



JUST LISTED

153 MEMORIAL BLVD STONY MOUNTAIN
\$399,500 STUNNING ONE OF A KIND!
 3 BEDS, 3 BATHS, SUNROOM
 CONTACT MEAGAN

INVESTMENT OPPORTUNITIES



WOODLANDS TRAILER PARK
\$621,500 4BEDS, 3 BATH, 1947 SQ/FT
THIS HOME HAS ALL THE EXTRAS!
"PLUS THE PARK" CONTACT MEAGAN



EXCELLENT EXPOSURE ON A CORNER LOT IN TEULON \$175,000
UNLIMITED POTENTIAL
CONTACT RYAN FOR DETAILS



1 HOGG AVENUE WOODLANDS, MB
\$170,000 3300+ SQ/FT, SHOP SPACE,
OFFICE SPACE, OVERHEAD CRANE!
CONTACT RYAN FOR DETAILS



THE MCKILLOP TEAM
RE/MAX TOWN & COUNTRY



McKillop Team HOME WARRANTY
CUSTOMER COVERAGE \$15,000

Contact us for your **FREE** Spring Seller Kit
Call 204-467-8000
View at mckillop.ca

VOLUME 9 EDITION 8

Stonewall Teulon Tribune

THURSDAY,
FEBRUARY 22, 2018

SERVING STONEWALL, BALMORAL, TEULON, CUNTON, NARCISSE, INWOOD, LAKE FRANCIS, WOODLANDS, MARQUETTE, WARREN, ARGYLE, GROSSE ISLE, ROSSER, STONY MOUNTAIN, ST. LAURENT & KOMARNO



Celebrating culture

TRIBUNE PHOTO BY LANA MEIER

Oak Hammock Marsh volunteers Chris Herc, left, and Brittani Schick take a moment to rest while on a snowshoe adventure through the marsh during Voyageur Day activities this past Monday.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



TEULON - \$249,900 BEST KEPT SECRET
 in Town 3 bdrm/2 bth; 1100sqft, gorgeous park like setting; private; Well Maintained and spacious. 3 car garage; heated workshop; massive yard; storage shed



TEULON \$439,900
 THINKING OF BUILDING??? DON'T DO IT ... UNTIL YOU FEAST YOUR EYES ON THIS AWESOME 2494 sqft 4 bdrm 3 bth home w/full bsmt and insul oversized garage on secluded ¼ ac **THE PRICE WILL MOVE YOU!!**



TEULON \$519,000
SCANDINAVIAN RETREAT ON 40 ACRES This impressive custom built 2050 sf 3 bdrm 2 bth home offers exquisite detailing and infrastructure not found in many homes today! Wall to wall windows in the great room overlook wrap around veranda and picturesque pond. **IF YOU'RE LOOKING FOR A PRIVATE SHANGRI-LA...THIS IS IT!!**



TEULON - \$398,000
FRENCH COUNTRY ELEGANCE MEETS PRAIRIE CHARM!
 In this Drop Dead gorgeous 3 bdr 1.5 bth impeccably renovated home w/bsmt AND an insul & htd SHOP. On 10 pastoral ac on the edge of town. **HURRY!!**



Celebrating 65 Years

The
Claudette GRIFFIN Group

Past Director - Winnipeg Realtors®
 Past Chair - Professional Standards

L.J. BARON
Realty
EST. 1953

A Real Estate Boutique Practice with Concierge Service

Selling the Interlake
 one Yard at a time

204-886-2393 Toll Free 888-629-6700 baron@mts.net www.ljbaron.com



TEULON - \$229,900
 Own this affordable home & acreage you always wanted. Well-built 1000 SF 3 BR bungalow w/ full basement on private yard site with 67 acres.



BALMORAL \$389,900
DREAMS DO COME TRUE!
 A 2242 sq ft 3 bdrm 2 bth home w/att garage for the family and a 60.5x28.5 garage/wrkshp, a 40 x 32 Quonset and a variety of outbuildings for the man of the house. On PRIVATE 1.65 ac. **YOU HAVE TO SEE THIS TO BELIEVE WHAT OPPORTUNITIES THIS PROPERTY OFFERS.**



WOODLANDS. WANT TO FOOL AROUND? Then you'll have fun on this 5 acres featuring 32x60 insul barn & 32x32" shop. The 2092 sf home w/bsmt feat 27x36 great rm with skylights and hot tub are just a few of the many features. **A MIGHTY PURTY SPREAD !! \$389,900.**



GROSSE ISLE - \$439,900 PRIDE OF OWNERSHIP, STUNNING 2042 sf 3 bdrm 3bth home w/bsmt on PRIVATE 1.9 acres 24 x 20 shop; this one won't last long - **MAKE IT YOURS!**

Families celebrate Louis Riel Day at Oak Hammock



TRIBUNE PHOTOS BY LANA MEIER

A number of families took in Voyager Day activities at Oak Hammock Marsh this past Monday celebrating Louis Riel Day. Pictured from left: William and Hannah cook bannock over the open fire with their mom and dad while Freya enjoys bannock with her dad. Louis Riel was a passionate Métis leader. He was a catalyst in the events that occurred making Manitoba become Canada's fifth province and joining confederation in 1870. Louis Riel had a dream of a civilized world that embraces all cultures. This dream is celebrated by all Manitobans on Louis Riel Day with many celebrating cuisine, culture and tradition.

Ignite Retreats to host momondays

Staff

Ignite Retreats has embarked on a new venture to provide inspiration combined with entertainment.

Based in the Teulon area, Ignite Retreats focuses on programs that help people improve their lives, including coaching opportunities for individuals, businesses and couples.

In their latest venture, owners Maurice and Tracy Thibodeau have taken over "momondays Winnipeg" as the hosts and producers.

This nationally branded event, currently

hosted in 15 cities, features personal storytelling in an entertaining evening. Winnipeg's event continues to draw the largest crowd, with audiences filling the seats at Celebrations Dinner Theatre on the designated Monday nights.

The Thibodeaus' first show will be at Celebrations Dinner Theatre on March 5, when they take over from radio host and motivational speaker Stephanie Staples. For more information about momondays Winnipeg, visit www.momondays.com/winnipeg.



Tracy and Maurice Thibideau



What are you saving for?
Discover your path to financial security. Let's talk.

 Versatile Portfolios NAVIGATOR

 **the co-operators®**
A Better Place For You®



Inview Insurance Services
344 Main St | Stonewall
204-467-8927

www.cooperators.ca/Inview-Insurance-Services

Home Life Investments Group Business Farm Travel

Not all products available in all provinces. Versatile Portfolios Navigator™ is offered by, and is a registered trademark of, Co-operators Life Insurance Company. Versatile Portfolios Navigator™ provides guaranteed benefits which are payable on death or maturity. No guarantee is provided on surrender or partial withdrawal in respect of Units acquired in the Segregated Funds.

Rockwood reeve won't be running in upcoming election

By Jennifer McFee

Rockwood Reeve Jim Campbell has decided that he won't be running in the upcoming municipal election — but he doesn't rule out the idea of running again in the future.

Campbell has served the community for the past 16 years, with eight years as a councillor followed by another eight years as reeve.

"I have been very fortunate to have had the opportunity to work with such dedicated, passionate, members of council for my four terms," he said. "And I could not have asked for better employees."

Although he has enjoyed his time in both roles, he feels ready to hand over the reins after the Oct. 22 election.

"I have found it very rewarding. It is so interesting to meet new people, work with different levels of govern-

ment and different teams to get things accomplished. I have established a good rapport with them and with other municipalities that I hate to give that up, but maybe it's time for someone else to take a shot at it," Campbell said.

"We have so much exciting stuff happening right now in Rockwood, with the capital region, with forming a development corporation and looking into a feasibility study for high-speed fibre optics to the whole municipality. There are exciting things down the road, and I wish I was there to help secure that, but I can't divide myself up as much as I used to."

Campbell encourages others to get involved and to put their name on the ballot for the RM of Rockwood.

"I would like to host a couple informational evenings with the reeve and

council, for anybody who is considering running or anybody who would like to know more about what's involved," Campbell said.

"I would like to get as many people's names on the ballots as possible. I hope to let them know a little bit about the rewards of the role, as well as the responsibilities and commitments. I encourage people to find out what it's all about and to put their name on there."

As for Campbell, he's looking forward to new opportunities on the horizon.

"I'm probably going to take some time to reintroduce myself to family and friends," he said with a laugh.

"With some of the relationships that I've established over the years, I've had a couple of other offers that I might look into. And who knows



Reeve Jim Campbell

— I might want to try running again someday and see if the ratepayers will take me back."

Local skaters go toe to toe



TRIBUNE PHOTOS BY KELLY KIMBALL
Lucy Hoff, left, and Cameron Nesbitt, middle, each scored a silver in Star 2 Freeskate while Kennedy Kimball scored a bronze in Star 2 Freeskate at the Manitoba open in Portage la Prairie last weekend.

We are here to make a difficult time easier for your family.

MacKenzie
FUNERAL HOME

204-467-2525 • info@mackenziefh.com

The People's Corner Law Office

- Real Estate
- Wills & Estate Litigation
- Divorce, Custody, Support & Agreements

www.peoplescornerlaw.ca
(204) 691-5969

Affordable legal advice and services for every person and every budget

Gauthier
Cadillac BUICK GMC

2400 McPHILLIPS ST.
Call
JERRY VANDE
Sales Manager
Ph: 204-633-8833
SHOP ONLINE AT
WWW.JIMGAUTHIERGMC.COM

We're
EXPANDING
in Stonewall
to service your Real Estate needs

COME WELCOME OUR NEWEST AGENT
NANCY DILTS!

Royal LePage Dynamic Real Estate
is Excited to Welcome
NANCY DILTS, REALTOR®

Stop in at 360 Main Street to meet Nancy, or call her direct at (204) 461-3258 and let her professionalism, integrity and passion for Real Estate move you.

RESIDENTIAL COMMERCIAL & FARM REAL ESTATE

ROYAL LEPAGE

Dynamic Real Estate
INDEPENDENTLY OWNED AND OPERATED
204-467-2455 | 360 Main St. Stonewall, MB

RW Bobby Bend students placed in a "hold and secure"

Busy Friday for Stonewall RCMP

By Jennifer McFee

Stonewall RCMP had a busy start to the long weekend with back-to-back calls over the lunch hour on Friday.

On Feb. 16 at 11:31 a.m., officers were dispatched to the RM of Woodlands office where a 37-year-old man had poured gasoline all over himself and was threatening suicide.

By the time the members arrived, the man had already left the RM office, but they located him at his home in Woodlands. At that time, the man said that he had accidentally poured gasoline on himself and was not contemplating suicide.

RCMP officers arrested the man, who was intoxicated. They brought him back to the Stonewall detachment office, arriving at about 12:40 p.m. Charges are pending for failing to comply with an undertaking since he had previously been arrested for disturbing the peace. The man is currently in custody.

Meanwhile, Stonewall RCMP was also dispatched to Ecole RW Bobby Bend School at 12:19 p.m. because a man had entered the school asking for help. Since the man was unknown to school staff, they activated the "hold and secure" protocol.

Stonewall RCMP arrived at the school at 12:54 p.m. Cpl. Chris Fearn said the man was not intoxicated, although he had been drinking the night before and he was upset about a domestic situation.

"He was non-violent. He was just talking to the principal," Fearn said. "He told me he thought it was the hospital. He wanted to talk to somebody."

RCMP members picked up the man and transported him home to Peguis.

Ecole RW Bobby Bend principal Greg Ross sent a letter to parents to inform them about the situation.

"I spent approximately one hour in my office with the individual waiting for help to arrive," he wrote, "and at no time did I feel that our school body or myself were in danger."

He said that they had coincidentally just practised their lockdown procedures the previous day and emphasized the importance of practising precautionary measures.

"Again, please be aware that the safety of both students and staff is paramount," he wrote, "and in no way did I feel that individuals within our school population were at risk."

École R. W. Bobby Bend School

377 - 2nd Avenue North
Stonewall, Manitoba R0C 2Z0
Phone: (204) 467-5537
Email: rwbb@isd21.mb.ca



Greg J. Ross
Principal
Sascha Epp
Vice-Principal

February 16, 2018

Dear Parents/Guardians,

Today at approximately 12:00 pm an individual entered our school asking for help. The individual was clearly in need of assistance, and as the person was unknown to us, we activated our "Hold and Secure" protocol. I spent approximately one hour in my office with the individual waiting for help to arrive, and at no time did I feel that our school body or myself were in any danger. The RCMP arrived at approximately 1:00 pm and escorted the individual to their cruiser and then left.

Coincidentally, we had just practiced our lock down procedures yesterday, and that is why we practice precautionary measures.

Again, please be aware that the safety of both students and staff is paramount, and in no way did I feel that individuals within our school population were at risk.

Should you have any questions or concerns, please do not hesitate to call me at the school.

