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# Stonewall Teulon Tribune

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## Happy New Year

TRIBUNE PHOTO BY JO-ANNE PROCTER

The Versavel family took advantage of the beautiful weather on Jan. 1 to go for a skate on the Quarry Park pond in Stonewall. The recorded temperature for the first day of 2023 was -6.8 degrees C. Pictured left to right, Aiden, Neil, Melodie and Valerie Versavel.

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From Claudette, Louis, Matt & Judi

"And so it beings ... a shiny, brand-new year.  
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A wealth of gratitude, new understanding and acceptance, unparalleled love  
... and a little bit of magic!"  
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# Binocular bearing birders brave blizzard

Submitted by Jim Duncan, Balmoral

The annual Balmoral Christmas Bird Count ran for the 60th time on Dec. 17. Freezing cold temperatures and blowing snow up to 60 km per hour may have slowed down but did not stop the birds or the bird watchers counting them. One volunteer stated that this was their best count despite being stuck in a snow drift for two hours as they later saw a northern shrike, a bird they had never seen before. Two other volunteers skied over three km for an hour and only saw one bird – but it was a big one – the only great horned owl seen on the count. Many others marvelled at the ability of more common birds to survive our beautiful but challenging winters while congregating at seed-filled feeders.

Some of you might ask why bother counting birds at all? I think most participants would agree a top reason is that it is a fun activity to do with family and friends, and we all need more of that coming out of the pandemic. Another reason is that birds (and all wild plants and animals) need our help more than ever to conserve their populations and habitats. Most wildlife research occurs during the breeding season. The Christmas Bird Count is one way to get data on how winter bird populations change over time, contributing to a scientific foundation on how best to conserve them. Some birds, like the beautiful Snowy Owl, may be sensitive to the effects of weather and climate change. An example of an irregularly detected species is the White-breasted Nut Hatch on the Balmoral count.



The White-breasted Nut Hatch numbers fluctuate from year to year.

The 26 indefatigable Balmoral bird count volunteers included Charlene Berkvens, Tim Beyers, Pauline Bloom, Bob and Cindy Cameron, Susan Cossens, Jim and Patsy Duncan, Pat Jeffery, Gary LaCoste, Bob and Terry Makowski, Carol and John Morgan, Alma and Ernie Neufeld, Gerry and Maureen Reckseidler, Andrew Robert, Jim and Johanna Rodger, Merlin Shoesmith, Stuart Slattery, Helen Slavuta, Earl and Pat Winn, and Glen and Sherry Wood Weaver.

A total of 1,416 birds of 24 species were counted (down from last year's count of 2,129 birds of 27 species), including 810 Snow Buntings, 126 Black-capped Chickadees, 94 Common Ravens, 53 Common Redpolls, 52 Bohemian Waxwings, 48 Blue Jays, 40 House Sparrows, 39 American Goldfinches, 30 unidentified Redpolls, 25 Black-billed Magpies, 23 White-breasted Nuthatches,



TRIBUNE PHOTOS SUBMITTED

The charismatic snowy owl can be surprising hard to find when perched on the ground.

18 Downy Woodpeckers, 14 Hairy Woodpeckers, 9 Red-breasted Nuthatches, 7 European Starlings, 6 Pine Siskins, 6 Bald Eagles, 5 Dark-eyed Juncos, 3 Northern Shrikes, 2 Ruffed Grouse, 2 Snowy Owls, 2 Pigeons, 1 Great Horned Owl, and 1 Immature Tundra Swan. In addition, three days before and after the count day, these additional birds were seen: 3 Evening Grosbeaks, 1 American Robin, 1 Barred Owl, and 1 Sharp-tailed Grouse.

Thanks to many volunteers, the data

for this and all the other counts across North America is available to anyone here: <https://www.audubon.org/conservation/science/christmas-bird-count>

Please note that my wife Patsy and I welcome all winter sightings of Great Gray Owls, Barred Owls and Northern Hawk Owls, which we catch and band as part of our research. Please share your observations of these owls with us at [owlfamily@mts.net](mailto:owlfamily@mts.net) or text or call 204-404-7063.



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# Rural Manitoba hemorrhaging paramedics

By Patricia Barrett

The Manitoba Association of Health Care Professionals (MAHCP) says rural Manitoba is hemorrhaging paramedics as the provincial government continues to fail to address pay gaps, career advancement and persistent understaffing that's causing burnout.

And the thought of losing emergency medical services is "very frightening" for the people who live in rural communities.

MAHCP is a union representing over 7,000 allied health professionals across Manitoba, including rural paramedics and medical laboratory staff.

MAHCP president Jason Linklater said the pay received by rural paramedics, which are managed by the provincial government, is currently 23 per cent lower than that of Winnipeg paramedics, which are managed by the city. And rural paramedics haven't been given a contract for five years.

"At the end of the day, rural paramedics need parity with Winnipeg paramedics otherwise the rural areas will continue to hemorrhage paramedics. We know rural paramedics are actively applying to the city, and Winnipeg is going to be hiring 40 paramedics. My guess is they'll be coming from the rural areas," said Linklater last week. "This impacts people's loved ones and themselves. When you have an emergency, you need someone to come to that emergency. Paramedics aren't coming because there aren't enough. For the province to ignore this is the definition of a crisis."

The Interlake-Eastern Regional Health Authority currently has a paramedic vacancy rate of 32 per cent and it's "growing," said Linklater. That vacancy rate doesn't factor in vacation and illness.

On Dec. 10, Interlake-Eastern found itself down 10 out of 25 ambulances, with only three out of nine dispatchers in the Medical Transportation Coordination Centre in Brandon. On Nov. 30, there were only five out of 15 ambulances in Prairie Mountain RHA's north zone.

To deal with the immediate paramedic crisis, Linklater said the provincial government needs to focus on retention rather than recruitment because recruitment doesn't address reasons for the exodus.

"The biggest part of why the government can't hang on to paramedics right now is simply that it has left them without a contract for five years," he said. "The government make announcements and promises,

but it leaves people without a contract, so, of course, you can't retain people. And it talks about recruiting – which is crazy when you can't retain people. Rural paramedics are actively trying to leave because of the situation they work in and the level of pay they get."

Rural paramedics are sometimes spending half their paycheque on fuel to drive to stations. And they're "completely burnt out" with "nothing left" to give because of chronic understaffing, he said. A higher paying, better staffed paramedic job in the city is alluring even though they might not necessarily want to live there.

Rural paramedics, who are classed as primary care paramedics (PCPs), want to enhance their life-saving skills and move up into an advanced care paramedic (ACP) position. But the government won't allow ACP positions in rural Manitoba.

Because of that, Linklater said he wasn't surprised to see zero enrollment in an ACP course offered through Red River College.

"The city of Winnipeg has made a commitment to have an ACP on every ambulance – that's what they're working towards right now. Winnipeg does its own ACP training so the program at Red River would be taken only by people coming from the rural areas. Once rural paramedics completed that course, there'd be no jobs for them to go to because there are no ACP positions in rural Manitoba," said Linklater. "It almost sounds like a trick; the government says it's funding a course to benefit patient care ... but it's not funding those people to do the actual work. That's pretty disingenuous in my opinion."

PCPs provide basic life support, stabilize injuries, administer certain medications and undertake cardiac monitoring. ACPs provide advanced life support, interpret diagnostic tests and can administer more medications. Linklater said advanced training could help free up doctors in the rural area.

"Having an ACP on ambulances in rural areas makes a huge difference in terms of outcome," he said. "Even in rural areas, PCPs perform a significantly higher scope than PCPs in Winnipeg. They have a 75 per cent greater

“ 32 new refresher seats and 16 seats at Red River Polytechnic”  
– Audrey Gordon, Minister of Health  
Question Period Nov 30, 2022

The Red River Advanced Care Paramedic Program has no applicants due to the Government not allowing ACPs in rural Manitoba for the last decade.

