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Family day on ice

TRIBUNE PHOTO BY JO-ANNE PROCTER

Children enjoyed rides and winter fun on Shoal Lake during the Ernie Welburn Memorial Family Fishing Fun Day on March 14. The annual event, hosted by the Woodlands & District Wildlife Association, drew a record 228 participants who braved -12 C temperatures for a day of fishing and family activities on the ice.

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Teulon's Great Potato Giveaway a great success

By Jennifer McFee

A bounty of fresh produce brought smiles during a much-anticipated veggie giveaway in Teulon last weekend.

On Saturday, March 14, the Teulon and District Senior Resource Council hosted a large-scale free food giveaway in collaboration with Second Harvest in an effort to boost food security in the region.

All were welcome to pick up bags of potatoes, carrots and onions free of charge at the Town of Teulon garage.

Second Harvest is Canada's largest food rescue organization, working with thousands of businesses across the country to redirect food that might otherwise go to waste. For the Teulon initiative, several southern Manitoba farmers donated the veggies.

Barb Mankewich of the Teulon and District Senior Resource Council said the event was absolutely amazing.

"Unfortunately, we ran out of carrots and onions but had plenty of potatoes to distribute. Our amazing group of volunteers handed out 640 50-pound bags potatoes, 180 25-pound bags of onions and 180 25-pound bags of carrots, making a grand total of 1,000 bags of farm-fresh vegetables," she said. "The total weight of free vegetables given away totalled 41,000 pounds."

She shared gratitude with everyone who made the event such a great success.

"A huge thank you to the volunteers that directed traffic, the muscles that carried veggies to the vehicles, the volunteer collecting donations for Teulon Seniors Resource, our town foreman who unloaded the product from the



truck, Glenn Kletke for letting us use his forklift, the Second Harvest Team who helped make this happen and, of course, the farmers who donated such an incredible amount of food, Scotlynn Logistics and their volunteer driver for transporting this wonderful and amazing gift to our community," she said.

"Last but not least, thank you to all that came and waited in line to take advantage of this special gift."

The entire event amounted to a feel-good experience for everyone involved.

"It is so hard to express in words the feeling of pride while witnessing our community work together to make The Great Potato Giveaway such a great success. It was rewarding to also see the local businesses benefit from the increased traffic in our quaint little town," Mankewich said.

"Our volunteers are so looking forward to seeing you all again on Saturday, March 21 when will we be giving cases of french fries away."



TRIBUNE PHOTOS SUBMITTED

Volunteers and organizers helped distribute thousands of pounds of fresh vegetables during the Teulon and District Senior Resource Council's free food giveaway held March 14 at the Town of Teulon garage. In partnership with Second Harvest and several southern Manitoba farmers, the event provided 1,000 bags of potatoes, onions and carrots — totalling about 41,000 pounds of produce — to residents to help support food security in the region.



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STONEWALL

Stonewall jerseys give Ukrainian youth hockey players a moment of normalcy amid war

By Lana Meier

A set of retired Stonewall Blues hockey jerseys has found a powerful second life thousands of kilometres away — on the backs of young players in war-torn Ukraine.

The jerseys were donated through Canadian Friends of Hockey in Ukraine (CFHU), an organization that collects and ships hockey equipment to youth programs struggling to keep the sport alive during the ongoing conflict.

The connection between CFHU and the Stonewall Minor Hockey Association came through Wayne Babych, a longtime CFHU volunteer and St. Louis Blues Hall of Fame inductee.

Babych, who has deep connections across the hockey world, works with CFHU to secure donated equipment for Ukrainian teams.

“When the Stonewall Minor Hockey Association deemed this set of hockey jerseys for replacement, Wayne was able to secure them for CFHU with the assurance that the jerseys would find a new home in Ukraine,” said Lloyd Ballard and Vernon Zatwarnicki of CFHU.

For young players in Ukraine, receiving hockey gear from Canada carries meaning far beyond the game.

In a message sent to the organization, members of the children’s hockey team Odeschyna in Odesa expressed their gratitude.

“Dear Canadian friends,” the team wrote. “On behalf of the children’s hockey team, we sincerely thank you for the received parcels, attention and support, which are extremely important for our young athletes.

“Together, we are doing a great thing for the future of our children.”

Another youth team in Kremenchuk

also shared its appreciation.

“We sincerely thank you for your humanitarian aid and for the hockey gear for young children,” the team wrote. “Your help is immensely significant and gives children the opportunity to get acquainted with hockey and feel the support of the international community.”

Getting that equipment into the country, however, is a complex process.

Teams requesting equipment must submit an application to CFHU, which verifies the request through its international contacts. Once approved, the gear is collected, packaged and shipped overseas — usually by cargo ship — with shipments taking at least six weeks to reach Ukraine.

Recently, additional challenges have emerged at customs.

“According to Ukrainian customs, we can only send one box per address,” Ballard and Zatwarnicki explained. “If we are sending 12 boxes of hockey equipment to a team, 12 shipping addresses must be acquired and vetted for the shipping process.”

Even after clearing customs, shipments may arrive at different times without explanation.

Despite the logistical hurdles, the need for support remains significant as the war continues to disrupt everyday life in Ukraine.

Many hockey arenas near the front lines have been destroyed by bombing, and numerous families now function as single-parent households while fathers serve in the military.

Recruiting young players has also become increasingly difficult.

“Many children start playing sports at the age of five or six and more often choose soccer or other sports that



TRIBUNE PHOTO SUBMITTED

Young hockey players in Ukraine proudly wear donated Stonewall Blues jerseys after receiving equipment through Canadian Friends of Hockey in Ukraine. The jerseys, provided by the Stonewall Minor Hockey Association, give young athletes a chance to stay connected to the game despite the challenges of war.

involve less financial burden for their parents,” one Ukrainian team explained in a message to CFHU.

“The lack of basic necessities for everyday living prevents people from thinking about the development and the provision of children’s hockey.”

Still, hockey continues to offer some-

thing invaluable.

“We believe that through joint efforts we can significantly increase children’s involvement in hockey,” the message continued. “We hope

Continued on page 8

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ISD school board approves 2026-27 budget

Mill rate to increase to 12.24 to balance the budget

By Jennifer McFee

The Interlake School Division will increase its mill rate for the 2026-27 school year to account for costs that continue to rise.

The mill rate will increase to 12.24 for 2026-27 to balance a nearly \$54-million budget, up from 11.067 last year to balance a \$51-million budget. Provincial funding also increased by about one per cent. A decade ago, 48.4 per cent of ISD's budget came from provincial revenue, which has dropped to 37.3 per cent currently.

There's a \$2,910,000 overall increase from last year's budget. At the same time, there's a \$2,938,422 overall increase to salaries and benefits compared to last year.

Of this year's \$53,951,000 budget, the majority will go toward salary and benefits, ringing in at \$44,009,395 (81.57%). Another \$4,222,437 (7.83%) will go to supplies and \$3,621,209

(6.71%) will go to services. Payroll taxes, interest and transfers will cost another \$1,426,960 (2.64%), while \$671,000 (1.24%) will go to school buses.

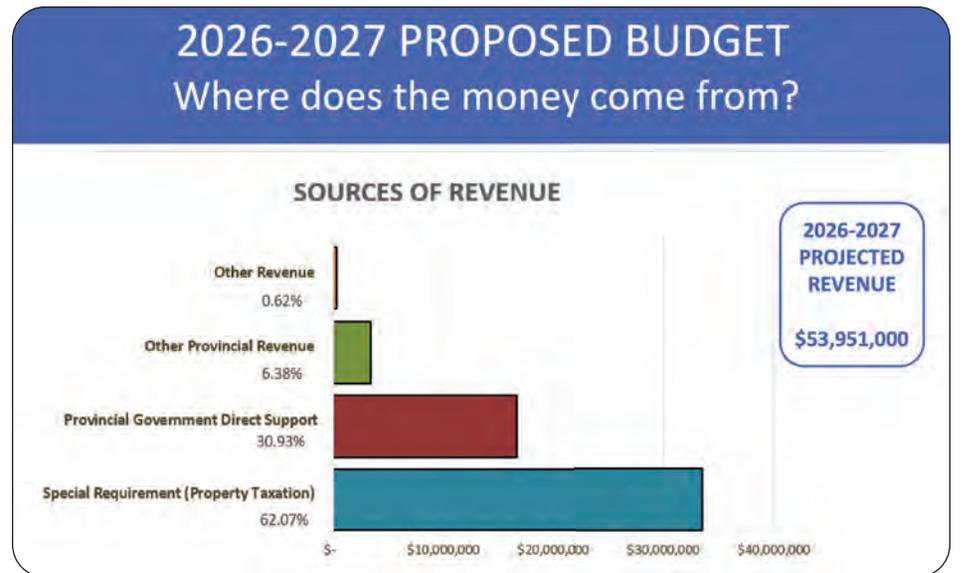
Supt. Margaret Ward noted that ISD's mill rate is consistently under the provincial average.

Primary residences qualify for a \$1,600 Homeowners Affordability Tax Credit. For homes valued at \$290,486 with 45 per cent portioned assessment, there will be no net increase to education tax. However, homes valued at \$300,000 will face an overall tax increase of \$52. For a \$400,000 home, the net education tax increase will be \$603. For a \$500,000 home, the increase jumps to \$1,154.

Ward also gave a breakdown of the impact on business property owners.

"Businesses feel tax and assessment increases the most," she said. "Why is that? They are portioned at the highest rate coupled with no provincial rebate."

With a 65 per cent portioned assessment and no provincial rebate, a \$172,100 business property will face a net education tax increase of \$1,369. For a \$376,200 business property, the



increase will be \$2,993. And for a \$551,900 business, the increase will be \$4,391.

For farm property owners with a 26 per cent portioned assessment on

a \$410,600 property, the net education tax increase will be \$784. For a \$757,300 farm property, the net in-

Continued on page 5

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> ISD, FROM PG. 4

crease will be \$1,446. And for a \$1,410,300 farm property, the net increase will be \$2,693.

"We know that somebody might actually fall in all three of these categories at once," Ward said. "You might own farmland. You have a primary residence, and you may own rental property as a secondary residence. And you might be a business owner. You might be all of those things."

Board chair Alan Campbell noted that the funding increase from the provincial government doesn't line up with continually increasing costs.

"In the grand scheme of things on a \$54-million budget, it's a negligible increase when you consider the increases that are being experienced in staffing, in salary increases from a provincially negotiated contract for our teachers and for the pre-negotiated increases for our non-teaching staff," he said. "When you look at the impact of inflation, when you look at the ongoing increases in utility costs, overall a one per cent increase from the provincial government does not keep pace."

This budget will allow the school division to maintain current class sizes and clinical services, while also increasing the allocation of teachers and support staff including educational assistants, youth support workers and administrative assistants. Teaching staff — which could also include school counsellors, learning support teachers, administrators, divisional curriculum support and divisional support services — will increase by two full-time equivalents.

This school year, the division will also add four new buses to the fleet, along with one new bus route and one additional spare bus driver. In total, 1,868 students are transported by bus in the school division. Interlake School Division buses travel more than 900,000 kilometres in total each year.

The division's school supply support will also continue for families.

"We are in the first year of the program by which Interlake School Division families do not have to purchase any school supplies in order for their students to come to school and participate fully," Campbell said. "Schools have been

empowered to purchase and provide all necessary school supplies for all students from kindergarten to Grade 12. We intend to maintain that program with some focused discussion once the fiscal year is complete."

For the first time, the school board will consider providing divisional support through school-based budgets for grad ceremony fees.

"Our three high schools in the division have grad ceremony fees that are separate and apart from what we would call safe-grad fees. The safe-grad fees — the cost for families to participate in the dinner and the dance — is separate from this," Campbell said.

"This is a fee that has been charged by the high schools for years for families to participate in the ceremony itself to cover things like equipment rentals for sound and lighting, for facility rentals in cases where they're going out of the school, to allow the school to maintain caps and gowns and any of the things that you can think of that make sure that our graduation ceremonies are the very best that they can be. The division has increased grad ceremony fees from the division direct as part of this budget for Grad 2027."

More funds will also be in place for maintaining buildings and grounds, with additional support to address safety needs.

"For the grounds improvement grant, we announced for the current fiscal year that we are going to offer \$250,000 a year as part of our annual budget that would be split between two schools. The

board is considering an increase to this amount in order to offer more money to each of the two schools and where possible to consider a third school as part of that rotation. This is something that we heard from in terms of communities that don't have the capacity to fundraise the hundreds and hundreds of thousands of dollars that are required for full-scale playground improvements," Campbell said.

"It aligns with our division's continuous improvement plan as it pertains to equitable access to public education, knowing that our communities all have very different capacities when it comes to fundraising to replace playground equipment, which should otherwise be funded by the public institution where the playground sits, which is in the playground of the public school. So we're looking at increases to that grounds improvement grant."

"THIS BUDGET IS HOLDING THE LINE ON WHAT WE BELIEVE ARE VERY GOOD SERVICES AND SUPPORTS THAT WE OFFER."

