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Endless love

WCI staff and students show off their bracelets that students put together and sold as a fundraiser for Danica and Abby's Village. Students raised \$4,000 from the sale of the bracelets, which they presented to Amanda and Ryan Margetts and Toni deLaroque last Friday in Warren.

TRIBUNE PHOTO BY JO-ANNE PROCTER

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Thank You

From the bottom of my heart for making 2019 another incredibly successful year. I am humbled that so many have chosen me to help them - either find their next home, or sell their property. 2019 also saw Matt join the **LJ BARON REALTY BROKERAGE**. I am so proud of his achievement in attaining the **BRONZE AWARD**. I want you all to know that it's always a pleasure & a privilege to help make your **Dreams Come True!!**

Matt MaSherry

204-886-7585

Local musicians raise funds for mobile skate park

Staff

Listeners of CFRY 920 AM's Radio Amateur Talent Night in Teulon were treated to some great local entertainment Saturday night. Nine local musicians played and sang for four hours raising \$2,840 for a mobile skate park in Teulon.

The Teulon Rockwood Recreation Commission is hoping to purchase a "skate park in a box" that they will be able to set up in the arena and then fold down and store behind the bleachers when not in use, said Town of Teulon councillor Todd Campbell. Volunteers will need to raise between \$5,000 and \$6,000.

Ten-year-old and gifted pianist Donovan Rieder was awarded the Most Promising Performer plaque and also received \$200 for collecting the highest amount in pledges while Melinda Skogan received \$100 for raising the second highest amount. Rodney Etter won the Cooler of Booze draw.

This year's lineup also included Jim Williamson, Kaitlyn Greigson, Kristen Greigson, Emma Pischke, Cliff Holmerson, Ravon Laframboise and bagpiper Libby Carey.

Donations are still being accepted and can be mailed to the Teulon Rockwood Recreation Commission, Box 69, Teulon, MB, R0C 3B0.



Malinda Skogan and Donovan Reider received the plaque for Most Promising Performer.



TRIBUNE PHOTOS BY LANA MEIER
Donovan Reider received the plaque for Most Promising Performer.



The Greigson watch Kristen at the talent show at the Rockwood Centennial Hall last Saturday.



Kristen Greigson



Performers cheered and clapped for each other following their performances.



Libby Carey

WCI fundraiser surpasses expectation

By Jo-Anne Procter

A fundraising goal of \$1,000 quadrupled for a group of Grade 9-12 Warren Collegiate leadership students.

In November, WCI held a fundraiser in memory of Abby Margetts, their teacher Ryan Margetts's three-year-old daughter who passed away tragically. Following a very successful bracelet sale, the students presented Danica and Abby's Village with a cheque for \$4,000.

The teens teamed up with I AM LOVE project, a Winnipeg-based social enterprise that aims to inspire, empower and create change within the community. They created two designs at different price points and made 210 unique bracelets they were able to sell before Christmas.

The initial goal was to raise enough funds to purchase a Danica and Abby's Village buddy bench for their school. With the extra funds raised, additional benches will be purchased

and distributed throughout the Interlake School Division.

Danica and Abby's Village is an organization that honours Abby Margetts and Danica deLaroque, who were both taken from their families in separate accidents.

Toni deLaroque, Danica's mom and founder of the organization, said that 13 benches are already in place and another 30 have been ordered.

A manufacturer in Ontario makes the benches from recycled milk cartons and each bench costs approximately \$1,000.

"The work that we are doing to keep our girls' memories alive and the work that you have done really touches us to show us that our girls' lives matter and you will never forget them," she said.

The leadership group also presented deLaroque and Abby's mom, Amanda, with special bracelets with an owl representing Abby and a dragonfly



TRIBUNE PHOTO BY JO-ANNE PROCTER

The WCI Leadership group raised \$4,000 for Danica and Abby's Village and presented Toni deLaroque and Amanda Margetts with special bracelets. Left to right: Fallon Campbell, Paige Wright, Lane Bond, Toni deLaroque, Amanda Margetts, Ryan Margetts and Hailey Friesen.

representing Danica.

If anyone else is interested in ordering a buddy bench through Danica and Abby's Village, they can contact

deLaroque by phone or text at 204-513-1551 or by email at danicasvillage@gmail.com.

Students host Sweet Treats Café and book swap

By Evan Matthews

For the 10th year, Stony Mountain School hosted its annual Sweet Treats Café welcoming students, friends and family to the school on Feb. 25.

Joyce Kurnell, event organizer and early years teacher at the school, said the annual café-style event is hosted by the school's Earth Club and Social Justice Committee, in congruence with I Love To Read month.

"It's a sweet tradition around here. The kids just love it," said Kurnell, laughing.

"Keeping in line with the mantra of the two clubs, we used environmen-

tally friendly products. We had volunteers washing plates and mugs rather than using paper products," she said.

The Earth Club, according to Kurnell, focuses on projects that are environmentally friendly and promote the earth's wellness. The group does garden projects in the summer and school-wide composting projects, she said.

The Social Justice Committee helps out with different projects around the school that help the community, often that are perceived as "morally right and fair," according to Kurnell.

Members of the Social Justice Com-

mittee offered to help serve and clean up, Kurnell said.

"It's a perfect time to incorporate I Love To Read month, as we make the café a book swap as well," said Kurnell.

"Students bring as many books as they like, so they recycle their books, trading them for different ones. Then they get a treat, too."

The school's two clubs host the café in the school's science lab, converting the atmosphere from laboratory to that of a café, Kurnell said. Courtesy of the Earth Club, students received a free hot chocolate and treat.

The event brought together two school clubs with overlapping mandates, as well as incorporating I Love To Read, according to Kurnell.

"We always want to promote reading. ... As a community it's imperative that we raise readers," said Kurnell.

"We were able to help build that sense of community, the sense of belonging and sharing. We all worked together for a good cause, whether it be reading, recycling, promoting mental wellness, et cetera."

Kurnell thanked the Earth Club's "earth mothers" — Sally LeSage and Carmen Dondo — for baking the treats and helping with the set up.

Kurnell also thanked former trustee Sharon Baker for her attendance and participation, as well as former Stony Mountain School principal Myles Blahut, who read to the students.



Left to right: Earth Club volunteers Larry and Sally LeSage, social justice committee volunteers Chloe S. and Kayla B., and Earth Club volunteer Carmen Dondo serve treats at the Stony Mountain School's Sweet Treats Café on Feb. 25.



TRIBUNE PHOTOS SUBMITTED BY JOYCE KURNELL
Teacher Joyce Kurnell assists students with their hot chocolate.

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The right dog breed for your lifestyle: 5 factors to consider

Are you adopting a dog and wondering which breed is best? Here are some factors to think about when making your choice.

1. Temperament. Every dog is an individual with its own personality, but generalizations can be made about the various breeds. Some are known to be patient and docile, which is ideal for young families. Others, however, can be stubborn and require an experienced owner with a strong hand.

2. Time. All dogs require attention and at least a couple of walks every day. If you don't have the time to devote to your pooch, you may want to think twice.

3. Size. Do you want a tiny pet that can cuddle up on your lap? Or would you prefer a big dog that can handle some roughhousing? Be careful to not equate size with energy level, however. Some big breeds are happy to lounge around all day while some small ones are very active.

4. Energy level. Do you want a couch potato to relax with or a pooch that you can take on your daily jog? The dog you adopt should be able to keep up with you and vice versa.

5. Grooming needs. All dogs need to get their teeth brushed and toenails trimmed on a regular basis, but some require more grooming than others. If you'd rather not brush your pup's fur every day, choose a short-haired breed. And to avoid needing to vacuum dog hair on a daily basis, opt for one that doesn't shed too much.

While you may have a better idea of what to expect when you adopt a purebred puppy, mixed-breed dogs are just as worthy of your affection and tend to have fewer health problems. Regardless of breed, consider heading to your local animal shelter to adopt your new dog and be wary of unethical breeders.

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Rockwood council news in brief



Sgt. Sean Grunewald



TRIBNE PHOTOS BY JENNIFER MCFEE

Brendan Salakoh and Curwood Ateah of Landmark Planning and Design

By Jennifer McFee

RCMP Sgt. Sean Grunewald spoke to Rockwood council during the Feb. 26 committee of the whole meeting.

Council had the chance to ask questions, some of which focused on the link between drugs and crime.

Grunewald confirmed that there is meth in town. Some people who used to perhaps dabble with other substances are now using meth, which creates a ripple effect of nega-

tive impacts.

"We're seeing good people fall down the rabbit hole and now they're trying to support their habit," said Grunewald, who has a background in organized crime.

He advised residents to lock up their belongings and also to keep doors to homes and vehicles locked. He also noted that he'd be willing to host a community forum to provide more information to the public.

Councillors questioned him about response times to emergency calls. He explained that they respond based on the type of call that comes in, noting that "persons crimes" come before property crimes.

In general, persons crimes remain low in the area, although the statistics sometimes seem skewed since Stony Mountain Institution is included in the calculations.

Break and enters have been trending downwards, but thefts from vehicles are increasing. As well, impaired charges have increased quite a bit, he added.

In other council news:

• Brendan Salakoh and Curwood Ateah from Landmark Planning and Design Inc. spoke to council about the zoning bylaw. They provided information about several proposed minor changes, based on feedback from the public, the provincial government, the South Interlake Planning District and their own review.

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Teulon Mayor clears the air

Pazdzierski drops Nova House lawsuit

By Evan Matthews

With rumours swirling about a pending legal battle, the mayor of Teulon has decided to clear the air.

Teulon Mayor Anna Pazdzierski is working to clarify the record after the *Tribune* learned she had filed court documents against the Nova House board of directors. Pazdzierski officially dropped her lawsuit during the last week of February 2020.

"I don't want to ruffle any feathers at this point, but with members of the public asking questions, getting the details out could be important," said Pazdzierski, who was employed as the Nova House executive director in Selkirk for 18 years.

"I'm only dropping the lawsuit because my mental health is not worth this fight any more."

Pazdzierski's lawsuit named Nova House board chairperson Debra Jenkins, along with directors Vanessa Luloff, Retha Lynn Simpkin, Ingrid Pflug, Carolyn De Coster and Doug Simister.

Backstory

Pazdzierski retired from her role as executive director of Nova House in March 2018.

Pazdzierski alleges she offered to stay on and help the new executive

director transition into the role, but the new executive director had asked her to leave before the official date of Pazdzierski's retirement.

The Nova House board of directors dispute Pazdzierski's account, saying the now-mayor only stayed and orientated the new-hire for four of the 30 days she had committed to.

"She was never asked to leave," said Jenkins, who has been on the Nova House board for 22 years, acting as chairperson for the last 12.

Pazdzierski alleges as part of her salary, she was entitled to six weeks vacation annually. However, Pazdzierski said because the job was so demanding, she was never able to take such time off, and she alleges she accumulated over 48 days of vacation pay.

Once Pazdzierski left Nova House in March 2018 — whether asked to leave or on her own accord — she received a record of employment in the mail and a cheque she alleges was for only 30 days of her accrued holiday pay.

"This lawsuit was never about the money or the vacation days. It was about principle," said Pazdzierski. "You can't treat people this way. That's why this has been hard to let go."

Nova House said because, from its point of view, Pazdzierski did not fulfill her obligation in March 2018, they

were not going to pay the difference of 18 days, suggesting the month of time she did not work would be charged as vacation time.

Nova House said Pazdzierski did not formally request the time off in March 2018 — rather just told the new executive director she would not be returning — therefore the organization would not be paying out the final 18 days of vacation time.

One other caveat, according to Jenkins, was a creative working arrangement for the last three years of Pazdzierski's tenure. Jenkins said Pazdzierski would work Monday to Thursday, taking three-day weekends to make up for some accrued vacation time.

