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VOLUME 10 EDITION 2

# Stonewall Teulon Tribune

THURSDAY,  
JANUARY 10, 2019

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## A centenarian

Linda Furness looks through historic photo books sharing her many memories as she looks forward to celebrating her 100th birthday on Jan. 12, 2019.

TRIBUNE PHOTO BY NATASHA TERSIGNI

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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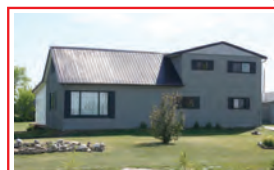
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# Doc Walker to headline Teulon Centennial celebration

By Kal Franchuk

The Teulon Centennial Committee hosted its Centennial Kick off Celebration this past Saturday.

The evening was well attended with over 200 people enjoying a fantastic meal by Abas Catering followed by a dance with live music by Sloohai.

Teulon Chamber of Commerce chair Jan Lambourne announced that award-winning country music band Doc Walker will be headlining at the Teulon Centennial celebration social on June 29, 2019.

Alan Campbell, Centennial committee member and emcee and Michael Ledarney, deputy mayor and chair of the Centennial committee unrolled the large banner to reveal the band's name, eliciting cheers from the din-

ner's attendees.

The Portage la Prairie duo have released 20 tracks including fan-favorites like 'Beautiful Life', 'Rocket Girl', 'Heaven on Dirt' and their newest release Echo Road in September 2016.

Doc Walker has won Canadian Country Music Awards and had radio hits with the songs "I Am Ready" and "The Show is Free" from the 2003 album Everyone Aboard. In 2001 they released the album Curve. Both albums were for Universal Music Group.

The arena social, presented by the Chamber, was a big moment after years of dedicated planning for Lambourne.

The news holds additional meaning for Lambourne who, during part of

her work on this event, was recovering from being shot while attending a country music festival in Las Vegas in Oct. 2017. Despite the tragedy, Lambourne remained passionate to bringing the group to Teulon.

Lambourne chose Doc Walker for their appeal to all ages and audiences. She felt it was important that if they brought a band to town it could be enjoyed by everyone.

Tickets go on sale Feb. 12, and were announced at just \$20. The event will take place at the Teulon-Rockwood arena so tickets are limited, especially with extra visitors for the Centennial celebration.

Also during the evening, Teulon's Bert Campbell, Lesley McDonnell of Calgary, Lynn Mann of Stonewall and Stuart Wood of Ottawa, presented an original chalk portrait of their grandparents Archibald and Katherine Wood to be mounted in the chamber at the Teulon Municipal Office.

The Saturday night evening was the official kick off to the Town of Teulon's 100th anniversary celebrations that will take place this summer from June 27 to July. 1, 2019 and will include a variety of events presented by local organizations. Watch for more details at [www.teulon100.ca](http://www.teulon100.ca)



## KINDERGARTEN REGISTRATION

### INTERLAKE SCHOOL DIVISION

requests that all parents/guardians of children eligible to attend Kindergarten in the 2019/2020 school year visit their local school to register their child (if you have not already done so in September of 2018).

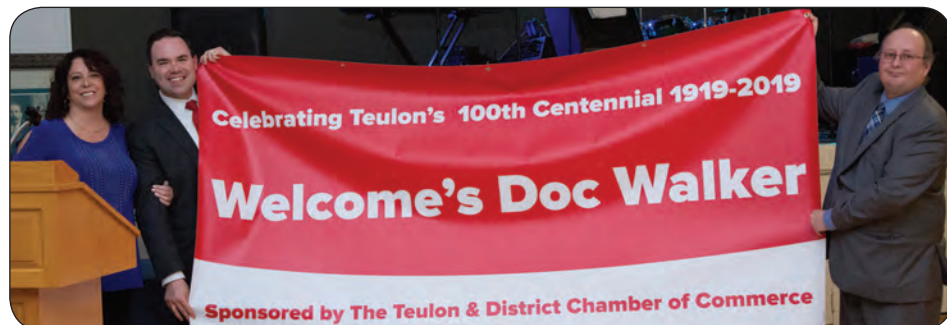
Kindergarten programs are offered at Teulon, Balmoral, Stony Mountain, Rosser, Argyle, Warren, Woodlands, and École R.W. Bobby Bend School in Stonewall.

Argyle School offers a divisional Multi-level Learning program with all day Kindergarten every day.

Please contact the Argyle School Principal (204-467-2683) for details regarding this program.

French Immersion Kindergarten is offered at École R. W. Bobby Bend School.

Children who will reach their fifth birthday by December 31st, 2019 are eligible to attend Kindergarten in the 2019/2020 school year. A document providing proof of age is required.



Jan Lambourne, left, on behalf of the Teulon & District Chamber of Commerce announced that Doc Walker Concert will headline at the Centennial Celebration festivities June 29. Pictured with Lambourne, Alan Campbell, Centennial committee member and emcee and Michael Ledarney, deputy mayor and chair of the Centennial committee.



TRIBUNE PHOTOS BY ALAN CAMPBELL

Bert Campbell, Lesley McDonnell of Calgary, Lynn Mann of Stonewall and Stuart Wood of Ottawa, presented an original chalk portrait of Archibald and Katherine Wood to be mounted in the chamber at the Teulon Municipal Office. Campbell, McDonnell, Mann and Wood are all great grandchildren of Archibald and Katherine.



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# Landscape photographer garnering attention

By Jo-Anne Procter

To see the world through a lens wasn't really on Riley Anderson's radar until he came across an ad on Kijiji that he couldn't pass up. It was for a Nikon D7100 SLR camera.

Anderson upped his game from phone photography to digital photography through watching YouTube videos and self taught himself an art of capturing beautiful landscapes.

The 22 year-old engineering student of Rosser stumbled into photography as a hobby just over a year ago, when he started using his photography to highlight what a beautiful province we live.

"I like being outside and I like seeing nice places, it (photography) is just a way to capture those moments for me," he said.

Anderson started sharing some of his photos on his personal instagram account and realized not everyone was as interested in seeing all of his landscape photos, so he created [riley.anderson.photo](http://riley.anderson.photo) on instagram. Since doing so, Explore Manitoba (72.6K followers) and Explore Canada (1.3M followers) have requested and showcased some of his work on their accounts gaining Anderson exposure he never imagined.

On Nov. 22, Anderson displayed some of his work at Cowboys in Winnipeg hosted by RAW, an organization that provides up-and-coming artists of all creative realms with the tools, resources and exposure needed to inspire and cultivate creativity so that they might be seen, heard and loved.

Being his first show, Anderson knew going in that it isn't easy to sell landscape photos, but was happy with the experience.

"If somebody had a landmark that is important to them, I would be interested in trying to capture that in an interesting way."

To view Anderson's work log on to his website [www.rileyanderson-photo.com](http://www.rileyanderson-photo.com) or his instagram account [riley.anderson.photo](http://riley.anderson.photo).



TRIBUNE PHOTO BY JO-ANNE PROCTER  
Riley Anderson showcased some of his work at an art show in Winnipeg late last year.

# School bus safety winners



TRIBUNE PHOTOS BY JO-ANNE PROCTER AND DAWN FENSKE

Interlake School Division Transportation Supervisor Jaret Thiessen presented the winners of the Manitoba Association of School Business Officials Inc. (MASBO) poster contest with a scooter that has wheels and skis and a helmet. RW Bobby Bend's Payton Farthing (Grade 3) left, and Stony Mountain School's Kendra Erickson (Grade 6) right, will both have their posters forwarded on to be judged at the provincial level. MASBO puts on a poster contest annually to increase school bus safety. This year's theme was "My School Bus. The safest form of Student Transportation".

The contest is kicked off during the school bus safety week and each school division is responsible for collecting posters and picking a divisional winner from each category to send in to be judged at the provincial level. Thiessen said there were so many great posters that picking a winner was extremely difficult.

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# FCC and SeCan support local 4-H projects

## Submitted

The Balmoral 4-H Club was the recipient of a \$500 grant from SeCan and Farm Credit Canada. This year's contribution supported the annual Senior's Christmas Tea on Dec. 9 at the Balmoral Hall.

For the past few years, SeCan has given the club, and many other 4-H clubs, funds based on how much seed is sold locally. These funds help with club projects, and host club and community events.

The 4-H motto is "learn to do by doing" and the support of both of these great organizations helps them to have more fantastic learning experiences.



TRIBUNE PHOTO SUBMITTED

Balmoral 4-H Club members received \$500 from Farm Credit Corporation employee Kimberley Asham. Pictured back row, left to right, Colton Kachur, Sari Brown, Jaelin Taylor, Kristen Greigson, Elle Dodd, Grace Hume, Evalyna Shipley, Kaitlyn Greigson, Kimberley Asham; front row, Ella Loehmer, Wyatt McRae, Hadley Moscall, Isabella Wirch, Macey Wyatt, Alexa Loehmer, Danica Price and Bailey Wirch.

# Selkirk Regional Health Centre welcomes first baby of 2019



TRIBUNE PHOTO SUBMITTED

New Year's baby Emma Jean Smith with mother Breanne Boyd and father Aaron Smith.

## Submitted

Interlake-Eastern Regional Health Authority (RHA) welcomed the first baby of 2019 at Selkirk Regional Health Centre on January 2 at 1:41 pm.

Weighing seven pounds, 13 ounces, Emma Jean Smith was born to mom Breanne Boyd and Aaron Smith of Beausejour area. Boyd, an electrician and Smith a concrete pump operator were thrilled to welcome their first child and are looking forward to introducing her to their two dogs when they get home.

Prior to the family's departure from hospital, members of the Selkirk & District General Hospital Ladies Auxiliary presented them with a gift basket that included diapers, toys, a baby carrier and a digital baby monitor. The auxiliary celebrates the hospital's

first baby of the year with items that provide comfort and help extend the care received at the hospital into the baby's home.

Dr. Speer attended the birth and Boyd said that the team of care providers from the Selkirk Regional Health Centre who were with her throughout Emma's birth were just "fantastic."

"The staff and the ladies auxiliary were all so fantastic," said Boyd, "The ladies auxiliary is really generous."

According to Sara Unrau, clinical team manager of obstetrics at Selkirk Regional Health Centre, staff have reported deliveries in our region this past year have surpassed the number delivered in 2017.

"There were 272 babies born in 2017 compared to 377 babies born this past year. We hope to surpass that number over the next

year," Unrau said.

The staff and physicians at Selkirk Regional Health Centre's family birthing unit and staff across Interlake-Eastern RHA extend their best wishes and congratulations to Smith and Boyd on the birth of their first baby.

## Health care aide certificate program now accepting applicants

### Submitted by IERHA

Red River College and Interlake-Eastern RHA have partnered to bring Interlake residents Red River College's Health Care Aide certificate program closer to home starting February 2019. This program helps students gain the skills and knowledge needed to assist patients in hospitals, home-care and personal care settings.

Students who complete Red River College's Health Care Aide certificate program are in-demand, and have the training required to transition smoothly from theory to practicum to work.

Continued on page 8

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# Festival of Wreath winners



TRIBUNE PHOTO SUBMITTED

Winners of the South Interlake Regional Library Stonewall branch 11th annual Festival of Wreath contest were announced on Dec. 21. The voting of the wreaths raised \$1,099 for the Stonewall Christmas Cheer Board. This year's winners include: First place - South Interlake 55 Plus, second - the Stonewall & District Lions, third - Stonewall Kinettes. The mitten tree brought in 119 items to be donated to the Christmas cheer board.

# Rhianna Rae Saj releases first album



TRIBUNE PHOTO BY JO-ANNE PROCTER

Singer-songwriter Rhianna Rae Saj, right, of Stonewall along with Jordan Day on guitar, hit The Park Theatre stage in Winnipeg last Saturday with her band for the official release of her debut album, *Begin Again*. Saj performed a number of pieces of original music as well as a few cover songs to a sold out crowd of 230. Saj's album will be released digitally Jan. 25. Saj can be contacted through Facebook at Rhianna Rae Saj or by email at rhiannaraesaj@gmail.com

# RCMP release 2018 Holiday Checkstop statistics

## Week Four and Final Results

The final week of the RCMP Holiday Checkstop program from Dec. 24, 2018, to Jan. 1, 2019, has resulted in:

- 47 checkstops conducted across Manitoba with approximately 1433 vehicles checked
- 24 people charged with Impaired Driving (23 by alcohol, 1 by drug)
- 5 people charged with Refusing a Breath Demand
- The highest blood/alcohol reading reported was .310 (just under four times the legal limit)
- 9 alcohol-related tiered suspensions
- 9 people charged with improper storage of alcohol or cannabis in a vehicle

There were two traffic-related fatalities that occurred this past week. One occurred on Highway 16 near Gladstone and another in Berens River.

