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Grosse Isle cousins, left to right, Georgia Campbell, Rowyn Findlay, Luca Findlay and Scarlett Campbell tested out the snowshoes purchased by the Grosse Isle Recreation Club with a Safe at Home grant. The snowshoes are available for community members to borrow. This past weekend, residents used the snowshoes to take part in a Snowshoe Poker Derby which was part of the COVID-friendly winter carnival held this past weekend.

# everything you need to know in your locally owned and operated community newspaper



# Grosse Isle celebrates annual carnival COVID style

### **By Jo-Anne Procter**

The community of Grosse Isle did not let COVID dampen their spirits this past weekend.

Community volunteers banded together to ensure families were able to celebrate their annual winter carnival while meeting COVID safety regulations.

On Friday evening, 200 Hitch N' Post roast beef dinners were picked up or delivered and then interested families gathered around their computers to play old school bingo via Zoom.

Bingo cards, along with snack packs, were provided to each of the 43 families that took part as bingo show host Brooke Darragh called the numbers.

Craft kits were also distributed to families that included rocks, canvasses and paint supplies with the intentions that the rocks be distributed throughout the town for people to find.

On Saturday between 10 a.m. and 3 p.m., a Snowshoe Poker Derby was set up with five checkpoints where a deck of cards was left to draw from. Participants followed a three-kilometre loop that started at the Prairie Dog Heri-



The Harris family took part in the Friday night virtual family bingo, which included bingo cards and snacks. Pictured left to right: Andrea, Jeff and Brooks Harris.

tage Site and weaved through Terry and Bonnie Borthistle's bush just north of town.

Once five cards were collected and all poker hands were texted in for verification, Shauna Holms had the best hand — which was a full house consisting of three jacks and two eights. Second place was a full house of three eights and two kings collected by Barb Matthews and family, and third

was won by Suzanne Otte, who also had a full house that consisted of three eights and two sixes.

A Safe at Home Manitoba Grant enabled the community club

to purchase 29 pairs of snowshoes, which are available to community members to borrow throughout the



**TRIBUNE PHOTOS SUBMITTED** 

The Baldwin family took in all of the weekend activities. Left to right: Monica, Ashton, Bryce and Jadyn.

winter, as well as helped to fund craft kits, snack packs and prizes that were purchased from local businesses.



One of Brock Findlay's fondest winter carnival memo- Diane Lefley fell short on her poker Luca and Rowyn Findlay prepare to do some series is the pancake breakfast. This year, the pancake hand but enjoyed the snowshoe rious crafting, including rock painting, as part of breakfast was at home with his daughter Ryenn, wife derby with her daughter Amanda and the winter carnival. Randi and one-month-old son William.



dog Champ.







# **Brant-Argyle students recognize Pink Shirt Day**



TRIBUNE PHOTOS BY KRISTIN SMITH

Staff and students at Brant-Argyle spent Pink Shirt Day (Feb. 24) sharing and reflecting on the importance of supporting one another and being kind. Each student wrote a personal message of kindness on a pink plate. The plates were used to create a "Wall of Kindness" to remind students of discussions they had with their teachers and classmates about the impact of bullying. The K to 3 students also created a video about kindness. Far left and middle photo, Kindergarten and Grade 1 students show off their kindness messages; right photo, Sam, Rob and Samantha, Ben, Bailey, Julianna and Mr. McTavish wore pink shirts to support anti-bullying.



# **RCMP** investigate break and enter to a Canada Post multi-mail box



### Staff

Stonewall/Headingley RCMP received a report of a break and enter to a Canada Post multi-mail box at a mobile home park near Highway 67 just east of Stonewall on Feb. 22 at approximately 5 p.m.

Police attended and discovered damage to some of the boxes, but limited entry was gained. It is not known if any mail was stolen and the police are asking the public to report if this happened.

If you have any information regarding this incident, please call Stonewall/Headingley RCMP at 204-467-5015 or Manitoba Crime stoppers at 1-800-222-8477.

Police continue to investigate.

### **RCMP PHOTO SUBMITTED**

Stonewall/Headingley RCMP are looking for information regarding a break and enter to a Canada Post multi-mail box.

# NOTICE OF MEETING

# **Prairie Roots Co-operative**

The Board of Directors invite members to the virtual Annual General Meeting of the Prairie Roots Co-operative





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# Stonewall seeks feedback for proposed town hall reno

### **By Jennifer McFee**

The Town of Stonewall is seeking feedback on a proposed renovation project for town hall.

In a virtual open house presentation on Feb. 25, CAO Wally Melnyk explained that council is considering a two-storey renovation to the existing town office in an effort to modernize the space and expand usability for staff and for the public.

"We're very excited about what the project means in terms this icon of a building that has been in the community for over 100 years and what it can potentially do for the community over the next century," Melnyk said.

The proposed project involves the installation of a new fover, which would address accessibility issues with an elevator that could take people to the main, second and basement levels of the building.

A joint foyer would connect the Town of Stonewall and RM of Rockwood offices, allowing staff members to use that connection to access their buildings. The RM of Rockwood would keep the main entrance to its building at its current location, but staff would be able to access the main and basement floors of the RM office through the fover.

In addition, washrooms would be installed on the main floor. As a further enhancement, members of the public could enjoy a self-serve museum in the previous entrance, complete with artifacts of the area.

On the second floor, plans are in the works to expand the council chambers to provide more space. At the same time, the project would provide



TRIBUNE PHOTO SUBMITTED

Residents can provide feedback about proposed renovation plans until March 5.

an opportunity for the town to modernize its information technology and communication equipment, which would allow council meetings to be streamed.

"We know we've struggled a little bit in terms of the communication with residents," Melnyk said, "so we want to do a better job of doing that."

The second floor would also be home to a fully functioning emergency operations centre, including full power backup.

In the presentation, Melnyk addressed the reasons why the Town of Stonewall is considering these renovations at this time.

"Accessibility is a significant issue. In the current building ... we have no washrooms on the main floor," he said.

"We also have no ability to be able to access the basement or the sec-

ond floor of the building other than a staircase. So that's not acceptable in terms of the current legislation and current requirements."

In addition, the town has a willing partner to collaborate on

N STREET,

the project since the RM of Rockwood faces similar accessibility issues.

"We have someone who's willing to help us and share some of the costs," Melnyk said, "and we're appreciative of them coming to the table."

As well, the pandemic has exposed the need for the town to address its information technology and communication issues.

"We know that a better job can be done in terms of providing individuals opportunities to be part of council meetings or to at least view council meetings and to participate as part of them," Melnyk said.

"So this proposal would address those issues or would ensure that technology would be in place to help improve."

At the same time, Melnyk said more space is needed in the council chambers for in-person meetings.

"COVID-19 has demonstrated the fact that the space we currently have is very limited and not appropriate in many cases when we have instances like the pandemic or even when we have large delegations or potentially a large gallery. We really struggle to be able to accommodate them in the space we currently have, and as a growing community, we think that's something that needs to be addressed," he said.

"Going forward, we want to make

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sure that Stonewall is looked on as being very professional, very accommodating to its residents and that we can put forward the right image to the community but also to those from outside that we're here as a community that's growing and we want to prosper."

Melnyk added that they looked at alternatives such as constructing a new building, but the preference is to keep the current building relevant as a cornerstone of the community. They've also considered a partial renovation, but there would still be concerns about where the elevator would be located.

The estimated cost of the proposed project is \$3.9 million, which includes contingencies, furniture and upgrades to IT and audio-visual systems.

The town would need to borrow about \$3.5 million. The estimated cost of borrowing would be \$240,000 per year at 3.25 per cent for 20 years, although Melnyk notes that it might be possible to get a lower interest rate.

Council has committed \$70,000 from an annual reserve appropriation to help offset the cost. They're also looking at other areas of reductions that could reduce the annual cost by another \$75,000. As a result, the net cost would be about \$95,000 annually, which is 0.32 of a mill or three per cent.

For the average Stonewall home, this would work out to about \$45 per year for the next 20 years.

If the project goes forward, construction could start in summer 2021 and last about 12 to 15 months. During that time, the town's administration would temporarily move to the former post office building. The estimated cost includes some funds to upgrade the post office building so that it could serve as a temporary hub.

Council is looking for feedback on all aspects of the proposal by Friday, March 5. Written submissions can be emailed to info@stonewall.ca or put in the dropbox at the front door of the town office.

A link to the open house presentation, including a video showcasing the proposed renovations, is posted on the Town of Stonewall website at www.stonewall.ca.





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# Cautious reopening continues with a focus on gradually reopening activities

#### Submitted by Manitoba government

Following a request for public feedback on a variety of proposed changes to the current public health orders, the Manitoba government is moving forward to reopen some activities and services while ensuring protecting Manitoba's most vulnerable citizens and the health-care system remains the top priority, Premier Brian Pallister and Dr. Brent Roussin, Manitoba's chief provincial health officer, announced Tuesday.

The following changes will go into effect March 5 at 12:01 a.m. and will expire on March 25:

• households and gatherings:

- households can choose one of the following:

- continue designating two visitors to their home; or

designating a second household so that two households can visit each other, as long as everyone in the house has authorized those designated individuals to visit.

- gathering limits at an outdoor public or private place to increase to 10 people including for outdoor non-organized sport or recreation activities; and

- places of worship to have increased capacity size of 25 per cent or 100 people, whichever is lower, with physical distancing measures in place and mask requirements.

• business, retail and restaurants:

- any types of business to be able to operate with the exception of indoor theatres, indoor concert halls, casinos and bingo halls;

- retail stores, malls and personal services to have increased capacity limits of up to 50 per cent or 250 people, whichever is lower, with other public health measures still in effect;

- restaurants and licensed premises to have increased capacity limits of up to 50 per cent, with the requirement for tables to sit with only household members, and other public health measures still in effect;

- businesses other than casinos to resume operating video lottery terminals, with physical distancing measures and barriers in place; and

- professional theatre groups, dance companies, symphonies and operas to resume rehearsals that are not accessible to members of the public.

• recreation and fitness:

- day camps for children to operate at 25 per cent capacity with other public health measures in place;

- indoor recreation and sporting facilities such as gyms, fitness centres, rinks, courts, fields, ranges, studios, clubs, pools and centres to open at 25 per cent total capacity, with public health measures in place including for spectators, common areas and locker rooms. The requirement to

provide one-on-one instructions has been removed:

- gym, fitness centre and pool users must continue to wear a mask while working out and in all other areas of the facility, with the exception of while in a swimming pool;

- dance, theatre and music facilities to open for a total capacity of 25 per cent;

- indoor recreational facilities such as arcades, go-kart tracks and children's facilities to open at 25 per cent capacity with physical distancing measures in place.

"Manitoba's COVID-19 cases continue to trend in the right direction, thanks to the dedication and hard work of Manitobans to follow the public health orders," said Roussin. "With variants of concern identified here in Manitoba and in neighbouring jurisdictions, we must keep our

guard up, and continue to follow the fundamentals that have allowed us to carefully and cautiously restart our services and activities. It is crucial that Manitobans continue to avoid the activities that are known to cause the greatest risk - close-contact setting, closed spaces, and crowded places."

Since Feb. 25, nearly 27,000 responses were provided on the proposed changes to the orders. Feedback indicated:

• 95 per cent of Manitobans feel somewhat or very comfortable shopping at a stand-alone store;

• 81 per cent of Manitobans feel somewhat or very comfortable shopping at a mall; and

• 74 per cent of Manitobans feel somewhat or very comfortable going to restaurants.

Feedback on specific changes showed:

• households and gatherings:

- 56 per cent of Manitobans thought increasing outdoor gathering limits to 10 people was an appropriate next

Continued on page 8



#### By Jennifer McFee

At a special meeting on Feb. 24, Stonewall council passed a motion to approve the 2020 year-end financial statement. The annual audit will be scheduled for March.

Council also discussed how to improve transparency for council meetings. Ideas included providing more information with the agenda and incorporating a section for bylaws under consideration on the town's website.

A recorded presentation about the proposed town hall renovation is available through the Town of Stonewall website at www.stonewall. ca. Members of the public can provide feedback on the proposal until March 5.

A reconvened public hearing regarding the conditional use for Andrew Aiken/Foresight

30725170

Real Estate has been cancelled. The hearing was originally held on Feb. 3 and had been scheduled to reconvene on March 3. The applicant has withdrawn the application so there will be no further public hearing on the matter. The applicant can apply again any time to the South Interlake Planning District to build on their property, and all residents within 100 metres would be notified by mail of any required public hearings.