Not commenting on countersuit

Once Pazdzierski filed her lawsuit and upon Nova House beginning the examination of Pazdzierski's vacation time and vacation pay over her 18-year tenure, the board of directors decided to countersue Pazdzierski.

"We would prefer not to discuss these details in the media. ... But we would like to put some rumours to rest and get on with the good work we are all doing to protect women and children in the very large community we serve," said Jenkins.

"(Pazdzierski's) claim for alleged back pay owed to her was proven untrue. Her claim was unsuccessful be-



Anna Pazdzierski

fore the Manitoba Labour Board, and the allegations put before the small claims Court of Manitoba, were withdrawn," she said, when asked to comment by the *Tribune*.

Nova House stated the organization would drop its countersuit if Pazdzierski withdrew hers.

Jenkins said the Nova House volunteer board members are not paid any salary and were successful in having lawyer Richard Deeley defend them in the civil suit pro bono.

Under normal circumstance, Jenkins said legal fees would have totalled over \$17,000; however, the only fees charged by Deeley will be covered under "directors liability insurance," and shouldn't exceed \$5,000 (but with no cost to Nova House).

"We are thankful to Mr. Deeley for that," said Jenkins.

Rosser council news in brief

By Jennifer McFee

- At the Feb. 25 meeting, Rosser Fire Department's Chief Mike Palmer and Deputy Fire Chief Rob Manchulenko spoke to council about a fire truck proposal. The RM had issued a request for proposal, and council accepted a quote provided by Fort Garry Fire Trucks Limited for \$437,443 plus GST. The fire equipment reserve will cover \$300,000 of the cost, with the remainder coming from the general reserve.

- Rosser council approved the installation of gas service by Manitoba Hydro on Goldenrod Drive.

- The RM hired Shawn Stewart as a full-time for public works maintenance/equipment operator.

- The RM of Rosser entered into an agreement with the RMs of Rockwood and Woodlands and the Town of Stonewall for the Stonewall and Area Mobility Service.

Continued on page 7

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Celebrating 150 years of history, heritage and culture

By Evan Matthews

It feels like just yesterday that we rang in the new year, but two months have passed and we are in full swing "2020."

As of next week, it's 150 years of Manitoba history, heritage and culture.

It was March 9, 1870, that a lack of attention regarding Métis concerns caused Louis Riel, leader of the Métis people, to establish a local provisional government which formed into the Convention of Forty and the subsequent elected Legislative Assembly of Assiniboia.

Our province has come a long way since then and has so much to celebrate.

This province has culture, and multiculturalism, unrivalled anywhere in the country — First Nations, French, English, one of the largest Filipino populations outside of the Philippines, more immigration happening

every day.

Our diversity, from our Indigenous peoples to our newest citizens, is what binds us together in this cultural mosaic.

We see it year-round — Folkorama, the Filipino Street Festival, the Icelandic Festival of Manitoba, Manito-Ah-bee Festival, or the recently concluded Festival du Voyageur.

The list goes on. We celebrate.

With Manitoba 150 funding announced a couple of weeks back, the Interlake is represented well with the Gimli Film Festival, the Gimli Harbour Authority, the Interlake Tourism Association, the Riverton and District Friendship Centre, and the Town of Stonewall all receiving funding.

Outside of that funding, we know of communities like Warren and Woodlands, Teulon and Arborg all getting set to celebrate each respective community's local history and heritage.

Peguis First Nation just hosted Rog-

ers' Hometown Hockey. During the event, we learned how the First Nation's history and heritage is closely aligned to the sport and how the community's people celebrate those aspects of life.

These notions should make us wistful.

The point is this: The Interlake's culture — its history and heritage — are as diverse as anywhere in the province of Manitoba.

As our province nears the spring thaw and goes from white to green, we enter into a time of celebration. Let us all band together once more and begin the planning and execution of what could be our province's greatest year yet.

As we move to the future, let us remember it is our people — our diversity and our differences — that unite us and make us stronger, not our similarities.

Let us celebrate together.

Clocks spring forward this Sunday for daylight savings

Staff

Daylight Saving Time goes into effect on Sunday, March 8, when clocks will "spring forward" by one hour beginning at 2 a.m. The shift will essentially make it darker in the early morning hours, while leaving one extra hour of light in the evening.

It also means that March 8 will only be 23 hours long, and you'll lose sleep if you have fixed times for waking up on the weekend. Regardless, you'll probably feel a bit discombobulated over the following days as you adjust to a different sunlight schedule.

Clocks are pushed ahead one hour in spring to what's commonly called "daylight saving time," an idea first used in Germany during the First World War with the goal of saving energy. It aims to take advantage of daylight hours in the spring so that people don't sleep through the first few hours of sunshine.

When the daylight period gets shorter in the fall, the clocks are readjusted to the proper "local standard time."



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TRIBUNE PHOTO BY JO-ANNE PROCTER

Last week Mother Nature painted a beautiful display of hoarfrost. Hoarfrost is a deposit of ice crystals on objects exposed to the free air, such as grass blades, tree branches or leaves. It is formed by direct condensation of water vapour to ice at temperatures below freezing and occurs when air is brought to its frost point by cooling. It forms on cold, clear nights when conditions are such that heat radiates out to the open air faster than it can be replaced from nearby sources, such as wind or warm objects.

Hockey celebration coming to Stonewall



TRIBUNE PHOTO BY JO-ANNE PROCTER

The excitement is building for the Jets Town Takeover that will take place in Stonewall on March 24. The Town of Stonewall and True North Sports and Entertainment will host a day of Jets programming for Bobby Bend and Stonewall Centennial students, on-ice activities with the Stonewall Jets, Stonewall Minor Hockey and the Winnipeg Jets Alumni as well as an evening viewing party of the Winnipeg Jets vs the Nashville Predators game at the Veterans Memorial Sports Complex. Festivities for the social-style viewing party at VMSC will be open to everyone free of charge. Pictured are members from the Town and True North Sports and Entertainment at a planning meeting last Tuesday at VMSC.

> NEWS IN BRIEF, FROM PG. 5

- Viterra Inc. requested to subdivide 14.46 acres from a 164.8-acre holding. The residual area would be consolidated with a 95.6-acre parcel and a 71.6-acre parcel to create a 318.3-acre holding to accommodate the expansion of an existing grain elevator. Council approved the request with conditions.
- Reeve Frances Smee stepped down as Rosser's representative on the Cartier Regional Water Co-op Board. The RM appointed Coun. Lee Garfinkel as a director on the board from the rest of the term.
- Documents from the Rosser zoning bylaw review information session is posted on the RM's website at www.rmofrosser.com. A future open house will be scheduled to present the draft zoning bylaw. Those who attended the info sessions are asked to fill out a quick survey, which is also linked to the RM's website.

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The New Birth Lent Offers

Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" (John 3:4)

None of us can remember our birth, but we know with a certainty that it happened. We may have heard stories of who was there, of any special words that were spoken or any drama that unfolded as we came into the world. If we have given birth to a child ourselves, or have been present at a birth, we have our own birth stories to tell. The moment of birth is unforgettable to those who witness it and live it. It marks a new beginning that is full of hope and possibility.

We also know that our physical birth cannot be relived. It's not surprising that Nicodemus challenges Jesus' suggestion that he will need to be born again. He is puzzled by Jesus' claim that he needs to be reborn in the Spirit. But something was stirring in Nicodemus; something deep inside of him made him come by night to see Jesus.

Rebirth in the Spirit is not always an instantaneous process. It can be like a long labour. Nicodemus never quite became an identifiable disciple of Jesus. He seems to have skirted around the edges right to the end of Jesus' life.

The season of Lent is a time for us to reclaim or claim the birth of the Spirit in our life. The story of Nicodemus challenges us to examine our commitment to the work of the Spirit within.

If we are on a spiritual quest like Nicodemus, we are reminded of the need to ask ourselves if we're willing to be blown about by the wind of the Spirit of God, or if we're going to take cover every time it starts to blow in our direction?

Lent invites us to be open to what the Spirit is doing in our own life and in the life of our community. As a community, let's celebrate the ways the wind of God's Spirit is blowing in us and among us!

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Welcome, fishers and anglers.

It's such a pleasure being back with you after a few weeks away. During that time, however, I was able to get onto the ice. When talking to anglers, I couldn't help being surprised when they kept offering summer outdoor experiences instead of ice fishing tales. I'm fairly sure, though, that you'll be as amused with them as I was.

Steven Tyhy is a big, young guy with a full, brown beard and intense eyes. He towered over me as I approached him when he was ice fishing on the south Lake Winnipeg ice fields early last week. He was standing beside two holes with the lines of his short rods slightly frozen in crusts of ice.

"Anything today?" I asked of our new friend.

"No, nothing all morning," he replied.

We talked casually as we surveyed the overcast, misty endless stretches of ice and eventually I asked him if anything unusual had ever happened when he was fishing.

He raised his eyes to the sky smiling, deep in thought for a moment, then said, "I'm from Clandeboye and when I was in high school our class went on a camping trip to Big Whiteshell. One afternoon I was in a canoe with a few

other students fishing and paddling around and the waves were so choppy, they were overlapping the side of the canoe. Suddenly I saw a dark line along the top of a wave. It splashed over the side of the canoe falling onto the floor and began wriggling about.

"It was a huge, long garter snake! Flailing about, it slapped against the feet of Candice, a thin, blond-haired 14-year girl. She sprang up screaming in horror and jumped overboard. The water wasn't deep and as soon as her feet touched the lakes bottom she half-waded, half-swam for shore as fast as she could. That night Candice slept in a car instead of her tent!"

A few days ago I was driving on #320 across from Sugar Island and nestled on a patch of flat ice far down on the Red was an encampment of portable ice shacks with ice fishers scattered amongst them. Folks could be seen munching on hand-held food as they watched their fishing rods while chatting with friends. Kids were chasing each other playing in the snow. Off to the side, a high, sturdy pole held up a flag with the letters PCL emblazoned on it. I parked Old Red and made the long, steep trek to the gathering.

"Who's in charge?" I called out when I made it to the group.

"Justyne," a half-dozen people called out. From beside one of the tents a petite, blond, young lady came toward me with a big warm smile. "Hi, I'm Justyne Biy. How can I help you?" she said in a strong capable voice.

"Hi, I'm Arnie Weidl. I write the fishing column in the *Selkirk Record*, the *Express* and the *Stonewall Teulon Tribune*. This appears to be a company ice fishing outing. Would you or anyone else here have a fishing story for our readers?"

She stood silent, her head cocked to one side thinking, and then said, "Yes, we're with PCL Constructors and I remember a time when my friend and I had a little trouble with a boat when fishing on the Red River."

It seems she and her friend, Emily, were in a small aluminum boat fishing downstream of the locks at Lockport with a small anchor that couldn't hold the boat in one place. A pickerel took Justyne's baited hook. Since it didn't feel big, she reeled in quickly. She lifted her rod high and the fish glistening in the sunlight cleared the water slapping against the side of the boat. She bent over, and with her rod still high and her net in the other hand, she landed it. By then they had drifted back from their fishing hot spot, so Emily pulled up the anchor while Justyne cranked



TRIBUNE PHOTO BY ARNIE WEIDL

Justyne Biy, a true outdoors lady, with one of her many catches.

up the outboard motor and took them closer to the "locks."

Neither noticed that the fairly long anchor rope had slipped overboard. Suddenly Justyne felt the tiller of the outboard shake and the motor struggle. Then with a squealing crunch the motor stopped. The rope! Justyne was able to tilt the little motor up just enough to see the anchor rope was holding the prop fast. Emily exclaimed, "We need a knife!"

"I've got my filleting knife," Justyne responded.

Emily took it and, bending over the transom, began cutting away the troubling rope. Justyne, looking up across the water, was struck by the chilling realization they were drifting downstream in the fast current toward other anglers' boats. She grabbed an oar and, bracing her feet against the ribs of the boat, began steering and paddling, guiding it. Emily sawed with the knife cutting the rope.

