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THURSDAY,  
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**Morning motivation**

TRIBUNE PHOTO BY MONICA BALDWIN

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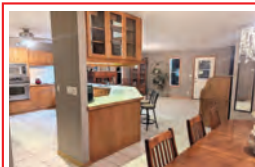
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# Artwork at HAC showcases yellow and blue theme

By Jennifer McFee

"Blue and yellow" is the theme of a new Stonewall-based art installation that is brightening the walls of the Heritage Arts Centre.

The Stonewall Art Group is showcasing 23 art pieces by 18 local artists from Stonewall and surrounding communities. Until April 17, the artwork will be on display at the Quarry Park Heritage Art Centre.

David Mackinder, a member of the art group, explained that they pick a theme and an alternative theme for each semester of their schedule.

"In September, with the Ukraine conflict on everyone's minds, 'Yellow and Blue' was chosen as our only subject," he said.

"These works are now completed and the group has installed some on the main wall of the lobby at the centre."

The artwork installation includes oil paintings, acrylic paintings and coloured pencil drawings, he added.

"The works are all yellow and blue," Mackinder said. "Some are Ukrainian-specific; some are sombre, but most are colourful and uplifting to reflect the hope the artists felt they needed to convey regarding the chosen subject."

Looking ahead to the next project, the artists are currently working on artwork inspired by a choice of two themes: animals or the 1950s.

"These works are being done now and will be hung on the lobby wall in May," Mackinder said.

The Stonewall Art Group is a collective of local artists that meets to paint at the Heritage Arts Centre on Monday afternoons from September to May.

"The Stonewall Art Group always welcomes new members of any skill level," Mackinder said.

"Please feel free to drop in to one of our sessions."

For more information, send an email to [stonewallartgroup@gmail.com](mailto:stonewallartgroup@gmail.com).



TRIBUNE PHOTO BY JO-ANNE PROCTER

Stonewall's Art Group is showcasing 23 art pieces with a blue and yellow theme. The art will be on display until April 17 at the Quarry Park Heritage Art Centre.

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# Province expanding access to in-home sleep testing

Submitted by Manitoba government

Manitoba Health's Diagnostic and Surgical Recovery Task Force has launched a new process for individuals currently waiting for diagnostic sleep testing to find out if they are eligible for an in-home alternative.

The province has an agreement with Cerebra Medical Ltd. to provide in-home sleep diagnostic tests for up to 1,000 patients. The test records brain waves, heartbeats, breathing and other

Continued on page 4

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# Grosse Isle students enjoy early morning activity

By Jennifer McFee

A group of Grosse Isle students is starting the day off right with exercise, fresh air and a healthy meal.

All Grade 5 to 8 students at Grosse Isle School have the chance to participate in a before-school program every Wednesday to enjoy playing hockey followed by a tasty breakfast.

Community member Jessica Beachell said she borrowed the idea for the breakfast club from other places that offer a similar program.

"It is very popular in southwest Manitoba and southeast Saskatchewan, which is where I grew up. In some small communities, they run a before-school program at the local rink and serve breakfast after. Then the school bus picks the kids up at the rink to take them to school," she said.

"The idea was to get older and younger kids together, get some exercise and have a full belly before starting school in the morning. The younger kids look up to the older kids and the older kids act as a mentor."

Originally, Beachell considered offering the club at the outdoor rink in Grosse Isle last year, since pandemic restrictions were still in place and outdoor activities were encouraged.

"I thought since there had been so many activities cancelled over the last two years due to COVID, this would be something the kids could look forward to every week and help develop healthy habits and improve mental health. Unfortunately, last winter, the weather never really co-operated for the program to get up and running," she said.

"The program started the first week back in January. We have had such beautiful weather this January, so it has been perfect."

So far, the program has proven popular with 14 to 18 kids coming out each week.

"If the kids do not want to participate in the activity, they are still welcome to eat breakfast. Currently, we are running shinny every morning. We split into two even teams and a few kids rotate playing goalie from week to week," Beachell said.

"My hope is to continue to run the program all year and, as the seasons change, to change the programs — running in the spring, soccer, beach volleyball in June. There are many options."

For the tasty breakfast, Parrish and Heimbecker Ltd. donates pancakes and Market 6 donates juice boxes.

"We ask for \$2 from each student that has breakfast to cover the cost of fruit and we're hoping to add in sausages in the future," Beachell added.



Grosse Isle School students, Ashlyn Hoas, Annika Ingmundson and Ashly Huard enjoy breakfast after their early morning skate.

"The benefit for the students is they get some exercise and a healthy breakfast every morning, establishing healthy habits. The benefit to the teachers is the kids are energized and ready to focus for the day. The benefit to the parents is it's the only day they don't have to drag their kids out of bed in the morning."

Monica Baldwin, a teacher at Grosse Isle School, agrees the before-school program is a great way to start the day.

"There is so much energy first thing in the morning, and the kids are starting the day in a great mood. It's dark when we arrive, so turning on the lights and playing under the lights is pretty cool as well," Baldwin said.

"We have parent volunteers and younger siblings who come to help with supervision and the breakfast. Miss Adams is usually inside helping organize the breakfast part of things and then Jessica and I float back and forth. I'm so glad we can finally put Jessica's idea in to place for the kids and look forward to trying other activities in the near future."

For students who aren't interested in playing hockey, they're welcome to help with timing shifts and preparing breakfast, she added.

"We must also thank Mr. Lindsay, a community volunteer, for keeping the ice cleared and in great shape for the community and school," Baldwin added.

"And then if it has snowed over night, parents arrive ready to shovel while the kids get ready."

From a parent's perspective, Baldwin sees the upside of this early activity.

"My son is also in Grade 8 and loves his Wednesday morning skate and getting up early to go play," she said.

"A win-win for all involved — and nothing warms my heart more than kids having fun and getting some exercise while they are at it."



TRIBUNE PHOTOS BY MONICA BALDWIN

After their early-morning exercise, Lucas Riddell, Mason Klassen and Rylan Robert enjoy a healthy breakfast.



Ethan Voth laces up for his morning skate.



Connor deLaroque prepping his pancake.

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# King wins PC candidacy for Lakeside riding

By Jennifer McFee

Trevor King will be the Progressive Conservative candidate for the Lakeside riding in the upcoming provincial election.

On Saturday, Feb. 4 at Grosse Isle Recreation Centre, party members had a chance to cast a ballot for two candidates seeking the PC nomination for Lakeside. King won the majority of votes against one other candidate, former Stonewall mayor Clive Hinds.

King said he thought long and hard about running at the provincial level. He is well known in the area for the 12 years he served on council for the RM of Woodlands. He was a councillor from 2006 to 2014, followed by reeve from 2014 to 2018. King didn't seek

re-election in 2018 to fulfill some other responsibilities with his employment at Prairie Roots Co-op.

"I was definitely approached by some people of the party saying that my name kept coming up and they thought I would be a good candidate," he said.

"I thought pretty hard about it and I felt that I would be a good candidate. With the blessing of my wife and my family, and support from a lot of residents, I decided to go for it."

King is confident that he is the right fit for the role.

"I feel I am the right candidate to represent the constituency as a whole. I know I am that type of person that's approachable and available. I'll definitely listen to everyone's concerns.

I care about the people and I know how to listen, so that would be a good start," he said.

"I feel I've got the experience. I was on the board of directors for the Association of Manitoba Municipalities as the Interlake director, so I've also got some insight on how the provincial government works from that perspective."

Current Progressive Conservative MLA Ralph Eichler recently announced that he would not seek re-election after serving the community for two decades. The provincial election must take place on or before Oct. 3.



Trevor King

## > SLEEP TESTING, FROM PG. 2

er information used to diagnose sleep disorders. More than 8,000 Manitobans are currently waiting for sleep tests, which were previously only available by attending a sleep lab in person.

The in-home test is available to eligible people at no cost.

Sleep disorders and a lack of proper sleep can have a wide range of effects on health and well-being. Undiagnosed sleep disorders can increase the risk of diabetes, obesity, hypertension and heart disease.

Cerebra is a Winnipeg-based health technology company focused on improving access to advanced technology for sleep assessment

and diagnosis. This agreement is a short-term solution to build capacity in Manitoba to deal with the backlog of sleep tests.

People waiting for a sleep study can review eligibility criteria at <https://www.gov.mb.ca/health/dsrecovery/solutions.html>. Applicants can then complete an e-form online, email [inprovpatient@gov.mb.ca](mailto:inprovpatient@gov.mb.ca) or call 1-888-600-0108 to move forward. Individuals may also be referred by a primary care provider.

For more information about the Diagnostic and Surgical Recovery Task Force, visit [www.gov.mb.ca/health/dsrecovery](http://www.gov.mb.ca/health/dsrecovery).

# Community support



TRIBUNE PHOTO SUBMITTED

Community Living Interlake was very fortunate to receive a donation of a wheelchair accessible van from McNaught Motors last week. The van was most appreciated by everyone at CLI. Pictured left to right, Tracy Fidler, CLI director of client care; Ila Buchanan, CLI board chair; Claude Manaigre, general sales manager; Frank Veert, general manager; and Jimm Simon, CLI executive director.

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STONEWALL

# Interlake Municipal Caucus asks for thaw of funding freeze

By Katelyn Boulanger

There has been a provincial funding freeze imposed on municipal operating grants since 2016 and, with inflation rising, local municipalities are asking the Manitoba government to end the squeeze so they can put more money into our communities.

"We had written a letter to the province, probably about two years ago now, about taking off the funding freeze and we had copied AMM (Association of Manitoba Municipalities) on it and nothing has happened since," said Larry Johannson, Selkirk's mayor and Interlake Municipal Caucus chair.

Since it's been some time since that letter, Johannson and representatives from the other 19 municipalities that are part of the Interlake Municipal Caucus have penned a letter to Eileen Clarke, Manitoba's minister of Municipal Relations, with the same request to stop the operating grant freeze. They have also sent a copy to the AMM.

The Interlake Municipal Caucus is a group of 20 municipalities north of the Perimeter and west of the Red River and Lake Winnipeg. It includes Arborg, Armstrong, Bifrost-Riverton, Coldwell, Dunnottar, Fisher, Gimli, Grahamdale, Rockwood, Rosser, Selkirk, St. Andrews, St. François Xavier, St. Laurent, Stonewall, Teulon, West-Interlake, West St. Paul, Winnipeg Beach and Woodlands.

The group was formed about two years ago when former Stonewall mayor Clive Hinds approached other area municipalities with the idea. The group is not a lobbying group but brings area municipalities together to host speakers and have monthly discussions about the challenges faced in our area.

On this month's agenda was bringing to the provincial government's attention the need for an end to this funding freeze.

"Since 2016, the real value of \$1 has eroded by almost 20 per cent according to Statistics Canada. With the increase in the equalization payments from the federal government, we hope this is the time that the freeze could come off these operating grants. And, going forward, this grant could be indexed yearly, in accordance with the Manitoba GDP or rate of inflation. We hope you will give our resolution serious consideration and help all Manitoba municipalities with the support we need to keep our communities safe, healthy and growing. Municipalities are the backbone of Manitoba, and it's municipal services that citizens and local economies depend upon each and every day. So, we asked again, please remove the funding freeze, and together we'll make Manitoba stronger than ever," said Johannson reading from the letter.

The resolution to send the letter was passed unanimously by all 20 mem-



TRIBUNE PHOTO SUBMITTED

Ralph Eichler, Alan Lagimodiere, Marion (Mary Anne) Ellis, Joy Sul, Larry Johannson and Sandra Smith at an Interlake Municipal Caucus meeting.

bers of the group.

Johannson says that he feels it's very fair ask to ask for safe and predictable funding.

"The example I use quite a bit is gas . . . We had one price for fuel in 2016 and look at the price of fuel in 2022. We're doing the purchasing of fuel [now] with 2016 dollars and it's getting to the point where it's really hurting us now," he said.

"It's just at the rate of inflation or GDP [that we want]. We're not asking for anything that's really out of the

norm here. What's happening is it's hard on councils and administrations because trucks wear out and graders wear out and roads have to be replaced, bridges have to be fixed. All these things come into play and we can't keep going to the taxpayer asking for increases all the time, because it's not fair to them."

He hopes that the provincial government understands the needs of the municipalities and takes this letter seriously.

## Introducing Woodlands' new CAO, Kaitlyn Griffith

By Autumn Fehr

The Rural Municipality of Woodlands has a new person in charge. Effective Jan. 25, Kaitlyn Griffith was hired for the position of chief administrative officer.

