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Stonewall Teulon Tribune

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Olympic dreams

TRIBUNE PHOTO BY JO-ANNE PROCTER

Teulon Elementary staff and students held their own Winter Olympic Games last week. Duncan and Easton representing Team Germany and Haden from Team Italy race down the north hill in the bobsled/luge competition.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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 T.S.

Local quilter displays her craft at Teulon Library

By Melissa McIvor

March is Quilt Month at the South Interlake Regional Library and colourful quilted creations by Edith Chubey will be on display until April at the Teulon Library.

While Chubey is new to Teulon, she's no newbie to quilting, which she's been practising for over 30 years.

"I first made quilts for my grandchildren starting in 1984," explained Chubey. "I didn't know what I was doing as far as quilting went. At that time, I was fabric painting so I painted pictures on the squares and then put them together. They were very loosely quilted but the children kept them right until their teens."

Chubey formally learned to quilt when she joined the Clandeboye Quilters in 2004 and continued to hone her craft with the Matlock Sew 'n Sews when she joined in 2009. She still attends the group in Matlock on Mondays and has recently started quilting with a group out of the Teulon Senior Resource Centre on Wednesdays.

"I usually start with a pattern that I've found that intrigues me and then I think about what colour scheme I want. Then it's a search for fabrics, which sometimes can take quite a while to find just the right fabric with the colour and texture you want. Then it's a matter of beginning to make the squares and put them together."

"It's very relaxing, I find," said Chubey. "It's the satisfaction about creating something with your own hands."

Over the years, Chubey has made countless quilts of all shapes and sizes.

"I've got everything from placemats up to queen-sized quilts," she said. "Most of them are given away to either family or friends, but I have several hanging on my walls and quilts on my bed."

Chubey often takes larger quilts to Netley Colony when her own sewing machine cannot accommodate the size of the piece.

"There's a lady there who does machine quilting and she does a lovely job," she explained. "My quilt is all sewn together when I take it to her. I bring my batting and my backing and she sets it up in her machine and I choose the pattern that I want."

Improvisation is one of Chubey's strengths and she's made a number of appliquéd quilts with only a picture for reference. She is particularly pleased with one such piece called 'West Coast Bliss' which captures the images and textures of Canada's West Coast.

To see this quilt and others from Chubey's impressive collection, drop by Teulon Library at 19 Beach Rd.



TRIBUNE PHOTO BY MELISSA MCIVOR

"West Coast Bliss," a quilt made by Teulon resident Edith Chubey, will be on display along with many others at the Teulon library during the month of March.

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All for the love of the Games

By Jo-Anne Procter

Teulon Elementary students and staff celebrated the 2018 Winter Olympic Games by hosting their own TES Winter Games from Feb. 26 to March 2. In total, 272 kindergarten to Grade 6 students and their teachers were divided into groups to represent 14 countries. Each country was responsible for making their own large flag, smaller individual flags and a team cheer before attending the Opening Ceremonies that took place on Feb. 26 in the school gymnasium. Throughout the week, each country participated in events such as epic Olympic toboggan races, a boot scoot biathlon relay, bobsled/luge races, a snowshoe scramble, curling, floor hockey and a winter obstacle course. Throughout the week, school spirit was enhanced and teamwork skills were put to the test. Official closing ceremonies were held March 2.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Teulon Elementary's Team Canada during closing ceremonies last Friday.



Teams Germany and Italy competed in the bobsled/luge races on the last day of the TES Winter Olympics.



Team Ukraine and Team Canada members Ethan, Reece, Sarah, Emily, Landyn and Daniel ended their Olympic week competing in the snowshoe scramble event.



Team Norway members Nate and Logan race through the epic Olympic toboggan race course pulling Silas around the curves and over the hill.



Team Norway's Ben and Lily pull Alicia around the epic Olympic toboggan race course.



Thomas, Braden, Kelsey and Jeremiah from Team Canada and Team Ukraine ended up off the trail in their snowshoe scramble.

PR 518 closed for construction during rebuilding effort

By Jeff Ward

A one-kilometre stretch of PR 518 in the RM of Woodlands is being rebuilt after floodwaters washed the road out in 2011 and 2014.

The project is slated to cost the province \$450,000, according to a spokesperson for Infrastructure Minister Ron Schuler, and will be completed by the end of the month if weather conditions remain favourable. Work is underway right now by BT&T Construction, which is working to armour the side slopes of the highway, since past wave action has eroded both sides of the road.

The closed section is 14 kilometres north of the Highway 6 junction and five kilometres south of the Highway 415 junction.

Shoal Lakes Flooded Land Owners Association president Orval Procter said the group has been lobbying for the rebuilding of the road since the flood. He said that he is happy to see it finally get the attention it deserves.

"I don't use the road a lot myself, but most of our organization does. That's

their main connection route," said Procter.

"A lot of the people we represent use that road as well, and I can appreciate what it's like for that road to be closed for so long. When they're hauling bales and they can't go that route, for some of them, it adds an extra 20 miles to their trips. And emergency access, if you need an ambulance or something, is also a longer wait."

"THE GOOD THING IS WE'VE BEEN GETTING VERY GOOD VALUE FOR TAXPAYERS MONEY LATELY."

Procter explained that one of the reasons this project is on the books right now is that his group, along with members of council from affected municipalities, were able to get a meeting with Minister Schuler and

make their case. Derek Johnson, Interlake MLA and legislative assistant for Minister Schuler, helped get that meeting and said that when groups come together as a region, they do become higher on the priority list.

Johnson said he knows the road well and it's one of many on his list of roads he'd like to see have work done.



TRIBUNE PHOTO BY JEFF WARD

PR 518 is being rebuilt to its former state from before the floods of 2011 and 2014. Work should be completed by the end of the month.

He credits his government's ability to get a good value for taxpayers' money as one of the reasons this project is being completed this year.

"The good thing is we've been getting very good value for taxpayers money lately. A lot of our tenders are coming in well under what the engineers kind of based the project at and it makes our dollar go a lot further

so you can wrap up some of those little projects that have been hanging around for a while," said Johnson.

The MLA added that the road, when finished, will have space for two vehicles to pass each other—a feature that the previous temporary road did not have. Johnson said the road will be restored to its previous state, prior to the flooding.

Red River Co-op announces \$28.3-million payout to its membership

Submitted

Red River Co-op's board of directors are pleased to announce a \$28.3-million cash repayment to its members for the 2017 fiscal year.

The board of directors approved an allocation to the members of 6.82 per cent on fuel purchases (average of 6.3¢/litre — based on an average retail pump price of 91.7¢/litre), five per

cent on pharmacy purchases and two per cent on food purchases.

"Red River Co-op membership offers a lifetime of rewards, including the promise of high-quality products and services at competitive prices," said Ward Weisensel, president of the Red River Co-op board of directors. "As our members are owners, they receive an annual share of the Co-

op's profits, based on their purchases, which we are happy to offer after a successful 2017 year in food, petroleum and pharmacy sales."

The Winnipeg-based co-operative will be sending out over 280,000 cheques totaling more than \$28.3 million to its members in Winnipeg and surrounding communities. Members can keep their eye on their mailboxes starting today for their cheque.

Members over the age of 65 can apply to have 100 per cent of their equity repaid to them in cash. Once approved, they will receive their full annual allocation in cash each and every year.

Red River Co-op continued to evolve to serve members better in 2017 with the opening of the renovated Ness Gas Bar (2251 Ness Ave.) with Hybrid twin bay car wash that offers fast service and multiple wash options to suit customers' specific needs. The Red River Co-op grocery store in Southdale (77 Vermillion Rd.) reopened after major renovations to bring customers

the best in fresh and local groceries and a comfortable shopping environment.

Already in 2018, the rebuilt Rossmere Gas Bar (1070 Henderson Hwy.) opened and plans are underway to renovate the Red River Co-op Food Store in Grant Park (1120 Grant Ave.). Members can look forward to a fall grand opening of the Food Store in Grant Park, and business will be uninterrupted at the store while the upgrades are being made.

Red River Co-op currently has 35 gas bars, five cardlocks, three food stores and a standalone Pharmacy in Winnipeg and the surrounding areas of Selkirk, Stonewall, Teulon, Gimli, Ste. Agathe, Niverville, Oakbank, Headingley, Kenora and Dryden.

Member Contest

Members are invited to tell their story of what they plan to do with their member cash back cheques at Facebook.com/RedRiverCoop for a chance to win one of six \$250 food store gift cards. Contest runs until March 8.

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The Truth Behind 'In Like A Lion, Out Like a Lamb'

Files from The Farmers' Almanac

If March comes in like a lion, it will go out like a lamb.

Is there any truth to this saying? Weather folklore sayings are as colourful as our imagination. While many sayings are based on careful observations and turn out to be accurate, others are merely rhymes or beliefs of the people who came before us.

Those people often believed that bad spirits could affect the weather adversely, so they were cautious as to what they did or did not do in certain situations. Those beliefs often included ideas that there should be

a balance in weather and life. So, if a month came in bad (roaring like a lion), it should go out good and calm (docile, like a lamb).

With March being such a changeable month, in which we can see warm spring-like temperatures or late-season snowstorms, you can understand how this saying might hold true in some instances. We can only hope that if March starts off stormy, it will end on a calm note, but the key word is hope. However, this saying seems to be more of a rhyme rather than a true weather predictor.



TRIBUNE PHOTO BY JO-ANNE PROCTER

A March storm dumped thick, wet snow on the Interlake and Southern Manitoba, shutting down highways and cutting power to many households. About 10 to 30 centimetres of snow fell overnight Sunday and throughout the day Monday.

Group formed to lobby government for Grassmere Drain maintenance

By Jeff Ward

The Shoal Lakes Flooded Landowners Association is spearheading the formation of a new group that will form an action plan to deal with the aging Grassmere Drain.

The group has representatives from the RMs of Woodlands, Rosser, Rockwood and West St. Paul. Orval Procter is the president of the Shoal Lakes Flooded Landowners Association and said that the drain is in bad need of significant repairs and that he's looking forward to starting the process of laying out an action plan.

