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VOLUME 7 EDITION 1

# Stonewall Teulon Tribune

THURSDAY,  
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## Star Wars Mania

TRIBUNE PHOTOS BY NATASHA TERSIGNI

Thanks to some fancy face painting at Quarry Park Heritage Arts Centre's New Year Eve party, Daniel Dix, pictured above, morphed into a Star Wars Stormtrooper and was ready to ring in the New Year as an elite shock troop in the Imperial Army prepared to protect the Galactic Empire. Leaving a wake of movies in its path, the newly released *Stars Wars: The Force Awakens* has sprouted a reawakening for Star Wars fans worldwide and is set to surpass box office sale records holders *Jurassic World* and *Titanic* early in 2016. On New Year's Eve alone, the movie pulled in \$22.9 million at the box office, adding to its already \$652 million haul in just two weeks of the movie's release.

## New Year's house fire claims life in Stony Mountain

By Natasha Tersigni and Jennifer McFee

A Jan. 1 house fire in Stony Mountain claimed the life of one resident and left another with minor injuries.

At approximately 11:30 p.m., witnesses spotted a fire at the home located at 152 School Rd. and phoned 911.

Bystanders tried to enter the house but were unable to get in due to smoke, heat and fire.

Elderly resident Stan Allcroft, who lived in the home with his sister, was able to get out of the home and was transported to hospital to be treated for smoke inhalation.

Stony Mountain-Rockwood Fire Department extinguished the fire and extracted an unresponsive woman, 86-year-old Irene Finch, from her bedroom.

Continued on page 3

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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# TCI students prepare for trip of a lifetime

By Natasha Tersigni

With just a few months left until they depart on a voluntourism trip to the Dominican Republic, Teulon Collegiate Institute (TCI) students are hard at work fundraising the final dollars needed for their trip.

Six students of the TCI Helping Hands committee, along with two teachers, will travel to a village in the Dominican Republic from March 12 to 17. During their six-day trip that is hosted through EF Tours, the group will travel to places that include Puer-to Plata, where they will explore a local market and see the Amber Museum.

A major portion of the trip will be spent learning about the country's culture, and the students will work alongside community members on a

specific volunteer project.

"We haven't been given a definitive project yet. Some of the options we have been told for the project are to build a school or dig a well," said Grade 12 student Brea McMahon.

"This trip has been in the works for a long time, and it is an unique opportunity to travel and volunteer."

To help fund the trip, the students have been able to raise \$5,500 through various fundraising initiatives including monthly movie nights held in the TCI gym. For more information regarding January's movie night, visit the school's website at [www.isd21.mb.ca/tci](http://www.isd21.mb.ca/tci).

A Go Fund Me account at [www.go-fundme.com/teuloncollegiate](http://www.go-fundme.com/teuloncollegiate) as also been set up to help with the students' fundraising efforts.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Teulon Collegiate Institute Helping Hands committee students, left to right, Brea McMahon, Jessica Johnston and Amber Dyrda, are excited about their upcoming trip to the Dominican Republic.

# Ring in the New Year at Heritage Arts Centre



TRIBUNE PHOTOS BY NATASHA TERSIGNI

Families gathered at the Quarry Park Heritage Arts Centre on Dec. 31 for the annual New Year's Eve Party, which included an afternoon of activities such as face painting, crafts, tobogganing and wagon rides. Pictured left to right, Chloe enjoys sledding on one of the park's hills; Linda Doubleday and great-grandson Grady are set to ring in the New Year; and families enjoyed a tour of the park on a horse-drawn wagon.



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## > HOUSE FIRE, FROM PG. 1

STARS Air Ambulance was dispatched to the fire, landing in the ball diamonds next to the school at School Road and Maple Drive just after midnight. STARS transported the woman to their Winnipeg base. The STARS medical crew, which included a critical care nurse and advanced care paramedic, went with the patient in a ground ambulance to Seven Oaks Hospital in Winnipeg, where she was pronounced dead at 12:35 a.m. on Jan. 2.

Firefighters were able to contain and extinguish the fire that destroyed the inside of the home.

Stonewall RCMP, who were also on the scene, reported that the Office of the Fire Commissioner is investigating the fire and that the fire is believed to be accidental.

In total, 15 fire fighters, the STARS helicopter, three paramedic units and RCMP attended the emergency.



TRIBUNE PHOTO BY NATASHA TERSIGNI

Stony Mountain-Rockwood firefighters, Stonewall RCMP and STARS Ambulance responded to a house fire at 152 School Rd. in Stony Mountain on Jan. 1. The fire claimed the life of 86-year-old Irene Finch and left her brother Stan Allcroft, who lived with her in the home, with minor injuries. An initial investigation by the Office of the Fire Commissioner reported that the fire was accidental.

# CFRY Radio Amateur Talent Show coming to Teulon

## Performers wanted for Jan. 30 show

By Natasha Tersigni

After a five-year absence, the CFRY Radio Amateur Talent Show is returning to Teulon on Jan. 30 and is in need of talented locals to perform for the station's first talent show of 2016.

The show being hosted by the Teulon-Rockwood Rec Commission will

help support future capital projects including arena and park upgrades and renovations.

"Right now, we are trying to recruit participants. We need performers for the show and we are looking for 15 to 20 acts, and they will go on stage two to three times throughout the night. We are looking for a

wide variety of talent: singers, musicians and even if somebody wants to do something a little different such as dancing," said Teulon-Rockwood recreation director Chris Hornby.

Every participant who signs up for the show will receive a pledge sheet and will collect money in support of the rec commission. As well, during the show, audience members and those listening on the radio (920 AM or 93.1 FM) will have the opportunity

to submit pledges.

CFRY will award prizes for the top performers, and the rec commission will hand out prizes to the top pledge earners.

The show will be held at the Teulon-Rockwood Centennial Centre on Jan. 30 beginning at 8 p.m.

For more information or to sign up, contact Chris Hornby at 204-861-0366 or by email at teulonrockwoodrec@gmail.com.

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**ADAM BEACH**

# 'Pawley was a remarkable Canadian'

By Austin Grabish

Howard Pawley is being remembered as a gentle but wise man and mentor to many.

The former Manitoba premier and longtime Selkirk MLA died last Thursday in Windsor, Ont. He was 81.

Tributes for Pawley began to pour in shortly after news of his death was announced and continued online over the weekend.

Premier Greg Selinger broke news of Pawley's death on Twitter, calling the late man a "true champion of social justice."

"Throughout his life, Howard fought for equality, social justice, and the rights of all peoples," Selinger tweeted.

Selinger remembered Pawley for leading changes to Manitoba's labour code that ensured workers were fairly paid, regardless of gender, and for the addition of sexual orientation into the Manitoba Human Rights Code.

After three unsuccessful attempts at provincial and federal politics, Pawley was elected into the Manitoba legislature as MLA for Selkirk in 1969.

He would serve as the province's attorney general before becoming premier in 1981, and in total he spent 19 years as Selkirk's MLA.

Pawley is perhaps best known for being the minister responsible for the birth of Manitoba Public Insurance, which started in 1971.

At the time, Manitoba was only the second province to introduce a government-run insurance program.

Public insurance at the time was a highly contentious issue, but it was one Pawley championed and would go on to support for years after leav-

ing politics.

Pawley's exit from the legislature came after he was blindsided by former Speaker Jim Walding, who voted against the NDP's budget leading to a successful non-confidence motion put forward by the opposition Tories.

Pawley resigned as leader of the NDP a day later and called a provincial election.

Longtime friend and local history buff Rob Sarginson remembers Pawley as "a refreshing guy" who gave full attention to everyone he spoke with, and it wasn't for show.

The St. Andrews resident recalls a shopping trip to Selkirk's mall that was stymied for two hours after Pawley started conversing with locals he knew.

"He just knew everybody in town and paid attention to everybody and shook hands with everyone," Sarginson said. "But it took forever for him to get a few hundred yards down the mall," he said with a laugh.

In 1990, Pawley returned to his home in Ontario to teach and mentor students as a professor at the University of Windsor.

He retired in 2000 and went on to write his memoir entitled *Keep True: A Life in Politics*, which he premiered in Selkirk in 2011.

"I was lucky to meet Howard Pawley as a professor @UWindsor. One of the best classes at law school. Great Canadian," tweeted St. Catharines MP Chris Bittle.

Prime Minister Justin Trudeau said Pawley was an "exceptional visionary."

"Howard Pawley was a remarkable Canadian, widely respected for his championing of human rights, social



TRIBUNE PHOTO COURTESY OF LAUREL SARGINSON

Former Manitoba premier and longtime Selkirk MLA Howard Pawley, pictured centre alongside local history buff Rob Sarginson (far left) during his book launch in Selkirk in 2011, died last Thursday. He was 81.

justice and economic development," Trudeau said. "His legacy will live on in the many advances our country has made toward achieving greater social justice for all."

Pawley's obituary said he died with

family by his side. Details about his funeral weren't clear by press time.

Condolences can be left online for Pawley at [Manitoba.ca](http://Manitoba.ca).

## A decade of service



TRIBUNE PHOTO SUBMITTED

For his 10 years of dedication and commitment to the Stonewall-Rockwood Fire Department, firefighter Brent Anderson (left) was presented with a 10-year service pin by RM of Rockwood Reeve Jim Campbell at the firefighter's Christmas Dinner on Dec. 16.

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# Weighing in on a healthy start for the new year

By Natasha Tersigni

The holidays are over and it is back to reality.

Although writing a list of resolutions is so 2015, if you're anything like the majority of Canadians who have health- or fitness-related resolutions on the top of their goals for the new year, you probably have some expectation that 2016 will be the year that you will lose that last 10 pounds, fit back in to your favourite pair of jeans or complete your first 5k run.

Whatever your fitness goal or level, you have to start somewhere. Knowing the basics will help keep you motivated and on the path to success. The *Tribune* has enlisted the help of fitness guru Shelley Schaeffer to help provide tips to stay on track as you make fitness part of your 2016 lifestyle.

Schaeffer is a certified fitness instructor with years of experience and currently offers a wide variety of fitness classes through the Interlake School Division's Continuing Education program. She knows how fitting

an exercise lifestyle into your regular routine can be difficult and advises that people keep the following tips in mind when looking to start a new fitness program.

**Slow and steady wins the race** - Going from couch potato to three workouts a day is a recipe for disaster. Instead, Schaeffer suggests that you start slow and set realistic SMART (Specific Measurable Attainable Realistic Timely) goals.

"Whether it is losing weight or starting a new exercise routine, it is important that people are realistic and know it is going to take some time. People generally want to hop in and do it all immediately."

**Bring a friend** - Including a friend on your journey will not only help to keep you motivated on days you want to skip workouts, it will also keep you accountable. It is harder to skip a fitness class when you know you are letting a friend down, says Schaeffer.

**Your diet matters** - When it comes to diet, Schaeffer adds that many people think that restricting calories is the way to go.

"I find generally that people stop eating or cut down on the amount that they are eating; that is actually one of the biggest mistakes that you can make. Cutting down your diet is actually worse and works in reverse because you end up eating more later and it slows down your metabolism," said Schaeffer.

She advises that instead of lowering food intake, it is important to make smart, healthy and wholesome food choices.

**Have fun** - It is hard to make something part of your routine that you absolutely despise. If you don't like running, then don't run. Schaeffer adds that it is not what you do that is important; it is the fact you do something.

"People can say that certain types of exercises are the best to lose weight,



Shelley Schaeffer

but anything that you do and any way that you move, as long as you are committed to it, will work. You don't have to pick something that you dislike. There are a lot of different activities you can take part in."

# Confusion still surrounds ISIS combat mission: Bezan

Staff

Conservative Defence Critic and Selkirk-Interlake-Eastman MP James Bezan says the Liberals are sending mixed messages with their plan to withdraw Canada's CF-18 jets from the air combat mission against ISIS.

"The Liberal plan to withdraw our CF-18 Hornets from the fight against ISIS is incoherent and is getting more confusing by the day," Bezan said in a release on Dec. 21. "On one hand we have Defence Minister Sajjan saying our fighter jets may stay as part of the combat mission against ISIS well after the Parliamentary authorization ends at the end of March 2016. On the other hand, we have Foreign Affairs Minister Dion proclaiming the CF-18s will be home within weeks."

Bezan said the same confusion is also surrounding the future of the training mission being conducted by Canada's elite Special Operations Forces.

"The mixed messages coming from

the Trudeau government are extremely difficult to decipher," he said. "How many trainers are going to be deployed? Where are they going to be training and what are they going to be doing? On one day, the government says the purpose will be to enhance capabilities of Iraqi Security Forces, and the next day the purpose shifts to police training, and then the day after they'll be helping to build democratic institutions."

The current tour by Minister Sajjan to Iraq is not providing any further details either, Bezan said.

"No one knows what Canada's future mission against ISIS looks like. Our Canadian Armed Forces don't know. Our coalition partners don't know," Bezan said. "I don't think the Liberal government even knows. There is just no plan."