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Enrolment in 2025-26 was 2,982 students. For 2026-27, it's expected to decrease slightly to 2,958 students. For the 2026-27 school year, the projected pupil-to-teacher ratio for kindergarten to Grade 8 is 19.01 while the projected ratio for grades 9 to 12 is 19.41. The pupil-to-teacher ratio is calculated by the number of students divided by the number of classroom teachers in each building.

Currently, the school division employs 235 professional staff members, which includes teachers, administrators, program support workers and clinicians. Clinician services available to students include physiotherapy, occupational therapy, speech and language services, psychology, mental health and social work. This year, ISD plans to increase the professional staff team to 237 professional staff members for the next school year.

Interlake School Division operates 13 public schools, eight colony schools and two divisional buildings.

"This budget is holding the line on what we believe are very good services and supports that we offer for students and families," Campbell said. "There are no frivolous increases to any staffing levels or to any programs and supports."

At the March 9 board meeting, the school board approved the 2026-27 final budget.

A link to a recording of the proposed budget presentation meeting is posted on the Interlake School Division website at www.interlakesd.ca.

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Customer data hacked from Loblaw and Telus

By Patricia Barrett

Canadian companies Loblaw grocery giant and telecom company Telus were the targets of cyber attacks that resulted in the loss of customer data.

Loblaw posted a press release dated March 10 on its website about the data breach.

The company characterized the cyber-attack as a “low-level data breach” with only “basic” information exposed, and said it’s notifying its customers.

“After identifying suspicious activity on a contained, non-critical part of its IT network, the company has determined that a criminal third-party accessed some basic customer information such as names, phone numbers and email addresses,” said the company in the news release.

It did not specify when the cyber-attack occurred.

Loblaw went on to say that its current investigation has indicated that customers’ passwords, health information and credit card data “were not compromised” nor was PC Financial.

Loblaw Companies Ltd. operates thousands of stores across Canada, including grocery stores such as the Real Canadian Superstore, No Frills, Extra Foods and Dominion, as well as Shoppers Drug Mart pharmacy.

Telus was also subjected to a cyber attack that resulted in customer data being accessed, but it’s unclear when it happened and how serious it was.

No mention of the cyber attack in Telus’ Newsroom site (back to July 2025) could not be found.

In an interview with the *Canadian Press* posted on March 13, Telus said it’s investigating a cyber attack on a “limited number” of its digital systems.

Telus spokesperson Richard Gilhooley said the company will notify any customers who may have been affected.

The story did specify how many customers were or might have been impacted in the data breach nor what type of data were accessed and stolen.

In addition to cyber forensic experts, the company said it’s working with law enforcement.

A group calling itself ShinyHunters contacted an American media outlet last week, claiming it was planning to

release a large amount of data that it claimed to have stolen from Telus in August [2025?], and that the group had sent Telus a ransom note in February demanding a payment [unspecified] in Bitcoin.

The group also shared with *Reuters* news service samples of the alleged data including information about two dozen or so companies, personal data, call data, and FBI background check information. Reuters has not verified its authenticity.

Fuel prices surge in Teulon



TRIBUNE PHOTO BY STEPH MARTENS

Gas prices in Teulon have spiked to 164.9 cents per litre, following a sharp jump at local service stations in recent days. Prices rose from 141.9 cents per litre on March 5 to 149.9 cents per litre in less than 24 hours, before climbing further on March 16. The increase reflects a broader surge seen across Manitoba and Canada, largely driven by rising global oil prices amid escalating conflict in the Middle East and concerns about potential disruptions to international oil supplies.

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Registration now open for free Spirit of Caring course

By Jennifer McFee

Get in the spirit of caring through a training session focused on spiritual health.

A free nine-week Spirit of Caring volunteer education course will run on Wednesdays from April 8 to June 3 from 12:30 to 3 p.m. The location will be determined based on the communities of registered participants. Virtual sessions via Microsoft Teams will also be an option if participants are from different communities.

Through this course, participants will learn about spiritual care in health care. Other topics include death and dying, communication, spiritual development and spiritual diversity. The course will also touch on understanding suffering and compassion, as well as self-care, prayer, mediation, rituals, trauma and crisis.

"Illnesses and loss are those crisis points where our way of life and see-

ing things can be profoundly shaken and tested," said Ferdinand Funk, spiritual health services co-ordinator for Interlake-Eastern Regional Health Authority.

"It is during these moments that we ask questions about meaning, purpose, suffering, forgiveness, hope, resilience, connection with the people we love and the sacred. The Spirit of Caring course is designed to train spiritual health volunteers to journey with and support people during these crisis points."

Regular attendance and participation are requirements to be considered for a Spiritual Care volunteer position.

For more information, contact Ferdinand Funk at ffunk@ierha.ca or 204-461-3414. Visit <https://forms.office.com/r/KYubUZ5sRx> to learn more or register for free.



PHOTO SUBMITTED

Ferdinand Funk is the spiritual health services co-ordinator for Interlake-Eastern Regional Health Authority.

RM of St. Laurent approves new snowblower purchase

By E. Antonio

The Rural Municipality of St. Laurent has approved the purchase of a new snowblower attachment to improve winter road clearing operations.

Council approved the acquisition during a special meeting Feb. 24, authorizing the purchase of a 108-inch snowblower from GenAg for \$12,500 plus taxes. The equipment will be funded through the municipality's equipment reserve.

Public works requested the upgrade, noting the municipality's current snowblower no longer meets operational needs.

Three quotes were obtained before council selected the GenAg unit.

The purchase was approved while the municipality is operating under an interim budget, which restricts capital purchases unless funded through reserves or leasing.

Council also heard concerns about vehicles parked near roadways during winter months. Coun. Maurice Leclair reiterated the need for residents to move vehicles away from roads to allow crews to clear snow effectively.

A discussion around Aquatic Inva-

sive Species (AIS) sparked significant concern to council members.

"Given the approximately 13 kilometres of lakefront property within our boundaries. AIS can severely disrupt the local ecosystem, negatively impact the fishing industry and diminish the tourism experience by creating unsafe or undesirable conditions for visitors," chief administrative officer Billie Jean Oliver explained. "Proactive planning and mitigation efforts are essential to prevent the introduction and spread of new AIS in Lake Manitoba."

In other business, council gave first reading to a zoning bylaw amendment that would rezone a property in NE 9-16-4W from agricultural restricted to seasonal recreation.

The municipality also confirmed acceptance of a \$7,500 contribution from the Association of Manitoba Bilingual Municipalities to support bilingual services and renewed its annual \$600 membership with the organization. Oliver explained that the funding supports bilingual services by ensuring services can continue to be offered in both English and French.

"This includes ensuring the timely translation of council minutes, en-

couraging and support individuals who wish to learn French and upgrading community signage to reflect both official languages," she added.

Other funding discussions include seeking funding for approximately 5,000 books to add to the new library. These books would include French and Michif language content ensuring they have sufficient resources.

"We are excited to have our library offer content that reflects who we are as a community," Oliver said, noting 5,000 books is the baseline requirement to be considered a "fully functional" library. If funding is achieved, the next steps would be sourcing the books.

Council is also seeking funding for accessibility enhancements within the municipality. Potential projects include improving both interior and exterior accessibility to buildings, working with recommendations from the economic development officer.

Other economic development priorities for the year include securing provincial property required for the lagoon expansion and collaborating

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Lent: a season to be savoured?

"...was led by the Spirit in the desert..." (Luke 4:1b)

We are halfway through a liturgical season in the church called Lent. The season of Lent is a time when we are called to give more than a cursory glance at the way we live our lives in the light of the love and grace of God we have found in our lives. This coincides with the changing of the season around us. We move from winter to spring. From less daylight to more daylight in our lives. Metaphorically speaking, Lent is a way of allowing the light of God to penetrate the darkness of our beings. 'Darkness'.. did you say? Oh, we are not supposed to use words like this. Is it a misnomer? Human existence has always had to deal with the messiness of human living. We prefer to sweep it under the carpet or, worse still, behave as though our malady didn't exist. In certain church traditions, forty days are made available for the people to undertake practices that would remove the dross from within and enable them to find a higher ground in life. These practices can vary from person to person but are generally conditioned by prayer and fasting. The latter is undertaken carefully and is advisable to undergo after one is medically certified by a professional practitioner, in certain cases. The point is that we are very happy to go from Ash Wednesday to Easter without having to undergo any preparation of any sort. And worse still, it would mean reducing Easter to another day of festivity ornamented in a family setting. In a world where nothing stays static, God's call in our lives is always to be renewed. Spring sees the transformation of nature around us. What about being transformed in this season of Lent? The major problem, however, lies with ourselves. We fail to respond to this call because we fail to pay attention to what is happening deep within ourselves. We are prone to overlooking the deeper feelings and inner motives that govern our lives. In this season of Lent, we are challenged to grow and be transformed. We see Jesus the Christ go through a period of forty days when he is driven into the wilderness by the Spirit of God. Even though the wilderness was a real desert for him, for us, metaphorically speaking, our deserts may look different. Our wildernesses may be when we have a problematic situation which doesn't seem to ever mend or a battle which continues to rage within or a loss we've faced that makes life meaningless. These are just a couple of situations. The experience of Lent, when led by the Spirit (of God), will cause us to deal with these difficult choices that life throws at us and much more. May this season of Lent lead to breakthroughs!!

Rev. James A Gomez.

(Church of the Ascension, Stonewall; Email: cotaminister@gmail.com &

St. Paul's Middlechurch, West St. Paul; Email: spmcmminister@gmail.com)

Continued on page 8

Access Credit Union named one of Manitoba's Top Employers for 12th year

By Haley Cvar

Access Credit Union has once again been recognized as one of Manitoba's Top Employers, marking the 12th consecutive year the organization has received the designation.

The recognition was announced March 10 by the editors and organizers of the Canada's Top 100 Employers project. Access was also named among Canada's best employers for recent graduates in The Career Directory 2026.

The annual Manitoba's Top Employers competition highlights orga-

nizations that lead their industries in offering strong workplace environments and employee support programs.

Access Credit Union president and CEO Myrna Wiebe said the honour reflects the commitment of the credit union's workforce.

"The dedication, support and teamwork demonstrated daily by our employees are what supports the success and continued growth of the credit union," Wiebe said in a statement. "We're proud of our employees' ded-

ication to providing exceptional service to our members and clients, and how well they represent Access both inside and outside the workplace."

The credit union offers a range of employee benefits aimed at supporting staff development and well-being. These include paid training and continuing education opportunities, flexible work hours and locations, matched pension plans, competitive salaries, tuition subsidies and fully paid health and family coverage.

Access Credit Union also emphasizes

community involvement and encourages employees to participate in volunteer and community initiatives.

Manitoba's Top Employers is published annually by the editors of Canada's Top 100 Employers and highlights organizations that offer progressive workplace policies and supportive work environments.

Access Credit Union is the largest credit union in Manitoba, with \$14.1 billion in assets and more than 208,000 members served through branches across the province.

> ST. LAURENT, PG. 7

with the Manitoba Métis Federation to finalize an agreement for the land surrounding the library sit and public works/fire hall yard.

"These two initiatives represent the most significant drivers of our economic development strategy moving forward," Oliver added.

She said one additional priority will be to continue to work with Economic Development Council for Manitoba Bilingual Municipalities (CDEM) and local businesses, identifying employment gaps and what is needed to help close them.

Council also proclaimed March 26 as Purple Day in the municipality to raise awareness of epilepsy and show

support for residents living with seizure disorders. While nothing official is planned yet for the occurrence, Oliver noted staff are considering wearing purple and adding purple decorations to their office.

The meeting was held after the municipality cancelled its regular Feb. 18 council meeting due to a health-related quorum issue.

> JERSEYS, FROM PG. 3

that this, at least for a while, will distract them from the horrors of war."

Ballard and Zatwarnicki said the impact of donated equipment can be seen immediately when it arrives.

"The smiles on the faces of the children, parents and coaches — who are dealing with far greater issues — when they receive their hockey equipment says it all," they said.

"They are grateful not only for the gear, but also in the knowledge that there are people out there who care about them in their time of need."

The war's human cost continues to touch the hockey community as well. CFHU representatives noted that last week a nine-year-old hockey player and his mother were killed by a Russian missile. The child played for a team that had previously received equipment through the organization.

For CFHU volunteers, moments like that reinforce the importance of continuing their work.

"Hockey, in its simplest form, is a game of competition, sportsmanship and camaraderie," Ballard and Zatwarnicki said. "For the children of Ukraine it is all of this, plus the chance to be a child for just a short time and to dream of a better life."

Community members who wish to donate hockey equipment to support the initiative can contact Canadian Friends of Hockey in Ukraine at ukrcahockey@gmail.com.

You have options.



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NOT SURE WHAT TO DO NEXT?

Report to **cybertip!ca**

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PUBLIC NOTICE

PESTICIDE CONTROL PROGRAM

Public Notice is hereby given that the Province of Manitoba intends to conduct the following Pesticide Control Programs during 2026 within the province right of way.

