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Stonewall Teulon

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Sweet new business venture for ACL



By Jennifer McFee

A new arrangement with a local bakery proves that you really can have your cake and eat it too.

The Association of Community Living Interlake (ACL) is enjoying a sweet new acquisition as the owner of D&D Cakes.

The business venture proved to be a perfect fit for ACL, a non-profit community organization dedicated to building an inclusive community for people living with mental disabilities.

Executive director Tara Smith said they had been planning on operating a café to give clients an opportunity to learn new skills, similar to the operation of Global Garage. When offered an opportunity to take over the well-known local bakery, they jumped at the chance.

"They had actually come to us and asked us if we'd be interested, so it was a really great opportunity for us," Smith said.

"There's a ton of skills that you can learn in the bakery from doing coffee to cleaning floors to shoveling and dividing up all of the baking goods. It's great."

D&D Cakes began as a mother-daughter business venture launched in Winnipeg by Darlene Daigle and

Continued on page 5

ACL Interlake is pleased to be the new owner of D&D Cakes. From left to right: support worker Amanda Primrose, full-time staff member Tiffany Klassen, former owner and baker Diane Kazmerowich and ACL program director Kelley Rutkair.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Do you recognize these wedding parties?

By Jennifer McFee

A local history buff is hoping that someone knows the bigger picture about some mysterious wedding photos discovered on her neighbours' property.

As a member of the heritage committee that works out of Quarry Park, Cheryl Willis is steeped in the history of the area. So when neighbours approached her with a mystery to unravel, she set to work at the task.

Her neighbours found four historical wedding photos in a building that they had moved to the property of Centre School, the former one-room schoolhouse located four miles north of Stonewall right on Highway 236 (NW 18-14-2E). During renovations, they uncovered the photos under some old boards in the attic.

The building, originally a house, had been moved from a farm site a few miles east of the location (NE 8-14-2E).

"The person who moved it there bought five houses in Winnipeg from the lady who was building the Downs Village Motel, so the house did not come from the local area," Willis said.

Nonetheless, Willis hopes the photos can find their way to the descendants of the unidentified brides and grooms.

"It would be a shame if someone in the family couldn't get them back," she said. "They're a really nice keepsake."

Three of the photos depict wedding parties while the fourth shows a bride standing alone. Willis believes the photos are from the 1940s, possibly

of three different weddings. There are no indicating marks on the back of the photos.

"I've been going through some of the local history books from all over — Rosser, Teulon, Lower Fort Garry — just to see if I could recognize anybody," Willis said.

Anyone with information about the photos can contact the *Stonewall Teulon Tribune* at news@stonewallteulon-tribune.ca or 204-467-5836.



An early spring predicted



TRIBUNE PHOTO SUBMITTED

While winter has been somewhat of a roller-coaster this year thanks to El Nino, Oak Hammock Marsh's Manitoba Merv, the resident spring forecasting rodent, made his official announcement Tuesday morning shortly after sunrise.

Manitoba Merv came out of the viewing blind at the end of the boardwalk, looked around and saw no shadow, indicating that an early spring is on its way for Manitoba.

While Manitoba Merv's track record is almost impeccable for the past 22 years, an erroneous prediction two years ago made some people doubt his forecasting ability. Manitoba Merv had announced that an early spring was on its way, but winter seemed to last forever.

Luckily for him, he regained the confidence of his followers last year by correctly predicting an early spring.



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Teulon students receive life-saving smoke alarms

By Natasha Tersigni

In an effort to raise awareness of the role that working smoke alarms play in home fire safety, the Teulon-Rockwood Fire Department handed out smoke alarms to every child in Grade 1, 3 and 6 at Teulon Elementary school last week.

The initiative started after local firefighters noticed an increase in the number of house fires where children were not getting out in time, including the house fire that killed four brothers in Kane, Man., last February.

"There have been a couple of really bad incidents involving children and you have to wonder if children are able to get out of their house or if they can even hear the alarms. There have been a significant number of those types of calls," said firefighter Robin Halabicki.

"Every year, we go into schools and give a lot of education about what to do when the smoke alarm goes off, but what happens if there isn't one, if it is not working or the child doesn't hear it?"

According to Manitoba's Building Code, every bedroom has to be outfitted with a smoke alarm; however, the law is retroactive and hard to enforce in older homes. This initiative ensures that children who live in Teulon and surrounding areas have access to a working smoke alarm that can be installed in their bedroom that could possibly save their life.

Teulon Rockwood Fire Department, One Insurance and Rockwood Lumber sponsored the smoke alarm initiative.

"This is a joint effort and it is a win-win situation for everyone involved. We do business in the community and we want to give back to the community. This is the best way to help out and make sure everybody is safe and secure. It worked well



During his visit to Teulon Elementary School last week, firefighter Robin Halabicki spoke to students about the importance of having fire alarms in every bedroom in their house and ensuring that they are always in good working order.

and it made sense to partner with the fire department for this project," said Rey Girardin, who is a firefighter with the local department and a director at One Insurance.

Next year, the department plans to hand out fire alarms to students in grades 1, 3 and 6 at the elementary school and then every year after that to the Grade 1 students.

Firefighters also reminded students that smoke alarms need to be tested twice a year. A good time is when clocks get changed in the spring and fall for daylight savings.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Students in Grade 1 at Teulon Elementary School proudly show off their very own smoke alarms that were given to them by the Teulon-Rockwood Fire Department. On hand to deliver the smoke alarms and to provide fire education were firefighters from the department including Robin Halabicki and Rey Girardin. The project was funded by the Teulon-Rockwood Firefighters Association, Rockwood Lumber and One Insurance.

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St. Laurent School begins trial run of community library

By Jeff Ward

St. Laurent school will be opening its doors Wednesday evenings for the next three months in a new pilot project allowing local residents access to the library.

The pilot project is something the school's librarian, Julie Short, has been thinking of for a while. Short says she wants to help promote reading in her community, but without a dedicated public library, it's hard to do so.

The project will cost \$80 per week for staffing and is being funded by the RM of St. Laurent, according to resolution #152/15 passed during a council meeting in May 2015. Short says that everyone is welcome to use the library and that there are books, graphic novels and computers for use at no charge. The library will be open Wednesdays from 5:30 to 8:30 p.m.

The pilot project has been in the planning stages for several years, and Short is excited that the library will now be open for everyone, not just the students.

"We were very close in 2011 when we went to the RM for help, but it happened to be the year of the flood so there wasn't any money for it," said Short.

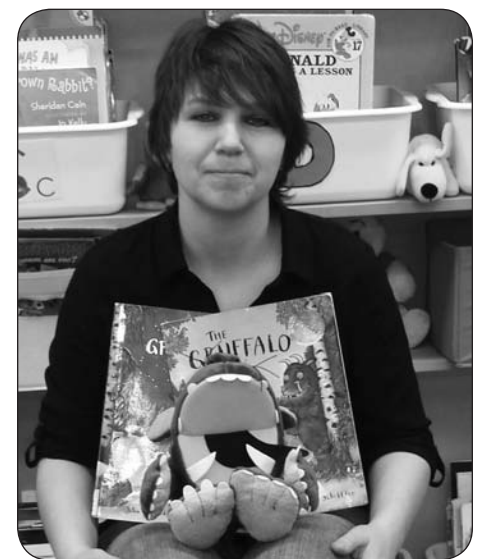
"Last year, I heard it was a go, but the school was under construction so it just wasn't possible. I didn't get back into the library until just before Christmas. We're trying it now for three months to see the kind of numbers we can bring in. There will be storytime for the kids, and parents will have access to the computers for the Internet. We also do have an adult section for novels that are above reading level for students."

Short believes that having a public

library is a positive thing for the community and she's very happy to be moving forward on an idea she's had for nearly a decade. She hopes the community responds and attends the storytime sessions and checks out the books.

Short also said that parents can use her knowledge to suggest books for their kids to read. She'll know what books are good for their reading level and which ones will challenge their minds.

"It's hard to promote reading if you don't have access to a library, and driving to Lundar or Stonewall is expensive. I think that this can be a great opportunity for our community and I'm hoping it will be a great turnout and that it will encourage more people to attend. I want to see this be a long-time thing," said Short.



TRIBUNE PHOTO BY JULIE SHORT

St. Laurent School librarian Julie Short is excited to be opening their doors to the public Wednesday evenings for the next three months.

Bell Let's Talk breaks records, raises \$6.2M for mental health

By Lindsey Enns

Bell Let's Talk Day took social media by storm last week, and now the Canadian Mental Health Association wants to keep the conversation going about mental health.

"Bell Let's Talk Day this year was incredibly successful nationally but it was also really successful for us as an organization," CMHA spokesperson Tyler Pearce said. "We even had a few people make some donations to our organization."

Bell says they received 125,915,295 calls, texts, tweets and shares last Wednesday and raised a record-breaking \$6,295,764 for mental health initiatives across Canada.

To encourage Canadians to break down barriers surrounding mental health and raise awareness, for every text message, wireless and long distance call made on Jan. 27, Bell Canada and Bell Alliant donated five cents to mental health programs.

Bell also donated five cents for every

tweet using the hashtag #BellLetsTalk.

The #BellLetsTalk hashtag was used nearly seven million times and #stopthestigma, #endthestigma and #sicknotweak were also trending throughout the day.

Pearce said CMHA's Facebook page was viewed more than 18,000 times last week, an all-time high for the organization.

"You could see the spike," she said. "Our highest before was just below 2,000."



She added that the Bell Let's Talk Canada website, letstalk.bell.ca, also has some great resources available to those seeking more information.

"They have videos and materials that we ourselves don't necessarily have the capacity to make," she said.

Pearce said CMHA has recently brought the Bounce Back: Reclaim Your Health program to Manitoba for the first time.

The evidence-based program is designed to help adults experiencing symptoms of mild to moderate depression, low mood or stress, with or without anxiety.

"Right now in our health-care system, there's not a lot of options for people who are at that level," she said. "They can function, but they're just having a little bit of difficulty."

Pearce added it's more of a preventative program that was started in B.C. in 2008. For more information, call 1-866-639-0522 or visit cmha.ca.

The CMHA, based in Winnipeg, serves Manitoba and is part of a nation-wide, charitable organization that promotes mental health and supports the recovery of those experiencing a mental illness.



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**For applications and criteria information please visit
www.interlakefoundation.ca or call 204-467-5634**

Annual Ride for Rehab

By Lindsey Enns

This year's Ride for Rehab will guide snowmobile enthusiasts through trails in Riding Mountain National Park while raising funds for the Children's Rehabilitation Foundation.

Jason Sargent of Steeltown Ford in Selkirk, his son Owen and a group of nearly 40 riders will take to the trails next month in memory of his brother Scott, who died in a snowmobile accident in 2004.

"It's been 11 years but it feels like it happened just a couple years ago. It's still just so vivid," Sargent said, adding Scott was an avid snowmobiler. "He loved it and we did a lot of snowmobiling together. It was a family sport we grew up snowmobiling and I am still very involved in the sport."

The 13th annual Ride for Rehab will take place on Feb. 18 to 21 at the Elkhorn Resort Spa and Conference Centre in Clear Lake.

Riders will make their way through trails in Riding Mountain National Park for two full days.