Suddenly she sat up shouting, "The prop's free but I lost the anchor!"

Dejected, she tilted the motor into the water. It started on the first pull but without an anchor, their fishing was done for the day and they made for the boat landing!

Until next week, friends. Bye for now.

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IERHA aligning with provincial mandate for health system transformation

By Patricia Barrett

The Interlake-Eastern Regional Health Authority (IERHA) is in the process of changing the way it delivers services in keeping with the provincial government's mandate to make the health system more efficient and cost-effective and to improve patient outcomes.

IERHA chief executive officer Ron Van Denakker said the transformation underway — which includes rural health services — is of a magnitude never before seen in Manitoba's history.

"This is an entire health system transformation initiative that was started by this government [provincial Conservatives] based on a KPMG review that basically said we're spending a ton of money and our outcomes are very poor relative to other jurisdictions," he said.

The cost of health-care funding in Manitoba rose 97 per cent between 2003 and 2016, yet the province "remains at or near the bottom of national rankings," states the IERHA's latest annual report, citing data from the provincial department of Shared Health.

In addition to KPMG's health system review, the overhaul is being guided by several studies, including an EMS system review, a mental health and addictions report, Shared Health's clinical and preventive services plan and a wait times reduction report. The transformation won't happen overnight as there are multiple phases to implement, and some changes will require the government to pass legislation.

As part of the transformation, the provincial government created Shared Health in 2018. The new legal entity is co-ordinating the integration of clinical and preventive services across the province. The department of Manitoba Health, Seniors and Active Living, meanwhile, will develop policies and oversee funding.

Improving access to primary care is a priority, considered by Shared Health to be the "foundation of an effective health system."

To that end, the IERHA has plans to build a new 30,000-square-foot primary care clinic in Selkirk with an attached clinical teaching unit (CTU) where new graduate physicians can complete a mandatory two-year residency training program.

The clinic project is "fully aligned" with the direction in which Shared Health is moving, said Van Denakker, and "we have been in constant discussion [with government] that the work we're doing is aligned with the pro-

vincial work."

The clinic will fill a physician gap in Selkirk, he said, and help relieve pressure on the hospital emergency room where patients end up when they don't have a place to go.

"Believe it not, the [IERHA] area where we have the greatest need for physician providers, where the greatest number of people are unattached to a nurse practitioner or a doctor, is Selkirk by far," said Van Denakker.

To date, 10 Selkirk physicians have committed to the proposed clinic, and as more come on board, they'll be looking after unattached patients and doing rounds at the hospital, he said. Looking to the future, as the Selkirk and area population grows, there will be a need for about 25 physicians at the clinic.

As for the CTU, medical residents will train alongside physicians in the new clinic while others will complete their training in Interlake communities such as Gimli, Arborg, Eriksdale and Ashern, as well as in communities in the eastern half of the RHA.

IERHA vice-president of corporate services Ron Janzen said Interlake-Eastern was the only RHA (until December 2018) without a clinical teaching program for residents, and as a result the region was seeing a "fair bit" of physician turnover and an "unusually high reliance" on international medical graduates.

"It's well known in the literature that clinical teaching is the way to recruit and retain physicians for a health region," said Janzen. "Physicians who are given an opportunity to do their residency in a particular community have a much higher chance of settling down and putting roots into that community, and committing to a medical practice in the areas where they get residency experience."

In addition to improved access to primary care and resident training in Interlake communities, the way patients are cared for is in the process of being modified.

Shared Health is moving towards establishing My Health Teams, made up of several health-care providers who will see individual patients. Under the present system, patients see a family doctor and get referred up the chain to specialists, which can entail delays and the need to attend multiple health appointments.

The new Selkirk clinic will be based on a team model, fundamentally different from privately run clinics where several doctors typically purchase or rent a space and work individually under a fee-for-service arrangement, said Janzen.



TRIBUNE PHOTOS BY PATRICIA BARRETT

The IERHA is in the process of changing how rural health care is delivered. Shown here is the Selkirk Regional Health Centre.



From left: Ron Janzen, Ron Van Denakker and Selkirk physician Ian Alexander, who is overseeing medical resident training.

The proposed clinic is destined to become the "home base" for a My Health Team, he said. It will include doctors and allied health-care providers such as nurse practitioners, mental health workers, pharmacists and occupational and physical therapists, who will spend more time with patients to improve health outcomes.

"That means you don't, for instance, just line up 35 or 40 patients for a day and have 10-minute consultations with them, prescribe medications and move on to the next one. [The patient] will sit down with a whole team of caregivers who'll review their chart," said Janzen. "This means the physician is not going to see as many patients. But it means your outcomes are going to be much stronger and you're going to have much better care for the individual."

The proposed clinic will be built, owned and operated by a non-profit corporation, 10040899 Manitoba Association Inc., which is currently composed of the 10 physicians who've agreed to work as a My Health Team, and a board of directors, many of whom are municipal council representatives. The association will share with the IERHA services such as security, maintenance and information technology until more physicians

move in and assume the costs of running the clinic.

There will be "big savings," said Janzen. "The only way you can do [shared health teams] is under a non-profit model; you have to have a registered charity. A for-profit, private clinic can't do that."

My Health Teams are appointed by and governed by Manitoba Health. To join a team, physicians have to submit a practice model, show what the outcomes will be and how they'll track their performance. If approved for a team, physicians will enter into a formal agreement with the province.

Because the province will be funding each team, Van Denakker said they'll have to prove their effectiveness through "rigorous" reporting.

Over the past four years, the IERHA has been working with the government to satisfy requirements for establishing My Health Teams, Van Denakker said. In addition to the Selkirk-based My Health Team, the IERHA will soon have a My Health Team established for Highway 6 (Eriksdale, Ashern, First Nation communities).

"This is government-driven and it's fully integrated into [Shared Health's] clinical and preventive services plan," he said.

Continued on page 16

Cool's the word at the upcoming Gimli Ice Festival

9th annual Ice Festival March 7 and 8

By Patricia Barrett

From kiteboarding and daredevil racers to flying fish and twirling taffy, the Gimli Ice Festival (GIF) is preparing to host thousands of visitors to the town's premier winter carnival in March.

For the first time in its nine-year run, GIF has organized kiteboarding demonstrations on the lake. Boost Kiteboarding from Winnipeg will be on site to show people how much fun it is to get strapped to a snowboard and a sail and go zipping across the snow.

"They're going to do some demos close to the pier, and possibly right in the harbour itself, to show people just how it works," said GIF co-chair Peter Holfeuer. "We invited them to show people that there's a lot of things you can do in the wintertime on the ice."

In addition to kiteboarding, the ever-popular Fire on Ice stock-car racing will thrill spectators with high-speed pursuits down straightaways and through hairpin turns while churning up volcano-sized plumes of ice and snow on Lake Winnipeg.

Members of the Winnipeg Sport Car Club will be competing for bragging rights on a special one-kilometre track on the lake. Stock cars will be racing Saturday and Sunday in two major classes: the rubber-to-ice and the studded classes. A half-hour Enduro race (studded) will take place on Sunday to cap off the event.

Tim Gordienko is co-ordinating the construction of the track on behalf of the club, which also receives site support from members of the Gimli Car Club.

"With the studded tires, the race is a lot faster and the visibility is much less. We have a specially prepared ice-racing tire that comes from Finland and they're more aggressive

than Mercedes' [driving school] tires," said Gordienko. "But our stock cars in the rubber-to-ice class have plenty of power."

GIF co-chair Susan Holfeuer, who's also vice-president of the Gimli Chamber of Commerce, said the Winnipeg club bundled her into a stock car a few years ago and took her into an "insane" sideways skid at 80 kilometres an hour.

If you think four wheels on ice is challenging, you should see the daredevils riding the two-wheelers.

The Ice Man Motorcycle demonstration, which is set for both days of the festival, is another crowd favourite. Kim Houde, the 2005 World Motocross Champion, will be among the competitors generating some heart-stopping moments.

The lake will also be the venue for some purely human-powered events, including a fat bike journey to the middle of the lake for a spot of overnight camping, and a running odyssey called A Viking's Challenge that will help raise funds for the Save Your Skin Foundation.

Chris Isfeld, who developed melanoma, and his friend Shawn Bjornson will be running 30-kilometres from Grand Beach to Gimli on March 7 to help raise money for the Canadian not-for-profit foundation, which raises awareness of skin cancer.

"They're childhood friends from Gimli," said Susan Holfeuer. "Isfeld wants to raise \$30,000 for cancer awareness."

When the runners — accompanied by the fat bikes — reach Gimli around midday or in the early afternoon, they'll have a GIF welcoming party waiting for them at Gimli harbour, she said.

While at the harbour, visitors can



TRIBUNE PHOTO BY PATRICIA BARRETT

Gimli Ice Festival co-chairs Susan, left, and Peter Holfeuer have an exciting line-up of events for the 9th Annual winter extravaganza.

take in a pond hockey game March 7 that will commemorate the Winnipeg Falcons, a team composed primarily of people of Icelandic heritage. The team won Canada's first-ever Olympic gold medal in hockey in 1920. Filmmaker Andy Blicq and school trustee Kim Malchuk are helping organize the event.

You'll never go hungry in Gimli as the town has plenty of dining establishments that offer up everything from hearty soup and sandwiches to pizza and fish and chips. GIF passholders can fill up on bannock, tea and some old-fashioned taffy, which the Riverton & District Friendship Centre will be making near the harbour.

Speaking of food, the Gimli Rotary Club is sponsoring a Chili Cook-off on March 8 with a whopping grand prize of \$175 for the best recipe. And Cast Off Winery & Brewing Supplies

is selling tickets for a chance to win a wine-making package worth \$300.

Other events include ice fishing for kids, a snow-castle competition on Gimli Beach, a frozen T-shirt competition, a frozen fish toss, an outdoor art show, an arts and craft fair, and a variety entertainment night at the Lakeview Resort.

Of course, the festival wouldn't be complete without the town's marauding posse of 9th- and 10th-century Vikings, who'll be hoisting spear and shield to show the crowds what hand-to-hand combat entails.

The Gimli Ice Festival takes place March 7 and 8. A two-day pass costs \$5 and will be available for purchase on site at the Lake Winnipeg Visitor Centre and at select locations in town. For a full list of GIF events, visit gimliicefestival.com.

Farmers encouraged to register now for Open Farm Day 2020

Staff

Site registration is now open for the Manitoba Association of Agricultural Societies' Open Farm Day 2020.

This year, Open Farm Day will take place on Sept. 20, providing members of the public with a chance to engage with farmers. As a result, visitors can learn more about Manitoba's agriculture industry and feel more connected to the source of their food.

To participate as an Open Farm Days host site, the individual or organization must operate a farm or an agricultural industry or business. If there is livestock on the farm, biosecurity steps must be in place to prevent the spread of disease and exposure to potential pathogens.

Proper food handling regulations must also be followed.

An Open Farm Day staff member will visit the host sites in August to review and address issues such as liability insurance, animal safety, equipment operation safety, food handling and safety, and emergency plans for the day.

Registration closes Thursday, April 20. More information is available by calling 204-761-3705 or emailing info@openfarmday.ca.

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The Washboard Union to headline Quarry Days free stage

Sunova Main Stage Friday, Aug. 14

Staff

The JUNO Award-nominated country music group The Washboard Union will kick off the 36th annual Quarry Days summer festival on the Sunova Main Stage Friday, Aug. 14 with a free outdoor concert.

