

VIRTUAL OPEN HOUSE EXTRAVAGANZA SUNDAY, APRIL 5 2:00 PM SHOWTIME

Facebook.com/remaxmckillopteam

OPEN HOUSE Just Listed - Furnished
17 King, Stony Mountain
\$239,900 - Brandt

OPEN HOUSE Just Listed - Gorgeous
22 Fossil Way - Stony Mountain
\$479,900 - Brandt

OPEN HOUSE Just Listed
Hwy 67, 1.77 AC, Stonewall
\$599,900 - Brandt

OPEN HOUSE 4 Ac, 1 mile East of Stonewall
76095 Summit Rd
\$359,900 - Brandt

OPEN HOUSE Balmoral - Big, Bold Beautiful
84145 HWY 236
\$369,900 - Brandt

OPEN HOUSE Time to Own!
380 Hanlan, Warren
\$199,900 - Matt

OPEN HOUSE Large Yard & Home
2 Baldwin, Warren
\$334,900 - Matt

OPEN HOUSE What's Holding you back?
RM of Woodlands 2.69 acres
\$269,900 - Matt



Your Home Town Experts
(204) 467-8000 mckillop.ca

Stonewall, MB



Quarry Ridge Park

Building Lots for Sale

Tribune Stonewall Teulon

THURSDAY,
APRIL 2, 2020
VOLUME 11 EDITION 13

SERVING STONEWALL, BALMORAL, TEULON, GUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & KOMARNO



Connect to coverage built on co-operative values

As part of a co-op, we always put our clients first. Talk to your local Co-operators Advisor for expert advice on all your insurance and investment needs.

Please see our ad on page 12.

You can contact us by:
Phone: 204/467-8927 Fax: 204/467-5326
Email: inview_insurance@cooperators.ca



Home Life Investments
Group Business Farm Travel

Not all products available in all provinces. Life and Health insurance products are offered by Co-operators Life Insurance Company. The Co-operators® is a registered trademark of The Co-operators Group Limited. Trademark used with permission. All investment products are administered by Co-operators Life Insurance Company.



Birthday surprise

TRIBUNE PHOTOS BY JO-ANNE PROCTER

Lacie Henderson's sixth birthday will be one for the history books. On March 24, Lacie turned six and due to the self-distancing recommendation for COVID-19, family and friends paraded down First St. West in Stonewall to recognize her special day. Pictured with Lacie are her parents Michael Henderson and Heather Johnson.

> everything you need to know in your locally owned and operated community newspaper

*Selling the Interlake & Beyond...
One Yard at a Time.*



L.J. BARON
EST. 1953
Realty

The *Claudette*
GRIFFIN
Group

A Real Estate Boutique Practice with Concierge Service Past Director - Winnipeg Realtors® Past Chair - Professional Standards

204-886-2393
Toll Free 888-629-6700

baron@mts.net www.ljbaron.com

"WHEN THIS IS OVER, may we never again take for granted;
A handshake with a stranger, Full shelves at the store, Conversations with neighbours,
A crowded theater, Friday night out, The taste of communion,
A routine checkup, The school rush each morning, Coffee with a friend,
The stadium roaring, Each deep breath! A boring Tuesday. Life itself.

WHEN THIS ENDS, may we find that we have become more like the people
we wanted to be, we were called to be, we hoped to be and may we stay that way
- better for each other because of the worst."

{Laura Kelly Fanucci}

Photos from afar in support of local food banks

By Jennifer McFee

A Gunton-based photographer is documenting a new way of life for families who are staying home to practise social distancing while also gathering much-needed donations for local food banks.

Teesha Hall is snapping photos throughout local communities as part of the Front Steps Project, which was launched online by Massachusetts photographer Cara Soulia.

The initiative provides a way to connect the community during this time of isolation. While following social distancing guidelines, photographers offer free five-minute sessions to snap photos of community members on their front steps. After the session, they email a high-resolution image to the family.

In return, families make a good faith donation of food and home essentials to local food banks.

"Casey Nolin Photography started the movement in Winnipeg and I saw her post and loved the idea so much, I reached out and she encouraged me to join in and participate with the

communities around me," Hall said.

"There are now 16 photographers and counting covering different areas around Winnipeg and surrounding communities."

After posting about her involvement on social media, the response was overwhelming. So far, she has been covering the communities of Balmoral, Gunton, Teulon and Stonewall with more than 30 families scheduled. Looking ahead, she's hoping to find time to expand to Warren, Stony Mountain, Petersfield, Netley Creek and Argyle.

"My phone blew up," she said. "The responses were incredible."

From a young age, Hall began honing her interest in photography. This year, she decided to turn her talents into her full-time work as a photographer serving all of the Interlake as well as Winnipeg.

"My main goal is connection with many incredible humans. I focus on families, children and couples in a fun lifestyle session — I want to see those natural authentic moments and smiles — and pride myself on making



TRIBUNE PHOTO BY JO-ANNE PROCTER

Teesha Hall is taking photos as part of the Front Steps Project with families making a good faith donation of food and home essentials to local food banks.

it an experience that will be remembered," she said.

"I also am very passionate about supporting and empowering women, so boudoir is another focus of mine with my work."

Through the Front Steps Project, Hall has been collecting donations to deliver to food bank facilitators in local communities. Another option is to

make a monetary donation directly to the food banks instead.

"The idea of the movement was to spread some positivity and capture families during this moment that will forever be remembered in history when people were returning home and having to isolate," Hall said.

"It's an extremely stressful and fear-

Continued on page 10

Xplornet: **Unlimited** data and speeds up to 50 Mbps.¹

Don't tell the kids
they could be online instead.

Only
\$59⁹⁹
/month²
First 3 months

1 year term required. \$109.99 in month 4
\$49 basic installation fee applies.³

CALL 1-877-739-0684 TODAY!

Your local dealer

TMC Satellite
(204) 467-2014

xplornet.com



¹Speed online may vary based on Internet traffic, servers, computer/router configurations and other factors. Traffic Management policy applies, see xplornet.com/legal. ²Offer available until April 30, 2020 for new customers only. Taxes apply on all plans. Monthly service fee includes rental cost of equipment, except optional Xplornet Wi-Fi router. ³Plans are subject to network availability at your location. Site check fee may apply. If installation requirements go beyond the scope of a basic installation, additional fees apply. See dealer for details. Xplornet® is a trade-mark of Xplornet Communications Inc. © 2020 Xplornet Communications Inc.

IERHA, province optimizing bed capacity, seeking more PPE for health-care workers

By Patricia Barrett

The Interlake-Eastern Regional Health Authority is working with the province to divide up responsibilities for patient care and optimize hospital bed capacity in preparation for a surge of COVID-19 infections.

Community transmission — infections that can't be traced to a definitive source — is a certainty, said the province's chief public health officer Dr. Brent Roussin last weekend. He announced 57 new cases of the highly infectious virus that recently killed one patient and put another in intensive care.

Manitoba had 96 cases, with three confirmed positive in the Interlake-Eastern region (Manitoba government data) as of Monday evening, and Johns Hopkins University's coronavirus tracker showed worldwide infections at over 720,000 with 33,925 deaths.

Interlake-Eastern hospitals won't be treating COVID patients requiring intensive care but will be caring for COVID patients (primarily in Selkirk) needing less intensive hospital supports.

"Winnipeg is planning for a significant increased number of intensive care beds and medical beds based on the probability of what is coming down the pipe," said IERHA chief executive officer Ron Van Denakker during a conference call with media March 27.

"We're [IERHA] working on plans to increase our medicine bed capacity so that when people get sick with COVID-19 in our region and don't require an intensive care bed, we'll have the ability to look after them here. If they require intensive care, they will

go to one of the Winnipeg facilities or Brandon."

For seriously ill COVID patients, their lives will depend on health-care workers, and those workers in turn will depend on having high-quality personal protective equipment (PPE).

There's a worldwide shortage of PPE. Frontline nurses in overwhelmed London, England, were forced to wear bin bags to protect themselves, according to media reports.

Manitoba doesn't have enough equipment, and the provincial government is working with the federal government to bring in "as much PPE as we can," said Van Denakker. "And there's a number of things the [federal government] is doing to ramp up production."

The Manitoba government is calling on industries that use PPE to donate it and is also prompting manufacturers to start making it. The government has a submission form on its website along with details of what equipment is required.

"We have a pretty good supply of PPE for today's needs, but tomorrow is unknown," said Van Denakker. "Am I personally 100 per cent confident we have enough? I'm never confident that we have enough. I think we need to continue to plan for the worst-case scenario and that's what we're doing."

The IERHA, along with Winnipeg hospitals, is currently reviewing with staff what level of PPE they require for particular interventions to ensure "we don't overuse it and ration it," he said.

The IERHA won't be getting any of the 27 new ventilators ordered by the province because it won't be providing intensive care for COVID patients. "When we built the new [Selkirk]



PHOTO COURTESY OF ARBORG HEALTH AUXILIARY
COVID patients needing intensive care will be treated in Winnipeg and Brandon. The IERHA will reserve its beds for COVID patients requiring general care.

hospital, we bought two ventilators to be able to provide [a future special care service], but we've actually given Winnipeg the two ventilators," said Van Denakker. The IERHA will be getting them back.

One of the positive things that come out of the COVID crisis, Van Denakker noted, is system-wide cooperation.

"There will be so many amazing

things that will come out of this that we probably won't stop doing because we have really learned how to work together in a much more intentional way as a provincial system right now," he said. "It takes something like this to really bring out the creativity in all of us and it's working well."

Other IERHA updates:

- A new drive-thru COVID testing site in Eriksdale (people can't just show up; they need to be referred by Health Links).

- Expanded testing to include health-care workers showing signs of respiratory illness, remote communities, shelters, long-term care homes and corrections facilities.

- Four First Nations, including Pinaymootang, Fisher River and Peguis, joining the IERHA's incident command unit.

- IERHA approaching Manitoba Housing, which operates seniors' residences, to put up signage.

People showing COVID symptoms, which include coughing, fever, difficulty breathing, runny nose and sore throat, are asked to call Health Links at 204-788-8200, or toll-free at 1-888-315-9257, to see if they're eligible for testing.

GET THE ADVICE YOU NEED NOW!

Licensed Financial Advisor Christine Ibbotson (AsktheMoneyLady.ca) provides a timely and necessary response to Canadians' most urgent financial concerns in the face of the COVID-19 pandemic.

DON'T PANIC: HOW TO MANAGE YOUR FINANCES—AND FINANCIAL ANXIETIES—DURING AND AFTER CORONAVIRUS
By Christine Ibbotson
978-1-77108-904-3 | ebook | \$4.95
978-1-77108-905-0 | paperback | \$12.95

Christine Ibbotson,
Licensed Financial &
Investment Advisor,
Estate Planner,
and Tax Specialist

DON'T PANIC

HOW to MANAGE
your FINANCES
and FINANCIAL
ANXIETIES

During
and After
CORONAVIRUS

TIPS, TRICKS, and
GUARANTEED WAYS to
SECURE your FUTURE

AVAILABLE THROUGH ONLINE RETAILERS EVERYWHERE!
(APRIL 1 AS AN EBOOK, MAY 4 IN PAPERBACK)

Follow us online: [f](#) [t](#) [t](#) @nimbuspub or nimbus.ca

NIMBUS PUBLISHING

82ND ANNUAL GENERAL MEETING

of

RED RIVER COOPERATIVE LTD.

RESCHEDULED

Given the COVID-19 pandemic, and the Government of Manitoba's prohibition on gatherings of more than 50 people, Red River Co-op will be rescheduling their Annual General Meeting, originally scheduled for April 23, 2020. No rescheduled date has been set, but notices will be posted when a new date is set.

The postponement does not affect the election results for the board of directors. The results of this election will be communicated to members and candidates at the postponed AGM. The current members of the board of directors will continue to serve in their roles until the completion of the AGM on its rescheduled date.

All members can still vote for their board either online or by-mail by 4:00 PM April 13, 2020. Instructions are included in their mailed member packages.

Efforts to save an injured owl; supporting great grey owl populations

By Jennifer McFee

Animal experts banded together in an attempt to save an owl with a broken wing, but despite their efforts the feathered friend didn't survive the ordeal.

Recently, Woodlands Veterinary Clinic received a call to pick up a great grey owl south of St. Laurent. Veterinarian Carl Reesink and his wife Jennifer, a veterinary technician, picked up the injured bird and brought it back to their facility.

"We started feeding it. We X-rayed it and evaluated that it had a fractured wing and attempted external fixation. We don't know if it will be successful, but we have our fingers crossed," he said last week.

"She is identified as female and hopefully she will live a happy life with the potential of being rehabilitated to another location where she might be used for breeding purposes."

The owl was moved temporarily to Balmoral to stay with Jim Duncan, who created the social enterprise Dis-

cover Owls to promote conservation research and education about owls.

Through Discover Owls, Duncan served as a stepping stone to deliver the injured owl to Wildlife Haven Rehabilitation Centre. He determined that she was less than a year old and in good shape besides the broken wing.