The Grassmere Drain starts in the RM of Woodlands and feeds down through Rockwood, Rosser and drains into the Red River near West St. Paul. The drain removes excess water from those areas, but over the years, it has been silted in and its flow capacity has been significantly reduced, according

to Procter. He said the group had their first meeting last week and the direction of the meeting was to understand

what everyone needs and what they want from a potential strategy.

Procter explained that this will be a long process and it's not something that's going to get done overnight, or even this year.

"Realistically, we're probably a year from getting a plan in place to present," said Procter. "Once we all have something to present, it'll likely be an election year, which may

or may not help us. It's going to be a multi-year process, it can't help but be."

Procter said that there is an early consensus to have a control drain from the Shoal Lakes into Grassmere that can be used as a relief valve. He said the Grassmere Drain is pushing

"REALISTICALLY, WE'RE PROBABLY A YEAR FROM GETTING A PLAN IN PLACE TO PRESENT."

a century old now and that the last time it saw any serious work done was back in the '60s.

The drain needs work, and Procter said that the new group has a much better chance of being heard by the province if they can come together with an action plan that has a concise vision and a singular voice.

"This isn't going to be a piecemeal approach. Before we make a funding request we got to get our ducks in a

row and make a strong presentation of what's going to be needed in the future and then have everyone on one side presenting it," said Procter.

The next meeting date has not been decided yet, but Procter said he feels good about the formation of this new group and hopes that, with enough patience, they can come together and reach an understanding about what needs to be done to fix the aging drain.

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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL Even at fishing derbies, lessons in life happen

Welcome, my friends.

The afternoon sun reflected brightly off the snow on the Red River as I nursed Old Red through a narrow monkey trail upstream of Breezy Point onto the ice pack. Ahead of me sat a portable ice shack with a tall guy standing beside it.

I pulled up to him and, stepping out of my truck, a raw wind forced me to pull my hood tighter. It didn't seem to bother our new friend, though, with his huge athletic stance and shaven bare head. He spoke well and quickly with a constant smile.

"Hi, I'm Kevin Seaford of Winnipeg," he offered, "and this is my son Nelson." He pointed to a big, dark haired lad maybe not quite 20. As we began talking getting to know each other, I found Kevin quite grounded in his family and their lives.

He recalled when he was a kid in the summer he would go with his grandfather to the Lockport pier to catch minnows for fishing and Granddad had a great trick. They would wait until the gates of the locks opened to let the big riverboats out to go to Selkirk, which would cause torrents of turbulent water to rush out. With their minnow nets deep in the boiling water, they would pull them up quickly to find their nets full of minnows. Sometimes, if they were lucky, there would be a sauger or two in the nets as well.

It's no secret that the ice on Lake Winnipeg is very thick this year, which wound up causing rookie angler Linton McGill of Winnipeg all kinds of anguish last week. This friendly young guy in heavy clothes, a big scarf and toque that almost hid



TRIBUNE PHOTO BY ARNIE WEIDL
Lily Thomas with "her" catch at the Ojibway Brokenhead ice fishing derby.

his dark, bearded face explained how he had come out to fish with a hand-operated ice auger. After drilling laboriously as far as the auger would let him, he hadn't gotten through to water yet. Upset but determined, he tried to buy an auger extension back in Winnipeg during the week, but everyone was out of stock. He became a man on a mission. He went to a hardware store, bought some pipe and made his own extension. Come the weekend, he couldn't wait and

soon was right back at the ice hole that had denied him. He put his rig together, plunged it into the hole and began turning it with great force.

In only a minute, he heard a clink and knew his auger extension had broken. He knelt on the ice cursing his bad luck. Just then, two neighbouring anglers appeared by his side saying, "You seem to be having all kinds of problems. Use our holes over there. We're packing it in for the day."

Linton thanked the guys, tossed his broken auger in the truck and managed to catch a few pickerel that day.

Once again, it was such a pleasure to attend the Brokenhead Ojibway ice derby. Our host and MIFA board member John Bear ran a wonderful derby with many locals and visitors participating. Lawrence Hackluk took first prize with a big jack, Sheldon Bear came in second and Kage Carver got third, but the "belle of the derby" was little Lily Thomas. This cute three-foot bundle of energy and fun could be seen running back and forth between friends and relatives yelling out how she was going to catch a big fish. MIFA president Lawrence Proulx and I couldn't help laughing as John Bear, always a joker, caught a small jack and, seeing Lily running away, hooked it on her rig, dropped it in the water and then shouted, "Lily, come back. You caught a fish."

She seemed to fly over the snow. She grabbed her rod and began reeling with grim determination. In minutes, the jack came flopping up onto

Continued on page 7

Stonewall Teulon
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Bilingual Storytime is back at Stonewall Library

By Melissa McIvor

For the next two months, parents looking to introduce their preschoolers to French will find just what they need at the South Interlake Regional Library in Stonewall.

From March 13 to April 24, Stonewall Library is bringing back Storytime en français, a preschool bilingual literacy program.

For six weeks, Stonewall Library's Tara Glaspey will run the program on Tuesdays from 2:30 p.m. to 3 p.m.

Glaspey has a background in early childhood education and has years of experience running programs in literacy and numeracy, after-school programs, and home-based daycare and pre-school programs. She has also volunteered in French immersion classes.

"I'm a parent who has children in immersion and I want people to know that you do not need to be French or have any French skills at all to be part of this," said Glaspey.

Glaspey will use a combination of French and English in her lessons. "It's just going to be basics," she explained. "Letters, numbers, shapes, colours and some easy-to-learn words. There will be corresponding songs from our English Storytime that I'm adapting into French. It's going to be fun."

Glaspey will also lead the children through creative crafts and French stories.

The books that Glaspey has selected to read during these classes were chosen for their bilingual text, which she hopes will help English-speaking parents feel more involved in the lessons.

"The books will have both English and French in them, so while I read the French, the parents will be able to see what the English translation is. They're very simple books that the kids can be engaged in."

Glaspey says that the program will be a fun, educational half-hour activity for parents and their young children.

"The kids get to socialize in a safe environment and it's an opportunity to try something different."

The program is drop-in only so it is not necessary to register ahead of time. The program is available to all families whether they have a library card or not.

Parents should take note that the program will not run March 27.

Storytime en français joins the regular programming offered at Stonewall Library. Kelsey Dingwall leads a drop-in English Pre-school Storytime on Fridays from 10:30 a.m. to 11 a.m., which everyone is welcome to attend.

The library offers special programming throughout the year. To make sure you don't miss out, check in with Stonewall Library regularly and watch its social media accounts on Facebook and Instagram.



TRIBUNE PHOTO BY MELISSA MCIVOR

The South Interlake Regional Library in Stonewall is offering Storytime en français for preschoolers on Tuesdays from March 13 to April 24.

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> GET FISHING, FROM PG. 6

the ice with John heaping praise on her angling ability. Well, Lily is Lily and as soon as the fish was off the hook, the hook rebaited and back in the water, she was gone in a flash. It was all I could do to get her to stand still for a picture with John's fish. Then, wonder of wonders, Lily got a real bite. Again, John called her back and, since this was a legitimate catch with the prospect of her getting a prize, John couldn't help encouraging her to land the fish. She listened, perhaps a little too well, because she reeled in so fast just as it reached the top of the hole, it slipped the hook, disappearing into the water. She was heartbroken. John put his arm around her, talking to her softly, and slowly a smile blossomed on her pretty face. Even at fishing derbies, lessons in life happen.

Come by next week, won't you? Bye.



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ALL ARE WELCOME





Tabula Rasa choir presents la vida concert



TRIBUNE PHOTOS BY JO-ANNE PROCTER

The Stonewall United Church was alive with the sound of music last Saturday night as the young adult choir Tabula Rasa and guest artists Two Crows for Comfort performed for an intimate crowd. Conductor Kendra Obach led the choir, which sang 12 songs accompanied by instrumentalists Beth Emmers, Cory Sulyma and Don Horbas. Former students of Obach and Horbas, Erin Corbin and Cory Sulyma of Two Crows for Comfort treated guests to some of their original songs. As the evening came to a close, choir member Hayden Bytheway presented Obach with flowers for her dedication to the choir and for making life worth singing about. Far left photo: guest artists Erin Corbin and Cory Sulyma of Two Crows for Comfort. Middle photo: Tabula Rasa, and right photo: Hayden Bytheway presents Obach with flowers.

SARAH program volunteer training starts April 15

Submitted by Survivor's Hope Crisis Centre

The SARAH Program is a sexual assault crisis intervention program that provides support services through regional hospital emergency departments and RCMP detachments. Survivor's Hope Crisis Centre has been helping victims of sexualized violence since 2003.

The SARAH Program volunteer offers victims of sexualized violence

support, information and referrals to help with the recovery process. We are currently looking for new volunteers to join our SARAH Program to support program centres on the west side of the region (Selkirk & Beausejour) and the east side (Pinawa & Pine Falls). The Pine Falls team has been offering support for more than a decade and is looking for local volunteers to fill out their team. The Selkirk team started up in December and is keen

to expand their group on the west side. If you live within 45 minutes of one of our major centres in Selkirk or Pine Falls, we invite you to learn more about this volunteer opportunity.

Suitable applicants will be invited to participate in Sexual Assault Crisis Intervention training in April. All regional applicants will train together to complete 40 hours of training over four weekends. Training is set for April 15 (9-5 Selkirk), April 21 and 22

(9-5 Selkirk), April 28 and 29 (9-5 Selkirk) and May 5 (10-5 Winnipeg). A trainee must successfully complete all training sessions before being invited to join the SARAH Program as a volunteer.

Applicants must have a valid driver's licence and reliable vehicle. The screening process is straightforward: an application form, interview, two references and current Criminal Records Check/Vulnerable Sector Check (RCMP). Applicants will also be required to complete a Child Abuse Registry Check and an Adult Abuse Registry Check. Call 1-204-753-5353 or director@survivors-hope.ca for more information. We look forward to hearing from you.

Information about the SARAH Program and our organization can be found at www.survivors-hope.ca and on Facebook at www.facebook.com/survivorshope.

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Teulon provides team-based approach to health care

By Jennifer McFee

Some might think Teulon's medical system needs healing while others believe it's already in great health.

For Teulon resident Nancy Hein, her experience with medical care in Teulon has left her feeling frustrated.

In particular, she wonders why there is no local walk-in clinic and why patients are required to roster with the Teulon Medical Clinic.

