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THURSDAY, JANUARY 21, 2016

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Woodlands School is helping out furry friends in need



By Natasha Tersigni

The Woodlands School's My Voice committee is focusing on teaching fellow students the value and importance of animal adoption during the month of January.

For the students' local My Voice initiative, they are hoping to raise awareness while collecting money, food and toys for the Winnipeg Pet Rescue Shelter, a no-kill animal shelter in the city.

My Voice teacher Kim Deline wants to ensure students learn why animal shelters are often overcrowded and how students can help the shelters.

"Every month our committee has a theme or focus that is centred around a local, national or global issue. We decided that for January, we will focus on our furry friends that need the most support. During the entire month, we are focusing on the animals in the shelters and how we can support them," said Deline.

Last week, two rescue dogs that are owned by school staff spent the day at the school to teach students about animal adoption and how important it is for animals to find a forever home.

Heidi, a seven-year-old retriever

TRIBUNE PHOTO BY NATASHA TERSIGNI Heidi, a seven-year-old mixed retriever rescue dog, was visiting Michelle Peltz's Grade 2/3 class at Woodlands School last week bringing awareness to the importance of animal shelters.

Continued on page 4





Community rallies to support six-year-old Natalie

Fundraising social planned for Feb. 20

By Jennifer McFee

The community is rallying to support a six-year-old Woodlands girl who was diagnosed with cancer on New Year's Eve.

Natalie Smith, a Grade 1 student, is a boisterous, active child who is no stranger to bumps and bruises. However, over the holidays, her family became concerned about a strange bruise on her face that had an unusual tone and colour.

At the urging of an aunt, they took her to the doctor for blood work and cancer tests. They were home for only an hour when they received a phone call telling them to turn around immediately and take Natalie to the Children's Hospital. They did as they were told, and they received the unwelcome news that Natalie has acute myeloid leukemia (AML). Natalie was put in isolation and prepped for surgery the next morning to have lines put in for cancer treatment.

Since then, Natalie has completed her first 10-day round of chemotherapy. She has three more rounds to go, with a four- to six-week wait in between treatments.

Her great-aunt Brenda Gareau says that Natalie knows to expect hair loss, but she's not looking forward to it.

"The good news is her appetite is coming back and her attitude is coming back. She's a very funny, entertaining little girl on top of being very active," says Gareau, a Stony Mountain resident. "To see a six-year-old who's got the energy of the Energizer Bunny laying there attached with six lines into her body and there's nothing you can do — it's nothing that a child should have to go through, never mind a parent having to watch that. And you can't do anything."

To spend as much time with his daughter as possible, Natalie's father Randy is on leave without pay from his job at McCains and is applying for extended health benefits through EI. Her mom, Alysha, is finishing up a full-time nursing program, learning skills that her family might need since AML usually recurs within five years.

Meanwhile, Natalie's eight-year-old brother Zachary is staying with his grandparents, who are trying to maintain a sense of normalcy in the midst of all the turmoil.

To help cover mounting costs for the family, which currently has no source of income, a benefit social will take place on Feb. 20 at Woodlands Hall. Although social tickets are already sold out, unlimited support tickets are available by calling Cecile Gareau at 204-383-5578, Myrna Oliver at 204-375-6665 or Tammy Lynn Granberg at 204-981-2037.

As well, silent auction donations can be dropped off at Woodlands Elementary School, where Natalie is a student. Donations towards the social's lunch component would also be greatly appreciated.

For those looking for another way to contribute, a Fundly page has been set up to collect donations for the family at https://fundly.com/fund-for-nata-



TRIBUNE PHOTO BY BRENDA GAREAU

Natalie Smith (6) and her big brother Zachary (8) celebrated this past Christmas while being tied up with a string of lights. One week later, Natalie and her family found out that Natalie has acute myeloid leukemia and will be hospitalized for the next nine months while undergoing treatment at the Children's Hospital in Winnipeg.

lie. As of Jan. 18, more than \$1,600 had been donated.

Woodlands Elementary School is also involved in helping Natalie's family through a dance-a-thon planned for Jan. 22. Pledge forms are circulating in the community, so Woodlands residents can donate to the family through any local student.

Last week, students hosted an event called Warm Hugs for Natalie, which involved selling hot chocolate and cookies. In total, they raised \$91 for the cause.

portion of the building, while the front

Bob also hinted that they might have

a few other surprises coming up, but

it's too soon to reveal their plans.

portion will be used for office space.

New gym takes shape in Stonewall

By Jennifer McFee

If your New Year's resolution focused on health and wellness, you'll soon have one more venue to get in shape.

Brody Nolin recently purchased all of the equipment from Fitness Solutions on First Street when the business closed its doors.

He plans to set up a brand new gym in the former Alive Church building located in Stonewall's industrial park. Nolin's father, Bob, recently purchased the church building and he will rent space to his son for the business venture.

Bob said they hope the gym will open in May and is expected to remain open 24 hours per day, seven days per week.

The gym will be located in the back

Travelling this winter? see us first for travel and car rental insurance.





Family Ties

Father and daughter duo celebrate the values, traditions and memories that unite conservationists

By Jim Couch

Standing before the crowd, I felt my chest swell. And, like everyone else in the room, you couldn't wipe the smile off my face. Moments like these are what make my role as Ducks Unlimited Canada (DUC) president so rewarding.

I was honouring two special DUC supporters at an event in Winnipeg. Their family connections to conservation are as strong as they come — and their pride and admiration for one another is a heartwarming reminder of the power of family ties. If you ever have the chance to meet fatherdaughter duo Claude and Elizabeth (Liz) Wilson, you'll know what I mean. To them, conservation is more than a family tradition. It's a way of life. It's part of their identity. It's a bond that continues to keep them close.

Claude served as DUC's president from 1992 to 1993, blazing a trail I'm both humbled and honoured to follow. Liz is DUC's manager of corporate business development who just celebrated her 10th anniversary with the organization. Both are long-time volunteers. Both wear their hearts and pride for DUC on their sleeves.

These kinds of generational connections are not unusual within our organization. I've had the privilege of meeting many multi-generation volunteer families, families who've conserved wetlands on their property for decades and others who share a passion for wild places. However, each relationship is unique. Claude and Liz's is no exception.

The event that evening was a tribute to Claude's term as DUC president: one that could be classified as one of the most challenging — and rewarding — in our organization's history. DUC was in the midst of building its new national office and flagship interpretive centre at Oak Hammock Marsh. Erecting a building in the middle of a wildlife management area was unconventional, and the undertaking was both celebrated and criticized. The controversy made national news, putting Claude in the hot seat to defend the vision, science and benefits the centre would provide both wildlife and people.

Today, the Oak Hammock Marsh Interpretive Centre is recognized as a world-class facility. Even this time of year, when the marsh is quieted under a blanket of now, it's a vibrant ecosystem. Muskrats are busy building huts, snowy owls soar in the sky overhead and chickadees chirp from the bulrushes. Season after season, hundreds of thousands of visitors walk the trails to experience the benefits of conservation first hand.

Not far from the Interpretive Centre's staff entrance is a cairn recognizing Claude's contributions to the facility. Every day as Liz passes by, she's following in her father's footsteps while also creating her own conservation legacy.

She remembers the challenges and triumphs her dad experienced as president and recalls tagging along with him to meetings and events to promote wetland conservation. Now, she's the ambassador developing relationships and generating support that will help write the next chapter of DUC history.

So that evening as I invited Claude to present Liz with her 10-year service pin, the feelings of pride engulfed the room. Liz's presentation was a surprise, but her part in the deep conservation legacy associated with the Wilson name certainly was not.

Whether they're crouched in a stubble field waiting for a flock to drop over their decoys, watching the sunset from the comfort of their deck chairs at the lake or walking the boardwalk outside the world-renowned Oak Hammock Marsh Interpretive Centre, wetland conservation is a journey Claude and Liz are travelling togeth-





TRIBUNE PHOTO COURTESY OF THE CONSERVATOR

For the Wilson family, conservation is a way of life. DUC past-president Claude Wilson with daughter Liz Wilson at Oak Hammock Marsh. Oak Hammock Marsh Interpretive Centre is a world-class facility and is a defining legacy of Claude's term as president. ©DUC/Jeope Wolfe



DUC past-president Claude Wilson proudly presents his daughter Liz with her 10-year service pin, while mom Carolyn looks on. ©DUC/Ron Maher.

er. They are living the conservation life as a family. Reprinted with permission from

Ducks Unlimited Canada's Conservator.ca website



> FURRY FRIENDS, FROM PG. 4

living situation by teacher Michelle Peltz. It took two years of Heidi living with Peltz's family before the dog could trust male individuals and it took five years before Heidi overcame her separation anxiety.

"Heidi is the type of dog that usually ends up in shelters due to not being trained or given enough attention. She was present during our presentation to help promote adoption of mix-breed dogs from rescue shelters instead of purchasing puppies from breeders," said Peltz, whose dog spent the day with her Grade 2/3 class.

"She has been great with the students and they have really loved having her in the class."

Guidance counsellor Elaine Johnston also brought in her dog Gracie,

mix, was rescued from an unfortunate a two-year-old mastiff cross that was also rescued from an animal shelter. With specialized training, Gracie is now a certified emotional support therapy dog and works with seniors in Winnipeg.

> Johnston said that it is important for students to realize the value that rescue animals have and how, with love and a good family, the animals can thrive.

> "It is important for the students to see that we all come from different situations, some more vulnerable than others, but with the proper support, we can all be purposeful," added Johnston.

> Donations for the Winnipeg Pet Rescue Shelter, including food and toys, can be dropped off at Woodlands School until the end of January.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Woodlands School's My Voice committee members are raising money and awareness for the Winnipeg Pet Rescue Shelter this month. Pictured, left to right: Lucas Procter, Michelle Peltz with Heidi, Elise Corbeil, Elizabeth Overton, Kate LaCombe, Elaine Johnston with Gracie.

Teulon's animal control bylaw passes first reading

Briefs for Jan. 12 Teulon council meeting

By Natasha Tersigni

Teulon council has approved the first reading of a new animal bylaw that includes an increase to fees for dog licences and the option for residents to obtain a kennel licence.

"The major change is that council is adding a kennel license. Right now, the rule is that you can only have two dogs in Teulon. In the bylaw, a resident can have a third dog if they pay an additional \$250 annual fee and get approval by council," said CAO Jeff Precourt.

The bylaw also includes a \$5 increase for dog licences, which are currently \$12 per dog. If the bylaw passes second and third reading, it will cost \$17 to licence a dog effective June 1, 2016.

2016 Interim Budget

Council passed a resolution to accept the interim budget that will be in effect from Jan. 1 until the adoption of the 2016 financial plan in early spring.