Now retired from working with the government, Duncan was instrumental in the development of provincial policies and procedures for dealing with injured and orphaned wildlife.

"The reason we came up with the policy and procedures was to avoid what was happening in Manitoba and around the world with a lot of backyard rehabilitation going on. Animals were suffering because the people who did so had good intentions but they lacked the expertise," he said.

"Veterinarians and people with a particular expertise with a certain species have a role to play in the current era when only licensed rehabilitation facilities can oversee the rehabilita-

tion of wildlife to prevent that type of thing from happening. The goal is to make sure



PHOTO BY MARIE GOWANS

Jim Duncan, left, showing Evan Gowans, middle, and his father Ian how to hold and release a recently captured and banded male great grey owl north of Teulon.

that they have a another chance at life after being injured and to prevent animals from being orphaned when they're not truly orphaned."

Sadly, the great grey owl's injury ended up being too severe for rehabilitation or even captivity afterwards so it was euthanized.

"The experts at the Wildlife Haven made the decision based on their de-

cadecades of knowledge," Duncan said.

"The bird would not be releasable and furthermore its injury, even once healed, would not give it a stress- or pain-free life in captivity."

On the upside, Duncan and his wife Patsy recently caught, banded and released a two-year-old male owl near Stonewall. He said the population has done well overall this winter.

"What's fascinating is that my wife Patsy and I have banded over 52 great grey owls this winter. The populations go up and down with prey population cycles, and this year we're seeing a lot of great grey owls because they've had a couple of great years of breeding," he said.

"We've banded about 25 northern hawk owls as well. That's another species that's had an influx or an eruption this winter because of good years. Now they're probably looking for places with lots of food. They're showing up in the winter in areas where we don't normally see them, like down near Argyle, in Stonewall and near Libau. It's been a really interesting winter."

The Duncans have set up a volunteer nocturnal owl survey to count sightings, and they invite community members to participate.

"Families who are already self-isolating can go out and volunteer to survey for owls for one night in the spring," he said.

"Those are a few opportunities for people to get their mind off of all of the stressful news that we're hearing."

If anyone sees a great grey owl or other owls, Duncan encourages them to share the location with him. His cell phone number is 204-404-7063.

For more information about the nocturnal owl survey, visit <https://www.birdscanada.org/bird-science/nocturnal-owl-survey/>.

Watersong Farms ON FARM STORE

OPEN: WED THURS FRI 3-6 or by appointment

Fresh Steelhead Trout and farm gate products
Loaf and Honey will also be on hand with Fresh baked goods, breads and take home prepared items
loafandhoneycatering@gmail.com
info@watersongfarms.com 204-322-5558
 #117 PTH 67, 11kms west of Stonewall
So close you can taste it!!

Woodland Courts
 Independent Assisted Living Suites
 387 Annie Street, Selkirk, MB. R1A 3Y8

"SENIOR'S SUITES" ACCEPTING APPLICATIONS!

RENT INCLUDES

- 3 Meals/day - every day!
- Weekly Housekeeping
- All Utilities!*
- Activities & Outings!

Selkirk's Premier Retirement Community
 1 & 2 Bedroom Suites Available!
 Compare us to Wpg Rates!

BONUS → **NO LIFE LEASE FEES! AND NO ENTRY FEES!**

(just 25 minutes north of Winnipeg on Main Street)
 For Tour, Information & Application Forms
 Call Joyce Lloyd/Gail Bodman
 at (204) 785-1066 Ext:1
 *Excluding Telephone & Cable TV.

From traditional to contemporary, we provide services to match what you want. **Just ask Ken.**

kl
KEN LOEHMER
 FUNERAL SERVICES

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

Gauthier
 Cadillac BUICK GMC
 2400 McPHILLIPS ST.
 Call **JERRY VANDE**
 Sales Manager
 Ph: 204-633-8833
 SHOP ONLINE AT
WWW.JIMGAUTHIERGMC.COM

We specialize in celebrating life

MacKenzie
 FUNERAL HOME

info@mackenziefh.com
 204-467-2525

The Forgotten Fifteen

As Manitobans, we have one of the crown jewels of the curling world, the Winnipeg Bonspiel, which preceded the Brier by 38 years. The New York Life trophy (winner) had been played for 16 years before Alberta and Saskatchewan became provinces in 1905. Prior to 1909 the Manitoba Curling Association was the Manitoba branch of the Royal Caledonian Curling Club of Scotland. The 1903 annual (yearbook) shows 171 entries with affiliated clubs from Prince Albert, Moose Jaw, Edmonton and Fort William (now Thunder Bay).

The Winnipeg bonspiel has come full circle. It started in 1889 with a

single event (New York Life Trophy) declaring the winner until 1905. The trophy was lost in 1905. The bonspiel changed to a Grand Aggregate format with the rink earning the most wins in multiple events being the winner. The Charles N. Harris trophy was awarded to the bonspiel winners from 1906-1985. The Grand Aggregate format continued with the Labatt Grand Aggregate from 1986-2008. In 2009 the bonspiel reverted back to a single event format. Today the team winning the Asham Curling Supplies trophy is declared winner. The bonspiel is well documented in annuals from 1889 to 2013. The Curl Manitoba website shows the Charles N. Harris trophy winners from 1906-

1985 under "Retired Trophies." If you search, you can find the forgotten 15 disguised under the Canada Life trophy with no recognition of the New York Life trophy or the fact that these 15 teams (two repeat winners) represent 17 years of Winnipeg Bonspiel winners. These winners came from Lindsay, Ont., Fort William, Ont., Neepawa, Carberry, Holland as well as Winnipeg rinks from Assiniboine, Granite and Thistle clubs. The Labatt Grand Aggregate winners and trophy are not mentioned at all. I am not sure why Curl Manitoba will not recognize 132 years of bonspiel winners.

If you want to show your pride for Manitoba's rich curling history and preserving our past before it is lost

forever, please email Hall of Fame committee members Resby Coutts at resby@mymts.net, Bill Biehl at bill_biehl@hotmail.com, Peter Nichol at cassbrett@mymts.net, Sharon Thiessen Woods at sthiessenwoods@mymts.net, Carlene Strand at carlenestrand@gmail.ca, Debbie Schween at dschween@shaw.ca, Jamie Snydal at jds320@mymts.net, Heather Helston at jbh284@mymts.net and Bev Harris at bevandal@mymts.net, along with Curl Manitoba executive director Craig Baker at cbaker@curlmanitoba.org.

- Les Ferris, Holland

Province launches program to help Manitobans cope with anxiety related to COVID-19

Submitted by Manitoba government

The Manitoba government is investing in the mental health of Manitobans by introducing a program to help address anxiety caused by the COVID-19 pandemic, Premier Brian Pallister announced Friday.

"Pandemics bring about a high level of stress and anxiety, and the health and well-being of Manitobans continues to be our priority during this uncertain time," said Pallister. "Many of us are feeling concerns over whether we will get sick, the health of our families, the security of our jobs, being isolated from our loved ones and many other variables. As part of our emergency response to COVID-19, we are introducing an easily accessible virtual option to help support Manitobans."

To help Manitobans experiencing mild to moderate anxiety due to COVID-19, the province is partnering with Morneau Shepell, Canada's leading provider of technology-enabled HR services, to launch an internet-based cognitive behavioural therapy (iCBT) program free of charge to all Manitobans 16 years old and over. The province will spend \$4.5 million to provide these services to Manitobans for up to

a year.

Morneau Shepell launched this digital therapy program last week in response to the COVID-19 pandemic. The new program is guided by professional therapists and addresses anxiety symptoms related to the uniquely challenging aspects of pandemics: uncertainty, physical isolation, caring for family and community members, information overload and stress management.

"We know many Canadians are struggling with the impact of the COVID-19 pandemic on their mental health," said Nigel Branker, president of health and productivity solutions at Morneau Shepell. "With the requirements to self-isolate and practise physical distancing, we are offering a convenient, digital program that can be accessed with any smartphone or tablet. Our goal is to facilitate access and provide support to as many people as possible across the country."

Morneau Shepell's national network includes thousands of therapists experienced in dealing with the psychological impact of various traumatic events. Program participants also have access to live crisis counsellors who are available 24-7 if any risk of

harm or crisis is identified.

The program will be available in English and French in the coming weeks at www.manitoba.ca/covid19.

Pallister noted this is an additional resource to supplement a number of mental health organizations funded by the Manitoba government. Existing organizations that provide crisis support via phone, text and video conference will continue to provide support through the pandemic.

Lists of organizations are available at www.gov.mb.ca/health/mh/crisis.html and www.gov.mb.ca/health/mh/addictions/index.html.

HAD AN ACCIDENT?

Want to get your vehicle repaired but don't want to deal with MPI and the extra cost to your license and insurance next year? MPI has told you they're writing off your vehicle but you don't want it written off?

We are MPIC Gold Class Accredited and WE CAN HELP

Come see us for all your repairs and if MPI wants to write off your vehicle we can show you how to buy it back, get it fixed AND put money in your pocket.

Interlake Supply Centre
#8126E Rd 89N Gunton, MB
(204) 886-2718

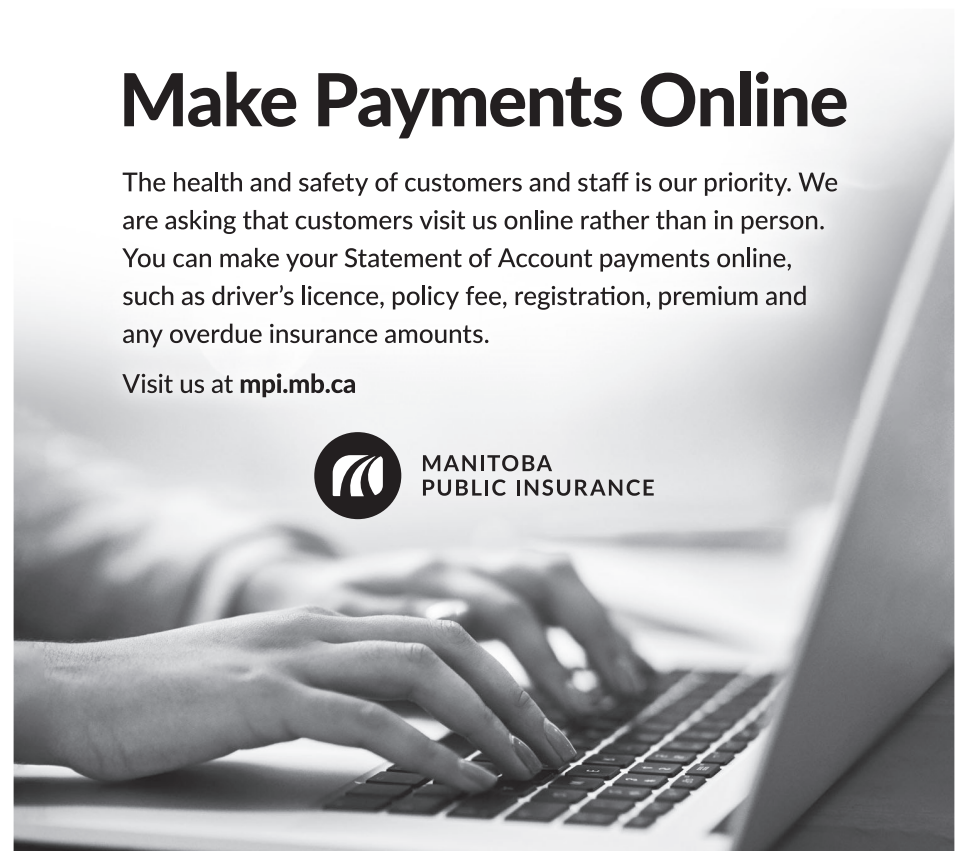
Make Payments Online

The health and safety of customers and staff is our priority. We are asking that customers visit us online rather than in person. You can make your Statement of Account payments online, such as driver's licence, policy fee, registration, premium and any overdue insurance amounts.

Visit us at mpi.mb.ca



MANITOBA
PUBLIC INSURANCE



THE
Flicks
CINEMA



SHOWTIMES:

Please check individual listings
Due to various picture lengths showtimes vary

319 First Street E., Stonewall, Man.
467-8401

PROGRAM SUBJECT TO
CHANGE WITHOUT NOTICE
Cash only

CLOSED UNTIL FURTHER NOTICE



PUBLISHER
Lana Meier



SALES
Brett Mitchell



SPORTS EDITOR
Brian Bowman



SALES
Stephanie Oland Duncan



REPORTER/PHOTOGRAPHER
Evan Matthews



REPORTER
Ligia Braidotti



REPORTER/PHOTOGRAPHER
Patricia Barrett



ADMINISTRATION
Corrie Sargent



PRODUCTION
Debbie Strauss



ADMINISTRATION
Jo-Anne Procter



PRODUCTION
Nicole Kapusta



DISTRIBUTION
Christy Brown



PRINT
Dan Anderson



ADMINISTRATION
Allana Sawatzky

OUR SISTER PUBLICATIONS



Stonewall Teulon
Tribune



Winkler Morden
Voice

getheard

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

> Got news?