Last year during week four, RCMP members conducted 22 checkstops, and checked 1366 vehicles, resulting in 21 people being charged with a Criminal Code Impaired Driving offence (Impaired, Over .08, Refusal, Impaired by Drug).

## Total Program Results

During the month-long RCMP Holiday Checkstop Program, 11,714 vehicles were checked during 262 checkstops, and RCMP:

- Charged 90 people with Impaired Driving (87 by alcohol, 3 by drug)
- Charged 15 people with Refusing a Breath Demand
- Issued 30 alcohol-related tiered suspensions
- Issued 2 drug-related tiered suspensions
- Charged 49 people charged with improper storage of alcohol or cannabis in a vehicle

Unfortunately, five people lost their lives in traffic-related collisions during this year's Checkstop program.

Last year during the 2017/2018 program, RCMP checked 8333 vehicles during 176 checkstops. RCMP charged

117 people with a Criminal Code Impaired Driving offence and issued an additional 51 alcohol and drug-related tiered suspensions. There was one traffic-related fatality during last year's Checkstop program.

**Change of Restaurant OPENING HOURS**  
\*As of Jan 14/19  
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Coarse Language; Violence **PG**

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Coarse Language; Violence **PG**

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Clint Eastwood

Coarse Language **14A**



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NEWS > VIEWS > STONEWALL > TEULON > WARREN > SURROUNDING AREAS



TRIBUNE PHOTO BY JO-ANNE PROCTER

Snow clearing was in full force last Monday throughout the Interlake after Mother Nature dumped 8-15 cm. of the white stuff through the night on Sunday.

## Provincial hay disaster benefit triggered for 2018

### Submitted

Manitoba Agriculture advises that Manitoba Agricultural Services Corporation (MASC) is notifying producers the Hay Disaster Benefit has been triggered and associated payments will begin shortly. The estimated payout for 2018 is \$3.2 million on approximately 1,000 claims.

The Hay Disaster Benefit (HDB) is a complimentary feature of the Agri-Insurance program that compensates insured forage producers for the increased cost of hay and transportation when there is a severe provincial forage shortfall. The HDB was

first introduced in 2014 as part of a revamped forage insurance offering and 2018 marks the first year that it has been triggered.

Producers enrolled in Select Hay Insurance and Basic Hay Insurance are automatically enrolled in HDB. All insured hay types (alfalfa, alfalfa grass mixtures, grasses, sweet clover and coarse hay) are eligible.

To trigger a HDB payment, at least 20 per cent of producers with Select Hay or Basic Hay Insurance must harvest less than 50 per cent of their long-term average hay yield. For 2018, producers will receive an addi-

tional \$40 for each tonne below their Select Hay or Basic Hay Insurance coverage.

There is no cost to producers for this benefit. Premiums are cost shared 60 per cent by the Government of Canada and 40 per cent by the Province of Manitoba.

For more information on forage insurance in Manitoba, please contact a MASC office or visit: [www.masc.mb.ca/masc.nsf/program\\_forages.html](http://www.masc.mb.ca/masc.nsf/program_forages.html). The deadline to sign-up for 2019 forage insurance is April 1.

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[www.stonewallteulontribune.ca](http://www.stonewallteulontribune.ca)



# Manitoba Public Insurance unveils Top Five Frauds of 2018

Submitted by MPI

It's estimated that auto insurance fraud costs every Manitoba Public Insurance ratepayer about \$50 a year for an overall impact of \$50 million.

In order to raise awareness about the costs related to auto insurance fraud, Manitoba Public Insurance releases its annual top five fraud list. The list is compiled based on the unique circumstances of each fraud, financial savings to MPI ratepayer, and investigative excellence in unearthing the fraud. In addition, next month Manitoba Public Insurance will be launching a new public awareness campaign to continue raising awareness about the cost of auto insurance fraud and what Manitobans can do to help keep these costs in check.

Anyone with information about auto insurance fraud is encouraged to call the Manitoba Public Insurance TIPS Line: 204-985-8477 or toll-free 1-877-985-8477. All calls are anonymous.

Suspicious claims are handled by Manitoba Public Insurance's Special Investigation Unit. As of the end of this November, claims savings are more than \$10 million with the SIU closing 1,600 investigations.

## No. 1: "Comic Con Job"

A devout fan of Comic Con, the 25-year-old woman was observed walking around Winnipeg's Convention Centre for six hours, enjoying her favourite superheroes, wizards, spaceships, and zombies. An investigator also observed the woman going on numerous shopping trips and driving the two-hour round trip from her rural home to Winnipeg.

Just one problem: the woman was collecting income replacement payments after stating she was unable to work due to injuries from a motor vehicle collision. She told her MPI case manager she could only walk a maximum of 15 minutes before getting dizzy and was unable to drive for long periods of time. After receiving information via the Tips Line, an investigation was opened.

With all the conclusive evidence in hand, Manitoba Public Insurance terminated the woman's income replacement payments and demanded repayment of \$34,000 in benefits already paid out.

## No. 2: "Polite Arsonist"

The registered owner opened a theft

claim, telling her MPI adjuster she had given her car to her 22-year-old son, who reported the keys were stolen while he was attending a house party. The truth would become evident days later thanks to a number of witnesses, who had quite the story to share with police and MPI investigators.

One witness stated that while driving down a road in rural Manitoba around 7 a.m., he was shocked to see a man deliberately light a fire within his vehicle which was parked in a ditch.

As the vehicle quickly became engulfed in flames, the witness stopped and asked if the man was okay. The young man replied, "Yes, thanks. And have a nice day," before running off into the bush. The witness contacted RCMP.

The investigation would also uncover that the same vehicle had been involved in a hit-and-run collision the previous evening in Winnipeg. After being awoken by the loud crash, a neighbour quickly attended to the crash site where he came upon a young man who told the neighbour "not to speak to police."

The man, who appeared highly intoxicated, then quickly drove away in a Dodge Nitro, the same vehicle which was burned hours later in the rural ditch.

Police showed photos of several individuals to the witnesses, who were able to conclusively identify the driver. With the evidence in hand the claim was denied for false statement, resulting in a savings of \$57,000 to Manitoba Public Insurance ratepayers.

## No. 3: "Breakfast Blunder!"

The registered owner of the vehicle opened a total theft claim with her MPI adjuster after police found her vehicle badly damaged. She reported she had given her vehicle to her son, who told MPI staff he had gone for breakfast with his brother at a downtown hotel. The son, 45, claimed that after breakfast he went to the washroom while his brother also left their table to play VLTs.

The son presumed an opportunistic thief must have taken the vehicle keys out of his unattended sweater which had been left on a chair.

The man's story quickly unravelled when hotel staff confirmed the res-

Continued on page 11



FREE ADMISSION

# GALA CONCERT

Come out and support the arts in our community and enjoy an afternoon of music featuring local students/adults.

**Sunday, January 20, 2019 2:00 p.m.**  
**Teulon Collegiate 59-1st St. NE - Teulon**

**RECEPTION to follow - Meet & Greet the RFOTA Convenors**

*\*Bring your questions about entering the Rockwood Festival of the Arts\**

*\*Large Selection of Music Books will be on display for sale\**

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## GALA CONCERT PERFORMERS WANTED

**Local students/adults to participate and perform at the Gala Concert.**

**If you sing, play an instrument, belong to a choir group, dance or recite poetry... come and join us for a fun afternoon**

*If you would like to perform at the Gala Concert please contact*

Debbie Kozyra - RFOTA Pres. Call/Text (204) 490-0002 Email: info@rfota.ca  
or Terry Zurylo - RFOTA Vice-Pres. Call/Text (204) 955-5428 before January 15, 2019



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**Teulon Collegiate**

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*Dates subject to change - based upon number of entries.*

The Rockwood Festival of the Arts gives students and participants of all ages, the opportunity to participate in Piano, Vocal, Speech, Choral, Dance, Band & Instrumental Classes; and to perform & receive adjudication by renowned provincial adjudicators. **"All Welcome to Participate"**

**ENTRY DEADLINE JANUARY 31, 2019**

The Rockwood Festival of the Arts provides funds for various awards & scholarships for the performers. Over \$4000 is given out annually in awards. The RFOTA relies & operates on the support & donations from organizations, individuals, businesses, corporations, municipal government & entry fees, to cover expenses incurred to host this event. RFOTA is very pleased that we have been able to operate for the last 10 years independent from Government Grants. We have been able to accomplish this with the tremendous support of local donations. We hope to continue with this independence but it can only be achieved with continued support from our communities.

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**DONATIONS and PATRONAGE can be submitted and purchased online at [www.rfota.ca](http://www.rfota.ca)**

Patronage & Donation (paper copy) Forms available at the Stonewall & Teulon Libraries

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# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

## Treasured memories while ice fishing

Hi folks.

I happened to be visiting a friend in his ice shack well off shore on southern Lake Winnipeg a few weeks ago when the shack began rocking as though we were in a boat riding a rolling wave. Our eyes grew wide in wonder as we grabbed the sides of our chairs. Utensils rattled on the kitchen counter. The water in the ice holes shot up and splashed about. Seconds passed and the ice under the shack became seemingly trustworthy again.

"Ice quake," my friend simply said. In the days that followed I raised that occurrence with anglers and commercial fishers and surprisingly the old timers knew about "ice quakes." Apparently they can happen on our big lakes if we have warm days and cold nights as the ice cover grows in early winter creating smooth ice for miles. Well, I guess it's just another dimension to winter life on Manitoba's lakes along with ice pile ups as high as a house or the ice opening up unexpectedly making us detour around stretches of open water when going to fish.

It was one of those pleasant warm days just after Christmas when I eased "old red" onto the ice at Riverton's Sandy Bar urging it through shallow snow drifts to a sturdy hard wall ice shack. Slipping out of the truck, I could hear children chattering when I knocked on the door.

"Anybody home," I called out.

"Come on in," a young gal's voice answered back.

I opened the door and stepping inside I was met with the cozy warmth of a burning wood stove. Spicy meats and potatoes sizzled in frying pans on the stove sending mouth watering aromas throughout the shack. Hazy light shone through large windows. The foam insulated walls held dozens of lures.

"Hi, I'm Julie Sigurdson, a diminutive, softly featured young lady in snowmobile clothes and a beautifully hand knitted toque covering her delicate brown hair said. Around her, family members sat tending fishing lines in the water through holes in the floor. I asked for a fishing story and without hesitation she remembered one.

Last summer when the family was shore fishing on a sunny, hot day at "three-mile beach" just south of Sandy Bar. Jorden Kozak, Julie's significant other, a thin wirey chap with short brown hair, caught a catfish. No sooner had he reeled it to shore when little cousin Whyatt, a light-haired bundle of energy raced to the water's edge and picked up the fish as though it were a puppy. For some reason the fish didn't fight and for a few moments little Whyatt stood petting and talking to it until Julie had him put it back in the water.

A few days before meeting the Sigurdsons I was on the Red River ice

downstream of Selkirk and noticed an unusual six-sided shack made of light grey walk-in cooler panels.

Invited in, I met two very tall well conditioned young brothers with long straight dark brown hair, Ian Lavoie of Anola and Tim Lavoie of East Selkirk. As we talked, I couldn't help admiring the perfect intricate pie shaped pieces of roof sections and custom cabinets this shack had.

The guys hadn't caught anything and were about to call it a day when I arrived, but Ian graciously gave us a picture of his cousin Ella showing her first ever catch on the Red.

Far out on the Lake Winnipeg ice at Grand Marais last week I stopped at a shack sporting a huge Canadian flag covering the outside wall. Generally, when I'm on the ice I keep my driver's window open and as I pulled up to the shack, I could hear music and a dog barking from inside.

