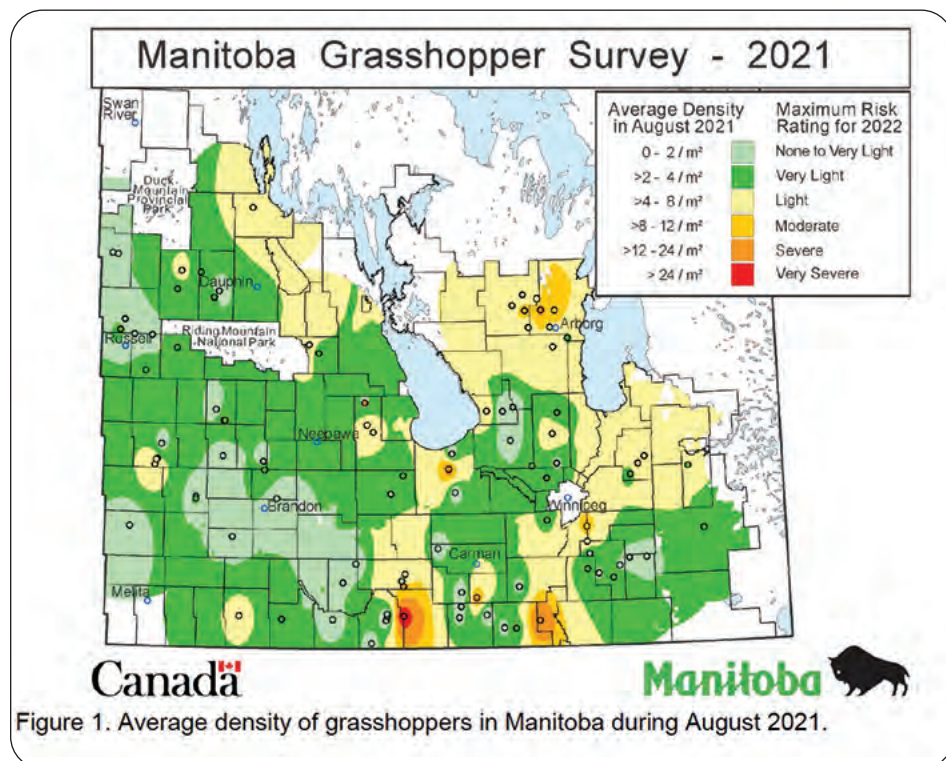


Figure 1. Average density of grasshoppers in Manitoba during August 2021.

PHOTOS BY JOHN GAVLOSKI.

The province has released their grasshopper forecast for 2022 revealing high densities of grasshoppers in the Interlake and Central region of Manitoba.

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Your FARM



Calves dust their noses with miracle product

By Nicole Brownlee

Studies herald a mineral compound that can improve animal coats, health and production, but farmers across Canada say they've believed in and used the product for almost 30 years.

Charlene Kaartinen was first recommended diatomaceous earth (DE) by a holistic veterinarian in Virden to boost her calves' immune system.

"Every year on farms there's always trouble with scours, but with us, it was coccidiosis," said Kaartinen, who has been a cow and calf producer for 35 years with her husband Craig Kaartinen at their farm in Eriksdale.

The couple used to rely on a \$75 box of Calf Span tablets, an antibiotic in tablet form, to treat coccidiosis.

"We had to catch these calves, pop these black pills into them for three days in a row, and we're dealing with calves that are already 200 pounds plus," she said.

Kaartinen incorporated DE into her herd's feed and soon realized the DE improved her calves' health because they were eating less dirt.

Researchers theorize calves eat dirt because they don't consume enough minerals, like phosphorus or salt, crave a salty taste or are curious about their surroundings.

Regardless of calves' reasoning, consuming dirt, manure or muddy water can make calves sick because there are parasites living in their snack of choice. Calves can then develop scours, coccidiosis or ulcers, leading to a costly vet bill and an uncomfortable regimen of antibiotics for the calf.

"Just like with us, you get an upset stomach you're looking for something more alkaline to counteract that acid. Soil is supposed to be more naturally alkaline, so the calves go to that to try and self-medicate."

Kaartinen believes the alkaline pH level in DE attracts calves.



TRIBUNE PHOTOS BY CHARLENE KAARTINEN

Charlene and Craig Kaartinen run a third-generation farm in Eriksdale and distribute their "godsend" product, diatomaceous earth.

"It soothes their belly."

Adding food-grade diatomaceous earth, marketed as an anti-caking agent for livestock feed, to the Kaartinen's food program has reduced illnesses in their calves, saving Star Lake Beef money and inspiring a new revenue stream.

Like how soil quality varies on the field, the minerals and quality of DE differs based on the location its mined from.

Star Lake DE is produced and imported from a mine in Nevada and doesn't contain any clay contaminants or additives which gives the product a distinctive white colour and smooth texture. Star Lake DE also has a unique mineral composition, said Kaartinen.

The Kaartinens became the sole supplier of their enriched food-grade DE sold in Canada in 2002, six years after they started selling the product.

"It sounds too good to be true to have a product you can put out there, and the calves will eat it, and it'll reduce your trouble," she said.

"I'm only selling the product because I know it works."

On average, only two to four calves per year at the Kaartinen farm require additional intervention for loose stool since incorporating Star Lake DE into their feed. If calves need more care, the Kaartinens mix Star Lake DE with water for the ailing few.

In the late 90s, there were very few scientific studies researching how and why DE impacted animals, but like Kaartinen, many farmers trusted the product because their calves were healthier.

There are few substitutions to DE that detract calves from consuming dirt, but some producers have noted that adding salt or additional mineral blocks can distract calves.

In the past decade, several studies have discovered DE benefits animals like sheep, chickens and rabbits.

DE comes from skeletal remains of algae-like plants called diatoms which have existed since prehistoric times. The diatoms are ground to a powder that looks and feels like talcum powder.

Calves that graze on feed mixed

Continued on page 17



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Your FARM



> DUST THEIR NOSES, FROM PG. 16

with DE emerge with characteristic white dusty noses like their snouts were dipped in powdered sugar.

Star Lake DE also contains minerals like silica, iron and calcium and prevents pests.

Powdered DE contains microscopic sharp edges that cut through insects' protective covering, killing them through dehydration. Farms have incorporated DE into grain bins to utilize the product's pest control abilities.

However, several studies and Kaartinen warn that DE is best introduced in the calving season to newborns. DE is less effective at promoting the animal's health if it has already consumed parasites.

"Producers need to think of it as a preventative measure." Kaartinen recommends three to four bags of DE for calves in a herd of 100, which would cost around \$1.70 per calf.

Daryl Hoepfner, owner of Arborg Livestock Supplies, has sold Star Lake DE since the early 2000s and notes that customers have picked up the product for a variety of uses.

"The part we like is that it's all-natural," said Hoepfner. "The ladies in town love it for their gardens because it works on cutworms and potato bugs."

Customers who pick up Star Lake DE for their calves return to the supply store every season, he added.

Allan Szklaruk from Gypsumville said Star Lake DE is a godsend product compared to expensive antibiotics.

One producer shared with Kaartinen that he couldn't understand why one half of his calving herd struggled with scours while the other didn't. He realized that the cows without scours ate from a trough with leftover DE from the previous year.

"He was sold," said Kaartinen.

For more information about Star Lake DE, contact Charlene Kaartinen at ckaartinen@outlook.com or phone 204-739-5251.



Calves jostle to eat DE and are detracted from eating dirt.

> GRASSHOPPERS, FROM PG. 15

generally had the highest counts of grasshoppers while surveying in 2021. The highest count of grasshoppers was in the RM of Pembina, where there was an average of 40 grasshoppers per square metre.

Four grasshopper species cause the most damage in Manitoba.

In the Interlake, the two-striped species was dominant, with a few locations also containing the clearwinged grasshopper as the dominant species.

Two-striped grasshoppers feed on crops and non-crop plants, but the clearwinged grasshopper primarily feeds on grass.

Insects like bee flies, blister beetles and field crickets feed on grasshopper eggs, which could also stem population growth.

"We were seeing a lot of the adult stage (of the blister beetles) in the fields in the summer," said Gavloski.