The interim budget lays out \$750,000 in operating expenses, including general government services (\$100,000), protective services (\$100,000), transportation services (\$100,000), environmental health services (\$100.000). public health and welfare services

(\$50,000), economic development services (\$50,000), fiscal services (\$150,000) and utilities and capital fund (\$100,000).

Council and town staff are currently working on the full budget that will be presented in the upcoming months to the public before being voted on by council.

Household hazardous container

Teulon-Rockwood Waste Disposal Grounds now has a collection site for household hazardous waste materials. Before the container will be open to the public, which is anticipated in the next few months, staff first need to take a course and learn how to properly oversee the collection of goods.

Once the staff receive their training they can begin to accept household hazardous items including paints, automotive fluids, household cleaning chemicals, pesticides and herbicides.

Manitoba 55 Plus Games

Bids are now open for communities to host Manitoba 55 plus games in 2017. While Teulon-Rockwood Recreation Commission is unlikely to win the bid on its own, recreation director Chris Hornby will consult with the Town of Stonewall to see if they are interested in a joint bid to host the Games.

The annual Games are held in June and attract over 1,000 athletes from across the province The Games are open to athletes 55 years old and over, and events include card games, Scrabble, snooker, floor curling/shuffleboard, track, swimming and slopitch.

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Gov't approves all-in-one personal ID card

Staff

Manitobans will soon have access to a convenient, safe and secure all-inone personal identification card (PIC).

"Response from the public was overwhelmingly positive," Health Minister Sharon Blady said in a release on Monday. "Not only do Manitobans embrace the convenience of carrying just one durable and tamper-proof card to access health care and other services, they also strongly believe the PIC will better protect against identify theft, forgery and fraud."

The PIC will integrate a person's health identification number (PHIN) onto the back of driver's licences and photo identification cards. The minister noted the PICs are expected to be issued starting as soon as the fall of 2017, and will be authenticated using industry-proven policies, procedures and practices currently in place at Manitoba Public Insurance. Manitoba Public Insurance already issues photo identification to approximately 92 per cent of health card holders. The minister said anyone who requires a Manitoba Health Card will transition to a new PIC at no charge.

Once introduced, Blady noted the PIC will:

• offer the convenience of a durable, all-in-one card;

• use advanced technology to better protect cardholders against identity theft, forgery and fraud;

• ensure private information stays confidential;

• improve access to photo identification for low-income and homeless Manitobans; and

• help deliver the right services to the right person through easy photo identification of cardholder.

Manitoba Public Insurance launched a comprehensive five-week public and stakeholder consultation process last August. Blady said that through public consultations, online feedback and telephone surveys, more than 4,000 Manitobans and 29 stakeholder organizations provided input.

The full consultation report is available for viewing on the MPI website at mpi.mb.ca.

"Positive feedback was provided by a wide spectrum of affected stake-

holder groups," said Attorney General Gord Mackintosh, minister responsible for Manitoba Public Insurance."In addition to receiving feedback from thousands of Manitobans, we heard from many interested stakeholders including Manitoba's francophone community, Indigenous representatives, social service agencies, healthcare administrators and service providers. All of their suggestions will be considered as the initiative moves forward."

Blady said that while Manitoba Public Insurance will be accountable for establishing and verifying identity, Manitoba Health, Healthy Living and Seniors will retain full responsibility for determining eligibility for health services, assignment of personal health information numbers and approving family relationships under health registration numbers for health-care billing and pharmacare deductible application purposes.

She also stressed that no personal health or drug records will be shared with Manitoba Public Insurance and no driver's licence information or driver history will be shared with Manitoba Health.

Blady added the PIC initiative will have no financial impact on MPI ratepayers and will improve personal identification for all Manitobans, particularly for homeless and low-income citizens who may not necessarily have had access to proper photo identification.

Rosser council news in brief

By Jennifer McFee

- Coun. Angela Enns put forward an agenda item for the Jan. 12 meeting for council to reconsider giving Reeve Frances Smee a leave of absence for previous meetings that she had missed. Council defeated the motion to reconsider.

- The Association for Community Living provided a thank-you letter for a bath trolley that the RM of Rosser donated to the organization last year. would be willing to take over the title for the privately owned land where the club is located. No decisions have been made to date, but Rosser council plans to meet with representatives from all the local recreation facilities in the near future.

- Prairie Rail Solutions requested further information from council about why their rezoning request was denied. They had hoped to have a grain facility on a piece of property that they owned, but the zoning didn't allow for it and council didn't approve the request for rezoning.

Clarification

Further to the article"Krpan accused St. Laurent council of improprieties" that ran in the Jan. 14 edition of the *Stonewall Teulon Tribune*, we reported that more than \$400,000 in nontendered work had been awarded to Dumont Bros. Contracting Ltd. in St. Laurent.

To clarify, the \$400,000 is a sum of all work paid to Dumont Bros. Contracting Ltd. from 2011-2015.

In 2015, Dumont Bros. Contracting Ltd. was paid \$172,531.50. Of that 2015 total, \$164,730 was for DFA projects that included borrow pit fencing, culvert repairs, the cleanup of DFA site 104 and the cleanups of Laurentia Beach, Sandpiper and Allard roads.

There are seven St. Laurent owned contractors that were awarded DFA funds in 2015 for heavy duty projects. Camster Construction Ltd. received \$22,421.70 in July 2014 and \$8.6 million from 2011-2015.

Diell Enterprises received \$78,582 in 2015 and \$463,932.57 from 2011-2015.

Dumont Bros. Contracting Ltd. received \$164,730 in 2015 and \$407,308.51 from 2011-2015.

Hands on Excavating Inc. received \$20,254.50 in 2015 and \$437,906.85 from 2011-2015.

Larsen Contracting Ltd. received \$29,757.84 in 2015 and \$562,107.86 from 2011-2015.

R2G2 Excavators Inc. received \$87,146.79 in 2015 and \$2.5 million from 2011-2015.

Vern & Son Excavating Ent. received \$55,377 in 2015 and \$76,996.50 from 2011-2015.

The *Tribune* hopes that the expanded look at these figures clarifies any confusion the previous article may have caused.





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TRIBUNE PHOTO BY NATASHA TERSIGNI

Despite an extreme cold warning issued by Environment Canada and wind chill values dipping below -40C, snowboarders and skiers, including Garett Turbett, took to Stony Mountain Ski Hill for some fun this past weekend. Due to the extreme cold, events planned to celebrate Snow Day held on Jan. 17, including Mogul Mouse, Junior Racing, Edgemasters and Team Extreme, were postponed until Jan. 23 and 24.

Advertising Deadline: Monday 4:00 pm prior to Thursday Publication



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Stonewall council discusses mounting curling club debt

Stonewall council news in brief

By Jennifer McFee

Stonewall council is working with the Stonewall Curling Club to address the organization's growing debt to the town.

Through an agreement, the town charges the club a percentage of the overall costs to run the facility. However, membership has dropped since the club opened in 2001, which makes it difficult for the club to pay its portion. To date, the club owes the town approximately \$69,000 — and the debt continues to rise year over year.

Council advised Debbie Jensen of the curling club to meet with parks and arena supervisor Brett Chatfield and acting CAO Doreen Steg to figure out a realistic way to reduce the rent and create a repayment plan.

Mayor Lockie McLean said they also plan to simplify the existing contract so that it is less complicated and cumbersome.

"Hopefully we can take stuff out of the contract that doesn't make sense and solve this curling dilemma, which has been going on for a good number of years now," McLean said Friday.

"One of our goals this year was to clean it up and to take the pressure off those folks and also to put some common sense back into it because things have changed since 2001."

Council will wait to hear the proposal for a repayment plan that will allow the curling club to pay an affordable amount while continuing to operate the facility.

In other council news:

Council is hoping that the Heritage Arts Centre will be used more in the future. They asked Quarry Park manager Catherine Precourt to look at ways for the \$7 million facility to be more usable for local groups in Stonewall and in neighbouring communities like the RM of Rockwood.

Speeders beware: council is ordering a speed radar sign that can be put up anywhere in town to electronically gather and transmit data about speeding on local streets. The sign can be moved throughout town to monitor complaint areas, and data could then be forwarded to RCMP if problems persist.

Stonewall's streets and sidewalks will soon be getting an overhaul, thanks to the town's street renewal project. This year, connectivity will be a priority to fill in the gaps where sidewalks are missing and to safely line up existing sidewalks with walking trails. Residents can expect plenty of new sidewalk construction, plus paving the portion of the abandoned rail line that was never finished

"For people who like to get out walking or pushing the stroller or roller blading, we're going to make it more conducive to healthy living with the sidewalk construction and the paving of the abandoned rail line," McLean said.

Next year, the town will also renew a complete stretch of 9th Avenue South from 5th Street West through to where the road ends. This project is expected to be complete by next August.

Administrators hoping for increases in school budgets

By Jo-Anne Procter and Jennifer McFee

Two Stonewall schools are hoping the upcoming budget will include funds for furniture.

Ecole Stonewall Centennial School and Ecole R.W. Bobby Bend School both expect an influx of students as the town continues to grow.

And the growth in school population has already begun. From 2011 to 2014, six classes were added at Bobby Bend School to accommodate additional students. The same number of classes will likely be added at Centennial School over the next several years.

One logistical challenge is that these additional classrooms need furniture and supplies. So far, the money has come from general budgets.

Bobby Bend principal Greg Ross explained to the school board that it costs approximately \$20,000 to set up these classrooms from scratch. In addition, it costs between \$8,000 and \$10,000 to convert English classrooms to French immersion (FI) classrooms to meet the growing demands for the immersion program.

Before the unprecedented growth, schools were able to replace items like chairs on a rotational basis within the budget.

"We would have to budget carefully, but we were able to do the things we needed to do in terms of keeping the furniture up to date and put in systems in classrooms for children hard of hearing and with learning disabilities. The difficulty came when we started to get larger and we had to add additional classrooms," Ross said.

"It becomes difficult if it takes this much money to run our school without any growth, and we have that same amount of money when we are getting larger and we are having to transition from English to FI, something has to give. And basically what gives is you don't have the money to do the furniture replacements and a variety of is to not do those things or to run up some sort of deficit."

The current equipment allotment is approximately \$15 per student. At this rate, it would take 13 years to pay back the funds needed to create an additional six classrooms.

As students begin to transition from Bobby Bend to Centennial, classrooms will need to be converted from areas such as computer labs. Currently, there is not enough furniture to complete this task.

Bobby Bend vice-principal Sascha Epp said they would love for all new future classrooms to be conducive to new learning styles. Ideally, the funds would be in place before they are needed.

"As administrators, we ask that when a new classroom has to be set up that some money be put aside in the budget. We are recommending \$20,000, and that this is something that the board can automatically put in," Epp said." So if we say we have another classroom coming, then that seed money is there to start up rather than us trying to grab and steal from all of our little pockets to make it happen."