Recent reports are suggesting that the government's lack of clarity on withdrawing our CF-18 fighter jets

and changing training mission is affecting Canada's international reputation.

"We already know that the Kurdistan Regional Government wants Canada to leave the CF-18 jets in the air combat mission since they have

'helped save lives' and 'defeat the enemy.' Now we are learning that the US Department of Defense and US State Department are 'privately expressing disappointment' with the Trudeau government decision," Bezan said.

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EDITORIAL > VIEWPOINTS > LETTERS



TRIBUNE PHOTO BY MONICA BALDWIN

## Increases to rent paused for provincial park cottagers

### Staff

Manitoba will pause increases to land rents for cottages in Manitoba's provincial parks but will continue to phase in increases to park district service fees to ensure cottage owners pay the full cost of actual services received.

"All Manitobans value the beautiful parks, lakes and rivers that our province has to offer," Conservation and

Water Stewardship Minister Tom Nevakshonoff said in a release on Dec. 30, 2015.

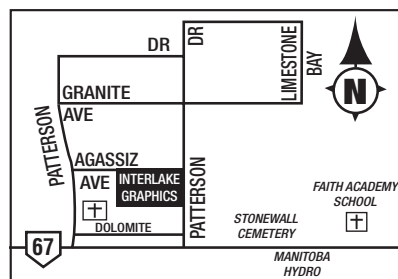
"We've heard from a number of cottage owners as we continue to consult on the process to ensure all cottage owners pay their fair share for the services they receive. We've listened to the Whiteshell Cottagers Association and other groups, and that is

why we will be freezing rents until the new assessment system is established."

Cottage owners in provincial parks pay two types of fees — land rent and park district service fees. Land values were updated in 2013 and land rent increases, which were to be phased

Continued on page 7

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# RM of St. Laurent council looking to hire a new CAO

By Jeff Ward

The search for a new CAO for the RM of St. Laurent has kicked into high gear as the calendar turns over to 2016.

Reeve Cheryl Smith and the rest of council want to see a new CAO in place as soon as possible.

The RM has been without a CAO since October. According to special meeting minutes from Oct. 4, the council and reeve had lost confidence in their CAO's abilities, which led to her dismissal. The vote that followed was carried with only one member of council, Tom Johnson, declaring his vote against the resolution. During the meeting, assistant CAO Hilda Zot-

ter was appointed as acting CAO.

"Since then, the team has really pulled together in the office and done a good job staying on top of things. Staff really pulled up their socks and put in extra overtime," said Smith.

"Now the search starts, and we ideally want someone in that position as soon as possible. We want to start working on our budget for 2016 and we hope to have someone with strong accounting and budgeting skills to help put a solid budget together."

Smith also mentioned that along with strong leadership skills, the ideal candidate will also be bilingual, have a strong HR background, a strong

analytical mind and be able to provide recommendations to council. The ability to build strong relationships with different levels of government and neighbouring municipalities are also highly prized by Smith.

"It's also important to have someone that's personable and who can build respectful relationships with the public as well," said Smith.

Smith and the council will be reviewing applications after the deadline of Jan. 22 and ideally will have someone in the position by the end of the month.

"IT'S ALSO IMPORTANT TO HAVE SOMEONE THAT'S PERSONABLE AND WHO CAN BUILD RESPECTFUL RELATIONSHIPS WITH THE PUBLIC AS WELL."

## > RENT INCREASE, FROM PG. 6

in over 10 years, will be paused until a new assessment model is developed. Park district service fees are moving towards full cost recovery for things such as water and wastewater treatment, road maintenance, and garbage and recycling services over the next two years. In 2012, this fee recovered less than 45 per cent of service costs. This year, it will recover about 80 per cent.

There are more than 6,000 cottages in Manitoba's provincial parks. Consultations regarding fees have been ongoing and input has been received from cottage associations across the province. Bills reflecting the changes announced today will be sent to cottagers early in the new year. Cottagers will also be consulted in the development of further changes to the system, the minister said.

"The Whiteshell Cottagers Association, along with our partners at other provincial park cottager associations, are very pleased that an agreement to freeze the land rent has been reached with the province," said Daniel Klass, president of Whiteshell Cottagers Association. "We look forward to constructive participation with the province in a process that will ensure that Manitoba parks continue to thrive as a resource for all and that the tradition of family cottaging remains affordable."

Changes to the fee structure and land rents since 2012 produced \$5.5 million in additional revenue. Nevakshonof said pausing the escalation in land rent will defer increases of approximately \$1 million per year, adding he is looking forward to working with the Whiteshell Cottagers Association and other groups in the new year to finalize details of the changes. He noted Manitoba's eight-year, \$100 million park strategy continues to build great park experiences for all Manitobans.

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Manitoba 

# Son seeks answers over father's death in Mexico

## Suspicious over case run high

By Austin Grabish

The son of a Lundar man who died in Mexico just days before Christmas while serving a prison sentence is demanding answers from officials in Ottawa about how his father's case was handled and why steps weren't taken to prevent his death.

Bruce Vigfusson, 45, died in the Mexican city of Hermosillo on Dec. 21. His body was to arrive in Winnipeg on Dec. 28.

Colt Vigfusson says he found out about his father's death through an inmate, who called to break the news, while officials with the Canadian Embassy in Mexico stayed silent.

"It makes me sick that I find out from an inmate about his death," he said.

"When I called the embassy, they didn't even know what I was talking about, and that's their job. They're supposed to be looking after him over there."



Lundar man Bruce Vigfusson, 45, died in the Mexican city of Hermosillo on Dec. 21.

The Canadian government refused to cover the costs of sending the body home, and with no way to pay, his family turned to a GoFundMe page.

Donations quickly began to pour in, and on Dec. 27, \$5,875 had been raised.

"We got really fortunate with everyone who's contributed," said Colt, who still remains unsure of how his father died.

Colt said Mexican officials claim his dad died in hospital from a blood clot in his lung, but an autopsy has yet to confirm that, and suspicions about the death remain high.

Vigfusson was serving a prison sentence for a 2012 assault that took place during a home invasion in which he allegedly beat a thief.

But the Lundar man repeatedly maintained his innocence and insisted he was only acting in self defence.

In the days leading up to his death, Bruce left a desperate message for his son.

"The message said, 'I'm very sick. These people are injecting me with stuff that's getting me weaker, so I can't fight back.'"

The message came just weeks after his dad's lawyer tried to present new evidence to a Mexican court that contained audio from a 911 call made during the night of the home invasion, Colt said.

"He figured they were killing him because they were going to have to let him off free if he got off not guilty, and they would have had to back pay him for all of his time served."

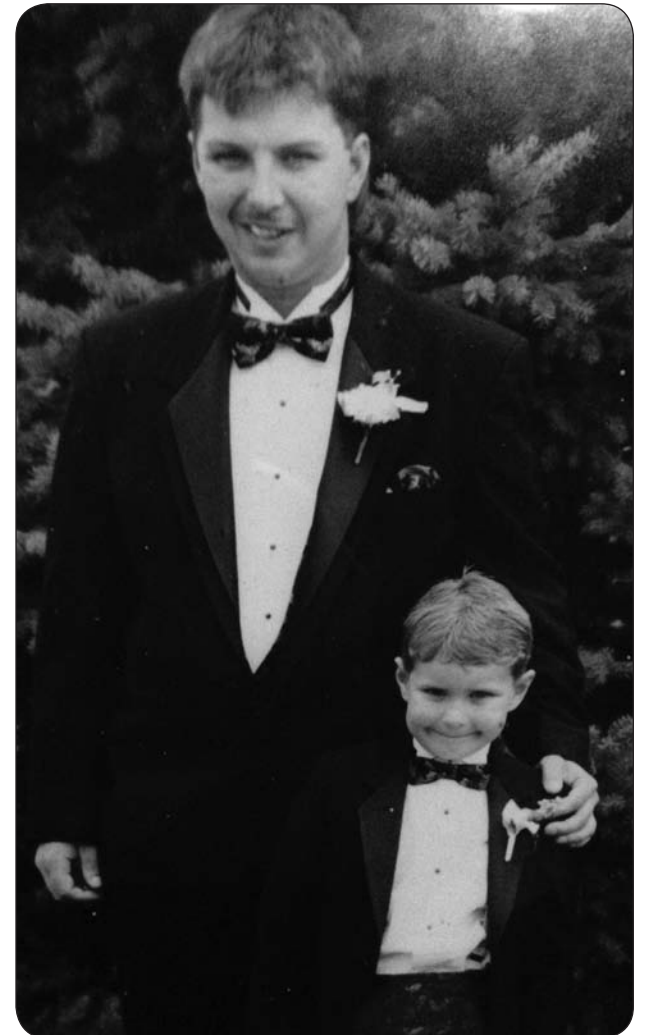


PHOTO COURTESY COLT VIGFUSSON  
Bruce Vigfusson, 45, is seen in this undated family photo with his son Colt, who is now demanding answers about his father's death.

Colt said Canadian Embassy officials last visited his father in March and refused to check on his body after he died due to safety concerns.

He thinks that's unacceptable and wants to see changes made by Global Affairs Canada.

"I hope someone can step up and change their protocol or organization because I would never want another family to go through what me and my family went through," he said.

The *Express* asked Global Affairs Canada for comment, but our request went unreturned by press deadline.



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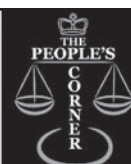
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# Provincial NDP slip to third in election poll

By Austin Grabish

A recently released poll suggests Manitoba's NDP has sunk to third place amongst voters — a ranking the party hasn't had in 20 years.

The poll released by Probe Research on Dec. 26 suggests the NDP has just 22 per cent of voter support.

It suggests the party's rival Tories are leading with 43 per cent of voter support with the provincial Liberals coming in second with 29 per cent of voter support.

Probe surveyed 1,000 Manitobans at random by phone during Dec. 3 to 15, and asked voters if a provincial election were to be held tomorrow, which party's candidate would they be most likely to support.

In Winnipeg, the Progressive Conservatives have 35 per cent of voter support while the NDP and Liberal Party are both tied at 29 per cent.

But in rural Manitoba, the PCs appear to have much more support.

The poll suggests 53 per cent of voters support the Tories. The Liberals come in second place with 29 per cent of voter support, while the NDP has sunk to just 13 per cent.

Probe said for a sample size of 1,000, one could say the results are with 95 per cent certainty that the results are within 3.1 percentage points of what they would have been if the province's entire adult population was surveyed.

Probe said minor statistical weight-



TRIBUNE FILE PHOTOS BY AUSTIN GRABISH AND SUBMITTED

A recently released poll by Probe Research suggests Manitoba's Tories, led by Leader Brian Pallister (left), have the most voter support. The poll puts the provincial Liberals, led by rookie Leader Rana Bokhari (centre), in second place, and the NDP, led by embattled Premier Greg Selinger (right), in third.



ing by age, gender and previous voting behaviour was applied to the survey to ensure that the data corresponded with the province as a whole.

Voters go to the polls on April 19.

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\* Eligible seniors must occupy home in order to qualify for Seniors' School Tax Rebate.

\*\* Eligible applicants must occupy home in order to qualify for the Education Property Tax Credit.

Manitoba 

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**Your deadline to apply is March 15, 2016.**

Manitoba 

# Teulon residential school survivors fighting for official recognition

By Natasha Tersigni

With the release of the final report from the Truth and Reconciliation Commission of Canada on Dec. 15, the country is moving forward on healing and reconciling the damage that occurred to more than 150,000 Aboriginal students and their families who attended residential schools run by the Canadian government and religious institutions.

While the TRC's report is a step forward in acknowledging the damage that was done by colonization, some residential school survivors are still fighting to have their experience officially recognized by the government.

Survivors who attended the Teulon Residence, which was operated by the United Church of Canada, are in a court battle to have the institution officially recognized and added to the Indian Residential Schools Settlement Agreement (IRSSA).

The institution in Teulon was operated as a residence for Aboriginal youth from 1958 to 1996. During that time, hundreds of Aboriginal teens were sent to Teulon to attend public school and were housed in these residences.

Students that were sent to Teulon and forced to attend school and live in the residence have been lobbying the government since 2007 to have the institution formally recognized and

added to IRSSA. Formal recognition by the government would allow survivors of the Teulon Residence to apply for federal compensation based on their personal experience at the residence.

In 2011, after the government released specific criteria for adding institutions to the settlement agreement, Teulon survivors took legal action to have Teulon added. With a legal team that was funded by the AMC, Teulon Residence survivors appeared before the courts and presented why the Aboriginal Affairs and Northern Development Department should add the Teulon Residence to the settlement agreement.

For institutions to be added to the settlement, they must meet both parts of the following criteria: the child must have been placed in a residence away from the family home by or under the authority of Canada for the purpose of education and Canada must have been jointly or solely responsible for the operation of the residence and care of the children there.

In the court decision released April 2, 2012, the Teulon Residence was denied being added to the settlement agreement, citing it being operated by a religious organization and not the government.