Sincerely,

Greg Ross
Principal

TRIBUNE PHOTO SUBMITTED

RW Bobby Bend principal Greg Ross sent a letter home with all students explaining the Hold and Secure incident last Friday.

Embassy Tours & Globus

It's Your Time to Travel!

PRESENTATION - March 1, 6:30 pm

Featuring Three 2018 Fly/Coach Guided Tours

Newfoundland & Labrador - Aug 6-17

Irish Explorer - Sep 1-10

Cities of the Great East (Washington, Boston, New York) Sep 22-29

Location: Henderson Library 1-1050 Henderson Hwy.

Please
R.S.V.P.



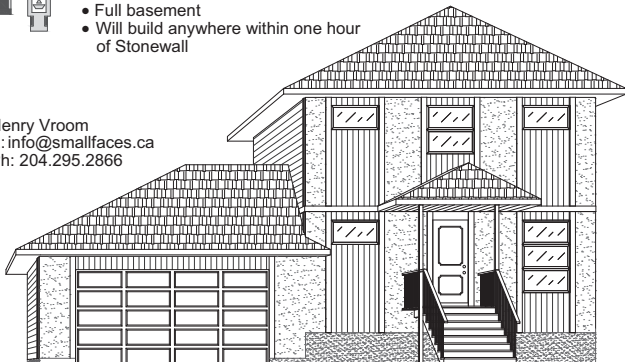
EMBASSY TOURS 757-9383 Celebrating
www.embassytours.ca 1-800-723-8051 26 Years

SUPER-SPECIAL \$275,900!



- 1728 Sq Ft
- 3 bedrooms
- Full basement
- Will build anywhere within one hour of Stonewall

Henry Vroom
E: info@smallfaces.ca
Ph: 204.295.2866



Take care of details so they
don't have to. *Just ask Ken.*

kl
KEN LOEHMER
FUNERAL SERVICES



55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca



ROYAL CANADIAN LEGION
STONEWALL BRANCH - 467-2261 Lic #418

JOIN US FOR
CHASE THE QUEEN
WEDNESDAY NIGHTS
POT IS \$850.50 AS OF FEB 14/18



ALL ARE WELCOME

Do you have a
NEWS TIP?
Or a **STORY** for
our news team?

Stonewall Teulon
Tribune

Is there someone you would
like to see recognized in
the newspaper for their
accomplishments - athletic,
academic or community service.

Call 204-467-5836

Stonewall Teulon
Tribune

What's *Your* story? Call **467-5836**

Feasibility study planned for fibre optics

Rockwood council news

By Jennifer McFee

Fibre optics could be an option in the future for Rockwood residents.

"The municipalities in the capital region have formed a development corporation that is going to do a feasibility study for every one of our municipalities about the feasibility of putting fibre optics to your home," explained Rockwood Reeve Jim Campbell.

"Rockwood will go ahead with the feasibility study, and we are the first group of municipalities doing this together. The business leaders that are part of our development corporation are so excited about what this could mean for the province and the whole capital region."

If the fibre optic network proceeds, residents and business owners would be able to opt in or opt out of the service, which would provide much better Internet capabilities.

"We will not have shovel in the ground by election time, but we are hoping to have the feasibility study started in the next couple months," Campbell said.

"The sweet thing is that this will be owned by the development corporation, which the municipality has interests in. So you're not going to be hamstrung by a corporation that's out



Geoff Reimer spoke about a surface water drainage plan.

there to make money. We're out there to provide a service, so this would be a utility."

In other council news:

- Doug Pickell spoke to council at the Feb. 14 meeting about his concerns regarding the process to include the public in the preparation of the development agreement for a new quarry.

- Brian Gill spoke to council about his concerns regarding the water and garbage rates in Stony Mountain.

- Geoff Reimer provided infor-



TRIBUNE PHOTOS BY JENNIFER MCFEE

Bob Beck and Ross Thompson spoke to Rockwood council on behalf of the Interlake Community Foundation.

mation to council about the potential development of a surface water drainage plan for the RM of Rockwood.

- On behalf of the Interlake Community Foundation, board chair Bob Beck and board member Ross Thompson spoke to council about the organization, which builds permanent endowment funds. Over the past 11 years, the RM of Rockwood has contributed \$44,500 towards the fund. During the same period, the Interlake Community Foundation has granted out nearly \$61,500 from the fund for

projects in Rockwood.

At the end of 2016, the balance was \$157,215. Each year, the group provides about \$35,000 in grants and scholarships, and \$6,000 goes back into Rockwood directly. Annual donations of about \$30,000 come in from individuals as well other foundations and municipalities.

The Interlake Community Foundation is seeking financial or in-kind support from the RM of Rockwood, as well as further promotion and involvement with the organization.

Donations welcome for upcoming garage sale

Staff

Why not start your spring cleaning early — and donate any reusable items for a good cause?

A huge garage sale will take place May 11 and 12 at New Life Church in Stonewall to raise funds for Bethel Rays of Hope Ministries. This non-profit charity operates an orphanage and learning centre in Kisumu, Kenya.

Shoppers can expect the garage sale to be more like a department store, with six rooms jam-packed with trea-

sures waiting to be found by a new owner. Better items will be up for grabs through a silent auction.

Donations to the garage sale are welcome, except for mattresses, electronics and desktop computers.

Anyone who would like to donate can contact Cathy at cathrynmary384@gmail.com.

The garage sale will run on Friday, May 11 from 2 to 7 p.m. and Saturday, May 12 from 9 a.m. to 2 p.m.

Join us for Daily

Lunch & Supper Specials

Banquet room available for special events

ROCKWOOD Motor Inn
390 Main St. Stonewall
467-2354

THE Flicks

CINEMA

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

319 First Street E., Stonewall, Man.
467-8401

**PROGRAM SUBJECT TO
CHANGE WITHOUT NOTICE**
Cash only

**LAST DAYS:
WED & THURS
FEB 21 & 22
AT 8:00 PM**

DARKEST HOUR

Gary Oldman
Lily James
Not Recommended for Young Children **PG**

**FRI-SAT-SUN-MON FEB 23-24-25-26
(CLOSED TUES) AND WED-THURS FEB 28-MAR 1**



PETER RABBIT

Animated & Live

**AT 7:30 pm
EACH NIGHT**

**FRI-SAT-SUN-MON MAR 2-3-4-5
(CLOSED TUES) AND WED-THURS MAR 7-8**



GAME NIGHT

Jason Bateman
Rachel McAdams

Coarse Language; Violence

**AT 8:00 pm
EACH NIGHT**

G

14A

Tribune



PUBLISHER
Lana Meier



SALES
Brett Mitchell



REPORTER/PHOTOGRAPHER
Jennifer McFee



SALES
Stephanie Oland Duncan



SPORTS EDITOR
Brian Bowman



DISTRIBUTION
Christy Brown



PRODUCTION
Nicole Kapusta



PRINT
Dan Anderson



ADMINISTRATION
Corrie Sargent



ADMINISTRATION
Allana Sawatzky



ADMINISTRATION
Tracy Farmer



PRODUCTION
Debbie Strauss



ADMINISTRATION
Jo-Anne Procter

getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

Some people have all the luck

Hi gang.

Around the middle of last week, I got the feeling it was time to visit the ice anglers on the Red River off the Selkirk Park area. Perched on the high river bank in Old Red overlooking the ice pack, I could see a fisher sitting in his truck with the door opened so he could watch his two rigs close by. I eased my way down the slope and idled along slowly until I came abreast of him. He slid out of his truck as I left mine and I asked him if he had caught anything.

"Just a sauger that I threw back," said this averaged-sized fellow who had a black beard with a wisp of grey.

"Brian Parisien from Sandilands," he added as he came forward and shook my hand. His sideways glance at the sign on my truck door illustrating my fishing column prompted him to offer, "I have a story from when I was a kid."

He launched into it describing how years ago his older brother, Clarence, used to take him fishing in White-mouth River. It seems Clarence would give him an old rusty baited hook on a leader to fish with while he used his nice new tackle. Fishing luck being so unpredictable, however, bestowed a great big beautiful pickerel on the end of Brian's rusty hook while Clarence caught nothing! A little later that day, Brian also had a jack strike. But somehow as he was reeling it in, Clarence's hook snagged Brian's leader, and according to his big brother's rules, that jack belonged to him. Brian, being a little guy, went along with his big brother's rule. Weeks later, they went fishing again and Brian noticed with shock that Clarence took Brian's rusty hook to fish with and gave Brian a new one.

"That taught me right then," Brian observed with a faint smile as we stood



TRIBUNE PHOTO SUBMITTED
Rose Bland of Inwood with her catch of a beautiful pickerel.

on the river's ice, "that fishermen are always looking for an edge."

Some time ago I had the good fortune to meet a very classy, caring lady by the name of Rose Bland of Inwood. She hadn't fished much yet graciously offered this next story and picture for our pleasure.

Bland went ice fishing with her MIFA friends off the west shore of south Lake Winnipeg. After having one of the men put the "sardine" on her hook, she sat back and began jigging her rod as explained to her. In time, someone remarked, "I think you have a fish on your line."

Rose slowly reeled up the line and soon a rather docile pickerel emerged from the ice hole's water on the end of her hook. As it hung in the air just above the shack floor, "fish juice" trailed from its tail. Rose, slightly repulsed, asked anyone in general, "How come they're

so slimy? Does anyone have a towel?" Her friends teased her about her lack of angling knowledge, but since she had caught her first fish, they had to allow that she was one of them.

Last weekend on the south end of Lake Winnipeg way off shore, I met Louis Van Den Bussche, a man with a strong, straight, pure white beard, sturdy body and a thin face. His long-time buddy Larry Bonnetean, with a short salt and pepper beard over a full face, was big and powerful. Both anxiously told that after it had taken them a fair bit of time getting here from Holland which is south of Portage la Prairie, they had gotten stuck in a snow bank off Beaconia. In hindsight, they said they wished they had come off Balsam Bay because St. Clements had done such a great job of clearing a road far out onto the ice for anglers.

We began telling fishing stories standing out on the endless snow-ice pack of Lake Winnipeg, which stretched to the horizon. Larry started kidding Louis because he seemed to have a talent for getting bitten by fish.

Not long ago, apparently when he was bringing a jack up an ice hole, it jumped and clamped onto his finger so hard it was hanging in the air off his finger. Just then, some anglers stopped by to ask how the fishing was going. Louis stepped out of his portable shack, holding one end of the fish as it was hanging on to his finger of the other hand and said, "Does this answer your question?"

Again, a few days later when he was home after a day of fishing, he was about to clean a jack at the kitchen sink and it twisted forward clamping onto his finger on the same hand. Fortunately, it was a different finger.

See you next week. Bye.

Tribune

The Selkirk Record

The Winkler Morden Voice

> CONTACT US

Stonewall Teulon Tribune - Interlake Graphics
74 Patterson Drive, Stonewall Industrial Park Phone 467-5836 Fax 467-2679
Letters to the Editor: letters@stonewallteulontribune.ca
Classified: classifieds@stonewallteulontribune.ca
Advertising: ads@stonewallteulontribune.ca
News: news@stonewallteulontribune.ca



Advertising Deadline: Monday 4:00 pm
prior to Thursday Publication

> CONTACT US

By phone: **204-467-5836**

fax: 204-467-2679

Find us: **74 Patterson Dr.,**

Stonewall, MB R0C 2Z0

Office Hours: Mon. - Thurs.: 8:00am-5pm

Friday: 8:00 a.m. - 4:00 p.m.

TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING

Stephanie Duncan 204-461-4771
ads@stonewallteulontribune.ca

Branden Meier 204-641-4104
ads@expressweeklynews.ca

or call our office at 204-467-5836

OUR EDITORIAL STAFF

Jennifer McFee 204-461-5352
jen@stonewallteulontribune.ca

Brian Bowman Sports Reporter
sports@stonewallteulontribune.ca

View the Stonewall Teulon Tribune online at
www.stonewallteulontribune.ca

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

The Stonewall Teulon Tribune is published Thursdays and distributed thru Canada Post to 7600 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

The newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. Keep your dollars working at home and shop locally. Notices, classifieds and advertisements can be purchased by calling our Office at 467-5836 or emailing ads@stonewallteulontribune.ca. Our commitment to you, the reader - we will connect our people through articles in the paper to build stronger communities.

Activities for Seniors in Your Area

March 2018 Calendar of Events!