Supt. Christine Penner said that schools are moving away from having desks in a row in order to meet the diverse needs of learners.

"We are moving in the direction of where we want to engage all of our kids in the learning and having different ways of having kids physically located in a classroom has a big impact in their learning," she said.

Secretary-treasurer Al Leiman noted that there would be no new funding for the Interlake School Division from the provincial government.

In other Interlake School Division news, Warren Elementary students provided board mem-

things we don't have the money for. Your option bers with a presentation on Passion Projects. These inquiry-based projects focus on subjects that the students are passionate about and want to learn more about. The projects begin with a single question, which branches out to three smaller questions to help answer the main query. Students conduct research for one month to learn more about their topic.

> The next school board meeting will take place on Monday, Jan. 25 at the board office.

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Rockwood resident Tait is encouraging all concerned to attend public hearing Feb. 10

By Natasha Tersigni

The lack of available information and openness surrounding a conditional use application for a portable asphalt plant in the RM of Rockwood has some residents questioning the notification process for public hearings.

Last week, one of Lee Tait's neighbours showed him a letter that the neighbour had received regarding notice of a public hearing for a conditional use application for a portable asphalt plant. The plant would be located on Wayne and Fran Dziadek's property, just north of Gunton near 91 Road North and 6 Road East and would be operated by Maple Leaf Construction. The Dziadeks currently have an excavation operation on their property with a sand and gravel pit.

Tait, who lives near the proposed asphalt plant, did not receive any information regarding the public hearing from South Interlake Planning District (SIPD). When Tait called SIPD to find out why he was not notified by letter, he was told that notices were only mailed out to properties located within 100 metres of the property where the asphalt plant will be located, as outlined in the Provincial Planning Act. Tait is concerned with the proposed asphalt plant and the impact it will have on his family, neighbours and nearby farming operations.

"There are about 15 homes that will be affected by this asphalt plant, with noise and smell coming from the plant and the trucks and loaders driving down the road," said Tait."It is all agriculture land surrounding the plant and the trucks will be going by livestock."

The *Tribune* contacted SIPD, which did not have any details on the hours of operations and days of the week for the asphalt plant operations, the number of trucks that will be travelling to the plant daily and plans for dust control management. The information SIPD does have available is that Maple Leaf was awarded the tender for the re-paving of Highway 7 from Highway 236 to Highway 17, and the road work will be taking place during the 2016 construction season.

"For any additional information, we encourage the public to attend the hearing for the conditional use application," said SIPD acting manager Roberta Van Caeyzeele, who added that all public hearing notices are posted on the SIPD's website regularly.

Tait wants to know how SIPD and the RM of Rockwood expect residents to attend a pubic hearing to gain information and share their concerns if they never knew about to begin with. As well, the meeting is at 10:45 a.m. on a Wednesday, when most of his neighbours are at work.

"They are not giving us any information. They are telling us that we have to go to this meeting, and if people are unaware, how can they attend the meeting?" said Tait, who plans to consult with neighbours and collect input, which he will then relay at the public hearing.

"A lot of these people will not be able to make the meeting, so I am not sure what is going to happen."

The public hearing for the asphalt plant will be held on Feb. 10 at 10:45 a.m. at the RM of Rockwood office.

Woodlands quarry operation gets the green light from council

By Natasha Tersigni

The RM of Woodlands council has had a change of heart regarding Northern Stone Ltd. quarry operations in the municipality.

At the Jan. 14 regular meeting, council voted for the second time in two months about whether or not to grant Northern Stone a conditional use permit for their quarry operation located near Road 86 and Highway 6.

This time, unlike in December, the vote passed with councillors Ila Buchanan, Lorna Broadfoot, Wayne Yule, Orval Procter and Reeve Trevor King voting in favour while Coun. Carl Fleury voted against it. Coun. Gavin Jones was absent from the meeting.

Council members who voted in favour were satisfied with the information that was provided at the public hearing held on Dec. 22, including from Northern Stone owners Geoff and Rick Roy, as well as the response from the public in attendance.

"We are moving in the right direction, and this way, we can get what we are entitled to out of this," said King. Since September 2014, Northern Stone had been operating the quarry without entering into a conditional use agreement or a development agreement with the RM. With no agreements, the company was not paying royalties on the aggregate that they were extracting.

Conditions that Northern Stone must adhere as outlined in the conditional use permit include that Northern Stone enters into a quarry agreement with the RM and that Northern Stone enters into a development permit in accordance with the zoning bylaw. Both parties are currently in negotiations regarding the quarry and development agreements.

One major discussion that quarry conditional use permit sparked for the council was the ability for their public works department to mine aggregate for use on municipal roads and other projects. It was indicated that in the next few months, steps will be taken for the RM to identify sites on Crown land that could be mined for gravel and then to apply for the leases.

"In our attempts to keep the gravel within in the RM, that is the route that we have to go. We need to tie up as many leases as we can so we are the only ones that can (mine)," said Coun. Procter. RM staff have begun the process to apply for mining rights and leases on land within the RM of Woodlands community pasture. Council said that when a new economic development officer is hired, that person should take over and continue with the project.



The Interlake Community Foundation, Inc. "Building for Tomorrow - Today!" The Interlake Community Foundation is accepting: Applications for 2016 Grants

Donations to the Interlake Community Foundation are invested in perpetuity providing a means of building a permanent legacy for local communities. With income generated from the legacy, the Foundation provides grants for charitable projects within the areas of: Town of Stonewall, Town of Teulon, R.M. of Rockwood, R.M. of Rosser and R.M. of Woodlands. Grants are made only to organizations registered as charities with Canada Revenue Agency. Eligible charitable organizations are invited to apply. **Deadline is February 28, 2016.**

For applications and criteria information please visit www.interlakefoundation.ca or call 204-467-5634

Manitoba's 2015 Sustainability Awards Dunnattor, Oak Hammock Marsh among winners

Staff

The province has unveiled the 2015 Manitoba Excellence in Sustainability Award recipients, honouring both private and public organizations who are actively promoting sustainability across Manitoba.

"These awards bring well-deserved recognition to individuals, organizations, communities and businesses that are enhancing sustainability in our province," Conservation and Water Stewardship Minister Tom Nevakshonoff said in a release earlier this month. "Congratulations to these award winners for their hard work, and for taking action and creating awareness of sustainable development."

This year's award for outstanding achievement went to FortWhyte Alive. FortWhyte Alive is an environmental and sustainable living centre that teaches and demonstrates the cornerstones of sustainability. It provides environmental education, natural and cultural heritage programs and outdoor recreation opportunities. FortWhyte Alive has been working to enhance the sustainability of its operations through actions and targets to increase sustainability in energy, emissions and transportation, water use, waste diversion and procurement. The Village of Dunnottar also won the Innovation and Research for Sustainability award.

Dunnottar undertook almost 10 years of research and testing to develop a low-cost, low-maintenance method of reducing nutrients in the effluent being released from municipal lagoons. Following a successful pilot project, a full-scale passive filter using natural media was constructed in 2014 that has met or exceeded all testing parameters.

Oak Hammock Marsh Interpretive

Centre also received an honourable mention for their efforts to increase public understanding of the values of wetlands and encourages public support for their conservation through innovative education and outreach programs.

The centre has welcomed more than two million visitors since it opened in 1993, connecting them with the natural and cultural heritage of the area.

Sigurbjorg Stefansson School in Gimli received the Education for Sustainability award. Education for sustainability has been a key focus at Sigurbjorg Stefansson School and it has participated in the Eco-Globe Recognition Program since 2009.

The school has focused on enhancing the classroom culture by utilizing the natural environment. Successful initiatives include the creation of outdoor learning spaces, an outdoor classroom, a greenhouse and raised crop gardens that create opportunities for hands-on learning.

Other notable award winners include:

• Aki Energy, Winnipeg – action on climate change, air quality and energy efficiency;

Skownan First Nation, Skownan
 sustainability in water and natural area stewardship;

• Lake Friendly, South Basin Mayors and Reeves, Winnipeg – sustainability in pollution prevention and product stewardship;

• Stantec, Winnipeg – champion for sustainability; and

• NorWest Community Food Centre, Winnipeg – sustainable community.

The Manitoba Excellence in Sustainability Awards honour people, projects and ideas that successfully turn the province's principles and guidelines of sustainable development into concrete and lasting achievements.

Veterans Cup scores arena upgrades



TRIBUNE PHOTO BY LANA MEIER A hydration station has replaced the standard drinking fountain at the VMSC and includes an additional outflow at the top for filling water bottles.

By Jennifer McFee

Small arena upgrades go a long way in creating a more enjoyable experience.

The 35th annual peewee hockey Veterans Cup tournament is coming soon. Each year, sponsorships and fundraising efforts pay for trophies, medals and player-ofthe-game awards.

Kent Klimpke, chair of last year's tournament, said fundraising efforts are usually so successful that between \$3,500 and \$4,000 is left in the account after all expenses are paid. These additional funds are rolled back into a project to improve the Veterans Memorial Sports Complex.

The most recent project was the installation of a \$4,000 hydration station. The previous year, the group contributed \$4,000 to install heaters over the home and visitors' benches.

"It's fun when you do these kinds of projects and see the end result," Klimpke said. "If there's anything we can do to pump up our facilities a bit and make them more of a Cadillac, we should be doing these things."

Klimpke encourages everyone to come out and enjoy the Veterans Cup, which features participation from legion members in the opening ceremonies.

"It's quite a nice event," Klimpke said. "We encourage the other teams to come out onto the ice with their jerseys on and make a big splash and make every kid feel good about being a part of this tournament."

This year, the Veterans Cup will be held from Feb. 5 to 7, hosted by Stonewall Minor Hockey.



Expansion planned for Stonewall's Lions Manor

Fourth phase would include up to 65 more life-lease units

By Jennifer McFee

Seniors might soon have additional housing options in Stonewall with a fourth phase planned for the Lions Manor.

Stonewall's Lions Manor currently is home to 123 suites built over three phases starting in 1989. Plans are in the works for up to 65 more one- and two-bedroom suites to be built in an expansion project estimated to cost between \$12 million and \$14 million.

With more than 200 people on the waitlist, the additional suites will provide much sought-after housing for seniors aged 55 and older from Stonewall and surrounding areas.

Board chair Bill Ridgeway explains that the Stonewall and District Lions Club has no control of the manor board besides electing the board members, who all have to be members of the club. Other than that, the board is independent and is not associated with other Lions Manors.

As a life-lease operation, tenants at the Stonewall Lions Manor pay a deposit that is held in trust until they move out or it goes into their estate. The board hopes to keep the life-lease entry at \$60,000 or less. Unlike a condo, tenants do not own their units nor do they pay condo fees. Instead, they pay for rent, as well as for telephone, cable and Internet services.