Only young blister beetles feed on grasshopper eggs, but an increased presence of adult blister beetles shows an increase in grasshopper predators. The researchers rely on observational reports of grasshopper predator populations.



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MBFI Brookdale Farm Learning Centre

- Tuesday, April 12, 2022 (12:00-6:00 pm)

North of Brandon, Corner of PR 353 and Hwy #10

Eriksdale Community Centre - Wednesday, April 13, 2022

(9:30--3:00 pm) 22 Railway Ave - Eriksdale

Grandview Kinsmen Community Centre - Thursday, April 14, 2022

(9:30-3:00 pm) 435 Burrows Ave - Grandview

Agenda

- **Building Pasture Productivity using Pasture Planning**
Steve Kenyon - Greener Pastures Ranching Ltd
- **Using Agri-Maps as a tool to develop grazing system plan**
Shawn Cabak - Ag Adaption Specialist - Livestock, MB Ag
- **Developing applications for grazing project funding**
- Laura Grzenda, Andrea Bertholet & Jewel Mazur
Agri-Ecosystems Spec. - Livestock Stewardship, MB Ag
- Local cost sharing programming
- **Hands-on supplementary training (optional)**
please bring your laptop

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Electric Fencing Theory & Hands-on Demonstration, Solar Power for Remote Water Systems, Pasture Pipeline Installation

Health Check Your Pasture and Soil (Workshop 3) - MBFI First Street Pasture, July 6, 2022

Hands-on Demonstration of Pasture and Soil Health Assessments

Diversify Your Grazing (Workshop 4) - MBFI Brookdale Farm Site - August 3, 2022

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Pre-registration is required (spaces may be limited) - April 11 registration deadline for Workshop 1

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TCI reaches five-year milestone with Colombian twin school

By Jennifer McFee

Gracias, amigos!

The helping hand of friendship has once again extended across hemispheres to maintain cross-continental connections.

The Helping Hands group at Teulon Collegiate Institute donated \$500 to assist their twin school in rural Colombia at the end of the last school year. The South American students started their new school year in February 2022 after a long stretch of remote learning, and these funds provided them with much-needed school supplies to return to the classroom.

These efforts bolster a personal project that my husband and I launched in 2010 called The Privilege of Giving, which aims to provide support to impoverished students in developing countries.

Before he immigrated to Canada, my husband Ricardo Burbano was employed as a humanitarian worker in an effort to improve the lives of Colombians displaced by conflict. Like we're seeing in the news today, it's a heart-wrenching reality that many people are forced to leave their homes in the face of violence to start again with empty hands.

Thanks to the generous efforts of

the Helping Hands group at Teulon Collegiate Institute, we were able to provide school supplies to all the students at a small school called Escuela Bilingue San Pedro, which provides instruction in the Indigenous Inga language in addition to Spanish.

The donated funds also covered the costs for a celebration complete with cake, sweets and refreshments for students, staff and families. Our gratitude also goes out to my husband's family in Colombia, who arranged to purchase and deliver the school supplies and sweet treats. We look forward to going back in person again someday to visit with the students face to face.

This year also marks a milestone moment for the twin-school partnership, since the long-standing relationship between Teulon Collegiate Institute began five years ago in 2017.

Helping Hands member Megan Loudon, who is now in Grade 12, has been part of the fundraising efforts since the twin-school relationship began.

"I have been a member of Helping Hands since Grade 8, so 2017-2022. I decided to join because of what they stand for — for doing good for oth-



TRIBUNE PHOTOS BY ADRIANA BURBANO

Students and staff at Escuela Bilingue San Pedro in Colombia send greetings to their twin school, Teulon Collegiate Institute.

er people," said Loudon, who also volunteers at Green Acres Art Centre in Teulon with dance programs for three- to six-year-olds.

"I first started after being invited by Mme Philippot to WE day. I really enjoy helping our sister school with our fundraisers."

The efforts remain ongoing since Helping Hands organized a "hat day" at the school on March 17 and 18. Students could pay \$2 in exchange for the chance to wear a hat all day at school. Staff knew which students

had paid by a stamp on their hand.

"I really appreciate the connection that we still have with the school. Last year with COVID and us going to school ever other day, we lost track of supporting our sister school, so we took a majority of what we had left in our account to donate to the school," Loudon said.

"I have always had the thought of helping others be the top of my priorities. It is a good feeling, and know-

Continued on page 19

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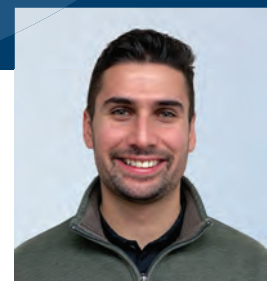
Christine Anderson



Kim Friesen



Sandy Rutchka



Nick Shymanski



> TCI, FROM PG. 18

ing that we can help kids go to school with good school supplies makes me feel good.”

After she graduates, Loudon plans to continue with her efforts to lend a hand whenever possible.

“I have been accepted to the University of Manitoba, University 1 program. After my first year, I plan on going into the nursing program and specializing in pediatrics,” she said.

“I grew up in a medical family, so helping others is just something that we do. I will always try to help others as much as I can.”

In another cross-continent partnership, Teulon Elementary began a twin school relationship with a Colombian elementary school called Escuela Michoacan in 2013.

Both Escuela Michoacan and Escuela Bilingue San Pedro are located in Colombia’s rural Putumayo region, where poverty persists as a barrier to education. Many families have been displaced due to violence from internal conflicts in the country. Others are part of the Indigenous Inga group, which struggles to preserve its traditions and culture.

Many students drop out of elementary school to work alongside their parents as agricultural labourers. As they get older, they feel too discon-



Young Colombian students are ready to start their school year with new supplies, thanks to a donation from Teulon students.

nected to return to the classroom.

Looking ahead, we plan to continue with The Privilege of Giving project in the hopes that education can help break the cycle of poverty. For more information or to get involved, please contact me at 204-461-5352 or jen@stonewallteulontribune.ca.

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- Is intended to support a structure such as a hot tub or pergola.



You do NOT need a permit for an unenclosed or detached deck less than two feet in height, or for an unenclosed attached deck of 50 ft² or less in floor area.

Permits help ensure that buildings and structures meet the *Manitoba Building Code*, which in turn increases the level of safety for everyone.

If you are unsure whether your project requires a permit or not, or if you have any questions, please contact the SIPD office at 204-467-5587 and we’d be happy to assist you! More information is also available on our website: www.sipd.ca

Father-daughter duo wins real estate award

By Jennifer McFee

Congratulations are in order for two generations of realtors who recently earned a prestigious award for their professional accomplishments.

Brandt McKillop and his daughter Meagan both recently won the RE/MAX Chairman's Club Award, which recognizes a high level of real estate sales.

After attending the awards ceremony in Las Vegas, Brandt said it's gratifying to be recognized by RE/MAX International and their peers in the company.

"Especially in a market that's more competitive than ever," he said, "we are honoured to be chosen by our clients to help them with their real estate needs."

At the same time, he expressed pride in his daughter's achievements.

"I am very proud of Meagan's achievements. I have won this award

before, and this is her first time winning this award, so I know how much hard work it takes to win it," Brandt said.

"I'm delighted that we could both be recognized for the same prestigious award on the same stage in Las Vegas at RE/MAX International convention at the MGM Grand hotel in front of 2,400 of the best realtors on the planet."

"I'M DELIGHTED THAT WE COULD BOTH BE RECOGNIZED FOR THE SAME PRESTIGIOUS AWARD ON THE SAME STAGE IN LAS VEGAS"

Similarly for Meagan, it was an incredible experience.

"When I first started nine years ago, I never would of imagined this. I'm beyond grateful for a career I absolutely love, and the award is just the cherry on top," she said.

"We both appreciate the support from our respective clients, our families, friends and peers in the real estate industry who helped make these awards possible."



TRIBUNE PHOTO SUBMITTED

Brandt McKillop and his daughter Meagan both won the RE/MAX Chairman's Club Award in Las Vegas last month.



April is oral health month!

How to take care of sensitive teeth

Tooth sensitivity is a problem that requires intervention. Here are five tips to help limit the discomfort caused by this condition.