To register for the ride, contact the foundation's fund development and

event co-ordinator Adell Gauthier at adell@crf.mb.ca or 204-477-4587.

Sargent said his team will be raising funds in memory of his brother Scott. He said they hope to raise more than \$20,000 this year.

"We're just going to donate all of this money back to the children," he said. "All of the money that I raise and my team raises goes to children in this area that need help."

"It was something that my brother wanted and just keep his memory alive. There's a lot of children in the area that benefit from it."

To make a donation to Sargent's team, visit steeltownford.com and click on the "Children's Rehabilitation Foundation" link at the bottom of the home page. Donations can be made online, mailed or dropped off in person at Steeltown Ford in Selkirk until the end of February.

The Children's Rehabilitation Foundation is a Manitoba charity dedicated to helping children with disabilities and special needs be as independent as possible.

Since it's inception, the Ride for Re-

hab has raised more than \$780,000. Each year, \$30,000 from the ride goes towards the foundation's bike clinic where bicycles are modified so children can be out riding with friends and siblings.

Funds are also used to purchase in-

dividualized equipment for children on the foundation's waitlist, such as iPads, laptops, specialty software and communication and speaking devices, specialized bikes, sporting equipment and mobility equipment such as walkers and wheelchairs.

> SWEET NEW BUSINESS, FROM PG. 1

Diane Kazmerowich in 1992. They moved the business to Stonewall a dozen years ago, with many of the years spent nestled in an office at the Town Hall building. In late 2013, they relocated to their current location at 10-333 Main St., where ACL will continue to operate for now.

Not only is D&D Cakes well-known throughout Stonewall, it has also extended its reach into Hollywood realms. Daigle's creations will soon debut on the silver screen with three custom-made cakes shown in a 1970s-era bakery scene in the film *A Dog's Purpose* starring Dennis Quaid.

As the icing on the cake, the former owners continue to be involved by baking the sweet and savoury treats that the bakery is famous for — including cinnamon buns, cheese biscuits and cheesecakes.

Smith wants to assure customers that all the same goodies continue to be available since ACL took over on Jan. 20.

"Right now, we have Diane and Darlene still baking for us. We're still learning how to run the till. We'll be doing the cleaning, running the coffee machines, that kind of thing," she said. "We're going to start with those

skills, and we're really lucky to have them to be able to teach us those skills. As we get going, if we have a baker in the group who's interested, then we'll go with that, but you don't just start as a baker."

As one of the former owners, Kazmerowich is pleased to continue baking without worrying about the more stressful aspects of running a business.

"It was a good fit for us too," Kazmerowich said, adding that her mom has now retired but is still involved.

ACL program director Kelley Rutkair is glad for their continued contributions to the bustling bakery.

"The overlap of them staying with us is extremely helpful," Rutkair said.

And for employee Tiffany Klassen, she's pleased to be making history as ACL's first client to work full-time at the bakery.

"I've been learning cash and making drinks," said Klassen, who recommends the lemon pie as her top pick. "Since I started last week, it's been really good."

D&D Cakes is currently open Monday to Friday from 9 a.m. to 4 p.m.

St. Laurent Family Fun Day

By Jeff Ward

Organizers of the 2nd Annual Louis Riel Family Fun Day in St. Laurent have organized more than a dozen outdoor activities for a fun-filled day designed to bring the community together.

Tobogganing, bannock-making and sponge hockey are just a few of the activities planned for the family fun day on Saturday, Feb. 13. Organizers of the event hope to see the frozen ponds packed with families enjoying nice weather.

"Last year, we had some extremely cold weather, but people still came out and had a great time," said Father Guy Lavallee Michif Local Inc. organizer Jacqueline Leclair.

"This is just about having the community come together and spend time together. Events like this also bring in some tourists, as well, which helps the

stores and local businesses. We also want to support the rich Métis culture that grows here."

The day starts at 10 a.m. with the sponge hockey tournament held at the newly made rinks inside the R2G2 gravel pit. The only requirement for each team is that everyone must be related since it is a family-based tournament. There is a \$40 registration fee, but all money collected goes back into the hands of whichever team wins the event. There will be cash prizes for any team in the top three.

There is still time to register, and those interested are encouraged to call Jacqueline Leclair at 204-646-2158. The deadline to register is Monday, Feb. 8. A social evening will be held at the St. Laurent Recreation Centre from 8 p.m. until 1 a.m. and will feature live music by local country band Crossroads. Tickets are \$10.



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> ARNIE WEIDL

Hi friends. How was your week?
As a change of pace, I have a great open-water story from Russ Rempel of Matlock.

He and his cousin Dave Prestige have fished Big Clearwater Lake for years. One hazy, windy weekend, the fishing was as exciting as it gets with big hooked bass "coming out of the water on their tails." Then on one cast, Dave's rod doubled over with something big. Russ got out the net, but when he bent over the side of the boat to bring the fish in, he froze for a second. Then he straightened up and, looking at his cousin, said, "I think we're going to need a bigger net."

There rolling angrily alongside was a jackfish half the length of their craft. Russ got his arms around their catch and hauled it onboard with some difficulty. That was a mistake. Its gaping mouth exposed huge needle like teeth and that, along with its thrashing tail, the monster proceeded to knock over their tackle boxes, their lunch and everything else within reach. The guys, frankly scared, carefully measured the beast as best they could at 54 1/2" and then wrestled the gunwale back into the water. As a parting shot, while they stared fascinated at the frightful creature, it snapped its tail splashing water all over them.

That evening, with the monster still on their minds, instead of going for a swim before supper, the men just went to the edge of the shore and had a quick wash. After supper, Dave had a ritual. For years, he and his dad had come to love fishing here. When his dad died, Dave kept a promise and buried his ashes by the lake. So, in the cool, quiet cover of night, Russ just nodded in silence when Dave, a drink in hand, would say, "I'll be back" and then faded into the darkness. Russ



TRIBUNE PHOTO BY ARNIE WEIDL

Allen Young and Chris Clarke of Winnipeg with a pickerel Allen caught at Breezy Point.

knew Dave was going to sit by his dad, have a drink and talk for a while.

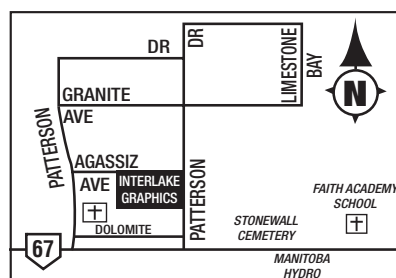
Now back to ice fishing. Last week at Breezy Point, I met longtime pals Allen Young and Chris Clarke from Winnipeg. It was toasty warm inside their newly built shack because of a propane powered "sunflower heater," which, my friends, is the source of our next funny story. Allen has the most perfect almost full white Santa Claus-like beard. A few days ago, it was a lot fuller. You see, on their first day out here last week, he was trying to adjust the heater. He bent way over, and his beautiful beard dropped into the glowing heater mesh, singeing a good six inches off. The smell of burnt hair in the shack for the next few days tested Allen and Chris's "buddy ship," but they persevered and their pickerel is their reward for hanging.

The Beausejour bunch — Larry Enns, Leon Desjardins, Garry and Logan Schoenberger and Loren Banochke — are finally back fishing on Gull Lake, thanks to the co-opera-

tive efforts of the RM of St. Clements, the RM of Alexander and the Game and Fish organization of Brokenhead. According to Larry, no one was going to be able to go through the gated pier onto the ice, which is jointly owned by the RMs, until an outstanding issue about zebra mussels was resolved. However, those well-meaning folks have found a solution so ice anglers can once again go after all the great perch in the lake. Larry, being the good-natured guy he is, would not let me get away without giving us at least one funny fishing story. A friend of his, Peter Orlick from Selkirk, was ice fishing and caught a perch. He hauled it out of the hole, and as he was taking it off the hook, he heard a flicking and water sloshing sound. He looked over, following the noise and there was a jack that had followed the perch up the hole but was stuck. Peter went over and grabbed the jack, getting two fish for the effort of one.

Well, happy fishing, folks. See you later.

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



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Guests enjoy unique dinner at dairy farm

Dairy Farmers of Manitoba hosts dinner in revamped Rosser Holsteins barn

By Jennifer McFee

Dinner guests at a local dairy farm milked the unique event for all it was worth.

A barn at Rosser Holsteins was transformed into a spectacular venue for the first-ever Grazing in the Barn event, hosted by the Dairy Farmers of Manitoba.

The sold-out soirée brought together 50 people for a six-course meal, rich in delicious dairy products, prepared by chef Ben Kramer.

Jason Brandes, market development director for Dairy Farmers of Manitoba, said the group had been toying with the idea of hosting a winter event after four successful Grazing in the Field events held every September since 2012.

For those marquee events, 100 dinner guests enjoy a seven-course meal on the front lawn of a Manitoba dairy farmer's home. Creating a connection between people and their food source, the meal features local fare, sometimes including milk from the actual farm.

With the goal of hosting a similar winter dinner, the Holtmann family was open to the opportunity of renovating an empty barn on their property that was only being used to store machinery for Rosser Holsteins.

"We spent a few years talking about this and it just came to fruition recently. We decided to go to the Dairy Farmers of Manitoba board and we presented them with an idea through Thomas Builders, which is a local building firm that really prides itself on working with agriculture," Brandes said.

"They came up with a beautiful concept for taking the barn and making it into the space we've turned it into, which is a true surprise when you open the door and step inside. It's hard to believe what you find inside because it's just a gorgeous interior."

The barn now features running water, heating ducts and lighting, with the hopes that other groups might want to use it for similar farm-to-fork functions.

Based on the success of the first

Grazing in the Barn event, the venue is ideal for an unforgettable evening.

On Saturday, Jan. 30, dinner guests converged at a central location in Winnipeg to be picked up by Motor Coach. They had the opportunity to witness an evening milking and visit the milk house to learn about milk storage, pickup and delivery.

Dairy farmer Henry Holtmann of Rosser Holsteins spoke to the crowd about the family's herd of 550 milking cows, highlighting the pecking order and different temperaments.

Then the coach drove guests to the Holtmanns' home property, a few minutes away, where they were directed to the dinner barn.

Chef Kramer catered the event, which featured dairy products by Agro-Pur (Natrell) and Bothwell Cheese. Wine pairings were provided by Banville & Jones, and Bacardi was another sponsor.

"We like to make sure that people have an opportunity to see that their food comes from a really safe place and that their animals are treated really well," Brandes said.

"It's nice to give that opportunity for the general public to see that families live on these farms and they're open and willing to let anybody come by and look."

During the meal, guests had the chance to visit two Holstein calves in a pen at the back of the barn, providing a true sense of where their dairy products originate.

"Dairy Farmers of Manitoba is also part of the agriculture community," Brandes said, "so we like to make sure that we incorporate as much about Manitoba agriculture as we can."

"THEY CAME UP WITH A BEAUTIFUL CONCEPT FOR TAKING THE BARN AND MAKING IT INTO THE SPACE WE'VE TURNED IT INTO."



PHOTOS COURTESY OF CORY ARONEC PHOTOGRAPHY

Guests enjoyed a six-course meal inside a revamped Rosser Holsteins barn.