**NO APPLICANTS**

www.paramedicsofmanitoba.ca @ParamedicAssociationOfManitoba @pam\_manitoba @PAM\_manitoba

MAHCP TWITTER

MAHCP says there were no enrollments in an advanced care paramedic (ACP) program at Red River College because the provincial government won't allow higher paid ACP positions in rural Manitoba.

number of meds they can give. And instead of having a physician and a nurse doing a patient transfer, you can have an ACP and a nurse and utilize your rural physician differently."

In addition to paramedics, MAHCP says the government has failed to invest in laboratory and X-ray staff, which is contributing to rural emergency room service interruptions. Eriksdale hospital's ER, for instance, is closed for December because of what the government said is a staffing issue in the laboratory.

Two medical laboratory assistants (MLAs) are being trained for the Eriksdale hospital lab right now, according to the govern-

Continued on page 9

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## Notice of Environment Act Proposal

Manitoba Environment, Climate and Parks invites and welcomes comments on the following Environment Act Proposal:

### Sapphire Springs Inc. – Fish Hatchery – FILE: 6166.00

Sapphire Springs Inc. seeks to renovate, expand, and run a fish hatchery in NE 18-15-3E, located on Road 87 North, east of PTH 7, in the Rural Municipality of Rockwood. The hatchery will produce Arctic Char fish. It will use approximately 15.8 litres of water per second obtained from existing wells at the site. If approved, treated effluent will be discharged to Wavy Creek.

Anyone affected by the operation and who wishes to comment on the proposal should contact Bruce Webb, Senior Environmental Engineer, in writing or by email at [Bruce.Webb@gov.mb.ca](mailto:Bruce.Webb@gov.mb.ca) no later than February 6, 2023. Further information is available from the Online Public Registry: [www.gov.mb.ca/sd/eal/registries](http://www.gov.mb.ca/sd/eal/registries)

Comments on this proposal are considered public information and will be made available to the proponent and placed on the public registry under section 17 of The Environment Act.

**Environmental Approvals Branch**  
Manitoba Environment, Climate and Parks  
1007 Century Street  
Winnipeg MB R3H 0W4  
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Fax: 204-945-5229

Website: [www.gov.mb.ca/sd/eal/registries](http://www.gov.mb.ca/sd/eal/registries)





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Jennifer McFee  
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jen@stonewallteulontribune.ca

## More Manitobans die from COVID mid-December; RSV outbreak in Stonewall PCH

By Patricia Barrett

A significant number of Manitobans succumbed to COVID in mid-December, and Canada's top doctor is urging Canadians to take precautions over the winter from several respiratory viruses currently circulating.

There were 26 more deaths from COVID, according to the provincial government's weekly respiratory surveillance report for the period Dec. 11-17 (Week 50).

There were 50 new hospitalizations for COVID of which 12 people were admitted to the intensive care unit. There were 59 hospitalizations with 15 ICU admissions reported the previous week.

There were 158 new COVID infections reported in Week 50. Provincial data are an undercount as the government restricts PCR testing and rapid antigen tests aren't tracked. There were 154 new cases reported the previous week.

The government stopped providing in its surveillance reports the names of personal care homes and hospitals experiencing COVID outbreaks.

There has been a total of 2,331 deaths from COVID in Manitoba as of Dec. 17, according to the federal government's COVID webpage. Across Canada 48,948 people have died so far.

There were 294 new cases of influenza A and zero cases of influenza B reported in Week 50 in Manitoba, as well as 48 new hospitalisations and 15 more deaths. There were 231 influenza A cases reported the previous week.

There has been a total of 2,206 cases of influenza A so far this season, with 478 hospitalizations and 37 deaths.

The number of respiratory syncytial virus (RSV) cases shot up in Week 50 with 120 new detections. There were 82 detections reported the previous week.

### Prevent the spread of respiratory viruses



Stay up to date  
with vaccinations



Pay attention to  
public health  
alerts and advice



Stay home  
if sick or experiencing  
symptoms, even if mild



Properly wear a  
well-constructed, well-fitting  
mask in indoor public settings



Improve indoor  
ventilation



Frequently clean your  
hands and cover your  
coughs and sneezes



Public Health  
Agency of Canada

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Canada

### PUBLIC HEALTH AGENCY OF CANADA

PHAC advises Canadians to stay up to date on vaccinations, stay home when feeling sick, wear a face mask in indoor public settings, improve indoor ventilation and practise good hand hygiene.

The provincial government did not release a respiratory surveillance report on Dec 30. Its next report is scheduled for Jan. 6.

Other health news:

The Interlake-Eastern Regional Health Authority reported an RSV outbreak at Stonewall's Rosewood Personal Care Home (Shura Lane) on Dec. 22.

COVID outbreaks that the IERHA reported on Nov. 4 at the Selkirk Betel Personal Care Home, on Dec. 7 at Pinawa hospital, and on Dec 13 in the Rosewood Lodge Personal Care Home (Appleyard Bay) continue as of Dec. 24, according to its outbreak webpage.

-Canada's chief public health officer Dr. Theresa Tam said health care systems across the country continue to be "burdened" by the spread of respiratory viruses, and she urged people to wear a well fitted and well constructed face mask in indoor public spaces or crowded settings over the holiday season.

-The World Health Organization said worldwide more than 3.7 million new cases of COVID were reported over the period Dec. 12-18, as well as over 10,400 new deaths, according to its weekly epidemiology update.

The region of the Americas (Canada, the U.S. and Central and South America) has the highest numbers of new deaths over the past reporting period. At the country level, Canada (250 deaths), the U.S. (2,658 deaths) and Brazil (1,133 deaths) have reported the highest numbers of new deaths. The region also has the highest number of cumulative deaths.

There have been more than 649 million cases of COVID and over 6.6 million deaths reported.

The WHO says omicron's BA.5 and descendant lineages continues to dominate globally. Six variants - BQ.1, BA.5 with mutations, BA.2.75, XBB, BA.4.6 and BA.2.30.2 - are being monitored.

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## Jesus Is With Us

The early days of January can often be filled with great expectations and anticipation for the upcoming year. Sometimes we have great intentions to implement new habits and healthy choices as we begin a new year. For others, of which I am one, we continue carrying on without another thought to New Year's resolutions. I've tried New Year's resolutions once or twice but never made it past the first few days of January. Is there anything wrong with making New Year's resolutions? Absolutely not. However, for some it just doesn't seem to work. As we start a new year let's consider this Bible verse from Joshua 1:9 which says, "Be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go." Whether we successfully implement any New Year's resolutions or not, we have no idea what the coming weeks or months might hold for us. These words from Joshua to the Israelites are a great reminder for us as we begin a new year; don't be afraid or discouraged, because God is with us.

For my family, 2022 was a year filled with unexpected twists and turns that I couldn't see coming even if I'd even thought to try. Like many, we experienced stressful challenges and celebratory family milestones. Throughout the year I was repeatedly reminded of the Lord's presence and strength in the midst of the many hills and valleys we walked through. Perhaps you had a year like that too. One of the names of Jesus is Immanuel which means God is with us. Whether we are dealing with difficult people or challenging situations and circumstances, it's so reassuring to know the Lord is always with us. As we look forward to the year ahead, let's remember Jesus is always with us, and He is enough for whatever the day (and year) holds.

Pastor Jo-Ann Porterfield  
Alive Family Church  
Stonewall, MB  
alivefamilychurch.ca



TRIBUNE PHOTO BY JO-ANNE PROCTER

Fifteen-year-old Suffolk Punch draught horse Poppy from Blackbird Rescue was window visiting residents of Rosewood Lodge in Stonewall on Dec. 28. Two-year-old Trent Nelson was excited to spot her while out on his afternoon walk with his mom Hannah Nelson. Help the Tribune record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: [weather@stonewallteulontribune.ca](mailto:weather@stonewallteulontribune.ca).