**SOUTH INTERLAKE 55 PLUS, ACTIVITY CENTRE 374 FIRST STREET WEST.
FOR NEWSLETTERS, VISIT WWW.SI55PLUS.ORG**

Clip & Save



March Events:

Mar 1 CVITP Drop Off Begins
Mar 5 Cribbage Tournament @ 1:00 pm
Mar 6 Book Club Meeting @ 9:30 am
Mar 6 Needle Felting Class @ 1:00 pm

Mar 14 Shamrock Luncheon @ 12:00 pm
Mar 15 Casino Trip - McPhillips St Station Casino
Up Coming Events:
Apr 2 Cribbage Tournament @ 1:00 pm
Apr 10 Police Academy for Older Adults @ 1 pm
Apr 11 Luncheon @ Noon
Apr 11 Accumulative Cribbage Tournament @ 7 pm



Shamrock LUNCHEON

Wednesday, March 14th @ NOON Odd Fellows Hall

Featuring Entertainment by: The Country Gentlemen

ADVANCE TICKETS REQUIRED! TICKETS AVAILABLE AT THE 55 PLUS OFFICE Everyone Welcome!



Cribbage Tournament Partner Play

Monday, March 5th 1:00 pm

Prizes - Refreshments
Everyone Welcome!



NEEDLE FELTING CLASS

Instructed by Local Artist: Kathryn Jack
Tuesday, March 6th 1:00 pm
Project: Bunny Sculpture
Learn to transform loose wool into a small wool sculpture.
Pre-Registration Required



**Accumulative Crib Tournament
Partner Play - 4 Weeks
Wednesdays Beginning April 11th
7:00 pm - Odd Fellows Hall
Prizes - Refreshments
Pre-Registration Required by April 6th
Everyone Welcome!**

BUS TRIPS:

Hop, Drop & Shop - Mar 6 @ 10:30 am
Shopping @ Outlet Mall - Mar 8 @ 9:30 am
McPhillips St Station Casino - Mar 15 @ 10 am
Quilt Reflections Show - Apr 6 @ 9:30 am
Manitoba Moose Game - Apr 8 @ 12 Noon
Celebrations: Rock'n Roll Heaven - May 1 @ 10 am
Early Deadlines! Limited Seats! Registration Required!
Don't Miss Out - Call 55 Plus!



55 Plus will be offering the COMMUNITY VOLUNTEER INCOME TAX PROGRAM

March 1st - April 27th Tuesday - Friday 10:00 am - 3:00 pm

This is a DROP-OFF Service Only

VOLUNTEERS are TRAINED by CANADA REVENUE AGENCY

For Eligibility Criteria, Required Documents & More Information CALL: 204-467-2582



Police Academy: Older Adult Division

Tuesdays, April 10th - May 15th

1:00 pm - 3:30 pm Odd Fellows Hall, Stonewall

This FREE Series of Presentations will focus on skills and safety principles on topics such as Identity Theft, Frauds & Scams, Emergency Preparedness, Elder Abuse, Fall Prevention and many more!
Pre-Registration Required - Deadline March 29th For More Information, Call 55 Plus!



For more information call 204-467-2582

South Interlake Seniors Resource - Stonewall

SUPPORT SERVICES FOR SENIORS

- Driver/Escort Program • Equipment Lending Service • Meals on Wheels
- Lifeline • ERIK and ICE Programs • Handy Helper/Housekeeping Program
- Friendly Visiting and Telecheck (phone buddy) • Home Hair Care Service
- Resource information/Form Assistance www.sisrc.ca

The South Interlake Seniors Resource Council offers services for seniors and those with disabilities to help them to remain independent and safe in their homes and communities. With the help of volunteers and our fee for service workers, we provide these services to Stonewall, the RM's of Rosser, Woodlands and the southern portion of Rockwood.

WE HAVE MOVED!

WE ARE OFFICIALLY IN OUR NEW OFFICE! COME CHECK US OUT IN THE LIONS MANOR NEW PHASE, ENTRANCE 4!!



Eating Alone? Join us for a once-a-month "POTLUCK PLEASURE AND FELLOWSHIP"
Tuesday, March 20th @ 5:00 Church of the Ascension Parish Hall 435 - 1st Ave. N.
For transportation, please call 204-467-2234 or 204-467-2207

March is National Nutrition Month:

A great time to improve our relationship with food and find joy in eating.

National Nutrition Month is a nutrition education and information campaign created annually in March by the Academy of Nutrition and Dietetics. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.

Eating a healthy, balanced diet is one of the most important things you can do to protect your health. In fact, up to 80 % of premature heart disease and stroke can be prevented through your life choices and habits such as eating a healthy diet and being physically active.

A healthy diet is made up mostly of whole or natural foods. The words whole and natural referring to foods that have not been highly processed.

Believe in the power of food to enhance our lives and improve our health!

VOLUNTEER OF THE MONTH Norma Melnichuk

Thank you Norma for being a Volunteer Driver and being available to our seniors every day!
They appreciate you as we do!

Norma will enjoy lunch at

Join us for homemade lunches & desserts

Tues-Fri 10-5, Sat 10-4 • 292 Main St., Stonewall 204-467-2303

Thank you to McLeod Teahouse for donating gift certificates for our volunteers!



For more information call 204-467-2719

Teulon & District Seniors Resource Council Inc.

Providing a Helping Hand

Find us at 54 Main St,
Teulon 204-886-2570

PROVIDING FREE SERVICES TO SENIORS: PHONE BUDDY • FRIENDLY VISITOR
• DRIVER ESCORT • INFORMATION/FORM ASSISTANCE • ADOPT A
GRANDPARENT • COMMUNITY VOLUNTEER INCOME TAX PROGRAM • RED
CROSS MEDICAL EQUIPMENT LOANS • CAREGIVERS SUPPORT GROUP

Teulon Senior Resource Drop In Center

is open Monday 1:00 - 3:00 pm

Tuesday, Wednesday, Thursday

and Friday 9:00 am - 12:00 pm,

and 1:00 pm - 3:00 pm

Closed every 2nd and 4th Thursday
morning of each month.

St. Laurent Seniors Resource Council Inc.

"A HELPING HAND WHEN YOU NEED IT"

55+ and people with disabilities

Offering support services within the RM of St. Laurent and surrounding areas

St. Laurent Community Health Centre

51 Parish Lane, 204-646-2504 ext.4

Seniors Resource Coordinator, Darlene McKay

Footcare clinic, Community Volunteer Income Tax Program, Exercise Program, Monthly Seniors Birthday Club, Mobility Aids, (E.R.I.K.) Emergency Response Information Kit, Victoria Lifeline, Volunteers for different services such as Friendly Visits and Telecheck, resource Information, housekeeping, transportation, mobility aid equipment for loan. Fundraising activities throughout the year.

**Monthly Birthday Bingo Club and whist tournament
last Thursday of each month.**

"Celebrating Seniors in Action"

Balmoral Elementary students jump rope for heart health

By Melissa McIvor

Students at Balmoral Elementary School are a hop, skip and a jump away from wrapping up their successful Jump Rope for Heart fundraising campaign.

For the past month, the K-8 students have been collecting donations for the Heart and Stroke Foundation. Their efforts will help fund critical medical research and support survivors of heart disease and stroke and their families.

On Feb. 16, the school concluded the event with an hour of exercise. Students were divided into "families" and rotated through 10 different activity stations that all incorporated skipping ropes in some way.

Jump Rope for Heart offers prize incentives that correspond with funds raised, so students are looking forward to receiving those next.

Kim Deline, Grade 5/6 teacher and guidance counsellor, revived Balmoral Elementary School's participation in the fundraiser.

"I know it's been a number of years since they've done it," said Deline. "I've done it before in other schools so when I came here I wanted to see if there was a way that we could do more for Heart and Stroke."

"So far the reception's been really positive," she explained. "The students have been really been involved in doing donations and talking to their family about it, so it's been really good."

In January, the school attended a presentation from a foundation guest speaker that detailed the Jump Rope for Heart initiative. Students learned how people of all ages can be affected



Balmoral Grade 1 student Coral hopscotches on a grid made from skipping ropes.

by heart disease and were told how the money they raise can be used to help.

The teachers also tried to incorporate heart health into their day-to-day lessons.

"One thing that we emphasized is that there are a lot of things we need to do to be heart-healthy, like proper sleep, hydration, proper diet and proper forms of exercise. Within a balanced school day, we encouraged students that they need to be active and use their recesses to be as active as they can," said Deline.

"Following the presentation, we talked about how young people like teenagers can have heart issues and that it's not necessarily a grandma or grandpa who might have a heart con-



Grade 4 student Jayden catches some air at one of 10 exercise stations at Balmoral Elementary Jump Rope for Heart.



TRIBUNE PHOTO BY MELISSA MCIVOR

Balmoral students skip together at the school's Jump Rope for Heart event.

dition. It can impact all of us at any age and we need to do whatever we can to keep ourselves healthy."

Jump Rope for Heart also provided an excellent opportunity for students to exercise additional responsibilities.

"We've had the 7/8 class take on the leadership role of organizing the activities and the 5/6s are the leaders of the younger students and help with moving them around," explained Deline. "This is just one more activity that lets them bond as a school."

Deline had initially set a modest fundraising target of \$500 for the school. Although the final numbers won't be in until the Heart and Stroke Foundation completes their tally, after a rough count of the cash donations, Balmoral has raised almost \$2,500.

"Even though it's our small school, that amount of money goes to help our larger community."

Deline couldn't be prouder of the students.



Western Livestock Price Insurance Program

Market Volatility. Price Variability. We've got you covered.

Calf policies are available February 1 to May 31, 2018.

Contact your local MASC insurance office today.

WLPPI Contact Centre: 1-844-782-5747

www.WLPPI.ca

Growing Forward 2

MASC

Western LPIIP

Manitoba

Canada

Stonewall Teulon
Tribune

What's *your* story?
Call 467-5836

The digital age means we have no more secrets

By Eamonn Brosnan, Research associate, Frontier Centre for Public Policy

In the span of 40 years, Canadian society has gone from paper files in cabinets to electronic storage of everything from medical records to what you had in your coffee at Starbucks this morning.

Our lives have become itemized and catalogued into easily accessed databases filled with our intimate details. We have, in fact, willingly surrendered our privacy.

In many situations, we happily reap the benefits of this access to data, while hoping that the information is secured against prying eyes. We go to doctors and marvel that they can bring up test results and recommendations from specialists on their computer. But this information is stored on computers, and computers are inherently insecure.

In 1992, Robert Redford starred in *Sneakers*, which was about a group of shady characters who tested security systems for a living. In the movie, they

were blackmailed into stealing a piece of hardware that could decrypt all encryption and security systems. The catch phrase at the end of the movie was "No More Secrets."

What was fiction in 1992 is reality in 2017.

But that our personal information has become open access is something we mostly pretend doesn't exist.

And the situation is getting worse as we digitize and catalogue more and more confidential information. The threats are everywhere, from credit cards being stolen to ransomware being installed on corporate computers to blackmailing companies to pay large sums of money to get their data back. With all the private information that's being shared and used, we're all seemingly under siege.

Now using wireless computer networks like your home Wi-Fi or the Wi-Fi at Starbucks raises a heightened threat. Most people use Wi-Fi networks without even thinking about security. It's used by retail companies

to connect their computers. Instead of running cable, they save money by using a wireless network. It's used in offices that handle sensitive data.

But we now know that these networks' encryptions have security flaws, which allows others to access the network to monitor the traffic and steal valuable information. Criminals can grab any data that's transmitted over Wi-Fi. That could be your credit card num-

ber, your health records or your work records.

This is a serious problem. The wireless networks that we all use are far more open than we realize.





Orcheski
FINANCIAL

204-467-8490

Linda Orcheski
Independent Insurance Broker

Life and Mortgage Insurance
Critical Illness and Long Term Care
Income Replacement Plans
Business Insurance Solutions
Health & Dental & Travel

lofinancial@shaw.ca www.orcheski.com

Morin earns Loran Scholar title



TRIBUNE PHOTO BY LORAN SCHOLARS FOUNDATION

Teulon Collegiate Institute's Samantha Morin is one of 34 young Canadians to receive the prestigious Loran Award, Canada's largest undergraduate scholarship valued at \$100,000 over four years. The award and title of "Loran Scholar" is given to students who have demonstrated outstanding character, community commitment and leadership. Morin participated in a rigorous assessment at the national selections in Toronto on Feb. 2 and 3 along with 88 other finalists from an initial pool of 5,023 applicants. She is the only successful award recipient from Manitoba. Morin plans to use the funds to complete a degree in Education and become a kindergarten teacher.

Can you believe it?
I'll be saving more than
\$16,000* over the life
of my new furnace.

What?
How is that
possible?



Heating with natural gas pays. Investing in a natural gas heating system may cost more up front, but lower operating costs will save you more over time.

To compare the cost of various heating options, visit hydro.mb.ca/heating.

Financing options are available to help make investing in a new natural gas heating system more affordable. Loans can be repaid on your monthly bill. Visit hydro.mb.ca/loans for details.

*Savings are an average and are based on a heating system life of 25 years and energy rates in effect February 1, 2018. Your savings will vary depending on your home and heating needs.



Available in accessible formats upon request.