Teulon Residence survivor Gabby

Munroe helped to lead the first court case and is now spearheading the appeal currently before the courts. Munroe told the *Tribune* that while the residence that housed the residential students was owned by the United Church of Canada from 1958 to 1996, the years Aboriginal students were sent there, it was set up and regulated by the federal government.

The residence in Teulon opened in 1912 and was used to house the children of immigrants who were attending school in Teulon. In 1958, the Indian Affairs Department asked the United Church if the residences, which were being under-utilized, could be used to house Aboriginal children who would live at the residences and then attend public school in Teulon.

"They were looking at Teulon because the Residential School in Norway House was being closed in 1961, and since all the surrounding schools were filled, they needed to expand. The Indian Affairs made arrangements with the United Church to house these children that were being transferred from Norway House Residential School to attend school in Teulon," said Munroe.

"That is one of the reasons why we are proceeding with the case. The government made all the arrangements for the school in Teulon to be

opened. The first clause in the settlement agreement states that Canada was responsible for the children to be taken out of the community, and that is what they did in Teulon."

Born and raised on Garden Hill First Nations, Munroe was sent by Indian Affairs to live in the Teulon Residence while he attended public high school in Teulon from 1968 to 1971. Munroe added that his experience in the residence did not include sexual or physical abuse such as that which occurred at other residential schools across Canada, but Munroe's experience was not the same as other students who lived at the Teulon Residence.

The Teulon Residence survivors are hoping to be able to present their case to the Appeal Court this year and are funding the entire process themselves through fundraiser initiatives, since AMC pulled financial support from the case in October. Munroe is hopeful that with their lawyers they can win the case and the survivors can begin their own process of healing and reconciliation.

"Our case is important to me because I want to know why our case is being treated so different from the other residential schools that are in the agreement."

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## Lucky basket raffle winner

### Staff

The spirit of Christmas was alive and well for the Teulon and District Handivan Service.

The community group raised a total of \$1,276 through its annual Christmas basket raffle, which was won by Michael Ledarney of Teulon.

The funds will go towards running the handivan community service.

Teulon and District Handivan Service thanks the donors who made the fundraiser possible, including Charison's Turkey Hatchery, Teulon Bigway Foods, Blue Skies Bakery, the handivan drivers, board members, staff at Teulon Hunter Memorial Hospital and everyone who sold tickets and contributed to the raffle's success.



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Michael Ledarney of Teulon was the lucky winner of the Christmas basket raffle.

# Manitoba Public Insurance unveils Top 5 frauds of 2015

## News Release

Vehicle technology, good old-fashioned investigation skills and strong partnerships with police agencies were major factors in helping identify those people who tried to defraud Manitoba Public Insurance (MPI).

Fraudulent and suspicious claims are handled by Manitoba Public Insurance's Special Investigation Unit (SIU). The efforts of this special unit resulted in fraud savings last year of \$7.6 million for Manitoba auto insurance rate payers. The SIU investigates about 2,500 claims yearly.

Anyone knowing someone who is involved in auto insurance fraud is encouraged to call the Manitoba Public Insurance TIPS Line: 204-985-8477 or toll-free 1-877-985-8477. All calls are anonymous.

### No. 1: Crash Data Recorder Tells All

A Winnipeg man stated that he had been the victim of two consecutive hit-and-runs — on the same night.

The man told MPI investigators that he was struck from behind by a dark SUV while driving in rural Manitoba. The driver of the SUV did not stop, so the man quickly went into pursuit mode. A short time later, the vehicle owner claimed his vehicle was hit from the side by a truck — with the driver of the truck getting out and fleeing to the original dark SUV.

This stranger-than-fiction story quickly resulted in an SIU investigation, at which time the crash data recorder indicated that the vehicle was parked at the time of the impacts.

The man would be charged and later pleaded guilty to public mischief, receiving a fine of \$3,500. His claim was also denied, resulting in a saving of \$15,000 to Manitoba Public Insurance ratepayers.

### No. 2: What the Hay!

Strangely, there was hay and dry grass stuffed into the vehicle's engine area. SIU investigators also discovered hay stuffed into the headlight areas of the vehicle. What the hay? Turns out the vehicle owner was trying to destroy his vehicle by setting it on fire.

The vehicle owner claimed he was attending a party out of the city and noticed a large fire in a hay field. As he told the story, he quickly jumped in his vehicle and, accompanied by a few pals, drove out to investigate.

The vehicle owner claims he emptied a fire extinguisher in failed attempts to snuff the fire. As he told his adjuster, the fire then engulfed his vehicle. But the story didn't add up. In addition to the suspicious placing of hay, the SIU arson investigator would discover an accelerant had been liberally splashed throughout the passen-

ger compartment.

Faced with all the facts, the vehicle owner chose to withdraw his claim. The savings to Manitoba Public Insurance customers was nearly \$14,000.

### No. 3: Cruising For Trouble

The woman told her MPI adjuster that her vehicle had been stolen. What she didn't know was that MPI and the Winnipeg Police Service routinely share information.

Truth was the vehicle was not stolen. The woman willingly gave the vehicle to a male friend, who police had attempted to stop during a traffic stop. Attending officers had clearly observed the woman sitting in the passenger's seat.

The woman was later arrested and pleaded guilty to public mischief. She was given 12 months probation and a conditional discharge.

### No. 4: An Unlicensed Friend

The Winnipeg man told his MPI adjuster that his vehicle had been stolen after it was found badly damaged.

But in an interview with Winnipeg police, the vehicle owner said he had given his vehicle to a friend, who admitted he had been involved in two collisions. The man also admitted he had no driver's licence, which was known by the vehicle owner. Winnipeg police would then share that information with MPI investigators.

Due to knowingly giving his vehicle to an unlicensed driver, the vehicle owner's theft claim was denied, a saving of \$34,000 to MPI and its customers.

### No. 5: Not so Injured

A woman sustained injuries to her shoulder and back after being involved in a collision. She then be-

Continued on page 12

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Your application must be received by MASC by the **March 31, 2016** deadline.


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Phone: 204.726.7068

**How to apply**

If you received a rebate for 2014, a 2015 application form was mailed to you. You can also download an application form from [masc.mb.ca](http://masc.mb.ca) or pick one up from your local Manitoba Agricultural Services Corporation (MASC) office, Manitoba Agriculture, Food and Rural Development Growing Opportunities (GO) Office or municipal office.



**Manitoba** 



# OMG's reach sweet deal with Walgreens

By Jennifer McFee

For the producers of OMG's candy, 2016 is already off to a sweet start.

The Manitoba company is ready to launch an award-winning new product that will take the American market by storm.

Co-owners Larry Finnson and Chris Emery recently won the Buyers' Choice Award for the best new chocolate product at an industry conference in Phoenix. They showcased OMG's new peanut butter pretzel drizzled with pure milk chocolate, which earned rave reviews.

"It was surreal. I couldn't believe it. We went on stage and all the biggest influential candy buyers were clapping," said Finnson.

"After 20 years in the candy business, it's like the Stanley Cup for me. It was awesome."

During a series of power meetings the next morning, the new product was picked up by retail pharmacy giant Walgreens to be sold in its 8,200 stores across the United States. Walgreens will be the first retailer to sell the tasty treat, which is expected to hit the shelves mid-March.

As the previous owners of Clodhoppers, the candy creators were unable to make headway into Walgreens, Finnson said.

"Walgreens is No. 1. It's the biggest of the best," he said. "With Clodhoppers, we couldn't crack that nut."

Now, after working together for 20 years, Finnson and Emery are bracing for an even brighter future. The pair met as teenagers after Finnson moved to Winnipeg from Riverton to play higher-level hockey. Using a recipe from Emery's grandmother, the confectionery duo created the Clodhoppers company. Ten years ago, they sold the business to Brookside Foods, which is now owned by Hershey's.

"When we sold the business, we had to sign a non-compete agreement. We couldn't get back in the industry for five years. Being best friends, we really missed working together. We love to make candy," Finnson says.

"The market had changed over the 10 years. People were paying more for less but for better quality. So we decided to make the best candy we could and we didn't cut back on anything."

They created a new candy that caused people to exclaim "Oh my goodness" after they tasted the treat. Based on this experience, they named the company OMG's. The brand gained national recognition in 2012 after Finnson and Emery appeared on *Dragon's Den* and partnered up with Arlene Dickinson.

"We meet with Arlene every quarter. She really helps us in the boardroom," Finnson says. "We bounce ideas off her. She's fantastic."

The candy creators are also gearing up for a meeting later this month with CVS Pharmacy, which has more than 7,600 locations across the U.S., making it



TRIBUNE PHOTO SUBMITTED

OMG's co-owners Chris Emery (left) and Larry Finnson recently won the Buyers' Choice Award for the best new chocolate product at an industry conference in Phoenix.

the second largest American pharmacy chain after Walgreens.

On the Canadian side, OMG's currently offers four flavours — milk chocolate, dark chocolate, peanut and vanilla. They have supplied millions of pounds of products to Sam's Club, as well as to Loblaws, Safeway, Sobeys and many more stores. By the fall of 2016, the new peanut butter pretzel flavour should also be available across Canada.

All of their flavours are made in their 20,000-square-foot Winnipeg facility, where the 20-person team produces 2,000 pounds per hour using equipment that Finnson designed and built himself. After that, Bison Transport warehouses and ships plenty of the products to the United States.

With an eye on the horizon, their goal is to have OMG's sold in 40,000 American stores — and they're already off to an impressive start.

"We're more than just a candy; we're a culture.

When you work here, you have fun. It's mandatory. The brand is about fun and it's all about making people happy," Finnson says.

"We have the perfect balance between crunch and sweetness. When people eat the candy, they're happy. It leaves you saying OMG. The name says it all."

"AFTER 20 YEARS IN THE CANDY BUSINESS, IT'S LIKE THE STANLEY CUP FOR ME. IT WAS AWESOME."

## > TOP 5 FRAUDS OF 2015, FROM PG. 11

gan collecting benefits, including income replacement payments. As the months went on, she told her case manager that she was too injured to

work.

However, the truth would soon become clear. An SIU investigation discovered the woman had in fact re-

turned to work — specifically, she was now involved in a physically demanding agriculture position.

The woman would later plead guilty to Fraud Over \$5,000 and was sen-

tenced to three years of supervised probation, including counselling, 200 hours of community service work and restitution of \$36,000.

# Community-minded RCMP corporal coming to Teulon

By Natasha Tersigni

A new chapter will begin for Cpl. Lacey Clarkson when she starts her new posting as Teulon's senior RCMP officer at the local detachment later this month.

Clarkson, who will be transferring from the Peguis First Nations RCMP

detachment, is no stranger to rural communities. Growing up in Winnipegosis fuelled Clarkson's passion for community policing and she says she now prefers rural settings opposed to the hustle and bustle of big cities.

For her dedication and commitment to the communities she has served,

Clarkson has been awarded numerous awards including, most recently, the 2015 Manitoba Attorney General's Award for Law Enforcement Excellence at the end of November. She was presented the award for the numerous community-based initiatives she was involved with, including running a Drug Abuse Resistance Education (DARE) program in all the communities she has worked in and for working closely with the Peguis Family and Child Services.

"We have been able to build a really good working relationship with Family and Child Services out in Peguis. It really is an open-door policy back

and forth, and really ensuring that information and activities are being done to best serve the community," said Clarkson, who added that Peguis Family and Child Services presented her with a Leadership Award in September.

Clarkson is looking forward to continuing her 11-year RCMP career in Teulon and is excited to meet residents.

"I want to do the same thing in Teulon that I have done in previous postings — get involved in the community and schools. It is a chance for me to get to know everybody and meet the youth," said Clarkson.



TRIBUNE PHOTO SUBMITTED

RCMP Cpl. Lacey Clarkson (centre) will be starting her new posting as Teulon's senior officer at the Teulon detachment later this month. In November, Clarkson received the Attorney General's Excellence in Law Enforcement award during the Manitoba Chiefs of Police Annual Fall Gala held on Nov. 26.



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# More birders + more birds = more fun at the Christmas Bird Count

## Balmoral Christmas Bird Count records 2,417 birds of 32 species

Submitted by Jim Duncan, Balmoral

A lawyer, a doctor and a farmer go to a house party filled with bird watchers drinking mulled wine around a wood stove ... sounds like the start of a good joke, but it was a real event full of laughs and good cheer when

many of the 40 eclectic volunteer citizen scientists gathered at the home of Jim and Patsy Duncan after the 53rd Balmoral Christmas Bird Count held Dec. 19.

In North America, this standardized bird count has been going on for 117 years.

Many of the usual feather suspects showed up, but there were also some surprises, including a varied thrush. This colourful robin-like bird is not normally present in Manitoba ... ever. Like robins, they migrate from their summer breeding range in western Canada south to warmer tropical habitats in winter. To find one this far east in the dead of winter was bizarre.