With an existing background with the RM of Woodlands since 2015 as the planning officer and working

closely with three councils and the former CAO on many of the issues the RM has faced, she is excited about the new opportunity.

During her time with the RM, she completed the University of Manitoba's municipal administration pro-

Continued on page 7

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**PLANE** *Coarse Language; Violence*

**PG**

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**AT 7:30 pm**  
EACH NIGHT

*80 For Brady*

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Tom Brady

*Coarse Language; Sexual Language*

**PG**



**AT 7:30 pm**  
EACH NIGHT

*Avatar: The Way of Water*

*Coarse Language; Violence; Nudity*

**PG**

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Jennifer McFee  
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## 10 new COVID deaths in Manitoba; WHO declares COVID an ongoing public health emergency

By Patricia Barrett

Ten more people in Manitoba died from COVID, according to the provincial government's respiratory surveillance report for the period Jan. 22-28 (reporting Week 4). There were 15 deaths reported the previous week.

There were 11 new hospitalizations for COVID in Week 4, with two people admitted to the intensive care unit. The previous week's report showed 10 new hospitalizations with four people admitted to the ICU.

There were 62 new cases of COVID reported in Week 4, a slight increase from the 59 new cases reported the week before. Provincial data are an undercount of the true number of infections as the government restricts PCR testing and rapid antigen test results aren't tracked.

Despite a decline in new COVID cases, the surveillance report says wastewater data for Winnipeg and Brandon show "sustained" activity.

The government no longer provides in its surveillance reports the names of hospitals and personal care homes experiencing COVID outbreaks.

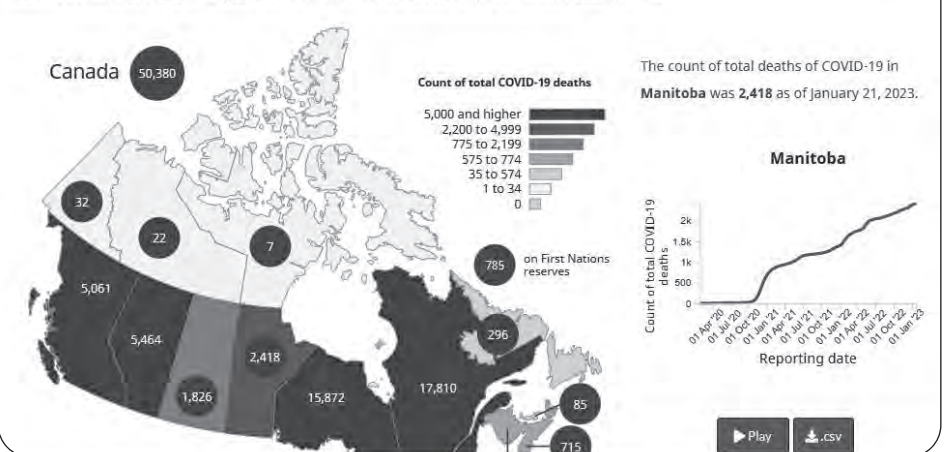
Manitoba's COVID death toll was 2,418 as of Jan. 21, according to the federal government's COVID webpage. Canada's death toll now stands at 50,380.

Influenza cases continue to decline. There were nine new cases of influenza A and one case of influenza B reported in Week 4. There were 10 new influenza A cases and zero influenza B reported the previous week.

One person needed hospitalization for influenza in Week 4, but no deaths were reported. There were 18 new hospitalizations the previous week, along with two deaths.

Figure 1. Count of total deaths of COVID-19, province/territory as of January 21, 2023 (Last data update January 30, 2023, 9 am ET)

Hover over or tap regions to see cases, deaths in Canada over time. Click the play button to animate the map. Map data is available in .csv and .json formats and a data dictionary is available .csv format.



GOVERNMENT OF CANADA

As of Jan. 21, there have been 2,418 COVID deaths in Manitoba and 50,380 deaths across Canada.

There were 76 respiratory syncytial virus (RSV) cases reported in Week 4, down from the 105 reported the week before.

### Other health news:

- The RSV outbreak declared by the Interlake-Eastern Regional Health Authority (IERHA) on Jan. 18 at the Ashern PCH and the gastrointestinal outbreak declared on Jan. 31 at the Betel PCH continue, according to the IERHA's outbreak page (viewed Feb. 5).

- The Eriksdale hospital's ER will be open on Mondays this month, according to a joint notice from IERHA and provincial Shared Health. Outpatient X-ray is available on Mondays and on Thursdays, and lab and ECG services are available Monday to Friday.

The Arborg hospital's ER is available for six out of 15 days during the period Feb. 1-15, either on a 24-7 basis or for 10 hours, according to the IERHA's online ER schedule. The schedule is subject to change.

- The World Health Organization released a statement Jan. 30, saying COVID continues to pose a worldwide public health emergency. The statement comes after the receipt of a report from the WHO's International Health Regulations Emergency Committee.

"The WHO Director-General concurs with the advice offered by the Committee regarding the ongoing COVID-19 pandemic and determines that the event continues to constitute

Continued on page 9

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# letter to the editor

Letters to the Editor: [letters@stonewallteulontribune.ca](mailto:letters@stonewallteulontribune.ca)



TRIBUNE PHOTO BY JOANNA HEMSLEY

This cross-country skier enjoyed the -8 degrees C. on Sunday and captured the sunbeam through the trees while skiing through their trails north of Balmoral. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [weather@stonewallteulontribune.ca](mailto:weather@stonewallteulontribune.ca)

## > WOODLANDS CAO, FROM PG. 5

gram with distinction, which has prepared her for this position.

Born and raised in the RM, putting her hat in the draw for the position of CAO was a no-brainer for Griffith.

"I've always had an interest in the positive growth and development of the municipality. I really enjoyed my time working as the planning officer, and it just felt like the next logical step to see where the municipality goes. I'm excited to play a different role and be a different part of that," she said.

Although it is still early in the game for Griffith, she has many goals and plans for her time as CAO.

One of her top priorities is staffing. "I think that to function effectively and efficiently, council needs to be able to depend on their administration. We have a really great team here, but we are really short-handed right now, and we have been for quite some time. I'm excited to do some restructuring within the organization, which should help fill some vacancies and bring a fresh perspective to things. This will hopefully reduce the overall salary budget," said Griffith.

Another project Griffith is current-

ly working on is implementing a new drainage policy to help with the drainage issues that the RM sees annually.

Otherwise, Griffith said she is looking forward to working with the council and helping them in whatever capacity.

One of the RM's most pressing issues is growth and development.

"I'm hopeful that in the next few years, we will see some more developments and see some expansion in the town of Woodlands and in Warren, as well as some of our other rural settlement centres," said Griffith.

Other projects the council will keep on the table that the previous CAO had been working on include:

- Getting fibre internet into the community.
- Expanding their GIS program.
- A couple of new developments coming in.
- Upgrading some of their utility services.

"I'm excited to be here and see where things go. I'm hoping I can bring some new perspective in, help council, and move the municipality forward," said Griffith.

## Seniors ... see us, hear us!

I want to write about being a senior; I want people to know what it is like. I am a 72-year-old woman with so much to say and so few people to want to hear it.

Everything is more challenging when you become old. Your body hurts, your brain is slower, and you aren't that young, good-looking person anymore. People walk by you, but they don't see you. Or if they do, all they see is a wrinkled older person. They don't see anything else; they don't look to see what is behind those eyes. We are invisible. We are not valuable anymore; we are not needed anymore. Our phones seldom ring; we aren't interesting anymore — we are old. We try to take care of ourselves, but we are limited in what we can do — fixed government income does not go far. Everything is expensive, and prices keep increasing, but seniors do not get raises. I have worked hard for over 50 years, and this is what it has come to — depending on the government to take care of us after we have paid the taxes, etc., for all these years? I personally have tried to find a part-time job in our town, but no one will hire me because I am old. Do these companies not realize we are valuable employees who need the work and are willing to do anything? They don't see seniors as valuable, but most people don't.

For years we worked hard, raised our families, and spent valuable time with our loved ones. But, I see young families struggling to make it in this economy. Both parents have to work, the kids are in daycare, and the expenses are high. They have no time or energy to spend with their parents, grandparents or other family members. Times are hard! In my day as a young person raising a family, it was hard then too. It was

just different than now. But we still had to have work, still had to have a home and still had to provide for our family.

Don't get me wrong; I have no regrets about all my hard work and past. On the contrary, I am proud I was able and willing to take care of my family and provide for them. I only regret expecting more out of my life once I became a senior. There is an empty place inside because you are not needed. Family and work always kept you busy and your heart full. Now what? I loved working; I loved being with family. I always felt full and alive. Did my parents feel that way? It makes me sad to think that and to never take the time to ask how they were.

Mentally, I don't feel old; I still have thoughts of travelling to see my kids and grandkids, and I still think I will get to buy that little house with a garden for me. I still think I can walk and care for my darling puppy for years. I still think my husband and I will celebrate many more years together. But is that realistic? I don't think so. Finances will not stretch that far. But, I don't want to think of my now life of being limited to just a few more days or years. I want to live long and hard. I wish that old lady I see in the mirror every day would not be me.

I wish I had taken the time to get to know my parents as seniors and ask what it was like living as a senior. I know I couldn't change anything except accepting the invisibility of being a senior woman. I love my family and friends; I love my walks and my crafts, and I love waking up physically healthy every day. I just don't love the hole I have inside, knowing there is nothing more I can do to fill it. I want people to hear us; I want people to see us; I want them to know we are still important and have so much to give.

Beat the invisible stigma seniors of today feel. Be visible.

- Danny and Randi Bender  
Stonewall

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# worship

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## The God of Creation

“When I look at your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is man that you are mindful of him, and the son of man that you care for him?” (Psalm 8:3-4).

As I left the house this morning, I glanced out the window and immediately had to call my wife over. There was something she had to see! It is something we have both seen many times, but it never seems to get old. The morning sky, lit up an absolutely stunning pink, with some orange and blue thrown in as well. It was beautiful. And it wasn't an accident.

The Bible is clear that God is not only the creator of the whole world, but He is also the sustainer of the whole world. What this mean is that as the earth spins around, it is only continuing to do so because God continues to make it do so. As we see the sun come up each morning, He has chosen that it will be so, and as those brilliant colours spread across the morning sky, it is because He has given us that beauty as a gift.

Why should a God of that kind of power and creativity care for me? He made the whole universe; planets, stars and galaxies, mountains, forests and oceans. Yet as much as the Bible is clear that God created all of those things, it is just as clear that He created mankind with a unique level of care, and with a desire for relationship with us.

In our sin, we rejected that relationship, but the God who makes the stars shine and the sun rise made a way for us to be restored to Him through faith in Jesus Christ. This is a gift that is far greater than the beauty of a sunrise and I believe the only right response is humility, gratitude and worship.

By Daniel Bredin

## Community Re-Source Network continues to make a difference

By Jennifer McFee

A community mobilization initiative is making a difference in the lives of local youth, adults and families.

Community Re-Source Network is a provincially recognized and supported non-profit organization that serves the towns of Stonewall and Teulon, as well as the rural municipalities of Rosser, Rockwood and Woodlands.

Program manager Danelle Guenther said the organization works in partnership with the RCMP, Department of Families, Interlake School Division, Interlake-Eastern Regional Health Authority, Manitoba Justice and Shared Health.

“Re-Source provides consultation, short- and long-term case management support to youth, adults and families in overcoming barriers to safety, stability and success,” she said.

“In the last year, through various programming co-ordinated, supported or facilitated by our program, the Community Re-Source Network served 156 individuals.”

In 2022, Re-Source completed 23 brief consultations, which offer one-time support to individuals seeking help in accessing and navigating services, safety planning, crisis intervention and more.

Last year, Re-Source also provided short- and long-term case-management to 38 clients. Through this service, individuals can complete an intake and sign a consent form agreeing to participate in ongoing case management from six months to several years.

“Re-Source provides administrative, co-ordination and facilitation support to the volunteer Stonewall and Area Community Justice Committee (CJC),” Guenther added.

“The Stonewall CJC handles pre-charge (law enforcement) and post-charge (Crown) referrals for diversion programming. The Stonewall CJC has been accepting referrals and co-ordinating and facilitating diversion programming since March 2022.