- To control invasive plants and noxious weeds on Manitoba Provincial right of way.
- The herbicides include: Dicamba, 2,4-D amine, 2,4-D Choline, 2,4-D Ester, 2,4-D, Mecoprop-p, Dichloroprop-p, Aminopyralid, Metsulfuronmethyl, Diflufenzopyr, Fluroxypyr, Imazapyr, Triclopyr, Picloram, Aminocyclopyrachlor, Chlorsulfuron, Saflufenacil, Iron (as FeHEDTA), Glyphosate, Clopyralid, Bromacil, Acetic Acid, LI 700, Non Ionic Surfactant, Flumioxazin, Diuron, Indaziflam, Florpyrauxifen, mineral oil, Methyl Ester & Ethyl Ester.
- The proposed dates of application for this program will be from April 15, 2026 to October 31, 2026.

The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

Manitoba Environment and Climate Change
Environmental Approvals Branch
Box 35, 14 Fultz Boulevard, Winnipeg MB R3Y 0L6
pesticideusepermit@gov.mb.ca




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Clubroom Events for the Week of March 16

Wednesday 4-Close 8:30 Chase the Queen Draw Pot is at \$3,409.50

Thursday 4-Close 7:00 Crib

Friday 4-Close 6:30 Meat Draw and 50-50

Saturday 2-close 7pm Darts

Dinner Tickets on Sale for Saturday March 28 - Ham and Scalloped Potatoes \$15.00

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Caprese Skewers

tomatoes
24 small fresh basil leaves
1/4 cup balsamic glaze (optional)
In small bowl, whisk olive oil, Italian seasoning, cracked red pepper flakes, garlic powder and salt.
Add mozzarella balls. Gently toss to coat. For best flavor, marinate in fridge overnight.
To assemble skewers: Thread tomato, folded basil leaf, marinated mozzarella ball, another folded basil leaf and another tomato. Repeat to make 12 skewers. Place on serving platter. If desired, drizzle balsamic glaze over skewers on serving platter.

Recipe courtesy of The Produce Moms
Prep time: 15 minutes
Yield: 12 skewers
2 tablespoons extra-virgin olive oil
1 teaspoon Italian seasoning
1/3 teaspoon cracked red pepper flakes
1/8 teaspoon garlic powder
1/8 teaspoon kosher salt
12 mozzarella balls, drained and patted dry
24 ounces NatureSweet Constellation



Bruschetta Bagels

In separate large bowl, place flour and add yeast mixture, remaining lukewarm water and salt. Mix thoroughly with hands until homogenous mixture is obtained. Transfer to greased bowl, cover with plastic wrap and let rise 1 hour.

Once dough rises, place on flat surface and divide into eight equal parts. Form small dough balls and, using finger, make hole in center of each to form bagels. Place on baking sheet, cover with kitchen towel and let rise 15 minutes.

Preheat oven to 390 F.
In pot of hot water over medium heat, cook each bagel 5 seconds, making sure they do not stick to each other. Remove from water and drain thoroughly. Place on parchment paper-lined plate, sprinkle with sesame seeds and bake 25 minutes.

To make bruschetta: On cutting board, use knife to cut tomatoes in half. Transfer to bowl; add olive oil, garlic and basil then mix. Set aside.

To make topping and serve: Cut bagels in half, place on cutting board and use knife to spread goat cheese on each bagel half. Add bruschetta and drops of balsamic vinegar then sprinkle with salt and pepper, to taste.

Prep time: 1 hour, 20 minutes
Yield: 8 bagels
Bagels:
1 packet dry yeast
1 tablespoon sugar
1 1/4 cups lukewarm water, divided
3 1/2 cups flour
1 teaspoon salt
sesame seeds
Bruschetta:
2 cups NatureSweet Glorys cherry tomatoes
1/4 cup olive oil
2 cloves garlic
1/2 cup basil
Topping:
1 cup goat cheese
1/4 cup balsamic vinegar
salt, to taste
pepper, to taste
To make bagels: In bowl, mix yeast, sugar and 1/2 cup lukewarm water; let rest 5 minutes.

Expert patient here to help!



Susie Schwartz

By Susie Schwartz

Some of us have multi-layered chronic health issues, while others face complicated acute problems such as rare diseases or lesser-understood cancers. These conditions are exhausting. But if you can — or if you have a friend or family member who can help — try not to give up on doing your own research.

Our healthcare systems are broken. That's why we have to do everything we can to help ourselves. So what am I saying?

There is hope. Sometimes, though, we have to find the answers for ourselves. Maybe there's a treatment out there that isn't widely known and won't be suggested, but if we ask for it, our doctors may try it. Or maybe our symptoms seem random and no one is connecting the dots. Do they even connect? Sometimes, through our own research, we can find out and make changes that matter.

I follow Kate C. Bowler online. She is a New York Times bestselling author (from Winnipeg!) living in the U.S. If I remember correctly, when she was diagnosed with cancer and given a short timeline to live, she — along with some friends — started researching. She found out that the

trial the doctors had offered her was more about gathering information to benefit the sponsoring pharmaceutical company and less about actually saving her life. Through her research and discussions with her doctors, they found a different path, and she is still alive years later (and has written three or four books since).

On a more personal front, both Don and I are always searching for answers to the puzzle of my body. Some of it leads nowhere, but because of our research I now know I have gluten, dairy and histamine intolerances, and that a high-FOD-MAP diet contributes to my symptoms. Because I kept pushing to find out if MS was at play (it's not — but Myalgic Encephalomyelitis is, and the two are very similar), we discovered my spinal stenosis, and surgery radically helped some of my symptoms. Right now, we're considering buying an infrared system because many people find it helps with pain. We'll see if it helps, but it's worth trying.

Staying on top of our own research has helped us discover what is newly available, what hasn't been widely studied but people find helpful, and it also keeps us in the loop about upcoming technologies and medications that may help. Sometimes we've heard of treatments before my doctors have, and they are eager to prescribe them when asked.

Yes, there's hope. But we have to be our own detectives.
Now go... get researching. I believe in you!

Less health stress, yes?
A published author and musician, Susie currently lives in the U.K. Find her on Instagram @authorsusieschwartz and at www.lesshealthstress.com. Email: info@lesshealthstress.com. She is the author of *Help the Doctor Help You: 41 Secrets and Tips for Self-Advocacy to Get the Best from Your Appointments*.



Watermelon Agua Fresca

2 cups fresh watermelon, cubed
1 ounce fresh lime juice
1/2 ounce agave syrup (optional)
1/2 cup cold water
ice

Rim:
Tajín Chamoy Sauce
Tajín Clásico Seasoning

Garnish:
lime slice
watermelon slice
Dip glass into Tajín Chamoy Sauce then into Tajín Clásico Seasoning.

In blender, blend fresh watermelon cubes; lime juice; agave syrup, if using; and cold water until smooth and well combined.

Fill prepared glass with ice and pour watermelon mixture into glass.
Sprinkle with pinch of classic seasoning on top.
Garnish with lime slice and watermelon slice.

Spicy Jalapeno Margarita

2 slices fresh jalapeno
1 ounce fresh lime juice
2 ounces blanco tequila
1 ounce orange liqueur
1/2 ounces agave syrup
ice



Rim:
Tajín Chile Lime Sauce
Tajín Clásico Seasoning
lime wedge

Garnish:
jalapeno slice or lime wheel
To rim glass, brush Tajín Chile Lime Sauce on side of glass then dip into Tajín Clásico Seasoning to coat. Set aside.

In shaker, muddle jalapeno slices with lime juice to release heat and flavor. Add tequila, orange liqueur and agave syrup. Fill with ice and shake vigorously 10-15 seconds. Fill prepared glass with ice and strain margarita into glass. Garnish with lime wedge and jalapeno slice.

Award-winning tiny-home designer returns to Interlake roots

By Lana Meier

After nearly three decades away, award-winning interior designer Jennifer (Karatchuk) Proctor has returned to her hometown of Arborg — not just to reconnect with family, but to bring home a career built on national-level experience, sustainable design and a growing passion for tiny-home living.

Proctor, a graduate of Yorkville University with a bachelor's degree in interior design, is the founder of JP Designs, an award-winning business she launched in Atlantic Canada during the pandemic. Her specialty in tiny homes, minimalist living and downsizing has earned recognition across the country — and now, she sees strong potential for that work to take root in rural Manitoba.

"It's been 28 years since I moved away from Manitoba," Proctor said. "I spent 23 years in Calgary, built a successful career in oil and gas, and eventually met my husband. But even with professional success, something felt missing. I didn't feel fulfilled."

That turning point came in 2009, when Proctor built a home in Calgary from the ground up. Without formal design training at the time, she immersed herself in every detail — reworking layouts, collaborating with the builder, and designing custom features.

"I realized I had a natural talent and passion for design," she said. "I looked forward to every meeting. That's when it clicked."

In 2017, with encouragement from her husband, Proctor made what she calls a terrifying but life-changing decision: returning to school full time in her 40s to earn her degree in interior design.

"I almost backed out three times," she said with a laugh. "But it was the best decision I've ever made. This is truly what I was meant to do."

Before even graduating, Proctor won her first professional award in 2020 for universal bathroom design — confirmation, she said, that she was on the right path.

After relocating to Nova Scotia, Proctor launched JP Designs in Halifax during the COVID-19 pandemic — something she never expected to do.

"I always thought I'd work for a large architectural firm," she said. "If anyone asked whether I'd start my own business, I always said no. And here we are, five years later."

Her niche soon emerged organically. While driving along the Bedford Highway in Nova Scotia, Proctor became fascinated by rows of shipping containers and began exploring their potential as residential and commercial spaces. That curiosity evolved into container-based designs and, eventually, tiny homes.

Her work has included container retail shops and crew spaces for the Area506 project in New Brunswick, as well as a large container home and stair tower designed for well-known YouTubers. Her designs and renderings have been featured on Atlantic Canadian television news.

"With my LEED certification, I truly believe small-scale living is the future," she said. "It reduces environmental impact and makes housing more affordable. Large homes are becoming out of reach, and many people don't want them anymore."

Proctor said misconceptions about tiny homes remain common.



Jennifer Proctor

"People think they're cramped or lack style," she said. "But with thoughtful layouts, multifunctional furniture and smart storage, they can feel open, beautiful and highly functional. Living small can feel big — if it's designed right."

Her return to Manitoba, she said, has been deeply emotional.

"After years in Halifax and Seabright, we never truly felt at peace," she said. "We missed family and small-town life more than we realized. When we crossed the Manitoba border, it hit me. I cried almost the entire drive to my parents' place."

She and her husband are currently staying with her parents in Arborg, where she has been reconnecting with familiar places like Riverton and sharing those roots with him.

From a professional standpoint, Proctor sees Manitoba — particularly rural communities — as fertile ground for tiny-home and downsizing projects. Compared to Atlantic Canada, where she found regulations around tiny and container homes restrictive, she says Manitoba is more open and more affordable.

"There are already tiny homes being built here," she said. "With thoughtful design, these homes can support aging-in-place, affordability and sustainability — especially in rural areas."

Designing for rural clients, she added, brings different considerations than urban or coastal markets.

"There's often more land, which opens up possibilities for outdoor living and creative layouts," she said. "But there are also infrastructure considerations — septic systems, wells, off-grid energy. Climate plays a huge role too."

Across all regions, Proctor said her



TRIBUNE PHOTOS BY IAN PROCTOR PHOTOGRAPHY
Interior designer Jennifer (Karatchuk) Proctor has returned to her hometown of Arborg, bringing home an award-winning career in sustainable design with a focus on tiny homes and minimalist living.

design philosophy remains consistent: creating spaces that foster connection.

"Every layout is intentional," she said. "My goal is to design spaces that don't just look good, but enrich how people live and connect."

While she plans to remain in Arborg until February, Proctor said interest in her work has already begun locally.

"I'm already starting to gain a few clients here, which has been really encouraging," she said. "There's still a lot to navigate, but my husband and I will decide whether Winnipeg or Stonewall becomes our permanent home. Growing my own business here is what I truly want to focus on and pursue."

For Manitobans considering downsizing or building a tiny home, Proctor's advice is simple.

"Don't see it as a limitation," she said. "See it as an opportunity. With the right design, you don't have to compromise on comfort or style. Downsizing lets you focus on what really matters — and that kind of freedom is powerful."

For more information, contact Jennifer Proctor, interior designer with JP Designs, at my number is 204-290-4275 or visit www.jpdesigns2020.com



Next phase of Stonewall's kiln project ready to start

By Jennifer McFee

Changes are coming to Stonewall's panorama.

The kiln restoration project has been redesigned with a new vision. Increasing costs rendered it unfeasible to continue with the original plans to restore all three historic kilns. In the revised plan, the south kiln has been restored and the other two kilns will be removed. The new vision also includes enhancements to the site for all to enjoy.

Last year, restoration work was completed for the south kiln. At the same time, discussions continued about concept designs and project schedules. Council considered feedback from residents, engineers, architects and the Save the Kilns Committee.

Now the second phase of the kiln project is set to begin this month, which will start with removing the two remaining kilns that are in poor condition. The town has contracted Rakowski Cartage and Wreckage to remove these two kilns and to prepare the area for the next stage of construction.

Landscaping will begin after the kilns are removed with a goal of finishing enough of the site to safely remove the fencing and reopen the area to the public. The extent of the work will depend on how much funding is available.

Looking ahead, future phases could include donor recognition features, a potential amphitheatre and additional community gathering spaces.