The Washboard Union have quickly become one of Canadian country music's fastest rising stars. The 28 time award winners, JUNO Breakthrough Group of the Year and two-time reigning CCMA Group/Duo of the Year, The Washboard Union have defied classification and continue to be one of the most talked about bands in Country music. Led by step-brothers Aaron Grain and Chris Duncombe and their best friend David John Roberts, The Washboard Union share an innate love for the art of song writing and storytelling that has resonated with audiences from North America to Europe. Certified

Gold in Canada, the band has several Top 10 hits and numerous top 20 hits in Canada, and was the first country band to ever win the JUNO Award for Breakthrough Group of the Year; a multi-genre category. One of the busiest bands touring in Canada, The Washboard Union have played nearly every stage between Vancouver Island and Newfoundland, and have shared the stage with Old Dominion, Keith Urban, Reba McEntire, Dwight Yoakam, Jason Aldean, Zac Brown Band, Thomas Rhett, Lonestar and more.

Local country band Past the Perimeter will be the opening act and will hit the Sunova Free Stage at 7:30 p.m.

Past The Perimeter is a multi-Manitoba Country Music Award winning band from Stonewall and was named the 2019 MCMA Group Of The Year.

For more information, visit www.stonewallquarrydays.ca



TRIBUNE PHOTO SUBMITTED

The Washboard Union country music group will kick off Quarry Days 2020 on Friday, Aug. 14.

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The Renaissance on schedule for fall occupancy

By Jennifer McFee

Ventura's latest project is on schedule for a November occupancy, opening the doors for luxury independent living in Stonewall.

"The Renaissance is a 50-plus apartment concept that is geared towards downsizers and empty-nesters within the Interlake," said Ventura vice-president Tim Comack.

"Our building will be closed in by the end of the month, which means that we'll be starting all the interior work. We should have a display suite ready sometime in June."

The Renaissance is conveniently located across from the hospital, which also offers senior-specific services.

"It's been designed to incorporate universal barrier-free access. Senior-specific design elements are incorporated throughout the entire building — grab bars, wider corridors, wider doors, wider turning radiuses for wheelchairs and walkers, two elevators instead of one," Comack said.

"The units are large in size and they're luxury driven, so there's quartz countertops, nine-foot painted ceilings, open concept plans, walk-in closets and en suite washrooms."

For Comack, the most important

feature is the large communal party room.

"It's not your standard party room. It's probably two to three times the size of a normal party room gathering space. It's large enough for every resident to be in there collectively at the same time," he said.

"It's being set up with a full size kitchen so you can have large family gatherings or building-related gatherings. It's connected to an outdoor patio that backs onto the forest, along with a beautiful fireplace inside that people can sit around. There will be some fitness equipment incorporated into the space as well."

Already, 50 per cent of the units are leased.

"We've had a lot of strong interest in the units. It's a unique offering that the town hasn't seen before," Comack said.

"We expect to be fully leased by the time we complete the building, so if people are interested, they should probably reserve their suite now."

Anyone interested in holding a suite needs to put \$1,000 down. A \$65,000 deposit is required (or \$64,000 if someone has already put \$1,000 down).

"We pay them three per cent inter-



TRIBUNE PHOTO SUBMITTED

The Renaissance is on schedule to open for a November occupancy.

est on that and it's fully refundable within 90 days," Comack said.

"With a luxury building like this, it's the only senior-specific building in town that offers heated indoor parking and such a huge party room. Balconies are oversized and square footages are large."

Once it's built, the site will bring a total of 95 units to Stonewall, representing about \$20 million of investment in the town.

"That's not including the rest of the Quarry Ridge Park subdivision, which as a whole is a \$400 million build-out. It shows that from an economic per-

spective, we're investing like we said we would," Comack said.

"We're making sure that we're providing housing styles and types in Quarry Ridge Park for every single lifestyle and housing need. As well, we're creating an age-in-place strategy in the community. You can start a family, move up in the life cycle and then downsize. It's all there — starter homes all the way through to retirement homes and everything in between."

Another benefit of being connected

Continued on page 13

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Local artists display works at Stonewall library

By Jennifer McFee

The creative endeavours of the Stonewall Art Group will be on display for all to see at the local library for the month of March.

About 16 artists will be showing their work at the library, including in the spaces at the ends of the book stacks. Most of the artwork consists of oil and acrylic paintings, but there will also be carvings and fibre arts for viewing.

David Mackinder has been a member of the group for the past three years and he encourages others to get involved.

"I painted when I was a kid and when I retired, I decided I wanted to do it again. I heard about the art group and I joined so I could have them help me learn acrylics because I'd never used acrylics before. I'd used oils previously," said Mackinder, a Stonewall resident.

"There are a lot of people in the group who have lots of experience and they help each other, so it's a good session."

The group meets every Thursday from 9 a.m. to noon at the Quarry Park Heritage Arts Centre from mid-September through to April.

"The artists in the group are a wide variety of ages and skill levels. I'm relatively new, and there are some that have been painting all their lives. There are some that serious gallery worthy and others that are just learning. It's quite a diverse group," Mackinder said.

"We're always looking for new members. We're



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Stonewall Art Group will have their work on display at the South Interlake Regional Library Stonewall branch for the month of March.

a loose group, so people come and go. Generally speaking, on any given Thursday, there are about 20 people that meet. But there are 35 people that are actually on our mailing list. We've even got a couple of new members in the last month who just showed up and now they're coming in as regulars."

Members come from beyond the Stonewall area, including Rockwood, Woodlands, Warren and even

Winnipeg.

"We're there every Thursday at Quarry Park," Mackinder said. "Just come by to have a coffee and a chat — and see if you might want to join us."

For more information about the Stonewall Art Group, contact Judie Dauk at 204-467-2361 or email dauk@mts.net.

> VENTURA RENAISSANCE, FROM PG. 12

to the Quarry Ridge Park subdivision is that 15 acres of forest have been preserved plus at least 10 more acres of green space, park space and walking trails.

The Renaissance will also feature garden plots on site for residents to enjoy.

"Lots of people who have a home don't want to give up that outdoor experience," he said, "so this creates a little spot where they can grow vegetables."

For realtor Dalice Clearwater, The

Renaissance gives a great option for people who are looking for luxury independent living.

"It's going to be amazing. I think people are really going to grab onto this project and run with it," she said.

"I think it's really needed in Stonewall and it's exciting to have this in the community. It's not something that every community like ours can offer."

For more information, contact Clearwater at 204-799-6286.



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WCI Environmental Science students enter contest

By Jo-Anne Procter

A passion to save the Earth is the driving force behind three Warren Collegiate Grade 11 students that have taken the initiative to enter the 2020 Caring for Watersheds contest.

The Caring for Our Watersheds program asks students across the province to submit a proposal that answers the question, "What can you do to improve your watershed?"

Students must research their local watershed, identify an environmental concern and draft a written proposal containing one realistic solution. Community judges then select the Top 10 entries to compete at the final competition. Nutrien Ltd. is the founder and sponsor of the Caring for Our Watersheds contest and the organization provides \$11,000 in cash prizes for the Top 10 entries and their school and an additional \$10,000 in implementation funding is available for all participants to turn their ideas into reality.

The trio has put together a proposal for the contest that involves the up-cycling of used clothing and making environmentally friendly laundry detergent.

They held a clothing swap on Feb.



TRIBUNE PHOTO BY LEE STEWART

WCI students from left to right: Sarah Crockatt, Abby Procter and Emily Fehr will be hosting their second clothing swap on March 11 at WCI from 2 to 6 p.m.

23 as a way to prevent used clothing from ending up in the landfill.

"When they (the clothing) end up in the landfill, the parabens and the dyes leak into the watershed and that creates eutrophication, which is the big problem with Lake Winnipeg right now," Procter explained. "The al-

gal blooms make the dogs sick and it contaminates our waters and kills the fish."

Procter explained that eutrophication is when the bad chemicals get into the lake and eat a lot of the algae. The algae takes up all the oxygen from the lake and in turn that is what kills

the fish and causes the green slime.

At the clothing swaps the girls are handing out environmentally friendly laundry soap samples with a recipe for the soap attached as phosphates that are in regular laundry soaps contaminate the watershed.

"When you wash the clothes that we save from the landfill, it is still putting phosphates into our watershed," Procter told the *Tribune*.

"Our laundry detergent doesn't have any of that and it's a lot cheaper as well (9 cents/load as opposed to 16 cents)," Emily Fehr added.

Another clothing swap will be held March 11 at the school between 2 and 6 p.m. Leftover clothing items that are in good condition will be donated to shelters in need, and some will be made into dog toys, reusable bags and rags for the school's bike repair shop.

They are accepting donations at the school and are in need of children's clothing and will accept backpacks and accessories as well that can be dropped off at the school anytime.

Their main goal is to further educate the public that making small lifestyle changes can benefit our watersheds.

Selkirk surgeon recruiting doctors and moving ahead on wellness centre

By Patricia Barrett

The Selkirk surgeon who built Easton Place, a state-of-the-art integrated health clinic across the highway from the Selkirk hospital, has begun a recruitment drive for additional doctors and is gearing up for Phase 2 of the project that will see a wellness centre attached to the clinic.

Dr. Anthony Anozie said he's recruiting general practitioners, family doctors and medical specialists for Easton Place, which is already up and running and serving the needs of Selkirk residents.

"We've got a big enough space for 15 doctors," said Dr. Anozie, who is part of a team of physicians at Interlake Surgical Associates, which specializes in general, endoscopic and laparoscopic surgery.

At 20,000 square feet, Easton Place intends to unite primary care services with a variety of medical specialists under one roof, according to its brochure. The arrangement will not only make it faster for Selkirk patients to get access to specialized services but will also benefit rural patients that have to travel into Selkirk for medical services.

The clinic is located on 16.5 acres of land just off Easton Drive (Highway

9A) and has already attracted two physicians, who work under a fee-for-service arrangement with Manitoba Health, a pharmacy with private consultation rooms, the Red River Dental/Oral Health Centre and the Horizon Hearing audiology centre.

The physicians currently have access to secretarial services, nursing assistance, flexible work schedules and a staff room. The clinic also has a scrub room, two operating theatres for minor surgical procedures and a surgical recovery room. The clinic is working on getting a lab for blood services.

Starting Feb. 26, the clinic will offer walk-in patient services on Wednesdays and Thursdays from 9 a.m. to 4 p.m.

Dr. Anozie said he envisaged an integrated health-care clinic and wellness centre in 2013 after recognizing a gap in service availability in the community. He hired consultants to see whether the centre would benefit the community then spent a "significant amount" of his own money building the clinic.

And now he's moving ahead with Phase 2 of the project — a wellness centre. He'll be launching a fundraising drive and is looking for community members to sit on a committee to



TRIBUNE PHOTO BY PATRICIA BARRETT

Easton Place medical clinic.

oversee the centre.

"Now that I've finished building the clinic, I want to add a not-for-profit wellness centre and I'm looking for local people to set up a committee to help run it," he said. "Basically, what we're aiming for is a mini-Seven Oaks Wellness Centre that will be attached to the clinic. It will be a community hub for physical activity, nutrition, rehabilitation and other wellness services."

The plan entails an indoor walking track, exercise equipment, pool/spa, childcare facility (for Easton Place employees and the community), retail plaza with vendors selling health-care-related products and commercial

space for eateries offering nutritious food.

"We will soon be starting a drive to fundraise for the wellness centre," said Dr. Anozie.

A senior's housing complex offering assisted living and supportive housing services has also been proposed for the 16.5-acre site.

Easton Place is located at 15 Wersch St. For more information about physician opportunities and joining a committee to oversee the wellness centre, email info@eastonplace.ca or call Dr. Anozie at 204-757-9073.

For Easton Place clinic hours/appointments, call 204-482-4044.