1. TALK TO YOUR DENTIST Your dentist is the best person to talk to about tooth sensitivity. They can suggest solutions and recommend appropriate products. They can also identify the cause of your sensitive teeth by examining your mouth.

2. ADJUST YOUR DIET Limit the amount of highly acidic and sweet foods you eat. If you consume them, remember to rinse your mouth thoroughly after eating to remove any residue. You can also chew sugar-free gum to promote saliva production and achieve similar results to rinsing.

3. USE THE RIGHT TOOTHPASTE Certain kinds of toothpaste are designed to relieve the discomfort of hypersensitivity by creating a protective barrier over sensitive areas of your teeth. Brushing twice a day with one of these toothpastes will ensure the active ingredients work properly. Ask your dentist which kind is right for you.

4. USE A SOFT-BRISTLE BRUSH Use a soft-bristle toothbrush to gently clean your teeth without damaging your enamel. Damaged enamel and receding gums can expose your dentin and the nerve ending in your dental pulp, leading to pain and discomfort.

5. MAINTAIN GOOD ORAL HYGIENE

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day for at least two minutes prevents plaque from building up in your mouth. It also reduces the chance of developing gingivitis, cavities and more. However, avoid brushing too vigorously because this could stimulate your nerve endings and cause more pain.

If you don't notice an improvement after a few days or weeks, make an appointment with your dentist.

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Hockey Night in Canada in Cree to be aired this month

By Jennifer McFee

Young Interlake hockey players have scored a chance to shine during an initiative to broadcast the sport in Cree language.

Hockey Night in Canada in Cree is drawing interested audiences, and some familiar faces are skating across the screen during the games' opening and intermission videos.

Mike Omelus, APTN's executive director of content and strategy, explained that APTN started talking with Rogers Communications and its Sportsnet channel about broadcasting games in Plains Cree back in 2019.

"They've been wonderful partners over the years. The Rogers Hometown Hockey games we produced in 2019 and 2020 were ground-breaking, and we were disappointed we had to pull the plug on broadcasting any further games because of the pandemic," he said.

"But we're thrilled to be back and especially pleased to be producing games under the Hockey Night in Canada banner. It's an iconic brand."

It's historically significant to broadcast Hockey Night in Canada games in Cree, with an impact that extends far beyond speakers of Plains Cree and hockey fans, Omelus added.

"This is a hugely important endeavour for APTN that shines a spotlight on the critically imperilled nature of dozens of Indigenous languages and underscores the need to do whatever we can to help people reclaim and revitalize their language," he said.

"Hopefully the games will help get people excited about their language. Plus it's a great celebration of Indigenous communities and cultures."

Adding to the excitement, local hockey-playing youth with Indigenous heritage are being featured in intermission video features, as well as the show's opening.

"We want to showcase young players, see them in action, and hopefully get them excited — not only about sport but also their traditional language. It's encouraging when youth see their culture reflected in a country's national sport on national TV," Omelus said.

"If there's anyone we're trying to reach with these broadcasts, it's Indigenous youth. Sport has a powerful ability to inspire young people, and we hope our Hockey Night Canada in Cree broadcasts help inspire the next generation of Indigenous leaders and hockey players alike."

Randy Frykas, a 2020 Canada Screen Award nominated director, produced the local footage that he recently filmed in Stonewall and Argyle.

"This opportunity with APTN's broadcast of Hockey In Cree allowed me to combine two of my favourite things: hockey and filmmaking," he said.

"There were a lot of moving parts to this, so I would like to thank all of the hockey players that came out to skate, the Argyle Skating Club, Toni deLa-roque for helping coordinate and Mike Nychuk for letting us use



TRIBUNE PHOTOS BY RANDY FRYKAS/APTN

Ella Holm will be part of the NHL broadcast on APTN's "What a game! Thank you for watching our #hockeyincree debut on April 9, 16 or 23.

his backyard rink."

Brother-sister duo Evan and Nicole Hutchinson, who have a Métis background, both had the chance to participate in the filming and showcase their on-ice skills.

"It was fun," said Evan, a Grade 3 student at Warren Elementary who played for the U11 Warren Mercurys this year.

Evan's favourite NHL team is the Jets, and he also likes going to Moose games. He was excited to watch the Hockey Night in Canada in Cree footage with his friends.

"It was weird because I'm not used to being on TV," he said, "but I liked it."

His sister Nicole agreed that it was a fun experience, saying it was cool to see herself in the video.

"I like to play more than I like to watch games," said Nicole, a Grade 6 student who played for the Stonewall Blues U13 female and provincial team.

"It was fun doing the filming because I skated with a bunch of friends."

Ella Holm, a Grade 10 student at Stonewall Collegiate Institute, also enjoyed the experience.

"I enjoy watching hockey, playing hockey and helping others with hockey," Ella said. "I did see the footage and it felt pretty good to be on TV."

Looking ahead, Ella hopes to learn Indigenous languages in the future.

"I am Inuit," she said. "I do not understand Cree or Inuktitut but hope to learn one day."

That's music to the ears of Omelus, who stresses the connection between language and culture.

"Language is one of the strongest threads that connects people to their culture, and we are beyond thrilled to once again offer NHL games in Plains Cree," he said.

"The path of reconciliation extends beyond the horizon, but this definitely is one of the ways we can

Continued on page 22



Young hockey players were part of the filming that took place at the Argyle Skating Club.

Province closing all COVID-19 testing sites next week

By Patricia Barrett

The provincial government will be shutting down remaining COVID-19 PCR testing sites across all health regions, according to a provincial COVID bulletin.

"All provincial testing locations will be permanently closed on April 15," states COVID-19 Bulletin #576 of March 31.

There are five testing sites in the Winnipeg Regional Health Authority, one in Interlake-Eastern RHA, two in Prairie Mountain RHA, two in Southern RHA and three in Northern RHA, according to the government's COVID website (viewed April 1).

The bulletin says pre-operative patients who need a COVID test can call a provincial call centre, the Dakota Medical Centre in Winnipeg or the Minor Illness & Injury Clinic in Winnipeg.

The province began restricting access to PCR [polymerase chain reaction] tests in January after it experienced a massive backlog of 6,800 tests as reported on Jan. 5. The province had allowed gatherings in households over the Christmas break, concomitant with a rise in the omicron variant. Premier Heather Stefanson told Manitobans a week later that it was up to them to "look after themselves." There was a record high of 744 people in hospital with COVID on Feb. 2.

The government also chose not to track most results from rapid antigen tests, which were made available at select stores and libraries. It stopped contact tracing and stopped notifying people by phone about their COVID test results. The COVID dashboard on the province's website is no longer operational. The total number of patients in hospital on any given day is no longer being made available to Manitobans. Members of the public used hospitalization data, along with daily new infections, as a means to gauge personal risk.

The government is issuing a "Respiratory Surveillance Report," a weekly report providing laboratory, hospitalization and mortality data on COVID. The March 20-26 report says there were 979 new COVID infections, 111 hospital admissions, of which 16 were ICU admissions, and eight deaths.

"As of March 15, 2022, the definition of a COVID-19-associated death has been changed," states the surveillance report, without explaining how it had changed.

The Manitoba government's insistence – in line with the same message being delivered by other jurisdic-

tional governments – that we "learn to live" with COVID hasn't stopped the virus from continuing to infect, kill and debilitate (i.e., long COVID) massive numbers of people around the world, nor has it stopped the virus from mutating.

In the U.K. last week, the seven-day average of new infections was over 107,000, driven by a surge in BA.2, an omicron subvariant that is said to be more contagious than omicron, and hospitalizations are climbing. England stopped offering free COVID testing; if people want a test, they'll have to start paying for it. China instituted rotating lockdowns in the city of Shanghai last week to deal with roughly 5,000 new cases a day. Ontario is entering its sixth wave; the government reported 804 hospitalizations last Friday and 18 more deaths. It said it has no plans to make masks mandatory.

With the Manitoba government shuttering its test sites, it's unclear what the weekly surveillance reports will look like after April 15.

The Manitoba NDP's health critic Uzoma Asagwara said the pandemic is continuing, and the government's closure of COVID test sites could result in barriers to accessing COVID antiviral treatment, which is most effective if delivered within a certain number of days of infection.