Call Evan Matthews at 204-990-9871
evan@expressweeklynews.ca



Pandemic positivity and profundity

By Evan Matthews

There is no doubt, the COVID-19 pandemic has created a time full of fear, anxiety, uncertainty and, ultimately, negativity.

It hasn't been fun to turn on the news or read the latest article.

But if there is one positive to come from the pandemic, one silver lining, could it be a shift in global perspective?

The last time the world saw a pandemic such as this was the 1918 Spanish flu. Records were not as accurate as they are today, but it is estimated the Spanish flu killed between 17- and 50-million people, infecting a quarter of the world's population (500-million people) at the time.

Therefore, the global sense of panic makes sense. With the rapidly spreading coronavirus, this pandemic is something the world's current generation has never experienced even when compared to MERS, SARS or H1N1 (the swine flu).

Let us hope the most recent coronavirus death toll does not rise nearly as high as that of the Spanish flu.

Given this situation is one our generation has not experienced, could this bring us together in a way our population has also yet to experience?

So often, people get hung up about arguing the political right or the political left.

So often, people dedicate their lives to having their point of view accepted by the masses as the "correct" point of view.

So often, whether consciously or unconsciously, people waste their lives.

Yet, a virus can humble us all, as it does not care about anyone's political ideals or point of view.

As infectious disease epidemiologist

Nadia Abuelezam told the CBC, "Viruses do not respect borders. Viruses do not discriminate. Viruses just want to find another body where they can replicate."

As a result, we see the world band together: celebrities donating money; countries working in unison to come up with effective strategies; local grocery stores and pharmacies offering to deliver; neighbours offering to pick up groceries for vulnerable populations around them; coming up with creative ways to cultivate community while respecting social distancing measures; and many more initiatives.

So, when the coronavirus is a distant memory, what will it have taught us? What will we have learned about what it means to be human beings?

Based on what we're seeing worldwide with so many struggling in isolation, lonely, a hope would be that we'll have learned that our lives centre on the connections we cultivate: family and friends.

Our lives centre on living a fulfilled existence, doing things that give us purpose and keep us healthy. Life is about the daily struggle — simply surviving — and enjoying the ride, each and every day.

While our society has become socially introverted and pessimistic in so many ways, largely to do with technology, we have now been forced into isolation by a virus. We have, collectively, been forced to realize what we've been taking for granted.

This pandemic has offered us an opportunity to renew our appreciation for life, for connection, for people.

It hasn't been all bad. During times of adversity is when people show what they are truly made of.

Human interaction and connection are aspects of life our society may have taken for granted in the past, but if there is one thing to take away from this global scare, it's that we shouldn't take human connection for granted in the future.



PHOTO BY JO-ANNE PROCTER

Despite lingering banks of snow and a scarcity of worms and insects, robins have started arriving from their winter hiatus. They begin their northward movement in late February and start arriving in Manitoba in March once the temperature begins to rise. The temperature rise in spring is a key factor in their migration, for the birds need thawing ground so that they can dig up earthworms. Robins return to the same breeding area they had frequented the previous year.

ADVERTISING OR PRINT CONTACT INFORMATION

Stephanie Duncan
204-461-4771
ads@stonewallteulontribune.ca

PHONE 204-467-5836

OUR EDITORIAL STAFF

Brian Bowman Sports Reporter
sports@expressweeklynews.ca
Evan Matthews - Reporter/photographer
204-990-9871 Email: evan@expressweeklynews.ca
Patricia Barrett - Reporter/photographer
Cell 204-407-6099 patricia@expressweeklynews.ca
Jennifer McFee 204-461-5352
jen@stonewallteulontribune.ca

PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

This newspaper is published Thursdays and distributed through Canada Post. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.



> EMAIL US

Letters to the Editor: letters@expressweeklynews.ca
Classifieds: classifieds@expressweeklynews.ca
News: news@expressweeklynews.ca
Print: igrphic@mymts.net

Advertising Deadline:
Monday 4:00 pm prior
to Thursday Publication



getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> Fish tales?

Call Arnie Weidl at 204-641-2210
sanarn@mymts.net

A good solitary day of fishing

Welcome, my friends.

Wade's headlights danced wildly, piercing the early morning darkness as he manoeuvred his truck-trailer rig over the potholed trail down to the ice of the lake. He stopped at a flat, snow-covered patch and turned the truck off. Sitting in silence for a moment, he looked out at the faint light on the horizon that signalled the rising sun. He pulled his cap down tight on his head, covered it with his hood and slipped his mitts on as he left the truck.

Wade walked back along his trailer. Moving with care in the dark, he climbed up beside his strapped-down quad and sleigh. Freeing the straps went quickly and he soon sat on the idling quad, the smell of exhaust filling the air. He raced the motor a bit as he backed his rig off the trailer. Free now, Wade felt a surge of expectant joy for the coming days fishing and made for the middle of Lake Winnipeg's south basin. Wobbling and bouncing over the snowpack, the quad's bright lights became dim in the early morning dawn.

Far ahead he could see other anglers' trucks roaming slowly on the ice looking for a lucky spot. In time he passed them. He liked to be alone. Soon the big ice break loomed ahead. Off to his right he saw a thin, grey stick someone had stuck in the snow marking a narrow rough passage over the break. He slowly guided his rig careening over the break to the vast ice and snow field that seemed to stretch forever. He loved it out here. With nothing but his thoughts and the anticipation of catching something special, he pressed on. The constant undulating growl of the motor as it worked over ice or snow was his only companion.

In time, the thin black shoreline told him he was in the middle of the lake. Wade stopped on a patch of ice with little snow, dismounted his quad and began taking his fishing gear from the sleigh. In the bright daybreak, with a brisk wind in his face Wade set the drill of his auger on the ice and pulled the starter rope. The motor crackled then screamed as it made the wobbling drill bite into the ice. His drilling went quickly and soon trimmed the slush away from two ice holes. Wade was a man who thought ahead. Before leaving home, he had hooked thawed minnows on the lines of his short rods. Now, as he took them out, they were frozen but would soon soften as he dropped them into the water. He sat silent on the quad looking out over the endless, silent, now sun-bathed ice pack.

The routine of many ice fishing days brought the urge for coffee to him and he opened his lunch box, taking out a huge Thermos. He unscrewed the top and poured the steaming aromatic coffee into the cup. He sipped it, burning his mouth. Wade grimaced, bending over the side of the quad. He grabbed a handful of snow, dumping it the coffee to cool it and then continued sipping. The rod closest to him jerked downward! He set the coffee cup down, jumped from the quad and grabbed it. He felt a frantic rapid jerking on the line and began reeling in. Suddenly the jerking became a steady hard pull. Wade flipped off the drag and let the fish run. The fish stopped and he began reeling in again a little slower. Standing over the ice hole, Wade saw a flash of green as the body of a fish darted past below the holes water. He let it run again. Three times it swam away and each time Wade patiently brought it back.



PHOTO BY ARNIE WEIDL

Wade Jones with a great walleye he caught out of Lake Winnipeg.

The last time the fish came to the hole without fight. Wade knelt and, seeing the head of his walleye, he plunged his hand into the icy water, grabbed it by the gill and tossed it onto the snow.

It was getting warmer now. Standing up, he raised his head to the sky. Though the sun and white snow fields made his eyes hurt, Wade saw billowy, light grey clouds gathering. Sitting on the quad, he dug into his cooler, his fingers finding soft egg salad sandwiches. He brought them up, munching contentedly, washing them down with warm coffee as he watched his rods. As the sun sank lower, in satisfying intervals Wade would see one of his rods dip with the reward of another fish, though none were as big as the first that he had measured and released. Even with the overcast afternoon, the warmth remained. Wade perked up feeling a rain-drop hit his face.

It was time to go home. He packed up and regained the trail that had brought him here. As Wade headed for shore, he found himself laughing as he wiped the intensifying sleet and rain from his face and eyes. It had been a good solitary day of fishing. Later at home, he fell asleep content, having lived the kind of day he knew suited him.

Till next time. Bye for now.

Checkpoints established to inform travellers about COVID-19

Submitted by Manitoba government

The Manitoba government will establish five highway checkpoints and provide information in airports to help inform travellers about the public health measures in place to slow the spread of COVID-19, Justice Minister Cliff Cullen and Infrastructure Minister Ron Schuler announced last Friday.

"We must do everything we can to help reduce the spread of COVID-19 in our communities and on our health-care system," said Cullen. "This approach will help ensure travellers know they must self-isolate, what the province's state of emergency means to them and other important public health information. By being informed, we can reduce the risk to Manitobans and help keep our communities healthy and safe."

Travellers will receive information

about Manitoba's current state of emergency, public health orders issued under The Public Health Act, and the need to immediately self-isolate for 14 days after travel in Canada or internationally. If Manitobans need assistance with groceries, prescription pickup and other services, they are encouraged to go to www.HelpNextDoorMB.ca.

Cullen noted this kind of proactive measure to inform travellers and help slow the spread of COVID-19 is critical.

Checkpoints will be located at the:

- Ontario border:
 - Trans-Canada Highway East (West Hawk Lake/Falcon Lake);
- Saskatchewan border:
 - Trans-Canada Highway West (west of Kirkella/Elkhorn/Virden);
 - PTH 16 (west of Russell);
 - PTH 5W (west of Roblin); and

- PTH 2 (west of Sinclair/Reston/Souris).

"We expect these checkpoints to be operational this week, staffed by provincial employees," said Schuler. "Drivers can expect to see roadside signage to help direct them to the checkpoints and support traffic safety."

These checkpoints are established under the authority of The Public Health Act. No one will be denied entry into Manitoba at these locations.

Signage will also be placed at the Winnipeg Richardson International Airport and the Brandon Municipal Airport to ensure people arriving on domestic flights have similar information.

The province continues to rely on the recommendations of the chief provincial public health officer and encourages all Manitobans to engage

in good social distancing protocols including practising following the 3P's — protect yourself, protect your loved ones and protect your community. For more information, visit www.manitoba.ca/covid19.

Effective March 23, public health officials recommended anyone who returns from international or domestic travel should self-isolate and self-monitor for symptoms for 14 days following their return. This recommendation does not include:

- the commercial transportation of goods;
- workers who live in a neighbouring jurisdiction and travel to Manitoba for work;
- health-care workers who travel to work from outside the province; and
- normal personal travel in border communities including visits to a cottage.

A win-win for the watershed and students

By Jennifer McFee

A group of local students is earning recognition for their efforts to save the watershed.

A trio of Grade 11 students from Warren Collegiate Institute — Abby Procter, Sarah Crockatt and Emily Fehr — ranked in the Top 10 for this year's Caring for Our Watersheds Manitoba contest.

In total, more than 575 students from 20 schools submitted 336 proposals to the initiative, which invites Grade 7 to 12 students to answer the question "What can you do to improve your watershed?"

The students then research their local watershed and identify an environmental concern. Next, they write a proposal to outline one realistic solution.

For Procter and her team, it came as quite a surprise to be named in the Top 10 for their clothing swap proposal, which aims to reduce the negative effects on the watershed created by laundry soap as well as the fast fashion industry.

"It was quite a shock," said the 16-year-old student. "We were pretty proud of our project. We just didn't know it would go that far."

The teens hosted two local clothing swaps to encourage people to find new purposes for their used clothing rather than throwing the items away. At the same time, they also raised awareness about phosphate-free laundry detergents that are more eco-friendly and they handed out samples

of a homemade version with easy-to-follow instructions to make your own.

"When the clothes end up in our landfills, the dyes and parabens seep into the watershed and that affects our water quality. Also, when we wash the clothes, the phosphates from the detergent creates putrefaction in our lakes, which causes an abundance of algae — and that takes up oxygen and can kill our fish and contaminate our waters," Procter explained.

"So we created our own laundry detergent that's phosphate-free and we were giving out samples at our clothing swap. It reached our whole community and even neighbouring communities like Stonewall."

Their homemade detergent contains borax, washing soda, baking soda, Epsom salts, Himalayan salt and essential oils, she added.

"With the extra clothes, we've up-cycled them into dog toys and little grocery bags for produce and rags for our school's bike repair shop," Procter said.

"The rest we're donating to a local church and Siloam Mission."

Here in Manitoba, Oak Hammock Marsh is working with Nutrien Ltd., which launched the Caring for Our Watersheds program.

Amanda Benson, interpretive specialist at Oak Hammock Marsh, said the team proved to the judges that their idea was realistic by hosting a successful test swap that effectively removed 14 loads of clothing out of landfills.



PHOTO BY LEE STEWART

Abby Procter, left, Sarah Crockatt, middle, and Emily Fehr.

"This was only the beginning of their plan. They hope to educate other students at other schools and get them excited about possibly hosting their own clothing swaps in the future," Benson said.