According to the Teulon Medical Clinic website (www.teulonmedical-clinic.com), "rostering acknowledges that a relationship exists between the clinic and the patient with the understanding that the majority of the patient's primary care needs will be met and received through the clinic."

For some residents, the home clinic model might be ideal; however, Hein does not feel ready to commit all of her family's care to the local clinic.

"It's just sad that when you want a clinic or a walk-in or to see somebody on short notice, we are not able to do that in our town unless you give up your doctor," she said.

"I'm not going to give up my family doctor. And I wouldn't give up a pediatrician in Winnipeg for anyone in Teulon because Teulon goes through so much staff. If you give up a pediatrician in Winnipeg, you're not going to get one back. It's very hard to find a new doctor."

In the past few weeks, Hein has travelled to Stonewall twice to see a doctor. She feels concerned for other Teulon residents who might face similar situations.

"We have a lot of seniors in our town and we also have a lot of young families," she said.

"It's inconvenient to have to leave our town to go to a walk-in clinic when we do have a facility."

Meanwhile, Teulon Mayor Bert Campbell sees the positives of rostering patients so that they are attached to the local clinic.

"Rostered is a mandate of the Manitoba government. We are on the cutting edge in Teulon because we start-

ed doing this a year ago. This is part of the reason why they've closed walk-in clinics in Winnipeg," Campbell said.

"There's nothing wrong with rostering. Rostered gets you on a list and you're part of a clinic clientele. If you become rostered by Teulon Medical Clinic, you could be seen by anybody in the clinic, anytime, whenever you need to go."

Currently, the clinic in Teulon is taking new patients to be served by the team of physicians, nurse practitioners, registered nurses and auxiliary staff.

"Our clinic in Teulon is primary care, and I think primary care is really beneficial because a lot of times you get problems nipped in the bud before you need a hospital or you need urgent care or you need an emergency room. It's the idea of staying ahead of the problem," Campbell said.

"If you have a family doctor somewhere, then that's where you need to go. That's the whole idea of having your own doctor and your own clinic. They're trying to get away from walk-ins because they're not reliable enough."

Lori Wahoski, Interlake Regional Health Authority's primary health-care clinical team manager whose area includes Teulon, echoes similar sentiments.

"For the changes coming in primary care, this is a provincial initiative. This is not just in Teulon," Wahoski said.

"There is more emphasis on the comprehensive care that they can get by a good primary health-care provider and team because no one person can offer everything to their patients. That's why there's this whole move to a collaborative team and to fit the right need with the right provider."

The home clinic model of care focuses on continued care by experts who know the patients rather than relying on walk-in clinics or emergency rooms where the health-care providers don't know the patients' medical history.

"We are adding on providers and we



TRIBUNE PHOTO SUBMITTED

Back row (from left to right): Megan Reid, medical assistant and administration; Lorina Panchuk, RN; Brenda Watson, office assistant/reception; Lena Reed, office assistant/reception.

Front row (from left to right): Dr. Victoria Kornelsen; Dr. Mike Loudon; Shaleen Loudon, RN; Aravind Pampackal, nurse practitioner. Missing are Jay Adam, dietitian, and Lisa Wutzke, chronic disease nurse.

are building that team. When you attach to a home clinic, then that is your one stop. When you have a cold or a sore throat, then they're going to do all they can to fit you into the schedule to look after you as soon as you can," Wahoski said.

"They want to be able to look after all your needs for primary care. It's a collaborative practice and it's a team."

Whether patients see the doctor or the nurse practitioner, they all have access to the medical record.

"If you're working with one provider or one team, you become much more involved in your care as well," Wahoski said.

"If you go to a walk-in clinic where they don't know you over the long term, there's no investment in that long-term comprehensive care. But you get that investment from your provider and the team home clinic setting."

Across the province, there is a shift towards the "My Health Teams" model of care, which brings together an interdisciplinary team of care providers to deliver services for a community.

"The focus isn't on volume; it's on quality and on getting the best care they can get from that team of health-care providers. It's seamless care, it's

consistent, and it's close to home," Wahoski said.

"The new providers that are going through their med school training now in larger centres, they're used to the My Health Team model of care. They want to come into that team setting, and nurses are the same. That's how they train and that's what they want to do."

In addition to the health-care providers, the community members are also an important part of the overall approach — and they are integral in the eventual evolution from a home clinic model to a My Health Team model.

"Part of our team is the community of Teulon. I think they have an incredible role in sending a positive message and embracing the providers. We are all a team, and the My Health model is based on that partnership between the physician groups, the RHA and the community," Wahoski said.

"For patients that attach to the clinic, the quality of care is the best that you can get. We're all just trying to offer the very best care."

For more information about health care in Teulon, visit the Town of Teulon website at www.teulon.ca and click on the "Health" tab.

Trudeau budget fails Manitoba families

Submitted

James Bezan, Member of Parliament for Selkirk-Interlake-Eastman, called out Justin Trudeau's failure to deliver the help he promised Canadian families.

"Never has a Prime Minister spent so much to achieve so little. Despite last year's economic good fortune, Justin Trudeau has failed once again to de-

liver the results that matter to Manitobans," said Bezan.

The federal deficit for this fiscal year is \$18 billion, which is triple what Justin Trudeau promised during the 2015 election. With the budget not projected to be in balance again until 2045, these additional deficits will add \$450 billion to Canada's national debt over the next 27 years.

"Justin Trudeau's budget is failing the hardworking people of Manitoba. Our province was only mentioned four times in the 369 page document," said Bezan. "Justin Trudeau has failed Manitoban farmers, seniors and small business owners with by slamming them with higher taxes. The simple fact is that Justin Trudeau is failing once again to match his big promises with action."

The Liberals have been asking Canadian families and local businesses to pay more to offset this government's out-of-control spending. Trudeau is raising taxes on more than 90 per cent of middle-class families in Manitoba. Local businesses are now paying more in taxes, while being labelled as tax cheats by the Liberal government.

"What this government gives with one hand, it takes with another," said Bezan. "Justin Trudeau's economic policies are failing the people of Manitoba. Conservatives will put people first."

Seussical coming soon to SCI

Tickets on sale now for the March 15 and 16 musical

By Jennifer McFee

Get ready to be wowed by Stonewall Collegiate Institute's upcoming production of *Seussical the Musical*.

Co-director Kendra Obach outlines some of the highlights of the show, which will take the stage on Thursday, March 15 and Friday, March 16.

"This bright, fun, colourful show will take you on a journey with some of Dr. Seuss' most memorable characters and story lines combining the stories of *Horton Hears a Who*, *Horton Sits on the Egg*, *The Cat in the Hat* and many more," she said.

"Students were cast at the beginning of October and have been rehearsing each week since. Several more have been working to create sets and props. Our band is coming together with former and current students and staff."

For Grade 12 student Michelle Westman, it's an ideal opportunity to get creative on the stage as the *Cat in the Hat*.

"I'm so excited. I think it's very wacky. I get to be really goofy and I can kind of be myself because the *Cat's* kind of crazy. It's a lot of fun, honestly," she said.

"I get to improv and play around with that, too, with the audience. They

should know that it's going to be very, very interesting. I think the *Cat* gets to hang out with the audience for some time, so it's going to be fun."

As for the stage, Westman likens it to a comic book.

"It's a really big project. We're always painting and working on the sets," she said.

"When you look at the set up of the stage, it looks like a huge comic book with characters coming to life. It's really cool and I think it's going to be exciting."

Obach agrees that the sets are spectacular.

"If people like super upbeat, fun colourful shows, they will love this. Our sets and props are looking phenomenal. We have some students who have been super engaged," she said.

"It's definitely a team effort as far as skills and what people can bring, so it's really fantastic."

Matinee shows of *Seussical the Musical* take place at 12:30 p.m. for students and they are also open to the public for \$10. Evening shows are at 7:30 p.m. and tickets cost \$12. Tickets are available in advance at the school office or at the door.



TRIBUNE PHOTOS BY JO-ANNE PROCTER

SCI students are set to perform *Seussical the Musical* on March 15 and 16.



Votes needed for Kinsmen splashpad funding



The Kinsmen need your help to win funding for the splashpad project.

Deadline for voting is March 9

Staff

Stonewall Kinsmen have been selected as finalists to receive funding for the splashpad project through the Sunova Golf Classic funding competition.

But they need your votes to win the 2018 funds, which will be awarded to the organization that gets the most votes until 11:59 p.m. on Friday, March 9.

You can vote once every 24 hours at <https://www.sunovacu.ca/community/golf-classic-funding-contest/>.

"This will go a long way towards the goal of building the splashpad in 2018," said Kerry Hendry in an email.

"Please share this with your contacts and encourage them to vote daily."

The winner will be announced on March 14.

The Kinmen also have a GoFund me page where donations can be made. Visit <https://www.gofundme.com/kinsmensplashpad>

Olympic sports talent search coming to Manitoba

Submitted

Athletes from across the region encouraged to see if they might be suited for an Olympic sport RBC Training Ground gives local athletes — no matter what sport they are involved in — the chance to test their strength, speed, power and endurance in front of officials from 14 Olympic sports, and earn “Future Olympian” funding.

On Saturday, March 17 at the Dakota Community Centre Field House in Winnipeg, Olympic officials will be bringing the search for young athletes with raw talent to the area for the first time ever.

A second event will be held Saturday April 7 at Winnipeg’s Sport for Life Centre.

This Canadian Olympic Committee (COC) and RBC initiative to bring new and undiscovered athletes into Canada’s Olympic talent pool is an open talent discovery event. There is no charge to participate. The Winnipeg event is one of more than 30 local combines happening across the country in 2018.

Top performers attending the Winnipeg events (any athletes deemed to have Olympic potential) will advance to a Manitoba regional final on May 5 or begin further testing with specific sports.

In addition to training support from a national sport organization, the athlete may not have considered, top performers also win Future Olympian financial support from RBC.

Any athletes from the region (between the ages of 14 and 25) curious

about whether they might be suited to an Olympic sport are encouraged to sign up in advance at rbctraining-ground.ca.

At the events, they will be measured for anthropometric suitability (things like wingspan and body type) and perform speed, power, strength and endurance benchmark tests in front of officials from the Canadian Olympic Committee and 14 national sport organizations in hopes of re-energizing a dream or being discovered and directed toward an Olympic sport.