## letter to the editor

Letters to the Editor: [letters@stonewallteulontribune.ca](mailto:letters@stonewallteulontribune.ca)

### Laws need to change to adapt to new face of violence

The news from across the country and the violence is alarming. Police say that the 8 teenage girls who murdered a vulnerable man in Toronto, met over social media. As information becomes public knowledge we must ask ourselves why and what happened in their lives that created the mindset to think violence was something they wanted to do, to target, hunting a vulnerable person. Is this the definition of second-degree murder?

From my perspective this

cold-blooded calculated attack of a vulnerable person is exactly like the recent tactics of serial killer Jeremy Skibicki in Winnipeg. He was also hunting for vulnerable people, Indigenous women at homeless shelters. What did the parents know about their own teenage children, what they were planning? This is not just a one time event, it is happening too often for leaders and government to act now.

There has to be serious consequences for this type of methodical cold-blooded murder including raising the ring leaders to adult court. The practice of hiding the identities of 'near adults' is out dated and a carry-over from a time when we had much less violent crime and serves little purpose in today's society. If the creators of social media are

so skilled at using algorithms to detect patterns for the purpose of profit then they should be able to create algorithms to protect the public from potential violent criminals who meet online, or threaten people on line such the Toronto condo mass murder. I ask, how much longer, how many more victims before laws catch up. The general public are feeling that the police and the courts can longer protect them. Both the gun man in Vancouver who killed Stephanie Foster and recently in Toronto (condo) both had multiple restraining orders against them. Clearly our police need more resources and, our laws need to change to adapt to the new face of violence.

- Sherry Benson-Podolchuk  
RCMP (retired)



# Warm wishes for the new year from Lakeside MLA

By Jennifer McFee

Lakeside MLA Ralph Eichler welcomes 2023 as a year of transition.

After two decades of serving as the provincial representative, he will retire from his role in October.

"I will have had the privilege of serving the people of Lakeside for 20 years and four months," he said. "That's two generations. It's pretty exciting."

Until then, the long-standing MLA has no plans to slow down.

When he reflects on 2022, he's heartened by the economic regeneration after a long span of pandemic-related hurdles.

"Businesses have been able to open up and create economic growth," he said.

"We've been able to get people back to work, so I'd say that's a success."

At the same time, he welcomes the influx of Ukrainian newcomers to local communities.

"We had an initial goal of 3,500 people, and we're nearing the 10,000 population now. I look at it as a win-win for Manitoba," he said.

"And, of course, a large part of my constituency is the Ukrainian population. We're happy to have them be a part of our riding and a part of our province. We certainly look forward to working with them as they create a new path in life."

In addition, Eichler is pleased with a recent \$40-million investment in servicing infrastructure at CentrePort to support expansion and future development. The City of Winnipeg and Province of Manitoba each contrib-

uted \$20 million, and Eichler hopes the federal government will add the remaining \$20 million toward the estimated \$60-million water and sewer project.

"That's going to create jobs and economic growth within the province. I see that as a real success for us going forward," he said.

"As well, the people in Lakeside will have those opportunities to grow and prosper."

Marking a personal high note for Eichler, he's inspired by the response to a Harley Davidson motorcycle he donated to the Interlake Community Foundation for a raffle fundraiser.

"I'd like to thank people for all the support they gave to the Interlake Community Foundation," he said. "It all stays local, so it benefits our community."

While there are many successes to celebrate, this past year also brought its share of challenges — including plenty of snow and rain doled out by Mother Nature.

"I never burned through so much gas in my snowblower in my life. Then along came the wet spring and wet summer. We had floods in some communities. It devastated our provincial gravel roads and a lot of the paved roads as well. So that was a real challenge for us," he said.

"I'm hoping to see many of those repaired and brought up to standard so people feel safe travelling on those roads. If we get them in good shape, then in the summer of 2023, drivers won't have to go through all the ruts and hardships that they did this year."

It was a real struggle for people to try to get products in and out, as well as for emergency services that rely on those roads to look after folks."

He also acknowledged the difficulty some employers are having in the competitive job market to fill vacant positions.

"It seems like today people are job-hopping left and right because they're having employers approach them with work," he said.

"It's created a real challenge in the workplace for people to have that continuum because training people is very expensive. Every time you start something new, it's a challenge — not only for the employee but for the employers too."

Looking ahead in 2023, Eichler expects to see a new processing plant open in CentrePort.

"I'm really excited for our farm families to be able to have another market. It will be a new product that's going to be mainly for export and will bring money from outside the province," he said.

"I see it going forward in 2023 in probably September or October. It's moving along really well."

The long-standing MLA also offers some goals and reflections for the new year.

"We've laid the base, and now we need to continue to grow the economy so our kids and grandkids will be able to stay in Manitoba. It's important to me to have good-paying jobs here in Manitoba so we can create opportunities to work and stay here at home. That's always been my drive,"



Lakeside MLA Ralph Eichler


he said.

"Also, I see our health-care system starting to get straightened out. We're seeing more and more doctors who graduated in Manitoba staying in Manitoba, including some that are coming to the Interlake. I see our health care getting stronger and stronger as we try to get rid of that backlog."

In addition, he shares some warm wishes for Lakeside residents at the start of this new year.

"I want to wish everybody the best of the season. Hopefully we don't get too much snow and hopefully we have a good year," he said.

"When farmers have a good year, Manitobans have a good year because we're all connected."



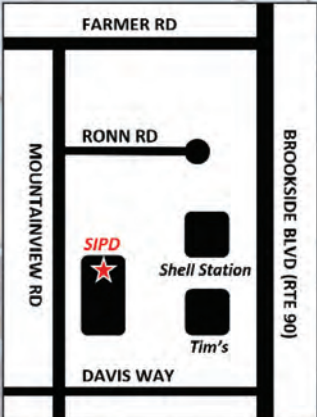
## SOUTH INTERLAKE PLANNING

The South Interlake Planning District (SIPD) is pleased to announce that its **CentrePort office is now open** to the public, Monday to Friday, 8:30AM - 4:30PM (closed between Noon - 1:00PM).

The SIPD's CentrePort office is located at **Unit 5, 15 Davis Way in the R.M. of Rosser** (i.e., north of CentrePort Canada Way (PTH 190) and west of Brookside Boulevard).

Please also note, the SIPD continues to operate from its Stonewall office at 285 Main Street in Stonewall.

For more information, please visit: [www.sipd.ca](http://www.sipd.ca)





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## ROYAL CANADIAN LEGION

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Lic #418

**Clubroom Events for the Week of January 2 - Happy New Year!**

**Wednesday 4-10 Chase the Queen Draw at 8:30**

**Thursday 4-10 Crib starts 7:00**

**Friday 4-close Meat Draw at 6:30**

**Saturday 2-close Darts starts 7:00**

**All are welcome - Support your local legion!**



# Fundraiser for Wes Kilberry

**Staff**  
Friends and family of Balmoral-based Wes Kilberry are organizing a fundraiser to help him and his wife, J'aime, with health-care expenses.

Wes was recently diagnosed with a fast-spreading cancer, stage 4 non-small cell lung cancer. The diagnosis came as a shock as Wes is very active, said Amy Spruyt, who is helping organize the event.

"He has endured radiation and has started a target therapy drug," said Spruyt. "The fundraiser would help with lost wages as J'aime will be taking a leave of absence to care for him, and to help with quality of life and to pursue future treatments or clinical trials, wherever that may be."

Wes was born and raised in Teulon and was involved with school and community sports. He worked at a number of jobs including at Oak Hammock Marsh and Stonewall Collegiate before starting with Manitoba Hydro. He married J'aime Legault from Stonewall and they moved to Balmoral where they've lived for almost 16 years with their kids Tamsen (10) and Easton (14).