Merle Balsillie, a member of the Save the Kilns Committee, said it's unfortunate that the restoration project has turned into a demolition for two of the kilns due to rising costs.

"The goal of saving the kilns was to keep the town's signature landmarks and turn it into a community space. It was made more special by the presence and history of the three kilns but unfortunately that didn't happen because of the eroding and crumbling state of the other two. It never would have been a reality because it would have been kept as a fenced-off inaccessible area. It was also putting the

restoration of the southern kiln at risk of damage so it wasn't really feasible," she said.

"The demolition of the two kilns is probably the worst part of the project, but if we don't do that, then we're not going to be able to move forward and create a space for everyone to enjoy. I'm looking forward to having a historic site where memories can be made for many generations to come — and that's what it's all going to be about at the end of the day."

The modified project still aims to pay homage to local history.

"When you look at it from 140 years ago, it was a site where people came to work to make a living and create the community that we have now. If it wasn't for all that hard work of all those quarry workers, we wouldn't have had that hole in the ground that got developed into something beautiful," Balsillie said.

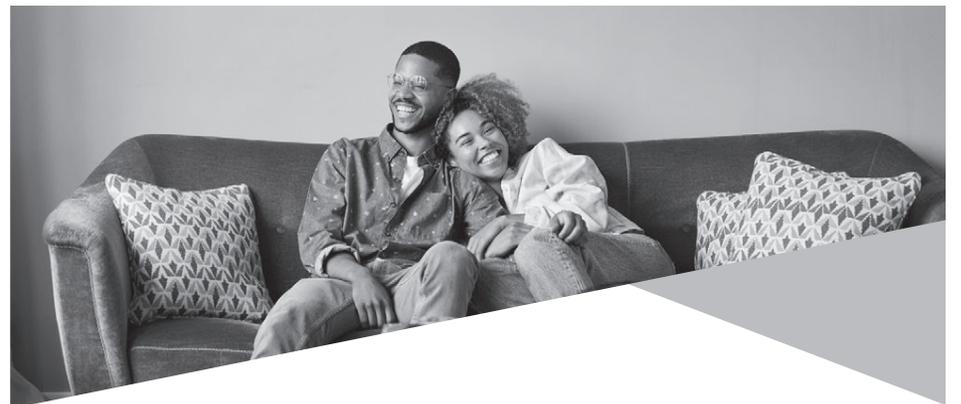
"It would have been nice to have all three kilns there, but at least we have one that will be restored to its natural state — and people will actually be able to go up to it again and touch it, not like it has been for about 20 years. As disheartening as it is to lose the other two, I think what we'll gain is going to compensate for it. We're going to have a fantastic space there for everyone to enjoy. I'm hoping we get a nice amphitheatre in there — that would be the icing on the cake."

The Town of Stonewall and the Save the Kilns Committee thanks all donors, supporters and community members for their continued commitment to the project.



TRIBUNE PHOTO SUBMITTED

This image provides a potential view of what the kiln project could look like; however, plans are not yet finalized.



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Stonewall Skating Club celebrates end of season

By Jo-Anne Procter

The Stonewall Skating Club presented its annual ice show on March 12, delighting the audience with this year's theme, Skating Through the Decades.

Each group of skaters brought a different era to life on the ice, taking spectators on a journey through time with music and performances representing various decades.

Throughout the season, skaters dedicated many hours to refining their skills and preparing for the year-end finale. The show served as a celebration of their hard work, perseverance and passion for the sport.

Each CanSkate group, along with the Intermediate STAR and Junior STAR groups, performed routines set to music from a specific year. Senior skaters also showcased their talents with individual performances. The evening featured synchronized routines from the Intrepid Synchro Team, Summit Synchro Team and the Revival Synchro Team, all of which include local skaters.

Several awards were also presented during the event. Hayden Young was named Intermediate STARSkater of the Year, while Boone Andrew received the CanSkater of the Year award. Hayley Muir was recognized as Adult Skater of the Year, and Mahlani Olson was named Junior



Best friends Zoey Brook and Leona Learning skated to Simba's Sweethearts.

STARSkater of the Year. Lacey Learning earned the STARSkater of the Year honour, and Gaia Turner received the Program Assistant of the Year award.

The club also expressed its appreciation for its dedicated group of coaches, who were recognized for their commitment and support throughout the season. Each coach brings unique skills, expertise and mentorship to the ice, helping guide skaters during every session.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Intermediate STARSkate group turned back the clock to the 1980s and skated to Manic Monday by the Bangles at their year end ice show on March 12.



Revival Synchro Team.

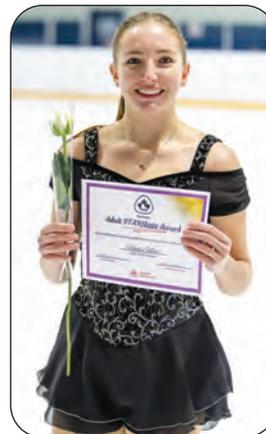
Al-Anon and AA Meetings Information

Balmoral Al-Anon Family Group
Balmoral Community Hall basement
6003 E MB-236, Balmoral, MB
Contact: (204) 470-8972
Meets every Wednesday 7-8 PM
Everyone welcome

Selkirk Red River Al-Anon Family Group
Christ Church Anglican
227 McLean St., Selkirk, MB
Contact: (204) 482-6287
Meets every Monday 7-8 PM

Teulon AA
Christian Education Building
3rd Ave. SE, Teulon, MB
Contact: (204) 461-0155
Meets every Tuesday 8-9 PM

Stonewall AA
Parochial Hall
291 1st St. W., Stonewall, MB
Contact Denis: (204) 981-7747
Donna (204) 461-0892
Meets every Sunday 7:30-8:30 PM



Pictured left to right: Mahlani Olson, Junior STARSkater of the Year; Hayden Young, Intermediate STARSkater of the Year; Hayley Muir, Adult Skater of the Year; Lacey Learning, STARSkater of the Year; and Gaia Turner was presented the Program Assistant of the Year by coach Keesha McCutcheon.

To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr

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Forklift fire prompts temporary changes at Teulon RONA

By Lana Meier

A forklift fire at the RONA store in Teulon last month caused smoke damage and temporary changes to store operations, but no injuries were reported.

The incident occurred around 12:30 a.m. on Feb. 20 when a diesel forklift parked in the store's receiving room caught fire, according to Darin Lemieux, chief operating officer of RONA North Group.

The forklift had been parked inside as part of standard practice during periods of extreme cold because the machine is diesel-powered.

"The only major fire damage was to the forklift itself," Lemieux said. "Minimal product was damaged in receiving because the fire was contained to the unit."

The diesel fire produced a large amount of oily smoke and soot that affected some inventory in the receiving area. Store officials are working with their insurance company to determine which items remain saleable.

The incident has resulted in temporary operational changes while clean-up and recovery work continues.

The store is currently open Monday through Friday only and operating on a curbside basis for retail customers. Commercial customers continue to be served as fully as possible.

Operations are currently being handled out of the commercial area of the property, with plans to move into on-site ATCO trailers next week.

Lemieux said customers still have access to products through the company's warehouse network and its Gimli location while restoration work continues in Teulon.

The cause of the fire has not yet been determined.

"Restoring our full presence in Teulon is our top priority, and our team is working as quickly as possible to make that happen," Lemieux said.

He thanked customers and the community for their patience and support during the recovery.



TRIBUNE PHOTO SUBMITTED

The RONA store in Teulon is currently operating with modified hours and curbside service following a forklift fire in the store's receiving area on Feb. 20. No injuries were reported.

The Liliane Baron, South Interlake Breast Cancer Support Group

Contact: Claudette 204 886-7212 Eileen 204 861-8107



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Being grateful.**

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Read the report
at mbl.ca/ESG



Tax tip: Don't miss out on credits for kids' activities

By **Brittany Sandberg, CPA**

As families begin organizing receipts for tax season, it's worth remembering that many children's activities can provide valuable tax savings. Sports, arts programs and camps that keep kids active throughout the year may also offer financial benefits when it comes time to file taxes.

In Manitoba, parents may be able to claim the Children's Fitness Tax Credit and the Children's Arts Tax Credit, each allowing up to \$500 per child per year in eligible expenses. Activities such as swimming lessons, hockey, dance classes, music lessons and art programs may qualify if they are part of a supervised program.

For example, claiming the full \$500 fitness credit can reduce provincial taxes by about \$54 per child.

Many families are surprised to learn that children's camps can sometimes qualify as well. Camps focused on sports, science or other structured activities may qualify either as a fitness or arts credit, or potentially as a child-care expense deduction if the camp provides supervision while parents are working. Since both credits and deductions have annual limits, it's important to track these expenses carefully so they can be applied in the most beneficial way.

One important detail: gym memberships generally do not qualify

for the fitness credit, as the activity must be supervised or instructor-led.

To maximize tax savings, families should keep receipts for child care, camps, fitness programs and arts activities and track them separately. At tax time, this helps determine the best way to claim the expenses and ensures no valuable credits are missed.

While these credits may seem modest on their own, they can add up over the course of the year — especially for families with several children involved in multiple activities. For households managing busy schedules filled with lessons, practices and camps, keeping a simple record of expenses throughout the year can make tax time much easier.

Tax season is also a good opportunity to review other family-related tax benefits that may apply, such as child-care expenses, tuition credits or other provincial programs that support families. Taking a few extra minutes to review receipts and ask questions can often uncover savings that might otherwise be overlooked.

Working with a Chartered Professional Accountant can also help ensure credits are claimed correctly and that families receive the full benefit available to them. With good organization and a bit of planning, tax time becomes less about paperwork and more about making sure no opportunities are missed.

Balmoral Hall gets boost



TRIBUNE PHOTO SUBMITTED

Leonard McKnight (right), managing partner at the Stonewall branch of Access Credit Union, presents a \$2,000 donation to Craig Lamm, a board member of the Balmoral Community Hall. The funds will support ongoing building improvements at the hall. Board members say they are grateful for the continued support of local businesses, residents and the broader community, which has helped the hall grow into a valued gathering space. The Balmoral Community Hall will celebrate its 100th anniversary in 2027.

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Funding for this project [in part] has been provided by Agriculture and Agri-Food Canada through the Agricultural Climate Solutions - On-Farm Climate Action Fund.

Ernie Welburn Memorial Family Fishing Fun Day draws record crowd

By Jo-Anne Procter

More than 200 anglers bundled up and headed onto Shoal Lake on March 14 for the annual Ernie Welburn Memorial Family Fishing Fun Day, hosted by the Woodlands & District Wildlife Association.

Despite temperatures dipping to -12 C, calm conditions and a lack of wind made for a near-perfect day on the ice. A total of 228 participants registered for the event — the largest turnout in its history — including 81 youth anglers eager to test their skills.

To help young fishers get started, the first 40 children to register received either a stocked tackle tray or an ice fishing rod.

Ice fishing tents and shacks dotted the frozen lake as anglers drilled holes both inside shelters and out in the open while waiting for a bite. Between fishing attempts, children took advantage of the snowy surroundings, playing on nearby hills and enjoying rides on snowmobiles.

Volunteers with the Woodlands & District Wildlife Association also served a free hot dog lunch, adding to the welcoming, family-friendly atmosphere of the day.

Organizers thanked the many volunteers and supporters who helped make the event possible, including those who assisted with snow clearing, provided access across private property and contributed donations.

Several anglers also landed impressive catches during the event.

In the youth division, Oakley Adams caught the largest perch measuring 13 $\frac{3}{8}$ inches — a master angler catch — while Chase Richaud landed the biggest northern pike at 26 $\frac{3}{4}$ inches.

In the adult division, Grady Gerrard reeled in the largest perch at 13 $\frac{7}{16}$ inches, also qualifying as a master angler catch, and Mel Meisner recorded the largest pike at 22 inches. Carter Fleury caught the smallest fish — a 6 $\frac{1}{4}$ inch perch.

The event is held in memory of Ernie Welburn, who played a key role in establishing the angling division within the



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Anglers gathered on Shoal Lake on March 14 for the Ernie Welburn Memorial Family Fishing Fun Day, hosted by the Woodlands & District Wildlife Association. A record 228 participants, including 81 youth anglers, took part in the event.



Woodlands & District Wildlife Association and was a driving force behind the club's youth programming.

Welburn passed away in 2018, and organizers say the annual fishing day continues to honour his passion for fishing, the outdoors, family and community by bringing people together on the ice each year.



Your FARM



58th annual Lundar Bull Sale set for April 4

By E. Antonio

The Lundar Bull Sale has long been a tradition for cattle producers in Manitoba's Interlake and beyond. Now entering its 58th year, the annual sale returns to the Lundar Agri-Ed Centre on Saturday, April 4, bringing together breeders, buyers and community members for another year of livestock and fellowship.

Lundar Bull Sale president Jack Cruise said he is looking forward to welcoming producers back for the long-running event, which features a variety of breeds.

Cruise recalls attending some of the earliest sales with his father, who was among the event's founders. For him, the sale's longevity speaks to the strength of the region's cattle community.

"We have a good reputation and we strive to maintain that," Cruise said. "We have managed to be successful year after year, and people come from all over the province to buy our cattle — it's a good place to be."