Other unexpected birds encountered were a Lapland longspur, seen by a carload of enthusiastic recent university graduates. Also of note, although technically outside the official Balmoral count circle, Liz Harkness of Stonewall had a northern (Baltimore) oriole at her feeder that has been feeding for most of December. Perhaps the unusual warm fall and winter (up until the bird count, that is) prompted such typical birds to visit or stick around?

A total of 2,417 birds of 32 species were recorded including 1,082 Redpolls, 215 House Sparrows, 208 Black-capped Chickadees, 191 Snow Buntings, 174 Blue Jays, 149 Common Ravens, 94 Gray Partridge, 75 Pine Grosbeak, 53 Black-billed Magpies, 44 Sharp-tailed Grouse, 35 White-breasted Nuthatches, 20 American Crows, 19 Hairy Woodpeckers, 12 Mallards, 12 Downy Woodpeckers, 11 Rock Pigeons, five Bald Eagles, four European Starlings, three Ruffed Grouse, three Short-eared Owls, three Pileated Woodpeckers, two Red-breasted



TRIBUNE PHOTO BY BROOKS DUNCAN

A varied thrush was one of the surprises seen during the Balmoral Christmas Bird Count held Dec. 19.

Nuthatches, two Dark-eyed Juncos, two Pine Siskins, and one Red-winged Blackbird, Snowy Owl, Varied Thrush, Northern Shrike, Lapland Longspur, and a Red Crossbill.

The 40 intrepid volunteers included Travis Bannatyne, Charlene Berkvens, Pauline Bloom, Maegwin Bonnar, Susan Cosens, Jim Duncan, Patsy Duncan, Charlie Dunlop, Faye Dunlop, Heather Hinam, Sam Howell, Glen Jeffery, Pat Jeffery, Janet Meads, Carol Morgan, John Morgan, Alma Neufeld, Ernie Neufeld, Malachi Nugent, Quinn Nugent, Shawna Nugent, Bill Pyett, Andrew Robert, Jim Rodger, Johanna Rodger, Cora Romanow, Les Rutherford, Nicola Schaefer, Don

Sexton, Merlin Shoesmith, Stuart Slattery, Helen Slavuta, Earl Winn, Pat Winn, and Adrian, Aiden and Paul (last names not available at this time). Thanks also to all those bringing great food to the count windup!

You can read more about the count or view the results at [www.birds-canada.org/volunteer/cbc/](http://www.birds-canada.org/volunteer/cbc/) or [www.audubon.org/conservation/science/christmas-bird-count](http://www.audubon.org/conservation/science/christmas-bird-count).

If you see any great gray owls or northern hawk owls, please email us at [owlfamily@mts.net](mailto:owlfamily@mts.net) or call us at 204-467-8857 as we are still catching and banding these species under permit for a long-term study.



### Meet Jake

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# Youth take on the Bears at the Legislature

By Patricia Barrett

Young parliamentarians gave former members of the Legislative Assembly a run for their money during Youth Parliament's Bear Pit (Question Period) session Dec. 28.

Youth between the ages of 16 and 20, which included two brothers from Teulon, grilled Judy Wasylycia-Leis, Joy Smith, Jerry Storie and Herold Driedger on a number of social, political and economic issues during the three-hour session.

"Not often do you get to participate in debate," said 16-year-old Mark Shinnie, who attended Youth Parliament (YP) for the first time. "You don't get the other side of things."

YP gave the Grade 11 student leeway to ask really hard questions about important issues and become accustomed to debate.

"I was absolutely terrified at first," said Mark, who has participated in drama, athletics and band at Teulon Collegiate. "But they encourage you to express your opinions — they're not thrown aside."

It also gave him an opportunity to get to know politicians on a personal level.

"You get a different perspective when you see them in person," said Mark, who's considering studying computer science at the University of Manitoba after he graduates. "And you can see how passionate they are about the legislative system."

His brother Eric, 20, was attending YP for the second time. The arts stu-



Eric (left) and Mark Shinnie from Teulon took part in the Bear Pit session Dec. 28 during the 94th Youth Parliament.



Eric Shinnie asked the Bears whether they feel obligated to support their political parties now that they're retired.

dent at the University of Manitoba said public speaking is like "snakes and spiders" to some people.

But not to him. During Bear Pit, he addressed the Bears on the issue of political party loyalty after retirement.

Eric had formerly worked as a page in the Legislature and had been a student representative on Teulon's council. He had also served as a Conservative intern under Stephen Harper.

"The bills are made to be very debatable and controversial," explained Eric, referring to the six pieces of legislation they were in the process of debating. "A lot of the bills take a radical stance. It's important there's a voice in opposition."

About 60 youth between the ages of 16 and 20 took part in Manitoba's 94th Youth Parliament, a model Parliament that began



TRIBUNE PHOTOS BY PATRICIA BARRETT

Lt.-Gov. Clif Evans briefed former MLAs in a minister's office before the Bear Pit Session got underway. Left to right Jerry Storie (Flin Flon), Joy Smith (Fort Garry), Judy Wasylycia-Leis (St. John's), Clif Evans (Interlake), Avis Gray (Ellice, Crescentwood) and Herold Driedger (Niakwa).

in 1922. It educates youth in the democratic process, provides a venue for public speaking and offers them an opportunity to interact with and learn from politicians.

Avis Gray, former MLA for Ellice and Crescentwood and former president of the Association of Former Manitoba MLAs, introduced the four Bears and paid her respects to the young politicians.

"It's important you're here to debate the issues going on in the world," said Gray, who now works as a management consultant. "It affects us here in Manitoba."

It was second time former MLA Herold Driedger (Niakwa) took part in YP. In response to Eric Shinnie's question, he spoke about the importance of co-operating with members of all parties in order to move issues forward.

"Having sat here and observed how this place works ... it's actually the co-operation that happens in the hallways."

Joy Smith (former MLA for Fort Garry), who set up a foundation to assist victims of human trafficking, agreed, adding, "You're a human being above everything else and that's what you address."

Judy Wasylycia-Leis (former MLA for St. John's), who's currently involved with a number of social organizations, brought the House down a number of times with her good humour.

At one point during the session, she was affectionately chided by Smith for engaging in partisan politics when responding to a question about what she would do about the "abysmal state of access to justice here in Canada."

Wasylycia-Leis advised the youth to demand the Liberal government

maintain its promise to restore the Court Challenges Program — cut by the Conservatives in 2006 — which helped minorities with court costs.

"This is non-partisan presentation," said Smith.

"Is it?" said Wasylycia-Leis, causing the House to erupt into laughter.

The unique perspective of each Bear was something 20-year-old Kelsey Smith from Winnipeg appreciated.

"I liked the diversity of the different parties," said the first-time youth parliamentarian in the rotunda after the session. "It was nice to hear their individual opinions."

She also liked the advice they imparted with regard to some of the bills the Youth Parliament cabinet had drawn up.

Smith cited former Flin Flon MLA Jerry Storie's answer to how he would approach the Syrian refugee issue: "It's not a problem of Canada accepting refugees, but it's a problem of refugees being caused in other countries."

Clif Evans, YP's lieutenant governor, said he was impressed by the quality of the prepared questions.

"Their ears were wide open," said the former Interlake MLA. "They were definitely interested in what the four Bears had to say."

To Mark Shinnie, the political system is something all Manitobans should take note of. "If they don't, it's hard to make a well informed decision."

He said debates on television may be "as boring as watching golf, but playing it is completely different."

And he was happy that everyone was given a voice.

"Everyone listens to what you say," he said, "and will think about it."

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# Woodlands council to re-vote on quarry conditional use application

By Natasha Tersigni

Rick and Geoff Roy, owners of Northern Stone Ltd., are hoping that a new year means the RM of Woodlands council will have a change of heart when it comes to approving a conditional use application for their quarry located near Road 86 and Highway 6.

The duo appeared at a public hearing at the Dec. 22 council meeting to discuss the application for their conditional use permit needed to continue operations at their quarry.

At the public hearing, the owners provided a detailed plan of their quarry operations, including operational hours, drainage plan, gravel extraction plan, hauling plan, security control, cattle control and a list of local customers and vendors. A petition with over 60 signatures from RM of Woodlands residents who support the business was also presented.

Along with their gravel extraction operation at the quarry site, the company also provides a service to local area farmers and land owners to remove field stones. With the stones, they make various usable aggregate products including ¾ down stone, 3-inch and 6-inch clean stone, and

different sizes used for shoreline protection.

"Currently, we are the only gravel operation in the RM of Woodlands who sells down stone, traffic gravel, base gravel and sand to the public," said Geoff.

Five members of the public were in attendance at the public hearing, and the majority were satisfied with the answers provided regarding dust control on municipal roads and hours of operations.

Geoff said that he would pay for dust control measures to be taken on the Road 86 from the beginning of the quarry entrance to Highway 6. Hours of operation for stone crushing and extraction will be Monday to Friday from 8 a.m. to 5 p.m., with truck loading beginning at 7:30 a.m. and ending at 5:30 p.m. Geoff added that there may be some occasional extraction and truck loading on Saturdays, but no operations would occur on Sundays.

During the public hearing, Reeve Trevor King supported the project and said he plans to vote in favour of the conditional use application.

"My position, which was the same as



TRIBUNE PHOTO BY NATASHA TERSIGNI


At the Dec. 22 RM of Woodlands council meeting, Northern Stone owners Geoff Roy (left) and Rick Roy (centre) made a presentation in regards to their conditional use application.

last time, is to support the conditional use application. I don't think all the gravel is going out of our municipality. Some of it is, but they do provide a service to our ratepayers, so that is why I support it," said King.

The vote for the conditional use application will take place at the RM of




Woodlands council meeting on Jan. 12.

This is the second time that Northern Stone has applied for a conditional use permit. At the Dec. 1 council meeting, council voted against the conditional use application in a four-to-three vote.



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> MEAL IDEAS

## Open face egg salad sandwiches



### Ingredients

2 hard-cooked eggs, peeled  
1 tbsp (15 mL) each 0% fat plain Greek yogurt and light mayonnaise  
Pinch fresh ground pepper  
1 stalk celery, finely diced  
1/4 cup (60 mL) finely diced red bell pepper  
1 green onion, thinly sliced (optional)  
1 tsp (5 mL) chopped fresh dill or parsley or 1 mL (1/4 tsp) dried dill weed  
2 leaves leaf lettuce  
2 slices whole grain bread or dense pumpernickel dark rye bread

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### Directions

In a bowl, use a fork to mash eggs until crumbly. Stir in yogurt, mayonnaise and pepper. Add celery, red pepper, green onion if using, and dill; stir until combined well.

Place lettuce on bread slices and divide egg salad on top.

### Tips:

Little chefs love to peel the hard-cooked eggs. Hard-cooked eggs can be stored in their shells, in a covered container in the refrigerator for up to one week.

Get a head start. You can make the egg salad a day ahead, and just assemble the sandwich before serving.

No-fail way to make hard-cooked eggs: Place eggs in a single layer in saucepan and cover about 1 inch (2.5 cm) above eggs with water. Cover and bring to a boil over high heat. Remove from heat and let stand for 15 to 20 minutes. Drain water and run cold water over eggs to chill. Store eggs with their shells on in the fridge for up to 1 week.

## Apple-Raisin Breakfast Quinoa



### Ingredients

1 cup quinoa, rinsed according to package directions  
1/2 teaspoon ground cinnamon  
2 cups – lowfat or fat free milk  
1/2 cup water  
3 tablespoons brown sugar  
1 tart-sweet apple (such as Braeburn), chopped

1/2 cup raisins

1/3 cup chopped toasted walnuts

### Preparation

Toast quinoa and cinnamon in medium saucepan over medium heat, stirring often. Cook until quinoa is golden and cinnamon is fragrant, about 2 minutes.

Add milk, water, and brown sugar, bring to a simmer, and cover. Reduce heat to medium-low and cook until liquid is absorbed, 20 to 25 minutes.

Fold in chopped apple, raisins, and walnuts and let stand a few minutes, covered, to heat through. Serve with additional milk.

### Serves

5 servings, 2/3 cup per serving (about 3 ounces of milk per serving)

## Reducing Stress Can Bring us Back to a Neutral State

By Gwen Randall-Young

It is my belief that one of the best antidotes for a stressful life is to be involved in something you are passionate about - something you love. Of course, learning to relax, eliminating as much conflict as possible, exercising and breathing fresh air are important parts of the equation. These may, however, be things we approach with the same determination and goal-orientation as we do in our work.

Witness the 'stress' slowly entering our awareness when we cannot figure out when to find the time to meditate, or when our work-out schedule becomes disrupted. When I talk about things we are passionate about, I am thinking of those things in which we can completely lose ourselves. Reading a really good book that you do not want to put down, or working on a creative project so intently that you forget the time, are examples of things that

de-stress us. Playing a musical instrument or doing an artistic activity can also engage us so completely that we forget about everything else.