“I love to read month”

Grosse Isle students incorporate fun into reading



TRIBUNE PHOTOS SUBMITTED

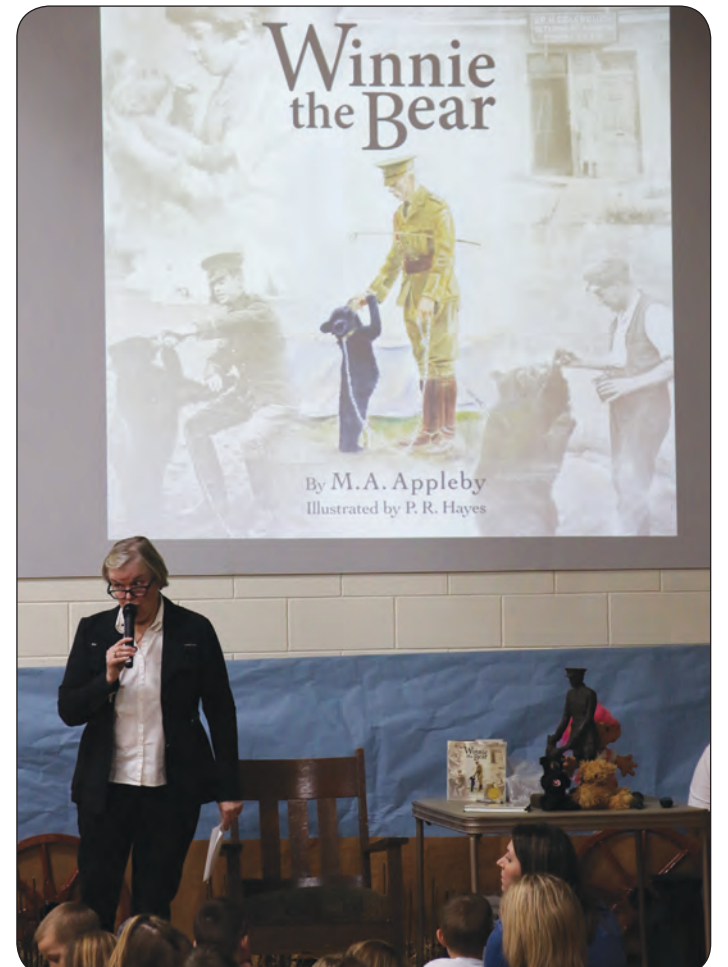
Each week in February Grosse Isle School students enjoyed a wide variety of reading activities for “I Love to Read Month.” Rosser and Grosse Isle students paired up for an afternoon of buddy reading and space-themed activities, had a Camp-out Read-a-thon where students set up tents, cots and camping chairs, and settled in for 100 minutes of reading. Teachers took students to McNally Robinson to shop for books for the school’s library. Grosse Isle students and staff dressed as their favourite book characters, had a “blind-date” with a book and wrapped up the month with a “Starbooks Cafe” day complete with Starbucks treats, coffeehouse music and, of course, books to read. Photos from left: Julia Oliver and Blake Darragh reading in their tent. Ethan Corbett dressed as Percy Jackson and teacher Amanda Clemis as Harry Potter. Connor Grenkow reads with Ethan Voth. Sarah Gilmore and Ashley Hudon hanging out at the Starbooks Cafe.

Bobby Bend students meet special guest author



TRIBUNE PHOTOS BY JO-ANNE PROCTER

On Feb. 29, the final day of “I Love to Read” month, author M.A. Appleby of the true story *Winnie the Bear* paid a visit to Bobby Bend School. *Winnie the Bear* is the biography of a Canadian black bear named after the City of Winnipeg and adopted by Lt. Harry Colebourn, a kind veterinarian, who was en route overseas at the beginning of the First World War. Colebourn nurtured the young cub at training camps in Valcartier, Que., and on the Salisbury Plains. Appleby talked about Winnie and Harry’s journey, her research of the story and her family’s connection to Harry Colebourn. Following the assembly, students went back to their classrooms and read a book with their own stuffed bears.



RWBB celebrates Pink Day

By Jennifer McFee

It was a vision in pink at Ecole RW Bobby Bend School last week for the annual Red Cross Pink Day.

On Feb. 26, students donned pink shirts for the annual initiative, which aims to empower youth to stand up and speak out against bullying.

Pink Day dates back to 2007 when a Grade 9 student in Nova Scotia was bullied for wearing a pink shirt to school. Two other students took action and rallied other youth to wear pink shirts the next day as a strong message to the bullies.

Heather Sanche, interim vice-principal, said Ecole RW Bobby Bend School recognizes the anti-bullying campaign each year with a special assembly and school-wide activities.

"It isn't just about one day. We focus

on teaching the importance of kindness and caring throughout the year in so many different ways with programs that we implement with the students at school and in the community," Sanche said.

"It is so important that we talk to children about bullying so that they know what bullying is, the impact it has on others, and they know what to do about it."

At the local elementary school, three students from Grade 2M read a friendship book at the Pink Day assembly.

Grade 4 leadership students presented a pink day message and handed out TimBits to other students, along with the message "Donut be a Bully."

In addition, students wrote motivational quotes and positive words on



TRIBUNE PHOTOS BY HEATHER SANCHE

Bobby Bend students celebrate Pink Day.

pink Post-It notes for display on the bulletin board.

Other schools throughout the Inter-

lake School Division also participated in the awareness-raising initiative.



> IERHA, FROM PG. 9

The estimated cost of the proposed clinic and CTU has been pegged at \$15 million. The IERHA's fundraising arm, the Interlake-Eastern Health Foundation, has been tasked with raising over \$5 million for the project, and the Association will be borrowing the remaining \$10 million.

Because the teaching unit will ultimately benefit communities in the RHA's catchment area, the IERHA had pulled together a task force made up of municipal representatives, including First Nations, to look at ways to establish it. The task force had initially considered taking out debentures that would be paid off by municipal ratepayers, but eventually settled on a non-profit clinic model

in partnership with the group of Selkirk physicians.

"We didn't make this up," said Van Denakker, referring to the model. "There are variations of this in three or four different locations across the province. We've just basically made this an IERHA brand, if you will."

Now that it has established the association, the task force will shift its focus to recruitment and retention and the implementation of Shared Health's clinical and preventive services plan, he added.

The task force shares its minutes with all towns and municipalities in the RHA area, and a number of communities have asked to take part.

The IERHA shared its membership

list with the *Tribune*. Currently represented are the RM of Alexander, Town of Powerview-Pine Falls, RM of St. Andrews, RM of St. Clements, Town of Arborg, RM of Bifrost-Riverton, RM of Brokenhead, Town of Beausejour, RM of Gimli, Town of Lac du Bonnet, RM of Lac du Bonnet, Pinawa Local Government District, RM of Springfield, Town of Stonewall, Town of Teulon, RM of West Interlake, RM of Whitemouth, RM of Grahamdale, Town of Winnipeg Beach, Sagkeeng First Nation and Fisher River First Nation.

The City of Selkirk is not part of the task force.

The land on which the proposed clinic will be built is owned by the province and the clinic will have to seek a lease agreement. Van Den-

akker said he hasn't yet asked the province for a lease agreement as they're still in the process of "dotting all the I's and crossing all the T's."

While the clinic project has been forging ahead, physician coverage in hospital emergency rooms across the region has improved, according to statistics the IERHA shared with the *Tribune*.

Between 2017 and 2019, physician coverage (hours worked in nine hospitals with emergency departments) has increased from 75 to 88 per cent. Van Denakker said at one point it had been less than 50 per cent.

The ultimate goal of the health system transformation is to ensure everybody, especially Indigenous people, has access to primary care and to improve health outcomes, he said.



My husband and I just signed our legal separation papers, but I still live in our matrimonial home that is now up for sale.

I have two questions: I want to move out, so should I buy another home by myself? Even though I haven't actually received it yet, does child support count as income? I do work part-time but think I need the extra income to qualify.

What do you think?

Sincerely,

Jill XXXX (desperately seeking a new life!)

Dear Desperately Seeking a New Life!

Good for you for getting your separation agreement signed and finalized. I know this can be an enormous emotional undertaking for all involved. To answer your questions, first about the money: When you separate and apply for credit on your own, please ensure all credit cards and loans that were once joint have now been terminated or at least released from your spouse as a co-applicant. If you are walking away with a cash payout before the matrimonial home is sold, make sure your legal separation agreement indemnifies you of any joint loans or mortgages on the property. Of course, it goes without saying that if you are moving out and your husband is staying in the home that

AsktheMoneyLady.ca

all mortgages or loans secured by the property revert to his name including legal title.

Now that you are free, do you have money for a down payment? Alimony can be taken as income but most banks to mitigate risk will only use 80% and only 50% of child support. If you have employment income to add to this, you will be highly favored by the Banks who will want to wrap themselves around you as a brand new single professional client.

Becoming divorced or widowed sets you back not only financially, but emotionally. It is easy to let your finances take a back seat to your future planning since retirement is generally viewed as a "couple's" event. The reality of having to plan on your own can be challenging and often creates too much complexity at a time when it is necessary to simply bring order to one's life and create some sense of normalcy. Sometimes it is better to wait a little before getting into a long-term financial commitment. Take your time to find your way as a new single. After everything you have been through it's "YOU-TIME" so look after yourself! Talk to your financial advisor, do your homework and plan for your new future when you're ready.....you'll be stronger for it!

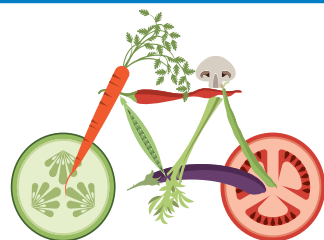
Good Luck and Best Wishes,
Money Lady

Written by Christine Ibbotson, Author of **"How to Retire Debt Free and Wealthy"** Follow on Facebook & Instagram

If you have a money question, please email: askmoneylady@gmail.com

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Saturday, March 7

EVENTS ON THE LAKE

9:00am - 3:00pm Fire on Ice Car Racing
Practice from 9am - 11am Racing 12pm - 3pm
11:00am - 3:00pm Kids Fun Time Ice Fishing
12:00pm - 3:00pm Kabota ride to ice fishing location with Festival Pass
Mid-Day Arrival ICE MAN Motorcycle Ice Racing Demo
A Viking's Challenge - 30k Lake Wpg Run Finish Line

EVENTS AT OTHER LOCATIONS

10:00am - 4:00pm Arts & Crafts Show
At the Lakeview Resort - Ballrooms A-C
11:00am - 11:45pm The Freeze Outdoor Art Exhibit
Near the Gimli Art Club
11:00am - 12:30pm Kids Story Telling
At the New Iceland Heritage Museum
11:00am - 12:30pm Frozen Fish Toss
At the Gimli Harbour
11:00am - 2:00pm Snow Castle on the Beach Competition
Info & Registration at Visitor Centre - Festival Headquarters
11:00am - 3:00pm Bannock & Tea on Open Fire
Near the Visitor Centre by the Harbour
11:00am - 3:00pm Gimli Art Club Family Fun Activities
At the Gimli Art Club ... Face Painting, Arts & Crafts and more!
1:00pm - 3:00pm Falcons 100th Anniversary Pond Hockey Event
At the Gimli Harbour next to the Pier
2:00pm - 2:30pm Live Viking Combat by Sons of Lugh
At the Gimli Harbour
7:30pm - 11:00pm Variety Entertainment Night
At the Lakeview Resort - \$10 admission or \$5 with Festival Pass

Sunday, March 8

EVENTS ON THE LAKE

9:00am - 3:00pm Fire on Ice Car Racing
Practice from 9am - 11am Racing 12pm - 3pm
11:00am - 2:00pm Kids Fun Time Ice Fishing
12:00pm - 3:00pm Kabota ride to ice fishing location with Festival Pass
ICE MAN Motorcycle Ice Racing Demo

EVENTS AT OTHER LOCATIONS

9:00am - 11:00am Kiwanis Pancake Breakfast
At the Gimli Rec Centre - \$2 with Festival Pass
10:00am - 2:00pm Sons of Lugh Viking Village Life
At the Lakeview Resort Ballrooms
10:00am - 4:00pm The Freeze Outdoor Art Exhibit
Near the Visitor Centre by the Harbour
10:30am - 11:15am Kids Story Telling
At the New Iceland Heritage Museum
11:00am - 12:30pm Frozen Fish Toss
At the Gimli Harbour
11:00am - 2:30pm Bannock & Tea on Open Fire
Near the Visitor Centre by the Harbour
11:00am - 2:30pm Gimli Art Club Family Fun Activities
At the Gimli Art Club ... Face Painting, Arts & Crafts and more!
11:30am - 2:00pm Cooley's Indoor Playground
Waterfront Centre 5th Floor - \$2 admission with Festival Pass
12:00pm - 2:30pm Chili Cook-Off
At the New Iceland Heritage Museum in Lady of the Lake
1:00pm - 1:30pm Live Viking Combat by Sons of Lugh
At the Gimli Harbour
2:00pm - 2:30pm Frozen T-Shirt Competition
Info & Registration at Visitor Centre - Festival Headquarters

Friday, March 6

Festival Kick-Off
Event for Volunteers
& Partners

WATCH FOR
LAKE WINNIPEG
FATBIKE ADVENTURES



WATCH FOR
BOOST KITEBOARDING
DEMO BY THE HARBOUR



THANK YOU
FOR PARTICIPATING IN THE
GIMLI ICE FESTIVAL 9th EDITION



EVENTS LISTED ARE SUBJECT TO CHANGE. HAVE FUN EVERYONE!