"Wes has been very involved in the community coaching hockey since he was 17 years old with his dad in Teulon. He has coached various levels of hockey and baseball in the past, coached girls high school hockey, the Winnipeg royals AAA summer hockey program and instructed at the Canadian professional hockey school for seven years. Wes coached the AAA Interlake orioles for the past three years," said Spruyt. "Since his kids started sports at the age of five, Wes has been coaching both Tamsen and Easton in hockey and baseball."

Wes was past president of Stonewall Minor Hockey, the representative on the Interlake Minor Hockey Association and is currently the vice president of the Balmoral Minor Baseball Board, chief referee of the Stonewall Minor Hockey Board, and vice president of high performance for Interlake Minor Baseball.

Stonewall Minor Hockey and Interlake Minor Hockey have organized



TRIBUNE PHOTO SUBMITTED  
Wes Kilberry with his wife J'aime and children Tamsen and Easton.

# Very merry sisters



TRIBUNE PHOTO SUBMITTED  
Helen Guenther and Aggie Fehr visited Santa at Willow Grove in Argyle on Nov. 20. The Cane sisters enjoyed a sleigh ride as well and donated to the Argyle school fundraiser.

Saturday, January 7 Special

Beef Wellington

ROCKWOOD Motor Inn 390 Main St. Stonewall 467-2354

two separate fundraising events. There will be a social at the Stonewall Legion on Saturday, Jan. 28. Tickets are \$20 and can be purchased by calling Jill Demianiw at 204-807-6678 or emailing: [info@luxeimagesbyjill.com](mailto:info@luxeimagesbyjill.com) or Amy Spruyt at 204-461-3206 or emailing: [amyspruyt@gmail.com](mailto:amyspruyt@gmail.com).

The family event day at Teulon arena is being held on Saturday, Feb. 4. starting at noon. Cash donations will be taken at the door. There are a number of hockey games being played throughout the day with meal specials at the booth (dine in or take out). There will be a silent auction table and progressive 50/50. If you would like to donate or volunteer contact Kyle Willis 204-461-0386. Monetary and silent auction donations are welcomed.

THE Flicks CINEMA

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Please check individual listings  
Due to various picture lengths showtimes vary

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Cash only

LAST DAYS:  
WED & THURS  
JAN 4 & 5  
AT 7:30 PM

STRANGE WORLD

Animated  
Violence

G

FRI-SAT-SUN-MON JAN 6-7-8-9  
(CLOSED TUES) AND WED-THURS JAN 11-12

FRI-SAT-SUN-MON JAN 13-14-15-16  
(CLOSED TUES) AND WED-THURS JAN 18-19

AT 7:30 pm  
EACH NIGHT

Puss in Boots:  
The Last Wish

Animated

Violence

PG

AT 7:30 pm  
EACH NIGHT

Whitney Houston:  
I Wanna Dance  
With Somebody

Coarse  
Language;  
Suggestive  
Language

G



# MP James Bezan shares reflections for the new year

By Jennifer McFee

As we embark on a new year, there's much to reflect on for our local member of Parliament.

James Bezan, MP for Selkirk-Interlake-Eastman, shared a few musings about the past year.

"This was a year of some turmoil, especially because of the Russian war in Ukraine," he said.

"I've been very involved in pressuring the government to supply more weapons and aid to Ukraine so they have a fighting chance of winning this war."

On a professional front, Bezan filled multiple roles throughout 2022.

"At the start of the year, I was in the position of deputy whip with Erin O'Toole. We went through some leadership challenges, but it was great to see Pierre Poilievre elected as our leader and I co-chaired his Manitoba campaign," he said.

"I did a stint as the shadow minister for ethics and one of my complaints that I took to the ethics commissioner recently came to fruition. Additionally, I was very excited to have Pierre Poilievre appointed me as the shadow minister for national defence again. I'm glad to be back in the role after taking some time off."

Looking ahead, Bezan shared some issues on his radar for the upcoming year.

"One of the things I'm looking forward to in 2023 is fighting for the members of the Canadian Armed Forces, making sure the morale issue that we're dealing with is addressed," he said.

"We need to make sure it's inclusive and respectful and that people are protected in the work environment. We also need to get our military equipment bought and delivered a lot faster than what's been happening."

Locally, he said residents in his riding have expressed concern about the cost of living and inflation. Other top-of-mind topics include the carbon tax, fertilizer tariffs and firearms legislation.

"One of the things that I've also been working on is upgrades to the Lockport bridge. I want to make sure that it stays as a tourist destination as well as a very safe and functional bridge over the Red River that will be there for generations to come," Bezan said.

"We've got to also concentrate on tackling rural crime. I'm hearing that more and more, so one of my resolutions is to work with our shadow minister for public safety, Raquel Dancho, and making sure that we have adequate resources for the RCMP. As well, I'll continue to be engaged with local communities."



PHOTO SUBMITTED

James Bezan, MP for Selkirk-Interlake-Eastman

## Clarification

Staff

In the story titled "Medical lab as-

sistant program expected to start in February in Arborg" on Page 10 in the Dec. 15, 2022, edition of the *Stonewall Teulon Tribune*, we wrote that we conducted a "quick scan through about a

dozen pages of all the IERHA [Interlake-Eastern Regional Health Authority] jobs posted online" and were unable to find any postings for medical laboratory assistants (MLAs).

The IERHA reached out to the *Express* after the story was published to say that diagnostic jobs for its region are not found on its job website, but on provincial Shared Health's job website. Shared Health is responsible for overseeing the delivery of diagnostic services across Manitoba and is, therefore, the employer.

The IERHA said there were two "medical laboratory technologist" (MLT) positions posted on Shared Health's job website but didn't say how many laboratory assistant (MLA) positions were posted. Lab technologists undergo lengthier training programs, have greater lab responsibilities and earn higher salaries than lab

assistants.

The "quick scan" was conducted in response to the possibility that a laboratory assistant (MLA) course will be offered in Arborg. In the story referenced above, Shared Health was asked how many MLAs need to be hired for the IERHA; it would not specify MLA workforce numbers, only that a need for them is "fluid." It would also not say how many people had so far registered for the MLA course that might take place in February.

Visit <https://sharedhealthmb.ca/careers> for jobs in the Interlake-Eastern RHA for which provincial Shared Health is the employer, and visit [www.ierha.ca/careers](http://www.ierha.ca/careers) for jobs in the Interlake-Eastern RHA for which the Interlake-Eastern RHA is the employer.



## Stonewall Christmas Tree Recycling Program

December 26th, 2022 - January 15th, 2023

**Don't throw your Christmas tree away after the holiday season!**

Recycle it by dropping it off at:  
**Town of Stonewall Public Yard**  
**147 5th St. W.**

Please remember to remove all decorations, tinsel, stands and plastic tree bags before arriving at the yard. Please do not leave these items on the tree or at the yard!

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# Recreation donation

TRIBUNE PHOTO SUBMITTED  
Juliette Balsillie (middle) and Merle Balsillie (left) of Standard Limestone Quarries and the Benfaction foundation surprised Community Living Interlake Executive Director Jimm Simon and Director of Client Care Tracy Fiddler (right) with a \$25,000 donation last week to support recreation programs for adults who live with intellectual disabilities.

## > PARAMDICS, FROM PG. 3

ment, and the ER is expected to open in the new year once that training is completed.

But Linklater said MLAs, theoretically, won't keep a hospital ER up and running because they don't have the same level of training as medical laboratory technicians (MLTs).

"MAHCP's view is that training MLAs will not result in the opening of the Eriksdale ER unless specific lab tests – done by MLTs – or X-rays can be performed," he said.

Linklater said he heard the government has "a plan" to address the paramedic crisis, but it has "never" reached out to MAHCP to discuss how to work together.