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School board tables 'out of province' cultural experience

By Jennifer McFee and JO-Anne Procter

At the Jan. 25 Interlake School Division board meeting, trustees heard concerns about a proposed five-day trip to Quebec for Ecole Stonewall Centennial Grade 7 and 8 French Immersion students.

The proposed trip would take place in 2017, hosted by EF Tours at a cost of about \$2,000 per person.

Educator and parent Kevin Kitching feels that more thought should be put into the decision since the trip is only available to a small group of students. So far, three students are not signed up to go on the optional trip.

"It's fairly discriminatory based on economics," he said. "The teacher will be away and all their classmates will be away if this trip happens, and the three of them will be sitting back in the classroom." He is concerned that the students left behind will also be also left out when the group returns.

Kitching questions whether the trip is truly a cultural experience.

"We will see a lot of things, we might interact in a celebration, a carnival, but we are never going to meet any people from Quebec. We are not going to sit and interact with anyone from Quebec," he said. "To me that is a real weakness in proposing a cultural experience."

He researched other ways to experience Quebec and discovered a national charitable organization called Experiences Canada, which has been providing educational exchanges, trips and forums for Canadian youth for 79 years. It creates educational opportunities for Canadian youth to develop mutual respect and under-

standing through exchange programs that explore their heritage, language and community.

His research determined that they would be able to book a trip for approximately \$1,100 per person, and if a student had to cancel, they would probably get most of their money back. With EF Tours, the fare is locked in 12 months in advance and students face cancellation fees if their circumstances change and later they cannot go on the trip.

All in all, he feels the trip should not have been presented to the French Immersion classes, since the ability to participate is based on income. Parents feel pressure to make sure their child is involved, whether or not the family can afford it, and students not participating have no place to hide.

He believes an exchange experience would be a better model than an overpriced trip promoted by the tourism industry.

Board chair Alan Campbell said the motion to approve the trip will be tabled, and administration will investigate the issue as well.

Teachers' Survey

Supt. Christine Penner shared results from a past ISD/Interlake Teachers Association survey completed by close to 100 per cent of teaching staff (257) with regards to workload.

- 70 per cent somewhat or strongly disagree that they have sufficient time and resources to appropriately address diversity of student needs in their classes and/or



TRIBUNE PHOTO BY JO-ANNE PROCTER

WCI students Sarah Holtmann (left) and Halle Chester presented the difference between a healthy set and an unhealthy set of lungs in their Working Against Tobacco presentation at the regular ISD board meeting.

caseload.

- 75 per cent somewhat or strongly disagree that they have sufficient time to provide adequate time to students who are experiencing difficulty under their caseload.

- 70 per cent somewhat or strongly agree that the number of students in their caseload or class is appropriate for them to do their job.

- 69 per cent somewhat or strongly agree they are overall satisfied with

their working conditions.

- Stress levels on a scale of 1 to 10, regarding the actual level of stress that teachers most frequently experience in their job, resulted in an average of 7.18. The realistic stress that teachers could comfortably do their job was 5.66.

- In a typical week (seven days) teachers were asked how many hours they spend on all aspects of their job including instructional and extracurricular activities and anything else that pertains to their job. The average was 48 hours.

- In a typical week (seven days), teachers were asked how many hours outside of the school day are spent on instruction-related activities (prep, marking, reporting, planning). The average is 25 hours.

In other news:

- Premier Seller proclaimed 2016 the year of the woman trustee. This marks the 100th year anniversary of Manitoba becoming the first province in Canada to recognize some women to vote.

- Speech language therapists Vicky Mittermayr and Tara Romanyszyn as well as occupational therapists Julie DeGroot and Lois Paschke made a presentation that explained their roles in the division.

- Three schools received grants for Manitoba Music Month: Ecole Stonewall Centennial School (\$400), Ecole R.W. Bobby Bend School (\$400) and New Haven School (\$200).

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Rosser council news in brief

Council discusses CentrePort rezoning, signage and more

By Jennifer McFee

In a 2-2 vote, Rosser council defeated a bylaw to amend a CentrePort zoning bylaw from a rural to an industrial zone.

At the Jan. 26 meeting, council considered a rezoning request that would allow Shindico to establish an industrial warehouse and distribution centre with large cargo truck activity and a truck service facility, as well as related uses.

"We have a lot of investment in CentrePort and we need to look at the development within CentrePort with an eye to make sure that the development is such that it will benefit the community the way we need it to in order to meet our investments in infrastructure, sewer, water and so on," said Reeve Frances Smee on Feb. 1.

"I think there were some concerns in that regard, but I don't think they're insurmountable by any means."

In other news:

- Rosser council is also looking into the process of getting bigger and better signs to help people find their way around CentrePort Canada Way and the service road. In particular, they are concerned that emergency vehicles might have trouble finding homes in the area.

- As well, Coun. Angela Emms brought forward a notice of motion to rescind a resolution that she had previously brought forward that was defeated by council. That resolution had been to rescind the resolution that gave Smee a leave of absence.

Continued on page 10

Rockwood council news in brief

By Jennifer McFee

Rockwood council is mulling over a presentation by Canada Post regarding community site boxes. Canada Post is looking to install community mailboxes in the rural areas surrounding Stonewall and Stony Mountain in lieu of door-to-door service. The issue will come back to council at a later date for investigation and deliberation.

In other news, Chris Hornby has resigned from his position as the recreation director for the Teulon-Rockwood Recreation Commission after accepting another position elsewhere. A term employee from the Town of Teulon will fill the position.

The Stonewall-Rockwood Fire Department is inviting applications for volunteer firefighter positions. The application deadline is Friday, Feb. 19. More information is posted on the RM of Rockwood's website at www.rockwood.ca.



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Province bullied flooded RMs into untendered contracts

Staff

Manitoba's Opposition Tories are claiming the province pressured several rural municipalities into hiring one security firm without first going to tender during the 2011 flood.

Opposition Leader Brian Pallister told reporters last Friday more than \$16 million in untendered contracts were given to Impact Security during the flood.

The cash came from the rural municipalities of Woodlands, Coldwell, and St. Laurent after provincial officials pressured the local governments into hiring Impact, Pallister alleged.

Pallister said the information came to light through freedom-of-information requests filed by the Tories.

"Our team has uncovered dozens of untendered and undisclosed contracts with the province and municipalities totalling more than \$16 million, all directed to one provider," Pallister said in a release.

But Impact Security and Infrastructure and Transportation Minister Steve Ashton both dispute the Tories' claims.

Officials with Impact told the CBC



TRIBUNE FILE PHOTO BY AUSTIN GRABISH
Manitoba Opposition Leader Brian Pallister.

that the Tories' \$16 million dollar figure is "totally inaccurate" and added the company did not have dozens of contracts like the PCs alleged.

Officials also said one of the security contracts only lasted a few days and was for work done in St. Clements. Ashton said it was up to individual

municipalities to hire security firms and the province didn't interfere with the process.

But Pallister insisted the province "bullied" the municipalities into hiring Impact and threatened to cut flood funding in half if the company wasn't hired.

"This situation illustrates very clearly the lack of respect of this government for duly elected local officials," he said.

On Monday, a provincial spokeswoman fired back at Pallister.

Rachel Morgan said Pallister has failed to back up last Friday's claims.

"We aren't surprised that Brian Pallister would stoop to this level. By using flooded communities as a political prop for his baseless allegations, he is disrespecting flood victims," Morgan wrote in an email.

"All of the people that the Conservatives have presented as neutral are directly tied to his Interlake Conservative candidate or the PC party. This will remind Manitobans of their history in the Interlake, including the biggest vote rigging scandal in Manitoba's history," Morgan added.

Bezan rejects normalizing relations with Russia

News Release

In response to Russian Foreign Minister Sergei Lavrov's denial of the illegal annexation of Crimea and "desire to normalize relations" with Canada, James Bezan, member of Parliament for Selkirk-Interlake-Eastman, issued the following statement:

"The recent comments made by Russia's Foreign Minister Lavrov demonstrate the Putin regime's unwillingness to recognize internationally accepted borders," said Bezan.

In a press conference on Tuesday, Lavrov said, "We have nothing to give. ... We are not holding any talks with anyone on returning Crimea."

"Almost two years ago the Russian Federation illegally invaded, occupied, and annexed the internationally recognized Ukrainian territory of

Crimea. The Putin regime executed the military takeover in response to the Euromaidan protest by the Ukrainian people against their pro-Russian leader Victor Yanukovich. The placement of armed forces in the sovereign territory of another nation is a clear violation of international norms and laws," Bezan stated in the House of Commons.

Bezan highlighted the work of the Harper government in condemning Russia and supporting Ukraine. "The previous Conservative government was a world leader in providing economic, military and diplomatic assistance to our Ukrainian allies. We made it extremely clear that whether it takes five months or 50 years, we will never recognize the illegal annexation of Crimea."

"Unfortunately, Prime Minister Trudeau wants to reward the Russian Federation by normalizing relations while the Russian regime continues to supply arms and troops to the Donbass conflict in eastern Ukraine," Bezan said.

"I am calling upon the government to maintain all sanctions against the Russian Federation and the individuals responsible for the annexation of Crimea and the invasion of the Donbass, until all armed forces are removed from Ukrainian territory," concluded Bezan.

Bezan's statement in the House of Commons can be viewed online at: <https://www.youtube.com/watch?v=vG5I9EQyS0&feature=youtu.be>

> ROSSER COUNCIL, FROM PG. 9

- Council passed third reading of a bylaw to borrow and spend money to build a water distribution and treatment system and sewage collection facilities for the community of Grosse Isle, as well as a lagoon for the municipality. The bylaw will allow the municipality to borrow \$1.35 million for the local improvement project, which is mainly finished except for a few items that will be completed after the ground thaws.

- Council also passed third reading of a heritage bylaw for the conservation and preservation of heritage buildings, structures and lands of a local architectural, historical, cultural and natural interest within the municipality.

- The RM of Rosser is partnering with the RM of Rockwood to develop a secondary plan for residential development in Grosse Isle since the community exists in both rural municipalities.



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Circle of Friends encourages friendships with all students

By Natasha Tersigni

For Lucas Lowen, being a member of Teulon Collegiate Institute's (TCI) Circle of Friends is a chance for him to foster new friendships.

The Grade 8 student finds that through Circle of Friends, an all-inclusive group that brings students from regular classes and from the resource program together, he gets to meet and hang out with fellow TCI students.

"It is a fun group to be a part of and you get to make new friends while taking part in cool activities," said Lowen.

The group has been around for four years and uses activities — including outings to Winnipeg, pizza and game nights at the school, trips to Grand Prix and bowling in Stonewall — to break the ice and allow different groups of students to socialize together.

The hope is that the relationships between students made through Circle of Friends will continue to blossom when back at school.

"The idea of the group is for students with special needs to spend time with their non-disabled peers. We have students from all different grades, social groups and ability levels come together to spend time doing something fun and getting to know each other," said TCI resource teacher Lori-Anne Busch.

"We have had a lot of friendships form because of Circle of Friends. I have seen students that wouldn't talk to each other normally spend time together at one of our events and then



TRIBUNE PHOTO BY NATASHA TERSIGNI

Teulon Collegiate Institute's Circle of Friends group went glow bowling last week at Quarry Lanes in Stonewall. The group brings together students from all social groups, grades and classes to help foster friendships.

we will see them chatting in the hallways at school or sitting together at lunch. We definitely see results from it and that is nice."