The long-term goal is to help fill a hole in Canada’s amateur sport system (talent identification in a country as big as Canada) and to then provide the uncovered talent with the high-performance sport resources they need to achieve their podium dreams.

WHO: Hundreds of athletes from Manitoba, from a wide range of communities and from traditional and non-traditional sports; officials and talent scouts from National Sports Organizations — Canada Snowboard, Canada Basketball, Cross Country Ski Canada, Wrestling Canada and Speed Skating Canada will join returning partners Athletics Canada, Bobsleigh Canada Skeleton, Canoe Kayak Canada, Cycling Canada, Rowing Canada, Rugby Canada, Freestyle Canada, Judo Canada and Water Polo Canada — searching for hidden gems and potential cross-over talent.

WHEN: Saturday, March 17 from 9 a.m. to noon at the Dakota Community Centre Field House 1188 Dakota St., Winnipeg and on Saturday, April



TRIBUNE PHOTO SUBMITTED

Athletes from across the region interested to see if they might be suited for Olympic sport RBC Training Ground “Future Olympian” funding have the chance to test their strength, speed, power and endurance in front of officials from 14 Olympic sports in Winnipeg on March 17 or April 7.

7 from 9 a.m. to noon at the Sport For Life Centre, 145 Pacific Ave., Winnipeg.

New for 2018: To officially kick off its third year, RBC Training Ground has added Saskatchewan and Manitoba to its regional lineup, enabling even more young Canadian athletes to compete for a prime spot with a National Sport Organization (NSO). Full schedule available at RBCTraining-ground.ca. In addition, the number of NSOs participating in the program has grown to 14 partners, which means that more sports partners are

using RBC Training Ground to find and identify potential future Olympians.

In 2017, more than 300 athletes out of a total of over 2,100 athletes who attended RBC Training Ground events were invited for additional testing by a national sport governing body. Thirty athletes were then selected to receive ongoing support funding from RBC in order to pursue their Olympic dreams (including travel, coaching and nutrition expenses).

Morneau’s ‘Seinfeld’ budget punts on the big issues

By Aaron Wudrick, CTF Federal Director

It’s a budget about nothing.

That’s one way to sum up Finance Minister Bill Morneau’s third federal budget. Despite taking up a full 282 pages, there’s just not much substance to it.

That’s both good and bad.

It’s good news because the Trudeau government mercifully resisted blowing the bank on a flurry of new deficit spending.

In fact, total program spending increases for this fiscal year are actually 0.5 per cent lower than originally planned, and increases over the next two years are limited to about three per cent annually. So, despite dozens of pages trumpeting all kinds of promises, taxpayers can breathe a sigh of relief that they didn’t translate into an excuse for a huge new spending spree.

The bad news is that even with spending increases under control, we’re still in a sizeable hole.

The 2015 Liberal election platform promised three “modest” deficits that would have added a total of \$25 billion in debt before returning to balance in 2019. Instead, they’re currently on track to add at least \$110 billion in new debt by 2022 — more than quadrupling their platform figure — with no balance in sight. And it all gets piled onto the backs of our children and grandchildren.

Even worse, the interest cost for that debt is rising: This year it will be \$26 billion; by 2022, it’s projected to be \$33 billion. To put that into perspective, consider the federal government’s single biggest program expense, National Defence, clocks in at \$25 billion.

That’s right: Taxpayers are already spending more just paying the inter-

est on the government’s credit card than we are on our own military. And it’s only going to get worse.

But maybe claiming this budget is about “nothing” is a bit unfair to Morneau.

There’s more money for Indigenous Canadians — but no mention of enforcing financial transparency laws so that First Nations can know how their politicians spend the money. There’s repackaged and rebranded corporate welfare and regional development funds — but no significant new tax relief. And there’s more money for the Canada Revenue

Agency to go after tax cheats — but no plan to address the root problem, our ridiculously complex tax code.

Perhaps the most glaring omission was the lack of any response to the major tax cuts announced in the United States, which have all but wiped out Canada’s longstanding business

Continued on page 15

Bobby Bend students read, read and read s'more



TRIBUNE PHOTOS BY JO-ANNE PROCTER

In total, 450 R.W. Bobby Bend students read 6,744 books during February's "I Love to Read" month. The school was split into four groups: the bear, the eagle, the beaver and the wolf clan, and each was encouraged to collect paper s'mores for completing reading activities. The beaver Clan (made up of Kindergarten D, Class 1M, Class 2P, Class 3B and Class 4B) collected the most s'mores and were rewarded with edible s'mores. Each student from the beaver clan got to dip a marshmallow in melted chocolate and then rolled it in graham cracker crumbs. Left photo, left to right: Darien L., Reed M., Olivia P., Charlie C. and Ethan C. from class 1M make their s'mores. Middle photo: Brock M. from class 1M inspects the s'more he made. Right photo: Aiden K., Lucas K. and Kaden P. test out their reward.

Local artist displays work in Exchange District show

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By Jennifer McFee

A local artist is tickled pink since her paintings have been accepted into an exhibition for an open juried art show.

Brenda Hedberg submitted two of her acrylic paintings for the exhibition, and both were chosen to be part of the display at the Warehouse Artworks Gallery (222 McDermot Ave.) in Winnipeg. The 86th Open Juried Competition and Exhibition runs from March 2 to 29.

"It's pretty thrilling because it's the Manitoba Society of Artists and it's quite an exclusive group," said Hedberg, who lives northwest of Teulon. "There were about 175 pieces entered but they can only keep 60. It's so exciting."

One of her paintings features a scene with laundry hanging outside on a line, while the other depicts fall foliage. Both paintings are based on a compilation of different photos taken by Hedberg.

"For the laundry painting, I used pieces of laundry from lots of different photos that



TRIBUNE PHOTO SUBMITTED

Local artist Brenda Hedberg has two paintings accepted by the 86th Open Juried Competition and Exhibition of the Manitoba Society of Artists.

I've taken. I had to pick what looked good," she said.

"The other one is something totally different. It's tall and narrow, and I based it on pictures I took in the fall the day before the leaves fell. I printed off about 20 pictures of the poplars with all these yellow leaves, and it turned out really beautiful."

The experience of displaying

her works is exciting for Hedberg, who also showcased one piece in a similar show in September.

"Painting is a very isolating experience because we do it by ourselves," she said.

"Then come spring, it all opens up and they have shows and we get things out there to share with others. It's a great feeling."

FROM THIS DAY
forward

Wedding invitation essentials

Are you about to have your wedding invitations printed? Here's a list of things you'll need to include:

THE SAVE-THE-DATE CARD

This optional complement to the wedding invitation should be sent out six to eight months before the event. It's especially important for destination or multi-day weddings and should include the following information:

Location, theme, driving instructions — make sure your wedding invitations aren't missing any key information.

- The names of the bride and groom
- The date of the event
- The city in which the wedding will take place

THE INVITATION CARD

The invitations themselves should be sent out six to eight weeks before the wedding and contain further information on the event, including:

- The date and time of the wedding
- The location and schedule of the reception
- Driving instructions
- The wedding's theme, if applicable
- An indication of whether children are welcome or not
- Contact info (email address, website, phone number)



THE RSVP CARD

It's crucial to include an RSVP card with your wedding invitations so that invitees can confirm whether or not they're able to

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I Love to Read month wraps up at Interlake schools

By Jennifer McFee

It was a page-turning month in the Interlake School Division where students demonstrated once again that they truly love to read.

Throughout the month of February, I Love to Read activities kept young readers engaged across the school division.

For Janice Mullin, curriculum coordinator for literacy, it was impressive to see kids embrace the themes and delve into literature of all genres throughout I Love to Read month.

"It really promotes how great it is to have a good book to read and to get kids interested. It's great to know that so many people love to read. To me, it's like the Olympics of reading. It's a focused time when we can share your love of reading with other people. It gives you a chance to dive into some books that maybe you've never tried before because some people are recommending them. You get that spark, that love for reading," said Mullin, who is also a reading recovery teacher at Ecole RW Bobby Bend School.

"We have a lot of great readers at



TRIBUNE PHOTO BY SASCHA EPP

Students at Ecole RW Bobby Bend School donned their camping clothes for the theme "Camp Out with a Good Book."

our schools who really truly do love to read. It's something that's important for all our students. I just think it's so wonderful that we do a whole month that focuses on that and maybe gets other kids interested in reading who

might not have been before."

To wrap up I Love to Read month at Ecole RW Bobby Bend, school board chair Alan Campbell took the time to read to the kids, who were dressed up in camping gear for the theme "Camp Out with a Good Book."

Teacher Irene Pawlow led a s'more activity, encouraging students to read "s'more."

In total, Bobby Bend students read 6,744 books throughout February.



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> BUDGET, FROM PG. 11

tax rate advantage. Ignoring the dropping U.S. tax rates will inevitably hurt our ability to attract and retain jobs and investment.

If anything, the government made things even worse by proceeding with their controversial small business tax changes (which, to be fair, are much improved from the original proposals floated last summer.) But even the watered-down final version in the budget will squeeze small businesses for more than \$1 billion annually by 2020 — not exactly hanging out a “welcome” sign for investors and entrepreneurs.

While the Liberals’ decision to not make things much worse this year may count as a minor victory for taxpayers, it may be short-lived.

The real test of the Liberals’ resolve will come next year as they prepare to face voters in a fall election. Governments seeking re-election tend to spend more, not less, as they try to seduce voters heading to the ballot box. Add to this the fact that by late 2019, there will be recently elected (or re-elected) cash-strapped governments in Ontario, Quebec and Alberta looking to Ottawa for more cash. NAFTA could collapse. And the American tax cuts could put a dent in the government’s own tax revenue projections.

To get back to a balanced budget, Minister Morneau will need to do more than just stand still. He’ll actually need to make some tough choices. Here’s hoping that next year, he finds the will to make them — or Canadians will pay a heavy price.



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Canadian Agriculture Literacy Month launches at Lightly Colony

Staff

An awareness of agriculture is cropping up in classrooms across the country, and an interest in the industry is blooming in schools close to home.

On Friday, March 2, Canadian Agriculture Literacy Month (CALM) captured the attention of students at Lightly School on Clearwater Colony, where they welcomed special visitors into their school to launch the initiative.