"This is another last minute and haphazard PC [Progressive Conservative] decision that cuts health care for high-risk Manitobans and leaves doctors and health care workers scrambling to pick up the pieces. Cutting back access to testing will make it harder for high-risk Manitobans to access anti-viral treatment – a treatment that we know can save lives," they said in a statement. "As we enter the next stage of the pandemic, we need to provide Manitobans with more access to health care and testing, not less."

The COVID pandemic, according to the World Health Organization, has not ended and has not become "endemic" despite what many governments suggest.

Pandemic refers to a disease that is "international," in scope, that has spread across an extensive geographical area. Endemic refers to a disease that is limited to a particular region or country and is predictable in its spread and rate. Malaria, for example, is caused by a parasite and is considered an endemic disease in certain countries.

The WHO has also raised concerns about countries stopping COVID test-



TRIBUNEFILE PHOTO BY PATRICIA BARRETT

Cars line up at a provincial COVID testing site on Main Street in Winnipeg in October 2020. The Manitoba government has been restricting the number of COVID tests carried out since January of this year, resulting in a skewed picture of the true extent of COVID.

ing. That will make difficult to determine how the virus is evolving and where it's spreading.

"Although reported cases and deaths are declining globally and several countries have lifted restrictions, the pandemic is far from over and it will not be over anywhere until it's over everywhere. Many countries in Asia and the Pacific are facing surges of cases and deaths. The virus continues to evolve, and we continue to face major obstacles in distributing vaccines, tests and treatments everywhere they are needed," said WHO director-general Dr. Tedros Adhanom Ghebreyesus in a March 9 press briefing.

"WHO is concerned that several countries are drastically reducing testing. This inhibits our ability to see where the virus is, how it's spreading and how it's evolving. Testing remains a vital tool in our fight against the pandemic, as part of a comprehensive strategy."

The WHO's COVID-19 technical lead and infectious disease epidemiologist, Dr. Maria Van Kerkhove, said testing is critical for getting a "good handle on this virus" to understand how it's mutating and what those implications could entail. Worryingly, as well, is the virus's ability to infect animals "with the possibility of infecting humans again."

"It's about making sure that we have good testing, intelligent testing, strategic testing, not only to monitor the variants and virus evolution, but to ensure that people know where the virus is and to get that appropriate care that they need, for health work-

ers to be able to get patients into that clinical care pathway as quickly as possible so that we can save as many lives as possible," said Van Kerkhove during the briefing. "Again, the pandemic is far from over and not only do we need to focus on saving people's lives and reducing severe disease and death, we also have to focus on reducing the spread. We cannot allow this virus to spread at such an intense level."

The WHO reported at the beginning of March that there were "still more than ten million reported cases at a global level," and that number is an "underestimate" because of countries scaling back or stopping testing.

Worldwide, the WHO said there have been over 486 million confirmed cases of COVID and more than 6.1 million people have died from the virus so far (as of April 1).

> CREE, FROM PG. 21

move forward together."

For those interested in catching a Hockey Night in Canada in Cree game on APTN, there are three left this season:

- Saturday, April 9 — Montreal vs. Toronto @ 6 p.m. CT
- Saturday, April 16 — Winnipeg vs. Tampa Bay @ 6 p.m. CT
- Saturday, April 23 — Toronto vs. Florida @ 6 p.m. CT

For more information about Hockey Night in Canada in Cree — including the 31 most commonly used hockey terms translated into Plains Cree — visit <https://www.apntv.ca/hockey/>.

Ongoing nursing vacancies, bed closures in IERHA; Eriksdale to replace physicians

By Patricia Barrett

The Interlake-Eastern Regional Health Authority continues to grapple with significant nursing shortages throughout the region, which has led to bed closures in hospitals, and managers and directors having to fill shifts at one hospital.

"Just this past weekend, nurses and managers and directors from the health region went to Pine Falls to work some day shifts and night shifts over the weekend to ensure the facility was able to provide care," said interim chief executive officer Marion Ellis during a virtual March 31 update with municipal officials.

Pine Falls hospital has a nursing vacancy of 57 per cent, said Ellis. Gimli hospital, which is a 26-bed facility that has had seven beds suspended, has a nursing vacancy of 28 per cent. Stonewall hospital was able to reinstate the beds the health authority had earlier suspended.

Gimli Mayor Lynn Greenberg, who was among the 30 or so municipal officials on the call, asked Ellis when the IERHA anticipates seeing the suspended beds back in operation.

Ellis said it depends on when nurses can be found and whether there are upcoming maternity or sick leaves. For Pine Falls, in particular, where management had to step in, the IERHA has a contract with "a couple of agencies," which supply nurses.

"What we've decided to do ... in these areas is keep the emergency departments open," said Ellis. "We look at how we can be more judicious in the current use of these beds. If we have a limited pool of nurses, we would rather keep our emergency departments

open. That's our priority."

There are also nurse and health care aide vacancies in personal care homes and in home care services throughout the region, said Ellis. In Ashern, for example, nursing vacancies are at 79 per cent while health care aide vacancies are at 36 per cent. Fisher Branch has a nursing vacancy of 57 per cent. Arborg's nursing vacancy is 52 per cent.

"Our commitment is to keep services going as best we can, knowing that the vacancies are significant," said Ellis. "There has been an uncertified health care aide course launched in the province, which was done to keep services going during the pandemic and we've got 13 new hires for Interlake."

Nursing students in their third and fourth years of university have been made eligible by the province for placements in different hospital units such as surgery, medicine and psychiatric acute care, said Ellis. Four students are working in Selkirk's surgery unit.

Other IERHA news:

Municipality of West Interlake Reeve Arnthor Jonasson, who took part in the meeting, said in addition to nursing shortages occurring in the health region's northwest, Eriksdale hospital will be losing a couple of physicians who cover the area.

"One of the doctors is leaving in August and one of the half-time doctors has maternity leave coming up," said Jonasson. "The community is very anxious about having only one doctor to cover all our sites."

Dr. Charles Penner, who took part in the meeting and who will be stepping into the role of interim chief medical officer for the IERHA, said the health

authority will endeavour to fill both vacancies.

"We're aware that one of the physicians is leaving and we're going to appoint another physician to Eriksdale around the time the other physician is leaving," said Dr. Penner. "It's hard to get locum (temporarily takes on duties) coverage but we will try to get locum coverage for the maternity leave. We think we can provide continuous service there."

-Ellis said Manitoba's health care system is exiting a "pandemic phase" and entering recovery.

"We're in a transition period. Public Health's orders have been lifted and we're exiting what we're calling a pandemic phase and moving to system recovery," said Ellis. "The province is saying that from a pandemic perspective, we're at less risk in comparison to what we've had to do when we were in a state of global pandemic. It doesn't mean, though, that we're out of the woods yet."

The WHO says the world continues to be in a pandemic, which refers to a disease with an international or extensive geographical scope. China, the U.K., Australia and countries in Europe such as Germany and France are seeing significant increases in new COVID infections. Ontario has entered its sixth wave.

The Manitoba government stopped providing daily data on COVID at the end of March and is providing weekly surveillance reports with select data from a week previous. From March 20 to 26, there were 979 new COVID infections (based on what PCR testing the province is currently offering), 111 new hospitalizations, with 16 of those

patients admitted to ICU, and eight deaths.

-Ellis said the omicron subvariant BA.2 is increasing in Manitoba and other parts of Canada and "it's always smart to keep physically distanced from people." She expects cases will rise after the school spring break and after Easter.

-The province is closing all COVID PCR testing sites on April 15. Ellis said people have access to rapid testing kits at home.

"The people who are still using the [PCR] testing sites are those people who are going for surgeries, pre-operative testing 10 days before surgery," she said. "However, the province is now working on a system where there will be access to a PCR test ... through your primary care provider."

-The province has dismantled its COVID incident command, said Ellis. It can be reinstated should the need arise in future.

-The IERHA will continue to transfer patients out of the region to other health regions.

"We are going to continue to transfer patients out of the region to access resources that are appropriate for their care," said Ellis. "We've always done that for tertiary care (i.e., specialist care) and that's why people have gone for certain surgeries ... to the city."