Argyle museum gifted large collection of historic flags

By Melissa McIvor

Feb. 15 was a day of celebration for the Settlers, Rails & Trails Museum in Argyle, which houses Canada's second largest flag collection — in addition to it being National Flag of Canada Day, the museum also received a large donation of new flags to add to their collection.

The new flags join the museum from the private collection of Ralph Spence, a retired Anglican Bishop of Niagara.

"This fellow has collected flags his whole life and he decided that they need to go somewhere where they can be seen and enjoyed," explained Shayne Campbell, president and executive director of the Settlers, Rails & Trails Museum.

The collection was initially presented to the Canadian Museum of History in Gatineau, but there were too many pieces for them to take. The Settlers, Rails & Trails Museum has earned a national reputation as the flag depository of Canada, so the Canadian Museum of History reached out.

"We were given an opportunity to go through a catalogue and choose which flags would best fit here," said Campbell. "We chose 267 flags. They're historic, they're from WWI, WWII, and they're from all across the country. We're really excited."

"It's the largest single gift in the flag collection that we've gotten since the museum began in 1997."

The pieces join the museum's existing collection of national, provincial, city, municipal, corporate and university flags. They have many historic pieces, including Canadian national flag proposals, finalist entries from the 1964 Great Canadian Flag Debate and a coveted Canadian flag that flew



TRIBUNE PHOTO BY MELISSA MCIVOR

Settlers, Rails & Trails Museum board members share a laugh on National Flag Day of Canada. Pictured left to right: member-at-large Carol Morgan, president and executive director Shayne Campbell and treasurer Tracy Dunstan. Missing from the photo is secretary Pam Nichol and member-at-large Garth Abrahams.

at the Peace Tower in Ottawa.

While the new flags are being itemized and catalogued, visitors can still enjoy the museum's current celebratory flag exhibit. Six Canadian flags from across the globe are on display, including a faded flag that flew in northern France at the Juno Beach Centre during the 75th Anniversary of D-Day in 2014. Another crisper flag on display flew alongside 180 others from different nations at the United Nations Headquarters in New York City. Visitors can also see a colourful

Celebration flag series from Canada's centennial, 125 and 150.

"We do change our set of flags every four to six months so guests can come down and see different ones. We have 1,300 so we won't run out," Campbell said with a laugh.

Also new to the museum is a recently completed, hands-on agriculture exhibit, funded by the Interlake Community Foundation & Canada 150 Grant. The display uses flip boards, interpretive panels, artifacts and infographics to teach visitors about the

area's history of crops, livestock and specialized farming.

"Agriculture is the backbone of the area so this was something that was long overdue," said Campbell. "We needed to do something to show how hard people have been working out here for over 150 years."

Other sections of the museum tell the story of the founding, settlement and development of Argyle through the history of its veterans, the Brant-Argyle United Church, and the Brant-Argyle School.

As the collection at the Settlers, Rails & Trails Museum continues to grow, so does their need for a larger space. The museum has plans to acquire land and build a modern pavilion to house their huge collection of artefacts and archives. They would also construct an outdoor village exhibit that would feature numerous historic buildings and equipment to further preserve and share the community's history.

"We're just waiting for the powers that be to see what happens with that," said Campbell.

Community members can advocate for the museum by contacting their local government, MP or MLA. Interested volunteers can also donate their time to assist with tours, maintenance, fundraising, set-up and website support. The museum is also always looking to add historic photographs, documents, flags and local family histories to their collection.

The Settlers, Rails & Trails Museum is open the first Saturday of every month from 1 to 4 p.m. Any additional hours of operation are posted on their Facebook page and website at www.settlersrailsandtrails.com

Pucks vs. Pastors raises funds for Youth Drop-In Centre



TRIBUNE PHOTO SUBMITTED

New Life Church raised \$350 for the Youth Drop-In Centre through a successful "Pucks vs. Pastors" event. On Saturday, Feb. 10, pastors Rusty Hildebrand and Andrew Dyck played goalie during the church's weekly hockey ice time in an effort to increase participation and raise funds for the cause. The church covered the cost of the ice time that night, which ended in a shootout. Each player paid \$10 for a chance to take a shot on a pastor, with all proceeds pegged for the Youth Drop-In Centre.

worship > FAITH with us

Power In The Blood



There's an old hymn with the words, "There is power, power, wonder-working power, in the blood of the Lamb. There is power, power, wonder-working power, in the precious blood of the Lamb." It's a song we don't sing as often and a topic we don't discuss as much, but there is power in the blood.

I was reminded of this life-giving power in the blood when my daughter who was extremely anemic was in the hospital and needed a blood transfusion to boost her hemoglobin and energy levels after a major surgery. It was amazing to watch the transformation in her life as someone else's donation of blood became her source of life and strength. As the blood was being put into her body, you could literally see the colour return and her energy levels come back.

Blood is synonymous with life and in Leviticus 17:11 we read "for the life of a creature is in the blood, and I have given it to you to make atonement for yourselves on the altar; it is the blood that makes atonement for one's life." In the New Testament Jesus' shed blood on the cross became that life-giving source to revive us spiritually from the effects of sin and spiritual anemia. Peter writes "you were redeemed ... with the precious blood of Christ, a lamb without blemish" (1 Pet. 1:18-19).

Today how are you doing spiritually in your relationship with God? Are you healthy or spiritually anemic? Do you need a transfusion of Christ's blood to restore your spiritual fervour and energy? When was the last time you celebrated the Eucharist and took communion? Jesus shed his blood so that you would experience new life in him for eternity. And this is why at the last supper with his disciples "he took a cup ... saying, 'Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins'" (Matt. 26:27-28). There is power in the blood, and this life-giving power is available to you through Jesus Christ.

Dr. John Harrison

Chair of the Stonewall Ministerial

Pastor at New Life Church

Website: www.prairiepastor.ca

If your second fridge or freezer is over 15 years old and working, it's time to retire it.

HELP THE ENVIRONMENT
Keeping appliances out of landfills.

SAVE MONEY
Save up to **\$100 PER YEAR** and get **\$50** for each one we collect!

SAVE TIME
All you have to do is make the call.

FREE PICK-UP **WE'LL HAUL IT AWAY!**

Register online for your **FREE** pick-up today.

RETIREMYFRIDGE.CA

or call **1-8-555-FRIDGE (1-855-537-4343)**

Some conditions apply.

Available in accessible formats upon request.

Manitoba Hydro
POWER SMART

*Manitoba Hydro is a licensee of the Trademark and Official Mark.

get inspired > MEAL IDEAS

FamilyFoods
Phone 467-5553

Bay Scallop, Baby Kale and Corn Salad with Tart Cherry Granola



Prep time: 30 minutes

Cook time: 15 minutes

Total time: 45 minutes

Yield: 1 salad

Savory Granola:

1/3 cup oats

1/3 cup chopped walnuts

1/4 cup sunflower seeds
2 tablespoons buckwheat groats
2 tablespoons pepitas
1/4 cup extra-virgin olive oil
2 tablespoons honey
1 tablespoon spicy brown mustard
salt
pepper
1/4 cup dried Montmorency tart cherries
Dressing:
1 shallot, minced
3 tablespoons extra-virgin olive oil

2 tablespoons dried Montmorency tart cherries
2 tablespoons Montmorency tart cherry juice
1 tablespoon spicy brown mustard
2 teaspoons apple cider vinegar
1 teaspoon honey

salt
pepper
Salad:
10 ounces baby kale
1 grilled ear of corn, kernels sliced off
1 cup sprouts (alfalfa or microgreens)
1/2 tablespoon butter
8 ounces bay scallops, patted dry
To make savory granola: Heat oven to 350 F. Line baking sheet with parchment paper or baking mat.
In large bowl, combine oats, walnuts, sunflower seeds, buckwheat groats and pepitas. In small bowl, whisk together olive oil, honey, mustard, salt and pepper.
Pour wet ingredients into large bowl and toss until well combined.
Spread mixture onto baking sheet in single layer and bake 18-20 minutes, tossing once halfway through, until granola starts to turn golden brown and crispy around edges.
Remove from oven, add cherries, toss to combine, spread into single layer and let cool.
To make dressing: In food processor, process shallot, olive oil, cherries, cherry juice, mustard, vinegar, honey, salt and pepper until smooth.

To make salad: Place kale, corn kernels and sprouts in large bowl; set aside.
In large skillet over medium-high heat, melt butter. Once hot, add scallops and cook until golden and starting to caramelize on one side. Flip and repeat on other side.
Add scallops to large salad bowl. Pour dressing over top and toss until well combined.
Break up granola into small pieces and add to salad bowl. Toss lightly before serving.
#14071
Source: Cherry Marketing Institute

Live life to its fullest with



USANA
INDEPENDENT ASSOCIATES

Nutritional Supplements Energy & Weight Loss Skin Care Nutrition for Skin

Al Sanche - 461-1223

Madge Meakin - 467-9806

Bill & Shelley Kelly - 467-5372

Bruce & Bambi Rutherford - 467-2102

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Merces crown Royals in SEMHL playoffs

By Brian Bowman

No team wants their playoff series to go the full amount of games.

And the Warren Merces made sure that didn't happen as they finished off the Winkler Royals in four games in their best-of-five quarter-final series.

The Merces clinched the series win with an impressive 5-0 shutout victory Monday evening in Winkler.

Five different players scored for Warren while Travis Bosch made 26 saves for the shutout.

Dylan Hykawy and Mitchell Hansen scored first-period goals and then Brendan Luschinski, Bryn Lindsay and Reid MacLeod tallied in the third.

Lindsay's goal was a shorthanded marker at 8:34 of the third to give Warren a 4-0 lead.

Brendan Luschinski finished the game with three points.

On Sunday afternoon, the Merces took a 2-1 series lead after edging Winkler 4-3 in overtime.

Kyle Luschinski scored the game winner in OT.

Warren's Brayden MacDonald had tied the score at 3-3 in dramatic fashion, scoring with just three seconds left in the third period.

Phil Letkeman had given Winkler a 3-2 lead at 14:52 of the third period.

Warren took a 1-0 lead just 37 seconds into the game as Trent Genyk tallied.

Winkler's Marlin Froese tied the score early in the second period and then the Royals' Caleb Unrau struck

on the power play at 17:37 of the middle frame.

Warren came right back just 1:03 later, however, as Dylan Hykawy tallied.

Bosch made 41 saves for the win.

Last Thursday, Winkler evened the series at a game apiece after a 6-4 home victory.

Winkler took a 4-1 lead just 15:46 into the game.

Mark Hildebrand led Winkler with two goals while Cole Smith, Jon Gaudet, Brett Harder, and Froese added singles.

Darrin Husak, Mike Gemmill, Lindsay and Brendan Luschinski replied for the Merces.

Warren started the series with a 3-2 home win on Feb. 14.

The Merces' Mitchell Hansen scored the game-winning goal at 15:10 of the third period. Wes Pawluk and Gemmill assisted on the goal.

Winkler had tied the score at 2-2 with power-play goals from Hildebrand and Gaudet just 3:34 apart midway in the third.

Warren took a 1-0 lead just 50 seconds into the game as McDonald tallied. Hansen and Gemmill assisted on the goal.

Lindsay then gave the Merces a 2-0 lead at 16:59 of the second period. The assists went to Trent Genyk and Matt Jacobucci.

Bosch posted the win in goal.

The other two SEMHL playoff series saw Carman sweep Portage and Altona defeat Morden in three games of



TRIBUNE PHOTO BY LANA MEIER

The Merces' Brendan Luschinski scored twice and added four assists in Warren's playoff series win over Winkler.

their best-of-five series.

With their series win, Warren now advances to play Carman while Altona will battle Notre Dame.

The Merces will begin their semifinal series tonight in Warren while Game 2 will be played in Carman on Saturday. Both games start at 8 p.m.

Game 3 will return to Warren for a 3 p.m. tilt on Sunday, followed by Game 4 on Tuesday (8 p.m.) in Carman.

Meanwhile, the league announced

its award winners for the 2017-18 season: first place - Notre Dame Hawks, scoring champions - Matt Gingera, Notre Dame and Aaron Lewadniuk, Carman, MVP - Matt Gingera, Notre Dame, best goaltender - Reed Peters, Morden, best defenceman - Kyle Rous, Notre Dame, sportsmanship - Cody Friesen, Winkler, rookie of the year - Jeff Michiels, Notre Dame, and Dale Rempel Man of the Year - Robert Hamm.

Wildcats sting Scorpions with playoff sweep

By Brian Bowman

It's not exactly David versus Goliath, but the Warren Collegiate Wildcats are expected to have their hands full with the Leo Remillard Renards in their best-of-three playoff series this week.

The two teams played Game 1 of the best-of-three series Wednesday at Southdale Arena and then will meet again today at 3:15 p.m. in Warren.

No score from either game was available at press time.

Leo Remillard was expected to be a tough challenge for Warren. The Wildcats will need good — if not, great goaltending — and will have to

stay out of the penalty box if they have any chance for an upset.