"A life-lease building is very different from for-profit housing because as board members, unless you live in here, you don't have any cash invested in the building," Ridgeway explained.

"We are basically trustees of the money that is in the life leases as well as trustees in the rent that's paid."

The board has already submitted a request for variances to the Town of Stonewall as well as to the South Interlake Planning District, mainly for permission to build four storeys in the new phase.

If approved, the new phase would include a sprinkler system throughout the entire area as well as a standpipe for a pressured supply of water on each floor to meet the







TRIBUNE PHOTO BY JENNIFER MCFEE

Manor board member and Lions Club president Ralph Sinclair, Stonewall Lions Manor general manager Andre LaFleche and board chair Bill Ridgeway display initial plans to expand the building.

needs of the fire department.

"We're happy to do our due diligence. We're looking at doing our best to maintain the rental rates. The suite sizes and shapes are almost identical to what is here now," Ridgeway said. "The only change would be, in certain cases, making them a little bit more age friendly."

These age-friendly features might include bigger doorways to bathrooms, levers on faucets instead of knobs, and handles on cupboards instead of knobs. The rest of the building is slowly being upgraded to incorporate these changes as well.

Ridgeway also notes that the facility is for independent living and is not a care home. Each unit is self-sustaining with its own kitchen, bathroom and laundry facilities. The Lions Manor also offers a congregate meal program with lunch available five days per week, open to all tenants and anyone else in the community age 55 and older as long as they phone in advance to book a meal.

The facility also has a hospital-style bath that is only used by Home Care providers and their clients at no cost. In addition, all tenants can enjoy the facility's multipurpose room.

In the new wing, space has been allocated for Seniors Resources and their services. Initial designs also included space for South Interlake 55-Plus in the new wing since the renovations can't accommodate the current hall. However, the South Interlake 55-Plus board has decided that they will look to be located elsewhere.



Ralph R. Eichler, MLA for Lakeside **Constituency Office** 319 Main St. Box 1845 Stonewall, Manitoba ROC 2Z0 HOURS: Tues & Thurs

10 am - 2 pm Tel: (204) 467-9482 Website: www.ralpheichler.ca TOLL FREE: 1-800-282-8069 ext 0541 Eadie McIntyre of 55-Plus confirmed that the organization's lease expires in November 2016.

"The board is actively seeking a new home," she said, "and there will be no discontinuance of programs or services provided by the South Interlake 55 Plus."

Similarly, Ridgeway said the Lions Manor will run seniors programs in the multipurpose room for its tenants so they won't lose out on activities that have previously been available to them.

Stonewall Mayor Lockie McLean said the town will try to help 55-Plus find a new home. At the same time, he expressed his support for the Lions Manor expansion project.

"We need seniors housing like every community needs seniors housing. This is the biggest, best news that's hit our community probably since Lions Manor first opened the doors two decades ago," McLean said.

"It's huge, and we're going to do everything possible to help them in any way possible to make this happen. We're very proud of the Lions executive for trying to make this a reality. The day we put the shovel in the ground is a great day for Stonewall and the surrounding RMs. All of our council had a big smile when we met with the Lions and saw what the plans were, and we're huge supporters of the project."

Pending approval for the project, the initial work could begin as early as June 2016 with the first tenants moving in by late 2017.

Stony Mountain Winter Carnival

Parent Advisory Council to host family-fun carnival on Jan. 31

By Natasha Tersigni

The Stony Mountain School Winter Carnival is coming to town.

The school's Parent Advisory Council (PAC) is hosting a family-fun carnival on Jan. 31 from 11 a.m. to 3 p.m. at the school. The event will be jampacked full of activities for all ages including face painting, bouncers, a fun photo booth and, of course, carnival games.

This is the second year in a row that the PAC is hosting the fundraising event. After last year's turnout, the group is hoping for an equally successful day.

"It is a great event with all money raised going back to the school to support the students," said PAC chair Dawn Skrumeda, who added that the event is being held to raise money to purchase classroom audio systems.

"The school has already purchased a few classroom audio systems where the teacher has a microphone clipped to their shirt and their voice is amplified throughout the classroom through speakers. Our goal is to have every classroom outfitted with a system. It is great for when the teacher is speaking to the students and it is also used when the students have to give in-class presentations."

Carnival games will be \$1 each with children being able to claim prizes in exchange for tickets earned while playing. Lunch will also be sold for \$5, which includes a hotdog, drink and chips.

Local author to visit book club

By Natasha Tersigni

Stony Mountain Book Club is hosting author Margaret Riddell at their March 7 meeting. The published author, who was raised in Warren and lived in the community for many years, will be discussing her second novel, *Last Known Whereabouts*.

The novel is described as a haunting account of the kidnapping of a four-year-old girl. Throughout the novel, many individuals come in contact with the child and her abductors. While most of them realize something is not right, no one steps up to help.

"Last Known Whereabouts is not only the story about a child who has been abducted, it is a story about all the people who saw her after the abduction, who might have been able to help and, for various reasons, they did nothing. It is an exploration of the bystander characters," said Riddell.

This will be Riddell's second time speaking at the book club. The first time was in 2013 when she discussed her novel *Wolf River*. Along with speaking about the book's background and themes, Riddell also enjoys hearing from the readers about their opinions on the book.

"It is an opportunity that readers don't normally get to ask the author questions about the book, such as what did you mean by that or what did you get that particular idea from. It gives people a chance to dig into the book a little deeper than they could."

The Stony Mountain Book Club

meets the first Monday of each month at the Summit Café in Stony Mountain. Dinner starts at 6:15 p.m., with book discussions beginning at 7 p.m. For more information on the club or to purchase the latest book, contact Marcia Desmedt at 204-344-5018 or mdesmedt@mymts.net.



TRIBUNE FILE PHOTO Former Warren resident and author Margaret Riddell will be in attendance at the Stony Mountain Book Club on March 7 to discus her second novel, *Last Known Whereabouts*.



TRIBUNE FILE PHOTO

The 2nd annual Stony Mountain School Winter Carnival will be held this year on Jan. 31. The event includes bouncers, face painting and games. All money raised from the carnival will be used to purchase classroom audio systems for the school.

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Hats go on for Teulon Collegiate students

Amendments made to long-standing TCI hat rule

By Natasha Tersigni

Students at Teulon Collegiate Institute (TCI) received a crash course in democracy recently when they were able to convince the school's administration to let them wear hats in the hallways.

With ongoing confrontations between school staff and the students who were breaking the school rule by wearing hats in the school, Grade 11 students Jesse Hancox and Derek Harasymko went to work to amend the age old rule of no hats in school.

The pair began circulating a petition and after collecting the majority of students' signatures. Hancox and Harasymko presented the petition to TCI principal Paul Magnan.

"There was a lot of conflict between students who wear their hats and teachers enforcing the rules, so that is why we went about trying to change the rule," said Hancox, who added that the petition was a way to approach staff in an appropriate manner and it showed that they were serious about the issue.

"The actual rule says no headwear, vet female students and even teachers wear headbands. When we asked why we couldn't wear hats, most teachers would say they are just following the rules because that is the policy."

A series of discussions followed between staff members and a group of male students in grades 9 to 12 re-

Is hosting a

Where:

Why:

garding their concerns over the hat policy.

"Some of the reasons why we are in favour of hats in school is it is part of our style, it boosts are self-esteem if we are having a bad hair day and they are comfortable," said Hancox.

When staff and students returned from Christmas break, they were told there would be a one-month trial period to allow students to wear hats in the school. In order for the hat ban to remain lifted, students have to maintain good grades and attendance. Hats are not allowed in the gym and office. The hat exemption does not yet apply for junior high students.

"To address the respect issue, teachers can decide whether or not they allow hats in their classroom. In hallways and the cafeteria, you can wear hats," said Harasymko.

"Another concern was safety. A staff member spoke on how they want to be able to see students' eyes to make sure they are sober and to see who they are. During tests and exams, hats are not allowed because you could hide something in them."

At the end of January, staff and students will meet to discuss how the trial went and to see if wearing hats in the building will continue. One major aspect of the trial is ensuring that the students keep up with their end of the bargain with their grades and attendance, which is



TRIBUNE PHOTO BY NATASHA TERSIGNI

Teulon Collegiate Institute Grade 11 students Derek Harasymko (left) and Jesse Hancox (middle) were at the centre of helping convince school staff, including TCI Principal Paul Magnan, to lift the age-old ban on hats in school. For the month of January, the school is having a trial to see if wearing hats inside the school will be allowed permanently.

being monitored by staff.

While Magnan knows there is controversy surrounding amending the rule, he said it is the step in the right direction to listening to students and hearing their opinions.

"They came up with a process of how to change something and they did it respectfully. The debate about respect and wearing hats in the build-

ing is something that has been talked a lot about here. It is a challenge, and I think we as a staff have had lots of debate over the issue and there has been lots of debate in town. I don't think everybody agrees. That's OK, but we are giving it a shot," said Magnan.

"If you are going to ask for input from students, you have to be prepared to listen to it. It cannot be all one way."



Kidney donation offers the gift of life

Thomas Dawson of the Interlake received a kidney donated by his co-worker

By Jennifer McFee

An Interlake man has a new lease on life following a kidney transplant nearly two months ago.

Thomas Dawson of Selkirk was diagnosed with a rare chronic auto-immune disease called Wegner's in May of 2013. His constant nosebleeds were diagnosed as sinusitis or a nose infection, but blood work eventually revealed that his kidneys were failing.

"I spent about seven months in the hospital while they basically tried to turn off my immune system because that's what was attacking me," said the 32-year-old.

"They eventually got it turned off after chemotherapy and a new type of drug treating the disease, but by that time, my kidneys were gone."

By October 2013, Dawson had lost kidney function and began dialysis.

"Selkirk has a dialysis centre here, but there's about a five-year waiting list to get onto it so I had to drive into Winnipeg every other day to do dialysis," he said.

"As soon as your kidneys fail, you're automatically put on a list for a donor. In Manitoba, it usually takes an average of about five years for you to receive a recipient."

For living donors, it can take up to a year of testing to determine compatibility. Dawson's dad went through about nine months of testing to become a kidney donor, but he had an angina attack during one of the last tests, leading to quadruple bypass surgery a month later. As a result, he was ruled out as a kidney donor for his son. Meanwhile, Dawson's co-worker at One Insurance heard about the situation and signed up to be tested. She spent about nine months undergoing blood tests, ultrasounds and CT scans, which determined that she was a match.

On Nov. 12, 2015, she successfully underwent surgery to donate a kidney to Dawson, and she is already back at work.

"She's doing really well. She's an amazing person. And it's been pretty fast recovery for me too. I was out of the hospital in four days and my donor was out in two days. From there, you just wait for your scar to heal," he says.