Agriculture in the Classroom Manitoba executive director Sue Clayton introduced guests to the attentive audience. Agriculture Minister Ralph Eichler teamed up with Education and Training Minister Ian Wishart to share their personal farming stories and present an agriculture-related book to the class.

For Eichler, agriculture is close to his heart since he and his wife both grew up on farms.

"It was a great experience for me. Once I married and started having children, we were in the beef business, commercial cows, and then I had my business on the side," Eichler said.

"But what amazed me when I was growing up was that all our neighbours worked together to help each other, a lot like what you do to help out with other colonies. But now the farms are much bigger and there's been a disconnect — and we've got to reconnect people."

Agriculture in the Classroom is one way to create that connection, and in Manitoba, the initiative is expected to reach more than 5,300 students in 261 classrooms through 117 volunteers.

Across Canada, Agriculture in the Classroom represents nine provinces delivering CALM for the seventh year. This year's theme is "Our Food Has a Story," which will likely be shared with 30,000 students in 800 classrooms.

Like Eichler, Wishart grew up on his family's farm in the constituency that he represents, which is Portage la Prairie.

After that, he went into farming on his own, transitioning from his family's dairy farm to growing for the vegetable industry.

"I'm very happy to be here to talk about the need to train people about agriculture to become part of the school system," Wishart said.

"We're working together to make sure that, as much as possible, we get agriculture into the classrooms, even in the urban centres. ... We want to make sure that they know and understand where their food comes from."

The two ministers presented and signed a children's book called *You Wouldn't Want to Live Without Bees* by Alex Woolf, and the kids were buzzing with interest about Wishart's own connection to the industry.

"When I was young and ready to go off to university, there wasn't a lot of cash around at that point. So to help pay for going to university, I became a beekeeper. No one in the family had any history in it, so I had to do my own research and read up on it. I had to find out all about it and talk to some people who had done it," he said.

"I started it up all by myself. It was my own little entrepreneurial venture. It paid my way through university, and I actually ended up with cash left at the end of the year. ... So I made a few bucks off of it, and that's how I put myself through school. I continued it for a number of years afterwards because it's actually a very relaxing industry. It's kind of fun to do and the bees are extremely entertaining."

Then Eichler took the opportunity to remind the class about the importance of farm safety.

"We want all of our farm families to be safe when they're working with equipment, so starting the week of March 12 is Farm Safety Awareness Week," he said.

"Also, in the Legislative Assembly on March 20 we're going to do a video and it's going to be live streamed to classrooms that want to do it. It's called Ag Awareness Day. It's not



TRIBUNE PHOTOS BY JENNIFER MCFEE

Students from Lightly School give a big group hug to local dairy farmer Chelsea Boonstra, who gave an engaging presentation at the school.



Tenesha Lawson, communications co-ordinator for Agriculture in the Classroom, led students in a canola crushing activity.

mandatory but it's certainly an opportunity to talk more about agriculture."

After that, the students had the chance to watch the signing of the proclamation that declares March 1 to 31 as Canadian Agriculture Literacy Month in Manitoba.

Adding to the excitement, the students indulged in some ice cream while listening to a presentation by

local dairy farmer Chelsea Boonstra.

To wrap up the event, Tenesha Lawson, communications co-ordinator for Agriculture in the Classroom, led the students in a hands-on activity to crush canola.

For more information about Agriculture in the Classroom in Manitoba and about the CALM initiative, visit www.aitc.mb.ca.



Far left photo, Agriculture Minister Ralph Eichler, left, Agriculture in the Classroom Manitoba executive director Sue Clayton, middle, teamed up with Education and Training Minister Ian Wishart, right, to share their personal farming stories and present an agriculture-related book to the class. Lightly Colony students crush canola.

get inspired

> MEAL IDEAS

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American Irish Stew

1 tablespoon chopped fresh rosemary
1 leek, coarsely chopped
2 tablespoons chopped fresh parsley
In large pot over medium-high heat, heat oil. Add beef and garlic. Cook, gently stirring until meat is evenly browned. Season with salt and pepper.

Add onion, carrots and parsnips. Cook 3-4 minutes. Stir in broth and bring to a boil. Reduce heat to low and simmer about 75 minutes, or until meat is tender.

Stir in potatoes and simmer another 30 minutes. Add rosemary and leeks. Continue to simmer, uncovered, until potatoes are tender. To avoid potatoes falling apart, do not overcook.

Serve hot and garnish with parsley, if desired.

Photo courtesy of Getty Images

Reprinted with permission from the American Institute for Cancer Research

Servings: 6

- 1 tablespoon extra-virgin olive oil
- 1 1/4 pounds beef, top round, cut into 3/4-inch pieces
- 3 cloves garlic, minced
- salt, to taste
- pepper, to taste
- 1 medium onion, coarsely chopped
- 3 medium carrots, peeled and cut into 3/4-inch pieces
- 2 medium parsnips, cut into large chunks (optional)
- 3 cups low-fat, reduced-sodium beef broth
- 4 medium russet potatoes, peeled and cut into large chunks



Do You Dream About The Perfect Weekend?

cial movie.

You could plan for relaxing baths or nurturing massages. If you are alone, you can still plan a lovely weekend for yourself. Forget the regular chores or activities you generally do on the weekend, and only do things you love. You might putter in your garden, read a good book, listen to (or play) music or do some writing. The main thing is that you give yourself a 'mini-vacation' from your usual routine.

The nice thing about a 'vacation' at home is that you save travel time and money. More importantly, such a weekend just might serve to remind you about the real meaning of leisure time. If you truly get a sense of what it means to experience leisure, you just might want to incorporate a little more of it into your life. For most of us, that would be a very healthy thing.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

Do you sometimes dream of the perfect weekend getaway? They are not always so easy to arrange, especially if you are keeping an eye on finances, or there are children to consider. With a little creativity and imagination, it is possible to create that perfect weekend right at home. If you have children, you might agree with friends to take each other's children, so each couple can have a free weekend. Then, you can plan the 'holiday' just as you would if you were out of town.

Depending on your interests, you might check out museums or art galleries, with lunch at a sidewalk café. There are many evening activities - musical events or theater from which to choose. Or you might decide on a special evening at home. If you enjoy cooking together, you might savor a leisurely pace with dinner lasting a couple of hours. Or you could bring something in to eat and rent a spe-



Savory Irish Cheese Soda Bread

cheese
2 eggs
1 1/4 cups buttermilk
Preheat oven to 350°F. Mix flour, sugar, baking powder, baking soda, salt and seasonings in large bowl. Stir in cheese. Set aside. Mix eggs and buttermilk in medium bowl. Add to dry ingredients; stir until well blended. Spread in lightly grease 9-inch round cake pan.

Bake 30-40 minutes or until toothpick inserted in center comes out clean. Cool in pan on wire rack 10 minutes. Remove from pan. Cool completely on wire rack.

Tip: Make muffins instead of bread. Prepare dough as directed and divide among 12 greased muffin cups. Bake 20-25 minutes or until toothpick inserted in center comes out clean.

- Prep time: 10 minutes
- Cook time: 40 minutes
- Servings: 12
- 2 1/2 cups flour
- 1/2 cup sugar
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 2 teaspoons McCormick Caraway Seed
- 1 teaspoon McCormick Garlic Powder
- 1/4 teaspoon McCormick Red Pepper, Ground
- 1/2 cup shredded Irish Cheddar



Mint Chocolate Chip Cookies

1 1/2 cups semi-sweet chocolate chips

Preheat oven to 375°F. Mix flour, baking soda and salt in medium bowl. Set aside. Beat butter and sugar in large bowl with electric mixer on medium speed until light and fluffy. Add eggs, food color and peppermint extract; mix well. Gradually beat in flour mixture on low speed until well mixed. Stir in chocolate chips.

Drop by heaping tablespoons about 2 inches apart onto ungreased baking sheets.

Bake 10-12 minutes or until edges are lightly browned. Cool on baking sheets 1 minute. Remove to wire racks; cool completely.

Prep time: 15 minutes
Cook time: 10 minutes
Servings: 3 dozen, or 36 (1 cookie) servings
2 1/2 cups flour
1 teaspoon baking soda
1/2 teaspoon salt
1 cup (2 sticks) butter, softened
1 1/4 cups sugar
2 eggs
1-1 1/2 teaspoons McCormick Green Food Color
1 teaspoon McCormick Pure Peppermint Extract

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INSIDE > OUTSIDE > UPSIDE DOWN

Barnych a budding star in track and field

By Brian Bowman

A son or daughter often mirrors the success that a parent has in a particular sport.

And that's definitely the case with Dale Barnych and his son, Dylan.

Dale has been coaching track and field for about 20 years in Winnipeg and the U.S. and was also a national team member when he was competing. He still holds a provincial record.

But by Dale's admission, Dylan is already a better thrower than he was at his age.

"I had a full scholarship in the U.S. and I didn't break 11 metres until I was in Grade 10," he noted. "Potentially, he's already a better thrower than I was. If he can keep the work up, you never know where he could go."

Dylan proved his outstanding talent recently at the Boeing Indoor Track and Field Classic on March 3.

The Grade 7 student at Centennial School won the Bantam Men Shot Put - breaking the meet record with an outstanding throw of 12.23 metres (the old record was 11.36m).

It was Dylan's personal best throw.

"It was one of those feelings where you know it's going good," Dylan said. "For me, when I threw it, something just felt good. I looked at it and they said the score and I just said, 'Holy (shoot) I did it.'"

Dylan also earned a silver medal in the Weight Throw, which isn't exactly easy to master.

"If you've ever thrown hammer, it's basically the exact same thing," Dylan said, explaining the Weight Throw. "But you have to be a lot more careful because it's so much closer to you that if you mess up...I've actually seen people do cartwheels because of how much force it pulls with them."

Dylan, who stands 5-foot-4 and weighs in the neighbourhood of 150 to 160 pounds, also won the Keg Steakhouse Record Setter of the Meet Award.

That was just the latest of his recent successes.

Back on Feb. 6, Dylan competed at the Regina Indoor Games where he won the Bantam Men shot put by almost four metres while also placing second in the speed triathlon.