"They've even obtained some extra funding through a youth climate change conference that they attended to make their project reach even further."

Usually, there is a final contest for the Top 10 teams to present their projects to another panel of local judges. However, due to the COVID-19 pandemic, this year's final contest is cancelled. Instead, all Top 10 projects will split the finalist prize equally, so Nutrien Ltd. will provide \$600 for the students and a matching prize of \$600 for the school or club.

The other Top 10 teams came from

Virden Collegiate Institute, Lord Selkirk Regional Comprehensive Secondary School, Westwood Collegiate, Elmwood High School, The King's School, Swan Valley Regional Secondary School, Miles Macdonell Collegiate and Munroe Junior High.

Looking ahead, the students will be implementing their project with guidance from Benson as the program coordinator.

"Our action plan was to buy lots of ingredients to make soaps and travel to nearby schools and communities to educate them on how to make it themselves," Procter said.

"It's very cheap to do and it works just as well as regular stuff that you buy in stores but it's more eco-friendly. We also hope to keep doing clothing swaps after this whole coronavirus goes away."

Manitoba suspends classroom learning indefinitely amid COVID-19 pandemic

Remote and Online Learning, Assessment to Continue Through Innovation and Work of Teachers

Submitted by Manitoba government

At the advice of the chief provincial public health officer, Manitoba is suspending classroom learning for kindergarten to Grade 12 students indefinitely for this school year to help 'flatten the curve' and reduce the impact of COVID-19 throughout the province, Premier Brian Pallister and Education Minister Kelvin Goertzen announced Tuesday.

"We must do everything we can to flatten the COVID curve and protect the health and well-being of all Manitobans," said Pallister. "The decision to suspend classroom learning in school indefinitely for this school year is the

easiest decision to make because it protects our children and their education — it is the right thing to do."

The suspension of in-school classes follows the province's announcement on March 13 that they would be suspended at all kindergarten to Grade 12 schools through April 10. This new step to extend the suspension is being taken with the interests of students, educators and all Manitobans in mind, the premier noted.

No student will be held back due to the COVID-19 pandemic, but students must actively engage in learning. All students on track to graduate will do so. Teachers will teach remote-

ly, assign work, conduct assessments and prepare final report cards. For students in Grade 12, provincial exams will be cancelled, but teacher assessments will be implemented. For students in early and middle years, provincial assessments are complete for the current school year, but other assessments will continue.

"The efforts and success Manitoba teachers and educators have displayed during this public health pandemic have been inspiring," said Goertzen. "I join all Manitobans in asking educators to continue doing all they can to use remote and innovative methods to teach students through the remainder of this school year. Our government is asking for an all-hands-on-deck approach, with their assistance and with that of parents, caregivers, principals, trustees and superintendents for the benefit of all students."

Child-care centres located in schools will continue to operate under the current conditions set out by the chief provincial public health officer. The overall plan is oriented toward the future and we will learn how to modernize education through our response to this situation, Goertzen said. The combined efforts are geared toward the reopening of classrooms, as well as toward multifaceted ways to teach and to learn after COVID-19, he added.

The province continues to rely on the recommendations of the chief provincial public health officer and encourages all Manitobans to engage in good social distancing protocols, including practising the 3Ps — protect yourself, protect your loved ones and protect your community. For more information visit www.manitoba.ca/covid19.

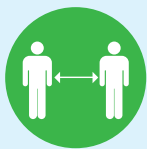
COVID-19 IS HERE, MANITOBA

It only takes one person to infect many. **DON'T BE THAT ONE PERSON.**

PROTECT yourself, **PROTECT** your loved ones, **PROTECT** your community

SOCIAL DISTANCING (also called "Physical Distancing") is the best way to reduce the spread of viruses like COVID-19 during an outbreak. It means changes to our day-to-day lives to minimize close contact with others, whether we know them or not. With patience and cooperation, we can do this, and we need to do it NOW.

DO THIS:



Keep at least 2 arms lengths away

We still need to go out in public for things like essential appointments and shopping. Where possible, spending time outside and utilizing green spaces is also important. In all situations, **keep at least 2 meters or 6 feet from others as much as possible.** This only applies if you don't feel sick. If you feel sick, you must stay home.



Stay home as much as possible

Things you can do at home like reading, watching TV, playing games, sitting on your deck, spring cleaning, yard work, and cooking are all good! Staying home whenever possible makes us all safer right now.



Shop wisely

There are things we need like groceries, fuel and the like. **Where possible, use online shopping and home delivery.** Please remember that panic buying is not needed. Finally, remember that if you feel sick, do not go out – you must stay home.



Use technology to keep in touch

We all need to keep in touch with our friends and loved ones, especially when keeping physical distance. **Phone calls, texting, and video chats** are all great options.

DON'T DO THIS:



Non-essential gatherings

We all need to avoid things like parties, weddings, birthdays, play-dates, sleepovers for kids and other non-essential visitors to our homes. Also, avoid all non-essential travel.



Physical greetings

Handshakes and hugs are out. We need to get good at non-physical greetings like waving or nodding. Limiting unnecessary touching makes us all safer right now.



Touching surfaces people touch often

Walking or exercising outside is good, but keep your distance from others and avoid things like hand rails, public play structures and public phones whenever possible.



Contact with people at higher risk of COVID-19

We all have a responsibility to protect those in our community who are most at risk from COVID-19, which includes the elderly and those with other health conditions. We can use non-physical ways to stay in touch, and where possible we can help these people with getting groceries and other essential errands.



YOU MUST:

SELF-ISOLATE for 14 days if you return from travel anywhere outside Manitoba.

STAY HOME if you feel sick, regardless if you've travelled or not.



ALSO REMEMBER:

- Wash your hands for at least 20 seconds and avoid touching your face
- Cough or sneeze into the bend of your arm
- Disinfect frequently-used surfaces often

STAY SAFE, STAY STRONG.

WE'RE IN THIS TOGETHER, MANITOBA.



Share this with everyone: covid19manitoba.ca

For health emergencies, always call 911. En cas d'urgence, composez toujours le 911.

READY TO VOLUNTEER TO GIVE SOMEONE A HELPING HAND?
Visit helpnextdoormb.ca to get connected.



Five surprising facts about dogs you probably didn't know



He may be man's best friend, but how much do you really know about your pup? Here are five amazing facts about dogs you probably didn't realize.

1. Extra eyelids: in addition to top and bottom eyelids, dogs have another in the corner of their eye that acts like a windshield wiper to clean and moisturize the cornea.

2. Feeble taste: dogs gain most information about their food from the way it smells, not the way it tastes. They only have 1,700 taste buds on their tongues compared to our 9,000.

3. Instinctive sleeping: when your dog curls into a ball to sleep, it's not just adorable, it's also an instinctive response to the need to stay warm and to protect their abdomen and organs from predators.

4. Amazing noses: not only is their sense of smell 10,000 times stronger than ours, every dog's nose print is as distinctive as a human fingerprint.

5. Remarkable ears: each dog ear has 18 muscles that enable it to turn, tilt, raise, lower and move, thereby allowing Fido to hear faraway sounds — up to four times as far as a normal human ear can detect! Dogs can also hear high-frequency pitches humans can't detect.

Not only are dogs loving and loyal companions, but they're also fascinating animals with unique characteristics and abilities.



Dawg Grooming & Dawg Boarding

Canine Country Resort & Spa

204-344-5662 www.dazzlingdawg.com



Talbot & Associates is proud to be part of your community

We are happy to help you with:

Corporate & Personal Tax Returns including farm and business, Bookkeeping, Payroll U.S. Income Tax Services and more!

Talbot & Associates

278 Main Street – Unit 2

P.O. Box 1220

Stonewall, MB R0C 2Z0

(204) 467-5566 • talbotcpa.ca



CHARTERED PROFESSIONAL ACCOUNTANTS
COMPTABLES PROFESSIONNELS AGRÉÉS

Google 5.0 ★★★★★

Helping Manitobans for over 25 years

Correction

The article "Loaf and Honey offers pre-made meals," published in the March 26 edition of the *Tribune*, contained incorrect directions to Watersong Farms. Watersong Farms is located 11 kilometres west of Stonewall on Highway 67. Watersong Farms has chicken and trout available for purchase, and it is also the pick-up location for Loaf and Honey's pre-made meals on Wednesdays, Thursdays and Fridays from 3 to 6 p.m. Social distancing protocols are in place. For more information, email info@watersong-farms.com or loafandhoneycatering@gmail.com.

> PHOTOS, FROM PG. 2

ful time we are facing and this brings a little joy to the people's day — and can help support food banks, which are very much so going to be needing the supplies."

As a photographer working from home with three little girls, Hall has also been experiencing the stress and isolation of this situation first-hand. In part, that's what motivated her to get involved.

"I saw the project and was so in-

Continued on page 11



Town of Teulon Civic Centre Hours of Operation COVID-19

The Town of Teulon, Civic Centre will be open to the public Monday to Thursday 10:00 a.m. to 4:00p.m. and closed on Fridays. All Recreation Facilities will remain closed until further notice. The Waste Disposal Site hours of operation will remain the same and will change to summer hours on April 1. Summer hours are everyday from 10:00 a.m. to 6:00 p.m. CLOSED on Tuesday.

Teulon Council has made the decision to limit access to the Civic Centre to THREE MEMBERS OF THE PUBLIC (this does not include staff). We would request that individuals practice **Social Distancing Principals** when present in the Civic Centre.

PLEASE NOTE: Given the rapidly evolving situation regarding COVID-19 these times and services may change on short notice.

Individuals can still make telephone and email enquiries. With respect to payment of town bills, staff will continue to accept and process payments by mail or by debit. The Town would ask that people attempt, when possible, to avoid using cash to pay accounts at this time.

Visit us at www.teulon.ca

Thank you for your cooperation and consideration

HAVE A NEWS TIPS OR INTERESTING STORY?
CALL 204-467-5836



ROYAL CANADIAN LEGION
STONEWALL BRANCH - 467-2261

Lic #418

CLOSED UNTIL FURTHER NOTICE

PUBLIC NOTICE

Pesticide Control Program

Manitoba Agriculture and Resource Development intends to conduct the following Pesticide Control Program during 2020, in the Grant's Lake and Oak Hammock Marsh Wildlife Management Areas.

The program is needed to control noxious weeds.

The projected dates of application will be from April 20, 2020 to November 15, 2020.

The herbicides to be used may include:

- 2,4-D
- Broadband
- Curtail M
- Glyphosate
- Infinity
- Prestige XC
- Puma Advance
- Quizalofop
- Velocity m3
- Liberty

If you have comments or concerns, send them in writing within 15 days of publication of this notice to:

Manitoba Conservation and Climate
Environmental Approvals Branch
1007 Century Street
Winnipeg, Manitoba R3H 0W4



> PHOTOS, FROM PG. 11

spired by it. I immediately wanted to take part around the Interlake. I've always been very passionate in supporting people and communities in whatever way I could, and this felt very aligned with me," she said.

"When this passes, it will be a historic moment in our pasts, and being able to capture these images is such a humbling and honourable privilege. It gives families a little something to look forward to and encourages giving back, which is what we all need right now."

At the same time, Hall is experiencing the benefits of being involved in a project that gets her out of her own house for brief periods.

"It's a win-win," she said, "and I'm so glad I am able to participate and meet so many incredible families."

During this challenging moment in

history, Hall is grateful for the opportunity to capture some smiles and do her part to help out.

"After my first few sessions were completed and I was at home finishing up editing to send to the families, I was feeling very emotional looking at them all. It's such an incredible movement. I feel so blessed to be able to participate in it. The overwhelming emotions that are being triggered in all of us now can really make this challenging," she said.

"To see all of the smiling faces and for people to see that they aren't alone gives such a gleam of hope and I believe it's so important for people to focus on the good and spread as much joy as we can right now.

"I'm thankful for every family that is participating. The sense of community coming together is so heart-warming and just what we need to see more of."

Anyone who would like more infor-

mation or to book a session can send sha Hall Photography page. a Facebook message through the Tee-



SOUTH INTERLAKE PLANNING

Keep Us In Mind This Spring and Summer!

Spring and summer are busy seasons for construction, and it's also a time when many are preparing to enjoy the outdoors.

With this in mind, the South Interlake Planning District (SIPD) would like to issue a reminder that Building and Development Permits are required for most types of construction, renovations, and structures (pre-built, site-built, temporary or permanent). These include, but are not limited to: **Swimming Pools, Hot Tubs, Decks, Sunrooms, Gazebos, Pergolas, Sheds, Fabric Shelters, Interior/Exterior Renovations or Repairs, Solar Panels, Window and Door Installations, Basement Developments, etc.**

Permits help ensure that Buildings and Structures meet Manitoba Building Code, which in turn increases the level of safety for everyone.

If you are unsure whether your project requires a permit or not, or if you have any questions, please contact the SIPD office at 204-467-5587 and we'd be happy to assist you! More information is also available on our website: www.sipd.ca

Restaurant & Bar Closed
 Hotel Room rentals, please call to book a room if needed.
VENDOR open Monday, Wednesday & Friday 4-8pm, Saturday 12-4pm
 Please be safe and stay healthy.