Doctors Manitoba, a physician-advocacy organization that's keeping track of COVID-related delayed surgical and diagnostic procedures, has put the backlog at 167,887 (as of March 22), an increase of over 6,300 procedures since February.

Incredible Creatures: snow fleas: jumping through the snow

By John Gavloski

If you see tiny black specks on the snow that seem to be moving, it may not be your eyes playing tricks on you. They may be snow fleas. Although unfortunately they have the word flea in their name, snow fleas are not real fleas, and can't bite people or other animals. Although they are tiny and easy to overlook, they do have some fascinating and beneficial traits. This month's Incredible Creatures will explore the fascinating world of snow fleas.

Life on the snow

When outside on a sunny winter day, don't be surprised if you see very tiny animals called snow fleas moving on the snow, especially where it has melted a bit around the base of trees or house foundations. Snow fleas will look like someone spilled pepper on the top of the snow, but if you look

closely you can see them moving. They are believed to feed on fungal spores and algae on the surface of the snow.

Built-In Antifreeze

Snow fleas have a higher tolerance for cold temperatures than most invertebrates, and are often found in large numbers on top of the snow! They hibernate in the soil during the winter, and become active as the weather warms and the snow starts to melt. They are able to move up through breaks in the snow to reach the surface. They can sometimes gather in high enough levels that the snow in an area looks black. While snow fleas can be found in all seasons, they tend to be most noticeable in the late winter.

Snow fleas have compounds in their body that basically serves as anti-freeze. They have a couple of glycine-rich, anti-freeze proteins in their bodies that prevent the water that is in

their systems from actually freezing. This allows them to be active when many other animals are seeking shelter.

If not Fleas, What are Snow Fleas?

Despite its name, snow fleas are not really fleas. They are part of a group called springtails. There are many different species of springtails, 474 have been recorded in Canada. Most are not active in the winter, with snow fleas being exceptions to this. Springtails were classified as insects at one time, but now they have their own grouping. Instead, they are a kind of a cousin that shares some insect attributes. Most springtails are usually found in damp areas, where they feed on fungi and decaying organic matter. If you have a compost pile, chances are you've seen springtails. In the summer, springtails can easily be found in the soil, under leaf litter, in decaying

logs, and other areas that are moist with organic matter. They are actually very abundant, but can get overlooked because of their small size. Depending on the species they are generally less than a millimeter to several millimeters in length. They are important for nutrient cycling, and they can help to keep microbe populations in check.

Springtails get their name from their ability to use a tail-like apparatus to jump. While real fleas use their legs to hop around, springtails leaps around using what resembles a little fork, called a furcula, which curls underneath the back of their abdomen. The furcula can be moved quickly away from the body, causing the springtail to spring into the air.

As we go through our final days of winter, keep an eye open for snow fleas. Against a background of white snow, this may be the easiest way to see some of the this beneficial group called springtails.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Merces beat Bombers 7-6

By Brian Bowman

The Warren Merces won a wild one against the Minnedosa Bombers in Game 1 of the provincial semifinal on Sunday.

Warren hung on for an exciting 7-6 home victory to begin the two-game, total-goal series.

"It was a tight one, a barnburner all game," said Merces' defenceman Chad Deprez.

After a scoreless first period, the two teams combined for nine goals as Warren led 5-4 heading into the third.

Chase Faulkner led Warren with two goals while Brock Couch, Brendan Mitchell, and Riley Vautour added singles.

Vautour and Kyle Luschinski, with the eventual-game winner, scored for the Merces in the third.

Merces' goaltender Jarrett Hogue made 32 saves while Warren peppered the Minnedosa goalie with 60 shots.

"We came out playing pretty well but their goalie stood on his head," Deprez said. "We peppered him with shots but couldn't get any behind him. Then we got a few (goals) and they got a few. The second period was pretty wild and then it calmed down a bit in the third."

The Bombers scored a pair of late goals in the game which is very important because this is a two-game, total-goal series.

"The way this is structured with goals for and against, we kind of made it harder on ourselves by giving up a couple," Deprez admitted. "Had we shut it down and locked it up the way we should have, we would have had a little (breathing room) going into Minnedosa."

Game two of the series goes Friday in Minnedosa. Game time is 8:30 pm.

The winner of the Warren/Minnedosa series will face the winner between the Boissevain Border Kings



TRIBUNE PHOTO BY JO-ANNE PROCTER

Merces' goaltender Jarrett Hogue and defenceman Chad Deprez clear the puck during Warren's 7-6 win over the Minnedosa Bombers in a provincial semifinal on Sunday evening.

and the Miniota-Elkhorn C-Hawks in a single-game playoff for the Manitoba Senior "A" Championship.

Game 1 of the Boissevain series was played Monday but no score was available at press time.

Prairie Scratch Tour to begin next month

By Brian Bowman

Kicking off in 2022 for its inaugural season, the Prairie Scratch Tour was formed with the purpose of providing additional competitive amateur golf opportunities within the prairies.

The 2022 season will host a handful of events throughout Manitoba, each comprising 60 of its top amateur players.

"We're very excited," said Prairie Scratch Tour president Ben Bandura last week. "It's long overdue and much needed in the province of Manitoba."

The brainchild of this Tour was Bandura, vice president Jordy Lutz and Brett Multan, who is the director of player operations.

"The three of us were sitting down and I brought up the idea of starting this amateur tour," Bandura explained. "We incorporated ourselves and got our sponsors and we're ready to rock and roll for the 2022 season."

The season-long race for the Art Johnston Cup will be awarded to

the player who finishes the season with the most points (accumulated from both Prairie Scratch Tour and Golf Manitoba events) and have their name etched into Manitoba golf history.

The Tour's schedule includes stops at the Grand Pines Golf Course (May 22-23), the Elmhurst Invitational (June 25-26), the Selkirk Shootout (July 2-3), Links at the Lake (Aug. 27-28), and the Prairie Scratch Tour Championship (Sept. 10-11).

The Selkirk Shootout will include a shootout at night on July 2 after the first day of golf.

Two construction lights will be set up.

"We'll have as many people as we can get to come into this and all of the proceeds from this one shootout we are donating back to Manitoba Mental Health, which is really important to me, to help them out a little bit," Bandura said.

All of the events are going to be stroke play with the exception of

the Selkirk Shootout. The Selkirk Shootout will consist of a two-man, best-ball competition.

There's a lot of excitement swirling among the golf community in the province for this unique tour.

"I have never seen this much exposure for golf in the province since I came out here in (1994)," Bandura said. "Over the winter, everybody's been talking about it. The problem with Manitoba is that we're very low on the totem pole when it comes to a national scene for golf in the province. So, I decided we needed to get this Tour with the new amateur rules of people winning money at the events. We felt we needed more exposure, we needed more competition for a lot of the young guys in the province."

There are still some spots available for the Tour. Golfers can visit their website at prairiescratchtour.ca or contact Bandura by phone at 204-333-6748.



TRIBUNE PHOTO SUBMITTED

Ben Bandura is the president of the Prairie Scratch Tour, which will begin its inaugural season next month. The tour will host a handful of events throughout Manitoba this summer, including one in Selkirk July 2-3.

Marquette Curling Club hosts end of season bonspiel



TRIBUNE PHOTOS SUBMITTED

Thirty-two teams competed in the Marquette Curling Club's annual 2-person stick curling bonspiel hosted by the Stonewall Kinnettes March 24-27. The success of the event is credited to ice makers Ray Sherrin and Ross MacMillan and community members that pitched in and donated soup and desserts and looked after the canteen and the bar for the weekend. Pictured from left, First event winners Harold Cook and Jim Rouse; Second event winners Ed and Marilyn Campbell; Third event winners Darren Luft and Greg Didyk.

Steep Rock embraces return of annual fishing derby

By Nicole Brownlee

Interlake ice fishers delighted at the return of the Steep Rock Fishing Derby on March 26.

After a two-year break because of the COVID-19 pandemic, the annual tradition returned to the Steep Rock wharf, with over 250 fishers hoping to catch the winning fish.