"This is absolutely province-wide. The level of neglect towards rural paramedics is quite astounding. The city of Winnipeg has done a great job retaining its paramedics. The province has done the exact opposite; it has completely neglected the program. It's all about money," he said. "The 2013 report that talked about how to improve the paramedic service in Manitoba has not been followed through on and none of those promises have been kept. Unfortunately, patients and the public are paying for this. It's beyond upsetting for the families and individuals impacted. To some degree, it feels like a denial of service."

A spokesperson for provincial Shared Health, which manages rural paramedics, said the IERHA's current vacancy rate for paramedics is 24 per cent, as of Nov. 30, 2022 [a lower vacancy rate than that provided by MAHCP].

When asked why the province won't offer ACP positions in rural health regions, the spokesperson said:

"There are currently no advanced care paramedics practicing at this level within Shared Health ERS [emergency response service]. As part of Manitoba's ongoing health transfor-

mation, work is ongoing on how best to incorporate ACPs to leverage their full scope of practice, knowledge and skills in a manner that contributes to a better functioning Emergency Response Service and supports ongoing competency maintenance. In order for any changes in this area to be met with success, development of a robust provincial ERS quality assurance program and supporting practice infrastructure for ACPs is required."

As to specific steps being taken at present to stop paramedics from leaving rural areas, the spokesperson said Shared Health is committed to addressing historical staffing challenges and that negotiation are currently underway for a new collective agreement with MAHCP.

"These negotiations have not been completed. Consistent with all collective bargaining, Shared Health (as the employer) remains focused on reaching a fair, long-term agreement," said the spokesperson. "Other discussions focus on supports to ensure paramedics have the opportunity to continue

learning and advancing in their careers. This work will continue, with the expectation that building and strengthening the service will generate greater interest in future intakes for Shared Health ERS."

The Express also reached out to Shared Health to confirm that the staff being trained for the Eriksdale hospital lab are MLAs and if they're going to be able to provide X-rays and other specific labs tests traditionally done by higher scope lab technicians.

"As part of Shared Health's commitment to restoring laboratory capacity in Eriksdale, two employees at E.M. Crowe Memorial Hospital are currently being trained to work as medical laboratory assistants," said a spokesperson. "Once trained, these employees will be able to support lab operations at the Eriksdale hospital within the scope of their training and classification. These positions are separate from the cross-trained medical laboratory technologists currently on leave and expected to return in 2023."

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## WAG & PURR



## How to prevent food poisoning in birds

Unfortunately, it's not uncommon for birds to get food poisoning. In many cases, it can be fatal. Here's how you can prevent your feathered friend from getting sick.



### Prevention

Many human foods are dangerous to birds. Giving your bird a sip of coffee, a piece of chocolate or a potato chip can be harmful. Certain plants like onions and avocados may seem harmless but should not be in your bird's diet. You should only feed your bird foods recommended by your veterinarian. Remove uneaten food from your pet's cage regularly to prevent mould and bacteria growth.

Do you let your bird fly freely around the house? If so, never leave any potentially harmful food within reach. Your home may be full of hazards, including cleaning products and toxic houseplants.

Finally, many birds use cage accessories like toys and perches to sharpen their beaks or relieve boredom. Make sure these items consist of safe materials.

### Symptoms

Despite your best efforts, your bird may swallow a harmful substance. Here are some of the symptoms associated with food poisoning:

- Loss of appetite
- Shivering
- Convulsions
- Fluffed up feathers
- Lethargy
- Vomiting or diarrhea
- Rapid, laboured breathing

If your bird's behaviour changes suddenly, consult your veterinarian immediately.

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# Vigfusson the points leader at the holiday break

By Brian Bowman

There are a lot of very good offensive players in the Manitoba U18 AAA Hockey League.

But right now the scoring leader is an Interlake Lightning.

Lightning forward Adam Vigfusson leads the league with 42 points on 19 goals and 23 assists in 29 games at the holiday break.

He is one point ahead of the Winnipeg Bruins' Nathan Brown and the Yellowhead Chiefs' Bryce Bryant.

Vigfusson has had a great first half of the season.

"It's been a lot of fun," said Vigfusson last Saturday. "The boys are tight this year and I'm looking forward to getting back out there."

Vigfusson has been playing on a line with Joel MacMillan and Ian Buors. The trio has produced 93 points this season.

"(Ian) and I are kind of like a dynamic duo out there," Vigfusson said. "It's a lot of fun playing with him and I've been playing with him for about three or four years now so we've built up some chemistry together. It's been working, I guess."

Vigfusson had an opportunity to make his Mani-



TRIBUNE PHOTO BY LANA MEIER

Interlake Lightning forward Adam Vigfusson leads the Manitoba U18 AAA Hockey League in points with 42 on 19 goals and 23 assists in 29 games.

toba Junior Hockey League debut with the Niverville Nighthawks against the Portage Terriers earlier this season.

"It was a good experience, for sure," he said. "We did lose, unfortunately, but it was a good experience. It was good to kind of get my feet wet. It was pretty cool."

Niverville's lineup includes Stonewall's Chris Fines and Hayden Wheddon and Argyle's Brett Tattaryn.

"Those guys are really nice guys," Vigfusson said. "It was nice to have that Interlake connection over there."

Vigfusson, 17, is a play-making forward that can put the puck in the net. The Gimli product is a big reason why the Lightning are 11-16-0-2 and in the running for a playoff spot.

"It's crunch time, we got to go, the standings are pretty close and we're heading up to Souris pretty soon," Vigfusson said. "Those are four big points and if we can get them then we're in the hunt for the playoffs. We're looking forward to it."

Interlake will play the Southwest Cougars this Saturday (7:30 p.m.) and Sunday (1:30 p.m.).

The Lightning's next home game is Jan. 14 when they host the Kenora Thistles. Puck drop is 7:30 p.m.

# U17 AAA Lightning lose to Thrashers

Staff

The Interlake Lightning U17 AAA hockey team ended 2022 with a 5-1 road loss to the Winnipeg Thrashers on Dec. 23.

Dainen Jacobson scored a first-period goal for Interlake, assisted by Tylan Johnson.

Winnipeg, which built period leads

of 3-1 and 4-1, received goals from Ariel Shuhtin-Poushkariov (two), Branden Watson, Draycen Ralph, and Hubert Clarke.

Braedan Cormack made 39 saves in the losing cause.

Interlake, now 3-17-1, will play the Winnipeg Bruins on Wednesday (6:30 p.m.) at Southdale Arena.

In U15 AAA action, the Lightning were defeated 15-1 by the Eastman Selects in Landmark on Dec. 23.

Brody Slatcher scored an unassisted third-period goal for Interlake. He leads the Lightning in points with 21 on six goals and 15 assists in 22 games.

Eastman answered with goals from William Picklyk (four), Grayson

Slaney (three), Asher Gingras (three), Seth Hooper (three), Jimmy Wilcox, and Braxton Caruk.

Interlake (2-20) will visit the Southwest Cougars this Friday at 7:30 p.m. in Glenboro. The Lightning will then battle the Winnipeg Bruins Brown the next day (4:45 p.m.) at Notre Dame Arena.



# Kenora tourney finalists

TRIBUNE PHOTO SUBMITTED

Stonewall Blues Team McMurry competed in the Kenora Female U15 Tournament the weekend of Dec. 16-18. After round robin play, team McMurry finished in first place punching a ticket straight to the gold medal game on Sunday versus Altona. The score was 0-0 after two periods of play. Stonewall controlled the play for most of the game but couldn't get one to cross the goal line. Altona scored in the third period to win 2-0. The girls battled hard and proudly returned home with a silver medal. Pictured left to right, back row: Emily McMurry, Riley Swanson, Ella Fumerton, Rhea Myers, Kenzi Porter, Kylie Combott; middle row, Maria Riddell, Abby Oughton, Ali Thompson, Elisabeth Evans, Julia Harrisko, Abi Minnie and goaltender Bailey Mantik. Missing from the photo is Suri Borsa-Gould.