The Town of Stonewall will host a public hearing at 6:35 p.m. on March 17 at the Quarry Park Heritage Arts Centre regarding its special service proposal for waste and recyclable curbside collection, removal and disposal in the town. Written objections can be sent in advance to the CAO by email at info@stonewall.ca. A copy of the proposal is available on the town website.

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# Innovative, impressive and inspiring Interlakers

### By Evan Matthews

It's no secret many of our Interlake communities are small, in regards to population.

But some of the biggest and most ambitious dreams seem to come out of these communities.

In the last few weeks, we've featured people like Verna Kirkness from Fisher River Cree Nation. She left her home to educate young people many in residential schools — but inadvertently became an advocate for Indigenous rights and eventually went on to become a scholar at UBC.

Gimli's Kerri Einarson just won her second Canadian women's curling championship at the Scotties.

There have been stories about Jermaine Loewen, originally from Jamaica, adopted by a family in Arborg. Loewen has excelled playing hockey and now plays for the AHL's Chicago Wolves, a step away from the biggest stage in professional hockey.

Morweena's James Reimer is currently in the NHL with the Carolina Hurricanes. Of course, it's a few years ago now, but Riverton's Reggie Leach played for the Philadelphia Flyers.

Actor Adam Beach is from Ashern.

Look no further than the ownership group of this paper and the risks they've taken to operate a successful media company with the advertising support of small business owners fulfilling their dreams.

Now, this is just a small sample size, undoubtedly having missed many well-decorated Interlakers.

The point here is to not list them off but to emphasize that the Interlake and its people prove time and time again: It does not matter how small a community is; what matters most is the size of its residents' dreams and the ambitions.

Look no further than this week's edition to see Teulon's Megan Steen participating in an entrepreneurial endeavour that, simply, does not exist yet in Manitoba. She and her partner are taking risks, being innovative and aggressively chasing their dreams.

Seeing young people go after things they want in their lives — as opposed to sitting on their hands, watching life pass them by — is inspiring.

This is a message to the young people who read this paper.

Getting caught up in the day-to-day, it can be easy to feel like we're small, insignificant, or that we can't make a difference or risk inherently implies failure.

But if you open your eyes and take a look around, there are prime examples right in front of you proving the notion to be untrue.

Interlakers often like to say, "We are the heartbeat of Manitoba."

Just as often, Interlakers prove it to be true.

# Letters to the Editor:

**Letters to the Editor:** Letters to the Editor: Letters@stonewallteulontribune.ca

# Irresponsible dog owners

### Dear Editor,

When I was reading the *Tribune* the other day, I saw the article on our members of the 150 Manitoba Honour awardees. I would like to congratulate them all for achieving this stature because of their dedication, devotion, personal time and commitment. It's very hard to accomplish these days in our never-ending whirlwind of life. The article on Dave Van Heyst struck a chord with me because I've played hockey with Dave and know how involved he is with

the community of Stony Mountain and he is also a pretty good hockey player!!! He and all of the volunteers that helped make the walking trails in and around the Old Quarry did a fantastic job!!! It's a great scenic walk for all to enjoy!!! My wife and I have been utilizing this walk for exercise, tranquility and just taking in what nature has to offer, other than the alternative of walking the streets! This scenic walk is being utilized by a lot of people, which is absolutely great for our community, but the more we walk the more issues we see from SOME people. I have to emphasize some because most of the people walking their dogs are responsible

and pick up what dogs usually leave behind when they go for a walk. It wouldn't be a concern if it was the odd one here and there, but it is getting BAD!!! On the path, right on the edge of the path, big, small, so it's a variety of dogs. To me, this is a lack of respect to Dave and the hardworking volunteers that made this walking path what it is. I personally love dogs, but the owners of dogs are responsible for picking up after their own dogs, especially on a public walking path!!! The sad part is that these irresponsible people that are supposed to clean up after their

Continued on page 7

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TRIBUNE PHOTO BY AMANDA CLARKE

Wyatt, left, and Emersyn Clarke took advantage of the warmer temperatures on Feb. 22 to build snowmen in their backyard. Help us record the weather of the week and send in photos of your friends or family enjoying the outdoors. Email to weather@stonewallteulontribune.ca.

# > LETTERS, FROM PG. 6

dogs will probably call the RM saying that the Quarry walk is a mess and somebody should be sent out to clean it up!!! For those owners that are being irresponsible, please think of the volunteers that built it for YOU to use at your leisure. Show some respect for their hard work so everyone can enjoy it, without having to worry about dodging the remains left behind!!!

- Russ Finnbogason Stony Mountain

# Thankful for freedom of the press

### Dear Editor,

Just wanted to thank you for your courage to post opposing letters of readers! In the last edition, you had one of Gary Mitchell and Thomas Verduijn.

The one provided a good number of facts that people otherwise wouldn't have heard.

Please keep freedom of press free by

also posting views that are not currently supported by most politicians and or medical personnel. People should be encouraged to research and think for themselves. Who and what is right usually takes time before truly known.

> Thanks again, Christian Autsema Roseisle

Hello, I am a retired RN, and would to commend you on your inclusion of Thomas Verduyn's excellent article in your Feb. 25 paper. I resent media shoving one-sided opinions down our throats. Keep us informed!

Thank you Karen Mozdzen

# Your view matters

The *Stonewall-Teulon Tribune* welcomes letters to the editor that reflect current, relevant issues. We encourage our readers to submit well-written and articulate letters that represent specific points of view on an issue or that thoughtfully analyze complex issues and events. Letters to the editor can start a community conversation about an issue and can stimulate public interest. They are a great way to increase awareness of the issues that you or your organization are working for, as well as to advocate for your cause.

The *Tribune* has the right to stay away from publishing rants, although we may publish short and to-the-point letters that make the same points as a rant might but in a much calmer and more rational way. We also tend to stay away from attacks on particular people (although not from criticism of the actions of politicians and other public figures) and anything that might possibly be seen as libel.

Letters must be signed with the name of the writer, the writer's community and include a phone number for verification purposes only. People are limited to one letter per month. Letters may be edited for length, legality and clarity. Maximum length is 400 words. Letters can be emailed to letters@stonewallteulontribune.ca or mailed to Box 39, Stonewall, MB, ROC 2Z0.



# Lenten Practices Often Misunderstood

A week or so ago I happened upon a daytime talk show where they encourage feedback from a panel and listeners on a variety of subjects. To my surprise, one of the panel members noted that some Christians are now in Lent and often follow the practice of "giving up something for Lent." The panelist continued by stating how she wondered why Christians so often think they have to avoid the things that are enjoyable in this life.

Of course, I could tell right away that she misunderstood Lent and the meaning behind sometimes fasting from something in order to grow in virtue or holiness. I wondered how many other people were also unfamiliar with these age-old traditions. Here is my attempt of explaining the practice in 200 words.

In the early church (first few hundred years), Lent was a time to intensely prepare those adults who would be baptized, at the celebration of Easter. Gradually, those congregants who were already baptized began to see that following the candidates for baptism inspired them to renew their own lives. The decision to be renewed meant turning away from selfishness and living for Christ, and so Lent became a time when many Christians would intentionally embark on ways of being Christ-like.

For instance, one might choose to fast during lent and give any savings to the poor. Another would be to spend more time with those in the community who were ill or mourning, prompting them to spend less time concentrating on their own worldly pleasures. These act of charity helped Christians to learn the virtues of the faith and to remind them to model their lives on the goodness shown forth in the Life of Christ. Many of these self-giving acts are practised many Christians to this day! Chances are many of us could benefit from "practising" selflessness so we might better practise our Christian way of life. Rev Barry Schoonbaert, p.p.

# **8** *The Stonewall Teulon Tribune* Thursday, March 4, 2021 Green initiative to reduce waste, greenhouse-gas emissions

#### Submitted by Manitoba government

The Manitoba government is launching a unique \$1-million Green Impact Bond that will support projects that help divert organic waste from landfills, create green jobs and reduce greenhouse-gas (GHG) emissions, Conservation and Climate Minister Sarah Guillemard and Families Minister Rochelle Squires announced Monday.

"We need to take steps to prolong the lifespan of our landfills and this Green Impact Bond provides a great opportunity to reduce organic waste while growing Manitoba's green economy," said Guillemard. "By reducing organics in our landfills, we lower the production of methane and create new, clean-growth job opportunities."

The Green Impact Bond is a finance tool to fund impact-driven projects, enabling the government to rapidly innovate and implement new solutions for organic waste and GHG emissions while sharing risks with the private sector. This tool brings the public, private, non-profit and charitable sectors together to develop innovative solutions to complex problems that have not been solved by

one sector alone. Through the Green Impact Bond, a service provider is to meet agreed-upon outcomes for organic waste diversion, job creation and GHG reduction. Investors will provide up-front funding to the service provider. A third-party evaluator will determine whether the outcomes have been met and the return on investment to be paid by the province.

"Manitoba is open for business and looking for investors to collaboratively develop innovative solutions alongside non-profit groups, community organizations and our government," said Squires, whose Department of Families includes the Social Innovation Office. "Through the Green Impact Bond, investors have opportunities to earn returns of up to eight per cent on their investments over the lives of the projects while driving system change and supporting scalable solutions. The Social Innovation Office allows us to partner across government to get better outcomes and results for Manitobans."

Waste and landfills account for 3.3 per cent of Manitoba's annual GHG emissions. Manitoba's landfills are approaching capacity and by some estimates, approximately 40 per cent of their waste is organic material. Organic waste produces methane, a harmful GHG, so diverting organic waste from landfills will reduce emissions, contributing to the Made-in-Manitoba Climate and Green Plan and Carbon Savings Account.

Innovative NRG, a Manitoba wasteto-energy company, has been chosen as the Green Impact Bond service provider. The company will use its patented and proprietary innovative technology, branded as Rapid Organic Conversion (ROC), to process organic waste such as animal byproducts and waste-water sludge through a gasification process. The ROC technology is a made-in-Manitoba innovative, clean-tech solution that vaporizes carbon-based waste material. Thermal energy released in the process is captured and can heat buildings or water for industrial uses, thereby reducing the use of fossil fuels. Waste-to-energy can be appropriate for materials that do not have landfill diversion options such as recycling. Innovative NRG's waste diversion units will be installed in the rural municipalities of Cartier and Rossburn, as well as in the ing www.manitoba.ca/sio.

town of Carman.

"Our ROC innovation represents a leap forward in reducing GHG emissions and costs, disrupting the existing centralized waste landfill disposal system by locating ROC plants at commercial operations sites to recover their waste energy profitably," said Del Dunford, CEO, Innovative NRG. "By eliminating the need to transport waste to landfills, we eliminate the cost and GHG emissions from transportation and landfilling, and take advantage of a renewable energy resource for economic development in remote and northern Manitoba communities."

The concept of impact investment is growing globally. The Green Impact Bond creates a unique investment opportunity for those committed to driving environmental change. Organizations can now support transformational work while investing at competitive rates in Manitoba, Squires noted.

Investors with an interest in supporting leading-edge environmental projects are invited to learn more by emailing dir-sio@gov.mb.ca and visit-

# > CAUTIOUS REOPENINGS, FROM PG. 5

#### step; and

- 40 per cent of Manitobans thought allowing households the choice of continuing to designate two visitors to their home, or to designate a second household to visit each other was an appropriate next step.

business, retail and restaurants: enabling any type of business to operate with the exception of indoor theatres, indoor concert halls, casino and bingo halls was ranked as the highest priority, with a 50 per cent capacity limit for restaurants and licensed premises ranked second and 50 per cent capacity for retail stores, malls and personal services ranked third.

• recreation and fitness: allowing indoor recreation and sporting facilities such as gyms, fitness centres, rinks, courts, etc. to open at 25 per cent capacity for group instruction was ranked as the highest priority, with day camps for children at 25 per cent capacity ranked second and group instructions or classes in gyms and fitness centres at 25 per cent capacity ranked third.

• mask use: 35 per cent of the public agreed allowing users of

gyms, fitness centres and pools to not wear a mask while taking part in a physical activity was an appropriate next step, while 39 per cent of Manitobans felt it was too fast.

Results of public feedback gathered will be posted on the EngageMB website once completed.

#### **COVID** update for March 1

On Monday, health officials reported 35 new cases of the virus and one death.