The group also helps foster relationships between resource students that are away from the school on work

placements or apprenticeship programs.

"We have some students that are post-grad and they don't attend classes because they are off doing work placements and the programs. They still come out to Circle of Friends be-

cause they love it," added Busch.

As Circle of Friends grows at the school, the group will continue to foster relationships between students of all walks of life, which is an important aspect of creating an inclusive environment at TCI.

Woodlands community pasture one step closer

By Natasha Tersigni

At the Jan. 26 RM of Woodlands council meeting, councillors passed the first reading to loan the Woodlands Community Pasture board \$225,000. The loan signifies the final stages of the RM taking over management of the pasture and its board.

Based on a similar co-op model out of Portage, the RM of Woodlands has ownership of the pasture and will have the final say on all matters including hiring employees and setting patron fees. Overseeing the daily management of the pasture is the patrons' board that is made up of pasture users that were

voted in by all patrons. Two RM of Woodlands councillors, Carl Fleury and Wayne Yule have been appointed to that board and will be responsible to council on pasture related matters. To ensure the pasture has the equipment and staff in place for the spring 2016 season, the Woodlands council is loaning the pasture committee \$125,000 for operating capital and \$100,000 for capital expenditures.

"When the federal government stopped overseeing the pasture, they liquidated all the items that were not fixed assets. Equipment needed to operate the pasture, such as tractors, need to be purchased

by the pasture board and they need funds to do so. The loan is set up that it will be paid back to the RM with interest," said Reeve Trevor King.

"We are excited to be moving forward with the pasture and we are all very positive that we are going to find the pasture to be somewhat profitable. We are not planning on losing any money over this. We want to keep the pasture as it has been in the past and that is the plan with the operating model we have in place."

Since the 1930s, the Woodlands Community Pasture had run under the federal government until they

decide to dissolve their community pasture programs over a three-year period starting in 2013. The RM of Woodlands and pasture patrons had until the fall of 2015 to decide if they were going to join the new provincial organization set up to manage the pastures, Association of Manitoba Community Pasture (AMCP), or go manage the pasture under the RM. With the Woodlands pasture being one of the more profitable ones in the province and with the RM of Woodlands owning 80 per cent of the land within the pasture, council decided to take over the pasture and to not join the provincial AMCP program.

Teulon students learn the ancient art of Indonesia

By Natasha Tersigni

Last week, students of Teulon Elementary School received a crash course in batik, one of the most highly developed arts of Indonesia, thanks to Winnipeg artist Marianne Gopalkrishna and the Manitoba Arts Council Artist in the Schools program.

Gopalkrishna taught students in grades 1 to 3 the waxing and dyeing technique of batik and then helped student create a batik wall hanging of their own.

Similar to the process used with wax and dye to decorate Ukrainian Easter eggs, artists dye their cotton cloth into several different colours of dye going from light to dark colours. Before another colour of dye is applied to the piece, the artists apply wax to the areas that they want to keep the colour preserved. The result is a multi-coloured fabric with intercut design or patterns.

"This art is originally from Indonesia and created in the ninth century. I took a workshop there to learn how they do batik and was able to see how they traditionally create pieces. There they use batik for designing a lot of their cloth items, including their



clothes," said Gopalkrishna.

"The great thing with batik is that you don't have to be a great artist or drawer to create a beautiful piece. You can use patterns or any geometric design and it will come out nice."

Gopalkrishna visits 10 schools a year through the Artist in Schools program, which matches Manitoba schools with professional artists to introduce students to a new form of art that they wouldn't normally have a chance to learn.

In February, TES will host internationally known musician and artist Gerald LaRoche, who will work with Grade 4 to 6 students to help them create and draw original cartoons.



TRIBUNE PHOTOS BY NATASHA TERSIGNI

TES Grade 3 students show off their semi-completed batik works that were created last week with the help of Manitoba Arts Council Artist in Schools Program. Pictured, left to right: Tommy, Jasmine, Avery and Jacob.



Artist Marianne Gopalkrishna dips Kaedyn's underwater fish scene batik cloth in purple dye.

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Local artist published in Zentangle colouring book

By Jennifer McFee

A local artist never imagined her doodles would draw so much attention.

Lake Francis resident Candice Ferguson is tickled pink that one of her drawings got the green light to appear in a Zentangle colouring book.

For Ferguson, it all began as a way to brighten up the long, dark winter days.

"A few years ago, during that really cold winter, I was doing a lot of really intricate illustration drawings. I ended up joining this Facebook group hosted by Ben Kwok, who is an amazing artist out of Los Angeles," she said.

"He started doing these templates that are sort of like a colouring book outline and he challenged people to do some illustrating in these templates, so this group of us all did some different drawings. I loaded mine onto the page and he asked me if he could include my drawing in his first book that was getting published — so I said yes, of course."

Her dragonfly design is now published in the TangleEasy colouring

book called *Wildlife Designs*. For anyone looking to see a copy, it is stocked at the grande Bazaar in Stonewall, where Ferguson is a partner in the business.

Zentangle is a trademarked drawing method that involves creating images from structured patterns. It is said to increase focus and creativity while creating a sense of relaxation.

"It's amazing that this went from just a little hobby, doodling on my couch, and now it's in a worldwide book," said Ferguson, who also enjoys crocheting, beading, painting and illustrating. "I've actually been featured in some of Ben Kwok's upcoming books, too, and those are coming out soon. It's pretty exciting stuff. The publisher has also got me colouring for other artists, so it's kind of opened up a whole new avenue for me."

Ferguson is willing to share her expertise with anyone interested in the art of Zentangle.

"If they have any questions or need any artistic tips for Zentangling, I'm open to that," she said. "It's a lot of fun."



TRIBUNE PHOTO BY JO-ANNE PROCTER

Lake Francis resident Candice Ferguson is excited that one of her Zentangle designs is published in Ben Kwok's new book *Wildlife Designs*. The book is available at The Grande Bazaar in Stonewall.



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Talent was aplenty at Teulon's amateur show

CFRY Amateur Talent Show raises \$8,117

By Natasha Tersigni

With 13 musical acts taking the stage last Saturday at the Teulon-Rockwood Centennial Centre, there was definitely no shortage of talent at this year's CFRY Amateur Talent Show.

The evening, hosted by the Teulon-Rockwood Recreation Commission, raised \$8,117 through pledges, which will be used to help cover capital improvement projects for the recreation facilities in Teulon.

Singing duo Ainsleigh Hutchinson and Zuri Cook from Teulon earned first place with \$1,583 in pledges. A very close second place was Arnie Appell from Komarno with \$1,560, while third place was awarded to Melinda Skogan from Inwood with \$975.

The highlight performance of the evening was 12-year-old singer Keara Barrett of Fisher Branch. Barrett took the stage three times, and each time, she received a standing ovation. Barrett performed Whitney Houston's "I Will Always Love You" and Adele's "Hello" and "Remedy" and was named the evening's Most Promising Performer.



Keara Barrett was awarded the Most Promising Performer of the evening.



Zuri Cook (left) and Ainsleigh Hutchinson were the youngest performers of the evening and were named the show's top pledge earners with their \$1,583.

TRIBUNE PHOTOS BY NATASHA TERSIGNI



Arnie Apell from Kormarno was named the second pledge earner of the show, raising \$1,560.

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Autograph Session with curlers - 7:45 - 8:15 pm

Thursday: Curling begins at 8:30 am
Friday: Live Band Vintage Groove in the Last Shot Saloon 9 pm - 1 am

Saturday: Asham Stompers Dance group in the Last Shot Saloon 4:30 - 5:30 pm.

Sunday: 2 for the price of one (\$20 per couple).

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Stonewall Teulon
Tribune

Call 467-5836 or email igraphic@mts.net

Artist displays abstracts and more at Teulon library

By Jennifer McFee

A retired teacher discovered her passion for painting after becoming an art student five years ago.

Since then, Mitzi Maksymyk has been honing her artistic abilities using acrylics, oils, mixed media, pouring medium and some watercolours.

Her often-abstract approach results in eye-catching creations, many of which will be on display for the month of February at the Teulon branch of the South Interlake Regional Library.

In 2011, Maksymyk retired from a career of teaching in the Interlake and Evergreen school divisions. She noticed an ad for the Gimli Art Club and decided to take classes with instructors Lorraine MacVicar and Lorraine Bohn.

"I've been doing that ever since, along with workshops both at Gimli and in the city. And I have been increasing my repertoire of information and finding the things that I like to do," said the Komarno resident.

"I like abstracts, but abstracts are very elusive in that you never know if what you're doing is what people like. But you play with it."

She has found that painting can be

a grounding experience that can take her to another world at the same time.

"I am always trying new things and experimenting. I like to paint nature, especially physical nature like the Earth's formations. I'm doing one right now on the universe, like a nebula and stuff like that as you'd see it through Hubble," she said.

"It's something that I like to think about. It can be very frustrating at times, but it's also something that is very gratifying when you do things and you get it right. You need a hobby, and this is one that I like to increase my knowledge all the time and explore and try new things."

Looking ahead, Maksymyk hopes to dedicate more time to her talents.

"I think I have to learn how to settle down into one thing. I jump around too much," she says with a laugh.

"Unfortunately, I don't think I have the time that I need to devote to it, but I'm trying to discipline myself. Aside from the one day a week that I go to my acrylics class, I'd like to take one day at home but it just never seems to happen. But you just have to keep learning and keep trying new things."



TRIBUNE PHOTO SUBMITTED

Colours collide in *The Precipice* by Mitzi Maksymyk, Teulon Library's artist of the month for February.

Look 'Hoo' came to visit



TRIBUNE PHOTO BY MYLES BLAHUT

Is it a hawk or is it an owl? The Northern Hawk Owls, aptly named for their hawk-like appearance, are actually owls. This Northern Hawk Owl stopped by Stony Mountain School last Monday morning while the students were arriving at school. Hawk Owls are often seen perched on the tops of tall trees, often near clearings, watching for their favorite food: voles. During the winter months, when rodents may be more difficult to find, 90 per cent of their food intake becomes avian. Though normally found in far northern regions, Hawk Owls are considered nomadic, dispersing from their normal range when local vole populations crash. Northern Hawk Owls tend to inhabit areas far from cities and towns.

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Tribune Stonewall Teulon

Lantern Festival lights up Argyle community



TRIBUNE PHOTOS BY NATASHA TERSIGNI

With above-seasonal temperatures and tons of fun on the agenda, families came out in droves to light up a long, dark winter night at the Argyle Lantern Festival. The Brant-Argyle School hosted the community event. The festival included horse-drawn sleigh rides, skating on the outdoor rink, a bonfire and plenty of lanterns made by students in Kindergarten to Grade 8. Festival-goers sipped hot chocolate and roasted hot dogs around a camp fire.



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RRSP Contribution tips for 2015!

Contributing to an RRSP this year? The deadline is Monday, **February 29, 2016**. Any contributions made in the first 60 days of the year can be claimed on your 2015 personal tax return if you choose.