"We've played them three times in the season and they were pretty good games," said Wildcats' head coach Matt Scrutton. "But I believe we were on the losing side of all three. They're a good, well-rounded team with good goaltending, good defence, and good offence. They're the top-ranked team in our division and they only lost twice all season."

"It will be a big test for us. We're going to have to play our best hockey to be successful."

The eighth-ranked Wildcats earned a matchup with No. 1 Leo Remillard

after sweeping the No. 9 Lorette Scorpions in a best-of-three series last week.

Warren won the first game 8-0 on Feb. 12 and then clinched the series win with a 3-1 road victory on Valentine's Day.

"We've been playing better as the year has gone on," Scrutton said. "We've been putting it together for the playoffs."

In the road win, Warren erased a 1-0 third-period deficit with three unanswered goals.

Trey King scored 26 seconds into the third and then Wyatt Hagen netted a pair of goals for the comeback win.

It was a great victory in a tough rink to win in.

"Our Grade 12s are the leaders on the team and they stepped up, especially after the injury to Nick (Prystupa) for the rest of the game," Scrutton said. "Of the three games we played Lorette during the regular season, we lost both in Lorette."

"Lorette is a hard building for us to win in but we overcame that mental hurdle."

Nicholas Peixoto was outstanding in goal for the Wildcats.

"He stole that game for us," Scrutton noted. "We could have lost that game if it wasn't for him."



TRIBUNE PHOTO BY RICK HIEBERT

Lightning goaltender Rachel Parson gets a toe on this shot from Hawks' Karsty Nicolajsen in Manitoba female Midget "AAA" action on Feb. 18. Interlake lost 3-0.

Midget female Lightning lose to Hawks

By Brian Bowman

The goal-scoring woes continued for the Interlake Lightning against the Pembina Valley Hawks in Manitoba Midget Female Hockey League action last weekend.

Interlake was blanked in a pair of games, losing 5-0 to the Hawks Friday in Teulon and then 3-0 to Pembina Valley in Morden on Sunday.

In Sunday's loss, Pembina Valley scored twice in the first period and added another in the third.

Tessa Odell had two goals while Makenzie McCallum also tallied.

On Friday, the Hawks, which held period leads of 1-0 and 4-0, received goals from Hannah Petrie (two), Cora Fijala, Taylor Kristjanson and Sage McElroy-Scott.

Back on Feb. 13, Pembina Valley defeated Interlake 5-1 in Morden.

Katrina Tobin scored the Lightning's lone goal in the third period.

McElroy-Scott had a hat trick for the Hawks while McCallum and Karsty Nicolajsen also tallied.

This month hasn't been too good for the Lightning as they are 0-7 and have been outscored by a 28-6 margin.

Centurions crush Rams in playoff sweep

By Brian Bowman

The season may have seemed like a long one for the Stonewall Collegiate Rams' hockey team.

But, in fact, it was a very short one.

Stonewall's appearance in the Winnipeg Free Press Division playoffs lasted just two games after the Rams were swept by the Fort Richmond Centurions in their best-of-three series.

The Rams had their season come to an abrupt end after an 8-1 loss to the Fort Richmond Centurions on Feb. 14 in Stonewall.

Fort Richmond led 3-0 after the first period and increased that advantage

to 8-1 after two periods.

Seth Mandryk scored Stonewall's lone goal midway in the second period, assisted by Ryan Brown.

Jeremy Kaminsky (two), Cole Brown (two), Brayden Neufeld, Riley McCorrister, Ryan Sasek and Jaxon White scored for Fort Richmond.

Fort Richmond won Game 1 of the series 7-1. The No. 5 Centurions were clearly the better team against the No. 12 Rams in both games.

Stonewall finished its regular season tied for last place in the 13-team division with West Kildonan. Both teams had 12 points in 24 games.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Rams' Seth Mandryk scores a goal on this play against Fort Richmond.

Lightning zapped twice in Kenora last weekend

By Brian Bowman

The Interlake Lightning lost a pair of close games to the Thistles in Kenora weekend.

On Sunday afternoon, Interlake was defeated 3-2 in overtime by Kenora.

Cooper Witherspoon scored the game winner in OT. Interlake's Hunter Halcrow had tied the score at 2-2 at 5:42 of the third period.

The Thistles' Ethan Carlson-Jourdain and Witherspoon scored first-period goals before the Lightning's Bryce Krauter replied at 15:23 of the second.

Last Saturday evening, the Lightning lost 4-3 in a shootout to the Thistles.

Dylan Winsor and Sam Brunton scored for Kenora in the shootout.

After a scoreless first period, Kenora took a 1-0 lead as Sullivan Shortreed potted a power-play goal just 35 seconds into the second.

Interlake's Jagger Bonkowski tied the score at 1-1 at 16:46 of the middle frame, with the assists going to Dan Paseschnikoff and Evan Palmer.

But Kenora regained the lead just 37 seconds later as Shortreed scored his

second goal of the game.

Interlake's Corey Soorsma and Winsor traded goals just 18 seconds apart early in the third and then the Lightning's Evan Palmer tied the score at 3-3 at 12:18.

On Feb. 14, Interlake was defeated 7-3 by the Central Plains Capitals in Portage la Prairie.

Dylan Fontaine led the Lightning with two power-play goals while Jordan Wood also tallied.

Central Plains, which held period leads of 2-1 and 4-2, received a two-

goal effort from Logan Calder. Jaxon Blight, Aiden Panko, Kian Calder, Cameron Trimble and Reilly Funk also scored for the Capitals.

Interlake was 2-for-12 with the man advantage while Central Plains finished 2-for-7.

The Lightning will wrap up their regular season this weekend with a pair of games. Interlake will play the Winnipeg Thrashers Saturday (3:30 p.m.) at Gateway Arena and then will host the Yellowhead Chiefs Sunday (2 p.m.) in Teulon.

Stonewall snaps losing streak with win over the Hawks

By Brian Bowman

The Stonewall Jets snapped a six-game losing streak with a solid effort in a 3-1 home win over the Charleswood Hawks on Sunday afternoon.

“We definitely needed that (win) as a group,” said Jets’ co-coach Brock Couch. “We had two tough games before that with the Raiders and Pembina Valley and our game had improved but we still weren’t getting the points.”

Chase Dickenson scored to give Stonewall a 1-0 first-period lead and then Aiken Chop made it 2-0 early in the third. Bradley Dawson assisted on both goals.

The Jets’ Chase Faulkner netted his team-leading 22nd goal of the season midway in the third before the Hawks’ Noah Robidoux scored a power-play goal at 17:15.

Hunter Ploszay made 32 saves for his 11th win of the season. He also has a 2.85 goals-against average.

Last Friday, the Jets were blanked 2-0 by the Pembina Valley Twisters in Morris.

“It was really evenly matched,” Couch said. “We had some chances in the first (period) to put some away and I think our team plays differently, and has a different feeling, when we score early and things kind of go our

way.

“But that being said, we can’t shut down if things don’t go our way early on.”

Alex Tetrault scored a first-period power-play goal for Pembina Valley. He then added a shorthanded marker midway in the second.

On Feb. 14, the first-place Raiders Jr. Hockey Club didn’t show the Stonewall Jets any love with a 4-3 overtime win.

“The boys showed themselves that we can play with the big guys,” Couch said. “They outshot us and Ploszay had to make some huge saves. But we put up a good effort and, as long as the boys know it and have confidence, I think we can still go pretty far in the playoffs.”

Kale Ilchena scored the game winner in OT, which was assisted by Brandon Paradoski and Dawson Anderson.

Stonewall’s Brendan Labossiere had tied the score at 3-3 at 16:10 of the third period.

Nolan Wisniewski, Jordan Kreml and Elisha Bambridge scored the Raiders’ other goals.

Sam Mandryk and Bryce Stovin replied for the Jets. Mandryk’s goal was a power-play marker.

The Jets visited the St. James Ca-



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Jets’ Bryce Stovin scored during Stonewall’s 4-3 loss to the Raiders Jr. Hockey Club on Feb. 14.

nucks this past Tuesday but no score was available.

Stonewall, now 21-17-3 and in fifth place with 45 points, are back in ac-

tion Friday when they take on Ft. Garry/Ft. Rouge in Winnipeg.

Stonewall will then host St. Vital on Sunday. Both games begin at 7:30 p.m.

Manitoba Hockey Standings									
MANITOBA JUNIOR HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Steinbach Pistons	55	44	8	2	91	273	119		
Virdeon Oil Capitals	56	37	17	2	76	239	168		
Portage Terriers	55	35	15	2	75	236	155		
OCN Blizzard	54	30	17	5	67	192	169		
Winkler Flyers	56	32	24	0	64	186	159		
Winnipeg Blues	53	26	21	4	58	191	196		
Selkirk Steelers	54	27	23	3	58	176	190		
Swan Valley Stampede	53	25	22	5	56	173	179		
Neepawa Natives	55	24	28	2	51	199	228		
Dauphin Kings	54	13	39	1	28	131	254		
Waywayseacappo Wolverines	55	7	44	3	18	120	299		
MANITOBA MAJOR JUNIOR HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Raiders Jr. Hockey Club	41	33	3	5	71	172	80		
Charleswood Hawks	41	29	9	3	61	121	82		
Transcona Railer Express	41	28	9	4	60	166	114		
St. James Canucks	41	21	16	4	46	145	117		
Stonewall Jets	41	21	17	3	45	131	122		
Ft.Garry/Ft.Rouge Twins	41	19	19	3	41	126	112		
St. Vital Victorias	41	19	21	1	39	141	169		
St. Boniface Riels	41	17	21	3	37	130	148		
Pembina Valley Twisters	41	16	21	4	36	165	170		
River East Royal Knights	41	2	37	2	6	60	243		
SOUTH EASTERN MANITOBA HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Series A (Best of 5) Warren Mercs vs Winkler Royals - Warren wins series in 3 games to 1									
14-Feb-18 Winkler	2	Warren	3						
15-Feb-18 Warren	4	Winkler	6						
18-Feb-18 Winkler	3	Warren	4 OT		19-Feb-18				
Winkler 0	Warren	4						Series	
B (Best of 5) Morden Redskins vs Altona Maroons - Altona wins series 3 games to 0									
15-Feb-18 Altona	5	Morden	2						
17-Feb-18 Morden	3	Altona	4 OT						
18-Feb-18 Altona	5	Morden	1						
Series C (Best of 5) Carman Beavers vs Portage Islanders -Carman wins series 3 games to 0									
13-Feb-18 Portage	1	Carman	3						
16-Feb-18	Carman	5	Portage	3					
17-Feb-18	Portage	2	Carman	5					
AAA MIDGET HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Wild	45	38	5	1	78	304	97		
Brandon	46	38	6	0	78	250	117		
Bruins	46	28	13	2	61	191	158		
Eastman	46	26	15	2	57	183	150		
Thrashers	46	26	19	1	53	180	177		
Yellowhead									
Pembina Valley	46	23	18	2	51	176	180		
Southwest	46	24	21	1	49	154	148		
Central Plains	45	21	18	2	48	193	182		
Kenora	46	18	24	0	40	145	174		
Parkland	46	16	25	2	37	150	200		
Interlake	46	11	30	3	27	116	235		
Norman	46	4	41	0	9	119	361		
AAA CITY MIDGET HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Monarchs	35	30	2	0	63	223	79		
Selects	36	23	10	0	49	187	124		
Hawks	34	22	9	0	47	175	107		
Warriors	33	15	17	0	31	128	141		
Sharks	35	11	21	1	25	93	148		
Lightning	35	0	34	0	1	41	248		
MANITOBA FEMALE MIDGET AAA HOCKEY LEAGUE									
	GP	Reg W	Reg L	T	OTW	OTL	Pts		
Quarter finals - Pembina Valley defeats Interlake in 3 games									
Quarter finals - Eastman defeats Yellowhead in 3 games									
Quarter finals - Westman defeats Central Plains in 3 games									
Semi finals - Eastman vs Winnipeg									
Game 1 Feb. 28 @ Seven Oaks 7pm									
Semi finals - Westman vs Pembina Valley									
MANITOBA HIGH SCHOOL HOCKEY									
	GP	W	L	OTW	OTL	SOW	SOL	GF	GAPTS
Fort Richmond	2	2	0	0	0	0	0	15	2 4
Lord Selkirk	2	2	0	0	0	0	0	12	2 4
Warren	2	2	0	0	0	0	0	11	1 4
Transcona	2	2	0	0	0	0	0	11	6 4
Westwood	2	2	0	0	0	0	0	10	5 4
Springfield	2	2	0	0	0	0	0	10	6 4
Miles Macdonell	2	2	0	0	0	0	0	7	4 4
St. Paul's 2	2	2	0	0	0	0	0	6	2 4
Glenlawn	2	2	0	0	0	0	0	6	3 4
Oak Park	2	2	0	0	0	0	0	5	1 4
Kildonan East	3	1	1	1	0	0	0	12	12 4
Vincent Massey	3	1	1	0	0	1	0	10	9 4
J.H. Bruns	3	1	1	0	1	0	0	12	12 3
Garden City	3	1	1	0	0	0	1	9	10 3
SJR	2	0	2	0	0	0	0	6	10 0
River East	2	0	2	0	0	0	0	6	11 0
Shaftesbury	2	0	2	0	0	0	0	5	10 0
Dakota	2	0	2	0	0	0	0	4	7 0
College Jeanne Sauve	2	0	2	0	0	0	0	3	6 0
West Kildonan	2	0	2	0	0	0	0	2	6 0
College Gabrielle-Roy	2	0	2	0	0	0	0	2	12 0
Stonewall	2	0	2	0	0	0	0	2	15 0
Kelvin	2	0	2	0	0	0	0	1	5 0
Lorette	2	0	2	0	0	0	0	1	11 0
STATS AS OF TUESDAY, FEBRUARY 20									

Manitoba Open champs



TRIBUNE PHOTO SUBMITTED

The Interlake Badminton Club participated in the Pal Chawla Manitoba Junior Open Tournament at the Winnipeg Winter Club from Feb. 8 to 11. The Interlake Badminton Club's Christopher Wiebe, with his partner Jeevan Khanuja (Winnipeg Winter Club), won boys' doubles A-side title while Emalia Sinclair, with her partner Aakash Natarajan (Winnipeg Winter Club), captured the C-side mixed doubles event. Pictured, left to right, are David Harrison from Badminton Manitoba, Jeevan Khanuja, Christopher Wiebe and Pal Chwala.