I called out, "hello, I'm Arnie Weidl looking for a fishing story," as I approached the door. It opened and a chap with a wide smile, dark tousled hair and a three day old salt and pepper stubble on his face greeted me as he held back a big golden lab. Farther inside a thin guy with finely defined facial features sat in one of the lazy boy chairs. The dog relaxed as I petted him while the fellow who met me at the door said he was Dez Pachkowsky and his pal was Pat Lavallee.

Looking beyond the shrimp and



TRIBUNE PHOTO SUBMITTED

Little Ella with her uncle Ian Lavoie as she caught her first fish from the Red River.

breaded potatoes frying in a large pan on their wood stove I saw the picture of a full-figured guy with commanding features and long blond hair hold a good-sized jackfish.

Dez saw me looking at the picture and said, "that's our life-long buddy, 'Ziggy' who passed away suddenly. His wife asked us to take over his shack and that picture stays as a reminder of our friend."

Winter fishing shacks and trailers like summer cabins hold such a treasure of family and friends during happy times.

We'll see you on the ice buddies, bye now.

## > AIDE, FROM PG. 4

The program is five-months long with six weeks of hands-on experience providing immediate opportunities for jobs upon successful completion of the program. In fact, many students are offered employment while still completing their practicum.

"We have a strong and continued need for health care aides in our RHA," says Randy Dallinger, Interlake-Eastern RHA vice president of human resources, "That need isn't going away - it's something we're planning for into the future and this program helps Interlake residents get the training they need closer to home."

The program also provides an opportunity for people interested in the health care field to create connections at nearby hospitals and long-term care homes, which is useful for those who hope to continue their education and move into other specialized areas.

Apply today to reserve a seat in one of Red River College's upcoming programs: Arborg - start date: Feb. 4, 2019; Stonewall - start date: Feb. 5, 2019; Selkirk - start date: March 4, 2019.

To register, call 1-866-946-3241.

## RCMP respond to fatal collision involving child

Staff

On January 3, 2019, at approximately 1:00 pm, Stonewall RCMP responded to a vehicle and pedestrian collision on 1st Avenue North in Stonewall, Manitoba.


A three-year-old female was struck

in the driveway of a residence by a vehicle being driven by an adult male. The child was transported to local hospital, where she succumbed to her injuries.

At this time, alcohol and speed are not considered factors in this col-

lision, and it does not appear that charges will be laid.

A RCMP Forensic Collision Reconstructionist is assisting Stonewall RCMP with the ongoing investigation.



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*MLA for Lakeside*  
**Constituency Office**  
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# RW Bobby Bend students raise funds for African orphanage

Staff

Ecole RW Bobby Bend School students celebrated the book *Today is the Day* written by Eric Walters while raising awareness and funds for Creation of Hope.

Heather Sanche and Brenda Margetts helped organize the event after Walters visited RW Bobby Bend last year and shared his book with the students.

This story is based on real children in an orphanage in Kenya. The story *Today is the Day* shows how something as simple as a birthday, can mean so much in another part of the world.

In the book a group of children sing "Happy Birthday to Me". They were doing so because that was the day that they received their birth certificates. Many were orphans who had been abandoned at such a young age that they did not know what month or year they were born. Without that information, they could not get a birth certificate. Without a birth certificate, they were not recognized by the government, even though they are real people who exist. This harsh reality and the joy of finally being "official"



Students and staff designed their own party hat for the birthday party on Dec. 21.

were captured in a picture book called *Today is the Day*.

On Dec. 21, 450 early years English and French Immersion students and teachers wore pyjamas and designed their own party hat and sang "Happy Birthday to Me."

Students purchased cupcakes and raised \$300 with proceeds going to support an African orphanage in Kenya.

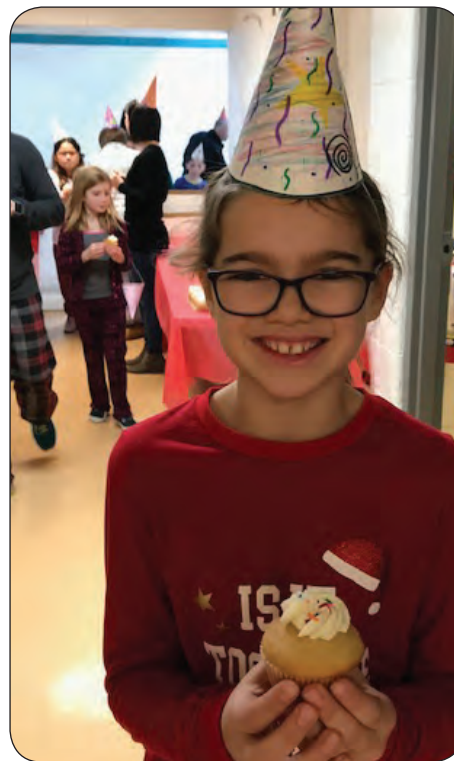


Students purchased cupcakes raising \$300 for an African orphanage in Kenya.



TRIBUNE PHOTOS BY SASCHA EPP

Madame Millar's grade 2 class proudly show off their pyjamas and party hats.



Sophia P. purchased a cupcake in support of the orphanage.



Mia M. displays her copy of the book *Today is the Day*.

## Stair Climb for Clean Air 2019

Submitted

The Lung Association, Manitoba is recruiting teams to participate in the 2019 Stair Climb for Clean Air. This is a great opportunity to add a fun challenge to personal fitness programs and support a great cause- healthy breathing.

The event will take place on Saturday, Jan. 19 at the Duckworth Centre at the University of Winnipeg and runs from 10 a.m.-2 p.m.

The Stair Climb for Clean Air is geared towards people of all ages and all fitness levels. Individuals are invited to sign up with three friends or family and climb to new levels, while supporting people living with lung disease at the same time! Participates are encourage to stick around after their climb for relaxing yoga,

some delicious refreshments and the chance to win some amazing prizes!

Neil Johnston, President and CEO said "All funds raised will go towards assisting people when they need help, supporting research and protecting the air we breathe. As the recognized leader and primary resource in lung health, The Lung Association's mission is to enable all Manitobans to breathe with ease and we are dedicated to raising funds to help achieve this mission."

To register go to: <https://www.canadahelps.org/en/charities/the-lung-association-manitoba/p2p/stairclimbforcleanair/>

For more information on the Lung Association, Manitoba, visit our website: <http://mb.lung.ca/>

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**Winter Session starting soon**  
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# Celebrating a historic milestone on the family farm

By Natasha Tersigni

For Linda Furness walking through the doors of her family home was an opportunity to take a step back in time. The home, located just south of Stonewall on Road 74N, has been in her family since it was first built by her father in 1916. The opportunity to return home to the farm just weeks before she celebrated her 100th birthday was a precious early present.

The adage home is where the heart cannot be truer for Linda as the four walls of the house encapsulate countless memories and experiences. Linda, or Annette Lindsay Matheson as identified on her birth certificate, was born at home on a wintry prairie night, Jan. 12, 1919.

"I was born at home as that was the custom back then. The doctor who delivered me was Dr. McLeod, whose son was Stonewall's Victoria Cross recipient Alan McLeod," said Linda who added that it wasn't until the 1950s when women delivered at the hospital in Stonewall.

"My third daughter Judy was born in 1955 and she was the second baby that was delivered there."

Recently Linda and her daughter Tricia Harris spent the afternoon looking back on a century of living with the *Tribune* reporter at the home her father built and where she was born.

Linda's parents prioritized her education and she attended the one-room Tecumseh School until Grade 9 and then went to high school in Stonewall. During the winter months for high school, Linda's father was unable to drive her as the roads remained blocked, so Linda boarded in town. For her first year of high school she stayed with her grandparents and for the second and third she shared a room in a boarding house with her cousins Ruth and Mona.

"Not all of my neighbours got to go to school but I went and finished Grade 12," said Linda who added that in those days many women did not go past Grade 9.

After completing high school Linda returned home to the family farm. While she wanted to continue her education, life had other plans.

"The first year after high school I had a ruptured appendix and it took me an entire year to recover. After that my father got sick and I nursed him at home for a month. Then I was sent to Stony Mountain for a while to take care of my aunt," recalled Furness.

After returning home from Stony Mountain, Linda did not have to travel far to find her future husband, Gordon Furness, whose family lived across the road from Linda's family.



Linda graduated from Stonewall high school.

Gordon lived in the city and when he came home to visit, he met Linda.

"My dad was a master craftsman at a foundry in Winnipeg and he made the parts for the ships during the war. Due to his job, he was not able to deploy overseas, so he stayed at home and worked in the factory. His younger brother Walter fought in the war," explained Harris.

Gordon and Linda were married in the summer of 1948 at the Grassmere United Church and the two lived in Winnipeg while Gordon continued his work at the foundry.

"Gordon didn't much care for working in the foundry and always dreamed of farming," said Linda.

After a few years, the couple and their two daughters left Winnipeg and moved back home. Instead of moving to the home where Linda was born, which was taken over by other family members when Linda's parents moved to the city, Gordon and Linda moved into Linda's Uncle Willis's stone home just down the road from where she grew up.

The stone house was built by Linda's grandparents in 1904 on land they homesteaded in 1873.

Together Gordon and Linda farmed and raised their family and remained active in the community. Gordon served as a trustee on the Interlake School Division board and Linda was always volunteering her time with many different organizations including her church and the ladies' hospital



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Linda Furness recently returned to the house she grew up in and reminisced on her century of life.

auxiliary.

Following Gordon's passing in 1987, Linda remained on the farm until 2003 before she moved to the Stonewall Lions Manor and her daughter Tricia moved into the farmhouse. Linda still lives in Lions Manor and enjoys an active lifestyle and is looking forward to celebrating her 100th birthday on Jan. 12.

Linda's advice to living a long happy life is simple: "Fresh air and eating well."



Photos of Linda as a baby, toddler and young lady still hang in the house today.



The Matheson home, which still stands today is located south of Stonewall on Road 74N, and has been in Linda's family since it was first built by her father in 1916.



# Balmoral celebrates its 56th Christmas Bird Count!

Submitted by Jim Duncan

Twenty-nine volunteers, also known as citizen scientists, woke up before dawn, drank lots of coffee and tea, donned warm clothing and braved the elements in an annual quest to count a multitude of our local feathered friends on Dec. 22, 2018.

This North American tradition started 119 years ago and has been going strong ever since. The long-term data generated has documented the rise and fall of bird species tradition and has engaged thousands of people. For more information on the count please visit <https://www.audubon.org/conservation/science/christmas-bird-count>.

The balmoral count yielded an impressive total of 1,771 birds including 801 snow buntings, 255 common redpolls (plus 1 hoary and 6 unidentified redpolls), 165 black-capped chickadees, 151 common ravens, 140 sharp-tailed grouse, 44 house sparrows, 34 blue jays, 32 pine grosbeaks, 29 white-breasted nuthatches, 23 black-billed magpies, 21 downy woodpeckers, 16 hairy woodpeckers, 9 dark-eyed juncos, 9 grey partridge, 9 red-breasted nuthatches, 9 rock pigeons, 5 American crows, 5 pine siskins, 3 ruffed grouse, 2 bald eagles, 1 American robin and 1 great horned owl. Additional species detected during the official count week included a sharp-shinned hawk, a barred owl and an American goldfinch.

The intrepid volunteers included Charlene Berkvens, Tim Beyers, Pauline Bloom, Bev Bryce, Susan Cosens,

Jim Duncan, Patsy Duncan, Charlie Dunlop, Fay Dunlop, Heather Hinam, Justine Josephson-Laidlaw, Carol Morgan, John Morgan, Doyle Nugent, Malachi Nugent, Quinn Nugent, Shawna Nugent, Gerry Reckseidler, Maureen Reckseidler, Andrew Robert, Jim Rodger, Johanna Rodger, Paul Rodger, Merlin Shoesmith, Stuart Slattery, Helen Slavuta, Joanne Smith, Tyler Thievin-Andres and Martin Zeilag.