To date, the Stonewall and Area Community Justice Committee has worked with five youth referrals and six adult referrals. In addition, the committee has co-ordinated and facilitated a Community Justice Forum, which involved



TRIBUNE PHOTO SUBMITTED

Left to right: John Harding, Booth University College social work practicum student; Abigail Dessler, Community Re-Source Network program co-ordinator; Danelle Guenther, Community Re-Source Network program manager

six accused people and one victim.

Re-Source also supports the co-ordination and facilitation of a six-week parent program, delivered by Tarrah Kirk who has worked with the Department of Families for more than 20 years. In 2022, Re-Source supported two sessions of this program — one in the spring and the other in the fall — and welcomed 62 participants.

Another offering is the cyber and social media Lunch and Learn event.

“Re-Source, in partnership with the RCMP and Interlake School Division, has developed a two-session Lunch and Learn program for vulnerable youth,” Guenther said.

“This course is delivered informally, over lunch hour — Re-Source provides lunch to students — by an RCMP member with the support of Re-Source staff. Re-Source supported two sessions of this programming in spring 2022, which saw 15 participants attend.”

The organization has been providing services and supports throughout the region since 2009, Guenther noted.

“Re-Source is a member of the Man-

itoba Community Mobilization and Safety Initiatives Network and partners annually with the Booth University College to host social work practicum students,” she said.

“It’s a not-for-profit and relies on annual grant funding for the entirety of programming and operations. Re-Source receives funding from municipal, provincial and federal funding streams, partnering agencies, corporate and commercial funders, private donations and fundraising events.”

Programing and services are offered for free, she added.

“Anyone looking for support can contact the program directly for more information and to set up a meeting to meet with program staff,” she said.

“Partnering agencies can refer individuals to Re-Source.”

For more information about Community Re-Source Network, contact program manager Danelle Guenther at 204-791-4089 or Danelle.Guenther@rcmp-grc.gc.ca or program co-ordinator Abigail Dessler at 204-404-9111 or Abigail.Dessler@rcmp-grc.gc.ca.

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**Friday 4-close Meat Draw at 6:30**  
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**Feburary 25th meal is Roast Beef and Yorkshire Pudding**  
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# Equine-assisted learning program selling calendars

By Katelyn Boulanger

Victoria Morse is setting up an equine-assisted learning program out of Hearthstone Stables in St. Andrews.

This program aims to help young people by having them work with horses. Because Morse wants to be able to offer this opportunity to at-risk youth, she is selling 2023 calendars that will support more kids taking part.

"Our equine-assisted learning program is going to target at-risk youth because I grew up as a person who definitely fell into the category of at-risk youth. I mean, it's a pretty wide umbrella really and I was blessed enough to grow up in a, as much as it was dysfunctional family, it was a family that had horses. And, to the very core of my being, I am very passionate about the healing impact horses can have on people," said Morse.

To that end, Morse has been certified as an equine-assisted learning facilitator and wants to help children who would benefit from spending time learning about and from horses.

"Everybody says, 'Oh, God doesn't make mistakes.' Well, I believe that was the only mistake God ever made and the kind of pain that goes with that. I don't think that that's something that's passed away with another generation or two. I think there are still kids out there that don't believe they have a future; they don't believe they have any hope, and their self-esteem is low. They don't have any



TRIBUNE PHOTO SUBMITTED BY TAEGAN LIPPOWAY

self-confidence, and this kind of program changes their lives. I've seen it absolutely change lives, and I think that we're at a jumping-off place in our society where people are beginning to understand that," she said.

Morse says that the whole point of the program is to have the children engage with the horses, and the horse engage with them.

"We're predators, and they're prey animals, so their very existence depends on them knowing what's going on in the other beings around them. They can read us; they can hear our heartbeat from 50 feet away; they know if our breathing changes; they know what we need. If we step up to them,

they will give us what they think we need," she said.

From there, Morse says that the students in the program can apply the skills they learn to their other relationships and life situations.

The program hasn't started yet. However, Morse hopes to get it up and running for its first six-week session for 11- to 16-year-olds in February.

To run a program like this, Morse says it can be too expensive for the parents of some of the kids that need it since at-risk youth come from a variety of family situations. To that end, she hopes the community can help her offer some students who really need access to the program at a reduced cost by purchasing 2023 calendars.

"We'd thrown around a bunch of ideas, and the first thing we came up with was this calendar. The calendar pictures are taken by a 15-year-old girl [Taegan Lippoway] who goes to the Comp (LSRC). They're her view of the world, how she sees like, and she loves horses," said Morse.

The calendars cost \$20 each with a \$3.89 shipping fee for those that would like their copy mailed to them. They can also be purchased at the Hearthstone Stables website at <https://hearthstonestables.ca/> or by contacting Morse at 204-894-7595. She says that people who pick up their copies can pay cash but they also have e-transfer and Paypal options.

## Travel Manitoba unveils new brand to lure tourists



PHOTO SUBMITTED

Manitoba has a new marketing campaign and slogan that is aimed at bringing tourists to Manitoba with the message "Canada's heart is calling."

By Ty Dilello

Our province has a new marketing campaign and slogan that is aimed at bringing tourists to Manitoba with the message "Canada's heart is calling."

The launch of Travel Manitoba's refreshed brand took place last Monday afternoon at the RBC Convention Centre in Winnipeg.

Manitoba's Premier Heather Stefanson spoke at the event, as well as Colin Ferguson, president and CEO of Travel Manitoba, and Kiirsten May and Alex Varricchio, co-owners of UpHouse Inc.

"Manitoba's tourism sector is a vital part to our economy as it employs many thousands of people," said Heather Stefanson. "There is so much to explore in every community in this beautiful province of ours. This rejuvenated brand will help ensure that Manitoba's tourism will continue to grow."

Colin Ferguson noted how Travel Manitoba wanted to create a refreshed brand that meets consumers where they are and draw them in to our province. With that, Travel Manitoba teamed up with UpHouse, which worked diligently in producing this new brand.

"Courageous thinking is what Travel Manitoba and Manitoba's tourism industry is known for. It will continue to set us apart," said Kiirsten May of UpHouse Inc.

"Bold thinking is what will continue to make Manitoba a viable tourism destination."

The brand and its launch campaign were unveiled through a series of videos, including new television commercials that will begin airing this month. They focus on how travel makes us feel rather than just the places we go.

### > COVID, FROM PG. 6

a public health emergency of international concern (PHEIC)," says the statement.

The past eight weeks have seen over 170,000 new COVID-related deaths, underscoring the continuing threat the virus poses. Health-care systems are still under pressure and virus surveillance has dropped off.

"While the world is in a better position than it was during the peak of the Omicron transmission one year ago, more than 170,000 COVID-19-related deaths have been reported globally within the last eight weeks," says the statement. "In addition, surveillance and genetic sequencing have declined globally, making it more difficult to track known variants and detect new ones. Health systems are currently struggling with COVID-19 and caring for patients with influenza and respiratory syncytial virus (RSV), health workforce shortages, and fatigued health workers."

- The WHO's epidemiological update for the period Jan. 16-22 shows nearly 1.9 million new COVID cases and over 12,000 new deaths were reported globally over that seven-day period.

Continued on page 12

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# Father's late son inspires fundraising campaign for hospitals in Manitoba

## Korbin's Wish initiative raises money to purchase gaming systems for hospitals

By Kaitlin Vitt

In honour of his late son, a father in Selkirk is doing what he can to make children's time in hospitals more comfortable.

Joey Halldorsson is raising money to purchase gaming systems and televisions for kids in hospitals through the initiative Korbin's Wish. So far, the project has raised more than \$14,000 out of the \$100,000 goal.

Halldorsson's son, Korbin, was diagnosed with Duchenne muscular dystrophy at birth. The disease causes rapid muscle deterioration.

Korbin stopped walking when he was around nine and spent long periods of time in hospitals throughout his life.

One time, he had back surgery to correct a curve in his back, which put pressure on his lungs and heart. He had two bars put in his back to help keep his spine straight.

Another time, he had an infection, and during his last time in the hospital, he was in the intensive care unit. Korbin died Oct. 27, 2021, at age 17.

Korbin's PlayStation provided a distraction from his illness when he spent time in the hospital.

"He could still talk to people online and be part of his everyday stuff that he would do anyway," Halldorsson said.

At first, Korbin had only a Blu-ray player and television in his room. Halldorsson said it broke his heart that his son didn't have his PlayStation. Halldorsson drove home to pick up Korbin's system and bought a television to set up the system on.

"He was bedridden for most of his time," Halldorsson said. "As a teenage boy, [gaming] was his life."

Halldorsson said his son had a big heart and loved animals and people. Korbin would see other kids in the hospital who didn't have gaming systems in their rooms, and



TRIBUNE PHOTO SUBMITTED

Through Korbin's Wish, Joey Halldorsson and volunteers will build gaming units consisting of a gaming system, a television and a boardroom cart. Pictured: Korbin and his family.

he would wonder why.

After Korbin pointed this out, Halldorsson remembers saying to his son, "Some day, my boy, once you get a little

stronger, we'll figure this out. We'll do something for [the other children]."

While Halldorsson would have loved to get the chance to work on this initiative with his son, he's proud to be helping to fulfill Korbin's wish.

"He'd be mad I put his picture out there — that's a given. But, yet, he'd be excited and happy to know that we're making a difference in other kids' lives," Halldorsson said. "He knew how important gaming was to him, and he wanted that for other kids."

Halldorsson initially started work on this project, which brings together all of the equipment needed to play video games in a hospital room, after talking with Lowell Ruvinsky, who Halldorsson knew through work. Halldorsson runs the electrical company AAA Electric. Ruvinsky asked Halldorsson if AAA Electric had scrap metal that Ruvinsky could recycle.

Throughout the year, Ruvinsky collects scrap metal, brings it to a recycling centre for money and donates that money to charitable organizations.

"I took it as a sign," Halldorsson said. "I was like, 'Oh my God, this is it — this is the kick I need. It's time now.'"

The first push for donations goes until the end of the month. After Feb. 1, the Korbin's Wish team will place their first order of supplies.

Halldorsson will pick a day for volunteers to come out to AAA Electric to build the gaming units, which will consist of a complete gaming system. This doesn't just mean a game console like a PlayStation or Xbox but also includes the accessories needed to play the games in a health-care setting like a television and a boardroom cart.

The first supply of gaming stations will be donated to the Children's Hospital in Winnipeg. Once the hospital receives the number of stations it would like, the Korbin's Wish team will approach other hospitals in Manitoba as well as northern community nursing stations.

The fundraising won't end in February, though — Halldorsson doesn't have an end date in mind for the campaign and dreams of seeing Korbin's Wish go across Canada. Halldorsson will post updates and volunteer opportunities on the Korbin's Wish Facebook Page.

People interested in donating to Korbin's Wish can send an e-transfer to korbinwish@gmail.com, give through GoFundMe by searching "Korbin's Wish for other sick kids" or show their support through cash or cheque by getting in touch with Halldorsson.



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# Council discusses funding for Story Walk book signage

By Jennifer McFee

The Story Walk program is a novel concept that allows people to exercise their body and mind at the same time.

The Stonewall branch of the South Interlake Regional Library piloted the program last summer in co-operation with the Town of Stonewall. Through this initiative, laminated pages from a children's book were installed on stands along an outdoor path 40 steps apart. As walkers wandered down the trail, they discovered the next page in the story.

Clint Curle shared the success of the pilot project, which was funded by a grant from Interlake-Eastern Regional Health Authority.

He estimates about 1,700 people viewed the Story Walk books last summer, and many of them provided positive feedback.

However, he noted that the portable wire stands weren't sturdy enough since they would bend or blow down in stormy weather.

During the Feb. 2 council meeting, Curle proposed a partnership between the library and the Town of Stonewall to create a permanent Story Walk in town.

Through this proposed arrangement, the library would be responsible for changing the stories each month, while the town would purchase and install permanent outdoor stands.

He estimates the cost of purchasing 20 aluminum sign stands and ground posts would be about \$8,000, plus the cost to install them. On the library's side, he estimates the book updates would cost \$50 per month on an ongoing basis.

The library would like to work with the town to explore external funding to help cover initial costs.

Based on feedback from the pilot project, he suggested a good route would follow Centre Avenue towards Archie Gray Park.

"We're open to different ideas, different proposals," he told council.

Deputy Mayor Peter Bullivant noted how Stonewall is the perfect place for walkability projects.