Manitoba's number of active cases was at 1,171 at press time, including five cases of the B117 variant.

There were 68 people in hospital with active COVID-19 and another 116 patients no longer considered contagious but still requiring care. A total of 25 ICU beds were filled with COVID-19 patients, 12 of whom are still considered infectious.

Manitoba's death tally was at 896 people on Monday. There have been 29,827 recoveries from COVID-19 over the past year.

In the Interlake-Eastern health region there were 136 active cases of the virus with 2230 recovered. The region has seen 35 deaths.

Breaking it down in our area, Fisher River/Peguis had eight active cases on Monday; Northern Remote, 115; Pinawa/Lac du Bonnet, six; and Powerview/Pine Falls, eight.

Arborg/Riverton, Beausejour, Eriksdale/Ashern, Gimli, Selkirk, Springfield, St. Clements, St. Laurent, Stonewall/Teulon, Unknown, Whiteshell and Winnipeg Beach/St. Andrews were all reporting zero active cases.

In related news, the province has announced that the new vaccination super sites in Selkirk will be located in the old hospital, while in Morden-Winkler it will be located in the community hall at the Access Event Centre in Morden.

As of Monday, Manitoba had administered 76,670 doses of vaccine, including 47,780 first doses and 28,890 second doses.

The eligibility criteria continues to expand, most recently to include Manitobans born on or before Dec. 31, 1930 and First Nations people born on of before Dec. 31, 1950.

Up-to-date eligibility details are available online at www.gov. mb.ca/covid19/vaccine/eligibility-criteria.html.

# **Kosser council** news in brief

### By Jennifer McFee

At the Feb. 23 meeting, Rosser council approved an application for culvert and lot grading from Canam Flatdecks Group, subject to approval from administration and the municipal engineers. The applicant must cover the cost of supplies and installation.

Council accepted a quote of \$25,900 plus tax from Toromont Cat for the purchase of a scarifier, which is an attachment for a grader. The expense will be funded by the machinery reserve and included in the 2021 financial plan.

Council approved a request from Shaw Cablesytems to design and build fibre optic infrastructure.

Council approved a \$2,500 grant to STAR (Southwest Teens at Risk) and Re-Start Program. The expense will be included in the 2021 financial plan. STAR program co-ordinator Danelle Guenther provided council with the organization's 2020 annual report and funding request.

Council approved the Rockwood-Rosser Weed District budget, as well as the \$16,580 levy from the RM of Rosser.

MLA Ralph Eichler attended the meeting to provide an update to Rosser council.

# Staff receive EGGcellent thank you gift from generous community member

### Submitted by IERHA

Janet Stadnyk, a community member and Pampered Chef representative, challenged herself in January to sell 20 ceramic egg cookers from the Pampered Chef line.

If she succeeded, she was going to buy 20 more herself and donate them to staff in Stonewall and Selkirk for all their hard work during the COVID-19 pandemic.

As it turned out, Janet was quite busy in January and ended up selling 56. She then purchased another 56 herself to give to staff in Selkirk and Stonewall as a way of saying thanks.

Janet hopes that the egg cookers will help staff prepare healthy, quick meals when they are on the go.

"Thank you so much to every amazing essential worker at the Selkirk and Stonewall hospitals. I hope you will enjoy this ceramic egg cooker. It will feed you on those busy days. I hope it will nourish your soul and serve as a reminder of how much you are appreciated."

The egg cookers will be given to staff via draw every Monday using a numbered staff list and random number generator.

Pamela McCallum, executive director of the Interlake Eastern Health Foundation, highlights how fantastic it was working with Janet on this special project.

"When Janet reached out to me, I could feel her positive energy through the phone. It is so amazing that she challenged herself to this contest and ended up far exceeding her own expectations. We are very lucky to have such generous and kind community members in our region — thank you, Janet!"

Interlake Eastern Foundation's mission is to raise funds that support health care in the Interlake-Eastern health region. For more information, visit www.iehf.ca or contact Pamela McCallum, executive director, at 204-785-7044.



TRIBUNE PHOTO SUBMITTED Janet Stadnyk posing with the wrapped gifts for staff.

# **Exploring Manitoba's Indigenous heritage**

# Learn Ojibwe, Cree, Dakota and Michif

# languages

### By Katelyn Boulanger

Selkirk resident Jeannie Red Eagle is once again bringing traditional knowledge from Manitoba's first people into the forefront allowing both Indigenous and non-Indigenous residents the chance to learn more about the place they call home with Anishinaabe Gikinoo'amaagoowinan — The People's Teachings program.

"We've created nine weeks of online cultural language teachings, headlining various Indigenous knowledge keepers, elders and language speakers," said Red Eagle.

The program invites all levels of language speakers to share cultural teachings with language components during these online meetings.

This was originally meant to be an in-person experience but had to shift to online learning because of the CO-VID-19 pandemic. This it turns out wasn't necessarily a bad thing for the program because it now allows more people the opportunity to join in from their own homes.

"Now we can take this out to everybody and this will exist beyond the program. Because of the taping of the session, of course, people are going to be able to continue to learn," said Red Eagle.

The group meets weekly on Tuesday evenings online through Zoom sessions that will run until the end of March, but for those that can't attend the meeting in person, the sessions are recorded and uploaded to the Anishinaabe Gikinoo'amaagoowinan — The People's Teachings Facebook page.

Some of the topics that are covered by the group are the scared fire, survival phrases, storytelling, songs and games. For the final session on March 30, there will be a feast with a pipe ceremony and closing ceremony.

Because the meal part of the feast can't be done in person, a chef will make meals that will be shared with unsheltered people in the Point Douglas area of Winnipeg.

Red Eagle acknowledges that she couldn't have done this alone. A grant from the National Indian Brotherhood Trust Fund got her started financially and partnerships with the Selkirk Friendship Centre and Indigenous Languages of Manitoba, a group that focuses on the teaching and preserving of Indigenous languages, were in-



TRIBUNE PHOTO BY KATELYN BOULANGER

Jeannie Red Eagle is part of a team offering Indigenous and non-Indigenous residents alike the opportunity to learn more about Manitoba's first people's languages and culture.

strumental in bringing this program to residents.

She hopes that interested residents come forward and join the session either in person or later through the Facebook page.

"Right now we're going through a period of language reclamation. Language reclamation, includes the connection to our roots, a connection to our identity, a connection to our culture, heritage and a connection to the land. Right now. We need that more than ever," said Red Eagle.

To participate, residents are invited to visit the Anishinaabe Gikinoo'amaagoowinan — The People's Teachings Facebook page at https://www.facebook.com/ groups/3957953597570210 where all links and information is available.

# Interlake couple opens Wild Skies resort in River Hills

### By Evan Matthews

A Teulon woman is planning to open a resort near River Hill, the first resort of its kind.

Megan Steen, 30, said she and her partner, René Talbot, will open Wild Skies Resort in May 2021. The couple — now doubling as business partners — realized their dream while they were amidst the British Columbia wilderness on Vancouver Island.

"We had been dreaming about creating a space where people can enjoy all of our favourite parts of being in nature," said Steen, noting Talbot has ties to Stonewall as well, since his father opened the accounting firm Talbot and Associates.

"We were staying in a mini cabin that had an eight-foot window looking out into the forest. It was at the tail-end of a full week of nothing but rain. We were chilled to the bone but so happy to be just lying there, soaking it in, staring at the trees and the ferns.

"That's when things started coming to life. We thought it'd be further into the future, but a property fell into our lap," she said.

The property is located just west of River Hills, which is south of Lac du Bonnet. Steen said there are many opportunities to connect with nature in Manitoba, but generally speaking, people find it a bit inaccessible.

But as a direct result of COVID, she said people are starting to appreciate what's in their own backyard a bit more.

"People always tend to go west, and I've been guilty of that, too," said Steen. "It's a bit of a silver lining, within COVID, to realize the beauty around us here."

Starting as a wedding photographer over 10 years ago, Steen said the transition to owning and operating a resort has been surprisingly natural. Talbot is an entrepreneur involved in a number of

ventures, so she said the couple have a diverse skill set.

The property will feature various accommodation options, with a couple of cabins on the properties, geodesic domes and a space for weddings and/ or retreats, Steen said.

"There aren't any resorts quite like this one in Manitoba that we're aware of," said Steen.

She emphasized Wild Skies will be more than a glamping resort.



Megan Steen and René Talbot will open Wild Skies Resort in May 2021.

Rather, she said Wild Skies is a community of like-minded people who appreciate Mother Nature's "wild creations": frost in the morning, a shooting star, ripples in the water, the crackle of a wood fire, rain on a tin roof — a place where clientele can run around barefoot or jump off the dock under the glow of the moon.

"People can have their solitude in the domes or in their cabin, sur-

rounded by forest, or they can opt for community in the form of weddings, retreats, etc.," she said.

Talbot has a carpentry background, and Steen said he's in the process of constructing hammocks that are eight feet by eight feet.

Eventually, each hammock will be accompanied with a projector, Steen said, allowing couples to lay in a hammock in the woods and watch a movie.

Wild Skies also has bonfire pits, paddleboards, canoes, walking trails, snowshoeing or skiing through the property.

There will be no concierge, according to Steen, saying guests will checkin digitally similar to the way they do with Airbnb, and then following instructions.

For more information, visit wildskiesresort.com.



EXPRESS PHOTOS BY MEGAN STEEN An aerial shot of the Wild Skies Resort.





The property will feature various accommodation options, with a couple of cabins on the properties, geodesic domes.

"WE WERE CHILLED TO THE BONE BUT SO HAPPY TO BE JUST LYING THERE, SOAKING IT IN."

# 'Snowhenge' in Komarno

#### **By Evan Matthews**

Bearing a resemblance to England's Stonehenge, Komarno has become home to a few monuments of its own.

Jason "Shoey" Shoesmith, 58, has been creating ice sculptures at his home, in the yard, for about five years. Locally, his sculptures have become known as Komarno's Snowhenge.

"It would get cold, and I'd get stagnant and I'd have nothing to do," said Shoey.

"I go out there, and for two and a half months, I work on those statues. But this past week, that little heatwave hit," he said, noting the statues haven't fared so well in the warmer weather of late.

Shoey starts by packing a one-gallon pail full of snow, tamping it down, cutting the snow brick into pieces (once frozen) and constructing the statue. The whole process can take two or three days to complete one statue.

The tallest statues have gotten as tall as 12-14 feet high, according to Shoey, adding how it's incredible that Mother Nature is able to take them down in four hours.

But warm weather aside, Shoey said the process associated with building Snowhenge is all about weight, measurements and balance.

"I've always been fascinated by the (engineering) side of things. You can't let Mother Nature beat yo. You have to continue on now and into next year," said Shoey, who reconstructed the pieces that remained after the recent melt.

"I take an old saw, and I saw snow



Shoey spent two weeks painting a guitar, so to top off one of his snow sculptures.

bricks — which come from my onegallon pail — and cut them into pieces, so I can use them to construct the statues."

He cuts them into halves and then quarters.

But the best part, he said, is the reactions he sees from community members.

"People love it. The kids come down the highway and wave at me from the school bus, and the driver slows down and honks the horn, and then they go home to their parents and say, 'I want to build some snow statues,'" said Shoey, adding he suspects he may be the most hated man in the community by parents.

"It's -35 and mom and dad are tired,



TRIBUNE PHOTOS BY JASON SHOESMITH

Jason Shoey is seen on his step ladder, making some minor adjustments to his statues after a recent thaw.

# "I TAKE AN OLD SAW, AND I SAW SNOW BRICKS — WHICH COME FROM MY ONE-GALLON PAIL — AND CUT THEM INTO PIECES, SO I CAN USE THEM TO CONSTRUCT THE STATUES."

they've been at work all day, and their little one is in the snowsuit with a shovel and bucket, and saying, 'I want to build statues like Shoey,'" he said, laughing heartily.

With Shoey having a bad leg, he said he doesn't feel compelled to snowmobile or participate in other recreation activities, plus other activities cost a lot.

Building snow statues is free, according to Shoey, as community members have donated pails to him. He already had most of his other equipment (like the saw) and, of course, the snow is free. Plus, he said it keeps him active. In the words of Shoey, "It's better to build a statue than to be a statue."

# St. Laurent fire chief talks safety

#### **By Evan Matthews**

A fire at the St. Laurent Transfer Station caused a stir among locals last month and has prompted officials to remind residents of proper waste disposal practices and fire safety.