On Dec. 5, the first Stonewall "Christmas Bird Count 4 Kids" event was organized by Discover Owls ([www.discoverowls.ca](http://www.discoverowls.ca)) for a grade 2 class from Ecole R.W. Bobby Bend School. During an hour walk, in rather cold weather, the 19 students and teachers saw 33 birds of 6 species. The young students were thrilled to see the birds, especially 17 Bohemian waxwings eating frozen mountain ash berries, but also a plump red squirrel eating a red crab apple. Thanks to volunteer Margaret Beirnes and teacher Jacqui Holod for helping with this event, and to the Oak Hammock Marsh Interpretive Centre for the loan of binoculars for the kids.

Hot chocolate while warming up was the perfect ending.

Please note that my wife Patsy and I welcome all winter sightings of great grey owls, barred owls and northern hawk owls which we catch and band as part of our research on these northern forest owl species. Please share your observations with us at [owlfamily@mts.net](mailto:owlfamily@mts.net) or 204-404-7063.



TRIBUNE PHOTOS BY JIM DUNCAN

Grade 2 Ecole R.W. Bobby Bend School students participated in the Christmas Bird Count 4 Kids last month.



A great-horned owl



A Bohemian waxwing eating Mountain Ash berries.

## > MPI FRAUD, FROM PG. 7

restaurant hadn't served breakfast in a number of years and the brother stated he hadn't seen his brother in over nine months.

MPI subsequently filed a Statement of Claim for repayment of the \$22,800 already paid.

### No. 4: "Not So Jolly Christmas Party"

The Winnipeg man told his adjuster that while he and his girlfriend were attending a Christmas party, someone stole his vehicle from a parking lot. He confirmed that he was missing a key. The man's Dodge Journey was recovered not far from the man's residence badly damaged after crashing into a tree.

An investigation was launched after several suspicious circumstances came to light. Investigators would learn the man and his girlfriend did return home from the party, with the male appearing highly intoxicated and agitated. Shortly after arriving home the 22-year-old vehicle owner was seen driving off in his vehicle.

When presented with all the facts the vehicle

owner withdrew their claim. Savings to Manitoba Public Insurance ratepayers: \$22,600.

### No. 5: "Vehicle Technology Tells All"

Thanks to an anonymous call to MPI's Tips Line, Autopac ratepayers were saved nearly \$40,000.

The vehicle owner opened a claim after his 2014 Nissan Titan was badly damaged after crashing into a ditch in rural Manitoba. The man claimed that he was driving at the time of the crash. However, due to tips/information provided, investigators believed the man's wife was actually driving and was heavily intoxicated at the time of the crash. However, police were unable to place her at the crash.

The vehicle owner was told that the vehicle's onboard Crash Data Recorder had been removed and staff with MPI's Training and Research Unit were going to download the data which would confirm occupants' weight in the front seat at the time of the crash. The man then withdrew his claim.

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# get inspired

> MEAL IDEAS

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## Chicken Burrito Salad

Prep time: 15 minutes

Serves: 6

Salad:

1 small head romaine lettuce, torn into small pieces

1 cup cooked brown rice

1 can (15 ounces) black beans, drained and rinsed

1 can (14 ounces) diced tomatoes

1 can (10 ounces) chicken breast chunks, drained and flaked

1 can (10 ounces) corn kernels, drained

1 can (4.25 ounces) diced green chilies, drained

1 can (2.2 ounces) sliced ripe black olives, drained

Dressing:

2 tablespoons fresh-squeezed lime juice

1 tablespoon fresh chopped cilantro

3 tablespoons extra-virgin olive oil

salt and ground black pepper, to taste

Salad: In large platter or individual bowls, place lettuce leaves. Top with brown rice, black beans, diced tomatoes, chicken, corn, green chilies and black olives.

Dressing: In small bowl, combine lime juice and cilantro; whisk in olive oil.

Add salt and pepper, to taste. Drizzle dressing over salad.



## Pasta with Spinach Pesto

Prep time: 10 minutes

Cook time: 15 minutes

Serves: 4

1 can (13.5 ounces) spinach, well drained

1 cup fresh parsley leaves

1/2 cup grated Parmesan cheese

1/2 cup walnuts or almonds

1 large garlic clove

1 teaspoon dried basil

1/4 teaspoon salt

1/8 teaspoon ground black pepper

1/2 cup extra-virgin olive oil

1 box (16 ounces) fettuccine noodles

In food processor, combine spinach, parsley, cheese, nuts, garlic, basil, salt and pepper; blend well. In slow, steady stream, add olive oil until mixture is blended and smooth.

Cook fettuccine as package directs.

Drain. Toss spinach pesto with fettuccine.



## Easy Weeknight Seafood Paella

Prep time: 5 minutes

Cook time: 25 minutes

Serves: 4

1 tablespoon olive oil

1 medium yellow onion, diced

1 small green bell pepper, cored, seeded and diced

2 large garlic cloves, minced

1 box (8 ounces) yellow rice

1 can (14 ounces) vegetable broth

1 can (14 ounces) diced tomatoes

1 can (10 ounces) whole baby clams, drained

1 can (8.5 ounces) peas, drained

1 can (6 ounces) medium shrimp, drained

1 can (3.8 ounces) sliced ripe olives, drained

In 2-quart saucepan over medium heat, heat oil; add onion, green pepper and garlic. Cook 5 minutes, stirring occasionally.

Add rice and vegetable broth. Over high heat, bring to boil. Reduce heat to low; cover and simmer 20 minutes.

Stir in tomatoes, clams, peas, shrimp and olives; cook 5 minutes.



## Maintain Integrity While Facing Tough Situations

a subtle form of violence against another?

Self-righteousness may feed the ego, but is also a signal that we still have some growing to do. No matter how lofty the principles we may be defending, if we are pointing fingers we are not truly living those principles.

We can still stand up for ourselves, establish clear boundaries, and make reasonable requests of others while coming from a place of compassion and goodwill. Ultimately, the best way to engender the respect and kindness of others is to model those ourselves.

It really does not matter who pushes our buttons, or how they do it: responsibility for our responses rests solely with us. Easy to change? No. Worth the effort? Definitely.

*Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on FaceBook for daily inspiration.*

I was reflecting on the idea of New Year's resolutions and the growing number of you who are making conscious efforts towards positive change. I wondered which single change might have the most profound effect on our lives and the lives of those around us.

After much thought, the answer, which emerged, was shifting the way we think and respond when something angers us. We can consider ourselves very evolved and conscious because of our focus on spirituality and all that is positive. However, how we respond to perceived negative behaviours or circumstances may be the truer test.

Negative experiences are incredible opportunities to practice staying centered and maintaining integrity. We may think of ourselves as peaceful, yet if our thoughts or words are attacking or judgmental, is this not



## Retro Turkey Club Salad

1/4 cup (60 mL) chopped, fresh dill

Croutons:

2 thick slices white or egg bread, cut into 1/2 inch (1 cm) cubes

2 Tbsp (30 mL) vegetable oil

2 tsp (10 mL) grated parmesan cheese

DIRECTIONS

Toss iceberg and baby arugula together and put half in the bottom of a large glass serving bowl.

Start layering the balance of ingredients evenly one on top of another and finish with the rest of the iceberg lettuce and arugula.

For the dressing, combine all ingredients in a medium bowl.

Pour dressing on top of salad and refrigerate. Sprinkle with croutons just before serving.

Croutons: Heat oil in a medium-sized fry pan. Add bread cubes, tossing to prevent sticking.

Remove from heat when golden brown and immediately toss with parmesan cheese.

INGREDIENTS

Salad:

2 cups (500 mL) chopped iceberg lettuce

2 cups (500 mL) baby arugula

1 cup (250 mL) cherry tomatoes, halved

1 cup (250 mL) scallions or green onions, chopped

1 1/2 cups (375 mL) chopped, cooked turkey

4 strips turkey bacon, chopped and cooked

1 cup (250 mL) shredded cheddar

1 cup (250 mL) frozen peas

Dill Dressing:

1 cup (250 mL) low fat sour cream

1/2 cup (125 mL) low fat mayonnaise

1 tsp (5 mL) granulated sugar

1/2 tsp (2 mL) salt

1/2 tsp (2mL) pepper

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## Message from the Board Chair

I appreciate the opportunity to be able to highlight Interlake-Eastern's accomplishments and challenges from the past year but our work also speaks to the broader plan underway provincially. Never before has Interlake-Eastern RHA's role in contributing to provincial principles of value, quality, efficiency and effectiveness been so clearly defined.

We have been steadfast in our efforts to achieve our regional objectives that contribute to the provincial transformation plan and we are continuing to manage to budget. We have never had so many opportunities to work so closely with our regional counterparts in collaboration with health-care leaders at the provincial level.

This has been an exceptional year for the region and our employees as we begin to understand our role as a service delivery organization within the provincial context of health-care transformation that is designed to improve the quality, accessibility and efficiency of services. Guiding the work of the transformation are a number of expert reports. These include the Health Sustainability and Innovation Review conducted by KPMG, the Clinical and Preventive Services Planning for Manitoba review report (also known as the Peachey report), the Wait Times Reduction Task Force Report and recent reviews of EMS services and home care, as well as a review of mental health services. Interlake-Eastern RHA's perspectives are incorporated into these guiding documents through consultations with residents from the region, frontline staff, senior leaders and executive members.

You will see in the stories we're sharing with you we are already well on our way towards creating positive changes that will allow you better access to the care you need when you need it, in a system that is patient-focused and sustainable for generations to come.

Margaret Mills,  
Board Chair  
Interlake-Eastern Regional Health Authority

*M. Mills*

## Interlake-Eastern Health Foundation celebrates first year

This November, the Interlake-Eastern Health Foundation celebrated its first year of creating charitable opportunities to benefit health care in our region. The mission of the foundation is to raise funds that support health care across the Interlake-Eastern region. Their goal is to build healthier lives and enhance the quality of life by improving access to resources through philanthropy.

Pamela McCallum, executive director of the foundation, says giving through the Interlake-Eastern Health Foundation is an opportunity to care for your community.

"We are the essence of what community stands for; we take care of each other," she said.

With an area of 61,000 km<sup>2</sup>, Interlake-Eastern Regional Health Authority is one of Manitoba's largest health regions, home to 129,000 residents, 10 hospitals, and 16 long-term care sites that provide general and specialized care to a diverse patient population. By working with community partners to create a culture of philanthropy, the foundation is ensuring the health-care expectations of our communities and our staff are met. The

foundation works to partner with members of the community and with our staff to implement a wide variety of fundraising initiatives to achieve this ambitious goal.

Over the past year, the Interlake-Eastern Health Foundation has raised nearly \$300,000 to improve our health-care facilities and programming in communities across the region. Here are some of the many examples of generosity the foundation has coordinated to contribute to community health and wellness. ●



Jim and Betty Anne Gaynor made a \$20,000 donation to create the "Gaynor Family Children's Fund" to support children's health and wellness across the region. (L to R: Jim and Betty Anne Gaynor with Pamela McCallum, executive director of the Interlake-Eastern Health Foundation)



Bill and Olive Cholosky set aside \$100,000 from their estate to create an endowment fund that will support operations at the Selkirk Regional Health Centre. (L to R: Dr. Daniel Lindsay, director of diagnostic imaging, Interlake-Eastern RHA, Pamela McCallum, executive director, Interlake-Eastern Health Foundation, Brent Wynnyk, estate executor and nephew of Bill and Olive Cholosky, and Ron Janzen, vice president corporate services and chief operating officer of Selkirk Regional Health Centre, Interlake-Eastern RHA.)



Pamela McCallum (executive director, Interlake-Eastern Health Foundation) with Wendy and Bob McCleary next to the stained glass artwork that they commissioned and donated to Selkirk Regional Health Centre. The McClearys consulted with the foundation to find out what they could do to create more peaceful settings for staff and patients. Their donation of \$10,700 was used to create stained glass that Bob designed himself, a bench for the hospital's courtyard and a much needed scale for the surgery department.

## Who's on your team?

Know which health-care providers you can enlist to help keep you healthier, longer

Many of our region's clinics have a collaborative, team-based approach to ensure you have the right care, in the right place at the right time. In addition to family physicians and nurses, your home clinic or community health office may have other types of care providers – such as dietitians, chronic disease nurses or mental health specialists – that you can go to for advice on your health, often without referrals. Because they all have shared access to your electronic medical records in your home clinic, they all know your health-care story without you having to repeat your health history to each new care provider.