Eight days later, Dylan threw at the University of Manitoba Track Attack Meet, beating out 50 other competitors in the shot put. He threw 10.60m, which was well ahead of the second-place thrower (9.06m).

Last year, Dylan set new school division records in the shot put and discus (which were longstanding records).

Dale feels his son has the potential to be very, very good in track and field.

"What we have going for us is that this is also fun," Dale said. "But it can also be a career sport for him, which would be awesome. I went to the States to do track and field and I had a great time and maybe he'll do the same."

Dylan, 12, has been competing in track and field for the past three years while practicing technique and improving his strength.

He is a hard worker and it's been a long time since Stonewall has had a young track talent like him, said Dale.

Dylan trains daily at home, using a Bowflex, treadmill and bike and Dylan and Dale have technical and throwing practice every Friday in a school gym.

Once the snow is gone, the pair will practice at Stonewall Collegiate, throwing circles three to five times a week.

"We have a teammate bond," Dale said of their relationship in the sport. "He's always in contact with



TRIBUNE PHOTO BY DALE BARNYCH
Stonewall's Dylan Barnych is already a tremendous talent in track and field.

me and I've been in the sport since I was in Grade 8 and I've coached and I've competed at a high level. "I know what I'm doing and he's not going to get the wrong direction. He's going to get what he needs."

Blues win bronze

TRIBUNE PHOTO BY TARRAH KIRK

The Stonewall Novice #2 team won bronze medals at their home tournament Sunday afternoon after defeating Stonewall #1 6-3. The Blues beat Selkirk 11-0, Winnipeg 11-1 but lost to Beausejour 6-1. Left to right: Coaches Dave Harrisko, Andrew Kirk, Jason McIvor; back row: Alec Harrisko, Aidan Kirk, Niam Wedel, Kade Williams, Hudson Sigurdson, Ewyn Davidson, Nate McIvor; front row: Conner Juby, Kayden Juby, Seth Schaeffer, Kayden Phinney, James Knutson and Cash Palsson. Missing from the photo are Stu Schaeffer and Duncan Thompson.



Stonewall to host MHSAA 'AAA' JV boys' basketball provincials

Staff

Stonewall Collegiate will be the host of the MHSAA "AAA" junior varsity boys' basketball provincials this week.

The eight-team provincials will begin today and continue through Saturday.

The host Rams will be joined by R.D. Parker Collegiate, College Louis-Riel, Gray Academy, Lorette, St. John's Ravenscourt, St. James, Dauphin and Swan Valley.

Action begins today at 10 a.m. when No. 8 Stonewall plays No. 1 Gray Academy. The winner continues on the championship bracket while the loser drops to the consolation side.

Games continue throughout the day and Friday with the consolation final set for Saturday at 10 a.m. The third-place game will be played Saturday at noon.

The championship game is set for Saturday at 2 p.m.



TRIBUNE PHOTO SUBMITTED

The Rams are hosting the MHSAA 'AAA' junior varsity boys' basketball provincials this week.

Stonewall hosts ladies' curling bonspiel



TRIBUNE PHOTO BY LAURIE DEPREZ

The Stonewall Ladies' Curling Club held their annual bonspiel March 2-4 with 24 teams participating. Left photo, Winning the first event was Team Konzelman, left to right, Leigh Douglas, Tara Bergner, Nicole Derkach and Tracy Konzelman. Middle photo, Team Dowsett won the second event, Monique Dowsett, Jane Brown, Dana Stewart and Kathy Holod while Team Andries, Tracy Andries, Taylor Christensen, Diane Christensen and April Klassen won the third event.

Warren men's annual curling bonspiel champs



TRIBUNE PHOTOS BY VERN MANKEWICH

The Warren Curling Club hosted 16 teams at their annual men's bonspiel Feb. 22-25. Far left photo, left to right: First event winners were Will Gunn, Marcel Peters, Riley Nichol and Craig Nichol (skip). Centre photo: Paul Wainwright (skip) and his rink including Shane Elliott, Tim Lucko and Terry Hayward won the second event, while Tyson Langrell (skip), Mike Fitzpatrick, Ed Delarouque and Chris Walsh won the third event.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Stonewall hosts Interlake Open badminton tournament

By Brian Bowman

Most birds have made the smart decision to stay down south a little while longer before migrating back to Canada.

But there was plenty of birdie action going on in Stonewall and Selkirk recently. Those two locales hosted the largest badminton tournament ever held in Manitoba, according to Dale Kinley.

The Yonex Interlake Open took place with many of the province's elite badminton players competing in various divisions. Kinley estimated that "pretty much every club" in Manitoba was represented at the tournament.

The exception, he said, was some of the more northern clubs.

Local players did very well at the Interlake Open.

"We had some good results," Kinley said. "Some of them won and some of the local ones reached the semifinals."

Kinley noted that some local players competed in a higher age division.

The tournament was a good test for

many local players, who will be competing at the Manitoba Winter Games in Thompson.

The local players competing at the Games while representing Team East feature Grosse Isle's Ty Baldwin, Riverton's Gracyn Melsted, Stonewall's Liam Proven, Hayden Turner, Cole Turner, and Kaillee Hodge and Warren's Matthew Gilmore and Emalia Sinclair.

Stonewall's Kinley will coach the team.

There is plenty of talent among those local players.

"We have a pretty strong team," Kinley said. "We should place high in all of the events at the Games. We should do quite well for our team."

The Manitoba Winter Games will be a good prelude to the badminton provincials, which will take place March 16-18.

"They'll have two big events in a row, basically," Kinley said. "And then the season is pretty much over for them other than school badminton."



TRIBUNE PHOTO BY LANA MEIER

Hayden Turner, left, and Matthew Gilmore will both be representing Team East at the Manitoba Winter Games.

Warren club champions



TRIBUNE PHOTO SUBMITTED

The Warren Curling Club held their annual Junior dinner and awards banquet on Feb. 26. This year's Junior champions each received a trophy. Pictured, left to right: Abby Cassidy, Chantal Langrell, Chance Joynt and Rob Johnston. The club had five teams registered, curling weekly from November to February.

Teulon wins Zone V banner



TRIBUNE PHOTO BY JASON DARRAGH

The Teulon Collegiate Saints recently won the Zone 5 junior varsity girls' basketball banner after defeating the Warren Collegiate Wildcats 34-23 in the final. Teulon earlier beat Gimli 59-6 in a semifinal matchup. Pictured left to right, back row: Jacey Ledochowski, Piper Lussier, Mackenzie Garand, Jubilee Nichols, Olivia Skinner; front row: Emily Haynes, Brianne Girardin, Taylor Traub, Jessica McSherry. Missing from the photo are coaches Jason Darragh and Heather Tataryn.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Mercs extend SEMHL playoff series with Carman

By Brian Bowman

With their backs to the wall – trailing 3-1 in their South Eastern Manitoba Hockey League semifinal series – the Warren Mercs desperately needed a victory Sunday.

And they got that win as Wes Pawluk scored the game winner in overtime to lift the Mercs to a 3-2 triumph over the Carman Beavers.

“Without a win, we were going home,” said Mercs’ head coach Gerry Minaker. “There was not much choice but to go out and play good hockey. We’ve never felt that we’re out of (the series). There’s been some bad puck luck at times but every game has been close.”

It was a huge win for Warren, who trailed 3-2 late in the third period when Kyle Luschinski tied the score at 18:15.

Carman took a 2-1 lead after 20 minutes as Laurent Benjamin scored a pair of goals for the visitors.

Those goals were sandwiched around a marker from the Mercs’ Eric

Swanson.

All three goals came by the 3:45 mark of the game. After that, the two teams settled down and played some great, playoff-style hockey.

“The way the game started, it looked like maybe we’d get some scoring on both sides, but then both teams settled in again,” Minaker said. “It’s very structured hockey – good defensive play by both teams.”

Travis Bosch was outstanding in goal, making 48 saves for the well-deserved win.

On Feb. 27, Carman edged Warren 4-3 as the Mercs’ Reid MacLeod made things interesting when he scored at 19:20 of the third period.

The Beavers took a 2-1 first-period lead as Ryan McIntosh (on the power play) and Geoff Maloney scored. Kyle Luschinski replied for Warren.

After a scoreless second period, Carman’s Brock Vanderveen and Warren’s Darrin Husak traded goals before Benjamin tallied at 10:50 of the third.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Warren Mercs’ Kyle Luschinski scored the tying goal at the 18:15 mark of the third period during Game 5 of SEMHL semifinal action against the Carman Beavers on March 4.

Game 6 of the series was played Tuesday in Carman but no score was available at press time. If necessary, Game 7 is set for Friday at 8 p.m. in Warren.



Warren wins Novice ‘A’ banner

TRIBUNE PHOTO BY MONICA BALDWIN

The Warren Mercs Novice #2 team captured the Interlake Minor Hockey Association South Division ‘A’ banner after defeating Stonewall #3 9-6 in Stonewall on Feb. 28. The Mercs will play Arborg for the regional banner in a best-of-three series with Game 1 being played in Warren on Saturday at 11:30 a.m. and Game 2 in Arborg on Monday at 6:30 p.m.

Pictured back row, left to right: Coaches Rhys Van Kemenade and Bryce Baldwin; middle row: Ryder Clare, Leighton Chartrand, Kade Schedler, Ashton Baldwin, Madden Van Kemenade, Jonathan Gilmore, Colten Corbel and River Spice. Front row: Mason Klassen, Brodie Lambert, Beck Van Kemenade and Sawyer Park. Missing from the photo is Lee Hearn.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Lightning swept by Selects in City Midget playoff series

By Brian Bowman

The Interlake Lightning had a real good effort in their best-of-five City Midget playoff series with the Eastman Selects.

But that effort wasn't enough to propel the Lightning to an upset win over the Selects.

Interlake, which finished last in the six-team league during the regular season, was swept by third-place Eastman in three games.

The Selects closed out the series with a 6-0 win on Saturday.

No goal scorers were posted on the league website at press time.

Eastman took a 1-0 series lead after a hard-fought 3-2 win over the Interlake on Feb. 28.

The Selects' Zach Tetrault scored the game-winning goal at 16:58 of the third period.