"I'm not supposed to pick up anything more than 20 pounds for the next three months, but other than that, my energy level has done a complete 180 on me. It's amazing now. As soon as you get out of surgery, you feel the difference."

The new kidney will likely last about 20 years and then Dawson will probably need another transplant. There is also a slim chance that his disease could return, since there is no cure for Wegner's.

Although he's been through a lot in the past few years, Dawson credits his wife Danielle for her strength in the situation.

"I think my wife has maybe been through more than me because my first son, Cohen, was three months old when I first got diagnosed," he said. "She had help from her parents and my dad during that stressful time. She came into the Health Sciences Centre every day, however, to visit me for as long as she could."

Adding to the family, the couple recently welcomed their second son, Isaac, who was born on Jan. 9.

As a board member for the Manitoba branch of the Kidney Foundation of Canada, Dawson encourages everyone to sign up to become organ donors at www.signupforlife.ca.

He also stands behind the organization's push for a new presumed consent law, which would mean that people would automatically be considered organ donors when they die unless they



TRIBUNE PHOTO SUBMITTED Kidney transplant recipient Thomas Dawson, shown here with his wife Danielle and son Cohen, encourages others to consider organ donation.

opt out before death or if their families don't want them to be donors.

"I think presumed consent is definitely something that could alleviate the stress that is put on the hospital system," he says. "It seems like across the country, dialysis centres are all always full."

In another initiative, the provincial government is currently implementing a new policy that will allow organ donation after cardio-circulatory death. As a result, donation rates are expected to increase by 20 to 25 per cent. Kidneys are the most common organ donated after cardiac death, and they are also the highest-demand organ in Manitoba and across the country.

For Dawson, he can attest to the importance of organ donation. With a renewed zest for life, he plans to live every moment to its fullest surrounded by his wife and two sons.

"Dialysis puts your life on hold. I was on dialysis for about three years, and I basically couldn't do much. You don't have energy to function throughout the day," he said. "I'm looking forward to getting my life back on track."



Teulon United Church

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Phone 886-2382

teulonpastoralcharge@mymts.net

Stonewall United Church

369-1st Ave. N., Stonewall

Service and Sunday School

Sundays 10 a.m.

Phone 467-5469 (office)

www.stonewallunited.ca

Interlake Full

Gospel Assembly

Teulon

Sundays at 11:00 am

Phone 886-2680

New Life Church

Sunday Service 10:30 a.m.

Sunday school 9:30 a.m.,

Teulon 886-3269

St. John Vianney

Catholic Church

5th Ave SE Teulon

Phone 467-9016

Sunday Mass 11:30 am

St. Peter Lutheran Church

Sunday Service - 9:45 am

3rd Sunday is a 10:00 Service

PTH #7, Teulon 886-2159

Anglican Church

of the Ascension

9:00 am - Traditional Service

10:15 am - Choral Service & Sunday School

9:30 am - Wednesday Morning Prayer

435 1st Ave. N., Stonewall Phone 467-8466 (office)

Grosse Isle and Rosser United

Church Services

Rosser Sunday 9:45 am

Anglican Parish of

St. Cyprian

Sundays at 11:00 am

60-2nd St. S.E. Teulon

Phone 886-3203

Lilyfield United Church Rd. 68 & Sturgeon Rd. Service 9:30 a.m. Phone 344-5426

Sunday Hymn Sing 10:00 a.m. Sunday Worship 10:30 a.m. at Sunova Auditorium, Quarry Park Interpretive Centre, Stonewall Phone 467-2870 www.alivefamilychurch.ca

Warren & Meadow Lea United Church Services Joint Services Alt. Sundays at 10:30 am Call 322-5752 for location of service.

New Life Church Sunday Service 9:00 & 10:45 a.m. Sunday Morning Classes 9:00 a.m. - All Ages 10:45 am - Nursery - Gr. 4 Childcare for Nursery School to Gr. 4 1 km East on Hwy 67, Stonewall Phone 467-5529 (office)

Woodlands Gospel Chapel Service 7 p.m. Sundays

Hwy 6 + Rd 82, Woodlands Phone 467-5109

Cornerstone Pentecostal Church Sunday Worship & Sunday School 10:30 am Youth Nights - Sundays 6 pm Thursday Bible Study & Kids Club 7 pm 308 2nd Ave. N., Stonewall Phone: 467-9797

Christ Church Anglican 97 School Rd, Stony Mountain Service 10:15 am Phone 489-4847 or 344-5220

> Christ the King Catholic Church Sunday Mass 10:00 a.m. 315-2nd St. E., Stonewall Phone 467-9016

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Community decisions

Two weeks ago an important town council meeting was held to settle the rezoning issue from a request by the Association for Community Living (ACL) to establish a group home in a newer part of Stonewall. It was an issue that quickly stirred the community. Regardless of the viewpoint you supported, the forum that brought people on both sides of the matter to voice their input was done with respect.



Every now and then leadership is tasked with important decisions to maintain unity within the group while moving the group forward. The input of everyone is needed so that well-informed decisions can be made. These are community decisions.

These past few weeks reminded me of the issues that faced the early church. The expansion of Christianity into Gentile lands was a result of a very important council meeting that included the input of everyone. In Acts 15 the central issue that faced the church was whether Gentiles had to keep the Jewish law of circumcision and obey the Mosaic Law to be included in the community. This issue had potential to stop the momentum of the early church.

It was no easy decision, but the leadership of the church (apostles and elders) invited the input of everyone. At the Jerusalem Council opinions were voiced on both sides of the matter. Stories were shared of God's work. After hearing everyone, the Jerusalem Council set new policies to guide future decisions for the group. Unity in the community was maintained, and Christianity moved forward because of that important council meeting.

Within a community there will always be matters to settle. Deal with the issues, but always remember to respect the person whether they agree with you or not. God calls you to love others, to be at peace, and to live in unity. As Jesus said: "do to others what you would have them do to you" (Matthew 7:12). And kudo's to the Stonewall Council for allowing input by the people and in handling a delicate issue very well!

John Harrison Executive Pastor New Life Church, Stonewall http://johnharrison1.blogspot.com

Balmoral United Church Sundays 9:30 am Phone 886-2382 teulonpastoralcharge@mymts.net



St. Joseph's Roman Catholic Church Sunday Mass 8:30 am Stony Mountain Phone 467-9016



Church of the Annunciation Woodlands Service 12:00 noon

To participate in this monthly section please call 467-5836

Spontside > UPSIDE DOWN

Jets earn huge win over Hawks

By Brian Bowman

The Stonewall Jets proved, once again, that they can play with the big boys of the Manitoba Major Junior Hockey League.

Stonewall split a pair of games against the league's elite last weekend, losing 4-1 to the first-place Raiders Jr. Hockey Club on Friday in Winnipeg and then edging the third-place Charleswood Hawks 3-2 at home Sunday.

In the win over the Hawks, Branden Meier scored the eventual game winner at 3:25 of the third period. That goal gave the Jets a 3-1 lead but Tyler Morwick quickly made it a one-goal game once again when he tallied just 2:11 after Meier's marker.

Morwick scored the lone goal in the first period and then Stonewall's Robert Smith netted his team-leading 16th goal of the season early in the second.

Ryan Miskiewicz gave Stonewall its first lead of the game at 2:35 of the

third.

Stuart Fleury made 34 saves for the win. He now has a 7-7-2 record with a 3.20 goals-against average and .903 save percentage.

Stonewall started last weekend with a 4-1 road loss to the first-place Raiders Jr. Hockey Club on Friday in Winnipeg.

Eli Batt and Chayce Viczina put the Raiders up 2-0 in the first period and then Blake Dasilva and Tanner Magalas made it 4-0 early in the second with his 24th goal of the season.

Brett Meilleur put the Jets on the board with a power-play goal at 8:06 of the middle frame. Garrett Bruce and Mackenzie Johnson drew the assists.

Stonewall, now 15-14-2 and in sixth place, has just one game this week. The Jets will play at the second-place Pembina Valley Twisters (20-8-3) on Saturday.

Game time is 8 p.m.

TRIBUNE PHOTO BY LANA MEIER

The Jets' Branden Meier scored the game winner in Stonewall's 3-2 home win over the Charleswood Hawks last Sunday.

Locals perform well at indoor track and field meet

By Brian Bowman

Local high schools had several great performances at the High School Series #1 indoor track and field meet at the University of Manitoba on Jan. 11.

The Warren Collegiate track club had a great start to their season despite a tremendous number of athletes in attendance from across the en's shot put with a throw of 9.30m. province.

Josh Granberg was outstanding in the senior men's triple jump, finishing second after landing at an impressive 12.39 metres.

On the women's side, Samantha Jamison was third in the varsity womJulie Sprague was fifth (8.58m) in the same competition.

The Wildcats' Breanna Fallis ran a great 1500m race, finishing seventh with a time of 6:05.59.

The Stonewall Collegiate Rams' Amber Schneider, meanwhile, was also very good at the meet.

She placed a solid fourth overall in the junior women's 1500m run after a time of 5:29.21.

Schneider also placed 11th in the junior women's 60m dash, finishing with a time of 8.79 seconds.



Interlake curlers to compete at Scotties this week

By Brian Bowman

There will be no Jennifer Jones at this week's Scotties Tournament of Hearts, but there will still be a bevy of talented curlers.

And some of those curlers are from the Interlake.

Gimli's Kerri Einarson, who curls out of East St. Paul, is the No. 2 seed and should have high expectations at this year's Scotties. Einarson has lost the last two provincial finals and is considered a favourite to make a deep run at this year's provincials.

Marquette's Brandi Oliver plays fifth on Dauphin's Lisa Menard rink while Vanessa Foster of Arborg is the second on Darcy Robertson's Rossmere

rink. Joelle Brown's Assiniboine Memorial team includes Lindsay Baldock of Balmoral.

Those are some real good curlers.

But one great curling team won't be at this year's Scotties.

Jones's St. Vital rink will be Team Canada at this year's nationals, meaning she will not be competing at the provincial championship in Beauseiour.

That leaves it wide open for such teams like Granite's Kristy McDonald, the top seed, Barb Spencer (Assiniboine Memorial) and Michelle Montford (Assiniboine Memorial) to win this year's provincials.

Action began Wednesday at the Sun

Gro Centre and will continue through Sunday. The final is slated for 1:30 p.m. and will be broadcast live on Sportsnet.

The top 16 women's teams in Manitoba will be competing to represent our province at the 2016 Canadian Scotties Tournament of Hearts in Grande Prairie, Alta. from Feb. 20-28.