Patrick and Winifred Graham hurriedly planned the fundraising derby with the help of RM of Grahamdale Reeve Craig Howse when the province lifted public health restrictions.

Proceeds from the derby's ticket sales will be donated to the Steep Rock Community Club.

"We only started preparing about two weeks in advance. We usually would have had months," said Patrick Graham.

In 2019, 297 fishers cast lines in the derby, almost 40 more contestants than this year. Graham attributes the slightly lower participation to the organizers' time crunch but said the group estimates they raised a decent sum for the Community Club.

"It looks like we did at least as good or maybe slightly better due to the larger sales in the raffle and 50/50 tickets."

The group did not calculate the total raised for the Community Club in time for publication but expects the money to be used for renovations.

Participants had the chance to win dozens of prizes at the derby. Logan Macdonell snagged first place at the derby, collecting \$2,420; \$500 was do-



Garry Eyford snagged second place with his only catch of the day, a 1.89 kg pike.

nated by the Steep Rock Community Club. Garry Eyford won second place and a prize of \$1,290. Kevin Heroux won \$645 in third place.

A prize of \$150 went to the participant who caught the smallest fish, and \$100 went to the fisher who caught a fish weighing the randomly selected secret weight.

All fishers who caught a fish also received a prize, and the derby offered raffle prizes and 50/50 tickets.

"In the past, we've only ever caught about 12 fish during the four-hour period. This year, we caught 50 fish," said Graham.

Raffle prizes included a cooker smoker, Petro-Canada gas cards, an



TRIBUNE PHOTOS SUBMITTED BY PATRICK GRAHAM AND GARRY EYFORD
The fifth annual Steep Rock Fishing Derby attracted over 250 fishers to the Steep Rock wharf on March 26.

electric lawnmower and a Pentax camera.

All contestants under 12 years old were gifted a free fishing rod with the purchase of a fishing hole.

"It was a fantastic day. Everybody had a lot of fun," said Graham.

"It's outstanding, the way the community comes together," said Winifred Graham.

This was Eyford's first time entering the Steep Rock Fishing Derby despite owning a cottage in the community for six years.

"This is the first time we've been

home, and we could join," said Eyford, a Warren resident.

"We'll go to it every year now. This was a really well run, fun event."

Eyford spent the day fishing with his wife, Kelly Eyford, and snagged a 1.89 kg fish, the only fish he caught.

"Everybody who saw you catch a fish cheered you," said Eyford.

Participants supported and rejoiced when fishers successfully snagged something.

"As soon as you stepped on the ice, you were part of a group."

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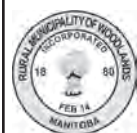


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RURAL MUNICIPALITY OF WOODLANDS UNDER THE PLANNING ACT NOTICE OF PUBLIC HEARING OF ZONING BY-LAW AMENDMENT

No. 2744/21

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representation from any person(s) who wish to make them in respect to the following matter:

APPLICATION FOR AMENDMENT TO THE RURAL MUNICIPALITY OF WOODLANDS ZONING BY-LAW 2648/14 AND AMENDMENTS THERETO

LOCATION: Council Chambers, Rural Municipality of Woodlands Office, 57 Railway Avenue, Woodlands, Manitoba

DATE & TIME: 5:00 P.M., Tuesday May 3, 2022

OWNER: Kevin and Susan Cornell
APPLICANT: Kevin Cornell

GENERAL INTENT: Re-zoning of the area known as Lot 10 Plan 58198 and shown outlined in a heavy dashed line on the map below, from "RA" Rural Area to "RR" Rural Residential

AREA AFFECTED:
Lot 10 Plan 58198
PT. of SE28-14-2WPM
Rural Municipality of Woodlands

FOR MORE INFORMATION CONTACT:
Chad Green
Building Inspector
Rural Municipality of Woodlands
57 Railway Ave
Woodlands, MB R0C 3H0
204-383-5679
building@rmwoodlands.ca



A copy of the above proposal and supporting material may be inspected on the RM of Woodlands website (<https://www.rmwoodlands.info/>), or by contacting the RM Office during regular office hours.

Note: Property owners are responsible for notifying lessee

WE RECOMMEND ANYONE ATTENDING THE PUBLIC HEARING TO PRE-REGISTER AT LEAST 2 BUSINESS DAYS PRIOR TO THE HEARING BY CALLING OR EMAILING CHAD GREEN AT THE ABOVE EMAIL AND/OR NUMBER.

THERE IS AN OPTION TO ATTEND VIRTUALLY IF YOU PREFER, BUT WILL NEED TO PRE-REGISTER AT LEAST 2 DAYS PRIOR SO WE ARE SET UP FOR IT. IF WE HAVE TO CHANGE VENUES DUE TO THE NUMBER OF PEOPLE ATTENDING IN PERSON, WE CANNOT GUARANTEE VIRTUAL WILL BE AN OPTION AT THE NEW LOCATION.



RURAL MUNICIPALITY OF ROSSER PUBLIC HEARING

2022 FINANCIAL PLAN

In accordance with Section 162(2) of The Municipal Act the Council of the Rural Municipality of Rosser will hold a PUBLIC HEARING to present the 2022 Financial Plan for the Municipality at:

6:00 P.M.

TUESDAY, MAY 3, 2022

GROSSE ISLE MEMORIAL PARK RECREATION CLUB

Important Note: This Hearing will be conducted both in-person and virtually

For anyone who wishes to attend the Public Hearing by in-person and virtual means, you are required to Pre-register by emailing the RM of Rosser at clerk@rmofrosser.com.

The Rural Municipality of Rosser 2022 Financial Plan consists of:

- 1) the 2022 Operating Budget,
- 2) the 2022 Capital Budget,
- 3) an estimate of the operating revenue and expenditure for the 2022 fiscal year, and
- 4) a five year Capital Expenditure Program (2023-2027).

At this time the Council will present the proposed 2022 financial plan for the Municipality. The presentation will provide an overview of the proposed financial plan followed by a forum for questions and comments from the public. The purpose of the hearing is to allow any interested person to make a representation, ask questions or register an objection.

Copies of the proposed financial plan are available upon request at the Municipal Office, 77 E PR 221 in Rosser, Manitoba during regular office hours Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m.

Larry Wandowich
Chief Administrative Officer
Rural Municipality of Rosser

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**THE RURAL MUNICIPALITY OF WOODLANDS
PUBLIC HEARING**

REGARDING THE 2022 FINANCIAL PLAN

In accordance with Subsection 162(2) of The Municipal Act the Council of the Rural Municipality of Woodlands shall hold a PUBLIC HEARING to present the 2022 Financial Plan for the Municipality at

**May 5, 2022 at 6:00 P.M.
Warren MultiPurpose Building
152 MacDonald Avenue, Warren, MB**

The Rural Municipality of Woodlands 2022 Financial Plan consists of:


- 1) 2022 Operating Budget
- 2) 2022 Capital Budget
- 3) an estimate of the operating revenue and expenditures for the following fiscal year (2023), and
- 4) a five-year Capital Expenditure Program (2023-2027)

The purpose of the Public Hearing is to allow any interested person to make representation, ask questions, or register an objection in respect of the Rural Municipality of Woodlands 2022 Financial Plan. If you are planning to attend we are requesting that you pre-register with the RM of Woodlands Office at 204-383-5679 or by email at finance@rmwoodlands.ca.

Information and documents concerning the 2022 Financial Plan are available for review by email, mail or fax as of April 19, 2022 at the R.M. of Woodlands Office at 57 Railway Ave., Woodlands, MB

Adam Turner, CMMA
Chief Administrative Officer
Rural Municipality of Woodlands

Dated April 1, 2022



**PUBLIC NOTICE
2022 Financial Plan**

In accordance with Section 162(2) of the Municipal Act, the Town of Teulon shall hold a PUBLIC HEARING to present the 2022 Financial Plan on:

**Tuesday, May 10, 2022 at 6:00 p.m.
Teulon Civic Centre
44 Fourth Avenue S.E.
Teulon, Manitoba**

The Town of Teulon 2022 Financial Plan consists of:

1. The 2022 Operating Budget
2. The 2022 Capital Budget
3. An Estimate of the Operating Revenue and Expenditures for the following fiscal year, and
4. A five (5) year Capital Expenditure Program

The purpose of this Public Hearing is to allow any interested person to make representation, ask questions or register an objection in respect to the Town of Teulon's 2022 Financial Plan.