"This would enhance that, to a younger demographic as well," he said. "So I really like that, and it finishes at the playground."

Bullivant said there is also potential for this project to grow.

Mayor Sandra Smith shared similar sentiments.

"I love the idea. I had the Story Walk out in front of my house last summer, so I did see lots of people. There were people riding their bikes; they were on skateboards. There were families and they were stopping, so you don't

have to sell me on the concept. I think it's fantastic."

She said council would need to talk about the budget and have discussions with the town's recreation director and parks and arena manager.

"I do like the fact that they would be accessible to people in wheelchairs. That's a big consideration. I also like that you can change out the stories all the time," Smith said.

"I definitely feel that you have the support of our council. It's just figuring out how we cross the finish line in terms of funding."

#### In other council news:

- Representatives from Age Friendly spoke to council about a grant request. They also drew attention to the importance of accessibility around town.

- Council gave second and third reading to a bylaw to prescribe a fee chargeable for tax certificates.

- Council amended a policy to establish rates for the use of the Stonewall Arena and Veterans Memorial Sports Complex arena facilities.

- The March 8 committee of the whole meeting will be cancelled.

- The Town of Stonewall will purchase an ad in the Courageous Companions Canada magazine called Courageous K to support the organization's efforts to train and certify service dogs for veterans and first responders across the country. The ad will cost \$395 plus tax for 1/8 page. "Given that we have two veterans on our council, we're very happy to support it," said Mayor Sandra Smith.

- Council accepted a quote for two network multifunction copier-printers for the town from Konica Minolta.

- Stonewall Quarry Park is accepting applications for lifeguards and swim instructors for the 2023 Kinsmen Lake season. The application deadline is March 1. More information is posted on the Town of Stonewall website at [www.stonewall.ca](http://www.stonewall.ca).

- The Town of Stonewall is developing a vision plan with HTFC Planning & Design for the develop-



TRIBUNE PHOTO SUBMITTED

The library is looking for financial support from the Town of Stonewall for the purchase and installation of permanent stands for the Story Walk books.

ment of the Stonewall cemetery. On Feb. 21, the Town of Stonewall will host a drop-in event from 6 to 8 p.m. in the Sunova Auditorium of the Quarry Park Heritage Arts Centre. At

this event, attendees can learn about the preliminary plans and provide feedback. The HTFC design team will be on hand to answer questions and the plans.

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# Stony Mountain ice tower a sight to see

By Autumn Fehr

It's a bird. It's a plane. It's an ice tower!

Located two miles east of Stony Mountain, the ice tower is a new take on a traditional rock climb. This winter, the tower is bigger and better than last year.

In early winter 2022, with the help of friends who were also climbers, Ryan Munro put up two hydro poles, then he started flooding water over it once temperatures were -20 and below.

This was critical, since if you flood over when it's warmer, you just get a giant skating rink at the bottom.

In previous years, the Munro family had a 22-foot-tall tower in their backyard with only two sides. This year, they got a good deal on hydro poles, so they decided to make it bigger and better by expanding to four sides. The 35-foot tower has three hydro poles in a triangle with eight-foot sections in between each pole. They flooded the front and back two sides so climbers could climb inside. People can climb any path up, even on the aretes. Each side is a different level of difficulty.

Ice axes and crampons are attached to your boots to climb up the ice tower. They are like spikes on the bottom that stick out the front to sink into the ice as you kick your feet in, to stand up as you climb.

The climber wears a harness attached to a rope that goes through anchors at the top. The other end is attached to the belayer's harness using a belay device on the ground that feeds the rope through so they can pull up the rope as the climber climbs to make the fall safe, and not so long if they were to fall. Many safety checks are involved, and you must trust your partner before climbing on.

There are various boots and harnesses in women's and men's sizes to use on location.

The ice climb is not open to the public. Ryan and his wife, Brittany Munro, are very involved in rock climbing outside in the spring and fall, so the ice climb is a way to keep up their endurance training for the warmer months. However, with the magnitude of the climb, it's not an activity meant for everyone.

The climb can be quite physically demanding for beginners, but it is fun, said Brittany Munro.

Aside from the couple, they have only had others climb the tower who understand the risks and have previous climbing experience.

The ice climb is free of charge to try. Anyone can view it anytime from the road. Those interested in trying the ice tower climb can reach out to Brittany at [brittany.munro39@gmail.com](mailto:brittany.munro39@gmail.com).



Located two miles east of Stony Mountain, the ice tower is a new take on a traditional rock climb. The ice tower is not open to the public but is available to try by appointment only — it is available most evenings. The activity is free of charge, with gear available in various sizes.



## > TRAVEL MB, FROM PG. 9

As tourism destinations around the world seek to capture pent-up demand for travel, Travel Manitoba wants to remind people that travelling in Manitoba is about more than

just a place. Whether it's viewing the northern lights dancing in the sky, participating in an authentic Indigenous experience or visiting a world-class museum, Manitoba's refreshed tourism brand conjures up the emotions that these experiences create.

With the tagline Canada's Heart Is Calling, the brand focuses on the feelings we have when we see or do something amazing while on holiday. The refreshed brand builds on the success of the previous Manitoba, Canada's Heart...Beats tagline, which redefined Manitoba in the eyes of visitors around the world.

"The Manitoba, Canada's Heart...Beats brand changed the way people viewed Manitoba as a travel destination. We wanted to tell the next chapter of that story," said Colin Ferguson. "We know that travellers are seeking unique experiences that they can

share with their friends and family. Manitoba is full of those experiences."

The Manitoba Tourism Strategy targets to achieve visitor expenditures of \$1.6 billion in 2024 and \$2.5 billion by 2030.

"We are proud of this campaign not just because it shows off our province so beautifully, but also because it was created almost exclusively with local talent," said Cody Chomiak, Travel Manitoba's vice-president of marketing. "That's just one more way we can show how special this place is."

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## The Interlake Community Foundation is accepting Community Grant applications

Does your **local charity** need funds for **capital projects**? The ICF provides grants for charitable projects within the areas of: Stonewall, Teulon, R.M. of Rockwood, R.M. of Rosser and R.M. of Woodlands. Grants are made only to organizations registered as charities with Canada Revenue Agency or who are sponsored by a registered charity. Deadline to apply is **February 14, 2023**. For applications and criteria, or if you have questions:

[www.interlakefoundation.ca](http://www.interlakefoundation.ca) 204-467-5634 [info@interlakefoundation.ca](mailto:info@interlakefoundation.ca)

# BACK TO THE BEGINNING of GIMLI SNOWMOBILE CENTRE



Dennis, Sheila and Raymond Vigfusson

**I**n the fall of 1968 Raymond Vigfusson and his brother Gilbert started Vigfusson Bros Ski-doo Sales and Service on Kernstead Road in Winnipeg Beach. Ray did not know at the time, but it would be the beginning of a 54-year business that is still flourishing today. They had acquired the business from Richard Isfeld who owned Rent-A-Boggan in Sandy Hook and Interlake Sports in Winnipeg. Back then the snowmobile business was only seasonal as Ray who was also an electrician by trade, wanted something to keep him busy over the long winters

Ray ran the business from his family home garage in Winnipeg Beach for 17 years after Gilbert left the business in 1970. In 1974 the business name changed to Ray's Electric Ski-doo Sales and Service and was moved to the new family home on Hwy 9 in Winnipeg Beach. It was during this time Raymond's brother-in-law Lorne Magnusson joined him in the business.

By 1985 the business had outgrown the family garage and moved to the location at 109097 Hwy 9 in Gimli and became Gimli Snowmobile Centre. In 1991 son Dennis joined, working along side his parents as wife/mother Lorraine had taken over the bookkeeping for the business from Lorne. In 1996 an addition to the building was essential to continue to have room to grow the business and properly serve their customers.

As well as selling and servicing Ski-doods, Ray and Dennis took on the new Bombardier Sea-doo personal watercraft line up in 1990 and in 1999 the Bombardier ATV line up was added. In 2003 Bombardier became known as BRP (Bombardier Recreational Products) and Sea-doo jet boats were added to the inventory available to purchase from Gimli Snowmobile



Ray's first Skidoo that he sold back in 1968 came back to him in 1986 and is proudly displayed inside the new showroom.

Center in 2004. In 2006 the Bombardier ATV was renamed Can-am ATV and in 2011 the Can-am Side by Side line up was taken on as well. The addition of the watercraft and off road vehicles changed the business from one season to year round. Ray retired from electrical work and he and Dennis juggled all that was required to keep up with the increased customers and service work. At this point Dennis decided to center his attention on new machine and parts sales. In 2007 daughter Sheila began working with the family dealership adding to the impeccable customer service experience. Due to the expanding business, additional staff have been hired on throughout the years. Gimli Snowmobile Centre has been very fortunate to have long time, knowledgeable employees who have contributed greatly to the success of the service end of the business as well. To choose to deal with Gimli Snowmobile Centre is choosing an operation that sets the standard when it comes to both customer satisfaction and after sales service. The dealership has been recognized several times by BRP as District dealer of the year and in 2003 won the highest award of National Dealer of the year.



In 2021 Gimli Snowmobile Centre purchased the former Gimli Home Hardware building next door to their shop and have completely renovated it to house their new showroom, clothing, parts and accessories. They also acquired the new Sea-doo Switch pontoon line up which is available now for 2023.

"Our customers have become our good friends and we enjoy having them come back to see us year after year"



There are not too many family-owned businesses who have been around as long as Gimli Snowmobile Centre. If you want to feel important as a customer, head to Gimli Snowmobile Centre for that good old fashioned, friendly neighborhood service you will receive from the entire team at Gimli snowmobile Centre. Call 204-642-7017 or head to [www.gimlisnowmobilecentre.ca](http://www.gimlisnowmobilecentre.ca)



Not having a truck or trailer didn't stop an early customer from hauling his new snowmobile home... he simply put in on his car!



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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Prestigious Veteran's Cup hockey tournament in 40th year

By Jo-Anne Procter

Last weekend marked 40 years of the Stonewall Minor Hockey Association (SMHA) hosting the annual U13 Veteran's Cup Hockey Tournament.

Twenty-four teams hit the ice to compete in both the U13A and U13B divisions. The Stonewall Blues A team settled for silver after losing a hard-fought final with Morden 6-4. Winkler won the bronze medal after defeating the Norwest Stars 11-1. In the B division, Morden defeated Winkler 3-0 to claim gold while Macdonald won bronze after defeating Stonewall 6-0.

On Saturday at 1 p.m., the opening ceremonies took place at the Veteran's Memorial Sports Complex. Special guests were escorted to centre ice by bagpipers Zach Hildebrandt and Dan Sloan and the Stonewall Legion Branch No. 52 Colour Party. Warren's Marissa Varnes sang *O Canada*.

The local legion has been the proud sponsor of the prestigious hockey tournament for the past 40 years. President Tim Williams welcomed players and their families to the community and thanked the organizing committee for putting on the tournament.

Stonewall Mayor Sandra Smith welcomed everyone to the town and thanked players coaches and referees for their participation. Rockwood Reeve Wes Taplin echoed what the mayor had to say and wished all participants the best.

Geoff Corbett, president of SMHA, thanked all teams for their participation in the largest tournament hosted



Bagpipers Dan Sloan and Zach Hildebrandt led out the Legion Colour Party, dignitaries and the guest of honour.

in Stonewall. He thanked the tournament committee, volunteers and the rink staff for ensuring the facilities and the ice surfaces were in great shape and the Stonewall Legion for sponsoring the tournament.

"Thank you to the coaches and managers of each team who volunteer their time and efforts to make hockey happen in your respective communities," he said.

Master of ceremonies Andrew Kirk introduced the tournament guest of honour, Liam Wheddon, and thanked him for his years of dedication and support of minor hockey in the com-



TRIBUNE PHOTOS BY JO-ANNE PROCTER

Stonewall's Liam Wheddon was named the 40th Veteran's Cup guest of honour at the tournament opening ceremonies last Saturday. Pictured left to right: Geoff Corbett (SMHRA president), Liam Wheddon, Hayden Wheddon, Jorja Wheddon and Andrew Kirk (master of ceremonies).