Find something that you love. When we absolutely love what we are doing, our physiology changes in a positive way. Simply focusing on reducing stress aims to bring us back to a 'neutral' state. Surely there is so much more to a quality life than keeping stress at bay. Doing something we love elevates us above the mundane details of survival, and allows us to experience the joy of being a unique human being, having a unique personal experience. Happiness and contentment require much more than the absence of negatives.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit [www.gwen.ca](http://www.gwen.ca)

## Dark Chocolate-Peanut Butter Cookies

### Description

Recipe provided by Carol Fenster

### Ingredients

20 ounces bittersweet chocolate chips (at least 60 percent cocoa), divided  
3 tablespoons butter or buttery spread

2 tablespoons creamy peanut butter

3 large eggs

1 cup sugar

1 teaspoon pure vanilla extract

1/2 cup sorghum flour

1/4 teaspoon baking soda

1/4 teaspoon xanthan gum

1/4 teaspoon salt

1 cup finely chopped walnuts

### Preparation

In medium microwave-safe bowl, heat 8 ounces (1 heaping cup) of chocolate chips, butter and peanut butter on low power in microwave oven 1-2 minutes, or until melted. Stir; set aside to cool.

In large bowl, beat eggs, sugar, vanilla, flour, baking soda, xanthan gum and salt with electric mixer on low speed until very well blended. Beat in melted chocolate mixture

until no flour streaks remain.

Stir in walnuts and remaining chocolate chips. Dough will be soft. Refrigerate, covered, 2 hours.

Preheat oven to 375°F. Line 15-by-10-inch baking sheet (not nonstick) with parchment paper. Shape dough into 48 walnut-sized balls and place 12 balls, at least 1 1/2 inches apart, on sheet.

Bake just until cookies are shiny and crust starts to crack, about 10-12 minutes. Do not over-bake. Cool cookies 2 minutes on baking sheet, then transfer to wire rack to cool completely. Repeat with remaining dough. Or, freeze balls up to 1 month and bake later.

Adapted from "1,000 Gluten Free Recipes," written by Carol Fenster; reprinted with permission from the publisher, Houghton Mifflin Harcourt.

Serves

48 cookies



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# Plenty of fun in Stonewall for 2016 Stony Mountain Ski Area opens

## Kinsmen Lake ready to mark 60th anniversary this year

By Jennifer McFee

The Town of Stonewall is welcoming the new year with plenty of recreation opportunities throughout the year.

To start, 2016 marks the 60<sup>th</sup> anniversary for Kinsmen Lake.

"The biggest thing there is that we're no longer classified as a non-conforming pool. We're now classified as an artificial lake, which puts us in the same category as the lake at Birds Hill Park," said Heather Campbell-Dewar, community and leisure services manager.

"That gives us a little bit more latitude in the some of the things that we might be doing there. We're looking

at potential upgrades ranging from the bathrooms and accessibility to whether or not there are any more features that we could be adding to the lake to make it a little more fun."

On the ball fields, the town is also working with minor baseball groups to consider upgrades there as well.

In addition, the town is moving towards online registration and payments for recreation services.

"That's something that we're reviewing right now to make it easier for people to do business with us," Campbell-Dewar says. "We recognize that most people are doing things online as much as possible."

## Stay tuned for events and festivities to mark the ski hill's 50th anniversary

By Jennifer McFee

It was a late start to the season at Stony Mountain Ski Area, but snow bunnies are now flocking to the hills for some downhill fun.

"It was a little more challenging on the snow-making front. We didn't get our bunny hill open until Dec. 28, which was about two weeks later than usual. Over the holidays, you're mostly dealing with having beginners out learning how to ski and snowboard," said owner Heather Campbell-Dewar.

"We spent our Christmas Eve, Christmas Day and Boxing Day getting snow made on our snow machines — we have four snow makers that we use to make snow. But it was nice to have warm weather for a

change instead of the -40 we've had the last couple Christmas seasons."

Now all six runs are open and the two lifts are operating, she added.

In January, the facility will be open Friday nights, as well as all day Saturday and Sunday. Then in February, they will also be open on Wednesday and Thursday evenings.

In addition, weekly lesson programs will begin this weekend.

Adding to the excitement, 2016 will mark the 50<sup>th</sup> anniversary of the ski hill.

"We're going to be planning some events in February and March," Campbell-Dewar said. "We have our Springfest, so we'll be doing a twist on that with our 50<sup>th</sup>. We'll also be doing some snowboard competitions."

## worship *with us* > FAITH

### Fine-Ground Faith

Do you have your "nose to the ol' grindstone?" Is life a grind? Perhaps you're just getting "grounded" in a new job or family situation. I have good news; there is a way to "take new ground" this year or even rebuild your life from the "ground up." True change takes real courage as well as faith filled conviction "rooted and grounded in love."

While working as counsellor at a drug and alcohol rehabilitation centre, I had the unique opportunity to observe and participate in the lives of some men that were desperate to make changes. Those clients, who willingly participated in the groups and programs offered, were usually quite successful in temporarily ending their addiction. Unfortunately, other habits and activities were often swift to fill the void. Behaviours like chain-smoking or other legal vices soon became their new "drug" of choice.

The belief that change is both needed and possible does not come easily. Christian faith challenges us in the scripture that says, "... lay aside every weight and the sin that so easily besets us, and run with patience the race that is set before us." We all have things that weigh us down or distract us from living the victorious life that God has promised to those that trust in Him.

Victorious faith must be based on something victorious! Endless faith in something weak or flawed will still result in much failure. What do you believe in: your own strength, goodness or brilliance? On the night that Jesus was to be betrayed, imprisoned and eventually crucified, He spoke with great faith. He said, "This cup is the new covenant in My blood, which is shed for you" (Luke 22:20b). Jesus' faith, in the new covenant that God was creating through Him, is the same faith that every Christian must embrace to be victorious in this life and the next.

Finely ground faith that is "peaceful, pure and holy" is the only way to grow a new life from "the ground up." Would you consider changing your life today?

Pastor Jonathon Dewey  
Cornerstone Church of Stonewall  
joncdew@gmail.com ph. 467-9797

## Tax changes aim to benefit middle-class Manitobans

Staff

New taxation changes will reduce the amount of taxes paid by regular middle-class Manitobans and small businesses across the province, according to Premier Greg Selinger.

"We believe in reducing taxes to help hard-working Manitobans, like seniors and small business owners, get ahead," Selinger said in a release on Dec. 31. "The changes coming into effect mean that seniors will have more money in their pocket in their retirement, and that Manitoba's job creators will certainly reduce the burden on families and businesses, freeing up assets that can be used for other priorities."

Changes that came into effect on Jan. 1 include increasing the small business income limit eligible for the zero per cent corporate income tax rate to \$450,000 from \$425,000.

Selinger added that in 2010, Manitoba was the first province to permanently eliminate the small business tax. About 14,000 corporations pay no Manitoba corporate income tax because of the zero per cent rate, which the premier said will increase to 16,000 corporations in 2016 following the implementation of the new limit.

In addition, the Manitoba government is providing more support to seniors by reducing the school taxes seniors pay. In 2016, the maximum seniors' school tax rebate will increase to \$2,300 from \$470, providing savings

of up to \$47.8 million for Manitoban seniors.

"This change means approximately 98 per cent of qualifying seniors will no longer pay school taxes," Selinger said.

Selinger added the seniors' school tax rebate will be capped to ensure that two per cent of seniors with high-valued homes still pay some school taxes.

Seniors can start applying for the tax rebate when they receive their property tax statement from their local municipality, which is expected to commence in May. To qualify for the rebate, seniors must:

- own or occupy and live in their house;
- be at least 65 years of age; and
- pay school taxes not already fully covered by the basic Education Property Tax Credit.

Applications are available by calling the tax assistance team at 204-945-7555 in Winnipeg or at 1-855-893-8266 (toll-free). The deadline to apply for the 2015 rebate is March 31.

In addition, data-processing investment, cultural industries printing and nutrient management tax credits that were scheduled to expire at the end of 2015 will be extended for three years, the premier said. He noted the extensions allow the business community added certainty the tax credits will continue to be offered, allowing them to plan for future investments.

# South Interlake Seniors Resource - Stonewall

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## Workshop:

## Living with Alzheimer's Disease or Other Dementias

Saturday, January 30th, 2016

9:00 a.m. - 3:30 p.m.

Registration at 8:30 a.m.

Hosted by:

South Interlake Seniors Resource Council Inc. &  
Alzheimer Society

### Stonewall & District Health Centre

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Includes lunch, refreshments and resources

*\*Pre-register by Friday, January 22nd\**

Specialists will provide information on:

- Understanding Alzheimer's disease from a medical, family & individual perspective
- Legal & financial considerations
- Helpful community resources
- Best practices for the caregiver

### LIMITED SEATING!

To register or for more information, please contact the South Interlake Seniors Resource Council Inc. at **204-467-2719**.

For more information, contact Jackie Dokken

Alzheimer Society of Manitoba - Interlake Eastern Office **204-268-4752**  
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## January Calendar of Events!

**SOUTH INTERLAKE 55 PLUS, 5 KEITH COSENS DRIVE**

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Jan 4	Active Wellness - New Session Begins	Jan 15	Harmony Jam @ 1:30
Jan 7	Pickleball @ 7:00 pm - Centennial School	Jan 18	One Stroke Painting @ 12:30
Jan 12	Open House 10 am - 2 pm	Jan 21	Art Group Starts 9:00 am
Jan 12	Luncheon @ 12:00 Noon	Jan 21	McPhillips Street Station Casino Trip @ 10 am
Jan 13	Open House 10 am - 2 pm & 6 - 8 pm	Jan 25	Cribbage Tournament @ 1 pm
Jan 14	Shopping Trip - Garden City @ 9:00 am	Jan 29	Bus Trip to Portage La Prairie

## 55 Plus Open House

Come and see what the South Interlake 55-Plus is all about!

**It's membership renewal time!**

If you are interested in membership, come down and discuss membership and its many benefits!

Have a cup of coffee and meet your Board members!

January 12, 2016 10:00am - 2:00pm

January 13, 2016 10:00am - 2:00pm 6:00pm - 8:00pm

Associate memberships are available for those under 55, which include all the benefits of membership with the exception of voting at the AGM.

## Cribbage Tournament

**Monday, January 25th**

**1:00 pm**

**\$4 @ Door**

**Door Prize - 50/50 Draw**

**Everyone Welcome!**



## BUS TRIPS:

Garden City Shopping Trip

Thursday, January 14th

Casino Trip - McPhillips Street Station

Thursday, January 21st

Bus Trip to Herman Prior Senior Centre Portage La Prairie

Friday, January 29th

*For Details and to Register*

**Call the 55 Plus: 204-467-2582**

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CLASSES INCLUDE: FUNFIT, DANCEFIT, DANCEFIT GOLD, YOGA & PILATES, GENTLE YOGA, YOGA-DANCE

**NEW SESSION:**

**Jan 4 - Feb 12th, 2016**

**Drop In's Welcome!**

New Class



For more information & to register call 204-467-2582

## January Luncheon

**Tuesday, January 12th**

**12:00 NOON**

*Hot Meal:*

*Hot Roast Pork, Mashed Potatoes, Veggies, Dessert*

**\$8.00**

**Everyone Welcome!**

*No tickets or reservations required!*



## Art Group



**Thursdays:**

**January 21 - April 28, 2016**

**9:00 am-12:00 pm**

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Bev @ 204-467-9991 OR

55 Plus Office @ 204-467-2582

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Martell blows whistle on NHL officiating career

Former Stonewall native worked his 1,000th - and final game - last Saturday in Tampa

By Brian Bowman

Rob Martell officiated his first ever National Hockey League game on April 7, 1996.

He worked his 1,000th - and final - NHL game last Saturday evening in Tampa Bay as the Lightning edged the Minnesota Wild 3-2 in a shootout.

It was an end to a fantastic career for the well-respected and popular Martell. Martell found his niche in a career that is seldom popular with players and fans.

But he did his job extremely well. There was an endless stream of players and coaches that offered their congratulations and well wishes in his retirement.

Lightning assistant coach Rick Bowness, a former Winnipeg Jet, called Martell over during a line change in the game and offered his compliments. Bowness knew Rob's father, Bob, very well when he was in Winnipeg.

"He knew my dad (Bob) really well and said that my dad would be really proud," Martell said from Florida Monday afternoon. "That was really classy."

Martell was honoured in a pregame ceremony - receiving a signed stick from Lightning captain Steve Stamkos and a signed jersey from Wild captain Mikko Koivu - with his family in attendance.

"It was an interesting night and it was kind of bittersweet," said Martell. "I really enjoyed what they called work for me to make a living. I really enjoyed being out there."

After the game, Martell was congratulated by his fellow officials and he received a cake from the Lightning staff. He took off his skates in an NHL official's room for the very last time.

"It wasn't as hard as I thought it would be because I got to pick my crew for the game," he said. "And I had some real good friends of mine Dan O'Halloran, Andy McElman, and Brian Mach (work that game with me). I have been with those guys 20-years plus."

Being out there on the ice nowadays with the immense speed of the



Martell is congratulated by a fellow official prior to the game between the Wild and Lightning.



game made it tougher on the 52 year old Martell to keep up with the young guys.