See full list of events at
www.gimliicefestival.com

Venus rules evening sky in March

By Ted Bronson

For star watchers, darkness still descends in the early evening hours at this time of year.

This means there is still plenty of time for observing the clear night skies in relative comfort before bedtime. So far this winter, we have been blessed with a few clear nights but temperatures have not been so pleasant, especially with the accompanying windchill factors. This means I spend very short observing time under the stars with binoculars.

The white brilliance of the planet Venus is easily spotted well above the western horizon just after sunset throughout March. When it is dark enough for the stars to appear, look for the Pleiades star cluster just above Venus towards the end of March. The stars of the cluster are about 1,500 times fainter than Venus. The crescent moon will appear in this part of the sky the nights of March 27, 28 and 29.

Using a telescope Venus will reveal its disk growing in size (angular diameter) while the phase of the disk shrinks over the next few months. Venus is closer to the sun than earth so it exhibits phase changes like the moon does during its monthly cycle.

With his newly invented telescope Galileo observed these phase changes that Venus goes through to provide proof that the sun, not the Earth, was the centre of the solar system in 1610.

Venus can be used to help locate the outer planet Uranus on March 8 and 9. An hour and a half after sunset use binoculars to put Venus in the

field of view. Uranus will be in view as a much fainter "star" coloured bluish green just to the left and below Venus. Uranus is about 24 times further from us than Venus.

The planets Mars, Jupiter and Saturn have been moving closer together over the last couple of months. They can be seen an hour or so before sunrise on March 17, 18 and 19 when the waning crescent moon meets up with the three planets low above the southeastern horizon. These planets form a near straight line as the moon passes under them at this time. The reddish coloured Mars will be the faintest of the three. Saturn will be slightly brighter than Mars. Jupiter's yellowish glow will be the brightest of the group. This planetary gathering will offer an opportunity for a good photo as well as providing a foreground due to their low altitude above the horizon. On March 26 these three planets can be seen at their closest to each other in the predawn sky in 20 years. Mars will become quite spectacular in the night sky this summer and autumn as Earth catches up to and passes the Red Planet on their paths around the sun.

An interesting sight that occurs this time of year is the zodiacal light. This is a faint roughly triangular white glow visible in the night sky that appears to extend from the western horizon upwards along the ecliptic (path of the planets in the night sky). This is caused by sunlight scattered by interplanetary dust in the solar system. Zodiacal light is best seen in a dark



TRIBUNE PHOTO SUBMITTED

The planets Mars, Jupiter and Saturn can be seen an hour or so before sunrise on March 17, 18 and 19 when the waning crescent moon meets up with the three planets low above the southeastern horizon.

sky after twilight ends. This glow is so faint that moonlight or light pollution can outshine it rendering it invisible. Your best opportunity to see this phenomena will be from a dark location outside of town when the moon is not present in that part of the sky (between March 11 and 25).

Daylight savings time starts on Sunday, March 8 so remember to turn your clocks forward one hour before retiring to bed on Saturday night.

The spring or vernal equinox occurs at 10:50 p.m. CDT (Central Daylight Time) on March 19. This denotes the

first day of spring for us in the northern hemisphere. For those living south of the equator in the southern hemisphere, the summer season ends and autumn commences.

As a community service I am available to do talks on astronomy or related subjects to teachers, students, scouts, guides or any community groups who would be interested. I can be contacted by email at bronsont@mymts.net to schedule a presentation.

- Clear Skies
Ted Bronson

Annual men's bonspiel hosted by Balmoral Club



TRIBUNE PHOTOS BY KYLE LOEHMER

The Balmoral Curling Club hosted 24 teams at its annual men's bonspiel Feb. 25 to March 1. Pictured left to right: The A-event winners were skip Lyle Loehmer, third Trevor Blue, second Kyle Loehmer and lead Dylan Lucas. They defeated the Tyler Hughes' rink of third Jeff Hughes, second Josh Hughes and lead Randy Rafnson. The B-event was won by skip Gary Dodd, third Nicholas Good, second Jason Dodd and lead Randy Newcombe. Skip Travis Lawrence and his team of third Bryan Novak, second Ernie Kars and lead Bob Sylvester won the C-event.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Lightning to host Bantam AAA female provincials

By Brian Bowman

The Interlake Lightning cannot wait for the opportunity to host this year's Bantam AAA Female Hockey Provincials which will take place in Arborg from March 13 to 15.

"We're very excited," said Lightning head coach Charlene Bodnarchuk on Monday. "It will be nice to have the home-ice advantage. The last couple of years, (the provincials) have been in Garson and Portage so to host it will be nice because we get to stay at home."

Interlake will be in the Black Pool along with Westman South and Parkland. The Gold Pool will consist of Yellowhead, Pembina Valley and Eastman.

Interlake will begin action on Friday at 11:15 a.m. when it plays Westman South. The Lightning will then battle Parkland later that day at 3:45 p.m.

Interlake hasn't played either team since during tryouts. The Lightning were shut out in both games.

"It will be interesting to see how we stack up this time," Bodnarchuk said. "At the end of our season we started to pick up the momentum. We started to get more shots on net and our systems really came together."

Saturday will consist of games at 11 a.m., 1:15 p.m. and 3:30 p.m. A banquet will be held at 6:30 p.m.

On Sunday, the bronze-medal game will be played at 10 a.m., followed by the gold-medal contest at 12:30 p.m.

"We have a great organizing committee with lots going on," Bodnarchuk noted. "We have some great sponsors. Chicken Chef has sponsored all of the food and we have lots of games and activities and really good door prizes."

To prepare for the provincials, Interlake played Eastman in an exhibition game in Peguis last Saturday.

"The atmosphere was great," Bodnarchuk said. "It's a really nice rink and the people there gave us great hospitality. They were very welcoming and there were lots of people in



TRIBUNE PHOTO SUBMITTED

The Interlake Lightning Bantam AAA female hockey team had an opportunity to pose with the Stanley Cup in Peguis last Saturday. Interlake played Eastman in an exhibition game that day and will be hosting the provincials in Arborg from March 13 to 15.

the stands."

Lightning players had an opportunity to meet former NHLers Reggie Leach and Grant Clitsom among others. They also had a rare opportunity to pose for a team picture with the

Stanley Cup.

"That was pretty cool," said Bodnarchuk. "We want to thank Peguis for letting us come out and play in that rink because it was an awesome experience."



Winning on the ice

TRIBUNE PHOTO BY JOANNE PHINNEY

Stonewall became the Interlake Minor Hockey Atom 'B' regional champions after defeating Gimli 4-3 in overtime in the final. The game winner was scored by James Knutson, assisted by Ethan Zagrodnik and Kade Williams. Stonewall, which earlier defeated Peguis 6-2 in a semifinal matchup, started the regionals with a 4-2 win over Lakeside White but was then doubled 4-2 by Lakeside Blue. Pictured back row, left to right: coach Kyle Korchinski, Kade Williams, Ethan Zagrodnik, assistant coach Ryan Beresford, Niam Wedel, Ewyn Davidson, Kole Beresford and assistant coach Travis Williams. Middle row, left to right: Kaden Phinney, James Knutson, Sam Marbach, Jonah Van Den Bogaard, Kaden Banman, Dustin Campbell and Cash Palsson. Front row: Ryan Richen and Cohen Korchinski. Missing from the photo is Grady Brune.

Thrashers sweep Lightning in U17 Prep playoffs

Staff

The Interlake Lightning U17 Prep hockey team's season ended last Saturday.

Interlake lost 4-1 to the Winnipeg Thrashers at the Bell MTS Iceplex.

Trailing 3-0, Interlake's Hayden Wheddon scored early in the third period.

Dante Staples scored a first-period

goal for Winnipeg and then Josh Fast (on the power play) and Staples tallied in the second.

Nathan Lenoski then closed out the scoring at 15:53 of the third.

Zack Meadows made 47 saves in the losing cause.

With the win, Winnipeg swept the best-of-five series in three games.

Last Thursday, the Thrashers skated

to a 7-3 victory. No scoring summary from that game was posted on the league website at press time.

On Feb. 25, Interlake was shut out 6-0.

After a scoreless first period, Winnipeg's Caden Zaplitny scored a power-play goal at 16:29 of the middle frame.

The Thrashers then broke the game

wide open with five third-period goals.

Fast, with a pair, Brock Yewchyn (power play), Liam Cody, and Lenoski (shorthanded) scored in the third.

The Thrashers now advance to play the Winnipeg Wild in a best-of-five series.

Jets flying down the regular-season stretch

By Brian Bowman

The Stonewall Jets, once again, showed that they can play with any team in the Manitoba Major Junior Hockey League.

Stonewall had a great effort in knocking off the second-place St. Vital Victorias 4-3 on Sunday evening at the Veterans Memorial Sports Complex.

"The guys put together a good 58 minutes of hockey," said Jets' captain Ryan McMahon, who missed the game due to an ankle injury. "(St. Vital) started coming back in the last couple of minutes but it was a good effort by everybody (Sunday) night."

Jesse Gibbons gave St. Vital a 1-0 lead just 3:16 into the game but Stonewall's Daniel Paseschnikoff and Chance Dickenson answered with goals before the first period ended.

After a scoreless second, Matthew Smith and Brendan Labossiere scored to make it 4-1 for the Jets.

St. Vital, though, made the game interesting as Noah Couch scored at 18:25 of the third period. Devin Bull-och then made it a one-goal game with just 31 seconds remaining in the third period.

On Friday, the Jets defeated the Ft. Garry/Ft. Rouge Twins 4-1 in Winnipeg.

"We dominated the last half of that game," McMahon said. "We're getting really good at making sure pucks get deep. Once we get up a goal or two, pucks get deep and we're cycling down low and doing our best to keep it out of our own net."

Stonewall forward James Maxwell led the winners with three goals, one in each period. He also had an assist.

"He's been unbelievable," McMahon said. "He's a guy that will carry the puck around for a minute straight. Sometimes it doesn't even make sense how much puck time he has. He's been a huge addition, especially on the power play working (the puck) around with Keeven (Daniels-Webb). They seem to know each other pretty well and work together very well."

The Twins' Jared Bucci (on the power play) and the Jets' Matthew Smith traded goals in the third period.

Smith and Brendon Burnett each had two assists in the game. Curtis Beck made 33 saves for the win.