On Feb. 20, staff at the transfer station noticed a bin was on fire and sprang into action. The St. Laurent Fire Department responded to the call, according to Fire Chief Roger Leclerc, who noted the department did not attend in an emergency capacity.

"We sent one guy in a truck to check it out and make sure everything was OK. The employee deserves credit for acting quickly," said Leclerc, adding the fire caused damages to the bin's retraction cover.

"We believe somebody dumped ashes from their fireplace into the bin. We run into a lot of situations where people are improperly disposing of their ashes. If you want to dispose of ashes, please put them in a secure, fire-resistant container."

He noted the department often sees ashes in plastic bags, which catch fire quite easily.

When the transfer station's staff member noticed the fire, Leclerc said the staff member hopped in a skid-steer and piled snow on the fire.

In this case, while the bin sustained a little damage, but Leclerc said it should be salvageable. The retraction cover needed replacement, which Leclerc said was a small cost.

But fire risk isn't just limited to transfer stations, as Leclerc warned of grass and forest fires heading into spring. Camping season is around the corner, too, and he said campfires pose risk if not put out properly.

"Do it in a proper manner," said Leclerc. "Just never assume the fire is out."



TRIBUNE PHOTO SUPPLIED BY THE RM OF ST. LAURENT

St. Laurent Fire Chief Roger Leclerc said while damage to the bin's retraction cover at the transfer station was minor, it did need to be replaced.

# **12** The Stonewall Teulon Tribune Thursday, March 4, 2021 **Arborg resident celebrates 100 years of adventure and achievement**

#### By Patricia Barrett

An Arborg resident living at the Mary Thorarinson Estates assisted living facility is celebrating 100 years this month and a lifetime of adventure and achievement.

Drew Lambert was born in 1921 in the United States before moving with her family to the Interlake where she has lived in a number of different communities. She marked a milestone birthday on March 1.

"It's just a number," said Drew by phone last week.

Drew was born in 1921 in Breckenridge, Texas, and she remembers the joys of living in a region of the state that had very mild winters.

"I remember playing around in our yard with just a shift [dress] on," she said."One thing I liked to do in the fall — our neighbour had walnut trees but in summer you couldn't touch them because they had that hairy casing on them — was gather the walnuts and take them home for my family to eat."

Drew's dad, Chester Davis, owned several newspaper companies in the U.S. In 1913 he founded a Canadian-based newspaper in Shaunavon, Sask., called *The Shaunavon Standard*, which is still operating today. That's where he met Drew's mother, Ina Dunphy. After her father died, Drew's mom moved her and her siblings to a farm in the Marble Ridge area, northeast of Fisher Branch where Drew's grandfather lived.

Having spent the first nine or so years of her youth in a temperate climate, Drew said she found it hard to acclimatize to Canada's harsh winters, and she still doesn't like the cold. She and her siblings had a number of chores to do around the farm, includ-



Drew Lambert watched the parade outside the assisted living facility.

ing gathering wood and getting water. Girls, at that time, weren't allowed to wear long pants.

"Good heavens, girls just did not wear pants then," said Drew. "We had bloomers [knee-length baggy pants invented in the 19th century]. I disliked wearing bloomers. You wore them with stockings and the bloomers came down to your knees and were very bulky."

After she completed her senior schooling in Winnipeg, Drew began working at the Cadham Lab, which provided diagnostic services and undertook research.

"We would get swabs and you would plant the swabs on Petri plates then watch to see how rapidly bacteria grew. It was a crude way of finding out what the infection was, but it worked," said Drew. "And time and again, the resident doctors would get me in and use me for a guinea pig. They didn't hurt me; they made sure nothing happened to you."

She said she planned to enter nursing but got sidetracked by Evert Lambert, whom she married. She was working at the lab when the Second World War broke out in 1939. Evert joined the Royal Canadian Air Force, working as a navigator to "detect sounds over the North Atlantic," said Drew. She moved back to the States with their children for a while to be with relatives.

When the war ended, she and Evert settled down on a farm near Hodgsonville (in the RM of Fisher) and raised their five kids as well as fostered Drew's cousin's son. In the late 1960s, Drew enrolled in nursing and moved to Winnipeg.

"When I was a kid, I always wanted to be a doctor," said Drew."But my family didn't have the finances to put me through university to be a doctor. I wanted to be in medicine in some way or another."

Drew worked at the St. Boniface Hospital and the Winnipeg General Hospital for a number of years before moving back to the Fisher Branch area where she worked as a nurse in the medical centre with four doctors.



Drew'sgranddaughter made the cake.

She was also active in the community, setting up the Hodgson Royal Canadian Legion's Ladies Auxiliary around 1958 and serving as its first president.

In the 1980s she moved

to Gillam for a summer job as a northern medevac nurse and ended up staying for five years. She worked at the Gillam hospital and was sent on rescue missions — rain, shine or blizzards — keeping patients stabilized on a small aircraft that was operated by a bush pilot. They would follow the power lines up north, flying the patient to Thompson or to a hospital in Winnipeg. At times her patients had suffered gruesome injuries.

"We had a little girl that supposedly cut her cheek while her dad was sawing. Her cheek was sawed partly off so we taped it on and hooked up an IV. Sometimes the IV would freeze. We made it to the airport and they took her on to the hospital from there," said Drew.

She and Evert eventually moved to Stonewall in the 1990s to be closer to medical facilities after Evert's health began to decline. Drew took up community causes in Stonewall, serving with the Stonewall Royal Canadian Legion's Ladies Auxiliary.

"We fundraised for different causes and if someone had a fire in their home. We gave bursaries to students and had Poppy Day," said Drew. "We raised money for the good of the community."





diesAuxiliary aroundTRIBUNE PHOTOS BY WENDY OSIOWAY1958 and serving as itsDrew Lambert turned 100 on March 1.

She made hundreds of wedding and birthday cakes for people.

Drew's daughter, Wendy Osioway, said the secret to her mom's longevity is living a moderate lifestyle and trying new things.

"Nothing holds her back," said Wendy, who lives in Arborg. "My mom's motto is, 'Everything in moderation.' She has never had to diet and she never drank much. Everything was done in moderation."

To mark her 100 years with COV-ID-19 safety and prevention in mind, Drew's family organized a drive-by birthday parade for her outside the Mary Thorarinson Estates last Sunday.

"It is very sad mom can't get together with family, but we all definitely understand," said Wendy. "She so misses the visits from her grandchildren and great-grandchildren. But we are grateful to the wonderful staff at Arborg assisted living for their care."

On Monday, staff held a COVID-safe party for her. Maureen Sigurgeirson, who manages the assisted living facility, said Drew wanted to share her birthday celebration with fellow tenants.

"She wanted to treat all the tenants at the assisted living to Chinese food," said Sigurgeirson.

Sigurgeirson helped organize the celebration and read a speech on behalf of Drew's family. She said she felt badly that COVID safety protocols kept them from spending in-person time with Drew.

"My heart goes out to her family because on such a milestone birthday they're not able to celebrate it as they should," said Sigurgeirson. "When someone is turning 100 years old, they deserve a party."



People congratulated Drew.

### ADVERTORIAL

# Huge Federal Debt – Are Major Tax Changes Looming?

Farm advisors are worried: government spending is up, and revenues are down. The COVIDrelated massive income supports, and broadbased emergency relief have brought the Federal debt to \$1.2 trillion. This is expected to climb to far in excess of \$1.5 trillion by the end of 2021.

Kevin Bolt of PKF Lawyers says, "we can expect more government programs to be announced to assist Canadians who are unemployed (9.4%) or losing money due to government lockdowns to try to curb the spread of COVID." In addition, experts agree that more money will be spent on the vaccination program and in the quest to make Canada more self-sufficient in the microbiology field going forward.

Meanwhile, revenues will decline significantly



**Kevin Bolt** 

due to business losses and reduced income of regular taxpayers. Big industries will require huge government bailouts.

The debt-to-GDP ratio is projected to soar beyond 72%, much higher than the 60% debt-to-GDP ratio we experienced in the early 90's when the Federal government increased capital gains tax to 75% and eliminated the capital gains exemption for all but farmers. There is speculation that we might reach the 106% debt-to-GDP ratio that Canada experienced immediately after World War II.

Economists suggest that stabilizing the economy after COVID-19 will require the government to increase taxes and decrease benefits and programs.

Statistics Canada's 2016 census reports that only 8% of farm families have succession planned. Given these anticipated new rules and higher tax rates, it is more important than ever to plan the succession or sale of your farm.

Mona Brown of PKF Lawyers, who has been helping farm clients plan for 42 years says "The current preferential rules for farmers are likely to change. Farmers would be well advised to plan now to use the farm rollover and capital gains exemption prior to these anticipated post-pandemic changes."

BDO and PKF Lawyers want to share options that are available to the agricultural industry in a March 9 Webinar.

Shawn Friesen, Tax Partner with BDO, will review ways to utilize tax rates and plan for possible changes, as well as how to navigate the Federal Government subsidy programs. These options



Mona Brown

will put more money in your pocket.

Mona Brown of PKF Lawyers will outline ways to use the farm family's capital gains exemption and save tax now. The less you give to government the more you keep for your farm and family. Don't want to pay more taxes to the govern-

ment? What can you do now to better your farm's future position?

Take charge and enroll in our webinar – advance planning will position your farm business to expand, escalate your farm earnings and protect you from anticipated rate and rule changes. Your individual questions will be answered in a Q & A after the presentation.



MANITOBA'S LAW FIRM

# In Collaboration With



## MONA BROWN, B.A., LL.B, CAFA, C. ARB, TEP PKF Lawyers

Mona grew up on a family farm and has been helping farm and small business family's succession plan for 42 years in Carman. She has been a leader in developing plans that effectively use the farm rollover and the entire family's capital gains exemption while being fair and planning for family law. She uses her training in alternative dispute resolution to ensure the entire family know and accept the plan. She and her husband actively farm at Sperling, Manitoba. She works closely with Andrew Winkless, who practices primarily tax at the Carman office and with Stéphane Warnock out of Miami, Winkler and Morden area.

Mona is a frequent lecturer on Farm Tax Planning including recently speaking at the National CAFA Farm Update and the Society of Estates and Tax Practitioners.

# KEVIN BOLT B. COMM. (HONS.), LL.B

### **PKF Lawyers**

Kevin has a Bachelor of Commerce Honors and Law degree. He has specialized in the areas of Commercial Real Estate and Corporate Law since graduating from the University of Manitoba in 1978. He has served on a number of Boards of Directors during his career. He works out of PKF Lawyers in Winkler and Morden with his son, Matt, who has recently moved to the area.

When: Tuesday March 9 at 10:00 AM

Please register at: www.pkflawyers.com/webinar

# Selkirk COVID vaccination super site at old hospital

### By Patricia Barrett

The province announced last week that the Selkirk super site for COV-ID-19 vaccinations will be located at the old Selkirk hospital.

Dr. Joss Reimer, the medical lead for the province's vaccination task force, made the announcement Feb. 24.

"In the next few weeks, we'll be opening two new super sites outside of Winnipeg, which will support the work of the [vaccination] teams as well as provide vaccines to the public," said Reimer during a media briefing. "The site in Selkirk will be located at the former Selkirk & District General Hospital at 100 Easton Dr. We are anticipating the site will be opening in early March."

The Selkirk super site is scheduled to launch March 5, depending on vaccine supply. The province also announced a super site for the Morden-Winkler area but provided no details about where it will be located.

Selkirk is about 35 kilometres (22 miles) from Winnipeg. People from the northern part of the Interlake-Eastern health region, in communities such as Gypsumville, Fisher Branch, Riverton and Arborg, will have to undertake a round-trip of a few hundred kilome-

tres should they want to be vaccinated at the super site. People living in the eastern half of the health region, in communities such as Beausejour, Pinawa, Pine Falls and Whitemouth, will likewise have to travel to Selkirk.

The province has not made any announcement about establishing "popup" sites in the Interlake or Eastern portion of the RHA. However, it announced a few weeks ago that physicians and pharmacies have applied to help administer the vaccines.

Health Canada approved the twodose Oxford [University]-AstraZeneca COVID vaccine Feb. 26. After a"rigorous scientific review of the available medical evidence," the health agency found no major safety concerns, according to a statement on its website.

The World Health Organization says the Oxford-AstraZeneca vaccine has an efficacy of 63.09 per cent against symptomatic COVID infections after the second dose.