"It was time," he said, noting the extensive travel is a major grind for officials. "It's crazy fast now."

The game is even faster when there are only three officials out there. That happened to Martell, who refereed a game between Dallas and St. Louis with two linesmen on Dec. 27, when an official (Brad Meier) could not get into Dallas due to bad weather.

The NHL switched to a two-referee system back in 2000. Since then, all games - barring injury or travel issues - have been worked by a four-man crew.

"Now, I'm the answer to a trivia question," Martell joked. "I'm the last referee to work in a three-man system. But I don't know how long that will last, though, with how travel goes. But it's still kind of a neat thing."

Of course, the Blues/Stars' game featured a pair of scraps early in the second period as neither team was in the



TRIBUNE PHOTOS COURTESY OF NHL.COM

Rob Martell (second from left) received a Wild jersey signed by the players from Mikko Koivu (second from right) of the Wild and a stick from Steven Stamkos (left) of the Tampa Bay Lightning.



Martell and his family are congratulated on Rob's 1,000th game and career as a NHL official during a ceremony prior to last Saturday's game between the Wild and Lightning.

holiday mood.

"It was three-man, old school, with one of the guys that was supposed to be working but he couldn't get in," Martell recalled. "St. Louis and Dallas had played the night before in St. Louis and they really don't like each other, so they had a pretty good dust-up."

There were no fights in Martell's final game but it did feature a coach's challenge that resulted in a Minnesota Wild goal being disallowed. The game also saw Minnesota's Jared Spurgeon tie the score at 2-2 with just 2:39 remaining in the third period to force the overtime and eventual shootout.

Martell got his start officiating in the Stonewall Minor Hockey system and then graduated to do Winnipeg

Warriors games, and then eventually Brandon Wheat Kings ones, in the Western Hockey League.

He also played Junior "A" hockey with the Selkirk Steelers.

Nowadays, he remains an avid hockey player during his time off and also golfs. He'll have more time to do both of those activities while also spending more time with his wife Cindy and sons Cameron, 19, and JT, 17.

His family tries to get back home to Manitoba as much as possible. He is hoping to visit Selkirk this summer for the Steelers' charity golf tournament.

"I'm hoping to get back up there," he said. "It would be real nice to see some of the guys again and I follow online to see how (the Steelers) are doing."

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## UConn Huskies and Mee make a great fit

### Standout blueliner makes the transition to Division I hockey

By Brian Bowman

For many young hockey players, their dream is to play U.S. Division I college hockey one day.

Kayla Mee was one of those players. And now she is living that dream.

The standout defenceman from Stonewall is enjoying her freshman season with the UConn Huskies, which plays out of Storrs, Conn.

"I really love it," said Mee last month. "School and hockey has really worked well together. It's been a great experience — they really treat you well when you're an athlete."

The Huskies were 7-8-3 heading into this past Tuesday's road game at Northeastern. UConn had been playing well just before the holiday break.

"We're pretty happy that we're near .500 but we obviously want to be better than that," said Mee, who finished her high school career with the Shaftesbury Titans. "We're really improving as the year has gone on, so that's great."

The Huskies had trouble scoring goals early in the season but they have potted 11 goals in their past three games to post a 1-1-1 record. Mee said some girls have stepped up their offensive game in recent weeks.

On a personal level, Mee is sixth in team scoring with a goal and six assists in 18 games. Those are good numbers for a freshman blueliner.

Mee scored her lone goal against the Maine Black Bears on a great individual effort on Nov. 22. Her third-period goal helped seal a 2-0 road victory.

"It was amazing," she enthused, noting she kept the puck from her first collegiate goal. "It felt really good (to score)."

Mee said the U.S. college game is a lot different than playing high school hockey in Manitoba. Still, she has been getting plenty of ice time with a regular shift and extensive time on both the power-play and penalty-kill units.

"Everything, in general, is way faster than when I played with the Titans," she explained. "Everybody is faster,



Kayla Mee

they pass faster (and) shoot harder."

Mee has already seen an improvement in her game while playing against elite competition.

"I felt that the beginning of the year that I was panicking with the puck," she admitted. "But I feel that the coaches have helped me a lot to develop my game and play the puck better with more confidence."

Making the transition to the collegiate game is tough. So, too, is leaving Manitoba for Connecticut but that move was eased somewhat as the Huskies have recruited heavily in our province.

Mee is one of five Manitobans on the UConn roster. Two more Manitoba players have already committed to play for the Huskies in the near future.

"When I committed, it made it more comfortable knowing that I was leaving home (to join other Manitobans)," said Mee, who is in the Pharmacy program at UConn.

Huskies' head coach Chris MacKenzie has been very pleased with Mee's play in her first half a season at UConn.



TRIBUNE PHOTO BY TERRY MEE

Kayla Mee has already established herself as one of the top defencemen in her freshman season with the UConn Huskies out of Storrs, Conn.

"In her first year here at the University of Connecticut, Kayla has established herself as one of our top defencemen," said MacKenzie last Saturday afternoon. "She's earned power play and penalty kill ice time along with a regular shift."

MacKenzie said Mee has improved significantly during her short time in his program. He expects her to be that

much better at the end of her collegiate career.

"We had high expectations for Kayla and she has met those expectations," said the Huskies' head coach. "We're happy with the way things are going on the ice and we're excited to have her for the next three-and-a-half years."

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Midget Lightning lose pair to begin 2016

By Brian Bowman

The Interlake Lightning Midget Provincial hockey team had trouble scoring goals in 2015.

So far in the New Year, that same problem exists.

The Lightning scored just two goals in two road games last weekend — both losses — in Manitoba AAA Midget Hockey League play.

Interlake was defeated 3-1 by the Wheat Kings in Brandon last Saturday and then was downed 4-1 by the Southwest Cougars in Souris on Sunday.

“When we played Brandon, we had three prime, golden opportunities to score goals and two of them resulted in outstanding saves and the other one we just shot it wide of the net from about five feet in front of the net,” said Lightning head coach Dwayne Swanson.

“And against Southwest, we had some opportunities to score as well but we just couldn’t get it done. We’re having all kinds of trouble with the goal scoring.”

In the loss to Brandon, Jack Einarson gave the Lightning an early 1-0 lead with a goal just 6:20 into the contest.

But Jaymes Knee tied the score at 1-1 with a power-play goal and then Lynden McCallum scored at even strength to give the home side a 2-1 lead after 20 minutes.

Brett Paddock then struck on the power play midway in the second period to close out the scoring.

In the loss to Southwest, Interlake, once again, opened the game’s scoring just over six minutes into the game as Noah Basarab notched his 10th goal of the season.

John Patmore tied the score just 1:15 later and then the Cougars broke the

game open with goals from Dawson Waddell, Jared Janke and McCullough Park midway in the middle frame.

“We didn’t show up to start the second period,” Swanson lamented. “It’s one of the things that we’re trying to rectify with this team. We take time off and we took about six minutes off to start the second period and paid for it with three goals (against).”

The Lightning has now lost seven games in a row and 15 out of their last 16. That leaves the Interlake with a 7-21 record and 14 points to sit in 10th place in the 12-team league.

Swanson expects this club to stay motivated — and give their best effort — over the course of the next couple of months.

“You just have to stay positive with them and make sure the room stays as positive as possible,” Swanson stressed. “These kids still have oppor-

tunities to play at the next level and we encourage them to not let up their play because you never know who is watching in the stands.”

Interlake will have another crack at Brandon and Southwest this weekend when both teams visit Teulon. Brandon will be here Saturday (6 p.m.) while Southwest will come to town on Sunday (2 p.m.).

Swanson is confidently looking to sweep a pair of home games this weekend.

“We’re not looking for a split,” he stressed. “We thought we had an opportunity to win both games this (past) weekend. Brandon is a tough place to go play hockey and we played really well there.”

“We’re looking to get off the snide and get a couple of wins and get off to the races.”

## Christmas Challenge gold and silver medallists



TRIBUNE PHOTO BY SUZANNE CUILLA

The Stonewall Blues won gold medals in the Bantam 14A2 division of the Christmas Challenge on Dec. 30. Stonewall defeated the Beausejour Blades 2-1 to win the championship game after beating the undefeated Gateway Flyers 2-1 in overtime to advance to the final.

Pictured back row, left to right: Eric Erickson (assistant coach), Darren Thiessen (assistant coach), Max Roche, Josh Smith, Jack McAuley, Gio Cuilla, Tyson Oughton, Liam Proven, Colby Thiessen, Mike Sagriff (head coach); middle row: Torin Hoffman, Kyle LaFleche, Dasek Sobkow, Aiden Erickson, Chase Littlepage, Reis Wasmuth; front: Dylan Labossiere. Missing from the photo: Graeme Bytheway.



TRIBUNE PHOTO BY LANA MEIER

The Stonewall Blues won silver medals in the Female Atom A2 division of the Christmas Challenge on Dec. 26. Stonewall Yellow won two games and tied twice in the round robin and then went on to beat North East Blue 3-0 in the final. Stonewall Blue won bronze medals after defeating North East Gold 3-1. Pictured back row, left to right: Darren Thiessen (assistant coach), Greg Safinuk (head coach), Jaime Dowsett (assistant coach); middle row: Keira Willey, Kailey Thiessen, Sophia Dowsett, Madison Delaurier; front row: Shelby Joynt, Shaelynn Wait, Kate Farmer, Brooke Farmer, Scarlett Dowsett; goaltender: Carly Safinuk. Missing from the photo: Ashley VanDenBussche and Karli Meikle.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Jets show holiday rust in River East loss

By Brian Bowman

The holidays are always a great time to get together with friends and family.

But after that break, many hockey teams find themselves having to shake off the rust from gobbling up endless turkeys and holiday treats.

The Stonewall Jets showed some of that holiday rust as they were defeated 2-0 by the River East Royal Knights in Manitoba Major Junior Hockey League action Sunday afternoon.

"We had two weeks off and two practices last week going into Sunday's game against River East," said Jets' assistant coach Matt Figur. "It's not that we played bad on Sunday, but River East is a good team and they've been on a tear."

Quinten Prokopec gave River East a 1-0 lead at 14:23 of the first period and then the visitors went up two goals as Tristan Ezarko tallied on the power play just 12 seconds into the third.

Both teams had 36 shots on goal as Matt Kohlman posted the shut-out.

With the loss, Stonewall is now 13-13-1 and has 27 points to occupy sole possession of seventh place in the 10-team league. With the talent on this year's team,

the Jets should be higher in the MMJHL standings.

"It's time for us to pull up our socks and move on with the MMJHL Showcase this weekend being held at the MTS Iceplex," Figur said, noting defenceman Scott Miskiewicz will be added to the lineup after a lengthy layoff due to injury.

"We have 18 games remaining until our playoffs and we're shooting to be peaking with about five games left before the playoffs," Figur said. "We want to be playing our best hockey in mid-February and then riding that wave into the playoffs."

"We're definitely not pushing the panic button, by any means. We knew we would be in the middle of the pack because it's a very tight league this year."

The Jets, now on a three-game losing streak, will be looking to get back into the win column this Saturday (3:30 p.m.) when they play the last-place Ft. Garry/Ft. Rouge Twins.

Stonewall will then battle the St. Boniface Riels on Sunday (6:30 p.m.). The Jets need a sweep in a huge way this weekend.

"Sitting where we are at .500, these two games are must-win for the Stonewall Jets," Figur insisted.



TRIBUNE PHOTO BY LANA MEIER

The Jets' Brett Meilleur (10) crashes the net hard late in the third period during Stonewall's 2-0 loss to the River East Royals Knights.

## Bantams ring in New Year with shootout victory

By Brian Bowman

The Interlake Lightning Bantam hockey team sure knows how to ring in the New Year.

Interlake started 2016 with a solid 5-4 shootout victory over the Pembina Valley Hawks last Sunday in Carman.

Keenan McPherson scored the

game-tying goal with just 16 seconds remaining in the third period. It was his third point in the game.

Jayden McCarthy had given Pembina Valley a 4-3 lead just 48 seconds earlier.

Interlake, which led 2-1 after two periods and 3-2 late in the third, also re-


ceived goals from Austin Adair (two) and Jagger Bonkowski.

Tre Strachan earned the win in goal.

With the victory, Interlake snapped a 14-game losing streak and is now 2-19. The Lightning will play the Sharks tonight and then will host the Wolves on Friday (7:15 p.m.) in Stone-

wall.

Meanwhile, the Lightning City Midget team played the Hawks last night but no score was available at press time. Interlake will then battle the Warriors on Sunday. Game time is 1:15 p.m.




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**Sunday, Jan. 10**  
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**6:30 pm MTS Iceplex RRCO ice**



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**COME AND CHEER ON THE INTERLAKE'S MANITOBA MAJOR JUNIOR HOCKEY TEAM - YOUR STONEWALL JETS**

# Flyers have reason to celebrate New Year

**By Brian Bowman**

The New Year has been good so far to the Stonewall Flyers.