ROCKWOOD Motor Inn 390 Main St. Stonewall **467-2354**

ON YOUR MARK. GET SET. VOTE.



Our board is crucial to Sunova's success because they represent you, our members! Make your voice heard and decide who will guide Sunova through the next several years by voting in our annual board election. You will be able to vote for up to three candidates.

VOTING IS EASY! Starting April 6, visit sunovacu.ca/evote and login with your member number and password to cast your votes.

ELECTION DATES: April 6 – 17

AGM CANCELLATION NOTICE

In an effort to limit the spread of COVID-19, our Annual General Meeting, originally scheduled for April 23, 2020, has been cancelled. Our annual report, along with detailed financial statements, will be available on our website later this month. The board election will continue as planned and winners will be announced via our website and social media channels.

@sunovacu

where relationships matter most.
sunovacu.ca

sunova
CREDIT UNION

STIHL

DEALER DAY SPECIALS

NEW RE 90 ELECTRIC PRESSURE WASHER 120 V • 1,450 PSI • 1.4 GPM (MAX)		SAVE \$50 \$199⁹⁵ MSRP \$249.95
NEW RE 130 PLUS ELECTRIC PRESSURE WASHER 120 V • 1,595 PSI • 1.5 GPM		SAVE \$30 \$399⁹⁵ MSRP \$429.95
RB 200 GAS PRESSURE WASHER 173 CC • 2,500 PSI • 2.3 GPM		SAVE \$50 \$599⁹⁵ MSRP \$649.95
RB 400 DIRT BOSS® GAS PRESSURE WASHER 196 CC • 2,700 PSI • 2.76 GPM		SAVE \$50 \$799⁹⁵ MSRP \$849.95

Dealers may sell for less. Pricing on all chain saws and blowers will remain in effect until June 30, 2020. Pricing on all other power tools and accessories will remain in effect until July 31, 2020. Illustrations and descriptions are as accurate as known at the time of publication and are subject to change without notice. STIHL Limited is not responsible for a printing error, the local STIHL Dealer has the final authority to set product pricing. Pricing valid at participating dealers only.

STIHLCANADA WWW.STIHL.CA

TTM

Teulon Tractor & Motor Ag & AUTO PARTS #7 Hwy. Teulon 204-886-2084 TTMAGAUTO.CA

SPECIAL Hours & Closures

*In order to keep our community safe
during the COVID-19 Pandemic*

Your Mental Health & COVID-19

Emergencies are always stressful and in a pandemic it is common for individuals to feel stressed and worried. Some common responses but specific stressors particular to the COVID-19 outbreak may include:

Risk of being infected and infecting others, especially if the transmission mode of COVID-19 is not 100% clear.

Common symptoms of other health problems (e.g. a fever) can be mistaken for COVID-19 and lead to fear of being infected.

Caregivers may feel increasingly worried for their children being home alone (due to school closures) without appropriate care and support.

Deterioration of physical and mental health of vulnerable individuals, for example older adults and people with disabilities, if care givers are placed in quarantine or become sick and no other support is in place.

How to support your mental health

Maintain a healthy lifestyle, (including a proper diet, sleep, exercise and social contact with loved ones at home).

Keep in touch with family and

friends through email, phone calls, and making use of social media platforms.

If you feel overwhelmed, talk to a counsellor or another trusted person in your community (e.g. religious leader, or community elder). Some resources that are readily available to you are:

**IERHA 24 HOUR
CRISIS LINE**
1-866-427-8628
204-482-5419
KLINIC CRISIS LINE
1-888-322-3019
204-786-8686
KIDS HELP LINE
1-800-668-6868
[HTTPS://
KIDSHELPHONE.CA](https://kidshelpline.ca)

handle stress, build relationships, and make choices. Mental health is important at every stage of life, from childhood through to adulthood.

Mental health challenges can affect us all and may include difficulties in thinking, mood and behaviour, but help is available. If you or a loved one are in crisis call the 24 hours Crisis Line Toll Free: 1-866-427-8628 or 204-482-5419

Files from ierha.ca

QUARRY Stonewall Dental Centre

The health and safety of our team and community are of the utmost importance to us which is why we will continue to comply with recommendations and will be closed for regular dental care at this time. We are here to provide advice for your dental emergencies.

Please contact our clinic by phone at 204-467-2177 ext 1 Monday to Friday 10 am to 4pm No walk ins please

Thank you and please stay safe



**345 Main Street, Stonewall
204-467-2177**

Although it is important to stay informed, decrease the time you and your family spend watching or listening to upsetting media coverage. This is an opportunity to busy yourself with other activities.

Mental health includes our emotional and social well being. It affects how we think, feel and act. It also helps determine how we

TO ALL OUR VALUED CUSTOMERS

Pizza Den will remain **OPEN FOR PICK-UP AND EVENING DELIVERY**

SUNDAY/MONDAY 4PM- 8PM
TUES-SATURDAY NOON-8PM

Gift Certificates available.

THANK-YOU FOR YOUR SUPPORT
**BE WELL,
ROBERT and STAFF**

PIZZA DEN
Restaurant & Lounge
More than just great pizza!



**Hwy. 67 , Stonewall
204-467-2236**



We are OPEN for Business but remain closed to the Public.

In order to keep our staff and our clients as safe as possible and do our part to control spread, we will be doing ALL transactions and appointments virtually, over the phone or by email. We miss your faces. And we can't WAIT to see you again. But for now, we must ask that you help us contribute to this situation in a positive way and contact us by means other than in person.

TEMPORARILY AMENDED HOURS:

Monday - Friday 9:00 am - 4:30 pm
UNTIL FURTHER NOTICE

You can contact us by:

Phone: 204/467-8927 Fax: 204/467-5326
Email: inview_insurance@cooperators.ca



Korner Kutz

DAY SPA & salon

Due to the COVID-19 Pandemic and in order to keep our community safe, we will be closed from March 23 until April 7th and will reassess on April 5. Please check facebook for updates and you can call and leave a message we will be checking messages.

Thank you for your understanding & stay healthy.

204-467-5222

Manitoba restricts operations of non-critical businesses in new public health order

Submitted by Manitoba government

The Manitoba government is issuing a new public health order to reduce the spread of COVID-19 and protect the health and safety of all Manitobans, Premier Brian Pallister announced Monday.

"These decisions are not easy ones, but they must be made during this global pandemic to protect the health and safety of all Manitobans," said Pallister. "These new orders will ensure critical services are available while taking steps to reduce the spread of COVID-19 in our communities."

The chief provincial public health officer is issuing orders under The Public Health Act as approved by the minister of health, seniors and active living. The following measures will be in place as of 12:01 a.m. on Wednesday, April 1:

- Public gatherings are limited to no more than 10 people at any indoor or outdoor place or premises. This includes places of worship, gatherings and family events such as weddings and funerals. This does not apply to a facility where health care or social services are provided including child-care centres and homeless shelters. This remains in effect at this time under the previous health order issued on March 27, and will continue when this order comes into effect on April 1.

- All restaurants and other commercial facilities that serve food are prohibited from serving food to customers in their premises. This prevents eat-in dining at all facilities. However, restaurants and other commercial facilities can prepare and serve food for delivery or takeout. If this takes place, the operator of the restaurant must ensure that all people maintain the appropriate social distancing from other customers when picking up food.

- All businesses that are not listed in the schedule of critical services that accompanies the order must close between April 1 and April 14.

- This closure order does not prevent these businesses from operating on a remote basis.

- A business may accept orders on the Internet or over the phone for delivery or pickup, as long as the employees are not working at the place of business.

- The order does not prevent employees or others from coming into the business to perform repairs, to provide security services or to take out items from the business premises if the business is going to operate on a remote basis.

- Nothing in the order restricts the operations of delivery of services by the federal or provincial governments or a municipality.

- Nothing in the order restricts any activities of a publicly funded agency, organization or authority that delivers or supports government operations or services including health-care services. This means the order does not affect institutions, agencies and other service providers who provide health-care services such as hospitals, regional health authorities and private agencies who provide a range of health services.

- All businesses listed in the schedule of critical services that accompanies the order may continue to operate. If these businesses allow members of the public to attend the place of business, the operator of the business must put in place measures to ensure that appropriate social distancing rules are followed.

- The order does not affect how members of the College of Physicians and Surgeons of Manitoba, the College of Registered Nurses of Manitoba, the College of Licensed Practical Nurses of Manitoba or the College of Midwives of Manitoba provide health-care services under the order. Any other health professionals may continue to practice if they are providing services for a publicly funded agency, such as a government or a regional health authority or a business listed under the schedule. In addition, health-care providers can continue to provide emergent or urgent care such as dental surgery.

- Municipal transit services, taxis and other private vehicles for hire can continue to operate. The operator of the vehicle must take measures to ensure there is a reasonable separation of people in a vehicle. This order does not contain specific distance restrictions because it is hard to impose a limit in small vehicles. The goal is to ensure a reasonable level of spacing between people.

The order also repeals previous orders as of 12:01 a.m. on Wednesday, April 1 so there is only one public health order in effect at a time.

every eight years in April due to the geometry of the orbits of Venus and Earth. Binoculars will give the best view against the night sky as Venus is so much brighter than the stars of the cluster.

A small telescope will reveal the "quarter moon" phase of Venus. Over the next several weeks this shape will change dramatically as its phase slims and apparent diameter swells. This is caused by a combination of its orbit around the sun inside that of Earth and its decreasing distance from us. Venus will shine at its greatest brilliancy on April 27 with a magnitude of -4.7. The more negative the magnitude value the brighter the object. The full moon is about -12, the faintest stars under rural night skies is around +6 magnitude to the unaided eye.

The coming of the spring season brings forth a new set of constellations dominating the night sky. Once the sun has gone down and darkness

"We are seeing what is happening in other jurisdictions, and the time to act is now. We must continue to adapt to the situation and change our day-to-day lives to prevent unnecessary illness and further tragedies in Manitoba," said Dr. Brent Roussin, chief provincial public health officer. "These measures will help us reduce the risk and protect all Manitobans during the ongoing pandemic."

The premier noted that a state of emergency declared by the powers set out in Section 10(1) and 10(2) of The Emergency Measures Act to enable the province to respond to the COVID-19 pandemic remains in effect.

"Manitobans have always pulled together in a time of crisis and this is no different," said Pallister. "We must continue to do whatever we can to support each other."

The list of public health orders and the schedule of critical services can be found online at www.manitoba.ca/covid19/soe.html. Businesses with questions about how the order and schedule of critical services apply to their operations can visit <http://engagemb.ca/covid19-csp> for up-to-date information, and to ask questions that will be answered by government officials.

Dear Teulon Residents,



On behalf of the Council and employees of the Town of Teulon, I would like to take a moment to say THANK YOU and to extend the following message to our community.

The unique nature of this biological event leaves many of us with an unsettled feeling. We are all concerned about the health and well-being of our families and friends. I am so proud of our community and how the majority have supported the measures called for by the federal and provincial governments.

We are overwhelmed with information, but it is important for everyone to stay up to date. As the situation changes almost daily, we would direct you to the main sources:

Manitoba Government

(www.gov.mb.ca/health/coronavirus)

Novel Coronavirus (COVID-19) public health factsheet

- also includes information on self-monitoring.

(<https://www.gov.mb.ca/health/publichealth/factsheets/coronavirus.pdf>)

Novel-Coronavirus (COVID-19): Self Isolation public health fact sheet

(https://www.gov.mb.ca/health/publichealth/factsheets/coronavirus_selfisolation.pdf)

For those without internet access, CBC radio and our local news stations are doing a great job of keeping information up to date.

Follow the suggestions from Manitoba Health and Health Canada to use proper hand washing techniques, maintain physical distancing (6 feet/2 meters), don't gather unless absolutely necessary and only in groups of less than 10, and self-isolate if you are returning from travel or are feeling unwell.

Please take precautions and be safe – the life you save by doing so may be your own.

Support our local businesses. Recent days have been and will continue to be a challenge for the business community. We ask that people patronize local businesses, but particularly now, we encourage you to think about and support our local commercial establishments as often as you are able. Several businesses have established delivery services that are useful for those residents that are self-isolating or have difficulty getting out.

Reach out to someone who is self-isolated or unable to do things for themselves during this trying time. Call, text, facetime, and make sure those most vulnerable in our community are healthy and safe. They will appreciate it.

This has been a challenging time for your new Council, but we are developing new ways of maintaining essential services, while ensuring the safety of staff and residents. We appreciate all the support that individuals and groups are providing, the Seniors Resource Council, the Teulon & District Food Bank, emergency services and delivery services for food and prescriptions.

Working together, thinking about each other, and doing what is right for the "we" rather than the "me" will ensure we triumph over this crisis and we will.

Stay healthy, stay safe and God bless.