Pfizer-BioNTech and Moderna's COVID vaccines, which also require two doses and have higher efficacy rates of 95 and 94.1 per cent, respectively, have already been approved by Health Canada and are currently being used in Manitoba.

All approved COVID vaccines are said to reduce the severity of a COV-ID infection. There's currently no scientific evidence showing whether inoculated individuals can transmit the virus should they become infected.

The province is asking the public to refrain from calling its toll-free CO-VID vaccine booking line (1-844-626-8222) until their age group is eligible for a jab.

"To address the possibility of the increase in numbers at the call centre, we have expanded the number of lines available at the call centre to 2,000," said Reimer. "There are more than 270 trained agents taking calls."

If wait times increase, Reimer said there's a call-back option so that people don't have to wait on the phone. When people get through, they'll hear an automated recording providing information about eligibility screening and will have to answer questions. If eligible, they'll be connected with an agent who will ask additional questions.

"You will also make a formal declaration of eligibility and after that time we'll be able to book your appointment," said Reimer.



INTERLAKE-EASTERN RE-GIONAL HEALTH AUTHORITY

The IERHA's health facility locations are shown by major town. The province hasn't announced whether IERHA facilities will help administer COVID-19 vaccines or whether pop-up sites will be established.

# Dental offices urge patients not to push back appointments

### By Sydney Lockhart

Pushing back dental appointments because of the pandemic could lead to costly treatments and general health problems, said Dr. Stacey Benzick as she reassures patients her office is doing everything they can to keep them safe.

Dental offices have seen more cancellations than normal this past year with patients phoning in saying they are staying home due to the COVID-19 numbers in Manitoba.

"It's important to keep up with routine dental care and not to put treatment off because what starts off as a small problem can escalate and turn into a much more involved costly treatment for their teeth," said Dr. Benzick.

Dr. Benzick said her cancellations have started to slow as people feel safer out in public as restrictions are lifting.

She added that a dental problem, which is usually an easy fix, can escalate into a costly problem and potentially become irreversible dental damage if patients are not going to their regular appointments.

"We encourage people to not put off their treatment because we do have all our procedures and protocols in place to keep our patients our staff and the community as a whole as safe as possible," she said.

At Quarry Dental Centre, the doors remain locked and are only opened for those with appointments. Every patient has to have their temperature checked upon entry and sign off on their screening questions. Masks are mandatory until patients are asked to remove them once in the dental chair. The staff all wear personal protective equipment (PPE) and they have also added an air filtration system to the office which filters any aerosols, including virus particles out of the air.

"We just added more layers to it, with more levels of PPE on top of our normal wear," she said."Wearing the gowns and the hats and the shields, it is more tiring doing our jobs with all that on."

Dr. Benzick said that even in dental school when she was practising drilling on a mannequin head, she had gloves on and that she has never done her job without them and a mask.

The provincial government recently opened up COVID-19 vaccination appointments to dental office employees. Dr. Benzick said she believes her whole staff is able to get vaccinated this week.

"It alleviates some of that unknown fear, but it won't change really anything that we do and how we are trying to keep everyone safe," said Dr. Benzick."But definitely a good relief to feel that we can maybe get closer to moving toward a more normal."

Many of the patients who have gone to their dentist appointments said they felt safe when they entered the building.

"I felt very comfortable and then when it was my turn to go in for a cleaning everything was as clean as it always is," said patient Roger Girard."They had all the proper gear on and explained the process to me as far as how things have changed because of COVID, It was really good."

Girard added that at his appointment last week he felt safer than he ever has at the dentist.



TRIBUNE PHOTO SUBMITTED Dr. Stacey Benzick and her staff wear full PPE and change it in between every patient. They have implemented many COVID-19 protocols to keep their patients and themselves as safe as possible.

# Stony Mountain students love to read



TRIBUNE PHOTOS SUBMITTED

Students at Stony Mountain School celebrated I Love to Read Month in February with two dress-up days when they had the chance to dress up like their favourite book character and to "wear words" on their clothes. Students also participated in a school-wide bookmark competition and enjoyed a display of staff members' favourite children's books in the library. The Grade 5/6 class of Mrs. Avgeropoulos enjoyed activities such as Flashlight Friday reading and much more. Students also showcased their

The Grade 5/6 class of Mrs. Avgeropoulos enjoyed activities such as Flashlight Friday reading and much more. Students also showcased their creative talents by recreating covers for their book reports and painting watercolour hearts.



# **Stonewall Kinettes celebrate kindness with seniors**

### By Jennifer McFee

Kindness begets kindness.

On Feb. 20, Kin Canada clubs across the country celebrated a National Day of Kindness by showing kind gestures in their own communities. Founded on Feb. 20, 1920, Kin Canada remains the nation's largest all-Canadian service club organization.

In years past, the Stonewall Kinettes have honoured this day with different initiatives, such as handing out coffee and doughnuts to staff who pump gas at various gas stations or handing out gift cards to garbage collectors in the Town of Stonewall. They have also bought and donated pyjamas to CancerCare and served coffee and dainties at ACL in Stonewall.

"By being kind to someone, it makes them feel good as well as yourself," explained Stonewall Kinette member Edith MacMillan.

For this year's National Day of Kindness, the local Kinette club boosted the spirits of Rosewood Lodge residents by bringing a group of dogs and trainers from Winnipeg for an unforgettable performance.

"We thought this would be something that the residents of Rosewood enjoy and it could help brighten their day, especially now that they are more isolated than ever," MacMillan said.

For those looking to spread kindness themselves, she suggests simple ideas such as shovelling a senior's walkway or having flowers delivered to someone "just because." Another kind gesture might include picking up the phone to stay connected with someone, which is particularly impactful during the pandemic.

"Ask how they are doing, do they need anything," she said. "Texts and emails are fine, but it's great to actually hear someone's voice."

Small acts of kindness can create a ripple effect of positive actions, she



Widgeon, a Nova Scotian Duck Tolling Retriever, sinks the ball in the basket.

### added.

"If someone is going to be kind or do something random to help me, that is going to make me feel better, lift my spirits and make me think that I could do the same for someone else," Mac-Millan said.

The Stonewall Kinettes welcome new members to join them, she noted. "Before the pandemic, we would meet on the third Thursday of the month at 7:30 p.m. at the Parochial Hall in Stonewall, and our meetings are open for anyone to come and see what we are all about," MacMillan said.

"Right now, we are holding our meetings via Zoom and we have been very limited in our activities due to COVID. Hopefully this will change soon."

Anyone interested in finding out more information about the Stonewall Kinettes can contact Pat Moldowan at 204-467-5444 or Donna Kuby at 204-461-2423





Mercedes, a border collie, was paraded in front of the windows at Rosewood Lodge.



Penny waves to the residents.



Owners with their dogs, left to right: Isla, Zeke, Jesse, Widgeon, Penny and Mercedes.



TRIBUNE PHOTOS BY LANA MEIER

Border collie Isla was the show-stopper with her tricks during the Kinettes National Day of Kindness.





Servings: 2

- 2 cups water
- 1 cup quinoa
- 1 cup Florida Orange Juice 1 tablespoon hot sauce
- 1 tablespoon honey 1 tablespoon soy sauce
- 6 tablespoons vegetable oil, divided
- 2 tablespoons lime juice

1 tablespoon white miso

- 1 1/2 pounds shrimp, peeled and de-
- veined

1/4 teaspoon kosher salt

- 1/8 teaspoon ground black pepper
- 1 bell pepper, diced
- 1 English cucumber, sliced into half moons
- 3 scallions, sliced
- 1 avocado, sliced
- 1 teaspoon sesame seeds



Prep time: 20 minutes Cook time: 8-10 minutes cup peanut butter 1 cup granulated sugar large egg 1 Preheat oven to 350 F.



Total time: 30 minutes Yield: 6 fajitas

2 large portobello mushroom caps, sliced into 1/4-inch strips

- 2 medium yellow onions, sliced into 1/4-inch strips
- 2 large red bell peppers, sliced into 1/4-inch strips
- 2 tablespoons vegetable oil
- 2 1/4 teaspoons taco seasoning
- 6 flour tortillas (6 inches), warmed
- 1/4 cup roughly chopped cilantro

# RED RIVER (CO-OP

# **Orange Juice Shrimp Quinoa Bowls**

2 tablespoons cilantro, chopped In pot, bring water to boil.

Add quinoa, reduce to simmer, cover and cook 15 minutes. Fluff with fork.

In bowl, whisk orange juice, hot sauce, honey, soy sauce, 4 tablespoons vegetable oil, lime juice and miso. Remove half and set aside.

Add shrimp to remaining half and marinate 15 minutes.

Heat large skillet over medium-high heat and add remaining oil.

Season shrimp with salt and pepper then add shrimp to wok and saute, cooking approximately 2 minutes per side until pink and cooked through.

Place 1/2 cup quinoa in bowl and top with bell pepper, cucumber, scallions, avocado and shrimp.

Drizzle with dressing that was set aside and garnish with sesame seeds and cilantro.

# **Flourless Peanut Butter Cookies**

In bowl, combine peanut butter, sugar and egg.

Using small cookie scoop, place dough balls on parchment paper-lined cookie sheet. Flatten with fork to make traditional peanut butter cookie crisscross pattern.

Bake 8-10 minutes until done. Cool thoroughly before removing from cookie sheet. Store in air-tight container.

# **Sheet Pan Mushroom Fajitas**

avocado (optional) salsa (optional) hot sauce (optional) lime (optional)

Preheat oven to 400 F. Line large 18-by-13-inch baking sheet with parchment paper. Set aside.

In large bowl, toss mushrooms, onions and peppers with oil and taco seasoning. Distribute on baking sheet. Roast 25 minutes, tossing halfway through, until veggies are fork tender and edges are slightly browned.

Serve with warmed tortillas and garnish with cilantro. Top with avocado, salsa, hot sauce or lime, if desired.

### Strengthen your immune system during the COVID pandemic Submitted by Julie Germaine

As the world slowly eases back into 'normal' life and coronavirus restrictions are cautiously lifted, it is extremely important to put a spotlight on your health and take steps to develop a strong immune system. New strains of the virus leave so many aspects of this pandemic up in the air, and it could be some time before you qualify for (or choose to have) the vaccine.

While there are no scientifically guaranteed methods to boost your immune system against the covid-19 virus, you can work to build upon your overall health and help your body function optimally. Creating harmony in your system through a balanced lifestyle can only be beneficial, even if the lifestyle changes you make are subtle.

Your diet is a great place to start. You should always choose a variety of fruits and vegetables, and incorporate protein with every meal. If you have a hard time achieving the ideal 1 gram per pound of body weight that is recommended when it comes to your protein intake, use a food supplement like whey protein.

Exercise at least three times per week, including both resistance training and cardiovascular activity. If your gyms are open, as long as you practice social distancing, wear a mask, and hand-wash frequently, you are promoting better health by getting in those regular workouts. Moderate exercise for less than one hour has been shown to increase your immune response, lower your risk of developing an illness, and also fights against inflammation. These effects are somewhat shortlived, thus the recommendation is to get your sweat on frequently.

Get adequate sleep, consistently!



Health and Wellness Fitness expert Julie Germaine

Researchers prescribe a minimum of eight hours of quality rest every night to help cells in your body fight off infection. Poor sleep can leave you stressed and more susceptible to being infected.

Finally, maintaining your ideal, healthy weight will reduce the negative effects of excess abdominal fat. Stored belly fat triggers the production of 'pro-inflammatory' immune cells which damage our bodies and immune system.

I am passionate about helping men and women achieve their fitness goals! Please visit my website for information on my virtual personal training and nutrition programs, including my 30 Day VIP Fat Loss Challenge and one-on-one live video workouts! www.juliegermaine.com

Julie Germaine is a 2x Pro Fitness Champion, Certified Nutrition Expert and Specialized Weight Loss Coach. She has help thousands of men and women achieve inspiring body transformations through her virtual coaching since 2005.



# Florida Sunshine Grapefruit Smoothie

Servings: 1 1 cup Florida Orange Juice 1/2 cup Florida Grapefruit Iuice

1 ripe banana 1/2 cup low-fat vanilla yogurt



1/2 teaspoon vanilla extract In blender, blend orange juice, grapefruit juice, banana, yogurt and vanilla extract until smooth. Serve immediately. Photo courtesy of Getty Images (smoothie)



# Supermoon – fact or myth?

#### By Ted Bronson

For star watchers, darkness still descends in the early evening hours at this time of year.