In fact, it's been extremely good

Stonewall started 2016 with an embarrassing 20-0 win over the Lakeside Phantoms Saturday evening in Manitoba Senior Hockey League action.

The Flyers, which held period leads of 7-0 and 13-0, were paced by Cale McBride's four-goal and three-assist effort while Brett Harvie, Dan Stewart, and Adam Kirk, each had three goals apiece.

Connor Appleyard and Ryan Elliot both scored twice for Stonewall while Cody Hunter, Blair Hawes and Patrick Dawson added singles.

Bretton Fewchuk earned the shut-out.

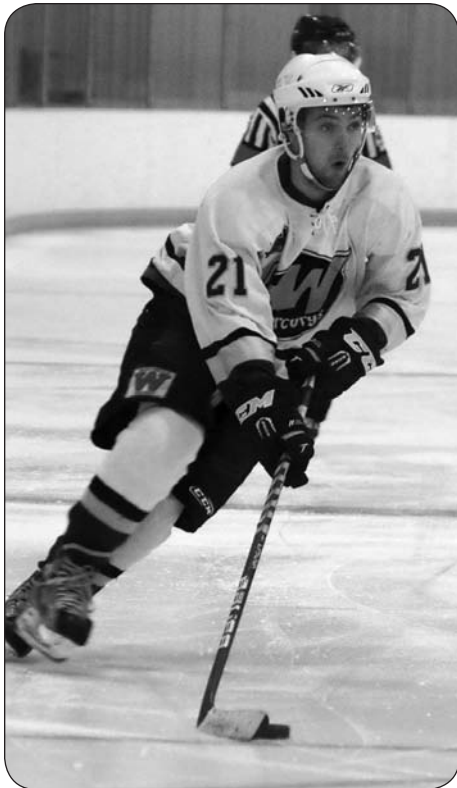
Stonewall (7-1) will battle the second-place Wolves (5-2) in Gimli this Friday. Game time is 8 p.m.

In South Eastern Manitoba Hockey League play, the Warren Mercs were defeated 5-4 by the Portage Islanders last Saturday evening.

Portage erased a late 4-3 deficit with two goals in just 33 seconds.

Anders Strome tied the score at 4-4 at 17:12 of the third period and then Jamie Mousseau potted the game winner.

Clifford Ketchen scored twice for



Jesse Antonyshen also tallied for the Mercs against Portage.

Warren while Jesse Antonyshen and Brendan Luschinski also tallied.

Strome led Portage with three goals and two assists. Eric Delong, a former Merc, had a goal and two assists for the Islanders.

On Dec. 29, the Mercs were defeated



**TRIBUNE PHOTOS BY JO-ANNE PROCTER**

The Mercs' Clifford Ketchen scored twice in Warren's 5-4 loss to the Islanders.

9-2 by the Beavers in Carman.

Warren led 2-1 at the 14:51 mark of the opening period but Carman then scored eight unanswered goals – five of those coming in the third period.

Bryn Lindsay, on the power play, and Reid McLeod scored for the Mercs.

Pete VanDeVelde and Mark Owen each had three goals for Carman while Brett Takvam, Scott Owen and Jesse Livingston added singles.

Warren, now 1-9-1-2, will host Winkler this Friday (8 p.m.) and then will visit Notre Dame next Wednesday.

Manitoba Hockey Standings

MANITOBA JUNIOR HOCKEY LEAGUE											GP	W	L	OTL	PTS	GF	GA																						
Portage Terriers	40	32	6	2	66	163	89					Brandon	28	14	13	0	29	74	77																				
Steinbach Pistons	38	27	9	2	56	150	95					Kenora	29	14	14	1	29	99	114																				
Winkler Flyers	36	26	7	3	55	149	85					Southwest	29	13	14	1	28	93	98																				
Virden Oil Capitals	36	24	12	0	48	128	76					Parkland	28	12	14	0	26	98	112																				
Winnipeg Blues	38	19	13	6	44	136	109					Interlake	28	7	21	0	14	65	129																				
Swan Valley Stampede	37	15	20	2	32	130	156					Pembina Valley	29	5	23	1	11	57	138																				
Selkirk Steelers	34	14	18	2	30	105	130					Norman	30	3	25	2	8	83	178																				
OCN Blizzard	39	14	23	2	30	114	152					AAA CITY MIDGET HOCKEY LEAGUE																											
Waywayseacappo Wolverines	38	11	23	4	26	99	150					GP	W	L	OTL	PTS	GF	GA																					
Neepawa Natives	37	8	29	0	16	80	193					Winnipeg Monarchs - CM	19	15	4	0	30	109	52																				
MANITOBA MAJOR JUNIOR HOCKEY LEAGUE											GP	W	L	OTL	PTS	GF	GA																						
Raiders Jr. Hockey Club	28	19	7	2	40	99	75					Winnipeg Warriors - CM	23	15	8	0	30	86	60																				
Pembina Valley Twisters	28	18	7	3	39	121	89					Winnipeg Hawks - CM	24	14	8	1	30	105	89																				
Charleswood Hawks	26	17	6	3	37	108	71					Eastman Selects - CM	22	11	10	0	23	67	64																				
St. Vital Victorias	26	17	8	1	35	107	89					Winnipeg Sharks - CM	23	10	10	2	23	90	93																				
St. James Canucks	28	15	12	1	31	102	105					Interlake Lightning - CM	23	0	21	1	2	38	137																				
River East Royal Knights	28	13	13	2	28	83	92					Yellowhead Chiefs - CM	0	0	0	0	0	0	0																				
Stonewall Jets	27	13	13	1	27	100	94					Parkland Rangers - CM	0	0	0	0	0	0	0																				
Transcona Railer Express	26	11	14	1	23	91	107					AAA BANTAM HOCKEY LEAGUE																											
St. Boniface Riels	27	9	16	2	20	81	104					GP	W	L	OTL	PTS	GF	GA																					
FLGarry/FLRouge Twins	28	4	22	2	10	70	136					Winnipeg Monarchs	23	22	1	0	44	167	36																				
KEYSTONE JUNIOR HOCKEY LEAGUE											GP	W	L	OTL	PTS	GF	GA																						
South Division	GP	W	L	OTL	PTS	GF	GA												Winnipeg Warriors	20	17	2	0	35	128	35													
Selkirk Fishermen	22	16	4	2	34	90	55					Winnipeg Hawks	22	11	10	1	23	84	69																				
St. Malo Warriors	22	15	5	2	32	112	86					Eastman Selects	18	8	8	1	18	69	68																				
Lundar Falcons	22	11	8	3	25	92	84					Winnipeg Sharks	19	6	11	2	14	63	101																				
Arborg Ice Dawgs	23	11	10	2	24	103	92					Interlake Lightning	20	1	19	0	2	32	132																				
North Winnipeg Satellites	24	8	16	0	16	80	106					MANITOBA FEMALE MIDGET AAA HOCKEY LEAGUE																											
North Division	GP	W	L	OTL	PTS	GF	GA												GP	W	L	T	OTW	OTL	Pts														
Peguis Juniors	22	16	4	2	34	149	78					Westman Wildcats	19	12	3	-	1	3	29																				
OCN Storm	20	16	4	0	32	134	78					PV Hawks	17	12	3	-	2	-	28																				
Cross Lake Islanders	23	12	11	0	24	159	143					Yellowhead Chiefs	16	12	1	-	1	2	28																				
Fisher River Hawks	22	5	17	0	10	113	151					Central Plains	16	10	3	-	2	1	25																				
Norway House North Stars	22	1	21	0	2	67	243					Winnipeg Avros	20	5	10	-	3	2	18																				
SOUTH EASTERN MANITOBA HOCKEY LEAGUE											GP	W	L	OTL	PTS	GF	GA												Eastman Selects	18	6	10	-	1	1	15			
Carman	13	11	2	0	22	75	40					Norman Wild	16	2	13	-	-	1	5																				
Morden	12	8	4	0	16	48	38					Interlake Lightning	16	-	16	-	-	-	-																				
Portage	12	7	5	0	14	58	58					MANITOBA HIGH SCHOOL HOCKEY																											
Winkler	11	6	5	0	12	36	40					Platinum Promotions Division	GP	W	L	OTL	PTS	GF	GA																				
Notre Dame	13	4	5	4	12	47	54					St. Paul's 1	16	14	0	1	45	84	19																				
Altona	10	5	5	0	10	40	33					Oak Park	14	13	1	0	39	62	21																				
Warren	13	1	9	1	5	54	95					Lord Selkirk	17	11	3	1	37	54	35																				
MANITOBA SENIOR HOCKEY LEAGUE											GP	W	L	OTL	PTS	GF	GA												Vincent Massey	14	10	2	0	34	66	19			
Stonewall	8	7	1	0	14	67	31					Garden City	16	6	7	1	23	46	55																				
Gimli	7	5	2	0	10	58	22					River East	13	6	5	0	20	42	45																				
Beausejour	7	4	3	0	8	41	40					Sturgeon Heights	17	6	10	0	19	31	65																				
Lac du Bonnet	8	3	5	0	6	44	39					Kelvin	16	3	8	1	17	38	55																				
Lakeside	8	0	8	0	0	14	92					College Jeanne Sauve	14	2	9	1	11	34	50																				
AAA MIDGET HOCKEY LEAGUE											GP	W	L	OTL	PTS	GF	GA												SJR1	14	1	13	0	3	19	71			
Eastman	30	28	0	1	58	151	53					Stonewall	15	0	14	0	1	15	56																				
Wild	29	24	3	1	50	120	46					Price Division	GP	W	L	OTL	PTS	GF	GA																				
Yellowhead	29	19	6	0	42	98	70					College Beliveau	13	10	1	2	32	71	31																				
Thrashers	28	19	8	1	39	126	66					Murdoch MacKay	14	9	2	1	32	89	47																				
Central Plains	29	15	10	1	34	93	76					Louis Riel	14	8	3	0	29	67	47																				
																						John Taylor	16	9	6	0	29	94	66										
																						Pierre Elliott Trudeau	13	8	2	0	28	56	36										
																						Linden Christian	14	8	3	2	28	69	54										
																						Sisler	13	4	8	0	14	59	71										
																						Fort Richmond	13	3	9	0	11	44	58										
																						Windsor Park Collegiate	15	3	11	0	11	61	96										
																						Warren	13	3	9	0	10	42	60										
																						SJR2	12	0	11	1	1	15	101										
																						STATS AS OF TUESDAY, JANUARY 5																	

# Winnipeg Women's High School Hockey player of the week



Annaliese Meier

## Staff

CSHC Huskies' forward Annaliese Meier was the WFP Division Player of the Week after a monster week ending Dec. 18. Meier scored five goals and had two helpers in her team's victory over the SJR Eagles. She finished off the week scoring three goals and adding four assists in their victory over the West Kildonan Wolverines. Meier now has 20 goals and 18 assists for 38 points in 13 games.

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Potatos - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

## FARM PRODUCE

Fresh honey for sale. Ph 204-461-1267.

## UPCOMING EVENTS

Separated - Widowed - Divorced. Beginning Experience (BE) is a non-profit, peer support grief resolution program helping single - again people deal with the natural grief process and offers an opportunity for turning pain from loss into an experience of positive growth. We offer 10 week programs 3 times per year. NEXT 10 WEEK PROGRAM STARTS JANUARY 13th, 2016. We also offer week-end retreats 2 times per year. NEXT WEEK-END RETREAT TO BE HELD IN MARCH 2016. FOR MORE INFORMATION - please call 204-275-3090 or visit [www.beginning-experiencewinnipeg.ca](http://www.beginning-experiencewinnipeg.ca)



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## ECONOMIC DEVELOPMENT OFFICER

The R. M. of Woodlands has an opening for the full-time position of Economic Development Officer.



The Economic Development Officer will work closely with the Board of Directors of the Woodlands Community Development Corporation (CDC) to develop an economic development strategy, to attract and facilitate development of new industries, business and services in the R. M. of Woodlands for the purpose of expanding the economy of the community and provide local employment opportunities.

### Duties and Responsibilities:

#### 1. Economic Development

- Develop a CDC/Community strategic plan and undertake the resulting economic development initiatives
- Ensure development readiness for the R. M. of Woodlands
- Develop strategy for retention and expansion of existing businesses and industry
- Identify and promote new business and/or industrial opportunities and assist with the development of job creation strategies

#### 2. Research

- Maintain a detailed community profile and other demographic information
- Prepare and disseminate information regarding the availability of land, buildings and other facilities conducive to the promotion of business and industry
- Identify the needs of the business community and inform the appropriate public sector bodies of these needs
- Conduct sectorial analysis to determine economic opportunities for the R. M. of Woodlands

#### 3. Liaison

- Maintain active contacts with the relevant agencies at all levels of governments
- Participate in other regional economic development activities
- Be familiar with and promote available government programs and assist with grant applications
- Act as a coordinator and facilitator of interactions between governments, other communities, business, industry, and community organizations

#### 4. Administrative Duties

- Prepare monthly and annual activity reports for presentation to the Board of Directors and R. M.
- Attend Local council meetings, as appropriate, to share information, obtain direction, develop ideas and respond to questions
- Bookkeeping, meetings, other administrative duties

The successful candidate should hold a degree or diploma from an economic development program and/or business administration program or demonstrate an equivalent combination of education and experience. Must have strong communication, analytical, and leadership skills. Travel is required and the successful candidate must possess and maintain a valid Class 5 Manitoba Driver's License and be prepared for some evening and weekend work.