- Review your 2014 Notice of Assessment from CRA to see how much you can contribute to your RRSP for 2015. If you can't find your Notice of Assessment contact CRA.
- **Who can contribute to an RRSP?** All Canadian taxpayers with "earned income" in the previous tax year, or those having unused contribution room carried forward from previous years 1991-2014 can contribute to their RRSP. The contribution rule is 18% of earned income in the year to a maximum of \$24,930 for 2015. If you do have unused contribution room from previous years your contribution limit for 2015 may be more than the \$24,930.
- A person is eligible to make contributions to their own RRSP, their spouses or common-law partner's RRSP (called spousal RRSPs) until December 31 in the year they reach age 71, provided that they have contribution room.
- If the amount you are allowed to contribute is more than you have on hand then consider an **RRSP loan**, using your tax refund to pay down the loan. Unused contributions can be carried forward to be used in a year where your income is higher and you need the RRSP deduction.
- Not sure where to put the money? Using a savings account or money market is a good idea until you have the time to sit with your advisor to determine your best options. Need help – call Linda at 467-8490.



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Check out our website! - www.sisrc.ca

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Tuesday, February 16th, 2016 @ 5:00

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435 - 1st Ave. N.

For transportation, please call 204-467-2234 or 204-467-8613

Larry Baker is our volunteer of the month!

Larry is a volunteer driver for the SISRC.

Thank you Larry for being there for our seniors!

Larry will enjoy lunch at

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FEBRUARY IS HEART HEALTH MONTH

February marks the beginning of heart month in Canada.

Raising awareness is important when it comes to preventing cardiovascular disease.

Do you know that heart attack symptoms for women can be very different than men? Women are more likely than men to have so called atypical symptoms (no chest pain), such as upset stomach, nausea, shortness of breath, sweating and fatigue. Not having chest pain can make it harder for you and your doctor to recognize a heart attack! Know your body and if something seems out of the ordinary, seek medical attention!



**Stroke Recovery Group of Manitoba
Chapter 15 in Stonewall**

is currently in the process of starting up again! Our first meeting will be March 16th in Stonewall. Please stay tuned for more information, or call Seniors Resource at 204-467-2719.

For more information call 204-467-2719

February Calendar of Events!

SOUTH INTERLAKE 55 PLUS, 5 KEITH COSENS DRIVE

Clip & Save

Feb 9	Luncheon @ Noon	Feb 22	One Stroke Painting @ 12:30 pm
	Heart & Stroke Promotion	Feb 24	Bus trip - Human Rights Museum 9:15 am
Feb 12	Harmony Jam @ 1:30 pm	Feb 29	Whist Tournament @ 1:00 pm
Feb 11	The Forks Bus Trip @ 9:15 am	March 1	Hop Drop & Shop Bus @ 12:30 pm
Feb 15	Louis Riel Day - OFFICE IS CLOSED	March 8	Shamrock Luncheon @ Noon
Feb 15	Active Wellness Classes - NEW SESSION BEGINS		Advance Tickets Required
Feb 18	Regent Casino Bus Trip @ 10:00 am	March 11	William Kurelek Presentation @ 1:30 pm

February Luncheon Promoting the Heart & Stroke Foundation



February 9 @ NOON • \$8.00 At The Door

Everyone Welcome

No tickets or reservations required!

A representative from the Heart and Stroke Foundation will be in attendance with information. Donations in the amount of \$15 or more will be eligible for a tax receipt from the HSFM

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

South Interlake 55-Plus will begin accepting tax returns **March 1 - April 28, 2016.**

Eligibility criteria to be met:

SINGLE: \$30 000 COUPLE: \$40 000

SINGLE PARENT AND CHILD: \$35 000 PLUS

\$25.00 for each additional dependent.

This is a DROP-OFF service.

You will be notified by phone when your return has been completed.

CALL for more info: 204-467-2582

BUS TRIPS:

The Forks Trip: Thursday, Feb 11

Casino Trip - Club Regent: Thurs., Feb 18

Bus Trip to Human Rights Museum

Wednesday, February 24th

The Hop Drop & Shop Bus Tues., March 1

Prairie Theatre Exchange Matinee

"Marriage: A Demolition in Two Acts"

Wednesday, March 30th

Brandon Winter Fair Wed., March 30th

For Details and to Register

Call the 55 Plus: 204-467-2582



ACTIVE WELLNESS CLUB

CLASSES INCLUDE: FUNFIT, DANCEFIT, DANCEFIT GOLD, YOGA & PILATES, GENTLE YOGA, YOGA-DANCE

New Class

NEW SESSION: Feb 15 - Mar 24, 2016
Drop In's Welcome!



For more information & to register call 204-467-2582

WHIST TOURNAMENT

Monday, February 29

1:00 pm

\$4 @ Door

Door Prize - 50/50 Draw

EVERYONE WELCOME



William Kurelek's Easter Story

Presentation by Merle Tomyk

FRI., MARCH 11 • 1:30 PM



LIONS COMMUNITY CENTRE
5 KEITH COSENS DRIVE,
STONEWALL

For More Info. Call 55 Plus
EVERYONE WELCOME



Shamrock Luncheon

Special 50/50 Draw

March 8th @ Noon Entertainment by: The Irish Cowboy

ADVANCE TICKETS ONLY! \$15 Each

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**MENU: Roast Beef
Mashed Potatoes
Hot Veggies
Dessert**

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Former PM talks politics, women in leadership with students

By Natasha Tersigni

To celebrate the 100 years since women in Manitoba were granted the right to vote, Canada's first female prime minister spoke to students on Jan. 28 about the importance of that historical law and the work that still needs to be done to ensure that every Canadian has a political voice.

Learning about the struggles that Manitoba's Famous Five, led by Nellie McClung, went through just to exercise their democratic rights, students from across Manitoba spent the day in Winnipeg at the Manitoba Museum and the Canadian Museum for Human Rights viewing several historic exhibits and listening to prominent female politicians speak, including Kim Campbell.

Five students from Warren Collegiate Institute were chosen to attend the day and were able to hear first-hand from Campbell about the hardships she faced in 1993 when she sought re-election.

In 1993, after Prime Minister Brian Mulroney retired from politics, Campbell ran and became the leader of the Progressive Conservative party. Campbell took over from Mulroney as prime minister in June, and when the writ was dropped that fall, she ran against Liberal leader Jean Chrétien. During the campaign, Campbell and the PCs' popularity plummeted and the Liberals formed a majority government.

"One of the things that is very clear to me now is that many members of the press were very negative and looking for me to fail because I did

not look or sound like anyone that they had seen before. I was not one of the guys. They didn't know what to do with me so they had to establish that I didn't belong there," said Campbell.

"The first people to break the mould, like the first black president of the United States, will always get a lot of attacks as people look for reasons to justify their discomfort that they are there. But you have to be there to re-program the thinking. You have to be there to change the landscape."

Despite her well-documented unsuccessful election attempt, Campbell achieved success in politics and broke the mould several times. She was the first female student council president at her high school in Vancouver, the first female justice minister and attorney general in Canada, the first female minister of national defence of Canada and of any NATO country, the first female minister of veterans affairs and the first female leader of the PC Party.

While the Famous Five and other prominent women like Campbell have paved the way for women to have a voice in the political arena, the work to achieve an equal standing with men is not over.

"What the women in Manitoba understood is that even if they had unofficial power, the power of government is the most important thing to be a part of because the vote gives you the right to participate in creating the laws and choosing the people that will make decisions for you," said Campbell.

"Going back 100 years to those



TRIBUNE PHOTO BY NATASHA TERSIGNI

First female prime minister of Canada Kim Campbell was in Manitoba last week to celebrate the 100th anniversary of women achieving the vote in Manitoba, the first province to let women vote in Canada, and to encourage to students to have an active role in politics.

women who pushed to get the vote in Manitoba and where it eventually became nationwide in every province, they were part of a process that allowed all Canadian voices to be heard.

Are we there yet? No. There is still a lot of cases of which people need to be heard and aren't heard, but that was part of the process to open it up and to make the circle broader."

worship *with us*

> FAITH

John 2:11 - Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him.

This first of Jesus' signs was turning water into wine at a wedding. I have to wonder at this odd sign being given such a place of prominence. After all, it was missed by most of the guests of the wedding.

Today, wine might have a number of negative connotations, such as voluntary taxation, alcohol dependency and wine snobbery, to name a few.

To understand the sign in context,

we need to understand the time and place that sign took place in. In this context, water was something that was scarce and often unsafe to drink. The fermentation process of making wine would make the water safer to drink and provide a lower alcohol content than we might think.

In the context of the wedding, it is likely the guests would bring gifts of wine that would be gathered up by the servants and served by the host. The fact that the wine ran out at the wedding indicates the guests did not fulfill their duty in bringing the wine.

Jesus' sign then points ahead to God providing that which is life-sustaining for a people who have failed to live up to their end of the bargain. The sign for the disciples, though they would not realize until after the events, point ahead to the events of Good Friday and Easter Sunday.

Living on the other side of the crucifixion and resurrection of Jesus, we continue to remember this sign as Jesus instructed us.

Luke 22:19-20

Then he took a loaf of bread, and when he had given thanks, he broke

it and gave it to them, saying, 'This is my body, which is given for you. Do this in remembrance of me.' And he did the same with the cup after supper, saying, 'This cup that is poured out for you is the new covenant in my blood.'

As we prepare during the season of lent to remember again the saving signs of the first Good Friday, let us also recognize they point ahead for us what is to come. Like the first sign done, many are unaware.

Submitted by Rev. James Bardsley

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Manitoba loses tie breaker at junior women's nationals

By Brian Bowman

Manitoba's Abby Ackland rink lost 7-5 to New Brunswick in a tie-breaker at the 2016 Canadian Junior Women's Curling Championship in Stratford, Ont.

Ackland's Fort Rouge rink, which includes Marquette's Sara Oliver as lead, had tied the score at 5-5 with a single in the ninth but New Brunswick put the game away with a pair in the 10th.

"She made an angle runback and stuck it," said a disappointed Oliver Tuesday afternoon. "She only needed one, but they got two out of it. It was definitely heart-breaking (to lose), that's for sure.

"We played alright, but it definitely wasn't one of our greatest games."

New Brunswick later lost 7-3 to B.C. in a semifinal. Nova Scotia won this year's junior women's national title with a 9-5 victory over B.C.

Manitoba, meanwhile, jumped out to a 4-0 record before losing 8-6 to New Brunswick. Three more wins in a row by Manitoba were followed by three consecutive losses.

"We could have won any of those three games that we lost," Oliver said. "Some ends didn't go the way that we were hoping. In the three games that we lost, we struggled in the first five ends and then we battled back in the last five ends."

On an individual note, Oliver was deservedly recognized for her strong play during the round robin. She was named the all-star lead after shooting 84 per cent. "It was definitely nice to

bring something back from the nationals," said Oliver, who will be joining Laura Burtnyk's rink as a second next season.

"I played a solid 51 per cent in the first game that I played, so I didn't think my chances were there to get an all-star. But the next game, I played 100 per cent and I just kept going from there.

"I definitely had a solid week – probably one of my best weeks."

The other first-team women all stars were skip - Sarah Daniels, B.C. (81 per cent), third - Marika Van Osch, B.C. (86 per cent), and second - Megan Mofatt, Alberta (85 per cent).