This means there is still plenty of time for observing the clear night skies in relative comfort before bedtime. So far this winter, we have been blessed with a few clear nights but temperatures have not been so pleasant, especially with the accompanying wind-chill factors. This means I spend a very short time observing under the stars with binoculars.

One of the easiest nighttime targets I look for is the moon. It is easily spotted in the nighttime sky with the unaided eye when above the horizon.

The most obvious thing you see is its phase — crescent, gibbous or full. Looking closer you can see lighter as well as darker areas. The lighter parts are the lunar highlands, which are mountains that were uplifted as a result of impacts on the lunar surface. The grey patches, called maria, are solidified volcanic lava flows. In the moon's youth, its interior was still molten and magma would erupt onto its surface after an impact with an asteroid or comet.

You can see the extent of the light and dark areas best when the moon is full. Our brains are hard-wired to find meaningful images in random lines and shapes — even if those figures are on the moon. Using a bit of imagination, some people see an outline of a rabbit on the moon. Others see a dog, and still others see a man in the moon, a crab, a lady knitting or reading a book, a man resting under a tree, even a frog.

Another phenomenon we hear concerning the moon is that of a "supermoon." The moon orbits the Earth in an elliptical path that brings it closer (perigee) to and farther (apogee) from the Earth. At its closest point, the moon is 356,400 kilometres, while at its furthest it is 405,400 kilometres from us. For a full moon to be a supermoon, it must be closer than around 360,000 kilometres (value varies according to source). If the full moon is more than 400,000 kilometres (again, value varies according to the source) away, it is known as a "micromoon."

Despite being closer than usual, supermoons are rather ordinary and can take place several times a year. When supermoons are in the news, you usually hear startling statistics about the size and brightness increases. Do not be fooled! Any given supermoon may only be several per cent larger than the average full moon. Most sources push larger size increases because they are comparing against the smallest full moon of the year. When the moon is at perigee, the full moon appears about 14 per cent bigger and 30 per cent brighter than the faintest full moon at apogee of the year.



### PHOTO SUBMITTED

This year presents four supermoons: March 28 (Worm Moon), April 27 (Pink Moon), May 26 (Flower Moon) and June 24 (Strawberry Moon).

The key fact is that unless you were somehow able to compare a normal full moon and a supermoon side by side in the sky, it is nearly impossible to perceive a seven per cent difference in the moon's size. Even though the moon is not noticeably bigger on the night of the supermoon, without a measuring tool, lots of observers will head out to see a huge full moon looming over the treetops. This moon illusion causes the moon to appear bigger when viewed close to the horizon and can fool people into believing the supermoon myth.

This year presents four supermoons: March 28 (Worm Moon), April 27 (Pink Moon), May 26 (Flower Moon) and June 24 (Strawberry Moon). The full moon of May 26 will be the biggest and brightest of the four, as well as hosting a total eclipse of the moon (a"Blood Moon").

The spring or vernal equinox occurs at 4:37 a.m. CDT (Central Daylight Time) on March 20. This denotes the first day of spring for us in the northern hemisphere. For those living south of the equator in the southern hemisphere, the summer season ends and autumn commences.

Don't forget that Daylight Savings Time starts Sunday, March 14 so remember to turn your clocks forward one hour before retiring to bed on Saturday night.

Clear Skies, Ted Bronson

*Ted Bronson is an avid local astronomer who has been observing the sky since* 1964.



# Generously giving back

### TRIBUNE PHOTO BY MICHELLE MYERS

The older she gets, the more generous Stonewall's Rhea Myers' annual donation to the Children's Hospital Foundation of Manitoba gets. On Feb. 24, the 13-year-old delivered \$2,065 of birthday money along with money raised from the sale of blankets and bracelets she and her friend Ali Thompson made. To add to the donation, friends Kristen McCallum, Malisa Newcombe, Chris Arbez and her mom Michelle Myers also made donations from the portion of sales of their products.

Myers has donated over \$4,500 and many books and movies to the foundation prior to this years' contribution. Myers spent time at the Children's Hospital as an infant and her family is forever grateful to the hospital and is happy to give back and help others.

# **Unique Stony Mountain home steeped in history**

### **By Jennifer McFee**

An article seeking information about a Stony Mountain war hero caught the attention of the residents who live in his former home.

In December, the *Tribune* published an article about Donald Bennett, who was a flying officer in the Second World War. His plane was shot down on Dec. 31, 1944, over The Netherlands. Wim Slangen from The Netherlands was trying to find any living relatives of Bennett, since he and his crewmates were honoured with a memorial in the European country.

Marlene Shattuck knew some of Bennett's family members in the past - and the connection runs even deeper since she and her husband Gerald bought his family's home more than 57 years ago.

"We were newlyweds and we came out to see if there was any property for sale here because we thought we'd like to move to the country. We were city people but my mother-in-law was a Good from Balmoral, so we thought we'd look out here and this place was for sale," Shattuck said.

"This was the Bennett farm and there were about 10 acres for sale. We bought half and my husband's sister bought the other half, so we had the whole area here. The grass was so high we had to get a sickle to cut it. We still have the old barn and chicken coop."

Bennett's sister Marion lived right across from the Shattucks with her husband, George Stethem.

"Marion said he (Donald) was her brother but didn't say too much about him," Shattuck said, adding that the neighbouring couple and their children have since died.

The house itself was eye-catching to the newlyweds, who moved there in 1963.

"This house was really different. It was an old, old house built into a hill, so you'd run up the one side, run



Gerald and Marlene Shattuck purchased the Bennett property as newlyweds.

across the top and then run down the other side. It was small, but as newlyweds we didn't need a big house at the time. We were both working and we figured we could fix it when we needed to," said Shattuck, who estimates that the home was built around 1920.

"The doors from the old house are from the church. We have an oak bannister that's all hand carved from the church that was torn down. My husband designed grain elevators, so he designed a new roofline over the old house to make it blend in. When you go into my kitchen, you're actually going underground because it's built into a hill. The walls are 22 inches solid rock in the old house, so it's very solid."

The Shattucks have created many fond memories at their historical home, including of a pair of ducks that they cared for in the Bennetts' old chicken coop.



**TRIBUNE PHOTOS BY MATTHIEU MEIER** 

The Bennett home includes a set of church stairs and bannister from the 1920s.



Gerald Shattuck designed a new roofline over the existing home but kept the original home and added onto it.

"As a young couple, we thought this it, but we love it out here." home would be great," Shattuck said. "Other people might not have bought

# Free child exploitation digital presentation

#### Submitted by Selkirk RCMP

RCMP Selkirk detachment continues to see child exploitation cases.

As our youth gain more unfettered access to the internet, so too do adult predators. Cell phones, video game consoles and hand-held devices can be exploited by predators online with little risk of detection. Predators will often use flattery, pity, threats, embarrassment and persistence to exploit children online.

Police are asking parents to remain vigilant of their child's online activities and educate them on their online behaviours.

The Canadian Centre for Child Protec-(https://www.protectchildren.ca/ tion en/) offers parents and children strategies and information in being safe online in an ever-changing landscape. Resources in cyberbullying can be found on www.cybertip.ca and www.protectkidsonline.ca.

The Interlake Sexual Exploitation Educators (ISEE) will be holding a free digital presentation on Microsoft Teams on Tuesday, March 9 from 7 to 8 p.m. and Thursday, March 11 from 1:30 to 2:30 p.m. Register with Cheryl at choium@lssd.ca or 204-785-8224.

What Parents & Caregivers Need to **Know About Sexual** Exploitation



# **20** The Stonewall Teulon Tribune Thursday, March 4, 2021 Parker and Poppy changes to meet pandemic demands

Online women's clothing boutique continues to grow

### By Sydney Lockhart

Online women's clothing boutique Parker and Poppy has grown its customer base nation-wide despite many local businesses struggling to make ends meet during the pandemic.

The local St. Andrews business has changed their stock to meet the demands of women working from home.

"I made some adjustments. I have more comfortable options because people were working at home. It was quite a change. Everyone is loving the comfy working-from-home looks," said Kelsey Klassen, owner of Parker and Poppy.

Klassen grew up in Stonewall and now lives in St. Andrews with her husband John Dent.

Klassen started up her company in the summer of 2019 while she was working two part-time jobs, with the aim of making Parker and Poppy, her online women's clothing boutique, a success so she could fulfil her dream of owning her own business.

She financed the company entirely on her own. Today, Parker and Poppy sells women's clothing across Canada.

On the website, Klassen and her twin sister Kaitlyn model the clothing along with her best friend Krista.

The twins modelled a bit as kids but never decided to pursue it further.

"Parker is our nephew and I wanted two words that started with the same letter and I think poppy made it more feminine, so I incorporated it," said 28-year-old Klassen.

She said despite not receiving financial help from the provincial government during the pandemic, her small business is doing fairly well.

"A lot of people now are online shopping so being that my store is online only, I've been able to focus on filling that need and making it as smooth as possible for my customers," she said.

Klassen donates a portion of every purchase to the Winnipeg Humane Society. She decided to do this because she wanted to promote an organization that helps animals.

"I adopted my first pet from the Winnipeg Humane Society. It was a little cat named Nibbles. I was five when I got him," she said.

All of Parker and Poppy's clothing comes from suppliers in Los Angeles but is all chosen by Klassen.

"One day I would love to be able to go down there and visit the suppliers. That is my intention but obviously that can't happen now with the pandemic," she said.

Klassen added that she hopes to be designing her own clothes in the near future and sees it as the next big step for her company. She would be open to men's and children's clothing in the future.

She recently was able to hire her first part-time employee who helps her sort and pack orders once a week.

Every Sunday night, new products are released to her website. Some items sell out that night because people anticipate the new items coming.

Her husband John also helps out with packaging often as the number of orders after a Sunday are too much for one person to move out in a timely fashion.

"John has always been incredibly





TRIBUNE PHOTOS SUBMITTED

Owner of Parker and Poppy Kelsey Klassen models some of her comfy designs along with a spring dress that she sources from Los Angeles.

supportive of this idea of mine, helping me package orders until 2 a.m. and cheering me on every step of the way," said Klassen.

She added that their basement, which was supposed to be his "man cave," is now a full-blown Parker and Poppy warehouse.

Klassen said the most rewarding part of starting her own business is the relationships she gets to create with her customers, many of whom she speaks to on a weekly basis.

"It takes a long time to build trust and a relationship with your customers and that's something that's really important to me," she said.

At the beginning when she was just starting up the business, Klassen said it was difficult to make those connections because nobody knew who Parker and Poppy was.

"I feel like if you have a dream, you should go for it, which is something I learned through starting Parker and Poppy," said Klassen. "I would regret not doing it more than I would trying and failing."

Klassen has articles of clothing for sale on her website: www.parkerandpoppy.com.

# Spring flood risk low across Manitoba

### Staf

The risk of any significant spring flooding is minimal across Manitoba, according to a provincial report released last week.

Manitoba's hydrologic forecast centre's spring thaw outlook described the risk of a major spring high water event as low in most Manitoba basins, although it remains somewhat dependent on weather conditions from now until spring melt.

In the south central region of the province, there were near to below normal flows for this time of year on the Roseau and Pembina Rivers with a low risk of spring flooding on both of those tributaries of the Red River.

"Despite the current risk for high water activity being low this spring, our government remains vigilant and prepared and will continue to monitor watershed conditions across the province," said Infrastructure Minister Ron Schuler.

"Our hydrologic forecast centre provides accurate and timely hydrologic forecasts, and monitors river flows and lake levels daily throughout the year. We have complete confidence that our government is prepared to respond to any potential hydrologic event and ensure the safety of all Manitobans."

Due to below normal soil moisture at freeze-up and below normal to well-below normal winter precipitation levels, the risk of major spring high water activity is low for all southern and central Manitoba basins. The centre also reports the Red River floodway is not expected to be operated under normal and favourable future weather scenarios.

Minimal operation of the Portage diversion is also expected to reduce ice related damages on the lower Assiniboine River, while the Shellmouth reservoir is currently at its optimal level to meet water supply needs while also providing enough storage for spring high water protection.

Manitoba's Emergency Measures Organization will be organizing a series of spring conditions seminars for local authorities and emergency services personnel with the latest forecasts on water levels for the major water systems in the province, noted Schuler.