Interlake's Hunter Warman opened the game's scoring with a shorthanded goal just 3:35 into the contest. Eastman's Steven Desisle and Drayden Kurbatoff answered with goals before the Lightning's Dominic Griffin-Eros tied the score at 2-2 at 12:43 of the middle frame.

Rhett Woods and Rylan Gard assisted on Griffin-Eros' goal.

Eastman then went up two games in the series after a 5-1 win the following day.

After a scoreless first period, Woods gave the Lightning a 1-0 lead early in the second.

Eastman's Kade Runke (on the power play) and Kurbatoff replied in the middle frame and then Runke, Kurbatoff and Ethan McColm (power play) tallied in the third.



TRIBUNE PHOTO BY LANA MEIER

The Lightning's Hunter Warman opened the game's scoring with a shorthanded goal in Game 1 against the Eastman Selects.

Tournament champs



TRIBUNE PHOTO BY SANDI SWANSON

The Stony Mountain Flames Novice team dominated at the Transcona East End Winter Carnival Hockey Tournament last weekend. The Flames defeated Park City Vipers 5-0 to the gold medals. In the semi-finals, they defeated the Red River Wild 10-1 and in round robin play defeated Oxford Heights Blues 9-1, East End Wings #3 18-1 and Park City Vipers 7-1. Pictured back row, left to right: coaches Adam Jonasson, Graham Schlamp, Kirt Swanson and Bob Sinclair; middle row: Bruno Young, Aiden Jonasson, Liam Connolly, Aaron Orsulak and Tyson Van De Sype; front row: Conner Osborne, Jacob Schram, Dominic Brewer, Damon Marquart, Riley Swanson, Zackery Chesworth and Nathan Sinclair. Missing from the photo are Dylan Mckay, Brooklyn Munson and Lilah Munson.

Manitoba Hockey Standings

MANITOBA JUNIOR

HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Steinbach Pistons	60	48	8	2	100	296	130
Virden Oil Capitals	60	40	17	2	83	268	181
Portage Terriers	60	38	16	3	82	251	163
OCN Blizzard	60	32	20	5	72	209	192
Winkler Flyers	60	35	25	0	70	205	175
Winnipeg Blues	60	31	22	5	69	215	220
Selkirk Steelers	60	31	25	3	66	192	206
Swan Valley Stampeders	60	28	25	6	63	206	206
Neepawa Natives	60	25	31	3	54	215	250
Dauphin Kings	60	14	44	1	30	148	289
Waywayseecappo Wolverines	60	8	48	3	20	130	323

27-Feb-18	Carman	4	Warren	3
04-Mar-18	Warren	3	Carman	2(OT)
6-Mar-18	Warren @ Carman	if necessary	8pm	
9-Mar-18	Carman @ Warren	if necessary	8pm	

Semi Finals "A" (Best of 7)

Notre Dame Hawks vs Altona Maroons				
24-Feb-18	Notre Dame	3	Altona	2
27-Feb-18	Altona	4	Notre Dame	2
01-Mar-18	Altona	3(OT)	Notre Dame	2
03-Mar-18	Notre Dame	4	Altona	3
6-Mar-18	Altona @ Notre Dame	8pm		
8-Mar-18	Notre Dame @ Altona	8pm		
10-Mar-18	Altona @ Notre Dame	8pm (if necessary)		

KEYSTONE HOCKEY LEAGUE

Lundar Falcons vs Peguis Juniors	
Game 1 - Sat. Mar. 10	@ Peguis 7:30
Game 2 - Sun. Mar. 11	@ Warren 2:30

Selkirk Fishermen vs St. Malo Warriors

Game 1 - Sat. Mar. 10	@ Selkirk 7:30
Game 2 - Tues. Mar. 13	@ St. Malo 8:00
Game 3 - Sat. Mar. 17	@ Morris 7:30
Game 4 - Sun. Mar. 18	@ Selkirk 7:30
Game 5 - Thur. Mar. 22	@ Selkirk 7:30

Lundar Falcons defeats Arborg Ice Dawgs in 5 games
 Selkirk Fishermen defeats Cross Lake in 3 games
 Peguis Juniors defeat North Winnipeg Satellites in 3 games
 St. Malo Warriors defeat OCN Storm in 4 games

STATS AS OF TUESDAY, March 6

MANITOBA MAJOR JUNIOR

HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Raiders Jr. Hockey Club	45	37	3	5	79	197	88
Charleswood Hawks	45	30	11	4	64	133	97
Transcona Railer Express	45	29	11	5	63	175	126
St. James Canucks	45	25	16	4	54	160	125
Stonewall Jets	45	24	17	4	52	147	134
St. Vital Victorias	45	21	22	2	44	165	186
Ft. Garry/Ft. Rouge Twins	45	20	22	3	43	138	129
St. Boniface Riels	45	19	22	4	42	146	163
Pembina Valley Twisters	45	18	23	4	40	184	192
River East Royal Knights	45	2	41	2	6	67	272

SOUTH EASTERN MANITOBA

HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Semi Finals "B" (Best of 7)							
Warren Mercs vs Carman Beavers							
18-Feb-22	Carman	1	Warren	4			
24-Feb-18	Warren	3	Carman	4(OT)			
25-Feb-18	Carman	2	Warren	0			

Stonewall, St. James battling in MMJHL playoffs

By Brian Bowman

It's playoff time in the Manitoba Major Junior Hockey League.

The Stonewall Jets opened their first-round best-of-seven playoff series with the St. James Canucks this past Tuesday in Winnipeg.

Game 2 is set for tonight at 7:45 p.m. in Stonewall.

"It's a nice change, for the past eight years we've matched up with first-place Charleswood or the Raiders a couple of years back and then two years in a row we were battling St. Vital," said Jets' co-coach Brock Couch of the St. James matchup.

"So, it's a fresh look for us and a little bit closer than the south end of the city."

St. James finished fourth overall during the regular season with 54 points. That was just two points better than fifth-place Stonewall.

This series should be a real good one between two evenly-matched teams.

"There's been a good rivalry between us, I think," Couch said, noting the Jets played the Canucks five times during the regular season. "We match up really well with them, so I'm excited to get going."

Game 3 of the series will be played Sunday (1:55 p.m.) at Keith Bodley Arena although that time may change. Game 4 will return to Stonewall next Tuesday at 7:30 p.m.

The Jets wrapped up their regular season with a 3-2 win over the Transcona Railer Express on Feb. 28.

"Both teams were still battling for positions in the standings," Couch noted. "Transcona was still hoping to catch Charleswood and we wanted to do our best to get up on St. James."

Transcona took a 1-0 lead on a second-period goal from Nik Kowalski. But Stonewall came out flying to start the third, scoring three goals in a 2:32 span.

Andrew Bayduza tied the score at 1-1 and then Bryce Stovin gave the Jets the lead just 13 seconds later.

Aiken Chop put Stonewall up 3-1 before Transcona's Ryan Kotchon struck on the power play at 15:31 of the third.

Hunter Ploszay made 26 saves for the win. He finished the regular season with a 14-11-4 record with a 2.86 goals-against average and .914 save percentage.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Jets' players Aiken Chop, left, and Bryce Stovin celebrated Chop's goal against Transcona on Feb. 28.

Guest reader at WES



TRIBUNE PHOTO BY AMANADA MARGETTS

As 'I Love to Read' month came to a close, Stonewall Jets' goaltender Curtis Beck was the last special guest reader at Warren Elementary School reading to seven different classes on Feb. 27. Pictured here, Beck reads 'Brady Brady and the Great Rink' by Chuck Temple to Miss Sonnenberg's Grade 1 class.

Provincial recognition



TRIBUNE PHOTO BY ANITA WILLIS

The Interlake Bulldogs Atom 'C' girls' hockey team won bronze medals after defeating Rat River 3-2 in their final game last weekend at the provincials in Swan Lake. The Bulldogs lost 8-1 to Elkhorn, beat Swan Lake 4-3, and defeated Carman 9-6 in the round robin to advance to the semifinals. The Bulldogs overcame a 6-1 deficit after two periods to down Carman. A 2-0 loss to Elkhorn in the semifinals put them up against Rat River for the bronze.

Pictured left to right, front row: Vayha Willis, Haylee Strachan; middle row, Paige Powroznik, Payton Mowatt, Kerri Comb, Karen Caumartin, Lauren Morin, Gina Sinclair, Abby Oughton; back row: coach Kyle Willis, Kylie Comb, Bre-Ann Lucier-Windross, Myla Johannesson, Jencie Henry, Mia Cassils, Hailey Hiebert, Bailey Mantik and coach Wes Henry.

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take a break > GAMES

SUDOKU

	4	9				8		
7		6			5			
	8				6	7		
	1	2					8	
	5			4	7			
								3
			8			1		2
	7	8						
6				5	3			

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	7	6	3	5	1	4	2	9
5	4	3	2	6	9	8	7	1
2	9	1	4	7	8	5	6	3
4	3	2	8	1	5	7	9	6
9	1	9	7	4	2	3	5	8
7	8	5	6	9	3	2	1	4
3	6	7	9	2	4	1	8	5
1	2	4	5	8	6	9	3	7
9	5	8	1	3	7	4	9	2

Sudoku Answer

K	C	E	N	M	D	B	S	G	V	H		
S	I	B	I	S	W	U	L	S	T	E	B	V
I	V	B	S	S	F	V	V	R	V	T		
U	D	E	R	S	E	D	E	R	S	D	E	R
N	V	S	V	N	R	V	F	E	E	D		
V	I	B	V	W	I	D	N	V	A	E		
I	N	I	T	B	T	I	V	S	V	N	V	E
S	V	B	V	R	V	V	R	V	I	T	G	U
M	V	V	D	V	E	I	D	U	T	V		
V	V	V	K	E	C	I	R	E	C	T	L	B
C	I	H	C	E	R	V	T	B	N	I	L	B
O	B	O	I	G	R	R	V	E	R	E	I	R
S	V	V	M	O	O	M	D	U	R	C		