Over the years, the sale has become more than just a marketplace. Cruise said it has also become an annual opportunity for producers to reconnect with friends and neighbours.

"There are several generations of



TRIBUNE PHOTOS SUBMITTED

Lundar All Breeds Bull Sale starts at 1 p.m. on Saturday, April 4 at the Lundar Agri-Ed Centre. Pictured is the 2024 highest-selling bull, Level Up.

repeat buyers," he added. "It always brings back memories of those who have come and gone. There are people who have been involved with the sale since it started — whether as a buyer, contributor or organizer — and while the sale itself is a big component, the chance to reconnect and reminisce is another important part of the day."

Cruise said he is proud of the reputation the sale has built and hopes producers will continue to support the event for years to come.

While the core of the sale has re-

mained largely unchanged over the decades, the range of breeds available has expanded. In the early years, the sale primarily featured Hereford, Angus and Shorthorn cattle. Today, buyers can choose from a wider selection of breeds that have been introduced to Manitoba over time.

This year's lineup includes 13 Hereford bulls, 13 Simmental bulls, seven Charolais bulls, four Angus bulls, three Limousin bulls and one Shorthorn bull. In addition, two Hereford heifers, two Charolais heifers and five pens of three commercial heifers will be available.

Cruise said keeping the sale local is important for Interlake producers.

"A lot of people like that they can come close to home and still find good cattle," he noted.

Behind the scenes, he added, a great deal of work goes into organizing the event each year. Cruise said the sale would not be possible without the support of the board of directors and the community.

Viewing of the cattle will begin at 4 p.m. on Friday, April 3, both in person at the Lundar Agri-Ed Centre and online at www.buyagro.com.

Admission to the sale is free and everyone is welcome to attend. A pre-sale lunch will be available starting at noon on sale day, offering a light and social lead-in to the one-hour sale beginning at 1 p.m.

For more information about the Lundar Bull Sale, contact Cruise at 204-739-3645.

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Brant-Argyle students show kindness through knitting project

By Jo-Anne Procter

Brant-Argyle School students in Cara Tully's kindergarten to Grade 2 social studies class are learning that small acts of kindness can make a big difference in the community.

Tully recently introduced her students to the Hannah Taylor project, inspired by a Winnipeg girl who began raising money for homeless shelters when she was just six years old. The story sparked a classroom conversation about ways the students could spread kindness closer to home.

After discussing several ideas, the students decided they wanted to help people experiencing homelessness during the cold winter months by making warm clothing items.

Not being a knitter herself, Tully reached out to the community for help. Local knitting enthusiasts volunteered their time to visit the class-

room and teach students the basics of the craft.

With their guidance, students learned several techniques, including crocheting, loom knitting, finger knitting and traditional knitting with needles to create scarves and toques.

Community support quickly grew around the project. Aria, a nanny, along with her sisters generously donated a number of handmade toques and blankets, while other community members also contributed wool for the students to use.

Last week, the knitted items were delivered by principal Marlo Jeffrey to Siloam Mission in Winnipeg to help those in need stay warm. The students also organized a collection of non-perishable food items for the Interlake Food Bank.

Tully said she is incredibly proud of her students and the compassion they have shown.

"Their ability to be empathetic truly makes a difference and is something to be commended," she said.



TRIBUNE PHOTOS SUBMITTED

Brant-Argyle School kindergarten to Grade 2 students knitted toques and donated them along with blankets to Siloam Mission in Winnipeg. They also made a donation to the Interlake Food Bank as part of a classroom kindness project.



Students learned different styles of knitting from local volunteers.

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A denture success story after a life changing decision

BY ELISHA VANDOR

Manuela decided it was time for a change after struggling with failing and broken teeth for years. She says, "my dental situation was a nightmare after a jaw bone/gum infection years ago. The only 'fix' from the dentist back in my home country was to pull some of the bad teeth and get partial dentures, but I suffered with the bones in my mouth chipping and sticking out and cutting my gums and so on. I've been dealing with that issue since 2018 and have extremely bad anxiety when it comes to dentists because of childhood dental trauma. However, Brock at Vandor Denture Centre and Dr. Brett at Evergreen Dental saved my sanity, fear of dentists and future."

It all started when Manuela booked a consultation appointment with us. Although she was still nervous about

the entire process, her ability to sit down and talk about her options and come up with a plan together with Denturist Brock subsided her dental anxiety. At the appointment, Brock assessed her full upper and lower dentures and found she was doing well with the upper denture, but wanted a dental implant solution for the lower denture. We often find that the lower denture is the one people struggle with the most because there's usually very little jaw bone to hold it in place. Together, during the consultation, Manuela and Brock decided to make a new upper denture with much improved aesthetics and a tighter fit, and a lower denture that's secured onto 4 dental implants to give her back the confidence to eat what she wants.

Manuela had the dental

implant procedure and actually had the denture secured onto the dental implants that day! She says, "tonight, I'm happy for the first time in 22 years of what my mouth looks like. I feel awesome! I will be able to eat everything again in no time - something I wasn't able to do since I was 17. This is one happy old lady today."

We are so happy for Manuela and the many others who have benefitted from combining their dentures with dental implants. Having a youthful smile that feels like you again and the confidence that comes with it is achievable. We want to help you feel as good as Manuela does now too. If you're inquiring about a dental a implant solution or know your dentures could be better, then call today. We look forward to hearing from and seeing you soon!



- supplied photo -

Manuela is happy with her dentures for the first time in 22 years and shares her story.

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Wildcats fall just short in provincial final thriller

By Lana Meier

The Warren Wildcats came within a basket of a provincial title, falling 71–68 to the Frontier Raiders in the gold medal game at the Provincial A/AA JV Boys Basketball Championship hosted by Carman Collegiate from March 12 to 14.

Warren opened the tournament with a dramatic quarterfinal victory over the Immanuel Christian Falcons on March 12, edging the Falcons 64–62 to move into the semifinal round.

Head coach Cody Hearn said the Wildcats showed remarkable determination throughout the tournament.

“Over the course of the tournament the team played extremely well, showcasing both their individual and team talent,” Hearn said. “What stood out to me was the amount of determination and heart the boys played with. They played right to the final buzzer in games that could’ve gone either way.”

The Wildcats trailed by nearly 20 points late in their quarterfinal match-up before mounting an impressive comeback to force overtime.

“The team showed immense composure and drive to eliminate almost a 20-point deficit in the fourth quarter,” Hearn said. “Then in overtime, showing perseverance and grit, they

battled to a two-point victory.”

Warren followed that performance with another hard-fought game on March 13, defeating the Souris Sabres 44–38 in the semifinal to earn a spot in the provincial championship game.

“The Souris game was a defensive grind, but the team stayed calm under pressure in a very physical and intense game,” Hearn said. “We shared the ball well, made some great shots and locked down a couple of Souris’ dangerous scorers.”

That set up a showdown with the Frontier Raiders in the provincial final on March 14. In another tight contest, Frontier held on for a 71–68 victory to claim the championship.

Hearn said the difference ultimately came down to a handful of key plays.

“In my opinion the difference was a matter of one or two more shots in a game where the clock was against us,” he said. “Both teams competed with spirit and resolve in the finals.”

Despite the heartbreaking finish, the Wildcats ended the game on a positive note with a buzzer-beating three-pointer.

“Ending the game with a great three-point buzzer beater was a positive in the close three-point loss,” Hearn said.

Several Warren players were recog-



TRIBUNE PHOTO SUBMITTED

The Warren Wildcats came home with the Manitoba High Schools Athletic Association A/AA JV boys basketball finalist 2025–2026 banner in Carman over the weekend. Pictured left to right: Kyle Ball, Yaseen Ball, Leighton Chartrand, Sawyer Keena, Adam Ball, Brody Lambert, Burke Johnson, Lee Hearn, Kieryck Scheffer, Jack Carlson and Cody Hearn (coach). Missing from the photo are Easton MacMillan, Rylan Robert and Chris McCuluskey (coach).

nized during the provincial weekend. Sawyer Keena was named a tournament all-star and also earned player of the game honours in Warren’s semifinal win over Souris, while Yaseen Ball was selected player of the game in the Wildcats’ opening victory over Immanuel Christian.

Hearn also praised the leadership displayed by his players throughout the tournament.

“Coaching this team of respectful and talented young men was an absolute honour and privilege,” he said. “All players showed great leadership in some way or another, but a quick shoutout to Sawyer Keena and Adam Ball for their leadership on the court.”

The coach said the team can take pride in its performance while using the experience as motivation for the future.

“The team should take pride in how well they played but will also take a hunger to push harder into next year’s season,” he said.

Eight teams from across Manitoba



Wildcats player Adam Ball was recognized by head coach Cody Hearn for his leadership on the court

competed in the three-day Provincial A/AA JV Boys Basketball Championship, including Carman, Warren, Souris, Frontier, Rosenort, Arborg, St.-Joachim and Immanuel Christian, with all games played at Carman Collegiate.



TRIBUNE PHOTOS BY LANA MEIER

Sawyer Keena of the Warren Wildcats was named a tournament all-star and earned player of the game honours in the Wildcats’ 44–38 semifinal victory over the Souris Sabres at the Provincial A/AA JV Boys Basketball Championship held March 12–14 at Carman Collegiate.



Yaseen Ball of the Warren Wildcats was named player of the game following Warren’s 64–62 quarterfinal win over the Immanuel Christian Falcons.

Royal Knights take early series lead over Jets

By Annaliese Meier

The Stonewall Jets face an uphill battle in their Manitoba Major Junior Hockey League playoff series after the River East Royal Knights captured the first two games of the best-of-seven matchup.

River East opened the series with a 6-3 victory on March 13 at Stonewall Veterans Memorial Arena.

The Jets struck first early in the opening period when Peyton Bateman scored at 4:42, finishing a play set up by Alex Kaczorowski.

River East responded quickly, however, with Graham Maslow tying the game on the power play just over two minutes later. Nolan Fielding gave the visitors their first lead late in the period with assists from Karsten Woloshen and Lian Hanzmann.

The Royal Knights extended their advantage in the second period when Branden Watson scored at 4:46. Evan Deprez pulled Stonewall back within one midway through the frame, converting a pass from Kai Smith and Kaczorowski.

Maslow restored River East's two-goal lead late in the second period, scoring his second of the night with help from Kalen Reynolds and Kaid-

en Dela Cruz.

Brody Stovin brought the Jets with-in one early in the third period, but Fielding added a power-play marker for River East before Maslow completed the hat trick with an empty-net goal in the final seconds.

Spencer Hunnam made 28 saves on 33 shots in the Stonewall net, while River East goaltender Kyle Beilman stopped 28 of 31 shots.

Game 2 on March 15 at Terry Sawchuk Arena was a tighter contest, but the Royal Knights again came away with the win, edging the Jets 4-3.

Maslow opened the scoring on the power play midway through the first period, and Layne Richardson doubled the River East lead late in the frame.

Stonewall responded with a strong second period. Bateman scored his second goal of the series at 5:53, assisted by Cohen Cheung and Kale Chipman. Gavin Holod then tied the game with a power-play goal less than two minutes later, with assists from Brody Stovin and captain Karson King.

The Jets briefly grabbed the lead early in the third period when King scored at 13:02 with help from Austin



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall Jets forward Evan Deprez scored in the second period of his team's 6-3 loss to the River East Royal Knights in Game 1 of the first round of the Manitoba Major Junior Hockey League playoffs on March 13.

Lourenco and Stovin.

River East answered quickly. Reynolds tied the game just 39 seconds later before Watson scored the eventual winner moments after that, giving the Royal Knights a 4-3 victory.

Hunnam turned aside 37 of 41 shots in Game 2, while Beilman made 27

saves on 30 shots.

The series now shifts back to Stonewall for Game 3 on March 17, where the Jets will look to claw their way back into the matchup. Game 4 is scheduled for March 20 in River East, with additional games set for March 23, March 25 and March 27 if needed.

Hofer enjoys homecoming during strong NHL season

By Kieran Reimer

Joel Hofer made his return to Manitoba last week.

The 25-year-old netminder backed up the St. Louis Blues in their 3-2 loss to the Winnipeg Jets on Sunday at Canada Life Centre, when Jordan Binnington and Eric Comrie got the starts for their respective clubs.

Winnipeg got out to an early 2-0 lead on first-period goals from Haydn Fleury and Mark Scheifele. St. Louis pushed back in the third when Dalibor Dvorsky scored to make it a one-goal game before Winnipeg's Kyle Connor took a stretch pass from Morgan Barron on a delayed Blues penalty and scored the game-winning goal.

St. Louis' Dylan Holloway cut the

lead to 3-2 late in the frame, but Winnipeg withstood the Blues' last-gasp efforts and secured the full two points from the Central Division battle.

The game marked the second time this season the Blues have travelled to Winnipeg, with Hofer getting the start in their previous Jan. 20 clash.

On Sunday, he enjoyed the action from rinkside while gaining some rest after starting six of the Blues' last nine contests. After arriving Saturday, the Winnipeg native — who has ties to New Haven Colony and Keystone Colony in the Interlake — was able to break away from the team hotel and spend some time with his biggest fans.