The virtual sessions include one Monday from 9 to 11 a.m. for the Red River Valley and tributaries and another Tuesday also 9 to 11 a.m. for the Assiniboine and Souris rivers and tributaries and Central Manitoba. The Hydrologic Forecast Centre plans to release a second spring thaw outlook in late March.

# Fishermen warning of carbon monoxide danger

#### By Nicole Buffie

Fishers on the Red River and Lake Winnipeg are urging caution while keeping warm with portable heaters after an accident that left a Manitoban couple dead while ice fishing.

A man and woman were found unresponsive in an ice fishing tent on the Red River on Jan. 30 and were later pronounced deceased in hospital. RCMP believe carbon monoxide, dubbed "the silent killer," played a role in the accident.

Rick Gergatz, a member of the Lake Winnipeg Ice Report and 20-year ice fishing veteran, said harm and poisoning can happen quickly.

"In the air you breathe, there's carbon dioxide, and there's about 400 parts per million and you can probably take 5,000 parts per million before it has any kind of effect to you," said Gergatz. "But when it's carbon monoxide, it can be as low as 50 parts per million [to] affect you, and 100 could kill you."

Fumes generated from portable heaters, which keep ice fishing tents and shacks warm, can quickly build



TRIBUNE PHOTO BY LANA MEIER

Ice fishers are reminded to keep a carbon monoxide detector handy after a couple was found dead in their ice fishing tent on Jan. 30. RCMP believe CO poisoning was a factor.

up in an enclosure causing dizziness, headaches, shortness of breath and death in extreme cases.

Gergatz said with the influx of new fishers looking for outdoor activities amid COVID-19 restrictions, it's important to highlight the dangers of the undetectable gas.

Rick Wur, the fire prevention officer for the Selkirk Fire Department, said while the fatality is the first he's seen of this nature, he urges fishers to stray on the side of caution.

"If it's an enclosed area with no air movement, you don't need very many emissions to cause problems," he said. "If you have some kind of a fuel-burning device that you're bringing inside, you need to have it adequately vented or you're gonna have problems."

Gergatz said even with ventilation in place, if there's not enough air circulation or air flaps on tents freeze it can make for a dangerous situation. He noted that most portable and gas-powered heaters, while meant for outdoor use, are being sold to fishermen without knowledge of the potential dangers they pose.

"When they sell these propane heaters, it says right on the box 'not for internal use, only for external use,'" Gergatz said. "Well, who would use one outside? Everyone uses them inside because it's an easy heat source."

He said it's up to both businesses to educate new fishers on carbon monoxide poisoning when purchasing heaters, as well as manufacturers to have warning labels on packaging.

In an effort to bring awareness to the issue, Gergatz gave away carbon monoxide detectors to fishermen on his Facebook page and encourages all fishers to have one in their tackleboxes for the next time they head out on to the ice.

"Even if you're just out for the day or fishing in an enclosure for the day: have the flaps open, get some fresh air into the place, and have a carbon monoxide detector with you," he said.

# **Province issues third round of Manitoba Bridge Grant payments**

#### Submitted by Manitoba government

The Manitoba government is increasing its budget for the Manitoba Bridge Grant and making a third round of payments to help protect businesses in the province from the impacts of COVID-19, Premier Brian Pallister announced Tuesday.

"As the pandemic and public health orders continue to impact businesses, we are increasing our budget by \$15 million for the Manitoba Bridge Grant to help create a bridge for businesses through this challenging time," said Pallister. "We are focused on creating an environment for a sustained reopening of our economy so that businesses can reopen safely and stay open. We continue to work side-byside with all businesses to help them get back to doing what they do best – create jobs for Manitobans and offer the services Manitobans rely on."

Through a third round of payments, the province will provide up to \$67 million in immediate support to eligible small and medium-sized businesses, not-for-profits and charities impacted by the #RestartMB Pandemic Response System. This brings the total program investment to \$215 million, which is \$15 million above the province's original commitment of \$200 million. The province has also extended the Manitoba Bridge Grant application deadline until March 31.

Eligible businesses that received a first and second bridge grant payment, each worth up to \$5,000, will automatically receive a third equal payment beginning as early as Friday, March 5 and will be notified of the deposit via email. New program applicants will be eligible for a one-time immediate payment to a maximum of \$15,000.

"This additional payment will help cover the impact of public health orders on operating costs pending the careful reopening of our province, as well as help businesses with reopening costs as we safely loosen public health orders," said Pallister. "We recognize and appreciate the sacrifices our business community has made to keep all Manitobans safe and the crucial role it plays in our safe reopening plans."

The province created the Manitoba Bridge Grant in November 2020 to provide \$5,000 upfront to businesses, not-for-profits and charities directly affected by public health restrictions and temporarily ordered to close their storefronts to the public. It expanded the program Dec. 8, 2020, to support home-based businesses indirectly impacted by public health orders, offering up to \$5,000 based on 10 per cent of their most recent calendar year revenues. The province expanded program eligibility Jan. 8 to include hotels, resorts, lodges and outfitters, travel agencies, janitorial services companies and owner/operators of licensed passenger transportation businesses that saw demand for their services impacted by public health orders.

To date, the Manitoba Bridge Grant program has paid approximately \$134 million to 14,775 eligible applicants. This includes approximately \$117 million to more than 11,700 storefront businesses and organizations, and \$17 million to more than 2,400 home-based businesses.

More information about the Manitoba Bridge Grant is available at:

www.gov.mb.ca/covid19/programs/ bridge-grant.html.

Businesses that require assistance in completing the online form can contact Manitoba Government Inquiry at 204-945-3744 or 1-866-MANITOBA (1-866-626-4862).

# **Rockwood council news in brief**

### By Jennifer McFee

• At the Feb. 24 committee of the meeting, Rockwood council heard from recreation facilitator Laine Wilson, who presented a report about the proposed disc golf course in Stony Mountain. She also reported on a proposed Trails Manitoba project to connect Stonewall to Stony Mountain via the old railway tracks.

• The Stony Mountain Community Association is asking for a total of \$3,000 through the RM's grant program. These funds would be used towards the family festival and Canada Day events, the minor soccer program, summer ball hockey, the Stony Mountain Run, Remembrance Day service, and ball diamond fencing extension. For several other projects, the community association seeks the RM's permission and other minor help.

• Council also discussed a bylaw to prepare and adopt an emergency preparedness plan.

# Sportsærecreation INSIDE > OUTSIDE > UPSIDE DOWN Einarson captures back-to-back Scotties

By Ty Di Lello

Back-to-back Scotties champs! That sure has a nice ring to it for Gimli's Kerri Einarson and her team of Val Sweeting, Shannon Birchard and Briane Meilleur.

Kerri Einarson (Team Canada) will hang onto the championship trophy for another year after defeating Team Ontario (Rachel Homan) on Sunday night by a nail-biting 9-7 scoreline at Calgary's Olympic Park.

"It means the absolute world to be able to repeat. It's hard to do and hasn't been done since 2014 (by Homan). So to do it again, playing against all these amazing teams, is really hard. I'm just so proud and honoured to be able to wear the Maple Leaf again," said Einarson.

"We were definitely determined to repeat. We missed out on going to worlds (cancelled by the COVID-19 pandemic), and we were just so happy to be able to have this event under these circumstances. For Curling Canada to make it happen was amazing, and we're just absolutely honoured to be here right now."

In the championship final, Einarson led the way after cracking a big three on Team Homan in the fifth end to take a 5-3 lead. Homan fought back by stealing two in the ninth end to level the game, but in the final end, Einarson didn't have to throw her last rock to capture the National Championship for a second straight year.



TRIBUNE PHOTO CURLING CANADA/ANDREW KLAVER e 2021 Scotties Tournament of Hearts at Calgary's Olympic Park on Sunday

Gimli's Kerri Einarson captured the 2021 Scotties Tournament of Hearts at Calgary's Olympic Park on Sunday night. Pictured left to right: Kerri Einarson, Val Sweeting, Shannon Birchard and Briane Meilleur.

"We just really had fun," said Einarson. "We didn't put any pressure on ourselves. We just went to go out, relax, do our thing and not worry about anything else happening around us or feeling the pressure of being Team Canada. And I think we did an absolutely amazing job of not putting



Kerri Einarson's team celebrates their national championship minutes after their win.

pressure on ourselves to feel that we had to repeat. We just enjoyed every moment."

It's fitting that a Manitoba team won the event. After all, there were five teams from the keystone province competing at the championships.

Altona's Mackenzie Zacharias was one of the week's big stories, making a highly anticipated women's debut after winning last year's World Junior Championships. The Altona foursome finished with a 3-5 record and just missed out on the championship pool.

Despite not advancing, Zacharias was pleased with her team's performance in their inaugural Scotties.

"We want to come back for more. We didn't accomplish everything that we wanted to this week, so we're going to be hungry to get back here next year," said Zacharias.

"We learned a lot this week. We pushed ourselves right from the beginning, had a couple of tough games, and learned from them, and then tried to get some wins later in the week."

One of the other stories of the week was the play of Assiniboine Memorial's Beth Peterson, with Morden's Katherine Doerksen throwing second stones. The Peterson rink upset some of the top rinks and advanced to the championship pool. They wound up finishing fifth in the event with a 7-5 record and narrowly missed out on the playoffs.

St. Vital's Jennifer Jones finished with a 9-3 record. They lost out to Alberta's Laura Walker in a tiebreaker on Sunday morning. Closing out the Manitoba teams was East St. Paul's Tracy Fleury, skipped by Chelsea Carey, who finished their week with a 6-6 record.

Unfortunately, Einarson won't get to represent Canada on the international stage this spring at the World Championships as for the second straight year, the event has been cancelled. However, Team Einarson will return to the 2022 Scotties Tournament of Hearts in Thunder Bay, Ont., as Team Canada and will be looking to three-peat.

There's good news for fans looking for more curling to watch as the Tim Hortons Brier will begin this Friday night with 18 teams across Canada competing in the Calgary bubble. Representing Manitoba will be Morris's Jason Gunnlaugson and West St. Paul's Mike McEwen.

# Sportsærecreation INSIDE > OUTSIDE > UPSIDE DOWN Einarson MJHL career comes to an end

#### By Brian Bowman

When the Manitoba Junior Hockey League announced the cancellation of the remainder of the 2020-21 season last month, a lot of players were obviously disappointed.

But the 20-year-old players in their final year of Junior "A" hockey were the most disappointed.

Gimli's Jack Einarson falls into that category.

"It was tough news for everyone, especially the 20-year-olds in their last year," said Einarson last Sunday afternoon."But, in the bigger picture, it was the right thing to do for the safety of everyone."

Einarson was off to a terrific start with four goals and 11 points in nine games.

"I was feeling good about my game," he said.

Team-wise, Virden burst out of the gate with an impressive 8-0-1-0 record. The Oil Capitals' lone loss was a 2-1 overtime decision to the Portage Terriers

"We were rolling from the start," Einarson said. "We were looking good. It's just unfortunate for it to end like that. We had a lot of vets, our top six, we had five 20-year-olds so we had a lot of scoring from there and we had good defencemen and one of the best goalies in the league (Kyle Kozma).

"We had a pretty deep team, overall."

Last season was a breakout year for Einarson as he sniped 20 goals and had 52 points.

"I got some confidence over the last year," said the former Interlake Lightning.

Einarson really enjoyed his time in the two-plus years he spent in Virden.

"It was awesome, they have one of the best fan bases in the league," he said. "My billets were awesome to me and when you see people in the community, they are always nice to you."

Einarson plans to go to school at the University of Manitoba in the fall and try out for the Bisons. If he doesn't make the Bisons, he has the option of playing for the Manitoba Major Junior Hockey League's



TRIBUNE PHOTO SUBMITTED

Virden Oil Capitals' forward Jack Einarson was off to a great start this season, scoring four goals and producing 11 points in nine games. But the Gimli product has played his final Junior 'A' hockey game after the MJHL decided to cancel the 2020-21 season on Feb. 12.

Stonewall Jets or senior hockey.

Wherever he ends up next year, that team will be getting a great hockey player.

Oil Capitals' head coach Tyson Ramsey had high praise for Einarson, who was one of Virden's two cocaptains this season.

"Over the last couple of years, Jack has developed into one of the best players in the league," Ramsey said."Over the last two years, he really gained some confidence and matured, both off the ice and in his game."

Einarson was an easy choice to wear the "C" on his sweater this season.