Thunder purchase tackling equipment for their players

By Brian Bowman

In football, demonstrating proper technique when tackling is imperative to players' safety.

And the Interlake Thunder football program is doing everything they can to maximize that safety.

The Thunder went out and purchased three Shadowman tackling forms — at a cost of \$4,600 — for their players to use in practice.

"They're tackling tools that are used extensively in the NFL now and a lot of American colleges," said the Thunder's Joel McDonald. "Football Canada is a big proponent of them as well."

McDonald said this equipment will allow the Thunder to have more contact in practice.

"It will give the players a more realistic look when we're running drills," he said. "You play as you practise and perfect practice makes perfect play. Especially with the younger kids, they haven't perfected their tackling technique and we want to keep the head out of contact as much as possible."

The Thunder are eager to introduce this new equipment to their players.

"We're really excited as a club and the girls' program will be the first to use them because they play in a spring league," said McDonald, noting the girls had a chance to use the equipment at last week's practice in Warren.

"We can't wait to get out on the grass and get after it."

MacDonald said the Thunder are committed to putting money back into the program.

"The players' fees go back to the players," he said. "We're not going to be putting a bunch of money in a bank account, so it can just sit there for a rainy day or for some future thing that these kids today won't be able to make use of."

"We want to keep our fees as reasonable as possible."

Anyone that wants to play football for the Thunder can visit the program's website for more information.



TRIBUNE PHOTO BY LANA MEIER

The Thunder's Franny Coutu of St. Laurent demonstrates how to use the Shadowman Pro tackling form to train.

Einarson splitting from Scotties finalist team

By Brian Bowman

After five years curling with the same team — which recently lost in the Scotties national final — Kerri Einarson has decided to move on.

The Camp Morton skip will be leaving her East St. Paul rink at the end of this season.

Einarson will skip a new women's curling team next season with three other former skips — including three-time Alberta champion Val Sweeting.

Einarson and Sweeting, who will play third, will be joined by Shannon Birchard and Briane Meilleur.

Sweeting has lost two national finals while Meilleur played in the Olympic pre-trials late last year.

"With a new quadrennial approaching, this team assembled with the hopes of qualifying for and succeeding on the Grand Slam Circuit, making a strong run in the 2019 Manitoba Scotties, and building towards the ultimate goal - the 2022 Olympics," the new Einarson team announced on its Facebook page.

"After skipping their respective teams, Val, Shannon, and Briane are ready for the challenge of a new position and look forward to joining up with Kerri."

"We are all very excited to build and grow as players and cannot wait for

next season to start."

Einarson, who grew up in Petersfield, curled in two of the past three national Scotties events. She lost in the final this year after winning a wildcard game over Alberta's Chelsea Carey and then quickly becoming a fan favourite in Penticton.

Team Einarson will compete in two Grand Slam of Curling events in April before breaking up.

"We're just going to go into it with a positive attitude," said Beausejour's Selena Kaatz, who plays third.

"We had a lot of good times as a team so, hopefully, we can go into those events with a good attitude and have a good couple of last events together."

Team Einarson posted this comment on Feb. 12 via Facebook.

"Five years have come and gone and we have gone through some major highs and lows as a team," read the post. "We've each grown personally and as athletes and have travelled across Canada many times over together."

"We've won some huge games and lost some heart-breaking ones. We've made some amazing memories together and will never forget the great times we've had but have decided that this version of Team Einarson will be no more."



TRIBUNE PHOTO BY CURL CANADA
Kerri Einarson has decided to move on after curling with the same team for the past five years.

Meanwhile, the remainder of Einarson's rink, which includes Kaatz, second Liz Fyfe and lead Kristin MacCuish, have elected to stay together.

They will be led next year by Sudbury's Tracy Fleury, who placed fourth while representing Northern Ontario at the

Scotties Tournament of Hearts.

"We're really, really excited," Kaatz said last Sunday afternoon. "Tracy is a really good shooter and she's super, super nice. We're really excited to get started with her next year."

Kaatz reached out to Fleury to skip their squad because she believes they will work real well together.

"We get along well off the ice, so I'm sure that will transfer on the ice," Kaatz said. "We have had a head start on that by getting to know her. We're really looking forward to that."

Kaatz isn't too concerned about having an out-of-province skip.

"We're going to fly her out for a few practice weekends," Kaatz said. "Kristin, Liz and I have practiced a lot, just the three of us. It won't be too different but we will fly her out."



HEAD COACH NEEDED FOR INTERLAKE MINOR 18U AAA BASEBALL

*If interested in this paid
position please email
smeyers@highspeedcrow.ca*

Classifieds

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

Do you have a NEWS TIP? Or a STORY for our news team?

Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

Call 204-467-5836

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

RECYCLING

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

HOME CONSTRUCTION & RENOS

New home construction, Renovations, Engineered Drawings. Henry Vroom, 204-295-2866, info@smallfaces.ca

CONDO FOR SALE

#13-15 Keith Consens Dr., Stonewall. 2 bdrm., well maintained, garage, vaulted ceilings, gas fireplace, low condo fees. \$269,900. Call 204-467-2967 or 204-781-7543.

STEEL BUILDING

Steel Building Sale... "Really big sale is back - extra winter discount on now!" 20X23 \$5,798. 25x27 \$6,356. 30x31 \$8,494. 32X33 \$8,728. 35X35 \$11,670. One end wall included. Pioneer Steel 1-855-212-7036 www.pioneersteel.ca

APARTMENT FOR RENT

Age 55+ Apartments - INWOOD SENIORS LODGE bachelor & 1 bedroom suites. RGI & capped rent. Meal program & activities on site. Call Tina for more info 204-278-3534 email: inwoodm@high-speedcrow.ca

APARTMENT FOR RENT

Small 1 bdrm apt. centrally located in the Town of Teulon. Close to all amenities within walking distance to everything you need. \$610/mo. heat, hydro, parking included. Text Kirt at 204-886-7717.

SHOP LOCAL

SERVICES

Professional Computer Services - Desktop & laptops (PC & Mac), printers, wired & wireless networks, internet connectivity, email messaging & training. Microsoft certified with 20 years experience. Residential & commercial. Locally based - in home service serving Argyle, Balmoral, Grosse Isle, Stonewall, Stony Mountain, Warren & Woodlands. Bert at 204-467-2468.

SHOP LOCAL

Need to Promote Your Business?

Call: 204-467-5836
or Email: igraphic@mts.net

take a break

> GAMES

SUDOKU

	5					3	9	
	8							
		3	8	6		7	5	
				3	2	8		5
				8			6	
		7						
	4	9	6				3	
1				5				
				9		2		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	8	2	7	6	7	9	9	8
9	4	6	8	5	2	8	7	1
7	8	5	8	1	9	6	7	2
6	2	1	9	4	5	7	8	8
8	9	4	7	8	6	1	2	5
5	7	8	2	8	1	7	6	9
2	5	7	6	9	8	8	1	7
7	1	9	5	7	8	2	8	6
8	6	8	1	2	7	9	5	7

Sudoku Answer

S	T	E	S	E	R	D	N	O	E	T
S	V	W	G	I	N	E	V	T	U	B
E	N	U	E	T	E	K	C	V	H	D
E	N	V	S	L	U	C	S	H	L	O
V	R	O	S	T	E	C	O	V	I	H
N	I	P	V	S	T	S	S	F	d	S
S	T	V	O	W		W	N	I	W	S
S	D	V	C	S		I	L	O	V	P
N	E	T	U	T	G	O	R	E	C	
E	H	I	V	G	V	D	O	C	S	D
S	E	W	V	E	D	O	E	G	S	I
S	d	I	K	S	N	V	T	E	G	E
E	W	H	O	T	V	G	I	T	V	S
T	E	A	V	R	N	U	D	I	O	R
T	E	P	P	A	V	T	E	V	R	B

Crossword Answer



CROSSWORD

CLUES ACROSS

1. Shaded inner regions
7. Overlapping part of a garment
13. Type of smartphone
14. Fall apart
16. Football's big game (abbr.)
17. Crocodilian reptile
19. Of I
20. Swamp plant
22. Sun can help you get one
23. Hops, __ and jumps
25. Cuckoos
26. Small cavities in rocks
28. American traitor
29. Tooth caregiver
30. Popular fish
31. Ottoman military leader
33. Anger
34. Fish of the mackerel family
36. Some people can't eat it
38. Amer. Revolutionary War battle
40. Misleading ads
41. Atomic number 76
43. A type of castle security
44. Sunscreen rating
45. Very fast airplane
47. Vigor
48. 007's creator
51. __ and that
53. Indicating silence
55. Brown and gray rail
56. Nocturnal insects
58. Make an incision
59. Norwegian village
60. Commercial
61. Criminal
64. Northeast
65. Clouds of gas and dust in outer space
67. Mysterious things
69. One who won't be forgotten
70. Starts over

CLUES DOWN

1. Straighten
2. Gives medical advice (abbr.)

	1	2	3	4	5	6		7	8	9	10	11	12	
13								14						15
16			17					18					19	
20		21				22				23		24		
25					26				27		28			
29				30				31		32		33		
		34	35						36		37			
38	39									40				
41					42				43					
44				45		46		47				48	49	50
51			52		53		54				55			
56				57		58				59				
60			61		62				63				64	
65		66						67				68		
	69							70						

3. Touts
4. One's job
5. Afflict in mind or body
6. Proofed
7. Capital of Angola
8. Social insect living in organized colonies
9. Ones who are financially compensated
10. Jacket
11. Electron volt
12. Tuned
13. Syrian leader
15. Reduces
18. Congress' investigative arm
21. Make uneasy
24. A fake
26. Any thick messy substance
27. Goad
30. Titan
32. Continental Congress delegate

for NY

35. Peyton's younger brother
37. Fiddler crab
38. Delivers the mail
39. Liliaceous plant
42. Mountain Time
43. Where wrestlers work
46. Secured
47. Dog breed
49. Where rockers perform
50. Nostrils
52. Express doubt
54. Pointer
55. Slang for sergeant
57. Selling at specially reduced prices
59. Six (Spanish)
62. Holds nonperishables
63. Between northeast and east
66. Exist
68. Meitnerium

Classifieds

Stonewall Teulon
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email igrphic@mts.net

FARMLAND FOR RENT

ROSSER - 75 acres of farmland newly available for rent. Located just outside of north Winnipeg Perimeter at Sturgeon Rd. Contact Shawn or Rebekah 204-837-4895.

HELP WANTED

Part time cook, evenings & weekends 15-20 hours/week. Some previous experience req'd. Competitive wage. Drop resume at Pizza Den, Stonewall or email robert.magnifico@gmail.com

Full-time Assistant Manager required at Pizza Den Restaurant & Lounge, Stonewall. General supervision, team leader, hands on position includes making pizza dough, pizzas & working the pizza oven. Days, evenings, weekends. Work experience required. Apply with resume robert.magnifico@gmail.com

HELP WANTED

Part time waitress required 3 days a week (11 a.m. - 4 p.m.) at Sig's Grill, Stonewall. Call or email Peter 204-227-9303 or pteryjang@gmail.com

Full-time cook required. Experience preferred. Contact Sheri at Rockwood Motor Inn, Stonewall 204-467-2354.