See this helpful list below to learn about some of the different types of care providers that you may have access to as part of your home clinic team:

### Chronic Disease Nurse

Chronic disease nurses help you focus on the prevention and day-to-day management of chronic diseases. They work with individuals and community groups to provide education on healthy lifestyle choices when living with conditions such as diabetes, heart conditions, stroke, high blood pressure or high cholesterol.

### Nurse Practitioner

Nurse practitioners (NPs) are health-care professionals who are trained to offer most of the same services that a primary care physician can provide. NPs provide care in a variety of health-care settings in our region and can help you by diagnosing and treating illnesses, ordering tests, prescribing medications, managing chronic illness and educating you on disease prevention and healthy lifestyles.

### Primary Care Nurse

Primary care nurses provide a variety of health-care support, education and services. They offer physical exams and health assessments, check-ups for expecting or new mothers, blood sugar monitoring, removal of stitches, wound care and administering injections and IV medications.

### Primary Care Physician

Primary care physicians are family physicians who work with you to monitor your health and ensure that you and your family stay healthy throughout all stages of your life. They can assist you by providing physical exams, prescribing medication, ordering tests, treating common illnesses, helping you manage chronic conditions such as diabetes or high blood pressure and monitoring changes in your health that may require attention.

### Registered Dietitian

Registered dietitians provide counseling about diet, food and nutrition. They can help you plan meals and make healthy food choices; advise you on how to adjust your diet to prevent and/or treat chronic disease such as diabetes, high blood pressure and high cholesterol; provide information on food allergies and intolerances; and educate you on how to maintain a healthy weight. ●

### RAAM Clinic Service profile

New RAAM clinic in Selkirk allows faster access to help for addictions

On Nov. 13, Interlake-Eastern



RHA opened a Rapid Access to Addictions Medicine (RAAM) clinic at Selkirk's community health office on 237 Manitoba Ave.. The clinic operates every Tuesday from 12:30-3:30 p.m.

RAAM clinics are walk-in clinics for adults (ages 18+) looking to get help with high-risk substance use and addiction. This includes people who want to try medical assistance to reduce or stop their substance use. It can be very

difficult for people to accept that substance use is problematic, and it's normal for people to feel ashamed, frightened or angry. But the good news is medical treatment for problematic substance use and addiction is safe and effective. People can and do recover from addiction.

No referral is needed and you don't need an appointment, just show up during clinic hours. If you have a Manitoba Health card

or Manitoba Health number, please bring this along. For more information, call the Manitoba Addictions Helpline at 1-855-662-6605 or go to <https://is.gd/MBAddictionRAAM>.

For youth under 18 years old, please contact the Youth Addiction Centralized Intake service at 1-877-710-3999 (8:30 am – 4:30 pm, weekdays) or visit <https://is.gd/YouthAddiction>. ●

IERHA board chair, Margaret Mills with Minister of Health Seniors and Active Living, Cameron Friesen (middle) and family physician Dr. Manish Garg who spoke at the RAAM clinic opening.

If you missed the Health Update in your mailbox recently, read these stories and more in Health Update 2018 at [www.ierha.ca](http://www.ierha.ca), "About Us", "Publications & Reports" or visit <https://is.gd/IERHAHealthUpdate>



# Good Samaritan always lending a helping hand

By Jennifer McFee

A local man has gained a positive reputation for always lending a helping hand.

Al Kilgallen is well known for his ongoing efforts to assist seniors in town, as well as other residents of all ages. From snow shovelling to lending a listening ear, Kilgallen can often be found dedicating his time to those around him.

Marge Lenko can attest to his helpful nature, which she cherishes as an essential part of her life.

“I think I couldn’t be without him,” said Lenko, who will soon celebrate her 83rd birthday. “You name it, he’ll help. It wouldn’t matter what.”

Lenko and her late husband Alex moved to Stonewall in 1992 after living across the country and around the world — everywhere from Alberta and the Yukon to Sardinia and France.


She’s been on her own since her sister died in August 2002, followed by her mom in November 2002 and her husband in January 2003. Her brother died five years later in 2008.

“I’m alone. I have no family,” she said. “I have nobody. I



TRIBUNE PHOTO BY JO-ANNE PROCTER

Good samaritan Alan Kilgallen can often being found dedicating his time to helping local residents with daily chores. Pictured with Kilgallen is Marge Lenko.



**Instructor, Human Resources**

**Interlake Regional Campus**

Applicants are to clearly demonstrate how they satisfy the selection criteria in their written submissions and must identify the competition number they are applying for in the subject line of the email.

This competition may be used to establish a 12 month eligibility list of qualified candidates for future vacancies.

**DUTIES**

The Interlake Campus, Selkirk location requires instructors whom will be responsible for instruction of courses related to Human Resources. Duties include supervision and guidance of students in the classroom setting, community social learning opportunities, preparing course outlines, maintaining student records, student evaluation, development and adherence to the delivery schedule within an allocated time, attendance at scheduled meetings, ensuring curriculum content is consistent with parent program and student assignments reflect industry needs.

**REQUIRED QUALIFICATIONS**

- CPHR designation
- Significant related industry experience
- Effective written and verbal communication skills
- Excellent interpersonal skills
- Proven presentation skills
- Demonstrated leadership skills
- Values Diversity, Equity, and Inclusion
- Commitment to lifelong learning

**ASSETS**

- Experience developing curriculum and instructing at a post-secondary level
- Experience developing and instructing distance delivered courses, including virtual classrooms
- Experience training others in human resource related topics
- Certificate in Adult Education (CAE)

**CONDITIONS OF EMPLOYMENT**

- Applicants must be legally entitled to work in Canada
- This position may be required to work evenings and/or weekends

**COMPETITION NUMBER**

2018-210

**CLOSING DATE**

January 18, 2019

**SALARY**

\$30.52 - \$45.33 hourly\*

\*The successful candidate with a Masters or PhD in a related field will receive an Educational Supplement of \$2,725 or \$5,450 per annum, respectively, prorated on an hourly basis.

**POSITION LOCATION**

Interlake Campus/Selkirk, MB  
(40km outside of Winnipeg, MB)

**POSITION TYPE**

Part-Time Positions Available

Anticipated February 25, 2019 up to March 31, 2019

Possibility of an Extension to July 05, 2019

**APPLY BY EMAIL TO**

humanresources@rrc.ca

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We thank all applicants for their interest, but only those selected for an interview will be contacted. Red River College provides accommodations to applicants with disabilities throughout the hiring process. If an applicant requires accommodation during the application or interview process, Human Resource Services will work with the applicant to meet accommodation needs.

For more information and other employment opportunities, visit [rrc.ca/hr](http://rrc.ca/hr)

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live by myself.”

That’s why Kilgallen’s gestures are particularly meaningful for Lenko.

“When my dog was put down, the very next day Alan came over and said to me, ‘Marge, you have never missed a day of walking, have you? I know you’re hurting and you have nobody to walk. How would you like to take my dog and walk him?’” said Lenko, who grew up in Fraserwood.

“Well, talk about a miracle happening on this planet. It gave me life again. The thing was, he knew that I’m alone and I’m crying every day. He’s been here for me. That’s the type of guy he is — not only for me, but for other people too.”

For Lenko, it’s comforting to know that Kilgallen is just a phone call away.

“He’s done so much for me. I’m so proud of him, and his wife Gloria is just as good. Last Christmas, Gloria had done all the cooking and Alan brought it over in the middle of winter. It was turkey, mashed potatoes, stuffing. They’ve been so good to me,” she said.

“Mind you, I have other neighbours that are good to me too, but Alan and Gloria are there for me 24-7. To have somebody do this much for me, it is such a blessing. I’m happy to be here.”

And for Kilgallen, he’s happy to help out whenever he can.

“I retired when we sold our company about 10 years ago. My wife does daycare at home, so instead of sitting at home with all the kids, I figured I’ll get out and help people with things,” he said.

“I help a lot of elderly people here in town who

can’t do some things on their own. A lot of them want to stay in their houses as long as they can, so I help them with things like cleaning their eavestroughs, cutting their grass, cleaning their windows, filling their water softeners with salt or other things like that.”

Typically, Kilgallen can be found helping someone every day — and he often makes four or five daily visits to lend a hand.

“I do it for some of the younger people, too, but mostly elderly. There really isn’t a lot of people that will go and do little jobs like that,” he said.

“I get so much baking and things given to me all the time. A lot of times, they try give me money, but I’m not doing it for the money. I’m just doing it for something to do.”

Back when Kilgallen was working full time in the city, he used to visit a friend’s farm on the weekends to cut wood or chase cows.

“It was just a stress reliever to get out and get away from the rat race,” he said. “I started to really like it.”

Offering an inside perspective, Kilgallen has noticed that many people simply seem to need to maintain a social connection.

“A lot of the elderly people really want somebody to talk to. I spend a lot of time talking to them and they tell me different things since ordinarily there’s nobody there to talk to,” he said.

“So I spend a lot of time visiting rather than working. I try to help out as often as I can.”

For Lenko, she is nearly overcome with emotion when she speaks about her “angel,” Alan.

“This is what you call a gift from heaven.”



# Armstrong invests in new vehicles for fire department

By Patricia Barrett

The RM of Armstrong council has invested in new firefighting equipment for its volunteer firefighters in the Inwood and Fraserwood fire departments.

Council purchased two pumper trucks – one for each fire department – and a rough terrain vehicle (also called a side-by-side) for the Fraserwood department.

Inwood received its new pumper on Dec. 15, and Reeve Susan Smerchanski and council members were on hand to celebrate with firefighters. Smerchanski also paid a visit to the Fraserwood department when it received its side-by-side. Its new fire truck is scheduled to arrive in spring.

Inwood's pumper was built by Fort Garry Fire Trucks and firefighters received training in its operation.

Smerchanski underscored the importance of having up-to-date equipment for the municipality's firefighters, who cover an extensive territory ranging from west of Chatfield south to Inwood and from Silver to Komarno. They also provide assistance to fire departments in neighbouring municipalities.

"This is about supporting our fire departments, providing necessary equipment and working smarter not harder," said Smerchanski. "The RM of Armstrong is a huge geographical



RM of Armstrong council purchased a rough terrain vehicle for the Fraserwood Fire Department

area and we're experiencing increasingly extreme weather conditions and wildfire hazards."

The municipality had two major fires last year that destroyed homes and closed highways. A fire ban was implemented across most of the Interlake during the spring and summer after a winter with very little moisture. An extremely dry spring made it difficult to contain the spread of wildfires.

The rough terrain vehicle, a 2018 Can Am Defender HD8, is designed to fight grass fires. It's equipped with a water tank and a trailer that can transport gear and firefighters over terrain that's inaccessible to fire trucks.

"The RM of Armstrong Council,



TRIBUNE PHOTOS COURTESY OF SUSAN SMERCHANSKI

RM of Armstrong council members and the Inwood Fire Department celebrated the arrival of the new pumper.



Armstrong Reeve Susan Smerchanski (front, centre) with Fraserwood firefighters and their new rough terrain vehicle.

residents and taxpayers have a tremendous respect and appreciation for the tireless efforts, commitment, hard

work and dedication of all of our volunteer firefighters," said Smerchanski.

## worship *with us*

> FAITH

### Pursuing God's Will

You may have heard that the safest place to be is in the centre of God's will. Depending on your version of "safe," I would counter that God's will is not always the safest place. It is there that you often collide directly with Satan's attacks. It can be hazardous emotionally, physically, and relationally. Although it is not always safe, being in the centre of God's will is the place where you will be used the most and change the most. For example:

- Noah put up with years of ridicule to build the ark, but in the end saved his family.

- Moses faced resistance from Pharaoh to lead Israel out of Egyptian bondage.

- Daniel was thrown in the lion's den for praying to God.

- Jesus died on the cross to bring salvation to all people.

- Paul was stoned and beaten as he brought the gospel to the Gentile people.

Doing God's will does not keep you from heartache and hardship. Jack Hayford writes, "Discovering the will of your Creator and Savior—and walking in that will—may not be the most "secure" way to live, according to the world's standards.

But I assure you of this: It will be the most fulfilling thing that could ever happen to you."