Mayor Anna Pazzierski

Venus at its brightest

By Ted Bronson

Once the sun sets and twilight fades to darkness the bright stars of the winter night sky are seen descending in the west during the month of April. This signals the winding down of winter and welcomes the incoming signs of the spring season.

Any sky observer's attention has easily been drawn to brilliant white Venus as seen after sunset above the western horizon. The rapid movement of the planet can easily be seen by watching Venus as it passes against the background stars once the sun has gone down. This is due to the fact that the orbit of Venus around the sun is closer than that of Earth.

Observe Venus as it skims by the Pleiades star cluster on the nights of April 1-5. This occurs

Myskiw continues his journey in Bangkok amid COVID-19

By Bryan Myskiw

Warren's Bryan Myskiw ventured out on a backpacking journey to South East Asia on March 8. He is sharing his photos and weekly adventures with our readers.

In less than a week, the country of Vietnam can be declared as shut down. Hoi An, a destination that I've been told has a population of 60,000, has dwindled to a couple thousand in the last week. Many Europeans and Americans have been called home or blocked at country borders, returning home to a situation described as chaos and panic.

In contrast, on the night of the last night market in Hoi An, visitors and locals gathered in a quiet setting of its former crowds to take in the street food offers, floating candles and rows of lanterns lighting the streets.

Face masks have been required from the Vietnamese government in all public places and temperature check points have increased. For me, the frequency of checks is comforting. A fear that a combination of the 100 per cent humidity and restrictions of the masks will inaccurately increase by body temperature.

On Wednesday, I flew to Ho Chi Minh City, formally known as Saigon.

I could not recommend Ho Chi Minh City for those who have a tendency to let their guard down. In two days, I witnessed two women have their purses stolen by motorists passing by. Before one could realize what was happening, the motor bikes had disappeared within the stream of thousands.

One highlight while in Ho Chi Minh City (Saigon) was a visit to the Cu Chi tunnels, a series of connecting tunnels running 121 kilometres used during the Vietnam war by Viet Cong. As a 6'3" tall tourist navigating through parts of the original tunnels posed a little difficulty not only how to get out but how to get in. To understand the true size of these tunnels, I had to crawl on my hands and knees to get through the tourist-modified tunnels that had been widened. This would serve as base for the Viet Cong where they would hide in by day and scavenge by night. The site now features examples of their ingeniousness from their booby traps to methods they developed to disguise living underground.

I have continued to take precautions in my travels by avoiding going out to bars and clubs, even though Hoi An has not seen a case for over a few weeks. Countries have begun to shutdown complete entries. Thankfully Canadian citizens are still accepted as long as they have not visited restricted countries in the last 14 days and arrive with a clean bill of health.

I have had to modify my trip and will now not be travelling through Malaysia or Singapore.

Singapore has required all arrivals to quarantine for two weeks.



The Cu Chi tunnels.

For those at home criticizing travellers for not returning home. I caution the criticism. How quickly travel plans change: On March 20, after Air Canada — which until that point continued to reassure me that my return home via Singapore on April 17 remained as scheduled — had now changed course, limiting international flights to six entry and exit points. I decided it would be in my best interest to take advantage of the rescheduling and fly out through Bangkok by the end of the month. This was further pushed as insurance companies began to pull the plug on travel insurances. The sole purpose I purchase travel insurance is for situations like this.

Less than 24 hours after my flight itinerary was revised, I received a notification that Air Canada had canceled my flight home on March 31. In order to rebook, I would now have to pay a premium price — three times the original return price.

As of 7 a.m. on March 21, I was scheduled to continue my journey to Bangkok by way of Cambodia to arrive for my new flight (and second re-booking) home.

All carriers except for one had been cancelled and would remain cancelled until further notice. I decided to forgo all the flights that had been booked (and rebooked) and fly directly to Bangkok with a ticket costing \$750 (normally purchased for under \$50).

While the Canadian government calls for travellers to return home, they have offered no means, guides or caps on Canadian flight carriers for passengers wanting to return home, leaving these airlines free to extort and gouge citizens and leaving them in limbo. My losses for this trip have easily doubled the overall cost. Fellow Canadians have been left to pay \$4,000 (well over four times as much as a standard ticket) to



PHOTOS SUBMITTED BY BRYAN MYSKIW
Ayutthaya near Bangkok.

return home.

The Canadian government has stated that travellers must self-quarantine for two weeks after returning home, some provinces enforcing it with hefty fines starting at \$2,000 and working their way into tens of thousands (as if the lack of guidance and inflated flight tickets weren't enough). Yet, they remain unable to contact in cases where self-isolation is not an option for those who have elderly parents or grandparents or live with others. The phone lines for call centres remain cut off. Calls answered with surpassing call volume messages has become the only voice to be heard on the other line.

The government's offer of a \$5,000 loan for travellers to return is as helpful as a rock in a shoe. Many travellers I have met have echoed the same response that some at home have asked: how do you pay off a loan when you've been laid off from your job?

For some travellers, they are now required to absorb flight and hotel cancellations, new flights and daily modifications in their travels nearly \$8,000.

As of today, I now currently have six airline flights to contact to inquire about possible or partial reimbursement.

When I boarded the flight, I found that more than a handful of economy seats remained empty. Although they were available, Thai Airlines would not sell them, insisting only the business class seat remained available.

I arrived in Thailand on the last day the Thai government was allowing tourists in without a 14-day quarantine. It is between Bangkok and Chiang Mai that I pay to split my time while I wait for my flight back home, which was tentatively scheduled in 10 days' time.

> VENUS, FROM PG. 13

has descended upon us there is one constellation that stands out in April. This constellation, a collection of stars, is Leo (the Lion). It can be seen high above the southern horizon. I find that Leo is one of the few of the 88 constellations that actually looks like its namesake — a lion with its mighty head facing west as it moves across the sky all night long this time of year. Most of the other constellation patterns require more (sometimes much more) imagination to picture their forms in the night sky. Leo is one of the 12 zodiac constellations meaning that from time to time all of the planets pass in front of this constellation. The bright star Regulus marks

the heart of the Lion.

The full moon is at its closest to us in 2020 on April 7 at a distance of 356,907 km (221,772 miles). Expect the phrase "supermoon" to be tossed around by the media. About an hour before sunrise low to the southeast the last quarter moon can be found to the right of Jupiter on April 14. On the 15th the moon will have moved to a point just below Saturn. By the 16th the moon will be positioned to the lower left of Mars. By the 26th the crescent moon will be located to the left of Venus above the western horizon after sunset. A comet that may reach naked eye visibility in May this year is Comet C/2019 Y4 (ATLAS). At present, being cautiously optimistic, this comet may

attain a magnitude range between 5th and 4th magnitude. For comets there could be large discrepancies between the observed and predicted brightness because of their highly dynamic behavior. This means that comet brightness is very finicky, flare up or fizzle out. Memories of Comet Kohoutek's disappointing display in 1974 comes to mind when I talk about comet behaviour! I will be watching this one and will give an update in next month's article.

Clear Skies

Ted Bronson is an avid local astronomer who has been observing the sky since 1964. This column "Guide to the Galaxy" appears monthly.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

CRJHL still strong after second season

By Brian Bowman

The Capital Region Junior Hockey League's second season was just as successful as its inaugural one.

All five teams were competitive throughout the season with many of the games close on the scoreboard.

Scores were even tighter in the playoffs before Hockey Canada made the announcement of cancelling all games last month due to the coronavirus.

"Pretty much on any given night, any team could beat another," said CRJHL vice-president Cliff Malzensky last Thursday.

It was an extremely unusual way to end a season.

"Before the Hockey Canada decision came down, St. Malo and Selkirk were going to start the finals, (but) they decided to take a two-week break and see how this works out," Malzensky said. "Then the next day, Hockey Canada's decision came down. We already made the decision to sit out a couple of weeks."

It was a very tough way to end the season for the players, especially those in their final season of junior



PHOTO BY LANA MEIER

The Capital Region Junior Hockey League enjoyed another successful season in its second year of operation.

hockey.

"It's tough but it was the right decision," Malzensky said. "The players, especially the 21-year-olds (on Selkirk and St. Malo), they may never get another chance to win a championship."

The league was set to play its best-of-seven final series between the Selkirk Fishermen and St. Malo Warriors.

Both of those talented teams finished first and second, respectively, during the regular season (with just

two points separating them).

The final series would have been a doozy.

"They're the two premier teams in this league, for sure, this year," Malzensky said. "They both play clean and they both play hard. It would have been a good series."

Meanwhile, the league is looking to expand the number of teams for next season. The deadline to apply to enter the league was this past Tuesday.

All franchise applications and presentations will be reviewed during the annual AGM meeting, which is tentatively scheduled for the middle of this month.

"There were some Junior 'C' teams looking, inquiring about joining us and another team from another league was thinking," Malzensky noted. "But none of them have stepped up yet and with all of this coronavirus stuff it has put a hold on everything."

"We would like to eventually get to 10 (teams) but you need baby steps. You need to get the sixth before you get the seventh."

2020 Softball Manitoba Hall of Fame induction dinner postponed

Submitted by Manitoba Softball Hall of Fame

The Manitoba Softball Hall of Fame and Museum Inc Board of Directors has made the decision to postpone the annual Softball Hall of Fame Induction dinner originally scheduled for May 9 at the Victoria Inn in Brandon.

It will now be held on Sept. 19.

"We feel it was a necessary and responsible decision given the current public health concerns in our country," read a media release. "Our board was unanimous in support of the decision to postpone. We also appreciate the support of Softball Manitoba and the Victoria Inn in making this difficult decision."

"Manitoba Softball Hall of Fame and

Museum Inc. express their sincere appreciation to Victoria Inn Brandon for their assistance and co-operation in rescheduling the banquet. Victoria Inns is a valued partner with the Manitoba Softball Hall of Fame, and we look forward to continuing our relationship with them when life returns to normal."

The 19th-annual induction banquet

will honour six individuals and two teams into the Manitoba Softball Hall of Fame.

Tickets, at a cost of \$75, are available from Les Newman at 204-235-1674 or email lnewman@live.ca. Previously purchased tickets will be honoured on the new date or, if you require, tickets can be returned for a full refund.

Bisons to hand out year-end awards online from March 30 to April 10

Submitted by Bison sports

The 2019-20 season is in the rear-view mirror for the University of Manitoba Bisons varsity teams.

It was another athletic year full of success, with five of the eight teams in fall and winter sports qualifying for conference playoffs.

On top of team success, there were numerous individual medals, international recognition and major U SPORTS and Canada West award winners during the season.

In a regular year, now would be the time to honour the best of the Bisons

at our Brown and Gold banquet. With the sports world on pause due to COVID-19, though, Bison Sports asserts the importance of physical distancing and will be taking a different approach to handing out year-end hardware to our coaches, team staff and student-athletes.

Over the next two weeks, Bison Sports will be announcing 2019-20 team MVPs and major award winners through our website (gobisons.ca) and on Twitter, Facebook and Instagram (@umbisons).

From March 30 to April 3, we will be

announcing each Bison team's Most Valuable Player from the 2019-20 season.

From April 6 to 10, major awards will be announced:

April 6: Teammate of the Year (new for 2019-20); Male and Female Rookies of the Year

April 7: Pat Gill Legacy Award

April 8: Coach of the Year; Assistant Coach of the Year

April 9: Male and Female Leadership and Community Development Awards

April 10: Male and Female Athletes

of the Year

The announcements will include video, statistical achievements, and words from coaches and athletes closest to the award winners. For Rookie of the Year and Athlete of the Year, finalists will be revealed in the morning with the winners in the afternoon.

For more information on the Brown and Gold rollout, contact John Gaudes, sports information and digital media co-ordinator for Bison Sports at john.gaudes@umanitoba.ca or 204-297-6259.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

MHSAA cancels all provincial championships and sports activities

By Brian Bowman

The Manitoba High Schools Athletic Association has cancelled all provincial championships and sports activities for the remainder of the school year.

The announcement was made on its website earlier this week.

"Due to the ongoing COVID-19 pandemic the provincial championships for badminton, baseball, fast-pitch, soccer and track and field have been cancelled," read a statement. "In addition, all school sport activities involv-

ing lacrosse, rugby and ultimate are also cancelled."

The MHSAA also postponed its annual Hall of Fame Induction and Luncheon which was originally scheduled for May 9 in Winnipeg.

"The MHSAA is committed to protecting the health and safety of our student-athletes, staff, coaches, member-schools and the health of all of our fellow Manitobans."

Basketball and hockey provincials were forced to be cancelled last month. That was a tough - but a very

necessary - decision.

"It was heart-breaking and my heart goes out to all of them in hockey and basketball that we had to cancel so abruptly," said MHSAA executive director Chad Falk last Friday afternoon. "Especially the Grade 12s who were making a run and this was their year."

The MHSAA plays a vital role in providing outstanding athletic opportunities to high school students in the province. Many lifelong memories are made in high school sports.