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

BOOKKEEPING

Prairie Bookkeeping offers bookkeeping solutions to small business 204-998-4789.

Please support our advertisers
SHOP LOCAL

INCOME TAX

Prairie Bookkeeping offers personal & small business income tax preparation. Certified to efile with CRA. 204-998-4789.

CLEANING SERVICE

Does your business require a reliable cleaning service? Do you have above average standards! Call J&R's Custom Clean at 204-461-4265 to schedule your free estimate.

ADVERTISE YOUR SERVICES HERE

McSherry Auction

12 Patterson Dr. Stonewall, MB
Estate & Moving
Sat Feb 24 @ 10:00 AM
Consignment Sale
Sat March 3 @ 10:00 AM
Annual Spring Gun Auction
Sat March 24 @ 9:30 AM
Call to Consign - Pick Up / Trucking Available!
Now Booking Spring & Summer Auctions!
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

MISCELLANEOUS

Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, Leasing & Financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, Mb. 1-888-685-3127.

THINGS TO SELL? ADVERTISE THEM HERE

Meyers Collector Auction

10 am March 3
Arden MB
Currency & Coins
Star Wars & Star Trek
Die Cast Cars
NHL Starting Line Up
Hockey Action Figures
Beer Signs & Posters
Bradley Meyers
Auctioneer
204-476-6262
www.meyersauctions.com

READY FOR DELIVERY

1584 sqft. showhome. Only \$199,000. 9 ft walls, 3 bedroom, 2.5 baths. Maple kitchen with island & walk-in pantry. Covered veranda. Tripane windows & fir plywood construction and James Hardie siding. For more information visit wgiesbrechthomes.ca or 204-346-3231

BOOK YOUR ANNOUNCEMENT TODAY

- BIRTHDAYS •
- OBITUARIES •
- IN MEMORIAM •
- NOTICES •
- BIRTHS •
- ANNIVERSARIES •
- MARRIAGES •
- ENGAGEMENTS •
- THANK YOUS •

Stonewall Teulon
Tribune
Call 467-5836

PUBLIC NOTICE

Public notice is hereby given that Rockwood-Rosser Weed District intends to conduct the following pesticide control program during the 2018 season within the Rural Municipalities of Rockwood, Rosser, and the Towns of Stonewall and Teulon.

- To control noxious weeds and brush on public right-of-ways and public or private owned property within the above noted towns and municipalities. The projected dates of application will be from April 15, 2018 to December 31, 2018. The herbicides to be used include:
 - 2,4-D Amine-----2,4-D Choline-----Dicamba
 - Picloram-----Triclopyr-----Glyphosate-----Aminopyralid-----Metsulfuron methyl-----Mecoprop-----Aminocyclopyrachlor-----Chlorsulfuron-----Diflufenzopyr-----Acetic Acid
 - Iron HEDTA (FeHEDTA)-----Flumioxazin-----Paraffinic Oil
 - Alkoxylated alcohol non-ionic surfactant
 - Methyl and ethyl oleate-----LI 700
- To control the following insect pests including grasshoppers, forest-tent caterpillars, cankerworms, and elm bark beetles if necessary. To control mosquitoes if necessary. The proposed dates of application if and when needed will be from May 1, 2018 to December 31, 2018. The insecticides to be used include:
 - Chlorpyrifos
 - Deltamethrin
 - Malathion
 - Bacillus thuringiensis israelensis
 - Bacillus thuringiensis var. kurstaki
- To control rodents at designated landfills when necessary using the following rodenticides:
 - Brodifacoum
 - Bromadiolone
 - Difethialone
 - Chlorophacinone
- Any resident of the Rural Municipalities of Rockwood, Rosser, or the Towns of Stonewall, Teulon likely to be affected by these programs and opposed to the issuance of a Provincial Use Permit, must submit annually their written comments within 15 days of this publication to:

Manitoba Sustainable Development
Environmental Approvals Branch
123 Main Street, Suite 160
Winnipeg, MB. R3C 1A5

The Rural Municipality of Woodlands ANNUAL PUBLIC NOTICE

Additions to the Voters List and/or Personal Security Protection Requests

In accordance with Section 36 of *The Municipal Councils and School Boards Election Act* (MCSBEA), the Rural Municipality of Woodlands Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Local Authority of Rural Municipality of Woodlands can have his or her name added to the Voters List, or have any information about the voter on the Voters List corrected.
- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Senior Election Official, in person, by e-mail, fax or mail to:

Rural Municipality of Woodlands
57 Railway Avenue
Box 10
Woodlands, MB R0C 3H0
Ph. (204)383-5679
Fax (204)383-5169
Email: admin@rmwoodlands.ca

The next General Election takes place Wednesday, October 24, 2018.

Ernie Epp
Senior Election Official

Please support our advertisers
SHOP LOCAL - SUPPORT LOCAL

VIDIR
vertical storage solutions
Teulon, MB

PRODUCTION WELDER

Vidir Solutions is a leading manufacturer and worldwide supplier of vertical motorized storage carousels, display systems and rolled goods cutting systems. Our highly versatile product lines offer industry solutions for construction, retail, medical, warehouse, government, automotive, printing and manufacturing.

We are currently looking for individuals to work in our Production Welding Department.

The successful applicant must:

- be self-motivated;
- able to read prints and measurements;
- be a quick learner
- be able to function well in a team environment.
- CWB certification an asset but training is available.

Competitive wages and a comprehensive benefits package offered.

Please email resume, with 3 references, to hr@vidir.com. or mail to: Box 700, Arborg, MB R0C 0A0 or fax to: (204) 364-2454.

Only those selected for interviews will be contacted.
www.storevertical.com

VIDIR
vertical storage solutions
VIDIR SOLUTIONS INC.

SERVICE CO-ORDINATOR/ TECHNICAL SUPPORT

Vidir Solutions is a leading manufacturer and worldwide supplier of vertical motorized storage carousels, display systems and rolled goods cutting systems. Our highly versatile product lines offer industry solutions for construction, retail, medical, warehouse, government, automotive, printing and manufacturing.

Individual will be providing service and customer support to Vidir Solutions customers.

Candidate must:

- Be capable of problem solving.
- Have good communication skills
- Mechanically inclined,
- well organized,
- self-motivated,
- be able to work independently and also in a team environment,
- On-call availability after hours and on weekends on a rotating basis,
- Individual must also have a working knowledge of computer programs, including Word and Excel. Also must be capable to learn a work order management and inventory control software system.

Deadline for resumes March 2, 2018

Please email resume, to hr@vidir.com. or mail to: Box 700, Arborg, MB R0C 0A0 or fax to: (204) 364-2454

Only those selected for interviews will be contacted.

www.storevertical.com

Classifieds Stonewall Teulon Tribune Announcements

Book Your Classified Ad Today - Call 467-5836 or Email igraphic@mts.net

MISCELLANEOUS

Colorado Blue Spruce: \$0.99/each for a box of 180 (\$178.20). Also full range of tree, shrub, and berry seedlings. Free shipping most of Canada. Growth guarantee. 1-866-873-3846 or TreeTime.ca.

UPCOMING EVENTS

World Day of Prayer at the Anglican Church, Stonewall on Friday, March 2 at 7 p.m. All are welcome.

UPCOMING EVENTS

SAT. MARCH 3, 2018 S.I.R.A.S. Annual Spring Dinner at the Red Barn (Hwy 236 & Rd. 75N), cocktails 5:30, dinner 6:30, \$25 auction/entertainment, tickets & info 204-467-8789 or 204-881-1204; SAT. MARCH 10, 2018, CFY 920 AM RADIO & S.I.R.A.S., "TALENT NIGHT" at the Red Barn 8 p.m., admission \$3, to be a contestant please call Alvin 204 467 8489 or Diane 204-633-2238.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or email stonewoodelk@hotmail.com

HAY FOR SALE

Small square prime Alfalfa June Courtney grass, small square prime Alfalfa and small square Oat straw. Leave message. Call 204-482-5101.

FARM MACHINERY

7700 Ford tractor, 86 HP with cab, asking \$14,000 obo; 22 ft. White cultivator with wings; bale spear for front end loader. Ph 204-322-5614.

CELEBRATE THE SPECIAL MOMENTS!

Don't forget to send your special wishes to your friends and family.

FARM PRODUCE

Local honey for sale. Sold in various sizes, 1 kg. & up. Call 204-461-1267.

ANNOUNCEMENT

CARDS OF THANKS

The family of Barry W. McMahon would like to express their most heartfelt and sincere gratitude to everyone who reached out with sympathy and condolences. We would like to reiterate our infinite thanks to the staff of both the Teulon Hospital and Goodwin Lodge. Every single one of you did your best to care for not only the client, Dad, but the whole family – especially Mom, treating us all with dignity and respect. We cannot say thanks enough to all those who phoned, sent notes, flowers, food etc. and donated to Dad's charities, as well as stopping to share a hug or a memory. From family, to close friends, neighbours, acquaintances, staff and even strangers – the extra care you have shown us all – but especially our Mom – has been overwhelming! The difficult transition to Mom's routine and general health has been easier because of the genuine care and support that has surrounded her. We would also like to express appreciation to Ken Loehmer for guiding us through this heart-breaking process. He was gentle, professional, respectful and intuitively knew how to look after our every need.
-Thank you all once again...
Shirley McMahon and family

ANNOUNCEMENT

CARDS OF THANKS

It has been a difficult year. We would like to thank everyone who supported us in any way since Mom's passing (Bette Morin). Your kindness will not be forgotten.

-Sincerely,
Nancy and Phil Yakielashek, Karen Ellison, Leslee Morin and families

ANNOUNCEMENT

CARDS OF THANKS

Thank you to those who sent good wishes, cards, flowers and food and to friends who came to visit after my surgery. Your thoughtfulness will be remembered for a long time.

-In appreciation,
Mae Hoey

ANNOUNCEMENT

BIRTHDAY



Happy 107th Birthday
Eva Paulsen

On February 18th, 2018
Best Wishes From All Your
Children, Grandchildren,
Great-Grandchildren and
Great-Great-Children

We love you
and are blessed to still have you with us
after all these years.

**HAPPY
107th BIRTHDAY!**

Remember Your Loved Ones with an Announcement in the

- BIRTHDAYS
- NOTICES
- BIRTHS
- OBITUARIES
- IN MEMORIAMS
- THANK YOUS
- ENGAGEMENTS
- ANNIVERSARIES
- MARRIAGES

Tribune Stonewall Teulon

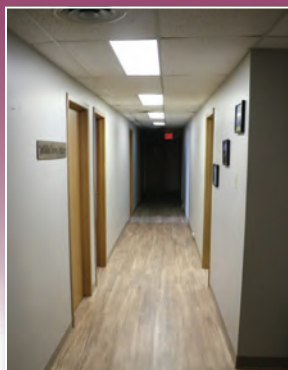
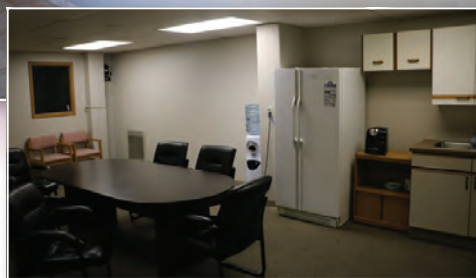


Do you have a suggestion for our news team?

Call 204-467-5836

CLANDEBOYE AVE in Selkirk Executive Mall

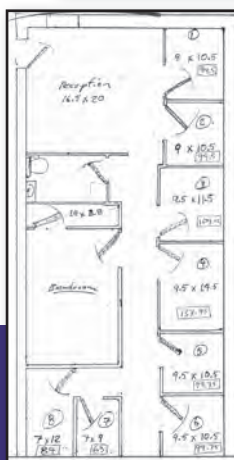
OFFICE SPACE FOR LEASE



Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association and Sun Life Financial. The Selkirk Record and a new incoming tenant occupy separate space though their own private entrances. The building was upgraded in 2012. Both the reception and board room are shared, there are currently five offices available for lease.

For information please contact:
BIG Real Estate
204-485-0010
emailbigandcolourful@mts.net



REMEMBER YOUR LOVED ONES WITH A MESSAGE IN THE TRIBUNE

Hip or knee replacement?

Problems walking or getting dressed? The Canadian Government may owe you a:

\$2,500
Yearly Credit
\$20,000
Lump Sum Refund

The Disability Credit Service. Lowest rate in the industry.