Pursuing God's will takes surrender, perseverance, and commitment. When God called Abraham to follow him, Abraham had to surrender what he was comfortable with to take on a new direction for his life—"The Lord had said to Abram, 'Go from your country, your people and your father's household to the land I will show you. ... So Abram went, as the Lord had told him'" (Gen. 12:1, 4). He persevered and stayed committed to God in this new plan for his life.

As you enter 2019 what is the journey that God is calling you on? Are you ready to pursue him fully? What new things will you try and experience? It takes courage to follow God



fully, but as you do, God will transform your life and like Abraham your life will become a blessing to others.

Dr. John Harrison  
Pastor at New Life Church  
Chair of the Stonewall Ministerial



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Selkirk Curling Club hosts successful junior bonspiel

By Brian Bowman

The Selkirk Curling Club was rockin' with some great curling action at its junior bonspiel back on Dec. 20-23.

The bonspiel featured a U21 event, which was a bracket tournament, while the mixed doubles was a round-robin format.

"There was definitely some great curling action," said Shayne Merritt, the Selkirk Junior Curling Coordinator, who also competed in the event.

"We had teams that (competed at the) junior provincials and we had some local teams out - it was a lot of fun."

There were 12 under-21 teams and eight mixed doubles ones. The U15 event couldn't happen this year due to low registration numbers.

"We had a U15 division last year," Merritt noted. "I was a little disappointed that we weren't able to get that age group out this year. The event was close to Christmas so it was understandable that we didn't have as many teams as last year (but) we're going to try again in the future."

Here are some of the results from the Selkirk Junior Bonspiel:

The A-side winner was Team Serena Gray-Withers from the Granite Curling Club in Winnipeg (she was seeded No. 2 for the Junior Women's Provincials).

The B-side winner featured Team

Arah Davies from the St. Vital Curling Club while the top C-side rink was Team Luc Desaulniers from the St. Adolphe Curling Club.

The mixed doubles team of Taylor Davies and Thomas McGillivray claimed their second consecutive title in Selkirk.

Results for teams and players from the Interlake included Winnipeg Beach's Josh Maisey losing 7-2 in the A-side semifinals to St. Vital's Jordan McDonald.

Assiniboine's Joshua Friesen, whose rink included Petersfield's Shawn Thidrickson, lost 8-2 in the B-side semifinals to St. Vital's Team Davies.

Merritt was defeated 7-5 in the B-side final to Team Davies.

Of note, Team Liam Wachal from St. Vital scored a rare 8-ender during the event.

Meanwhile, the Selkirk Curling Club will be sending 10 juniors to Curl Manitoba's Hit Tap Draw Regionals Competition.

Hit tap draw is a skills competition for juniors aged 6-13 and there are three age groups - 6-8, 9-10 and 11-13.

"There is a great competition for us to send juniors to," Merritt said. "This gives juniors just starting the sport a chance to see what competitive curling is like."

"I wish this was around when I was a junior because it's a great opportunity



TRIBUNE PHOTO BY BRETT MITCHELL

Stonewall's Ryan Miller delivers a rock while Selkirk's Eric Skyepec, left, and Evan Bobrowich sweep during junior bonspiel action at the Selkirk Curling Club.

to see other juniors in our region."

There are three levels to the competition, beginning with the club portion where the Selkirk juniors competed against each other and then the regionals will be held in Beausejour on Jan. 21.

If the young curlers win the regional, they then get the opportunity to go curl at the Brier in Brandon for the provincial Hit Tap Draw competition in March.

"The fact that they get to curl on Brier ice is like a once-in-a-lifetime opportunity that not everyone gets a

chance to do," Merritt said.

The local curlers headed to Beausejour are

Stefanie Kambas, Carson Salmon, and Logan Asquith (six- to eight-year-old division), Juliet Cyrenne, Harrison Douglas, and Nolan Dear (nine to 10 years old), and Kaimen Doyle, Austin Martin, Vaughn Grant, and Ethan Gillespie (11-13 years old).

Each curler throws three shots - a hit, a draw, and a tap (aka a raise) - and each shot is scored out of five points for how well they made the shot.

## Annual Argyle Men's spiel ices 25 teams



TRIBUNE PHOTOS BY COLIN CROCKATT

The 2019 Argyle Men's Spiel was held Jan. 2-6 with 25 teams competing for this year's trophy. Ryan Smith missed the button on his chance to win \$500 in the 'Terraco Shootout' and settled with the consolation prize of \$100. The grand prize next year will be \$1,000. The band 'Two Crows for Comfort' was the entertainment Saturday night. Pictured in the left photo, left to right, was the first-event winner Team Sigurdson. Their rink included Murray Slagerman, Justin Hoplock, Andrew Hunt, and Steen Sigurdson. Team Weatherburn's rink of Bob Harris, Lionel Bernhard, Lawrie Hogg and Larry Weatherburn won the second event while the third event was captured by Chris Krychuck, Peter Van Kemenade, Tristan Janke and David Green.



# Locals compete at junior men's curling provincial championship

By Brian Bowman

Stonewall's Thomas Dunlop finished with a 4-3 record in the Asham Express Red Group at the 2019 Canola Junior Men's Provincial Championship at the Heather Curling Club in Winnipeg.

Dunlop, who curls out of East St. Paul, started play last Thursday with a tight 6-5 win over Assiniboine Memorial's Joshua Friesen but then lost his next three games.

He was defeated by East St. Paul's Ryan Wiebe (9-5), Fort Garry's Jordan Johnson (8-4), and Elmwood's Brett Walter (7-3).

But to their credit, Dunlop's rink, which featured third David Wilkinson, second Zack Bilawka, and lead Matthew Dunlop, closed out the provincials with three consecutive victories.

Dunlop doubled Winnipegosis' Tyson Beyak 10-5 and then beat Mordan's Marcus Titchkowsky 7-5 before crushing Charleswood's Zachary Wasylik 9-2.

In the Asham Black Group, Brandon's Brayden Payette, whose rink included Stonewall's Emerson Klimpke at third, was defeated 9-3 by St. Vital's Jordan McDonald in a tiebreaker on Sunday.

Both teams finished pool play with 5-2 records.

Meanwhile, J.T. Ryan became the first skip in Manitoba to win three straight junior men's provincials titles on Monday evening.

His Assiniboine Memorial rink, which includes third Jacques Gauthier, second Jordan Peters and lead Cole Chandler, won nine straight games.

They wrapped up their impressive run with a dominating 10-1 win over McDonald in the final.



Stonewall's Emerson Klimpke delivers a rock during the 2019 Canola Junior Men's Provincial Championship. Klimpke played third on Brandon's Brayden Payette rink that went 5-2 in pool play before losing 9-3 to St. Vital's Jordan McDonald in a tiebreaker.

Ryan, who put the game away with four in the sixth end, advanced to the final by defeating Elmwood's Brett Walter 8-6 in the 1 vs. 2 Page playoff game earlier in the day.

Ryan and his talented rink will now be headed to



TRIBUNE PHOTOS BY LANA MEIER  
Team Dunlop finished with a 4-3 record at the junior men's provincial championship at the Heather Curling Club in Winnipeg.

the Canadian junior championship in Prince Albert, Sask., from Jan. 19-27.

Ryan lost a tiebreaker at the national championship two years ago and was eliminated in the semi-finals last year.

# Riels upset Jets in Manitoba Major Junior Hockey League action

By Brian Bowman

The Stonewall Jets and St. Boniface Riels must have been in a festive mood on Sunday at the Bell MTS Iceplex.

The two teams combined for just two minor penalties as St. Boniface skated to a 4-2 Manitoba Major Junior Hockey League victory.

After a scoreless opening period, the Riels' Jacob Tresoor and the Jets' Keegan Daniels-Webb traded second-period goals.

In the third, St. Boniface's Kyle Lang scored just 24 seconds into the period but Stonewall's Taylor Radley replied with his second goal of the season 1:06 later.

The Riels' Nicolas Burmey netted the game-winning goal at 15:59 and then Aidan Buhler added an empty-net marker at 18:38 with Jets' goalie Adam Swan pulled for an extra attacker.

Stonewall outshot St. Boniface 34-20, including 26-11 over the final two periods.

The Jets started the new year with a nice 3-2 win over the Ft. Garry/Ft. Rouge Twins in Stonewall on Jan. 4.

The Twins' Tyler Slobogian and the Jets' Aiken Chop traded first-period goals and then Chop and Ryan McMahon tallied in the second to put Stonewall up 3-1.

McMahon and Daniels-Webb each finished the game with two assists.

Ft. Garry's/ Ft. Rouge's Zach Odwak closed out the game's scoring just 42 seconds into the third.



TRIBUNE PHOTO BY LANA MEIER  
Jets' goaltender Curtis Beck made 37 saves against the Twins for the win on Jan. 4.

Curtis Beck made 37 saves for the win.

2018 ends with a home loss

Stonewall wrapped up play in 2018 with a 5-2 home loss to the Raiders Jr. Hockey Club on Dec. 23.

The Raiders' Dale Mounk scored the lone goal of the first period and then Dawson Anderson made it 2-0 at the 4:25 mark of the second.

Both goals came on the power play.

McMahon scored at 16:11 of the middle frame but Anderson answered with his second goal of the game early in the third.

Chop then tallied with the man advantage but the Raiders closed out the game's scoring with goals from Cam Graham and Anderson.

Anderson's hat-trick goal came with just 25 seconds left in regulation time and Beck pulled for an extra attacker.

Jets grounded

On Dec. 21, the Jets were stopped 5-1 at home by the Pembina Valley Twisters.

Stonewall's Chance Dickenson netted the only goal of the first period but Pembina Valley's T.J. Matuszewski tied the score at 1-1 with a second-period tally.

The Twisters' Derek Wood, Mark Klassen, Brendan Keck and Owen Wiebe then scored in the third.

Pembina Valley outshot Stonewall 44-27.

The Jets, now 12-12-3 and with 27 points to occupy seventh place in the 10-team league, will host the last-place River East Royal Knights on Wednesday and then will visit the Raiders Friday.

Both games will start at 7:30 p.m.



# Bantam Lightning take bite out of Sharks

Staff

The Interlake Lightning Bantam boys' hockey team resumed action after the holiday break.

The Lightning defeated the Winnipeg Sharks 5-4 last Thursday in Stonewall and then was downed 6-1 by the Pembina Valley Hawks in Carman on Friday.

In the win over the Sharks, Kaydyn McMahon scored the game-winning goal with just 12 seconds remaining in the third period.

Interlake's Brayden Stevenson had tied the score 1:49 earlier.

Payton Bateman scored for the Lightning in the first period and then Karson King and McMahon tallied in the second.

Bateman finished the game with four points.

Kalen Reynolds (two), Jordan Crawford, and Graham Maslow scored for the Sharks.

Dawson Cowan made 23 saves for the win.

Against the Hawks, Stevenson scored a first-period power-play goal.

Tyler Parr paced Pembina Valley with two goals while Brock Wood, Slade Southeran, Drew Peters, and Brodie Desrochers added singles.

With the split, Interlake is now 10-11 (with three overtime losses) and has 23 points to sit in fourth place in the five-team East Division.

Interlake will take on the Winnipeg Monarchs on Wednesday at 6 p.m. at the Bell MTS Iceplex.

The Lightning will then play the Eastman Selects on Friday (7:30 p.m.) at the Sagkeeng Arena.



TRIBUNE PHOTO BY LANA MEIER

Lightning captain Carson King scored in Interlake's 5-4 win against the Winnipeg Sharks last Thursday.

## Midget 'AA' female Blues looking to continue their success in 2019

Staff

The Stonewall Blues had a successful December, compiling a 4-2-1 record.

They hope to continue that success for the remainder of the season.

The Blues are currently in second place in the five-team Midget "AA" league with a 9-7-2-1 record and 21

points.

"I think our team is miles ahead of where we were last year," said Blues' head coach Peter Mandryk. "We're doing a lot of things the right way but we just need to work a little bit more on being consistent and I think we'll be fine."

Stonewall was nine points back of

the Victorias and seven ahead of the Predators heading into this week's games.

The Blues wrapped up play in 2018 with a 4-1 loss to the Victorias and then began the new year by being defeated 8-3 by the Victorias on Jan. 2.