Copies of the 2022 Financial Plan will be available for review as of April 14, 2022 on our Municipal Website at www.teulon.ca or by calling 204-886-2314, or emailing info@teulon.ca

The public is invited to interact, ask questions, and have the opportunity to speak for or against the proposed By-Law.

Dated this 31st day of March, 2022.

Andrew Glassco
Chief Administrative Officer
Town of Teulon

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The Rural Municipality of Woodlands invites applications for openings for a **Heavy Equipment Operator**, under the Operator 2 or Operator 3 classification as per the OEM 987 collective agreement.

The Operator 2/3 will be reporting to the Public Works Foreman and will be responsible for safe operation of a variety of heavy/light equipment in constructing, maintaining, and repairing municipal infrastructure.

Hours of work: November 1 to April 30, 7am to 3:30pm
May 1 to October 31, 7am to 5:30pm

The successful candidate must have the following qualifications:

- > Valid Manitoba Drivers License, Class 1 driver's license with air preferred.
- > Experience operating a grader and/or excavator.
- > Knowledge of safety procedures and safe operation of equipment.
- > Good communication and interpersonal skills.
- > Will be required to obtain various safety courses.
- > Willingness to continuously further education.

Salary and benefits as per the Collective Agreement with Operating Engineers of Manitoba.

Please contact the Rural Municipality of Woodlands Administration Office at 204-383-5679 for further information.

Persons applying should submit a letter of application on or before 12:00 p.m. local time **Tuesday, April 19, 2022**
R.M. of Woodlands
Box 10
Woodlands, MB R0C 3H0
Fax: (204) 383-5169
Email: finance@rmwoodlands.ca

We thank all candidates for their interest, however, only candidates selected for interviews will be contacted.

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Stonewall Teulon
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We thank all that apply, however only those candidates selected for a interview will be contacted.

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TOWN OF STONEWALL

2022 FINANCIAL PLAN PUBLIC HEARING

In accordance with Section 162(2) of The Municipal Act the Town of Stonewall shall hold a PUBLIC HEARING to present the 2022 Financial Plan for the Town on:

Thursday, April 14, 2022 at 6:30 PM
Council Chambers, Town Hall

A VIRTUAL MEETING LINK IS AVAILABLE ON THE TOWN WEBSITE:
www.stonewall.ca

The Town of Stonewall 2022 Financial Plan consists of:

1. The 2022 Operating Budget
2. The 2022 Capital Budget
3. An estimate of the Operating Revenue and Expenditures for the following fiscal year (2023), and
4. A five (5) year Capital Expenditure Program (2023-2027)

The purpose of the PUBLIC HEARING is to allow any interested person to make representation, ask questions, or register an objection in respect of the Town of Stonewall 2022 Financial Plan.

Copies of the financial plan will be available for review and may be examined by any person on the Town of Stonewall website at www.stonewall.ca, or at the Town Office at 293 Main Street, Stonewall, Manitoba during the regular office hours as of **March 30, 2022**.

Dated this 28th day of March, 2022

Wally R. Melnyk, CMMMA, CPA, CGA
Chief Administrative Officer
Town of Stonewall

CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



For information please contact:
BIG Real Estate
204-485-0010 email bigandcolourful@mts.net

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NOTICE OF PUBLIC HEARING BY THE MUNICIPAL BOARD OF MANITOBA

PROPOSAL TO ANNEX CERTAIN LANDS FROM THE RURAL MUNICIPALITY OF ROCKWOOD TO THE TOWN OF STONEWALL (BOARD FILE NO. 20E2-0001)

In accordance with Section 34 of *The Municipal Act*, the Town of Stonewall has filed a written proposal with the Board to alter its boundaries by annexing certain lands from the Rural Municipality of Rockwood (the "Proposal").

The Municipal Board will hold a public hearing on **April 25, 2022 and April 26, 2022 at 9:30 am at the Quarry Park Heritage Arts Centre, Sunova Room 166 Main Street, Stonewall, Manitoba**, to consider the Proposal.

The lands proposed for annexation are described as follows:
NE ¼ of Section 23, N ½ of Section 24, Section 25, E ½ of Section 26, E ½ of Section 35, S ½ of Section 36, and all that portion of Government Road Allowance East of and adjacent to NE ¼ of Section 35 which lies between the straight productions Ely of the Northern and Southern limits of NE ¼ of Section 35 in Township 13 – 1 EPM Exc all that portion of E ½ of Section 35 contained within the limits of Water Control Works Plan 9608; and NW ¼ of Section 19, W ½ of Section 30 and SW ¼ of Section 31 in Township 13 – 2 EPM as shown on the map attached.

Any person affected by the proposed annexation may appear before the Board at the hearing.

The Board requires that a person who intends on filing a written submission must file four (4) copies of that material with the Board and one (1) copy with the Town of Stonewall (1) copy with the Rural Municipality of Rockwood at least ten (10) working days prior to the hearing.

The Public Presenter Form, as well as a copy of this Public Notice and rules regarding the procedure to be followed at the hearing, can be found on The Municipal Board website under Public Hearing Notices at: <https://www.gov.mb.ca/municipalboard/appeals/notices.html>

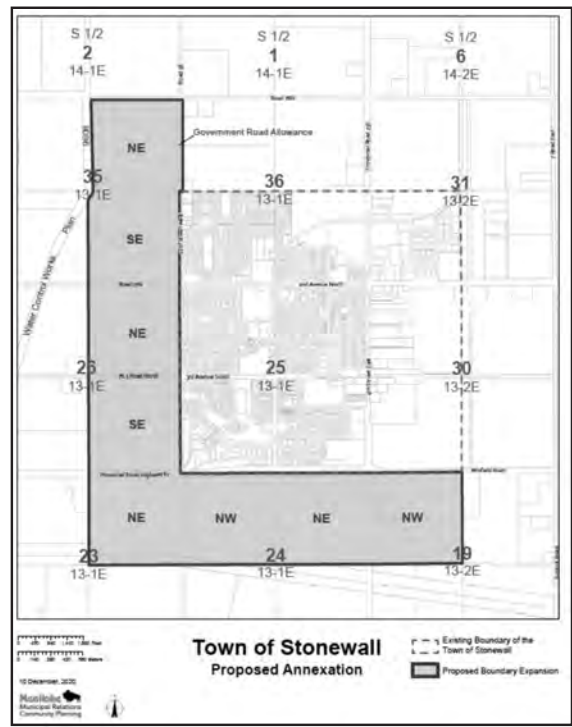
If a party wishes to have service in French, or requires assistance because of a disability, they must notify this office 15 days prior to the hearing.

Dated at the Town of Stonewall, Manitoba, this 2nd day of April, 2022.

Chief Administrative Officer
Town of Stonewall
293 Main Street
Box 250
Stonewall, MB R0C 2Z0

Chief Administrative Officer
Rural Municipality of Rockwood
285 Main Street
Box 902
Stonewall, MB R0C 2Z0

Shelley Jensen
Secretary of the Board
The Municipal Board
1144-363 Broadway
Winnipeg, MB R3C 3N9



Town of Stonewall
Proposed Annexation

Announcements

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Tribune

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OBITUARY



Martha Marion McMahon

It is with great sadness we announce the passing of Marion McMahon age 76 years of Teulon, MB on Friday, March 25, 2022 at Health Sciences Centre in Winnipeg.

Survived by her husband Herb, son Trevor (Kim), brother Art (Diane) and numerous cousins, nieces and nephews.

Marion had a very strong love for her family and her pets, her biggest passion was her love for art paintings that she has done over many of years.

A big thank you to Marion's brother Art and sister-in-law Diane for making many of trips to pick up Herb and going to see Marion in her toughest days.

If friends so desire memorial donations may be made to the Manitoba Heart and Stroke Foundation, CancerCare Manitoba

or a charity of one's choice.