For reliable expert service CALL
204-453-5372

Know someone who is having a special Birthday? Make their day extra special with a message in the Tribune

Call 204-467-5836

Tribune Stonewall Teulon

BOOK YOUR ANNOUNCEMENT TODAY

- Birthdays • Notices • Marriages
- Births • Obituaries
- In Memoriams • Thank Yous
- Engagements • Anniversaries



204-467-5836 **Tribune** Stonewall Teulon

Announcements

Book Your Announcement Today - Call 204-467-5836 or Email classifieds@stonewallteulontribune.ca

Stonewall Teulon
Tribune

ANNOUNCEMENT

IN MEMORIAM

Bernice (Judy) Gulay
In Loving Memory
of my beloved wife, Judy
who passed away peacefully
February 23, 1999

I did not know that morning,
What sorrow the day would bring;
The bitter grief, the shock severe,
To part with one I loved so dear.
You bid no one a last farewell,
No chance to say good bye;
You were gone before I knew it,
And only God knows why.
It broke my heart to lose you,
But you did not go alone;
For part of me went with you,
The day God called you home.
Our family chain is broken,
And nothing seems the same;
But as God calls us one by one,
Our chain will link again.
You'll always live in my heart and memories.
Until we meet again some day.

-Lovingly remembered and sadly missed
today and always,
by your loving husband, Arnie

ANNOUNCEMENT

IN MEMORIAM



Don Williams
January 8, 1937 - February 25, 2017
One year ago our family chain was broken,
So nothing seems the same;
But as God calls us one by one,
Our chain will link again.

-We love and miss you,
Joan and family

ANNOUNCEMENT

IN MEMORIAM

Bryan Ewart Good
I do not need a special day
To bring you to my mind;
For days without a thought of you,
Are always hard to find.

-Forever loved
And always remembered,
Yvonne

OBITUARY

Isabel Edna Jones

Peacefully on February 14, 2018 Isabel Jones (nee Lawrence) passed away at Rosewood Lodge with her family by her side. She was born in Stonewall, Manitoba January 9th, 1929.

Survived by her children Allan (Marilyn), Ken (Janis), Vivian (James). Grandchildren Jason, Chad (Carla), Clint (Becky), Adam (Vera), Pamela (Kevin), Daryl (Ally), Blair (Kayla). Step grandkids Christine (Dan), Shawn (Erica). Great-grandchildren Carson, Hailey, Casey, Lilly, Isla, Alex. Steps: Michaela, Mia, Christine, James and Serena. Survived by Evelyn York, Jean (George) Griffin, Jack (Isabel) Lawrence, Eileen (Marvin) King, Kathy Nichol, Eileen Jones, Gwen Griffin and numerous nieces and nephews.

Isabel is predeceased by her loving husband Ben Jones and her parents Albert and Edna Lawrence and numerous brothers and sisters-in-law.

Isabel was raised on her parent's farm in Argyle, Manitoba and attended the Brant - Argyle School. On October 23, 1948 Isabel married Ben Jones. They farmed on the Jones family farm in Warren. There they raised their children and she took an active role in all farming activities. She loved to be outside, enjoyed horses and driving all the farming equipment, hauling hogs and running a chicken operation. In her earlier years she planted a massive garden, having enough to feed her family and friends at huge Sunday meals. Everyone was always welcome at her home and never left without being well fed. Her pantries were always well stocked, including a third drawer at Rosewood. She took pride in her flowerbeds and dealt with Ben accidentally rototilling up some of her perennials. They would play their violins together at dances and at home, sometimes Isabel would enjoy playing along with the tunes on the Saturday night polka party. Going fishing was a passion and she was so happy to be out with her rod last fall. There are so many memories of the antics and predicaments she got into. Her other passions were her kids, grandkids and great-grandkids, spoiling each and every one of them.

We have many people and "angels" to thank for keeping mom comfortable and entertained for many years, a close relationship was made with many homecare staff and became like extended family. Many thanks to Dr. Graham and staff at Rosewood Lodge. Also, Anne Moffat was her closest companion over the last while, they brought each other comfort and a lot of joy.

A memorial service will be held on Saturday, February 24, 2018 at 10:30 a.m. at the Warren United Church. Rev. Patricia Baker will officiate. A luncheon will follow at Woodlands Hall. A private family interment will be held at a later date.

Flowers are graciously declined, if friends so desire, donations may be made to Rosewood Lodge Recreation Program toward the palliative care.

Ken Loehmer
KEN LOEHMER
FUNERAL SERVICES
204-886-0404

**Remember
your loved ones
passed with a
message in the**

Stonewall Teulon
Tribune

Call 204-467-5836 or
email igraphic@mts.net



Biz Cards

*Get The
Job Done!*

Call 204-467-5836 ads@stonewallteulontribune.ca

Balmoral Hall

Catering Available / Capacity 200
Anniversaries • Family Birthdays
Special Occasions
Contact Brenda 467-2730

**CONCRETE
Foundations & Floors**

Appreciating the people of the Stonewall
& South Interlake area for 35 years.
Keith Assels 204-886-2104

**Everlasting
MEMORIALS**

NEW LOCATION 4348 Main St West St. Paul, Mb
(formerly Young & Yaremchuk's Stoneworks)
15% DISCOUNT ON ALL MONUMENTS SOLD IN FEBRUARY
(204) 334-4721
everlastingmem@gmail.com www.everlastingmemorials.info

stonewall
chiropractic
centre

Also
Acupuncture • Custom Orthotics • Massage Therapy
Billing to Autopac,
Blue Cross, WCB 204-467-5523

Ralph Tanchak..Artist - murals

commission
paintings
- art instruction
- caricature parties
phone: 204-461-0160
f Colour-Splash Artist Ralph Tanchak

ALICE ROOFING LTD

Complete Roofing Services
• Residential • Agricultural
Licensed and Insured

204-757-9092

www.aliceroofing.ca

**INTERLAKE
TOWING**



**24 Hour
Service**

CAA & MPIC Approved

204-278-3444

STEP UP TREE REMOVAL

FOR A "CUT" ABOVE THE REST...

- Tree Cutting & Removal
- Tree Trimming & Pruning
- Bucket Truck

Will beat any written competitor quote up to 10%

Rob - call or text

204-785-3273 stepuptreeremoval@gmail.com

Fully Insured



Biz Cards

Call 467-5836 ads@stonewallteulontribune.ca

INTERLAKE INSULATORS



BALMORAL, MANITOBA
 • Spray Foam
 • Blow In
 • Fibreglass
Brent Meyers
 204-461-4669
 interlake_insulators@hotmail.com
FREE ESTIMATES
SPRAY FOAM SPECIALISTS

K. McNally CONSTRUCTION

Basements • Foundations • Renovations
I.C.F. Specialists
Kyle McNally
 kmcnally86@hotmail.com **204 641-3807**

MAXWELL'S PROFESSIONAL PAINTING

COMMERCIAL/RESIDENTIAL
 Cell: (204) 792-0675 or (204) 467-5008
 Email: maxpro@mts.net
 Box 275, Stonewall, MB R0C 2Z0

BOONSTRA FARMS

RV Sales
 204-941-0228
 204-467-8480 • www.boonstrafarms.com

FULLHOUSE MOVERS

ALEX FOTTY
 HOME: 204-467-2419
 CELL: 204-461-2352
 NOTHING BEATS A
FULLHOUSE MOVE

Dylan Morrow's PAINTING

Certified Journeyman
204-588-7570
 Accommodating jobs of all sizes!
 Mark Hidlebaugh - Sales Representative 204-344-5342
 www.dylanmorrowspainting.ca

Whispering Oaks Greenhouse

OPEN
 Mother's Day
 TILL end of July
 Rick & Lori Schellekens
 77N & Meridian Rd
 Woodlands, MB
 204-995-8423

Stroke of Colour PAINTING

Every home deserves a stroke of colour
JEFF BAKER
 Stony Mountain, MB | 204.223.8441
 strokeofcolour@gmail.com

Odd Fellows Hall

• Weddings • Socials • Showers • Meetings
 • Capacity 220 persons • Kitchen available
 374 1st St. West
 Stonewall
 Del Phillips 204-791-0564
 Text if possible
 Hall 204-467-5556
 stonewalldoddfellows@gmail.com

KEN'S CARPENTRY

Smaller Buildings Cottages Decks
 Reasonable Prices 204-886-7467

WOODLANDS HVAC

Heating Ventilation Air conditioning
 Commercial/Residential
CURTIS OLIVER
 1.204.461.1678 • woodlandshvac@gmail.com

Electro Wright CONTRACTING INC.

Derek Fotty
 Ph. (204) 467-RITE(7483)
 Fax. (204) 467-2000
 Email. electrowright@mts.net
 Electrical Contractors



WOODLANDS AUTO SALES & SERVICE

204.272.3767
 woodlandsauto@mymts.net
 woodlandsauto.ca
 4 Hogg Street
 Woodlands Mb R0C 3H0

Rockwood Landscaping & Tree Service

*Complete Landscaping
 *Barkman Concrete Products
 *Concrete Breaking
 *Aerial Tree Pruning & Removal
 *Chipping
 *Stump Grinding
 *Tree Planting
 *24HR Storm Service
 *Snow Removal
 *Skid-Steer
 *Compact Track Loader
 *Excavator
 *Bucket Truck
467-7646
 Free Estimates

A King's Comfort Infloor Heating

A DIVISION OF MELAINE SERVICES INC.
 All infloor heating built and maintained for:
 Residential, Industrial, Workshops
Darryl Harrison
 CIPH Certified Hydronic Designer
 Mobile: (204) 461-4216
 website: www.akingscomfort.com
FREE Quotes

BJORNSON ROOFING LTD.

Roofing • Soffit Fascia and Eaves • Windows and Doors
Phone 204.795.0740
 Email derek@bjornsonroofing.com
 www.bjornsonroofing.com

McLeod Mechanical Services

RESIDENTIAL & COMMERCIAL
 • Plumbing
 • Heating
 • Gas Fitting
 • Air Conditioning
 • Backflow Testing & Installations
 Grosse Isle, MB **204-513-1154**
 mcleodmechanicalservices@highspeedcrow.ca

GRANTHAM LAW OFFICES

Lawyer & Notary Public
STONEWALL OFFICE:
 #1-278 Main St., Stonewall **467-5527**

pampered chef

INDEPENDENT CONSULTANT
 • Cooking Shows • Meal Prep Solutions
 • Fundraisers • Individual Orders
 204-485-4272 call or text
 stoneware444@gmail.com
 www.pamperedchef.biz/michellebalharry

SunRise SOLAR INC.

Chris
 chris@sunrisesolarmb.com
 Darryl
 darryl@sunrisesolarmb.com

NAPA AUTOPRO

Brake Family Auto Sales & Service Ltd.
 Auto Service • Maintenance & Repair
 Used Vehicle Sales
 napaautopro.com
 214-2nd Ave North, Highway 67
 Stonewall 204-467-9156

COUNTRY TOWING

Light - Heavy Duty Towing
 Proudly Serving Stonewall, Warren & Surrounding Areas
 CAA MPI
 countrytowing@mymts.net **204-990-4718**

Ritchie & Perron PLUMBING HEATING LTD.

ritchie_perron@live.ca
 Stonewall, MB
 Red Seal Certified
 Certified gas fitter
 Residential/Commercial
Ryan 230-4674 Trevor 232-6263

PLUMBING

Commercial & Residential
 New Installation & Service
 Plumbing & In-Floor Heating
 Water Softener Installations
 Water Filtration/
 Reverse Osmosis
RILEY PATTERSON
 Journeyman Plumber
Cell 204-461-0035

COMMERCIAL COMFORT INC.

Heating & Cooling • Refrigeration
 REFRIGERATION • HEATING & COOLING
 Residential & Commercial
461-HEAT (4328)
 commercialcomfort16@gmail.com
 Owner: Jeff Meier

PERIMETER DRILLING LTD.

*Water Wells *Pressure Systems
 *Repairs *Septic Systems
 Phone: 204.632.6426
 Email: pdl1@mymts.net
FREE CONSULTATIONS
 Servicing the Community for Five Generations

Doctor DECAL

204-467-9405
 drdecal@mymts.net
 ALL WORK DONE LOCALLY ON SITE
 330 Main St. Stonewall, MB
 www.doctordecal.ca
 • Signs • Banners • Posters
 • Billboards • Awnings
 • Sign Holders
 • Vehicle Graphics
 • Wraps • Magnetics
Laser Engraving
 • Awards • Medals • Plaques
 • Glassware • Rubber Stamps
 • Name Plates • Lamacoids
 • Promo Items • Personalized Gifts
 • A Wide Variety of
 Retro Trophies (FREE)
 Only Pay for Engraving
Clothing
 • Hats • T-Shirts • Uniforms

INTERLAKE EAVESTROUGHING & SIDING INC.

Siding, Eavestroughing, Soffit,
 Fascia, Capping Windows
 Free Estimates • 781-0533
 www.interlakeinc.ca

Prairie Earthworks Ltd.

Excavator & Dozer
 Services
 Heavy Equipment
 Contractor
204 461-0815

Residential, Commercial, Agricultural

Roofing • Eavestroughing • Soffit • Fascia • Siding
204.461.0019 Grosse Isle, Mb
 www.AdvanceExteriors.com