The all-star recognition for Oliver was nice. And so was the experience of competing at the nationals for the very first time.

"We were treated great," Oliver enthused. "The volunteers, the hotel, the ice makers, and the ice, in general, was fantastic. The experience was definitely something that I'll never forget and I definitely want to be able to experience it again."

Oliver said many of the junior women's teams here in Manitoba are comparable in talent to the rink's competing at nationals. But the teams at nationals rarely, she said, miss shots, especially at key times in a game.

"The teams at nationals definitely capitalize when you miss," she observed. "And they rarely missed."

The 2016 World Juniors will be played in Taarnby, Denmark from March 5-13.



TRIBUNE PHOTO SUBMITTED

Marquette's Sara Oliver was named the all-star lead after shooting 84 per cent during the round robin at the 2016 Canadian Junior Women's Curling Championship in Stratford, Ont.

Stony Mountain hosts senior curling bonspiel



TRIBUNE PHOTOS SUBMITTED

The Stony Mountain Curling Club held their senior bonspiel Jan. 26-28, which was the third in a series of previous events played in Selkirk and Stonewall. Far left photo, the A-event winners included Albert Sheppard, Ken Shumilak, Dennis Leneveu, Peter Helash and skip Terry Tillett of Selkirk who defeated the Bill Tycholis rink of Stony Mountain. Middle photo, the B-event was won by the John Melnichuk rink of Stonewall, including Arlene Deprez, Ken Arbuckle and Linda Hall who defeated the Stony Mountain rink of Cornie Peters. Far right photo, the C-event winners were Ed Rootsaert, Ed Cherniak, Irene Dare and Marianne Cherniak of Stony Mountain, who defeated the Mike Oleksiuk rink of Selkirk.

Midget Lightning drop pair of home games

By Brian Bowman

The Interlake Lightning had a good start to their game against the Yellowhead Chiefs on Saturday.

But the final two periods were not very good at all.

Riley Vautour gave the Lightning a 1-0 lead midway in the opening period but it was all Yellowhead after that.

The Chiefs scored six unanswered goals on their way to a 6-1 road win in Manitoba AAA Midget Hockey League action.

Tucker Scantlebury scored a pair of power-play goals in the second period while Ryan Heino tallied at even strength to give the Chiefs a 3-1 lead after 40 minutes.

Heino added two more goals to start the third and then Adam Robidoux made it 6-1 by 11:58 of the period.

Yellowhead outshot the Interlake 57-23.

The Lightning started the weekend

with a 7-3 loss to the Parkland Rangers on Friday.

Parkland jumped out to a 3-0 lead just 12:15 into the game on a pair of goals by Dustin Mozdzen and another by Bradley Marshall.

Preston Phillips cut into that lead late in the opening period, though, and then Parkland's Lane Kirk and the Lightning's Noah Basarab traded second-period goals.

In the third, Bradyn Smelski (two) and Vincent Hughes scored for the Rangers while Jordan Kristjanson replied for the Lightning.

Interlake (8-29) will get another crack at both Parkland and Yellowhead this weekend when the Lightning head north for a two-game road trip.

The Lightning will play Parkland in Dauphin on Saturday and then will visit Yellowhead in Shoal Lake on Sunday.

Both games start at 2:30 p.m.



TRIBUNE PHOTO BY LANA MEIER

The Lightning's Riley Vautour gave Interlake a 1-0 lead midway in the opening period last Friday against the Parkland Rangers.

Provincial bound



TRIBUNE PHOTO BY LANA MEIER

The Stonewall Curling Club hosted the Asham U18 Men's Regional and U18 Mixed Doubles qualifiers last weekend. Team Dunlop of Stonewall earned one of the eight berths for the men's provincials while Randine Baker and Ryan Wiebe of Petersfield earned a mixed doubles berth. Both teams will represent the Interlake at the 2016 Asham U18 Provincial Championships at the East St. Paul Curling Club March 3-6. Pictured from left, Team Dunlop - Darrel Argan (coach), Thomas Dunlop, Emerson Klimpke, Carson Argan, Matt Dunlop and Stonewall Curling Club president Nancy Drad.

Quiet week locally in senior hockey action

By Brian Bowman

It was a quiet week for the local senior hockey teams.

The two teams played just one game, with the Warren Mercs losing 7-4 to the Portage Islanders in Southeastern Manitoba Hockey League action last Thursday.

The Mercs' Reid MacLeod opened the game's scoring on the power play midway in the opening period. But Portage came back with three goals late in the first period, just 3:03 apart.

Tyler Harland tied the score at 1-1 and then Landon Thompson and Anders Strome tallied.

Tanner Waldvogel, currently second in league scoring with 19 goals and 42 points, made it 4-1 early in the second period before Warren's Jared Walker and Justin Crockatt scored to make it a one-goal game.

But that would be as close as Warren would get, however, as Waldvogel and Eric Delong scored late

in the second period. Delong's goal came shorthanded with 2:01 left in the period.

In the third, Delong and Warren's Bryn Lindsay, on the power play, closed out the game's scoring. Lindsay, Walker and Darrin Husak each had two points for Warren.

The Mercs (2-14-1-2) now will host Portage this Friday at 8 p.m.

The Stonewall Flyers, meanwhile, had their home game against the Lac du Bonnet Blues postponed Friday due to dangerous roads.

Stonewall continues to lead the Manitoba Senior Hockey League with an 11-1 record and 22 points. That's six points in front of the second-place Gimli Wolves (8-6).

Gimli split a pair of games last week, beating the Beausejour Beavers 7-2 before losing 6-4 to the Blues.

The Flyers will host the Beavers this coming Tuesday. Game time is 8 p.m.

Stonewall Blues win Portage Terriers Atom tourney



TRIBUNE PHOTOS SUBMITTED

The Stonewall Blues participated in the 24-team Portage Terriers Minor Hockey Atom Tournament with two teams coming home with gold medals and one with silver Jan. 22-24. All three teams had a fantastic record with just one loss respectively over the weekend. The Yellow team was undefeated in the round robin but lost 5-1 in the A-side final to the St. Boniface Seals 10A1 team. The White team won the Governor's Division beating Portage #2, 6-4 in the final game. The Blue team meanwhile won the Fellowship Division defeating Portage #3, 7-2 to win their gold-medal game. Far left photo, left to right: the Yellow team coaches Bryan Sangster, Scott Myers, Geoff Reimer, Lee Devereaux; back row: Jack Murphy, Omen Harmacy, Aaron Sangster, Alex Myers, Holden Fotty, Nic Devereaux, Carter Nesbitt, Lucas Joynt; middle row: Hunter Manning, Adam Newcombe, Evan Reimer, Rylan Slatcher, Hudson Kinsley, Eric Palsson, and in the front is Kael Brown. Middle photo: the White team made up of Hayden Kaczorowski, Cole Ives, Brady Becker, Ty Johnson, Sidney Schaefer, Daryn Bremner; middle row: Ty Woods, Jaxon Bell, Spencer Schaefer, Blake Farthing, Emmitt Gillespie, Brady Stocki; front row: Spencer Hunnam, Coaches Fiona Bell and Stu Bremner. Far right photo: the Blue team made up of (back row) coaches Damon Willey, Liam Wheddon, Jon Sigurdson; middle row: Nic Leclair, Matthew Meyers, Hayden Wheddon, Russell Watts, Brody Kopys, Alex Evans, Dexter Sigurdson; front row: Evan Grandmont, Nathan Willey, Ryder Bassett, Dylan LeClair, Bryce Meyers and Dylan Holod.

Manitoba Hockey Standings									
MANITOBA JUNIOR HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Portage Terriers	51	43	6	2	88	225	105		
Steinbach Pistons	49	37	9	3	77	199	119		
Winkler Flyers	47	33	11	3	69	201	123		
Winnipeg Blues	49	25	18	6	56	178	145		
Virten Oil Capitals	46	27	18	1	55	156	108		
Swan Valley Stampede	48	20	23	5	45	141	165		
OCN Blizzard	50	21	27	2	44	150	184		
Selkirk Steelers	47	20	25	2	42	167	195		
Dauphin Kings	46	16	27	3	35	138	185		
Waywayseacappo Wolverines	48	13	31	4	30	124	205		
Neepawa Natives	47	9	37	1	19	99	244		
MANITOBA MAJOR JUNIOR HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Raiders Jr. Hockey Club	35	26	7	2	54	134	92		
Charleswood Hawks	34	22	7	5	49	135	91		
Pembina Valley Twisters	34	20	10	4	44	144	112		
St. Vital Victorias	34	20	12	2	42	129	114		
St. James Canucks	36	20	15	1	41	136	127		
Stonewall Jets	33	17	14	2	36	124	107		
River East Royal Knights	35	15	18	2	32	103	118		
St. Boniface Riels	36	14	19	3	31	116	142		
Transcona Railer Express	34	13	19	2	28	118	145		
Ft.Garry/Ft.Rouge Twins	35	6	27	2	14	83	174		
KEYSTONE JUNIOR HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Selkirk Fishermen	30	22	6	0	46	122	84		
St. Malo Warriors	30	19	8	0	41	146	112		
Lundar Falcons	30	15	11	0	34	132	118		
Arborg Ice Dawgs	31	16	13	0	34	139	120		
North Winnipeg Satellites	32	11	21	0	22	115	155		
North Division	GP	W	L	OTL	PTS	GF	GA		
Peguis Juniors	29	23	4	2	48	239	101		
OCN Storm	29	22	6	1	45	204	106		
Cross Lake Islanders	31	14	17	0	28	206	195		
Fisher River Hawks	30	8	21	1	17	153	220		
Norway House North Stars	30	1	29	0	2	83	328		
SOUTH EASTERN MANITOBA HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Carman	19	16	3	0	32	105	57		
Winkler	19	11	8	0	22	66	71		
Morden	19	10	8	0	21	68	66		
Altona	17	10	6	0	21	68	53		
Portage	18	10	8	0	20	83	84		
Notre Dame	19	6	8	5	17	74	84		
Warren	19	2	14	1	7	79	128		
MANITOBA SENIOR HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Stonewall	12	11	1	0	22	97	45		
Gimli	14	8	6	0	16	100	61		
Lac du Bonnet	13	7	6	0	14	87	60		
Beausejour	12	6	6	0	12	62	67		
Lakeside	13	0	13	0	0	31	144		
AAA MIDGET HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Eastman	38	35	0	1	73	195	78		
Wild	37	30	5	1	62	152	68		
Yellowhead	37	24	7	1	54	128	88		
Thrashers	36	26	9	1	53	173	88		
Central Plains	38	21	11	2	48	128	99		
Kenora	37	18	17	2	38	138	148		
Southwest	38	18	18	1	38	125	129		
Brandon	37	18	18	0	37	106	115		
Parkland	37	16	17	0	36	136	150		
Interlake	37	8	29	0	16	94	185		
Pembina Valley	37	6	28	1	15	74	173		
Norman	37	3	32	2	8	100	228		
AAA CITY MIDGET HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Winnipeg Monarchs	29	22	5	0	46	160	75		
Winnipeg Hawks	30	18	10	1	38	135	111		
Winnipeg Warriors	29	17	10	2	36	104	85		
Eastman Selects	29	15	13	0	31	83	82		
Winnipeg Sharks	30	13	12	2	31	118	120		
Interlake Lightning	31	0	29	1	2	52	179		
Yellowhead Chiefs	0	0	0	0	0	0	0		
Parkland Rangers	0	0	0	0	0	0	0		
AAA BANTAM HOCKEY LEAGUE									
	GP	W	L	OTL	PTS	GF	GA		
Winnipeg Monarchs	29	25	3	0	51	196	56		
Winnipeg Warriors	27	22	2	1	47	184	52		
Eastman Selects	28	16	10	1	34	137	104		
Winnipeg Hawks	28	13	14	1	27	104	94		
Winnipeg Sharks	28	8	18	2	18	85	146		
Interlake Lightning	30	4	26	0	8	64	199		
MANITOBA FEMALE MIDGET AAA HOCKEY LEAGUE									
	GP	W	L	T	OTW	OTL	Pts		
Yellowhead Chiefs	23	18	1	-	2	2	42		
PV Hawks	24	17	4	-	2	1	39		
Westman Wildcats	25	16	4	-	1	4	38		
Central Plains	23	14	6	-	2	1	33		
Winnipeg Avros	26	9	11	-	4	2	28		
Eastman Selects	23	6	15	-	1	1	15		
Norman Wild	23	3	19	-	-	1	7		
MANITOBA HIGH SCHOOL HOCKEY Platinum Promotions Division									
	GP	W	L	OTL	PTS	GF	GA		
St. Paul's 1	20	16	0	1	55	110	30		
Oak Park	20	17	1	1	54	96	33		
Vincent Massey	20	13	2	2	47	96	37		
Lord Selkirk	21	14	4	1	46	72	43		
Garden City	20	9	8	1	32	57	67		
Kelvin	21	5	8	2	28	61	68		
River East	21	8	11	0	26	60	75		
Sturgeon Heights	21	6	12	2	21	37	89		
College Jeanne Sauve	19	4	12	1	17	48	68		
Stonewall	20	2	17	0	7	25	72		
SJR1	21	1	20	0	3	31	111		
Price Division									
	GP	W	L	OTL	PTS	GF	GA		
College Beliveau	19	15	2	2	47	93	40		
Louis Riel	19	12	4	0	41	102	55		
Pierre Elliott Trudeau	21	12	6	0	40	88	56		
John Taylor	20	12	7	0	38	115	74		
Linden Christian	20	10	4	4	38	94	78		
Murdoch MacKay	19	10	5	1	37	101	57		
Sisler	19	8	9	0	28	86	87		
Fort Richmond	20	5	12	0	21	73	96		
Warren	18	5	10	0	18	64	76		
Windsor Park Collegiate	20	3	15	1	12	77	133		
SJR2	19	0	18	1	1	19	160		
STATS AS OF TUESDAY, JANUARY 26									