The Stonewall Blues "A" team earned silver at last weekend's Vet's Cup tournament after losing 6-4 to the Morden Hawks in the championship game on Sunday. Stonewall advanced to the final after defeating the Winkler Flyers 4-3 in a semifinal game. The Blues earlier won games against Winkler, Red River Grey, and Selkirk. Pictured, back row, left to right: Ty Kopys, Beck Van Kemenade, Aiden Kirk, Charles Tucker, Maddyn Dalglish, Will Nychuk, Lucas Kaczorowski, James Knutson and Cole Lamy. Middle row: Carter McClintock, Mason McCallum, Lexon Hogg, Blake Meier, Carson Kirk and Liam Meier. Goalies are Konnor Frye and Graysen Malcolm. Missing from the photo are coaches Shaun Dalglish, Andrew Kirk, Dale McClintock and Mike Nychuk.

munity. Wheddon, who began his minor hockey career in Stonewall when he was 12 years old, played in two Veteran's Cup tournaments in 1984-85 and 1985-86. When he finished his years of minor hockey, he played high school hockey with the Stonewall Rams and then went on to play at Crookston University. Wheddon then

played for the MHJL Portage Terriers, went to England to play, then played senior hockey with Stonewall Jets until they folded, played with the Warren Mercs, then came back to Stonewall to finish his senior hockey career with the Stonewall Flyers.



Team representatives from both Stonewall teams, APHA Winterhawks, Selkirk, Macdonald and the Morden Hawks took part in the ceremonial puck drop by tournament guest of honour Liam Wheddon.

# U18 AAA male Lightning in a battle for last playoff spot

By Brian Bowman

The Interlake Lightning U18 AAA male hockey team's playoff hopes are still alive.

Interlake split a pair of home games with the first-place Brandon Wheat Kings last weekend.

Brandon salvaged a split after a hard-fought 3-2 win on Sunday afternoon.

"It was back and forth all game," said Lightning head coach Aaron Kaatz. "It was a very competitive game."

Darian Sinclair and Ian Buors scored for the Lightning. Interlake's Blake Farthing had two assists.

Ekan Dhaliwal (two) and Cole Temple replied for Brandon. All three Wheat Kings' goals were scored on the power play.

On Saturday, Interlake edged the Wheat Kings 2-1 in another exciting game.

"It was a great game by our boys," Kaatz said. "It was a big weekend and we wanted to push to get into a playoff spot and we knew that (a win) would help us down the line into our final three games of the season. We knew we had to pick up a win in at least one of the two games and they were able to do that Saturday night."

The Lightning's Nicholas Carlson scored the game winner at 2:14 of the third period.

Ethan Brown gave Brandon a 1-0 first-period lead before Interlake's Adam Vigfusson tallied in the second.

Vigfusson, who had two points in the game, was recognized last weekend as being named a league second-team all star at the forward position.

Dylan Leclair made 31 saves for the win.

Last Wednesday, the Lightning lost 4-3 to the Eastman Selects in Beausejour.



League president Don McIntosh presented Interlake Lightning's Adam Vigfusson with the second-team all star at the forward position plaque Sunday. Vigfusson has 63 points in 41 games, with 27 goals and 36 assists.

The Selects trailed 3-2 in the third period before Haiden Willis and Luc De Gagne scored to give Eastman the comeback win.

Buors and Joel MacMillan tallied for a Interlake 2-0 lead but Eastman's Mason Hooper scored late in the first period and then he tallied midway in the second.

Brandon Burak scored at 19:01 of the middle frame to put the Lightning up 3-2.

Interlake will head north to Dauphin this weekend with very important games against the Parkland Rangers on Saturday (3:30 p.m.) and Sunday (1:30 p.m.).

The Lightning will wrap up their regular season with a road game against the Winnipeg Bruins at the Southdale Community Centre on Feb.



TRIBUNE PHOTOS BY LANA MEIER

Captain Joel MacMillan and his Interlake Lightning beat Brandon 2-1 on Saturday but lost 3-2 to them Sunday.

18. Puck drop is 4 p.m.

The Lightning's final three regular-season games have a lot at stake. Interlake currently sits in eighth place and occupies the final playoff spot. The Lightning have 41 points, one point ahead of Southwest but the Cougars have played two fewer games.

"They have some games where they can pick up some points this weekend and so do we," Kaatz said. "It's a two-horse race now between Southwest and us. We're looking to hold on to that final (playoff) spot."

In Manitoba U18 AAA Female Hockey League action, Interlake was

shut out 4-0 by the Westman Wildcats in Hartney on Sunday.

Westman goals were scored by Brooklyn Franklin, Hayley Koloski, Billie Baranyk and Karlyn Gudz.

Last Wednesday, the Lightning lost 9-1 to the Winnipeg Avros.

Ireland Tymchak scored a first-period goal for Interlake.

Avros' goals came from Dessya Mosienko (two), Kahlen Wisener (two), Raya Hrankowski, Mackenzie Lizotte, Avery Shortridge, Ella Speechley and Evangeline West.

Interlake will play the Winnipeg Ice this Saturday (3:15 p.m.) at the Scotiabank hockey for all centre.

# Warren to have a ball with fundraising social

Staff

The Warren Minor Ball committee is holding a fundraising social on Feb. 17 to raise money that will go towards upgrading the ball diamonds behind the curling rink.

"This renovation would include landscaping and leveling the ground and ensuring proper drainage, new fencing for all four diamonds, three regulation hardball diamonds to cover all ages and one regulation softball diamond," said Christine Kotelko

Briscoe, who is on the Warren Minor Ball committee, in an email.

"We are also looking to fix our existing batting cage and purchase some equipment for yard maintenance. We understand this is a lofty goal but the diamonds are in serious need of updating and it would benefit the community greatly."

The committee's goal is to raise \$500,000 and they are applying for grants through the RM, Co-op and

the government but they also need to fundraise.

"We (will be) doing fencing around all of the diamonds, which is the bulk of the cost; landscaping, which includes levelling all of the diamonds and ensuring proper drainage; and building the clay mound for the softball diamond," Kotelko Briscoe said. "We are going to get started after ball season this year and to what extent will be determined on the grants we

receive and the fundraising we can do."

If anyone would like to buy regular or support tickets for the social, they can contact Christine at 204-995-3719 or they can email mail.wmb@gmail.com.

"Any and all help from around the Interlake is truly appreciated and we thank them in advance," Kotelko Briscoe said.

Tickets for the social are \$10.

# Merces end regular season with a win

## Staff

The Warren Merces ended their SEM-HL regular season with a 5-3 home win over the Winkler Royals on Sunday.

Braydon Macdonald (two), Cole Murdock, Eric Swanson and Trent Genyk scored for the Merces.

Steve Doel (two) and Jamie Thiessen replied for Winkler.

Hayden Dola made 27 saves for the win.

On Saturday, the Merces lost 3-2 to the Red River Wild in a shootout.

Troy Lehmann scored for Red River in the first period and then Nathan Ayotte made it 2-0 after two periods.

Johnny Lazo and MacDonald scored for Warren in the third.

The Merces' Drake Lindsay had two assists in the game. He finished the regular season tied for fifth in league scoring with 34 points (15 goals, 19

assists).

Last Wednesday, Warren defeated Winkler 5-4 in overtime.

Matt Jacobucci scored the game winner in OT.

The Merces trailed 2-1 after the first period and then 3-1 after 40 minutes.

MacDonald had a strong game with two goals and two assists while Swanson and Lindsay each added a goal and two assists.

Brett Harder, Jordan Wall, Mark Hildebrand and Phil Letkeman replied for Winkler.

Jarrett Hogue made 35 saves for the win.

Warren finished the regular season with a 12-4-1-1 record and 26 points to place second in the 10-team league.

The Merces will now face the Notre Dame Hawks in a best-of-five playoff series. Their series schedule had not been announced at press time.

# Saints place third



TRIBUNE PHOTO SUBMITTED

The Teulon Collegiate Saints finished third at a seven-team Immanuel Christian School tournament in Winnipeg last weekend. Teulon defeated Steinbach Christian 35-10 in the bronze-medal game. The Saints started action with a 53-14 win over Oscar Lathlin Collegiate but then lost 41-37 to Linden Christian on Saturday morning.

Pictured, back row: Mr. Klein (coach), Teagan Price, Christine Kim, Tatiana Bergeron, Alivia Drohomereski, Alayna Toth and Shiloh Nault. Front row: Emily Kilpatrick, Avery Reed, Sarah Tyluk, Violet Cook, Julia McMahan and Brooke Lee.

Missing from the photo is assistant coach Mrs. Meier and manager Sarah Inglis.



TRIBUNE PHOTO JO-ANNE PROCTER

Merces' forward Braydon MacDonald scored twice in Warren's 5-3 home win over the Winkler Royals on Sunday.

# U17, U15 Lightning teams hit the ice

## Staff

The Interlake Lightning were blanked 9-0 to the Brandon Wheat Kings in U17 AAA action on Sunday afternoon in Warren.

Wheat Kings were scored by Loughlan McMullan (two), Spence Mott (two), Nash Stone, Lucas Newman, Liam Puchailo, Aiden Laing and Roan Michalchuk.

Last Friday, Interlake was downed 10-1 by the Winnipeg Bruins at the Southdale Community Centre.

The Lightning's goal was scored by Tytan Johnson in the second period.

Bruins' goals were tallied by Antonio Cotronio (two), Brody Green (two), Baron Baker, Kale Chipman, Dylan Jaquet, Parker Hyra, Caden Gordon and Mikey Thomas.

The Lightning will visit Brandon on Wednesday (6 p.m.) and then host the Winnipeg Thrashers Thursday (7:30 p.m.) in Stonewall.

Interlake will then play the Bruins on Sunday (3 p.m.) at Southdale.

The U15 AAA Lightning, meanwhile, lost 8-2 to the Winnipeg Bruins Black on Sunday at East End Arena.

Mason Bernier and Grayson Artimowich scored first-period goals for the Lightning.

Mitchell Hill (three), Karsten Woloshen, Kale Lussier, Efrem Wolitski, Kingston Gunn and Antonio Correia replied for Winnipeg.

Last Thursday, Interlake was blanked 8-0 by the Bruins Black in Stonewall.

Winnipeg goals were scored by Jamal Tasse (two), Correia (two), Drayden Uhrina (two), Woloshen and Braxten Cockell.

The Lightning will play the Winnipeg Thrashers White on Friday (8:30 p.m.) at Gateway Arena before hosting the Brandon Wheat Kings Sunday (3 p.m.) in Warren.

## > 40TH YEAR, FROM PG. 14

Wheddon coached in the SMHA system for many years, served as president on the board for five years, coached the MMJHL Stonewall Jets their first two years in the league and is currently the Jets' team manager. He also coached the U17 AAA Lightning team.

Wheddon has always been involved in hockey in some capacity either as a parent, coach or volunteer and still runs a 3-on-3 program in the spring and fall in Stonewall.

An emotional Wheddon thanked the committee for choosing him to be the guest of honour.

"It is an incredible honour," he said. "It is so great to see the players I coached and to watch them develop and go through the programs."

When addressing the players, he told them, that no matter what level they make, hockey is a wonderful sport.

"It brings new people into your life, from going on road trips, seeing new places and of course making new friends. Soak it all in," he urged. "It is short but it is a blast."

He encouraged parents to enjoy the ride as well. "You wake up one day and kids move on."

To this day, Wheddon's parents still get together with hockey friends they made over the last 40 years.

"Players," he said, "work hard, listen to your coaches, watch others, don't put too much pressure on yourself and don't think, just do."

A representative from each team that participated in the opening ceremony took part in the official puck drop.



# U16 Junior bonspiel curling champions



PHOTO SUBMITTED

The 17-team Stonewall Pharmacy U16 Junior Bonspiel was held last weekend for the first time since 2020. The A event winning team was Ryan Hoplock, Jake Kowalchuk, Zach Farrell, and Olivia Hoplock from Gimli. The A runner-up was Team Magnusson from Winnipeg.

The B event winner was Liv Leadbeater, Bronwyn Trevelyan, Calli Goethe and Lexie Leadbeater from Swan River. The B runner-up was Team Connon from East St. Paul. The team of Riley Shea, Aiden Zalondek, Austin McLean, Reese Shea from Winnipeg was the C event winner. The C runner-up was Team Schaeffer from Balmoral.

# Viterra Championships take place this week in Neepawa

By Ty Dilello

The 2023 Viterra Championships will take place in Neepawa this week from Feb. 8 to 12 at the Yellowhead Arena.

Team Matt Dunstone of the Fort Rouge Curling Club (featuring Gimli's B.J. Neufeld and Colton Lott) will come into the event as the favourite and No. 1 seed.