A private family interment will take place at a later date.

kl
KEN LOEHMER
FUNERAL SERVICES
204-886-0404

OBITUARY



Diane Dzedzic

November 6, 1945 – April 5, 2022

Our hearts are broken to announce the passing of Diane Dzedzic after a courageous fight with brain cancer. Diane is survived by her husband Frank; daughters Dana (Walter) Stewart, grandsons Duncan and Cameron and daughter Darci (Ken) Loehmer, granddaughters Ella and Alexa. Her mother Martha Charison; sisters Linda (Bun) Baxter, Shelly Eros, Candy (Herb) Laszchuk and Kathy (Doug Bottrell) Cockerill and their families. Her memory will be cherished by her large extended Dzedzic family.

Predeceased by her father Oscar Marciel and son Bobby Speek.

Diane was born in 1945 and raised in the bog on the farm and spent most of her adult life there too. School was at Good Hope, Gunton and Teulon, where she is remembered as the girl with great baseball skills, spunk, rosy cheeks and a smile on her face.

She was a young single parent and she soon lost Bobby to a heart defect. She met Frank at Crabby Steve's dance hall, marrying in 1968. Diane was French in heritage but embraced Frank's Ukrainian roots when she married into a family with 23 children.

Mom and Dad were a team, on the farm and off. Their first home was tiny, no indoor plumbing. As the farm grew in Komarno so did their family. In 1978 Diane's father Oscar passed away and they moved back to the bog near Balmoral and started Oak Hammock Ranch, a large cow/calf operation, with gorgeous hay fields. Diane was a true farm wife – she ran the house, the books and took care of us all. From running for parts and making meals, she was an equal part to their success.

As hard as they worked, they made time for family and fun. They had a cottage in Petersfield, close enough that we could run back to the farm. They retired in Wytewold, building their dream home. They always had a camper or motorhome, ready for any fishing or road trip. For over 20 years August long weekend was at WE Fest in Detroit Lakes, with Eddie and Helen and so many friends.

Mom didn't embrace technology, never had a computer, cell phone or even an answering machine. But what she could accomplish with a phone book and land line was amazing. She helped plan the Veselka Ukrainian dance trips and competitions. She was always up for an adventure. With a map and a cooler, they'd let the road take them.

Family was most important to Mom. She was always so proud of her girls and grandkids. She was who we called first with the good news and the bad. She always saw the positive in every situation and never dwelled on the bad. Life was too short. Mom loved to collect antiques and decorate. Give her a couple hours at an auction sale, she could always find a treasure. She had an amazing green thumb, winning awards with her show stopping gardens. She volunteered for years looking after the flowers at Rosewood Lodge.

Mom loved to travel and hated the cold so every winter was somewhere warm. Mexico for many years and then 15 years in Pine to Palm in Texas. But Mom was just as happy with a weekend trip to Grand Forks with her girlfriends, where the shopping, beers and laughs were plentiful. Mom and Dad made lifelong friends on their travels and stayed in touch with so many. She even played matchmaker with several couples, bringing Saskatchewan and Alberta farmers to meet her friends, and they ended up marrying a few of them!

Lions Manor in Stonewall has been their last home, and in Diane style she loved to go downstairs for coffee and make new friends. Diane was the most authentic person, never looking to impress. She was honest, opinionated and could tell a great story. The rosier her cheeks, the better the story after a couple of Coors Light.

Growing up she always said, I'm not your friend - I'm your Mom. Sorry Mom, this is the only time you failed. You ended up being our best friend. Our family has been blessed and our lives will never be the same without you. Mom you will live on in our hearts and memories forever.

If friends so desire donations can be made the Interlake Community Foundation, Box 1575 Stonewall, R0C 2Z0.

A celebration of life will be held on Friday, April 8 at the Teulon Rockwood Centennial Centre, 14 Main Street, Teulon at 11:00 a.m.

kl
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CARD OF THANKS

The family of Eileen Jones would like to express our heartfelt thanks to the caring staff of Fisher Branch PCH. Thank you for the exceptional care Mom received, it was "Top Notch", to say the least. Thank you to Father Paul Tinquely, Church of the Annunciation of Woodlands, for your kind words as well as for officiating at Mom's funeral Mass and at the cemetery in Warren. Many thanks to John Hueging for all of your help and guidance. Rochelle and staff at MacKenzie Funeral Home in Stonewall, thank you for your professionalism and guidance. Thank you, and thank you again to family and friends for your acts of kindness and healing words of comfort. We are so very grateful for everyone.

CARD OF THANKS

The family of the late Doug Deprez would like to thank all our family, friends, and community for the overwhelming support we have received following Doug's sudden passing. The phone calls, messages, cards, visits, food, flowers, and donations to the church were all greatly appreciated. We wish to thank Father Barry Schoonbaert for the lovely funeral service, Jamie Dowsett for the wonderful slideshow, Wayne Lucas for Amazing Grace, Abas Catering for the delicious lunch and everyone else who helped make wonderful tributes to Doug's life.

To Ken Loehmer, we cannot thank you enough for all your kindness and guidance to our family. You are such an amazing person!

-Vicky, Ryan, Lisa, Jenna and Jared
Rest In Peace Papa, we love you!

EMPLOYMENT OPPORTUNITY DIRECTOR

Playstreet
Childcare Inc.



Playstreet Childcare Inc. is looking for a Director to oversee a new child care facility in Teulon, MB. The facility will provide 52 child care spaces and 10 - 12 staff. Deadline for applications is April 15, 2022.

Must be flexible to work within the hours of operation of 7:00 am to 6:00 pm. Monday through Friday.

The director must be responsible, friendly, organized and an approachable individual.

Qualifications

- ECE III • Vulnerable Sector and Criminal Check • CPR and First Aid Certification • Excellent communication skills and interpersonal skills • Ability to think on your feet • Minimum 2-5 years experience in the childcare field

Please email resume to psccteulon@gmail.com or by mail to Playstreet Childcare Inc., Suite 14 Building B, 112 Beach Road E., Teulon, MB R0C 3B0



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Stonewall Teulon, **Tribune**

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OBITUARY

Tyrone Stacy Zyzniewski

August 11, 1962 – March 29, 2022

It is with profound sadness that the family of Tyrone Zyzniewski announce his sudden passing on March 29, 2022.

He leaves to mourn, his children Sheena (Sean), Tyler (Kaley), and Cole (Abbey); his beautiful granddaughters, Addilynn and Violet; and his partner in life and bestfriend, Vicki.

A formal obituary to follow.

A celebration of life will take place at a later date.

Grief is a form of praise. You are praising the wonder of the person you lost. The great pain that you are feeling means great love. Tyrone touched so many people and hearts in his life. The overwhelming love and support has been immense.

So for those who would like to express their respects to his family there will be a gathering for a come and go on Sunday, April 10th, at the Mountain Motor Inn, in Stony Mountain from 12 to 4.

Flowers gratefully declined.

kl
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IN MEMORIAM

Fred Tully
July 3, 1949 – April 8, 2014

It isn't what we write,
It isn't what we say;
It's how we feel deep inside,
As we think of you today.
We will miss you always,
We will love you forever,
As long as we live.

-Love Maureen, Garrett, Elaine, Sierra,
Wyatt, Elliott, Grace, Brooklyn and Eli

There is a link death cannot sever,
Love and remembrance last forever.



IN MEMORIAM

In loving memory of
Joe Senga
April 3, 2017

Five years have gone by Dad
and know that you are truly
missed and loved.

Every time we think of you,
Our hearts just fill with pride;
And though we'll always miss you Dad,
We know you're by our side.

-Love from your family

Your memory will live forever
Engraved within our hearts



IN MEMORIAM

Bonnie Hamilton
January 5, 1949 – April 6, 2011

Remember me when flowers bloom,
Early in the spring;
Remember me on sunny days,
In the fun that summer brings.
Remember me in the fall,
As you walk through leaves of gold;
In the wintertime, remember me,
In the stories that are told.
But most of all...remember,
Each day, right from the start;
I will be forever near,
For I live within your heart.

-Love always,
Grant,
Lynn, Paul, Matthew, Sarah, Jonathan,
Dawn, Taylor, Ashley, Jordan

Don't forget to send your special words of remembrance for loved ones passed.

Stonewall Teulon Tribune

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