Here are the pools for the teams' seven-game round-robin:

"Asham" Black Group

Shannon Birchard - St.Vital Joelle Brown - AMCC Kim Link - East St. Paul

Christine Mackay - Fort Rouge Kristy Mcdonald - Granite Michelle Montford - AMCC Terry Ursel - Neepawa Mackenzie Zacharias -Altona

"Extreme Force" Red Group

Kerri Einarson - East St Paul Janet Harvey - Granite Lisa Menard - Dauphin Cathy Overton-Clapham-Fort Rouge Chervl Reed - Brandon Darcy Robertson - Rossmere Jennifer Rolles - Burntwood Barb Spencer – AMCC

Thistles prick Lightning twice in Teulon

By Brian Bowman

In a season full of struggles, the Interlake Lightning Midget Provincial hockey team has had its share of games that they would like to forget.

Last weekend definitely had two of those games.

The Kenora Thistles came to Teulon and rudely pricked the Lightning twice in lopsided fashion. Kenora won 7-3 on Saturday evening and then trounced Interlake 10-3 on Sunday afternoon.

In Sunday's loss, Kenora led 5-3 in the third period when it turned a close game into a rout with five goals in just over 16 minutes.

Codey Beaulieu scored a pair of power-play goals for the Lightning while Dylan Furgala tallied with the man advantage and also had an assist. Karson Collins finished the game with two assists.

Jarod Price (three), Devon Krolyk

(two), Matthew Pitchenese (two), Trey Palermo, Adam Withers, and Brendan Martin scored for Kenora.

On Saturday, Interlake took a 1-0 lead just 12 seconds into the game with a Riley Vautour goal.

Palermo tied the score late in the period and then Withers and Martin gave the Thistles a 3-1 lead after 40 minutes. In the third, Beaulieu and Vautour scored for the Lightning but Withers, Skylar Lentz, Pitchenese and Martin replied for Kenora.

With the two losses last weekend, Interlake is now mired in a 12-game losing streak. The Lightning's last win came on Dec. 5 when they defeated the Thistles 7-5 in Kenora.

The Lightning (7-26) will continue their six-game homestand by hosting the high-flying Eastman Selects (32-0-0-1-1) on Friday (7:30 p.m.) and the Pembina Valley Hawks (5-25-0-1-1) Sunday (2 p.m.).

Lightning lose in City Midget, Bantam action

By Brian Bowman

The Interlake Lightning Bantam hockey team had a rough couple of days last week.

Interlake was defeated 10-1 by the Winnipeg Hawks last Thursday and then was downed 9-4 by the Rangers just two nights later.

No goal scorers were available from the Rangers' game.

Against the Hawks, Emmitt Farebrother scored the Lightning's lone goal in the first period, assisted by Kai Studler and Zak Barkman.

Brody Lubkey (two), Mikol Sartor (two), Josh Berger (two), Adam Stewart, Kaden Bryant, Andrew Hopko and Zachary Parkinson scored for the Hawks.

The Lightning hosted the Pembina Valley Hawks Monday in Stonewall and then played the Monarchs last night at the MTS Iceplex but no scores were available at press time.

Interlake will then host the Selects

next Thursday in Stonewall. Game time is 7:15 p.m.

In City Midget action, the Lightning dropped a pair of games last week.

Interlake was defeated 3-1 by the Eastman Selects on Jan. 13 and then was downed 6-2 by the Winnipeg Hawks on Sunday afternoon.

No goal scorers from the Hawks' game were posted on the league website at press time.

In the loss to the Selects, Ethan Daniels gave the Lightning a 1-0 first-



period lead with his 10th goal of the season, assisted by Brandon Abraham and Nolan Tonn.

goals from Cole Dekoninck and Troy Beauchemin just over four minutes later.

Devon Weimer then added a goal late in the third. will Interlake

But the Selects came right back with

play the Winnipeg Sharks Friday Interlake School Division is looking for individuals to



Interested individuals must be 16 years of age and attend a 3 hr clinic. There will be no cost for the clinic. The clinic will be held on Wednesday, January 27 at **Stony Mountain School from** 6:00 pm until 9:00 pm.

Games will be held throughout all the Division's Middle Years' Schools. Once certified, referees will be paid \$25 per game. Mileage will be extra depending on your distance from your community to the community you are refereeing in.

If interested in attending please reply via email to mblahut@isd21.mb.ca.

at Gateway Arena (8:30 p.m.) and then will battle the Winnipeg Warriors the following evening (5 p.m.) at Notre Dame Arena in Winnipeg.

Flyers earn two more MSHL wins

By Brian Bowman

The Stonewall Flyers are making their move to the Manitoba Senior Hockey League look easy.

Stonewall picked up two more wins last week - outscoring the Gimli Wolves 11-8 on Jan. 12 and then defeating the Beausejour Beavers 5-2 last Saturday.

In the Beavers' win, Cale McBride and Adam Kirk gave the Flyers a 2-0 first-period lead. After Zak Tabin and Chris Stelmack tallied to tie the score at 2-2, McBride put Stonewall up for good at 17:54 of the second.

Dale McClintock and Regan Stire then added goals late in the third.

Justin Harris earned the win in goal. Stonewall started the week with the wild three-goal win over Gimli.

Gimli led 4-1 after the first period but gave up eight goals in a 12:23 span in the second.

Brock Couch led the Flyers with three goals and an assist. Ryan Elliot (two), Cody Danylchuk, Stire, Patrick Dawson, Connor Appleyard, Matt Varnes and Barrett Schlag scored Stonewall's other goals.

Steve Johnson (two), Trent Genyk, Wes Pawluk, Myles Nykoluk, Seekings, Chris de la Lande, and Brock

Genyk scored for Gimli.

Tyler Chatfield made 39 saves for the win.

Stonewall is now 10-1 and in first place in the five-team league, eight points ahead of both Gimli (6-5) and Lac du Bonnet (6-5).

The Flyers will look to improve on their record Saturday when they visit the last-place Lakeside Phantoms. Game time is 8 p.m.

In South Eastern Manitoba Hockey League play, the Warren Mercs lost a pair of games last week.

On Sunday, Warren was edged 5-4 by the Winkler Royals.

Craig Cornelsen scored the eventual game winner at 17:25 of the third period to put Winkler up 5-3. Warren's Clifford Ketchen made the game interesting, however, when he tallied with just 27 seconds left in regulation time.

Scott Delong (two) and Colton King scored Warren's other goals.

Mitch Doell, Mark Hildebrand, Logan McGuire and Marlin Froese replied for Winkler.

On Jan. 13, the Mercs were doubled 8-4 by Notre Dame. The Hawks led 4-0 after the first period and 6-1 midway in the game.



TRIBUNE PHOTO BY LANA MEIER

The Flyers' Brock Couch led Stonewall with three goals and an assist during his team's 11-8 win over the Gimli Wolves Jan. 12.

Reid McLeod, King, Brenden Luschinski and Brady Nichol scored for Warren.

Jefferies tallied for Notre Dame.

The Mercs travel to Altona tonight and then the two teams will hook up Saturday in Warren. Both games start at 8 p.m.

Jason Yuel (three), Darcy Favell (two), Jeff Clark, Nicolas Chanel and Cale

High school hockey all stars



TRIBUNE PHOTO BY LANA MEIER

Grade 10 students Annaliese Meier (left) and Keyanna Lea (formerly of Riverton) were recently selected to play in the Winnipeg Women's High School Hockey League All-Star Day at the MTS Iceplex last Sunday. The girls were two of 36 from Grades 9-12 chosen by the league to play in the signature event, showcasing some of the most skilled and talented female hockey players in Manitoba. Meier, who plays for the College Sturgeon Heights Huskies, was named first star of the game while Lea, of the Kelvin Clippers, was named the second star. Also participating in the all-star game was Kevara Lea.

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Rams fly past Eagles for first league win

By Brian Bowman

It took a whole lot longer than they would have liked, but the Stonewall Collegiate Rams' hockey team finally celebrated a league victory last week.

The Rams had an outstanding effort in a solid 2-0 win over the St. John's Ravenscourt 1 Eagles in Platinum Promotions Division action Jan. 13 in Stonewall.

"It's nice to get a win at any point of the year," said Rams' head coach Kyle Nixon. "These kids haven't quit, they've been committed, and still work hard despite really struggling offensively.

"They were excited, which was nice to see."

Seth McMahon scored a first-period goal for the Rams and then Ethan Mc-Mahon struck on the power play in the second period.

Ryan McMahon, Carson Ouellette, and Brendan Labossiere each picked up assists.

Curtis Beck earned the shutout and continues to play very well for the Rams this season.

"For a team that has struggled to win, he's been our best player," Nixon said. "He's the reason that we have been in as many close games as we have been."

The Rams did not have too much time to celebrate that win, however,

as Stonewall was defeated 3-1 by the Garden City Fighting Gophers the following day in Winnipeg.

"Whatever we had left in the tank, we put it out there (against Garden City)," Nixon said.

Logan Furkalo gave the Rams a 1-0 first-period lead, assisted by Ryan McMahon and Austen Ewanek, but Garden City's Jalen Richard tied the score late in the second.

The third period saw Garden City pull out the comeback with goals from Dallis Dubnicoff and Rhys Morris. Morris' goal came on the power play with 4:16 remaining.

Despite the loss, Nixon saw a lot of good things from his hockey club.

"I feel if we would have had the same energy as the day before, while I would never predict a win, I think it would have given us a better chance," said the Rams' head coach.

Stonewall will host Vincent Massey on Friday (4 p.m.) and then the same two teams will battle next Wednesday. The Rams will then host River East on Jan. 29.

The Warren Collegiate Wildcats, meanwhile, played the Fort Richmond Centurions this past Monday in Price Division action but no score was available at press time.

On Jan. 12, Warren whipped the SJR 2 Eagles 8-0.



TRIBUNE PHOTO BY JO-ANNE PROCTER

It was a team effort keeping the puck out of the net and giving goaltender Curtis Beck an overdue shutout at home when the Rams defeated SJR 1 2-0 on Jan. 13. The win moves the team up one position in the Platinum Promotions Division of the Winnipeg High School Hockey League.

Taylor Radley and Koby Carriere each led Warren with two goals and an assist while Jayden Allary also tallied twice.

Wyatt Hagen had a goal and an assist and Trey King also scored. Riley Atchinson-Harden posted the shutout.

Warren will play Pierre Elliot Trudeau this coming Monday and then will battle Linden Christian two days later.

Wildcats shoot down Hawks

By Brian Bowman

It may be brutally cold outside, but the Warren Wildcats varsity boys' basketball team was red-hot during Monday's lopsided win over the St. Laurent Hawks.

Led by shooting guard Bailey Baldwin's 47 points off the bench, Warren whipped St. Laurent 102-40 in exhibition action. Baldwin, a senior, shot the lights out in the lopsided victory.

"It was a good team game like we usually play," said Wildcats' coach Kevin Magura Tuesday morning. "We rolled two lines and kind of just tired them out."