The Jets are 7-3 in their past 10 games. Stonewall, now 25-18-1 and with 51 points to occupy fourth place, are two points ahead of the St. James Canucks.

The Canucks have played two fewer games, however.



TRIBUNE PHOTO BY LANA MEIER

The Jets' Jared Hulme blocks a shot with his foot in Stonewall's 4-3 home win against the St. Vital Victorias on Sunday evening.

The Jets will wrap up their regular season this Friday when they host the Transcona Railer Express. Game time is 7:30 p.m.

Stonewall Youth Soccer Association REFEREES NEEDED

Paid position. Responsible for officiating youth soccer players in Stonewall. No travel required. Must be at least 14 years of age, as of April 1, 2020. Must be able to communicate efficiently with the players and the coaches. Must be able to enforce the rules of the game when necessary. Training and support provided.

For more information, please email stonewallsoccer008@gmail.com

Interlake competes well at Atom B female hockey provincials

Staff

Interlake finished with a 1-2-1 record at the Atom B female hockey provincials last weekend in Deloraine.

Interlake lost 2-1 to Brandon on Sunday as Bethiney Flett scored in the losing cause.

Interlake started the provincials with a 2-0 loss to Grand Plains last Friday.

On Saturday, Interlake edged Macdonald 4-3. Karen Caumartin led the winners with a goal and an assist while Bethaney Bear, Nicole Hutchinson and Flett also scored.

Later that day, Interlake played to a 1-1 draw with Neepawa.

Interlake's Brooklyn Waldbauer scored a first-period goal, assisted by Hutchinson.



**Stonewall
Jets Player
Profile**

#5

Jared Hulme "AC"

Defence shoots Left, 6'2" 180 lbs, DOB 1999



Upcoming Games

**Transcona
Railer Express
at Stonewall Jets
Friday, March 6
7:30 p.m.
at the VMSC**

*Come out to
support the Jets*

Mercs force Game 7 against Maroons in SEMHL action

By Brian Bowman

Game 7 was needed in the Warren Mercs' South Eastern Manitoba Hockey League semifinal series against the Altona Maroons.

That game was played Tuesday in Warren but no score from the game was available at press time.

The Mercs were hoping to carry the momentum from their victories the past two games in Game 7.

Warren forced the seventh and deciding game after whipping the Maroons 9-2 in Altona last Saturday evening.

Warren dominated the game from start to finish.

"We came out as a coaching staff prepared for a tight game," said Mercs' coach Matt Figur Sunday afternoon. "But right off the bat, Chase scored one, Braydon MacDonald scored one, and the boys started getting some confidence. You could see the confidence starting right from having an emergency goaltender. It gave guys a sense of security back there and they can focus more on their game."

MacDonald led Warren with two goals and an assist while Brenden Luschinski and Chase Faulkner also tallied twice.

Braden Groot, Trent Genyk and Travis Bobbee also scored for the Mercs.

Kyle Lundale and Kyle Luschinski each had three assists while Dylan Hykawy added two helpers.

Steve Doell and Nolan McGuire scored for Altona.

Reed Peters, an emergency goalie, was fantastic, stopping 54 shots.

"He's been phenomenal," Figur said. "Getting an emergency goalie from another team, guys, to be honest, we're worried what a guy from another opposing team was going to bring but Reed has been outstanding. He's fit in the dressing room and he's joking around with the guys and he's having fun."

The Mercs staved off elimination with a thrilling 3-2 overtime victory over the Maroons last Thursday in Warren.

Brock Genyk was the hero, scoring the game winner in OT.

After the first two periods were scoreless, both offences came alive early in the third.

Trent Genyk gave Warren a 1-0 lead 1:03 into the final frame and then Altona's Caleb Suderman replied at 3:48.



TRIBUNE PHOTO BY JO-ANNE PROCTER

Warren Mercs' forward Brenden Luschinski scored a third-period goal as his club defeated the Altona Maroons 3-2 in overtime last Thursday. Game 7 of the series was played this past Tuesday in Warren.

Just 49 seconds after that, Brenden Luschinski tallied to give Warren a 2-1 lead.

Altona's Nolan McGuire then tied the score at 11:29.

Peters made 42 saves - some of them brilliant - for the victory.

On Feb. 25, the Maroons skated to a 5-2 win over the Mercs in Altona.

The Mercs lost both of their goalies - Hayden Dola and Bryce Spittal - due to injuries. That forced Warren to put forward Brenden Luschinski in goal for the final 32 minutes of the game.

"For a guy to step up like that for his teammates in a situation whether it's either you throw the towel in or someone straps the pads on (was impressive)," Figur said. "For a guy like that, who's leading our team in points, to strap the pads on and go in net, even though we didn't win that game, it showed the entire team that we're

going to do what it takes to get to the final."

Brock Genyk gave Warren a 1-0 lead and then Faulkner made it 2-0 early in the second.

But Altona's Dane Crowley answered with a goal at 5:40 of the middle frame and then the Maroons scored four unanswered goals in the third period.

Doell, Crowley, Justin Augert and Caleb Suderman scored for Altona.

Suderman's goal came at 16:44 of the third while Brenden Luschinski was pulled for an extra attacker.

Suderman and Augert each finished the game with three points.

In off-ice news, Warren had three players selected to SEMHL all-star teams. Dola was named a first-team all star while forward Johnny Lazo and defenceman Travis Bobbee were selected to the second all-star team.

Regional Atom A champs



TRIBUNE PHOTO BY KAREN TRISTRAM

The Warren Atoms defeated Fisher River 4-3 to capture the Interlake regional Atom 'A' banner in Warren on Feb. 23. The top four teams advanced to the semifinals with Warren defeating Stonewall 5-3 and Fisher River defeating Stony Mountain 10-5 to advance both teams to the final. Pictured back row, from left, coaches Gord Noren, Pat Chanel and Safety Chad Tristram. Middle row, Rhet King, Nicole Hutchinson, Layne Noren, Rayden Chanel, Ryder Clare and Kade Schedler. Front row, Magné Hogg, Sawyer Park, Lexon Hogg, Josh Tristram, Brody Ivany and Braeden Ivany.

Morrison golden in track

TRIBUNE PHOTO SUBMITTED

Chloe Morrison's team won a gold medal in the U20 women's 4x400-metre relay race and a bronze medal in the 4x100m at the Boeing Indoor Classic last weekend.



Dolphins swim well at provincials

Staff

The Selkirk Dolphins had a great time — and some great results — at the provincial swim meet at the Pan Am Pool on Feb. 14-16.

The Dolphins were named the top Middle Sized Club in the province for the second year in a row.

Fourteen Dolphins' swimmers competed at the three-day event.

Highlights for the Dolphins included: *Oakbank's Gabby Alyvea, 13, achieving 85 personal best times.

*Winnipeg's Hannah Andrusyshyn, 12, winning a silver medal in the 50m free (making Man/Sask qualifying time) and a bronze in the 800m free (taking 47 seconds off).

*Winnipeg's Levy Andrusyshyn, 10, won seven gold medals in the 10-and-under category. He was also the high point winner in 10 and under.

*Lockport's Adam Armstrong, 14, 100 per cent personal best.

*Selkirk's Harrison Douglas, 12, 100 per cent personal best.

*Selkirk's Lily Douglas, 13, was closest to a medal. She was fourth in the

50m breast and had 100 per cent personal best.

*Arborg's Sonja Friesen, 15, won a silver in the 200 IM and bronze in the 50m free.

*East Selkirk's Ian Gurney, 15, captured gold in the 50m back, silver in both the 50m and 100m free. He had top-eight finishes in all of his other races.

*Stonewall's Haylee Kimball, 14, posted 85 per cent personal bests.

*East Selkirk's Cate Liebrecht, 9, swam 100 per cent personal bests. She had top-eight finishes in four of seven races.

*East Selkirk's Mason Liebrecht, 12, 100 per cent personal bests. He took 25 seconds off in the 200m free.

*Stonewall's Julian Murdock, 16, won three gold, two silver, a bronze, and also had a fourth-place finish.

*Beausejour's Tanner Sanders, 15, won six gold medals and was the high point male in the 14-15 age group.

*Stonewall's Natasha Schultz, 12, posted 75 per cent personal bests.



TRIBUNE PHOTO BY KELLY KIMBALL

Back row, left to right: Michelle Stamm (head coach), Ian Gurney, Adam Armstrong, Julian Murdock; front row, Sonja Friesen, Hannah Andrusyshyn, Haylee Kimball and Levy Andrusyshyn (holding the large banner).

Rakowski commits to Midland University



TRIBUNE PHOTO SUBMITTED

The Lightning's Ally Rakowski has committed to playing women's hockey with the Midland University Lady Warriors.

Staff

Midland University Lady Warriors' women's hockey head coach Jason White announced the signing of Ally Rakowski for the 2020-21 season.

Rakowski played for the Interlake Lightning in the Manitoba AAA Female Hockey League this past season.

"Ally is a strong, skilled forward with a knack to score big goals," White said on the team's website. "Her speed and hockey sense, combined with her offensive creativity, will make her one of the top freshman in the ACHA Women's Division 1 next year."

Over the past two seasons for the Lightning, Rakowski has been one of the top-point producers on her team. In 31 games this season, she scored 13 goals and assisted on 10 others. She ranked in the top 10 in goals in the MFHL and led her team in points with 23.

Midland, located in Nebraska, is 15-13-1 this season and currently ranked 10th in the ACHA Division 1. The Lady Warriors are in the hunt for their second-straight berth to the ACHA National Tournament after reaching the final site and the top eight in 2019-20.

Zone 5 champions



TRIBUNE PHOTO SUBMITTED

The Teulon Collegiate Saints defeated the Warren Collegiate Wildcats 31-25 to win the Zone 5 varsity girls' basketball championship on Feb. 26 in Gimli. Teulon will be hosting a provincial qualifier this Saturday that will feature four girls' and four boys' teams. Pictured back row: coach Jason Darragh, Sarah Simcoe, Abby Skinner, Brookelyn Morris, Desiree Chartrand, Olivia Skinner, Madison Charison, Otilja Yankech and coach Heather Tataryn.

Front row: Hannah Kraychuk, Emily Haynes, Taylor Traub, Jacey Ledochowski, Mackenzie Garand and Jubilee Nichols.