"We got in yesterday, so I just had a



TRIBUNE PHOTO BY GETTY IMAGES

Twenty-five-year-old St. Louis goaltender Joel Hofer has posted career highs in games played (36), wins (17) and shutouts (five) in the 2025-26 season. The Winnipeg-native has gone 4-0-1 in his last five starts, helping improve the Blues' playoff chances.

little bit of time to go home and have dinner with the parents and see a couple of buddies," said Hofer post-game Sunday. "Any time you get to come home, it's super special."

And though he didn't get to play in front of them this time, his parents have made several trips to NHL cities this season to watch him during what

has been a breakout year individually. "It's huge. I wouldn't be here without them and they're obviously supportive of me whether good games or bad games — they are always there for me. I can't thank them enough for what they've done," said Hofer.

Continued on page 18

MMJHL PLAYOFFS - LET'S FILL THE HANGAR

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Friday, March 20
Stonewall Jets at River East Royal Knights
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*** Monday, March 23**
River East Royal Knights at Stonewall Jets
VMSC puck drop 7:30 p.m.
*** Wednesday, March 25**
Stonewall Jets at River East Royal Knights
Terry Sawchuk Arena puck drop 7:30 p.m.
*** if necessary**

Fast-paced junior hockey • Family fun for all ages

Provincial figure skating championships coming to Stonewall

By Lana Meier

More than 500 skaters from across Manitoba will gather in Stonewall next weekend as Skate Stony Mountain hosts the 2026 Manitoba Figure Skating Provincial Championships.

The three-day competition, held March 20–22 at the Veterans Memorial Sports Complex (VMSC), is one of the province's largest figure skating events and will feature athletes ranging in age from five years old to adult.

Skaters will compete in a variety of disciplines including singles, pairs and synchronized skating, with events scheduled throughout the weekend in both arenas at the complex.

The event is being organized by Skate Stony Mountain in partnership with Skate Manitoba. Shannon Roy and Nicole Shymko are serving as co-chairs of the local organizing committee.

Shymko said the club is proud to have been selected by Skate Canada to host the provincial championship.

"We're excited to welcome skaters and families from across the province to our community," she said. "It's a tremendous honour for our club."

Along with the more than 500 skaters expected to compete, organizers anticipate over 40 coaches and officials will attend the event. Over the course of the three-day competition, well over 2,500 people are expected to pass through the doors of the arena.

The host club will also have a strong presence on the ice, with approximately 28 skaters from the Stony Mountain Skating Club competing throughout the weekend.

The athletes, ranging in age from five to adult, include several STAR 5 and higher level skaters who will be competing for medal placements while striving for personal best per-



TRIBUNE PHOTO SUBMITTED
Skaters from across Manitoba will compete in the 2026 Manitoba Figure Skating Provincial Championships March 20–22 at the VMSC in Stonewall.

formances.

An event of this size relies heavily

on community support. Shymko said approximately 35 volunteers will be assisting throughout the weekend to help ensure the competition runs smoothly and provides a positive experience for athletes, families and spectators.

"We are grateful for this opportunity and look forward to celebrating the talent, commitment and passion of all the skaters, coaches, officials and volunteers taking part," she said.

In addition to the on-ice competition, the weekend will include several off-ice activities, including seven on-site vendors, a silent auction and a 50/50 draw.

Opening ceremonies are scheduled for Friday, March 20 at 11:45 a.m. at the Veterans Memorial Sports Complex.

A full competition schedule will be available online at mbskates.com.

Stonewall Karate Club dominates at annual tournament

By Annaliese Meier

The 26th annual Stonewall Karate Tournament was held March 7 at the Stonewall Legion, drawing competitors from across Manitoba and Saskatchewan.

Karatekas travelled from as far away as Prince Albert, Sask., and communities throughout northern Manitoba, including Gimli, to take part in the event.

The tournament featured divisions for juniors through adults, with competitors showcasing their skills in a variety of events.

The host Stonewall Karate Club delivered a strong performance, earning the most medals overall and capturing the trophy for top dojo.

One of the standout stories of the day came from the Prystupa family, whose shared passion for karate translated into multiple podium finishes. Haley Prystupa was named Best Black Belt after winning four different events, edging out her mother, Laura Prystupa, who claimed the honour at last year's tournament.



TRIBUNE PHOTO SUBMITTED
Members of the Stonewall Karate Club gathered following the 26th annual Stonewall Karate Tournament held March 7 at the Stonewall Legion. Back row, from left: Sensei Debbie Hinds, Kaylee McKillop, Haley Prystupa, Kaleb Prystupa, Ben Naismith, Max Prystupa and Laura Prystupa. Front row: Teagan Precourt, Ryland Precourt, Greyson Breton, Brielle McLeod, Kalli McLeod, Jane Naismith and Aiden Halldorsson. Missing from the photo are Lily Gaboury, Helena Gaboury, Liam Guenther, Jesse Redhead, Manny Rieder, Mira Rieder and Val Rieder.

> HOFER, FROM PG. 17

Off-season help from local goaltending coach Dan Ferguson has also played a part in the success. Hofer has spent more than a decade working with Ferguson of RINK Goalie Development.

In 2025-26, Hofer has already set career highs in games played (36) and wins (17), and ranks second in the NHL with five shutouts — another career best.

After solidifying himself as an NHL backup over the past two seasons, he now finds himself splitting the starting job with veteran netminder Jordan Binnington, who has held the

role almost entirely since backstopping the Blues to a Stanley Cup in 2018-19.

As of Sunday, the two have played the exact same number of games in 2025-26, with Hofer posting stronger numbers than the Team Canada Olympic netminder.

Last spring, Hofer was the backup to Binnington when the Blues and Jets squared off in the first round of the Stanley Cup playoffs. After falling in seven games to Winnipeg, the Blues entered this season looking to take another step forward.

That proved difficult early on, as St.

Louis endured a seven-game losing skid in its first month of play. Recently, however, the Blues have started turning things around, in large part due to Hofer going 4-0-1 over his last five starts.

The club has also rallied in front of him, outscoring opponents 21-10 in those games. Sunday's defeat was also just the team's first regulation loss since returning from the Olympic break.

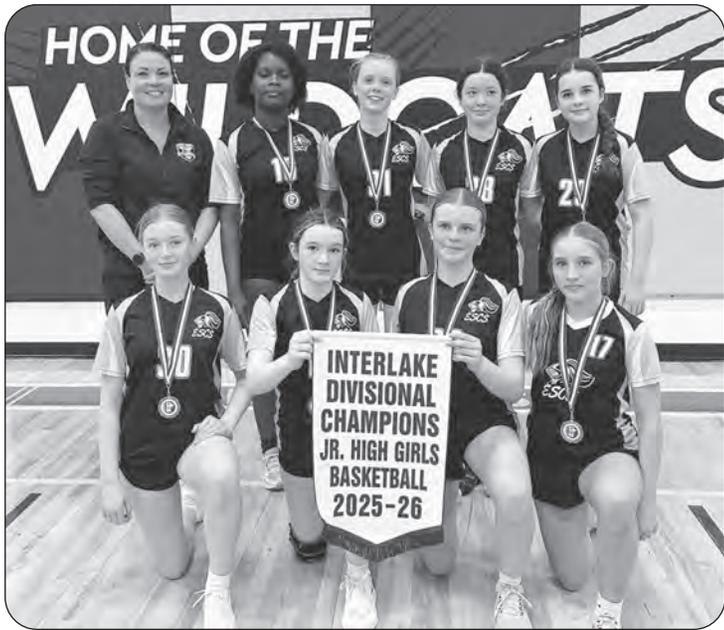
"I feel good. That comes with the team playing better and obviously stricter in the D-zone and tight around guys and just battling hard,"

said Hofer. "We've been having a good stretch since the break, and that just comes from good defence and trying to do my best to give us a chance to win. It's been fun."

Hofer and the Blues will look to keep that momentum going down the stretch as they remain in the hunt for a Western Conference playoff spot.

They currently sit seventh in the Central Division with a 27-30-10 record, which puts them six points back of the final wildcard spot with 15 games remaining.

Stonewall, Teulon win basketball divisional banners



TRIBUNE PHOTOS SUBMITTED

Left photo: The Stonewall Stingers captured the 2025–26 Interlake Divisional junior high girls championship banner with a 45–31 victory over the Grosse Isle Flyers in Warren on March 10. The Stingers capped off an outstanding season by going undefeated in league play and also recording exhibition wins against East Selkirk teams. Pictured left to right, back row: Jodi Bodnarchuk (coach), Kehinde Ajobiewe, Lianne Beirnes, Claire Sugimoto and Grace Ward. Front row: Pippa Hildebrand, Tamsen Killberry, Kaylah James and Brooklyn Chetyrbok. Missing: Hunter Dwyer, Eva Learmond and Audrey Finley-Pilbeam.

Right photo: The Teulon Saints junior high boys team captured the 2025–26 divisional championship banner after edging the Stonewall Stingers Grade 8 team 33–30 in an intense final in Teulon on March 10. Pictured left to right, back row: Bernie (mascot), Bonnie (coach), Carli (coach), Harley, Chase, Carson, Blake, Hunter and Vander (coach). Front row: Jayce, Andrew, Graham, Braydon, Jaris, Oliver, Noah and Dean.

Blues U11A3 city champs



TRIBUNE PHOTO SUBMITTED

The Stonewall Blues U11A3 female hockey team captured the Hockey Winnipeg 2025–26 City Championship on March 14 with a 4–1 victory over the Springfield Icehawks, completing a two-game sweep of the best-of-three series after opening with a 6–0 win. The Blues allowed just one goal during their playoff run and finished the season undefeated through 22 games. Pictured left to right, back row: coaches Jason Howardson, Kevin Donovan, Megan Strachan and head coach Chris Robinson; Middle row: Abigail Donovan, Ryleigh Elskamp, Alessandra Howardson, Ava Yurick, Lyla Woycheshen, Harley Morrish, Nixon Sheasgreen, Natalie Peleshaty; Front row: Brooklynn King, Bayley Harrisko, Odea Hogg, Brinley Erickson, Ellie Binder-Strachan, Abigail Palumbo and goaltender Danika Robinson. Missing from the photo is assistant coach Jordan King.

Rams capture provincial bronze



TRIBUNE PHOTO SUBMITTED

The Stonewall Rams junior varsity girls' basketball team captured the 2025–2026 Manitoba High Schools Athletic Association provincial bronze medal after defeating the St. Norbert Celtics 37–31 at Linden Christian School in Winnipeg on March 14. The Rams rebounded from a tough 51–42 loss to the Leo-Remillard Renards in semifinal action to secure the bronze medal with a strong performance in their final game of the tournament. Stonewall opened the provincial championship with a convincing 30–17 victory over the Sanford Sabres, setting the tone for a solid showing throughout the competition. With the win over St. Norbert, the Rams wrapped up the tournament with a well-earned third-place finish on the provincial stage. Justine Farkas, Drea Fournier and Avery Patrick were named game stars, while Sara Vande was named a provincial all-star. On March 5, the Rams defeated the Shaftesbury Titans 42–34 in the league final. Pictured left to right, back row: Jason Cassils (coach), Keira Willey (coach), Brynn Williams, Lily Slobodzian, Katie Braid, Dani Park, Chelsea Thomas, Avery Patrick, Zoey Patton and Carla Brunel (coach); front row: Lily Hammond, Maci Otter, Alexa Loehmer, Justine Farkas, Drea Fournier and Sara Vande.

Sisters face off in MJWHL championship series

By Lana Meier

Two local sisters are facing off for a championship as the Prairie Blaze and Western Predators battle in the Manitoba Junior Women's Hockey League final.

Taylor Morden, playing in her final MJWHL season with the Blaze, is squaring off against her younger sister Kaelyn Morden, a rookie with the Predators, in the league's championship series.

"It's been really fun and special," Taylor said. "Growing up we spent so much time playing hockey together, so to now be facing each other in a championship series is pretty surreal. Obviously once the puck drops we're competitors and want to win, but there's also a lot of pride in seeing each other get to this stage."

For Kaelyn, her first season in the MJWHL has been a memorable introduction to the league.

"My first year in the MJWHL has been really fun and exciting," she said. "Meeting new people and creating a new team while also going far into the playoffs has been very thrilling."

Game 1 of the final provided plenty of drama as the Blaze edged the Predators 2-1 in overtime on March 14 at the Hockey for All Centre in Winnipeg.

The Predators controlled much of the play through regulation, outshooting the Blaze 31-22 and appearing poised to force overtime late in the game. However, a too-many-players penalty with just seven seconds remaining gave the Blaze a crucial power-play opportunity heading into the extra frame.

Lundar product Kenady Christensen scored the overtime winner less than a minute into overtime to give the Blaze the opening victory in the series. Christensen finished the night with a goal and an assist.

Phoenix Freis also scored for the Blaze, while Annika Russell, Sienna Eliasson and Emily Foster each recorded assists.

Reese Farmer replied for the Predators, with assists going to Kirsten Masters and Maisie Breckon.

Blaze forward Taylor Morden briefly left the game late in the second period due to injury but returned to the lineup to start the third period.