Skate ski racers



TRIBUNE PHOTO BY BONNIE TINKER

Teulon's Liam Tinker (left) and Bryce Bodnarus of Arborg, representing the Teulon Cross Country Ski Club Jackrabbit program travelled to Falcon Lake for a skate ski race and biathlon on Jan. 30. Tinker finished first in the PeeWee boys "3" division and Bodnarus finished fifth in the PeeWee boys "4" division.

Rams win again in league play

By Brian Bowman

It took the Stonewall Collegiate Rams over three months to win their first league game.

Now, they have two league victories in just 16 days.

The Rams continued their improvement this season with a very impressive 3-2 home victory over the River East Kodiaks last Friday.

After a scoreless first period, Stonewall grabbed a 2-0 lead on power-play goals by Ethan McMahon and Ryan McMahon.

Brett Hendrickson cut that lead in half at 13:59 of the third but Ryan McMahon scored the eventual game winner with just 1:41 remaining in regulation time.

River East didn't go away quietly, however, as Chase Beach Ducharme scored just 40 seconds after McMahon's marker.

Curtis Beck earned the win in goal.

On Jan. 27, the Rams had their game against the Vincent Massey Trojans postponed.

Stonewall and Vincent Massey did play each other back on Jan. 22, with Stonewall losing 5-2.

Vincent Massey led 1-0 after a second-period shorthanded goal by Kevin Stobie and then Zach Bailey put the visitors up three goals with a pair early in the third.

Brendan Labossiere put the Rams on the board midway in the third but

Stobie then added a power-play goal.

Logan Furkalo pulled the Rams to within 4-2 but Bailey sealed the win with a shorthanded goal with 39 seconds left in the third.

Stonewall played Vincent Massey this past Tuesday and then wrapped up its regular season yesterday when it hosted College Jeanne Sauve. No scores from either game were available by press time.

The Warren Collegiate Wildcats, meanwhile, played a pair of very close games last week, earning a split after a 5-4 shootout loss to the Linden Christian Wings on Jan. 27.

The Wildcats trailed 4-2 in the third when Brendon Burnett struck on the power play and then Jayden Allary netted an even-strength goal to tie the score. Both goals came just 1:19 apart midway in the third.

Linden Christian jumped out to a 3-0 first-period lead on goals by Carter Hofer, Zachary Janzen, on the power play, and Tanner McCrae.

But Warren played much better in the second period as Will Slagerman (on the power play) and Allary tallied.

Dawson Derksen potted a power-play goal in the third to give the Wings a two-goal lead.

On Jan. 25, the Wildcats edged Pierre Elliott Trudeau 3-2 in Winnipeg.

Taylor Radley, Ethan Fairlie and Landen Mann scored for Warren. Liron Trudel and Brandon Zastre re-



TRIBUNE PHOTO BY LANA MEIER

The Rams' Brendan Labossiere carries the puck up ice against River East.

plied for Pierre Elliott.

Warren (5-10-0-0-0-3) hosted Windsor Park Tuesday but no score was available at press time. The Wildcats will then visit College Beliveau at

Southdale Community Centre on Friday. Game time is 4:30 p.m.

The Wildcats will then host Pierre Elliott Trudeau this coming Tuesday in Warren at 4:15 p.m.

Jets defensive in pair of wins in weekend action

By Brian Bowman

The playoffs may still be well over a month away, but the Stonewall Jets played a pair of playoff-style games last week.

Stonewall was very good in the defensive end – giving up just two goals – in a pair of Manitoba Major Junior Hockey League wins.

The Jets earned the sweep last week after a convincing 5-1 home win over the St. James Canucks on Sunday eve-

ning.

After a scoreless first period, Robert Smith and Rowan Versavel scored for the Jets. Those two goals were sandwiched around a tally by the Canucks' Mathew Carrey.

Chase Faulkner, Ryan Miskiewicz and Adam Blight then scored for the Jets in the third.

Stuart Fleury made 29 saves for the win. He improved his record to 9-7-2 and lowered his goal-against average

to 2.95 with a .909 save percentage.

Last Thursday, the Jets squeaked past the St. Vital Victorias 2-1 in a shootout in Winnipeg.


Stonewall's Mackenzie Johnson was the lone player to score in the shootout.

In regulation time, St. Vital took a 1-0 first-period lead on a goal by Justin Tremblay.

But the Jets' Scott Miskiewicz tied the score with his first goal of the sea-

son at 9:15 of the second period. Garrett Bruce and Ryan Miskiewicz assisted on the goal.


Stonewall limited the Vics to 27 shots – including just four in the third period. The sixth-place Jets (17-14-2) hosted the River East Royal Knights last night but no score was available. Stonewall then won't play again until Monday when it visits the St. Boniface Riels at the Southdale Community Centre. Game time is 7:30 p.m.



Wednesday, Feb. 3 Stonewall Jets vs River East Royal Knights
7:30 pm at VMSC

Monday, Feb. 8 Stonewall Jets vs St. Boniface Riels
7:30 pm at Southdale Community Centre

Wednesday, Feb. 10 Stonewall Jets vs Transcona Railer Express 7:30 pm at VMSC



www.stonewalljets.net

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UPCOMING EVENTS

South Interlake Rockwood Ag Society Annual Dinner, Sat. March 5, 2016 at the Red Barn. Cocktails 5:30; Dinner 6:30. Tickets \$25. Donations for brown bag auction would be appreciated. Info: JoAnn 204-467-5778 or Diane at 204-633-2238.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

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RURAL MUNICIPALITY OF ROSSER UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a **PUBLIC HEARING** will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

THE RURAL MUNICIPALITY OF ROSSER BY-LAW NO. 15-14
Being a By-Law of the Rural Municipality of Rosser to
adopt a new Zoning By-Law to replace the existing By-Law 4-85.

LOCATION: Rural Municipality of Rosser Council Chambers
0077 E PR 221
Rosser, Manitoba

DATE & TIME: **Thursday, February 18, 2016**
7:00 pm

GENERAL INTENT OF BY-LAW NO. 15-14: To adopt a new Zoning By-Law for the Rural Municipality of Rosser, as per Part 5 *The Planning Act*, that:

- Divides the municipality into zones;
- Prescribes permitted and conditional uses for land and buildings in each zone;
- Prescribes general development requirements for each zone having regard to any permitted or conditional use for each zone; and
- Sets out the procedure for applying for, and issuing development permits, non-conforming certificates, zoning memoranda and other similar documents, including the classes of minor development, if any, that do not require a development permit.

AREA AFFECTED: The new Zoning By-Law will apply to the Rural Municipality of Rosser, excluding CentrePort lands

FOR INFORMATION CONTACT: Roberta Van Caeyzele, Acting Manager
South Interlake Planning District
Box 1219, Stonewall, MB, R0C 2Z0
Phone: 204-467-5587
Fax: 204-467-8383
Email: info@sipd.ca

A copy of the above by-law may be inspected at South Interlake Planning District, 285 Main Street, Stonewall, Manitoba or the Rural Municipality of Rosser located at 0077 E PR 221, Rosser, Manitoba during normal office hours (8:30 to 4:30 pm), Monday to Friday. Copies may be made and extracts taken there from upon request.

Note: Property owners are responsible for notifying lessee.

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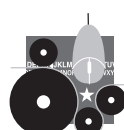
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Dr. Christopher J. Turner, N.D. and staff at the Winnipeg Naturopathic Clinic are pleased to announce that Dr. Jill Kazuk, N.D. has joined the clinic and is now accepting new patients.

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Big batch beef and root veggie stew



Ingredients
2 tbsp (25 mL) vegetable oil
4 carrots, cut into bite-size chunks
4 stalks celery, thickly sliced
2 onions, chopped
2 tsp (10 mL) dried thyme
1 tsp (5 mL) dried rosemary
Pepper
3 lbs (1.5 kg) stewing beef, cut into 1-inch (2.5 cm) pieces
4 cups (1 L) reduced-sodium beef broth
1/4 cup (50 mL) tomato paste
2 tbsp (25 mL) red wine vinegar or balsamic vinegar
1/4 cup (50 mL) all-purpose flour
2 cups (500 mL) 1% milk, divided
2 lbs (1 kg) potatoes, peeled if desired (about 4), cut into 1-inch (2.5 cm) pieces

Dijon mustard, prepared horseradish or steak sauce (optional)
Directions

In a large, deep pot, heat oil over medium-high heat. Sauté carrots, celery, onions, thyme, rosemary and 1/2 tsp (2 mL) pepper for about 10 minutes or until onions are softened.