After curling out of Saskatchewan for the last Olympic cycle, it's Dunstone's first appearance at the Manitoba men's curling championship since 2017. As a junior, Dunstone was a finalist at the Viterra in 2016, losing in the championship game to Mike McEwen.

The revamped Dunstone rink, which also includes former Olympic gold medalist Ryan Harnden throwing lead stones, has had a world-class season as they are currently ranked number two in all of Canada. Out of the nine events that they've played this year, they have reached the playoff round in eight of them. They won a title at Red Deer and Morris, and

lost a couple of finals too.

Reid Carruthers and his squad from the Morris Curling Club will enter the event as the No. 2 seed. After booting off third Jason Gunnlaugson from the team before Christmas, Team Carruthers will be curling at the Viterra with only three players.

It should be noted that regardless if they win or lose in Neepawa, both Dunstone and Carruthers will be at the Tim Hortons Brier as either Team Manitoba or a Wild Card.

Rounding out the top five seeds at this week's Viterra Championships are Fort Rouge's Ryan Wiebe, Fort Garry's Corey Chambers and Fort Rouge's Braden Calvert.

The event has been held in Neepawa twice in the past, the most recent being in 2013.

The Viterra Championships is a modified double knockout event that begins Wednesday morning and goes until Sunday afternoon. The first round matchups are as follows:

Joey Witherspoon, Assiniboine Memorial VS (15) Daniel Birchard, Pembina

(1) Reid Carruthers, Morris VS Rob Van Kommer, Carberry

Justin Reynolds, Winnipeg Beach VS (7) Steve Irwin, Brandon

(10) Sean Grassie, Deer Lodge VS Ryan Hyde, Portage

Cale Dunbar, Brandon VS (11) JT Ryan, Assiniboine Memorial

(6) Riley Smith, Thistle VS Steve Pauls, Pilot Mound

Mark Franklin, Granite VS (3) Ryan Wiebe, Fort Rouge

(14) Kelly Marnoch, Carberry VS Jeff Stewart, Gladstone

David Hamblin, Morris VS (13) Steen Sigurdson, Assiniboine Memorial

(4) Corey Chambers, Fort Garry VS Wayne Ewasko, Beausejour

Grant Shewfelt, Baldur VS (5) Braden Calvert, Fort Rouge

(12) Tanner Lott, Fort Rouge VS Richard Muntain, Granite

Justin Richter, Beausejour VS (16) Hayden Forrester, Fort Rouge



PHOTO SUBMITTED

The 2023 Viterra Championships will take place in Neepawa this week from Feb 8-12 at the Yellowhead Arena.

(1) Matt Dunstone, Fort Rouge VS Tuffy Seguin, Burntwood

Jace Freeman, Virden VS (8) Brett Walter, Assiniboine Memorial

Jay Kinnaird, Virden VS (9) Jordan Peters, Fort Rouge

The winning team will represent Manitoba at the 2023 Tim Hortons Brier in March at Budweiser Gardens in London, Ont.

# Rams' down Pipers in a shootout

By Brian Bowman

The Stonewall Collegiate Rams defeated the John Taylor Pipers 4-3 in a shootout at the Hockey For All Centre last Wednesday.

Rylan Slatcher, with a pair, and Wayde Biel scored for Stonewall.

The Rams' Reid Byle and Logan MacDuff each had two assists in the game.

Easton Thomas (two) and Jaden

Conn replied for John Taylor.

Hunter Manning earned the win in goal.

The Rams played Gabrielle Roy this past Tuesday but no score was available.

Stonewall will host Leo Remillard on Wednesday and Springfield Friday.

Puck drop for both games is 4 p.m.

The Warren Collegiate Wildcats,

meanwhile, lost 9-4 to the Windsor Park Royals on Friday.

Owen Shymko had a hat trick for the Wildcats while Colton Bruce added a goal and an assist.

Warren's Dylan Riddell and Quinn McKnight had two assists apiece.

Hugh Montgomery (two), Tyson Wilbon (two), Xander Bruske, Leif Sigurdson, Aiden Stewart, Riley Riel and Elliot LeClair scored for Windsor

Park.

Last Wednesday, Warren was defeated 13-2 by Powerview in Pine Falls.

McKnight and Owen Shymko scored for the Wildcats.

Ryland Schroeder (six), Cohen Kemball (two), Ashton Schroeder (two), Theo Courchene, Connor Bruyere and Landon Reid replied for Powerview.

The Wildcats played Lorette on Monday and then will visit Pinawa Wednesday (5 p.m.) before hosting Fort Richmond Friday (4 p.m.).

# Jets down Vics, Raiders

By Brian Bowman

The Stonewall Jets had a great weekend with a pair of Manitoba Major Junior Hockey League victories.

Stonewall stunned the second-place St. Vital Jr. Victorias with a solid 4-3 road victory on Sunday afternoon.

"It was a good weekend, we finally won a couple of games," said Jets' head coach Troy Kennedy. "We've been facing adversity all year with guys out and guys missing for this reason and that reason. It was a really big weekend for us."

Cole Emberly (shorthanded), Raf Padua, Alex Kaczorowski and Nathan Vigfusson scored for Stonewall.

Ryland Nechwedwiuk, Tyler Rubigny and Jack Kaiser replied for St. Vital.

It was a huge win for the undermanned Jets.

"We play well against them. We went there with three lines and seven defence. We were shorthanded and had a (rookie) goalie playing. We came up with a system and the kids

stuck with it. It worked really well. Last time we played them, they went up 5-0 on us in the first 10 minutes. They were going through the neutral zone on us so we slowed them down in the neutral zone, we got some scoring chances, and guys capitalized on them."

Francoise Gagnon made 34 saves for the win.

Last Friday, Stonewall defeated the Raiders Jr. Hockey Club 4-3 in overtime.

"We didn't play our best. We definitely should have won," Kennedy said. "They scored in the last couple of minutes to send it into overtime. We had our chances to put it away earlier and we never did. We took care of business in overtime and it's always nice to get two points, especially when you need them as badly as we do."

Peyton Bateman scored the game winner in OT.

Cohen Cheung, Bateman (shorthanded) and Vigfusson also scored

for the Jets.

Raiders' goals were tallied by Clint Thomas (two) and Rachonne Henry.

Dylan Leclair made 19 saves for the win.

The Jets (10-22) played the Pembina Valley Twisters this past Tuesday but no score was available. Stonewall will host the Ft. Garry/Ft. Rouge Twins on Friday (8 p.m.) and then visit the Transcona Railer Express Sunday at 12:30 p.m.

Kennedy said the Jets still have their eyes on a playoff position.

"It's been a tough season so far but the kids are still playing hard," he said. "We have a young group and I really think in the last month or so, they've figured it out and are playing the way we want them to play and all of the systems that we want and things like that. It's looking good and hopefully we can finish the season off strong and get a playoff spot."

Meanwhile, as the Jets were winning last weekend, so too was their goaltender Tucker St. John.

St. John was a member of Team Nunavut, which won gold in hockey at the 2023 Arctic Winter Games in Fort McMurray, Alta.



**TRIBUNE PHOTO SUBMITTED**  
Stonewall Jets' goaltender Tucker St. John won a gold medal with Team Nunavut at the 2023 Arctic Winter Games. Nunavut defeated Alaska 4-1 in the championship game.

Nunavut defeated Alaska 4-1 in the championship game to capture their first-ever gold medal in hockey.

# James excelling on the judo mat

By Brian Bowman

Cai James just turned 15 years old last month but he is already making a huge name for himself in judo against much older competition.

"The guys (I go up against) are definitely in good shape," James said. "There are some guys that have guts but that doesn't matter because if they have those guts, then it makes them hard to move. They can just throw you around easier."

The Balmoral Judo Club's James recently travelled to Regina to compete at the Saskatchewan Open Judo Championships.

He was tremendous on the mat at the two-day tournament.

On Day 1, he won gold in the U18 +90 kg men's division.

The next day, James competed in the U16 +73 kg men's division and, after the first round, was in a three-way tie.

The division was refought and James ended up winning the silver medal.

James is a member of the Manitoba Winter Games team and will be travelling to Charlottetown, P.E.I., at the end of this month to compete in the Canada Winter Games.

"It will definitely be a very, very fun experience," said James, who is 6-foot-1 and weighs between 210 and 220 pounds. "Watching (other sports) and competing is going to be very fun and just bonding with everyone else."

James started in judo back in 2017 but he, like everyone else, missed a lot of training due to the COVID pandemic.

He has improved tremendously over the years and has gotten a lot better since he became a member of Team Manitoba.

Milton Good has seen that tremendous improvement first-hand. He

feels James has a great future in the sport.

"He has lots of room to improve but the last few months, you can really see the difference in him," Good said. "He goes (to Winnipeg) and trains twice a week and he trains hard. He's showing a lot of drive and commitment."

James was selected to the provincial team after a great performance at the nationals in Edmonton.

"When I started training with Team Manitoba, I literally couldn't do anything against anyone and now I am almost at their level," James said.

Everyone in the judo community is very supportive.

"Something I really like about the sport is that everyone is so friendly and nice even after a match," James said.



**TRIBUNE PHOTO SUBMITTED**  
The Balmoral Judo Club's Cai James won a gold medal in the U18 +90 kg men's division and a silver in the U16 +73 kg men's division at the Saskatchewan Open Judo Championships in Regina. James is a member of Team Manitoba that will be travelling to Prince Edward Island at the end of this month to compete at the Canada Winter Games.



## Stonewall Jets Player Profile

**#14 Nathan Vigfusson**  
Forward

*Come out to support the Jets*



## UPCOMING GAMES

Stonewall Jets host Ft. Garry /Ft. Rouge Twins  
Friday, Feb. 10 at 8 p.m.  
VMSC

Stonewall Jets at  
Transcona Railer Express  
Sunday, Feb. 12 12:30 p.m.  
East End Arena

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## Feta Roasted Salmon and Tomatoes

1 1/2 pounds salmon or halibut fillets, cut into four serving-size pieces

1 cup (4 ounces) crumbled feta cheese

Preheat oven to 425 F. Line 18-by-13-by-1-inch baking pan with foil. Lightly spray foil with nonstick cooking spray. Set aside.

In medium bowl, toss tomatoes, olive oil, garlic, oregano or dill weed, salt and 1/4 teaspoon pepper.

Place fish pieces, skin side down, on one side of prepared pan. Sprinkle with remaining pepper. Lightly press feta cheese on top of fish. Pour tomato mixture on other side of prepared pan. Bake, uncovered, 12-15 minutes, or until fish flakes easily with fork.

Place salmon on serving plates. Spoon tomato mixture over top.

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More

Prep time: 15 minutes

Cook time: 15 minutes

Servings: 4

Nonstick cooking spray

3 cups halved cherry tomatoes

2 teaspoons olive oil

1 teaspoon minced garlic

1/2 teaspoon dried oregano or dried dill weed

1/4 teaspoon salt

1/2 teaspoon coarsely ground black pepper, divided



## 15-Minute Weeknight Pasta

2 cloves garlic, peeled and minced

1 cup reserved pasta water

1 teaspoon finely grated lemon zest

1/2 cup smoked provolone cheese, shredded

1/4 cup chopped fresh parsley (optional)

Parmesan cheese (optional)

Bring water to rolling boil and prepare pasta according to package directions for al dente texture, reserving 1 cup pasta water.

In large skillet over medium heat, melt butter. Stir in onions, carrots and sweet bell peppers. Saute vegetables about 5 minutes, or until they brighten in color and begin to soften. Add tomatoes, salt, pepper and garlic. Cook and stir 1 minute to allow tomatoes to release juices.

Pour reserved pasta water into skillet, stirring well. Bring sauce to boil. Reduce heat to medium-low and simmer 3 minutes. Taste sauce and adjust seasonings, as desired.

Transfer drained pasta to skillet along with lemon zest and smoked provolone cheese, tossing well to coat. Serve immediately with fresh parsley and Parmesan cheese, if desired.