The Blues and Victorias played again three days later with Stonewall losing

1-0.

Stonewall feels they are closing the gap between themselves and the league's top team.

"(The Victorias) have a pretty good club again," Mandryk said. "We've had some real close games with them and one not so close. But we're changing things a little bit as to how we play those guys and last game we lost 1-0 on a fluky goal."

On Sunday, Stonewall battled the Predators to a 1-1 tie.

The Blues have scored - and allowed - 41 goals this season through 19 games.

Defensively, Stonewall has been very good this season.

"Our goaltending has been excellent and our defence is really, really strong," Mandryk noted. "We're fortunate that we have two third-year players that are real strong players."

"And the young players with us this year are just real good hockey players. We're fortunate that the back end of our team is solid but we just need to be a little bit more consistent in the offensive end and put a few more pucks in the net."

Stonewall is back in action this Saturday it hosts the Twins in Stonewall.

The Blues will then host the Titans on Jan. 19 in Warren.

Both games have 2:15 p.m. start times.

## Stony Mountain brings home silver



TRIBUNE PHOTO BY SANDI SWANSON

The Stony Mountain Flames Atom hockey team won silver at an Oakville tournament last weekend. Stony Mountain defeated Steinbach 7-3, Altona 4-3, and St.Claude/Treherne 4-2 before losing 4-3 to Altona in the final. Pictured are coaches Bob Sinclair, Kirt Swanson, Corey Breul, and Graham Schlamp. Back row: Devin Lillies, Ryder Buekert, Mason Rainkie, Justin Breul, Connor Phillips, Tyson VanDeSype, and Randel Gaudry. Front row: Dominic Brewer, Connor Osborne, Riley Swanson, Damon Marquart, Liam Connolly, Brooklyn Munson, Aiden St. Jean, and Nathan Sinclair. Missing from the picture is Bruno Young.



# Lightning split weekend games with Thistles

By Brian Bowman

The Interlake Lightning had mixed results to start the new year.

Interlake split a pair of home games against the Kenora Thistles last weekend after a 5-3 loss Sunday in Manitoba AAA Midget Hockey League action.

Kenora's Cooper Witherspoon scored at the five-minute mark of the first period but Interlake responded with goals from Matthew Vandel and Ethan Johnson late in the period.

Johnson's goal was a power-play marker.

The Thistles outshot the Lightning 19-7 in the middle frame and outscored the home side 3-0.

Aiden Bibeau, Dante Derouard, and Aidan Shumka scored by the 8:04 mark of the second.

Interlake's Shane Bear potted a power-play goal in the third but Kenora's Sam Brunton replied with a goal at 17:20.

On Saturday, Interlake defeated Kenora 5-3 as the Lightning scored three third-period goals.

Vandel led Interlake with two goals and an assist while Carl Ingalls had a goal and three helpers.

Derrick Lange and William Faraci also tallied for the Lightning.

Witherspoon, Brunton and Shumka replied for Kenora.

Chris Fines made 32 saves for the win.

## Wild win

Interlake wrapped up play for 2018 with an 8-1 loss to the first-place Winnipeg Wild at the Bell MTS Iceplex.

Keiran Schioler scored a third-period power-play goal for the Interlake, assisted by Vandel and Kaden Stewart.

Reese Belton (two), Kaden Bryant (two), Brandon McCartney, Tyson Smith, Tyler Thoendel, and Dean Gorchynski scored for the Wild.

## Hawks fly past Lightning

On Dec. 21, the Lightning lost 7-4 at home to the Pembina Valley Hawks.

Pembina Valley erased a 4-3 second-period deficit with four unanswered goals, two coming in the third period.

Vandel and Nicholas Prystupa led Interlake with a goal and an assist apiece while Schioler and Chase Barkley also tallied.

Roux Bazin (three), Riley Goertzen (two), Trent Penner, and Tyler Park replied for Pembina Valley.

The Hawks scored twice with the man advantage in the second period and added two goals while short-handed in the third.

Pembina Valley outshot the Interlake 59-26.

The Lightning, now 6-25, have 14



TRIBUNE PHOTO BY LANA MEIER

The Lightning's Matthew Vandell, left, and Carl Ingalls celebrate their goal in the 5-3 win against Kenora Saturday night.

points to occupy 11th place in the 13-team league.

Interlake will host the Winnipeg Bruins on Wednesday at 7:45 p.m. in Teulon.

The Lightning will then hit the road

this weekend, beginning with a Saturday (2 p.m.) tilt with the Parkland Rangers in Dauphin.

Interlake will then play the Yellowhead Chiefs on Sunday (2:30 p.m.) in Shoal Lake.

## Mercs' winning streak reaches seven games

### Staff

The Warren Mercs extended their winning streak to seven games after defeating the Winkler Royals in South Eastern Manitoba Hockey League action last Sunday.

Winkler held period leads of 4-2 and 5-4 but Warren scored four unanswered goals in the third.

Braydon MacDonald led Warren with three goals and an assist. Mitch Hansen added two goals and two helpers while Johnny Lazo had a goal and three assists.

Wade Duncan and Trent Genyk also scored for the Mercs.

Brendan Mitchell, Cole Murdock, Brock Genyk and Travis Bobbee each had two-assist games.

Jamie Thiessen, Marcus Neufeld, Brett Harder, Chad Unrau and Marlin Froese scored for Winkler.

Hayden Dola made 18 saves for the win.

On Dec. 29, the Mercs crowned the Royals 7-2.

Hansen opened the scoring just 3:40 into the game and then Winkler's Phil Letkeman and Warren's Chase Faulkner traded goals midway in the first period.

Reid McLeod and Aldyn Gray scored for the Mercs in the second period and then Eric Swanson and Faulkner put Warren up 6-1 by the 7:42 mark of the third.

Neufeld replied with a goal for Winkler and then Faulkner completed his hat trick at 18:10 of the third.

Faulkner now has eight goals and 14 points in nine games this season.

Warren's Matt Jacobucci finished the game with five assists while Hansen and Brendan Luschnski each had a pair of helpers.

Hansen leads the Mercs in goals scored (11) and points (24) this season.

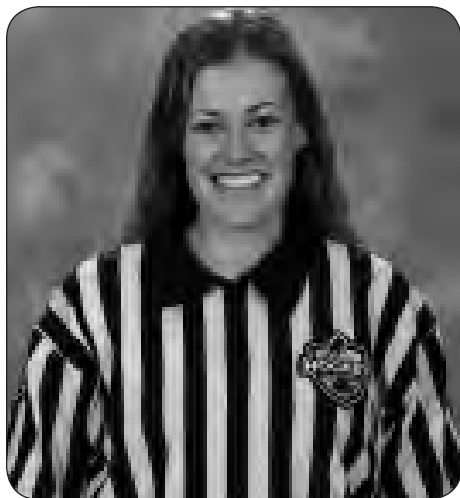
Curtis Beck made 28 saves for the win.

With the two victories, Warren improved its record to 10-2 and the Mercs now have 20 points to sit in second place, one point behind the Portage Islanders.

Warren has played two fewer games, though, heading into this week's action.

The Mercs' next game is this Sunday at 3 p.m. when they host the Morden Redskins.

## Martin selected to officiate Canada Winter Games



Amy Martin

### Staff

Hockey Manitoba announced last month that three officials have been selected to represent Manitoba at the 2019 Canada Winter Games in Red Deer, Alta.

The male hockey will take place

from Feb. 15-23, followed by the female hockey Feb. 23 to March 3.

Officials selected to attend the 2019 Canada Winter Games include Stonewall's Amy Martin (referee).

Martin is a level IV official, who has experience lining the 2015 and 2016 Female World Sport School Challenge gold-medal game, the Women's U-18 Championship, and numerous finals (including male Bantam "AAA", male City Midget "AAA" and the Manitoba Women's Junior Hockey League).

She has also lined for Female U18 POE games, Midget and Bantam "AAA" female showcases, and the Director's Cup.

Martin's talented career on the ice is also noticed off the ice as she was the recipient of the Kenneth R. Stiles Memorial Scholarship in 2014 and 2016.

The other two officials are Winnipeg linesmen Matthew Granger and Lane Gramiak.



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**IN THE MATTER OF:**  
The Estate of Ronald Allary, late of the Postal District of Stony Mountain, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, ROC 2Z0 on or before the 11th day of February, 2019.

DATED at Stonewall, Manitoba, this 21st day of December 2018.  
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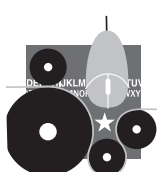
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Direct inquiries to Michelle Procter, Student Services Administrator, email: [mprocter@isd21.mb.ca](mailto:mprocter@isd21.mb.ca), tel: 204-467-5100.

Applications are to include a complete resume and three references. Deadline for receipt is January 16, 2019, 12:00 noon.

Apply to:

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## ANNOUNCEMENT

### CARDS OF THANKS

I would like to say a big "Thank-you" to all friends, family and neighbours for all the visits, phone calls and cards during my recent illness. Also, for the food items. It all made for a speedy recovery.  
Sam Hofer

## ANNOUNCEMENT

### CARDS OF THANKS

I wish to thank my family for hosting my 90th birthday gathering, for the lovely cards, phone calls, good wishes I received from friends, also for the beautiful plant and card I received from the Meadow Lea church congregation.  
Thank you very much  
Alice MacMillan

## ANNOUNCEMENT

### CARDS OF THANKS

Our words and hearts cannot express how grateful we are for the outpouring of love and kindness during our time of extreme sadness when Gail left us in December. To old friends and new, neighbors and family, please accept our most heartfelt appreciation for all the support extended to our family at this time. We can never thank you enough.  
-The Frederick family  
Phil, Jean, Nancy, Danny,  
Daegan and Dallen

## ANNOUNCEMENT

### CARDS OF THANKS

We would like to express our heartfelt thanks to those who brought goodies, popped in for a visit, sent floral arrangements and donated the Alzheimer's Society.

The support of all those attending Jim's celebration of life was overwhelming.  
Special thanks to Lois and Brian Borkowsky, Reverend James Bardsley, Joan Main, the ACW ladies and Ken Lochmer,  
Sincerely,  
Margaret, Karmelle, Kristopher Medwid

## ANNOUNCEMENT

### CARDS OF THANKS

We are grateful for all the support shown to Terry Lindell and family during this difficult time. We sincerely thank all who visited Terry or called during his hospitalization. Thank you also to all those who sent cards or flowers and all those who attended his celebration of life and/or internment. Big thank you to the Eriksdale Museum Committee for providing the luncheon. Big thank you to all those who dropped off meals and baked goods. It was very much appreciated. We would like to acknowledge MacKenzie's Funeral Home (Stonewall) for their guidance.  
We will treasure Terry's memory and your kindness forever.  
Fran, Charles and Fiona

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## REPORTER/ PHOTOGRAPHER

The Stonewall Teulon Tribune and Express Weekly News are looking for an outgoing individual to join our news team as a reporter/photographer covering Stonewall, Teulon, St. Laurent, Rockwood, Rosser, Warren, Woodlands, Armstrong and the communities along Highway 6, including Lundar, Eriksdale, Ashern, Grahamdale, Steep Rock, Moosehorn and across to Fisher Branch.

The ideal candidate is someone who is familiar with the goings-on of the region (or willing to get out there and learn), eager to take the initiative in finding compelling stories, has the know-how to take awesome photographs and is able to write clean, engaging copy on deadline.

This is a full-time position. Prior journalism experience is a definite asset. Must be fluent in Adobe Indesign, Photoshop and photo colour correcting. Must have reliable transportation and be willing to work flexible hours, including covering evening and weekend news events.

Submit your detailed resume and samples of writing on or before Nov. 9, 2018 to Lana Meier at [news@expressweeklynews.ca](mailto:news@expressweeklynews.ca)

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## ANNOUNCEMENT

### 50TH ANNIVERSARY



Happy 50th Wedding Anniversary  
on January 11, 2019  
to Lyn and Ralph Hazelton  
Love Kyle, Heather, Keifer, Easton  
and Taydan.