Salary will be based on the level of experience and qualifications. A comprehensive benefits package will be available. A detailed job description is available upon request.

Send a resume, cover letter and a minimum of three references to the attention of Adam Turner, R. M. of Woodlands Chief Administrative Officer at P.O. Box 10 Woodlands, Manitoba R0C 3H0 or email to [rmwldls1@mymts.net](mailto:rmwldls1@mymts.net) on or before **Friday, January 15, 2016 at 4:00 pm.**

## HOUSE FOR SALE

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## Farm Land For Sale By Tender

Sealed bids for the purchase of the following parcel of land, located in the RM of Rockwood, Manitoba and currently owned by Eric Ammeter, as executor under the Last Will of Fromhold Ammeter, will be received up to 4:00 pm on January 29, 2016 at the offices of : **Grantham Law Offices, Box 1400, Stonewall MB., R0C 2Z0 Attn: Karen @ (204) 467-5527**

**NW ¼ 24-13-2 EPM  
(160 acres - 100 acres cultivated/60 acres pasture)**

The land will be sold free and clear of all liens and charges.

### The following will apply to all tenders:

The vendor reserves the right to reject any or all bids and the highest bid or tender may not necessarily be the successful bid.

All offers are to be submitted in sealed envelopes accompanied by a certified cheque or bank draft payable to "Grantham Law Offices in Trust" for 5% of the tendered amount. Cheques will be returned in respect to tenders that are not accepted.

All bidders will be advised within two working days of January 29, 2016 if their bid was successful. Successful bidders will be required to enter into a formal Purchase agreement with a possession date of February 15, 2016, or sooner by mutual consent.

Tenders will be held in confidence and not be released to the public or other bidders.

If any purchaser has any questions concerning the bidding process, please contact Grantham Law Offices Attention: Karen.

Any questions regarding details or history of this parcel can be directed to Eric Ammeter at 204-461-1970

# Announcements

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## ANNOUNCEMENT

### CARD OF THANKS

I would like to thank all my family and friends for my 70th birthday party on Sunday, December 27th.

-Sincerely,  
Betty Ann Fairlie

## ANNOUNCEMENT

### CARD OF THANKS

We would like to take this opportunity to thank everyone for the support we received in the loss of our husband, father, grandfather and great-grandfather, Roger. Special thanks to Dr. Pillay, Palliative Care, Home Care, Teulon Ambulance, Stonewall Hospital, Eirik and staff at MacKenzie Funeral Home, Teulon WI, Teulon Rockwood Firefighters and Shirley Williams. We would also like to thank the numerous friends and family who sent flowers, cards and food. Everyone's support during this difficult time means more than words can say. God Bless everyone.

-Shirley Cookson  
and family

## ANNOUNCEMENT

### BIRTH ANNOUNCEMENT



**Ethan James Drysdale**

Ernie and Stephanie are thrilled to announce the birth of their beautiful son, Ethan James Drysdale. Ethan was born Sunday, October 25, 2015 weighing 7.5 lbs. Proud grandparents are Joe and Maria Botincan of Winnipeg and Wally and Betty Drysdale of Stony Mountain. Great-grandparents are Katica and Stepan (Steven) Botincan of Winnipeg and Ellen and the late Roy Hancock of Stonewall.



## ANNOUNCEMENT

### CARD OF THANKS

Warren Jr. Merces Initiation Team Black wants to thank everyone who purchased raffle tickets. Congrats to the winners. 1st Prize - Sherry Harbor; 2nd Prize - Ron Chartrand; 3rd Prize - Brad Sumka. Every day is a great day for hockey - ML.

## ANNOUNCEMENT

### BIRTHDAY



**Jean Shymko**  
Happy 90th Birthday  
on January 3rd

## ANNOUNCEMENT

### IN MEMORIAM



**Beverly Ann Gardner**  
February 28, 1939 - January 3, 2011

Beautiful memories  
Are wonderful things  
They last till the longest day  
They never wear out  
They never get lost  
And can never be given away  
To some you may be forgotten  
To others a part of the past  
But to us who loved and lost you  
Your memory will always last.

-Love always,  
your family

## ANNOUNCEMENT

### IN MEMORIAM



**Jean Lefley**  
January 7, 2011

We reminisce and have a laugh or two,  
Telling stories of the things we used to do.  
They bring a laugh, but always a wish,  
That you were still here.  
Your memory roots deeply in our hearts.

-Love your family

## ANNOUNCEMENT

### IN MEMORIAM



**Edward John Kowalchuk**  
August 13, 1945 - January 8, 2013

Gone is Ed's face we loved so dear,  
Silent is his voice we loved to hear.  
Too far away for sight or speech,  
But not too far for thought to reach.  
Sweet to remember him who once was here,  
And who, though absent, is just as dear.

-With love from your whole family  
who misses you every day

## OBITUARY

### Gladys Mabel Watkinson (Nee Nelson)

Peacefully on December 20th at the Betel Home in Selkirk, Manitoba, Gladys Watkinson (Nelson), aged 103 years, of Stonewall, Manitoba. Gladys was predeceased by her husband George Watkinson; parents, George and Edith Nelson (Preston); brothers and sisters, Annie, Dave, Maude, Margaret, Grace, Ben, Charlie, and Edith; and "adopted" grandchildren Robbie and Kristin Schaldemose.

Born July 29, 1912 in Lily Bay, Manitoba, Gladys grew up in Lily Bay and then Curtis District near Portage La Prairie. Gladys had a reputation as somewhat of a prankster and had several good stories to tell of times at Curtis School. She moved back to the Interlake for a time where she was employed with the Watson family (her aunt and uncle) in the Scotch Bay District. In 1941 Gladys married her husband George and they farmed in the Fortier District for a couple of years before moving to West Hawk Lake in 1943. At West Hawk Lake they lived and worked at the Whiteshell Trout Hatchery along with Charlie Watson, Gladys' cousin. Gladys played an essential role as the cook at the Hatchery and her skills were well known throughout the area. She was touted by some in surrounding towns to be the "best pie maker in Manitoba". Gladys, George, and Charlie moved to Stonewall upon their retirement in 1967, where Gladys resided until moving to the Betel Home in Selkirk in 2011.

Gladys was a truly unique individual who, while having no children of her own, was able to embrace those around her and created her own "adopted" family that were absolutely as close as any family could be. At West Hawk Lake, this was the Schaldemose family who also lived at the Whiteshell Hatchery. The Schaldemose children could not imagine a world without Gladys, and are still having trouble with that concept now. Upon moving to Stonewall in 1967, Gladys again created new family with Audrey and Ken Klompke and their children. These relationships were enduring, and both families were present with Gladys to her last moments.

Gladys is survived by her sister Iris (Bud) Clarke; numerous nieces and nephews; her "adopted" family, Blanche Schaldemose, Alan (Leanne) Schaldemose, Susan (Larry) Morran, Sandra (Tony) Duma, Dana (Dave) Schaldemose, and Audrey (Ken) Klompke.

At Gladys' request a private family graveside farewell is being held. Interment will be at the Evergreen Cemetery in Portage La Prairie. Active Pallbearers will be Alan Schaldemose, Ken Klompke, Wayne Campbell, Bob McCallister, Corwin Nelson, and Kent Klompke.

An open memorial reception and celebration of life will be held for Gladys at 1:30 p.m. on Saturday the 16th of January 2016 at the MacKenzie Funeral Home Chapel in Stonewall, Manitoba.

A special thank you goes out to Lynn Williams, a good friend and faithful visitor to Gladys, and to the dedicated staff at Betel Home in Selkirk who took such good care of Gladys.

In lieu of flowers, for any who choose to do so, a donation can be made to Cystic Fibrosis Canada in memory of Gladys.

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# Announcements

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## OBITUARY



**Betty Mabel Louise Lillies**  
(nee Brad)

It is with sadness the family of Betty Lillies announces her peaceful passing on January 2, 2016 with family by her side at Rosewood Lodge.

Betty was predeceased by her husband Bert in 1984; her parents Maggie Louise and Wilfred George Brad; sisters Audrey Larcombe, Bernice Thordasson and Beverley Brad; and her brother Lorne Brad.

Betty is survived by sons Harold (Betty) and Neil (Darlene); four grandchildren Carrie (Brett) Munro, Jamey (Lisa) Lillies, Susan (Jeff) Starkey, and Shauna (Jamie) Romanchuk; seven great-grandchildren and two great-great-granddaughters; also brother Bob Brad and Audrey; as well as many nieces and nephews.

Betty lived in Woodlands before moving to Stonewall after Bert's passing. She lived at 5th Ave Apartments then Stonewood Place and then onto Rosewood Lodge.

Betty was involved in her community and the Anglican Church. She enjoyed curling and playing bingo and always a game of Yahtzee with the grand kids. She crocheted and knit and was a beautiful sewer. She also made the best homemade bread and buns which were always a favorite at family dinners along with her homemade cookies and cakes and canned goods.

The family would like to thank the staff of Rosewood Lodge for their care and compassion towards Betty.

As for Betty's wishes there will not be a funeral but a graveside service for family will be held at a later date.

In lieu of flowers donations can be made in Betty's name to Rosewood Lodge, 513 1st Ave North, Stonewall, MB, R0C 2Z0.

MACKENZIE FUNERAL HOME STONEWALL  
(204) 467-2525 • [info@mackenziefh.com](mailto:info@mackenziefh.com)



## OBITUARY



**Helen Drohomereski**

It is with deep sadness we announce the sudden passing of our Mom and grandma Helen Drohomereski at home on Tuesday, December 29, 2015.

Left to mourn Helen are her children Desa (Perry), Leanne (Pete) and Kurt (Robin); grandchildren Rhys, Alexa, Tyler, Allison, Hayley, Alivia and Ryatt. She was predeceased by her husband Ed in 2010; parents Jean and Roy Meloney and brother Donald.

Mom was born in Neepawa in 1940 and grew up in the Gladstone area. In 1964 she married Ed Drohomereski and they eventually settled on the Drohomereski family farm in Teulon where mom spent the rest of her life. Mom was a hard worker, keeping us all fed, driving to various activities, helping with projects and homework, tending the garden, keeping the house organized and driving the combine every harvest.

Once grandchildren arrived it was clear they stole her heart. Grandma's house was the place where there were always treats, neat things to look at and play with and often a new Rooster for her collection. Her door was always open. We will miss seeing her wave at the kitchen window as we leave.

Funeral service will be held on Friday, January 8, 2016 at 2:00 p.m. in the Gunton Community Hall.

If friends so desire memorial donations may be made to the Teulon Hunter Memorial Hospital Foundation.

Wojcik's Funeral Chapels & Crematorium, Winnipeg, 2157 Portage Avenue, is in care of arrangements 204-897-4665. Please sign the Guestbook on Wojcik's family's website [www.wojcikfuneralchapel.com](http://www.wojcikfuneralchapel.com)

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204 - 897 - 4665  
[www.wojcikfuneralchapel.com](http://www.wojcikfuneralchapel.com)

## OBITUARY



**Keith Bowman**

August 20, 1941 – December 30, 2015

It is with great sadness we announce the passing of our husband, Dad, Grandpa, brother and uncle, Keith Bowman of Kelowna, B.C.

Left to cherish his memory is his wife, Adeline; and two sons Brent and Shelly, Brian and Natalie and five grandchildren; his brother Dale; sisters Doreen Schaeffer, Joyce Marks, Maxine Leach and Donna Yeo. Keith is predeceased by his parents Danny and Laura Bowman of Gunton, MB.; his brothers Ken, Bruce, Barry, Raymond and Murray and sisters Joan and Connie.

Cremation has taken place and a private interment will follow at a later date.

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with an Announcement in the

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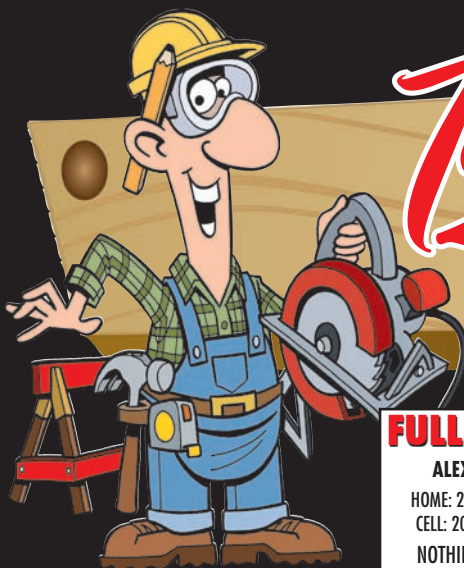


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