Blaze goaltender Abegael Glass was outstanding between the pipes, stopping 30 of 31 shots for a .968 save percentage, while Predators netminder Rhyen Beardy turned aside 20 of 22 shots.

For Kaelyn, facing her sister in the championship series did not change her usual preparation heading into Game 1.

"Stepping onto the ice against my sister was kind of like any other game," she said. "I just did my normal routine and focused on the game."

The teams were back on the ice the following day for Game 2, where the Blaze secured another narrow victory with a 2-1 decision on March 15.

After a scoreless opening period, the Predators opened the scoring in the second when Sydney Shead found the back of the net, assisted by Kali Bain and Maisie Breckon. Prairie responded later in the period to tie the game before adding the go-ahead goal in the third to secure the win.

Predators goaltender Lauren Cherkas turned aside 32 of 34 shots in a strong performance in net.

Morden said the Predators are focused on making adjustments as the series continues.

"We just have to try to get more shots on net and play our game how we have all year," Kaelyn said.



TRIBUNE PHOTO BY LANA MEIER

Sisters Taylor Morden of the Prairie Blaze and Kaelyn Morden of the Western Predators race for the puck during Manitoba Junior Women's Hockey League championship series action at the Hockey for All Centre in Winnipeg.

Several players from the Interlake region are featured on both sides of the championship matchup.

Kaelyn said seeing familiar players and supporters from the region involved in the final has added to the experience.

Christensen and Taylor Morden suit up for the Blaze, while Kaelyn Morden, Reese Farmer and Jady Baldwin are part of the Predators roster.

"It's really cool," Taylor said of the local presence in the final. "It shows how strong hockey is in our area and how much talent comes out of the local programs. It also makes the series even more exciting because there are a lot of friends and family watching and supporting."

Adding another local connection to the series, the Blaze are coached by Jamie Johnson of Arborg.

The championship matchup has also created a unique situation for the Morden family, with sisters competing against one another for the league title.

"Very competitive," Taylor said of their upbringing. "We pushed each other a lot growing up. Whether it was shooting pucks in the driveway or playing mini-sticks, neither of us ever wanted to lose. I think that competitiveness helped both of us improve and get to where we are today."

The sisters have tried to keep things normal away from the rink during the series.

"We try to keep it pretty light and not talk too much about the games during the series," Taylor said. "Once we're at the rink it's business, but at home we're still sisters so we try to keep things normal."

For Taylor, the series carries extra meaning as she prepares to wrap up her junior women's career.

"It means a lot," she said. "You always hope to finish your last season with a chance to compete for a championship, so getting to the final with this group is really special. It's something I'm really grateful for."

Sharing the experience with her younger sister has

added another memorable element to the series.

"It definitely adds a really unique element," she said. "We're both competitive and want to win, but it's also pretty amazing to share an experience like this with your sister. I'm really proud of her and everything she has done in her first year in this league."

Taylor also credited the Blaze organization for helping shape her development.

"My teammates and my coaches have all been a big part of my development as a player and as a person," she said. "I've made some great memories and lifelong friendships here."

From the Predators' perspective, Kaelyn said the playoff experience has been intense but rewarding.

"It's very intense and competitive, especially since all the teams in the MJWHL are very skilled," she said. "It makes every game a challenge, and you never know which way the games will go."

Looking ahead, she said the Predators will focus on sticking to their game.

"We just have to try to get more shots on net and play our game how we have all year," Kaelyn said.

With the Game 2 victory, the Blaze now hold a 2-0 lead in the championship series as both teams continue their pursuit of the MJWHL title.

"It's going to come down to sticking to our game plan, working hard for each other, and staying disciplined," Taylor said. "If we play the way we know we can, we'll give ourselves a good chance to win."

UPCOMING GAMES:

Game 3 of the MJWHL final is scheduled for Tuesday, March 17 with puck drop at 7:30 p.m. Game 4, if necessary, will be played Wednesday, March 18 with puck drop at 7:30 p.m., while Game 5, if required, is set for Monday, March 23 with puck drop at 7:30 p.m.

Nichol rink captures A event at Stonewall men's bonspiel



TRIBUNE PHOTOS SUBMITTED

The Access Credit Union Stonewall Curling Club hosted its annual men's bonspiel March 13–15, welcoming 28 teams — the largest field for the event since 2015. After a busy weekend that featured 11 different draw times, Team Craig Nichol captured the A event title with a decisive victory over Team Dale Lott in the final. Nichol's rink jumped out to a 4–0 lead after three ends. Lott's team responded with a single in the fourth end to narrow the score to 4–1, but Nichol sealed the win with a four-ender in the fifth end to secure an 8–1 victory. The winning rink competes in the Stonewall Curling Club's Tuesday Night Men's League. The A event champions were skip Craig Nichol, third Ryan Smith, second Riley Nichol and lead Devin Smith. Team Dan Hunt claimed the B event title with a rink made up of skip Dan Hunt, third Dillon Bednarek, second Matt Scott and lead Darren Bednarek. The C event was won by the Rodney Legault rink, consisting of skip Bryan Galbraith, third Rodney Legault, second Shane Walker, lead Matt Wutxke and fifth Scott Marohn. Team Lorne Kern captured the D event championship with skip Lorne Kern, third Brad Thidrickson, second Shawn Thidrickson and lead Ross Horton.



Marquette Curling Club hosts rising athletes at youth bonspiel



Jase Campbell won the sharp-shooter "draw to the button" competition. He is pictured with one of the bonspiel's organizers, Krysta Prevost.

By E. Antonio

The Marquette Curling Club hosted its annual youth bonspiel on March 14, featuring eight teams of athletes aged five to 13 from Marquette and other communities across the Inter-lake.

Krysta Prevost, who helped organize the event, said the day was thrilling from start to finish.



TRIBUNE PHOTOS SUBMITTED

Payton Malfait, Cameron Jessup, Seeley Burke and Gabrielle Rawdon celebrate their win at the Marquette Curling Club youth bonspiel on March 14.

"The clubhouse was packed to cheer on our young curlers, and the kids really rocked the ice with their curling skills," she shared in a Facebook post. "Congratulations to all of our young curlers for giving it their all and more. We are so proud to host such a wonderful event."

Taking home gold were Payton Malfait, Cameron Jessup, Seeley Burke and Gabrielle Rawdon. Although the team is new to the club, their parents grew up in Marquette.

The silver medal team included Mackenzie Gaudrault,



Mackenzie Gaudrault, Aalyiah Burke, Emmett Walsh and Brexton Warthe pose with their silver medals.

Aalyiah Burke, Emmett Walsh and Brexton Warthe, all players with the Marquette Curling Club.

A sharp-shooter "draw to the button" competition was also held, with Jase Campbell reigning victorious.

Dedicated volunteers contributed to the success of the event, helping keep the athletes fed, preparing the ice and supporting the young curlers both on and off the sheet.

"Until next year — we hope to see you all back," Prevost added.

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PUBLIC NOTICE

Pesticide Application Program

Bel Acres Golf and Country Club intends to conduct the following pesticide control programs from April to November 2026. All applications are part of a comprehensive IPM strategy and depending on pest threshold levels, may or may not include:

1. Weed control in turf areas within the property. Projected dates of application are from May 15 to October 15, 2026. Herbicides used may include: acetic acid, citric acid, copper sulphate, glyphosphate, dicamba, 2,4-D, mecoprop.
2. Fungus control in turf and treed areas within the property. Projected dates of application are from April 1 to November 15, 2026. Fungicides used may include: chlorothalonil, propiconazole, iprodione, azoxystrobin, trifloxystrobin, thiophanate methyl, foseyl AI, metalazyl-M, triticonazole, metconazole, pyraclostrobin, penhthiopyrad, fludioxonil, polyoxin D zinc salt, boscalid, mineral oil, fluoxastrobin, fluopyram, tebuconazole, fluazinam, thiophanate-methyl.
3. Insect control in turf and treed areas within the property. Target pests include mosquitoes, elm bark beetles, tent caterpillars, cankerworms and white grubs. Projected dates of application are from May 15 to October 15, 2026. Insecticides used may include Bacillus thuringiensis, chloranthraniliprole, chlothianidin, deltamethrin, lambda-cyhalothrin, permethrin, imidacloprid, chlorpyrifos.
4. Growth regulators may include trinexapac-ethyl.

The public may, within 15 days after this notice is published, submit written comments to the department or register a written objection to the use of pesticide next to their property

Manitoba Environment and Climate Change
 Environmental Approvals Branch
 Box 35, 14 Fultz Boulevard
 Winnipeg, MB R3Y 0L6
pesticideusepermit@gov.mb.ca

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METAL RECYCLING

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NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

TIME TO BOOK YOUR CLASSIFIED ADS FOR SPRING 2026! Let us help you book your blanket classified ads across Manitoba, and increase your presence. Let people know about your business, item for sale or event, by placing an ad with us! Your ad will be seen in the MCNA Member Newspapers, in over 368,000+ homes in Manitoba. Please call 2 0 4 - 4 6 7 - 5 8 3 6 or MCNA at 204-947-1691 for more details or to book ads. Take advantage of our great pricing! MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

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News Tips? Story Ideas? call the Tribune 204-467-5836

HELP WANTED - LEGAL SECRETARY

Grantham Law Offices requires a legal secretary for a full-time position, due to expansion. Duties will include preparing legal documents and dealing with clients. Specific training will be provided. Salary will commensurate with experience. Please forward your resume to: Grantham Law Offices, Box 1400, Stonewall, Manitoba, R0C 2Z0, Attention: Doug Grantham/Dwayne Grantham or email to: lynnet@granthamlaw.ca

HELP WANTED - SUMMER STUDENT

Employment Opportunity: Stonewall law firm requires a university student, commencing May 1 to August 31, 2026. The applicant must be comfortable dealing with the public. Typing and computer knowledge of "Word" is required. Kindly forward resume in confidence to: Grantham Law Offices, Box 1400, Stonewall, Manitoba, R0C 2Z0, Attention: Doug Grantham/Dwayne Grantham or email to: lynnet@granthamlaw.ca

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PUBLIC NOTICE

**Additions to the Voters List and/or
Personal Security Protection Requests**

Town of Teulon

In accordance with Section 36 of The Municipal Councils and School Boards Election Act (MCSBEA), the Town of Teulon Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Town of Teulon can have his or her name added to the Voters List, or have any information about the voter on the Voters List corrected.
- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Senior Election Official, in person, by e-mail, fax or mail to:

Town of Teulon
44 4th Ave SE
Box 69
Teulon, MB R0C 3B0
Phone: 204-886-2314
Fax: 204-886-3918
E-mail: info@teulon.ca

The next General Election takes place October 28, 2026.

Roger A. Bouvier
Senior Election Official

**Stonewall Teulon
Tribune
Classifieds**

**WESTERN INTERLAKE PLANNING DISTRICT
UNDER THE AUTHORITY OF THE PLANNING ACT
NOTICE OF PUBLIC HEARING**

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

THE RURAL MUNICIPALITY OF ST. LAURENT BY-LAW NO. 1-2026
Being An amendment to the Rural Municipality of St. Laurent Zoning By-Law no. 5/05, as amended.

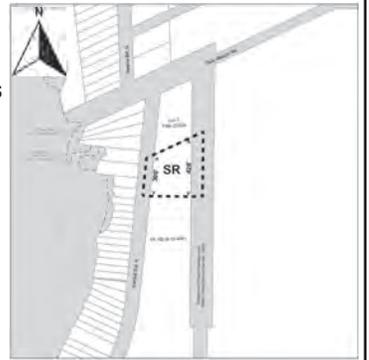
HEARING RM of St. Laurent Council
LOCATION: Chambers, #16 Veterans Memorial Rd, Recreation Centre, St. Laurent, MB

DATE & TIME: April 1st, 2026 @ 10:15 am

GENERAL INTENT: To re-zone land within the RM of St. Laurent from "Agricultural Restricted" Zone to "Seasonal Recreation" Zone

AREA AFFECTED: Part of NE ¼ 9-16-4W (outlined in a heavy dashed line) St. Laurent, MB in the RM of St. Laurent.

FOR Cherie Millar, Office Administrator
INFORMATION Western Interlake Planning District
CONTACT: Box 269, St. Laurent, MB R0C 2S0
(204) 646-2615 Fax: (204) 646-4150
Email: wipd@mts.net



Pl of NE-9-16-4-W In the RM of St. Laurent From "AR" Agricultural Restricted To "SR" Seasonal Recreation

A copy of the proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from upon request.

Note: Property owners are responsible for notifying lessee.



**BUDGET
2026-2027
PRESENTATION**

PRSD is hosting its public Budget 2026-2027 Presentation at the Prairie Rose School Division Office, 45 Main Street South,



Carman, MB, on Monday, March 23, 2026, at 6:00 PM. The presentation will be recorded and posted on our website (g.prsdmb.ca/board/financebudget) following the live event, and a feedback form will be available until Friday, April 3, 2026, at 9:00 a.m.

Constituents may attend in person or online. To register, please complete the Budget 2026-2027 Presentation Registration form using the QR code above or the link here (tinyurl.com/26-27prsdbrgt). Registration is required for the live event. If you need support registering or have questions, call the office at 204-745-2003 or send emails to prsd@g.prsdmb.ca.