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Stonewall Teulon
Tribune

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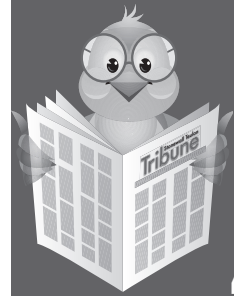
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**Classified
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is Monday at
4 p.m. prior to
Thursday's
publication.**

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take a break > GAMES

SUDOKU

	9	8				1		
			7			2	3	9
	3		2		7	5		
				8		6		3
					1		8	
		6		3			2	1
2					9		4	
7				5		3		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	6	3	2	5	1	4	8	7
5	4	8	6	7	9	3	1	2
1	2	7	4	3	8	9	5	6
2	8	6	1	4	3	7	9	5
3	7	9	5	8	6	1	2	4
4	1	5	7	9	2	6	3	8
6	3	2	8	1	7	5	4	9
7	5	1	9	2	4	8	6	3
8	9	4	3	6	5	2	7	1

Sudoku Answer

S	T	B	V	E	E	N	D	I	V	R
E	N	I	M	S	T	S	E	R	E	I
A	T	I	L	V	I	N	E	D	I	F
S	S	S	S	H	V	V	V	T	O	I
S	N	V	S	P	V	H	S	O		
H	V	E	A	D	N	E	B	T	M	P
S	B	B	E	T	T	A	V	E	N	V
T	V	P	E	N	V	L				
D	D	E	H	E	T	I	P	S		
S	E	E	T	G	T	O				
S	E	P	A	S	V	H		I	H	S
S	T	N	E	M	H	S	I	L	P	
D	E	N	I	A	I	E	P	E	L	S
I	A	V	T	E	O	L	S	A	C	A

Crossword Answer

X CROSSWORD

CLUES ACROSS

1. Yields Manila hemp
6. A type of gin
10. Japanese ankle sock
14. Swiss city
15. Applied to
17. Achievements
19. Japanese title
20. Possesses
21. Belgian city
22. Child
23. Great delight
24. Petty quarrel
26. Gathered
29. Zoroastrian concept of holy fire
31. Path
32. Legendary hoops coach Riley
34. A citizen of Denmark
35. Flat
37. Upper-class young women
38. Payment (abbr.)
39. Distort
40. Affirmative! (slang)
41. One who has a child
43. Without
45. Workplace safety agency
46. Political action committee
47. Period of plant and animal life
49. Swiss river
50. Sino-Soviet block (abbr.)
53. State of being kept secret
57. Hobbies
58. One-time Korean ruler
59. Sudden attack
60. Born of
61. Assists

CLUES DOWN

1. Ancient Greek sophist
2. Famed composer
3. Spore-bearing fungi cells
4. Chief executive officer
5. Defunct Syrian political party
6. Thin wood
7. Polynesian garlands
8. Fluid replacement (abbr.)
9. Flammable hydrocarbon gas
10. Multi-leveled
11. Influential diarist
12. Gambles
13. Many subconsciousnesses
16. Current unit
18. Illumination unit
22. Tantalum
23. Steps leading down to a river
24. Kids love him
25. Before
27. Fencing swords
28. Mountain range in China
29. Payroll company
30. A way to pack together
31. Business designation
33. Thyroid-stimulating hormone

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15				16				
17						18								
19						20				21				
					22				23					
			24	25					26			27	28	
29	30							31				32		33
34						35	36				37			
38					39						40			
	41		42						43	44				
			45					46						
	47	48					49					50	51	52
53						54				55	56			
57										58				
59						60				61				

(abbr.)

35. Forage fish
36. Greek temple pillars
37. Internet mgmt. company
39. Rouse oneself
42. In a way, covered
43. Elaborate silk garment
44. Cooling unit
46. Riley and O'Brien are two
47. ___ fide: genuine
48. Ancient Incan sun god
49. Poker stake
50. Trigonometric function
51. Interesting tidbit
52. Adieus
53. U.S. Treasury position
54. Midway between east and southeast
55. Doctors' group
56. Women's ___ movement

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Responsibilities:

- Prepare and operate CNC machines to perform tasks such as drilling, grinding, milling, cutting, bending, tapping etc.
- Identify and label parts.
- Prepare and load raw materials and parts into machines and storage shelves.
- Inspect and measure finished products and compare them with the requirements to determine if the process has been completed properly.
- Supervise the machines while they execute the tasks and make any necessary adjustments to produce a better result.
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UPCOMING EVENTS

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UPCOMING EVENTS

South Interlake Ag Society Spring Dinner at the Red Barn, Friday, March 13th. Cocktails 5:30; dinner 6:30. Tickets \$25. For tickets and/or info call 204-881-1204 or 204-633-2144.

Lilyfield United Church Women will host their annual St Pat's Stew Supper on Thursday, March 19th at the Red Barn from 4:30 to 6:30 p.m. Adults \$12; 6 - 12 \$5; under 5 free. For info call 204-633-2238 or 204-633-2067.

EVENTS

The Manitoba Community Newspapers Association will be holding their 101st Annual Better Newspaper Competition Awards Gala in May 2020, and is now seeking Corporate Sponsorship/Partners. To become a sponsor of the event, please call 204-947-1691 or email classified@mcna.com for more details on how you can become a part of the 101st Premier Gala Event.

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Stonewall Teulon Tribune

The Stonewall Teulon Tribune is looking for a DRIVER on Wednesday and Thursday.

The driver would be required travel to Winnipeg, pickup the delivery vehicle and load at the warehouse located in Inkster Industrial Park. Deliveries would be made throughout the Interlake. Must have a valid driver's license and be physically fit.

Please call Christy or Lana at 204-467-5836.

PUBLIC NOTICE

Public notice is hereby given that Teulon Golf and Country Club intends to conduct the following control program between May to December, 2020

To control Pests such as weeds, turf diseases and damaging insects, these products will be used;

Roundup, Par III, Insignia, Banner Max, Compass, Civitas, Instrata, Rovral, Merit, and Permethrin.

The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

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THE RURAL MUNICIPALITY OF ST. LAURENT PUBLIC NOTICE

Public Notice is hereby given pursuant to Section 162(2) of The Municipal Act that the council of the Rural Municipality of St. Laurent shall hold a **PUBLIC HEARING** to present its 2020 Financial Plan on:

**Thursday, April 16, 2020
7:00 p.m.**

at the
MUNICIPAL CHAMBERS
(located inside the St. Laurent Recreation Centre)

At this time Council will present the proposed 2020 Financial Plan for the municipality.

The presentation will provide an overview of the proposed financial plan followed by a forum for questions and comments from the public. The purpose of the hearing is to allow any interested person to make a presentation, ask questions or register an objection.

Draft copies of the Financial Plan will be available upon request at the Rural Municipality of St. Laurent Office, 16 St. Laurent Veterans' Memorial Road, in St. Laurent, Manitoba, on April 2, 2020.

Dated this 2nd day of March, 2020

HILDA ZOTTER
Chief Administrative Officer
Rural Municipality of St. Laurent

ANNOUNCEMENT

ENGAGEMENT



Gulay – Argue
Brenda and Ivan Gulay along with Fran and Dale Argue are very pleased to announce the engagement of their children Cara and Brad.

A community shower will be held March 28, 2020 and social to follow in the evening at the Arborg Community Hall. A July wedding is planned.

ANNOUNCEMENT

CARDS OF THANKS

I would like to send out a very heartfelt thank you to the people in my community that read the article about my son Brendan and our struggle to get access to life-saving medications for Cystic Fibrosis. For those that were moved to action, thank you. Every voice, every letter, and every act, big or small, helps our fight.

A very special thank you to those in the community who got together and made such a generous donation to our family. We truly appreciate your efforts and your thoughts and concerns for us. Right after we received the wonderful gift, Brendan was admitted to the hospital again. So, your gift has made a tough event a little less stressful. Thank you from the bottom of our hearts.

-The Roberts family

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ANNOUNCEMENT

IN MEMORIAM



In Loving Memory of David William Fairlie

March 20, 1948 - March 8, 2019

We can shed tears that you are gone,
Or we can smile because you lived.
We can close our eyes
And pray that you'll come back;
Or we can open our eyes
And see what you have left.
Love lives on forever, you may be gone
But you will never be forgotten.

-Lovingly remembered by
Barb,
Jeff and Verna,
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Heather and Lance,
and grandchildren

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Stonewall Teulon
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Our Teulon, and Grosse Isle MB locations are currently recruiting for **Seasonal Chemical/Delivery Drivers/ Operations staff** to join our team for the 2020 spring season. Flexible hours offered. Class 1 or 3 considered an asset. Interested applicants should send their resume in confidence directly to:

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OBITUARY



Evelyn Marie Durant (nee Berry)

With a great sense of loss and sorrow the family of Evelyn Durant, age 84, of Stonewall announces her sudden and unexpected passing on February 23, 2020.

Evelyn was predeceased by her loving husband, Glen Durant, of 49 years. She will always be lovingly remembered by her brother John Berry; children Gary (Sherry), Brenda (Andre) LaFleche, David (Tina); and grandchildren Matthew Durant (Meagan), Amy and Kyle LaFleche, and great-grandson Levi.

She was predeceased by her parents William and Edna Berry and her sister Dorothy (Albert) White. She will also be greatly missed by her many nieces, nephews, friends and relatives, especially her loving friend Donna Ward and cousin Ruth Sampson.

Evelyn was born January 6, 1936 and grew up on the farm in the Grassmere district of Manitoba. Mom moved to Stonewall to take

on her first job as a telephone operator for MTS where she worked until she started her family in 1963. She was actively involved with the Rebekah Lodge for many years where she catered uncountable events and was responsible for installing Victoria lifelines. Mom enjoyed her summers spending family time at the cottage and working in her garden which she took great pride in. Mom remained independent and very active until her passing, including her last bowling date the Tuesday before she passed.

Mom was an inspiration to all who knew her and will be greatly missed.

Funeral services was held on Friday, February 28, 2020 at 1:30 p.m. at MacKenzie Funeral Chapel, Stonewall.

In lieu of flowers, memorial donations may be made to Rosewood Lodge, Stonewall, Manitoba.

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OBITUARY



Dorothy Irwin

It is with much sadness that we announce the passing of Dorothy Irwin on February 26, 2020 at the age of 103.

Left to cherish her memory are sons Cyril (Shirley), Ronald (Anne), Gordon (Wendy); sister-in-law Martha; granddaughters Terry, Val (Russ), Lori (Shawn), Sheri and grandson Brent as well as many great-grandchildren and great-great-grandchildren, nieces and nephews.

As per Mum's wishes cremation has taken place. A family interment will take place at a later date.

We would like to thank the nurses, doctors and staff at Rosewood Lodge in Stonewall for Mum's excellent care.

If friends and family so wish, donations in Dot's memory can be made to Rosewood Lodge, Stonewall or a charity of one's choice.



204-886-0404

OBITUARY

Joseph Barylski

October 6, 1930 - February 27, 2020

It is with great sadness that the family announces the passing of Joseph Barylski. He passed away peacefully at the Arborg Personal Care Home surrounded by love. He will be missed greatly by his wife Louise; sons Ronald (Alison), Jeffrey (Tracey); daughter Joanne Feakes (Rusty); and his grandchildren Andrea, Cohen, Brenna, and Carter. He also leaves behind to mourn his brother Harold and his family Norman (Darlene), Laurie, Mark, and great nieces and nephew Brittany, Riley and Brody. Joe was predeceased by his sister-in-law Deanna and brother Peter.



Joe was born on the family farm in Okno Manitoba. He grew up on the farm with his parents (Peter and Nettie) and his two brothers. Together they expanded the farm. As young boys they hunted and trapped and at an early age became very important in the day to day operations on the farm. On May 1961 he married Louise Seidel. The three brothers went to the bush to cut wood to supplement the farm. Lucy and Deanna looked after the animals on the farm while they were gone. They later took to road construction and brush cutting all while still running the family farm.

Anyone who talked to Joe knew how proud he was of the roads he built in the area. His first Cat was a TD14 and he loved to talk about it. He didn't want to tell you, but he may have been the best operator in Manitoba!

Together Joe and Louise raised their family on the farm until they moved to town with the brothers in 1979. Joe continued to farm until a stroke took him away from the farm at the age of 87. His heart always remained on the farm.

Joe spent time at the Gimli Hospital where he received great care from all the nurses and physiotherapy staff. He lived in Stony Mountain for a few months where he received great care from the Home Care Staff at the Stonewall Hospital. He later moved to the Arborg Personal Care Home.

The family would like to thank the wonderful staff at the Arborg PCH. They showed Joe much love and compassion especially in his final days.

A private family Celebration of Life will take place at the family farm in Okno at a later date.

In lieu of flowers, donations may be made in Joe's memory to the Arborg Community Cemetery (Box 713 Arborg MB. ROC 0A0)



204-886-0404

OBITUARY

Alan Brian Ransom

June 6, 1940 - February 26, 2020

In accordance with Brian's wishes, this will serve as the only obituary. No service will be held. "Together we were so much more than we ever were alone"

OBITUARY

Betty Demenuk

Peacefully with her family by her side on Sunday, March 1, 2020 at the Selkirk Regional Health Centre, Betty Demenuk, aged 74 years of Selkirk, beloved wife of Ted passed away.

If desired a donation can be made in memory of Betty at CancerCare Manitoba.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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