## ANNOUNCEMENT

### ANNOUNCEMENT



Dr. Marie Delorme with her son Colby  
Dr. Delorme was awarded the Order of Canada, the highest civilian honour recognizing Canadians who make a major difference to the country through lifelong contributions. Dr. Delorme is a former resident of Grosse Isle. Her brother Archie Delorme still lives in the community.

## ANNOUNCEMENT

### IN MEMORIAM

In loving memory of our loved ones!  
Wayne-who passed away on January 8, 1990  
Cecil-who passed away on January 24, 2002  
Those who we love  
Don't go away  
They walk beside us, every day.  
Unseen, unheard, but very dear  
In our memories; they are always here.  
Lovingly remembered; but very sadly missed  
by Evelyn Dew and family

**Don't forget to send  
your special words of  
remembrance for loved  
ones passed.**

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## OBITUARY

### John (Jack) William Elder

Peacefully, on Sunday, January 6, 2019 at the Betel Home Foundation John (Jack) William Elder passed away.

A private family service will be held, and a celebration of life will be held at a later date. A longer obituary to follow.

MACKENZIE FUNERAL HOME STONEWALL  
(204) 467-2525 • [info@mackenziefh.com](mailto:info@mackenziefh.com)



## OBITUARY

### Marion Florence Senkiw

December 21, 1926 - December 29, 2018

Marion beloved by her only son Dale, predeceased by her husband John was born in Bowsman, Manitoba. Spent most of her life in Stonewall as John and Dale were her life. She valued being a member of the community in Stonewall and was very proud of it. She enjoyed her curling, bowling and spending time with friends from both. She also loved her house and working in the yard and enjoyed trips to Teulon to go golfing. She was a proud member of the Stonewall United Church.

Funeral service was held on Wednesday, January 9, 2018 at 2:00 p.m. at the Stonewall United Church. Donations can be made to Stonewall United Church, Wpg Humane Society, or Before the Bridge Senior Dog Rescue.

Rest in Peace Mom

The setting sun will always set me to rights - or if a sparrow come before my window, I take part in its existence and pick about the gravel.  
Keats to Bailey

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## OBITUARY

### Abby Lee Anne Margetts

Abby Lee Anne Margetts (3 Years Old) Of Stonewall, Manitoba passed away in a tragic accident on Thursday, January 3, 2019.

The funeral service will take place on Saturday, January 12, 2019, at 2:00 p.m. at MacKenzie Funeral Chapel in Stonewall, Manitoba. Rev. Deborah Murray of Stonewall United Church will be officiating the service (private burial to follow). All are welcome to attend a luncheon reception at Stonewall Collegiate Institute gymnasium following the service.

Abby was born on December 2, 2015, in Winnipeg, Manitoba. Abby is survived by her parents, Amanda, Ryan, and brother Andrew Margetts of Stonewall, Manitoba. She is also survived by her grandparents, Bob and Deb Thompson of Yorkton, Saskatchewan; grandparents, Brenda and Murray Margetts of Stonewall, Manitoba; Uncle James (Caitlin) Thompson of Warman, Saskatchewan; Uncle Daniel (Angela, cousin Jonny) Thompson of Saskatoon, Saskatchewan; Uncle Derek (Jaime, cousins Kaycie and Maitilda) of Balmoral, Manitoba.

In lieu of flowers, donations may be given to Discovery Owls at Box 253, Balmoral, Manitoba R0C 0H0 and/or Little Signing Stars, 230 Olive St. Winnipeg, MB R3J 2X4 (204-996-9912).

The family of Abby Lee Anne Margetts would like to thank Stonewall United Church, MacKenzie Funeral Home, Interlake School Division, family, friends, community of Stonewall, RCMP, and all medical professionals and first responders who cared for Abby.

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## OBITUARY

### Shirley Jessilind White nee Conquergood February 16, 1928 - December 17, 2018

Our loving mother Shirley Jessilind White (nee Conquergood) quietly passed away on December 17, 2018 at the age of 90. Mom was born in Winnipeg on February 16, 1928 and grew up in Lilyfield, Manitoba. She attended Gordon Bell High School then went into nursing school. She is predeceased by her loving husband Walter White, brothers Ross Conquergood and infant Thomas Conquergood, sisters Flora Green and Deanie Kerr, brother-in-laws Tom Patterson and Bill Smee. Left to mourn are her children Margaret Young (Allan), Irene White/Matas (Roger), Sheila Coggan (Bill), Gail Byington (Dave) and Lyle White (Alain); Sisters Wilhelmina Smee and Jean Patterson as well as many grand children and great grand children, nieces and nephews. She will be especially missed by her favourite pets Cooper and Piper. Mom was an avid golfer. She got her first hole in one at the age of 80. She was often found in front of her TV watching golf when she wasn't playing. She loved her bingo and playing cards. We are sure she is already beating Dad in a game of gin.

The family would like to thank the nurses and doctors at The Kelowna General Hospital. A family service and interment will be held at a later date at the Lilyfield Cemetery in Manitoba. In lieu of flowers donations can be sent to The Children's Wish Foundation of Canada. Rest in Peace Mom. We will miss you.

## OBITUARY

### Pamela Jean Dixon

It is with a heavy heart that we announce the passing of Pamela Jean Dixon. After a lengthy illness, she died peacefully in her sleep on December 19, 2018 at St Boniface hospital, Winnipeg, MB.

She is survived by her husband of 30 years Dave Dixon, her daughters Sarah (Matthew) and Rachel (Troy) and the light of her life, her grand daughter Hailey. A devoted wife, amazing mother, proud grandmother and loyal friend, she will forever be remembered for her kind heart, positive outlook, humour and willingness to put everyone else needs before her own.

She loved her dogs, boating, fishing and beating her husband and friends at cards. More than anything, she loved spending time with family. You will be hard pressed to find a nicer person.

At Pamela's request, there will not be a formal service but instead a celebration of life held in her home town of Eganville, On

in the summer.

We would like to give a special thanks to the caring staff at the St. Boniface who went above and beyond to ensure her final days were comfortable.

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## OBITUARY



**John Chobotar**

March 17, 1935 - December 28, 2018

Suddenly, after a courageous battle with esophageal cancer, John Chobotar, 83, of Teulon, MB passed away peacefully at the Gimli Hospital shortly after a visit from family.

Left to cherish his memory are his loving wife of 56 years Carole [Eliuk], his 3 sons - Al [Anne], Kenny [Teresa] and Kevin; grandchildren - Alexandra, Danielle [Jared], Mikal and Erik; brothers - Martin [Neil], Walter [Fran], Bill [Janet]; sister-in-law Darlene and numerous nieces, nephews and cousins.

John was pre-deceased by his parents Mike and Dora, brother Alec and sister Mary [Paul].

Born in Sirko Manitoba in 1935, John grew up on the family farm where he developed his love for cattle and making hay, which would never leave him. He also met Carole, the love of his life, there. They were married at the St. Elias Church on July 21, 1962. He began to pursue his teaching career at age 17 which led him to more than 24 schools throughout Manitoba and North Western Ontario. He finished his career in Teulon, retiring in 1995. His unique teaching style has had a continuing impact on many students and parents alike as shown by the outpouring of support from those who will never forget how "Mr. Chobotar" helped them along the way.

John was never one to sit still. His favorite activities included listening to and playing music [polkas], being a Cantor at Church ["Vichnaya Pam'yat"], a member of the Kinsmen, helping farmers, socializing at auction sales, playing VLTs, and just cruising around the countryside.

John had a love for sports. He excelled as both player and coach. He was inducted into the Manitoba Baseball Hall of Fame in 2008 as a member of the Vita Cubs. He also coached teams to League and Provincial Titles. His biggest passion, however, was spectating. Whether it was his sons, his grandchildren or even a local sports team, his voice was always heard through arenas and ball parks, trying to motivate players to do their best. Sometimes he could even be heard at home yelling at his Maple Leafs while watching Hockey Night In Canada.

As per John's request, cremation has taken place and no service will be held at this time. The family is planning a Celebration of Life in early summer 2019. In lieu of flowers, donations can be made to Teulon Health Care Foundation Inc.

Thanks to family and friends for the many cards, care packages and kind words during this tough time. They are greatly appreciated.

Special Thanks to Dr. Majid Zahari, Dr. Jessica Chan and the hospital staffs at Stonewall, Gimli and HSC for their care and compassion.

*KL*  
**KEN LOEHMER**  
FUNERAL SERVICES  
204-886-0404

## OBITUARY



**John Keith (PAPA) Morrison**

Born: May 3, 1933

Date of Passing: January 2, 2019

Peacefully, on Wednesday, January 2, 2019, after a brief battle with cancer, Keith aged 85 years, passed away at the Stonewall Hospital. Left to cherish his memory is daughter Carolyn (Dave), son Don (Monica), daughter Heather (Ron), grandchildren, Richelle (Bryce), Alex, Chloé, Kaiden, Courtland, Payton, great-grandchildren Ryder and Elena. Dad was predeceased by his wife Joyce (2000) parents Donald (1981) and Sarah (1997). Dad was born May 3, 1933 in Stonewall. Dad lived in Ideal, MB till the age of 7 when the family moved to Stonewall. Dad worked at the Model Garage in town and then at Manitoba Hydro before retiring in 1993. Dad enjoyed woodworking, old time dancing & music, hockey, curling and spending time with his grandchildren. Dad was a life time member

of the Royal Canadian Legion Br #52 as well as a member of the Legion Colour Party.

The family wishes to thank Dr. Yang, staff at Cancer Care Manitoba, Dr. Pinniger & nursing staff at the Stonewall Hospital for their excellent care.

A Celebration of Life will take place at the Stonewall Legion Hall, on Saturday, January 12, 2019 at 2:00 pm.

Friends who so desire, may make donations to Cancer Care Manitoba or the Stonewall & District Hospital.

*KL*  
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## OBITUARY



**Richard Lippens**

Peacefully, surrounded by his family at home in Stony Mountain, Manitoba, Mr. Richard Lippens passed away at the age of 98 years. Had he been in Belgium, he would have been 99 years old, and started in his 100th year.

He leaves to cherish his memory his children, Donald (Joann), Frank (Gail), Bonnie (Walter) Fuellbrandt and Barb (Bob) Thevenot; his grandchildren, Terry (Guy), Jeff (Kristin), Chloe (Ultra), Dawn, Matthew, Mike (Shaunna), Brianna, Ben and Brittany; his great-grandchildren, Katrina, Nathan, Phil (Marianne), Tréven, Aliyah, Ty, Talin, Asia, Londyn, Legend, Thomas, Nick and Alexandria; and one great-great-grandson Gabe. He also leaves to mourn his passing his sister Gerarda Adam and sister-in-law Celina Lippens, as well as numerous nieces, nephews, relatives and friends.

He was predeceased by his wife Ruth Lippens (née Matthew); his parents Bernardus Lippens and Léontine (née De Kezel); his siblings, Marie Louise Lippens, Gerard Lippens, Leonard (Florence) Lippens and Medard Lippens; his brother-in-law Lucien Adam; and by one niece Eileen Adam.

Funeral service was held in the St. Charles Catholic Church on Friday, December 28, 2018. Prayers, eulogy and video tribute at 10:30 a.m. followed by Funeral Mass at 11 a.m. Family interment will take place after Mass at Chapel Lawn Cemetery.

In lieu of flowers, memorial donations may be made to the Canadian Legacy Project, Suite 900 2424 4th Street SW, Calgary, Alberta T3S 2T4

Adam's Funeral Home  
of Notre Dame de Lourdes, Manitoba  
in care of arrangements  
Phone 204-248-2201 or 1-888-400-2326  
For more information and condolences,  
please visit [www.afh.ca](http://www.afh.ca)

## OBITUARY



**Eleanor Elizabeth Hamaberg (nee Cosens)**

A long and beautiful life...

On December 24th, 2018 our Mom, (Mom-in-law, Grandma, Great Grandma, Sister, Auntie, Sister-in-Law and Friend), passed away as she lived with dignity and grace at Saint Boniface General Hospital, following a stroke. She was surrounded by loving family, prayer and quiet peace.

We her family will plan her final farewell when the grass is green, and the birds are singing.

Mom you are safely home, Home in the arms of Jesus and we will Love and Honour you till the end of time ...

Cremation has taken place. Longer obituary closer to the time of her final farewell.

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