Stonewall Jets Player Profile

**#24 Jordan Gray**  
Defense

*Come out to support the Jets*



**UPCOMING GAMES**

Stonewall Jets host  
Transcona Railer Express  
at VMSC  
Friday, Jan. 6 at 8 p.m.

Stonewall Jets host  
St. Vital Jr. Victorias  
at VMSC  
Sunday, Jan. 8 at 2:30 p.m.



# Activities for Seniors in Your Area



**JANUARY Calendar of Events!**  
Activity Centre • 374 – 1st Street West  
For newsletters,  
visit [www.si55plus.org](http://www.si55plus.org)

## Clip & Save

|  |   |
|--|---|
| January 6: Quilter's Corner 11:00am (In Person)                    | January 19: Wine Tasting Event 6:30pm (Pre-registration required) |
| January 6: Canasta/Cards 1:00pm (In Person)                        | January 20: Quilter's Corner 11:00am (In Person)                  |
| January 11: Stitch N Craft/Men's Chat 10:30am (In Person)          | January 20: Canasta/Cards 1:00pm (In Person)                      |
| January 11: Cards 1:00pm (In Person)                               | January 25: Stitch N Craft/Men's Chat 10:30am (In Person)         |
| January 11: Ukulele Club 7:15pm (at Something Beautiful)           | January 25: Cards 1:00pm (In Person)                              |
| January 12: Virtual Chat 3:00pm (Zoom)                             | January 25: Ukulele Club 7:15pm (at Something Beautiful)          |
| January 13: Travel Club Meeting 11:00 (In Person)                  | January 26: Virtual Chat 3:00pm (Zoom)                            |
| January 13: Painting with Gail 12:30pm (Pre-registration required) | January 27: Canasta/Games 1:00pm (In Person)                      |
| January 13: Canasta/Games 1:00pm (In Person)                       | February 1: Stitch N Craft/Men's Chat 10:30am (In Person)         |
| January 18: Stitch N Craft/Men's Chat 10:30am (In Person)          | February 1: Book Club 12:00pm (In Person)                         |
| January 18: Cards 1:00pm (In Person)                               | February 1: Cards 1:00pm (In Person)                              |

## UPCOMING EVENTS

**Contact us at 204-467-2582 for more information or to sign up!**  
Painting with Gail, January 13 – registration deadline January 6, 3:00pm  
Wine Tasting Event, January 19 – registration deadline January 19, 4:00pm  
Grant Park Shopping Trip, January 26 – registration deadline January 24  
Celebrations Dinner Theatre, March 7 – registration deadline January 27  
Human Rights Museum, February 7 – registration deadline February 1



## HOP, DROP AND SHOP

Operated by Stonewall and Area Mobility Service

February 6 – Manic Monday at Family Foods (Stonewall)

March 7 - 10% Tuesday at Co-op (Stonewall)

• Stonewall pickups from: Lions Manor, Crocus Manor and Stonewood Place. 11:00 AM

Price is \$5.00 round trip. (Interac Tap is available)

Stops include Family Foods, Red River Coop, Center & Main (for banking) and Westside Plaza.

Call (204) 467-9446 to reserve your seat!

## Are you interested in going to Rainbow Stage

in Summer 2023?

Call to be added to our contact list and you will hear from us as soon as we have information regarding the shows and ticket rates!

## Pickleball

Thursdays, Stony Mountain School 6:00-8:30pm

Saturdays, Stonewall Collegiate 10:00am-1:00pm

Sundays, Stony Mountain School 10:00am-1:00pm

Members \$3:00 Non-Members \$5.00

Call 204-467-2582 for more information

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To renew or become a new member, check out our website at [www.si55plus.org](http://www.si55plus.org) to fill out a Membership form or come see us at the Centre (374 1st Street West, Stonewall).

• You do not have to be 55 + to become a member!

• Payments can be made by cash, cheque or E-transfer to [si55info@gmail.com](mailto:si55info@gmail.com)



For more information, call (204)-467-2582

For more information call 204-467-2582

## Teulon & District Seniors Resource Council Inc.

*Providing a Helping Hand*

Find us at 54 Main St,  
Teulon 204-886-2570

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## South Interlake Seniors Resource-Stonewall 144-622 Centre Avenue-Lions Manor, Entrance 4.

### SOUTH INTERLAKE SENIORS RESOURCE

**Support Services for Seniors •** Driver/Escort Program

• Equipment Lending Service • Meals on Wheels • Lifeline

• ERIK and ICE Programs • Handy Helper/Housekeeping Program

• Friendly Visiting and Telecheck (phone buddy)

• Home Hair Care Service • Resource information/Form Assistance

Our office is located in the Stonewall Lions Manor at 622 Centre Avenue, Entrance 4.

**204-467-2719 [www.sisrc.ca](http://www.sisrc.ca)**

The South Interlake Seniors Resource Council offers services for seniors and those with disabilities to help them to remain independent and safe in their homes and communities. With the help of volunteers and our fee for service workers, we provide these services to the Town of Stonewall, the RM's of Rosser, Woodlands and the southern portion of Rockwood.

### VOLUNTEER OPPORTUNITIES

Looking for something to do in your spare time? Or are you needing volunteer hours come the school year? Whatever the reason, volunteering with South Interlake Seniors Resource might just be for you! Feel free to give us a call at (204) 467-2719 for more information about the volunteer opportunities available! We look forward to adding you to our team of dedicated volunteers

### Supports to Seniors in Group Living (SSGL)

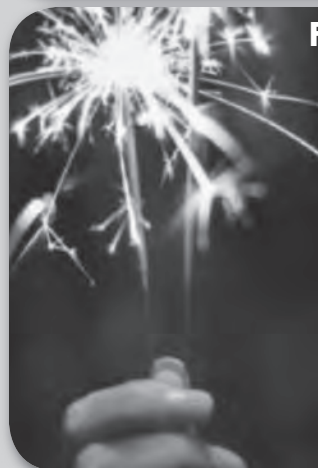
SSGL provides a range of free enhanced support services in group living/elderly persons housing buildings. These services will assist the residents in accomplishing their Instrumental

Activities of Daily Living (IADL's) and provide them with the support to remain in their community and "age in place" If wanting any support services in group living/elderly persons housing building, please contact Sara @ 431 381 4002 or email @ [ssglstonewall@shaw.ca](mailto:ssglstonewall@shaw.ca)

### SISRC is actively looking for Board Members

We meet September to June once monthly.

For more information, please call our office at 204-467-2719.



From the Staff and Board of Directors of  
South Interlake Seniors Resource,

Wish this New Year brings for you  
lots of joy, happiness, good health  
and indeed wealth.

Have a rocking year,

Wish You A  
*Happy New Year*

For more information call 204-467-2719

## St. Laurent Seniors Resource Council Inc.

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55+ and people with disabilities

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**St. Laurent Community Health Centre**

**51 Parish Lane, 204-646-2504 ext.4**

**Seniors Resource Coordinator, Darlene McKay**

• Footcare Clinic • Mobility Aids • Victoria Lifeline

• (E.R.I.K.) Emergency Response Information Kit

• Volunteers for Different Services Such as Telecheck • Transportation

• Resource Information • Fundraising Activities Throughout the Year.

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# Classifieds

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Stonewall Teulon  
**Tribune**

**Classified and Notice booking deadline is Monday at 4 p.m. prior to Thursday's publication. Call 204-467-5836**



## RURAL MUNICIPALITY OF ARMSTRONG MUNICIPAL GRANT APPLICATIONS 2023

The Rural Municipality of Armstrong is now accepting applications from various types of charitable, non-profit and community organizations.