"We have 11 official sports and four or five demonstration sports so there's a wide range of activities from September to June," Falk noted. "A lot of them participate in multiple sports throughout the year. It's a huge piece of the sports pie in this province and, at times, it can certainly be taken for granted. This decision we had to make and the disappointment that was out there, you can't take (the MHSAA) for granted any longer, that's for sure."

Skate Canada Manitoba announces award winners

Submitted by Skate Canada Manitoba

Skate Canada Manitoba announced their 2019-20 annual award recipients last Wednesday.

Due to the COVID-19 pandemic and the social distancing strategies to keep all Manitobans safe we unfortunately have cancelled our annual awards gala evening. We will be sharing information about the award recipients on our social media platforms in the coming weeks.

The first set of recipients were selected from nominations submitted by our members throughout the province in skater, coach and volunteer

categories:

Skate Canada Manitoba CanSkate Athlete Award – Jagger Hepp from Skate Thompson

Skate Canada Manitoba STARSkate Athlete Award – Lauren Ginter from the Morden Figure Skating Club

Skate Canada Manitoba CompetitiveSkate Athlete Award – David Howes from Skate Winnipeg

Skate Canada Manitoba Program Assistant Award – Caitlin Muir from Skate Stony Mountain

Skate Canada Manitoba Volunteer Award – Lorraine Dewar from the

East St. Paul Figure Skating Club

Skate Canada Manitoba Volunteer Coach Award – Cindy Mahoney from Skate Virden

Skate Canada Manitoba Officials Award – Megan Maxwell from the Hazelridge Skating Club

Several other award/bursary recipients were also announced.

Skate Canada Manitoba Honour Society Induction – Miranda Edwards from Brandon Manitoba

Ian Carmichael Memorial Award winner is Kaitlin Smith from the Roblin Figure Skating Club

Manitoba Open Junior Artistic

Award winner is Lily Hammond from Skate Stony Mountain

Manitoba Open Senior Artistic Award winner is Paige Dryden from Skate Virden

Skate Canada Manitoba Sectional Merit Award Recipient – David Howes from Skate Winnipeg

Skate Canada Manitoba SynchroSkate Athlete Award – Jayde Jonasson from the Morden Figure Skating Club

Manitoba Open Bursaries awarded to Megan Dryden from Skate Virden; Jayla Butcher from Skate Stony Mountain and Alison Convery from the Morden Figure Skating Club.

Volleyball Manitoba spikes provincials

Submitted by Volleyball Manitoba

In further response to the on-going uncertainty of the COVID-19 pandemic, Volleyball Manitoba has made the difficult decision to cancel our 2020 Provincial Championships.

Our Provincial Championships were scheduled over the weekends of April 18-19 through May 9-10 with events in Winnipeg, Brandon and Niverville.

Earlier, Volleyball Canada made the decision to cancel their 2020 National Championships that were scheduled

for May.

Although our office is currently closed, our staff continues to work remotely and we will be in communication with all teams regarding provincial championship refunds within the next week.

"We are all extremely disappointed that the club season has been prematurely cut short, but this decision was made in consideration of the ongoing health and safety of our members and of the community at large," read

a media release. "All indications related to this pandemic show that public health restrictions will continue for a while to come."

We sincerely commend and applaud the efforts made by all athletes and coaches during this shortened club season, and we all look forward to when we can take to the court again with our friends and teammates. But until then, and as we remain hopeful that the situation starts to resolve as quickly as possible, let's all continue to

do our part to reduce the spread and chances of exposure to COVID-19.

As we move forward we will continue to monitor all appropriate medical and public safety advice and will resume our next programs, including beach leagues and tournaments and provincial team camps and training, as soon as it is appropriate and prudent.

We thank everyone again for your patience, commitment and support during this time.

Classifieds

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

METAL RECYCLING
Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL
Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

APARTMENT FOR RENT
Age 55+ Apartments -INWOOD SENIORS LODGE bachelor & 1bdm suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: inwoodm@highspeedcrow.ca

FOR RENT
Approx. 90 acres of hayland for rent to harvest hay. Open to reasonable offers. This land is flat and wasn't hayed last year. Between Arborg and Riverton. Ph 204-805-0891.

FIREWOOD
Firewood for sale - cut & split, 14" - 16" in length. White popular. Taking orders for now & fall deliveries. Ph Lonnie at 204-886-3407 or cell. 204-861-2031.

HELP WANTED
Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

BOOKKEEPING
Prairie Bookkeeping offers bookkeeping solutions to small business 204-998-4789.

INCOME TAX
Prairie Bookkeeping offers personal & small business income tax preparation. Certified to efile with CRA. 204-998-4789.

MISCELLANEOUS
Covid-19. Do you need to tell the public something right now? Guarantee that your information is seen. The blanket classifieds reach over 400,000 Manitoba readers weekly. For as little as \$189 + GST, get your important messaging out! Business changes, the need for staff (class 1 drivers?), items for sale in a hurry, cancellations. As people are increasingly staying home, they will rely on this information even more to stay informed in your area and across the province. Keep people in the loop. The 48 weekly community newspapers can help. Call this newspaper now or email classified@mcna.com for details. MCNA 204-947-1691. www.mcna.com

LAWNMOWER
New Holland LS35 riding lawnmower with deck & rototiller, blue, 2015, \$2200. Ph 204-792-0470.

LIVESTOCK
KLCC Charolais has purebred registered yearling bulls for sale. For more information call Ken at (204) 376-2418.

For sale - purebred yearling Charolais bulls & purebred yearling Black Angus bulls. Also - one 24' Sokoal 5th wheel cattle trailer for sale. Ph 1-204-280-0122.

HEALTH
Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

SHOP LOCAL
Support Local Business

HIP/KNEE Replacement?
Other medical conditions causing TROUBLE WALKING or DRESSING?
The Disability Tax Credit allows for **\$2,500 yearly tax credit and \$20,000 Lump sum refund.**
Take advantage of this offer.
Apply NOW; quickest refund Nationwide!
Expert Help: 204-453-5372

Trailers, Truckbeds & Tires
• Full Repair and Safeties
• Vehicle Parts, Tires & Wheels
• Vehicle & Trailer Parts & Batteries
• Sales, Financing & Leasing
• Best Products - Best Prices!

KALDECK TRUCK & TRAILER INC.
Hwy #1, MacGregor, MB
1-888-685-3127
www.kaldecktrailers.com

TOWN OF STONEWALL
2020 FINANCIAL PLAN
PUBLIC HEARING

In accordance with Section 162(2) of The Municipal Act the Town of Stonewall shall hold a PUBLIC HEARING to present the 2020 Financial Plan for the Town on:

Wednesday, April 22, 2020 at 6:30 PM
Sunova Room, Quarry Park Heritage Arts Centre
166 Main St, Stonewall, MB

PLEASE NOTE ADHERANCE TO SOCIAL DISTANCING
WILL BE REQUIRED

The Town of Stonewall 2020 Financial Plan consists of:

1. The 2020 Operating Budget
2. The 2020 Capital Budget
3. An estimate of the Operating Revenue and Expenditures for the following fiscal year (2021), and
4. A five (5) year Capital Expenditure Program (2021-2025)

The purpose of the PUBLIC HEARING is to allow any interested person to make representation ask questions or register an objection in respect of the Town of Stonewall 2020 Financial Plan.

Copies of the financial plan will be available for review and may be examined by any person on the Town of Stonewall website at www.stonewall.ca on April 3, 2020.

Dated this 1st day of April, 2020
Wally R. Melnyk, CMMA, CPA, CGA
Chief Administrative Officer
Town of Stonewall

THE RURAL MUNICIPALITY OF ST. LAURENT
PUBLIC NOTICE

Public Notice is hereby given pursuant to Section 162(2) of The Municipal Act that the council of the Rural Municipality of St. Laurent shall hold a PUBLIC HEARING to present its 2020 Financial Plan on:

Thursday, April 16, 2020
7:00 p.m.
St. Laurent Recreation Centre

At this time Council will present the proposed 2020 Financial Plan for the municipality. The presentation will provide an overview of the proposed financial plan followed by a forum for questions and comments from the public. The purpose of the hearing is to allow any interested person to make a presentation, ask questions or register an objection.

Draft copies of the Financial Plan are now available upon request by calling 204-646-2259 or emailing rmstlaur@mymts.net at the Rural Municipality of St. Laurent Office, 16 St. Laurent Veterans' Memorial Road, in St. Laurent, Manitoba.

NOTE: Due to the COVID-19 crisis, we will be ensuring that recommended and required rules for social distancing that evolve can be achieved at all times. If you wish to attend this public hearing **you are required to register** before 4:30 p.m. on Thursday, April 16, 2020, or you may mail, email, or fax your questions, concerns, and/or comments regarding the proposed financial plan to us by the same deadline.

Call: 204-646-2259 Email: rmstlaur@mymts.net
Fax: 204-646-2705 Website: www.rmstlaurent.com

Dated this 30th day of March, 2020.
HILDA ZOTTER
Chief Administrative Officer
Rural Municipality of St. Laurent

VILLAGE OF DUNNOTTAR
PUBLIC NOTICE
Meeting Change

TAKE NOTICE THAT the Regular Council Meeting scheduled for **Wednesday, April 15, 2020**, has been changed to **Thursday, April 9, at 10:00 a.m.**

By Resolution No.2020 026
J. M. Thevenot C.M.M.A.
Chief Administrative Officer
Village of Dunnottar

Teulon
GOLF & COUNTRY CLUB

NOW HIRING!

Teulon Golf & Country Club is looking for responsible, highly motivated, team oriented individuals for the upcoming golf season. We are currently accepting resumes for all positions.

Proshop
Driving Range
Grounds / Maintenance
Clubhouse Restaurant
Beverage Cart
Snack Shack

Please email your resume and cover letter:
Janis Dola
General Manager
teulonacc@mymts.net

We thank all that apply, however only those candidates selected for an interview will be contacted.

ASHERN Home Hardware
IS HIRING!

2 - Full Time Seasonal Summer Positions

Ideal candidate is a Post-Secondary student, but open to all interested applicants. May 1 - August 31, some flexibility in start and end dates. Must be able to lift 50 lbs. unassisted. Class 5 driver's license would be a strong asset.

Drop your resume at
#28 Railway Avenue, Ashern, or e-mail to:
jason.carpenter@homehardware.ca
Deadline for applications is April 18.

Everything you need to promote your business

Call Today!
467-5836

Interlake Graphics
For all your printing and publishing needs

ROYAL LEPAGE FARM DIVISION
WE SELL FARMS

GRAINLAND
11429

- 362 total acres
- E&F rated soil
- Near Lakeland

CONTACT
SHELDON FROESE
204.371.5131

GRAINLAND
11776

- 482 total acres
- G&H rated soil
- Near Langruth

CONTACT
DOLF FEDES
204.745.0451
www.farmdivision.ca

CARD OF THANKS

Balmoral Recreation Centre - congratulations to our Club 200 draw winners, March 26, 2020: \$250 - Alexa Loehmer; \$250 - Darlene and Garth Dallman; \$250 - Gavin Holod; \$250 - Leonard McKnight; \$500 - Doug Grantham; \$500 - Garnet and Bunny Thievin; \$500 - Kathie Watts; \$500 - Wes Taplin; \$1000 - Brian Couch; \$2000 - Charlotte and John Peach; \$4000 - Bruce Oughton. Thank-you to everyone that bought and sold tickets. We appreciate your support.

-Balmoral Rec Centre Board of Directors

IN MEMORIAM

Lynn Lillebo
In Loving Memory
of my wife, our mother and grandmother
who passed away
March 31st, 2002

Remembering you is easy,
We do it every day;
But missing you is the heartache,
That never goes away.
We hold you forever in our hearts
And there you will remain.

-Always loved and sadly missed by
Your husband Les;
Children Kent, Shana and Lawrence, Jill and Adam;
Grandchildren Corbyn, Caylin, Bren and Addison

IN MEMORIAM

In Loving Memory
Of my dear husband, father, grandfather
and great-grandfather,
Dave Fisher
who passed away
March 30, 2003

Softly the leaves of memory fall,
Gently we gather and treasure them all;
Unseen, unheard, you are always near,
So loved, so missed, so very dear.
Deep in our hearts your memory is kept,
We love you too dearly to ever forget.

-Lovingly remembered and sadly missed,
By your wife Joan, and family

IN MEMORIAM

SMITH, John (Jack)
In loving memory of our Father
who passed away March 26, 1985.
-Forever remembered by son Richard and his wife Sheelagh, children Sheena and Shawn and daughter Judy, husband Ken Paluk, children Wesley and Trevor

IN MEMORIAM



Kaylee Atchison-Heaps
December 5, 2011 - April 3, 2018
Missing you so much daughter
You left us broken hearted
Not knowing what to do,
But now we find such comfort
In memories of you.
The legacy you left us
Was of happiness and love
And that shines on forever
From the glorious skies above.
You brought joy and beauty
From the moment of your birth,
Now in Heaven you're an angel
Just as you were on earth.
-Love Mom, Dad, Riley and Tanner

OBITUARY

Eva Pearl Olson (nee Langrell)
1928 - 2020

Celebration of Life for Pearl Olson May 1, 2020 at Warren, MB. has been cancelled for now. A revised date will be determined at a later date.