The victory improved Warren's record to 8-3 on the season. Two of those losses came against Steinbach and Killarney, the top two "AA" schools in the province.

"We're doing pretty good so far," Magura said. "It's been an average start."

Magura said the talent on this year's varsity boys' team allows him to effectively run two lines of players. That means bench players see plenty of court time in most games.

"That's one of my biggest challenges as a coach," Magura noted. "Making sure everyone gets fair playing time. In 60 to 75 percent of our games, (our bench players) will play as much as the first line. It's pretty even playing time."

Warren does not have a whole lot of league action this year, said Magura, but the Wildcats will be busy this weekend at a Ste. Anne tournament.

Warren will have an opportunity to play No. 1-ranked Steinbach once again in the first game of the tournament.

"That will be fun," Magura predicted."I'm looking forward to it and getting another shot at them.

Meanwhile, the Wildcats' home tournament at the end of this month has been cancelled. Warren will use the next month to get ready for their zone playoffs, which will take place Feb. 24.



TRIBUNE PHOTO BY JO-ANNE PROCTER

The Wildcats' varsity boys' coach Kevin Magura reviews a play during Warren's 102-40 victory over the St. Laurent Hawks this past Monday.



Saints lose third-place game at varsity girls' home tournament

By Brian Bowman

The Teulon Saints lost 69-45 to the Elton Sabres in the third-place game of their home tournament last Saturday.

Teulon began the tournament with a solid 55-44 win over Steinbach Christian but then was defeated 50-44 by the Boissevain Broncos.

The Neepawa Tigers later defeated Boissevain 66-49 to win the tournament title. Neepawa reached the finals by beating Elton 56-39 in the semifinals and the St. Laurent Hawks 82-20.

Boissevain also defeated the Morris Mavericks 55-50.

Meanwhile, the Gimli Lakers beat the Mavericks 62-42 to win the consolation final. Gimli had lost to Elton 71-53 but defeated St. Laurent 73-49 in the B-side semi-final.

Teulon's Kyra Wiebe was named a Kletke Seed Farm all star along with Gimli's Mackenzie Groot, Isabelle King (Elton), Brooklyn Meruer (Boissevain) and Dani Hanke (Neepawa).

The tournament MVP was Joanna Plaza from Neepawa.

At the Gimli varsity boys' tournament, Teulon was defeated 102-26 by Ste. Anne and then was edged 61-59 by Powerview.

Gimli lost 56-34 to the Selkirk Royals in the championship game Saturday evening.

Selkirk jumped out to a commanding 22-2 lead and cruised to the 22-point win.

Gimli started the tournament with a convincing 50-26 win over Powerview and then edged Roblin 42-39.



TRIBUNE PHOTO BY JO-ANNE PROCTER Teulon's Kyra Wiebe with the ball was named a Kletke Seed Farm all star.

Rams fall to the Warriors Rams send Saints marching



TRIBUNE PHOTO BY STEPHANIE DUNCAN The SCI Rams' Scott Yeo goes up for a basket during the junior varsity boys 60-33 loss to the Westwood Warriors on Jan. 14.



TRIBUNE PHOTO BY JO-ANNE PROCTER The Rams' Amber Schneider scored 18 points in her team's come from behind 40-39 victory over the Portage Saints at SCI on Jan. 5.

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Stonewall Teulon

bales of hay. Asking \$25/bale. Call 204-467-5078 or 204-461-0722. NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Jean Margaret Renauld, late of the Town of Stonewall, in Manitoba. deceased. All claims against the

above estate, duly verifi ed by Statutory Declaration, must be

filed with the undersigned at their of-fices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 29th day of February, 2016. DATED at Stonewall, Manitoba this 13th

day of January, 2016. GRANTHAM LAW OFFICES Solicitor for the

Fresh honey for sale. Ph 204-461-1267. Executrix

PROGRAM COORDINATOR

The STAR (Southwest Teens At Risk) Program is looking for a dynamic individual with diverse skills to casemanage at-risk youth within the Southwest Interlake region to fill the position of Program Coordinator. This position will be a full-time, term position (August 1st 2016 - June 30th 2017). Our ideal candidate will have a BSW or an equivalent combination of education and experience. Familiarity with multi-agency initiatives, experience in working with at-risk youth and an administrative background will be considered an asset. You must have valid Criminal Records and Child Abuse Registry checks. The successful candidate will be required to undergo an enhanced law enforcement security screening. Resumes will be accepted until 4:00 pm, Friday February 5th 2016. Please forward your resume to:

Danelle Guenther, STAR Program 404-3rd Ave. South, P.O. Box 903 Stonewall, MB R0C 2Z0 danelle.guenther@rcmp-grc.gc.ca



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RURAL MUNICIPALITY OF ROCKWOOD UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

RM OF ROCKWOOD BY-LAW NO. 19/15 Being an AMENDMENT to the RM OF ROCKWOOD ZONING BY-LAW NO. 17/09, as amended.

DATF & Wednesday, February 3, 2016 TIME: 10:00 am

GENERAL INTENT:

To re-zone Pt. E 1/2 Sec. 11-13-2 EPM in Stony Mountain from "UH" Urban Holding Zone to "RS-1" Residential Single Family Zone as shown outlined in a heavy dashed line on the map below.

AREA AFFECTED:



FOR INFORMATION CONTACT:

Roberta L. Van Caeyzeele, Acting Manager South Interlake Planning District, 285 Main Street, Stonewall, Manitoba, ROC 2Z0 Phone: 204-467-5587

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken therefrom, upon request.

Note: Property Owners are responsible for notifying lessee

NOTICE OF PUBLIC HEARING BY THE MUNICIPAL BOARD OF MANITOBA

RE: RURAL MUNICIPALITY OF WOODLANDS BY-LAW NO. 2661/15 (MUNICIPAL BOARD FILE NO. 15E8-0041)

PUBLIC NOTICE is hereby given, under the provisions of The Municipal Act, S.M. 1996, c.58 and The Municipal Board Act, R.S.M. 1987, c. M240, that The Municipal Board will hold a public hearing for the purpose of hearing any presentations in objections to or in support of the proposed By-law. The public hearing will take place on Thursday, February 18, 2016 at 7:00 p.m. at the Woodlands Recreation Centre, 33 Solvason Avenue, Woodlands, Manitoba.

The By-law proposes to authorize the following to the existing Woodlands Lagoon: Construction of a new lagoon primary cell, rerouting the forcemain into the new primary cell, constructing a truck turnaround and spillway, upgrading existing access road approach, perimeter ditching, raising existing lagoon cell dikes, installing intercell and discharge piping. The estimated cost of the project is \$1,800,000.00. The Municipality is to receive funding from the Manitoba Water Services Board in the amount of \$900,000,00 and the balance of \$900,000.00 is to be borrowed by the Municipality.

A copy of the By-law is available for review at the Municipal Office and at the Municipal Board.

In addition, the Board requires that any party who intends to submit as evidence at the hearing any written material or other documents, shall file four (4) copies of that material with the Board and one (1) copy with the Municipality for public review, at least 10 working days prior to the hearing.

If a party wishes to have service in French, or requires assistance because of a disability, they must notify this office 15 days prior to the hearing.

Dated at Woodlands, in Manitoba, this 7th day of January, 2016.

Rose Gibbons Secretary The Municipal Board 1144-363 Broadway Winnipeg MB R3C 3N9

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Announcements

Memories keep you ever near; Silent thoughts of time together, Hold memories that will last forever. -Love Keith and family

ANNOUNCEMENT

IN MEMORIAM

Shawn Nelson May 15, 1973 - January 21, 1995 In loving memory of our dear son, brother and uncle who passed away 21 years ago Feel no guilt in laughter, He'd know how much you care; Feel no sorrow in a smile, That he is not here to share. You cannot grieve forever, He would not want you to; He'd hope that you could carry on, The way you always do. So talk about the good times, And the way you showed you cared; The days you spent together, All the happiness you shared. Let memories surround you, a word someone may say,

Will suddenly recapture a time, an hour, a day. That brings him back as clearly as though he were still here.

And fills you with the feeling that he is always near.

For if you keep those moments, you will never be apart.

And he will live forever locked safely within vour heart.

-Forever loved and missed by Mom, Dad, Shannon, Devin, Dustin and Jairus

ANNOUNCEMENT **IN MEMORIAM**



Byron Morton March 17, 1944 - January 20, 2014 May the winds of love blow softly, And whisper so you can hear; We'll forever love and miss you, And wish that you were here. For all that life has given us, And all that's left to do; We'll know no greater treasure, Than the days we had with you. Rest In Peace.

> -Lovingly remembered by Rita and family

God saw her getting tired,

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But her fight was not in vain;

And freed her from the pain.

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A cure was not to be;

Her spirit did not bend;

Until the very end.



OBITUARY

Kenneth Robert MacLeod Passed on January 5, 2016

Peacefully with his family by his side, Dad passed away at the age of 89 years at Misericordia Place.

Lovingly remembered by his family Gail (Greg Tretiak) - Tory, Michael; Jocelyn - Samantha, Nate; Craig (Dawn) - Casey, Reid; Rana (Ron Pearce); Jay (Robin) - Jada, Raegan; and grandson James Gallagher (Stephanie) - Kobe, Anika, Kyran, Declan as well as the Peppler in-laws - Gerry (Bev), Gerry, Emily and many nieces and nephews. Dad was predeceased by Mom (Terry Peppler) in 2009 and his youngest daughter Beryl (Gallagher) in 1984.

Born (January 2, 1927) and raised in Edmonton, the youngest of eight, Dad was very active in athletics especially loving boxing and basketball, and was perhaps the Edmonton Eskimos biggest

fan. Dad joined the TD bank directly out of high school and it was at one of his early postings that he met Mom. They married in 1953 and raised six children through nine moves across Saskatchewan and Manitoba. No matter where they called home Dad would become involved in community events coaching sports and involvement with service clubs and many lifelong friendships were made in all the communities. He even found time to golf and garden. He will be remembered by all who knew him as a family man, a generous man and a gentleman.

Upon retirement from the bank, he convinced Mom to keep house for Rana and Jay.... in San Diego... as they studied golf management. There he and Mom enjoyed the sun and milder temperatures and he discovered a new hobby, garage sales. Upon returning to Canada, they settled in Stonewall and Dad continued gardening, woodworking and supporting his grandchildren's many sporting and musical interests. You could always count on Dad for a spirited game of cribbage, a game that he proudly taught his grandchildren. What a busy full life he had!

We all smile when remembering Dad's sense of humour and his dry witty comments. Even though in the last few years when dementia took away more and more of his memories, sparks of that dry wit would shine though and bring a smile through the tears. Dad, to us, you will always be "eleventy-two".