Recipe courtesy of Kirsten Kubert of "Comfortably Domestic" on behalf of Milk Means More

Prep time: 5 minutes

Cook time: 10 minutes

Servings: 6

6 quarts water

16 ounces linguine or penne pasta

2 tablespoons unsalted butter

1/2 cup thinly sliced onion

1 cup thinly sliced carrots

1 cup thinly sliced sweet bell pepper

1/2 cup grape tomatoes, halved

1 teaspoon kosher salt

1/4 teaspoon black pepper

## Ask the Money Lady

Dear Money Lady: I have life insurance and I was considering getting disability and critical illness insurance too. It's a lot more expensive, and I don't know whether I should spend the money on it. I'm self-employed. What do you think? Doug

That's a great question Doug – and my answer is a resounding Yes! I want to share with you a story about a long-time client of mine who was gracious enough to allow me to share it with you. Once you read it, you will see why any type of personal insurance is never quite enough, especially when you are self-employed. Today, income protection (disability insurance) is often overlooked and considered too costly by most Canadians, who often feel they have sufficient insurance with their employer. Instead, most people concentrate on life insurance only; however, it is important to remember that 95 per cent of accidents do not result in a death and you are more apt to be badly hurt, disabled or in some way unable to continue working as you did before.

The story begins with a past client of mine, (we will call him Dr. X) that had a very successful dental practice and after discussing his situation agreed to purchase a guaranteed renewable disability income policy that would give him income protection for his business. Dr. X would always call me and complain about the payments but knew that he had to protect his business income since he was the primary breadwinner in the family. He had four girls and a wife that did not work. Dr. X had a big Honda Goldwing motorcycle that he rode in the summers and decided to join a friend by taking a motorcycle driving course at a local college. The friend was a new driver and was not yet licensed. This course apparently had something for all – promising to provide new driving techniques for already licensed drivers, like Dr. X. So, the two men went to the course one Saturday, however they were not allowed to use their own motorcycles. The school provided learning bikes and Dr. X was given a dirt bike. Well, let's just say that didn't work out well. Dr. X flipped the bike and was badly hurt. He broke four fingers on his right hand and shattered his elbow, ulna, and wrist. With no use of his right hand or arm, Dr. X was forced into retirement at age 51 and thanks to his disability insurance could expect a tax exempted monthly income of \$18,600 until he turned 65.

The moral of the story is that you never know what will happen in



Christine Ibbotson

the future and unfortunately, no one is immune to career change or failure, personal accidents, or financial ruin. Things just happen. Life has a way of taking us on a rollercoaster ride of ups and downs and insurance is there for the "what if's" that we hope never actually materialize. Insurance is costly and I know most Canadians will often make excuses to avoid the added expenses to their already tight budgeted lifestyle. But maybe we shouldn't be so quick to decline it. Those people that live paycheque to paycheque nowadays are especially vulnerable, and could be placed in a very comprising position if they were severely hurt and could not work again. Planning for your future must include planning for possible unexpected events. I know that insurance is expensive however, I have yet to come across someone who got an insurance payout, and said: "I got too much insurance money – take some back." On the contrary, after something happens, they always wish they had more.

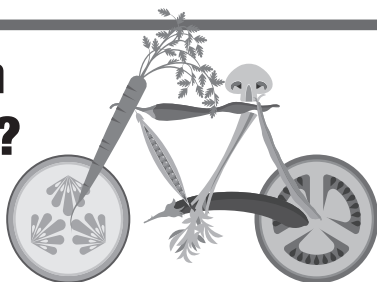
Here is an insurance stat to leave you with: one third of Canadians aged 35 or older will suffer a disability lasting at least 6 months before they reach 65. Of those who suffer a disability between age 35 and 65, 50% of them will have the disability for 5 years or more and 30% will be disabled for life. If you want to consider critical illness insurance, remember 2.4 million Canadians are diagnosed with a critical illness every year. Here are the stats: cancer affects 2 out of every 5 people in Canada, 97,000 Canadians will have a heart attack or stroke every year and 58% of critical illness claims come from men with a median age of 54. Remember, it is your responsibility to protect yourself and your family.

Good Luck and Best Wishes,

Money Lady

Written by Christine Ibbotson, National Radio Host, YouTuber, and Author of 3 Canadian. Send your questions through the contact page at [www.askthemoneylady.ca](http://www.askthemoneylady.ca)

**Do you have a Health or Wellness Business?**  
**Call 204-467-5836 to advertise**



# Classifieds

Stonewall Teulon  
**Tribune**

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BROCHURES	PRESENTATION FOLDERS	LETTERHEAD	POSTERS
BUSINESS CARDS	SIGNS	ENVELOPES	MEMO PADS
STICKERS	SOCIAL TICKETS	INVOICES	And MORE...



# 204-467-5836

### PUBLIC NOTICE

PROPOSED ROGERS 91.5m WIRELESS TELECOMMUNICATIONS FACILITY INSTALLATION

**SUBJECT: W6230**

- 91.5 (95m top of lightning rod) Guyed Tower
- Location: SE 17-14-1 EPM, Argyle, Manitoba
- Lat: 50.182987°
- Long: -97.424171°
- The facility will include: a walk-in equipment cabinet surrounded by a 1.8m compound fence and locked gate.
- The site will provide fast and reliable wireless voice and data services to the surrounding residential and commercial areas.

Further information may also be obtained through the following contacts:

**ROGERS Communications Inc.**  
c/o LandSolutions Inc.  
Kristina Schmidt  
Municipal Affairs Specialist  
1420, 333 - 11 Avenue SW  
Calgary, AB T2R 1L9  
T. (403) 290-0008  
F. (403) 290-0050  
E. [comments@landsolutions.ca](mailto:comments@landsolutions.ca)

**RM of Rockwood**  
Chris Luellman  
CAO  
Box 902, 285 Main St.,  
Stonewall, MB R0C 2Z0  
T: (204) 467-2272  
E: [cao@rockwood.ca](mailto:cao@rockwood.ca)

**SITE LOCATION MAP**



With respect to this matter, the public is invited to provide written comments by **March 13, 2023** to LandSolutions Inc. Please include a return address.



# SALES CAREER OPPORTUNITY

## Big and Colourful Printing & Publishing

is looking for a dynamic, highly motivated person to become part of our advertising sales team in the Interlake area.

The successful candidate will thrive in a fast paced sales environment where a competitive nature, strong work ethic and excellent customer service skills are required and rewarded.

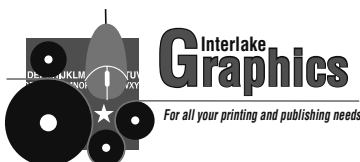
This opportunity involves building relationships and representing our newspapers to new and existing customers.

**Qualifications:** The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

Customer service, sales experience and passion is a must.

- Strong computer skills, including Microsoft Office
- Excellent communication skills and a genuine love of people
- Willingness to learn
- Ability to work independently

If you fit this description please email resume to [Bigandcolourful@mts.net](mailto:Bigandcolourful@mts.net)



### METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

### SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

**BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.**

### HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

**ROCKY MOUNTAIN EQUIPMENT HIRING:** AG Equipment Techs, Heavy Equipment Techs - Journeyman, Apprentices, and CVIP/Truck Techs. View open roles [www.rockymtn.com/careers](http://www.rockymtn.com/careers) Relocation and signing bonus offered.

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McGregor, MB  
Furniture  
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Closes:  
Feb 23, 2023

Brad @ 204-476-6262  
[www.meyersauctions.com](http://www.meyersauctions.com)

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TF 1-877-775-8271  
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### RENTAL SUITES

Interlake Housing Co-op (Teulon) - Farview Place is seeking applicants for upcoming available suites and for the wait list in our 55+ building in Teulon. One and two bedroom suites currently available starting at \$680 per month. Close to amenities.

Please call 204 886-2760 or email [farview@mymts.net](mailto:farview@mymts.net) for more information.

### WANTED

A purebred West Highland Terrier puppy. Will consider non-purebred if available.

**Contact Dennis 204-745-8811 Carman.**

### FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 [www.firstandsecondmortgages.ca](http://www.firstandsecondmortgages.ca)

### WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Wanted PTO 4 Cockshutt tractor, 1755 or 1855. Phone Brian 204-757-4448 (Lockport).

Wanted - older string musical instruments & amps, etc. Call 431-737-6441.

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### WANTED

Have lots of scrap metal want to trade or swap for winter wood supply. 20 cords, cut now ready for next winter. 16" length, 3" - 5" diameter. Delivered in April. Call Jim 204-278-3433.

### LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight Academy is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

**HAVE A NEWS TIP OR AN INTERESTING STORY?? CALL 204-467-5836**

**WANTED: SASQUATCH SKULL!**

Also buying entire coin collections & old money! Buying large quantities of silver. 999+ bullion, ALL sizes, ALL brands, bars, rounds, ingots, coins, sterling, silverware, and pre-1968 coins +. **Buying all gold & silver** coins, bars, unwanted jewelry, nuggets, dust, scrap +++

**TODD 250-864-3521**

### STONEWALL, MB PRIME SPACE AVAILABLE FOR LEASE WESTSIDE PLAZA

Suitable for Professional, Office or Retail  
Approximately 2400 Sq. Feet  
Available March 1, 2023  
Contact Larry: 204-461-5335  
[Dapasons@gmail.com](mailto:Dapasons@gmail.com)  
All inquiries in confidence

# Classifieds

Stonewall Teulon  
Tribune

Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@stonewallteulontribune.ca](mailto:classifieds@stonewallteulontribune.ca)

### NOTICES

**URGENT PRESS RELEASES** - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for **ONLY \$35 + GST/HST**. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab for more details.

**BOOK YOUR 2023 BLANKET CLASSIFIED ADS NOW** in the 32 Weekly Manitoba Community Newspapers to get your messaging to be seen all over the province! **SEASONAL drivers?** Having an AGM, on-line meeting or conference? Let people know in the Blanket Classifieds! Call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. [www.mcna.com](http://www.mcna.com)

Please support our advertisers  
**SHOP LOCAL**

### McSherry Auctions

12 Patterson Dr., Stonewall, MB

**Online Timed Auctions @ iCollector.com**

### Estate & Moving

Featuring '07 Hummer H2  
Closes Wed Feb. 15 @ 7:00PM

### Estate & Moving

Closes Feb. 22 @ 7:00PM

### Degagne Motors

Shop Retirement Sale  
Closes Feb. 23 @ 6:00PM

### McSherryAuction.com

204-467-1858  
Consignors Welcome!

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### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

**Grow Your Business by placing a HELP WANTED ad in the Tribune**

### NOTICE TO CREDITORS

**IN THE MATTER OF:** The Estate of Dennis Harvey Smyth, late of the Village of Inwood, in Manitoba, deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 1st day of March, 2023.

DATED at Stonewall, Manitoba this 31st day of January, 2023.

### GRANTHAM LAW OFFICES

Solicitor for the Executor

**REMEMBER YOUR LOVED ONES WITH A MESSAGE IN THE TRIBUNE**

## Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

### Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

**Please forward your resumé along with three writing and photography samples to:**

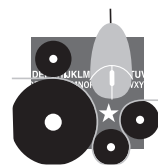
Lana Meier

Email: [news@stonewallteulontribune.ca](mailto:news@stonewallteulontribune.ca)

The Carman-Dufferin  
**STANDARD**

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- FLYERS • BROCHURES • MEMO PADS
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**ATTENTION FARMERS AND RANCHERS**

**February 18th at 1:00 pm**

**at the Ashern Auction Mart  
4 complete dispersals  
with reputation cattle**

### George Bernier

87 cows 53 bred heifers

50% black sim/angus 45% red sim angus 5% tans

53 Heifers bred to easy calving black Simmental Bulls

60 2+3rd Calvers Bred to black and red simmental bulls

27 4+5th Calvers Bred to black and red Simmental Bulls

2 Simmental Bulls 5 yr old quiet sound bulls

Bulls turned out June 5th

Herd is on a full health program

(Pfizer gold, Scoutguard, Ivomeced in December)

### Complete dispersal Rick and Norine Yanke

100 cows 25 bred heifers

Top Charolais cows their calves top the market

when they sell

70 % white , 25 % tan , and 5 % reds

25 bred heifers Bred red angus

100 cows bred Charolais Start calving March 15th

(Triple C Charolais bulls and Tee M J Charolais)

Full Health Program Pfizer

and Scourguard yearly

### Complete dispersal for

### Valarie Hallson and the estate of Harold

Approx. 50 cows

Mostly Black Angus cows Bred

either Hereford or black angus

Avg age 3-10

Bulls turned out June 18th

### Complete dispersal for the Basaraba Family

55 mixed cows blacks, red, tan and greys

Bred to red angus bulls

Start calving March 15th

Cow are black legged yearly and dewormed

**Please contact for more information**

**Ashern Auction Mart 204-768-2360**

**Buddy Bergner 204-768-0018**

**Kirk Kiesman 204-768-0019**

License #1128

**Classified and Notice booking deadline is Monday at 4 p.m. prior to Thursday's publication.**

**Call 204-467-5836**

Do you have a unique service you would like to advertise?  
Get the word out with an ad in the Tribune!