Crossword Answer

CROSSWORD

CLUES ACROSS

- Unpleasant substance
- Oil group
- One-time Yankees rookie sensation
- Ireland
- Less easily found
- Southeast Nigeria people
- Bridgeline Digital stock designation
- Play loudly
- Elegantly fashionable
- Open sore
- Frozen water
- Sacred Islamic site
- "Kokomo" rockers
- Follows sigma
- Cease to exist
- Cool
- Doctors' group
- Less attractive
- Swiss river
- Greek sophist
- Grandmothers
- Afflict
- Russian pancake of buckwheat flour and yeast
- Actress __ Rachel Wood
- Not bright
- Western Asia peninsula
- Baseball speedster Gordon
- Golf score
- Transmits genetic information from DNA to the cytoplasm
- Diego, Francisco, Anselmo
- Songs to one's lover
- Cattle's mammary gland
- Having ten
- Fencing sword
- Scarlett's home
- Hold valuables
- Italian Seaport
- Cain and __
- Bad places to live
- Large, wading bird
- Witches
- Cover with drops
- Props up the head

CLUES DOWN

- Philippine province
- Shallow channel

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21		22				23				
			24		25				26					
27	28	29		30				31				32	33	34
35			36				37				38			
39					40					41				
42					43					44				
45				46				47				48		
			49					50				51		
52	53	54				55				56		57	58	59
60						61				62		63		
64						65						66		
67						68						69		

- Type of acid
- Cygnus' brightest star
- One who buys and sells securities (abbr.)
- Ill will
- Plant of the goosefoot family
- Intellectual
- Mineral
- Shiny silicate minerals
- Ottoman civilian title
- What you wear when eating BBQ (2 words)
- Soul and calypso song
- Advices
- "The Spanish Tragedy" playwright
- Surrounds the earth
- Paddle
- Adjusted
- Succulent plant
- Forearm bones
- Belonging to Egyptian ascetic Apollo's colleague
- Type of mental illness
- One from Asia
- 007's creator
- Direct toward
- Pie __ mode
- Large terrier
- Hillside
- Patriotic women (abbr.)
- Connects words
- For each
- Flower cluster
- Closes a deal
- Arabian desert
- Vaccine against poliomyelitis
- American state
- Religion practiced in China
- Type of sediment
- Hall of Famer Ruth
- "Layla" singer Clapton
- Gamble
- Sino-Soviet block (abbr.)
- Midway between south and southwest

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Rutherford Farms is looking for an evening shift yard hand to operate their grain cleaning plant. Farm experience is considered an asset. Contact Rick and Doug at rick@rutherfordfarms.ca and doug@rutherfordfarms.ca to apply.

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UPCOMING EVENTS

ROCKIN' RICHARD'S RECORD & CD SALE. Victoria Inn, 1808 Wellington Ave. Wpg. Sunday, March 18/18, 10 a.m. - 4 p.m., 80 plus tables. Records, CD's, DVD's music collectibles. Admission \$5. Info 204-338-3655.

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UPCOMING EVENTS

The 22nd Annual Manitoba Baseball Hall of Fame & Museum Induction Dinner will be held in Morden on Saturday, June 2, 2018. Tickets may be obtained by contacting David Taylor at 204-841-3242 or taylor@brandonu.ca, Jack Hrehirchuk at 204-639-6923/204-648-6395 or jhrehirchuk@wcgwave.ca, Joe Wiwchar at 204-822-4636 or mbbbhof@mymts.net or on-line at www.mbbhof.ca. Deadline for ticket sales is May 19, 2018.

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UPCOMING EVENTS

Lilyfield Church Women's Annual St. Patrick's Supper. Beef or chicken stew, coleslaw, buns, dessert & beverage. Thursday, March 15, 2018 from 5 - 7 p.m. at the Church Hall, Sturgeon & Rd. 68. Adults, \$10; 6-12 years, \$5; under 5 free.

FARM PRODUCE

Local honey for sale. Sold in various sizes, 1 kg. & up. Call 204-461-1267.

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The Rural Municipality of Woodlands REQUEST FOR PROPOSALS



Proposals will be received by the Rural Municipality of Woodlands for the following:

- Pumping out of septic tanks within the Village of Warren and the Village of Woodlands on an annual basis. The Contract will commence May, 2018 for a three year term.
- Currently there are approximately 325 tanks to be pumped out in Warren and approximately 10 tanks to be pumped out in Woodlands. The annual pump out will commence May 15 with completion by September 30. Pump outs to be conducted between the hours of 8:00 a.m. and 8:00 p.m.
- A \$100.00 (One hundred dollar) penalty will be imposed for each day exceeding the completion period.
- The operator will be required to provide and maintain \$2,000,000 Comprehensive General Liability (CGL) insurance and shall be required to provide the municipality with a Certificate of Insurance confirming the CGL coverage.
- The operator shall be registered and be in good standing with the Workers Compensation Board and provide the municipality with a registration number for verification.
- The operator shall be required to enter into an agreement with the Rural Municipality of Woodlands.
- Details of the agreement are available at the R.M. of Woodlands Office.

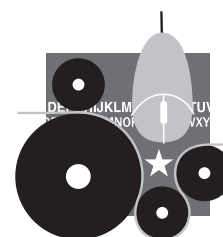
Proposals shall be in writing and may be emailed to cao@rmwoodlands.ca, mailed or delivered in person, on or before March 16, 2018, to the attention of the C.A.O., R.M. of Woodlands, Box 10, Woodlands, MB. R0C 3H0.

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ANNOUNCEMENT

CARDS OF THANKS

I would like to thank all the pharmacy staff and all the office staff for the lovely retirement party at the Rock Hotel on February 2, 2018. Thanks as well for all the wonderful gifts I received and the lovely lunch, beautiful flowers and retirement cake.

-Betty Ann Fairlie

ANNOUNCEMENT

CARDS OF THANKS

We would like to express our sincere appreciation for all who attended and contributed in various ways to the benefit dinner held on our behalf in St. Claude on February 24. Thank you to all the individuals and businesses who donated prizes, the ones who attended and so many others for making the fundraiser a success. A huge thank you to the Stonewall & District Lions Club for their generous donation. A special thank you to my Mom (Vernette) and Jim McIntosh, my Afi and Amma (Wally and Linda Finnbogason), for all that they do for us. The incredible support from so many is something that will never be forgotten. We will be forever grateful.

-Pierre, Mackenzie and Jillian Gaultier

ANNOUNCEMENT

ENGAGEMENT



Larry Good and Carole Chamillard are happy to announce the engagement and forthcoming wedding of their daughter, **Jessi Good to Lee Mangin.**

A wedding social will take place on Saturday, March 10, 2018 at Rathwell Community Centre, Rathwell, MB.



ANNOUNCEMENT

IN MEMORIAM



Denis Nolin
1937 - 2016

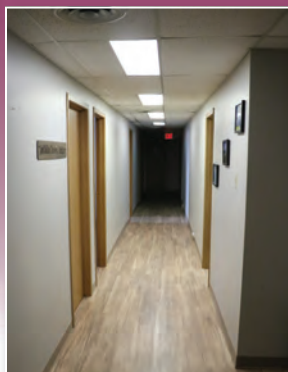
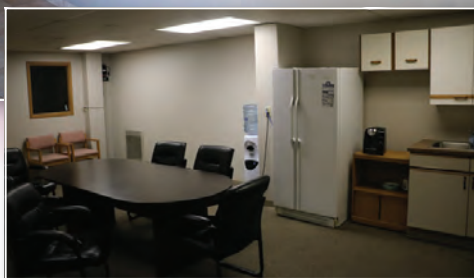
After suffering a massive stroke, 20 years ago, we watched him struggle and suffer in pain. On March 11th he peacefully passed away free from pain and suffering. It broke our hearts to say goodbye but to see him sleeping so peacefully, we couldn't wish him back to suffer no more.

Your memory will live on in our hearts forever. Love and miss you.

-Your loving wife Shirley and family

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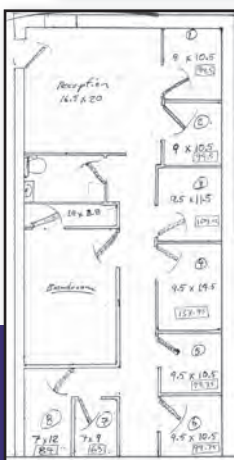
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OBITUARY



Kimberley G. Denner - Welch

On Thursday, February 22, 2018 Kimberley Denner - Welch passed away at the Grace Hospital in Winnipeg.

Kim is survived by her husband Trevor; her mom Ruth and sisters Karen, Rhonda (Andre). She was predeceased by her dad Ron Denner.

Cremation has taken place and no formal service will be held.



204-886-0404

OBITUARY



Marsha Gail Olnick

Peacefully, with her family by her side, Marsha passed away at home on February 26, 2018; 9 months after being diagnosed with kidney cancer.

She is survived by her husband Stephen; sons Matthew and Reid; her sister-in-law Susan and husband John Fulton of Cartier, MB and their children Farrah of Edmonton, AB and Cameron and wife Tammy of Thompson, MB. She was predeceased by her parents Ruth and Mike Dushenko, as well as her father and mother-in-law Nicholas and Ruby Olnick.

Marsha was born in Winnipeg on December 30, 1954 and lived in St. James as a young girl before moving to Charleswood at the age of nine. She attended school there, graduating from Charleswood Collegiate. She was accepted into the Misericordia School of Nursing, graduating as a registered nurse in 1976. She worked at Grace Hospital initially, and then was hired by Seven Oaks General Hospital when it opened in 1980. She worked on the surgical nursing units, day surgery, the recovery room, and then in the operating room until her retirement.

Marsha met Steve while in high school. They married in 1983 and moved to the farm at Stonewall where they raised their two sons. She was very proud of their endeavours and accomplishments.

Retirement gave her the opportunity to spend more time on the things she enjoyed, like gardening, reading, and baking. Many hours were spent in the flower gardens arranging the plants to her satisfaction.

Marsha enjoyed going to car shows in the US. The swap meet in Grand Rapids was a special favourite. She always found new ornaments for her garden there. The Crookston show was an opportunity to visit with friends that she only saw once a year.

In keeping with Marsha's wishes, no service will be held. Cremation has taken place and a private family interment will take place at Grund at a later date.

In lieu of flowers, please consider a donation to Cancer Care Manitoba Foundation, 1160-675 McDermot Avenue, Winnipeg, MB, R3E 0V9, to be directed to kidney cancer research.

The family would like to thank Dr. Vamsee Torri and nurse Denise Klassen of Cancer Care Manitoba for their care and guidance.

Góða nótt elskan



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