Each year the Rural Municipality of Armstrong receives more grant requests than it can fund, the RM would like to treat all organizations fairly and share available resources throughout the Municipality.

All funding decisions are made based on local needs and priorities within the limitations of Council's approved budget.

Grant applications are available on our website at [www.rmofarmstrong.com](http://www.rmofarmstrong.com) or contact the municipal office 204-278-3377.

The deadline for the Municipal Grant applications is January 31st, 2023 at 4:30 pm.

RM of Armstrong Office  
Box 69, Inwood, MB R0C 1P0  
Phone: 204-278-3377  
Fax: 204-278-3437  
Email: [cao@rmofarmstrong.com](mailto:cao@rmofarmstrong.com)



## RURAL MUNICIPALITY OF ARMSTRONG EMPLOYMENT OPPORTUNITY Public Works Foreman (Permanent, Full-time)

The Rural Municipality of Armstrong invites applications for the position of Public Works Foreman (Permanent, Full-time)

Under the direction of the Chief Administrative Officer, the Public Works Foreman is responsible for the direction, coordination, efficient operation, construction, repair, and general maintenance of all municipal infrastructure.

### Qualifications - Public Works Foreman

- \*Minimum of five years related experience, three of which were in a foreman or supervisory capacity.
- \*Experience in construction and maintenance of various municipal infrastructure.
- \*The ability to operate and maintain various types of heavy equipment. (tractor/mower, compact track loader, grader, loader, tandem)
- \*Valid Manitoba Drivers Class 3 License, air brake license or an air brake endorsement.
- \*Above average organizational skills.
- \*Ability to multi-task and supervise numerous staff and projects simultaneously.
- \*Above average skills to manage and direct staff.
- \*The ability to perform some physical labour.

The Rural Municipality of Armstrong offers a competitive salary and benefits package including health/dental and pension.

Applications must contain a resume, covering letter and three references. Application deadline is 4:30 PM on Monday, January 9th, 2023. Only those candidates chosen for an interview will be contacted.

Please forward applications marked "Application for Public Works Foreman" to Corlie Larsen, Chief Administrative Officer at:

RM of Armstrong  
Box 69  
Inwood, Manitoba R0C 1P0  
Fax: (204)278-3437  
e-mail: [cao@rmofarmstrong.com](mailto:cao@rmofarmstrong.com)

To view a full job description please visit [www.rmofarmstrong.com](http://www.rmofarmstrong.com) or call the Municipal Officer at (204) 278-3377.

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We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

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- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

**Please forward your resumé along with three writing and photography samples to:**

Lana Meier  
Email: [news@stonewallteulontribune.ca](mailto:news@stonewallteulontribune.ca)

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# take a break > GAMES

## SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 3 |   |   |   |   | 2 |   |
|   | 8 |   | 6 |   |   |   |   |   |
|   | 6 |   | 8 | 1 |   | 4 |   |   |
|   |   | 9 |   |   |   |   | 5 |   |
|   | 4 | 2 | 3 |   |   | 7 |   |   |
|   |   |   | 4 |   | 5 |   |   |   |
| 6 |   | 7 |   |   |   |   |   |   |
|   | 9 |   |   |   | 6 | 2 |   |   |
| 4 |   |   |   | 7 |   | 8 |   | 9 |

Level: Intermediate

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## NOTICE TO CREDITORS

**IN THE MATTER OF:**  
The Estate of Abner Clay Sharp, late of the Village of Woodlands, in Manitoba, deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 1st day of February, 2023.

DATED at Stonewall, Manitoba this 22nd day of December, 2022.

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RURAL MUNICIPALITY OF ARMSTRONG

## PUBLIC NOTICE

## AUDITED FINANCIAL STATEMENT

Public Notice is hereby given, pursuant to Section 194 of The Municipal Act, that the Auditor's Financial Report, together with the related Financial Statements, for the year 2021, have been deposited in the Office of the Chief Administrative Officer of the Rural Municipality of Armstrong and are available for inspection by any person or his agent during regular business hours and that any person or his agent, at his own expense, may make a copy thereof or extract there from.

Dated at Inwood, Manitoba this 13th day of December 2022.

Kate Basford, Reeve  
Rural Municipality of Armstrong

## BIRTHDAY



Tom Kowalchuk Jr  
If you see this good lookin' guy on January 10th, wish him a Happy 50th Birthday!

## BIRTHDAY



Bryant Isbister  
Like a fine wine or a vintage car,  
Your value only increases over the years.  
Thank you for being a treasure in our lives.  
Happy 80th Birthday Dad/Grandpa

-Love Bud, Jeff, Cory & Deb,  
Shannon, Chris, Brooklynn and Halle



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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 9 | 8 | 3 | 7 | 5 | 1 | 2 | 4 |
| 5 | 7 | 2 | 9 | 4 | 1 | 8 | 6 | 3 |
| 1 | 4 | 3 | 8 | 2 | 6 | 7 | 5 | 9 |
| 2 | 3 | 6 | 5 | 8 | 4 | 9 | 7 | 1 |
| 9 | 8 | 7 | 1 | 6 | 3 | 2 | 4 | 5 |
| 4 | 5 | 1 | 7 | 9 | 2 | 6 | 3 | 8 |
| 3 | 6 | 4 | 2 | 1 | 8 | 5 | 9 | 7 |
| 7 | 1 | 5 | 6 | 3 | 9 | 4 | 8 | 2 |
| 8 | 2 | 9 | 4 | 5 | 7 | 3 | 1 | 6 |

Sudoku Answer



# Announcements

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## IN MEMORIAM

In Loving Memory of  
our beloved wee Abby

Your life was a blessing,  
Your memory a treasure;  
You are loved beyond words,  
And missed beyond measure.

-Grama and Poppa,  
Auntie Sandy,  
Uncle Derek and Auntie Jaime,  
cousins Kaycie and Maiti Margetts

## CARD OF THANKS

The family of Rose Brennan wishes to express our thanks and appreciation to our many friends, relatives and neighbors for their many acts of kindness and expressions of sympathy extended to us at the recent loss of our mother, grandmother and great-grandmother. We would also like to thank the Stonewall Legion for preparing the luncheon; Rev. Mona Denton for officiating the service; and Mackenzie Funeral Home for taking care of all the arrangements.

## IN MEMORIAM



Dawn Marie Doroschuk  
(McFarlane)

October 5, 1975 – January 3, 2022

In Loving Memory  
of our dear daughter

There is always a face before us,  
A voice we would love to hear;  
A smile we will always remember  
Of a daughter we love so dear.  
Deep in our hearts lies a picture  
More precious than silver or gold;  
It's a picture of you Dawn,  
Whose memory will never grow old.  
You will always be in our hearts (Peeper).

- Love,  
Mom, Dad and family

## IN MEMORIAM



Shannon Barnes-Figur

December 4, 1970 – December 31, 2016

I give you this one thought to keep,  
I am with you still I do not sleep  
I am a thousand winds that blow  
I am the diamond glints in the snow.  
I am the sunlight on ripened grain  
I am the gentle autumn rain  
When you awaken in the mornings hush  
I am the swift uplifting rush  
Of quiet birds in circled flight  
I am the soft stars that shine at night.  
Do not think of me as gone  
I am with you still in each new dawn.

-Lovingly missed by  
Mom, Barbara Barnes;  
Husband, Spencer Figur;  
Brother, Sean Barnes and family;  
Step-children, Matt and Melanie Figur;  
Auntie Sharon and family;  
Uncle Ron and Auntie Joan Geisler and family

## IN MEMORIAM



Edward Kowalchuk

August 13, 1945 to January 8, 2013

Dad, husband, son and gido

Fried pork chops and coffee shops,  
Long johns from September to June.  
A tall glass of Pepsi, a lit cigarette,  
Saturday's paper and you were all set.  
The TV guide marked, your favourites circled  
in pen, and the weather channel playing over  
and over again.  
Armed with some jokes and a long story or two,  
making people laugh is what you loved to do.  
Daily phone calls with not much to say,  
but a highlight of what happened on Wheel Of  
Fortune or curling that day.  
We can't believe it's been 10 years,  
But it's these little things that bring smiles not  
tears.