The family would like to thank the staff of Misericordia Place, especially the Rosewalk staff for their loving and compassionate care they provided Dad in the last three years.

Cremation has taken place and a family interment will take place in the spring.

In lieu of flowers donations can be made in Dad's memory to the Canadian Diabetes Association: 200-310 Broadway, Winnipeg, MB R3C 0S6; Misericordia Health Centre Foundation: 99 Cornish Avenue, Winnipeg, Manitoba R3C 1A2; or the Alzheimer Society of Manitoba: Unit 10 - 120 Donald St, Winnipeg, MB R3C 4G2.

OBITUARY

MACKENZIE FUNERAL HOME STONEWALL (204) 467-2525 • info@mackenziefh.com





Marilyn Jean Smith December 23, 1949 – January 15, 2016

It is with great sadness, January 15, 2016 Marilyn Jean Smith passed away peacefully at home.

Marilyn is survived by her loving husband Ray Smith; children Wesley (Karen) Franklin, Ivol (Joyce) Franklin, Alfred Smith, Gillian (Darrell) Giesbrecht, Angela (Paul) Kuchma; sister Judy (Barry) Soura; grandchildren Nicolas, Zachary Franklin, Samantha, Jocelyn, Larissa Giesbrecht, Mason Smith; brotherin-law, Brent (Pat) Smith; nephew Scott Soura; niece Julie Smith; great nephew Austin.

Marilyn was born on December 23, 1949 at Hudson Bay, SK to Ivol and Eva Smith. She lived a full and rewarding life. She raised

her family in Stonewall, MB with Ray where she enjoyed farming, nature, and the simple pleasures of life. Marilyn will be sadly missed and fondly remembered by all. Cremation will take place at Marilyn's request and a celebration of life will be announced at a

later date.

In lieu of flowers donations can be made in Marilyn's Honor to the Heart and Stroke Foundation, 200-6 Donald Street, Winnipeg, MB R3L 0K6.

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Announcements

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OBITUARY



Ruby Evelyn Hogg

After a long and productive life, Ruby Hogg, formerly of Warren passed away on Sunday, January 10 at the age of 100. She was the last survivor of the 14 children of Matthew and Susannah Nichol, a pioneer family who farmed just west of Warren.

Ruby was a traditional farm wife, working alongside her husband Bruce following their marriage on December 6, 1934. Their 68 year partnership lasted from the hard years of the Great Depression to a long retirement in which they enjoyed travelling and visiting with their many friends.

Ruby was very focused on her family beginning with her brothers and sisters, through her children Donna (Ernie Webb), Bruce (Pat) and Glenn (Margaret) and later her eight grandchildren and nine great-grandchildren. During her many years on the farm

with Bruce she sewed, gardened and cooked with notable success but still had time to participate in the Women's Institute, Red Cross and Warren United Church.

Retiring into Warren, Ruby and Bruce wintered in Texas and British Columbia. After she suffered a serious stroke in 2001, they lived in Oakview Place in Winnipeg. Following Bruce's death in 2003, she moved to Rosewood Lodge in Stonewall where she greatly appreciated the visits of her family. At her request, cremation has taken place and there will be no formal funeral.

The family would like to thank the staff of Rosewood Lodge for their excellent care of our mother, grandmother and great-grandmother in her declining years.

In lieu of flowers, donations may be made to Rosewood Lodge or Warren United Church.

OBITUARY

Michael Shalagan March 17, 1938 – January 17, 2016

On January 17, 2016, Mike Shalagan passed away at Teulon Hunter Memorial Hospital at the age of 77, surrounded by his wife and family.

He is survived by his wife Faye of 47 years and five children; Brenda (Blaine), Karen (Rick), Nikki (Chris), Carol, John (Carrie). He also leaves behind 10 grandchildren; Jenn, Michael, Jess, Lilly, Ryan, Olivia, Tucker, Alexandra, Brent and Cassidy. His brother-in-law Wayne (Brenda) Hamaberg and numerous nieces and nephews.

Mike was predeceased by his parents John and Mary Shalagan, brother Andy Shalagan, grandson Trent Chartrand, in-laws Roger and Lillian Hamaberg and sister-in-law Kathryn Smaldon.

Mike lived doing what he dreamed of and loved farming. In 1967 he bought his homestead where mom and him still resided. In 1968 he married his love of his life Faye and started a family.

He took great pride in teaching his children and grandchildren about the land and raising livestock. Mike believed in hard work and family were what life was made for. He did both of these with all his heart. Mike was the kind of guy who would help and give advice to those close to him, if you wanted it or not.

Viewing will be held at 7:00 p.m. to 8:00 p.m. at MacKenzie Funeral Chapel in Teulon on Friday, January 22, 2016. Funeral service will be held at 10:00 am on Saturday, January 23, 2016 at the Teulon Rockwood Centennial Centre.

In lieu of flowers, donations may be made to Canadian Diabetes Association, 200-310 Broadway, Winnipeg, MB R3C 0S6.

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Computers and Humans have Their Own Viruses



Stir-fried broccoli, red peppers and beef



Ingredients

3/4 lb (350 g) top sirloin steak, cut into thin 1/2-inch (1.25 -cm) cubes 1 tbsp (15 mL) sodium reduced soy sauce

- 1 tsp (5 mL) cornstarch
- 1 tsp (5 mL) dry sherry

1/4 cup (50 mL) low-sodium chicken broth

1 tsp (5 mL) oyster sauce

2 tsp (10 mL) cornstarch

- 2 tbsp (25 mL) canola oil, divided
- 2 cloves garlic, sliced, divided

4 slices ginger, divided

3/4 lb (350 g) broccoli crowns, cut

into 1/2-inch (1.25-cm) pieces

1/3 cup (75 mL) low-sodium chicken broth

1 medium red bell pepper, stem and seeds removed, diced 2 stalks green onion, thinly sliced

Directions

Citrus Herbed Chicken with Asparagus







In medium bowl, mix together beef, soy sauce, 1 tsp cornstarch and sherry. Marinate in refrigerator at least 30 minutes.

In small bowl, stir ¼ cup (50 mL) chicken broth, oyster sauce, and 2 tsp cornstarch. Set aside.

In wok or heavy skillet, heat 1 tbsp (15 mL) canola oil over medium-high heat. Add half of garlic and half of ginger and sauté until fragrant, about 30 seconds. Add beef and stir-fry about 4 minutes, browning meat and cooling until no longer pink. Scoop beef onto a plate. Set aside.

In wok or skillet, heat remaining 1 tbsp (15 mL) canola oil over medium-high heat. Tip wok to coat bottom of pan with canola oil. Add remaining garlic and ginger. Stirfry until fragrant, about 30 seconds. Add broccoli and sauté for 1 minute. Pour in 1/3 cup (75 mL) chicken broth and cover wok or skillet. Cook for 3 minutes.

Remove lid and cook until most of liquid is evaporated. Add red peppers and cook for 1 minute. Add beef. Stir sauce, making sure cornstarch is dissolved, then add to beef and broccoli. Cook until sauce is thickened, about 2 minutes. Stir occasionally to coat meat, peppers and broccoli with sauce. Sprinkle in green onions and cook for another minute. Serve immediately.

ming in humans acts like a computer virus. First, it scrambles up our own programs, and then sends itself out to those

unsuspecting people in our lives who may become the brunt of our unconscious conditioning. One who grows up with a lot of criticism, may, as an adult, be very critical of others, particularly one's partner and children. One who was subject to physical abuse, may be physically rough with both partner and children. Those children may then become the bullies on the playground.

Recently I had to deal with a comput-

er virus that got into my computer, and

then sent itself to everyone in my ad-

dress book. The problem was rectified,

and I learned my lesson about keeping

my antivirus program updated. I did

think, though, how negative program-

My computer was fixed with a program designed to detect and remove viruses. What is the human counterpart for that? Well, if we think of the 'psychological viruses' as things such as judging, criticizing, blaming self or others, being co-dependent, controlling, or doubt-

Bacon and Egg Breakfast Pizza

Ingredients

1 package (16 ounces) Smoked Bacon 1 can (10 ounces) refrigerated pizza crust dough

2 cups frozen hash brown potatoes with onions and peppers, partially thawed

- 1/4 cup chopped green bell pepper 4 eggs
- 1/4 cup milk
- 1/2 teaspoon salt

1/2teaspoon pepper 1 cup (4 ounces) shredded cheddar

into 1-inch pieces

2 tablespoons lemon juice Preparation

In shallow dish, mix flour, Parmesan cheese, garlic powder and pepper. Reserve 2 tablespoons. Moisten chicken lightly with water. Coat evenly with remaining flour mixture.

In large nonstick skillet, heat oil on medium heat. Add 1/2 of the chicken pieces; cook 3 minutes per side, or until golden brown. Repeat with remaining chicken, adding additional oil, if necessary. Remove chicken



ing our own strength and wisdom, then the antidotes would be compassion, acceptance, understanding, love, forgiveness, and tolerance of self and others. Striving to be wise, good and kind, as simple as that sounds, may be a good defence against 'viruses'.

Running psychological 'virus scans' requires a deep commitment to selfhonesty, and a willingness to confront our own ego needs to judge, criticize, or make others responsible for our happiness. It requires that we care enough not to pass on fallout from our negative patterns onto others. Fortunately, most of those in my computer address book had updated virus protection and were not bothered by the virus my computer innocently passed on. Humans, unfortunately, do not have such protection, and so we must be exceedingly careful to scan our own emotional/psychological programs to screen out anything harmful to another soul.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen.ca

cheese

Preparation

- Heat oven to 425°F.
- Cook bacon according to package directions; drain.

Press crust into lightly greased 14inch pizza pan, forming 1/2-inch rim. Bake 5 minutes.

Arrange potatoes, bacon and green pepper over crust. Whisk together eggs, milk, salt and pepper; pour over pizza.

Sprinkle with cheese. Bake for 11-13 minutes or until golden brown and eggs are set.

Serves Makes 1 pizza

from skillet; keep warm. In medium bowl, mix stock, basil, oregano and reserved flour mixture until well blended. Add to skillet along with asparagus. Bring to boil. Reduce heat to low; simmer 3-5 minutes, or until sauce is slightly thickened, stirring frequently. Stir in lemon juice. Return chicken to skillet; cook 2 minutes, or until heated through.

Preparation Time 10 minutes Cook Time 20 minutes Serves Serves: 4



1/4 teaspoon McCormick Black Pepper, coarse ground 1 pound thin-sliced boneless skinless chicken breasts 1 tablespoon oil 1 1/2 cups chicken stock

1 teaspoon McCormick Basil Leaves 1 teaspoon McCormick Oregano

2 tablespoons grated Parmesan

1/2 teaspoon McCormick Garlic

Leaves

Ingredients

cheese

Powder

1/4 cup flour

1 pound asparagus, trimmed and cut

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