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IN MEMORIAM



Joan Sinclair
September 10, 1937 – March 19, 2016
Our cherished Mom, Grandma and Great-Grammies Joan:

Ten years have come and gone and we will always miss you so, for you are the "one" Mom, Grandma and Great-Grammies that we treasure every day. We think about you always, We talk about you still; You have never been forgotten, And you never will. We hold you close within our hearts, And there you will remain. You treasured each one of us in such special ways, There are so many family memories to remember.

-Always loved, never forgotten by
The Mann, Maxwell and Sinclair families

*There is a link death cannot sever,
Love and remembrance last forever.*

FIVE GENERATIONS



Mary Kowalchuk, at the age of 103 7/8 is pleased to be able to celebrate five generations in our family. Left to right behind her are her grandson Curtis Shupenia, her daughter Rosalie Shupenia, and her great-granddaughter Larysa Epp holding her daughter Winter Rose Epp, 14 months. Thank you Lord. We are so blessed.

IN MEMORIAM



Caroline King
March 6, 1934 – March 24, 2025

We can't believe it's been one year
Since we saw your beautiful smile,
And how we would sit and talk a while.
We are so glad we got to say goodbye
And hold your hand in mine,
As you left this world behind.
The selfish part inside of us
Never wanted you to leave,
But, God had bigger plans for you
So he left us here to grieve.
We know that you are still with us
As we feel your presence near,
And we'll love and miss you always
Each moment throughout the years.
So, on your one year anniversary
We're sending our tears of joy
As we remember all that we once shared.

-Love always,
Your family

IN MEMORIAM

John MacLeod Hannah
June 18, 1941 – March 14, 2019
Always in our thoughts,
Forever in our hearts.

-Pat, Susan, Chris, Helena,
Delta, Francis, Charlie, Chico
Taxi!

CARD OF THANKS

We would like to thank everyone for the kindness and support shown to us following the passing our husband, father and grandfather Douglas Hogg. Special thank you to Ken Loehmer and Prairie Spirit United Church.
-Audrey, Paula, Jlee and family

CARD OF THANKS

We would like to sincerely thank everyone for all of the sympathy and support shown to us after the passing of Jessie, our mother, grandmother and great-grandmother. Thank you for the visits, phone calls, cards, messages, flowers and gifts of food. It was all very much appreciated. A very special thank you to Shirley Williams for her kindness and compassion and making the Celebration of Life a very meaningful service. To Blue Skies Bakery for providing and serving the delicious lunch. Thanks to Ken Loehmer for his kindness and professionalism during this difficult time.
-The Ogilvie family

OBITUARY

David Michael Unrau
March 9, 1968 – February 13, 2026



It is with heavy hearts that we announce the passing of David Unrau, aged 57, who left us suddenly after a tragic quad accident on February 5, 2026 near his home in Ardrossan, AB.

David was born and raised in Stonewall, MB where he bought his first home and sparked his lifelong love of hockey. His friendships with the "good guys" who were his family on the Stonewall Jets and Flyers teams remained strong and true throughout his life, even after he moved to Alberta. David enjoyed the outdoors and was an avid hunter and fisherman. He deeply loved music of all genres and his playlists were the soundtrack of every gathering with friends around a bonfire. He was a dedicated Oilers fan, wholeheartedly believing that the Stanley Cup would be coming back to Edmonton one day. His generosity was unrivalled; he would give everything he had to help anyone who needed something. And he took great pride in cooking for family and friends – if you knew David, you knew what was on the dinner menu every night because there was a picture of it on Facebook or Snapchat for all to appreciate.

David always said that his greatest gift in life was his son Coty, and he was a very proud uncle to his niece Nicole. David and his big heart will be forever missed by his dad (John), sister (Kim), brother-in-law (Paul), younger brother (Dan), sister-in-law (Robyn), dozens of aunts and uncles and cousins in Manitoba, and many dear friends in Alberta.

David was predeceased by all of his grandparents, and mom (Shirley).
Cremation has taken place and a celebration of life will be held in Stonewall on May 15, 2026 – details to be shared at a later date.

OBITUARY

Robert (Bob) Edmond Van Steelant
December 13, 1940 – March 12, 2026

It is with profound sadness that we announce the passing of Robert Edmond Van Steelant. Robert passed away peacefully on March 12, 2026.

He was predeceased by his parents Edmond and Greta Van Steelant. A devoted father, grandfather and partner, Robert leaves behind sons Jim and Christopher (Tammy), daughters Leaha and Lisa (Mike); grandchildren Dayna and Kaleb, Jonathan, Abigail and William; as well as Alice Pittet, who shared many years with him.

Born December 13th, 1940, Robert was a local farmer in Rosser municipality and the surrounding communities for his entire life. He pursued both dairy and grain farming, and loved nurturing and watching crops and calves grow. He will be remembered for his love of old-time dancing, card-playing, and getting together with friends.

The family would like to extend their heartfelt appreciation to the staff at Foyer Notre Dame de Lourdes for the care they gave Robert.

He will be deeply missed by all who knew him, and for anyone who wishes to attend, there will be a memorial service at MacKenzie Funeral Chapel, Stonewall, MB on Saturday, March 21st at 11:00 a.m. Private family interment to follow at a later date.

In lieu of flowers, donations may be made to your charity of choice in Robert's honour.



204-467-2525
mackenziefh.com

OBITUARY

Gregory John Ward
September 2, 1955 – March 1, 2026

Greg passed away at home suddenly, on March 1, 2026, at the age of 70. He was born in Stonewall and grew up with his family on a dairy farm near by. After high school Greg was a student at the University of Manitoba where he met many life long friends. After brief stints working as an audio technician at the university radio station and CBC, Greg landed a position at the Manitoba Department of Education making audiobooks on tape for visually impaired students.

Greg enjoyed playing golf, darts and curling with his friends. He was a very good cook, excelling behind his BBQ and smoker, and enjoyed sharing his creations with friends and family.

He was predeceased by his father Ted and mother Donna. Greg will be missed by his longtime partner Rhonda Kurtz, his brothers Dean (Marg), Tim, sister Kim (Scott) Hughes, numerous nieces and nephews and many friends.



204-886-0404

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OBITUARY



Carolyn Fay Hansen-Oatway
July 17, 1959 – March 6, 2026

Eagle Buffalo Woman from the Bear Clan

Celebration of Life will be held for Carolyn, on Friday, March 20 at Neil Bardal Funeral Centre (3030 Notre Dame Avenue, Winnipeg, MB). Service will begin at 2:00 p.m. followed by a reception at the same location. No burial will be held as Mom's wishes are to be cremated and to remain close to her dear children.

Carolyn Fay Hansen-Oatway, (commonly known by friends and family as Carol or her childhood nickname Burnt Cookie), was a loving grandma, mother, sister, and friend, who suddenly passed away on March 6, 2026, at the age of 66. Mom was born on July 17, 1959 in Gimli, Manitoba. She spent most of her life in Winnipeg, where she built a life centered around her family and friends.

Mom leaves to mourn her good friend Wayne, as well as her children, whom she loved dearly: Mackenzie (Dylan), Jaye (Jenna), and Karl; her stepchildren Jesse (Angela) and Corey (Amanda). She will also be deeply missed by many nieces and nephews, as well as her "sweaters" as she would often call her siblings: brothers Sam, Hal (Jocelyn), Perry, Darrell (Chrissy), and Orval; and her sisters Cindy (Marinos), Irma, and Elizabeth. Coming from a big family, Mom held everyone close to her heart and truly valued the bond she shared with everyone.

Carolyn was predeceased by her beloved mother Annie Hansen and father Harold Hansen; her sister Olive Favel and brother-in-law Gerald Favel; her nephew Joshua Hansen; her father-in-law Jack Oatway and mother-in-law Jean Oatway; her sisters-in-law Kathy Hansen and Brooklyn Hansen; along with many other cherished relatives who went before her.

Mom was full of life, warmth, and love, and she always made sure everyone around her was taken care of. Even though she enjoyed her time alone, watching many movies with a Coke Zero in hand, and a sweet treat she commonly enjoyed, she rarely missed a family gathering and always treasured the time spent surrounded by those she loved.

Mom was also a very proud grandma to her grandson Oliver, who held a very special place in her heart. Being a grandma was a title she carried with great pride, and she adored Oliver to pieces. He brought her so much happiness, and she cherished every moment she got to spend with him.

Mom was a very intelligent and accomplished woman. In her younger years, she attended the Northwest Indian Bible School in Montana with her brother Sam. After Bible school, she returned to Winnipeg, where she worked at Manitoba Health for many years, and then later in life, decided to return to school to pursue her passion for helping others. She obtained a Bachelor of Social Work from the University of Manitoba, graduating with a GPA of 4.26, and went on to spend the remainder of her career working as a social worker. She also earned a Management Certificate and an HR Diploma from the University of Winnipeg.

Mom was loved by many, and her kindness, strength, and deep love for her family will never be forgotten. Her memory will live on in the stories we share, the love she gave so freely, and the family she held so close to her heart. She had a signature way of saying goodbye, and now it is our turn to say it back to her:

"Love you. Bye for now."

In Loving Memory of Mom/Carolyn
Though you left us suddenly,
And we were not ready to say goodbye,
Your love remains within our hearts
And will never fade with time.
Your laughter, kindness, and caring spirit
Will live on in our memories each day.
In every gathering, in every story,
A part of you will always stay.
You were a sister, mother, grandmother, and friend,
So deeply loved and dear.
And though we miss you more than words can say,
We will carry you with us everywhere.
One thing everyone will always remember
Whenever it was time to part,
You never said just said goodbye, or see you later,
Only "Bye for now."
And so, we say the same to you, Mom.
We love you, "Bye for now".



204-467-2525
mackenziefh.com

Announcements

OBITUARY

Winona Shupenia (Srutwa)

It is with heavy hearts the family announces the peaceful passing of our mom and grandma, Winona Shupenia (Srutwa) of Komarno, MB at Gimli Hospital on Sunday, March 15, 2026 with family by her side.



204-886-0404
www.klfuneralservices.ca

OBITUARY

Elene Helga Oakley

May 12, 1929 – January 9, 2026



We are deeply saddened to announce the peaceful passing of our beloved mother, mother-in-law, Amma and Langamma, Elene Helga Oakley, at the Hunter Memorial Hospital in Teulon, surrounded by family on January 9, 2026, at the age of 96.

Left to honor her memory are her son David Oakley and his wife Lesley, their children David Jordan Oakley (Amanda), Erin Brady (Matthew), and Meaghan Gale (Darren); her daughter Louise Kahler and her daughter Jennifer Johanna Kahler of Lethbridge. Great-grandchildren Lilika and Skylar Oakley; Emma, Reid and Rory Brady; and Madison, Brooklyn and Brandon Gale. Sister-in-law Barbara Eylands of Phoenix, AZ and many nieces and nephews.

Predeceased by her husband Dr. David Ross Oakley, of 63 years, and son-in-law Brian Kahler; sisters Dolores Lawler, Lilia Day, brother Dr. Jon Eylands and great-granddaughter Jessica Jordan Oakley.

Mom was born in Minot, North Dakota, the daughter of Rev. Dr. V. J and Lilia Eylands. She grew up in Winnipeg but from 1955 onward, Gimli was her home.

Mom had a number of jobs over the years: she worked for a law firm in Winnipeg where she met her husband David, she owned her own business (The House of Fabric) and volunteered in school as a speech therapist. However, her most important role was a stay-at-home mom and housewife where she raised her family.

Mom was very proud of her Icelandic heritage and our home was filled with Icelandic treasures. She loved to garden and was proud of her backyard where many wonderful special occasions were celebrated including Islendingadagurinn. Tradition was important and Mom made sure her grandchildren had their own Pönnuköku pans and knew the secrets of making a good Vínarterta.

Music was her passion. Mom played for pleasure and was the organist at Gimli Lutheran Church for over 35 years. Mom loved to read, play bridge, curl, make puzzles knit and needlepoint. She was light-hearted in spirit and liked to laugh. She loved her children, grandchildren and great-grandchildren. She believed we only have one childhood and it needed to be memorable. She taught us how to use our imagination: to get up, dress up, show up; laugh and have some fun.

"I had a wonderful life, a good life and a happy life. I am never bored.

I look to the sky and get my joy from the wonderful sunrises and sunsets"

The family would like to extend a heartfelt thank you to Dr. Loudon, the Teulon Medical Clinic and all the staff of the Teulon Hospital for their compassionate and exceptional care. In addition, a big thank you to all the homecare staff over the years as well as the Thorvaldson Care Center.

Cremation has taken place. A memorial service will be held April 8th, 2026 2:00 p.m. at the Gimli Lutheran Church with a private interment at the Gimli Community Cemetery.

Those we love don't go away, they walk beside us everyday.

Unseen, unheard, but always near, so loved, so missed, and held so dear.

In lieu of flowers if friends so desire, a donation can be made to the Gimli Lutheran Church, Gimli Betel Home, the Teulon Healthcare Foundation or a charity of your choice.

Tributes: www.neilbardalfuneralhome.com



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