-Missing you, your wife Patty,  
your children Corey, Kelsey, Nancy,  
and their families

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There is a link death  
cannot sever,  
Love and remembrance  
last forever.

## OBITUARY

Joyce Edna Wyrchowny

July 29, 1936 to December 28, 2022

A life so fully lived needs time to summarize.  
Full obituary to follow.



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In Loving Memory  
Abby Lee Anne Margetts  
December 2, 2015 -  
January 3, 2019



Love Mommy, Daddy,  
Andrew, and Daniel

Forever in our hearts 🍷🐾



Stonewall Teulon  
Tribune

# Announcements

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## OBITUARY

**Reginald Francis Dixon**  
March 30, 1943 - December 27, 2022

Dad was born in Winnipeg, passed away peacefully on December 27, 2022. Dad spent his childhood living in Vancouver and Brooklands, Winnipeg. Dad was predeceased by his mother Ruth, step-father Sid, sister Katherine and his brothers Raymond, Jim and Henry.

Dad met the love of his life on a blind date 1963, and married Maureen in 1965. They lived in Windsor Park for a few years and moved to Stony Mountain where they lived for 52 years. Dad worked many jobs in his lifetime but the one he that brought him the most joy was the over 20 years he spent at Kings, his devotion to Bruce and Clara was unmatched to this day.

Left to mourn him are his wife Maureen, his children Kimberly, Jeff, and Melanie (Lance). His grandchildren whom he cherished Dorian and Olivia. His brothers Sid (Cindy), Bruce (Rhea), Sam, brother-in-law Jim (Chris), and numerous nieces and nephews.

Our family would like to thank Denis Simared for being there for him through many ups and downs and always helping him when he felt like giving up, as well as the many nurses and doctors in Stonewall.

As per Dad's request, cremation has taken place and a gathering took place at the Stonewall Legion 459 Main Street on January 2 from 11 a.m. - 1 p.m.

In lieu of flowers donations can be made to Stonewall Legion Branch #52.

MACKENZIE FUNERAL HOME STONEWALL  
(204) 467-2525 • [info@mackenziefh.com](mailto:info@mackenziefh.com)



## OBITUARY

**Mary Lois (Peden) Alpers**  
June 25, 1938 - December 7, 2022  
Aged 84



Lois passed suddenly at the care home in Selkirk, MB. Predeceased by her parents, Mary and James Peden, husband Burton Alpers and son-in-law Robert Galbraith.

Survived by her daughter, Beverly Galbraith-Tower (Stephen), grandson Kevin Galbraith, granddaughter Kirsten (Dustin) Roth and great-grandchildren, Kylee and Daxton Roth. Siblings Brian (Pearl) Peden, Lynne (Douglas) Evans, Anita (Jacob) Wong, and Keith (Nicola) Peden.

Mom was born in Petersfield, MB and grew up in GERALTON, ON. Lois was working in Falcon Lake, MB when she met Burt. They married and settled in Whitemouth where they had Bev. Mom took teacher training in Winnipeg and began her career in Whitemouth.

She ended that career in Brochet, MB as the principal. Due to a car accident, Mom came to live with us and was a huge part of her grandchildren's lives. Mom found the greatest joy in her family. Traveling with her sisters, seasonal gatherings, and meeting with friends for tea or group/church events. She loved a good laugh and her creative outlet was crocheting, lastly with the Linus Group in Stonewall. We all have many items of her handwork to treasure.

We will gather in 2023 for a celebration of life, in Stonewall.  
Yellow Roses Mom

## OBITUARY

**Linda Rose Appell**

April 16, 1949 - December 26, 2022

On December 26, 2022, the angels came to take another angel home. It is with profound sadness that we announce the peaceful passing of Linda Rose Appell, at the age of 73, surrounded by her loving family, at the Stonewall & District Health Centre.

Linda leaves to mourn her passing, her loving husband Arnie of 53 years; her daughter Sheresa, her sons Sheldon (Penny) and Shaun (Christine); her grandchildren Laurel (Bryce), Harmony (Steven), and Cody; her sisters Carol Keller, Shirley (Ted) Sumka; her brother Wayne (Sharon) Panteluk; her sister-in-law Rochelle Panteluk; her brother-in-law Les Trakalo; the Appell in-laws Irene, Rose, Joe (Bev), Eva (Nick), Hilda and Merv (Ingrid); as well as numerous nieces and nephews and her dearest friend Marge.

Linda was a devoted Catholic and had an incredibly strong sense of faith. She prayed the rosary, celebrated mass daily, as well as shared and taught her beliefs with all those around her.

Linda married the love of her life after three months of courting on August 23, 1969. They were soulmates, best friends, and inseparable. Arnie was always by her side providing unconditional love and support. Music was etched in every aspect of their lives. Linda loved watching Arnie perform. She was his biggest fan, his song book and personal manager; whether singing for a crowd or just for her.

Linda was born April 16, 1949 in Gimli, MB, and was the third of six children born to John and Lil Panteluk. She attended Berlo School and Gimli Composite High School, before moving to Winnipeg. She got her first job at Nutty Club packing candy, then Brooke Bond for the next 10 years. In 1969, she met Arnie, got married, and started their family in 1971. In 1977, they moved to Stony Mountain where Linda ran a home daycare for eight years. In 1985, she took a leap of faith by registering for night courses and successfully obtained her High School GED, which led to her 29-year career at Codville/Sobeys. In 2005, they moved to Komarno, enjoying many years on the farm, where they got to celebrate their 50th Wedding Anniversary. In 2020, they moved to Crescent Creek Estates in Teulon.

Linda's greatest blessings were her children and grandchildren and she was so proud of them all. Sheresa and her mom had a bond like no other. They were each other's best friends and confidants. They spent countless hours together and when not together were on the phone. She fondly referred to Sheresa as her Princess. She was her #1 supporter and was incredibly proud of her advancements in her career. Following her diagnosis with COPD, Sheresa and Arnie were her constant caregivers.

Sheldon, their first born, a nurse by profession, was able to provide the best care in her final days, which gave us all a sense of comfort.

Shaun followed in Dad's footsteps with his gift of music and she was also Shaun's biggest fan. Linda loved her grandchildren to the moon and back, they were her pride and joy. She always looked forward to their visits, phone calls, texts, and facetimes, staying up to date on their daily lives. Some of Linda's happiest memories were when her grandchildren came to visit.

Family, friends and neighbors were very important to her and she loved the many gatherings she hosted and attended. She will always be remembered for her kindness, compassion, generosity and selflessness. She made and gifted an abundance of crochet blankets and bags, sugar cookies, dainty trays and perogies. She made many lifelong friends wherever she went. She embraced everyone and always kept in touch, checking in on them through many phone calls and in her prayers.

We know that she was greeted in Heaven by those that predeceased her, including her parents John and Lil, her in-laws Mary and George, her daughter-in-law Heather, her brother Steve, her sister Patsy, her brothers-in-law Martin, Edward, Darwin, Alfred, Walter, and Stan, and her nephews Keith and Larry.

The family would like to thank Dr. Hicks and Dr. Zahari and all of the staff at the Stonewall & District Health Centre for all of their care and compassion during Linda's brief stay as well as Kelvin Kidd from Careica Health for being so good to Mom over the years.

Funeral Service was held on Tuesday, January 3, 2023 at Christ the King Church, Stonewall. Rev. Father Barry Schoonbaert officiated.

In lieu of flowers, donations may be made to the St. Peter and Paul Cemetery, Berlo, c/o Box 3506, Gimli, MB R0C 1B1.  
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