OBITUARY

Ralph Stanley Trombo
December 16, 1934 - March 26, 2020

It is with deep sadness that we share the loss of Ralph Stanley Trombo. Ralph was born in Brokenhead, Manitoba and was predeceased by his parents Stanley and Mary Trombo. Ralph will be lovingly remembered by his wife Joan of 59 years, daughters Angela (Bruce) and Pamela, son Ryan and granddaughters Emily (Wyatt) and Britni (Elliott).

Ralph's career in teaching started as a Permit Teacher in Hoey West. He completed Normal School, Bachelor of Education and Bachelor of Arts at the University of Manitoba. His teaching career continued in Tyndall and in 1956 he accepted a teaching position in Teulon. In 1959 he became Principal of Teulon Elementary School until he retired in 1990.

Ralph spent his time volunteering in the community and sat on many executive committees' as well as being a director. His volunteered time was devoted to the Teulon hockey and baseball clubs, Teulon District Agricultural Society and Museum, Teulon Chamber of Commerce, Interlake Teachers, Retired Teachers' Association and Manitoba Permit Teachers' Association, Teulon United Church Board and Trustee, Green Acres Park Board and a 4-H leader. He was awarded the Honorary Life Member from the Kinsmen Club of Teulon in 1981.

Ralph's gift was playing music by ear and writing songs for special occasions. His dream came true when he helped organize and played with Willy and the Boys Band and the Goldenaires for senior residences and dances.

Ralph's joy was spent, spending time with his family, relatives and friends. Ralph and Joan travelled extensively and decorated their Christmas tree with ornaments from their trips. Ralph's greatest pride was attending activities that his children and grandchildren participated in.

Ralph's friendships that he made over the years were long lasting and he treasured each and every one. Ralph's love for nature was indicated by the many bird feeders that he kept full. He had a great sense of humour and wit. Ralph lived his life's dash to the fullest with adventures and journeys and our lives were a better place with him in it.

Our family would like to thank Dr. Graham, Stonewall and Eriksdale Hospital staff and MacKenzie's Funeral Services.

Due to COVID-19 a private immediate family service will take place on April 1, 2020. Celebration of Ralph's life will be held at a later date.

In lieu of flowers donations can be made to Teulon and District Museum, Box 44, Teulon Manitoba, R0C 3B0, or Teulon Food Bank, Box 13, Teulon Manitoba, R0C 3B0.

MACKENZIE FUNERAL HOME TEULON
(204) 467-2525 • info@mackenziefh.com



OBITUARY



John Arthur Oliver
April 29, 1937 - March 22, 2020

After a lengthy fight with dementia, it is with heavy hearts that we announce the passing of our brother John, at the Rosewood Lodge Personal Care Home, Stonewall, MB.

John grew up on the family farm in Lake Francis, later securing work at Atomic Transfer in Wpg. retiring in 1997.

Left to mourn his passing are his sisters Doreen Hill, Audrey MacMillan (Bruce), Eileen Fudge (Albert), Shirley Calvez (Albert), Linda King (Willie); his brothers Elmer (Gwen), Lawrence, Leonard (Anita), Edgar, Willie (Joanne) and brother-in-law Bill Hallett.

Predeceased by his parents Maja and William and sister Florence Hallett and brother-in-law Robert Hill. He will be remembered by his many nieces and nephews for always having treats for them, Morden's Chocolates and Easter bunnies.

We know you are now sitting in comfort and in peace, enjoying your favorite (a white seal beer) with Teddy and Nipper by your side.

The family would like to extend our heartfelt thanks to the caregivers at Rosewood Lodge.

In an effort to comply with social distancing because of Covid -19 a private burial will take place.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • info@mackenziefh.com



OBITUARY

Paulina Chapman (Nee Lotecki)

It is with heavy hearts that we announce the passing of Paulina Chapman, on Saturday, March 28, 2020. Paulina passed peacefully at Selkirk Regional Health Centre at the age of 86 years. Born in Melrose, Manitoba, Paulina lived most of her life in Stonewall, Manitoba.

Paulina loved her family and her faith and was always there for anyone who needed support, guidance or a friend.

She is survived by her son Donald Chapman, Sharon Chapman (Kevin Adam) and grandchildren Gieun Chapman (Michelle), Soyun Chapman (Jesse), Nahyun Arnal (Joel) and Parker Adam (Bryn). She is also survived by her sisters Francis, Kathy, Julie, Cecile as well as numerous nieces, nephews, relatives and friends. She is predeceased by her son William Chapman (Billy) and daughter-in-law Myunghee Chapman.

In keeping with her strong belief in God and the Holy Spirit, a mass will be held in her honour at a later date. A second announcement will be made at that time. The family would like to thank the staff of Stonewall & District Health Centre and Selkirk Regional Health Centre for their compassionate care recently and over the past number of months.

Special thanks also go to her neighbours and dedicated friends who have always been there to support her.

Donations, in lieu of flowers, can be made to her church, Christ the King Parish, Box 1159 Stonewall, Manitoba R0C 2Z0.

MACKENZIE FUNERAL HOME STONEWALL
(204) 467-2525 • info@mackenziefh.com



Biz Cards
Advertising that Works! To place your BIZ CARD call 467-5836

AirWise Home
Your Heating, Cooling and Geothermal Specialists
204-467-9578
info@airwiseinc.ca www.airwiseinc.ca

KINDRET LANDSCAPE GROUP **GUARDIAN TREE SERVICES** **KINDRET LANDSCAPING INC.**
FREE CONSULTATIONS
COMMERCIAL & RESIDENTIAL SERVICES
- Architecture, Design, Landscape, Concrete, Arborist Services.
Matthew Dyck
204-509-9564
matthew@kindretlandscaping.com
www.kindretlandscapegroup.com

Doctor DECAL
204-467-9405
drdecal@mymts.net
ALL WORK DONE LOCALLY ON SITE
330 Main St. Stonewall, MB
www.doctordecal.ca

- Signs • Banners • Posters
- Billboards • Awnings
- Sign Holders
- Vehicle Graphics
- Wraps • Magnetics
- Laser Engraving
- Awards • Medals • Plaques
- Glassware • Rubber Stamps
- Name Plates • Lamacoids
- Promo Items
- Personalized Gifts
- Grad • Anniversary • Birthday
- Weddings • Showers • Mother's & Father's Day Etc.

Biz Cards



Advertising that Works! To place your BIZ CARD call 467-5836

PIPE DREAMERS
PLUMBING & HVAC/R

- Renovations • Repairs/Service • New Installs • Heating
- Air Conditioning • Water Treatment • Drain Cleaning
- Gas Fitting • Contracting • Refrigeration

CHASE BORGSTROM
204-990-1299
PIPEDREAMERSHVAC@GMAIL.COM
PIPEDREAMERSPLUMBING2019@GMAIL.COM

KYLE SCRIVENS
204-482-3939

WIRELESS INTERNET

Quick STREAM

Hi-Speed Internet
Broadband Residential
and Commercial Connections

www.quickstream.ca
1-866-981-9769

stonewall chiropractic centre

Also
Acupuncture • Custom Orthotics • Massage Therapy

Billing to Autopac, Blue Cross, WCB
204-467-5523

Odd Fellows Hall

- Weddings • Socials • Showers • Meetings
- Capacity 220 persons • Kitchen available

374 1st St. West, Stonewall
Hall 204-467-5556
stonewalldoddfellows@gmail.com

RENT IT FROM **G&A Rentals** Husqvarna

Lawn & Garden
Small Engine Service
7 Patterson Dr., Stonewall, Industrial Park
204-467-RENT (7368)

BOONSTRA FARMS

RV Sales
204-941-0228
204-467-8480 • www.boonstrafarms.com

SHERLOCK TREE REMOVAL

Pruning • Stump Grinding • Chipper

Licensed Arborists
Fully Insured - Claim Free
30 years Experience

Vince 861-0487
Darren 861-0028

FULLHOUSE MOVERS

ALEX FOTTY

HOME: 204-467-2419
CELL: 204-461-2352

NOTHING BEATS A FULLHOUSE MOVE

Electro Wright
CONTRACTING INC.

Derek Fotty
Ph. (204) 467-RITE(7483)
Fax. (204) 467-2000
Email. electrowright@mts.net

24 HR Emergency Services
Electrical Contractors

MAXWELL'S PROFESSIONAL PAINTING
COMMERCIAL/RESIDENTIAL

Cell: (204) 792-0675 or (204) 467-5008
Email: maxpro@mts.net
Box 275, Stonewall, MB ROC 2Z0

WOODROYD MACHINE WORKS

Adam Epp - Owner/Journeyman Red Seal Machinist

Full Service Machine Shop Shop 204-383-5812
• General Repairs • Prototyping Cell 204-461-4209
• Short Production runs woodroydmachine@gmail.com

INTERLAKE INSULATORS

BALMORAL, MANITOBA

- Spray Foam
- Blow In

FREE ESTIMATES

Brent Meyers
204-461-4669
interlake_insulators@hotmail.com

SPRAY FOAM SPECIALISTS

GRANTHAM LAW OFFICES

Lawyer & Notary Public

STONEWALL OFFICE:
#1-278 Main St., Stonewall 467-5527

Rockwood Landscaping & Tree Service

- Complete Landscaping
- Barkman Concrete Products
- Concrete Breaking
- Aerial Tree Pruning & Removal
- Chipping
- Stump Grinding
- Tree Planting
- 24HR Storm Service
- Snow Removal
- Skid-Steer
- Compact Track Loader
- Excavator
- Bucket Truck

Manitoba Certified Arborist
VISA MONTROVIA

467-7646
Free Estimates

Home pride renovation

We take pride in your renovation

Homepridereno@gmail.com

(204) 513-0041
Residential & Commercial

Renovations • Repairs • Maintenance • Landscaping

NAPA AUTOPRO

Brake Family Auto Sales & Service Ltd.

Auto Service • Maintenance & Repair
Used Vehicle Sales

napaautopro.com

214-2nd Ave North, Highway 67
Stonewall 204-467-9156

LIGHT - HEAVY DUTY TOWING
Proudly Serving Stonewall, Warren & Surrounding Areas

COUNTRY TOWING

CAA MPI

countrytowing@mymts.net 204-990-4718

Ritchie & Perron PLUMBING HEATING LTD.

ritchie_perron@live.ca Red Seal Certified
Stonewall, MB Certified gas fitter
Residential/Commercial

Ryan 230-4674 Trevor 232-6263

PLUMBING

Commercial & Residential
New Installation & Service
Plumbing & In-Floor Heating
Water Softener Installations
Water Filtration/
Reverse Osmosis

PATTERSON MECHANICAL LTD.

RILEY PATTERSON
Journeyman Plumber
Cell 204-461-0035

ALICE ROOFING LTD

Complete Roofing Services

- Residential • Agricultural

Licensed and Insured

204-757-9092
www.aliceroofing.ca

Roof Express Ltd.

Complete Roofing Services

Licensed & Insured • Argyle, MB
Residential • Agricultural

204-774-2030
www.roofexpress.ca

TIM Taylor Made
Bookkeeping Services

MARC VAN HUSSEN
mvanhussen@tmbookkeeping.ca

CARENA OZIRNEY
carena@tmbookkeeping.ca

PH: 204.414.1546 tmbookkeeping.ca

INTERLAKE EAVESTROUGHING & SIDING INC.

Siding, Eavestroughing, Soffit,
Fascia, Capping, Windows

Free Estimates • 781-0533
www.interlakeinc.ca

AE ROOFING

- Eavestroughing
- Soffit • Fascia
- Siding

Advance Exteriors

RESIDENTIAL, COMMERCIAL, AGRICULTURAL

204.461.0019 Grosse Isle, Mb
www.AdvanceExteriors.com

Heating & Cooling • Refrigeration

REFRIGERATION • HEATING & COOLING

COMMERCIAL COMFORT INC.

Residential & Commercial

Owner: Jeff Meier
461-HEAT (4328) commercialcomfort16@gmail.com

M. JONES
CARPENTRY & CONSTRUCTION

- Roofing - Shingling & Metal Roofing
- Custom - Homes, Garages, Decks • Renovations & Additions
- Concrete - Basements, Grade Beams, Slabs • Windows & Doors
- Siding, Soffit, Fascia, Cladding
- 5" Continuous Eavestrough • Insurance Repairs

MYLES JONES 1-204-461-2538
mjones_carpentryconstruction@hotmail.com

INTERLAKE TOWING

24 Hour Service
CAA & MPIC Approved

204-278-3444

PARKER CLARK
Chartered Professional Accountants Inc.

STEPHEN CLARK CPA, CA
sclark@parkerclark.ca

MARC VAN HUSSEN CPA
mvanhussen@parkerclark.ca

PH: 204.783.3118 parkerclark.ca