"I can't say enough good things about Jack as a player and a person," Ramsey said. "Jack's a quiet guy, he's pretty reserved, but his leadership was what he did on the ice. We're certainly going to miss him."

# MJHL announces fifth annual prospect development camp

#### From the MJHL website

The Manitoba Junior Hockey League officially announced that the fifth annual Prospect Development Camp will take place in Winnipeg at the Seven Oaks Arena Complex from July 14 to 18.

The Prospect Development Camp is by invite only, geared towards current MJHL prospects born in 2004 and 2005 who are eligible to play in the MJHL for the upcoming 2021-22 season.

"The MJHL Prospect Development Camp provides the next generation of MJHL players with the knowledge and resources to be successful both on and off the ice, an experience of what playing in the MJHL is all about, and the platform to showcase themselves to coaches and scouts from all levels of hockey," said MJHL commissioner Kevin Saurette. "This event continues to grow in stature, both on and off the ice, and we are excited to host this important league event once again this summer. When you look across the MJHL right now, many current players have participated in this camp with many more having already moved on to higher levels of hockey through this camp and a year in the MJHL," Saurette concluded.

The camp activities will emphasize the elements these players will need to focus on to transition successfully from elite minor hockey to Junior "A" hockey.

In addition to MJHL coaches/scouts, each year the camp is highly attended (in-person or virtually) by scouts from higher levels of hockey including the WHL, USHL, NCAA, U Sports and the NHL, providing an amazing opportunity for players to further showcase their abilities.

Players will receive on and off-ice skill development led by experienced professionals in their respective fields. The on-ice program will consist of skill and practice sessions along with modified games/scrimmages. The off-ice portion will cover elements related to athleticism and mental skills, as well as the technical and tactical skills required to play in the Manitoba Junior Hockey League.

The MJHL will continue to monitor and adjust to public health orders leading up to the planned event in July.

Please stay tuned for upcoming camp announcements including event schedule and rosters.



Dated at the Town of Stonewall this 17th day of February A.D. 2021, and issued pursuant to Section 318 of The Municipal Act.

> Wally R. Melnyk Chief Administrative Officer Town of Stonewall 204-467-7979 | wmelnyk@stonewall.ca

Please join us!



# Interlake **Uraphics**





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working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.



# **ANNUAL PUBLIC MEETING**

### March 18, 2021 4:00 pm to 5:00 pm

The College of Midwives of Manitoba hosts a public meeting once a year. This meeting provides an overview of the College and a chance for Q & A.

Join this year's online meeting at www.midwives.mb.ca/site/events For more information email admin@midwives.mb.ca

## **FARMERS & RANCHERS**

Plan to attend the **Complete Herd Dispersal for** T.S. Johnson & Sons LTD.

Wednesday, March 10, 2021

**Following the Feeder sale** 

Sale consists of 150 Bred Cows

50% Black, 40% Red & 10% Mixed (Approximate age of cows - 5 to 10 yrs) Bred Charolais or Angus (Blacks and Reds) Calving April 20th Full herd health program

For more info contact: Halmar Johnson - (204) 642-2572 Buddy Bergner - (204) 768-0018 Kirk Kiesman - (204) 768-0019 Ashern Auction Mart - (204) 768-2360 (License #1128)

guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/ HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com.

SHOP LOCAL and help your local economy

# **Rural Municipality of Woodlands REQUEST FOR QUOTES**

Proposals will be received by the Rural Municipality of Woodlands for the following:

- Pumping out of septic tanks within the Community of Warren and the Community of Woodlands on an annual basis. The Contract will commence May, 2021 for a three year term.
- There are approximately 325 tanks to be pumped out in Warren and approximately 10 tanks to be pumped out in Woodlands. The annual pump out will commence May 15 with completion by September 30. Pump outs to be conducted between the hours of 8:00 a.m. and 8:00 p.m.
- The contractor will be required to enter into an agreement with the Rural Municipality of Woodlands.
- Details of the agreement are available at the R.M. of Woodlands Office. Please call (204)383-5679 to arrange to obtain a copy of the agreement.

Sealed quotes can be in mailed to Municipal Office or left in the Municipal Office Dropoff Box, on or before March 18, 2021. R.M. of Woodlands, Box 10, Woodlands, MB. ROC 3H0. Please record "Septic Tank Pumping Agreement" on the outside of the sealed envelope.

# THE RURAL MUNICIPALITY OF ROCKWOOD SEASONAL PUBLIC WORKS MAINTENANCE / EQUIPMENT

**OPERATOR EMPLOYEE** 

The Rural Municipality of Rockwood invites applications for the position of Public Works Maintenance / Equipment Operator Employee (Seasonal).

Under the direction of the Manager of Public Works, the position will be required to assist the Public Works Department and perform general municipal related work.

**QUALIFICATIONS** – Transportation Maintenance / Equipment **Operator Employee (Seasonal):** 

- 1. Valid Province of Manitoba Driver's Class (5) Licence (Class 3 preferred) 2. Experience in a Public Works related field would be an asset
- 3. Good interpersonal skills to deal with the public
  - 4. Knowledge in the operation and maintenance of different equipment (tractor/mower, grader, tandem, loader)
  - 5. Mechanically inclined
  - 6. Ability to work under minimal supervision
  - 7. Available from June November (Length of term is weather dependant) 8. Salary Range \$18.28 - \$21.19/ Hr - dependent on qualifications

Applications should be marked "Application for Public Works Employment" and must contain a cover letter and full resume with three references

Forward applications to the undersigned no later than 1:00 p.m. on Wednesday, March 31, 2021.

Attention: Ian Tesarski – Director of Operations Rural Municipality of Rockwood Box 902, 285 Main Street, Stonewall MB ROC 2Z0 Telephone No. 204-467-2272 E-mail Address: ian.tesarski@rockwood.ca

Thank you to all applicants for your interest, however, only candidates selected for interviews will be contacted.



Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
84730	LOT 7 BLOCK 1 PLAN 19934 WLTO IN NORTH 1/2 22-14-2 WPM - 304 PARKER STREET	L -\$29,300 B -\$134,700	\$9,149.9
218200	PARCEL 1: THE SE 1/4 OF SECTION 12-14-1 WPM EXC WATER CONTROL WORKS, PLAN 14431 WLTO - 79066 MERIDIAN ROAD	L -\$553,500 B -\$158,100	\$21,281.9
218300	PARCEL 2: THE SW 1/4 OF SECTION 12-14-1 WPM EXC OUT OF PARCEL 2, ALL THAT PORTION CONTAINED WITHIN THE FOLLOWING LIMITS: COMMENCING AT A POINT IN THE WESTERN LIMIT OF SW 1/4 DISTANT NLY THEREON 680 FEET FROM THE SOUTHERN LIMIT OF SAID SW 1/4 THENCE ELY, PARALLEL WITH SAID SOUTHERN LIMIT, 335 FEET THENCE WLY, PARALLEL WITH SAID SOUTHERN LIMIT, 500 FEET THENCE WLY, PARALLEL WITH SAID SOUTHERN LIMIT, TO SAID WESTERN LIMIT THENCE SLY, ALONG SAID WESTERN LIMIT, TO THE POINT OF COMMENCEMENT	L -\$475,700	\$12,205.8
227425	LOT 1 PLAN 28864 WLTO EXC ALL MINES AND MINERALS AND OTHER MATTERS, TOGETHER WITH THE RIGHT TO ENTER AND REMOVE THE SAME AS MORE FULLY SET FORTH IN TRANSFER NO. 88632 WLTO IN SE 1/4 31-14-1 WPM - 83048 ROAD SW	L -\$18,600 B -\$248,500	\$10,602.1
234800	THE SE 1/4 OF SECTION 12-15-1 WPM SUBJECT TO THE RESERVATIONS AND PROVISOES CONTAINED IN THE GRANT FROM THE CROWN	L -\$56,100	\$2,892.7
234900	SW 1/4 12-15-1 WPM EXC RAILWAY PLAN 2171 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOES CONTAINED IN THE GRANT FROM THE CROWN	L -\$39,400	\$2,507.0

PM, at Rural Municipality of Woodlands, 57 Railway Ave, Woodlands,

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not vet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Rural Municipality of Woodlands as follows:
  - i) The full purchase price if it is \$10,000 or less; OR
  - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
  - iii) A fee in the amount \$309.75 (\$295 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.

• The risk for the property lies with the purchaser immediately following the auction.

- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 25th day of February, 2021. Adam Turner Chief Administrative Officer Rural Municipality of Woodlands Phone: (204) 383-5679

Fax: (204) 383-5169



Managed by:





will be available to answer questions.

We look forward to you joining us on Wednesday, March 10, 2021 at 7:00 PM Please watch our website interlakesd.ca for an invite to this virtual meeting.

Drop resume in person to 38 Main Street or email Selktire@mts.net

# Announcements Tribune

# ook Your Classified Ad Today - Call <u>467-5836 or Email classifieds@stonewallteulontribune.ca</u>

BIRTHDAY



Let's Make Some Noise! Happy 65th Birthday Danny K on Sunday, March 7th -With love, vour familv

BIRTHDA



Happy 90th Birthday Muriel Taplin March 7, 2021 Wishing you health and happiness. -Love from your family

#### **CARD OF THANKS**

Thank you to Brandt McKillop and ReMax Town and Country on the sale of our home. First class man. First class.

-Carl and Fran Paulsen





**Denton Page** September 9, 1951 - March 6, 2020 Sometimes I just sit quietly Reflecting for awhile; Imagining your voice, your face Your warm and loving smile. For it's so nice to recall The happy times we shared; The jokes and the laughter Always knowing each other cared. And at this very special time I only wish you knew; That I'd give the entire world For one more hour with you. I love you very much And miss you more.

-Karen

N MEMORIAN



**David Fairlie** March 20, 1948 - March 8, 2019 In loving memory of a dear husband, father, Grampa and friend A smile for all and a heart of gold, One of the best this world could hold; In our hearts you'll forever remain, Guiding us on 'til we meet again. -Lovingly remembered, Barb and family









Vernon Hugh Appleyard It is with great sadness, that we announce the peaceful passing of Vernon Hugh Appleyard on Friday, February 26, 2021 at his home in Stonewall, Manitoba with his wife Darlene at his side. A virtual Funeral Service will be held, Saturday, March 6, 2021 at 1:00 p.m. on Vern's obituary page at mackenziefh.com Longer obituary to follow.

MacKenzie

MACKENZIE FUNERAL HOME STONEWALL (204) 467-2525 • info@mackenziefh.com

#### OBITUARY

George Ledochowski Peacefully on Saturday, February 27, 2021 at the age of 89, Dad Passed away at Goodwin Lodge with his daughter Roxane at his

side. A full obituary will follow in Saturday's Free Press and next

week's local papers.

KEN LOEHMER 204-886-0404

#### OBITUARY

**Donald Gulewich** 

January18, 1939 - February 10, 2021 Predeceased by his wife Grace Gulewich, and survived by many siblings, children, grandchildren,

great-grandchildren, and loved by many. He had long careers at both Domtar and later Stony Mountain Penitentiary where he spent 40 years as a boiler engineer. Although he never truly retired. He was a man that could never sit still, and his many hobbies and accomplishments are proof of that. Throughout his life he was a farmer, a beekeeper, competitive shooter, a greenhouse owner, and had race horses at the Assiniboia Downs with his wife. His latest venture and passion over the last couple years was his lumber mill. He also loved hunting, carpentry, tinkering with anything he could get his hands on, and music. He could frequently be found strumming away at his guitar while singing a country song.

He was also truly a family man whose house was always filled with jokes, laughter and generations of happy children. His adoration and dedication to his family was evident to all.

His love for life and selflessness was inspiring. His smile contagious. He will be dearly missed, but always remembered by all those who had the privilege to know him. A celebration of life will be held at a later date.

#### OBITUARY

Gary Darwin Dreyer February 24, 1940 - February 20, 2021

With sadness we announce the passing of Gary Darwin Dreyer of Warren, MB. on Saturday, Feb. 20, 2021 at Rosewood Lodge P.C.H. in Stonewall, MB.

Survived by his beloved wife Mickey; son Brandon; granddaughter Emily and her Mom Tracey. As per his wishes, cremation has taken place and no service will be held. He will be missed.

KEN LOEHMER 204-886-0404

Your memory will live forever Engraved within our hearts

OBITUARY

28 The Stonewall Teulon Tribune Thursday, March 4, 2021