## McSherry Auction Service Ltd

### Online Farm Equipment Estate of Stewart Tataryn Auction

Closing Time of Thursday February 23 at 7 PM

Location: St. Laurent, Mb

10 Miles East on 415 rd -- South 1 Mile on 518 -- 2 Miles East on 415. Driveway Marker #9123

Featuring: J.D. 5083E MFWA Cab 3PH FEL 3547hrs, J.D. 4050 Cab 3PH FEL 13000 hrs., J.D. 2130 with FEL 9300 hrs., J.D. 1120 3PH, 2000 Dodge 2500 Dsl. 4x4 315\*\*\*kms, Sokal 20' Stock Trailer, Silverlake Post Pounder, Haying + 3PH Equip., Livestock Handling Equip., '13 Honda Foreman 500 Quad, Fuel Tanks, Misc. Farm Yard Equip.

For Complete Detailed Listing with Viewing Details, Pictures + Online Bidding - Go To [www.McsherryAuction.com](http://www.McsherryAuction.com)  
**204-467-1858 mcsherry@mymts.net**

## McSherry Auction Service Ltd

### McSherry Online Auction for Cheguis Plumbing + Heating

Closing Time of Thursday March 2nd at 6 PM

Location: Stony Mountain, Mb

2 Miles North on HWY #7 - East on 75N  
Driveway Marker #10037E

Featuring: '51 Chevy 1420 Step Side Truck - Runs, '13 BH Hyd. Tilt Tandem 14' Gravel Trailer, '17 BH 16' Tandem Flat Deck Trailer, Car Dolly, J.D. 155 R. Mower, (2) 40' Containers, Sky Jack 26' Lift, Pallet Racking, Plumbing Related Tools, Power Threader, Pallets of New Plumbing/ Heating Items, 5 Portable Toilets, Coke Cooler + Signs, Office Furniture.

for complete detailed listing with viewing details, pictures + online bidding - Go To [www.McsherryAuction.com](http://www.McsherryAuction.com)  
**204-467-1858 or 204-886-7027 mcsherry@mymts.net**



**THE TOWN OF STONEWALL WANTS TO HEAR FROM YOU!**

## STONEWALL CEMETERY DESIGN PLANS OPEN HOUSE EVENT

Tuesday, February 21, 2023

6:00 PM - 8:00 PM - Drop-in

Quarry Park Heritage Arts Centre  
**SUNOVA AUDITORIUM**

The Town of Stonewall is in the process of developing a vision plan with HTFC Planning & Design for the development of the Stonewall Cemetery.

We are hosting a public event to receive feedback on the preliminary plans. HTFC's design team will be present to answer questions about the plans.

Please join us!

# Announcements

Stonewall Teulon  
**Tribune**

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**BIRTHDAY**



Happy 16th Birthday  
Ally

-Love your family

**IN MEMORIAM**



Jesse James Henry Pedersen  
August 16, 1985 – February 5, 2022

The depths of sorrow we cannot tell,  
Of the loss of one we loved so well,  
And while he sleeps a peaceful sleep,  
His memory we shall always keep.

-Sadly missed

Baba Olga  
Mom Karen  
Jasmine and Justin

**IN MEMORIAM**



Marian Burchuk (Balness)  
May 27th, 1939 - February 10, 2011

May the winds of heaven blow softly,  
And whisper in your ear;  
How much we love and miss you,  
And wish that you were here.

-Peter, Shannon, Elanna, Rob & Lisa  
Dale, Skyler, Coco

**IN MEMORIAM**



Theodore Sobkowich (Teddy)  
March 11, 1941 - February 7, 2020

Dad was a great reader and story-teller. Everyone knew this and the boys in his classroom especially took advantage of this "gift" of his. They figured out very quickly that if they could get Mr. Sobkowich to tell a story, the classwork would be temporarily put aside! Hunting, fishing and history stories were told. The grandkids also loved to hear Gpa Ted tell stories and share his wisdoms. This was our Dad and Grandpa; he was a man of nature and story-telling.

Words by Chief Dan George from Ted's book collection:

The beauty of the trees,  
the softness of the air,  
the fragrance of the grass,  
speaks to me.  
The summit of the mountain,  
the thunder of the sky,  
the rhythm of the sea,  
speaks to me.  
The faintness of the stars,  
the freshness of the morning,  
the dew drops on the flower,  
speaks to me.  
The strength of the fire,  
the taste of salmon,  
the trail of sun,  
and the life that never goes away,  
they speak to me.  
And my heart soars.

-Till we meet again,  
Dybosia!

**IN MEMORIAM**



ROB BROADFOOT

September 4, 1969- February 4, 2021

Everyday in some small way,  
Memories of you come our way;  
Though absent, you are always here,  
Still missed, loved and always dear.

-Love your family

**IN MEMORIAM**

KUNZELMAN  
Rhoda – February 9, 2015  
Russell – October 12, 2011  
Lyll – August 9, 2008

Those we love don't go away,  
They walk beside us everyday;  
Unseen, unheard but always near,  
Still loved, still missed and very dear

-Love your family

Send your special wishes to your friends & family in the **Tribune**  
Call 204-467-5836 or email [igraphic@mts.net](mailto:igraphic@mts.net)

**Now Hiring!**

**Nutrien Ag Solutions**

At Nutrien, our purpose is to grow our world from the ground up and we do so with safety and integrity as our core values. Nothing is more important than sending our people home safe, every day.

**Seasonal Warehouse Support  
Winnipeg Mb (RM of Rosser)**

Seasonal Role will work between March and September 2023  
Tasks will include: Shipping, Receiving, Bill of Lading, Production, Safety, Maintenance and Inventory Counts

What you will bring:  
Grade 12 or equivalent.

2+ years' experience in warehousing activities along with forklift experience is considered an asset.

Training provided.

To apply please contact:  
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204-880-7592  
[rose.barton@nutrien.com](mailto:rose.barton@nutrien.com)



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Contact this newspaper NOW or MCNA at 204.947.1691 or email [classified@mcna.com](mailto:classified@mcna.com)

[www.mcna.com](http://www.mcna.com)

Don't forget to send your special words of remembrance for loved ones passed.  
**Tribune**  
Call 467-5836 or email [igraphic@mts.net](mailto:igraphic@mts.net)

There is a link death cannot sever,  
Love and remembrance last forever.

# Announcements



Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@stonewallteulontribune.ca](mailto:classifieds@stonewallteulontribune.ca)

## OBITUARY



**Martha Martens**

Martha Martens peacefully passed on January 23, 2023 at Rosewood Lodge, Stonewall, MB, with family at her side.

Martha is survived by daughter Brenda (Terry) and family; sons Marvin (Tammy) and family, Kevin (Renee) and family; Martha had 16 grandchildren and 4 great-grandchildren.

Martha was predeceased by her parents Isacc and Margaret Fehr and son-in-law Nico Janssen.

Cremation has taken place and a celebration of life will take place at a later date.

Thank You to Dr. Graham, all of Rosewood Lodge staff for their exceptional care of Mom. Thank you to Ken Loehmer for all of his assistance and care.



## OBITUARY



**Ken Craig**

If they are lucky, most people get to meet their heroes once. Maybe twice. I'm the luckiest of all — I was raised by mine. My hero, Ken Craig, passed away peacefully on January 27th surrounded by those he loved after a multi-year battle with a rare blood cancer.

A farm boy, Ken was born in Lestock, Saskatchewan to Alvin and Helen Craig, and raised on a farm outside Kandahar, SK. Although he lived in Saskatchewan for just the first 19 years of his life, Ken never forgot where he came from and loved a golden field of grain and bled Rider green until his very last day.

But he needed a life of adventure. After helping build the Diefenbaker Dam, Ken joined the RCMP. Soon after arriving at his first posting in Surrey, BC, Ken found his favorite spot in the world — next to Lynn.

They had a love story for the ages.

Ken became Ken and Lynn on August 29, 1969. Over the next 51 years they adventured together throughout their postings in the Canadian north (the Yukon was the favorite and not just because I was born there), many places around Manitoba and around the world. Deeply patriotic Canadians, their favorite other place was Portugal.

When Lynn was stricken by ALS, Ken would not let anyone else care for her. His place was by her side — always. That is what he will be remembered for — being an effusive fountain of love and fiercely protective of those he loved.

He was what you would expect — brave and strong — having nearly lost his life in the line duty while in Fort Good Hope, NWT but the thing that folks always remarked upon was that such a giant could be so kind and gentle. Being a girl dad was one of his favorite things.

Throughout his life, Ken made lifelong friends and made them family. He was that guy. You just liked him. Whether it was on the ice playing hockey (ok, not everyone liked him there), coaching little girls in softball or driving a school bus in retirement, people gravitated towards him. While I was growing up, even though he had me, he never ceased to have a crowd of my friends in tow.

It was because he was who he was. He wasn't too stubborn to change what he thought after a good argument, but the fiber of who he was never changed. He was quick to a hearty laugh, generous with hugs and followed his unflinching moral compass. He always helped those in need, whether they be a neighbor or some little bratty kid trying to tie her skates (again, me). He was simply a great man.

I have lost one of my best friends and my dad. Those who knew him, and were fortunate to have him as part of their lives, have lost a best friend, adopted dad and grandpa, role model, neighbor and mentor. But he is back in his favorite place — beside Lynn.

Ken Craig is survived by his daughter Stephanie, her partner Todd Grant, his chosen daughter Louise Helbig, his chosen grandchildren Madison, and her partner Nick, and Todd's children Zac and Jenna. His two regrets are to not getting to watch Madison walk down the aisle or see Jenna in the Golden Buffalo Marching Band at the University of Colorado.

He was so fortunate to have the best neighbors who looked after him and an incredible number of close friends, who cannot be named for fear of missing somebody. We would all like to thank Dr. Brett Houston for being the very best of people and doctors; the amazing staff at CancerCare at HSC and CancerCare and Outpatient Department at Selkirk Hospital; and the kind and gentle staff at Stonewall Homecare. I'm sure they will miss his unflinching smile and donut deliveries, too.

In lieu of flowers, please send donations to CancerCare Manitoba in Ken's name if you are in Canada. If you are in the United States, please help finish Ken and Lynn's pursuit of ending ALS by donating to I Am ALS.

## OBITUARY



**Georgette Cecile Marie Jones**

Georgette Cecile Marie Jones, beloved wife of Raymond Jones, passed away on Saturday, January 28, 2023 at St. Boniface Hospital in Winnipeg, Manitoba, with family by her side.

Georgette is survived by her husband, Ray; children Michelyn (Steve) and Christian (Robyn) and grandchildren Elle and Payne, Mattea, Maryn, and Mia. She will be missed by all her brothers, sisters, in-laws, nieces and nephews.

Georgette is predeceased by her parents Donat and Yvonne Gagnon and father and mother-in-law Tom and Eileen Jones.

Georgette was born in St. Anne, Manitoba on May 21, 1955 and lived in Richer for her entire childhood. Following graduation from St. Anne's High School, Georgette moved to Winnipeg to work in the office at Modern Automotive Warehousing. There, she met the love of her life, Ray, and they were married August 24, 1974, at Precious Blood Roman Catholic Church in St. Boniface. Georgette worked at many places over the years, always dedicated and exhibiting a strong work ethic. She recently retired after working 28 years in the Credit Department at Palliser Furniture.

Through her adventures with Ray, they lived in and travelled to many places, and eventually retired in Stonewall while dividing their time at the family cottage at the Narrows. She had many talents, including sports, cooking, and gardening, and loved a good do-it-yourself project. Georgette made close friendships throughout her lifetime, but her family was her centre. Family time was important to her, and she was her children and grandchildren's biggest cheerleader.

Georgette fought a long and hard battle to the end - her positivity, courage, and strength an inspiration. We would like to express our deepest gratitude to all of the doctors, nurses, and healthcare aides who cared for Georgette at CancerCare, the Health Sciences Centre and St. Boniface Hospital.

A private funeral service and Mass for family was held. If so desired, in lieu of flowers, a donation can be made to CancerCare Manitoba.

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