Stir in beef until well mixed and pieces are separated. Stir in broth, tomato paste and vinegar; bring to a simmer, scraping up any bits stuck to pot. Reduce heat to medium-low, cover and simmer, stirring often, for 45 minutes or until beef is starting to get tender.

In a saucepan or microwave-safe measuring cup, heat 1-1/2 cups (375 mL) of the milk over medium heat on stovetop or on Medium (50%) power in microwave until steaming. Whisk flour into remaining cold milk.

Uncover stew, increase heat to medium and stir in potatoes. Stir in flour mixture, then hot milk until blended. Reduce heat and simmer, stirring occasionally, for 30 to 45 minutes or until beef and potatoes are tender. Season to taste with pepper. Stir mustard, horseradish or steak sauce into each serving, if desired.

Cheddar Beef Enchiladas



Yield: 2 casseroles (5 to 6 enchiladas each)

Ingredients
1 pound ground beef
1 envelope taco seasoning
1 cup water
2 cups cooked rice
1 can (16 ounces) refried beans
2 cups shredded cheddar cheese, divided
10 to 12 flour tortillas (8 inches), warmed
1 jar (16 ounces) salsa
1 can condensed cream of chicken soup, undiluted

Directions
In a large skillet, cook beef over medium heat until no longer, pink; drain. Stir in taco seasoning and water. Bring to a boil. Reduce heat; simmer, uncovered, for 5 minutes. Stir in rice. Cook and stir until liquid is evaporated.

Spread about 2 tablespoons of refried beans, 1/4 cup of the beef mixture and 1 tablespoon cheese down the center of each tortilla; roll up. Place seam-side down in two greased 13x9x2-inch baking dishes.

eat and drink more than if you were dining alone.

In the real world, when you're sharing a meal with others during a holiday get-together, a dinner party, or even a restaurant gathering, it's easy to lose sight of how much, or even what, you're consuming. Your hand may pass back and forth to the bread plate or tortilla chip basket more times than you'd care to count. You may reach for seconds (or thirds) if the serving bowl is near you, just because of the sheer proximity of it. Perhaps this is partly because when you're with company you enjoy, you relax, which also can cause you to loosen the reins of your dietary restraint. Plus, dining with others means sitting at the table longer which may make you continue to pick at food that's on the table even if you've had enough.

It's also easy for your dietary resolve to become derailed when you're at a part or social event where the unspoken mantra seems to be "eat, drink, and be merry." Fortunately, it is possible to have a good time without overeating or regretting your dietary actions the next day – if you get into the right mind-set ahead of time. Stay tuned for Part 2.

Disease-Proof: "The Remarkable Truth About What Makes Us Well" by David L. Katz, MD, MPH, FACPM, FACP

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CARD OF THANKS

This past year the Teulon Rodeo Club had a very successful season of improvements at the Rodeo Grounds, including permanent holding pens, run-back alley, timed event area, new foot-bridge, and the first stage of an inside rail for the racetrack. This could not have been possible without the generous support from so many people/organizations. For financial support, we thank the Interlake Community Foundation (grant), Manitoba Agricultural Societies (grant), and Sunova Credit Union (major sponsorship). For gifts-in-kind, we thank the RM of Rockwood, Town of Teulon, the Ursel Family, Arnason Industries, Trailwood Enterprises, Lee Ranches, Ross Creek Landscaping, Interlake Excavating, Fleet Brake, and the Interlake Thoroughbred Club. For valuable assistance with grants and letters of support, we thank the Teulon Rockwood Rec. Commission, the Town of Teulon office, the Teulon Ag Society, Mayor Campbell, Interlake Riding Club, Green Acres Art Centre. And of course a special thank-you to all of the members and community volunteers who donated so much of their time and efforts to make our projects come to fruition. Thank-you to everyone and to anyone who we may have inadvertently missed mentioning! We wish everyone the best in 2016, and look forward to seeing you in August.

ANNOUNCEMENT

CONGRATULATIONS



It took 5 1/2 years to say "Never Again".
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IN MEMORIAM



**In Memory of
Barry Leach/Dad**

We miss his smile and kindly ways;
With him we spent some happy days.
We miss his voice with loving care,
With him we talked without a care.
We miss him when we need a friend,
On him we always could depend.
If only he were here today,
Then this is what we wish to say,
"We love you Dad, and miss you every day".

-In loving memory,

Maxine,

Kim (Lance) and Brad,

Carla (Bruce), Jordan, Destiny and Tiana

ANNOUNCEMENT

IN MEMORIAM



Zennovia MacDonald

October 27, 1939 – February 9, 2015

God saw her getting tired,
A cure was not to be;
He wrapped her in His loving arms,
And whispered, "Come with Me".
She suffered much in silence,
Her spirit did not bend;
She faced her pain with courage,
Until the very end.
She tried so hard to stay with us,
But her fight was not in vain;
God took her to His loving home,
And freed her from the pain.
We miss you every day mom.

-Love,
the MacDonald family

ANNOUNCEMENT

IN MEMORIAM



Rhoda Kunzelman

October 13, 1922 – February 9, 2015

In loving memory of a

**Dear Mother, Mother-in-law,
Grandmother and Great-Grandmother**

We little knew that morning,
That God was going to call your name;
In life we loved you dearly,
In death we do the same.
It broke our hearts to lose you,
But you did not go alone;
For part of us went with you,
The day God called you home.
You left us peaceful memories,
Your love is still our guide;
And although we cannot see you,
You are always at our side.
Our family chain is broken,
And nothing seems the same;
But as God calls us one by one,
The chain will link again.

-Love the family

ANNOUNCEMENT

IN MEMORIAM

Dave Sheldon

February 17, 1946 – February 6, 2015

We can't believe dad that it's been a year.
We talk of you often and are sad you're not here.
We know you had to go but will cherish our years.
We will never forget you dad,
Or the times when you were here.

-Love you and miss you always,
Rob, Tammy, Devon and Cheyenne

ANNOUNCEMENT

IN MEMORIAM



David Sheldon

February 17, 1946 – February 6, 2015

**In Loving Memory
Dad**

He never looked for praises,
He was never one to boast;
He just went on quietly working,
For the ones he loved the most.
His dreams were seldom spoken,
His wants were very few;
And most of the time his worries,
Went unspoken too.
He was there...A firm foundation,
Through all our storms of life;
A sturdy hand to hold on to,
In times of stress and strife.
A true friend we could turn to,
When times were good or bad;
One of our greatest blessings
The man we called our Dad.
-Forever missed and loved by
your children and grandchildren,
and Jim, Ralph and Sarah

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OBITUARY



Ethel Dadswell

July 10, 1920 – January 25, 2016

After a short illness Ethel peacefully passed away in the morning of Monday, January 25th in Stonewall Hospital at the age of 95.

Born Ethel Veve Hanisch on July 10, 1920 on the family homestead near Teulon, Manitoba to parents Zeigfreid and Maggie. She left home and started working in 1934. While living in Kenora Ontario, she met and married Cyril (Slim) Dadswell in 1947. They later moved back to Teulon in the mid 1960's.

She was predeceased by Slim in 1981; her daughter Myrna; step-children Don and Ruth; her sisters Edie, Esther, Ella, Elsie, and brother Harold. She is survived by her sister Gladys Hanisch of Teulon.

The family wish to thank the staff at Stonewall Hospital for all their kindness and support during this sad time. Ethel was laid to rest with her family in Norris Lake Cemetery near Teulon. As per her request, there was a grave side service.

Oh Lord I pray...

"Light the way for me as I make my way through the garden to be with you forever"

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OBITUARY

William Charles Ogilvie

February 15, 1928 – January 31, 2016

Bill passed away peacefully at the Gimli Hospital with his family at his side. He was a loving husband, brother, father, grandfather and great-grandfather.

He leaves behind his wife Jessie (Teed); their four children Judy (Roy), Pat (Jim), Jack (Joy), Jim (Connie); 11 grandchildren, Ryan (Candy), Jennifer (Carel), Lindsay, Leanne (Brad), Matthew, Chelsea (Bryon), Patrick (Vanessa), Brock, Evan, Lyle, and Brooke; eight great-grandchildren Annika, Isla, Stella, Audrey, Erik, Samuel, Luca, and Rowyn; his brother Tom (Doris). Predeceased by his parents Mabel and William; sister (Babs); and brothers-in-law and sisters-in-law.

Bill was raised on the family farm where he and Jessie started farming in 1952. In 2011, after three generations of Ogilvies on the yard site, he proudly celebrated having a century farm. The love of his life were his family, his Black Angus cows and his horses. There were always horses on his farm. His pride and joy are his last pair of Percherons, Babe and Beauty. He loved to take anyone and everyone for a wagon or a sleigh ride.

The family would like to thank the doctors and nurses of the Stonewall and Gimli Hospital for exceptional care given to Bill during his stays.

A celebration of Bill's life will take place on Saturday, February 6, 2016 at 1:00 p.m. at the Teulon Rockwood Centennial Centre followed by a private interment at the Erinview Cemetery.

In lieu of flowers, donations may be made payable to Erinview Community Club Box 454 Teulon, MB R0C 3B0 (Erinside School Restoration Fund)

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OBITUARY

Lillian Mary Chester (nee Thomas)

On January 28, 2016 at the age of 93, Lillian Mary Chester of Woodlands, MB. beloved wife of the late Lyall L. Chester, entered into her eternal rest.

Lillian is survived by her dearly loved children Lyall Jr. (Clare) of Woodlands and Lew (Terry) of Ontario; grandchildren Camille (Kurt) Bouskill (Austin and Alec), Debra (Darren) Goodman (Dae-Lee, Darra, Grace and Emma), Adam (Andrea) Chester (Halle and Alexandra), Thomas Chester, Paul (Karen) Chester (Emily and Jacob), Brock (Jessica) Chester (Alexandra and Olivia); niece Anne and nephews John and Bill.

Lillian was predeceased by her husband Lyall in 1970; her daughter Lynne in 2002; and sister Edith Bevan in 1988.

Lil was born in Winnipeg March 19, 1922, daughter of the late Harry and Mary Ann Thomas. She spent her early years in Lake Francis, moving with her parents to St. James where she lived until her marriage to Lyall in 1941.

A student at Bannatyne School and member of St. Andrew's Anglican Church. Lil was a long time employee of the T. Eaton Co. both in downtown Winnipeg and at the warehouse on Berry St. In the 1950's she was very active in the Girl Guide movement at Bannatyne School.

In 1968 Lil and Lyall moved with their children to Woodlands where they farmed. Lil participated in local community affairs, joining the Curling Club and Woodlands Legion No. 248 Auxiliary.

A dedicated outdoorswoman, she delighted in camping and fishing and was an avid gardener, also very knowledgeable regarding prairie wildflowers and bird species. An animal lover, Lil always had house pets.

Proficient in the domestic arts, she was known far and wide for her wonderful cheese bread and crusty rolls, and has left behind handcrafted articles of heirloom quality, including specially designed afghans for each of her children, grandchildren and great-grandchildren.

A warm and loving person, Lillian will be missed by many friends and relatives.

At her request, cremation has taken place, and no service will be held. There will be a private family service held at a chosen date.

Thank you to all the caregivers and nurses for the wonderful care she received at both Woodlands and Stonewall.

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